

Allergy to Benzocaine

What am I allergic to?

You have been found to be allergic to **Benzocaine**.

What is Benzocaine?

Benzocaine is a local anaesthetic commonly used as a topical pain reliever. It is the active ingredient in many over-the-counter anaesthetic ointments.

What must I avoid?

While it does not have a high-sensitising potential, **benzocaine** preparations are usually applied in the orifices of the body and to raw areas of skin, which makes sensitisation easier.

Benzocaine is a known photosensitiser (ie it can make skin more sensitive to light).

You should avoid preparations which contain **benzocaine** as a listed ingredient.

Where can Benzocaine be found?

Benzocaine can also be found in the following treatments/products:

- Desensitising condoms (such as EXS delay)
- Ultra Chloraseptic Anaesthetic Throat Spray
- AAA Mouth and Throat Spray
- AAA Sore Throat Spray
- Orajel
- Boots Anaesthetic & Antibiotic Throat Lozenges
- BurnEze Spray
- Merocaine
- Tyrozets
- Wasp-Eze Bites and Stings Spray

This list is not exhaustive.

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