

孔 教 學 院 大 成 何 郭 佩 珍 中 學

Confucian Tai Shing Ho Kwok Pui Chun College





一代「亞洲車神」黃金寶(左4)及香港賽艇代表湯少文(左3)到訪本校 Hong Kong cycling legend Mr. Wong Kam Po(left 4) and former HK rowing team representative Ms. Tong Siu Man (left 3) visiting our school



中國語文科資訊科技教學協會第一屆執行委員會大合照 Group photo of the Executive Committees from Association of Teaching and Learning of Information Technology for Chinese Language Subject



全級中六同學參加首屆成年禮,陣容頂盛 Form 6 students attending the 1st Adult Ceremony



哈薩克斯坦遊學團 Exchange tour in The Republic of Kazakhstan



教育局嘉賓與本校師生 一起完成漫步大埔 Take a walk in Tai Po with guests of The Education Bureau



本校學生(左)獲港燈贊助5萬元 推動綠色能源 Our Students are sponsored by HK Electric to promote green energy

學胶臘質

School Profile

2019-2020

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教育目標 Objectives

- 讓學生認識儒家思想,冀能宣揚孔道,發揚中國傳統文化。
- 啟導學生養成探求知識,培養解決疑難、判別是非以及適應 生活多方面的技巧,使能建立積極的人生觀及正確價值觀, 貢獻社會。
- 培養學生責任感、社會意識及欣賞藝術能力。
- 讓學生建立健康生活及健康體魄。
- To promote Confucianism and traditional Chinese culture through providing students with greater exposure to Confucian teachings;
- To help students to establish a proper outlook on life, positive values and a dedication to contributing to society through guiding their development of skills in exploring and acquiring knowledge, solving problems, making moral judgment and adapting to life;
- To nurture students' sense of responsibility, social consciousness and aesthetic appreciation capability; and
- To develop a healthy lifestyle for students so that they can have a healthy body.

班級組織2019-2020 Class Structure

級別(Form)	班數(No. of classes)
中一 (F.1)	4
中二 (F.2)	4
中三 (F.3)	4
中四 (F.4)	4
中五 (F.5)	4
中六 (F.6)	4
總數(Total)	24

2018-2021年度學校發展計劃 School Development Plan 2018-2021

- 1. 培養懷恩和同理心 Develop a sense of gratitude and empathy
- 2. 從閱讀到創作 Enhance creativity through reading
- 3. 運用多元策略提升教學效能
 Maximize teaching effectiveness through diversified strategies.

2019-2020年度課程 School Curriculum

- 註:● 必修科目 (compulsory subjects) ▲ 選修科目 (optional subjects)
 - ◆ 某些組別用英語授課的科目 (some groups of the subject taught in English)



級別 Form	中一	中二	中三	中四至中六
科目 Subjects	(F.1)	(F.2)	(F.3)	(F.4F.6)
英文 English	•	•	•	•
中文 Chinese	•	•	•	•
經訓 Chinese Classics	•	•	•	•
普通話 Putonghua	•	•	•	
中國文學 Chinese Literature				A
數學 Mathematics	• •	• •	• •	• •
數學延伸部份 - 單元二				A
Mathematics Extended Part - Module 2				
科學(初中)Science (Junior)	• •	• •		
物理 Physics			• •	A •
生物 Biology			••	A •
化學 Chemistry			• •	A
綜合人文 Integrated Humanities	• •	• •		
通識教育 Liberal Studies				•
中國歷史 Chinese History	•	•	•	A
歷史 History			•	A
地理 Geography			• •	A
經濟 Economics				A •
會計 (BAFS)				A
電腦 Computer	• •	• •	• •	A
科技與生活 Technology and Living	• •	• •	• •	
音樂 Music	• •	• •	• •	
視覺藝術 Visual Arts	• •	• •	• •	A
體育 P.E.	• •	• •	• •	•

教師資歷 (2019-2020) Qualifications

本校連同校長,共有教師62名,有關教師資歷,具體情況如下表: There are sixty-two teaching staff including the Principal in our school.

碩士/博士 Master or Doctor holder	45%
學士 Degree holder	98%
教育文憑 Training Certificate	98%
達到普通話語文能力要求 Meeting the language proficiency for Putonghua teaching	100%
達到英語語文能力要求 Meeting the language proficiency for English teaching	100%



2018教與學博覽會梁秋雲校長為主禮嘉賓之一 Principal Leung is one of the officiating guests of Learning & Teaching Expo 2018

教學經驗 (2019-2020) Working Experiences

0-4年 0 to 4 years	12%
5-9年 5 to 9 years	5%
10年以上 10 years or above	83%



本校獲教育局邀請 為借調學校以支援全港中學歷史科發展

By joining the Staff Interflow Schemes, our school contributes to the development of History subject



同學利用資訊科技上課 Plickers challenge in the classroom

專業團隊 Professional team

本校中文組在香港教育城支持下,聯同全港十多間中小學成立了「中國語文科資訊科技教學協會」,積極發展資訊 科技教學,又參與教育局主辦的「卓師工作室」,與友校教師一起推動語文發展。英文科則參加由「課程領導校本支援 計劃」,進一步提升學生英文水平。

另外,近年來,本校通識科、歷史科、經訓科均有老師參加教育局的「教師借調計劃」,向全港學校分享教學心得。中文科、英文科、視藝科及科學學習領域老師於21世紀教室中擔任主講嘉賓。多位老師到訪中國乃至世界各地院校,作專業交流。

With the support of HKedCity, the Chinese Department of our school has established Teaching Chinese with Information Technology Association in partnership with more than ten primary and secondary schools in the territory with the aim to explore more insights in using technology to teach Chinese Language. Also, The Chinese Department has joined Masetro Workshop organized by EDB to advocate the development of Chinese teaching. For English Language, our school has enrolled in the Curriculum Leadership Development Programme to enhance students' English proficiency.

Moreover, some teachers of Liberal Studies, History and Chinese Classics have joined the Seconded Teacher Programme in the recent years, sharing the teaching ideas and perspectives with counterparts from other schools. Teachers of Chinese Language, English Language, Visual Arts and Science acted as keynote speakers in 21st Century Classroom. Our teachers visited schools in China and abroad for professional exchange.

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2018-2019年度香港中學文憑試成績 HKDSE Results 2018-2019

四個必修科目成績 The results of four core subjects	中國語文、數學科及通識科及格率超越90% Over 90% of our candidates attained level 2 or above in Chinese Language, Mathematics and Liberal Studies		
	英國語文及格率超越85% Over 85% of our students attained level 2 or above in English Language		
入讀本地大學學士學位課程 Enrollment in local degree courses	入讀本地大學學士學位課程為38.4% 38.4% of our candidates enrolled in local degree courses		
入讀大專院校課程 Enrollment in tertiary courses	入讀各大專院校課程為43.5%。 43.5% of our candidates enrolled in different tertiary courses		

完善的生涯規劃 Perfect Life Planning

- 譲學生充份裝備自己 Help students be well-equipped
- 清晰自己的發展方向,訂立短期和長期學習目標 Help students clarify their direction of development by setting short-term and long-term targets



本校學生在VTC應用學習課程競技大賽2019中榮獲最具創意獎 Our students awarded the 'Most creative Prize' in Western Cuisine & Hotel Operations Skills Competition 2019

中一及中二級 Form 1 and Form 2	透過參觀不同的企業了解各種發展方向 Students understand various areas of development through visiting different enterprises.
中三級 Form 3	透過校本生涯規劃課程,讓學生了解自己的強弱,從而選取最有利自己發展的選修科目。 Students understand their strengths and weaknesses through our life planning courses so that they are able to select the best electives that will help them in their future development.
中四及中五級 Form 4 and Form 5	學生從多元化的工作坊和商校合作計劃培養企業家精神 Students develop entrepreneurship by participating in diversified workshops and the School- Company Partnership Scheme.
中六級 Form 6	全級中六學生均獲個別輔導以助學生找出最適合的升學方向We offer individual guidance to all Form 6 students to help them get the most suitable path to continue their education.



本校徐心怡同學同時榮獲2018-2019商校家 長點創計劃中的徵文比賽亞軍

Our student, Tsui Sum-yee won the 1st runnerup in the writing competition of YDC SCP Program-JC InnoMind 2018-2019



本校學生在2018-2019商校家長點創計劃中榮獲 '卓越表現獎'及 '最佳商校伙伴獎' Our students won'The Best Performance Award'and'The Most Outstanding Team Award'in YDC SCP Program-JC InnoMind 2018-2019



同學們在花旗銀行贊助的築動職涯計劃 中嘗試創業

Our students started up their own business in Amoy Plaza in the program'Build your Career'which is sponsored by Citi Foundation.

應屆畢業生咸言

有幸在文憑試獲得不 錯成績,除了依靠個人的 決心之外,最大功勞者莫 過於學校的協助。學校老 師犧牲休息時間,在課餘時 與同學討論學術問題,釐清 概念上的不清晰;又會不時與 同學進行考試操練,的確為考生打好 根基,在此必需予以最真誠的感謝。希望來屆文 憑試的考生相信自己的能力,努力學習,必能跨 過大學的門檻。加油!

香港大學文學院 一年級 李永樑

離開何中的日子不經不覺間已過了五個多月。回想起上年的這個時候,才剛和同學們參加完班會活動,和老師一起在大尾督燒烤,再回想起九個多月前,老師和我們緊鑼密鼓地準備DSE的來臨,在課餘假日的時間,捨棄陪伴家人休息的時間和我們補課,更在閒餘時間排解我們緊張的情緒,也許這就是亦師亦友吧。很感謝各位任教老師的付出,成就了今天的我。

香港中文大學中國研究系 一年級 馮靖然

「傳道、授業、解惑也」是老師的職責。於我而言,為人師表亦要有教育的熱誠,在學生面對困難、挫敗時,勉勵他們,而母校正正令我遇上這些良師。在高中三年,老師犧牲了自己的私人時間,不僅在課後陪着我們操練試題,亦會不斷為我們鼓舞。這為我們提供了學習平台,亦營造了濃厚學習的氣氛。藉此機會,我很想感謝何浩安老師,在我最困難時教會我逆流而上,給予我重新出發的勇氣和力量。

香港大學文學院 一年級 梁澤峯

自問自己從不是個有耐性的人,六年的中學生涯有賴老師們的春風化雨,令我學會只有在求學的道路上砥礪前行,才可以握緊知識這永恆的力量、抓緊自己的夢想。同樣,跌跌撞撞地走過這數年,感謝老師們的諄諄教誨,讓我得以在從錯誤中學習、從失敗中成長,走出自己人生的康莊大道。最後,母校一直以弘揚孔道為教學之本,使我學懂做任何事也應以仁義為標準、不背棄正道,才可以做到「而今而後,庶幾無愧」。

香港中文大學中國語言及文學系 一年級 王淑樺

在何中六年,讀書其間都曾有過迷惘,對自己失去信心,但老師都會苦口婆心,耐心地開解我。我在何中收獲的不僅是學業知識,同時令自己的心境變得成熟。學習路途中難免有許多難關,但只要自己堅定目標,即使未能一舉成名,亦離成功不遠。不忘初心,方得始終。

香港理工大學護理學系 一年級 黃慧嵐

老套地說一句,不知不覺過了中學六年, 有苦有樂,但我想樂的大概比苦的多。我很感恩 遇到一群用心的老師、有趣的同學和朋友。我們 一起經歷文憑試的磨練,遇到樂事時互相打趣, 遇到挫折時互相鼓勵,然後繼續前進。正為文憑 試備戰的師弟妹,要謹記挫敗並不可怕,永遠有 你的「戰友」與你並肩而行,一同進步。大家加 油!

香港中文大學文化管理系 一年級 邱月兒



English at Confucian Tai Shing Ho Kwok Pui Chun College

The vibrant English learning environment at Confucian Tai Shing Ho Kwok Pui Chun College is upheld by numerous English ambassadors and a variety of activities conducted throughout the school year. English ambassadors are responsible to perform as MCs in the morning assembly every day C and to carry out theme-based activities during lunch time. They introduce western festivities such as Halloween, Thanksgiving, winter celebrations and other popular culture themes such as books and authors, and sports.

NET teachers run English games during lunch hours in the English Learning Centre. Students can play board games and listen to English music. After school English clubs are also held for students to enhance their speaking skills.

Moreover, this year 33 students have been entered to join the English solo verse at the English Speech Festival. Students are also encouraged to enter a variety of external English competitions throughout the year.

English Teaching with Apps

Our English teachers have integrated IT into learning and teaching. We often review the strengths and weaknesses in lesson planning, students' engagement and task design to see if students' generic skills can be developed and diverse students' learning needs are also addressed.



Knowing more about Scottish culture

推廣閱讀 訓練回对 Promoting Reading and Speaking

English Reading Schemes at CTSHKPCC

To further develop students' English proficiency, a school-based English reading scheme has been integrated into our daily curriculum. Our reading club members read many fascinating books and competed with other schools. It was a great experience in learning English through reading for our students.



Book sharing from NET



Sharing with NET naturally



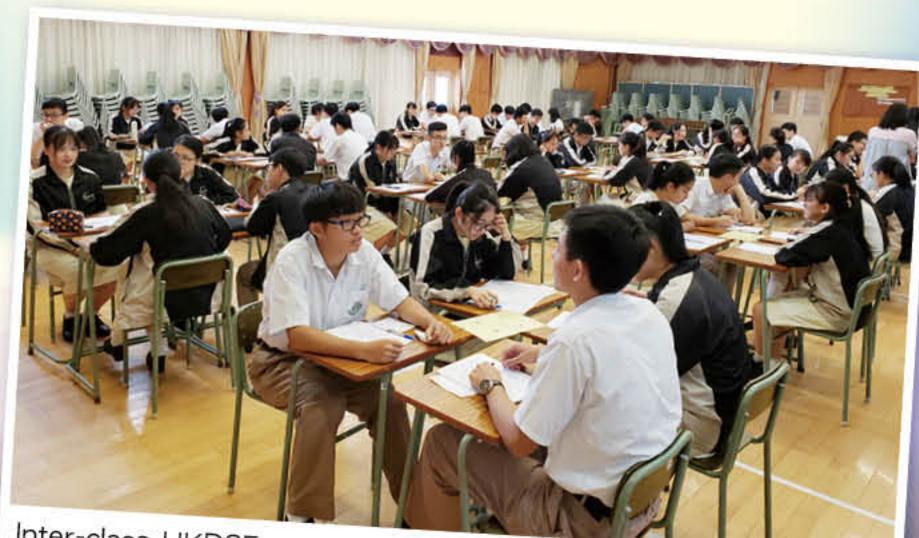
Having fun at Halloween!

本校一向重視推廣閱讀風氣。校本課程方面,本校中、英文科 每週設閱讀課;另外,每循環週有早讀時段,師生靜心細讀,浸淫 閱讀的寧靜中。

其次,本校應教育局邀參加「卓師工作室」計劃,探究閱讀文言文的策略,另本校與教育局語文教學支援組合作,進行跨學科閱讀活動,達相輔相承之效。

Our school has highly valued reading atmosphere and quality in the hope that students find pleasure and enrich themselves in reading. Chinese and English reading lessons are embedded in our school-based curriculum and conducted every cycle. Besides, we have morning reading periods that allows both teacher and students immerse themselves in the tranquility of reading.

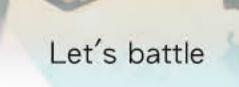
Secondly, we are invited to join Maetro Workshop Programme to explore strategies in reading classical Chinese this year. Also, we work with the language support unit of EDB, conducting cross-curricular reading activities and spreading the concept of reading from language subjects to other content subjects.



Inter-class HKDSE practice



Lunchtime activities at English Learning Centre





嚴謹校風 Rigorous School Ethos

本校校風純樸,校方嚴格執行紀律政策。老師亦與家長保持聯絡,了解同學在家的學習及紀律情況;訓輔導組及學生學習組老師亦會按需要約見家長,家校合作,以求更全面培訓同學為成一個知禮守規、愛己愛人、自律盡責的學生。

Having a school spirit that emphasizes simplicity, we enforce a strict discipline policy. Besides, our teachers keep close contact with parents so as to understand more about the learning situation and discipline of students at home. If it is necessary, the Discipline and Counselling Team and the Students' Learning Committee will hold meetings with parents to reinforce co-operation between parents and the school. It is hoped that we can train our students to be polite, self-disciplined and responsible through the measure. In the meantime, they should be able to follow rules and love themselves as well as others.



同學透過領袖生訓練日營培養團隊精神 team spirit is fosterd through the Prefect training camp



同學參觀高等法院 Students visiting High Court



本年度領袖生宣誓,以身作則,維持良好校風。
The newly-inaugurated prefects are responsible for maintaining discipline among students to ensure a conducive atmosphere for learning

中一級適應計劃 Adaptation Programme for Secondary One

中一軍事領袖歷奇訓練及健康教育營

S1 Military Leadership Adventure Training and Health Education Camp

本校校於開學前舉辦「中一軍事領袖歷奇訓練及健康教育營」,通過步操、分組遊戲,令同學們對學校在紀律上的要求有初步的認識,使他們能更積極投入新的校園生活。

To help students adapt to the new learning environment as soon as possible, the school conducts the "Military Leadership Adventure Training and Health Education Camp". Through march training and group games, students will have a preliminary understanding of the school's discipline requirements and be involved in the new school life.



同學們抖擻精神,步伐一致,進行步操訓練 March like a soldier



中一同學很快融入校園生活 Form One students immersed in campus life with ease.

朋輩輔導 Peer Counselling

本校不定期舉行活動,培養共融的知行計劃等等。訓輔導組又招募 高中的同學們加入「朋輩輔導計劃」,讓師兄、師姐們協助中一同學盡 快適應中學生活。

The Discipline and Counselling Team attaches much importance to the cultivation of a spirit of mutual help among students, support for students with emotional needs and promotion of a caring and loving culture in the school. The Team also recruits senior students to join the Concern Group to help S1 students adapt to their new school life.

師生交流團 Exchange Tour

另外,本校每年均會為師生籌辦遊學團及交流團,近三年本校師生曾到訪英國、日本、哈薩克、澳洲、新加坡、內地的西安、山東、上海、南京、北京、河北、河南、廣西等地,參與文化交流,體驗各地風土民情,擴闊眼界。

Besides, our school organizes study tours and exchange tours for teachers and students every year. In the recent two years, we visited England, Japan, Republic of Kazakhstan, Australia, Singapore and China, including Xi'an, Shandong, Shanghai, Nanjing, Beijing, Hebei, Henan and Guangxi, etc. All these experiences have helped us widen our horizons since we could participate in cultural exchange and experience the customs and traditions in different places.



上海北京交流團 Exchange tour in Beijing and Shanghai



大阪音楽大学 Onaha Cottons of House

梁校長與學生到大阪音樂交流 Principal's visit to Osaka with students for musical exchange

本校同學於大埔北區學界手球男子組初級組比賽中勇奪冠軍 Our team is awarded Junior Form Champion in Tai Po & North District Inter-School Handball Competition

多元化活動 Diversified Activities

本校設有二十八項課外活動,包括服務會社、興趣小組、藝術 及體育隊伍。本校亦推行「一生一體藝」計劃,每位中一及中二同 學參加最少一項的體育和藝術活動,讓同學獲得更全面的發展。本 校每一循環周均設有周會活動,當中包括講座、參觀、比賽、表演 等,增加同學其他學習經歷。

Our school has organized 28 extra-curricular activities, including service groups, interest groups, art and sports teams. Our school has also launched the One-Student-One-Art/Sport Scheme in which every student is required to participate in at least one sports or art activity so as to get an all-rounded development. Besides, we hold activities such as talks, visits, competitions and shows etc. in our assemblies every cycle to help students acquire more learning experience.

價值教育活動 Value Education Activities

本校重視同學全人發展,除了正規課程以外,「公民教育組」、「宗教及德育組」及其他科組都會加入各類的課程和體驗活動,讓同學建立正確的價值觀,成為一個知禮守規、愛己愛人的年青人。

Our school values student's whole person development. Apart from regular lessons, Civic Education Committee and Religion and Moral Education Committee work hand in hand with other committees and subjects to hold various courses and events for students to develop positive values, nurturing them into well-behaved, well-disciplined, self-loved and loving teenagers.



全級中六同學參加首屆成年禮,陣容頂盛 Form 6 students attending the 1st Adult Ceremony

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體藝活動 Sports and Aesthetic Activities

本校體育活動表現出色,除了屢奪大埔北區學界體育十佳學校(男子組)外,更於手球、排球、攬球、跆拳道等領域 屢獲學界比賽獎項。本年度香港著名單車運動員楊英瀚老師以學校體育推廣主任的身份加入本校,成立何中單車隊,除 了推廣運動外,更致力培訓下一代體育新星。

Our school has won recognition in sports events. Not only did we achieve 'the 10 Best Schools' award in Tai Po and North District School Sports, our handball, volleyball, rugby and taekwondo teams, etc also obtained prizes in School Sports competitions. A well-known Hong Kong cyclist, Yeung Ying Hong, has become a member of our school as a school promotion officer. He has set up the cycling team in the school. This move helps promote sports as well as training potential sports stars.



黃金寶單車上的英姿 Hong Kong cycling legend Wong Kam Po



黄金寶及湯少文與本校師生合照 Mr. Wong Kam Po, Ms. Tong Siu Man and our school

學術活動 Academic activities

本校除正規課堂外,亦致力提升同學對學術的興趣。科學學習領域 老師帶領同學到內地大學參加科學學習營、中史科則前往廣州探究民國 歷史、文學科則前住新會親炙巴金鳥的天堂,至於地理、歷史、通識等 等不同科目亦有舉辦不同種類的戶外考察。英文科每循環周均舉辦英文 活動,提升同學對英語的興趣。

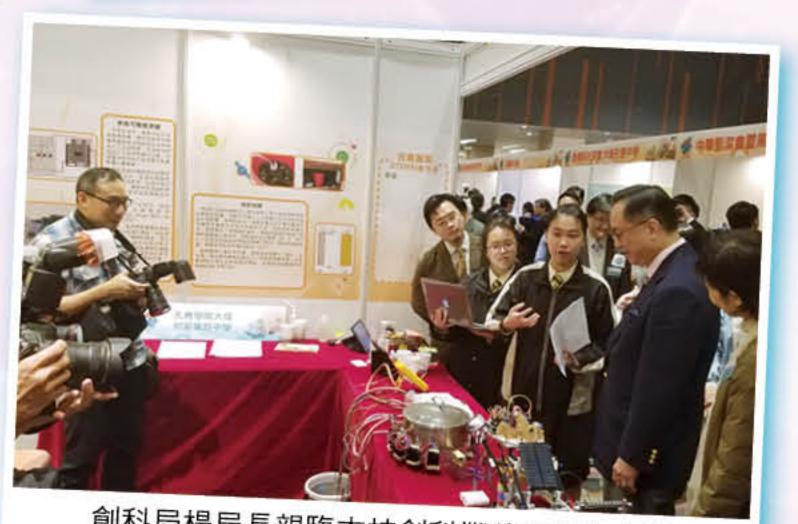
Apart from the regular curriculum, our school is devoted to enhancing students' interest in academic subjects. Teachers from science education led students to participate in a science camp organized by a Mainland university. Students studying Chinese History were given a chance to Guangzhou to look into the national history while those studying Chinese Literature visited Ba Jin Heaven of Birds in Xin Hui. In the meantime, Geography, History and Liberal Studies subjects, etc held various kinds of activities and field trips from time to time. The English Department organized English-related activities every cycle to increase students' interest in English.



中一級同學運用資訊科技進行歷史、中文科考察
Form 1 students learning on field trips with mobile technology



同學於新城電台錄音廣播,獲電台高度讚賞 Students get involved in the recording for broadcast at Metro Broadcasting



創科局楊局長親臨本校創科攤位與學生交流 Mr. Yang, GBS, JP visit our counter in Taipo Inno Expo

2018-2019較外活動獎頂 Extra-Curricular Activities Awards

	學術 Academics	
	數學科 Mathematics	
放育局及香港教育工作者聯會 ducation Bureau and Hong Kong Federation of ducation Workers	香港數學創意解難比賽 Hong Kong Mathematics Creative Problem Solving Competition	銀獎 4 人 Silver Award: 4 Students
保良局及香港數理教育學會 Po Leung Kuk and Hong Kong Association for Science & Mathematics Education	香港青少年數學精英選拔賽 The Hong Kong Mathematical High Achievers Selection Contest	三等獎 3rd Class Award
中國教育研究會、華夏盃組委會和中國教育學會 China Education Research Association,"China Cup" Committee, China Education Committee	「華夏盃」全國數學奧林匹克邀請賽 2019 初賽 "China Cup" Mathematics Olympic Invitational Competition (the Heat)	一等獎 1 人 1st Class Award: 1 student 二等獎 2 人 2nd Class Award: 2 studnets 三等獎 11 人 3rd Class Award: 11 students
	「華夏盃」全國數學奧林匹克邀請賽 2019 晉級賽 "China Cup" Mathematics Olympic Invitational Competition (Semi-final)	三等獎 2 人 3rd Class Award: 2 students
	「華夏盃」全國數學奧林匹克邀請賽 2019 總決賽 "China Cup" Mathematics Olympic Invitational Competition (Final)	三等獎 2 人 3rd Class Award: 1 students
	2019 港澳數學奧林匹克公開賽《港奧盃 HKMO Open》 Hong Kong & Macau Mathematical Olympiad Open Contest	銀獎 5 人 Silver Award: 5 students 銅獎 12 人 Bronze Award: 12 students
香港數學奧林匹克協會 Hong Kong Mathematical Olympiad Association	2019 亞洲國際數學奧林匹克公開賽 The Asia International Mathematical Olympiad Open Contest	銀獎 1人 Silver Award: 1 student 銅獎 1人 Bronze Award: 1 student
	香港數學遊戲公開賽 Hong Kong Mathematical Games Open	銅獎1人 Bronze Award: 1 student
	普通話科 Putonghua	
新市鎮文化教育協會 The Cultural and Educational Association of the New Towns	第二十一屆全港中小學普通話演講比賽 2019 The 21st Hong Kong Inter-school Putonghua Speech Competition 2019	優異星獎 1 人 Certificate of Distinction: 1 student 優異獎 1 人 Merit Award: 1 student
	視覺藝術科 Visual Arts	
藝育菁英基金會 Young Artists Development Foundation	全港青少年繪畫日 2018 HK Territory-wide YouthsPainting Day 2018	大埔區入圍作品 Shortlisted entries (Tai Po)
通善壇 Tung Sin Tan	二零一八全港青少年書畫比賽‧西畫中學組 Youth Calligraphy and Painting Competition (Painting-Secondary)	優異獎 Merit Award
	體育 Sports	
	籃球 Basketball	
香港學界體育會大埔及北區中學分會 Taipo and North District Area Committee, Hong Kong Schools Sports Association	校際籃球賽 Inter-School Basketball Competition	初級組 冠軍 Junior Form: Champion
	排球 Volleyball	
香港排球總會 Volleyball Association of Hong Kong, Chian Limited	第 43 屆青少盃排球賽 女子中級組 The 43rd Youth Cup Volleyball Tournament (Intermediate Girls Section)	季軍 2nd Runner-up
	手球 Handball	
香港學界體育聯會 Hong Kong Schools Sports Association	大埔及北區學界手球賽 男子乙組 Tai Po & North District Inter-School Handball Competition	初級組 冠軍 Junior Form: Champion 高級組 亞軍 Senior Form: 1st Runner-up
中國香港手球總會 China Hong Kong Handball Association	第三十二屆兒童五人手球賽 The 32nd 5-sided Mini Handball Competition	中學男子組 亞軍 Secondary Schools Boys': Champio
	欖球 Rugby	ul 3 N
Y 世代計劃 Generation Y Programme	大埔區、北區、元朗區及屯門區中學非撞式欖球比賽 Tai Po, North District, Yuen Long and Tuen Mun Secondary School Touch Tournament	男子初中組 亞軍 Boys' Junior Form: 1st Runner-up
	乒乓球 Table Tennis	
香港學界體育會大埔及北區中學分會 Taipo and North District Area Committee, Hong Kong Schools Sports Association	校際乒乓球比賽 Inter-School Table Tennis Competition	男子丙組 亞軍 Boys C Grade: 1st Runner-up
	跆拳 Taekwondo	
西貢區體育會 Sai Kung District Sports Association	西貢區青少年跆拳道邀請賽 2018 Sai Kung District Youth Taekwondo Invitational Tournament 2018	男子搏擊組 冠軍 Boys' Group (Kyorugi): Champion
香港跆拳道正道館 Hong Kong Taekwondo Jung Do Kwan	大埔體育會 2019 年度全港跆拳道觀摩邀請賽 Tai Po Sports Association (2019)Hong Kong Taekwondo Invitational	男子品段 (搏擊) 冠軍 Boys' Group(Kyorugi): Champion 男子品段 (搏擊) 季軍 Boys' Group (Kyorugi): 2nd Runner-
long kong laekwondo Jung Do kwan	Tournament	男子品勢 殿軍 Boys' Group (Poomsae): 3rd Runner

	跆拳 Taekwondo	
香港跆拳道協會	香港學界跆拳道比賽 2019 (中學及大專組) The Secondary School and Tertiary Institution Taekwondo Competition 2019	女子色帶 A 組沉量級 季軍 Girls' A Grade Colour-belt: 2nd Runner-up 男子色帶 A 組沉量級 亞軍 Boys' A Grade Colour-belt: 1st Runner-up 男子色帶 B 組沉量級 亞軍
音港跆拳組協置 Hong Kong Taekwondo Association	第二十三屆亞洲城市跆拳道錦標賽	Boys' B Grade Colour-belt: 1st Runner-up 女子 Welter 級 冠軍
	The 23rd Asian Cities Taekwondo Championships 第 62 屆體育節 - 跆拳道男子色帶賽 2019 The 62nd Festival of Sport- TKD Color Belt Competition 2019	Boys' C Grade Middle: Champion
青年學院 Youth College	跆拳道邀請賽 2019 Youth College Taekwondo Competition	男子 45-49 公斤級 冠軍 Boys 45-49KG: Champion
香港胡氏跆拳道會 Wu's Taekwondo HK Association	第一屆主席盃 Taekwondo Competition	女子 47 公斤級 冠軍 Girls 47KG: Champion
香港跆拳道正道館 Hong Kong Taekwondo Jung Do Kwan	2019 品勢挑戰賽 (中學組) Hong Kong Taekwondo Poomsae Competition 2019 (Secondary Schools)	高麗品勢(男子品勢組)冠軍
iong nong racinomacyang bounding	文藝康樂 Arts, Culture and Recreation	
	第七十屆香港學校朗誦節 粵語朗誦 70th Speech Festival Solo Verse Speaking (Cantonese)	冠軍 1 人 Champion: 1 student 亞軍 1 人 1st Runner-up: 1 student 季軍 2 人 2nd Runner-up: 2 students 優良 14 人
香港學校音樂及朗誦協會 Hong Kong Schools Music and Speech Association	第七十屆香港學校朗誦節 普通話獨誦 70th Speech Festival Solo Verse Speaking (Putonghua)	Merit: 14 students 亞軍 3 人 1st Runner-up: 3 students 優良 18 人
	第七十屆香港學校朗誦節 普通話集誦 70th Speech Festival Choral Speaking (Putonghua)	Merit: 18 students 優良 Merit
	第七十屆香港學校朗誦節 英語獨誦 70th Speech Festival Solo Verse Speaking (English)	冠軍 1 人 Champion: 1 student 季軍 4 人 2nd Runner-up: 4 students 優良 22 人 Merit: 22 students
	其他 Others	
香港童軍總會新界東地域 Scout Association of Hong Kong New Territories East Region	2019 步操及升旗比賽 Matching and Flag Raising Competition	步操比賽公開組亞軍 Matching Competition: 1st Runner-up (Ope 步操新秀獎 The New Star Award 最佳司令員 The Best Commander 升旗比賽公開組亞軍 Flag Raising Competition: Champion (Ope
香港童軍總會新界東地域大埔北區童軍會 Scout Association of Hong Kong New Territories East Region Tai Po North Section	2019-2020 年度區會長盾童軍技能錦標賽 Regional President Shield Scout Skills Competition 2019-2020	先鋒工程冠軍 Pioneering Competition: Champion 全場總亞軍 Overall 1st Runner-up
香港女童軍總會 The Hong Kong Girl Guides Association	優秀女童軍選舉 2019 Outstanding Girl Guide Award 2019	隊伍優秀女童軍 Outstanding Girl Guide Award
	新界東總部青年急救比賽 Youth First Aid Competition (New Territories East)	優異獎 3 人 Merit Award: 3 students 最佳隊長1人 The Best Captain Award: 1 student
香港紅十字會 Hong Kong Red Cross	新界東總部青年護理比賽 Youth Health Care Skills Competition (New Territories East)	優異獎 5 人 Merit Award: 5 students
	香港紅十字會漸進式活動計劃 Hong Kong Red Cross Youth's Progressive Programme Scheme 志願服務	會員最高獎項 - 青年榮譽章 1 人 Youth Attainment Badge: 1 student 銅獎 6 人
香港紅十字會	Volunteer Service Award 青年導師服務獎	Bronze Award: 6 students 銅獎 2 人
Hong Kong Red Cross	Youth Instructor Service Award 義務工作嘉許狀 (個人)	Bronze Award: 2 students 銅嘉許狀 3 人 Bronze Certificate: 3 students
社會福利署 Social Welfare Department	Volunteer Services Certificate (Individual) 義務工作嘉許狀 (小組) Volunteer Services Certificate (Group)	金嘉許狀 Gold Certificate
香港警察執行處 Hong Kong Police Operating Authority	香港青年獎勵計劃 The Hong Kong Award for Young People	銅獎 14 人 Bronze Award: 14 students
放育局 Education Bureau	校際戲劇節 Hong Kong School Drama Festival	傑出演員獎 3 人 Outstanding Actors Award: 3 students
青年企業家發展局	2018-2019 商校家長計劃 YDC SCP Program – JC InnoMind®School-Company-Parent Partnership	最佳商校伙伴 Best Performance of School-Company Partnership 2018-19
HK Young Entrepreneurs Development Council	2018-2019 商校家長計劃徵文比賽	冠軍