

## #34 Alcohol Content in Common Preparations

Patients should be warned against taking any preparations which contain alcohol. Small amounts of alcohol may trigger an alcoholic relapse. In addition, patients should be warned against taking any potentially addictive chemical due to the high risk of addiction followed by cross addiction and return to alcoholic drinking.

The following tables can be given to chemically dependent patients to help them avoid alcohol-containing medications:

**TABLE 26. ALCOHOL CONTENT OF COMMON MEDICATIONS**

ITEM	USE	MANUFACTURER	ALC %
Ambenyl	cough suppressant	Forest	5
Ambenyl-D	expectorant, nasal decongestant, cough suppressant	Forest	9.5
Anesol	oral antiseptic, anesthetic	Whitehall	70
AsbronG Elixir	Anti-asthmatic	Sandoz	15
Bayer children's Cough Syrup	cough suppressant, nasal decongestant	Glenbrook	5
Benadryl Decongestant Elixir	antihistamine	Parke-Davis	5
Benadryl Elixir	antihistamine	Parke-Davis	14
Benylin Cough Syrup	cough suppressant	Parke-Davis	5
Benylin DM	cough suppressant	Parke-Davis	5
Bronkolixir	bronchodilator, decongestant	Winthrop	19
Cepacol/Cepacol Mint	mouthwash, gargle	Lakeside	14.5
Ce-Vi-Sol	vitamin C drops (infant)	Mead-Johnson	5
Cheracol D	cough suppressant, decongestant	Upjohn	4.75
Cheracol Plus	cough suppressant, decongestant	Upjohn	8
Chlor-Trimeton Allergy Syrup	antihistamine	Schering	7
Choedyl Elixir	bronchodilator	Parke-Davis	20
Colace Syrup	laxative	Mead-Johnson	1
Colgate Mouthwash	mouthwash/gargle	Colgate-Palmolive	15.3
CONTAC Nighttime	antihistamine, analgesic, cough suppressant, decongestant	SmithKline	25
Dilaudid Cough Syrup	cough suppressant, analgesic	Knoll	5
Dimetane Elixir	antihistamine	A. H. Robins	3
Dimetane Decongestant Elixir	antihistamine, decongestant	A. H. Robins	2.3
Dimetapp Elixir	decongestant, antihistamine	A. H. Robins	2.3
Diural Oral Suspension	diuretic, antihypertensive	Merck Sharp & Dohme	0.5
Donnatal Elixir	antispasmodic	A. H. Robins	23
Elixophyllin-KI Elixir	Anti-asthmatic	Forest	10
Feosol Elixir	iron supplement	SmithKline	5
Fergon Elixir	iron supplement	Winthrop	7
Geriplex-FS	vitamins (geriatric)	Parke-Davis	18
Geritol Liquid	vitamins	Beecham	12
Geritonic Liquid	vitamins	Geriatric	20
Gevraban	vitamins	Lederle	18
Hycotuss	expectorant	DuPont	10
I.L.XB <sub>12</sub> Elixir	iron supplement	Kenwood	8
Iberet Liquid	vitamins	Abbott	1
Imodium A-D	anti-diarrheal	McNeil	5.25

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Incremin	vitamins	Lederle	0.75
Indocin Oral Suspension	analgesic	Merck Sharp & Dohme	1
Kaochlor S-F	potassium supplement	Adria	5
Kaon-CL 20%	potassium/chloride supplement	Adria	5
Kaon Elixir	potassium supplement	Adria	5
Kay Ciel Oral Solution	potassium supplement	Forest	4
Klorvess 10% Liquid	potassium/chloride supplement	Sandoz	0.75
Lanoxin Elixir Pediatric	cardiac medication	Burroughfs Wellcome	10
Lasix Oral Solution	diuretic	Hoechst-Roussel	11.5
Listerine Antiseptic	mouthwash/gargle	Warner-Lambert	26.9
Lomotil Liquid	anti-diarrheal	G. D. Searle & Co.	15
Lufyllin Elixir	bronchodilator	Wallace	20
Marax-DF Syrup	bronchodilator	Roerig	5
May-Vita Elixir	vitamins	Mayrand, Inc.	13
Mediatric Liquid	estrogen replacement	Wyeth-Ayerst	15
Mellaril Oral Solution	antipsychotic	Sandoz	3-4.2
Mestinon Syrup	treatment of myasthenia ravis	Roche	5
Naldecon DX Pediatric Drops	decongestant	Bristol	0.6
Nicotinex	niacin supplement	Fleming & Co.	14
Niferex Elixir	iron supplement	Center Labs	10
Novahistine Elixir	antihistamine, decongestant	Lakeside	5
Novahistine Expectorant	cough suppressant, decongestant, expectorant	Lakeside	7.5
Nucofed Expectorant	cough suppressant, decongestant, expectorant	Beecham	12.5
Nucofed Pediatric Expectorant	cough suppressant, expectorant, decongestant	Beecham	6
Nu-Iron Elixir	iron supplements	Mayrand, Inc.	10
Nystex Oral Suspension	antifungal antibiotic	Savage	1
Organidin Elixir	expectorant	Wallace	21.75
PBZ Elixir	antihistamine	Geigy	12
Pamelor Oral Solution	antidepressant	Sandoz	3-5
Peri Colace Syrup	laxative	Mead-Johnson	10
Permitil Oral Concentrate	antipsychotic	Schering	1
Phenergan Syrup Plain	antihistamine	Wyeth-Ayerst	7
Phenergan Syrup Fortis	antihistamine	Wyeth-Ayerst	1.5
Phenobarbital Elixir	sedative	Rosane	13.5
Polaramine Syrup	antihistamine	Schering	6
Poly-Histine Elixir	cough suppressant	Bock	4
Prolixin Elixir	antipsychotic	Princeton	14
Quelidrine Syrup	cough suppressant	Abbott	2
Robitussin	expectorant	A. H. Robins	3.5
Robitussin A-C	cough suppressant, expectorant	A. H. Robins	3.5
Robitussin CF	cough suppressant, decongestant, expectorant	A.H. Robins	3.5
Robitussin DAC	expectorant, decongestant, cough suppressant	A. H. Robins	1.9
Robitussin Night Relief	analgesic, cough suppressant, decongestant	A. H. Robbins	25
Robitussin PE	decongestant, expectorant	A. H. Robbins	1.4
Sandimmune	immunosuppressant	Sandoz	12.5

**TABLE 26. ALCOHOL CONTENT OF COMMON MEDICATIONS**

<b>ITEM</b>	<b>USE</b>	<b>MANUFACTURER</b>	<b>ALC %</b>
Scot-Tussin Sugar-Free Expectorant	expectorant	Scott-Tussin	3.5
Sominex Liquid	sleep aid	Beecham	10
Sudafed Cough Syrup	decongestant	Burroughs Wellcome	2.4
Tacaryl Syrup	antihistamine	Westwood	7.37
Tagamet Liquid	ulcer medication	Smith Kline & French	2.8
Tavist Syrup	antihistamine	Sandoz	5.5
Theo-Organidin Elixir	bronchodilator, expectorant	Wallace	15
Triaminic Expectorant	expectorant, decongestant	Sandoz	5.5
Tussar-2	cough suppressant	Rorer	5
Tussar SF	cough suppressant	Rorer	12
Tussend	cough suppressant	Lakeside	5
Tussend Expectorant	cough suppressant, decongestant, expectorant	Lakeside	12.5
Tylenol Adult Liquid Pain Reliever	analgesic	McNeil	7
Tylenol Cold Medication Liquid	analgesic, decongestant, cough suppressant, antihistamine	McNeil	7
Tylenol with Codeine Elixir	analgesic	McNeil	7
Vicks Daycare Liquid	decongestant, analgesic, expectorant, cough suppressant	Richardson-Vicks	10
Vicks Formula 44	cough suppressant, antihistamine	Richardson-Vicks	10
Vicks Formula 44D	cough suppressant, decongestant	Richardson-Vicks	10
Vicks Formula 44M	cough suppressant, decongestant, analgesic	Richardson-Vicks	20
Vicks Nyquil	decongestant, cough suppressant, antihistamine, analgesic	Richardson-Vicks	25

<b>TABLE 27. ALCOHOL-FREE MEDICATIONS</b>		
<b>ITEM</b>	<b>USE</b>	<b>MANUFACTURER</b>
Actifed Syrup	decongestant	Burroughs Wellcome
Bentyl Syrup	antispasmodic	Lakeside
Chloraseptic Liquid	anesthetic, antiseptic mouthwash/gargle	Richardson-Vicks
Colace Liquid	laxative	Mead Johnson
Gly-Oxide	oral anesthetic, anti-inflammatory	Marion
Haldol Concentrate	antipsychotic	McNeil
Kaopectate	anti-diarrheal	Upjohn
Kwelcof Liquid	cough suppressant	B. F. Ascher & Co.
Liquiprin Drops Elixir	analgesic	Norcliff Thayer
Maalox Suspension	antacid	Rorer
Mylanta Liquid	antacid, antigas	Stuart
Mysoline Suspension	anticonvulsant	Wyeth-Ayerst
Naldecon CX Adult Liquid	cough suppressant, expectorant	Bristol
Naldecon DX Adult Liquid	decongestant, expectorant, cough suppressant	Bristol
Naldecon Senior EX	expectorant	Bristol
Nucofed Syrup	cough suppressant, decongestant	Beecham
Pepto-Bismol	antacid, antigas, anti-diarrheal	Procter & Gamble
Periactin Syrup	antihistamine	Merck Sharp & Dohme
Proventil Syrup	antiasthmatic	Schering
Scott-Tussin DM Cough and Coled Medicine	cough suppressant, decongestant	Scot-Tussin
Sinequan Oral Concentrate	antidepressant	Roerig
Slo-Phyllin Syrup	antiasthmatic	Roer
Stelazine	anxiolytic, antipsychotic	SmithKline & French
Sudafed Plus Liquid	decongestant, antihistamine	Burroughs Wellcome
Sumycin Syrup	antibiotic	Squibb
Theolair Liquid	antiasthmatic	3M Riker
Theolair-Plus Liquid	antiasthmatic	3M Riker
Thorazine Syrup	antipsychotic	Smith Kline & French
Triaminic Cold Syrup	decongestant, antihistamine	Sandoz
Triaminic-DM Cough Formula	cough suppressant, decongestant	Sandoz
Triaminic Nite Light	cough suppressant, decongestant	Sandoz
Triaminicol Multi-Symptom Cold Syrup	cough suppressant, decongestant	Sandoz
Tussirex Sugar-Free; Alcohol-Free & Dye-Free	cough suppressant	Scot-Tussin
Vicks Children's Cough Syrup	cough suppressant, expectorant	Richardson-Vicks
Vicks Children's Nyquil	cough suppressant, decongestant, antihistamine	Richardson-Vicks
Vistaril Oral Suspension	anxiolytic	Pfizer