

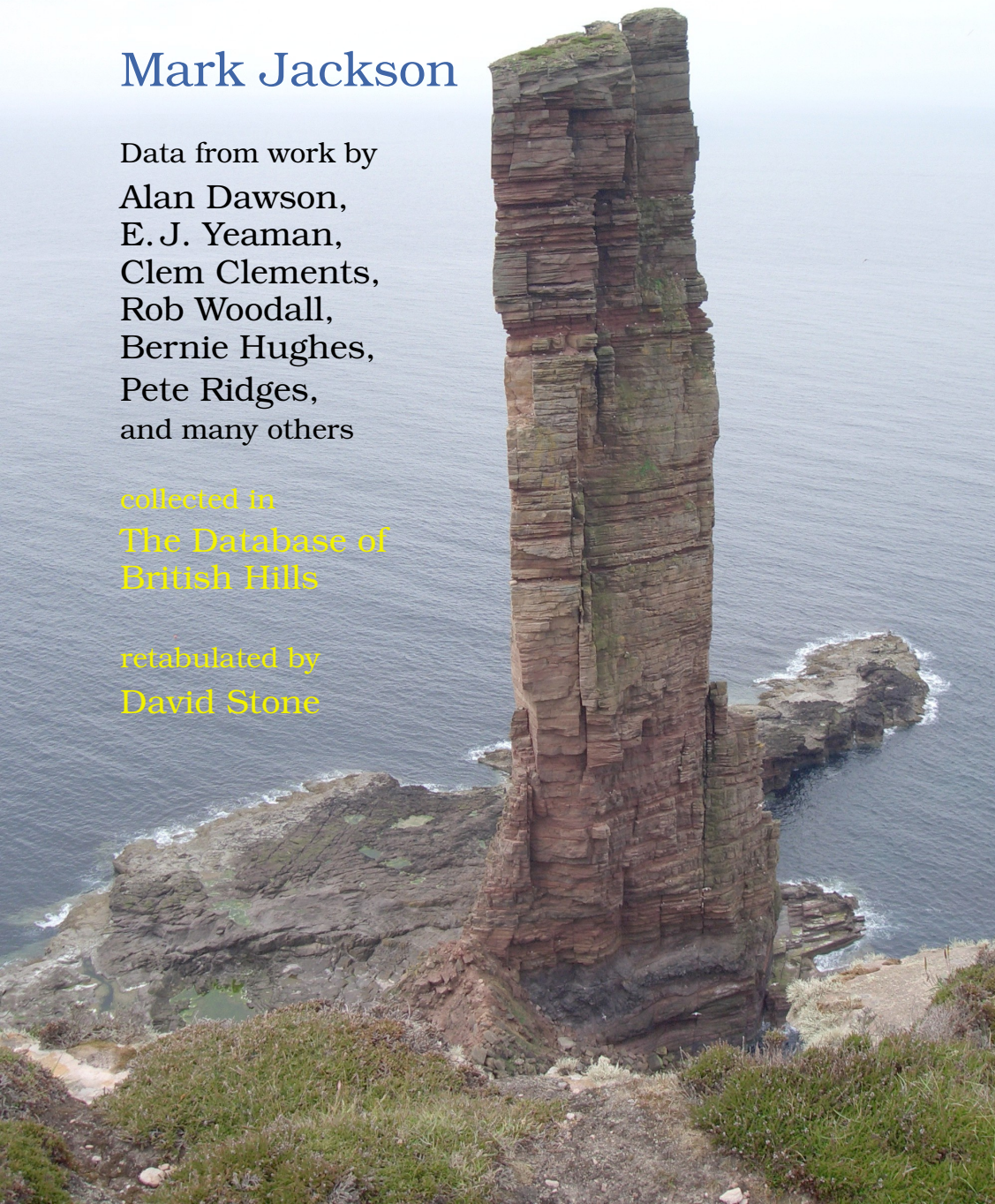
# ***MORE* RELATIVE HILLS OF BRITAIN**

Mark Jackson

Data from work by  
Alan Dawson,  
E. J. Yeaman,  
Clem Clements,  
Rob Woodall,  
Bernie Hughes,  
Pete Ridges,  
and many others

collected in  
**The Database of  
British Hills**

retabulated by  
**David Stone**





*More* Relative Hills of Britain





# ***More Relative Hills of Britain***

Hills in Britain and nearby islands  
with 100 m of prominence  
grouped by their parents

Mark Jackson

using data from work by

Alan Dawson, E. J. Yeaman, Clem Clements, Rob Woodall,  
Bernie Hughes, Pete Ridges, and many others

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David Stone

Published on the Marilyn News Centre website, <http://www.rhb.org.uk/humps/>.

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Version 1.1.0c, July 2010. A summary of changes may be found on page xxii.

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# Contents

<b>List of Tables</b>	<b>xv</b>
<b>List of Figures</b>	<b>xvii</b>
<b>Preface</b>	<b>xix</b>
Summary of changes . . . . .	xxi
How to use this e-book . . . . .	xxiv
<b>1 Introduction</b>	<b>1</b>
1.1 History and Development . . . . .	3
1.2 Bagging . . . . .	7
1.3 The Challenge of the HuMPs . . . . .	10
<b>2 Topography, Regions and Trees</b>	<b>13</b>
2.1 Hpargopot . . . . .	14
2.2 On Regions . . . . .	16
2.3 On a Tree . . . . .	17
2.4 Topo Regions . . . . .	18
<b>3 Key to the Tables</b>	<b>21</b>
3.1 The Ancestor Tree . . . . .	21
3.2 Maps . . . . .	29
3.2.1 Overview maps . . . . .	29
3.3 RHB sections and topo sections . . . . .	39
3.4 How to read the tables . . . . .	42
3.5 Notes: references to the appendices . . . . .	44
3.6 The indexes . . . . .	46

<b>4</b>	<b>The HuMPs by region</b>	<b>47</b>
A	The Far North of Scotland . . . . .	48
A1	Cape Wrath to Loch Shin . . . . .	48
A2	Strathmore to Strath Naver . . . . .	49
A3	Strath of Kildonan to Dunnet Head . . . . .	50
A4	Altnaharra to the Dornoch Firth . . . . .	51
A5	Scourie and the Point of Stoer to Lairg . . . . .	52
A6	Loch Assynt to Loch Veyatie . . . . .	53
B	Applecross to Coigach and Easter Ross . . . . .	54
B1	Southern and Western Coigach . . . . .	54
B2	Inverkirkaig to Oykel Bridge . . . . .	55
B3	Loch Broom to Bonar Bridge . . . . .	55
B4	Loch Vaich to Tarbat Ness . . . . .	57
B5	Strath na Sealga to Loch Broom . . . . .	58
B6	Loch Ewe to Fisherfield Forest . . . . .	59
B7	Kinlochewe to Lochan Fada . . . . .	59
B8	The Fannaichs to Contin . . . . .	60
B9	Applecross – Loch Torridon to Loch Kishorn . . . . .	61
B10	Loch Carron to Coulin Forest . . . . .	62
C	Loch Torridon to Loch Maree . . . . .	63
D	Kyle of Lochalsh to Cromarty . . . . .	65
D1	Glen Carron to Loch Luichart . . . . .	65
D2	Loch Alsh to the Black Isle . . . . .	66
D3	Killilan to Strathglass . . . . .	67
E	Mallaig to Inverness . . . . .	68
E1	Dornie to Cannich . . . . .	68
E2	Shiel Bridge to Inverness . . . . .	69
E3	Loch Hourn to Glen Shiel . . . . .	70
E4	Loch Quoich to Loch Ness . . . . .	71
E5	Knoydart to Barrisdale Forest . . . . .	72
E6	North Morar to Kingie . . . . .	73
E7	Loch Arkaig to Loch Garry . . . . .	74
F	Sound of Arisaig to Gairloch . . . . .	75
F1	Arisaig to Strathan . . . . .	75
F2	Loch Eil to Loch Arkaig . . . . .	76
F3	Moidart – Sound of Arisaig to Loch Shiel . . . . .	76
G	Point of Ardnamurchan to Loch Linnhe . . . . .	77
G1	Polloch to Loch Eil . . . . .	77

	G2	Ardnamurchan, Sunart and Ardgour . . . . .	78
	G3	Morvern and Kingairloch . . . . .	79
H		Spean Bridge to Elgin . . . . .	80
	H1	Loch Ness to Southern Stratherrick . . . . .	80
	H2	Loch Lochy to the Western Monadhliath . . . . .	80
	H3	Glen Gloy to Glen Roy . . . . .	81
	H4	Glen Roy to Loch Laggan . . . . .	81
	H5	The Eastern Monadhliath to the Moray Firth . . . . .	82
	H6	River Findhorn to Strathspey . . . . .	83
I		Loch Linnhe to Loch Ericht . . . . .	84
	I1	Ben Nevis to Loch Treig . . . . .	84
	I2	The Mamores . . . . .	85
	I3	Blackwater Reservoir to Glen Spean . . . . .	85
	I4	Rannoch Station to Balgowan . . . . .	86
	I5	Aonach Eagach to Rannoch Station . . . . .	87
	I6	Port Appin to Glen Coe . . . . .	88
	I7	Loch Creran to Loch Etive . . . . .	89
J		Loch Ericht to Peterhead . . . . .	90
	J1	Dalwhinnie to the River Tummel . . . . .	90
	J2	Glen Tromie and Pass of Drumochter to Glen Tilt . . . . .	91
	J3	The Cairngorms to the Hills of Cromdale . . . . .	92
	J4	Strathspey to Glen Rinnes . . . . .	93
	J5	The Ladder Hills to Banff . . . . .	94
	J6	River Don to Kinnaird Head . . . . .	95
	J7	Between the Dee and Don . . . . .	96
K		Braemar to Dundee . . . . .	97
	K1	Glen Tilt to Blairgowrie . . . . .	97
	K2	River Dee to Strath Ardle and Glen Shee . . . . .	98
	K3	The East Mounth to Strathmore . . . . .	99
	K4	Glen Esk to Aberdeen . . . . .	100
	K5	The Sidlaws – Perth to Montrose . . . . .	101
L		Loch Etive to Pitlochry . . . . .	102
	L1	Loch Etive to the Black Mount . . . . .	102
	L2	Ben Cruachan to Bridge of Orchy . . . . .	103
	L3	Rannoch Moor to Pitlochry . . . . .	103
	L4	Glen Orchy to Glen Lochay . . . . .	104
	L5	Glen Lyon to Loch Tay . . . . .	105
M		Oban and Loch Lomond to Kintyre . . . . .	106

M1	Firth of Lorn to Loch Awe . . . . .	106
M2	Lochgilthead to Crianlarich . . . . .	107
M3	The Arrochar Alps to Glen Fyne . . . . .	108
M4	Knapdale and Kintyre . . . . .	108
M5	Cowal – Strachur to the Kyles of Bute . . . . .	109
M6	Ardgoil – Loch Fyne to Loch Long . . . . .	110
M7	Loch Long to Loch Lomond . . . . .	111
N	Loch Lomond to Fife Ness . . . . .	112
N1	Crianlarich Hills to Loch Arklet . . . . .	112
N2	Strath Gartney to Strathyre . . . . .	113
N3	Ben Lomond to the Campsie Fells . . . . .	113
N4	Lochearnhead to Strath Tay . . . . .	114
N5	Strathyre to Strathallan . . . . .	116
N6	The Ochils and Fife . . . . .	117
O	Galloway and Surrounding Areas . . . . .	118
O1	The Rhins to the River Cree . . . . .	118
O2	Carrick and Galloway Forest . . . . .	118
O3	The Glenkens to Nithsdale . . . . .	120
O4	Dalbeattie to Criffel . . . . .	121
P	The Midland Valley to the River Tyne . . . . .	122
P1	Clyde Muirshiels – Ardrossan to Greenock . . . . .	122
P2	Ayr and Sanquhar to the River Clyde . . . . .	122
P3	Glasgow to Galashiels and North Berwick . . . . .	123
P4	Lammermuir – Dunbar to River Tweed . . . . .	125
P5	The Lowther Hills to the Solway Firth . . . . .	125
P6	Moffat to Peebles . . . . .	126
P7	Gretna to Kelso, west of Teviotdale and Eskdale . . . . .	128
P8	Hawick to Langholm and Liddlesdale . . . . .	129
P9	Carlisle to Kielder and the North Tyne . . . . .	129
P10	Jedburgh to Bellingham . . . . .	130
P11	The Northern Cheviots to Tyneside . . . . .	131
Q	Carlisle to the Ribble and Aire . . . . .	132
Q1	St Bees Head to Borrowdale . . . . .	132
Q2	Cockermouth to Newlands . . . . .	133
Q3	Keswick to Duddon Sands . . . . .	133
Q4	Solway Firth to Ambleside . . . . .	135
Q5	Penrith to Lancaster . . . . .	136
Q6	River Tyne to Garsdale, Wensleydale and Teesside . . . . .	137



	Q7	Ingleborough to Blackpool . . . . .	138
	Q8	Wensleydale to Airedale . . . . .	138
	Q9	River Tees to the Humber Estuary . . . . .	139
R		Preston to Dover . . . . .	140
	R1	The South Pennines from Liverpool to Nottingham . . . . .	140
	R2	Stockport to Stafford and Derby . . . . .	141
	R3	Bristol to the Wrekin and Lincolnshire . . . . .	142
	R4	The Chilterns and East Anglia . . . . .	143
	R5	The Mendips to Bournemouth . . . . .	143
	R6	Vale of White Horse to the Solent . . . . .	144
	R7	River Rother to River Wey . . . . .	144
	R8	Guildford to the Isle of Thanet . . . . .	145
S		Lleyn to Newtown and Nantwich . . . . .	146
	S1	Lleyn Peninsula to Beddgelert . . . . .	146
	S2	Snowdonia – Beddgelert to Conwy . . . . .	147
	S3	Vale of Conwy to Vale of Clwyd . . . . .	147
	S4	Clwydian Range to the River Dee . . . . .	148
	S5	Beddgelert to Llyn Tegid . . . . .	149
	S6	The Rhinogs . . . . .	150
	S7	Tywyn to the River Vyrnwy . . . . .	150
	S8	The Berwyns to the Wirral . . . . .	152
	S9	Mallwyd to the River Severn . . . . .	153
T		Pembrokeshire Coast to the Severn Valley . . . . .	154
	T1	Aberystwyth to Llangurig . . . . .	154
	T2	Cardigan to the Elan Valley . . . . .	155
	T3	St Clears to Drygarn Fawr . . . . .	156
	T4	The Pembrokeshire Hills . . . . .	157
	T5	Mynydd Epynt – Llandovery to Talgarth . . . . .	157
	T6	Llangurig to the Clun Valley . . . . .	158
	T7	Welshpool to Corve Dale . . . . .	159
	T8	The Clee Hills to Worcester . . . . .	160
	T9	Builth Wells and Radnor Forest to Hereford . . . . .	160
	T10	River Teme to the Forest of Dean . . . . .	161
U		Carmarthen to Newport . . . . .	162
	U1	The Black Mountain to Kidwelly and Gower . . . . .	162
	U2	The Brecon Beacons to the Vale of Glamorgan . . . . .	163
V		The Black Mountains to Chepstow . . . . .	165
W		Land’s End to the Isle of Purbeck . . . . .	166

	W1	Land's End to the River Tamar . . . . .	166
	W2	Bideford Bay to Start Point . . . . .	166
	W3	Ilfracombe to the Quantocks and Sidmouth . . . . .	167
	W4	The Dorset Hills – Ilminster to Purbeck . . . . .	168
X		Outer Hebrides . . . . .	169
	X1	St Kilda, Rona and the Neighbours of Lewis-Harris . . . . .	169
	X2	Gallan Head to Loch Ràasort . . . . .	170
	X3	Tarbert to the Butt of Lewis . . . . .	170
	X4	The Park Peninsula . . . . .	172
	X5	South Harris . . . . .	172
	X6	North Uist, South Uist and Nearby Islands . . . . .	173
	X7	Barra to Barra Head . . . . .	174
Y		Skye, Rùm, Mull and Nearby Islands . . . . .	175
	Y1	The Trotternish Peninsula . . . . .	175
	Y2	Duirinish to the Black Cuillin . . . . .	175
	Y3	The Red Cuillin to the Sleat . . . . .	177
	Y4	Small Isles of the Inner Hebrides . . . . .	178
	Y5	Calgary to Salen . . . . .	179
	Y6	The Ross of Mull to Ardmeanach and Craignure . . . . .	179
	Y7	Lussa River to the Firth of Lorn . . . . .	180
Z		Other Islands . . . . .	181
	Z1	Outlying Islands of Shetland . . . . .	181
	Z2	Shetland Mainland . . . . .	182
	Z3	Orkney Islands . . . . .	183
	Z4	Coastal Islands of Scotland . . . . .	184
	Z5	Jura, Islay and Surrounding Islands . . . . .	185
	Z6	Arran and Holy Island . . . . .	186
	Z7	Isle of Man, Welsh and English Islands . . . . .	187

## Appendices 189

	<b>Ringling the Changes</b>	<b>191</b>
+	New HuMPs . . . . .	191
>	Replaced HuMPs . . . . .	194
^	New Marilyns . . . . .	196
v	Deleted Marilyns . . . . .	197
n	Name Changes . . . . .	197

r	Summit Relocations . . . . .	200
g	Regional Changes . . . . .	202
p	Parent Changes . . . . .	205
<b>Attention Seekers</b>		<b>207</b>
a	Alternative Names . . . . .	207
s	Summit Names . . . . .	211
b	Biggest HuMPs . . . . .	213
l	Lowest HuMPs . . . . .	215
<b>Doubles</b>		<b>217</b>
2	Paired Peaks . . . . .	217
t	Twin Peaks . . . . .	217
m	Multiple Summits . . . . .	220
<b>Interesting Locations</b>		<b>223</b>
i	Island Hopping . . . . .	223
o	Outermost HuMPs . . . . .	227
c	County Top HuMPs . . . . .	227
y	Borderline Cases . . . . .	231
w	Watershed HuMPs . . . . .	232
<b>Practicalities</b>		<b>233</b>
h	Hardest HuMPs . . . . .	233
e	Easiest HuMPs . . . . .	235
<b>Essays</b>		<b>239</b>
	Sub-HuMPs and Deleted HuMPs . . . . .	239
	HuMPs and Munros . . . . .	253
u	Un-Munros . . . . .	255
	Relative Munros . . . . .	257
	HuMPs, Corbetts and Grahams . . . . .	258
	Breakdown by Topo Region and Height . . . . .	259
	Breakdown by Topo Region and Prominence . . . . .	260
<b>The Names of Hills</b>		<b>263</b>
	Most Common Hill Names . . . . .	263
	Names for Hills . . . . .	265

<b>The HuMPs Hall of Fame</b>	<b>273</b>
<b>Further Reading</b>	<b>275</b>
<b>Indexes</b>	<b>287</b>
<b>Index of hills</b>	<b>289</b>
<b>Index of places</b>	<b>343</b>

# List of Tables

This list does not include the main tables of HuMPs, since each such table has its own subsection and may be found using the table of contents.

1	Summary of changes . . . . .	xxii
2	Drops of the hills of Hpargopot . . . . .	15
3	The tree for Hpargopot . . . . .	18
4	The ancestor tree . . . . .	22
5	Topo sections for each RHB section . . . . .	40
6	Key to the appendices . . . . .	45
7	New HuMPs . . . . .	192
8	Reinstated HuMPs . . . . .	193
9	HuMPS originally classified as Yeamans qualifying by distance	193
10	HuMPs replaced by a nearby higher summit . . . . .	195
11	New Marilyns . . . . .	196
12	Deleted Marilyns . . . . .	197
13	Name changes . . . . .	197
14	Summit relocations . . . . .	200
15	RHB region changes . . . . .	203
16	Changes of parent . . . . .	205
17	Alternative names . . . . .	207
18	Summit names . . . . .	211
19	Biggest HuMPs . . . . .	213
20	Most prominent HuMPs . . . . .	214
21	Lowest HuMPs . . . . .	215
22	Paired peaks . . . . .	219

23	Twin peaks . . . . .	219
24	Multiple summits . . . . .	220
25	Surveyed multiple summits . . . . .	222
26	Islands and their highest points . . . . .	223
27	County Tops . . . . .	228
28	Triple Boundary Summits . . . . .	231
29	Border Tops . . . . .	231
30	HuMPs that require climbing . . . . .	234
31	Easiest HuMPs . . . . .	235
32	Hills of prominence 95–99 m . . . . .	241
33	Hills of prominence <95 m listed in sources . . . . .	250
34	Munros with less than 100 m drop . . . . .	254
35	Hills which deserve to be Munros . . . . .	255
36	Extra hills needed to make up the ‘Relative Munros’ . . . . .	257
37	Numbers of hills in topo regions by height . . . . .	259
38	Numbers of hills in topo regions by prominence . . . . .	260
39	Most common hill names . . . . .	263
40	Most common components of hill names . . . . .	265
41	The HuMPs Hall of Fame . . . . .	273



# List of Figures

1	The fictional island of Hpargopot . . . . .	15
2	The topo sections of Orkney and Shetland . . . . .	30
3	The topo sections of the Hebrides . . . . .	31
4	The topo sections of north-western Scotland . . . . .	32
5	The topo sections of eastern Scotland . . . . .	33
6	The topo sections of south-western Scotland . . . . .	34
7	The topo sections of northern England . . . . .	35
8	The topo sections of southern England . . . . .	36
9	The topo sections of Wales and the Isle of Man . . . . .	37
10	The topo sections of South Wales and the south-west peninsula . . . . .	38



# Preface

What does one put in a preface anyway? Something, I guess, about what the book is, its purpose, who it's aimed at, how it came into being, and some acknowledgements. The trouble is, ninety per cent of that material can be found in the Introduction, mixed in with all the stuff about the hills themselves, and I have no desire to repeat it here. Very briefly, then:

This book is about a big list of hills, the HuMPs. And I mean big – nearly 3000 of them – but I hope that in its depths there will be something for everyone. The idea is to provide those people interested in climbing those hills on the list with a proper and nice-looking book to work from, something they have been denied up till now. The book also provides some background, information about topography, and extra data about the hills, which readers may or may not find useful. It is not just aimed at ‘baggers’ – collectors of summits – but to anyone who wants to find out what hills exist in their area (or any other area, for that matter) and pick some to climb.

I had been ruminating on the idea of a HuMPs book for a few years, but I lacked the technical expertise to generate one that could be easily updated from data files, and really didn't feel like manually updating the text every time some data changed. For this reason it was a real blessing when a chance conversation with David Stone turned into a realisation that he could provide just such a structure for the list, and would be happy to do so. He has taken care of the entire technical side of things in admirable fashion and I am deeply grateful to him, without whom the book could not exist at all.

This is an electronic book for a reason. I doubt that it would ever get published, not even in shops specially catering for obscure hillwalking books (if there are any). For that reason it could not exist without the Internet, which allows people to share documents of incredible triviality at little to no cost, and for which I am very grateful.

## Acknowledgements

This book, more than most, has really been a community effort. As detailed in the History and Development section, most of the book relies on the work done by others – namely Alan Dawson, Eric Yeaman, Clem Clements, Rob Woodall, Bernie Hughes, Pete Ridges, Dave Hewitt, Tony Payne, David Purchase, and the team behind the Database of British Hills – Chris Crocker, Graham Jackson, Simon Edwardes, John Barnard and George Gradwell. My thanks to you all. Thanks are also due to Charles Everett, Jonathan de Ferranti, John Owen, David R. Smith and Richard Webb who helped with the development of the Marilyns.

I am also grateful to the Database authors, Simon Edwardes, Jim Bloomer, Jonathan de Ferranti and Mark Trengrove for publicising the HuMPs by including them on their respective websites. The addresses of all these sites can be found in the Further Reading at the back.

As well as many of the people mentioned above, I am very grateful to Gordon Adshead, Ann Bowker, Iain Cameron, Colin Crawford, Martin Hampar, Dewi Jones, Sue Littlewood, Brent Lynam, Roderick Manson, Jon Metcalf, Simon Newhey, Myrddyn Phillips, Adrian Rayner, Thomas Sellers, Richard Smith, Andrew Tibbetts, Chris Upson, Chris Watson, Kevin Wood and Jonathan Woods for all manner of things, such as new hills, information, corrections, suggestions or just plain encouragement. Please excuse me if I have left anyone off this list. Contributions, or indeed any sort of contact, are much appreciated.

## About errors and changes

It is somewhat easier to update an e-book than an actual book. Instead of going through a print run, redistributing in bookstores, and so on, all I have to do is upload a new version of this file. To this end I aim to update this book at least twice a year.

Ergo, if anyone spots any spelling mistakes, please let me know. This also goes for missing accents, missed acknowledgements, region boundary errors, new HuMP totals, new HuMPs, summit relocations, tops that actually require climbing, tops that are actually on the watershed, recommended further reading, tops present in Yeaman's book but not in the Deleted section, dodgy translations and pronunciation info, new multiple summits, newer

height and drop data, historical mistakes, appallingly inaccurate statements and anything else you see that is false, misleading or just plain wrong.

You can get in touch with me at [markjackson2@btinternet.com](mailto:markjackson2@btinternet.com), or if you'd like to let lots of people know, drop a message at <http://groups.yahoo.com/group/rhb/messages>. You will be mentioned in the next edition of the book.

P.S. Positive criticism is welcome too ☺

## **Electronic availability of this book**

This book is available for free online, currently from the following locations:

- <http://www.rhb.org.uk/humps/>
- <http://www.hill-bagging.co.uk/EWRegions/HuMPs.php>
- <http://www.viewfinderpanoramas.org/prominence.html>, under the section 'Great Britain and Ireland'

The main advantage of the electronic version is the hyperlinks that allow the reader to navigate between the main list and the appendices, or indeed any other mention of a hill's name. You are also just one click away from maps of both the regions and the hills. However, you can't take it with you on the hill.

## **Print availability of this book**

A print version of this book is available online, from <http://www.lulu.com/> – search for 'More Relative Hills of Britain'. There is a small fee but it all goes towards the publishing company. Although you lose out on some of the easy navigation around the book, there are still cross-references, and of course you can carry it around with you.

## **Summary of changes**

This section mentions briefly the changes to the list made with each revision. Editorial changes such as spelling corrections, minor rephrasing for clarity

and the like are not mentioned specifically. Please consult the relevant appendices for more details of each change.

Table 1: Summary of changes

Version	Change
1.0.0	First edition.
1.0.1	Added more acknowledgements, omitted through ignorance.
1.1.0	<p>First print edition.</p> <p>Two deletions (<b>Quarystone Bank</b> and <b>Mynydd Dinas (Tonypandy)</b>), taking the total to 2987.</p> <p>One demotion from Marilyn to HuMP (<b>Baystones</b>↑).</p> <p>About forty drop changes which spawned two parent changes (<b>Muswell Hill</b>↑ and <b>Whiteside Hill (Tweedsmuir)</b>↑).</p> <p>One name change (<b>Mynydd Ferddin</b>↑).</p> <p><b>Craig Bron-banog</b>↑ is no longer a multiple summit.</p> <p><b>Creag a' Chliabhain</b>↑'s parent has been corrected to <b>Càrn Dearg (Newtonmore)</b>↑, which means it – and its two children (see main list) – have moved from <b>H2</b> to <b>H5</b>.</p> <p><b>Càrn a' Chuilinn</b>↑'s parent has been corrected to <b>Gairbeinn</b>↑, which means it has moved from <b>H5</b> to <b>H2</b>.</p>

## Preface by David Stone

This book is Mark Jackson's, based of course on the work of those he acknowledges. But since one important idea for the arrangement is mine, a short personal note about my contribution is in order.

Many years ago – it must have been 1995 or so, soon after I discovered Alan Dawson's book [3] – I worked out for myself the notion of 'parent hill' implicit in the notion of 'drop', and thought of arranging the hills of England and Wales in hierarchy according to parent. In those days I had no list of hills and their drops, let alone their parents, so it was tedious work to find them out; I got as far as the hills down to 300 m drop, but left it there.

Then recently, while checking some details for the lists which Mark Trenrove has been editing and publishing, I realised that Mark Jackson's list in-



cluded the parent, and so I could produce the hierarchy which I had once tried to do by hand. This required the writing of a small program, which read the .txt form of the HuMPs list, and using the 'parent' column, re-ordered the list into a hierarchy, giving a long list of hills grouped under their parent. Ordering the hills under each parent in ascending order of drop tended to bring the near neighbours of a parent close to it in the list, so I chose that rather than the descending height often used.

An adapted form of the program was used to generate the tables in this book from the spreadsheet maintained by Mark Jackson. Such automatic generation reduces the work of maintenance and the chances of errors creeping in.

This book – thanks to all the work of Mark Jackson and others – realises that idea. Of course, every reader will look for what interests them; but for me the main interest of this list is that it shows the topographical relationships between the hills, recognising the importance of hills such as **Aran Fawddwy**↑, **Pen y Fan**↑ and **Pumlumon Fawr**↑ (taking Wales for example), as well as bringing neighbouring hills close to each other as far as is possible when two- or three-dimensional land is reduced to a one-dimensional list.

In my rôle as book-designer, I should like to acknowledge all the people – too many to name – who have provided the L<sup>A</sup>T<sub>E</sub>X document preparation system. This is the largest document I have worked on using L<sup>A</sup>T<sub>E</sub>X, and those more competent than I – either in the technical details of its use, or in book design – will no doubt spot examples of inelegant layout as a result of my inexperience. Please feel free to send suggestions for improvement to [dfstone@bcs.org.uk](mailto:dfstone@bcs.org.uk). A brief note at the end on page 361 lists some bad points of which I am aware but do not know how to solve.

## How to use this e-book

In this e-book, hyperlinks have been used in many places to make it easier to find related information. The types of link used are as follows, with an example for each.

- Names of hills are links to the corresponding index entry, to make it easier to find both the OS map numbers and the other references to the hill.

[Ben Nevis](#) is a hill which is named many times in this book.

- The ↑ following a hill name is a link to the hill's entry in the main tables. Scafell Pike↑ is the most prominent hill in England.
- The superscript letters or symbols are links to the appendices. The page numbers of the appendices are given in footnotes.

Snowdon<sup>bsce</sup> is one of the biggest hills, has an alternative summit name, is a county top, and is one of the easiest hills.

- Topo region and section numbers are links to the table for that region or section.

Carn Eige is in topo section [E1](#), part of topo region [E](#).

- Page numbers are links to the page.

The indexes start on page [289](#).

- References to the further reading are links to the details of the work cited.

Alan Dawson's book [3] is referred as 'RHB'.

- URLs to external websites are links; they are always shown explicitly so that they are not lost if the book is printed.

The Database of British Hills may be downloaded from <http://www.biber.fsnet.co.uk/downloads.html>.

- Grid references are links to the Ordnance Survey's Get-a-map service.

The highest point of the Southern Uplands is the summit of the Merick, at [NX427855](#).

- The section headings are links to maps of the section on Simon Edwardes' website [48].

The map of [Duirinish to the Black Cuillin](#) shows the other humps near the Inaccessible Pinnacle.



# Chapter 1

## Introduction

A hill slopes upwards. Many of them are very good at that.

---

E. J. Yeaman

That was Dr Yeaman's first answer to the age-old question 'What is a hill?'

Though it has to be admitted that sloping upward is something that all hills do, for a while some people have suspected that there might be a bit more to it than that. As Yeaman goes on to say, 'A hill is something distinct. Having toiled to the top of a long slope, it's demoralising to find that you're only on the shoulder of something a bit further on.'

Fortunately, there is a simple measure of exactly how distinct, or separate, a hill is. It goes by many names – 'prominence', 'relative height', or just 'drop'. As its name suggests, it is defined to be the vertical drop between the hill's summit and the highest saddle linking said hill to higher ground. Put another way, it's the height which the hill would be above sea level, if the sea level was raised and raised until the hill was the highest point on its own little island.

The advantages of using relative height are numerous. Apart from the weighty matter of deciding exactly how much relative height is needed to make a hill separate, gone are the arguments over what hills are distinct and what are merely subsidiary tops – arguments that have raged over the lists of Munro and Wainwright for decades. Some of Wainwright's Lakeland summits may look good from below, but you might barely notice them if you

were to descend from a higher neighbour towards them along the ridge. Using relative height eliminates these impostors, ensuring that you have to put in a decent effort to get to your summit from another one.<sup>1</sup> Finally, in most cases you are assured of a good view, due to the considerable drop on all sides of your hill and its separate nature. That is, if the mist would clear...

One can, of course, combine drop with absolute height, and restrict oneself to climbing only separate summits, say, over 2000 feet, but I have always preferred to think in terms of drop only. Again there are advantages to this way of thinking, the first of which is that a height cut-off for one region may just not be practical for another. For example, to climb all hills with a height of 2000 feet and a drop of 100 feet may be a good target in England, but you would be faced with a very large task if you tried to extend that to the whole of Britain – and you would still be missing out on several large parts of the country. In Scotland, just going for the Munros (above 3000 feet) restricts your hillwalking to mostly well-trodden areas, when in fact there is a great deal more to explore – the Outer Hebrides, the Lowlands, Arran, the Shetlands, the hills of Coigach and Applecross – the list goes on. Using relative height as your standard for what makes a hill worth climbing ensures that you get to see hills of all shapes and sizes, and visit all the places this fantastically diverse country has to offer.

The first list of hills in Britain to use relative height was John Rooke Corbett's list of Scottish hills between 2500 and 3000 feet [10], which was compiled in the 1920s, published posthumously by the SMC, and later named after its author. Although many other lists throughout the 20th century used drop in conjunction with height, the whole thing really took off with the publication in 1989 of Eric Yeaman's *Handbook of Scottish Hills* (Scotland, 100 m drop) [11] and Alan Dawson's 1992 *The Relative Hills of Britain* (Britain, 150 m drop) [3], which ignored absolute height completely.

Both books were impressive compilations, covering many hundreds of hills, although I think it's fair to say that the latter was better presented and has become more popular. In the years since then it has spawned a dedicated community of 'Marilyn-baggers' – the hills in the book being known as 'Marilyns' – which has compiled an impressive amount of knowledge on the subject, brought several members to near completion and many others to well over a thousand summits.

This book extends the list of Marilyns first presented in *The Relative Hills of Britain*. It adds over 1400 hills to the Marilyns, bringing the total to eleven

<sup>1</sup>Unless, of course, you can drive all the way to the top.



shy of 3000, by lowering the relative height threshold to 100 metres. This is the same value used by Yeaman, and thus this book includes all of the hills in Yeaman's book,<sup>2</sup> plus sizeable numbers of hills in England, Wales and the Isle of Man.

Why do we need another list of hills? Well, as stated above, some tireless baggers have nearly completed the Marilyns, and many more are (justly!) beginning to complain that their nearest unclimbed ones are an inconveniently long way away. No-one should have to sit around at home because they have 'run out of decent hills to climb', and this list will hopefully introduce those folk to a wealth of other hills, some in new places, and many much closer to home. Also, although the Marilyns consist of the most worthy hills in Britain, by no means do they consist of every single hill. Only the most ardent fanatic would contend that **Sca Fell**↑, **Bow Fell**↑ or **Crinkle Crags**↑ deserve to be counted merely as tops or shoulders of **Scafell Pike**↑. A visitor to Southern Lakeland who was only interested in climbing Marilyns would miss out on a great deal, and the same is true of many other places.

You see that this is about more than just giving a few people a new hobby! It is about publicising hundreds of unknown hills, revealing new places, and showing how the hills fit together in a natural way. It is about revising and recognising the work done by Yeaman and his southern counterpart Clem Clements, a painstaking labour that deserves to be revised, re-presented, and recognised. But most of all, I have done it because I enjoyed doing it, and because if this whole list gives just one person one good day on the hills that they wouldn't otherwise have had, the whole caboodle will have been worth it.

## 1.1 History and Development

A lot has happened in the last twenty years. It deserves to be set out and recognised, and in any case it has all influenced this book.

Eric Yeaman's *Handbook*, published by Wafaida in 1989 [11], was the first book (I believe) to be systematic and to impose no height restriction on the hills it listed. It listed all the Scottish hills with more than 100 metres of relative height, and also included many dozens of hills that, while failing to

<sup>2</sup>All hills in Yeaman's book that qualify by dint of relative height, anyway. The *Handbook* also included hills with less drop that qualified by distance from higher ground. Also, some hills have been deleted or included from the list in the last twenty years, based on corrections of their relative heights.

have enough relative height, were more than 5 km from their nearest higher neighbour along a ridge-line; these hills ‘qualified by distance’ and had to be above 100 metres in height to get in the book. On the principle that it’s better to be safe than sorry, it also included every hill whose height qualification was unclear from the contours; some of these are now reckoned to qualify while others probably fail to make the cut. It did not list drop, and grid references were only given to four figures.

Alan Dawson’s 1992 *The Relative Hills of Britain* (RHB) [3] listed the ‘Marilyns’ with more than 150 metres of drop. In Scotland this was a subset of the hills in Yeaman’s book, but neither author included drop information in their book, so it wasn’t a question of Dawson simply picking the most prominent hills from the previous publication, and the Marilyns appear to have better researched information, not to mention six-figure grid references. In England, Wales and the Isle of Man the hills listed were entirely new, and this was the first list at all, anywhere, of hills in Southern England.

In the years after the *Handbook* was published, English ‘hill scientist’ E. D. ‘Clem’ Clements aimed to replicate Yeaman’s methodology by providing an analogous list for England, Wales and the Isle of Man. This he did, producing in 1993 an extension of the southern Marilyns to include hills with 100 metres drop, along with height questions and distance qualifiers. It was never published. These lists form the basis for the HuMPs, and I am naturally hugely indebted to their compilers.

Following RHB, a series of booklets were published by TACit Press giving details of Alan Dawson’s lists of high tops with 30 m relative height – Murdos, over 3000 ft (1995) [4], Corbett Tops, over 2500 ft (1995) [7], New Donalds, in Southern Scotland (1995) [8] and Hewitts, in England and Wales (1997) [5, 6]. The latter pair were based on previous books by the Nuttalls [22, 21]. Together with the later Graham Tops listing (1999) [8], these provided drop figures and accurate information for all British hills above 2000 feet.

In 1999 a sea change occurred in the small world of hill lists, although it may have gone unnoticed at the time: RHB joined the Internet, and suddenly publication in a book was no longer necessary for lists to be available to keen (and web-savvy) baggers.

In 2001 Alan Dawson worked out the relative heights of the lower Marilyns, and the locations of all Marilyns’ key cols, releasing this data onto the rhb group’s Files section along with the drops of all the hills researched before then. He also researched the list of ‘Sub-Marilyns’, hills with between

140 and 149 m drop, and thus with the potential to be promoted to Marilyn's [46].

There had been talk of researching the hills with 100 m drop for several years. Three years in, the RHB messageboard attracted this prophetic comment:

A proper list of British 100 m drop hills is the obvious next step for those of who have run out of Marilyn's within a 3 hour drive. Why don't TACIT Press, Prof Yeaman and Clem Clements pool resources and publish a decent list of British Yeamans?? Shouldn't be too big a job! – Chris Upson, Oct 16 2002

To this end, spreadsheet files of the hills in Yeaman's and Clements' lists were uploaded to the Files section of the RHB e-group [56, 40, 50] by Iain Cameron and Gary Honey within the next month, incorporating drop data and six-figure grid references for those hills for which it had been worked out (the Marilyn's and Subs). Clem's list was thus made publicly available for the first time.

About this time the Scottish hills with between 100 and 149 metres of drop began to be known as the 'New Yeamans', and their southern counterparts as the 'Clements' or 'Clem Yeamans'.

Steady progress was made over the next few years. This included Tony Payne's and David Purchase's (unpublished) lists of hills above 500 metres – the former for England and Wales based on the book by Michael Dewey [9], and the latter for Southern Scotland. In 2003 Clem Clements provided further corrections to his list of hills with 100 m drop, and in 2005 the bagger and lister of long standing, Rob Woodall, worked out their drops and released the results in a new version [59]. He also included the parent Marilyn,<sup>3</sup> the concept of which began to become known. By 2006 Clem Clements had additionally drafted the Scottish hills over 500 m and the English and Welsh hills above 300 m. The relevant hills in these lists had of course already been listed in the original works, but the new lists' provision of drop data and accurate, up-to-date information is most welcome.

In 2005, from Alan's 2001 file, the topographer Pete Ridges calculated the parent peaks<sup>4</sup> of the Marilyn's and sub-Marilyn's, and the results were combined into the spreadsheet 'Marilyn's parents' [56, 57].

<sup>3</sup>Basically, divide the place up into territories by tracing the runoffs from the Marilyn's key cols and the parent Marilyn is the one whose territory your hill ends up in.

<sup>4</sup>The parent peak is similar to the parent Marilyn, but calculated by tracing the runoffs from every peak more prominent than yours, to get the territories as before. The parent is always

The remaining hills of lower heights and less than 140 m drop still lacked drop and (in Scotland) six-figure grid reference data. Rob Woodall set out to fix this, pulling together information from different sources and adding much himself. For the Scottish parts he was greatly aided by Bernie Hughes, who had compiled a spreadsheet, reworked from an early version of the Database of British Hills, with much relative height data. This was finished in early 2007 [60], incorporating numerous changes and corrections from the original lists, as well as parent Marilyn information.

This completed the suit! With the aim of getting the list into a readable and accessible format, I added the data from the recent spreadsheet to the existing Marilyn text from RHB, ending up with a 150-page e-book [54] which was supplemented by maps from the Fugawi mapping program. These hills were uploaded to the RHB community's files section simply as 'The Extended RHB', but a better name soon presented itself: HuMPs (standing for Hundred Metre Prominences, as well as being a fairly accurate description of quite a few of them!).

The greatest drawback of the first edition was the data, some of which dated back to 1992 (!) owing to my lack of acquaintance with databases and other handy tools at that time. (I was a kid back then, but even so...) Over the last couple of years several more hills were added and deleted, and I updated the list sporadically (such changes being made much easier by the electronic format of the list). But what was needed was a really up-to-date version together with all the additional information found in RHB: a proper walker's resource.

Considering all the different databases that were in place by then, combining all the knowledge of the bagging world could have been an impossible task, but fortunately the task had already been done. I am incredibly grateful to Graham Jackson, Chris Crocker, Simon Edwardes, John Barnard and George Gradwell for putting together the Database of British Hills [53]. This is an up-to-date of almost every kind of information about the hills and is the source for the numbers in the book. A major update to the database took place in June 2009 which included both the HuMPs and relative height information – thanks again, guys!

The one field lacking was parent information, for which I cannot blame the DBoBH, as it's a pretty obscure concept. I brought in the parents from Pete Ridges' and Rob Woodall's files mentioned above, adding a number

higher and more prominent than the child. For those who want it, these concepts are explained in more detail in the next section.

of corrections of my own. Still missing was the parent peak information for HuMPs which aren't Marilyns, as these only had parent Marilyn data. I am grateful to David Stone for identifying those HuMPs whose parent peak might differ from their parent Marilyn, as this made it very easy for me to fill in the remaining parents and complete the Tree.

David Stone, as well as offering to copy-edit and design the book – for which I cannot be grateful enough – also came up with the idea of the topographical tree,<sup>5</sup> which provided the final incentive to get the book under way. The rest is kind of self-explanatory.

Just to say that information in the Appendices was gleaned from RHB [3], the RHB update sheets [45], the notes at the back of the *Handbook* [11], the DBoBH notes [42], Iain Cameron's Yeamans datafile [40] (which included details of changes since the *Handbook*) and Rob Woodall's very informative personal database, without which the appendices would be a good deal less full than they are, particularly with regard to the changes from the original lists.

## 1.2 Bagging

Bagging [noun]. Etymology: From vb to bag, referring to the habit of going around, putting summits into bags, filing them away and getting them out occasionally for fond remembrance.

Definition: A game played by standing on interesting points.

Bagging, so far as I can make out, is the formalised version of hillwalking, just as 'twitching' is the rigorous form of bird-watching, and... er... growing prize marrows is a type of gardening that requires considerable dedication.

Since this book is a list of quite considerable size, one might suppose that its appeal would be entirely to baggers. Maybe one would be right, I don't know. You don't have to be a bagger to be a hillwalker and it is my hope that the more casual walker will be able to pluck some gems out of the bunch without worrying too much about the whole deal. But if you are a Bagger then you need to know What is Involved.

<sup>5</sup>See section 2.3 on the Tree later on.

If you are going to be a bagger then what you need above all else is The List. This is what provides you with the various possibilities for the next day's walking, this is what you carefully chart your progress through and this is what, assuming you have picked a list of the correct size, you finish, to wild acclaim.

And then you have to play The Game. Compared to most hobbies, this one is actually absurdly simple. All you have to do is stand on all the points in the list, points which are the tops of mountains and thus have sufficient relative height or whatever.

This is a bit like hillwalking, or mountaineering, but it is the top that counts, not the walk.

Dedication is important, which means going to a lot of places that your average hillwalker won't be interested in. Those hills which are right next to roads spring to mind, as well as those ones in the middle of thick forest, the sea stacks, the ones with questionable access, and so on. With some of these the great views make up for the poor quality of the walk, others are just rubbish. But if you are going to Bag, you have got to do the job properly – there is little honour in just doing the ones that look good, persevering through the bad ones makes the achievement complete, and anyway, you might get a pleasant surprise from one of them!

Some hills require a little more than struggles through forest to get to the top, but the same rules hold. Cheating is not on. If you are a *hillwalker* then you are not required to be rigorous, and you don't have to worry so much about the final few feet of **the Cobbler**↑ or the final six hundred feet of **Stac Lee**↑. But if you are a Bagger then unfortunately, you do have to actually be on the top. This can lead to problems, but the Bagger should not chicken out, as the Bagger can always learn a bit of rock-climbing, and the Game must be played. Turning back and claiming you got to the summit is even worse – and in any case, who do you think you're cheating? I imagine that the victory celebrations of anyone who employed this devious tactic would (privately) be somewhat dampened.

Sometimes, it is not obvious which is the highest point. This is fair enough, and a good rule seems to be that at least your head has to be higher than the highest point, even if the rest of you can't quite follow. This usually means you are OK if you are on a hill with a flat top, or more than one point at the same height (see appendix *m*, 'Multiple Summits', on page 220). Obviously, Messrs Barnard and Jackson's numerous surveys to determine the actual highest points of hills are laudable.

As a consequence of the head rule, if a summit is relocated to a point more than two metres higher than the old summit, then you didn't climb it properly the first time, did you? (Well, not unless you were smart enough to visit the other summit as well.) In which case, you had better go all the way back and climb it again to stand on the real summit. This is when some of us begin to have second thoughts about our dedication to the cause!

What about twin peaks? (See appendix *t*, 'Twin Peaks', on page 217.) Well, being separate tops at the same height I would have to recommend climbing both – otherwise, if the honour of being called higher switches to the one you didn't climb, you're going to have another repeat trip to make.

Then there is the delightful area of the 'ethics' of bagging. Oh yes. The Bagger, unlike the hillwalker, cannot be deterred by Keep Out notices, military installations or large barking dogs. The Bagger may turn back at such obstacles, the Bagger may feel that they have done the right thing, the Bagger may have been forcibly escorted off the premises by armed soldiers, but the Bagger has not stood on the summit, and consequently, will not have Completed the List. This sort of thing can prove a serious headache. Given that several people have managed between them to gain access to nearly all the hills in this book, it can be done, but please don't go getting yourself into serious trouble. Every occupation has its limits!

There is also the issue of transport. A hill must be Walked, so driving over the summit on that handy road and glancing at the trig point is not really on. But beyond that, you certainly can't rule out ascents assisted by mountain bike or canoe, and I see no reason to exclude air assistance either – although I'm not sure that lowering yourself from a helicopter onto [Stac Lee](#)↑ would be any easier than climbing it!

I hope that I have managed to outline the advantages and disadvantages of Bagging. It can become an extreme sport, but there is clearly a middle ground. I can't really put it better than Alan Dawson when he says,

Use the list to give some extra purpose and enjoyment to your walking, and to encourage you to visit new areas and see new views, but do not let it dominate your thoughts so much that the bagging of summits blinds you to the character of the countryside. Lists can offer a tremendous incentive to actually go out walking more often, and you'll find that it's almost always worthwhile and enjoyable wherever you go.

And if you do manage to finish the job, then Well Done.

### 1.3 The Challenge of the HuMPs

In his book Alan Dawson wondered who would be the first person to stand on top of all the Marilyns. The answer to the question is no-one, at least not yet, but not for lack of trying: I think it's fair to say that St Kilda posed a slightly bigger obstacle than expected.

Nevertheless, hundreds of people have taken up the challenge with gusto. You don't get to 600 Marilyns by accident, and the long list of names in the Marilyn Hall of Fame is testament to the appeal of the challenge and the perseverance of those involved.

As mentioned in the Introduction (I find I keep trying to repeat myself around here), taking a look at the upper reaches of the Hall shows that quite a few people have nearly finished, and a great deal more will have climbed all the Marilyns in their local area.<sup>6</sup> What next? To answer that question was half the reason for publishing this list; Britain has a great deal to offer, and no-one should be stuck at home wondering what to do because they have 'run out of hills to climb'!

So take on the HuMPs! They will keep you going, offer you fresh challenges and new places. Here are some fine mountains that are HuMPs but not Marilyns: **Sgòrr Tuath**↑ in Coigach; the shapely **Yewbarrow**↑, **Dow Crag**↑ and **Caw**↑ in Lakeland; mystical **Glastonbury Tor**↑; **Rhossili Down**↑ on Gower; **Màm Sodhail**↑, **Aonach Mòr**↑ and **Cairn Gorm**↑; **Cribyn**↑ in the Brecon Beacons; **Meall Mòr**↑ on the Summer Isles; **Meall Dearg**↑ on the Aonach Eagach; **A' Chir**↑ on Arran; the famous **White Horse Hill**↑ near Westbury; the great viewpoint of **Sidhean Mòr**↑ on the Point of Stoer; **Cnicht**↑, the 'Welsh Matterhorn'; the tops of Cape Wrath and **Dunnet Head**↑ – just a small selection and not the best one by any means, but a mere taster of the riches available.

For Baggers, however, just as with St Kilda but even more so, the existence of the **Old Man of Hoy**↑ poses a barrier to completion. A pity, in some ways, but maybe also a sign. I may be wrong, but I get the impression that the list of HuMPs is too large for that purpose: too large for any but the most resolute of us to get near completing it. What I am emphatically not publishing this list for is to suggest that the Marilyns are somehow inadequate, that you haven't done enough if you finish them. The aim is to supplement the Marilyns, not supersede them (hence the title).

<sup>6</sup>Actually, I can say the same thing, given that my local area is East Anglia and it contains a grand total of one Marilyn.



It may be that the HuMPs work better as a supplement – a key to exploration, rather than a very long series of stepping stones towards a final goal. Often, a walk up Marilyn can be enriched by the inclusion of some nearby HuMPs, as many HuMPs lie close enough to their parent Marilyn to provide enjoyable extensions (a useful function of the tree structure is identifying such peaks). The smaller size of many HuMPs makes them eminently suitable for shorter walks; a low-level walk with fine views is usually better than a high-level walk in thick cloud. They can be tucked away en route; next time you go to Skye, what could be a better hors d'œuvre than pulling in past Loch Long and nipping up **Fireach Àrd**↑ and **Avernish Hill**↑, squeezed in between the road and the sea and with intimate views? They are also even less frequented than the Marilyn, so use them to get away from the crowds – the two just mentioned have probably seen hardly any ascents at all. Ever.

Alternatively, going after a region's HuMPs will certainly lead to a more in-depth discovery of the area, especially in the south-east where the ratio of HuMPs to Marilyn is quite high. As an example, the Peak District and environs contain five Marilyn but twenty-five HuMPs, including the hills of **Shutlingsloe**↑ and **The Roaches**↑ which should not be missed by any visitor to the region. Central England including the Cotswolds and Chilterns goes from five to twenty-seven – and since an awful lot of people live in Central England or within an hour's drive of the Peak District, I kind of hope that the publication of this list will open up a lot of possibilities to such people.

Then it's just a matter of time before someone rounds off that icky 150 m to a rounder 100 m ... and you at the head table of the Hall of Fame can traverse the country all over again ...

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Alun-Peter Fisher, RHB messageboard, Jun 13 2001



## Chapter 2

# Topography, Regions and Trees

Before I launch into the details of how the list is set up, I need to explain a few concepts.

Drop or relative height is very simple – just the vertical drop between the hill’s summit and the highest saddle linking said hill to higher ground, as mentioned on the first page.<sup>7</sup>

The territory of a hill (let’s call it A) is calculated by doing the following: first, find all the peaks in the vicinity that are more prominent than A. Then for each of these peaks, find their key cols and trace over the streams that run off from either side of the saddle. Keep tracing over the rivers until either (a) they meet up, or (b) they reach the sea. It is important to do this in order of drop: that is, first carry out the process with the most prominent peak, then do it with the next prominent, and so on. It will be seen that each time you carry out the process you enclose off an area of land containing the peak whose col you measured from, and no higher or more prominent peaks. This is the territory of that peak. But to get back to the hill A we started with, keep

<sup>7</sup>The only point of contention is with hills that are the highest point of their island. The usual convention is to assign these hills a drop equal to their height, since to get to a higher neighbour you have to descend to sea level. However, there is something called ‘wet prominence’ which argues that you have to descend below sea level to get to higher neighbours, so these hills should have a drop *greater* than their height, measured to an undersea col. Sadly, this statistic proves difficult to work out due to lack of detail in undersea mapping, and anyway, a 2 m-high island might have lots of wet prominence but it wouldn’t feel as worthy as your average HuMP!

doing this until you've done it for every peak more prominent than A. Now do it for A. Congratulations, you've enclosed A's territory.

The parent peak concept is relatively straightforward once you get the hang of territories. Supposing you wanted to find A's parent; then carry out the same sequence of traces as before, in order of drop, only this time stop just before you get to A. Now A should be in one of the territories you drew, one belonging to a particular peak. That peak is A's parent.<sup>8</sup>

To sum up: the parent of a hill is found by dividing the area into territories, by following the two watercourses from the key col of every summit more prominent than the one in question. The parent is the summit of the territory enclosing the hill in question.

## 2.1 Hpargopot

A pictorial explanation is definitely easier to follow than all that text, so let's consider the fictional island of Hpargopot (see map in figure 1). Let's say we want to work out the parent of Great Law.

First up we need to calculate the drops of the other, more prominent, hills. All the drops are listed in table 2 (use it to check your understanding of drop if you like).

Now we divide the island into territories. The first peak is Morven, whose key col is the sea, so it follows that its territory is the whole island. The next is Mynydd Mawr, and tracing the rivers from the 70 m col near St Tudwals, we find that they join up again at Littleton, making Mynydd Mawr's territory a closed loop.

Next we draw from Big Hill's col, which draws a new line across from Norbury to Ty-newydd, and also from Littleton to the sea. The next in the list is Great Law, so we stop, and find that Great Law is sitting in Big Hill's territory, so Big Hill is Great Law's parent. Not Mynydd Mawr nor Beinn Mhòr, which look like candidates, but the former is on the wrong side of the river and the latter is not prominent enough.

<sup>8</sup>There is another definition of parent. Called the encirclement parent, it is the highest point within the contour on the far side of the key col, or the highest point which can be reached from the key col without descending. This is easier to calculate but it tends to break down for hills with cols close to sea level. E.g. in the fictional island, Great Law's parent is Morven, since that is the highest ground that can be reached from the 30 m col without having to descend. For a British hill with a col 1 m above sea level, the encirclement parent will be Ben Nevis. This is not terribly helpful and it doesn't work for drawing trees either.

Figure 1: The fictional island of Hpargopot

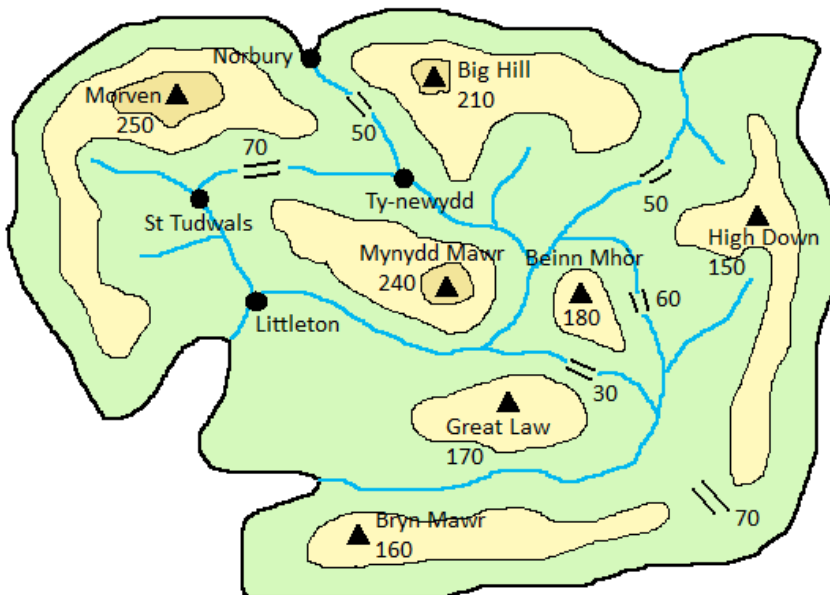


Table 2: Drops of the hills of Hpargopot

Name	Drop
Morven	250
Mynydd Mawr	170
Big Hill	160
Great Law	140
Beinn Mhòr	130
Bryn Mawr	100
High Down	80

Those who want further practise can work out the parents of Bryn Mawr and High Down (the answers are given in tree format later on).

In real life, the situations are often simpler than this (thankfully!), and a general rule of thumb presents itself: from your peak, continue along the ridge-line past the key col until you come to a higher and more prominent peak. This can be confusing (what exactly is the continuation ridge?) but is at least a useful check.

Take **Dale Head**↑ in the Lake District as an example. It turns out that Honister Pass to its south is higher than Newlands Hause to its north-west, and thus is **Dale Head**↑'s key col (there being higher ground on the far sides of both cols). Sure enough, the parent lies on the Honister side, being **Great Gable**↑, not **Grasmoor**↑ as might be naturally thought (to readers of Wainwright anyway).

Another non-intuitive example is **Merrick**↑, the ancestor of all the land between Glasgow and Hadrian's Wall. Now it turns out that the Hadrian's Wall gap to the south is higher, so **Merrick**↑'s parent lies in that direction. Trying to proceed along ridgelines is confusing, but working out a few drops and drawing the territories makes things clear: **Merrick**↑'s parent is **Helvellyn**↑. Proceeding up the hierarchy leads to **Snowdon**↑, so as far as topography is concerned, the Southern Uplands lie more naturally with Wales than with the Scottish Highlands!

## 2.2 On Regions

The question of what order to present a list in is not normally a difficult one. Some attempt is usually made to group together hills which are close to one another by selecting natural-looking (or artificial-looking) regions and then the hills are usually listed in height order.

The existing scheme for Marilyn's as listed in RHB is undoubtedly a good one. However, it does have some failings. The most obvious one is that it works through Scotland in rather a haphazard way, starting in the middle and then covering the outside. Some sections, like 28B, become too big to be practical when more hills are added to them. More importantly, there are the hills that end up in the 'wrong' region.

What I mean by this is that they end up separated from their parents – a concept which will seem abstract to some, I know, but most people will have a fairly intuitive feel of what this means anyway. A good example is **Lord's**

**Seat**↑ (34A), which despite being listed with Northern Lakeland is clearly connected to the North-Western Fells – by a thousand-foot pass, for starters – and the parent concept backs this up, for its parent peak is **Grasmoor**↑ to the south. Further examples can be found in the Lake District – **High Rigg**↑ in the Central Fells for one, and **Muncaster Fell**↑ for another – which, to the person concerned about such things, should definitely be grouped with the hills to which they are naturally connected – their parents.

The RHB regions were also designed for Marilynys, which sometimes leads to problems when the scheme is extended to cover more hills. For example, the hills to the north of Penrith are clearly more connected to the Lake District – they lie to the west of the River Eden – but since the RHB boundary is the M6, they end up being grouped with the Pennines, a situation which might well have been changed had these boundaries been designed with the HuMPs in mind.

It is clear that to form natural groupings we have to use natural boundaries.

## 2.3 On a Tree

I am indebted to David Stone for the basic idea of the ‘topo tree’. If each hill has a single parent, and a hill can have more than one ‘child’, then it should be possible to arrange all the hills into a tree-structure, with a wealth of branches leading to the single root, **Ben Nevis**↑, and a little investigation shows that it is possible to arrange hills in this way.

The other idea is to sort children by their drop, so that those children with the smallest drop are listed first, closest to their parent, followed by those with larger drops. For each hill, the procedure is repeated with its own children – take a look at the example below if you need to see what I mean. By and large, those children with smaller drops tend to be closer to, and more a part of, their parents, so this system does a good job at grouping hills with their natural allies.

This system has the advantage of being completely objective. It also shows the parent-child relationships in an extremely intuitive form (once indentation is applied; again see the example), and it takes up a good deal less room to do this than to write out each hill’s parent after its other data, allowing more room for other matters. Hillwalking often involves following ridges, and in this system hills are often listed next to the neighbours to

Table 3: The tree for Hpargopot

Name	Drop	Ht	
Morven	250	250	
Big Hill	160	210	(this branch covers the island's east side)
Beinn Mhòr	130	180	(this branch covers the south-east)
Bryn Mawr	100	160	
High Down	80	150	
Great Law	140	170	(more prominent than Beinn Mhòr, so comes after it)
Mynydd Mawr	170	240	

which they are connected by ridges. It is also interesting and reveals a great deal about the structure of the hills in general, so I have decided to use this system in this list.

Let's revisit our fictional island one last time. Table 3 shows how the tree is displayed. Each hill's parent is the hill above it and one indent to the left. (In the real tree, the indents are numbered to make looking for parents easier.)

## 2.4 Topo Regions

Of course, based on this method, one could get away without dividing Britain up into regions at all. However, it's handy to be able to look up a small area and see what hills it has to offer, or search the book by region – and the tree method does throw up some oddities in the ordering, as a look at the main tree below (table 4 on page 22) will reveal. For example, **Carnedd Llewelyn**↑ is separated from its Snowdonian neighbours by the entirety of South Wales, and the Pennines, southern England and the Scottish Lowlands end up between **Skiddaw**↑ and its fellows in the Lake District!<sup>9</sup>

It would clearly be convenient to siphon off **Cross Fell**↑ into a separate region, thus keeping **Skiddaw**↑ with **Helvellyn**↑, and this is what I've done.

<sup>9</sup>This is no error. For example, **Cross Fell**↑ and **Skiddaw**↑ are both children of **Helvellyn**↑, but since **Cross Fell**↑ has a smaller drop, it and all its children are listed first – in a sense, it is more closely related to **Helvellyn**↑ than **Skiddaw**↑ is.



For reasons of practicality I began to divide up the whole country into regions of manageable size, making sure that each cut represented a single branch of the tree – in other words, each region has a chief or ancestor, from which all other hills in that region are descended. It follows that in every region, the chief is both the highest and the most prominent peak.

In most cases each region consists of just the chief and all its descendants: the topographic territory of the chief. However, this can't quite be true in cases where the chief has too many descendants to fit into a region,<sup>10</sup> and some sub-branches have been cut off. The most obvious example is **Ben Nevis**↑ – the region that ends up belonging to **Ben Nevis**↑ is what's left after all other cuts (e.g. **Snowdon**↑, **Ben Alder**↑, **Binnein Mòr**↑) have been made.

I just kept cutting until each region fell below a certain size, making sure that all regions remained connected topographically (i.e. along ridge lines). In some cases this required further cutting. For example, **Beacon Batch**↑'s territory in Southern England (which comprises regions **R5–R7**) is vast and I was keen to divide it up by making a region out of **Walbury Hill**↑ (**R6**), parent of most of the eastern section. However, **Walbury Hill**↑ falls between **Black Down**↑ (**R7**) and **Beacon Batch**↑, separating **Black Down**↑ from its parent, so I had to make **Black Down**↑'s family a separate region as well; I would have preferred to combine **Walbury Hill**↑ and **Black Down**↑ into a single region, but that would be against the rule that each region should have a single 'chief'.

To take another example, the topo regions **U** and **V** cannot be combined, despite the fact that **Waun Fach**↑ (**V**) has as parent **Pen y Fan**↑ (**U**), and regions **U** and **V** are contiguous. The logic is that the ridge route from **Waun Fach**↑ to **Pen y Fan**↑ goes through **Mynydd Epynt**↑, which is in region **T**. Therefore if I unified **U** and **V**, I would be obliged to unify them with **T** as well, which would be too big.

There remained the question of how to deal with the islands; it is clearly impractical to have a separate region for each island even if each one does

<sup>10</sup>For those interested, I plan to use this regional scheme in the 30 m list as well, and possibly others, so it was necessary for each region to contain sensible numbers of each type of hill. I was also keen to reduce the subjectivity of picking which hills should have their own regions, so I imposed upper limits on the numbers of certain types of hill (P300, Marilyn, HuMP, 'Tump' – 30 m hill; see if you can guess the acronym). I made sure that the ratios between these upper limits corresponded to the ratios between the total numbers of these hill types – so once one limit was fixed, the others were too. The actual limit I took from the size of the largest Marilyn territory (**High Willhays**↑), as I was keen to avoid having to break up any of those. For the larger regions denoted by letters, the limit was forced by the fact that I wanted 26 of them.

start its own tree. For the ones sufficiently big to need to be cut up themselves, like Skye, I treated them in the same way as Britain, giving each island one or more separate sections. To group the smaller islands I created a number of ‘island group regions’, such as **Z4** (Coastal Islands of Scotland) and **X6** (North Uist, South Uist, and Nearby Islands), which are inevitably of a slightly different style to the other regions.

To label the regions, I have used a letter-number format to avoid confusion with the existing RHB scheme, which employs the reverse format. This involved the construction of 26 larger regions for the letters to represent. I did this in the same way as the smaller sections; they conform to (larger) size restrictions; they have a single ‘chief’ each; and **X**, **Y** and **Z** are used for islands apart from the mainland of Britain.

As for the actual numbering and lettering of the regions, this was done to present the material in more or less the order that readers would expect it. Thus the count starts in the north of Scotland and moves, generally, from west to east and from north to south. The ordering was inspired by the scheme used by Jim Bloomer on his website [39].

The regions have been given names that seem to best describe the spread and stature of each one. My knowledge of area names and things like that can be a bit off, so suggestions of better names for the regions are quite welcome. The topo regions share names with RHB regions only where the correspondence between the two is perfect as far as HuMPs are concerned (for instance, regions 20C and **Z6**), and in such cases the two always share a name.

Another advantage of the topo regions is that you can work out their boundaries for yourself, armed only with the locations of the key cols of each region’s chief. For those who’d rather not do this, though, I have supplied boundaries for each region and put them after the region’s name, as in RHB. To prevent all the information being repeated twice on account of regions sharing boundaries, the sub-sections’ boundaries are cumulative. So if the boundaries for the region you’re looking at seem a little incomplete, you’ll need to refer to the boundaries for the previous sub-sections or the larger region, which will (hopefully) enable you to build up the complete picture, including what you’re after.

# Chapter 3

## Key to the Tables

In the previous chapter we have introduced the idea of listing hills in a tree. This chapter applies this to the whole of Britain in a high-level tree, and introduces the detailed tables which follow in the next chapter.

### 3.1 The Ancestor Tree

The overview tree below shows how the regions fit together into the larger tree and hopefully should make things clearer. Hills on islands are only included if there is more than one HuMP on the island. Islands with just one HuMP are listed in the detailed tables, and can be found through the indexes. Each region is represented by the name of its chief, whose drop is also given.

There is no rule against a hill's grandchild but not its child being given a separate region, nor against a younger sibling having a region but not an older sibling.<sup>11</sup> In these relatively rare cases, omitted hills are given in smaller type to give a fuller picture of the tree. Most readers of this book will be familiar with the RHB scheme of sections, so the RHB section of each hill is shown to the right of the name; if none is given, it is the same as that of the previous hill.

Use this tree whenever you want to see how the regions fit together on a larger scale, when the structure is obscured by the geographical order in which the regions are placed in the text.

<sup>11</sup>I apologise for the continual use of family analogies, especially when it gets to this complicated stage!

Table 4: The ancestor tree

TS	Name		Drop	Ht	Grid ref	
Y4	Carnan Mòr <sup>n</sup>		<i>Tiree</i> 17F	141	141	NL967401
Z5	Carnan Eòin . . . . .	<i>Colonsay</i>	20D	143	143	NR409984
X1	Mullach Buidhe	<i>Garbh Eilean (Shiantas)</i>	24A	160	160	NG414986
Z7	Mynydd Bodafon <sup>n</sup> . . . . .	<i>Anglesey</i>	30A	178	178	SH472854
X6	Beinn Sciathan		<i>Eriskay</i> 24C	185	185	NF795112
Y4	Càrn a' Ghail . . . . .		<i>Canna</i> 17D	210	210	NG263064
Z1	Hill of Arisdale		<i>Yell</i> 22	210	210	HU494841
	Ward Hill . . . . .		<i>Fair Isle</i>	219	219	HZ208733
Z7	St Boniface Down <sup>ce</sup>		<i>Isle of Wight</i> 42	241	241	SZ567785
Z3	Blotchnie Fiold . . . . .	<i>Rousay</i>	23	250	250	HY418289
	Mid Hill	<i>Orkney Mainland</i>		275	275	HY335087
Z4	Windy Hill . . . . .		<i>Bute</i> 19C	278	278	NS043698
Z1	Saxa Vord		<i>Unst</i> 22	285	285	HP631166
X1	Sròn Romul . . . . .		<i>Scarp</i> 24B	308	308	NA968158
X6	Eabhal		<i>North Uist</i> 24C	347	347	NF898605
X7	Sheabhal . . . . .		<i>Barra</i> 24D	383	383	NL678994
Y4	An Sgùrr		<i>Eigg</i> 17D	393	393	NM463847
	Mullach na Càrn . . . . .	<i>Scalpay (Skye)</i>	17C	396	396	NG605292
Z1	Da Sneug		<i>Foula</i> 22	418	418	HT947395
X1	Conachair . . . . .		<i>Hirta</i> 25	430	430	NA100002
Y4	Dùn Caan		<i>Raasay</i> 17A	444	444	NG579395
Z2	Ronas Hill <sup>c</sup> . . . . .	<i>Shetland Mainland</i>	22	450	450	HU305834
Z3	Ward Hill <sup>c</sup>		<i>Hoy</i> 23	481	481	HY228022
Z5	Beinn Bheigier . . . . .		<i>Islay</i> 20B	491	491	NR429564
X6	Beinn Mhòr		<i>South Uist</i> 24C	620	620	NF808310
Z7	Snaefell <sup>e</sup> . . . . .		<i>Isle of Man</i> 29	621	621	SC397880
Z5	Beinn an Oir		<i>Jura</i> 20A	785	785	NR498749
X3	An Cliseam <sup>c</sup> . . . . .	<i>Lewis-Harris</i>	24B	799	799	NB154073
X5	1 Beinn Dhubh			493	506	NB089006
X2	1 Mealaisbhal . . . . .		24A	519	574	NB021270
X4	1 Beinn Mhòr <sup>b</sup>			555	572	NB254095
X3	1 Tiorga Mòr . . . . .		24B	588	679	NB055115
Y4	Askival		<i>Rùm</i> 17D	812	812	NM393952

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<sup>n</sup>p.197   <sup>c</sup>p.227   <sup>e</sup>p.235   <sup>b</sup>p.213

TS	Name	Drop	Ht	Grid ref	
Z6	Goatfell <sup>cb</sup>	Arran 20C	874	874	NR991415
Y6	Ben More <sup>b</sup>	Mull 17E	966	966	NM525330
	1 Beinn Talaidh		429	761	NM625347
Y5	2 Speinne Mòr		412	444	NM499497
Y6	1 Ben Buie		513	717	NM604270
Y7	1 Creach-Beinn		551	698	NM642276
Y6	1 Dùn da Ghaoithe		659	766	NM672362
Y2	Sgùrr Alasdair <sup>b</sup>	Skye 17B	992	992	NG450207
Y1	1 The Storr	17A	671	719	NG495540
Y3	1 Blàbheinn	17B	861	928	NG529217
I1	Ben Nevis <sup>bc</sup>	Britain 4A	1344	1344	NN166712
I2	1 Binnein Mòr		759	1130	NN212663
I4	1 Ben Alder <sup>w</sup>	4B	783	1148	NN496718
I5	2 Sgòrr nam Fiannaidh	3A	622	967	NN140583
I3	2 Chno Dearg	4B	649	1046	NN377741
I6	1 Bidean nam Bian	3B	845	1150	NN143542
I7	2 Beinn Sgulaird		662	937	NN053460
I6	2 Beinn a' Bheithir <sup>s</sup>		729	1024	NN056558
H4	1 Creag Meagaidh	9C	867	1128	NN418875
H5	2 Càrn Dearg	9B	590	945	NH635024
H2	3 Gairbeinn <sup>2</sup>		211	896	NN460985
H5	3 Geal-chàrn Mòr		226	824	NH836123
	3 Tom Bailgeann		242	464	NH588294
H6	3 Càrn Glas-choire	9A	251	659	NH891291
H1	3 Beinn a' Bhacaidh	9B	258	555	NH431119
H5	3 Càrn nan Tri-tighearnan	9A	333	615	NH823390
	3 Creag Dhubh	9B	391	756	NN678972
H3	3 Beinn Iaruinn	9C	446	805	NN297900
L5	1 Ben Lawers <sup>bc</sup>	2B	915	1214	NN635414
L4	2 Beinn Sheasgarnaich		579	1078	NN413383
L3	2 Schiehallion	2A	716	1083	NN713547
L1	2 Meall a' Bhuiridh <sup>w</sup>	3C	795	1108	NN250503
M2	2 Ben Lui <sup>w</sup>	1D	875	1130	NN266263
M1	3 Beinn Chapull	19A	467	515	NM937196
M4	3 Stob Odhar	19B	544	562	NR818742

...						
TS	Name		Drop	Ht	Grid ref	
M2	3	Beinn Bhuidhe	1D	592	948	NN203187
M3	3	Beinn Ime . . . . .		712	1011	NN254084
M6	4	Beinn an Lochain	19C	640	901	NN218079
M7	4	Doune Hill . . . . .	1E	695	734	NS290971
M5	4	Beinn Mhòr	19C	696	741	NS107908
L2	2	Ben Cruachan <sup>bc</sup> . . . . .	3C	879	1126	NN069304
J3	1	Ben Macdui <sup>bc</sup>	8A	950	1309	NN988989
	2	Beinn a' Bhuid <sup>b</sup> . . . . .	8B	456	1197	NJ092006
J7	3	Morven	21A	386	871	NJ376040
J5	4	Càrn Mòr . . . . .		349	804	NJ265183
J6	5	Bennachie <sup>s</sup>	21B	314	529	NJ662225
J3	2	Braeriach <sup>b</sup> . . . . .	8A	461	1296	NN953999
J2	2	Beinn Dearg	6A	472	1008	NN852777
J4	2	Ben Rinnes <sup>P</sup> . . . . .	21A	512	840	NJ255354
J1	2	Beinn Udlamain	5A	556	1011	NN579739
K3	2	Lochnagar <sup>s</sup> . . . . .	7A	670	1155	NO243861
K4	3	Mount Keen	7B	312	939	NO409869
K2	3	Glas Tulaichean . . . . .	6B	384	1051	NO051760
K5	3	Craigowl Hill	26A	393	455	NO376399
K3	3	Mount Blair . . . . .	7A	400	744	NO167629
K1	3	Beinn a' Ghlo <sup>s</sup>	6B	657	1121	NN971733
N1	1	Ben More <sup>bc</sup> . . . . .	1C	986	1174	NN432244
	2	Cruach Ardrain		549	1046	NN409212
N2	3	Ben Ledi . . . . .		528	879	NN562097
N4	2	Ben Chonzie	1A	645	931	NN773308
N3	2	Ben Lomond <sup>w</sup> . . . . .	1C	820	974	NN367028
N5	2	Ben Vorlich	1B	831	985	NN629189
N6	3	Ben Cleuch <sup>c</sup> . . . . .	26A	595	721	NN902006
S2	1	Snowdon <sup>bsce</sup>	30B	1038	1085	SH609543
S1	2	Moel Hebog . . . . .		585	783	SH564469
S2	2	Glyder Fawr		643	999	SH642579
	3	Moel Siabod . . . . .		595	872	SH705546
S5	4	Arenig Fawr	30D	479	854	SH827369
	5	Carnedd y Filiast . . . . .		315	669	SH871446
S3	6	Mwdwl-eithin	30C	265	532	SH917540

...							
TS	Name			Drop	Ht		Grid ref
S5	6	Foel Goch	. . .	30D	274	611	SH953422
S4	5	Moel y Gamelin		30C	382	577	SJ176465
S5	5	Moelwyn Mawr	. .	30B	385	770	SH658448
S6	4	Y Llethr		30D	561	756	SH661258
S7	2	Aran Fawddwy	. . . .	30E	670	905	SH862223
S9	3	Carnedd Wen		31A	228	523	SH924099
S7	3	Maesglase <sup>rS</sup>	. . . . .	30F	311	676	SH817150
S8	3	Cadair Berwyn		30E	344	830	SJ071323
S7	3	Tarren y Gesail	. . . .	30F	463	667	SH710058
	3	Cadair Idris <sup>S</sup>			608	893	SH711130
U2	2	Pen y Fan <sup>c</sup>	. . . . .	32A	671	886	SO012215
U1	3	Fan Brycheiniog <sup>m</sup>			423	802	SN825217
T1	3	Pumlumon Fawr <sup>nc</sup>	. .	31A	524	752	SN789869
T3	4	Drygarn Fawr		31C	254	645	SN862584
T2	5	Llan Ddu Fawr <sup>n</sup>	. . . .		168	594	SN790704
T3	5	Pen-crug-melyn			184	326	SN502285
T5	5	Mynydd Epynt	. .	32A	199	478	SN961464
T3	5	Crugiau Merched		31C	205	462	SN722455
	5	Mynydd Cynros	. . . .		221	329	SN620326
T6	4	Pegwn Mawr		31B	300	586	SO023812
T10	4	Worcestershire Beacon <sup>cP</sup>		38B	337	425	SO768452
T4	4	Foel Cwmcerwyn <sup>c</sup>		31C	344	536	SN094311
T7	4	Stiperstones	. . . .	38A	357	536	SO367986
T8	4	Brown Clee Hill <sup>sc</sup>			373	540	SO593867
T9	4	Great Rhos	. . . .	31B	373	660	SO182638
V	3	Waun Fach		32A	622	811	SO215299
S2	2	Carnedd Llewelyn <sup>c</sup>	. . . .	30B	750	1064	SH683643
Q3	2	Scafell Pike <sup>bc</sup>		34B	912	978	NY215072
Q1	3	Great Gable	. . . . .		425	899	NY211103
Q2	3	Grasmoor			519	852	NY174203
Q4	3	Helvellyn	. . . . .	34C	712	950	NY342151
Q5	4	High Street			373	828	NY440110
Q6	4	Cross Fell <sup>w</sup>	. . . .	35A	651	893	NY687343
Q8	5	Whernside <sup>c</sup>		35B	408	736	SD738814
Q9	5	Urra Moor <sup>s</sup>	. . . .	37	409	454	NZ594015

...  
<sup>r</sup>p.200   <sup>s</sup>p.211   <sup>c</sup>p.227   <sup>m</sup>p.220   <sup>n</sup>p.197   <sup>P</sup>p.205   <sup>b</sup>p.213   <sup>w</sup>p.232

...						
TS	Name		Drop	Ht	Grid ref	
Q7	5	Ingleborough	35B	427	724	SD741745
R1	5	Kinder Scout <sup>cw</sup>	. . . 36	501	636	SK084875
R2	6	Shining Tor <sup>c</sup>		236	559	SJ994737
R3	6	The Wrekin <sup>c</sup>	. . 38A	310	407	SJ628080
	7	Cleeve Hill <sup>cw</sup>	39	234	330	SO996245
R4	8	Wendover Woods <sup>nrc</sup>		180	267	SP890090
R5	7	Beacon Batch <sup>p</sup>	41	237	325	ST484572
R6	8	Walbury Hill <sup>c</sup>	. 42	188	297	SU373616
R7	8	Black Down <sup>c</sup>		191	280	SU919296
R8	7	Leith Hill <sup>cp</sup>	. . . .	246	295	TQ139431
R3	7	Bredon Hill	39	257	299	SO957402
R1	6	Boulsworth Hill <sup>sw</sup>	. . 36	323	517	SD929356
	6	Pendle Hill		395	557	SD804414
W2	5	High Willhays <sup>c</sup>	. . . 40	537	621	SX580892
W1	6	Brown Willy <sup>cw</sup>		314	420	SX158799
W3	6	Dunkery Beacon <sup>cw</sup>	. 41	414	519	SS891415
	7	Staple Hill <sup>w</sup>		212	315	ST240166
W4	8	Lewesdon Hill <sup>c</sup>	. .	185	279	ST437012
W3	7	Wills Neck <sup>t</sup>		261	386	ST165351
O2	4	Merrick <sup>c</sup>	. . . . . 27B	705	843	NX427855
O1	5	Beneraird		307	439	NX135785
O2	5	Lamachan Hill	. . . . .	453	717	NX435769
	5	Corserine		488	814	NX497870
	5	Cairnsmore of Fleet	. . .	522	711	NX501670
O3	5	Cairnsmore of Carsphairn	27C	582	797	NX594979
O4	6	Criffel	. . . . .	488	569	NX957618
P6	5	Broad Law <sup>c</sup>	28B	653	840	NT146235
	6	White Coomb	. . . . .	374	821	NT163150
P7	7	Ettrick Pen <sup>w</sup>		358	692	NT199076
P5	6	Green Lowther	. 27C	424	732	NS900120
P2	6	Tinto	27A	442	711	NS953343
P3	6	Windlestraw Law	28A	461	659	NT371431
	7	Blackhope Scar <sup>c</sup>		282	651	NT315483
P4	8	Meikle Says Law <sup>c</sup>	.	267	535	NT581617
P3	7	Scald Law		312	579	NT191610



...						
TS	Name		Drop	Ht	Grid ref	
	7	Broughton Heights	. .	347	571	NT122410
P1	6	Hill of Stake <sup>c</sup>	27A	489	522	NS273630
P11	6	The Cheviot <sup>c</sup>	. . . 33	556	815	NT909205
P10	7	Peel Fell <sup>my</sup>		196	602	NY625997
P11	7	Ros Hill	. . . . .	222	315	NU081253
	7	Tosson Hill		247	440	NZ004982
P8	7	Cauldcleuch Head <sup>w</sup>	28B	256	619	NT456006
P9	7	Sighty Crag	33	295	520	NY601809
Q4	4	Skiddaw	. . . . . 34A	709	931	NY260290
E1	1	Càrn Eige <sup>b</sup>	11A	1147	1183	NH123261
E2	2	A' Chralaig	. . . . . 11B	786	1120	NH094148
E4	3	Gleouraich	10A	765	1035	NH039053
E3	4	Sgùrr a' Mhaoraich	. . .	706	1027	NG983065
E5	2	Ladhar Bheinn	10B	795	1020	NG824039
E6	2	Sgùrr na Ciche <sup>w</sup>	. . . . .	839	1040	NM902966
E7	3	Sròn a' Choire Ghairbh	10C	622	937	NN222945
D3	2	Sgùrr na Lapaich	. . . . . 12B	839	1150	NH160351
D2	3	Sgùrr a' Choire Ghlais	12A	818	1083	NH258430
D1	4	Moruisg <sup>w</sup>	. . . . .	594	928	NH101499
F2	2	Gaor Bheinn	10D	842	987	NN002875
F1	3	Sgùrr Thuilm	. . . . .	614	963	NM939879
F3	3	Rois-Bheinn <sup>2</sup>	18A	774	882	NM756778
G2	2	Sgùrr Dhomhnuill	. . . 18B	873	888	NM889678
G1	3	Sgùrr Ghiubhsachain		614	849	NM875751
G2	3	Garbh Bheinn	. . . . .	687	885	NM904622
G3	3	Creach Bheinn	18C	755	853	NM870576
B8	2	Sgùrr Mòr <sup>bw</sup>	. . . . . 14B	913	1108	NH203718
B6	3	Mullach Coire Mhic Fhearchair	14A	595	1019	NH052735
B7	3	Slioch	. . . . .	626	981	NH004690
B8	3	Fionn Bheinn <sup>w</sup>	14B	658	933	NH147621
B10	3	Sgòrr Ruadh	. . . . . 13B	727	962	NG959505
B5	3	An Teallach <sup>s</sup>	14A	756	1062	NH069843
B3	3	Beinn Dearg <sup>w</sup>	. . . . . 15A	810	1084	NH259811
B2	4	Cùl Mòr	16F	651	849	NC162119
B1	4	Ben More Coigach	. . . . .	657	743	NC094042

...

TS	Name	Drop	Ht	Grid ref
B4	4 Ben Wyvis <sup>s</sup>	15B	691 1046	NH462683
A5	3 Ben More Assynt . . .	16E	835 998	NC318201
A6	4 Canisp	16F	691 847	NC202187
A4	4 Ben Klibreck <sup>s</sup> . . .	16D	818 962	NC585299
A3	5 Morven	16C	574 706	ND004285
A1	5 Foinaven <sup>s</sup> . . . .	16B	687 911	NC315507
A2	5 Ben Hope		772 927	NC477501
B9	3 Beinn Bhàn . . . . .	13B	851 896	NG803450
C	2 Liathach <sup>bs</sup>	13A	957 1055	NG929579

## 3.2 Maps

Those who have seen the first version of the HuMPs list may remember some rather nice-looking maps which were used to indicate the positions of the HuMPs. These have been left out of this book for two reasons: (a) they massively increase the file size; and (b) they were based on low-resolution OS mapping, and it really wouldn't be a good idea to reproduce that in a book designed to be distributed freely.

The place currently to look for detailed maps is Simon Edwardes' website [48] where users can view good maps of the HuMPs that lie in any topo section. See <http://www.hill-bagging.co.uk/TopoRegions.php?qu=Hu&gp=TA01> for a sample URL; also, the header of the list of hills of each region links to a map of that region with all the HuMPs shown (at least in the electronic version).

Still, if anyone has any ideas about free mapping that could be used to generate maps of the HuMPs to go in a future edition of this book, please tell me. Cheers.

### 3.2.1 Overview maps

The 'back cover' (final page of this e-book, 363) shows the boundaries of the topo regions superimposed on a topographical map of Britain. The maps in this section show the boundaries of the topo regions and sections, in enlarged sections of the same map. These will hopefully allow you to get a feel for where the regions are, what areas they cover and how they relate to each other, and also serve to illustrate how the boundaries of these regions always follow the rivers and contours of the landscape.

Figure 2: The topo sections of Orkney and Shetland

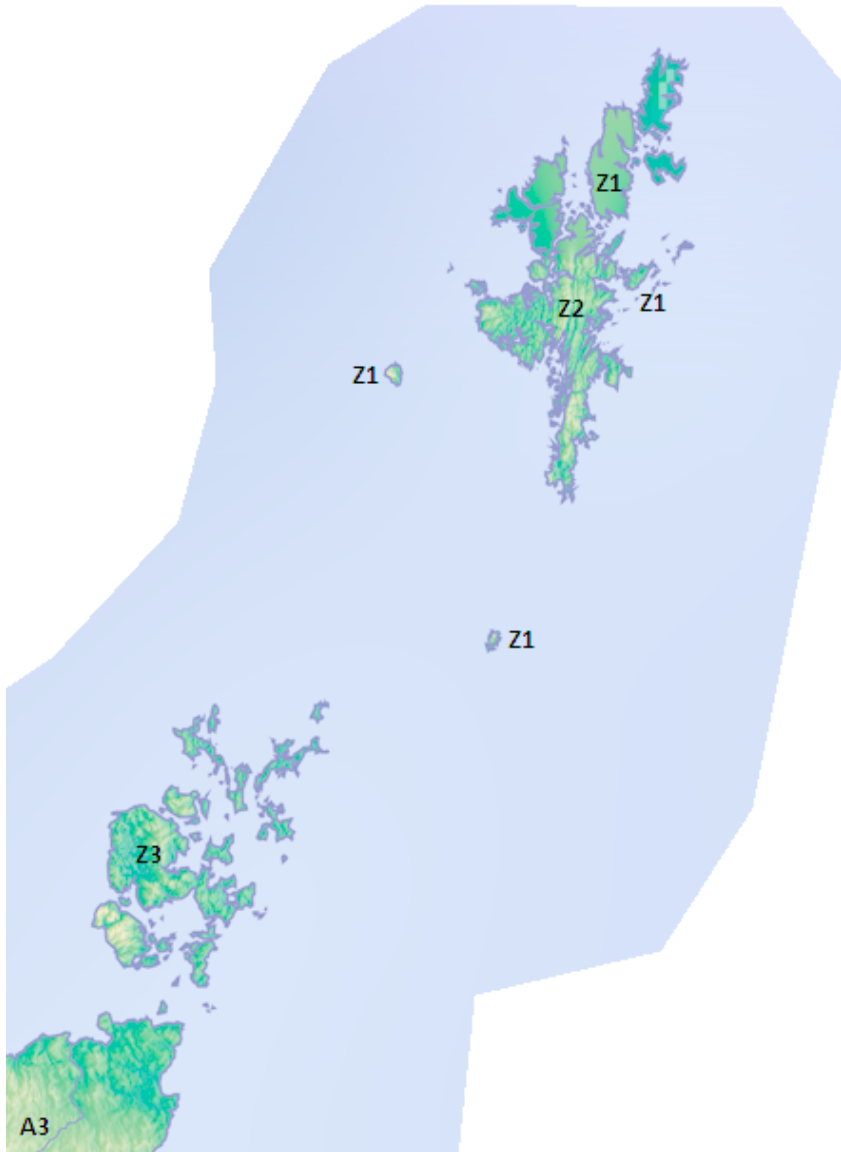


Figure 3: The topo sections of the Hebrides

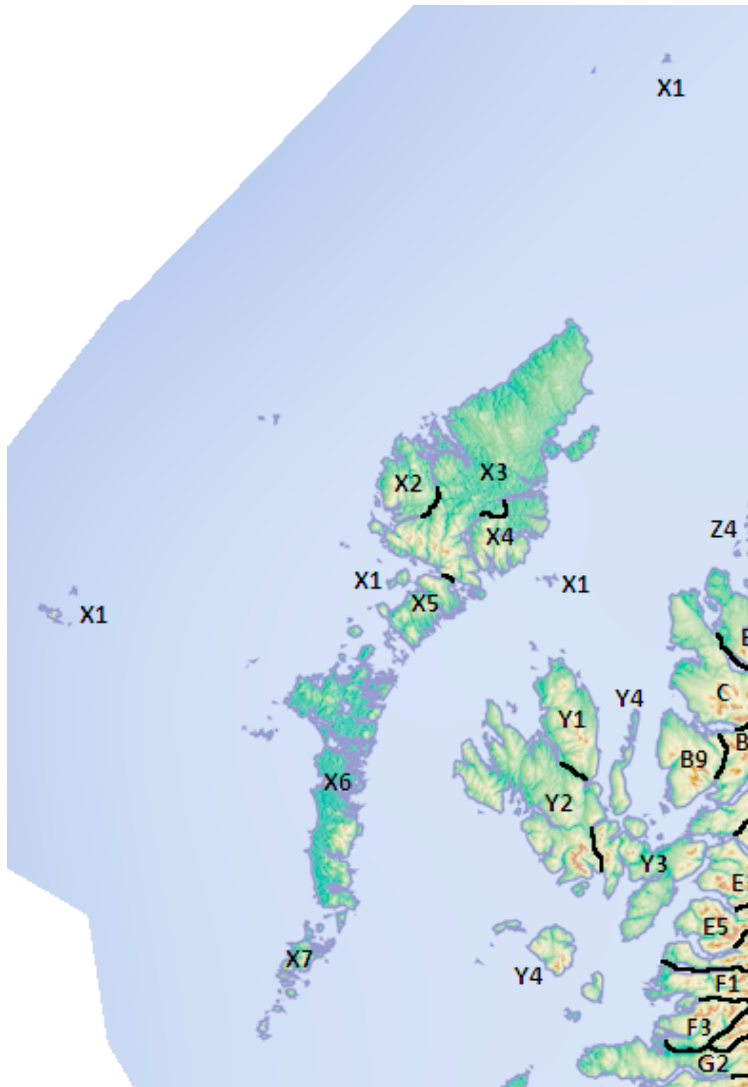


Figure 4: The topo sections of north-western Scotland

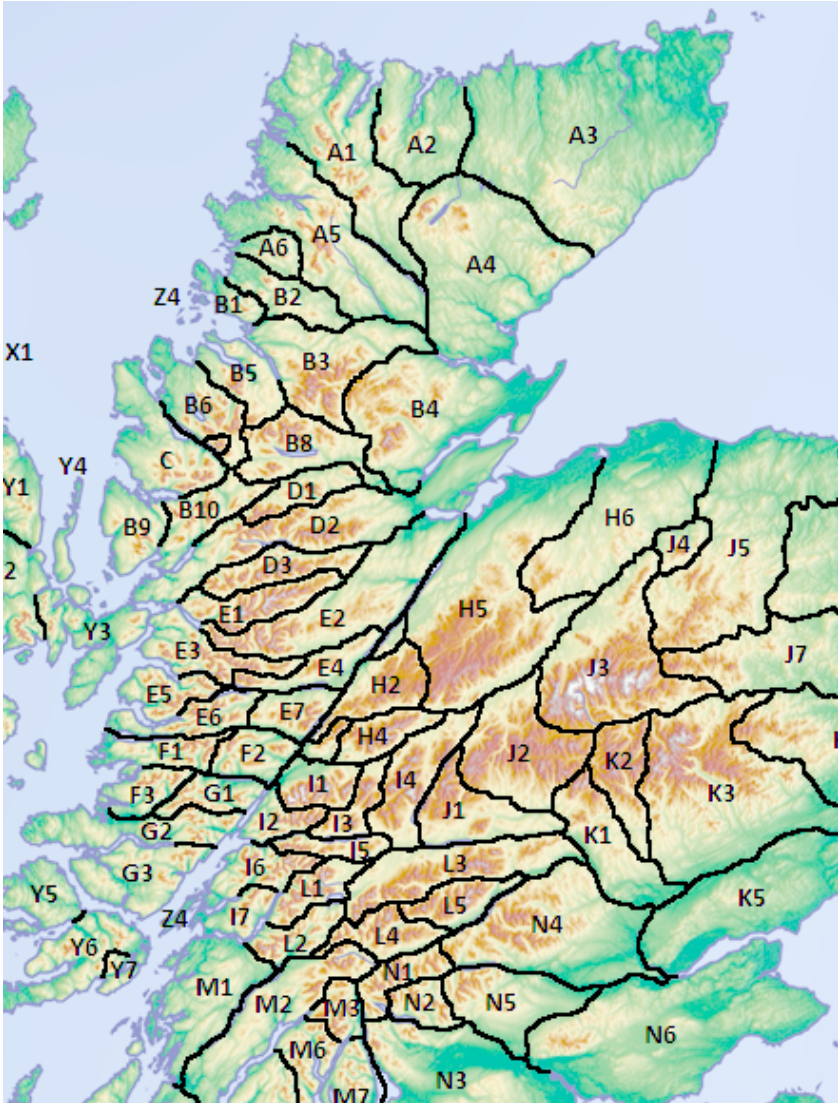


Figure 5: The topo sections of eastern Scotland

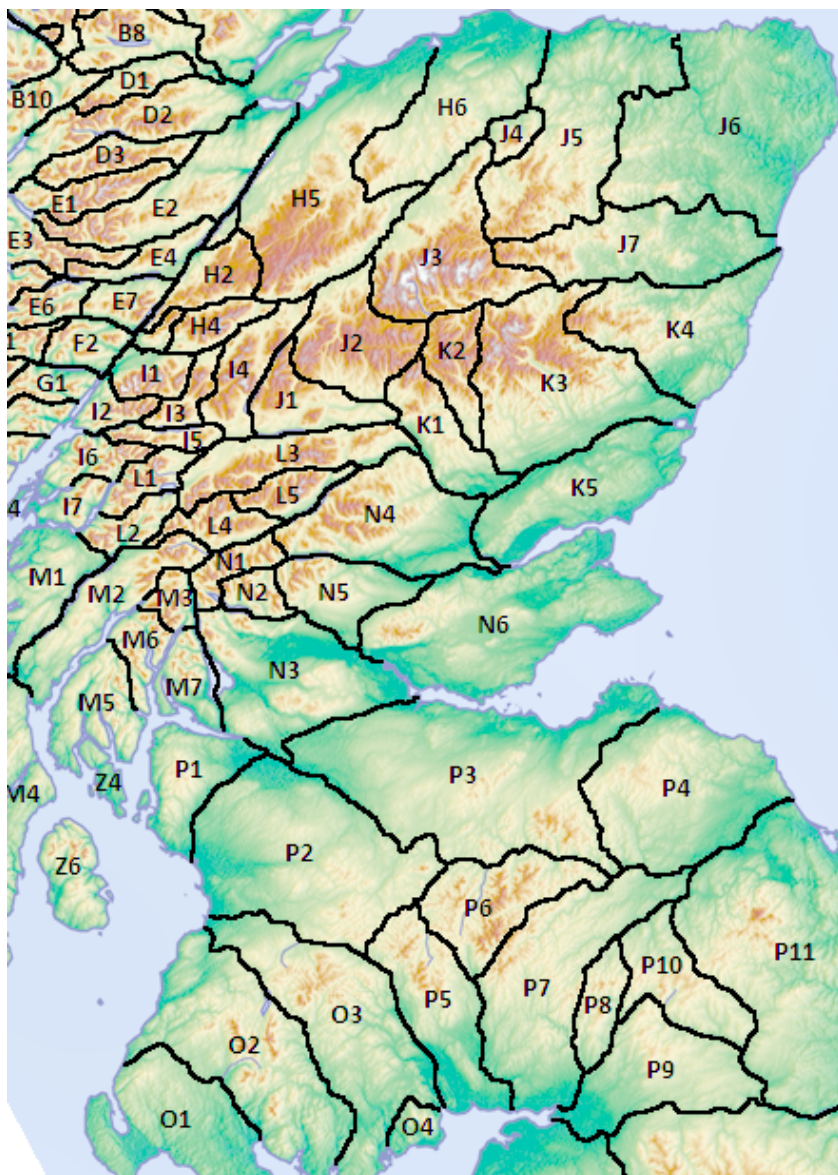




Figure 6: The topo sections of south-western Scotland

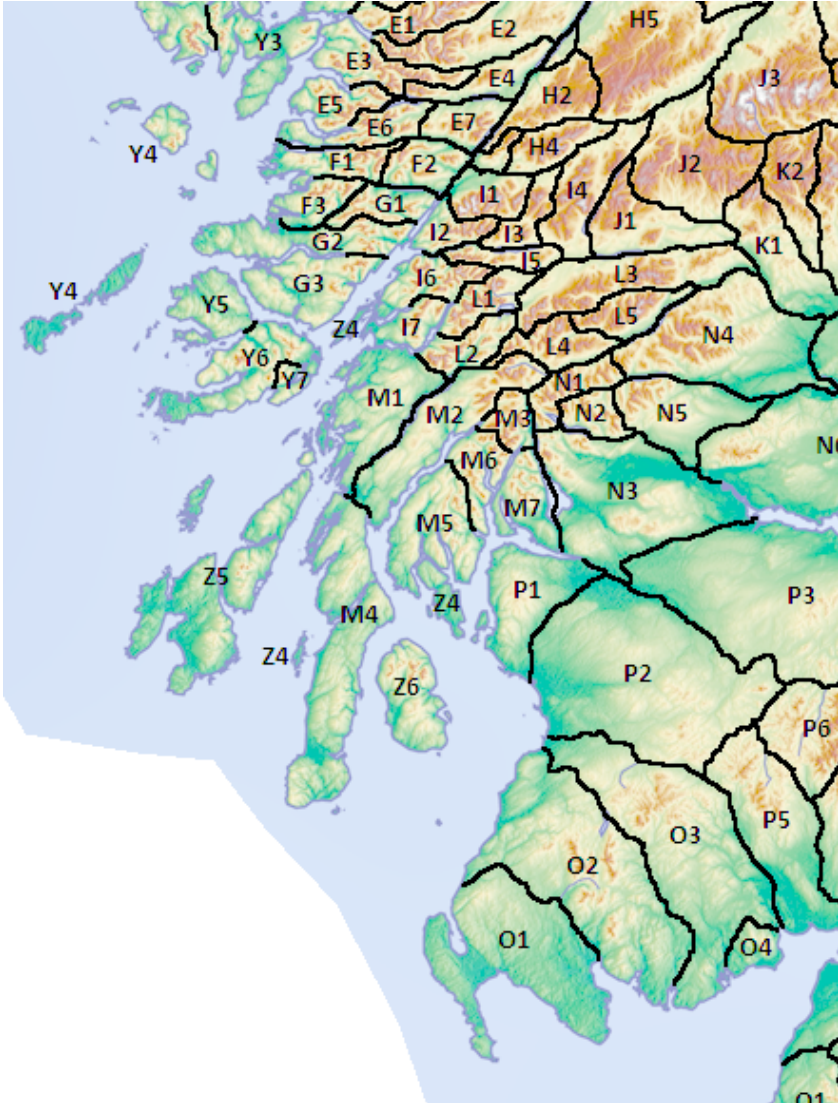




Figure 7: The topo sections of northern England

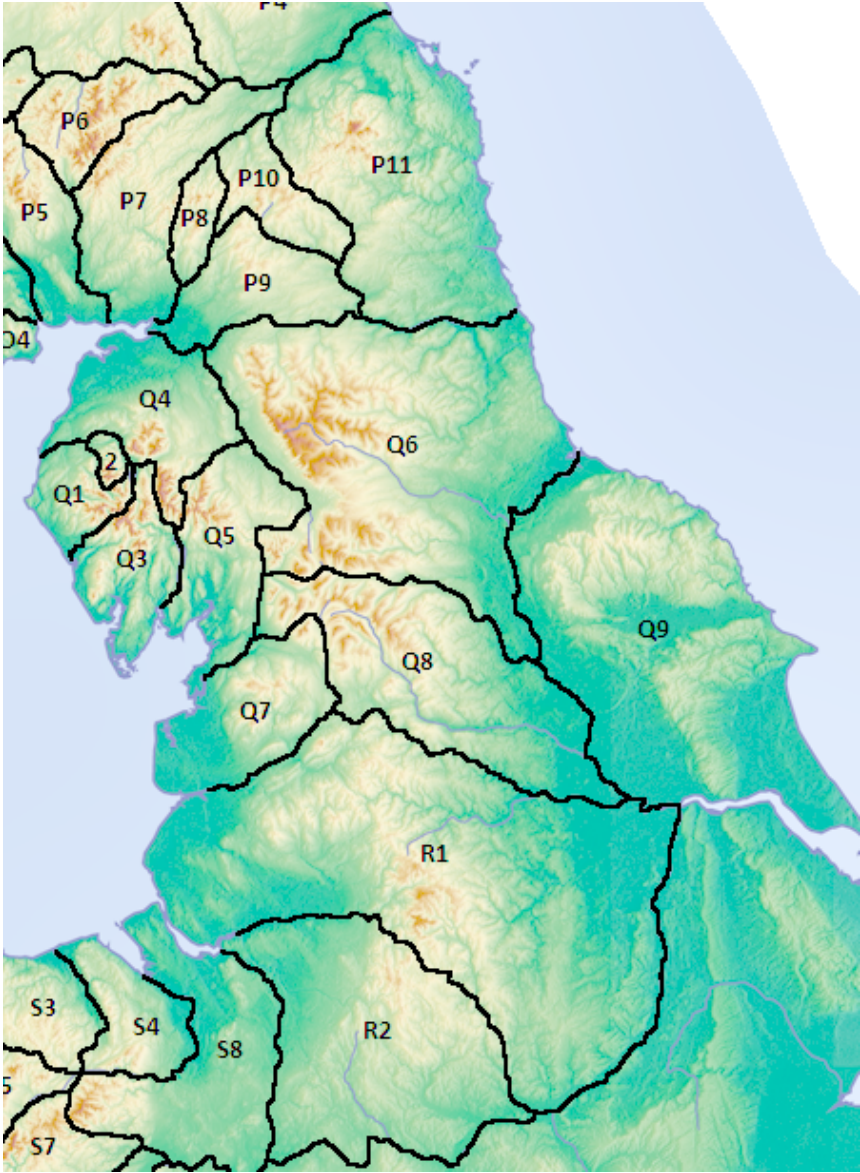


Figure 8: The topo sections of southern England

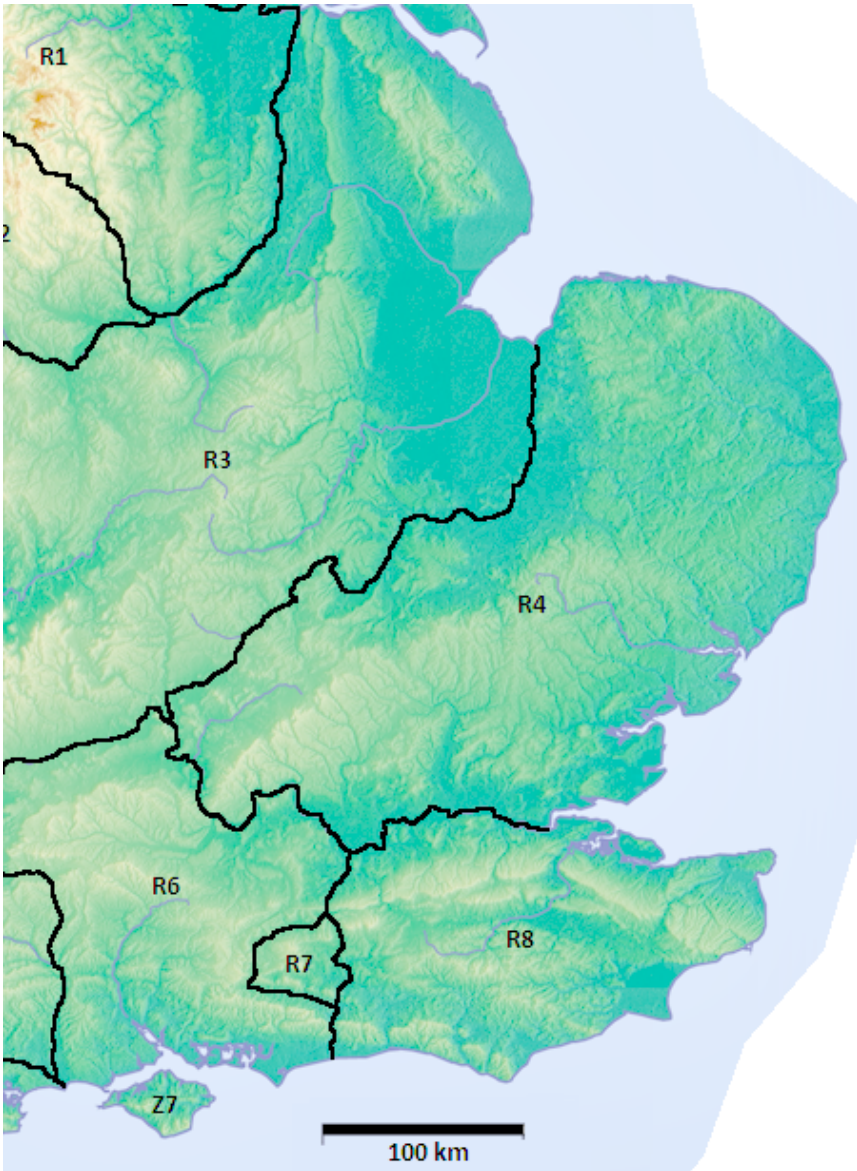


Figure 9: The topo sections of Wales and the Isle of Man

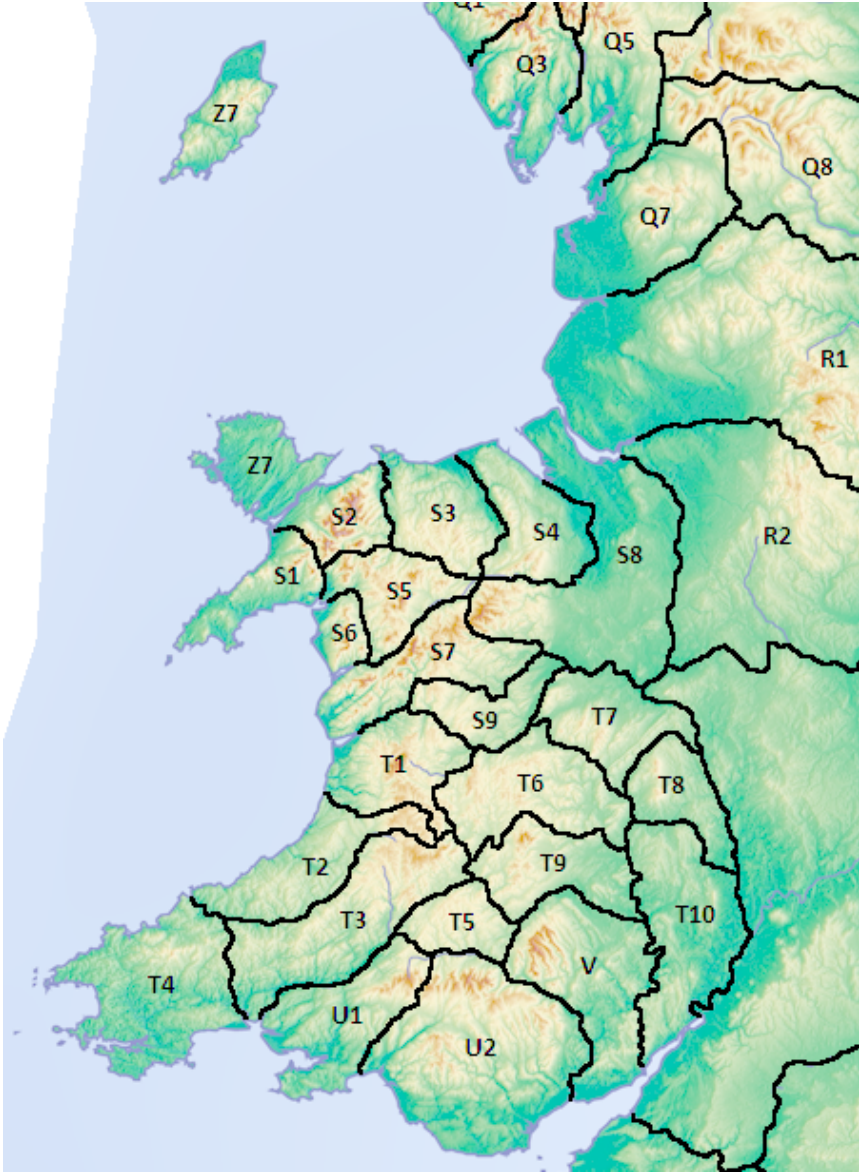
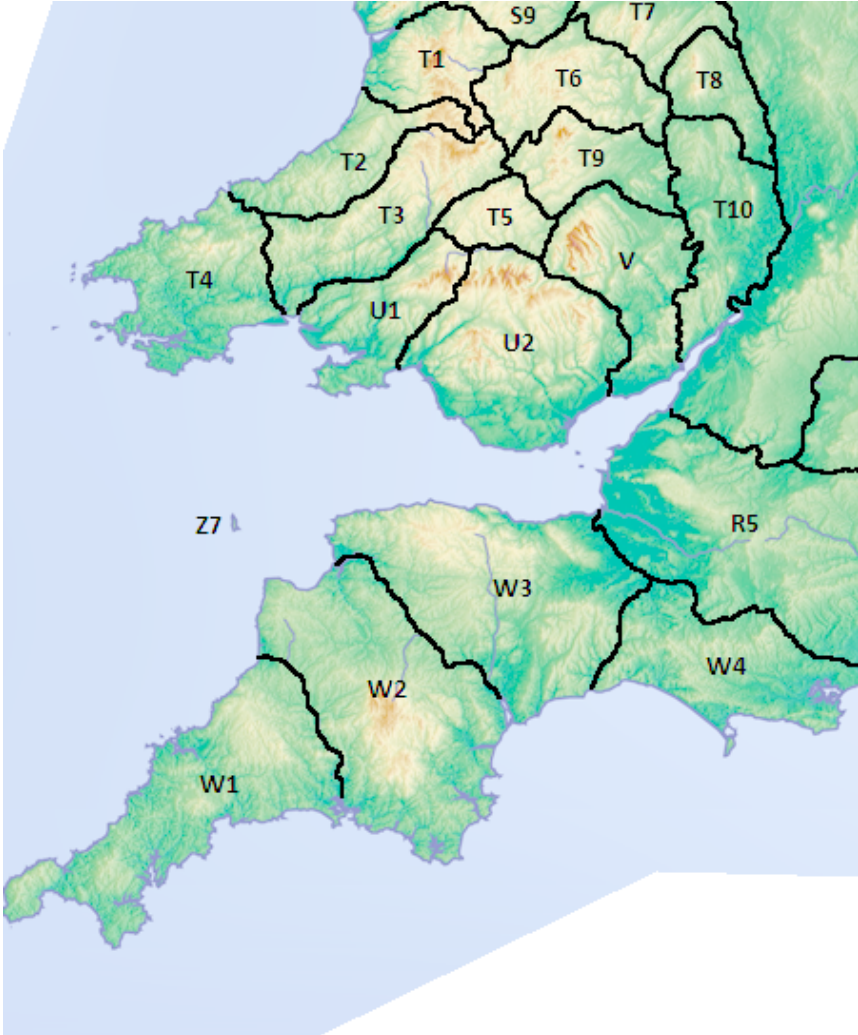


Figure 10: The topo sections of South Wales and the south-west peninsula



### **3.3 RHB sections and topo sections**

The ancestor and detailed trees makes it easy to find the RHB section(s) for a given topo section. It may be useful to list the sections as used in RHB [3] and the corresponding topo sections as introduced here, thus showing the reverse mapping. Table 5 lists these. The columns are headed by the RHB section letter; if an RHB region is not divided into sections, then the corresponding topo sections are shown in the A column.



Table 5: Topo sections for each RHB section

RHB	A	B	C	D	E	F
1	N4	N5	N1 N2 N3	M2 M3	M7	
2	L3	L4 L5				
3	I5 L3	I6 I7 Z4	L1 L2 L4			
4	I1 I2 I3	I3 I4				
5	J1	J2				
6	J2	K1 K2				
7	K3	K3 K4				
8	J3	J3 J5 J7				
9	H5 H6	H1 H2 H5 H6	H2 H3 H4			
10	E3 E4	E5 E6	E4 E7	E6 F1 F2		
11	E1 E2	E2				
12	B8 D1 D2	D3 E2				
13	C	B9 B10 Z4				
14	B5 B6 B7 Z4	B8				
15	B2 B3	B4 D2				
16	A1	A1 A2	A2 A3	A3 A4	A5 Z4	A6 B1 B2 B3 Z4
17	Y1 Y2 Y4	Y2 Y3 Y4	Y3 Y4	Y4	Y4 Y5 Y6 Y7	Y4
18	F3 G2 Z4	G1 G2	G3 Z4			
19	M1 M2 Z4	M4 Z4	M5 M6 Z4			
20	Z5	Z5	Z6	Z5		
21	J3 J4 J5 J6 J7	J5 J6 J7				
22	Z1 Z2					
23	Z3					

...

...						
RHB	A	B	C	D	E	F
24	X1 X2 X3 X4	X1 X3 X5	X6	X7		
25	X1					
26	K5 N3 N4 N6	N5				
27	O2 P1 P2 Z4	O1 O2 Z4	O3 O4 P2 P5			
28	P3 P4 Z4	P6 P7 P8 P9 P10 P11				
29	Z7					
30	S1 Z7	S1 S2 S5	S3 S4	S5 S6	S5 S7 S8 S9	S7
31	S9 T1	T6 T7 T9	T1 T2 T3 T4 Z7			
32	T5 U1 U2 V	U1 U2	U2 V			
33	P11 P9 P10					
34	Q2 Q4	Q1 Q2 Q3 Q4	Q3 Q4 Q5	Q3 Q5		
35	Q4 Q5 Q6	Q7 Q8				
36	Q5 Q8 R1 R2 S8					
37	Q9 R3					
38	R3 S8 T6 T7 T8	T6 T8 T9 T10 V				
39	R3 R4 R6					
40	W1 W2 W3 Z7					
41	R5 W3 W4					
42	R6 R7 R8 Z7					

### 3.4 How to read the tables

What follows is a brief description of the columns to be found in the main tables.

**Indent** The number of ‘generations’ from the root the hill is. For most hills, the root will be **Ben Nevis**↑. For those on Skye, it’s **Sgùrr Alasdair**↑, and so on. A hill’s parent is implicit in the tree structure, as detailed above; it can be found above the hill, and one indent to the left.

**Name** The name has been amended with reference to the most recent OS maps as necessary, including new Gaelic forms (**Beinn Sheasgarnaich**↑ for **Beinn Heasgarnich**, for example) and accent marks. On those rare occasions when the 1:25 000 and 1:50 000 maps differ, I have usually left the name in the form in which I found it. I have adopted a policy of treating OS names as definitive unless obviously wrong.

This includes the accenting, which is a fairly recent business, but in line with correct Gaelic, so I have adopted it out of respect for the language. Sometimes the OS have been inconsistent with it (about half their instances of ‘Carn’ have been accented to ‘Càrn’), so I have had to standardise the spelling of individual words. Apologies if any of these variations are in fact due to dialect.

Alternative names – though not alternative spellings – can be found in the Notes, which are indicated by letters referring the reader to the appendices; see the following section for an explanation of how they work.

Some hills have both a mountain name and a summit name, e.g. **Beinn a’ Bheithir**↑ – **Sgòrr Dhearg** and **Long Mynd**↑ – **Pole Bank**. In these cases I have used the mountain name where the peak in question is the highest point of the mountain, as with both the examples just given. With subsidiary summits (e.g. **Beinn a’ Bheithir**↑ – **Sgòrr Dhonuill**↑) I use the summit name. No information is lost in this way, because (a) in the case of **Sgòrr Dhonuill**↑, it is obvious that it’s a subsidiary of **Beinn a’ Bheithir**↑ from the tree structure, and (b) in the case of **Sgòrr Dhearg**, the summit name can be found in appendix *s*, ‘Summit Names’, on page 211.

Where two hills share the same name I have differentiated between them, as this makes it much easier to generate the tree from the parent



listings, and of course makes it easier to understand what hill I'm talking about. E.g. **Ben More (Crianlarich)**↑ and **Ben More (Mull)**↑. These bracketed names can be found in the Index but not in the main tables.

Hill names in SMALL CAPITALS are the root(s) of their topo section; all sections have just one root, except for those which are collections of islands. Hill names in **bold** are 'Minors', with drop at least 300 m.<sup>12</sup> The parent hill of the root (if there is one) is also included, with its name in smaller type, and its topo section in parentheses.

**Island** For those hills which are the highest points on their islands, the name of the island is given in *smaller italic type* to the right of the name. For the other hills, the island they lie on can be deduced from the fact that they are descended from (i.e. listed below) the island's highest peak – another advantage of the tree system.

**RHB region** This is given in smaller type to the left of the drop. If nothing is given, then it can be assumed that the hill lies in the same RHB region as the one listed above it. Actually, this happens quite a lot, since the RHB regions are usually pretty good at conforming to the branches of the tree. This information also serves to illustrate those places where the RHB regions do not conform to natural boundaries, splitting up a tree branch between several of them.

**Drop and Height** These are rounded to the nearest metre on those rare occasions where more accurate information is available from surveys, for general consistency.

**Grid Reference** The usual OS six figures, rounded down where ten-figure grid references are available.

**Date of ascent and 1:50,000 map number** Sadly it wasn't possible to include these two items in the tables due to lack of space. However, the numbers of the Landranger maps on which each hill can be found are listed in the index, after the name of the hill and before the list of pages on which the hill is mentioned. As for the date of ascent, I just hope there is enough space in one of the margins, or to the left of the Drop column.

<sup>12</sup>The term 'Major', for a hill of prominence at least 600 m, is well established. 'Minor' is introduced here, partly by analogy, partly in memory of Philip S. Minor, who walked with J. Rooke Corbett to establish some of the early lists.

### 3.5 Notes: references to the appendices

Each letter or symbol after the hill name, in superscript, is a reference to one of the appendices which come after the main list. These are tables of hills which are worthy of comment, either because their details have changed since the compilation of the source lists, or because of some oddity, such as being one of a pair of twin peaks, having alternative names, being a county top, or requiring climbing skills. A brief key to the letters used is given below in table 6.

The appendices are ordered in the order listed in table 6, which is about as systematic as I can get them (although not very). To aid the finding of particular appendices, the page numbers for each relevant appendix are listed at the bottom of each page of tables, the letter used to reference them is printed in large text at the head of the appendix, and (in the electronic version) there are hyperlinks from a superscript to the relevant appendix.

Also note that a letter after a hill's name in the list doesn't necessarily mean that it has the status which that appendix is devoted to. It just means that the hill is mentioned in the appendix as being related in some way to that status – maybe it had that status but lost it, or it's unclear whether it has the status or not. Turn to the relevant appendix for details.

Table 6: Key to the appendices

**Ringling the Changes**

- + p.191 new HuMP
- > p.194 replaced a nearby HuMP previously thought to be higher
- ^ p.196 promoted to Marilyn since RHB
- v p.197 demoted from Marilyn list since RHB
- n p.197 name changed from previous list
- r p.200 summit relocated
- g p.202 region corrected from earlier listing
- p p.205 parent corrected

**Attention Seekers**

- a p.207 alternative name given, apart from those in appendix *n*, 'Name Changes', on page 197
- s p.211 summit name given
- b p.213 (biggest) in top dozen highest or most prominent HuMPs
- l p.215 in lowest ten HuMPs

**Doubles**

- 2 p.217 paired with a neighbouring HuMP at the same height
- t p.217 twin peak (30–99 m drop between peaks)
- m p.220 multiple summit locations (<30 m drop between tops, i.e. on the same hill)

**Notable Locations**

- [i p.223 Island summits not marked in list, as can be easily deduced]
- o p.227 outermost HuMPs
- c p.227 county or unitary authority top
- y p.231 interesting boundary situation
- w p.232 on main watershed

**Practicalities**

- h p.233 hardest HuMPs (mostly those requiring climbing skills)
- e p.235 easiest HuMPs (less than 100 m walk from a road)

**Other**

- u p.255 Un-Munros, i.e. over 3000 ft in Scotland but not a Munro – part of the larger essay 'HuMPs and Munros' on page 253

## 3.6 The indexes

To help compensate for the lack of detailed maps, there are two indexes. The first lists all the hills, with the pages where each is mentioned, with the principal entry in the main table (and ancestor tree for those hills in it) marked in bold. It also lists the Ordnance Survey 1:50 000 sheet number(s) for the hill; there was not enough space for these in the main tables.

The second index is to place-names other than hills. This includes many lakes and rivers, because these form the boundaries of the new topo regions and sections. Thus to find hills in some area it may be useful to look up the name of a river or lake nearby.

In both indexes, in the electronic version, the page numbers in each index entry are hyperlinks to the relevant pages. The same system also works in reverse, so that the name of a hill in the main list links to its index entry. In the rest of the e-book, the name of the hill links to the index entry, while an upward-pointing arrow next to the hill name links to the main list entry.

## Chapter 4

# The HuMPs by region

Please see the previous chapter for information on the columns and data that make up the following tables. For information on the region names, labelling scheme and boundary descriptions, please see section [2.4](#) 'Topo Regions' on page [18](#).

## A

## The Far North of Scotland

## Ben More Assynt

Inverkirkaig; River Kirkaig, Fionn Loch and Loch Veyatie to Elphin; Ledmore River and Allt an Loin Duibh to valley head at [NC299079](#); Allt Eileag, River Oykel and Kyle of Sutherland to Bonar Bridge; Dornoch Firth and coast round to Inverkirkaig.

## A1 Cape Wrath to Loch Shin

## Foinaven

North-east of Loch Stack, Loch More, valley, Loch Merkland and Loch Shin from Laxford Bridge to Dalchork; west of River Tirry, Allt a' Chràisg and River Vagastie from there to Altnaharra; south-west of River Mudale, Meadie Burn, Allt na Fèithe Buidhe, Strathmore River and Loch Hope from there to Hope.

Name	Drop	Ht	Grid ref
<b>Ben Klibreck (A4)<sup>s</sup></b>	16D		
5 <b>FOINAVEN<sup>s</sup></b> . . . . .	16B	687	911 <a href="#">NC315507</a>
6 <b>Stob Cadha na Beucaich</b>		123	808 <a href="#">NC325487</a>
6 <b>Meall Horn</b> . . . . .		264	777 <a href="#">NC352449</a>
7 <b>Sabhal Beag</b>		169	732 <a href="#">NC373429</a>
6 <b>An Lèan-Chàrn</b> . . . . .		326	521 <a href="#">NC419525</a>
7 <b>Ben Arnaboll</b>		103	230 <a href="#">NC459589</a>
7 <b>Ben Heilam</b> . . . . .		110	178 <a href="#">NC469617</a>
7 <b>Meall an Ceirileach</b>		114	500 <a href="#">NC419500</a>
8 <b>Feinne-bheinn Bheag</b> . . . . .		103	441 <a href="#">NC428477</a>
7 <b>Feinne-bheinn Mhòr</b>		178	465 <a href="#">NC434462</a>
6 <b>Meallan Liath Coire Mhic Dhughail</b>		349	801 <a href="#">NC357391</a>
7 <b>Cnoc a' Choilich<sup>w</sup></b>		106	374 <a href="#">NC375343</a>
7 <b>Ben Screavie</b> . . . . .		147	332 <a href="#">NC309393</a>
7 <b>Càrn an Tionail<sup>w</sup></b>		211	759 <a href="#">NC392390</a>
8 <b>Beinn Direach<sup>w</sup></b> . . . . .		150	688 <a href="#">NC406380</a>
9 <b>Meall a' Chlèirich<sup>w</sup></b>		108	631 <a href="#">NC407365</a>
6 <b>Farmheall</b> . . . . .	16A	362	521 <a href="#">NC308588</a>
7 <b>Ghlas-bheinn</b>		156	333 <a href="#">NC332614</a>

...

Name	Drop	Ht	Grid ref
7 An Socach . . . . .	165	362	NC265586
7 <b>Creag Riabhach</b>	349	485	NC278638
8 Beinn Dearg . . . . .	146	423	NC279658
9 Cnoc a' Ghiubhais	140	298	NC266701
10 Dùnan Mòr . . . . .	116	163	NC261740
8 An Grianan	154	467	NC264627
8 Beinn Akie . . . . .	161	288	NC340650
8 Fashven	212	460	NC314675
9 Sgribhis-bheinn . . . . .	204	371	NC319713
10 Maovally	135	302	NC306693
11 Beinn an Duibhe . . . . .	123	220	NC349700
6 <b>Arkle</b> 16B	392	787	NC302461
6 <b>Cranstackie</b> . . . . .	560	801	NC351556
7 Beinn Spionnaidh	212	773	NC362572
8 Meall Meadhonach . . . . .	196	423	NC410628
9 Beinn Ceannabeinne	145	383	NC422646
6 <b>Ben Hee</b> . . . . .	607	873	NC426339
7 Creag Dhubh Mhòr <sup>w</sup>	156	553	NC458337
7 Meall an Fhuarain <sup>2</sup> . . . . .	216	472	NC513305
8 Creag Dhubh Bheag <sup>2</sup>	203	472	NC474307

**A2 Strathmore to Strath Naver****Ben Hope**

North-west of Loch Naver and River Naver from Altnaharra to Bettyhill.

Name	Drop	Ht	Grid ref
<b>Ben Klibreck (A4)<sup>s</sup></b> 16D			
5 <b>BEN HOPE</b> . . . . . 16B	772	927	NC477501
6 Meallan Liath	147	601	NC514503
6 Meadie Ridge . . . . .	159	414	NC499438
6 Ben Hutig	194	408	NC538652
6 <b>Ben Loyal<sup>s</sup></b> . . . . .	609	764	NC578488
7 Sgòr Fhionnaich	139	568	NC563482
8 Garbh Chnoc . . . . .	104	177	NC570539

<sup>w</sup>p.232   <sup>2</sup>p.217   <sup>s</sup>p.211

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Name		Drop	Ht	Grid ref
7	<b>Cnoc an Daimh Mòr</b>		162 357	NC533427
8	Pole Hill <sup>a</sup> . . . . .	16C	119 294	NC642412
7	<b>Cnoc nan Cuilean</b>	16B	203 558	NC597461
7	<b>Ben Hiel</b> . . . . .		210 535	NC595500
8	<b>Cnoc Craggie</b>		143 319	NC605529
8	<b>Meall nan Clach Ruadha</b> .	16C	171 336	NC605569
9	<b>Cnoc an Fhreicheadain<sup>a</sup></b>		100 307	NC611594
7	<b>Beinn Stumanadh</b> . . . . .		389 527	NC640499

### A3 Strath of Kildonan to Dunnet Head Morven (Caithness)

North-east of Allt Dalharrold (to [NC727372](#)), Loch Rimsdale, Loch nan Clàr and River Helmsdale from the east end of Loch Naver to Helmsdale.

Name		Drop	Ht	Grid ref
<b>Ben Klibreck (A4)<sup>s</sup></b>	16D			
5 <b>MORVEN</b> . . . . .	16C	574	706	ND004285
6 Small Mount		108	535	NC990286
6 <b>Cnoc an Eireannaich</b> . . . . .		122	517	NC957276
7 <b>Cnocan Conachreag<sup>w</sup></b>		103	269	ND114367
7 Sletill Hill . . . . .		103	280	NC929464
7 <b>Beinn nam Bad Mòr</b>		114	290	NC998550
6 <b>Ben-a-chielt<sup>m</sup></b> . . . . .		133	287	ND193373
7 <b>Dunnet Head<sup>eo</sup></b>		101	127	ND205764
6 <b>Ben Dorrery</b> . . . . .		134	244	ND063550
6 <b>Creag Scalabsdale</b>		200	555	NC970240
7 <b>Cnoc na Maoile</b> . . . . .		156	402	ND008212
7 <b>Bràigh na h-Eaglaise</b>		179	422	ND064221
8 <b>Creag Thoraraidh<sup>t</sup></b> . . . . .		155	404	ND040187
6 <b>Beinn Dubhain</b>		222	417	NC936207
6 <b>Scaraben</b> . . . . .		335	626	ND066268
7 <b>Smean</b>		211	511	ND032276
8 <b>Sal-vaich</b> . . . . .		103	412	ND036260
8 <b>Maiden Pap</b>		170	484	ND048293

<sup>a</sup>p.207 <sup>s</sup>p.211 <sup>w</sup>p.232 <sup>m</sup>p.220 <sup>e</sup>p.235 <sup>o</sup>p.227 <sup>t</sup>p.217

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Name	Drop	Ht	Grid ref
6 <b>Ben Griam Mòr</b> . . . . .	433	590	NC806389
7 <b>Beinn a' Mhadaidh</b>	147	403	NC768415
8 <b>Beinn Rosail<sup>w</sup></b> . . . . . 16D	102	260	NC701405
8 <b>Beinn Ruadh</b> . . . . . 16C	102	254	NC844598
7 <b>Ben Griam Beg<sup>w</sup></b> . . . . .	335	580	NC831411
8 <b>Meall a' Bhuirich</b>	131	407	NC839386

**A4 Altnaharra to the Dornoch Firth****Ben Klibreck**

East of Loch Shin and River Shin from Dalchork to Invershin.

Name	Drop	Ht	Grid ref
<b>Ben More Assynt (A5)</b> . . . . . 16E			
4 <b>BEN KLIBRECK<sup>s</sup></b> . . . . . 16D	818	962	NC585299
5 <b>Beadraig</b>	112	270	NC646370
5 <b>A' Chaoirnichain<sup>n</sup></b> . . . . .	120	808	NC575280
5 <b>Creag Mhòr</b>	368	713	NC698240
6 <b>Ben Armine<sup>s</sup></b> . . . . .	243	705	NC694273
7 <b>Meall nan Aighean<sup>w</sup></b>	100	695	NC681288
7 <b>Meall a' Bhata</b> . . . . .	130	583	NC635264
8 <b>Meallan Liath Mòr</b>	103	461	NC659177
7 <b>Cnoc Bad an Leathaid<sup>w</sup></b> . . . . .	146	284	NC701354
7 <b>Cnoc an Liath-bhaid Mhòir</b>	156	432	NC759291
7 <b>Meall a' Chaise</b> . . . . .	201	370	NC651119
8 <b>Meall Dola</b>	162	323	NC619069
8 <b>Beinn Domhnaill</b> . . . . .	195	348	NH679966
9 <b>Meall Eachainn</b>	144	343	NC618005
9 <b>An Stoc-bheinn</b> . . . . .	148	336	NC641025
9 <b>Creag an Amalaidh</b>	148	261	NH758975
9 <b>Creag a' Ghobhair</b> . . . . .	161	346	NH655939
10 <b>Cnoc Dubh Mòr</b>	104	340	NH658927
10 <b>Migdale Rock</b> . . . . .	124	228	NH651909
10 <b>Cnoc a' Choire Bhuidhe</b>	126	298	NH609956
10 <b>A' Chraisg</b> . . . . .	130	186	NH660895

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Name	Drop	Ht	Grid ref
6 <b>Ben Horn</b>	354	520	NC807063
7 Beinn Lunndaidh . . . . .	223	446	NC791019
5 <b>Beinn Dhorain</b>	416	628	NC925156
6 Càrn Garbh . . . . .	166	545	NC892138
7 Beinn Smeòrail	106	486	NC862116
6 Creag nam Fiadh . . . . .	173	387	NC841237
7 Borrobol Hill	106	263	NC872253
7 Cnoc na Breun-choille . . . . .	121	365	NC789245
6 Beinn Mhealaich	252	592	NC961149

### A5 Scourie and the Point of Stoer to Lairg Ben More Assynt

North and east of River Inver, Loch Assynt, River Loanan and Ledbeg River from Lochinver to Ledmore.

Name	Drop	Ht	Grid ref	
<b>Sgùrr Mòr (B8)<sup>bw</sup></b>	14B			
3 <b>BEN MORE ASSYNT</b> . . . . .	16E	835	998	NC318201
4 Conival <sup>w</sup>	101	987	NC303199	
4 Meall an Aonaich <sup>a</sup> . . . . .	134	715	NC336164	
4 Glas Bheinn	161	776	NC254265	
5 Beinn Uidhe . . . . .	117	741	NC281251	
5 Cnoc na Creige	128	593	NC259289	
4 Beinn an Eòin . . . . .	270	544	NC389082	
5 Meall a' Bhuirich	108	422	NC346128	
4 <b>Breabag<sup>w</sup></b> . . . . .	307	815	NC286157	
5 Cnoc Chaornaidh <sup>w</sup>	108	285	NC307083	
5 Beinn nan Cnaimhseag . . . . .	111	570	NC274177	
5 Beinn an Fhuarain	141	502	NC260158	
5 Cnoc na Stròine <sup>n</sup> . . . . .	143	400	NC254128	
4 <b>Beinn Leòid<sup>w</sup></b>	495	792	NC320294	
5 Beinn Àird da Loch . . . . .	116	533	NC281316	
5 Stack of Glencoul	140	494	NC290286	
5 Meallan a' Chuail <sup>w</sup> . . . . .	204	750	NC344292	

<sup>b</sup>p.213 <sup>w</sup>p.232 <sup>a</sup>p.207 <sup>n</sup>p.197

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Name	Drop	Ht	Grid ref
6 Meall na Leitreach	109	566	NC341325
6 Creag nan Suibheag . . . . .	142	466	NC382294
6 Beinn a' Bhutha	144	547	NC299347
6 Meall an Fheur Loch <sup>w</sup> . . . . .	165	613	NC361310
6 Maovally	199	511	NC378212
7 Beinn Sgeireach . . . . .	157	476	NC453118
8 Cnoc a' Choire	105	401	NC503048
8 Beinn Sgreamhaidh . . . . .	106	435	NC441150
5 Ben Dreavie	238	510	NC261398
4 <b>Ben Stack</b> . . . . .	532	721	NC269423
5 Cnoc Mhichie	112	208	NC171464
4 <b>Quinag<sup>s</sup></b> . . . . .	549	808	NC209291
5 Sail Ghorm	158	776	NC198304
5 Spidean Coinich . . . . .	192	764	NC206277
6 Creag na h-Iolaire	100	357	NC189280
6 Cnoc an Dubharlainn . . . . .	121	223	NC119281
7 Sidhean Mòr	106	161	NC017345

## A6 Loch Assynt to Loch Veyatie

## Canisp

Name	Drop	Ht	Grid ref	
<b>Ben More Assynt (A5)</b>	16E			
4 <b>CANISP</b> . . . . .	16F	691	847	NC202187
5 Cnoc an Leathaid Bhig		120	378	NC227142
5 Beinn Reidh . . . . .		172	567	NC211212
5 <b>Suilven<sup>s</sup></b>		496	731	NC153183
6 Meall Meadhonach <sup>+</sup> . . . . .		124	723	NC164178

<sup>w</sup>p.232   <sup>s</sup>p.211   <sup>+</sup>p.191

# B Applecross to Coigach and Easter Ross

## Sgùrr Mòr (Fannaichs)

Torridon; River Torridon, pass and A' Ghairbhe to Kinlochewe; Loch Maree and River Ewe to Poolewe; coast to Inverkirkaig; River Kirkaig, Fionn Loch and Loch Veyatie to Elphin; Ledmore River and Allt an Loin Duibh to valley head at [NC299079](#); Allt Eileag, River Oykel and Kyle of Sutherland to Bonar Bridge; Dornoch Firth, coast and Cromarty Firth to Dingwall; River Conon, Loch Luichart and River Bran to Achnasheen; valley south-west and River Carron to Strathcarron; Loch Carron, coast and Loch Torridon to Torridon.

### B1 Southern and Western Coigach Cùl Mòr (Inverpolly)

South and west of Loch Osgaig, Loch Bad a' Ghail, Loch Lurgainn, pass and River Runie from Enard Bay to Loch Kanaird.

Name	Drop	Ht	Grid ref
<b>Beinn Dearg (B3)<sup>w</sup></b>	15A		
4 <b>BEN MORE COIGACH</b> . . . . .	16F	657	743 <a href="#">NC094042</a>
5 <b>Beannan Beaga</b>		140	396 <a href="#">NC105024</a>
5 <b>Sgùrr an Fhidhleir</b> . . . . .		160	705 <a href="#">NC094054</a>
6 <b>Beinn nan Caorach</b>		114	649 <a href="#">NC080053</a>
5 <b>Meall an Fheadain</b> . . . . .		177	203 <a href="#">NB998109</a>
6 <b>Meall Dearg</b>		109	163 <a href="#">NB986107</a>
5 <b>Beinn an Eòin</b> . . . . .		355	619 <a href="#">NC104064</a>
6 <b>Sgòrr Tuath<sup>v</sup></b>		148	589 <a href="#">NC110074</a>

**B2 Inverkirkaig to Oykel Bridge****Ben More Coigach**

North of River Canaird, Srath nan Lòn, Rappach Water and River Einig from Strathcanaird to Oykel Bridge.

Name	Drop	Ht	Grid ref	
<b>Beinn Dearg (B3)<sup>w</sup></b>	15A			
4 <b>CÙL MÒR</b> . . . . .	16F	651	849	NC162119
5 <b>Creag na h-Iolaire<sup>m+</sup></b>		105	230	NC146155
5 <b>An Laogh</b> . . . . .		145	546	NC161102
5 <b>Meall an Fhuarain</b>	15A	341	578	NC280023
6 <b>Cnoc Bad a' Choille</b> . . . . .		107	340	NH346992
6 <b>Meall Coire an Lochain</b>		182	517	NC211065
7 <b>Cnoc Breac</b> . . . . .		114	280	NC217114
5 <b>Cùl Beag</b>	16F	546	769	NC140088
6 <b>Stac Pollaidh<sup>h</sup></b> . . . . .		441	612	NC107106

**B3 Loch Broom to Bonar Bridge****Beinn Dearg (Ullapool)**

North-east of River Broom, Abhainn Droma, pass and Loch Glascarnoch from Loch Broom to Black Bridge; west and north-west along Abhainn Srath a' Bhàthaich, Loch Vaich, streams to Deanich Lodge, Abhainn a' Ghlinne Mhòir and River Carron from there to Bonar Bridge.

Name	Drop	Ht	Grid ref	
<b>Sgùrr Mòr (B8)<sup>bw</sup></b>	14B			
3 <b>BEINN DEARG<sup>w</sup></b> . . . . .	15A	810	1084	NH259811
4 <b>Strone Nea<sup>+</sup></b>		101	485	NH194843
4 <b>Meall nan Ceapraichean<sup>w</sup></b> . . . . .		125	977	NH257825
4 <b>Cona' Mheall</b>		165	978	NH275816
4 <b>Eididh nan Clach Geala<sup>w</sup></b> . . . . .		166	927	NH257842
5 <b>Meall Glac an Ruighe</b>		113	858	NH265861
5 <b>Meall Dubh<sup>n</sup></b> . . . . .		158	667	NH225886
4 <b>Beinn Eilideach</b>		191	559	NH170926
5 <b>Meall Cruaidh</b> . . . . .		110	503	NH202912

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Name	Drop	Ht	Grid ref
4 Beinn Enaiglair <sup>w</sup>	234	890	NH225805
5 Meall Leacachain . . . . .	112	618	NH244770
5 Meall Doire Faid	174	729	NH220792
4 Seana Bhraigh <sup>w</sup> . . . . .	251	926	NH281878
5 Meall nam Bradhan <sup>w</sup>	137	679	NH267902
5 Mullach a' Chadha Bhuidhe <sup>m</sup> . .	138	443	NH304952
5 Càrn Bàn	204	842	NH338875
6 Bodach Beag . . . . .	133	837	NH354877
6 An Socach	138	745	NH378868
6 Creag Loisgte . . . . .	177	415	NH367957
4 <b>Meall Dheirgidh</b>	303	506	NH473943
5 Beinn Ulbhaidh . . . . .	111	496	NH435968
5 An Cabagach	112	421	NH466929
5 Breac-Bheinn <sup>f</sup> . . . . .	159	464	NH498950
4 Càrn a' Choin Deirg	319	702	NH397923
4 <b>Cnoc Damh</b> . . . . .	366	588	NH270963
5 Meall Liath Choire <sup>w</sup>	252	549	NH227962
6 Meall Mòr <sup>s</sup> . . . . . 16F	109	165	NH102973
6 Beinn Chroisg <sup>w</sup> . . . . . 15A	113	409	NC202009
4 <b>Am Faochagach</b> . . . . .	367	953	NH303793
5 Càrn Gorm-loch	146	909	NH319800
6 Meall a' Chuaille . . . . .	108	629	NH343820
5 Meall a' Chaorainn	157	632	NH360827

**B4 Loch Vaich to Tarbat Ness****Ben Wyvis**

North-east of Black Water and River Conon from Black Bridge to Dingwall.

Name	Drop	Ht	Grid ref
<b>Beinn Dearg (B3)<sup>w</sup></b>	15A		
4 <b>BEN WYVIS<sup>s</sup></b> . . . . .	15B	691	1046 NH462683
5 Raven Rock <sup>+</sup>		111	268 NH463604
5 Cnoc a' Bhreacaich . . . . .		122	339 NH543624
5 Glas Leathad Beag <sup>u</sup>		132	928 NH492706
5 Cnoc Mòr . . . . .		164	269 NH490569
5 Little Wyvis		249	763 NH429644
5 <b>Càrn Chuinneag</b> . . . . .		460	838 NH483833
6 Càrn Beag <sup>+</sup>		121	460 NH545773
6 Cnoc na Tuppatt . . . . .		122	437 NH477878
6 Càrn Salachaidh		234	647 NH518874
6 Beinn a' Chaisteil . . . . .		280	787 NH369801
7 Meall a' Ghriainain		127	772 NH365775
7 Beinn Tharsuinn . . . . .		176	710 NH412829
8 Càrn Feur-lochain		111	692 NH405844
8 Leaba Bhruic <sup>a</sup> . . . . .		117	686 NH432836
7 Càrn Loch nan Amhaichean		202	697 NH411757
8 Càrn Mòr . . . . .		121	639 NH421715
7 Beinn nan Eun		255	743 NH448759
7 Meall Mòr . . . . .		263	738 NH515745
8 Meall an Tuirc		128	496 NH552696
8 Cnoc Ceislein . . . . .		240	523 NH589706
6 <b>Beinn Tharsuinn<sup>t</sup></b>		353	692 NH606792
7 Cnoc Navie <sup>p</sup> . . . . .		101	240 NH661724
7 Cnoc Muigh-bhlaraidh		119	546 NH637825
7 Struie . . . . .		157	373 NH658850
7 Cnoc Corr Guinie		183	396 NH672755
7 Cnoc an t-Sabhail . . . . .		209	380 NH694787
8 Cnoc an t-Sabhail		175	321 NH721817
8 Hill of Nigg <sup>f</sup> . . . . .		193	205 NH820705

<sup>w</sup>p.232   <sup>s</sup>p.211   <sup>+</sup>p.191   <sup>u</sup>p.255   <sup>a</sup>p.207   <sup>t</sup>p.217   <sup>p</sup>p.205   <sup>f</sup>p.200

**B5 Strath na Sealga to Loch Broom****An Teallach**

North-east of Gruinard River, Loch na Sealga and Abhainn Loch an Nid from Gruinard House to pass at **NH093728**; north-west of Loch a' Bhraoin and Abhainn Cuileig from there to Braemore.

Name	Drop	Ht	Grid ref	
<b>Sgùrr Mòr (B8)<sup>bw</sup></b>	14B			
3 <b>AN TEALLACH<sup>s</sup></b> . . . . .	14A	756	1062	NH069843
4 <b>Stob Cadha Gobhlach<sup>u</sup></b>		127	960	NH068825
4 <b>Sgùrr Fiòna</b> . . . . .		145	1060	NH064836
5 <b>Stob Loch an Eich Dhuibh<sup>n+</sup></b>		100	334	NH018853
5 <b>Glas Mheall Mòr<sup>u</sup></b> . . . . .		101	979	NH076853
4 <b>Sail Mhòr</b>		322	767	NH032886
5 <b>Càrn nam Buailtean</b> . . . . .		144	392	NH008872
4 <b>Creag Rainich</b>		451	807	NH096751
5 <b>Càrn nam Fèithean</b> . . . . .		118	557	NH113788
6 <b>Càrn a' Bhreabadair</b>		104	480	NH112835
5 <b>Beinn nam Ban</b> . . . . .		243	580	NH109908
6 <b>Meall Glac Tigh-fail</b>		176	521	NH161828
7 <b>Meall a' Chairn</b> . . . . .		106	510	NH151858
7 <b>Càrn a' Bhiorain</b>		116	508	NH140836
5 <b>Beinn Ghobhlach</b> . . . . .		401	635	NH055943
6 <b>Cnoc a' Bhaid-rallaich</b>		163	544	NH066930



**B6 Loch Ewe to Fisherfield Forest****Mullach Coire Mhic Fhearchair**

North and east of Abhainn na Fùirneis, Loch Garbhaig, Lochan Fada and Abhainn an Fhasaigh from Letterewe to Loch Maree; north and west of Abhainn Bruachaig, Abhainn Gleann Tanagaidh and Bealach na Croise from Kinlochewe to south of Loch an Nid.

Name		Drop	Ht	Grid ref
<b>Sgùrr Mòr (B8)<sup>bw</sup></b>	14B			
3 <b>MULLACH COIRE MHC FHEARCHAIR</b>	14A	595	1019	NH052735
4 Sgùrr Bàn		165	989	NH055745
4 Beinn Tarsuinn . . . . .		202	937	NH039728
4 Beinn a' Chlaidheimh		268	916	NH061775
4 <b>Beinn a' Mhùinidh<sup>P</sup></b> . . . . .		378	692	NH032660
4 <b>A' Mhaighdean</b>		444	967	NH007749
5 Beinn Tharsuinn Chaol <sup>+</sup> . . . . .		137	652	NG989744
5 Ruadh Stac Mòr		166	918	NH018756
5 <b>Beinn a' Chàisgein Mòr</b> . . . . .		341	856	NG982785
6 Creag-mheall Mòr		108	628	NG993814
7 Torr Mòr . . . . .		100	134	NG956913
6 Beinn a' Chàisgein Beag		175	682	NG966821
4 <b>Beinn Lair</b> . . . . .		455	859	NG981732
5 Meall Mheinnidh		227	722	NG954748
4 <b>Beinn Airigh Charr</b> . . . . .		474	791	NG930761
5 Beinn Dearg Bad Chailleach		116	273	NG912876
6 Beinn Dearg Mhòr . . . . .		101	159	NG861927
7 Meall nam Meallan		100	147	NG892948
4 <b>Beinn Dearg Mòr</b> . . . . .		568	910	NH032799
5 Beinn Dearg Bheag		225	820	NH019811

**B7 Kinlochewe to Lochan Fada****Slioch**

Name		Drop	Ht	Grid ref
<b>Sgùrr Mòr (B8)<sup>bw</sup></b>	14B			
3 <b>SLIOCH</b> . . . . .	14A	626	981	NH004690

<sup>b</sup>p.213 <sup>w</sup>p.232 <sup>P</sup>p.205 <sup>+</sup>p.191

**B8 The Fannaichs to Contin****Sgùrr Mòr (Fannaichs)**

North-east of Glen Docherty Burn, pass and Loch a' Chroisg from Kinlochewe to Achnasheen.

Name	Drop	Ht	Grid ref
<b>Càrn Eige (E1)<sup>b</sup></b>	11A		
2 <b>SGÙRR MÒR<sup>bw</sup></b> . . . . .	14B	913	1108 NH203718
3 <b>Beinn Liath Mhòr Fannaich<sup>w</sup></b>		109	954 NH219724
3 <b>Meall Gorm</b> . . . . .		113	949 NH221695
3 <b>Meall a' Chrasgaidh</b>		115	934 NH184733
3 <b>Beinn Liath Bheag<sup>w</sup></b> . . . . .		129	665 NH243736
3 <b>An Coileachan</b>		148	923 NH241680
3 <b>Sgùrr nan Clach Geala<sup>w</sup></b> . . . . .		228	1093 NH184714
4 <b>Sgùrr nan Each</b>		108	923 NH184697
3 <b>Beinn Liath Mhòr a' Ghiubhais Lì</b> . .		281	766 NH280713
4 <b>Meallan a' Mhuthaidh Mòr</b>		105	513 NH312661
4 <b>Beinn a' Bhric</b> . . . . .		108	442 NH344651
4 <b>Beinn Dearg</b>		126	686 NH281685
4 <b>Beinn nan Cabag</b> . . . . .		138	474 NH353669
4 <b>Càrn na Dubh Choille</b>		151	479 NH387673
4 <b>Càrn Faire nan Con</b> . . . . .	12A	237	370 NH395591
5 <b>Cnoc na h-Iolaire</b>		116	354 NH388608
5 <b>Torr Achilty</b> . . . . .		214	252 NH447550
3 <b>Sgùrr Breac<sup>w</sup></b>	14B	450	999 NH158711
4 <b>A' Chailleach<sup>w</sup></b> . . . . .		182	997 NH136714
5 <b>Meallan Chuaich</b>		142	697 NH115698
4 <b>Groban<sup>w</sup></b> . . . . .		306	749 NH099708
5 <b>Beinn Bheag</b>		196	668 NH085713
4 <b>Beinn nan Ramh<sup>w</sup></b> . . . . .		386	711 NH139661
3 <b>Fionn Bheinn<sup>w</sup></b>		658	933 NH147621
4 <b>Meall a' Chaorainn<sup>w</sup></b> . . . . .		190	705 NH136604
5 <b>Càrn a' Ghlinne</b>		132	539 NH067608
4 <b>An Cabar</b> . . . . .		250	558 NH257641
5 <b>Meallan Odhar</b>		118	493 NH208631
5 <b>Càrn na Beiste</b> . . . . .		137	518 NH280648

<sup>b</sup>p.213   <sup>w</sup>p.232

**B9 Applecross – Loch Torridon to Loch Kishorn****Beinn Bhàn (Applecross)**

West of Loch Damh, Loch Coultrie, pass and River Kishorn from Balgy to Loch Kishorn.

Name	Drop	Ht	Grid ref	
<b>Sgùrr Mòr (B8)<sup>bw</sup></b>	14B			
3 <b>BEINN BHÀN</b> . . . . .	13B	851	896	NG803450
4 <b>Croic-bheinn</b>		123	494	NG762518
4 <b>Sgùrr a' Chaorachain</b> . . . . .		210	792	NG796417
5 <b>Meall Gorm</b>		123	710	NG779409
4 <b>An Staonach<sup>n</sup></b> . . . . .		229	516	NG829481
4 <b>Beinn a' Chlachain<sup>n</sup></b>		373	626	NG724490
5 <b>Meall na Fhuaid</b> . . . . .		120	518	NG738502
4 <b>Ben Shieldaig</b>		399	534	NG833524

**B10 Loch Carron to Coulin Forest****Sgòrr Ruadh**

Name	Drop	Ht	Grid ref	
<b>Sgùrr Mòr (B8)<sup>bw</sup></b>	14B			
3 <b>SGÒRR RUADH</b> . . . . .	13B	727	962	NG959505
4 Meall Dearg		131	646	NG935515
4 Fuar Tholl . . . . .		242	907	NG975489
4 Beinn Liath Mhòr		271	926	NG964519
5 Sgòrr nan Lochan Uaine . . . . .		206	871	NG969531
5 Sgùrr Dubh		217	782	NG979557
5 Seana Mheallan . . . . .		242	437	NG928551
4 <b>Càrn Breac</b>		392	678	NH045530
5 Beinn na Feusaige <sup>w</sup> . . . . .		223	625	NH093542
6 An Liathanach		122	508	NH124568
5 Bidein Clann Raonaid . . . . .		231	466	NH053591
4 <b>Maol Chean-dearg</b>		514	933	NG924499
5 <b>An Ruadh-stac</b> . . . . .		334	892	NG921480
6 <b>Sgùrr a' Gharaidh</b>		331	732	NG884443
7 Glas Bheinn . . . . .		122	729	NG902440
7 Bad a' Chreamha		260	395	NG857366
8 An Sgùrr . . . . .		205	391	NG857387
4 <b>Beinn Damh</b>		518	903	NG892502
5 Sgùrr na Bana-Mhoraire <sup>+</sup> . . . . .		104	687	NG870526
5 <b>Beinn na h-Eaglaise</b>		303	736	NG907524

# C Loch Torridon to Loch Maree

## Liathach

Torridon; River Torridon, pass and A' Ghairbhe to Kinlochewe; Loch Maree and River Ewe to Poolewe; coast and Loch Torridon to Torridon.

Name	Drop	Ht	Grid ref
<b>Càrn Eige (E1)<sup>b</sup></b>	11A		
2 <b>LIATHACH<sup>bs</sup></b> . . . . .	13A	957	1055 NG929579
3 Mullach an Rathain		152	1023 NG911576
3 <b>Beinn Eighe<sup>s</sup></b> . . . . .		632	1010 NG951611
4 Còinneach Mhòr <sup>u+</sup>		108	976 NG944600
4 Sail Mhòr <sup>u</sup> . . . . .		116	980 NG938605
4 Spidean Coire nan Clach		168	993 NG966597
5 Sgùrr nan Fhir Duibhe <sup>u+</sup> . . . .		118	963 NG981600
4 Ruadh-stac Beag		181	896 NG972613
4 <b>Beinn a' Chearcaill</b> . . . . .		368	725 NG930637
4 <b>Meall a' Ghiubhais</b>		420	887 NG976634
4 <b>Beinn Alligin<sup>s</sup></b> . . . . .		601	986 NG865612
5 Na Rathanan		109	866 NG873613
5 Creag a' Chinn Duibh . . . . .		110	675 NG859628
5 Beinn Bhreac <sup>m</sup>		115	624 NG838640
5 Tom na Gruagaich . . . . .		155	922 NG859601
5 An Ruadh-mheallan		201	672 NG836614
6 Meall na h-Araid . . . . .		120	144 NG789588
5 <b>Beinn Dearg</b>		469	914 NG895608
6 Càrn na Feola . . . . .		105	761 NG915612
6 <b>Baosbheinn</b>		443	875 NG870654
7 Baosbheinn East Top <sup>+</sup> . . . .		101	806 NG876651
7 Mullach nan Cadhaichean		126	293 NG827695
7 <b>Beinn an Eòin</b> . . . . .		434	855 NG905646
8 Meall Lochan a' Chleirich		216	403 NG872716
8 Meall an Doirein . . . . .		295	420 NG859754
9 Creag Mhòr Thollaidh <sup>+</sup>		100	343 NG863777
9 Meall Fuaraidh . . . . .		103	369 NG832758
9 Meall Deise <sup>m</sup>		107	252 NG825791

<sup>b</sup>p.213   <sup>s</sup>p.211   <sup>u</sup>p.255   <sup>+</sup>p.191   <sup>m</sup>p.220

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Name	Drop	Ht	Grid ref
10 <b>Cliff Hill<sup>a</sup></b> . . . .	104	229	NG850800
9 <b>Sithean Mòr</b>	148	384	NG836740
10 <b>Meall Aundrary</b> . .	109	327	NG846728
9 <b>An Cuaidh</b>	161	296	NG765891

# D Kyle of Lochalsh to Cromarty

## Sgùrr na Lapaich (Glen Cannich)

Dingwall; River Conon, Loch Luichart and River Bran to Achnasheen; valley south-west and River Carron to Strathcarron; Loch Carron, Loch Alsh and Loch Long to Killilan; River Elchaig, Loch na Leित्रreach and streams to [NH055286](#); Loch Mullardoch, River Cannich, River Glass and River Beauly to Beauly; Beauly Firth, Moray Firth and Cromarty Firth to Dingwall.

### D1 Glen Carron to Loch Luichart

### Moruig

North of Allt a' Chonais and River Meig from Craig to Little Scatwell.

Name	Drop	Ht	Grid ref
<b>Sgùrr a' Choire Ghlais (D2)</b>	12A		
4 <b>MORUISG<sup>w</sup></b> . . . . .	594	928	<a href="#">NH101499</a>
5 <b>Creag Sgiathan</b>	132	700	<a href="#">NH168508</a>
5 <b>Sgùrr nan Ceannaichean<sup>w</sup></b> . . . . .	181	913	<a href="#">NH087480</a>
6 <b>Meall an Fhliuchaird</b>	111	405	<a href="#">NH067495</a>
5 <b>Sgùrr a' Mhuilinn</b> . . . . .	576	879	<a href="#">NH264557</a>
6 <b>Sgùrr a' Choire-rainich<sup>&gt;</sup></b>	143	848	<a href="#">NH248569</a>
6 <b>Meallan nan Uan</b> . . . . .	153	838	<a href="#">NH263544</a>
6 <b>Creag Loch nan Dearcag</b>	232	537	<a href="#">NH333567</a>
7 <b>Càrn na Cre</b> . . . . .	116	461	<a href="#">NH306590</a>
6 <b>Meall na Faochaig</b>	272	680	<a href="#">NH257525</a>
6 <b>Sgùrr Marcasaidh</b> . . . . .	295	580	<a href="#">NH354592</a>

<sup>w</sup>p.232   <sup>></sup>p.194

**D2 Loch Alsh to the Black Isle****Sgùrr a' Choire Ghlais**

North of River Ling, Allt an Loin-fhiodha, An Gead Loch, Loch Monar and River Farrar from Killilan to Struy.

Name		Drop	Ht	Grid ref
<b>Sgùrr na Lapaich (D3)</b>		12B		
3 <b>SGÙRR A' CHOIRE GHLAIS</b> . . . . .	12A	818	1083	NH258430
4 Càrn nan Gobhar		137	992	NH273438
4 Sgùrr Fhuar-thuill . . . . .		144	1049	NH235437
5 Sgùrr na Muice		129	890	NH226418
4 Beinn na Muice . . . . .		160	695	NH218402
4 Sgùrr na Ruaidhe		226	993	NH289426
5 Garbh-chàrn . . . . .		105	854	NH292410
5 Càrn Bàn		129	737	NH336418
4 Beinn a' Bha'ach Ard . . . . .		241	862	NH360434
5 Cùl Mòr <sup>+</sup>		106	393	NH450514
5 Mount Eagle . . . . .	15B	224	256	NH648590
6 Hill of Fortrose		102	192	NH714573
6 Ord Hill . . . . .		134	191	NH663491
4 <b>Bac an Eich</b>	12A	334	849	NH222489
5 Beinn Mheadhoin . . . . .		218	665	NH258477
6 Càrn na Cre		140	568	NH284480
5 Càrn na Còinnich <sup>t</sup> . . . . .		265	673	NH324510
5 An Sidhean		270	814	NH171453
6 Meall Dubh na Caoidhe . . . . .		101	689	NH183434
4 <b>Sgùrr a' Chaorachain<sup>w</sup></b>		568	1053	NH087447
5 Sgùrr Choinnich <sup>w</sup> . . . . .		134	999	NH076446
5 Beinn Tharsuinn <sup>w</sup>		226	863	NH055433
5 Sgùrr na Feartaig . . . . .		266	862	NH055453
6 Càrn Mòr		130	515	NG989446
6 Creag Dhubh Mhòr . . . . .		169	612	NG982404
7 Meall Ruadh		120	454	NG977368
6 Càrn nan Iomairean . . . . .		228	485	NG914352
7 Creag Mhaol		115	200	NG852343
7 Meall Ailein . . . . .		126	322	NG876315
7 Creag Mhòr <sup>+</sup>		159	407	NG903315



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Name	Drop	Ht	Grid ref
7 Beinn Conchra . . . . .	206	453	NG887291
8 Fireach Àrd <sup>l</sup>	105	116	NG860267
6 Auchtertyre Hill . . . . .	244	452	NG832289
7 Avernish Hill	113	128	NG841268
7 Beinn Raimh . . . . .	147	448	NG847312
5 <b>Maoile Lunndaidh</b>	402	1007	NH135458
5 <b>Lurg Mhòr</b> . . . . .	441	986	NH064404
6 Bidein a' Choire Sheasgaich <sup>w</sup>	209	945	NH049412
6 <b>Beinn Dronaig<sup>w</sup></b> . . . . .	432	797	NH037381

### D3 Killilan to Strathglass Sgùrr na Lapaich (Glen Cannich)

Name	Drop	Ht	Grid ref	
<b>Càrn Eige (E1)<sup>b</sup></b>	11A			
2 <b>SGÙRR NA LAPAICH</b> . . . . .	12B	839	1150	NH160351
3 Càrn nan Gobhar	196	992	NH181343	
3 <b>An Riabhachan</b> . . . . .	301	1129	NH133344	
4 Meallan Odhar Doire nan Gillean	178	601	NH156377	
4 An Socach <sup>w</sup> . . . . .	204	1069	NH100332	
5 Càrn na Breabaig <sup>w</sup>	176	679	NH066301	
4 Beinn Dubh an Iaruinn . . . . .	236	591	NH182392	
5 Meall Innis an Loichel	171	390	NH204389	
4 An Cruachan <sup>w</sup> . . . . .	238	706	NH093358	
3 <b>Sgùrr na Diollaid</b>	309	818	NH281362	
4 Càrn Gorm . . . . .	191	677	NH328355	
3 <b>Aonach Buidhe</b>	474	899	NH057324	
4 <b>Sguman Coinntich</b> . . . . .	414	879	NG977303	
5 Faochaig	231	868	NH021317	
6 Càrn na Sean-luibe <sup>m</sup> . . . . .	115	582	NH024352	

# E Mallaig to Inverness

## Càrn Eige

Mallaig; coast, Loch Alsh and Loch Long to Killilan; River Elchaig, Loch na Leitreach and streams to [NH055286](#); Loch Mullardoch, River Cannich, River Glass, River Beauly and Beauly Firth to Inverness; River Ness, Loch Ness, Loch Oich and Loch Lochy to Clunes; Loch Arkaig, River Pean, pass, Loch Morar and coast to Mallaig.

### E1 Dornie to Cannich

## Càrn Eige

North of Loch Duich, River Croe, streams to pass at [NH045175](#), and River Affric from Dornie to Cannich.

Name		Drop	Ht	Grid ref
<b>Ben Nevis (II)<sup>bc</sup></b>	<i>Britain 4A</i>			
1 <b>CÀRN EIGE<sup>b</sup></b> . . . . .	11A	1147	1183	<a href="#">NH123261</a>
2 <b>Màm Sodhail</b>		137	1181	<a href="#">NH119253</a>
3 <b>Sgùrr na Lapaich<sup>u</sup></b> . . . . .		109	1036	<a href="#">NH154243</a>
4 <b>Am Meallan</b>		109	652	<a href="#">NH191248</a>
2 <b>Tom a' Chòinich</b> . . . . .		148	1112	<a href="#">NH164273</a>
2 <b>Beinn Fhionnlaidh</b>		173	1005	<a href="#">NH115282</a>
2 <b>Toll Creagach</b> . . . . .		182	1054	<a href="#">NH194282</a>
3 <b>Doire Tana</b>		103	892	<a href="#">NH218281</a>
3 <b>Càrn Loch na Gobhlaig</b> . . . . .		143	716	<a href="#">NH257301</a>
2 <b>Beinn a' Mheadhoin</b>		245	613	<a href="#">NH218255</a>
2 <b>Sgùrr nan Ceathreamhnan</b> . . . . .		435	1151	<a href="#">NH057228</a>
3 <b>An Socach</b>		124	921	<a href="#">NH088230</a>
3 <b>Mullach na Dheiragain</b> . . . . .		144	982	<a href="#">NH080259</a>
3 <b>Meall Sguman</b>		153	544	<a href="#">NH022267</a>
3 <b>Sgùrr Gaorsaic<sup>w</sup></b> . . . . .		170	839	<a href="#">NH035218</a>
2 <b>Beinn Fhada<sup>w</sup></b>		647	1032	<a href="#">NH018192</a>
3 <b>A' Ghlas-bheinn</b> . . . . .		403	918	<a href="#">NH008231</a>
4 <b>Carnan Cruithneachd</b>		221	729	<a href="#">NG994258</a>
4 <b>Sgùrr an Airgid</b> . . . . .		394	841	<a href="#">NG940227</a>
5 <b>Beinn Bhuidhe</b>		121	703	<a href="#">NG961235</a>

<sup>b</sup>p.213   <sup>c</sup>p.227   <sup>u</sup>p.255   <sup>w</sup>p.232

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Name	Drop	Ht	Grid ref
6 Càrn Loch nan Eun . . .	105	593	NG950272
5 Càrn Bad a' Chreamha	145	634	NG925264
5 Beinn a' Mheadhain . . . .	197	414	NG918288

## E2 Shiel Bridge to Inverness

## A' Chralaig

North of River Shiel, pass, Loch Cluanie and River Moriston from Shiel Bridge to Invermoriston.

Name	Drop	Ht	Grid ref
<b>Càrn Eige (E1)<sup>b</sup></b>	11A		
2 <b>A' CHRALAIG</b> . . . . .	11B	786	1120
3 Mullach Fraoch-choire	153	1102	NH094148
3 <b>Sgùrr nan Conbhairean</b> . . . . .	382	1109	NH129138
4 Càrn nam Feuaich	136	732	NH175124
4 Càrn a' Choire Ghairbh . . . . .	201	865	NH136188
4 Aonach Shasuinn	237	888	NH173180
5 Creag Dhubh . . . . .	204	539	NH225216
6 Beinn nan Sparra	112	447	NH253245
6 Càrn Fiaclach . . . . .	153	457	NH278272
4 Càrn a' Chaochain	269	706	NH235177
5 Càrn a' Choire Lèith . . . . .	117	648	NH264189
5 Meallan Odhar	129	612	NH211173
5 Càrn Mhic an Toisich . . . . .	180	678	NH310185
5 Meall a' Chrathaich	184	679	NH360220
6 Càrn Mòr . . . . .	101	509	NH414193
6 Creag nan Eun	116	418	NH437176
5 Meall Fuar-mhonaidh . . . . .	234	699	NH457222
6 Glas-bheinn Mhòr	156	651	NH436231
4 Càrn a' Bhodaich . . . . .	12B	287	501
5 An Leacainn	110	414	NH577410
5 Meall na h-Eilrig . . . . .	187	465	NH537326
5 Càrn nam Bad	206	457	NH401339
6 Meall Mòr . . . . .	110	407	NH463373

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Name	Drop	Ht	Grid ref
6 Meall nan Caorach	120	426	NH472350
6 Càrn na Gearraig . . . . .	125	403	NH412376
3 <b>Sgùrr Fhuaran</b> 11A	663	1067	NG978166
4 Sgùrr nan Saighead <sup>u</sup> . . . . .	106	929	NG974178
4 Sgùrr an t-Searraich	127	576	NG950191
4 Sgùrr na Càrnach . . . . .	134	1002	NG977158
4 Sgùrr na Mòraich	138	876	NG965193
4 Sgùrr na Ciste Duibhe . . . . .	178	1027	NG984149
4 <b>Sgùrr a' Bhealaich Dheirg<sup>w</sup></b>	311	1036	NH035143
5 Aonach Meadhoin . . . . .	174	1001	NH048137
5 Am Bàthach	231	798	NH073143
4 <b>Ciste Dhubh</b> . . . . .	388	979	NH062166

### E3 Loch Hourn to Glen Shiel

### Sgùrr a' Mhaoraich

North and west of Lochourn River, pass, Loch Quoich, Easter Glen Quoich Burn, River Loyne and Loch Loyne from Kinloch Hourn to Bun Loyne.

Name	Drop	Ht	Grid ref
<b>Gleouraich (E4)</b> 10A			
4 <b>SGÙRR A' MHAORAICH</b> . . . . .	706	1027	NG983065
5 Sgùrr Thionail <sup>w</sup>	120	906	NG985089
6 Am Bàthaich . . . . .	114	899	NG988075
5 <b>Aonach air Chrith</b>	494	1021	NH051083
6 Druim Shionnach . . . . .	101	987	NH074084
6 Maol Chinn-dearg	136	981	NH032087
6 Sgùrr an Doire Leathain <sup>w</sup> . . . . .	189	1010	NH015098
7 Sgùrr an Lochain <sup>w</sup>	125	1004	NH005104
7 Creag nan Damh <sup>w</sup> . . . . .	189	918	NG983112
8 Sgùrr a' Bhac Chaolais <sup>2w</sup>	163	885	NG958110
9 Buidhe Bheinn <sup>2</sup> . . . . .	122	885	NG963090
6 <b>The Saddle</b>	333	1010	NG936131
7 Sgùrr na Laire Brice . . . . .	134	709	NG890128
7 Beinn Clachach	228	643	NG885109

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Name	Drop	Ht	Grid ref
7 Sgùrr na Sgine . . . . .	247	946	NG946113
8 Biod an Fhithich	153	644	NG950147
7 Beinn a' Chaoinich . . . . .	276	410	NG859184
7 Sgùrr Mhic Bharraich	317	779	NG917173
8 Sgùrr a' Bhraonain . . . . .	126	502	NG905189
8 Beinn a' Chuirn	255	603	NG870220
9 Glas Bheinn . . . . .	221	397	NG821227
6 Beinn Loinne <sup>n</sup>	355	790	NH130076
6 Druim Fada . . . . .	486	713	NG894083
5 Beinn Sgritheall	500	974	NG835126
6 Beinn Mhialairigh . . . . .	194	548	NG800128
6 Beinn na h-Eaglaise	201	805	NG854120
6 Beinn nan Caorach . . . . .	227	774	NG871121
6 Beinn a' Chapuill	258	759	NG835148

## E4 Loch Quoich to Loch Ness

## Gleouraich

North of Garry Garry, River Garry and Loch Garry from Loch Quoich to Invergarry.

Name	Drop	Ht	Grid ref
A' Chralaig (E2)	11B		
3 GLEOURAICH . . . . .	10A	765	1035 NH039053
4 Spidean Mialach		260	996 NH065043
5 Druim na h-Achlaise . . . . .		104	540 NH134034
4 Meall Dubh	10C	544	789 NH245078
5 Burach . . . . .		238	607 NH383141

<sup>n</sup>p.197

**E5 Knoydart to Barrisdale Forest****Ladhar Bheinn**

North-west of River Carnach, Lochan nam Breac and pass from Loch Nevis to Loch Quoich.

Name		Drop	Ht	Grid ref
<b>Càrn Eige (E1)<sup>b</sup></b>	11A			
2 <b>LADHAR BHEINN</b> . . . . .	10B	795	1020	NG824039
3 Aonach Sgoilte		144	849	NG840027
3 <b>Sgùrr Coire Choinnichean</b> . . . . .		304	796	NG790010
3 <b>Beinn na Caillich</b>		316	785	NG795066
4 Na Cruachan . . . . .		116	583	NG770071
3 <b>Druim na Cluain-airighe</b>		382	517	NG751034
3 <b>Meall Buidhe</b> . . . . .		496	946	NM849989
4 Druim Leac a' Shith		126	839	NM868993
4 Luinne Bheinn . . . . .		255	939	NG869007
4 <b>Beinn Bhuidhe</b>		308	855	NM821967
5 Meall Bhasiter . . . . .		144	718	NM846971
4 <b>Sgùrr a' Choire-bheithe</b>		390	913	NG895015
5 Slat Bheinn <sup>w</sup> . . . . .		267	700	NG910027
3 <b>Sgùrr nan Eugallt'</b>		625	898	NG927048
4 Sgùrr a' Chlaidheimh <sup>w</sup> . . . . .		109	841	NG952030
4 Meall nan Eun		174	667	NG903052
5 An Caisteal . . . . .		137	622	NG893043

<sup>b</sup>p.213   <sup>w</sup>p.232   <sup>r</sup>p.200

**E6 North Morar to Kingie****Sgùrr na Cìche**

West of Allt Arcabhi, Loch Blàir, Allt a' Choire Riabhaich and River Kingie from Loch Arkaig to Kingie.

Name		Drop	Ht	Grid ref
<b>Càrn Eige (E1)<sup>b</sup></b>	11A			
2 <b>SGÙRR NA CÌCHE<sup>w</sup></b> . . . . .	10B	839	1040	NM902966
3 <b>Garbh Chioch Mhòr<sup>w</sup></b>		168	1013	NM909961
3 <b>Sgùrr nan Coireachan<sup>w</sup></b> . . . . .		220	953	NM933958
4 <b>Sgùrr Còs na Breachd-laoidh<sup>w</sup></b>		187	835	NM948946
3 <b>Ben Aden</b> . . . . .		248	887	NM899986
4 <b>Meall a' Choire Dhuibh<sup>w</sup></b>		101	740	NM918980
3 <b>Sgùrr Mòr</b> . . . . .		341	1003	NM965980
4 <b>Sgùrr Beag</b>		143	890	NM959971
4 <b>Sgùrr an Fhuarain</b> . . . . .		183	901	NM987979
3 <b>Sgùrr Mhurlagain<sup>wg</sup></b>		515	880	NN012944
4 <b>Fraoch Bheinn<sup>w</sup></b> . . . . .		400	858	NM986940
3 <b>Bidein a' Chabair</b>	10D	552	867	NM889930
4 <b>Sgùrr Eireagoraidh<sup>n</sup></b> . . . . .		470	548	NM716964
5 <b>Cruach Mhalaig</b>		100	203	NM692973
5 <b>Sgùrr na Dubh-chreige</b> . . . . .		164	197	NM690937
5 <b>Sgùrr Bhuidhe</b>		178	440	NM722946
3 <b>Gairich</b> . . . . .	10B	552	919	NN025995
4 <b>Beinn Bheag</b>		127	339	NH078006
3 <b>Càrn Mòr</b> . . . . .	10D	613	829	NM903909

<sup>b</sup>p.213   <sup>w</sup>p.232   <sup>g</sup>p.202   <sup>n</sup>p.197

## E7 Loch Arkaig to Loch Garry

## Sròn a' Choire Ghairbh

Name	Drop	Ht	Grid ref
<b>Sgùrr na Cìche (E6)<sup>w</sup></b>	10B		
3 <b>SRÒN A' CHOIRE GHAIRBH</b> . .	10C	622 937	NN222945
4 <b>Meall na Teanga</b>		303 918	NN220924
5 <b>Creag an-t Saighdeir<sup>a</sup></b> . . . . .		117 175	NN181885
5 <b>Meall Dubh</b>		134 839	NN229931
4 <b>Ben Tee<sup>w</sup></b> . . . . .		356 904	NN240972
5 <b>Meall nan Ruadhag</b>		109 446	NN260989
6 <b>Beinn Bhreac</b> . . . . .		103 441	NN245990
4 <b>Meall na h-Eilde</b>		453 838	NN185946
5 <b>Meall Coire nan Saobhaidh<sup>w</sup></b> . .		104 826	NN174951
6 <b>Meall Tarsuinn</b>		102 660	NN168960
5 <b>Meall an Tagraidh</b> . . . . .		133 761	NN194940
5 <b>Geal Chàrn<sup>w</sup></b>		156 804	NN156942
5 <b>Sgùrr Choinich<sup>w</sup></b> . . . . .		277 749	NN127949
6 <b>Glas Bheinn</b>		140 556	NN133974
6 <b>Meall Blair<sup>w</sup></b> . . . . .		213 656	NN077950
5 <b>Glas Bheinn</b>		292 732	NN171919



# F Sound of Arisaig to Gairlochy

## Gaor Bheinn

Gairlochy; Loch Lochy, Loch Arkaig, River Pean, pass and Loch Morar to Morar; coast to Loch Moidart; River Shiel and Loch Shiel to Glenfinnan; Callop River, Loch Eil and River Lochy to Gairlochy.

### F1 Arisaig to Strathan

### Sgùrr Thuilm

North of River Ailort, Loch Eilt, pass and Abhainn Shlatach from Lochailort to Glenfinnan; west of Dubh Lighe, pass at glen head and Allt Camgharaidh from east of there to Loch Arkaig.

Name	Drop	Ht	Grid ref
<b>Gaor Bheinn (F2)</b>	10D		
3 <b>SGÙRR THUILM</b> . . . . .	614	963	NM939879
4 <b>Sgùrr nan Coireachan</b>	234	956	NM902880
5 <b>Beinn Gharbh</b> . . . . .	149	896	NM882876
5 <b>An Stac</b>	223	718	NM866889
4 <b>Meith Bheinn</b> . . . . .	325	710	NM821872
5 <b>Druim a' Chuirn</b>	182	584	NM827887
4 <b>Streap</b> . . . . .	438	909	NM946863
5 <b>Meall an Uillt Chaoil</b>	100	844	NM931843
5 <b>Leac na Carnaich</b> . . . . .	131	569	NM980892
5 <b>Beinn an Tuim</b>	147	810	NM929835
4 <b>Sgùrr an Utha</b> . . . . .	499	796	NM885839
5 <b>Glas-chàrn</b>	328	633	NM846837
6 <b>Sgùrr a' Mhuidhe</b> . . . . .	108	562	NM860823
6 <b>Sithean Mòr</b>	323	601	NM728865
7 <b>Arisaig Hill</b> . . . . .	106	121	NM673903
7 <b>Cruach Dhubh an Ruidhe Fearnà</b>	142	445	NM767885
7 <b>Beinn nan Cabar</b> . . . . .	198	574	NM765865
7 <b>Creag Bhàn</b>	224	510	NM782846
7 <b>Cruach Doir'an Raoigh</b> . . .	245	292	NM734826

## F2 Loch Eil to Loch Arkaig

## Gaor Bheinn

Name	Drop	Ht	Grid ref
<b>Càrn Eige (E1)<sup>b</sup></b>	11A		
2 <b>GAOR BHEINN</b> . . . . .	10D	842	987 NN002875
3 Mullach Coire nan Geur-oirean		191	727 NN049892
3 Bràigh nan Uamhachan . . . . .		276	765 NM975866
4 Na h-Uamhachan		108	691 NM966842
3 <b>Beinn Bhàn</b> . . . . .		495	796 NN140857
4 <b>Meall a' Phubuill</b>		468	774 NN029854
5 Meall a' Phubuill East Top . . .		100	747 NN041853
5 Meall Onfhaidh		299	681 NN009840
5 <b>Aodann Chleireig</b> . . . . .		316	663 NM994825
3 <b>Druim Fada<sup>s</sup></b>		516	744 NN087824
4 Meall Bhanbhaidh . . . . .		149	327 NN115789

## F3 Moidart – Sound of Arisaig to Loch Shiel

## Rois-bheinn

Name	Drop	Ht	Grid ref
<b>Gaor Bheinn (F2)</b>	10D		
3 <b>ROIS-BHEINN<sup>2</sup></b> . . . . .	18A	774	882 NM756778
4 Sgùrr Dhomhuill Mòr		144	713 NM740759
4 Sgùrr na Ba Glaise . . . . .		173	874 NM770777
5 Druim Fiallach		124	869 NM791791
6 Diollaid Mhòr . . . . .		116	751 NM807794
4 An Stac		255	814 NM762792
4 <b>Beinn Gaire</b> . . . . .		321	666 NM781748
5 Creag nan Lochan		100	499 NM759724
5 Beinn Bhreac . . . . .		152	240 NM681715
5 Croit Bheinn		227	663 NM810773
4 <b>Beinn Odhar Bheag<sup>2</sup></b> . . . . .		524	882 NM846778
5 Beinn Odhar Mhòr		115	870 NM851791
6 An t-Sleubhaich . . . . .		105	533 NM877802
5 Beinn Mhic Cedidh		296	783 NM828788

<sup>b</sup>p.213 <sup>s</sup>p.211 <sup>2</sup>p.217

# G Point of Ardnamurchan to Loch Linnhe

## Sgùrr Dhomhnuill

Glenfinnan; Callop River, Loch Eil, Loch Linnhe and coast to Loch Moidart; River Shiel and Loch Shiel to Glenfinnan.

### G1 Polloch to Loch Eil

### Sgùrr Ghiubhsachain

North of Loch Doilet, River Hurich, Lochan Dubh and River Scaddle from Polloch to Aryhoulan.

Name	Drop	Ht	Grid ref
<b>Sgùrr Dhomhnuill (G2)</b>	18B		
3 <b>SGÜRR GHIUBHSACHAIN</b> . . . . .	614	849	NM875751
4 Sgòrr Craobh a' Chaorainn	187	775	NM895757
4 Meall a' Bhainne . . . . .	204	559	NM901785
4 Stob a' Bhealach an Sgriodain <sup>n</sup>	259	770	NM874727
5 Meall Mòr . . . . .	107	763	NM887727
5 Sgòrr an Tarmachain	141	756	NM839714
5 Stob Mhic Bheathain . . . . .	215	721	NM914713
6 Druim Leathad nam Fias	187	576	NM955702
4 <b>Meall nan Damh</b> . . . . .	347	723	NM919744
5 Glas Bheinn	151	636	NM938758
4 <b>Stob Coire a' Chearcaill</b> . . . . .	575	771	NN016726
5 Meall an t-Slamain	200	467	NN071739

<sup>n</sup>p.197

**G2 Ardnamurchan, Sunart and Ardgour Sgùrr Dhomhnuill**

North of Carnoch River and River Tarbert from Loch Sunart to Inversanda Bay.

Name	Drop	Ht	Grid ref	
<b>Càrn Eige (E1)<sup>b</sup></b>	11A			
2 <b>SGÙRR DHOMHNUILL</b> . . . . .	18B	873	888	NM889678
3 Druim Garbh		141	803	NM881683
3 Beinn na h-Uamha . . . . .		269	762	NM917664
4 Sgùrr a' Chaorainn		205	761	NM895662
3 <b>Càrn na Nathrach</b> . . . . .		382	786	NM886698
3 <b>Druim na Sgriodain<sup>n</sup></b>		481	734	NM978656
4 A' Bheinn Bhàn . . . . .		179	477	NM945665
3 <b>Beinn Resipol</b>		502	845	NM766654
4 Beinn a' Chaorainn . . . . .		120	527	NM790643
5 Meall Iain		119	502	NM810662
4 <b>Ben Hiant</b> . . . . .	18A	463	528	NM537632
5 Beinn Bhuidhe		111	282	NM570631
5 Beinn nan Losgann . . . . .		111	315	NM534654
5 Meall nan Con		290	437	NM503681
6 Beinn an Leathaid . . . . .		115	401	NM517676
6 Meall an Tarmachain		140	405	NM492663
7 Beinn na h-Imeilte . . . . .		140	215	NM457671
6 Beinn na Seilg		278	344	NM458641
7 Beinn Bhuidhe <sup>o</sup> . . . . .		125	161	NM438672
5 <b>Ben Laga</b>		356	512	NM645621
6 Càrn Mòr . . . . .		117	122	NM628718
6 Meall nan Each		214	490	NM632643
3 <b>Garbh Bheinn</b> . . . . .	18B	687	885	NM904622
4 Beinn Bheag		200	736	NM914635
5 Sgùrr nan Cnamh . . . . .		157	701	NM886643
5 Sgòrr Mhic Eacharna		168	650	NM928630
4 <b>Beinn Leamhain</b> . . . . .		331	508	NM957623

<sup>b</sup>p.213   <sup>n</sup>p.197   <sup>o</sup>p.227

**G3 Morvern and Kingairloch Creach Bheinn (Kingairloch)**

Name	Drop	Ht	Grid ref	
<b>Sgùrr Dhomhnuill (G2)</b>	18B			
3 <b>CREACH BHEINN</b> . . . . .	18C	755	853	NM870576
4 <b>Torr an Fhamhair</b>		124	191	NM934580
4 <b>Fuar Bheinn</b> . . . . .		225	766	NM853563
5 <b>Beinn na Cille</b>		193	652	NM853542
4 <b>Beinn nam Beathrach</b> . . . . .		313	582	NM752572
5 <b>Beinn Iadain</b>		124	571	NM691561
6 <b>Meall an Damhain</b> . . . . .		111	519	NM721593
5 <b>Beinn na h-Uamha</b>		240	465	NM682534
4 <b>Sithean na Raplaich</b> . . . . .		526	551	NM636516
4 <b>Beinn Mheadhoin</b>		568	739	NM799514
5 <b>Caol Bheinn</b> . . . . .		104	431	NM781491
5 <b>Meall Damh</b>		132	339	NM739485
5 <b>Beinn a' Chaisil</b> . . . . .		182	437	NM780477
5 <b>Beinn Chlaonleud</b>		274	479	NM748542
5 <b>An Sleaghach</b> . . . . .		310	515	NM764434
6 <b>Glais Bheinn</b>		100	479	NM721437

# H Spean Bridge to Elgin

## Creag Meagaidh

Inverness; River Ness, Loch Ness, Loch Oich and Loch Lochy to Gairloch; River Spean, Loch Laggan, River Pattack, Strath Mashie and River Spey to Spey Bay; coast to Inverness.

### H1 Loch Ness to Southern Stratherrick Beinn a' Bhacaidh

North-west of Allt Doe, Loch Tarff, Cumrack Burn and River Foyers from Glendoe Lodge to Foyers.

Name	Drop	Ht	Grid ref
<b>Càrn Dearg (H5)</b>	9B		
3 BEINN A' BHACAIDH . . . . .	258	555	NH431119
4 Càrn Dearg <sup>r+</sup>	114	298	NH481185

### H2 Loch Lochy to the Western Monadhliath Gairbeinn

North of River Gloy, Allt a' Chòmhlain, River Roy, col and River Spey from Invergloy House to Garva Bridge; west of Fèith Talagain, pass at NH545013, Cròm Allt, River Killin and River Fechlin from there to Whitebridge.

Name	Drop	Ht	Grid ref
<b>Càrn Dearg (H5)</b>	9B		
3 GAIRBEINN <sup>2</sup> . . . . .	211	896	NN460985
4 Creag Mhòr	126	765	NN484972
4 Corrieyairack Hill <sup>2r</sup> . . . . .	137	892	NN429995
5 Càrn Leac <sup>w</sup>	119	884	NN406977
6 Creag a' Chail <sup>w+</sup> . . . . .	100	761	NN403958
4 Càrn Easgann Bàna	142	781	NH485063
5 Beinn Mheadhoin . . . . .	126	540	NH489115
4 Meall na h-Aisre	154	862	NH515000
4 Meall an Tarsaid <sup>t</sup> . . . . .	155	492	NH491130

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Name	Drop	Ht	Grid ref
4 Càrn a' Chuilinn <sup>p</sup> <sup>g</sup>	178	817	NH416034
4 Càrn Dearg <sup>w</sup> . . . . .	200	817	NN349966
5 Mullach a' Ghlinne <sup>m</sup>	103	529	NH359011
6 Meall a' Cholumain . . . . .	100	317	NH360048
5 Druim Ghlaoidh <sup>a</sup> <sup>g</sup> 9C	112	648	NN274920
5 Creag nan Gobhar . . . . . 9B	114	495	NN315985
5 Càrn Dearg	196	768	NN357948

### H3 Glen Gloy to Glen Roy

### Beinn Iaruinn

Name	Drop	Ht	Grid ref
<b>Càrn Dearg (H5)</b> 9B			
3 <b>BEINN IARUINN</b> . . . . . 9C	446	805	NN297900
4 Leana Mhòr	169	684	NN284878
4 Beinn a' Mhonicag . . . . .	268	567	NN287854

### H4 Glen Roy to Loch Laggan

### Creag Meagaidh

South of River Spey from Garva Bridge to Laggan.

Name	Drop	Ht	Grid ref
<b>Ben Nevis (I1)<sup>bc</sup></b> <i>Britain 4A</i>			
1 <b>CREAG MEAGAI DH</b> . . . . . 9C	867	1128	NN418875
2 Stob Poite Coire Ardair	112	1054	NN428888
3 Creag Liath . . . . .	108	635	NN492936
2 Meall a' Mheanbh-chruidh	130	819	NN394894
2 Beinn a' Chaorainn . . . . .	226	1052	NN386850
2 <b>Beinn Teallach</b>	301	915	NN361859
3 Càrn Dearg . . . . .	251	834	NN345887
4 Leana Mhòr	158	676	NN316879
2 <b>Creag Ruadh<sup>n</sup><sup>w</sup></b> . . . . .	314	622	NN558913
2 <b>Creag Dhubh</b>	332	658	NN322824

## H5 The Eastern Monadhliath to the Moray Firth

### Càrn Dearg (Newtonmore)

West of River Findhorn from Findhorn Bay to Findhorn Bridge; south-west and south of streams south-east, Slochd Summit, Allt an Aonaich and River Dulnain from there to Dulnain Bridge.

Name	Drop	Ht	Grid ref	
<b>Creag Meagaidh (H4)</b>	9C			
2 <b>CÀRN DEARG</b> . . . . .	9B	590	945	NH635024
3 <b>Geal Chàrn</b>		101	926	NN561987
3 <b>A' Chailleach</b> . . . . .		108	930	NH681041
3 <b>Creag Dhubh</b>		110	787	NH728035
3 <b>Marg na Craige</b> . . . . .		149	834	NN620973
3 <b>Creag Bheag</b>		159	487	NH745017
3 <b>Càrn na Saobhaidhe</b> . . . . .		170	811	NH600145
4 <b>Càrn na Laraiche Maoile</b>		107	810	NH584112
4 <b>Beinn Dubhcharaidh</b> . . . . .		127	689	NH589199
4 <b>Càrn Choire Riabhaich</b>		134	541	NH541170
4 <b>Cnoc Thulagain<sup>+</sup></b> . . . . .		142	530	NH743219
4 <b>Beinn Mheadhoin</b>		152	556	NH604214
3 <b>Càrn an Fhreiceadain</b> . . . . .		172	878	NH725071
4 <b>A' Bhuidheanaich</b>		105	727	NH773083
4 <b>An Suidhe</b> . . . . .		125	541	NH813070
5 <b>Torr Alvie</b>		123	358	NH877088
3 <b>Càrn na h-Easgainn</b> . . . . .		174	618	NH743321
3 <b>Meall Mòr</b>	9A	175	492	NH737355
3 <b>Stac Gorm</b> . . . . .	9B	183	430	NH630273
3 <b>Creag Liath</b>		188	743	NH663007
3 <b>Creag a' Chliabhain<sup>gP</sup></b> . . . . .		208	519	NH575205
4 <b>Creag Innis an Daimh Dhuibh<sup>g</sup></b>		106	330	NH580262
5 <b>Creag Nighean Iain Duinn<sup>ga+</sup></b> .		106	248	NH505208
3 <b>Geal-chàrn Mòr</b>		226	824	NH836123
4 <b>Beinn Ghuilbin</b> . . . . .		104	578	NH895177
4 <b>Creag an Fhithich<sup>g</sup></b>	9A	129	405	NH937213
4 <b>Cnoc Fraing</b> . . . . .	9B	141	745	NH806143
3 <b>Tom Bailgeann</b>		242	464	NH588294

<sup>+</sup>p.191   <sup>g</sup>p.202   <sup>P</sup>p.205   <sup>a</sup>p.207



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Name	Drop	Ht	Grid ref
4 Beinn a' Bhathaich . . . . .	104	456	NH571287
4 Creag a' Chlachain <sup>P</sup>	130	365	NH652333
4 Creag nan Clag . . . . .	168	407	NH597283
4 Stac na Cathaig	213	446	NH640301
3 Càrn nan Tri-tighearnan . . . . . 9A	333	615	NH823390
4 Càrn Sgumain	110	417	NH877409
4 Lethen Bar . . . . .	115	258	NH955494
4 Tom na Slaite	119	426	NH823342
3 Creag Dhubh . . . . . 9B	391	756	NN678972
4 Binnein Mòr	125	550	NN648967

## H6 River Findhorn to Strathspey

## Càrn Glas-choire

Name	Drop	Ht	Grid ref
<b>Càrn Dearg (H5)</b>	9B		
3 CÀRN GLAS-CHOIRE . . . . . 9A	251	659	NH891291
4 Càrn Bad nan Luibhean <sup>+</sup> 9B	103	471	NH853232
4 Creag Ealraich . . . . . 9A	142	504	NH943304
5 Craig Tiribeg	141	486	NH985360
6 Creag Liath . . . . .	115	450	NJ006312
4 Beinn Mhòr	192	471	NH993281
4 Càrn na Lòine . . . . .	233	549	NJ070360
5 Càrn Biorach	100	418	NJ018390
5 Larig Hill . . . . .	104	545	NJ086402
6 Mill Buie	104	371	NJ090501
5 Càrn na Cailliche . . . . .	136	404	NJ187474
5 Hill of the Wangie	157	319	NJ136537
5 Burgiehill . . . . .	167	254	NJ097559
5 Knock of Braemoray	169	456	NJ011417
5 Brown Muir . . . . .	196	339	NJ258548

# I Loch Linnhe to Loch Ericht

## Ben Nevis

Gairloch; River Spean, Loch Laggan, River Pattack, Strath Mashie and River Spey to southwest of Newtonmore; River Truim, Loch Ericht and River Ericht to Loch Rannoch; along River Gaur, Garbh Ghaoir, Loch Laidon, Allt Lochain Ghaineamhaich and pass to Kings House; River Etive, Loch Etive, coast and Loch Linnhe to Fort William; River Lochy to Gairloch.

## I1 Ben Nevis to Loch Treig

## Ben Nevis

North and west of River Nevis, Water of Nevis, pass, Abhainn Rath, Loch Treig and River Treig from Fort William to Tulloch Station.

Name	Drop	Ht	Grid ref
<b>BEN NEVIS</b> <sup>bc</sup> <i>Britain 4A</i>	1344	1344	NN166712
1 Meall Cumhann . . . . .	131	698	NN178696
1 Meall an t-Suidhe	146	711	NN139729
1 Càrn Mòr Dearg <sup>b</sup> . . . . .	162	1220	NN177721
1 Aonach Beag <sup>b</sup>	404	1234	NN197715
2 Aonach Mòr <sup>b</sup> . . . . .	134	1221	NN193729
2 Cruim Leacainn <sup>^</sup>	150	232	NN166807
1 Stob Choire Claurigh . . . . .	446	1177	NN262738
2 Sgùrr Choinnich Mòr	159	1094	NN227714
2 Stob Bàn . . . . .	174	977	NN266723
3 Meall Mòr	144	721	NN280705
2 Creag Ghuanach . . . . .	212	621	NN299690
1 Stob Coire Easain	611	1115	NN308730
2 Stob a' Choire Mheadhoin . . . . .	140	1105	NN316736
2 Cruach Innse	306	857	NN279763
3 Sgùrr Innse . . . . .	216	809	NN290748
3 Cnap Cruinn	245	742	NN302774

<sup>b</sup>p.213   <sup>c</sup>p.227   <sup>^</sup>p.196

**I2 The Mamores****Binnein Mòr (Mamores)**

North-west of River Leven, Allt na h-Eilde, Loch Eilde Mòr and pass from Kinlochleven to Lùibeilt.

Name	Drop	Ht	Grid ref
<b>Ben Nevis (I1)<sup>bc</sup></b>			<i>Britain 4A</i>
1 <b>BINNEIN MÒR</b> . . . . .	759	1130	NN212663
2 Binnein Beag	197	943	NN221677
2 Sgùrr Eilde Mòr . . . . .	271	1010	NN230657
2 <b>Sgùrr a' Mhàim</b>	316	1099	NN164667
3 Am Bodach . . . . .	151	1032	NN176650
4 An Gearanach	151	982	NN187669
5 Stob Coire a' Chàirn . . . . .	124	981	NN185660
3 Stob Bàn	234	999	NN147654
3 Bidein Bad na h-Iolaire . . . . .	263	528	NN114708
4 Druim na h-Earba	153	288	NN090713
2 <b>Mam na Gualainn</b> . . . . .	461	796	NN115625
3 Beinn na Caillich	115	764	NN140628
3 Tom Meadhoin . . . . .	155	621	NN087621
3 Doire Bàn	161	566	NN090643
3 <b>Beinn na Gucaig</b> . . . . .	451	616	NN062653

**I3 Blackwater Reservoir to Glen Spean****Chno Dearg**

North and west of River Leven, Blackwater Reservoir, Allt na Caim, Loch Ossian, River Ossian and Abhainn Ghuilbinn from Kinlochleven to Moy.

Name	Drop	Ht	Grid ref
<b>Ben Alder (I4)<sup>w</sup></b>			4B
2 <b>CHNO DEARG</b> . . . . .	649	1046	NN377741
3 Meall Luidh Mòr	152	514	NN416797
3 <b>Beinn na Lap</b> . . . . .	406	935	NN376695
4 Creagan Ruadh <sup>a</sup>	113	704	NN403717
3 <b>Leum Uilleim</b> . . . . .	4A 499	909	NN330641
4 <b>Glas Bheinn</b>	388	792	NN258641

<sup>b</sup>p.213   <sup>c</sup>p.227   <sup>w</sup>p.232   <sup>a</sup>p.207

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Name	Drop	Ht	Grid ref
5 Meall na Duibhe . . . . .	147	573	NN226623
5 Beinn na Cloiche	194	646	NN284648
6 Meall a' Bhainne . . . . .	147	633	NN306663

## I4 Rannoch Station to Balgowan

## Ben Alder

North-east of Black Water, pass and Allt Eigheach from Blackwater Reservoir to Loch Eigheach.

Name	Drop	Ht	Grid ref
<b>Ben Nevis (I1)<sup>bc</sup></b> <i>Britain 4A</i>			
1 <b>BEN ALDER<sup>w</sup></b> . . . . . 4B	783	1148	NN496718
2 Beinn Bheòil <sup>w</sup>	184	1019	NN517717
2 <b>Sgòr Gaibhre<sup>w</sup></b> . . . . .	300	955	NN444674
3 Sgòr Choinnich <sup>wu</sup>	127	929	NN443683
3 Beinn a' Chumhainn <sup>w</sup> . . . . .	145	903	NN462710
3 Meall na Meoig <sup>n</sup>	191	868	NN448641
4 Meall an Uillt Riabhaich <sup>a</sup> . . . . .	137	507	NN491615
4 Sròn Smeur	166	511	NN451601
3 Càrn Dearg <sup>w</sup> . . . . .	218	941	NN417661
4 Meall na Lice	114	584	NN380667
2 <b>Geal-Chàrn</b> . . . . .	410	1132	NN469746
3 Beinn Eibhinn <sup>m</sup>	126	1102	NN448733
3 Càrn Dearg . . . . .	158	1034	NN504764
2 <b>The Fara</b>	475	911	NN598843
3 Beinn Eilde <sup>w</sup> . . . . .	146	674	NN563850
3 Meall nan Eagan	166	658	NN596874
4 Càrn na Ceàrdaich . . . . .	113	571	NN618880
4 Creag na Doire Duibhe	166	571	NN615905
3 Cruban Beag . . . . .	216	590	NN668924
2 <b>Beinn a' Chlachair</b>	539	1087	NN471781
3 <b>Geal Chàrn</b> . . . . .	310	1049	NN504811
4 Creag Pitridh	105	924	NN487814
4 Creag a' Chuir <sup>+</sup> . . . . .	106	643	NN504847

<sup>b</sup>p.213 <sup>c</sup>p.227 <sup>w</sup>p.232 <sup>u</sup>p.255 <sup>n</sup>p.197 <sup>a</sup>p.207 <sup>m</sup>p.220 <sup>+</sup>p.191

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Name	Drop	Ht	Grid ref
3 <b>Binnein Shuas</b>	392	747	NN463826
4 <b>Binnein Shios</b> . . . . .	282	668	NN493858

## I5 Aonach Eagach to Rannoch Station Sgòrr nam Fiannaidh

North of River Coe, Pass of Glencoe and River Coupall from Glencoe to Kings House.

Name	Drop	Ht	Grid ref	
<b>Ben Alder (I4)<sup>w</sup></b>	4B			
2 <b>SGÒRR NAM FIANNAIDH</b> . . .	3A	622	967	NN140583
3 <b>Meall Dearg</b>		118	953	NN161583
3 <b>A' Chailleach</b> . . . . .		138	903	NN189579
3 <b>Sgòrr na Cìche<sup>a</sup></b>		156	742	NN125594
3 <b>Garbh Bheinn</b> . . . . .		332	867	NN169600
3 <b>Beinn a' Chrulaiste</b>		464	857	NN246566
4 <b>Meall nan Ruadhag<sup>w</sup></b> . . . . .		138	647	NN298576
4 <b>Stob na Cruaiche<sup>w</sup></b>		350	739	NN363571

<sup>w</sup>p.232    <sup>a</sup>p.207

## I6 Port Appin to Glen Coe

## Bidean nam Bian

North of River Creran, River Ure, pass at [NN088468](#) and Allt a' Bhiorain from Loch Creran to Gualachulain.

Name	Drop	Ht	Grid ref
<b>Ben Nevis (II)<sup>bc</sup></b>	<i>Britain 4A</i>		
1 <b>BIDEAN NAM BIAN</b> . . . . .	3B 845	1150	<a href="#">NN143542</a>
2 Stob Coire nan Lochan <sup>u</sup>	116	1115	<a href="#">NN148548</a>
2 Stob Coire Sgreamhach . . . . .	128	1072	<a href="#">NN154536</a>
2 Beinn Maol Chaluim	198	907	<a href="#">NN135526</a>
2 <b>Sgùrr na h-Ulaidh</b> . . . . .	415	994	<a href="#">NN111518</a>
3 Stob an Fhuarain <sup>u</sup>	103	968	<a href="#">NN118523</a>
3 Meall a' Bhuiridh . . . . .	121	748	<a href="#">NN125506</a>
3 Meall Lighiche	247	772	<a href="#">NN094528</a>
4 Meall an Aodainn . . . . .	102	678	<a href="#">NN080525</a>
2 <b>Buachaille Etive Beag<sup>s</sup></b>	469	958	<a href="#">NN179535</a>
3 Stob Coire Raineach . . . . .	177	925	<a href="#">NN191548</a>
2 <b>Beinn Fhionnlaidh</b>	510	959	<a href="#">NN095497</a>
3 Creag Dhubh . . . . .	121	303	<a href="#">NN126469</a>
3 An Grianan	183	549	<a href="#">NN075478</a>
2 <b>Buachaille Etive Mòr<sup>s</sup></b> . . . . .	532	1022	<a href="#">NN223543</a>
3 Stob na Doire <sup>u</sup>	144	1011	<a href="#">NN207532</a>
4 Stob na Bròige . . . . .	134	956	<a href="#">NN190525</a>
2 <b>Fraochaidh</b>	551	879	<a href="#">NN029517</a>
3 Meall Bàn . . . . .	145	654	<a href="#">NM996498</a>
3 Beinn Churalain	176	549	<a href="#">NM990461</a>
3 Beinn Donn . . . . .	204	473	<a href="#">NM961477</a>
4 Airds Hill	158	181	<a href="#">NM925458</a>
3 Beinn Sgluich . . . . .	215	466	<a href="#">NM966512</a>
3 <b>Meall Mòr</b>	304	676	<a href="#">NN106559</a>
4 Sgòrr a' Choise . . . . .	288	663	<a href="#">NN084551</a>
2 <b>Beinn a' Bheithir<sup>s</sup></b>	729	1024	<a href="#">NN056558</a>
3 Sgòrr Dhonuill . . . . .	244	1001	<a href="#">NN040555</a>
4 Ardsheal Hill	231	263	<a href="#">NM995568</a>

<sup>b</sup>p.213   <sup>c</sup>p.227   <sup>u</sup>p.255   <sup>s</sup>p.211

## I7 Loch Creran to Loch Etive

## Beinn Sgulaird

Name	Drop	Ht	Grid ref
<b>Bidean nam Bian (I6)</b>	3B		
2 <b>BEINN SGULAIRD</b> . . . . .	662	937	NN053460
3 <b>Beinn Mheadhonach</b>	193	589	NN064434
3 <b>Creach Bheinn</b> . . . . .	245	810	NN023422
4 <b>Beinn Bhreac<sup>n</sup></b>	161	726	NN008408
5 <b>Beinn Molurgainn</b> . . . . .	151	690	NN019400
6 <b>Meall Dearg<sup>m</sup></b>	111	578	NN025392
4 <b>Na Macilean<sup>m</sup></b> . . . . .	191	350	NM971369
5 <b>Beinn Lora</b>	171	308	NM919377
3 <b>Beinn Mheadhonach</b> . . . . .	252	715	NN019369
4 <b>Beinn Duirinnis</b>	249	555	NN021347
3 <b>Beinn Trilleachan</b> . . . . .	478	840	NN086439

# J Loch Ericht to Peterhead

## Ben Macdui

Newtonmore; River Spey and coast to Aberdeen; River Dee, Geldie Burn and Allt an t-Seilich to pass at [NN999825](#); Allt Garbh Buidhe and River Tilt to Blair Atholl; River Garry, River Tummel and Loch Rannoch to Bridge of Ericht; River Ericht, Loch Ericht and River Truim to Newtonmore.

## J1 Dalwhinnie to the River Tummel

## Beinn Udlamain

South-west of River Truim, Pass of Drumochter, Allt Dubhaig and River Garry from Dalwhinnie to Blair Atholl.

Name	Drop	Ht	Grid ref
<b>Ben Macdui (J3)<sup>bc</sup></b>	8A		
2 <b>BEINN UDLAMAIN</b> . . . . .	5A	556	1011 <a href="#">NN579739</a>
3 <b>Glas Meall a' Chumhainn</b>		102	827 <a href="#">NN572697</a>
3 <b>A' Mharconaich</b> . . . . .		114	975 <a href="#">NN604762</a>
3 <b>Geal-chàrn</b>		178	917 <a href="#">NN596782</a>
3 <b>Sgairneach Mhòr</b> . . . . .		179	991 <a href="#">NN598731</a>
4 <b>The Sow of Atholl<sup>a</sup></b>		166	803 <a href="#">NN625741</a>
3 <b>Beinn Mholach</b> . . . . .		195	841 <a href="#">NN587654</a>
4 <b>Gualann Sheileach</b>		116	612 <a href="#">NN617651</a>
4 <b>Glas Mheall Mòr</b> . . . . .		149	830 <a href="#">NN563673</a>
4 <b>Creag a' Mhadaidh</b>		156	612 <a href="#">NN634650</a>
3 <b>Stob an Aonaich Mhòir</b> . . . . .		230	855 <a href="#">NN537694</a>
3 <b>Meall na Leitreach</b>		329	775 <a href="#">NN640702</a>
4 <b>Meall a' Chathaidh</b> . . . . .		104	521 <a href="#">NN745679</a>
4 <b>Sròn Chon</b>		128	566 <a href="#">NN688666</a>
3 <b>Beinn a' Chuallaich</b> . . . . .		527	892 <a href="#">NN684617</a>
4 <b>Drumcroy Hill</b>		189	512 <a href="#">NN741629</a>
5 <b>Tulach Hill</b> . . . . .		135	470 <a href="#">NN859640</a>

<sup>b</sup>p.213   <sup>c</sup>p.227   <sup>a</sup>p.207



## J2 Glen Tromie and Pass of Drumochter to Glen Tilt

### Beinn Dearg (Atholl)

West and south of River Feshie, pass at [NN916873](#) and Geldie Burn from Kinncraig to north of Bynack Lodge.

Name	Drop	Ht	Grid ref
<b>Ben Macdui (J3)<sup>bc</sup></b>	8A		
2 <b>BEINN DEARG</b> . . . . .	6A	472	1008 <a href="#">NN852777</a>
3 <b>Beinn a' Chait</b>		118	899 <a href="#">NN865748</a>
3 <b>Beinn Mheadhonach</b> . . . . .		165	901 <a href="#">NN880759</a>
3 <b>Càrn a' Chlamain</b>		317	963 <a href="#">NN915758</a>
4 <b>Bràigh Coire na Conlaich</b> . . . . .		110	835 <a href="#">NN939778</a>
5 <b>Dùn Mòr</b>		109	692 <a href="#">NN965793</a>
3 <b>An Sgarsoch</b> . . . . .		319	1006 <a href="#">NN933836</a>
4 <b>Càrn an Fhìdhleir<sup>ahy</sup></b>		284	994 <a href="#">NN904841</a>
5 <b>Beinn Bhreac<sup>2</sup></b> . . . . .		171	912 <a href="#">NN868820</a>
6 <b>Leathad an Taobhain<sup>2</sup></b>		155	912 <a href="#">NN821858</a>
7 <b>Càrn an Fhìdhleir Lorgaidh</b> .		143	849 <a href="#">NN856874</a>
8 <b>Sròn na Ban-rìgh</b>		128	733 <a href="#">NN876881</a>
7 <b>Meall Odhar a' Chire</b> . . . . .		143	834 <a href="#">NN796785</a>
5 <b>A' Chaoirnich<sup>n</sup></b>		213	875 <a href="#">NN735807</a>
6 <b>Bruthach nan Creagan<sup>n</sup></b> . . . . .		101	853 <a href="#">NN750805</a>
4 <b>Càrn Dearg Mòr</b>		292	857 <a href="#">NN823911</a>
5 <b>Meall Buidhe</b> . . . . .		126	632 <a href="#">NN799955</a>
5 <b>Meallach Mhòr</b>		232	769 <a href="#">NN776908</a>
3 <b>Meall Chuaidh</b> . . . . .	5B	466	951 <a href="#">NN716878</a>
4 <b>Creag Ruadh</b>		197	658 <a href="#">NN685882</a>
5 <b>Clach-Mheall Dubh</b> . . . . .		114	619 <a href="#">NN727904</a>
5 <b>Sròn na Gaoithe</b>		126	521 <a href="#">NN754943</a>
4 <b>Càrn na Caim</b> . . . . .		327	941 <a href="#">NN677821</a>
5 <b>Bogha-cloiche</b>		107	898 <a href="#">NN740867</a>
5 <b>A' Bhuidheanach Bheag</b> . . . . .		111	936 <a href="#">NN660776</a>
5 <b>An Dùn<sup>f</sup></b>		232	827 <a href="#">NN717805</a>

<sup>b</sup>p.213   <sup>c</sup>p.227   <sup>a</sup>p.207   <sup>h</sup>p.233   <sup>y</sup>p.231   <sup>2</sup>p.217   <sup>n</sup>p.197   <sup>f</sup>p.200

### J3 The Cairngorms to the Hills of Cromdale Ben Macdui

West and south of River Avon, Builg Burn, Loch Builg and River Gairn from Bridge of Avon to Bridge of Gairn.

Name		Drop	Ht	Grid ref
<b>Ben Nevis (I1)<sup>bc</sup></b>	<i>Britain</i> 4A			
1 <b>BEN MACDUI<sup>bc</sup></b>	8A	950	1309	NN988989
2 Derry Cairngorm		141	1155	NO017980
2 Cairn Gorm <sup>b</sup>		146	1244	NJ005040
2 Càrn a' Mhaim		231	1037	NN994951
2 Sgòr Mòr		234	813	NO007914
2 Beinn Mheadhoìn		254	1182	NJ024016
2 Bynack More		283	1090	NJ041063
3 Creag Mhòr	8B	167	895	NJ057047
4 Cnap Chaochan Aitinn		158	715	NJ145099
3 Geal Chàrn		173	821	NJ090127
4 Càrn Bheadhair		134	804	NJ055116
5 Càrn a' Chnuic		120	506	NJ039144
4 Càrn na Farraidh		143	688	NJ114147
5 Càrn Meadhonach		118	588	NJ139174
6 Cnoc Fergan <sup>P</sup>	21A	112	480	NJ137230
2 <b>Creagan a' Chaise</b>		330	722	NJ104241
3 Càrn na Loinne <sup>§</sup>	8B	115	459	NJ037222
3 Baddoch <sup>§</sup>		130	568	NJ078190
3 Tom an Uird	21A	143	419	NJ094297
3 Càrn a' Ghille Chearr		179	710	NJ139298
2 <b>Meall a' Bhuachaille</b>	8A	436	810	NH990115
3 Creagan Gorm		108	732	NH978120
3 Creag Phitiùlais		134	447	NH929132
2 <b>Beinn a' Bhuird<sup>b</sup></b>	8B	456	1197	NJ092006
3 Ben Avon <sup>s</sup>		197	1171	NJ131018
3 Càrn na Drochaide		222	818	NO127938
3 Beinn a' Chaorainn		245	1082	NJ045013
4 Meall an Lundain		104	777	NO062948
4 Creag Bhalg		159	668	NO091912
3 <b>Culardoch</b>		312	900	NO193988

<sup>b</sup>p.213   <sup>c</sup>p.227   <sup>P</sup>p.205   <sup>§</sup>p.202   <sup>s</sup>p.211

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Name	Drop	Ht	Grid ref
4 Càrn Liath <sup>t</sup> . . . . .	210	862	NO164976
5 Craig Leek	142	635	NO185930
4 Meall Alvie <sup>+</sup> . . . . .	212	560	NO203919
4 Geallaig Hill	312	743	NO297981
2 Braeriach <sup>b</sup> . . . . . 8A	461	1296	NN953999
3 Càrn Eilrig	113	742	NH938052
3 Cairn Toul <sup>b</sup> . . . . .	166	1291	NN963972
4 Sgòr an Lochain Uaine <sup>ab</sup>	118	1258	NN954976
3 Sgòr Gaoith . . . . .	242	1118	NN903989
4 Creag Ghiuthsachan	100	603	NN860999
4 Mullach Clach a' Bhclair . . . . .	104	1019	NN882927
4 Ord Bàn	166	428	NH891085
5 Kennapole Hill . . . . .	102	382	NH885070
3 Beinn Bhrotain	258	1157	NN954922
4 Monadh Mòr . . . . .	138	1113	NN938942

## J4 Strathspey to Glen Rinnes

## Ben Rinnes

North-west of River Livet, Burn of Tervie, pass at [NJ251311](#), Burn of Favat, Dullan Water and River Fiddich from Drummin to Craiggellachie.

Name	Drop	Ht	Grid ref
<b>Ben Macdui (J3)<sup>bc</sup></b> . . . . . 8A			
2 <b>BEN RINNES<sup>P</sup></b> . . . . . 21A	512	840	NJ255354
3 Meikle Conval	246	571	NJ291371
4 Little Conval . . . . .	167	552	NJ294392

<sup>t</sup>p.217   <sup>+</sup>p.191   <sup>b</sup>p.213   <sup>a</sup>p.207   <sup>c</sup>p.227   <sup>P</sup>p.205

**J5 The Ladder Hills to Banff****Càrn Mòr (Ladder Hills)**

North of Fèith Bhàit and River Don from Inchroy to east of Kildrummy; west of Mossat Burn, pass at [NJ467224](#), Water of Bogie, River Bogie and River Deveron from there to Banff.

Name	Drop	Ht	Grid ref
<b>Morven (J7)</b>	21A		
4 <b>CÀRN MÒR</b> . . . . .	349	804	NJ265183
5 <b>Geal Chàrn</b>	112	674	NJ283109
5 <b>Green Hill</b> . . . . .	113	570	NJ318144
5 <b>The Bochel<sup>^</sup></b>	154	491	NJ232232
5 <b>Càrn Ealasaid</b> . . . . . 8B	157	792	NJ227117
6 <b>Liath Bheinn</b>	104	664	NJ171121
5 <b>Càrn Daimh</b> . . . . . 21A	194	570	NJ181249
6 <b>Càrn Meilich</b>	128	466	NJ161230
6 <b>Cnoc Lochy</b> . . . . .	144	466	NJ163210
5 <b>Ladylea Hill</b>	198	610	NJ343168
6 <b>Clashenteple Hill</b> . . . . .	121	579	NJ358160
6 <b>Ben Newe</b>	180	565	NJ381143
5 <b>Cook's Cairn</b> . . . . .	210	755	NJ302278
6 <b>Càrn na Bruar</b>	102	683	NJ290255
6 <b>Hill of Clais na Earb</b> . . . . .	115	523	NJ328329
6 <b>Garbet Hill</b>	131	501	NJ367340
7 <b>Tips of Clunymore</b> . . . . .	127	395	NJ349414
7 <b>The Bin</b>	128	312	NJ503438
6 <b>Meikle Balloch Hill</b> . . . . .	193	366	NJ470494
5 <b>The Buck</b>	256	721	NJ412233
6 <b>Grumack Hill</b> . . . . .	118	527	NJ417327
6 <b>Ardhuncart Hill<sup>§</sup></b> . . . . . 21B	125	331	NJ481183
6 <b>Tap o'Noth</b> . . . . . 21A	247	563	NJ484293
5 <b>Corryhabbie Hill</b>	278	781	NJ280288
5 <b>Ben Aigan</b> . . . . .	289	471	NJ309481
6 <b>Knockan</b>	179	372	NJ351464
5 <b>Knock Hill</b> . . . . .	303	430	NJ537551
6 <b>Lurg Hill<sup>m</sup></b>	112	312	NJ507572
6 <b>Wether Hill</b> . . . . .	124	272	NJ567542

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Name	Drop	Ht	Grid ref	
7 Black Law	21B	111	244	NJ638545
6 Bin of Cullen . . . . .	21A	164	320	NJ479642
7 Hill of Mulderie		137	311	NJ383517
8 Millstone Hill <sup>+</sup> . . . . .		119	300	NJ421571

**J6 River Don to Kinnaird Head****Bennachie**

North of River Don from east of Kildrummy to Bridge of Don.

Name	Drop	Ht	Grid ref	
<b>Càrn Mòr (J5)</b>	21A			
5 <b>BENNACHIE<sup>s</sup></b> . . . . .	21B	314	529	NJ662225
6 Millstone Hill		153	409	NJ676202
6 Lord Arthur's Hill . . . . .		265	518	NJ513198
7 Hill of Christs Kirk		112	311	NJ601274
6 Hill of Foudland . . . . .		282	467	NJ603332
7 Knockandy Hill		120	434	NJ549314
7 Hill of Tilymorgan . . . . .		153	381	NJ652348
8 Hill of Rothmaise		105	261	NJ689337
8 Core Hill . . . . .		127	245	NJ760330
9 Lawel Hill		119	236	NJ808240
7 Waughton Hill . . . . .		181	234	NJ963572
8 Windyheads Hill <sup>P</sup>		143	231	NJ853619
7 Fourman Hill . . . . .	21A	228	344	NJ570458

<sup>+</sup>p.191   <sup>s</sup>p.211   <sup>P</sup>p.205

**J7 Between the Dee and Don****Morven (Aberdeenshire)**

Name		Drop	Ht	Grid ref
<b>Beinn a' Bhuid (J3)<sup>b</sup></b>		8B		
3 <b>MORVEN</b> . . . . .	21A	386	871	NJ376040
4 Hill of Corrachree <sup>+</sup>	21B	102	294	NJ454045
4 Scar Hill <sup>+</sup> . . . . .		109	299	NJ481013
4 Crannach Hill	21A	136	602	NJ383007
4 Craigendarroch . . . . .		157	402	NO365965
4 Mona Gowan		191	749	NJ336058
5 Craig of Bunzeach . . . . .		106	531	NJ365095
4 Pressendye	21B	255	620	NJ490089
5 Coiliochbhar Hill . . . . .		205	533	NJ503163
5 Benaquhallie		206	494	NJ606087
6 Craiglich . . . . .		165	476	NJ533054
5 Hill of Fare		217	471	NJ671029
6 Brimmond Hill <sup>c</sup> . . . . .		159	266	NJ856091
7 Tyrebagger Hill		106	250	NJ844126
5 Cairn William . . . . .		255	448	NJ656168
4 Brown Cow Hill	8B	295	829	NJ221044
5 Càrn a' Bhacain . . . . .		135	744	NJ291043

<sup>b</sup>p.213   <sup>+</sup>p.191   <sup>c</sup>p.227

# K Braemar to Dundee

## Lochnagar

Aberdeen; River Dee, Geldie Burn and Allt an t-Seilich to pass at [NN999825](#); Allt Garbh Buidhe and River Tilt to Blair Atholl; River Garry, River Tummel and River Tay to Perth; Firth of Tay and coast to Aberdeen.

### K1 Glen Tilt to Blairgowrie

### Beinn a' Ghlo

West of An Lochain, Loch Loch, Allt Glen Loch, Allt Fearnach, River Ardle, River Ericht and River Isla from [NN980782](#) to Kinclaven.

Name	Drop	Ht	Grid ref
<b>Lochnagar (K3)<sup>s</sup></b>	7A		
3 <b>BEINN A' GHLO<sup>s</sup></b> . . . . .	6B	657	1121 <a href="#">NN971733</a>
4 <b>Bràigh Coire Chruinn-bhalgain</b>		223	1070 <a href="#">NN945724</a>
5 <b>Meall Dail Min</b> . . . . .		140	536 <a href="#">NN892692</a>
5 <b>Càrn Liath</b>		210	975 <a href="#">NN936698</a>
6 <b>Meall Mòr</b> . . . . .		101	512 <a href="#">NN924664</a>
4 <b>Ben Vuirich</b>		345	903 <a href="#">NN997699</a>
5 <b>Creag an t-Sithein</b> . . . . .		148	635 <a href="#">NO031658</a>
4 <b>Ben Vrackie</b>		402	841 <a href="#">NN950632</a>
5 <b>Meall na h-Aodainn Mòire</b> . . . .		110	633 <a href="#">NN941622</a>
5 <b>Blath Bhalg</b>		265	641 <a href="#">NO019611</a>
6 <b>Creag nam Mial</b> . . . . .		209	563 <a href="#">NO053541</a>
7 <b>Benachally</b>		117	487 <a href="#">NO065491</a>
6 <b>Deuchary Hill</b> . . . . .		218	511 <a href="#">NO037485</a>
7 <b>Craig a Barns</b>		142	360 <a href="#">NO015448</a>
7 <b>Newtyle Hill</b> . . . . .		182	317 <a href="#">NO050418</a>

**K2 River Dee to Strath Ardle and Glen Shee****Glas Tulaichean**

West of Clunie Water, Cairnwell Burn, pass, Allt a' Ghlinne Bhig, Shee Water and Black Water from Braemar to Bridge of Cally.

Name		Drop	Ht	Grid ref
<b>Lochnagar (K3)<sup>s</sup></b>	7A			
3 <b>GLAS TULAICHEAN</b> . . . . .	6B	384	1051	NO051760
4 Meall na Spionag		137	763	NO001774
4 Meall a' Choire Bhuidhe . . . . .		142	868	NO062710
4 Meall Uaine		146	794	NO110674
5 Cnoc an Daimh . . . . .		108	514	NO102629
5 Creag nam Brataichean		140	538	NO113614
4 Hill of Persie . . . . .		169	447	NO122560
4 Beinn Iutharn Mhòr		240	1045	NO045792
5 Beinn Iutharn Bheag <sup>u</sup> . . . . .		105	953	NO065791
5 Càrn Bhac		187	946	NO051832
6 Càrn Creagach . . . . .		117	894	NO069830
5 An Socach		188	944	NO079799
6 Sgòr Mòr . . . . .		132	887	NO115825
6 Morrone		155	859	NO132886
4 Càrn an Rìgh . . . . .		258	1029	NO028772
4 Càrn a' Gheòidh		298	975	NO107767
5 The Cairnwell . . . . .		125	933	NO134773
6 Càrn Aosda		122	917	NO134791
5 Ben Gulabin . . . . .		204	806	NO100722



**K3 The East Mounth to Strathmore****Lochnagar**

North-west and south-west of Water of Tanar, pass at [NO372867](#), Water of Mark and River North Esk from Aboyne to north of Montrose; north of River Isla, Dean Water, pass at Padanaram, Lemno Burn and River South Esk from [NO238428](#) to Montrose.

Name	Drop	Ht	Grid ref
<b>Ben Macdui (J3)<sup>bc</sup></b>	8A		
2 <b>LOCHNAGAR<sup>s</sup></b> . . . . .	7A	670	1155 <a href="#">NO243861</a>
3 Meall an t-Slugain		116	849 <a href="#">NO184863</a>
4 Creag Loisgte <sup>n</sup> . . . . .		110	795 <a href="#">NO176868</a>
4 Creag nan Leachda		116	784 <a href="#">NO179886</a>
5 Càrn nan Sgliat . . . . .		103	690 <a href="#">NO166902</a>
3 Creag Choinnich		127	538 <a href="#">NO160918</a>
3 Craig Mellon . . . . .		128	866 <a href="#">NO262773</a>
3 Conachraig		187	865 <a href="#">NO279865</a>
4 Meall Gorm . . . . .		107	553 <a href="#">NO299889</a>
4 Sgòr an h-Iolaire		137	544 <a href="#">NO302933</a>
3 Glas Maol <sup>c</sup> . . . . .		194	1068 <a href="#">NO166765</a>
4 Cairn of Claise		119	1064 <a href="#">NO185788</a>
5 Mayar <sup>p</sup> . . . . .		111	928 <a href="#">NO240737</a>
6 Craigie Thieves <sup>p</sup>		103	689 <a href="#">NO243700</a>
4 Driesh <sup>p</sup> . . . . .		138	947 <a href="#">NO271735</a>
4 Hill of Strone <sup>p</sup>		145	850 <a href="#">NO288729</a>
5 Hill of Couternach . . . . .		123	512 <a href="#">NO356659</a>
4 Crock		152	554 <a href="#">NO226632</a>
4 Badandun Hill . . . . .		154	740 <a href="#">NO207678</a>
4 Corwharn		154	611 <a href="#">NO288651</a>
5 Eskielawn . . . . .		122	607 <a href="#">NO273664</a>
4 Creigh Hill		166	498 <a href="#">NO270593</a>
4 Creag nan Gabhar . . . . .		178	834 <a href="#">NO154841</a>
4 Hare Cairn		180	516 <a href="#">NO242623</a>
5 Craiglea Hill . . . . .		143	388 <a href="#">NO244567</a>
3 Monamenach		199	807 <a href="#">NO176706</a>
3 Creag Ghiubhais . . . . .		205	486 <a href="#">NO312954</a>
3 The Coyles of Muick		236	601 <a href="#">NO328910</a>

<sup>b</sup>p.213   <sup>c</sup>p.227   <sup>s</sup>p.211   <sup>n</sup>p.197   <sup>p</sup>p.205

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Name	Drop	Ht	Grid ref	
3 <b>Ben Tirran</b> . . . . .	7B	244	896	NO373746
4 <b>Finbracks</b>		122	756	NO401703
5 <b>Pinderachy</b> . . . . .		108	514	NO458652
5 <b>Tullo Hill</b>		119	316	NO498645
6 <b>White Caterthun</b> . . . . .		103	300	NO547660
4 <b>Craig Hill<sup>a</sup></b>		132	545	NO422665
4 <b>Hunt Hill</b> . . . . .		181	705	NO380805
3 <b>Duchray Hill<sup>a</sup></b>	7A	264	702	NO161672
3 <b>Cat Law</b> . . . . .		296	671	NO318609
4 <b>Mile Hill</b>		185	410	NO311571
5 <b>Clune Hill</b> . . . . .		110	319	NO355569
3 <b>Hill of Wirren</b>	7B	311	678	NO522739
3 <b>Mount Blair</b> . . . . .	7A	400	744	NO167629
4 <b>Meall Mòr</b>		176	551	NO173602
5 <b>Balduff Hill</b> . . . . .		141	425	NO224536
6 <b>Hill of Alyth</b>		101	300	NO237504

**K4 Glen Esk to Aberdeen****Mount Keen**

Name	Drop	Ht	Grid ref	
<b>Lochnagar (K3)<sup>s</sup></b>	7A			
3 <b>MOUNT KEEN</b> . . . . .	7B	312	939	NO409869
4 <b>Braid Cairn</b>		122	887	NO426872
4 <b>Hill of Cat</b> . . . . .		128	742	NO484871
5 <b>Peter Hill</b>		106	617	NO577886
5 <b>Carnferg</b> . . . . .		118	525	NO522933
4 <b>Hill of Goauch</b>		149	337	NO662942
4 <b>Mount Battock</b> . . . . .		286	778	NO549844
5 <b>Meluncart</b>		106	525	NO630820
5 <b>Mount Shade</b> . . . . .		123	507	NO626870
5 <b>Kerloch</b>		181	534	NO696878
6 <b>Goyle Hill</b> . . . . .		111	464	NO684819
6 <b>Monluth Hill</b>		113	377	NO733878
6 <b>Carmont Hill</b> . . . . .		132	236	NO806835

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Name	Drop	Ht	Grid ref
6 Cairn-mon-earn	150	378	NO782919
5 Hill of Garvock . . . . .	219	277	NO726691
5 Strathfinella Hill	241	414	NO693787

**K5 The Sidlaws – Perth to Montrose****Craigowl Hill**

Name	Drop	Ht	Grid ref	
<b>Lochnagar (K3)<sup>s</sup></b>	7A			
3 <b>CRAIGOWL HILL</b> . . . . .	26A	393	455	NO376399
4 Fothringham Hill <sup>+</sup>		109	254	NO466456
4 Dunnichen Hill . . . . .		126	233	NO508496
4 Turin Hill		179	252	NO514535
4 King's Seat . . . . .		219	377	NO230330
5 Pole Hill		105	288	NO195260
6 Murrayshall Hill . . . . .		100	279	NO164253
5 Gask Hill		126	358	NO238344
5 Lundie Craigs . . . . .		135	353	NO281378

<sup>s</sup>p.211    <sup>+</sup>p.191

# L Loch Etive to Pitlochry

## Ben Lawers

Rannoch Station; Loch Laidon, Allt Lochain Ghaineamhaich and pass to Kings House; River Etive and Loch Etive to Taynuilt; River Awe, Loch Awe, River Orchy and River Lochy to Tyndrum; River Fillan, River Dochart, Loch Tay and River Tay to Ballinluig; River Tummel, Loch Rannoch and River Gaur to Rannoch Station.

### L1 Loch Etive to the Black Mount

#### Meall a' Bhuiridh (Blackmount)

North of River Kinglass, Lochan na h-Iùraiche, Loch Dochard and Abhainn Shira from Loch Etive to Loch Tulla; then west of Allt Bhreacnais, pass at [NN314471](#), Loch Bà and Abhainn Bà from there to Loch Laidon.

Name	Drop	Ht	Grid ref
<b>Ben Lawers (L5)<sup>bc</sup></b>	2B		
2 <b>MEALL A' BHUIRIDH<sup>w</sup></b> . . . . .	3C	795	1108 <a href="#">NN250503</a>
3 <b>Creise</b>		168	1100 <a href="#">NN238506</a>
4 <b>Beinn Mhic Chasgaig</b> . . . . .		166	864 <a href="#">NN221501</a>
3 <b>Stob Ghabhar<sup>w</sup></b>		393	1090 <a href="#">NN230455</a>
4 <b>Meall an Araich</b> . . . . .		107	697 <a href="#">NN218435</a>
4 <b>Stob a' Choire Odhair</b>		277	945 <a href="#">NN257459</a>
5 <b>Meall Mòr<sup>w</sup></b> . . . . .		154	492 <a href="#">NN303471</a>
3 <b>Ben Starav<sup>w</sup></b>		446	1078 <a href="#">NN125427</a>
4 <b>Glas Bheinn Mhòr</b> . . . . .		231	997 <a href="#">NN153429</a>
4 <b>Beinn nan Lus</b>		240	709 <a href="#">NN130375</a>
4 <b>Stob Coir an Albannaich</b> . . . . .		306	1044 <a href="#">NN169443</a>
5 <b>Meall nan Eun</b>		174	928 <a href="#">NN192449</a>
4 <b>Beinn nan Aighenan</b> . . . . .		343	960 <a href="#">NN148405</a>
3 <b>Stob Dubh<sup>n</sup></b>		521	883 <a href="#">NN166488</a>

<sup>b</sup>p.213   <sup>c</sup>p.227   <sup>w</sup>p.232   <sup>n</sup>p.197

**L2 Ben Cruachan to Bridge of Orchy****Ben Cruachan**

North-west of River Orchy from Inverlochry to Loch Tulla.

Name	Drop	Ht	Grid ref
<b>Ben Lawers (L5)<sup>bc</sup></b>	2B		
2 <b>BEN CRUACHAN<sup>bc</sup></b> . . . . .	3C	879	1126 NN069304
3 <b>Stob Diamh</b>		130	998 NN094308
3 <b>Beinn a' Bhuiridh</b> . . . . .		169	897 NN094283
3 <b>Beinn Eunaich</b>		425	989 NN135328
4 <b>Beinn Lurachan<sup>f</sup></b> . . . . .		107	719 NN165337
4 <b>Meall Buidhe</b>		141	624 NN183375
4 <b>Beinn a' Chochuill</b> . . . . .		252	980 NN109328
4 <b>Meall Garbh</b>		257	701 NN168367
4 <b>Beinn Suidhe</b> . . . . .		280	676 NN211400
5 <b>Meall Tairbh</b>		257	665 NN250375
6 <b>Ben Inverveigh</b> . . . . .		144	639 NN271382
6 <b>Beinn a' Chuirn</b>		157	569 NN217373
4 <b>Beinn Mhic Mhonaidh</b> . . . . .		420	796 NN208350
5 <b>Beinn Donachain</b>		375	650 NN197316

**L3 Rannoch Moor to Pitlochry****Schiehallion**

North of Allt Kinglass, Srath Tarabhan, Loch Lyon and River Lyon from Bridge of Orchy to near Dull.

Name	Drop	Ht	Grid ref
<b>Ben Lawers (L5)<sup>bc</sup></b>	2B		
2 <b>SCHIEHALLION</b> . . . . .	2A	716	1083 NN713547
3 <b>Speirean Ruadh</b>		134	492 NN734569
3 <b>Dùn Coilich</b> . . . . .		187	572 NN762536
3 <b>Meall Tairneachan</b>		420	787 NN807543
4 <b>Farragon Hill</b> . . . . .		187	783 NN840553
5 <b>Beinn Eagagach</b>		122	691 NN855565
3 <b>Càrn Mairg</b> . . . . .		464	1041 NN684512
4 <b>Meall Garbh</b>		104	968 NN647517

<sup>b</sup>p.213 <sup>c</sup>p.227 <sup>f</sup>p.200

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Name	Drop	Ht	Grid ref
4 Geal Chàrn . . . . .	127	792	NN681544
4 Meall Breac	131	802	NN638542
4 Meall na Aighean <sup>n</sup> . . . . .	136	981	NN694496
4 Càrn Gorm	182	1029	NN635500
4 Beinn Dearg . . . . .	201	830	NN608497
3 <b>Stùc an Lochain</b>	482	960	NN483448
4 An Grianan . . . . .	101	864	NN480429
4 Sròn a' Choire Chnapanaich	206	837	NN456453
4 <b>Meall Buidhe</b> . . . . .	316	932	NN498499
5 Meall Cruinn	126	830	NN458478
5 Meall Chomraidh <sup>^</sup> . . . . .	150	466	NN483556
5 Cam Chreag	166	862	NN536491
6 Cross Craigs . . . . .	132	747	NN537523
5 Leagag	215	601	NN518539
5 Meall a' Mhuic . . . . .	235	745	NN579508
5 Meall Buidhe <sup>w</sup>	261	910	NN426449
6 Meall Dail <sup>p</sup> . . . . .	129	874	NN411434
6 Leathad Mòr 3A	210	547	NN378510
7 Glas Bheinn <sup>w</sup> . . . . .	181	501	NN326473
3 <b>Beinn a' Chreachain<sup>w</sup></b> 2A	650	1081	NN373440
4 Beinn Achaladair <sup>w</sup> . . . . .	225	1038	NN346433
4 Beinn an Dothaidh	247	1004	NN331408
4 <b>Beinn Mhanach</b> . . . . .	315	953	NN373411
4 <b>Beinn Dorain</b>	332	1076	NN325378

## L4 Glen Orchy to Glen Lochay

## Beinn Sheasgarnaich

West and south of Allt Lairig nan Lunn, pass, Innisraineach Burn and River Lochay from Pubil to Killin.

Name	Drop	Ht	Grid ref
<b>Ben Lawers (L5)<sup>bc</sup></b> 2B			
2 <b>BEINN SHEASGARNAICH</b> . . . . .	579	1078	NN413383
3 Meall a' Chail <sup>+</sup>	102	758	NN436403

<sup>n</sup>p.197 <sup>^</sup>p.196 <sup>w</sup>p.232 <sup>p</sup>p.205 <sup>b</sup>p.213 <sup>c</sup>p.227 <sup>+</sup>p.191

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Name	Drop	Ht	Grid ref
3 <b>Creag nam Bodach</b> . . . . .	126	779	NN444376
3 <b>Creag Mhòr</b>	393	1047	NN391361
4 <b>Cam Chreag<sup>wy</sup></b> . . . . .	159	884	NN375346
4 <b>Beinn Chaorach<sup>w</sup></b>	180	818	NN358328
3 <b>Beinn Challuim</b> . . . . .	450	1025	NN386322
3 <b>Beinn Odhar<sup>w</sup></b>	457	901	NN337338
3 <b>Beinn a' Chaisteil<sup>w</sup></b> . . . . .	467	886	NN347364
4 <b>Beinn nam Fuaran<sup>w</sup></b>	260	806	NN361381
3 <b>Beinn Udlaidh</b> . . . . . 3C	522	840	NN280331
4 <b>Beinn Bhreac-liath</b>	215	802	NN302339
4 <b>Beinn na Sròine</b> . . . . .	221	636	NN233289
3 <b>Meall Glas</b> . . . . . 2B	554	959	NN431321
4 <b>Beinn nan Imirean</b> . . . . .	185	849	NN419309
4 <b>Sgiath Chuil</b>	312	921	NN462317
5 <b>Sgiath Chuil East Top</b> . . . . .	104	883	NN475332

## L5 Glen Lyon to Loch Tay

## Ben Lawers

Name	Drop	Ht	Grid ref
<b>Ben Nevis (I1)<sup>bc</sup></b> <i>Britain 4A</i>			
1 <b>BEN LAWERS<sup>bc</sup></b> . . . . . 2B	915	1214	NN635414
2 <b>Beinn Ghlas</b>	107	1103	NN625404
2 <b>Meall Garbh<sup>2</sup></b> . . . . .	193	1118	NN644437
3 <b>An Stùc<sup>2p</sup></b>	127	1118	NN638430
3 <b>Meall Greigh</b> . . . . .	167	1001	NN674438
2 <b>Meall Corranaich</b>	202	1069	NN615410
3 <b>Meall a' Choire Lèith</b> . . . . .	151	926	NN612439
3 <b>Meall nam Maigheach</b>	176	779	NN585436
2 <b>Drummond Hill</b> . . . . .	314	460	NN749454
2 <b>Meall nan Tarmachan</b>	492	1044	NN585390
3 <b>Meall Ghaordaidh</b> . . . . .	491	1039	NN514397
4 <b>Meall nan Subh</b>	214	806	NN460397
4 <b>Beinn nan Oighreag</b> . . . . .	271	909	NN541412

# M Oban and Loch Lomond to Kintyre

## Ben Lui

Taynuilt; River Awe, Loch Awe, River Orchy, River Lochy and River Fillan to Crianlarich; River Falloch, Loch Lomond and River Leven to Dumbarton; Firth of Clyde, coast and Loch Etive to Taynuilt.

### M1 Firth of Lorn to Loch Awe

### Beinn Chapull

North-west of River Add, Kilmartin Burn, Loch Ederline and Loch Awe from Loch Crinan to Ardanaiseig.

Name	Drop	Ht	Grid ref	
<b>Ben Lui (M2)<sup>w</sup></b>	1D			
3 <b>BEINN CHAPULL</b> . . . . .	19A	467	515	NM937196
4 <b>Creag na h-Eanchainn</b>		105	419	NM946177
4 <b>Cruach Maolachy<sup>p</sup></b> . . . . .		116	379	NM893143
5 <b>Cruach Narrachan<sup>p</sup></b>		100	374	NM914156
4 <b>Meall an Fhithich</b> . . . . .		169	294	NN059267
4 <b>Càrn Dearg</b>		172	437	NM896189
4 <b>Tom an t-Saighdeir</b> . . . . .		175	303	NM971152
4 <b>Cruach na Seilcheig</b>		204	380	NM854110
5 <b>Soroba Hill</b> . . . . .		126	168	NM798057
4 <b>Cruach nam Fearna</b>		204	332	NM823151
5 <b>Dùn Crutagain</b> . . . . .		108	273	NM785137
5 <b>Beinn Mhòr</b>		162	194	NM798215
4 <b>Beinn Ghlas</b> . . . . .		265	512	NM957259
5 <b>A' Chruach</b>		201	366	NM903218
6 <b>An Creachan</b> . . . . .		112	357	NM860214
4 <b>Deadh Choimhead</b>		278	383	NM946286
5 <b>Cruach Lerags</b> . . . . .		217	252	NM838257
4 <b>Càrn Duchara</b>		338	491	NM892102
5 <b>Cnoc a' Chomh-stri<sup>a</sup></b> . . . . .		107	346	NM925099
5 <b>Dùn Dubh</b>		123	301	NM861044
6 <b>Creag a' Chapuill</b> . . . . .		123	282	NM855023

<sup>w</sup>p.232   <sup>p</sup>p.205   <sup>a</sup>p.207



**M2 Lochgilphead to Crianlarich****Ben Lui**

North-east of River Add, pass at [NR847917](#) and streams from the Mòine Mhòr to Lochgilphead; north of River Fyne, Allt Coir' an Longairt and Dubh Eas from Loch Fyne to north of Inverarnan.

Name	Drop	Ht	Grid ref	
<b>Ben Lawers (L5)<sup>b,c</sup></b>	2B			
2 <b>BEN LUI<sup>w</sup></b> . . . . .	1D	875	1130	NN266263
3 Beinn a' Chleibh		141	916	NN250256
3 Meall nan Gabhar <sup>f</sup> . . . . .		265	744	NN235240
4 Beinn Bhalgairean		209	636	NN202241
4 Beinn Ghlas . . . . .		255	550	NN131181
5 Creag Dhubh		108	491	NN119152
5 Dùn Còrr-Bhile . . . . .		145	321	NN103105
3 <b>Ben Oss<sup>w</sup></b>		342	1029	NN287253
4 Beinn Dubhchraig <sup>w</sup> . . . . .		199	978	NN307254
5 Fiarach		181	652	NN344261
6 Cruachan Cruinn <sup>a,w</sup> . . . . .		113	588	NN324233
3 <b>Cruach Mhòr</b>	19A	383	589	NN057147
4 Beinn Bhreac . . . . .		160	526	NN027102
5 Beinn Dearg		147	482	NN023049
4 Cnoc nam Broighleag . . . . .		160	314	NR940937
5 Craig Murrail		122	239	NR879919
4 Beinn Dubh Airigh . . . . .		181	459	NM958035
4 Beinn Ghlas		197	420	NR989992
4 Beinn Bhàn . . . . .		244	319	NR856998
4 Dùn Leacainn <sup>f</sup>		272	360	NN033016
3 <b>Beinn Chuirn<sup>w</sup></b> . . . . .	1D	446	880	NN280292
4 Meall Odhar		183	656	NN298298
3 <b>Beinn Bhuidhe</b> . . . . .		592	948	NN203187

**M3 The Arrochar Alps to Glen Fyne****Beinn Ime**

North-west of Kinglas Water, Rest and Be Thankful and Croe Water from Cairndow to Ardgartan; north of gap from Arrochar to Tarbet.

Name	Drop	Ht	Grid ref
<b>Ben Lui (M2)<sup>w</sup></b>	1D		
3 <b>BEINN IME</b> . . . . .	712	1011	NN254084
4 <b>Beinn Chorrnach</b>	140	888	NN254095
4 <b>Beinn Luibhean</b> . . . . .	183	858	NN242079
4 <b>Beinn Narnain</b>	290	927	NN271066
5 <b>A' Chrois</b> . . . . .	106	848	NN288077
5 <b>The Cobbler<sup>ah</sup></b>	256	884	NN259058
5 <b>Cruach Tairbeirt</b> . . . . .	280	415	NN312058
4 <b>Ben Vane</b>	423	915	NN277098
4 <b>Stob Coire Creagach<sup>n</sup></b> . . . . .	504	817	NN230109
5 <b>Beinn Damhain</b>	220	684	NN282173
6 <b>Maol Breac</b> . . . . .	116	645	NN258158
5 <b>Meall an Fhudair</b>	382	764	NN270192
4 <b>Ben Vorlich</b> . . . . .	632	943	NN295124

**M4 Knapdale and Kintyre****Stob Odhar**

Name	Drop	Ht	Grid ref	
<b>Ben Lui (M2)<sup>w</sup></b>	1D			
3 <b>STOB ODHAR</b> . . . . .	19B	544	562	NR818742
4 <b>Garadh Liath</b>		117	180	NR857696
4 <b>Cruach a' Phubuill</b> . . . . .		120	477	NR821762
4 <b>Cruach Lusach<sup>m</sup></b>		279	466	NR786832
5 <b>Cruach Breacain</b> . . . . .		125	360	NR820864
5 <b>Stùcan Dughail<sup>a</sup></b>		135	341	NR805808
5 <b>Cnoc Reamhar</b> . . . . .		218	265	NR766912
6 <b>Barr Thormaid</b>		117	130	NR710831
4 <b>Beinn an Tuirc</b> . . . . .		436	454	NR752361
5 <b>Cruach Mhic an t-Saoir</b>		100	364	NR743429

<sup>w</sup>p.232   <sup>a</sup>p.207   <sup>h</sup>p.233   <sup>n</sup>p.197   <sup>m</sup>p.220

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Name	Drop	Ht	Grid ref
5 <b>Bord Mòr</b> . . . . .	109	406	NR752339
5 <b>Fuar Larach</b>	118	272	NR811544
6 <b>Cnoc an t-Samhlaidh</b> . . . . .	100	264	NR798492
5 <b>Ballywilline Hill</b>	127	216	NR717238
5 <b>Cnoc nan Gabhar</b> . . . . .	141	230	NR802396
5 <b>Sgreadan Hill</b>	155	397	NR741295
5 <b>Cnoc a’ Bhaile-shios</b> . . . . .	319	422	NR863628
5 <b>Cnoc Moy</b>	431	446	NR611152
6 <b>The Slate</b> . . . . .	160	384	NR634164
7 <b>Cnoc Odhar</b>	104	277	NR668128
6 <b>Beinn na Lice</b> . . . . .	220	428	NR602085
6 <b>Beinn Ghuilean</b>	276	354	NR729170

## M5 Cowal – Strachur to the Kyles of Bute

### Beinn Mhòr (Cowal)

South-west of River Cur, Loch Eck and River Eachaig from Strachur to Holy Loch.

Name	Drop	Ht	Grid ref	
<b>Beinn Ime (M3)</b>	1D			
4 <b>BEINN MHÒR</b> . . . . .	19C	696	741	NS107908
5 <b>Clach Bheinn</b>		128	643	NS126886
5 <b>Beinn Bheag</b> . . . . .		300	618	NS125932
6 <b>Cruach Bhuidhe<sup>nv</sup></b>		149	568	NS125947
5 <b>Creag Tharsuinn</b> . . . . .		395	643	NS088913
6 <b>Cruach nan Capull</b>		130	481	NS074970
7 <b>Bàrr nan Damh</b> . . . . .		104	175	NS026975
6 <b>Cruach nan Cuilean</b>		205	432	NS043848
6 <b>Cruach an Lochain</b> . . . . .		259	508	NS049938
7 <b>Creachan Dubh</b>		177	470	NS015910
7 <b>Cruach nan Caorach</b> . . . . .		213	458	NR991804
8 <b>Creag Mhòr</b>		124	266	NR929734
8 <b>Cnoc na Carraige</b> . . . . .		142	209	NR975682

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Name	Drop	Ht	Grid ref
6 <b>Coraddie</b> <sup>&gt;</sup>	371	519	NS050778
5 <b>Sgòrach Mòr</b> <sup>t</sup> . . . . .	428	601	NS096849
6 An Creachan	107	580	NS109858
5 <b>Cruach nan Capull</b> . . . . .	485	611	NS095795
6 Black Craig	197	522	NS115760
6 Cruach Neuran . . . . .	296	607	NS083820

## M6 Ardgoil – Loch Fyne to Loch Long Beinn an Lochain

Name	Drop	Ht	Grid ref	
<b>Beinn Ime (M3)</b>	1D			
4 <b>BEINN AN LOCHAIN</b> . . . . .	19C	640	901	NN218079
5 Stob an Eas		248	732	NN185073
6 Beinn an t-Seilich . . . . .		134	719	NN200079
5 <b>Beinn Bheula</b>		557	779	NS154983
6 Sgùrr a' Choinnich . . . . .		109	661	NS159956
6 Creachan Mòr		112	657	NS186916
6 Cruach nam Miseag . . . . .		205	607	NS182981
6 Beinn Lagan		243	465	NS119996
6 <b>Beinn Lochain</b> . . . . .		377	703	NN160006
7 Beinn Tharsuinn		106	619	NN164016
7 Stob na Boine Druim-fhinn . .		152	658	NN168025
8 Mullach Coire a' Chuir		142	639	NN171034
7 Cruach nam Mult . . . . .		282	611	NN168055
8 Cruach nan Capull		142	565	NN148057
6 <b>Beinn Ruadh</b> . . . . .		499	664	NS155883
5 <b>Ben Donich</b>		558	847	NN218043
6 <b>The Brack</b> . . . . .		403	787	NN245030
7 Cnoc Coinnich		273	761	NN233007
8 Beinn Reithe . . . . .		130	655	NS228984
8 Clach Bheinn		134	441	NS211954

**M7 Loch Long to Loch Lomond****Doune Hill**

Name	Drop	Ht	Grid ref	
<b>Beinn Ime (M3)</b>	1D			
4 <b>DOUNE HILL</b> . . . . .	1E	695	734	NS290971
5 Beinn Eich		159	703	NS302946
5 Cruach an t-Sidhein . . . . .		169	684	NS275965
6 Craggan Hill		122	292	NS263982
5 <b>Beinn Chaorach</b> . . . . .		381	713	NS287923
6 Balcnock		116	693	NS303914
6 <b>Beinn a' Mhanaich</b> . . . . .		358	709	NS269946
7 Cnoc na h-Airighe		128	219	NS223901
7 The Fruin <sup>n</sup> . . . . .		169	361	NS276872
7 Ben Bowie		220	313	NS339828
8 Bromley Muir . . . . .		105	304	NS368805
5 <b>Beinn Dubh<sup>n</sup></b>		430	657	NS321962
5 <b>Beinn Bhreac</b> . . . . .		524	681	NN321000
6 Ben Reoch		136	661	NN308021
6 Tullich Hill . . . . .		273	632	NN293006

# N Loch Lomond to Fife Ness

## Ben More (Criarlarich)

Criarlarich; River Dochart, Loch Tay and River Tay to Perth; Firth of Tay, coast and Firth of Forth to Grangemouth; Bonny Water, gap by canal and River Kelvin to Glasgow; Firth of Clyde to Dumbarton; River Leven, Loch Lomond and River Falloch to Criarlarich.

### N1 Criarlarich Hills to Loch Arklet Ben More (Criarlarich)

North of Arklet Water, Loch Arklet and pass from Inversnaid to Loch Katrine; west and north of Allt a' Choin, pass, River Larig, Loch Voil and River Balvag from there to Kingshouse; north-west of pass from there to Lochearnhead; west of Ogle Burn and Allt Lairig Cheile from there to near Killin.

Name	Drop	Ht	Grid ref
<b>Ben Nevis (I1)<sup>bc</sup></b>	<i>Britain 4A</i>		
1 <b>BEN MORE<sup>bc</sup></b> . . . . .	1C	986	1174 NN432244
2 <b>Stob Binnein</b>		303	1165 NN434227
2 <b>Meall an t-Seallaidh</b> . . . . .		427	852 NN542234
3 <b>Creag Mac Rànaich</b>		213	809 NN545255
3 <b>The Stob</b> . . . . .		228	753 NN491231
2 <b>Cruach Ardrain</b>		549	1046 NN409212
3 <b>Stob Garbh<sup>u</sup></b> . . . . .		103	959 NN411221
3 <b>Beinn Tulaichean</b>		121	946 NN416196
3 <b>An Caisteal</b> . . . . .		472	995 NN378193
4 <b>Beinn a' Chroin<sup>rwu</sup></b>		137	942 NN387185
4 <b>Beinn Chabhair<sup>w</sup></b> . . . . .		314	933 NN367179
5 <b>Ben Glas<sup>s</sup></b>		100	715 NN348190
5 <b>Parlan Hill<sup>w</sup></b> . . . . .		125	666 NN353170
5 <b>Meall Mòr</b>		262	747 NN383151
6 <b>An Garadh</b> . . . . .		100	714 NN405142
4 <b>Beinn a' Choin<sup>w</sup></b>		346	770 NN354130
5 <b>Beinn Ducteach<sup>w</sup></b> . . . . .		117	589 NN348154
5 <b>Maol Mòr<sup>w</sup></b>		130	694 NN373120

**N2 Strath Gartney to Strathyre****Ben Ledi**

North of Achray Water, Black Water and Loch Venachar from Loch Katrine to Callander; west of Garbh Uisge, Loch Lubnag and River Balvag from there to Kingshouse.

Name	Drop	Ht	Grid ref
<b>Cruach Ardtrain (N1)</b>	1C		
3 <b>BEN LEDI</b> . . . . .	528	879	NN562097
4 <b>Stùc Odhar</b>	121	638	NN550087
4 <b>Benvane</b> . . . . .	215	821	NN535137
4 <b>Beinn an t-Sidhein</b>	287	572	NN547178
4 <b>Stob Fear-tomhais<sup>n</sup></b> . . . . .	363	771	NN474163
5 <b>Creagan nan Sgiath</b>	112	697	NN485143
5 <b>Meall Cala</b> . . . . .	149	674	NN508127
5 <b>Meall Gainmheich</b>	223	566	NN509095
6 <b>Craig Leven</b> . . . . .	117	230	NN494069
5 <b>Creag Mhòr</b>	293	658	NN510185
4 <b>Stob a' Choin</b> . . . . .	480	869	NN416159
5 <b>Stob Breac</b>	243	688	NN447166

**N3 Ben Lomond to the Campsie Fells****Ben Lomond**

South-west of River Teith and River Forth from Callander to the Firth of Forth.

Name	Drop	Ht	Grid ref
<b>Ben More (N1)<sup>bc</sup></b>	1C		
2 <b>BEN LOMOND<sup>w</sup></b> . . . . .	820	974	NN367028
3 <b>Beinn Bhàn</b>	134	569	NN394018
3 <b>Cruinn a' Bheinn<sup>w</sup></b> . . . . .	177	632	NN365051
3 <b>Beinn Uird<sup>w</sup></b>	212	597	NS399985
4 <b>Binnean nan Gobhar<sup>w</sup></b> . . . . .	153	586	NS419967
5 <b>Gualann<sup>w</sup></b>	106	461	NS458944
5 <b>Conic Hill</b> . . . . .	153	361	NS432923
3 <b>Beinn Uamha</b>	264	596	NN386069

<sup>n</sup>p.197 <sup>b</sup>p.213 <sup>c</sup>p.227 <sup>w</sup>p.232

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Name	Drop	Ht	Grid ref
4 Cruachan . . . . .	101	536	NN351076
4 Beinn Dubh	193	508	NN404045
3 Earl's Seat <sup>c</sup> . . . . . 26A	511	578	NS569838
4 Meikle Bin	237	570	NS667821
4 Stronend <sup>w</sup> . . . . .	286	511	NS629894
5 Carleatheran <sup>w</sup>	168	485	NS687918
6 Dundaff Hill . . . . .	103	352	NS735844
6 Cairnoch Hill <sup>w</sup>	123	413	NS698857
4 Duncolm <sup>c</sup> . . . . .	308	401	NS470774
5 Knockour Hill <sup>s</sup>	107	176	NS397852
5 Auchineden Hill . . . . .	108	357	NS494804
3 Ben Venue . . . . . 1C	545	729	NN474063
4 Stob an Lochain <sup>a</sup> . . . . .	108	684	NN466050
4 Beinn Chochan <sup>n</sup>	128	703	NN453057
4 Craig of Monievreckie . . . . .	175	400	NN547020
4 Beinn Dearg	212	427	NN588037

## N4 Lochearnhead to Strath Tay

## Ben Chonzie

North of Loch Earn and River Earn from Lochearnhead to the Firth of Tay.

Name	Drop	Ht	Grid ref
<b>Ben More (N1)<sup>bc</sup></b> . . . . . 1C			
2 <b>BEN CHONZIE</b> . . . . . 1A	645	931	NN773308
3 Càrn Chòis	118	786	NN791277
3 Auchnafree Hill . . . . .	211	789	NN808308
4 The Scurran	114	619	NN885305
4 Hill of Stroness . . . . .	124	352	NN912261
4 Knock of Crieff	162	279	NN873233
4 Moncreiffe Hill . . . . . 26A	186	223	NO135199
5 Kirkton Hill	122	182	NO101209
3 Creag Uchdag . . . . . 1A	273	879	NN708323
4 Creag nan Eun	115	852	NN727318
4 Creag Ruadh . . . . .	196	712	NN674292



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Name	Drop	Ht	Grid ref
5 Ruadh Mheall	115	682	NN676314
4 Shee of Ardtalnaig <sup>n</sup> . . . . .	224	759	NN729351
4 Meall Buidhe <sup>&gt;</sup>	273	719	NN576275
5 Creag Gharbh <sup>+</sup> . . . . .	151	637	NN632327
5 Creag Each	216	672	NN652263
3 <b>Creagan na Beinne</b> . . . . .	455	888	NN744368
4 Beinn Bhreac	100	716	NN733402
4 Creag an Sgliata <sup>a</sup> . . . . .	103	697	NN769398
4 Meall a' Choire Chreagaich	127	665	NN792418
5 Tir Eilde <sup>n</sup> . . . . .	100	631	NN830420
4 Meall nam Fuaran	134	805	NN826361
4 Meall Dearg . . . . .	173	690	NN886414
5 Monadh nam Mial	109	604	NN866442
5 Grandtully Hill . . . . .	135	532	NN911476
6 Creag a' Mhadaidh	105	530	NN916450
6 Meall Mòr <sup>+</sup> . . . . .	109	466	NN928394
6 Craig Lochie	127	520	NN944477
4 Beinn na Gainimh . . . . .	288	730	NN837344
4 <b>Meall nan Caorach</b>	321	623	NN928338
5 Creag na Criche <sup>^</sup> . . . . .	151	457	NN985350
5 Meall Reamhar	156	620	NN922332
6 Dùn Mòr . . . . .	116	522	NN901312
5 Birnam Hill <sup>s</sup>	171	404	NO032401
6 Craig Obney . . . . .	125	403	NO022381

<sup>n</sup>p.197   <sup>></sup>p.194   <sup>+</sup>p.191   <sup>a</sup>p.207   <sup>^</sup>p.196   <sup>s</sup>p.211

**N5 Strathyre to Strathallan****Ben Vorlich (Loch Earn)**

North-west of Ruthven Water, pass at **NN917091** and Allan Water from north of Aberuthven to Bridge of Allan.

Name		Drop	Ht	Grid ref
<b>Ben More (N1)<sup>bc</sup></b>	1C			
2 <b>BEN VORLICH</b> . . . . .	1B	831	985	<b>NN629189</b>
3 <b>Meall na Fearna</b>		236	809	<b>NN650186</b>
4 <b>Meall nan Saighdearan</b> . . . . .		129	681	<b>NN672212</b>
3 <b>Stùc a' Chroin</b>		252	975	<b>NN617174</b>
4 <b>Beinn Each</b> . . . . .		158	813	<b>NN601158</b>
3 <b>Sgiath a' Chaise</b>		304	645	<b>NN583169</b>
3 <b>Uamh Bheag<sup>mg</sup></b> . . . . .	26B	323	664	<b>NN691118</b>
4 <b>Beinn nan Eun<sup>g</sup></b>		142	631	<b>NN723131</b>
4 <b>Ben Clach<sup>g</sup></b> . . . . .		230	533	<b>NN759152</b>
5 <b>Meall a' Choire Odhair<sup>g</sup></b>		126	357	<b>NN807139</b>
5 <b>Torlum<sup>g</sup></b> . . . . .		230	393	<b>NN819192</b>
3 <b>Beinn Dearg<sup>&gt;</sup></b>	1B	351	706	<b>NN696197</b>
4 <b>Mòr Bheinn</b> . . . . .		327	640	<b>NN717213</b>

**N6 The Ochils and Fife****Ben Cleuch**

Name	Drop	Ht	Grid ref
<b>Ben Vorlich (N5)</b>	1B		
3 <b>BEN CLEUCH<sup>c</sup></b> . . . . .	26A	595	721 NN902006
4 <b>Core Hill</b>		120	542 NN886046
5 <b>Wether Hill</b> . . . . .		117	503 NN922059
4 <b>Commonedge Hill</b>		135	468 NN980015
4 <b>King's Seat Hill</b> . . . . .		135	648 NS933999
4 <b>Dumyat</b>		190	418 NS835976
4 <b>Innerdouny Hill</b> . . . . .		228	497 NO032073
5 <b>Culteuchar Hill</b>		129	313 NO096152
5 <b>Lumbennie Hill</b> . . . . .		136	284 NO217155
6 <b>Ormiston Hill<sup>a</sup></b>		103	236 NO233171
6 <b>Black Hill</b> . . . . .		104	213 NO247149
6 <b>Cowden Hill</b>		116	204 NO266153
5 <b>Cairnie Hill</b> . . . . .		150	228 NO279154
5 <b>Steele's Knowe</b>		177	485 NN969079
6 <b>Down Hill</b> . . . . .		112	361 NO000036
6 <b>Corb Law</b>		116	475 NO004091
5 <b>Norman's Law</b> . . . . .		209	285 NO305202
6 <b>Mount Hill</b>		163	221 NO330164
7 <b>Lucklaw Hill</b> . . . . .		116	190 NO419216
5 <b>Lendrick Hill</b>		222	456 NO019037
4 <b>Dumglow</b> . . . . .		251	379 NT075965
5 <b>Knock Hill</b>		112	364 NT053937
6 <b>Saline Hill</b> . . . . .		104	359 NT038932
5 <b>Benarty Hill</b>		228	356 NT153978
4 <b>West Lomond<sup>c</sup></b> . . . . .		407	522 NO197066
5 <b>East Lomond</b>		155	448 NO244061
5 <b>Bishop Hill</b> . . . . .		179	461 NO185043
5 <b>Largo Law</b>		197	290 NO427049

<sup>c</sup>p.227    <sup>a</sup>p.207

# O Galloway and Surrounding Areas

## Merrick

Ayr; River Ayr and Lugar Water to Cumnock; streams south-east and pass to New Cumnock; River Nith to its estuary; coast to Ayr.

### O1 The Rhins to the River Cree

#### Beneraird

South-west of River Stinchar, Duisk River, Lavery Burn, Loch Dornal, Carrick Burn and River Cree from Ballantrae to Creetown.

Name	Drop	Ht	Grid ref
<b>Merrick (O2)<sup>c</sup></b>	27B		
5 <b>BENERAIRD</b> . . . . .	307	439	NX135785
6 <b>Craig Airie Fell</b>	109	321	NX236736
7 <b>Artfield Fell</b> . . . . .	100	272	NX230677
6 <b>Culvennan Fell</b>	110	215	NX310650
6 <b>Mochrum Fell</b> . . . . .	112	197	NX304500
6 <b>Carlock Hill</b>	148	323	NX085772
6 <b>Cairn Pat</b> . . . . .	163	182	NX044563
7 <b>Inshanks Fell<sup>t</sup></b>	146	164	NX114355

### O2 Carrick and Galloway Forest

#### Merrick

South-west of River Doon, Loch Doon, pass at **NX512988**, Carsphairn Lane, Water of Deugh, Water of Ken, Loch Ken and River Dee from Ayr to Kirkcudbright.

Name	Drop	Ht	Grid ref	
<b>Helvellyn (Q4)</b>	34C			
4 <b>MERRICK<sup>c</sup></b> . . . . .	27B	705	843	NX427855
5 <b>Kirriereoch Hill</b>	149	786	NX420869	
5 <b>Craignaw</b> . . . . .	151	645	NX459833	
5 <b>Mullwharchar</b>	187	692	NX453866	
6 <b>Dungeon Hill</b> . . . . .	115	620	NX460850	
5 <b>Shalloch on Minnoch</b>	194	775	NX407905	

<sup>c</sup>p.227    <sup>t</sup>p.217

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Name	Drop	Ht	Grid ref
6 <b>Craig Dhu</b> . . . . .	103	415	NX425982
6 <b>Garleffin Fell</b>	148	431	NX349988
7 <b>Auchensoul Hill</b> . . . . .	120	314	NX263945
7 <b>Glenalla Fell<sup>srn</sup></b>	126	428	NS355009
6 <b>Grey Hill</b> . . . . .	154	297	NX164927
7 <b>Troweir Hill</b>	151	296	NX211960
8 <b>Knockdaw Hill<sup>p</sup></b> . . . . .	123	260	NX162889
6 <b>Craigenreoch</b>	176	565	NX335910
7 <b>Larg Hill</b> . . . . .	112	440	NX317931
7 <b>Garwall Hill<sup>m+</sup></b>	141	349	NX347838
5 <b>Craiglee</b> . . . . .	197	531	NX461801
5 <b>Craiglee</b>	200	523	NX470962
6 <b>Waterhead</b> . . . . .	131	473	NX438961
7 <b>Big Hill of Glenmount</b>	124	382	NS456007
5 <b>Knockdolian</b> . . . . .	201	265	NX113848
5 <b>Brown Carrick Hill</b> 27A	228	287	NS285160
6 <b>Mochrum Hill</b> . . . . .	137	270	NS265100
7 <b>Kirk Hill</b> 27B	136	259	NS266043
5 <b>Lamachan Hill</b> . . . . .	453	717	NX435769
6 <b>Curleywee</b>	119	674	NX454769
6 <b>Millfore</b> . . . . .	250	657	NX477754
7 <b>Craigdews Hill</b>	104	269	NX496723
7 <b>Craignell</b> . . . . .	231	477	NX509751
5 <b>Corserine</b>	488	814	NX497870
6 <b>Cairnsgarroch</b> . . . . .	105	659	NX515913
6 <b>Meikle Millyea</b>	121	749	NX516825
7 <b>Bennan</b> . . . . .	104	381	NX563789
6 <b>Cairnsmore of Dee<sup>a</sup></b>	295	493	NX583757
7 <b>Bennigunea</b> . . . . .	104	387	NX566759
7 <b>Cairn Edward Hill</b>	113	325	NX627733
5 <b>Cairnsmore of Fleet</b> . . . . .	522	711	NX501670
6 <b>Fell of Fleet</b>	248	470	NX566707
7 <b>Shaw Hill</b> . . . . .	146	383	NX590718
7 <b>Bengray</b>	234	366	NX630598

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<sup>s</sup>p.211   <sup>r</sup>p.200   <sup>n</sup>p.197   <sup>p</sup>p.205   <sup>m</sup>p.220   <sup>+</sup>p.191   <sup>a</sup>p.207

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Name	Drop	Ht	Grid ref
8 Meikle Dornell <sup>P+</sup> . . . . .	101	175	NX697664
8 Airie Hill <sup>P</sup>	140	291	NX621685
8 White Top of Culreoch . . .	157	344	NX600633
6 <b>Cairnharrow</b>	303	456	NX533560
7 Pibble Hill . . . . .	159	383	NX533605
8 Kenlum Hill	108	305	NX564585
8 Knockeans Hill . . . . .	128	295	NX492577

### O3 The Glenkens to Nithsdale Cairnsmore of Carsphairn

West of Urr Water and Kirkgunzeon Lane from Kippford to Beeswing; north of Loch Arthur, Glensone Burn and New Abbey Pow from there to the Nith estuary.

Name	Drop	Ht	Grid ref
<b>Merrick (O2)<sup>c</sup></b>	27B		
5 <b>CAIRNSMORE OF CARSPHAIRN</b> .	27C	582	797 NX594979
6 Dundeugh Hill	113	271	NX603894
6 Moorbrock Hill . . . . .	113	650	NX620983
6 Craig of Knockgray	120	383	NX570943
6 Blackcraig Hill <sup>c</sup> . . . . .	235	700	NS647064
7 Blacklorg Hill	149	681	NS653042
8 Bank Hill . . . . .	111	530	NS703070
7 Cairnkinna Hill	161	554	NS791018
8 Auchenbainzie Hill . . . . .	136	304	NX820968
7 Windy Standard	212	698	NS620014
8 Strandlud Hill . . . . .	100	531	NS582060
8 Enoch Hill	144	569	NS562067
9 Windy Standard . . . . .	102	537	NS524040
8 Benbeoch	160	463	NS495083
6 Colt Hill . . . . .	243	598	NX698990
7 Green Hill <sup>a</sup>	119	545	NX726962
7 Wauk Hill . . . . .	218	357	NX841909
8 Killyleoch Hill	149	240	NX878820

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Name	Drop	Ht	Grid ref
9 <b>Crawston Hill<sup>m</sup></b> . . . . .	109	217	NX886856
6 <b>Wether Hill</b>	247	535	NX696942
7 <b>Big Morton Hill</b> . . . . .	110	417	NX730896
8 <b>Lawglass</b>	104	387	NX699876
7 <b>Fell Hill</b> . . . . .	184	417	NX721844
8 <b>Mochrum Fell</b>	153	317	NX723750
7 <b>Bennan</b> . . . . .	186	398	NX821769
8 <b>Darngarroch Hill</b>	142	373	NX803815
8 <b>See Morris Hill</b> . . . . .	151	240	NX902779
9 <b>Beacon Hill</b>	122	215	NX914764
8 <b>Woodhead Hill</b> . . . . .	166	258	NX927712
9 <b>Lochbank Hill</b>	105	216	NX916693
7 <b>Bogrie Hill</b> . . . . .	228	432	NX789858
8 <b>Castramon Hill</b>	129	358	NX781836
8 <b>Bishop Forest Hill</b> . . . . .	175	392	NX849796
6 <b>Bengairn</b>	338	391	NX770545
7 <b>Blackbreast</b> . . . . .	127	286	NX760520
7 <b>Tod Fell</b>	136	187	NX794594

**O4 Dalbeattie to Criffel****Criffel**

Name	Drop	Ht	Grid ref
<b>Cairnsmore of Carsphairn (O3)</b> 27C			
6 <b>CRIFFEL</b> . . . . .	488	569	NX957618
7 <b>Cuil Hill</b>	112	420	NX911631
8 <b>Lotus Hill</b> . . . . .	108	321	NX901674
7 <b>Maidenpap</b>	142	314	NX897616
7 <b>Bainloch Hill</b> . . . . .	189	287	NX893570
8 <b>Clawbelly Hill</b>	119	234	NX876608
9 <b>Moyle Hill</b> . . . . .	102	150	NX848576
10 <b>White Hill</b>	100	143	NX877538

# **P** The Midland Valley to the River Tyne

## **Broad Law**

Ayr; River Ayr and Lugar Water to Cumnock; streams south-east and pass to New Cumnock; River Nith, Solway Firth and River Eden to east of Carlisle; River Irthing, pass at [NY643669](#) and Tibalt Burn to Haltwhistle; River South Tyne and River Tyne to Tynemouth; coast and Firth of Forth to Grangemouth; Bonny Water, gap by canal and River Kelvin to Glasgow; Firth of Clyde and coast to Ayr.

### **P1 Clyde Muirshiels – Ardrossan to Greenock Hill of Stake**

North-west of Black Cart Water, Kilbirnie Loch and River Garnock from Clydebank to Irvine.

Name	Drop	Ht	Grid ref	
<b>Broad Law (P6)<sup>c</sup></b>	28B			
6 <b>HILL OF STAKE<sup>c</sup></b> . . . . .	27A	489	522	<a href="#">NS273630</a>
7 <b>Corlick Hill</b>		108	303	<a href="#">NS290728</a>
7 <b>Earn Hill</b> . . . . .		131	202	<a href="#">NS228755</a>
7 <b>Blaeloch Hill</b>		185	407	<a href="#">NS243553</a>
8 <b>North Hill<sup>a</sup></b> . . . . .		109	242	<a href="#">NS238480</a>
8 <b>Goldenberry Hill</b>		125	140	<a href="#">NS182503</a>

### **P2 Ayr and Sanquhar to the River Clyde**

## **Tinto**

North-west and south-west of Crawick Water, Crawick Moss, Duneaton Water and River Clyde from Sanquhar to Glasgow.

Name	Drop	Ht	Grid ref	
<b>Broad Law (P6)<sup>c</sup></b>	28B			
6 <b>TINTO</b> . . . . .	27A	442	711	<a href="#">NS953343</a>
7 <b>Foreside Hill</b>		117	376	<a href="#">NS919267</a>
7 <b>Carmichael Hill</b> . . . . .		129	353	<a href="#">NS927393</a>
8 <b>Cairngryffe Hill</b>		119	340	<a href="#">NS942412</a>

<sup>c</sup>p.227   <sup>a</sup>p.207



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Name	Drop	Ht	Grid ref
7 Mountherrick Hill <sup>g</sup> . . . . .	27C	133 427	NS863233
7 Dungavel Hill	27A	224 510	NS942305
7 <b>Cairn Table</b> . . . . .	27C	321 594	NS724242
8 Stony Hill		143 561	NS725215
9 Kirklea . . . . .		107 468	NS771184
9 Cairn Kinney		136 493	NS784214
10 Spango Hill . . . . .		111 426	NS817188
8 Kirkland Hill		163 511	NS731162
9 Cocker Hill . . . . .		115 503	NS757153
8 Nutberry Hill <sup>p</sup>	27A	270 522	NS743338
9 Dillar Hill . . . . .		110 329	NS842407
9 Hareshaw Hill		129 467	NS763296
9 Middlefield Law . . . . .		168 466	NS681307
10 Blackside		146 434	NS596308
9 Common Hill . . . . .		172 488	NS791307
9 Corse Hill <sup>c</sup>		173 376	NS598464
10 Corkindale Law . . . . .		125 259	NS440567

### P3 Glasgow to Galashiels and North Berwick

#### Windlestraw Law

North of gap, Biggar Water and the River Tweed from west of Biggar to Galashiels; west and north of Gala Water, pass at [NT396565](#), Cakemuir Burn, Humble Water and River Tyne from there to Tynemouth.

Name	Drop	Ht	Grid ref
<b>Broad Law (P6)<sup>c</sup></b>	28B		
6 <b>WINDLESTRAW LAW</b> . . . . .	28A	461 659	NT371431
7 Mains Hill		106 354	NT454380
7 Meigle Hill . . . . .		256 423	NT466360
8 Gala Hill		129 275	NT492349
7 Blackhope Scar <sup>c</sup> . . . . .		282 651	NT315483
8 Whiteside Law		109 454	NT358509
8 Dunslair Heights . . . . .		122 602	NT287436

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Name	Drop	Ht	Grid ref
9 Clog Knowe <sup>a</sup>	106	541	NT312419
8 North Berwick Law . . . . .	168	187	NT556842
8 Wether Law	212	479	NT194483
9 Craillie Hill . . . . .	141	476	NT193452
10 Black Meldon	106	407	NT206425
9 White Meldon . . . . .	159	427	NT219428
7 <b>Scald Law</b>	312	579	NT191610
8 Carnethy Hill . . . . .	128	573	NT204619
8 East Cairn Hill <sup>&gt;c</sup>	169	567	NT128593
9 West Cairn Hill <sup>&gt;c</sup> . . . . .	132	562	NT107584
10 Byrehope Mount	102	536	NT109547
10 Corstorphine Hill <sup>m+</sup> . . . . .	117	162	NT205741
9 Cairnpapple Hill	165	312	NS987711
10 Airngath Hill . . . . .	112	171	NT004791
9 Mendick Hill <sup>w</sup>	165	451	NT121505
10 Drochil Hill . . . . .	138	376	NT155441
8 Black Hill	184	501	NT188631
8 Allermuir Hill . . . . .	235	493	NT227661
9 Arthur's Seat	174	251	NT275729
7 <b>Broughton Heights</b> . . . . .	347	571	NT122410
8 Langlaw Hill	102	370	NT100381
8 Trahenna Hill . . . . .	164	549	NT135374
8 Penvalla	190	537	NT150395
9 Riding Hill . . . . .	126	478	NT163401
8 Black Mount <sup>wP</sup>	257	516	NT079459
9 Bizzyberry Hill <sup>w</sup> . . . . .	112	363	NT048393
9 Temple Hill <sup>a</sup>	132	388	NT015392
10 Quothquan Law . . . . .	100	335	NS988384
9 Broomy Law <sup>P</sup>	165	426	NT085428
10 The Mount . . . . .	110	423	NT098421

<sup>a</sup>p.207   <sup>></sup>p.194   <sup>c</sup>p.227   <sup>m</sup>p.220   <sup>+</sup>p.191   <sup>w</sup>p.232   <sup>P</sup>p.205

**P4 Lammermuir – Dunbar to River Tweed Meikle Says Law**

North of River Tweed from Galashiels to Berwick.

Name	Drop	Ht	Grid ref
<b>Blackhope Scar (P3)<sup>c</sup></b>	28A		
8 <b>MEIKLE SAYS LAW<sup>c</sup></b> . . . . .	267	535	NT581617
9 <b>Boon Hill</b>	114	327	NT574465
10 <b>Legerwood Hill</b> . . . . .	105	281	NT586416
9 <b>Lammer Law</b>	115	527	NT523618
10 <b>Hartside Hill</b> . . . . .	104	468	NT448542
9 <b>Traprain Law<sup>P</sup></b>	134	221	NT581746
9 <b>Sell Moor Hill<sup>^</sup></b> . . . . .	150	423	NT480444
9 <b>Spartleton</b>	156	468	NT653655
10 <b>Wester Dod<sup>nr</sup></b> . . . . .	115	416	NT704681
11 <b>Marygold Hill<sup>P</sup></b>	114	269	NT801606
10 <b>Meikle Black Law</b> . . . . .	117	245	NT822686
10 <b>Cocklaw Hill</b>	130	320	NT720714
10 <b>Ayton Hill<sup>§</sup></b> . . . . .	149	217	NT944586
9 <b>Dirrington Great Law</b>	157	398	NT698549
10 <b>Cockburn Law</b> . . . . .	122	325	NT765597
9 <b>Black Hill</b>	171	314	NT585370
10 <b>Fans Hill</b> . . . . .	103	246	NT628401

**P5 The Lowther Hills to the Solway Firth Green Lowther**

West of River Clyde, Clydes Burn, Beattock Summit, Evan Water and River Annan from north of Abington to Annan.

Name	Drop	Ht	Grid ref	
<b>Broad Law (P6)<sup>c</sup></b>	28B			
6 <b>GREEN LOWTHER</b> . . . . .	27C	424	732	NS900120
7 <b>Dun Law</b>	105	677	NS916136	
7 <b>Drake Law</b> . . . . .	118	484	NS905220	
7 <b>Lousie Wood Law</b>	122	618	NS931152	
7 <b>Doddin</b> . . . . .	127	476	NS941131	
7 <b>Wellgrain Dod</b>	137	555	NS900179	

<sup>c</sup>p.227 <sup>P</sup>p.205 <sup>^</sup>p.196 <sup>n</sup>p.197 <sup>r</sup>p.200 <sup>§</sup>p.202

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Name	Drop	Ht	Grid ref
7 Steygail . . . . .	145	573	NS888084
7 Cairn Hill	156	451	NS851070
8 Auchensow Hill . . . . .	101	420	NS837089
7 Green Hill <sup>nr</sup>	158	588	NS862125
8 Knockenhair . . . . .	120	405	NS791133
7 <b>Queensberry</b>	363	697	NX989997
8 Whiteside Hill . . . . .	130	554	NS988046
8 Hightown Hill	162	250	NY035835
9 Hazelshaw Hill . . . . .	117	249	NY064766
8 Hods Hill <sup>r</sup>	173	569	NT000099
8 Ballencleuch Law . . . . .	204	689	NS935049
9 Wedder Law	137	672	NS938025
10 Gana Hill . . . . .	117	668	NS954010
11 Great Hill	104	353	NX939922
11 Earncraig Hill . . . . .	109	611	NS973013
10 Bellybought Hill	128	446	NS909000
9 Well Hill . . . . .	200	606	NS913064

## P6 Moffat to Peebles

## Broad Law

North-west of Moffat Water, pass, Little Yarrow, Yarrow Water and Ettrick Water from Dumcrieff to Lindean.

Name	Drop	Ht	Grid ref	
<b>Merrick (O2)<sup>c</sup></b>	27B			
5 <b>BROAD LAW<sup>c</sup></b> . . . . .	28B	653	840	NT146235
6 Cramalt Craig	146	831	NT168247	
7 Pykestone Hill . . . . .	133	737	NT173312	
6 Dun Rig	243	744	NT253315	
7 Black Law . . . . .	103	698	NT222279	
7 Deuchar Law	155	543	NT285297	
7 Cademuir Hill . . . . .	201	416	NT241377	
7 Minch Moor	213	567	NT358330	
8 Craig Hill . . . . .	144	382	NT441337	

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Name	Drop	Ht	Grid ref
8 Mountbenger Law	144	543	NT312275
6 <b>White Coomb</b> . . . . .	374	821	NT163150
7 Lochcraig Head	108	801	NT167176
7 Garelet Dod . . . . .	126	698	NT126172
7 Hart Fell <sup>w</sup>	200	808	NT113135
8 Whitehope Heights <sup>w</sup> . . . . .	110	637	NT095139
9 Craigmaid <sup>+</sup>	101	553	NT074177
9 Whiteside Hill <sup>p</sup> . . . . .	103	442	NT080220
8 Under Saddle Yoke	128	745	NT142126
7 <b>Culter Fell</b> <sup>cw</sup> . . . . .	350	748	NT052290
8 Chapelgill Hill	104	696	NT066303
8 White Hill . . . . .	114	399	NT055338
8 Rough Side <sup>a</sup>	134	402	NT094338
8 Goseland Hill . . . . .	202	435	NT071351
8 Gathersnow Hill <sup>w</sup>	210	688	NT058257
9 Rachan Hill <sup>+</sup> . . . . .	100	319	NT120339
9 Harleburn Head	101	546	NT003173
9 Hudderstone . . . . .	110	626	NT022271
10 Startup Hill	102	439	NS977295
10 Tewsgill Hill . . . . .	106	569	NS961237
11 Castle Hill	101	483	NS944222
9 Nether Oliver Dod . . . . .	118	511	NT098261
9 Worm Hill	133	541	NT111307
9 Lamington Hill . . . . .	161	492	NT001304

**P7 Gretna to Kelso, west of Teviotdale and Eskdale****Ettrick Pen**

North-west of River Esk, Ewes Water, Mosspaul Burn, Frostlie Burn and River Teviot from Gretna to Kelso.

Name	Drop	Ht	Grid ref
<b>White Coomb (P6)</b>	28B		
7 <b>ETTRICK PEN<sup>w</sup></b> . . . . .	358	692	NT199076
8 <b>Black Knowe</b> . . . . .	124	549	NT225109
8 <b>Loch Fell</b> . . . . .	124	688	NT170047
9 <b>Hart Fell</b> . . . . .	109	331	NY230889
8 <b>Capel Fell<sup>w</sup></b> . . . . .	159	678	NT163069
8 <b>Andrewhinney Hill<sup>w</sup></b> . . . . .	192	677	NT197138
9 <b>Bodesbeck Law<sup>w</sup></b> . . . . .	100	665	NT169104
9 <b>Ward Law</b> . . . . .	158	594	NT262159
9 <b>The Wiss</b> . . . . .	170	589	NT264206
9 <b>Turner Cleuch Law</b> . . . . .	179	551	NT287204
10 <b>Fastheugh Hill</b> . . . . .	146	501	NT393277
8 <b>Croft Head</b> . . . . .	194	637	NT153056
9 <b>Scaw'd Fell</b> . . . . .	154	549	NT149028
8 <b>Calkin Rig</b> . . . . .	230	451	NY288876
9 <b>Warb Law<sup>a</sup></b> . . . . .	119	281	NY355827
9 <b>Grange Fell</b> . . . . .	154	319	NY244819
10 <b>Burnswark Hill</b> . . . . .	109	287	NY185786
8 <b>Wisp Hill<sup>w</sup></b> . . . . .	261	595	NY386993
9 <b>Pikethaw Hill<sup>w</sup></b> . . . . .	226	564	NY369977
10 <b>Quickningair Hill<sup>w</sup></b> . . . . .	111	488	NT271073
11 <b>Crib Law</b> . . . . .	102	424	NT339094
10 <b>Minto Hills</b> . . . . .	130	276	NT559206
10 <b>Potholm Hill</b> . . . . .	135	310	NY363873
10 <b>Cacra Hill</b> . . . . .	162	471	NT317173
11 <b>Peniel Heugh<sup>p</sup></b> . . . . .	112	237	NT653262
11 <b>Shaw's Hill</b> . . . . .	121	394	NT379216
10 <b>Eildon Mid Hill</b> . . . . .	173	422	NT548322
10 <b>Law Kneis</b> . . . . .	189	498	NT292130

<sup>w</sup>p.232   <sup>a</sup>p.207   <sup>p</sup>p.205

**P8 Hawick to Langholm and Liddesdale****Cauldcleuch Head**

West of Liddel Water, Hermitage Water, Whitrope Burn, Lang Burn and Slitrig Water from south of Canonbie to Hawick.

Name	Drop	Ht	Grid ref
<b>The Cheviot (P11)<sup>c</sup></b>	33		
7 CAULDCLEUCH HEAD <sup>w</sup> . . . . .	28B	256	619 NT456006
8 Lightning Hill		100	487 NT415015
8 Skelfhill Pen . . . . .		103	532 NT441030
8 Ellson Fell		163	537 NY410985
9 Dod Hill <sup>w</sup> . . . . .		102	495 NT409000
8 Greatmoor Hill <sup>w</sup>		163	599 NT489006
9 Penchrise Pen . . . . .		114	439 NT490062
8 Roan Fell		256	568 NY451931
9 Arkleton Hill . . . . .		146	521 NY405921
10 Pike Fell		107	499 NY412939

**P9 Carlisle to Kielder and the North Tyne****Sighty Crag**

South of Liddel Water, Deadwater Gap, Kielder Water and River North Tyne from north of Newcastleton to west of Hexham.

Name	Drop	Ht	Grid ref
<b>The Cheviot (P11)<sup>c</sup></b>	33		
7 SIGHTY CRAG . . . . .		295	520 NY601809
8 Winshield Crag		101	345 NY742675
8 Glendhu Hill <sup>w</sup> . . . . .		115	514 NY568863
8 Larriston Fells <sup>w</sup>	28B	155	512 NY569920

**P10 Jedburgh to Bellingham****Peel Fell**

West of Kale Water, Long Burn, pass at [NT722073](#), Lumsdon Burn and River Rede from Eckford to Redesmouth.

Name	Drop	Ht	Grid ref
<b>The Cheviot (P11)<sup>c</sup></b>	33		
7 <b>PEEL FELL<sup>my</sup></b> . . . . .	196	602	<a href="#">NY625997</a>
8 <b>Carter Fell<sup>y</sup></b>	102	579	<a href="#">NT682052</a>
8 <b>Hunt Hill</b> . . . . .	106	231	<a href="#">NT668180</a>
8 <b>Pike Fell<sup>p</sup></b>	125	400	<a href="#">NT534063</a>
8 <b>Fanna Hill<sup>w</sup></b> . . . . .	148	515	<a href="#">NT569031</a>
8 <b>Belling Hill</b>	152	354	<a href="#">NT642118</a>
9 <b>Black Law</b> . . . . .	137	338	<a href="#">NT619182</a>
8 <b>Blackwood Hill<sup>n</sup></b>	189	447	<a href="#">NY531961</a>
8 <b>Rubers Law</b> . . . . .	196	424	<a href="#">NT580155</a>



**P11 The Northern Cheviots to Tyneside****The Cheviot**

Name		Drop	Ht	Grid ref
<b>Broad Law (P6)<sup>c</sup></b>		28B		
6 <b>THE CHEVIOT<sup>c</sup></b> . . . . .	33	556	815	NT909205
7 <b>Preston Hill</b>		108	526	NT922237
7 <b>Windy Gyle<sup>y</sup></b> . . . . .		113	619	NT855152
7 <b>Thirl Moor</b>		129	558	NT806083
8 <b>Humblemoor Hill</b> . . . . .	28B	101	363	NT775149
7 <b>Newton Tors</b>	33	130	537	NT908269
7 <b>The Schil<sup>y</sup></b> . . . . .		134	601	NT869223
8 <b>The Bell</b>		110	247	NT900290
8 <b>Great Hetha</b> . . . . .		116	343	NT885274
7 <b>Cushat Law<sup>v</sup></b>		147	615	NT928137
8 <b>Shill Moor</b> . . . . .		105	528	NT943153
8 <b>Bloodybush Edge</b>		114	610	NT902143
7 <b>Hedgehope Hill<sup>v</sup></b> . . . . .		148	714	NT943197
7 <b>Shillhope Law</b>		158	501	NT873096
7 <b>Hownam Law</b> . . . . .	28B	167	449	NT796219
7 <b>Long Crag<sup>m</sup></b>	33	169	319	NU062069
7 <b>Linton Hill</b> . . . . .	28B	176	282	NT787279
8 <b>Venchen Hill</b>		107	269	NT820297
7 <b>Housedon Hill<sup>m</sup></b> . . . . .	33	182	266	NT902329
8 <b>Moneylaws Hill</b>		139	246	NT872347
7 <b>Ros Hill</b> . . . . .		222	315	NU081253
8 <b>Dod Law</b>		101	200	NU006316
8 <b>Titlington Pike</b> . . . . .		112	233	NU087160
7 <b>Tosson Hill</b>		247	440	NZ004982
8 <b>Whittington Fell<sup>e</sup></b> . . . . .		107	268	NY973689

# Q

## Carlisle to the Ribble and Aire

### Scafell Pike

Solway Firth; River Eden to east of Carlisle; River Irthing, pass at NY643669 and Tibalt Burn to Haltwhistle; along River South Tyne and River Tyne to Tynemouth; coast to Humber Estuary; River Humber, River Ouse and River Aire to Skipton; Broughton Beck, Langber Beck and Carr Beck to SD894485; dikes, Stock Beck and River Ribble to its estuary; coast to the Solway Firth.

### Q1 St Bees Head to Borrowdale

### Great Gable

South of River Derwent, River Cocker, Newlands Hause and Newlands Beck from Workington to Bassenthwaite Lake; west and north-west of River Derwent, Sty Head, Lingmell Beck, Wast Water and River Irt from there to Ravenglass.

Name	Drop	Ht	Grid ref
<b>Scafell Pike (Q3)<sup>bc</sup></b>	34B		
3 <b>GREAT GABLE</b> . . . . .	425	899	NY211103
4 <b>Fleetwith Pike</b>	117	648	NY205141
4 <b>Kirk Fell</b> . . . . .	181	802	NY194104
4 <b>Pillar</b>	348	892	NY171121
5 <b>Lank Rigg</b> . . . . .	111	541	NY091119
5 <b>Crag Fell</b>	114	523	NY097143
5 <b>Swainson Knott</b> . . . . .	132	345	NY079083
5 <b>Yewbarrow</b>	142	627	NY173084
5 <b>Dent<sup>n</sup></b> . . . . .	175	352	NY041129
5 <b>Seatallan</b>	193	692	NY140084
6 <b>Middle Fell</b> . . . . .	117	582	NY150072
4 <b>High Stile<sup>s</sup></b>	362	807	NY169147
5 <b>Great Borne</b> . . . . .	113	616	NY123163
5 <b>Blake Fell</b>	164	573	NY110196
6 <b>High Park</b> . . . . .	119	247	NY043212
6 <b>Hannah Moor</b>	122	141	NX952133
6 <b>Hen Comb</b> . . . . .	140	509	NY132181
6 <b>Murton Fell<sup>a</sup></b>	141	447	NY094190

<sup>b</sup>p.213   <sup>c</sup>p.227   <sup>n</sup>p.197   <sup>s</sup>p.211   <sup>a</sup>p.207

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Name	Drop	Ht	Grid ref
5 Mellbreak . . . . .	260	512	NY148186
5 Low Fell	270	423	NY137226
4 Dale Head . . . . .	397	753	NY222153
5 High Spy	148	653	NY234162
5 Swinside <sup>^</sup> . . . . .	152	244	NY243224
5 Robinson	161	737	NY201168

## Q2 Cockermonth to Newlands

## Grasmoor

South of River Derwent from Cockermonth to Bassenthwaite Lake.

Name	Drop	Ht	Grid ref
<b>Scafell Pike (Q3)<sup>bc</sup></b> 34B			
3 GRASMOOR . . . . .	519	852	NY174203
4 Crag Hill <sup>a</sup>	117	839	NY192203
5 Ard Crags . . . . .	116	581	NY206197
4 Grisedale Pike	189	791	NY198225
4 Lord's Seat . . . . . 34A	237	552	NY204265
5 Sale Fell	137	359	NY194296
5 Watch Hill <sup>a</sup> . . . . .	157	254	NY159318

## Q3 Keswick to Duddon Sands

## Scafell Pike

West of River Greta, St John's Beck, Thirlmere, River Rothay, Windermere and River Leven from Keswick to Morecambe Bay.

Name	Drop	Ht	Grid ref
<b>Snowdon (S2)<sup>bsce</sup></b> 30B			
2 SCAPELL PIKE <sup>bc</sup> . . . . . 34B	912	978	NY215072
3 Glaramara	121	783	NY246104
3 Sca Fell <sup>v</sup> . . . . .	133	964	NY206064
3 Bow Fell	146	902	NY244064
4 Esk Pike . . . . .	112	885	NY236075

<sup>^</sup>p.196 <sup>b</sup>p.213 <sup>c</sup>p.227 <sup>a</sup>p.207 <sup>s</sup>p.211 <sup>e</sup>p.235 <sup>v</sup>p.197

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Name	Drop	Ht	Grid ref
4 Crinkle Crags <sup>s</sup>	138	859	NY248048
3 Hard Knott . . . . .	154	549	NY231023
3 Pike of Blisco	177	705	NY271042
3 Lingmoor Fell <sup>s</sup> . . . . .	245	469	NY302046
3 Harter Fell 34D	276	654	SD218997
4 Green Crag . . . . .	144	489	SD200982
3 High Raise <sup>s</sup> 34B	283	762	NY280095
4 Ullscarf . . . . .	118	726	NY291121
4 High Seat	136	608	NY287180
4 Loughrigg Fell . . . . .	172	335	NY346051
4 High Rigg <sup>a</sup> 34C	189	357	NY308220
3 Illgill Head . . . . . 34B	314	609	NY168049
4 Muncaster Fell <sup>s</sup> 34D	194	231	SD112983
3 Black Combe . . . . .	362	600	SD135854
4 Lowscapes Hill	145	189	SD153819
4 Whitfell . . . . .	221	573	SD158929
5 Hesk Fell	100	477	SD176947
3 The Old Man of Coniston . . . . .	416	803	SD272978
4 Swirl How	120	802	NY272005
4 Dow Crag . . . . .	129	778	SD262977
4 Caw	132	529	SD230944
5 Stickle Pike . . . . .	116	375	SD212928
4 Wetherlam	145	763	NY288011
4 Holme Fell . . . . .	165	317	NY315006
4 Top o' Selside	191	335	SD308919
5 Black Brows . . . . .	126	268	SD363926
5 Black Fell	126	323	NY340015
5 Claife Heights . . . . .	177	270	SD382973
4 Kirkby Moor <sup>n</sup>	230	334	SD259839
5 Great Burney <sup>a</sup> . . . . .	111	298	SD260858
5 Beacon Fell	128	255	SD278907

**Q4 Solway Firth to Ambleside****Helvellyn**

West of River Eden, River Eamont, Ullswater, Goldrill Beck, Kirkstone Pass and Stock Ghyll from Warwick Bridge to Ambleside.

Name		Drop	Ht	Grid ref
<b>Scafell Pike (Q3)<sup>bc</sup></b>		34B		
3 <b>HELVELLYN</b> . . . . .	34C	712	950	NY342151
4 <b>Great Dodd</b>		109	857	NY341205
5 <b>Clough Head</b> . . . . .		108	726	NY333225
4 <b>Great How<sup>g+</sup></b>	34B	142	339	NY314188
4 <b>Great Mell Fell</b> . . . . .	34C	198	537	NY396253
5 <b>Beacon Hill<sup>g</sup></b>	35A	143	286	NY521313
6 <b>Blaze Fell<sup>g</sup></b> . . . . .		110	242	NY496433
4 <b>Little Mell Fell</b>	34C	226	505	NY423240
4 <b>Fairfield</b> . . . . .		299	873	NY358117
5 <b>Seat Sandal</b>		152	737	NY344115
5 <b>St Sunday Crag</b> . . . . .		159	841	NY369134
5 <b>Red Screes</b>		260	776	NY396087
4 <b>Skiddaw</b> . . . . .	34A	709	931	NY260290
5 <b>Dodd</b>		110	502	NY244273
5 <b>Knott</b> . . . . .		242	710	NY296329
6 <b>Sandale Hill</b>		117	373	NY266398
6 <b>Great Calva</b> . . . . .		142	690	NY290311
6 <b>Binsey</b>		242	447	NY225355
5 <b>Blencathra<sup>as</sup></b> . . . . .		461	868	NY323277

## Q5 Penrith to Lancaster

## High Street

West and north of River Eden, Scandal Beck, Newbiggin-on-Lune and River Lune from east of Penrith to Lancaster.

Name	Drop	Ht	Grid ref
<b>Helvellyn (Q4)</b>	34C		
4 <b>HIGH STREET</b> . . . . .	373	828	NY440110
5 <b>Rest Dodd</b>	111	696	NY432137
5 <b>Ill Bell</b> . . . . .	124	757	NY436077
6 <b>Crook Knott<sup>ng</sup></b>	34D	107	SD447960
5 <b>Scout Scar<sup>nr<sup>g</sup></sup></b> . . . . .	126	235	SD486922
5 <b>Harter Fell<sup>v</sup></b>	34C	149	NY459093
6 <b>Sleddale Forest<sup>f</sup></b> . . . . .	115	429	NY487015
6 <b>Branstree</b>	137	713	NY477100
5 <b>Tarn Crag</b> . . . . .	160	664	NY488078
6 <b>Knott<sup>g</sup></b>	35A	120	NY650091
6 <b>Nettle Hill<sup>g</sup></b> . . . . .	124	382	NY716078
5 <b>Hallin Fell</b>	34C	163	NY433198
5 <b>Stony Cove Pike<sup>a</sup></b> . . . . .	171	763	NY418099
6 <b>Baystones<sup>av<sup>r</sup></sup></b>	148	487	NY403051
5 <b>Whitbarrow<sup>s</sup></b> . . . . .	34D	182	SD441870
5 <b>Grayrigg Forest</b>	34C	191	SD598998
6 <b>Lambrigg Fell<sup>f</sup></b> . . . . .	34D	152	SD586941
7 <b>Scout Hill</b>	102	285	SD564826
7 <b>Benson Knott</b> . . . . .	133	319	SD548941
6 <b>Hutton Roof Crags</b>	176	275	SD557775
7 <b>Oaken Head<sup>g</sup></b> . . . . .	36	115	SD537678
7 <b>Warton Crag<sup>g</sup></b>	126	163	SD491727
7 <b>Arnside Knott<sup>^</sup></b> . . . . .	34D	150	SD456774
5 <b>Gummer's How</b>	217	321	SD390884
6 <b>Hampsfell<sup>n</sup></b> . . . . .	105	222	SD399794
6 <b>Grassgarth Heights</b>	130	205	SD357825
5 <b>Place Fell</b> . . . . .	34C	262	NY405169

<sup>n</sup>p.197   <sup>s</sup>p.202   <sup>r</sup>p.200   <sup>v</sup>p.197   <sup>a</sup>p.207   <sup>s</sup>p.211   <sup>^</sup>p.196

**Q6 River Tyne to Garsdale, Wensleydale and Teesside****Cross Fell**

North of River Rawthey, Clough River, Garsdale Head and River Ure from Killington to Myton-on-Swale; west and north of River Swale, River Wiske, gap at [NZ318058](#), stream and River Tees from there to the Tees Mouth.

Name	Drop	Ht	Grid ref	
<b>Helvellyn (Q4)</b>	34C			
4 <b>CROSS FELL<sup>w</sup></b> . . . . .	35A	651	893	NY687343
5 <b>Knock Pike</b>		101	398	NY686282
5 <b>Cumrew Fell</b> . . . . .		120	483	NY564520
5 <b>Dufton Pike</b>		163	481	NY699266
5 <b>Cold Fell<sup>w</sup></b> . . . . .		168	621	NY605556
5 <b>Burnhope Seat<sup>f</sup></b>		190	747	NY784375
6 <b>Currock Hill<sup>mc</sup></b> . . . . .		102	259	NZ107592
6 <b>Pontop Pike</b>		115	312	NZ149528
6 <b>Sheriff Hill<sup>e</sup></b> . . . . .		134	167	NZ269602
6 <b>Chapelfell Top</b>		142	703	NY875347
7 <b>Strawberry Hill</b> . . . . .		110	193	NZ346392
5 <b>Mickle Fell<sup>c</sup></b>		210	788	NY806245
5 <b>Great Shunner Fell</b> . . . . .		297	716	SD848972
6 <b>High Seat<sup>w</sup></b>		112	709	NY802012
6 <b>Lovely Seat<sup>^</sup></b> . . . . .		150	675	SD879950
6 <b>Nine Standards Rigg<sup>w</sup></b>		157	662	NY825061
6 <b>Kisdon</b> . . . . .		184	499	SD899997
6 <b>Rogan's Seat</b>		195	672	NY919030
7 <b>Hoove</b> . . . . .		179	554	NZ003071
5 <b>Wild Boar Fell<sup>m</sup></b>		344	708	SD757988
6 <b>Baugh Fell<sup>s</sup></b> . . . . .		265	678	SD740916
5 <b>The Calf</b>		383	676	SD667970
6 <b>Uldale Head</b> . . . . .		129	532	NY640000
6 <b>Yarlside</b>		208	639	SD685985
7 <b>Randygill Top</b> . . . . .		131	624	NY687000
8 <b>Wandale Hill</b>		111	497	SD705990
8 <b>Harter Fell</b> . . . . .		119	521	NY721002

**Q7 Ingleborough to Blackpool****Ingleborough**

North and east of River Greta, River Doe, Ribblehead Pass and River Ribble from Tunstall to Gisburn.

Name		Drop	Ht	Grid ref
<b>Cross Fell (Q6)<sup>w</sup></b>	35A			
5 <b>INGLEBOROUGH</b> . . . . .	35B	427	724	SD741745
6 Smearsett Scar		136	363	SD802678
6 <b>Ward's Stone<sup>m</sup></b> . . . . .	36	395	563	SD591587
7 Middle Knoll		100	395	SD654543
7 Caton Moor . . . . .		128	361	SD583639
7 Whins Brow		135	476	SD636533
7 White Hill . . . . .		159	544	SD673587
7 Easington Fell		194	396	SD730486
7 Fair Snape Fell . . . . .		226	521	SD597472
7 Longridge Fell		242	350	SD657410

**Q8 Wensleydale to Airedale****Whernside**

West of River Ure and River Ouse from Myton-on-Swale to Goole.

Name		Drop	Ht	Grid ref
<b>Cross Fell (Q6)<sup>w</sup></b>	35A			
5 <b>WHERNSIDE<sup>c</sup></b> . . . . .	35B	408	736	SD738814
6 Blea Moor		112	535	SD772825
6 Great Coum . . . . .		221	687	SD700835
7 Barbon Low Fell		132	437	SD650808
6 Great Whernside . . . . .		288	704	SE002739
7 Simon's Seat		102	485	SE079598
7 Round Hill . . . . .		112	409	SE122535
7 Lindley Moor		118	292	SE210514
7 Buckden Pike . . . . .		207	702	SD960787
8 Height of Hazely <sup>n</sup>		124	553	SE037859
7 Great Knoutberry Hill <sup>w</sup> . . . . .		254	672	SD788871
8 Aye Gill Pike		167	556	SD720886

<sup>w</sup>p.232   <sup>m</sup>p.220   <sup>c</sup>p.227   <sup>n</sup>p.197



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Name	Drop	Ht	Grid ref
8 Dodd Fell Hill . . . . .	230	668	SD840845
6 <b>Pen-y-ghent<sup>w</sup></b>	306	694	SD838733
7 Birks Fell <sup>&gt;</sup> . . . . .	158	610	SD918763
8 Cam Rakes <sup>aw</sup>	113	503	SD839809
7 Fountains Fell <sup>w</sup> . . . . .	243	668	SD864715
8 Grizedales <sup>w</sup>	126	553	SD868643
8 Parson's Pulpit . . . . .	130	538	SD918687
6 <b>Cracoe Fell<sup>nr</sup></b>	310	508	SD993588
7 Sharp Haw . . . . .	168	357	SD959552
7 Rombald's Moor <sup>n</sup>	244	402	SE114452
8 Skipton Moor . . . . .	137	373	SE014509
8 The Chevin	144	282	SE199442
6 <b>Calf Top</b> . . . . .	312	609	SD664856

**Q9 River Tees to the Humber Estuary****Urra Moor**

Name	Drop	Ht	Grid ref
<b>Cross Fell (Q6)<sup>w</sup></b> 35A			
5 <b>URRA MOOR<sup>s</sup></b> . . . . . 37	409	454	NZ594015
6 Stony Leas	137	299	SE886992
7 Brow Moor <sup>e</sup> . . . . .	109	266	NZ969011
6 Barns Cliff End	141	228	SE941946
6 Seamer Beacon . . . . .	146	189	TA008876
7 Oliver's Mount <sup>e</sup>	112	155	TA039869
6 Gisborough Moor <sup>c</sup> . . . . .	152	328	NZ634123
7 Eston Nab	148	242	NZ568183
6 Cringle Moor <sup>s</sup> . . . . .	177	434	NZ537029
7 Carlton Moor	122	408	NZ519025
8 Black Hambleton . . . . .	114	400	SE480945
9 Yearsley Cross <sup>e</sup>	106	174	SE588744
6 Bishop Wilton Wold <sup>ce</sup> . . . . .	203	246	SE821570
7 Great Wold	113	164	SE949320

<sup>w</sup>p.232   <sup>></sup>p.194   <sup>a</sup>p.207   <sup>n</sup>p.197   <sup>r</sup>p.200   <sup>s</sup>p.211   <sup>e</sup>p.235   <sup>c</sup>p.227

# R Preston to Dover

## Kinder Scout

Christchurch; coast to Humber Estuary; River Humber, River Ouse and River Aire to Skipton; Broughton Beck, Langber Beck and Carr Beck to [SD894485](#); dikes, Stock Beck and River Ribble to its estuary; coast and River Mersey to Runcorn; River Weaver, River Duckow, gap at [SJ630333](#), River Tern, River Severn and Bristol Channel to Burnham-on-Sea; River Parrett, River Yeo and brooks to [ST651119](#); along Caundle Brook, River Lydden and River Stour to Christchurch.

### R1 The South Pennines from Liverpool to Nottingham

#### Kinder Scout

North and north-east of River Mersey, River Goyt, Black Brook and Bar-moor Clough to Dove Holes; north-east of Doveholes Dale, Great Rocks Dale, River Wye and River Derwent from there to Long Eaton; west of River Trent from there to the Humber Estuary.

Name	Drop	Ht	Grid ref
<b>Cross Fell (Q6)<sup>w</sup></b>	35A		
5 <b>KINDER SCOUT<sup>cw</sup></b> . . . . .	36	501	636 <a href="#">SK084875</a>
6 <b>Sir William Hill<sup>e</sup></b>		122	429 <a href="#">SK215779</a>
7 <b>Longstone Moor</b> . . . . .		110	395 <a href="#">SK188732</a>
6 <b>Chinley Churn</b>		123	451 <a href="#">SK035836</a>
6 <b>Bleaklow Head<sup>w</sup></b> . . . . .		128	633 <a href="#">SK094960</a>
7 <b>High Neb</b>		103	458 <a href="#">SK228853</a>
6 <b>Lees Moor</b> . . . . .		142	304 <a href="#">SK249674</a>
6 <b>Win Hill</b>		144	462 <a href="#">SK186850</a>
6 <b>Black Hill<sup>cw</sup></b> . . . . .		165	582 <a href="#">SE078046</a>
7 <b>Idle Hill<sup>ae</sup></b>		112	279 <a href="#">SJ969930</a>
6 <b>Boulsworth Hill<sup>sw</sup></b> . . . . .		323	517 <a href="#">SD929356</a>
7 <b>Little Wolf Stones<sup>w</sup></b>		100	443 <a href="#">SD971394</a>
7 <b>Blackstone Edge<sup>cw+</sup></b> . . . . .		102	474 <a href="#">SD972163</a>
7 <b>Hoof Stones Height<sup>aw</sup></b>		102	479 <a href="#">SD914291</a>
7 <b>Pinhaw Beacon</b> . . . . .		122	388 <a href="#">SD944472</a>

<sup>w</sup>p.232   <sup>c</sup>p.227   <sup>e</sup>p.235   <sup>a</sup>p.207   <sup>s</sup>p.211   <sup>+</sup>p.191

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Name	Drop	Ht	Grid ref
7 Hail Storm Hill	244	477	SD835193
8 Freeholds Top <sup>w</sup> . . . . .	152	454	SD906218
9 Great Hameldon	107	409	SD794289
8 Winter Hill <sup>c</sup> . . . . .	218	456	SD659149
9 Cartridge Hill	110	402	SD671199
9 Bull Hill . . . . .	144	418	SD766187
10 Billinge Hill	117	245	SD657281
9 Billinge Hill <sup>ce</sup> . . . . .	155	179	SD525014
6 Pendle Hill	395	557	SD804414

## R2 Stockport to Stafford and Derby

## Shining Tor

North of River Meese, Aqualate Mere, gap at [SJ813211](#), Church Eaton Brook, River Penk, River Sow and River Trent from Waters Upton to Long Eaton.

Name	Drop	Ht	Grid ref
<b>Kinder Scout (R1)<sup>cw</sup></b>	36		
6 SHINING TOR <sup>c</sup> . . . . .	236	559	SJ994737
7 Black Edge <sup>mw</sup>	100	507	SK062770
7 Wolfscote Hill . . . . .	103	388	SK137583
7 Bolehill	105	322	SK293553
7 Whaley Moor . . . . .	107	410	SJ990821
7 Stanton Moor	112	323	SK244629
7 The Roaches <sup>w</sup> . . . . .	123	505	SK001638
7 Wetton Hump <sup>n</sup>	132	371	SK113566
7 Shutlingsloe . . . . .	133	506	SJ976695
7 Eccles Pike <sup>e</sup>	135	370	SK035812
7 Gun <sup>w</sup> . . . . .	168	385	SJ970615
7 The Cloud <sup>a</sup>	174	343	SJ904637
8 Overmoor . . . . .	140	288	SJ966477
8 Mow Cop <sup>wh</sup> e	143	337	SJ858575
9 Ashley Heath <sup>weg</sup> . . . . .	119	236	SJ746357

<sup>w</sup>p.232   <sup>c</sup>p.227   <sup>e</sup>p.235   <sup>m</sup>p.220   <sup>n</sup>p.197   <sup>a</sup>p.207   <sup>h</sup>p.233   <sup>s</sup>p.202

**R3 Bristol to the Wrekin and Lincolnshire****The Wrekin**

North of River Avon, brooks to [ST963906](#), Swill Brook and River Thames from Avonmouth to Oxford; north-west of River Cherwell, River Ray, gap at [SP690240](#), streams, Padbury Brook and River Great Ouse from there to King's Lynn.

Name		Drop	Ht	Grid ref
<b>Kinder Scout (R1)<sup>cw</sup></b>		36		
6 <b>THE WREKIN<sup>c</sup></b> . . . . .	38A	310	407	<a href="#">SJ628080</a>
7 <b>Sheepwalks Hill<sup>re+</sup></b>	39	123	207	<a href="#">SO808849</a>
7 <b>Walton Hill</b> . . . . .		210	316	<a href="#">SO942797</a>
8 <b>Castle Ring</b>		101	242	<a href="#">SK045128</a>
7 <b>Cleeve Hill<sup>cw</sup></b> . . . . .		234	330	<a href="#">SO996245</a>
8 <b>Langley Hill</b>		102	274	<a href="#">SP008290</a>
8 <b>Birdlip Hill<sup>e</sup></b> . . . . .		120	303	<a href="#">SO925141</a>
9 <b>Bathford Hill</b>		101	205	<a href="#">ST795661</a>
9 <b>Tinkers Hill</b> . . . . .		103	156	<a href="#">SO880188</a>
8 <b>Seven Wells Hill<sup>we</sup></b>		121	319	<a href="#">SP115348</a>
9 <b>Ebrington Hill<sup>ce</sup></b> . . . . .		111	261	<a href="#">SP187426</a>
9 <b>South Hill<sup>w</sup></b>		120	248	<a href="#">SP280304</a>
10 <b>Whatborough Hill</b> . . . . .		108	230	<a href="#">SK767059</a>
11 <b>Arbury Hill<sup>cw</sup></b>		102	225	<a href="#">SP540587</a>
8 <b>Oxenton Hill</b> . . . . .		126	223	<a href="#">SO973314</a>
8 <b>Alderton Hill</b>		142	203	<a href="#">SP009345</a>
8 <b>Robins Wood Hill</b> . . . . .		142	198	<a href="#">SO840150</a>
8 <b>Normanby Top<sup>nCP</sup></b>	37	162	168	<a href="#">TF121964</a>
8 <b>Bardon Hill<sup>CP</sup></b> . . . . .	39	170	278	<a href="#">SK459131</a>
7 <b>Bredon Hill</b>		257	299	<a href="#">SO957402</a>

**R4 The Chilterns and East Anglia****Wendover Woods**

North of River Thames from Oxford to the Thames estuary.

Name	Drop	Ht	Grid ref
<b>Cleeve Hill (R3)<sup>cw</sup></b> 39			
8 <b>WENDOVER WOODS<sup>nrc</sup></b> . . . . .	180	267	SP890090
9 <b>Coombe Hill</b>	108	260	SP849066
9 <b>Clipper Down<sup>e</sup></b> . . . . .	123	249	SP965150
10 <b>Dunstable Downs<sup>ce</sup></b>	105	243	TL008194
9 <b>Bald Hill</b> . . . . .	125	257	SU728957
9 <b>Muswell Hill<sup>P</sup></b>	126	198	SP641153
10 <b>Shotover Hill<sup>e</sup></b> . . . . .	107	171	SP563062

**R5 The Mendips to Bournemouth****Beacon Batch**North and west of Semington Brook, brooks to [SU042590](#) and River Avon from Holt to Christchurch.

Name	Drop	Ht	Grid ref
<b>The Wrekin (R3)<sup>c</sup></b> 38A			
7 <b>BEACON BATCH<sup>P</sup></b> . . . . . 41	237	325	ST484572
8 <b>Wavering Down</b>	132	211	ST407559
8 <b>Brent Knoll</b> . . . . .	133	139	ST341508
8 <b>Bleadon Hill</b>	143	176	ST365570
9 <b>Worlebury Hill<sup>l</sup></b> . . . . .	104	109	ST323626
8 <b>Glastonbury Tor</b>	145	158	ST512386
8 <b>Dundry Down</b> . . . . .	170	233	ST553667
9 <b>Failand Hill<sup>el</sup></b>	116	164	ST510722
10 <b>Weston Down<sup>e</sup></b> . . . . .	100	113	ST447757
8 <b>Long Knoll<sup>w</sup></b>	171	288	ST786376
9 <b>The Beacon<sup>P</sup></b> . . . . .	108	196	ST632234
9 <b>White Horse Hill<sup>w</sup></b>	108	230	ST901511
9 <b>Win Green</b> . . . . .	159	277	ST925206
10 <b>Hambledon Hill</b>	132	193	ST845126

**R6 Vale of White Horse to the Solent****Walbury Hill**

West of River Wey, Cranmer Bottom, gap at [SU782315](#), River Rother and River Arun from Weybridge to Littlehampton.

Name	Drop	Ht	Grid ref
Beacon Batch (R5) <sup>P</sup>	41		
8 <a href="#">WALBURY HILL</a> <sup>C</sup> . . . . .	42	188	297 <a href="#">SU373616</a>
9 <a href="#">Milk Hill</a> <sup>V</sup> <sup>C</sup>	39	149	295 <a href="#">SU104643</a>
10 <a href="#">Hackpen Hill</a> . . . . .	104	272	<a href="#">SU128743</a>
10 <a href="#">Liddington Castle</a> <sup>C</sup>	114	277	<a href="#">SU209797</a>
9 <a href="#">Butser Hill</a> . . . . .	42	158	270 <a href="#">SU716203</a>
10 <a href="#">Linch Down</a>	111	248	<a href="#">SU848173</a>
10 <a href="#">Wheatham Hill</a> . . . . .	125	249	<a href="#">SU731277</a>
11 <a href="#">Ashley Hill</a> <sup>C</sup> <sup>G</sup>	103	144	<a href="#">SU824811</a>
10 <a href="#">Littleton Down</a> <sup>S</sup> . . . . .	149	255	<a href="#">SU941149</a>

**R7 River Rother to River Wey****Black Down**

West of River South Wey, brooks to [TQ038365](#) and streams from Shalford to Gibbons Mill.

Name	Drop	Ht	Grid ref
Beacon Batch (R5) <sup>P</sup>	41		
8 <a href="#">BLACK DOWN</a> <sup>C</sup> . . . . .	42	191	280 <a href="#">SU919296</a>
9 <a href="#">Bedham Hill</a> <sup>E</sup>	122	155	<a href="#">TQ014221</a>
9 <a href="#">Gibbet Hill</a> . . . . .	125	272	<a href="#">SU900359</a>
9 <a href="#">Telegraph Hill</a>	130	207	<a href="#">SU871264</a>

**R8 Guildford to the Isle of Thanet****Leith Hill**

Name	Drop	Ht	Grid ref	
<b>The Wrekin (R3)<sup>c</sup></b>	38A			
7 LEITH HILL <sup>cP</sup> . . . . .	42	246	295	TQ139431
8 Dunley Hill <sup>f</sup>		105	227	TQ104490
8 Holmbury Hill . . . . .		107	261	TQ104429
8 Crowborough <sup>re</sup>		159	242	TQ510306
9 North's Seat . . . . .		109	175	TQ843119
9 Cheriton Hill <sup>e^o</sup>		150	188	TR197396
9 Cliffe Hill . . . . .		152	164	TQ434107
8 Detling Hill <sup>ne</sup>		163	200	TQ804586
8 Wilmington Hill . . . . .		192	214	TQ548034
9 Willingdon Hill		110	201	TQ577009
8 Firle Beacon . . . . .		196	217	TQ485059
8 Botley Hill <sup>f</sup>		209	270	TQ387551
9 Reigate Hill . . . . .		102	235	TQ255521
9 Toy's Hill <sup>e</sup>		117	248	TQ469520
9 Wrotham Hill . . . . .		129	235	TQ593600
8 Ditchling Beacon <sup>c</sup>		213	248	TQ331130
9 Newmarket Hill . . . . .		107	200	TQ362067
9 Devil's Dyke <sup>e</sup>		114	217	TQ257108
8 Chanctonbury Ring <sup>ar</sup> . . . . .		215	240	TQ138120
9 Kithurst Hill		111	213	TQ081125

# S Lleyn to Newtown and Nantwich

## Snowdon

Runcorn; River Weaver, River Duckow, gap at [SJ630333](#) and River Tern to Wroxeter; River Severn to Caersws; Afon Carno, pass at head, Afon Iaen, Afon Twymyn and River Dovey to Aberdovey; coast and River Mersey to Runcorn.

### S1 Lleyn Peninsula to Beddgelert

### Moel Hebog

South and west of Afon Gwyrfai, Pitt's Head, Afon Colwyn and Afon Glaslyn from Saron to Porthmadog.

Name	Drop	Ht	Grid ref	
<b>Snowdon (S2)<sup>bsce</sup></b>	30B			
2 <b>MOEL HEBOG</b> . . . . .	585	783	<a href="#">SH564469</a>	
3 <b>Moel yr Ogof</b>	118	655	<a href="#">SH556478</a>	
3 <b>Moel-ddu</b> . . . . .	198	553	<a href="#">SH579442</a>	
3 <b>Moel-y-gest</b>	30A	236	263	<a href="#">SH549388</a>
3 <b>Craig Cwm Silyn</b> . . . . .	30B	398	734	<a href="#">SH525502</a>
4 <b>Craig-y-garn</b>		132	363	<a href="#">SH511444</a>
4 <b>Trum y Ddysgl</b> . . . . .		204	709	<a href="#">SH544516</a>
3 <b>Yr Eifl</b>	30A	433	564	<a href="#">SH364447</a>
4 <b>Mynydd Carnguwch</b> . . . . .		104	359	<a href="#">SH374429</a>
4 <b>Garn Boduan</b>		172	279	<a href="#">SH312393</a>
5 <b>Gwlwyr Carreglefain</b> . . . . .		129	261	<a href="#">SH324410</a>
4 <b>Carn Fadryn</b>		343	371	<a href="#">SH278351</a>
5 <b>Carneddol</b> . . . . .		157	235	<a href="#">SH301331</a>
5 <b>Mynydd Rhiw</b>		240	304	<a href="#">SH228293</a>
6 <b>Mynydd Cilan<sup>P1</sup></b> . . . . .		110	117	<a href="#">SH288241</a>
6 <b>Mynydd Anelog</b>		149	192	<a href="#">SH152272</a>
4 <b>Gyrn Ddu</b> . . . . .		385	522	<a href="#">SH401467</a>
5 <b>Bwlch Mawr</b>		144	509	<a href="#">SH426478</a>
6 <b>Mynydd Cennin</b> . . . . .		105	262	<a href="#">SH458449</a>
3 <b>Mynydd Mawr<sup>P</sup></b>	30B	462	698	<a href="#">SH539546</a>
4 <b>Moel Tryfan</b> . . . . .		100	427	<a href="#">SH515562</a>



**S2 Snowdonia – Beddgelert to Conwy****Snowdon**

North and west of Afon Glaslyn, Bwlch y Rhediad, Ceunant Ty'n-y-ddol, Afon Lledr and Afon Conwy from Beddgelert to Conwy.

Name	Drop	Ht	Grid ref	
<b>Ben Nevis (I1)<sup>bc</sup></b>	<i>Britain 4A</i>			
1 <b>SNOWDON<sup>bsce</sup></b> . . . . .	30B	1038	1085	SH609543
2 Y Lliwedd		154	898	SH622533
2 Moel Cynghorion . . . . .		176	674	SH586563
2 Yr Aran		235	747	SH604515
2 Moel Eilio . . . . .		259	726	SH555577
2 <b>Glyder Fawr</b>		643	999	SH642579
3 Tryfan . . . . .		188	915	SH664593
3 Y Garn		236	947	SH630595
4 Elidir Fawr . . . . .		212	924	SH612613
3 <b>Moel Siabod</b>		595	872	SH705546
2 <b>Carnedd Llewelyn<sup>c</sup></b> . . . . .		750	1064	SH683643
3 Moel Wnion		103	580	SH649697
3 Carnedd Dafydd . . . . .		111	1044	SH662630
3 Pen Llithrig y Wrach		183	799	SH716622
3 Tal y Fan . . . . .		186	610	SH729726
3 Creigiau Gleision		262	678	SH729615
4 Mynydd Deulyn . . . . .		105	400	SH759612

**S3 Vale of Conwy to Vale of Clwyd****Mwdwl-eithin**

North of Afon Conwy, Afon Merddwy, gap of Glasfryn, streams, Afon Ceirw and Afon Alwen from Fairy Glen to Corwen; west of streams, pass at [SJ069475](#) and River Clwyd from there to Rhyl.

Name	Drop	Ht	Grid ref	
<b>Carnedd y Filiast (S5)</b>	30D			
6 MWDWL-EITHIN . . . . .	30C	265	532	SH917540
7 Tre-pys-llygod		112	315	SH894687
7 Mwdwl-eithin . . . . .		128	470	SH989469

<sup>b</sup>p.213   <sup>c</sup>p.227   <sup>s</sup>p.211   <sup>e</sup>p.235

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Name	Drop	Ht	Grid ref
7 Marial Gwyn <sup>a</sup>	144	519	SH999556
8 Craig Bron-banog . . . . .	100	502	SJ016520
8 Gorsedd Brân	116	518	SH969597
9 Mynydd Tryfan . . . . .	109	402	SH976655
9 Moel Fodiar	116	390	SH978680
7 Moelfre Uchaf . . . . .	144	396	SH898716
8 Moelfre Isaf	121	317	SH951733
8 Mwdwl-eithin . . . . .	139	389	SH829682
9 Mynydd Marian	102	208	SH888774
9 Bryn Euryn . . . . .	116	131	SH832798
9 Creigiau Rhiwledyn <sup>a</sup>	137	141	SH812823
10 Bryn Pydew <sup>+</sup> . . . . .	112	128	SH811790
7 Mynydd Rhyd Ddu <sup>^</sup>	165	389	SJ054477
7 Great Orme <sup>e</sup> . . . . .	201	207	SH767833

#### S4 Clwydian Range to the River Dee

#### Moel y Gamelin

North and west of River Dee from Corwen to Liverpool Bay.

Name	Drop	Ht	Grid ref	
<b>Arenig Fawr (S5)</b>	30D			
5 <b>MOEL Y GAMLIN</b> . . . . .	30C	382	577	SJ176465
6 Moel Tan y Coed	100	230	SJ200439	
6 Moel Morfydd <sup>a</sup> . . . . .	112	550	SJ159457	
6 Cynr-y-Brain	162	565	SJ208488	
7 Bryn Alyn <sup>n</sup> . . . . .	101	408	SJ200587	
7 Bryn yr Orsedd <sup>eP</sup>	124	405	SJ142486	
7 Fron Fawr . . . . .	124	378	SJ208451	
6 Hope Mountain	189	330	SJ294568	
6 Moel Famau <sup>c</sup> . . . . .	272	562	SJ161626	
7 Moel Arthur	120	456	SJ145660	
7 Mynydd y Cwm <sup>a^</sup> . . . . .	150	305	SJ073767	
8 Moel Maenefa	100	290	SJ087744	
8 Moel y Gaer <sup>a</sup> . . . . .	126	304	SJ210690	

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Name	Drop	Ht	Grid ref
7 Foel Fenlli	153	511	SJ164600
7 Penycloddiau . . . . .	156	440	SJ127678
7 Moel Gyw	181	467	SJ171575

## S5 Beddgelert to Llyn Tegid

## Arenig Fawr

East of Afon Prysor, Llyn Trawsfynydd, Afon Eden and Afon Mawddach from Maentwrog to Llanelltyd; north-west of Afon Wnion, pass, Afon Dyfrdwy, Llyn Tegid and River Dee from there to Corwen.

Name	Drop	Ht	Grid ref	
<b>Moel Siabod (S2)</b>	30B			
4 <b>ARENIG FAWR</b> . . . . .	30D	479	854	SH827369
5 Mynydd Nodol	168	539	SH865393	
5 Moel Llyfnant . . . . .	206	751	SH808351	
6 Gallt y Daren	113	619	SH778344	
6 Moel Oernant . . . . .	138	503	SH742340	
5 Arenig Fach	294	689	SH820415	
6 Manod Mawr . . . . .	266	661	SH724446	
7 Y Gamallt <sup>a</sup>	124	588	SH751447	
7 Moel Penamnen . . . . .	133	623	SH716483	
8 Y Ro Wen <sup>f</sup>	117	594	SH745498	
9 Moel Pen-y-bryn . . . . .	115	428	SH779496	
7 Graig Wen	139	556	SH739394	
5 <b>Rhobell Fawr</b> . . . . .	309	734	SH786256	
6 Moel Hafodowen	129	435	SH754266	
6 Dduallt . . . . .	138	662	SH810273	
6 Foel Offrwm	236	405	SH749209	
7 Foel Cynwch . . . . .	110	326	SH736211	
5 <b>Carnedd y Filiast</b>	315	669	SH871446	
6 Garn Prys . . . . .	104	533	SH887483	
6 Moel y Gydros	145	521	SH914453	
6 Foel Goch . . . . .	274	611	SH953422	
7 Mynydd Mynyllod <sup>g</sup>	30E	124	395	SJ002395

<sup>a</sup>p.207   <sup>f</sup>p.200   <sup>g</sup>p.202

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Name		Drop	Ht	Grid ref	
5	<b>Moelwyn Mawr</b> . . . . .	30B	385	770	SH658448
6	Moelwyn Bach		124	710	SH660437
6	Allt-fawr . . . . .		243	698	SH681474
7	Cnicht		104	689	SH645466
7	Moel y Dyniewyd . . . . .		208	382	SH612477

## S6 The Rhinogs

## Y Llethr

North of Afon Mawddach from Llanelltyd to Barmouth.

Name		Drop	Ht	Grid ref	
	<b>Moel Siabod (S2)</b>	30B			
4	<b>Y LLETHR</b> . . . . .	30D	561	756	SH661258
5	Rhinog Fach		147	712	SH664270
5	Diffwys . . . . .		148	750	SH661234
6	Uwch-mynydd		102	328	SH657194
5	Moelfre . . . . .		162	589	SH626245
5	<b>Y Garn</b>		315	629	SH702230
5	<b>Rhinog Fawr</b> . . . . .		363	720	SH656290
6	Moel Ysgyfarnogod		180	623	SH658345

## S7 Tywyn to the River Vyrnwy

## Aran Fawddwy

North of River Dovey, Afon Dugoed, pass at head, Afon Banwy, Yr Hafesb and River Vyrnwy from Cemmaes Road to Bryn Tanat; south-west of Afon Tanat, Afon Eirth, Milltir Gerrig, Nant Sgrin and Afon Ceidiog from there to Llandrillo.

Name		Drop	Ht	Grid ref	
	<b>Snowdon (S2)<sup>bsce</sup></b>	30B			
2	<b>ARAN FAWDDWY</b> . . . . .	30E	670	905	SH862223
3	Pen Foel-y-ffridd		112	514	SH891188
3	Esgeiriau Gwynion <sup>n</sup> . . . . .		166	671	SH889236

<sup>b</sup>p.213   <sup>s</sup>p.211   <sup>c</sup>p.227   <sup>e</sup>p.235   <sup>n</sup>p.197

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Name	Drop	Ht	Grid ref
4 Foel y Geifr	110	626	SH937275
5 Foel Figenau . . . . .	105	590	SH916284
4 Moel Llygoed <sup>a</sup>	122	598	SH925193
4 Pen y Berth . . . . .	127	283	SJ081127
4 Foel Dugoed	135	439	SH893131
3 Cynriau Nod . . . . .	179	667	SH988279
4 Cynriau	103	488	SJ063252
4 Foel y Ddinas . . . . .	120	489	SH952304
3 Glasgwm	213	780	SH836194
4 Foel Benddin . . . . .	100	543	SH853165
3 Rhialgwm	225	540	SJ055211
4 Mynydd y Glyn . . . . .	134	389	SJ153222
5 Jericho Hill	114	293	SJ162202
4 Moel y Fronllwyd . . . . .	138	393	SJ121176
5 Gallt y Goedhwch	110	325	SJ137159
5 Allt y Gader . . . . .	121	334	SJ149176
4 Allt y Main	171	356	SJ162151
3 Maesglase <sup>ts</sup> . . . . . 30F	311	676	SH817150
4 Waun-oer	119	670	SH785147
4 Foel Dinas . . . . .	135	478	SH842143
4 Ceiswyn	142	545	SH745109
4 Mynydd Cwmcelli . . . . .	157	469	SH804099
3 Tarren y Gesail	463	667	SH710058
4 Graig Goch . . . . .	130	586	SH714084
4 Tarrenhendre	199	634	SH682041
5 Corlan Fraith . . . . .	100	406	SH630000
5 Ffridd yr Ychen	114	278	SN640977
4 Ffridd Cocyn . . . . .	247	313	SH624042
5 Gamallt <sup>a</sup>	206	288	SH665067
3 Cadair Idris <sup>s</sup> . . . . .	608	893	SH711130
4 Craig-las <sup>a</sup>	103	661	SH677135
4 Foel Ddu . . . . .	130	448	SH697096
4 Craig-y-llyn	136	622	SH665119
5 Tal y Gareg . . . . .	123	189	SH579041
4 Bryn Brith <sup>tt</sup>	149	383	SH664153

<sup>a</sup>p.207   <sup>r</sup>p.200   <sup>s</sup>p.211   <sup>t</sup>p.217   <sup>+</sup>p.191

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Name	Drop	Ht	Grid ref
4 Craig y Castell <sup>^</sup> . . . . .	153	321	SH697161
4 Foel Cae'rberllan	211	380	SH676082

## S8 The Berwyns to the Wirral

## Cadair Berwyn

North of River Vyrnwy from Bryn Tanat to Crewgreen.

Name	Drop	Ht	Grid ref
<b>Aran Fawddwy (S7)</b>	30E		
3 <b>CADAI R BERWYN</b> . . . . .	344	830	SJ071323
4 Grinshill Hill	38A	101	SJ519237
4 Moel Fferna . . . . .	30E	105	SJ116397
5 Pen-y-coed		102	SJ226414
4 Mynydd Mawr . . . . .		105	SJ132286
4 Bryn Du <sup>a</sup>		118	SJ145360
4 Craig-y-Rhiw . . . . .	38A	119	SJ232289
5 Llanymynech Hill	30E	119	SJ263222
4 Elysian Hill . . . . .	38A	125	SJ579293
4 Mynydd y Bryn	30E	126	SJ217269
4 Moel y Gwelltyn . . . . .		143	SJ170277
4 Raw Head <sup>vc</sup>	36	148	SJ508548
5 Hangingstone Hill . . . . .		124	SJ543696
4 Mynydd-y-briw	30E	165	SJ174260
4 Gyrn Moelfre . . . . .		237	SJ184293

<sup>^</sup>p.196   <sup>a</sup>p.207   <sup>v</sup>p.197   <sup>c</sup>p.227

**S9 Mallwyd to the River Severn****Carnedd Wen**

Name	Drop	Ht	Grid ref
<b>Aran Fawddwy (S7)</b>	30E		
3 <b>CARNEDD WEN</b> . . . . .	31A	228	523
4 <b>Garreg-hir</b>		151	485
5 <b>Cefn Crin</b> . . . . .		103	372
5 <b>Moel Bentyrch<sup>§</sup></b>	30E	142	338
4 <b>Y Golfa</b> . . . . .		165	341
5 <b>Yr Allt</b>		103	229
4 <b>Upper Park</b> . . . . .	31A	174	352
4 <b>Stingwern Hill</b>		180	358
5 <b>Pen-caenion</b> . . . . .		106	299
4 <b>Esgair Ddu</b>		222	464

# T Pembrokeshire Coast to the Severn Valley

## Pumlumon Fawr

Aberdovey; coast to Carmarthen Bay; River Towy, Afon Gwydderig, Trecastle pass and River Usk to Scethrog; Pennorth gap, Afon Llynfi and River Wye to Chepstow; River Severn to Caersws; Afon Carno, pass at head, Afon Iaen, Afon Twymyn and River Dovey to Aberdovey.

### T1 Aberystwyth to Llangurig Pumlumon Fawr

North of Afon Ystwyth, Gors Lwyd Pass and Afon Elan from Aberystwyth to south of Rhayader; west of River Wye, gap east of Llangurig, Afon Dulas and River Severn from there to Caersws.

Name	Drop	Ht	Grid ref
<b>Pen y Fan (U2)<sup>c</sup></b>	32A		
3 <b>PUMLUMON FAWR<sup>nc</sup></b> . . . . .	31A	524	752 SN789869
4 <b>Moelfre</b>		106	469 SN848983
5 <b>Ffridd Pen-y-Graig<sup>p</sup></b> . . . . .		106	297 SH842018
6 <b>Fron Goch</b>		105	289 SH822013
4 <b>Bryn-y-Brain</b> . . . . .		122	294 SN817997
4 <b>Tarren Bwlch-gwyn<sup>a</sup></b>		124	582 SN799931
4 <b>Llechwedd y Glyn</b> . . . . .		125	481 SN864872
4 <b>Cefn Coch<sup>a</sup></b>		140	285 SH815025
4 <b>Banc Llechwedd-mawr</b> . . . . .		161	560 SN775898
5 <b>Foel Fras<sup>t</sup></b>		105	529 SN765926
6 <b>Moel y Llyn</b> . . . . .		105	521 SN712916
5 <b>Pen yr Allt-fawr</b>		121	316 SN787961
5 <b>Pen Carreg Gopa</b> . . . . .		127	447 SN721947
5 <b>Mynydd Garth-Gwynion</b>		133	228 SN733987
5 <b>Disgwylfa Fawr<sup>^</sup></b> . . . . .		152	507 SN737847
6 <b>Banc y Garn</b>		104	437 SN706844
7 <b>Penglais</b> . . . . .		103	151 SN596832
6 <b>Banc Mynyddgorddu</b>		115	312 SN667866
6 <b>Bryn-hir</b> . . . . .		134	179 SN616862
4 <b>Bryn Amlwg</b>		170	488 SN921973



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Name	Drop	Ht	Grid ref
5 Dinas . . . . .	103	445	SN904885
5 Bryn-y-tail	118	403	SN916874
5 Newydd Fynyddog . . . . .	139	427	SH914004
4 Bryn y Fan	177	482	SN931884
5 Coed Mawr <sup>t</sup> . . . . .	125	308	SO013874
4 Pen y Garn 31C	193	610	SN798770
5 Cefn Croes . . . . .	105	573	SN807799
6 Esgair Penygarreg	100	533	SN926687
5 Cefn Blewog <sup>m</sup> . . . . .	115	341	SN705727
5 Pen Felin-wynt	115	372	SN725759
4 Drogol . . . . . 31A	195	550	SN759878

## T2 Cardigan to the Elan Valley

## Llan Ddu Fawr

North of Afon Teifi, Nant Egnant, pass at [SN796669](#), Afon Claerddu and Afon Claerwen from Cardigan to Caban-coch Reservoir.

Name	Drop	Ht	Grid ref
Drygarn Fawr (T3) 31C			
5 LLAN DDU FAWR <sup>n</sup> . . . . .	168	594	SN790704
6 Mynydd Bach <sup>r</sup>	131	372	SN712707
6 Hafod Ithel . . . . .	155	361	SN610677
6 Rhos Ymryson	164	327	SN459500
7 Allt Maestir <sup>e</sup> . . . . .	101	278	SN547505

**T3 St Clears to Drygarn Fawr****Drygarn Fawr**

East of Afon Cych, Afon Pedran, pass at Henfeddau Fawr, Afon Asen, Afon Cynin and River Taf from Abercych to Laugharne; north-west of River Irfon, streams to Sugar Loaf Halt, Afon Gwyddon and Afon Brân from Built Wells to Llandovery.

Name	Drop	Ht	Grid ref	
<b>Pumlumon Fawr (T1)<sup>nc</sup></b>	31A			
4 <b>DRYGARN FAWR</b> . . . . .	31C	254	645	SN862584
5 <b>Bryn Ffynnon</b>		105	440	SN683470
6 <b>Banc y Graig</b> . . . . .		103	408	SN699452
5 <b>Y Garth</b>		110	433	SN934559
5 <b>Drum Ddu</b> . . . . .		128	538	SN971604
5 <b>Allt yr Hebog</b>		135	342	SN686445
5 <b>Mynydd Trawsnant</b> . . . . .		139	517	SN821484
5 <b>Mynydd Pencarreg</b>		141	415	SN575432
6 <b>Banc Cwm-coed-ifor</b> . . . . .		111	309	SN593385
6 <b>Mynydd Llanybyther<sup>e</sup></b>		125	408	SN534394
7 <b>Moelfre</b> . . . . .		105	335	SN326360
8 <b>Penlan Voss</b>		102	167	SN414222
7 <b>Lan Ddu Cilwenau<sup>f</sup></b> . . . . .		120	328	SN576370
8 <b>Banc Beili-Tew</b>		120	278	SN616346
6 <b>Pen y Moelfre</b> . . . . .		138	166	SN342160
5 <b>Fforest</b>		142	341	SN777393
5 <b>Dinas</b> . . . . .		145	331	SN782466
5 <b>Carn Gafallt<sup>^</sup></b>		157	466	SN940646
5 <b>Pen y Garn-goch</b> . . . . .		162	487	SN884502
5 <b>Pen-crug-melyn</b>		184	326	SN502285
6 <b>Pen-yr-allt<sup>+</sup></b> . . . . .		100	175	SN487219
5 <b>Crugiau Merched</b>		205	462	SN722455
6 <b>Allt Ddu</b> . . . . .		105	244	SN739340
6 <b>Banc y Garreg</b>		107	332	SN705367
6 <b>Mynydd Llansadwrn</b> . . . . .		114	345	SN688349
5 <b>Mynydd Cynros</b>		221	329	SN620326
6 <b>Mynydd Figyn<sup>e</sup></b> . . . . .		140	328	SN595307
7 <b>Taliaris Hill</b>		138	291	SN632285

<sup>n</sup>p.197   <sup>c</sup>p.227   <sup>e</sup>p.235   <sup>r</sup>p.200   <sup>^</sup>p.196   <sup>+</sup>p.191

**T4 The Pembrokeshire Hills****Foel Cwmcerwyn**

Name	Drop	Ht	Grid ref
<b>Pumlumon Fawr (T1)<sup>nc</sup></b>	31A		
4 <b>FOEL CWM CERWYN<sup>c</sup></b> . . . . .	31C	344	536 SN094311
5 Carreg Dafydd	110	217	SM988330
5 Foel Dyrch . . . . .	114	368	SN161301
5 Mynydd Castlebythe	116	347	SN028296
5 Garn Fawr . . . . .	142	213	SM895388
6 Dudwell Mountain	113	178	SM907231
6 Carn Llidi . . . . .	122	181	SM738280
5 Brandy Hill <sup>te</sup>	151	205	SN213133
5 Frenni Fawr . . . . .	177	395	SN203349
5 Mynydd Carningli	232	346	SN062372
6 Pen y Fan . . . . .	134	142	SN005411

**T5 Mynydd Epynt – Llandovery to Talgarth Mynydd Epynt**

South-west of River Wye from Builth Wells to Glasbury.

Name	Drop	Ht	Grid ref
<b>Drygarn Fawr (T3)</b>	31C		
5 <b>MYNYDD EPYNT</b> . . . . .	32A	199	478 SN961464
6 Twyn Disgwylfa	100	417	SN951319
6 Moelfre . . . . .	103	442	SO010484
6 Garth	105	281	SO053506
6 Pen-y-crug <sup>a</sup> . . . . .	107	331	SO029303
6 Yr Allt	108	333	SO086307
6 Moel Fenni Fach . . . . .	110	290	SO015295
6 Mynydd Bwlch-y-Groes <sup>e</sup>	140	442	SN868356
7 Moel Bylchau . . . . .	113	396	SN847436
7 Noethgrug	120	412	SN837374
8 Mwmffri . . . . .	103	302	SN804361

<sup>n</sup>p.197   <sup>c</sup>p.227   <sup>t</sup>p.217   <sup>e</sup>p.235   <sup>a</sup>p.207

## T6 Llangurig to the Clun Valley

## Pegwn Mawr

South-west of the Camlad, gap at Lydham, River Onny and River Teme from west of Forden to Brimfield; west of brooks, gap at SO502658 and Main Ditch to Leominster; north of River Lugg, Llanbister Road pass, River Aran and River Ithon from there to Newbridge-on-Wye.

Name	Drop	Ht	Grid ref
<b>Pumlumon Fawr (T1)<sup>nc</sup></b>	31A		
4 <b>PEGWN MAWR</b> . . . . .	31B	300	586 SO023812
5 Ysgwd-ffordd		114	440 SO083735
5 Y Foel . . . . .		116	435 SO018840
5 Beddugre Hill		117	419 SO089700
5 Moelfre . . . . .		122	429 SN995829
6 Oldchapel Hill		100	426 SN976807
6 Coed y Gaer . . . . .		120	362 SO004843
5 Camlo Hill		130	509 SO037697
6 Moel Hywel . . . . .		130	505 SO002712
7 Castle Hill		125	388 SO008685
5 Gamallt . . . . .		147	475 SN955709
5 Beacon Hill		174	547 SO176767
6 Gors Lydan . . . . .		122	528 SO126768
7 Gaer		108	417 SO114698
6 Llan-wen Hill <sup>m</sup> . . . . .		123	417 SO306702
7 Wigmore Rolls	38B	114	288 SO401697
8 Knoll Hill . . . . .		105	287 SO382664
6 Cilfaesty Hill	31B	143	528 SO128840
7 Black Hill . . . . .	38A	105	441 SO326790
7 Bryn Hill		110	408 SO295862
7 Clunbury Hill . . . . .		131	304 SO371797
7 Stow Hill		134	434 SO317745
8 Coxall Knoll . . . . .		120	262 SO365734
6 Sunnyhill		146	393 SO327837
6 Caeliber Isaf . . . . .	31B	172	355 SO211933
5 Burrow	38A	189	358 SO381830
6 Oakeley Mynd . . . . .		136	309 SO349874
6 View Edge		167	321 SO422809

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Name	Drop	Ht	Grid ref	
5 Garreg Lwyd . . . . .	31B	205	498	SN942733
6 Bryn Mawr		110	405	SN944802
6 Cefn Cenarth <sup>^</sup> . . . . .		155	460	SN969762
5 Gwastedyn Hill <sup>m</sup>		242	477	SN986661
6 Rhiw Gwraidd <sup>m</sup> . . . . .		214	442	SO009634
5 High Vinnalls <sup>p</sup>	38B	248	375	SO477724
6 Gatley Hill . . . . .		110	338	SO447693
6 Bringewood		121	363	SO469734

## T7 Welshpool to Corve Dale

## Stiperstones

North-west of River Corve, gap at [SO610954](#), streams and Mor Brook from Ludlow to Crateford.

Name	Drop	Ht	Grid ref	
<b>Pumlumon Fawr (T1)<sup>nc</sup></b>	31A			
4 <b>STIPERSTONES</b> . . . . .	38A	357	536	SO367986
5 Earl's Hill		146	320	SJ409048
5 Long Mynd <sup>s</sup> . . . . .		192	516	SO415944
5 Corndon Hill	31B	201	513	SO306969
6 Heath Mynd . . . . .	38A	190	452	SO335940
5 Caer Caradoc Hill		271	459	SO477953
6 The Lawley . . . . .		106	377	SO494974
6 Hope Bowdler Hill		120	426	SO479940
6 Ragleth Hill . . . . .		142	398	SO454921
6 Callow Hill <sup>f</sup>		154	336	SO460850
7 Diddlebury Common . . . . .		103	317	SO483868
7 Middlehope Hill		116	324	SO507887
7 Norton Camp . . . . .		135	294	SO446819
5 <b>Long Mountain<sup>s</sup></b>	31B	305	408	SJ264058
6 Moel y Golfa . . . . .		261	403	SJ290124
7 Breidden Hill		106	365	SJ295144

<sup>^</sup>p.196   <sup>m</sup>p.220   <sup>p</sup>p.205   <sup>n</sup>p.197   <sup>c</sup>p.227   <sup>s</sup>p.211   <sup>r</sup>p.200

**T8 The Clee Hills to Worcester****Brown Clee Hill**

North-east of River Teme from Brimfield to Whittington.

Name	Drop	Ht	Grid ref
<b>Pumlumon Fawr (T1)<sup>nc</sup></b>	31A		
4 <b>BROWN CLEE HILL<sup>sc</sup></b> . . . . .	38A	373	540 SO593867
5 Abberley Hill <sup>v</sup>	38B	147	285 SO751672
6 Berrow Hill . . . . .		105	183 SO744586
5 Titterstone Clee Hill	38A	232	533 SO591779

**T9 BUILT HILLS AND RADNOR FOREST TO HEREFORD****Great Rhos**

West of River Lugg from Leominster to Mordiford.

Name	Drop	Ht	Grid ref
<b>Pumlumon Fawr (T1)<sup>nc</sup></b>	31A		
4 <b>GREAT RHOS</b> . . . . .	31B	373	660 SO182638
5 Pen Coed-swydd		100	412 SO140646
5 Burfa Bank <sup>+</sup> . . . . .		107	313 SO282610
5 Gilwern Hill		144	439 SO098582
5 Gwaunceste Hill . . . . .		161	542 SO158555
6 Glascwm Hill		130	522 SO169525
6 Llanfihangel Hill <sup>a</sup> . . . . .		146	532 SO194553
6 The Begwns		157	415 SO155444
6 Hergest Ridge . . . . .	38B	158	426 SO254562
5 Bradnor Hill		178	391 SO282584
6 Stanner Hill . . . . .	31B	115	349 SO266590
7 Old Radnor Hill		110	327 SO252588
6 Wapley Hill . . . . .	38B	157	329 SO347624
6 Shobdon Hill		172	326 SO381640
7 Mere Hill . . . . .		112	252 SO408654
5 Burton Hill		196	294 SO394487
6 Credenhill . . . . .		114	221 SO450445
6 Garnons Hill		127	233 SO400444

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Name	Drop	Ht	Grid ref
6 Birley Hill . . . . .	128	236	SO457521
5 Carneddau . . . . .	31B 206	445	SO069551
5 Aberedw Hill <sup>m</sup> . . . . .	227	451	SO084507

## T10 River Teme to the Forest of Dean

### Worcestershire Beacon

Name	Drop	Ht	Grid ref
<b>Pumlumon Fawr (T1)<sup>nc</sup></b> . . . . .	31A		
4 <b>WORCESTERSHIRE BEACON<sup>cp</sup></b> . . . . .	38B 337	425	SO768452
5 Herefordshire Beacon . . . . .	102	338	SO759400
5 Frith Hill . . . . .	120	233	SO718394
5 Hegdon Hill <sup>&gt;e</sup> . . . . .	156	254	SO585539
6 Broad Heath <sup>e</sup> . . . . .	104	246	SO664653
6 White Hill . . . . .	108	173	SO595434
5 May Hill . . . . .	217	296	SO695212
6 Seager Hill <sup>m</sup> . . . . .	164	269	SO613389
6 Ruardean Hill <sup>e</sup> . . . . .	174	290	SO634169
7 Chase Wood Hill . . . . .	127	203	SO602225
7 Buck Stone . . . . .	145	279	SO541122

<sup>m</sup>p.220   <sup>n</sup>p.197   <sup>c</sup>p.227   <sup>p</sup>p.205   <sup>></sup>p.194   <sup>e</sup>p.235

# U Carmarthen to Newport

## Pen y Fan (Brecon Beacons)

Carmarthen Bay; River Towy, Afon Gwydderig and pass to Trecastle; River Usk to Newport; coast to Carmarthen Bay.

### U1 The Black Mountain to Kidwelly and Gower

#### Fan Brycheiniog

West of Afon Crai, Bwlch Bryn-rhudd and River Tawe from west of Senny-bridge to Swansea.

Name	Drop	Ht	Grid ref
<b>Pen y Fan (U2)<sup>c</sup></b>	32A		
3 <b>FAN BRYCHEINIOG<sup>m</sup></b> . . . . .	423	802	SN825217
4 <b>Cefn Cul<sup>a+</sup></b>	100	562	SN861206
4 <b>Garreg Lwyd<sup>a</sup></b> . . . . .	104	616	SN740179
4 <b>Mynydd Myddfai</b>	127	440	SN806297
4 <b>Mynydd Uchaf</b> . . . . .	32B 182	357	SN715103
4 <b>Mynydd Allt-y-grug<sup>m</sup></b>	190	338	SN750079
4 <b>Trichrug</b> . . . . .	191	415	SN698229
4 <b>Mynydd y Betws<sup>ce</sup></b>	205	373	SN664094
5 <b>Cefn Bryn</b> . . . . .	134	188	SS518889
5 <b>Rhossili Down<sup>s</sup></b>	144	193	SS420888
6 <b>Llanmadoc Hill</b> . . . . .	103	186	SS430924
4 <b>Mynydd Sylen</b>	209	284	SN515080
5 <b>Banc y Llyn<sup>re</sup></b> . . . . .	124	275	SN579158
5 <b>Mynydd Llangydeyrn</b>	170	263	SN482132
6 <b>Allt Cunedda</b> . . . . .	136	192	SN406089



## U2 The Brecon Beacons to the Vale of Glamorgan

### Pen y Fan (Brecon Beacons)

Name	Drop	Ht	Grid ref	
<b>Snowdon (S2)<sup>bsce</sup></b>	30B			
2 <b>PEN Y FAN<sup>c</sup></b> . . . . .	32A	671	886	SO012215
3 <b>Cribyn</b>		130	795	SO023213
3 <b>Waun Rydd</b> . . . . .		170	769	SO062206
3 <b>Cefn yr Ystrad</b>		178	617	SO088136
4 <b>Mynydd Llangynidr</b> . . . . .		102	557	SO123151
4 <b>Mynydd Bedwellte<sup>g</sup></b>	32C	110	486	SO145060
4 <b>Y Domen Fawr<sup>g</sup></b> . . . . .		135	504	SO166071
4 <b>Tor y Foel</b>	32A	157	551	SO114194
4 <b>Mynydd Carn-y-cefn</b> . . . . .	32C	176	550	SO187084
3 <b>Mynydd Machen</b>		185	362	ST223900
4 <b>Mynydd y Grug</b> . . . . .		100	353	ST177906
3 <b>Mynydd y Lan</b>		215	381	ST208923
3 <b>Coety Mountain<sup>ac</sup></b> . . . . .		231	578	SO231079
4 <b>Bloreng</b>		134	561	SO269118
3 <b>Cefn Eglwysilan<sup>m</sup></b> . . . . .		235	382	ST097905
4 <b>Craig yr Allt</b>		154	273	ST133850
5 <b>Caerphilly Common<sup>p</sup></b> . . . . .		108	271	ST153855
3 <b>Mynydd Twyn-glas</b>		253	472	ST259978
3 <b>Fan Fawr</b> . . . . .	32A	295	734	SN969193
4 <b>Cadair Fawr</b>		120	485	SN978123
5 <b>Moel Penderyn</b> . . . . .		105	371	SN938087
4 <b>Mynydd Gethin</b>	32C	145	491	SO044025
4 <b>Fan Gyhirych</b> . . . . .	32A	280	725	SN880191
5 <b>Fan Nedd</b>		174	663	SN913184
5 <b>Hirfynydd</b> . . . . .	32B	246	481	SN839076
5 <b>Mynydd Marchywel</b>		263	418	SN768037
6 <b>Mynydd Drumau</b> . . . . .		171	272	SN725001
7 <b>Kilvey Hill</b>		140	193	SS671940
3 <b>Craig y Llyn<sup>c</sup></b> . . . . .	32C	392	600	SN906031
4 <b>Foel Trawsnant</b>		125	373	SS839940
5 <b>Mynydd Emroch<sup>s</sup></b> . . . . .		117	241	SS793908

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Name	Drop	Ht	Grid ref
4 Mynydd Margam <sup>r</sup>	125	349	SS828887
4 Mynydd Maendy . . . . .	135	301	SS980862
4 Mynydd y Glyn	182	377	ST031896
4 Garth Hill <sup>c</sup> . . . . .	211	307	ST103835
4 Foel Fynyddau	222	370	SS782935
5 Mynydd Dinas <sup>^</sup> . . . . .	152	258	SS760915

# V The Black Mountains to Chepstow

## Waun Fach

Newport; River Usk to Scethrog; Pennorth gap, Afon Llynfi and River Wye to Chepstow; Mouth of the Severn to Newport.

Name	Drop	Ht	Grid ref	
<b>Pen y Fan (U2)<sup>c</sup></b>	32A			
3 <b>WAUN FACH</b> . . . . .	622	811	SO215299	
4 Pen Allt-mawr	102	720	SO206243	
4 Black Mountain <sup>r</sup> <sup>cg</sup> y . . . . .	154	703	SO255350	
5 Mynydd Ferddin <sup>n</sup>	38B	120	323	SO344285
5 Merbach Hill . . . . .	144	318	SO303447	
4 Garway Hill	267	366	SO436250	
5 Welsh Newton Common <sup>e</sup> . . . . .	111	264	SO511175	
5 Little Doward	130	224	SO538161	
5 Aconbury Hill <sup>^</sup> . . . . .	157	276	SO505329	
6 Coppet Hill	140	201	SO577183	
4 Mynydd Troed . . . . .	32A	286	609	SO165292
5 Mynydd Llangorse	161	515	SO159266	
5 Allt yr Esgair . . . . .	205	393	SO126243	
6 Myarth	164	292	SO170208	
4 <b>Sugar Loaf<sup>a</sup></b> . . . . .	413	596	SO272187	
5 Bryn Arw <sup>f</sup>	156	384	SO301206	
5 <b>Ysgyryd Fawr</b> . . . . .	344	486	SO331182	
6 Ysgyryd Fach	106	271	SO316137	
6 Trostrey Hill <sup>g</sup> . . . . .	32C	138	199	SO369051
6 Graig Syfyreddin <sup>n</sup>	32A	235	423	SO403210
7 Long Hill . . . . .	101	206	SO480122	
6 Wentwood <sup>c</sup>	32C	240	309	ST411943
7 Beacon Hill . . . . .	103	306	SO512053	

<sup>c</sup>p.227   <sup>r</sup>p.200   <sup>g</sup>p.202   <sup>y</sup>p.231   <sup>n</sup>p.197   <sup>e</sup>p.235   <sup>^</sup>p.196   <sup>a</sup>p.207

# W Land's End to the Isle of Purbeck

## High Willhays

Christchurch; coast and Bristol Channel to Burnham-on-Sea; River Parrett, River Yeo and brooks to [ST651119](#); Caundle Brook, River Lydden and River Stour to Christchurch.

### W1 Land's End to the River Tamar Brown Willy

South-west of River Neet, brooks to Merrifield and River Tamar from Bude to Plymouth.

Name	Drop	Ht	Grid ref
<b>High Willhays (W2)<sup>c</sup></b>	40		
6 <b>BROWN WILLY<sup>cw</sup></b> . . . . .	314	420	<a href="#">SX158799</a>
7 <b>Kilmar Tor</b>	118	396	<a href="#">SX252748</a>
8 <b>Bin Down</b> . . . . .	101	203	<a href="#">SX276578</a>
7 <b>Kit Hill<sup>e</sup></b>	171	334	<a href="#">SX374713</a>
7 <b>Hensbarrow Beacon<sup>m</sup></b> . . . . .	193	312	<a href="#">SW996575</a>
8 <b>Carmenellis</b>	165	252	<a href="#">SW695364</a>
9 <b>Tregonning Hill<sup>wo</sup></b> . . . . .	102	194	<a href="#">SW599300</a>
7 <b>Watch Croft<sup>nwo</sup></b>	225	252	<a href="#">SW420357</a>

### W2 Bideford Bay to Start Point High Willhays

South-west of River Taw, River Yeo, Knighty Brook to Copplestone, brooks south, River Yeo and River Exe from Barnstaple to Exmouth.

Name	Drop	Ht	Grid ref	
<b>Cross Fell (Q6)<sup>w</sup></b>	35A			
5 <b>HIGH WILLHAYS<sup>c</sup></b> . . . . .	40	537	621	<a href="#">SX580892</a>
6 <b>Ryder's Hill</b>	109	515	<a href="#">SX659690</a>	
6 <b>Great Links Tor<sup>&gt;h</sup></b> . . . . .	112	589	<a href="#">SX550867</a>	
6 <b>Rippon Tor</b>	115	473	<a href="#">SX746755</a>	

<sup>c</sup>p.227   <sup>w</sup>p.232   <sup>e</sup>p.235   <sup>m</sup>p.220   <sup>o</sup>p.227   <sup>n</sup>p.197   <sup>></sup>p.194   <sup>h</sup>p.233

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Name	Drop	Ht	Grid ref
6 Beacon Hill <sup>ce</sup> . . . . .	123	196	SX858620
6 Easdon Tor	123	439	SX729823
6 Slappers Hill . . . . .	126	179	SX894531
6 Great Hill <sup>e</sup>	128	180	SX912679
6 Brent Tor . . . . .	130	334	SX470804
6 Colleywell Hill	130	253	SX921810
7 Waddles Down <sup>me</sup> . . . . .	113	248	SX865946
6 Mardon Down <sup>m</sup>	145	356	SX767870

### W3 Ilfracombe to the Quantocks and Sidmouth

#### Dunkery Beacon

West of River Parrett, River Isle, pass at [ST340086](#), brooks south and River Axe from Burnham-on-Sea to Seaton.

Name	Drop	Ht	Grid ref
<b>High Willhays (W2)<sup>c</sup></b>	40		
6 <b>DUNKERY BEACON<sup>cw</sup></b> . . . . .	41	414	519 SS891415
7 Fursdon Hill <sup>&gt;</sup>	40	112	254 SS924050
7 Lype Hill <sup>w</sup> . . . . .	41	139	423 SS950371
8 Three Gates Hill <sup>e</sup>	40	123	286 SS981192
8 Monkham Hill <sup>m</sup> . . . . .	41	124	381 SS986394
7 Christ Cross <sup>p</sup>	40	173	261 SS964052
8 Bingwell Hill . . . . .	112	237	SS967110
7 Periton Hill	41	182	297 SS946441
7 Selworthy Beacon . . . . .	193	308	SS918479
7 Staple Hill <sup>w</sup>	212	315	ST240166
8 Woodbury Common <sup>e</sup> . . . . .	40	102	183 SY032874
8 Bulverton Hill	115	212	SY107893
8 White Down . . . . .	116	167	ST007015
8 Stoke Hill <sup>e</sup>	124	160	SX937953
7 Wills Neck <sup>f</sup> . . . . .	41	261	386 ST165351

**W4 The Dorset Hills – Ilminster to Purbeck Lewesdon Hill**

Name	Drop	Ht	Grid ref
Staple Hill (W3) <sup>w</sup>	41		
8 LEWESDON HILL <sup>c</sup>	185	279	ST437012
9 Lambert's Castle Hill	121	258	SY370988
9 Telegraph Hill <sup>we</sup>	121	267	ST644050
10 Lyscombe Hill	100	262	ST738029
10 St Rayn's Hill <sup>we</sup>	116	238	ST399098
10 Eggardon Hill <sup>e</sup>	117	254	SY546944
9 The Verne	140	147	SY692737
9 Bulbarrow Hill	141	274	ST777055
9 Swyre Head <sup>^</sup>	150	208	SY934784
10 Ridgeway Hill	107	198	SY914817
9 Nine Barrow Down <sup>a^</sup>	152	199	SZ007811
9 Hardown Hill	154	207	SY405942

# X Outer Hebrides

All the islands in the Outer Hebrides from North Rona to Barra Head including the St Kilda islands.

## X1 St Kilda, Rona and the Neighbours of Lewis-Harris

The St Kilda islands, North Rona and all the islands north of the Sound of Harris apart from Lewis-Harris.

Name		Drop	Ht	Grid ref
BEINN SGORABHAIG <sup>l</sup>	<i>Scalpay (Harris) 24B</i>	104	104	NG236957
TOBHA RÒNAIGH <sup>h</sup>	<i>Rona (North) 24A</i>	108	108	HW818322
MULLACH BUIDHE	<i>Garbh Eilean (Shianta)</i>	160	160	NG414986
1 Eilean an Taighe		123	125	NG422970
STAC LEE <sup>h</sup>	<i>Stac Lee 25</i>	172	172	NA142049
BIODA MÒR <sup>h</sup>	<i>Dùn</i>	178	178	NF104973
STAC AN ARMIN <sup>h</sup>	<i>Stac an Armin</i>	196	196	NA151064
EILEAN SHIPHOIRT	<i>Eilean Shiphoint 24A</i>	217	217	NB207110
BEINN RA	<i>Taransay 24B</i>	267	267	NB033019
SRÒN ROMUL	<i>Scarp</i>	308	308	NA968158
1 Beinn fo Thuath		113	179	NA981142
CNOC GLAS <sup>ho</sup>	<i>Soay (St Kilda) 25</i>	376	376	NA062016
MULLACH AN EILEIN <sup>h</sup>	<i>Boreray</i>	384	384	NA153053
CONACHAIR	<i>Hirta</i>	430	430	NA100002
1 Mullach Bi		119	358	NF080994
1 Oisebhal		123	293	NF109992

**X2 Gallan Head to Loch Rèasort****Mealaisbhal**

North-west of Loch Leatha, Srath Bàn and Abhainn a' Lòin from Loch Rèasort to Loch Ròg Beag.

Name	Drop	Ht	Grid ref
<b>An Cliseam (X3)<sup>c</sup></b> <i>Lewis-Harris 24B</i>			
1 <b>MEALAISBHAL</b> . . . . . 24A	519	574	NB021270
2 Cracabhal	221	514	NB029253
3 Laibheal a' Tuath . . . . .	104	505	NB025244
3 Griomabhal	179	497	NB011220
2 Tathabhal . . . . .	252	515	NB042263
3 Teinneasabhal	131	497	NB041253
4 Tamnasbhal . . . . .	108	467	NB042236
3 Tarain Mòr	138	411	NB050276
2 Beinn Mheadhanach . . . . .	253	397	NB090236
3 Coduinn	103	241	NB120232
3 Beinisbhal . . . . .	108	189	NB096185
3 Sneathabhal Mòr	113	175	NB043177
3 Meall nan Sithean . . . . .	122	177	NB024174
3 Mullach na h-Àirde Bige	128	182	NB026188
2 <b>Suaineabhal</b> . . . . .	313	428	NB078309
3 Oileasail	120	206	NB105302
3 Sròn ri Gaoith . . . . .	124	253	NB075291
3 Forsnabhal	164	205	NB061358
4 Niosa Mhòr . . . . .	130	136	NB090354

**X3 Tarbert to the Butt of Lewis****An Cliseam**

North-west of Loch Sgiobacleit, pass at **NB311181** and stream north from Ceann Shìphoirt to Loch Èireasort; north of the gap at Tarxbert.

Name	Drop	Ht	Grid ref
<b>AN CLISEAM<sup>c</sup></b> <i>Lewis-Harris 24B</i>	799	799	NB154073
1 Cleit Ard . . . . .	116	328	NB189085
1 Mulla bho Dheas	138	743	NB143076



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Name	Drop	Ht	Grid ref
1 <b>Liuthaid</b> <sup>§</sup> . . . . .	307	492	NB175136
2 <b>Cearnabhal</b> . . . . . 24A	160	378	NB186157
3 <b>Beinn a' Mhuil</b> . . . . .	117	370	NB194136
2 <b>Slèiteachal Mhòr</b> . . . . .	163	248	NB213188
3 <b>Cleit Faoph</b> . . . . .	100	174	NB182182
2 <b>Roineabhal</b> . . . . .	203	281	NB232212
3 <b>Mullach Breac Mhalasgair</b> <sup>p</sup> . . . . .	145	172	NB301166
2 <b>Beinn Mholach</b> . . . . .	255	292	NB355387
3 <b>Beinn Bhraigair</b> <sup>^</sup> . . . . .	150	261	NB266432
4 <b>Ben Laimishader</b> <sup>a</sup> . . . . .	100	115	NB179426
4 <b>Eitseal</b> . . . . .	111	223	NB305304
3 <b>Muirneag</b> . . . . .	170	248	NB479489
1 <b>Sgaoth Àird</b> . . . . . 24B	373	559	NB165039
2 <b>Giolabhal Glas</b> . . . . .	122	475	NB149022
1 <b>Tòdun</b> . . . . .	390	528	NB210029
2 <b>Trolamul</b> <sup>&gt;</sup> . . . . .	102	335	NB200013
1 <b>Uisgneabhal Mòr</b> . . . . .	482	729	NB120085
2 <b>Tèileasbhal</b> . . . . .	137	697	NB125090
2 <b>Stulabhal</b> . . . . .	225	579	NB133122
3 <b>Rapaire</b> <sup>§</sup> . . . . .	125	453	NB134136
4 <b>Sgalabhal</b> . . . . . 24A	122	260	NB142198
3 <b>Conostom</b> . . . . .	211	256	NB166299
4 <b>Beinn a' Chàrnain</b> <sup>+</sup> . . . . .	109	215	NB150285
4 <b>Coltraiseal Mòr</b> . . . . .	162	228	NB158228
5 <b>Coltraiseal Beag</b> . . . . .	108	226	NB149241
5 <b>Beinn Mothal</b> . . . . .	129	207	NB176240
1 <b>Tiorga Mòr</b> . . . . . 24B	588	679	NB055115
2 <b>Ceartabhal</b> . . . . .	145	556	NB042126
2 <b>Taran Mòr</b> . . . . .	146	303	NB033154
2 <b>Huiseabhal Mòr</b> . . . . .	272	489	NB022116
3 <b>Leosabhal</b> . . . . .	143	412	NB038098
2 <b>Oireabhal</b> . . . . .	419	662	NB083099

**X4 The Park Peninsula****Beinn Mhòr (Lewis)**

Name	Drop	Ht	Grid ref
<b>An Cliseam (X3)<sup>c</sup></b> <i>Lewis-Harris 24B</i>			
1 <b>BEINN MHÒR<sup>b</sup></b> . . . . . 24A	555	572	NB254095
2 Muaitheabhal	207	424	NB257114
3 Guaineamol <sup>r</sup> . . . . .	168	406	NB260133
2 Feiriosbhal	251	327	NB301146
3 Beinn Eisgein . . . . .	103	129	NB336122
3 Beinn Bhreac	160	191	NB406121
4 Caitiosbhal <sup>p</sup> . . . . .	121	146	NB406177
2 Caiteseal <sup>h</sup>	285	449	NB242044
3 Cìpeagal Bheag . . . . .	171	336	NB247064
2 <b>Gormol</b>	322	470	NB301069
3 Uisinis . . . . .	229	374	NB337056

**X5 South Harris****Beinn Dhubh (Harris)**

Name	Drop	Ht	Grid ref
<b>An Cliseam (X3)<sup>c</sup></b> <i>Lewis-Harris 24B</i>			
1 <b>BEINN DHUBH</b> . . . . .	493	506	NB089006
2 Ceann Reamhar	134	467	NG118990
3 Stoicleit an Ear <sup>+</sup> . . . . .	100	191	NG117949
2 <b>An Coileach</b>	323	389	NG086927
3 Ceann Reamhar na Sròine . . . . .	104	355	NG093930
3 Stoicleit an Iar <sup>r</sup>	125	220	NG103949
3 Heileasbhal Mòr . . . . .	177	384	NG073927
4 Bulabhall	128	354	NG055938
5 Cleit Niosaboist . . . . .	103	158	NG042959
2 <b>Bleabhal</b>	333	398	NG030914
3 Greabhal . . . . .	194	280	NG003891
2 <b>Ceapabhal</b>	365	368	NF972924
2 <b>Roineabhal</b> . . . . .	406	460	NG042860
3 Sranndabhal	144	211	NG036844

**X6 North Uist, South Uist and Nearby Islands**

All the islands from the Sound of Harris to the Sound of Barra.

Name		Drop	Ht	Grid ref
<b>BEINN A' TUATH</b> <sup>1</sup>	<i>Wiy</i> 24C	102	102	NF871463
<b>BEINN A' CHÀRNAIN</b> . . . . .	<i>Ronay</i>	115	115	NF890563
<b>RUABHAL</b>	<i>Benbecula</i>	124	124	NF825533
<b>BEINN SCIATHAN</b> . . . . .	<i>Eriskay</i>	185	185	NF795112
1 <b>Beinn Stac</b>		106	125	NF790090
<b>BEINN A' CHÀRNAIN</b> . . . . .	<i>Pabbay (Harris)</i>	196	196	NF893884
<b>EABHAL</b>	<i>North Uist</i>	347	347	NF898605
1 <b>Burebhal</b> . . . . .		127	140	NF909621
1 <b>Maireabhal</b>		222	230	NF808700
2 <b>Uineabhal</b> . . . . .		106	140	NF802672
2 <b>Crogearraidh Mòr</b>		171	180	NF867731
3 <b>Crogearraidh na Thobha</b> <sup>a</sup> . . . . .		153	154	NF974724
2 <b>Beinn Mhòr</b>		185	190	NF897761
1 <b>Lì a' Deas</b> <sup>a</sup> . . . . .		275	281	NF918653
2 <b>Lì a' Tuath</b> <sup>a</sup>		175	263	NF927660
<b>BEINN MHÒR</b> . . . . .	<i>South Uist</i>	620	620	NF808310
1 <b>Beinn Bheag Deas</b>		104	167	NF787288
1 <b>Hecla</b> <sup>a</sup> . . . . .		308	606	NF825344
2 <b>Beinn Ghot</b>		132	176	NF862344
2 <b>Beinn Tairbeirt</b> . . . . .		146	168	NF807395
2 <b>Beinn Choradail</b>		229	527	NF819328
1 <b>Stulabhal</b> . . . . .		369	374	NF806241
2 <b>Leathabhal</b>		116	182	NF775236
2 <b>Airneabhal</b> . . . . .		176	257	NF785256
3 <b>Seabhal</b>		138	223	NF766270
2 <b>Easabhal</b> . . . . .		239	243	NF774158
3 <b>Roineabhal</b>		152	201	NF816140
2 <b>Triuirebheinn</b> . . . . .		256	357	NF812212
3 <b>Beinn Ruigh Choinnich</b>		174	280	NF806196

<sup>1</sup>p.215    <sup>a</sup>p.207

**X7 Barra to Barra Head**

All the islands from the Sound of Barra to Barra Head.

Name		Drop	Ht	Grid ref
FUIDHEIGH	<i>Fuidheigh</i> 24D	107	107	NF740022
LIANAMUIL <sup>h</sup>	<i>Lianamuil</i>	112	112	NL550837
ARNAMUIL <sup>h</sup>	<i>Arnamuil</i>	121	121	NL545825
MAOL DOMHNAICH	<i>Maol Domhnaich</i>	153	153	NL688940
AN TOBHA <sup>a</sup>	<i>Pabbay (Barra)</i>	171	171	NL593872
THEISEABHAL MÒR	<i>Vatersay</i>	190	190	NL626963
SOTAN	<i>Berneray</i>	193	193	NL553799
CÀRN GHALTAIR	<i>Sandray</i>	207	207	NL640915
CÀRNAN	<i>Mingulay</i>	273	273	NL552828
SHEABHAL	<i>Barra</i>	383	383	NL678994
1 Grianan		131	295	NF681015
2 Beinn Mhartainn		107	245	NF664020
1 Beinn Chliad		159	206	NF677043
2 Beinn Eòlaigearraidh <sup>a</sup>		102	105	NF701072
1 Beinn Tangabhal		308	332	NL638990

# Y Skye, Rùm, Mull and Nearby Islands

All the islands in the Inner Hebrides from the Inner Sound to the Firth of Lorn.

## Y1 The Trotternish Peninsula

## The Storr

North-east of Lòn an Eireannaich, Dubh Lòin, pass and River Leasgeary from Loch Snizort Beag to Portree.

Name	Drop	Ht	Grid ref	
<b>Sgùrr Alasdair (Y2)<sup>b</sup></b>	<i>Skye</i> 17B			
1 <b>THE STORR</b> . . . . .	17A	671	719	NG495540
2 Hartaval		180	669	NG480551
3 Baca Ruadh . . . . .		146	639	NG474575
4 Beinn Edra		121	611	NG455626
5 Creag a' Lain . . . . .		114	609	NG464586
2 Boda Buidhe		183	466	NG439664
3 Cleat . . . . .		120	336	NG446669
2 Ben Dearg		217	552	NG478504
2 Sithean a' Bhealaich Chumhaing . .		234	392	NG508466
2 Meall na Suiramach		280	543	NG446695
3 Suidh' a' Mhinn . . . . .		133	357	NG407688

## Y2 Duirinish to the Black Cuillin

## Sgùrr Alasdair

West of River Sligachan, Lochan Dubha and Abhainn Camas Fhionnairigh from Loch Sligachan to Loch Scavaig.

Name	Drop	Ht	Grid ref	
<b>SGÙRR ALASDAIR<sup>b</sup></b>	<i>Skye</i> 17B	992	992	NG450207
1 Sgùrr nan Eag . . . . .		127	924	NG457195
2 Gars-bheinn		121	895	NG468187
1 Sgùrr Dearg <sup>sh</sup> . . . . .		182	986	NG444215

<sup>b</sup>p.213   <sup>s</sup>p.211   <sup>h</sup>p.233

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Name		Drop	Ht	Grid ref
2	Sgùrr a' Ghreadaidh	123	972	NG445232
3	Bidein Druim nan Ramh <sup>h</sup> . . . . .	109	869	NG456239
3	Sgùrr na Banachdaich	114	965	NG440224
2	Sgùrr Thuilm . . . . .	134	881	NG438242
1	Sgùrr nan Gillean	204	964	NG471252
2	Bruach na Frithe . . . . .	125	958	NG460251
1	Sgùrr na Stri <sup>m</sup>	225	494	NG499193
1	Beinn a' Bhraghad . . . . .	276	461	NG409254
2	Beinn Staic	130	412	NG398236
2	An Cruachan . . . . .	221	435	NG381225
1	Beinn Bhreac	290	448	NG344267
2	Stockval . . . . .	135	416	NG350294
2	Arnaval	193	369	NG345316
3	Beinn nan Dubh-lochan . . . . .	129	253	NG312323
2	Biod Mòr	196	384	NG370273
1	<b>Ben Lee</b> . . . . . 17A	374	444	NG502336
2	<b>Roineval</b>	330	439	NG418350
3	Cruachan-Glen Vic Askill . . . . .	194	295	NG357460
4	Braon a' Mheallain	121	267	NG389404
3	Beinn Bhreac . . . . .	241	329	NG253530
4	Beinn Chreagach	221	326	NG289534
5	Ben Horneval . . . . .	109	264	NG283495
5	Ben Geary	166	284	NG253614
3	Beinn na Greine . . . . .	269	417	NG459416
4	Stroc-bheinn	107	400	NG454394
2	<b>Ben Tianavaig</b> . . . . .	366	413	NG511409
1	<b>Healabhal Bheag<sup>a</sup></b>	464	489	NG224422
2	Ben Corkeval . . . . .	104	351	NG185448
2	The Hoe	129	231	NG164419
2	Beinn Bhac-ghlais . . . . .	155	409	NG229405
3	Beinn na Boineid	110	371	NG238395
2	Healabhal Mhòr <sup>a</sup> . . . . .	184	471	NG219445
3	Beinn na Creiche	112	264	NG201482
3	Biod an Athair . . . . .	178	313	NG158549
4	Ben Skriaig	100	309	NG165535

## Y3 The Red Cuillin to the Sleat

## Blàbheinn

Name	Drop	Ht	Grid ref
<b>Sgùrr Alasdair (Y2)<sup>b</sup></b>			<i>Skye 17B</i>
1 <b>BLÀBHEINN</b> . . . . .	861	928	NG529217
2 An Stac	100	528	NG541212
2 Nead an Fhìor-eòina <sup>a</sup> . . . . .	118	334	NG557193
2 Garbh-bheinn	181	808	NG531232
3 Ruadh Stac . . . . .	156	493	NG514232
2 Ben Meabost	231	345	NG536159
2 Belig . . . . .	246	702	NG543240
3 Glas Bheinn Mhòr	188	569	NG553257
2 Marsco . . . . .	413	736	NG507251
2 Glamaig <sup>s</sup>	486	775	NG513300
3 Beinn Dearg Mhòr . . . . .	316	731	NG520285
4 Beinn Dearg Mheadhonach	140	651	NG515271
4 Meall a' Mhaoil . . . . .	155	284	NG553307
2 <b>Sgùrr na Coinnich<sup>b</sup></b>			<i>17C</i>
3 Beinn na Caillich . . . . .	154	732	NG770229
3 Ben Aslak	327	610	NG750191
4 Beinn na Seamraig . . . . .	167	561	NG729177
4 Beinn nan Càrn	248	301	NG635180
5 Bheinn Shuardail . . . . .	123	281	NG630206
6 Beinn Bhuidhe	118	278	NG609171
4 Sgòrach Breac . . . . .	274	299	NG651132
5 Sgùrr na h-Iolaire	179	292	NG617090
5 Sgùrr nan Caorach <sup>r</sup> . . . . .	216	281	NG593030
3 <b>Beinn na Caillich</b>	696	732	NG601233
4 Creag Strollamus . . . . .	101	266	NG606260
4 Beinn Dearg Mhòr	152	709	NG587228
5 Beinn Dearg Bheag . . . . .	107	582	NG592219
4 <b>Beinn na Crò</b>	387	572	NG569241
5 Am Meall . . . . .	102	193	NG573280

<sup>b</sup>p.213   <sup>a</sup>p.207   <sup>s</sup>p.211   <sup>r</sup>p.200

## Y4 Small Isles of the Inner Hebrides

All the islands of the Inner Hebrides apart from Skye and Mull.

Name		Drop	Ht	Grid ref
DÙN <sup>1</sup>	<i>Iona</i> 17E	101	101	NM284252
CRUACHAN <sup>1</sup>	. . . <i>Lunga (Treshnish Isles)</i>	103	103	NM278419
BEN HOGH	<i>Coll</i> 17F	106	106	NM183577
MEALL MÒR	. . . . . <i>Eilean Tigh</i> 17A	111	111	NG604539
MEALL ACAIRSEID	<i>Rona (Raasay)</i>	125	125	NG622575
BEINN AIREIN	. . . . . <i>Muck</i> 17D	137	137	NM403791
BEINN BHREAC	<i>Soay (Skye)</i> 17B	141	141	NG462154
CARNAN MÒR <sup>n</sup>	. . . . . <i>Tiree</i> 17F	141	141	NL967401
1 Beinn Hough		107	119	NL948462
GOMETRA	. . . . . <i>Gometra</i> 17E	155	155	NM361414
CÀRN A' GHAILL	<i>Canna</i> 17D	210	210	NG263064
1 Sliabh Meadhonach		123	149	NG220048
BEINN CHREAGACH	<i>Ulva</i> 17E	313	313	NM403402
AN SGÙRR	. . . . . <i>Eigg</i> 17D	393	393	NM463847
1 Sgòrr an Fhàraidh		264	340	NM485893
MULLACH NA CÀRN	. <i>Scalpay (Skye)</i> 17C	396	396	NG605292
1 Beinn Loch a' Mhuilinn		103	293	NG626297
DÙN CAAN	. . . . . <i>Raasay</i> 17A	444	444	NG579395
1 Beinn na h-Iolaire		189	254	NG599502
ASKIVAL	. . . . . <i>Rùm</i> 17D	812	812	NM393952
1 Hallival		123	722	NM395962
1 Barkeval		125	591	NM375971
1 Trollabhal		189	702	NM377952
1 Mullach Mòr		219	304	NG386015
1 Ainshval		326	781	NM378943
1 Orval		406	571	NM333991
2 Ard Nev		107	556	NM346986
2 Bloodstone Hill		116	388	NG314006
2 Sgaorishal		141	280	NG351019

<sup>1</sup>p.215    <sup>n</sup>p.197



**Y5 Calgary to Salen****Speinne Mòr**

North-west of Abhainn na Fèithe Bàine, pass at head and stream from Killichronan to Salen.

Name	Drop	Ht	Grid ref
<b>Beinn Talaidh (Y6)</b>	17E		
2 <b>SPEINNE MÒR</b> . . . . .	412	444	NM499497
3 'S Airde Beinn	153	295	NM470536
3 <b>Beinn na Drise</b> . . . . .	347	424	NM475427
4 Cnoc an da Chinn	105	391	NM440450
4 Càrn Mòr . . . . .	147	343	NM398489
5 Cruach Sleibhe	118	166	NM371522
4 Tom nam Fitheach . . . . .	180	275	NM469484

**Y6 The Ross of Mull to Ardmeanach and Craignure****Ben More (Mull)**

West and north of Abhainn a' Chaiginn Mhòir, Loch Airdeglais and Lussa River from Lochbuie to Strathcoil.

Name	Drop	Ht	Grid ref	
<b>BEN MORE<sup>b</sup></b>	<i>Mull</i> 17E	966	966	NM525330
1 A' Chioch . . . . .	102	867	NM535333	
1 Beinn Fhada	174	702	NM540349	
1 Beinn a' Ghraig . . . . .	186	591	NM541372	
1 Coirc Bheinn	188	561	NM487326	
1 <b>Beinn na Sreine</b> . . . . .	376	521	NM456304	
2 Creach Bheinn	146	491	NM419291	
1 <b>Beinn Talaidh</b> . . . . .	429	761	NM625347	
2 Cruach Choireadail	194	618	NM594304	
3 Beinn a' Mheadhain . . . . .	138	602	NM586313	
2 <b>Beinn na Duatharach</b>	305	456	NM604363	
2 <b>Beinn Bhuidhe</b> . . . . .	314	413	NM590399	
3 Cruach Torr an Lochain	149	348	NM563402	
2 <b>Corra-bheinn<sup>2</sup></b> . . . . .	316	704	NM573321	

<sup>b</sup>p.213    <sup>2</sup>p.217

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Name	Drop	Ht	Grid ref
3 Cruachan Dearg <sup>2</sup>	130	704	NM568332
1 <b>Ben Buie</b> . . . . .	513	717	NM604270
2 Beinn na Croise	250	503	NM559251
3 Beinn Chàrsaig . . . . .	126	449	NM551225
3 Beinn Chreagach <sup>f</sup>	193	378	NM519217
4 Creachan Mòr . . . . .	165	331	NM496195
2 Cruachan Min	261	376	NM445217
3 Beinn a' Chaol-airigh <sup>f</sup> . . . . .	103	127	NM355184
1 <b>Dùn da Ghaoithe</b>	659	766	NM672362
2 Sgùrr Dearg . . . . .	246	741	NM665339
3 Càrn Bàn	233	248	NM721289

## Y7 Lussa River to the Firth of Lorn

### Creach-Beinn (South Mull)

Name	Drop	Ht	Grid ref
<b>Ben More (Y6)<sup>b</sup></b> <i>Mull 17E</i>			
1 <b>CREACH-BEINN</b> . . . . .	551	698	NM642276
2 Cruach Ardura	139	217	NM689295
2 <b>Druim Fada</b> . . . . .	390	405	NM647225
3 Maol Bàn	151	338	NM683238

# Z Other Islands

All the islands apart from Britain and those mentioned in the previous two sections.

## Z1 Outlying Islands of Shetland

All the islands north of the Orkneys apart from Shetland Mainland.

Name		Drop	Ht	Grid ref
WARD OF CLETT	<i>Whalsay 22</i>	120	120	HU550614
VORD HILL . . . . .	<i>Fetlar</i>	159	159	HU622935
MID WARD	<i>Muckle Roe</i>	172	172	HU320652
NOSS HEAD <sup>n</sup> . . . . .	<i>Noss</i>	181	181	HU553398
HILL OF ARISDALE	<i>Yell</i>	210	210	HU494841
1 Hill of Camb . . . . .		123	126	HU500927
WARD HILL	<i>Fair Isle</i>	219	219	HZ208733
1 Sheep Rock <sup>h+</sup> . . . . .		107	132	HZ220710
WARD OF BRESSAY	<i>Bressay</i>	226	226	HU502387
SAXA VORD . . . . .	<i>Unst</i>	285	285	HP631166
1 Hill of Clibberswick		145	160	HP662127
1 Valla Field . . . . .		201	216	HP584078
2 Hermaness Hill <sup>o</sup>		118	200	HP607176
2 Crussa Field . . . . .		126	143	HP614110
DA SNEUG	<i>Foula</i>	418	418	HT947395
1 Da Noup . . . . .		179	248	HT954375

<sup>n</sup>p.197   <sup>h</sup>p.233   <sup>+</sup>p.191   <sup>o</sup>p.227

**Z2 Shetland Mainland****Ronas Hill**

The island of Shetland Mainland.

Name	Drop	Ht	Grid ref
<b>RONAS HILL<sup>c</sup></b> <i>Shetland Mainland 22</i>	450	450	HU305834
1 Lanchestoo . . . . .	113	130	HU375915
1 Faan Hill	147	173	HU344802
1 White Grunafirth . . . . .	155	173	HU275807
1 Royl Field	287	293	HU395285
2 Midi Field . . . . .	100	198	HU389237
2 Holm Field	104	290	HU395306
2 Ward of Scousburgh . . . . .	166	263	HU388188
2 Scrae Field	178	216	HU417361
2 Scalla Field . . . . .	266	281	HU389572
3 Weisdale Hill	121	260	HU383524
3 Hoo Kame . . . . .	122	209	HU420589
4 Hill of Hamarsland	114	158	HU411493
4 Hill of Moustoft . . . . .	114	176	HU400521
3 Dalescord Hill <sup>a</sup>	203	252	HU393684
4 Fora Ness <sup>l</sup> . . . . .	100	100	HU451718
4 Cunnigill Hill <sup>v</sup>	127	176	HU432675
5 Hill of Gardin . . . . .	123	140	HU492653
3 Sandness Hill	226	249	HU191557
4 Sand Field . . . . .	114	136	HU313485
2 Fitful Head <sup>n</sup>	270	283	HU346135

### Z3 Orkney Islands

All the islands between Fair Isle and the Scottish mainland.

Name		Drop	Ht	Grid ref
<b>WARD HILL</b> <sup>1</sup>	<i>Eday 23</i>	101	101	HY552299
<b>WARD OF GAIRSAY</b> <sup>1</sup>	<i>Gairsay</i>	102	102	HY441223
<b>WARD HILL</b>	<i>South Ronaldsay</i>	118	118	ND455886
<b>FITTY HILL</b>	<i>Westray</i>	169	169	HY429448
<b>BLOTCHNIE FIOLD</b>	<i>Rousay</i>	250	250	HY418289
1 <b>Kierfea Hill</b>		132	235	HY423320
<b>MID HILL</b>	<i>Orkney Mainland</i>	275	275	HY335087
1 <b>Widford Hill</b> <sup>e</sup>		169	225	HY411116
2 <b>Keelylang Hill</b>		161	221	HY378102
1 <b>Milldoe</b> <sup>s</sup>		188	224	HY358207
2 <b>Greeny Hill</b>		111	152	HY297235
3 <b>Vestra Fioild</b>		110	129	HY241221
2 <b>Hill of Miffia</b>		140	158	HY237134
<b>WARD HILL</b> <sup>c</sup>	<i>Hoy</i>	481	481	HY228022
1 <b>Cuilags</b>		319	435	HY209033
2 <b>Old Man of Hoy</b> <sup>h</sup>		127	137	HY176007
1 <b>Knap of Trowieglan</b>		354	399	ND239984
2 <b>The Berry</b>		125	199	ND247907

## Z4 Coastal Islands of Scotland

All Scottish islands except those in sections X and Y and the following two sections.

Name		Drop	Ht	Grid ref
CREAG BHÀN <sup>l</sup>	<i>Gigha</i> 19B	100	100	NR647509
AN EILID <sup>l</sup> . . . . .	<i>Gruinard</i> 14A	104	104	NG944940
SÌDHEAN NAN EALACHAN <sup>l</sup>	<i>Oldany</i> 16E	104	104	NC085348
GREAT STACK <sup>hn</sup> . . . . .	<i>Great Stack</i>	107	107	NC134488
BASS ROCK <sup>+</sup>	<i>Bass Rock</i> 28A	112	112	NT602874
MEALL A' CHÒIS . . . . .	<i>Eilean Mòr</i> 13B	114	114	NG698340
ISLAND DAVAAR	<i>Island Davaar</i> 19B	115	115	NR757199
ISLE MARTIN . . . . .	<i>Isle Martin</i> 16F	123	123	NH089997
LIGHTHOUSE HILL	<i>Little Cumbrae</i> 27A	123	123	NS143514
SANDA ISLAND . . . . .	<i>Sanda</i> 19B	123	123	NR730043
SÌTHEAN MÒR	<i>Handa</i> 16E	123	123	NC130482
MEALL MÒR . . . . .	<i>Tanera More</i> 16F	124	124	NB989070
BARBAY HILL <sup>e</sup>	<i>Great Cumbrae</i> 27A	127	127	NS168570
BARR MÒR . . . . .	<i>Lismore</i> 3B	127	127	NM814388
MEALL A' CHAISE	<i>Seil</i> 19A	146	146	NM753178
CRUACHAN CHÀRNA . . . . .	<i>Carna</i> 18C	170	170	NM618589
CÀRN BREUGACH	<i>Kerrera</i> 19A	189	189	NM815278
BEINN A' BHAILLIDH . . . . .	<i>Eilean Shona</i> 18A	265	265	NM649741
WINDY HILL	<i>Bute</i> 19C	278	278	NS043698
1 Barone Hill . . . . .		129	162	NS069630
2 Common Hill . . . . .		110	132	NS100644
1 Suidhe Chatain . . . . .		142	157	NS098547
AILSÀ CRAIG	<i>Ailsa Craig</i> 27B	340	340	NX019998

<sup>l</sup>p.215   <sup>h</sup>p.233   <sup>n</sup>p.197   <sup>+</sup>p.191   <sup>e</sup>p.235

## Z5 Jura, Islay and Surrounding Islands

All the islands from Islay to the Sound of Luing, including Colonsay.

Name		Drop	Ht	Grid ref
<b>BIDEIN NA H-IOLAIRE</b> <sup>1+</sup>	<i>Lunga (Scarba) 20A</i>	100	100	NM705087
<b>GARBH EILEACH</b>	<i>Garbh Eileach (Garvellachs)</i>	110	110	NM673124
<b>CARNAN EÒIN</b>	<i>Colonsay 20D</i>	143	143	NR409984
1 <b>Beinn Bhreac</b> . . . . .		108	139	NR374971
<b>CRUACH SCARBA</b>	<i>Scarba 20A</i>	449	449	NM690044
<b>BEINN BHEIGIER</b> . . . . .	<i>Islay 20B</i>	491	491	NR429564
1 <b>Beinn Bhàn</b>		142	472	NR403562
2 <b>Sgòrr Bhogachain</b> . . . . .		131	374	NR400515
1 <b>Beinn Mhòr</b>		177	202	NR294404
1 <b>Glas Bheinn</b> . . . . .		208	472	NR429592
2 <b>Sgarbh Dubh</b>		112	294	NR370754
2 <b>Sgòrr nam Faoileann</b> . . . . .		171	429	NR432606
3 <b>Beinn Dubh</b>		140	267	NR422637
1 <b>Sgarbh Breac</b> . . . . .		291	364	NR406766
2 <b>Giùr-bheinn</b>		150	318	NR379728
2 <b>Beinn Tart a' Mhill</b> . . . . .		227	232	NR210569
3 <b>Cnoc Uamh nam Fear</b>		101	128	NR218709
3 <b>Turnaichaidh</b> <sup>a+</sup> . . . . .		101	170	NR219625
<b>BEINN AN OIR</b>	<i>Jura 20A</i>	785	785	NR498749
1 <b>Scrinadle</b> . . . . .		165	508	NR505778
1 <b>Beinn Shiantaidh</b>		303	757	NR513747
2 <b>Corra Bheinn</b> . . . . .		208	575	NR526755
3 <b>Beinn Bhreac</b>		189	441	NR533778
4 <b>Cnoc an Ime</b> <sup>nr</sup> . . . . .		189	303	NR590801
1 <b>Beinn a' Chaolais</b>		359	733	NR488734
2 <b>Beinn Mhearsamail</b> . . . . .		111	506	NR497729
2 <b>Glas Bheinn</b>		279	562	NR500699
3 <b>Dubh Bheinn</b> . . . . .		137	530	NR489682
4 <b>Brat Bheinn</b>		104	342	NR495662
1 <b>Dubh Bheinn</b> . . . . .		468	485	NR581889
2 <b>Rainberg Mòr</b>		116	459	NR572874
2 <b>Beinn Bhreac</b> . . . . .		162	467	NR598908

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Name	Drop	Ht	Grid ref
3 Cruach an Uillt Fearna	111	339	NR620908
3 Beinn Sgaillinish . . . . .	116	190	NR618845
2 Ben Garrisdale	218	373	NR640938
3 Cruach Ionnastail . . . . .	104	295	NR647918
3 Cruach na Seilcheig <sup>r</sup>	179	304	NR678984

## Z6 Arran and Holy Island

These two islands between Kintyre and the Firth of Clyde, plus any immediate neighbours.

Name	Drop	Ht	Grid ref
<b>MULLACH MÒR</b> <i>Holy Island (Arran) 20C</i>	314	314	NS063297
<b>GOATFELL</b> <sup>cb</sup> . . . . . <i>Arran</i>	874	874	NR991415
1 <b>Caisteal Abhail</b>	427	859	NR969443
2 Cir Mhòr . . . . .	175	799	NR972431
2 Beinn Bhreac	214	575	NR943456
3 Meall Mòr . . . . .	107	496	NR935482
3 Beinn Tarsuinn	149	556	NR930451
2 Beinn Tarsuinn . . . . .	235	826	NR960412
3 A' Chir <sup>h</sup>	111	745	NR966421
2 Fionn Bhealach <sup>a</sup> . . . . .	241	444	NR977497
2 A' Chruach	280	514	NR969335
3 Ard Bheinn . . . . .	144	512	NR944328
4 Torr Rìgh Mòr	110	137	NR888310
3 Clauchland Hills . . . . .	146	260	NS033338
3 Tighvein	181	458	NR997273
2 <b>Beinn Bharrain</b> <sup>s</sup> . . . . .	385	721	NR901427
3 Beinn Bhreac	137	711	NR906442
3 Sail Chalmadale <sup>^</sup> . . . . .	151	480	NR914401
3 Meall nan Damh	175	570	NR910469

<sup>r</sup>p.200 <sup>c</sup>p.227 <sup>b</sup>p.213 <sup>h</sup>p.233 <sup>a</sup>p.207 <sup>s</sup>p.211 <sup>^</sup>p.196



## Z7 Isle of Man, Welsh and English Islands

All islands south of the Scottish border apart from the British mainland.

Name		Drop	Ht	Grid ref
<b>CALF OF MAN</b>	<i>Calf of Man</i> 29	128	128	SC152659
<b>CARNLLUNDAIN</b>	. . . . . <i>Ramsey</i> 31C	136	136	SM696234
<b>BEACON HILL<sup>f</sup></b>	<i>Lundy</i> 40	143	143	SS132443
<b>MYNYDD ENLLI</b>	. . . . . <i>Bardsey</i> 30A	167	167	SH122218
<b>MYNYDD BODAFON<sup>n</sup></b>	<i>Anglesey</i>	178	178	SH472854
1 <b>Mynydd Eilian</b>	. . . . .	118	177	SH472917
2 <b>Mynydd y Garn</b>		110	170	SH314906
1 <b>Bwrdd Arthur</b>	. . . . .	135	164	SH585812
<b>HOLYHEAD MOUNTAIN<sup>c</sup></b>	<i>Holy Island (Anglesey)</i>	220	220	SH218829
<b>ST BONIFACE DOWN<sup>ce</sup></b>	. . . . . <i>Isle of Wight</i> 42	241	241	SZ567785
1 <b>St Catherine's Hill</b>		127	239	SZ493772
2 <b>Arreton Down<sup>e</sup></b>	. . . . .	108	135	SZ547872
3 <b>Bembridge Down<sup>el</sup></b>		101	104	SZ624860
1 <b>Brighstone Down</b>	. . . . .	150	214	SZ432847
2 <b>Tennyson Down</b>		145	147	SZ324853
<b>SNAEFELL<sup>e</sup></b>	. . . . . <i>Isle of Man</i> 29	621	621	SC397880
1 <b>Beinn-y-Phott</b>		135	544	SC381860
2 <b>Colden</b>	. . . . .	122	487	SC343843
1 <b>North Barrule</b>		143	565	SC442909
1 <b>Slieau Freoaghane</b>	. . . . .	153	488	SC340883
1 <b>South Barrule</b>		436	483	SC257759
2 <b>Slieau Whallian</b>	. . . . .	116	333	SC265804
2 <b>Cronk ny Arrey Laa</b>		126	439	SC225746
2 <b>Bradda Hill</b>	. . . . .	196	233	SC194711
3 <b>Mull Hill</b>		151	169	SC189676



# Appendices



# Ringling the Changes

This book relies upon the original works by Alan Dawson, E. J. Yeaman and Clem Clements. Since these were compiled nearly twenty years ago, it is inevitable that a number of changes to the list have occurred since then – some due to new mapping information, some due to error on the part of the original author.

This section will be of particular use to anyone in possession of the *Handbook* or RHB and who wants to see what's changed or amend their copy of the book.

These tables are by no means complete. Further discrepancies between the source documents and the current listing of HuMPs will be gratefully received!

One table is missing: height changes. This has been omitted because there have been hundreds of such changes over the last twenty years, usually only by one or two metres, and except for those hills which gain or lose status as a result, the height change will make little difference to walkers (as long as the summit location hasn't changed as well).

## + New HuMPs



Let's start with the new HuMPs, i.e. hills which are now believed to have over 100m of drop but are not listed in the *Handbook* or Clem's list, either because the authors missed them or because the maps have been updated since then giving new summit or drop spot heights.

See also the next appendix >, 'Replaced HuMPs', on page 194, as this contains some more new HuMPs which are in the special position of having directly replaced a previous one.

Table 7: New HuMPs

Name	TS	Drop	Ht	Grid ref
Meall Meadhonach (Suilven)↑	A6	124	723	NC164178
Creag na h-Iolaire (Inverpolly)↑	B2	105	230	NC146155
Strone Nea↑	B3	101	485	NH194843
Càrn Beag↑	B4	121	460	NH545773
Raven Rock↑	B4	111	268	NH463604
Beinn Tharsuinn Chaol↑	B6	137	652	NG989744
Sgùrr na Bana-Mhoraire↑	B10	104	687	NG870526
Sgùrr nan Fhir Duibhe↑	C	118	963	NG981600
Còinneach Mhòr↑	C	108	976	NG944600
Baosbheinn East Top↑	C	101	806	NG876651
Creag Mhòr Thollaidh↑	C	100	343	NG863777
Creag Mhòr (Killilan)↑	D2	159	407	NG903315
Càrn Dearg (Foyers)↑	H1	114	298	NH481185
Creag a' Chail↑	H2	100	761	NN403958
Cnoc Thulagain↑	H5	142	530	NH743219
Creag Nighean Iain Duinn↑	H5	106	248	NH505208
Creag a' Chuir↑	I4	106	643	NN504847
Càrn Bad nan Luibhean↑	I6	103	471	NH853232
Meall Alvie↑	J3	212	560	NO203919
Hill of Corrachree↑	J7	102	294	NJ454045
Meall a' Chail↑	L4	102	758	NN436403
Meall Mòr (Strathbraan)↑	N4	109	466	NN928394
Garwall Hill↑ <sup>13</sup>	O2	141	349	NX347838
Corstorphine Hill↑	P3	117	162	NT205741
Rachan Hill↑	P6	100	319	NT120339
Great How↑	Q4	142	339	NY314188
Bryn Pydew↑	S3	112	128	SH811790
Bryn Brith↑	S7	149	383	SH664153
Pen-yr-allt↑	T3	100	175	SN487219
Burfa Bank↑	T9	107	313	SO282610
Beinn a' Chàrnain (Lewis)↑	X3	109	215	NB150285

...

<sup>13</sup>Garwall Hill (O2) was not noticed until 2009, despite being a sub-Marilyn, and thus eluded just about everyone in the business for about twenty years. Add to this its location in the middle of thick plantations, and it's just possible that Ann Bowker's ascent on 15 August 2009 may have been a first ascent – or at least the first by a bagger!

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Name	TS	Drop	Ht	Grid ref
Cleit Faoph↑	X3	100	174	NB182182
Stoicleit an Ear↑	X5	100	191	NG117949
Bass Rock↑	Z4	112	112	NT602874
Bidein na h-Iolaire↑	Z5	100	100	NM705087

Four hills were present in Yeaman's book but then mistakenly deleted in the belief that they had less than 100 metres of drop. However, they actually do qualify, so have been reinstated as HuMPs. These are listed in table 8.

Table 8: Reinstated HuMPs

Name	TS	Drop	Ht	Grid ref
Stob Loch an Eich Dhuibh↑	B5	334	100	NH018853
Millstone Hill (Keith)↑	J5	119	300	NJ421571
Craigmaid↑	P6	101	553	NT074177
Sheep Rock↑	Z1	107	132	HZ220710

In addition, these hills listed in table 9 were previously listed as qualifying by distance, even though they actually have more than 100 m drop. They can therefore be said to be new HuMPs, after a fashion.

Table 9: HuMPS originally classified as Yeamans qualifying by distance

Name	TS	Drop	Ht	Grid ref
Cùl Mòr (Glen Orrin)↑	D2	106	393	NH450514
Scar Hill↑	J7	109	299	NJ481013
Fothringham Hill↑	K5	109	254	NO466456
Creag Gharbh↑	N4	151	637	NN632327
Meikle Dornell↑	O2	101	175	NX697664
Blackstone Edge↑	R1	102	474	SD972163
Sheepwalks Hill↑	R3	123	207	SO808849
Cefn Cul↑	U1	100	562	SN861206
Turnaichaidh↑	Z5	101	170	NR219625

Càrn Bad nan Luibhean↑, Bidein na h-Iolaire↑, Craigmoid↑, Sheep Rock↑,

Garwall Hill↑, Blackstone Edge↑, Millstone Hill↑ and Creag Mhòr Tholaidh↑ have all been promoted (or re-promoted) since the first release of the HuMPs list in June 2007, from which it can be seen that this is an ongoing process. Your help is very welcome! (You can find a timeline of recent changes to the list at [http://www.biber.fsnet.co.uk/hump\\_changes.html](http://www.biber.fsnet.co.uk/hump_changes.html).)

I know that a list of deleted HuMPs should also be in this section, but for that you'll have to refer to the section 'Sub-HuMPs and Deleted HuMPs' on page 239, as for reasons outlined there, the lists of Subs and Deletions have been combined, and I don't think it's appropriate to have a whacking great list of Subs right here.

## > Replaced HuMPs



Combining promotion and deletion, the HuMPs in table 10 have been superseded by a nearby higher summit since the publication of the source lists.

Note that the threshold between a 'summit relocation' and a 'replacement' is taken to be a 30 m drop between the summits.

Birks Fell↑ (Q7, 610 m, SD918763) was decided to have been overtaken by Horse Head Moor (609 m, SD893768) after apparently losing two metres in height. However, a 2008 survey by John Barnard and Graham Jackson revealed it to be 610 m after all; thus it regained its place as a Marilyn, Hewitt, Nuttall and HuMP.

East Cairn Hill↑ (P3) overtook West Cairn Hill↑ as the Marilyn when it was found to be six metres higher than first thought; however, since both hills are HuMPs, there were no changes to HuMP status or numbers.



Table 10: HuMPs replaced by a nearby higher summit

Name	current				replaces			
	TS	Drop	Ht	Grid ref	Name	Drop	Ht	Grid ref
Sgùrr a' Choire-rainich ↑	D1	143	848	NH248569	Sgùrr a' Ghlas Leathaid	59	844	NH243564
Coraddie ↑	M5	371	519	NS050778	Beinn Bhreac	46	507	NS053763
Meall Buidhe ↑	N4	273	719	NN576275	Beinn Leabhain	41	705	NN576283
Beinn Dearg ↑	N5	351	706	NN696197	Sròn na Maoile	71	705	NN685190
Hegdon Hill ↑	T10	156	254	SO585539	Grendon Green	39	252	SO599574
Great Links Tor ↑	W2	112	589	SX550867	Amicombe Hill	36	584	SX568872
Fursdon Hill ↑	W3	112	254	SS924050	Cadbury Castle	53	253	SS913053
Lewesdon Hill ↑	W4	185	279	ST437012	Pilsdon Pen	83	277	ST413011
Trolamul ↑	X3	102	335	NB200013	Leac Easgadail <sup>14</sup>	50	334	NG222988

<sup>14</sup> Leac Easgadail is called **Uiseval** in the *Handbook*.

# ^ New Marilyns



The following HuMPs in table 11 have been upgraded to Marilyn status since the publication of RHB, after being discovered to have more than 150 m drop.

Table 11: New Marilyns

Name	TS	Drop	Ht	Grid ref
Cruim Leacainn↑	I1	150	232	NN166807
The Bochel↑	J5	154	491	NJ232232
Meall Chomraidh↑	L3	150	466	NN483556
Creag na Criche↑	N4	151	457	NN985350
Sell Moor Hill↑	P4	150	423	NT480444
Swinside↑	Q1	152	244	NY243224
Arnside Knott↑	Q5	150	159	SD456774
Lovely Seat↑	Q6	150	675	SD879950
Cheriton Hill↑	R8	150	188	TR197396
Mynydd Rhyd Ddu↑	S3	165	389	SJ054477
Mynydd y Cwm↑	S4	150	305	SJ073767
Craig y Castell↑	S7	153	321	SH697161
Disgwydfa Fawr↑	T1	152	507	SN737847
Carn Gafallt↑	T3	157	466	SN940646
Cefn Cenarth↑	T6	155	460	SN969762
Mynydd Dinas (Port Talbot)↑	U2	152	258	SS760915
Aconbury Hill↑	V	157	276	SO505329
Swyre Head↑	W4	150	208	SY934784
Nine Barrow Down↑	W4	152	199	SZ007811
Beinn Bhragair↑	X3	150	261	NB266433
Giùr-bheinn↑	Z5	150	318	NR379728
Sail Chalmadale↑	Z6	151	480	NR914401

The promotions of **Creag na Criche**↑, **Mynydd y Cwm**↑ and **Sail Chalmadale**↑ are thanks to the tireless efforts of Messrs Barnard, Jackson and Phillips.

## V Deleted Marilynys

## V

The following Marilynys have been deleted – demoted to HuMP status – since the publication of RHB, after being discovered to have less than 150 m drop. Actually **Sca Fell**↑ was only ever in the book in the first place because of favouritism, and was deleted following a tightening of the rules.

Table 12: Deleted Marilynys

Name	TS	Drop	Ht	Grid ref
<b>Sgòrr Tuath</b> ↑	<b>B1</b>	148	589	<b>NC110074</b>
<b>Cruach Bhuidhe</b> ↑	<b>M5</b>	149	568	<b>NS125947</b>
<b>Hedgehope Hill</b> ↑	<b>P11</b>	148	714	<b>NT943197</b>
<b>Cushat Law</b> ↑	<b>P11</b>	147	615	<b>NT928137</b>
<b>Sca Fell</b> ↑	<b>Q3</b>	133	964	<b>NY206064</b>
<b>Harter Fell (Mardale)</b> ↑	<b>Q5</b>	149	778	<b>NY459093</b>
<b>Baystones</b> ↑	<b>Q5</b>	148	487	<b>NY403051</b>
<b>Raw Head</b> ↑	<b>S8</b>	148	227	<b>SJ508548</b>
<b>Cunnigill Hill</b> ↑	<b>Z2</b>	127	176	<b>HU432675</b>

**Abberley Hill**↑ (T8) was promoted but re-demoted after its col was filled in; a similar fate befell **Milk Hill**↑ (R6), although it was wrongly promoted in the first place owing to misleading contours. **Raw Head**↑ and **Baystones**↑ were demoted following surveys, although in the case of the latter, it had already been demoted and then re-promoted after it was relocated to a nearby summit one metre higher!

## n Name Changes

## n

This is a table of all the hills which have changed name from the one listed in any of the sources.

Table 13: Name changes

Name	TS	Ht	Grid ref	Name in source
<b>A' Chaoirnichain</b> ↑	<b>A4</b>	808	<b>NC575280</b>	<b>Creag an Lochain</b>

...

Name	TS	Ht	Grid ref	Name in source
Cnoc na Stròine↑	A5	400	NC254128	Creag Mac a' Ghille Ghlais
Meall Dubh (Ullapool)↑	B3	667	NH225886	Hill of Coire Siolar
Stob Loch an Eich Dhuibh↑	B5	334	NH018853	Càrn Loch an Eich Dhuibh
Beinn a' Chlachain↑	B9	626	NG724490	Meall an Doireachain
An Staonach↑	B9	516	NG829481	Beinn a' Chait
Beinn Loinne↑	E3	790	NH130076	Druim nan Cnamh
Sgùrr Eireagoraidh↑	E6	548	NM716964	Carn a' Ghobhair
Stob a' Bhealach an Sgriodain↑	G1	770	NM874727	Druim Tarsuinn
Druim na Sgriodain↑	G2	734	NM978656	Meall Dearg Choire nam Muc
Creag Ruadh (Loch Laggan)↑ <sup>15</sup>	H4	622	NN558913	Hill of Coire na Lairige
Meall na Meoig↑	I4	868	NN448641	Beinn Pharlagain
Beinn Bhreac (Appin)↑	I7	726	NN008408	Mam Hael
A' Chaoirnich↑ <sup>16</sup>	J2	875	NN735807	Creag an Loch
Bruthach nan Creagan↑	J2	853	NN750805	Sròn Bhùirich
Creag Loisgte (Braemar)↑	K3	795	NO176868	Creag na Dearcaige
Stob Dubh (south of Glen Etive)↑	L1	883	NN166488	Beinn Ceitlein
Meall na Aighean↑	L3	981	NN694496	Creag Mhòr
Stob Coire Creagach↑	M3	817	NN230109	Binnein an Fhìdhleir
Cruach Bhuidhe↑	M5	568	NS125947	Creag na Dunaich
Beinn Dubh (Luss Hills)↑	M7	657	NS321962	Mid Hill

...

<sup>15</sup>Creag Ruadh (Loch Laggan) is also known as **Càrn Bàn**, which appears to make more sense from the map, as **Creag Ruadh**↑ may refer to a lower peak.

<sup>16</sup>A' Chaoirnich is also known as **Maol Creag an Loch**.

Name	TS	Ht	Grid ref	Name in source
The Fruin↑	M7	361	NS276872	Hill above Shandon
Stob Fear-tomhais↑ <sup>17</sup>	N2	771	NN474163	Ceann na Baintighearna
Beinn Chochan↑	N3	703	NN453057	Beinn Bhreac
Shee of Ardtalnaig↑	N4	759	NN729351	Ciste Buidhe a' Chlaidheimh
Tir Eilde↑	N4	631	NN830420	Meall Dùn Dhomhnuill
Glenalla Fell↑	O2	428	NS355009	Glenalla Field
Wester Dod↑	P4	416	NT704681	Monymut Edge
Green Hill (Lowther Hills)↑	P5	588	NS862125	Stood Hill
Blackwood Hill↑	P10	447	NY531961	Arnton Fell
Dent↑	Q1	352	NY041129	Long Barrow
Kirkby Moor↑	Q3	334	SD259839	Lowick High Common
Crook Knott↑	Q5	256	SD447960	Crook End Hill
Scout Scar↑	Q5	235	SD486922	Helsington Barrows
Hampsfell↑	Q5	222	SD399795	Hampsfeld Fell
Height of Hazely↑	Q8	553	SE037859	Carlton Moor
Cracoe Fell↑	Q8	508	SD993588	Thorpe Fell Top
Rombald's Moor↑	Q8	402	SE114452	Ilkley Moor
Wetton Hump↑	R2	371	SK113566	Wetton Hill
Normanby Top↑	R3	168	TF121964	The Wolds
Wendover Woods↑	R4	267	SP890090	Haddington Hill
Detling Hill↑	R8	200	TQ804586	North Downs
Bryn Alyn↑	S4	408	SJ200587	Pen-y-coed
Esgeiriau Gwynion↑	S7	671	SH889236	Foel Rhudd
Pumlumon Fawr↑	T1	752	SN789869	Plynlimon
Llan Ddu Fawr↑	T2	594	SN790704	Waun Claerddu
Graig Syfyreddin↑	V	423	SO403210	Edmund's Tump
Mynydd Ferddin↑	V	323	SO403210	Mynydd Merddin
Watch Croft↑	W1	252	SW420357	White Downs
Carnan Mòr↑	Y4	141	NL967401	Ben Hynish

<sup>17</sup>Stob Fear-tomhais was called **Beinn Stacach** in an RHB update sheet, as an alternative solution to the problem of this hill's namelessness; the current name was thought up by the SMC.

...

Name	TS	Ht	Grid ref	Name in source
Noss Head↑	Z1	181	HU553398	Noup of Noss
Fitful Head↑	Z2	283	HU346135	Scantips
Great Stack↑	Z4	107	NC134488	Great Stac of Handa
Cnoc an Ime↑	Z5	303	NR590801	Clach an Roin
Mynydd Bodafon↑	Z7	178	SH472854	Yr Arwydd

In some cases, such as **Dent**↑, the general hill name has superseded the summit name, if the former is more widely known. In other cases, such as **Esgeiriau Gwynion**↑, the name given originally has now been recognised as belonging to a lower nearby sub-peak. For the three hills **Beinn Loinne**↑, **Beinn Bhreac (Appin)**↑ and **Beinn Dubh (Luss Hills)**↑, the reverse has happened; a name has been given that appears from the map to belong to a sub-peak!

The name changes of at least four hills – **Cnoc an Ime**↑, **Fitful Head**↑, **Noss Head**↑ and **Green Hill (Lowther Hills)**↑ – are from Yeaman’s book only, not RHB; the name given in RHB is the ‘correct’ one.

## I Summit Relocations

## I

Three things to note here. In many of these cases there has been a change in height as well, so a visit to the old top may not have been sufficient for bagging purposes. Secondly, in some cases the old location may be almost exactly the same height as the new one, making the hill a multiple summit. Thirdly, more substantial examples of this procedure can be found at appendix >, ‘Replaced HuMPs’, on page 194.

Table 14: Summit relocations

Name	TS	Ht	Grid ref	
			New	Old
<b>Beinn Eilideach</b> ↑	B3	559	NH170926	NH169926
<b>Breac-Bheinn</b> ↑	B3	464	NH498950	NH500950
<b>Hill of Nigg</b> ↑	B4	205	NH820705	NH828713
<b>Sgùrr nan Eugallt</b> ↑	E5	898	NG927048	NG930044
<b>Càrn Dearg (Foyers)</b> ↑	H1	298	NH481185	NH483187

...

Name	TS	Ht	Grid ref	
			New	Old
Corrieyairack Hill↑	H2	892	NN429995	NN429998
Creag Mhòr (Monadh Liath)↑	H2	765	NN484972	NN489973
Meall an Tarsaid↑	H2	492	NH491130	NH490132
An Dùn↑	J2	827	NN717805	NN716802
Beinn Lurachan↑	L2	719	NN165337	NN167338
Meall nan Gabhar↑	M2	744	NN235240	NN235242
Dùn Leacainn↑	M2	360	NN033016	NN035015
Beinn a' Chroin↑ <sup>18</sup>	N1	942	NN387185	NN393186
Glenalla Fell↑	O2	428	NS355009	NS353011
Wester Dod↑	P4	416	NT704681	NT711681
Green Hill (Lowther Hills)↑	P5	588	NS862125	NS856126
Hods Hill↑	P5	569	NT000099	NT001097
Baystones↑	Q5	487	NY403051	NY403052
Sleddale Forest↑	Q5	429	NY487015	NY484006
Knott (Westmorland)↑	Q5	412	NY650091	NY647092
Lambrigg Fell↑	Q5	339	SD586941	SD586943
Scout Scar↑	Q5	235	SD486922	SD487915
Burnhope Seat↑	Q6	747	NY784376	NY787375
Cracoe Fell↑	Q8	508	SD993588	SE008597
Bleaklow Head↑	R1	633	SK094960	SK092959
Sheepwalks Hill↑	R3	207	SO808849	SO804848
Wendover Woods↑	R4	267	SP890090	SP890089
Botley Hill↑	R8	270	TQ387551	TQ396553
Crowborough↑	R8	242	TQ510306	TQ512308
Chanctonbury Ring↑	R8	240	TQ138120	TQ134120
Dunley Hill↑	R8	227	TQ104490	TQ112490
Y Ro Wen↑	S5	594	SH745498	SH744497
Maesglase↑	S7	676	SH817150	SH823152
Mynydd Bach↑	T2	372	SN712707	SN707702
Lan Ddu Cilwenau↑	T3	328	SN576370	SN583369
Callow Hill↑	T7	336	SO460850	SO459849
Banc y Llyn↑	U1	275	SN579158	SN583158

<sup>18</sup>Slightly anomalously, the SMC still list the east top of Beinn a' Chroin as a Munro, giving the true summit as a Munro Top with its old height of 938 m (presumably referring to a point slightly to the west of the true summit).

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Name	TS	Ht	Grid ref	
			New	Old
Mynydd Margam↑	U2	349	SS828887	SS819888
Black Mountain↑	V	703	SO255350	SO255353
Bryn Arw↑	V	384	SO301206	SO303197
Wills Neck↑	W3	386	ST164351	ST165351
Stoke Hill↑	W3	160	SX937953	SX924953
Guaineamol↑	X4	406	NB260133	NB262135
Stoicleit an Iar↑	X5	220	NG103949	NG104950
Sgùrr nan Caorach↑	Y3	281	NG593030	NG587029
Beinn Chreagach (Mull)↑	Y6	378	NM519217	NM517216
Beinn a' Chaol-airigh↑	Y6	127	NM355184	NM353178
Cruach na Seilcheig (Jura)↑	Z5	304	NR678984	NR684980
Cnoc an Ime↑	Z5	303	NR590801	NR589794
Beacon Hill (Lundy)↑	Z7	143	SS132443	SS132447

The relocations of at least three Marilyns – **Cnoc an Ime**↑, **Green Hill (Lowther Hills)**↑ and **Black Mountain**↑ – are from Yeaman's or Clements' lists only, not RHB; the location given in RHB is the 'correct' one.

In the cases of **Cnoc an Ime**↑, **Sleddale Forest**↑, **Cracoe Fell**↑ and **Chanctonbury Ring**↑ there has been a name change as well, due to the summit now occupying a different place on the hill. (This could be thought of as a replacement.)

The relocations of **Cracoe Fell**↑, **Botley Hill**↑, **Chanctonbury Ring**↑ and **Maesglase**↑ were prompted by surveys. This may be true of others as well.

## g Regional Changes

## g

The RHB regions have generally stayed put over the years, but a few hills have changed from 1B to the newly created 26B, on account of the alteration of the boundary between the Highlands and Lowlands to the Highland Boundary Fault (for the Donalds listing).

The Marilyns are **Uamh Bheag**↑, **Ben Clach**↑ and **Torlum**↑ – these are all in topo section N5. (The change also affects the HuMPs of **Beinn nan Eun (Glen Artney)**↑ and **Meall a' Choire Odhair**↑. The latter is also given in the following table, because its region was given wrongly in some sources.)



The only other *Marilyns* to have moved region are **Sgùrr Mhurlagain**↑ (E6), which has migrated from 10C to 10B, **Liuthaid**↑ (X3), which has been shifted from 24A to 24B, and **Black Mountain**↑ (V) which has been decreed to be in Wales rather than England, and has thus gone from 38B to 32A.

In addition, RHB regions 5, 7 and 8 have been split into A and B sections for the Corbett Tops list, and these have been taken up in this book – see the main list for details of which hills were split into where, as there are too many to give here!

There were no errors of this kind in RHB, but in previous lists (and versions of the Database of British Hills) that included the RHB regions, a number of *HuMPs* (not *Marilyns*) were placed in the wrong region, and it seems a good idea to document these changes here.

This table also includes cases where hills have shifted *topo* regions since the first release of the *HuMPs* in their current (*topo*-region) format. In all cases these shifts are due to the parents being wrongly assigned (see the following appendix).

Table 15: RHB region changes

Name	TS	Ht	Grid ref	Change
Meall Mòr (Ullapool)↑	B3	165	NH102973	16F from 15A
Càrn a' Chuilinn↑	H2	817	NH416034	H2 from H5
Druim Ghlaoidh↑	H2	648	NN274920	9C from 9B
Creag a' Chliabhain↑	H5	519	NH575205	H5 from H2
Creag an Fhithich↑	H5	405	NH937213	9A from 9B
Creag Innis an Daimh Dhuibh↑	H5	330	NH580262	H5 from H2
Creag Nighean Iain Duinn↑	H5	248	NH505208	H5 from H2
Baddoch↑	J3	568	NJ078190	8B from 21A
Càrn na Loinne (south of Strathspey)↑	J3	459	NJ037222	8B from 21A
Ardhuncart Hill↑	J5	331	NJ481183	21B from 21A
Meall a' Choire Odhair↑	N5	357	NN807139	26B from 1B
Mountherrick Hill↑	P2	427	NS863233	27C from 27A
Ayton Hill↑	P4	217	NT944586	28A from 28B
Great How↑	Q4	339	NY314188	34B from 34C
Beacon Hill (Penrith)↑	Q4	286	NY521313	35A from 34C

...

...

Name	TS	Ht	Grid ref	Change
Blaze Fell↑	Q4	242	NY496433	35A from 34C
Knott (Westmorland)↑	Q5	412	NY650091	35A from 34C
Nettle Hill↑	Q5	382	NY716078	35A from 34C
Crook Knott↑	Q5	256	SD447960	34D from 34C
Scout Scar↑	Q5	235	SD486922	34D from 34C
Warton Crag↑	Q5	163	SD491727	36 from 34D
Oaken Head↑	Q5	163	SD537678	36 from 34D
Ashley Heath↑	R2	236	SJ746357	36 from 39
Ashley Hill↑	R6	144	SU824811	42 from 39
Mynydd Mynyllod↑	S5	395	SJ002395	30E from 30D
Moel Bentyrch↑	S9	338	SJ055095	30E from 31A
Y Domen Fawr↑	U2	504	SO166071	32C from 32A
Mynydd Bedwellte↑	U2	486	SO145060	32C from 32A
Trostrey Hill↑	V	199	SO369052	32C from 32A
Rapaire↑	X3	453	NB134136	24B from 24A

If anyone is interested, I'm sure there are more to be added here. As can be seen, these errors were mostly in the cases of HuMPs whose parent Marilyns were 'across the border' in another RHB region.

# p Parent Changes

# p

Parents have only been in the listings for the last three years (five for the Marilyns), but it's probably still worth showing those hills which have had their parents corrected. (It's a tricky thing to get right.)

Table 16: Changes of parent

Name	TS	Ht	Grid ref	Current parent
Cnoc Navie↑	B4	240	NH661724	Beinn Tharsuinn (Dornoch Firth)↑
Beinn a' Mhùinidh↑	B6	692	NH032660	Mullach Coire Mhic Fhearchair↑
Càrn a' Chuilinn↑	H2	817	NH416034	Gairbeinn↑
Creag a' Chliabhain↑	H5	519	NH575205	Càrn Dearg (Newtonmore)↑
Creag a' Chlachain↑	H5	365	NH652333	Tom Bailgeann↑
Cnoc Fergan↑	J3	480	NJ137230	Geal Chàrn (Tomintoul)↑
Ben Rinnes↑	J4	840	NJ255354	Ben Macdui↑
Windyheads Hill↑	J6	231	NJ853619	Waighton Hill↑
Driesh↑	K3	947	NO271735	Glas Maol↑
Mayar↑	K3	928	NO240737	Glas Maol↑
Hill of Strone↑	K3	850	NO288729	Glas Maol↑
Craigie Thieves↑	K3	689	NO243700	Glas Maol↑
Meall Daill↑	L3	874	NN411434	Meall Buidhe (Loch Lyon)↑
An Stùc↑	L5	1118	NN638430	Meall Garbh (Lawers Group)↑
Cruach Maolachy↑	M1	379	NM893143	Beinn Chapull↑
Cruach Narrachan↑	M1	374	NM914156	Beinn Chapull↑
Airie Hill↑	O2	291	NX621685	Bengray↑
Knockdaw Hill↑	O2	260	NX162889	Troweir Hill↑
Meikle Dornell↑	O2	175	NX697664	Bengray↑
Nutberry Hill↑	P2	522	NS743338	Cairn Table↑
Black Mount↑	P3	516	NT079459	Broughton Heights↑
Broomy Law↑	P3	426	NT085428	Black Mount↑

...

...

Name	TS	Ht	Grid ref	Current parent
Marygold Hill↑	P4	269	NT801606	Spartleton↑
Traprain Law↑	P4	221	NT581746	Meikle Says Law↑
Whiteside Hill↑	P6	442	NT080220	Whitehope Heights↑
Peniel Heugh↑	P7	237	NT653262	Cacra Hill↑
Pike Fell (Hawick)↑	P10	400	NT534063	Peel Fell↑
Bardon Hill↑	R3	278	SK459131	Cleeve Hill↑
Normanby Top↑	R3	168	TF121964	Cleeve Hill↑
Muswell Hill↑	R4	198	SP641153	Wendover Woods↑
Beacon Batch↑	R5	325	ST484572	The Wrekin↑
The Beacon↑	R5	196	ST633234	Long Knoll↑
Leith Hill↑	R8	295	TQ139431	The Wrekin↑
Mynydd Mawr (Eifionydd)↑	S1	698	SH539546	Moel Hebog↑
Mynydd Cilan↑	S1	117	SH289242	Mynydd Rhiw↑
Bryn yr Orsedd↑	S4	405	SJ142486	Cym-y-Brain↑
Ffridd Pen-y-Graig↑	T1	297	SH842018	Moelfre (Machynlleth)↑
High Vinnalls↑	T6	375	SO477724	Pegwn Mawr↑
Worcestershire Beacon↑	T10	425	SO768452	Pumlumon Fawr↑
Caerphilly Common↑	U2	271	ST153855	Craig yr Allt↑
Christ Cross↑	W3	261	SS964052	Dunkery Beacon↑
Mullach Breac Mhalasgair↑	X3	172	NB301166	Roineabhal (Lewis)↑
Caitiosbhal↑	X4	146	NB406177	Beinn Bhreac (Lewis)↑

A || next to a hill's name means that although the change here is to the parent *Marilyn* (which was given incorrectly before, and thus needs correcting), the parent peak is something different.

# Attention Seekers

The remaining appendices contain hills which are notable in some other way. In the pages that follow there are sections on notable pairs of hills, hills which are special because of their location and hills where the practicalities of reaching them are interesting, but first, here are some tables related to names and sizes of hills which wouldn't really fit anywhere else.

## a Alternative Names

## a

This is a table of those hills which are also known by another name, in addition to those names given as primary names in the sources. Hills where a different name is given by one of those lists are of course covered in appendix *n*, 'Name Changes', on page 197; hence, if a hill does not appear here, you should check there. Despite the fact that, quite often, a hill is alternatively known by the name given to it in the source (often an older name), it just seemed silly to repeat the entire other table within this one!

In some cases, such as **Sugar Loaf**↑, the alternative name is in a different language. Variant spellings (e.g. the English-spelling names for the Gaelic-named hills in the Outer Hebrides) have not been included unless the pronunciation is substantially different.

Table 17: Alternative names

Name	TS	Ht	Grid ref	Alternative name
<b>Cnoc an Fhreiceadain</b> ↑	<b>A2</b>	307	<b>NC611594</b>	<b>The Watch Hill</b>
<b>Pole Hill (Strath Naver)</b> ↑	<b>A2</b>	294	<b>NC642412</b>	<b>Meall an Loch Ghlasail</b>

...

Name	TS	Ht	Grid ref	Alternative name
Meall an Aonaich↑	A5	715	NC336164	Eagle Rock
Leaba Bhruic↑	B4	686	NH432836	Diebidale Ridge
Cliff Hill (Poolewe)↑	C	229	NG850800	Meall a' Cliuth
Creag an-t Saighdeir↑	E7	175	NN181885	Torr a' Mhuilt
Druim Ghlaoidh↑	H2	648	NN274920	Leitir Fhionnlaigh
Creag Nighean Iain Duinn↑	H5	248	NH505208	Foyers Hill
Creagan Ruadh↑ <sup>19</sup>	I3	704	NN403717	Meall Glas-Uaine Mòr
Meall an Uillt Riabhaich↑	I4	507	NN491615	Meall Liath na Doire Mhòir
Sgòrr na Cìche↑	I5	742	NN125594	Pap of Glencoe
The Sow of Atholl↑	J1	803	NN625741	Meall an Dobharchain
Càrn an Fhìdhleir↑	J2	994	NN904841	Carn Ealar
Sgòr an Lochain Uaine↑	J3	1258	NN954976	The Angel's Peak
Duchray Hill↑	K3	702	NO161672	Mealna Letter
Craig Hill (Glen Clova)↑	K3	545	NO422665	Auld Darkney
Cnoc a' Chomh-stri↑	M1	346	NM925099	Inverliever Hill
Cruachan Cruinn↑	M2	588	NN324233	Fiarach S Top
The Cobbler↑	M3	884	NN259058	Ben Arthur
Stùcan Dughail↑	M4	341	NR805808	Meall Ruadh
Stob an Lochain↑	N3	684	NN466050	Creag a' Bhealaich
Creag an Sgliata↑	N4	697	NN769398	Sròn na h-Iolaire
Ormiston Hill↑	N6	236	NO233171	Black Cairn Hill
Cairnsmore of Dee↑	O2	493	NX583757	Black Craig of Dee
Green Hill (Carsphairn Hills)↑	O3	545	NX726962	Bail Hill
North Hill↑	P1	242	NS238480	Knockewart Hills
Temple Hill↑	P3	388	NT015392	Biggar Common
Clog Knowe↑	P3	541	NT312419	Black Law
Rough Side↑	P6	402	NT094338	Quarter Wood Hill
Warb Law↑	P7	281	NY355827	Stubholm Hill

<sup>19</sup>Creagan Ruadh has a third name, *Beinn na Lap*↑.

Name	TS	Ht	Grid ref	Alternative name
Murton Fell↑	Q1	447	NY094190	Knock Murton
Crag Hill↑	Q2	839	NY192203	Eel Crag
Watch Hill↑	Q2	254	NY159318	Setmurthy Common
High Rigg↑	Q3	357	NY308220	Naddle Fell
Great Burney↑	Q3	298	SD260858	Burney
Blencathra↑	Q4	868	NY323277	Saddleback
Stony Cove Pike↑	Q5	763	NY418099	Caudale Moor
Baystones↑	Q5	487	NY403051	Wansfell
Cam Rakes↑ <sup>20</sup>	Q7	503	SD839809	Oughtershaw Common
Hoof Stones Height↑	R1	479	SD914291	Black Hameldon
Idle Hill↑	R1	279	SJ969930	Werneth Low
The Cloud↑	R2	343	SJ904637	Bosley Cloud
Chanctonbury Ring↑	R8	240	TQ138120	Chanctonbury Hill
Marial Gwyn↑	S3	519	SH999556	Foel Goch
Creigiau Rhiwledyn↑	S3	141	SH813824	Little Ormes Head
Mynydd y Cwm↑	S4	305	SJ073767	Coed Cwm
Moel Morfydd↑	S4	550	SJ159457	Llantysilio Mountain
Moel y Gaer↑	S4	304	SJ210690	Halkyn Mountain
Y Gamallt↑	S5	588	SH751447	Graig Goch
Craig-las↑	S7	661	SH677135	Tyrrau Mawr
Moel Llygoed↑	S7	598	SH925193	Mynydd Coch West Top
Gamallt (Cadair Idris)↑	S7	288	SH665067	Mynydd Rhiwerfa
Bryn Du↑	S8	563	SJ145360	Y Fawnen
Tarren Bwlch-gwyn↑	T1	582	SN799931	Siambwr Trawsfynydd
Cefn Coch↑	T1	285	SH815025	Ffridd Esgair-yr-owen
Pen-y-crug↑	T5	331	SO029303	Brecon Camp
Llanfihangel Hill↑	T9	532	SO194553	Colva Hill
Garreg Lwyd (Black Mountain)↑	U1	616	SN740179	Moel Gornach
Cefn Cul↑	U1	562	SN861206	Waun Leuci
Coety Mountain↑	U2	578	SO231079	Mynydd Coety

<sup>20</sup>Cam Rakes has a third name, *Cocklee Fell*.

...

Name	TS	Ht	Grid ref	Alternative name
Sugar Loaf↑	V	596	SO272187	Y Fâl
Nine Barrow Down↑	W4	199	SZ007811	Godlinstone Down
Ben Laimishader↑	X3	115	NB179426	Àird Laimishader
Hecla↑	X6	606	NF825344	Thacla
Lì a' Deas↑	X6	281	NF918653	South Lee
Lì a' Tuath↑	X6	263	NF927660	North Lee
Crogearraidh na Thobha↑	X6	154	NF974724	Crogary na Hoe
An Tobha↑	X7	171	NL593872	The Hoe
Beinn Eòlaigearraidh↑	X7	105	NF701072	Beinn Eòlaigearraidh Mhòr
Healabhal Bheag↑	Y2	489	NG224422	Macleod's Table South
Healabhal Mhòr↑	Y2	471	NG219445	Macleod's Table North
Nead an Fhior-eòin↑	Y3	334	NG557193	An Carnach
Dalescord Hill↑	Z2	252	HU393684	Button Hills
Turnaichaidh↑	Z5	170	NR219625	Creag Mhòr
Fionn Bhealach↑	Z6	444	NR977497	Creag Ghlas Laggan

More hills in England and Wales seem to have alternative names; probably this is because not only are there more people living nearby to think up different names, but also the hills tend to be less well-defined, and more susceptible to picking up different names from different quarters.



## S Summit Names

## S

While we're on the subject of names, here is a list of hills where the summit is known by another name. In some cases, such as **Beinn Bharrain**↑, the summit name is sometimes used to apply to the whole hill; in other cases, such as **Beinn a' Bheithir**↑, one is rarely seen without the other, as the hill has two tops of roughly equal standing.

Table 18: Summit names

Hill name	TS	Ht	Grid ref	Summit name
Foinaven↑	A1	911	NC315507	Ganu Mòr
Ben Loyal↑	A2	764	NC578488	An Caisteal
Ben Klibreck↑	A4	962	NC585299	Meall nan Con
Ben Armine↑	A4	705	NC695273	Creag a' Choire Ghlais
Quinag↑	A5	808	NC209291	Sail Gharbh
Suilven↑	A6	731	NC153183	Caisteal Liath
Ben Wyvis↑	B4	1046	NH462683	Glas Leathad Mòr
An Teallach↑	B5	1062	NH069843	Bidein a' Ghlas Thuill
Liathach↑	C	1055	NG929579	Spidean a' Choire Lèith
Beinn Eighe↑	C	1010	NG951611	Ruadh-stac Mòr
Beinn Alligin↑	C	986	NG865612	Sgùrr Mòr
Druim Fada (Loch Eil)↑	F2	744	NN087824	Stob a' Ghrianain
Beinn a' Bheithir↑	I6	1024	NN056558	Sgòrr Dhearg
Buachaille Etive Mòr↑	I6	1022	NN223543	Stob Dearg
Buachaille Etive Beag↑	I6	958	NN179535	Stob Dubh
Ben Avon↑	J3	1171	NJ131018	Leabaidh an Daimh Bhuidhe
Bennachie↑	J6	529	NJ662225	Oxen Craig
Beinn a' Ghlo↑	K1	1121	NN971733	Càrn nan Gabhar
Lochnagar↑	K3	1155	NO243861	Cac Càrn Beag
Ben Glas↑	N1	715	NN348190	Stob Creag an Fhithich
Knockour Hill↑	N3	176	NS397852	Mount Misery
Birnam Hill↑	N4	404	NO032401	King's Seat
Glenalla Fell↑	O2	428	NS355009	Fore Fell
High Stile↑	Q1	807	NY169147	Grey Crag

...

Hill name	TS	Ht	Grid ref	Summit name
Crinkle Crags↑	Q3	859	NY248048	Long Top / Second Crinkle
High Raise↑	Q3	762	NY280095	High White Stones
Lingmoor Fell↑	Q3	469	NY302046	Brown How
Muncaster Fell↑	Q3	231	SD112983	Hooker Crag
Blencathra↑	Q4	868	NY323277	Hallsfell Top
Whitbarrow↑	Q5	215	SD441870	Lord's Seat
Baugh Fell↑	Q6	678	SD740916	Tarn Rigg Hill
Urra Moor↑	Q9	454	NZ594015	Round Hill
Cringle Moor↑	Q9	434	NZ537029	Drake Howe
Boulsworth Hill↑	R1	517	SD929356	Lad Law
Littleton Down↑	R6	255	SU941149	Crown Tegleaze
Snowdon↑	S2	1085	SH609543	Yr Wyddfa
Cadair Idris↑	S7	893	SH711130	Penygadair
Maesglase↑	S7	676	SH817150	Craig Rhiw-erch
Long Mynd↑	T7	516	SO415944	Pole Bank
Long Mountain↑	T7	408	SJ264058	Beacon Ring
Brown Clee Hill↑	T8	540	SO593865	Abdon Burf
Rhossili Down↑	U1	193	SS420888	The Beacon
Mynydd Emroch↑	U2	241	SO593865	Craig Emroch
Sgùrr Dearg (Skye)↑	Y2	986	NG244415	Inaccessible Pinnacle
Glamaig↑	Y3	775	NG513300	Sgùrr Mhairi
Milldoe↑	Z3	224	HY358207	Mid Tooin
Beinn Bharrain↑	Z6	721	NR901427	Mullach Buidhe

# b Biggest HuMPs

b

First we have the highest twelve HuMPs in table 19, followed by the ten most prominent in table 20.

Table 19: Biggest HuMPs

Name	TS	Drop	Ht	Grid ref
Ben Nevis↑	I1	1344	1344	NN166712
Ben Macdui↑	J3	950	1309	NN988989
Braeriach↑	J3	461	1296	NN953999
Cairn Toul↑	J3	166	1291	NN963972
Sgòr an Lochain Uaine↑	J3	118	1258	NN954976
Cairn Gorm↑	J3	146	1244	NJ005040
Aonach Beag↑	I1	404	1234	NN197715
Aonach Mòr↑	I1	134	1221	NN193729
Càrn Mòr Dearg↑	I1	162	1220	NN177721
Ben Lawers↑	L5	915	1214	NN635414
Beinn a' Bhuidh↑	J3	456	1197	NJ092006
Càrn Eige↑	E1	1147	1183	NH123261

The top dozen reach four different areas of the Scottish Highlands. The only non-Marilyns to make the list are **Sgòr an Lochain Uaine↑**, **Cairn Gorm↑** and **Aonach Mòr↑**.

Of course, this is exactly the same as ‘Most Prominent Marilyns’, or the most prominent hills in any list ranked entirely by relative height. However, since this list doesn’t actually appear in any published literature on the subject I thought I would give part of it here. A fuller version can be found on Wikipedia [70].

It doesn’t take much of a comparison with the preceding list to appreciate the greater geographical distribution of relative hills. Unsurprisingly, no two are in the same topo region. They are all of Munro height, although the most prominent Corbett, **Goatfell↑**, isn’t far behind with a height and drop of 874 m. **Sgùrr na Coinnich↑** on Skye is the most prominent Graham and **Beinn Mhòr (Lewis)↑** the most prominent sub-2000 ft peak. (As you might expect, the islands have an advantage when it comes to this sort of thing.)

Table 20: Most prominent HuMPs

Name	TS	Drop	Ht	Grid ref
Ben Nevis↑	I1	1344	1344	NN166712
Càrn Eige↑	E1	1147	1183	NH123261
Snowdon↑	S2	1038	1085	SH609543
Sgùrr Alasdair↑	Y2	992	992	NG450207
Ben More (Crianlarich)↑	N1	986	1174	NN432244
Ben More (Mull)↑	Y6	966	966	NM525330
Liathach↑	C	957	1055	NG929579
Ben Macdui↑	J3	950	1309	NN988989
Ben Lawers↑	L5	915	1214	NN635414
Sgùrr Mòr (Fannaichs)↑	B8	913	1108	NH203718
Scafell Pike↑	Q3	912	978	NY215072
Ben Cruachan↑	L2	879	1126	NN069304

If you want to know what is the highest (or most prominent) hill on the mainland, or in England and Wales, then you might possibly be reading the wrong book.

# 1 Lowest HuMPs

# 1

Not much to say about this little table, to be honest.

Table 21: Lowest HuMPs

Name	TS	Island	Drop	Ht	Grid ref
Creag Bhàn (Gigha)↑	Z4	Gigha	100	100	NR647509
Bidein na h-Iolaire↑	Z5	Lunga (Scarba)	100	100	NM705087
Fora Ness↑	Z2	Shetland Mainland	100	100	HU451718
Ward Hill (Eday)↑	Z3	Eday	101	101	HY552299
Dùn↑	Y4	Iona	101	101	NM284252
Ward of Gairsay↑	Z3	Gairsay	102	102	HY441223
Beinn a' Tuath↑	X6	Wiay	102	102	NF871463
Cruachan (Treshnish Isles)↑	Y4	Lunga (Treshnish Isles)	103	103	NM278419
An Eilid↑	Z4	Gruinard	104	104	NG944940
Bembridge Down↑	Z7	Isle of Wight	101	104	SZ624860
Sidhean nan Ealachan↑	Z4	Oldany	104	104	NC085348
Beinn Sgorabhaig↑	X1	Scalpay (Harris)	104	104	NG236957

The run of Xs, Ys and Zs in the second column indicates that all these are on islands apart from the British mainland. In fact, these are all the highest points on their islands with the exceptions of **Bembridge Down**↑ and **Fora Ness**↑ (which despite its drop figure is connected to the rest of its island by a thin neck of land, and thus wins the award for lowest col height).

The lowest HuMP on the mainland is **Worlebury Hill**↑ (R5), a seaside outlier of the Mendip Hills, followed by its neighbour **Failand Hill**↑. The Scottish and Welsh records are set by **Fireach Àrd**↑ (D2) and **Mynydd Cilan**↑ (S1).



# Doubles

As stated in the key to the appendices (table 6 on page 45) there are three variations on a theme coming up – they all refer to situations where two points are the same height and it makes a difference which is higher, but the different categories refer to different amounts of drop between the points.

## 2 Paired Peaks

2

These are neighbouring HuMPs of the same height. An additional requirement is that one be listed as the parent of the other – or rather, the one estimated as higher, as in most of these cases it is a matter of opinion which peak is higher. If they are connected in this way then it follows that their drops will be affected by which one is actually higher. Table 22 lists these paired peaks.

Notice that some twinned Marilyn's are paired HuMPs.

It is also worth mentioning [Gairbeinn↑](#) and [Corrieyairack Hill↑ \(H2\)](#). Both the 1:25 000 and 1:50 000 maps indicate that these are paired peaks, giving them both as 896 m. However the height for [Corrieyairack Hill↑](#) looks extremely unlikely and this hill is now accepted as being four metres lower than [Gairbeinn↑](#).

The list has been checked, and no further pairs are believed to exist.

## t Twin Peaks

t

If there are two (or, in one case, three) hills close together (with less than 100 m drop between them) that are marked as having the same height, it is impossible to tell which is higher, and hence which of them has the right to

be called a HuMP. Table 23 gives those cases where the drop between the two hills is greater than 30 m and therefore the two are counted as separate tops (in my book at least); in such cases I would recommend climbing both.

Many pairs of hills exist whose heights differ only by a metre or two; for example, **The Old Man of Coniston**↑ and **Swirl How**↑; **Easington Fell**↑ and **Waddington Fell**; **Milk Hill**↑ and **Tan Hill**. In these cases there is a reasonable chance that the two are actually twin peaks, or that the one identified as the lower of the pair is higher – in fact, Harvey’s maps actually give **Swirl How**↑ as being one metre higher than **the Old Man**↑! Sadly there are too many of these pairs to research and list here at the moment.



Table 22: Paired peaks

Name	TS	Drop	Ht	Grid ref	Name of other peak	Drop	Grid ref
Meall an Fhuarain (Sutherland)†	A1	216	472	NC513305	Creag Dhubb Bheag†	203	NC474307
Sgùrr a' Bhac Chaolais†	E3	163	885	NG958110	Buidhe Bheinn†	122	NG963090
Rois-Bheinn†	F3	774	882	NM756778	Beinn Odhar Bheag†	524	NM846778
Beinn Bhreac (Forest of Atholl)†	J2	171	912	NN868820	Leathad an Taobhain†	155	NN821858
Meall Garbh (Lawers Group)†	L5	193	1118	NN644437	An Stùc†	127	NN638430
Corra-bheinn (Mull)†	Y6	316	704	NM573321	Cruachan Dearg†	130	NM568332

Table 23: Twin peaks

Name	TS	Drop	Ht	Grid ref	Name of twin	Drop	Grid ref
Creag Thoraraidh†	A3	155	404	ND040187	Cnoc Coir 'a' Phuill	60	ND046202
Beinn Tharsuinn (Dornoch Firth)†	B4	353	692	NH606792	Sìdhean a' Choin Bhàin	34	NH600803
Càrn na Coinnich†	D2	265	673	NH324510	Meall nan Damh	93	NH353522
Càrn Liath (Braemar)†	J3	210	862	NO164976	Creag an Dail Bheag	34	NO157981
Ballywilline Hill†	M4	127	216	NR717238	Knock Scalbarr	97	NR730222
Sgòrach Mòr†	M5	428	601	NS096849	Creag a' Chanuill	55	NS105843
Inshanks Fell†	O1	146	164	NX114355	Caim Fell	32	NX103361
Troweir Hill†	O2	151	296	NX211960	Saugh Hill	32	NX212971
Bryn Brith†	S7	149	383	SH664153	Pared y Cefn-hir	40	SH662149
Foel Fras†	T1	105	529	SN765926	Foel Grafiau	30	SN765920
Coed Mawr†	T1	125	308	SO013874	Pen y Darren	65	SN764942
Brandy Hill†	T4	151	205	SN213133	Rhos Fawr	91	SN999883
					Middleton Hill	40	SN146118

## m Multiple Summits

## m

Sometimes a hill may have more than one point at the same height. If the drop between the two points is less than 30 m then they are counted as separate points on the same hill and thus, I would propose, visiting only one of them is necessary (after all, you're on the darned hill itself, and your head at least is higher than the highest point!)

In each case, the grid reference as given in the list is given first, followed by the grid reference(s) for the other possible summit location.

Table 24: Multiple summits

Name	TS	Drop	Ht	Grid ref	
				Given	Alternative
Ben-a-chielt↑	A3	133	287	ND193373	ND193377
Creag na h-Iolaire (Inverpolly)↑	B2	105	230	NC146155	NC143155
Mullach a' Chadha Bhuidhe↑	B3	138	443	NH304952	NH304947
Cnoc an t-Sabhail (Strath Rory)↑	B4	209	380	NH694787	NH695781
Beinn Bhreac (Torridon)↑	C	115	624	NG838640	NG843638
Meall Deise↑	C	107	252	NG825791	NG823790
Càrn na Sean-luibe↑	D3	115	582	NH024352	NH026353
Mullach a' Ghlinne↑	H2	103	529	NH359011	NH363010
Beinn Eibhinn↑	I4	126	1102	NN448733	NN449733
Meall Dearg (Loch Etive)↑	I7	111	578	NN025392	NN026390
Na Maoilean↑	I7	191	350	NM971369	NM975372 / NM976374
Lurg Hill↑	J5	112	312	NJ507572	NJ507575
Beinn Donachain↑	L2	375	650	NN197316	NN198316
Cruach Lusach↑	M4	279	466	NR786832	NR788830
Uamh Bheag↑	N5	323	664	NN691118	NN696119
Garwall Hill↑	O2	141	349	NX347838	NX345836
Crawston Hill↑	O3	109	217	NX886856	NX889858

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Name	TS	Drop	Ht	Grid ref	
				Given	Alternative
Corstorphine Hill↑	P3	117	162	NT205741	NT206738
Peel Fell↑	P10	196	602	NY625997	NY624997
Long Crag↑	P11	169	319	NU062069	NU064069
Housedon Hill↑	P11	182	266	NT902329	NT902327
Wild Boar Fell↑	Q6	344	708	SD757988	SD761985
Currock Hill↑	Q6	102	259	NZ107592	NZ096593
Black Edge↑	R2	100	507	SK062770	SK062771 / SK060763
Cefn Blewog↑	T1	115	341	SN705727	SN705732
Rhiw Gwraidd↑	T6	214	442	SO009634	SO016433
Llan-wen Hill↑	T6	123	417	SO306702	SO305699
Aberedw Hill↑	T9	227	451	SO084507	SO087504
Seager Hill↑	T10	164	269	SO613389	SO624379
Fan Brycheiniog↑	U1	423	802	SN825217	SN824220
Mynydd Allt-y-grug↑	U1	190	338	SN750079	SN753081
Cefn Eglwysilan↑	U2	235	382	ST097905	ST099911
Mardon Down↑	W2	145	356	SX767870	SX767874
Waddles Down↑	W2	113	248	SX866947	SX851947
Monkham Hill↑	W3	124	381	SS986394	SS978392
Sgùrr na Stri↑	Y2	225	494	NG499193	NG500193
Bidein na h-Iolaire↑	Z5	100	100	NM705087	NM706085

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**Meall Deise**↑ is questionable, with decidedly confusing mapping between the 1:25 000 and 1:50 000 maps.

**Hensbarrow Beacon**↑ (W1) is in the odd situation of having several man-made summits nearby that considerably overtop the natural summit. Personally I am happy to stick with Dawson’s policy of keeping the natural summit as the top, but keen baggers or those who want a view may want to summit the spoil heaps just to make sure (actually, I’m not even sure whether that’s feasible).

The size of the above table has been considerably reduced in recent years by the efforts of John Barnard, Graham Jackson and others, who have surveyed hundreds of hills to find out which of two competing points is higher. The hills listed in table 25 may appear to have two points of equal height

when the map is consulted, but in fact a survey has established that the grid reference given *is* the highest point.

Table 25: Surveyed multiple summits

Name	TS	Drop	Ht	Grid ref	
				Given	Alternative
Ward's Stone↑	Q8	395	563	SD591587	SD586585
Craig Bron-banog↑	S3	100	502	SJ016520	SJ018519
Gwastedyn Hill↑	T6	242	477	SN986661	SN982663

Rhiw Gwraidd↑ (see above) was surveyed, but the two summits were found to be equal in height to within 5 cm.

# Interesting Locations

## i Island Hopping

i

The 2987 HuMPs are to be found on an impressive 101 islands (including Britain, which contains 2545 HuMPs, leaving 442 on other islands). A list of these follows.

These hills are not indicated in the main list with an *i*, as it's obvious which hills are the highest points of their islands, both from their lack of indentation (i.e. they're at level 0 of the tree) and from the island name which is given next to their name.

Islands which are connected to the mainland, or to a nearby larger island, by bridges are marked with a \*.

Table 26: Islands and their highest points

Island	HuMPs	TR/TS	Highest point	Ht
Britain	2545	A-W	Ben Nevis↑	1344
Hirta	3	X1	Conachair↑	430
Boreray	1	X1	Mullach an Eilein↑	384
Soay (St Kilda)	1	X1	Cnoc Glas↑	376
Scarp	2	X1	Sròn Romul↑	308
Taransay	1	X1	Beinn Ra↑	267
Eilean Shipoirt	1	X1	Eilean Shipoirt↑	217
Stac an Armin	1	X1	Stac an Armin↑	196
Dun	1	X1	Bioda Mòr↑	178
Stac Lee	1	X1	Stac Lee↑	172
Garbh Eilean (Shiantas)	2	X1	Mullach Buidhe↑	160

...

Island	HuMPs	TR/TS	Highest point	Ht
Rona (North)	1	X1	Tobha Rònaigh↑	108
Scalpay (Harris)*	1	X1	Beinn Sgorabhaig↑	104
Lewis-Harris	79	X2–X5	An Cliseam↑	799
South Uist	14	X6	Beinn Mhòr (South Uist)↑	620
North Uist*	9	X6	Eabhal↑	347
Pabbay (Harris)	1	X6	Beinn a' Chàrnain (Pabbay)↑	196
Eriskay*	2	X6	Beinn Sciathan↑	185
Benbecula*	1	X6	Ruabhal↑	124
Ronay	1	X6	Beinn a' Chàrnain (Ronay)↑	115
Wiay	1	X6	Beinn a' Tuath↑	102
Barra	6	X7	Sheabhal↑	383
Mingulay	1	X7	Càrnán↑	273
Sandray	1	X7	Càrn Ghaltair↑	207
Berneray	1	X7	Sotan↑	193
Vatersay*	1	X7	Theiseabhal Mòr↑	190
Pabbay (Barra)	1	X7	An Tobha↑	171
Maol Domhnaich	1	X7	Maol Domhnaich↑	153
Arnamuil	1	X7	Arnamuil↑	121
Lianamuil	1	X7	Lianamuil↑	112
Fuidheigh	1	X7	Fuidheigh↑	107
Skye*	79	Y1–Y3	Sgùrr Alasdair↑	992
Rùm	10	Y4	Askival↑	812
Raasay	2	Y4	Dùn Caan↑	444
Scalpay (Skye)	2	Y4	Mullach na Càrn↑	396
Eigg	2	Y4	An Sgùrr (Eigg)↑	393
Ulva	1	Y4	Beinn Chreagach (Ulva)↑	313
Canna	2	Y4	Càrn a' Ghail↑	210
Gometra	1	Y4	Gometra↑	155
Soay (Skye)	1	Y4	Beinn Bhreac (Soay)↑	141
Tiree	2	Y4	Carnan Mòr↑	141
Muck	1	Y4	Beinn Airein↑	137

\*joined to larger island by bridge

Island	HuMPs	TR/TS	Highest point	Ht
...				
Rona (Raasay)	1	Y4	Meall Acairseid↑	125
Eilean Tigh	1	Y4	Meall Mòr (Eilean Tigh)↑	111
Coll	1	Y4	Ben Hogh (Coll)↑	106
Lunga (Treshnish Isles)	1	Y4	Cruachan (Treshnish Isles)↑	103
Iona	1	Y4	Dùn↑	101
Mull	36	Y5–Y7	Ben More (Mull)↑	966
Foula	2	Z1	Da Sneug↑	418
Unst	5	Z1	Saxa Vord↑	285
Bressay	1	Z1	Ward of Bressay↑	226
Fair Isle	2	Z1	Ward Hill (Fair Isle)↑	219
Yell	2	Z1	Hill of Arisdale↑	210
Noss	1	Z1	Noss Head↑	181
Muckle Roe*	1	Z1	Mid Ward↑	172
Fetlar	1	Z1	Vord Hill↑	159
Whalsay	1	Z1	Ward of Clett↑	120
Shetland Mainland	21	Z2	Ronas Hill↑	450
Hoy	5	Z3	Ward Hill (Hoy)↑	481
Orkney Mainland	7	Z3	Mid Hill↑	275
Rousay	2	Z3	Blotchnie Fiold↑	250
Westray	1	Z3	Fitty Hill↑	169
South Ronaldsay*	1	Z3	Ward Hill (South Ronaldsay)↑	118
Gairsay	1	Z3	Ward of Gairsay↑	102
Eday	1	Z3	Ward Hill (Eday)↑	101
Ailsa Craig	1	Z4	Ailsa Craig↑	340
Bute	4	Z4	Windy Hill↑	278
Eilean Shona	1	Z4	Beinn a' Bhaillidh↑	265
Kerrera	1	Z4	Càrn Breugach↑	189
Carna	1	Z4	Cruachan Chàrna↑	170
Seil*	1	Z4	Meall a' Chaise (Seil)↑	146
Great Cumbrae	1	Z4	Barbay Hill↑	127
Lismore	1	Z4	Barr Mòr↑	127

...

\*joined to larger island by bridge

Island	HuMPs	TR/TS	Highest point	Ht
Tanera More	1	Z4	Meall Mòr (Summer Isles)↑	124
Handa	1	Z4	Sithean Mòr (Handa)↑	123
Isle Martin	1	Z4	Isle Martin↑	123
Little Cumbrae	1	Z4	Lighthouse Hill↑	123
Sanda	1	Z4	Sanda Island↑	123
Island Davaar	1	Z4	Island Davaar↑	115
Eilean Mòr	1	Z4	Meall a' Chòis↑	114
Bass Rock	1	Z4	Bass Rock↑	112
Great Stack	1	Z4	Great Stack↑	107
Gruinard	1	Z4	An Eilid↑	104
Oldany	1	Z4	Sidhean nan Ealachan↑	104
Gigha	1	Z4	Creag Bhàn (Gigha)↑	100
Jura	19	Z5	Beinn an Oir↑	785
Islay	13	Z5	Beinn Bheigier↑	491
Scarba	1	Z5	Cruach Scarba↑	449
Colonsay	2	Z5	Carnan Eòin↑	143
Garbh Eileach (Garvellachs)	1	Z5	Garbh Eileach↑	110
Lunga (Scarba)	1	Z5	Bidein na h-Iolaire↑	100
Arran	18	Z6	Goatfell↑	874
Holy Island (Arran)	1	Z6	Mullach Mòr (Holy Island)↑	314
Isle of Man	10	Z7	Snaefell↑	621
Isle of Wight	6	Z7	St Boniface Down↑	241
Holy Island (Anglesey)*	1	Z7	Holyhead Mountain↑	220
Anglesey*	4	Z7	Mynydd Bodafon↑	178
Bardsey	1	Z7	Mynydd Enlli↑	167
Lundy	1	Z7	Beacon Hill (Lundy)↑	143
Calf of Man	1	Z7	Calf of Man↑	128
Ramsey	1	Z7	Carnllundain↑	136

At the other end of the scale, a fair number of islands are uninhabited and require semi-official, or even unofficial (self-powered) boat transport. That's

\*joined to larger island by bridge



if you can land on them at all. For more details on the really tough ones, see appendix *h*, ‘Hardest HuMPs’, on page 233.

These 101 HuMPs make for a worthwhile objective in themselves. Sadly they contain many of the most difficult HuMPs, but there’s no harm in trying.

## O Outermost HuMPs

## O

According to latitude and longitude, the HuMPs which are at the greatest extremes of the compass are as follows:

**Westernmost** **Cnoc Glas**↑, 376 m, on Soay (St Kilda), (X1).

**Easternmost** **Cheriton Hill**↑, 188 m, Kent (R8).

**Northernmost** **Hermaness Hill**↑, 200 m, on Unst, Shetlands (Z1).

**Southernmost** **Tregonning Hill**↑, 194 m, Cornwall (W1).

The furthest west and north HuMPs on the British mainland are different:

**Westernmost** **Beinn Bhuidhe (Point of Ardnamurchan)**↑, 161 m (G2).

**Northernmost** **Dunnet Head**↑, 127 m, near John o’ Groats (A3).

However, if we sort by the *x*-coordinates given by the British grid reference system, then the westernmost point turns out to be **Watch Croft**↑, 252 m, in Cornwall (W1). This anomaly arises because the grid used by the OS is not parallel to the lines of longitude.

## C County Top HuMPs

## C

Local government in the UK is complex and not really an appropriate topic to dive into here. Briefly speaking, Scotland is divided into 32 council areas and Wales into 22 principal areas. England is divided into a mix of 27 two-tier counties and 89 independent unitary authorities (which includes some former counties like Herefordshire and Wiltshire).

Table 27 below gives all the HuMPs which are the highest point of one of the entities mentioned above.

Table 27: County Tops

Hill name	TS	Drop	Ht	Grid ref	‘County’
Ben Nevis↑	I1	1344	1344	NN166712	Highland
Ben Macdui↑	J3	950	1309	NN988989	Aberdeenshire
Ben Macdui↑	J3	950	1309	NN988989	Moray
Brimmond Hill↑	J7	159	266	NJ856091	Aberdeen
Glas Maol↑	K3	194	1068	NO166765	Angus
Ben Cruachan↑	L2	879	1126	NN069304	Argyll and Bute
Ben Lawers↑	L5	915	1214	NN635414	Perth and Kinross
Ben More (Crianlarich)↑	N1	986	1174	NN432244	Stirling
Earl’s Seat↑	N3	511	578	NS569838	East Dunbartonshire
Duncolm↑	N3	308	401	NS470774	West Dunbartonshire
Ben Cleuch↑	N6	595	721	NN902006	Clackmannanshire
West Lomond↑	N6	407	522	NO197066	Fife
Merrick↑	O2	705	843	NX427855	Dumfries and Galloway
Blackcraig Hill↑	O3	235	700	NS647064	East Ayrshire
Hill of Stake↑	P1	489	522	NS273630	Renfrewshire
Corse Hill↑	P2	173	376	NS598464	East Renfrewshire
Blackhope Scar↑	P3	282	651	NT315483	Midlothian
East Cairn Hill↑	P3	169	567	NT128593	Edinburgh
West Cairn Hill↑	P3	132	562	NT107584	West Lothian
Meikle Says Law↑	P4	267	535	NT581617	East Lothian
Broad Law↑	P6	653	840	NT146235	Scottish Borders
Culter Fell↑	P6	350	748	NT052290	South Lanarkshire
The Cheviot↑	P11	556	815	NT909205	Northumberland
Scafell Pike↑	Q3	912	978	NY215072	Cumbria
Mickle Fell↑	Q6	210	788	NY806245	Durham
Currock Hill↑	Q6	102	259	NZ107592	Gateshead
Whernside↑	Q7	408	736	SD738814	North Yorkshire
Gisborough Moor↑	Q9	152	328	NZ634123	Redcar and Cleveland

...

Hill name	TS	Drop	Ht	Grid ref	'County'
Bishop Wilton Wold↑	Q9	203	246	SE820569	East Riding of Yorkshire
Kinder Scout↑	R1	488	636	SK084875	Derbyshire
Black Hill (Peak)↑	R1	165	582	SE078046	Kirklees
Blackstone Edge↑	R1	102	474	SD972163	Rochdale
Winter Hill↑	R1	218	456	SD659149	Blackburn with Darwen
Billinge Hill (Wigan)↑	R1	155	179	SD525014	St Helens
Shining Tor↑	R2	236	559	SJ994737	Cheshire East
The Wrekin↑	R3	298	407	SJ628080	Telford and Wrekin
Cleeve Hill↑	R3	242	330	SO996245	Gloucestershire
Bardon Hill↑	R3	170	278	SK459131	Leicestershire
Ebrington Hill↑	R3	111	261	SP187426	Warwickshire
Arbury Hill↑	R3	102	225	SP540587	Northamptonshire
Normanby Top↑	R3	162	168	TF121964	Lincolnshire
Wendover Woods↑	R4	180	267	SP890090	Buckinghamshire
Dunstable Downs↑	R4	105	243	TL008194	Central Bedfordshire
Walbury Hill↑	R6	188	297	SU373616	West Berkshire
Milk Hill↑	R6	149	295	SU104643	Wiltshire
Liddington Castle↑	R6	114	277	SU209797	Swindon
Ashley Hill↑	R6	103	144	SU824811	Windsor & Maidenhead
Black Down↑	R7	191	280	SU919296	West Sussex
Leith Hill↑	R8	246	295	TQ139431	Surrey
Ditchling Beacon↑	R8	213	248	TQ331130	East Sussex
Snowdon↑	S2	1038	1085	SH609543	Gwynedd
Carnedd Llewelyn↑	S2	750	1064	SH683643	Conwy
Moel Famau↑	S4	272	562	SJ161626	Flintshire

...

Hill name	TS	Drop	Ht	Grid ref	'County'
Raw Head↑	S8	148	227	SJ508548	Cheshire W & Chester
Pumlumon Fawr↑	T1	524	752	SN789869	Ceredigion
Foel Cwmcerwyn↑	T4	344	536	SN094311	Pembrokeshire
Brown Clee Hill↑	T8	373	540	SO593865	Shropshire
Worcestershire Beacon↑	T10	337	425	SO768452	Worcestershire
Mynydd y Betws↑	U1	205	373	SN664094	Swansea
Pen y Fan (Brecon Beacons)↑	U2	671	886	SO012215	Powys
Craig y Llyn↑	U2	392	600	SN906031	Neath Port Talbot
Coety Mountain↑	U2	231	578	SO231079	Blaenau Gwent
Garth Hill↑	U2	211	307	ST103835	Cardiff
Black Mountain↑	V	154	703	SO255350	Herefordshire
Wentwood↑	V	240	309	ST411943	Newport
Brown Willy↑	W1	314	420	SX158799	Cornwall
High Willhays↑	W2	533	621	SX580892	Devon
Beacon Hill (Torquay)↑	W2	123	196	SX858620	Torbay
Dunkery Beacon↑	W3	414	519	SS891415	Somerset
Lewesdon Hill↑	W4	185	279	ST437012	Dorset
An Cliseam↑	X3	799	799	NB154073	Na h-Eileanan Siar
Ronas Hill↑	Z2	450	450	HU305834	Shetland Islands
Ward Hill (Hoy)↑	Z3	481	481	HY228022	Orkney Islands
Goatfell↑	Z6	874	874	NR991415	North Ayrshire
Snaefell↑	Z7	621	621	SC397880	Isle of Man
St Boniface Down↑	Z7	241	241	SZ567785	Isle of Wight
Holyhead Mountain↑	Z7	220	220	SH218829	Isle of Anglesey

## y **Borderline Cases**

## y

Many summits lie on the boundary between two counties, but two summits have the good fortune to lie exactly on a ‘triple point’ at the boundaries of three counties.

Table 28: Triple Boundary Summits

Name	TS	Drop	Ht	Grid ref
<b>Càrn an Fhìdhleir</b> ↑	<b>J2</b>	284	994	<b>NN904841</b>
<b>Cam Chreag (Mamlorn)</b> ↑	<b>L4</b>	159	884	<b>NN375346</b>

As for hills on national borders, there are three summits in the Cheviots and Kielder Forest that lie on the border between England and Scotland, and hence are counted in both.

Table 29: Border Tops

Name	TS	Drop	Ht	Grid ref
<b>Carter Fell</b> ↑	<b>P10</b>	102	579	<b>NT682052</b>
<b>Windy Gyle</b> ↑	<b>P11</b>	113	619	<b>NT855152</b>
<b>The Schil</b> ↑	<b>P11</b>	134	601	<b>NT869223</b>

After much investigation **Peel Fell**↑ (**P10**) has been found to be definitely in England. The status of **Black Mountain**↑ (**V**) is less clear. Although it is now considered to be in Wales by all list authors, and in any case the chances of a random point being on a random line are mathematically nil, it might be on the border.

## W Watershed HuMPs

## W

While we're on the subject of boundaries, it's worth mentioning those HuMPs which lie on the main 'natural boundary' of our island – the main watershed between John o' Groats and Land's End. These hills are not listed again here, as there are 165 of them, but they are marked with a *w* in the main listing.

There are some hills, such as **Beinn a' Chreachain**↑, **Cauldcleuch Head**↑ or **Boulsworth Hill**↑, which don't have their summit actually on the watershed, even though it does pass almost over the top. In some other cases the exact course of the watershed is unclear.

The main attraction of these hills is of course that you can stand on their summit and have the water under one foot draining into the Irish Sea, and the water under the other into the North Sea: astride the backbone of Britain! From many of these hills, such as **Sgùrr Mòr (Fannaichs)**↑ and **Cross Fell**↑, you may well be able to see both seas, on a clear day.

To walk the watershed of Britain would be an almighty challenge in itself, probably taking at least six months. The Scottish section is undoubtedly the more interesting, and has, incredibly, been done (see the text of Dave Hewitt's book, available on the TACit website [65]). The southern section is difficult in a different way – uncounted miles of bog-trotting in the Pennines and a huge section of fields and farmlands in the Midlands. Best of luck to anyone who tries to follow it faithfully. . .

# Practicalities

## h Hardest HuMPs

## h

One interesting feature of Yeaman's book is his calculation of the energy it takes to reach a particular summit in megajoules, which obviously corresponds to the difficulty of the hill – in some sense, since it doesn't take into account rock conditions like those found on the Skye Cuillin, impassable rivers or vast bogs. However, by his reckoning **Caiteseal**↑ (X4) comes out so far ahead of the others that its position as the hill requiring the toughest walk can hardly be disputed. The shortest overland route to it is about nine and a half miles, involves crossing two transverse hills and according to Yeaman takes about seven hours – and once you're there, there are several other HuMPs in the region that you'll probably want to climb!

Oddly, **Caiteseal**↑ is only about two miles from the nearest road even if this route does involve crossing a sea-loch and going up a very steep bank on the far side. By contrast, **Càrn an Fhìdhleir**↑ (J2) and its neighbours are about nine miles from a road in any direction, even if the approaches to them can be shortened by taking bicycles up the Geldie Burn.

The HuMP most distant from any other is clearly **Tobha Rònnaigh**↑ on the remote island of Rona, far out in the Atlantic Ocean to the north-west of Cape Wrath. It is 45 miles from its nearest neighbour, **Dùnan Mòr**↑ at Cape Wrath, and can only be reached by a long boat voyage over very rough seas. It also wins the award for the HuMP furthest from the nearest road, narrowly beating **Cnoc Glas**↑ on Soay (St Kilda) – not that such awards mean much when virtually the whole journey has to be undertaken by boat.

This brings us to the St Kilda HuMPs, which present their own set of problems. Getting there (by no means easy, given the wild seas and access restrictions) is only half the story; with the exception of Hirta, the main is-

land, they present a near-impregnable wall of sea-cliffs and rock towers. On some of the islands, even landing is wellnigh impossible. The two sea stacks (**Stac an Armin**↑ and **Stac Lee**↑) are serious rock climbs and covered with seabirds, whose slippery deposits may be as big a hazard as the rocks, and who when in residence may not be disturbed as the archipelago is a nature reserve. The stacks have been climbed, but rarely, and it is unsurprising that for several individuals the St Kilda Marilynns are the only gaps in an otherwise complete Marilyn tally. Three more tops – **Bioda Mòr**↑, **Cnoc Glas**↑ and **Mullach an Eilein**↑ – are difficult but doable, as a recent trip by Marilyn-baggers demonstrated.

Table 30: HuMPs that require climbing

Name	TS	Drop	Ht	Grid ref
<b>The Cobbler</b> ↑	<b>M3</b>	256	884	<b>NN259058</b>
<b>Mow Cop</b> ↑	<b>R2</b>	143	337	<b>SJ858575</b>
<b>Great Links Tor</b> ↑	<b>W2</b>	112	589	<b>SX550867</b>
<b>Mullach an Eilein</b> ↑	<b>X1</b>	384	384	<b>NA153053</b>
<b>Cnoc Glas</b> ↑	<b>X1</b>	376	376	<b>NA062016</b>
<b>Stac an Armin</b> ↑	<b>X1</b>	196	196	<b>NA151064</b>
<b>Bioda Mòr</b> ↑	<b>X1</b>	178	178	<b>NF104973</b>
<b>Stac Lee</b> ↑	<b>X1</b>	172	172	<b>NA142049</b>
<b>Arnamuil</b> ↑	<b>X7</b>	121	121	<b>NL545825</b>
<b>Lianamuil</b> ↑	<b>X7</b>	112	112	<b>NL550837</b>
<b>Sgùrr Dearg (Skye)</b> ↑	<b>Y2</b>	182	986	<b>NG444215</b>
<b>Bidein Druim nan Ramh</b> ↑	<b>Y2</b>	109	869	<b>NG456239</b>
<b>Sheep Rock</b> ↑	<b>Z1</b>	107	132	<b>HZ220710</b>
<b>Old Man of Hoy</b> ↑	<b>Z3</b>	127	137	<b>HY176007</b>
<b>Great Stack</b> ↑ <sup>21</sup>	<b>Z4</b>	107	107	<b>NC134488</b>

Thankfully, the HuMPs present no extra difficulties as far as St Kilda is concerned, with their only two additions to the archipelago being on the main island of Hirta. However, they introduce their fair share of sea stacks in other locations. The stacks of **Lianamuil**↑ and **Arnamuil**↑ off Mingulay

<sup>21</sup>Great Stack almost certainly wins the award for the HuMP with the smallest isolation (distance from higher ground); from photos, it appears that the gap between the stack and the higher coastline is just a few metres. It is just possible that the hill could be climbed by a party with a long plank and a good sense of balance!



are an unknown quantity, while the **Great Stack**↑ off Handa can safely be assumed to be very difficult. However, the uncompleatability of the list is sealed by the inclusion of the **Old Man of Hoy**↑ (see cover), which is – if you’ll pardon the hyperbole – completely impossible. A 137 m-high stack, it was not climbed until 1966 and since then only a handful of people have reached the top. (It therefore holds the award for the HuMP with the most recent first ascent.) It might also soon be an ex-HuMP, as apparently it used to be a lot wider than it is today, and is being eroded still. In one sense, we can only hope.

There are, of course, other HuMPs which require rock-climbing ability. The **Inaccessible Pinnacle** of **Sgùrr Dearg**↑ is by far the hardest summit to reach of the Cuillin, being a Moderate rock climb and a thorn in the side of many aspiring Munroists, and there are quite a few others dotted around; for details, please see table 30.

Several more hills involve scrambling to get to the summit, such as **Stac Pollaidh**↑, **A’ Chir**↑ and some of the other Skye Cuillin; such summits may be beyond you, depending on your exposure threshold!

## e Easiest HuMPs

## e

At completely the other end of the scale, the following HuMPs are less than 100 m distance and 10 m climb from a public (marked as yellow or above) road, or public transport, and not in forest or anything like that. This of course doesn’t guarantee their easiness, as I don’t have first-hand experience of them, and there may not be anywhere to park! Reports of impossibility will be gratefully received.

Table 31: Easiest HuMPs

Name	TS	Drop	Ht	Grid ref
<b>Dunnet Head</b> ↑	<b>A3</b>	101	127	<b>ND205764</b>
<b>Whittington Fell</b> ↑	<b>P11</b>	107	268	<b>NY973690</b>
<b>Sheriff Hill</b> ↑	<b>Q6</b>	134	167	<b>NZ269602</b>
<b>Brow Moor</b> ↑	<b>Q9</b>	109	266	<b>NZ970011</b>
<b>Bishop Wilton Wold</b> ↑	<b>Q9</b>	203	246	<b>SE820569</b>
<b>Yearsley Cross</b> ↑	<b>Q9</b>	106	174	<b>SE588744</b>
<b>Oliver’s Mount</b> ↑	<b>Q9</b>	112	155	<b>TA039869</b>

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Name	TS	Drop	Ht	Grid ref
Eccles Pike↑	R1	135	370	SK035812
Idle Hill↑	R1	112	279	SJ969930
Billinge Hill (Wigan)↑	R1	155	179	SD525014
Ashley Heath↑	R2	119	236	SJ746357
Seven Wells Hill↑	R3	121	319	SP115348
Birdlip Hill↑	R3	120	303	SO925141
Ebrington Hill↑	R3	111	261	SP187426
Sheepwalks Hill↑	R3	123	207	SO808849
Clipper Down↑	R4	123	249	SP965150
Dunstable Downs↑	R4	105	243	TL008194
Shotover Hill↑	R4	107	171	SP563062
Failand Hill↑	R5	116	164	ST510722
Weston Down↑	R5	100	113	ST447757
Bedham Hill↑	R7	122	155	TQ014221
Toy's Hill↑	R8	117	248	TQ469520
Crowborough↑	R8	159	242	TQ510306
Devil's Dyke↑	R8	114	217	TQ257108
Detling Hill↑	R8	163	200	TQ804586
Cheriton Hill↑	R8	150	188	TR197396
Snowdon↑	S2	1038	1085	SH609543
Great Orme↑	S3	201	207	SH767833
Bryn yr Orsedd↑	S4	124	405	SJ142486
Allt Maestir↑	T2	101	278	SN547505
Mynydd Llanybyther↑	T3	125	408	SN534394
Mynydd Figyn↑	T3	140	328	SN595307
Brandy Hill↑	T4	151	205	SN213133
Mynydd Bwlch-y-Groes↑	T5	140	442	SN868356
Ruardean Hill↑	T10	174	290	SO634169
Hegdon Hill↑	T10	156	254	SO585539
Broad Heath↑	T10	104	246	SO664653
Mynydd y Betws↑	U1	205	373	SN664094
Banc y Llyn↑	U1	124	275	SN579158
Welsh Newton Common↑	V	111	264	SO511175
Kit Hill↑	W1	171	334	SX375713
Waddles Down↑	W2	113	248	SX866947
Beacon Hill (Torquay)↑	W2	123	196	SX858620

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Name	TS	Drop	Ht	Grid ref
Great Hill (Torquay)↑	W2	128	180	SX912680
Three Gates Hill↑	W3	123	286	SS981192
Woodbury Common↑	W3	102	183	SY032874
Stoke Hill↑	W3	124	160	SX937953
Telegraph Hill (Dorchester)↑	W4	121	267	ST644050
Eggardon Hill↑	W4	117	254	SY546944
St Rayn's Hill↑	W4	116	238	ST400098
Wideford Hill↑	Z3	169	225	HY411116
Barbay Hill↑	Z4	127	127	NS168570
Snaefell↑	Z7	621	621	SC397880
St Boniface Down↑	Z7	241	241	SZ567785
Arreton Down↑	Z7	108	135	SZ547872
Bembridge Down↑	Z7	101	104	SZ624860

The two hills which have railways to their summits – **Snowdon**↑ and **Snaefell**↑ – also happen to be the highest and most prominent hills in this list. If these two are discarded, **Mynydd Bwlch-y-Groes**↑ is the highest, and **St Boniface Down**↑ the most prominent, hill that can be reached with such consummate ease. However, it seems there is no such thing as a typical hill in *this* list; **Mynydd Bwlch-y-Groes**↑ is in an MOD range!

Many other hills, especially in Southern England, are within a couple of hundred metres, and little climb, of a road. Several other hills, such as **Sir William Hill**↑ (R1), have their status dependent on whether or not a white road on the map is accessible to the public; some hills with TV masts on their summits fall into this category.

**Mow Cop**↑ (R2) is a decidedly odd hill; it would qualify for this list, on account of its being very close to the nearest road – but unfortunately the top is a forbidden rock tor with no easy way up! Therefore, see appendix *h*, ‘Hardest HuMPs’, on page 233!

In the case of hills such as **Wideford Hill**↑, it is worth noting that you have to actually be on Orkney Mainland in the first place.



# Essays

## Sub-HuMPs and Deleted HuMPs

Although Britain has some of the most accurate mapping data in the world, there are inevitably going to be errors of a couple of metres in some OS map heights. Add to that the error introduced by (in many cases) estimating a col height, or (in some cases) estimating a summit height, from the contours on the map, and what you have is a fair chance that several hills that are listed as having less than 100 m drop are actually true HuMPs.

The example of [Arnside Knott](#)<sup>↑</sup>, which leapt from c. 139 m drop to 150 m drop, shows that hills can jump around quite a bit more than we expect. However, we can be fairly sure that most unrecognised HuMPs will be covered by the first table that follows, which gives those hills believed to have between 95 and 99 m of drop. Hills with even lower drops have been excluded for reasons of space; anyway, this gives quite enough hills to be getting on with! (A full list of all hills with between 90 and 99 m of drop can be found by combining the information at [\[52\]](#) with the Database of British Hills ([\[53\]](#)).)

There is a problem in providing lists of sub-HuMPs and deleted HuMPs: both Yeaman and Clements included hills which they considered that, due to the uncertainty in the map data, might only have a small chance of qualifying, indicating this with an H in their notes. Inevitably, many of the hills in this category (which actually contains most of the British hills with 97–99 m drop) have been found to fall below the 100 m drop requirement, or their best current drop estimate is still below that level. This hardly makes them deleted HuMPs in a traditional sense. Also, considering the waste of space that would be incurred by repeating large sections of the list twice, I have opted to combine the list of subs and deletions.

There are therefore two tables following. The first includes all hills with over 95 m drop, whether included in the sources or not. The second lists hills with smaller drop that are listed in the sources as qualifying by height, whether certain or doubtful.

As explained above, there are a huge number of hills that look as though they are deleted HuMPs, although many of them were never considered very likely to qualify in the first place. Nevertheless, there are still quite a few hills that have been deleted since the source lists were published, due to mistakes by the authors.

In the first table (table 32), a † after the hill name indicates a bona fide deletion, i.e. a hill that was listed as definitely qualifying, but now doesn't. A § after the hill name indicates a hill listed as 'height qualification doubtful'. These hills may also have qualified by distance, but such matters need not concern us here. A ‡ after the name indicates that the hill was added (to either category) *since the original release*, either as part of an author-sanctioned release or by Rob Woodall in his database, so you won't find hills with that marker in the original lists.

It therefore follows that many hills with nothing after their names have never seen the light of day before, particularly in the upper echelons (97 m of drop or more) where, if discovered, they would probably have been included as 'height qualification doubtful'. Some of these have turned up following the completion of the list of British hills to 30 m, of which this is only a small part.

The second table (table 33) uses the same conventions as the first, except that it is only concerned with hills listed in the sources as qualifying by height. The † marking has therefore been dropped as redundant, as most hills in the second table fall into that category.

In both tables the parent is given, as a useful identifier of what the hill is attached to and where it stands. A ¶ after the hill name indicates that the parent is another sub-HuMP in the list.

Numbered notes in the lists indicate things like twin peaks and alternative names that would usually be given in the other appendices to the main list.

Finally, see also appendix >, 'Replaced HuMPs', on page 194, as this contains some more deleted HuMPs which are in the special position of having been directly replaced by a new one.

## Hills with 95–99 m drop

Table 32: Hills of prominence 95–99 m

Name	TS	Drop	Ht	Grid ref	Parent
Meall Garbh (Reay Forest)	A1	95	754	NC368403	Meallan Liath Coire Mhic Dhughail↑
Cnoc an Daimh (Rhiconich) <sup>22</sup>	A1	99	132	NC228522	Arkle↑
Cnoc na Sùil Chruthaiche <sup>¶</sup>	A1	96	107	NC204511	Cnoc an Daimh (Rhiconich)
Na Tuadhan <sup>§‡</sup>	A5	97	862	NC303214	Conival↑
Cnoc Loch Call an Uidhean	B2	95	172	NC096145	Creag na h-Iolaire (Inverpolly)↑
Meall an Eich Ghlais <sup>23‡</sup>	B3	95	463	NH208970	Meall Liath Choire↑
Cnoc an Tubait <sup>†</sup>	B3	98	423	NH325937	Càrn Bàn (Freevater)↑
Beinn Giuthais <sup>§‡¶</sup>	B3	95	251	NH134966	Meall an Eich Ghlais
Na Dromannain Dubha	B4	95	288	NH490899	Càrn Salachaidh↑
Beinn an Lochain (Easter Ross) <sup>§‡</sup>	B4	96	252	NH727772	Cnoc an t-Sabhail (Strath Rory)↑
Càrn Bàn <sup>§</sup>	B5	98	476	NH128897	Beinn nam Ban↑
Cadhachan Riabhach	B6	96	687	NH010790	Beinn a' Chàisgein Mòr↑
Meall Mhic Iomhair	B8	95	606	NH316673	Beinn Liath Mhòr a' Ghiubhais Li↑
Meall na Mèine <sup>§‡</sup>	C	97	420	NG880698	Beinn an Eòin (Torridon)↑
An Groban	C	97	392	NG838749	Meall an Doirein↑
Meall a' Ghlas-leothaid <sup>¶</sup>	C	97	342	NG862707	Meall na Meine

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<sup>22</sup>Cnoc an Daimh (Rhiconich) was added to the Yeaman list as a height question, then changed to a distance qualifier with 89m drop, now reckoned to be a height question after all.

<sup>23</sup>Meall an Eich Ghlais is twinned with **Meall an Eich Ghlais West Top**, drop 46 m, **NH204974**.

<sup>¶</sup>parent also sub-HuMP    <sup>§</sup>height qualification doubtful    <sup>‡</sup>added    <sup>†</sup>bona fide deletion

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Name	TS	Drop	Ht	Grid ref	Parent
Cnoc Breac (Poolewe) <sup>†</sup>	C	99	293	NG780841	An Cuaidh↑
Cnoc Loch Bad an Sgalaig	C	96	230	NG844713	Mullach nan Cadhaichean↑
Bràigh na Leitire	D1	97	477	NH191525	Meall na Faochaig↑
Meall a' Gheur-fheadain	D2	98	755	NH264413	Sgùrr a' Choire Ghlais↑
Beinn a' Rubha Riabhaich	D2	96	457	NH431522	Càrn na Còinnich↑
Bad a' Chlamhain <sup>‡</sup>	D2	95	306	NH441415	Beinn a' Bha'ach Ard↑
Creag Dhubh (Glen Cannich) <sup>§</sup>	D3	95	946	NH199350	Càrn nan Gobhar (Glen Cannich)↑
Meall a' Mhadaidh <sup>§</sup>	D3	95	684	NH304370	Sgòrr na Diollaid↑
Sgòrr na Ruadhraich <sup>§</sup>	D3	99	655	NH315360	Càrn Gorm (Cannich)↑
Càrn nan Earb <sup>§</sup>	E2	95	664	NH301194	Càrn Mhic an Toisich↑
Sgùrr Beag (Glen Shiel) <sup>§</sup>	E3	97	896	NG997109	Sgùrr an Lochain↑
Beinn Loinne East Top <sup>24§‡</sup>	E3	98	775	NH151077	Beinn Loinne↑
Sgùrr an Eilein Ghiubhais <sup>§</sup>	E6	98	522	NM726972	Sgùrr Eireagoraidh↑
Sean Mheall <sup>‡</sup>	E7	97	888	NN243946	Sròn a' Choire Ghairbh↑
Gaor Bheinn South Top <sup>‡</sup>	F2	98	961	NM996864	Gaor Bheinn↑
Sròn Coire nan Cearc	F1	96	887	NM937852	Streap↑
Egnaig Hill <sup>‡</sup>	F3	99	236	NM661755	Sgùrr Dhomhuill Mòr↑
Leac Shoilleir <sup>§</sup>	G2	99	446	NM609655	Meall nan Each↑

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<sup>24</sup>Beinn Loinne East Top was called **Beinn Loinne**↑.

<sup>†</sup>bona fide deletion    <sup>‡</sup>added    <sup>§</sup>height qualification doubtful



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Name	TS	Drop	Ht	Grid ref	Parent
Beinn Bhuidhe (Morvern) <sup>§</sup>	G3	97	454	NM600531	Sithean na Raplaich↑
Geal Chàrn (Corrieyairack)	H2	97	875	NN444988	Corrieyairack Hill↑
Cnoc an Tiumpain <sup>‡</sup>	H5	99	716	NH789088	A' Bhuidheanaich↑
Meall a' Ghuirmein <sup>§</sup>	H5	98	451	NH588229	Creag a' Chliabhain↑
Cam Sgriob <sup>†</sup>	H6	96	485	NH975301	Craig Tiribeg↑
Na Gruagaichean <sup>§</sup>	I2	98	1056	NN203652	Binnein Mòr (Mamores)↑
Aonach Beag (Corrour) <sup>§</sup>	I4	99	1116	NN457741	Geal-Chàrn (Loch Pattack)↑
Meall a' Bhealaich <sup>§</sup>	I4	97	865	NN452695	Beinn a' Chumhainn↑
Meall Còs Chàrnan <sup>¶</sup>	I4	95	617	NN433774	Aonach Beag (Corrour)
Creag Bhuidhe	I4	96	488	NN617927	Creag na Doire Duibhe↑
Meall Bàn (Loch Rannoch) <sup>†</sup>	J1	98	543	NN545621	Glas Mheall Mòr (Loch Ericht)↑
Creag Dhubh (Glen Feshie) <sup>§</sup>	J2	96	445	NN823997	Meallach Mhòr↑
Carran Hill	J5	95	417	NJ376413	Garbet Hill↑
Mortlich <sup>§</sup>	J7	98	381	NJ535017	Craiglich↑
Strone Hill <sup>§‡</sup>	J7	97	293	NJ579135	Benaquhallie↑
Ben Earb <sup>§</sup>	K2	99	802	NO079691	Meall a' Choire Bhuidhe↑
Tom Anthon <sup>§</sup>	K2	97	635	NO098881	Morrone↑
Easter Balloch <sup>‡</sup>	K3	99	834	NO348801	Ben Tirran↑
Cruys	K3	97	741	NO421756	Ben Tirran↑
West Knock <sup>§¶</sup>	K3	96	691	NO474756	Cruys
Cairn of Barns <sup>§</sup>	K3	97	651	NO320712	Hill of Strone↑
Cairn Gibbs <sup>§</sup>	K3	95	521	NO182592	Meall Mòr (Glen Isla)↑
Conlawer Hill	K3	97	379	NO430628	Craig Hill (Glen Clova)↑

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<sup>§</sup>height qualification doubtful    <sup>‡</sup>added    <sup>†</sup>bona fide deletion    <sup>¶</sup>parent also sub-HuMP

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Name	TS	Drop	Ht	Grid ref	Parent
Deuchar Hill <sup>†</sup>	K3	99	298	NO465626	Pinderachy↑
Mudlee Bracks <sup>§</sup>	K4	95	688	NO510856	Hill of Cat↑
Sturdy Hill <sup>†</sup>	K4	96	544	NO593779	Mount Battock↑
Northballo Hill <sup>§</sup>	K5	95	319	NO251352	Lundie Craigs↑
Hill of Franklyden <sup>†</sup>	K5	96	303	NO214301	King's Seat↑
Stob Dearg (Ben Cruachan) <sup>†</sup>	L2	98	1104	NN062307	Ben Cruachan↑
Cromadh Mòr	L2	96	478	NN224315	Beinn Donachain↑
Creag an Loch	L3	95	736	NN821542	Meall Tairneachan↑
Torr Dhamh <sup>§</sup>	M1	95	293	NM907250	Beinn Ghlas (Lorn)↑
Cnoc nan Làrach-cloiche <sup>§†</sup>	M1	97	264	NM848168	Cruach nam Fearna↑
Barr Creagach <sup>§</sup>	M1	95	151	NM817069	Soroba Hill↑
An Suidhe (Loch Awe) <sup>§</sup>	M2	96	514	NN003072	Beinn Bhreac (Inveraray)↑
Binnein an Fhìdhleir <sup>25§</sup>	M3	96	811	NN214107	Stob Coire Creagach↑
Sròn a' Chuilinn <sup>26†</sup>	M4	99	294	NR822796	Stùcan Dughail↑
Knock Scalbart <sup>27</sup>	M4	97	216	NR730222	Ballywilline Hill↑
The Saddle (Ardgoil) <sup>§†</sup>	M5	97	521	NS225969	Beinn Reithe↑
Meall Reamhar (Lochearnhead) <sup>§†</sup>	N1	99	670	NN569247	Creag Mac Rànaich↑
Meall Reamhar (Strath Gartney) <sup>§†</sup>	N2	98	845	NN424155	Stob a' Choin↑
Holehead <sup>§</sup>	N3	96	552	NS617826	Earl's Seat↑
Lecket Hill <sup>§†</sup>	N3	96	547	NS644812	Meikle Bin↑
Mounthuillie <sup>†</sup>	N3	99	231	NS605772	Duncolm↑
Ben Halton <sup>†</sup>	N5	96	621	NN720203	Mòr Bheinn↑
Druim Ardoch <sup>†</sup>	N5	99	576	NN608113	Beinn Each↑

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<sup>25</sup>Binnein an Fhìdhleir was called **Binnein an Fhìdhleir West Top**.

<sup>26</sup>Sròn a' Chuilinn is given as **Cnoc Glas** in the *Handbook*.

<sup>27</sup>Knock Scalbart was listed in the *Handbook* as part of a pair of twin tops with **Ballywilline Hill**↑ (see Twin Peaks list on page 217).

<sup>†</sup>bona fide deletion    <sup>§</sup>height qualification doubtful    <sup>‡</sup>added

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Name	TS	Drop	Ht	Grid ref	Parent
Beinn Dubh (Glen Artney) <sup>§</sup>	N5	97	266	NN784184	Torlum↑
Dunearn Hill <sup>†</sup>	N6	99	224	NT211872	Knock Hill (Dunfermline)↑
Milljoan Hill <sup>§‡</sup>	O1	96	403	NX112769	Beneraird↑
Carlin's Cairn	O2	99	807	NX497883	Corserine↑
Pinbreck Hill	O2	98	499	NX348937	Shalloch on Minnoch↑
Auldraigoch Hill	O2	95	370	NS440048	Big Hill of Glenmount↑
Mull of Miljoan <sup>§</sup>	O2	96	356	NX277965	Garleffin Fell↑
Bennan Hill	O2	95	258	NX648724	Cairn Edward Hill↑
Benbrack <sup>†</sup>	O3	97	580	NX679969	Colt Hill↑
Campbells Hill <sup>§</sup>	O3	96	453	NS525020	Windy Standard (Dalmellington)↑
Auchenstroan Craig <sup>§</sup>	O3	97	421	NX693913	Wether Hill (Carsphairn Hills)↑
Blackcraig Hill (New Galloway) <sup>§</sup>	O3	98	406	NX700823	Fell Hill↑
Troston Hill	O3	96	212	NX930685	Lochbank Hill↑
Barskeoch Hill <sup>‡</sup>	O3	98	182	NX810616	Tod Fell↑
Auchtitench Hill	P2	97	467	NS712183	Kirkland Hill↑
Cruereach Hill	P2	95	458	NS797158	Cocker Hill↑
Black Hill (Lanarkshire) <sup>§</sup>	P2	96	385	NS904243	Tinto↑
Priesthope Hill <sup>†</sup>	P3	95	549	NT350399	Windlestraw Law↑
Knowes Hill <sup>§</sup>	P3	98	372	NT437383	Windlestraw Law↑
Hendry's Corse	P3	97	362	NS973578	Byrehope Mount↑
Skid Hill <sup>28†</sup>	P3	98	186	NT507764	Blackhope Scar↑
Brotherstone Hill	P4	96	418	NT433562	Hartside Hill↑
Deuchrie Dod	P4	96	297	NT626722	Spartleton↑
Laght Hill <sup>§‡</sup>	P5	96	507	NS918089	Green Lowther↑
Drumelzier Law	P6	95	668	NT149312	Pykestone Hill↑

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<sup>28</sup>Skid Hill is also known as **Garleton Hills**.

<sup>§</sup>height qualification doubtful    <sup>†</sup>bona fide deletion    <sup>‡</sup>added

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Name	TS	Drop	Ht	Grid ref	Parent
Paper Hill <sup>†</sup>	P6	98	577	NT214177	Lochcraig Head↑
Rome Hill <sup>†</sup>	P6	96	565	NS979242	Tewsgill Hill↑
Blakehope Head <sup>§</sup>	P6	96	542	NT101308	Gathersnow Hill↑
Foal Burn Head <sup>§†</sup>	P6	99	510	NT061146	Whitehope Heights↑
Ward Law (Manor Hills)	P6	96	421	NT273251	Black Law (Manor Hills)↑
Big Hill	P7	97	432	NT127035	Scaw'd Fell↑
Tudhope Hill <sup>†</sup>	P8	96	599	NY431991	Cauldcleuch Head↑
Hillend <sup>29†</sup>	P8	98	411	NT519038	Greatmoor Hill↑
Philip Law <sup>§</sup>	P10	98	414	NT727106	Carter Fell↑
Wolfelee Hill <sup>§</sup>	P10	96	393	NT597085	Peel Fell↑
Cunzierton Hill <sup>§</sup>	P10	97	336	NT744175	Carter Fell↑
Bonchester Hill <sup>§</sup>	P10	98	323	NT594117	Peel Fell↑
Dunmoor Hill	P11	97	569	NT967182	Hedgehope Hill↑
Staerough Hill <sup>§</sup>	P11	96	331	NT829271	The Schil↑
Yetholm Law	P11	96	232	NT811272	Hownam Law↑
Hopegill Head	Q2	97	770	NY185221	Grisedale Pike↑
Ling Fell <sup>†</sup>	Q2	97	373	NY179285	Lord's Seat↑
Gowbarrow Fell <sup>§</sup>	Q4	98	481	NY407218	Little Mell Fell↑
Barrock Fell <sup>§</sup>	Q4	97	223	NY469472	Blaze Fell↑
Mabbin Crag <sup>§</sup>	Q5	98	482	NY565022	Grayrigg Forest↑
White Hill (Cleveland Hills)	Q9	95	398	NZ565036	Cringle Moor↑
Easby Moor <sup>§</sup>	Q9	96	324	NZ590101	Gisborough Moor↑
Far Hill Top	Q9	95	257	SE457881	Black Hambleton↑
Airy Hill <sup>§</sup>	Q9	96	219	NZ644167	Gisborough Moor↑
Errington Hill	Q9	95	179	NZ629202	Eston Nab↑
Waystone Edge <sup>§</sup>	R1	95	483	SD999139	Black Hill (Peak)↑
Wharncliffe Chase <sup>§</sup>	R1	98	317	SK315963	Black Hill (Peak)↑
Haw Cliff	R1	95	296	SE165099	Black Hill (Peak)↑
Croker Hill <sup>§</sup>	R2	97	404	SJ934676	Shutlingsloe↑
Sheen Hill <sup>†</sup>	R2	95	380	SK111625	Shining Tor↑
Tissington Hill	R2	95	369	SK151527	Shining Tor↑

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<sup>29</sup>Hillend is given as **Shankend Hill** in the *Handbook*.

<sup>†</sup>added    <sup>†</sup>bona fide deletion    <sup>§</sup>height qualification doubtful

...

Name	TS	Drop	Ht	Grid ref	Parent
Crawley Hill <sup>30</sup>	R3	98	251	SO789000	Birdlip Hill↑
Brailes Hill <sup>§</sup>	R3	98	232	SP295390	South Hill↑
Duncliffe Hill <sup>§‡</sup>	R5	96	210	ST826226	Win Green↑
Blackberry Hill	R5	95	207	ST640602	Beacon Batch↑
Gilling Down <sup>§</sup>	R5	97	122	ST500323	The Beacon↑
Glatting Beacon	R6	98	245	SU966131	Littleton Down↑
Beacon Hill (Petersfield) <sup>§</sup>	R6	95	242	SU807184	Linch Down↑
Wytham Hill	R6	98	165	SP459083	Liddington Castle↑
Yr Eifl N Top <sup>§</sup>	S1	96	444	SH361457	Yr Eifl↑
Foel <sup>§</sup>	S1	99	223	SH450506	Craig Cwm Silyn↑
Mynydd Mawr (Lleyn)	S1	97	159	SH140259	Mynydd Anelog↑
Iolyn Park	S2	97	131	SH776752	Tal y Fan↑
Foel Gasyth	S3	96	378	SJ022622	Marial Gwyn↑
Cefn yr Ogof <sup>§</sup>	S3	97	204	SH917773	Moelfre Isaf↑
Moel y Waun <sup>§</sup>	S4	99	412	SJ168534	Moel Gyw↑
Castell Dinas Bran <sup>§</sup>	S4	96	320	SJ223431	Cyrn-y-Brain↑
St Elmo's Summer House <sup>§‡</sup>	S4	95	239	SJ084818	Moel y Gaer↑
Moel Farlwyd <sup>§</sup>	S5	98	577	SH707486	Moel Penamnen↑
Manod Bach <sup>§</sup>	S5	96	511	SH714447	Manod Mawr↑
Craig y Penmaen	S5	95	420	SH724299	Moel Oernant↑
Bryngwyn	S7	97	251	SJ186180	Gallt y Goedhwch↑
Gallt yr Ancr <sup>§</sup>	S7	98	224	SJ146130	Gallt y Goedhwch↑
Llechwedd Melyn <sup>§</sup>	S7	98	196	SN616987	Ffridd yr Ychen↑
Foel Rhiwlas <sup>§</sup>	S8	99	455	SJ200327	Cadair Berwyn↑
Allt Fawr (Caersws) <sup>§‡</sup>	S9	98	386	SN969974	Garreg-hir↑
Esgair Gorlan <sup>§</sup>	T1	95	411	SN724827	Banc y Garn↑
Pen y Graig-fawr <sup>31</sup>	T1	99	217	SN773996	Pumlumon Fawr↑
Comins Pen-y-banc	T2	95	297	SN656695	Mynydd Bach↑
Bryn Brawd <sup>§</sup>	T3	99	484	SN698519	Drygam Fawr↑

...

<sup>30</sup>Crawley Hill replaced **Symonds Hall Hill** (249 m, ST792966).

<sup>31</sup>Pen y Graig-fawr (T1, 99 m drop) is twinned with **Copa Shon**, drop 34 m, SN781993.

§height qualification doubtful ‡added

...

Name	TS	Drop	Ht	Grid ref	Parent
Garn Wen <sup>§</sup>	T3	97	454	SN903532	Drygarn Fawr↑
Gornoeth	T3	96	442	SN946567	Drygarn Fawr↑
Garth Bank <sup>§</sup>	T3	97	301	SN946504	Drygarn Fawr↑
Pen Panau-gleision <sup>¶</sup>	T3	97	299	SN625404	Bryn Brawd
Banc y Celyn <sup>§</sup>	T5	97	472	SO048464	Mynydd Epynt↑
Yr Allt (Sennybridge) <sup>§</sup>	T5	97	354	SN914295	Mynydd Bwlch-y-Groes↑
Fanolau Hill <sup>§</sup>	T5	97	423	SO015362	Mynydd Epynt↑
Wennallt <sup>§</sup>	T6	98	471	SO037712	Camlo Hill↑
Bailey Hill <sup>§</sup>	T6	98	426	SO242720	Beacon Hill (Knighton)↑
Colebatch Hill <sup>§</sup>	T6	98	416	SO292875	Cilfaesty Hill↑
Cwm-sanaham Hill	T6	96	407	SO271756	Stow Hill↑
Hopton Titterhill	T6	95	397	SO354772	Black Hill (Shropshire)↑
Middletown Hill	T7	96	367	SJ305133	Moel y Golfa↑
Ragged Stone Hill <sup>§</sup>	T10	99	254	SO759364	Herefordshire Beacon↑
Mynydd Gelliwastad <sup>§</sup>	U1	96	213	SN678015	Mynydd y Betws↑
Pentir-bach <sup>§</sup>	U1	99	198	SN739300	Mynydd Myddfai↑
Fan Llia <sup>§‡</sup>	U2	99	632	SN938186	Fan Fawr↑
Fforest Fach <sup>§</sup>	U2	98	382	SN908264	Fan Gyhirych↑
Mynydd Meio <sup>§</sup>	U2	96	322	ST114885	Cefn Eglwysilan↑
Garth Hill (Maesteg) <sup>§</sup>	U2	99	257	SS873903	Craig y Llyn↑
Craig y Saeson <sup>†</sup>	U2	97	184	ST346974	Blorenge↑
St Breock Beacon	W1	95	216	SW968682	Hensbarrow Beacon↑
Hamel Down <sup>§</sup>	W2	97	532	SX705799	High Willhays↑
Corndon Tor <sup>§</sup>	W2	97	434	SX685741	High Willhays↑
Stanborough Hill <sup>§</sup>	W2	97	215	SX776517	Ryder's Hill↑
Hollerday Hill <sup>§</sup>	W3	97	244	SS714498	Dunkery Beacon↑
Hukeley Knap	W3	96	228	SS966236	Lype Hill↑
Horner Hill	W3	96	222	ST251021	Staple Hill↑

...

<sup>§</sup>height qualification doubtful

<sup>¶</sup>parent also sub-HuMP

<sup>‡</sup>added

<sup>†</sup>bona fide deletion

...

Name	TS	Drop	Ht	Grid ref	Parent
Aineabhal	X2	98	166	NB053197	Beinisbhal↑
Stromacleit <sup>†</sup>	X2	98	131	NB123313	Sròn ri Gaoith↑
Ulabhal	X3	95	659	NB085114	Oireabhal↑
Beinn-Mhòr (Ranais)	X3	97	104	NB425245	Eitseal↑
Corlabhadh	X4	96	298	NB312086	Gormol↑
Trinneabhal	X6	96	198	NF778268	Airneabhal↑
Beinn Òb	X7	96	137	NF703025	Grianan↑
Am Meall (Vatersay)	X7	96	103	NL649944	Theiseabhal Mòr↑
Sgùrr na h-Uamha	Y2	96	736	NG476240	Sgùrr nan Gillean↑
Beinn a' Chapuill (Skye)	Y2	96	409	NG209427	Healabhal Bheag↑
Fionchra <sup>§</sup>	Y4	96	463	NG339003	Orval↑
Eorsa	Y4	99	99	NM480378	none
Beinn nan Gabhar	Y6	97	572	NM542361	Beinn Fhada (Mull)↑
Cruach nan Con <sup>§</sup>	Y6	97	496	NM573268	Beinn na Croise↑
Ander Hill <sup>§</sup>	Z1	99	144	HU523415	Ward of Bressay↑
Muskna Field <sup>§</sup>	Z2	98	262	HU405327	Holm Field↑
Stourbrough Hill <sup>§</sup>	Z2	95	173	HU211523	Sandness Hill↑
Gossaford <sup>§†</sup>	Z2	96	104	HU338668	Dalescord Hill↑
The Compass <sup>§</sup>	Z2	97	101	HU407093	Ward of Scousburgh↑
Ward of Redland <sup>32†</sup>	Z3	98	209	HY361177	Milldoe↑
Shona Beag <sup>§</sup>	Z4	99	102	NM663739	Beinn a' Bhaillidh↑
Stاون Bheinn <sup>†</sup>	Z5	98	175	NR537829	Rainberg Mòr↑
Lhiattee ny Beinne <sup>§</sup>	Z7	96	301	SC212728	Cronk ny Arrey Laa↑

P.S. Although this table is the first list of Sub-HuMPs to be anywhere near complete, it is probably still full of errors. Hills which have records available in the Database of British Hills have had their data taken from there; hills which don't have been taken from my 30 m draft, and consequently the data is sourced from heaven knows where!

<sup>32</sup>Ward of Redland summit moved from [HY355171](#).

<sup>†</sup>bona fide deletion    <sup>§</sup>height qualification doubtful    <sup>‡</sup>added

## Hills with <95 m drop listed in the sources

Table 33: Hills of prominence <95 m listed in sources

Name	TS	Drop	Ht	Grid ref
Druim na Buainn	A1	75	153	NC212642
Faraid Head	A1	85	100	NC387715
Càrn Gruama Mòr	A2	75	262	NC613373
Cnoc Mòr (Bettyhill)	A2	51	198	NC756637
Ben Blandy	A2	91	187	NC625600
Cnoc Dubh	A2	43	116	NC814668
Ben Alisky <sup>33</sup>	A3	90	348	ND045386
Cnoc na Feadaige	A3	70	283	ND100294
Beinn nan Coireag	A3	83	272	ND120254
Beinn Ràtha	A3	69	251	NC949609
Cnoc an Fhuarain Bhàin	A3	68	243	NC952532
Beinn nam Bò	A3	59	229	NC785585
Coire na Beinne	A3	42	226	ND151401
Hill of Yarrows	A3	86	212	ND296427
Spittal Hill	A3	84	176	ND167556
Scrabster Hill	A3	83	145	ND071689
Hill of Olig	A3	86	141	ND174656
Hill of Lieurary	A3	73	137	ND081616
Warth Hill	A3	89	124	ND371698
Meall an Fhuarain (Ben Armine Forest)	A4	51	503	NC611236
Creag an Alltan Fhearna <sup>§‡</sup>	A4	93	328	NC746321
Ben Auskaird	A5	84	387	NC210402
Tom a' Chòinnich (Ben Wyvis) <sup>‡</sup>	B4	88	954	NH463700
Meall a' Choire <sup>§</sup>	B6	93	141	NG867958
Creag Dhubh Mhòr (Strathconon Forest) <sup>§</sup>	D2	93	854	NH139473
Meall nan Damh (Glen Orrin) <sup>§</sup>	D2	93	673	NH353522
Ben Killilan West Top <sup>34</sup>	D3	45	754	NG974317
Càrn Dubh <sup>§</sup>	E4	93	592	NH354123
Mullach Bàn <sup>§‡</sup>	E5	94	692	NG824057

<sup>33</sup>Ben Alisky is twinned with *Beinn Glas-choire*, ND031381.

<sup>34</sup>Replaces *Sgùrr na Cloiche* NG961316 (which was called *Ben Killilan*).

<sup>§</sup>height qualification doubtful    <sup>‡</sup>added



...

Name	TS	Drop	Ht	Grid ref
Rubha Raonuill <sup>§</sup>	E5	93	104	NM732995
Beinn Ghormaig	G3	94	452	NM658573
Càrn Ruigh na Creadha <sup>§‡</sup>	H5	92	603	NH531131
Roy's Hill	H6	94	516	NJ142406
Quarrywood Hill	H6	84	127	NJ180635
Sgùrr an Iubhair <sup>§</sup>	I2	77	1001	NN165655
Beinn Mhic na Cèisich <sup>§</sup>	I6	92	627	NN016493
Garbh Ard <sup>§</sup>	I7	92	107	NM876374
Glas Mheall Beag <sup>§</sup>	J2	94	881	NN673757
Glas-leathad Feshie <sup>§</sup>	J2	94	859	NN844839
Big Garvoun	J3	91	742	NJ148084
Meall an t-Slugain (Cairngorms)	J3	68	733	NO125958
Cairn Muldonich	J5	88	581	NJ240272
Mount of Haddoch <sup>§‡</sup>	J5	92	521	NJ417283
Hill of Greenfold	J6	80	219	NJ552413
Steinman Hill	J6	61	179	NJ766435
Hill of Dudwick	J6	69	174	NJ978378
Hill of White Cow Wood	J6	30	142	NJ948519
Bruce's Camp	J7	87	174	NJ768190
Creag nan Ceard <sup>§‡</sup>	K1	94	432	NN899662
Hill of Stracathro	K3	46	129	NO635642
Knowe Head <sup>§</sup>	K5	24	145	NO143341
Beinn Dearg (Lorn)	M1	94	484	NM954216
Beinn Laoigh <sup>§</sup>	M2	92	441	NM971018
Braid Hill <sup>35§</sup>	M4	92	329	NR706342
Bàrr Mòr (Knapdale)	M4	87	126	NR735852
Meall Dubh (Cowl) <sup>‡</sup>	M5	87	586	NS078892
Hill of Midgate	N4	51	154	NO028210
Blairdenon Hill <sup>§</sup>	N6	94	631	NN865018
Clatto Hill	N6	91	248	NO355065
Loch Hill	O2	71	291	NX631651
High Mount	O3	70	365	NS538141
Craigmøre Hill	O3	94	195	NX917729
Creuch Hill	P1	87	441	NS265685

...

<sup>35</sup>Braid Hill was listed as **Cnoc Reamhar**↑ and has moved from **NR7133**.

<sup>§</sup>height qualification doubtful    <sup>‡</sup>added

...

Name	TS	Drop	Ht	Grid ref
Cathkin Braes	P2	58	213	NS626576
Hill of Airds Moss	P2	18	231	NS632258
Hill of Kilncadzow	P3	59	320	NS889487
Cant Hills	P3	74	303	NS850622
Camp Wood Hill	P3	81	269	NT359638
Airdriehead Hill	P3	73	159	NS748758
Mons Hill	P3	64	119	NT154784
William Law	P4	89	401	NT479398
Carsinker Law <sup>§</sup>	P4	92	381	NT451482
Dirrington Little Law <sup>‡</sup>	P4	92	363	NT686530
Hardens Hill	P4	94	360	NT738544
Knock Hill (Lauderdale) <sup>§</sup>	P4	93	272	NT616441
Holehouse Hill <sup>§</sup>	P5	93	401	NY010949
Esdale Law	P7	64	357	NT442173
Wyndburgh Hill <sup>§</sup>	P10	92	507	NT552038
The Curr <sup>§‡</sup>	P11	92	564	NT850233
Yeaverling Bell <sup>§</sup>	P11	93	361	NT929293
Quarrystone Bank <sup>36‡</sup>	Q5	93	221	NY573275
Beacon Hill (Maltby)	R1	94	151	SK511899
Beacon Hill (Lickey Hills)	R3	75	298	SO987760
Brightling Obelisk <sup>§</sup>	R8	92	197	TQ670212
Gaer Fawr <sup>§</sup>	T2	94	282	SN649719
Penberry	T4	90	175	SM766292
Bryn Mawr (Clun Forest)	T6	57	485	SO129819
Wart Hill <sup>§</sup>	T6	90	324	SO401848
Yatton Hill <sup>§</sup>	T6	92	306	SO444668
Mynydd Dinas (Tonypandy) <sup>‡</sup>	U2	86	312	ST009906
Toller Down <sup>§</sup>	W4	91	252	ST518031
Seabhal (Lewis) <sup>37‡</sup>	X2	82	137	NB115304
Stacaiseal	X3	91	216	NB307373

...

<sup>36</sup>Quarrystone Bank was also known as *Whinfell*. It was originally listed in Clements as a distance qualifier, then wrongly added to the HuMPs list, until the error was realised and the hill was re-deleted.

<sup>37</sup>Seabhal (Lewis) was wrongly added to the list as replacing *Stromacleit*. In fact it doesn't, having considerably less drop, but no worries as *Stromacleit* probably doesn't qualify either.

<sup>§</sup>height qualification doubtful    <sup>‡</sup>added

...

Name	TS	Drop	Ht	Grid ref
Beinn Dhail	X3	40	164	NB500564
Beinn Mhòr (Càrlabhagh)	X3	69	140	NB229363
Cnoc Mòr Shòbhail	X3	89	132	NB336250
Beinn Ceann a' Mhara	Y4	88	103	NL938409
Virdi Field <sup>§</sup>	Z1	87	143	HU457939
Hill of Colvadale	Z1	89	120	HP615055
Moss Houll <sup>38</sup>	Z1	92	117	HP524013
Gillis Field	Z1	63	115	HU616885
Beorgs of Skelberry	Z2	64	196	HU353880
Mid Kame	Z2	94	182	HU409586
Ward of Culswick	Z2	91	118	HU266459
Birgisdale Hill	Z4	74	123	NS082592

The proportion of these hills in Scotland shows the relatively higher rate of errors in Yeaman's Scottish coverage. However, many of these hills actually have more than 5 km separation from higher ground, such as in Caithness, so it is quite likely that Yeaman simply forgot to add the 'd' indicating that they qualified by distance as opposed to drop. Either that, or he just made a lot of mistakes!

Finally, I should like to say that *Stacaiseal*, *Dirrington Little Law*, *Binnein an Fhìdhleir*, *Loch Hill*, *Barskeoch Hill*, *Mounthuillie*, *Hill of Colvadale*, *Northballo Hill*, *Meall a' Bhealaich*, *Quarystone Bank* and *Mynydd Dinas (Tonypandy)* have all been deleted since the first release of the HuMPs list in June 2007, so this is an ongoing process – your help is very welcome! (You can find a timeline of recent changes to the list at [http://www.biber.fsnet.co.uk/hump\\_changes.html](http://www.biber.fsnet.co.uk/hump_changes.html).)

## HuMPs and Munros

A comparison of these two lists is made significantly more interesting by the fact that there are 273 HuMPs in Scotland over 3000 feet – close to the same number as the 284 Munros. It can be deduced that the list of HuMPs contains roughly those hills which would be Munros if the Munros had been selected purely on the basis of relative height.

<sup>38</sup>Moss Houll was called *Sandwater Hill* and has moved from *HP511037*.

<sup>§</sup>height qualification doubtful

The correspondence between the two lists has decidedly improved over the years as the SMC's revisions have brought the Munros more in line with the HuMPs, most notably in the 1997 revision when all three of the non-Munro Marilynns were promoted to Munro status along with five other prominent hills. There are 258 hills in both lists.

The 26 Munros which turn out to be undeserving of their status (i.e. they have less than 100 m drop) are listed below in table 34.

Table 34: Munros with less than 100 m drop

Name	TS	Drop	Ht	Grid ref	Parent
Sàileag	E2	91	956	NH017148	Sgùrr a' Bhealaich Dheirg↑
Sàil Chaorainn	E2	88	1002	NH133154	Sgùrr nan Conbhairean↑
Càrn Ghluasaid	E2	62	957	NH145125	Sgùrr nan Conbhairean↑
Creag a' Mhàim	E3	79	947	NH087077	Druim Shionnach↑
Càrn Liath (Loch Laggan)	H4	87	1006	NN472903	Stob Poite Coire Ardair↑
Càrn Sgùlain	H5	72	920	NH683058	Càrn Dearg (Newtonmore)↑
Stob Coire an Laoigh	I1	74	1116	NN239725	Stob Choire Claurigh↑
Na Gruagaichean	I2	98	1056	NN203652	Binnein Mòr (Mamores)↑
Mullach nan Coirean	I2	93	939	NN122662	Stob Bàn (Mamores)↑
Stob Coire Sgriodain	I3	90	979	NN356743	Chno Dearg↑
Aonach Beag (Corrour)	I4	99	1116	NN457741	Geal-Chàrn (Loch Pattack)↑
The Devil's Point	J3	89	1004	NN976951	Cairn Toul↑
Beinn Bhreac (Cairngorms)	J3	86	931	NO058970	Beinn a' Chaorainn (Cairngorms)↑
Càrn a' Choire Bhoidheach	K3	75	1110	NO226845	Lochnagar↑

...

...

Name	TS Drop	Ht	Grid ref	Parent	
Càrn an t-Sagairt Mòr	K3	85	1047	NO208843	Lochnagar↑
Càrn an Tuirc	K3	64	1019	NO174804	Cairn of Claise↑
Cairn Bannoch	K3	77	1012	NO222825	Càrn an t-Sagairt Mòr
Broad Cairn	K3	64	998	NO240815	Cairn Bannoch
Creag Leacach	K3	68	987	NO154745	Glas Maol↑
Tolmount	K3	72	958	NO210800	Cairn of Claise↑
Tom Buidhe	K3	71	957	NO213787	Cairn of Claise↑
Beinn a' Chroin East Top <sup>39</sup>	N1	61	940	NN394186	Beinn a' Chroin↑
Sgùrr MhicChoinnich	Y2	56	948	NG450210	Sgùrr Alasdair↑
Sgùrr Dubh Mòr	Y2	89	944	NG457205	Sgùrr Alasdair↑
Am Bàsteir	Y2	55	934	NG465253	Bruach na Frithe↑
Sgùrr a' Mhadaidh	Y2	71	918	NG446235	Sgùrr a' Ghreadaidh↑

## U Un-Munros

## u

The 15 hills which deserve to be Munros are given here.

Table 35: Hills which deserve to be Munros

Name	TS Drop	Ht	Grid ref	Parent	
Glas Leathad Beag↑	B4	132	928	NH492706	Ben Wyvis↑
Glas Mheall Mòr (An Teallach)↑	B5	101	979	NH076853	Sgùrr Fìona↑
Stob Cadha Gobhlach↑	B5	127	960	NH068825	An Teallach↑
Sail Mhòr (Beinn Eighe)↑	C	116	980	NG938605	Beinn Eighe↑
Còinneach Mhòr↑	C	108	976	NG944600	Beinn Eighe↑
Sgùrr nan Fhir Duibhe↑	C	118	963	NG981600	Spidean Coire nan Clach↑

<sup>39</sup>See the footnote to [Beinn a' Chroin↑](#) in the following table.

...

Name	TS	Drop	Ht	Grid ref	Parent
Sgùrr na Lapaich (Glen Affric)↑	E1	109	1036	NH154243	Màm Sodhail↑
Sgùrr nan Saighead↑	E2	106	929	NG974178	Sgùrr Fhuaran↑
Sgòr Choinnich↑	I4	125	929	NN443683	Sgòr Gaibhre↑
Stob Coire nan Lochan↑	I6	116	1115	NN148548	Bidean nam Bian↑
Stob na Doire↑	I6	144	1011	NN207352	Buachaille Etive Mòr↑
Stob an Fhuarain↑	I6	103	968	NN118523	Sgùrr na h-Ulaidh↑
Beinn Iutharn Bheag↑	K2	105	953	NO065791	Beinn Iutharn Mhòr↑
Stob Garbh↑	N1	103	959	NN411221	Cruach Ardrain↑
Beinn a' Chroin↑ <sup>40</sup>	N1	137	942	NN387185	An Caisteal (Crianlarich)↑

As Dawson has remarked in *The Murdos* [4], there seems to be something of a pattern here, with the mountains of Torridon and Glencoe losing out to Skye and the Lochnagar plateau. The rationale behind these decisions is at least transparent: mountains such as the **Bidean**↑, the **Buachaille**↑ and the Torridonian giants have traditionally been considered single mountains despite their many tops. On the other side, one could present a reasonable case for the argument that selecting a good list relies on distance and time taken to travel between summits as well as the drop between them. A quick look at the maps will show that the Munros of the Lochnagar plateau qualify by the former, and the Black Cuillin by the latter. Such factors are hard to quantify and lie outside the scope of this book. Although I would not advocate completely regularising the Munros (see the next section, 'Relative Munros'), it would be good to see further developments in this area.

<sup>40</sup>The case of Beinn a' Chroin needs mentioning, as this is not like the others in the list. It is merely generated by the fact that, although the west top is definitely higher and thus has the higher drop, the official list of Munros still gives the east top as the Munro. Hopefully this will be resolved in the next revision.

## Relative Munros

To completely regularise the Munros and for there to remain the same number of them, a drop criterion of 91m would be required (OK, so this gives 283, but there are two tops with 90 m drop so the right number is impossible to achieve). (Given that the Munros use feet, it is very convenient that this is so close to a drop criterion of a round 300 ft.) It would include: the 258 HuMP-Munros; the 15 hills listed above in table 35; **Na Gruagaichean**, **Mullach nan Coirean**, **Aonach Beag (Corrour)** and **Sàileag** from the list of Munros with less than 100 m drop; and six other hills, listed here in table 36.

Table 36: Extra hills needed to make up the ‘Relative Munros’

Name	TS	Drop	Ht	Grid ref	Parent
<b>Sgùrr Creag an Eich</b>	B5	92	1017	NH055838	<b>Sgùrr Fìdha</b> ↑
<b>Creag Dhubh (Glen Cannich)</b>	D3	93	946	NH199350	<b>Càrn nan Gobhar (Glen Cannich)</b> ↑
<b>Gaor Bheinn South Top</b>	F2	98	961	NM996864	<b>Gaor Bheinn</b> ↑
<b>Stob Dearg (Ben Cruachan)</b>	L2	98	1104	NN062307	<b>Ben Cruachan</b> ↑
<b>Meall Cuanail</b>	L2	93	918	NN069295	<b>Ben Cruachan</b> ↑
<b>Beinn nan Eachan</b>	L5	92	1000	NN570383	<b>Meall nan Tarmachan</b> ↑

The Grey Corries, the Monadhliath, **Creag Meagaidh**↑, the South Glen-shiel Ridge would all lose a Munro, the Cairngorms two. Kintail would gain one but the **A’ Chralaig**↑ group lose two. The Crianlarich hills, Glen Cannich hills, West Mounth, **Gaor Bheinn**↑, the Ben Lawers group and **Ben Wyvis**↑ would gain one each. **Ben Cruachan**↑ gains two.

Now for the big movers: the Black Cuillin is reduced from eleven to seven. Glencoe would increase from seven (not long ago it was four!) to ten. **Beinn Eighe**↑ and **An Teallach**↑ would *both* increase from two to *five*. And most drastic of all, the Lochnagar plateau would be slashed from thirteen to five – possibly to the relief of those who don’t like the look of some of its remote and featureless tops!

## HuMPs, Corbetts and Grahams

Every Corbett is also a HuMP, because Corbetts use a 500 ft/152 m relative height criterion. However, as we have seen, the relative-height analogue of the Munros actually has to go down to 91 m of drop to get the numbers right. Therefore the average Corbett is considerably more prominent than the average Munro (a fact which has already been commented on favourably by several Corbett climbers). However, if the Corbetts were to be a true 'second division' to the Munros, then they would have to go down to 91 m of drop, in order to get the same sort of character as the Munros (in terms of drop anyway). Alternatively, you could argue that the criterion should be 250 ft/76 m, scaling down by their height, in which case there would be even more!

Using a drop criterion of 91 m would give the list 325 summits, as opposed to the 220 Corbetts. The extra summits are too numerous to be listed here, but can easily be picked out from the Database of British Hills. They include all the HuMPs of Corbett height plus 25 others, such as **Blàbheinn**↑'s **Clach Glas**.

A similar argument can be applied to the Grahams, which gives 410 hills (nearly twice the number of Grahams!) including, among other Graham Tops, **A' Chir**↑ on Arran.



## Breakdown by Topo Region and Height

Here in table 37 you can see how the larger topo regions shape up in terms of number of hills, and hills of different categories of height and prominence.

Table 37: Numbers of hills in topo regions by height

TR	1200 m+	900– 1199 m	600– 899 m	300– 599 m	0– 299 m
A	0	5	34	80	27
B	0	36	66	56	14
C	0	10	11	6	5
D	0	15	27	17	6
E	0	47	64	29	3
F	0	4	28	9	3
G	0	0	24	26	5
H	0	7	33	39	4
I	4	48	38	21	4
J	5	26	58	54	11
K	0	19	36	41	7
L	1	41	40	8	0
M	0	10	46	57	20
N	0	12	54	50	14
O	0	0	18	52	29
P	0	0	42	141	30
Q	0	5	71	77	36
R	0	0	2	38	73
S	0	8	46	90	27
T	0	0	4	128	42
U	0	0	10	29	13
V	0	0	4	11	8
W	0	0	1	16	30
X	0	0	8	52	79
Y	0	9	34	65	36
Z	0	0	11	45	103
Totals	10	304	809	1236	628

## Breakdown by Topo Region and Prominence

This table performs a similar function to the previous one, except that the hills are broken up into (cumulative) prominence bands, some of which are used by existing lists.

Table 38: Numbers of hills in topo regions by prominence

Drop (m) TR	300 P300	150 Marilyns	100 HuMPs	30 'Tumps'
A	26	75	146	885
B	40	100	172	683
C	8	16	32	142
D	13	42	65	283
E	38	91	143	505
F	14	28	44	166
G	14	37	55	218
H	8	40	83	427
I	34	81	114	286
J	20	85	154	711
K	9	47	103	552
L	29	70	90	218
M	33	83	133	819
N	24	74	130	634
O	9	42	99	634
P	13	85	213	1392
Q	23	94	189	1003
R	3	35	113	1178
S	23	78	171	988
T	8	56	174	1227
U	3	29	52	317
V	3	13	23	106
W	3	16	47	783
X	26	77	139	712
Y	33	86	144	628
Z	18	75	159	1143
Totals	477	1555	2987	16644

Because of the balancing act done to construct the regions, the southern ones tend to have more HuMPs and Tumps, whereas the Scottish ones tend to have more hills of higher prominence. The greatest ratio of Tumps to P300s is found in region **R** with 392 whereas the smallest is found in region **I** with just 8; it should come as no surprise that the former contains East Anglia and the latter contains **Ben Nevis**↑, for this reflects the lie of the land!

As if the point needed stating again, this table also illustrates well the increased attention paid by the HuMPs to certain well-populated regions such as **R** and **W**.



# The Names of Hills

## Most Common Hill Names

For those interested in such things, here is a brief run-down of those hill names which appear four times or more in this list, in order of frequency of occurrence. Variant forms have been included under the same name, as this seemed the most logical thing to do, given that we are trying to get an idea of whether more hills are called Big Lump or Red Hill. Extensions don't count however (e.g. **Càrn Mòr Dearg**† does not count towards the Càrn Mòrs).

Table 39: Most common hill names

Name	Language	Count	Meaning
Beinn Bhreac	Gaelic	18	speckled hill
(A') G(h)la(i)s Bheinn / Beinn Ghlas	Gaelic	17	greenish-grey hill
Meall Mòr	Gaelic	15	big lump
Beinn Mhòr / Ben More / Morven / Mòr Bheinn	Gaelic	12	big hill
Beinn Dearg	Gaelic	9	red hill
Beinn (a') Mheadhoin / ain	Gaelic	8	middle hill
Càrn Dearg	Gaelic	8	red stony hill
Geal Chàrn	Gaelic	8	white stony hill
Beinn Bhuidhe	Gaelic	7	yellow hill
Beinn T(h)arsuinn	Gaelic	7	transverse hill
Càrn Mòr	Gaelic	7	big stony hill
Creag Mhòr	Gaelic	7	big crag
Beacon Hill	English	6	beacon hill

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Name	Language	Count	Meaning
Creag D(h)ubh	Gaelic	6	black crag
Dubh Bheinn / Beinn D(h)ubh	Gaelic	6	black hill
Meall Buidhe	Gaelic	6	yellow lump
(A') B(h)einn Bhàn	Gaelic	6	white hill
An Socach	Gaelic	5	the snout
Black Hill	English	5	black hill
Meall Dearg	Gaelic	5	red lump
Moelfre	Welsh	5	bald or bare hill + hill
Beinn Bheag	Gaelic	4	little hill
Beinn Dearg M(h)òr	Gaelic	4	big red hill
Beinn Mheadhonach / anach	Gaelic	4	middle hill
Beinn na Caillich	Gaelic	4	hill of the old woman
(An) Cruachan	Gaelic	4	the stacks
Creach B(h)einn	Gaelic	4	hill of spoil
Beinn Gharbh / Garbh Bheinn	Gaelic	4	rough hill
Roine(a)val / bhal	Old Norse	4	stony hill
Sgòr / Sgùrr Mòr	Gaelic	4	big peak
Sìdhean / Sìthean Mòr	Gaelic	4	big fairy-hill
Ward Hill	Old Norse	4	beacon hill
White Hill	English	4	white hill

Only three of the 33 names in this list are English and only one is Welsh. Even accounting for the fact that there are more hills in Scotland, it is clear that Scottish hill names repeat a great deal. Explanations probably include the fact that some English hill names derive from other languages and a smaller number of inhabited places in Scotland to name hills after – most hill names in Southern England are named after nearby settlements, with this being a rare practise in Scotland.

Most of the translations given are fairly dull, so despite the difficulties in pronouncing the Gaelic names, we should probably be grateful to them. Moreover, before we laugh at them too much it is as well to remember that a lot of English names have fairly mundane translations as well. **Grisedale Pike**↑ would lose some of its majesty were it ‘Pig-valley Peak’, and **Pendle**

Hill↑ would sound faintly ridiculous as ‘Hill-hill Hill’.

## Names for Hills

Next is a table of which generic words are used most frequently to name the hills. Most hill names have one of these words in them, often accompanied by adjectives referring to colour or something else. Although it may appear that there are an awful lot of Beinns and Mealls, the variety of names shown here is actually very impressive, even accounting for the fact that they come from several different languages.

Many books contain detailed information about the meanings and derivations of hill names and readers are advised to consult them for further information. A small selection of introductory works may be found in the Further Reading [38, 30, 31, 29, 37, 36, 35, 34, 32]; this is just a brief analysis of which words are used most frequently to name the HuMPs. Elements contained in the names have been included; thus **Bengairn**↑ and **Scaraben**↑ both count towards the Bens. Some words are clearly variant spellings (Sithean/Sidhean), mutated forms (Meall/Mheall) or cognates in different languages (Crag/Craig/Creag), but they have all been kept separate, as have plurals.

The notes aim to give the language the word comes from, a more precise definition where that exists, and any relations to other words in the list. The latter should help to show how the words group together into a relatively small number of families. For example, there may be more ‘Hill’s than ‘Beinn’s, but if all the Bens, Beinns, Bheinns, Bins, and -vens were added together, there would be 501 of them, making that word family the best-represented in Britain.

Table 40: Most common components of hill names

Word	Count	Language	Meaning
Hill	485	English	hill
Beinn	351	Gaelic	hill
Meall	189	Gaelic	rounded bare lump
Càrn	111	Gaelic	cairned hill / stonepile
Sgùrr	90	Gaelic	jagged rocky peak
Creag	86	Gaelic	crag / cliff / rock
Ben	83	Anglicisation of Beinn	

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Word	Count	Language	Meaning
Fell	66	Old Norse	hill / upland pasture
Bheinn	59	Gaelic; mutation <sup>41</sup> of Beinn	
Mynydd	58	Welsh	hill
Cnoc	54	Gaelic	hillock / knoll
-bhal	49	Old Norse; Gaelic spelling of val	
Moel	46	Welsh version of Meall	
Law	40	S Scottish	domed hill
Stob	37	Gaelic	point
Cruach	35	Gaelic	(hay)stack
Craig	34	S Scottish & Welsh version of Creag	
Pen	27	Welsh / S Scottish	top / head
Moor	21	English	moor
Down	18	English	rolling hill
Foel	18	Welsh; mutation of Moel	
Mullach	18	Gaelic	summit / top
Cairn	17	English version of Càrn	
Head	16	English	head
Bryn	15	Welsh	hill
Allt	14	Welsh	hillside
Druim	14	Gaelic	ridge
Pike	14	N English	peak
Sgòrr	14	Gaelic; variant of Sgùrr	
Seat	13	English	seat
Chàrn	12	Gaelic; mutation of Càrn	
Stac	12	Gaelic	stack / pillar
-val	12	Old Norse; related to Fell	
Beacon	11	English	beacon
Dùn	11	Gaelic	hill fort
Meallan	11	Gaelic; plural of Meall	
Cruachan	10	Gaelic; plural of Cruach	

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<sup>41</sup>In case you were confused by the term mutation in the list above, it is something peculiar to the Celtic languages and involves changing the sound of a word's first letter. The rules about what happens are fairly predictable; for example, the related Gaelic and Welsh words Meall and Moel mutate to Mheall and Foel respectively, which, despite their different appearances, both begin with a V sound. This often happens after another word as opposed to before it: e.g. Beinn Ghlas and Glas Bheinn; Creag Dhubh and Dubhcreag. (In Gaelic mutation is marked by the latter H after the initial consonant.)



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Word	Count	Language	Meaning
Field	10	Old Norse; related to Fell	
Mount	10	English (from French); variant of Mountain	
Top	10	English	(subsidiary) top
Cefn	9	Welsh	ridge
Banc	8	Welsh version of Bank	
Sgòr	8	Gaelic; variant of Sgòrr	
Sròn	8	Gaelic	nose / prow
Tom	8	Gaelic	knoll
Tor	8	English	rock tor
Aonach	7	Gaelic	upland
Crag	7	English version of Creag	
Knott	7	NW English	hill
Maol	7	Gaelic	bald top
Bidein	6	Gaelic	point
Carn	6	Welsh version of Càrn	
Mheall	6	Gaelic; mutation of Meall	
Mountain	6	English (from French)	mountain
-side	6	English	side
Binnein	5	Gaelic	pinnacle
Carnan	5	Gaelic; a small Càrn	
Carnedd	5	Welsh; variant of Carn	
Creachan	5	Gaelic	bare summit
Creagan	5	Gaelic; plural of Creag	
-don	5	English; related to Down	
Fan	5	Welsh	beacon
Garn	5	Welsh; mutation of Carn	
Heights	5	English; plural of Height	
Knock	5	S Scottish version of Cnoc	
Sail	5	Gaelic	heel
Sithean	5	Gaelic	hill of the fairies
Socach	5	Gaelic	snout
Torr	5	Gaelic; related to Tor	tower / pile
-ven	5	Anglicisation of Bheinn	
Ward	5	Old Norse	beacon
Bràigh	4	Gaelic	upper part / slope
Common	4	English	common land

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Word	Count	Language	Meaning
Crags	4	English; plural of Crag	
Dod	4	Scot Lowlands version of Dodd	
Dodd	4	N English	rounded bare hill
Edge	4	English	edge
Grianan	4	Gaelic	sunny (drying) place
Knoll	4	English	knoll
Rock	4	English	rock
-seal	4	Old Norse; contraction of s + val	
Stùc	4	Gaelic; related to Stac	
Waun	4	Welsh	moor
Barr	3	Gaelic	summit / top
Bin	3	Anglicisation of Beinn	
Biod	3	Gaelic	point
Cadair	3	Welsh	chair
Caisteal	3	Gaelic	castle
Chailleach	3	Gaelic	old woman / witch
Cleit	3	Gaelic	short rocky ridge
Cùl	3	Gaelic	back
Ffridd	3	Welsh	heath/moor/pasture
Garreg	3	Welsh	stone/rock
Graig	3	Welsh; mutation of Craig	
How	3	NW English	rocky outcrop
Island	3	English	island
Knowe	3	S Scottish	knoll
Leathad	3	Gaelic	slope
Mill	3	Anglicisation of Meall	
Mwdwl	3	Welsh	haystack
Mynd	3	Anglicisation of Mynydd	
Rigg	3	N English version of Ridge	
Scar	3	N English	long rocky outcrop
Sidhean	3	Gaelic; variant of Sìthean	
Spidean	3	Gaelic; related to Bidein	
Stone	3	English	stone
Stones	3	English; plural of Stone	
Tarren	3	Welsh	knoll
Aran	2	Welsh	mountain

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Word	Count	Language	Meaning
Arenig	2	Welsh	high ground
-barrow	2	English	burial mound
Barrule	2	Manx	guard fell
Bell	2	N English	bell-shaped hill
Berry	2	English from Old Norse	hill
Bioda	2	Gaelic; variant of Biod	
Bodach	2	Gaelic	old man
-borough	2	English	town
Buachaille	2	Gaelic	herdsman
Calf	2	English	calf
Ceann	2	Gaelic	head / end
Chioch	2	Gaelic	nipple
Chreag	2	Gaelic; mutation of Creag	
Chruach	2	Gaelic; mutation of Cruach	
Cnap	2	Gaelic	knob / bump
Coed	2	Welsh	wood
Craigs	2	S Scottish; plural of Craig	
Creigiau	2	Welsh; plural of Craig	
Crogearraidh	2	Gaelic	pasture of pens/hares?
Cross	2	English	wayside cross
Cyrniau	2	Welsh; plural of Cynr, variant of Carn	
Dinas	2	Welsh	hill fort
Doire	2	Gaelic	oak wood
Dum-	2	S Scottish version of Dùn	
Eilean	2	Gaelic; related to Island	
Esgair	2	Welsh	ridge
Fioild	2	Old Norse; variant of Field	
Forest	2	English	hunting ground
Fron	2	Welsh; mutation of Bron	breast
Gallt	2	Welsh; mutation of Allt	
Garadh	2	Gaelic	garden / barrier
Garth	2	Welsh	enclosure / promontory

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Word	Count	Language	Meaning
Gualann	2	Gaelic	shoulder
-gwm	2	Welsh	combe
Gyrn	2	Welsh; mutation of Cyrn, a variant of Carn	
Heath	2	English	heath
Height	2	English	height
Hills	2	English; plural of hill	
Leana	2	Gaelic	meadow
Lì	2	Old Norse	hillside
Lomond	2	S Scottish	beacon
Mam	2	Gaelic	swelling / breast
Man	2	English	man
Mheallan	2	Gaelic; mutation of Meallan	
-mol	2	Gaelic	pebbly beach
Mona	2	S Scottish version of Monadh	
Monadh	2	Gaelic	upland moor
Muir	2	S Scottish version of Moor	
Pap	2	S Scottish	nipple
Park	2	English	park
Rhinog	2	Welsh	threshold
Rhos	2	Welsh	moor
Ridge	2	English	ridge
Rig	2	S Scottish version of Ridge	
Ring	2	English	ring
Sgarbh	2	Gaelic	cormorant
Sgiath	2	Gaelic	wing / fin
Sgòrach	2	Gaelic	rocky place
Slieau	2	Manx	mountain
Stack	2	Anglicisation of Stac	
Standard	2	S Scottish	standard
Suidhe	2	Gaelic	seat
Tal	2	Welsh	end
Tobha	2	Gaelic	hoe
Wold	2	Eastern English	rolling hill
-wood	2	English	wood
Ysgyryd	2	Welsh	shattered hill

There is a Coum, a Combe, a Comb and a Coomb to add to the two -gwms in the above list, so these six hills named after hollows deserve a mention (oddly, none of them use the original Welsh spelling cwm).

Please also see the useful appendix to the 1997 Munro's Tables [12].

There might also be a section on pronunciation here in the future, as I've often thought that some info on how the hills' names are pronounced would be a useful addition to a book such as this. In the meantime, there are some links in the Further Reading which provide useful information – the Akerbeltz website [61] being the best resource for Gaelic, and the OS booklet [36] a good guide to Welsh.



# The HuMPs Hall of Fame

Alan Dawson's yearly newsletter includes a table of the members of the 'Marilyn Hall of Fame' – the informal club open only to those who have climbed 600 Marilyns or more. It also serves as a useful list of the front-runners in the race to complete the Marilyns.

It seems a good idea to close the book with a list of those who have done an extraordinary number of HuMPs. It will of course be incomplete, as the list has hardly received masses of publicity, but most of the hills have been available in Yeaman's book for twenty years, and the HuMPs were first listed as such two years ago, and thus some information has come to light.

I have decided to set the bar for this little table at 2000 HuMPs. This may seem excessive, but the main reason for it is so that anyone who has nearly completed the Marilyns still has a little way to go before they can call themselves a 'champion HuMPer' (if you'll pardon the expression)! It actually has the curious side-effect that you can be in the HuMPHoF but not in the MarHoF – the club of those with more than 600 Marilyns – if you really try.

Table 41: The HuMPs Hall of Fame

Name	HuMPs
Rob Woodall	2599
Ann Bowker	2445
Rowland Bowker	2395
Ken Whyte	2351
James Gordon	2267
Colin Crawford	2000

The data may be a bit out of date, and of course will get more out of date as time goes on. It is my intention to update this book at least once a year, so anyone who has made it to this level, please let me know, and your name will be engraved on a stone tablet in the depths of a secret cave somewhere underneath **Ben Cruachan**↑. (As well as being published here.)



# Further Reading

This is very far from comprehensive, believe me. Not all these books or websites are to do with HuMPs, but most should be relevant for those seeking to climb the hills or looking for further information.

## Recommended Books: Lists

- [1] Clem Clements. *The Hewitts and Marilynns of Ireland*. TACit Press, 1997. ‘Clem’ is a nickname; the author’s initials are E.D.
- [2] J. Rooke Corbett. List of Scottish Mountains 2,500 feet and under 3,000 feet in height. *The Scottish Mountaineering Club Journal*, 25(143):45–52, April 1952. Foreword by John Dow. The table of contents has the shorter title ‘List of Scottish 2,500-foot Mountains’.

This is believed to be the first published table of hills in Britain which used drop as a criterion, though this fact is not mentioned in the article.

- [3] Alan Dawson. *The Relative Hills of Britain*. Cicerone Press, 1992.

The essential book that introduced the list of 1500 or so Marilynns to the world. Only just recently out of print, although copies can still be ordered via the website [44]. Also, the full text and list is available on said website.

- [4] Alan Dawson. *The Murdos*. TACit Press, 1995. Also available online [49].
- [5] Alan Dawson. *The Hewitts and Marilynns of England*. TACit Press, 1997. Also available online [49].

- [6] Alan Dawson. *The Hewitts and Marilyn's of Wales*. TACit Press, 1997. Also available online [49].
- [7] Alan Dawson and Dave Hewitt. *Corbett Tops and Corbetteers*. TACit Press, 1995.
- [8] Alan Dawson and Dave Hewitt. *The Grahams and the New Donalds*. TACit Press, 1999. Also available online [49].
- [9] Michael Dewey. *Mountain tables: tables of the mountain and hill summits of England and Wales*. Constable, 1995.

Reproduces the Nuttalls' list (without the walks), but then follows it up with a handy list of the 500 m tops with 30 m drop. Also includes a rather odd selection of 'other notable hills'.

- [10] Sir Hugh Thomas Munro, J. Rooke Corbett, and Percy Donald. *Munro's tables of the 3000-foot mountains of Scotland: and other tables of lesser heights*. Edited by R. M. Gall Inglis. Scottish Mountaineering Club, Synod Hall, Castle Terrace, Edinburgh, 1953. On the cover the title is 'The Scottish Mountaineering Club Guide: Munro's Tables'.

This is the first publication in book form of the list of Corbetts; it had appeared in the club's Journal in the previous year [2]; the use of drop as a criterion is acknowledged in the section title 'The 2500-foot summits with a re-ascent of 500 feet on all sides'.

- [11] E. J. Yeaman. *Handbook of the Scottish Hills*. Wafaida, 10 Glamis Road, Arbroath, 1989. ISBN 0 95143244 0 0.

As mentioned many times elsewhere, the precursor to the current list of HuMPs, at least in Scotland. Also contains a great deal of extra information, particularly about hill names, and many appendices.

## Recommended Books: Guides

- [12] Donald Bennet and Rab Anderson, editors. *The Munros*. Scottish Mountaineering Trust Publications, 1999.

The SMC's guides to the Munros, Corbetts and lesser hills are well-illustrated, the routes are interesting and of reasonable length, and the descriptions are good.

- [13] Irvine Butterfield. *The High Mountains of Britain and Ireland: The Munros, Tops and other 3000ft peaks*. Volume 1. Diadem, 1993.

Definitely the best guidebook for those interested the Munro Tops, and a real work of style – a pity there were no more volumes – although many of the walks are a little on the long side!

- [14] Alasdair Dibb. *England's Highest Peaks*. Mainstream, Edinburgh, 2000. ISBN 1840183535.

Little-known, but this with its companion volumes is the closest thing to a guidebook on the Marilyn's, with walks covering all the English Marilyn's. Lots of extra info about geology, ice-axes etc. but four volumes is overkill given the number of hills involved.

- [15] Alasdair Dibb. *The Hills of Northern England and the Isle of Man: A Guide to Summits Under 2,000ft*. Volume 3 of *Hills of England series*. Mainstream, Edinburgh, 2002. ISBN 1840185384.

- [16] Alasdair Dibb. *The hills of Southern England: A Guide to Summits Under 2,000ft*. Volume 1 of *Hills of England series*. Mainstream, Edinburgh, 2002. ISBN 1 84018 536 2.

- [17] Alasdair Dibb. *The hills of the Midlands and South Pennines: A Guide to Summits Under 2,000ft*. Volume 2 of *Hills of England series*. Mainstream, Edinburgh, 2002. ISBN 1840185376.

- [18] Dave Hewitt. *Walking the Watershed*. TACit Press, 1994. Also available online [65].

The true story of a topographer's dream walk along the backbone of Scotland. As one might expect, it was tough.

- [19] Scott Johnstone, Hamish Brown, and Donald Bennet, editors. *The Corbetts and Other Scottish Hills*. Volume two of *Scottish Mountaineering Club Hillwalkers Guide*. Scottish Mountaineering Trust, 1993. ISBN 0-907521-29-0.

- [20] Rob Milne and Hamish Brown, editors. *The Corbetts and Other Scottish Hills*. Scottish Mountaineering Trust Publications, 2002.

The same remarks apply as to the Munros guide [12].

- [21] John Nuttall and Anne Nuttall. *The Mountains of England and Wales*. Volume 1: Wales. Cicerone Press, Milnthorpe, first edition, 1989. ISBN 1 85284 036 6.

A third edition of this pair of books has just been published, which gives these well-written guidebooks the advantage of being up-to-date. They cover all the 2000 ft peaks of England and Wales with a drop of 15 m, so there are a lot of minor bumps involved, but the walks are the right length and well-chosen.

- [22] John Nuttall and Anne Nuttall. *The Mountains of England and Wales*. Volume 2: England. Cicerone Press, Milnthorpe, first edition, 1990. ISBN 1 85284 037 4.

- [23] A. Wainwright and Chris Jesty. *The Eastern Fells*. Volume one of a *Pictorial Guide to the Lakeland Fells: being an illustrated account of a study and exploration of the mountains in the English Lake District*. Frances Lincoln, second edition, 2005.

The original guides were classics, which no walker in the Lake District should be without, and Jesty has done a very impressive job of revising them, making the books up-to-date without losing the originals' wonderful style, with a result that is definitely an improvement.

- [24] A. Wainwright and Chris Jesty. *The Far Eastern Fells*. Volume two of a *Pictorial Guide to the Lakeland Fells: being an illustrated account of a study and exploration of the mountains in the English Lake District*. Frances Lincoln, 2005.

- [25] A. Wainwright and Chris Jesty. *The Central Fells*. Volume three of a *Pictorial Guide to the Lakeland Fells: being an illustrated account of a study and exploration of the mountains in the English Lake District*. Frances Lincoln, 2006.

- [26] A. Wainwright and Chris Jesty. *The Southern Fells*. Volume four of a *Pictorial Guide to the Lakeland Fells: being an illustrated account of a study and exploration of the mountains in the English Lake District*. Frances Lincoln, 2007.
- [27] A. Wainwright and Chris Jesty. *The Northern Fells*. Volume five of a *Pictorial Guide to the Lakeland Fells: being an illustrated account of a study and exploration of the mountains in the English Lake District*. Frances Lincoln, 2008.
- [28] A. Wainwright and Chris Jesty. *The Western Fells*. Volume seven of a *Pictorial Guide to the Lakeland Fells: being an illustrated account of a study and exploration of the mountains in the English Lake District*. Frances Lincoln, 2009.

## Place-names

- [29] Eilert Ekwall. *The Concise Oxford Dictionary of English Place-names*. OUP, Oxford, fourth edition, 1960.

Probably the best one-volume work on English place-names.  
Contains many references to more detailed work.

- [30] Iwan Arfon Jones. *Enwau Eryri / Place-names in Snowdonia*. Y Lolfa, Talybont, Ceredigion, 1998. This book is bilingual, in English and Welsh.

This gives translations or explanations of most of the place-names of Snowdonia: mountains, passes, valleys, rivers, lakes, crags, but not towns or villages.

- [31] Anthony Lias. *A Guide to Welsh Place-Names*. Volume 3 of *Welsh Heritage Series*. Carreg Gwalch, Llanrwst, 1994.

This is not a dictionary, though the origin of many names can be found through the index. Rather, it discusses the various sources of Welsh place names, and how the many compound names are formed.

- [32] W. F. H. Nicolaisen. *Scottish Place-Names*. John Donald, Edinburgh, 2001. ISBN 0859765563. First published 1976.

Not a dictionary, but an introduction to the subject, arranged mainly according to the origin of the names (Gaelic, Scandinavian and so on).

- [33] Ordnance Survey. *Place names on maps of Scotland and Wales: a glossary of the most common Gaelic and Scandinavian elements used on maps of Scotland and of the most common Welsh elements used on maps of Wales*. Ordnance Survey, 1973. Now extended and published as four separate downloadable guides [36, 37, 35, 34].

- [34] Ordnance Survey. Guide to Scandinavian origins of place names in Britain. [http://www.ordnancesurvey.co.uk/oswebsite/freefun/didyouknow/placenames/docs/scandinavian\\_guide.pdf](http://www.ordnancesurvey.co.uk/oswebsite/freefun/didyouknow/placenames/docs/scandinavian_guide.pdf), May 2004.

Despite the general title, this is in fact a guide to Scandinavian origins of place names in *Scotland*.

- [35] Ordnance Survey. Guide to Scots origins of place names in Britain. [http://www.ordnancesurvey.co.uk/oswebsite/freefun/didyouknow/placenames/docs/scots\\_guide.pdf](http://www.ordnancesurvey.co.uk/oswebsite/freefun/didyouknow/placenames/docs/scots_guide.pdf), May 2004.

- [36] Ordnance Survey. Guide to Welsh origins of place names in Britain. [http://www.ordnancesurvey.co.uk/oswebsite/freefun/didyouknow/placenames/docs/welsh\\_guide.pdf](http://www.ordnancesurvey.co.uk/oswebsite/freefun/didyouknow/placenames/docs/welsh_guide.pdf), May 2004.

- [37] Ordnance Survey. Guide to Gaelic origins of place names in Britain. [http://www.ordnancesurvey.co.uk/oswebsite/freefun/didyouknow/placenames/docs/gaelic\\_guide.pdf](http://www.ordnancesurvey.co.uk/oswebsite/freefun/didyouknow/placenames/docs/gaelic_guide.pdf), November 2005.

- [38] Diana Whaley. *A Dictionary of Lake District Place-Names*. Volume 1 of *Regional Series*. English Place-Name Society, University of Nottingham, 2006.

## Lists and Files on the Web

- [39] Jim Bloomer. UK Prominent Peaks. <http://peaks.ukma.org.uk/>.

Metric-oriented website containing details of all the HuMPs above 500 metres. Also contains Google Earth data and some useful explanations of parentage and related concepts.

- [40] Iain Cameron. Yeaman Data – Version 2 – Excel Format. <http://groups.yahoo.com/group/rhb/files/Yeaman%20Data/>, November 2002. The file is called *YeamanV2.xls*.
- [41] Iain Cameron. Yeaman Data – Version 2 – Tab Delimited Format. <http://groups.yahoo.com/group/rhb/files/Yeaman%20Data/>, November 2002. The file is called *YeamanV2.txt*.
- [42] Chris Crocker. Database of British Hills: about the list. [http://www.biber.fsnet.co.uk/database\\_notes.html](http://www.biber.fsnet.co.uk/database_notes.html), November 2009. This is updated from time to time.
- [43] Vivien Crowder and Geoff Crowder. v-g Hill & Mountain Lists. <http://v-g.me.uk/Hill-Lists/Hill-Lists.htm>, 2009.
- More lists of hills such as Myrddyn Phillips' list of Welsh hills below 500m, the Deweys, and the 'Supersummits' which are listed by isolation (distance from higher ground).
- [44] Alan Dawson. Marilyn News Centre. <http://www.rhb.org.uk/>.
- The full text of RHB is available for free here, although without the maps and pictures. Also contains the update sheet, Marilyn Hall of Fame newsletters, a list of Sub-Marilyns, a downloadable version of this book and links to many other websites. Get in touch with Alan at [rhb \(at\) rhb.org.uk](mailto:rhb@rhb.org.uk).
- [45] Alan Dawson. Update to The Relative Hills of Britain. <http://www.rhb.org.uk/updates/up200604.htm>, April 2006.
- [46] Alan Dawson. Submarilyns: 205 British hills of any height with a drop of 140–149 metres on all sides. <http://www.rhb.org.uk/submarilyns.doc>, June 2009. It is not clear when this was first published.
- [47] Jonathan de Ferranti. Summit Listings by Relative Height. <http://www.viewfinderpanoramas.org/prominence.html>, 2009.

Page of links to numerous relative-height listings. Also a place from which this book, and the list of 30 m prominences, can be downloaded without having to register for the RHB group.

- [48] Simon Edwardes. The Mountains of England and Wales. <http://www.hill-bagging.co.uk/>.

Online version of the Database of British Hills, with listings of the HuMPs and all the other hills too. The biggest draw is the maps, which can be navigated through a very fast interface and are the best place to look if you want maps of the HuMPs. Also allows users to keep track of their totals and submit information about the summits. Finally, this e-book is also available to download.

- [49] Dave Hewitt. TACit Press: TACit Tables. <http://publ.ac.uk/org/tacit/tables/>. Dave Hewitt is the series editor.

Full text of the Murdos, Hewitts and New Donalds booklets, published by TACit Press, available online for free. Concise and informative little publications that introduced a range of new hill lists to the world.

- [50] Gary Honey. Original Clements List CSV format. <http://groups.yahoo.com/group/rhb/files/Clements%20Data/>, October 2002. The file is called `Original Clements.csv`. Although Gary Honey uploaded the file, it is believed to be substantially the work of Clem Clements.

- [51] Gary Honey. Original Clements List Excel format. <http://groups.yahoo.com/group/rhb/files/Clements%20Data/>, October 2002. The file is called `Original Clements.xls`. Although Gary Honey uploaded the file, it is believed to be substantially the work of Clem Clements.

- [52] Bernie Hughes. SubHuMPs. <http://groups.yahoo.com/group/rhb/files/HuMPs%20/>, March 2010. The file is called 'SubHuMPs' and contains all the hills with between 90 and 99 metres of drop not in the Database of British Hills.

- [53] Graham Jackson, Simon Edwardes, George Gradwell, John Barnard, and Chris Crocker. Database of British hills and variorum of Munro's Tables: downloadable files. <http://www.biber.fsnet.co.uk/downloads.html>, July 2009.

The Database of British Hills is available to download free from here, including up-to-date data for the HuMPs as well



as nearly 3000 other hills. The Database Notes [42] can be consulted for information about several hills. There is a timeline of recent changes to the HuMPs list available at [http://www.biber.fsnet.co.uk/hump\\_changes.html](http://www.biber.fsnet.co.uk/hump_changes.html).

[54] Mark Jackson. The Humps. <http://groups.yahoo.com/group/rhb/files/HuMPs%20/>, April 2009. Published as several files; the files were called The HuMPs (Part 1).pdf to The HuMPs (Part 12).pdf, but have now been removed for lack of space.

[55] Ordnance Survey. Get-a-map from Ordnance Survey. <http://getamap.ordnancesurvey.co.uk/getamap/frames.htm>.

OS 1:25 000 mapping available for free online. Very nice of them. Handy if you want to check a small area, summit, col or something. Also available at <http://www.streetmap.com/> at the right zoom level.

[56] RHB contributors. rhb: Files. <http://groups.yahoo.com/group/rhb/files/>. To read this page you need to join the RHB yahoo group.

Join the group and check out the various lists available here if you're interested in that sort of thing; a decade of accumulated work lies here including draft lists of all 16,650 hills in Britain with 30 m drop. Files mentioned in this book can be found in the following sub-folders:

- Loose in main folder – 'Marilyn's parents' [57]
- Yeaman Data – 2002 Yeamans spreadsheet [41], Rob Woodall's 2007 release [60]
- Clements Data – 2002 Clements spreadsheet [51], 2005 revision
- HuMPs – HuMP-related information such as Mark Trenchgrove's series of booklets covering the hills over 500 m and Bernie Hughes' comprehensive list of sub-HuMPs
- Hills of Britain – the draft 30 m prominence list.
- hilldata – Graham Tops

Discussion is available at <http://groups.yahoo.com/group/rhb/messages/>.

- [57] Pete Ridges. Parents and territories of Marilyn's and subs. <http://groups.yahoo.com/group/rhb/files/>, January 2005. The file is called Marilyn's parents.xls.
- [58] Mark Trengove. Europeaklist – European Hill and Mountain lists. <http://sites.google.com/site/europeaklist/>.

Website containing many listings of European prominent peaks, in some areas down to HuMP level. Discussions can be found at <http://groups.yahoo.com/group/europeaklist/>.

- [59] Rob Woodall. "Yeamans" of England, Wales & Man – minor mods – Jan05. <http://groups.yahoo.com/group/rhb/files/Clements%20Data/>, January 2005. The file is called Yea E\_W\_ M original layout.txt.
- [60] Rob Woodall. Updated Yeaman's lists. <http://groups.yahoo.com/group/rhb/files/Yeaman%20Data/>, February 2007. Released as two files, Key\_RHW\_Yeamans 20feb07.rtf and Yea Scot\_ original layout 20feb07.csv. The first is entitled externally 'Updated Yeaman's list: notes and overview' and internally 'Updated Yeaman's lists: key, abbreviations and overview'. The second is entitled externally 'Yeaman's: updated with new hills, and drop data. Original layout as per The Book.' and being a csv file has no internal title.

## Other Websites

- [61] Anonymous. Fuaimean na Gàidhlig: Ro-Ràdh. <http://www.akerbeltz.org/fuaimean/roradh.htm>.

A thorough course for those interested in Scottish Gaelic pronunciation. A summary of all that it teaches can be found at <http://www.akerbeltz.org/beagangaidhlig/grammar/treoraiche.pdf> although you will need to know how to use the IPA.

- [62] Ann Bowker. mad about mountains. <http://www.keswick.u-net.com/home.htm>.

Regularly updated with photos of recent walks in the Lake District. Also contains 360° panoramas from the Wainwrights, and a diary with good descriptions of all the English and Welsh Marilyns.

- [63] Jonathan de Ferranti. Panoramas. <http://www.viewfinderpanoramas.org/panoramas.html>, 2007.

Links to a number of very high quality, computer generated, panoramas from some British HuMPs, allowing you to work out what you are seeing, or what you could see on a clear day (the record being 144 miles from Snowdon to Merrick!).

- [64] Geograph British Isles project. Geograph British Isles – photograph every grid square! <http://www.geograph.org.uk/>.

An astonishingly large amount of free photos, some of them really good, which can be searched by the grid square they were taken in. Easy to find shots of the HuMPs.

- [65] Dave Hewitt. *Walking the Watershed: The Border to Cape Wrath along Scotland's Great Divide*. <http://gdl.cdlr.strath.ac.uk/hewwat/>, 1994. Illustrated by Chris Tyler; first published June 1994 by TACit Press.

The text of *Walking the Watershed* [18].

- [66] Dave Hewitt and Perkin Warbeck. *TAC: The Angry Corrie*. <http://publ.ac.uk/org/tacit/tac/>. This is published irregularly.

Dave Hewitt runs Scotland's 'first and finest hillwalking fanzine'. Most issues available free online, hence its inclusion in this list. A wealth of information about the Munros, other hills, book reviews and much more.

- [67] Xavier Negre. Scottish Gaelic-Dictionary Online Translation LEX-ILOGOS. [http://www.lexilogos.com/english/gaelic\\_scottish\\_dictionary.htm](http://www.lexilogos.com/english/gaelic_scottish_dictionary.htm).

Cracking Scottish Gaelic to English translation guide.

- [68] Richard Smith. Marilyn's. <http://ex-parrot.com/~richard/marilyns/>, 2009.

Marilyn maps, in colour relief, with territories marked in. Work in progress, but an excellent illustration of what can only be described in words in this book.

- [69] [A wiki]. Welsh/Pronunciation. <http://en.wikibooks.org/wiki/Welsh/Pronunciation>.

A Welsh pronunciation guide that I have found useful, although I'm sure there are better ones available.

- [70] Wikipedia contributors. List of mountains of the British Isles by relative height. [http://en.wikipedia.org/wiki/List\\_of\\_mountains\\_of\\_the\\_British\\_Isles\\_by\\_relative\\_height](http://en.wikipedia.org/wiki/List_of_mountains_of_the_British_Isles_by_relative_height).

This is a list of peaks in the British Isles, with a relative height of 600 m or more, in descending order of relative height.

- [71] Wikipedia contributors. Marilyn (hill). [http://en.wikipedia.org/wiki/Marilyn\\_\(hill\)](http://en.wikipedia.org/wiki/Marilyn_(hill)).

Links to Wikipedia's version of the lists, which in turn lead to the articles on the hills. Many of them need work but of course the whole point about this site is that you can contribute yourself, so fire away! The most important of the hills are listed in a separate article [70].

# Indexes



# Index of hills

This index follows English alphabetical order. After each name, in italics are the numbers of the 1:50 000 maps on which the hill may be found; then the page numbers in the body of this document. The page number in **bold** is that of the entry of the hill in the main tables. For those hills in the summary table, there are two page numbers in bold: the first bold page number directs you to the summary table, and the second directs you to the detailed table. Hills with no page number in bold are only mentioned in the introductory matter or the appendices.

## A

- A' Bheinn Bhàn, 40, **78**  
A' Bhuidheanach Bheag, 42, **91**  
A' Bhuidheanaich, 35, **82, 243**  
A' Chailleach (Fannaichs), 19, **60**  
A' Chailleach (Glencoe), 41, **87**  
A' Chailleach (Monadh Liath), 35, **82**  
A' Chaoirnich, 42, **91, 198**  
A' Chaoirnichain, 16, **51, 197**  
A' Chioch, 47, 48, **179**  
A' Chir, 62,69, **10, 186, 235, 258**  
A' Chraisg, 21, **51**  
A' Chralaig, 33, **27, 69, 71, 257**  
A' Chrois, 56, **108**  
A' Chruach (Arran), 68, 69, **186**  
A' Chruach (Lorn), 49, **106**  
A' Ghlas-bheinn, 25, 33, **68**  
A' Mhaighdean, 19, **59**  
A' Mharconaich, 42, **90**  
Abberley Hill, 138, 150, **160, 197**  
Abdon Burf, **212**  
Aberedw Hill, 147, **161, 221**  
Aconbury Hill, 149, **165, 196**  
Ailsa Craig, 76, **184, 225**  
Aineabhal, **249**  
Ainshval, 39, **178**  
Àird Laimishader, **210**  
Airdriehead Hill, **252**  
Airds Hill, 49, **88**  
Airie Hill, 83, **120, 205**  
Airneabhal, 22, **173, 249**  
Airngath Hill, 65, **124**  
Airy Hill, **246**  
Alderton Hill, 150, **142**  
Allermuir Hill, 66, **124**  
Allt Cunedda, 159, **162**

- Allt Ddu, 146, 160, **156**  
 Allt Fawr (Caersws), 247  
 Allt Maestir, 146, **155, 236**  
 Allt y Gader, 125, **151**  
 Allt y Main, 125, **151**  
 Allt yr Esgair, 161, **165**  
 Allt yr Hebog, 146, **156**  
 Allt-fawr (Ffestiniog), 115, **150**  
 Am Bàsteir, **255**  
 Am Bàthach (Glen Shiel), 33, **70**  
 Am Bàthaich (Loch Quoich), 33, **70**  
 Am Bodach, 41, **85**  
 Am Faochagach, 20, **56**  
 Am Meall (Skye), 32, **177**  
 Am Meall (Vatersay), **249**  
 Am Meallan, 25, **68**  
 Amicombe Hill, **195**  
 An Cabagach, 20, **56**  
 An Cabar, 20, **60**  
 An Caisteal (Ben Loyal), **211**  
 An Caisteal (Crianlarich), 50, 56,  
     **112, 256**  
 An Caisteal (Knoydart), 33, **72**  
 An Carnach (Skye), **210**  
 An Cliseam, 13, 14, **22, 170, 172, 224,**  
     **230**  
 An Coileach, 14, 18, **172**  
 An Coileachan, 20, **60**  
 An Creachan (Cowal), 56, **110**  
 An Creachan (Lorn), 49, **106**  
 An Cruachan (Loch Monar), 25, **67**  
 An Cruachan (Skye), 32, **176**  
 An Cuaidh, 19, **64, 242**  
 An Dùn, 42, **91, 201**  
 An Eilid, 19, **184, 215, 226**  
 An Garadh, 56, **112**  
 An Gearanach, 41, **85**  
 An Grianan (Cape Wrath), 9, **49**  
 An Grianan (Glen Creran), 50, **88**  
 An Grianan (Glen Lyon), 51, **104**  
 An Groban, **241**  
 An Laogh, 15, **55**  
 An Leacainn, 26, **69**  
 An Lèan-Chàrn, 9, **48**  
 An Liathanach, 25, **62**  
 An Riabhachan, 25, **67**  
 An Ruadh-mheallan, 19, 24, **63**  
 An Ruadh-stac, 25, **62**  
 An Sgarsoch, 43, **91**  
 An Sgùrr (Eigg), 39, **22, 178, 224**  
 An Sgùrr (Loch Carron), 24, **62**  
 An Sìdhean, 25, **66**  
 An Sleaghach, 49, **79**  
 An Socach (Cape Wrath), 9, **49**  
 An Socach (Freevater), 20, **56**  
 An Socach (Glen Affric), 25, 33, **68**  
 An Socach (Glen Cannich), 25, **67**  
 An Socach (Glen Ey), 43, **98**  
 An Stac (Glen Finnan), 40, **75**  
 An Stac (Moidart), 40, **76**  
 An Stac (Skye), 32, **177**  
 An Staonach, 24, **61, 198**  
 An Stoc-bheinn, 16, **51**  
 An Stùc, 51, **105, 205, 219**  
 An Suidhe (Loch Awe), **244**  
 An Suidhe (Speyside), 35, **82**  
 An Teallach, 19, **27, 58, 211, 255, 257**  
 An Tobha, 31, **174, 210, 224**  
 An t-Sleubhaich, 40, **76**  
 Ander Hill, **249**  
 Andrewhinney Hill, 79, **128**  
 Angel's Peak, The, *see* **The Angel's Peak**  
 Aodann Chleireig, 40, **76**  
 Aonach air Chrith, 33, **70**  
 Aonach Beag (Ben Nevis), 41, **84, 213**



- Aonach Beag (Corrou), **243, 254, 257**  
Aonach Buidhe, **25, 67**  
Aonach Meadhoin, **33, 70**  
Aonach Mòr, **41, 10, 84, 213**  
Aonach Sgoilte, **33, 72**  
Aonach Shasuinn, **34, 69**  
Aran Fawddwy, **124, 125, xxiii, 25, 150, 152, 153**  
Arbury Hill, **152, 142, 229**  
Ard Bheinn, **68, 69, 186**  
Ard Crag, **89, 90, 133**  
Ard Nev, **39, 178**  
Ardhuncart Hill, **37, 94, 203**  
Ardsheal Hill, **49, 88**  
Arenig Fach, **124, 125, 149**  
Arenig Fawr, **124, 125, 24, 148, 149**  
Arisaig Hill, **40, 75**  
Arkle, **9, 49, 241**  
Arkleton Hill, **79, 129**  
Arnamuil, **31, 174, 224, 234**  
Arnaval, **32, 176**  
Arnside Knott, **97, 136, 196, 239**  
Arnton Fell, **199**  
Arreton Down, **196, 187, 237**  
Artfield Fell, **82, 118**  
Arthur's Seat, **66, 124**  
Ashley Heath, **127, 141, 204, 236**  
Ashley Hill, **175, 144, 204, 229**  
Askival, **39, 22, 178, 224**  
Auchenbainzie Hill, **78, 120**  
Auchensoul Hill, **76, 119**  
Auchensow Hill, **71, 78, 126**  
Auchenstroan Craig, **245**  
Auchineden Hill, **64, 114**  
Auchnafree Hill, **52, 114**  
Auchtertyre Hill, **33, 67**  
Auchtitench Hill, **245**  
Auld Darkney, **208**  
Auldraigoch Hill, **245**  
Avernish Hill, **33, 11, 67**  
Aye Gill Pike, **98, 138**  
Ayton Hill, **67, 74, 75, 125, 203**
- B**  
Bac an Eich, **25, 66**  
Baca Ruadh, **23, 175**  
Bad a' Chlamhain, **242**  
Bad a' Chreamha, **24, 62**  
Badandun Hill, **44, 99**  
Baddoch, **36, 92, 203**  
Bail Hill, **208**  
Bailey Hill, **248**  
Bainloch Hill, **84, 121**  
Balcnock, **56, 111**  
Bald Hill, **165, 143**  
Balduff Hill, **53, 100**  
Ballencleuch Law, **78, 126**  
Ballywilline Hill, **68, 109, 219, 244**  
Banc Beili-Tew, **146, 156**  
Banc Cwm-coed-ifer, **146, 156**  
Banc Llechwedd-mawr, **135, 154**  
Banc Mynyddgorddu, **135, 154**  
Banc y Celyn, **248**  
Banc y Garn, **135, 154, 247**  
Banc y Garreg, **146, 160, 156**  
Banc y Graig, **146, 156**  
Banc y Llyn, **159, 162, 201, 236**  
Bank Hill, **71, 77, 120**  
Baosbheinn East Top, **19, 24, 63, 192**  
Baosbheinn, **19, 24, 63**  
Barbay Hill, **63, 184, 225, 237**  
Barbon Low Fell, **97, 138**  
Bardon Hill, **129, 142, 206, 229**  
Barkeval, **39, 178**  
Barns Cliff End, **94, 101, 139**  
Barone Hill, **63, 184**

- Barr Creagach, **244**  
 Bàrr Mòr (Knapdale), **251**  
 Barr Mòr (Lismore), **49, 184, 225**  
 Bàrr nan Damh, **55, 109**  
 Barr Thormaid, **55, 61, 108**  
 Barrock Fell, **246**  
 Barskeoch Hill, **245, 253**  
 Bass Rock, **67, 184, 193, 226**  
 Bathford Hill, **172, 142**  
 Baugh Fell, **98, 137, 212**  
 Baystones, **90, xxii, 136, 197, 201, 209**  
 Beacon (Rhossili Down), *The, see*  
     **The Beacon (Rhossili Down)**  
 Beacon (Sherborne), *The, see* **The**  
     **Beacon (Sherborne)**  
 Beacon Batch, **172, 182, 19, 26, 143,**  
     **144, 206, 247**  
 Beacon Fell, **96, 97, 134**  
 Beacon Hill (Dumfries), **84, 121**  
 Beacon Hill (Knighton), **136, 148,**  
     **158, 248**  
 Beacon Hill (Lickey Hills), **252**  
 Beacon Hill (Lundy), **180, 187, 202,**  
     **226**  
 Beacon Hill (Maltby), **252**  
 Beacon Hill (Penrith), **90, 135, 203**  
 Beacon Hill (Petersfield), **247**  
 Beacon Hill (Torquay), **202, 167, 230,**  
     **236**  
 Beacon Hill (Trellech), **162, 165**  
 Beacon Ring, **212**  
 Bedaig, **16, 51**  
 Beannan Beaga, **15, 54**  
 Beddugre Hill, **136, 147, 158**  
 Bedham Hill, **197, 144, 236**  
 Begwns, *The, see* **The Begwns**  
 Beinisbhal, **13, 14, 170, 249**  
 Beinn a' Bha'ach Ard, **26, 66, 242**  
 Beinn a' Bhacaidh, **34, 23, 80**  
 Beinn a' Bhaillidh, **40, 184, 225, 249**  
 Beinn a' Bhathaich, **26, 35, 83**  
 Beinn a' Bheithir, **41, 23, 42, 88, 211**  
 Beinn a' Bhraghad, **32, 176**  
 Beinn a' Bhric, **20, 60**  
 Beinn a' Bhuird, **36, 24, 92, 96, 213**  
 Beinn a' Bhuiridh, **50, 103**  
 Beinn a' Bhutha, **15, 53**  
 Beinn a' Chàisgein Beag, **19, 59**  
 Beinn a' Chàisgein Mòr, **19, 59, 241**  
 Beinn a' Chaisil, **49, 79**  
 Beinn a' Chaisteil (Bridge of Orchy),  
     **50, 105**  
 Beinn a' Chaisteil (Easter Ross), **20,**  
     **57**  
 Beinn a' Chait (Atholl), **43, 91**  
 Beinn a' Chait (Shieldaig), **198**  
 Beinn a' Chaoinich, **33, 71**  
 Beinn a' Chaol-airigh, **48, 180, 202**  
 Beinn a' Chaolais, **60, 61, 185**  
 Beinn a' Chaorainn (Cairngorms),  
     **36, 92, 254**  
 Beinn a' Chaorainn (Glen Spean), **34,**  
     **41, 81**  
 Beinn a' Chaorainn (Sunart), **40, 78**  
 Beinn a' Chapuill (Loch Hourn), **33,**  
     **71**  
 Beinn a' Chapuill (Skye), **249**  
 Beinn a' Chàrnain (Lewis), **13, 171,**  
     **192**  
 Beinn a' Chàrnain (Pabbay), **18, 173,**  
     **224**  
 Beinn a' Chàrnain (Ronay), **22, 173,**  
     **224**  
 Beinn a' Chearcaill, **19, 63**  
 Beinn a' Chlachain, **24, 61, 198**  
 Beinn a' Chlachair, **42, 86**

- Beinn a' Chlaidheimh, 19, **59**  
 Beinn a' Chleibh, 50, **107**  
 Beinn a' Chochuill, 50, **103**  
 Beinn a' Choin, 50, 56, **112**  
 Beinn a' Chreachain, 50, **104, 232**  
 Beinn a' Chroin East Top, **255**  
 Beinn a' Chroin, 50, 56, **112, 201, 255, 256**  
 Beinn a' Chrulaiste, 41, **87**  
 Beinn a' Chuallaich, 42, **90**  
 Beinn a' Chuirn (Glen Orchy), 50, **103**  
 Beinn a' Chuirn (Loch Duich), 33, **71**  
 Beinn a' Chumhainn, 42, **86, 243**  
 Beinn a' Ghlo, 43, **24, 97, 211**  
 Beinn a' Ghraig, 47, 48, **179**  
 Beinn a' Mhadaidh, 10, **51**  
 Beinn a' Mhanaich, 56, **111**  
 Beinn a' Mheadhain (Killilan), 25, 33, **69**  
 Beinn a' Mheadhain (Mull), 48, **179**  
 Beinn a' Mheadhoin (Glen Affric), 25, **68**  
 Beinn a' Mhonicag, 34, 41, **81**  
 Beinn a' Mhuil, 13, 14, **171**  
 Beinn a' Mhùinidh, 19, **59, 205**  
 Beinn a' Rubha Riabhaich, **242**  
 Beinn a' Tuath, 22, **173, 215, 224**  
 Beinn Achaladair, 50, **104**  
 Beinn Àird da Loch, 15, **52**  
 Beinn Airein, 39, **178, 224**  
 Beinn Airigh Charr, 19, **59**  
 Beinn Akie, 9, **49**  
 Beinn Alligin, 19, 24, **63, 211**  
 Beinn an Dothaidh, 50, **104**  
 Beinn an Duibhe, 9, **49**  
 Beinn an Eòin (Coigach), 15, **54**  
 Beinn an Eòin (Strath Oykel), 16, **52**  
 Beinn an Eòin (Torridon), 19, **63, 241**  
 Beinn an Fhuarain, 15, **52**  
 Beinn an Leathaid, 47, **78**  
 Beinn an Lochain (Ardgoil), 56, **24, 110**  
 Beinn an Lochain (Easter Ross), **241**  
 Beinn an Oir, 60, 61, **22, 185, 226**  
 Beinn an t-Seilich, 56, **110**  
 Beinn an t-Sidhein, 57, **113**  
 Beinn an Tuim, 40, **75**  
 Beinn an Tuirc, 68, 69, **108**  
 Beinn Bhac-ghlais, 23, **176**  
 Beinn Bhalgairean, 50, **107**  
 Beinn Bhàn (Applecross), 24, **28, 61**  
 Beinn Bhàn (Argyll), 55, **107**  
 Beinn Bhàn (Arkaig), 34, 41, **76**  
 Beinn Bhàn (Islay), 60, **185**  
 Beinn Bhàn (Loch Ard), 56, **113**  
 Beinn Bharrain, 62, 69, **186, 211, 212**  
 Beinn Bheag (Ardgour), 40, **78**  
 Beinn Bheag (Cowal), 56, **109**  
 Beinn Bheag (Glen Garry), 33, **73**  
 Beinn Bheag (Kinlochewe), 19, **60**  
 Beinn Bheag Deas, 22, **173**  
 Beinn Bheigier, 60, **22, 185, 226**  
 Beinn Bheòil, 42, **86**  
 Beinn Bheula, 56, **110**  
 Beinn Bhragair, 8, **171, 196**  
 Beinn Bhreac (Appin), 50, **89, 198, 200**  
 Beinn Bhreac (Cairngorms), **254**  
 Beinn Bhreac (Colonsay), 61, **185**  
 Beinn Bhreac (Cowal), **195**  
 Beinn Bhreac (Forest of Atholl), 43, **91, 219**  
 Beinn Bhreac (Inveraray), 50, 55, **107, 244**  
 Beinn Bhreac (Lewis), 14, **172, 206**

- Beinn Bhreac (Loch Garry), 34, **74**  
 Beinn Bhreac (Loch Tay), 51,52, **115**  
 Beinn Bhreac (Lochranza), 62, 69, **186**  
 Beinn Bhreac (Luss Hills), 56, **111**  
 Beinn Bhreac (Minginish), 32, **176**  
 Beinn Bhreac (Moidart), 40, **76**  
 Beinn Bhreac (North Jura), 61, **185**  
 Beinn Bhreac (Pirnmill), 62,69, **186**  
 Beinn Bhreac (Soay), 32, **178, 224**  
 Beinn Bhreac (South Jura), 61, **185**  
 Beinn Bhreac (Torridon), 19,24, **63, 220**  
 Beinn Bhreac (Trossachs), **199**  
 Beinn Bhreac (Waternish), 23, **176**  
 Beinn Bhreac-liath, 50, **105**  
 Beinn Bhrotain, 43, **93**  
 Beinn Bhuidhe (Ardslignish), 47, **78**  
 Beinn Bhuidhe (Knoydart), 33, 40, **72**  
 Beinn Bhuidhe (Loch Duich), 25,33, **68**  
 Beinn Bhuidhe (Loch Fyne), 50, 56, **24, 107**  
 Beinn Bhuidhe (Morvern), **243**  
 Beinn Bhuidhe (Mull), 47, 48, **179**  
 Beinn Bhuidhe (Point of Ardnamurchan), 47, **78, 227**  
 Beinn Bhuidhe (Skye), 32, **177**  
 Beinn Ceann a' Mhara, **253**  
 Beinn Ceannabainne, 9, **49**  
 Beinn Ceitlein, **198**  
 Beinn Chabhair, 50, 56, **112**  
 Beinn Challuim, 50, **105**  
 Beinn Chaorach (Luss Hills), 56, **111**  
 Beinn Chaorach (Tyndrum), 50, **105**  
 Beinn Chapull, 55, **23, 106, 205**  
 Beinn Chàrsaig, 48, **180**  
 Beinn Chlaonleud, 49, **79**  
 Beinn Chliad, 31, **174**  
 Beinn Chochan, 57, **114, 199**  
 Beinn Choradail, 22, **173**  
 Beinn Chorrnach, 56, **108**  
 Beinn Chreagach (Mull), 48, **180, 202**  
 Beinn Chreagach (Skye), 23, **176**  
 Beinn Chreagach (Ulva), 47, 48, **178, 224**  
 Beinn Chroisg, 15, **56**  
 Beinn Chuirn, 50, **107**  
 Beinn Churalain, 49, **88**  
 Beinn Clachach, 33, **70**  
 Beinn Conchra, 33, **67**  
 Beinn Damhain, 50, 56, **108**  
 Beinn Damh, 24, **62**  
 Beinn Dearg (Atholl), 43, **24, 91**  
 Beinn Dearg (Cape Wrath), 9, **49**  
 Beinn Dearg (Fannaichs), 20, **60**  
 Beinn Dearg (Glen Artney), 57, **116, 195**  
 Beinn Dearg (Glen Lyon), 51, **104**  
 Beinn Dearg (Loch Fyne), 55, **107**  
 Beinn Dearg (Lorn), **251**  
 Beinn Dearg (Menteith Hills), 57, **114**  
 Beinn Dearg (Torridon), 19, 24, **63**  
 Beinn Dearg (Ullapool), 20, **27, 54, 55, 57**  
 Beinn Dearg Bad Chailleach, 19, **59**  
 Beinn Dearg Bheag (Fisherfield), 19, **59**  
 Beinn Dearg Bheag (Skye), 32, **177**  
 Beinn Dearg Mheadhonach, 32, **177**  
 Beinn Dearg Mhòr (Broadford), 32, **177**  
 Beinn Dearg Mhòr (Loch Ewe), 19, **59**  
 Beinn Dearg Mhòr (Sligachan), 32, **177**

- Beinn Dearg Mòr (Fisherfield), 19, **59**  
 Beinn Dhail, **253**  
 Beinn Dhorain, 17, **52**  
 Beinn Dhubh (Harris), 14, 18, **22, 172**  
 Beinn Direach, 16, **48**  
 Beinn Domhnaill, 21, **51**  
 Beinn Donachain, 50, **103, 220, 244**  
 Beinn Donn, 49, **88**  
 Beinn Dorain, 50, **104**  
 Beinn Dronaig, 25, **67**  
 Beinn Dubh (Glen Artney), **245**  
 Beinn Dubh (Islay), 60, 61, **185**  
 Beinn Dubh (Loch Ard), 56, **114**  
 Beinn Dubh (Luss Hills), 56, **111,**  
     **198, 200**  
 Beinn Dubh Airigh, 55, **107**  
 Beinn Dubh an Iaruinn, 25, **67**  
 Beinn Dubhain, 17, **50**  
 Beinn Dubhcharaidh, 35, **82**  
 Beinn Dubhchraig, 50, **107**  
 Beinn Ducteach, 50, 56, **112**  
 Beinn Duirinnis, 50, **89**  
 Beinn Each, 57, **116, 244**  
 Beinn Eagagach, 52, **103**  
 Beinn Edra, 23, **175**  
 Beinn Eibhinn, 42, **86, 220**  
 Beinn Eich, 56, **111**  
 Beinn Eighe, 19, **63, 211, 255, 257**  
 Beinn Eilde, 42, **86**  
 Beinn Eilideach, 20, **55, 200**  
 Beinn Eisgein, 13, 14, **172**  
 Beinn Enaiglair, 20, **56**  
 Beinn Eòlaigearraidh Mhòr, **210**  
 Beinn Eòlaigearraidh, 31, **174, 210**  
 Beinn Eunaich, 50, **103**  
 Beinn Fhada (Kintail), 33, **68**  
 Beinn Fhada (Mull), 47, 48, **179, 249**  
 Beinn Fhionnlaidh (Appin), 50, **88**  
 Beinn Fhionnlaidh (Glen Cannich),  
     25, **68**  
 Beinn fo Thuath, 13, **169**  
 Beinn Gaire, 40, **76**  
 Beinn Gharbh, 40, **75**  
 Beinn Ghlas (Inveraray), 50, 56, **107**  
 Beinn Ghlas (Lawers Group), 51, **105**  
 Beinn Ghlas (Loch Fyne), 55, **107**  
 Beinn Ghlas (Lorn), 49, **106, 244**  
 Beinn Ghobhlach, 19, **58**  
 Beinn Ghormaig, **251**  
 Beinn Ghot, 22, **173**  
 Beinn Ghuilbin, 35, 36, **82**  
 Beinn Ghuilean, 68, **109**  
 Beinn Giuthais, **241**  
 Beinn Glas-choire, **250**  
 Beinn Heasgarnich, **42**  
 Beinn Hough (Tiree), 46, **178**  
 Beinn Iadain, 49, **79**  
 Beinn Iaruinn, 34, **23, 81**  
 Beinn Ime, 56, **24, 108, 109–111**  
 Beinn Iutharn Bheag, 43, **98, 256**  
 Beinn Iutharn Mhòr, 43, **98, 256**  
 Beinn Lagan, 56, **110**  
 Beinn Lair, 19, **59**  
 Beinn Laoigh, **251**  
 Beinn Leabhain, **195**  
 Beinn Leamhain, 40, **78**  
 Beinn Leòid, 15, **52**  
 Beinn Liath Bheag, 20, **60**  
 Beinn Liath Mhòr a' Ghiubhais Lì,  
     20, **60, 241**  
 Beinn Liath Mhòr Fannaich, 20, **60**  
 Beinn Liath Mhòr, 25, **62**  
 Beinn Loch a' Mhuilinn, 32, **178**  
 Beinn Lochain, 56, **110**  
 Beinn Loinne East Top, **242**  
 Beinn Loinne, 34, **71, 198, 200, 242**

- Beinn Lora, 49, **89**  
 Beinn Luibhean, 56, **108**  
 Beinn Lunndaigh, 17, **52**  
 Beinn Lurachan, 50, **103, 201**  
 Beinn Maol Chaluim, 41, **88**  
 Beinn Mhanach, 50, **104**  
 Beinn Mhartainn, 31, **174**  
 Beinn Mheadhanach (Lewis), 13, 14, **170**  
 Beinn Mheadhoin (Cairngorms), 36, **92**  
 Beinn Mheadhoin (Dunmaglass), 26, 35, **82**  
 Beinn Mheadhoin (Glenbrein), 34, **80**  
 Beinn Mheadhoin (Kingairloch), 49, **79**  
 Beinn Mheadhoin (Strathconon), 25, **66**  
 Beinn Mheadhonach (Atholl), 43, **91**  
 Beinn Mheadhonach (Bonawe), 50, **89**  
 Beinn Mheadhonach (Sgulaire), 50, **89**  
 Beinn Mhealaich, 17, **52**  
 Beinn Mhearsamail, 60, 61, **185**  
 Beinn Mhialairigh, 33, **71**  
 Beinn Mhic Cedidh, 40, **76**  
 Beinn Mhic Chasgaig, 41, **102**  
 Beinn Mhic Mhonaigh, 50, **103**  
 Beinn Mhic na Cèisich, **251**  
 Beinn Mholach (Drumochter), 42, **90**  
 Beinn Mholach (Lewis), 8, **171**  
 Beinn Mhòr (Càrlabhagh), **253**  
 Beinn Mhòr (Cowal), 56, **24, 109**  
 Beinn Mhòr (Islay), 60, **185**  
 Beinn Mhòr (Lewis), 13, 14, **22, 172, 213**  
 Beinn Mhòr (Lorn), 49, **106**  
 Beinn Mhòr (North Uist), 18, **173**  
 Beinn Mhòr (South Uist), 22, **22, 173, 224**  
 Beinn Mhòr (Speyside), 36, **83**  
 Beinn Molurgainn, 50, **89**  
 Beinn Mothal, 13, 14, **171**  
 Beinn na Boineid, 23, **176**  
 Beinn na Caillich (Broadford), 32, **177**  
 Beinn na Caillich (Knoydart), 33, **72**  
 Beinn na Caillich (Mamores), 41, **85**  
 Beinn na Caillich (Sleat), 33, **177**  
 Beinn na Cille, 49, **79**  
 Beinn na Cloiche, 41, **86**  
 Beinn na Creiche, 23, **176**  
 Beinn na Crò, 32, **177**  
 Beinn na Croise, 48, **180, 249**  
 Beinn na Drise, 47, 48, **179**  
 Beinn na Duatharach, 49, **179**  
 Beinn na Feusaige, 25, **62**  
 Beinn na Gainimh, 52, **115**  
 Beinn na Greine, 23, **176**  
 Beinn na Gucaig, 41, **85**  
 Beinn na h-Eaglaise (Arnisdale), 33, **71**  
 Beinn na h-Eaglaise (Torridon), 25, **62**  
 Beinn na h-Imeilte, 47, **78**  
 Beinn na h-Iolaire, 24, **178**  
 Beinn na h-Uamha (Ardgour), 40, **78**  
 Beinn na h-Uamha (Morvern), 49, **79**  
 Beinn na Lap, 41, **85, 208**  
 Beinn na Lice, 68, **109**  
 Beinn na Muice, 25, **66**  
 Beinn na Seamraig, 33, **177**  
 Beinn na Seilg, 47, **78**  
 Beinn na Sreine, 48, **179**  
 Beinn na Sròine, 50, **105**

- Beinn nam Bad Mòr, 11, **50**  
 Beinn nam Ban, 19, **58, 241**  
 Beinn nam Beathrach, 49, **79**  
 Beinn nam Bò, **250**  
 Beinn nam Fuaran, 50, **105**  
 Beinn nan Aighenan, 50, **102**  
 Beinn nan Cabag, 20, **60**  
 Beinn nan Cabar, 40, **75**  
 Beinn nan Caorach (Arnisdale), 33, **71**  
 Beinn nan Caorach (Coigach), 15, **54**  
 Beinn nan Càrn, 32, **177**  
 Beinn nan Cnaimhseag, 15, **52**  
 Beinn nan Coireag, **250**  
 Beinn nan Dubh-lochan, 32, **176**  
 Beinn nan Eachan, **257**  
 Beinn nan Eun (Easter Ross), 20, **57**  
 Beinn nan Eun (Glen Artney), 57, **116, 202**  
 Beinn nan Gabhar, **249**  
 Beinn nan Imirean, 51, **105**  
 Beinn nan Losgann, 47, **78**  
 Beinn nan Lus, 50, **102**  
 Beinn nan Oighreag, 51, **105**  
 Beinn nan Ramh, 19, **60**  
 Beinn nan Sparra, 25, **69**  
 Beinn Narnain, 56, **108**  
 Beinn Òb, **249**  
 Beinn Odhar Bheag, 40, **76, 219**  
 Beinn Odhar Mhòr, 40, **76**  
 Beinn Odhar, 50, **105**  
 Beinn Pharlagain, **198**  
 Beinn Ra, 18, **169, 223**  
 Beinn Raimh, 24, **67**  
 Beinn Ràtha, **250**  
 Beinn Reidh, 15, **53**  
 Beinn Reithe, 56, **110, 244**  
 Beinn Resipol, 40, **78**  
 Beinn Rosail, 10, **51**  
 Beinn Ruadh (Cowal), 56, **110**  
 Beinn Ruadh (Sutherland), 10, **51**  
 Beinn Ruigh Choinnich, 31, **173**  
 Beinn Sciathan, 31, **22, 173, 224**  
 Beinn Sgaillinish, 61, **186**  
 Beinn Sgeireach, 16, **53**  
 Beinn Sgluich, 49, **88**  
 Beinn Sgorabhag, 14, **169, 215, 224**  
 Beinn Sgreamhaidh, 16, **53**  
 Beinn Sgritheall, 33, **71**  
 Beinn Sgulaird, 50, **23, 89**  
 Beinn Sheasgarnaich, 51, **23, 42, 104**  
 Beinn Shiantaidh, 61, **185**  
 Beinn Smedrail, 17, **52**  
 Beinn Spionnaidh, 9, **49**  
 Beinn Stacach, **199**  
 Beinn Stac, 31, **173**  
 Beinn Staic, 32, **176**  
 Beinn Stumanadh, 10, **50**  
 Beinn Suidhe, 50, **103**  
 Beinn Tairbeirt, 22, **173**  
 Beinn Talaidh, 49, **23, 179**  
 Beinn Tangabhal, 31, **174**  
 Beinn Tarsuinn (Fisherfield), 19, **59**  
 Beinn Tarsuinn (Glen Iorsa), 62, 69, **186**  
 Beinn Tarsuinn (Glen Rosa), 62, 69, **186**  
 Beinn Tart a' Mhill, 60, **185**  
 Beinn Teallach, 34, 41, **81**  
 Beinn Tharsuinn (Dornoch Firth), 21, **57, 205, 219**  
 Beinn Tharsuinn (Loch Goil), 56, **110**  
 Beinn Tharsuinn (Loch Vaich), 20, **57**  
 Beinn Tharsuinn (West Monar), 25, **66**  
 Beinn Tharsuinn Chaol, 19, **59, 192**

- Beinn Trilleachan, 50, **89**  
 Beinn Tulaichean, 56, **112**  
 Beinn Uamha, 56, **113**  
 Beinn Udlaidh, 50, **105**  
 Beinn Udlamain, 42, **24, 90**  
 Beinn Uidhe, 15, **52**  
 Beinn Uird, 56, **113**  
 Beinn Ulbhaidh, 20, **56**  
 Beinn-Mhòr (Ranais), **249**  
 Beinn-y-Phott, 95, **187**  
 Belig, 32, **177**  
 Bell, The, *see* **The Bell**  
 Belling Hill, 80, **130**  
 Bellybought Hill, 78, **126**  
 Bembridge Down, 196, **187, 215, 237**  
 Ben Aden, 33, 40, **73**  
 Ben Aigan, 28, **94**  
 Ben Alder, 42, **19, 23, 85, 86, 87**  
 Ben Alisky, **250**  
 Ben Armine, 16, **51, 211**  
 Ben Arnaboll, 9, **48**  
 Ben Arthur, **208**  
 Ben Aslak, 33, **177**  
 Ben Auskaird, **250**  
 Ben Avon, 36, **92, 211**  
 Ben Blandy, **250**  
 Ben Bowie, 56, **111**  
 Ben Buie, 49, **23, 180**  
 Ben Chonzie, 51, 52, **24, 114**  
 Ben Clach, 57, **116, 202**  
 Ben Cleuch, 58, **24, 117, 228**  
 Ben Corkeval, 23, **176**  
 Ben Cruachan, 50, **24, 103, 214, 228,**  
     **244, 257, 274**  
 Ben Dearg, 23, **175**  
 Ben Donich, 56, **110**  
 Ben Dorrery, 11, 12, **50**  
 Ben Dreavie, 15, **53**  
 Ben Earb, **243**  
 Ben Garrisdale, 55, 61, **186**  
 Ben Geary, 23, **176**  
 Ben Glas, 50, 56, **112, 211**  
 Ben Griam Beg, 10, **51**  
 Ben Griam Mòr, 17, **51**  
 Ben Gulabin, 43, **98**  
 Ben Halton, **244**  
 Ben Hee, 16, **49**  
 Ben Heilam, 9, **48**  
 Ben Hiant, 47, **78**  
 Ben Hiel, 10, **50**  
 Ben Hogh (Coll), 46, **178, 225**  
 Ben Hope, 9, **28, 49**  
 Ben Horn, 17, **52**  
 Ben Horneval, 23, **176**  
 Ben Hutig, 10, **49**  
 Ben Hynish, **199**  
 Ben Inverveigh, 50, **103**  
 Ben Killilan West Top, **250**  
 Ben Killilan, **250**  
 Ben Klibreck, 16, **28, 48–50, 51, 211**  
 Ben Laga, 40, **78**  
 Ben Laimishader, 8, 13, **171, 210**  
 Ben Lawers, 51, **23, 102–104, 105,**  
     **107, 213, 214, 228**  
 Ben Ledi, 57, **24, 113**  
 Ben Lee, 24, 32, **176**  
 Ben Lomond, 56, **24, 113**  
 Ben Loyal, 10, **49, 211**  
 Ben Lui, 50, **23, 106, 107, 108**  
 Ben Macdui, 36, 43, **24, 90, 91, 92, 93,**  
     **99, 205, 213, 214, 228**  
 Ben Meabost, 32, **177**  
 Ben More (Crianlarich), 51, **24, 43,**  
     **112, 113, 114, 116, 214, 228**  
 Ben More (Mull), 47, 48, **23, 43, 179,**  
     **180, 214, 225**



- Ben More Assynt, 15, **28**, 51, **52**, 53  
 Ben More Coigach, 15, **27**, **54**  
 Ben Nevis, 41, 17, 19, **23**, 42, 68, 81,  
**84**, 85, 86, 88, 92, 105, 112, 147,  
**213**, 214, 223, 228, 261  
 Ben Newe, 37, **94**  
 Ben Oss, 50, **107**  
 Ben Reoch, 56, **111**  
 Ben Rinnes, 28, **24**, **93**, 205  
 Ben Screavie, 15, **48**  
 Ben Shieldaig, 24, **61**  
 Ben Skriaig, 23, **176**  
 Ben Stack, 9, **53**  
 Ben Starav, 50, **102**  
 Ben Tee, 34, **74**  
 Ben Tianavaig, 23, 24, **176**  
 Ben Tirran, 44, **100**, 243  
 Ben Vane, 56, **108**  
 Ben Venue, 57, **114**  
 Ben Vorlich (Loch Earn), 57, **24**, **116**,  
 117  
 Ben Vorlich (Loch Lomond), 50, 56,  
**108**  
 Ben Vrackie, 43, **97**  
 Ben Vuirich, 43, **97**  
 Ben Wyvis, 20, **28**, **57**, 211, 255, 257  
 Benachally, 52, 53, **97**  
 Ben-a-chielt, 11, **50**, 220  
 Benaquhallie, 37, **96**, 243  
 Benarty Hill, 58, **117**  
 Benbeoch, 70, 77, **120**  
 Benbrack, 245  
 Beneraird, 76, **26**, **118**, 245  
 Bengairn, 84, **121**, 265  
 Bengray, 83, **119**, 205  
 Bennachie, 38, **24**, **95**, 211  
 Bennan (Clatteringshaws), 77, **119**  
 Bennan (Dumfries), 84, **121**  
 Bennan Hill, 245  
 Bennigüinea, 77, **119**  
 Benson Knott, 97, **136**  
 Benvane, 57, **113**  
 Beorgs of Skelberry, 253  
 Berrow Hill, 150, **160**  
 Berry, The, *see* **The Berry**  
 Bheinn Shuardail, 32, **177**  
 Bidean nam Bian, 41, **23**, **88**, 89, 256  
 Bidein a' Chabair, 33, 40, **73**  
 Bidein a' Choire Sheasgaich, 25, **67**  
 Bidein a' Ghlas Thuill, 211  
 Bidein Bad na h-Iolaire, 41, **85**  
 Bidein Clann Raonaid, 25, **62**  
 Bidein Druim nan Ramh, 32, **176**, 234  
 Bidein na h-Iolaire, 55, **185**, 193, 215,  
 221, 226  
 Big Garvoun, 251  
 Big Hill of Glenmount, 77, **119**, 245  
 Big Hill, 246  
 Big Morton Hill, 77, **121**  
 Biggar Common, 208  
 Billinge Hill (Blackburn), 102, 103,  
**141**  
 Billinge Hill (Wigan), 108, **141**, 229,  
 236  
 Bin Down, 201, **166**  
 Bin of Cullen, 28, 29, **95**  
 Bin, The, *see* **The Bin**  
 Bingwell Hill, 192, **167**  
 Binnean nan Gobhar, 56, **113**  
 Binnein an Fhìdhleir (east), 198  
 Binnein an Fhìdhleir (west), 244, 253  
 Binnein an Fhìdhleir West Top, 244  
 Binnein Beag, 41, **85**  
 Binnein Mòr (Mamores), 41, 19, **23**,  
**85**, 243, 254  
 Binnein Mòr (Monadhliath), 35, **83**

- Binnein Shios, 34, 42, **87**  
 Binnein Shuas, 34, 42, **87**  
 Binsey, 89, 90, **135**  
 Biod an Athair, 23, **176**  
 Biod an Fhithich, 33, **71**  
 Biod Mòr, 32, **176**  
 Bioda Buidhe, 23, **175**  
 Bioda Mòr, 18, **169, 223, 234**  
 Birdlip Hill, 163, **142, 236, 247**  
 Birgidale Hill, **253**  
 Birks Fell, 98, **139, 194**  
 Birley Hill, 148, 149, **161**  
 Birnam Hill, 52, 53, **115, 211**  
 Bishop Forest Hill, 84, **121**  
 Bishop Hill, 58, **117**  
 Bishop Wilton Wold, 106, **139, 229, 235**  
 Bizzyberry Hill, 72, **124**  
 Blàbheinn, 32, **23, 177, 258**  
 Black Brows, 96, 97, **134**  
 Black Cairn Hill, **208**  
 Black Combe, 96, **134**  
 Black Craig of Dee, **208**  
 Black Craig, 63, **110**  
 Black Down, 186, 197, **19, 26, 144, 229**  
 Black Edge, 119, **141, 221**  
 Black Fell, 90, **134**  
 Black Hambleton, 100, **139, 246**  
 Black Hameldon, **209**  
 Black Hill (Fife), 59, **117**  
 Black Hill (Lanarkshire), **245**  
 Black Hill (Peak), 110, **140, 229, 246**  
 Black Hill (Pentlands), 65, 66, **124**  
 Black Hill (Shropshire), 137, 148, **158, 248**  
 Black Hill (Tweeddale), 73, 74, **125**  
 Black Knowe, 79, **128**  
 Black Law (Aberchirder), 29, **95**  
 Black Law (Manor Hills), 73, **126, 246**  
 Black Law (Peebles), **208**  
 Black Law (Teviotdale), 80, **130**  
 Black Meldon, 73, **124**  
 Black Mountain, 161, **165, 202, 203, 230, 231**  
 Black Mount, 72, **124, 205**  
 Blackberry Hill, **247**  
 Blackbreast, 84, **121**  
 Blackcraig Hill (New Cumnock), 71, 77, **120, 228**  
 Blackcraig Hill (New Galloway), **245**  
 Blackhope Scar, 73, **26, 123, 125, 228, 245**  
 Blacklorg Hill, 77, **120**  
 Blackside, 71, **123**  
 Blackstone Edge, 109, **140, 193, 194, 229**  
 Blackwood Hill, 79, **130, 199**  
 Baeloch Hill, 63, **122**  
 Blairdenon Hill, **251**  
 Blake Fell, 89, **132**  
 Blakehope Head, **246**  
 Blath Bhalg, 43, **97**  
 Blaze Fell, 86, **135, 204, 246**  
 Blea Moor, 98, **138**  
 Bleabhal, 18, **172**  
 Bleadon Hill, 182, **143**  
 Bleaklow Head, 110, **140, 201**  
 Blencathra, 90, **135, 209, 212**  
 Bloodstone Hill, 32, 39, **178**  
 Bloodybush Edge, 80, **131**  
 Bloreng, 161, **163, 248**  
 Blotchnie Field, 5, 6, **22, 183, 225**  
 Bochel, The, *see* **The Bochel**  
 Bodach Beag, 20, **56**  
 Bodesbeck Law, 79, **128**

- Bogha-cloiche, 42, **91**  
 Bogrie Hill, 78, **121**  
 Bolehill, 119, **141**  
 Bonchester Hill, 246  
 Boon Hill, 73, 74, **125**  
 Bord Mòr, 68, 69, **109**  
 Borrobol Hill, 17, **52**  
 Bosley Cloud, 209  
 Botley Hill, 187, **145, 201, 202**  
 Boulsworth Hill, 103, **26, 140, 212, 232**  
 Bow Fell, 89, 90, **3, 133**  
 Brack, The, *see* **The Brack**  
 Bradda Hill, 95, **187**  
 Bradnor Hill, 148, **160**  
 Braeriach, 36, 43, **24, 93, 213**  
 Braid Cairn, 44, **100**  
 Braid Hill, **251**  
 Bràigh Coire Chruinn-bhagain, 43, **97**  
 Bràigh Coire na Conlaich, 43, **91**  
 Bràigh na h-Eaglaise, 17, **50**  
 Bràigh na Leitire, **242**  
 Bràigh nan Uamhachan, 40, **76**  
 Brailes Hill, **247**  
 Brandy Hill, 158, **157, 219, 236**  
 Branstree, 90, **136**  
 Braon a' Mheallain, 23, **176**  
 Brat Bheinn, 60, 61, **185**  
 Breabag, 15, **52**  
 Breac-Bheinn, 20, **56, 200**  
 Brecon Camp, 209  
 Bredon Hill, 150, **26, 142**  
 Breidden Hill, 126, **159**  
 Brent Knoll, 182, **143**  
 Brent Tor, 191, 201, **167**  
 Brighstone Down, 196, **187**  
 Brightling Obelisk, **252**  
 Brimmond Hill, 38, **96, 228**  
 Bringewood, 137, 138, 148, **159**  
 Broad Cairn, **255**  
 Broad Heath, 138, 149, **161, 236**  
 Broad Law, 72, **26, 122, 123, 125, 126, 131, 228**  
 Bromley Muir, 63, **111**  
 Broomy Law, 72, **124, 205**  
 Brotherstone Hill, **245**  
 Broughton Heights, 72, 27, **124, 205**  
 Brow Moor, 94, **139, 235**  
 Brown Carrick Hill, 70, **119**  
 Brown Clee Hill, 137, 138, **25, 160, 212, 230**  
 Brown Cow Hill, 36, **96**  
 Brown How, **212**  
 Brown Muir, 28, **83**  
 Brown Willy, 201, **26, 166, 230**  
 Bruach na Frithe, 32, **176, 255**  
 Bruce's Camp, **251**  
 Bruthach nan Creagan, 42, **91, 198**  
 Bryn Alyn, 117, **148, 199**  
 Bryn Amlwg, 136, **154**  
 Bryn Arw, 161, **165, 202**  
 Bryn Brawd, **247, 248**  
 Bryn Brith, 124, **151, 192, 219**  
 Bryn Du, 125, **152, 209**  
 Bryn Euryn, 116, **148**  
 Bryn Ffynnon, 146, **156**  
 Bryn Hill, 137, **158**  
 Bryn Mawr (Clun Forest), **252**  
 Bryn Mawr (Llanidloes), 136, **159**  
 Bryn Pydew, 116, **148, 192**  
 Bryn y Fan, 136, **155**  
 Bryn yr Orsedd, 116, **148, 206, 236**  
 Bryngwyn, **247**  
 Bryn-hir, 135, **154**  
 Bryn-y-Brain, 135, 136, **154**

- Bryn-y-tail, 136, **155**  
 Buachaille Etive Beag, 41, **88, 211**  
 Buachaille Etive Mòr, 41, **88, 211, 256**  
 Buck Stone, 162, **161**  
 Buck, The, *see* **The Buck**  
 Buckden Pike, 98, **138**  
 Buidhe Bheinn, 33, **70, 219**  
 Bulabhall, 14, 18, **172**  
 Bulbarrow Hill, 194, **168**  
 Bull Hill, 109, **141**  
 Bulverton Hill, 192, **167**  
 Burach, 34, **71**  
 Burebhal, 22, **173**  
 Burfa Bank, 137, 148, **160, 192**  
 Burgiehill, 27, **83**  
 Burney, **209**  
 Burnhope Seat, 91, **137, 201**  
 Burnswark Hill, 85, **128**  
 Burrow, 137, **158**  
 Burton Hill, 148, 149, **160**  
 Butser Hill, 197, **144**  
 Button Hills, **210**  
 Bwlch Mawr, 115, 123, **146**  
 Bwrdd Arthur, 114, 115, **187**  
 Bynack More, 36, **92**  
 Byrehope Mount, 65, 72, **124, 245**
- C**
- Cac Càrn Beag, **211**  
 Cacara Hill, 79, **128, 206**  
 Cadair Berwyn, 125, **25, 152, 247**  
 Cadair Fawr, 160, **163**  
 Cadair Idris, 124, **25, 151, 212**  
 Cadbury Castle, **195**  
 Cademuir Hill, 73, **126**  
 Cadhachan Riabhach, **241**  
 Caeliber Isaf, 137, **158**  
 Caer Caradoc Hill, 137, 138, **159**
- Caerphilly Common, 171, **163, 206**  
 Cairn Bannoch, **255**  
 Cairn Edward Hill, 77, **119, 245**  
 Cairn Fell, **219**  
 Cairn Gibbs, **243**  
 Cairn Gorm, 36, 10, **92, 213**  
 Cairn Hill, 71, 78, **126**  
 Cairn Kinney, 71, **123**  
 Cairn Muldonich, **251**  
 Cairn of Barns, **243**  
 Cairn of Claise, 43, **99, 255**  
 Cairn Pat, 82, **118**  
 Cairn Table, 71, **123, 205**  
 Cairn Toul, 36, 43, **93, 213, 254**  
 Cairn William, 38, **96**  
 Cairngryffe Hill, 71, 72, **122**  
 Cairnharrow, 83, **120**  
 Cairnie Hill, 59, **117**  
 Cairnkinna Hill, 78, **120**  
 Cairn-mon-earn, 38, 45, **101**  
 Cairnoch Hill, 57, **114**  
 Cairnpapple Hill, 65, **124**  
 Cairnsgarroch, 77, **119**  
 Cairnsmore of Carsphairn, 77, **26, 120, 121**  
 Cairnsmore of Dee, 77, **119, 208**  
 Cairnsmore of Fleet, 83, **26, 119**  
 Cairnwell, The, *see* **The Cairnwell**  
 Caisteal Abhail, 62, 69, **186**  
 Caisteal Liath, **211**  
 Caiteseal, 13, 14, **172, 233**  
 Caitiosbhal, 14, **172, 206**  
 Calf of Man, 95, **187, 226**  
 Calf Top, 98, **139**  
 Calf, The, *see* **The Calf**  
 Calkin Rig, 79, **128**  
 Callow Hill, 137, 138, **159, 201**  
 Cam Chreag (Glen Lyon), 51, **104**

- Cam Chreag (Mamlorn), 50, **105**, **231**
- Cam Rakes, 98, **139**, **209**
- Cam Sgrìob, **243**
- Camlo Hill, 136, 147, **158**, **248**
- Camp Wood Hill, **252**
- Campbells Hill, **245**
- Canisp, 15, **28**, **53**
- Cant Hills, **252**
- Caol Bheinn, 49, **79**
- Capel Fell, 79, **128**
- Carleatheran, 57, **114**
- Carlin's Cairn, **245**
- Carlock Hill, 76, **118**
- Carlton Moor (North York Moors),  
93, **139**
- Carlton Moor (Wensleydale), **199**
- Carmichael Hill, 71, 72, **122**
- Carmont Hill, 45, **100**
- Càrn a' Bhacain, 37, **96**
- Càrn a' Bhiorain, 19, 20, **58**
- Càrn a' Bhodaich, 26, **69**
- Càrn a' Bhreabadair, 19, **58**
- Càrn a' Chaochain, 34, **69**
- Càrn a' Chlamain, 43, **91**
- Càrn a' Chnuic, 36, **92**
- Càrn a' Choin Deirg, 20, **56**
- Càrn a' Choire Bhoidheach, **254**
- Càrn a' Choire Ghairbh, 34, **69**
- Càrn a' Choire Lèith, 34, **69**
- Càrn a' Chuilinn, 34, **xxii**, **81**, **203**,  
**205**
- Càrn a' Ghaill, 39, **22**, **178**, **224**
- Càrn a' Gheòidh, 43, **98**
- Càrn a' Ghille Chearr, 36, **92**
- Càrn a' Ghlinne, 19, **60**
- Carn a' Ghobhair, **198**
- Càrn a' Mhaim, 36, 43, **92**
- Càrn an Fhìdhleir, 43, **91**, **208**, **231**,  
**233**
- Càrn an Fhìdleir Lorgaidh, 43, **91**
- Càrn an Fhreicheadain, 35, **82**
- Càrn an Rìgh, 43, **98**
- Càrn an Tionail, 16, **48**
- Càrn an t-Sagairt Mòr, **255**
- Càrn an Tuirc, **255**
- Càrn Aosda, 43, **98**
- Càrn Bad a' Chreamha, 25, 33, **69**
- Càrn Bad nan Luibhean, 35, 36, **83**,  
**192**, **193**
- Càrn Bàn (Freevater), 20, **56**, **241**
- Càrn Bàn (Glen Strathfarrar), 26, **66**
- Càrn Bàn (Loch Laggan), **198**
- Càrn Bàn (Mull), 49, **180**
- Càrn Beag, 21, **57**, **192**
- Càrn Bhac, 43, **98**
- Càrn Bheadhair, 36, **92**
- Càrn Biorach, 27, **83**
- Càrn Breac, 25, **62**
- Càrn Breugach, 49, **184**, **225**
- Càrn Choire Riabhaich, 35, **82**
- Càrn Chòis, 51, 52, **114**
- Càrn Chuinneag, 20, **57**
- Càrn Creagach, 43, **98**
- Càrn Daimh, 36, **94**
- Càrn Dearg (Aberchaldar), 34, **81**
- Càrn Dearg (Foyers), 34, **80**, **192**, **200**
- Càrn Dearg (Loch Ossian), 42, **86**
- Càrn Dearg (Loch Pattack), 42, **86**
- Càrn Dearg (Lorn), 55, **106**
- Càrn Dearg (Newtonmore), 35, **xxii**,  
**23**, **80**, **81**, **82**, **83**, **205**, **254**
- Càrn Dearg (north of Braeroy), 34, **81**
- Càrn Dearg (south of Braeroy), 34,  
**41**, **81**
- Càrn Dearg Mòr, 35, 43, **91**

- Càrn Dubh, **250**  
 Càrn Duchara, **55, 106**  
 Carn Ealar, **208**  
 Càrn Ealasaid, **36, 94**  
 Càrn Easgann Bàna, **34, 80**  
 Càrn Eige, **25, 27, 60, 63, 67, 68, 69, 72, 73, 76, 78, 213, 214**  
 Càrn Eilrig, **36, 93**  
 Carn Fadryn, **123, 146**  
 Càrn Faire nan Con, **26, 60**  
 Càrn Feur-lochain, **20, 57**  
 Càrn Fiaclach, **25, 69**  
 Carn Gafallt, **147, 156, 196**  
 Càrn Garbh, **17, 52**  
 Càrn Ghaltair, **31, 174, 224**  
 Càrn Ghluasaid, **254**  
 Càrn Glas-choire, **35, 36, 23, 83**  
 Càrn Gorm (Cannich), **26, 67, 242**  
 Càrn Gorm (Glen Lyon), **42, 51, 104**  
 Càrn Gorm-loch, **20, 56**  
 Càrn Gruama Mòr, **250**  
 Càrn Leac, **34, 80**  
 Càrn Liath (Beinn a' Ghlo), **43, 97**  
 Càrn Liath (Braemar), **36, 43, 93, 219**  
 Càrn Liath (Loch Laggan), **254**  
 Carn Llidi, **157, 157**  
 Càrn Loch an Eich Dhuibh, **198**  
 Càrn Loch na Gobhlaig, **25, 68**  
 Càrn Loch nan Amhaichean, **20, 57**  
 Càrn Loch nan Eun, **33, 25, 69**  
 Càrn Mairg, **42, 51, 103**  
 Càrn Meadhonach, **36, 92**  
 Càrn Meilich, **36, 94**  
 Càrn Mhic an Toisich, **34, 69, 242**  
 Càrn Mòr (Ardnamurchan), **40, 78**  
 Càrn Mòr (Glen Dessarry), **33, 40, 73**  
 Càrn Mòr (Glen Moriston), **34, 69**  
 Càrn Mòr (Ladder Hills), **37, 24, 94, 95**  
 Càrn Mòr (Mull), **47, 48, 179**  
 Càrn Mòr (Strathcarron), **25, 66**  
 Càrn Mòr (Wyvis), **20, 57**  
 Càrn Mòr Dearg, **41, 84, 213, 263**  
 Càrn na Beiste, **20, 60**  
 Càrn na Breabaig, **25, 67**  
 Càrn na Bruar, **37, 94**  
 Càrn na Cailliche, **28, 83**  
 Càrn na Caim, **42, 91**  
 Càrn na Ceàrdaich, **42, 86**  
 Càrn na Còinnich, **26, 66, 219, 242**  
 Càrn na Cre (Glen Orrin), **25, 66**  
 Càrn na Cre (Lochluichart), **26, 65**  
 Càrn na Drochaide, **36, 43, 92**  
 Càrn na Dubh Choille, **20, 60**  
 Càrn na Farraidh, **36, 92**  
 Càrn na Feola, **19, 63**  
 Càrn na Gearraig, **26, 70**  
 Càrn na h-Easgainn, **27, 82**  
 Càrn na Laraiche Maoile, **35, 82**  
 Càrn na Lòine (north of Strathspey), **27, 83**  
 Càrn na Loinne (south of Strathspey), **36, 92, 203**  
 Càrn na Nathrach, **40, 78**  
 Càrn na Saobhaidhe, **35, 82**  
 Càrn na Sean-luibe, **25, 67, 220**  
 Càrn nam Bad, **26, 69**  
 Càrn nam Buailtean, **19, 58**  
 Càrn nam Fèithean, **19, 58**  
 Càrn nam Feuaich, **34, 69**  
 Càrn nan Earb, **242**  
 Càrn nan Gabhar, **211**  
 Càrn nan Gobhar (Glen Cannich), **25, 67, 242, 257**

- Càrn nan Gobhar (Glen Strathfarrar), 25, **66**  
 Càrn nan Iomairean, 25, **66**  
 Càrn nan Sgliat, 43, **99**  
 Càrn nan Tri-tighearnan, 27, **23, 83**  
 Càrn Ruigh na Creadha, **251**  
 Càrn Salachaidh, 20, **57, 241**  
 Càrn Sgùlain, **254**  
 Càrn Sgumain, 27, **83**  
 Càrnàn Bàn, **241**  
 Carnan Cruithneachd, 25, 33, **68**  
 Carnan Eòin, 61, **22, 185, 226**  
 Carnan Mòr, 46, **22, 178, 199, 224**  
 Càrnàn, 31, **174, 224**  
 Carnedd Dafydd, 115, **147**  
 Carnedd Llewelyn, 115, **18, 25, 147, 229**  
 Carnedd Wen, 125, **25, 153**  
 Carnedd y Filiast, 124, 125, **24, 147, 149**  
 Carneddau, 147, **161**  
 Carneddol, 123, **146**  
 Carnethy Hill, 66, **124**  
 Carnferg, 37, 44, **100**  
 Carnllundain, 157, **187, 226**  
 Carnmenellis, 203, **166**  
 Carran Hill, **243**  
 Carreg Dafydd, 157, **157**  
 Carsinker Law, **252**  
 Carter Fell, 80, **130, 231, 246**  
 Cartridge Hill, 109, **141**  
 Castell Dinas Bran, **247**  
 Castle Hill (Abington), 71, 72, **127**  
 Castle Hill (Rhayader), 136, 147, **158**  
 Castle Ring, 128, **142**  
 Castramon Hill, 78, **121**  
 Cat Law, 44, **100**  
 Cathkin Braes, **252**  
 Caton Moor, 97, **138**  
 Caudale Moor, **209**  
 Cauldcleuch Head, 79, **27, 129, 232, 246**  
 Caw, 96, **10, 134**  
 Ceann na Baintighearna, **199**  
 Ceann Reamhar na Sròine, 14, **172**  
 Ceann Reamhar, 14, **172**  
 Ceapabhal, 18, **172**  
 Cearnabhal, 13, 14, **171**  
 Ceartabhal, 13, **171**  
 Cefn Blewog, 135, 147, **155, 221**  
 Cefn Bryn, 159, **162**  
 Cefn Cenarth, 136, 147, **159, 196**  
 Cefn Coch, 135, 136, **154, 209**  
 Cefn Crin, 136, **153**  
 Cefn Croes, 135, 136, 147, **155**  
 Cefn Cul, 160, **162, 193, 209**  
 Cefn Eglwysilan, 171, **163, 221, 248**  
 Cefn yr Ogof, **247**  
 Cefn yr Ystrad, 160, **163**  
 Ceiswyn, 124, **151**  
 Chanctonbury Hill, **209**  
 Chanctonbury Ring, 198, **145, 201, 202, 209**  
 Chapelfell Top, 91, 92, **137**  
 Chapelgill Hill, 72, **127**  
 Chase Wood Hill, 162, **161**  
 Cheriton Hill, 179, 189, **145, 196, 227, 236**  
 Chevin, The, *see* **The Chevin**  
 Cheviot, The, *see* **The Cheviot**  
 Chinley Churn, 110, **140**  
 Chno Dearg, 41, **23, 85, 254**  
 Christ Cross, 192, **167, 206**  
 Cilfaesty Hill, 136, **158, 248**  
 Cìpeagal Bheag, 13, 14, **172**  
 Cir Mhòr, 62, 69, **186**

- Ciste Buidhe a' Chlaidheimh, **199**  
 Ciste Dhubh, **33, 70**  
 Clach an Roin, **200**  
 Clach Bheinn (Ardgoil), **56, 110**  
 Clach Bheinn (Cowal), **56, 109**  
 Clach Glas, **258**  
 Clach-Mheall Dubh, **35, 91**  
 Claife Heights, **96, 97, 134**  
 Clashenteple Hill, **37, 94**  
 Clatto Hill, **251**  
 Clauchland Hills, **69, 186**  
 Clawbelly Hill, **84, 121**  
 Cleat, **23, 175**  
 Cleeve Hill, **163, 26, 142, 143, 206, 229**  
 Cleit Ard, **13, 14, 170**  
 Cleit Faoph, **13, 14, 171, 193**  
 Cleit Niosaboist, **18, 172**  
 Cliff Hill (Poolewe), **19, 64, 208**  
 Cliffe Hill (Lewes), **198, 145**  
 Clipper Down, **165, 143, 236**  
 Clog Knowe, **73, 124, 208**  
 Cloud, The, *see* **The Cloud**  
 Clough Head, **90, 135**  
 Clunbury Hill, **137, 148, 158**  
 Clune Hill, **54, 100**  
 Cnap Chaochan Aitinn, **36, 92**  
 Cnap Cruinn, **41, 84**  
 Cnicht, **115, 10, 150**  
 Cnoc a' Bhaid-rallaich, **19, 58**  
 Cnoc a' Bhaile-shios, **62, 109**  
 Cnoc a' Bhreacaich, **21, 57**  
 Cnoc a' Choilich, **16, 48**  
 Cnoc a' Choire Bhuidhe, **21, 51**  
 Cnoc a' Choire, **16, 53**  
 Cnoc a' Chomh-stri, **55, 106, 208**  
 Cnoc a' Ghiubhais, **9, 49**  
 Cnoc an da Chinn, **47, 48, 179**  
 Cnoc an Daimh (Glen Shee), **43, 98**  
 Cnoc an Daimh (Rhiconich), **241**  
 Cnoc an Daimh Mòr, **10, 50**  
 Cnoc an Dubharlainn, **15, 53**  
 Cnoc an Eireannaich, **17, 50**  
 Cnoc an Fhreiceadain, **10, 50, 207**  
 Cnoc an Fhuarain Bhàin, **250**  
 Cnoc an Ime, **61, 185, 200, 202**  
 Cnoc an Leathaid Bhig, **15, 53**  
 Cnoc an Liath-bhaid Mhòir, **16, 51**  
 Cnoc an Tiumpain, **243**  
 Cnoc an t-Sabhail (Strath Rory), **21, 57, 220, 241**  
 Cnoc an t-Sabhail (Tain), **21, 57**  
 Cnoc an t-Samhlaidh, **62, 69, 109**  
 Cnoc an Tubait, **241**  
 Cnoc Bad a' Choille, **20, 55**  
 Cnoc Bad an Leathaid, **16, 51**  
 Cnoc Breac (Elphin), **15, 55**  
 Cnoc Breac (Poolewe), **242**  
 Cnoc Ceislein, **21, 57**  
 Cnoc Chaornaidh, **15, 52**  
 Cnoc Coinnich, **56, 110**  
 Cnoc Coir' a' Phuill, **219**  
 Cnoc Corr Guinie, **21, 57**  
 Cnoc Craggie, **10, 50**  
 Cnoc Damh, **20, 56**  
 Cnoc Dubh Mòr, **21, 51**  
 Cnoc Dubh, **250**  
 Cnoc Fergan, **36, 92, 205**  
 Cnoc Fraing, **35, 82**  
 Cnoc Glas (Knapdale), **244**  
 Cnoc Glas (Soay), **18, 169, 223, 227, 233, 234**  
 Cnoc Loch Bad an Sgalaig, **242**  
 Cnoc Loch Call an Uidhean, **241**  
 Cnoc Lochy, **36, 94**  
 Cnoc Mhichie, **9, 53**



- Cnoc Mòr (Bettyhill), **250**  
 Cnoc Mòr (Dingwall), **26, 57**  
 Cnoc Mòr Shòbhail, **253**  
 Cnoc Moy, **68, 109**  
 Cnoc Muigh-bhlaraidh, **21, 57**  
 Cnoc na Breun-choille, **17, 52**  
 Cnoc na Carraige, **62, 109**  
 Cnoc na Creige, **15, 52**  
 Cnoc na Feadaige, **250**  
 Cnoc na h-Airighe, **56, 111**  
 Cnoc na h-Iolaire, **20, 60**  
 Cnoc na Maoile, **17, 50**  
 Cnoc na Stròine, **15, 52, 198**  
 Cnoc na Sùil Chruthaiche, **241**  
 Cnoc na Tuppatt, **20, 57**  
 Cnoc nam Broighleag, **55, 107**  
 Cnoc nan Cuilean, **10, 50**  
 Cnoc nan Gabhar, **68, 69, 109**  
 Cnoc nan Làrach-cloiche, **244**  
 Cnoc Navie, **21, 57, 205**  
 Cnoc Odhar, **68, 109**  
 Cnoc Reamhar, **55, 108, 251**  
 Cnoc Thulagain, **35, 82, 192**  
 Cnoc Uamh nam Fear, **60, 185**  
 Cnocan Conachreag, **11, 17, 50**  
 Cobbler, The, *see* **The Cobbler**  
 Cockburn Law, **67, 74, 125**  
 Cocker Hill, **71, 78, 123, 245**  
 Cocklaw Hill, **67, 125**  
 Cocklee Fell, **209**  
 Coduinn, **13, 14, 170**  
 Coed Cwm, **209**  
 Coed Mawr, **136, 155, 219**  
 Coed y Gaer, **136, 158**  
 Coety Mountain, **161, 163, 209, 230**  
 Coilìochbhar Hill, **37, 96**  
 Còinneach Mhòr, **19, 63, 192, 255**  
 Coirc Bheinn, **48, 179**  
 Coire na Beinne, **250**  
 Cold Fell, **86, 137**  
 Colden, **95, 187**  
 Colebatch Hill, **248**  
 Colleywell Hill, **192, 167**  
 Colt Hill, **77, 120, 245**  
 Coltraiseal Beag, **13, 14, 171**  
 Coltraiseal Mòr, **13, 14, 171**  
 Colva Hill, **209**  
 Comins Pen-y-banc, **247**  
 Common Hill (Bute), **63, 184**  
 Common Hill (Lanarkshire), **71, 123**  
 Commonedge Hill, **58, 117**  
 Compass, The, *see* **The Compass**  
 Cona' Mheall, **20, 55**  
 Conachair, **18, 22, 169, 223**  
 Conachraig, **44, 99**  
 Conic Hill, **56, 113**  
 Conival, **15, 52, 241**  
 Conlawer Hill, **243**  
 Conostom, **13, 171**  
 Cook's Cairn, **37, 94**  
 Coombe Hill, **165, 143**  
 Copa Shon, **247**  
 Coppet Hill, **162, 165**  
 Coraddie, **63, 110, 195**  
 Corb Law, **58, 117**  
 Core Hill (Aberdeenshire), **29, 95**  
 Core Hill (Ochils), **58, 117**  
 Corkindale Law, **64, 123**  
 Corlabhadh, **249**  
 Corlan Fraith, **135, 151**  
 Corlick Hill, **63, 122**  
 Corndon Hill, **137, 159**  
 Corndon Tor, **248**  
 Corra Bheinn (Jura), **61, 185**  
 Corra-bheinn (Mull), **48, 179, 219**

- Corrieyairack Hill, 34, **80**, 201, 217, 243
- Corryhabbie Hill, 37, **94**
- Corse Hill, 64, **123**, 228
- Corserine, 77, 26, **119**, 245
- Corstorphine Hill, 66, **124**, 192, 221
- Corwharn, 44, **99**
- Cowden Hill, 59, **117**
- Coxall Knoll, 137, 148, **158**
- Coyles of Muick, The, *see* **The Coyles of Muick**
- Cracabhal, 13, **170**
- Cracoe Fell, 103, **139**, 199, 201, 202
- Crag Fell, 89, **132**
- Crag Hill, 89, 90, **133**, 209
- Craggan Hill, 56, **111**
- Craig a Barns, 52, 53, **97**
- Craig Airie Fell, 76, **118**
- Craig Bron-banog, 116, xxii, **148**, 222
- Craig Cwm Silyn, 115, **146**, 247
- Craig Dhu, 77, **119**
- Craig Emroch, 212
- Craig Hill (Glen Clova), 44, **100**, 208, 243
- Craig Hill (Tweeddale), 73, **126**
- Craig Leek, 36, 43, **93**
- Craig Leven, 57, **113**
- Craig Lochie, 52, 53, **115**
- Craig Mellon, 44, **99**
- Craig Murrail, 55, **107**
- Craig Obney, 52, 53, **115**
- Craig of Bunzeach, 37, **96**
- Craig of Knockgray, 77, **120**
- Craig of Monievreckie, 57, **114**
- Craig Rhiw-erch, 212
- Craig Tiribeg, 27, **83**, 243
- Craig y Castell, 124, **152**, 196
- Craig y Llyn, 170, **163**, 230, 248
- Craig y Penmaen, 247
- Craig y Saeson, 248
- Craig yr Allt, 171, **163**, 206
- Craigdews Hill, 77, **119**
- Craigendarroch, 37, 44, **96**
- Craigenreoch, 76, **119**
- Craigie Thieves, 44, **99**, 205
- Craig-las, 124, **151**, 209
- Craiglea Hill, 53, **99**
- Craiglee (Glen Trool), 77, **119**
- Craiglee (Loch Doon), 77, **119**
- Craiglich, 37, **96**, 243
- Craigmaid, 78, **127**, 193
- Craigmore Hill, 251
- Craignaw, 77, **118**
- Craignell, 77, **119**
- Craigowl Hill, 54, **24**, 101
- Craig-y-garn, 124, **146**
- Craig-y-llyn, 124, **151**
- Craig-y-Rhiw, 126, **152**
- Craillzie Hill, 72, **124**
- Cramalt Craig, 72, **126**
- Crannach Hill, 37, **96**
- Cranstackie, 9, **49**
- Crawley Hill, 247
- Crawston Hill, 78, **121**, 220
- Creach Bheinn (Glen Creran), 50, **89**
- Creach Bheinn (Kingairloch), 49, 27, 79
- Creach Bheinn (West Mull), 48, **179**
- Creachan Dubh, 55, **109**
- Creachan Mòr (Loch Long), 56, **110**
- Creachan Mòr (Mull), 48, **180**
- Creach-Beinn (South Mull), 49, 23, 180
- Creag a' Bhealaich, 208
- Creag a' Chail, 34, **80**, 192
- Creag a' Chanuill, 219

- Creag a' Chapuill, 55, **106**  
 Creag a' Chinn Duibh, 19,24, **63**  
 Creag a' Chlachain, 26, **83, 205**  
 Creag a' Chliabhain, 26, 35, **xxii, 82, 203, 205, 243**  
 Creag a' Choire Ghlais, **211**  
 Creag a' Chuir, 42, **86, 192**  
 Creag a' Ghobhair, 21, **51**  
 Creag a' Lain, 23, **175**  
 Creag a' Mhadaidh (Drumochter), 42, **90**  
 Creag a' Mhadaidh (Strathbraan), 52, **115**  
 Creag a' Mhàim, **254**  
 Creag an Alltan Fhearna, **250**  
 Creag an Amalaidh, 21, **51**  
 Creag an Dail Bheag, **219**  
 Creag an Fhithich, 36, **82, 203**  
 Creag an Lochain, **197**  
 Creag an Loch, **198, 244**  
 Creag an Sgliata, 51,52, **115, 208**  
 Creag an t-Sithein, 43, **97**  
 Creag an-t Saighdeir, 34, 41, **74, 208**  
 Creag Bhalg, 43, **92**  
 Creag Bhàn (Gigha), 62, **184, 215, 226**  
 Creag Bhàn (Morar), 40, **75**  
 Creag Bheag, 35, **82**  
 Creag Bhuidhe, **243**  
 Creag Choinnich, 43, **99**  
 Creag Dhubh (Glen Affric), 25, **69**  
 Creag Dhubh (Glen Cannich), **242, 257**  
 Creag Dhubh (Glen Etive), 50, **88**  
 Creag Dhubh (Glen Feshie), **243**  
 Creag Dhubh (Glen Roy), 34, 41, **81**  
 Creag Dhubh (Inveraray), 50, 56, **107**  
 Creag Dhubh (Kingussie), 35, **82**  
 Creag Dhubh (Newtonmore), 35, **23, 83**  
 Creag Dhubh Bheag, 16, **49, 219**  
 Creag Dhubh Mhòr (Strathcarron), 25, **66**  
 Creag Dhubh Mhòr (Strathconon Forest), **250**  
 Creag Dhubh Mhòr (Sutherland), 16, **49**  
 Creag Each, 51, **115**  
 Creag Ealraich, 27, 36, **83**  
 Creag Gharbh, 51, **115, 193**  
 Creag Ghiubhais, 37, 44, **99**  
 Creag Ghiuthsachan, 35, 36, 43, **93**  
 Creag Ghlas Laggan, **210**  
 Creag Ghuanach, 41, **84**  
 Creag Innis an Daimh Dhuibh, 26, 35, **82, 203**  
 Creag Leacach, **255**  
 Creag Liath (Glenshirra), 34, **81**  
 Creag Liath (Grantown), 27, 36, **83**  
 Creag Liath (Newtonmore), 35, **82**  
 Creag Loch nan Dearcag, 26, **65**  
 Creag Loisgte (Braemar), 43, **99, 198**  
 Creag Loisgte (Strath Oykel), 20, **56**  
 Creag Mac a' Ghille Ghlais, **198**  
 Creag Mac Rànaich, 51, **112, 244**  
 Creag Meagaidh, 34, 42, **23, 81, 82, 257**  
 Creag Mhaol, 24, **66**  
 Creag Mhòr (Cairngorms), 36, **92**  
 Creag Mhòr (Cowal), 62, **109**  
 Creag Mhòr (Glen Lochay), 50, **105**  
 Creag Mhòr (Glen Lyon), **198**  
 Creag Mhòr (Islay), **210**  
 Creag Mhòr (Killilan), 25, **66, 192**  
 Creag Mhòr (Monadh Liath), 34, **80, 201**

- Creag Mhòr (Strathyre), 57, **113**  
 Creag Mhòr (Sutherland), 16, **51**  
 Creag Mhòr Thollaidh, 19, **63, 192, 194**  
 Creag na Criche, 52, 53, **115, 196**  
 Creag na Dearcaige, **198**  
 Creag na Doire Duibhe, 35, **86, 243**  
 Creag na Dunaich, **198**  
 Creag na h-Eanchainn, 55, **106**  
 Creag na h-Iolaire (Assynt), 15, **53**  
 Creag na h-Iolaire (Inverpolly), 15, **55, 192, 220, 241**  
 Creag nam Bodach, 51, **105**  
 Creag nam Brataichean, 43, **98**  
 Creag nam Fiadh, 17, **52**  
 Creag nam Mial, 52, 53, **97**  
 Creag nan Ceard, **251**  
 Creag nan Clag, 26, 35, **83**  
 Creag nan Damh, 33, **70**  
 Creag nan Eun (Glen Lednock), 51, 52, **114**  
 Creag nan Eun (Loch Ness), 34, **69**  
 Creag nan Gabhar (Braemar), 43, **99**  
 Creag nan Gobhar (Monadh Liath), 34, **81**  
 Creag nan Leachda, 43, **99**  
 Creag nan Lochan, 40, **76**  
 Creag nan Suibheag, 16, **53**  
 Creag Nighean Iain Duinn, 26, 35, **82, 192, 203, 208**  
 Creag Pithiùlais, 36, **92**  
 Creag Pitridh, 34, 42, **86**  
 Creag Rainich, 19, **58**  
 Creag Riabhach, 9, **49**  
 Creag Ruadh (Dalwhinnie), 42, **91**  
 Creag Ruadh (Loch Earn), 51, **114**  
 Creag Ruadh (Loch Laggan), 35, **81, 198**  
 Creag Scalabsdale, 17, **50**  
 Creag Sgiathan, 25, **65**  
 Creag Strollamus, 32, **177**  
 Creag Tharsuinn, 56, **109**  
 Creag Thoraraidh, 17, **50, 219**  
 Creag Uchdag, 51, 52, **114**  
 Creagan a' Chaise, 36, **92**  
 Creagan Gorm, 36, **92**  
 Creagan na Beinne, 51, 52, **115**  
 Creagan nan Sgiath, 57, **113**  
 Creagan Ruadh, 42, **85, 208**  
 Creag-mheall Mòr, 19, **59**  
 Credenhill, 148, 149, 161, **160**  
 Creigh Hill, 53, **99**  
 Creigiau Gleision, 115, **147**  
 Creigiau Rhiwledyn, 116, **148, 209**  
 Creise, 41, **102**  
 Creuch Hill, **251**  
 Crib Law, 79, **128**  
 Cribyn, 160, 10, **163**  
 Criffel, 84, **26, 121**  
 Cringle Moor, 93, **139, 212, 246**  
 Crinkle Craigs, 89, 90, 3, **134, 212**  
 Crock, 44, **99**  
 Croft Head, 79, **128**  
 Crogary na Hoe, **210**  
 Crogearraidh Mòr, 18, **173**  
 Crogearraidh na Thobha, 18, **173, 210**  
 Croic-bheinn, 24, **61**  
 Croit Bheinn, 40, **76**  
 Croker Hill, **246**  
 Cromadh Mòr, **244**  
 Cronk ny Arrey Laa, 95, **187, 249**  
 Crook End Hill, **199**  
 Crook Knott, 97, **136, 199, 204**  
 Cross Craigs, 42, 51, **104**

- Cross Fell, 91, **18**, **25**, **137**, 138–140, 166, 232
- Crowborough, 188, 199, **145**, 201, 236
- Crown Tegleaze, 212
- Cruach a' Phubuill, 62, **108**
- Cruach an Lochain, 56, **109**
- Cruach an t-Sidhein, 56, **111**
- Cruach an Uillt Fearna, 61, **186**
- Cruach Ardrain, 51, 56, **24**, **112**, **113**, 256
- Cruach Ardura, 49, **180**
- Cruach Bhuidhe, 56, **109**, 197, 198
- Cruach Breacain, 55, **108**
- Cruach Choireadail, 48, **179**
- Cruach Dhubh an Ruidhe Fearna, 40, **75**
- Cruach Doir'an Raoigh, 40, **75**
- Cruach Innse, 41, **84**
- Cruach Ionnastail, 55, 61, **186**
- Cruach Lerags, 49, **106**
- Cruach Lusach, 55, **108**, 220
- Cruach Maolachy, 55, **106**, 205
- Cruach Mhalaig, 40, **73**
- Cruach Mhic an t-Saoir, 62, **108**
- Cruach Mhòr, 50, 56, **107**
- Cruach na Seilcheig (Jura), 55, 61, **186**, 202
- Cruach na Seilcheig (Lorn), 55, **106**
- Cruach nam Fearna, 55, **106**, 244
- Cruach nam Miseag, 56, **110**
- Cruach nam Mult, 56, **110**
- Cruach nan Caorach, 55, **109**
- Cruach nan Capull (Loch Striven), 63, **110**
- Cruach nan Capull (north of Strachur), 56, **110**
- Cruach nan Capull (south of Strachur), 56, **109**
- Cruach nan Con, 249
- Cruach nan Cuilean, 56, **109**
- Cruach Narrachan, 55, **106**, 205
- Cruach Neuran, 56, **110**
- Cruach Scarba, 55, **185**, 226
- Cruach Sleibhe, 47, **179**
- Cruach Tairbeirt, 56, **108**
- Cruach Torr an Lochain, 47, 48, **179**
- Cruachan (Loch Lomond), 56, **114**
- Cruachan (Treshnish Isles), 46, 47, 48, **178**, 215, 225
- Cruachan Chàrna, 49, **184**, 225
- Cruachan Cruinn, 50, **107**, 208
- Cruachan Dearg, 47, 48, **180**, 219
- Cruachan Min, 48, **180**
- Cruachan-Glen Vic Askill, 23, **176**
- Cruban Beag, 35, **86**
- Cruereach Hill, 245
- Crugiau Merched, 146, 147, 25, **156**
- Cruim Leacainn, 34, 41, **84**, 196
- Cruinn a' Bheinn, 56, **113**
- Crussa Field, 1, **181**
- Cruys, 243
- Cuil Hill, 84, **121**
- Cuilags, 7, **183**
- Cùl Beag, 15, **55**
- Cùl Mòr (Glen Orrin), 26, **66**, 193
- Cùl Mòr (Inverpolly), 15, **27**, **55**
- Culardoch, 36, 43, **92**
- Culter Fell, 72, **127**, 228
- Culteuchar Hill, 58, **117**
- Culvennan Fell, 82, **118**
- Cumrew Fell, 86, **137**
- Cunnigill Hill, 2, 3, **182**, 197
- Cunzierton Hill, 246
- Curleywee, 77, **119**

- Curr, The, *see* **The Curr**  
 Currock Hill, 88, **137, 221, 228**  
 Cushat Law, 80, **131, 197**  
 Cwm-sanaham Hill, **248**  
 Cynriau Nod, 125, **151**  
 Cynriau, 125, **151**  
 Cynr-y-Brain, 117, **148, 206, 247**
- D**
- Da Noup, 4, **181**  
 Da Sneug, 4, **22, 181, 225**  
 Dale Head, 89, 90, **16, 133**  
 Dalescord Hill, 2, 3, **182, 210, 249**  
 Darngarroch Hill, 78, **121**  
 Dduallt, 124, 125, **149**  
 Deadh Choimhead, 49, **106**  
 Dent, 89, **132, 199, 200**  
 Derry Cairngorm, 36, 43, **92**  
 Detling Hill, 178, 188, **145, 199, 236**  
 Deuchar Hill, **244**  
 Deuchar Law, 73, **126**  
 Deuchary Hill, 52, 53, **97**  
 Deuchrie Dod, **245**  
 Devil's Dyke, 198, **145, 236**  
 Devil's Point, The, *see* **The Devil's Point**  
 Diddlebury Common, 137, 138, **159**  
 Diebidale Ridge, **208**  
 Diffwys, 124, **150**  
 Dillar Hill, 71, 72, **123**  
 Dinas (Llanidloes), 136, **155**  
 Dinas (Tywi Forest), 146, 147, **156**  
 Diollaid Mhòr, 40, **76**  
 Dirrington Great Law, 67, 74, **125**  
 Dirrington Little Law, **252, 253**  
 Disgwylyfa Fawr, 135, **154, 196**  
 Ditchling Beacon, 198, **145, 229**  
 Dod Hill, 79, **129**  
 Dod Law, 75, **131**  
 Dodd Fell Hill, 98, **139**  
 Dodd, 89, 90, **135**  
 Doddin, 71, 78, **125**  
 Doire Bàn, 41, **85**  
 Doire Tana, 25, **68**  
 Doune Hill, 56, **24, 111**  
 Dow Crag, 96, 97, **10, 134**  
 Down Hill, 58, **117**  
 Drake Howe, **212**  
 Drake Law, 71, 72, **125**  
 Driesh, 44, **99, 205**  
 Drochil Hill, 72, **124**  
 Drosgol, 135, **155**  
 Druim a' Chuirn, 40, **75**  
 Druim Ardoch, **244**  
 Druim Fada (Loch Eil), 41, **76, 211**  
 Druim Fada (Loch Hourn), 33, **71**  
 Druim Fada (Mull), 49, **180**  
 Druim Fiaclach, 40, **76**  
 Druim Garbh, 40, **78**  
 Druim Ghlaoidh, 34, **81, 203, 208**  
 Druim Leac a' Shith, 33, 40, **72**  
 Druim Leathad nam Fias, 40, **77**  
 Druim na Buainn, **250**  
 Druim na Cluain-airighe, 33, **72**  
 Druim na h-Achlaise, 34, **71**  
 Druim na h-Earba, 41, **85**  
 Druim na Sgriodain, 40, **78, 198**  
 Druim nan Cnamh, **198**  
 Druim Shionnach, 33, **70, 254**  
 Druim Tarsuinn, **198**  
 Drum Ddu, 147, **156**  
 Drumcroy Hill, 42, **90**  
 Drumelzier Law, **245**  
 Drummond Hill, 51, 52, **105**  
 Drygarn Fawr, 147, **25, 155, 156, 157, 247, 248**

- Dubh Bheinn (North Jura), 61, **185**  
 Dubh Bheinn (South Jura), 60, 61, **185**  
 Duchray Hill, 43, **100, 208**  
 Dudwell Mountain, 157, 158, **157**  
 Dufton Pike, 91, **137**  
 Dumglow, 58, **117**  
 Dumyat, 57, **117**  
 Dùn Caan, 24, 32, **22, 178, 224**  
 Dùn Coillich, 42, 51, 52, **103**  
 Dùn Còrr-Bhile, 50, 56, **107**  
 Dùn Crutagain, 55, **106**  
 Dùn da Ghaoithe, 49, 23, **180**  
 Dùn Dubh, 55, **106**  
 Dun Law, 71, 78, **125**  
 Dùn Leacainn, 55, **107, 201**  
 Dùn Mòr (Forest of Atholl), 43, **91**  
 Dùn Mòr (Glen Almond), 52, **115**  
 Dun Rig, 73, **126**  
 Dùnan Mòr, 9, **49, 233**  
 Duncliffe Hill, **247**  
 Duncolm, 64, **114, 228, 244**  
 Dundaff Hill, 57, 64, **114**  
 Dundeugh Hill, 77, **120**  
 Dundry Down, 172, 182, **143**  
 Dùn, 48, **178, 215, 225**  
 Dunearn Hill, **245**  
 Dungavel Hill, 71, 72, **123**  
 Dungeon Hill, 77, **118**  
 Dunkery Beacon, 181, **26, 167, 206, 230, 248**  
 Dunley Hill, 187, **145, 201**  
 Dunmoor Hill, **246**  
 Dunnet Head, 7, 12, 10, **50, 227, 235**  
 Dunnichen Hill, 54, **101**  
 Dunslair Heights, 73, **123**  
 Dunstable Downs, 166, **143, 229, 236**
- E**  
 Eabhal, 22, **22, 173, 224**  
 Eagle Rock, **208**  
 Earl's Hill, 126, **159**  
 Earl's Seat, 57, 64, **114, 228, 244**  
 Earn Hill, 63, **122**  
 Earncraig Hill, 78, **126**  
 Easabhal, 31, **173**  
 Easby Moor, **246**  
 Easdon Tor, 191, **167**  
 Easington Fell, 103, **138, 218**  
 East Cairn Hill, 65, 72, **124, 194, 228**  
 East Lomond, 59, **117**  
 Easter Balloch, **243**  
 Ebrington Hill, 151, **142, 229, 236**  
 Eccles Pike, 110, **141, 236**  
 Edmund's Tump, **199**  
 Eel Crag, **209**  
 Eggardon Hill, 194, **168, 237**  
 Egnaig Hill, **242**  
 Eididh nan Clach Geala, 20, **55**  
 Eildon Mid Hill, 73, **128**  
 Eilean an Taighe, 14, **169**  
 Eilean Shiphoirt, 13, 14, **169, 223**  
 Eitseal, 8, 13, **171, 249**  
 Elidir Fawr, 115, **147**  
 Ellson Fell, 79, **129**  
 Elysian Hill, 126, **152**  
 Enoch Hill, 71, 77, **120**  
 Eorsa, **249**  
 Errington Hill, **246**  
 Esdale Law, **252**  
 Esgair Ddu, 124, 125, **153**  
 Esgair Gorlan, **247**  
 Esgair Penygarreg, 136, 147, **155**  
 Esgeiriau Gwynion, 124, 125, **150, 199, 200**  
 Esk Pike, 89, 90, **133**

- Eskielawn, 44, **99**  
 Eston Nab, 93, **139, 246**  
 Ettrick Pen, 79, **26, 128**
- F**
- Faan Hill, 1, 2, 3, **182**  
 Failand Hill, 172, **143, 215, 236**  
 Fair Snape Fell, 102, **138**  
 Fairfield, 90, **135**  
 Fan Brycheiniog, 160, **25, 162, 221**  
 Fan Fawr, 160, **163, 248**  
 Fan Gyhirych, 160, **163, 248**  
 Fan Llia, **248**  
 Fan Nedd, 160, **163**  
 Fanna Hill, 80, **130**  
 Fanolau Hill, **248**  
 Fans Hill, 74, **125**  
 Faochaig, 25, **67**  
 Far Hill Top, **246**  
 Fara, The, *see* **The Fara**  
 Faraid Head, **250**  
 Farragon Hill, 52, **103**  
 Ffarmheall, 9, **48**  
 Fashven, 9, **49**  
 Fastheugh Hill, 73, **128**  
 Feinne-bheinn Bheag, 9, **48**  
 Feinne-bheinn Mhòr, 9, **48**  
 Feiriosbhal, 13, 14, **172**  
 Fell Hill, 77, **121, 245**  
 Fell of Fleet, 77, **119**  
 Fforest Fach, **248**  
 Fforest, 146, 160, **156**  
 Ffridd Cocyn, 135, **151**  
 Ffridd Esgair-yr-owen, **209**  
 Ffridd Pen-y-Graig, 135, 136, **154, 206**  
 Ffridd yr Ychen, 135, **151, 247**  
 Fiarach S Top, **208**
- Fiarach, 50, **107**  
 Finbracks, 44, **100**  
 Fionchra, **249**  
 Fionn Bhealach, 62, 69, **186, 210**  
 Fionn Bheinn, 20, **27, 60**  
 Fireach Àrd, 33, 11, **67, 215**  
 Firle Beacon, 198, **145**  
 Fitful Head, 4, **182, 200**  
 Fitty Hill, 5, **183, 225**  
 Fleetwith Pike, 89, 90, **132**  
 Foal Burn Head, **246**  
 Foel Benddin, 124, 125, **151**  
 Foel Cae'rberllan, 124, **152**  
 Foel Cwmcerwyn, 145, **25, 157, 230**  
 Foel Cynwch, 124, **149**  
 Foel Ddu, 124, **151**  
 Foel Dinas, 124, 125, **151**  
 Foel Dugoed, 124, 125, **151**  
 Foel Dyrch, 145, **157**  
 Foel Fenlli, 116, **149**  
 Foel Figenau, 125, **151**  
 Foel Fras, 135, **154, 219**  
 Foel Fynyddau, 170, **164**  
 Foel Gasyth, **247**  
 Foel Goch (Hiraethog), **209**  
 Foel Goch, 125, **25, 149**  
 Foel Grafiau, **219**  
 Foel Offrwm, 124, **149**  
 Foel Rhiwlas, **247**  
 Foel Rhudd, **199**  
 Foel Trawsnant, 170, **163**  
 Foel y Ddinas, 125, **151**  
 Foel y Geifr, 125, **151**  
 Foel, **247**  
 Foinaven, 9, **28, 48, 211**  
 Fora Ness, 2, 3, **182, 215**  
 Fore Fell, **211**  
 Foreside Hill, 71, 72, **122**



- Forsnabhal, 13, **170**  
 Fotheringham Hill, 54, **101, 193**  
 Fountains Fell, 98, **139**  
 Fourman Hill, 29, **95**  
 Foyers Hill, **208**  
 Fraoch Bheinn, 33, 40, **73**  
 Fraochaidh, 41, **88**  
 Freeholds Top, 103, **141**  
 Frenni Fawr, 145, **157**  
 Frith Hill, 149, **161**  
 Fron Fawr, 117, **148**  
 Fron Goch, 135, 136, **154**  
 Fruin, The, *see* **The Fruin**  
 Fuar Bheinn, 49, **79**  
 Fuar Larach, 62, **109**  
 Fuar Tholl, 25, **62**  
 Fuidheigh, 31, **174, 224**  
 Fursdon Hill, 192, **167, 195**
- G**
- Gaer Fawr, **252**  
 Gaer, 136, 148, **158**  
 Gairbeinn, 34, **xxii, 23, 80, 205, 217**  
 Gairich, 33, **73**  
 Gala Hill, 73, **123**  
 Gallt y Daren, 124, **149**  
 Gallt y Goedhwch, 125, **151, 247**  
 Gallt yr Ancr, **247**  
 Gamallt (Cadair Idris), 124, **151, 209**  
 Gamallt (Rhayader), 136, 147, **158**  
 Gana Hill, 78, **126**  
 Ganu Mòr, **211**  
 Gaor Bheinn South Top, **242, 257**  
 Gaor Bheinn, 41, **27, 75, 76, 242, 257**  
 Garadh Liath, 62, **108**  
 Garbet Hill, 28, **94, 243**  
 Garbh Ard, **251**  
 Garbh Bheinn (Ardgour), 40, **27, 78**  
 Garbh Bheinn (Kinlochleven), 41, **87**  
 Garbh Chioch Mhòr, 33, 40, **73**  
 Garbh Chnoc, 10, **49**  
 Garbh Eileach, 55, **185, 226**  
 Garbh-bheinn, 32, **177**  
 Garbh-chàrn, 25, **66**  
 Garelet Dod, 78, **127**  
 Garleffin Fell, 76, **119, 245**  
 Garleton Hills, **245**  
 Garn Boduan, 123, **146**  
 Garn Fawr, 157, **157**  
 Garn Prys, 116, **149**  
 Garn Wen, **248**  
 Garnons Hill, 148, 149, 161, **160**  
 Garreg Lwyd (Black Mountain), 160, **162, 209**  
 Garreg Lwyd (Rhayader), 136, 147, **159**  
 Garreg-hir, 136, **153, 247**  
 Gars-bheinn, 32, **175**  
 Garth Bank, **248**  
 Garth Hill (Maesteg), **248**  
 Garth Hill (Taff Vale), 171, **164, 230**  
 Garth, 147, **157**  
 Garwall Hill, 76, **119, 192, 194, 220**  
 Garway Hill, 161, **165**  
 Gask Hill, 53, **101**  
 Gathersnow Hill, 72, **127, 246**  
 Gatley Hill, 137, 148, **159**  
 Geal Chàrn (Corrieyairack), **243**  
 Geal Chàrn (Kinloch Rannoch), 42, **51, 104**  
 Geal Chàrn (Loch Arkaig), 34, **74**  
 Geal Chàrn (Loch Laggan), 42, **86**  
 Geal Chàrn (Monadh Liath), 35, **82**  
 Geal Chàrn (Strathdon), 37, **94**  
 Geal Chàrn (Tomintoul), 36, **92, 205**  
 Geal-chàrn (Drumochter), 42, **90**

- Geal-Chàrn (Loch Pattack), 42, **86**,  
     **243, 254**  
 Geal-chàrn Mòr, 35, **23, 82**  
 Geallaig Hill, 37, 44, **93**  
 Ghlas-bheinn (Cape Wrath), 9, **48**  
 Gibbet Hill, 186, **144**  
 Gilling Down, **247**  
 Gillis Field, **253**  
 Gilwern Hill, 147, **160**  
 Giolabhal Glas, 14, **171**  
 Gisborough Moor, 94, **139, 228, 246**  
 Giùr-bheinn, 60, 61, **185, 196**  
 Glais Bheinn (Kingairloch), 49, **79**  
 Glamaig, 24, 32, **177, 212**  
 Glaramara, 89, 90, **133**  
 Glas Bheinn (Ardgour), 40, **77**  
 Glas Bheinn (Assynt), 15, **52**  
 Glas Bheinn (Black Mount), 50, **104**  
 Glas Bheinn (Glen Garry), 34, **74**  
 Glas Bheinn (Islay), 60, **185**  
 Glas Bheinn (Jura), 61, **185**  
 Glas Bheinn (Loch Alsh), 33, **71**  
 Glas Bheinn (Loch Arkaig), 34, **74**  
 Glas Bheinn (Loch Carron), 25, **62**  
 Glas Bheinn (Mamores), 41, **85**  
 Glas Bheinn Mhòr (Skye), 32, **177**  
 Glas Bheinn Mhòr (Starav Group),  
     50, **102**  
 Glas Leathad Beag, 20, **57, 255**  
 Glas Leathad Mòr, **211**  
 Glas Maol, 43, **99, 205, 228, 255**  
 Glas Meall a' Chumhainn, 42, **90**  
 Glas Mheall Beag, **251**  
 Glas Mheall Mòr (An Teallach), 19,  
     **58, 255**  
 Glas Mheall Mòr (Loch Ericht), 42,  
     **90, 243**  
 Glas Tulaichean, 43, **24, 98**  
 Glas-bheinn Mhòr, 26, **69**  
 Glas-chàrn, 40, **75**  
 Glascwm Hill, 148, **160**  
 Glasgwm, 124, 125, **151**  
 Glas-leathad Feshie, **251**  
 Glastonbury Tor, 182, 183, **10, 143**  
 Glatting Beacon, **247**  
 Glenalla Fell, 77, **119, 199, 201, 211**  
 Glenalla Field, **199**  
 Glendhu Hill, 80, **129**  
 Gleouraich, 33, **27, 70, 71**  
 Glyder Fawr, 115, **24, 147**  
 Goatfell, 62, 69, **23, 186, 213, 226, 230**  
 Godlinstone Down, **210**  
 Goldenberry Hill, 63, **122**  
 Gometra, 47, 48, **178, 224**  
 Gormol, 13, 14, **172, 249**  
 Gornoeth, **248**  
 Gors Lydan, 136, 148, **158**  
 Gorsedd Brân, 116, **148**  
 Goseland Hill, 72, **127**  
 Gossaford, **249**  
 Gowbarrow Fell, **246**  
 Goyle Hill, 45, **100**  
 Graig Goch (Ffestiniog), **209**  
 Graig Goch (Tarren Hills), 124, **151**  
 Graig Syfyrrddin, 161, **165, 199**  
 Graig Wen, 124, **149**  
 Grandtully Hill, 52, **115**  
 Grange Fell, 79, **128**  
 Grasmoor, 89, 90, **16, 17, 25, 133**  
 Grassgarth Heights, 96, 97, **136**  
 Grayrigg Forest, 97, **136, 246**  
 Greabhal, 18, **172**  
 Great Borne, 89, **132**  
 Great Burney, 96, 97, **134, 209**  
 Great Calva, 89, 90, **135**  
 Great Coum, 98, **138**

- Great Dodd, 90, **135**  
 Great Gable, 89, 90, **16, 25, 132**  
 Great Hameldon, 103, **141**  
 Great Hetha, 74, **131**  
 Great Hill (Nithsdale), 78, **126**  
 Great Hill (Torquay), 202, **167, 237**  
 Great How, 90, **135, 192, 203**  
 Great Knoutberry Hill, 98, **138**  
 Great Links Tor, 191, **166, 195, 234**  
 Great Mell Fell, 90, **135**  
 Great Orme, 115, **148, 236**  
 Great Rhos, 148, **25, 160**  
 Great Shunner Fell, 98, **137**  
 Great Stac of Handa, 200  
 Great Stack, 9, **184, 200, 226, 234, 235**  
 Great Whernside, 98, **138**  
 Great Wold, 106, **139**  
 Greatmoor Hill, 79, **129, 246**  
 Green Crag, 96, **134**  
 Green Hill (Carsphairn Hills), 77,  
     **120, 208**  
 Green Hill (Ladder Hills), 37, **94**  
 Green Hill (Lowther Hills), 71, 78,  
     **126, 199–202**  
 Green Lowther, 71, 78, **26, 125, 245**  
 Greeny Hill, 6, **183**  
 Grendon Green, 195  
 Grey Crag, 211  
 Grey Hill, 76, **119**  
 Grianan, 31, **174, 249**  
 Grinshill Hill, 126, **152**  
 Griomabhal, 13, **170**  
 Grisedale Pike, 89, 90, **133, 246, 264**  
 Grizedales, 98, **139**  
 Groban, 19, **60**  
 Grumack Hill, 37, **94**  
 Guaneamol, 13, 14, **172, 202**  
 Gualann Sheileach, 42, **90**  
 Gualann, 57, **113**  
 Gummer's How, 96, 97, **136**  
 Gun, 118, **141**  
 Gwastedyn Hill, 136, 147, **159, 222**  
 Gwaunceste Hill, 148, **160**  
 Gwlwyr Carreglefain, 123, **146**  
 Gyrn Ddu, 115, 123, **146**  
 Gyrn Moelfre, 125, **152**
- H**
- Hackpen Hill, 173, **144**  
 Haddington Hill, 199  
 Hafod Ithel, 135, **155**  
 Hail Storm Hill, 109, **141**  
 Halkyn Mountain, 209  
 Hallin Fell, 90, **136**  
 Hallival, 39, **178**  
 Hallsfell Top, 212  
 Hambledon Hill, 194, **143**  
 Hamel Down, 248  
 Hampsfell, 96, 97, **136, 199**  
 Hampsfeld Fell, 199  
 Hangingstone Hill, 117, **152**  
 Hannah Moor, 89, **132**  
 Hard Knott, 89, 90, **134**  
 Hardens Hill, 252  
 Hardown Hill, 193, **168**  
 Hare Cairn, 44, **99**  
 Hareshaw Hill, 71, **123**  
 Harleburn Head, 78, **127**  
 Hart Fell (Eskdale), 79, **128**  
 Hart Fell (Moffat Hills), 78, **127**  
 Hartaval, 23, **175**  
 Harter Fell (Eskdale), 96, **134**  
 Harter Fell (Howgills), 91, **137**  
 Harter Fell (Mardale), 90, **136, 197**  
 Hartside Hill, 66, 73, **125, 245**  
 Haw Cliff, 246

- Hazelshaw Hill, 85, **126**  
 Healabhal Bheag, 23, **176, 210, 249**  
 Healabhal Mhòr, 23, **176, 210**  
 Heath Mynd, 137, **159**  
 Hecla, 22, **173, 210**  
 Hedgehope Hill, 80, **131, 197, 246**  
 Hegdon Hill, 149, **161, 195, 236**  
 Height of Hazely, 98, **138, 199**  
 Heileasbhal Mòr, 14, 18, **172**  
 Helsington Barrows, **199**  
 Helvellyn, 90, 16, 18, **25, 118, 135,**  
     **136, 137**  
 Hen Comb, 89, **132**  
 Hendry's Corse, **245**  
 Hensbarrow Beacon, 200, **166, 221,**  
     **248**  
 Herefordshire Beacon, 150, **161, 248**  
 Hergest Ridge, 148, **160**  
 Hermaness Hill, 1, **181, 227**  
 Hesk Fell, 96, **134**  
 High Mount, **251**  
 High Neb, 110, **140**  
 High Park, 89, **132**  
 High Raise, 89, 90, **134, 212**  
 High Rigg, 90, 17, **134, 209**  
 High Seat (Lakeland), 89, 90, **134**  
 High Seat (Mallerstang), 91, 92, **137**  
 High Spy, 89, 90, **133**  
 High Stile, 89, **132, 211**  
 High Street, 90, **25, 136**  
 High Vinnalls, 137, 138, 148, **159,**  
     **206**  
 High White Stones, **212**  
 High Willhays, 191, 19, **26, 166, 167,**  
     **230, 248**  
 Hightown Hill, 78, **126**  
 Hill above Shandon, **199**  
 Hill of Airds Moss, **252**  
 Hill of Alyth, 53, **100**  
 Hill of Arisdale, 1, 2, 3, **22, 181, 225**  
 Hill of Camb, 1, 2, **181**  
 Hill of Cat, 44, **100, 244**  
 Hill of Christs Kirk, 37, **95**  
 Hill of Clais na Earb, 37, **94**  
 Hill of Clibberswick, 1, **181**  
 Hill of Coire na Lairige, **198**  
 Hill of Coire Siolar, **198**  
 Hill of Colvadale, **253**  
 Hill of Corrachree, 37, **96, 192**  
 Hill of Couternach, 44, **99**  
 Hill of Dudwick, **251**  
 Hill of Fare, 38, **96**  
 Hill of Fortrose, 27, **66**  
 Hill of Foudland, 29, **95**  
 Hill of Franklyden, **244**  
 Hill of Gardin, 2, 3, **182**  
 Hill of Garvock, 45, **101**  
 Hill of Goauch, 38, 45, **100**  
 Hill of Greenfold, **251**  
 Hill of Hamarsland, 3, **182**  
 Hill of Kilncadzow, **252**  
 Hill of Lieurary, **250**  
 Hill of Midgate, **251**  
 Hill of Miffia, 6, **183**  
 Hill of Moustoft, 3, **182**  
 Hill of Mulderie, 28, **95**  
 Hill of Nigg, 21, **57, 200**  
 Hill of Orlig, **250**  
 Hill of Persie, 53, **98**  
 Hill of Rothmaise, 29, **95**  
 Hill of Stake, 63, **27, 122, 228**  
 Hill of Stracathro, **251**  
 Hill of Strone, 44, **99, 205, 243**  
 Hill of Stroness, 52, 58, **114**  
 Hill of the Wangie, 28, **83**  
 Hill of Tillymorgan, 29, **95**

Hill of White Cow Wood, **251**  
 Hill of Wirren, *44*, **100**  
 Hill of Yarrows, **250**  
 Hillend, **246**  
 Hirfynydd, *160*, **163**  
 Hods Hill, *78*, **126**, **201**  
 Hoe (Pabbay), The, *see* **The Hoe (Pabbay)**  
 Hoe (Skye), The, *see* **The Hoe (Skye)**  
 Holehead, **244**  
 Holehouse Hill, **252**  
 Hollerday Hill, **248**  
 Holm Field, *4*, **182**, **249**  
 Holmbury Hill, *187*, **145**  
 Holme Fell, *90*, **134**  
 Holyhead Mountain, *114*, **187**, **226**, **230**  
 Hoo Kame, *2*, *3*, **182**  
 Hoof Stones Height, *103*, **140**, **209**  
 Hooker Crag, **212**  
 Hoove, *92*, **137**  
 Hope Bowdler Hill, *137*, *138*, **159**  
 Hope Mountain, *117*, **148**  
 Hopegill Head, **246**  
 Hopton Titterhill, **248**  
 Horner Hill, **248**  
 Horse Head Moor, **194**  
 Housedon Hill, *74*, *75*, **131**, **221**  
 Hownam Law, *74*, **131**, **246**  
 Hudderstone, *72*, **127**  
 Huiseabhal Mòr, *13*, **171**  
 Hukeley Knap, **248**  
 Humblemoor Hill, *80*, **131**  
 Hunt Hill (Glen Esk), *44*, **100**  
 Hunt Hill (Jedburgh), *80*, **130**  
 Hutton Roof Crags, *97*, **136**

**I**

Idle Hill, *109*, **140**, **209**, **236**  
 Ilkley Moor, **199**  
 Ill Bell, *90*, **136**  
 Illgill Head, *89*, **134**  
 Inaccessible Pinnacle, **212**, **235**  
 Ingleborough, *98*, **26**, **138**  
 Innerdouny Hill, *58*, **117**  
 Inshanks Fell, *82*, **118**, **219**  
 Inverliever Hill, **208**  
 Iolyn Park, **247**  
 Island Davaar, *68*, *69*, **184**, **226**  
 Isle Martin, *19*, **184**, **226**

**J**

Jericho Hill, *125*, **151**

**K**

Keelylang Hill, *6*, **183**  
 Kenlum Hill, *83*, **120**  
 Kennapole Hill, *35*, *36*, **93**  
 Kerloch, *45*, **100**  
 Kierfea Hill, *5*, *6*, **183**  
 Killyleoch Hill, *78*, **120**  
 Kilmar Tor, *201*, **166**  
 Kilvey Hill, *159*, **163**  
 Kinder Scout, *110*, **26**, **140**, **141**, **142**, **229**  
 King's Seat (Birnam Hill), **211**  
 King's Seat (Sidlaws), *53*, **101**, **244**  
 King's Seat Hill, *58*, **117**  
 Kirk Fell, *89*, *90*, **132**  
 Kirk Hill, *76*, **119**  
 Kirkby Moor, *96*, **134**, **199**  
 Kirkland Hill, *71*, **123**, **245**  
 Kirklea, *71*, *78*, **123**  
 Kirkton Hill, *53*, *58*, **114**  
 Kirriereoch Hill, *77*, **118**

- Kisdon, 98, **137**  
 Kit Hill, 201, **166, 236**  
 Kithurst Hill, 197, **145**  
 Knap of Trowieglen, 6, 7, **183**  
 Knock Hill (Aberchirder), 29, **94**  
 Knock Hill (Dunfermline), 58, **117, 245**  
 Knock Hill (Lauderdale), **252**  
 Knock Murton, **209**  
 Knock of Braemoray, 27, **83**  
 Knock of Crieff, 52, 58, **114**  
 Knock Pike, 91, **137**  
 Knock Scalbart, **219, 244**  
 Knockandy Hill, 29, 37, **95**  
 Knockan, 28, **94**  
 Knockdaw Hill, 76, **119, 205**  
 Knockdolian, 76, **119**  
 Knockeans Hill, 83, **120**  
 Knockenhair, 71, 78, **126**  
 Knockewart Hills, **208**  
 Knockour Hill, 56, **114, 211**  
 Knoll Hill, 137, 148, 149, **158**  
 Knott (Lakeland), 89, 90, **135**  
 Knott (Westmorland), 91, **136, 201, 204**  
 Knowe Head, **251**  
 Knowes Hill, **245**
- L**
- Lad Law, **212**  
 Ladhar Bheinn, 33, **27, 72**  
 Ladylea Hill, 37, **94**  
 Laght Hill, **245**  
 Laibheal a' Tuath, 13, **170**  
 Lamachan Hill, 77, **26, 119**  
 Lambert's Castle Hill, 193, **168**  
 Lambrigg Fell, 97, **136, 201**  
 Lamington Hill, 72, **127**  
 Lammer Law, 66, **125**  
 Lan Ddu Cilwenau, 146, **156, 201**  
 Lanchestoo, 1, 2, **182**  
 Langlaw Hill, 72, **124**  
 Langley Hill, 163, 150, **142**  
 Lank Rigg, 89, **132**  
 Larg Hill, 76, **119**  
 Largo Law, 59, **117**  
 Larig Hill, 27, **83**  
 Larriston Fells, 80, **129**  
 Law Kneis, 79, **128**  
 Lawel Hill, 38, **95**  
 Lawglass, 77, **121**  
 Lawley, The, *see* **The Lawley**  
 Leaba Bhruic, 20, **57, 208**  
 Leabaidh an Daimh Bhuidhe, **211**  
 Leac Easgadail, **195**  
 Leac na Carnaich, 40, **75**  
 Leac Shuilleir, **242**  
 Leagag, 42, 51, **104**  
 Leana Mhòr (east of Glen Roy), 34, 41, **81**  
 Leana Mhòr (west of Glen Roy), 34, 41, **81**  
 Leathabhal, 22, **173**  
 Leathad an Taobhain, 43, **91, 219**  
 Leathad Mòr, 41, **104**  
 Lecket Hill, **244**  
 Lees Moor, 119, **140**  
 Legerwood Hill, 73, 74, **125**  
 Leith Hill, 187, **26, 145, 206, 229**  
 Leitir Fhionnlaigh, **208**  
 Lendrick Hill, 58, **117**  
 Leosabhal, 13, **171**  
 Lethen Bar, 27, **83**  
 Leum Uilleim, 41, **85**  
 Lewesdon Hill, 193, **26, 168, 195, 230**  
 Lhiattee ny Beinne, **249**

- Lì a' Deas, 18, **173**, 210  
 Lì a' Tuath, 18, **173**, 210  
 Lianamuil, 31, **174**, 224, 234  
 Liath Bheinn, 36, **94**  
 Liathach, 25, **28**, **63**, 211, 214  
 Liddington Castle, 174, **144**, 229, 247  
 Lighthouse Hill, 63, 69, **184**, 226  
 Lightning Hill, 79, **129**  
 Linch Down, 197, **144**, 247  
 Lindley Moor, 104, **138**  
 Ling Fell, 246  
 Lingmoor Fell, 90, **134**, 212  
 Linton Hill, 74, **131**  
 Little Conval, 28, **93**  
 Little Doward, 162, **165**  
 Little Mell Fell, 90, **135**, 246  
 Little Ormes Head, 209  
 Little Wolf Stones, 103, **140**  
 Little Wyvis, 20, **57**  
 Littleton Down, 197, **144**, 212, 247  
 Liuthaid, 13, 14, **171**, 203  
 Llan Ddu Fawr, 135, 147, **25**, **155**,  
     **199**  
 Llanfihangel Hill, 148, **160**, 209  
 Llanmadoc Hill, 159, **162**  
 Llantysilio Mountain, 209  
 Llan-wen Hill, 137, 148, **158**, 221  
 Llanymynech Hill, 126, **152**  
 Llechwedd Melyn, 247  
 Llechwedd y Glyn, 135, 136, **154**  
 Loch Fell, 79, **128**  
 Loch Hill, 251, 253  
 Lochbank Hill, 84, **121**, 245  
 Lochcraig Head, 79, **127**, 246  
 Lochnagar, 44, **24**, 97, 98, **99**, 100,  
     **101**, 211, 254, 255  
 Long Barrow, 199  
 Long Crag, 81, **131**, 221  
 Long Hill, 161, **165**  
 Long Knoll, 183, **143**, 206  
 Long Mountain, 126, **159**, 212  
 Long Mynd, 137, **42**, **159**, 212  
 Long Top, 212  
 Longridge Fell, 102, 103, **138**  
 Longstone Moor, 119, **140**  
 Lord Arthur's Hill, 37, **95**  
 Lord's Seat (Thornthwaite), 89, 90,  
     **16**, **133**, 246  
 Lord's Seat (Whitbarrow), 212  
 Lotus Hill, 84, **121**  
 Loughrigg Fell, 90, **134**  
 Lousie Wood Law, 71, 78, **125**  
 Lovely Seat, 98, **137**, 196  
 Low Fell, 89, **133**  
 Lowick High Common, 199  
 Lowscales Hill, 96, **134**  
 Lucklaw Hill, 54, 59, **117**  
 Luinne Bheinn, 33, **72**  
 Lumbennie Hill, 58, **117**  
 Lundie Craigs, 53, **101**, 244  
 Lurg Hill, 29, **94**, 220  
 Lurg Mhòr, 25, **67**  
 Lype Hill, 181, **167**, 248  
 Lyscombe Hill, 194, **168**
- M**
- Mabbin Crag, 246  
 Macleod's Table North, 210  
 Macleod's Table South, 210  
 Maesglase, 124, 125, **25**, **151**, 201,  
     202, 212  
 Maiden Pap (Caithness), 11, 17, **50**  
 Maidenpap (Dalbeattie), 84, **121**  
 Mains Hill, 73, **123**  
 Maireabhal, 18, **173**  
 Mam Hael, 198

- Mam na Gualainn, 41, **85**  
 Màm Sodhail, 25, **10, 68, 256**  
 Manod Bach, **247**  
 Manod Mawr, 124, **149, 247**  
 Maoile Lunndaigh, 25, **67**  
 Maol Bàn, 49, **180**  
 Maol Breac, 50,56, **108**  
 Maol Chean-dearg (Torridon), 25, **62**  
 Maol Chinn-dearg (Glen Shiel), 33, **70**  
 Maol Creag an Loch, **198**  
 Maol Domhnaich, 31, **174, 224**  
 Maol Mòr, 50,56, **112**  
 Maovally (Cape Wrath), 9, **49**  
 Maovally (Loch Shin), 16, **53**  
 Mardon Down, 191, **167, 221**  
 Marg na Craige, 35, **82**  
 Marial Gwyn, 116, **148, 209, 247**  
 Marsco, 32, **177**  
 Marygold Hill, 67, **125, 206**  
 May Hill, 162, **161**  
 Mayar, 44, **99, 205**  
 Meadie Ridge, 9, **49**  
 Mealaisbhal, 13, **22, 170**  
 Meall a' Bhainne (Ardgour), 40, **77**  
 Meall a' Bhainne (Mamores), 41, **86**  
 Meall a' Bhata, 16, **51**  
 Meall a' Bhealaich, **243, 253**  
 Meall a' Bhuachaille, 36, **92**  
 Meall a' Bhuirich (Assynt), 15, **52**  
 Meall a' Bhuirich (Sutherland), 17, **51**  
 Meall a' Bhuiridh (Blackmount), 41, **23, 102**  
 Meall a' Bhuiridh (Glen Etive), 41, **88**  
 Meall a' Chail, 51, **104, 192**  
 Meall a' Chairn, 20, **58**  
 Meall a' Chaise (Lairg), 16, **51**  
 Meall a' Chaise (Seil), 55, **184, 225**  
 Meall a' Chaorainn (Achnasheen), 19, **60**  
 Meall a' Chaorainn (Loch Vaich), 20, **56**  
 Meall a' Chathaidh, 42, **90**  
 Meall a' Chlèirich, 16, **48**  
 Meall a' Choire Bhuidhe, 43, **98, 243**  
 Meall a' Choire Chreagaich, 51,52, **115**  
 Meall a' Choire Dhuibh, 33,40, **73**  
 Meall a' Choire Lèith, 51, **105**  
 Meall a' Choire Odhair, 57, **116, 202, 203**  
 Meall a' Choire, **250**  
 Meall a' Chòis, 24, 32, **184, 226**  
 Meall a' Cholumain, 34, **81**  
 Meall a' Chrasgaidh, 20, **60**  
 Meall a' Chrathaich, 26, **69**  
 Meall a' Chuaille, 20, **56**  
 Meall a' Cliuth, **208**  
 Meall a' Gheur-fheadain, **242**  
 Meall a' Ghiubhais, 19, **63**  
 Meall a' Ghlas-leothaid, **241**  
 Meall a' Ghrianain, 20, **57**  
 Meall a' Ghuirmein, **243**  
 Meall a' Mhadaidh, **242**  
 Meall a' Mhaoil, 24, 32, **177**  
 Meall a' Mheanbh-chruidh, 34, 41, **81**  
 Meall a' Mhuic, 42, 51, **104**  
 Meall a' Phubuill East Top, 41, **76**  
 Meall a' Phubuill, 41, **76**  
 Meall Acairseid, 24, **178, 225**  
 Meall Ailein, 24, **66**  
 Meall Alvie, 44, **93, 192**  
 Meall an Aodainn, 41, **88**  
 Meall an Aonaich, 15, **52, 208**



- Meall an Araich, 50, **102**  
 Meall an Ceirileach, 9, **48**  
 Meall an Damhain, 49, **79**  
 Meall an Dobharchain, **208**  
 Meall an Doireachain, **198**  
 Meall an Doirein, 19, **63, 241**  
 Meall an Eich Ghlais West Top, **241**  
 Meall an Eich Ghlais, **241**  
 Meall an Fheadain, 15, **54**  
 Meall an Fheur Loch, 16, **53**  
 Meall an Fhithich, 50, **106**  
 Meall an Fhliuchaird, 25, **65**  
 Meall an Fhuarain (Ben Armine Forest), **250**  
 Meall an Fhuarain (Glen Oykel), 15, **55**  
 Meall an Fhuarain (Sutherland), 16, **49, 219**  
 Meall an Fhudair, 50, 56, **108**  
 Meall an Loch Ghlasail, **207**  
 Meall an Lundain, 36, 43, **92**  
 Meall an Tagraidh, 34, **74**  
 Meall an Tarmachain, 47, **78**  
 Meall an Tarsaid, 34, **80, 201**  
 Meall an t-Seallaidh, 51, **112**  
 Meall an t-Slamain, 41, **77**  
 Meall an t-Slugain (Cairngorms), **251**  
 Meall an t-Slugain (Lochnagar), 43, **99**  
 Meall an t-Suidhe, 41, **84**  
 Meall an Tuirc, 21, **57**  
 Meall an Uillt Chaoil, 40, **75**  
 Meall an Uillt Riabhaich, 42, **86, 208**  
 Meall Aundrarry, 19, **64**  
 Meall Bàn (Appin), 49, **88**  
 Meall Bàn (Loch Rannoch), **243**  
 Meall Bhanbhaidh, 41, **76**  
 Meall Bhasiter, 33, 40, **72**  
 Meall Blair, 33, **74**  
 Meall Breac, 42, 51, **104**  
 Meall Buidhe (Glen Kinglass), 50, **103**  
 Meall Buidhe (Glen Tromie), 35, **91**  
 Meall Buidhe (Knoydart), 33, 40, **72**  
 Meall Buidhe (Loch an Daimh), 51, **104**  
 Meall Buidhe (Loch Lyon), 51, **104, 205**  
 Meall Buidhe (Lochearnhead), 51, **115, 195**  
 Meall Cala, 57, **113**  
 Meall Chomraidh, 42, 51, **104, 196**  
 Meall Chuaich, 42, **91**  
 Meall Coire an Lochain, 15, **55**  
 Meall Coire nan Saobhaidh, 34, **74**  
 Meall Corranaich, 51, **105**  
 Meall Còs Chàrnán, **243**  
 Meall Cruaidh, 20, **55**  
 Meall Cruinn, 51, **104**  
 Meall Cuanail, **257**  
 Meall Cumhann, 41, **84**  
 Meall Dail Min, 43, **97**  
 Meall Daill, 51, **104, 205**  
 Meall Damh, 49, **79**  
 Meall Dearg (Aonach Eagach), 41, **10, 87**  
 Meall Dearg (Coigach), 15, **54**  
 Meall Dearg (Coulin Hills), 25, **62**  
 Meall Dearg (Loch Etive), 50, **89, 220**  
 Meall Dearg (Strathbraan), 52, **115**  
 Meall Dearg Choire nam Muc, **198**  
 Meall Deise, 19, **63, 220, 221**  
 Meall Dheirgidh, 20, **56**  
 Meall Doire Faid, 20, **56**  
 Meall Dola, 16, **51**  
 Meall Dubh (Cowal), **251**

- Meall Dubh (Glen Moriston), 34, **71**  
 Meall Dubh (Loch Lochy), 34, **74**  
 Meall Dubh (Ullapool), 20, **55, 198**  
 Meall Dubh na Caoidhe, 25, **66**  
 Meall Dùn Dhomhnuill, **199**  
 Meall Eachainn, 16, **51**  
 Meall Fuaraidh, 19, **63**  
 Meall Fuar-mhonaidh, 26, **69**  
 Meall Gainmheich, 57, **113**  
 Meall Garbh (Glen Kinglass), 50, **103**  
 Meall Garbh (Glen Lyon), 42, 51, **103**  
 Meall Garbh (Lawers Group), 51,  
     **105, 205, 219**  
 Meall Garbh (Reay Forest), **241**  
 Meall Ghaordaidh, 51, **105**  
 Meall Glac an Ruighe, 20, **55**  
 Meall Glac Tigh-fail, 20, **58**  
 Meall Glas, 51, **105**  
 Meall Glas-Uaine Mòr, **208**  
 Meall Gorm (Applecross), 24, **61**  
 Meall Gorm (Fannaichs), 20, **60**  
 Meall Gorm (Glen Muick), 44, **99**  
 Meall Greigh, 51, **105**  
 Meall Horn, 9, **48**  
 Meall Iain, 40, **78**  
 Meall Innis an Loichel, 25, **67**  
 Meall Leacachain, 20, **56**  
 Meall Liath Choire, 20, **56, 241**  
 Meall Liath na Doire Mhòir, **208**  
 Meall Lighiche, 41, **88**  
 Meall Lochan a' Chleirich, 19, **63**  
 Meall Luidh Mòr, 42, **85**  
 Meall Meadhonach (Durness), 9, **49**  
 Meall Meadhonach (Suilven), 15, **53,**  
     **192**  
 Meall Mheinnidh, 19, **59**  
 Meall Mhic Iomhair, **241**  
 Meall Mòr (Ardgour), 40, **77**  
 Meall Mòr (Arran), 62, 69, **186**  
 Meall Mòr (Blackmount), 50, **102**  
 Meall Mòr (Blair Atholl), 43, **97**  
 Meall Mòr (Easter Ross), 20, **57**  
 Meall Mòr (Eilean Tigh), 24, **178, 225**  
 Meall Mòr (Glen Isla), 43, **100, 243**  
 Meall Mòr (Glencoe), 41, **88**  
 Meall Mòr (Grey Corries), 41, **84**  
 Meall Mòr (Inverness), 27, **82**  
 Meall Mòr (Loch Katrine), 50, 56,  
     **112**  
 Meall Mòr (Strathbraan), 52, **115, 192**  
 Meall Mòr (Summer Isles), 15, 10,  
     **184, 226**  
 Meall Mòr (The Aird), 26, **69**  
 Meall Mòr (Ullapool), 19, **56, 203**  
 Meall na Aighean, 51, **104, 198**  
 Meall na Duibhe, 41, **86**  
 Meall na Faochaig, 25, **65, 242**  
 Meall na Fearna, 57, **116**  
 Meall na Fhuaid, 24, **61**  
 Meall na h-Aisre, 35, **80**  
 Meall na h-Aodainn Mòire, 43, **97**  
 Meall na h-Araid, 24, **63**  
 Meall na h-Eilde, 34, **74**  
 Meall na h-Eilrig, 26, **69**  
 Meall na Leitreach (Drumochter), 42,  
     **90**  
 Meall na Leitreach (Reay Forest), 15,  
     **53**  
 Meall na Lice, 41, **86**  
 Meall na Meine, **241**  
 Meall na Mèine, **241**  
 Meall na Meoig, 42, **86, 198**  
 Meall na Spionaig, 43, **98**  
 Meall na Suiramach, 23, **175**  
 Meall na Teanga, 34, **74**  
 Meall nam Bradhan, 20, **56**

- Meall nam Fuaran, 52, **115**  
 Meall nam Maigheach, 51, **105**  
 Meall nam Meallan, 19, **59**  
 Meall nan Aighean, 16, **51**  
 Meall nan Caorach (Glen Almond),  
 52, **115**  
 Meall nan Caorach (The Aird), 26, **70**  
 Meall nan Ceapraichean, 20, **55**  
 Meall nan Clach Ruadha, 10, **50**  
 Meall nan Con (Ardnamurchan), 47,  
**78**  
 Meall nan Con (Ben Klibreck), 211  
 Meall nan Damh (Ardgour), 40, **77**  
 Meall nan Damh (Arran), 62, 69, **186**  
 Meall nan Damh (Glen Orrin), 219,  
**250**  
 Meall nan Each, 40, **78, 242**  
 Meall nan Eagan, 42, **86**  
 Meall nan Eun (Knoydart), 33, **72**  
 Meall nan Eun (Starav Group), 50,  
**102**  
 Meall nan Gabhar, 50, **107, 201**  
 Meall nan Ruadhag (Loch Garry),  
 34, **74**  
 Meall nan Ruadhag (Rannoch  
 Moor), 41, **87**  
 Meall nan Saighdearan, 51, 57, **116**  
 Meall nan Sìthean, 13, **170**  
 Meall nan Subh, 51, **105**  
 Meall nan Tarmachan, 51, **105, 257**  
 Meall Odhar a' Chire, 42, **91**  
 Meall Odhar, 50, **107**  
 Meall Onfhaidh, 41, **76**  
 Meall Reamhar (Glen Almond), 52,  
**115**  
 Meall Reamhar (Lochearnhead), **244**  
 Meall Reamhar (Strath Gartney), **244**  
 Meall Ruadh (Killilan), 25, **66**  
 Meall Ruadh (Knappdale), **208**  
 Meall Sguman, 25, 33, **68**  
 Meall Tairbh, 50, **103**  
 Meall Tairneachan, 52, **103, 244**  
 Meall Tarsuinn, 34, **74**  
 Meall Uaine, 43, **98**  
 Meallach Mhòr, 35, **91, 243**  
 Meallan a' Chuail, 15, **52**  
 Meallan a' Mhuthaidh Mòr, 20, **60**  
 Meallan Chuaich, 19, **60**  
 Meallan Liath Coire Mhic Dhughail,  
 15, **48, 241**  
 Meallan Liath Mòr, 16, **51**  
 Meallan Liath, 9, **49**  
 Meallan nan Uan, 25, **65**  
 Meallan Odhar (Achnasheen), 20, **60**  
 Meallan Odhar (Glen Moriston), 34,  
**69**  
 Meallan Odhar Doire nan Gillean,  
 25, **67**  
 Mealna Letter, **208**  
 Meigle Hill, 73, **123**  
 Meikle Balloch Hill, 28, 29, **94**  
 Meikle Bin, 57, 64, **114, 244**  
 Meikle Black Law, 67, **125**  
 Meikle Conval, 28, **93**  
 Meikle Dornell, 83, 84, **120, 193, 205**  
 Meikle Millyea, 77, **119**  
 Meikle Says Law, 67, **26, 125, 206,**  
**228**  
 Meith Bheinn, 40, **75**  
 Mellbreak, 89, **133**  
 Meluncart, 45, **100**  
 Mendick Hill, 65, 72, **124**  
 Merbach Hill, 148, 161, **165**  
 Mere Hill, 137, 148, 149, **160**  
 Merrick, 77, **16, 26, 118, 120, 126, 228**  
 Mickle Fell, 91, 92, **137, 228**

- Mid Hill (Luss Hills), **198**  
 Mid Hill (Orkneys), 6, 7, **22, 183, 225**  
 Mid Kame, **253**  
 Mid Tooin, **212**  
 Mid Ward, 3, **181, 225**  
 Middle Fell, 89, **132**  
 Middle Knoll, 102, 103, **138**  
 Middlefield Law, 71, **123**  
 Middlehope Hill, 137, 138, **159**  
 Middleton Hill, **219**  
 Middletown Hill, **248**  
 Midi Field, 4, **182**  
 Migdale Rock, 21, **51**  
 Mile Hill, 53, **100**  
 Milk Hill, 173, **144, 197, 218, 229**  
 Mill Buie, 27, **83**  
 Milldoe, 6, **183, 212, 249**  
 Millfore, 77, **119**  
 Milljoan Hill, **245**  
 Millstone Hill (Garloch), 38, **95**  
 Millstone Hill (Keith), 28, **95, 193, 194**  
 Minch Moor, 73, **126**  
 Minto Hills, 73, **128**  
 Mochrum Fell (Loch Ken), 77, 84, **121**  
 Mochrum Fell (Machars), 82, **118**  
 Mochrum Hill, 70, 76, **119**  
 Moel Arthur, 116, **148**  
 Moel Bentyrch, 125, **153, 204**  
 Moel Bylchau, 147, 160, **157**  
 Moel Cynghorion, 115, **147**  
 Moel Eilio, 115, **147**  
 Moel Famau, 116, **148, 229**  
 Moel Farlwyd, **247**  
 Moel Fenni Fach, 160, **157**  
 Moel Fferna, 125, **152**  
 Moel Fodiar, 116, **148**  
 Moel Gornach, **209**  
 Moel Gyw, 116, **149, 247**  
 Moel Hafodowen, 124, **149**  
 Moel Hebog, 115, **24, 146, 206**  
 Moel Hywel, 136, 147, **158**  
 Moel Llyfnant, 124, 125, **149**  
 Moel Llygoed, 125, **151, 209**  
 Moel Maenefa, 116, **148**  
 Moel Morfydd, 116, **148, 209**  
 Moel Oernant, 124, **149, 247**  
 Moel Penamnen, 115, **149, 247**  
 Moel Penderyn, 160, **163**  
 Moel Pen-y-bryn, 115, **149**  
 Moel Siabod, 115, **24, 147, 149, 150**  
 Moel Tan y Coed, 117, 125, **148**  
 Moel Tryfan, 254, **146**  
 Moel Wnion, 115, **147**  
 Moel y Dyniewyd, 115, **150**  
 Moel y Fronllwyd, 125, **151**  
 Moel y Gaer, 17, **148, 209, 247**  
 Moel y Gamelin, 116, **25, 148**  
 Moel y Golfa, 126, **159, 248**  
 Moel y Gwelltyn, 125, **152**  
 Moel y Gydros, 116, **149**  
 Moel y Llyn, 135, **154**  
 Moel y Waun, **247**  
 Moel yr Ogof, 115, **146**  
 Moel Ysgyfarnogod, 124, **150**  
 Moel-ddu, 124, **146**  
 Moelfre (Builth Wells), 147, **157**  
 Moelfre (Llanidloes), 136, **158**  
 Moelfre (Machynlleth), 135, 136, **154, 206**  
 Moelfre (Newcastle Emlyn), 145, **156**  
 Moelfre (Rhinogs), 124, **150**  
 Moelfre Isaf, 116, **148, 247**  
 Moelfre Uchaf, 116, **148**  
 Moelwyn Bach, 124, **150**

- Moelwyn Mawr, 124, **25**, **150**  
 Moel-y-gest, 124, **146**  
 Mona Gowan, 37, **96**  
 Monadh Mòr, 36, 43, **93**  
 Monadh nam Mial, 52, **115**  
 Monamenach, 43, **99**  
 Moncreiffe Hill, 58, **114**  
 Moneylaws Hill, 74, **131**  
 Monkham Hill, 181, **167**, **221**  
 Monluth Hill, 45, **100**  
 Mons Hill, **252**  
 Monynut Edge, **199**  
 Moorbrock Hill, 77, **120**  
 Mòr Bheinn, 51, 52, 57, **116**, **244**  
 Morrone, 43, **98**, **243**  
 Mortlich, **243**  
 Moruisg, 25, **27**, **65**  
 Morven (Aberdeenshire), 37, **24**, **94**,  
     **96**  
 Morven (Caithness), 17, **28**, **50**  
 Moss Houll, **253**  
 Mount Battock, 44, **100**, **244**  
 Mount Blair, 43, **24**, **100**  
 Mount Eagle, 26, **66**  
 Mount Hill, 59, **117**  
 Mount Keen, 44, **24**, **100**  
 Mount Misery, **211**  
 Mount of Haddoch, **251**  
 Mount Shade, 45, **100**  
 Mount, The, *see* **The Mount**  
 Mountbenger Law, 73, **127**  
 Mountherrick Hill, 71, 72, **123**, **203**  
 Mounthuillie, **244**, **253**  
 Mow Cop, 118, **141**, **234**, **237**  
 Moyle Hill, 84, **121**  
 Muaitheabhal, 13, 14, **172**  
 Mudlee Bracks, **244**  
 Muirneag, 8, **171**  
 Mull Hill, 95, **187**  
 Mull of Miljoan, **245**  
 Mulla bho Dheas, 13,14, **170**  
 Mullach a' Chadha Bhuidhe, 20, **56**,  
     **220**  
 Mullach a' Ghlinne, 34, **81**, **220**  
 Mullach an Eilein, 18, **169**, **223**, **234**  
 Mullach an Rathain, 25, **63**  
 Mullach Bàn, **250**  
 Mullach Bi, 18, **169**  
 Mullach Breac Mhalasgair, 13, 14,  
     **171**, **206**  
 Mullach Buidhe (Beinn Bharrain),  
     **212**  
 Mullach Buidhe (Shiants), 14, **22**,  
     **169**, **223**  
 Mullach Clach a' Bhlair, 35, 43, **93**  
 Mullach Coire a' Chuir, 56, **110**  
 Mullach Coire Mhic Fhearchair, 19,  
     **27**, **59**, **205**  
 Mullach Coire nan Geur-oirean, 41,  
     **76**  
 Mullach Fraoch-choire, 33, **69**  
 Mullach Mòr (Holy Island), 69, **186**,  
     **226**  
 Mullach Mòr (Rùm), 32, 39, **178**  
 Mullach na Càrn, 32, **22**, **178**, **224**  
 Mullach na Dheiragain, 25, 33, **68**  
 Mullach na h-Àirde Bige, 13, **170**  
 Mullach nan Cadhaichean, 24, 19,  
     **63**, **242**  
 Mullach nan Coirean, **254**, **257**  
 Mullwharchar, 77, **118**  
 Muncaster Fell, 96, 17, **134**, **212**  
 Murrayshall Hill, 53, 58, **101**  
 Murton Fell, 89, **132**, **209**  
 Muskna Field, **249**  
 Muswell Hill, 164, 165, **xxii**, **143**, **206**

- Mwdwl-eithin (Cerrigydrudion),  
116, **147**
- Mwdwl-eithin (Glasfryn), 116, **24**,  
**147**
- Mwdwl-eithin (Vale of Conwy), 116,  
**148**
- Mwmffri, 160, **157**
- Myarth, 161, **165**
- Mynydd Allt-y-grug, 160, **162**, **221**
- Mynydd Anelog, 123, **146**, **247**
- Mynydd Bach, 135, 147, **155**, **201**,  
**247**
- Mynydd Bedwellte, 161, **163**, **204**
- Mynydd Bodafon, 114, **22**, **187**, **200**,  
**226**
- Mynydd Bwlch-y-Groes, 160, **157**,  
**236**, **237**, **248**
- Mynydd Carnguwch, 123, **146**
- Mynydd Carningli, 145, **157**
- Mynydd Carn-y-cefn, 161, **163**
- Mynydd Castlebythe, 145, 157, 158,  
**157**
- Mynydd Cennin, 115, 123, **146**
- Mynydd Cilan, 123, **146**, **206**, **215**
- Mynydd Coch West Top, **209**
- Mynydd Coety, **209**
- Mynydd Cwmcelli, 124, 125, **151**
- Mynydd Cynros, 146, **25**, **156**
- Mynydd Deulyn, 115, **147**
- Mynydd Dinas (Port Talbot), 170,  
**164**, **196**
- Mynydd Dinas (Tonypandy), **xxii**,  
**252**, **253**
- Mynydd Drumau, 170, **163**
- Mynydd Eilian, 114, **187**
- Mynydd Emroch, 170, **163**, **212**
- Mynydd Enlli, 123, **187**, **226**
- Mynydd Epynt, 147, **19**, **25**, **157**, **248**
- Mynydd Ferddin, 149, 161, **xxii**, **165**,  
**199**
- Mynydd Figyn, 146, **156**, **236**
- Mynydd Garth-Gwynion, 135, **154**
- Mynydd Gelliwastad, **248**
- Mynydd Gethin, 170, **163**
- Mynydd Llangorse, 161, **165**
- Mynydd Llangyndeyrn, 159, **162**
- Mynydd Llangynidr, 161, **163**
- Mynydd Llansadwrn, 146, **156**
- Mynydd Llanybyther, 146, **156**, **236**
- Mynydd Machen, 171, **163**
- Mynydd Maendy, 170, **164**
- Mynydd Marchywel, 170, **163**
- Mynydd Margam, 170, **164**, **202**
- Mynydd Marian, 116, **148**
- Mynydd Mawr (Berwyns), 125, **152**
- Mynydd Mawr (Eifionydd), 115,  
**146**, **206**
- Mynydd Mawr (Lleyn), **247**
- Mynydd Meio, **248**
- Mynydd Merddin, **199**
- Mynydd Myddfai, 160, **162**, **248**
- Mynydd Mynyllod, 125, **149**, **204**
- Mynydd Nodol, 124, 125, **149**
- Mynydd Pencarreg, 146, **156**
- Mynydd Rhiwerfa, **209**
- Mynydd Rhiw, 123, **146**, **206**
- Mynydd Rhyd Ddu, 116, **148**, **196**
- Mynydd Sylen, 159, **162**
- Mynydd Trawsnant, 147, **156**
- Mynydd Troed, 161, **165**
- Mynydd Tryfan, 116, **148**
- Mynydd Twyn-glas, 171, **163**
- Mynydd Uchaf, 160, **162**
- Mynydd y Betws, 159, **162**, **230**, **236**,  
**248**
- Mynydd y Bryn, 126, **152**

- Mynydd y Cwm, 116, **148**, 196, 209  
 Mynydd y Garn, 114, **187**  
 Mynydd y Glyn (Llanfyllin), 125, **151**  
 Mynydd y Glyn (Pontypridd), 170,  
     **164**  
 Mynydd y Grug, 171, **163**  
 Mynydd y Lan, 171, **163**  
 Mynydd-y-briw, 125, **152**
- N**
- Na Cruachan, 33, **72**  
 Na Dromannain Dubha, 241  
 Na Gruagaichean, 243, 254, 257  
 Na h-Uamhachan, 40, **76**  
 Na Maoilean, 49, **89**, 220  
 Na Rathanan, 19, 24, **63**  
 Na Tuadhan, 241  
 Naddle Fell, 209  
 Nead an Fhìor-eòin, 32, **177**, 210  
 Nether Oliver Dod, 72, **127**  
 Nettle Hill, 91, **136**, 204  
 Newmarket Hill, 198, **145**  
 Newton Tors, 74, 75, **131**  
 Newtyle Hill, 52, 53, **97**  
 Newydd Fynyddog, 136, **155**  
 Nine Barrow Down, 195, **168**, 196,  
     210  
 Nine Standards Rigg, 91, 92, **137**  
 Niosa Mhòr, 13, **170**  
 Noethgrug, 160, **157**  
 Normanby Top, 113, **142**, 199, 206,  
     229  
 Norman's Law, 53, 59, **117**  
 North Barrule, 95, **187**  
 North Berwick Law, 66, **124**  
 North Downs, 199  
 North Hill, 63, **122**, 208  
 North Lee, 210
- Northballo Hill, 244, 253  
 North's Seat, 199, **145**  
 Norton Camp, 137, **159**  
 Noss Head, 4, **181**, 200, 225  
 Noup of Noss, 200  
 Nutberry Hill, 71, **123**, 205
- O**
- Oakeley Mynd, 137, **158**  
 Oaken Head, 97, **136**, 204  
 Oileasail, 13, **170**  
 Oireabhal, 13, 14, **171**, 249  
 Oisebhal, 18, **169**  
 Old Man of Coniston, The, *see* **The  
     Old Man of Coniston**  
 Old Man of Hoy, 7, 10, **183**, 234, 235  
 Old Radnor Hill, 148, **160**  
 Oldchapel Hill, 136, **158**  
 Oliver's Mount, 101, **139**, 235  
 Ord Bàn, 35, 36, **93**  
 Ord Hill, 26, **66**  
 Ormiston Hill, 58, **117**, 208  
 Orval, 39, **178**, 249  
 Oughtershaw Common, 209  
 Overmoor, 118, **141**  
 Oxen Craig, 211  
 Oxenton Hill, 150, **142**
- P**
- Pap of Glencoe, 208  
 Paper Hill, 246  
 Pared y Cefn-hir, 219  
 Parlan Hill, 50,56, **112**  
 Parson's Pulpit, 98, **139**  
 Peel Fell, 80, **27**, **130**, 206, 221, 231,  
     246  
 Pegwn Mawr, 136, **25**, **158**, 206  
 Pen Allt-mawr, 161, **165**

- Pen Carreg Gopa, 135, **154**  
 Pen Coed-swydd, 148, **160**  
 Pen Felin-wynt, 135, 147, **155**  
 Pen Foel-y-ffridd, 124, 125, **150**  
 Pen Llithrig y Wrach, 115, **147**  
 Pen Panau-gleision, **248**  
 Pen y Berth, 125, **151**  
 Pen y Darren, **219**  
 Pen y Fan (Brecon Beacons), 160,  
     xxiii, 19, **25, 154, 162, 163, 165,**  
     **230**  
 Pen y Fan (Pembrokeshire), 145, **157**  
 Pen y Garn-goch, 147, **156**  
 Pen y Garn, 135, 147, **155**  
 Pen y Graig-fawr, **247**  
 Pen y Moelfre, 159, **156**  
 Pen yr Allt-fawr, 135, **154**  
 Penberry, **252**  
 Pen-caenion, 136, **153**  
 Penchrise Pen, 79, **129**  
 Pen-crug-melyn, 146, **25, 156**  
 Pendle Hill, 103, **26, 141, 264**  
 Penglais, 135, **154**  
 Peniel Heugh, 74, **128, 206**  
 Penlan Voss, 159, **156**  
 Pentir-bach, **248**  
 Penvalla, 72, **124**  
 Penycloddiau, 116, **149**  
 Pen-y-coed (Clwydians), **199**  
 Pen-y-coed (Llangollen), 117, **152**  
 Pen-y-crug, 160, **157, 209**  
 Penygadair, **212**  
 Pen-y-ghent, 98, **139**  
 Pen-yr-allt, 159, **156, 192**  
 Periton Hill, 181, **167**  
 Peter Hill, 44, **100**  
 Philip Law, **246**  
 Pibble Hill, 83, **120**  
 Pike Fell (Hawick), 79, **130, 206**  
 Pike Fell (Langholm), 79, **129**  
 Pike of Blisco, 89, 90, **134**  
 Pikethaw Hill, 79, **128**  
 Pillar, 89, 90, **132**  
 Pilsdon Pen, **195**  
 Pinbreck Hill, **245**  
 Pinderachy, 44, **100, 244**  
 Pinhaw Beacon, 103, **140**  
 Place Fell, 90, **136**  
 Plynlimon, **199**  
 Pole Bank, 42, **212**  
 Pole Hill (Sidlaws), 53, 58, **101**  
 Pole Hill (Strath Naver), 10, **50, 207**  
 Pontop Pike, 88, **137**  
 Potholm Hill, 79, **128**  
 Pressendye, 37, **96**  
 Preston Hill, 74, 75, **131**  
 Priesthope Hill, **245**  
 Pumlumon Fawr, 135, xxiii, **25, 154,**  
     **156–161, 199, 206, 230, 247**  
 Pykestone Hill, 72, **126, 245**
- Q**
- Quarrystone Bank, xxii, **252, 253**  
 Quarrywood Hill, **251**  
 Quarter Wood Hill, **208**  
 Queensberry, 78, **126**  
 Quickningair Hill, 79, **128**  
 Quinag, 15, **53, 211**  
 Quothquan Law, 72, **124**
- R**
- Rachan Hill, 72, **127, 192**  
 Ragged Stone Hill, **248**  
 Ragleth Hill, 137, 138, **159**  
 Rainberg Mòr, 61, **185, 249**  
 Randygill Top, 91, **137**



- Rapaire, 13, 14, **171, 204**  
 Raven Rock, 20, **57, 192**  
 Raw Head, 117, **152, 197, 230**  
 Red Screes, 90, **135**  
 Reigate Hill, 187, **145**  
 Rest Dodd, 90, **136**  
 Rhialgwm, 125, **151**  
 Rhinog Fach, 124, **150**  
 Rhinog Fawr, 124, **150**  
 Rhiw Gwraidd, 147, **159, 221, 222**  
 Rhobell Fawr, 124, **149**  
 Rhos Fawr, **219**  
 Rhos Ymryson, 146, **155**  
 Rhossili Down, 159, **10, 162, 212**  
 Ridgeway Hill, 195, **168**  
 Riding Hill, 72, **124**  
 Rippon Tor, 191, **166**  
 Roaches, The, *see* **The Roaches**  
 Roan Fell, 79, **129**  
 Robins Wood Hill, 162, **142**  
 Robinson, 89, 90, **133**  
 Rogan's Seat, 91, 92, **137**  
 Roineabhal (Harris), 18, **172**  
 Roineabhal (Lewis), 13, 14, **171, 206**  
 Roineabhal (South Uist), 31, **173**  
 Roineval (Skye), 32, **176**  
 Rois-Bheinn, 40, **27, 76, 219**  
 Rombald's Moor, 104, **139, 199**  
 Rome Hill, **246**  
 Ronas Hill, 1, 3, **22, 182, 225, 230**  
 Ros Hill, 75, **27, 131**  
 Rough Side, 72, **127, 208**  
 Round Hill (Urre Moor), **212**  
 Round Hill (Wharfedale), 104, **138**  
 Royl Field, 4, **182**  
 Roy's Hill, **251**  
 Ruabhal, 22, **173, 224**  
 Ruadh Mheall, 51, **115**  
 Ruadh Stac Mòr (Fisherfield), 19, **59**  
 Ruadh Stac, 32, **177**  
 Ruadh-stac Beag, 19, **63**  
 Ruadh-stac Mòr (Beinn Eighe), **211**  
 Ruardean Hill, 162, **161, 236**  
 Rubers Law, 80, **130**  
 Rubha Raonuill, **251**  
 Ryder's Hill, 202, **166, 248**
- S**
- 'S Airde Beinn, 47, **179**  
 Sabhal Beag, 9, **48**  
 Saddle (Ardgoil), The, *see* **The Saddle (Ardgoil)**  
 Saddle (Glen Shiel), The, *see* **The Saddle (Glen Shiel)**  
 Saddleback, **209**  
 Sail Chalmadale, 62, 69, **186, 196**  
 Sàil Chaorainn, **254**  
 Sail Gharbh, **211**  
 Sail Ghorm, 15, **53**  
 Sail Mhòr (Beinn Eighe), 19, **63, 255**  
 Sail Mhòr (Little Loch Broom), 19, **58**  
 Sàileag, **254, 257**  
 Sale Fell, 89, 90, **133**  
 Saline Hill, 58, **117**  
 Sal-vaich, 17, **50**  
 Sand Field, 3, **182**  
 Sanda Island, 68, **184, 226**  
 Sandale Hill, 89, 90, **135**  
 Sandness Hill, 3, **182, 249**  
 Sandwater Hill, **253**  
 Saugh Hill, **219**  
 Saxa Vord, 1, **22, 181, 225**  
 Sca Fell, 89, 90, 3, **133, 197**  
 Scafell Pike, 89, 90, 3, **25, 132, 133, 135, 214, 228**  
 Scald Law, 65, 66, 26, **124**

- Scalla Field, 2, 3, **182**  
 Scantips, **200**  
 Scar Hill, 37, **96, 193**  
 Scaraben, 17, **50, 265**  
 Scaw'd Fell, 78, **128, 246**  
 Schiehallion, 42, 51, 52, **23, 103**  
 Schil, The, *see* **The Schil**  
 Scout Hill, 97, **136**  
 Scout Scar, 97, **136, 199, 201, 204**  
 Scrabster Hill, **250**  
 Scrae Field, 4, **182**  
 Scrinadle, 61, **185**  
 Scurran, The, *see* **The Scurran**  
 Seabhal (Lewis), **252**  
 Seabhal (South Uist), 22, **173**  
 Seager Hill, 149, **161, 221**  
 Seamer Beacon, 101, **139**  
 Sean Mheall, **242**  
 Seana Bhraigh, 20, **56**  
 Seana Mheallan, 25, **62**  
 Seat Sandal, 90, **135**  
 Seatallan, 89, **132**  
 Second Crinkle, **212**  
 See Morris Hill, 84, **121**  
 Sell Moor Hill, 73, **125, 196**  
 Selworthy Beacon, 181, **167**  
 Setmurthy Common, **209**  
 Seven Wells Hill, 150, **142, 236**  
 Sgairneach Mhòr, 42, **90**  
 Sgalabhal, 13, 14, **171**  
 Sgaorishal, 32, 39, **178**  
 Sgaoth Àird, 13, 14, **171**  
 Sgarbh Breac, 60, 61, **185**  
 Sgarbh Dubh, 60, 61, **185**  
 Sgiath a' Chaise, 57, **116**  
 Sgiath Chuil East Top, 51, **105**  
 Sgiath Chuil, 51, **105**  
 Sgòr an h-Iolaire, 37, 44, **99**  
 Sgòr an Lochain Uaine, 36, 43, **93, 208, 213**  
 Sgòr Choinnich, 42, **86, 256**  
 Sgòr Fhionnaich, 10, **49**  
 Sgòr Gaibhre, 42, **86, 256**  
 Sgòr Gaoith, 36, 43, **93**  
 Sgòr Mòr (Cairngorms), 43, **92**  
 Sgòr Mòr (Glen Ey), 43, **98**  
 Sgòrach Breac, 32, **177**  
 Sgòrach Mòr, 56, **110, 219**  
 Sgòrr a' Choise, 41, **88**  
 Sgòrr an Fhàraidh, 39, **178**  
 Sgòrr an Tarmachain, 40, **77**  
 Sgòrr Bhogachain, 60, **185**  
 Sgòrr Craobh a' Chaorainn, 40, **77**  
 Sgòrr Dhearg, 42, **211**  
 Sgòrr Dhonuill, 41, 42, **88**  
 Sgòrr Mhic Eacharna, 40, **78**  
 Sgòrr na Ciche, 41, **87, 208**  
 Sgòrr na Diollaid, 25, **67, 242**  
 Sgòrr na Ruadhraich, **242**  
 Sgòrr nam Faoileann, 60, **185**  
 Sgòrr nam Fiannaidh, 41, **23, 87**  
 Sgòrr nan Lochan Uaine, 25, **62**  
 Sgòrr Ruadh, 25, **27, 62**  
 Sgòrr Tuath, 15, 10, **54, 197**  
 Sgreadan Hill, 68, **109**  
 Sgribhis-bheinn, 9, **49**  
 Sguman Coinnich, 25, **67**  
 Sgùrr a' Bhac Chaolais, 33, **70, 219**  
 Sgùrr a' Bhealaich Dheirg, 33, **70, 254**  
 Sgùrr a' Bhraonain, 33, **71**  
 Sgùrr a' Chaorachain (Applecross),  
 24, **61**  
 Sgùrr a' Chaorachain (West Monar),  
 25, **66**  
 Sgùrr a' Chaorainn, 40, **78**  
 Sgùrr a' Chlaidheimh, 33, **72**

- Sgùrr a' Choinnich, 56, **110**  
 Sgùrr a' Choire Ghlais, 25, **27, 65, 66,**  
     **242**  
 Sgùrr a' Choire-bheithe, 33, **72**  
 Sgùrr a' Choire-rainich, 25, **65, 195**  
 Sgùrr a' Gharaidh, 24, **62**  
 Sgùrr a' Ghlas Leathaid, **195**  
 Sgùrr a' Ghreadaidh, 32, **176, 255**  
 Sgùrr a' Mhadaidh, **255**  
 Sgùrr a' Mhàim, 41, **85**  
 Sgùrr a' Mhaoraich, 33, **27, 70**  
 Sgùrr a' Mhuidhe, 40, **75**  
 Sgùrr a' Mhuilinn, 25, **65**  
 Sgùrr Alasdair, 32, **23, 42, 175, 177,**  
     **214, 224, 255**  
 Sgùrr an Airgid, 25, 33, **68**  
 Sgùrr an Doire Leathain, 33, **70**  
 Sgùrr an Eilein Ghiubhais, **242**  
 Sgùrr an Fhidhleir, 15, **54**  
 Sgùrr an Fhuarain, 33, 40, **73**  
 Sgùrr an Iubhair, **251**  
 Sgùrr an Lochain, 33, **70, 242**  
 Sgùrr an t-Searraich, 33, **70**  
 Sgùrr an Utha, 40, **75**  
 Sgùrr Bà, 19, **59**  
 Sgùrr Beag (Glen Shiel), **242**  
 Sgùrr Beag (Loch Quoich), 33, 40, **73**  
 Sgùrr Bhuidhe, 33, 40, **73**  
 Sgùrr Breac, 20, **60**  
 Sgùrr Choinich (Loch Arkaig), 34, **74**  
 Sgùrr Choinnich (West Monar), 25,  
     **66**  
 Sgùrr Choinnich Mòr, 41, **84**  
 Sgùrr Coire Choinnichean, 33, **72**  
 Sgùrr Còs na Breachd-laoidh, 33, 40,  
     **73**  
 Sgùrr Creag an Eich, **257**  
 Sgùrr Dearg (Mull), 49, **180**  
 Sgùrr Dearg (Skye), 32, **175, 212, 234,**  
     **235**  
 Sgùrr Dhomhnuill, 40, **27, 77, 78, 79**  
 Sgùrr Dhomhuill Mòr, 40, **76, 242**  
 Sgùrr Dubh Mòr, **255**  
 Sgùrr Dubh, 25, **62**  
 Sgùrr Eilde Mòr, 41, **85**  
 Sgùrr Eireagoraidh, 33, 40, **73, 198,**  
     **242**  
 Sgùrr Fhuaran, 33, **70, 256**  
 Sgùrr Fhuar-thuill, 25, **66**  
 Sgùrr Fìona, 19, **58, 255, 257**  
 Sgùrr Gaorsaic, 25, 33, **68**  
 Sgùrr Ghiubhsachain, 40, **27, 77**  
 Sgùrr Innse, 41, **84**  
 Sgùrr Marcasaidh, 26, **65**  
 Sgùrr Mhairi, **212**  
 Sgùrr Mhic Bharraich, 33, **71**  
 Sgùrr MhicChoinnich, **255**  
 Sgùrr Mhurlagain, 33, **73, 203**  
 Sgùrr Mòr (Beinn Alligin), **211**  
 Sgùrr Mòr (Fannaichs), 20, **27, 52, 55,**  
     **58, 59, 60, 61, 62, 214, 232**  
 Sgùrr Mòr (Loch Quoich), 33, 40, **73**  
 Sgùrr na Ba Glaise, 40, **76**  
 Sgùrr na Banachdaich, 32, **176**  
 Sgùrr na Bana-Mhoraire, 24, **62, 192**  
 Sgùrr na Càrnach, 33, **70**  
 Sgùrr na Cìche, 33, 40, **27, 73, 74**  
 Sgùrr na Ciste Duibhe, 33, **70**  
 Sgùrr na Cloiche, **250**  
 Sgùrr na Coinnich, 33, **177, 213**  
 Sgùrr na Dubh-chreige, 40, **73**  
 Sgùrr na Feartaig, 25, **66**  
 Sgùrr na h-Iolaire, 32, **177**  
 Sgùrr na h-Uamha, **249**  
 Sgùrr na h-Ulaidh, 41, **88, 256**  
 Sgùrr na Laire Brice, 33, **70**

- Sgùrr na Lapaich (Glen Affric), 25, **68, 256**
- Sgùrr na Lapaich (Glen Cannich), 25, **27, 66, 67**
- Sgùrr na Mòraich, 33, **70**
- Sgùrr na Muice, 25, **66**
- Sgùrr na Ruaidhe, 25, **66**
- Sgùrr na Sgine, 33, **71**
- Sgùrr na Stri, 32, **176, 221**
- Sgùrr nan Caorach, 32, 39, **177, 202**
- Sgùrr nan Ceannaichean, 25, **65**
- Sgùrr nan Ceathreamhnan, 25, 33, **68**
- Sgùrr nan Clach Geala, 20, **60**
- Sgùrr nan Cnamh, 40, **78**
- Sgùrr nan Coireachan (Glen Dessarry), 33, 40, **73**
- Sgùrr nan Coireachan (Glen Finnan), 40, **75**
- Sgùrr nan Conbhairean, 34, **69, 254**
- Sgùrr nan Each, 20, **60**
- Sgùrr nan Eag, 32, **175**
- Sgùrr nan Eugallt, 33, **72, 200**
- Sgùrr nan Fhir Duibhe, 19, **63, 192, 255**
- Sgùrr nan Gillean, 32, **176, 249**
- Sgùrr nan Saighead, 33, **70, 256**
- Sgùrr Thionail, 33, **70**
- Sgùrr Thuilm (Glen Finnan), 40, **27, 75**
- Sgùrr Thuilm (Skye), 32, **176**
- Shalloch on Minnoch, 77, **118, 245**
- Shankend Hill, **246**
- Sharp Haw, 103, **139**
- Shaw Hill, 77, **119**
- Shaw's Hill, 73, **128**
- Sheabhal, 31, **22, 174, 224**
- Shee of Ardtalnaig, 51, 52, **115, 199**
- Sheen Hill, **246**
- Sheep Rock, 4, **181, 193, 234**
- Sheepwalks Hill, 138, **142, 193, 201, 236**
- Sheriff Hill, 88, **137, 235**
- Shill Moor, 80, **131**
- Shillhope Law, 80, **131**
- Shining Tor, 118, **26, 141, 229, 246**
- Shobdon Hill, 137, 148, 149, **160**
- Shona Beag, **249**
- Shotover Hill, 164, **143, 236**
- Shutlingsloe, 118, 11, **141, 246**
- Siambhr Trawsfynydd, **209**
- Sidhean a' Choin Bhàin, **219**
- Sidhean Mòr (Point of Stoer), 15, 10, **53**
- Sidhean nan Ealachan, 15, **184, 215, 226**
- Sighty Crag, 80, **27, 129**
- Simon's Seat, 98, **138**
- Sir William Hill, 119, **140, 237**
- Sithean a' Bhealaich Chumhaing, 23, 24, **175**
- Sithean Mòr (Gairloch), 19, **64**
- Sithean Mòr (Handa), 9, **184, 226**
- Sithean Mòr (Morar), 40, **75**
- Sithean na Raplaich, 49, **79, 243**
- Skefhill Pen, 79, **129**
- Skid Hill, **245**
- Skiddaw, 89, 90, 18, 27, **135**
- Skipton Moor, 104, **139**
- Slappers Hill, 202, **167**
- Slat Bheinn, 33, **72**
- Slate, The, *see* **The Slate**
- Sleddale Forest, 90, **136, 201, 202**
- Slèiteachal Mhòr, 13, 14, **171**
- Sletill Hill, 11, **50**
- Sliabh Meadhonach, 39, **178**

- Slieau Freoaghane, 95, **187**  
 Slieau Whallian, 95, **187**  
 Slioch, 19, **27, 59**  
 Small Mount, 17, **50**  
 Smean, 17, **50**  
 Smearsett Scar, 98, **138**  
 Snaefell, 95, **22, 187, 226, 230, 237**  
 Sneathabhal Mòr, 13, **170**  
 Snowdon, 115, 16, 19, **24, 133, 146, 147, 150, 163, 212, 214, 229, 236, 237**  
 Soroba Hill, 55, **106, 244**  
 Sotan, 31, **174, 224**  
 South Barrule, 95, **187**  
 South Hill, 151, **142, 247**  
 South Lee, **210**  
 Sow of Atholl, The, *see* **The Sow of Atholl**  
 Spango Hill, 71, 78, **123**  
 Spartleton, 67, **125, 206, 245**  
 Speinne Mòr, 47, 48, **23, 179**  
 Speirean Ruadh, 42, 51, 52, **103**  
 Spidean a' Choire Lèith, **211**  
 Spidean Coinich, 15, **53**  
 Spidean Coire nan Clach, 25, **63, 255**  
 Spidean Mialach, 33, **71**  
 Spittal Hill, **250**  
 Sranndabhal, 18, **172**  
 Sròn a' Choire Chnapanaich, 51, **104**  
 Sròn a' Choire Ghairbh, 34, **27, 74, 242**  
 Sròn a' Chuilinn, **244**  
 Sròn Bhùirich, **198**  
 Sròn Chon, 42, **90**  
 Sròn Coire nan Cearc, **242**  
 Sròn na Ban-righ, 43, **91**  
 Sròn na Gaoithe, 35, **91**  
 Sròn na h-Iolaire, **208**  
 Sròn na Maoile, **195**  
 Sròn ri Gaoith, 13, **170, 249**  
 Sròn Romul, 13, **22, 169, 223**  
 Sròn Smeur, 42, **86**  
 St Boniface Down, 196, **22, 187, 226, 230, 237**  
 St Breock Beacon, **248**  
 St Catherine's Hill, 196, **187**  
 St Elmo's Summer House, **247**  
 St Rayn's Hill, 193, **168, 237**  
 St Sunday Crag, 90, **135**  
 Stac an Armin, 18, **169, 223, 234**  
 Stac Gorm, 26, 35, **82**  
 Stac Lee, 18, 8, 9, **169, 223, 234**  
 Stac na Cathaig, 26, **83**  
 Stac Pollaidh, 15, **55, 235**  
 Stacaiseal, **252, 253**  
 Stack of Glencoul, 15, **52**  
 Staerough Hill, **246**  
 Stanborough Hill, **248**  
 Stanner Hill, 148, **160**  
 Stanton Moor, 119, **141**  
 Staon Bheinn, **249**  
 Staple Hill, 193, 26, **167, 168, 248**  
 Startup Hill, 72, **127**  
 Steele's Knowe, 58, **117**  
 Steinman Hill, **251**  
 Steygail, 71, 78, **126**  
 Stickle Pike, 96, **134**  
 Stingwern Hill, 136, **153**  
 Stiperstones, 137, **25, 159**  
 Stob a' Bhealach an Sgriodain, 40, **77, 198**  
 Stob a' Choin, 56, **113, 244**  
 Stob a' Choire Mheadhoin, 41, **84**  
 Stob a' Choire Odhair, 50, **102**  
 Stob a' Ghrianain, **211**  
 Stob an Aonaich Mhòir, 42, **90**

- Stob an Eas, 56, **110**  
 Stob an Fhuarain, 41, **88, 256**  
 Stob an Lochain, 57, **114, 208**  
 Stob Bàn (Grey Corries), 41, **84**  
 Stob Bàn (Mamores), 41, **85, 254**  
 Stob Binnein, 51, **112**  
 Stob Breac, 57, **113**  
 Stob Cadha Gobhlach, 19, **58, 255**  
 Stob Cadha na Beucaich, 9, **48**  
 Stob Choire Claurigh, 41, **84, 254**  
 Stob Coir an Albannaich, 50, **102**  
 Stob Coire a' Chàirn, 41, **85**  
 Stob Coire a' Chearcaill, 41, **77**  
 Stob Coire an Laoigh, **254**  
 Stob Coire Creagach, 50, 56, **108, 198, 244**  
 Stob Coire Easain, 41, **84**  
 Stob Coire nan Lochan, 41, **88, 256**  
 Stob Coire Raineach, 41, **88**  
 Stob Coire Sgreamhach, 41, **88**  
 Stob Coire Sgriodain, **254**  
 Stob Creag an Fhithich, **211**  
 Stob Dearg (Ben Cruachan), **244, 257**  
 Stob Dearg (Buachaille Etive Mòr), **211**  
 Stob Diamh, 50, **103**  
 Stob Dubh (Buachaille Etive Beag), **211**  
 Stob Dubh (south of Glen Etive), 50, **102, 198**  
 Stob Fear-tomhais, 57, **113, 199**  
 Stob Garbh, 51, **112, 256**  
 Stob Ghabhar, 50, **102**  
 Stob Loch an Eich Dhuibh, 19, **58, 193, 198**  
 Stob Mhic Bheathain, 40, **77**  
 Stob na Boine Druim-fhinn, 56, **110**  
 Stob na Bròige, 41, **88**  
 Stob na Cruaiche, 41, **87**  
 Stob na Doire, 41, **88, 256**  
 Stob Odhar, 62, **23, 108**  
 Stob Poite Coire Ardair, 34, 42, **81, 254**  
 Stob, The, *see* **The Stob**  
 Stockval, 32, **176**  
 Stoicleit an Ear, 14, **172, 193**  
 Stoicleit an Iar, 14, **172, 202**  
 Stoke Hill, 192, **167, 202, 237**  
 Stony Cove Pike, 90, **136, 209**  
 Stony Hill, 71, **123**  
 Stony Leas, 94, 101, **139**  
 Stood Hill, **199**  
 Storr, The, *see* **The Storr**  
 Stourbrough Hill, **249**  
 Stow Hill, 137, 148, **158, 248**  
 Strandlud Hill, 71, 77, **120**  
 Strathfinella Hill, 45, **101**  
 Strawberry Hill, 93, **137**  
 Streap, 40, **75, 242**  
 Stroc-bheinn, 23, 32, **176**  
 Stromacleit, **249, 252**  
 Strone Hill, **243**  
 Strone Nea, 20, **55, 192**  
 Stronend, 57, **114**  
 Struie, 21, **57**  
 Stubholm Hill, **208**  
 Stùc a' Chroin, 57, **116**  
 Stùc an Lochain, 51, **104**  
 Stùc Odhar, 57, **113**  
 Stùcan Dughail, 55, **108, 208, 244**  
 Stulabhal (Lewis), 13, 14, **171**  
 Stulabhal (South Uist), 22, **173**  
 Sturdy Hill, **244**  
 Suaineabhal, 13, **170**  
 Sugar Loaf, 161, **165, 207, 210**  
 Suidh' a' Mhinn, 23, **175**

- Suidhe Chatain, 63, **184**  
 Suilven, 15, **53, 211**  
 Sunnyhill, 137, **158**  
 Swainson Knott, 89, **132**  
 Swinside, 89, 90, **133, 196**  
 Swirl How, 89, 90, **134, 218**  
 Swyre Head, 195, **168, 196**  
 Symonds Hall Hill, 247
- T**
- Tal y Fan, 115, **147, 247**  
 Tal y Gareg, 135, **151**  
 Taliaris Hill, 146, **156**  
 Tamnasbhal, 13, **170**  
 Tan Hill, 218  
 Tap o'Noth, 37, **94**  
 Tarain Mòr (Loch Suaineabhal), 13, **170**  
 Taran Mòr (Loch Reasort), 13, **171**  
 Tarn Crag, 90, **136**  
 Tarn Rigg Hill, 212  
 Tarren Bwlch-gwyn, 135, **154, 209**  
 Tarren y Gesail, 124, 25, **151**  
 Tarrenhendre, 135, **151**  
 Tathabhal, 13, **170**  
 Tèileasbhal, 13,14, **171**  
 Teinneasabhal, 13, **170**  
 Telegraph Hill (Dorchester), 194, **168, 237**  
 Telegraph Hill (Midhurst), 186, 197, **144**  
 Temple Hill, 72, **124, 208**  
 Tennyson Down, 196, **187**  
 Tewsgill Hill, 72, **127, 246**  
 Thacla, 210  
 The Angel's Peak, 208  
 The Beacon (Rhossili Down), 212  
 The Beacon (Sherborne), 183, **143, 206, 247**  
 The Begwns, 148, 161, **160**  
 The Bell, 74, 75, **131**  
 The Berry, 7, **183**  
 The Bin, 29, **94**  
 The Bochel, 36, **94, 196**  
 The Brack, 56, **110**  
 The Buck, 37, **94**  
 The Cairnwell, 43, **98**  
 The Calf, 98, **137**  
 The Chevin, 104, **139**  
 The Cheviot, 74, 75, **27, 129, 130, 131, 228**  
 The Cloud, 118, **141, 209**  
 The Cobbler, 56, 8, **108, 208, 234**  
 The Compass, 249  
 The Coyles of Muick, 44, **99**  
 The Curr, 252  
 The Devil's Point, 254  
 The Fara, 42, **86**  
 The Fruin, 56, **111, 199**  
 The Hoe (Pabbay), 210  
 The Hoe (Skye), 23, **176**  
 The Lawley, 137, 138, **159**  
 The Mount, 72, **124**  
 The Old Man of Coniston, 96, 97, **134, 218**  
 The Roaches, 119, 11, **141**  
 The Saddle (Ardgoil), 244  
 The Saddle (Glen Shiel), 33, **70**  
 The Schil, 74, **131, 231, 246**  
 The Scurran, 52, **114**  
 The Slate, 68, **109**  
 The Sow of Atholl, 42, **90, 208**  
 The Stob, 51, **112**  
 The Storr, 23, **23, 175**  
 The Verne, 194, **168**

- The Watch Hill, 207  
 The Wiss, 73, **128**  
 The Wolds, 199  
 The Wrekin, 127, **26, 142, 143, 145,**  
     **206, 229**  
 Theseabhal Mòr, 31, **174, 224, 249**  
 Thirl Moor, 80, **131**  
 Thorpe Fell Top, 199  
 Three Gates Hill, 181, **167, 237**  
 Tighvein, 69, **186**  
 Tinkers Hill, 162, **142**  
 Tinto, 72, **26, 122, 245**  
 Tiorga Mòr, 13, 14, **22, 171**  
 Tips of Clunymore, 28, **94**  
 Tir Eilde, 52, **115, 199**  
 Tissington Hill, 246  
 Titlington Pike, 81, **131**  
 Titterstone Clee Hill, 137, 138, **160**  
 Tobha Rònigh, 8, **169, 224, 233**  
 Tod Fell, 84, **121, 245**  
 Tòdun, 14, **171**  
 Toll Creagach, 25, **68**  
 Toller Down, 252  
 Tolmount, 255  
 Tom a' Chòinich (Càrn Eige), 25, **68**  
 Tom a' Chòinnich (Ben Wyvis), 250  
 Tom an t-Saighdeir, 55, **106**  
 Tom an Uird, 36, **92**  
 Tom Anthon, 243  
 Tom Bailgeann, 26, 35, **23, 82, 205**  
 Tom Buidhe, 255  
 Tom Meadhoin, 41, **85**  
 Tom na Gruagaich, 19, 24, **63**  
 Tom na Slaite, 27, **83**  
 Tom nam Fitheach, 47, 48, **179**  
 Top o' Selside, 96, 97, **134**  
 Tor y Foel, 161, **163**  
 Torlum, 57, **116, 202, 245**  
 Torr a' Mhuilt, **208**  
 Torr Achilty, 26, **60**  
 Torr Alvie, 35, 36, **82**  
 Torr an Fhamhair, 49, **79**  
 Torr Dhamh, 244  
 Torr Mòr, 19, **59**  
 Torr Rìgh Mòr, 68, 69, **186**  
 Tosson Hill, 81, 27, **131**  
 Toy's Hill, 188, **145, 236**  
 Trahenna Hill, 72, **124**  
 Traprain Law, 67, **125, 206**  
 Tregonning Hill, 203, **166, 227**  
 Tre-pys-llygod, 116, **147**  
 Trichrug, 160, **162**  
 Trinneabhal, 249  
 Triuirebheinn, 31, **173**  
 Trolamul, 14, **171, 195**  
 Trollabhal, 39, **178**  
 Troston Hill, 245  
 Trostrey Hill, 161, **165, 204**  
 Troweir Hill, 76, **119, 205, 219**  
 Trum y Ddysgl, 115, **146**  
 Tryfan, 115, **147**  
 Tudhope Hill, 246  
 Tulach Hill, 43, **90**  
 Tullich Hill, 56, **111**  
 Tullo Hill, 44, **100**  
 Turin Hill, 54, **101**  
 Turnaichaidh, 60, **185, 193, 210**  
 Turner Cleuch Law, 73, **128**  
 Twyn Disgwylfa, 160, **157**  
 Tyrebagger Hill, 38, **96**  
 Tyrrau Mawr, 209
- U**  
 Uamh Bheag, 57, **116, 202, 220**  
 Uineabhal, 18, **173**  
 Uiseval, 195



- Uisgneabhal Mòr, 13, 14, **171**  
 Uisinis, 13, 14, **172**  
 Ulabhal, **249**  
 Uldale Head, 91, **137**  
 Ullscarf, 89, 90, **134**  
 Under Saddle Yoke, 78, **127**  
 Upper Park, 125, **153**  
 Urra Moor, 93, **25, 139, 212**  
 Uwch-mynydd, 124, **150**
- V**  
 Valla Field, 1, **181**  
 Venchen Hill, 74, **131**  
 Verne, The, *see* **The Verne**  
 Vestra Fiold, 6, **183**  
 View Edge, 137, **158**  
 Virdi Field, **253**  
 Vord Hill, 1, 2, **181, 225**
- W**  
 Waddington Fell, **218**  
 Waddles Down, 191, **167, 221, 236**  
 Walbury Hill, 174, **19, 26, 144, 229**  
 Walton Hill, 139, **142**  
 Wandale Hill, 98, **137**  
 Wansfell, **209**  
 Wapley Hill, 137, 148, 149, **160**  
 Warb Law, 79, **128, 208**  
 Ward Hill (Eday), 5, 6, **183, 215, 225**  
 Ward Hill (Fair Isle), 4, **22, 181, 225**  
 Ward Hill (Hoy), 6, 7, **22, 183, 225, 230**  
 Ward Hill (South Ronaldsay), 7, **183, 225**  
 Ward Law (Ettrick), 79, **128**  
 Ward Law (Manor Hills), **246**  
 Ward of Bressay, 4, **181, 225, 249**  
 Ward of Clett, 2, 3, **181, 225**  
 Ward of Culswick, **253**  
 Ward of Gairsay, 5, 6, **183, 215, 225**  
 Ward of Redland, **249**  
 Ward of Scousburgh, 4, **182, 249**  
 Ward's Stone, 102, **138, 222**  
 Wart Hill, **252**  
 Warth Hill, **250**  
 Warton Crag, 97, **136, 204**  
 Watch Croft, 203, **166, 199, 227**  
 Watch Hill, The, *see* **The Watch Hill**  
 Watch Hill, 89, **133, 209**  
 Waterhead, 77, **119**  
 Waughton Hill, 30, **95, 205**  
 Wauk Hill, 78, **120**  
 Waun Claerddu, **199**  
 Waun Fach, 161, **19, 25, 165**  
 Waun Leuci, **209**  
 Waun Rydd, 160, **163**  
 Waun-oer, 124, **151**  
 Wavering Down, 172, 182, **143**  
 Waystone Edge, **246**  
 Wedder Law, 78, **126**  
 Weisdale Hill, 3, **182**  
 Well Hill, 71, 78, **126**  
 Wellgrain Dod, 71, 78, **125**  
 Welsh Newton Common, 162, **165, 236**  
 Wendover Woods, 165, **26, 143, 199, 201, 206, 229**  
 Wennallt, **248**  
 Wentwood, 171, 172, **165, 230**  
 Werneth Low, **209**  
 West Cairn Hill, 65, 72, **124, 194, 228**  
 West Knock, **243**  
 West Lomond, 58, **117, 228**  
 Wester Dod, 67, **125, 199, 201**  
 Weston Down, 171, 172, **143, 236**  
 Wether Hill (Aberchirder), 29, **94**

- Wether Hill (Carsphairn Hills), 77, **121, 245**
- Wether Hill (Ochils), 58, **117**
- Wether Law, 72, **124**
- Wetherlam, 89, 90, **134**
- Wetton Hill, **199**
- Wetton Hump, 119, **141, 199**
- Whaley Moor, 109, **141**
- Wharncliffe Chase, **246**
- Whatborough Hill, 141, **142**
- Wheatham Hill, 186, 197, **144**
- Whernside, 98, **25, 138, 228**
- Whinfell, **252**
- Whins Brow, 102, 103, **138**
- Whitbarrow, 97, **136, 212**
- White Caterthun, 44, **100**
- White Coomb, 79, **26, 127, 128**
- White Downs, **199**
- White Down, 192, **167**
- White Grunafirth, 3, **182**
- White Hill (Biggar), 72, **127**
- White Hill (Bowland), 103, **138**
- White Hill (Cleveland Hills), **246**
- White Hill (Dalbeattie), 84, **121**
- White Hill (Hereford), 149, **161**
- White Horse Hill, 184, **10, 143**
- White Meldon, 73, **124**
- White Top of Culreoch, 83, **120**
- Whitehope Heights, 78, **127, 206, 246**
- Whiteside Hill (Lowther Hills), 78, **126**
- Whiteside Hill (Tweedsmuir), 72, **xxii, 127, 206**
- Whiteside Law, 66, 73, **123**
- Whitfell, 96, **134**
- Whittington Fell, 87, **131, 235**
- Widford Hill, 6, **183, 237**
- Wigmore Rolls, 137, 148, **158**
- Wild Boar Fell, 98, **137, 221**
- William Law, **252**
- Willingdon Hill, 199, **145**
- Wills Neck, 181, **26, 167, 202**
- Wilmington Hill, 199, **145**
- Win Green, 184, **143, 247**
- Win Hill, 110, **140**
- Windlestraw Law, 73, **26, 123, 245**
- Windy Gyle, 80, **131, 231**
- Windy Hill, 63, **22, 184, 225**
- Windy Standard (Carsphairn), 77, **120**
- Windy Standard (Dalmellington), 77, **120, 245**
- Windyheads Hill, 30, **95, 205**
- Winshield Craggs, 86, 87, **129**
- Winter Hill, 109, **141, 229**
- Wisp Hill, 79, **128**
- Wiss, The, *see* **The Wiss**
- Wolds, The, *see* **The Wolds**
- Wolfelee Hill, **246**
- Wolfscote Hill, 119, **141**
- Woodbury Common, 192, **167, 237**
- Woodhead Hill, 84, **121**
- Worcestershire Beacon, 150, **25, 161, 206, 230**
- Worlebury Hill, 182, **143, 215**
- Worm Hill, 72, **127**
- Wrekin, The, *see* **The Wrekin**
- Wrotham Hill, 177, 188, **145**
- Wyndburgh Hill, **252**
- Wytham Hill, **247**
- Y**
- Y Domen Fawr, 161, **163, 204**
- Y Fâl, **210**
- Y Fawnen, **209**
- Y Foel, 136, **158**

- Y Gamallt, 124, **149**, **209**  
Y Garn (Glyders), 115, **147**  
Y Garn (Rhinogs), 124, **150**  
Y Garth, 147, **156**  
Y Golfa, 125, **153**  
Y Llethr, 124, **25**, **150**  
Y Lliwedd, 115, **147**  
Y Ro Wen, 115, **149**, **201**  
Yarlside, 98, **137**  
Yatton Hill, **252**  
Yearsley Cross, 100, **139**, **235**  
Yeavinger Bell, **252**  
Yetholm Law, **246**  
Yewbarrow, 89, 90, **10**, **132**  
Yr Allt (Brecon), 160, **157**  
Yr Allt (Sennybridge), **248**  
Yr Allt (Welshpool), 126, **153**  
Yr Aran, 115, **147**  
Yr Arwydd, **200**  
Yr Eifl N Top, **247**  
Yr Eifl, 123, **146**, **247**  
Yr Wyddfa, **212**  
Ysgwd-ffordd, 136, 147, **158**  
Ysgyryd Fach, 161, **165**  
Ysgyryd Fawr, 161, **165**



# Index of places

This index follows English alphabetical order. It lists real places other than hills: towns, rivers, lakes and so on, though a few hills are listed when they are referred as general landmarks (as in the section descriptions). No attempt has been made to invert names beginning with a generic word; thus 'Loch Torridon' will be found under L, not T. The English article 'the' has been removed, but not the Welsh 'y', 'yr', or Gaelic 'a', 'an', 'na'.

## A

- A' Ghairbhe, 54, 63
- Abercych, 156
- Aberdeen, 90, 97, 100, 228
- Aberdeenshire, 228
- Aberdovey, 146, 154
- Aberuthven, 116
- Aberystwyth, 154
- Abhainn a' Chaiginn Mhòir, 179
- Abhainn a' Ghlinne Mhòir, 55
- Abhainn a' Lòin, 170
- Abhainn an Fhasaigh, 59
- Abhainn Bà, 102
- Abhainn Bruachaig, 59
- Abhainn Camas Fhionnairigh, 175
- Abhainn Cuileig, 58
- Abhainn Droma, 55
- Abhainn Ghuilbinn, 85
- Abhainn Gleann Tanagaidh, 59
- Abhainn Loch an Nid, 58
- Abhainn na Fèithe Bàine, 179
- Abhainn na Fùirneis, 59
- Abhainn Rath, 84
- Abhainn Shira, 102
- Abhainn Shlatach, 75
- Abhainn Srath a' Bhàthaich, 55
- Abington, 125
- Aboyne, 99
- Achnasheen, 54, 60, 65
- Achray Water, 113
- Afon Alwen, 147
- Afon Asen, 156
- Afon Banwy, 150
- Afon Brân, 156
- Afon Carno, 146, 154
- Afon Ceidiog, 150
- Afon Ceirw, 147
- Afon Claerddu, 155
- Afon Claerwen, 155
- Afon Colwyn, 146

- Afon Conwy, 147  
Afon Crai, 162  
Afon Cych, 156  
Afon Cynin, 156  
Afon Dugoed, 150  
Afon Dulas, 154  
Afon Dyfrdwy, 149  
Afon Eden, 149  
Afon Eirth, 150  
Afon Elan, 154  
Afon Glaslyn, 146, 147  
Afon Gwydderig, 154, 162  
Afon Gwyddon, 156  
Afon Gwyrfaei, 146  
Afon Iaen, 146, 154  
Afon Lledr, 147  
Afon Llynfi, 154, 165  
Afon Mawddach, 149, 150  
Afon Merddwy, 147  
Afon Pedran, 156  
Afon Prysor, 149  
Afon Tanat, 150  
Afon Teifi, 155  
Afon Twymyn, 146, 154  
Afon Wnion, 149  
Afon Ystwyth, 154  
Ailsa Craig, 184, 225  
Airedale, 138  
Allan Water, 116  
Allt a' Bhiorain, 88  
Allt a' Choin, 112  
Allt a' Choire Riabhaich, 73  
Allt a' Chòmhlain, 80  
Allt a' Chonais, 65  
Allt a' Chràisg, 48  
Allt a' Ghlinne Bhig, 98  
Allt an Aonaich, 82  
Allt an Loin Duibh, 48, 54  
Allt an Loin-fhiodha, 66  
Allt an t-Seilich, 90, 97  
Allt Arcabhi, 73  
Allt Bhreacnais, 102  
Allt Camgharaidh, 75  
Allt Coir' an Longairt, 107  
Allt Dalharrold, 50  
Allt Doe, 80  
Allt Dubhaig, 90  
Allt Eigheach, 86  
Allt Eileag, 48, 54  
Allt Fearnach, 97  
Allt Garbh Buidhe, 90, 97  
Allt Glen Loch, 97  
Allt Kinglass, 103  
Allt Lairig Cheile, 112  
Allt Lairig nan Lunn, 104  
Allt Lochain Ghaineamhaich, 84, 102  
Allt na Caim, 85  
Allt na Fèithe Buidhe, 48  
Allt na h-Eilde, 85  
Altnaharra, 48, 49, 51  
Ambleside, 135  
An Gead Loch, 66  
An Lochain, 97  
Anglesey, 22, 187, 226  
Angus, 228  
Annan, 125  
Aonach Eagach, 10, 87  
Applecross, 2, 54, 61  
Aqualate Mere, 141  
Ardanaisig, 106  
Ardgartan, 108  
Ardgoil, 110  
Ardgour, 78  
Ardmeanach, 179  
Ardnamurchan, 78  
Ardrossan, 122

- Argyll and Bute, 228  
 Arisaig, 75  
 Arklet Water, 112  
 Arnamuil, 174, 224  
 Arran, 2, 10, 23, 186, 226, 258  
 Arrochar Alps, 108  
 Arrochar, 108  
 Aryhoulan, 77  
 Atlantic Ocean, 233  
 Avonmouth, 142  
 Ayr, 118, 122
- B**
- Balgowan, 86  
 Balgy, 61  
 Ballantrae, 118  
 Ballinluig, 102  
 Banff, 94  
 Bardsey, 187, 226  
 Barmoor Clough, 140  
 Barmouth, 150  
 Barnstaple, 166  
 Barra Head, 169, 174  
 Barra, 22, 174, 224  
 Barrisdale Forest, 72  
 Bass Rock, 184, 226  
 Bassenthwaite Lake, 132, 133  
 Bealach na Croise, 59  
 Beattock Summit, 125  
 Beaully Firth, 65, 68  
 Beaully, 65  
 Beddgelert, 146, 147, 149  
 Beeswing, 120  
 Bellingham, 130  
 Ben Cruachan, 103  
 Ben Lawers, 257  
 Ben Lomond, 113  
 Ben Nevis, 14, 84  
 Benbecula, 173, 224  
 Berneray, 174, 224  
 Berwick, 125  
 Berwyns, 152  
 Bettyhill, 49  
 Bideford Bay, 166  
 Biggar Water, 123  
 Biggar, 123  
 Black Bridge, 55, 57  
 Black Brook, 140  
 Black Cart Water, 122  
 Black Cuillin, 175, 256, 257  
 Black Isle, 66  
 Black Mountain, 162  
 Black Mountains, 165  
 Black Mount, 102  
 Black Water, 57, 86, 98, 113  
 Blackburn with Darwen, 229  
 Blackpool, 138  
 Blackwater Reservoir, 85, 86  
 Blaenau Gwent, 230  
 Blair Atholl, 90, 97  
 Blairgowrie, 97  
 Bonar Bridge, 48, 54, 55  
 Bonny Water, 112, 122  
 Boreray, 169, 223  
 Borrowdale, 132  
 Bournemouth, 143  
 Braemar, 97, 98  
 Braemore, 58  
 Brecon Beacons, 10, 163  
 Bressay, 181, 225  
 Bridge of Allan, 116  
 Bridge of Avon, 92  
 Bridge of Cally, 98  
 Bridge of Don, 95  
 Bridge of Ericht, 90  
 Bridge of Gairn, 92

- Bridge of Orchy, 103  
 Brimfield, 158, 160  
 Bristol Channel, 140, 166  
 Bristol, 142  
 Britain, 2, 20, 23, 68, 81, 84–86, 88, 92,  
     105, 112, 147, 223, 232, 239  
 Broughton Beck, 132, 140  
 Bryn Tanat, 150, 152  
 Buckinghamshire, 229  
 Bude, 166  
 Builg Burn, 92  
 Builth Wells, 156, 157, 160  
 Bun Loyne, 70  
 Burn of Favat, 93  
 Burn of Tervie, 93  
 Burnham-on-Sea, 140, 166, 167  
 Bute, 22, 184, 225  
 Butt of Lewis, 170  
 Bwlch Bryn-rhudd, 162  
 Bwlch y Rhediad, 147  
 Bynack Lodge, 91
- C**
- Caban-coch Reservoir, 155  
 Caersws, 146, 154  
 Cairndow, 108  
 Cairngorms, 92, 257  
 Cairnwell Burn, 98  
 Caithness, 253  
 Cakemuir Burn, 123  
 Calf of Man, 187, 226  
 Calgary, 179  
 Callander, 113  
 Callop River, 75, 77  
 Camlad, 158  
 Campsie Fells, 113  
 Canna, 22, 178, 224  
 Cannich, 68  
 Canonbie, 129  
 Cape Wrath, 10, 48, 233  
 Cardiff, 230  
 Cardigan, 155  
 Carlisle, 122, 129, 132  
 Carmarthen Bay, 154, 162  
 Carmarthen, 162  
 Carna, 184, 225  
 Carnoch River, 78  
 Carr Beck, 132, 140  
 Carrick Burn, 118  
 Carrick, 118  
 Carsphairn Lane, 118  
 Caundle Brook, 140, 166  
 Ceann Shipoirt, 170  
 Cemmaes Road, 150  
 Central Bedfordshire, 229  
 Ceredigion, 230  
 Ceunant Ty'n-y-ddol, 147  
 Chepstow, 154, 165  
 Cheshire East, 229  
 Cheshire W, 230  
 Cheviots, 131, 231  
 Chilterns, 11, 143  
 Christchurch, 140, 143, 166  
 Church Eaton Brook, 141  
 Clackmannanshire, 228  
 Clee Hills, 160  
 Clough River, 137  
 Clun Valley, 158  
 Clunes, 68  
 Clunie Water, 98  
 Clwydian Range, 148  
 Clyde Muirshiels, 122  
 Clydebank, 122  
 Clydes Burn, 125  
 Cockermouth, 133  
 Coigach, 2, 10, 54



- Coll, 178, 225  
 Colonsay, 22, 185, 226  
 Contin, 60  
 Conwy, 147, 229  
 Copplestone, 166  
 Cornwall, 227, 230  
 Corve Dale, 159  
 Corwen, 147–149  
 Cotswolds, 11  
 Coulin Forest, 62  
 Cowal, 109  
 Craig, 65  
 Craigellachie, 93  
 Craignure, 179  
 Cranmer Bottom, 144  
 Crateford, 159  
 Crawick Moss, 122  
 Crawick Water, 122  
 Creetown, 118  
 Crewgreen, 152  
 Crianlarich Hills, 112  
 Crianlarich, 106, 107, 112, 257  
 Criffel, 121  
 Croe Water, 108  
 Cròim Allt, 80  
 Cromarty Firth, 54, 65  
 Cromarty, 65  
 Cuillin, 233, 235  
 Cumbria, 228  
 Cumnock, 118, 122  
 Cumrack Burn, 80
- D**
- Dalbeattie, 121  
 Dalchork, 48, 51  
 Dalwhinnie, 90  
 Deadwater Gap, 129  
 Dean Water, 99  
 Deanich Lodge, 55  
 Derby, 141  
 Derbyshire, 229  
 Devon, 230  
 Dingwall, 54, 57, 65  
 Dornie, 68  
 Dornoch Firth, 48, 51, 54  
 Dorset, 168, 230  
 Dove Holes, 140  
 Doveholes Dale, 140  
 Dover, 140  
 Drumin, 93  
 Drygarn Fawr, 156  
 Dubh Eas, 107  
 Dubh Lighe, 75  
 Dubh Lòin, 175  
 Duddon Sands, 133  
 Duirinish, 175  
 Duisk River, 118  
 Dullan Water, 93  
 Dull, 103  
 Dulnain Bridge, 82  
 Dumbarton, 106, 112  
 Dumcrieff, 126  
 Dumfries and Galloway, 228  
 Dunbar, 125  
 Dundee, 97  
 Dun, 223  
 Dùn, 169  
 Duneaton Water, 122  
 Dunnet Head, 50  
 Durham, 228
- E**
- East Anglia, 10, 143, 261  
 East Ayrshire, 228  
 East Dunbartonshire, 228  
 East Lothian, 228

East Mounth, 99  
 East Renfrewshire, 228  
 East Riding of Yorkshire, 229  
 East Sussex, 229  
 Easter Glen Quoich Burn, 70  
 Easter Ross, 54  
 Eckford, 130  
 Eday, 183, 215, 225  
 Edinburgh, 228  
 Eigg, 22, 178, 224  
 Eilean Mòr, 184, 226  
 Eilean Shiphoint, 169, 223  
 Eilean Shona, 184, 225  
 Eilean Tigh, 178, 225  
 Elan Valley, 155  
 Elgin, 80  
 Elphin, 48, 54  
 Enard Bay, 54  
 England, 4, 11, 203, 210, 214, 227, 231  
 Eriskay, 22, 173, 224  
 Eskdale, 128  
 Ettrick Water, 126  
 Evan Water, 125  
 Ewes Water, 128  
 Exmouth, 166

**F**

Fair Isle, 22, 181, 183, 225  
 Fairy Glen, 147  
 Fannaichs, 60  
 Fèith Bhàit, 94  
 Fèith Talagain, 80  
 Fetlar, 181, 225  
 Fife Ness, 112  
 Fife, 117, 228  
 Findhorn Bay, 82  
 Findhorn Bridge, 82  
 Fionn Loch, 48, 54

Firth of Clyde, 106, 112, 122, 186  
 Firth of Forth, 112, 113, 122  
 Firth of Lorn, 106, 175, 180  
 Firth of Tay, 97, 112, 114  
 Fisherfield Forest, 59  
 Flintshire, 229  
 Forden, 158  
 Forest of Dean, 161  
 Fort William, 84  
 Foula, 22, 181, 225  
 Foyers, 80  
 Frostlie Burn, 128  
 Fuidheigh, 174, 224

**G**

Gairlochy, 75, 80, 84  
 Gairsay, 183, 215, 225  
 Gala Water, 123  
 Galashiels, 123, 125  
 Gallan Head, 170  
 Galloway Forest, 118  
 Galloway, 118  
 Garbh Eileach (Garvellachs), 185,  
 226  
 Garbh Eilean (Shiants), 22, 169, 223  
 Garbh Ghaoir, 84  
 Garbh Uisge, 113  
 Garsdale Head, 137  
 Garsdale, 137  
 Garva Bridge, 80, 81  
 Gateshead, 228  
 Gearr Garry, 71  
 Geldie Burn, 90, 91, 97, 233  
 Gibbons Mill, 144  
 Gigha, 184, 215, 226  
 Gisburn, 138  
 Glasbury, 157  
 Glasfryn, 147

Glasgow, 16, 112, 122, 123  
 Glen Cannich, 257  
 Glen Carron, 65  
 Glen Docherty Burn, 60  
 Glen Esk, 100  
 Glen Fyne, 108  
 Glen Gloy, 81  
 Glen Lochay, 104  
 Glen Lyon, 105  
 Glen Orchy, 104  
 Glen Rinnes, 93  
 Glen Roy, 81  
 Glen Shee, 98  
 Glen Shiel, 70  
 Glen Spean, 85  
 Glen Tilt, 91, 97  
 Glen Tromie, 91  
 Glencoe, 87, 88, 256, 257  
 Glendoe Lodge, 80  
 Glenfinnan, 75, 77  
 Glenkens, 120  
 Glensone Burn, 120  
 Gloucestershire, 229  
 Goldrill Beck, 135  
 Gometra, 178, 224  
 Goole, 138  
 Gors Lwyd Pass, 154  
 Gower, 10, 162  
 Grangemouth, 112, 122  
 Great Cumbrae, 184, 225  
 Great Rocks Dale, 140  
 Great Stack, 184, 226  
 Greenock, 122  
 Gretna, 128  
 Grey Corries, 257  
 Gruinard House, 58  
 Gruinard River, 58  
 Gruinard, 184, 215, 226

Gualachulain, 88  
 Guildford, 145  
 Gwynedd, 229

## H

Hadrian's Wall, 16  
 Haltwhistle, 122, 132  
 Handa, 184, 226, 235  
 Hawick, 129  
 Helmsdale, 50  
 Henfeddau Fawr, 156  
 Hereford, 160  
 Herefordshire, 227, 230  
 Hermitage Water, 129  
 Hexham, 129  
 Highland Boundary Fault, 202  
 Highland, 228  
 Hills of Cromdale, 92  
 Hirta, 22, 169, 223  
 Holt, 143  
 Holy Island (Anglesey), 187, 226  
 Holy Island (Arran), 186, 226  
 Holy Loch, 109  
 Hope, 48  
 Hoy, 22, 183, 225  
 Humber Estuary, 132, 139, 140  
 Humble Water, 123

## I

Ilfracombe, 167  
 Ilminster, 168  
 Inchroay, 94  
 Ingleborough, 138  
 Inner Hebrides, 175, 178  
 Inner Sound, 175  
 Innisraineach Burn, 104  
 Inverarnan, 107  
 Invergarry, 71

Invergloy House, 80  
 Inverkirkaig, 48, 54, 55  
 Inverlochy, 103  
 Invermoriston, 69  
 Inverness, 68, 69, 80  
 Inversanda Bay, 78  
 Invershin, 51  
 Inversnaid, 112  
 Iona, 178, 215, 225  
 Irish Sea, 232  
 Irvine, 122  
 Island Davaar, 184, 226  
 Islay, 22, 185, 226  
 Isle Martin, 184, 226  
 Isle of Anglesey, 230  
 Isle of Man, 4, 22, 187, 226, 230  
 Isle of Purbeck, 166, 168  
 Isle of Thanet, 145  
 Isle of Wight, 22, 187, 215, 226, 230

## J

Jedburgh, 130  
 John o' Groats, 227, 232  
 Jura, 22, 185, 226

## K

Kale Water, 130  
 Kelso, 128  
 Kent, 227  
 Kerrera, 184, 225  
 Keswick, 133  
 Kidwelly, 162  
 Kielder Forest, 231  
 Kielder Water, 129  
 Kielder, 129  
 Kilbirnie Loch, 122  
 Kildrummy, 94, 95  
 Killiechronan, 179

Killilan, 65–68  
 Killington, 137  
 Killin, 104, 112  
 Kilmartin Burn, 106  
 Kinclaven, 97  
 Kincraig, 91  
 Kingairloch, 79  
 Kingie, 73  
 Kinglas Water, 108  
 Kings House, 84, 87, 102  
 King's Lynn, 142  
 Kingshouse, 112, 113  
 Kinloch Hourn, 70  
 Kinlochewe, 54, 59, 60, 63  
 Kinlochleven, 85  
 Kinnaird Head, 95  
 Kintail, 257  
 Kintyre, 106, 108, 186  
 Kippford, 120  
 Kirkcudbright, 118  
 Kirkgunzeon Lane, 120  
 Kirklees, 229  
 Kirkstone Pass, 135  
 Knapdale, 108  
 Knighty Brook, 166  
 Knoydart, 72  
 Kyle of Lochalsh, 65  
 Kyle of Sutherland, 48, 54  
 Kyles of Bute, 109

## L

Ladder Hills, 94  
 Laggan, 81  
 Lairg, 52  
 Lake District, 1, 3, 10, 16–18  
 Lammermuir, 125  
 Lancaster, 136  
 Land's End, 166, 232

- Lang Burn, 129  
 Langber Beck, 132, 140  
 Langholm, 129  
 Laugharne, 156  
 Lavery Burn, 118  
 Laxford Bridge, 48  
 Ledbeg River, 52  
 Ledmore River, 48, 54  
 Ledmore, 52  
 Leicestershire, 229  
 Lemno Burn, 99  
 Leominster, 158, 160  
 Letterewe, 59  
 Lewis-Harris, 22, 169, 170, 172, 224  
 Lianamuil, 174, 224  
 Liddel Water, 129  
 Liddlesdale, 129  
 Lincolnshire, 142, 229  
 Lindean, 126  
 Lingmell Beck, 132  
 Lismore, 184, 225  
 Little Cumbrae, 184, 226  
 Little Scatwell, 65  
 Little Yarrow, 126  
 Littlehampton, 144  
 Liverpool Bay, 148  
 Liverpool, 140  
 Llanbister Road, 158  
 Llandoverly, 156, 157  
 Llandrillo, 150  
 Llanelltyd, 149, 150  
 Llangurig, 154, 158  
 Lleyn Peninsula, 146  
 Llyn Tegid, 149  
 Llyn Trawsfynydd, 149  
 Loch a' Bhraoin, 58  
 Loch a' Chroisg, 60  
 Loch Airdeglais, 179  
 Loch Alsh, 65, 66, 68  
 Loch an Nid, 59  
 Loch Arkaig, 68, 73–76  
 Loch Arklet, 112  
 Loch Arthur, 120  
 Loch Assynt, 52, 53  
 Loch Awe, 102, 106  
 Loch Bad a' Ghail, 54  
 Loch Bà, 102  
 Loch Blàir, 73  
 Loch Broom, 55, 58  
 Loch Builg, 92  
 Loch Carron, 54, 62, 65  
 Loch Cluanie, 69  
 Loch Coultrie, 61  
 Loch Creran, 88, 89  
 Loch Crinan, 106  
 Loch Damh, 61  
 Loch Dochard, 102  
 Loch Doilet, 77  
 Loch Doon, 118  
 Loch Dornal, 118  
 Loch Duich, 68  
 Loch Earn, 114  
 Loch Eck, 109  
 Loch Ederline, 106  
 Loch Eigheach, 86  
 Loch Eilde Mòr, 85  
 Loch Eil, 75–77  
 Loch Eilt, 75  
 Loch Èireasort, 170  
 Loch Ericht, 84, 90  
 Loch Etive, 84, 89, 102, 106  
 Loch Ewe, 59  
 Loch Fyne, 107, 110  
 Loch Garbhaig, 59  
 Loch Garry, 71, 74  
 Loch Glascarnoch, 55

- Loch Hope, 48  
 Loch Hourn, 70  
 Loch Kanaird, 54  
 Loch Katrine, 112, 113  
 Loch Ken, 118  
 Loch Kishorn, 61  
 Loch Laggan, 80, 81, 84  
 Loch Laidon, 84, 102  
 Loch Leatha, 170  
 Loch Linnhe, 77, 84  
 Loch Loch, 97  
 Loch Lochy, 68, 75, 80  
 Loch Lomond, 106, 111, 112  
 Loch Long, 11, 65, 68, 110, 111  
 Loch Loyne, 70  
 Loch Lubnaig, 113  
 Loch Luichart, 54, 65  
 Loch Lurgainn, 54  
 Loch Lyon, 103  
 Loch Maree, 54, 59, 63  
 Loch Merkland, 48  
 Loch Moidart, 75, 77  
 Loch Monar, 66  
 Loch Morar, 68, 75  
 Loch More, 48  
 Loch Mullardoch, 65, 68  
 Loch na Leitreach, 65, 68  
 Loch na Sealga, 58  
 Loch nan Clàr, 50  
 Loch Naver, 49, 50  
 Loch Ness, 68, 71, 80  
 Loch Nevis, 72  
 Loch Oich, 68, 80  
 Loch Osgaig, 54  
 Loch Ossian, 85  
 Loch Quoich, 70–72  
 Loch Rannoch, 84, 90, 102  
 Loch Rèasort, 170  
 Loch Rimsdale, 50  
 Loch Ròg Beag, 170  
 Loch Scavaig, 175  
 Loch Sgiobacleit, 170  
 Loch Shiel, 75–77  
 Loch Shin, 48, 51  
 Loch Sligachan, 175  
 Loch Snizort Beag, 175  
 Loch Stack, 48  
 Loch Sunart, 78  
 Loch Tarff, 80  
 Loch Tay, 102, 105, 112  
 Loch Torridon, 54, 61, 63  
 Loch Treig, 84  
 Loch Tulla, 102, 103  
 Loch Vaich, 55, 57  
 Loch Venachar, 113  
 Loch Veyatie, 48, 53, 54  
 Loch Voil, 112  
 Lochailort, 75  
 Lochan Dubha, 175  
 Lochan Dubh, 77  
 Lochan Fada, 59  
 Lochan na h-Iùraiche, 102  
 Lochan nam Breac, 72  
 Lochbuie, 179  
 Lochearnhead, 112, 114  
 Lochgilphead, 107  
 Lochinver, 52  
 Lochnagar, 256, 257  
 Lochourn River, 70  
 Lòn an Eireannaich, 175  
 Long Burn, 130  
 Long Eaton, 140, 141  
 Lowther Hills, 125  
 Ludlow, 159  
 Lugar Water, 118, 122  
 Lùibeilt, 85

- Lumsdon Burn, 130  
Lundy, 187, 226  
Lunga (Scarba), 185, 215, 226  
Lunga (Treshnish Isles), 178, 215, 225  
Lussa River, 179, 180  
Lydham, 158
- M**  
M6, 17  
Maentwrog, 149  
Main Ditch, 158  
Mallaig, 68  
Mallwyd, 153  
Mamores, 85  
Maol Domhnaich, 174, 224  
Meadie Burn, 48  
Mendip Hills, 143, 215  
Merrifield, 166  
Midlands, 232  
Midlothian, 228  
Milltir Gerrig, 150  
Mingulay, 174, 224, 234  
Moffat Water, 126  
Moffat, 126  
Moidart, 76  
Mòine Mhòr, 107  
Monadhliath, 80, 82, 257  
Montrose, 99, 101  
Mor Brook, 159  
Morar, 75  
Moray Firth, 65, 82  
Moray, 228  
Mordiford, 160  
Morecambe Bay, 133  
Morvern, 79  
Mossat Burn, 94  
Mosspaul Burn, 128  
Mouth of the Severn, 165  
Moy, 85  
Muckle Roe, 181, 225  
Muck, 178, 224  
Mull, 23, 175, 178–180, 225  
Mynydd Epynt, 157  
Myton-on-Swale, 137, 138
- N**  
Na h-Eileanan Siar, 230  
Nant Egnant, 155  
Nant Sgrin, 150  
Nantwich, 146  
Neath Port Talbot, 230  
New Abbey Pow, 120  
New Cumnock, 118, 122  
Newbiggin-on-Lune, 136  
Newbridge-on-Wye, 158  
Newcastleton, 129  
Newlands Beck, 132  
Newlands Hause, 16, 132  
Newlands, 133  
Newport, 162, 165, 230  
Newtonmore, 84, 90  
Newtown, 146  
Nithsdale, 120  
North Ayrshire, 230  
North Berwick, 123  
North Morar, 73  
North Sea, 232  
North Tyne, 129  
North Uist, 20, 22, 173, 224  
North Yorkshire, 228  
Northamptonshire, 229  
Northumberland, 228  
Noss, 181, 225  
Nottingham, 140

**O**

Oban, 106  
 Ochils, 117  
 Ogle Burn, 112  
 Oldany, 184, 215, 226  
 Orkney Islands, 181, 183, 230  
 Orkney Mainland, 22, 183, 225, 237  
 Outer Hebrides, 2, 169, 207  
 Oxford, 142, 143  
 Oykel Bridge, 55

**P**

Pabbay (Barra), 174, 224  
 Pabbay (Harris), 173, 224  
 Padanaram, 99  
 Padbury Brook, 142  
 Park Peninsula, 172  
 Pass of Drumochter, 90, 91  
 Pass of Glencoe, 87  
 Peak District, 11  
 Peebles, 126  
 Pembrokeshire Coast, 154  
 Pembrokeshire Hills, 157  
 Pembrokeshire, 230  
 Pennines, 17, 18, 232  
 Pennorth, 154, 165  
 Penrith, 17, 136  
 Perth and Kinross, 228  
 Perth, 97, 101, 112  
 Peterhead, 90  
 Pitlochry, 102, 103  
 Pitt's Head, 146  
 Plymouth, 166  
 Point of Ardnamurchan, 77  
 Point of Stoer, 10, 52  
 Polloch, 77  
 Poolewe, 54, 63  
 Port Appin, 88

Porthmadog, 146  
 Portree, 175  
 Powys, 230  
 Preston, 140  
 Pubil, 104

**Q**

Quantocks, 167

**R**

Raasay, 22, 178, 224  
 Radnor Forest, 160  
 Ramsey, 187, 226  
 Rannoch Moor, 103  
 Rannoch Station, 86, 87, 102  
 Rappach Water, 55  
 Ravenglass, 132  
 Red Cuillin, 177  
 Redcar and Cleveland, 228  
 Redesmouth, 130  
 Renfrewshire, 228  
 Rest and Be Thankful, 108  
 Rhayader, 154  
 Rhinogs, 150  
 Rhins, 118  
 Rhyl, 147  
 Ribblehead Pass, 138  
 River Add, 106, 107  
 River Affric, 68  
 River Ailort, 75  
 River Aire, 132, 140  
 River Annan, 125  
 River Aran, 158  
 River Ardlie, 97  
 River Arun, 144  
 River Avon, 92, 142, 143  
 River Awe, 102, 106  
 River Axe, 167



- River Ayr, 118, 122  
 River Balvag, 112, 113  
 River Beauly, 65, 68  
 River Bogie, 94  
 River Bran, 54, 65  
 River Broom, 55  
 River Canaird, 55  
 River Cannich, 65, 68  
 River Carnach, 72  
 River Carron, 54, 55, 65  
 River Clwyd, 147  
 River Clyde, 122, 125  
 River Cocker, 132  
 River Coe, 87  
 River Conon, 54, 57, 65  
 River Corve, 159  
 River Coupall, 87  
 River Cree, 118  
 River Creran, 88  
 River Croe, 68  
 River Cur, 109  
 River Dee, 90, 96–98, 118, 148, 149  
 River Derwent, 132, 133, 140  
 River Deveron, 94  
 River Dochart, 102, 112  
 River Doe, 138  
 River Don, 94–96  
 River Doon, 118  
 River Dovey, 146, 150, 154  
 River Duckow, 140, 146  
 River Dulnain, 82  
 River Eachaig, 109  
 River Eamont, 135  
 River Earn, 114  
 River Eden, 17, 122, 132, 135, 136  
 River Einig, 55  
 River Elchaig, 65, 68  
 River Ericht, 84, 90, 97  
 River Esk, 128  
 River Etive, 84, 102  
 River Ewe, 54, 63  
 River Exe, 166  
 River Falloch, 106, 112  
 River Farrar, 66  
 River Fechlin, 80  
 River Feshie, 91  
 River Fiddich, 93  
 River Fillan, 102, 106  
 River Findhorn, 82, 83  
 River Forth, 113  
 River Foyers, 80  
 River Fyne, 107  
 River Gairn, 92  
 River Garnock, 122  
 River Garry, 71, 90, 97  
 River Gaur, 84, 102  
 River Glass, 65, 68  
 River Gloy, 80  
 River Goyt, 140  
 River Great Ouse, 142  
 River Greta, 133, 138  
 River Helmsdale, 50  
 River Humber, 132, 140  
 River Hurich, 77  
 River Inver, 52  
 River Irton, 156  
 River Irthing, 122, 132  
 River Irt, 132  
 River Isla, 97, 99  
 River Isle, 167  
 River Ithon, 158  
 River Kelvin, 112, 122  
 River Killin, 80  
 River Kingie, 73  
 River Kinglass, 102  
 River Kirkaig, 48, 54

- River Kishorn, 61  
River Larig, 112  
River Leasgeary, 175  
River Leven, 85, 106, 112, 133  
River Ling, 66  
River Livet, 93  
River Loanan, 52  
River Lochay, 104  
River Lochy, 75, 84, 102, 106  
River Loyne, 70  
River Lugg, 158, 160  
River Lune, 136  
River Lydden, 140, 166  
River Lyon, 103  
River Meese, 141  
River Meig, 65  
River Mersey, 140, 146  
River Moriston, 69  
River Mudale, 48  
River Naver, 49  
River Neet, 166  
River Ness, 68, 80  
River Nevis, 84  
River Nith, 118, 120, 122  
River North Esk, 99  
River North Tyne, 129  
River Onny, 158  
River Orchy, 102, 103, 106  
River Ossian, 85  
River Ouse, 132, 138, 140  
River Oykel, 48, 54  
River Parrett, 140, 166, 167  
River Pattack, 80, 84  
River Pean, 68, 75  
River Penk, 141  
River Rawthey, 137  
River Ray, 142  
River Rede, 130  
River Ribble, 132, 138, 140  
River Rothay, 133  
River Rother, 144  
River Roy, 80  
River Runie, 54  
River Scaddle, 77  
River Severn, 140, 146, 153, 154  
River Shiel, 69, 75, 77  
River Shin, 51  
River Sligachan, 175  
River South Esk, 99  
River South Tyne, 122, 132  
River South Wey, 144  
River Sow, 141  
River Spean, 80, 84  
River Spey, 80, 81, 84, 90  
River Stinchar, 118  
River Stour, 140, 166  
River Swale, 137  
River Taf, 156  
River Tamar, 166  
River Tarbert, 78  
River Tawe, 162  
River Taw, 166  
River Tay, 97, 102, 112  
River Tees, 137, 139  
River Teith, 113  
River Teme, 158, 160, 161  
River Tern, 140, 146  
River Teviot, 128  
River Thames, 142, 143  
River Tilt, 90, 97  
River Tirry, 48  
River Torridon, 54, 63  
River Towy, 154, 162  
River Treig, 84  
River Trent, 140, 141  
River Truim, 84, 90

- River Tummel, 90, 97, 102  
 River Tweed, 123, 125  
 River Tyne, 122, 123, 132, 137  
 River Ure, 88, 137, 138  
 River Usk, 154, 162, 165  
 River Vagastie, 48  
 River Vyrnwy, 150, 152  
 River Weaver, 140, 146  
 River Wey, 144  
 River Wiske, 137  
 River Wye, 140, 154, 157, 165  
 River Yeo, 140, 166  
 Rochdale, 229  
 Rona (North), 169, 224, 233  
 Rona (Raasay), 178, 225  
 Ronay, 173, 224  
 Ross of Mull, 179  
 Rousay, 22, 183, 225  
 Rùm, 22, 175, 178, 224  
 Runcorn, 140, 146  
 Ruthven Water, 116
- S**
- Salen, 179  
 Sanda, 184, 226  
 Sandray, 174, 224  
 Sanquhar, 122  
 Saron, 146  
 Scalpay (Harris), 169, 215, 224  
 Scalpay (Skye), 22, 178, 224  
 Scandal Beck, 136  
 Scarba, 185, 226  
 Scarp, 22, 169, 223  
 Scethrog, 154, 165  
 Scotland, 2, 4, 5, 16, 227, 231, 253, 264  
 Scottish border, 187, 231  
 Scottish Borders, 228  
 Scottish Highlands, 16, 213  
 Scottish Lowlands, 2, 18  
 Scourie, 52  
 Seaton, 167  
 Seil, 184, 225  
 Semington Brook, 143  
 Sennybridge, 162  
 Severn Valley, 154  
 Shalford, 144  
 Shee Water, 98  
 Shetland Islands, 2, 181, 227, 230  
 Shetland Mainland, 22, 181, 182, 215, 225  
 Shiel Bridge, 69  
 Shropshire, 230  
 Sidlaws, 101  
 Sidmouth, 167  
 Skipton, 132, 140  
 Skye, 11, 20, 23, 42, 175, 177, 178, 213, 224, 233, 235, 256  
 Sleat, 177  
 Slitrig Water, 129  
 Slochd Summit, 82  
 Small Isles, 178  
 Snowdonia, 147  
 Soay (Skye), 178, 224  
 Soay (St Kilda), 169, 223, 227, 233  
 Solent, 144  
 Solway Firth, 122, 125, 132, 135  
 Somerset, 230  
 Sound of Arisaig, 75, 76  
 Sound of Barra, 173, 174  
 Sound of Harris, 169, 173  
 Sound of Luing, 185  
 South Glenshiel Ridge, 257  
 South Harris, 172  
 South Lanarkshire, 228  
 South Pennines, 140  
 South Ronaldsay, 183, 225

South Uist, 20, 22, 173, 224  
 South Wales, 18  
 Southern England, 237, 264  
 Southern Uplands, 16  
 Spean Bridge, 80  
 Spey Bay, 80  
 Srath Bàn, 170  
 Srath nan Lòn, 55  
 Srath Tarabhan, 103  
 St Bees Head, 132  
 St Clears, 156  
 St Helens, 229  
 St John's Beck, 133  
 St Kilda, 10, 169, 233, 234  
 Stac an Armin, 169, 223  
 Stac Lee, 169, 223  
 Stafford, 141  
 Start Point, 166  
 Stirling, 228  
 Stock Beck, 132, 140  
 Stock Ghyll, 135  
 Stockport, 141  
 Strachur, 109  
 Strath Ardle, 98  
 Strath Gartney, 113  
 Strath Mashie, 80, 84  
 Strath na Sealga, 58  
 Strath Naver, 49  
 Strath of Kildonan, 50  
 Strath Tay, 114  
 Strathallan, 116  
 Strathan, 75  
 Strathcanaid, 55  
 Strathcarron, 54, 65  
 Strathcoil, 179  
 Stratherrick, 80  
 Strathglass, 67  
 Strathmore River, 48

Strathmore, 49, 99  
 Strathspey, 83, 93  
 Strathyre, 113, 116  
 Struy, 66  
 Sty Head, 132  
 Sugar Loaf Halt, 156  
 Summer Isles, 10  
 Sunart, 78  
 Surrey, 229  
 Swansea, 162, 230  
 Swill Brook, 142  
 Swindon, 229

**T**

Talgarth, 157  
 Tanera More, 184, 226  
 Taransay, 169, 223  
 Tarbat Ness, 57  
 Tarbert, 170  
 Tarbet, 108  
 Tarxbert, 170  
 Taynuilt, 102, 106  
 Tees Mouth, 137  
 Teesside, 137  
 Telford and Wrekin, 229  
 Teviotdale, 128  
 Thirlmere, 133  
 Tibalt Burn, 122, 132  
 Tiree, 22, 178, 224  
 Torbay, 230  
 Torridon, 54, 63, 256  
 Trecastle, 154, 162  
 Trotternish Peninsula, 175  
 Tulloch Station, 84  
 Tunstall, 138  
 Tyndrum, 102  
 Tynemouth, 122, 123, 132  
 Tyneside, 131

Tywyn, 150

## U

Ullswater, 135

Ulva, 178, 224

Unst, 22, 181, 225, 227

Urr Water, 120

## V

Vale of Clwyd, 147

Vale of Conwy, 147

Vale of Glamorgan, 163

Vale of White Horse, 144

Vatersay, 174, 224

## W

Wales, 4, 16, 203, 210, 214, 227

Warwick Bridge, 135

Warwickshire, 229

Wast Water, 132

Water of Bogie, 94

Water of Deugh, 118

Water of Ken, 118

Water of Mark, 99

Water of Nevis, 84

Water of Tanar, 99

Waters Upton, 141

Welshpool, 159

Wensleydale, 137, 138

West Berkshire, 229

West Dunbartonshire, 228

West Lothian, 228

West Mounth, 257

West Sussex, 229

Westray, 183, 225

Weybridge, 144

Whalsay, 181, 225

Whitebridge, 80

Whitrope Burn, 129

Whittington, 160

Wiay, 173, 215, 224

Wiltshire, 227, 229

Windermere, 133

Windsor & Maidenhead, 229

Wirral, 152

Worcestershire, 230

Worcester, 160

Workington, 132

Wrekin, 142

Wroxeter, 146

## Y

Yarrow Water, 126

Yell, 22, 181, 225

Yr Hafesb, 150



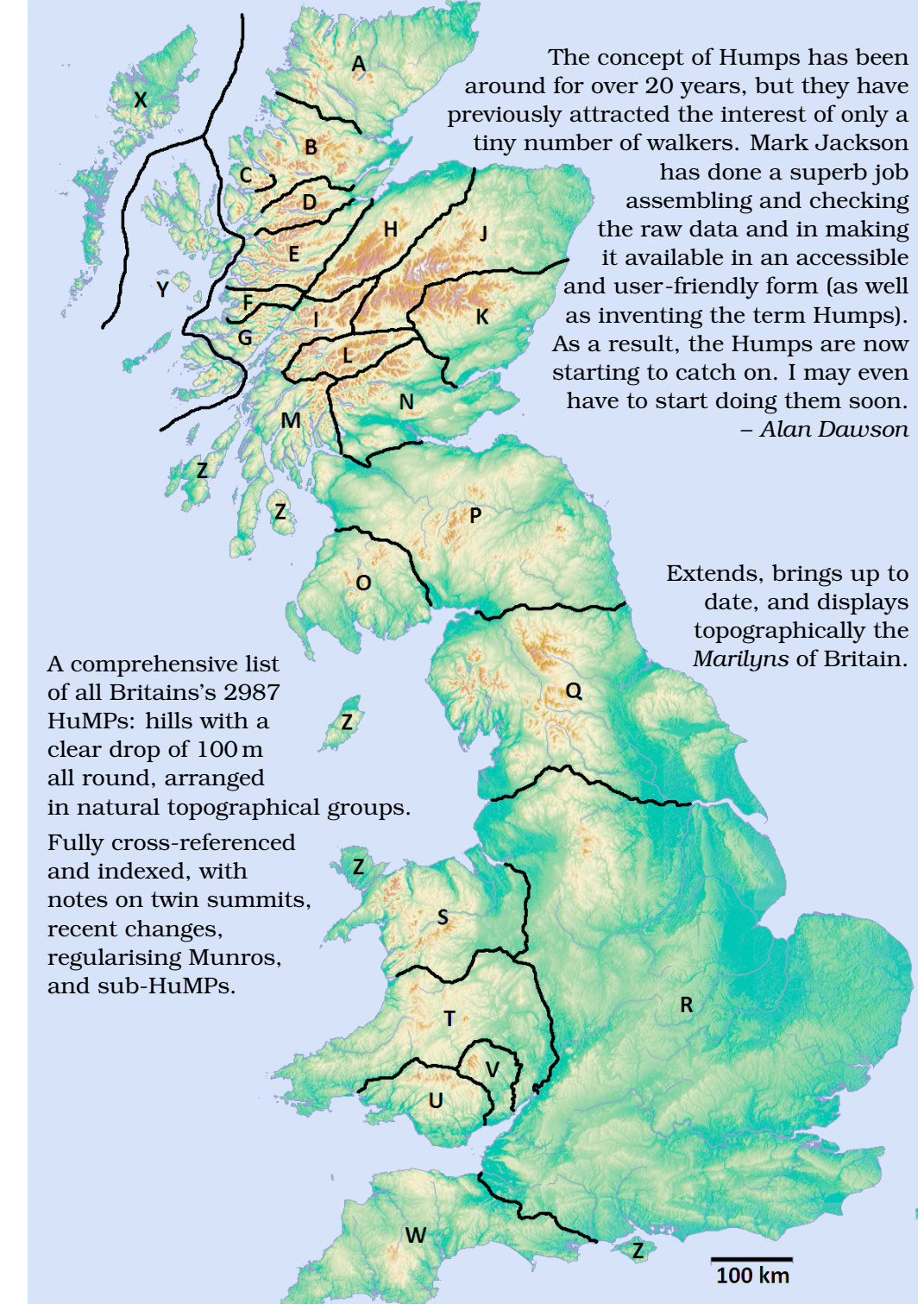
# Production notes

This lists a few aspects of the layout and design which are imperfect, but which I do not know how to correct at present. If any (La)TeXperts who know the solutions to these problems would care to tell me, [dfstone@bcs.org.uk](mailto:dfstone@bcs.org.uk), I should much appreciate it.

- A few pages are too long, descending further down the page than intended. As far as I can tell, this is because of bugs in the `longtable` package. (I used the patched version from <http://www.cs.rutgers.edu/~ccshan/longtable/longtable.sty>, but though it has fewer bugs than the stock `longtable`, some bugs still remain.)
- The wedge symbol used for the appendix on new Marilyn's does not appear in all PDF viewers in the PDF table of contents (usually in a side panel). As far as I understand it, that is a limitation of those viewers.
- Hyperlinks from hill names in the main tables are intended to link to the corresponding index entry. A few of them do not work. This seems to depend on the PDF viewer used.
- In the Further Reading, the running heads do not reflect the section within the Further Reading. This seems to relate to several packages interacting, making the obvious solution (using `\markright`) fail.
- The names of places in the section headings are indexed. But direct attempts to index them fail, for reasons I do not fully understand (they relate, I believe, to the fact that the headings are also used in the running heads and in the table of contents). Therefore, the section headings are repeated in white-on-white text just below the visible heading, in the margin, to act as targets for the index references. These are not

visible at first sight, nor when the book is printed, but can be found by searching in the PDF, and also by selecting text in the PDF.





The concept of Humps has been around for over 20 years, but they have previously attracted the interest of only a tiny number of walkers. Mark Jackson has done a superb job assembling and checking the raw data and in making it available in an accessible and user-friendly form (as well as inventing the term Humps). As a result, the Humps are now starting to catch on. I may even have to start doing them soon.

– Alan Dawson

A comprehensive list of all Britain's 2987 HuMPs: hills with a clear drop of 100 m all round, arranged in natural topographical groups.

Fully cross-referenced and indexed, with notes on twin summits, recent changes, regularising Munros, and sub-HuMPs.

Extends, brings up to date, and displays topographically the *Marilyns* of Britain.

100 km