









THURSDAY 26TH SEPTEMBER 2019

DISTANCE (KM)

MEN JUNIOR
ROAD RACE

RACE ROUTE	DISTANCE (KM)		MEN JUNIOR ROAD RACE		
	TO GO	COMPLETED	SLOW	PREDICTED	FAST
			39 km/h	41 km/h	43 km/h
 RICHMOND (NEUTRAL START)	148,1	0,0	12:10	12:10	12:10
 ACTUAL START (RIMINGTON AVENUE)	148,1	0,0	12:12	12:12	12:12
BELLERBY MOOR	134,2	13,9	12:33	12:32	12:31
LEYBURN	131,6	16,5	12:37	12:36	12:35
AYSGARTH	118,0	30,1	12:58	12:56	12:54
 KIDSTONES SUMMIT	103,4	44,7	13:20	13:17	13:14
BUCKDEN	98,9	49,2	13:27	13:24	13:20
KETTLEWELL	93,3	54,8	13:36	13:32	13:28
 FEED ZONE (KILNSEY)	88,3	59,8	13:44	13:39	13:35
THRESHFIELD	83,6	64,5	13:51	13:46	13:42
BOLTON ABBEY	68,7	79,4	14:14	14:08	14:02
 SUMMERSCALES	60,7	87,4	14:26	14:19	14:13
BLUBBERHOUSES	57,0	91,1	14:32	14:25	14:19
KETTLESING HEAD	51,6	96,5	14:40	14:33	14:26
HARROGATE (KENT RD)	42,9	105,2	14:53	14:45	14:38
HARROGATE LAP 1 START	41,5	106,6	14:56	14:48	14:40
HARROGATE LAP 2 START	27,7	120,4	15:17	15:08	15:00
HARROGATE LAP 3 START	13,8	134,3	15:38	15:28	15:19
 HARROGATE (FINISH)	0,0	148,1	15:59	15:48	15:38