

**Dan Benardot, Ph.D., DHC, RD, LD, FACSM**, is a professor in the Division of Nutrition, School of Health Professions, and a professor in the Department of Kinesiology and Health at Georgia State University. He serves as co-director of the Laboratory for Elite Athlete Performance, where athletes receive training and nutrition plans that assist them in their pursuit of athletic excellence. He has served as an officer of the U.S. Figure Skating Sports Medicine Society, and is on U.S. Figure Skating's Sports Science and Medicine Committee. He has had his research funded by several organizations, including the United States Olympic Committee. Benardot received his doctorate in human nutrition and health planning from Cornell University and his doctor of humane letters, *honoris causa*, from Marywood University. He is a registered and licensed (Georgia) dietitian of the American Dietetic Association (ADA) and is a fellow of the American College of Sports Medicine (ACSM).

**Michela Boschetto** was born in Milan, Italy. She graduated as a ballet teacher from both the Theatre *La Scala* in Milan and the National Academy of Dance in Rome. She started working with the Italian National Figure Skating Team in 1990 and went to the Olympic Winter Games as a choreographer in 1998 and 2002. In 2004 she moved to Lake Placid, N.Y., with her husband, Gilberto Viadana, now director of the Olympic Center Skating School. Boschetto works with the Olympic Center Skating School's students as ballet teacher and choreographer. Boschetto also started the Olympic Center School of Ballet in Lake Placid. In just four years the school has grown from 15 students to more than 60 and has become an integral part of the community. Her students have gone on to participate in highly competitive summer programs such as the Boston Ballet and American Ballet Theatre (ABT). This past June, Boschetto became certified in the ABT National Training Curriculum.

**Charlene Boudreau** grew up figure skating and coaching in Nova Scotia, Canada. She earned degrees in nutrition, exercise science and business administration, and after 11 years working at the Olympic Training Center in Colorado Springs, Colo., overseeing programs in sports science, medicine and research for USA Swimming, she was hired as director of sports sciences and medicine at U.S. Figure Skating. In that role, Boudreau oversees the performance science and medicine needs of figure skaters nationwide, including athleticism development, injury prevention, doping control, performance testing and performance support integration.

**Pam Dawson** is a member of the Tri-Cities Figure Skating Club in Kennewick, Wash., where she is employed at the Pacific Northwest National Laboratory (operated by Battelle for the U.S. Department of Energy) as a senior administrative assistant in the Marketing and Technical Communications group. She has 25 years of extensive and progressive administrative experience with a broad network from which to draw information and advice. Her skating experience comes from the desire of her daughter – a college student who competes at the senior level – to skate and compete. Dawson has been involved at the local level for nine years, serving as club secretary (one year), club president (six years), co-chair of two ABC televised skating events for U.S. Figure Skating in 1999 and 2000, co-chair for the 2003 Northwest Pacific





Regional Figure Skating Championships, president of the Pacific Northwest Interclub Association (currently in her fourth year as president), and, most recently, coordinator for all volunteers at 2008 Skate America in Everett, Wash. She is the chair of the U.S. Figure Skating Parents Committee and a member of the Athlete Development, Ethics and State Games Committees as well as a regional announcer. As the Parents Committee chair, she looks forward to reaching out to the parents in our sport by helping address their concerns and being a resource they can consult.

**Wendy Enzmann** is a gold test and international competition judge in singles/pairs, as well as a gold test and regional competition judge in ice dancing and an international synchronized skating judge. She is a referee at the national level for singles/pairs and synchronized team skating. Wendy is also a national technical specialist and controller in singles, pairs and synchronized skating. Prior to judging, Wendy was a national competitor in pairs from 1986 to 1991, a national singles competitor in 1982 and 83 and an international competitor in singles, and she has achieved her silver dance tests. She is the national vice chair of strategic planning for the Judges Committee, Eastern vice chair of the Technical Panel Committee, Eastern vice chair of the International Committee, and a member of the Pairs Committee. She holds a Bachelor of Science degree in criminal justice from Salem State College and works as a kindergarten teacher at a private school in Massachusetts.

**Robert (Bob) Horen** is a World technical controller, referee and judge in ice dancing. He is also a gold medalist in ice dancing and has been a competitive and test skater at all levels of the discipline. He has served on numerous U.S. Figure Skating committees including serving as chair of the International and Dance Committees. He has also held various positions on the U.S. Figure Skating Board of Directors including Eastern vice president from 2006-08. He has been the ISU representative for U.S. Figure Skating and is also an elected member of the ISU Ice Dance Technical Committee, a position he has held since the 2006 ISU Congress. He is also a past member of the Board of Directors of the Philadelphia Skating Club and Humane Society and has been involved with the Philadelphia SC&HS Challenge Cup for more than 25 years. Outside of skating, Horen was a training manager and consultant, working at Apple Computer and Johnson & Johnson. He holds a master's degree from the Ohio State University and a bachelor's degree from Pennsylvania State University.

**Benjamin Miller** is a former national, international and World Junior Championships competitor. He is the chair of the U.S. Figure Skating Athlete Development Committee and also serves on the International Committee Management Subcommittee. He is a sectional technical specialist in singles. He also served as a team leader for the 2008 Developmental International Competition in Vancouver, British Columbia, Canada. Miller is a student at the University of St. Thomas in Saint Paul, Minn., and is also a full-time coach at the St. Paul Figure Skating Club.





**Juliet Newcomer** is the director of technical services for U.S. Figure Skating, a position she accepted in September. Prior to that, she was the manager of coaching programs. In that role she was responsible for running seminars, camps and other programs that focused on athlete development and coaches education. Prior to working for U.S. Figure Skating, Newcomer was a novice competition judge for singles and pairs. She also served as a member of the Collegiate Committee. She was a competitive singles skater through college and spent two years as the vice president of the University of Michigan Figure Skating Club, for which she competed both in singles and as a member of the synchronized skating team. She has passed her fifth figure, gold moves in the field, gold free skating and pre-silver dance tests. Newcomer received her Bachelor of Business Administration with distinction from the University of Michigan Business School in May 2000.

**Kelly Rippon** is the founder of Authentic Change, a specialized transition and thinking company that was incorporated in 2006. She holds a baccalaureate degree in dance and humanities and a master's degree in humanities with a concentration in philosophy. In 1998 she wrote and produced the video, "Integrating Dance in Modern Worship." She is a certified graduate of Coach University in Burnham, England, the world's most respected leader in life and executive coach training programs. She received advanced training in neuro-lingustic programming at Bennett Stellar University in Ware, England. She is also a practitioner of EFT (Emotional Freedom Technique). She is a certified life and success coach, Master Practitioner in NLP, Reiki Practitioner and a certified hypnotherapist. She is a member of the International Coaching Federation, American Board of Hypnotherapy and Society of Neuro-lingustic Programming. She is the mother of 2008 World Junior champion Adam Rippon.

**Jimmie Santee:** As a competitive skater, Jimmie Santee competed nationally in both shorttrack speed skating and figure skating, winning two U.S. titles and seven international medals. Following his amateur career, Jimmie joined Disney on Ice, with which he was a principal performer for 11 years. He is an ex-officio member of the U.S. Figure Skating Board of Directors and is the executive director of the Professional Skaters Association (PSA). A former figure skating and short track speed skating coach, skating school director and ice arena manager, Santee brings a wealth of experience and perspective to his presentations. Jimmie and his wife of 21 years, Jamie, reside in Rochester, Minn., and have three children; Ryan, 14, Sarah, 11, and Jessica, 8, all of whom skate.





**Libby Scanlan** has been a national technical specialist since 2005. As a member of the Technical Panel Committee for three years, she has served as the vice chair of singles for the past two years. She is also a member of the Peer Review Committee. Libby has served on the technical panel at regional, sectional and national competitions. She has spoken at many PSA seminars presenting the nuances of the International Judging System (IJS), and has been on the faculty of five national technical panel training seminars. As a singles skater, Libby trained with Slavka Kohout at the Wagon Wheel in Rockton, Ill. She was a regional and sectional champion at the junior level and a three-time U.S. Championships competitor. She has coached competitive figure skating in the Chicago area for more than 35 years. Her students have competed at regional, sectional, national and international events. Outside of skating, she holds a bachelor's degree from Saint Xavier University.

**Paula Wagener** is a classically trained ballet dancer who has worked with figure skaters on choreography and style for more than 25 years. She is PSA Master Rated in choreography and style and has been a guest speaker at numerous seminars, camps and conventions. Wagener is the author of the Artistry in Motion program, now used by the U.S. Figure Skating Basic Skills program, and is past chair of the Basic Skills Subcommittee. She is committed to developing skaters to their full artistic potential. Her students have ranged from beginning level through Olympic level, and she is working on several projects pertinent to amateur skaters. Paula is the executive director of figure skating operations for Advanced Arenas Inc and has managed figure skating programs across the nation for more than 15 years.

**B.L. Wylie:** After 30+ active years skating as family, being the wife of a club president for many years, the dance partner of her husband, a figure skating judge, a mother of three skaters, and a manager of two skate boutiques, B.L. Wylie finally put on the coat, boots and ski pants to coach movement on the ice as an adjunct coach. As she shares the knowledge she gained from both her Bachelor of Science in physical education and guiding her own children from shaky first steps to the Olympic Winter Games, she shares a perspective of tenacity and perseverance. Now, after 40+ years in the sport (she has stopped counting!), the skaters she has coached have not only competed locally but in the regional, sectional, national and international arenas. Her passion for her sport allows her to help students learn the love of fast, graceful and accurate ice coverage, in addition to sharing the understanding of the musicality of their performances. This culmination of experience has allowed her to accept responsibilities on the national level as chairman of the Basic Skills Committee and vice chair of the Parents and Special Olympics Committees. Her goal for her final years in figure skating is to find the avenue that will allow every interested child an opportunity to feel the blades glide across that shiny white surface called ice, and learning to enjoy the "sport for a lifetime."

