

# Real humans, simulated attacks

Usability testing with  
attack scenarios

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## Let's talk about humans

“Humans are incapable of securely storing high-quality cryptographic keys, and they have unacceptable speed and accuracy when performing cryptographic operations... But they are sufficiently pervasive that we must design our protocols around their limitations.”

— C. Kaufman, R. Perlman, and M. Speciner.  
*Network Security: PRIVATE Communication in a PUBLIC World.* 2002.

# The human threat

- Malicious humans
- Clueless humans
- Unmotivated humans
- Humans constrained by human limitations



**User studies can help us better understand the human threat and design systems that meet user needs**



# Reasons to conduct user studies

## Assess needs

What should we build?

## Examine tradeoffs

Which features/approaches best fit particular needs?

## Evaluate

Are requirements met?  
What should be improved?

## Find root causes

What underlying problems need to be fixed?

# Excuses for not doing usability studies

- If people weren't so lazy or stupid or careless it would work fine
- I already know what people want
- No time, no money
- I find the system easy to use
- It's so easy my kids can use it
- I'm not a usability expert



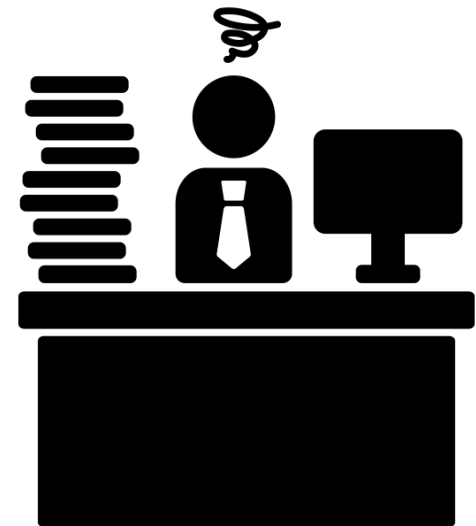
# How are security user studies different from other user studies?

Security user studies usually involve the presence of an **adversary**



# Need to make sure systems are usable and remain secure when...

- Attackers (try to) fool users
- Users behave in predictable ways
- Users are unmotivated, careless, stressed, or busy



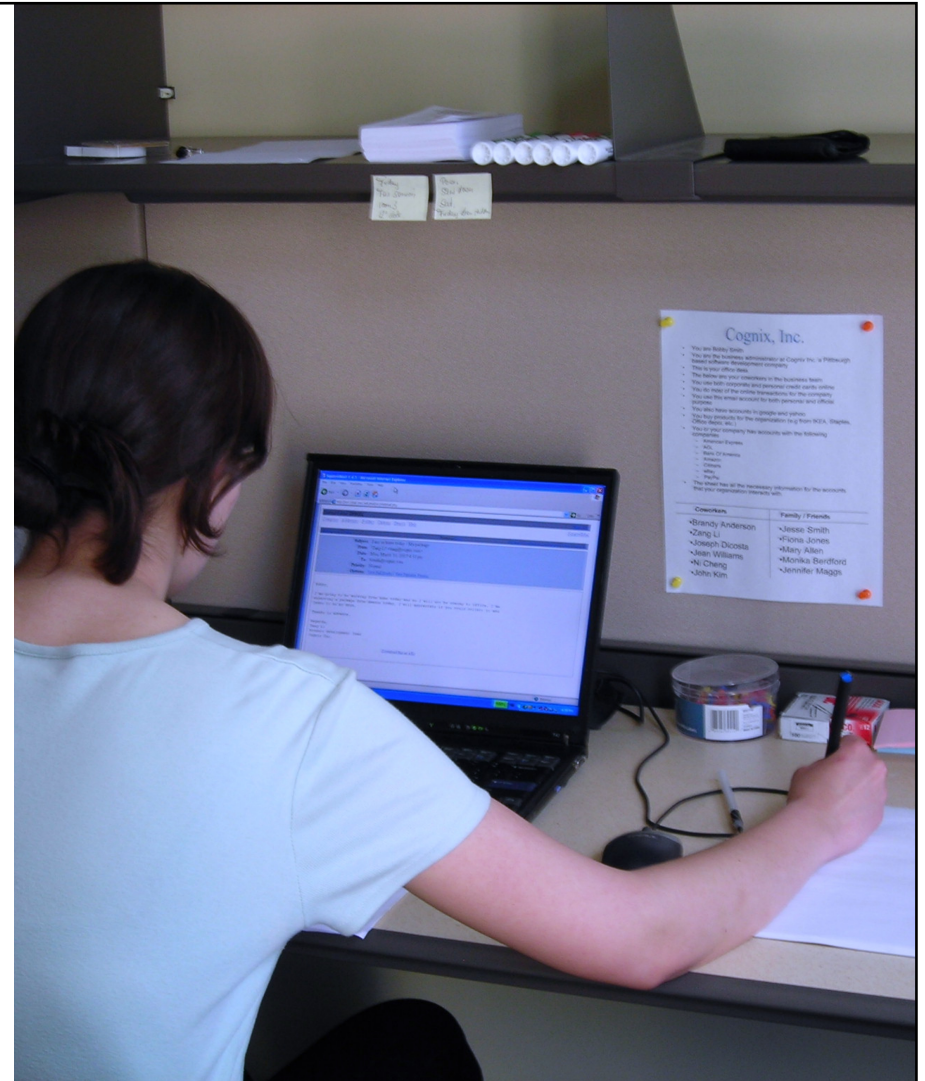
**Security is a  
secondary task**





# Usable security study challenges

- Keeping it real (ecological validity)
- Observing infrequent events and small differences
- Legal, ethical, and practical issues



**How can we design a (legal and ethical) study that allows us to observe users in a realistic scenario being exposed to risk?**

# Observe real world activity

observation of  
real-world activity

naturally-  
occurring risk

Many data collection challenges

Usually not conducive to a controlled  
experiment

Events of  
interest may be  
infrequent





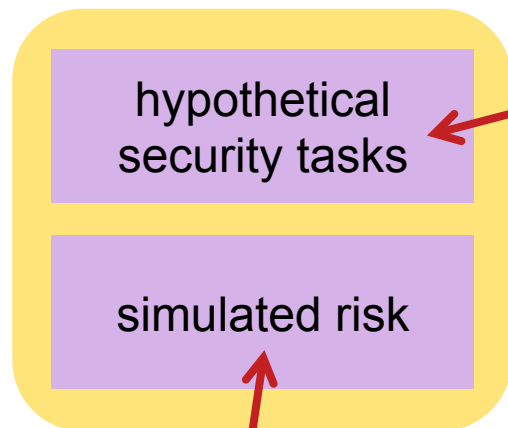
# Observe hypothetical security tasks



Not ethical to harm  
study participants



# Observe hypothetical security tasks

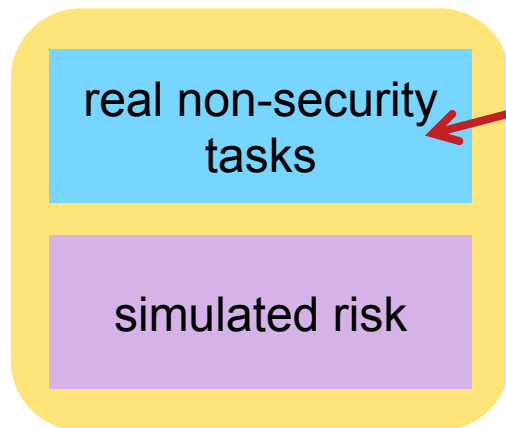


Users may be more alert to security issues than is natural

May use deception + debrief



# Observe non-security tasks



But users still doing tasks they have been told to do as part of a study



# 3 approaches to observing users + risk

observation of  
real-world activity

naturally-  
occurring risk

hypothetical  
security tasks

simulated risk

real non-security  
tasks

simulated risk

See [cups.cs.cmu.edu](http://cups.cs.cmu.edu) for papers!

**observation of  
real-world activity**

**naturally-  
occurring risk**

# Observing 2fa rollout

observation of  
real-world activity

naturally-  
occurring risk

# Observing 2fa rollout

- Spring 2017: University began requiring 2fa for employees
- Surveys of students, faculty, and staff as 2fa was being adopted
- Collecting data on problems, help desk tickets, security issues, etc.
- Data collection still underway – preliminary results



# **Top reasons for adoption/non-adoption**

1. Beliefs about need (or lack of need) for security
2. Concerns about extra time and effort
3. Concerns about not having 2<sup>nd</sup> factor available when they need it
4. Knowledge of other users' (bad) experience



# Usability + unintended consequences

- People don't always have their phones with them
- Students getting locked out of dorm rooms
- Accidental token button pushes cause sync problem



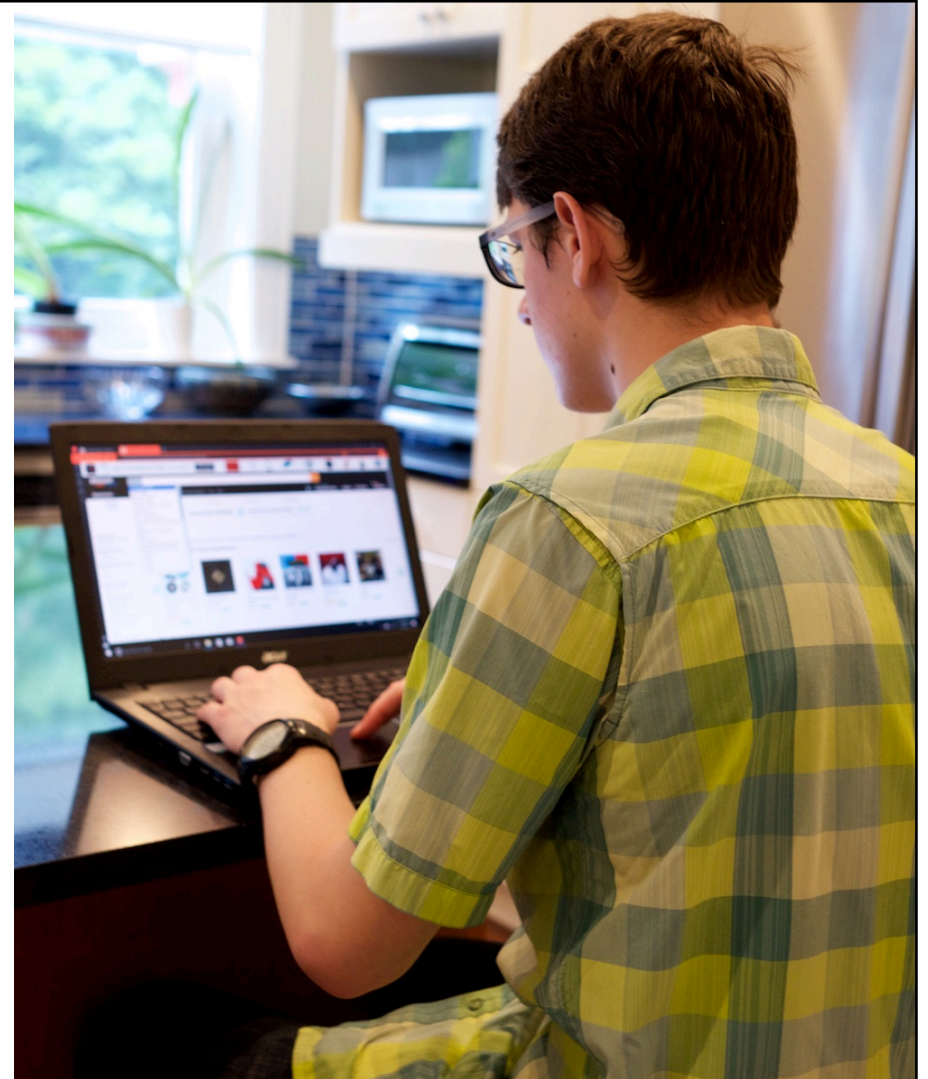
# Observing home computer users in their natural habitat

observation of  
real-world activity

naturally-  
occurring risk

# Security Behavior Observatory (SBO)

- Network of instrumented home Windows computers
- ~200 active participants
- Natural observation + surveys and interviews



# Impact of security engagement

- Matched observed security state of computer with self reports about engagement with computer security and maintenance
- Found more security engagement did not always lead to more secure computers

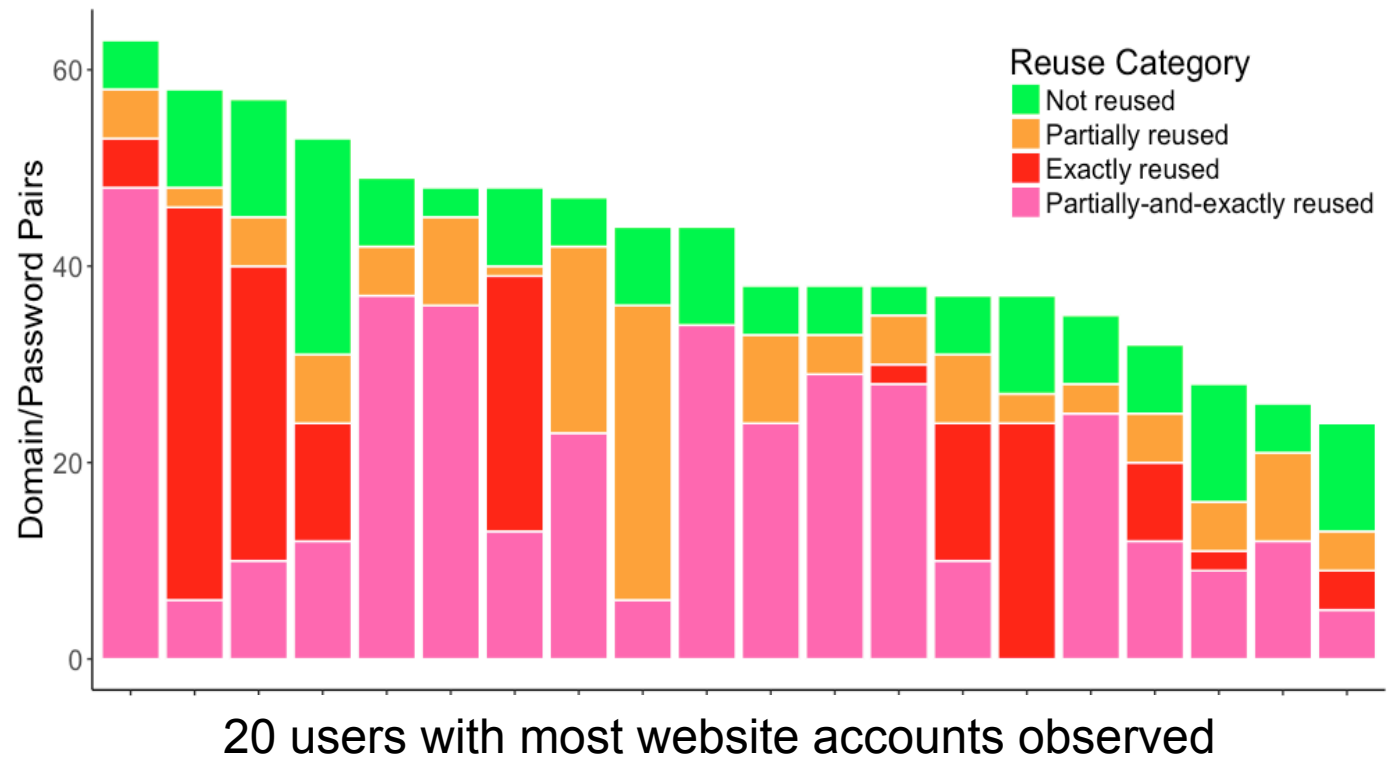
## **SBO data related to passwords**

- Hashes of passwords and 4+ character substrings
- Length, strength, characters in each class (upper/lowercase, digits, special characters)



# How users manage many passwords

Most users reuse passwords exactly and partially



**hypothetical  
security tasks**

**simulated risk**

# Comparing usability and secure of password policies

hypothetical  
security tasks

simulated risk



**How can we help users pick passwords that are easy to remember, but hard for an attacker to guess?**

# Large-scale online experiments

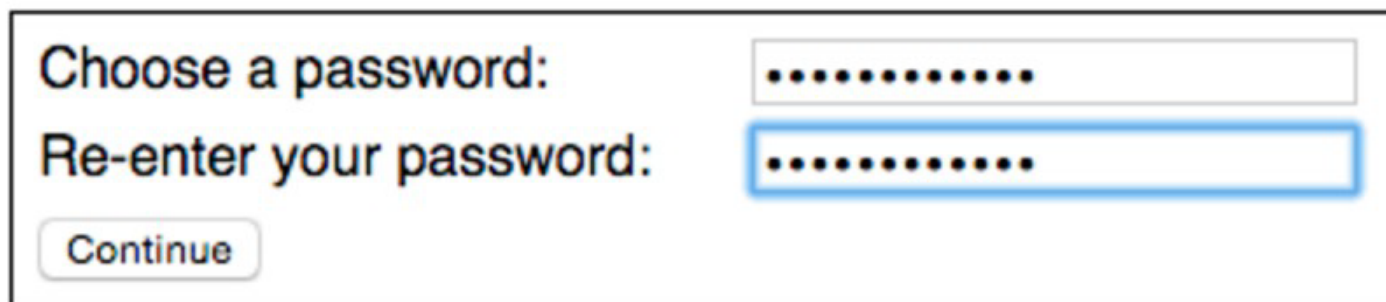
- Amazon Mturk for easy recruitment and payment
- Email participants without collecting personally identifiable information
- 50,000+ participants

The screenshot shows the Amazon Mechanical Turk website. At the top, there is a navigation bar with links for 'Your Account', 'HITS', and 'Qualifications'. Below this, a yellow banner states: 'Mechanical Turk is a marketplace for work. We give businesses and developers access to an on-demand, scalable workforce. Workers select from thousands of tasks and work whenever it's convenient. 476,446 HITS available. View them now.' The main content area is divided into two columns. The left column is titled 'Make Money by working on HITS' and describes HITS as individual tasks. It lists benefits for workers: 'Can work from home', 'Choose your own work hours', and 'Get paid for doing good work'. A flow diagram shows 'Find an interesting task' (with a 'Find HITS Now' button), 'Work' (with a gear icon), and 'Earn money' (with a dollar sign icon). The right column is titled 'Get Results from Mechanical Turk Workers' and lists benefits for requesters: 'Have access to a global, on-demand, 24 x 7 workforce', 'Get thousands of HITS completed in minutes', and 'Pay only when you're satisfied with the results'. A flow diagram shows 'Fund your account' (with a plus sign icon), 'Load your tasks' (with a list icon), and 'Get results' (with a star icon). A 'Get Started' button is at the bottom of this column.

See <http://cups.cs.cmu.edu/passwords/> for papers

# Participant tasks

- Create password under a randomly assigned condition
- Take a survey
- Recall password
- Return 2 days later to recall password and take survey



The screenshot shows a password creation interface with two input fields and a button. The first field is labeled "Choose a password:" and contains ten dots. The second field is labeled "Re-enter your password:" and also contains ten dots. A blue border highlights the second field. Below the fields is a button labeled "Continue".

Choose a password:

Re-enter your password:

# Hypothetical security scenario + risk

Imagine that your main email service provider has been attacked, and your account became compromised. You need to create a new password for your email account, since your old password may be known by the attackers. Because of the attack, your email service provider is also changing its password rules.

# Password creation task

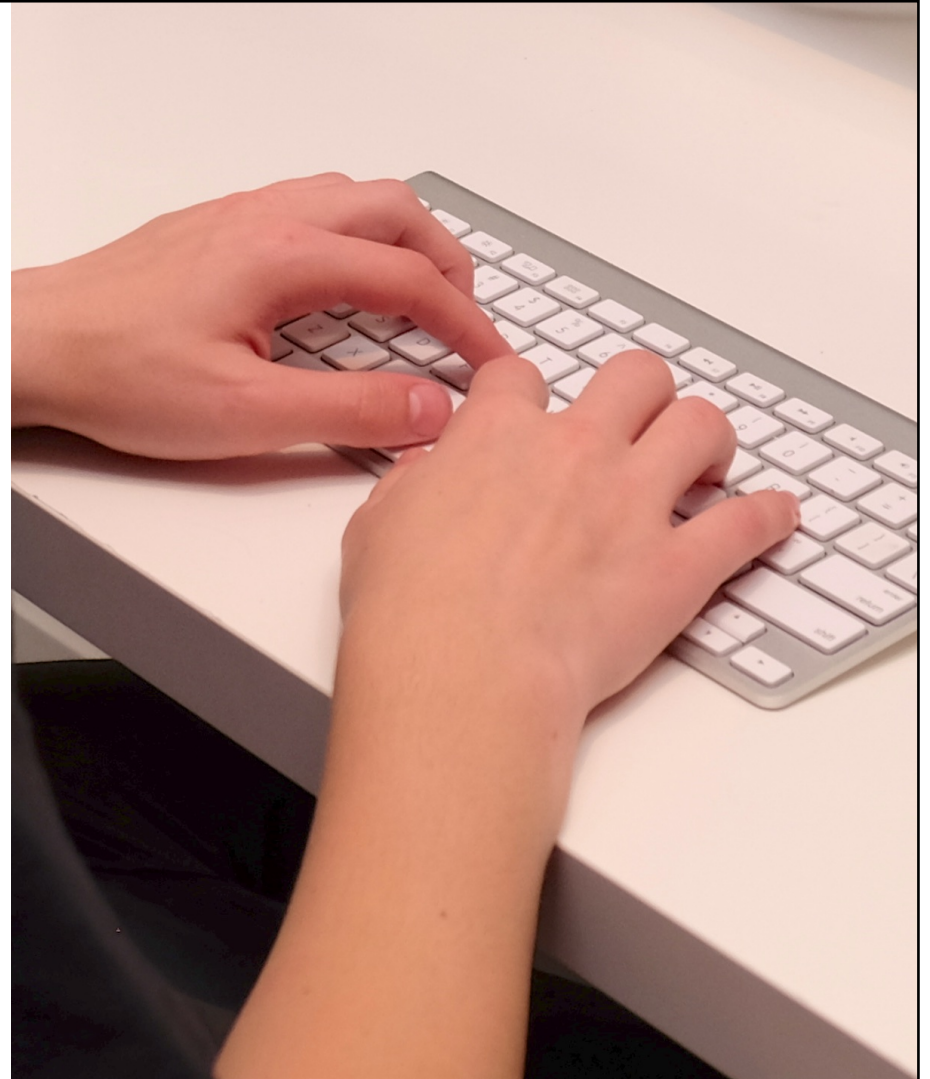
Please follow the instructions below to create a new password for your email account. We will ask you to use this password in a few days to log in again so it is important that you remember your new password.

# Request to behave normally

Please take the steps you would normally take to remember your email password and protect this password as you normally would protect the password for your email account. Please behave as you would if this were your real password!

# Usability metrics

- Creation attempts and time
- Recall attempts
- Reported sentiment
- Write-down rate
- Study drop-out rate







# Password policies

# Password policies

## Policy

## Example password

Basic8

**password**

Dictionary8

**sapsword**

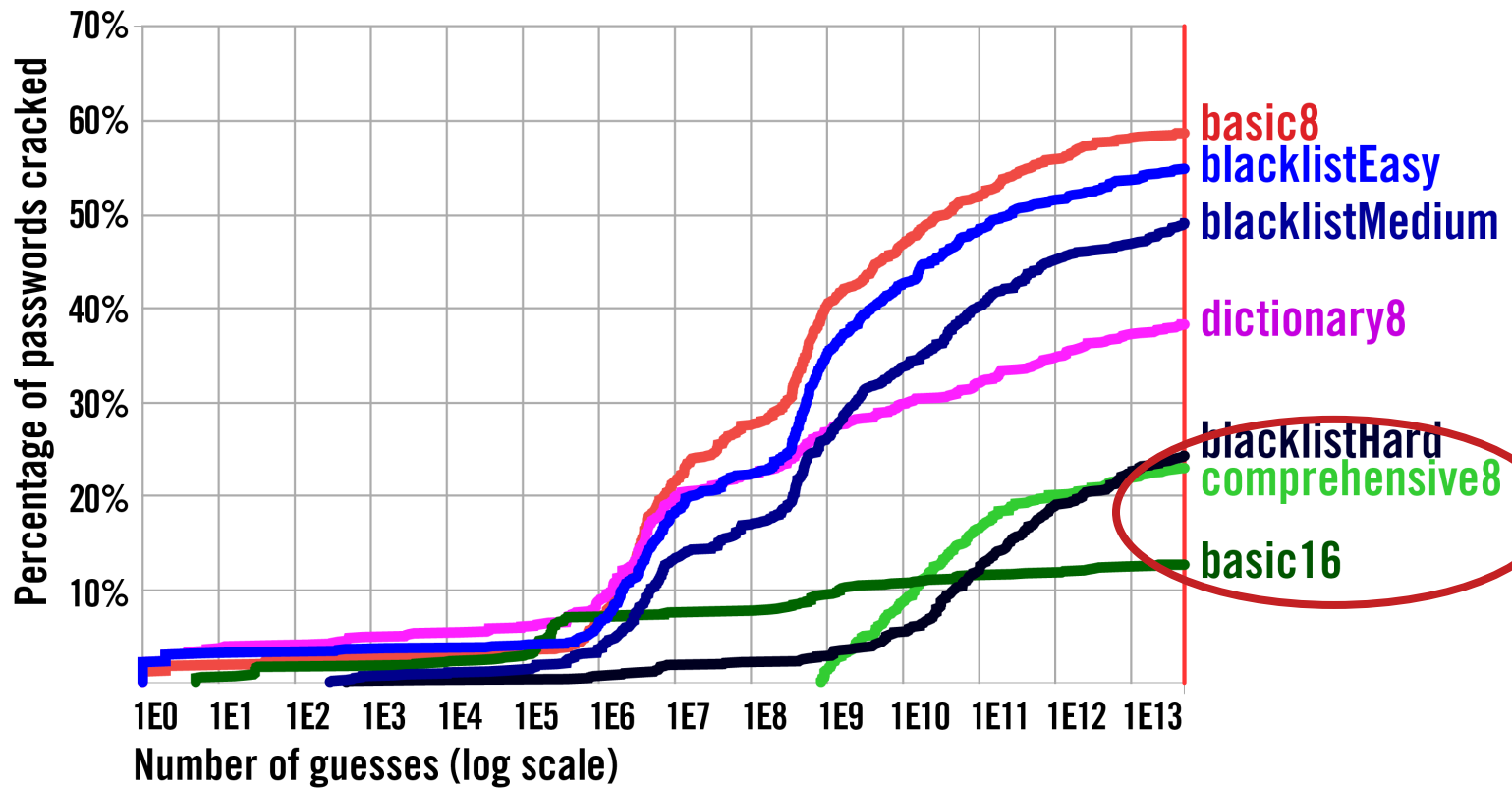
Comprehensive8

**Sapsword1!**

Basic16

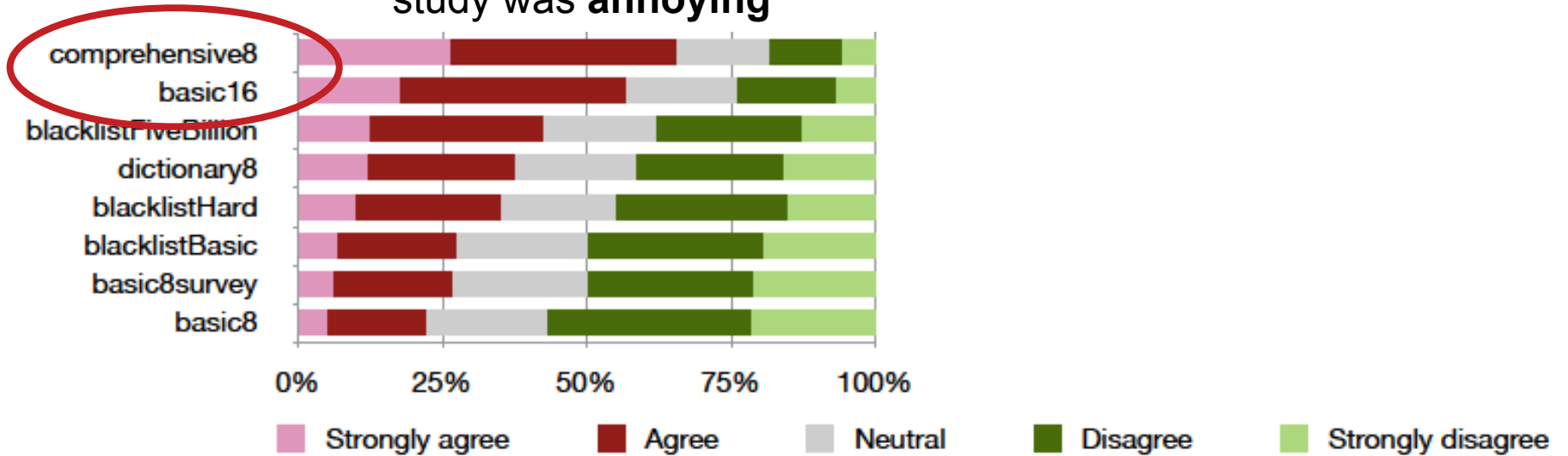
**passwordpassword**

# Comparing password policy strength



# Comparing password policy usability

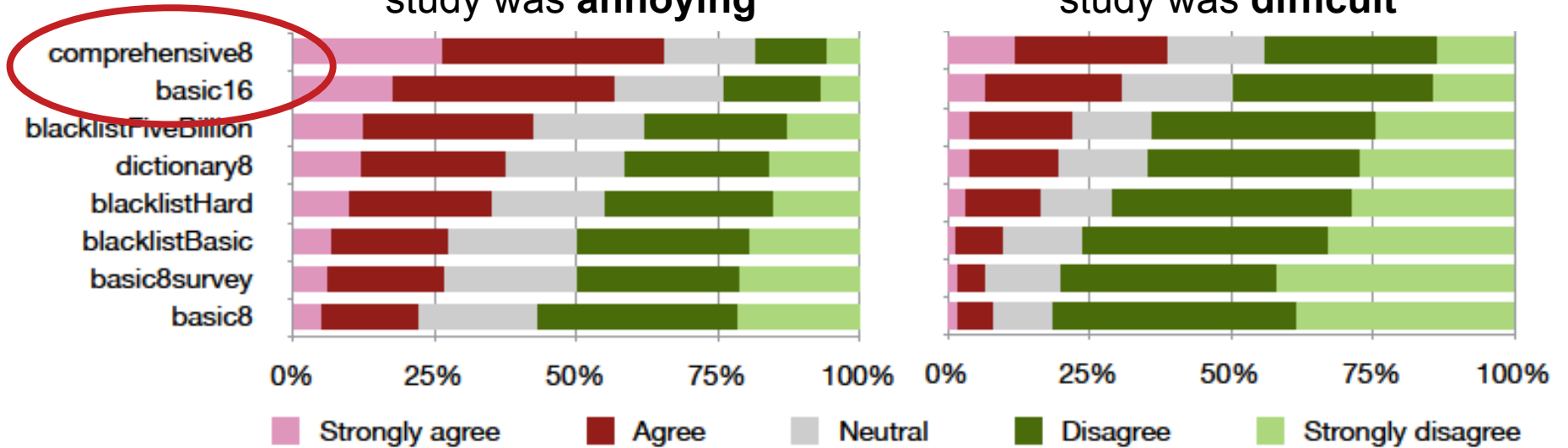
Creating a password for this study was **annoying**



# Comparing password policy usability

Creating a password for this study was **annoying**

Creating a password for this study was **difficult**



# Benefits of this experimental approach

- Learn relative strength and usability of different password policies
  - Change policy with everything else constant
  - Observe all keystrokes while user creates and enters password
- While scenario is hypothetical, passwords are similar to passwords for real accounts

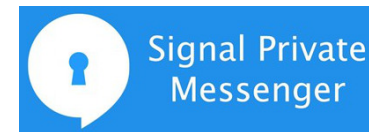
# Users' accuracy when comparing crypto key fingerprints

hypothetical  
security tasks

simulated risk

# Secure messaging

- Private communications tools
- Sender needs to reliably obtain recipient's public key to send an encrypted message
- Important to check to make sure you have correct key





# Public key → fingerprint

```
-----BEGIN PGP PUBLIC KEY BLOCK-----
```

```
Version: SKS 1.1.5
```

```
Comment: Hostname: pgp.mit.edu
```

```
mQINBFLsrT0BEADI72WmFpt4Q8+3zhtXfxg7MtIilamR0XLk0CSy5jEJk38rLb6Sxr7TCHD1  
sD/W/Iy8atV3UA5MUwTZ12iU08MAGW49qmEp9atY7a1FtL2p1mGBV0nd8gx0nuLFstGaFIUv  
WRVlmeRxiU5zneH2S1t+dgjDsUWMN4nFNnP+87FMI98Q820dwDai7hXtGKaxLYpzIo9gfFGy  
W2x47FXvMxQTC4pUyavkKsv4Q9qfx4cS/Bxv5eezNn/076b47L/xwJ0gCUJILt4udig7RYyI  
y8Y0w05cBwVIfd/XzIig7q0vzEgVCLFnhghyJsguLMjRXa/pCuCAiNkeiqHHwdT3GRHSbGh+  
SsUJ6JUcj5nzh50DpExEGDv1w1ncE7DIpwpXm+ct4muVMYqhe6moP6rs0a/aTi+3Jw+Hg80n  
FsK1pizCUsAtTFft94t0FZw+uplu+AGPZ8qD1J490V5GZo+7RkUFYxNq/Zt0GAcB+KaW4MTZ  
CpDBUJRAnWm/k/n00YbdjQsTR/Si7cnkLFhQMRN3yaETLsE0WKUYBBmJPug7bhkDEWkF15MJ  
dF1N5EQ7Hb1t1Fi39zYBhZYMkYEaVviRYAP1VQL0CzVSsS4xUyivRsDRmSX7DLmaW8tY1NwE  
8QvJ6mjNQy+V/DdSQf9cMdVu7NMnk8Cb5H0uEgj19wywm4wwgQARAQABtB5Kb3NodWEgVGFu  
IDxqdGFuMTg5QGdtYWlsLmNvbT6JAj0EEwEKACcFA1LsrT0CGwMFCQHhM4AFCwkIBwMFFQoJ  
CAsFFgIDAQAChgECF4AACgkQiZDZY750wYzPaA//aH6+41N6d1egxPG+NDzcaCPv73gbIxtZ  
u19fi9WtVAnLBqGykOHL1Yw+hCH9jFWYfRq8vmiRaRuVQn/7Wf+JcsQway2M7XICe0Eg2bPv  
uR3eQ50jYyvqEkxSgzoBRp46aSm/9S1wHvwp62C5Hu3Cnj1vb/vFQgWB4tfuyVVjqcnp//Qv  
0Jas5S26TUI6yLpkFq8U1AQo24W12Ns8pFXJoUAfeL0fUoDoQ++0t1V7Zsog7s0IxVXfEyk
```

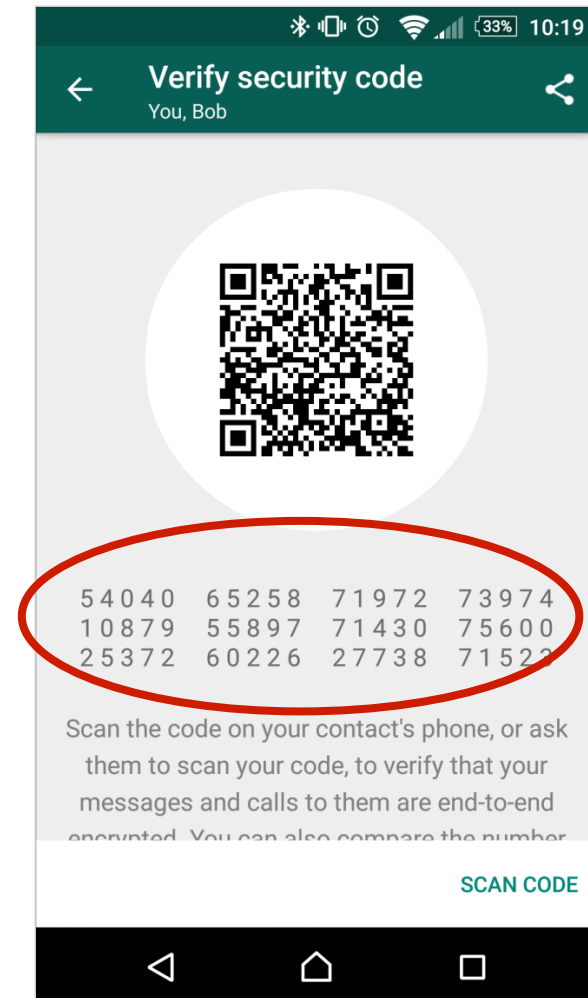
```
...
```

```
C6C2 78B5 6F92 2B8F 5A07  
5B17 69F5 2C6E F103 4425
```

Key  Fingerprint

# Alice wants to verify Bob's fingerprint

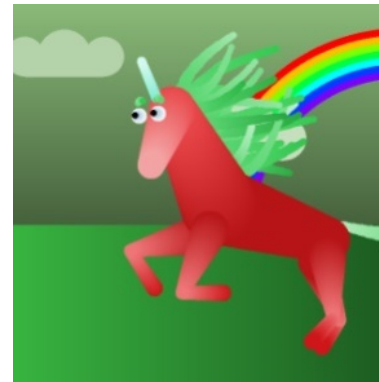
- WhatsApp provides numeric fingerprints
- Alice can compare this with fingerprint on Bob's business card or other source



# What type of fingerprint is best?

8174 5886 6247 7685 4281 4047  
0930 1306 7201 2113 8177 9827

```
+--[ECDSA 256]--+  
o o.  
= o  
+ . .  
o .  
S .  
o E .  
+ o +..  
. o * +o  
o.++*o.  
+-----+
```




tin yellow blood short  
attention tax danger bulb  
wood the normal healthy  
up false nut bright

buri padi luya kilo yise rada  
deyu sipi hofe hage xata rite



# Comparison modes

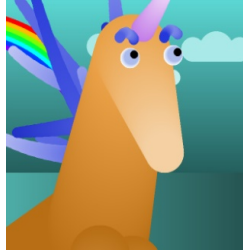
**Bob's business card**

 fingerprint: 



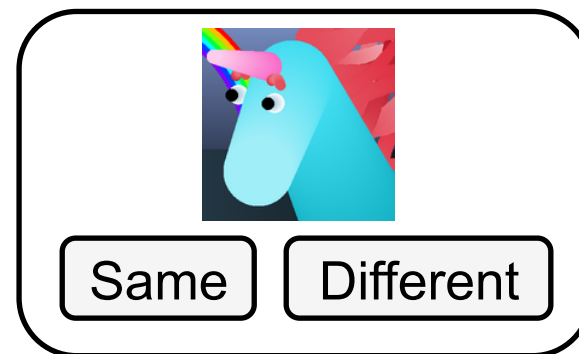
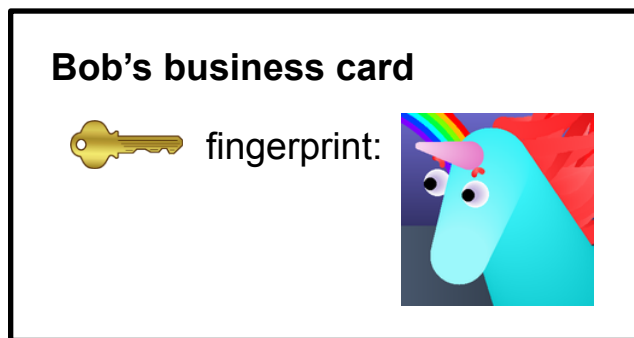
Compare-and-confirm

  Not shown

Compare-and-select

# Do certain representations and comparison modes lead to more accurate comparisons?



## 661-participant Mturk experiment

- Participants role-played accountant tasked with updating employee SSNs in database
- For each of 30 employees, required security check involving fingerprint comparison
- Each participant saw 30 fingerprints of same format, **including 1 attack**
- Tested 5 textual formats, 3 graphical formats

Employee Database

Name	Email	SSN	Position	Office	Address
Barry Cole	b.cole@printideas...	263-00-1985	PR Coordin...	Scranton	5592 New...
Roger Johnson	r.johnson@printid...	476-00-1769	HR Director	Los Angeles	248 Wayla...
Susan Deckers	s.deckers@printid...	881-00-4275	Accountant	Scranton	101 Nestle ...
Shannon Novak	s.novak@printide...		Project Man...	New York City	933 Gates ...

Submit

Security Check (Barry Cole)

Secure Chat Client has received a message from Barry Cole. Please compare the following fingerprint to the one shown on the business card.

6C 0E 52 15 10 4F 92 8B F2 3C  
CE C7 7E D1 B8 34 85 94 74 71

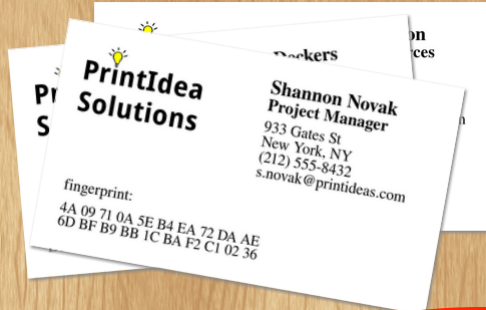
Same

Different

Barry Cole [Secure Chat Client]

Incoming message from Barry Cole. Security check required.

Elapsed Time: 70.1 s  
Current Time to Beat: 540 s  
Employees Remaining: 30



# Results: people aren't good at this!

- Compare-and-select caused more mistakes than compare-and-confirm
- Textual formats all had similar missed attack rates
- Graphical formats more varied in attack rates, faster to compare
- Most attacks missed in unicorn condition
- No fingerprints performed very well





**real non-security  
tasks**

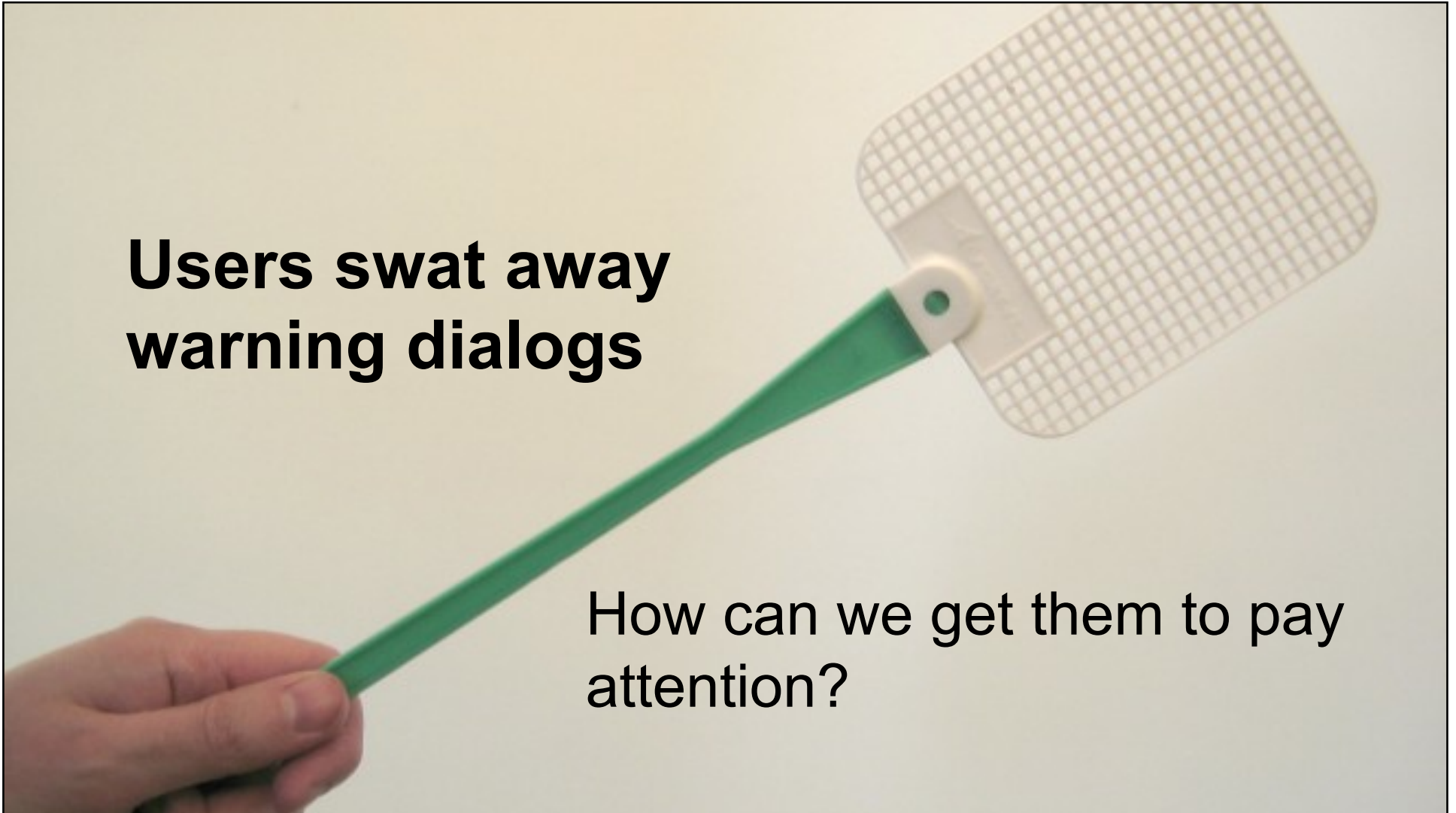
**simulated risk**





**Users swat away  
warning dialogs**

How can we get them to pay  
attention?



# Study design challenges

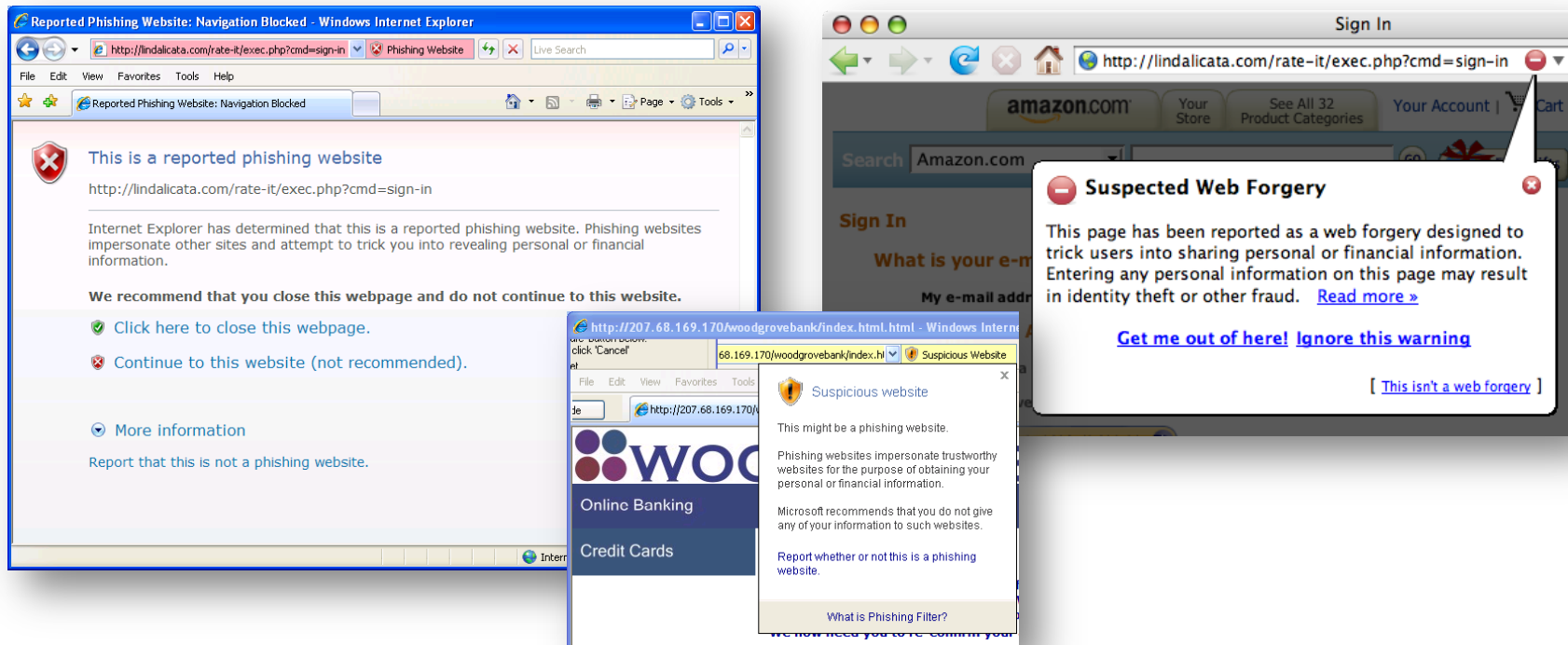
- Observe users interacting with warnings without them knowing we're interested in warnings
- Make users feel like they are experiencing an attack without actually putting them at risk

# Evaluating phishing warnings

real non-security  
tasks

simulated risk

# Browser phishing warning study



S. Egelman, L. Cranor, and J. Hong. You've Been Warned: An Empirical Study of the Effectiveness of Web Browser Phishing Warnings. CHI 2008.

# Required a little deception

- Lab study on online shopping
- Purchase paper clips from Amazon
- Answer questions about shopping (for another study)
- That's when we phished them
- Check email to get your receipt
- That's when they fell for it





**Your Amazon.com order (#102-6801884-2225735): your approval required** [Inbox](#)

☆ "Amazon.com" <order-update@amazonaccounts.net> to me [show details](#) Jun 13 [Reply](#) ▾

Please approve this delay so that we can continue processing your order. (Note that if we haven't received your approval by the end of business tomorrow, the item will be cancelled.)

page in Your Account:

<http://www.amazonaccounts.net/gp/signin/104-3310393-0927909.htm>

If clicking the above link doesn't work, you can copy and paste the link into your browser's address window, or retype it there.

Y  
b  
y  
s  
F  
P  
<http://www.amazonaccounts.net/gp/signin/104-3310393-0927909.htm>

that cannot accept incoming e-mail. Please do not reply to this message.

Thanks for shopping at [Amazon.com](http://www.amazon.com), and we hope to see you again.

Sincerely,

Customer Service Department

<http://www.amazon.com>

=====

Check your order and more: [Order Update](#)

# Success!

- Most participants got phished
- Significant differences between conditions
- Observed interesting user behavior that helped us understand root cause of failures



# Confused by domain names

“The address in the browser was of amazonaccounts.net which is a genuine address”

**Your Amazon.com order (#102-6801884-2225735): your approval required** [Inbox](#)

★ "Amazon.com" <order-update@amazonaccounts.net> to me [show details](#) Jun 13 [Reply](#) ▼

Hello from [Amazon.com](#).

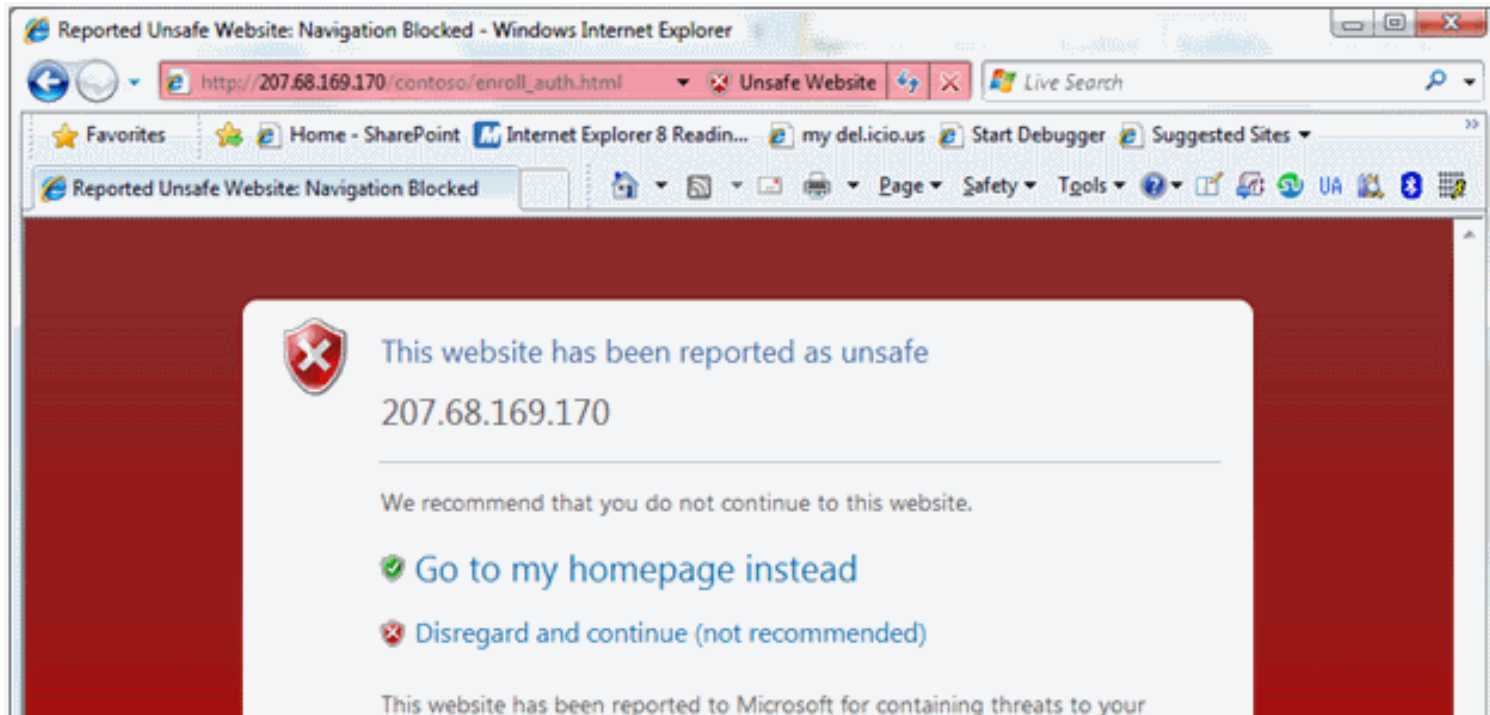
We wanted to let you know that there is a delay with item(s) in the order you placed (Order# 102-6801884-2225735).

## **Confused mental models**

Some users repeatedly closed their browser, returned to the phishing email, and clicked on the link again



# Research led to better phishing warnings



# Attracting attention to key information

real non-security tasks

simulated risk

# Some hazards are ALWAYS dangerous





# Some hazards are context dependent





# Security dialogs context dependent

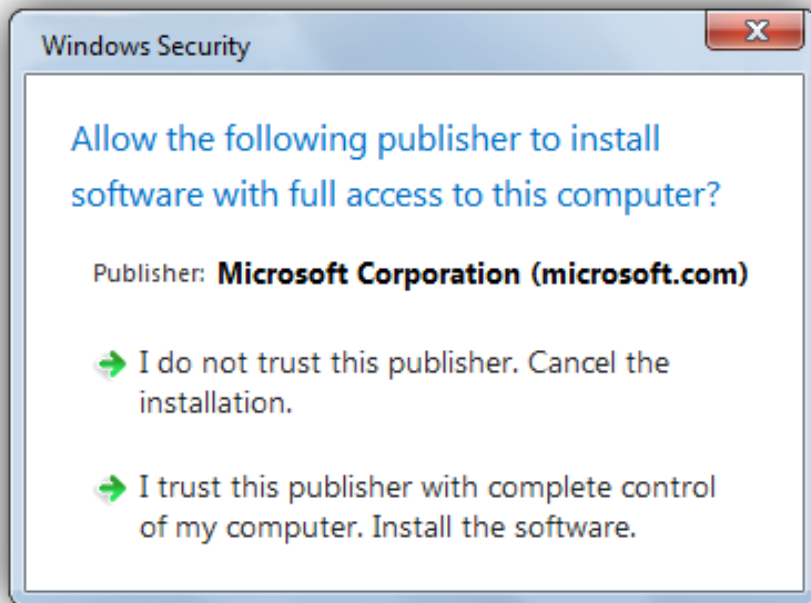
- Security warning dialogs more like warnings on wine than warnings on poison
- Software developers place burden of assessing risk on users



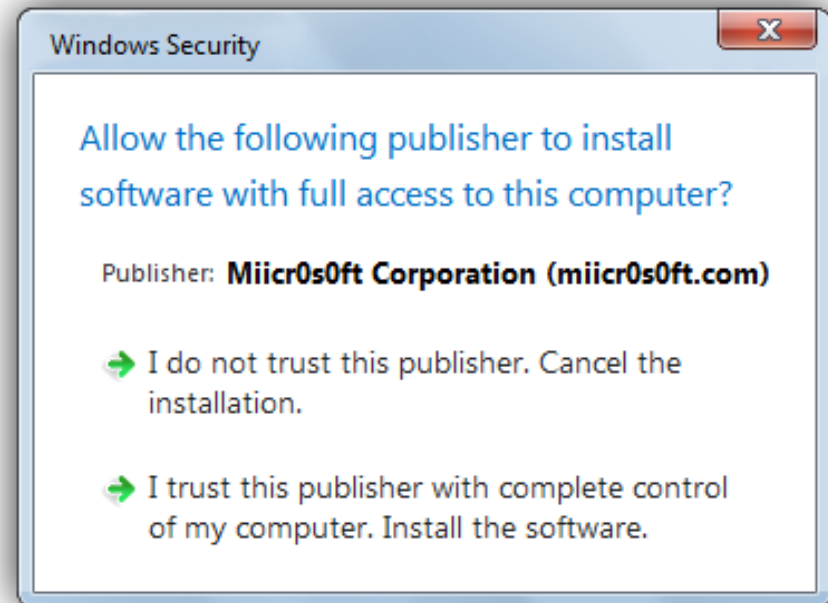
# **A good warning helps users determine whether they are at risk**

- Stops users from doing something dangerous in risky context
- Doesn't interfere with non-risky contexts
- Need to test warnings in both contexts

# Can you spot the suspicious software?



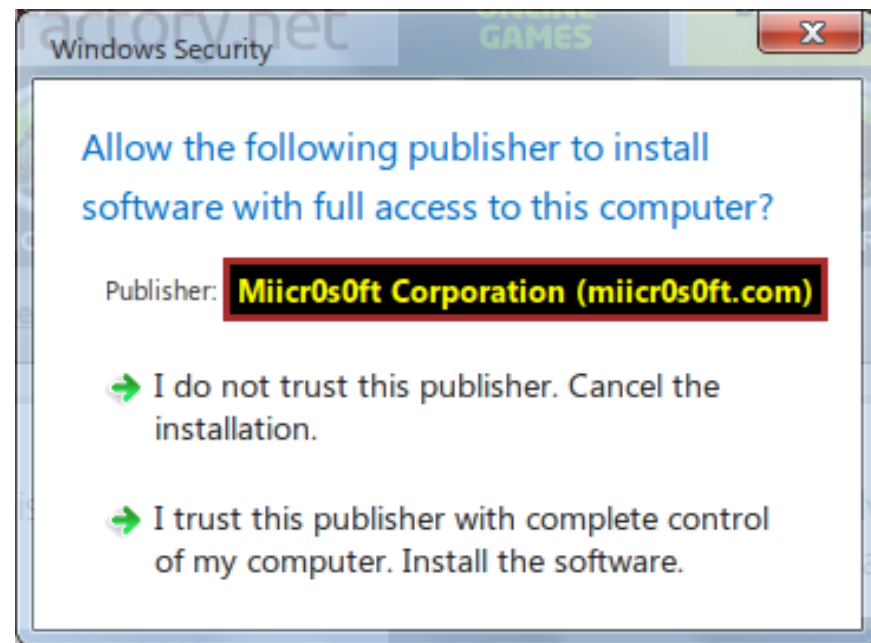
**benign**

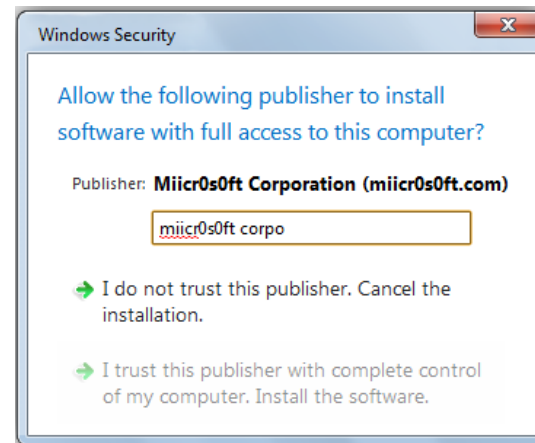
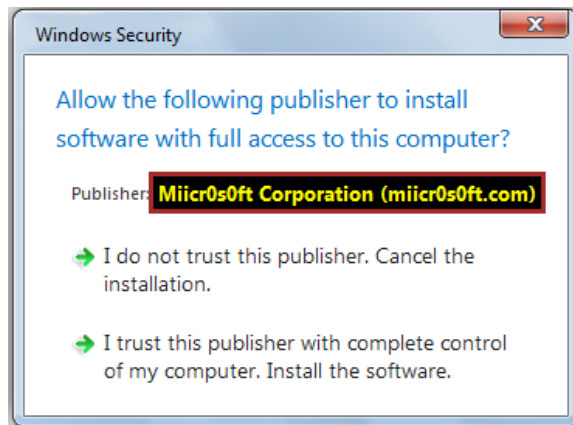
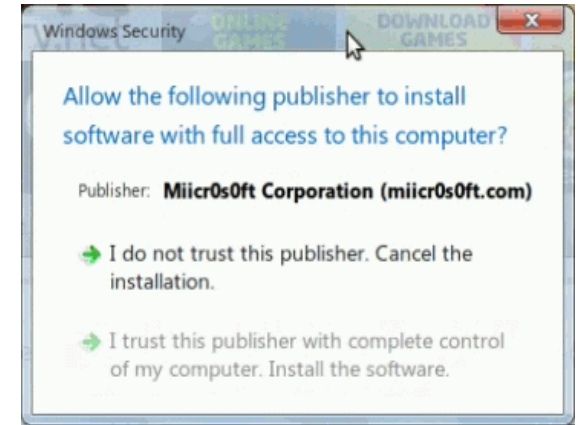


**suspicious**

# Attracting users' attention

How can we focus users' attention on key information they need to make informed decisions?





## **Do any of these work?**

- Do attractors and other techniques prevent suspicious installs without preventing benign installs?
- How much do attractors delay benign installs?

# Methodology requirements

- Massive, inexpensive, quick
- Remote observation/recording of behavior
- Participants should feel safety/risk and behave as they would in real life
- But should not actually be at increased risk through participation in experiment


Amazon Mechanical Turk x Carnegie Mellon University x Mars Buggy Free Game x

www.gametop.com/online-free-games/mars-buggy-online/?i=A2NUXAJFPAX4Z2

need to be rescued.

Play this free online game today and bring your crew back to earth.

♥ Do you like this game? [Tweet](#)



**MARS BUGGY**

NEW GAME  
HOW TO PLAY  
MORE FREE GAMES

Mars Buggy

Windows taskbar: Mars Buggy Free ... | sc09 - Paint | 9:11 PM 10/9/2012



This is a test version of the CMU Online Games Evaluation Study. You are currently using Microsoft Windows 7.

**1. Were you able to play the game? \***

- Yes
- No (you will be assigned another game to evaluate)

Please enter here a one-sentence description of the game you played (between 10 and 50 words): \*

A buggy on mars has to collect astronauts.

Please answer the following questions about the game you played: \*

	Yes	No
Have you ever played this game before?	<input type="radio"/>	<input checked="" type="radio"/>
Do you think this game is fun?	<input checked="" type="radio"/>	<input type="radio"/>

Did the game have any visual glitches, such as stalls in animations or overlapping windows, when running on your computer/browser? \*

- Yes (please explain briefly)
- No

# YOUR game factory.net

★ ADD TO FAVORITES    🏠 SET AS HOMEPAGE    Username: \_\_\_\_\_ Password: \_\_\_\_\_ Login

FORGOT PASSWORD? SIGN UP

ONLINE GAMES    DOWNLOAD GAMES (FREE)    GAME CLUB    MMORPG GAMES    MULTIPLAYER GAMES

SHOOTING    RACING    PUZZLE    ACTION    SPORT    DRESS UP    KIDS    CLASSICS    BOARD    MISC    NEW

Games / Puzzle Games / Colliderix Level Pack

This game requires the latest version of...  
Access...

Windows Security

Allow the following publisher to install software?

Publisher: **Miicr0s0ft Corporation (miicr0s0ft.com)**

Only install this software if you trust this publisher with complete control of your computer. The software was downloaded by Chrome at 1/11/2014 6:52:58 PM.

➔ Cancel the installation

➔ Install the software

**Description:** Beloved Colliderix is back, equipped with levels that will break your mind!  
**Instruction:** Unlock 3 levels to open the next set, use

**Rate it:** [thumbs up] [thumbs down]

**Liked it:** 84.6%  
**Votes:** 175  
**Plays:** 70522  
**Added:** 07/28/2006

### Related Games

Civiballs 2

Civiballs

Splitter Pals

# Results are encouraging

- 2,227 Mturk participants encountered dialogs
- New dialogs reduced installations in suspicious scenario without preventing benign installations
- Some dialogs slowed people down
- Swipe, type, and delay were particularly effective
- Follow-up study: Swipe and type remained effective after many exposures

# **Review and wrap-up**

observation of  
real-world activity

naturally-  
occurring risk

### Studies

2fa

home computer  
users

hypothetical  
security tasks

simulated risk

### Studies

password  
policies

crypto key  
fingerprints

real non-security  
tasks

simulated risk

### Studies

phishing  
warnings

attracting user  
attention

## Black hat sound bytes

- Don't assume you know how humans will behave – **do a study!**
- Observe real world activity if you can
- Otherwise, observe realistic scenarios under simulated risk

## Real humans, **simulated attacks**

Usability testing with attack scenarios

**Lorrie Faith Cranor**

lorrie.cranor.org

@lorrietweet

