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Living with Social Robots

From Research to Commercialization

Cynthia Breazeal

MIT Media Lab, Director Personal Robots Group

Co-Founder & CXO Jibo Inc.



A group of diverse children and a woman are gathered around a smart speaker on a table. The children are looking at the speaker with excitement and interest. The woman is standing behind them, also looking at the speaker. The scene is set in a modern, well-lit living room with a high ceiling and large windows.

Living with AI

47.3 million people in the United States now own a smart speaker

The home is *personal*
intimate
vulnerable
secure
comfortable
private

*“Home—as well as technology—evokes strong feelings”. When technology seeks to penetrate the home, the sense of **comfort, routines, traditions,** and social norms that encapsulate the environment feel challenged, resulting in strong reservations and fear.*



Mattel Pulls Aristotle Children's Device After Privacy Concerns

NYT Oct 5, 2017

"We love our Amazon Echo. Among other tasks, my four year old finds the knock knock jokes hilarious, the weather captivating, the ability to summon songs comparable to magic and Echo to be the best speller in the house. But I fear it's also turning our daughter into a raging asshole. Because Alexa tolerates poor manners."

Dr. Dimitri Christakis, co-author of the American Academy of Pediatrics' 2016 media guidelines for children under 6, said he is "constantly dismayed by how much we are technologizing childhood" and believes it contributes to our dependency on digital devices."

An advertisement for the Aristotle smart baby monitor. The background is a blurred image of a baby in a crib. In the foreground, the Aristotle device is shown on a white surface. It consists of a white cylindrical top and a red base. To its right is a smaller white camera unit with a black lens. The text 'aristotle by nabi' is at the top left. Below it, the text reads: 'The First All-In-One, Voice-Controlled Smart Baby Monitor That Grows With Your Child.' At the bottom left, there is a green button with the text 'PRE-ORDER NOW' in white.

aristotle
by nabi

The First All-In-One,
Voice-Controlled
Smart Baby Monitor That
Grows With Your Child.

PRE-ORDER NOW

The decision came after child advocacy groups, lawmakers and parents raised concerns about the impact the AI device could have had on children's privacy, development and well-being.

Social Robots



Studying Long-Term Interaction with Social Robots

Challenges in doing long-term studies

- Far more laborious to perform & analyze
- Technological brittleness
- Degree of autonomy

Total of ~50 papers from 2003-2016

But roughly 50% with autonomy, often fairly limited.

Reliance on commercial or corporate robots



Number of Studies	Domain	Years
13	Health & Therapy	2006--2016
21	Education (children)	2004--2016
7	Work Env. + Public Spaces	2003--2016
9	Home	2003--2016



Living with AI

Can AI Help us to Flourish?

A New Kind of Humanistic Relationship



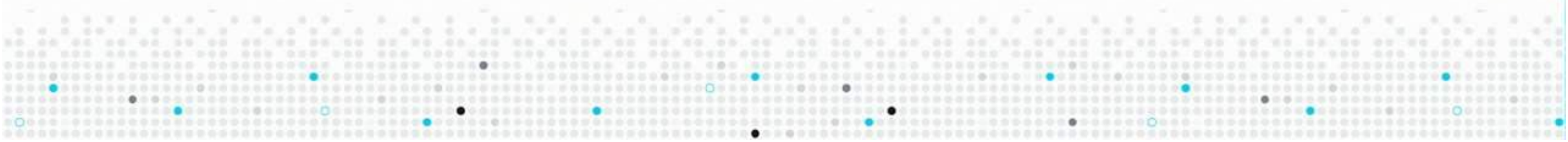
Motivating Ally



Connected Tool



Attentive Companion



Relational AI that Holistically Supports Human Capacities



+



+



+

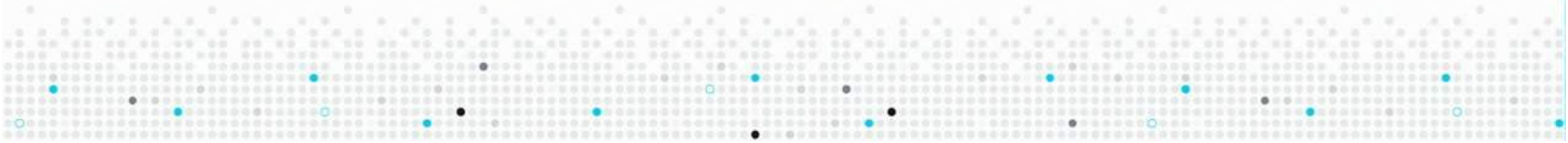


Emotion

Cognition

Social

Physical





#1

Emotional Lift

from Social Co-Presence

Clinical Trial @ Boston Children's Hospital

Sooyeon Jeong, Dr. Peter Weinstock, Deirdre Logan, Matthew Goodwin, et al.

- Children need social and emotional support when admitted to a hospital.
- Gap between supply and demand for human Child Life Specialist Services (CLSS)
- Can a social robot help augment Child Life Specialists for in patient support.



Comparative Study: Impact on Engagement and Emotion

n=54 in-patients, 3-10 years: Oncology, Surgical, MSICU



Robot



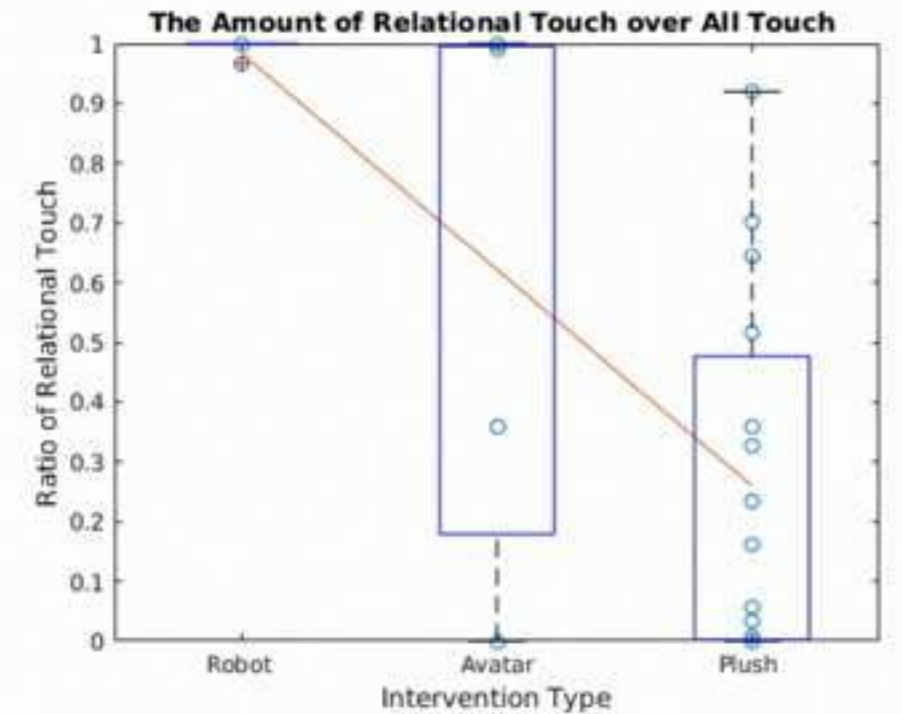
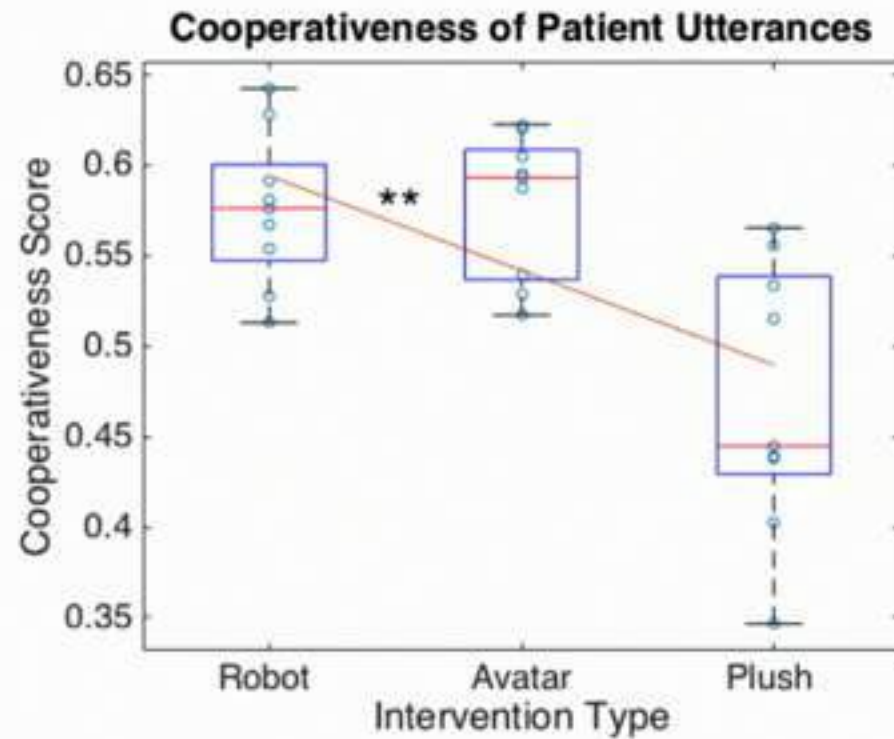
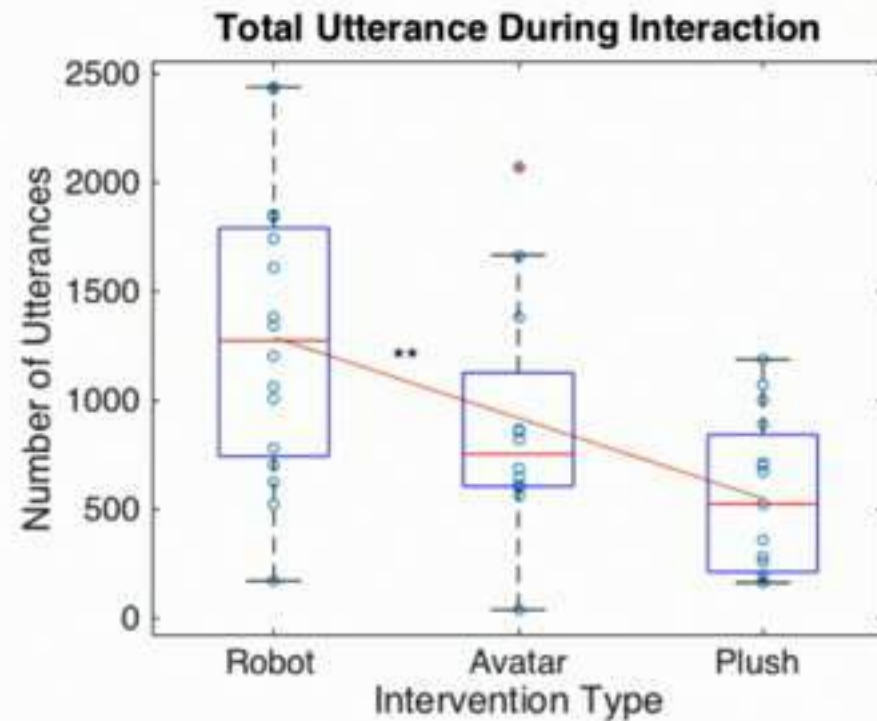
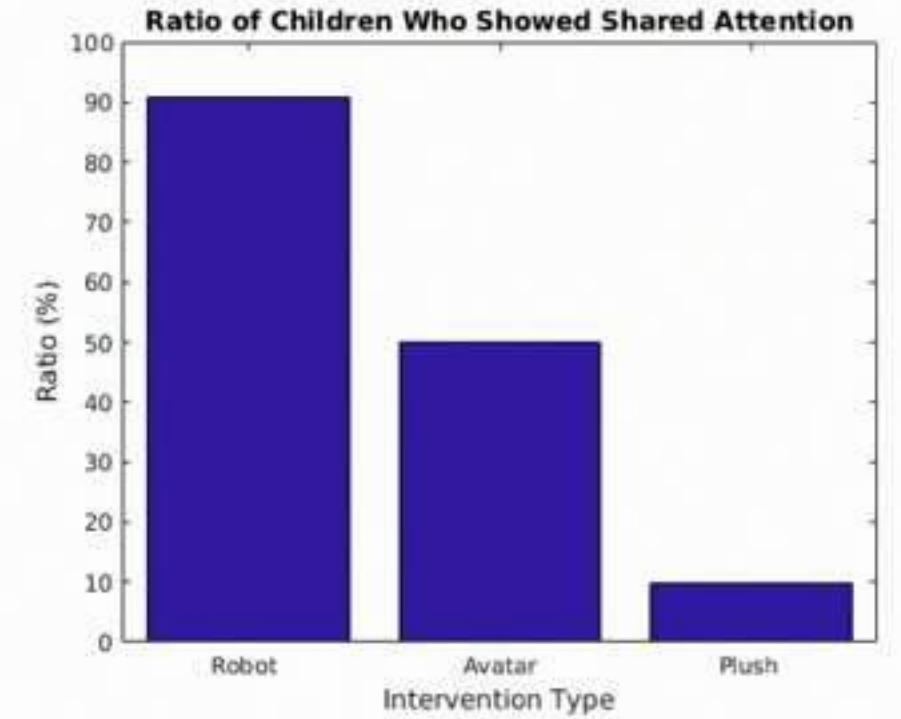
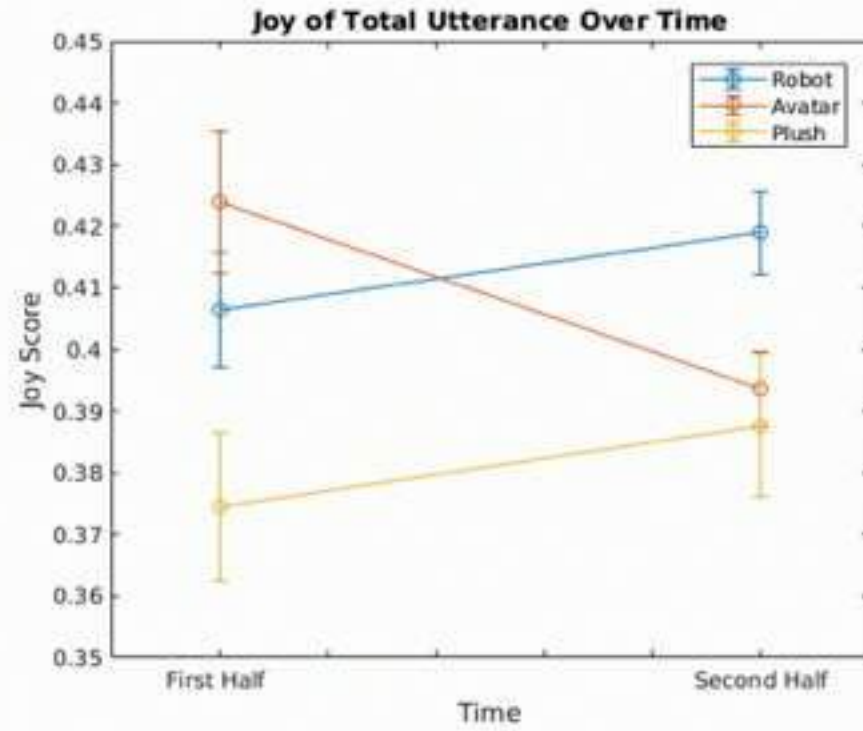
Avatar



Plush

Pediatric Companion Clinical Trial Findings for In-Patient Care

“Emotion is the 4th vital sign”




IN-DEPTH: Robots used to engage senior citizens



V-AT

NEWS

NEWS

KRON 

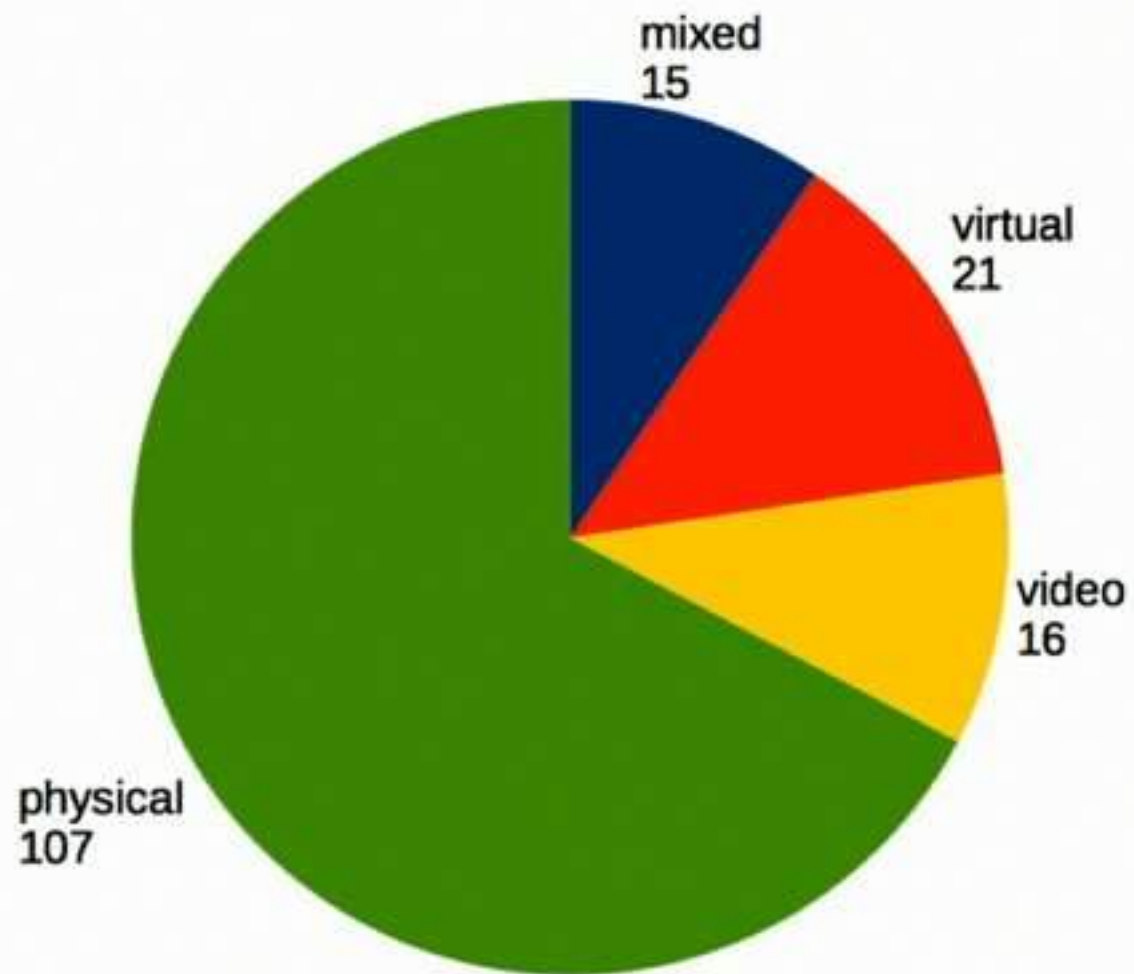
10:39 PM

Sponsored by XFINITY TV. Giving you more entertainment to stream to any screen • SF: FIRE

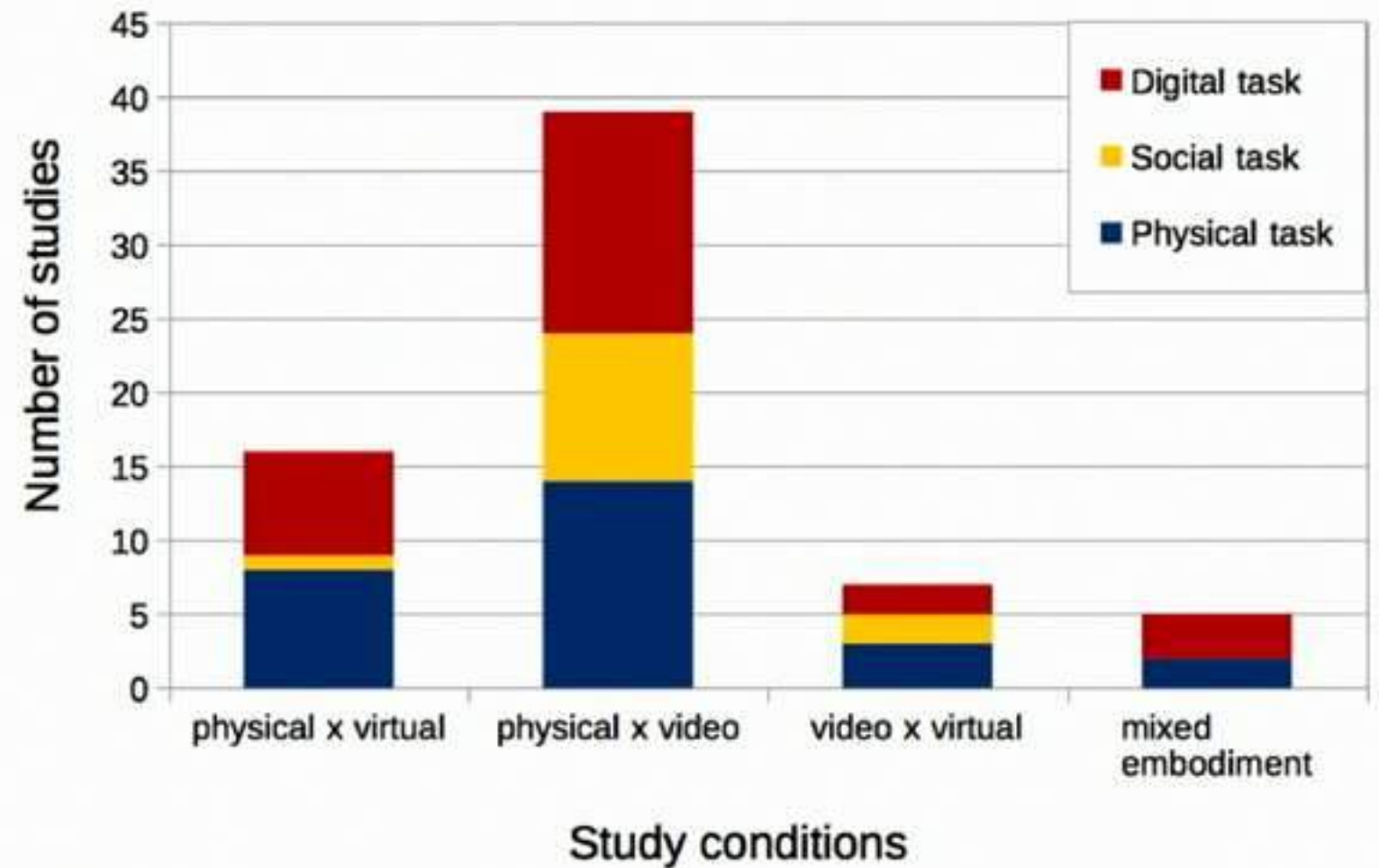
2001-2016 Survey of 60+ Unique Comparative Studies Worldwide

Results where statistical significance reported

Results in favor of each agent type



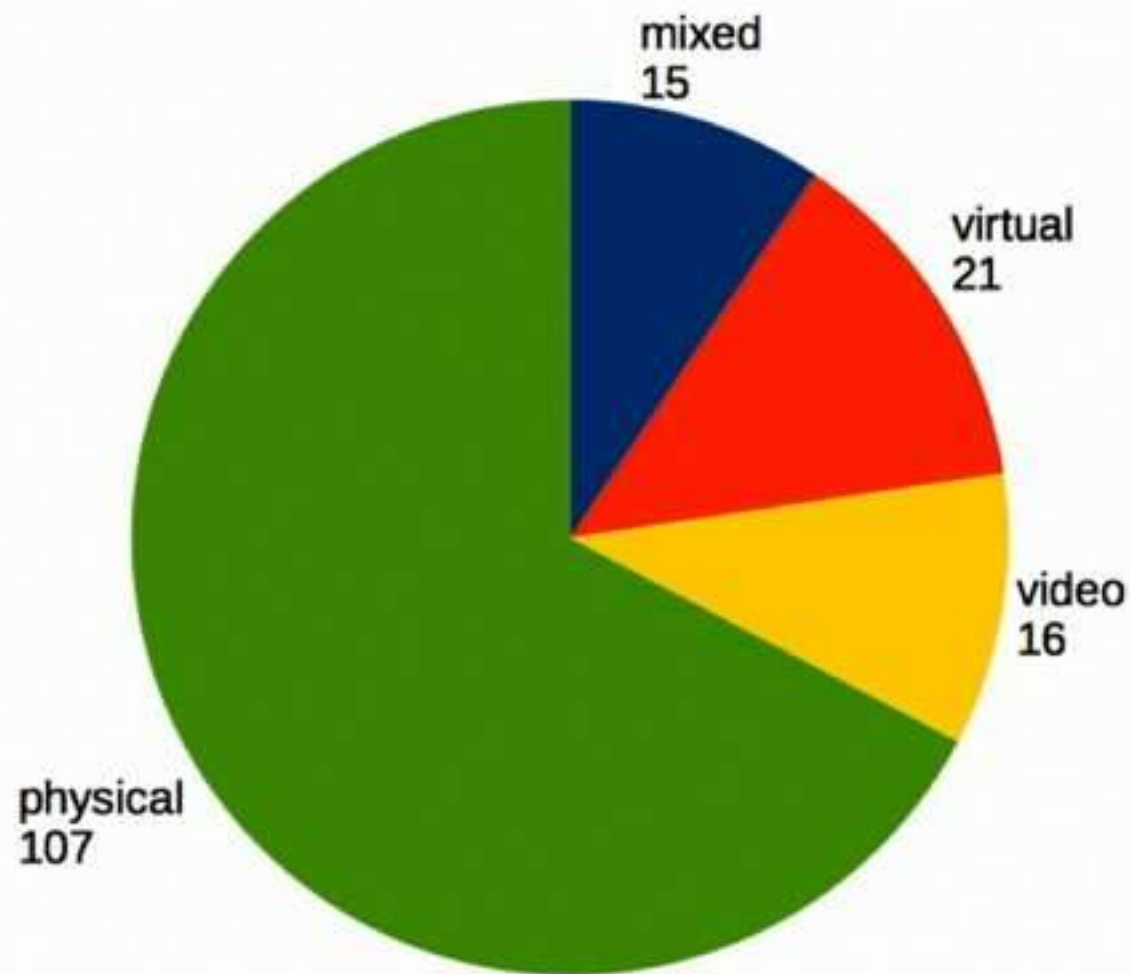
Number of studies by task type



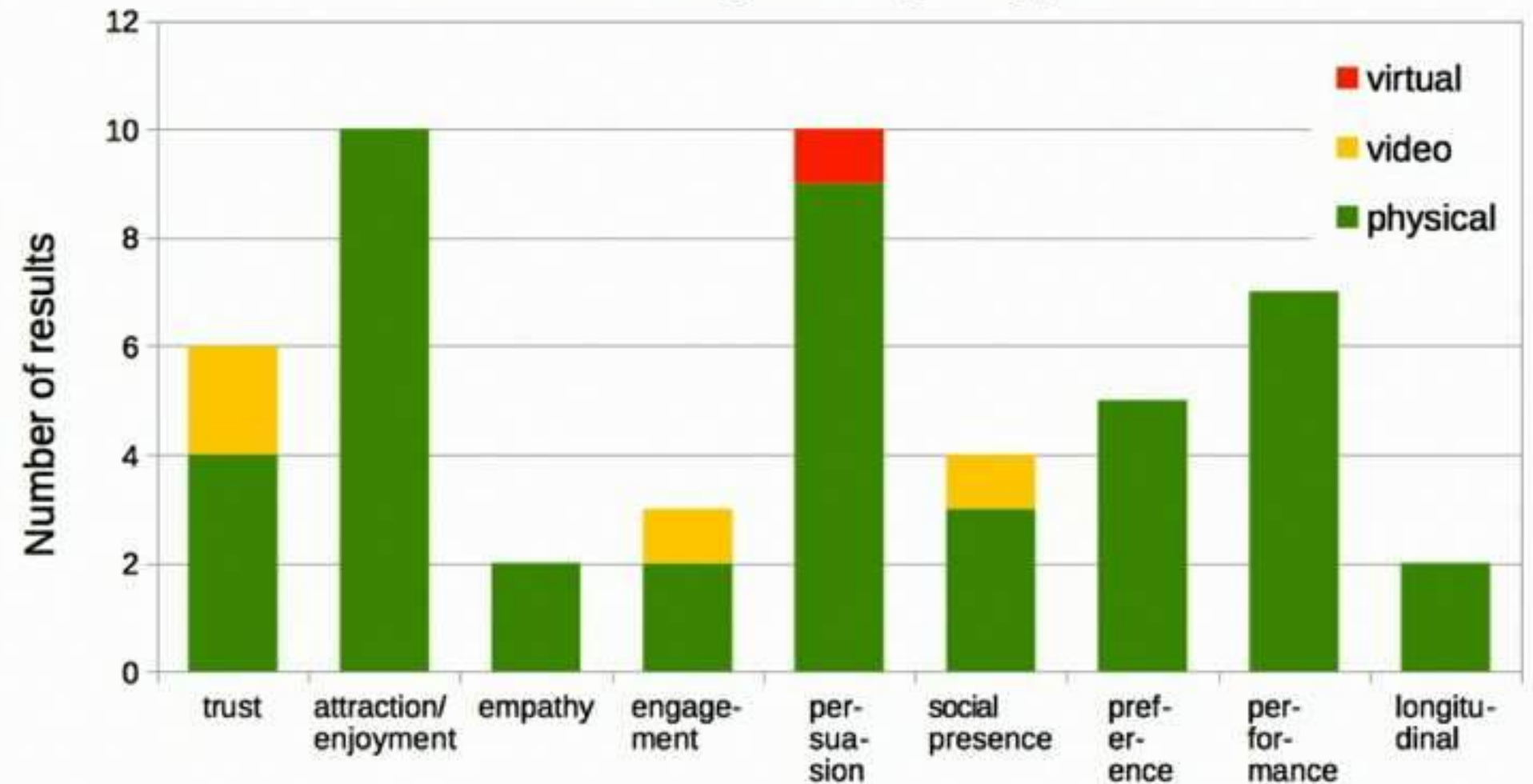
2001-2016 Survey of 60+ Unique Comparative Studies Worldwide

Results where statistical significance reported

Results in favor of each agent type



Results favoring each agent type



A photograph of two young children, a girl and a boy, sitting on a blue and green patterned mat. They are both looking down at books they are holding. The girl is on the left, wearing a black and white striped shirt, and the boy is on the right, wearing a light green shirt. The background is slightly blurred, showing a white wall and some colorful objects. The text is overlaid on the image.

#2

**Allied Engagement with
Interpersonal UI**

beyond interface to building rapport

Robots as Conversational Learning Companions



Social Outcomes

friendliness
comfort
rapport
trust

Educational Outcomes

learning
attentiveness
attitudes
engagement

Encoding the Human Social Code into Machines



Gather data, analyze behavior, gain insights

Design or learn model for new robot skill

Apply and evaluate in interpersonal context

What Role Should a Learning Companion Take & When?

Huili Chen

World Quest Game: Robot and Child take turns finding objects that match the challenge word

- Collaborative
- Empathetic
- Playful
- Challenging
- Effective



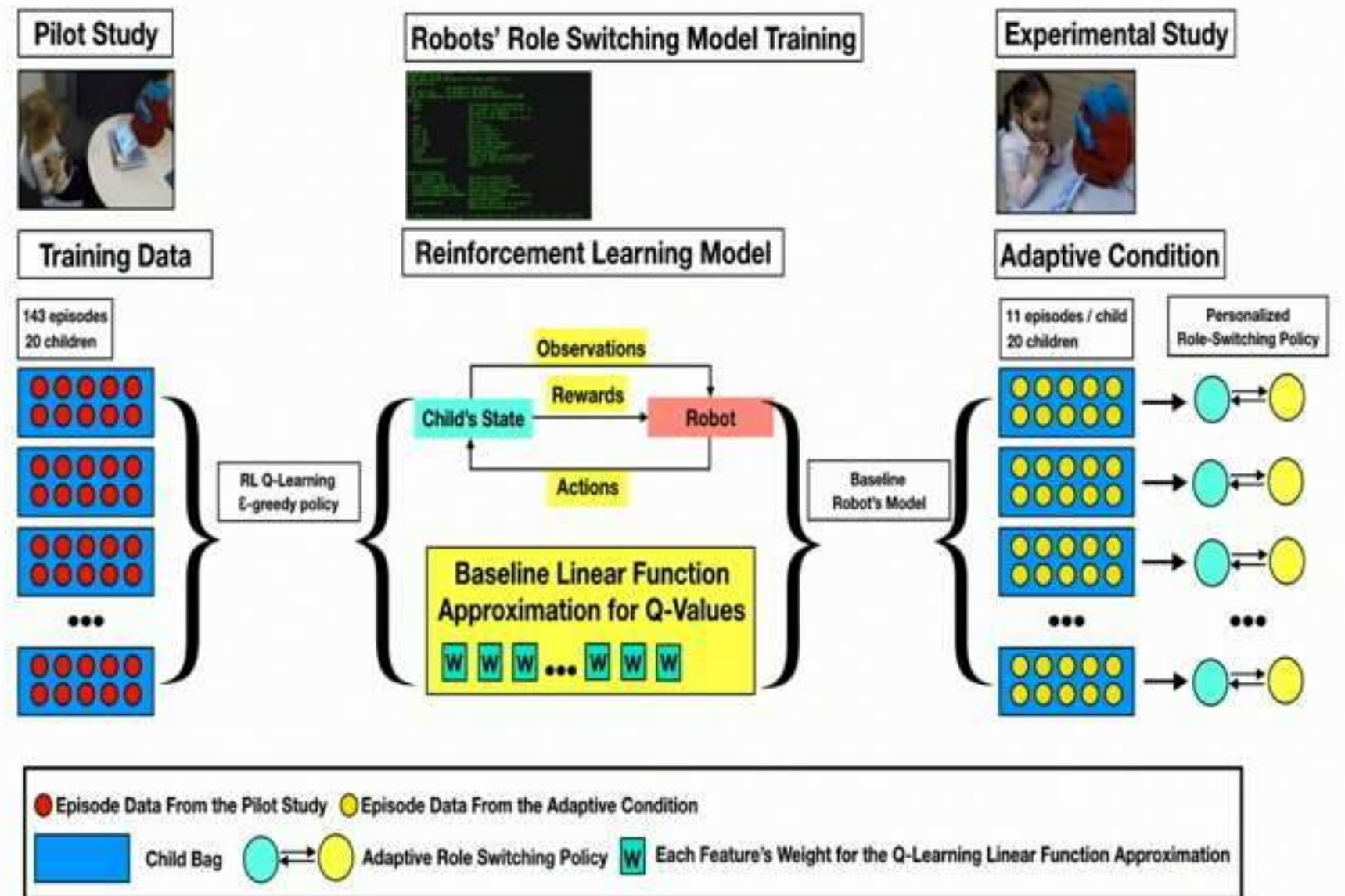
Learn policy for when to take *Expert* or *Novice* Role to maximize children's vocabulary acquisition



25 Pre-K children in Pilot Study
25-45 minute session
143 episodes in training dataset

Reinforcement Learning

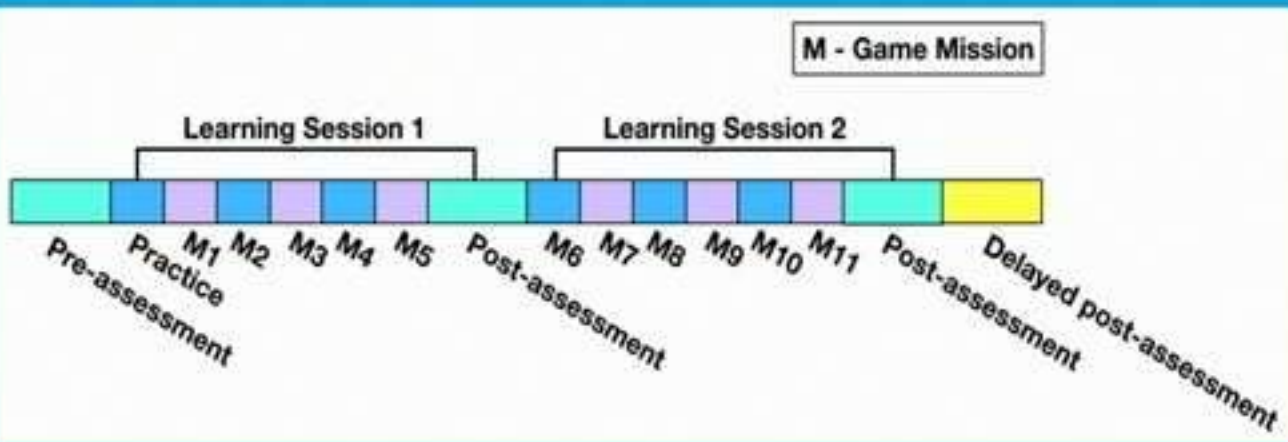
Learn Adaptive Role Switching Model from interacting with children



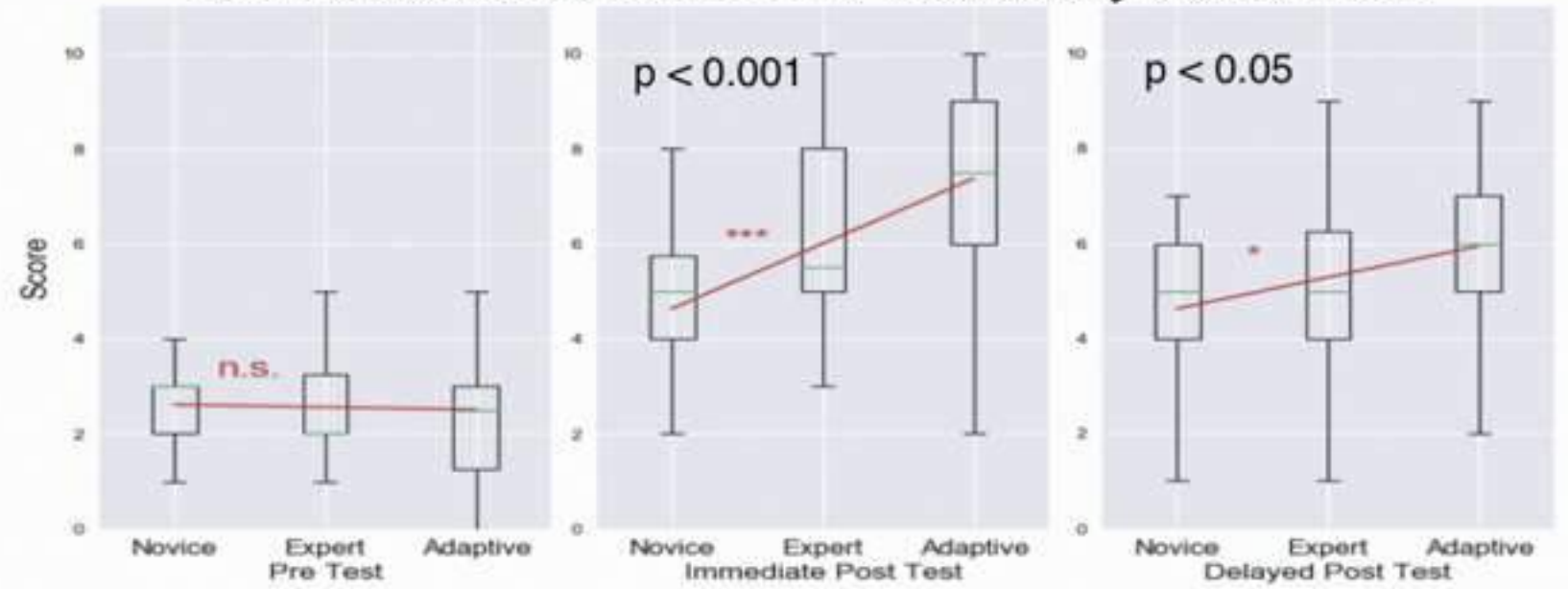
Child Learning Outcomes

Effectiveness of Adaptive Role Switching Model

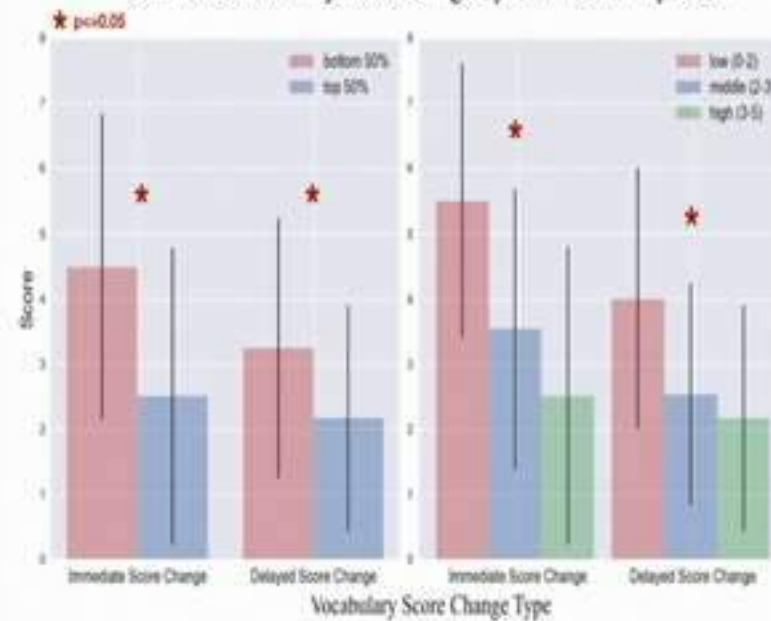
Condition	English Proficiency	Sex	Number children	Average Age (SD)
Fixed Expert	Native: 10 ESL: 11	F: 13 M: 8	21	5.85 (0.65)
Fixed Novice	Native: 10 ESL: 9	F: 11 M: 8	19	6.00 (0.74)
Adaptive Role Switching	Native: 11 ESL: 8	F: 9 M: 10	19	5.95 (0.60)



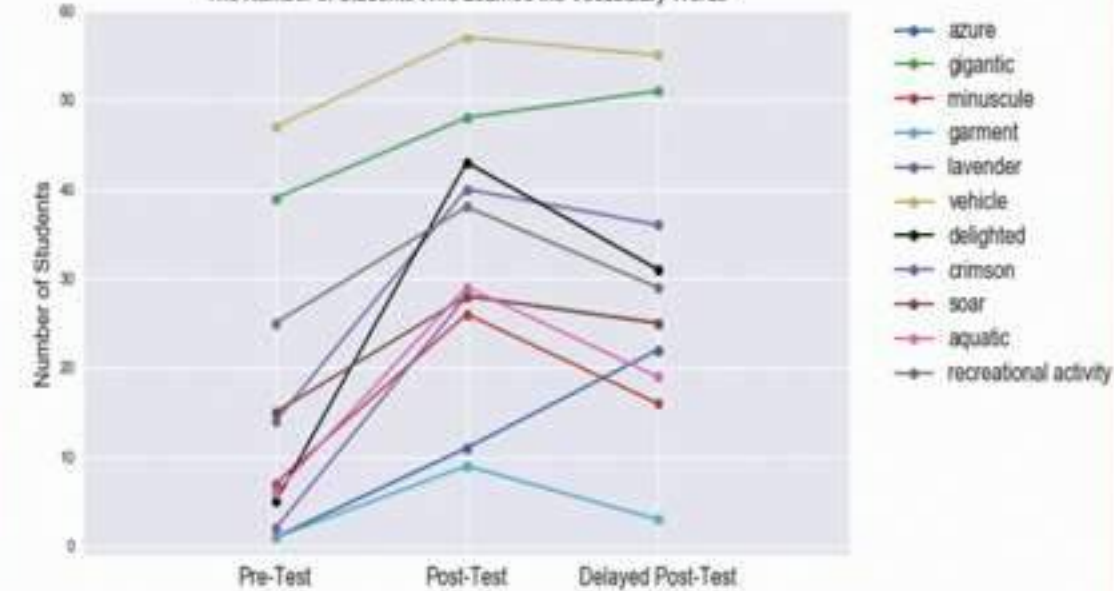
Trend Analysis on Children's Vocabulary Assessment



Children's Vocabulary Score Change By Prior Vocabulary Level



The Number of Students Who Learned the Vocabulary Words





#3

Personalization

● Learning you to optimize impact & engagement

PreK-12 US Education

Not Ready to Learn, Can't Catch Up

- **60% children do not attend preschool** (US Dept. of Ed, 2015)
- **37% of 12-th graders read at or above *Proficient*** (Nat. Assess. of Ed Progress NAEP, 2015)



Fostering Oral Language and Storytelling

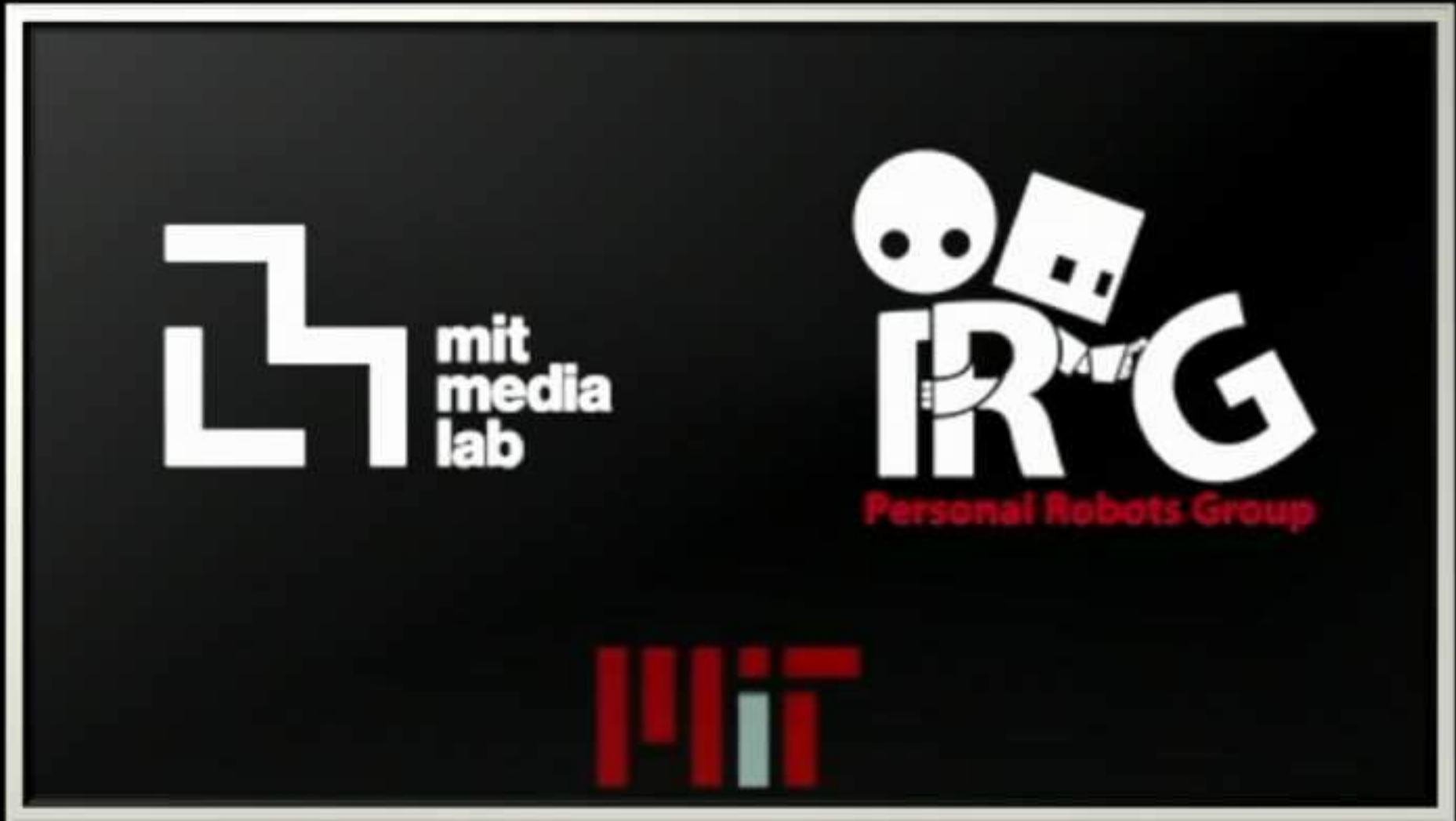
Personalized learning over 3-month interaction

Hae Won Park, Stephanie Gottwald, et al.



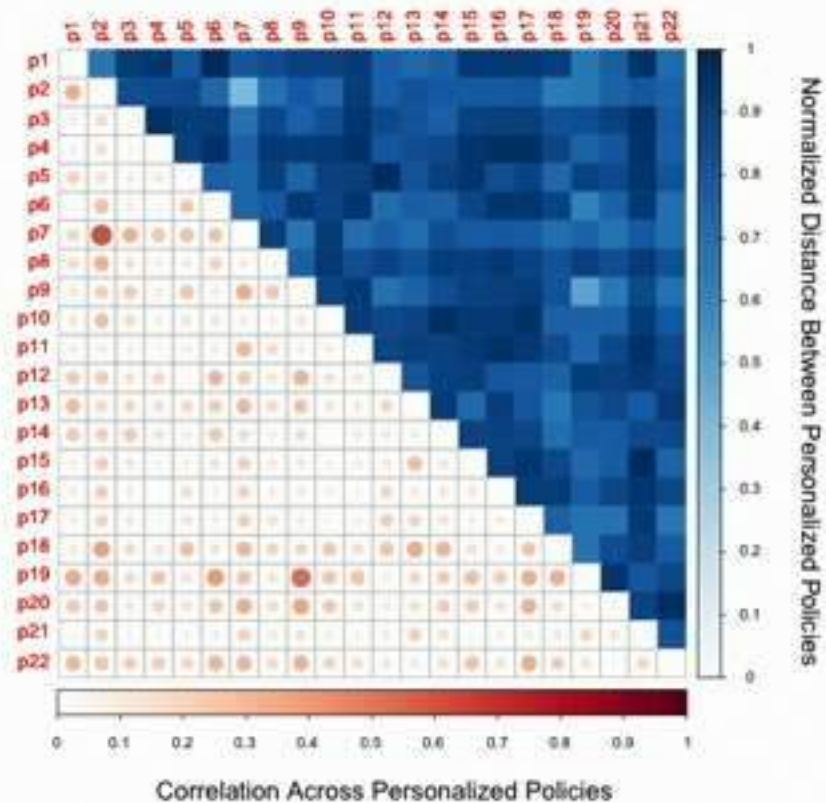
Personalized Storytelling Companion

- 3 months deployment in schools with high ESL population
- 66 Bilingual/ESL children (age: 4-6) in local preschools
- Reinforcement Learning for personalization on each child's engagement, syntactic and lexical abilities

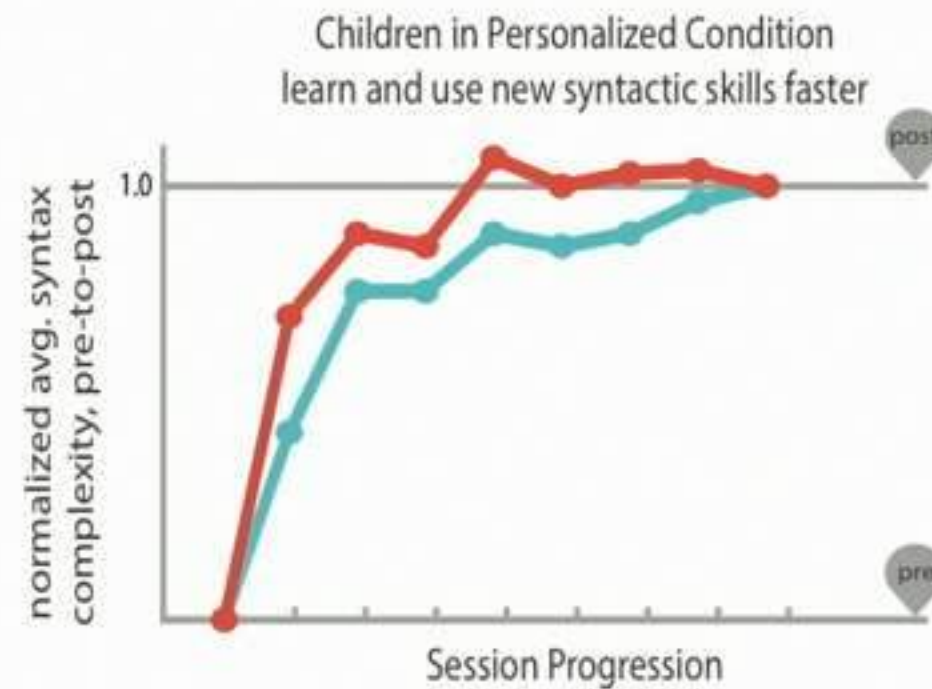


Learning how to Personalize Learning from Interacting with People

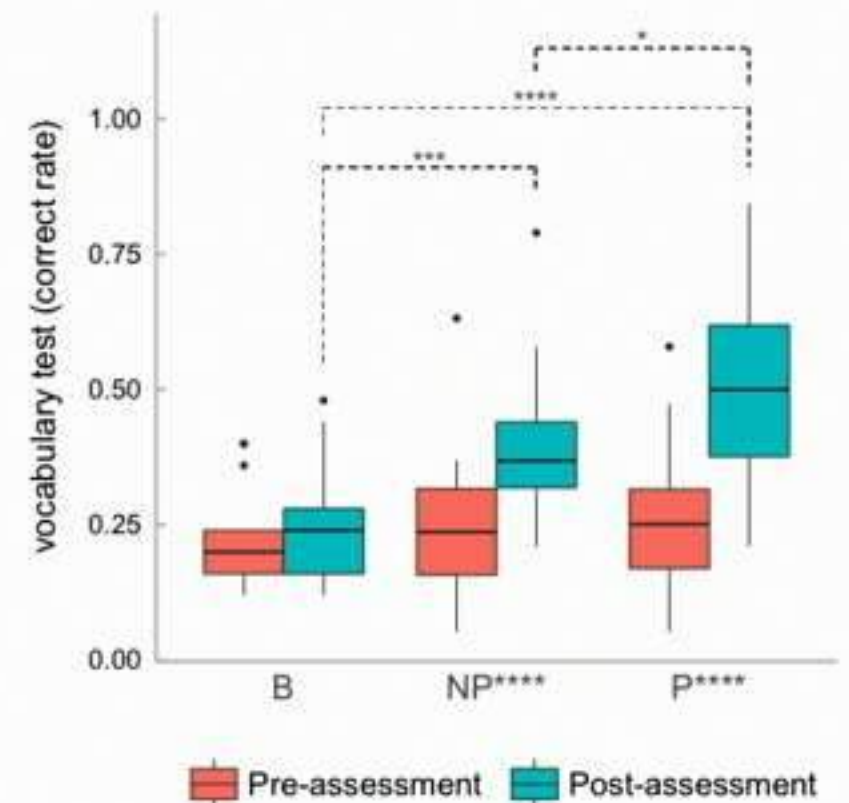
Personalized Policies



Oral Language Gains



Vocabulary Gains




Build personalized models + policies to accelerate early literacy skills



High Impact for Relational AI

Democratize Personalized Services that Extends Professionals and Continues Support at Home



A black cylindrical smart speaker with a perforated lower section and a glowing blue light ring at the top.

**Transaction-Based
Useful Tool
Voice Only
Background Presence**

**Transactional AI
Digital Assistant**

A hand holding a magnifying glass over a dark surface, with a bright light reflecting off the lens.

**Collaborative
Helpful Companion
Embodied Conversation
Animate Presence**

**Relational AI
Social Robot**

Living with Social Robots



who?

How do **different generations** live with
different voice-based agents in the **home**?

what?

where?

How should these technologies be
designed to incorporate people's
preferences, desires, and boundaries?



Functional

General Information
Timers
IoT
Etc.

Entertainment

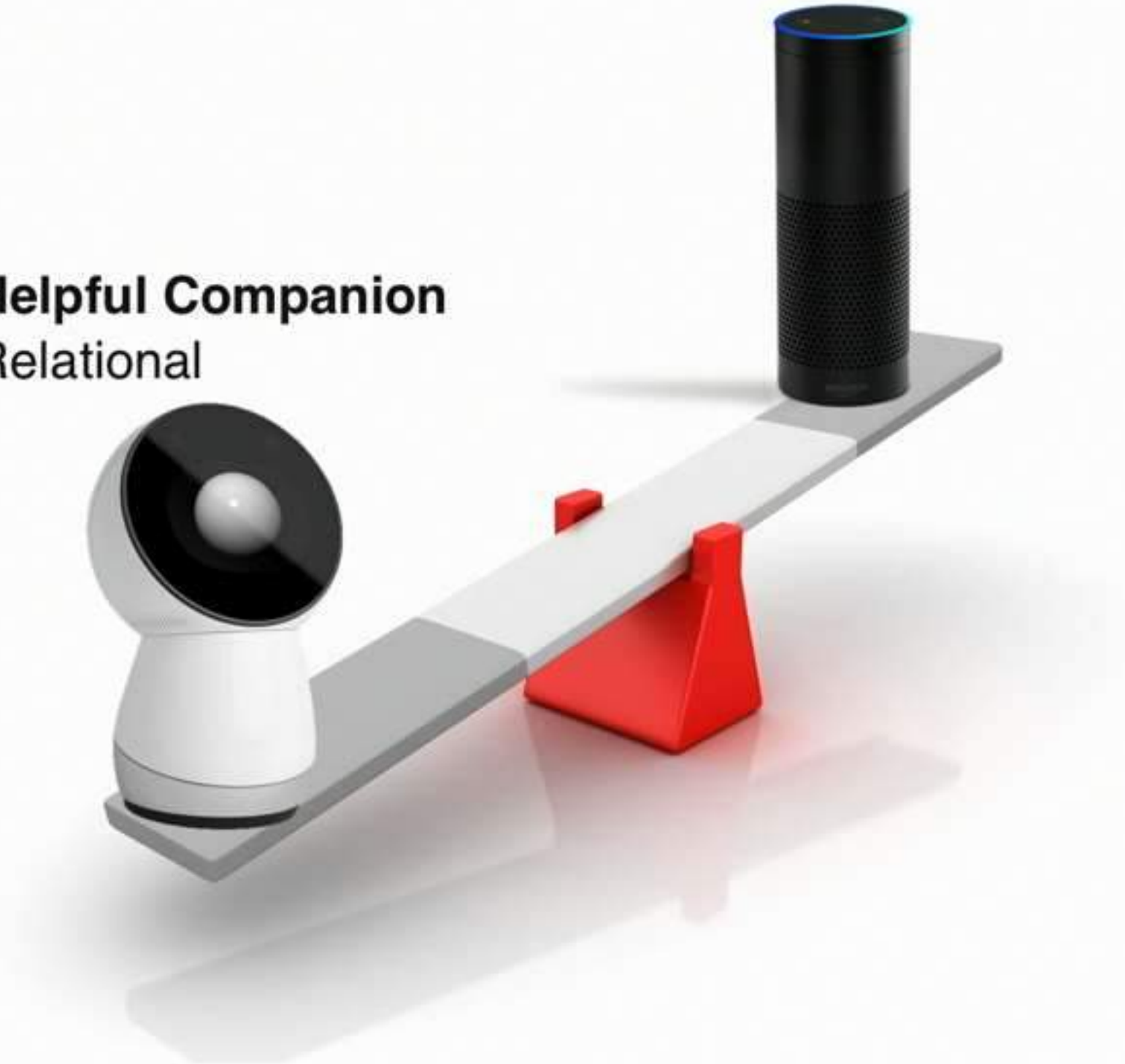
Music
Games
Dance
Etc.

Social Companion

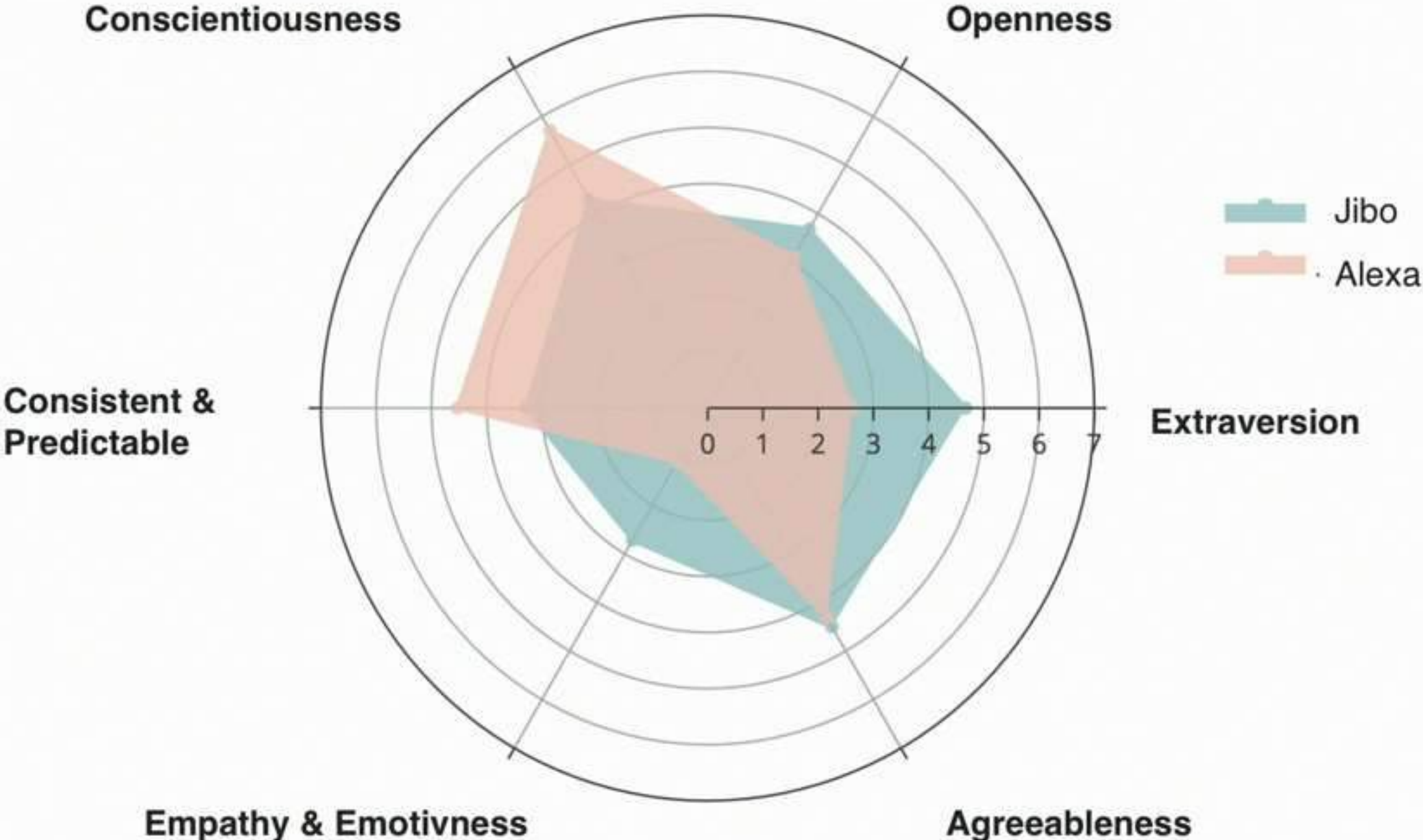
Chit Chat
Jokes
Greetings
Etc.

Digital Assistant
Transactional

Helpful Companion
Relational



Personality Design Differences



Smart Speaker



How do different generations live with AI agents in the home?

Nikhita Singh
Anatasia Ostrowski

Social Robot



5—17 years

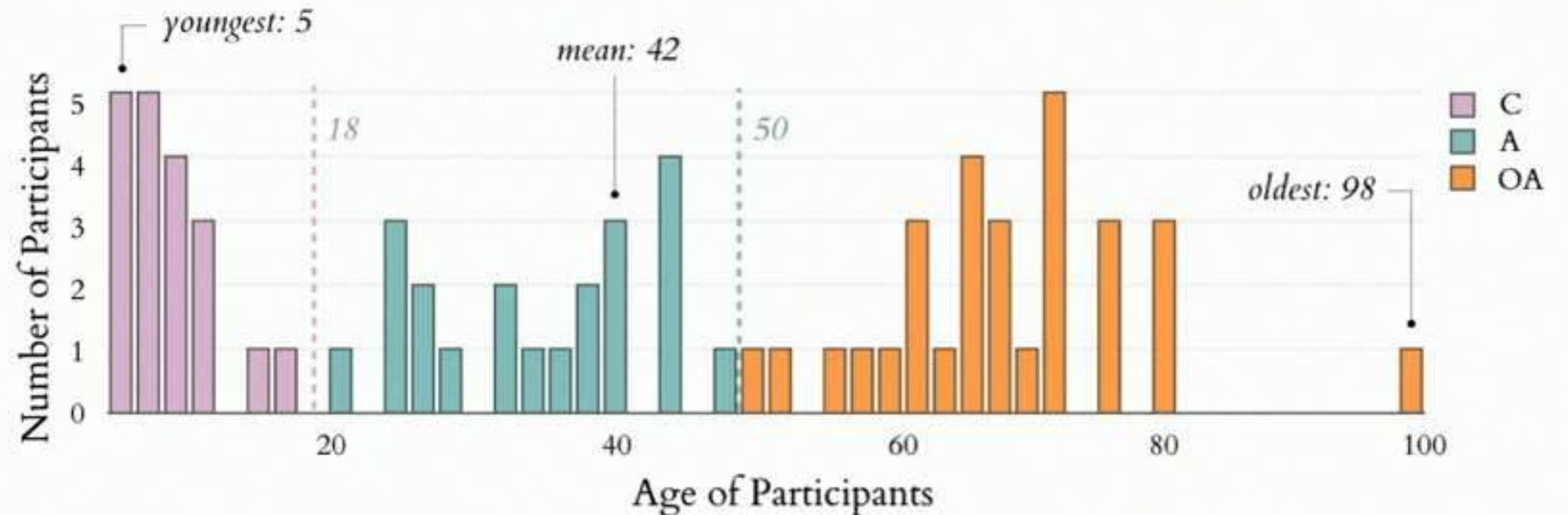


18—49 years



50+ years

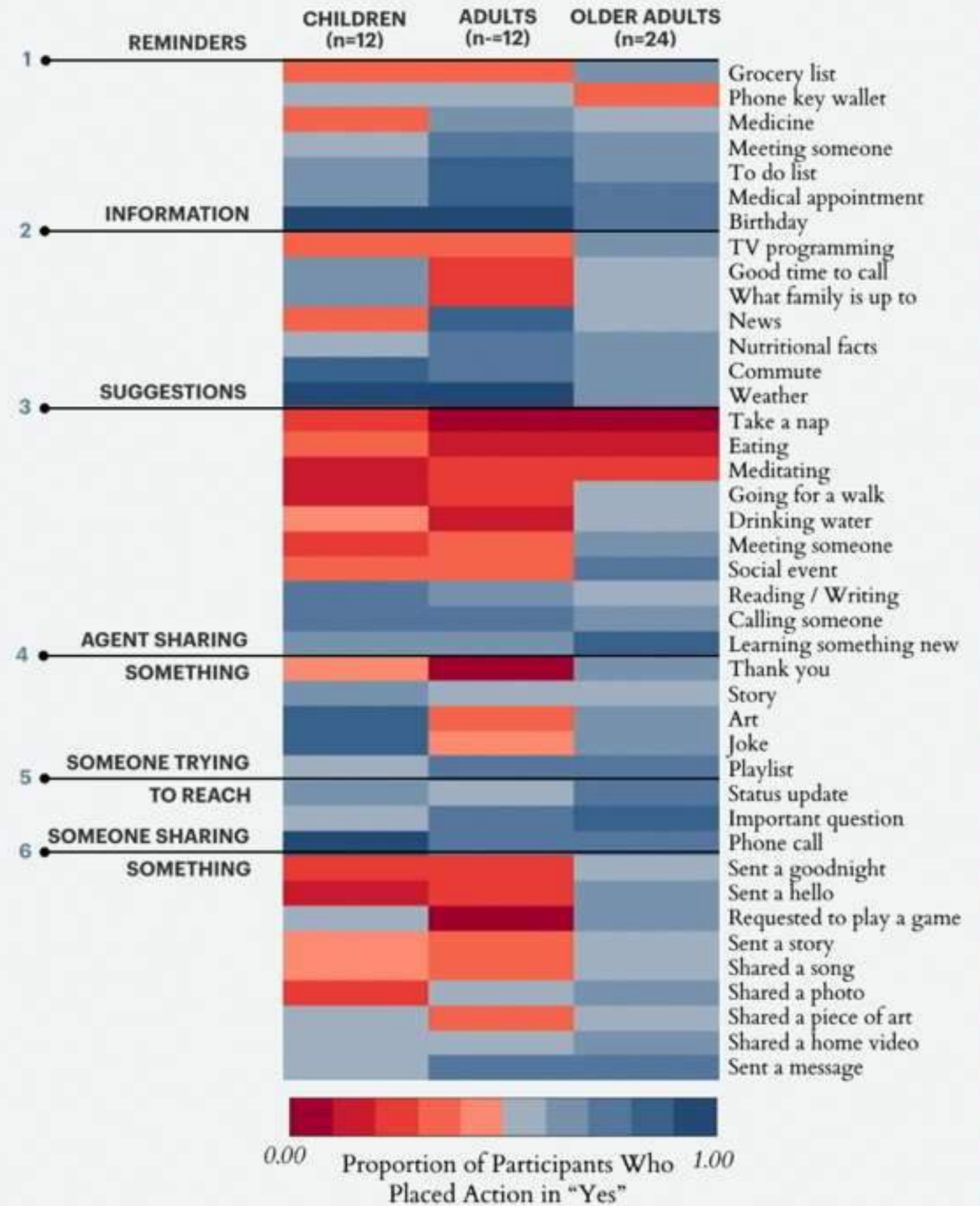
We took 69 children, adults, and older adults on a journey with voice-based agents



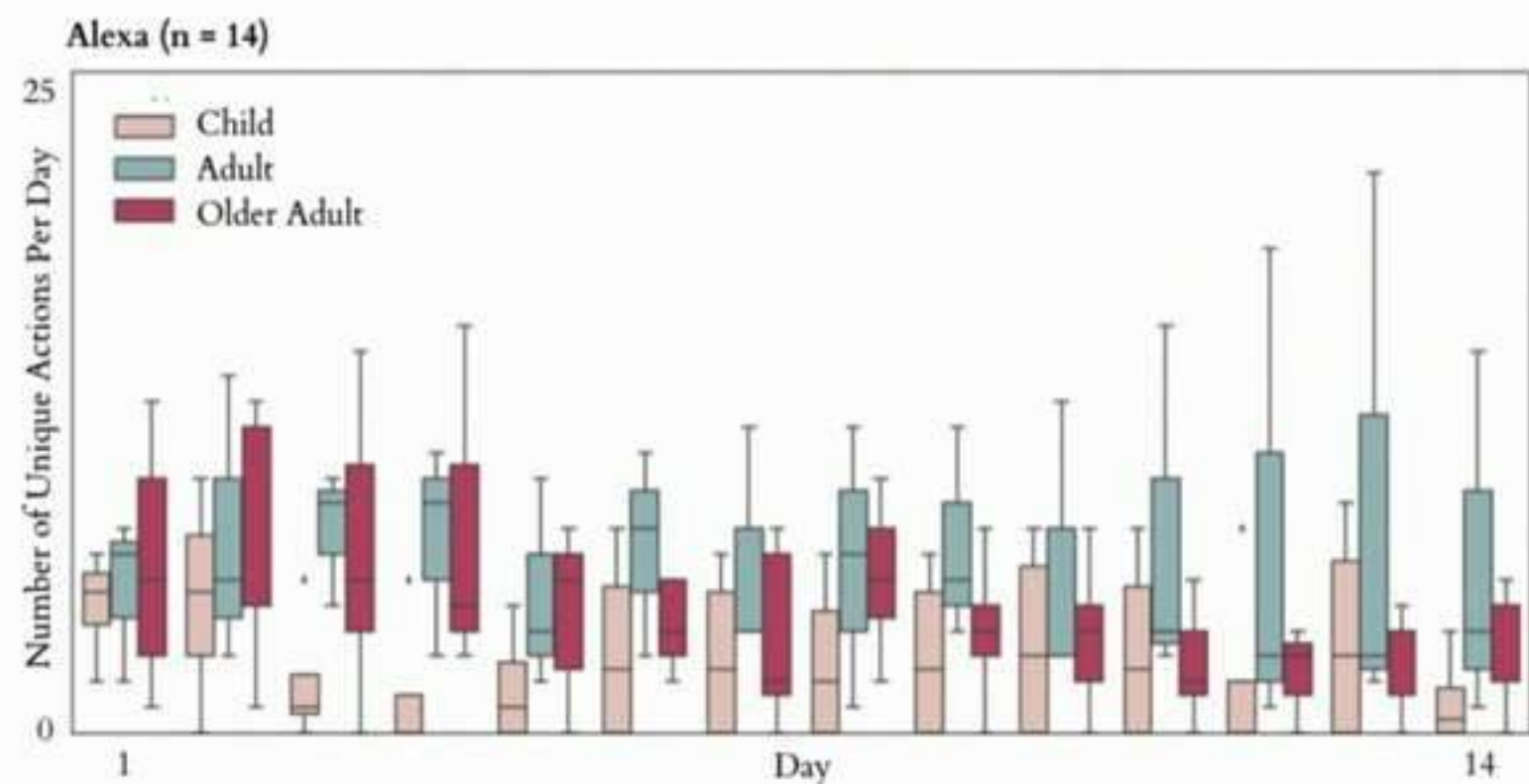
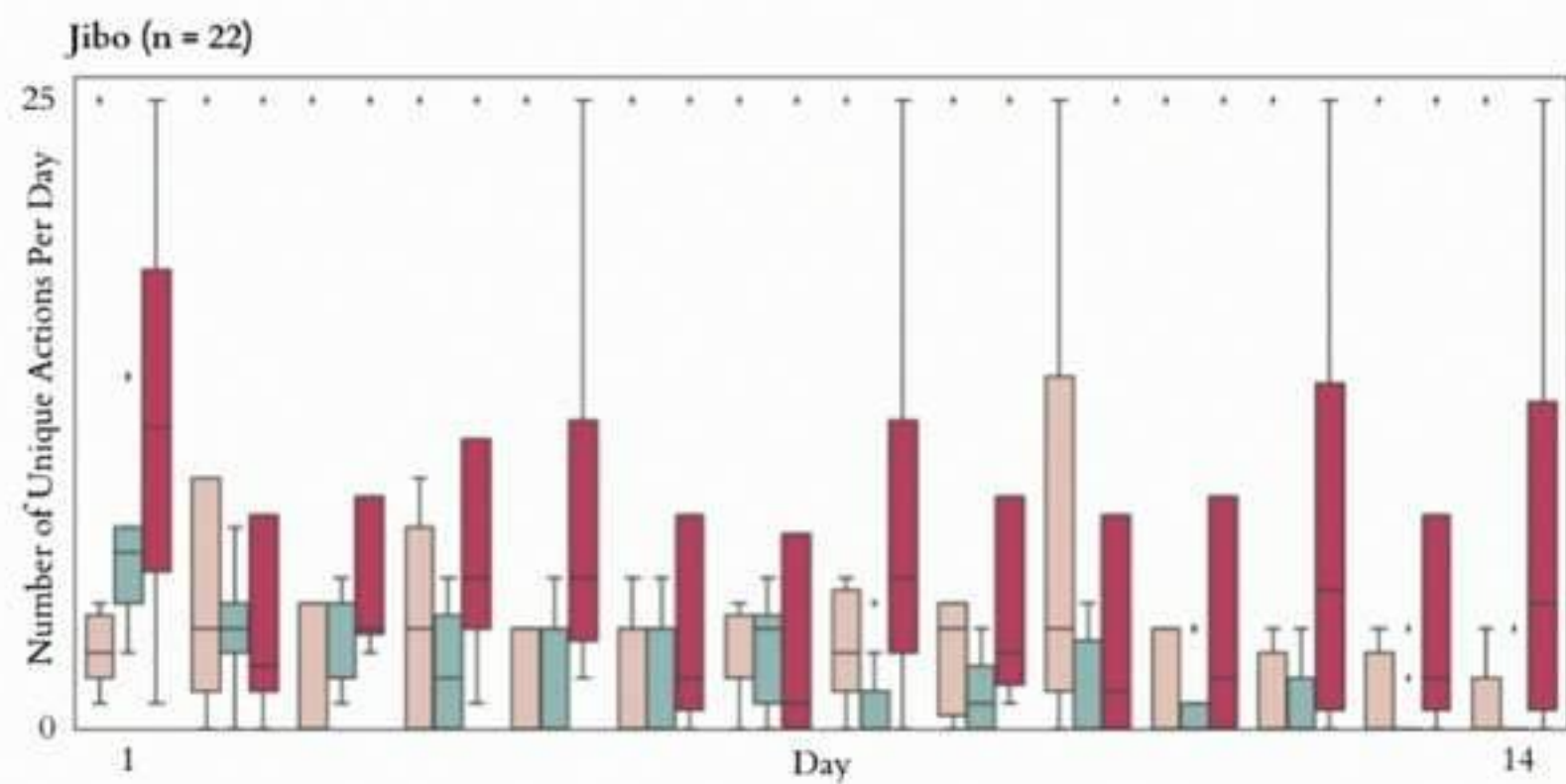


First Impressions & Preferences

differences in preferences are *nuanced*



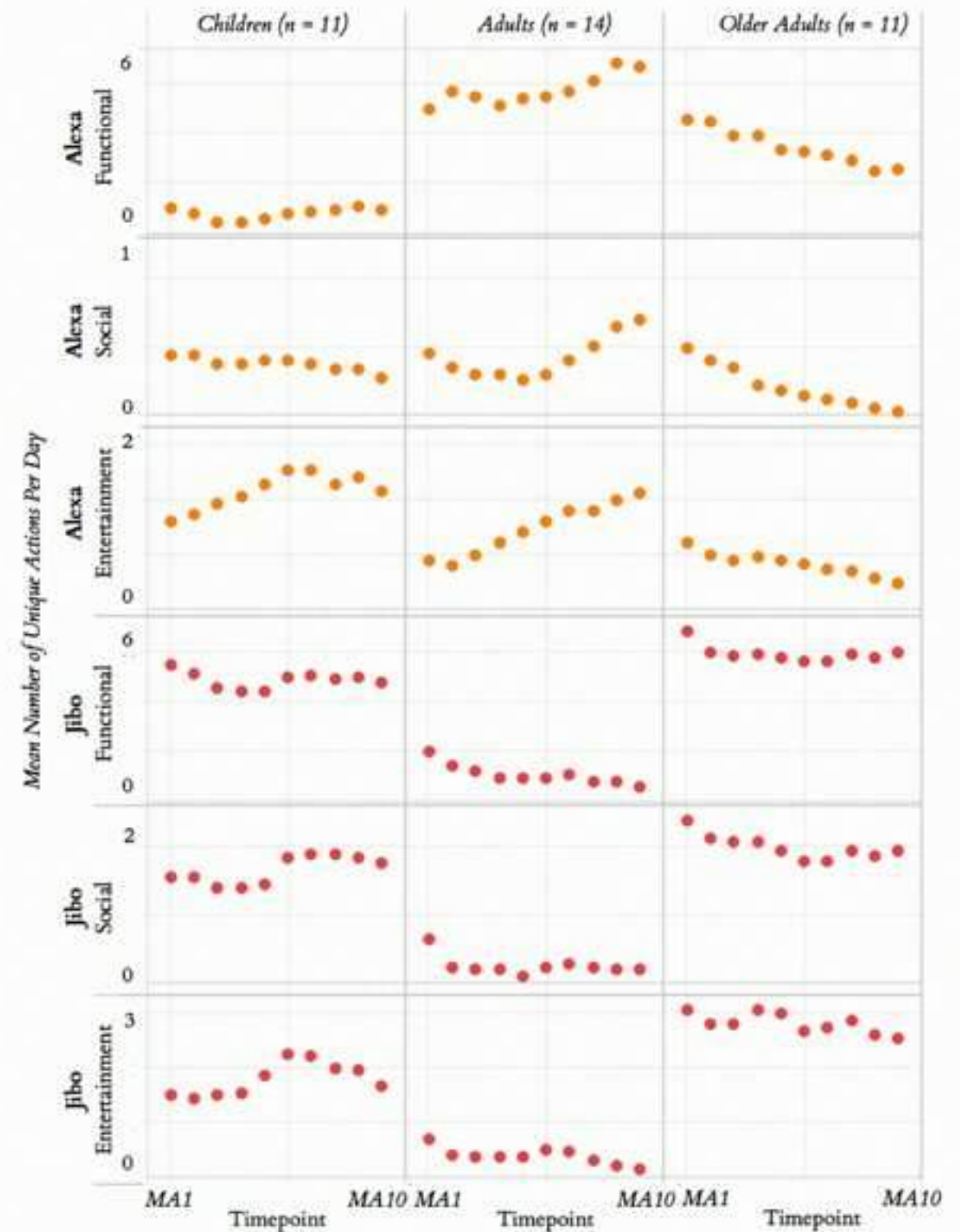
Long-Term, In-Home Use (1-month)



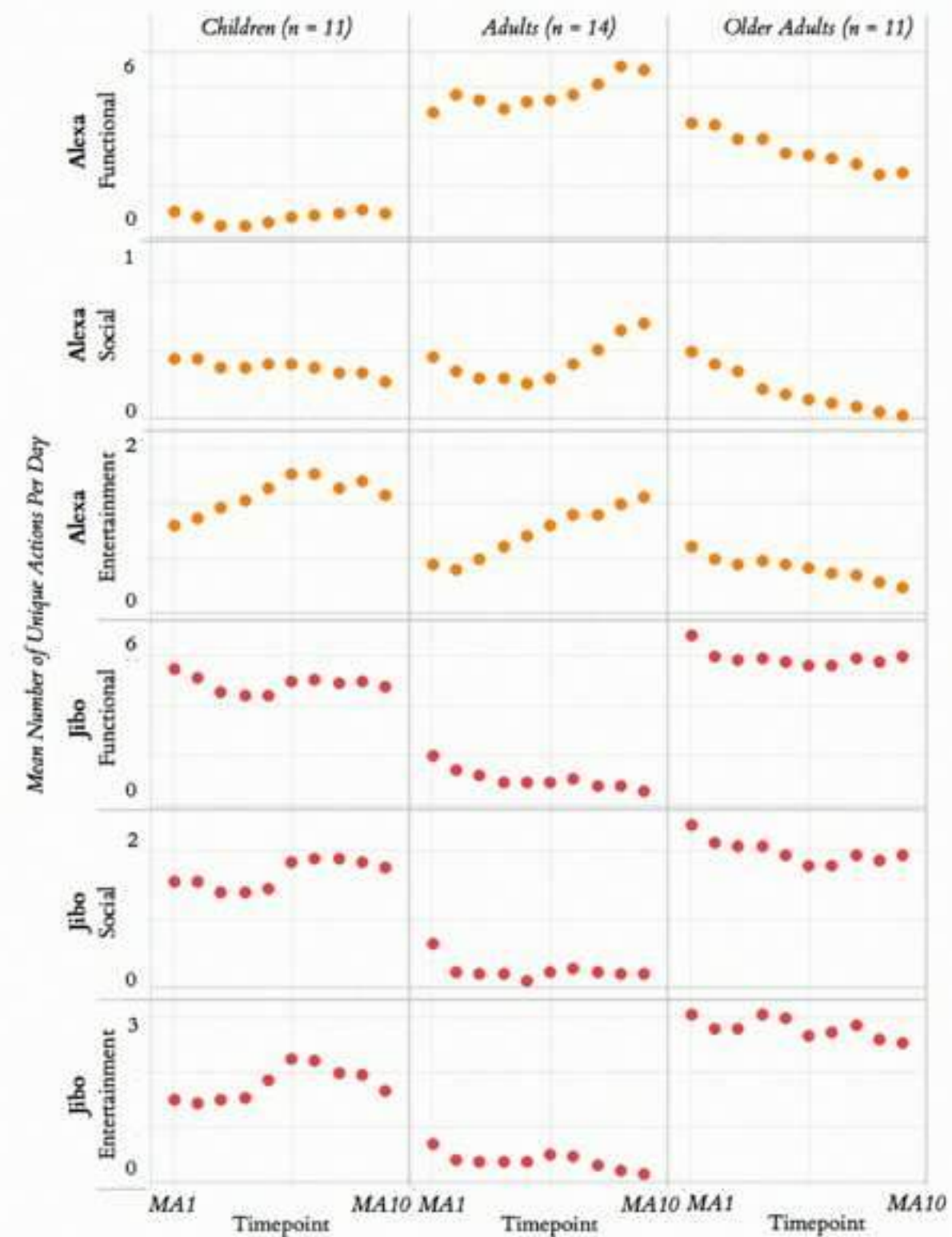
Adults anchor their usage in **functional** attributes. Later adoption of social + entertainment capabilities.

Children anchor their usage with **social + entertainment** skills. Gives traction to usage of functional skills.

Older Adults anchor their usage with **social + entertainment** skills. Gives traction to usage of functional skills.

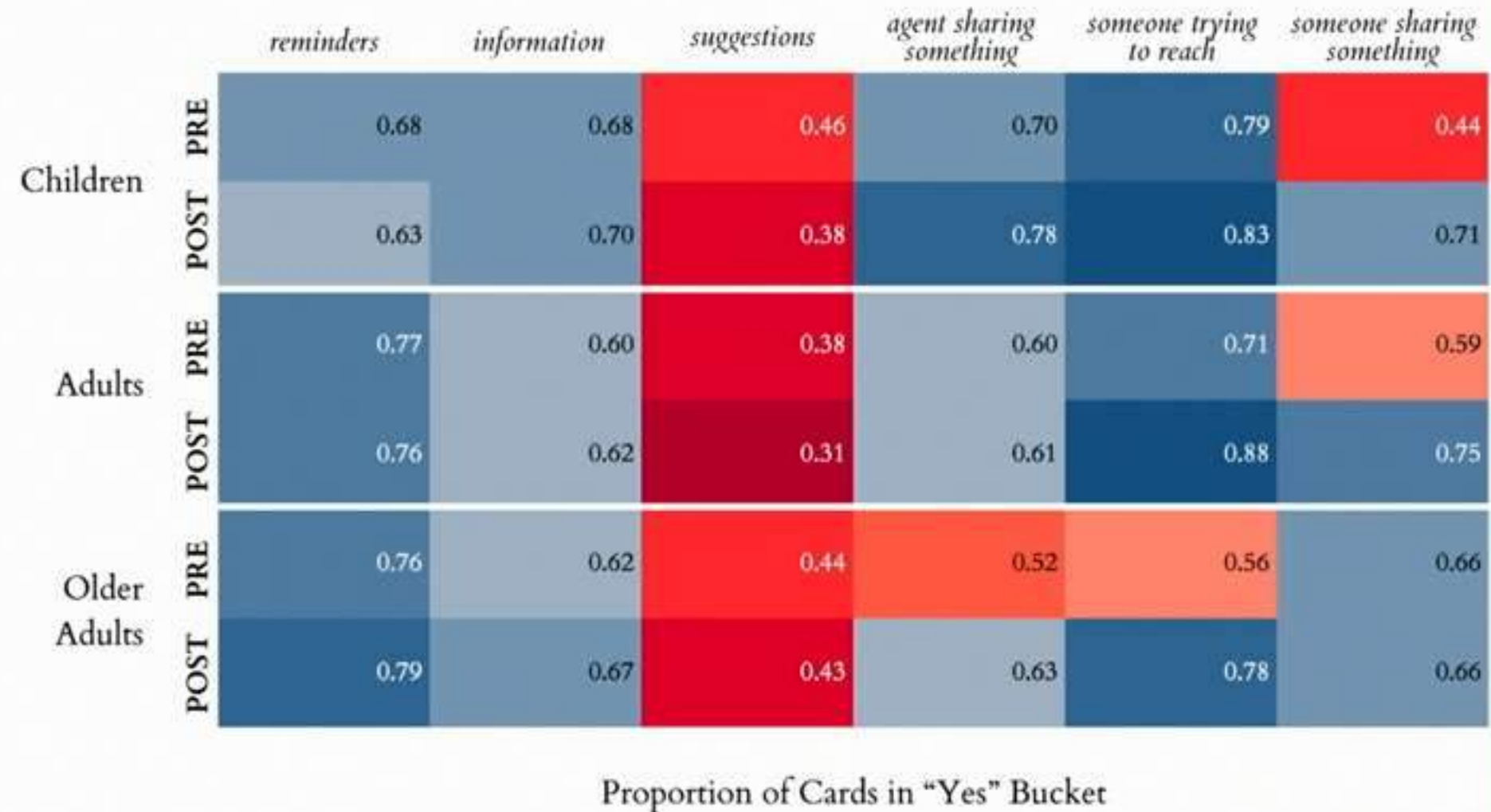


Participant Agent and Action Category	Mean and SD of Number of Unique Actions Per Day By Agent and Generation (for 14 days)		
	Children (n = 12)	Adults (n = 17)	Older Adults (n = 12)
<i>*n = # participants</i>			
Alexa (n = 14)			
Functional	n = 4 $\mu = 0.80$ $\sigma = 1.38$	n = 3 $\mu = 5.17$ $\sigma = 3.55$	n = 7 $\mu = 3.49$ $\sigma = 2.68$
Social	n = 4 $\mu = 0.57$ $\sigma = 0.73$	n = 3 $\mu = 0.79$ $\sigma = 1.07$	n = 7 $\mu = 0.45$ $\sigma = 1.01$
Entertainment	n = 4 $\mu = 1.57$ $\sigma = 1.81$	n = 3 $\mu = 1.17$ $\sigma = 1.08$	n = 7 $\mu = 0.86$ $\sigma = 0.94$
Jibo (n = 22)			
Functional	n = 7 $\mu = 3.24$ $\sigma = 5.10$	n = 11 $\mu = 1.34$ $\sigma = 1.76$	n = 4 $\mu = 4.76$ $\sigma = 6.19$
Social	n = 7 $\mu = 1.08$ $\sigma = 1.78$	n = 11 $\mu = 0.35$ $\sigma = 0.72$	n = 4 $\mu = 1.59$ $\sigma = 2.11$
Entertainment	n = 7 $\mu = 1.24$ $\sigma = 1.82$	n = 11 $\mu = 0.49$ $\sigma = 0.85$	n = 4 $\mu = 2.13$ $\sigma = 1.99$

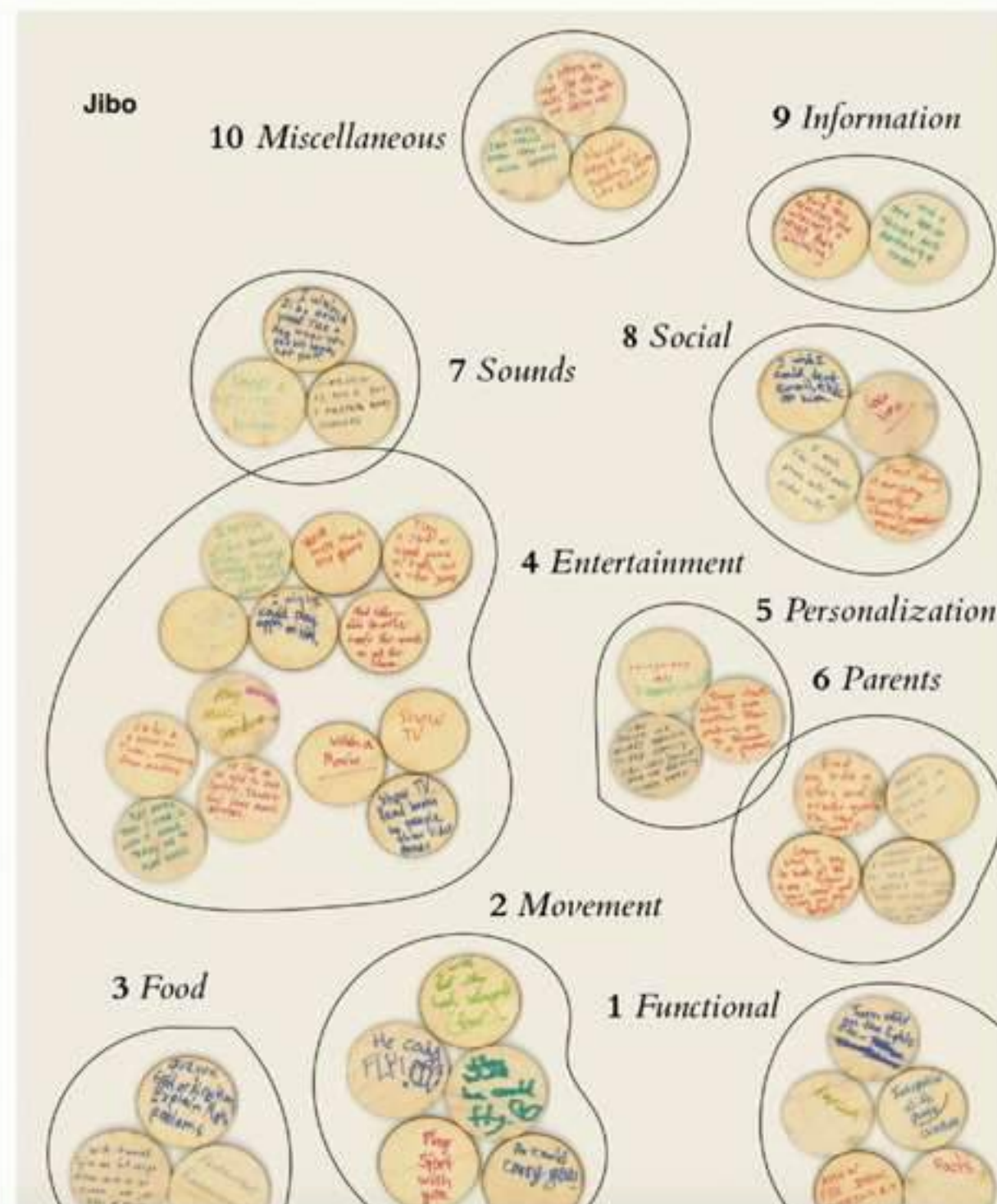
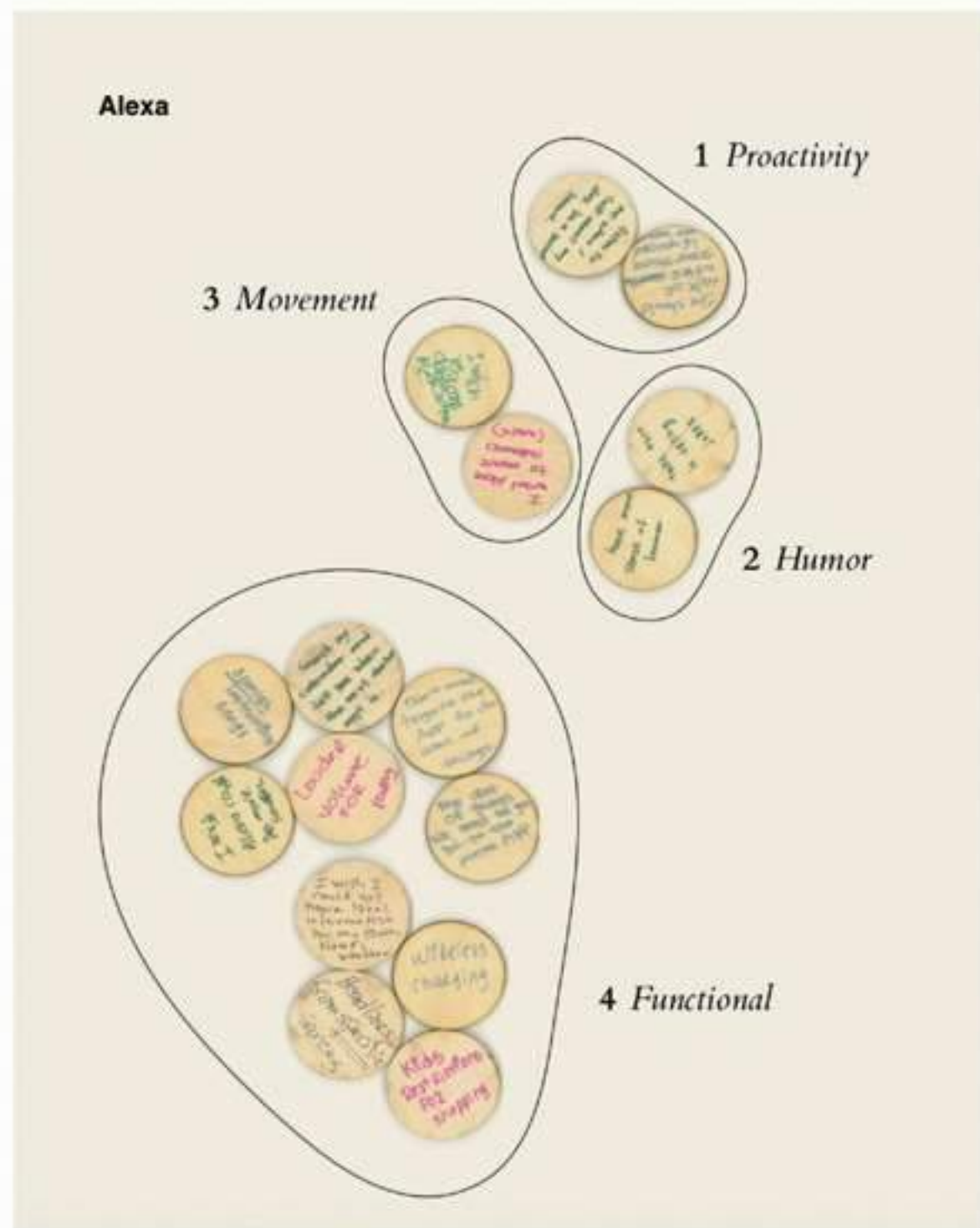


How preferences change over time

- Preferences of various agent actions were evaluated before & after 1-month study.
- Largest increases occurred in **socially-driven** categories:
 - agent sharing something (e.g. music, art, joke)
 - someone reaching user through the agent (e.g. phone call)
 - someone sharing something through the agent (e.g. photos, video)



Wish Jar: Capturing Aspirations



A hand holding a globe with a map overlay, symbolizing global impact and AI democratization. The globe is held in a way that suggests it is being presented or supported. The map overlay shows various countries and regions, with labels like 'EGYPT' and 'TURK' visible. The background is a dark blue gradient.

Democratizing Who
CREATES with AI

Understanding AI by making and coding

Stefania Druga

AI + IoT Extension built on Scratch
Programming Environment

Train AI models and program to create custom
AI-enabled experiences and projects

Cognimates



How can we make Oscar react to what we say?

Kids create and train their own models

```
when clicked
  switch costume to waiting
  ask "Type me a message" and wait
  if answer = "You are awesome" then
    switch costume to happy
  else
    switch costume to sad
```



```
when clicked
  switch costume to waiting
  ask "Type me a message" and wait
  if Recognise text answer label = funny then
    switch costume to happy
  else
    switch costume to sad
```

Recognising **text** as **kind_things, mean_things or backhanded_compliments**

[< Back to project](#)

[+ Add new label](#)

kind_things

you are beautiful

you smell like roses

you look nice

you're such an nice person

it's so kind that you are sharing

I'm happy to see you

thank you for calling

it makes me happy when you share your thoughts...

it's really cool that you can paint

I love you

[+ Add example](#)

mean_things

you smell bad

I hate you

it's so unkind that you are not sharing

it makes me sad to see you

you're not cool

you suck at rock paper scissors

you look awful

i don't like you

you're not my friend

you have no talent

[+ Add example](#)

backhanded_compliments

i didn't recognize you you look beautiful

you clean up real nice

wow you're actually smart

you get better at your job every day

I love that outfit you're so brave

you're really photogenic

is that your hair

how do you have the energy to talk so much

you're kind of pretty

you look so skinny

you shoes look so comfortable

[+ Add example](#)

Understanding + Creating AI Experiences

Making, Coding & Training



- [Cognimates.me](https://cognimates.me)
- Scratch AI + IoT Extension blocks
- Project Ideas + Tutorials
- Teaching Materials

Understanding + Creating AI Experiences

Making, Coding & Training

BROUGHT TO YOU BY THE
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MIT MEDIA LAB

- **Cognimates.me**
- Scratch AI + IoT Extension blocks
- Project Ideas + Tutorials
- Teaching Materials

A Vision of Humanistic AI





NSF Support

Award 1138986. Expeditions in Computing. **Collaborative Research: Socially Assistive Robots**

Award 1523118. Cyberlearning. **Storyteller Companion to Promote Preschooler Language Skills**

Award 1122886. Cyberlearning. **DIP: Collaborative Research: Social Robots as Mechanisms for Language Instruction, Interaction, and Evaluation in Pre-School Children**

Award 6932321. NICHD: **An autonomous curious social robot with a mindset for long-term interaction**

