

EMERGENCY TELEPHONE NUMBERS

HUMAN SERVICE GUIDE

- Poison Control
340-4494
- Dept. Consumer Affairs
964-7777
- Child Abuse (New York)
800-342-3720
- Runaway Hotline
800-862-4000
- Abortion Information
800-523-5350
- Civil Defense
TURN ON YOUR RADIO
- Riverdale Mental Health
796-5300
- F. B. I.
535-7700
- Board of Elections
294-5700
- Weather
936-1212
- St. Joseph Hosp., Yonkers
914-965-6700

- Montefiore Hospital
920-4321
- Jewish Memorial Hospital
569-4700
- 50th Precinct
220-5611

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HEALTH NEWS....

THE POLLEN IS NATURAL; YOUR HAY FEVER IS NOT!

By Dr. Robert A. Marshall, D.C.

This is the time of year when handkerchiefs are very much in vogue. I have been asked to comment on the so-called hay fever problem.

Hay fever, rose fever, golden rod fever, ragweed fever, etc., are all sometimes covered under the same general expression "hay fever". The difference is merely the pollen which triggers off these attacks.

We are now passing through a period when the "hay fever" problem is most evident. The flowers and grasses are in bloom now and the pollen from these blossoms are in the atmosphere in great numbers particularly now since the air is very dry.

But don't put all the blame for the discomforts of "hay fever" on the pollen. It's natural for the pollen to be in the air. It is not natural (or at least not normal) for these products of nature to cause disease by themselves.

After all, since all of us inhale pollen it would follow that everyone would have hay fever at this time of the year. Of course this isn't the case. Some people are currently sneezing, having itching and burning sensations in the eyes and throat, etc. Some aren't.

The cells of the nose should protect themselves against pollen

without discomfort. When we find the reason why the cells in some people's noses fail to react normally to pollen, we find the answer to "hay fever."

Normal healthy cells depend on many factors. Among them are a normal supply of nutritive material, the normal ability for the cell to take on nutrition, the normal removal of waste material from the cells and the normal temperature of cells.

These requirements clearly show that the normal cell is dependent upon proper circulation. This is, in turn, dependent on the action of vasomotor nerves.

We cannot overlook the influence of nerves. When we think of nerves we have to consider vertebral displacements that interfere with nerve action and cause disease.

Hay fever is a problem that will be an annual affair until the sufferer seeks correction of the basic cause.

What is a greater worry than the annual discomfort of "Hay Fever" is the serious and permanent consequences (such as asthma) that can follow the problem if effective treatment is not sought.

(Dr. Marshall maintains Chiropractic Offices at 3333 Henry Hudson Parkway, Riverdale, N.Y. Telephone 543-4415.)



YANKEE MANAGER Bob Lemon and Bronx kindergartener Tina Marie Galasso celebrate safety — and Tina Marie's fifth birthday — by boosting the Automobile Club of America's annual "School's Open—Drive Carefully" campaign. Picture was taken at Yankee Stadium last week. The thousands of "School's Open" posters and bumper strips being circulated throughout the city are part of the safety drive.

Enrollment Is Up In Public Schools

Enrollment in Riverdale public schools is slightly higher than the closing registers last June, according to a school spokesman. This is in contrast to the decreased enrollment in the rest of the city schools.

However, there are a sufficient number of teachers to cover all the classes. The Board of Education has provided enough new positions to cover smaller first grade classes. All first

grades have reduced their registers to 25, as required by law.

Total agreement was voiced by all principals that early publicity paid off well on the immunization problem. Those few children in various schools who came in without certificates to prove immunization, went home and returned by afternoon with proof that the program of inoculation had been started. As usual, the general atmosphere of opening school was smooth, jovial and friendly.

JHS 143, with a high registration, has scheduled a second bi-lingual class. English will be taught as a second language to a new group of "foreigners" which includes children from China, Greece, Korea and Yugoslavia. Innovative programs have been especially planned for them in social studies and science, according to Ms. Eileen Dennis, principal.

Riverdale Jr. High School 141 has an enrollment of 1500. There are enough teachers to handle the slight increase easily. The non-English speaking children will be incorporated in regular classes, Principal Norman Kaufman stated.

All the elementary school principals commented on the cooperation of the parents on opening day. They agreed that although many new families moved into the district during the summer, there was very little confusion during the first day of school. "School went on as usual."

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While You Were Away

Park, Strike, Politics Made August News

[Continued from Last Week]

Residents ignored August's hot and often rainy weather to continue to organize against the deterioration of Van Cortlandt Park and to continue to protest against proposed changes to the Henry Hudson Parkway.

Friends of Van Cortlandt Park gathered hundreds of signatures on a strongly-worded petition that expressed the outrage of Riverdadians convinced that security and sanitation problems are menacing the future of the park and the community.

A stormy public hearing held here on plans to alter the Henry Hudson Parkway was attended by more than 100 residents and officials of the State Department of Transportation (DOT).

The list of safety improvements included lengthening of entry and exit lanes, improved lighting, widening of lanes, creation of an eight-foot shoulder and concrete median barrier, change from the present three to two lanes in either direction and improved drainage.

The DOT suggestion to close two entry spots, northbound from W. 227 St. and southbound from Fieldston Road, drew most of the disapproval. As a result of the hearing, the State proposals have been shelved until further studies could be made.

Other activities which will have an impact on Riverdale's future also took place during the month. The establishment of a Riverdale Area Volunteer Ambulance Corps (RAVAC) came one step closer to the goal of City and State approval. A detailed proposal for the corps was presented to Community Board 8's Health Committee and to the City's Health Systems Agency, Board E.

A Putnam Rail Users Association was formed following a meeting at Stella D'Oro Biscuit Company in Riverdale. Led by Yonkers Mayor Angelo R. Martinelli, the group includes 20 local and Yonkers business firms threatened by deterioration of the Conrail Division's Putnam Freight Rail Line. It plans to put pressure on Conrail and government officials to upgrade the service.

Rep. Ted Weiss met with federal officials at his community office, on W. 238 Street, in an attempt to solve complaints from residents about the noise nuisance caused by low-flying planes. The Federal Aviation Administration officers agreed to test a plan to reroute the noise-making flights over industrial areas of the southeast Bronx, where few people live.

Councilman Stanley Simon, chairman of the City Council's Transportation Committee, recommended that the BusTop firm be denied a new contract. Simon contended that BusTop had built only half of the 900 bus shelters called for in its expiring three-year contract and added that the firm ignored locations chosen by local planning boards. Four firms are bidding for the new bus shelter contract.

The biggest action in the political arena, outside of the on-going fight for Democratic Co-District Leader here, was the removal of Bob Lewis from the primary ballot. Lewis, an independent candidate running against incumbent Ted Weiss for Congress in the 20th CD, lost his spot when State Supreme Court

Justice Max Bloom found his petitions were permeated with "fraud and irregularities which precluded the Court...from finding the precise number of valid signatures."

The strike of members of Local 1199 of the National Union of Hospital and Health Care Employees against Frances Schervier Home and Hospital at 2975 Independence Ave. made headlines during August. Negotiations between the Home and the union broke off on Aug. 15 and were not renewed until two weeks later.

The stumbling block in the settlement of the strike was the refusal of Schervier to insert a "no subcontracting" clause into the employees' contract. Members of Local 1199 saw this as a threat to their job security.

Residents were flooding the Press' switchboard and mail with complaints about the sleep-wrecking noises of the picket line and about incidents of tire slashing and littering. Police who had detailed a group of 15 to 17 officers daily to keep order at the strike site came in for a shock on Aug. 19 when a mass demonstration of 300 members of the striking local turned into a riot.

A court agreement between the Home's lawyers and Local 1199's officials for a peaceful picketing led to peace in the area. Negotiations reopened between the Home and the union on Aug. 30.

At an August meeting before Community Board 8, Robert Wagner, Jr., City Planning Commissioner, insisted that Friends of the Greenbelt provide several highly technical planning surveys before he would consider its proposal to down-zone part of the Delafield Estate. The request to change the R4 section to R1-2 (detached, single-family dwellings or cluster housing) was submitted last spring and unanimously endorsed by Board 8.

Firemen at the Riverdale and Bailey Avenue stations responded to more than 2500 calls in the first six months of this year.

The number of emergency calls to which firemen had to respond went down 10 per cent — 472 in 1978 compared to 522 in the same interval in 1977. False alarms showed a slight rise for an increase of 3 per cent — 1061 false alarms in 1978 against 1037 for the same period in 1977.

Burglars continue to get hurt in Riverdale. A retired police officer who lives at 2800 Henry Hudson Parkway shot and seriously wounded a suspect when the man pulled a gun on him and on the super of the building.

The burglar and his female companion were rounded up on the third floor of the apartment house by the super, an off-duty Transit cop, following a call from an alert resident. The pair were caught with stolen goods in their possession and were charged with burglary, possession of burglar's tools, criminal possession of stolen property and criminal possession of a deadly weapon.

Religious leaders of all faiths joined residents here in mourning the death of Pope Paul VI. One of the last church officials to have an audience with the Pope was Bishop Patrick Ahern, vicar of the Bronx and pastor of Our Lady of Angels Church on Sedgwick Avenue.

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WHILE FIREFIGHTERS battled blaze at Spuyten Duyvil bridge last Thursday, these local youngsters gave moral support. Photo by David Handschuh.

Flames

(Continued from Page 1)

The smoky blaze attracted a large crowd, including many vacationing youngsters. Utility trucks and railroad emergency vehicles found themselves helpless because the bridge turntable is an island. Fire companies stood by, unable to reach the trestle.

Residents on Edsall Ave. reported that hydrants at the bottom of the hill were inoperative. The Fire Department has already reported this problem to the Water Department, the residents were told. After repairs are completed, firemen will test hydrants in the area to make sure they are operating properly.

The Spuyten Duyvil Station has become increasingly popular since the Marble Hill Station was moved and parking there was eliminated. The area has been the scene of auto thefts, vandalism and dumping of abandoned cars in the past.

New Wall Street Express Buses Find Smooth Run on First Day

Two new express bus routes from Riverdale to Wall Street had their initial runs Monday morning. Liberty Lines carried 75 passengers on its two trips originating at Riverdale Ave. and 263 St. An east Riverdale route, X61, operated by the City's Transit Authority, offers seven departure times. Governor Hugh Carey and Mayor Ed Koch were on board for the first run of X61 at 7:55.

The TA's newest express line, X61, originates at Broadway and 261 St. The entire ride, which terminates at Peck Slip, takes 70 minutes. There are 14 stops in the Bronx: Broadway and 261 St., 260 St., Moshulu Ave., 254 St., Lakeview Pl., 251 St. and 244 St.; Van Cortland

Ave. and Bailey Ave., Orloff Ave. and Sedgwick Ave.; Sedgwick Ave. and Giles Pl., Ft. Independence St., 197 St., W. Kingsbridge Rd. and Bailey Ave. and W. Fordham Rd.

The bus then runs non-stop to Pearl St. and Robert Wagner Sr. Pl. There are 13 other stops in lower Manhattan. Departure times from 261 St. are 6:30, 6:55, 7:15, 7:35, 7:55, 8:15 and 8:35 a.m. Bronx bound buses leave Park Row and City Hall at 3:05, 3:35, 4:05, 4:30, 4:50, 5:10 and 5:40 p.m.

A new type of bus is being used on X61 runs. It's a Model 870 built by Grumman Flexible Corp. The bus features larger window panels, cantilevered forward-facing seats, wider aisles

and low-profile tires which put the floor of the bus closer to street level. Another element of the new design is a high-visibility electronic destination sign.

The Model 870 is painted in the recently-adopted Transit Authority color scheme - a white top with a dark blue stripe. It will be used on the X61 route for three weeks as part of a city-wide test of its suitability on extended bus runs.

The Liberty Lines buses originate on the west side of Riverdale. Southbound stops are Riverdale Ave. and 263 St., 259 St., 256 St. and 254 St.; Henry Hudson Parkway and 252 St., 246 St., 239 St., 236 St., 232 St. and 227 St.; Kappock St. and Independence Ave., Knolls Crescent

and Johnson Ave.; Riverdale Ave. and 230 St.; and Broadway and 230 St.

The buses were originally scheduled to take the FDR Drive to lower Manhattan, but, according to Benton Resnick, director of Marketing for Liberty Lines, the bus company has been temporarily prevented from using the highway. Studies will be made to determine if certain portions of it can handle the additional traffic of several new express bus runs. Until the study is completed Liberty Lines is routing its Wall Street bus down Second Ave. from 125 St. Resnick reports that this has not caused any change in arrival or departure times.

Liberty Lines buses leave 263 Street at 7 and 7:30 a.m. They return from Greenwich St. and Battery Park at 4:45 and 5:55 p.m.

The fare for both X61 and the Liberty Lines runs is \$2 in exact change.

Landlord Rebutts Charges That He Continues Neglect

A recent Press interview with Robert Postel, tenant lawyer-turned-landlord, has drawn fire from about 10 of his tenants, who claim they are no better off than they were with the former building owner.

Mr. Postel, the new landlord of 3840 Greystone Ave., says in answer to tenant criticism that he has spent more on the building in the four months he has owned it than the previous owner spent in two-and-one-half years.

"I don't know who those 10 people are," Postel responded last week. "I'd like to know so that if they have a problem I can take care of it. It's difficult to repair the apartment of an anonymous tenant."

The new landlord, a tenant lawyer, cited several improvements he has already made, including the hiring of a superintendent the tenants selected. He says he has repaired the intercom system and has made extensive plumbing repairs in the basement. Although he has not yet spent \$50,000, as The Press reported last month, Postel has approved contracts for other work, totalling \$50,000, he says.

He adds that for the first time he has arranged for an exterminator to go to the building once a month, but no one has signed up, even though tenants complain of roaches. "I put notices up in hallways and elevators, and tenants tear them down."

"Tenants themselves put garbage on the floor and neighbors complain. As soon as the super cleans up the compactor room, people throw garbage on the floor. It's impossible to keep the indicator knobs on the elevators. They're always stolen."

Some tenants fear that Postel may be preparing to turn the building into a co-op. That, they say, would explain why several apartments remain vacant. Postel says, "Whether I keep an apartment empty or not is not related to any legitimate problem of the building. I want to rent only to fine people."

The landlord has noted previously that co-opting is

one of the options he's considering, but he has reached no decision. Postel, who is a former Manhattan councilman-at-large, is known as a tenants' lawyer and is author of a booklet

called "Tenants' Guide to Co-opting." This is his first experience at being a landlord.

Postel hotly denied that there was any truth to the rumor that he was planning

to turn the building into a welfare hotel. He said, "Absolutely and unequivocally not. If there's any possibility that has not entered my mind as a sane person, it's that!"

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