
Virginia High School League

Book of Records

Fifteenth Edition - 2009-10

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Educators serving youth, VHSL is 312 state schools

Virginia's public high schools, through their alliance as the Virginia High School League, serve their youth by establishing and maintaining standards for student activities and competitions that promote education, personal growth, sportsmanship, leadership and citizenship.

Major policies and decisions affecting League programs are determined by a 28-member

Executive Committee. Direction is provided by group boards and by region and district councils. Finally, all member principals have oversight at region meetings and at fall and spring membership meetings.

This democratic, decentralized organizational structure provides for maximum local control and assures participation of school leaders as well as the public-at-large.

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MAKING A MARK

Book of Records gives shape to VHSL achievements

This publication is the 15th edition of the *Virginia High School League Book of Records*. The VHSL continues its efforts to compile state championship data in all VHSL activities, along with performance marks where they are available.

Virginia's public high schools, through their alliance as the Virginia High School League, serve their youth by establishing and maintaining standards for student activities and competitions that promote education, personal growth, sportsmanship, leadership and citizenship.

The VHSL Book of Records brings proper recognition to high school students, coaches and teams that have achieved outstanding performances in interscholastic athletic and academic competition. The Virginia High School League believes such recognition helps stimulate interest in high school athletic programs and motivates participants to improve their skills.

Information is compiled from office files, past issues of *The Leaguer*, VHSL's yearbook of record, and information from those outside the VHSL who follow Virginia high school activities, most notably Marshall Johnson, retired Associated Press sports writer, member of the Virginia High School Hall of Fame and unofficial historian for prep sports in Virginia. John Crute of Richmond provided information about Group AAA track.

Todd Feagans and Erik Nilsson, student interns from the University of Virginia, undertook the massive assignment to get the book established. Their efforts have been supported in later updates by UVa interns Scott Clayton, Biffy Corneilson, Jerry Kim, Jessica Lange, Cicily Marshall, Rebecca Pine and Neil Thomson, and by Bob Moore, athletic director at Virginia Episcopal School in Lynchburg. All have spent many hours researching old files and making telephone contacts, checking and re-checking facts and inputting information.

A Work in Progress

However, much remains to be done on this *Book of Records*. Readers will find incomplete or missing informa-

tion. *The Leaguer* didn't give complete results in some activities in some years. While Johnson has compiled detailed performance records in sports such as football and basketball, we have found no records of outstanding performances in other VHSL sports and activities. Although we have done what we could to update information, there is no doubt that readers will have information that the VHSL may not.

We Invite Your Contributions

We invite you to become part of this publication. Where information is incomplete or incorrect, let us know. Where information is missing, fill in the blanks. Where you think we need to include information we have not offered, plead your case. In activities where there are no performance marks listed, we will use information received from our readers to establish them. As we continue to update this publication, we will rely on school officials, participants, reporters or other interested readers to keep us up to date with each new achievement or performance record.

Be careful though. We need verification from newspaper accounts, school records or some other authoritative source before we include information that may not be accurate.

Please use the form at the end of this book to report information which will update this work in progress.

Sportsmanship Statement

The Virginia High School League is pleased to recognize outstanding achievements by teams and individuals. Although it is impossible to determine intent when marks are established, the committee strongly encourages recognition of performances in the true spirit of interscholastic competition. Running up scores or embarrassing an opponent for the primary purpose of inclusion in the Book of Records is not consistent with the ideals of good sportsmanship.

Mike McCall, editor
VHSL Information and Communications
Specialist

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| Individual Champions | 21 | Team Champions | 52 |
| Individual Records | 22 | Team Records | 52 |
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BASEBALL

Team Champions

(champion, runner-up)

AAA

| | | | | |
|------|------------------|----|-----------------------|----|
| 2010 | West Springfield | 10 | Woodbridge | 2 |
| 2009 | Menchville | 7 | Hanover | 1 |
| 2008 | James River | 10 | Colonial Forge | 0 |
| 2007 | James River | 5 | Deep Run | 1 |
| 2006 | Monacan | 9 | Oakton | 8 |
| 2005 | Princess Anne | 11 | Osborn | 10 |
| 2004 | Western Branch | 3 | Westfield | 2 |
| 2003 | Great Bridge | 12 | James Robinson | 3 |
| 2002 | James Madison | 2 | J.R. Tucker | 1 |
| 2001 | Lee-Davis | 10 | Ocean Lakes | 2 |
| 2000 | Oakton | 1 | Patrick Henry-Ashland | 0 |
| 1999 | Mills Godwin | 3 | George Washington | 0 |
| 1998 | West Springfield | 6 | George Washington | 5 |
| 1997 | Lee-Davis | 3 | Lake Braddock | 2 |
| 1996 | Frank Cox | 4 | Potomac | 2 |
| 1995 | Green Run | 3 | Halifax County | 1 |
| 1994 | Clover Hill | 5 | West Potomac | 1 |
| 1993 | First Colonial | 7 | Lake Braddock | 6 |
| 1992 | Gar-Field | 3 | Kecoughtan | 2 |
| 1991 | West Springfield | 7 | Gar-Field | 2 |
| 1990 | W.T. Woodson | 2 | Lafayette | 0 |
| 1989 | W.T. Woodson | 9 | Cave Spring | 2 |
| 1988 | Potomac | 6 | Lake Braddock | 4 |
| 1987 | Mills Godwin | 4 | George Marshall | 2 |
| 1986 | John R. Tucker | 5 | George Marshall | 1 |
| 1985 | John R. Tucker | 7 | James Wood | 3 |
| 1984 | Halifax County | 7 | John R. Tucker | 4 |
| 1983 | Potomac | 9 | Warwick | 2 |
| 1982 | John R. Tucker | 8 | Oakton | 3 |
| 1981 | John R. Tucker | 12 | Halifax County | 5 |
| 1980 | James Robinson | 2 | Homer Ferguson | 0 |
| 1979 | John R. Tucker | 5 | Woodbridge | 0 |
| 1978 | John R. Tucker | 2 | James Robinson | 1 |
| 1977 | Kempsville | 9 | Franklin County | 1 |
| 1976 | Bayside | 3 | Mount Vernon | 0 |
| 1975 | Kempsville | 16 | George Marshall | 5 |
| 1974 | Amherst | 1 | Deep Creek | 0 |
| 1973 | Kempsville | 4 | Amherst | 3 |
| 1972 | Kempsville | 5 | Washington-Lee | 3 |
| 1971 | James Madison | 4 | George Wythe-Richmond | 1 |

IA

| | | | | |
|------|-------------------------|----|------------------|---|
| 1970 | Highland Springs | 5 | E.C. Glass | 1 |
| 1969 | Woodrow Wilson | 2 | James Madison | 1 |
| 1968 | James Madison | 4 | Highland Springs | 3 |
| 1954 | G. Washington-D. | 13 | Maury | 0 |
| 1953 | G. Washington-D. | 1 | Newport News | 0 |
| 1948 | W. Wilson-Prtsmth | | | |
| 1939 | District Champions Only | | | |

| | | | | |
|------|-----------------------------|----|-----------------------|---|
| 1938 | Petersburg | | | |
| 1932 | East: Alexandria | | West: Vinton | |
| 1931 | East: George Wash.-Danville | | West: Clifton Forge | |
| 1930 | Andrew Lewis | | | |
| 1929 | Rocky Mount | | | |
| 1928 | George Washington-Danville | | | |
| 1927 | Maury | | | |
| 1926 | George Washington-Danville | | | |
| 1925 | E.C. Glass | | Maury | |
| 1924 | Maury | | Jefferson Sr.-Roanoke | |
| 1923 | Portsmouth | | Abingdon | |
| 1922 | Maury | | Jefferson Sr.-Roanoke | |
| 1921 | Maury | | Jefferson Sr.-Roanoke | |
| 1910 | Newport News | 15 | Jefferson Sr.-Roanoke | 0 |
| 1919 | Maury | 11 | Lynchburg | 1 |
| 1918 | Not Held | | | |
| 1917 | Not Held | | | |
| 1916 | John Marshall | 6 | Harrisonburg | 1 |

AA

| | | | | |
|------|--------------------|----|-------------------|---|
| 2010 | Poquoson | 9 | Potomac Falls | 1 |
| 2009 | Poquoson | 4 | Rustburg | 3 |
| 2008 | Powhatan | 7 | Alleghany | 4 |
| 2007 | Turner Ashby | 6 | Hidden Valley | 4 |
| 2006 | Turner Ashby | 5 | Tunstall | 0 |
| 2005 | Tunstall | 17 | Turner Ashby | 1 |
| 2004 | Tunstall | 4 | Cave Spring | 0 |
| 2003 | Amherst County | 6 | Stuarts Draft | 0 |
| 2002 | Turner Ashby | 11 | John Handley | 8 |
| 2001 | Poquoson | 3 | Heritage-Lynch | 1 |
| 2000 | Courtland | 7 | William Byrd | 5 |
| 1999 | John Handley | 5 | Rustburg | 1 |
| 1998 | Dan River | 5 | Virginia | 4 |
| 1997 | William Byrd | 4 | Tabb | 1 |
| 1996 | Virginia | 7 | Nansemond River | 2 |
| 1995 | Courtland | 3 | Brookville | 0 |
| 1994 | Tunstall | 3 | Tabb | 2 |
| 1993 | Virginia | 1 | Turner Ashby | 0 |
| 1992 | Virginia | 4 | Harrisonburg | 3 |
| 1991 | Broad Run | 5 | Rustburg | 0 |
| 1990 | Louisa County | 4 | Broad Run | 1 |
| 1989 | York | 4 | Jefferson Forest | 1 |
| 1988 | Jefferson Forest | 5 | York | 0 |
| 1987 | Brookville | 10 | York | 0 |
| 1986 | Waynesboro | 2 | Virginia | 0 |
| 1985 | Midlothian | 10 | Virginia | 7 |
| 1984 | Park View-Sterling | 6 | Abingdon | 4 |
| 1983 | Virginia | 1 | Mills Godwin | 0 |
| 1982 | Fort Defiance | 7 | Nelson County | 2 |
| 1981 | Virginia | 4 | Colonial Heights | 0 |
| 1980 | George Mason | 7 | Martinsville | 0 |
| 1979 | Amherst | 5 | Warren County | 2 |
| 1978 | Amherst | 10 | Western Albemarle | 1 |
| 1977 | Liberty-Bedford | 3 | Randolph-Henry | 2 |
| 1976 | Tunstall | 12 | Turner Ashby | 4 |

| | | | | |
|----------|----------------------|----|------------------|---|
| 1975 | Turner Ashby | 12 | Alleghany | 0 |
| 1974 | Turner Ashby | 4 | Glenvar | 3 |
| 1973 | Brookville | 5 | Nottoway | 4 |
| 1972 | Loudoun Valley | 8 | Tunstall | 1 |
| 1971 | Turner Ashby | 16 | Galax | 3 |
| A | | | | |
| 2010 | Rappahannock | 7 | Virginia High | 4 |
| 2009 | Chatham | 10 | Gate City | 4 |
| 2008 | J.J. Kelly | 14 | Essex | 9 |
| 2007 | Strasburg | 9 | Grayson County | 5 |
| 2006 | Goochland | 4 | Grayson County | 3 |
| 2005 | Randolph-Henry | 6 | Chatham | 3 |
| 2004 | Mathews | 5 | Gate City | 1 |
| 2003 | Essex | 22 | Glenvar | 3 |
| 2002 | Randolph-Henry | 7 | J.J. Kelly | 4 |
| 2001 | John Battle | 9 | J.J. Kelly | 8 |
| 2000 | John Battle | 4 | Strasburg | 2 |
| 1999 | Essex | 4 | Strasburg | 1 |
| 1998 | J.J. Kelly | 9 | Rappahannock | 4 |
| 1997 | Grayson County | 4 | Brentsville | 1 |
| 1996 | Powell Valley | 8 | Northampton | 0 |
| 1995 | Brentsville District | 3 | Coeburn | 2 |
| 1994 | Glenvar | 5 | Central Senior | 4 |
| 1993 | Rappahannock | 4 | Glenvar | 3 |
| 1992 | Central Senior | 3 | Powell Valley | 0 |
| 1991 | J.J. Kelly | 7 | Lebanon | 5 |
| 1990 | Wilson Memorial | 3 | Central Senior | 1 |
| 1989 | J.J. Kelly | 11 | Sussex Central | 2 |
| 1988 | J.J. Kelly | 3 | Stuarts Draft | 2 |
| 1987 | Chatham | 3 | Stuarts Draft | 0 |
| 1986 | Castlewood | 15 | Amelia County | 2 |
| 1985 | Central Senior | 1 | Castlewood | 0 |
| 1984 | J.J. Kelly | 6 | Central Senior | 1 |
| 1983 | J.J. Kelly | 5 | George Mason | 4 |
| 1982 | J.J. Kelly | 3 | Essex | 2 |
| 1981 | J.J. Kelly | 12 | Rappahannock | 6 |
| 1980 | Wilson Memorial | 2 | Essex | 0 |
| 1979 | Clover Hill | 5 | J.J. Kelly | 4 |
| 1978 | Coeburn | 12 | Goochland | 7 |
| 1977 | Wilson Memorial | 5 | Essex | 4 |
| 1976 | Stuarts Draft | 3 | Rappahannock Co. | 1 |
| 1975 | Coeburn | 5 | Goochland | 2 |
| 1974 | Madison Co. | 2 | Castlewood | 0 |
| 1973 | Goochland | 6 | Castlewood | 1 |
| 1972 | Goochland | 15 | Castlewood | 3 |
| 1971 | Castlewood, | 3 | Goochland | 2 |

Team Records

| | | |
|---|---------------|----------------------------|
| Most state championships: | | |
| 9 | J.J. Kelly | 81-84, 88-89, 91, 98, 2008 |
| 6 | J.R. Tucker | 78-79, 81-82, 85-86 |
| 6 | Turner Ashby | 71, 74-75, 02, 06-07 |
| 5 | Virginia High | 81, 83, 92-93, 96 |
| Consecutive state championships: | | |
| 4 | J.J. Kelly | 1981-84 |
| Consecutive wins: | | |

Not Available
Consecutive losses:
 Not Available

Runs Scored

Season:
 Not Available
Game, one team:
 Not Available
Game, two teams:
 Not Available

Hits

Season:
 Not Available
Game, one team:
 Not Available
Game, two teams:
 Not Available
Most home runs, season:
 Not Available
Most home runs, game:
 Not Available

Pitching

Strikeouts, season:
 Not Available
Strikeouts, game-one team:
 29 (12 innings) Whitewood vs. Hurley 5-19-95
Strikeouts, game-two teams:
 46 (12 innings) Whitewood vs. Hurley 5-19-95
E.R.A., season:
 Not Available
Shutouts, season:
 Not Available
Shutouts, consecutive:
 Not Available
Consecutive shutout innings:
 39 William Byrd 1996
Consecutive no hitters:
 Not Available

Individual Records

Hits

Career:
 Not Available
Season:
 58 Tyler Younger Chatham 2009
 39 Chris Hutchison Giles 1997
Game:
 Not Available
Consecutive Hits:
 Not Available
Consecutive Games with a Hit:
 52 Wyatt Toregas South Lakes

Home Runs**Career:**

| | | | |
|----|-----------------|---------------|---------|
| 49 | Gavin Hylton | Chatham | 2006-09 |
| 35 | Seth Williams | Thomas Edison | 2004-07 |
| 33 | Gavin Hylton | Chatham | 2006-08 |
| 27 | Brandon Snyder | Westfield | 2002-05 |
| 26 | Chris Hutchison | Giles | 1996-97 |

Season:

| | | | |
|----|-----------------|-----------|------|
| 18 | Chris Hutchison | Giles | 1997 |
| 18 | Gavin Hylton | Chatham | 2008 |
| 16 | Gavin Hylton | Chatham | 2009 |
| 15 | Matt Snyder | Westfield | 2008 |

Game:

| | | | |
|---|---------------|----------------------------|---------|
| 4 | Seth Williams | Thomas Edison vs. G. Mason | 3/21/05 |
|---|---------------|----------------------------|---------|

Runs Batted In**Career:**

Not Available

Season:

| | | | |
|----|-----------------|---------|------|
| 52 | Chris Hutchison | Giles | 1997 |
| 49 | Gavin Hylton | Chatham | 2009 |
| 30 | Chris Hutchison | Giles | 1996 |

Game:

| | | | |
|---|-----------------|-------|---------|
| 9 | Chris Hutchison | Giles | 1996-97 |
|---|-----------------|-------|---------|

Runs Scored**Career:**

Not Available

Season:

| | | | |
|----|-----------------|---------|------|
| 54 | Gavin Hylton | Chatham | 2009 |
| 48 | Tyler Younger | Chatham | 2009 |
| 45 | Chris Hutchison | Giles | 1997 |
| 22 | Chris Hutchison | Giles | 1996 |

Game:

| | | | |
|---|-----------------|-------|------|
| 9 | Chris Hutchison | Giles | 1997 |
|---|-----------------|-------|------|

Pitching (Wins)**Career:**

| | | | |
|----|----------------|------------|---------|
| 38 | Doug Bates | J.J. Kelly | 1980-83 |
| 29 | Andrew Preston | Menchville | 2002-05 |

Season:

| | | | |
|----|---------------|--------------|------|
| 13 | Chris Manning | William Byrd | 1997 |
|----|---------------|--------------|------|

Shutouts, career:

| | | | |
|----|------------|------------|---------|
| 15 | Doug Bates | J.J. Kelly | 1980-83 |
|----|------------|------------|---------|

Shutouts, season:

Not Available

Consecutive shutouts (games):

| | | | |
|---|----------------|---------|------|
| 8 | Keith Atherton | Mathews | 1977 |
|---|----------------|---------|------|

E.R.A.**Career:**

| | | | |
|------|------------|------------|---------|
| 0.50 | Doug Bates | J.J. Kelly | 1980-83 |
|------|------------|------------|---------|

Season:

Not Available

Strikeouts**Career:**

| | | | |
|-----|-----------------|--------------|---------|
| 515 | Doug Bates | J.J. Kelly | 1980-83 |
| 500 | Harvey Marshall | Floyd County | 1975-79 |

Season:

| | | | |
|-----|---------------|--------------|------|
| 169 | Chris Manning | William Byrd | 1997 |
|-----|---------------|--------------|------|

Seven-Inning Game:

| | | | |
|----|---------------|--------------------------|---------|
| 21 | Doug Bates | J.J. Kelly vs. Clintwood | 1983 |
| 20 | Geoff McCowat | Dominion vs. Gar-Field | 3/18/08 |

Extra-Inning Game:

| | | | |
|------------|--------------|----------------------|---------|
| 29 (12inn) | Scotty Rife | Whitewood vs. Hurley | 5-19-95 |
| 29(14inn) | Jay Franklin | Madison | 1971 |

Per game:

| | | | |
|------|------------|------------|------|
| 15.7 | Doug Bates | J.J. Kelly | 1983 |
|------|------------|------------|------|

No-hitters**Career:**

| | | | |
|---|------------|------------|---------|
| 6 | Doug Bates | J.J. Kelly | 1980-83 |
|---|------------|------------|---------|

Season:

| | | | |
|---|----------------|---------|------|
| 2 | Tracy Stallard | Coeburn | 1956 |
|---|----------------|---------|------|

Perfect games season:

| | | | |
|----|-------------------|----------|------|
| 1* | Meggie Meidlinger | Dominion | 2006 |
|----|-------------------|----------|------|

Perfect games career:

| | | | |
|----|-------------------|----------|------|
| 1* | Meggie Meidlinger | Dominion | 2006 |
|----|-------------------|----------|------|

*game called after 5-innings due to 10-run mercy rule

Coaching Records**Most wins:**

| | | | |
|-----|------------------------|-----------------|-----------|
| 569 | Mack Shupe (active) | J.I. Burton | -2003 |
| 517 | Jim Snow | Menchville | 1951-1991 |
| 501 | Jim Cutler (active) | Liberty-Bedford | 1965-2003 |

Most Championships:

Not Available

BOYS BASKETBALL

Team Champions

(champion, runner-up)
(*indicates number of overtimes)

AAA

| | | | | |
|------|---------------------------|------|---------------------------|----|
| 2010 | I.C. Norcom | 55 | Petersburg | 54 |
| 2009 | King's Fork | 49 | William Fleming | 47 |
| 2008 | T.C. Williams | 70 | Bethel | 57 |
| 2007 | Highland Springs | 70 | George Washington-Dan | 52 |
| 2006 | Booker T. Washington | 55 | Herndon | 51 |
| 2005 | Woodside | 74 | Landstown | 71 |
| 2004 | Woodside | 77 | Potomac | 73 |
| 2003 | Highland Springs | 50 | South Lakes | 35 |
| 2002 | Cave Spring | 70 | George Wythe | 62 |
| 2001 | Salem-Virginia Beach | 64 | Gar-Field | 57 |
| 2000 | Granby | 51 | Hayfield | 45 |
| 1999 | Princess Anne | 71, | South Lakes | 68 |
| 1998 | Geo. Washington-Dan. | 71 | Potomac | 50 |
| 1997 | Hampton | 67 | Potomac | 52 |
| 1996 | Geo. Washington-Dan. | 73 | Hopewell | 71 |
| 1995 | Potomac | 62 | Kecoughtan | 53 |
| 1994 | Meadowbrook | 70 | William Fleming | 65 |
| 1993 | Bethel | 77 | John Marshall | 71 |
| 1992 | Patrick Henry-Roanoke | 79 | Booker T. Washington | 71 |
| 1991 | Bayside | *59 | George Wythe-Richmond | 55 |
| 1990 | Bayside | 56 | Hampton | 51 |
| 1989 | Hampton | 85 | Petersburg | 75 |
| 1988 | Patrick Henry-Roanoke | 50 | Robert E. Lee-Springfield | 46 |
| 1987 | Indian River | 56 | James Robinson | 46 |
| 1986 | Booker T. Washington | 57 | Hopewell | 50 |
| 1985 | Booker T. Washington | **54 | Petersburg | 52 |
| 1984 | Jefferson/Huguenot/Wythe | 73 | Pulaski County | 55 |
| 1983 | Marshall Walker | 66 | T.C. Williams | 65 |
| 1982 | Marshall Walker | 65 | William Fleming | 58 |
| 1981 | Robert E. Lee-Springfield | 50 | Booker T. Washington | 46 |
| 1980 | Gar-Field | 67 | Booker T. Washington | 65 |
| 1979 | Mount Vernon | 73 | Maury | 72 |
| 1978 | Homer Ferguson | 69 | James Robinson | 68 |
| 1977 | T.C. Williams | 95 | William Fleming | 63 |
| 1976 | Maggie Walker | 82 | Robert E. Lee-Springfield | 68 |
| 1975 | Thomas Jeff.-Richmond | 41 | Halifax County | 37 |
| 1974 | Petersburg | 50 | West Springfield | 48 |
| 1973 | Petersburg | 59 | Halifax County | 51 |
| 1972 | Hopewell | 63 | West Springfield | 55 |
| 1971 | Maggie Walker | 80 | Robert E. Lee-Staunton | 63 |

IA

| | | | | |
|------|-----------------------|-----|------------------------|----|
| 1970 | Jefferson Sr.-Roanoke | 60 | Maury | 59 |
| 1969 | Hampton | 49 | Jefferson Sr.-Roanoke | 43 |
| 1968 | Andrew Lewis | 67 | Geo. Washington-Alex. | 66 |
| 1967 | E.C. Glass | *40 | Hampton | 38 |
| 1966 | Washington-Lee | 51 | Patrick Henry-Roanoke | 39 |
| 1965 | Woodrow Wilson | 75 | G. Washington-Danville | 64 |
| 1964 | Newport News | 66 | Hampton | 54 |

| | | | | |
|------|----------------|----|-----------------|----|
| 1963 | Washington-Lee | 44 | Douglas Freeman | 41 |
| 1962 | Washington-Lee | 49 | Maury | 38 |
| 1961 | Wakefield | 58 | E.C. Glass | 36 |

I

| | | | | |
|------|-----------------------|------|-----------------------|----|
| 1960 | Highland Springs | **37 | Virginia-Bristol | 35 |
| 1959 | E.C. Glass | 78 | Hopewell | 62 |
| 1958 | Newport News | 50 | Granby | 48 |
| 1957 | Newport News | 53 | Virginia-Bristol | 31 |
| 1956 | Newport News | 63 | Geo. Washington-Alex. | 52 |
| 1955 | Jefferson Sr.-Roanoke | 42 | Washington-Lee | 41 |
| 1954 | John Marshall | 49 | E.C. Glass | 45 |
| 1953 | E.C. Glass | 41 | Geo. Washington-Alex. | 40 |
| 1952 | Newport News | 55 | Washington-Lee | 37 |
| 1951 | Newport News | 44 | Woodrow Wilson | 42 |
| 1950 | Granby | 57 | Newport News | 34 |
| 1949 | E.C. Glass | 42 | Geo. Washington-Alex. | 34 |
| 1948 | John Marshall | 45 | Newport News | 35 |
| 1947 | Granby | 58 | Geo. Washington-Alex. | 33 |
| 1946 | Thom. Jefferson-Rich. | 23 | Jefferson Sr.-Roanoke | 22 |
| 1945 | Geo. Washington-Alex. | 44 | Thom. Jefferson-Rich. | 38 |
| 1944 | Thom. Jefferson-Rich | 32 | Newport News | 27 |
| 1943 | Newport News | 33 | Thom. Jefferson-Rich. | 26 |
| 1942 | Newport News | 31 | John Marshall | 24 |
| 1941 | Jefferson Sr.-Roanoke | 48 | Maury | 27 |
| 1940 | E.C. Glass | 33 | Geo. Washington-Alex. | 32 |
| 1939 | Hampton | 27 | Petersburg | 21 |
| 1938 | Newport News | 25 | Thom. Jefferson-Rich. | 23 |
| 1937 | John Marshall | 33 | E.C. Glass | 20 |
| 1936 | John Marshall | 39 | Jefferson Sr.-Roanoke | 12 |
| 1935 | Jefferson Sr.-Roanoke | 28 | John Marshall | 24 |
| 1934 | Jefferson Sr.-Roanoke | 23 | Newport News | 22 |
| 1933 | George Washington | 24 | Newport News | 17 |
| 1932 | John Marshall | 25 | Geo. Washington-Dan. | 24 |
| 1931 | Newport News | 29 | Geo. Washington-Dan. | 19 |
| 1930 | Jefferson Sr.-Roanoke | | | |
| 1929 | Jefferson Sr.-Roanoke | | | |
| 1928 | Woodrow Wilson | 48 | Jefferson Sr.-Roanoke | 25 |
| 1927 | Maury | | | |
| 1926 | Maury | | E.C. Glass | |
| 1925 | Maury | | Geo. Washington-Dan | |
| 1924 | Lane | | Jefferson-Sr. Roanoke | |
| 1923 | Maury | | Jefferson-Sr. Roanoke | |
| 1922 | Jefferson Sr.-Roanoke | | Maury | |
| 1921 | Maury | | Jefferson Sr.-Roanoke | |
| 1920 | John Marshall | 27 | E.C. Glass | 12 |
| 1919 | No Champion | | | |
| 1918 | Salem | | Charlottesville | |
| 1917 | Salem | 28 | Charlottesville | 22 |
| 1916 | Salem | | Charlottesville | |
| 1915 | Charlottesville | 35 | Lynchburg | 25 |

AA - Division 4

| | | | | |
|------|---------------|------|-------------|----|
| 2010 | Potomac Falls | **69 | Broadway | 64 |
| 2009 | Courtland | 93 | Salem-Salem | 69 |

AA - Division 3

| | | | | |
|------|-------------|-----|-----------|----|
| 2010 | Cave Spring | 54 | Brunswick | 43 |
| 2009 | Cave Spring | *39 | Brunswick | 33 |

AA

| | | | | |
|------|-------------------------|-----|-------------------------|----|
| 2008 | Millbrook | 53 | Brunswick | 43 |
| 2007 | William Fleming | 66 | Brunswick | 57 |
| 2006 | Martinsville | 63 | Robert E. Lee-Staunton | 54 |
| 2005 | Robert E. Lee-Staunton | 74 | Greensville County | 55 |
| 2004 | Robert E. Lee-Staunton | 96 | Greensville | 57 |
| 2003 | Brunswick | 49 | Cave Spring | 47 |
| 2002 | Martinsville | 70 | Blacksburg | 67 |
| 2001 | Martinsville | 53 | Caroline | 50 |
| 2000 | Bruton | 61 | Gretna | 41 |
| 1999 | Salem | 54 | Gate City | 51 |
| 1998 | Magna Vista | 73 | Liberty-Bedford | 67 |
| 1997 | Liberty-Bedford | 77 | Spotswood | 71 |
| 1996 | Liberty-Bedford | 53 | Lakeland | 50 |
| 1995 | Nansemond River | 84 | Northside | 57 |
| 1994 | Salem | 67 | Louisa County | 59 |
| 1993 | Spotswood | 50 | Greensville County | 48 |
| 1992 | Nansemond River | 85 | Northside | 62 |
| 1991 | Waynesboro | 71 | Robert E. Lee-Staunton | 51 |
| 1990 | Robert E. Lee-Staunton | 70 | Matoaca | 53 |
| 1989 | Magna Vista | *69 | Charlottesville | 68 |
| 1988 | Brunswick | 64 | Loudoun Valley | 39 |
| 1987 | Brunswick | 54 | Robert E. Lee-Staunton | 52 |
| 1986 | Martinsville | 76 | Brunswick | 66 |
| 1985 | Martinsville | 71 | George Wythe-Wytheville | 53 |
| 1984 | Robert E. Lee-Staunton | 81 | Martinsville | 70 |
| 1983 | John F. Kennedy | 89 | Martinsville | 69 |
| 1982 | Martinsville | 92 | Brunswick | 77 |
| 1981 | Martinsville | 60 | Harrisonburg | 53 |
| 1980 | Martinsville | 59 | Lloyd Bird | 57 |
| 1979 | Harrisonburg | 70 | Suffolk | 51 |
| 1978 | Harrisonburg | 70 | Bruton | 57 |
| 1977 | Forest Glen | 74 | Blacksburg | 68 |
| 1976 | Martinsville | 61 | John Yates | 53 |
| 1975 | Glenvar | 56 | Blacksburg | 54 |
| 1974 | John F. Kennedy-Suffolk | 70 | Graham | 52 |
| 1973 | Culpeper County | 82 | John F. Kennedy | 78 |
| 1972 | James Monroe | 88 | Chatham | 41 |
| 1971 | Chatham | 57 | Park View-Sterling | 54 |

IB

| | | | | |
|------|------------------------|----|------------------------|----|
| 1970 | John Langston | 50 | Robert E. Lee-Staunton | 47 |
| 1969 | James Monroe | 49 | Cave Spring | 48 |
| 1968 | Blacksburg | 63 | Harrisonburg | 62 |
| 1967 | Robert E. Lee-Staunton | 88 | Northside | 58 |
| 1966 | Martinsville | 70 | Robert E. Lee-Staunton | 62 |
| 1965 | Blacksburg | 66 | James Wood | 52 |
| 1964 | Martinsville | 78 | Stafford | 52 |
| 1963 | James Monroe | 72 | Martinsville | 62 |

10 - VHSL Record Book

| | | | | |
|------|----------------|-----|---------------|----|
| 1962 | Pulaski County | 48 | Handley | 41 |
| 1961 | Martinsville | *68 | Parry McCluer | 66 |

II

| | | | | |
|---------|--|----|------------------------|----|
| 1960 | Waynesboro | 36 | Varina | 35 |
| 1959 | Bassett | 69 | Parry McCluer | 59 |
| 1958 | Martinsville | 60 | Great Bridge | 42 |
| 1957 | Waynesboro | 58 | Drewry Mason | 54 |
| 1956 | Graham | 48 | James Monroe | 41 |
| 1955 | William Fleming | 53 | George Mason | 34 |
| 1954 | William Fleming | 71 | Virginia | 58 |
| 1953 | Marion | 56 | Clintwood | 52 |
| 1952 | Harrisonburg | 36 | St. Paul | 35 |
| 1951 | Clintwood | 39 | Robert E. Lee-Staunton | 37 |
| 1950 | Clintwood | 69 | Graham | 44 |
| 1949 | Radford | 51 | Norton | 38 |
| 1948 | Norton | 44 | Glen Allen | 30 |
| 1947 | Norton | 35 | Radford | 30 |
| 1941-46 | Division Champions, No State Champions | | | |
| 1940 | Tazewell | 46 | Suffolk | 38 |
| 1939 | Division Champions, No State Champion | | | |
| 1938 | Glen Allen | 32 | South Norfolk | 26 |
| 1937 | Harrisonburg | 25 | Glen Allen | 24 |
| 1936 | Harrisonburg | 28 | South Boston | 13 |
| 1935 | South Norfolk | 28 | Alexandria | 25 |
| 1934 | No Champion | | | |
| 1933 | No Champion | | | |
| 1932 | Division Champions | | | |
| 1931 | Robert E. Lee-Staunton | 34 | Fredericksburg | 19 |
| 1930 | Buchanan County | | | |
| 1929 | Rocky Mount | | | |
| 1928 | Alexandria | 38 | Rocky Mount | 14 |
| 1927 | Virginia | | | |

A - Division 2

| | | | | |
|------|----------------------|----|-------------------|----|
| 2010 | James River-Buchanan | 47 | Buckingham County | 43 |
| 2009 | Radford | 60 | Dan River | 49 |
| 2008 | George Wythe | 58 | Gate City | 53 |

A - Division 1

| | | | | |
|------|----------------|----|--------------------|----|
| 2010 | Madison County | 41 | Altavista | 38 |
| 2009 | Colonial Beach | 77 | Eastern Montgomery | 75 |
| 2008 | Nelson County | 50 | Surry County | 47 |

A

| | | | | |
|------|------------------|----|--------------|----|
| 2007 | Clarke County | 60 | Gate City | 55 |
| 2006 | Clarke County | 51 | Twin Valley | 49 |
| 2005 | Surry County | 57 | Twin Springs | 48 |
| 2004 | Altavista | 54 | Riverheads | 37 |
| 2003 | Nandua | 64 | Radford | 56 |
| 2002 | Nandua | 65 | Altavista | 49 |
| 2001 | Council | 58 | Radford | 43 |
| 2000 | New Kent | 61 | Council | 49 |
| 1999 | Glenvar | 63 | Pound | 54 |
| 1998 | Washington & Lee | 68 | John Battle | 62 |
| 1997 | Floyd County | 66 | Surry County | 63 |

| | | | | |
|------|-----------------------|-----|-------------------|----|
| 1996 | Northumberland | 74, | Madison County | 68 |
| 1995 | William Monroe | 51 | Glenvar | 46 |
| 1994 | William Monroe | 51 | Parry McCluer | 43 |
| 1993 | Twin Springs | 60 | Franklin | 59 |
| 1992 | Sussex Central | 69, | Fluvanna County | 65 |
| 1991 | Lebanon | 55, | Cumberland | 53 |
| 1990 | Fluvanna County | 64 | James River | 40 |
| 1989 | Fluvanna County | 77 | Middlesex | 58 |
| 1988 | Gge Washington Carver | 77 | Fluvanna County | 45 |
| 1987 | Suffolk Central | 89 | Floyd County | 64 |
| 1986 | Gge Washington Carver | 78 | Buffalo Gap | 51 |
| 1985 | Cumberland | 69 | West Point | 63 |
| 1984 | Drewry Mason | 64 | Cumberland | 50 |
| 1983 | Drewry Mason | 73 | Northumberland | 67 |
| 1982 | Drewry Mason | 70 | Rappahannock | 42 |
| 1981 | Cumberland | 68 | Floyd County | 58 |
| 1980 | Fort Defiance | 69 | Central Woodstock | 43 |
| 1979 | Cumberland | 42 | Thomas Walker | 40 |
| 1978 | Cumberland | 60 | James River | 47 |
| 1977 | Madison County | 83 | J.J. Kelly | 56 |
| 1976 | Luray | 59 | Powell Valley | 55 |
| 1975 | Buckingham County | *64 | Fort Chiswell | 58 |
| 1974 | Powell Valley | 64 | Madison County | 63 |
| 1973 | West Point | 70 | Luray | 63 |
| 1972 | Appalachia | 58 | Washington & Lee | 52 |
| 1971 | Luray | 62 | Thomas Walker | 49 |

II

| | | | | |
|------|------------------|----|-----------------|----|
| 1970 | Luray | 69 | Hayden | 63 |
| 1969 | Suffolk | 63 | Altavista | 36 |
| 1968 | Turner Ashby | 94 | Matoaca | 63 |
| 1967 | Luray | 56 | Thomas Walker | 49 |
| 1966 | Clifton Forge | 71 | Thomas Walker | 51 |
| 1965 | James Blair | 65 | Abingdon | 50 |
| 1964 | Lebanon | 56 | Pennington Gap | 52 |
| 1963 | Colonial Heights | 66 | Brunswick | 45 |
| 1962 | Haysi | 67 | Wilson Memorial | 50 |
| 1961 | Prince George | 68 | Midlothian | 55 |

III

| | | | | |
|------|---------------------|----|-------------------------|----|
| 1970 | King George | 83 | Hardin-Reynolds | 80 |
| 1969 | Hardin-Reynolds | 62 | King George | 49 |
| 1968 | Hardin-Reynolds | 70 | West Point | 64 |
| 1967 | Auburn | 79 | West Point | 70 |
| 1966 | Stuart | 54 | Washington&Lee-Montross | 48 |
| 1965 | Rocky Gap | 70 | Washington&Lee-Montross | 52 |
| 1964 | Bland | 49 | Chatham | 47 |
| 1963 | Bland | 74 | West Point | 45 |
| 1962 | Bland | 69 | Callands | 50 |
| 1961 | West Point | 81 | Bland | 58 |
| 1960 | Valley | 73 | West Point | 57 |
| 1959 | Troutville | 45 | Mathews | 38 |
| 1958 | Stuart | 69 | Troutville | 43 |
| 1957 | Stuart | 46 | Shawsville | 31 |
| 1956 | King William | 64 | Troutville | 52 |
| 1955 | Chatham | 53 | Elkton | 40 |
| 1954 | Shenandoah | 51 | West Point | 33 |
| 1953 | Nickelsville (Fall) | 38 | McKenney | 31 |

| | | | | |
|------|-----------------------|----|----------------|----|
| 1953 | Garden | 55 | Dayton | 48 |
| 1952 | Bethel (Fall) | 44 | McKenney | 39 |
| 1952 | Garden | 43 | West Point | 37 |
| 1951 | Stuart (Fall) | 89 | Scottsville | 28 |
| 1951 | Herndon | 52 | Garden | 47 |
| 1950 | Meadows of Dan (Fall) | 44 | McKenney | 37 |
| 1950 | Garden | 41 | Madison County | 40 |

III (after reclassification)

| | | | | |
|--|---------------------|----|---------------------|----|
| 1949 | Dayton | 52 | Quantico | 33 |
| 1948 | Quantico | 36 | Ervington | 34 |
| 1942-47 Regional Champions, No State Champions | | | | |
| 1942 | Christopher Gist | 86 | Shawsville | 17 |
| 1941 | Christopher Gist | 57 | Bedford | 18 |
| 1940 | Christopher Gist | 66 | Rocky Mount | 22 |
| 1939 | Fincastle | 43 | West Point | 19 |
| 1938 District Champions, No State Champions | | | | |
| 1937 | Flat Gap | 28 | New Kent | 10 |
| 1936 | Christopher Gist | 44 | Craigsville | 17 |
| 1935 | Christopher Gist | 66 | Edinburg | 18 |
| 1934 | Christopher Gist | 39 | Falls Church | 14 |
| 1933 | Wallace | 22 | Portlock | 19 |
| 1932 | Oakton | 22 | Cradock | 17 |
| 1931 | Christopher Gist | 28 | Shenandoah | 16 |
| 1930 | Linville-Edom | 14 | Floris Agricultural | 11 |
| 1929 No State Champion | | | | |
| 1928 | Floris Agricultural | 19 | Barrack-Chilhowie | 18 |
| 1927 | Linville-Edom | 14 | Floris Agricultural | 11 |

C

| | | | | |
|------|----------|----|-------------------|----|
| 1926 | Broadway | 24 | Meriweather Lewis | 16 |
| 1925 | Craddock | 21 | Dayton | 10 |
| 1924 | Honaker | 30 | Dayton | 14 |

Team Records

Most state championships:

| | | |
|----|--------------|---|
| 13 | Martinsville | 1958,1961,1964,1966,1976,1980-82, 1985-86, 2001, 2002, 2006 |
|----|--------------|---|

Most state championship game appearances:

| | | |
|----|--------------|--|
| 16 | Martinsville | 1958,'61,'63,'64,'66,'76,'80,'81,'82,'83 '84,'85,'86, 2001, 2002, 2006 |
| 14 | Newport News | 1931,'33,'38,'42,'43,'44,'48,'50,'51,'52,'56,'57, '58,'64 |

Consecutive championships:

| | | |
|---|------------------|---------|
| 3 | Salem | 1916-18 |
| 3 | Maury | 1925-27 |
| 3 | Christopher Gist | 1934-36 |
| 3 | Christopher Gist | 1940-42 |
| 3 | Newport News | 1956-58 |
| 3 | Bland | 1962-64 |
| 3 | Martinsville | 1980-82 |
| 3 | Drewry Mason | 1982-84 |

Consecutive appearance in state championship game:

| | | |
|---|--------------|---------|
| 7 | Martinsville | 1980-86 |
|---|--------------|---------|

Most state tournament appearances:

| | | |
|----|-------------------|---|
| 23 | Martinsville | 1936, 1958, 1961-64, 1966, 1969, 1976, 1979-86, 1990, 1993, 2001-02, 2005-6 |
| 20 | R.E. Lee-Stuanton | 1931, 1938, 1951, 1963, 1966-67, 1970-71, 1983-87, 1990-91, 1998, 2002, 2004-06 |
| 20 | Newport News | 1931, 1933, 1937-38, 1940, 1942-44, 1948, 1950-53, 1955-58, 1963-64, 1971 |

Most consecutive state tournament appearances:

| | | |
|---|-------------------|---------|
| 8 | Martinsville | 1979-86 |
| 5 | Garden | 1949-53 |
| 5 | R.E. Lee-Staunton | 1983-87 |

Consecutive wins:

| | | |
|-----|----------|---|
| 100 | Flat Gap | 1936-40 (unofficial, played unauthorized games) |
|-----|----------|---|

| | | |
|----|----------------------|-----------|
| 85 | R.E. Lee-Staunton | 2003-06 |
| 66 | Clintwood | 1949-52 |
| 65 | Norton | 1946-49 |
| 57 | Newport News | 1956-59 |
| 55 | Luray | 1968-72 |
| 53 | Booker T-Suff. (VIA) | 1965-68 * |
| 52 | R.E. Lee-Staunton | 1984-86 |
| 51 | Indian River | 1986-88 |
| 50 | Petersburg | 1972-74 |
| 50 | Dayton | 1945-48 |

* Booker T-Suffolk's only defeat in 102 games from the end of 1962-63 season to fourth game of 1967-68 was in the championship game of the National Negro High School Tournament in 1964-65

Most Wins in a season

| | | |
|----|-------------------|---------|
| 39 | Maggie Walker | 1952-53 |
| 32 | Booker T.-Suffolk | 1953-54 |
| 31 | Maggie Walker | 1944-45 |
| 31 | Maggie Walker | 1945-46 |
| 31 | R.E. Lee-Staunton | 2004-05 |
| 31 | King's Fork | 2008-09 |
| 30 | Norcom | 1966-67 |
| 30 | R.E. Lee-Staunton | 2003-04 |
| 30 | Woodside | 2004-05 |
| 30 | R.E. Lee-Staunton | 2005-06 |
| 30 | Nelson County | 2007-08 |
| 30 | Petersburg | 2008-09 |

Consecutive losses:

| | | |
|-----|---------------------|--|
| 132 | Mary N. Smith (VIA) | 1958-67 (based on listed team records) |
| 88 | Highland County | 1983-89 |
| 81 | Craig County | 1998-02 |
| 78 | Mount Rogers | 1973-78 |
| 61 | Blackwater | 1960-64 |
| 61 | Page County | 1978-82 |
| 56 | Blackwater | 1964-68 |
| 56 | Luray | 1987-90 |
| 48 | Rappahannock Co. | 2003-07 |

NOTES: Hillsville lost 44 straight before merging with Woodlawn to form Carroll County, which then lost 41 more for a combined streak of 85 - 1966-72

Between midseason 1955-56 and 1959-60, St. Paul was 1-85, and the only victory was a forfeit of a game St. Paul lost. Blackwater was 1-72 1960-68.

Most points, game, two teams:

| | | | |
|-----|---------------|---------------|-------------|
| 269 | Whitewood 155 | Rocky Gap 114 | on 1/14/70 |
| 265 | Atlee 135 | Goochland 130 | on 12/01/05 |

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| | | | |
|-----|---------------|----------------|-------------|
| 248 | Whitewood 133 | Grundy 115 | on 02/06/74 |
| 237 | Rocky Gap 137 | Mt. Rogers 100 | on 01/13/76 |

Most points, game, one team:

| | | |
|-----|--------------------------------|-------------|
| 173 | B.T. Washington, Norfolk (VIA) | on 02/24/61 |
| 166 | T.C. Walker, Gloucester (VIA) | on 02/06/68 |
| 160 | Fort Chiswell | on 12/12/75 |
| 155 | Whitewood | on 01/14/70 |
| 148 | Booker T. Washington | on 02/15/49 |

Most points, season:

| | | |
|-------|-------|---------|
| 2,221 | Atlee | 2005-06 |
|-------|-------|---------|

Most 100 point games, season:

| | | |
|----|-----------|-----------|
| 12 | Whitewood | 1969-1970 |
|----|-----------|-----------|

Field goal percentage, game:

not available

Field goal percentage, season:

not available

Free throws made, game:

not available

Free throws attempted, game:

| | | |
|----|--------------------|----------|
| 66 | Greensville County | 12/14/93 |
|----|--------------------|----------|

Free throws made, season:

| | | |
|-----|---------------|-----------|
| 595 | Amelia County | 1999-2000 |
|-----|---------------|-----------|

Free throws attempted, season:

not available

Consecutive free throws made:

not available

Free throws made, two teams, game:

not available

Free throws attempted, two teams, game:

not available

Most three-point field goals made, game

| | | | |
|----|-------|-------------------|---------|
| 25 | Atlee | vs. Maggie Walker | 02/2006 |
| 20 | Atlee | vs. Dinwiddie | 02/2006 |

Most three-point field goals made, season:

| | | |
|-----|-------|---------|
| 331 | Atlee | 2005-06 |
|-----|-------|---------|

Widest victory margin:

| | | | |
|-----|---------------------|------------------------|-------------|
| 126 | B.T. Washington 173 | Mary N. Smith 47 (VIA) | on 02/24/61 |
| 124 | Haysi 140, | Council 16 | on 2/25/59 |
| 116 | B.T. Washington 148 | Hayden 32 (VIA) | on 02/16/49 |
| 116 | Waynesboro 125 | Strasburg 9 | on 12/15/49 |

Fewest points, two teams, one game:

| | | | |
|---|---------------|----------------|-------------|
| 3 | Boonsboro 2, | Big Island 1 | on 10/24/35 |
| 3 | Pocahontas 2, | Montcalm, WV 1 | on 1/19/65 |

Most overtimes, one game:

| | | | |
|----|---------------|---------------------|------------|
| 7 | John Marshall | over Benedictine | on 1/3/69 |
| 7 | Cape Charles | over Parksley | on 1/25/74 |
| 7 | Lake Braddock | over James Robinson | on 1/16/87 |
| 5* | J.J. Kelly | over Parry McCluer | on 3/11/77 |

*State semifinal

Individual Records**Most points, career (2,000 or more):**

| | | | |
|-------|----------------|--------------|---------|
| 2,687 | Stacy Ervin | Twin Springs | 1994-97 |
| 2,530 | Odell Hodge | Laurel Park | 1989-92 |
| 2,459 | Steve Marsee | Pennington | 1973-76 |
| 2,368 | Kenny Hunt | Altavista | 2000-04 |
| 2,346 | Jason Lansdown | Broad Run | 1989-92 |
| 2,328 | Tyrese Rice | Lloyd Bird | 2001-05 |

| | | | | | | | | | |
|---|------------------|---------------------------------|---------|---------------------------------------|--|-----------------------------|-------------------------|----------|------|
| 2,306 | Scottie Reynolds | Herndon | 2002-06 | 78 | Danny Honaker | Whitewood v. Keokee | 2/21/84 | | |
| 2,290 | Brad Nuckles | Council | 1999-02 | 77 | Jerry May | North River v. Spotswood | 1/19/60 | | |
| 2,275 | Danis Simmons | J.J. Kelly | 1986-89 | 74 | Marty Lentz | Mount Vernon v. JEB Stuart | 2/24/61 | | |
| 2,258 | Tracy Poindexter | Altavista | 1976-79 | 74 | Mark Robinson | Whitewood v. Rocky Gap | 2/5/70 | | |
| 2,257 | B.A. Walker | Nandua | 2000-03 | 69 | Rick Michaelson | Princess Anne v. W. Wilson | 2/21/70 | | |
| 2,256 | Winston Terry | Jonesville | 1982-85 | 65 | Rick Michaelson | Princess Anne v. Deep Creek | 2/21/69 | | |
| 2,251 | Tyree Evans | George Wythe-Richmond | 2001-04 | 65 | Mark Robinson | Whitewood v. Rocky Gap | 1/14/70 | | |
| 2,246 | Terry Kirby | Tabb | 1986-89 | 63 | Charles Strickler | McGaheysville v. Broadway | 2/14/50 | | |
| 2,236 | Kevin Madden | Robert E. Lee-Staunton | 1982-85 | Most points, quarter: | | | | | |
| 2,232 | Michael Crawford | James Wood | 1994-97 | 36 | Johnny Morris | I.C. Norcom | 2/22/61 | | |
| 2,226 | Lavon White | Colonial Beach | 1991-95 | Scoring average, career: | | | | | |
| 2,221 | Bryant Stith | Brunswick | 1985-88 | 30.7 | Bobby Stokes | King William | 1973-75 | | |
| 2,214 | J.J. Redick | Cave Spring | 1999-02 | 28.8 | Rick Michaelson | Princess Anne | 1968-70 | | |
| 2,177 | Mike Porter | Pulaski County | 1981-85 | 27.2 | Moses Malone | Petersburg | 1971-74 | | |
| 2,158 | Clyde Austin | Maggie Walker | 1972-76 | 27.1 | Josh Stiltner | Bland | 1974-77 | | |
| 2,157 | Jeff Owen | Cleveland | 1965-69 | 26.6 | Jim O'Brien | JEB Stuart | 1967-69 | | |
| 2,149 | Harold Jefferson | Matoaca | 1973-76 | 26.5 | B.A. Walker | Nandua | 2000-03 | | |
| 2,142 | Antoine Willie | Nansemond River | 1993-97 | 26.4 | Steve Marsee | Pennington | 1973-76 | | |
| 2,134 | Kendrick Warren | Thos. Jefferson-Midlothian | 1986-90 | 26.3 | Mark Robinson | Whitewood | 1968-70 | | |
| 2,124 | Moses Malone | Petersburg | 1971-74 | 26.3 | Garland Jefferson | Covington | 1975-76 | | |
| 2,124 | Mike Collins | Flatwoods-Thomas Walker | 1986-90 | 26.3 | Stacy Ervin | Twin Springs | 1994-97 | | |
| 2,105 | Alonzo Mourning | Indian River | 1985-88 | 26.1 | William Napper | Nelson County | 1972-74 | | |
| 2,100 | Marquie Cooke | Nansemond River | 2001-04 | Scoring average, season: | | | | | |
| 2,096 | Barry Hamler | Powell Valley | 1972-76 | 41.6 | Joe Stiltner | Bland | 1977 | | |
| 2,094 | Travis McKie | John Marshall | 2007-10 | 40.1 | Billy Fields | Osborn Park | 1978 | | |
| 2,083 | Montell Watson | Alleghany | 2000-02 | 38.5 | Rick Michaelson | Princess Anne | 1970 | | |
| 2,080 | Barry Wright | I.C. Norcom | 1976-79 | 38.2 | Ruben Collins | Mary N. Smith | 1970 | | |
| 2,073 | Hunter Hoggatt | Altavista-Staunton River-Varina | 1994-97 | 37.9 | Richard Ault | Deep Creek | 1954 | | |
| 2,072 | Darius Hargrove | Brunswick | 1998-01 | 37.2 | Roy Ebron | Booker T. Washington | 1970 | | |
| 2,061 | Ricky Barnes | Greensville County | 1991-94 | 37.1 | Joel Copeland | Southwestern | 1970 | | |
| 2,057 | Tyler Crawford | R.E. Lee-Staunton | 2001-04 | 36.7 | Dwayne Gilmore | Ervinton | 1994 | | |
| 2,056 | Ben Valley | Honaker-Lebanon | 1951-55 | 36.6 | Marty Lentz | Mount Vernon | 1961 | | |
| 2,033 | Adam Hood | Rye Cove | 2004-07 | 36.2 | Mark Robinson | Whitewood | 1970 | | |
| 2,037 | Andrew Adkins | Coeburn | 2006-09 | Most 50+ point games, season: | | | | | |
| 2,028 | Grant Hill | South Lakes | 1986-89 | 7 | Joe Stiltner | Bland | 1977 | | |
| 2,014 | David Mitchell | Coeburn | 1968-71 | 4 | Rik Michaelson | Princess Anne | 1970 | | |
| 2,005 | Darris Nichols | Radford | 2001-04 | 4 | Roy Ebron | Booker T. Washington | 1970 | | |
| Most points, season (800-or-more): | | | | 3 | Richard Ault | Deep Creek | 1954 | | |
| 948 | Allen Iverson | Bethel | 30 gms | 1993 | 3 | Mark Robinson | Whitewood | 1970 | |
| 896 | Moses Malone | Petersburg | 25 gms | 1974 | 3 | Jason Bishop | Rye Cove | 1993 | |
| 884 | Tyree Evans | George Wythe-R. | 30 gms | 2004 | Most 50+ point games, career: | | | | |
| 884 | T.T. Carey | Colonial Beach | 30 gms | 2009 | not available | | | | |
| 875 | Joe Stiltner | Bland | 21 gms | 1977 | Most points by season per Grade Level: | | | | |
| 859 | Kenny Harris | Petersburg | 31 gms | 1989 | 896 | Moses Malone | Petersburg | 12th | 1974 |
| 846 | Brad Nuckles | Council | 28 gms | 2002 | 948 | Allen Iverson | Bethel | 11th | 1993 |
| 840 | Kenny Hunt | Altaviste | 29 gms | 2004 | 768 | Antoine Willie | Nansemond River | 10th | 1993 |
| 833 | Mark Robinson | Whitewood | 23 gms | 1970 | 559 | Ben Valley | Honaker | 9th | 1952 |
| 829 | Tony Smith | Suffolk | 26 gms | 1988 | Most consecutive free throws made, quarter: | | | | |
| 827 | Darwin Pippen | Gate City | 23 gms | 1968 | 14 | Andrew Adkins | Coeburn | 01/20/06 | |
| 815 | B.A. Walker | Nandua | 29 gms | 2003 | Most free throws made, game: | | | | |
| 814 | Scottie Reynolds | Herndon | 31 gms | 2006 | 24 | Marcus Haynie | Giles | 12/30/04 | |
| 811 | Clyde Austin | Maggie Walker | 27 gms | 1976 | 19 | Andrew Adkins | Coeburn | 01/20/06 | |
| 806 | Winston Terry | Jonesville | 27 gms | 1985 | Most free throws made, season: | | | | |
| 803 | Stacy Ervin | Twin Springs | 25 gms | 1997 | not available | | | | |
| Most points, game: | | | | Most free throws made, career: | | | | | |
| 127 | Johnny Morris | I.C. Norcom-VIA | 2/22/61 | | not available | | | | |
| 83 | Freddie James | Churchland v. Poquoson | 2/19/54 | | Most three-point goals made, game: | | | | |
| 82 | Roy Ebron | B.T. Washington v. Lake Taylor | 2/18/70 | | 14 | Travis Viers | Council vs. John Battle | 12/11/09 | |
| | | | | | 13 | Jesse McMurray | Gate City vs. Pound | 2005 | |

| | | | |
|----|---------------|------------------------------|---------|
| 12 | Stacy Ervin | Twin Springs vs. Rye Cove | 1996 |
| 10 | Andy Sherrill | Waynesboro vs. Wilson Mem. | 1/2/08 |
| 10 | Drejon Scott | Petersburg vs. Prince George | 1/16/09 |

Most three-point goals made, season:

| | | | |
|-----|----------------|-----------|---------|
| 132 | Jesse McMurray | Gate City | 2004-05 |
| 123 | Cullen Pittman | Atlee | 2005-06 |
| 109 | Jesse McMurray | Gate City | 2003-04 |

Most three-point goals made, career:

| | | | |
|-----|-------------|-----------|---------|
| 325 | Tyrece Rice | L.C. Bird | 2001-05 |
|-----|-------------|-----------|---------|

Rebounds

Most rebounds, career:

| | | | |
|-------|--------------|---------------|---------|
| 1,924 | Barry Hamler | Powell Valley | 1972-76 |
|-------|--------------|---------------|---------|

Most rebounds, season:

not available

Most rebounds, game:

| | | | |
|----|---------------|-----------|------|
| 48 | Mark Robinson | Whitewood | 1970 |
|----|---------------|-----------|------|

Assists

Most assists, career:

not available

Most assists, season:

| | | | |
|-----|--------------|------------|---------|
| 186 | Kevin Rather | Amelia Co. | 1999-00 |
|-----|--------------|------------|---------|

Most assists, game:

not available

Coaching Records

Most victories, active:

| | | | |
|-----|------------------|------------------------------------|-------|
| 863 | Paul Hatcher | R.E. Lee-Staunton | 1968- |
| 596 | Jack Baker | Maury | 1976- |
| 579 | George Lancaster | Hugeunot, Highland Springs | 1976- |
| 539 | Stan Wilson | J.I. Burton | 1970- |
| 479 | Walter Brower | Hampton | 1982- |
| 457 | Nelson Fox | Parry McCluer | 1970- |
| 441 | Ed Allen | New Kent | 1970- |
| 436 | Rick Cormany | Rocky Gap, Grayson County, Radford | 1982- |
| 424 | Frank Threatts | John Marshall | 1970- |

Most victories, inactive:

| | | | |
|------|-----------------|--------------------------|-----------|
| 755 | Bill Littlepage | Hopewell | 1963-2007 |
| 626 | Bill Lawson | ended at Petersburg | 1963-99 |
| 609 | Red Jenkins | ended at Paul VI | 1962-2001 |
| 605 | Husky Hall | all at Martinsville | 1961-95 |
| 557 | Bill Cochrane | Kempsville | 1972-78 |
| | | Green Run | 1979-88 |
| | | Salem-Va Beach | 1989-2010 |
| 536* | Stretch Gardner | all at Maggie Walker | 1940-69 |
| 528* | Max Robinson | all at Armstrong | 1940-72 |
| 528 | Ronald Skeen | all at Thomas Walker | 1958-90 |
| 515 | Jerry Walters | all at Central-Woodstock | 1971-2005 |

* not verified

Most victories at one school:

| | | | |
|-----|------------------|------------------------|-----------------|
| 863 | Paul Hatcher | Robert E. Lee-Staunton | 1968-2009 |
| 734 | Bill Littlepage | Hopewell | 1963-2007 |
| 605 | Husky Hall | Martinsville | 1961-63,1964-95 |
| 596 | Jack Baker | Maury | 1976-2009 |
| 549 | George Lancaster | Highland Springs | 1979-2009 |
| 539 | Stan Wilson | J.I. Burton | 1970-2009 |

14 - VHSL Record Book

| | | | |
|----------------------------------|-----------------|-------------------|--------------------------------|
| 538 | Red Jenkins | W.T. Woodson | 1962-1997 |
| 536 | Stretch Gardner | Maggie Walker | 1940-69 |
| | (unverified) | | |
| 528 | Ronald Skeen | Thomas Walker | 1958-90 |
| 528 | Max Robinson | Armstrong | 1940-72 |
| | (unverified) | | |
| 515 | Jerry Walters | Central-Woodstock | 1971-2005 |
| Most state championships: | | | |
| 7 | Husky Hall | Martinsville | 1966,1976, 1980-82, 1985-86 |

GIRLS BASKETBALL

Team Champions

(champion, runner-up)

(*indicates number of overtimes)

AAA (Winter Championships)

| | | | | |
|------|-----------------------|------|-----------------------|----|
| 2010 | Lake Taylor | 50 | Princess Anne | 44 |
| 2009 | Princess Anne | 71 | Oakton | 61 |
| 2008 | Heritage-Newport News | 50 | Forest Park | 29 |
| 2007 | Hampton | 46 | Thomas Edison | 45 |
| 2006 | Forest Park | 57 | Thomas Edison | 56 |
| 2005 | Princess Anne | 59 | Forest Park | 52 |
| 2004 | Forest Park | 59 | Woodrow Wilson | 51 |
| 2003 | Atlee | 49 | Indian River | 43 |
| 2002 | Princess Anne | 49 | West Springfield | 42 |
| 2001 | Hampton | 50 | Oakton | 43 |
| 2000 | Midlothian | 57 | James Robinson | 46 |
| 1999 | West Springfield | 60 | James Robinson | 38 |
| 1998 | Gar-Field | 45 | James Madison | 41 |
| 1997 | West Springfield | 53 | James River | 47 |
| 1996 | James Robinson | 54 | James Madison | 41 |
| 1995 | James Robinson | 44 | James Madison | 39 |
| 1994 | Salem-Va. Beach | **55 | W.T. Woodson | 45 |
| 1993 | James Madison | 70 | Menchville | 55 |
| 1992 | Phoebus | 39 | Pulaski County | 38 |
| 1991 | James Madison | 65 | Pulaski County | 47 |
| 1990 | James Robinson | 71 | James Madison | 49 |
| 1989 | Lake Braddock | 48 | Phoebus | 46 |
| 1988 | Annandale | 43 | Lake Braddock | 34 |
| 1987 | J.E.B. Stuart | 45 | Floyd Kellam | 40 |
| 1986 | South Lakes | 40 | J.E.B. Stuart | 38 |
| 1985 | George Washington | 59 | Warwick | 47 |
| 1984 | W.T. Woodson | 50 | Deep Creek | 25 |
| 1983 | W.T. Woodson | 70 | Deep Creek | 52 |
| 1982 | Deep Creek | 70 | Gar-Field | |
| 1981 | James Robinson | 69 | Gar-Field | 56 |
| 1980 | James Robinson | 50 | Bayside | 36 |
| 1979 | Maggie Walker | 62 | Phoebus | 56 |
| 1978 | Thomas Edison | 50 | Norview | 38 |
| 1977 | James Robinson | 76 | Maggie Walker | 55 |
| 1976 | George Marshall | 55 | Frank Cox | 40 |
| 1925 | Jefferson Sr.-Roanoke | | Portsmouth | |
| 1924 | Jefferson Sr.-Roanoke | | Waynesboro | |
| 1923 | Great Bridge | | Charlottesville | |
| 1922 | Petersburg | | Jefferson Sr.-Roanoke | |
| 1921 | Graham | | Suffolk | |
| 1920 | Marion | 34 | Portsmouth | 17 |

AAA (Fall Championships)

| | | | | |
|------|-----------|----|------------|----|
| 1977 | Heritage | 75 | Henrico | 42 |
| 1976 | Phoebus | 49 | Gar-Field | 40 |
| 1975 | Gar-Field | 59 | Midlothian | 49 |

AA - Division 4

| | | | | |
|------|----------------------|----|-----------|----|
| 2010 | Freedom-South Riding | 68 | Sptoswood | 44 |
|------|----------------------|----|-----------|----|

| | | | | |
|------|----------------|----|--------------|----|
| 2009 | Loudoun County | 63 | Turner Ashby | 47 |
|------|----------------|----|--------------|----|

AA - Division 3

| | | | | |
|------|----------------------|----|--------------------|----|
| 2010 | Millbrook | 49 | Greensville County | 38 |
| 2009 | Freedom-South Riding | 58 | R.E. Lee-Staunton | 33 |

AA (Winter Championships)

| | | | | |
|------|---------------|----|-----------------|----|
| 2008 | Hidden Valley | 59 | Waynesboro | 45 |
| 2007 | Hidden Valley | 63 | Charlottesville | 53 |
| 2006 | Jamestown | 57 | Hidden Valley | 41 |
| 2005 | Spotswood | 52 | Lord Botetourt | 45 |
| 2004 | Magna Vista | 56 | Bruton | 49 |

AA (Fall Championships)

| | | | | |
|------|---------------------------|----|-------------------------|----|
| 2002 | Blacksburg | 56 | Robert E. Lee-Staunton | 54 |
| 2001 | Charlottesville | 54 | Northside | 51 |
| 2000 | Bassett | 54 | Northside | 38 |
| 1999 | Turner Ashby | 58 | Heritage-Lynchburg | 40 |
| 1998 | Turner Ashby | 71 | Bassett | 49 |
| 1997 | William Byrd | 57 | Turner Ashby | 54 |
| 1996 | Lord Botetourt | 72 | Charlottesville | 41 |
| 1995 | Lord Botetourt | 43 | William Byrd | 39 |
| 1994 | Robert E. Lee-Staunton | 54 | Loudoun Valley | 31 |
| 1993 | Blacksburg | 49 | Charlottesville | 42 |
| 1992 | Blacksburg | 37 | William Byrd | 33 |
| 1991 | Waynesboro | 80 | Martinsville | 61 |
| 1990 | Radford | 70 | Blacksburg | 56 |
| 1989 | George Wythe-Wythe | 56 | Radford | 52 |
| 1988 | Radford | 60 | Waynesboro | 43 |
| 1987 | York | 60 | Martinsville | 53 |
| 1986 | York | 50 | Spotswood | 39 |
| 1985 | Franklin | 56 | Martinsville | 48 |
| 1984 | Radford | 49 | William Byrd | 48 |
| 1983 | Radford | 59 | Wilson Memorial | 51 |
| 1982 | Blacksburg | 51 | Wilson Memorial | 42 |
| 1981 | Franklin | 54 | Harrisonburg | 47 |
| 1980 | William Byrd | 75 | Franklin | 56 |
| 1979 | Culpeper County | 65 | Franklin | 63 |
| 1978 | Blacksburg | 54 | John F. Kennedy-Suffolk | 45 |
| 1977 | Drewry Mason | 61 | Suffolk | 51 |
| 1976 | Culpeper County | 53 | Radford | 34 |
| 1975 | Robert E. Lee-Staunton | 68 | Clifton Forge | 55 |
| 1927 | Woodrow Wilson-Waynesboro | | | |
| 1926 | Pulaski | | | |

A - Division 2

| | | | | |
|------|--------------|----|--------------|----|
| 2010 | George Mason | 58 | Lancaster | 47 |
| 2009 | George Mason | 53 | Floyd County | 46 |
| 2008 | Floyd County | 64 | Lancaster | 50 |

A - Division 1

| | | | | |
|------|--------------|----|-------------|----|
| 2010 | Surry County | 61 | J.I. Burton | 58 |
| 2009 | Buffalo Gap | 50 | Bland | 40 |

| | | | | |
|---------------------------------|---------------------------|-----|-------------------------|----|
| 2008 | Buffalo Gap | 83 | Franklin | 66 |
| A (Winter Championships) | | | | |
| 2007 | Clarke County | 69 | Floyd County | 64 |
| 2006 | Gate City | 56 | Clarke County | 41 |
| 2005 | Radford | 40 | Gate City | 37 |
| 2004 | Altavista | 50 | Radford | 39 |
| A (Fall Championships) | | | | |
| 2002 | J.J. Kelly | 81 | James Monroe | 37 |
| 2001 | Glenvar | 41 | Radford | 38 |
| 2000 | Appalachia | 49 | J.J.Kelly | 41 |
| 1999 | Prince Edward Co. | 59 | Northwood | 49 |
| 1998 | George Mason | 43 | J.J. Kelly | 26 |
| 1997 | Glenvar | 60 | Northwood | 49 |
| 1996 | Central-Woodstock | 52 | Haysi | 47 |
| 1995 | Wilson Memorial | 59 | George Mason | 48 |
| 1994 | Floyd County | 77 | Buffalo Gap | 41 |
| 1993 | Floyd County | 68 | Buffalo Gap | 62 |
| 1992 | Wilson Memorial | 58 | George Wythe-Wytheville | 31 |
| 1991 | Madison County | 42 | Wilson Memorial | 39 |
| 1990 | Wilson Memorial | 46 | Madison County | 35 |
| 1989 | Clintwood | 52 | Glenvar | 51 |
| 1988 | Pound | 46 | Buffalo Gap | 44 |
| 1987 | Rye Cove | 61 | GW Carver | 55 |
| 1986 | GW Carver | 68 | Clarke County | 47 |
| 1985 | Clintwood | 52 | GW Carver | 40 |
| 1984 | Buffalo Gap | *60 | Floyd County | 57 |
| 1983 | Rich Valley | 65 | Buffalo Gap | 58 |
| 1982 | Fluvanna County | 80 | Jonesville | 57 |
| 1981 | Fluvanna County | 53 | Natural Bridge | 46 |
| 1980 | Clifton Forge | 61 | Page County | 56 |
| 1979 | New Kent | *65 | Central Woodstock | 63 |
| 1978 | St. Jackson - Mt. Jackson | 76 | King George | 52 |
| 1977 | Dryden | 43 | Poquoson | 41 |
| 1976 | Poquoson | 62 | Clifton Forge | 61 |
| 1975 | Poquoson | 48 | Page County | 43 |

Team Records

Most state championships

| | | |
|---|----------------|------------------------------|
| 6 | James Robinson | 1977, 1980-81, 1990, 1995-96 |
| 5 | Blacksburg | 1978, 1982, 1992-93, 2002 |
| 5 | Radford | 1983-84, 1988, 1990, 2005 |

Most state championship game appearances:

| | | |
|---|-----------------|---|
| 9 | Radford | 1976, 1983-84, 1988-89, 1990, 2001, 2004-05 |
| 8 | James Robinson | 1977, 1980-81, 1990, 1995-96, 1999, 2000 |
| 6 | Blacksburg | 1978, 1982, 1990, 1992-93, 2002 |
| 6 | Wilson Memorial | 1982-83, 1990-91-92, 1995 |
| 6 | Floyd County | 1984, 1993-94, 2007-09 |
| 6 | James Madison | 1990-91, 1993, 1995-96, 1998 |

Consecutive championships:

| | | |
|---|-----------------------|------------------|
| 2 | Jefferson Senior-Rke. | 1924-25 |
| 2 | Poquoson | 1975-76 |
| 2 | James Robinson | 1980-81, 1995-96 |
| 2 | Fluvanna County | 1981-82 |

| | | |
|---|----------------------|---------|
| 2 | Radford | 1983-84 |
| 2 | W.T. Woodson | 1983-84 |
| 2 | York | 1986-87 |
| 2 | Blacksburg | 1992-93 |
| 2 | Lord Botetourt | 1995-96 |
| 2 | Turner Ashby | 1998-99 |
| 2 | Hidden Valley | 2007-08 |
| 2 | Buffalo Gap | 2008-09 |
| 2 | Freedom-South Riding | 2009-10 |

Consecutive appearance in state championship game:

| | | |
|---|-----------------|---------|
| 3 | Poquoson | 1975-77 |
| 3 | Franklin | 1979-81 |
| 3 | Deep Creek | 1982-84 |
| 3 | Wilson Memorial | 1990-92 |
| 3 | Turner Ashby | 1997-99 |
| 3 | Forest Park | 2004-06 |
| 3 | Hidden Valley | 2006-08 |
| 3 | Floyd County | 2007-09 |

Most state tournament appearances:

| | | |
|----|----------------|--|
| 12 | Radford | 1976-77, 1983-85, 1987-90, 2001, 2004, 2005 |
| 11 | James Robinson | 1977, 1979-81, 1987, 1990, 1994-96, 1999, 2000 |
| 9 | Gar-Field | 1975-76, 1979-82, 1986, 1998, 2000 |
| 9 | William Byrd | 1979-80, 1984, 1992, 1994-98 |

Most consecutive state tournament appearances:

| | | |
|---|--------------|---------|
| 5 | Phoebus | 1989-93 |
| 5 | William Byrd | 1994-98 |

Consecutive wins:

| | | |
|----|------------|---------|
| 78 | Haysi | 1947-51 |
| 77 | Eagle Rock | 1955-59 |
| 76 | Poquoson | 1975-77 |
| 74 | Aldie | 1924-28 |

NOTE: Eagle Rock's streak did not end in defeat; Eagle Rock was consolidated into James River at start of 1959-60.

Most wins in a season

| | | |
|----|-----------------------|-------------|
| 31 | Indian River | 2002-03 |
| 31 | Princess Anne | 2008-09 |
| 30 | Lake Braddock | 1988-89 |
| 30 | James Madison | 1990-91 |
| 30 | West Springfield | 1996-97 |
| 30 | West Springfield | 1998-99 |
| 30 | Midlothian | 1999-00 |
| 30 | J.J. Kelly | 2002 (fall) |
| 30 | Atlee | 2002-03 |
| 30 | Hampton | 2006-07 |
| 30 | Thomas Edison | 2006-07 |
| 30 | Heritage-Newport News | 2007-08 |
| 30 | Oakton | 2008-09 |

Consecutive losses:

| | | |
|-----|-------|---------|
| 124 | Bland | 1991-97 |
|-----|-------|---------|

Most three-point field goals, game

| | | |
|----|-------------------------|----------|
| 17 | Bayside vs. Ocean Lakes | 02/13/01 |
|----|-------------------------|----------|

Most three-point field goals, season

| | | |
|-----|----------------|---------|
| 195 | Oakton | 2008-09 |
| 155 | Oakton | 2009-10 |
| 152 | Loudoun County | 2008-09 |
| 132 | Bayside | 2000-01 |

Individual Records

(years based on season of championship)

Most points, career (2,000 or more):

| | | | |
|-------|--------------------|---------------------|------------|
| 3,290 | LaKeisha Frett | Phoebus | ended 1993 |
| 2,728 | Devon Brown | Waynesboro | ended 2008 |
| 2,594 | Jasmine Thomas | Oakton | ended 2007 |
| 2,577 | Kristi Toliver | Harrisonburg | ended 2005 |
| 2,482 | Andrea Barbour | Charlottesville | ended 2007 |
| 2,463 | Katie Smrcka-Duffy | James Madison | ended 1996 |
| 2,361 | Chris Moreland | Mount Vernon | ended 1984 |
| 2,352 | JoNiqua Guilford | Woodrow Wilson | ended 2008 |
| 2,320 | Chantel Adkins | Henrico | ended 1991 |
| 2,288 | Alice Neal | Rocky Gap | ended 1984 |
| 2,274 | Sugar Rodgers | King's Fork | ended 2009 |
| 2,234 | Amanda Smith | Essex | ended 1984 |
| 2,234 | Doreena Campbell | Edison | ended 2007 |
| 2,215 | Carla Holmes | Clarke County | ended 1986 |
| 2,214 | Jessica Cannaday | Jamestown | ended 2006 |
| 2,202 | Meg Turner | G. Wythe-Wytheville | ended 1980 |
| 2,179 | Kari E. Jackson | Abingdon | ended 2007 |
| 2,170 | Natasha Cox | Rappahannock | ended 1989 |
| 2,155 | Andrea White | Lancaster | ended 2010 |
| 2,126 | Ashley Buckhannon | George Wythe-Wythe. | ended 2009 |
| 2,079 | Roslyn Presley | Appomattox Regional | ended 2010 |

Most points, season:

| | | | |
|-------|--------------------|-------------------------|------|
| 1,018 | LaKeisha Frett | Phoebus | 1993 |
| 950 | Katie Smrcka-Duffy | James Madison | 1995 |
| 916 | Devon Brown | Waynesboro | 2008 |
| 879 | LaKeisha Frett | Phoebus | 1992 |
| 796 | LaKeisha Frett | Phoebus | 1991 |
| 787 | Meg Turner | George Wythe-Wytheville | 1980 |
| 781 | Jasmine Thomas | Oakton | 2007 |
| 774 | Alice Neal | Rocky Gap | 1984 |
| 759 | Patrinda Toney | Bassett | 1986 |
| 741 | Chantel Adkins | Henrico | 1991 |

Most points, one game:

| | | | |
|----|-----------------|--------------------------|----------|
| 68 | Karen Drewry | I.C. Norcom | 12/07/82 |
| 62 | Alice Neal | Rocky Gap | 12/23/84 |
| 62 | Tameka McGlaun | Wakefield | 1989 |
| 60 | Terri Hurley | Hurley | 08/26/82 |
| 60 | Ursula Roy | Colonial Beach | 10/03/96 |
| 58 | Leonda Hudson | Appamattox | 1969 |
| 57 | Amanda Smith | Essex | 09/15/84 |
| 56 | Patricia Price | Middlesex | 02/06/06 |
| 54 | Janette Riley | George Washington Carver | 1976 |
| 53 | La'Keshia Frett | Phoebus | 02/1993 |

Best scoring average, career:

| | | | |
|------|-----------------|---------------|------------|
| 30.0 | Bonita Goode | Bluestone | ended 1977 |
| 28.1 | LaKeisha Frett | Phoebus | ended 1993 |
| 27.0 | Sue Banks | Matoaca | ended 1981 |
| 26.9 | Chantel Adkins | Henrico | ended 1991 |
| 26.7 | Devon Brown | Waynesboro | ended 2008 |
| 26.4 | Connie Smith | Bland County | ended 1976 |
| 25.7 | Alice Neal | Rocky Gap | ended 1984 |
| 25.1 | D'Lynn Anderson | Fort Chiswell | ended 1989 |
| 24.9 | Natasha Cox | Rappahannock | ended 1989 |
| 24.8 | Amanda Smith | Essex | ended 1984 |

Best scoring average, season:

| | | | |
|------|--------------------|-------------------------|------|
| 34.2 | Chantel Adkins | Henrico | 1991 |
| 32.9 | LaKeisha Frett | Phoebus | 1993 |
| 32.7 | Meg Turner | George Wythe-Wytheville | 1980 |
| 32.4 | Kristi Toliver | Harrisonburg | 2004 |
| 32.1 | Chantel Adkins | Henrico | 1990 |
| 30.6 | Katie Smrcka-Duffy | James Madison | 1996 |
| 30.5 | Devon Brown | Waynesboro | 2008 |
| 30.3 | LaKeisha Frett | Phoebus | 1992 |
| 28.9 | Linda Wright | I.C. Norcom | 1987 |
| 28.6 | Amanda Brewer | Rural Retreat | 1986 |
| 28.6 | Renee Lettington | Park View-Sterling | 1996 |

Most three-point field goals made, career:

| | | | |
|-----|--------------------|------------------|------------|
| 301 | Kartera Adkins | Henrico | ended 1994 |
| 244 | MaryLynne Schaefer | Westfield | ended 2005 |
| 217 | Kayla Wells | Virginia | ended 2007 |
| 209 | Kelly Ercole | Mt. Vernon | ended 2001 |
| 208 | Lorren Evans | Castlewood | ended 2009 |
| 199 | Megan Starr | Colonial Heights | ended 2001 |
| 185 | Taylor Frazier | Altavista | ended 2004 |
| 185 | Grace Blaylock | Lord Botetourt | ended 2009 |
| 179 | Katie Smrcka-Duffy | James Madison | ended 1996 |
| 170 | Leah Corr | Yorktown | ended 2007 |

Most three-point field goals made, season:

| | | | |
|-----|--------------------|----------------|------|
| 105 | Kartera Adkins | Henrico | 1994 |
| 104 | Katie Smrcka-Duffy | James Madison | 1995 |
| 102 | Kartera Adkins | Henrico | 1993 |
| 85 | Brittany Batts | Loudoun County | 2009 |
| 84 | Andrea Vaughan | Brunswick | 1991 |
| 79 | Grace Blaylock | Lord Botetourt | 2009 |
| 73 | Leah Corr | Yorktown | 2007 |
| 69 | Kayla Wells | Virginia | 2007 |
| 68 | Zora Stephenson | Oakton | 2010 |
| 65 | Lorren Evans | Castlewood | 2007 |

Most three-point field goals made, game:

| | | | |
|----|------------------|-----------------|--------|
| 11 | Samantha VanDyke | Twin Valley | 2006 |
| 10 | Kartera Adkins | Henrico | 1994 |
| 9 | Kartera Adkins | Henrico | 1992 |
| 9 | Christy Sanders | Rye Cove | 1997 |
| 9 | Kenya Rhone | Thomas Dale | 2004 |
| 9 | Brittany Harris | Midlothian | 1/2/08 |
| 8 | Chantel Adkins | Henrico | 1991 |
| 8 | Virginia Meyers | Potomac | 1998 |
| 8 | Sharnell Burnett | Middlesex | 2003 |
| 8 | Whitney M. Flynn | Franklin County | 1/2/06 |
| 8 | Brittany Batts | Loudoun County | 1/5/09 |
| 8 | Rachel Evans | St. Paul | 2010 |

Best three-point percentage, career (minimum 100 attempts):

| | | | |
|-----|---------------|--------------|------------|
| 46% | Marcee Hufton | William Byrd | ended 1990 |
|-----|---------------|--------------|------------|

Best three-point percentage, season (minimum 50 attempts):

| | | | |
|--------------|----------------|---------------|------|
| 54.5% | Nancy Thacker | Fort Chiswell | 2009 |
| 50% (51-102) | Caroline Coyer | Oakton | 2009 |
| 49% | Marcee Hufton | William Byrd | 1988 |

Most free throws, career:

| | | | |
|-----|---------------|-------------------------|------------|
| 742 | Meg Turner | George Wythe-Wytheville | ended 1980 |
| 697 | Jenene Sexton | I.C. Norcom | ended 1985 |
| 628 | Devon Brown | Waynesboro | ended 2008 |
| 511 | Alice Neal | Rocky Gap | ended 1984 |

| | | | |
|------------------------------|-----------------|-----------------|------------|
| Most assists, career: | | | |
| 736 | Christy Lee | Fort Chiswell | ended 1986 |
| 531 | Jackie Freeman | James Madison | ended 1991 |
| 527 | Emilee Dunton | Brookville | ended 2010 |
| 516 | TiAsia McGeorge | William Fleming | ended 2010 |
| 504 | Jasmine Thomas | Oakton | ended 2007 |
| 499 | Chantel Adkins | Henrico | ended 1991 |
| 471 | Denise Brooks | Mathews | ended 1986 |

| | | | |
|------------------------------|-----------------|----------------|------|
| Most assists, season: | | | |
| 286 | Christy Lee | Fort Chiswell | 1986 |
| 239 | Denise Brooks | Mathews | 1986 |
| 218 | Salita Sullivan | William Monroe | 1987 |

| | | | |
|------------------------------------|----------------|-----------------|------------|
| Most blocked shots, career: | | | |
| 780 | Angela Gorsica | Wilson Memorial | ended 1992 |
| 477 | Chantel Adkins | Henrico | ended 1991 |
| 336 | LaKeisha Frett | Phoebus | ended 1993 |
| 307 | Jill Hilton | Rural Retreat | ended 1985 |

| | | | |
|------------------------------------|----------------|-----------------|------|
| Most blocked shots, season: | | | |
| 261 | Angela Gorsica | Wilson Memorial | 1990 |
| 125 | Jill Hilton | Rural Retreat | 1985 |

| | | | |
|-------------------------------|------------------|----------------|------------|
| Most rebounds, career: | | | |
| 1,556 | LaKeisha Frett | Phoebus | ended 1993 |
| 1,483 | Missy Doane | Rich Valley | ended 1984 |
| 1,329 | Devon Brown | Waynesboro | ended 2008 |
| 1,298 | Amanda Smith | Essex | ended 1984 |
| 1,278 | Angela Scott | W & L-Montross | ended 1987 |
| 1,258 | Shawnette Brock | William Monroe | ended 1987 |
| 1,243 | Jenene Sexton | I.C. Norcom | ended 1985 |
| 1,240 | Brandey Lemons | New Kent | ended 1991 |
| 1,233 | Carroll Clements | Middlesex | ended 1984 |
| 1,231 | Tia Poindexter | Lexington | ended 1983 |

| | | | |
|-------------------------------|------------------|-----------------|------|
| Most rebounds, season: | | | |
| 513 | Devon Brown | Waynesboro | 2008 |
| 426 | Shawnette Brock | William Monroe | 1986 |
| 411 | Martie Curtis | New Kent | 1979 |
| 404 | Lawan Epperson | Culpeper County | 1989 |
| 404 | Kelley Spressard | Floyd County | 1984 |
| 398 | Jenene Sexton | I.C. Norcom | 1984 |
| 389 | Kartera Adkins | Henrico | 1994 |
| 380 | Tia Poindexter | Lexington | 1982 |
| 379 | Sandy Catron | Rural Retreat | 1984 |
| 377 | Kim Dunn | Lloyd C. Bird | 1982 |

| | | | |
|-----------------------------|--------------------|---------------|------------|
| Most steals, career: | | | |
| 590 | Denise Brooks | Mathews | ended 1986 |
| 528 | Chantal Adkins | Henrico | ended 1991 |
| 519 | Jasmine Thomas | Oakton | ended 2007 |
| 504 | Jackie Freeman | James Madison | ended 1991 |
| 486 | Brandey Lemons | New Kent | ended 1991 |
| 485 | Stacy Leigh James | Loudon Co. | ended 2000 |
| 474 | Katie Smrcka-Duffy | James Madison | ended 1996 |
| 452 | LaKeisha Frett | Phoebus | ended 1993 |

| | | | |
|---------------------------------|---------------|----------|--------|
| Best Winning Percentage: | | | |
| 89% | Peggy Wilkins | Franklin | 312-39 |

Coaching Records

| | | | |
|--|----------------|------------------------|-----------|
| Wins: | | | |
| 576 | Pop Robinson | Jonesville | 1966-84* |
| *also coached at Pennington, Saint Charles, and Keokee | | | |
| 470 | Jean Gillespie | Rich Valley, Northwood | 1975-2003 |

CHEER

Team Champions

(champion, runner-up)

AAA

| | | | | |
|------|------------------|--------|---------------|--------|
| 2009 | Fairfax | 261.50 | Stone Bridge | 259.50 |
| 2008 | Stone Bridge | 259.50 | Fairfax | 252.00 |
| 2007 | Chantilly | 281.00 | Hickory | 273.50 |
| 2006 | Stone Bridge | 266.00 | J.R. Tucker | 265.00 |
| 2005 | Stone Bridge | 260.00 | Lake Braddock | 245.00 |
| 2004 | North Stafford | 244.50 | Gar-Field | 242.50 |
| 2003 | West Springfield | 271.50 | Kempsville | 267.00 |

Cheer moved from winter to fall

| | | | | |
|------|-----------------|--------|----------------|--------|
| 2003 | St. Jackson - M | 268.50 | North Stafford | 257.00 |
| 2002 | St. Jackson - M | 238.00 | North Stafford | 232.50 |
| 2001 | North Stafford | 231.50 | St. Jackson-M | 229.50 |
| 2000 | St. Jackson-M | 232.00 | Fairfax | 226.00 |
| 1999 | North Stafford | 236.00 | Gar-field | 234.50 |
| 1998 | C. D. Hylton | 470.00 | Lake Braddock | 460.00 |
| 1997 | Gar-Field | | C.D. Hylton | |

AA

| | | | | |
|------|----------------------|--------|--------------|--------|
| 2009 | Briar Woods | 261.00 | Brentsville | 255.00 |
| 2008 | William Byrd | 266.50 | Broad Run | 265.50 |
| 2007 | Brentsville District | 271.50 | Broad Run | 267.50 |
| 2006 | William Byrd | 296.50 | Broad Run | 263.00 |
| 2005 | William Byrd | 279.00 | Spotswood | 261.00 |
| 2004 | Stone Bridge | 268.00 | William Byrd | 261.00 |
| 2003 | Jefferson Forest | 260.50 | Spotswood | 253.00 |

Cheer moved from winter to fall

| | | | | |
|------|------------------|--------|----------------|--------|
| 2003 | William Byrd | 266.50 | Stone Bridge | 258.50 |
| 2002 | William Byrd | 223.00 | Poquoson | 219.50 |
| 2001 | Liberty-Bealeton | 234.00 | Lord Botetourt | 232.00 |
| 2000 | Turner Ashby | 227.50 | Bruton | 225.00 |
| 1999 | Liberty-Bealeton | 217.00 | Spotswood | 216.00 |

A

| | | | | |
|------|---------------|--------|--------------|--------|
| 2009 | King William | 277.00 | Strasburg | 259.00 |
| 2008 | Strasburg | 228.00 | Glenvar | 221.00 |
| 2007 | King William | 254.50 | Windsor | 248.50 |
| 2006 | Clarke County | 238.00 | Windsor | 235.00 |
| 2005 | King William | 257.50 | Rappahannock | 243.50 |
| 2004 | Windsor | 243.50 | Page County | 240.50 |
| 2003 | Page County | 252.50 | Windsor | 237.00 |

Cheer moved from winter to fall

| | | | | |
|------|--------------|--------|--------------|--------|
| 2003 | West Point | 240.00 | Page County | 237.00 |
| 2002 | Page County | 200.00 | West Point | 198.00 |
| 2001 | Strasburg | 213.50 | Page County | 212.00 |
| 2000 | Page County | 215.50 | Strasburg | 205.50 |
| 1999 | King William | 220.50 | West Point | 203.50 |
| 1998 | West Point | 424.50 | King William | 365.75 |

BOYS CROSS COUNTRY

Team Champions

(champion, runner-up)

AAA

| | | | | |
|------|----------------------------|-----|----------------------|-----|
| 2009 | Mountain View | 93 | Oakton | 142 |
| 2008 | Oakton | 71 | Albemarle | 117 |
| 2007 | Thomas Jefferson S&T | 91 | Midlothian | 101 |
| 2006 | Midlothian | 55 | Oakton | 96 |
| 2005 | Oakton | 95 | Thomas Jefferson S&T | 98 |
| 2004 | Thomas Jefferson S&T | 76 | West Potomac | 119 |
| 2003 | Midlothian | 105 | Thomas Jefferson S&T | 124 |
| 2002 | Thomas Jefferson S&T | 71 | Midlothian | 79 |
| 2001 | Maggie Walker Gov. | 104 | Midlothian | 106 |
| 2000 | Midlothian | 88 | Lake Braddock | 140 |
| 1999 | James Robinson | 79 | Cave Spring | 137 |
| 1998 | Oakton | 85 | Manchester | 125 |
| 1997 | Manchester | 58 | Lake Braddock | 93 |
| 1996 | Stafford | 80 | George Marshall | 115 |
| 1995 | West Springfield | 54 | Hayfield | 121 |
| 1994 | West Springfield | 105 | South Lakes | 110 |
| 1993 | West Springfield | 118 | Midlothian | 131 |
| 1992 | T.C. Williams | 70 | Gar-Field | 93 |
| 1991 | T.C. Williams | 100 | Lake Braddock | 125 |
| 1990 | Woodbridge | 78 | James Robinson | 101 |
| 1989 | West Springfield | 49 | James Robinson | 117 |
| 1988 | Woodbridge | 89 | West Springfield | 93 |
| 1987 | Lake Braddock | 48 | Woodbridge | 60 |
| 1986 | Annandale | 60 | Woodbridge | 75 |
| 1985 | Woodbridge | 42 | Annandale | 67 |
| 1984 | Woodbridge | 49 | Annandale | 78 |
| 1983 | Woodbridge | 81 | James Robinson | 92 |
| 1982 | James Robinson | 61 | Woodbridge | 93 |
| 1981 | Monacan | 57 | Annandale | 67 |
| 1980 | Monacan | 128 | Washington-Lee | 127 |
| 1979 | Langley | 65 | Hermitage | 102 |
| 1978 | Oakton | 68 | Langley | 94 |
| 1977 | Hermitage | 54 | T.C. Williams | 86 |
| 1976 | Hermitage | 91 | Osborn Park | 121 |
| 1975 | Woodbridge | 27 | Thomas Edison | 88 |
| 1974 | Woodbridge | 58 | Thomas Edison | 65 |
| 1973 | Handley | 77 | Woodbridge | 103 |
| 1972 | George Marshall | 114 | Handley | 148 |
| 1971 | Menchville/George Marshall | 157 | Ferguson | 184 |
| 1970 | Fort Hunt | 91 | | |
| 1969 | Douglas Freeman | | | |
| 1968 | Warwick | 92 | Ferguson | 110 |
| 1967 | J.R. Tucker | 109 | Hampton | 134 |
| 1966 | J.R. Tucker | 82 | Langley | 129 |
| 1965 | Washington-Lee | 146 | Great Bridge | 154 |
| 1964 | Washington-Lee | 37 | | |
| 1963 | Hammond | 114 | Norview | 118 |
| 1962 | Washington-Lee | 42 | Hampton | 95 |
| 1961 | Norview | 66 | Washington-Lee | 88 |
| 1960 | F.C. Hammond | | | |

| | | | | |
|------|------------------------------|----|--------------------|-----|
| 1959 | Hammond | 62 | Wakefield | 68 |
| 1958 | Washington-Lee | 51 | Andrew Lewis-Salem | 91 |
| 1957 | Wakefield | 86 | Hampton | 128 |
| 1956 | Wakefield | 63 | Washington-Lee | 73 |
| 1955 | Wakefield | 47 | Washington-Lee | 61 |
| 1954 | Washington-Lee | | | |
| 1953 | Washington-Lee | | | |
| 1952 | | | | |
| 1951 | | | | |
| 1950 | | | | |
| 1949 | | | | |
| 1948 | George Washington-Alexandria | | | |

AA

| | | | | |
|------|----------------------|-----|-------------------|-----|
| 2009 | Blacksburg | 51 | Spotswood | 131 |
| 2008 | Jamestown | 61 | Blacksburg | 104 |
| 2007 | Brentsville District | 103 | Western Albemarle | 107 |
| 2006 | Brentsville District | 57 | Jamestown | 75 |
| 2005 | Brentsville District | 63 | Western Albemarle | 102 |
| 2004 | Brentsville District | 33 | Fort Defiance | 73 |
| 2003 | Fort Defiance | 37 | James Wood | 45 |
| 2002 | James Wood | 76 | Rockbridge County | 95 |
| 2001 | Jamestown | 88 | Rockbridge County | 102 |
| 2000 | Western Albemarle | 91 | Jamestown | 93 |
| 1999 | Western Albemarle | 50 | Lafayette | 103 |
| 1998 | Blacksburg | 69 | Western Albemarle | 80 |
| 1997 | York | 69 | Harrisonburg | 135 |
| 1996 | York | 50 | Western Albemarle | 64 |
| 1995 | Christiansburg | 72 | Western Albemarle | 116 |
| 1994 | Christiansburg | 56 | Spotswood | 86 |
| 1993 | Handley | 67 | Christiansburg | 70 |
| 1992 | Tabb | 63 | Christiansburg | 98 |
| 1991 | Christiansburg | 72 | Tabb | 108 |
| 1990 | Christiansburg | 38 | Handley | 105 |
| 1989 | Christiansburg | 36 | Chancellor | 130 |
| 1988 | Blacksburg | 72 | Western Albemarle | 81 |
| 1987 | William Byrd | 72 | Marion | 76 |
| 1986 | Blacksburg | 40 | William Byrd | 92 |
| 1985 | Blacksburg | 59 | William Byrd | 114 |
| 1984 | Blacksburg | 65 | Handley | 94 |
| 1983 | Handley | 61 | Courtland | 81 |
| 1982 | Marion | 91 | Virginia | 109 |
| 1981 | Osborn Park | 39 | Virginia | 78 |
| 1980 | Virginia | 45 | Abingdon | 101 |
| 1979 | Virginia | 54 | Handley | 77 |
| 1978 | Handley | 30 | Virginia | 58 |
| 1977 | Handley | 36 | Virginia | 106 |
| 1976 | Handley | 30 | Andrew Lewis | 69 |
| 1975 | Handley | 20 | Andrew Lewis | 73 |
| 1974 | Handley | 17 | Broad Run | 78 |
| 1973 | Broad Run | 64 | Blacksburg | 94 |
| 1972 | Culpeper | 64 | Broad Run | 77 |
| 1971 | Culpeper | 62 | Laurel Park | 80 |
| 1970 | Nelson County | 42 | | |

| A | | | |
|----------|----------------------|----|---------------------------------|
| 2009 | Clarke County | 36 | Floyd County 108 |
| 2008 | Clarke County | 34 | Radford 88 |
| 2007 | Radford | 38 | Clarke County 54 |
| 2006 | Clarke County | 23 | Radford 82 |
| 2005 | Clarke County | 20 | Patrick Henry-GS 90 |
| 2004 | Clarke County | 55 | Patrick Henry-G.S. 75 |
| 2003 | Page County | 41 | George Mason 90 |
| 2002 | Brentsville District | 44 | Page County 49 |
| 2001 | Page County | 46 | Brentsville District 52 |
| 2000 | Page County | 71 | Buffalo Gap 99 |
| 1999 | Clarke County | 89 | New Kent 100 |
| 1998 | Brentsville District | 25 | Clarke County 101 |
| 1997 | Central Woodstock | 52 | Brentsville District 52 |
| 1996 | Central-Woodstock | 64 | Buffalo Gap 109 |
| 1995 | Central-Woodstock | 49 | Floyd County 105 |
| 1994 | Central-Woodstock | 22 | Floyd County 94 |
| 1993 | Central-Woodstock | 71 | Strasburg 93 |
| 1992 | Strasburg | 70 | Wilson Memorial 74 |
| 1991 | Stonewall Jackson | 78 | Central-Woodstock 87 |
| 1990 | Stonewall Jackson | 43 | J.J. Kelly 112 |
| 1989 | Stonewall Jackson | 70 | Galax 121 |
| 1988 | J.J. Kelly | 67 | Central-Woodstock/Strasburg 109 |
| 1987 | George Mason | 79 | Strasburg 90 |
| 1986 | Strasburg | | Wilson Memorial 105 |
| 1985 | Wilson Memorial | 74 | Stonewall Jackson 83 |
| 1984 | Buffalo Gap | 64 | Luray 128 |
| 1983 | Buffalo Gap | 57 | Strasburg 88 |
| 1982 | Strasburg | 48 | Stonewall Jackson 96 |
| 1981 | Stonewall Jackson | 53 | Parry McCluer 62 |
| 1980 | Parry McCluer | 58 | Stonewall Jackson 75 |
| 1979 | Fort Defiance | 84 | Parry McCluer 87 |
| 1978 | Stonewall Jackson | 62 | Madison County 98 |
| 1977 | Goochland | 71 | Fort Defiance 86 |
| 1976 | Luray | 39 | Fort Defiance 58 |
| 1975 | Fort Defiance | 44 | Wilson Memorial 76 |
| 1974 | Rappahannock Co. | 24 | Fort Defiance 42 |
| 1973 | Rappahannock Co. | 26 | Parry McCluer 62 |
| 1972 | Rappahannock Co. | 17 | Parry McCluer 47 |
| 1971 | Rappahannock Co. | | Essex |

“Unclassified” (A/AA)

| | | | |
|------|--------------|----|-------------------|
| 1969 | John Handley | 42 | Nelson County 76 |
| 1968 | James Wood | 89 | Handley 93 |
| 1967 | George Mason | 95 | Albemarle 105 |
| 1966 | George Mason | 72 | Gar-Field 102 |
| 1965 | Giles | 49 | George Mason 71 |
| 1964 | J.R. Tucker | | |
| 1963 | George Mason | 47 | Blacksburg 50 |
| 1962 | Giles | 32 | Christiansburg 45 |
| 1961 | Southampton | 31 | York 37 |

Team Records

State championships:

| | | |
|---|------------|------------------------------|
| 8 | Handley | 1973-78, 1983, 1993 |
| 7 | Woodbridge | 1974-75, 1983-85, 1988, 1990 |

| | | |
|-----------------------------------|----------------------|------------------------------|
| 6 | Washington-Lee | 1953-54, 1958, 1962, 1964-65 |
| 6 | Blacksburg | 1984-86, 1988, 1998, 2009 |
| 6 | Brentsville District | 1998, 2002, 2004-07 |
| 6 | Clarke County | 1999, 2004-06, 2008-09 |
| Consecutive championships: | | |
| 6 | Handley | 1973(AAA), 1974-78(AA) |
| Lowest score: | | |
| 17 | Rappahannock County | 1972 |
| 17 | Handley | 1974 |
| Largest margin of victory: | | |
| 94 | Christiansburg 36 | Chancellor 130 1988 |

Individual Champions

(champion, runner-up)

AAA

| | | | | |
|------|------------------|-----------------|-------------------|----------------|
| 2009 | Ted Richardson | J. River-M | Blake Theroux | W. Branch |
| 2008 | Thomas Porter | Mt. View | Ben DeJarnette | Atlee |
| 2007 | Jason Witt | Midlothian | Thomas Porter | Mt. View |
| 2006 | Mike Spooner | W. Springfield | Jason Witt | Midlothian |
| 2005 | Brad Siragusa | Chantilly | Mike Spooner | W. Springfield |
| 2004 | Michael Chapa | J.R. Tucker | Richard Andrews | D. Freeman |
| 2003 | Steve Tobin, | W. Springfield | Hari Mix, | Albemarle |
| 2002 | Alex Tatu, | Thomas Dale | Steven Walters, | Green Run |
| 2001 | Alex Tatu, | Thomas Dale | Matt Keally, | Ocean Lakes |
| 2000 | Alan Webb, | South Lakes | Matt Maline, | Oakton |
| 1999 | Alan Webb, | South Lakes | Matt Maline, | Oakton |
| 1998 | Alan Webb, | South Lakes | Daniel Heiner, | Centreville |
| 1997 | Patrick Conway, | W. Springfield | Alan Webb, | South Lakes |
| 1996 | Sharif Karie, | W. Springfield | Ronald Fields, | Atlee |
| 1995 | Sharif Karie, | W. Springfield | Eric Kweder, | Thomas Edison |
| 1994 | Moham. Musse | WT Woodson | Seneca Lassiter, | Lafayette |
| 1993 | Seneca Lassiter, | Lafayette | Mohammed Musse, | WT Woodson |
| 1992 | Jimmy Colling, | Chantilly | Mekonnen Berhanu | T.C. Williams |
| 1991 | Roy Bordon, | Hayfield | Mekonnen Berhanu | T.C. Williams |
| 1990 | John Oliver, | Denbigh | Tony Sawyer, | Denbigh |
| 1989 | Ibrahim Aden, | WT Woodson | Jeff Greene, | Clover Hill |
| 1988 | Andre Williams, | Armstrong | Joe Brazil, | Gar-Field |
| 1987 | Brad Baker, | Lake Braddock | Chris Layton, | Lafayette |
| 1986 | Danny Ireland, | Woodbridge | Jeff Pajak, | Woodbridge |
| 1985 | Nicholas Embrey | North Stafford | Andrew Hudson, | Woodbridge |
| 1984 | David Ryan, | Kempsville | Nicholas Embrey | North Stafford |
| 1983 | Jeff Slater, | Monacan | Gary Cobb, | Patrick Henry |
| 1982 | Jeff Slater, | Monacan | James McCarter, | St. Jackson |
| 1981 | Rick Clark, | Kempsville | Robert Murray, | Fort Hunt |
| 1980 | David Garlow, | Cave Spring | Huron Jackson, | Hermitage |
| 1979 | Dwight Stephens, | T.C. Williams | Steven Wright, | Langley |
| 1978 | James Hill, | Oakton | Timothy Lloyd, | Hermitage |
| 1977 | Mike Mansey, | T.C. Williams | Chuck Wimberly | Thomas Edison |
| 1976 | Steve Halsey, | Langley | Rodi Stewart, | St. Jackson |
| 1975 | John Henry, | Woodbridge | Darryl Wilson, | Woodbridge |
| 1974 | George Watts, | Thomas Edison | Mike Ellington, | Ferguson |
| 1973 | Dennis Beatty, | Handley | Walt Jachimowicz, | Gar-Field |
| 1972 | Mike Fields, | Menchville | | |
| 1971 | Chris Tulou, | Maury | Brian Thomas, | McLean |
| 1970 | Scott Eden, | Douglas Freeman | Porter Lindsey, | Fort Hunt |
| 1969 | | | | |
| 1968 | John van Dyke, | Ferguson | Nathan Boettcher, | Lee Davis |
| 1967 | Eric O’Neill, | Huguenot | Larry Widgeon, | Maury |
| 1966 | Fred Guest, | J.R. Tucker | Clyde Good, | George Wythe |
| 1965 | Fred Guest, | J.R. Tucker | Ben Wilson, | Hermitage |
| 1964 | Bill Hitchings, | Churchland | George Davis, | Washington-Lee |

1963 Bill Hitchings, Churchland Steve Lyon, Washington-Lee
 1962 Steve Lyon, Washington-Lee Terry Donnelly, Washington-Lee
 1961 Jim Johnson, Norview Andrew Kowalski, Warwick
 1960
 1959 Melvin Woodcock, Manchester Vardell Nesmith, Wakefield
 1958 John Garten, G. Washington Wade Whitener, Washington-Lee
 1957 Virgil Meares, Newport News Jim Peltz, Newport News
 1956 Frank Colavita, Washington-Lee Virgil Meares, Newport News
 1955 Robert Greenwood, G. Washing.
 1954
 1953
 1952
 1951
 1950
 1949

AA

2009 Kyle King Grafton Tommy Curtin Loudoun Co.
 2008 Andrew Colley Jamestown Alex Ott Turner Ashby
 2007 Peter Dorrell Blacksburg Andrew Colley Jamestown
 2006 Griff Graves Abingdon Adam Henken Brentsville
 2005 Griff Graves Abingdon John Horst Christiansburg
 2004 Pat Eggleston Brentsville Jason Yontz Marion
 2003 Justin Hatch, Christiansburg Will Williams, Rockbridge Co.
 2002 John Crews, Rockbridge Co. Daniel Kane, Louisa Co.
 2001 Bobby Lockhart, John Handley Fleet Hower, Marion
 2000 Bobby Lockhart, John Handley John Crews, Rockbridge Co.
 1999 Bobby Lockhart, John Handley Jorge Ruiz, Harrisonburg
 1998 Bobby Lockhart, John Handley Todd Lucia, W. Albermarle
 1997 James Connelly, James Woods Kevin Schoonover, York
 1996 Robert Thiele, Charlottesville Matt Nolan, Christiansburg
 1995 Robert Thiele, Charlottesville Michael Fox, W. Albemarle
 1994 Joseph Gibson, Spotswood Pat Shaw, Spotswood
 1993 Howard Townsend, Tabb Aaron Johnson, Handley
 1992 Joseph Gibson, Spotswood Howard Townsend, Tabb
 1991 Brian Eigel, Christiansburg Ryan Smith, Tabb
 1990 Brian Eigel, Christiansburg Mark Smith, W. Albemarle
 1989 Lee Cross, Blacksburg Brian Eigel, Christiansburg
 1988 Philip Dickerson Harrisonburg Lee Cross, Blacksburg
 1987 Kevin Stoots, Marion James Wilson, Louisa Co.
 1986 David Shell, William Byrd Rob Golden, Alleghany
 1985 Robert Turner, Christiansburg Chris Dunn, Courtland
 1984 Jason Morgan, Handley Chris Dunn, Courtland
 1983 Greg Hoofnagle, Marion Matt Hopkins, Courtland
 1982 Greg Hoofnagle, Marion Darrell Clowes, Blacksburg
 1981 Kevin Ambrose, Osbourn Park Mark Rusciobelli, Osbourn Park
 1980 Frankie Nunn, Virginia Sebastian Hairston, Bassett
 1979 Frankie Nunn, Virginia John Hinton, Tunstall
 1978 Frankie Nunn, Virginia Chuck Witt, W. Albemarle
 1977 Ben Turpin, Radford William Rinker, Handley
 1976 Timothy Hack, Handley Robert Baugh, Andrew Lewis
 1975 Timothy Hack, Handley Ben Turpin, Radford
 1974 Dennis Beatty, Handley John Frye, Handley
 1973 Bob Rees, Turner Ashby David Wolf, Blacksburg
 1972 Mike Hairston, Laurel Park
 1971 Mike Hairston, Laurel Park James Dart, Broad Run
 1970 Arthur Johnson, Nelson County George Woodson,

A

2009 Adam Owens Clarke Co. Jared Miller Radford
 2008 Ben Veilleux Clarke Co. Chris York Clarke County
 \2007 Nathan Brame Radford Jakob Maidens Lebanon
 2006 Nathan Brame Radford Simon Biddle-Snead Clarke County

2005 Simon Biddle-Snead, Clarke Co. Michael Leonard Clarke County
 2004 Simon Biddle-Snead, Clarke Co. Tim Young James Monroe
 2003 Todd Somers, Page County Andrew Montgomery, G. Mason
 2002 Todd Somers, Page County Andrew Montgomery, G. Mason
 2001 Michael Buchanan, P. Henry-GS Todd Somers, Page County
 2000 Michael Buchahan, P. Henry-GS Edward Bowis, Northumberland
 1999 Russ Rodriguez, Page County Marc Quesenberry, Floyd County
 1998 David Aleman, Brentsville Dist Matt Schu, Luray
 1997 Tim Dlugash, Cent-Woodstock; David Aleman, Brentsville Dist
 1996 Jason Long, Cent-Woodstock; Tim Dlugasch, Cent-Woodstock
 1995 Ben Cook, Floyd County James Dunne, William Monroe
 1994 Adam Bennett, Cent-Woodstc; Ben Cooke, Floyd County
 1993 Matthew Repass Patrick Henry Rick Jennings, Giles
 1992 Michael Repass, Patrick Henry Mike Wittler, Northumberland
 1991 Kyle Frederick, Cent-Woodstck; Rick Jennings, Giles
 1990 Bill Jackson, Council Jamie Soltis, Glenvar
 1989 Reid Spice, Lexington Joey Tipton, Galax
 1988 Jamie Soltis, Glenvar Tom Konnon, J.J. Kelly
 1987 Michael Marsh, Prince Edward Richard Murr, George Mason
 1986 John Kagey, St. Jackson Robert Messer, Osbourn Park
 1985 John Kagey, St. Jackson Jeremy Sipe, Wilson Memorial
 1984 Matthew Richards, Buffalo Gap Paul Johnson, Luray
 1983 Charles Richards Buffalo Gap Timothy Byars
 1982 Timmy Heller, St. Jackson Matthew Richards, Buffalo Gap
 1981 John Brumback, St. Jackson; Randy Richardson, Fieldale Collinsville
 1980 David Fitzgerald Parry McCluer Michael Blosser, St Jackson
 1979 Jonathan Morgan, Riverheads Karl Fleischman, Goochland
 1978 Mark Stickley, Strasburg Kevin Runion, Stonewall Jackson
 1977 Jerome Hill, Fluvanna Sr Mac Henry, Luray
 1976 William Henry, Luray J. Hamrick, Goochland
 1975 John Carper, Auburn Jeff Weeks, Fort Defiance
 1974 Charles Ackenbon Fluvann Danny Johnson, Buffalo Gap
 1973 Kevin Cropp, Parry McCluer John Summers, Rappahannock
 1972 Charles Thomas, Rappahannock
 1971 Charles Thomas, Rappahannock Dan Brown, Essex

“Unclassified” (A/AA)

1969 Gene Schultz, Handley Arthur Johnson, Nelson County
 1968 Randall Fields, Albemarle Dennis Smith, Alleghany
 1967 James Rosen, Stonewall Jackson Randall Fields, Albemarle
 1966 Ken Silvius, Stonewall Jackson Bill Sites, Gar-Field
 1965 David Cooper, Giles Terry McLearen, Herndon
 1964 Fred Guest, J.R. Tucker
 1963 Merle Valloto, George Mason
 1962
 1961 Tommy Bryant, Southampton George Powley, Blacksburg

Individual Records

Four-time champion:

Bobby Lockhart John Handley 1998-01

Three-time champions:

Fred Guest JR Tucker 1964-66
 Frankie Nunn Virginia 1978-80
 Alan Webb South Lakes 1998-00

GIRLS CROSS COUNTRY

Team Champions

(champion, runner-up)

AAA

| | | | | |
|------|----------------------|-----|------------------------|-----|
| 2009 | Lake Braddock | 82 | Midlothian | 101 |
| 2008 | Midlothian | 72 | Maggie Walker | 126 |
| 2007 | Midlothian | 57 | Oakton | 110 |
| 2006 | Midlothian | 47 | Lake Braddock | 88 |
| 2005 | Midlothian | 63 | Oakton | 115 |
| 2004 | Lake Braddock | 82 | James River | 97 |
| 2003 | Herndon | 106 | Forest Park | 108 |
| 2002 | James River | 83 | Thomas Jefferson-S&T | 129 |
| 2001 | James Robinson | 68 | James River-Mid. | 91 |
| 2000 | Lake Braddock | 91 | James Robinson | 125 |
| 1999 | Douglas Freeman | 67 | Thomas Jefferson-Rich. | 107 |
| 1998 | Lake Braddock | 90 | Douglas Freeman | 107 |
| 1997 | Manchester | 70 | Lake Braddock | 81 |
| 1996 | Centreville | 63 | James Robinson | 104 |
| 1995 | Centreville | 64 | Manchester | 126 |
| 1994 | C.D. Hylton | 58 | West Potomac | 87 |
| 1993 | C.D. Hylton | 59 | Manchester | 105 |
| 1992 | Lake Braddock | 69 | West Potomac | 78 |
| 1991 | James Robinson | 54 | Langley | 89 |
| 1990 | West Potomac | 97 | James Robinson | 114 |
| 1989 | West Potomac | 63 | Lake Braddock | 66 |
| 1988 | Lake Braddock | 44 | Woodbridge | 71 |
| 1987 | Lake Braddock | 40 | Woodbridge | 71 |
| 1986 | Lake Braddock | 43 | Langley | 68 |
| 1985 | Lake Braddock | 38 | Langley | 61 |
| 1984 | Langley | 58 | Lake Braddock | 69 |
| 1983 | Langley | 26 | James Robinson | 71 |
| 1982 | Jefferson-Hug.-Wythe | 67 | Langley | 72 |
| 1981 | Monacan | 62 | Kempsville | 88 |
| 1980 | Fort Hunt | 60 | Lake Braddock | 95 |
| 1979 | Kempsville | 47 | Fort Hunt | 68 |

AA

| | | | | |
|------|----------------------|-----|----------------------|-----|
| 2009 | Hidden Valley | 40 | Blacksburg | 54 |
| 2008 | Blacksburg | 47 | Hidden Valley | 47 |
| 2007 | Blacksburg | 70 | Brentsville District | 81 |
| 2006 | Blacksburg | 3 | Brentsville District | 41 |
| 2005 | Brentsville District | 48 | Blacksburg | 73 |
| 2004 | Western Albemarle | 40 | Brentsville Dist. | 70 |
| 2003 | Western Albemarle | 30 | Brentsville | 117 |
| 2002 | Western Albemarle | 76 | Jefferson Forest | 120 |
| 2001 | Jefferson Forest | 35 | Turner Ashby | 75 |
| 2000 | Jefferson Forest | 51 | Rockbridge Co. | 90 |
| 1999 | Louisa County | 62 | Western Albemarle | 77 |
| 1998 | Louisa County | 44 | Jefferson Forest | 60 |
| 1997 | Sherado | 109 | Spotswood | 124 |
| 1996 | Western Albemarle | 36 | Louisa County | 48 |
| 1995 | Spotswood | 48 | Western Albemarle | 71 |
| 1994 | Western Albemarle | 35 | Spotswood | 80 |

| | | | | |
|------|-------------------|----|---------------|-----|
| 1993 | Western Albemarle | 23 | Handley | 98 |
| 1992 | Blacksburg | 61 | Handley | 115 |
| 1991 | Handley | 96 | Alleghany | 112 |
| 1990 | Blacksburg | 82 | Abingdon | 102 |
| 1989 | Blacksburg | 44 | Abingdon | 85 |
| 1988 | Abingdon | 68 | Louisa County | 71 |
| 1987 | Louisa County | 45 | Abingdon | 55 |
| 1986 | Blacksburg | 65 | Abingdon | 66 |
| 1985 | Blacksburg | 60 | John Battle | 116 |
| 1984 | Blacksburg | 51 | John Battle | 79 |
| 1983 | Blacksburg | 48 | John Battle | 65 |
| 1982 | Blacksburg | 27 | John Battle | 58 |
| 1981 | Virginia | 46 | Blacksburg | 65 |
| 1980 | Virginia | | Blacksburg | 125 |

A

| | | | | |
|------|-----------------------|-----|--------------------|-----|
| 2009 | George Mason | 62 | Strasburg | 94 |
| 2008 | George Mason | 51 | Clarke County | 54 |
| 2007 | Clarke County | 38 | George Mason | 99 |
| 2006 | Clarke County | 46 | Altavista | 82 |
| 2005 | Clarke County | 38 | George Mason | 101 |
| 2004 | Clarke County | 76 | Central-Woodstock | 79 |
| 2003 | Floyd County | 44 | Central-Woodstock | 57 |
| 2002 | Central-Woodstock | 45 | Madison County | 114 |
| 2001 | Brentsville District | 33 | Madison County | 94 |
| 2000 | Brentsville District | 34 | New Kent | 99 |
| 1999 | Brentsville District | 56 | Galax | 115 |
| 1998 | Brentsville District | 79 | Central-Woodstock | 98 |
| 1997 | Brentsville District | 33 | Central Woodstock | 88 |
| 1996 | Brentsville District | 27 | Riverheads | 49 |
| 1995 | Brentsville District | 73 | Riverheads | 81 |
| 1994 | Central-Woodstock | 54 | Patrick Henry-G.S. | 65 |
| 1993 | Strasburg | 53 | Patrick Henry-G.S. | 54 |
| 1992 | Strasburg | 34 | Patrick Henry-G.S. | 56 |
| 1991 | Patrick Henry-G.S. | 53 | Strasburg | 76 |
| 1990 | Strasburg | 106 | William Monroe | 111 |
| 1989 | Stonewall Jackson-Qbg | 48 | Patrick Henry-G.S. | 79 |
| 1988 | Stonewall Jackson-Qbg | 95 | Central-Woodstock | 121 |
| 1987 | Clarke County | 48 | Madison County | 88 |
| 1986 | Clarke County | 50 | Central-Woodstock | 80 |
| 1985 | Stonewall Jackson-Qbg | 69 | Strasburg | 82 |

Team Records

State championships:

| | | |
|----|----------------------|---------------------------------------|
| 11 | Blacksburg, | 1982-86, 1989-90, 1992, 2006-08 |
| 9 | Lake Braddock | 1985-88, 1992, 1998, 2000, 2004, 2009 |
| 7 | Brentsville District | 1995-99, 2000-01 |
| 6 | Clarke County | 1986-87, 2004-07 |
| 6 | Western Albemarle | 1993-94, 1996, 2002-04 |

Consecutive championships:

| | | |
|---|----------------------|---------|
| 7 | Brentsville District | 1995-01 |
|---|----------------------|---------|

Lowest score:

23 Western Albemarle 1993

Largest margin of victory:

75 Western Albemarle 23, Handley 98 1993

Individual Champions

(champion, runner-up)

AAA

| | | | | |
|------|-------------------------|----------------|-------------------------|----------------|
| 2009 | Kaitlyn Davis | Mt. View | Katherine Walker | Brooke Point |
| 2008 | Stacey Nobles | Ocean Lakes | Kathleen Lautzenheiser, | Midlothian |
| 2007 | Kathleen Lautzenheiser, | Midlothian | Lia DiValentin | Chantilly |
| 2006 | Rachel Rose | Albemarle | Courtlin LaReau | Deep Run |
| 2005 | Rachel Rose | Albemarle | Sarah Hadiji | W.T. Woodson |
| 2004 | Melissa Dewey | Hayfield | Aurora Scott | West. Branch |
| 2003 | Natalie Sherbak, | Floyd Kellam | Katherine Read, | Yorktown |
| 2002 | Jennifer Boyd, | Hickory | Morgan Phelan, | Hayfield |
| 2001 | Keira Carlstrom, | Oakton | Jemissa Hess, | C.D. Hylton |
| 2000 | Keira Carlstrom, | Oakton | Jeannie Addison, | Th. Jeff Gov |
| 1999 | Erin Swain, | Lake Braddock | Meghan Hoffman, | West Potomac |
| 1998 | Liz Awtrey, | James Robinson | Kelly Ostott, | Th Jeff S&T |
| 1997 | Laura Heiner, | Centreville | Sara Folsie, | Chancellor |
| 1996 | Laura Heiner, | Centreville | Liz Awtry, | James Robinson |
| 1995 | Jackie Kerr, | Th Jeff S&T | Laura Heiner, | Centreville |
| 1994 | Jackie Kerr, | Th Jeff S&T | Jennifer Meador, | Atlee |
| 1993 | Jackie Kerr, | Th Jeff S&T | Amanda Buell, | Chantilly |
| 1992 | Laurie Olson, | Woodbridge | Amy Akstin, | West Potomac |
| 1991 | Meghan McCarthy, | James Robinson | Kim Goode, | Clover Hill |
| 1990 | Meghan McCarthy, | James Robinson | Amy Akstin, | West Potomac |
| 1989 | Carla Sopper, | South Lakes | Alexa Lange, | Herndon |
| 1988 | Meghan McCarthy, | James Robinson | Andrea Lengi, | James Madison |
| 1987 | Anne Evans, | South Lakes | Kim Desmond, | Lake Braddock |
| 1986 | Erin Keogh, | Langley | Wendy Neely, | Lake Braddock |
| 1985 | Erin Keogh, | Langley | Aimee Harms, | Annandale |
| 1984 | Erin Keogh, | Langley | Demarch Robertson | Jef-Hug-Wth |
| 1983 | Vickie Verinder, | Langley | Demarch Robertson | Jef-Hug-Wth |
| 1982 | Andrea Volpe, | Lake Braddock | Demarch Robertson | Jef-Hug-Wth |
| 1981 | Andrea Volpe, | Lake Braddock | Deedee Barley, | Kempsville |
| 1980 | Sue Miley, | Fort Hunt | Kristine Kost, | Albemarle |
| 1979 | Kendall Tata, | Kempsville | Janeen Hahn, | Thomas Edison |

AA

| | | | | |
|------|----------------------|----------------|----------------------|-----------------|
| 2009 | Kathleen Stevens | Blacksburg | Joanna Stevens | Blacksburg |
| 2008 | Janel Reeves | Brookville | Annie Lehardy | Hidden Valley |
| 2007 | Laura Rapp | Heritage | Haley Cutright | Hidden Valley |
| 2006 | Catherine White | Northside | Becky Stewart | Brentsville |
| 2005 | Catherine White | Northside | Becky Stewart | Brentsville |
| 2004 | Catherine White | Northside | Tasmin Fanning | W. Albemarle |
| 2003 | Emily Harrison, | Warren Co. | Jessica Fanning, | W. Albemarle |
| 2002 | Sarah Bowman, | Fauquier; | Emily Harrison, | Warren County |
| 2001 | ShannonSaunders, | Jeff. Forest | Kristen Saunders, | Jeff. Forest |
| 2000 | ShannonSaunders, | Jeff. Forest | Katie Endres, | Potomac Falls |
| 1999 | Jill Wilson, | Louisa Co. | Charissa George, | Louisa County |
| 1998 | Kimberly Myers, | Jeff Forest | Jill Wilson, | Louisa County |
| 1997 | Jen. Moldliszewski | Liberty-Bltm | Carlan Gray, | Charlottesville |
| 1996 | Carin Ward, | W. Albemarle; | Jen. Moldliszewski, | Liberty-Bltm |
| 1995 | Sarah Hendricks | Blacksburg; | Colleen Crawford, | Abingdon |
| 1994 | Colleen Crawford, | Abingdon; | Stephanie Ingersoll, | W. Albemarle |
| 1993 | Stephanie Ingersoll, | W. Albemarle; | Catrese Hairston | Laurel Park |
| 1992 | Dana Price, | Blacksburg; | Sarah Hendricks, | Blacksburg |
| 1991 | Pam Wilson, | Louisa County; | Natalie Gaines, | Blacksburg |
| 1990 | Pam Wilson, | Louisa County; | Anne Gaines, | Blacksburg |
| 1989 | Melissa Bowdon | John Battle; | Lori Archer, | Salem |

| | | | | |
|------|------------------|---------------|-------------------|-------------|
| 1988 | Heather Shutt, | Courtland; | Lori Archer, | Salem |
| 1987 | Christie Atkins, | William Byrd; | Melissa Bowdon | John Battle |
| 1986 | Christy Atkins, | William Byrd; | Alice Gaines, | Blacksburg |
| 1985 | Beth Fleming, | Blacksburg; | Wendy Runion, | Central |
| 1984 | Wendi Neely, | Manchester; | Beth Fleming, | Blacksburg |
| 1983 | Karen Wierwille | Blacksburg; | Whitney Jessee, | John Battle |
| 1982 | Whitney Jessee, | John Battle; | Cecile Gaines, | Blacksburg |
| 1981 | Maria Large, | Virginia; | Valerie Roback, | Blacksburg |
| 1980 | Maria Large, | Virginia; | Elizabeth Hester, | Virginia |

A

| | | | | |
|------|-------------------|---------------|-------------------|-------------------|
| 2009 | Katlyn Ayers | Stasburg | Claire Moretz | Madison Co. |
| 2008 | Megan Marsico | Glenvar | Sophia Holmes | Clarke County |
| 2007 | Megan Marsico | Glenvar | Susan Sullivan | George Mason |
| 2006 | Mariah Hagadone | Buffalo Gap | Sophia Holmes | Clarke County |
| 2005 | Lori Crotts | Craig Co. | Kelly Clark | Glenvar |
| 2004 | Danielle Moyer | Clarke Co. | Kelly Clark | Glenvar |
| 2003 | Kelly Clark, | Glenvar | Maggie Lester, | Patrick Henry |
| 2002 | Anna Carpenter, | Giles | Lori Crofts, | Craig County |
| 2001 | Leslie Grant, | Strasburg | Laura Hodges, | Geo. Wythe |
| 2000 | Mindy Peele, | Brentsville | Ashley Eshagi, | Parry McCluer |
| 1999 | Colleen Winzeler, | George Mason | Calie Cribley, | Brentsville Dist. |
| 1998 | Elizabeth Hanger, | Riverheads | Callie Cribley, | Brentsville Dist |
| 1997 | Devon Moore, | Brentsville | Elizabeth Hanger, | Riverheads |
| 1996 | Devon Moore, | Brentsville | Elizabeth Hanger, | Riverheads |
| 1995 | Trish Nervo, | Glenvar | Devon Moore, | Brentsville Dist |
| 1994 | Trish Nervo, | Glenvar | Kelly Rector, | Pat Henry-G S |
| 1993 | Trish Nervo, | Glenvar | Kathy Burns, | Bath County |
| 1992 | Trish Nervo, | Glenvar | Kelly Rector, | Pat Henry-G S |
| 1991 | Tia Weagley, | New Kent | Kelly Rector, | Pat Henry-G S |
| 1990 | Ginger Martin, | Brentsville | Cindy Howell, | Giles |
| 1989 | Terri Arnold, | Pat Henry-G S | Nicky Tessar, | Floyd County |
| 1988 | Becky Runion, | Central-Wood | Rebecca Thacker | Appalachia |
| 1987 | Becky Runion, | Central-Wood | Kim Manion, | Bath County |
| 1986 | Becky Runion, | Central-Wood | Patricia Ritter, | Central-Wood |
| 1985 | Debbie Fink, | Buffalo Gap | Tammy Dudley; | New Kent |

Individual Records**Four-time champion:**

4 Trish Nervo Glenvar 1992-95

Three-time champions:

| | | | |
|---|-----------------|-----------------------|--------------|
| 3 | Erin Keogh | Langley | 1984-86 |
| 3 | Becky Runion | Central-Woodstock | 1986-88 |
| 3 | Meghan McCarthy | James Robinson | 1988,1990-91 |
| 3 | Jackie Kerr | Thomas Jefferson S&T, | 1993-95 |
| 3 | Catherine White | Northside | 2004-06 |

FIELD HOCKEY

Team Champions

(champion, runner-up)

AAA

| | | | | |
|------|------------------|------------|------------------------|---|
| 2009 | Frank W. Cox | 5 | Mountain View | 0 |
| 2008 | Frank W. Cox | 3 | Princess Anne | 0 |
| 2007 | Frank W. Cox | 6 | Stafford | 0 |
| 2006 | Frank W. Cox | 2 | Maury | 1 |
| 2005 | Stafford | 2 | Princess Anne | 1 |
| 2004 | Princess Anne | 1 | Frank Cox | 0 |
| 2003 | W.T. Woodson | (OT) 2 | Princess Anne | 1 |
| 2002 | James River-Mid. | (OT) 3 | Lake Braddock | 2 |
| 2001 | Princess Anne | 1 | Kempsville | 0 |
| 2000 | Princess Anne | 3 | Stafford | 2 |
| 1999 | Frank Cox | 3 | James River-Midlothian | 0 |
| 1998 | Frank Cox | 2 | Lake Braddock | 0 |
| 1997 | Frank Cox | 1 | Lake Braddock | 0 |
| 1996 | Kempsville | (2-OT) 1 | Frank Cox | 0 |
| 1995 | Frank Cox | 1 | Lake Braddock | 0 |
| 1994 | Frank Cox | 3 | Bayside | 0 |
| 1993 | Frank Cox | 1 | Green Run | 0 |
| 1992 | Frank Cox | 3 | First Colonial | 1 |
| 1991 | Frank Cox | 1 | Lake Braddock | 0 |
| 1990 | Frank Cox | 1 | Kempsville | 0 |
| 1989 | Frank Cox | 1 | North Stafford | 0 |
| 1988 | North Stafford | 5 | Princess Anne | 4 |
| 1987 | Kempsville | 2 | West Potomac | 1 |
| 1986 | McLean | 2 | Albemarle | 1 |
| 1985 | Frank Cox | 1 | West Potomac | 0 |
| 1984 | Kempsville | 4 | Fairfax | 2 |
| 1983 | South Lakes | 2 | Monacan | 1 |
| 1982 | Frank Cox | 3 | McLean | 0 |
| 1981 | Frank Cox | (2-1 PS) 4 | Fairfax | 2 |
| 1980 | Albemarle | 2 | Langley | 1 |
| 1979 | Albemarle | 5 | Kempsville | 4 |
| 1978 | Kempsville | 2 | Hayfield | 0 |
| 1977 | Groveton | 1 | Albemarle | 0 |

AA/A Unclassified

| | | | | |
|------|-------------------|----------|---------------|---|
| 2009 | Tabb | 5 | James Monroe | 0 |
| 2008 | Tabb | (2-OT) 3 | James Monroe | 2 |
| 2007 | Western Albemarle | (OT) 2 | Grafton | 1 |
| 2006 | Chancellor | 2 | James Monroe | 0 |
| 2005 | Courtland | 4 | Chancellor | 3 |
| 2004 | Courtland | 4 | Chancellor | 3 |
| 2003 | Lafayette | (2-OT) 1 | Chancellor | 0 |
| 2002 | Grafton | 4 | Chancellor | 1 |
| 2001 | Chancellor | 2 | Jamestown | 1 |
| 2000 | Tabb | 1 | Orange County | 0 |

Team Records

State championships:

*17 Frank Cox 1981-82, 1985,
1989-95, 1997-99, 2006-09

Consecutive championships:

7 Frank Cox 1989-1995

Most wins:

428 Frank Cox 1977-1999 (active)

Consecutive wins:

69 Frank Cox 11/9/93-11/16/96

Scoring margin season:

162-2 Tabb 2009

137-2 Frank Cox 1995-96

Goals game:

17 Frank Cox vs. Trinity Episcopal 1995-96

Average points per game:

6.75 Tabb 2009

6.52 Frank Cox 1995-96

Individual Records

Most goals career:

160 Kim Miller Frank Cox ended 1995

Most goals season:

63 Kim Miller Frank Cox 1995

50 Kaitlyn Hiltz Frank Cox 2006

Most goals game:

10 Kim Miller Frank Cox 1995

Consecutive games scoring:

23 Kaitlyn Hiltz Frank Cox 2006-07

17 Kim Miller Frank Cox 1994-95

Assists career:

79 Erika Euker Tabb 2006-09

75 Kelsey Smither Lakeland 2007-09

58 Catherine McCallum Frank Cox ended 1995

Assists season:

34 Kelsey Smither Lakeland 2009

33 Catherine McCallum Frank Cox 1995

Most saves career:

275 Danielle Brookover Tabb 2006-09

Most saves season:

126 Danielle Brookover Tabb 2007

Most saves game:

19 Ashley Scroggin North Stafford v. Cox 11-13-08

Shutouts career:

76 Danielle Brookover Tabb 2006-09

54 Kim Iman Frank Cox ended 1995

Shutouts season:

22 Danielle Brookover Tabb 2009

19 Kim Iman Frank Cox 1995

Consecutive shutouts:

15 Danielle Brookover Tabb 2009

13 Kim Iman Frank Cox 1994-95

Coaching Records

Most coaching wins:

392 Nancy Fowlkes Frank Cox 1973-2001

* National Record

FOOTBALL

Team Champions

(champion, runner-up)

AAA - Division 6

| | | | | |
|------|------------------|----------|-------------------|----|
| 2009 | Thomas Dale | 35 | Lake Braddock | 21 |
| 2008 | Oscar Smith | 54 | Osborn | 24 |
| 2007 | Westfield | 42 | Woodbridge | 14 |
| 2006 | Osborn | 42 | Chantilly | 20 |
| 2005 | Oakton | 28 | Landstown | 7 |
| 2004 | Landstown | 47 | James Robinson | 20 |
| 2003 | Westfield | 35 | Landstown | 14 |
| 2002 | C.D. Hylton | 6 | Oakton | 0 |
| 2001 | James Robinson | 40 | Thomas Dale | 6 |
| 2000 | Centreville | 28 | Deep Creek | 26 |
| 1999 | C.D. Hylton | 28 | Varina | 27 |
| 1998 | C.D. Hylton | 21 | Varina | 13 |
| 1997 | James Robinson | 14 | Kecoughtan | 7 |
| 1996 | Chantilly | 14 | George Washington | 7 |
| 1995 | Indian River | 13 | C.D. Hylton | 12 |
| 1994 | Annandale | (OT) 47, | George Washington | 41 |
| 1993 | Annandale | 14 | Pulaski County | 7 |
| 1992 | Pulaski County | 35 | Thomas Dale | 20 |
| 1991 | Halifax County | 27 | L.C. Bird | 6 |
| 1990 | Gar-Field Senior | 13 | Hampton | 12 |
| 1989 | West Potomac | 17 | Highland Springs | 14 |
| 1988 | Hampton | 21 | James Robinson | 18 |
| 1987 | T.C. Williams | 10 | Hampton | 6 |
| 1986 | Hampton | 14 | Salem | 0 |

AAA - Division 5

| | | | | |
|------|-----------------------|----|-----------------------|----|
| 2009 | Phoebus | 15 | Stone Bridge | 10 |
| 2008 | Phoebus | 37 | Dinwiddie | 13 |
| 2007 | Stone Bridge | 38 | Potomac | 0 |
| 2006 | Phoebus | 34 | Thomas Edison | 25 |
| 2005 | Hampton | 15 | Stone Bridge | 8 |
| 2004 | Meadowbrook | 35 | North Stafford | 27 |
| 2003 | Hopewell | 41 | Massaponax | 14 |
| 2002 | Phoebus | 39 | Stafford | 13 |
| 2001 | Phoebus | 26 | Patrick Henry-Ashland | 7 |
| 2000 | Heritage-Newport News | 45 | Dinwiddie | 7 |
| 1999 | Culpeper County | 21 | Henrico | 12 |
| 1998 | Hampton | 35 | Amherst | 0 |
| 1997 | Hampton | 51 | William Fleming | 8 |
| 1996 | Hampton | 51 | Patrick Henry | 0 |
| 1995 | Hampton | 35 | E.C. Glass | 7 |
| 1994 | Patrick Henry-Ashland | 21 | Deep Creek | 7 |
| 1993 | I.C. Norcom | 19 | Langley | 0 |
| 1992 | Bethel | 27 | E.C. Glass | 0 |
| 1991 | Woodrow Wilson | 43 | E.C. Glass | 0 |
| 1990 | West Potomac | 15 | Potomac | 14 |
| 1989 | Woodrow Wilson | 20 | Potomac | 0 |

| | | | | |
|------|---------------|-----|-----------------|---|
| 1988 | E.C. Glass | 22 | Huguenot | 7 |
| 1987 | Courtland | 21, | George Marshall | 7 |
| 1986 | Thomas Edison | 7 | Warwick | 6 |

AAA

| | | | | |
|------|---|----|-----------------------|----|
| 1985 | Hampton | 16 | T.C. Williams | 0 |
| 1984 | T.C. Williams | 10 | Hampton | 0 |
| 1983 | Mount Vernon | 10 | Kempsville | 0 |
| 1982 | George Washington | 53 | Lake Taylor | 15 |
| 1981 | Hampton | 15 | George Washington | 9 |
| 1980 | Hampton | 17 | West Springfield | 8 |
| 1979 | Petersburg | 14 | Patrick Henry-Roanoke | 6 |
| 1978 | Annandale | 14 | Highland Springs | 13 |
| 1977 | Hampton | 12 | Gar-Field | 7 |
| 1976 | Bethel | 21 | Falls Church | 6 |
| 1975 | Hampton | 24 | Annandale | 7 |
| 1974 | Bethel | 24 | Woodbridge | 21 |
| 1973 | Patrick Henry-Roan. | 23 | Lafayette | 0 |
| 1972 | Annandale | 17 | Maury | 8 |
| 1971 | T.C. Williams | 27 | Andrew Lewis | 0 |
| 1970 | James Wood | | | |
| 1969 | Hampton | 42 | Great Bridge | 0 |
| 1968 | George Washington | | | |
| 1967 | Annandale, Douglas Freeman, Princess Anne (tie) | | | |
| 1966 | Granby | 13 | Andrew Lewis | 0 |
| 1965 | Annandale | 20 | Granby | 0 |
| 1964 | Andrew Lewis | | | |
| 1963 | Lane | | | |
| 1962 | Graham | | | |
| 1961 | Highland Springs | | | |
| 1960 | Washington-Lee | | | |
| 1959 | Norview | | | |
| 1958 | Hermitage | | | |
| 1957 | Jefferson Senior, Roanoke | | | |
| 1956 | Washington-Lee | | | |
| 1955 | Norview | | | |
| 1954 | Woodrow Wilson | | | |
| 1953 | Granby | | | |
| 1952 | Thomas Jefferson-Richmond | | | |
| 1951 | Hopewell | | | |
| 1950 | Hopewell, Hampton (tie) | | | |
| 1949 | Hopewell | | | |
| 1948 | Hampton | | | |
| 1947 | Woodrow Wilson | | | |
| 1946 | Granby | | | |
| 1945 | Granby | | | |
| 1944 | George Washington, Granby, Petersburg (tie) | | | |
| 1943 | Thomas Jefferson-Richmond | | | |
| 1942 | Hampton | | | |
| 1941 | John Marshall | | | |
| 1940 | John Marshall | | | |
| 1939 | Maury | | | |

| | | | | |
|------|------------------------------------|----|---------------------------|---|
| 1938 | E.C. Glass | | | |
| 1937 | Petersburg | | | |
| 1936 | Hampton | | | |
| 1935 | Maury | | | |
| 1934 | Lane | | | |
| 1933 | E.C. Glass | | | |
| 1932 | Maury | | | |
| 1931 | Newport News | | | |
| 1930 | E.C. Glass | | | |
| 1929 | Maury, Norfolk, Newport News (tie) | | | |
| 1928 | Jefferson Senior, Roanoke | | | |
| 1927 | Woodrow Wilson | | | |
| 1926 | Woodrow Wilson | 20 | Jefferson Senior, Roanoke | 0 |
| 1925 | Newport News | 7 | Lynchburg | 6 |
| 1924 | Jefferson Senior, Roanoke | 3 | Woodrow Wilson | 0 |
| 1923 | Jefferson Senior, Roanoke | 3 | Woodrow Wilson | 0 |
| 1922 | Jefferson Senior, Roanoke | 8 | Woodrow Wilson | 0 |
| 1921 | Maury | 28 | Jefferson Senior, Roanoke | 0 |
| 1920 | Newport News | 14 | Jefferson Senior, Roanoke | 7 |

AA-Division 4

| | | | | |
|------|--------------------|----|--------------------|----|
| 2009 | Broad Run | 21 | Amherst County | 16 |
| 2008 | Broad Run | 13 | Amherst County | 0 |
| 2007 | Amherst County | 56 | Sherando | 10 |
| 2006 | Amherst County | 34 | Louisa | 27 |
| 2005 | Salem-Salem | 28 | Powhatan | 10 |
| 2004 | Salem-Salem | 16 | Harrisonburg | 14 |
| 2003 | Powhatan | 6 | William Fleming | 0 |
| 2002 | Heritage-Lynchburg | 34 | Lafayette | 7 |
| 2001 | Lafayette | 41 | Pulaski County | 28 |
| 2000 | Salem-Salem | 17 | Park View-Sterling | 10 |
| 1999 | Salem-Salem | 21 | Park View-Sterling | 20 |
| 1998 | Salem-Salem | 28 | Lafayette | 18 |
| 1997 | Spotsylvania | 16 | Heritage-Lynchburg | 7 |
| 1996 | Salem-Salem | 20 | Sherando | 12 |
| 1995 | Amherst County | 56 | Sherando | 12 |
| 1994 | Spotsylvania | 26 | Amherst County | 0 |
| 1993 | Rustburg | 20 | Nansemond River | 6 |
| 1992 | Richlands | 19 | Orange County | 10 |
| 1991 | Spotsylvania | 31 | Salem | 27 |
| 1990 | Tabb | 21 | Lee | 14 |
| 1989 | Blacksburg | 19 | Courtland | 6 |
| 1988 | Park View-Sterling | 51 | Brookville | 7 |
| 1987 | Tabb | 28 | Martinsville | 10 |
| 1986 | Tazewell | 16 | Nottoway | 7 |

AA-Division 3

| | | | | |
|------|-----------------|----|--------------|----|
| 2009 | Northside | 20 | Bruton | 17 |
| 2008 | James Monroe | 50 | Brookville | 46 |
| 2007 | Monticello | 36 | Richlands | 22 |
| 2006 | Richlands | 29 | Rockbridge | 28 |
| 2005 | Turner-Ashby | 27 | Richlands | 13 |
| 2004 | Gretna | 40 | Poquoson | 14 |
| 2003 | Gretna | 48 | Monticello | 18 |
| 2002 | Liberty-Bedford | 41 | New Kent | 6 |
| 2001 | Harrisonburg | 24 | Graham | 10 |
| 2000 | Rustburg | 9 | Turner Ashby | 6 |
| 1999 | Brookville | 14 | John Handley | 6 |

| | | | | |
|------|------------------|----|--------------------|----|
| 1998 | Nottoway | 44 | Rustburg | 27 |
| 1997 | Gate City | 24 | Broadway | 0 |
| 1996 | James Monroe | 7 | Brookville | 0 |
| 1995 | Graham | 23 | King George | 18 |
| 1994 | Handley | 12 | Gate City | 7 |
| 1993 | Jefferson Forest | 21 | Matoaca | 14 |
| 1992 | Jefferson Forest | 35 | Matoaca | 14 |
| 1991 | Nottoway | 28 | Jefferson Forest 1 | 2 |
| 1990 | Rustburg | 7 | Nottoway | 6 |
| 1989 | Graham | 16 | Southampton | 0 |
| 1988 | Martinsville | 28 | Nottoway | 0 |
| 1987 | James Monroe | 10 | Rustburg | 9 |
| 1986 | James Monroe | 26 | Laurel Park | 9 |

AA

| | | | | |
|------|--------------|----|--------------------|----|
| 1985 | Courtland | 13 | Blacksburg | 10 |
| 1984 | Handley | 28 | Blacksburg | 16 |
| 1983 | Courtland | 14 | George Wythe | 7 |
| 1982 | Courtland | 31 | Martinsville | 13 |
| 1981 | Tabb | 20 | Martinsville | 6 |
| 1980 | Giles | 33 | Park View-Sterling | 32 |
| 1979 | Southampton | 14 | Jefferson Forest | 0 |
| 1978 | Southampton | 56 | Gate City | 6 |
| 1977 | Blacksburg | 16 | Southampton | 7 |
| 1976 | Southampton | 24 | Martinsville | 20 |
| 1975 | Martinsville | 40 | Southampton | 18 |
| 1974 | Gate City | 28 | Southampton | 7 |
| 1973 | Southampton | 13 | Brookville | 7 |
| 1972 | Radford | 41 | Southampton | 20 |
| 1971 | Radford | 32 | John Yeates | 0 |
| 1970 | Gate City | 40 | James Monroe | 8 |

A-Division 2

| | | | | |
|------|--------------------|-----|-------------------|----|
| 2009 | Essex | 30 | Radford | 0 |
| 2008 | Gretna | 25 | Floyd County | 20 |
| 2007 | Gretna | 52 | Gate City | 0 |
| 2006 | Goochland | 28 | Giles | 14 |
| 2005 | Giles | 35 | Manassas Park | 34 |
| 2004 | Manassas Park | 20 | Powell Valley | 13 |
| 2003 | Gate City | 40 | Essex | 15 |
| 2002 | George Wythe-Wyth. | 26 | Buckingham County | 12 |
| 2001 | Washington & Lee | 36 | Floyd County | 21 |
| 2000 | King William | 25 | Honaker | 15 |
| 1999 | Madison County | 29 | Floyd County | 12 |
| 1998 | Powell Valley | 27 | Madison County | 14 |
| 1997 | Powell Valley | 28 | Powhatan | 7 |
| 1996 | Powhatan | 20 | Giles | 8 |
| 1995 | Powell Valley | 36 | Northampton | 6 |
| 1994 | Powell Valley | 33 | Sussex Central | 12 |
| 1993 | Giles | 27 | Central Senior | 18 |
| 1992 | Central Senior | 20 | Lebanon | 6 |
| 1991 | Sussex Central | 56 | Lebanon | 7 |
| 1990 | Powell Valley | 42 | Central Senior | 28 |
| 1989 | Powell Valley | 21 | Central Senior | 20 |
| 1988 | Lexington | 18 | Central Senior | 13 |
| 1987 | Central Senior | 29 | Drewry Mason | 0 |
| 1986 | Central Senior | 21, | Garden | 6 |

A-Division 1

| | | | | |
|------|------------------|----|----------------|----|
| 2009 | Altavista | 27 | J.I. Burton | 7 |
| 2008 | Franklin | 28 | Clintwood | 20 |
| 2007 | Buffalo Gap | 28 | Clintwood | 19 |
| 2006 | Riverheads | 21 | J.I. Burton | 20 |
| 2005 | William Campbell | 18 | J.I. Burton | 0 |
| 2004 | Franklin | 41 | J.I. Burton | 0 |
| 2003 | Sussex Central | 20 | Bath County | 0 |
| 2002 | William Campbell | 70 | Appalachia | 0 |
| 2001 | Bath County | 53 | Sussex Central | 16 |
| 2000 | Riverheads | 26 | Bath County | 12 |
| 1999 | Surry County | 21 | Pound | 6 |
| 1998 | Surry County | 46 | John I. Burton | 6 |
| 1997 | Appalachia | 24 | Surry County | 21 |
| 1996 | Appalachia | 40 | Surry County | 14 |
| 1995 | Bath County | 30 | Strasburg | 20 |
| 1994 | Appalachia | 72 | Middlesex | 7 |
| 1993 | Middlesex | 10 | Appalachia | 6 |
| 1992 | Appalachia | 26 | Strasburg | 20 |
| 1991 | William Monroe | 35 | Parry McCluer | 15 |
| 1990 | King & Queen | 21 | J. J. Burton | 20 |
| 1989 | Appalachia | 22 | Madison County | 14 |
| 1988 | Jonesville | 21 | Strasburg | 20 |
| 1987 | Parry McCluer | 21 | Strasburg | 14 |
| 1986 | Parry McCluer | 24 | Manassas Park | 0 |

A

| | | | | |
|------|----------------|----|----------------|----|
| 1985 | Powell Valley | 28 | Central Senior | 27 |
| 1984 | Covington | 13 | Central Senior | 6 |
| 1983 | Parry McCluer | 21 | Madison County | 6 |
| 1982 | Powell Valley | 14 | Madison County | 13 |
| 1981 | J.J. Kelly | 25 | Fluvanna | 17 |
| 1980 | Central Senior | 61 | Appalachia | 12 |
| 1979 | Parry McCluer | 20 | Washington-Lee | 6 |
| 1978 | Clintwood | 14 | Onancock | 7 |
| 1977 | Parry McCluer | 33 | Montevideo | 12 |
| 1976 | Madison County | 21 | Pennington | 13 |
| 1975 | Clintwood | 10 | Bowling Green | 7 |
| 1974 | Clintwood | 20 | Powhatan | 6 |
| 1973 | Madison County | 23 | Clintwood | 22 |
| 1972 | J.I. Burton | 26 | Madison | 14 |
| 1971 | Appalachia | 24 | Madison | 0 |
| 1970 | Chilhowie | 7 | Fluvanna | 6 |

Team Records

State championships:

17 Hampton, 1936,42,48,50,69,75,77,80,81,85,86,88,95,96,97,98
2005

Consecutive championships:

| | | |
|---|-----------------------|---------|
| 4 | Hampton | 1995-98 |
| 3 | Jefferson Sr.-Roanoke | 1922-24 |
| 3 | Granby | 1944-46 |
| 3 | Hopewell | 1949-51 |

Most wins:

| | | |
|-----|---------|--------------|
| 629 | Hampton | 1920-present |
|-----|---------|--------------|

Consecutive wins:

| | | |
|----|----------------|---------|
| 40 | Hampton | 1995-97 |
| 39 | Central Senior | 1986-88 |
| 39 | C.D. Hylton | 1997-00 |
| 38 | Gretna | 2003-05 |
| 35 | Hopewell | 1948-52 |
| 35 | Hampton | 1980-82 |
| 34 | Powell Valley | 1997-99 |
| 33 | Radford | 1971-74 |
| 33 | Salem | 2004-06 |
| 32 | Granby | 1944-46 |
| 32 | Clarke County | 1961-64 |

Consecutive games unbeaten:

| | | | |
|----|-------------------|---------|--------|
| 53 | Lane | 1962-67 | 2 ties |
| 41 | Central-Lunenburg | 1986-88 | 1 tie |
| 38 | Clarke County | 1961-64 | 1 tie |
| 37 | Norview | 1957-61 | 3 ties |
| 36 | Narrows | 1960-63 | 1 tie |

Consecutive regular-season unbeaten:

| | | | |
|----|-------------------|---------|-------|
| 81 | Central-Lunenburg | 1984-91 | 1 tie |
| 69 | Southampton | 1972-79 | |
| 64 | Clintwood | 1973-79 | 1 tie |
| 53 | Madison County | 1971-76 | |

Consecutive losses:

| | | |
|----|--------------------------|---------|
| 53 | Thomas Jefferson - Rich. | 1998-03 |
| 51 | Green Run | 2000-04 |
| 44 | Gretna | 1991-96 |
| 43 | Haysi | 1964-69 |
| 40 | Windsor | 1974-78 |
| 40 | Council | 1992-95 |
| 39 | Thomas Walker | 1986-90 |
| 38 | New Castle | 1978-81 |
| 36 | R.E. Lee-Staunton | 1951-55 |
| 31 | St. Paul | 1975-78 |
| 31 | King & Queen | 1984-87 |
| 31 | Manassas Park | 1990-93 |

Non-winning streaks, all games:

| | | | |
|----|----------------------------|---------|--------|
| 43 | Strasburg | 1953-59 | 2 ties |
| 40 | Patrick Henry-Glade Spring | 1974-78 | 1 tie |
| 33 | Spotsylvania | 1956-60 | 2 ties |
| 33 | Cumberland | 1974-78 | 3 ties |

Consecutive shutouts:

| | | |
|----|----------------|---------|
| 18 | Woodrow Wilson | 1926-27 |
|----|----------------|---------|

Fewest points allowed:

| | | |
|---|--------------------------------|------|
| 0 | 14 teams, most recently Burley | 1956 |
|---|--------------------------------|------|

Most points season:

| | | | |
|-----|---------|--------|------|
| 819 | Hampton | 14 gms | 1996 |
|-----|---------|--------|------|

Most points season (10 or fewer games):

| | | | |
|-----|--------|--------|------|
| 440 | Granby | 10 gms | 1945 |
|-----|--------|--------|------|

Most points one game (one team):

| | | | |
|-----|-------------------|--------------------|----------|
| 124 | West Side 124 | South Side 7 (VIA) | 10-6-67 |
| 117 | Covington 117 | Buena Vista 0 | 10-11-24 |
| 116 | Lynchburg 116 | Cluster Springs 0 | 10-27-13 |
| 114 | Petersburg 114 | Hopewell 0 | 10-6-16 |
| 110 | West Side 110 | Sussex 6 (VIA) | 10-4-68 |
| 109 | Danville 109 | Chatham 0 | 11-10-17 |
| 109 | South Norfolk 109 | Oceana 0 | 10-27-25 |
| 106 | Roanoke 106 | Martinsville 2 | 10-1-21 |
| 104 | Pulaski 104 | Ivanhoe 0 | 10-27-22 |

| | | | |
|---|------------------------|-------------------------|----------|
| 102 | Hurley 102 | Mullins, Ky. 0 | 10-31-70 |
| Most points one game (both teams): | | | |
| 193 | Kingsport, Tenn. 193 | Norton 0 | 9-25-25 |
| 155 | W. Potomac 81 | W. Springfield 74 (4OT) | 10-7-06 |
| 135 | Annandale 68 | Westfield 67 (5OT) | 9-21-01 |
| 131 | West Side 124 | South Side 7 (VIA) | 10-6-67 |
| 125 | Lebanon 69 | Rural Retreat 56 | 10-13-06 |
| 124 | Northwood 66 | John Battle 58 | 10-21-05 |
| 121 | Central-Lunenburg 81 | Goochland 40 | 10-8-99 |
| 119 | West Springfield 72 | W.T. Woodson 47 | 11-7-08 |
| 118 | St. Albans, Md. 118 | Fredericksburg 0 | 11-21-14 |
| 117 | Covington 117 | Buena Vista 0 | 10-11-24 |
| 117 | Stonewall Jackson-Q 75 | Buffalo Gap 42 | 9-19-97 |
| 117 | Stafford 61 | Albemarle 56 | 10-22-04 |
| Winning margin: | | | |
| 193 | Kingsport, Tenn 193 | Norton 0 | 9-25-25 |
| 118 | St. Albans, D.C. 118 | Fredericksburg 0 | 11-20-14 |
| 117 | Covington 117 | Buena Vista 0 | 10-11-24 |
| 117 | West Side 124 | South Side 7 (VIA) | 10-6-67 |
| 116 | Lynchburg 116 | Cluster Springs 0 | 10-27-13 |
| 114 | Petersburg 114 | Hopewell 0 | 10-6-16 |
| 109 | Danville 109 | Chatham 0 | 11-10-17 |
| 109 | South Norfolk 109 | Oceana 0 | 10-27-25 |
| 106 | Woodberry Forest 106 | Charlottesville 0 | 9-19-19 |
| 104 | Roanoke 106 | Martinsville 2 | 10-1-21 |
| 104 | Pulaski 104 | Ivanhoe 0 | 10-27-22 |
| 104 | West Side 110 | Sussex 6 (VIA) | 10-4-68 |

Longest Unscored-on streaks:

| | | |
|--------|------------------|---------|
| 18 gms | Woodrow Wilson | 1926-27 |
| 17 gms | Saltville | 1928-31 |
| 17 gms | John Marshall | 1940-41 |
| 17 gms | Huntington (VIA) | 1943-45 |

Unscored-on seasons:

| | | | |
|-----------------------|-------------|---------------------|-------|
| Huntington 1921 | 3-0-1 (VIA) | Outscored opponents | 58-0 |
| Huntington 1922 | 6-0-0 (VIA) | Outscored opponents | 83-0 |
| Woodrow Wilson 1926 | 10-0-1 | Outscored opponents | 206-0 |
| Saltville 1929 | 7-0-1 | Outscored opponents | 185-0 |
| Saltville 1930 | 7-0-0 | Outscored opponents | 227-0 |
| Crewe 1932 | 6-0-0 | Outscored opponents | 208-0 |
| Rich Valley 1933 | 7-0-1 | Outscored opponents | 174-0 |
| Booker T-Norfolk 1938 | 8-0-0 (VIA) | Outscored opponents | 142-0 |
| John Marshall 1941 | 10-0-0 | Outscored opponents | 137-0 |
| Huntington 1944 | 8-0-1 (VIA) | Outscored opponents | 184-0 |
| Glen Allen 1945 | 8-0-0 | Outscored opponents | 234-0 |
| Buchanan 1953 | 6-0-0 | Outscored opponents | 185-0 |
| Churchland 1954 | 9-0-0 | Outscored opponents | 382-0 |
| Burley 1956 | 8-0-0 (VIA) | Outscored opponents | 219-0 |

Total offense game:

| | | |
|-----|---------------------------------|------|
| 754 | Franklin County vs. Magna Vista | 2003 |
|-----|---------------------------------|------|

Fewest first downs allowed season:

| | | |
|----|----------------|------|
| 17 | Woodrow Wilson | 1926 |
|----|----------------|------|

Individual Records

**SCORING
Points**

Career

| | | | |
|-----|----------------|-------------------|------------|
| 712 | Cedric Peerman | William Campbell, | ended 2003 |
| 662 | Dennis Mahan | Martinsville | ended 1977 |

| | | | |
|-----|--------------|---------------|------------|
| 638 | Thomas Jones | Powell Valley | ended 1995 |
| 618 | Terry Kirby | Tabb | ended 1988 |
| 612 | Daniel Davis | Brooke Point | ended 1998 |
| 606 | John McFall | Clintwood | ended 1975 |
| 580 | Elan Lewis | Phoebus | ended 2004 |
| 577 | Ronald Curry | Hampton | ended 1997 |
| 572 | Julius Jones | Powell Valley | ended 1998 |
| 566 | Edd Clark | Appalachia | ended 1968 |

Season

| | | | | |
|-----|-----------------|------------------|--------|------|
| 312 | Takeem Hedgeman | Monticello | 14 gms | 2007 |
| 309 | John McFall | Clintwood, A | 13 gms | 1975 |
| 308 | Cedric Peerman | William Campbell | 14 gms | 2002 |
| 296 | Thomas Jones | Powell Valley | 14 gms | 1995 |
| 292 | Cedric Peerman | William Campbell | 13 gms | 2003 |
| 274 | Thomas Jones | Powell Valley | 14 gms | 1994 |
| 258 | Terry Kirby | Tabb, | 14 gms | 1987 |
| 253 | Chris Williams | Bath County | 13 gms | 1989 |
| 252 | Caleb Jennings | Richlands | 14 gms | 2006 |
| 246 | Dennis Mahan | Martinsville | 13 gms | 1975 |

Game

| | | | |
|----|-----------------|-------------------------------|----------|
| 56 | Greg Justus | Hurley v. Mullins, Ky. | 10-31-70 |
| 50 | John McFall | Clintwood v. Appalachia | 11-1-75 |
| 50 | Jack Mingin | Smithfield v. Barry-Robinson | 10-20-67 |
| 50 | Michael Holmes | Harrisonburg v. R.E. Lee-S | 9-18-09 |
| 48 | Carlton Johnson | Madison Co. v. St. Jackson | 11-3-72 |
| 48 | Steven Paige | Charles City v. West Point | 10-20-89 |
| 47 | Edd Clark | Appalachia v. Norton | 10-27-67 |
| 46 | John Saunders | Churchland v. Prince George | 11-5-54 |
| 46 | Larry Cliburn | Independence v. Stuart | 11-7-69 |
| 46 | Yogi Arnold | Saltville v. Ashe Central, NC | 11-1-74 |
| 46 | Phillip Thaxton | Grafton v. Jamestown | 10-27-06 |

TOUCHDOWNS

Career

| | | | |
|-----|----------------|------------------|------------|
| 113 | Cedric Peerman | William Campbell | ended 2003 |
| 104 | Thomas Jones | Powell Valley | ended 1995 |
| 103 | Terry Kirby | Tabb | ended 1988 |
| 103 | Daniel Davis | Brooke Pointe | ended 1998 |
| 98 | Dennis Mahan | Martinsville | ended 1978 |
| 96 | Ronald Curry | Hampton | ended 1997 |
| 96 | Elan Lewis | Phoebus | ended 1997 |
| 95 | Julius Jones | Powell Valley | ended 1998 |
| 92 | Ahmad Bradshaw | Graham | ended 2003 |
| 90 | Kevin Whaley | Salem-Va. Beach | ended 2007 |

Season

| | | | | |
|----|-----------------|------------------|--------|------|
| 51 | Takeem Hedgeman | Monticello | 14 gms | 2007 |
| 50 | Cedric Peerman | William Campbell | 14 gms | 2002 |
| 49 | Thomas Jones | Powell Valley | 14 gms | 1995 |
| 45 | Cedric Peerman | William Campbell | 13 gms | 2003 |
| 44 | Thomas Jones | Powell Valley | 14 gms | 1994 |
| 43 | Terry Kirby | Tabb | 14 gms | 1987 |
| 42 | Caleb Jennings | Richlands | 14 gms | 2006 |
| 40 | John McFall | Clintwood | 13 gms | 1975 |
| 40 | Eric Bates | James Monroe | 14 gms | 1987 |
| 40 | Ronald Curry | Hampton | 14 gms | 1996 |
| 40 | Julius Jones | Powell Valley | 14 gms | 1998 |
| 40 | Elan Lewis | Phoebus | 12 gms | 2003 |

| | | | | |
|----|----------------|--------------|--------|------|
| 40 | Marcus Temple | King William | 12 gms | 2006 |
| 40 | Michael Holmes | Harrisonburg | 12 gms | 2009 |

Game

| | | | |
|---|-----------------|-----------------------------------|----------|
| 8 | Carlton Johnson | Madison Co. v. St. Jackson-Q. | 11-2-72 |
| 8 | Steven Paige | Charles City v. West Point | 10-20-89 |
| 8 | Michael Holmes | Harrisonburg v. R.E. Lee-Staunton | 9-18-09 |

TOUCHDOWN RESPONSIBILITY

(P = passing; RRR = rushing-receiving-runbacks)

Career

| | | | | |
|-----|----------------|------------------|---------------|------------|
| 185 | Ronald Curry | Hampton | 89 P, 96 RRR | ended 1997 |
| 171 | Vicqual Hall | Gretna | 105 P, 66 RRR | ended 2004 |
| 135 | Adam Morgan | Dinwiddie | 114 P, 21 RRR | ended 2008 |
| 123 | Jacob Phillips | Bath Co. | 57 P, 66 RRR | ended 2003 |
| 113 | Cedric Peerman | William Campbell | 113 RRR | ended 2003 |
| 111 | Baron Adams | William Campbell | 53 P, 58 RRR | ended 2008 |
| 108 | T.J. Dorsey | Handley | 51 P, 57 RRR | ended 2007 |
| 107 | Tyrod Taylor | Hampton | 48 P, 59 RRR | ended 2006 |
| 106 | Shea Boyd | William Campbell | 78 P, 28 RRR | ended 2002 |
| 106 | Brandon Hogan | Osborn | 52 P, 54 RRR | ended 2006 |

Season

| | | | | |
|----|-----------------|---------------|---------------------|------|
| 76 | Ronald Curry | Hampton | 14 gms 36 P, 40 RRR | 1996 |
| 65 | Vicqual Hall | Gretna | 14 gms 39 P, 29 RRR | 2004 |
| 58 | Brandon Hogan | Osborn | 14 gms 39 P, 29 RRR | 2004 |
| 56 | Vicqual Hall | Gretna | 14 gms 31 P, 25 RRR | 2003 |
| 56 | Adam Morgan | Dinwiddie | 14 gms 48P, 8 RRR | 2008 |
| 54 | Ronald Curry | Hampton | 14 gms 27 P, 27 RRR | 1997 |
| 54 | Terry Mitchell | Landstown | 14 gms 46 P, 8 RRR | 2003 |
| 54 | Zach Terrell | Manassas Park | 14 gms 26 P, 28 RRR | 2004 |
| 54 | Jayne Barksdale | Gretna | 14 gms 22 P, 32 RRR | 2008 |
| 51 | Takeem Hedgeman | Monticello | 14 gms 41 RRR | 2007 |

Game

| | | | | |
|---|--------------|---------------------------|------------|----------|
| 9 | Jim Hogan | Newport News v. Warwick | 9 P | 11-4-66 |
| 9 | Randy Walker | Central-Wood. v. Page Co. | 6 P, 3 RRR | 11-7-69 |
| 9 | Nick Miller | Gretna v. Appomattox | 8 P, 1 RRR | 10-29-07 |

TOTAL YARDS

Career

| | | | |
|--------|---------------|------------------|------------|
| 13,770 | Vicqual Hall | Gretna | ended 2004 |
| 11,519 | Ronald Curry | Hampton | ended 1997 |
| 10,817 | Adam Morgan | Dinwiddie | ended 2008 |
| 10,725 | Philip Sims | Oscar Smith | ended 2009 |
| 10,205 | Shea Boyd | William Campbell | ended 2002 |
| 9,051 | T.J. Dorsey | Handley | ended 2007 |
| 9,035 | Casey Turner | Great Bridge | ended 2007 |
| 8,939 | Ricky Bailey | Painter Central | ended 1982 |
| 8,755 | Zach Terrell | Manassas Park | ended 2004 |
| 8,651 | Brandon Hogan | Osborn | ended 2006 |

Season

| | | | | |
|-------|-----------------|------------------|--------|------|
| 4,852 | Vicqual Hall | Gretna | 14 gms | 2004 |
| 4,523 | Zach Terrell | Manassas Park | 14 gms | 2004 |
| 4,520 | Michael Nebrich | Lake Braddock | 15 gms | 2009 |
| 4,434 | Vicqual Hall | Gretna | 14 gms | 2003 |
| 4,182 | Brandon Hogan | Osborn | 14 gms | 2006 |
| 4,177 | Adam Morgan | Dinwiddie | 14 gms | 2008 |
| 3,993 | Shea Boyd | William Campbell | 14 gms | 2002 |
| 3,980 | Terry Mitchell | Landstown | 14 gms | 2003 |
| 3,888 | Jayne Barksdale | Gretna | 14 gms | 2008 |
| 3,794 | L.A. Anderson | John Handley | 13 gms | 2004 |

Game

| | | | |
|-----|----------------|------------------------------|----------|
| 636 | Jim Hogan | Newport News vs. Denbigh | 11-4-66 |
| 568 | Buster O'Brien | Princess Anne vs. Warwick | 11-15-63 |
| 561 | John Carlo | George Mason vs. James Wood | 11-18-61 |
| 558 | Randy Walker | Central-W vs. Page County | 11-7-69 |
| 556 | Brad Robbins | Powell Valley vs. Clintwood | 10-1-04 |
| 555 | Connor Reilly | W.T. Woodson vs. L. Braddock | 9-11-09 |
| 537 | Jim Hogan | Newport News vs. Ferguson | 11-11-66 |
| 530 | R.J. Archer | Albemarle vs. Stafford | 10-22-04 |
| 528 | Quinton Hunter | Orange vs. Monticello | 9-28-07 |
| 525 | Bobby Owens | Halifax County vs. Rustburg | 9-2-05 |

RUSHING YARDS

Career (6,000 or more yards)

| | | | |
|-------|-------------------|-----------------|------------|
| 7,536 | O.J. Thomason | William Byrd | ended 1999 |
| 7,428 | Terry Kirby | Tabb | ended 1988 |
| 7,193 | Thomas Jones | Powell Valley | ended 1995 |
| 7,156 | Elan Lewis | Phoebus | ended 2004 |
| 7,080 | Daniel Davis | Brooke Pointe | ended 1998 |
| 6,732 | Lamar Stewart | Essex | ended 2006 |
| 6,681 | Lee Blair | Waynesboro | ended 1999 |
| 6,669 | Brock Johnson | Stuarts Draft | ended 1996 |
| 6,607 | DeAntwan Williams | Woodbridge | ended 2008 |
| 6,571 | John Harris | Patrick County | ended 2008 |
| 6,525 | Ricky Bailey | Painter Central | ended 1982 |
| 6,441 | Travis Clark | Appalachia | ended 1997 |
| 6,436 | Jarod Wormley | Essex | ended 1998 |
| 6,388 | Takeem Hedgeman | Monticello | ended 2007 |
| 6,381 | Evan Royster | Westfield | ended 2005 |
| 6,310 | Kevin Whaley | Salem, Va Beach | ended 2007 |
| 6,201 | David Bowers | Northampton | ended 2002 |

Season

| | | | | |
|-------|-----------------|-----------------|--------|------|
| 3,319 | Thomas Jones | Powell Valley | 14 gms | 1994 |
| 3,039 | Eric Bates | James Monroe | 14 gms | 1987 |
| 3,007 | Thomas Jones | Powell Valley | 14 gms | 1995 |
| 2,891 | Takeem Hedgeman | Monticello | 14 gms | 2007 |
| 2,864 | Terry Kirby | Tabb | 14 gms | 1987 |
| 2,810 | Lee Suggs | William Fleming | 14 gms | 1997 |
| 2,807 | Josh Zidenburg | Poquoson | 13 gms | 2003 |
| 2,795 | Brock Johnson | Stuarts Draft | 12 gms | 1996 |
| 2,785 | Adam Burke | Lee-Davis | 13 gms | 1995 |
| 2,760 | Trell Parker | James Monroe | 14 gms | 1996 |

Game

| | | | |
|-----|-----------------|-------------------------------|----------|
| 500 | Damone Boone | W. Springfield vs. Annandale | 11-10-95 |
| 491 | Hayes Page | Nelson Co. vs. Chatham | 9-28-01 |
| 462 | Thomas Jones | Powell Valley vs. J.I. Burton | 9-30-94 |
| 451 | Chris Good | Luray vs. Pendleton Co. WV | 9-22-00 |
| 449 | Edd Clark | Appalachia vs. Norton | 10-27-67 |
| 445 | Hayes Page | Nelson Co. vs. Fluvanna Co. | 11-8-02 |
| 439 | Anthony Witcher | Dan River vs. Laurel Park | 10-22-99 |
| 438 | Jared Wormley | Essex vs. Windsor | 9-19-97 |
| 427 | Wayne Bacon | Norview vs. Kellam | 9-9-94 |
| 422 | Damone Boone | West Springfield vs. Hayfield | 10-20-95 |

100-YARD GAMES

Career:

| | | | |
|----|-------------|------|------------|
| 36 | Terry Kirby | Tabb | ended 1988 |
|----|-------------|------|------------|

| | | | |
|---------------------|-------------|------|---------|
| Consecutive: | | | |
| 26 | Terry Kirby | Tabb | 1986-88 |

RUSHING ATTEMPTS

| | | | |
|----------------|-------------|------|------------|
| Career: | | | |
| 995 | Terry Kirby | Tabb | ended 1988 |

PASSING YARDS

| | | | |
|-------------------------------|----------------|------------------|------------|
| Career (6,500 or more) | | | |
| 10,725 | Philip Sims | Oscar Smith | ended 2009 |
| 9,152 | Adam Morgan | Dinwiddie | ended 2008 |
| 8,731 | Vicqual Hall | Gretna | ended 2004 |
| 8,357 | Casey Turner | Great Bridge | ended 2007 |
| 8,212 | Ronald Curry | Hampton | ended 1997 |
| 7,654 | Shea Boyd | William Campbell | ended 2002 |
| 7,177 | Ross Metheny | Sherando | ended 2008 |
| 6,795 | Ryan Pond | Western Branch | ended 2003 |
| 6,790 | Aaron Sparrow | Woodrow Wilson | ended 1990 |
| 6,755 | Lee Bujakowski | Hopewell | ended 2003 |

| | | | | |
|-------------------------------|------------------|--------------------|--------|------|
| Season (3,000 or more) | | | | |
| 3,779 | Terry Mitchell | Landstown | 14 gms | 2003 |
| 3,630 | Mike Biehl | Salem-VB | 11 gms | 2001 |
| 3,601 | Donny Kirby | Landstown | 14 gms | 2005 |
| 3,499 | Adam Morgan | Dinwiddie | 14 gms | 2008 |
| 3,312 | Pater Lalich | West Springfield | 10 gms | 2006 |
| 3,306 | Chris Ashinhurst | North Stafford | 12 gms | 1999 |
| 3,282 | Michael Nebrich | Lake Braddock | 15 gms | 2009 |
| 3,195 | Philip Sims | Oscar Smith | 15 gms | 2008 |
| 3,133 | CJ Leizear | Park View-Sterling | 12 gms | 2007 |
| 3,123 | Bryn Renner | West Springfield | 13 gms | 2008 |
| 3,041 | Phillip Sims | Oscar Smith | 14 gms | 2007 |
| 3,017 | Aaron Alexander | Henrico | 14 gms | 1999 |
| 3,014 | Brian Partlow | Handley | 14 gms | 1994 |
| 3,008 | Brad Robbins | Powell Valley | 14 gms | 2004 |

| | | | | |
|-------------|----------------|--------------------------------|----------|--|
| Game | | | | |
| 636 | Jim Hogan | Newport News v. Denbigh | 11-4-66 | |
| 556 | Brad Robbins | Powell Valley v. Clintwood | 10-4-04 | |
| 538 | Buster O'Brien | Princess Anne v. Warwick | 11-15-63 | |
| 537 | Jim Hogan | Newport News v. Ferguson | 11-11-66 | |
| 504 | Connor Reilly | W.T. Woodson v. L. Braddock | 9-11-09 | |
| 500 | Dale Trent | Halifax County v. Martinsville | 9-25-09 | |
| 486 | Cameron White | Norcom v. Woodrow Wilson | 11-4-05 | |
| 484 | Adam Morgan | Dinwiddie v. Nottoway | 9-18-08 | |
| 477 | Randy Hippeard | Colonial Forge v. Chancellor | 10-17-03 | |
| 473 | R.J. Archer | Albemarle v. Stafford | 10-22-04 | |
| 473 | Peter Lalich | W. Springfield v. W. Potomac | 10-7-06 | |

PASSING COMPLETIONS

| | | | |
|---------------|---------------|--------------------|------------|
| Career | | | |
| 679 | Adam Morgan | Dinwiddie | ended 2008 |
| 636 | Philip Sims | Oscar Smith | ended 2009 |
| 609 | Casey Turner | Great Bridge | ended 2007 |
| 521 | Vicqual Hall | Gretna | ended 2004 |
| 473 | Eddie Joyce | Andrew Lewis | ended 1972 |
| 471 | Ross Metheny | Sherando | ended 2008 |
| 455 | Aaron Sparrow | Woodrow Wilson | ended 1990 |
| 444 | Brian Partlow | Handley | ended 1994 |
| 439 | CJ Leizear | Park View-Sterling | ended 2007 |
| 438 | Peter Lalich | West Springfield | ended 2006 |

Season

| | | | | |
|-----|------------------|------------------|--------|------|
| 259 | Chris Ashinhurst | North Stafford | 12 gms | 1999 |
| 251 | Terry Mitchell | Landstown | 14 gms | 2003 |
| 248 | Mike Biehl | Salem-VB | 11 gms | 2001 |
| 245 | Donny Kirby | Landstown | 14 gms | 2005 |
| 238 | Michael Nebrich | Lake Braddock | 15 gms | 2009 |
| 237 | Adam Morgan | Dinwiddie | 10 gms | 2006 |
| 232 | Adam Morgan | Dinwiddie | 14 gms | 2008 |
| 219 | CJ Leizear | Park View-Ster. | 12 gms | 2007 |
| 215 | Bryn Renner | West Springfield | 13 gms | 2007 |
| 211 | Brandon Corso | W.T. Woodson | 10 gms | 1990 |

Game

| | | | | |
|----|-----------------|-------------------------------|----------|--|
| 39 | Cole Walter | West Potomac v. Lake Braddock | 10-10-08 | |
| 36 | Randy Walker | Central-W v. Montevideo | 9-12-69 | |
| 36 | Terry Mitchell | Landstown v. First Colonial | 8-28-03 | |
| 35 | Buster O'Brien | Princess Anne v. Warwick | 11-15-63 | |
| 35 | Peter Lalich | W. Springfield v. South Co. | 11-10-06 | |
| 34 | Peter Lalich | W. Springfield v. Annandale | 9-16-05 | |
| 34 | Connor Reilly | W.T. Woodson v. Lake Braddock | 9-11-09 | |
| 33 | Brandon Corso | W.T. Woodson v. Centreville | 10-19-90 | |
| 33 | Mike Biehl | Salem-VB v. Princess Anne | 9-28-01 | |
| 33 | Justin Mitchell | Northumberland v. W&L | 10-22-04 | |
| 33 | Jordan Talbott | Jams River (B) v. Buffalo Gap | 10-2-09 | |

PASSING TOUCHDOWNS

| | | | |
|---------------|-----------------|------------------|------------|
| Career | | | |
| 119 | Philip Sims | Oscar Smith | ended 2009 |
| 112 | Adam Morgan | Dinwiddie | ended 2008 |
| 105 | Vicqual Hall | Gretna | ended 2004 |
| 89 | Ronald Curry | Hampton | ended 1997 |
| 87 | Jason Compton | Haysi | ended 1995 |
| 84 | Casey Turner | Great Bridge | ended 2007 |
| 78 | Aaron Sparrow | Woodrow Wilson | ended 1990 |
| 78 | Shea Boyd | William Campbell | ended 2002 |
| 75 | Ryan Pond | Western Branch | ended 2003 |
| 73 | Aaron Alexander | Henrico | ended 2000 |

| | | | | |
|---------------|-----------------|---------------|--------|------|
| Season | | | | |
| 48 | Adam Morgan | Dinwiddie | 14 gms | 2008 |
| 46 | Terry Mitchell | Landstown | 14 gms | 2003 |
| 43 | Aaron Alexander | Henrico | 14 gms | 1999 |
| 41 | Lyndon Garner | Essex | 14 gms | 2009 |
| 40 | Donny Kirby | Landstown | 14 gms | 2005 |
| 39 | Vicqual Hall | Gretna | 14 gms | 2004 |
| 38 | Brian Partlow | Handley | 14 gms | 1994 |
| 38 | Philip Sims | Oscar Smith | 15 gms | 2008 |
| 37 | Brad Robbins | Powell Valley | 14 gms | 2004 |
| 36 | Ronald Curry | Hampton | 14 gms | 1996 |

Game

| | | | | |
|---|-----------------|----------------------------|----------|--|
| 9 | Jim Hogan | Newport News v. Denbigh | 11-4-66 | |
| 8 | Peter Lalich | W. Springfield v. Hayfield | 11-3-06 | |
| 8 | Nick Miller | Gretna v. Appomattox | 10-26-07 | |
| 7 | Buster O'Brien | Princess Anne vs. Warwick | 11-15-63 | |
| 7 | Bill Phiels | Great Bridge vs. Bayside | 11-12-65 | |
| 7 | Jim Hogan | Newport News vs. Ferguson | 11-11-66 | |
| 7 | Terry Gulley | Haysi vs. Pocahontas | 10-30-87 | |
| 7 | R.J. Archer | Albemarle vs. Stafford | 10-22-04 | |
| 7 | Donny Kirby | Landstown v. Frank Cox | 9-30-05 | |
| 7 | Cameron White | Norcom v. Woodrow Wilson | 11-4-05 | |
| 7 | Dominique Marsh | B.T. Washington v. Granby | 10-09-09 | |

PASS INTERCEPTIONS**Career**

| | | | |
|----|--------------|-----------------|------------|
| 47 | Ricky Bailey | Painter Central | ended 1982 |
| 45 | Steve Warren | Southampton | ended 1974 |

Season

| | | | | |
|----|------------------|-----------------|--------|------|
| 23 | Ricky Bailey | Painter Central | 13 gms | 1982 |
| 20 | Jimmy Ray Carter | Wise | 10 gms | 1960 |

Game

| | | | |
|---|----------------|---------------------------|----------|
| 5 | David Ull | Tabb vs. Bruton | 10-23-87 |
| 5 | Ron Carter | Huguenot vs. Clover Hill | 10-28-88 |
| 5 | Allen Iverson | Bethel vs. Norview | 8-30-91 |
| 5 | Derrick Gatlin | Princess Anne vs. Bayside | 11-19-99 |

RECEIVING YARDS**Career**

| | | | |
|-------|------------------|--------------------------|------------|
| 3,334 | Jeremy Gilchrist | Tallwood/Salem/Landstown | ended 2003 |
| 3,312 | Michael Partlow | Handley | ended 1994 |
| 3,017 | Charlie Carr | Princess Anne | ended 1963 |
| 2,935 | Percy Harvin | Landstown | ended 2005 |
| 2,884 | Jared White | Lord Botetourt | ended 2001 |
| 2,773 | Andy Stallings | West Springfield | ended 2008 |
| 2,728 | Tyler Bailey | Abingdon | ended 2007 |
| 2,719 | David Hearington | Hopewell | ended 2003 |
| 2,719 | Damon McDaniel | Landstown | ended 2005 |
| 2,718 | Robert Powell | Woodrow Wilson | ended 1971 |

Season

| | | | | |
|-------|------------------|-------------|--------|------|
| 1,871 | Michael Partlow | Handley | 14 gms | 1994 |
| 1,687 | Tim Smith | Oscar Smith | 15 gms | 2008 |
| 1,627 | Richard Nelson | Monticello | 14 gms | 2003 |
| 1,574 | Damon McDaniel | Landstown | 14 gms | 2005 |
| 1,547 | Brandon Turner | Gretna | 14 gms | 2003 |
| 1,536 | Danny Lieb | Monticello | 14 gms | 2007 |
| 1,456 | Jeremy Gilchrist | Landstown | 14 gms | 2003 |
| 1,371 | Todd Nolen | Hampton | 13 gms | 2004 |
| 1,356 | L.C. Baker | Armstrong | 10 gms | 2003 |
| 1,349 | David Hearington | Hopewell | 14 gms | 2003 |

Game

| | | | |
|-----|------------------|---------------------------------|----------|
| 372 | Ben Finney | Norcom vs. W. Wilson | 11-04-05 |
| 349 | Todd Harrelson | Oscar Smith vs. Westfield | 12-01-07 |
| 305 | Don Dailey | York vs. Indian River | 10-20-67 |
| 299 | Richard Nelson | Monticello vs. Poquoson | 12-8-03 |
| 293 | Jim Hepner | Central-Woodstock vs. Page Co | 11-7-69 |
| 281 | Jesse Leech | Liberty-Bealton vs. Loudoun Co | 10-25-97 |
| 276 | Shawn Scales | Woodbridge vs. S. J.-Manassas | 11-1-91 |
| 269 | Brian Awkard | Nelson County vs. Altavista | 10-2-98 |
| 266 | Thomas Fawehinmi | Falls Church v. George Marshall | 9-6-02 |
| 264 | David Cutler | Newport News vs. Ferguson | 11-12-66 |

PASS RECEIVING TOUCHDOWNS**Career**

| | | | |
|----|-----------------|-----------------------|------------|
| 46 | Michael Partlow | Handley | ended 1994 |
| 42 | Percy Harvin | Landstown | ended 2005 |
| 40 | Robert Powell | Woodrow Wilson | ended 1970 |
| 40 | Devin Smith | Washington & Lee-Mon. | ended 2004 |
| 39 | Tremayne Hill | Surry County | ended 1998 |
| 38 | Kory Bostic | Haysi | ended 1998 |
| 37 | Ronald Boone | Woodrow Wilson | ended 1991 |

| | | | |
|----|----------------|-----------|------------|
| 37 | Terrell White | Dinwiddie | ended 2008 |
| 36 | Damon McDaniel | Landstown | ended 2005 |
| 35 | David Terrell | Huguenot | ended 1997 |

Season

| | | | | |
|----|------------------|----------------|--------|------|
| 25 | Michael Partlow | Handley | 14 gms | 1994 |
| 24 | Tim Smith | Oscar Smith | 15 gms | 2008 |
| 22 | Damon McDaniel | Landstown | 14 gms | 2005 |
| 19 | Michael Partlow | Handley | 13 gms | 1993 |
| 19 | Ahmad Hawkins | Hampton | 14 gms | 1996 |
| 19 | Tremayne Hill | Surry County | 14 gms | 1997 |
| 19 | T.J. Minor | Orange | 10 gms | 2005 |
| 19 | Ryan Moody | Stone Bridge | 15 gms | 2007 |
| 18 | Darrell Schrock | Appomattox Co. | 12 gms | 1978 |
| 18 | Anthony Hansom | Henrico | 14 gms | 1999 |
| 18 | Jeremy Gilchrist | Landstown | 14 gms | 2003 |
| 18 | Richard Nelson | Monticello | 14 gms | 2003 |

Game

| | | | |
|---|-----------------|-----------------------------|----------|
| 6 | Eric Robertson | Albemarle v. Stafford | 10-22-04 |
| 5 | Amos Dickinson | Cape Charles v. Northampton | 11-23-50 |
| 5 | Charlie Carr | Princess Anne v. Warwick | 11-15-63 |
| 5 | Jim Hepner | Central-W. v. Page County | 11-7-69 |
| 5 | Jason Sartin | Coeburn v. Abingdon | 9-15-95 |
| 5 | Carlos Wade | Laurel Park vs. Dan River | 10-3-03 |
| 5 | Ben Finney | Norcom v. Woodrow Wilson | 11-4-05 |
| 5 | Jermard Colston | B.T. Washington v. Granby | 10-9-09 |

RECEPTIONS**Career**

| | | | |
|-----|------------------|--------------------------|------------|
| 227 | Jared White | Lord Botetourt | ended 2001 |
| 201 | Jeremy Gilchrist | Tallwood/Salem/Landstown | ended 2003 |
| 195 | Michael Partlow | Handley | ended 1994 |
| 194 | Charlie Carr | Princess Anne | ended 1963 |
| 190 | Andy Stallings | West Springfield | ended 2008 |
| 179 | Terrell White | Dinwiddie | ended 2008 |
| 173 | Percy Harvin | Landstown | ended 2005 |
| 159 | Damon McDaniel | Landstown | ended 2005 |
| 157 | David Hearington | Hopewell | ended 2003 |
| 150 | Steve Warren | Southampton | ended 1974 |

Season

| | | | | |
|----|------------------|----------------|--------|------|
| 96 | Michael Partlow | Handley | 14 gms | 1994 |
| 92 | Damon McDaniel | Landstown | 14 gms | 2005 |
| 90 | Richard Nelson | Monticello | 14 gms | 2003 |
| 89 | Charlie Carr | Princess Anne | 10 gms | 1963 |
| 87 | Jeremy Gilchrist | Landstown | 14 gms | 2003 |
| 83 | Jared White | Lord Botetourt | 10 gms | 2001 |
| 83 | Josh Baldwin | North Stafford | 11 gms | 2001 |
| 83 | Carlos Wade | Laurel Park | 10 gms | 2003 |
| 83 | Brandon Turner | Gretna | 14 gms | 2003 |
| 83 | Danny Lieb | Monticello | 14 gms | 2007 |

Game

| | | | |
|----|-------------------|------------------------------|----------|
| 20 | Allen (AJ) Fernow | Mountain View vs. Massaponax | 11-9-07 |
| 19 | Ben Finney | Norcom vs. W. Wilson | 11-4-05 |
| 17 | Charlie Carr | Princess Anne vs. Warwick | 11-15-63 |
| 17 | Pete Johnson | Groveton vs. T.C. Williams | 10-7-83 |
| 17 | Mark Harrison | Saint Paul vs. J.J. Kelly | 9-25-92 |
| 16 | Darius Sanford | Fauquier vs. James Wood | 10-25-09 |
| 15 | Joe Webber | Jamestown vs. Lafayette | 11-06-98 |
| 15 | Michael Gabrielle | T.C. Williams vs. Annandale | 10-2-99 |

| | | | |
|----|----------------|-------------------------------|----------|
| 15 | Josh Baldwin | North Stafford vs. Brooke Pt. | 10-26-01 |
| 15 | Ben Finney | Norcom v. Norview | 9-30-05 |
| 15 | Van Chew | Centreville v. Oakton | 10-9-06 |
| 15 | Todd Harrelson | Oscar Smith vs. Westfield | 12-01-07 |

FIELD GOALS

Career

| | | | |
|----|-----------------|-----------------|------------|
| 38 | Shayne Graham | Pulaski County | ended 1995 |
| 37 | Trey Mitchell | Radford | ended 2003 |
| 32 | Nic Schmitt | Salem-Salem | ended 2001 |
| 28 | Andrew Thompson | Rustburg | ended 2000 |
| 25 | Kevin Miller | Salem-Va. Beach | ended 1997 |
| 25 | Steve Finnern | Lake Braddock | ended 2000 |
| 24 | John Shelor | Salem | ended 1990 |
| 24 | Mike Greenaway | Culpeper | ended 2000 |
| 23 | Rafael Garcia | GW-Danville | ended 1992 |
| 22 | Connor Hughes | Lafayette | ended 2001 |

Season

| | | | | |
|----|------------------|------------------|--------|------|
| 20 | Trey Mitchell | Radford | 13 gms | 2003 |
| 17 | Shayne Graham | Pulaski County | 12 gms | 1995 |
| 15 | Jared Boehner | Courtland | 13 gms | 2000 |
| 15 | Nic Schmitt | Salem | 14 gms | 2000 |
| 14 | Andrew Thompson | Rustburg | 14 gms | 2000 |
| 14 | Mike Porter | Colonial Forge | 11 gms | 2002 |
| 14 | Caleb Violette | Blacksburg | 11 gms | 2007 |
| 13 | Mark Harman | Mount Vernon | 13 gms | 1979 |
| 13 | Mike Greenaway | Culpeper | 12 gms | 2000 |
| 13 | Connor Hughes | Lafayette | 14 gms | 2001 |
| 13 | Tyler Bitincourt | West Springfield | 13 gms | 2007 |

Game

| | | | |
|---|------------------|---------------------------------|---------|
| 5 | Carey Greenfield | Loudoun County v. Jefferson, WV | 8-27-99 |
| 5 | Dillon Reece | Grundy v. Twin Valley | 9-13-02 |
| 5 | Mike Porter | Colonial Forge v. Courland | 9-20-02 |
| 5 | Caleb Violette | Blacksburg v. Giles | 8-31-07 |

Longest Field Goal Made

| | | | |
|----|----------------|---------------------------|------|
| 58 | Jeff Heath | First Colonial | 1981 |
| 58 | Chris Dawson | Park View-Sterling | 1988 |
| 57 | Jarod Brown | Grafton | 2008 |
| 55 | Jason O'Dell | Martinsville | 1991 |
| 55 | Maxi Leitman | Woodrow Wilson (dropkick) | 1923 |
| 55 | Jimmy Kibble | Osborn Park (VHSL A-S gm) | 1995 |
| 55 | Shayne Graham | Pulaski County | 1995 |
| 54 | Jason O'Dell | Martinsville | 1991 |
| 54 | Shane Griffith | Grayson County | 1993 |
| 54 | David Miller | Westfield | 2003 |
| 54 | Cody Journell | Giles | 2007 |

EXTRA POINTS

Career:

| | | | |
|-----|---------------|-------------|------------|
| 195 | Ryan Trotman | Oscar Smith | ended 2009 |
| 174 | Allen Owens | Haysi | ended 2008 |
| 173 | Connor Hughes | Lafayette | ended 2001 |

Season:

| | | | |
|----|-----------|------------------|------|
| 89 | Josh Moon | William Campbell | 2002 |
|----|-----------|------------------|------|

Consecutive:

| | | | |
|----|---------------|----------------|---------|
| 87 | Abdul Shaban | Stone Bridge | 2008-09 |
| 76 | Shayne Graham | Pulaski County | 1992-93 |

State Records

Includes records compiled in state semifinal and championship games since the inception of the championship playoffs in 1970

Team (AAA, AA, A)

Most First Downs

| | | | |
|----|------------------|-------------------|------|
| 33 | Brookville | vs. James Monroe | 2008 |
| 27 | Gate City | vs. Amherst | 1974 |
| 27 | William Campbell | vs. Appalachia | 2002 |
| 24 | Stone Bridge | vs. Potomac | 2007 |
| 24 | Amherst County | vs. Sherando | 2007 |
| 23 | E. C. Glass, | vs. Lee-Davis | 1995 |
| 23 | Hampton | vs. Patrick Henry | 1997 |
| 23 | Hopewell | vs. Stafford | 2002 |

Most Yards Rushing

| | | | |
|-----|-----------------|---------------|------|
| 559 | Amherst County | vs. Sherando | 2007 |
| 529 | Liberty-Bedford | vs. New Kent | 2002 |
| 463 | Woodbridge | vs. Lee-Davis | 1974 |
| 471 | Sussex Central | vs. Lebanon | 1991 |

Most Yards Passing

| | | | |
|-----|-------------------|-------------------|------|
| 480 | Oscar Smith | vs. Westfield | 2007 |
| 402 | Hopewell | vs. Stafford | 2002 |
| 393 | Brookville | vs. James Monroe | 2008 |
| 362 | John Handley | vs. Nottoway | 1994 |
| 341 | James Monroe | vs. Brookville | 2008 |
| 334 | Oscar Smith | vs. Osbourn | 2008 |
| 314 | Lake Braddock | vs. Battlefield | 2009 |
| 298 | Central-Lunenburg | vs. Powell Valley | 1990 |

Total Yards

| | | | |
|-----|------------------|--------------------|------|
| 687 | Hampton | vs. James Madison | 1996 |
| 615 | Gate City | vs. Amherst County | 1974 |
| 608 | Brookville | vs. James Monroe | 2008 |
| 571 | Amherst County | vs. Sherando | 2007 |
| 559 | Essex | vs. Gretna | 2008 |
| 555 | William Campbell | vs. Appalachia | 2002 |

Most Passes Attempted

| | | | |
|----|---------------|------------------|------|
| 56 | Heritage | vs. Woodbridge | 2007 |
| 46 | Dinwiddie | vs. Phoebus | 2008 |
| 45 | Brookville | vs. James Monroe | 2008 |
| 44 | Hopewell | vs. Stafford | 2002 |
| 40 | Surry County | vs. S. Jackson | 1996 |
| 40 | Floyd County | vs. Gretna | 2008 |
| 39 | Richlands | vs. Monticello | 2007 |
| 38 | Osborn | vs. Oscar Smith | 2008 |
| 38 | Lake Braddock | vs. Thomas Dale | 2009 |
| 35 | Harrisonburg | vs. Southampton | 1974 |

Most Passes Completed

| | | | |
|----|--------------|------------------|------|
| 27 | Brookville | vs. James Monroe | 2008 |
| 26 | Oscar Smith | vs. Westfield | 2007 |
| 24 | Hopewell | vs. Stafford | 2002 |
| 24 | Hermitage | vs. Woodbridge | 2007 |
| 24 | Floyd County | vs. Gretna | 2008 |
| 23 | Matoaca | vs. John Handley | 1993 |
| 22 | Richlands | vs. Sherando | 2007 |
| 21 | Harrisonburg | vs. Southampton | 1974 |
| 21 | Dinwiddie | vs. Phoebus | 2008 |
| 20 | Surry County | vs. S. Jackson | 1996 |

Most Passes Intercepted

| | | | |
|---|----------------|--------------------|------|
| 6 | Woodrow Wilson | vs. E.C. Glass | 1991 |
| 6 | James Robinson | vs. Thomas Dale | 2001 |
| 5 | Gate City | vs. Amherst County | 1974 |
| 5 | Jonesville | vs. Rural Retreat | 1988 |

Best Punt Average (5 or more/game)

| | | | |
|--------|----------------|----------------------|------|
| 6/46.0 | Madison County | vs. New Kent | 1971 |
| 6/43.6 | Annandale | vs. Highland Springs | 1978 |
| 5/43.0 | Amherst County | vs. Gate City | 1974 |

Most Points Scored

| | | | |
|----|------------|-------------------|------|
| 76 | Hampton | vs. James Madison | 1996 |
| 72 | Appalachia | vs. Middlesex | 1994 |
| 71 | Gate City | vs. Amherst Co. | 1974 |

Biggest Margin of Victory

| | | | |
|----|----------------------|---------------------|------|
| 70 | Madison County, 70 | vs. Parksley, 0 | 1973 |
| 70 | William Campbell, 70 | vs. Appalachia, 0 | 2002 |
| 62 | Hampton, 76 | vs. J. Madison, 14 | 1996 |
| 53 | Gate City, 71 | vs. Amherst Co., 18 | 1974 |
| 52 | Gretna, 52 | vs. Gate City, 0 | 2007 |

Individual (AAA, AA, A)**Most Carries**

| | | | |
|--------|---------------------------------|------------------|------|
| 47/191 | Marcus Harris, Stone Bridge | vs. Phoebus | 2009 |
| 46/229 | Brannon Breeding, Richlands | vs. Salem | 1992 |
| 45/285 | Shane Gibson, Appalachia | vs. Bath County | 1989 |
| 35/249 | De' Antwan Williams, Woodbridge | vs. Heritage | 2007 |
| 33/170 | Takeem Hedgeman | vs. Richlands | 2007 |
| 32/217 | Pickle Nickols, Buffalo Gap | vs. Clintwood | 2007 |
| 32/203 | Chris Harris, Dinwiddie | vs. West Potomac | 2000 |
| 32/110 | Kevin Morgan, Dinwiddie | vs. Lake Taylor | 1982 |

Most Rushing Yards

| | | | |
|--------|---------------------------|---------------------|------|
| 384/17 | Russell Davis, Woodbridge | vs. Lee-Davis | 1974 |
| 378/18 | Danielle Babb, Franklin | vs. J.I. Burton | 2004 |
| 311/31 | Terry Kirby, Tabb | vs. Charlottesville | 1987 |

Best Average (10 or more carries)

| | | | |
|------|---------------------------|--------------|------|
| 22.5 | Russell Davis, Woodbridge | (17 for 384) | 1974 |
| 21.3 | Mickey Rogers, Gate City | (14 for 299) | 1974 |
| 21.0 | Danielle Babb, Franklin | (18 for 378) | 2004 |

Most Passes Attempted

| | | | |
|----|--------------------------------|------------------|------|
| 56 | Ju-Ju Clayton, Hermitage | vs. Woodbridge | 2007 |
| 46 | Adam Morgan, Dinwiddie | vs. Phoebus | 2008 |
| 45 | Logan Thomas, Brookville | vs. James Monroe | 2008 |
| 44 | Lee Bujakowski, Hopewell | vs. Stafford | 2002 |
| 40 | Craig Atkins, Matoaca | vs. John Handley | 1993 |
| 40 | Jerome Haskett, Surry County | vs. S. Jackson | 1996 |
| 39 | Joel Elswick, Richlands | vs. Monticello | 2007 |
| 39 | Luke Harris, Floyd County | vs. Gretna | 2008 |
| 38 | Michael Nebrich, Lake Braddock | vs. Thomas Dale | 2009 |

Most Passes Completed

| | | | |
|----|------------------------------|------------------|------|
| 27 | Logan Thomas, Brookville | vs. James Monroe | 2008 |
| 26 | Phillip Sims, Oscar Smith | vs. Westfield | 2007 |
| 24 | Lee Bujakowski, Hopewell | vs. Stafford | 2002 |
| 24 | Ju-Ju Clayton, Hermitage | vs. Woodbridge | 2007 |
| 24 | Luke Harris, Floyd County | vs. Gretna | 2008 |
| 23 | Craig Atkins, Matoaca | vs. John Handley | 1993 |
| 22 | Joel Elswick, Richlands | vs. Sherando | 2007 |
| 21 | Adam Morgan, Dinwiddie | vs. Phoebus | 2008 |
| 20 | Jerome Haskett, Surry County | vs. S. Jackson | 1996 |

Best Passing Percentage (10 or more attempts)

| | | | |
|------|--------------------------------|-------------|------|
| .900 | Isaiah Spivey, Gate City | (9 of 10) | 2003 |
| .833 | H.T. Matthews, Graham | (15 of 18) | 2001 |
| .720 | Denny Hedspeth, First Colonial | (18 for 25) | 1989 |

Most Passing Yards

| | | | |
|-----|----------------------------------|------------------|------|
| 480 | Phillip Sims, Oscar Smith | vs. Westfield | 2007 |
| 423 | Bryn Renner, West Springfield | vs. Oakton | 2008 |
| 402 | Lee Bujakowski, Hopewell | | 2002 |
| 393 | Logan Thomas, Brookville | vs. James Monroe | 2008 |
| 362 | Brian Partlow, Handley | vs. Nottoway | 1994 |
| 341 | John Jackson, James Monroe | vs. Brookville | 2008 |
| 334 | Phillip Sims, Oscar Smith | vs. Osbourn | 2008 |
| 349 | Ju-Ju Clayton, Hermitage | vs. Woodbridge | 2007 |
| 314 | Michael Nebrich, L. Braddock | vs. Battlefield | 2009 |
| 296 | Ricky Schnepf, Central-Lunenburg | | 1990 |

Most Touchdown Passes Thrown

| | | | |
|---|--------------------------------|-------------------|------|
| 6 | Phillip Sims, Oscar Smith | vs. Osbourn | 2008 |
| 5 | John Jackson, James Monroe | vs. Brookville | 2008 |
| 4 | Brian Partlow, Handley | vs. Nottoway | 1994 |
| 4 | Rick Scnepf, Central-Lunenburg | vs. Sussex | 1989 |
| 4 | Ronald Curry, Hampton | vs. James Madison | 1996 |
| 4 | Ronald Curry, Hampton | vs. Patrick Henry | 1997 |
| 4 | Terry Mitchell, Landstown | vs. L.C. Bird | 2003 |
| 4 | Patrick Thompson, Stone Bridge | vs. Potomac | 2007 |
| 4 | Logan Thomas, Brookville | vs. James Monroe | 2008 |

Most Pass Receptions

| | | | |
|----|-------------------------------|-----------------|------|
| 15 | Todd Harrelson, Oscar Smith | vs. Westfield | 2007 |
| 11 | Steve Warren, Southampton | vs. Radford | 1972 |
| 11 | Michael Partlow, Handley | vs. Nottoway | 1994 |
| 10 | Tim Morris, Woodrow Wilson | vs. JEB Stuart | 1989 |
| 10 | Marcus Ordonez, Strasburg | vs. Appalachia | 1992 |
| 10 | Shernard Newby, Surry County | vs. S. Jackson | 1996 |
| 10 | Austin Fuller, Richlands | vs. Monticello | 2007 |
| 10 | Alec Thompson, Brookville | vs. Monroe | 2008 |
| 10 | Al Banihashemi, Lake Braddock | vs. Thomas Dale | 2009 |

Most Yards Receiving

| | | | |
|-----|-----------------------------|---------------|------|
| 354 | Todd Harrelson, Oscar Smith | vs. Westfield | 2007 |
| 224 | Tim Smith, Oscar Smith | vs. Osbourn | 2008 |

Most Touchdown Passes Caught

| | | | |
|---|-------------------------------|---------------|------|
| 4 | Tim Smith, Oscar Smith | vs. Osbourn | 2008 |
| 3 | Michael Partlow, John Handley | vs. Nottoway | 1994 |
| 3 | Ahmad Bradshaw, Graham | vs. Gretna | 2003 |
| 3 | Brandon Turner, Gretna | vs. Graham | 2003 |
| 3 | Todd Harrelson, Oscar Smith | vs. Westfield | 2007 |
| 3 | Ryan Moody, Stone Bridge | vs. Potomac | 2007 |

Most Touchdowns

| | | | |
|---|-----------------------------------|--|------|
| 7 | Cedric Peerman, William Campbell | | 2002 |
| 6 | Jasmin Glenn, Annandale | | 1994 |
| 6 | Ronald Curry, Hampton | | 1996 |
| 5 | Mickey Rogers, Gate City | | 1974 |
| 5 | Allen Pinkett, Park View-Sterling | | 1980 |
| 5 | De' Antwan Williams, Woodbridge | | 2007 |

Most Points

| | | | |
|----|-----------------------------------|--|------|
| 42 | Cedric Peerman, William Campbell | | 2002 |
| 38 | Jasmin Glenn, Annandale | | 1994 |
| 32 | Allen Pinkett, Park View-Sterling | | 1980 |

Longest Field Goal

| | | | |
|----|--------------------------|-----------------|------|
| 49 | Connor Hughes, Lafayette | vs. Pulaski Co. | 2001 |
| 44 | Sal Colangelo, Potomac | vs. Varina | 1990 |
| 37 | Brad Davis, Garden | vs. D. Mason | 1986 |

| | | | |
|---|--|------------------|------|
| 37 | Jerome Haskett, Surry | vs. S. Jackson | 1996 |
| Longest Touchdown Run | | | |
| 97 | Tim Webb, Spotsylvania | vs. Tabb | 1991 |
| 95 | Russell Davis, Woodbridge | vs. Lee-Davis | 1974 |
| 91 | Doniell Babb, Franklin | vs. J.I. Burton | 2004 |
| 85 | Ricky Bailey, Central-Painter | vs. Madison | 1982 |
| Longest Touchdown Pass | | | |
| 95 | Doug Samia to Davis Shockley, Loudoun Valley | | 1976 |
| 94 | Brad Robins to Jon Kegan, Powell Valley | | 2004 |
| 87 | Tate Gallagher to Jamane Abbitt, E.C. Glass | | 1992 |
| 86 | Tony Copenhaver to Tony Swinson, Rural Retreat | | 1988 |
| Longest Kickoff Return | | | |
| 99 | Dan Cole, John Battle | vs. Lebanon | 1985 |
| 99 | Deborus, P. Henry-Ashland | vs. Hampton | 1997 |
| 99 | Colby Godwin, Phoebus | vs. Stone Bridge | 2009 |
| 94 | Phil Rogers, Gate City | vs. James Monroe | 1970 |
| 94 | Jay Cole, Chilhowie | vs. Clintwood | 1975 |
| 85 | Alec Osborne, Clintwood | vs. Franklin | 2008 |
| Longest Interception Return | | | |
| 105 | K.C. Jones, Bath County | vs. Appalachia | 1995 |
| Best Punt Average (5 or more/game) | | | |
| 5/42.2 | David Skahn, Westfield | vs. Oscar Smith | 2007 |

Coaching Records

Career record, Active (Virginia only)

| | | | |
|-----------|---------------|-----------------------|-----------|
| 408-64-2 | Mike Smith | Hampton | 1971- |
| 302-145-4 | Phil Robbins | John Battle | 1971-76 |
| | | Christiansburg | 1978-82 |
| | | Powell Valley | 1983- |
| 264-128-2 | Tim Sarver | Bath County | 1971-73 |
| | | Osbourn | 1977-84 |
| | | Harrisonburg | 1985- |
| 262-141-4 | Roger Brookes | King William | 1973-2007 |
| | | Henrico | 2008- |
| 228-86-1 | Ray Long | Patrick Henry-Ashland | 1983- |
| 223-161-4 | David Crist | Blacksburg | 1975- |
| 220-69-0 | Jim Woodson | Powhatan | 1985- |
| 214-103-2 | James Colley | Haysi | 1981- |
| 213-88-1 | Vic Williams | Goochland | 1983-86 |
| | | Thomas Dale | 1987- |
| 201-73-1 | Bill Brown | Potomac | 1980-91 |
| | | C.D. Hylton | 1991-2001 |
| | | Colonial Forge | 2007- |

Career record, Inactive (Virginia and out of state)

| | | | |
|------------|------------------|---------------------------------|-----------|
| 315-160-9 | Norm Lineburg | William Byrd (14-15-1) | 1962-64 |
| | | Fieldale-Collinsville (18-27-2) | 1965-69 |
| | | Radford (283-118-6) | 1970-2006 |
| 309-73-3 | Chippie Chappell | Central-Lunenburg | 1976-2007 |
| 308-129-4 | Eddie Dean | Madison County | 1967-2004 |
| 302-168-7 | Glenn Proctor | Strasburg | 1964-2007 |
| 301-97-1 | Joel Hicks | West Virginia (91-28-1) | 1967-78 |
| | | Pulaski County (210-69) | 1979-02 |
| 279-120-9 | Frank Webster | Deep Creek (35-24-1) | 1961-66 |
| | | First Colonial (244-96-8) | 1967-99 |
| 271-166-7 | Gus Allen | South Carolina (206-118-5) | 1953-81 |
| | | Hermitage (65-48-2) | 1982-92 |
| 267-90-14 | Ralph Cummins | Clintwood | 1953-87 |
| 260-111-10 | Ken Brown | Mathews (6-13-3) | 1960-62 |

| | | | |
|------------|----------------|-----------------------------|-----------|
| | | Gloucester (24-21-2) | 1965-69 |
| | | Spotsylvania (70-30-4) | 1970-79 |
| | | Courtland (128-33-1) | 1980-92 |
| | | Brooke Point (32-14) | 1993-97 |
| 259-89-1 | Nick Colobro | Tazewell | 1980-82 |
| | | Gate City | 1983- |
| 255-88-2 | Steve Ragsdale | Giles | 1978-2007 |
| 251-114-27 | Ralph Gahagan | South Carolina (54-25-6) | 1952-60 |
| | | Woodrow Wilson (80-27-7) | 1961-71 |
| | | Princess Anne (40-26-4) | 1972-78 |
| | | Kempsville (77-36-4) | 1979-89 |
| 246-88-4 | Willis White | Fort Chiswell (9-21) | 1966-68 |
| | | Patrick Henry-R. (36-16-1) | 1978-82 |
| | | Salem-Salem (201-51-3) | 1983-2003 |
| 244-119-1 | Glynn Carlock | Graham | 1973-2004 |
| 243-73-8 | Red Caughron | James Wood (4-5) | 1950 |
| | | Hammond (28-10-2) | 1956-59 |
| | | Woodberry Forest (211-58-6) | 1960-90 |
| 243-76-1 | Bill Dee | Southampton | 1981-84 |
| | | Phoebus | 1985-2008 |
| 237-80-9 | Harry Fry | St. Charles (0-9) | 1949 |
| | | Gate City (34-22-3) | 1953-58 |
| | | Saltville (7-2-1) | 1959 |
| | | Gate City (196-47-5) | 1960-82 |
| 237-117-18 | Thad Madden | Huntington (203-53-16) | 1943-70 |
| | | Warwick (34-64-2) | 1971-80 |
| 229-171-13 | Jim Hickam | Pulaski (45-27-7) | 1966-72 |
| | | Northside (184-144-6) | 1974-2005 |
| 224-105-11 | Pete Brewbaker | William Fleming (3-10-3) | 1936-37 |
| | | Lexington (26-4-1) | 1938-41 |
| | | Lexington (195-91-7) | 1946-76 |
| 216-122-4 | Charlie Hovis | York (33-37-2) | 1969-75 |
| | | Tabb (185-85-2) | 1980-2003 |
| 205-106-4 | Tom Turner | Appalachia | 1980-2005 |
| 203-86-0 | Taylor Edwards | Martinsville | 1982-2006 |

BOYS GOLF

Team Champions

(champion, runner-up)
(*indicates play-off)

AAA

| | | | | |
|------|-------------------|-------|-----------------------|-----|
| 2009 | Westfield | 617 | James Madison | 628 |
| 2008 | James River-Mid. | 606 | Floyd Kellam | 612 |
| 2007 | Frank W. Cox | 594 | Chantilly | 599 |
| 2006 | Frank W. Cox | 584 | Deep Run | 604 |
| 2005 | Deep Run | 587 | Westfield | 606 |
| 2004 | Deep Run | 608, | Lloyd Bird | 622 |
| 2003 | Deep Run | 648, | Westfield | 659 |
| 2002 | Western Branch | 588, | Clover Hill | 594 |
| 2001 | Langley | 635, | Floyd Kellam | 638 |
| 2000 | Frank Cox | 623, | Floyd Kellam | 631 |
| 1999 | Frank Cox | 640, | Franklin County | 645 |
| 1998 | Great Bridge | 630, | Cave Spring | 635 |
| 1997 | Mills Godwin | 611, | C.D. Hyton | 612 |
| 1996 | Mills Godwin | 619, | C.D. Hylton | 630 |
| 1995 | Mills Godwin | 643, | Frank Cox | 648 |
| 1994 | Mills Godwin | 619, | Frank Cox | 620 |
| 1993 | Great Bridge | 611, | Frank Cox | 643 |
| 1992 | James Madison | 661, | Great Bridge | 663 |
| 1991 | Great Bridge | 616, | Frank Cox | 625 |
| 1990 | James Madison | *645, | Fairfax | 645 |
| 1989 | Frank Cox | 618, | James Madison | 623 |
| 1988 | E.C. Glass | 621, | First Colonial | 646 |
| 1987 | E.C. Glass | 622, | First Colonial | 639 |
| 1986 | E.C. Glass | 629, | West Springfield | 640 |
| 1985 | Oakton | 631, | First Colonial | 633 |
| 1984 | Langley | 632, | Douglas Freeman | 644 |
| 1983 | Langley | 642, | Oakton | 651 |
| 1982 | Salem-Salem | 620, | Langley | 632 |
| 1981 | Manor | 597, | Salem-Salem | 614 |
| 1980 | Annandale | 618, | Patrick Henry-Ashland | 645 |
| 1979 | Manor | 618, | James Robinson | 634 |
| 1978 | West Springfield | 605, | Princess Anne | 616 |
| 1977 | Princess Anne | 633, | Salem-Salem | 635 |
| 1976 | George Washington | 667, | Meadowbrook | 676 |
| 1975 | West Springfield | 640, | Mount Vernon | 644 |
| 1974 | Albemarle | 611, | First Colonial | 616 |
| 1973 | Martinsville | 612, | Kempsville | 637 |
| 1972 | Princess Anne | 589, | J.R. Tucker | 609 |
| 1971 | Princess Anne | 641, | Floyd Kellam | 646 |
| 1970 | Fort Hunt | 620, | Martinsville | 634 |
| 1969 | Kempsville | 642, | Douglas Freeman | 651 |
| 1968 | Granby | 302, | Kempsville | 306 |
| 1967 | George Washington | 616, | Meadowbrook | 625 |
| 1966 | Meadowbrook | | | |
| 1965 | Falls Church | *645, | Churchland | 645 |
| 1964 | Churchland | 621, | Fort Hunt | 646 |
| 1963 | Douglas Freeman | 617, | Churchland | 624 |
| 1962 | J.E.B. Stuart | 635, | Annandale | 639 |

| | | | |
|------|----------------------------|----|----------------|
| 1961 | J.E.B. Stuart | | |
| 1960 | George Washington-Danville | | |
| 1959 | | | |
| 1958 | | | |
| 1957 | Warwick | | |
| 1956 | | | |
| 1955 | | | |
| 1954 | | | |
| 1953 | | | |
| 1952 | Newport News | | |
| 1951 | I Granby | II | III New Market |

AA

| | | | | |
|------|------------------------|-------|-----------------------|------|
| 2009 | Jamestown | 585 | Blackburg | 588 |
| 2008 | Blacksburg | 585 | Western Albemarle | 598 |
| 2007 | Blacksburg | 438 | Cave Spring | 470 |
| 2006 | Blacksburg | 606 | Lord Botetourt | 617 |
| 2005 | Magna Vista | 588 | Salem | 601 |
| 2004 | Western Albemarle | 618, | Salem-Salem | 634 |
| 2003 | Western Albemarle | 625, | Monticello | 626 |
| 2002 | Fort Defiance | 618, | Martinsville | 622 |
| 2001 | Potomac Falls | 599, | Jefferson Forest | *626 |
| 2000 | Abingdon | 646, | Potomac Falls | 648 |
| 1999 | Jamestown | 649, | William Byrd | 652 |
| 1998 | Sherando | 627, | Martinsville | 629 |
| 1997 | William Byrd | 634, | Salem-Salem | 663 |
| 1996 | Harrisonburg | 619, | Nottoway | 628 |
| 1995 | Northside | 622, | Harrisonburg | 629 |
| 1994 | Loudoun Valley | 643, | York | 648 |
| 1993 | Brookville | 628, | William Byrd | 639 |
| 1992 | William Byrd | 625, | Loudoun Valley | 634 |
| 1991 | Lord Botetourt | 634, | Tabb | 638 |
| 1990 | Lee | 634, | Lord Botetourt | 642 |
| 1989 | Fieldale-Collinsville | 623, | William Byrd | 642 |
| 1988 | Gloucester | 635, | Fieldale-Collinsville | 650 |
| 1987 | Gloucester | 663, | Culpeper County | 664 |
| 1986 | Marion | 633, | George Wythe | 648 |
| 1985 | Culpeper County | 323, | Mills Godwin | 329 |
| 1984 | Manchester | 640, | Mills Godwin | 644 |
| 1983 | Martinsville | 624, | Lord Botetourt | 634 |
| 1982 | Midlothian | 332, | Lord Botetourt | 333 |
| 1981 | Waynesboro | 608, | Martinsville | 614 |
| 1980 | Meadowbrook | 630, | Clover Hill | 634 |
| 1979 | Robert E. Lee-Staunton | 612, | Fieldale-Collinsville | 613 |
| 1978 | Fieldale-Collinsville | 636, | Marion | 649 |
| 1977 | Marion | 636, | Martinsville | 638 |
| 1976 | Andrew Lewis | 604, | Martinsville | 617 |
| 1975 | Lexington | 631, | Martinsville | 637 |
| 1974 | Lexington | *646, | Andrew Lewis | 646 |
| 1973 | Galax | 609, | Altavista | 619 |
| 1972 | Waynesboro | 613, | Galax | 628 |
| 1971 | Waynesboro | 668, | Virginia | 684 |
| 1970 | Bassett | 654, | Southampton | |

A

| | | | | |
|------|-----------------------|-------|-----------------------|-----|
| 2009 | Giles | 622 | Galax | 636 |
| 2008 | Galax | 646 | Giles | 658 |
| 2007 | Floyd County | 583 | Castlewood | 639 |
| 2006 | Floyd County | 661 | Stonewall Jackson-Q | 669 |
| 2005 | Randolph-Henry | 644 | Nelson County | 661 |
| 2004 | Galax | 629, | James River-Buchanan | 636 |
| 2003 | J.J. Kelly | 610, | Galax | 624 |
| 2002 | Giles | 657, | Powell Valley | 669 |
| 2001 | Floyd County | *632, | Stonewall Jackson | 632 |
| 2000 | Floyd County | *630, | Powell Valley | 630 |
| 1999 | Powell Valley | 665, | Holston | 673 |
| 1998 | Lancaster | 696, | William Monroe | 710 |
| 1997 | Stonewall Jackson-Qbg | 649, | Bath County | 661 |
| 1996 | Stonewall Jackson-Qbg | 633, | Powell Valley | 656 |
| 1995 | Stonewall Jackson-Qbg | 662, | Glenvar | 682 |
| 1994 | Glenvar | 619, | William Monroe | 629 |
| 1993 | Glenvar | 634, | William Monroe | 639 |
| 1992 | William Monroe | 637, | West Point | 656 |
| 1991 | Glenvar | 618, | William Monroe | 623 |
| 1990 | William Monroe | 666, | Lexington | 673 |
| 1989 | Brentsville | 673, | West Point | 699 |
| 1988 | Galax | 668, | Brentsville | 706 |
| 1987 | Fieldale-Collinsville | 674, | Stuarts Draft | 719 |
| 1986 | Fieldale-Collinsville | 645, | Powell Valley | 666 |
| 1985 | Floyd County | 617, | Fieldale-Collinsville | 629 |
| 1984 | Stuarts Draft | 645, | Floyd County | 662 |
| 1983 | Powell Valley | 649, | Floyd County | 661 |
| 1982 | Stuarts Draft | 614, | Stonewall Jackson-Qbg | 628 |
| 1981 | Powell Valley | 651, | Stonewall Jackson-Qbg | 661 |
| 1980 | Parry McCluer | 651, | Stonewall Jackson-Qbg | 669 |
| 1979 | Stuarts Draft | 621, | Parry McCluer | 629 |
| 1978 | Stonewall Jackson-Qbg | 632, | Stuarts Draft | 673 |
| 1977 | Montevideo | 659, | Independence | 667 |
| 1976 | Independence | *650, | R.B. Worthy | 650 |
| 1975 | Independence | 674, | Montevideo | 707 |
| 1974 | Stonewall Jackson-Qbg | 613, | Fort Defiance | 660 |
| 1973 | Stonewall Jackson-Qbg | 628, | R.B. Worthy | 633 |
| 1972 | Powell Valley | 670, | Stonewall Jackson-Qbg | 709 |
| 1971 | Stonewall Jackson-Qbg | 688, | Powell Valley | 738 |
| 1970 | Stonewall Jackson-Qbg | 655, | R.B. Worthy | 694 |

Unclassified

| | | | | |
|------|-----------------------|-------|-----------------------|-----|
| 1969 | Stonewall Jackson-Qbg | *605, | Galax | 605 |
| 1968 | Blacksburg | 596, | Stonewall Jackson-Qbg | 618 |
| 1967 | Lexington | 601, | Liberty | 606 |
| 1966 | Waynesboro | 650, | Valley | 681 |
| 1965 | Waynesboro | 645, | Handley | 647 |
| 1964 | Cave Spring | 638, | Giles | 654 |
| 1963 | Virginia Beach | 640, | Giles | 653 |

Individual Champions

(champion, runner-up)

AAA

| | | | | |
|------|-------------------------------|-----|--------------------------|-----|
| 2009 | Andrew Lister, Battlefield | 148 | Chris Valianos, Cox | 149 |
| 2008 | Brinson Paolini, Frank W. Cox | 141 | Matt Sizemore, Freeman | 143 |
| 2007 | Danny Kim, Oakton | 139 | Nick Austin, James River | 140 |
| 2006 | Brinson Paolini, Frank W. Cox | 138 | Nick Austin, James River | 140 |

| | | | | |
|------|-------------------------------|-------|-------------------------------|------|
| 2005 | Joe Monte, Chantilly | 142 | Daniel Bacon, Deep Run | 144 |
| 2004 | Daniel Kefale, Osbourn Park | 144; | Matt Watson, West. Branch | 145 |
| 2003 | George Soongnarata, L.C.Bird | 154; | Chris McCartin, Yorktown | 154 |
| 2002 | Jenny Suh, Chantilly, | 138; | Matt Watson, West. Branch, | 139 |
| 2001 | Alex Brown, L.C. Bird | *146; | Jackie Beers, Monacan | *146 |
| 2000 | Patrick Hummel, Floyd Kellam | 144; | Mauel Raparaz, Lakeland | 147 |
| 1999 | Matt Chandler, Franklin Co. | 147; | Steve Jenkins, Fairfax | 148 |
| 1998 | Pat McDuff, Great Bridge | 149; | Spence Andrews, Hermtge | 151 |
| 1997 | Steve Marino, W. T. Woodson | 141; | Ryan Stinnett, Amherst Co | 143 |
| 1996 | Matt Krauss, C. D. Hylton | 147; | Kevin Miller, Salem-V.B. | 147 |
| 1995 | Troy Cummings, Frank Cox | 156; | Mitch Begun, M. Godwin | 157 |
| 1994 | Matt Paulson, Frank Cox | 144; | Chad Moseley, Jms Mdsn | 145 |
| 1993 | Conlin Giles, Maury | 147; | Kennis Sigmon, Grt Bridge | 148 |
| 1992 | Jason Pool, Langley | 153; | Ed Kurziel, Salem-V.B. | 156 |
| 1991 | Matt Dilday, Meadowbrook | 147; | Curtis Deal, Great Bridge, | 147 |
| 1990 | Curtis Deal, Great Bridge | 149; | Troy Ferris, Frank Cox, | 152 |
| 1989 | Brett Pendergast, Bayside | 145; | Troy Thompson, J. Mdsn | 147 |
| 1988 | Carl Paulson, First Colonial | 147; | Tray Petty, E.C. Glass, | 148 |
| 1987 | J.J. Serrao, First Colonial | 151; | Tom Graziano, Clover Hill, | 151 |
| 1986 | Fred Widicus, Th. Jefferson | 150; | Chris Graves, D. Freeman, | 152 |
| 1985 | Chris Turner, Oakton | 151; | Steve Serrao, First Colonial | 153 |
| 1984 | Bobby Sullivan, James Rbnsn | 152; | Doug Brown, Langley, | 152 |
| 1983 | Peter Costolanski, Langley | 153; | Peter King, Princess Anne, | 153 |
| 1982 | Kevin Wirt, Salem-Salem | 144; | Miller Baber, P.H.-Roanke | 147 |
| 1981 | Brian Lehnhard, St. Jackson-M | 142; | David Bell , Albemarle, | 143 |
| 1980 | John Haddock, Annandale | 146; | William Baker, Hampton, | 149 |
| 1979 | Jake Allison, Northside | 145; | Chuck Tickle, Pulaski Co., | 146 |
| 1978 | Keith Myers, Cave Spring | 144; | Steve Caldwell, Salem-VB | 145 |
| 1977 | Tony Deluca, Oakton | 147; | Dave Tolley, Northside, | 149 |
| 1976 | Steve Liebler, Churchland | 151; | David Craig, G.Washington | 154 |
| 1975 | Mark Lawrence, Henrico | 141; | John Saunders, Lake Taylor | 147 |
| 1974 | Richard Tucker, Princess Anne | 144; | Wayne DeFrancesco, Langley | 145 |
| 1973 | Eric Smith, Martinsville | 145; | Bill Sibbick, Martinsville | 151 |
| 1972 | Richard Tucker, Princess Anne | 145; | Nolan Fine, Maury, | 146 |
| 1971 | Bill Sibbick, Martinsville | 148; | Marty O'Rear, Fairfax, | 151 |
| 1970 | Skeeter Heath, Bethel | 143; | Pat Healy, James Madison, | 146 |
| 1969 | Rick Smith, Kempsville | 147; | Charles Baskerville, Halfx Co | 152 |
| 1968 | George Fischer, Granby | | | |
| 1967 | Bobby Wadkins, Meadowbrook | 145; | Ricky Smith, Kempsville, | 147 |
| 1966 | | | | |
| 1965 | Jay Jennison, Granby, | 147; | Archie McDowell, Va Bch, | 148 |
| 1964 | J.P. Leigh, Churchland | 144; | Jay Jennison, Granby, | 147 |
| 1963 | J.P. Leigh, Churchland | | Ricky Napier, D. Freeman | |
| 1962 | Gary Klahn, Annandale | | Mike Wynn, Churchland | |
| 1961 | Mike Wynn, Churchland | | Phil Hargis, Falls Church | |

AA

| | | | | |
|------|--------------------------------|------|------------------------------|------|
| 2009 | Clay O'Connor, Lord Botetourt | 138 | Hannah Pierce, King George | 140 |
| 2008 | Mikey Moyers, Wm. Monroe | 127 | Patrick Leisure, W.Albemarle | 145 |
| 2007 | Mikey Moyers, Wm. Monroe | 103 | Stewart Surratt, Hrrsnbrg | 105 |
| 2006 | Christopher Hamm, Courtland | 139 | C. Ellenbogen, Blacksburg | 140 |
| 2005 | Josh Williams, Magna Vista | 135 | Christopher Hamm, Courtland | *139 |
| 2004 | Cory Amory, West. Albemarle | 146; | Fielding Brewbaker, Salem | *150 |
| 2003 | Garrison Fowler, Jamestown | 149; | William Thompson, P.View | 149 |
| 2002 | Steven Spivey, Martinsville, | 144; | Jared Taylor, Graham, | 143 |
| 2001 | Garrett Pike, Potomac Falls, | 139; | Gus Hansborough, W.Alb., | *146 |
| 2000 | Trey Deal, Martinsville, | 150; | Garrett Pike, Potomac Falls | 151 |
| 1999 | Kenny Roseberry, Loudoun Co. | 153; | Matt Bascom, W.Albemarle | 153 |
| 1998 | Tim Pemberton, Monticello, | 150; | Mike McCool, Abington, | 151 |
| | Mike Wray, Martinsville, | 151; | Ben Morgan, Nandua, | 151 |
| 1997 | Kirk Straugen, Harrisonburg, | 153; | Brent Holsinger, Hrrsnbrg, | 153 |
| 1996 | Mike Gooden, Robert E. Lee-Stn | 144; | Cameron Yancey, Nottoway, | 145 |
| 1995 | Mike Gooden, Robert E. Lee-Stn | 144; | Justin Young, Northside, | 149 |
| 1994 | Chip Glover, Fort Defiance, | 146; | Rob Warren, Handley, | 147 |

1993 Chip Glover, Fort Defiance, 146; Faber Jamerson, Appomattox 148
 1992 Ryan Ketron, William Byrd, 144; D.P. Seal, Louisa County, 149
 1991 Mike Kuhns, Tabb, 150;
 1990 Mike Griffin, Lord Botetourt, 149; Nathan Reid, Bluestone 150
 1989 Craig Merrill, Poquoson, 148; Robert Teagle, Gloucester 153
 1988 Chris Green, Harrisonburg, 145; Danny Holley, Chatham, 153
 1987 Ross Cash, James Monroe, 151; Travis Wolfe, Abingdon, 152
 1986 Chad Bales, Marion, 150; Kenneth George, Spotswood, 151
 1985 Mat Mankin, Lord Botetourt, 73; Tom Brittain, Tazewell, 74
 1984 Jeff Sprinkle, William Byrd, 152; Chris Quick, Mills Godwin, 153
 1983 Sean Ginger, Covington 147; Roger Hornsby, Martinsville, 148
 1982 Ron McCready, Virginia 65; Mat Mankin, Lord Botetourt 76
 1981 Mike Nichols, Marion 141; Mark Teachy, Waynesboro
 1980 Clavis Smith, Clover Hill 148; Greg Howard, Meadowbrook, 150
 1979 Bobby Clark, Floyd County 145; Mark Teachy, Waynesboro 145
 1978 Wayne Byrd, Harrisonburg 151; David Mankin, L. Botetourt, 151
 1977 Barry Pilson, Fieldale-Collinsville 149; Keith Decker, Martinsville 152
 1976 Keith Decker, Martinsville 142; Wayne Byrd, Harrisonburg, 146
 1975 David Brogan, Lexington 149; Eric Smith, Martinsville, 151
 1974 Eric Smith, Marion 147; David Brogan, Lexington 147
 1973 Archie Lemon, Alleghany 145; Mike Kinlaw, Altavista, 146
 1972 David Partridge, Waynesboro 143; Harold Boone, Warren Co, 148
 1971 David Partridge, Waynesboro 156; Greg Osborne, Blacksburg, 156
 1970 Greg Osborne, Blacksburg 150; David Partridge, Waynesboro 152

A

2009 Zeke Shaffer, Radford 143 Korey Watts, J. River-B 148
 2008 Zach Hall, Northumberland 149 Rick O'Connell, Goochland 149
 2007 Jessica Hollandsworth, Floyd Co. 138 Michael Wade, Floyd Co. 145
 2006 Marshall Bailey, James River 142 Ross Sumner, Northumberland 152
 2005 Sam Bryant, Galax 142 Jacob Singleton, Wm Campbell 148
 2004 Jessica Hollandsworth, Floyd Co. 141; Jacob Singleton, Wm. Campbell *144
 2003 Chris Dillow, Bland Co. 145; Bryan Bentley, J.J. Kelly 146
 2002 Diana Meza, Goochland, 151; Hampton Ballard, Giles, 155
 2001 John Ritchey, Buffalo Gap 138; Matthew Smith, Holston 141
 2000 *Chase Kress & Barron Davis, Powell Valley 149
 1999 Aaron Summers, Floyd Co. 149; Chase Kress, Powell Valley 151
 1998 Barry Londeree, Buffalo Gap 150; Jay Woodson, Powhatan, 156
 1997 Eric Hooke, 147; Troy Copenhaver, St Jackson-Q 151
 1996 Troy Copenhaver, S Jackson-Q 144; Eric Hooke, Highland, 148
 1995 Eric Hooke, Highland, 146; Tommy Lesperance, Glenvar 151
 1994 Troy Thorne, Rapp. Co 145; Bill Donathan, Wm Monroe, 147
 1993 Paul Necessary, Pow'l Vall 144; Troy Thorne, Rappahnnck Co 145
 1992 Brian Vincell, Wm Monroe, 152; Nick Varney, Glenvar, 153
 1991 Adam Harrell, Glenvar; Brian Vincell, Wm Monroe 147
 1990 Scott Reynolds Lexington 146; Darin Snoots, Brentsville Dist 149
 1989 Tom McManus, Brentsvl 156; Frank Davis, Central, 156
 1988 Scott Swink, Lexington, 154; Todd Jenkins, Bath Co., 159
 1987 James Arnold, Fieldale-C 160; Susan Slaughter, Floyd Co 162
 1986 James Arnold, Fieldale-C 153; Brad Wood, Powell Valley, 154
 1985 Scott Wymer, St Jackson-Q 141; Thomas Gee, Central Senior, 145
 1984 Thomas Gee, Central, 153; Steve Upton, Essex, 153
 1983 Mark Fry, Bath County, 147; John Robinette, Powell Valley 149
 1982 Brian Barber, St Jackson-Q 146; Del Agee, Stuarts Draft 146
 1981 John Hall, Coeburn, 153; Mark Lester, Powell Valley 156
 1980 Eddie Dodson, Luray, 151; David Burks, J.I. Burton, 156
 1979 Greg Fry, Bath Co, 145; Matt Moyers, St Jackson-Qk 146
 1978 Kevin Craig, Wilson Mem 146; Fred Stone, Stuarts Draft 147
 1977 Doug Bryant, Independence 156; Will Patterson, Independence, 159
 1976 Mike Ligon, Cent-Victoria 151; Doug Bryant, Independence 151
 1975 Doug Bryant, Independence, 156; Gary Bolt, Independence, 160
 1974 Mike Moyers, St Jackson-Q 136; Tim McAfee, J.I. Burton, 145
 1973 Steve Johnson, R.B. Worthy 144; Tim McAfee, J.I. Burton, 148

1972 Steve Johnson, R.B. Worthy 149; Bill Sergeant, Powell Valley, 153
 1971 Greg Bruce, St Jackson-Q 163; Doug Click, St Jackson-Qkb 165
 1970 Mike Cummings, King George 153; D.L. Moyer, St Jackson-Qkb 161

Unclassified

1969 William Gibbs, Glenvar 142; Van McCarter, Galax, 143
 1968 Marc Long, Blacksburg 134; D.L. Moyers, St Jackson-Q 137
 1967 David Howard, Liberty 137; John Kirkham, Culpeper, 139
 1966 Richard Henkel, Waynesboro, 151; Nelson Long, Valley, 155
 1965 Rick Ferguson, Waynesboro, 150; Park Plumly, Handley, 151
 1964 Lanny Wadkins, Meadowbrook 149; Richard Ewers, Brookville, 150
 1963 Leslie Watson, Virginia Beach; Zach Clement, Virginia Beach

Team/Individual

1955

Class A: Jefferson Senior, Roanoke George Kosko, Jefferson Senior
 1954

Class A: Jefferson Senior, Roanoke
 1941

Class A: Newport News 730; George Payton, Newport News, 145
 Class B: Morrison 630; individual: not available
 Class C: Valley-Hot Springs 713; individual: not available

1940

Class A: Jefferson Senior 647; Andrew Robertson, Jefferson Sr, 152
 Class B: Morrison 713; Ernie Jones, Glen Allen, 157
 Class C: Valley-Hot Springs 732; Lawrence Sullivan, Blackstone 168

1939

Class A: Maury-Norfolk 658; Fenner Satchwell, Maury, 141
 Class B: Morrison 647; Jack Hamilton, Morrison, 157
 Class C: Dumbarton 761; Chas. Neidemeyer, Dumbarton, 171

1938

Class A: Jefferson Senior *625; James Beckner, Jefferson Sr., *145
 Class B: Morrison 657; Jack Hamilton, Morrison, 157
 Class C: Dumbarton 722; Margaret Bundick, Accomac, 169

1937

Class A: Newport News, 641; Paul Irwin, John Marshall, 149
 Class B: Morrison 694; Jack Hamilton, Morrison, 165
 Class C: none John Allen, Cape Charles, 161

1936

Class A: T. J.-Richmond 590; Clarke Lea, T. J.-Richmond, 139

1935

Class A: Andrew Lewis-Salem 675; Harold Huffman, Andrew Lewis 156

1934

Class A: Jefferson Senior 655; Peyton Bowling, Jefferson Sr, 156

1933

Class A: Jefferson Senior 621; Peyton Bowling, Jefferson Sr., 150

1932

Class A: Jefferson Senior 622; Chandler Harper, Woodrow Wilson 150

Team Records

State championships:

9 Stonewall Jackson 1969-71, 1973-74, 1978, 1995-97

Consecutive championships:

| | | |
|---|------------------------|------------------------------|
| 5 | Morrison | 1937, 1938, 1939, 1940, 1941 |
| 4 | Mills Godwin | 1994-97 |
| 3 | Jefferson Senior-Roan. | 1932-34 |
| 3 | Stonewall Jackson (Q) | 1969-71, 1995-97 |
| 3 | E.C. Glass | 1986-88 |
| 3 | Western Albemarle | 2002-04 |
| 3 | Deep Run | 2003-05 |
| 3 | Blacksburg | 2006-08 |

Lowest team score:

| | | | |
|-----|----------------|----------------------------------|------|
| 584 | Frank W. Cox | course-Bide-A-Wee, Portsmouth | 2006 |
| 585 | Blacksburg | course-Old Trail G.C.-Crozet | 2008 |
| 585 | Jamestown | course-Williamsburg National G.C | 2009 |
| 588 | Magna Vista | course:Fincastle Country Club | 2005 |
| 588 | Western Branch | course: Elizabeth Manor C.C. | 2002 |
| 588 | Blacksburg | course-Williamsburg National G.C | 2009 |
| 589 | Princess Anne | course: Norfolk's Lake Wright | 1972 |

Individual Records**Lowest individual score:**

| | | | |
|-----|---------------|--------------------------------|------|
| 127 | Mikey Moyers, | William Monore | 2008 |
| | | course: Old Trail G.C.-Crozet | |
| 134 | Marc Long, | Blacksburg, | 1968 |
| | | course: New Market's Shenvalee | |

Coaching Records**Most Coaching Wins:**

| | | | |
|-----|-----------------|-------------------------------|---------|
| 473 | Jerry Slaughter | Fieldale-Collinsville | 1976-03 |
| | (active) | | |
| 458 | Leo Anthony | Princess Annd, First Colonial | |

Girls Golf

Individual Champions

(champion, runner-up)

Unclassified

| | | | | |
|------|----------------------------------|-----|--------------------------------|-----|
| 2009 | Amanda Steinhagen, Oakton | 138 | Lauren Coughlan, Hickory | 149 |
| 2008 | Brigitte Baker, Langley | 151 | Hannah Pierce, King Geo. | 151 |
| 2007 | Amanda Steinhagen, Oakton | 144 | Lauren Greenlief, Oakton | 148 |
| 2006 | Courtney Ellenbogen, B'burg | 147 | Kameron Carter, Bassett | 153 |
| 2005 | Jessica Hollandsworth, Floyd Co. | 143 | Whitney Neuhauser, Monticello, | 144 |
| 2004 | Sara Hurwitch, Dominion | 145 | Christie Appleton, G. Bridge, | 146 |
| 2003 | Misha Harvey, J. Forest | 150 | Christie Appleton, G. Bridge, | 152 |
| 2002 | Jenny Suh, Chantilly | 147 | Sara Hurwitch, Potomac F'ls, | 159 |

Lowest individual score:

| | | | |
|-----|-----------------------|--------------|------|
| 138 | Amanda Steinhagen | Oakton | 2009 |
| 143 | Jessica Hollandsworth | Floyd County | 2005 |
| 144 | Whitney Neuhauser | Monticello | 2005 |
| 144 | Amanda Steinhagen | Oakton | 2007 |
| 145 | Sara Hurwitch | Dominion | 2004 |

BOYS GYMNASTICS

Team Champions

(champion, runner-up)

| | | | | |
|------|----------------|---------|----------------|--------|
| 1985 | Annandale | 130.50, | Clover Hill | 125.85 |
| 1984 | Clover Hill | 130.15, | South Lakes | 129.90 |
| 1983 | South Lakes | 124.63, | Monacan | 117.80 |
| 1982 | South Lakes | 149.77, | James Robinson | 124.18 |
| 1981 | Monacan | 141.88, | South Lakes | 140.60 |
| 1980 | Hayfield | 122.17, | South Lakes | 116.34 |
| 1979 | | | | |
| 1978 | Hayfield | 132.51, | Herndon | 125.48 |
| 1977 | Herndon | 142.52, | Hayfield | 134.13 |
| 1976 | Manchester | 120.74, | Herndon | 113.75 |
| 1975 | Manchester | 132.05, | Herndon | 114.86 |
| 1974 | Manchester | 108.51, | James Robinson | 99.42 |
| 1973 | Yorktown | 115.61, | James Robinson | 114.85 |
| 1972 | Yorktown | , | Washington-Lee | |
| 1971 | Washington-Lee | , | Yorktown | |
| 1970 | Yorktown | 119.00, | Wakefield | 111.65 |
| 1969 | | | | |
| 1968 | Yorktown | 109.5, | Wakefield | 100.00 |
| 1967 | Yorktown | 227.00, | Floyd Kellam | 93.00 |
| 1966 | Wakefield | 259.00, | Yorktown | 133.50 |
| 1965 | Yorktown | 224.50, | Wakefield | 206.00 |
| 1964 | Yorktown | 236.00, | Wakefield | 135.00 |
| 1963 | Yorktown | 243.00, | Wakefield | 87.00 |

Individual Champions

(score, champion)

All-Around

| | | | |
|------|-------|------------------|----------------|
| 1985 | 47.80 | Bobby Brankley | Clover Hill |
| 1984 | | Ray Quintavell | South Lakes |
| 1983 | 8.30 | David Zeddies | Monacan |
| 1982 | 9.1 | Wes Suter | South Lakes |
| 1981 | 8.95 | Wes Suter | South Lakes |
| 1980 | | Wes Suter | South Lakes |
| 1979 | | | |
| 1978 | 8.08 | Ted Brewer | Herndon |
| 1977 | 8.62 | Scott Sanders | Herndon |
| 1976 | | Steve Willard | Manchester |
| 1975 | | Mason Tokarz | Manchester |
| 1974 | | Mason Tokarz, | Manchester |
| 1973 | | Richard Kellett, | James Robinson |
| 1972 | | Jeff Jameson, | Yorktown |
| 1971 | | Billy Fox, | Washington-Lee |
| 1970 | | Larry Jozwick, | Yorktown |
| 1969 | | | |
| 1968 | | Bill Gorry, | Yorktown |
| 1967 | | Stewart Weisner, | Yorktown |
| 1966 | | Al Gatti, | Wakefield |
| 1965 | | Gary Woffinden | Yorktown |
| 1964 | | Alan Jones | Yorktown |
| 1963 | | Randy Stark | Yorktown |

Horizontal Bar:

| | | | |
|------|------|------------------|---------------|
| 1985 | 8:15 | Tim Mullins, | Clover Hill |
| | | Bobby Brankley | Clover Hill |
| 1984 | | Ray Quintavell | South Lakes |
| 1983 | | Matt Rhodes | Thomas Edison |
| | | Dwayne Zeddies | Monacan |
| 1982 | | Wes Suter | South Lakes |
| 1981 | | Wes Suter | South Lakes |
| 1980 | | Kenny Cook | Monacan |
| 1979 | | | |
| 1978 | | Ted Brewer | Herndon |
| 1977 | | Scott Sanders | Herndon |
| 1976 | | Scott Sanders | Herndon |
| 1975 | | Mason Tokarz | Manchester |
| 1974 | | Mark Finley, | Herndon |
| 1973 | | | |
| 1972 | | David McIntosh, | York |
| 1971 | | Bruce Farzer, | Yorktown |
| 1970 | | Larry Jozwick | Yorktown |
| 1969 | | | |
| 1968 | | Paul Tilson, | Yorktown |
| 1967 | | Stewart Weisner, | Yorktown |
| 1966 | | Al Gatti, | Wakefield |
| 1965 | | Gary Woffinden | Yorktown |
| 1964 | | Gary Woffinden | Yorktown |
| 1963 | | Randy Stark | Yorktown |

Parallel Bars:

| | | | |
|------|------|----------------------|----------------|
| 1985 | 8.25 | Bobby Brankley | Clover Hill |
| | | Blair Marshall | Lake Braddock |
| 1984 | | Ray Quintavell | South Lakes |
| 1983 | | David Zeddies | Monacan |
| 1982 | | Wes Suter | South Lakes |
| 1981 | | Wes Suter | South Lakes |
| 1980 | | Wes Suter | South Lakes |
| 1979 | | | |
| 1978 | | Wendell Nicolas | Southampton |
| 1977 | | Scott Sanders | Herndon |
| 1976 | | Steve Willard | Manchester |
| 1975 | | Mason Tokarz | Manchester |
| 1974 | | Nick Pishvanov, | James Robinson |
| 1973 | | | |
| 1972 | | Jeff Jameson, | Yorktown |
| 1971 | | Timothy Beasley, | Wakefield |
| 1970 | | Ross Fulcher, | Kempsville |
| 1969 | | | |
| 1968 | | Stan Shackelford, | Floyd Kellam |
| 1967 | | Stewart Weisner, | Yorktown |
| 1966 | | Al Gatti, Jim Lewis, | Wakefield |
| | | and Bob Swanson, | |
| 1965 | | R. Gatti | Wakefield |
| 1964 | | Alan Jones | Yorktown |
| 1963 | | Randy Stark | Yorktown |

| | | | | | | | |
|------------------------|-------|-------------------|-------------------|--------------------|------------------|-------------------|-----------------------|
| Floor Exercise: | | | | 1977 | Scott Sanders | Herndon | |
| 1985 | 8.75 | Eric Haney | Herndon | 1976 | Steve Willard | Manchester | |
| 1984 | | Eric Haney | Herndon | 1975 | | | |
| 1983 | | Matt Rhodes | Thomas Edison | 1974 | Mark Finlay | Herndon | |
| 1982 | | Wes Suter | South Lakes | 1973 | | | |
| 1981 | | Ricky Crescini | Green Run | 1972 | Joe D'Emideo, | Yorktown | |
| 1980 | | Wes Suter | South Lakes | 1971 | Meguel Gomez, | Wakefield | |
| 1979 | | | | 1970 | Dave McKay, | Kempsville | |
| 1978 | | Ted Brewer | Herndon | 1969 | | | |
| 1977 | | Milan Stanovich | Hayfield | 1968 | Bill Gorry, | Yorktown | |
| 1976 | | Steve Willard | Manchester | | Jay Mike, | Wakefield | |
| 1975 | | Mason Tokarz | Manchester | 1967 | Stewart Weisner, | Yorktown | |
| 1974 | | Rich Archer, | Langley | 1966 | Bob Swanson | Wakefield | |
| 1973 | | | | 1965 | Stewart Weisner | Yorktown | |
| 1972 | | Jeff Jameson, | Yorktown | 1964 | Stewart Weisner | Yorktown | |
| 1971 | | Jeff Jameson, | Yorktown | 1963 | Lee Weisner | Yorktown | |
| 1970 | | Mike Smith | Yorktown | Vaulting: | | | |
| | | John Marksteiner, | Yorktown | 1985 | 9.30 | Eric Haney | Herndon |
| 1969 | | | | 1984 | | Eric Haney | Herndon |
| 1968 | | Bruce Bradshaw, | George Wythe-Rich | 1983 | | James Haskins | Thomas Dale |
| 1967 | | Paul Tilton, | Yorktown | Long Horse: | | | |
| 1966 | | Richard Taffe, | Wakefield | 1975 | | Steve Willard | Manchester |
| 1965 | | Gary Woffinden | Yorktown | 1974 | | Chris Bowling, | Manchester |
| 1964 | | Alan Jones | Yorktown | 1972 | | Jeff Jameson, | Yorktown |
| 1963 | | Willard Deal | Yorktown | 1971 | | Billy Fox, | Washington-Lee |
| | | | | 1970 | | Tim Wilson, | Wakefield |
| | | | | 1969 | | | |
| | | | | 1968 | | | |
| | | | | 1967 | | Bill Gorry, | Yorktown |
| | | | | 1966 | | Tom Clark | Wakefield |
| | | | | Trampoline: | | | |
| | | | | 1971 | | Randy Harrell, | Southampton |
| | | | | 1970 | | Mike Smith, | Yorktown |
| | | | | 1969 | | | |
| | | | | 1968 | | Stan Shackelford, | Floyd Kellam |
| | | | | 1967 | | Mike Taffe | Wakefield |
| | | | | 1966 | | Tom Clark | Wakefield |
| | | | | 1965 | | Tom Clark | Wakefield |
| | | | | 1964 | | Tom Clark | Wakefield |
| | | | | 1963 | | Davis Etalls | Thomas Jefferson-Alex |
| | | | | Tumbling: | | | |
| | | | | 1967 | | Bruce Bradshaw, | George Wythe-Rich |
| | | | | 1966 | | Al Gatti | Wakefield |
| | | | | 1965 | | Mickey Janosik | Hopewell |
| | | | | 1964 | | Monte Thomas | Hopewell |
| | | | | 1963 | | Alan Jones | Yorktown |
| | | | | Rope Climb: | | | |
| | | | | 1967 | | Stewart Weisner, | Yorktown |
| | | | | 1966 | | Al Gatti | Wakefield |
| | | | | 1965 | | Glenn Berree | Yorktown |
| | | | | 1964 | | Richard Fortney | Yorktown |
| | | | | 1963 | | Hal Weisner | Yorktown |
| | | | | | | George Winton | Wakefield |
| Pommel Horse: | | | | | | | |
| 1985 | 57.50 | Blair Marshall | Lake Braddock | | | | |
| 1984 | | Ray Quintavell | South Lakes | | | | |
| 1983 | | David Zeddies | Monacan | | | | |
| 1982 | | Wes Suter | South Lakes | | | | |
| 1981 | | Wes Suter | South Lakes | | | | |
| 1980 | | Mike Smith | Hayfield | | | | |
| 1979 | | | | | | | |
| 1978 | | Wendell Nicolas | Southampton | | | | |
| 1977 | | Scott Sanders | Herndon | | | | |
| Side Horse: | | | | | | | |
| 1976 | | Chris Bowling | Manchester | | | | |
| 1975 | | Chris Bowling | Manchester | | | | |
| 1974 | | Warren Higgins, | James Robinson | | | | |
| 1973 | | | | | | | |
| 1972 | | Tom Kamm, | Yorktown | | | | |
| 1971 | | Joseph Burt, | Washington-Lee | | | | |
| 1970 | | Kim Hickman, | Floyd Kellam | | | | |
| 1969 | | | | | | | |
| 1968 | | Oliver Coleman, | T.C. Williams | | | | |
| 1967 | | Joe Bernard, | Yorktown | | | | |
| 1966 | | Ed Johnson, | Yorktown | | | | |
| 1965 | | C. Bernard | Yorktown | | | | |
| 1964 | | Bill LaRowe | Yorktown | | | | |
| 1963 | | Bill LaRowe | Yorktown | | | | |
| Still Rings: | | | | | | | |
| 1985 | 8.75 | Bobby Brankley | Clover Hill | | | | |
| 1984 | | Jim Mullins | Clover Hill | | | | |
| 1983 | | Seth Miller | South Lakes | | | | |
| 1982 | | Wes Suter | South Lakes | | | | |
| 1981 | | Wes Suter | South Lakes | | | | |
| 1980 | | Wes Suter | South Lakes | | | | |
| 1979 | | | | | | | |
| 1978 | | Scott Sanders | Herndon | | | | |

Team and Individual Records

Most Championships:

8 Yorktown, 1963-65, 1967-68, 1970, 1972-73,

Individual Multiple Champions

| | | | |
|----|------------------|-------------|--------------|
| 15 | Wes Suter, | South Lakes | 1980-82 |
| 7 | Scott Sanders, | Herndon | 1976-77 |
| 7 | Stewart Weisner, | Yorktown | 1964-65,1967 |
| 5 | Steve Willard, | Manchester | 1975-76 |
| 5 | Mason Tokarz, | Manchester | 1974-75 |
| 5 | Jeff Jameson, | Yorktown | 1971-72 |
| 5 | Al Gatti, | Wakefield | 1966 |

GIRLS GYMNASTICS

Team Champions (champion, runner-up)

AAA

| | | | | |
|------|-------------------|---------|------------------------|---------|
| 2009 | Osborn Park | 150.900 | Floyd Kellam | 150.800 |
| 2008 | Osborn Park | 150.700 | Floyd Kellam | 149.750 |
| 2007 | Osborn Park | 150.200 | Floyd Kellam | 148.700 |
| 2006 | Floyd Kellam | 150.750 | Lake Braddock | 149.825 |
| 2005 | Stonewall Jackson | 150.025 | Lake Braddock | 147.975 |
| 2004 | Langley | 151.475 | Princess Anne | 150.375 |
| 2003 | Princess Anne | 152.12 | Frank Cox | 148.02 |
| 2002 | Princess Anne | 149.42 | Langley | 149.15 |
| 2001 | Princess Anne | 151.30 | Ocean Lakes | 148.53 |
| 2000 | Chantilly | 150.45 | Lake Braddock | 149.05 |
| 1999 | Lake Braddock | 150.425 | Stafford | 146.25 |
| 1998 | Lake Braddock | 149.70 | Oakton | 144.55 |
| 1997 | Lake Braddock | 152.45 | Frank Cox | 145.75 |
| 1996 | Lake Braddock | 147.60 | Frank Cox | 146.70 |
| 1995 | Lake Braddock | 146.05 | Frank Cox | 144.20 |
| 1994 | Floyd Kellam | 145.00 | Centreville | 142.50 |
| 1993 | Oakton | 109.55 | Centreville | 108.80 |
| 1992 | Salem-Va Beach | 112.90 | Thomas Dale | 109.05 |
| 1991 | North Stafford | 108.90 | Stafford | 106.00 |
| 1990 | North Stafford | 109.25 | West Springfield | 106.20 |
| 1989 | North Stafford | 108.05 | West Springfield | 107.45 |
| 1988 | North Stafford | 107.65 | West Springfield | 107.30 |
| 1987 | Lake Braddock | 108.95 | West Springfield | 108.35 |
| 1986 | Lake Braddock | 107.95 | Frank Cox | 107.30 |
| 1985 | Osborn Park | 106.80 | South Lakes, Frank Cox | 104.05 |
| 1984 | James Robinson | 101.95 | Lake Braddock | 100.00 |
| 1983 | Lake Braddock | 52.25 | Frank Cox | 35.80 |
| 1982 | South Lakes | 78.75 | Frank Cox | 43.68 |
| 1981 | Cave Spring | 61.35 | South Lakes | 61.05 |
| 1980 | W.T. Woodson | 67.75 | Lake Braddock | 43.80 |
| 1979 | Lake Braddock | 86.80 | W.T. Woodson | 68.35 |
| 1978 | W.T. Woodson | 119.95 | Lake Braddock | 88.35 |
| 1977 | Gar-Field | 173.60 | Lake Braddock | 141.80 |
| 1976 | Cave Spring | 146.00 | Chantilly | 137.00 |
| 1975 | Yorktown | 179.80 | Midlothian | 178.97 |
| 1974 | Midlothian | 153.95 | Yorktown | 150.55 |

“Unclassified”

| | | | | |
|------|--------------------|--------|--------------------|--------|
| 1991 | Broad Run | 101.25 | Chancellor | 96.55 |
| 1990 | Park View-Sterling | 103.35 | Broad Run | 103.20 |
| 1989 | Park View-Sterling | 104.60 | Chancellor | 95.75 |
| 1988 | Park View-Sterling | 105.05 | Broad Run | 98.90 |
| 1987 | Tabb | 99.25 | Park View-Sterling | 99.00 |
| 1986 | Courtland | 103.70 | Park View-Sterling | 101.35 |
| 1985 | Tabb | 101.65 | Courtland | 100.50 |
| 1984 | Not Available | | | |
| 1983 | Park View-Sterling | 58.50 | Franklin | 42.93 |
| 1982 | Park View-Sterling | 60.10 | Franklin | 42.90 |

| | | | | |
|------|----------|--------|--------------------|--------|
| 1981 | Franklin | 72.25 | Park View-Sterling | 66.82 |
| 1980 | Poquoson | 66.10 | Blacksburg | 59.90 |
| 1979 | Tabb | 62.95 | Osborn Park | 45.35 |
| 1978 | Osborn | 66.85 | Varina | 64.40 |
| 1977 | Varina | 145.40 | Brookville | 90.80 |
| 1976 | Varina | 106.00 | Broad Run | 99.00 |
| 1975 | Varina | 154.87 | Blacksburg | 123.60 |
| 1974 | Varina | 155.60 | Dublin | 115.03 |

Individual Champions

AAA

All Around:

| | | | |
|------|--------|---------------------|---------------------------|
| 2009 | 39.250 | Kirsten Strausbaugh | Floyd Kellam |
| 2008 | 39.300 | Kirsten Strausbaugh | Floyd Kellam |
| 2007 | 39.075 | Leslie Delima | Salem-Va Beach |
| 2006 | 39.500 | Kara Wright | First Colonial |
| 2005 | 38.950 | Kara Wright | First Colonial |
| 2004 | 38.825 | Kara Wright | First Colonial |
| 2003 | 39.325 | Kara Wright | First Colonial |
| 2002 | 39.150 | Christina Ghani | Lake Braddock |
| 2001 | 39.075 | Emma Cross | Atlee |
| | | Kelly Kello | Ocean Lakes |
| 2000 | 39.375 | Michelle Pearson | Thomas Edison |
| 1999 | 39.10 | Michelle Pearson | Thomas Edison |
| 1998 | 38.50 | Felisa Madrigal | Kempsville |
| 1997 | 39.025 | Gillian Cote | James Monroe |
| 1996 | 38.05 | Brooke Sawyer | Floyd Kellam |
| 1995 | 38.85 | Rachel Rounds | Atlee |
| 1994 | 38.20 | Katherine Creswell | Menchville |
| 1993 | 38.10 | Heather Schnelzer | Fairfax |
| 1992 | | Jennifer Thomas | Salem-Virginia Beach |
| 1991 | | Arousha Yousefi | Chantilly |
| 1990 | 36.90 | Mindy Berg | North Stafford |
| 1989 | 36.80 | Heather Lange | Cave Spring |
| 1988 | 36.65 | Christie Epperly | Cave Spring |
| 1987 | 37.40 | Sheri Susi, | West Springfield |
| 1986 | 37.10 | Lori Lebo | Floyd Kellam |
| 1985 | 36.85 | Missy Sokol | Falls Church |
| 1984 | 35.90 | Jan Foster | Robert E. Lee-Springfield |
| 1983 | 35.80 | Kim Lewis | Frank Cox |
| 1982 | 36.25 | Michele Ritenour | Stonewall Jackson |
| 1981 | 37.60 | Michele Ritenour | Stonewall Jackson |
| 1980 | 35.50 | Kathy Ripley, | Lake Braddock |
| 1979 | | Kathy Ripley | Lake Braddock |
| 1978 | 69.15 | Peggy Spicer | Gar-Field |
| 1977 | 62.75 | Teresa Karnitshenig | First Colonial |
| 1976 | 67.60 | Amy Waldron | Cave Spring |
| 1975 | 63.93 | Jan Roltsch | Gar-Field |
| 1974 | 56.35 | Jan Roltsch | Gar-Field |
| 1973 | 30.50 | Karen Zamjohn | Yorktown |
| 1972 | 22.75 | Nancy Pratt | Yorktown |
| 1971 | 28.45 | Anna Lee, | Washington-Lee |
| 1970 | 25.0 | Thanne Poth | Washington-Lee |
| 1969 | | Theresa Eppolito | Thomas Edison |

Floor:

| | | | |
|------|-------|---------------------|--------------|
| 2009 | 9.725 | Kirsten Strausbaugh | Floyd Kellam |
| | 9.725 | Katie Barton | Floyd Kellam |

| | | | | | | | |
|--------------|-------|---------------------|---------------------------|---------------|-------|---------------------|---------------------------|
| 2008 | 9.750 | Kirsten Strausbaugh | Floyd Kellam | 1989 | 9.45 | Mindy Berg | North Stafford |
| 2007 | 9.775 | Leslie Delima | Salem-Va Beach | 1988 | | Christie Epperly | Cave Spring |
| 2006 | 9.900 | Kara Wright | First Colonial | 1987 | 9.40 | Sheri Susi, | West Springfield |
| 2005 | 9.800 | Kara Wright | First Colonial | 1986 | | Cherylynn Lillvik | James Robinson |
| 2004 | 9.825 | Kara Wright | First Colonial | 1985 | 9.60 | Missy Sokol | Falls Church |
| 2003 | 9.850 | Kara Wright | First Colonial | 1984 | 9.30 | Cheri Tester | Lake Braddock |
| 2002 | 9.825 | Christina Ghani | Lake Braddock | 1983 | 9.25 | Janelle Folker | T. J.-Alexandria |
| 2001 | 9.70 | Amanda Candler | Princess Anne | 1982 | 9.45 | Maggie Eisenhower | Lake Braddock |
| 2000 | 9.85 | Whitney Cashwell | Floyd Kellam | 1981 | | Michele Ritenour | Stonewall Jackson |
| 1999 | 9.80 | Michelle Pearson | Thomas Edison | 1980 | 9.25 | Heidi Olson, | South Lakes |
| 1998 | 9.55 | Nicole Bascope | Lake Braddock | 1979 | 9.20 | Jaudon Conkwright | Frank Cox |
| 1997 | 9.80 | Gillian Cote | James Monroe and | 1978 | 18.05 | Leslie Tranchini | W.T. Woodson |
| | | Darden Wilee | Great Bridge | 1977 | 17.05 | Laura Mills | Robert E. Lee-Springfield |
| 1996 | 9.70 | Gillian Cote | James Monroe | 1976 | 17.30 | Amy Waldron | Cave Spring |
| 1995 | 9.60 | Michelle Alexander | Floyd Kellam | 1975 | 15.90 | Jan Roltsch | Gar-Field |
| | | Davinia Roberts | Salem-Virginia Beach | 1974 | 14.75 | Nancy Hester | Henrico |
| 1994 | 9.75 | Liane Williams | Bayside | 1973 | 7.70 | Sandy Conkwright | Frank Cox |
| 1993 | 9.60 | Liane Williams | Bayside | 1972 | 7.30 | Nancy Pratt | Yorktown |
| 1992 | 9.65 | Jennifer Thomas | Salem-Virginia Beach | 1971 | 7.30 | Anna Lee | Washington-Lee |
| 1991 | | Jennifer Thomas | Salem-Virginia Beach | 1970 | 6.10 | Thanne Poth | Washington-Lee |
| 1990 | 9.40 | Arousha Youseffi | Chantilly | 1969 | | Betsy East | Yorktown |
| 1989 | 9.40 | Arousha Youseffi | Chantilly | | | | |
| 1988 | 9.30 | Karen Chester | Denbigh | Beam : | | | |
| 1987 | 9.55 | Sheri Susi, | West Springfield | 2009 | 9.825 | Megan Melendez | North Stafford |
| 1986 | 9.55 | Lori Lebo | Floyd Kellam | 2008 | 9.825 | Kirsten Strausbaugh | Floyd Kellam |
| 1985 | 9.30 | Jeanne Foster | Robert E. Lee-Springfield | 2007 | 9.750 | Kirsten Strausbaugh | Floyd Kellam |
| 1984 | 9.40 | Becky Mohap | Kempsville | 2006 | 9.825 | Leslie Delima | Salem |
| 1983 | 9.30 | Kim Lewis | Frank Cox | 2005 | 9.80 | Sam Brooks | Colonial Forge |
| 1982 | 9.45 | Lori Pepple | Lake Braddock | | 9.80 | Allison Burkett | Stone Bridge |
| 1981 | | Michele Ritenour | Stonewall Jackson | 2004 | 9.90 | Kelly Seivert | Princess Anne |
| 1980 | 9.10 | Lauren Rudd, | W.T. Woodson | 2003 | 9.825 | Kara Wright | First Colonial |
| 1979 | 8.70 | Anne Czapiewski | Thomas Jefferson-Alex. | 2002 | 9.90 | Kelly Sievert | Princess Anne |
| 1978 | 18.50 | Peggy Spicer | Gar-Field | 2001 | 9.825 | Emma Cross | Atlee |
| 1977 | 16.85 | Peggy Spicer | Gar-Field | 2000 | 9.97 | Erin Pendleton | Hickory |
| 1976 | 16.85 | Amy Waldron | Cave Spring | 1999 | 9.80 | Michelle Pearson | Thomas Edison |
| 1975 | 17.04 | Beth Enderson | Hampton | 1998 | 9.80 | Felisa Madrigal | Kempsville |
| 1974 | 16.45 | Kathy Turco | Manchester | 1997 | 9.70 | Gillian Cote | James Monroe |
| 1973 | 8.55 | Kathy Turco | Manchester | | | Brandee Gound | Lake Braddock |
| 1972 | 7.30 | Shelly Coghill | Midlothian | 1996 | 9.70 | Merritt Noble | Herndon |
| 1971 | 8.05 | Liz Mostram | Yorktown | 1995 | 9.65 | Michelle Alexander | Floyd Kellam |
| 1970 | 7.40 | Martha Furlong | Huguenot | 1994 | 9.75 | Katherine Creswell | Menchville |
| 1969 | | Theresa Eppolito | Thomas Edison | 1993 | 9.55 | Heather Schnelzer | Fairfax |
| | | | | 1992 | 9.40 | Laura Beth | Salem-Virginia Beach, |
| Bars: | | | | | | Kristina Kaiser | James Robinson, |
| 2009 | 9.900 | Kirsten Strausbaugh | Floyd Kellam | | | Kristi Van Buren | Oakton |
| 2008 | 9.900 | Katie Barton | Floyd Kellam | 1991 | 9.55 | Jennifer Thomas | Salem-Virginia Beach |
| 2007 | 9.850 | Maria Hayden | Herndon | 1990 | 9.50 | Linda Dameron | Thomas Dale |
| 2006 | 9.900 | Kara Wright | First Colonial | 1989 | 9.27 | LeeAnne Revell | West Springfield |
| 2005 | 9.80 | Kara Wright | First Colonial | 1988 | 9.30 | Heather Lange | Cave Spring |
| 2004 | 9.85 | Lisa Faulkner | Langley | 1987 | 9.30 | Heather Lange, | Cave Spring |
| 2003 | 9.85 | Jess Saucedo | Ocean Lakes | 1986 | 9.66 | Lori Lebo | Floyd Kellam |
| 2002 | 9.80 | Jess Saucedo | Ocean Lakes | 1985 | 9.60 | Jeanne Foster | Robert E. Lee-Springfield |
| 2001 | 9.875 | Kelly Kello | Ocean Lakes | 1984 | 9.15 | Lynn Dreylinger | Fort Hunt |
| 2000 | 9.82 | Erin Pendleton | Hickory | 1983 | 9.25 | Jeanne Foster | Robert E. Lee-Springfield |
| 1999 | 9.900 | Michelle Pearson | Thomas Edison | 1982 | 8.90 | Leah Ranney | George Marshall |
| 1998 | 9.80 | Felisa Madrigal | Kempsville | 1981 | | Michele Ritenour | Stonewall Jackson |
| 1997 | 9.775 | Gillian Cote | James Monroe | 1980 | 9.20 | Kathy Ripley, | Lake Braddock |
| 1996 | 9.80 | Gillian Cote | James Monroe | 1979 | 9.10 | Kathy Ripley | Lake Braddock |
| 1995 | 9.55 | Megan Dameron | Thomas Dale | 1978 | 17.0 | Peggy Spicer | Gar-Field |
| 1994 | 9.70 | Liane Williams | Bayside | 1977 | 16.05 | Teresa Karnitshenig | First Colonial |
| | | Stephanie Paegal | Centreville | 1976 | 17.75 | Amy Waldron | Cave Spring |
| 1993 | 9.65 | Heather Schnelzer | Fairfax | 1975 | 16.70 | Natalie Bradt | Midlothian |
| 1992 | 9.65 | Erin Shanley | Princess Anne | 1974 | 14.60 | Chris Ulanski | Annandale |
| 1991 | | Kenna Benson | North Stafford | 1973 | 8.50 | Chris Ulanski | Annandale |
| 1990 | 9.40 | Kenna Benson | North Stafford | 1972 | 7.70 | Kathy Turco | Midlothian |
| | | | | 1971 | 6.90 | Thanne Poth | Washington-Lee |

| | | | |
|---------------|-------|---------------------|-----------------------|
| 1970 | 7.40 | Martha Furlong | Huguenot |
| 1969 | | Theresa Eppolito | Thomas Edison |
| Vault: | | | |
| 2009 | 9.875 | Kirsten Strausbaugh | Floyd Kellam |
| 2008 | 9.900 | Kirsten Strausbaugh | Floyd Kellam |
| 2007 | 9.850 | Leslie Delima | Salem-Va Beach |
| 2006 | 10.00 | Talia Tossone | Floyd Kellam |
| 2005 | 9.925 | Katie McCoy | Herndon |
| 2004 | 9.95 | Kara Wright | First Colonial |
| 2003 | 10.00 | Kelly Stevison | Osbourn Park |
| 2002 | 9.875 | Christina Ghani | Lake Braddock |
| 2001 | 9.90 | Kelly Kello | Ocean Lakes |
| 2000 | 9.95 | Michelle Pearson | Thomas Edison |
| | | Annie Carroll | Kempsville |
| 1999 | 9.925 | Sarah Spring | Lake Braddock |
| 1998 | 9.80 | Sarah Spring | Lake Braddock |
| 1997 | 9.75 | Gillian Cote | James Monroe |
| | | Sarah Spring | Lake Braddock |
| 1996 | 9.70 | Shannon Osborne | Varina |
| 1995 | 9.40 | Davina Roberts | Salem-Virginia Beach |
| | | Rachael Rounds | Atlee |
| 1994 | 9.70 | Brooke Sawyer | Floyd Kellam and |
| | | Liane Williams | Bayside |
| 1993 | 9.50 | Liane Williams | Bayside |
| 1992 | 9.60 | Erin Shanley | Princess Anne |
| 1991 | | Jen Chu | South Lakes |
| 1990 | 9.30 | Mindy Berg | North Stafford |
| 1989 | 9.70 | Anna Dwyer | Western Branch |
| 1988 | | Christie Epperly | Cave Spring |
| 1987 | 9.55 | Sheri Susi, | West Springfield |
| 1986 | | Natalie Taylor | Frank Cox |
| 1985 | 9.60 | Tonya Barton | Falls Church |
| 1984 | 9.50 | Angel Bursenos | Oakton |
| 1983 | 9.15 | Kim Lewis | Frank Cox |
| 1982 | 9.35 | Michele Ritenour | Stonewall Jackson |
| 1981 | 9.70 | Karen Early | Kempsville |
| 1980 | 9.25 | Jenny Tomlinson, | South Lakes |
| 1979 | 9.20 | Jodi Phillipi | Fairfax |
| 1978 | 17.40 | Kathy Proctor | Frank Cox |
| 1977 | 15.60 | Dana Settle | Thomas Jefferson-Alex |
| 1976 | 16.15 | Suzette Harmon | Chantilly |
| 1975 | 15.87 | Chris Hughes | Yorktown |
| 1974 | 14.00 | Jessica Robertson | Langley |
| 1973 | 8.35 | Shelly Coghill | Midlothian |
| 1972 | 7.60 | Nancy Pratt | Yorktown |
| 1971 | 7.55 | Rosemary Kiem | Woodbridge |
| 1970 | 7.50 | Nancy Thompson | Princess Anne |
| 1969 | | Theresa Eppolito | Thomas Edison |

Tumbling:

| | | | |
|------|------|-----------------|-----------|
| 1972 | 7.70 | Diane Friedman | Oakton |
| 1971 | 7.20 | Dianne Friedman | Oakton |
| 1970 | 6.30 | Vickie Holt | Hopewell |
| 1969 | | Pat Gill | Frank Cox |

Unclassified

All-Around:

| | | | |
|------|-------|---------------------|--------------------|
| 1991 | 34.15 | Stacy Spitzer | Park View-Sterling |
| 1990 | 34.80 | Kristi McDonald | Park View-Sterling |
| 1989 | 33.95 | Alexa Constatinades | York |
| 1988 | 34.30 | Leah Terrell | Park View-Sterling |
| 1987 | 36.75 | Heather Clayton | Tabb |
| 1986 | 36.05 | Heather Clayton | Tabb |
| 1985 | 35.40 | Jennifer Ramsey | York |

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| | | | |
|---------------|-------|---------------------|--------------------|
| 1984 | | Not Available | |
| 1983 | 34.88 | Susan Stone | Franklin |
| 1982 | 33.90 | Susan Stone | Franklin |
| 1981 | 34.23 | Lisa Zuraw | Park View-Sterling |
| 1980 | 33.30 | Monica Chandler | Park View-Sterling |
| 1979 | 33.20 | Jan Herndon | Tabb |
| 1978 | 66.65 | Nan George | Osbourn |
| 1977 | 57.75 | Dana Williams | Varina |
| 1976 | 60.50 | Mary Reynolds | Varina |
| 1975 | 51.92 | Charlotte Reynolds | Varina |
| 1974 | 55.30 | Diane Garber | Varina |
| Floor: | | | |
| 1991 | 8.95 | Linda McLain | Chancellor |
| 1990 | 8.70 | Kristi McDonald | Park View-Sterling |
| 1989 | 8.70 | Rachel Krolikowski | Broad Run |
| 1988 | 9.10 | Theresa Cummings | Park View-Sterling |
| 1987 | 9.30 | Heather Clayton | Tabb |
| 1986 | 9.15 | Heather Williamson | Courtland |
| 1985 | 9.07 | Lisa Hughes | Martinsville |
| 1984 | | Not Available | |
| 1983 | 9.0 | Susan Stone | Franklin |
| 1982 | 8.65 | Jan Hammond | Brookville |
| 1981 | | Not Available | |
| 1980 | 8.80 | Monica Chandler | Park View-Sterling |
| 1979 | | Jan Herndon | Tabb |
| 1978 | 17.15 | Dana Williams | Varina |
| 1977 | 15.45 | Phyllis Nelson | Varina |
| 1976 | 14.80 | Kathy Anch | Broad Run |
| 1975 | 13.73 | Phyllis Nelson | Varina |
| 1974 | 13.70 | Diane Garber | Varina |
| Bars: | | | |
| 1991 | 8.50 | Heather Hause | York |
| | 8.50 | Whitney Mansfield | Park View Sterling |
| 1990 | 8.95 | Alexa Constatinades | York |
| 1989 | 9.05 | Alexa Constatinades | York |
| 1988 | 8.80 | Leah Terrell | Park View-Sterling |
| 1987 | 9.30 | Heather Clayton | Tabb |
| 1986 | 9.50 | Heather Clayton | Tabb |
| 1985 | 9.00 | Johnna Duncan | Courtland |
| 1984 | | Not Available | |
| 1983 | | Susan Stone | Franklin |
| 1982 | 9.35 | Lisa Zuraw | Park View-Sterling |
| 1981 | | Not Available | |
| 1980 | 8.75 | Monica Chandler | Park View-Sterling |
| 1979 | | Jan Herndon | Tabb |
| 1978 | 16.70 | Nan George | Osbourn |
| 1977 | 15.90 | Mary Reynolds | Varina |
| 1976 | 16.30 | Charlotte Reynolds | Varina |
| 1975 | 13.44 | Charlotte Reynolds | Varina |
| 1974 | 7.70 | Sandy Conkwright | Frank Cox |
| Beam: | | | |
| 1991 | 8.60 | Brandy Fertitta | Poquoson |
| 1990 | 8.95 | Lucy Rankin | Broad Run |
| 1989 | 8.55 | Theresa Cummings | Park View-Sterling |
| 1988 | 9.35 | Laura Hill | Suffolk |
| 1987 | 9.20 | Karol Barton | Franklin |
| 1986 | 9.10 | Johnna Duncan | Courtland |
| 1985 | 9.15 | Johnna Duncan | Courtland |
| 1984 | | Not Available | |
| 1983 | | Susan Stone | Franklin |
| 1982 | 8.25 | Susan Stone | Franklin |

| | | | |
|---------------|-------|---------------------|--------------------|
| 1981 | | Not Available | |
| 1980 | | Not Available | |
| 1979 | 7.30 | Nan George | Osbourn |
| 1978 | 16.10 | Nan George | Osbourn |
| 1977 | 14.20 | Becky Atkins | Varina |
| 1976 | 15.95 | Charlotte Reynolds | Varina |
| 1975 | 13.95 | Mary Reynolds | Varina |
| 1974 | 14.35 | Diane Garber | Varina |
| Vault: | | | |
| 1991 | 9.15 | Stacey Spitzer | Park View Sterling |
| 1990 | 8.80 | Kristi McDonald | Park View-Sterling |
| 1989 | 8.75 | Alexa Constatinades | York |
| 1988 | 8.95 | Alexa Constatinades | York |
| 1987 | 9.35 | Heather Clayton | Tabb |
| 1986 | 9.10 | Sherri Schwalm | Courtland |
| 1985 | 9.30 | Susan Benson | William Byrd |
| 1984 | | Not Available | |
| 1983 | 9.10 | Susan Benson | William Byrd |
| 1982 | 8.90 | Susan Benson | William Byrd |
| 1981 | | Not Available | |
| 1980 | 8.75 | Monica Chandler | Park View-Sterling |
| 1979 | 8.90 | Monica Chandler | Park View-Sterling |
| 1978 | 16.75 | Nan George | Osbourn |
| 1977 | 14.20 | Dana Williams | Varina |
| 1976 | 15.10 | Kathy Anch | Broad Run |
| 1975 | 12.30 | Mary Reynolds | Varina |
| 1974 | 12.30 | Bonnie McLemore | Varina |

Team Records

Most championships:

9 Lake Braddock 1995-99, 1986-87, 1983, 1979

Individual Records

Multiple championships (5 or more):

| | | | |
|----|---------------------|--------------------|---------|
| 11 | Kara Wright | First Colonial | 2003-06 |
| 8 | Kirsten Strausbaugh | Floyd Kellam | 2007-09 |
| 7 | Gillian Cote | James Monroe | 1996-97 |
| 6 | Michelle Pearson | Thomas Edison | 1999-00 |
| 6 | Michele Ritenour | Stonewall Jackson | 1981-82 |
| 6 | Susan Stone | Franklin | 1982-83 |
| 5 | Nan George | Osbourn | 1978-79 |
| 5 | Monica Chandler | Park View-Sterling | 1979-80 |
| 5 | Heather Clayton | Tabb | 1986-87 |
| 5 | Liane Williams | Bayside | 1993-94 |

Multiple All-Around Championships (3 or more):

4 Kara Wright First Colonial 2003-06

Outstanding performances:

All-Around:

| | | | |
|-------|------------------|----------------|------|
| 39.50 | Kara Wright | First Colonial | 2006 |
| 39.37 | Michelle Pearson | Thomas Edison | 2000 |

Floor:

| | | | |
|------|------------------|----------------|------|
| 9.90 | Kara Wright | First Colonial | 2006 |
| 9.85 | Whitney Cashwell | Floyd Kellam | 2000 |
| 9.85 | Kara Wright | First Colonial | 2003 |

Bars:

| | | | |
|-------|------------------|----------------|------|
| 9.900 | Michelle Pearson | Thomas Edison | 1999 |
| 9.900 | Kara Wright | First Colonial | 2006 |
| 9.900 | Katie Barton | Floyd Kellam | 2008 |

| | | | |
|------------------|---------------------|--------------|------|
| 9.900 | Kirsten Strausbaugh | Floyd Kellam | 2009 |
| Beam: | | | |
| 9.97 | Erin Pendleton | Hickory | 2000 |
| Vault: | | | |
| 10.00 | Talia Tossone | Floyd Kellam | 2006 |
| 10.00 | Kelly Stevison | Osbourn Park | 2003 |
| Tumbling: | | | |
| 7.700 | Diane Friedman | Oakton | 1972 |

Coaching Records

Most wins:

| | | | |
|-----|------------------------------|-------------|-----------|
| 341 | Skip Mollenhauer (active) | Menchville | 1965-2002 |
| 204 | Ann Ripley | Centreville | 1976-94 |

GIRLS LACROSSE

Team Champions

(champion, runner-up)

Unclassified

| | | | | |
|------|------------------|----|----------------|----|
| 2010 | Wesern Albemarle | 14 | W.T. Woodson | 13 |
| 2009 | Chantilly | 13 | James Robinson | 4 |
| 2008 | Oakton | 20 | Chantilly | 11 |
| 2007 | Oakton | 12 | W.T. Woodson | 10 |
| 2006 | Oakton | 9 | James Robinson | 5 |

Team Records

State Championships, all-time

3 Oakton 2006-08

State Championships, consecutive

3 Oakton 2006-08

Wins, consecutive

Individual Records

Goals, career

Goals, season

Goals, game

BOYS LACROSSE

Team Champions

(champion, runner-up)

Unclassified

| | | | | |
|------|----------------|--------|----------------|---|
| 2010 | Langley | 12 | Loudoun Valley | 5 |
| 2009 | Langley | 4 (OT) | Chantilly | 3 |
| 2008 | Chantilly | 12 | Oakton | 5 |
| 2007 | James Robinson | 11 | Westfield | 3 |
| 2006 | James Robinson | 11 | Oakton | 6 |

Team Records

State Championships, all-time

| | | |
|---|----------------|---------|
| 2 | James Robinson | 2006-07 |
| 2 | Langley | 2009-10 |

State Championships, consecutive

| | | |
|---|----------------|---------|
| 2 | James Robinson | 2006-07 |
| 2 | Langley | 2009-10 |

Wins, consecutive

Individual Records

Goals, career

Goals, season

Goals, game

BOYS SOCCER

Team Champions

(champion, runner-up)

(*indicates number of overtimes; pk = penalty kicks)

AAA

| | | | | |
|------|---------------------------|-------|------------------------|---|
| 2010 | Frank W. Cox | 2 | Battlefield | 1 |
| 2009 | Frank W. Cox | *2 | Mills E. Godwin | 1 |
| 2008 | Deep Run | 1 | James Robinson | 0 |
| 2007 | T. Jefferson S&T | 1 | Osbourn Park | 0 |
| 2006 | Thomas Dale | **2 | Gar-Field | 1 |
| 2005 | Thomas Dale | ****1 | W.T. Woodson | 0 |
| 2004 | West Springfield | 1 | Langley | 0 |
| 2003 | Mills Godwin | 4 | Lake Braddock | 1 |
| 2002 | West Springfield | 1 | Osbourn Park | 0 |
| 2001 | West Springfield | 1 | Chantilly | 0 |
| 2000 | W.T. Woodson | 2 | James Robinson | 1 |
| 1999 | C.D. Hylton | *1 | Oakton | 0 |
| 1998 | C.D. Hylton | ***2 | West Springfield | 1 |
| 1997 | Kempsville | 2 | Frank Cox | 0 |
| 1996 | Woodbridge | 1 | Clover Hill | 0 |
| 1995 | Lake Braddock | 1 | McLean | 0 |
| 1994 | C.D. Hylton | 4 | Frank Cox | 0 |
| 1993 | C.D. Hylton | 3 | Salem-Virgina Beach | 1 |
| 1992 | Kempsville | 3 | Woodbridge Senior | 2 |
| 1991 | Kempsville | 2 | Woodbridge Senior | 1 |
| 1990 | Frank W. Cox | 5 | Osbourn Park | 3 |
| 1989 | Lake Braddock | 2 | Woodbridge Senior | 1 |
| 1988 | Lake Braddock | 4 | Woodbridge Senior | 0 |
| 1987 | Kempsville | 2 | James Robinson | 0 |
| 1986 | Herndon | 1 | Stonewall Jackson-Man. | 0 |
| 1985 | Robert E. Lee-Springfield | *1 | Woodbridge Senior | 0 |
| 1984 | Woodbridge Senior | 1 | Green Run | 0 |
| 1983 | Lake Braddock | 5 | Green Run | 0 |
| 1982 | Lake Braddock | 5 | Stonewall Jackson-Man. | 0 |

AA

| | | | | |
|------|-------------------|-----------|-------------------|---|
| 2010 | Blacksburg | 3 | Hidden Valley | 0 |
| 2009 | Blacksburg | ****3 | Potomac Falls | 2 |
| 2008 | Jamestown | 3 | Grafton | 0 |
| 2007 | Blacksburg | 2 | Cave Spring | 0 |
| 2006 | Potomac Falls | 2 | Blacksburg | 1 |
| 2005 | Blacksburg | 3 | Tabb | 1 |
| 2004 | Charlottesville | (pk)2 | Jefferson Forest | 1 |
| 2003 | Chancellor | *4 | Blacksburg | 2 |
| 2002 | Blacksburg | ****(pk)4 | Chancellor | 3 |
| 2001 | Jamestown | 5 | Blacksburg | 0 |
| 2000 | Blacksburg | 3 | Massaponax | 2 |
| 1999 | Blacksburg | 5 | Jamestown | 1 |
| 1998 | Blacksburg | 2 | John Handly | 1 |
| 1997 | Tabb | 1 | Virginia | 0 |
| 1996 | Western Albemarle | ***(pk)3 | William Byrd | 2 |
| 1995 | Blacksburg | 2 | Western Albemarle | 0 |
| 1994 | Tabb | 1 | Martinsville | 0 |
| 1993 | Blacksburg | (pk)2 | Chancellor | 1 |

| | | | | |
|------|--------------------|-------|--------------|---|
| 1992 | Park View-Sterling | 1 | Blacksburg | 0 |
| 1991 | Park View-Sterling | 3 | William Byrd | 0 |
| 1990 | Chancellor | (pk)2 | Blacksburg | 1 |
| 1989 | Blacksburg | *2 | Tabb | 1 |

A

| | | | | |
|------|----------------|-------|-------------------|---|
| 2010 | George Mason | 2 | Radford | 1 |
| 2009 | George Mason | 1 | Radford | 0 |
| 2008 | Radford | 4 | Galax | 0 |
| 2007 | Radford | 1 | Nelson County | 0 |
| 2006 | Clarke County | 2 | Stonewall Jackson | 1 |
| 2005 | Clarke County | 1 | George Mason | 0 |
| 2004 | George Mason | 1 | Clarke County | 0 |
| 2003 | Nandua | (pk)2 | Clarke County | 1 |
| 2002 | George Mason | ****2 | James Monroe | 1 |
| 2001 | Madison County | 2 | Nandua | 0 |
| 2000 | George Mason | 2 | Madison County | 1 |
| 1999 | Clarke County | 5 | Madison County | 0 |

Team Records

State championships:

| | | |
|----|---------------|--|
| 11 | Blacksburg | 1989, 1993, 1995, 1998-00, 02, 05, 07, 09-10 |
| 5 | Lake Braddock | 1982-83, 1988-89, 1995 |
| 5 | George Mason | 2000, 02, 04, 09-10 |

Most wins season:

| | | |
|----|---------------|------|
| 24 | Thomas Dale | 2005 |
| 24 | Thomas Dale | 2006 |
| 23 | Kempsville | 1999 |
| 23 | Blacksburg | 2002 |
| 23 | Blacksburg | 2007 |
| 23 | Potomac Falls | 2006 |

Consecutive wins:

| | | |
|----|-------------|-----------|
| 67 | Thomas Dale | 2005-2007 |
| 64 | Blacksburg | 1998-2001 |

Unbeaten streak:

| | | |
|----|------------|-----------|
| 87 | Blacksburg | 1998-2001 |
|----|------------|-----------|

Goals scored

| | | |
|-----|-------------|------|
| 144 | Thomas Dale | 2006 |
|-----|-------------|------|

Goals scored average for season:

| | | |
|------|---------------|-----------------|
| 9.47 | Martinsville, | 1989 (17 games) |
| 8 | Thomas Dale | 2006 (18 games) |

Goals differential for season:

| | | |
|-----|-------------|------|
| 135 | Thomas Dale | 2006 |
| 103 | Blacksburg | 1999 |

Assists season:

| | | |
|-----|-------------|------|
| 106 | Thomas Dale | 2006 |
| 98 | Blacksburg | 2000 |

Shutouts season:

| | | |
|----|------------|------|
| 18 | Blacksburg | 1999 |
|----|------------|------|

Goals against average for season:

0.18 Blacksburg 1999

Individual Records*(points equal goals plus assists whereby 2 points are awarded for each goal and 1 point is awarded for each assist)***Most goals career:**

| | | | |
|-----|----------------|---------------|------------|
| 127 | Uche Onyeador | Potomac Falls | ended 2008 |
| 124 | Kyle Quinlivan | Martinsville | ended 2004 |
| 120 | Brad Collins | William Byrd | ended 1992 |

Most goals season:

| | | | |
|----|-------------------|-------------------|------|
| 47 | Kyle Quinlivan | Martinsville | 2004 |
| 45 | Felipe Batistella | Rustburg | 1991 |
| 45 | Scott Poirier | Woodbridge Senior | 1992 |
| 45 | Kyle Quinlivan | Martinsville | 2003 |
| 45 | Craig Todd | Mathews | 2005 |
| 42 | Uche Onyeador | Potomac Falls | 2007 |
| 38 | Robert Blackwell | Turner Ashby | 2010 |
| 35 | Adam Freeman | Marion Senior | 2007 |
| 34 | Tim Becker | Blacksburg | 2007 |
| 33 | Tim Becker | Blacksburg | 2008 |

Most goals game:

9 Billy Lanza Osbourn Park vs. Stafford 4/21/92

Most points career:

| | | | |
|-----|------------------|---------------|------------|
| 290 | Uche Onyeador | Potomac Falls | ended 2008 |
| 253 | Elliot Stallings | Blacksburg | ended 2002 |
| 203 | John Gowen | E.C. Glass | ended 1987 |

Most points season:

| | | | |
|-----|------------------|---------------|------|
| 103 | Adam Freeman | Marion Senior | 2007 |
| 99 | Elliot Stallings | Blacksburg | 2002 |

Most assists career:

| | | | |
|----|------------------|---------------|------------|
| 88 | Adam Freeman | Marion Senior | ended 2007 |
| 77 | Elliot Stallings | Blacksburg | ended 2002 |
| 59 | John Gowen | E.C. Glass | ended 1987 |

Most assists season:

| | | | |
|----|------------------|---------------|------|
| 33 | Elliot Stallings | Blacksburg | 2002 |
| 33 | Adam Freeman | Marion Senior | 2007 |
| 30 | Adam Freeman | Marion Senior | 2006 |
| 28 | Daniel Heling | Thomas Dale | 2006 |
| 22 | Mark Decker | Blacksburg | 1995 |
| 22 | Daniel Showalter | Turner Ashby | 2010 |

Most assists game:

| | | | |
|---|--------------|----------------------------|--------|
| 5 | Todd Atkins | E.C. Glass vs. Halifax | 4/4/89 |
| 5 | Mark Decker | Blacksburg vs. Carroll Co. | 5/2/95 |
| 5 | Adam Freeman | Marion vs. Virginia | 5/6/07 |

Most shutouts career:

39 Harper Thorsen Blacksburg ended 2001

Most shutouts season:

17 Harper Thorsen Blacksburg 1999

Consecutive games scoring:

27 Scott Poirier Woodbridge Senior ended 1993

Hat tricks career:

9 Jonathan Gates Prince George ended 1992

Goals against average for season:

0.14 Harper Thorsen Blacksburg 1999

Longest Goal Scored in one game:

100yds. Patrick O'Callahan Altavista v. Appomattox 2002

Coaching Records**Most wins:**

| | | | |
|-----|--------------------|--|---------------|
| 386 | Ken Krieger | Osborn Park, C.D. Hylton, Forest Park | 1979-2008 |
| 332 | Ted Pease | McLean | 1974-2000 |
| 323 | Shelley Blumenthal | Blacksburg | 1992-2007, 09 |
| 219 | Larry Nemerow | Osbourn Park | 1992-2009 |
| 199 | Angelo Hilios | Woodbridge | 1978-1994 |

GIRLS SOCCER

Team Champions

(champion, runner-up)

(*indicates number of overtimes; pk = penalty kicks)

AAA

| | | | | |
|------|-------------------|----|-------------------|---|
| 2010 | Stone Bridge | 4 | Cosby | 0 |
| 2009 | Chantilly | 2 | Mills E. Godwin | 1 |
| 2008 | James Robinson | 2 | Battlefield | 1 |
| 2007 | Lake Braddock | *2 | Frank W. Cox | 1 |
| 2006 | Lake Braddock | 3 | Frank W. Cox | 0 |
| 2005 | Floyd Kellam | 2 | Lake Braddock | 0 |
| 2004 | W.T. Woodson | 2 | Centreville | 1 |
| 2003 | Lake Braddock | 4 | Clover Hill | 1 |
| 2002 | James Robinson | 1 | Osborn Park | 0 |
| 2001 | W.T. Woodson | 2 | Langley | 1 |
| 2000 | Woodbridge | 5 | West Springfield | 3 |
| 1999 | West Springfield | 2 | James Robinson | 0 |
| 1998 | W.T. Woodson | 1 | Kempsville | 0 |
| 1997 | W.T. Woodson | 1 | Kempsville | 0 |
| 1996 | James Robinson | 1 | C.D. Hylton | 0 |
| 1995 | West Springfield | 2 | C.D. Hylton | 0 |
| 1994 | James Robinson | 2 | Woodbridge | 1 |
| 1993 | West Springfield | 4 | First Colonial | 0 |
| 1992 | West Springfield | 2 | Lake Braddock | 1 |
| 1991 | West Springfield | 1 | Woodbridge Senior | 0 |
| 1990 | Robert E. Lee | 13 | First Colonial | 0 |
| 1989 | Lake Braddock | 4 | Woodbridge Senior | 1 |
| 1988 | Woodbridge Senior | *2 | Lake Braddock | 1 |
| 1987 | Lake Braddock | 3 | Maury | 0 |
| 1986 | Annandale | 2 | W.T. Woodson | 1 |
| 1985 | Robert E. Lee | *2 | Maury | 0 |
| 1984 | James Robinson | 3 | Woodbridge Senior | 0 |

AA

| | | | | |
|------|-------------------|----|------------------|---|
| 2010 | Broad Run | 2 | Loudoun County | p |
| 2009 | Broad Run | 3 | Hidden Valley | 0 |
| 2008 | Broad Run | 1 | Courtland | 0 |
| 2007 | Riverbend | 2 | Courtland | 0 |
| 2006 | Hidden Valley | 3 | Charlottesville | 2 |
| 2005 | Stone Bridge | 3 | Courtland | 0 |
| 2004 | Potomac Falls | 2 | Broad Run | 0 |
| 2003 | Salem-Salem | 3 | Loudoun County | 2 |
| 2002 | Western Albemarle | 2 | Potomac Falls | 1 |
| 2001 | Broad Run | 1 | Potomac Falls | 0 |
| 2000 | Potomac Falls | 11 | Jefferson Forest | 0 |
| 1999 | Jamestown | 2 | Loudoun County | 1 |

A

| | | | | |
|------|---------------|----|---------------|---|
| 2010 | George Mason | 3 | Radford | 1 |
| 2009 | George Mason | 3 | Radford | 2 |
| 2008 | George Mason | 7 | Goochland | 1 |
| 2007 | Radford | *1 | Clarke County | 0 |
| 2006 | Clarke County | 1 | Radford | 0 |

| | | | | |
|------|----------------------|---|----------------------|---|
| 2005 | Clarke County | 4 | Radford | 2 |
| 2004 | George Mason | 3 | Clarke County | 1 |
| 2003 | Brentsville District | 4 | George Mason | 0 |
| 2002 | George Mason | 3 | Brentsville District | 0 |

Team Records

State championships:

| | | |
|---|------------------|------------------------|
| 5 | James Robinson | 1984, 94, 96, 2002, 08 |
| 5 | West Springfield | 1991-93, 95, 99 |
| 5 | George Mason | 2002, 04, 8-10 |
| 4 | Lake Braddock | 1989, 2003, 06, 07 |
| 4 | W.T. Woodson | 1997-98, 2001, 04 |

Biggest state final margin:

| | | |
|----|-------------------------------------|------|
| 11 | Potomac Falls over Jefferson Forest | 11-0 |
|----|-------------------------------------|------|

Most wins in a season

| | | |
|----|-----------------|------|
| 24 | Broad Run | 2008 |
| 23 | Riverbend | 2007 |
| 23 | Broad Run | 2009 |
| 22 | Potomac | 2004 |
| 22 | Floyd Kellam | 2005 |
| 22 | Clarke County | 2006 |
| 22 | Frank W. Cox | 2006 |
| 21 | Charlottesville | 2006 |
| 21 | Broad Run | 2007 |
| 21 | Courtland | 2007 |
| 21 | Battlefield | 2008 |
| 20 | W.T. Woodson | 2004 |
| 20 | Clarke County | 2005 |
| 20 | Clarke County | 2007 |

Consecutive wins

| | | |
|----|-----------------|---------|
| 37 | Clarke County | 2005-06 |
| 21 | Charlottesville | 2006 |
| 18 | Courtland | 2004 |

Unbeaten streak

| | | |
|----|-----------------|---------|
| 48 | Broad Run | 2008-09 |
| 37 | Clarke County | 2005-06 |
| 21 | Charlottesville | 2006 |
| 20 | Courtland | 2004 |

Goals scored average in a season

| | | |
|------|---------------|------|
| 7.35 | Radford | 2009 |
| 6.50 | Clarke County | 2005 |
| 6.41 | Courtland | 2003 |

Assists in a season

| | | |
|----|-----------|------|
| 99 | Courtland | 2004 |
|----|-----------|------|

Shutouts in a season

| | | |
|----|-----------------|------|
| 20 | Broad Run | 2009 |
| 17 | Clarke County | 2006 |
| 17 | Broad Run | 2007 |
| 14 | Charlottesville | 2006 |
| 13 | Courtland | 2004 |
| 9 | Bassett | 2009 |

Goals-against average in a season

| | | |
|------|---------------|------|
| 0.17 | Broad Run | 2009 |
| 0.38 | Clarke County | 2005 |

| | | |
|------|-----------|------|
| 0.50 | Broad Run | 2007 |
| 0.61 | Broad Run | 2006 |
| 0.64 | Courtland | 2004 |
| 0.67 | Broad Run | 2008 |

Individual Records

(points equal goals plus assists whereby 2 points are awarded for each goal and 1 point is awarded for each assist)

Most goals in a career

| | | | |
|-----|----------------|-----------------|---------|
| 140 | Allison Hunter | Tazewell | 2004-07 |
| 136 | Danielle Moyer | Clarke County | 2005-08 |
| 124 | Emily Perrin | Charlottesville | 2005-08 |
| 100 | Nichole Smith | Brookville | 2005-08 |
| 95 | Keely McCall | Clarke County | 2004-07 |
| 64 | Kelley Quinn | Courtland | 2002-05 |
| 61 | Jill Hobbs | Clarke County | 2004-07 |

Most goals in a season

| | | | |
|----|-----------------|-----------------|------|
| 54 | Mary Wiley | Radford | 2009 |
| 51 | Allison Hunter | Tazewell | 2006 |
| 46 | Emily Perrin | Charlottesville | 2006 |
| 44 | Courtney Newnam | Bassett | 2005 |
| 42 | Allison Hunter | Tazewell | 2005 |
| 38 | Allison Hunter | Tazewell | 2007 |
| 38 | Emily Perrin | Charlottesville | 2008 |
| 36 | Danielle Moyer | Clarke County | 2007 |
| 36 | Danielle Moyer | Clarke County | 2008 |
| 33 | Danielle Moyer | Clarke County | 2006 |
| 33 | Sahar Aflaki | Battlefield | 2008 |

Most goals in a game

| | | | |
|---|-----------------|-----------------|---------|
| 7 | Anna McClung | Gate City | 3/23/10 |
| 6 | Allison Hunter | Tazewell | 5/17/06 |
| 6 | Allison Hunter | Tazewell | 4/06/06 |
| 6 | Emily Perrin | Charlottesville | 3/28/07 |
| 6 | Danielle Moyer | Clarke County | 4/29/08 |
| 5 | Courtney Newnam | Bassett | 5/5/05 |
| 5 | Amanda Harrell | Clarke County | 2003 |
| 5 | Danielle Moyer | Clarke County | 3/14/08 |
| 5 | Aubrey Fletcher | Clarke County | 4/16/10 |

Most points in a career

| | | | |
|-----|-----------------|-----------------|---------|
| 340 | Danielle Moyer | Clarke County | 2005-08 |
| 280 | Allison Hunter | Tazewell | 2004-07 |
| 280 | Emily Perrin | Charlottesville | 2005-08 |
| 251 | Keely McCall | Clarke County | 2004-07 |
| 188 | Jill Hobbs | Clarke County | 2004-07 |
| 180 | Leslie Hardesty | Clarke County | 2004-07 |
| 150 | Kelley Quinn | Courtland | 2002-05 |

Most points in a season

| | | | |
|-----|-----------------|-----------------|-------|
| 149 | Mary Wiley | Radford | 2009 |
| 106 | Emily Perrin | Charlottesville | 2006 |
| 103 | Courtney Newnam | Bassett | 2005 |
| 90 | Danielle Moyer | Clarke County | 2006 |
| 88 | Danielle Moyer | Clarke County | 2008 |
| 87 | Danielle Moyer | Clarke County | 2007 |
| 77 | Emily Perrin | Charlottesville | 2008 |
| 72 | Aubrey Fletcher | Clarke County | 20010 |
| 70 | Lauren McCoy | Courtland | 2005 |
| 65 | Keely McCall | Clarke County | 2007 |
| 65 | Keely McCall | Clarke County | 2006 |

Most assists in a career

| | | | |
|----|----------------|---------------|---------|
| 68 | Danielle Moyer | Clarke County | 2005-08 |
|----|----------------|---------------|---------|

| | | | |
|----|-----------------|-----------------|---------|
| 66 | Jill Hobbs | Clarke County | 2004-07 |
| 62 | Leslie Hardesty | Clarke County | 2004-07 |
| 61 | Keely McCall | Clarke County | 2004-07 |
| 45 | Taylor Warner | Clarke County | 2004-07 |
| 32 | Emily Perrin | Charlottesville | 2005-08 |
| 30 | Misha Gebhart | Courtland | -1998 |

Most assists in a season

| | | | |
|----|-----------------|-----------------|------|
| 41 | Mary Wiley | Radford | 2009 |
| 24 | Danielle Moyer | Clarke County | 2005 |
| 22 | Kathe Krumich | Clarke County | 2004 |
| 22 | Leslie Hardesty | Clarke County | 2007 |
| 20 | Allison Hunter | Tazewell | 2007 |
| 19 | Keely McCall | Clarke County | 2007 |
| 18 | Tiffany McGowan | Courtland | 2003 |
| 15 | Courtney Newnam | Bassett | 2005 |
| 14 | Emily Perrin | Charlottesville | 2006 |

Most assists in a game

| | | | |
|---|-----------------------|----------------------|---------|
| 5 | Elizabeth Kwiatkowski | Stonewall Jackson, Q | 3/2006 |
| 4 | Katheryne Lawson | Clarke County | 4/13/07 |
| 4 | Nikki Denué | Courtland | 2005 |

Most shutouts in a career

| | | | |
|----|----------------|---------------|---------|
| 63 | Caitlin Hunter | Broad Run | 2006-09 |
| 56 | Courtney Peake | Clarke County | 2004-07 |
| 28 | Amy Dameron | Courtland | -2000 |
| 28 | Kristen Norkus | Battlefield | 2005-08 |

Most shutouts in a season

| | | | |
|----|--------------------|-----------------|---------|
| 20 | Caitlin Hunter | Broad run | 2009 |
| 17 | Courtney Peake | Clarke County | 2004-07 |
| 14 | Stephanie Sherwood | Charlottesville | 2006 |
| 12 | Kerri Butler | Courtland | 2004 |
| 11 | Kristen Norkus | Battlefield | 2006 |
| 11 | Kristen Norkus | Battlefield | 2008 |
| 9 | Lynn Murphy | Bassett | 2009 |

Consecutive games scoring

| | | | |
|----|-----------------|-----------------|------|
| 18 | Courtney Newnam | Bassett | 2005 |
| 17 | Emily Perrin | Charlottesville | 2006 |
| 11 | Sahar Aflaki | Battlefield | 2008 |
| 10 | Danielle Moyer | Clarke County | 2006 |
| 9 | Keely McCall | Clarke County | 2005 |
| 9 | Leslie Hardesty | Clarke County | 2005 |
| 8 | Kelley Quinn | Courtland | 2004 |
| 8 | Emily Perrin | Charlottesville | 2008 |

Hat tricks in a career

| | | | |
|----|-----------------|-----------------|---------|
| 18 | Danielle Moyer | Clarke County | 2005-08 |
| 17 | Emily Perrin | Charlottesville | 2005-08 |
| 8 | Keely McCall | Clarke County | 2004-07 |
| 7 | Courtney Newnam | Bassett | 2005 |
| 6 | Aubrey Fletcher | Clarke County | 2010 |
| 4 | Kelley Quinn | Courtland | 2005 |

Coaching Records

Most coaching wins:

| | | | |
|-----|----------|----------------|-----------|
| 401 | Jim Rike | James Robinson | 1980-2008 |
|-----|----------|----------------|-----------|

SOFTBALL

Team Champions

(champion, runner-up)
(*indicates extra innings)

AAA

| | | | | |
|------|-------------------|----|-------------------|---|
| 2010 | McLean | 4 | Lee-Davis | 1 |
| 2009 | Great Bridge | 1 | Loudoun Valley | 0 |
| 2008 | Hickory | 4 | Battlefield | 2 |
| 2007 | Floyd E. Kellam | 1 | Hanover | 0 |
| 2006 | Hanover | 3 | Stone Bridge | 0 |
| 2005 | Kempsville | 1 | Osborn | 0 |
| 2004 | Stonewall Jackson | 1 | James Madison | 0 |
| 2003 | Princess Anne | 5 | Stonewall Jackson | 3 |
| 2002 | Atlee | 1 | Stonewall Jackson | 0 |
| 2001 | Woodside | 1 | Oakton | 0 |
| 2000 | Great Bridge | 4 | Centreville | 0 |
| 1999 | Great Bridge | 3 | Midlothian | 1 |
| 1998 | Great Bridge | 12 | James Madison | 0 |
| 1997 | Varina | 6 | Fairfax | 0 |
| 1996 | Manchester | *2 | Stonewall Jackson | 1 |
| 1995 | Centreville | 6 | Mills Godwin | 1 |
| 1994 | Midlothian | 2 | Woodbridge | 0 |
| 1993 | Gar-Field | 2 | Varina | 1 |
| 1992 | Langley | 5 | Atlee | 1 |
| 1991 | Chantilly | 7 | T. J.-Richmond | 3 |
| 1990 | Chantilly | 2 | Oakton | 1 |
| 1989 | James Madison | 2 | Green Run | 1 |
| 1988 | James Madison | 6 | Green Run | 0 |
| 1987 | James Madison | 3 | Kecoughtan | 0 |
| 1986 | James Robinson | 3 | Green Run | 0 |
| 1985 | Potomac | 3 | Lake Taylor | 2 |
| 1984 | James Madison | *1 | Lee-Davis | 0 |
| 1983 | West Springfield | 3 | Lee-Davis | 1 |
| 1982 | Stafford | 2 | Lee-Davis | 0 |
| 1981 | John R. Tucker | 2 | W.T. Woodson | 1 |
| 1980 | Douglas Freeman | 10 | James Madison | 3 |
| 1979 | James Madison | 5 | Bayside | 0 |
| 1978 | Bayside | 7 | Stafford | 5 |

AA

| | | | | |
|------|--------------------|------------|--------------------|---|
| 2010 | Northside | (8 in.) 1 | Abingdon | 0 |
| 2009 | Broad Run | (11 in.) 2 | Tunstall | 1 |
| 2008 | Broad Run | 4 | Tunstall | 0 |
| 2007 | Broad Run | 8 | New Kent | 0 |
| 2006 | Dan River | 3 | Powhatan | 2 |
| 2005 | Loudoun Valley | 3 | Dan River | 0 |
| 2004 | Turner Ashby | 1 | Jefferson Forest | 0 |
| 2003 | Loudoun Valley | 2 | Park View-Sterling | 0 |
| 2002 | Park View-Sterling | 1 | Broad Run | 0 |
| 2001 | Powhatan | 2 | Turner Ashby | 0 |
| 2000 | Broad Run | 4 | Virginia | 0 |
| 1999 | Orange County | 2 | Rustburg | 0 |
| 1998 | Orange County | 6 | Turner Ashby | 2 |

| | | | | |
|------|--------------------|----|--------------------|---|
| 1997 | Rustburg | *2 | Loudoun Valley | 0 |
| 1996 | Richlands | 7 | Park View-Sterling | 3 |
| 1995 | Richlands | 8 | Nansemond River | 2 |
| 1994 | Rustburg | 6 | Broad Run | 0 |
| 1993 | Rustburg | 2 | Loudoun County | 0 |
| 1992 | Poquoson | *5 | Lord Botetourt | 4 |
| 1991 | Salem | 2 | Fort Defiance | 1 |
| 1990 | Park View-Sterling | 14 | Lord Botetourt | 9 |
| 1989 | Park View-Sterling | *7 | Poquoson | 2 |
| 1988 | Sussex Central | 11 | Tunstall | 5 |
| 1987 | Appomattox | 2 | Sussex Central | 1 |
| 1986 | Colonial Heights | 3 | Spotswood | 2 |
| 1985 | Warren County | 3 | Randolph Henry | 1 |
| 1984 | Warren County | 9 | Jefferson Forest | 3 |
| 1983 | Poquoson | 10 | Orange County | 6 |
| 1982 | Poquoson | 9 | Rustburg | 8 |
| 1981 | Spotswood | 8 | Gretna | 5 |
| 1980 | Sussex County | 8 | Varina | 2 |
| 1979 | Varina | 14 | Lloyd L. Bird | 5 |
| 1978 | Culpeper County | 21 | Gretna | 6 |

A

| | | | | |
|------|----------------------|-----|--------------------|---|
| 2010 | Gretna | 5 | Holston | 1 |
| 2009 | Altavista | 7 | Glenvar | 1 |
| 2008 | Gretna | 2 | Glenvar | 0 |
| 2007 | William Campbell | 4 | Glenvar | 0 |
| 2006 | James River | 3 | Essex | 2 |
| 2005 | Gate City | 7 | Chatham | 4 |
| 2004 | James River | 1 | Page County | 0 |
| 2003 | James River | 2 | Northumberland | 1 |
| 2002 | Gate City | 4 | Randolph-Henry | 1 |
| 2001 | Rappahannock County | 6 | Lancaster | 0 |
| 2000 | Manassas Park | 3 | Patrick Henry-G.S. | 1 |
| 1999 | Powhatan | 1 | Randolph-Henry | 0 |
| 1998 | Brentsville District | 8 | William Monroe | 0 |
| 1997 | Glenvar | *1 | Powhatan | 0 |
| 1996 | Powhatan | 9 | Glenvar | 7 |
| 1995 | Madison County | 9 | Castlewood | 4 |
| 1994 | Powhatan | *8 | James River | 6 |
| 1993 | Powhatan | 4 | Saint Paul | 0 |
| 1992 | Glenvar | *9 | Madison County | 5 |
| 1991 | Glenvar | 5 | Rappahannock | 3 |
| 1990 | Cumberland | 1 | New Kent | 0 |
| 1989 | Glenvar | 17, | Rappahannock | 7 |
| 1988 | Honaker | 7 | Northumberland | 2 |
| 1987 | Castlewood | 9 | Central Senior | 7 |
| 1986 | William Monroe | 17 | Honaker | 2 |
| 1985 | Glenvar | *2 | Madison County | 0 |
| 1984 | Council | 8 | King William | 2 |
| 1983 | S. J.-Mount Jackson | 7 | James River | 2 |

| | | | | |
|------|-------------|-----|---------------|----|
| 1982 | Council | 11 | Page County | 8 |
| 1981 | Page County | 14 | Clifton Forge | 0 |
| 1980 | Essex | 13 | Council | 4 |
| 1979 | Lancaster | 16, | Clifton Forge | 1 |
| 1978 | Essex | 20, | Goochland | 16 |

Team Records

Most championships:

| | | |
|---|---------------|--|
| 5 | Powhatan | Group A 1993-94, 1996, 1999 Group AA 2001 |
| 5 | Glenvar | 1985, 1989, 1991-92, 1997 |
| 5 | James Madison | 1987-89, 1984, 1979 |

Consecutive championships:

| | | |
|---|---------------|---------|
| 3 | Great Bridge | 1998-00 |
| | James Madison | 1987-89 |
| | Broad Run | 2007-09 |

Consecutive wins:

| | | |
|----|---------------|---------|
| 71 | James Madison | 1987-89 |
|----|---------------|---------|

Consecutive losses:

Not Available

Runs Scored

Season:

| | | |
|-----|----------------|------|
| 293 | Hayfield | 2010 |
| 263 | Langley | 2005 |
| 245 | Yorktown | 2007 |
| 231 | John S. Battle | 2007 |
| 211 | Coeburn | 2010 |
| 183 | Loudoun County | 2008 |
| 189 | Broad Run | 2001 |
| 187 | Northwood | 2009 |

Game, one team:

Not Available

Game, two teams:

Not Available

Hits

Season:

| | | |
|-----|----------------|------|
| 309 | John S. Battle | 2007 |
| 287 | Loudoun County | 2008 |
| 285 | Langley | 2005 |
| 276 | Yorktown | 2007 |
| 257 | C.D. Hylton | 2005 |
| 256 | Coeburn | 2010 |
| 243 | Loudoun County | 2007 |

Game, one team:

| | | |
|----|--------------------------------------|----------|
| 39 | Langley vs. South Lakes | 4/1/2008 |
| 23 | Loudoun County vs. Heritage-Leesburg | 4/1/2008 |

Game, two teams:

Not Available

Triples in a season:

| | | |
|----|-------------|------|
| 34 | C.D. Hylton | 2005 |
|----|-------------|------|

Pitching

Strikeouts, season:

| | | |
|-----|-----------|------|
| 436 | Broad Run | 2002 |
|-----|-----------|------|

Strikeouts, game, one team:

| | | |
|----|---------------------------------|----------|
| 25 | Coeburn v. Holston | 6/9/2010 |
| 24 | Broad Run v. Park View-Sterling | 2002 |

Strikeouts, game, two teams:

| | | |
|----|---------------------------------|----------|
| 44 | Coeburn v. Holston | 6/9/2010 |
| 38 | Broad Run v. Park View-Sterling | 2002 |
| 38 | Madison v. Osbourn | 2004 |

E.R.A. Season:

| | | |
|------|-----------|------|
| 0.00 | Broad Run | 2002 |
|------|-----------|------|

Shutouts, Season:

| | | |
|----|-----------|------|
| 23 | Broad Run | 2002 |
|----|-----------|------|

Shutouts, consecutive games:

| | | |
|----|-----------|-----------|
| 16 | Coeburn | 2009 |
| 11 | Madison | 2003 |
| 10 | Broad Run | 2000-2001 |
| 9 | Broad Run | 2002 |

Shutout innings:

| | | |
|-----|-----------|-----------|
| 109 | Coeburn | 2009 |
| 79 | Broad Run | 2000-2001 |
| 71 | Broad Run | 2002 |

Consecutive no hitters:

| | | |
|---|-----------|-----------|
| 3 | Broad Run | 2002,2001 |
|---|-----------|-----------|

Longest Game

| | | |
|------------|---------------------------------|--------------|
| 21 innings | Monacan 3, Mills Godwin 1 | 5/21-22/1998 |
| 21 innings | Powhatan 1, Nottoway 0 | 05/02/06 |
| 21 innings | Wilson Memoriaa 1, Riverheads 0 | 05/24/07 |
| 20 innings | Oakton 2, Centreville 1 | 2003 |

Individual Records

Hits

Career:

| | | | |
|-----|-----------------|-----------------|-----------|
| 186 | Kelsey Green | Langley | 2005-08 |
| 152 | Jenny Law | Franklin County | 2005-08 |
| 151 | Christy Anch | Broad Run | 1999-2002 |
| 145 | Courtney Steele | Manassas Park | 2004-07 |

Season:

| | | | |
|----|--------------------|-----------------|------|
| 57 | Logan Viers | Abingdon | 2010 |
| 53 | Rochelle Latka | Loudoun County | 2008 |
| 49 | Lauren Frankiewicz | Madison | 2003 |
| 49 | Jenny Law | Franklin County | 2008 |
| 48 | Lauren Frankiewicz | Madison | 2004 |
| 47 | Christy Anch | Broad Run | 2002 |
| 47 | Kelsey Green | Langley | 2005 |
| 47 | Tara Cannon | John S. Battle | 2007 |
| 47 | Chelsey Woods | John S. Battle | 2007 |
| 47 | Kelsey Green | Langley | 2007 |

Game:

| | | | |
|---|-------------------|----------------------|-----------|
| 7 | Kelsey Green | Langley | 4/1/2008 |
| 6 | Nichole Pitcock | Park View, Sterling | 4/21/2006 |
| 6 | Courtney Steele | Manassas Park | 5/16/2006 |
| 6 | Michelle Martinez | Maggie Walker | 4/18/2007 |
| 6 | Tori Bowley | Brentsville District | 4/24/2008 |

| | | | |
|---------------------|----------------|-------------|-------------------|
| Consecutive: | | | |
| 11 | Kelsey Green | Langley | 4/1/2008/4/8/08 |
| 10 | Rochelle Latka | Loudoun Co. | 4/15/2009/4/18/09 |

| | | | |
|---------------------------|--------------------|-----------|-----------|
| Consecutive games: | | | |
| 30 | Lauren Frankiewicz | Madison | 2003-2004 |
| 26 | Christy Anch | Broad Run | 2001-2002 |

Triples

| | | | |
|----------------|---------------|-------------|------|
| Season: | | | |
| 10 | Sarah Himan | C.D. Hylton | 2006 |
| 10 | Ashley Ahearn | C.D. Hylton | 2005 |

Home Runs

| | | | |
|----------------|-----------------|---------------|---------|
| Career: | | | |
| 30 | Courtney Steele | Manassas Park | 2004-07 |

| | | | |
|----------------|------------------|-------------------|------|
| Season: | | | |
| 12 | Courtney Steele | Manassas Park | 2006 |
| 10 | Nikita Belcher | John S. Battle | 2007 |
| 9 | Ashli Breau | James Madison | 2006 |
| 7 | Kendra Nutter | Northwood | 2008 |
| 6 | Brea Hinegardner | Central-Woodstock | 2008 |

| | | | |
|----------------|------------------|-------------------------------|---------|
| Game: | | | |
| 3 | Nikita Belcher | John Battle vs. P. Henry | 3/26/07 |
| 3* | Kelsey Green | Langley vs. South Lakes | 4/1/08 |
| 3 | Jaydee Brewer | J.J. Kelly vs. Rye Cove | 4/21/08 |
| 3 | Dorian Shaw | Robinson vs. Fairfax | 5/16/08 |
| 2 | Courtney Steele | Manassas Pk vs. Liberty | 4/5/05 |
| 2* | Chelsea Kelley | Cave Spring vs. Salem | 5/2/06 |
| 2 | Ashli Breau | J. Madison vs. G. Marshall | 5/5/06 |
| 2 | Courtney Steele | Manassas Pk vs. G. Mason | 5/16/06 |
| 2 | Courtney Steele | Manassas Pk vs. Clarke Co. | 5/26/06 |
| 2 | Courtney Steele | Manassas Pk vs. Pot. Falls | 3/13/06 |
| 2 | Ashli Breau | J. Madison vs. Southlakes | 3/31/06 |
| 2 | Ashley Scroggin | North Stafford vs. Massaponax | 4/18/07 |
| 2 | Kashina Hancock | Franklin Co. vs. Heritage | 3/28/08 |
| 2 | Abbie Rexrode | James River-B vs. Craig Co. | 4/8/08 |
| 2 | Brea Hinegardner | Central-Wood vs. Warren Co. | 4/18/08 |
| 2 | Brea Hinegardner | Central-Wood vs. Warren Co. | 5/1/08 |
| 2 | Kendra Nutter | Northwood vs. Bland | 5/13/08 |
| 2 | Catherine Nixon | Coeburn vs. Rye Cove | 3/30/10 |
| *2 grand slams | | | |

RBI

| | | | |
|----------------|-----------------|---------------|-----------|
| Career: | | | |
| 131 | Courtney Steele | Manassas Park | 2004-07 |
| 125 | Bridget Desbois | Langley | 2004-07 |
| 116 | Gabrielle Pryor | Gloucester | 2003-06 |
| 110 | Christy Anch | Broad Run | 1999-2002 |

| | | | |
|----------------|------------------|----------------|------|
| Season: | | | |
| 52 | Nikita Belcher | John S. Battle | 2007 |
| 45 | Gabrielle Pryor | Gloucester | 2006 |
| 43 | Morgan Davis | James Madison, | 2006 |
| 43 | Courtney Steele | Manassas Park | 2006 |
| 43 | Nikita Belcher | John Battle | 2006 |
| 42 | Bridget Desbois | Langley | 2006 |
| 41 | Bridget Desbois | Langley | 2007 |
| 40 | Susan Ballentine | Maggie Walker | 2007 |

| | | | |
|----|--------------|-----------|------|
| 38 | Christy Anch | Broad Run | 2001 |
| 38 | Kelsey Green | Langley | 2008 |

Game:

| | | | |
|----|--------------------|---------------|-----------|
| 17 | Kelsey Green | Langley | 4/1/2008 |
| 10 | Chelsea Kelley | Cave Spring | 5/02/2006 |
| 10 | Whitney Small | Herndon | 5/10/2007 |
| 10 | Brittany Larrick | Sherando | 4/6/2009 |
| 8 | Diondra Fryer | Dominion | 3/22/2006 |
| 8 | Courtney Steele | Manassas Park | 5/16/2006 |
| 8 | Kayla Lechler | Stone Bridge | 2005 |
| 8 | Michelle Martinez | Maggie Walker | 3/28/2007 |
| 7 | Christy Anch | Broad Run | 2001 |
| 7 | Lauren Frankiewicz | Madison | 2003 |
| 7 | Kelsey Lam | Sherando | 4/18/2006 |
| 7 | Shae Braxton | C.D. Hylton | 3/25/2009 |
| 7 | Charity Lawson | Rye Cove | 4/20/2010 |

Runs

| | | | |
|----------------|-----------------|-----------------|---------|
| Career: | | | |
| 142 | Kelsey Green | Langley | 2005-08 |
| 117 | Hannah Light | Coeburn | 2007-10 |
| 105 | Taylor Williams | C.D. Hylton | 2006-09 |
| 102 | Rochelle Latka | Loudoun County | 2006-09 |
| 96 | Jenny Law | Franklin County | 2005-08 |

Season:

| | | | |
|----|-----------------|-----------------|------|
| 47 | Hannah Williams | Hayfield | 2010 |
| 42 | Kelsey Green | Langley | 2005 |
| 41 | Rochelle Latka | Loudoun County | 2008 |
| 41 | Jenny Law | Franklin County | 2008 |
| 40 | Courtney Steele | Manassas Park | 2007 |
| 39 | McKinley Cooper | Langley | 2006 |
| 39 | Chelsea Woods | John S. Battle | 2007 |
| 39 | McKinley Cooper | Langley | 2007 |
| 38 | Kelsey Green | Langley | 2006 |
| 37 | Amber Buchanan | Northwood | 2009 |

Game:

| | | | |
|---|--------------|---------|--------|
| 7 | Kelsey Green | Langley | 4/1/08 |
|---|--------------|---------|--------|

Stolen Bases

| | | | |
|----------------|----------------|----------------|---------|
| Career: | | | |
| 99 | Kasey Anderson | Chatham | 2007-10 |
| 69 | Rochelle Latka | Loudoun County | 2006-09 |
| 67 | Amber Buchanan | Northwood | 2008-09 |

Season:

| | | | |
|----|-----------------|----------------|------|
| 40 | Kasey Anderson | Chatham | 2010 |
| 40 | Hannay Williams | Hayfield | 2010 |
| 39 | Amber Buchanan | Northwood | 2009 |
| 32 | Rochelle Latka | Loudoun County | 2008 |
| 32 | Amanda Byrd | Giles | 2009 |
| 31 | Megan Honaker | Holston | 2009 |
| 28 | Amber Buchanan | Northwood | 2008 |

Game:

| | | | |
|---|----------------|---------------------------|---------|
| 6 | Amber Buchanan | Northwood vs. Holston | 4/7/08 |
| 5 | Kasey Anderson | Chatham vs. Nelson County | 4/13/10 |
| 4 | Megan Honaker | Holston vs. Rural Retreat | 5/1/09 |

| | | | |
|---|----------------|----------------------------|---------|
| 4 | Megan Honaker | Holston vs. Grayson County | 5/25/09 |
| 4 | Kasey Anderson | Chatham vs. Tunstall | 3/19/10 |
| 4 | Kasey Anderson | Chatham vs. GW-Danville | 4/7/10 |

Pitching Wins

Career:

| | | | |
|----|------------------|------------|-----------|
| 96 | Christy Anch | Broad Run | 1999-2002 |
| 81 | Stephanie Coates | Gloucester | 2005-08 |

Season:

N/A

Shutouts

Career:

| | | | |
|----|------------------|------------|-----------|
| 71 | Christy Anch | Broad Run | 1999-2002 |
| 56 | Stephanie Coates | Gloucester | 2005-08 |
| 46 | Brandy Bailey | Northside | |
| 46 | Hannah Light | Coeburn | 2007-10 |

Consecutive shutouts:

| | | | |
|----|----------------|----------------------|-----------|
| 17 | Angela Tincher | James River-Buchanan | 2004 |
| 15 | Hannah Light | Coeburn | 2009 |
| 12 | Abbie Rexrode | James River-Buchanan | 2006 |
| 10 | Christy Anch | Broad Run | 2000-2001 |
| 9 | Christy Anch | Broad Run | 2002 |
| 6 | Jailyn Ford | Bath County | 2009 |
| 4 | Brandy Bailey | Northside | |

E.R.A.

Career:

| | | | |
|------|--------------|-----------|-----------|
| 0.16 | Christy Anch | Broad Run | 1999-2002 |
|------|--------------|-----------|-----------|

Season:

| | | | |
|------|--------------|-----------|------|
| 0.00 | Christy Anch | Broad Run | 2002 |
|------|--------------|-----------|------|

Strikeouts

Career:

| | | | |
|-------|------------------|----------------------|-----------|
| 1,394 | Christy Anch | Broad Run | 1999-2002 |
| 1,210 | Abbie Rexrode | James River-Buchanan | 2005-08 |
| 1,092 | Hannah Light | Coeburn | 2007-10 |
| 1,056 | Stephanie Coates | Gloucester | 2005-08 |
| 1,011 | Brandy Bailey | Northside | |

Season:

| | | | |
|-----|---------------------|-----------------|------|
| 435 | Christy Anch | Broad Run | 2002 |
| 410 | Lauren Frankiewicz | Madison | 2003 |
| 375 | Christy Anch | Broad Run | 2000 |
| 354 | Abigail Lee Rexrode | James River-Buc | 2006 |
| 350 | Brandy Bailey | Northside | |

Game:

| | | | |
|----|---------------|----------------------------------|-----------|
| 32 | Sarah Davis | Powhatan vs. Nottoway | 05/2/2006 |
| 25 | Abbie Rexrode | James River vs. John Battle | 06/1/2006 |
| 25 | Hannah Light | Coeburn vs. Holston | 6/9/2010 |
| 24 | Christy Anch | Broad Run vs. Park View-Sterling | 2002 |
| 22 | Jailyn Ford | Bath County vs. Alleghany | 3/20/09 |
| 21 | Brandy Bailey | Northside vs. Blacksburg | 2000 |

Per game:

| | | | |
|------|--------------|-----------|------|
| 15.5 | Christy Anch | Broad Run | 2002 |
| 13.2 | Morgan Lowe | Holston | 2009 |

No-Hitters

Career:

| | | | |
|----|------------------|------------|-----------|
| 26 | Brandy Bailey | Northside | |
| 26 | Stephanie Coates | Gloucester | 2005-08 |
| 19 | Christy Anch | Broad Run | 1999-2002 |

Season:

| | | | |
|---|--------------------|-----------|------|
| 9 | Brandy Bailey | Northside | |
| 8 | Lauren Frankiewicz | Madison | 2003 |
| 7 | Christy Anch | Broad Run | 2000 |

Consecutive:

| | | | |
|---|--------------|---------|------|
| 3 | Hannah Light | Coeburn | 2009 |
|---|--------------|---------|------|

Perfect Games

Career:

| | | | |
|----|------------------|------------|-----------|
| 13 | Stephanie Coates | Gloucester | 2005-08 |
| 8 | Christy Anch | Broad Run | 1999-2002 |
| 8 | Hannah Light | Coeburn | 2007-10 |

Innings Pitched

Game:

| | | | |
|------|-------------------|--------------------------------|------------|
| 21 | Kelly Moss | Monacan vs. Mills Godwin | 5/21-22/98 |
| 21 | Catherine Gilliam | Mills Godwin vs. Monacan | 5/22-22/98 |
| 21 | Summer Ramsey | Wilson Memorial vs. Riverheads | 05/24/07 |
| 20.2 | Annie Sandridge | Riverheads vs. Wilson Memorial | 05/24/07 |

Coaching Records

Most wins:

| | | | |
|-----|------------------|------------------|-----------|
| 519 | Marie Crump | Powhatan | 1981-2006 |
| 303 | Rob Benton | West Springfield | |
| 301 | Susan Martindale | Spotswood | |
| 285 | Pat Dean | James Madison | |

BOYS SWIMMING AND DIVING

Team Champions

(champion, runner-up)

AAA

| | | | | |
|------|----------------------|-------|---------------|-------|
| 2010 | Oakton | 202.0 | Langley | 173.0 |
| 2009 | James Robinson | 206.0 | James Madison | 156.5 |
| 2008 | James Robinson | 241.0 | Oakton | 213.0 |
| 2007 | James Robinson | 274.0 | Oakton | 158.0 |
| 2006 | James Robinson | 283.0 | Lake Braddock | 177.0 |
| 2005 | James Robinson | 300.0 | Lake Braddock | 188.0 |
| 2004 | James Robinson | 274.0 | Lake Braddock | 192.0 |
| 2003 | James Robinson | 239.0 | Menchville | 180.0 |
| 2002 | Thomas Jefferson S&T | 187.0 | Menchville | 185.0 |
| 2001 | Cave Spring | 179.5 | Menchville | 170.0 |
| 2000 | Cave Spring | 188.0 | South Lakes | 183.0 |
| 1999 | South Lakes | 286.5 | Menchville | 218.5 |
| 1998 | Kempsville | 253.0 | South Lakes | 245.0 |
| 1997 | Thomas Jefferson S&T | 216.0 | South Lakes | 181.0 |

AA/A

| | | | | |
|------|----------------------|-------|---------------|-------|
| 2010 | Brentsville District | 206.0 | Hidden Valley | 201.0 |
| 2009 | Lafayette | 216.0 | Jamestown | 213.0 |
| 2008 | Jamestown | 248.0 | Lafayette | 228.0 |
| 2007 | Jamestown | 329.5 | Lafayette | 216.0 |
| 2006 | Jamestown | 301.0 | Lafayette | 230.0 |
| 2005 | Tabb | 273.0 | Hidden Valley | 254.0 |
| 2004 | Hidden Valley | 289.0 | Jamestown | 268.0 |
| 2003 | Tabb | 292.0 | Jamestown | 267.0 |
| 2002 | Tabb | 291.5 | Blacksburg | 232.0 |
| 2001 | Jamestown | 280.5 | Lafayette | 275.0 |
| 2000 | Lafayette | 285.0 | Jamestown | 236.0 |

Individual Champions

AAA

* events measured in meters rather than yards;
meet staged at Princess Anne Recreation Center

200 Medley Relay

| | | |
|-------|----------------------|---------|
| 2010* | Langley | 1:45.38 |
| 2009 | James Robinson | 1:36.24 |
| 2008 | Oakton | 1:34.85 |
| 2007* | James Robinson | 1:48.65 |
| 2006 | Herndon | 1:37.82 |
| 2005 | James Robinson | 1:38.57 |
| 2004 | James Robinson | 1:37.34 |
| 2003* | Menchville | 1:49.18 |
| 2002 | Thomas Jefferson S&T | 1:38.61 |
| 2001 | Menchville | 1:38.71 |
| 2000 | Oakton | 1:38.49 |
| 1999 | Menchville | 1:38.72 |
| 1998* | Kempsville | 1:49.12 |
| 1997 | Mount Vernon | 1:38.75 |

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200 Freestyle

| | | | |
|-------|------------------|------------------|---------|
| 2010* | Bradley Phillips | Oakton | 1:51.60 |
| 2009 | Bradley Phillips | Oakton | 1:40.62 |
| 2008 | John Schnittker | James Madison | 1:40.29 |
| 2007* | Cameron Gledhill | McLean | 1:53.01 |
| 2006 | Drew Finelli | James Robinson | 1:41.59 |
| 2005 | Drew Finelli | James Robinson | 1:44.44 |
| 2004 | Drew Finelli | James Robinson | 1:44.55 |
| 2003* | Chris Meleski | South Lakes | 1:53.56 |
| 2002 | Chris Meleski | South Lakes | 1:41.79 |
| 2001 | Chris Meleski | South Lakes | 1:43.13 |
| 2000 | Chris Bassler | Thomas Jefferson | 1:43.54 |
| 1999 | Marc Severin | South Lakes | 1:42.72 |
| 1998* | Greg Long | South Lakes | 1:54.74 |
| 1997 | Brett Cline | Warwick | 1:41.62 |

200 Individual Medley

| | | | |
|-------|----------------------|-------------------|---------|
| 2010* | KJ Park | Oakton | 2:04.40 |
| 2009 | David Kiss | Thomas Edison | 1:51.72 |
| 2008 | Jonathan Christensen | Thomas Jefferson | 1:53.01 |
| 2007* | Andy Brake | Lake Braddock | 2:05.53 |
| 2006 | Andy Brake | Lake Braddock | 1:54.07 |
| 2005 | Zachary Hayden | Stonewall Jackson | 1:53.99 |
| 2004 | John Hutchison | West Springfield | 1:55.95 |
| 2003* | Brett MacLennan | Gar-Field | 2:05.62 |
| 2002 | Mike Ott | Oakton | 1:53.61 |
| 2001 | Matt Ott | Oakton | 1:54.44 |
| 2000 | Markus Rogan | Mt. Vernon | 1:52.66 |
| 1999 | Greg Long | South Lakes | 1:53.73 |
| 1998* | Marc Severin | South Lakes | 2:08.08 |
| 1997 | Marc Severin | South Lakes | 1:55.76 |

50 Freestyle

| | | | |
|-------|-----------------|----------------------|-------|
| 2010* | Joey Kelly | Fairfax | 23.67 |
| 2009 | Robbie Parker | James Madison | 20.88 |
| 2008 | Geoff Bobsin | James Robinson | 21.34 |
| 2007* | Zach Holmes | James Robinson | 23.84 |
| 2006 | Zach Holmes | James Robinson | 21.28 |
| 2005 | Steve Scheren | James Robinson | 21.07 |
| 2004 | Steve Scheren | James Robinson | 21.14 |
| 2003* | Michael Balint | Thomas Jefferson S&T | 24.10 |
| 2002 | Casey Moore | Great Bridge | 21.66 |
| 2001 | Joel Cross | Bethel | 21.06 |
| 2000 | Mike Sihler | Oakton | 21.45 |
| 1999 | Matt Morrisette | Frank Cox | 21.69 |
| 1998* | John McLaren | Kempsville | 23.80 |
| 1997 | Jon Lowell | Lake Braddock | 21.35 |

100 Butterfly

| | | | |
|-------|---------------|-----------------------|-------|
| 2010* | Nick Tremols | Battlefield | 56.24 |
| 2009 | Sean Fletcher | James Madison | 47.08 |
| 2008 | Sean Fletcher | James Madison | 48.97 |
| 2007* | Sean Fletcher | James Madison | 56.1 |
| 2006 | Zack Wise | R.E. Lee, Springfield | 50.26 |

| | | | |
|-------|-----------------|-----------------|-------|
| 2005 | Ian deToll | Culpeper County | 50.76 |
| 2004 | J.B. Walsh | Ocean Lakes | 50.70 |
| 2003* | J.B. Walsh | Ocean Lakes | 56.54 |
| 2002 | Peter Verhoef | Warwick | 50.01 |
| 2001 | Josh Fulton | Menchville | 50.14 |
| 2000 | Adam Orton | South Lakes | 49.95 |
| 1999 | Adam Orton | South Lakes | 50.12 |
| 1998* | Matt Morrisette | Frank Cox | 56.42 |
| 1997 | Matt Morrisette | Frank Cox | 52.49 |

100 Freestyle

| | | | |
|-------|----------------|-------------------|-------|
| 2010* | Joey Kelly | Fairfax | 52.09 |
| 2009 | Sean Fletcher | James Madison | 45.58 |
| 2008 | Tim Wingert | James Robinson | 45.56 |
| 2007* | Zach Holmes | James Robinson | 51.76 |
| 2006 | Zachary Hayden | Stonewall Jackson | 46.49 |
| 2005 | Steve Scheren | James Robinson | 45.59 |
| 2004 | Steve Scheren | James Robinson | 46.09 |
| 2003* | Mike Ott | Oakton | 52.68 |
| 2002 | Mike Ott | Oakton | 47.24 |
| 2001 | Mike Anstrom | Braddock | 46.60 |
| 2000 | Mike Ott | Oakton | 47.49 |
| 1999 | Marc Severin | South Lakes | 46.96 |
| 1998* | Matt Brado | R.E. Lee | 52.28 |
| 1997 | Jon Lowell | Lake Braddock | 46.41 |

500 Freestyle

| | | | |
|-------|---------------|------------------|---------|
| 2009 | Matt Benecki | Chantilly | 4:25.72 |
| 2008 | Matt Benecki | Chantilly | 4:30.16 |
| 2007* | Bryan Uncur | Hickory | 5:05.34 |
| 2006 | Alex Anderson | James Madison | 4:30.57 |
| 2005 | Drew Finelli | James Robinson | 4:34.83 |
| 2004 | Alex Anderson | James Madison | 4:37.85 |
| 2003* | Chris Meleski | South Lakes | 5:09.00 |
| 2002 | Chris Meleski | South Lakes | 4:36.40 |
| 2001 | Tim Norton | Kempsville | 4:40.94 |
| 2000 | Chris Bassler | Thomas Jefferson | 4:40.75 |
| 1999 | Greg Long | South Lakes | 4:39.97 |
| 1997 | Greg Long | South Lakes | 4:42.16 |

400 Freestyle

| | | | |
|-------|------------------|-------------|---------|
| 2010* | Bradley Phillips | Oakton | 3:54.88 |
| 1998* | Greg Long | South Lakes | 4:00.99 |

200 Freestyle Relay

| | | | |
|-------|----------------------|--|---------|
| 2010* | W.T. Woodson | | 1:36.59 |
| 2009 | James Madison | | 1:25.43 |
| 2008 | James Robinson | | 1:25.89 |
| 2007* | James Robinson | | 1:37.08 |
| 2006 | James Robinson | | 1:27.91 |
| 2005 | James Robinson | | 1:28.12 |
| 2004 | James Robinson | | 1:27.57 |
| 2003* | James Robinson | | 1:39.93 |
| 2002 | Thomas Jefferson S&T | | 1:28.94 |
| 2001 | Mount Vernon | | 1:29.51 |
| 2000 | Oakton | | 1:27.16 |
| 1999 | South Lakes | | 1:27.70 |
| 1998* | South Lakes | | 1:37.20 |
| 1997 | West Springfield | | 1:28.04 |

100 Backstroke

| | | | |
|-------|------------------|----------------------|-------|
| 2010* | Josh Friedel | Mountain View | 56.89 |
| 2009 | Michael Hallock | Oakton | 50.33 |
| 2008 | Sean Fletcher | James Madison | 51.54 |
| 2007* | Wade Gong | Thomas Jefferson | 59.00 |
| 2006 | Jimmy McLaughlin | Herndon | 51.63 |
| 2005 | Nick Loyd | Stafford | 51.99 |
| 2004 | John Lyles | Lake Braddock | 52.42 |
| 2003* | Brett MacLennan | Gar-Field | 58:16 |
| 2002 | Alan Fishman | JEB Stuart | 52.16 |
| 2001 | Josh Fulton | Menchville | 51.06 |
| 2000 | Markus Rogan | Mt. Vernon | 50.20 |
| 1999 | Adam Orton | South Lakes | 51.76 |
| 1998* | Chris Mousetis | Woodside | 58.68 |
| | Ryan Buckham | Thomas Jefferson S&T | |
| 1997 | Markus Rogan | Mount Vernon | 52.73 |

100 Breaststroke

| | | | |
|-------|------------------|-----------------|---------|
| 2010* | KJ Park | Oakton | 1:03.59 |
| 2009 | Stephen Richards | Langley | 57.15 |
| 2008 | Derek Bui | James Robinson | 57.34 |
| 2007* | Derek Bui | James Robinson | 1:04.03 |
| 2006 | Derek Bui | James Robinson | 57.69 |
| 2005 | Zachary Hayden | St. Jackson | 58.19 |
| 2004 | Russell Smyth | Culpeper County | 58.75 |
| 2003* | Andy Pelenberg | Annandale | 1:05.82 |
| 2002 | Rick Eddy | Westfield | 58.14 |
| 2001 | Rick Eddy | Westfield | 57.89 |
| 2000 | Rick Eddy | Chantilly | 58.57 |
| 1999 | Conrad Mapp | Frank Cox | 59.00 |
| 1998* | Ed Moses | Lake Braddock | 1:03.35 |
| 1997 | Ed Moses | Lake Braddock | 58.98 |

400 Freestyle Relay

| | | | |
|-------|----------------|--|---------|
| 2010* | Oakton | | 3:31.44 |
| 2009 | James Madison | | 3:06.81 |
| 2008 | James Robinson | | 3:08.20 |
| 2007* | James Robinson | | 3:32.98 |
| 2006 | James Robinson | | 3:11.83 |
| 2005 | James Robinson | | 3:12.98 |
| 2004 | James Robinson | | 3:16.07 |
| 2003* | Menchville | | 3:35.83 |
| 2002 | Menchville | | 3:12.92 |
| 2001 | South Lakes | | 3:15.61 |
| 2000 | Mt. Vernon | | 3:13.11 |
| 1999 | South Lakes | | 3:08.23 |
| 1998* | South Lakes | | 3:34.18 |
| 1997 | South Lakes | | 3:15.32 |

1-Meter Diving

| | | | |
|------|------------------|----------------|--------|
| 2010 | Cory Bowersox | James Robinson | 540.25 |
| 2009 | Cory Bowersox | James Robinson | 504.65 |
| 2008 | Bryan Bahr | Mount Vernon | 454.05 |
| 2007 | Daniel Martin | W.T. Woodson | 481.05 |
| 2006 | Michael McDonald | W.T. Woodson | 519.15 |
| 2005 | Mike Papageorge | James Robinson | 502.56 |
| 2004 | Mike McDonald | W. T. Woodson | 476.70 |
| 2003 | Scott Hudson | Lake Braddock | 440.37 |
| 2002 | Andrew Barber | Marshall | 497.37 |

| | | | |
|------|---------------|-----------------|--------|
| 2001 | Andy Bradley | James Robinson | 528.55 |
| 2000 | Andrew Barber | George Marshall | 478.53 |
| 1999 | Stephen Krebs | W. T. Woodson | 495.50 |
| 1998 | Stephen Krebs | W. T. Woodson | 482.00 |
| 1997 | Stephen Krebs | W. T. Woodson | 470.95 |

Individual Champions

AA/A

200 Medley Relay

| | | | |
|------|----------------------|--|---------|
| 2010 | Hidden Valley | | 1:40.05 |
| 2009 | Lafayette | | 1:37.03 |
| 2008 | Brentsville District | | 1:37.47 |
| 2007 | Lafayette | | 1:38.53 |
| 2006 | Lafayette | | 1:38.81 |
| 2005 | Tabb | | 1:38.79 |
| 2004 | Hidden Valley | | 1:39.96 |
| 2003 | Tabb | | 1:40.11 |
| 2002 | Tabb | | 1:36.87 |
| 2001 | Tabb | | 1:38.54 |
| 2000 | Jamestown | | 1:41.19 |

200 Freestyle

| | | | |
|------|---------------|----------------|---------|
| 2010 | Austin Criss | Salem | 1:42.42 |
| 2009 | Seth Wensel | Christiansburg | 1:39.09 |
| 2008 | Seth Wensel | Christiansburg | 1:40.99 |
| 2007 | Andy Mears | Potomac Falls | 1:42.50 |
| 2006 | Matt McLean | Potomac Falls | 1:40.30 |
| 2005 | Matt McLean | Potomac Falls | 1:39.96 |
| 2004 | Lee Robertson | Waynesboro | 1:44.31 |
| 2003 | Tommy Evans | Blacksburg | 1:42.90 |
| 2002 | Tommy Evans | Blacksburg | 1:43.16 |
| 2001 | John Hartman | Jamestown | 1:45.29 |
| 2000 | Tommy Evans | Blacksburg | 1:48.38 |

200 Individual Medley

| | | | |
|------|-----------------|------------------|---------|
| 2010 | Mark Sarman | Broad Run | 1:54.30 |
| 2009 | Evan Gregg | Blacksburg | 1:48.29 |
| 2008 | Todd McGraw | William Byrd | 1:51.26 |
| 2007 | Evan Gregg | Blacksburg | 1:54.85 |
| 2006 | Scott Harkins | Lafayette | 1:56.50 |
| 2005 | John Kegelman | Tabb | 1:57.36 |
| 2004 | Austin Fiehler | Jamestown | 1:56.64 |
| 2003 | Tim Kegelman | Tabb | 1:53.61 |
| 2002 | Tim Kegelman | Tabb | 1:55.34 |
| 2001 | Bobby Huneycutt | Jamestown | 1:58.51 |
| 2000 | Kenny Flory | Liberty-Bealeton | 1:57.74 |

50 Freestyle

| | | | |
|------|------------------|------------------|-------|
| 2010 | Luke Munson | Cave Spring | 21.80 |
| 2009 | Daniel Foky | Charlottesville | 21.12 |
| 2008 | Evan Gregg | Blacksburg | 21.18 |
| 2007 | Stephen Hawkins | Jefferson Forest | 20.84 |
| 2006 | Andy Arey | Turner Ashby | 21.87 |
| 2005 | David Walters | Tabb | 20.73 |
| 2004 | William Copeland | Rockbridge Co. | 20.97 |
| 2003 | William Copeland | Rockbridge Co. | 21.77 |

| | | | |
|------|--------------|----------|-------|
| 2002 | Jon Keefe | Tabb | 21.52 |
| 2001 | Tim Kegelman | Tabb | 21.79 |
| 2000 | Will Powell | Poquoson | 22.05 |

100 Butterfly

| | | | |
|------|-----------------|---------------|-------|
| 2010 | Mark Sarman | Broad Run | 51.23 |
| 2009 | Jon Keltner | Jamestown | 50.67 |
| 2008 | Matt Baumler | Lafayette | 50.91 |
| 2007 | Matt Baumler | Lafayette | 52.08 |
| 2006 | Jordan Anderson | Hidden Valley | 50.70 |
| 2005 | Jordan Anderson | Hidden Valley | 49.72 |
| 2004 | Jordan Anderson | Hidden Valley | 50.31 |
| 2003 | Tim Kegelman | Tabb | 51.21 |
| 2002 | Lyle Babcock | Tabb | 51.05 |
| 2001 | Lyle Babcock | Tabb | 50.97 |
| 2000 | Lyle Babcock | Tabb | 51.33 |

100 Freestyle

| | | | |
|------|------------------|-------------------|-------|
| 2010 | Carter Watson | Jefferson Forest | 46.59 |
| 2009 | Evan Gregg | Blacksburg | 44.63 |
| 2008 | Evan Gregg | Blacksburg | 46.12 |
| 2007 | Stephen Hawkins | Jefferson Forest | 45.52 |
| 2006 | Andy Mears | Potomac Falls | 47.56 |
| 2005 | Nate Aligood | Rockbridge County | 47.23 |
| 2004 | William Copeland | Rockbridge County | 46.14 |
| 2003 | Tommy Evans | Blacksburg | 47.06 |
| 2002 | Tommy Evans | Blacksburg | 46.91 |
| 2001 | Drew Pittman | Lafayette | 47.94 |
| 2000 | Aaron Mabery | Brookville | 48.41 |

500 Freestyle

| | | | |
|------|------------------|----------------------|---------|
| 2010 | Kemp Pettyjohn | Brookville | 4:39.96 |
| 2009 | Seth Wensel | Christiansburg | 4:34.69 |
| 2008 | Todd McGraw | William Byrd | 4:33.45 |
| 2007 | Alexander Morres | Brentsville District | 4:44.63 |
| 2006 | Matt McLean | Potomac Falls | 4:36.00 |
| 2005 | David Walters | Tabb | 4:31.74 |
| 2004 | Tyler Bradshaw | Salem | 4:44.34 |
| 2003 | David Walters | Tabb | 4:43.84 |
| 2002 | Anthony Chung | Poquoson | 4:46.35 |
| 2001 | Bobby Huneycutt | Jamestown | 4:51.51 |
| 2000 | Chris Malone | Brookville | 4:53.24 |

200 Freestyle Relay

| | | |
|------|-------------------|---------|
| 2010 | Broad Run | 1:29.09 |
| 2009 | Lafayette | 1:28.10 |
| 2008 | Lafayette | 1:27.91 |
| 2007 | Lafayette | 1:28.40 |
| 2006 | Lafayette | 1:28.90 |
| 2005 | Lafayette | 1:28.03 |
| 2004 | Rockbridge County | 1:27.87 |
| 2003 | Blacksburg | 1:29.68 |
| 2002 | Tabb | 1:28.18 |
| 2001 | Lafayette | 1:31.17 |
| 2000 | Tabb | 1:31.88 |

100 Backstroke

| | | | |
|------|------------|-----------|-------|
| 2010 | Ben Colley | Lafayette | 51.96 |
|------|------------|-----------|-------|

| | | | |
|------|--------------------|------------|-------|
| 2009 | Jon Keltner | Jamestown | 51.87 |
| 2008 | Alvaro Vega | Waynesboro | 52.00 |
| 2007 | Matt Baumler | Lafayette | 51.75 |
| 2006 | Matt Baumler | Lafayette | 53.40 |
| 2005 | Kyle Kammer | Lafayette | 53.42 |
| 2004 | John Kegelman | Tabb | 54.57 |
| 2003 | Josh Fowler | Jamestown | 54.16 |
| 2002 | Stephen Shomberger | Courtland | 52.93 |
| 2001 | John Hartmann | Jamestown | 53.09 |
| 2000 | Will Powell | Poquoson | 53.41 |

100 Breaststroke

| | | | |
|------|------------------|----------------------|---------|
| 2010 | Ben Grove | John Handley | 57.43 |
| 2009 | Ben Grove | John Handley | 57.77 |
| 2008 | Alexander Morres | Brentsville District | 57.79 |
| 2007 | Alexander Morres | Brentsville District | 59.42 |
| 2006 | Bryan Durazo | Heritage | 1:00.20 |
| 2005 | Scott Thacker | Jefferson Forest | 59.19 |
| 2004 | Tom Maddux | Loudoun Valley | 58.37 |
| 2003 | Dale Parker | Massaponax | 59.89 |
| 2002 | Tim Kegelman | Tabb | 59.35 |
| 2001 | Tim Kegelman | Tabb | 59.24 |
| 2000 | Aaron Nester | Lafayette | 59.47 |

400 Freestyle Relay

| | | |
|------|----------------------|---------|
| 2010 | Jefferson Forest | 3:14.88 |
| 2009 | Brentsville District | 3:15.78 |
| 2008 | Jamestown | 3:13.26 |
| 2007 | Jamestown | 3:15.55 |
| 2006 | Hidden Valley | 3:12.97 |
| 2005 | Tabb | 3:10.65 |
| 2004 | Rockbridge County | 3:14.41 |
| 2003 | Tabb | 3:15.38 |
| 2002 | Blacksburg | 3:16.39 |
| 2001 | Tabb | 3:14.79 |
| 2000 | Tabb | 3:23.56 |

1-Meter Diving

| | | | |
|------|-----------------|-----------------|--------|
| 2010 | Evan Walter | Jamestown | 378.60 |
| 2009 | Ben Davidson | Jamestown | 378.40 |
| 2008 | Ben Davidson | Jamestown | 367.25 |
| 2007 | Mike Newcomb | Jamestown | 342.45 |
| 2006 | Mike Newcomb | Jamestown | 348.70 |
| 2005 | Patrick Russell | Jamestown | 356.80 |
| 2004 | Neil Hebbert | Virginia | 308.70 |
| 2003 | Stephen Lepsche | Tabb | 255.50 |
| 2002 | Paul Sebring | Charolttesville | 243.90 |
| 2001 | Sean Carlton | Charlottesville | 347.45 |
| 2000 | Eran Martin | Virginia | 364.90 |

State Meet Records

AAA

* events measured in meters rather than yards; meet staged at Princess Anne Recreation Center; # NFHS National Record

200-yard Medley Relay

| | | |
|------|--------|---------|
| 2008 | Oakton | 1:34.85 |
|------|--------|---------|

(Michael Hallock, K.J. Park, Mike Piantedosi, Tim Daniels)

200-meter Medley Relay

| | | |
|-------|---------|---------|
| 2010* | Langley | 1:45.38 |
|-------|---------|---------|

200-yard Freestyle

| | | | |
|------|-----------------|---------------|---------|
| 2008 | John Schnittker | James Madison | 1:40.29 |
|------|-----------------|---------------|---------|

200-meter Freestyle

| | | | |
|-------|------------------|--------|---------|
| 2010* | Bradley Phillips | Oakton | 1:51.60 |
|-------|------------------|--------|---------|

200-yard Individual Medley

| | | | |
|------|------------|---------------|---------|
| 2009 | David Kiss | Thomas Edison | 1:51.72 |
|------|------------|---------------|---------|

200-meter Individual Medley

| | | | |
|-------|---------|--------|---------|
| 2010* | KJ Park | Oakton | 2:04.40 |
|-------|---------|--------|---------|

50-yard Freestyle

| | | | |
|------|---------------|---------------|-------|
| 2009 | Robbie Parker | James Madison | 20.88 |
|------|---------------|---------------|-------|

50-meter Freestyle

| | | | |
|-------|--------------|------------|-------|
| 1998* | John McLaren | Kempsville | 23.80 |
|-------|--------------|------------|-------|

100-yard Butterfly

| | | | |
|------|---------------|---------------|--------|
| 2009 | Sean Fletcher | James Madison | #47.08 |
|------|---------------|---------------|--------|

100-meter Butterfly

| | | | |
|-------|---------------|---------------|-------|
| 2007* | Sean Fletcher | James Madison | 56.13 |
|-------|---------------|---------------|-------|

100-yard Freestyle

| | | | |
|------|-------------|----------------|-------|
| 2008 | Tim Wingert | James Robinson | 45.56 |
|------|-------------|----------------|-------|

100-meter Freestyle

| | | | |
|-------|-------------|----------------|-------|
| 2007* | Zach Holmes | James Robinson | 51.76 |
|-------|-------------|----------------|-------|

500-yard Freestyle

| | | | |
|------|--------------|-----------|---------|
| 2009 | Matt Benecki | Chantilly | 4:25.72 |
|------|--------------|-----------|---------|

500-meter Freestyle

| | | | |
|-------|-------------|---------|---------|
| 2007* | Bryan Uncur | Hickory | 5:05.34 |
|-------|-------------|---------|---------|

400-meter Freestyle

| | | | |
|-------|------------------|--------|---------|
| 2010* | Bradley Phillips | Oakton | 3:54.88 |
|-------|------------------|--------|---------|

200-yard Freestyle Relay

| | | |
|------|---------------|---------|
| 2009 | James Madison | 1:25.43 |
|------|---------------|---------|

(Sean Fletcher, David Fallavollita, Adam Pennington, , Robbie Parker)

200-meter Freestyle Relay

| | | |
|-------|--------------|---------|
| 2010* | W.T. Woodson | 1:36.59 |
|-------|--------------|---------|

(Kevin Vest, Dean Furst, Brady Baffer, Michael Chestnut)

100-yard Backstroke

| | | | |
|------|--------------|------------|-------|
| 2000 | Markus Rogan | Mt. Vernon | 50.20 |
|------|--------------|------------|-------|

100-meter Backstroke

| | | | |
|-------|-----------------|-----------|-------|
| 2003* | Brett MacLennan | Gar-Field | 58:16 |
|-------|-----------------|-----------|-------|

100-yard Breaststroke

| | | | |
|------|------------------|---------|-------|
| 2009 | Stephen Richards | Langley | 57.15 |
|------|------------------|---------|-------|

100-meter Breaststroke

| | | | |
|-------|----------|---------------|---------|
| 1998* | Ed Moses | Lake Braddock | 1:03.35 |
|-------|----------|---------------|---------|

400-yard Freestyle Relay

| | | |
|------|---------------|---------|
| 2009 | James Madison | 3:06.81 |
|------|---------------|---------|

(Robbie Parker, Matt Russiello, Adam Pennington, Sean Fletcher)

400-meter Freestyle Relay

| | | |
|-------|--------|---------|
| 2010* | Oakton | 3:31.44 |
|-------|--------|---------|

(Philip Hu, KJ Park, Chris Megaw, Bradley Phillips)

1-Meter Diving

| | | | |
|------|---------------|----------------|--------|
| 2010 | Cory Bowersox | James Robinson | 540.25 |
|------|---------------|----------------|--------|

AA/A

200 Medley Relay

| | | |
|------|------|---------|
| 2002 | Tabb | 1:36.87 |
|------|------|---------|

200 Freestyle

| | | | |
|------|-------------|----------------|---------|
| 2009 | Seth Wensel | Christiansburg | 1:39.09 |
|------|-------------|----------------|---------|

| | | | |
|------------------------------|-------------------|---------------|---------|
| 200 Individual Medley | | | |
| 2009 | Evan Gregg | Blacksburg | 1:48.29 |
| 50 Freestyle | | | |
| 2005 | David Walters | Tabb | 20.73 |
| 100 Butterfly | | | |
| 2005 | Jordan Anderson | Hidden Valley | 49.72 |
| 100 Freestyle | | | |
| 2009 | Evan Gregg | Blacksburg | 44.63 |
| 500 Freestyle | | | |
| 2005 | David Walters | Tabb | 4:31.74 |
| 200 Freestyle Relay | | | |
| 2004 | Rockbridge County | | 1:27.87 |
| 100 Backstroke | | | |
| 2007 | Matt Baumler | Lafayette | 51.75 |
| 100 Breaststroke | | | |
| 2010 | Ben Grove | John Hancley | 57.43 |
| 400 Freestyle Relay | | | |
| 2005 | Tabb | | 3:10.65 |
| 1-Meter Diving | | | |
| 2010 | Evan Walter | Jamestown | 378.60 |

GIRLS SWIMMING AND DIVING

Team Champions

(champion, runner-up)

AAA

| | | | | |
|------|----------------------|-------|------------------|-----|
| 2010 | James Robinson | 227.5 | Langley | 166 |
| 2009 | James Robinson | 239.5 | Osbourn Park | 185 |
| 2008 | Fairfax | 268.5 | James Robinson | 224 |
| 2007 | Yorktown | 249.5 | Fairfax | 218 |
| 2006 | Yorktown | 185 | Fairfax | 180 |
| 2005 | South Lakes | 221 | Lake Braddock | 185 |
| 2004 | Thomas Jefferson S&T | 225 | South Lakes | 184 |
| 2003 | Thomas Jefferson S&T | 253 | South Lakes | 163 |
| 2002 | Thomas Jefferson S&T | 259 | South Lakes | 151 |
| 2001 | Langley | 244 | T. Jefferson S&T | 185 |
| 2000 | Langley | 360 | Centreville | 128 |
| | | | South Lakes | 128 |
| 1999 | Langley | 328 | West Springfield | 152 |
| 1998 | Langley | 275 | Cave Spring | 142 |
| 1997 | West Springfield | 218 | Lafayette | 175 |

AA

| | | | | |
|------|-----------------|-------|-------------------|-------|
| 2010 | Hidden Valley | 285 | Western Albemarle | 173.5 |
| 2009 | Hidden Valley | 308 | Lafayette | 182 |
| 2008 | Lafayette | 244 | Hidden Valley | 226 |
| 2007 | Lafayette | 344 | Grafton | 180 |
| 2006 | Lafayette | 389 | Jamestown | 184 |
| 2005 | Lafayette | 334 | Tabb | 238 |
| 2004 | Lafayette | 267 | Tabb | 230 |
| 2003 | Tabb | 250 | William Byrd | 238 |
| 2002 | Jamestown (tie) | 225 | Tabb | 225 |
| 2001 | Jamestown | 309.5 | Tabb | 213 |
| 2000 | Jamestown | 273 | Charlottesville | 248 |

Individual Champions

AAA

* events measured in meters rather than yards;
meet staged at Princess Anne Recreation Center

200 Medley Relay

| | | |
|-------|-------------------------|---------|
| 2010* | James Robinson | 2:01.90 |
| 2009 | Fairfax | 1:47.62 |
| 2008 | Fairfax | 1:46.27 |
| 2007* | Yorktown | 2:01.35 |
| 2006 | Yorktown | 1:47.66 |
| 2005 | South Lake | 1:48.31 |
| 2004 | Thomas Jefferson S&T | 1:49.50 |
| 2003* | Culpeper County | 1:59.05 |
| 2002 | Patrick Henry - Roanoke | 1:50.46 |
| 2001 | Langley | 1:49.75 |
| 2000 | Langley | 1:47.51 |
| 1999 | Langley | 1:50.01 |
| 1998* | Langley | 2:04.20 |
| 1997 | Langley | 1:53.41 |

200 Freestyle

| | | | |
|-------|-------------------|------------------|---------|
| 2010* | Kaitlin Schroeder | Atlee | 2:02.95 |
| 2009 | Rebecca Jones | First Colonial | 1:46.32 |
| 2008 | Rebecca Jones | First Colonial | 1:48.45 |
| 2007* | Rebecca Jones | First Colonial | 2:03.12 |
| 2006 | Rebecca Jones | First Colonial | 1:50.18 |
| 2005 | Sarah Baker | James Robinson | 1:51.05 |
| 2004 | Sarah Baker | James Robinson | 1:50.92 |
| 2003* | Jenny Basel | T. Jefferson S&T | 2:03.69 |
| 2002 | Kelly Freeburn | Tallwood | 1:52.05 |
| 2001 | Nicole Somers | Langley | 1:52.94 |
| 2000 | Marshi Smith | W.T. Woodson | 1:53.11 |
| 1999 | Allyson Hamilton, | West Springfield | 1:53.30 |
| 1998* | Katherine McAdoo, | T.C. Williams | 2:08.35 |
| 1997 | Allyson Hamilton, | West Springfield | 1:56.92 |

200 Individual Medley

| | | | |
|-------|--------------------|------------------|---------|
| 2010* | Kaitlin Pawlowicz | Oakton | 2:16.39 |
| 2009 | Kaitlin Pawlowicz | Oakton | 2:02.79 |
| 2008 | Ashley Danner | Lake Braddock | 2:01.19 |
| 2007* | Molly Emery | Lake Braddock | 2:22.45 |
| 2006 | Mei Christensen | South Lakes | 2:03.61 |
| 2005 | Mei Christensen | South Lakes | 2:05.28 |
| 2004 | Emily Verdin | T. Jefferson S&T | 2:04.19 |
| 2003* | Emily Verdin | T. Jefferson S&T | 2:19.87 |
| 2002 | Emily Verdin | T. Jefferson S&T | 2:05.70 |
| 2001 | Lindsey Ertter | Langley | 2:05.77 |
| 2000 | Lindsey Ertter | Langley | 2:05.64 |
| 1999 | Lindsey Ertter, | Langley | 2:07.95 |
| 1998* | Lacey Hlavaka, | Hayfield | 2:23.23 |
| 1997 | Stephanie Jenkins, | Kempsville | 2:10.90 |

50 Freestyle

| | | | |
|-------|-----------------------|-------------------|-------|
| 2010* | Julianne Phillips | Western Branch | 26.57 |
| 2009 | Amanda Kendall | James Robinson | 23.40 |
| 2008 | Amanda Kendall | James Robinson | 23.68 |
| 2007* | Amanda Kendall | James Robinson | 26.47 |
| 2006 | Amanda Kendall | James Robinson | 23.65 |
| 2005 | Christine Nichols | W.T. Woodson | 24.05 |
| 2004 | Amber Bialas | Tallwood | 23.96 |
| 2003* | Clare Wooddall-Gainey | Patrick Henry | 26.49 |
| 2002 | Allision Cameron | James Madison | 24.18 |
| 2001 | Krissy Archer | Hickory | 24.18 |
| 2000 | Lauren Cornet | Langley | 23.61 |
| 1999 | Laura Ullrich, | Centreville | 24.44 |
| 1998* | Miriam Lynch, | Lake Braddock | 27.35 |
| 1997 | Brandi Stergion, | George Washington | 24.26 |

100 Butterfly

| | | | |
|-------|-------------------|--------------|---------|
| 2010* | Kaitlin Pawlowicz | Oakton | 1:03.27 |
| 2009 | Gabrielle Mizerak | Osbourn Park | 55.02 |
| 2008 | Suzanne Schwee | Stone Bridge | 54.78 |
| 2007* | Suzanne Schwee | Stone Bridge | 1:02.66 |
| 2006 | Suzanne Schwee | Stone Bridge | 55.43 |

| | | | |
|-------|------------------|----------------|---------|
| 2005 | Hannah Brinks | Atlee | 57.25 |
| 2004 | Yeng Lan Beller | Westfield | 55.63 |
| 2003* | Yeng Lan Beller | Westfield | 1:01.35 |
| 2002 | Gigi DeToll | Culpeper | 56.34 |
| 2001 | Laura Ullrich | Westfield | 56.99 |
| 2000 | Katherine McAdoo | T.C. Williams | 56.83 |
| 1999 | Cynthia Roller, | Herndon | 56.21 |
| 1998* | Bridget Mallon, | Washington-Lee | 1:04.06 |
| 1997 | Bridget Mallon, | Washington-Lee | 58.56 |

100 Freestyle

| | | | |
|-------|-----------------------|-------------------|-------|
| 2010* | Julianne Phillips | Western Branch | 56.97 |
| 2009 | Rebecca Jones | First Colonial | 49.15 |
| 2008 | Amanda Kendall | James Robinson | 50.76 |
| 2007* | Amanda Kendall | James Robinson | 57.17 |
| 2006 | Amanda Kendall | James Robinson | 51.33 |
| 2005 | Christine Nichols | W.T. Woodson | 52.48 |
| 2004 | Christine Marshall | Menchville | 51.78 |
| 2003* | Clare Wooddall-Gainey | Patrick Henry | 57.41 |
| 2002 | Kelly Freeburn | Tallwood | 51.59 |
| 2001 | Marshi Smith | W. T. Woodson | 51.96 |
| 2000 | Lauren Cornet | Langley | 52.14 |
| 1999 | Marshi Smith, | W. T. Woodson | 53.31 |
| 1998* | Miriam Lynch, | Lake Braddock | 57.35 |
| 1997 | Brandi Stergion, | George Washington | 53.13 |

500 Freestyle

| | | | |
|-------|------------------|------------------|---------|
| 2009 | Rachael Burnett | Annandale | 4:50.14 |
| 2008 | Rebecca Jones | First Colonial | 4:53.19 |
| 2007* | Rachael Burnett | Annandale | 5:28.82 |
| 2006 | Kim Case | West Springfield | 4:55.02 |
| 2005 | Kim Case | West Springfield | 4:54.93 |
| 2004 | Sarah Baker | James Robinson | 4:54.31 |
| 2003* | Meghan Thiel | Yorktown | 5:26.07 |
| 2002 | Meghan Thiel | Yorktown | 4:54.60 |
| 2001 | Meghan Thiel | Yorktown | 4:54.65 |
| 2000 | Nicole Somers | Langley | 4:59.73 |
| 1999 | Nicole Somers, | Langley | 5:00.50 |
| 1997 | Missy Bell, West | Springfield | 5:08.83 |

400 Freestyle

| | | | |
|-------|---------------|-------------|---------|
| 2010 | Kasey Morris | Oscar Smith | 4:14.90 |
| 1998* | Lacey Hlavka, | Hayfield | 5:27.33 |

200 Freestyle Relay

| | | |
|-------|------------------|---------|
| 2010* | Langley | 1:48.94 |
| 2009 | Fairfax | 1:36.60 |
| 2008 | Fairfax | 1:36.20 |
| 2007* | Yorktown | 1:49.04 |
| 2006 | Yorktown | 1:36.58 |
| 2005 | Yorktown | 1:38.83 |
| 2004 | First Colonial | 1:39.51 |
| 2003* | First Colonial | 1:49.76 |
| 2002 | T. Jefferson S&T | 1:38.57 |
| 2001 | T. Jefferson S&T | 1:39.24 |
| 2000 | Langley | 1:37.54 |
| 1999 | Langley | 1:39.95 |
| 1998* | Langley | 1:52.35 |
| 1997 | Centreville | 1:41.84 |

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100 Backstroke

| | | | |
|-------|-------------------|-----------------------|---------|
| 2010* | Madison Hahn | Maury | 1:02.76 |
| 2009 | Meredith Cavalier | Brooke Point | 54.85 |
| 2008 | Suzanne Schwee | Stone Bridge | 55.37 |
| 2007* | Meredith Cavalier | Brooke Point | 1:03.42 |
| 2006 | Mei Christensen | South Lakes | 56.11 |
| 2005 | Michell Parkhurst | George C. Marshall | 56.17 |
| 2004 | Emily Verdin | T. Jefferson S&T | 56.16 |
| 2003* | Yeng Lan Beller | Westfield | 1:03.59 |
| 2002 | Katie Doggett | T. Jefferson S&T | 56.79 |
| 2001 | Marshi Smith | W. T. Woodson | 57.63 |
| 2000 | Marshi Smith | W. T. Woodson | 57.37 |
| 1999 | Marshi Smith, | W. T. Woodson | 57.48 |
| 1998* | Martha Snead, | Patrick Henry-Roanoke | 1:06.48 |
| 1997 | Bethany Lindberg, | Woodbridge | 57.96 |

100 Breaststroke

| | | | |
|-------|--------------------|------------------|---------|
| 2010* | Won SinHye | West Springfield | 1:11.54 |
| 2009 | Ely Baumgardner | Fairfax | 1:03.57 |
| 2008 | Ashley Danner | Lake Braddock | 1:00.96 |
| 2007* | Ellyn Baumgardner | Fairfax | 1:10.31 |
| 2006 | Ashley Danner | Lake Braddock | 1:02.68 |
| 2005 | Ashley Danner | Lake Braddock | 1:03.96 |
| 2004 | Kim Case | West Springfield | 1:06.76 |
| 2003* | Jenny Basel | T. Jefferson S&T | 1:11.18 |
| 2002 | Jenny Basel | T. Jefferson S&T | 1:04.99 |
| 2001 | Lindsey Ertter | Langley | 1:03.82 |
| 2000 | Lindsey Ertter | Langley | 1:03.65 |
| 1999 | Lindsey Ertter, | Langley | 1:03.65 |
| 1998* | Stephanie Jenkins, | Kempsville | 1:10.97 |
| 1997 | Stephanie Jenkins, | Kempsville | 1:04.41 |

400 Freestyle Relay

| | | |
|-------|--|---------|
| 2010* | Osborn | 3:59.07 |
| 2009 | Oakton | 3:33.94 |
| 2008 | Lake Braddock | 3:30.60 |
| 2007* | James Robinson | 3:55.88 |
| 2006 | Lake Braddock | 3:31.22 |
| 2005 | South Lakes | 3:33.56 |
| 2004 | South lakes | 3:34.37 |
| 2003* | Thomas Jefferson S&T | 3:56.87 |
| 2002 | South Lakes | 3:35.14 |
| 2001 | Langley | 3:34.68 |
| 2000 | Langley | 3:37.97 |
| 1999 | Langley: (Shipp, Somers, Kuga, Kriso) | 3:39.16 |
| 1998* | Langley | 4:05.82 |
| 1997 | West Springfield | 3:39.93 |

1-Meter Diving

| | | | |
|------|-----------------|----------------------|--------|
| 2010 | Kelli Stockton | Fairfax | 445.10 |
| 2009 | Maren Taylor | Yorktown | 478.95 |
| 2008 | Maren Taylor | Yorktown | 455.23 |
| 2007 | Maren Taylor | Yorktown | 420.93 |
| 2006 | Caitlin High | Maggie Walker GS | 430.55 |
| 2005 | Shelby Rudd | T. Jefferson S&T | 429.72 |
| 2004 | Lara Beth Elder | Appomattox | 421.86 |
| 2003 | Mary Yarrison | R.E. Lee-Springfield | 483.30 |

| | | | |
|------|-----------------|----------------------|--------|
| 2002 | Mary Yarrison | R.E. Lee-Springfield | 466.23 |
| 2001 | Mary Yarrison | R.E. Lee-Springfield | 454.20 |
| 2000 | Mary Yarrison | R.E. Lee-Springfield | 476.85 |
| 1999 | Amber O'Reilly, | Hayfield | 481.00 |
| 1998 | Amber O'Reilly, | Hayfield | 440.15 |
| 1997 | Amber O'Reilly, | Hayfield | 470.85 |

Individual Champions

AA

200 Medley Relay

| | | | |
|------|---------------|--|---------|
| 2010 | Briar Woods | | 1:50.60 |
| 2009 | Hidden Valley | | 1:48.26 |
| 2008 | Hidden Valley | | 1:52.24 |
| 2007 | Lafayette | | 1:51.18 |
| 2006 | Lafayette | | 1:51.90 |
| 2005 | Lafayette | | 1:51.05 |
| 2004 | Lafayette | | 1:54.22 |
| 2003 | William Byrd | | 1:53.48 |
| 2002 | Grafton | | 1:53.85 |
| 2001 | Jamestown | | 1:55.88 |
| 2000 | Tabb | | 1:54.90 |

200 Freestyle

| | | | |
|------|-----------------|----------------|---------|
| 2010 | Rachel Sepanski | Tabb | 1:53.39 |
| 2009 | Katie Keefer | Waynesboro | 1:52.36 |
| 2008 | Ali Horn | Cave Spring | 1:54.43 |
| 2007 | Lauren Ritter | Dominion | 1:53.60 |
| 2006 | Julie Sablik | Cave Spring | 1:52.59 |
| 2005 | Caitlin Perks | Fauquier | 1:53.27 |
| 2004 | Emily Kelly | Loudoun Valley | 1:52.65 |
| 2003 | Sasha Malanina | William Byrd | 1:51.52 |
| 2002 | Becky Horning | Potomac Falls | 1:54.30 |
| 2001 | Becky Horning | Potomac Falls | 1:57.42 |
| 2000 | Stefani Lubore | Broad Run | 1:59.83 |

200 Individual Medley

| | | | |
|------|-------------------|--------------|---------|
| 2010 | Ali Horn | Cave Spring | 2:04.86 |
| 2009 | Ali Horn | Cave Spring | 2:03.31 |
| 2008 | Kaitlin Pawlowicz | Heritage | 2:05.67 |
| 2007 | Meaghan Holloway | Grafton | 2:06.9 |
| 2006 | Meaghan Holloway | Grafton | 2:06.60 |
| 2005 | Kristin Cihoski | Tabb | 2:06.00 |
| 2004 | Julie Sablik | Cave Spring | 2:07.88 |
| 2003 | Bonnie Sutton | William Byrd | 2:08.49 |
| 2002 | Erin Homewood | Jamestown | 2:08.37 |
| 2001 | Sarah Deibler | York | 2:11.74 |
| 2000 | Sarah Deibler | York | 2:09.89 |

50 Freestyle

| | | | |
|------|------------------|---------------|-------|
| 2010 | Jackie Crawford | Cave Spring | 24.56 |
| 2009 | Caroline Chromik | Grafton | 24.38 |
| 2008 | Colleen Ward | Grafton | 24.72 |
| 2007 | Hannah Davis | Lafayette | 23.92 |
| 2006 | Hannah Davis | Lafayette | 24.20 |
| 2005 | Sara Smith | Spotswood | 24.08 |
| 2004 | Sara Smith | Spotswood | 24.28 |
| 2003 | Becky Horning | Potomac Falls | 24.63 |
| 2002 | Laura Campbell | Grafton | 24.25 |
| 2001 | Emily Welty | Bruton | 25.17 |

| | | | |
|------|-----------------|-----------|-------|
| 2000 | Rebecca Knicely | Jamestown | 24.91 |
|------|-----------------|-----------|-------|

100 Butterfly

| | | | |
|------|-------------------|---------------|-------|
| 2010 | Ali Horn | Cave Spring | 56.44 |
| 2009 | Ali Horn | Cave Spring | 54.69 |
| 2008 | Kaitlin Pawlowicz | Heritage | 57.36 |
| 2007 | Meaghan Holloway | Grafton | 56.69 |
| 2006 | Julie Sablik | Cave Spring | 56.60 |
| 2005 | Julie Sablik | Cave Spring | 56.46 |
| 2004 | Julie Sablik | Cave Spring | 56.26 |
| 2003 | Megan Newell | Stone Bridge | 56.69 |
| 2002 | Becky Horning | Potomac Falls | 57.28 |
| 2001 | Becky Horning | Potomac Falls | 59.22 |
| 2000 | Rebecca Knicely | Jamestown | 59.60 |

100 Freestyle

| | | | |
|------|-----------------|------------------|-------|
| 2010 | Susanna White | Jefferson Forest | 51.64 |
| 2009 | Lauren Hines | Hidden Valley | 51.15 |
| 2008 | Lauren Hines | Hidden Valley | 53.12 |
| 2007 | Hannah Davis | Lafayette | 51.49 |
| 2006 | Hannah Davis | Lafayette | 52.50 |
| 2005 | Sara Smith | Spotswood | 52.03 |
| 2004 | Sara Smith | Spotswood | 52.83 |
| 2003 | Kaitlyn Stortz | Grafton | 53.18 |
| 2002 | Laura Campbell | Grafton | 53.11 |
| 2001 | Rebecca Knicely | Jamestown | 54.50 |
| 2000 | Tamara Jones | James Monroe | 54.65 |

500 Freestyle

| | | | |
|------|-----------------|---------------|---------|
| 2010 | Lauren Gray | Hidden Valley | 5:00.95 |
| 2009 | Lauren Gray | Hidden Valley | 4:54.95 |
| 2008 | Caylyn Tate | Potomac Falls | 5:01.51 |
| 2007 | Lauren Ritter | Dominion | 4:55.26 |
| 2006 | Lauren Ritter | Dominion | 4:57.84 |
| 2005 | Lauren Ritter | Dominion | 5:04.89 |
| 2003 | Sasha Malanina | William Byrd | 4:56.51 |
| 2002 | Erin Homewood | Jamestown | 5:06.81 |
| 2001 | Lauren Wenger | Lafayette | 5:14.77 |
| 2000 | Jeanette Batten | Grafton | 5:16.20 |

200 Freestyle Relay

| | | | |
|------|-----------|--|---------|
| 2010 | Tabb | | 1:37.94 |
| 2009 | Lafayette | | 1:40.60 |
| 2008 | Lafayette | | 1:40.45 |
| 2007 | Lafayette | | 1:39.46 |
| 2006 | Lafayette | | 1:41.10 |
| 2005 | Lafayette | | 1:39.74 |
| 2004 | Lafayette | | 1:41.03 |
| 2003 | Grafton | | 1:42.45 |
| 2002 | Tabb | | 1:43.04 |
| 2001 | Tabb | | 1:44.50 |
| 2000 | Jamestown | | 1:44.41 |

100 Backstroke

| | | | |
|------|----------------|---------------------|--------|
| 2010 | Nicole Haynes | Brensville District | 58.12 |
| 2009 | Lauren Hines | Hidden Valley | 55.81 |
| 2008 | Lauren Hines | Hidden Valley | 58.72 |
| 2007 | Lauren Hines | Brookville | 59.03 |
| 2006 | Lauren Hines | Brookville | 100.32 |
| 2005 | Suzanne Schwee | Stone Bridge | 57.36 |

| | | | |
|------|------------------|--------------|-------|
| 2004 | Emily Wylam | Grafton | 59.08 |
| 2003 | Bonnie Sutton | William Byrd | 59.34 |
| 2002 | Colleen Riesbeck | Bruton | 59.24 |
| 2001 | Stefani Lubore | Broad Run | 59.28 |
| 2000 | Sarah Deibler | York | 59.70 |

100 Breaststroke

| | | | |
|------|------------------|------------------|---------|
| 2010 | Susanna White | Jefferson Forest | 1:04.85 |
| 2009 | Meaghan Holloway | Grafton | 1:04.83 |
| 2008 | Susanna White | Jefferson Forest | 1:05.10 |
| 2007 | Paige Boyer | Lafayette | 1:05.72 |
| 2006 | Paige Boyer | Lafayette | 1:05.25 |
| 2005 | Anna Linkenauger | Lafayette | 1:07.38 |
| 2004 | Mary Boland | Loudoun Valley | 1:08.57 |
| 2003 | Amy Charley | Waynesboro | 1:09.61 |
| 2002 | Ashlyn Williams | Grafton | 1:08.96 |
| 2001 | Kim Loftus | Poquoson | 1:09.78 |
| 2000 | Sarah Bolger | Tabb | 1:09.09 |

400 Freestyle Relay

| | | | |
|------|---------------|--|---------|
| 2010 | Briar Woods | | 3:36.14 |
| 2009 | Hidden Valley | | 3:34.57 |
| 2008 | Grafton | | 3:37.91 |
| 2007 | Lafayette | | 3:38.11 |
| 2006 | Lafayette | | 3:41.90 |
| 2005 | Lafayette | | 3:37.60 |
| 2004 | William Byrd | | 3:41.22 |
| 2003 | William Byrd | | 3:41.29 |
| 2002 | Jamestown | | 3:42.71 |
| 2001 | Jamestown | | 3:46.09 |
| 2000 | Jamestown | | 3:45.74 |

1-Meter Diving

| | | | |
|------|-----------------|-----------------|--------|
| 2010 | Leah Piemonte | Christiansburg | 368.60 |
| 2009 | Melissa Wheeler | William Byrd | 318.15 |
| 2008 | Melissa Wheeler | William Byrd | 263.10 |
| 2007 | Julia Koff | Hidden Valley | 317.30 |
| 2006 | Lisa Faulkner | Lancaster | 320.95 |
| 2005 | Jasmine Moore | Tabb | 344.45 |
| 2004 | Bea Ackenbom | Charlottesville | 338.55 |
| 2003 | Bea Ackenbom | Charlottesville | 324.60 |
| 2002 | Bea Ackenborn | Charolttesville | 357.95 |
| 2001 | Whitney Lawson | Virginia | 316.20 |
| 2000 | Abby Reid | Charlottesville | 333.00 |

State Meet Records

AAA

200-yard Medley Relay

| | | | |
|------|---|--|---------|
| 2008 | Fairfax | | 1:46.27 |
| | (Laura Benevento, Ellyn Baumgardner, Kristina Massie, Emily Ferguson) | | |

200-meter Medley Relay

| | | | |
|------|-----------------|--|---------|
| 2003 | Culpeper County | | 1:59.05 |
|------|-----------------|--|---------|

200-yard Freestyle

| | | | |
|------|---------------|----------------|---------|
| 2009 | Rebecca Jones | First Colonial | 1:46.32 |
|------|---------------|----------------|---------|

200-meter Freestyle

| | | | |
|------|-------------------|-------|---------|
| 2010 | Kaitlin Schroeder | Atlee | 2:02.95 |
|------|-------------------|-------|---------|

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200-yard Individual Medley

| | | | |
|------|---------------|---------------|---------|
| 2008 | Ashley Danner | Lake Braddock | 2:01.19 |
|------|---------------|---------------|---------|

200-meter Individual Medley

| | | | |
|------|-------------------|--------|---------|
| 2010 | Kaitlin Pawlowicz | Oakton | 2:16.39 |
|------|-------------------|--------|---------|

50-yard Freestyle

| | | | |
|------|----------------|----------------|-------|
| 2009 | Amanda Kendall | James Robinson | 23.40 |
|------|----------------|----------------|-------|

50-meter Freestyle

| | | | |
|------|----------------|----------------|-------|
| 2007 | Amanda Kendall | James Robinson | 26.47 |
|------|----------------|----------------|-------|

100-yard Butterfly

| | | | |
|------|----------------|--------------|-------|
| 2008 | Suzanne Schwee | Stone Bridge | 54.78 |
|------|----------------|--------------|-------|

100-meter Butterfly

| | | | |
|------|-----------------|-----------|---------|
| 2003 | Yeng Lan Beller | Westfield | 1:01.35 |
|------|-----------------|-----------|---------|

100-yard Freestyle

| | | | |
|------|---------------|----------------|-------|
| 2009 | Rebecca Jones | First Colonial | 49.15 |
|------|---------------|----------------|-------|

100-meter Freestyle

| | | | |
|------|-------------------|----------------|-------|
| 2010 | Julianne Phillips | Western Branch | 56.97 |
|------|-------------------|----------------|-------|

500-yard Freestyle

| | | | |
|------|-----------------|-----------|---------|
| 2009 | Rachael Burnett | Annandale | 4:50.14 |
|------|-----------------|-----------|---------|

500-meter Freestyle

| | | | |
|------|--------------|----------|---------|
| 2003 | Meghan Thiel | Yorktown | 5:26.07 |
|------|--------------|----------|---------|

400-meter Freestyle

| | | | |
|------|--------------|-------------|---------|
| 2010 | Kasey Morris | Oscar Smith | 4:14.90 |
|------|--------------|-------------|---------|

200-yard Freestyle Relay

| | | | |
|------|--|--|---------|
| 2008 | Fairfax | | 1:36.20 |
| | (Ellyn Baumgardner, Frances Dowd, Jean DeOrnellas, Theresa Harvey) | | |

200-meter Freestyle Relay

| | | | |
|------|---|--|---------|
| 2010 | Oakton | | 1:48.94 |
| | (Meghan Overend, Jayme Katis, Megan Howard, Abi Speers) | | |

100-yard Backstroke

| | | | |
|------|-------------------|--------------|-------|
| 2009 | Meredith Cavalier | Brooke Point | 54.85 |
|------|-------------------|--------------|-------|

100-meter Backstroke

| | | | |
|------|--------------|-------|---------|
| 2010 | Madison Hahn | Maury | 1:02.76 |
|------|--------------|-------|---------|

100-yard Breaststroke

| | | | |
|------|---------------|---------------|---------|
| 2008 | Ashley Danner | Lake Braddock | 1:00.96 |
|------|---------------|---------------|---------|

100-meter Breaststroke

| | | | |
|------|-------------------|---------|---------|
| 2007 | Ellyn Baumgardner | Fairfax | 1:10.31 |
|------|-------------------|---------|---------|

400-yard Freestyle Relay

| | | | |
|------|--|--|---------|
| 2008 | Lake Braddock | | 3:30.60 |
| | (Sarah Lynch, Carly Ogren, Molly Emery, Ashley Danner) | | |

400-meter Freestyle Relay

| | | | |
|------|----------------|--|---------|
| 2007 | James Robinson | | 3:55.88 |
|------|----------------|--|---------|

1-Meter Diving

| | | | |
|------|---------------|---------------|--------|
| 2003 | Mary Yarrison | Robert E. Lee | 483.50 |
|------|---------------|---------------|--------|

AA

200 Medley Relay

| | | | |
|------|---|--|---------|
| 2009 | Hidden Valley | | 1:48.26 |
| | (Lauren Hines, Katie Young, Drew Dillon, Devin Henry) | | |

200 Freestyle

| | | | |
|------|----------------|--------------|---------|
| 2003 | Sasha Malanina | William Byrd | 1:51.52 |
|------|----------------|--------------|---------|

200 Individual Medley

| | | | |
|------|----------|-------------|---------|
| 2009 | Ali Horn | Cave Spring | 2:03.31 |
|------|----------|-------------|---------|

500 Freestyle

| | | | |
|------|----------------|---------|-------|
| 2002 | Laura Campbell | Grafton | 24.25 |
|------|----------------|---------|-------|

100 Butterfly

| | | | |
|------|--------------|-------------|-------|
| 2004 | Julie Sablik | Cave Spring | 56.26 |
|------|--------------|-------------|-------|

100 Freestyle

2007 Hannah Davis Lafayette 51.49

500 Freestyle

2009 Lauren Gray Hidden Valley 4:54.95

200 Freestyle Relay

2010 Tabb 1:37.94

(Katie O'Connell, Victoria Barley, Danielle Kimball, Rachel Sepanski)

100 Backstroke

2009 Lauren Hines Hidden Valley 55.81

100 Breaststroke

2009 Meaghan Holloway Grafton 1:04.83

400 Freestyle Relay

2009 Hidden Valley 3:34.57

(Devin Henry, Katherine Moles, Lauren Gray, Lauren Hines)

1-Meter Diving

2010 Leah Piemonte Christiansburg 368.60

BOYS TENNIS

Team Champions

(champion, runner-up)

AAA

| | | | | |
|------|-----------------------|---|----------------------|---|
| 2010 | Deep Run | 5 | Thomas Jefferson S&T | 2 |
| 2009 | Mills E. Godwin | 5 | Deep Run | 2 |
| 2008 | James Robinson | 5 | Mills Godwin | 4 |
| 2007 | James Robinson | 6 | Douglas Freeman | 0 |
| 2006 | James Robinson | 5 | Mills Godwin | 2 |
| 2005 | Mills Godwin | 5 | Douglas Freeman | 2 |
| 2004 | Patrick Henry-Roanoke | 5 | Mills Godwin | 1 |
| 2003 | Mills Godwin | 5 | Douglas Freeman | 3 |
| 2002 | Mills Godwin | 7 | Douglas Freeman | 2 |
| 2001 | Douglas Freeman | 5 | James Robinson | 4 |
| 2000 | E.C. Glass | 6 | Mills Godwin | 3 |
| 1999 | E.C. Glass | 9 | Douglas Freeman | 0 |
| 1998 | E.C. Glass | 7 | Langley | 2 |
| 1997 | Mills Godwin | 5 | E.C. Glass | 4 |
| 1996 | Mills Godwin | 8 | E.C. Glass | 1 |
| 1995 | Mills Godwin | 8 | E.C. Glass | 1 |
| 1994 | Langley | 5 | Douglas Freeman | 4 |
| 1993 | Mills Godwin | 5 | Langley | 4 |
| 1992 | Langley | 5 | Douglas Freeman | 3 |
| 1991 | Langley | 5 | Douglas Freeman | 4 |
| 1990 | South Lakes | 5 | Frank Cox | 4 |
| 1989 | Douglas Freeman | 5 | Langley | 4 |
| 1988 | Langley | 5 | Douglas Freeman | 4 |
| 1987 | Langley | 8 | Salem | 1 |
| 1986 | Langley | 7 | Marshall Walker | 2 |
| 1985 | Douglas Freeman | 5 | South Lakes | 4 |
| 1984 | E.C. Glass | 6 | South Lakes | 3 |
| 1983 | Kempsville | 5 | James Robinson | 4 |
| 1982 | Douglas Freeman | 5 | James Robinson | 4 |
| 1981 | Yorktown | 6 | E.C. Glass | 3 |
| 1980 | Midlothian | 6 | Herndon | 0 |
| 1979 | Midlothian | 6 | W.T. Woodson | 0 |
| 1978 | Midlothian | 6 | Cave Spring | 2 |
| 1977 | Midlothian | 7 | Yorktown | 2 |
| 1976 | E.C. Glass | 5 | Kecoughtan | 4 |
| 1975 | E.C. Glass | 5 | Yorktown | 4 |
| 1974 | Yorktown | 9 | Kecoughtan | 0 |
| 1973 | E.C. Glass | 6 | Yorktown | 3 |
| 1972 | Yorktown | 5 | E.C. Glass | 4 |
| 1971 | Thomas Jefferson | 6 | E.C. Glass | 3 |

AA

| | | | | |
|------|-------------------|---|-------------------|---|
| 2010 | Jamestown | 5 | Western Albemarle | 4 |
| 2009 | Western Albemarle | 5 | Hidden Valley | 4 |
| 2008 | Western Albemarle | 5 | Salem | 2 |
| 2007 | Western Albemarle | 5 | Jamestown | 4 |
| 2006 | Loudoun County | 5 | Hidden Valley | 4 |
| 2005 | John Handley | 5 | Blacksburg | 1 |
| 2004 | Hidden Valley | 5 | John Handley | 2 |

| | | | | |
|------|-------------------|---|------------------------|---|
| 2003 | John Handley | 5 | York | 0 |
| 2002 | Potomac Falls | 5 | Blacksburg | 3 |
| 2001 | John Handley | 5 | York | 1 |
| 2000 | Chancellor | 5 | Blacksburg | 4 |
| 1999 | Heritage | 5 | Loudoun County | 4 |
| 1998 | John Handley | 6 | York | 3 |
| 1997 | York | 5 | William Byrd | 4 |
| 1996 | York | 9 | Blacksburg | 0 |
| 1995 | York | 5 | James Monroe | 4 |
| 1994 | Salem | 5 | Blacksburg | 4 |
| 1993 | Salem | 6 | Bruton | 3 |
| 1992 | Western Albemarle | 8 | Salem | 1 |
| 1991 | Harrisonburg | 5 | Tabb | 4 |
| 1990 | James Monroe | 7 | Salem | 2 |
| 1989 | Handley | 8 | Tabb | 1 |
| 1988 | Waynesboro | 8 | Tabb | 1 |
| 1987 | Charlottesville | 5 | Marion | 4 |
| 1986 | Mills Godwin | 6 | Blacksburg | 3 |
| 1985 | Mills Godwin | 5 | Robert E. Lee-Staunton | 4 |
| 1984 | Mills Godwin | 7 | Martinsville | 2 |
| 1983 | Mills Godwin | 9 | Harrisonburg | 0 |
| 1982 | Mills Godwin | 8 | Handley | 1 |
| 1981 | Midlothian | 7 | Marion | 2 |
| 1980 | Virginia | 5 | Martinsville | 4 |
| 1979 | Handley | 5 | Virginia | 4 |
| 1978 | Handley | 5 | Christiansburg | 1 |
| 1977 | Virginia | 6 | Martinsville | 3 |
| 1976 | Harrisonburg | 5 | Virginia | 4 |
| 1975 | Harrisonburg | 8 | Virginia | 1 |
| 1974 | Harrisonburg | 5 | Suffolk | 4 |
| 1973 | Harrisonburg | 6 | Suffolk | 3 |
| 1972 | Harrisonburg | 6 | Radford | 3 |
| 1971 | Harrisonburg | 8 | Radford | 1 |

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| | | | | |
|------|-------------------|---|-------------------|---|
| 2010 | George Mason | 5 | Radford | 1 |
| 2009 | Gate City | 5 | George Mason | 2 |
| 2008 | Gate City | 5 | Radford | 2 |
| 2007 | George Mason | 5 | Radford | 1 |
| 2006 | George Mason | 5 | Radford | 2 |
| 2005 | George Mason | 5 | Galax | 1 |
| 2004 | George Mason | 5 | J.I. Burton | 0 |
| 2003 | James Monroe | 5 | Galax | 4 |
| 2002 | James Monroe | 5 | Central-Woodstock | 1 |
| 2001 | George Mason | 5 | John I. Burton | 2 |
| 2000 | Galax | 5 | George Mason | 4 |
| 1999 | Central-Woodstock | 6 | Radford | 3 |
| 1998 | Radford | 5 | John I. Burton | 4 |
| 1997 | George Mason | 5 | John I. Burton | 1 |
| 1996 | Glenvar | 5 | George Mason | 4 |
| 1995 | Glenvar | 6 | West Point | 3 |
| 1994 | Glenvar | 5 | Northampton | 4 |
| 1993 | Glenvar | 6 | George Mason | 3 |
| 1992 | Glenvar | 9 | Mathews | 0 |

| | | | | |
|------|----------------------|---|----------------------|---|
| 1991 | George Mason | 5 | Glenvar | 4 |
| 1990 | George Mason | 6 | Glenvar | 3 |
| 1989 | George Mason | 5 | J.J. Kelly | 4 |
| 1988 | George Mason | 8 | Lexington | 1 |
| 1987 | George Mason | 8 | Floyd County | 1 |
| 1986 | George Mason | 7 | West Point | 2 |
| 1985 | Glenvar | 5 | Stuarts Draft | 4 |
| 1984 | Clarke County | 8 | Bath County | 1 |
| 1983 | Essex | 8 | Riverheads | 1 |
| 1982 | Essex | 7 | Riverheads | 2 |
| 1981 | Essex | 5 | John I. Burton | 4 |
| 1980 | Central-Woodstock | 9 | Essex | 0 |
| 1979 | Central-Woodstock | 7 | Fort Defiance | 2 |
| 1978 | Pound | 5 | Auburn | 4 |
| 1977 | Fries | 5 | Poquoson | 4 |
| 1976 | Central-Woodstock | 9 | John I. Burton | 0 |
| 1975 | Brentsville District | 6 | Auburn | 3 |
| 1974 | Auburn | 6 | Poquoson | 3 |
| 1973 | Auburn | 5 | Brentsville District | 4 |
| 1972 | Brentsville District | 7 | Auburn | 2 |
| 1971 | Brentsville District | | Auburn | |

Singles and Doubles Champions

(champion; runner-up)

AAA

| | | | |
|------|--|--|--------------------------------|
| 2010 | Hunter Koontz, Deep Run Koontz/Charles, Deep Run | Jimmy Davis, Stonwall Jackson Zhang/Clark, Tho. Jeff. S&T | 6-4, 7-6 6-7, 6-4, 6-2 |
| 2009 | Justin Shaw, JEB Stuart Balaji/Luu, Fairfax | Kyle Parker, Mills Godwin Shane/Santos, JEB Stuart | 6-2, 6-7(7-3), 6-4 7-5, 6-4 |
| 2008 | Drew Courtney, Robinson Courtney/Hardy, Robinson | Ian Fraser, Frank W. Cox Parker/Calhoun, MGodwin | 6-2, 6-1 6-4, 4-6, 6-0, |
| 2007 | Drew Courtney, Robinson Courtney/Hardy, Robinson | Chris Hincker, P. Henry Parker/Calhoun, M. Godwin | 6-2, 6-3 6-7(4), 6-2, 6-4 |
| 2006 | Drew Courtney, Robinson Courtney/Smith, Robinson | Thomas Nolan, Chantilly Kim/New, Maggie Walker GS | 6-3, 7-5 6-4, 6-4 |
| 2005 | Thomas Nolan, Chantilly Courtney/Smith, Robinson | Bo Edwards, Patrick Henry King/King, Robinson | 4-6, 6-4, 6-1 6-1, 7-5 |
| 2004 | Michael James, Centreville Early/Newton, Patrick Henry | Brock Newton, Patrick Henry Loden/Calhoun, Mills Godwin | 6-1, 6-0 7-5, 6-3 |
| 2003 | Michael James, Centreville James/Joubin, Centreville | Othmane Garma, JEB Stuart Newton/Early, Patrick Henry | 6-2, 6-0 6-3, 6-4 |
| 2002 | Brent Wilkins, Mills Godwin Bristow/McNamara, J. Robinson | Paul Bristow, James Robinson Fanny/Buckley, Frank Cox | 6-1, 6-4 6-1, 6-0 |
| 2001 | David Emery, W.T. Woodson; Wolfe/Tsai, Oakton; | Phillip Simmonds, Sth.Lakes Bautista/Caudill, Tallwood | 6-2, 6-3 6-7, 6-3, 7-6 |
| 2000 | Dustin West, E.C. Glass; West/Malcolm, E.C. Glass; | David Emery, W.T. Woodson Wilkins/Nolde, Mills Godwin | 6-2, 7-5 6-3, 6-1 |
| 1999 | Dustin West, E.C. Glass; West/Malcolm, E. C. Glass; | Daniel Scrafford, Centreville Howard/Graham, Great Bridge | 6-3, 6-0 |
| 1998 | Andrew Vu, South Lakes; Parker/Nolde, Mills Godwin; | Rob Brown, Maury West/Malcolm, E.C. Glass | 6-1, 6-0 6-4, 6-4 |
| 1997 | Joey Hopke, Monacan; | Jay Bruner, Douglas Freeman | 6-3, 7-6 |

| | | | |
|------|---|--|---------------------------------------|
| 1996 | J. Hopke/M. Hopke, Monacan; Ramez Qamer, Jms Robinson; Boettcher/Piric, Mills Godwin; | Terzimehic/Parker, Mills Godwin, Aljosa Piric, Mills Godwin, Elliot/Vu, South Lakes, | 7-6, 6-1 4-6, 6-4, 6-1 7-5, 6-3 |
| 1995 | Aljosa Piric, Mills Godwin; Piric/Terzimehec, Mills Godwin; | Ian Boettcher, Mills Godwin Gadge/Leyton, James Madison, | 6-2, 5-7, 6-3 6-2, 6-2 |
| 1994 | Bear Schofield, Langley; Schofield/Pearson, Langley; | Ian Boettcher, Mills Godwin, McGee/Britt, South Lakes, | 6-3, 6-0 6-4, 6-1 |
| 1993 | John Johnson, James Madison; Johnson/ Seeger, James Madison; | Erik deVries, Douglas Freeman, EinwickBoettcher, Mills Godwin, | 7-5, 7-5 6-3, 6-3 |
| 1992 | Kip Layman, Menchville; Getz/Levy, McLean | Sears Driscoll, Midlothian Pelot/Strawderman, Woodbridge, | 6-1, 6-3 6-1, 6-1 |
| 1991 | Kip Layman, Menchville; Grinnan/ deVries, Douglas Freeman; | Jason Pearson, Langley Lisack/ Strawderman, Wdbrdge, | 6-3, 3-6, 6-2 6-2, 6-1 |
| 1990 | Sean White, Frank Cox; Robinson/Wilson, Mills Godwin | Jason Pearson, Langley, Sullivan/Vongsavat, S Lakes | 6-3, 6-3 6-4, 4-6, 6-0 |
| 1989 | Sean White, Frank Cox; Finch/Miller, Oakton; | Cris Robinson, Mills Godwin, Grinnan/ Gibbs, D Freeman, | 7-6, 6-1 6-7, 6-2, 6-4 |
| 1988 | Aaron Stolpman, T. Jefferson; Stolpman/Jerath, Thomas Jefferson; | Sean White, Frank Cox, McDonald/Lilly, Salem, | 7-5, 6-2 6-4, 6-0 |
| 1987 | Wade McGuire, Mills Godwin; McGuire/ Bonifacius, Mills Godwin; | Aaron Stolpman, Th. Jefferson Stolpman/Frederick, Th. Jeff., | 6-4, 6-2 4-6, 6-3, 7-6 |
| 1986 | Philip Shipp, Langley Shipp/Ramsey, Langley; | Kelly Hunter, Cave Spring, Dublin/Pinckard, Potomac, | 7-5, 7-6 6-4, 6-3 |
| 1985 | Joby Foley, First Colonial; Anderson/Manoogian, WSpringfield; | Ken Anderson, W. Springfield Foley/Archer, First Colonial, | 4-6, 6-4, 6-3 6-4, 6-4 |
| 1984 | Lee Ball, Oakton; Thompson/Greene, D. Freeman; | Shannon Sealey, Phoebus, Bell/Muller, Oakton, | 6-1, 6-1 6-1, 3-6, 6-1 |
| 1983 | Rozzell Lightfoot, Jef-Hug-Wythe; Clarke/ Grant, South Lakes; | Francis Alvir, W.T. Woodson, Butterworth/Greene, D. Freeman, | 6-2, 6-3 6-4, 7-5 |
| 1982 | Francis Alvir, W.T. Woodson; Sancilio/Pennington, D Freeman | Kevin Rotty, Cave Spring, Smith/Slone, Kempsville, | 6-1, 6-1 6-3, 6-4 |
| 1981 | Deane Frey, E.C. Glass Dashiell/Belcher, Maury | Michael Dashiell, Maury, Frey/Watts, E.C. Glass, | 6-0, 7-5 6-4, 6-3 |
| 1980 | Deane Frey, E.C. Glass Miller/Pinkham, Midlothian | Brent Schaffer, Washington-Lee, English/Eason, Warwick, | 6-4, 6-1 |
| 1979 | Steve Wilson, Midlothian Pinkham/Miller, Midlothian | John Potter, Warwick, Frey/Barnes, E.C. Glass, | 6-4, 6-3 7-6, 6-1 |
| 1978 | Rodney Harmon, T. J.-Richmond Wilson/Jones, Midlothian | Kevin Skelly, P.H.-Roanoke, Williams/Berg, Mount Vernon, | 6-2, 6-1 6-4, 7-6 |
| 1977 | Pat Perrin, Manchester Marrell/Harmon, T.J.-Richmond | John Potter, Warwick, Dashiell/Nuzzo, Maury, | 6-4, 7-5 6-2, 6-4 |
| 1976 | Peter MacDonald, James Robinson Chiments/ Schwartz, T.J.-Fairfax | Bryan Staub, Kecoughtan, Staub/Wright, Kecoughtan, | 6-0, 6-2 6-4, 6-2 |
| 1975 | Bryan Gager, John F. Kennedy McIntosh/Dickey, Patrick Henry | Mike Chiments, T. J.-Fairfax, Thomas/Adsit, Maury, | 6-4, 7-5 4-6, 6-4, 6-3 |
| 1974 | Junie Chatman, Huguenot Chatham/Palotai, Huguenot | Peter MacDonald, Jms Robinson, Thomas/ Kramer, Maury, | 9-7, 6-3 4-6, 6-2, 6-0 |
| 1973 | Mark Vines, J.R. Tucker | Bill Gay, E.C. Glass, | 6-2, 6-2 |

| | | | | | | |
|-------------------------|-----------------------------------|---------------------------------|---------------|----------------------------------|---------------------------------|---------------|
| Vines/Carl, J.R. Tucker | Adams/Lazar, E.C. Glass, | 6-1, 6-2 | 1998 | Jason Romesburg, Waynesboro | Paul Petersen, Blackburg | 6-4, 6-1 |
| 1972 | John Hill, Granby | Scott Kidd, T.J.-Fairfax, | 6-3, 7-5 | Moss/Morgan, James Monroe | Helfrich/ Baty, Brookville, | 6-2, 6-3 |
| | Hill/Hughes, Granby | Jones/ Lampkim, Yorktown, | 7-5,4-6,6-2 | 1997 | | |
| 1971 | Brent Hughes, Ferguson; | Steve Gilliam, Douglas Freeman, | 6-4, 6-4 | Matt Frakes, John Handley | Eric Christianson, York, | 6-3, 6-1 |
| | Leitch/Pierce, Thomas Jefferson | Hill/Webb, | 6-3, 8-6 | S. Maymi/Christianson, York | McNeal/ Cary, Fort Defiance, | 6-2, 6-4 |
| 1970 | | | | 1996 | | |
| | Richard McKee, Thomas Jefferson | DeWitt Boyd, Granby, | 6-2, 6-1 | Alper Ozinal, Waynesboro | Robert Gibb, Blacksburg, | 6-1, 6-1 |
| | McKee/Leitch, Thomas Jefferson | Hughes/Alexander, Ferguson, | 6-1, 6-3 | S. Maymi/Christianson, York | Ozinal/Hart, Waynesboro, | 6-3, 1-6, 6-3 |
| | Unclassified | | | 1995 | | |
| | Dan Logan, Harrisonburg | Greer Ferguson, Suffolk, | 6-3, 6-4 | Carl Maymi, York | Jeff Henley, Salem, | 6-4, 5-7, 6-2 |
| | Ferguson/Saunders, Suffolk | Logan/Wampler, Harrisnbg | 6-4, 3-6, 6-1 | C. Maymi/S. Maymi, York | Jones/Rainero, Virginia, | 6-3, 6-2 |
| 1969 | | | | 1994 | | |
| | Richard McKee, Thomas Jefferson | Randy Barnett, Groveton | 7-5, 7-5 | Jay Gilliland, Lord Botetourt | Jason Hylton, R.E. Lee, | 6-3, 2-6, 6-4 |
| | Snead/Biber, E.C. Glass | McKee/Leitch, Thomas Jefferson, | | Burns/Ozinal, Waynesboro | Dalal/Henley, Salem, | 6-4, 7-5 |
| | Unclassified | | | 1993 | | |
| | Dan Logan, Harrisonburg | | | Marek Pfeil, Blacksburg | Brandon Davis, Harrisonburg | 6-7, 6-3,6-1 |
| 1968 | | | | Pfeil/Gibb, Blacksburg | Arnold/ Veloso, Salem, | 6-2, 6-4 |
| | Richard McKee, Thomas Jefferson | Walker Shivar, Ferguson, | 6-3, 6-2 | 1992 | | |
| | Craig/Burrs, Patrick Henry | McKee/Shiflett, Th Jeffrson | 7-9, 7-5, 7-5 | Brandon Davis, Harrisonburg | Eddie Veloso, Salem, | 6-1, 6-0 |
| 1967 | | | | Schurig/Paris, Blacksburg | Lubbers/Whipple, Bruton, | 6-4, 7-5 |
| | Dick Levant, Wakefield | Mike Kernodle, James Blair, | 6-3, 3-6, 6-3 | 1991 | | |
| | Dick Levant/Bob Brewer, Wakefield | James/Cross, Suffolk, | 6-4, 4-6, 7-5 | Jamey Lowe, Handley | Brian Matthews, Martinsville, | 6-0, 6-4 |
| 1966 | | | | Davis/Layman, Harrisonburg | Susta/Rogers, Tabb, | 6-2, 6-2 |
| | Steve Lagum, Maury | | | 1990 | | |
| | Turner/Burrows, Patrick Henry | Brittingham/Abrons, Maury | | Rachid Benejelloun, W Albemarle | Stefan Susta, Tabb, | 6-0, 6-0 |
| 1965 | | | | McDonald/Barham, Salem | Susta/Rogers, Tabb, | 6-2, 6-2 |
| | Henry Ragle, Thomas Jefferson | Jack Burrows, Patrick Henry, | 6-4, 6-4 | 1989 | | |
| | Turner/Burrows, Patrick Henry | B. Jones/R.Jones, Annandale, | | Ron Branner, Harrisonburg | Tommy McDonald, Salem, | 6-0, 6-3 |
| 1964 | | | | Branner/Liskey, Harrisonburg | McDonald/Barham, Salem, | 6-4, 4-6, 6-2 |
| | Bobby Heald, E.C. Glass | Bobby Morgan, Suffolk, | 6-0, 6-0 | 1988 | | |
| | Heald/Ward, E.C. Glass | Morgan/Sweat, Suffolk, | 8-6, 6-4 | Andy Mays, Waynesboro | Erik Simanis, Alleghany, | 4-6, 6-2, 6-1 |
| | | | | Mays/Marechal, Waynesboro | Anderson/McEwen, Poquoson, | 6-1, 6-4 |
| | | | | 1987 | | |
| | | | | Eric Tan, Blacksburg | Erik Simanis, Alleghany Jr., | 6-4, 6-2 |
| | | | | Mays/Marechal, Waynesboro | Tan/Attisano, Blacksburg, | 7-5, 6-4 |
| | | | | 1986 | | |
| | | | | Wade McGuire, Mills Godwin | Jamie McAllister, Martinsville, | 6-0, 6-0 |
| | | | | McGuire/Bonifacius, Mills Godwin | Tan/ Lipscomb, Blacksburg, | 6-3, 6-1 |
| | | | | 1985 | | |
| | | | | Carl Bell, Mills Godwin | Jeff Robbins, R.E. Lee, | 6-4, 1-6, 7-5 |
| | | | | Bell/ McGuire, Mills Godwin | Shell/Garrett Jones, R.E. Lee, | 7-5, 7-6 |
| | | | | 1984 | | |
| | | | | Ken Thorne, Mills Godwin | Todd Polen, Osbourn, | 6-4, 6-2 |
| | | | | Thorne/Astruc, Mills Godwin | Malloy/Price, Handley, | 6-1, 6-2 |
| | | | | 1983 | | |
| | | | | Ken Thorne, Mills Godwin | James Thompson, Marion, | 6-1, 6-2 |
| | | | | Thorne/Ciocco, Mills Godwin | Mauck/Bestler, Martinsville, | 6-1, 6-4 |
| | | | | 1982 | | |
| | | | | Sonny Dearth, Varina | Rob Smith, Harrisonburg, | 3-6, 6-1, 6-4 |
| | | | | Ciocco/Astruc, Mills Godwin | Kooshian/Robbins, R.E. Lee, | 7-5, 6-2 |
| | | | | 1981 | | |
| | | | | David Wolfe, Midlothian | Scott Carpenter, Loudoun Valley | 6-3, 6-4 |
| | | | | Wolfe/Lowery, Midlothian | Bestler/Brugge, Martinsville | 6-3, 4-6, 6-3 |
| | | | | 1980 | | |
| | | | | Darryl Wilburn, Monacan | Joe Henner, Virginia | |
| | | | | Wilburn/Erickson, Monacan | Clark/Robertson, Martinsville, | 6-1, 6-2 |
| | | | | 1979 | | |
| | | | | Kimbo Clark, Martinsville | Greg Dellinger, Harrisonburg, | 6-1,6-7,6-4 |
| | | | | Clark/ Robertson, Martinsville | Mellet/Cross, Virginia, | 6-3, 6-1 |
| | | | | 1978 | | |
| | | | | John Sheckler, Radford | Jeff Davis, James Monroe, | 7-6, 6-3 |
| | | | | Carey/Casey, Pembroke | Herring/Shepherd, Loudn Val, | 2-6,6-2,6-4 |
| | | | | 1977 | | |
| | | | | Mike Perry, Handley | Mark Hunt, Virginia, | 7-6, 6-4 |
| | | | | Carter/Baxley, Virginia | Cassey/Carey, Pembroke, | 6-4, 6-2 |
| | | | | 1976 | | |
| | | | | Tom Barrett, Suffolk | Peyton Neatour, Harrisonburg, | 6-4, 6-2 |
| | | | | Barrett/Pierce, Suffolk | Perry/Robertson, Mrtinsville, | 6-7,6-2,6-2 |
| | | | | 1975 | | |
| | | | | Tom Barrett, Suffolk | Peyton Neatour,Harrisonbrg, | 6-4,4-6,6-2 |
| | | | | Barrett/Hines, Suffolk | Neatour/McKenney, Harrisonburg | 7-5,6-2 |

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|----------|---------------------------------------|----------------------------------|---------------|
| 1974 | Tom Barrett, Suffolk | Steve Sheckler, Radford | 6-2, 7-6 |
| | Sheckler/Smith, Radford | Barrett/ Hobbs, Suffolk, | 6-2, 7-6 |
| 1973 | Jerry Wampler, Harrisonburg | | |
| | Prichard/Wampler, Harrisonburg | | |
| 1972 | Rick Rhudy, P. H.-Glade Spring | Jerry Wampler, Harrisonburg | |
| | Wampler/Neff | Johnson/Nester, Radford | |
| 1971 | Jerry Wampler, Harrisonburg | Kurt Spain, Suffolk, | 6-1, 6-0 |
| | Spain/Lupin, Suffolk | Rhudy/Hill, P. H.-Glade Spring, | 6-1, 6-2 |
| A | | | |
| 2010 | Wesley Fletcher, Virginia | Jeff Brooks, Radford | 6-3, 6-1 |
| | Meyer/King, Rappahannock | Fletcher/Mink, Virginia | 3-6, 6-2, 6-2 |
| 2009 | Malik Mubeen, Radford | Chad Sheppard, Gate City | 6-2, 6-3 |
| | Mubeen/Kishore, Radford | Moore/McConnell, Gate City | 6-3, 6-4 |
| 2008 | Malik Mubeen, Radford | Tim Goetz, George Mason | 6-1, 7-6 |
| | Nelson/Zachary, Galax | Goetz/Vroom, George Mason | 6-3, 0-6, 6-3 |
| 2007 | Zack Pack, Randolph Henry | Chad Cutchins, Windsor | 6-2, 6-1 |
| | Goetting/Alarcon, George Mason | Mubeen/Kishore, Radford | 6-3, 7-6 |
| 2006 | Logan Bricker, Page County | Malik Mubeen, Radford | 6-1, 6-2 |
| | Goetting/An, George Mason | Crowder/Ward, J.I. Burton | 6-3, 6-2 |
| 2005 | Logan Bricker, Page County | Caleb Crowder, J.I. Burton | 6-1, 6-1 |
| | Goetting/Alarcon, George Mason | Crowder/Stacy, J.I. Burton | 6-2, 6-1 |
| 2004 | Henning Kuich, Gate City | Chad Hayes, App. Regional Gov. | 6-0, 6-0 |
| | Kuich/Scott, Gate City | Combs/Snellings, Floyd County | 6-2, 6-0 |
| 2003 | Scott Grimmer, James Monroe | Logan Bricker, Page Co | 4-6,6-2, 6-3 |
| | Grimmer/Pierson, James Monroe | Combs/Snellings, FloydCo | 4-6,6-3,7-6 |
| 2002 | Derick Wood, J.J. Kelly | Scott Grimmer, James Monroe | 6-0,6-4 |
| | Combs/Byerly, Floyd County | Grimmer/Fitch, James Monroe | 6-4,6-0 |
| 2001 | Shaan Goswami, Radford; | DerrickWood, J.J. Kelly | 4-6,6-4,7-6 |
| | Combs/Byerly, Floyd Co.; | Wood/Minor, J.J. Kelly | 6-2,4-6,6-3 |
| 2000 | Derick Wood, J.J. Kelly; | Shaan Goswami, Radford | 3-6,6-1,6-2 |
| | Wood/Dotson, J.J. Kelly; | Kishore/Goswami, Radford | 6-7,6-0,6-4 |
| 1999 | Evan Bowling, Giles | Davis Swecker, Central | 6-2, 6-0 |
| | Bowling/Carbaugh, Giles | Swecker/Cline, Central | 1-6, 6-3,6-4 |
| 1998 | Evan Bowling, Giles, | Andrew Wymer, Wilson Mem. | 6-0, 6-0 |
| | Nester/ Tayal, Radford, | Gilpin/ VanBerkum, Clarke Co | 6-1, 6-4 |
| 1997 | Jon Hinchler, J.J. Kelly | Russell Bowling, Giles County, | 6-1, 6-1 |
| | Jon Hinchler/Chad Porter, J.J. Kelly; | Bowling/ Bowling, Giles Co, | 3-6,7-5,6-1 |
| 1996 | Patrick Bartlett, Clarke County | Jonathan Hinchler, J.J. Kelly, | 6-2, 6-2 |
| | S Fairchilds/D Fairchilds, Stuarts | Dft;Hinchler/Porter, J.J. Kelly, | 6-3, 6-3 |
| 1995 | Patrick Bartlett, Clarke County | Nick Varney, Glenvar, | 6-0, 7-6 |
| | Bartlett/Kerr-Hobert, Clarke Co. | Varney/Williamson, Glenvar, | 6-3, 6-3 |
| 1994 | Patrick Bartlett, Clarke County | Mike Salvatore, Northampton, | 6-3, 6-0 |
| | Bartlett/Kerr-Hobert, Clarke Co | Jones/ Salvatore, Northampton, | 6-3, 6-3 |
| 1993 | Nick Varney, Glenvar | Patrick Bartlett, Clarke Co. | 7-6, 6-1 |
| | Varney/Starkloff, Glenvar | Bartlett/Kerr-Hobert, Clrk Co5 | 7-6,4-6,6-4 |
| 1992 | Nick Varney, Glenvar | Chris Madison, Grge Mason | 7-5,4-6,6-3 |
| | Varney/Starkloff, Glenvar | Barr/Kave, Clarke County, | 7-6,2-6,7-5 |
| 1991 | Jim Fiechtl, Lebanon | Derek Sutherland, Clintwood, | 6-2,3-6,6-4 |
| | Giza/England, Pound | Madison/Thomas, Gge Mson | 7-5,3-6,6-4 |

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|------|--|-------------------------------------|---------------|
| 1990 | Musa Awan, J.J. Kelly | Erik Olson, Riverheads, | 2-6,7-6 ,7-6 |
| | Madison/Thomas, George Mason | Awan/Sheshadri, J.J. Kelly, | 7-6, 6-2 |
| 1989 | Carlos Rodriquez, George Mason | Kenny Huff, Floyd County, | 6-4, 6-2 |
| | Rodriquez/Charr, George Mason | Huff/Moran, Floyd County, | 6-4, 6-4 |
| 1988 | Jim Osborne, Lexington | Eric Emerson, Windsor, | 6-2, 6-2 |
| | Rodriquez/Charr, George Mason | Rose/Bush, Appalachia, | 6-4, 6-2 |
| 1987 | Jim Osborne, Lexington | Carlos Rodriquez, George Mason | 7-6, 6-2 |
| | Rodriquez/Barrionuevo, Grg Mason | Osborne/Worrell, Lexington, | 4-6,6-3,6-4 |
| 1986 | Carlos Rodriquez, George Mason | Doug Adams, Glenvar, | 6-4, 7-5 |
| | Hancock/Henderson, George Mason | Calder/McFarlin, Stuarts Drft | 4-6,6-3,7-5 |
| 1985 | Mike Tieleman, Auburn | Rafael Urio, Suffolk, | 7-5, 6-0 |
| | Tieleman/Akers, Auburn | Urio/Stotlar, Suffolk, | 7-5, 6-1 |
| 1984 | Mike Tieleman, Auburn | Rafael Urio, Suffolk, | 7-6, 6-4 |
| | Denny/Mazzoccoli, Clarke County | Tieleman/Akers, Auburn, | 6-1, 6-4 |
| 1983 | Tim Winder, Essex | Jody Hyden, Jonesville, | 6-4, 6-2 |
| | Sunderland/Barth, George Mason | Winder/Watkins, Essex | 6-3, 6-2 |
| 1982 | Robert Hurt, Garden | Ken Spangler, Floyd County, | 6-3, 6-3 |
| | Hurt/Deel, Garden | Lanier/Kondo, George Mason, | 6-4, 6-0 |
| 1981 | Scott Willett, Prince Edward | Rick Alexander, Field.-Clinsville | 6-0,6-2 |
| | Hankins/Browning, J.I. Burton | Zamora/Martin, St. Jackson, | 7-5,1-6,6-3 |
| 1980 | David Huffman, Fort Defiance | Danny Rowland, Appalachia, | 6-0, 6-2 |
| | Huffman/Florence, Fort Defiance | Lambiotte/Hoover, C-Wdstck, | 6-2,7-5 |
| 1979 | David Huffman, Fort Defiance | Sam Davis, Mathews, | 6-1, 6-1 |
| | Huffman/Florence, Fort Defiance | Muron/Rowland, Appalachia, | 6-1, 6-3 |
| 1978 | Robbie Carter, Fort Defiance | Tim Bricker, Page County | |
| | Carter/Huffman, Fort Defiance | Hoover/Sticklely, Central-Woodstock | |
| 1977 | Robbie Carter, Fort Defiance | Robbie Mullins, Pound, | 6-0, 6-3 |
| | Carter/Smith, Fort Defiance | Hunt/Johnson, Central-Woodstock | 6-3,6- |
| 1 | | | |
| 1976 | George Freeman, Poquoson | Kevin Harris, Auburn, | 6-4, 6-0 |
| | Carter/Smith, Fort Defiance | Spencer/Secor, Brentsville District | 6-1,6- |
| 3 | | | |
| 1975 | Steve Abdella, Auburn | Mark Spencer, Brentsville Dist | 6-4,3-6,6- |
| 1 | | | |
| | Spencer/Whetzel, Brentsville Dist. | Styne/Harris, Auburn, | 4-6, 6-1, 6-3 |
| 1974 | George Freeman, Poquoson | Jack Roop, Auburn | |
| | Roop/Altizer, Auburn | Freeman/Evans, Poquoson | |
| 1973 | Doug Laughin, Brentsville District | | |
| | Laughin/ Dougall, Brentsville District | | |
| 1972 | Tim Hess, Brentsville District | David Vaughan, Auburn | |
| | Hess/Carrico, Brentsville District | Vaughan/Akers, Auburn | |
| 1970 | IA Thomas Jefferson 6, | Granby | 3 |
| | Uncl. Harrisonburg 5, | Suffolk | 4 |
| 1969 | IA Granby 5, | Thomas Jefferson | 4 |
| | Uncl. Harrisonburg 5, | Suffolk | 4 |
| 1968 | IA Thomas Jefferson 7, | E.C. Glass | 2 |
| | Uncl. Suffolk 6, | Harrisonburg | 3 |
| 1967 | IA Maury 34, | Suffolk | 25 |

| | | | | | |
|---------|-------|---------------------------|-----|----------------------------|---------|
| 1966 | IA | Maury | 31, | Patrick Henry-Roanoke | 15 |
| 1965 | IA | Thomas Jefferson | 26, | Patrick Henry-Roanoke | 16 |
| 1964 | IA | Suffolk | 6, | E.C. Glass | 3 |
| 1963 | IA | Suffolk | 7, | Patrick Henry-Roanoke | 2 |
| 1962 | IA | Suffolk | | | |
| 1961 | IA | Suffolk | | | |
| 1960 | | Suffolk | | | |
| 1959 | | Suffolk | | | |
| 1958 | | Thomas Jefferson-Richmond | | | |
| 1957 | | | | | |
| 1956 | | | | | |
| 1955 | | Thomas Jefferson-Richmond | | | |
| 1954 | I | | II | Suffolk | |
| | I | | II | Suffolk | |
| 1953 | I | | II | Suffolk | |
| | I | | II | Suffolk | |
| 1952 | I | Thomas Jefferson-Richmond | | II | Suffolk |
| | I | Thomas Jefferson-Richmond | | II | Suffolk |
| 1951 | I | Ross/Wash, | | Thomas Jefferson-Richmond | |
| | II | Jordan/Parker, | | Martinsville | |
| 1950 | I | Swann/Collier, | | Hopewell | |
| | II | Jordan/Parker, | | Martinsville | |
| | I | Tom Swann, | | Hopewell | |
| | II | John Carver, | | Suffolk | |
| 1949 | I | Snead/Smith, | | George Washington-Danville | |
| | II | Spivey/Carver, | | Suffolk | |
| | I | Bobby Paynes, | | Thomas Jefferson-Richmond | |
| | II | Bobby Spivey, | | Suffolk | |
| 1948 | I | Delmar Sylvia, | | Thomas Jefferson-Richmond | |
| | I | Smith/Carter, | | George Washington-Danville | |
| 1946 | | Ballard/Chapel | | Maury | |
| | | David Ballard, | | Maury | |
| | I | Caldwell/Ramey, | | George Washington-Danville | |
| | II | Eley/Spivey, | | Suffolk | |
| | III | Walsh/Bernoski, | | West Point | |
| | I | Delmar Sylvia, | | Thomas Jefferson-Richmond | |
| | II | Melvin Kozak, | | Suffolk | |
| | III | Bill Cloward, | | West Point | |
| 1943-45 | | No contests | | | |
| 1942 | A | Maury | | B Foster/Hobbs | Suffolk |
| | D | Ziger/Hoover, | | Timberville | |
| | State | Clay/Old, | | Maury | |
| | A | Maury | | B James Foster, | Suffolk |
| | C | Murray Jones, | | Orange | |
| | D | Donald Helbert, | | Port Republic | |
| | State | Harold Burrows, | | Lane | |
| 1941 | A | Maury | | B Thanos/Humbert, | Suffolk |
| | D | Huffman/Helbert, | | Port Republic | |
| | State | Clements/Mason, | | Petersburg | |
| | A | Maury | | B Raymond Yates, | Suffolk |
| | D | Donald Helbert, | | Port Republic | |
| | State | Houston Warren, | | Danville | |
| 1940 | | | | | |

| | | | | | |
|------|---------|----------------------|--|----------------------------|------------|
| | Priv. | Simmons/Sirota, | | Fork Union Military | |
| | | Hamilton Albaugh, | | Woodberry Forest | |
| | Public | | | | |
| | A | Maury | | B Beaton/Yates, | Suffolk |
| | A | Maury | | B Raymond Yates, | Suffolk |
| | C | Boyd VanPelt, Jr., | | Weyers Cave | |
| 1939 | Priv. | Armstrong/ Simmons, | | Fork Union Military | |
| | | Massanutten Military | | | |
| | Public | | | | |
| | A | Woodrow Wilson | | B Bowman/Sharitz, | Wytheville |
| | C | Hildon/Milliner, | | Accomac | |
| | A | Woodrow Wilson | | B Allen Sharitz, | Wytheville |
| | C | Beverley Jones, | | Orange | |
| | D | Guy Ellinger, | | New Hope | |
| 1938 | Priv. | Telling/Love, | | Fork Union Military | |
| | | Melville Jordan, | | Woodberry Forest | |
| | Public | | | | |
| | A | Mallory/Spindle, | | Maury | |
| | | Rawls/Shotton, | | Suffolk | |
| | | Mallory, | | Maury | |
| | B | L.C. Reid, | | Suffolk | |
| 1937 | Priv. | McNair/Cullison, | | Fork Union Military | |
| | Public | Segall/Porter, | | Maury | |
| | | Elmer Gibson, | | Jefferson Senior-Roanoke | |
| 1936 | Priv. | Holbrook/McNair, | | Fork Union Military | |
| | Public | Willeford/Gibson, | | George Washington-Danville | |
| 1935 | Priv. | Dunklin/ Kerdasha, | | Staunton Military Academy | |
| | Public | Coleman/Rice, | | Jefferson Senior-Roanoke | |
| 1934 | Priv. | Seagle/Emery, | | Fork Union Military | |
| | Public | Armstrong/Powell, | | Maury | |
| 1933 | | Dickenson/Verrell, | | Newport News | |
| 1932 | | Morgan/ Brown, | | Maury | |
| 1931 | | No contests | | | |
| 1930 | Priv. | Woodberry Forest | | | |
| | Public: | C. Turner/R. Turner | | Jefferson Senior-Roanoke | |
| 1929 | Priv. | Woodberry Forest | | Public: Maury | |
| 1928 | Priv. | Graham/Weaver, | | Woodberry Forest | |
| | Public | Lawless/Peake, | | Maury | |
| 1927 | Priv. | Steinford/Wallace, | | Staunton Military Academy | |
| | Public | Sheehan/Grubbs, Jr., | | Maury | |
| 1926 | | Jones/Weaver, | | Woodberry Forest | |
| 1925 | | Armellini/Bobbitt, | | Ashwood | |
| 1924 | | James/Pless, | | Galax | |

Team Records

State championships:

before A, AA, AAA grouping

| | | |
|----|-------|--|
| 14 | Maury | 1927-29, 1932, 1934, 1940-42 (fall and spring) 1946, 1966-67 |
|----|-------|--|

since A, AA, AAA grouping

| | | |
|----|--------------|---------------|
| 13 | Mills Godwin | 1982-1986(AA) |
|----|--------------|---------------|

| | | |
|----|--------------|--------------------------------------|
| 13 | George Mason | 1993, 1995-97, 2002-03, 05, 09(AAA) |
| 7 | Harrisonburg | 1986-91, 1997, 2001, 2004-07 (A), 10 |
| 7 | E. C. Glass | 1971-76, 1991(AA) |
| 7 | E. C. Glass | 1973,1975-76,1984,1998-00(AAA) |
| 6 | Langley | 1986-88,1991-92, 1994(AAA) |

| | | | |
|-----|-------------|--------------|--------------|
| 222 | Mike Gibson | William Byrd | 1982-93 |
| | | Salem-Salem | 1993-present |

Consecutive championships:

| | | |
|---|--------------|---------|
| 8 | Harrisonburg | 1969-76 |
|---|--------------|---------|

Individual Records

Number of State Championships

| | | |
|---|-------------------|-----------------|
| 7 | Drew Courtney, | James Robinson |
| | singles 2006-08 | doubles 2005-08 |
| 6 | Matt Stillwagon, | John Handley |
| | singles 2001-03 | doubles 2001-03 |
| 5 | Tom Barrett | Suffolk |
| | singles 1974-76 | doubles 1975-76 |
| 5 | Robbie Carter | Fort Defiance |
| | singles 1977-78 | doubles 1976-78 |
| 5 | Robbie Carter | Fort Defiance |
| | singles 1977-78 | doubles 1976-78 |
| 5 | David Huffman | Fort Defiance |
| | singles 1979-80 | doubles 1978-80 |
| 5 | Carlos Rodriquez | George Mason |
| | singles 1986,1989 | doubles 1987-89 |
| 5 | Patrick Bartlett | Clarke County |
| | singles 1994-96 | doubles 1994-95 |
| 5 | Patrick O'Keefe | Salem-Salem |
| | singles 2008-10 | doubles 2009-10 |

Number of singles championships:

| | | | |
|---|------------------|-------------------|---------|
| 3 | Richard McKee | Thomas Jefferson, | 1968-70 |
| 3 | Tom Barrett | Suffolk, | 1974-76 |
| 3 | Patrick Bartlett | Clarke County, | 1994-96 |
| 3 | Matt Stillwagon | John Handley | 2001-03 |
| 3 | Yakov Diskin | Grafton | 2004-06 |
| 3 | Drew Courtney | James Robinson | 2005-08 |
| 3 | Patrick O'Keefe | Salem-Salem | 2008-10 |

Number of doubles championships by same team:

| | | | |
|---|-------------------------------|--------------|---------|
| 3 | Matt Stillwagon & Ethan Hicks | John Handley | 2001-03 |
|---|-------------------------------|--------------|---------|

Number of doubles championships by individual:

| | | | |
|---|------------------|----------------|---------|
| 4 | Drew Courtney | James Robinson | 2005-08 |
| 3 | Robbie Carter | Fort Defiance | 1976-78 |
| 3 | David Huffman | Fort Defiance | 1978-80 |
| 3 | Carlos Rodriquez | George Mason | 1987-89 |
| 3 | Sean Maymi | York | 1995-97 |

Best singles win-loss percentage:

| | | | |
|------|-------------|------------|---------------|
| 100% | Bobby Heald | E.C. Glass | ended 1963-64 |
|------|-------------|------------|---------------|

(34-0)

Coaching Records

Most coaching wins:

| | | | |
|-----|------------|-----------------|-----------|
| 290 | Dave Eckes | Liberty-Bedford | 1973-2000 |
|-----|------------|-----------------|-----------|

GIRLS TENNIS

Team Champions

(champion, runner-up)

AAA (Spring Championships)

| | | | | |
|------|--------------|---|----------------------|---|
| 2010 | Mills Godwin | 5 | McLean | 1 |
| 2009 | Mills Godwin | 5 | Thomas Jefferson S&T | 2 |
| 2008 | Mills Godwin | 5 | Thomas Jefferson S&T | 1 |
| 2007 | Mills Godwin | 5 | W.T. Woodson | 0 |
| 2006 | Frank W. Cox | 5 | Mills Godwin | 2 |
| 2005 | Frank W. Cox | 5 | Mills Godwin | 4 |

AAA (Fall Championships)

| | | | | |
|------|-----------------|---|-------------------|---|
| 2003 | Mills Godwin | 5 | Frank W. Cox | 0 |
| 2002 | Mills Godwin | 5 | Langley | 0 |
| 2001 | Mills Godwin | 5 | Centreville | 2 |
| 2000 | Centreville | 5 | James Madison | 2 |
| 1999 | Centreville | 5 | Douglas Freeman | 4 |
| 1998 | Centreville | 5 | Douglas Freeman | 4 |
| 1997 | Clover Hill | 5 | Douglas Freeman | 4 |
| 1996 | Clover Hill | 7 | Douglas Freeman | 2 |
| 1995 | Mills Godwin | 5 | Clover Hill | 4 |
| 1994 | Clover Hill | 5 | Langley | 4 |
| 1993 | Mills Godwin | 6 | E.C. Glass | 3 |
| 1992 | Langley | 6 | Midlothian | 3 |
| 1991 | Langley | 6 | Midlothian | 3 |
| 1990 | James Madison | 6 | Frank Cox | 3 |
| 1989 | James Madison | 5 | Midlothian | 3 |
| 1988 | Langley | 5 | Midlothian | 4 |
| 1987 | Langley | 9 | E.C. Glass | 0 |
| 1986 | Langley | 5 | First Colonial | 3 |
| 1985 | E.C. Glass | 7 | Lake Braddock | 2 |
| 1984 | E.C. Glass | 5 | W.T. Woodson | 4 |
| 1983 | Douglas Freeman | 5 | West Springfield | 4 |
| 1982 | First Colonial | 5 | E.C. Glass | 4 |
| 1981 | Albemarle | 5 | James Robinson | 4 |
| 1980 | Langley | 7 | Douglas Freeman | 2 |
| 1979 | Langley | 5 | Douglas Freeman | 4 |
| 1978 | Midlothian | 5 | George Washington | 4 |
| 1977 | First Colonial | 9 | Douglas Freeman | 0 |
| 1976 | Washington-Lee | 5 | Douglas Freeman | 4 |
| 1975 | Ferguson | 5 | Douglas Freeman | 4 |

AA (Spring championships)

| | | | | |
|------|---------------|---|----------------|---|
| 2010 | Hidden Valley | 5 | E.C. Glass | 2 |
| 2009 | John Handley | 5 | Spotswood | 0 |
| 2008 | John Handley | 5 | Jamestown | 0 |
| 2007 | John Handley | 5 | Blacksburg | 0 |
| 2006 | Jamestown | 5 | Hidden Valley | 0 |
| 2005 | Jamestown | 5 | Hidden Valley | 1 |
| 2004 | Jamestown | 5 | Loudoun County | 2 |
| 2003 | Loudon County | 5 | Jamestown | 4 |

| | | | | |
|------|---------------|----|----------------|---|
| 2002 | Jamestown | 5 | Blacksburg | 2 |
| 2001 | Jamestown | 5 | John Handley | 1 |
| 2000 | Jamestown | 5 | John Handley | 4 |
| 1999 | Graham | 5 | John Handley | 4 |
| 1998 | Fort Defiance | 5 | Blacksburg | 4 |
| 1997 | John Handley | 6 | Graham | 3 |
| 1996 | Fort Defiance | 8 | Gate City | 1 |
| 1995 | John Handley | 5 | Lakeland | 4 |
| 1994 | Osbourn | 6 | Marion | 3 |
| 1993 | Lakeland | 5 | Gate City | 2 |
| 1992 | Franklin | 5 | Harrisonburg | 2 |
| 1991 | Harrisonburg | 6 | Richlands | 0 |
| 1990 | Waynesboro | 6 | Abingdon | 3 |
| 1989 | Fort Defiance | 7 | Poquoson | 2 |
| 1988 | Radford | 6 | Loudoun County | 3 |
| 1987 | Spotswood | 6 | Radford | 3 |
| 1986 | Midlothian | 5 | Radford | 4 |
| 1985 | Radford | 5 | Handley | 4 |
| 1984 | Waynesboro | 6, | Radford | 0 |
| 1983 | Waynesboro, | | Mills Godwin | |
| 1982 | Harrisonburg | 6 | Midlothian | 3 |
| 1981 | Harrisonburg | 9 | Radford | 0 |
| 1980 | Harrisonburg | 7 | Monacan | 0 |
| 1979 | Waynesboro | 5 | Blacksburg | 4 |
| 1978 | Waynesboro | 8 | Virginia | 2 |
| 1977 | Waynesboro | 6 | Suffolk | 3 |
| 1976 | Waynesboro | 5 | Suffolk | 4 |

A (Spring Championships)

| | | | | |
|------|-----------------|---|---------------|---|
| 2010 | Gate City | 5 | Bland County | 2 |
| 2009 | Wilson Memorial | 5 | Gate City | 3 |
| 2008 | John Battle | 5 | George Mason | 3 |
| 2007 | Gate City | 5 | Radford | 4 |
| 2006 | Gate City | 5 | George Mason | 2 |
| 2005 | Gate City | 5 | Radford | 3 |
| 2004 | Gate City | 5 | Galax | 2 |
| 2003 | Gate City | 5 | George Mason | 3 |
| 2002 | Radford | 6 | Gate City | 0 |
| 2001 | Radford | 6 | Thomas Walker | 0 |
| 2000 | Radford | 7 | George Mason | 2 |
| 1999 | Radford | 9 | J.J. Kelly | 0 |
| 1998 | Radford | 5 | J.J. Kelly | 4 |
| 1997 | J.J. Kelly | 8 | George Mason | 1 |
| 1996 | J.J. Kelly | 6 | Radford | 3 |
| 1995 | J.J. Kelly | 7 | George Mason | 2 |
| 1994 | J.J. Kelly | 5 | George Mason | 4 |
| 1993 | J.J. Kelly | 5 | Franklin | 2 |
| 1992 | J.J. Kelly | 6 | Stuarts Draft | 3 |
| 1991 | J.J. Kelly | 8 | Stuarts Draft | 1 |
| 1990 | Grayson County | 5 | J.J. Kelly | 4 |
| 1989 | Stuarts Draft | 6 | Clintwood | 3 |
| 1988 | George Mason | 7 | Independence | 2 |
| 1987 | George Mason | 7 | Independence | 2 |
| 1986 | J.J. Kelly | 5 | Independence | 4 |

| | | | | |
|------|-------------------|----|-------------------|---|
| 1985 | Clarke County | 6 | J.J. Kelly | 3 |
| 1984 | Riverheads | 8 | Fort Chiswell | 1 |
| 1983 | George Mason | 5 | J.J. Kelly | 4 |
| 1982 | Riverheads | 5 | George Mason | 4 |
| 1981 | Stonewall Jackson | 5 | Auburn | 4 |
| 1980 | Wilson Memorial | 7 | Clintwood | 2 |
| 1979 | Independence | 8, | Central-Woodstock | 1 |
| 1978 | Independence | 7 | Central-Woodstock | 2 |
| 1977 | Independence | 8 | Coeburn | 1 |
| 1976 | Wilson Memorial | 9 | Central-Woodstock | 0 |

Singles and Doubles Champions

(champion, runner-up, scores)

AAA (Spring Championships)

| | | | |
|------|---|--|--------------------------------|
| 2010 | Emily Flickinger, Yorktown Flickinger/Erdenebat, Yorktown | Maureen Slattery, Warwick Parker/Stewart, Godwin | 4-6, 6-1, 6-1 6-4, 6-0 |
| 2009 | Faby Chaillo, George Marshall Hahn/Rusu, Douglas Freeman | Kiersten Pappas, L. Valley Pappas, Jacangelo, L. Valley | 6-4, 6-1 0-6, 7-5, 6-2 |
| 2008 | Katie Blow, Mills Godwin Blow/Parker, Mills Godwin | Kiersten Pappas, L. Valley Li/Shames, Langley | 5-7, 6-4, 6-1 6-3, 6-4 |
| 2007 | Yillian Zhang, Westfield Palmucci/Palmucci, Fairfax | Katie Blow, M. Godwin, Rogers/Wexel, Cox, | 6-3, 6-0 6-2, 6-7(4), 6-2 |
| 2006 | Kristen Nimitz, Deep Run Hardenbergh/Tran, Robinson | Yilian Zhang, Westfield Rogers/Bautista, Cox | 4-6, 6-4, 6-3 6-4, 3-6, 6-4 |
| 2005 | Laura Reichert, James Madison Hardenbergh/Tran, J. Robinson | Zineb Elouazzani, Hampton Reichert/Miagkov, J. Madison | 6-1, 6-3 3-6, 6-1, 6-2 |
| 1978 | Stack Ives, First Colonial Timberlake/Erdman, Henrico | Margaret Skelly, Ptrck Hnry, Barksdale/Woods, Gg Washington | 6-4, 6-0 6-2, 6-4 |
| 1977 | Allison Macatee, Washington-Lee Macatee/Kneale, Washington-Lee | Margie Waters, Douglas Freeman, Waters/ Oatts, Douglas Freeman | 6-2, 6-1 6-3, 6-3 |
| 1976 | Nancy Neviaser, W.T. Woodson Neviaser/Rasmussen, W.T. Wdsn | Jill Allen, Charlottesville, Wessel/Schwartz, Chrlottsvlle, | 6-1, 6-3 6-0, 6-1 |
| 1975 | Lou Dickey, Langley Eubank/Girmont, Douglas Freeman | Martha Beddingfield, J.R. Tucker, Schwartz/Wessel, Charlottesville, | 6-1, 6-3 6-2, 6-2 |

AAA (Fall Championships)

| | | | |
|------|--|--|---------------------------|
| 2003 | Jessica Keener, South Lakes Howard/Harrington, M. Godwin | Lindsey Howard, M. Godwin Nimitz/Nimitz, Deep Run | 7-5, 4-6, 6-2 6-0, 6-0 |
| 2002 | Lindsey Howard, Mills Godwin Howard/Harrington, M. Godwin | Kate Harrington, M. Godwin Emery/Kingsley, Langley | 7-6, 6-3 6-2, 6-0 |
| 2001 | Kristen James, Centerville James/Vanderdys, Centerville | Kate Harrington, M. Godwin Napier/Roberts, Atlee | 6-1, 6-3 6-1, 6-0 |
| 2000 | Katie Ruckert, James Madison Ruckert/Kovarik, James Madison | Kristin James, Centerville Shabaz/Kennedy, South Lakes | 4-6, 6-3, 6-2 6-2, 6-0 |
| 1999 | Katie Ruckert, James Madison Ruckert/Kovarik, James Madison | Mary Kovarik, James Madison Brown/Gravely, E.C. Glass | 6-4, 6-2 6-1, 6-1 |
| 1998 | Katie Ruckert, James Madison K James/L James, Centerville | Kristin Lanio, Clover Hill Ruckert/Kovarik, James Madison | 6-1, 6-3 6-2, 6-4 |
| 1997 | Mily Kannarkat, First Colonial | Laura James, Centerville, | 6-4, 6-3 |

| | | | |
|------|--|--|--------------------------------|
| 1996 | Lanio/Mason, Clover Hill | Bruner/Lahy, D. Freeman | 7-4, 4-6, 6-0 |
| 1995 | Mily Kannarkat, First Colonial Lanio/Mason, Clover Hill | Jamie Larson, Osbourn, Fowler/Miller, Clover Hill, | 6-3, 6-1 6-1, 6-4 |
| 1994 | Bridget Bruner, Douglas Freeman Ward/Smith, Mills Godwin | Caryn Cuthbert, Yorktown, Kannarkat/Crenshaw, F. Colonial, | 6-2, 7-6 7-5, 6-1 |
| 1993 | Mily Kannarkat, First Colonial Ward/Smith, Mills Godwin | Caryn Cuthbert, Yorktown Kannarkat/ Crenshaw, F. Col | 6-2, 6-1 7-6, 2-6, 6-2 |
| 1992 | Julie Martynova, West Sprngfld Marlowe/Childress, Mills Godwin | Katherine Chen, Monacan, Dodds/Klima, W.T. Woodson, | 3-6, 6-3, 6-3 6-2, 6-2 |
| 1991 | Christy Pomeroy, Midlothian Pomeroy/Williams, Midlothian | Christy Sigurski, Yorktown, Sigurski/Cuthbert, Yorktown, | 6-2, 6-4 6-2, 6-2 |
| 1990 | Christy Pomeroy, Midlothian Pomeroy/Zacharias, Midlothian | Angela White, Frank Cox, James/Rogers, Woodbridge, | 6-3, 6-3 6-0, 6-1 |
| 1989 | Daria Ivan, James Madison Palmer/Seamon, James Madison | Shawn Arrowsmith, Clver Hill White/Koks, Frank Cox, | 6-4, 6-6, 6-3 7-5, 6-0 |
| 1988 | Julie Shiflet, First Colonial Bluthenthal/Pomeroy, Midlothian | Christy Pomeroy, Midlothian, Palmer/Seamon, James Madison, | 6-1, 6-0 6-4, 6-3 |
| 1987 | Michelle Dodds, W.T. Woodson Milholland/Satre, Langley | Kristen Greene, Green Run, Bradley/James, Woodbridge, | 6-1, 6-1 6-4, 6-2 |
| 1986 | Michelle Dodds, W.T. Woodson Bousselaire/Esterowitz, R.E. Lee | Julie Shiflet, First Colonial, Cubitt/Perna, Midlothian, | 6-3, 6-4 6-2, 3-6, 6-4 |
| 1985 | Julie Shiflet, First Colonial J. Shiflet/L. Shiflet, First Colonial | Leslie Seward, Lee-Davis, Whitaker/Stephenson, D. Freeman | 3-6, 6-1, 6-0 6-4, 6-4 |
| 1984 | Jennifer Brandt, Lake Braddock Ki. Caister/Ka. Caister, E.C. Glass | Laura Shiflet, First Colonial, Baker/Whitaker, D. Freeman, | 1-6, 6-3, 6-3 5-7, 6-4, 7-6 |
| 1983 | Isabel Pauley, W.T. Woodson Ki. Caister/Martin, E.C. Glass | Laura Shiflet, First Colonial, L. Shiflet/ Cox, First Colonial, | 6-1, 6-2 6-4, 6-4 |
| 1982 | Isabel Pauley, W.T. Woodson Ki. Caister/Sission, E.C. Glass | Kirsten Caister, E.C. Glass, Cox/L. Shiflet, First Colonial, | 7-6, 6-0 2-6, 6-4, 6-3 |
| 1981 | Michelle Taylor, Washington-Lee; Bunsavage/ Chen, Douglas Freeman | Gabrielle Casero, Albemarle, Howard/Cox, First Colonial, | 7-6, 6-2 6-1, 6-4 |
| 1980 | Gabrielle Casero, Albemarle Bunsavage/ Chen, Dgls Freeman | Ann Howard, First Colonial, Lanter/Chocola, Langley, 7-5, | 6-1, 6-4 4-6, 6-3 |
| 1979 | Stacy Moss, J.R. Tucker Nadanyl/Reed, Langley | Missy Reed, Langley, Custer/Altizer, Cave Spring, | 6-4, 2-6, 6-2 6-1, 6-3 |
| 1978 | Cathi Giordano, Wakefield Reed/Nadanyl, Langley | Lyn Anastasio, Phoebus, Skelly/Taylor, Patrick Henry, | 6-0, 6-2 6-1, 6-3 |
| 1977 | Leanne Seward, Henrico Seward/Erdman, Henrico | Valentina Garcia, J.E.B. Stuart, Clark/Howard, Fort Hunt, | default 6-1, 6-2 |

Unclassified (Spring Championships)

| | | | |
|------|---|--|----------------------|
| 1975 | Chris Garber, Handley Krog/Snyder, Waynesboro | Betty Womack, Suffolk Hicks/McLemore, Varina, | 6-2, 7-5 |
| 1974 | Nancy Neviaser, W.T. Woodson Girmont/Eubank, Douglas Freeman | Lou Dickey, Langley, Echols/Taylor, Albemarle, | 6-4, 6-2 6-1, 6-3 |
| 1973 | Beddingfield, J.R. Tucker Echols/Taylor, Albemarle | Cheryl Moser, Douglas Freeman, Bushell/Jones, E.C. Glass, | 6-4, 6-2 6-4, 6-4 |
| 1972 | Flo Newton, J.R. Tucker | | |

C. O'Donnel/K. O'Donnel, Ferguson
1971
C. O'Donnel/K. O'Donnel, Ferguson

AA (Spring Championships)

2010
Sarah Moomau, Handley Kristin Harter, Hidden Valley 6-2, 6-3
Harter/Durmaz, Hidden Valley Simerlein/Walter, Jamestown 6-3, 6-2

2009
Kristin Harter, Hidden Valley Jessica Miller, Stuarts Draft 6-3, 6-3
Pope/Wilson, James Wood Little/Simerlein, Jamestown 6-0, 6-3

2008
Tori Ford, Lafayette Kristin Harter, Hidden Valley 6-2, 6-0
Pope/Wilson, James Wood Masterson/Fertitta, Northside 6-2, 6-1

2007
Tori Ford, Lafayette Kristin Gordon, Handley 6-1, 6-4
Gordon/Gardiner, Handley Doss/Pruett, Virginia 6-2, 7-5

2006
Mary Kate James, Jamestown Katelyn Doss, Virginia 6-3, 6-1
Carr/Bayliss, Western Albemarle James/Maxwell, Jamestown 6-3, 7-6

2005
Mary Kate James, Jamestown Maurie Carr, W. Albemarle 7-5, 6-1
James/Maxwell, Jamestown Foley/Bryant, Bassett 6-0, 6-1

2004
Brittany Huddleston, Cave Spring Kelly Collins, Jamestown 6-1, 6-2
Collins/James, Jamestown Huddleston/Kinugawa 2-6, 6-3, 7-5

2003
Blakeley Griffith, Loudon Co. Ashley James, Jamestown 6-3, 6-3
James/Collins, Jamestown Griffith/Nixon, Loudon 3-6, 6-3, 6-3

2002
Blakeley Griffith, Loudon Co. Ashley James, Jamestown 6-2, 6-4
James/Collins, Jamestown Griffith/Nixon, Loudon 6-4, 6-0

2001
Blakely Griffith, Loudon Co. Trista McGlothlin, Richlands 6-0, 6-0
James/Ircane, Jamestown Epstein/Andrew, Blacksburg 6-3, 6-2

2000
Megan Hunter, Poquoson Blakely Griffith, Loudon Co. 6-3, 6-1
James/Rackley, Jamestown Carter/Dishner, Gate City 6-3, 6-3

1999
Andrea Hunter, Poquoson Yasamina Hilu, Blacksburg 6-1, 6-3
Williams/Simpson, Graham Hilu/Andrew, Blacksburg 6-7, 6-4, 6-2

1998
Yasamina Hilu, Blacksburg Steffany Slaughter, John Handley 6-3, 6-1
Hill/ McNeal, Fort Defiance Hilu/ Andrew, Blacksburg, 6-2, 7-6

1997
Yasamina Hilu, Blacksburg Lauren William, Graham, 6-3, 6-3
Hill/McNeal, Fort Defiance Hilu/White, Blacksburg 6-0, 7-6

1996
Megan Mahan, Westrn Albemarle Yasamina Hilu, Blacksburg, 6-0, 6-0
Cole/Partlow, John Handley Carter/Thomas, Gate City 6-2, 6-2

1995
Megan Mahan, Westrn Albemarle Jill Archer, Salem, 6-1, 6-3
Wells/Hill, Fort Defiance Archer/Hall, Salem, 6-3, 6-2

1994
Meghan Romine, Courtland Jill Archer, Salem, 6-2, 6-0
Richardson/Funk, Radford Archer/Hall, Salem, 6-1, 7-5

1993
Meghan Romine, Courtland Teresa Pringle, Lakeland, 6-2, 6-0
Parker/ Leatherman, Harrisonburg Pringle/Riddick, Lakeland, 6-1, 6-2

1992
Betsy Parker, Harrisonburg Myra Stevenson, Richlands, 6-1, 6-1
Parker/ Leatherman, Harrisonbrg H. Johnson/J. Johnson, Rdfrd 6-7, 6-3, 6-1

1991
Anne Carter-Coffman, Fort Defiance, Meg Jackson, Franklin, 6-2, 6-1
Carter-Coffman/Houff, Fort Defiance, Knoll/ Siglinger, Tabb, 6-3, 6-1

1990
Laura McNeely, Bruton Doris Ballak, Salem, 7-6, 6-4
Carter-Coffman/Houff, F. Defiance, Skora/Riggins, Poquoson, 6-1, 6-0

1989
Kim Nelson, Park View-Sterling Michelle Miano, Radford, 7-5, 6-2
Miano/King, Radford Rollins/Heatherington, Ldn Co 1-6, 6-4, 6-4

1988
Roswitha van der Pal, Forest Glen Carla Rollins, Loudoun Co,
1-6, 6-3, 6-4
Rollins/Dimillio, Loudoun County McNeely/Bumstead, Bruton,
6-7, 7-5, 6-3

1987
Vicki Harris, Waynesboro Laura McNeely, Bruton,
6-1, 6-1
Harris/Lynn, Waynesboro Neal/Ames, Radford,
7-5, 6-3

1986
Shannon Cubitt, Midlothian Suzanne Graham, Radford,
6-1, 6-2
Cubitt/Boerner, Midlothian Graham/Neal, Radford,
7-6, 6-2

1985
Vicki Harris, Waynesboro Susan Briggs, Gloucester,
2-6, 6-1, 6-1
Harris/Teachy, Waynesboro Boerner/Brady, Midlothian,
6-3, 2-6, 6-3

1984
Kim Boerner, Midlothian Jennifer Toomy, Waynesboro, 6-1, 6-3
Boerner/ Calder, Midlothian Toomy/Knicely, Waynesboro, 2-6, 6-3, 6-4

1983
Diane Sancilio, Mills Godwin Noel Nunnally, Blacksburg, 6-0, 6-0
Foulkes/Labar, Clover Hill Nunnally/Neily, Blacksburg, 7-6, 6-0

1982
Laura Daus, Bruton Angie Andes, Tazewell, 6-3, 6-3
Shank/Gilkerson, Harrisonburg Greer/ Calder, Midlothian, 6-2, 3-6, 6-2

1981
Kathy Devine, Clarke County Lynn Morgan, Clover Hill, 6-4, 6-3
Carter/Todd, Fort Defiance Ames/Davis, Manchester, 6-3, 6-4

1980
Renee Phillips, Virginia Tracey Doyle, Monacan, 6-0, 6-1
Phillips/Gordon, Virginia Doyle/Foster, Monacan, 6-2, 6-1

1979
Ann Perkins, Waynesboro Lisa Barnes, Suffolk, 6-0, 6-3
Phillips/Gordon, Virginia Bombeeck/Guthrie, Brookville, 6-0, 6-2

1978
Ann Perkins, Waynesboro Renee Phillips, Virginia, 4-6, 6-2, 7-5
Phillips/ Hurt, Virginia Perkins/Austin, Waynesboro, 6-2, 6-1

1977
Sarah Marr, Suffolk Renee Phillips, Virginia, 6-0, 6-1
Marr/Peachy, Suffolk Pope/Humphrey, Waynesboro, 6-0, 6-3

1976
Sarah Marr, Suffolk Pam Pope, Waynesboro, 6-0, 3-6, 7-6
Marr/ O'Berry, Suffolk L Hill/R Hill, P H-Glade Spring, 6-4, 6-1

A (Spring Championships)

2010
Grace Sarver, Bland County Jordan Barnes, Gate City 6-0, 6-1
Sarver/Mustard, Bland County Kane/Sedmak, George Mason 6-1, 6-4

2009
Grace Sarver, Bland County Michelle Repper, G. Mason 6-1, 7-5
Sarver/Mustard, Bland County Bowen/Taylor, Gate City 6-1, 6-3

2008
Emerald Lauzon, John Battle Jennifer Sing, Franklin 6-1, 6-1
Lauzon/Johnson, John Battle Sing/Webber, Franklin 6-1, 6-2

2007
Tara Sheets, Gate City Emerald Lauzon, J. Battle 6-0, 6-0
Sheets/K. Musick, Gate City O'Connell/Salmon 6-1, 6-1

2006
Tara Sheets, Gate City Shari Thornton, Glenvar 6-1, 6-0
Sheets/K. Musick, Gate City Thornton/Moore, Glenvar 6-4, 6-1

2005
Tara Sheets, Gate City Kelly O'Connell, Goochland 6-0, 6-0
Sheets/Jenkins, Gate City O'Connell/Noble, Goochland 7-5, 6-2

2004
Ashton Downs, Radford Tara Sheets, Gate City 7-6, (7-4), 6-2
Sheets/L. Musick, Gate City Downs/Camphouse, Radford 6-2, 6-2

2003
Ashton Downs, Radford Davina Dishner, Gate City 6-1, 5-7, 6-3

| | | |
|------------------------------------|---------------------------------|---------------|
| Nelson/Shaw, Galax | Pilkenton/Mullins, J.I. Burton | 7-5, 6-3 |
| 2002 | | |
| Caroline Downs, Radford | Laurel Thompson, West Point | 6-1, 6-0 |
| Downs/Downs, Radford | Toth/Perry, Wilson Memorial | 6-0, 6-0 |
| 2001 | | |
| Caroline Downs, Radford | Meredith Pack, Randolph Henry | 6-1, 6-0 |
| Downs/Gray, Radford | Dorsey/Oakes, J.J. Kelly | 6-0, 6-0 |
| 2000 | | |
| Emily Nester, Radford | Terrah Finey, New Kent | 6-1, 6-1 |
| Nester/Downs, Radford | Thompson/Thompson, Wst Pnt | 6-0, 6-0 |
| 1999 | | |
| Ashleigh Sarver, Bland | Emily French, Central | 6-0, 6-0 |
| French/Rouchard, Central | Sarver/Harner, Bland | 3-6, 6-3, 7-5 |
| 1998 | | |
| Ashleigh Sarver, Bland, | Dera Leigh Wood, J.J. Kelly | 6-1, 6-1 |
| Sarver/ Harvey, Bland, | Wood/ Dotson, J.J. Kelly, | 6-4, 3-6, 7-6 |
| 1997 | | |
| Ashleigh Sarver, Bland | Laura Faye Mullins, Clintwood, | 6-1, 6-0 |
| Wood/ Dotson, J.J. Kelly | Harless/Nester, Radford, | 6-1, 6-0 |
| 1996 | | |
| Ashleigh Sarver, Bland | Kristen Hull, Buffalo Gap, | 6-1, 6-2 |
| Wood/Dotson, J.J. Kelly | Howard/Pillows, Randolph Henry, | 6-2, 6-2 |
| 1995 | | |
| Natasha Belcher, J.J. Kelly | Melanie Wexel, Parry McCluer, | 6-0, 6-2 |
| Belcher/Dorsey, J.J. Kelly | Reedy/ Reedy, New Kent, | 6-2, 6-1 |
| 1994 | | |
| Natasha Belcher, J.J. Kelly | Melanie Wexel, Parry McCluer, | 6-0, 6-0 |
| Forbes/Shirley, Franklin | Hughes/Locher, St. Jackson, | 6-2, 6-2 |
| 1993 | | |
| Natasha Belcher, J.J. Kelly | Winston Forbes, Franklin, | 6-1, 6-3 |
| Forbes/Shirley, Franklin | Belcher/Roberts, J.J. Kelly, | 6-3, 6-4 |
| 1992 | | |
| Chelsea Earnhardt, Grayson County | Lori Hillman, Clintwood, | 6-4, 6-4 |
| Hillman/ Rose, Clintwood | Earnhardt/Tolley, Grayson Co, | 6-3, 6-2 |
| 1991 | | |
| Gigi Mirando, J.I. Burton | Kerri Elgin, Cen.-Wdstock, | 6-7, 6-3, 6-1 |
| G. Mirando/L. Mirando, J.I. Burton | Earnhardt/Vaughan, Grysn Co | 6-1, 6-7, 6-4 |
| 1990 | | |
| Lori Hillman, Clintwood | Kerri Elgin, Cen.-Wdstck | 1-6, 6-4, 6-2 |
| Adams/Stanley, Stuarts Draft | Sutherland/Cook, Grayson Co, | 7-6, 6-3 |
| 1989 | | |
| Sarah Cooke, West Point | Susan Calder, Stuarts Draft, | 4-6, 6-3, 6-0 |
| Calder/Adams, Stuarts Draft | Cooke/Palmer, West Point, | 6-2, 6-2 |
| 1988 | | |
| Jennifer Baldwin, Wilson Memorial | Sarah Cooke, West Point, | 6-0, 6-2 |
| Boozell/Metzler, George Mason | Rhodes/Eakin, Coeburn, | 6-4, 5-7, 6-1 |
| 1987 | | |
| Jenny Boozell, George Mason | Patches Johnson, Fort Chiswell, | 6-3, 6-2 |
| Boozell/Metzler, George Mason | Vaughn/Michelle Fink, Galax, | 6-1, 6-1 |
| 1986 | | |
| Jenny Boozell, George Mason | Felicia Vaughn, Galax, | 6-2, 6-4 |
| Boozell/Metzler, George Mason | Vaughn/Michelle Fink, Galax, | 6-3, 7-6 |
| 1985 | | |
| Marine Leray, George Mason | Melissa Cox, Pound, | 6-1, 6-4 |
| Leray/ Metzler, George Mason | Lindsey/Rhodes, Coeburn, | 6-4, 6-2 |
| 1984 | | |
| Melissa Cox, Pound | Mary Boyd, Riverheads, | 6-1, 6-2 |
| Meade/Gilbert, Coeburn | Harrell/ Stotlar, Suffolk, | 6-3, 6-1 |
| 1983 | | |
| Carol Saboites, J.J. Kelly | Tammy Key, Holston, | 6-0, 6-0 |
| Beaman/Visscher, George Mason | Harrell/Stotlar, Suffolk, | 6-3, 6-1 |
| 1982 | | |
| Susan Beaman, George Mason | Carol Saboites, J.J. Kelly, | 6-4, 6-1 |
| Gray/Bond, Independence | Saboites/ Coleman, J.J. Kelly, | 6-1, 6-0 |
| 1981 | | |
| Beth Gray, Independence | Susan Beaman, George Mason, | 7-6, 7-6 |
| Chandler/Tieleman, Auburn | Funkhouser/ Rinker, St. Jackson | 6-2, 6-1 |
| 1980 | | |
| Katie Carter, Fort Defiance | Jennifer Richards, St. Jackson, | 7-5, 6-0 |
| Carter/Welliver, Fort Defiance | Sipe/Lamb, Montevideo, | 6-2, 6-2 |
| 1979 | | |
| Katie Carter, Fort Defiance | Missy Davidson, Jonesville, | 4-6, 6-3, 6-2 |
| Richards/Green, Stonewall Jackson | Vincent/Upton, Essex, | 7-6, 6-2 |

1978

Debbie Steele, Coeburn Jennifer Richard, St. Jackson, 6-1, 7-6
 Hackler/Bond, Independence Vincent/ Watkins, Essex, 6-2, 6-1

1977

Betty Wooten, Independence Donna O'Dell, Pound, 6-4, 6-2
 Smith/Blankenship, Bland O'Denn/Stallard, Pound, 6-4, 7-6

1976

Mary Perkins, Wilson Memorial Peyton Barker, Appalachia, 6-2, 6-2
 Perkins/ Baldwin, Wilson Memorial Dickerson/Killen, Clintwood, 6-2, 6-3

Team Records

State championships:

9 Mills Godwin 1993, 1995, 2001-03, 2007-10
 8 J.J. Kelly 1986, 1991-97
 7 Waynesboro 1976-79, 1983-84, 1990
 7 Langley 1979-80, 1986-88, 1991-92

Consecutive championships:

7 J.J. Kelly 1990-97

Consecutive team matches won:

128 J.J. Kelly 1990-98

Individual Records

Total championships

7 Tara Sheets Gate City
 singles 2005-07 doubles 2004-07
 5 Ashleigh Sarver Bland County ended 1997
 singles, 1996-99 doubles, 1998
 5 Katie Ruckert James Madison
 singles, 1998-2000 doubles, 1999-2000
 5 Caroline Downs Radford
 singles, 2001-2002 doubles, 2000-2002
 4 Karen Metzler, George Mason
 doubles, 1985-88
 4 Natasha Belcher J.J. Kelly ended 1995
 three singles, one doubles
 4 Ashley James Jamestown
 doubles, 2000-03
 4 Grace Sarver Bland County
 singles, 2009-10 doubles, 2009-10

Singles championships:

4 Ashleigh Sarver Bland, 1996-99
 3 Natasha Belcher J.J. Kelly, 1993-95
 3 Mily Kannarkat First Colonial, 1994, 1996-97
 3 Katie Ruckert James Madison 1998-2000
 3 Blakeley Griffith Loudon County 2001-2003
 3 Tara Sheets Gate City 2005-07

Doubles championships by same team:

3 Jenny Boozell/Karen Metzler George Mason 1986-88

Doubles championships by individual:

4 Karen Metzler George Mason, 1985-88
 4 Ashley James Jamestown 2000-03
 4 Tara Sheets Gate City 2004-07
 3 Renee Phillips Virginia 1978-80
 3 Kirsten Caister E. C. Glass 1983-85
 3 Jenny Boozell George Mason 1986-88
 3 Kay Hill Fort Defiance 1995, 1997-98
 3 Caroline Downs Radford 2000-02

Best singles win-loss percentage:

100% Natasha Belcher J.J. Kelly ended 1995
 (79-0)

| | | | |
|--|---|------------|----------------------|
| 100% | Ashleigh Sarver (61-0) | Bland | ended 1999 |
| 99% | Tara Sheets (135-1) | Gate City | ended 2007 |
| Best doubles win-loss percentage: | | | |
| 100% | Tara Sheets (unverified) w/ Lauren Musick, Krista Jenkins and Kaitlyn Musick | | ended 2007 |
| 98% | Macel Hubbard/Mary Hubbard | J.J. Kelly | ended 1999 (58-1) |
| 97% | Natasha Belcher/Kelly Dorsey | J.J. Kelly | ended 1995 (35-1) |
| 95% | Carrie Austin/Ann Perkins | Waynesboro | ended 1979 (37-2) |

Coaching Records

Most coaching wins:

| | | |
|-----|-------------------------------|-----------|
| 418 | Frances Simpson, E.C. Glass | 1968-1999 |
| 245 | Mark Seidenberg, Mills Godwin | 1994- |

BOYS INDOOR TRACK

Team Champions

(champion, runner-up)

AAA

| | | | | |
|------|------------------|------|--------------------------|------|
| 2010 | Western Branch | 41.0 | Landstown | 38.0 |
| 2009 | Albemarle | 66.0 | Western Branch | 61.0 |
| 2008 | Western Branch | 65.0 | Nansemond River | 37.0 |
| 2007 | Western Branch | 65.0 | Manchester | 45.0 |
| 2006 | E.C. Glas | 33.0 | Indian River/Huguenot | 27.0 |
| 2005 | Deep Creek | 47.0 | J. R. Tucker | 39.0 |
| 2004 | Deep Creek | 59.0 | Westfield | 52.0 |
| 2003 | Deep Creek | 34.0 | Great Bridge | 31.0 |
| 2002 | Deep Creek | 44.0 | Centreville | 32.0 |
| 2001 | Lake Braddock | 57.0 | Deep Creek | 49.0 |
| 2000 | Potomac | 38.0 | Lake Braddock | 32.3 |
| 1999 | Potomac | 54.0 | Centreville | 49.0 |
| 1998 | West Springfield | 46.0 | Menchville | 28.0 |
| 1997 | Hayfield | 49.0 | Patrick Henry-Roanoke | 42.0 |
| 1996 | West Springfield | 42.0 | Menchville | 34.0 |
| 1995 | Deep Creek | 58.0 | Menchville | 46.0 |
| 1994 | Hayfield | 38.0 | Chantilly | 26.0 |
| 1993 | T.C. Williams | 56.0 | Chantilly | 32.0 |
| 1992 | T.C. Williams | 76.0 | Great Bridge | 32.0 |
| 1991 | Heritage | 60.0 | George Washington | 55.0 |
| 1990 | Gar-Field | 36.0 | G Washington, Wm Fleming | 33.0 |
| 1989 | T.C. Williams | 63.0 | Heritage, Denbigh | 32.0 |
| 1988 | Lake Braddock | 70.0 | Kempsville | 64.0 |
| 1987 | Bayside | 56.0 | Green Run | 48.0 |
| 1986 | Lake Braddock | 54.0 | Bethel | 42.0 |
| 1985 | Bethel | 44.0 | Menchville | 34.0 |
| 1984 | Denbigh | 40.0 | E.C. Glass | 38.5 |
| 1983 | Menchville | 58.5 | Jeff.-Huguenot-Wythe | 54.0 |
| 1982 | Menchville | 61.0 | Denbigh | 39.0 |
| 1981 | Not Available | | | |
| 1980 | Menchville | 60.5 | Jeff.-Huguenot-Wythe | 47.0 |
| 1979 | T.C. Williams | 49.5 | Albemarle | 34.0 |
| 1978 | Bayside | 32.0 | Albemarle | 27.0 |
| 1977 | Denbigh | 56.0 | Bethel | 38.0 |
| 1976 | Thomas Edison | 21.0 | Menchville | 21.0 |
| 1975 | Albemarle | 34.0 | Thomas Edison | 22.0 |
| 1974 | Albemarle | 33.0 | Homer Ferguson | 32.0 |
| 1973 | Menchville | 24.0 | Bethel | 23.0 |
| 1972 | Menchville | 29.5 | Kecoughtan | 22.0 |
| 1971 | Denbigh | 28.0 | First Colonial | 21.0 |
| 1970 | Denbigh | 27.0 | First Colonial | 19.5 |
| 1969 | Newport News | 44.0 | Woodrow Wilson | 17.0 |
| 1968 | Newport News | 42.0 | E.C. Glass | 37.0 |
| 1967 | Newport News | 60.0 | Wakefield | 39.5 |
| 1966 | Wakefield | 32.5 | Newport News | 26.0 |
| 1965 | Newport News | 34.0 | Great Bridge | 20.0 |
| 1964 | Newport News | 34.0 | Washington-Lee | 27.0 |
| 1963 | Washington-Lee | 31.0 | Newport News | 26.5 |
| 1962 | Newport News | 35.5 | Norview | 23.0 |
| 1961 | Newport News | | | |

| | | | | |
|------|-----------------------------|--------|----------------|--------|
| 1960 | Washington-Lee | 33 5/6 | Granby | 29 5/6 |
| 1959 | Andrew Lewis | 34 1/2 | Washington-Lee | 30 1/3 |
| 1958 | Andrew Lewis | | | |
| 1957 | Washington-Lee | | | |
| 1956 | Washington-Lee | | | |
| 1955 | Washington-Lee | | | |
| 1954 | Washington-Lee | | | |
| 1953 | Washington-Lee | | | |
| 1952 | Contest Not Held | | | |
| 1951 | Contest Not Held | | | |
| 1950 | Thomas Jefferson - Richmond | | | |

AA

| | | | | |
|------|--------------------|-------|-----------------|------|
| 2010 | Christiansburg | 53.0 | Blacksburg | 52.0 |
| 2009 | Louisa County | 83.0 | Jamestown | 57/0 |
| 2008 | Western Albemarle | 57.0 | Brookville | 55.0 |
| 2007 | Brookville | 45.50 | Jamestown | 35.0 |
| 2006 | Heritage | 53.50 | Appomattox | 53.0 |
| 2005 | Lafayette | 58.0 | Charlottesville | 41.0 |
| 2004 | Charlottesville | 81.7 | Turner Ashby | 36.2 |
| 2003 | Heritage-Lynchburg | 74.0 | Charlottesville | 46.0 |
| 2002 | Heritage-Lynchburg | 73.0 | Lafayette | 58.0 |
| 2001 | Appomattox | 53.0 | Spotsylvania | 43.5 |
| 2000 | Western Albemarle | 61.0 | King George | 55.5 |
| 1999 | Heritage | 71.0 | King George | 60.0 |
| 1980 | Brookville | 52.0 | Waynesboro | 50.0 |
| 1979 | Western Albemarle | 96.0 | Brookville | 36.0 |
| 1978 | Waynesboro | 66.0 | Rustburg | 56.0 |
| 1977 | Not Available | | | |
| 1976 | R.E. Lee-Staunton | 30.5 | Brookville | 23.0 |
| 1975 | Waynesboro | 46.0 | Nelson County | 38.0 |
| 1974 | Nelson County | 43.0 | Waynesboro | 38.0 |

AA/A Combined

| | | | | |
|------|------------------|------|---------------|-------|
| 1973 | Nelson County | 37.5 | Blacksburg | 28.0 |
| 1972 | Blacksburg (tie) | 31.0 | Radford (tie) | 31.0 |
| 1971 | Nelson County | 49.5 | Lexington | 45.25 |
| 1970 | Nelson County | 47.0 | Lexington | 31.0 |

A

| | | | | |
|------|-----------------|------|----------------------|------|
| 1980 | Parry McCluer | 78.0 | Stonewall Jackson-MJ | 52.0 |
| 1979 | Fluvanna County | 96.0 | Parry McCluer | 74.0 |
| 1978 | Fluvanna County | 77.0 | Riverheads | 56.0 |
| 1977 | Not Available | | | |
| 1976 | Fluvanna County | 36.0 | Goochland | 35.5 |
| 1975 | Riverheads | 33.0 | Parry McCluer | 29.5 |
| 1974 | Fluvanna County | 88.0 | Parry McCluer | 46.0 |

Team Records

State championships:

| | | |
|---|--------------|---------------------------|
| 7 | Newport News | 1961-62, 1964-65, 1967-69 |
|---|--------------|---------------------------|

Individual Records

Most individual championships

6 Bobby Lockhart John Handley 2000-02

Four Year Winner (Single Event)

Long Jump Mike Newell Potomac 1996-99

Individual Champions

AAA

Shot Put

| | | | |
|------|----------|--------------------|-----------------------------|
| 2010 | 63-03.00 | Isiah Simmons | Woodbridge |
| 2009 | 56-10.75 | Isiah Simmons | Woodbridge |
| 2008 | 59-05.50 | Frede Spellman | Oscar Smith |
| 2007 | 58-02.25 | Frede Spellman | Oscar Smith |
| 2006 | 57-06.00 | Michael Zajac | E.C. Glass |
| 2005 | 55-11.75 | Jaymes Brooks | Denbigh |
| 2004 | 57-06.75 | Joe Cezard | Deep Creek |
| 2003 | 60-8.75 | Steve Huntzinger | James Robinson |
| 2002 | 59-9 | Steve Huntzinger | James Robinson |
| 2001 | 54-0.25 | Eric Thompson | George Washington |
| 2000 | 56-8.5 | James Sapp | Patrick Henry - Roanoke |
| 1999 | 58-7.25 | Nick Welibozkiy | West Springfield |
| 1998 | 56-9 | Brian Kollar | First Colonial |
| 1997 | 62-9 | Aaron Trammell | Osborn Park |
| 1996 | 55-8 | Aaron Trammell | Osborn Park |
| 1995 | 55-1.5 | Deon Dyer | Deep Creek |
| 1994 | 56-11.5 | Robert Hunt | Menchville |
| 1993 | 58-11.25 | Chris Snyder | Indian River |
| 1992 | 56-9.75 | Michael Washington | Great Bridge |
| 1991 | 56-10.5 | J.T. Morris | Heritage |
| 1990 | 55-4.5 | Dwayne Winstead | R.E. Lee - Springfield |
| 1989 | 57-6.75 | Butch Jennings | E.C. Glass |
| 1988 | 54-5 | Randall Old | First Colonial |
| 1987 | 59-8.5 | Robert Lee | Thomas Jefferson - Richmond |
| 1986 | N/A | | |
| 1985 | 55-10 | Tom Huminick | Herndon |
| 1984 | 56-5.25 | Bob Christian | Highland Springs |
| 1983 | 52-2 | Scott Szmanski | Thomas Edison |
| 1982 | 60-11.5 | David Gutierrez | Gar-Field |
| 1981 | N/A | | |
| 1980 | 58-1.5 | Tom Pascoe | J.E.B. Stuart |
| 1979 | 54-9.25 | Ben Williams | Prince George |
| 1978 | 65-5.5 | Dan Krueger | Bayside |
| 1977 | 58-9 | Dan Krueger | Bayside |
| 1976 | 61-3 | Phil Vincenzes | Edison |
| 1975 | 58-2 | Phil Vincenzes | Edison |
| 1974 | N/A | ? Taylor | Ferguson |
| 1973 | N/A | | |
| 1972 | N/A | | |
| 1971 | 50-7.5 | John Proffitt | E.C. Glass |
| 1970 | N/A | | |
| 1969 | 58-3.75 | Barry White | Warwick |
| 1968 | 51-9.5 | B.C. Williams | Clifton Forge |
| 1967 | N/A | | |
| 1966 | 55-8.87 | Ed George | E.C. Glass |
| 1965 | 55-6 | Joe Wingo | Newport News |
| 1964 | N/A | | |

| | | | |
|------|---------|--------------|--------------|
| 1963 | 55-7 | Andy Bowling | E.C. Glass |
| 1962 | 51-8 | _____ Higgs | Andrew Lewis |
| 1961 | | | |
| 1960 | 53-11.5 | ? Harrell | Newport News |
| 1959 | 52-2 | ? Churchill | Andrew Lewis |
| 1958 | | | |
| 1957 | 52-6 | ? Vaught | Warwick |

Broad Jump

| | | | |
|------|---------|------------|----------------|
| 1960 | 22-6.25 | ? Peterson | Washington-Lee |
| 1959 | 22-0 | ? Peterson | Washington-Lee |
| 1958 | 21-9.5 | ? Orndorff | Washington-Lee |

Long Jump

| | | | |
|------|-----------|-------------------|--------------------------|
| 2010 | 23-10-00 | Justin Hunter | Ocean Lakes |
| 2009 | 24-01..25 | James Taylor | Nansemond River |
| 2008 | 23-08.25 | James Taylor | Nansemond River |
| 2007 | 23-07.50 | Rashaas Cannon | Highland Springs |
| 2006 | 23-06.50 | Corey Vinston | Phoebus |
| 2005 | 24-09.75 | Dennis Boone | Thomas Dale |
| 2004 | 24-00.25 | Dennis Boone | Thomas Dale |
| 2003 | 22-11.7 | John Bailey | Colonial Heights |
| 2002 | 23-8 | Reshard Nobles | George Washington |
| 2001 | 22-10.5 | Jerome Mathis | Petersburg |
| 2000 | 23-7.75 | Brandon Royster | Fairfax |
| 1999 | 24-6 | Mike Newell | Potomac |
| 1998 | 24-11 | Mike Newell | Potomac |
| 1997 | 25-8.25 | Mike Newell | Potomac |
| 1996 | 23-4 | Mike Newell | Potomac |
| 1995 | 23-8.75 | Dawane Wallace | Mount Vernon |
| 1994 | 23-9.75 | Dominick Millner | William Flemming |
| 1993 | 23-6.75 | Chris Porter | Huguenot |
| 1992 | 23-9.34 | Ronde Barber | Cave Spring |
| 1991 | 22-11 | Daryl Newby | G.W. Danville |
| 1990 | 23-0.5 | Tony Lanier | George Washington |
| 1989 | 23-9.5 | Bernard Wallace | West Potomac |
| 1988 | 24-0.75 | Larry Moore | Kempsville |
| 1987 | 24-6.5 | Keith Holley | Bayside |
| 1986 | 23-11.75 | Victor Cahoon | Osborn Park |
| 1985 | 23-10.75 | Robert Majors | William Fleming |
| 1984 | 23-4 | Therone Davis | Highland Springs |
| 1983 | 23-10 | Walter Lanier | Jefferson-Huguenot-Wythe |
| 1982 | 22-5.5 | John Ragulas | Menchville |
| 1981 | N/A | | |
| 1980 | N/A | | |
| 1979 | 23-5 | Cornelius Cousins | Hermitage |
| 1978 | 23-10.75 | Darryl Smith | Denbigh |
| 1977 | 23-0 | Joey Smith | Denbigh |
| 1976 | N/A | | |
| 1975 | N/A | Tony Easley | William Fleming |
| 1974 | N/A | ? Gardner | Albemarle |
| 1973 | N/A | | |
| 1972 | 22-9.75 | Jackie Smith | Menchville |
| 1971 | 23-8 | Aaron Heard | Norview |
| 1970 | 22-4 | Gerry Gaines | Western Branch |
| 1969 | 23-0.75 | Doug Dickinson | Newport News |
| 1968 | 21-6 | Warner Eberly | Varina |
| 1967 | 23-0.25 | Doug Dickinson | Newport News |

| | | | |
|------------------|---------|-------------------|--------------------------|
| 1966 | N/A | | |
| 1965 | 22-2.75 | Bill Kibler | Princess Anne |
| 1964 | N/A | Fred Anspach | Newport News |
| 1963 | N/A | | |
| 1962 | 20-10 | George Kahle | Newport News |
| High Jump | | | |
| 2010 | 6-08 | Justin Hunter | Ocean Lakes |
| 2009 | 6-07 | Justin Hunter | Ocean Lakes |
| 2008 | 6-10 | Chris Copeland | Lakeland |
| 2007 | 6-08.00 | Chris Copeland | Lakeland |
| 2006 | 6-09 | Marlon Woods | Booker T. Washington |
| 2005 | 6-06 | Raphael Hall | Deep Creek |
| 2004 | 6-8 | Jerome Miller | Colonial Forge |
| 2003 | 6-8 | Jerome Miller | Colonial Forge |
| 2002 | 7-0.25 | Keith Moffatt | Menchville |
| 2001 | 6-10 | Quentin Matthews | Deep Creek |
| 2000 | 6-9 | Chris Smith | Culpeper |
| 1999 | 6-8.25 | Phillip McKay | E.C. Glass |
| 1998 | 6-7 | Phillip McKay | E.C. Glass |
| 1997 | 6-7 | David Randolph | Monacan |
| 1996 | 6-8 | Nathaniel Clopton | Denbigh |
| 1995 | 6-8 | Doug Humphrey | West Springfield |
| 1994 | 6-8 | Bill Trice | Hayfield |
| 1993 | 6-10 | Jamal Green | First Colonial |
| 1992 | 7-0 | Jamel Green | First Colonial |
| 1991 | 6-6 | John Feeney | Stafford |
| 1990 | 6-8 | Donald Robinson | John Marshall |
| 1989 | 6-10 | Donald Robinson | John Marshall |
| 1988 | 6-9 | Larry Moore | Kempsville |
| 1987 | 6-4 | Archie Christian | E.C. Glass |
| 1986 | 6-10 | David Daigler | Oakton |
| 1985 | 6-9 | Jarred Swann | E.C. Glass |
| 1984 | 6-6 | Charles Boyer | Gar-Field |
| 1983 | 6-8 | Keith Young | Jefferson-Huguenot-Wythe |
| 1982 | 6-8 | Mike Turner | Lake Braddock |
| 1981 | N/A | | |
| 1980 | 6-10 | Greg Byers | Albemarle |
| 1979 | 6-6 | Scott Landers | W.T Woodson |
| 1978 | 6-6 | Dale Davis | Hampton |
| 1977 | 6-6.25 | Jack Reese | Edison |
| 1976 | N/A | William Lowry | Kempsville |
| 1975 | 6-8 | Brett Eppert | Mount Vernon |
| 1974 | 6-6 | Ken Poindexter | Franklin County |
| 1973 | N/A | | |
| 1972 | N/A | | |
| 1971 | 6-4 | Phil McGuire | Albemarle |
| 1970 | 6-2 | Steve Wirt | William Fleming |
| 1969 | 6-3 | Willie Wiggins | Carver |
| 1968 | 6-1.75 | Ray Almond | James Wood |
| 1967 | 6-4 | Reggie Sommers | Wakefield |
| 1966 | 6-3.25 | Reggie Sommers | Wakefield |
| 1965 | 6-2.5 | Dave Smith | Douglas Freeman |
| 1964 | N/A | | |
| 1963 | N/A | | |
| 1962 | 5-11 | George Kahle | Newport News |
| 1961 | | | |
| 1960 | 6-3 | ? Bitts | Thomas Jefferson |

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|--------------------|----------|-------------------|-----------------------|
| 1959 | | ? Bitt | Thomas Jefferson |
| 1958 | 6-1.5 | ? Tallaferro | Andrew Lewis |
| Triple Jump | | | |
| 2010 | 47-02.50 | Tony Green | Patrick Henry-Ashland |
| 2009 | 50-01.00 | David Wilson | George Washington |
| 2008 | 48-09.25 | David Wilson | George Washington |
| 2007 | 48-00.75 | Marcus Robinson | J.R. Tucker |
| 2006 | 47-04.50 | Juston Duncan | James Madison |
| 2005 | 48-2.50 | Percy Harvin | Landstown |
| 2004 | 45-11 | Jerome Miller | Colonial Forge |
| 2003 | 46-3.50 | John Bailey | Colonial Heights |
| 2002 | 46-1 | Reynold Smith | Forest Park |
| 2001 | 48-8.75 | Alonzo Moore | Phoebus |
| 2000 | 47-4.25 | Frank Tolen | Stonewall Jackson |
| 1999 | 47-1.25 | Godwin Mbagwu | Petersburg |
| 1998 | 48-5 | Emmett Johnson | Western Branch |
| 1997 | 48-11.25 | Jamin Elliott | Churchland |
| 1996 | 47-9.25 | Andre Hunt | Heritage |
| 1995 | 47-5.25 | Cleveland McClory | West Potomac |
| 1994 | 46-11 | Cleveland McClory | West Potomac |
| 1993 | 47-6 | Sean Archer | Thomas Jefferson S&T |
| 1992 | 49-8.25 | Curtis Anderson | E.C. Glass |
| 1991 | 48-2 | Curtis Anderson | E.C. Glass |
| 1990 | 48-6.25 | Ryan Harris | Highland Springs |
| 1989 | 48-8.25 | John Holly | Mount Vernon |
| 1988 | 50-9 | Larry Moore | Kempsville |
| 1987 | 50-4 | Cornell Grayson | West Potomac |
| 1986 | N/A | | |
| 1985 | 47-3.75 | Mark Darby | Green Run |
| 1984 | 47-1.5 | Jeremy Worrell | J.E.B. Stuart |
| 1983 | 50-9 | Roger Bennett | Gar-Field |
| 1982 | 50-4 | Roger Bennett | Fairfax |
| 1981 | N/A | | |
| 1980 | 48-0.25 | Jon Gates | George Marshall |
| 1979 | 48-2 | Greg Byers | Albemarle |
| 1978 | 45-9.25 | Greg Byers | Albemarle |
| 1977 | 49-11.5 | Darryl Smith | Denbigh |
| 1976 | N/A | | |
| 1975 | N/A | James Gardner | Albemarle |
| 1974 | 47-4.25 | Tony Easley | Fleming |
| 1973 | N/A | | |
| 1972 | N/A | | |
| 1971 | 47-6 | Gerry Gaines | Western Branch |
| 1970 | 49-6.5 | Doug Dickinson | Newport News |
| 1969 | N/A | | |
| 1968 | N/A | | |
| 1967 | 45-3 | Doug Dickinson | Newport News |
| 1966 | N/A | | |
| 1965 | N/A | | |
| 1964 | N/A | | |
| 1963 | N/A | | |
| 1962 | N/A | | |
| Pole Vault | | | |
| 2010 | 14-09 | Eric Zwarycz | Mills Godwin |
| 2009 | 15-03 | Allen Kelly | King's Fork |
| 2008 | 15-06 | Daniel Inge | E.C. Glass |
| 2007 | 14-00 | Daniel Inge | E.C. Glass |

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|--------------------|----------|------------------|--------------------------|--------------------------|------|------------------|-----------------|
| 2006 | 17-00.50 | Michael Morrison | Great Bridge | 2003 | 7.38 | Terry Thornton | Petersburg |
| 2005 | 15-09 | Michael Morrison | Great Bridge | 2002 | 7.35 | Esteban Guzman | Nansemond River |
| 2004 | 15-6 | Daniel Magness | Great Bridge | 2001 | 7.36 | B.J. Hancock | E.C. Glass |
| 2003 | 15-4 | Brian Webb | Great Bridge | 2000 | 7.28 | Ricky Harris | Centreville |
| 2002 | 15-6 | David Sullivan | Centreville | 1999 | 7.21 | Ricky Harris | Centreville |
| 2001 | 15-3 | Mark Kupets | Centreville | 1998 | 7.43 | Dontae Bugg | Heritage |
| 2000 | 14-0 | Jimmy Tran | Great Bridge | 1997 | 7.48 | Grant Pedro | Albemarle |
| 1999 | 14-0 | Phillip Agee | Brooke Point | 1996 | 7.59 | Kevin Crettendon | Dinwiddie |
| 1998 | 13-6 | Cory Smith | Mt. Vernon | 1995 | 7.38 | Dawan Wallace | Mount Vernon |
| 1997 | 15-0 | Brian Hunter | Great Bridge | 1994 | 7.42 | Charles Reid | Salem |
| 1996 | 14-0 | Mike Swanson | Lake Braddock | 1993 | 7.24 | Ronde Barber | Cave Spring |
| 1995 | 14-6 | Bobby Wilson | Menchville | | 7.24 | Doug Haynesworth | Potomac |
| 1994 | 14-6 | Nhoj Snekcim | Chantilly | 1992 | 7.48 | Tiki Barber | Cave Spring |
| 1993 | 14-6 | Nhoj Snekeim | Chantilly | 1991 | 7.46 | Andrew Womack | G.W. Danville |
| 1992 | 16-1 | Lawrence Johnson | Great Bridge | 1990 | 7.50 | Dennis Toole | Garfield |
| 1991 | 15-3 | Thomas Cooke | James Wood | 1989 | 7.46 | Allen Johnson | Lake Braddock |
| 1990 | 13-9 | Stuart Cheppard | Bayside | 1988 | 7.40 | Larry Moore | Kempsville |
| 1989 | 14-0 | Kevin Brown | Henrico | 1987 | 7.58 | Terry McIlwain | Robinson |
| 1988 | 13-9 | Doug Richards | Madison | 1986 | N/A | | |
| 1987 | 14-6 | Mike Hoods | Bayside | 1985 | 7.32 | Lonnie Hill | Menchville |
| 1986 | N/A | | | 1984 | 7.10 | Pat Mann | Gar-Field |
| 1985 | 14-0 | Chris Lockett | Woodbridge | 1983 | 7.30 | Calvin Holmes | Denbigh |
| 1984 | 13-6 | Steven Ivory | Albemarle | 1982 | 7.30 | Robert Wilks | Bethel |
| 1983 | 15-0 | Keith Young | Jefferson-Huguenot-Wythe | 1981 | N/A | | |
| 1982 | 14-3 | Keith Young | Jefferson-Huguenot-Wythe | 1980 | 7.20 | Eric Perry | Menchville |
| 1981 | N/A | | | 1979 | 7.10 | Eric Perry | Menchville |
| 1980 | 15-2 | Danny Thompson | Patrick Henry | 60yd High Hurdles | | | |
| 1979 | 14-9.5 | Danny Thompson | Patrick Henry | 1978 | 7.44 | Antoine Holloman | Princess Anne |
| 1978 | 14-0 | Troy Nieves | Oakton | 1977 | 7.20 | David Dixon | Ferguson |
| 1977 | 13-6 | Gene Moore | Denbigh | 1976 | 7.20 | Alvin Taylor | Warwick |
| 1976 | N/A | Tim Johnson | Midlothian | 1975 | 7.30 | Steve Darcus | Albemarle |
| 1975 | N/A | | | 1974 | 7.50 | Karl Williams | George Wythe |
| 1974 | N/A | ? Gray | Herndon | 1973 | N/A | | |
| 1973 | N/A | | | 1972 | N/A | | |
| 1972 | N/A | | | 1971 | N/A | | |
| 1971 | 13-0 | Carter Crafford | Denbigh | 1970 | 7.60 | Mike Taliaferro | Denbigh |
| 1970 | N/A | | | 1969 | 7.40 | Doug Dickinson | Newport News |
| 1969 | 13-6 | Bob Lewis | Norview | 1968 | 7.80 | Jack Plecker | Harrisonburg |
| 1968 | 13-3 | Jim Green | Parry McCluer | 1967 | N/A | | |
| 1967 | N/A | | | 1966 | N/A | | |
| 1966 | 14-7 | Dave Cutler | Newport News | 1965 | 7.60 | Lee Abrahamson | Ferguson |
| 1965 | 13-7.25 | Dave Cutler | Newport News | 60yd Low Hurdles | | | |
| 1964 | N/A | | | 1972 | 7.00 | Jackie Smith | Menchville |
| 1963 | N/A | | | 1971 | N/A | | |
| 1962 | 12-0 | _____ Edwards | Patrick Henry - Roanoke | 1970 | 7.00 | Kent Merritt | Lane |
| 1961 | | | | 1969 | 7.10 | Doug Dickinson | Newport News |
| 1960 | 11-6 tie | ? Farwell | Washington-Lee | 1968 | 7.50 | Larry Nuckels | Lexington |
| | 11-6 tie | ? Starke | Granby | 1967 | N/A | | |
| | 11-6 tie | ? Montgomery | Warwick | 1966 | 7.20 | Frank Roberson | Great Bridge |
| 1959 | 12-1 | ? Powers | Andrew Lewis | | 7.20 | Tom Daniel | Wakefield |
| 55m Hurdles | | | | 1965 | 7.20 | Lee Abrahamson | Ferguson |
| 2010 | 7.53 | DreQuan Hoskey | Henrico | 1964 | N/A | | |
| 2009 | 7.32 | Jeffrey Artis | Western Branch | 1963 | N/A | | |
| 2008 | 7.35 | Kevin Newsome | Western Branch | 1962 | 8.0 | Mike Crouch | Cradock |
| 2007 | 7.41 | Adam Abdulrazaaq | Highland Springs | 70yd High Hurdles | | | |
| 2006 | 7.31 | Chris Bell | Granby | 1963 | 8.50 | David Lewis | Douglas Freeman |
| 2005 | 7.35 | B.J. Revis | Douglas Freeman | 1962 | 8.90 | Mike Crouch | Cradock |
| 2004 | 7.57 | Melvin Edison | Hermitage | | | | |

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|-------------------------|------|---------------------|-----------------------------|------------------|-------------------|-------|------------------|--------------------------|
| 1961 | | | | | | | | |
| 1960 | 9.0 | McDonough | | Granby | 1969 | 6.40 | Varon Rollins | Wilson |
| 1959 | 8.8 | Blackwood | | Jefferson Senior | 1968 | 6.40 | Roscoe Montague | Stafford |
| 70yd Low Hurdles | | | | | | | | |
| 1963 | 7.80 | Dave Darby | | Hammond | 1967 | N/A | | |
| 1962 | | | | | 1966 | 6.20 | Frank Roberson | Great Bridge |
| 1961 | | | | | | 6.20 | Tom Daniel | Wakefield |
| 1960 | 8.0 | Strickland | | Hermitage | 1965 | 6.50 | Bill Schrodning | Newport News |
| 1959 | 7.9 | Zimmerman | | Hampton | 1964 | N/A | | |
| 1958 | | | | | 1963 | N/A | | |
| 1957 | | | | | 1962 | 6.40 | _____ McGinnis | Manchester |
| 1956 | | | | | 1961 | | | |
| 1955 | | | | | 1960 | 6.40 | Etheridge | Granby |
| 1954 | 7.9 | King | | Washington-Lee | 1959 | 6.3 | Etheridge | Granby |
| 55m Dash | | | | | | | | |
| 2010 | 6.30 | Darrell Wesh | | Landstown | 300m Dash | | | |
| 2009 | 6.26 | James Taylor | | Nansemond River | 2010 | 34.44 | Darrell Wesh | Landstown |
| 2008 | 6.35 | Torry Womack | | Western Branch | 2009 | 34.07 | James Taylor | Nansemond River |
| 2007 | 6.36 | Isiah Gyasi | | I.C. Norcom | 2008 | 34.59 | Javell Bullard | Bethel |
| 2006 | 6.41 | Charles Clark | | Bayside | 2007 | 34.07 | Sean Holston | R.E. Lee, Springfield |
| 2005 | 6.36 | Dennis Boone | | Thomas Dale | 2006 | 33.94 | Sean Holston | R.E. Lee, Springfield |
| 2004 | 6.39 | Lashawn Merritt | | Woodrow Wilson | 2005 | 34.70 | Quentin Moore | Deep Creek |
| 2003 | 6.32 | Joe Robinson | | Potomac | 2004 | 34.56 | Lashawn Merritt | Woodrow Wilson |
| 2002 | 6.33 | Michael Johnson | Heritage - Virginia Beach | | 2003 | 35.28 | John Hyman | Deep Creek |
| 2001 | 6.42 | Jerome Mathis | | Petersburg | 2002 | 34.54 | DeAndre Hyman | Deep Creek |
| 2000 | 6.45 | Jerome Mathis | | Petersburg | 2001 | 34.05 | Brian Ford | Atlee |
| 1999 | 6.35 | Mike Newell | | Potomac | 2000 | 33.85 | Ricky Harris | Centreville |
| 1998 | 6.31 | James Hickenbotham | Patrick Henry - Roanoke | | 1999 | 34.98 | Ricky Harris | Centreville |
| 1997 | 6.28 | Mike Newell | | Potomac | 1998 | 35.07 | Devin Knight | Lakeland |
| 1996 | 6.46 | Kwarteng Adu-Gyamfi | | Herndon | 1997 | 35.33 | Falanzo Perry | Tallwood |
| 1995 | 6.39 | Jamie Price | Patrick Henry - Roanoke | | 1996 | 35.55 | Ian Blackwood | Menchville |
| 1994 | 6.41 | Benjamin Singleton | John F. Kennedy | | 1995 | 35.44 | Gregory Boothe | Churchland |
| 1993 | 6.39 | Christopher Edmund | | Churchland | 1994 | 35.03 | Bill Trice | Hayfield |
| 1992 | 6.43 | Mustapha Jinadu | Thomas Jefferson - Richmond | | 1993 | 33.78 | Anthony Wheeler | Kecoughtan |
| 1991 | 6.29 | Tyrone Turpin | | Heritage | 1992 | 34.44 | Brad Meade | Centreville |
| 1990 | 6.35 | Jerry Jerman | | Huguenot | 1991 | 34.93 | Tyrone Turpin | Heritage |
| 1989 | N/A | | | | 1990 | 34.59 | Tyrone Turpin | Heritage |
| 1988 | 6.46 | Damon Desue | | Kempsville | 1989 | N/A | | |
| 1987 | 6.43 | Andre Cason | | Green Run | 1988 | 33.99 | Kelly Wooden | Warrick |
| 1986 | N/A | | | | 1987 | 34.79 | David Green | West Potomac |
| 1985 | 6.27 | Andre Cason | | Green Run | 1986 | N/A | | |
| 1984 | N/A | | | | 1985 | 36.19 | Donald Richards | Jefferson-Huguenot-Wythe |
| 1983 | 6.10 | Martin Smith | Jefferson-Huguenot-Wythe | | 1984 | 34.40 | Ronald Coleman | Denbigh |
| 1982 | 6.40 | Ernest Brunson | | Herndon | 1983 | 34.70 | Trevin Robinson | Marshall-Walker |
| 1981 | N/A | | | | 1982 | 35.40 | Ronald Coleman | Denbigh |
| 1980 | 6.20 | Curtis Riddick | | First Colonial | 1981 | N/A | | |
| 1979 | 6.10 | Curtis Riddick | | First Colonial | 1980 | 34.70 | Melvin Gray | Lafayette |
| 60yd Dash | | | | | | | | |
| 1978 | 6.25 | Eric Brown | | Bethel | 1979 | 35.30 | Mark Mial | Fort Hunt |
| 1977 | N/A | | | | 300yd Dash | | | |
| 1976 | N/A | Mike Henry | Patrick Henry - Roanoke | | 1978 | 32.50 | Mark Mial | Fort Hunt |
| 1975 | N/A | Ronnie Harris | | Albemarle | 1977 | 32.50 | Eric Brown | Bethel |
| 1974 | 6.30 | Bob Franklin | | Fleming | 1976 | N/A | Darryl Patterson | Bethel |
| 1973 | N/A | | | | | N/A | David Bryant | T.C. Williams |
| 1972 | N/A | | | | 1975 | 31.70 | Derwin Harrison | Ferguson |
| 1971 | 6.10 | Kent Merritt | | Lane | 330yd Dash | | | |
| 1970 | N/A | | | | 1974 | 35.90 | Walter Key | Menchville |
| | | | | | 1973 | 35.20 | William Becker | Menchville |

| | | | | | | | |
|------------------------------|---------|------------------|---------------------------|-------------------|---------|--------------------|-----------------------------|
| 440yd Dash | | | | 1973 | 1:58.2 | Frankie Watts | Menchville |
| 1960 | 53.2 | ? Duncan | Newport News | 1972 | N/A | James Vogt | Stonewall Jackson |
| 1959 | 54.8 | ? Duncan | Newport News | 1971 | 1:33.6 | Reggie Clark | Denbigh |
| 1958 | 53.5 | ? Perry | Andrew Lewis | 1970 | 1:59.0 | Haynes Lund | George Wythe |
| 500m Dash | | | | 1969 | 2:01.2 | Horace Hawkins | Cradock |
| 2010 | 1:05.85 | Cameron Bolton | Landstown | 1968 | 2:01.7 | Jim Kidd | Stonewall Jackson |
| 2009 | 1:05.14 | James Taylor | Nansemond River | 1967 | 2:00.4 | Vincent Little | Maury |
| 2008 | 1:04.10 | Javell Bullard | Bethel | 1966 | 2:01.2 | Gerald Evanson | Maury |
| 2007 | 1:04.61 | Javanti Sparrow | Western Branch | 1965 | N/A | | |
| 2006 | 1:03.99 | Carlton Phipps | E.C. Glass | 1964 | N/A | | |
| 2005 | 1:05.67 | Quentin Moore | Deep Creek | 1963 | | | |
| 2004 | 1:04.09 | Lashawn Merritt | Woodrow Wilson | 1962 | | | |
| 2003 | 1:04.09 | Derron Flood | Deep Creek | 1961 | | | |
| 2002 | 1:03.84 | Quentin Bowens | Heritage - Virginia Beach | 1960 | 2:03.3 | E. Ball | Wakefield |
| 2001 | 1:03.76 | Frank Francois | Lake Braddock | 1959 | 2:03.3 | Irby | Douglas Freeman |
| 2000 | 1:04.82 | Cy Williams | Oscar Smith | 1958 | | | |
| 1999 | 1:04.29 | Garrick Copes | Hayfield | 1957 | | | |
| 1998 | 1:05.09 | Kinwayne Holford | T.C. Williams | 1956 | | | |
| 1997 | 1:05.57 | Louis Booker | Patrick Henry - Roanoke | 1955 | 2:06.5 | Clark | Newport News |
| 1996 | 1:05.43 | Louis Booker | Patrick Henry - Roanoke | 1000m Run | | | |
| 1995 | 1:05.62 | Shaun Ricks | Menchville | 2010 | 2:30.20 | Anthony Kostelac | Albemarle |
| 1994 | 1:04.49 | Bill Trice | Hayfield | 2009 | 2:30.51 | Anthony Kostelac | Albemarle |
| 1993 | 1:04.55 | Carlos Samuels | T.C. Williams | 2008 | 2:31.15 | Matthew Anderson | Westfield |
| 1992 | 1:03.70 | Darryl Gaines | Highland Springs | 2007 | 2:31.05 | Chris Tyson | Washington-Lee |
| 1991 | 1:05.80 | Steve Masten | Woodbridge | 2006 | 2:33.24 | Taylor Bostick | Jefferson |
| 1990 | 1:05.03 | Jessee Gipson | T.C. Williams | 2005 | 2:31.23 | Abraham Dagnachew | Herndon |
| 1989 | N/A | Lynn Chisholm | Denbigh | 2004 | 2:29.82 | David Groff | Westfield |
| 1988 | 1:03.01 | Kelly Wooden | Warrick | 2003 | 2:28.45 | Alex Tatu | Thomas Dale |
| 1987 | 1:03.48 | Roger Hill | Green Hill | 2002 | 2:30.42 | Richard Smith | South Lakes |
| 1986 | N/A | | | 2001 | 2:23.68 | Alan Webb | South Lakes |
| 1985 | 1:04.88 | Michael Wooten | Bethel | 2000 | 2:30.05 | James Small | McLean |
| 1984 | 1:03.80 | Ronald Coleman | Denbigh | 1999 | 2:31.79 | Casey Reardon | West Potomac |
| 1983 | 1:04.00 | Robbie Grant | Petersburg | 1998 | 2:36.45 | Jason Jones | Menchville |
| 1982 | 1:05.40 | Ronald Coleman | Denbigh | 1997 | 2:28.80 | Sharif Karie | West Springfield |
| 1981 | N/A | | | 1996 | 2:28.36 | Sharif Karie | West Springfield |
| 1980 | 1:06.80 | Elton Brown | Ferguson | 1995 | 2:32.53 | Warren Williams | Chantilly |
| 1979 | 1:05.70 | Willie Smith | Warwick | 1994 | 2:29.64 | Robbie Pierce | Lee |
| 500yd Dash | | | | 1993 | 2:29.89 | Jon Hunt | Princess Anne |
| 1974 | 58.90 | Rob Harris | Albemarle | 1992 | 2:32.96 | Jon Hunt | Princess Anne |
| 1971 | 59.50 | Curtis Coffee | First Colonial | 1991 | 2:33.08 | Steve Johnson | Menchville |
| 1970 | 59.30 | Millard Bolden | William Fleming | 1990 | 2:31.60 | Ibrahim Aden | W.T. Woodson |
| 1969 | 1:06.00 | John Carter | Maggie Walker | 1989 | 2:34.33 | Anthony Anconetani | Robinson |
| 1968 | 1:02.1 | Gary Entsminger | Lexington | 1988 | 2:30.82 | Rodney Smith | E.C. Glass |
| 1967 | 59.50 | John Morris | E.C. Glass | 1987 | 2:30.26 | Claude Gibson | Annandale |
| 1966 | N/A | | | 1986 | N/A | | |
| 1965 | 1:00.7 | Bob Seymore | Douglas Freeman | 1985 | 2:32.34 | James Walker | Lafayette |
| 1964 | 1:01.1 | Warren Lowry | Annandale | 1984 | N/A | Tyrone Tucker | Menchville |
| 600yd Dash | | | | 1983 | 2:33.10 | Michael Davila | Langley |
| 1978 | 1:14.5 | Willie Smith | Warwick | 1982 | 2:33.80 | Edward Thornton | Menchville |
| 1977 | 1:13.5 | Mike Ricks | Menchville | 1981 | N/A | | |
| 1976 | 1:12.9 | Clifton Perry | Menchville | 1980 | 2:32.60 | Cullen Mattox | Jefferson-Huguenot-Wythe |
| 1975 | 1:11.9 | Clifton Perry | Menchville | 1979 | 2:29.20 | Cullen Mattox | Thomas Jefferson - Richmond |
| 1974 | N/A | | | 1000yd Run | | | |
| 880yd Dash | | | | 1978 | 2:18.7 | Dennis Garcia | Wakefield |
| 1974 | 1:57.1 | John Diamantes | Lee | 1977 | 2:16.8 | Richard Sale | Osborn Park |
| 84 - VHSL Record Book | | | | 1976 | 2:15.0 | Ronald Brown | Bethel |
| | | | | 1975 | 2:15.9 | Ronald Brown | Bethel |

1600m Run

| | | | |
|------|---------|------------------|--------------------------|
| 2010 | 4:18.28 | Anthony Kostelac | Albemarle |
| 2009 | 4:09.31 | Bobby Peavey | Floyd Kellam |
| 2008 | 4:15.53 | Joe LoRusso | Oakton |
| 2007 | 4:21.63 | Mike Spooner | West Springfield |
| 2006 | 4:20.80 | Alex Bowman | Hermitage |
| 2005 | 4:16.50 | Micheal Chapa | J.R. Tucker |
| 2004 | 4:18.07 | Daniel Howard | Maggie Walker |
| 2003 | 4:23.80 | Alex Tatu | Thomas Dale |
| 2002 | 4:13.46 | Alex Tatu | Thomas Dale |
| 2001 | 4:12.11 | Alan Webb | South Lakes |
| 2000 | 4:23.10 | Jason Lewis | Potomac |
| 1999 | 4:18.31 | Alan Webb | South Lakes |
| 1998 | 4:13.55 | Pat Conway | West Springfield |
| 1997 | 4:13.52 | Sharif Karie | West Springfield |
| 1996 | 4:21.75 | Sharif Karie | West Springfield |
| 1995 | 4:14.68 | Seneca Lassiter | Lafayette |
| 1994 | 4:15.75 | Seneca Lassiter | Lafayette |
| 1993 | 4:18.42 | Jim Cooling | Chantilly |
| 1992 | 4:26.71 | Aaron Hargield | Great Bridge |
| 1991 | 4:21.52 | James Porter | T.C. Williams |
| 1990 | 4:24.93 | David Presnell | Garfield |
| 1989 | 4:19.84 | Willis Shen | T.C. Williams |
| 1988 | 4:19.60 | David Smith | Lake Braddock |
| 1987 | 4:19.40 | Barry Maroney | Monacan |
| 1986 | N/A | | |
| 1985 | 4:20.59 | Mike Anthony | N/A |
| 1984 | 4:19.50 | Gary Thomas | E.C. Glass |
| 1983 | 4:20.20 | Michael Davila | Langley |
| 1982 | 4:21.00 | Bernard Thomas | E.C. Glass |
| 1981 | N/A | | |
| 1980 | 4:16.30 | Cullen Mattox | Jefferson-Huguenot-Wythe |
| 1979 | 4:16.90 | Ricky Garcia | T.C. Williams |

Mile Run

| | | | |
|------|---------|------------------|----------------------------|
| 1978 | 4:22.30 | Tim Colas | Osborn Park |
| 1977 | 4:19.60 | Matt Smith | Fort Hunt |
| 1976 | N/A | John Henry | Woodbridge |
| 1975 | N/A | George Watts | Thomas Edison |
| 1974 | 4:13.90 | Mike Ellington | Ferguson |
| 1973 | 4:20.60 | Richard Schwartz | E.C. Glass |
| 1972 | N/A | | |
| 1971 | 4:18.10 | Murray Collins | Kecoughtan |
| 1970 | 4:27.70 | John Van Dyke | Ferguson |
| 1969 | 3:30.00 | Horace Hawkins | Cradock |
| 1968 | 4:35.60 | Pete Jensen | Stafford |
| 1967 | 4:29.70 | Tom Timberlake | Newport News |
| 1966 | N/A | | |
| 1965 | 4:32.90 | Pete Egan | Hammond |
| 1964 | 4:37.00 | Steve Lyon | Washington-Lee |
| 1963 | N/A | | |
| 1962 | 4:37.00 | James Johnson | Norview |
| 1961 | | | |
| 1960 | 4:40.5 | ? Woodock | Manchester |
| 1959 | 4:42.8 | ? Garten | George Washington-Alexand. |

3200m Run

| | | | |
|------|---------|----------------|---------------|
| 2010 | 9:15.67 | Yazid Zouaimia | Centreville |
| 2009 | 9:09.01 | Thomas Porter | Mountain View |
| 2008 | 9:22.65 | Ben Dejarnette | Atlee |

| | | | |
|------|---------|-------------------|------------------|
| 2007 | 9:15.40 | Jason Witt | Midlothian |
| 2006 | 9:20.63 | Mike Spooner | West Springfield |
| 2005 | 9:22.28 | Andrew Midland | Ocean Lakes |
| 2004 | 9:06.13 | Hari Mix | Albemarle |
| 2003 | 9:22.84 | Keith Bechtol | Jefferson |
| 2002 | 8:59.57 | Matt Keally | Ocean Lakes |
| 2001 | 9:15.20 | Matt Maline | Oakton |
| 2000 | 8:59.86 | Alan Webb | South Lakes |
| 1999 | 9:25.67 | Alan Webb | South Lakes |
| 1998 | 9:35.10 | Pat Conway | West Springfield |
| 1997 | 9:11.61 | Eric Kweder | Thomas Edison |
| 1996 | 9:21.32 | Eric Kweder | Thomas Edison |
| 1995 | 9:21.07 | Sharif Karie | West Springfield |
| 1994 | 9:30.63 | Seneca Lassiter | Lafayette |
| 1993 | 9:37.58 | Mark Miller | West Springfield |
| 1992 | 9:29.10 | Marshall Ferguson | Albemarle |
| 1991 | 9:23.46 | Tony Sawyer | Denbigh |
| 1990 | 9:27.23 | Jeff Greene | Clover Hill |
| 1989 | 9:26.66 | Willis Shen | T.C. Williams |
| 1988 | 9:32.60 | Andre Williams | N/A |
| 1987 | 9:23.33 | Danny Ireland | Woodbridge |
| 1986 | N/A | | |
| 1985 | 9:22.77 | David Ryan | Kwmpsville |
| 1984 | 9:35.40 | Jeff Slater | Monacan |
| 1983 | 9:28.10 | Mark Brezinski | Langley |
| 1982 | 9:25.30 | Richard Clark | Kempsville |
| 1981 | N/A | | |
| 1980 | 9:26.80 | Dwight Stephens | T.C. Williams |
| 1979 | 9:09.20 | Jim Hill | Oakton |

2 Mile Run

| | | | |
|------|---------|------------------|-----------------|
| 1978 | 9:22.60 | Chuck Wimberly | Thomas Edison |
| 1977 | 9:23.20 | Chuck Wimberly | Thomas Edison |
| 1976 | 9:18.60 | Pete Tatro | Fort Hunt |
| 1975 | 9:19.50 | George Watts | Thomas Edison |
| 1974 | 9:23.60 | George Watts | Thomas Edison |
| 1973 | N/A | Mike Field | Menchville |
| 1972 | 9:36.60 | Richard Schwartz | E.C. Glass |
| 1971 | N/A | | |
| 1970 | 9:28.10 | Scott Eden | Douglas Freeman |
| 1969 | 9:47.60 | Nathan Boettcher | Lee-Davis |
| 1968 | N/A | | |
| 1967 | 9:40.90 | Fred Guest | J.R. Tucker |
| 1966 | N/A | | |

800m Relay (4x200)

| | | |
|------|---------|-----------------|
| 2010 | 1:31.28 | Bethel |
| 2009 | 1:32.01 | Grassfield |
| 2008 | 1:31.15 | Nansemond River |
| 2007 | 1:30.18 | I.C. Norcom |
| 2006 | 1:31.42 | Indian River |
| 2005 | 1:31.23 | Western Branch |
| 2004 | 1:32.35 | Petersburg |
| 2003 | 1:31.02 | Bayside |
| 2002 | 1:29.70 | Deep Creek |
| 2001 | 1:31.31 | Petersburg |
| 2000 | 1:31.10 | West Potomac |
| 1999 | 1:31.24 | Deep Creek |

| | | |
|------|---------|-------------------------|
| 1998 | 1:32.34 | Menchville |
| 1997 | 1:30.38 | Patrick Henry - Roanoke |
| 1996 | 1:30.77 | Menchville |
| 1995 | 1:32.00 | Deep Creek |
| 1994 | 1:31.06 | Deep Creek |
| 1993 | 1:30.18 | T.C. Williams |
| 1992 | 1:31.09 | T.C. Williams |
| 1991 | 1:29.86 | Heritage |
| 1990 | 1:30.95 | William Fleming |
| 1989 | 1:31.30 | T.C. Williams |
| 1988 | 1:30.71 | Bayside |
| 1987 | N/A | Bayside |
| 1986 | 1:29.80 | Lake Braddock |
| 1985 | 1:30.83 | Bethel |
| 1984 | 1:31.50 | William Fleming |
| 1983 | 1:31.50 | Menchville |
| 1982 | 1:31.60 | Bethel |
| 1981 | N/A | |
| 1980 | 1:32.90 | First Colonial |
| 1979 | 1:32.30 | T.C. Williams |
| | 1:32.30 | Gar-Field |

880yd Relay

| | | |
|------|---------|---|
| 1978 | N/A | |
| 1977 | N/A | |
| 1976 | 1:33.40 | Bethel |
| 1975 | N/A | Ferguson |
| 1974 | N/A | Ferguson |
| 1973 | 1:33.70 | Bethel |
| 1972 | N/A | Ferguson |
| 1971 | 1:33.60 | Denbigh |
| 1970 | 1:34.00 | William Fleming |
| 1969 | 1:36.90 | Norview |
| 1968 | 1:38.60 | Stafford |
| 1967 | N/A | |
| 1966 | N/A | |
| 1965 | 1:37.40 | Newport News |
| 1964 | N/A | |
| 1963 | N/A | |
| 1962 | 1:38.00 | Newport News |
| 1961 | | |
| 1960 | 1:38.5 | Wakefield (J. Ball, Mayer, Hayes, Arenson) |
| 1959 | 1:39.5 | Jefferson Sr. (Clark, Blackwood, Wilson, Bushong) |
| 1958 | | |
| 1957 | 1:39 | Wakefield |

1600m Relay (4x400)

| | | |
|------|---------|----------------------|
| 2010 | 3:26.21 | Booker T. Washington |
| 2009 | 3:25.18 | Western Branch |
| 2008 | 3:32.82 | Potomac |
| 2007 | 3:21.40 | Deep Creek |
| 2006 | 3:24.35 | Huguenot |
| 2005 | 3:26.51 | T.C. Williams |
| 2004 | 3:21.62 | Westfield |
| 2003 | 3:23.24 | Lake Braddock |
| 2002 | 3:23.75 | Landstown |
| 2001 | 3:22.56 | Lake Braddock |

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| | | |
|------|---------|---------------------------|
| 2000 | 3:25.22 | Heritage - Virginia Beach |
| 1999 | 3:24.02 | C.D. Hylton |
| 1998 | 3:23.10 | Heritage |
| 1997 | 3:23.38 | Hayfield |
| 1996 | 3:24.56 | Hampton |
| 1995 | 3:19.69 | Hampton |
| 1994 | 3:25.16 | Manchester |
| 1993 | 3:23.30 | T.C. Williams |
| 1992 | 3:27.57 | T.C. Williams |
| 1991 | 3:27.83 | Menchville |
| 1990 | 3:27.28 | E.C. Glass |
| 1989 | 3:28.50 | Herndon |
| 1988 | 3:24.50 | Warwick |
| 1987 | 3:24.91 | Lake Braddock |
| 1986 | N/A | |
| 1985 | 3:21.10 | Bethel |
| 1984 | 3:23.40 | Bethel |
| 1983 | 3:23.50 | Menchville |
| 1982 | 3:24.50 | Menchville |
| 1981 | N/A | |
| 1980 | 3:24.20 | Menchville |
| 1979 | 3:25.80 | Warwick |

Mile Relay

| | | |
|------|---------|--|
| 1978 | 3:30.40 | Hampton |
| 1977 | 3:20.90 | Bethel |
| 1976 | N/A | Menchville |
| 1975 | 3:29.90 | Menchville |
| 1974 | N/A | Ferguson-Pope/Pittman/Johnston/Green |
| 1973 | 3:29.70 | Bethel |
| 1972 | N/A | Stonewall Jackson |
| 1971 | N/A | |
| 1970 | 3:28.60 | George Wythe |
| 1969 | 3:33.50 | Maggie Walker |
| 1968 | 3:35.10 | Lexington |
| 1967 | N/A | |
| 1966 | N/A | |
| 1965 | 3:33.60 | Newport News |
| 1964 | N/A | |
| 1963 | N/A | |
| 1962 | 3:36.60 | Newport News |
| 1961 | | |
| 1960 | 3:41.6 | Newport News (Hall, Blakemore, Dick, Duncan) |
| 1959 | 3:44.4 | Washington-Lee (Massie, Randolph, Whitener, Foreman) |
| 1958 | | |
| 1957 | | |
| 1956 | 4:42.3 | Granby |

3200m Relay (4x800)

| | | |
|------|---------|-------------------|
| 2010 | 7:58.66 | Atlee |
| 2009 | 7:44.70 | Albemarle |
| 2008 | 8:00.12 | Thomas Edison |
| 2007 | 7:59.16 | Forest Park |
| 2006 | 7:59.84 | James W. Robinson |
| 2005 | 7:59.82 | Herndon |
| 2004 | 7:48.63 | Westfield |
| 2003 | 7:51.96 | West Springfield |
| 2002 | 8:00.48 | South Lakes |
| 2001 | 8:00.78 | South Lakes |

| | | |
|------|---------|------------------|
| 2000 | 7:59.34 | Lake Braddock |
| 1999 | 7:55.78 | T.C. Williams |
| 1998 | 8:01.72 | Lake Braddock |
| 1997 | 7:57.89 | West Springfield |
| 1996 | 8:01.83 | West Springfield |
| 1995 | N/A | |
| 1994 | 8:01.31 | James Madison |
| 1993 | 8:04.41 | West Springfield |
| 1992 | 8:07.98 | Princess Anne |
| 1991 | 8:06.52 | Lafayette |
| 1990 | 8:11.09 | Madison |
| 1989 | 8:06.36 | Woodbridge |

Individual Champions

AA

Shot Put

| | | | |
|------|----------|------------------|--------------------|
| 2010 | 52-08.50 | Steven Allen | Charlottesville |
| 2009 | 50-09 | Sam Johnson | Courtland |
| 2008 | 56-11.25 | Justin Smith | Turner Ashby |
| 2007 | 54-00 | Justin Smith | Turner Ashby |
| 2006 | 55-06.25 | Jarrold Burton | Tazewell |
| 2005 | 53-08.75 | Jordan Purvis | Waynesboro |
| 2004 | 54-06.25 | Nathan Turner | Spotswood |
| 2003 | 50-1.50 | John Hall | Heritage |
| 2002 | 52-9 | Bryant Garrett | Staunton River |
| 2001 | 54-11 | Roy Hubbard | William Campbell |
| 2000 | 51-3.75 | Willie Walker | Greensville County |
| 1999 | 50-0.75 | Allyn Smith | Altavista |
| 1981 | 56-0 | Milton Franklin | Virginia |
| 1980 | 55-2 | John Blackwell | Waynesboro |
| 1979 | 54-7 | Antone Stewart | Virginia |
| 1978 | 54-0.5 | Tony Edwards | Brookville |
| 1977 | N/A | | |
| 1976 | N/A | Charles Thompson | Nelson County |
| 1975 | 61-5.25 | Ross Schaffstall | Brookville |
| 1974 | 55-5.25 | Ron Ragland | Nelson County |

Long Jump

| | | | |
|------|----------|----------------|-----------------------|
| 2010 | 22-07 | Dequan Reeves | Heritage |
| 2009 | 22-00.50 | Corrin Harris | Louisa County |
| 2008 | 22-03 | Steven Harris | Nottoway |
| 2007 | 22-07.50 | Ashante Hayes | Brunswick Sr. |
| 2006 | 23-00.50 | Wayne Ferguson | Heritage |
| 2005 | 22-10.75 | Daryl Jones | Prince Edward |
| 2004 | 23-00 | Hubert King | Caroline |
| 2003 | 22-4 | Tim Jackson | Courtland |
| 2002 | 22-4 | Sintell Crew | Lafayette |
| 2001 | 22-2 | T.J. Tamagni | Lord Botetourt |
| 2000 | 22-0.75 | Jamie Mosley | Appomatox County |
| 1999 | 22-8.25 | David Clark | Massaponax |
| 1980 | 22-7.25 | Phil Vassar | Brookville |
| 1979 | 22-4 | Rufus Battle | Fieldale-Collinsville |
| 1978 | 21-2.25 | Mauri Anderson | Rustburg |
| 1977 | N/A | | |
| 1976 | N/A | Robert Brown | Robert E. Lee |
| 1975 | N/A | | |
| 1974 | N/A | | |

High Jump

| | | | |
|------|-------|-------------------|------------------|
| 2010 | 6-09 | Travis Hudson | Christiansburg |
| 2009 | 6-07 | Travis Hudson | Christiansburg |
| 2008 | 6-06 | Ethan Nixon | Brookville |
| 2007 | 6-05 | Daniel Sitton | Grafton |
| 2006 | 6-04 | Jeremy Snyder | Riverbend |
| 2005 | 6-06 | Dak-Taylor-Watson | Lafayette |
| 2004 | 6-3 | Josh Thompson | John Handley |
| 2003 | 6-8 | Adam Linkenauger | Lord Botetourt |
| 2002 | 6-2 | Justin Vaught | Christiansburg |
| 2001 | 6-4 | Mike Riso | Monticello |
| 2000 | 6-4 | Jason Ross | Nelson County |
| 1999 | 6-6 | Luke Orman | Jefferson Forest |
| 1980 | 6-8 | Phil Vassar | Brookville |
| 1979 | 6-9.5 | Phil Kimble | George Mason |
| 1978 | 6-8 | Tim James | Rustburg |
| 1977 | N/A | | |
| 1976 | N/A | David Glover | Neslon County |
| 1975 | N/A | | |
| 1974 | N/A | | |

Triple Jump

| | | | |
|------|----------|-------------------|----------------------|
| 2010 | 45-02.25 | Aaron Little | E.C. Glass |
| 2009 | 46-09.25 | Tyrese Brown | Amherst County |
| 2008 | 45-06.75 | Garrick Piggott | Lafayette |
| 2007 | 45-03.50 | Garrick Piggott | Lafayette |
| 2006 | 45-03.00 | Wayne Ferguson | Heritage |
| 2005 | 47-03.75 | Dak Taylor-Watson | Lafayette |
| 2004 | 46-00.75 | Dakari Watson | Lafayette |
| 2003 | 49-0.5 | Ryan McCoy | William Fleming |
| 2002 | 45-10 | Ryan McCoy | William Fleming |
| 2001 | 45-6 | Devin Canaday | Jamestown |
| 2000 | 48-6.75 | Anthony Johnson | Charlottesville |
| 1999 | 47-5.5 | Quinton Tanner | Heritage - Lynchburg |
| 1980 | 45-8 | Glen Foster | Patrick Henry |
| 1979 | 44-0.5 | Moses Dyer | Western Albemarle |
| 1978 | 44-7.75 | Earston Hewitt | Rustburg |
| 1977 | N/A | | |
| 1976 | 44-9.75 | Al Berkley | William Campbell |
| 1975 | 44-6.75 | Clarence Robinson | Nelson County |
| 1974 | 44-3 | Jackie Cooper | Broad Run |

Pole Vault

| | | | |
|------|-------|-----------------------|-------------------|
| 2010 | 14-06 | Zach Lawson | Western Albemarle |
| 2009 | 14-00 | Josh Drablos | Jefferson Forest |
| 2008 | 14-04 | James Bell | Staunton River |
| 2007 | 15-00 | Tim Beierle | Harrisonburg |
| 2006 | 13-06 | John Intollubbe-Chmil | Charlottesville |
| 2005 | 14-0 | Chad Harpine | Broadway |
| 2004 | 13-6 | Jason Wilson | Jefferson Forest |
| 2003 | 13-3 | Stephen Thompson | Western Albemarle |
| 2002 | 13-6 | Jimmy Stevens | Monticello |
| 2001 | 13-9 | Jimmy Stevens | Monticello |
| 2000 | 14-6 | J.B. Rosson | Spotswood |
| 1999 | 11-6 | Ty Denby | Fluvanna |
| 1980 | 13-3 | Danny Suthers | George Wythe |
| 1979 | 12-0 | Brad Carver | Western Albemarle |
| 1978 | 13-6 | Chad Austin | Waynesboro |

| | | | |
|------|--------|---------------|--------------|
| 1977 | N/A | | |
| 1976 | 13-0.5 | Mark Spangler | Andrew Lewis |
| 1975 | N/A | | |
| 1974 | N/A | | |

55m Hurdles

| | | | |
|------|------|-------------------|--------------------|
| 2010 | 7.52 | Dante Davis | Louisa County |
| 2009 | 7.58 | D' Angelo Scales | Lafayette |
| 2008 | 7.58 | Ethan Nixon | Brookville |
| 2007 | 7:51 | Ethan Nixon | Brookville |
| 2006 | 7.60 | Ethan Nixon | Brookville |
| 2005 | 7.74 | Dak Taylor-Watson | Lafayette |
| 2004 | 7.79 | Robert Blackwell | Dan River |
| 2003 | 7.70 | Nelson Dawson | Heritage-Lynchburg |
| 2002 | 7.67 | Devin Canaday | Jamestown |
| 2001 | 7.65 | Derrick Harvey | Appomattox County |
| 2000 | 7.90 | Derrick Harvey | Appomattox County |
| 1999 | 7.68 | Dwight Norris | King George |
| 1980 | 7.50 | Calvin White | Jefferson Forest |
| 1979 | 7.60 | Phil Vassar | Brookville |

60yd Hurdles

| | | | |
|------|------|----------------|------------------|
| 1978 | 7.70 | Theodor McIvor | William Campbell |
| 1977 | N/A | | |
| 1976 | N/A | James Scott | Brookville |
| 1975 | N/A | | |
| 1974 | N/A | | |

55m Dash

| | | | |
|------|------|-----------------|----------------------|
| 2010 | 6.44 | Philip Scott | Northside |
| 2009 | 6.47 | Jamal Spears | Fluvanna County |
| 2008 | 6.50 | Roderick Spruel | Chancellor |
| 2007 | 6.50 | Allen Dooms | Charlottesville |
| 2006 | 6.43 | DeAngelo Wilson | Prince Edward |
| 2005 | 6.56 | Lamar Johnson | New Kent |
| 2004 | 6.48 | Reuben Jones | Charlottesville |
| 2003 | 6.50 | Reuben Jones | Charlottesville |
| 2002 | 6.62 | Joseph Coleman | King George |
| 2001 | 6.63 | Derone Boxley | King George |
| 2000 | 6.58 | Adam Woods | John Handley |
| 1999 | 6.61 | Quinton Tanner | Heritage - Kynchburg |
| 1980 | 6.40 | Gary Hammer | Abingdon |
| 1979 | 7.60 | Phil Vassar | Brookville |

60yd Dash

| | | | |
|------|------|----------------|------------|
| 1978 | 6.40 | Mauri Anderson | Rustburg |
| 1977 | N/A | | |
| 1976 | N/A | Robert Burnett | Broad Run |
| 1975 | N/A | Rickey Ray | Waynesboro |
| 1974 | N/A | | |

300m Dash

| | | | |
|------|-------|-----------------|-------------------|
| 2010 | 35.68 | Terrance Morse | Amherst County |
| 2009 | 35.94 | Chris Williams | R.E. Lee-Staunton |
| 2008 | 35.58 | Ronquis Posey | Brunswick Sr. |
| 2007 | 36.22 | Roderick Spruel | Chancellor |
| 2006 | 34.83 | Rashad Kelso | Appomattox |
| 2005 | 36.21 | Keith Groomes | Charlottesville |
| 2004 | 36.47 | Stephen Howes | Orange County |

| | | | |
|------|-------|-----------------|----------------------|
| 2003 | 35.85 | Mario Moore | Heritage - Lynchburg |
| 2002 | 36.08 | Nicholas Luina | Tabb |
| 2001 | 34.59 | Derrick Harvey | Appomattox County |
| 2000 | 35.21 | McKinley Weaver | Rockbridge County |
| 1999 | 35.29 | Dwight Norris | King George |
| 1980 | 36.60 | Mike Freeman | Warren County |
| 1979 | 37.10 | Larry Ivory | Western Albemarle |

300yd Dash

| | | | |
|------|-------|---------------|-------------------|
| 1978 | 33.20 | Larry Ivory | Western Albemarle |
| 1977 | N/A | | |
| 1976 | N/A | Bruce Merritt | Altavista |
| 1975 | 32.90 | Dexter Wells | Nelson County |
| 1974 | N/A | | |

500m Dash

| | | | |
|------|---------|-----------------|----------------------|
| 2010 | 1:06.57 | Terrance Morse | Amherst County |
| 2009 | 1:06.22 | Drew Hall | William Byrd |
| 2008 | 1:05.44 | Nick Ward | Western Albemarle |
| 2007 | 1:06.15 | Nick Ward | Western Albemarle |
| 2006 | 1:07.33 | Cameron Grant | Heritage |
| 2005 | 1:06.05 | Jordan Wynder | Tabb |
| 2004 | 1:06.86 | Eric Lane | Brentsville |
| 2003 | 1:06.83 | Mario Moore | Heritage - Lynchburg |
| 2002 | 1:05.30 | Steve Carlson | Louisa County |
| 2001 | 1:05.70 | Steve Carlson | Louisa County |
| 2000 | 1:06.90 | Steve Carlson | Louisa County |
| 1999 | 1:08.47 | Steven Pence | Salem - Salem |
| 1980 | 1:08.20 | Steve Shockley | Brookville |
| 1979 | 1:07.90 | Doug Northstein | Gloucester |

600yd Dash

| | | | |
|------|---------|-----------------|------------|
| 1978 | 1:15.70 | Darryl Earman | Waynesboro |
| 1977 | N/A | | |
| 1976 | 1:15.10 | Deryll Sullivan | Brookville |
| 1975 | 1:16.20 | Deryll Sullivan | Brookville |
| 1974 | N/A | | |

1000m Run

| | | | |
|------|---------|-----------------|-------------------|
| 2010 | 2:33.78 | David Gunnerson | Grafton |
| 2009 | 2:30.12 | Tyler Stutzman | Western Albemarle |
| 2008 | 2:28.70 | Peter Dorrell | Blacksburg |
| 2007 | 2:30.98 | Logan Collins | Orange |
| 2006 | 2:34.56 | Ryan Gaul | Lafayette |
| 2005 | 2:36.46 | Matt Bailey | Fort Defiance |
| 2004 | 2:35.27 | Lee Bradshaw | Cave Spring |
| 2003 | 2:36.59 | Daniel Kane | Louisa County |
| 2002 | 2:33.78 | John Crews | Rockbridge County |
| 2001 | 2:33.83 | John Crews | Rockbridge County |
| 2000 | 2:33.98 | Jeremy Cadle | Western Albemarle |
| 1999 | 2:40.20 | Brian Cohee | Turner Ashby |
| 1980 | 2:35.30 | Todd Colas | Osborn Park |
| 1979 | 2:39.10 | Todd Colas | Osborn Park |

1000yd Run

| | | | |
|------|---------|------------|-----------|
| 1978 | 2:18.60 | Ben Turpin | Radford |
| 1977 | N/A | | |
| 1976 | N/A | Ben Turpin | Radford |
| 1975 | 2:18.50 | Steve Dye | Broad Run |

| | | | |
|------------------|---------|----------------|-------------------|
| 1974 | N/A | | |
| 1600m Run | | | |
| 2010 | 4:18.33 | Colin Mearns | Jamestown |
| 2009 | 4:16.49 | Tyler Stutzman | Western Albemarle |
| 2008 | 4:14.29 | Peter Dorrell | Blacksburg |
| 2007 | 4:17.17 | Peter Dorrell | Blacksburg |
| 2006 | 4:21.17 | Griff Graves | Abingdon |
| 2004 | 4:22.56 | Donnie Mikles | Rustburg |
| 2003 | 4:19.91 | Daniel Kane | Louisa County |
| 2002 | 4:16.67 | Bobby Lockhart | John Handley |
| 2001 | 4:15.57 | Bobby Lockhart | John Handley |
| 2000 | 4:18.62 | Bobby Lockhart | John Handley |
| 1999 | 4:32.34 | Evan Abatecola | Brookville |
| 1980 | 4:19.00 | Todd Colas | Osborn Park |
| 1979 | 4:27.30 | William Graham | Tabb |

| | | | |
|-----------------|---------|------------|-----------|
| Mile Run | | | |
| 1978 | 4:19.50 | Ben Turpin | Radford |
| 1977 | N/A | | |
| 1976 | 4:20.00 | Ben Turpin | Radford |
| 1975 | N/A | | |
| 1974 | 4:21.10 | Steve Dye | Broad Run |

| | | | |
|------------------|----------|------------------|-------------------|
| 3200m Run | | | |
| 2010 | 9:29.36 | Colin Mearns | Jamestown |
| 2009 | 9:24.42 | Kyle Satterwhite | Western Albemarle |
| 2008 | 9:25.02 | Tim Smith | Cave Spring |
| 2007 | 9:41.22 | Klye Satterwhite | Western Albemarle |
| 2006 | 9:41.11 | Richard Morris | Nottoway |
| 2004 | 9:45.18 | Pat Eggleston | Brentsville |
| 2003 | 9:52.26 | Thomas Antonucci | Abingdon |
| 2002 | 9:02.62 | Bobby Lockhart | John Handley |
| 2001 | 9:10.97 | Bobby Lockhart | John Handley |
| 2000 | 9:42.92 | Bobby Lockhart | John Handley |
| 1999 | 10:06.28 | Matt Wassum | Marion |

| | | | |
|-------------------|---------|----------------|----------|
| 2 Mile Run | | | |
| 1980 | 9:48.8 | Forest Barker | Virginia |
| 1979 | 9:31.3 | William Graham | Tabb |
| 1978 | 9:41.70 | William Graham | Tabb |
| 1977 | N/A | | |
| 1976 | N/A | Wayne Coffman | Handley |
| 1975 | 9:24.80 | John Frye | Handley |
| 1974 | N/A | | |

| | | | |
|---------------------------|---------|---------------------|--|
| 800m Relay (4x200) | | | |
| 2010 | 1:34.14 | Louisa County | |
| 2009 | 1:32.71 | Louisa County | |
| 2008 | 1:32.47 | Heritage | |
| 2007 | 1:32.92 | Caroline | |
| 2006 | 1:32.67 | Appomattox | |
| 2005 | 1:33.19 | John Handley | |
| 2004 | 1:32.64 | Charlottesville | |
| 2003 | 1:31.99 | Heritage | |
| 2002 | 1:31.37 | Heritage | |
| 2001 | 1:32.38 | Jefferson Forest | |
| 2000 | 1:31.92 | Rockbridge County | |
| 1999 | 1:33.49 | Heritage- Lynchburg | |
| 1980 | 1:36.28 | Western Albemarle | |

| | | |
|----------------------------|---------|-------------------|
| 1979 | 1:35.10 | Western Albemarle |
| 1600m Relay (4x400) | | |
| 2010 | 3:31.54 | Tabb |
| 2009 | 3:30.71 | Western Albemarle |
| 2008 | 3:30.20 | Western Albemarle |
| 2007 | 3:31.23 | Christiansburg |
| 2006 | 3:32.49 | Jefferson Forest |
| 2005 | 3:33.37 | Charlottesville |
| 2004 | 3:32.98 | Jamestown |
| 2003 | 3:28.27 | Heritage |
| 2002 | 3:26.99 | Heritage |
| 2001 | 3:29.03 | Spotsylvania |
| 2000 | 3:29.36 | King George |
| 1999 | 3:33.85 | Lafayette |
| 1980 | 3:34.70 | Waynesboro |
| 1979 | 3:34.30 | Harrisonburg |

| | | |
|-------------------|---------|-------------------|
| Mile Relay | | |
| 1978 | 3:30.30 | Western Albemarle |
| 1977 | N/A | |
| 1976 | N/A | Brookville |
| 1975 | N/A | Brookville |
| 1974 | N/A | |

| | | |
|----------------------------|---------|-------------------|
| 3200m Relay (4x800) | | |
| 2010 | 8:01.32 | Grafton |
| 2009 | 8:00.76 | Blacksburg |
| 2008 | 8:14.03 | Blacksburg |
| 2007 | 8:12.58 | Jefferson Forest |
| 2006 | 8:04.16 | Fort Defiance |
| 2005 | 8:13.19 | Jefferson Forest |
| 2004 | 8:18.24 | Charlottesville |
| 2003 | 8:17.67 | Spotswood |
| 2002 | 8:05.59 | Lafayette |
| 2001 | 8:06.90 | Lafayette |
| 2000 | 8:04.88 | Western Albemarle |
| 1999 | 8:16.24 | Blacksburg |

Individual Champions

A

Shot Put

| | | | |
|------|----------|------------------|-----------------|
| 1980 | 48-8.25 | Fred Martin | Stuarts Draft |
| 1979 | 50-10 | Mark Brown | Wilson Memorial |
| 1978 | 49-0 | Jeff Rosson | Montevideo |
| 1977 | N/A | | |
| 1976 | 49-19.12 | Clayton Mitchell | Clover Hill |
| 1975 | 48-9 | Jerry Hoffman | William Monroe |
| 1974 | N/A | | |

Long Jump

| | | | |
|------|---------|------------------|-------------------|
| 1980 | 21-7.75 | Kevin Runion | Stonewall Jackson |
| 1979 | 21-0.25 | Eric Blacken | Middlesex |
| 1978 | N/A | Anthony Nicholas | Fluvanna |
| 1977 | | | |
| 1976 | | Larry Smith | Goochland |
| 1975 | | Rob Clark | Poquoson |
| 1974 | | | |

High Jump

| | | | |
|------|------|----------------|-------------------|
| 1980 | 6-4 | Jim Moore | N/A |
| 1979 | 5-11 | Allen Sullivan | Fort Defiance |
| 1978 | 6-0 | William Pirtle | Stonewall Jackson |
| 1977 | N/A | | |
| 1976 | N/A | John Dyer | Parry McCluer |
| 1975 | 6-1 | Greg Slye | Luray |
| 1974 | N/A | | |

Triple Jump

| | | | |
|------|--------|------------------|-------------------|
| 1980 | 42-9 | Kevin Runion | Stonewall Jackson |
| 1979 | 42-9 | Anthony Nicholas | Fluvanna |
| 1978 | N/A | Anthony Nicholas | Fluvanna |
| 1977 | N/A | | |
| 1976 | 44-6.5 | Larry Smith | Goochland |
| 1975 | N/A | Bert Bowles | Fluvanna |
| 1974 | N/A | | |

Pole Vault

| | | | |
|------|------|--------------|---------------|
| 1980 | 12-0 | David Hall | Fluvanna |
| 1979 | 13-0 | Tim Jenkins | Fort Defiance |
| 1978 | 12-0 | Todd Jenkins | Fort Defiance |
| 1977 | N/A | | |
| 1976 | N/A | Alan Shomo | Montevideo |
| 1975 | N/A | Bryan Gentry | Clover Hill |
| 1974 | N/A | | |

55m Hurdles

| | | | |
|------|------|-------------|---------------------------|
| 1980 | 7.90 | Walter Rich | Washington&Lee (Montross) |
| 1979 | 7.60 | Joe Miller | Parry McCluer |

60yd Hurdles

| | | | |
|------|------|----------------|---------------------|
| 1978 | 7.80 | William Pirtle | Stonewall Jackson |
| 1977 | N/A | | |
| 1976 | N/A | John Dyer | Parry McCluer |
| 1975 | N/A | Tim Lutz | Central (Woodstock) |
| 1974 | N/A | | |

55m Dash

| | | | |
|------|------|--------------|---------------|
| 1980 | 6.50 | Gregory Lee | N/A |
| 1979 | 6.60 | Jerry Knight | Parry McCluer |

60yd Dash

| | | | |
|------|------|--------------------|----------------------|
| 1978 | 6.60 | Alphonso Foster | Prince Edward County |
| 1977 | N/A | | |
| 1976 | 6.40 | Richard Taliaferro | Powhatan |
| 1975 | 6.50 | Mike Wells | William Monroe |
| 1974 | N/A | | |

300m Dash

| | | | |
|------|-------|--------------|---------------|
| 1980 | 38.07 | Gregory Lee | N/A |
| 1979 | 36.5 | Jerry Knight | Parry McCluer |

300yd Dash

| | | | |
|------|------|--------------|-----------|
| 1978 | N/A | | |
| 1977 | N/A | | |
| 1976 | 33.5 | Aubrey Ellis | Goochland |
| 1975 | 34.3 | Jay Brown | Poquoson |
| 1974 | N/A | | |

90 - VHSL Record Book**500m Dash**

| | | | |
|------|--------|--------------|---------------------------|
| 1980 | 1:10.1 | Jerry Jones | Washington-Lee (Montross) |
| 1979 | 1:09.0 | Phillip Lyle | Prince Edward |

600yd Dash

| | | | |
|------|--------|-----------------|-----------------|
| 1978 | 1:17.5 | McCarthur Henry | Goochland |
| 1977 | N/A | | |
| 1976 | 1:17.8 | Bert Bowles | Fluvanna Senior |
| 1975 | 1:19.1 | William Cook | Riverheads |
| 1974 | N/A | | |

1000m Run

| | | | |
|------|--------|----------------|-------------------|
| 1980 | 2:42.2 | Kevin Runion | Stonewall Jackson |
| 1979 | 2:44.6 | Ralph Eastwood | Buffalo Gap |

1000yd Run

| | | | |
|------|--------|--------------|------------|
| 1978 | N/A | Jerome Hill | Fluvanna |
| 1977 | N/A | | |
| 1976 | N/A | Terry Watson | Montevideo |
| 1975 | 2:24.9 | Ray Ackenbom | Fluvanna |
| 1974 | N/A | | |

1600m Run

| | | | |
|------|--------|------------------|---------------|
| 1980 | 4:34.0 | David Fitzgerald | Parry McCluer |
| 1979 | 4:33.8 | Steve Huffman | Montevideo |

Mile Run

| | | | |
|------|-----|---------------|------------|
| 1978 | N/A | Jerome Hill | Fluvanna |
| 1977 | N/A | | |
| 1976 | N/A | Douglas Moore | Riverheads |
| 1975 | N/A | Ray Ackenbom | Fluvanna |
| 1974 | N/A | | |

3200m Run

| | | | |
|------|---------|-----------------|------------|
| 1980 | 9:58.1 | Jonathon Morgan | Riverheads |
| 1979 | 10:12.4 | Steve Huffman | Montevideo |

2 Mile Run

| | | | |
|------|---------|------------------|-------------|
| 1978 | 10:21.3 | Robert Kribel | Montevideo |
| 1977 | N/A | | |
| 1976 | N/A | Danny Johnson | Buffalo Gap |
| 1975 | N/A | Cassius Lawrence | Riverheads |
| 1974 | N/A | | |

800m Relay

| | | |
|------|--------|---------------|
| 1980 | 1:38.0 | Prince Edward |
| 1979 | 1:27.7 | Parry McCluer |

880yd Relay

| | | |
|------|--------|---------------|
| 1978 | 1:40.6 | Riverheads |
| 1977 | N/A | |
| 1976 | 1:38.6 | Stuarts Draft |
| 1975 | N/A | Parry McCluer |
| 1974 | N/A | |

1600m Relay

| | | |
|------|--------|---------------|
| 1980 | 3:40.6 | Parry McCluer |
| 1979 | 3:39.0 | Fluvann |

Mile Relay

| | | |
|------|--------|---------------|
| 1978 | 3:42.3 | Parry McCluer |
| 1977 | N/A | |

| | | |
|------|--------|-----------------|
| 1976 | 3:42.6 | Fluvanna Senior |
| 1975 | 3:49.4 | Parry McCluer |
| 1974 | N/A | |

| | | | |
|----------------|-------------------|-------------------|--------|
| David Wert | James Wood | 60yd Low Hurdles | 7.2 |
| David Ward | Nelson County | 60yd High Hurdles | 7.6 |
| Harold Jones | Tunstall | 60yd Dash | 6.3 |
| Scott Frye | Chilhowie | 500yd Run | 58.2 |
| George Goodloe | R.E. Lee | 880yd Run | 2:03 |
| | Albemarle | 880yd Relay | 1:37.5 |
| Randall Fields | Albemarle | Mile Run | 4:29 |
| | Albemarle | Mile Relay | 3:37.2 |
| Will Vehrs | Stonewall Jackson | Two Mile Run | 9:56 |

Individual Champions

AA/A Combined

1973

| | | | |
|--------------------|---------------|-------------|---------|
| James Ragland | Nelson County | Shot Put | 54-5.25 |
| Alphonso Irving | Altavista | High Jump | 6-2 |
| Glen Epps | Nelson County | Triple Jump | 43-10 |
| Sylvester Robinson | Loudon County | 60yd Dash | 6.2 |
| | | 330yd Dash | 36.8 |
| George Woodson | Nelson County | 880yd Run | 1:59.4 |
| David Kiser | Turner Ashby | Mile Run | N/A |
| | | 2 Mile Run | 9:51.9 |

1972

| | | | |
|------------------|---------------|--------------|--------|
| Kurt Anderson | Blacksburg | Long Jump | 21-9 |
| Alphonson Irving | Altavista | High Jump | N/A |
| Don Dickens | Radford | Triple Jump | N/A |
| Lewis Darnton | Blacksburg | Pole Vault | 12-0 |
| Mike Heatwole | Turner Ashby | Shot Put | N/A |
| Don Dickens | Radford | Low Hurdles | N/A |
| Don Leighton | Radford | High Hurdles | N/A |
| Jim Macheras | Lexington | 60yd Dash | 6.3 |
| George Woodson | Nelson County | 500yd Dash | 59.6 |
| George Woodson | Nelson County | 880yd Run | 2:10.2 |
| Ronnie Tucker | Nelson County | Mile Run | 4:30.8 |
| James Dart | Broad Run | Two Mile Run | N/A |
| | Lexington | 880yd Relay | N/A |
| | Blacksburg | Mile Relay | 3:38.2 |

Unclassified

1971

| | | | |
|-----------------------------------|---------------|------------------|--------|
| Bill Davidson | Nelson County | Shot Put | 53-5 |
| Phil Bowles | Lexington | Triple Jump | 42-11 |
| David Slater | Lexington | 60yd Low Hurdles | 7.2 |
| Pete Macheras | Lexington | 60yd Dash | 6.3 |
| Davis/Cooper/Macheras/Macheras | Lexington | 880yd Relay | 1:36.6 |
| Macheras/Macheras/Carpenter/Davis | Lexington | Mile Relay | 3:41.9 |

1970

| | | | |
|----------------|-------------------|-------------------|---------|
| Jim Becks | R.E. Lee | Shot Put | 51-8 |
| John Mallory | Madison County | Long Jump | 22-3.25 |
| Carl Thompson | Addison | High Jump | 5-10 |
| Scott Anderson | R.E. Lee-Staunton | Triple Jump | 43-1 |
| Dan Gearheart | Glenvar | Pole Vault | 12-0 |
| Guy Cohen | Albemarle | 60yd Low Hurdles | 7.2 |
| David Ward | Nelson County | 60yd High Hurdles | 7.7 |
| Jim Macheras | Lexington | 60yd Dash | 6.4 |
| John Henderson | Nelson | 500yd Dash | 1:00.9 |
| Lewis McGeehee | James Monroe | 880yd Run | 2:02.5 |
| Art Johnson | Nelson | Mile Run | 4:30 |
| Gene Schultz | Handley | 2 Mile Run | N/A |
| | Lexington | 880yd Relay | 1:34.00 |

1969

| | | | |
|----------------|---------------|------------|------|
| Doug Brown | Waynesboro | Shot Put | 51-2 |
| James Adams | Parry McCluer | Broad Jump | 22-8 |
| William Pace | Albemarle | Pole Vault | 12-0 |
| Edward Frazier | Altavista | High Jump | 6-3 |

State Meet Record Holders

(* national record)

AAA

| | | | | |
|-----------------------|----------|--|----------------|------|
| Pole Vault: | 17-00.50 | Michael Morrison | Great Bridge | 2006 |
| Long Jump: | 25-8.25 | Mike Newell, | Potomac | 1997 |
| Triple Jump: | 50-9.00 | Larry Moore, | Kempsville | 1988 |
| | | Roger Bennett, | Gar-Field | 1983 |
| High Jump: | 7-0.00 | Jamel Green, | First Colonial | 1992 |
| Shot Put: | 65-2.5 | Dan Krueger, | Bayside High | 1978 |
| 3,200 M Relay: | 7:44.70 | Albemarle | | 2009 |
| | | (Bradley, Vrhovac, Noble, Kostelac) | | |
| 1,600 M Relay: | 3:19.69 | Hampton: | | 1995 |
| | | (J. Ward, C. Ricks, T. Henry, J. Yarborough) | | |
| 800 M Relay: | 1:29.70 | Deep Creek | | 2002 |
| 55 M Hurdles: | 7.16 | Rickey Harris, | Centreville | 1997 |
| 55 M Dash | 6.10 | Martin Smith, | Jeff-Hug-Wythe | 1983 |
| | | Curtis Riddick, | First Colonial | 1979 |
| 300 M Dash: | 33.79 | Anthony Wheeler, | Kecoughtan | 1993 |
| 500 M Dash: | 1:03.01 | Kelly Wooden, | Warwick | 1988 |

| | | | | |
|---------------------|----------|--------------|--------------|------|
| 1,000 M Run: | *2:23.68 | Alan Webb, | South Lakes | 2001 |
| 1,600 M Run: | 4:09.31 | Bobby Peavey | Floyd Kellam | 2009 |
| 3,200 M Run: | 8:59.96 | Alan Webb | South Lakes | 2000 |

AA

| | | | | |
|-----------------------|----------|-----------------------------------|-----------------|------|
| Pole Vault: | 15-0 | Tim Beierle | Harrisonburg | 2007 |
| Long Jump: | 23-00.50 | Wayne Ferguson | Heritage | 2006 |
| Triple Jump: | 49-0.50 | Ryan McCoy, | William Fleming | 2003 |
| High Jump: | 6-8 | Adam Linkenauger | Lord Botetourt | 2003 |
| Shot Put: | 56-11.25 | Justin Smith | Turner Ashby | 2008 |
| 3,200 M Relay: | 8:00.76 | Blacksburg | | 2009 |
| | | (Link, Hull, Howard, Hencke) | | |
| 1,600 M Relay: | 3:29.03 | Spotsylvania | | 2001 |
| | | (Echols, Talley, Johnson, Morgan) | | |
| 800 M Relay: | 1:29.80 | Heritage | | 1999 |
| 55 M Hurdles: | 7.51 | Ethan Nixon | Brookville | 2007 |
| 55 M Dash | 6.43 | DeAngelo Wilson | Prince Edward | 2006 |
| 300 M Dash: | 34.59 | Derrick Harvey | Appomattox Co. | 2001 |
| 500 M Dash: | 1:05.30 | Steve Carlson | Louisa County | 2002 |
| 1,000 M Run: | 2:28.70 | Peter Dorrell | Blacksburg | 2008 |
| 1,600 M Run: | 4:14.29 | Peter Dorrell | Blacksburg | 2008 |
| 3,200 M Run: | 9:02.62 | Bobby Lockhart | John Handley | 2002 |

GIRLS INDOOR TRACK

Team Champions

(score, runner-up)

AAA

| | | | | |
|------|-------------------|-------|------------------------|------|
| 2010 | Western Branch | 78.0 | Great Bridge | 41.0 |
| 2009 | Bethel | 43.0 | Landstown | 37.0 |
| 2008 | Landstown | 64.0 | Western Branch | 57.0 |
| 2007 | Midlothian | 49.0 | Bethel | 36.0 |
| 2006 | Bethel | 48.0 | Lake Braddock | 42.0 |
| 2005 | Bethel | 54.0 | Lake Braddock | 46.5 |
| 2004 | Bethel | 55.0 | Lake Braddock | 45.0 |
| 2003 | Menchville | 61.0 | Bethel | 47.0 |
| 2002 | Lake Braddock | 51.0 | Salem-VB | 46.0 |
| 2001 | Lake Braddock | 75.0 | Brooke Point | 43.0 |
| 2000 | Gar-Field | 81.0 | Bethel | 57.0 |
| 1999 | Gar-Field | 56.0 | Bethel | 54.0 |
| 1998 | T. Jefferson S&T | 53.5 | Centerville | 48.0 |
| 1997 | T. Jefferson S&T | 60.0 | Gar-Field | 57.0 |
| 1996 | Centreville | 69.0 | West Potomac | 37.5 |
| 1995 | Centreville | 52.0 | J. F. K., West Potomac | 40.0 |
| 1994 | T.C. Williams | 50.0 | Menchville | 39.0 |
| 1993 | Bethel | 36.0 | Denbigh, Lake Braddock | 31.0 |
| 1992 | Bethel | 44.0 | Highland Springs | 36.0 |
| 1991 | T.C. Williams | 40.0 | Bethel | 38.0 |
| 1990 | Lake Braddock | 52.5 | Meadowbrook | 28.0 |
| 1989 | Lake Braddock | 52.0 | James Robinson | 34.0 |
| 1988 | South Lakes | 38.0 | Lake Braddock | 36.0 |
| 1987 | Lake Braddock | 43.0 | Wm. Fleming/Langley | 36.0 |
| 1986 | Lake Braddock | 82.75 | Chantilly | 22.0 |
| 1985 | Lake Braddock | 73.0 | Jeff.-Huguenot-Wythe | 63.0 |
| 1984 | Jeff.-Hug.-Wythe | 81.0 | Langley | 50.0 |
| 1983 | Armstrong-Kennedy | 45.5 | Jeff.-Huguenot-Wythe | 45.0 |
| 1982 | Armstrong-Kennedy | 55.33 | Menchville | 49.0 |

AA

| | | | | |
|------|-------------------|------|--------------------|------|
| 2010 | Blacksburg | 81.0 | Western Albemarle | 59.0 |
| 2009 | Blacksburg | 97.0 | Courtland | 42.5 |
| 2008 | Blacksburg | 59.0 | Courtland | 50.0 |
| 2007 | Charlottesville | 66.0 | Blacksburg | 58.5 |
| 2006 | Blacksburg | 81.0 | Courtland | 59.0 |
| 2005 | Western Albemarle | 72.0 | Charlottesville | 63.0 |
| 2004 | Western Albemarle | 71.0 | Courtland | 51.0 |
| 2003 | Western Albemarle | 70.0 | Heritage-Lynchburg | 68.0 |
| 2002 | Amherst County | 70.0 | Jefferson Forest | 58.0 |
| 2001 | Jefferson Forest | 66.0 | Spotsylvania | 47.0 |
| 2000 | Charlottesville | 70.0 | Jefferson Forest | 63.5 |
| 1999 | Charlottesville | 84.0 | Jefferson Forest | 75.0 |

Team Records

State championships:

7 Lake Braddock 1985-87, 1989-90, 2001-2002

Consecutive championships:

| | | |
|---|-------------------|---------|
| 3 | Lake Braddock | 1985-87 |
| 3 | Western Albemarle | 2003-05 |
| 3 | Blacksburg | 208-10 |

Individual Records

Most individual championships

8 Francena McCorory Bethel

Four Year Winner (Single Event)

| | | | |
|-----------|-------------------|---------------|---------|
| 300m Dash | Francena McCorory | Bethel | 2003-06 |
| 500m Dash | Cathron Birge | Lake Braddock | 1983-86 |

Individual Champions

AAA

Shot Put

| | | | |
|------|----------|-------------------|-----------------|
| 2010 | 38-08.75 | Sydni Cobb | Western Branch |
| 2009 | 40-06 | Jaleesa Williams | First Colonial |
| 2008 | 39-02 | Kayla Lewis | William Fleming |
| 2007 | 42-06.50 | Samella Koroma | T.C. Williams |
| 2006 | 43-04.50 | Kathy Howard | Lee-Davis |
| 2005 | 42-01.5 | Kathy Howard | Lee-Davis |
| 2004 | 42-01.5 | Antoinette Smith | E.C. Glass |
| 2003 | 45-8 | Tiffany Evans | Gar-Field |
| 2002 | 46-0 | Lindsay Neuberger | Frank Cox |
| 2001 | 47-1 | Lindsay Neuberger | Frank Cox |
| 2000 | 45-6.25 | India Odum | Hayfield |
| 1999 | 41-7 | Amanda Walker | Bethel |
| 1998 | 41-1 | January Williams | Lake Braddock |
| 1997 | 41-11.25 | Missy Banks | I.C. Norcom |
| 1996 | 42-10 | Kristy Martin | Robinson |
| 1994 | 37-6.5 | Christine Cavens | James Madison |
| 1993 | 39-9 | Tamika Powell | Floyd Kellam |
| 1992 | 39-3.75 | Keonya Harris | Hermitage |
| 1991 | 41.0.75 | Lenny Van Eakelen | Ferguson |
| 1990 | 39-4.75 | Jill Fountain | Cave Spring |
| 1989 | 43-2 | Susan Moats | Gar-Field |
| 1988 | 42-11.75 | Tanya Galloway | T.C. Williams |
| 1987 | 38-9.5 | Debbie Mann | Mount Vernon |
| 1986 | N/A | | |
| 1985 | 38-5 | Jean Burris | Mount Vernon |
| 1984 | 45-5 | Margaret Carmine | Prince George |
| 1983 | 43-5.75 | Maria Lovelace | T.C. Williams |
| 1982 | 44-9.5 | Tracy Toon | Menchville |

Long Jump

| | | | |
|------|----------|-------------------|-----------------|
| 2010 | 19-00.5 | Shakeela Saunders | Great Bridge |
| 2009 | 20-00.5 | Tynita Butts | T.C. Williams |
| 2008 | 20-00 | Tynita Butts | T.C. Williams |
| 2007 | 19-07.25 | Brittni Finch | Charlottesville |
| 2006 | 19-10.25 | Brittni Finch | Charlottesville |
| 2005 | 18-10 | Queen Harrison | Hermitage |
| 2004 | 18-08.5 | Christina Ford | Bethel |

| | | | | | | | |
|--------------------|----------|----------------------|--------------------------|-------------------|----------|--------------------|------------------------|
| 2003 | 18-10.7 | Amy Seward | Salem - Virginia Beach | 2006 | 39-01.00 | Nakeisha Wineglass | Hayfield |
| 2002 | 18-7.25 | Amy Seward | Salem - Virginia Beach | 2005 | 39-08 | Nakeisha Wineglass | Hayfield |
| 2001 | 19-1 | Amy Seward | Salem - Virginia Beach | 2004 | 37-8.75 | Shayla Jemmott | Salem |
| 2000 | 19-8 | Sheena Johnson | Garfield | 2003 | 41-4.75 | Yvette Lewis | Menchville |
| 1999 | 19-8 | Yolanda Thompson | West Potomac | 2002 | 40-1.5 | Amy Seward | Salem - Virginia Beach |
| 1998 | 19-2.75 | Naccolle Guinn | Thomas Jefferson - S&T | 2001 | 39-6.25 | Amy Seward | Salem - Virginia Beach |
| 1997 | 18-10 | Courtney Neal | Atlee | 2000 | 40-4 | Sheena Johnson | Garfield |
| 1996 | 19-8 | Destyne Jones | Centreville | 1999 | 42-4.75 | Sheena Johnson | Garfield |
| 1994 | 18-9.25 | Yolanda Brown | T.C. Williams | 1998 | 43-9 | Yolanda Thompson | West Potomac |
| 1993 | 19-2 | Tonya McDuffie | Phoebus | 1997 | 39-7.5 | Naccolle Guinn | Thomas Jefferson - S&T |
| 1992 | 18-3.75 | Kim Towners | Highland Springs | 1996 | 39-9.25 | Jennifer Walker | Thomas Jefferson - S&T |
| 1991 | 19-1.75 | Monyetta Haynesworth | Potomac | 1994 | 38-7.75 | Jennifer Walker | Thomas Jefferson - S&T |
| 1990 | | | | 1993 | 38-8.5 | Tonya McDuffie | Phoebus |
| 1989 | 18-8.75 | Monyetta Haynesworth | Potomac | 1992 | 38-7.25 | Kim Towners | Highland Springs |
| 1988 | 19-5 | Penny Blackwell | Highland Springs | 1991 | 38-4 | Tiombe Hurd | West Potomac |
| 1987 | 18-8 | Anita Hooks | William Fleming | 1990 | 38-9.5 | Courtney Singleton | Lake Braddock |
| 1986 | 19-0.5 | Carmen Mann | Falls Church | 1989 | 37-9.5 | Katrina Allen | E.C. Glass |
| 1985 | N/A | | | 1988 | 39-10.25 | Mindy Manuel | Jefferson - Richmond |
| 1984 | 18-5.5 | Veronica Hicks | Jefferson-Huguenot-Wythe | 1987 | 37-1.5 | Alexis Archer | First Colonial |
| 1983 | 18-6.5 | Ellen Fox | McLean | 1986 | N/A | | |
| 1982 | 18-2.25 | Tracey Valentine | Armstrong-Kennedy | 1985 | N/A | | |
| | | | | 1984 | N/A | | |
| | | | | 1983 | N/A | | |
| | | | | 1982 | N/A | | |
| High Jump | | | | Pole Vault | | | |
| 2010 | 5-08 | Keilah Tyson | Western Branch | 2010 | 12-07 | Lizzie Powell | Patrick Henry-Ashland |
| 2009 | 5-09 | Tynita Butts | T.C. Williams | 2009 | 12-00 | Emma Dejarnette | Atlee |
| 2008 | 5-06 | DeShana Briggs | Booker T. Washington | 2008 | 11-06 | Emma Dejarnette | Atlee |
| 2007 | 5-09 | Briana Hudson | Deep Run | 2007 | 12-00 | Anne Marie Gordon | M. Godwin |
| | 5-09 | April Sinkler | Brooke Point | 2006 | 11-00 | Nicole Kazuba | Chantilly |
| | 5-09 | Ashley Gatling | Deep Creek | 2005 | 11-3 | Anne Marie Gordon | Mills Godwin |
| 2006 | 5-09 | Ashley Gatling | Deep Creek | 2004 | 10-6 | Nicole Graziano | Lake Braddock |
| 2005 | 5-8 | Ashley Haislip | Lake Braddock | 2003 | 11-4 | Katheryn Pettine | Westfield |
| 2004 | 5-8.5 | Ashley Haislip | Lake Braddock | 2002 | 11-3 | Alicia LaRoche | Centreville |
| 2003 | 5-4 | Ashley Haislip | Lake Braddock | 2001 | 10-9 | Alicia LaRoche | Centreville |
| 2002 | 5-6 | Bonnie Meekins | Oakton | 2000 | 11-0 | Sharlote LaRoche | Centreville |
| 2001 | 5-7 | Krystle Moss | Thomas Jefferson - S&T | 1999 | 10-0 | Carrie Bennett | Hayfield |
| 2000 | 5-8 | Krystie Moss | Thomas Jefferson - S&T | | | | |
| 1999 | 5-5 | Lindsay Judice | Courtland | | | | |
| 1998 | 5-5 | Martine Ward | Hayfield | | | | |
| 1997 | 5-7 | Virginia Miller | Garfield | | | | |
| 1996 | 5-6 | Felicia Cooksey | Mount Vernon | | | | |
| 1994 | 5-8 | Emily Rakes | Cave Spring | | | | |
| 1993 | 5-4 | Fina Snead | E.C. Glass | | | | |
| 1992 | 5-6 | Nicole Wyant | Osborn Park | | | | |
| 1991 | 5-6 | Alisa Curtis | Great Bridge | | | | |
| 1990 | 5-8 | Kelly Flynn | T.C. Williams | | | | |
| 1989 | 5-4 | Angela Boice | Mills Godwin | | | | |
| 1988 | 5-2 | Lisa Eastridge | James Wood | | | | |
| 1987 | 5-7 | Charleen Berry | Green Run | | | | |
| 1986 | N/A | | | | | | |
| 1985 | N/A | | | | | | |
| 1984 | 5-8 | Carmen Mann | Falls Church | | | | |
| 1983 | 5-6 | Rhonda Gainer | Gar-Field | | | | |
| 1982 | 5-7 | Angie Jones | Groveton | | | | |
| Triple Jump | | | | | | | |
| 2010 | 40-04.75 | Montasia Golden | Lee-Davis | | | | |
| 2009 | 40-02.25 | Jasia Richardson | J.R. Tucker | | | | |
| 2008 | 39-05.25 | Jasia Richardson | J.R. Tucker | | | | |
| 2007 | 40-00.00 | Rachel Butler | Lee-Davis | | | | |

| | | | | | | | |
|------|------|----------------|-----------------|------|-------|-----------------|--------------------------|
| 1990 | 8.39 | Marsha Parker | Denbigh | 1991 | 40.02 | Janelle Johnson | Bethel |
| 1989 | 8.46 | Tracy Claytor | William Fleming | 1990 | 40.49 | Tracie Harris | Huguenot |
| 1988 | 7.97 | Lisa Wells | Manor | 1989 | 40.11 | Lateice Hartman | Thomas Jefferson |
| 1987 | 8.18 | Lisa Wells | Manor | 1988 | 40.53 | Kendyl Baugh | South Lakes |
| 1986 | N/A | | | 1987 | 40.40 | Kendyl Baugh | South Lakes |
| 1985 | 8.12 | Dawna Collins | Denbigh | 1986 | N/A | | |
| 1984 | 8.10 | Maria Moore | Manor | 1985 | 39.35 | Cathron Birge | Lake Braddock |
| 1983 | 8.00 | Bridgett Hayes | Menchville | 1984 | 39.30 | Dawn Sorrell | Jefferson-Huguenot-Wythe |
| 1982 | 7.90 | Arnita Epps | Floyd Kellam | 1983 | 41.40 | Shelia Brown | Bethel |
| | | | | 1982 | 41.00 | Fawn Young | Manor |

55m Dash

| | | | |
|------|------|--------------------|--------------------------|
| 2010 | 6.96 | Christal Petersen | Phoebus |
| 2009 | 7.01 | Keilah Tyson | Oscar Smith |
| 2008 | 7.11 | Marlena Wesh | Landstown |
| 2007 | 7.05 | Shanneka Claiborne | Matoaca |
| 2006 | 6.99 | Francena McCorory | Bethel |
| 2005 | 7:02 | Francena McCorory | Bethel |
| 2004 | 7.09 | Francena McCorory | Bethel |
| 2003 | 7.12 | Tosin Oluwole | W. Branch |
| 2002 | 7.21 | Fatima Shuler | Wakefield |
| 2001 | 7.03 | Ara Towns | Bethel |
| 2000 | 7.05 | Alyssa Aiken | Chantilly |
| 1999 | 7.14 | Faith Rein | Centreville |
| 1998 | 7.23 | Tiffany Purham | Salem - Virginia Beach |
| 1997 | 7.14 | Tiffany Purham | Salem - Virginia Beach |
| 1996 | 7.14 | Destyne Jones | Centreville |
| 1994 | 7.03 | LaTasha Colander | Woodrow Wilson |
| 1993 | 7.07 | Kerry Donovan | Denbigh |
| 1992 | 7.13 | Kerry Donovan | Denbigh |
| 1991 | 7.12 | Tracie Harris | Huguenot |
| 1990 | N/A | | |
| 1989 | 7.20 | Kim Graham | Stonewall Jackson |
| 1988 | 7.04 | Monique Everett | Denbigh |
| 1987 | 6.94 | Monique Everett | Denbigh |
| 1986 | N/A | | |
| 1985 | 6.90 | Charlene Hinton | N/A |
| 1984 | 6.90 | Dawn Sorrell | Jefferson-Huguenot-Wythe |
| 1983 | 6.90 | Cynthia Fife | Armstrong-Kennedy |
| 1982 | 7.00 | Fawn Young | Manor |

300m Dash

| | | | |
|------|-------|-------------------|----------------|
| 2010 | 39.83 | Shakeela Saunders | Great Bridge |
| 2009 | 38.86 | Marlena Wesh | Landstown |
| 2008 | 39.41 | Marlena Wesh | Landstown |
| 2007 | 39.84 | Dominique Jordan | Woodside |
| 2006 | 37.67 | Francena McCorory | Bethel |
| 2005 | 38.38 | Francena McCoroy | Bethel |
| 2003 | 38.23 | Francena McCorory | Bethel |
| 2003 | 39.98 | Francena McCorory | Bethel |
| 2002 | 40.83 | Fatima Shuler | Wakefield |
| 2001 | 40.18 | Deosha Sanders | Brooke Pointe |
| 2000 | 38.30 | Alyssa Aiken | Chantilly |
| 1999 | 39.30 | Alyssa Aiken | Chantilly |
| 1998 | 39.66 | Faith Rein | Centreville |
| 1997 | 39.65 | Promise Mose | J.F. Kennedy |
| 1996 | 39.78 | Lashonda Cutchin | Bayside |
| 1994 | 38.43 | LaTasha Colander | Woodrow Wilson |
| 1993 | 38.94 | LaTasha Colander | Manor |
| 1992 | 39.39 | Janelle Johnson | Bethel |

500m Dash

| | | | |
|------|---------|-------------------|-------------------|
| 2010 | 1:13.30 | Monica Williams | Green Run |
| 2009 | 1:15.15 | Genamarie McCant | James Robinson |
| 2008 | 1:14.64 | Bethany Hyter | Osborn Park |
| 2007 | 1:15.82 | Dominique Jordan | Woodside |
| 2006 | 1:13.33 | Francena McCorory | Bethel |
| 2005 | 1:14.85 | Shakirra Pinnock | Bethel |
| 2004 | 1:14.00 | Faraigh Giles | Tallwood |
| 2003 | 1:13.32 | Faraigh Giles | Tallwood |
| 2002 | 1:16.68 | Faraigh Giles | Tallwood |
| 2001 | 1:13.51 | Nicole Cook | Petersburg |
| 2000 | 1:13.19 | Sheena Johnson | Garfield |
| 1999 | 1:14.46 | Elizabeth Bayne | Kecoughtan |
| 1998 | 1:14.72 | Faith Rein | Centreville |
| 1997 | 1:13.84 | Promise Mose | J.F. Kennedy |
| 1996 | 1:16.00 | Shontel Powell | Ferguson |
| 1994 | 1:15.25 | Sadie Jackson | Menchville |
| 1993 | 1:14.80 | Angie Martin | Denbigh |
| 1992 | 1:15.13 | Angie Martin | Denbigh |
| 1991 | 1:18.95 | Angie Martin | Denbigh |
| 1990 | 1:16.61 | Batanya Poole | Manor |
| 1989 | 1:16.28 | Nene Hosby | Stonewall Jackson |
| 1988 | 1:15.05 | Glenna Hosby | Stonewall Jackson |
| 1987 | 1:14.81 | Kendyl Baugh | South Lakes |
| 1986 | 1:14.12 | Cathron Birge | Lake Braddock |
| 1985 | 1:16.05 | Cathron Birge | Lake Braddock |
| 1984 | 1:16.50 | Cathron Birge | Lake Braddock |
| 1983 | 1:16.90 | Cathron Birge | Lake Braddock |
| 1982 | 1:17.40 | Laura Johnson | Chantilly |

1000m Run

| | | | |
|------|---------|------------------|------------------------|
| 2010 | 2:59.56 | Ariel Karabinus | Osborn Park |
| 2009 | 2:55.38 | Paige Johnston | Midlothian |
| 2008 | 2:57.59 | Tasia Potasinski | Westfield |
| 2007 | 2:55.05 | Paige Johnston | Midlothian |
| 2006 | 2:56.06 | Andrea Oaxaca | Yorktown |
| 2005 | 2:57.02 | Kristen Wolfe | James River |
| 2004 | 2:56.42 | Natalie Sherbak | Floyd Kellam |
| 2003 | 2:57.79 | Huma Husain | West Springfield |
| 2002 | 2:58.18 | Dacia Barr | Centreville |
| 2001 | 2:57.28 | Kelley Otstott | Thomas Jefferson - S&T |
| 2000 | 2:52.90 | Elizabeth Bayne | Kecoughtan |
| 1999 | 2:57.36 | Sharon O'Connor | Mount Vernon |
| 1998 | 2:58.61 | Sharon O'Connor | Mount Vernon |
| 1997 | 2:58.61 | Jaelyn Kerr | Thomas Jefferson - S&T |
| 1996 | 3:00.69 | Amanda Buell | Chantilly |
| 1994 | 2:58.00 | Jennifer Meadow | Atlee |
| 1993 | 3:00.10 | Abigail Noonan | Osborn Park |

| | | | | | | | |
|------|---------|-------------------|------------------|------|----------|--------------------|--------------------------|
| 1992 | 2:57.11 | Kelly Mercer | T.C. Williams | 1993 | 11:10.66 | Keri Gray | Oakton |
| 1991 | 2:58.94 | Kelly Mercer | T.C. Williams | 1992 | 10:55.90 | Kimberly Goode | Clover Hill |
| 1990 | 3:01.27 | Steph Beckes | Salem | 1991 | 11:09.76 | Meghan McCarthy | James Robinson |
| 1989 | 3:00.50 | Skye Eddy | Herndon | 1990 | 11:07.19 | Meghan McCarthy | James Robinson |
| 1988 | 3:02.35 | Skye Eddy | Herndon | 1989 | 11:07.33 | Meghan McCarthy | James Robinson |
| 1987 | 2:56:00 | Sharon Poole | Langley | 1988 | 11:00.52 | Anne Evans | South Lakes |
| 1986 | N/A | Kim Marks | Lake Braddock | 1987 | 10:07.03 | Erin Keogh | Langley |
| 1985 | 3:01.80 | Gena Clare | James Robinson | 1986 | 10:25.10 | Erin Keogh | Langley |
| 1984 | 3:00.30 | Jennifer Pederson | Langley | 1985 | 11:17.20 | Kristi Cassell | Lake Braddock |
| 1983 | N/A | Alisa Harvey | Thomas Jefferson | 1984 | 10:55.40 | Victoria Verinder | Langley |
| 1982 | 3:00.40 | Andrea Volpe | Lake Braddock | 1983 | 11:16.60 | De March Robertson | Jefferson-Huguenot-Wythe |
| | | | | 1982 | 11:10.90 | Charlene Durstrena | Yorktown |

1600m Run

| | | | |
|------|---------|------------------------|------------------------|
| 2010 | 4:55.72 | Kathleen Lautzenheiser | Midlothian |
| 2009 | 5:00.50 | Paige Johnston | Midlothian |
| 2008 | 4:59.04 | Tasia Potasinski | Westfield |
| 2007 | 4:58.32 | Kristine Tobin | Great Bridge |
| 2006 | 5:02.69 | Kristine Tobin | Great Bridge |
| 2005 | 5:04.33 | Danielle Light | Oakton |
| 2004 | 4:54.88 | Amanda Patterson | Midlothian |
| 2003 | 4:55.80 | Jennifer Boyd | Hickory |
| 2002 | 5:02.54 | Keira Carlstrom | Oakton |
| 2001 | 4:57.59 | Kelley Otstott | Thomas Jefferson - S&T |
| 2000 | 5:07.04 | Erin Swain | Lake Braddock |
| 1999 | 5:04.60 | Liz Awtry | James Robinson |
| 1998 | 4:52.28 | Laura Heiner | Centreville |
| 1997 | 5:00.60 | Jaclyn Kerr | Thomas Jefferson - S&T |
| 1996 | 4:59.81 | Jaclyn Kerr | Thomas Jefferson - S&T |
| 1994 | 5:09.93 | Jaclyn Kerr | Thomas Jefferson - S&T |
| 1993 | 5:07.14 | Carrie Siebeskrob | James Robinson |
| 1992 | 4:57.04 | Kimberly Goode | Clover Hill |
| 1991 | 5:04.29 | Meghan McCarthy | James Robinson |
| 1990 | 4:59.96 | Meghan McCarthy | James Robinson |
| 1989 | 5:03.24 | Meghan McCarthy | James Robinson |
| 1988 | 5:02.60 | Anne Evans | South Lakes |
| 1987 | 4:47.78 | Erin Keogh | Langley |
| 1986 | 4:56.90 | Amy Colvin | Chantilly |
| 1985 | 5:08.30 | Tracy Duke | James Robinson |
| 1984 | N/A | Victoria Verinder | Langley |
| 1983 | 4:59.10 | Alisa Harvey | Thomas Jefferson |
| 1982 | 5:03.70 | Andrea Volpe | Lake Braddock |

3200m Run

| | | | |
|------|----------|------------------------|------------------------|
| 2010 | 10:48.39 | Sophie Chase | Lake Braddock |
| 2009 | 11:01.32 | Kaitlyn Davis | Mountain View |
| 2008 | 10:48.80 | Kathleen Lautzenheiser | Midlothian |
| 2007 | 10:46.51 | Sarrah Hadiji | Woodson |
| 2006 | 11:02.26 | Sarrah Hadiji | W.T. Woodson |
| 2005 | 10:36.36 | Melissa Dewey | Hayfield |
| 2004 | 10:34.78 | Amanda Patterson | Midlothian |
| 2003 | 10:51.03 | Jennifer Boyd | Hickory |
| 2002 | 10:58.39 | Jennifer Boyd | Hickory |
| 2001 | 11:10.31 | Kelly Swain | Lake Braddock |
| 2000 | 11:00.59 | Erin Swain | Lake Braddock |
| 1999 | 10:48.84 | Liz Qwtry | James Robinson |
| 1998 | 10:32.73 | Laura Heiner | Centreville |
| 1997 | 10:56.30 | Pam Edwards | Tallwood |
| 1996 | 11:03.13 | Laura Heiner | Centreville |
| 1994 | 10:54.09 | Jaclyn Kerr | Thomas Jefferson - S&T |

800m Relay (4x200)

| | | |
|------|---------|--------------------------|
| 2010 | 1:40.94 | Western Branch |
| 2009 | 1:42.52 | Bethel |
| 2008 | 1:41.87 | Landstown |
| 2007 | 1:43.16 | Centreville |
| 2006 | 1:42.13 | Salem |
| 2005 | 1:42.22 | Bethel |
| 2004 | 1:42.13 | Bethel |
| 2003 | 1:41.96 | Bethel |
| 2002 | 1:43.48 | Bethel |
| 2001 | 1:42.97 | Lake Braddock |
| 2000 | 1:43.83 | Bethel |
| 1999 | 1:41.04 | Bethel |
| 1998 | 1:42.51 | Menchville |
| 1997 | 1:42.52 | Bayside |
| 1996 | 1:43.42 | Bayside |
| 1994 | N/A | J.F. Kennedy |
| 1993 | N/A | |
| 1992 | 1:44.77 | Bethel |
| 1991 | 1:46.09 | Bethel |
| 1990 | 1:45.76 | West Potomac |
| 1989 | 1:46.80 | Hampton |
| 1988 | 1:44.28 | Bethel |
| 1987 | N/A | Lake Braddock |
| 1986 | N/A | |
| 1985 | 1:44.48 | Jefferson-Huguenot-Wythe |
| 1984 | 1:45.00 | Jefferson-Huguenot-Wythe |
| 1983 | 1:45.40 | Armstrong-Kennedy |
| 1982 | 1:46.4 | Armstrong-Kennedy |

1600m Relay (4x400)

| | | |
|------|---------|----------------------|
| 2010 | 3:55.68 | Bethel |
| 2009 | 3:56.61 | Booker T. Washington |
| 2008 | 3:50.68 | Landstown |
| 2007 | 3:57.13 | Osbourn Park |
| 2006 | 3:53.07 | Kecoughtan |
| 2005 | 3:57.63 | Kecoughtan |
| 2004 | 3:58.34 | Salem |
| 2003 | 3:57.74 | Tallwood |
| 2002 | 3:58.22 | Bethel |
| 2001 | 3:57.85 | Bethel |
| 2000 | 3:55.89 | Menchville |
| 1999 | 3:50.92 | Bethel |
| 1998 | 3:52.67 | Bethel |
| 1997 | 3:59.18 | Bethel |
| 1996 | 3:59.29 | West Potomac |

| | | |
|------|---------|--------------------------|
| 1994 | 3:52.65 | Menchville |
| 1993 | N/A | Menchville |
| 1992 | 3:58.64 | Bethel |
| 1991 | 4:04.15 | Bethel |
| 1990 | 4:03.01 | T.C. Williams |
| 1989 | N/A | |
| 1988 | 4:01.98 | Manor |
| 1987 | N/A | Lake Braddock |
| 1986 | N/A | Lake Braddock |
| 1985 | 3:58.10 | Lake Braddock |
| 1984 | 4:01.70 | Jefferson-Huguenot-Wythe |
| 1983 | 4:07.40 | Jefferson-Huguenot-Wythe |
| 1982 | 3:24.5 | Jefferson-Huguenot-Wythe |

3200m Relay (4x800)

| | | |
|------|---------|--------------------------|
| 2010 | 9:29.43 | Midlothian |
| 2009 | 9:21 | Ocean Lakes |
| 2008 | 9:12.18 | Westfield |
| 2007 | 9:07.27 | Midlothian |
| 2006 | 9:20.86 | Midlothian |
| 2005 | 9:24.33 | Midlothian |
| 2004 | 9:29.32 | Oakton |
| 2003 | 9:22.32 | Floyd Kellam |
| 2002 | 9:25.29 | James Robinson |
| 2001 | 9:35.42 | James Robinson |
| 2000 | 9:28.11 | Thomas Jefferson - S&T |
| 1999 | 9:12.82 | Thomas Jefferson - S&T |
| 1998 | 9:29.15 | Thomas Jefferson - S&T |
| 1997 | 9:18.78 | James Robinson |
| 1996 | 9:32.39 | James Robinson |
| 1994 | N/A | E.C. Glass |
| 1993 | 9:38.41 | Langley |
| 1992 | 9:39.26 | Langley |
| 1991 | 9:39.59 | T.C. Williams |
| 1990 | 9:51.81 | West Springfield |
| 1989 | 9:35.46 | Jefferson-Huguenot-Wythe |

Individual Records

AA

Most individual championships

| | | |
|---|-----------------|-----------|
| 6 | Catherine White | Northside |
| 5 | Sha'Tia Hart | Courtland |
| 5 | Sarah Bowman | Fauquier |

Four Year Winner (Single Event)

N/A

Individual Champions

AA

Shot Put

| | | | |
|------|----------|----------------|--------------------|
| 2010 | 40-04.75 | Daquaa Scott | R.E. Lee |
| 2009 | 39-00 | Gabriel Tyler | Greensville County |
| 2008 | 39:06.50 | Katie Cummings | Fort Defiance |
| 2007 | 37-05.50 | Katie Cummings | Fort Defiance |
| 2006 | 42-01.25 | Hope Creasy | Christiansburg |
| 2005 | 42-03.25 | Rachel Clark | Liberty-Bealton |
| 2004 | 41-1.75 | Tierra Hubbard | William Fleming |

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| | | | |
|------|---------|-------------------|--------|
| 2003 | 38-6.5 | Kimberly Williams | Bruton |
| 2002 | 40-4.25 | Tierra Hubbard | Gretna |
| 2001 | 40-8.5 | Mildred Cooper | Gretna |
| 2000 | 37-7 | Cassandra Graft | Gretna |
| 1999 | 37-2.75 | Ashley Honeycutt | Lee |

Long Jump

| | | | |
|------|----------|------------------|----------------------|
| 2010 | 17-11 | Amber Church | Pulaski County |
| 2009 | 17-08.75 | Bilnita Armstead | James Monroe |
| 2008 | 17-04.75 | Lacear Hubbard | Amherst County |
| 2007 | 18-00.75 | Rashawnda James | Charlottesville |
| 2006 | 18-00.25 | Sha'Tia Jart | Courtland |
| 2005 | 17-05.25 | Sha'Tia Hart | Courtland |
| 2004 | 18-1 | Shemeca Berkley | Amherst County |
| 2003 | 18-7.75 | Octavia Best | Prince Edward County |
| 2002 | 18-4.5 | LaTonya Anderson | Caroline |
| 2001 | 18-4.5 | Ebony Foster | Jefferson Forest |
| 2000 | 19-1 | Ebony Foster | Jefferson Forest |
| 1999 | 16-11.75 | Ebony Foster | Jefferson Forest |

High Jump

| | | | |
|------|------|------------------------|------------------------|
| 2010 | 5-04 | Amber Church | Pulaski County |
| 2009 | 5-04 | Danyelle Kent Robinson | Brentsville |
| 2008 | 5-05 | Christina Fenske | Stuarts Draft |
| 2007 | 5-03 | Danyelle Kent-Robinson | Brentsville |
| 2006 | 5-02 | Christina Phillips | Tabb |
| 2005 | 5-1 | Sha'Tia Hart | Courtland |
| 2004 | 5-2 | Celeste Doerwaldt | John Handley |
| 2003 | 5-4 | Imani Moorman | Amherst County |
| 2002 | 5-4 | Megan Mlinarchik | Broadway |
| 2001 | 5-4 | Jenifer Nelms | Spotsylvania |
| 2000 | 5-8 | Jennifer Nelms | Spotsylvania |
| 1999 | 5-2 | Ophelia Kier-Johnson | R.E. Lee - Springfield |

Triple Jump

| | | | |
|------|----------|------------------|----------------------|
| 2010 | 37-0 | Edy Ndem | Cave Spring |
| 2009 | 30-00.75 | Krystal Parrish | Park View-South Hill |
| 2008 | 35-10.25 | Candace Davis | Amherst County |
| 2007 | 37.0 | Rashawnda James | Charlottesville |
| 2006 | 36-01.00 | Sha'Tia Hart | Courtland |
| 2005 | 36-03.75 | Dominique McCoy | Bruton |
| 2004 | 38-5 | Shemeca Berkley | Amherst County |
| 2003 | 39-7 | Imani Moorman | Amherst County |
| 2002 | 38-0.25 | Imani Moorman | Amherst County |
| 2001 | 37-7.25 | Michelle Gardner | Western Albemarle |
| 2000 | 37-7.5 | Joyce Johnson | Charlottesville |
| 1999 | 36-10 | Johanna Garrity | Charlottesville |

Pole Vault

| | | | |
|------|-------|------------------|-------------------|
| 2010 | 10-6 | Nicole Harding | Western Albemarle |
| 2009 | 11-00 | Shelley Parker | Brookville |
| 2008 | 11-00 | Shelley Parker | Brookville |
| 2007 | 10-00 | Emma Pelton | Monticello |
| 2006 | 12-00 | Ashley Early | Western Albemarle |
| 2005 | 12-03 | Ashley Early | Western Albemarle |
| 2004 | 11-1 | Randi Lawson | Appomattox County |
| 2003 | 9-6 | Randi Lawson | Appomattox County |
| 2002 | 11-0 | Megan Mlinarchik | Broadway |
| 2001 | 10-6 | Tabitha Schwartz | Appomattox County |

| | | | |
|------|--------|--------------------|-------------------|
| 2000 | 10-3.5 | Tabitha Schwartz | Appomattox County |
| 1999 | 6-6 | Marcelle VanYahres | Charlottesville |

55m Hurdles

| | | | |
|------|------|------------------------|----------------------|
| 2010 | 8.42 | Amber Church | Pulaski County |
| 2009 | 8.49 | Mandy Kauffman | Harrisonburg |
| 2008 | 8.61 | Monae Waller | Courtland |
| 2007 | 8.48 | Danyelle Kent-Robinson | Bentsville |
| 2006 | 8.58 | Annie Grant | Blacksburg |
| 2005 | 8.60 | Kierra Gregory | Jamestown |
| 2004 | 8.72 | Tierra Gregory | Jamestown |
| 2003 | 8.62 | Octavia Best | Prince Edward County |
| 2002 | 8.53 | LaTonya Anderson | Caroline |
| 2001 | 8.68 | Alesia Hovatter | Central - Woodstock |
| 2000 | 8.73 | Joselyn Travis | Blacksburg |
| 1999 | 7.32 | Latoya Carter | Heritage - Lynchburg |

55m Dash

| | | | |
|------|------|------------------|------------------|
| 2010 | 7.30 | Ashontae Jackson | Orange County |
| 2009 | 7.24 | Sherelle White | York |
| 2008 | 7.27 | Sherelle White | York |
| 2007 | 7.26 | Kisha Garrick | Caroline |
| 2006 | 7.34 | Sha'Tia Hart | Courtland |
| 2005 | 7.15 | Patrice Potts | Brunswick |
| 2004 | 7.22 | Angela Johnson | Charlottesville |
| 2003 | 7.30 | Angela Johnson | Charlottesville |
| 2002 | 7.30 | Jenca Brown | Amherst County |
| 2001 | 7.43 | Ebony Foster | Jefferson Forest |
| 2000 | 7.32 | Ebony Foster | Jefferson Forest |
| 1999 | 6.31 | Johnanna Garrity | Charlottesville |

300m Dash

| | | | |
|------|-------|------------------|--------------------|
| 2010 | 41.12 | Ashontae Jackson | Orange County |
| 2009 | 40.61 | Kenara Hurt | Liberty-Bedford |
| 2008 | 41.26 | Kenara Hurt | Liberty-Bedford |
| 2007 | 40.94 | Brittany Cabbler | William Fleming |
| 2006 | 41.55 | Brittany Cabbler | William Fleming |
| 2005 | 40.38 | Ashley Brown | Charlottesville |
| 2004 | 41.01 | Tra Screen | Heritage-Lynchburg |
| 2003 | 41.44 | Tra Screen | Heritage-Lynchburg |
| 2002 | 39.53 | LaTonya Anderson | Caroline |
| 2001 | 40.37 | LaTonya Anderson | Caroline |
| 2000 | 40.13 | Ebony Foster | Jefferson Forest |
| 1999 | 40.70 | Johanna Garrity | Charlottesville |

500m Dash

| | | | |
|------|---------|------------------|--------------------|
| 2010 | 1:17.61 | Hannah Brown | Blacksburg |
| 2009 | 1:17.68 | Hannah Brown | Blacksburg |
| 2008 | 1:19.77 | Avery Mattingly | Blacksburg |
| 2007 | 1:17.07 | Brittany Cabbler | William Fleming |
| 2006 | 1:18.08 | Brittany Cabbler | William Fleming |
| 2005 | 1:17.61 | Cate Beranato | Blacksburg |
| 2004 | 1:19.96 | Brittany Cabbler | William Fleming |
| 2003 | 1:19.88 | Keshia Dabney | Heritage-Lynchburg |
| 2002 | 1:15.53 | Ashley Gore | Jamestown |
| 2001 | 1:17.82 | Jennifer Nelms | Spotsylvania |
| 2000 | 1:17.45 | Jennifer Nelms | Spotsylvania |
| 1999 | 1:19.60 | Allison Smith | Lafayette |

1000m Run

| | | | |
|------|---------|------------------|--------------------|
| 2010 | 2:57.47 | Kathleen Stevens | Blacksburg |
| 2009 | 2:57.56 | Kathleen Stevens | Blacksburg |
| 2008 | 2:57.08 | Laura Rapp | Heritage-Lynchburg |
| 2007 | 3:00.28 | Cate Berenato | Blacksburg |
| 2006 | 3:05.95 | Ariel Burbey | Blacksburg |
| 2005 | 2:43.40 | Sarah Bowman | Fauquier |
| 2004 | 2:55.26 | Sarah Bowman | Fauquier |
| 2003 | 2:52.44 | Sarah Bowman | Fauquier |
| 2002 | 3:01.32 | Amanda Reinholtz | Blacksburg |
| 2001 | 3:06.86 | Mary Hendricks | Blacksburg |
| 2000 | 3:07.54 | Jill Wilson | Louisa County |
| 1999 | 3:07.08 | Jill Wilson | Louisa County |

1600m Run

| | | | |
|------|---------|------------------|------------------|
| 2010 | 4:50.07 | Joanna Stevens | Blacksburg |
| 2009 | 4:58.28 | Joanna Stevens | Blacksburg |
| 2008 | 5:07.10 | Laurel MacMillan | Blacksburg |
| 2007 | 4:55.92 | Catherine White | Northside |
| 2006 | 4:53.24 | Catherine White | Northside |
| 2005 | 5:10.46 | Catherine White | Northside |
| 2004 | 5:03.86 | Sarah Bowman | Fauquier |
| 2003 | 5:00.59 | Sarah Bowman | Fauquier |
| 2002 | 5:07.69 | Shannon Saunders | Jefferson Forest |
| 2001 | 5:12.27 | Shelley Slep | Marion |
| 2000 | 5:24.36 | Jill Wilson | Louisa County |
| 1999 | 5:13.72 | Kimberly Myers | Jefferson Forest |

3200m Run

| | | | |
|------|----------|------------------|------------------|
| 2010 | 10:29.70 | Joanna Stevens | Blacksburg |
| 2009 | 11:20.62 | Allison Homer | Blacksburg |
| 2008 | 11:12.38 | Laurel MacMillan | Blacksburg |
| 2007 | 10:52.73 | Catherine White | Northside |
| 2006 | 10:40.10 | Catherine White | Northside |
| 2005 | 11:11.02 | Catherine White | Northside |
| 2004 | 11:09.65 | Kristen Hagen | Christiansburg |
| 2003 | 11:13.46 | Jennifer Beury | Hidden Valley |
| 2002 | 11:03.44 | Shannon Saunders | Jefferson Forest |
| 2001 | 11:26.54 | Shannon Saunders | Jefferson Forest |
| 2000 | 11:48.32 | Shannon Saunders | Jefferson Forest |
| 1999 | 11:29.60 | Kimberly Myers | Jefferson Forest |

800m Relay (4x200)

| | | |
|------|---------|------------------|
| 2010 | 1:47.50 | E.C. Glass |
| 2009 | 1:46.99 | Louisa County |
| 2008 | 1:47.30 | Courtland |
| 2007 | 1:45.99 | Courtland |
| 2006 | 1:44.10 | Courtland |
| 2005 | 1:44.82 | Charlottesville |
| 2004 | 1:45.30 | Courtland |
| 2003 | 1:45.33 | Heritage |
| 2002 | 1:44.52 | Amherst |
| 2001 | 1:45.94 | Caroline |
| 2000 | 1:46.46 | Charlottesville |
| 1999 | 1:49.41 | Jefferson Forest |

1600m Relay (4x400)

| | | |
|------|---------|--------------------|
| 2010 | 4:10.30 | Heritage-Lynchburg |
| 2009 | 4:06.53 | Courtland |

| | | | | | | | |
|----------------------------|---------|-------------------|-----------------------|----------|----------------------------|--------------|------|
| 2008 | 4:12.40 | Courtland | Pole Vault: | 12-3 | Ashley Early | Western Alb. | 2005 |
| 2007 | 4:07.26 | Courtland | 3,200 M Relay: | 9:33.83 | Western Albemarle | | 2003 |
| 2006 | 4:05.78 | Courtland | 1,600 M Relay: | 4:04.75 | Western Albemarle | | 2004 |
| 2005 | 4:05.81 | Blacksburg | 800 M Relay: | 1:44.10 | Courtland | | 2006 |
| 2004 | 4:04.75 | Western Albemarle | | | Phillips, Hart, Lott, Lott | | |
| 2003 | 4:07.16 | Western Albemarle | 55 M Hurdles: | 8.48 | Danyelle Kent-Robinson, | Brentsville | 2007 |
| 2002 | 4:09.42 | Heritage | 55 M Dash: | 7:15 | Patrice Potts | Brunswick | 2005 |
| 2001 | 4:07.61 | Spotsylvania | 500 M Dash: | 1:15.53 | Ashley Gore | Jamestown | 2002 |
| 2000 | 4:13.59 | Charlottesville | 1,600 M Run: | 4:50.07 | Joanna Stevens | Blacksburg | 2010 |
| 1999 | 4:12.81 | Charlottesville | 1,000 M Run: | 2:43.40 | Sarah Bowman | Fauquier | 2005 |
| | | | 300 M Dash: | 39.53 | LaTonya Anderson | Caroline | 2002 |
| | | | 3,200 M Run: | 10:29.70 | Joanna Stevens | Blacksburg | 2010 |
| 3200m Relay (4x800) | | | | | | | |
| 2010 | 9:33.94 | Western Albemarle | | | | | |
| 2009 | 9:34.53 | Blacksburg | | | | | |
| 2008 | 9:47.36 | Brentsville | | | | | |
| 2007 | 9:42.55 | Brentsville | | | | | |
| 2006 | 9:56.05 | Blacksburg | | | | | |
| 2005 | 9:46.13 | Blacksburg | | | | | |
| 2004 | 9:38.11 | Western Albemarle | | | | | |
| 2003 | 9:33.83 | Western Albemarle | | | | | |
| 2002 | 9:57.42 | Blacksburg | | | | | |
| 2001 | 9:53.64 | Rustburg | | | | | |
| 2000 | 9:59.64 | Lafayette | | | | | |
| 1999 | 9:58.24 | Western Albemarle | | | | | |

State Meet Record Holders

AAA

| | | | | |
|-----------------------|----------|---|-----------------|------|
| Long Jump: | 20:00.50 | Tynita Butts | T.C. Williams | 2009 |
| Triple Jump: | 42-4.75 | Sheena Johnson, | Gar-Field | 1999 |
| High Jump: | 5-9.00 | Ashley Gatling | Deep Creek | 2006 |
| | 5-9.00 | Briana Hudson | Deep Run | 2007 |
| | 5-9.00 | April Sinkler | Brooke Point | 2007 |
| | 5-9.00 | Ashley Gatling | Deep Creek | 2007 |
| | 5-9.00 | Tynita Butts | T.C. Williams | 2009 |
| | 5-9.00 | Pearl Bickersteth | Potomac | 2009 |
| Shot Put: | 47-1 | Lindsay Neuberger | Frank Cox | 2001 |
| Pole Vault: | 12-07 | Lizzie Powell | Patrick Henry-A | 2010 |
| 3,200 M Relay: | 9:07.27 | Midlothian | | 2007 |
| | | K. Lautzenheiser,/P. Johnston/S. Dow | MCMiller | |
| 1,600 M Relay: | 3:50.68 | Landstown: | | 2008 |
| | | K. Hinnant, M.Wesh, T. Wheaton, C. McGee | | |
| 800 M Relay: | 1:40.94 | Western Branch | | 2010 |
| | | S. Williams, T. Taylor, K. Tyson, T. Ellick | | |
| 55 M Hurdles: | 7.05 | Sheena Johnson | Gar-Field | 2000 |
| 55 M Dash: | 6.95 | Monique Everett, | Denbigh | 1993 |
| 500 M Dash: | 1:13.19 | Sheena Johnson | Gar-Field | 2000 |
| 1,600 M Run: | 4:47.78 | Erin Keogh, | Langley | 1987 |
| 1,000 M Run: | 2:53.90 | Elizabeth Bayne | Kecoughtan | 2000 |
| 300 M Dash: | 37.67 | Francena McCorory | Bethel | 2006 |
| 3,200 M Run: | 10:25.10 | Erin Keogh, | Langley | 1987 |

AA

| | | | | |
|---------------------|----------|----------------|------------------|------|
| Long Jump: | 19-1 | Ebony Foster, | Jefferson Forest | 2000 |
| Triple Jump: | 39-7 | Imani Moorman | Amherst Co. | 2003 |
| High Jump: | 5-8 | Jennifer Nelms | Spotsylvania | 2000 |
| Shot Put: | 42-03.25 | Rachel Clark | Liberty-Bealeton | 2005 |

BOYS OUTDOOR TRACK

Team Champions

(champion, runner-up)

AAA

| | | | | |
|------|----------------------|-------|----------------------------------|------|
| 2010 | Ocean Lakes | 49.5 | Western Branch | 42.0 |
| 2009 | Western Branch | 62.0 | Nansemond | 47.0 |
| 2008 | Western Branch | 62.0 | Bethel | 45.0 |
| 2007 | Deep Creek | 57.0 | Western Branch | 55.0 |
| 2006 | Bayside | 51.0 | Great Bridge | 39.0 |
| 2005 | Great Bridge (tie) | 52.0 | Landstown (tie) | 52.0 |
| 2004 | Westfield | 78.0 | Deep Creek | 65.5 |
| 2003 | Deep Creek | 42.0 | Colonial Forge/Thomas Dale (tie) | 37.0 |
| 2002 | Deep Creek | 35.0 | Lakeland | 30.0 |
| 2001 | Deep Creek | 64.0 | Petersburg | 47.0 |
| 2000 | Bethel | 46.0 | Potomac | 43.0 |
| 1999 | Potomac | 57.5 | Centreville | 51.0 |
| 1998 | Western Branch | 55.0 | Deep Creek | 45.0 |
| 1997 | Western Branch | 50.0 | Denbigh | 39.0 |
| 1996 | West Springfield | 49.0 | W. Potomac, P.Henry-R | 36.0 |
| 1995 | Menchville | 45.0 | West Springfield | 41.0 |
| 1994 | Menchville | 41.0 | Salem-VB | 36.0 |
| 1993 | T.C. Williams | 60.0 | Lafayette | 32.0 |
| 1992 | T.C. Williams | 42.0 | E.C. Glass | 40.0 |
| 1991 | George Washington | 80.0 | Kecoughtan | 34.0 |
| 1990 | Heritage-Lynch. | 46.0 | T.C. Williams | 40.0 |
| 1989 | T.C. Williams | 60.0 | Green Run | 41.0 |
| 1988 | Kempsville | 68.5 | Green Run | 37.0 |
| 1987 | Green Run | 50.0 | Bayside | 36.0 |
| 1986 | Green Run | 60.0 | Lake Braddock | 42.0 |
| 1985 | Bethel, Wm Fleming | 40.0 | Green Run | 34.0 |
| 1984 | Denbigh | 43.0 | Menchville | 38.0 |
| 1983 | Jeff./Huguenot/Wythe | 72.0 | Denbigh | 36.0 |
| 1982 | Gar-Field | 34.0 | Menchville | 33.0 |
| 1981 | Menchville | 53.0 | Jeff./Huguenot/Wythe | 36.0 |
| 1980 | Menchville | 73.0 | Gar-Field | 45.0 |
| 1979 | Menchville | 53.86 | Hermitage | 50.0 |
| 1978 | Fort Hunt | 50.0 | Hampton | 38.0 |
| 1977 | Bethel | 58.0 | Ferguson | 39.0 |
| 1976 | Charlottesville | 52.0 | Menchville | 39.0 |
| 1975 | Ferguson, Albemarle | 41.0 | William Fleming | 15.5 |
| 1974 | Ferguson | 35.5 | Albemarle | 30.0 |
| 1973 | Thomas Edison | 23.0 | Albemarle | 22.0 |
| 1972 | Menchville | 30.5 | T.C. Williams | 24.5 |
| 1971 | Denbigh | 30.0 | Huntington | 27.0 |

AA

| | | | | |
|------|-------------------|------|--------------------|-------|
| 2010 | Grafton | 46.5 | King George | 42.0 |
| 2009 | Western Albemarle | 48.0 | Brookville | 46.0 |
| 2008 | Western Albemarle | 54.0 | Brookville | 45.33 |
| 2007 | Harrisonburg | 46.0 | Brunswick Sr. | 44.0 |
| 2006 | Appomattox | 45.0 | John Handley | 40.0 |
| 2005 | Lafayette | 43.5 | Basset/Brentsville | 38.0 |
| 2004 | Fauquier | 54.0 | Charlottesville | 41.5 |

| | | | | |
|------|---------------------|-------|------------------------|-------|
| 2003 | Heritage-Lynchburg | 52.0 | Spotswood | 37.0 |
| 2002 | John Handley | 48.0 | Greensville Co. | 43.0 |
| 2001 | John Handley | 63.0 | King George | 36.0 |
| 2000 | John Handley | 78.0 | Western Albemarle | 52.0 |
| 1999 | Spotswood | 56.0 | Laurel Park | 44.0 |
| 1998 | Laurel Park | 57.0 | Spotswood | 49.0 |
| 1997 | Charlottesville | 55.0 | Staunton River | 48.0 |
| 1996 | Staunton River | 40.0 | Christiansburg | 37.0 |
| 1995 | Charlottesville | 90.0 | Spotswood | 70.0 |
| 1994 | Charlottesville | 62.0 | Spotswood | 31.0 |
| 1993 | Handley | 47.0 | Charlottesville | 42.0 |
| 1992 | Handley | 50.0 | Smithfield, Greenville | 36.0 |
| 1991 | Tabb | 46.33 | York | 40.33 |
| 1990 | Western Albemarle | 55.0 | Waynesboro | 38.0 |
| 1989 | Tabb | 38.0 | Matoaca | 36.0 |
| 1988 | William Byrd | 38.0 | Rustburg | 35.0 |
| 1987 | Louisa County | 36.0 | Bruton | 33.0 |
| 1986 | Clover Hill | 31.0 | Culpeper | 28.0 |
| 1985 | J.F. Kennedy | 40.0 | Courtland | 34.0 |
| 1984 | J.F. Kennedy | 42.0 | Martinsville | 34.0 |
| 1983 | Waynesboro | 36.0 | Louisa County | 34.33 |
| 1982 | Blacksburg | 59.0 | Osborn Park | 57.0 |
| 1981 | Blacksburg | 60.0 | Virginia | 35.0 |
| 1980 | Bassett | 62.0 | Waynesboro | 32.0 |
| 1979 | Sussex Central | 56.0 | Western Albemarle | 42.0 |
| 1978 | Rustburg | 46.0 | Sussex Central | 40.0 |
| 1977 | Robert E. Lee-Stntn | 55.0 | Handley | 54.0 |
| 1976 | Handley | 47.0 | Broad Run | 45.0 |
| 1975 | Nelson County | | Handley | |
| 1974 | Nelson County | 41.0 | Southampton | 27.0 |
| 1973 | Nelson County | 32.0 | Turner Ashby | 20.0 |
| 1972 | Radford | 28.5 | Nelson County | 27.0 |
| 1971 | Nelson County | 39.0 | Lexington | 23.0 |

A

| | | | | |
|------|-------------------|------|-----------------------------|------|
| 2010 | Clarke County | 68.0 | Appomattox | 49.0 |
| 2009 | Riverheads | 51.0 | Virginia | 47.0 |
| 2008 | Lebanon | 66.0 | Radford | 49.0 |
| 2007 | Clarke County | 82.0 | Essex | 56.0 |
| 2006 | Clarke County | 73.0 | Middlesex | 38.0 |
| 2005 | Nelson County | 55.0 | Clarke County | 49.0 |
| 2004 | William Campbell | 63.0 | Sussex Central | 60.0 |
| 2003 | Sussex Central | 82.0 | William Campbell | 54.5 |
| 2002 | Powell Valley | 56.0 | W. Campbell/Sussex C. (tie) | 48.0 |
| 2001 | Page County | 50.0 | Amelia County | 40.0 |
| 2000 | Floyd County | 64.0 | Madison County | 62.0 |
| 1999 | Essex | 50.5 | Brentsville District | 40.0 |
| | | | Powell Valley | 40.0 |
| 1998 | Radford | 73.0 | Northumberland | 46.0 |
| 1997 | Sussex Central | 72.0 | Amelia County | 50.0 |
| 1996 | Central-Woodstock | 68.0 | Randolph Henry | 41.0 |
| 1995 | Charles City | 46.0 | Cumberland | 36.0 |
| 1994 | Powell Valley | 49.5 | Charles City | 40.0 |

| | | | | | | | | | |
|------|--------------------------|-------|-----------------------|-------|------|----------------------------|-------|--------------------|-------|
| 1993 | Cumberland | 48.0 | Sussex Central | 39.0 | 1961 | IA Hampton | 30.0 | Great Bridge | 23.5 |
| 1992 | Sussex Central | 101.0 | Essex | 37.0 | | IB Cave Spring | | Stafford | 16.0 |
| 1991 | Sussex Central | 57.0 | Central-Woodstock | 47.0 | | II Northampton | 28.33 | York | 18.5 |
| 1990 | Sussex Central | 68.0 | King & Queen | 36.0 | | III Atlantic | 21.0 | Central-Painter | 15.0 |
| 1989 | Sussex Central | 58.0 | Middlesex | 44.0 | 1960 | I Newport News | 37 | Granby, Warwick | 22.5 |
| 1988 | William Monroe | 38.0 | Castlewood | 36.0 | | II not available | | | |
| 1987 | Middlesex | 40.0 | Castlewood | 30.0 | | III Onancock | | | |
| 1986 | Mathews | 38.0 | Arcadia | 28.0 | 1959 | I Andrew Lewis | 32.66 | Wakefield | 26 |
| 1985 | Lancaster | 66.0 | Buffalo Gap | 43.0 | | II not available | | | |
| 1984 | Buffalo Gap | 60.0 | William Monroe | 46.0 | | III Onancock | | | |
| 1983 | Fluvanna | 76.0 | Fieldale-Collinsville | 50.0 | 1958 | I Washington-Lee | 27 | Woodrow Wilson | 26 |
| 1982 | Fluvanna | 72.0 | New Kent | 38.0 | | II Christiansburg | | | |
| 1981 | Fluvanna | 80.0 | Powell Valley | 45.0 | | III West Point | | | |
| 1980 | Washington & Lee | 80.0 | Powell Valley | 42.0 | 1957 | I T. Jefferson-Rich. | 36.25 | Wakefield | 33 |
| 1979 | Montevideo | 58.0 | Western Albemarle | 56.0 | | II Handley | | | |
| 1978 | Buffalo Gap | 60.0 | Stonewall Jackson | 36.0 | | III Troutville | | | |
| 1977 | Montevideo | 83.0 | Fluvanna | 64.0 | 1956 | I T. Jefferson-Rich. | 27.5 | Jefferson Sr.-Roa. | 23 |
| 1976 | Montevideo | 49.0 | Madison County | 43.0 | | II Handley | | | |
| 1975 | Rappahannock | 18.33 | William Monroe | 18.0 | | III Elkton | | | |
| 1974 | New Kent | 29.0 | Montevideo | 19.20 | 1955 | I Washington-Lee | 40 | T. Jefferson-Rich. | 29 |
| 1973 | Central-Woodstock | 30.5 | West Point | 29.0 | | II William Fleming | | | |
| 1972 | Montevideo | 24.0 | Poquoson | 22.0 | | III Chincoteague | | | |
| 1971 | Madison County | 38.0 | Castlewood | 23.5 | 1954 | I G. Washington-A. | 32 | Granby | 30.66 |
| 1970 | IA Douglas Freeman | 18.0 | Bethel, Denbigh | 17.0 | | II Marion | | | |
| | IB Glenvar | 40.0 | Handley | 24.0 | | III George Mason | | | |
| | II Nelson County | 51.5 | Wilson Memorial | 17.0 | 1953 | I Newport News | 23.5 | Washington-Lee | 22 |
| | III Mathews | 45.0 | Brentsville District | 41.0 | | II Handley | | | |
| 1969 | IA Newport News | 42.0 | G.W. Carver | 17.0 | | III Elkton | | | |
| | IB Orange | 38.0 | Albemarle | 30.0 | 1952 | I Newport News | 23.5 | T. Jefferson-Rich. | 17.5 |
| | II Nelson County | 43.0 | Gloucester | 22.0 | | II not available | | | |
| | III West Point | 40.0 | Mathews | 36.0 | | III not available | | | |
| 1968 | IA Newport News | 30.0 | Washington-Lee | 22.0 | 1951 | I E.C. Glass | 33 | Newport News | 24 |
| | IB Stafford | | James Wood | 24.0 | | II Handley | | | |
| | II Turner Ashby | 32.5 | Nelson County | 31.0 | | III West Point | | | |
| | III Caroline | 61.0 | J.E.B. Stuart | 35.0 | 1950 | I John Marshall | 27 | Washington-Lee | 22 |
| 1967 | IA Newport News | 39.0 | Douglas Freeman | 29.0 | | II Highland Springs | | | |
| | IB Herndon | 31.0 | Stafford | 16.0 | | III West Point | | | |
| | II Central-Woodstock | 26.0 | Appomattox | 20.0 | 1949 | I Newport News | 29.5 | Washington-Lee | 27.5 |
| | III Caroline | 47.0 | Onancock | 37.0 | | II Blacksburg | | | |
| 1966 | IA Washington-Lee | 33.0 | E.C. Glass | 24.0 | | III West Point | | | |
| | IB Herndon | 38.5 | Galax | 19.0 | 1948 | I John Marshall | 31 | Washington-Lee | 23 |
| | II Gloucester | 15.0 | Appomattox | 11.0 | | II Warwick County | | | |
| | III Caroline | 31.25 | Onancock | 24.75 | | III Smithfield | | | |
| 1965 | IA Newport News | 46.5 | Great Bridge | 22.0 | 1947 | I Newport News | 23.5 | John Marshall | 20 |
| | IB Herndon | 29.0 | J.R. Tucker | 26.0 | | II Handley | | | |
| | II Nelson Co, Smithfield | 21.0 | Gloucester | 17.0 | | III Matthew Whaley-Wmsburg | | | |
| | III Onancock | 20.0 | Middlesex | 18.0 | 1946 | I Newport News | 49.5 | Granby | 34.5 |
| 1964 | IA Newport News | 35.0 | Churchland | 15.0 | | II Handley | | | |
| | IB Albemarle | 42.0 | R.E. Lee-Staunton | 15.0 | | III West Point | | | |
| | II Southampton | 24.5 | Turner Ashby | 17.0 | | IV Greenwood | | | |
| | III Onancock | 29.0 | Rappahannock | 25.0 | 1945 | No championships | | | |
| 1963 | IA Newport News | 35.0 | Washington-Lee | 27.0 | 1944 | A Maury | 48 | T. Jefferson-Rich. | 40 |
| | IB Albemarle | 43.0 | James Monroe | 27.5 | | B Handley | | | |
| | II Lord Botetourt | 23.0 | Varina, Northampton | 13.0 | | C West Point | | | |
| | III Atlantic, Onancock | 21.0 | Northumberland | 16.0 | | D Timberville | | | |
| 1962 | IA Norview | 38.0 | Wakefield, N.News | 17.0 | 1943 | No championships | | | |
| | IB Albemarle | | | | 1942 | A Newport News | 34.6 | T. Jefferson-Rich. | 21 |
| | II Lord Botetourt | | | | | B Big Stone Gap | | | |
| | III Atlantic | | | | | C West Point | | | |
| | | | | | | D Beaverdam | | | |

| | | | | | |
|------|------|-----------------------|-------|-----------------------|-------|
| 1941 | A | Newport News | 34.7 | Jefferson Sr.-Roa. | 24.2 |
| | B | Handley | | | |
| | C | West Point | | | |
| | D | Beaverdam | | | |
| 1940 | A | Newport News | 35.5 | T. Jefferson-Rich. | 23 |
| | B | Handley | | | |
| | C | West Point | | | |
| | D | Craigsville | | | |
| 1939 | A | Newport News | 34 | Jefferson Sr.-Roa. | 27 |
| | B | Handley | | | |
| | C | Culpeper | | | |
| | D | Accomac | | | |
| 1938 | A | Newport News | 37.5 | Maury | 36.5 |
| | B | Handley | | | |
| | C | King William-Manquin | | | |
| 1937 | A | Maury | 51 | Newport News | 41 |
| | B | Handley | | | |
| | C | King William-Manquin | | | |
| 1936 | A | Maury | 36.5 | Newport News | 35.5 |
| | B | Handley | | | |
| | C | King William-Manquin | | | |
| 1935 | A | Newport News | 42.33 | John Marshall | 37.5 |
| | B | Handley | | | |
| | C | Central-Manquin | | | |
| 1934 | A | Newport News | 41.75 | John Marshall | 37 |
| | B | Clifton Forge | | | |
| | C | Triplett-Mt. Jackson | | | |
| 1933 | A | John Marshall | 50 | Newport News | 29 |
| | B | Vinton | | | |
| | C | Triplett-Mt. Jackson, | | West Point | |
| 1932 | A | John Marshall | 45.8 | Maury | 30 |
| | B | Hampton | | | |
| | C | Meriwether Lewis | | | |
| 1931 | Prep | Staunton Military | | | |
| | A | Maury | 50.25 | John Marshall | 27.75 |
| | B | Lane | | | |
| | C | Broadway | | | |
| 1930 | Prep | Woodberry Forest | | | |
| | A | Maury | 40 | Jefferson Sr.-Roa. | 32.5 |
| | B | Hampton | | | |
| | C | James Madison | | | |
| 1929 | Prep | Episcopal | | | |
| | A | John Marshall | 48 | Jefferson Sr.-Roa. | 34 |
| | B | Hampton | | | |
| | C | Broadway, Varina | | | |
| 1928 | Prep | Staunton Military | | | |
| | A | John Marshall | 48.5 | Woodrow Wilson | 38.5 |
| | B | Hampton | | | |
| | C | Broadway | | | |
| 1927 | Prep | Augusta Military | | | |
| | A | Woodrow Wilson | 46 | Jefferson Sr.-Roa. | 23.5 |
| | B | Hampton | | | |
| | C | Broadway | | | |
| 1926 | Prep | Virginia Episcopal | | | |
| | A | Maury | 46 | J. Marshall, Jeff.Sr. | 31 |
| | B | Hampton | | | |

| | | | | | |
|------|------|--------------------|-------|--------------------|------|
| | C | James Madison | | | |
| 1925 | Prep | Woodberry Forest | | | |
| | High | John Marshall | 42.66 | Jefferson Sr.-Roa. | 38 |
| 1924 | Prep | Woodberry Forest | | | |
| | High | Jefferson Sr.-Roa. | 43 | Maury | 39.5 |
| 1923 | Prep | Episcopal | | | |
| | High | Jefferson Sr.-Roa. | 53 | Maury | 26 |
| 1922 | Prep | Episcopal | | | |
| | High | Jefferson Sr.-Roa. | 65.7 | Maury | 26.5 |
| 1921 | Prep | Staunton Military | | | |
| | High | Jeff. Sr.-R. | 21.25 | Maury | 18 |
| 1920 | Prep | Staunton Military | | Woodberry Forest | |
| | High | Lynchburg | 29 | Maury | 14 |
| 1919 | | Woodberry Forest | 39.5 | Staunton Military | 35 |
| 1918 | | Episcopal | 50 | Woodberry Forest | 41.5 |
| 1917 | | Woodberry Forest | 36 | Jefferson Sr.-Roa. | 34 |
| 1916 | | Woodberry Forest | 36.5 | Episcopal | 27 |
| 1915 | | Woodberry Forest | 43 | Manassas | 25.5 |

Team Records

State championships (before groupings):

| | | |
|----|---------------|--|
| 19 | Newport News, | 1934-35, 1938-42, 1946-47, 1949, 1952-53, 1960, 1963-65, 1967-69 |
|----|---------------|--|

State championships (after groupings):

| | | |
|---|----------------|------------------------|
| 6 | Menchville | 1972, 1979-81, 1994-95 |
| 6 | Sussex Central | 1989-92, 1997, 2003 |

Consecutive championships (before groupings):

| | | |
|---|---------|---------|
| 7 | Handley | 1935-41 |
|---|---------|---------|

Consecutive championships (after groupings):

| | | |
|---|----------------|---------|
| 4 | Sussex Central | 1989-92 |
|---|----------------|---------|

Most points (after groupings):

| | | |
|-----|----------------|------|
| 101 | Sussex Central | 1992 |
|-----|----------------|------|

Individual Records

Most individual championships

| | | |
|----|-----------------|--------------|
| 10 | Benton Dodd | Newport News |
| 7 | Doug Dickinson | Newport News |
| 7 | Bernard McRae | Huntington |
| 7 | Bobby Lockheart | Handley |

Four Year Winner (Single Event)

| | | | |
|-----------|-----------------|---------|-----------|
| 1600m Run | Bobby Lockheart | Handley | 1999-2002 |
|-----------|-----------------|---------|-----------|

Individual Champions

AAA

Shot Put

| | | | |
|------|----------|-------------------|----------------|
| 2010 | 60-02 | Isaiah Simmons | Woodbridge |
| 2009 | 57.03.25 | Philip Mesadeui | Patrick Henry |
| 2008 | 57.00 | Frede Spellman | Oscar Smith |
| 2007 | 57-07 | Frede Spellman | Oscar Smith |
| 2006 | 58-04.50 | Michael Zajac | E.C. Glass |
| 2005 | 55-10. | Thomas McCutcheon | Deep Creek |
| 2004 | 56-8 | Joseph Jones | Great Bridge |
| 2003 | 64-0.25 | Steve Huntzinger | James Robinson |
| 2002 | 59-3 | Steve Huntzinger | James Robinson |

| | | | | | | | |
|------|----------|-------------------|--------------------|---------------|----------|------------------|-----------------------|
| 2001 | 55-3 | Steve Huntzinger | James Robinson | 1940 | 47.25 | Hamilton Arnall | Thos.Jefferson-R |
| 2000 | 53-11.5 | Jason Dixon | Maury | 1939 | 44-8.75 | Red Rogers | Newport News |
| 1999 | 56-3.25 | Nick Welihozkiy | West Springfield | 1938 | 46-8 | Lawrence Farry | Newport News |
| 1998 | 58-6.5 | Nathaniel Adibi | Phoebus | 1937 | 51-9 | Lee McLaughlin | John Marshall |
| 1997 | 65-0.75 | Rodney Johnson | T.C. Williams | 1936 | 47-1 | McVay | Maury |
| 1996 | 60-6 | Aaron Trammell | Osbourn Park | 1935 | 46-5.875 | Robert Spangler | Newport News |
| 1995 | 57-1.5 | Deon Dyer | Deep Creek | 1934 | 40-11.5 | Herbert Hudgins | Maury |
| 1994 | 56-1 | Robert Hunt | Menchville | 1933 | 49-1.25 | Howard Owings | Maury |
| 1993 | 60-4.25 | Chris Snyder | Indian River | 1932 | 45.5 | Howard Owings | Maury |
| 1992 | 59-10.75 | Mike Washington | Great Bridge | 1931 | 46-7 | Johnson | Maury |
| 1991 | 54-3 | Chris Snyder | Indian River | 1930 | 45-0 | Tarrall | Maury |
| 1990 | 55-6 | J.T. Morris | Heritage-Lynchburg | 1929 | 42-2.5 | Taylor | Jefferson Senior |
| 1989 | 59-4 | Ralph Bell | Great Bridge | 1928 | 44-10 | G Powell | Wilson |
| 1988 | 56-5 | Carey Cash | Bayside | 1927 | 45-0 | Swartz | Lane |
| 1987 | 61-4 | Robert Lee | Thomas Jefferson-R | 1926 | 44-8 | William Hasse | John Marshall |
| 1986 | 57-4.25 | John Boobas | McLean | 1925 | 40-5 | William Hassa | John Marshall |
| 1985 | 60-9.25 | John Rymiszewski | Mt. Vernon | 1924 | 42-6 | Turpin | Maury |
| 1984 | 57-3.25 | Walter Bryant | Lake Taylor | 1923 | 38-2 | Turpin | Maury |
| 1983 | 59-5 | Reggie Lee | Halifax County | 1922 | 40-11.5 | Bunn | Big Stone Gap |
| 1982 | 59-2 | David Gutierrez | Gar-Field | 1921 | 48-5 | Walter Bentz | Staunton Military |
| 1981 | 58-0 | Jody Sease | Salem-Salem | 1920 | 47-1 | Walter Bentz | Staunton Military |
| 1980 | 58-2.75 | Greg Brooks | E.C. Glass | 1919 | 44-0 | Walter Bentz | Staunton Military |
| 1979 | 57-4.25 | Sam Brutcher | Great Bridge | 1918 | 43-1 | Unsworth | Woodberry Forest |
| 1978 | 64-5.5 | Dan Krueger | Bayside | 1917 | 37-7 | Summers | G. Washington |
| 1977 | 60-5 | Dan Krueger | Bayside | 1916 | 41-8 | Francis Byrd | Lafayette-Norfolk Co. |
| 1976 | 60-11 | Larry Wheeler | Robert E. Lee | 1915 | 37-9 | Spencer | Woodberry Forest |
| 1975 | 58-8 | Dale Sloan | Charlottesville | | | | |
| 1974 | 58-2 | Joe Taylor | Ferguson | | | | |
| 1973 | 59-9.25 | Drexel George | Thomas Edison | Discus | | | |
| 1972 | 60-1.5 | Andrew Hutchinson | Annandale | 2010 | 167-02 | Isaiah Simmons | Woodbridge |
| 1971 | 55-5 | Andrew Hutchinson | Annandale | 2009 | 175-00 | Quintin Fortes | South Lakes |
| 1970 | 57-9 | Barty Smith | Douglas Freeman | 2008 | 168-04 | Frank Afriye | T.C. Williams |
| 1969 | 60-7.25 | Reggie Harrison | Washington-Lee | 2007 | 157-06 | Terrence Riggins | Denbigh |
| 1968 | 57-9.75 | Reggie Harrison | Washington-Lee | 2006 | 175-04 | Michael Zajac | E.C. Glass |
| 1967 | 55-8 | Dave Jones | James Madison | 2005 | 181-00 | John Cowden | Lake Braddock |
| 1966 | 58-5.75 | Gene Hutchens | Warwick | 2004 | 158-3 | Louis Corum | Westfield |
| 1965 | 58-4 | Joe Wingo | Newport News | 2003 | 174-10 | Steve Huntzinger | James Robinson |
| 1964 | 57-5.75 | Ray Austin | Churchland | 2002 | 166-0 | Steve Huntzinger | James Robinson |
| 1963 | 55-7 | Andy Bowing | E.C. Glass | 2001 | 157-5 | Andrew Kenney | Sherando |
| 1962 | 54-2.5 | Bill Jones | Douglas Freeman | 2000 | 151-7 | Mike Wanderer | Granby |
| 1961 | 56-7.5 | John Thompson | Great Bridge | 1999 | 183-2 | Marvin Urquhart | Western Branch |
| 1960 | 55-0 | Don Carroll | Newport News | 1998 | 180-10 | Nick Welihozkiy | West Springfield |
| 1959 | 58-4 | Don Carroll | Newport News | 1997 | 181-9 | Brian Kollar | First Colonial |
| 1958 | 51-10.25 | Harvey Henry | Maury | 1996 | 157-8 | Shawn Brown | E.C. Glass |
| 1957 | 53-11.5 | Lowell Vaught | Warwick | 1995 | 160-8 | Levar Bowers | Norcom |
| 1956 | 53-1 | James Dyer | Jefferson Senior | 1994 | 163-3 | Robert Hunt | Menchville |
| 1955 | 52-3 | Frank Call | Thomas Jefferson-R | 1993 | 161-0 | Jon Davlin | James Robinson |
| 1954 | 54-10 | Chris Plain | Washington-Lee | 1992 | 16-2 | Mike Washington | Great Bridge |
| 1953 | 52-1.75 | Chris Plain | Washington-Lee | 1991 | 177-9 | Tyrone Holt | Halifax County |
| 1952 | 53-7.25 | Joseph Holland | John Marshall | 1990 | 161-4 | J.T. Morris | Heritage |
| 1951 | 50-4 | Cox | E.C. Glass | 1989 | 169-10 | Mark McCall | Norcom |
| 1950 | 53-7.25 | Joseph Holland | John Marshall | 1988 | 164-4 | Carey Cash | Bayside |
| 1949 | 48-8.75 | Floyd Tyson | Thomas Jefferson-R | 1987 | 161-0 | Joe Bright | Great Bridge |
| 1948 | 50-7.25 | Kelly Hylton | Granby | 1986 | 174-11 | John Boobas | McLean |
| 1947 | 52-5 | Robert Bell | Maury | 1985 | 177-5 | Tom Huminik | Herndon |
| 1946 | 50-3.875 | Robert Bell | Maury | 1984 | 168-8 | Andrew Heck | W.T. Woodson |
| 1944 | 48-7 | Raymond Lizana | Granby | 1983 | 168-4 | Darryl Parham | Heritage |
| 1942 | 48-5.5 | H. Gregory | Maury | 1982 | 181-7 | Robert Muzzio | James Robinson |
| 1941 | 44-5 | Paul Kelly | Newport News | 1981 | 169-1 | Robert Muzzio | James Robinson |

| | | | |
|------|-----------|------------------|------------------------|
| 1980 | 164-7 | Tom Pasco | JEB Stuart |
| 1979 | 166-11 | Curtis Franklin | Woodrow Wilson |
| 1978 | 190-2 | Steve Mehr | Gar-Field |
| 1977 | 176-7 | Darryl Baugh | George Wythe |
| 1976 | 168-7 | Hunter Yancey | Albemarle |
| 1975 | 164-5 | Earl Cabbage | Robert E. Lee |
| 1974 | 166-5 | Earl Cabbage | Robert E. Lee |
| 1973 | 166-2 | Dennis Hackworth | Manchester |
| 1972 | 164-5 | Chuck Baer | W.T. Woodson |
| 1971 | 166-4.5 | Chuck Baer | W.T. Woodson |
| 1970 | 169-3 | Barty Smith | Douglas Freeman |
| 1969 | 168-3.5 | Barry White | Warwick |
| 1968 | 168-9 | Barry White | Warwick |
| 1967 | 15-5.5 | Larry Smith | Douglas Freeman |
| 1966 | 165-8.5 | Ed George | E.C. Glass |
| 1965 | 159-1 | Bill Lyons | James Madison |
| 1964 | 164-5.5 | James Bull | Newport News |
| 1963 | 164-3.5 | James Bull | Newport News |
| 1962 | 157-10 | George Edwards | Norview |
| 1961 | 160-2 | Max Taback | Warwick |
| 1960 | 158-2 | Don Carroll | Newport News |
| 1959 | 151-8 | Gary Pratt | Wilson |
| 1958 | 143-9.5 | Paul Stone | Wakefield |
| 1957 | 147-4.25 | Jack Beason | Andrew Lewis |
| 1956 | 158-2.5 | James Dyer | Jefferson Senior |
| 1955 | 149-1 | Frank Call | Thomas Jefferson-R |
| 1954 | 143-6.25 | Harold Outten | George Washington-A |
| 1953 | 136.5 | Frank Call | Thomas Jefferson-R |
| 1952 | 141.75 | R. Kauffman | Mt. Vernon |
| 1951 | 149-10.5 | Lloyd Hicks | Hampton |
| 1950 | 142-.5 | Lloyd Hicks | Hampton |
| 1949 | 132-2.375 | William Vaughan | Warwick |
| 1948 | 144.375 | Kelly Hylton | Granby |
| 1947 | 138-6.625 | Robert Bell | Mauzy |
| 1946 | 121-11 | Richard Forest | Newport News |
| 1944 | 111-4 | Raymond Lizana | Granby |
| 1942 | 125-10 | R. Newsom | Washington-Lee |
| 1941 | 118-3 | Jack Ittner | John Marshall |
| 1940 | 120-5 | Hamilton Arnall | Thomas Jefferson-R |
| 1939 | 116-11 | Charles Hagerman | John Marshall |
| 1938 | 119-11 | William James | Hampton |
| 1937 | 119-5.75 | Lee McLaughlin | John Marshall |
| 1936 | 125-0 | Paul Shu | George Washington-A |
| 1935 | 118-5 | Miller | Hampton |
| 1934 | 114-7 | Miller | Hampton |
| 1933 | 120-10.25 | James Farley | John Marshall |
| 1932 | 107-10.5 | James Farley | John Marshall |
| 1931 | 113-9 | Johnson | Mauzy |
| 1930 | 110-6.5 | Ponton | Mauzy |
| 1929 | 111-3.5 | Carter Hasse | John Marshall |
| 1928 | 116-4 | Carter Hasse | John Marshall |
| 1927 | 106-10 | Swartz | Lange |
| 1926 | 108-6.75 | Turpin | Mauzy |
| 1925 | 111-4.25 | Looney | Jefferson Senior |
| 1924 | 95-3 | Turpin | Mauzy |
| 1923 | 102-5 | Cuddy | Jefferson Senior |
| 1922 | 101-4 | Cuddy | Jefferson Senior |
| 1921 | 120-0 | Walter Bentz | Staunton Military Aca. |

| | | | |
|------|-------|-----------------|------------------------|
| 1920 | | Walter Bentz | Staunton Military Aca. |
| 1919 | 109-9 | Walter Bentz | Staunton Military Aca. |
| 1918 | 95-8 | Houser | Staunton Military Aca. |
| 1917 | 97-11 | Clifton Gleaves | Jefferson Senior |
| 1916 | 101-9 | Thomas | Episcopal |
| 1915 | 96-3 | David Matson | Roanoke |

Long Jump

| | | | |
|------|----------|--------------------|-------------------|
| 2010 | 25-08.7 | Justin Hunter | Ocean Lakes |
| 2009 | 25-03.75 | Justin Hunter | Ocean Lakes |
| 2008 | 24-07 | Wesley Smith | Oscar Smith |
| 2007 | 23-08.50 | Wesley Smith | Oscar Smith |
| 2006 | 24-09 | Corey Vinston | Phoebus |
| 2005 | 23-5.50 | Percy Harvin | Landstown |
| 2004 | 23-5.25 | Percy Harvin | Landstown |
| 2003 | 23-1.25 | Carl Hunter | Lake Braddock |
| 2002 | 23-1.75 | Chris Walker | Norview |
| 2001 | 24-1 | Jerome Mathis | Petersburg |
| 2000 | 24-1.25 | Rico Lloyd | Potomac |
| 1999 | 23-7 | Gus Schamader | Chantilly |
| 1998 | 24-5.5 | Anthony Wallace | Courtland |
| 1997 | 25-4 | Chauncey Rogers | Denbigh |
| 1996 | 24-4 | Jesse Grant | Indian River |
| 1995 | 23-8 | Daniel Edwards | Gar-Field |
| 1994 | 22-10 | Dominick Millner | William Fleming |
| 1993 | 23-9 | Atiim Barber | Cave Spring |
| 1992 | 23-1.75 | Jamael Barber | Cave Spring |
| 1991 | 23-6 | Daryl Newby | George Washington |
| 1990 | 23-9.25 | Tony Lanier | George Washington |
| 1989 | 24-3.75 | Allen Johnson | Lake Braddock |
| 1988 | 24-8 | Larry Moore | Kempsville |
| 1987 | 24-6.5 | Keith Holley | Bayside |
| 1986 | 24-1.75 | Keith Holley | Bayside |
| 1985 | 24-8.5 | Robert Majors | William Fleming |
| 1984 | 24-6 | Robert Majors | William Fleming |
| 1983 | 24-2 | Michael Cavins | William Fleming |
| 1982 | 23-5.75 | Kenny Stewart | Bethel |
| 1981 | 24-1.75 | Ricky Gilliam | Dinwiddie |
| 1980 | 23-3 | Ricky Gilliam | Dinwiddie |
| 1979 | 22-3.75 | Cornelious Cousins | Hermitage |
| 1978 | 23-7.5 | Ketter Jackson | Stafford |
| 1977 | 22-11.75 | Cornelius Redfern | Fort Hunt |
| 1976 | 23-10.5 | Darryl McCoy | William Fleming |
| 1975 | 24-1.25 | James Gardner | Albemarle |
| 1974 | 23-10.75 | Jeryl Henderson | Huguenot |
| 1973 | 23-6 | Vernon Rasberry | John Marshall |
| 1972 | 24-4 | Jackie Smith | Menchville |
| 1971 | 22-7 | Jackie Smith | Menchville |
| 1970 | 23-5.5 | Norman Williams | First Colonial |
| 1969 | 24.75 | Doug Dickinson | Newport News |
| 1968 | 23-1.25 | Clayton Deskins | Washington-Lee |
| 1967 | 23-1.75 | Doug Dickinson | Newport News |
| 1966 | 22-8.5 | Del Gardner | Washington-Lee |
| 1965 | 22-6.5 | David Asch | J.E.B. Stuart |
| 1964 | 22-4.25 | David Asch | J.E.B. Stuart |
| 1963 | 21-10 | Fred Anspach | Newport News |
| 1962 | 21-6.75 | Preston Blackwell | James Madison |
| 1961 | 22-2.5 | Mike Coles | Hampton |

| | | | |
|------|-----------|--------------------|-----------------------|
| 1960 | 22-1 | John Thomas | Washington-Lee |
| 1959 | 21-9.5 | Thomas Winingder | Granby |
| 1958 | 22-6.5 | Jack Taylor | Jefferson Senior |
| 1957 | 22-3.25 | Jonas Spiegel | Thomas Jefferson-R |
| 1956 | 21-6.25 | Jonas Spiegel | Thomas Jefferson-R |
| 1955 | 22-3.5 | Johnny McLeod | E.C. Glass |
| 1954 | 19-8.5 | William Shaal | Warwick |
| 1953 | 20-10.25 | George Riggs | Wilson |
| 1952 | 21-2.5 | Millard Thomas | Newport News |
| 1951 | 20-5.75 | Jerry Powell | E.C. Glass |
| 1950 | 21.5 | Charles Nuttycombe | Thomas Jefferson-R |
| 1949 | 20-6.25 | John Terry | Hampton |
| 1948 | 23.375 | Frank Scott | Petersburg |
| 1947 | 21-7.5 | Frank Scott | Petersburg |
| 1946 | 21-3.5 | Alfred Rosenfeld | Newport News |
| 1944 | 21-0 | Ronald Allen | Mauzy |
| 1942 | 21-7 | Robert McLearn | Thomas Jefferson-R |
| 1941 | 20-8.5 | R. Luedeka | Granby |
| | | Fred Tucker | Newport News |
| 1940 | 21.5 | Fred Tucker | Newport News |
| 1939 | 20-4.5 | Mel McClelland | Newport News |
| 1938 | 22.75 | Parr | Hopewell |
| 1937 | 21-11.75 | Benton Dodd | Newport News |
| 1936 | 23-8.875 | Benton Dodd | Newport News |
| 1935 | 20-11.625 | Woodson | Jefferson Senior |
| 1934 | 21-6.5 | Benton Dodd | Newport News |
| 1933 | 21-9.5 | Charles Spangler | Newport News |
| 1932 | 21-7.5 | Bruce Lindsey | E.C. Glass |
| 1931 | 22-7.5 | Moncure Little | Mauzy |
| 1930 | 22-6.5 | Moncure Little | Mauzy |
| 1929 | 20-11.875 | Henry Taylor | John Marshall |
| 1928 | 20-10.5 | Henry Taylor | John Marshall |
| 1927 | 19-10.5 | Draper | Jefferson Senior |
| 1926 | 21-1 | Sydney Bogness | John Marshall |
| 1925 | 19-8.5 | Sydney Bogness | John Marshall |
| | | Walker | Mauzy |
| 1924 | 19-7 | Laterneau | Charlottesville |
| 1923 | 19-11.25 | Freidberg | Mauzy |
| 1922 | 19-8 | Edwin | Mauzy |
| 1921 | | Watkins | Jefferson Senior |
| 1920 | 19-3.5 | Miller | E.C. Glass |
| 1919 | 21-0 | Ben Baker | Episcopal |
| 1918 | 20-5.5 | Jack Reinhart | Episcopal |
| 1917 | 20-0 | Baker | Woodberry Forest |
| 1916 | 22-2 | Francis Byrd | Lafayette-Norfolk Co. |
| 1915 | 21.25 | Elder | Fishburne |

High Jump

| | | | |
|------|------|------------------|----------------------|
| 2010 | 7-0 | Justin Hunter | Ocean Lakes |
| 2009 | 6-10 | Justin Hunter | Ocean Lakes |
| 2008 | 6-10 | Chris Copeland | Lakeland |
| 2007 | 6-08 | Chris Copeland | Lakeland |
| 2006 | 6-10 | Marlon Woods | Booker T. Washington |
| 2005 | 6-06 | Raphael Hall | Deep Creek |
| 2004 | 6-10 | Raphael Hall | Deep Creek |
| 2003 | 7-0 | Jerome Miller | Colonial Forge |
| 2002 | 7-3 | Keith Mofatt | Menchville |
| 2001 | 6-8 | Quentin Matthews | Deep Creek |

| | | | |
|------|---------|----------------------|------------------|
| 2000 | 7-0.25 | Quentin Matthews | Deep Creek |
| 1999 | 6-8 | Teddy Presley | Oakton |
| 1998 | 7-0 | James Carr | Courtland |
| 1997 | 6-8 | Nathaniel Clopton | Denbigh |
| 1996 | 7-0 | Doug Humphrey | West Springfield |
| 1995 | 6-7 | Doug Humphrey | West Springfield |
| 1994 | 6-8 | William Higginbottom | Hayfield |
| 1993 | 7-0 | Jason Woodard | Norview |
| 1992 | 6-6 | Jason Woodard | Norview |
| 1991 | 6-8 | Lionel Demeritt | Denbigh |
| 1990 | 6-8 | Bob Efird | First Colonial |
| 1989 | 6-11 | Allen Johnson | Lake Braddock |
| 1988 | 6-8 | Alexander Coles | Armstrong |
| 1987 | 7-1 | Alexander Coles | Armstrong |
| 1986 | 7-0.25 | Charles Charity | Warwick |
| 1985 | 6-9 | Jarrad Swann | E.C. Glass |
| 1984 | 6-10 | Steve Sayles | Denbigh |
| 1983 | 6-8 | Richard Morgan | Salem-Salem |
| 1982 | 6-9 | Jeff Ford | Princess Anne |
| 1981 | 6-10.75 | Cecil Jackson | E.C. Glass |
| 1980 | 6-10 | James Wallace | Menchville |
| 1979 | 6-6 | Scott Landers | W.T. Woodson |
| 1978 | 6-8 | Dale Davis | Hampton |
| 1977 | 6-9 | Brad Johnson | Langley |
| 1976 | 6-9 | James Dixon | John Marshall |
| 1975 | 7-0 | Donald Wilson | Kecoughtan |
| 1974 | 6-9 | Russell Davis | Woodbridge |
| 1973 | 6-5 | David Smith | Highland Springs |
| 1972 | 6-6.5 | Bruce Whitehouse | West Springfield |
| 1971 | 6-6 | Phil McGuire | Albemarle |
| 1970 | 6-2 | Scott Clark | James Madison |
| 1969 | 6-4.25 | Jimmy O'Brien | J.E.B. Stuart |
| 1968 | 6-5.75 | Myron Kostyk | Hermitage |
| 1967 | 6-4.75 | Reginald Sommers | Wakefield |
| 1966 | 6-3.75 | Reginald Sommers | Wakefield |
| 1965 | 6-3.25 | Terry Wright | Granby |
| 1964 | 6-2.25 | Lou Coleman | Wakefield |
| 1963 | 6.5 | John Bender | Wakefield |
| 1962 | 5-10.75 | John Bender | Wakefield |
| | | Vann Wilder | Wakefield |
| 1961 | 6-2 | Robert Kaiser | Warwick |
| 1960 | 6-3.5 | George Leonard | Warwick |
| 1959 | 6.75 | William Jeffries | Jefferson Senior |
| | | Marion Carroll | Cradock |
| 1958 | 6-1.5 | Jerry Gerich | Wakefield |
| 1957 | 5-11 | Jerry Gerich | Wakefield |
| 1956 | 5-10.5 | Raymond Johnson | Manchester |
| | | James Harrill | Washington-Lee |
| 1955 | 6.875 | Lewis Holder | Washington-Lee |
| 1954 | 5-10 | Don Cormack | Granby |
| | | F. Bentley | Jefferson Senior |
| | | Edward Cooke | Granby |
| 1953 | 5-9.75 | William Warren | Newport News |
| 1952 | 6-0 | Robert Lester | Hampton |
| 1951 | 6.875 | W.B. Jones | Wilson |
| | | Jim McFadden | Washington-Lee |
| 1950 | 6-0 | Wilton Lankford | Hampton |
| 1949 | 6-2.625 | Doug Mitchell | Newport News |

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|------|---------|------------------|-----------------------|
| 1948 | | Doug Mitchell | Newport News |
| 1947 | 5-11 | Jerry Garrison | Newport News |
| 1946 | 5-11 | David Mundy | Granby |
| 1944 | 5-10 | Spruill | Maury |
| 1943 | | | |
| 1942 | 5-9 | J. Fulcher | Newport News |
| | | A. Graves | Newport News |
| 1941 | 5-10 | Cotton Smith | Thomas Jefferson-R |
| 1940 | 5-10 | Ernest McDermon | Newport News |
| 1939 | 6-0 | Suter | Maury |
| 1938 | 5-9 | Fred Tucker | Newport News |
| 1937 | 5-8.75 | Benton Dodd | Newport News |
| 1936 | 6-1.6 | Benton Dodd | Newport News |
| 1935 | 6-0 | Benton Dodd | Newport News |
| 1934 | 5-8.75 | Robert Spressard | Jefferson Senior |
| 1933 | 5-9.75 | Doug Holland | John Marshall |
| 1932 | 5-8.75 | Harry Haffen | Jefferson Senior |
| 1931 | 5-10.25 | Anderson | Wilson |
| 1930 | 5-11.25 | James West | Newport News |
| 1929 | 5-6.75 | Anderson | Wilson |
| 1928 | 5-9.75 | Lemuel Mayo | Wilson |
| 1927 | 5-9.75 | Lemuel Mayo | Wilson |
| 1926 | 5-6 | Lemon | Jefferson Senior |
| 1925 | 5-6.5 | Parrish | Newport News |
| 1924 | 5-4 | Old | Maury |
| 1923 | 5-6 | Kahn | John Marshall |
| 1922 | 5-3 | Davis | Clarksville |
| 1921 | | | |
| 1920 | 5-5 | Giles Miller | E.C. Glass |
| 1919 | 5-6 | Ben Baker | Episcopal |
| 1918 | 5-5 | Williamson | Roanoke |
| 1917 | 5-5 | Duyk Kuyk | Richmond Academy |
| 1916 | 5-11.5 | Francis Byrd | Lafayette-Norfolk Co. |
| 1915 | 5-6 | David Matson | Roanoke |

Triple Jump

| | | | |
|------|----------|-------------------|------------------------|
| 2010 | 50-08.25 | Justin Hunter | Ocean Lakes |
| 2009 | 49-05.25 | David Wilson | George Washington |
| 2008 | 49-11 | David Wilson | George Washington |
| 2007 | 48-08.50 | Antonio Miller | Manchester |
| 2006 | 47-08 | Antonio Miller | Manchester |
| 2005 | 47-07 | Percy Harvin | Landstown |
| 2004 | 49-1 | Dionne McClain | Granby |
| 2003 | 47-8.25 | Reynold Smith | Forest Park |
| 2002 | 46-2.75 | Nick Crumpton | Langley |
| 2001 | 51-2.25 | Alonzo Moore | Phoebus |
| 2000 | 49-11.5 | Jason Fludd | Brooke Point |
| 1999 | 47-6.25 | Dexter Reid | Granby |
| 1998 | 48-9.75 | Emmett Johnson | Western Branch |
| 1997 | 48-3.25 | Steven Roberts | Dinwiddie |
| 1996 | 49-10 | Cleveland McClory | West Potomac |
| 1995 | 47-6.5 | Cleveland McClory | West Potomac |
| 1994 | 46-10 | Shauntae Hairston | George Washington |
| 1993 | 49-3 | Atiim Barber | Cave Spring |
| 1992 | 47-10 | Curtis Anderson | E.C. Glass |
| 1991 | 48-8.5 | Sean Archer | Thomas Jefferson-Rich. |
| 1990 | 49-4.5 | Ryan Harris | Highland Springs |
| 1989 | 48-9 | Ryan Harris | Highland Springs |
| 1988 | 49-6.75 | Larry Moore | Kempsville |

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|------|----------|-------------------|-----------------|
| 1987 | 50-5.5 | Keith Holley | Bayside |
| 1986 | 49-2 | Matt Darby | Green Run |
| 1985 | 49-10.75 | Matt Darby | Green Run |
| 1984 | 48-3 | Quincy Bethea | First Colonial |
| 1983 | 50-9.5 | Roger Bennett | Gar-Field |
| 1982 | 50-2 | Roger Bennett | Fairfax |
| 1981 | 49-5.5 | Nick Dillard | Albemarle |
| 1980 | 48-3.5 | Al Toon | Menchville |
| 1979 | 47-6.25 | Cornelius Cousins | Hermitage |
| 1978 | 48-10.75 | Cornelius Cousins | Hermitage |
| 1977 | 48-9.75 | Cornelius Cousins | Hermitage |
| 1976 | 49-2 | Joe Smith | Denbigh |
| 1975 | 49-11.5 | James Gardner | Albemarle |
| 1974 | 49-2.75 | James Gardner | Albemarle |
| 1973 | 47-8 | Dennis Hinton | Western Branch |
| 1972 | 48-10 | Dale Scott | Menchville |
| 1971 | 49-4.5 | Keith Witherspoon | Huntington |
| 1970 | 49-4.5 | Jerry Gaines | Western Branch |
| 1969 | 48-6.75 | Doug Dickinson | Newport News |
| 1968 | 46-8.5 | Clayton Deskins | Washington-Lee |
| 1967 | 46-10 | Doug Dickinson | Newport News |
| 1966 | 43-7.5 | Jim Livesay | Huguenot |
| 1965 | 44-1 | Dave Smith | Douglas Freeman |

Pole Vault

| | | | |
|------|-------|--------------------|-----------------------|
| 2010 | 15-06 | Matt Hazelgren | Stafford |
| 2009 | 15-09 | Matthew Armentrout | Deep Run |
| 2008 | 14-09 | Allen Kelly | King's Fork |
| 2007 | 15-00 | Matthew Armentrout | Deep Run |
| 2006 | 15-00 | Michael Morrison | Great Bridge |
| 2005 | 16-06 | Michael Morrison | Great Bridge |
| 2004 | 15-6 | Daniel Magness | Great Bridge |
| 2003 | 15-0 | Daniel Magness | Great Bridge |
| 2002 | 16-1 | David Sullivan | Centreville |
| 2001 | 15-4 | David Sullivan | Centreville |
| 2000 | 14-0 | David Sullivan | Centreville |
| 1999 | 14-0 | Jimmy Tran | Great Bridge |
| 1998 | 13-6 | Matt Turner | Deep Creek |
| 1997 | 15-6 | Brian Hunter | Great Bridge |
| 1996 | 14-6 | Brian Hunter | Great Bridge |
| 1995 | 14-6 | Kevin Coyne | West Springfield |
| 1994 | 14-6 | Gregory Benhase | Bayside |
| 1993 | 15-0 | Robbie Thompson | Herndon |
| 1992 | 16-0 | Lawrence Johnson | Great Bridge |
| 1991 | 15-8 | Lawrence Johnson | Great Bridge |
| 1990 | 14-6 | Tom Cooke | James Wood |
| 1989 | 15-7 | Kevin Brown | Henrico |
| 1988 | 14-3 | Ben Huggins | E.C. Glass |
| 1987 | 14-6 | Mike Hood | Bayside |
| 1986 | 14-6 | Mike Hood | Bayside |
| 1985 | 14-3 | Gary Morris | Heritage |
| 1984 | 14-0 | Jeff Scott | North Stafford |
| 1983 | 14-9 | Keith Young | Jeff./Huguenot/Wythe |
| 1982 | 14-6 | Pat Hirl | Lake Braddock |
| 1981 | 14-6 | James Green | W.T. Woodson |
| 1980 | 14-6 | Danny Thompson | Patrick Henry-Roanoke |
| 1979 | 15-3 | Danny Thompson | Patrick Henry-Roanoke |
| 1978 | 14-6 | Gene Moore | Denbigh |
| 1977 | 14-0 | Jeff Parfitt | Thomas Edison |

| | | | | | | | |
|------|----------|---------------------|--------------------|----------------------------------|----------|--------------------|------------------------|
| 1976 | 13-9 | Scott Sorenson | George Marshall | 1921 | 11-10.25 | George Stewart | Staunton Military Aca. |
| 1975 | 14-6 | Matt Blair | Ferguson | 1920 | 10-9.5 | Gray | Woodberry Forest |
| 1974 | 13-7.5 | Bob Gray | Herndon | 1919 | 10-3 | William Stephenson | Woodberry Forest |
| 1973 | 13-3 | Keith Neff | West Springfield | 1918 | 10-5 | William Stephenson | Woodberry Forest |
| 1972 | 15.5 | Kevin Meyers | Herndon | 1917 | 10-0 | Duyk Kuyk | Richmond Academy |
| 1971 | 14-0 | Kevin Meyers | Herndon | 1916 | 10-3 | Brenner | Warrenton |
| 1970 | 14-6 | Kevin Meyers | Herndon | 1915 | 9-2 | Green | Manassas |
| 1969 | 14-0 | John Whitcomb | Newport News | 110m Hurdles | | | |
| 1968 | 13-9 | Bob Lewis | Norview | 2010 | 14.64 | Vincent Wyatt | William Fleming |
| 1967 | 13-0 | David Cutler | Newport News | 2009 | 14.04 | Jeffrey Artis | Western Branch |
| 1966 | 13-3 | David Cutler | Newport News | 2008 | 14.15 | Kevin Newsome | Western Branch |
| 1965 | 14-5.25 | David Cutler | Newport News | 2007 | 14.28 | Adams Abdulrazaaq | Highland Springs |
| 1964 | 14-3 | Tom Gagner | Robert E. Lee | 2006 | 14.29 | Christopher Bell | Granby |
| 1963 | 13-6 | Terry Gallagher | Princess Anne | 2005 | 13.99 | Christopher Bell | Granby |
| 1962 | 13-9 | Steve Lowe | Warwick | 2004 | 14.31 | Christopher Bell | Granby |
| 1961 | 14-4.25 | John McCormick | Newport News | 2003 | 14.84 | Christopher Bell | Granby |
| 1960 | 12-10.75 | John McCormick | Newport News | 2002 | 14.59 | DeAndre White | Lakeland |
| 1959 | 12-0 | Davis Martin | Newport News | 2001 | 14.25 | Esteban Guzman | Nansemond River |
| | | William Hudgins | Warwick | 2000 | 13.50 | Rickey Harris | Centreville |
| | | Patrick Powers | Andrew Lewis | 1999 | 14.06 | Rickey Harris | Centreville |
| 1958 | 13-3 | James Moss | Thomas Jefferson-R | 1998 | 13.78 | Chris Crocker | Deep Creek |
| | | Jerry Tiedermann | Maury | 1997 | 14.13 | Kenny Moseley | Western Branch |
| 1957 | 11-9 | Steve Bower | Warwick | 1996 | 14.35 | Raheem Barnwell | Patrick Henry-Roanoke |
| 1956 | 11-11.25 | Steve Bower | Warwick | 1995 | 14.11 | Shawn Randall | Denbigh |
| 1955 | 11-10 | Harvey Phillips | Warwick | 1994 | 13.53 | Charles Reid | Salem-Virginia Beach |
| 1954 | 12-8.25 | Clarence Roberts | Newport News | 1993 | 14.01 | Doug Haynesworth | Potomac |
| 1953 | 11-6 | Taylor Goode | Newport News | 1992 | 14.30 | Jamael Barber | Cave Spring |
| 1952 | 12-0 | Donald Long | Newport News | 1991 | 14.51 | Ronde Barber | Cave Spring |
| 1951 | 11-6 | Donald Long | Newport News | 1990 | 14.03 | Dennis Toole | Gar-Field |
| 1950 | 11-8 | Donald Long | Newport News | 1989 | 14.02 | Derrick Henderson | Green Run |
| 1949 | 10-8 | Burleigh DeBolt | Hampton | 1988 | 14.11 | Larry Moore | Kempsville |
| 1948 | 12-5.5 | Morris Beecroft | Newport News | 1987 | 14.60 | Todd Kelly | Bethel |
| 1947 | 12-0 | Morris Beecroft | Newport News | 1986 | 14.05 | Manny Newman | Woodbridge |
| 1946 | 11-3 | Dick Reymer | Washington-Lee | 1985 | 14.31 | Walter Smith | Albemarle |
| 1944 | 11-0 | John Stoneburner | Thomas Jefferson-R | 1984 | 13.67 | Calvin Holmes | Denbigh |
| 1942 | 11-4 | Tommy Valentine | John Marshall | 1983 | 14.00 | Calvin Holmes | Denbigh |
| 1941 | 11-6 | Fred Tucker | Newport News | 1982 | 14.00 | Al Covington | George Washington |
| 1940 | 12-0 | James Bartles | Newport News | 1981 | 13.90 | Al Covington | George Washington |
| 1939 | 11-0 | James Bartles | Newport News | 1980 | 14.00 | Eric Perry | Menchville |
| 1938 | 11-0 | Clinton Moore | John Marshall | 120 yd Hurdles (36" high) | | | |
| 1937 | 12-5 | Edward Thistlewaite | Thomas Jefferson-R | 1979 | 14.1 | Eric Perry | Menchville |
| 1936 | 10-9 | Joseph Moore | John Marshall | 1978 | 14.32 | Antoine Holliman | Princess Anne |
| 1935 | 11-6 | Stuart Todd | John Marshall | 1977 | 13.9 | David Dixon | Ferguson |
| 1934 | 11-0 | Stuart Todd | John Marshall | 1976 | 13.8 | Karl Williams | George Wythe |
| 1933 | 11-3 | Alin Webster | Harrisonburg | 1975 | 13.7 | Steve Darcus | Albemarle |
| 1932 | 11-0 | Ward Akers | Jefferson Senior | 1974 | 14.0 | Mark Brown | Kecoughtan |
| 1931 | 11-0 | Hall | Altavista | 1973 | 14.2 | Mike Voight | Indian River |
| 1930 | 10-6 | James West | Newport News | 1972 | 14.6 | John Johnson | T.C. Williams |
| 1929 | 11-0 | Eddy | Jefferson Senior | 1971 | 14.5 | Charles Dobson | Bethel |
| 1928 | 10-6 | Lemuel Mayo | Wilson | 1970 | 14.4 | Mike Taliaferro | Denbigh |
| 1927 | 11-3 | Lemuel Mayo | Wilson | 1969 | 14.3 | Doug Dickinson | Newport News |
| 1926 | 10-7.5 | Yeaman | Altavista | 1968 | 14.4 | Jim Cutler | Newport News |
| 1925 | 9-8 | Sydney Boggress | John Marshall | 1967 | 14.6 | Doug Dickinson | Newport News |
| | | Gwathmey | Maury | 1966 | 14.6 | Al Kent | Douglas Freeman |
| | | Parrish | Newport News | 1965 | 14.6 | Greg Magee | York |
| 1924 | 10-0 | Titus | Leesburg | 1964 | 14.7 | Harry Patterson | Huguenot |
| 1923 | 10-4 | Montgomery | Jefferson Senior | | | | |
| 1922 | 10-0 | Carpenter | Jefferson Senior | | | | |

| | | | |
|------|------|------------------|-----------------------|
| 1963 | 14.3 | David Lewis | Douglas Freeman |
| 1962 | 15.2 | Glen Spear | Granby |
| 1961 | 15.3 | David Lewis | Douglas Freeman |
| 1960 | 14.3 | Joe McDonough | Granby |
| 1959 | 15.0 | James Williams | Andrew Lewis |
| 1958 | 14.8 | Donald Snead | Warwick |
| 1957 | 14.4 | William Johnson | Wakefield |
| 1956 | 15.1 | Jerry Saunders | Newport News |
| 1955 | 14.8 | James Starboard | Newport News |
| 1954 | 15.8 | James Thomas | Granby |
| 1953 | 15.6 | Gene Drury | George Washington-A |
| 1952 | 15.1 | Buddy Arnold | Thomas Jefferson-R |
| 1951 | 15.6 | Buddy Arnold | Thomas Jefferson-R |
| 1950 | 15.2 | Herman Gatling | Maury |
| 1949 | 15.4 | Chiles Larson | Maury |
| 1948 | 14.7 | Jack Gale | John Marshall |
| 1947 | 15.3 | Sanford White | E.C. Glass |
| 1946 | 16.0 | Buddy Sherrill | Granby |
| 1944 | 16.4 | Brock | Maury |
| 1942 | 16.2 | Clyde McAllister | John Marshall |
| 1941 | 16.3 | Robert McLearn | Thomas Jefferson-R |
| 1940 | 16.0 | Gordon Highfill | Jefferson Senior |
| 1939 | 16.1 | Gordon Highfill | Jefferson Senior |
| 1938 | 15.8 | William Burrell | George Washington-A |
| 1937 | 16.2 | Jack Moore | Maury |
| 1936 | 15.7 | Clinton Prebble | E.C. Glass |
| 1935 | 16.3 | Clinton Prebble | E.C. Glass |
| 1934 | 16.7 | Arthur Taylor | John Marshall |
| 1933 | 15.5 | William McMullin | John Marshall |
| 1932 | 17.0 | William McMullin | John Marshall |
| 1931 | 17.2 | Moncure Little | Maury |
| 1930 | 17.4 | C. Smith | Jefferson Senior |
| 1929 | 17.6 | Jason Ballou | E.C. Glass |
| 1928 | 18.2 | Roland Smith | John Marshall |
| 1927 | 17.5 | Wiley Wood | E.C. Glass |
| 1926 | 18.2 | Eddy | Jefferson Senior |
| 1925 | | Thompson | Jefferson Senior |
| 1924 | 18.4 | Major | Maury |
| 1923 | 19.6 | Montgomery | Jefferson Senior |
| 1922 | 20.4 | Hesser | Jefferson Senior |
| 1921 | | | |
| 1920 | 17.0 | Harding | Woodberry Forest |
| 1919 | 19.2 | Walter Burge | Augusta Military Aca. |
| 1918 | 17.0 | Jack Reinhart | Episcopal |
| 1917 | 19.2 | Cole | Woodberry Forest |

120 yd. (low) Hurdles

| | | | |
|------|------|---------------|----------------------|
| 1915 | 14.6 | Boswell Round | Manassas High School |
|------|------|---------------|----------------------|

300m Hurdles

| | | | |
|------|-------|--------------------|---------------------|
| 2010 | 37.83 | JaQuan Demiel | Lakeland |
| 2009 | 36.76 | Damien Thigpen | Stonewall Jackson-M |
| 2008 | 37.04 | Damien Thigpen | Stonewall Jackson-M |
| 2007 | 37.50 | Damien Thigpen | Stonewall Jackson-M |
| 2006 | 38.26 | Michael Morrison | Great Bridge |
| 2005 | 38.07 | Hamid Abdurrahman | Hampton |
| 2004 | 39.13 | Philippe Tondereau | Westfield |
| 2003 | 38.41 | Terry Thornton | Petersburg |

| | | | |
|------|-------|-------------------|----------------------|
| 2002 | 38.56 | Craig Gallimore | Lake Braddock |
| 2001 | 37.99 | Rashad Gardner | Oscar Smith |
| 2000 | 37.97 | Gemayel Hazard | Bethel |
| 1999 | 37.43 | Boyd Ouden | C.D. Hylton |
| 1998 | 37.28 | Rickey Harris | Centreville |
| 1997 | 37.23 | Derrick Blount | Hermitage |
| 1996 | 38.03 | Cleveland McClory | West Potomac |
| 1995 | 37.58 | Tony Smith | Western Branch |
| 1994 | 37.42 | Charles Reid | Salem-Virginia Beach |
| 1993 | 37.03 | Jerel Williams | Menchville |
| 1992 | 37.80 | Demond Ferguson | E.C. Glass |
| 1991 | 38.15 | Michael Cherry | Bethel |
| 1990 | 37.15 | Dennis Toole | Gar-Field |
| 1989 | 37.19 | Michael Chance | Lake Taylor |
| 1988 | 38.04 | Herschel McLemore | Woodbridge |
| 1987 | 37.41 | Eric Carroll | L.C. Bird |
| 1986 | 36.56 | William Goode | Heritage |
| 1985 | 37.98 | Curtis Ponton | Bethel |
| 1984 | 36.50 | Patrick Mann | Gar-Field |
| 1983 | 37.35 | Patrick Mann | Gar-Field |
| 1982 | 37.50 | Keith Browning | Menchville |
| 1981 | 38.10 | Ray Perry | Menchville |
| 1980 | 37.0 | Eric Perry | Menchville |

330yd Hurdles

| | | | |
|------|-------|-------------------|----------------|
| 1979 | 37.7 | Cornelius Cousins | Hermitage |
| 1978 | 37.75 | Antoine Holliman | Princess Anne |
| 1977 | 36.7 | David Washington | Bethel |
| 1976 | 37.0 | Jimmy Little | Woodbridge |
| 1975 | 37.4 | Carney Perkins | Ferguson |
| 1974 | 37.2 | Mark Blackwell | Groveton |
| 1973 | 37.5 | Rod Schlipf | Western Branch |

180yd Hurdles (Curve)

| | | | |
|------|------|--------------|---------------|
| 1972 | 19.6 | John Johnson | T.C. Williams |
|------|------|--------------|---------------|

180yd Hurdles (Straight)

| | | | |
|------|------|-------------------|---------------------|
| 1971 | 19.2 | Charles Dobson | Bethel |
| 1970 | 18.7 | Kent Merritt | Lane |
| 1969 | 18.9 | Doug Dickinson | Newport News |
| 1968 | 19.0 | Jim Cutler | Newport News |
| 1967 | 19.4 | Lathan Hill | Maury |
| 1966 | 19.7 | Dave Marsden | W.T. Woodson |
| 1965 | 19.4 | Lee Abrahamson | Ferguson |
| 1964 | 20.0 | Fella Rhodes | Great Bridge |
| 1963 | 19.2 | David Lewis | Douglas Freeman |
| 1962 | 20.6 | Buddy Bell | Hammond |
| 1961 | 20.2 | Mike Cole | Hampton |
| 1960 | 19.7 | Robert Vermillion | Hampton |
| 1959 | 20.0 | James Williams | Andrew Lewis |
| 1958 | 19.8 | Donald Snead | Warwick |
| 1957 | 19.6 | Donald Snead | Warwick |
| 1956 | 20.1 | Keith Hardwick | Thomas Jefferson-R |
| 1955 | 19.7 | James Starboard | Newport News |
| 1954 | 20.7 | Gene Drury | George Washington-A |
| 1953 | 20.3 | L. Duncan | George Washington-A |
| 1952 | 19.8 | Buddy Arnold | Thomas Jefferson-R |
| 1951 | 20.5 | Buddy Arnold | Thomas Jefferson-R |
| 1950 | 20.4 | Percy Blackburn | John Marshall |

| | | | |
|------|------|-----------------|---------------------|
| 1949 | 23.4 | Bob Gorjup | Hampton |
| 1948 | 22.7 | Jack Gale | John Marshall |
| 1947 | 23.4 | Edward Harris | John Marshall |
| 1946 | 25.4 | Robert Haskins | Newport News |
| 1944 | 30.2 | Brock | Maury |
| 1942 | 25.0 | Robert McLearn | Thomas Jefferson-R |
| 1941 | 25.8 | Robert McLearn | Thomas Jefferson-R |
| 1940 | 25.6 | H. Groome | Hampton |
| 1939 | 26.1 | Gordon Highfill | Jefferson Senior |
| 1938 | 25.4 | William Burrell | George Washington-A |
| 1937 | 25.1 | Jack Moore | Maury |
| 1936 | 24.5 | Jack Moore | Maury |
| 1935 | 26.5 | Clinton Prebble | E.C. Glass |
| 1934 | 25.5 | Herbert Hudgins | Maury |
| 1933 | 24.9 | Duncan Hawley | John Marshall |
| 1932 | 27.0 | John Johnston | Jefferson Senior |
| 1931 | 27.0 | Moncure Little | Maury |
| 1930 | 27.3 | Moncure Little | Maury |
| 1929 | 28.4 | Robinette | Maury |
| 1928 | 27.6 | Robinette | Maury |
| 1927 | 27.2 | Carson | Wilson |
| 1926 | 27.0 | H.G. Robinson | Maury |
| 1925 | 27.8 | Thompson | Jefferson Senior |
| 1924 | 28.8 | Thompson | Jefferson Senior |
| 1923 | 28.7 | Montgomery | Jefferson Senior |
| 1922 | 29.4 | Updegraff | Maury |
| 1921 | 26.8 | Yarbrough | Woodberry Forest |
| 1920 | 27.2 | Schenk | Woodberry Forest |
| 1919 | 29.8 | Harding | Woodberry Forest |
| 1918 | 27.0 | Jack Reinhart | Episcopal |
| 1917 | 27.8 | John Core | John Marshall |
| 1916 | 27.8 | Case | John Marshall |

100m Dash

| | | | |
|------|-------|----------------------|------------------------|
| 2010 | 10.66 | Darrell Wesh | Landstown |
| 2009 | 10.65 | Dejor Simmons | Green Run |
| 2008 | 10.81 | Torry Womack | Western Branch |
| 2007 | 10.78 | Isiah Gyasi | I.C. Norcom |
| 2006 | 10.51 | Charles Clark | Bayside |
| 2005 | 10.69 | Percy Harvin | Landstown |
| 2004 | 10.47 | Lashawn Merritt | Woodrow Wilson |
| 2003 | 10.78 | Isaac Madison | Bayside |
| 2002 | 10.88 | Charles Cox | Kempsville |
| 2001 | 10.87 | Jerome Mathis | Petersburg |
| 2000 | 10.55 | Rico Lloyd | Potomac |
| 1999 | 10.86 | Michael Newell | Potomac |
| 1998 | 10.75 | Christopher Deshazor | George Washington |
| 1997 | 10.66 | Mike Newell | Potomac |
| 1996 | 10.78 | Kwar Adu-Gyamfi | Herndon |
| 1995 | 10.74 | Ian Winston | Hayfield |
| 1994 | 10.74 | Ian Winston | Hayfield |
| 1993 | 10.88 | Anthony Holley | T.C. Williams |
| 1992 | 10.90 | Mustapha Jinadu | Thomas Jefferson-Rich. |
| 1991 | 10.89 | Tony Wheeler | Kecoughtan |
| 1990 | 10.68 | Durmin Marshall | James Robinson |
| 1989 | 10.51 | Rodney Bridges | T.C. Williams |
| 1988 | 10.73 | Randall Evans | Kempsville |
| 1987 | 10.60 | Andre Cason | Green Run |
| 1986 | 10.67 | Andre Cason | Green Run |

| | | | |
|------|-------|----------------|----------------------|
| 1985 | 10.59 | Robert Foster | Denbigh |
| 1984 | 10.58 | Tony Ragunas | Menchville |
| 1983 | 10.85 | Martin Smith | Jeff./Huguenot/Wythe |
| 1982 | 10.50 | Martin Smith | Jeff./Huguenot/Wythe |
| 1981 | 10.60 | Alfonso Stith | Petersburg |
| 1980 | 10.60 | Curtis Riddick | First Colonial |

100yd Dash

| | | | |
|------|------|------------------|---------------------|
| 1979 | 9.9 | Rocky Belk | Fort Hunt |
| 1978 | 9.74 | Eric Brown | Bethel |
| 1977 | 9.4 | Jesse Williams | Princess Anne |
| 1976 | 9.9 | Mike Keys | Charlottesville |
| 1975 | 9.5 | Ronnie Harris | Albemarle |
| 1974 | 9.8 | Robert Franklin | William Fleming |
| 1973 | 9.9 | Lee Dowell | Albemarle |
| 1972 | 9.9 | Barney Cobb | John Marshall |
| 1971 | 9.8 | Barney Cobb | John Marshall |
| 1970 | 9.8 | Kent Merritt | Lane |
| 1969 | 9.6 | Kent Merritt | Lane |
| 1968 | 10.0 | Kent Merritt | Lane |
| 1967 | 9.9 | Mike Fratkin | Douglas Freeman |
| 1966 | 9.6 | Mike Fratkin | Douglas Freeman |
| 1965 | 10.1 | Billy Schrodning | Newport News |
| 1964 | 10.1 | Ronnie Spruill | Norview |
| 1963 | 10.1 | Ronnie Spruill | Norview |
| 1962 | 10.0 | Ronnie Spruill | Norview |
| 1961 | 10.0 | Mike Cole | Hampton |
| 1960 | 10.0 | John Ball | Wakefield |
| 1959 | 10.3 | John Zwerner | Wakefield |
| 1958 | 10.3 | Robert Sher | Wilson |
| 1957 | 9.9 | Jonas Spiegel | Thomas Jefferson-R |
| 1956 | 9.9 | Jonas Spiegel | Thomas Jefferson-R |
| 1955 | 10.3 | Robert Sher | Wilson |
| 1954 | 10.7 | Charles Holt | Norview |
| 1953 | 10.5 | George Riggs | Wilson |
| 1952 | 10.1 | Mickey Riggs | Cradock |
| 1951 | 10.7 | Jerry Powell | E.C. Glass |
| 1950 | 10.4 | Stuart McGowan | Washington-Lee |
| 1949 | 10.2 | Malcolm Byrd | Washington-Lee |
| 1948 | 10.1 | Frank Scott | Petersburg |
| 1947 | 10.4 | Edward Harris | John Marshall |
| 1946 | 10.0 | Frank Rosenfeld | Newport News |
| 1944 | 10.4 | Ronald Allen | Maury |
| 1942 | 10.2 | C. Saylor | Newport News |
| 1941 | 10.0 | Courtney Renshaw | George Washington-A |
| 1940 | 10.3 | G. Routten | Hampton |
| 1939 | 10.4 | Paul McMullin | John Marshall |
| 1938 | 10.2 | Humley Diffendal | E.C. Glass |
| 1937 | 10.1 | Benton Dodd | Newport News |
| 1936 | 10.0 | Benton Dodd | Newport News |
| 1935 | 10.0 | William Hopkins | John Marshall |
| 1934 | 10.2 | William Hopkins | John Marshall |
| 1933 | 10.1 | John Johnston | Jefferson Senior |
| 1932 | 10.1 | Ernest Pritchard | Maury |
| 1931 | 10.5 | Moncure Little | Maury |
| 1930 | 10.3 | Tarrall | Maury |
| 1929 | 10.6 | Draper | Jefferson Senior |
| 1928 | 10.6 | Oppenheimer | John Marshall |

| | | | |
|------|------|-----------------|------------------|
| 1927 | 10.5 | Draper | Jefferson Senior |
| 1926 | 10.5 | Sydney Boggress | John Marshall |
| 1925 | 10.5 | Sydney Boggress | John Marshall |
| 1924 | 10.6 | Tinsley | Jefferson Senior |
| 1923 | 10.4 | Cuddy | Jefferson Senior |
| 1922 | 10.8 | Cuddy | Jefferson Senior |
| 1921 | | Watkins | Jefferson Senior |
| 1920 | 10.6 | Owens | Wilson |
| 1919 | 11.0 | Ben Baker | Episcopal |
| 1918 | 10.6 | Simon Seward | Episcopal |
| 1917 | 11.0 | Hancock | Fork Union |
| 1916 | 10.2 | Strubbin | Episcopal |
| 1915 | 10.0 | McCall | Woodberry Forest |

200m Dash

| | | | |
|------|-------|----------------------|------------------------------|
| 2010 | 21.33 | Darrell Wesh | Landstown |
| 2009 | 21.68 | James Taylor | Nansemond River |
| 2008 | 21.59 | Torry Womack | Western Branch |
| 2007 | 21.47 | Sean Holston | R.E. Lee-Springfield |
| 2006 | 21.47 | Charles Clark | Bayside |
| 2005 | 21.59 | Percy Harvin | Landstown |
| 2004 | 21.13 | Lashawn Merritt | Woodrow Wilson |
| 2003 | 21.79 | Isaac Madison | Bayside |
| 2002 | 22.18 | Charles Cox | Kempsville |
| 2001 | 21.68 | Jerome Mathis | Petersburg |
| 2000 | 21.35 | Rickey Harris | Centreville |
| 1999 | 21.87 | Rico Lloyd | Potomac |
| 1998 | 21.70 | Christopher Deshazor | George Washington |
| 1997 | 22.23 | Roscoe Coles | Salem-Virginia Beach |
| 1996 | 21.74 | Sevend Mason | Green Run |
| 1995 | 21.81 | Ian Winston | Hayfield |
| 1994 | 21.22 | Ian Winston | Hayfield |
| 1993 | 21.65 | Anthony Holley | T.C. Williams |
| 1992 | 21.90 | Cory Doxey | Norview |
| 1991 | 21.57 | Daryl Newby | George Washington |
| 1990 | 21.30 | Tyrone Turpin | Heritage |
| 1989 | 21.47 | Rodney Bridges | T.C. Williams |
| 1988 | 21.59 | Aaron Merriweather | Petersburg |
| 1987 | 21.00 | Kerry Wooden | Warwick |
| 1986 | 21.24 | Andre Cason | Green Run |
| 1985 | 21.60 | Robert Foster | Denbigh |
| 1984 | 21.37 | Zach Dortch | Bethel |
| 1983 | 21.78 | Martin Smith | Jefferson/Huguenot/ Wythe |
| 1982 | 21.90 | Brian Banks | Gar-Field |
| 1981 | 21.80 | Donald Pitt | Booker T. Washington |
| 1980 | 20.90 | Curtis Riddick | First Colonial |

220yd Dash (Curve)

| | | | |
|------|-------|---------------|-----------|
| 1979 | 21.6 | Mark Mial | Fort Hunt |
| 1978 | 21.39 | Eric Brown | Bethel |
| 1977 | 21.1 | Eric Brown | Bethel |
| 1976 | 21.6 | Gerald Marcus | Ferguson |
| 1975 | 21.0 | Ronnie Harris | Albemarle |
| 1974 | 21.3 | Ronnie Harris | Albemarle |
| 1973 | 22.0 | Lee Dowell | Albemarle |
| 1972 | 21.6 | Ronnie Ray | Ferguson |

220yd Dash (Straight)

| | | | |
|------|------|-------------|---------------|
| 1971 | 21.9 | Barney Cobb | John Marshall |
|------|------|-------------|---------------|

| | | | |
|------|-------|------------------|---------------------|
| 1970 | 21.6 | Charles Dobson | Bethel |
| 1969 | 21.3 | Kent Merritt | Lane |
| 1968 | 21.5 | Mike Canzonieri | Robert E. Lee |
| 1967 | 21.1 | Mike Fratkin | Douglas Freeman |
| 1966 | 21.3 | Mike Fratkin | Douglas Freeman |
| 1965 | 21.6 | Billy Schrodning | Newport News |
| 1964 | 21.4 | Fred Anspach | Newport News |
| 1963 | 22.3 | Fred Anspach | Newport News |
| 1962 | 22.2 | Ronnie Spruill | Norview |
| 1961 | 22.2 | Mike Cole | Hampton |
| 1960 | 21.8 | Gene Duncan | Newport News |
| 1959 | 22.5 | John Zwerner | Wakefield |
| 1958 | 22.4 | Robert Sher | Wilson |
| 1957 | 21.4 | Jonas Spiegall | Thomas Jefferson-R |
| 1956 | 21.95 | Jonas Spiegall | Thomas Jefferson-R |
| 1955 | 22.2 | Howard Moss | Thomas Jefferson-R |
| 1954 | 23.2 | Charles Holt | Norview |
| 1953 | 23.7 | J. Ingfalsen | Washington-Lee |
| 1952 | 22.9 | James Henderson | Wilson |
| 1951 | 23.0 | Maury White | Cradock |
| 1950 | 23.2 | Malcolm Byrd | Washington-Lee |
| 1949 | 22.2 | Malcolm Byrd | Washington-Lee |
| 1948 | 22.2 | Frank Scott | Petersburg |
| 1947 | 23.0 | Rex Johnson | Washington-Lee |
| 1946 | 22.7 | Frank Rosenfeld | Newport News |
| 1944 | 24.0 | Ronald Allen | Maury |
| 1942 | 22.6 | L. Sanford | Newport News |
| 1941 | 22.4 | Courtney Renshaw | George Washington-A |
| 1940 | 22.9 | William Hargrave | Thomas Jefferson-R |
| 1939 | 23.4 | Floyd McKenna | E.C. Glass |
| 1938 | 22.9 | Brown | Maury |
| 1937 | 25.1 | Jack Moore | Maury |
| 1936 | 22.1 | Benton Dodd | Newport News |
| 1935 | 22.0 | William Hopkins | John Marshall |
| 1934 | 22.5 | William Hopkins | John Marshall |
| 1933 | 22.0 | John Johnston | Jefferson Senior |
| 1932 | 22.9 | John Johnston | Jefferson Senior |
| 1931 | 22.7 | Dinsmore Scruggs | E.C. Glass |
| 1930 | 23.1 | Tarrall | Maury |
| 1929 | 23.4 | Draper | Jefferson Senior |
| 1928 | 23.4 | Oppenheimer | John Marshall |
| 1927 | 23.4 | Powell | Wilson |
| 1926 | 22.4 | H.G. Robinson | Maury |
| 1925 | 24.0 | Mirmelstein | Newport News |
| 1924 | 22.8 | H.G. Robinson | Maury |
| 1923 | 22.9 | Cuddy | Jefferson Senior |
| 1922 | 24.0 | Cuddy | Jefferson Senior |
| 1921 | | Watkins | Jefferson Senior |
| 1920 | 23.6 | Owens | Wilson |
| 1919 | 24.0 | Ben Baker | Episcopal |
| 1918 | 23.4 | Simon Seward | Episcopal |
| 1917 | 22.6 | Hancock | Fork Union |
| 1916 | 23.2 | Strubbin | Episcopal |
| 1915 | 23.2 | McCall | Woodberry Forest |

400m Dash

| | | | |
|------|-------|----------------|-----------------|
| 2010 | 47.10 | Justin Burke | First Colonial |
| 2009 | 47.12 | James Taylor | Nansemond River |
| 2008 | 47.60 | Javell Bullard | Bethel |

| | | | | | | | |
|-------------------|-------|-------------------|----------------------|-----------------|---------|------------------|----------------------|
| 2007 | 47.47 | Sean Holston | R.E. Lee-Springfield | 1950 | 51.1 | Stuart McCowan | Washington-Lee |
| 2006 | 47.21 | Charles Clark | Bayside | 1949 | 51.2 | Eddie Fowler | Washington-Lee |
| 2005 | 48.26 | Quentin Moore | Deep Creek | 1948 | 51.0 | Robert Parrish | John Marshall |
| 2004 | 47.69 | Lashawn Merritt | Woodrow Wilson | 1947 | 51.5 | Robert Parrish | John Marshall |
| 2003 | 48.04 | Lashawn Merritt | Woodrow Wilson | 1946 | 52.2 | Lyle Snidow | Thomas Jefferson-R |
| 2002 | 48.98 | Marcus Satchell | Bethel | 1944 | 53.6 | Norris | Lane |
| 2001 | 47.74 | Domonich Richmond | Bethel | 1942 | 51.2 | H. Walton | Jefferson Senior |
| 2000 | 46.21 | Rickey Harris | Centreville | 1941 | 51.1 | B. Cato | Maury |
| 1999 | 47.64 | Rickey Harris | Centreville | 1940 | 51.8 | Edgar Thacker | John Marshall |
| 1998 | 48.30 | Lawrence Ward | Western Branch | 1939 | 55.2 | William Lugar | Thomas Jefferson-R |
| 1997 | 47.86 | Robert Hamilton | Douglas Freeman | 1938 | 51.1 | Brown | Maury |
| 1996 | 48.63 | Robert Hamilton | Douglas Freeman | 1937 | 53.8 | Pritchard | Hopewell |
| 1995 | 48.28 | Shaun Ricks | Menchville | 1936 | 52.9 | Roy Carter | Newport News |
| 1994 | 48.29 | Shaun Ricks | Menchville | 1935 | 51.0 | Roy Carter | Newport News |
| 1993 | 48.11 | Shelby Crawley | Meadowbrook | 1934 | 52.1 | Benton Dodd | Newport News |
| 1992 | 48.70 | Brad Meade | Centreville | 1933 | 50.8 | Williard Gresham | Newport News |
| 1991 | 47.60 | Michael Lacy | Lake Braddock | 1932 | 52.3 | Platt Bullard | John Marshall |
| 1990 | 47.43 | Charles Cook | Menchville | 1931 | 52.0 | Platt Bullard | John Marshall |
| 1989 | 47.73 | Johnny Davenport | Deep Creek | 1930 | 52.9 | Platt Bullard | John Marshall |
| 1988 | 46.99 | Kerry Wooden | Warwick | 1929 | 51.2 | Maury Gatewood | John Marshall |
| 1987 | 46.25 | Kerry Wooden | Warwick | 1928 | 54.0 | Maury Gatewood | John Marshall |
| 1986 | 48.10 | Kerry Wooden | Warwick | 1927 | 53.4 | Spears | Wilson |
| 1985 | 48.10 | Michael Wooden | Bethel | 1926 | 50.1 | H.G. Robinson | Maury |
| 1984 | 47.29 | Byron Moyer | William Fleming | 1925 | 53.2 | Holtzclaw | Hampton |
| 1983 | 47.59 | Ronald Coleman | Denbigh | 1924 | 53.2 | Leitch | Charlottesville |
| 1982 | 47.30 | Ronald Coleman | Denbigh | 1923 | 56.9 | Garrett | Fredricksburg |
| 1981 | 47.10 | Johnny Epps | Maury | 1922 | 55.8 | Phillips | Scottsville |
| 1980 | 47.50 | Joe Miller | Gar-Field | 1921 | | | |
| 440yd Dash | | | | 1920 | 55.5 | William Deitrick | Maury |
| 1979 | 48.7 | Steve Henderson | George Washington-D | 1919 | 55.0 | Ben Baker | Episcopal |
| 1978 | 47.97 | Willie Smith | Warwick | 1918 | 52.4 | Ben Baker | Episcopal |
| 1977 | 47.2 | Darryl Patterson | Bethel | 1917 | 54.2 | Lynch | Eastern College |
| 1976 | 48.2 | Sandy Lawrence | Indian River | 1916 | 54.4 | Haywood | Episcopal |
| 1975 | 47.0 | Ronnie Harris | Albemarle | 1915 | 53.6 | Lynch | Manassas |
| 1974 | 48.2 | Sandy Lawrence | Indian River | 800m Run | | | |
| 1973 | 48.5 | Ronnie Harris | Albemarle | 2010 | 1:53.07 | Brandon Burton | Woodside |
| 1972 | 45.8 | Ronnie Ray | Ferguson | 2009 | 1:55.16 | Zachary Vrhovac | Albemarle |
| 1971 | 49.1 | Everett Browning | Huntington | 2008 | 1:54.07 | Eric Hoepker | Battlefield |
| 1970 | 49.2 | Alfonso Blackley | Kecoughtan | 2007 | 1:53.98 | Mathew Anderson | West |
| 1969 | 49.0 | Walter Cooke | George Wythe | 2006 | 1:54.51 | Alex Bowman | Hermitage |
| 1968 | 49.3 | Bob Knox | Virginia | 2005 | 1:54.63 | Thuom Mathiang | J.R. Tucker |
| 1967 | 49.0 | John Morris | E.C. Glass | 2004 | 1:55.97 | Brian Fussell | Hayfield |
| 1966 | 49.4 | Bruce Wint | Washington-Lee | 2003 | 1:54.39 | Alex Tatu | Thomas Dale |
| 1965 | 49.0 | William Schroding | Newport News | 2002 | 1:52.06 | Richard Smith | South Lakes |
| 1964 | 49.0 | Fred Anspach | Newport News | 2001 | 1:47.74 | Alan Webb | South Lakes |
| 1963 | 48.8 | Fred Anspach | Newport News | 2000 | 1:53.81 | Curtis Parker | Woodside |
| 1962 | 49.9 | Fred Anspach | Newport News | 1999 | 1:56.24 | Juan Person | Mt. Vernon |
| 1961 | 50.4 | Bill Jenkins | Great Bridge | 1998 | 1:54.33 | Andrew MacLeod | Oakton |
| 1960 | 49.0 | James Patillo | Norview | 1997 | 1:49.61 | Sharif Karie | West Springfield |
| 1959 | 50.7 | James Patillo | Norview | 1996 | 1:53.82 | James Vasak | Thomas Jefferson S&T |
| 1958 | 50.7 | Mike Turner | Washington-Lee | 1995 | 1:49.90 | Seneca Lassiter | Lafayette |
| 1957 | 50.8 | Durman Arrington | Granby | 1994 | 1:53.77 | Michael Brown | Salem-Virginia Beach |
| 1956 | 49.9 | Charles Chalkley | Wakefield | 1993 | 1:52.89 | Alfonso Mitchell | Hampton |
| 1955 | 50.7 | Lee Calhoun | Washington-Le | 1992 | 1:57.89 | Marcus Luck | George Washington |
| 1954 | 54.5 | B. Garwood | Lane | 1991 | 1:53.10 | Steve Johnson | Menchville |
| 1953 | 52.1 | Donnie Jacques | Hampton | 1990 | 1:52.62 | Steve Johnson | Menchville |
| 1952 | 51.9 | J. Curry | Wilson | 1989 | 1:55.70 | Joe King | Norview |
| 1951 | 51.7 | Ashton Violette | Newport News | | | | |

| | | | |
|------|---------|------------------|------------------------------|
| 1988 | 1:53.70 | Rodney Smith | E.C. Glass |
| 1987 | 1:54.96 | Rodney Smith | E.C. Glass |
| 1986 | 1:54.29 | Rudy Wilkins | Menchville |
| 1985 | 1:53.43 | Michael Johnson | Petersburg |
| 1984 | 1:50.34 | Cedric Matterson | T.C. Williams |
| 1983 | 1:53.17 | Michael Davila | Langley |
| 1982 | 1:54.3 | Ed Thornton | Menchville |
| 1981 | 1:52.1 | Kelly Whitehurst | Bayside |
| 1980 | 1:51.6 | Cullen Mattox | Jefferson/Huguenot/ Wythe |

880yd Run

| | | | |
|------|---------|-------------------|---------------------|
| 1979 | 1:57.0 | Melvin Johnson | Hermitage |
| 1978 | 1:53.58 | Cullen Mattox | Thomas Jefferson-R |
| 1977 | 1:52.8 | Raymond McDaniels | Cox |
| 1976 | 1:52.2 | Clifton Perry | Menchville |
| 1975 | 1:51.3 | Clifton Perry | Menchville |
| 1974 | 1:54.9 | Brian Rhinehart | Cox |
| 1973 | 1:53.1 | Willie Mason | York |
| 1972 | 1:55.6 | Steve Muck | Mt. Vernon |
| 1971 | 1:54.2 | Craig Talley | T.C. Williams |
| 1970 | 1:53.1 | Allan Sharrett | Langley |
| 1969 | 1:55.2 | Haynes Lund | George Wythe |
| 1968 | 1:53.2 | John Averett | E.C. Glass |
| 1967 | 1:57.0 | Vince Little | Maury |
| 1966 | 1:56.5 | Siguard Lee | McLean |
| 1965 | 1:57.0 | Wayne Futrell | Warwick |
| 1964 | 1:56.3 | Steve Washburn | Falls Church |
| 1963 | 1:56.0 | Terry Donnelly | Washington-Lee |
| 1962 | 1:56.0 | Jimmy Johnson | Norview |
| 1961 | 1:59.6 | Bob Blankenbaker | Annandale |
| 1960 | 1:58.7 | Joseph Duggan | Douglas Freeman |
| 1959 | 1:58.5 | John Irby | Douglas Freeman |
| 1958 | 1:56.4 | David Peltz | Newport News |
| 1957 | 1:59.2 | Joseph Grammer | Wakefield |
| 1956 | 1:59.2 | Joseph Grammer | Wakefield |
| 1955 | 2:01.8 | D. Brown | George Washington-A |
| 1954 | 2:06.2 | J. Hort | Washington-Lee |
| 1953 | 2:05.2 | J. Carter | Jefferson Senior |
| 1952 | 2:03.9 | J. Draper | Lane |
| 1951 | 2:07.0 | Smith | Andrew Lewis |
| 1950 | 2:04.0 | George Parsons | Thomas Jefferson-R |
| 1949 | 2:03.6 | Phil Levy | Newport News |
| 1948 | 1:57.0 | Robert Jones | George Washington-A |
| 1947 | 1:58.2 | Robert Jones | George Washington-A |
| 1946 | 2:03.1 | Clarence Roy | Granby |
| 1944 | 2:15.8 | Cousins | Maury |
| 1942 | 2:02.8 | G. Rector | Fairfax |
| 1941 | 2:07.2 | Alvin Smith | Jefferson Senior |
| 1940 | 2:05.6 | Alvin Smith | Jefferson Senior |
| 1939 | 2:07.2 | Weston | Jefferson Senior |
| 1938 | 2:05.2 | Bernard Stinson | Newport News |
| 1937 | 2:05.6 | Bernard Stinson | Newport News |
| 1936 | 2:05.6 | Fred Hardy | John Marshall |
| 1935 | 2:02.6 | Joseph Marcotte | E.C. Glass |
| 1934 | 2:05.1 | Fred Hardy | John Marshall |
| 1933 | 2:01.0 | Willard Gresham | Newport News |
| 1932 | 2:00.4 | Platt Bullard | John Marshall |
| 1931 | 2:00.2 | Platt Bullard | John Marshall |
| 1930 | 2:06.6 | Platt Bullard | John Marshall |

| | | | |
|------|--------|-----------------|------------------------|
| 1929 | 2:09.5 | Maury Gatewood | John Marshall |
| 1928 | 2:10.0 | Rudd | Maury |
| 1927 | 2:07.9 | Slaydon | Newport News |
| 1926 | 2:05.6 | Campbell | Maury |
| 1925 | 2:07.9 | Robert Mitchell | John Marshall |
| 1924 | 2:03.6 | Nininger | Jefferson Senior |
| 1923 | 2:08.2 | Garland Sharp | John Marshall |
| 1922 | 2:13.4 | Preston | Jefferson Senior |
| 1921 | | | |
| 1920 | | Smyser | Staunton Military Aca. |
| 1919 | 2:16.4 | Smyser | Staunton Military Aca. |
| 1918 | 2:07.2 | Kinlock Yellott | Episcopal |
| 1917 | 2:15.4 | Cochran | Augusta Military Ac. |
| 1916 | 2:08.4 | Carroll | Woodberry Forest |
| 1915 | 2:14.6 | Fitzsimmons | Woodberry Forest |

1600m Run

| | | | |
|------|---------|-------------------|------------------------------|
| 2010 | 4:11.37 | Drew Paisley | Ocean Lakes |
| 2009 | 4:10.03 | Thomas Porter | Mountain View |
| 2008 | 4:13.38 | Joe LoRusso | Oakton |
| 2007 | 4:15.78 | Eddie Judge | Frank Cox |
| 2006 | 4:15.26 | Daniel Leyh | Colonial Forge |
| 2005 | 4:13.85 | Micheal Chapa | J.R. Tucker |
| 2004 | 4:13.39 | Christo Landry | Thomas Jefferson S&T |
| 2003 | 4:19.41 | Alex Tatu | Thomas Dale |
| 2002 | 4:15.15 | Alex Tatu | Thomas Dale |
| 2001 | 4:13.67 | Matt Maline | Oakton |
| 2000 | 4:19.77 | Alan Webb | South Lakes |
| 1999 | 4:11.43 | Alan Webb | South Lakes |
| 1998 | 4:15.57 | Pat Conway | West Springfield |
| 1997 | 4:05.38 | Sharif Karie | West Springfield |
| 1996 | 4:14.21 | Sharif Karie | West Sprigfield |
| 1995 | 4:08.85 | Sharif Karie | West Springfield |
| 1994 | 4:08.76 | Seneca Lassiter | Lafayette |
| 1993 | 4:16.91 | James Collins | Chantilly |
| 1992 | 4:22.50 | Jon Hunt | Princess Anne |
| 1991 | 4:16.7 | Roy Borden | Hayfield |
| 1990 | 4:14.44 | Joe King | Norview |
| 1989 | 4:17.9 | Eddie Antoine | Green Run |
| 1988 | 4:14.76 | Brad Baker | Lake Braddock |
| 1987 | 4:12.97 | Barry Maroney | Monacan |
| 1986 | 4:12.97 | Nicky Embrey | North Stafford |
| 1985 | 4:16.19 | Bill Boatwright | Annandale |
| 1984 | 4:13.83 | David Swann | James Robinson |
| 1983 | 4:14.09 | Bernard Thomas | E.C. Glass |
| 1982 | 4:16.1 | Mark Anderson | Manor |
| 1981 | 4:17.8 | Eric Fredericksen | Henrico |
| 1980 | 4:12.3 | Cullen Mattox | Jefferson/Huguenot/ Wythe |

Mile Run

| | | | |
|------|---------|-------------------|-------------------|
| 1979 | 4:13.3 | Mike Mansey | T.C. Williams |
| 1978 | 4:13.59 | Chuck Wimberly | Thomas Edison |
| 1977 | 4:11.8 | Raymond McDaniels | Cox |
| 1976 | 4:16.6 | Matt Smith | Fort Hunt |
| 1975 | 4:11.6 | Mike Ellington | Ferguson |
| 1974 | 4:12.3 | Walt Jachimowicz | Gar-Field |
| 1973 | 4:11.1 | Richard Schwartz | E.C. Glass |
| 1972 | 4:10.1 | James Vogt | Stonewall Jackson |

| | | | |
|---|--------|----------------------|-----------------------|
| 1971 | 4:19.8 | James Vogt | Stonewall Jackson |
| 1970 | 4:17.7 | Steve Nobles | West Springfield |
| 1969 | 4:21.0 | Horace Hawkins | Cradock |
| 1968 | 4:23.1 | Eric O'Neill | Huguenot |
| 1967 | 4:21.3 | Clyde Goode | George Wythe |
| 1966 | 4:16.5 | Ben Wilson | Hermitage |
| 1965 | 4:21.1 | Herb Daniel | George Wythe |
| 1964 | 4:23.4 | Greg Camp | McLean |
| 1963 | 4:23.2 | Terry Donnelly | Washington-Lee |
| 1962 | 4:22.9 | Jimmy Johnson | Norview |
| 1961 | 4:30.4 | Addison Higginbotham | E.C. Glass |
| 1960 | 4:30.7 | Frank Brown | Warwick |
| 1959 | 4:29.9 | John Garten | George Washington-A |
| 1958 | 4:29.8 | Virgil Meares | Newport News |
| 1957 | 4:26.3 | Frank Colavita | Washington-Lee |
| 1956 | 4:34.2 | Samuel Ellis | Fairfax |
| 1955 | 4:37.1 | James Outen | Lane |
| 1954 | 4:47.9 | Norman Williams | Thomas Jefferson-R |
| 1953 | 4:40.3 | Thomas Weymouth | Newport News |
| 1952 | 4:37.2 | V. Theide | Washington-Lee |
| 1951 | 4:48.5 | Jack Sanford | John Marshall |
| 1950 | 4:43.8 | Jack Sanford | John Marshall |
| 1949 | 4:26.5 | Robert Jones | George Washington-A |
| 1948 | 4:37.4 | Lee Early | John Marshall |
| 1947 | 4:47.8 | Stewart Anderson | George Washington-A |
| 1946 | 4:40.2 | Penny | Newport News |
| 1944 | 4:36.8 | Cousins | Mauzy |
| 1942 | 4:42.2 | A. Glass | George Washington-A |
| 1941 | 4:43.9 | Alvin Smith | Jefferson Senior |
| 1940 | 4:42.8 | Alvin Smith | Jefferson Senior |
| 1939 | 4:41.7 | Phillip Thomas | Thomas Jefferson-R |
| 1938 | 4:39.8 | Bernard Stinson | Newport News |
| 1937 | 4:38.0 | Bernard Stinson | Newport News |
| 1936 | 4:33.3 | Fred Hardy | John Marshall |
| 1926-1935 Class A High Schools did not run the mile as an event in the state meet | | | |
| 1925 | 4:47.0 | Gresham | Newport News |
| 1924 | 4:51.0 | Nininger | Jefferson Senior |
| 1923 | 4:58.0 | Nininger | Jefferson Senior |
| 1922 | 4:55.4 | Duiguid | Jefferson Senior |
| 1921 | | | |
| 1920 | 4:53.2 | Howard Jackson | E.C. Glass |
| 1919 | 5:11.0 | Christian | Virginia Episcopal |
| 1918 | 5:01.8 | Weaver | Augusta Military Aca. |
| 1917 | 5:12.6 | Pace | Woodberry Forest |
| 1916 | 4:55.0 | Wharton | John Marshall |
| 1915 | 4:59.2 | Fitzsimmons | Woodberry Forest |

3200m Run

| | | | |
|------|---------|-------------------|----------------------|
| 2010 | 9:08.43 | Christopher Foley | Chantilly |
| 2009 | 9:06.28 | Ben DeJarnette | Atlee |
| 2008 | 9:17.46 | Jason Witt | Midlothian |
| 2007 | 9:18.03 | Mike Spooner | West Springfield |
| 2006 | 9:19.80 | Mike Spooner | West Springfield |
| 2005 | 9:27.33 | Jason Vick | Oakton |
| 2004 | 9:13.74 | Christo Landry | Thomas Jefferson S&T |
| 2003 | 9:33.43 | Steve Hoogland | Lake Braddock |
| 2002 | 9:13.61 | Matt Keally | Ocean Lakes |
| 2001 | 9:17.93 | Matt Keally | Ocean Lakes |
| 2000 | 9:32.88 | Austin Smith | Midlothian |

| | | | |
|------|---------|--------------------|----------------------|
| 1999 | 9:17.13 | Jacob Frey | Oakton |
| 1998 | 9:34.63 | Alan Webb | South Lakes |
| 1997 | 9:12.94 | Eric Post | Chantilly |
| 1996 | 9:12.54 | Eric Kweder | Thomas Edison |
| 1995 | 9:12.50 | Sharif Karie | West Springfield |
| 1994 | 9:26.31 | Seneca Lassiter | Lafayette |
| 1993 | 9:31.50 | Samuel Gahremariam | T.C. Williams |
| 1992 | 9:24.70 | Tony Sawyer | Denbigh |
| 1991 | 9:27.8 | Tony Sawyer | Denbigh |
| 1990 | 9:26.9 | Mayura Bolollagama | George Marshall |
| 1989 | 9:35.1 | Andre Williams | Amherst County |
| 1988 | 9:24.55 | Travis Walter | Franklin County |
| 1987 | 9:28.2 | Jeff Pajack | Annandale |
| 1986 | 9:26.31 | Desmond Proctor | J.R. Tucker |
| 1985 | 9:32.85 | David Ryan | Kempsville |
| 1984 | 9:22.11 | John Stein | Woodbridge |
| 1983 | 9:21.67 | Shannon McCarter | Stonewall Jackson-M. |
| 1982 | 9:17.0 | Rick Clarke | Kempsville |
| 1981 | 9:22.7 | Danny Usher | Douglas Freeman |
| 1980 | 9:01.4 | Dwight Stephens | T.C. Williams |

Two Mile Run

| | | | |
|------|---------|------------------|-----------------|
| 1979 | 8:56.0 | Jim Hill | Oakton |
| 1978 | 9:17.39 | Jim Hill | Oakton |
| 1977 | 9:18.1 | Jim Hill | Oakton |
| 1976 | 9:08.8 | Pete Tatro | Fort Hunt |
| 1975 | 9:13.1 | George Watts | Thomas Edison |
| 1974 | 8:59.6 | George Watts | Thomas Edison |
| 1973 | 9:14.7 | George Watts | Thomas Edison |
| 1972 | 9:06.8 | Chris Tulou | Mauzy |
| 1971 | 9:17.2 | Scott Eden | Douglas Freeman |
| 1970 | 9:27.8 | Scott Eden | Douglas Freeman |
| 1969 | 9:34.4 | Irvin Lyerly | Newport News |
| 1968 | 9:35.9 | Nathan Boettcher | Lee-Davis |
| 1967 | 9:36.8 | Fred Guest | Tucker |
| 1966 | 9:20.2 | Fred Guest | Tucker |
| 1965 | 9:39.2 | Tom Morris | Warwick |

400m Relay (4x100)

| | | |
|------|-------|-----------------|
| 2010 | 41.63 | Landstown |
| 2009 | 42.21 | Western Branch |
| 2008 | 41.77 | Nansemond River |
| 2007 | 41.52 | I.C. Norcom |
| 2006 | 42.62 | Manchester |
| 2005 | 42.06 | Landstown |
| 2004 | 42.03 | Deep Creek |
| 2003 | 42.42 | Bayside |
| 2002 | 41.98 | Lakeland |
| 2001 | 41.60 | Deep Creek |
| 2000 | 42.01 | Deep Creek |
| 1999 | 41.36 | Potomac |
| 1998 | 41.75 | William Fleming |
| 1997 | 42.14 | Western Branch |
| 1996 | 41.92 | Green Run |
| 1995 | 41.63 | Green Run |
| 1994 | 41.60 | Green Run |
| 1993 | 41.70 | T.C. Williams |
| 1992 | 42.80 | Green Run |
| 1991 | 42.23 | Kecoughtan |

| | | |
|------|-------|-------------------|
| 1990 | 41.86 | George Washington |
| 1989 | 42.28 | Bayside |
| 1988 | 42.08 | T.C. Williams |
| 1987 | 41.60 | Green Run |
| 1986 | 41.85 | Green Run |
| 1985 | 41.57 | Ferguson |

1600m Relay (4x400)

| | | |
|------|---------|--------------------------|
| 2010 | 3:20.61 | Oscar Smith |
| 2009 | 3:18.52 | West Potomac |
| 2008 | 3:15.71 | Bethel |
| 2007 | 3:15.75 | Western Branch |
| 2006 | 3:20.27 | Bethel |
| 2005 | 3:21.13 | Potomac |
| 2004 | 3:21.52 | Deep Creek |
| 2003 | 3:18.31 | Deep Creek |
| 2002 | 3:17.29 | Deep Creek |
| 2001 | 3:16:81 | Bethel |
| 2000 | 3:14.66 | Heritage-Newport News |
| 1999 | 3:18.25 | C.D. Hylton |
| 1998 | 3:17.07 | Heritage-Newport News |
| 1997 | 3:17.52 | Heritage-Newport News |
| 1996 | 3:18.03 | Hampton |
| 1995 | 3:15.54 | Hampton |
| 1994 | 3:16.97 | Hampton |
| 1993 | 3:20.28 | Denbigh |
| 1992 | 3:21.60 | T.C. Williams |
| 1991 | 3:18.6 | George Washington |
| 1990 | 3:14.26 | Menchville |
| 1989 | 3:18.20 | Maury |
| 1988 | 3:17.84 | Denbigh |
| 1987 | 3:16.74 | Menchville |
| 1986 | 3:16.71 | Lake Braddock |
| 1985 | 3:16.76 | Bethel |
| 1984 | 3:14.23 | Bethel |
| 1983 | 3:14.15 | Marshall/Walker |
| 1982 | 3:16.7 | T.C. Williams |
| 1981 | 3:15.6 | Maury |
| 1980 | 3:16.4 | Jefferson/Huguenot/Wythe |

Mile Relay

| | | |
|------|---------|-------------------------------|
| 1979 | 3:16.2 | Menchville |
| 1978 | 3:15.98 | Hampton |
| 1977 | 3:15.1 | Bethel |
| 1976 | 3:14.5 | Hampton |
| 1975 | 3:20.6 | Lafayette |
| 1974 | 3:17.3 | Ferguson |
| 1973 | 3:19.9 | Bethel |
| 1972 | 3:17.7 | Ferguson |
| 1971 | 3:17.9 | Huntington |
| 1970 | 3:21.2 | E.C. Glass |
| 1969 | 3:21.2 | Carver |
| 1968 | 3:21.5 | E.C. Glass |
| 1967 | 3:21.6 | E.C. Glass |
| 1966 | 3:23.8 | Washington-Lee |
| 1965 | 3:24.8 | Wakefield and Douglas Freeman |
| 1964 | 3:28.0 | Newport News |
| 1963 | 3:24.0 | Hammond |

| | | |
|------|--------|--------------------|
| 1962 | 3:25.4 | Hampton |
| 1961 | 3:27.9 | Douglas Freeman |
| 1960 | 3:28.5 | Washington-Lee |
| 1959 | 3:30.3 | Norview |
| 1958 | 3:30.9 | Washington-Lee |
| 1957 | 3:29.0 | Newport News |
| 1956 | 3:30.1 | Granby |
| 1955 | 3:32.5 | Washington-Lee |
| 1954 | 3:41.1 | Norview |
| 1953 | 3:31.0 | Washington-Lee |
| 1952 | 3:36.5 | Lane |
| 1951 | 3:40.3 | E.C. Glass |
| 1950 | 3:36.2 | Newport News |
| 1949 | 3:34.8 | Washington-Lee |
| 1948 | 3:29.0 | Washington-Lee |
| 1947 | 3:39.5 | Wilson |
| 1946 | 3:36.2 | Thomas Jefferson-R |
| 1944 | | Thomas Jefferson-R |
| 1942 | 3:37.2 | Jefferson Senior |
| 1941 | 3:34.1 | Maury |
| 1940 | 3:32.5 | Hampton |
| 1939 | 3:40.6 | Hampton |
| 1938 | 3:36.6 | Thomas Jefferson-R |
| 1937 | 3:37.2 | Hopewell |
| 1936 | 3:32.7 | Newport News |
| 1935 | 3:34.5 | John Marshall |
| 1934 | 3:35.8 | Newport News |
| 1933 | 3:27.5 | John Marshall |
| 1932 | 3:42.0 | Jefferson Senior |
| 1931 | 3:36.2 | John Marshall |
| 1930 | 3:38.8 | John Marshall |
| 1929 | 3:41.0 | John Marshall |
| 1928 | 3:52.6 | Maury |
| 1927 | 3:36.5 | Wilson |
| 1926 | 3:38.4 | E.C. Glass |
| 1925 | 3:39.2 | John Marshall |
| 1924 | 3:49.4 | John Marshall |
| 1923 | 3:47.0 | John Marshall |
| 1922 | 3:38.4 | Jefferson Senior |
| 1921 | 3:45.0 | Jefferson Senior |
| 1920 | 3:42.6 | E.C. Glass |
| 1919 | | E.C. Glass |
| 1918 | 3:59.6 | Jefferson Senior |
| 1917 | 3:52.0 | Jefferson Senior |
| 1916 | | John Marshall |
| 1915 | 3:47.0 | Woodberry Forest |

3200m Relay (4x800)

| | | |
|------|---------|----------------|
| 2010 | 7:49.09 | Western Branch |
| 2009 | 7:55.48 | Albemarle |
| 2008 | 7:49.55 | Albemarle |
| 2007 | 7:53.87 | Forest Park |
| 2006 | 7:46.81 | Colonial Forge |
| 2005 | 7:49.89 | Herndon |
| 2004 | 7:58.39 | Westfield |
| 2003 | 7:42.39 | Midlothian |
| 2002 | 7:53.09 | South Lakes |
| 2001 | 7:53.75 | Lake Braddock |
| 2000 | 7:49.85 | South Lakes |

| | | |
|------|---------|------------------|
| 1999 | 7:50.74 | T.C. Williams |
| 1998 | 7:50.59 | Hayfield |
| 1997 | 7:51.26 | Hayfield |
| 1996 | 7:58.01 | West Springfield |
| 1995 | 7:46.83 | Menchville |
| 1994 | 7:48.87 | James Madison |
| 1993 | 7:52.90 | Lafayette |
| 1992 | 8:02.80 | West Springfield |
| 1991 | 7:56.2 | T.C. Williams |
| 1990 | 7:48.6 | T.C. Williams |
| 1989 | 7:52.56 | T.C. Williams |

Individual Champions

AA

Shot Put

| | | | |
|------|----------|---------------------|------------------|
| 2010 | 53-06 | Brandon Sparrow | Liberty-Bedford |
| 2009 | 55-02 | Jake Kroko | James Monroe |
| 2008 | 54-02 | Justin Smith | Turner Ashby |
| 2007 | 57-07.50 | Erik Kuster | Liberty-Bedford |
| 2006 | 55-08.50 | Jarrod Burton | Tazewell |
| 2005 | 56-02 | Jordon Purvis | Waynesboro |
| 2004 | 55-11.5 | Nathan Turner | Spotswood |
| 2003 | 50-11 | Charlie Porterfield | Lee |
| 2002 | 51-7 | Britton Williams | Graham |
| 2001 | 55-10 | Willie Walker | Greensville Co. |
| 2000 | 53-5 | Willie Walker | Greensville Co. |
| 1999 | 53-3 | Josh Young | Spotswood |
| 1998 | 53-5 | Todd Bradley | York |
| 1997 | 55-4 | Chad Beasley | Gate City |
| 1996 | 53-3.25 | Derrick Hull | Liberty-Bealeton |
| 1995 | 57.25 | Dillon Taylor | Spotswood |
| 1994 | 58-4.25 | Dillon Taylor | Spotswood |
| 1993 | 56-2 | Dillon Taylor | Spotswood |
| 1992 | 58-5 | Perry Gaskins | Loudon Valley |
| 1991 | 54-11 | Seth McGuffin | Waynesboro |
| 1990 | 58-1.75 | Kenneth Ford | Southampton |
| 1989 | 58-8.5 | Kenneth Ford | Southampton |
| 1988 | 56-3.5 | Tony Shifflett | Waynesboro |
| 1987 | 55-8 | Donald Jones | William Campbell |
| 1986 | 60-3.75 | Ray Barnett | Spotsylvania |
| 1985 | 56-7 | Donald Jones | William Campbell |
| 1984 | 58-8.25 | Tim Goad | Patrick County |
| 1983 | 53-9 | Crobert Durrett | Waynesboro |
| 1982 | 54-4.5 | Tom Malloy | Broad Run |
| 1981 | 57-6 | Milton Franklin | Virginia |
| 1980 | 55-11 | John Blackwell | Waynesboro |
| 1972 | 53-8 | Fred Garst | Turner Ashby |

Discus

| | | | |
|------|--------|----------------|------------------|
| 2010 | 177-03 | Kyle Fortney | Fauquier |
| 2009 | 167.00 | Omar Omokodian | Briar Woods |
| 2008 | 152-00 | Rueben Shanks | Warren County |
| 2007 | 179-00 | Erik Kuster | Liberty-Bedford |
| 2006 | 164-01 | Brian Roof | Liberty, Bealton |
| 2005 | 165-06 | Kevin Boggs | Warren County |
| 2004 | 168-03 | Jason Cook | Brentsville |
| 2003 | 155-8 | Kalani Heppe | Liberty-Bealeton |

| | | | |
|------|---------|------------------|--------------------|
| 2002 | 150-2 | Bryant Garrett | Staunton River |
| 2001 | 155-11 | Willie Walker | Greensville Co. |
| 2000 | 159-8 | Samuel McKinney | Salem |
| 1999 | 149-11 | Jeff Papirtis | Loudon Co. |
| 1998 | 150-4 | Jake Housewright | Gate City |
| 1997 | 176-3 | Chad Beasley | Gate City |
| 1996 | 158-6 | Richard Griffin | James Monroe |
| 1995 | 173-3 | Dillon Taylor | Spotswood |
| 1994 | 160-4 | Dhata Harris | Loudon Co. |
| 1993 | 152-11 | James Robinson | Handley |
| 1992 | 159-10 | Gerald Smith | Western Albemarle |
| 1991 | 161-0 | Jared Jamlin | Blacksburg |
| 1990 | 150-8 | Darius Boles | Handley |
| 1989 | 166-9 | Matthew Eckstein | York |
| 1988 | 152-3 | Edward Birchett | Sussex |
| 1987 | 157-3 | Donald Jones | William Campbell |
| 1986 | 166-3 | Ray Barnett | Spotsylvania |
| 1985 | 162-8 | John Farmer | Louisa |
| 1984 | 162-6 | Jeff Saylor | Park View-Sterling |
| 1983 | 157-0 | Dave Choiniere | Loudoun Valley |
| 1982 | 163-9 | Gene Thomas | Waynesboro |
| 1981 | 162-10 | Milton Franklin | Virginia |
| 1980 | 158-6 | John Blackwell | Waynesboro |
| 1972 | 155-1.5 | Mike Heatwole | Turner Ashby |

Long Jump

| | | | |
|------|----------|---------------------|--------------------|
| 2010 | 21-08.75 | Jaquan Dickson | James Monroe |
| 2009 | 22-09 | Alex Owah | Harrisonburg |
| 2008 | 21-01.75 | Eric Watts | Powhatan |
| 2007 | 22-00.00 | Brandon Banks | Courtland |
| 2006 | 23-01.75 | Robert Colman | Caroline |
| 2005 | 22-10.25 | Wayne Ferguson | Heritage-Lynchburg |
| 2004 | 23-00.75 | Mijuan Curtin | William Fleming |
| 2003 | 23-3 | Tim Jackson | Courtland |
| 2002 | 23-2.5 | Brandon Via | Magna Vista |
| 2001 | 22-6.25 | Chris Carter | Orange Co. |
| 2000 | 23-4 | Anthony Martin | Spotswood |
| 1999 | 23-7.75 | Chad Wilson | Laurel Park |
| 1998 | 23-7 | Shaun Talley | Park View-Sterling |
| 1997 | 23-9 | Jarrett Ferguson | Staunton River |
| 1996 | 23-0 | Larry Carter | Christiansburg |
| 1995 | 23-2.5 | Arthur Alexander | Charlottesville |
| 1994 | 22-10.5 | Cordell Green | Nelson Co. |
| 1993 | 23-5 | William White | Charlottesville |
| 1992 | 22-6.5 | Russell Hunter | Louisa Co. |
| 1991 | 22-6 | Aaron Shirkey | Turner Ashby |
| 1990 | 22-4.5 | Broderick Bonds | William Byrd |
| 1989 | 22-10 | James Robertson | Chatham |
| 1988 | 23-8.5 | Eric Bates | James Monroe |
| 1987 | 23-0.5 | Frank Parrott | Bruton |
| 1986 | 23-4.75 | Danyell Meriweather | Meadowbrook |
| 1985 | 22-11.75 | Terrence Warren | Kennedy |
| 1984 | 23-4 | Gregory Roundtree | Kennedy |
| 1983 | 24-2 | D.D. Manns | Bassett |
| 1982 | 24-8.25 | D.D. Manns | Bassett |
| 1981 | 23-3.5 | Denny Brinkley | John Yeates |
| 1980 | 23-1.25 | Ronald Humes | Orange |
| 1972 | 22-2.75 | Sylvester Robinson | Loudoun County |

High Jump

| | | | |
|------|--------|-----------------|-----------------------|
| 2010 | 6-06 | Tyler Davis | Magna Vista |
| 2009 | 6-08 | Travis Hudson | Christiansburg |
| 2008 | 6-06 | Justin Jackson | Charlottesville |
| 2007 | 6-07 | Tony Brown | Brunswick Sr. |
| 2006 | 6-05 | Jeff Edwards | Broad Run |
| 2005 | 6-08 | Maurice Hall | Gretna |
| 2004 | 6-6 | Joseph Owens | Warren Co. |
| 2003 | 6-10 | Adam Linkenauer | Lord Botetourt |
| 2002 | 6-10 | Adam Linkenauer | Lord Botetourt |
| 2001 | 6-10 | Bryan Morgan | Spotsylvania |
| 2000 | 6-6 | Mike Riso | Monticello |
| 1999 | 6-10 | Gary Buchanan | Lee |
| 1998 | 6-6 | Luke Orman | Jefferson Forest |
| 1997 | 6-7 | Mike Kirby | Fauquier |
| 1996 | 6-7 | Kevin Marshall | Liberty-Bealeton |
| 1995 | 6-8 | William Vaughn | Lee |
| 1994 | 6-7 | Cordell Green | Nelson Co. |
| 1993 | 6-6 | Eric Payton | Handley |
| 1992 | 6-7 | Mark Smith | Handley |
| 1991 | 7-1 | Elonga Hicks | Franklin |
| 1990 | 6-7 | Brian Burke | Northside |
| 1989 | 6-3 | Bobby Tonker | Charlottesville |
| 1988 | 6-11 | James Cockram | Patrick Co. |
| 1987 | 6-11.5 | James Cockram | Patrick Co. |
| 1986 | 6-8 | Avery Howard | Loudon Valley |
| 1985 | 6-6 | Mike Nelson | Thomas Dale |
| 1984 | 6-7 | Jvon Carter | Martinsville |
| 1983 | 6-6 | Kurt Sebacher | York |
| 1982 | 6-7 | George Ward | King George |
| 1981 | 6-10 | Chris Vest | Poquoson |
| 1980 | 6-8 | Greg Holthausen | Fieldale-Collinsville |
| 1972 | 6-0 | Curtis Hagwood | Patrick County |

Triple Jump

| | | | |
|------|----------|-------------------|----------------------|
| 2010 | 46-09 | Wesley Gates | Staunton River |
| 2009 | 46-00 | Cornell Jones | Smithfield |
| 2008 | 45-05 | Ethan Nixon | Brookville |
| 2007 | 45-11.75 | Garrick Piggott | Lafayette |
| 2006 | 46-08.25 | Wayne Ferguson | Heritage, Lynchburg |
| 2005 | 47-04.75 | Dak Taylor-Watson | Lafayette |
| 2004 | 45-8.75 | Dakari Watson | Lafayette |
| 2003 | 48-7 | Idikoro Eradiri | Broad Run |
| 2002 | 48-1 | Lawrence Waller | Tunstall |
| 2001 | 45-7 | Lawrence Waller | Tunstall |
| 2000 | 48-5.75 | Anthony Johnson | Charlottesville |
| 1999 | 47-10.25 | Anthony Johnson | Charlottesville |
| 1998 | 49-0 | Shaun Talley | Park View-South Hill |
| 1997 | 50-8 | Shaun Talley | Park View-South Hill |
| 1996 | 47-7 | James Mills | Charlottesville |
| 1995 | 46-5 | Arthur Alexander | Charlottesville |
| 1994 | 49-4.75 | William White | Charlottesville |
| 1993 | 49-2 | Adrian Sensabaugh | Virginia |
| 1992 | 46-4.25 | Dustin Buckley | Caroline |
| 1991 | 47-10 | John Citizen | Tabb |
| 1990 | 47-2.5 | Keith Jefferson | Matoaca |
| 1989 | 47-6.75 | Kevin Childs | Louisa |
| 1988 | 49-3.5 | John Fullen | Patrick Henry |

| | | | |
|------|---------|-----------------|-------------------|
| 1987 | 49-5.5 | John Fullen | Patrick Henry |
| 1986 | 47-11 | Mike Stuart | Patrick Henry |
| 1985 | 46-7 | Mike Stuart | Patrick Henry |
| 1984 | 46-2.75 | Bryant Johnson | Patrick Henry |
| 1983 | 46-6 | Donald Snell | Radford |
| 1982 | 47-1.5 | William Tillery | Western Albemarle |
| 1981 | 47-8 | William Tillery | Western Albemarle |
| 1980 | 47-6.5 | Glen Foster | Patrick Henry |
| 1972 | 45-3.25 | Don Dickens | Radford |

Pole Vault

| | | | |
|------|----------|-------------------|--------------------|
| 2010 | 15-02 | Josh Drablos | Jefferson Forest |
| 2009 | 15-01.50 | Andrew Epperson | Brookville |
| 2008 | 14-03 | Nick Durante | Jamestown |
| 2007 | 14-09.00 | Tim Beierle | Harrisonburg |
| 2006 | 14-09 | Tim Belerie | Harrisonburg |
| 2005 | 15-01 | Caleb Stuart | Lafayette |
| 2004 | 13-9 | Anthony Pavia | Jefferson Forest |
| 2003 | 13-6 | Chris Smith | Spotswood |
| 2002 | 14-0 | Adam Wright | Turner Ashby |
| 2001 | 14-9 | Thomas Batson | Tabb |
| 2000 | 15-0 | J.B. Rossen | Spotswood |
| 1999 | 14-6.75 | Matthew Care | Rustburg |
| 1998 | 13-0 | Jeremy Wright | Turner Ashby |
| 1997 | 14-0 | Jason Abbott | Poquoson |
| 1996 | 13-6 | Rodney Kirby | Western Albemarle |
| 1995 | 14-0 | Erik Raynes | Spotswood |
| 1994 | 13-6 | Matthew Misno | Altavista |
| 1993 | 14-0 | Matthew Hall | Turner Ashby |
| 1992 | 13-3 | Joseph Wooten | William Campbell |
| 1990 | 12-3 | Stephen Pettyjohn | Western Albemarle |
| 1989 | 12-6 | Ben Price | Harrisonburg |
| 1988 | 14-6 | Ken Wright | Park View-Sterling |
| 1987 | 14-3 | Ken Wright | Park View-Sterling |
| 1986 | 14-5 | Ed Zuraw | Park View-Sterling |
| 1985 | 14-0 | Patrick Phillips | Blacksburg |
| 1984 | 14-0 | Irvin Grant | Warren County |
| 1983 | 14-0 | Bob Harper | Park View-Sterling |
| 1982 | 13-6 | Billy Sayre | Waynesboro |
| 1981 | 14-3 | Jim Shotwell | Spotsylvania |
| 1980 | 14-3.75 | Keith Arington | Patrick Henry |
| 1972 | 13-0 | Johnny Vaughn | Matoaca |

110m Hurdles

| | | | |
|------|-------|------------------|-------------------|
| 2010 | 14.44 | Chris Dobbins | Christiansburg |
| 2009 | 14.59 | Dante Davis | Louisa County |
| 2008 | 14.78 | Ethan Nixon | Brookville |
| 2007 | 14.59 | Ethan Nixon | Brookville |
| 2006 | 14.32 | Keith Gaines | Salem |
| 2005 | 14.49 | Les Bradley | Heritage-Leesburg |
| 2004 | 14.61 | Robert Blackwell | Dan River |
| 2003 | 14.40 | Marco Gatson | Bruton |
| 2002 | 14.71 | Onrea Jones | Bruton |
| 2001 | 14.73 | Seann Chambers | Handley |
| 2000 | 14.91 | Frederic Tarver | Fluvanna Co. |
| 1999 | 14.37 | Dwight Norris | King George |
| 1998 | 14.22 | Jarrett Hagwood | Laurel Park |
| 1997 | 14.32 | Jarrett Hagwood | Laurel Park |

| | | | |
|------|-------|------------------|----------------|
| 1996 | 14.55 | Kevin Walker | Appomattox Co. |
| 1995 | 14.33 | Kevin Walker | Appomattox Co. |
| 1994 | 14.90 | Kevin Walker | Appomattox Co. |
| 1993 | 14.51 | Eric Payton | Handley |
| 1992 | 14.55 | Fred Miles | Greensville |
| 1991 | 14.4 | Kirk Wynne | Bruton |
| 1990 | 14.7 | Kirk Wynne | Bruton |
| 1989 | 14.2 | Chris Hairston | Tunstall |
| 1988 | 14.7 | Adrian Brown | Greensville |
| 1987 | 14.2 | David Dickinson | George Wythe |
| 1986 | 14.6 | David Fleming | Clover Hill |
| 1985 | 14.4 | Jeff Hairston | Martinsville |
| 1984 | 14.6 | Garry Thomas | Spotsylvania |
| 1983 | 14.7 | Malcolm Manning | Sussex Central |
| 1982 | 14.2 | Jeff Wingo | Blacksburg |
| 1981 | 14.2 | Linwood Carroll | Lloyd Bird |
| 1980 | 14.3 | Malcolm Hairston | Bassett |

120yd High Hurdles

| | | | |
|------|------|--------------|---------|
| 1972 | 14.7 | Don Leighton | Radford |
|------|------|--------------|---------|

180yd Low Hurdles

| | | | |
|------|------|---------------|--------------|
| 1972 | 20.2 | Herbert Reece | Harrisonburg |
|------|------|---------------|--------------|

300m Hurdles

| | | | |
|------|-------|-------------------|--------------------|
| 2010 | 38.61 | Scott Campbell | Salem-Salem |
| 2009 | 39.52 | Joseph Villanueva | Salem-Salem |
| 2008 | 39.22 | Brenton Parham | Millbrook |
| 2007 | 38.71 | Brett Olinger | Broadway |
| 2006 | 39.62 | Brett Olinger | Broadway |
| 2005 | 39.10 | Brandt Hicks | William Fleming |
| 2004 | 40.12 | Colin Weiman | Millbrook |
| 2003 | 38.09 | Nelson Dawson | Heritage-Lynchburg |
| 2002 | 39.15 | Onrea Jones | Bruton |
| 2001 | 39.36 | Jamie McMillian | Nottoway |
| 2000 | 39.63 | Frederic Tarver | Fluvanna Co. |
| 1999 | 38.02 | Dwight Norris | King George |
| 1998 | 38.20 | Jarrett Hagwood | Laurel Park |
| 1997 | 39.08 | Jarrett Hagwood | Laurel Park |
| 1996 | 38.76 | Kevin Walker | Appomattox Co. |
| 1995 | 38.77 | Kevin Walker | Appomattox Co. |
| 1994 | 38.93 | Kevin Walker | Appomattox Co. |
| 1993 | 38.70 | Gavin McKelvey | Park View |
| 1992 | 39.04 | Fred Miles | Greensville |
| 1991 | 38.80 | Brek Hall | Courtland |
| 1990 | 39.40 | Andy Bell | Park View-Sterling |
| 1989 | 38.10 | Tirreil Tucker | Brunswick |
| 1988 | 39.60 | Chris Hairston | Tunstall |
| 1987 | 38.90 | Tirrell Tucker | Brunswick |
| 1986 | 38.90 | David Fleming | Clover Hill |
| 1985 | 38.00 | Mike Franklin | Graham |
| 1984 | 38.8 | Shawn O'Connell | Western Albemarle |
| 1983 | 39.4 | Donald Snell | Radford |
| 1982 | 38.6 | Jeff Wingo | Blacksburg |
| 1981 | 37.5 | Thomas Barker | Caroline |
| 1980 | 38.1 | Malcolm Hairston | Bassett |

100m Dash

| | | | |
|------|-------|------------|-------------|
| 2010 | 11.15 | Joe Walton | King George |
|------|-------|------------|-------------|

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| | | | |
|------|-------|-------------------|-----------------|
| 2009 | 11.04 | Alex Owha | Harrisonburg |
| 2008 | 11.20 | Kevin Pearson | Orange County |
| 2007 | 10.98 | Roderick Spruel | Chancellor |
| 2006 | 10.92 | Justin Stith | Nottoway |
| 2005 | 10.76 | Brandon Dillard | Bassett |
| 2004 | 10.58 | Mike Coleman | Broad Run |
| 2003 | 11.00 | Reuben Jones | Charlottesville |
| 2002 | 10.89 | Michael Lewis | Greensville |
| 2001 | 10.80 | Derome Boxley | King George |
| 2000 | 10.87 | Wilbur Hargrove | Bluestone |
| 1999 | 10.82 | Wilbur Hargrove | Bluestone |
| 1998 | 10.95 | Mike Batson | Fauquier |
| 1997 | 10.97 | Mike Washington | Tabb |
| 1996 | 11.02 | Milton Byard | Graham |
| 1995 | 10.94 | Cory Poindexter | Dan River |
| 1994 | 11.04 | Derrick Bell | Charlottesville |
| 1993 | 11.12 | Keith Moyer | Salem |
| 1992 | 10.80 | Jermaine Thurston | Charlottesville |
| 1991 | 10.7 | Jermaine Thurston | Charlottesville |
| 1990 | 10.9 | Kelly Hawkins | Tabb |
| 1989 | 10.8 | Kelly Hawkins | Tabb |
| 1988 | 10.4 | Terrence Warren | Kennedy |
| 1987 | 10.4 | Terrence Warren | Kennedy |
| 1986 | 10.9 | Steve Shanks | Culpeper |
| 1985 | 10.9 | Michael Colbert | Lexington |
| 1984 | 10.9 | Willie Ingram | Martinsville |
| 1983 | 11.0 | Curtis Turner | Brookville |
| 1982 | 10.4 | Leroy Delk | Smithfield |
| 1981 | 10.7 | Jeff Couch | Midlothian |
| 1980 | 10.7 | Leroy Delk | Smithfield |

100yd Dash

| | | | |
|------|------|----------------|-----------|
| 1972 | 10.0 | Jim Macheras | Lexington |
| 1971 | | Peter Macheras | Lexington |

200m Dash

| | | | |
|------|-------|-------------------|----------------------|
| 2010 | 22.12 | Jaquan Dickson | James Monroe |
| 2009 | 21.78 | Alex Owha | Harrisonburg |
| 2008 | 22.88 | Andre Wanzer | Brentsville District |
| 2007 | 22.38 | Ronquis Posey | Brunswick Sr. |
| 2006 | 21.45 | Rashad Kelso | Appomattox |
| 2005 | 21.92 | Brandon Dillard | Bassett |
| 2004 | 21.55 | Mike Coleman | Broad Run |
| 2003 | 22.12 | Reuben Jones | Charlottesville |
| 2002 | 22.09 | Shamar Clary | Park View |
| 2001 | 21.96 | Derrick Harvey | Appomattox Co. |
| 2000 | 22.04 | Michael Lewis | Greensville |
| 1999 | 22.13 | Chad Wilson | Laurel Park |
| 1998 | 22.25 | Mike Batson | Fauquier |
| 1997 | 21.93 | Mike Washington | Tabb |
| 1996 | 22.01 | Melvin Faulk | Lakeland |
| 1995 | 22.13 | Travis Hawkins | Nelson Co. |
| 1994 | 22.22 | Reginald Trotter | Brunswick |
| 1993 | 22.45 | Victor Freeman | Caroline |
| 1992 | 21.92 | Jermaine Thurston | Charlottesville |
| 1991 | 21.7 | Chris Bradford | Tabb |
| 1990 | 21.6 | Thomas Hill | Western Albemarle |
| 1989 | 22.0 | Kermit Brown | Matoaca |
| 1988 | 21.2 | Terrence Warren | Kennedy |

| | | | | | | | |
|-------------------|---------|--------------------|----------------------|------------------|---------|-------------------|-------------------|
| 1987 | 21.1 | Terrence Warren | Kennedy | 2000 | 1:55.26 | Jeremy Cadle | Western Albemarle |
| 1986 | 22.2 | Scott Rice | Tabb | 1999 | 1:58.86 | Kurt Hein | York |
| 1985 | 22.0 | Chris Booker | Buckingham | 1998 | 1:54.89 | Joe Hembrook | Loudoun Co. |
| 1984 | 21.8 | Brian West | L.C. Bird | 1997 | 1:56.27 | James Connelly | James Wood |
| 1983 | 22.2 | Julian Anderson | Louisa | 1996 | 1:57.34 | James Connelly | James Wood |
| 1982 | 21.5 | Leroy Delk | Smithfield | 1995 | 2:00.36 | Darold Morris | Charlottesville |
| 1981 | 21.6 | Leroy Delk | Smithfield | 1994 | 1:56.30 | Jason Outlaw | York |
| 1980 | 21.8 | Leroy Delk | Smithfield | 1993 | 1:55.28 | Curtis Lassiter | Bruton |
| 220yd Dash | | | | 1992 | 1:55.47 | Kennon Outlaw | York |
| 1972 | 22.4 | Sylvester Robinson | Loudoun County | 1991 | | | |
| 400m Dash | | | | 1990 | 1:56.40 | Mark Hiatt | Patrick Co. |
| 2010 | 48.68 | Dwayne Stover | Grafton | 1989 | 1:59.8 | Carl Preston | Tabb |
| 2009 | 48.95 | Chris Williams | R.E. Lee-Staunton | 1988 | 1:56.90 | Bernard Brown | Smithfield |
| 2008 | 50.00 | Andre Wanzer | Brentsville District | 1987 | 1:55.5 | Coultrane Gardner | Nelson Co. |
| 2007 | 49.03 | Ronquis Posey | Brunswick Sr. | 1986 | 1:57.4 | Rob Anderson | William Byrd |
| 2006 | 48.66 | Rashad Kelso | Appomattox County | 1985 | 1:51.4 | Jason Morgan | Handley |
| 2005 | 48.99 | Rashad Kelso | Appomattox County | 1984 | | | |
| 2004 | 48.86 | Mike Coleman | Broad Run | 1983 | 1:55.1 | William Carter | Virginia |
| 2003 | 50.11 | Marcus Tines | Liberty-Beaeton | 1982 | 1:56.4 | Ken Turner | Loudoun County |
| 2002 | 49.68 | Calvin Bannister | William Flemming | 1981 | 1:54.8 | John Hinton | Tunstall |
| 2001 | 49.66 | Brandon Noel | Matoaca | 1980 | 1:52.8 | John Hinton | Tunstall |
| 2000 | 49.10 | Wilbur Hargrove | Bluestone | 880yd Run | | | |
| 1999 | 48.82 | Chad Wilson | Laurel Park | 1972 | 1:58.8 | George Woodson | Nelson County |
| 1998 | 49.59 | Josh Young | Spotsylvania | 1600m Run | | | |
| 1997 | 50.01 | Ahmed Sangbana | Staunton River | 2010 | 4:19.64 | Colin Mearns | Jamestown |
| 1996 | 49.31 | Roshaun Martin | Patrick Co. | 2009 | 4:13.76 | Alex Ott | Turner Ashby |
| 1995 | 49.1 | Travis Hawkins | Nelson Co. | 2008 | 4:18.28 | Peter Dorrell | Blacksburg |
| 1994 | 49.46 | Brett Jones | John Battle | 2007 | 4:15.22 | Peter Dorrell | Blacksburg |
| 1993 | 49.36 | Reginald Jeter | James Monroe | 2006 | 4:27.32 | Ryan Witt | Sherando |
| 1992 | 48.75 | Max Butler | Smithfield | 2005 | 4:25.66 | Pat Eggleston | Brentsville |
| 1991 | 48.7 | Orlanda Wheeler | Virginia | 2004 | 4:26.34 | Matt Bierlein | Fauquier |
| 1990 | 49.1 | Thomas Hill | Western Albemarle | 2003 | 4:20.40 | Ryan Foster | Sherando |
| 1989 | 49.9 | Corey Moore | Bassett | 2002 | 4:11.37 | Bobby Lockhart | John Handley |
| 1988 | 48.2 | Terrence Warren | Kennedy | 2001 | 4:16.49 | Bobby Lockhart | John Handley |
| 1987 | 48.6 | Joel Hardware | Handley | 2000 | 4:12.89 | Bobby Lockhart | John Handley |
| 1986 | 48.4 | Joel Hardware | Handley | 1999 | 4:20.32 | Bobby Lockhart | John Handley |
| 1985 | 48.7 | Chris Booker | Buckingham | 1998 | 4:20.14 | James Connelly | James Wood |
| 1984 | 47.2 | Gregory Roundtree | Kennedy | 1997 | 4:20.70 | Robert Thiele | Charlottesville |
| 1983 | 48.3 | Julian Anderson | Louisa | 1996 | 4:19.26 | Robert Thiele | Charlottesville |
| 1982 | 48.3 | Julian Anderson | Louisa | 1995 | 4:21.2 | Joseph Gibson | Spotswood |
| 1981 | 48.6 | Jeff Couch | Midlothian | 1994 | 4:23.5 | Aaron Johnson | Handley |
| 1980 | 47.8 | Ricky Dillard | Bassett | 1993 | 4:23.0 | James Clanton | Patrick Co. |
| 440yd Run | | | | 1992 | 4:24.1 | Brian Eigel | Christiansburg |
| 1972 | 49.6 | Lehman Catlett | Gloucester | 1991 | 4:17.1 | Mark Smith | Western Albemarle |
| 800m Run | | | | 1990 | 4:21.4 | Landrum Cross | Blacksburg |
| 2010 | 1:56.06 | Michael Waller | Chancellor | 1989 | 4:25.3 | Mark Smith | Western Albemarle |
| 2009 | 1:53.93 | Tyler Stutzman | Western Albemarle | 1988 | 4:20.7 | David Shell | William Byrd |
| 2008 | 1:55.55 | Logan Collins | Orange County | 1987 | 4:25.8 | Kevin Stoats | Marion |
| 2007 | 1:54.40 | Peter Dorrell | Blacksburg | 1986 | 4:20.4 | Robbie Turner | Christiansburg |
| 2006 | 1:56.18 | Ryan Gaul | Lafayette | 1985 | 4:09.4 | Matt Hopkins | Courtland |
| 2005 | 1:55.75 | Will Shoemaker | Turner Ashby | 1984 | 4:15.7 | Matt Hopkins | Courtland |
| 2004 | 1:56:75 | Matt Bierlein | Fauquier | 1983 | 4:17.3 | Darrel Clowes | Blacksburg |
| 2003 | 1:57.33 | Matt Bierlein | Fauquier | 1982 | 4:19.9 | Kevin Ambrose | Osbourne Park |
| 2002 | 1:57.37 | Bobby Lockhart | John Handley | 1981 | 4:14.0 | John Hinton | Tunstall |
| 2001 | 1:55.86 | Stephen Carlson | Louisa Co. | 1980 | 4:07.6 | John Hinton | Tunstall |

Mile Run

| | | | |
|------|--------|----------------|---------------|
| 1972 | 4:26.0 | George Woodson | Nelson County |
|------|--------|----------------|---------------|

3200m Run

| | | | |
|------|---------|--------------------|-------------------|
| 2010 | 9:14.90 | Colin Mearns | Jamestown |
| 2009 | 9:10.03 | Tyler Stutzman | Western Albemarle |
| 2008 | 9:19.73 | Peter Dorrell | Blacksburg |
| 2007 | 9:10.47 | Peter Dorrell | Blacksburg |
| 2006 | 9:32.00 | Zac Edwards | Northside |
| 2005 | 9:37.51 | Pat Eggleston | Brentsville |
| 2004 | 9:35.09 | Joel Hanlon | Millbrook |
| 2003 | 9:16.74 | Ryan Foster | Sherando |
| 2002 | 9:22.44 | Fleet Hower | Marion |
| 2001 | 9:26.26 | Bobby Lockhart | John Handley |
| 2000 | 9:19.06 | Bobby Lockhart | John Handley |
| 1999 | 9:46.96 | Bobby Lockhart | John Handley |
| 1998 | 9:41.5 | Will Wyche | Lord Botetourt |
| 1997 | 9:49.62 | Jose Ruiz | Harrisonburg |
| 1996 | 9:37.56 | Michael Fox | Western Albemarle |
| 1995 | 9:33.43 | Joseph Gibson | Spotswood |
| 1994 | 9:36.49 | Joseph Gibson | Spotswood |
| 1993 | 9:27.37 | Howard Townsend | Tabb |
| 1992 | 9:45.10 | Howard Townsend | Tabb |
| 1991 | 9:37.1 | Brian Eigel | Christiansburg |
| 1990 | 9:39.2 | Landrum Cross | Blacksburg |
| 1989 | 9:29.2 | Phil Dickensen | Harrisonsburg |
| 1988 | 9:28.4 | David Shell | William Byrd |
| 1987 | 9:36.9 | Brad Crofts | Blacksburg |
| 1986 | 9:28.2 | Rob Golden | Alleghany |
| 1985 | 9:30.2 | Chris Dunn | Courtland |
| 1984 | 9:38.4 | Jackie Worthington | Thomas Dale |
| 1983 | 9:19.6 | Darrel Clowes | Blacksburg |
| 1982 | 9:23.2 | Kevin Ambrose | Osbourne Park |
| 1981 | 9:30.0 | Kevin Ambrose | Osbourne Park |
| 1980 | 9:31.4 | A.F. Barker | Virginia |

Two Mile Run

| | | | |
|------|--------|---------------|-------------|
| 1972 | 9:31.6 | Mike Hairston | Laurel Park |
|------|--------|---------------|-------------|

400m Relay (4x100)

| | | |
|------|-------|--------------------|
| 2010 | 42.52 | Park View-Sterling |
| 2009 | 42.64 | Heritage-Leesburg |
| 2008 | 42.96 | Jamestown |
| 2007 | 42.77 | Charlottesville |
| 2006 | 42.85 | Caroline |
| 2005 | 42.75 | Fauquier |
| 2004 | 42.47 | Fauquier |
| 2003 | 43.75 | Harrisonburg |
| 2002 | 43.22 | Bruton |
| 2001 | 42.55 | Bruton |
| 2000 | 42.86 | Handley |
| 1999 | 43.71 | Lee |
| 1998 | 42.90 | Spotswood |
| 1997 | 43.03 | Spotswood |
| 1996 | 43.01 | Nansemond River |
| 1995 | 43.07 | Charlottesville |
| 1994 | 42.69 | Charlottesville |
| 1993 | 43.16 | Caroline |
| 1992 | 42.95 | James Monroe |

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| | | |
|------|------|----------------|
| 1991 | 42.9 | Appomattox Co. |
| 1990 | 43.1 | Kennedy |
| 1989 | 43.1 | Matoaca |
| 1988 | 43.4 | Caroline |
| 1987 | 42.2 | Louisa |
| 1986 | 42.6 | Varina |
| 1985 | 42.8 | York |

880 Yard Relay

| | | |
|------|--------|---|
| 1984 | 1:28.6 | Kennedy |
| 1983 | 1:31.2 | L.C. Bird |
| 1982 | 1:30.5 | Varina |
| 1981 | 1:30.1 | Smithfield |
| 1980 | 1:29.6 | L.C. Bird |
| 1972 | 1:31.6 | Patrick Henry-Duncan/McCray/Wohlford/Sheets |

1600m Relay (4x400)

| | | |
|------|---------|----------------------|
| 2010 | 3:20.91 | Blacksburg |
| 2009 | 3:22.84 | Blacksburg |
| 2008 | 3:23.38 | Brentsville District |
| 2007 | 3:25.27 | Potomac Falls |
| 2006 | 3:24.05 | Appomattox County |
| 2005 | 3:23.67 | Loudon Valley |
| 2004 | 3:26.08 | New Kent |
| 2003 | 3:23.47 | Heritage |
| 2002 | 3:20.25 | Tabb |
| 2001 | 3:23.39 | Tabb |
| 2000 | 3:26.30 | Jamestown |
| 1999 | 3:26.09 | Lafayette |
| 1998 | 3:22.92 | Laurel Park |
| 1997 | 3:26.28 | Spotswood |
| 1996 | 3:27.37 | Sherando |
| 1995 | 3:24.89 | Charlottesville |
| 1994 | 3:27.13 | Bruton |
| 1993 | 3:26.6 | Northside |
| 1992 | 3:23.92 | York |
| 1991 | 3:23.1 | Smithfield |
| 1990 | 3:27.3 | Courtland |
| 1989 | 3:28.2 | Brunswick |
| 1988 | 3:24.7 | Brunswick |
| 1987 | 3:22.6 | Handley |
| 1986 | 3:24.2 | L.C. Bird |
| 1985 | 3:19.6 | Handley |

Mile Relay

| | | |
|------|--------|--|
| 1984 | 3:22.2 | Kennedy |
| 1983 | 3:26.0 | Sussex Central |
| 1982 | 3:22.0 | Blacksburg |
| 1981 | 3:23.1 | Blacksburg |
| 1980 | 3:22.8 | Northampton |
| 1972 | 3:27.0 | Brookville-Fowler/Sweeney/Lindsey/Fulton |

3200m Relay (4x800)

| | | |
|------|---------|------------------|
| 2010 | 7:53.42 | Blacksburg |
| 2009 | 7:59.60 | Blacksburg |
| 2008 | 8:00.63 | William Byrd |
| 2007 | 7:56.76 | Harrisonburg |
| 2006 | 7:53.54 | Fort Defiance |
| 2005 | 8:03.67 | Jefferson Forest |

| | | |
|------|---------|-------------------|
| 2004 | 8:02.56 | Turner Ashby |
| 2003 | 8:02.15 | Loudon Valley |
| 2002 | 8:00.28 | John Handley |
| 2001 | 7:57.67 | Louisa Co. |
| 2000 | 8:01.13 | Western Albemarle |
| 1999 | 8:03.19 | Jamestown |
| 1998 | 8:03.33 | James Wood |
| 1997 | 8:00.68 | James Wood |
| 1996 | 8:09.13 | Christiansburg |

| | | | |
|------|--------|-------------------|----------------|
| 1996 | 152-8 | Shane Collins | Pound |
| 1995 | 146-3 | Ajani Ruffin | Middlesex |
| 1994 | 158-2 | Joel Davis | Powell Valley |
| 1993 | 170-2 | Juan Blick | Windsor |
| 1992 | 140-5 | Jason Clendenin | Northwood |
| 1991 | 144-5 | Brian Lee | Riverheads |
| 1990 | 139-4 | Rickie Carter | Sussex |
| 1989 | 154-10 | Dwayne Boatwright | Powell Valley |
| 1988 | 149-7 | Tom Hoffman | William Monroe |
| 1987 | 156-6 | Mike Sergeant | Brentsville |
| 1986 | 154-3 | Mike Sergeant | Brentsville |
| 1985 | 138-5 | Wayne Gilley | Powell Valley |
| 1984 | 149-0 | Terrence Merchant | James River |
| 1972 | 145-9 | Steve Edens | Powell Valley |

Individual Champions

A

Shot Put

| | | | |
|------|----------|--------------------|-------------------|
| 2010 | 51-10 | Hilton Morgan, Jr. | Clarke County |
| 2009 | 53-01.25 | Bennett Fulper | Gretna |
| 2008 | 52-09 | Emanuel Alfred | Covington |
| 2007 | 55-02.75 | Andrew Williams | Parry McCluer |
| 2006 | 51-00 | Andrew Williams | Parry McCluer |
| 2005 | 50-06.50 | Joshua Harris | James River |
| 2004 | 51-8.5 | Zach Jones | Gate City |
| 2003 | 49-9.5 | LeRoy Austin | Altavista |
| 2002 | 55-1.5 | Michael Stacy | Powell Valley |
| 2001 | 50-11 | Michael Stacy | Powell Valley |
| 2000 | 54.5 | Benjamin Vincent | West Point |
| 1999 | 51-1 | Josh Warren | Powell Valley |
| 1998 | 50-11 | Jeremy Garrett | Parry McCluer |
| 1997 | 50-1.5 | Doug Hockman | Strasburg |
| 1996 | 50-7.25 | Doug Hockman | Strasburg |
| 1995 | 49-1.75 | Jeremy Keen | Garden |
| 1994 | 52-10 | Joel Davis | Powell Valley |
| 1993 | 56-0 | Justin May | Patrick Henry |
| 1992 | 51-3.25 | Jason Clendenin | Northwood |
| 1991 | 49-10 | Aaron Randolph | Central-Woodstock |
| 1990 | 55-5.25 | Rickie Carter | Sussex |
| 1989 | 53-11.5 | Rickie Carter | Sussex |
| 1988 | 54-4 | Eric Galloway | Drewry Mason |
| 1987 | 54-10.5 | Mike Sergeant | Brentsville |
| 1986 | 52-2.25 | Carlton Darby | Rappahannock |
| 1985 | 51-7.5 | Lawrence Robinson | Middlesex |
| 1984 | 53-3.25 | Terrence Merchant | James River |
| 1982 | 56-10.75 | David Haden | Fluvanna |
| 1972 | 49-7 | Steve Edens | Powell Valley |

Discus

| | | | |
|------|--------|----------------|----------------------|
| 2010 | 161-04 | Jule Rich | Cumberland |
| 2009 | 163-10 | Will Sawyers | George Wythe |
| 2008 | 166-07 | Emanuel Alfred | Covington |
| 2007 | 160-02 | Emanuel Alfred | Covington |
| 2006 | 150-00 | Ryan Swanger | Strasburg |
| 2005 | 148-04 | Cam Moore | Chatham |
| 2004 | 168-9 | Tommy Mulcahy | Riverheads |
| 2003 | 151-4 | Jason Cook | Brentsville District |
| 2002 | 164-2 | Kris Barnes | Partick Henry |
| 2001 | 163-2 | Jarnell Peet | Northumberland |
| 2000 | 148-2 | Josh Spence | Floyd Co. |
| 1999 | 149-10 | Maurice Holmes | King & Queen |
| 1998 | 155-0 | Josh Spence | Floyd Co. |
| 1997 | 148-3 | Doug Hockman | Strasburg |

Long Jump

| | | | |
|------|----------|------------------|-------------------|
| 2010 | 24-01.25 | Kenny Scott | Appomattox |
| 2009 | 23-02 | Kenny Scott | Appomattox |
| 2008 | 22-11.25 | Kenny Scott | Appomattox |
| 2007 | 22-08.25 | Nathaniel Abram | Mathews |
| 2006 | 22-11.50 | Ronnie Wells | Surry County |
| 2005 | 21-11 | Travis Greene | George Mason |
| 2004 | 23-1 | Toriano Moody | Sussex Central |
| 2003 | 22-0.25 | Toriano Moody | Sussex Central |
| 2002 | 21-10 | Glenwod Williams | Cumberland |
| 2001 | 21-1.5 | Grady King | Castlewood |
| 2000 | 22-6.25 | Juan Brown | Madison Co. |
| 1999 | 22-9 | Craig Lewis | Arcadia |
| 1998 | 22-11 | Termaine Hill | Surry Co. |
| 1997 | 23-8 | James Bailey | Sussex Central |
| 1996 | 22-4.75 | Jerome Jackson | Randolph Henry |
| 1995 | 22-6 | Lionel Scruggs | Cumberland |
| 1994 | 21-5.5 | J. Brokenborough | Middlesex |
| 1993 | 22-3 | Mike Hart | Ludenburg Central |
| 1992 | 22-1.75 | Swade Booker | Essex |
| 1991 | 21-9.75 | Demond Venable | Covington |
| 1990 | 23-3.25 | Scott Hubbard | Natural Bridge |
| 1989 | 23-5.75 | Reecie Gravely | J. I. Burton |
| 1988 | 23-4.25 | Calvin Talford | Castlewood |
| 1987 | 23-6.5 | Calvin Talford | Castlewood |
| 1986 | 22-2.75 | Jason Smith | Mathews |
| 1985 | 22-1.5 | James Gray | Fluvanna |
| 1983 | 22-11.5 | Dwayne Reid | Suffolk |
| 1981 | 22-5 | Kevin Mitchell | Powell Valley |
| 1980 | 21-10 | Kevin Mitchell | Powell Valley |
| 1972 | 21-10 | Von Himmelright | Poquoson |

High Jump

| | | | |
|------|---------|--------------------|---------------|
| 2010 | 6-10 | Philip Morris | Glenvar |
| 2009 | 6-09 | Philip Morris | Glenvar |
| 2008 | 6-07 | Philip Morris | Glenvar |
| 2007 | 6-06.00 | Bryan Wallace | Essex |
| 2006 | 6-10 | Maurice Hall | Gretna |
| 2005 | 6-04 | Anthony Haliburton | Nelson County |
| 2004 | 6-7 | Clarence Taylor | Essex |
| 2003 | 6-4 | Jaret Hubbard | J.J. Kelly |
| 2002 | 6-7 | Mario King | King & Queen |
| 2001 | 6-5 | Pierre Gore | Arcadia |
| 2000 | 6-6 | Larry Alexander | Madison Co. |

| | | | |
|------|--------|---------------------|-----------------------|
| 1999 | 6-4 | Nicolas Reese | Sussex Central |
| 1998 | 6-3 | Jonathan Mercer | King & Queen |
| 1997 | 6-9 | Damond Jeter | Amelia Co. |
| 1996 | 6-6 | John Stringfield | Surry Co. |
| 1995 | 6-5 | Cleo Green | Charles City Co. |
| 1994 | 6-6 | Cleo Green | Charles City Co. |
| 1993 | 6-6 | Marcus Ordonez | Strasburg |
| 1992 | 6-6 | Sederous Carter | Sussex Central |
| 1991 | 6-6 | William Dungan | Chilhowie |
| 1990 | 6-4 | William Dungan | Chilhowie |
| 1989 | 6-5 | Doug Brown | Riverheads |
| 1988 | 7-0 | Calvin Talford | Castlewood |
| 1987 | 6-8.5 | Calvin Talford | Castlewood |
| 1986 | 6-6 | Mark Jackman | Brentsville |
| 1985 | 6-10.5 | Ryan Shelton | Buffalo Gap |
| 1984 | 6-10 | James Brown | Riverheads |
| 1981 | 6-8.25 | Gregory Holthausen, | Fieldale-Collinsville |
| 1972 | 6-3 | Von Himmelright | Poquoson |

Triple Jump

| | | | |
|------|----------|--------------------|-------------------|
| 2010 | 44-10.50 | Chris Henry | Middlesex |
| 2009 | 47-06.75 | DaVon Ross | James River-B |
| 2008 | 46-03.25 | DaVon Ross | James River-B |
| 2007 | 45-06.00 | Lavar Rich | Northumberland |
| 2006 | 45-05 | Steven Frye | Strasburg |
| 2005 | 43-05.25 | Jonathon Kegan | Powell Valley |
| 2004 | 45-5 | A.C. Fitchett | Manassas Park |
| 2003 | 43-10.5 | Clint Deskins | Stonewall Jackson |
| 2002 | 44-10.5 | William Ricks | Sussex |
| 2001 | 44-10.5 | Carl Ross | Amelia Co. |
| 2000 | 46-1.5 | Juan Brown | Madison Co. |
| 1999 | 44-6 | Julius Jones | Powell Valley |
| 1998 | 45-6 | Jeremy Anderson | J.J. Kelly |
| 1997 | 48-3 | James Bailey | Sussex Central |
| 1996 | 44-6.5 | Jerome Jackson | Randolph Henry |
| 1995 | 44-3.5 | Carlton Jones | Amelia Co. |
| 1994 | 45-6 | Leroy Holliman | Sussex Central |
| 1993 | 46-9.75 | Lewis Hicks | Cumberland |
| 1992 | 46-4.5 | Delwyn Dillard | Sussex Central |
| 1991 | 44-9.5 | Hampton Taliaferro | King & Queen |
| 1990 | 47-4 | Welton Allen | Goochland |
| 1989 | 47-10.5 | James Parker | Middlesex |
| 1988 | 49-8.25 | Calvin Talford | Castlewood |
| 1987 | 48-6.5 | Calvin Talford | Castlewood |
| 1986 | 48-4.5 | Jason Smith | Mathews |
| 1985 | 46-10.5 | Kendall Curry | Lancaster |
| 1984 | 47-2.5 | Kendall Curry | Lancaster |
| 1983 | 46-44.25 | Dwayne Reid | Suffolk |
| 1981 | 44-7.5 | Kevin Mitchell | Powell Valley |
| 1980 | 45-9.5 | Kevin Mitchell | Powell Valley |
| 1972 | 44-7.75 | Von Himmelright | Poquoson |

Pole Vault:

| | | | |
|------|------|-----------------|---------------|
| 1987 | 12-0 | Lance Conner | West Point |
| 1986 | 13-0 | Joe Shillinberg | Prince Edward |
| 1985 | 13-0 | Paul Parnly | Fluvanna |

110m Hurdles

| | | | |
|------|-------|----------------|------------|
| 2010 | 14.91 | Forrest Stuart | Appalachia |
|------|-------|----------------|------------|

120 - VHSL Record Book

| | | | |
|------|-------|-------------------|-------------------|
| 2009 | 14.65 | Mark Waugh | Virginia |
| 2008 | 14.49 | Kevente Warner | Buckingham County |
| 2007 | 15.17 | Bryan Wallace | Essex |
| 2006 | 15.06 | Raphael Rigaud | Manassas Park |
| 2005 | 14.96 | Raphael Rigaud | Manassas Park |
| 2004 | 14.92 | Ryan Woolridge | Amelia County |
| 2003 | 15.22 | Tommy Lloyd | Riverheads |
| 2002 | 15.32 | Sean Murphy | Powell Valley |
| 2001 | 14.97 | Albert Potts | Page Co. |
| 2000 | 15.03 | Justin Hamilton | Clintwood |
| 1999 | 14.02 | Julius Jones | Powell Valley |
| 1998 | 14.44 | Julius Jones | Powell Valley |
| 1997 | 15.13 | Rondell White | Amelia Co. |
| 1996 | 15.13 | Rondell White | Amelia Co. |
| 1995 | 15.33 | Dinelle Stalnaker | Essex |
| 1994 | 14.72 | George Taylor | William Monroe |
| 1993 | 14.8 | George Taylor | William Monroe |
| 1992 | 14.1 | Curtis Jones | Sussex Central |
| 1991 | 15.7 | Anthony Wilson | Central Ludenburg |
| 1990 | 14.7 | Jack Baker | James River |
| 1989 | 14.6 | Sean Croker | Sussex Central |
| 1988 | 15.1 | Marcus Murrell | Chatham |
| 1987 | 14.8 | Steve King | King William |
| 1986 | 14.7 | Upton Jackson | Powell Valley |
| 1985 | 14.7 | Michael Mattocks | Lancaster |
| 1984 | 14.6 | Allen Ellis | Surry Co. |
| 1983 | 14.8 | Steve Hays | Drewry Mason |
| 1982 | 15.0 | Marvin Wilson | Arcadia |
| 1980 | 14.7 | Larry Britton | Washington & Lee |

120yd High Hurdles

| | | | |
|------|------|----------------|-----------|
| 1972 | 14.9 | Preston Jordan | Lancaster |
|------|------|----------------|-----------|

180yd Low Hurdles

| | | | |
|------|------|----------------|-----------|
| 1972 | 20.3 | Preston Jordan | Lancaster |
|------|------|----------------|-----------|

300m Hurdles

| | | | |
|------|-------|------------------|----------------------|
| 2010 | 40.43 | Nick Groves | Patrick Henry-GS |
| 2009 | 38.50 | Shemie Witcher | Chatham |
| 2008 | 39:09 | Trey Johnson | Patrick Henry-GS |
| 2007 | 40.64 | Devin Mann | William Campbell |
| 2006 | 41.72 | Travis Sanlin | Gate City |
| 2005 | 40.28 | Ben Brooks | Riverheads |
| 2004 | 40.77 | Ryan Woolridge | Amelia County |
| 2003 | 40.34 | Andrew Grubb | Brentsville District |
| 2002 | 40.30 | T.J. Hamler | Powell Valley |
| 2001 | 40.42 | Albert Potts | Page Co. |
| 2000 | 39.93 | Justin Hamilton | Clintwood |
| 1999 | 38.53 | Lazarus Boone | Essex |
| 1998 | 38.74 | Julius Jones | Powell Valley |
| 1997 | 38.76 | Safwan Williams | Randolph Henry |
| 1996 | 39.58 | Rondell White | Amelia Co. |
| 1995 | 39.88 | Rondell White | Amelia Co. |
| 1994 | 39.47 | George Taylor | William Monroe |
| 1993 | 39.8 | Denzick Gallahan | George Mason |
| 1992 | 38.7 | Curtis Jones | Sussex Central |
| 1991 | 40.9 | Daniel Perry | James River |
| 1990 | 39.2 | Jack Baker | James River |
| 1989 | 39.7 | Sean Croker | Sussex Central |

| | | | | | | | |
|-------------------|-------|------------------|------------------|-------------------|---------|--------------------|-------------------|
| 1988 | 40.3 | Marcus Murrell | Chatham | 1992 | 22.4 | Maja Griffey | J.I. Burton |
| 1987 | 39.1 | Steven Barlow | Holston | 1991 | 22.2 | Sam Daniels | J.I. Burton |
| 1986 | 39.2 | Jason Smith | Mathews | 1990 | 22.0 | Ronnie Harvey | King & Queen |
| 1985 | 39.0 | Michael Mattocks | Lancaster | 1989 | 22.1 | Robert Strawbridge | Lexington |
| 1980 | 39.2 | Larry Britton | Washington & Lee | 1988 | 22.2 | Robert Strawbridge | Lexington |
| 100m Dash | | | | 1987 | 21.9 | Steve Osbourne | Middlesex |
| 2010 | 10.80 | Justin Brown | Altavista | 1986 | 22.1 | John Gains | Essex |
| 2009 | 10.76 | Jon Thompson | Radford | 1985 | 22.3 | Steve Osbourne | Middlesex |
| 2008 | 10.88 | Jon Thompson | Radford | 1983 | 22.4 | Clarence Lewis | Fluvanna |
| 2007 | 10.81 | James Harris | Middlesex | 1981 | 22.0 | Kevin Mitchell | Powell Valley |
| 2006 | 10.70 | D.J. Coles | Goochland | 1980 | 22.2 | Kevin Mitchell | Powell Valley |
| 2005 | 10.71 | Jerry Jones | Middlesex | 220yd Dash | | | |
| 2004 | 10.67 | Cedric Peerman | William Campbell | 1972 | 22.9 | Jim Crisman | Central |
| 2003 | 10.99 | Cedric Peerman | William Campbell | 400m Dash | | | |
| 2002 | 10.97 | Sheldon Adams | Powell Valley | 2010 | 49.84 | Justin Harris | Floyd County |
| 2001 | 11.18 | David Hackett | Washington & Lee | 2009 | 49.96 | Joseph Collins | J.J. Kelly |
| 2000 | 11.41 | Shawn Brooks | Essex | 2008 | 49.98 | Ander Taylor | Northampton |
| 1999 | 10.95 | Jared Wormley | Essex | 2007 | 48.71 | Lavar Rich | Northumberland |
| 1998 | 10.85 | Terry Gordon | Northumberland | 2006 | 49.84 | Lavar Rich | Northumberland |
| 1997 | 10.97 | Terry Gordon | Northumberland | 2005 | 49.48 | Joshua Jenkins | George Mason |
| 1996 | 10.95 | Justin Hayes | Charles City | 2004 | 50.29 | Jastair Bailey | Sussex Central |
| 1995 | 10.96 | Kori Gilliam | Cumberland | 2003 | 49.02 | William Ricks | Sussex Central |
| 1994 | 11.19 | Justin Hayes | Charles City | 2002 | 49.19 | William Ricks | Sussex Central |
| 1993 | 10.9 | Kori Gilliam | Cumberland | 2001 | 50.09 | Tony Bundy | Middlesex |
| 1992 | 11.1 | James Johnson | King & Queen | 2000 | 49.59 | Tony Bundy | Middlesex |
| 1991 | 10.9 | Sam Daniels | J.I. Burton | 1999 | 49.99 | Cedric Ollison | Brentsville |
| 1990 | 11.4 | Chris Brown | Prince Edward | 1998 | 49.92 | Damon Harper | Central-Woodstock |
| 1989 | 10.6 | Brian Jackson | Goochland | 1997 | 49.58 | Michael Decker | Parry McCluer |
| 1988 | 10.8 | Vernon Boyd | Middlesex | 1996 | 50.17 | Michael Decker | Parry McCluer |
| 1987 | 10.7 | Steve Osbourne | Middlesex | 1995 | 51.09 | Chad Bates | J.J. Kelly |
| 1986 | 10.8 | Mark Brown | Galax | 1994 | 49.54 | Dettrick Stith | Sussex Central |
| 1985 | 10.8 | Steve Osbourne | Middlesex | 1993 | 50.4 | Jimmy Messer | Powell Valley |
| 1983 | 10.8 | Clarence Lewis | Fluvanna | 1992 | 48.5 | Maja Griffey | J.I. Burton |
| 1981 | 10.1 | Kevin Mitchell | Powell Valley | 1991 | 49.5 | Maja Griffey | J.I. Burton |
| 1980 | 9.9 | Kevin Mitchell | Powell Valley | 1990 | 48.4 | Ronnie Harvery | King & Queen |
| 100yd Dash | | | | 1989 | 49.3 | Robert Strawbridge | Lexington |
| 1972 | 10.2 | Jim Crisman | Central | 1988 | 50.0 | Robert Strawbridge | Lexington |
| 200m Dash | | | | 1987 | 49.2 | Mark Hedrick | Wilson Memorial |
| 2010 | 21.91 | Kenny Scott | Appomattox | 1986 | 49.5 | Allen Harris | William Monroe |
| 2009 | 22.34 | Jon Thompson | Radford | 1985 | 49.6 | Kendall Curry | Lancaster |
| 2008 | 22.27 | Jon Thompson | Radford | 800m Run | | | |
| 2007 | 21.79 | Zack Titman | Holston | 2010 | 2:01.58 | Colin Brown | Clarke County |
| 2006 | 22.01 | Zack Titman | Holston | 2009 | 1:59.80 | Andrew Rigler | Altavista |
| 2005 | 21.92 | Jerry Jones | Middlesex | 2008 | 2:00.35 | Jakob Maidens | Lebanon |
| 2004 | 22.03 | Cedric Peerman | William Campbell | 2007 | 1:56.88 | Daniel Callan | Clarke County |
| 2003 | 22.67 | Brandon Lacey | Washington & Lee | 2006 | 2:01.20 | Daniel Callan | Clarke County |
| 2002 | 22.40 | William Ricks | Sussex | 2005 | 1:58.87 | Peter Serkes | Nelson County |
| 2001 | 22.55 | Albert Potts | Page County | 2004 | 1:57.92 | Alex Wilkens | Floyd Co. |
| 2000 | 23.11 | Khalid Dover | Charles City | 2003 | 1:59.53 | Travis Hunnicutt | Madison Co. |
| 1999 | 22.50 | Alonzo Mitchell | Amelia Co. | 2002 | 2:00.13 | Robby Coley | Haysi |
| 1998 | 21.77 | Terry Gordon | Northumberland | 2001 | 2:00.39 | Stuart Brooks | Prince Edward Co. |
| 1997 | 22.09 | Terry Gordon | Northumberland | 2000 | 2:00.32 | Stuart Brooks | Prince Edward Co. |
| 1996 | 22.21 | Justin Haynes | Charles City | 1999 | 2:00.17 | Bernard Redmond | Middlesex |
| 1995 | 22.0 | Justin Haynes | Charles City | 1998 | 2:01.32 | Josh Benson | Radford |
| 1994 | 22.51 | Justin Haynes | Charles City | 1997 | 1:53.56 | Jason Long | Central Woodstock |
| 1993 | 22.4 | Richard Gaines | Rappahannock | 1996 | 1:57.88 | Jason Long | Central Woodstock |

| | | | |
|------|---------|-------------------|-------------------|
| 1995 | 1:59.68 | Erik Fox | Luray |
| 1994 | 1:58.90 | Erik Fox | Luray |
| 1993 | 1:58.6 | Lars Fasten | Central Woodstock |
| 1992 | 1:59.9 | Ian Wallace | Riverheads |
| 1991 | 1:57.5 | R'Wayne Walton | Prince Edward |
| 1990 | 1:59.5 | R'Wayne Walton | Prince Edward |
| 1989 | 1:57.7 | Bryon Holmes | Surry Co. |
| 1988 | 1:59.2 | James Cooper | Lexington |
| | 1:59.2 | Paul Helmandollar | Glenvar |
| 1987 | 2:00.1 | Scott Nye | Lexington |
| 1986 | 1:59.4 | Tim Byars | Buffalo Gap |
| 1985 | 1:59.6 | Paul Johnson | Luray |
| 1984 | 1:57.1 | Lorenzo Brown | William Monroe |
| 1983 | 1:59.8 | William Franklin | Fluvanna |

880yd Run

| | | | |
|------|--------|---------------|-----------|
| 1972 | 2:00.2 | Reggie Palmer | Chilhowie |
|------|--------|---------------|-----------|

1600m Run

| | | | |
|------|---------|-------------------|-------------------|
| 2010 | 4:32.41 | Adam Owens | Clarke County |
| 2009 | 4:18.90 | Ben Veilleux | Clarke County |
| 2008 | 4:27.31 | Ben Veilleux | Clarke County |
| 2007 | 4:22.09 | Nathan Brame | Radford |
| 2006 | 4:24.83 | Nathan Brame | Radford |
| 2005 | 4:26.63 | Tim Young | James Monroe |
| 2004 | 4:27.4 | W. C. Winston | William Campbell |
| 2003 | 4:25.26 | Zach Bradford | Central Woodstock |
| 2002 | 4:27.39 | Jesse Dalton | Altavista |
| 2001 | 4:19.10 | Guy Alton | New Kent |
| 2000 | 4:27.41 | William James | Mathews |
| 1999 | 4:30.23 | Andrew Nesse | Patrick Henry-GS |
| 1998 | 4:31.08 | Tim Dlugasch | Central Woodstock |
| 1997 | 4:25.51 | Jason Long | Central Woodstock |
| 1996 | 4:21.57 | Jason Long | Central Woodstock |
| 1995 | 4:22.60 | Ben Cooke | Floyd Co. |
| 1994 | 4:25.80 | Kimble Woodsworth | Stuarts Draft |
| 1993 | 4:26.4 | Kris Goldman | Strasburg |
| 1992 | 4:31.1 | Joe Darnell | Strasburg |
| 1991 | 4:27.5 | R'Wayne Walton | Prince Edward |
| 1990 | 4:32.3 | R'Wayne Walton | Prince Edward |
| 1989 | 4:32.4 | Adam Messes | Manassas Park |
| 1988 | 4:26.6 | Richard Murr | George Mason |
| 1987 | 4:27.1 | Richard Murr | George Mason |
| 1986 | 4:25.9 | Tim Byars | Buffalo Gap |
| 1985 | 4:25.0 | Paul Johnson | Luray |
| 1984 | 4:22.7 | Paul Johnson | Luray |
| 1980 | 4:27.5 | Kevin Runion | Stonewall Jackson |

Mile Run

| | | | |
|------|--------|----------------|---------------------|
| 1972 | 4:26.3 | Charles Thomas | Rappahannock County |
|------|--------|----------------|---------------------|

3200m Run

| | | | |
|------|----------|--------------------|---------------|
| 2010 | 10:08.33 | Brian Brillhart | Virginia |
| 2009 | 9:28.60 | Ben Veilleux | Clarke County |
| 2008 | 9:56.82 | Ben Veilleux | Clarke County |
| 2007 | 9:34.16 | Simon Biddle-Snead | Clarke County |
| 2006 | 9:47.08 | Simon Biddle-Snead | Clarke County |
| 2005 | 9:57.53 | Simon Biddle-Snead | Clarke County |
| 2004 | 9:58.57 | Simon Biddle-Snead | Clarke County |

| | | | |
|------|----------|-----------------|-------------------|
| 2003 | 9:54.37 | Todd Somers | Page County |
| 2002 | 10:11.26 | Todd Somers | Page County |
| 2001 | 9:39.90 | William James | Mathews |
| 2000 | 9:54.39 | Gabe Narduzzi | Highland |
| 1999 | 9:59.37 | Mathew Schu | Luray |
| 1998 | 10:03.20 | Tim Dlugasch | Central Woodstock |
| 1997 | 9:46.50 | Brent Young | Covington |
| 1996 | 9:46.85 | Ben Cooke | Floyd Co. |
| 1995 | 9:46.30 | Chris Merrell | Covington |
| 1994 | 9:45.1 | Jason Alexander | George Wythe |
| 1993 | 9:55.4 | Jason Alexander | George Wythe |
| 1992 | 10:15.2 | Mike Wittler | Northumberland |
| 1991 | 10:05.8 | Bill Jackson | Council |
| 1990 | 10:25.8 | Jamie Soltis | Glenvar |
| 1989 | 9:54.3 | Jamie Soltis | Glenvar |
| 1988 | 9:53.0 | Michael Marsh | Prince Edward |
| 1987 | 9:48.8 | John Kagey | Stonewall Jackson |
| 1986 | 9:51.4 | John Kagey | Stonewall Jackson |
| 1985 | 9:49.7 | John Kagey | Stonewall Jackson |
| 1980 | 9:45.1 | Mark Stickley | Strasburg |

400m Relay (4x100)

| | | |
|------|-------|------------------|
| 2010 | 43.21 | Altavista |
| 2009 | 44.42 | Lancaster |
| 2008 | 43.44 | Northumberland |
| 2007 | 43.21 | Northumberland |
| 2006 | 43.31 | Goochland |
| 2005 | 43.37 | Lancaster |
| 2004 | 43.52 | Lancaster |
| 2003 | 43.27 | William Campbell |
| 2002 | 43.81 | William Campbell |
| 2001 | 44.22 | Amelia Co. |
| 2000 | 44.44 | George Wythe |
| 1999 | 42.98 | Essex |
| 1998 | 42.24 | Northumberland |
| 1997 | 48.99 | Northumberland |
| 1996 | 43.11 | Charles City Co. |
| 1995 | 43.26 | Charles City Co. |
| 1994 | 43.61 | Charles City Co. |
| 1993 | 42.9 | Cumberland |
| 1992 | 43.1 | Essex |
| 1991 | 43.9 | Essex |
| 1990 | 42.4 | King & Queen |
| 1989 | 43.3 | King & Queen |
| 1988 | 43.9 | G.W. Carver |
| 1987 | 43.6 | Drewry Mason |
| 1986 | 44.3 | Lancaster |
| 1985 | 43.8 | West Point |

1600m Relay (4x400)

| | | |
|------|---------|------------------------------|
| 2010 | 3:27.64 | Stonewall Jackson-Quicksburg |
| 2009 | 3:26.81 | Stonewall Jackson-Quicksburg |
| 2008 | 3:33.35 | Chatham |
| 2007 | 3:27.71 | Chatham |
| 2006 | 3:33.10 | George Mason |
| 2005 | 3:26.88 | Nelson County |
| 2004 | 3:28.86 | Floyd County |
| 2003 | 3:27.50 | Sussex Co. |
| 2002 | 3:32.38 | Cumberland |

| | | |
|------|---------|-------------------|
| 2001 | 3:27.78 | Amelia Co. |
| 2000 | 3:27.16 | Middlesex |
| 1999 | 3:26.13 | Middlesex |
| 1998 | 3:38.47 | Radford |
| 1997 | 3:26.39 | Sussex Central |
| 1996 | 3:31.72 | Central Woodstock |
| 1995 | 3:33.29 | Fluvanna Co. |
| 1994 | 3:27.66 | Clarke Co. |
| 1993 | 3:27.9 | Sussex Central |
| 1992 | 3:28.3 | Sussex Central |
| 1991 | 3:25.0 | Central Woodstock |
| 1990 | 3:28.7 | Sussex Central |
| 1989 | | Middlesex |
| 1988 | 3:27.6 | William Monroe |
| 1987 | 3:38.4 | Lexington |
| 1986 | 3:28.8 | William Monroe |
| 1985 | 3:27.0 | William Monroe |
| 1984 | 3:27.4 | William Monroe |

State Meet Records

AAA

| | | | | |
|----------------------|-----------|---|------------------|------|
| Shot Put: | 65' 0.75" | Rodney Johnson, | T.C. Williams, | 1997 |
| Discus: | 190'2" | Steve Mehr, | Gar-Field | 1978 |
| Long Jump: | 25-08.75 | Justin Hunter | Ocean Lakes | 2010 |
| High Jump: | 7' 3" | Keith Moffatt | Menchville | 2002 |
| Triple Jump: | 51'2.25" | Alonzo Moore | Phoebus | 2001 |
| Pole Vault: | 16' 06" | Michael Morrison | Great Bridge | 2005 |
| 120Y Hurdles: | 13.7 | Karl Williams | George Wythe | 1976 |
| | | Steve Darvus | Albemarle | 1975 |
| 110M Hurdles: | 13.5 | Rickey Harris | Centreville | 2000 |
| 180Y Hurdles: | 18.7 | Kent Meritt | Lane | 1970 |
| 330Y Hurdles: | 36.7 | David Washington | Bethel | 1977 |
| 300M Hurdles: | 36.50 | Patrick Mann | Gar-Field | 1984 |
| 100Y Dash: | 9.4 | Jesse Williams | Princess Anne | 1977 |
| 100M Dash: | 10.47 | Lashawn Merritt | Woodrow Wilson | 2004 |
| 220Y Dash: | 21.0 | Ronnie Harris | Albemarle | 1975 |
| 200M Dash: | 20.9 | Curtis Riddick | First Colonial | 1980 |
| 440Y Dash: | 45.8 | Ronald Ray | Ferguson | 1972 |
| 400M Dash: | 46.21 | Rickey Harris | Centreville | 2000 |
| 880Y Run: | 1:51.3 | Clifton Perry | Menchville | 1975 |
| 800M Run: | 1:47.74 | Alan Webb | South Lakes | 2001 |
| Mile Run: | 4:10.1 | James Vogt | St. Jackson | 1972 |
| 1600M Run: | 4:05.38 | Sharif Karie | West Springfield | 1997 |
| 2-Mile Run: | 8:56.0 | Jim Hall | Oakton | 1979 |
| 3200M Run: | 9:01.4 | Dwight Stephens | T.C. Williams | 1980 |
| 400M Relay: | 41.36 | Potomac: | | 1999 |
| | | Phil Acosta, Edward Sims, Rico Lloyd, Michael Newell | | |
| 880Y Relay: | 1:26.4 | Bethel: | | 1975 |
| | | Arthur Armstead, Bruce Elliot, Whitney Powell, Moore | | |
| 800M Relay: | 1:25.51 | Menchville: | | 1984 |
| | | Rodney Evans, Skip Thomas, Lonnie Hill, Tony Ragnas | | |
| Mile Relay: | 3:14.5 | Hampton: | | 1976 |
| | | Wallace Payne, George Musline, Virgil Newkirk, Arthur Jones | | |
| 1600M Relay: | 3:14.15 | Marshall Walker: | | 1983 |
| | | Kevin Robinson, Robert Clark, Trevin Robinson, Andra Brown | | |
| 3200M Relay: | 7:42.93 | Midlothian | | 2003 |

AA

| | | | | |
|----------------------|------------|--|-------------------|------|
| Shot Put: | 60' 8" | Steve Kluge | Robert E. Lee-Stn | 1977 |
| Discus: | 179'00" | Erik Kuster | Liberty-Bedford | 2007 |
| Long Jump: | 24'8.25" | D.D. Manns | Bassett | 1982 |
| High Jump: | 7' 1" | Elgonda Hicks | Franklin | 1991 |
| Triple Jump: | 50'8" | Shaun Talley | Park View | 1997 |
| Pole Vault: | 15-2 | Josh Drablos | Jefferson Forest | 2010 |
| 120Y Hurdles: | 14.2 | James Scott | Brookville | 1976 |
| 110M Hurdles: | 14.2 | Chris Hairston | Tunstall | 1989 |
| | | David Dickinson | George Wythe | 1987 |
| | | Jeff Wingo | Blacksburg | 1982 |
| | | Linwood Carroll | Lloyd C. Bird | 1981 |
| 180Y Hurdles: | 19.7 | Stan Young | Herndon | 1966 |
| 330Y Hurdles: | 38.7 | Theodore McIvor | Wm Campbell | 1978 |
| | | Mike Timberlake | Nelson County | 1975 |
| 300M Hurdles: | 37.5 | Thomas Barker | Caroline | 1981 |
| 100Y Dash: | 9.7 | Leroy King | Sussex1979 | |
| | | James Sims | Spotsylvania | 1975 |
| | | Peter Macheras | Lexington | 1971 |
| 100M Dash: | 10.4 | Terrence Warren | John F. Kennedy | 1988 |
| | | Terrence Warren | John F. Kennedy | 1987 |
| | | Leroy Delk | Smithfield | 1982 |
| 220Y Dash: | 21.8 | Dulaney Washington | Loudoun Co. | 1982 |
| 200M Dash: | 21.1 | Terrence Warren | John F. Kennedy | 1987 |
| 440Y Dash: | 48.4 | Cyril White | Orange County | 1978 |
| 400M Dash: | 47.2 | Gregory Rountree | John F. Kennedy | 1984 |
| 880Y Run: | 1:54.3 | Greg Canty | Broad Run | 1976 |
| 800M Run: | 1:51.4 | Jason Morgan | Handley | 1985 |
| Mile Run: | 4:13.3 | Ben Turpin | Radford | 1978 |
| 1600M Run: | 4:07.6 | John Hinton | Tunstall, | 1980 |
| Two-Mile Run: | 9:12.6 | William Graham | Tabb | 1979 |
| 3200M Run: | 9:10.47 | Peter Dorrell | Blacksburg | 2007 |
| 400M Relay: | 42.44 | Louisa County: | | 1987 |
| | | Eric Thurston, James Smith, William Anderson, David Hunter | | |
| 880Y Relay: | 1:28.6 | John F. Kennedy: | | 1984 |
| | | Marcus Cutler, Johnny Barnes, Greg Rountree, Anthony Harris, | | |
| Mile Relay: | 3:22.0 | Blacksburg: | | 1982 |
| | | Steve Carroll, John Gotow, Jeff Wingo, Randy Bungard | | |
| 1600M Relay: | 3:19.6 | Handley: | | 1985 |
| | | Willie Robinson, Scott Jackson, Jason Morgan, Joel Hardware | | |
| 3200M Relay: | 7:53.42 | Blacksburg: | | 2010 |
| | | Christian Robertson, Zach Link, Quinn Hull, George Carter | | |
| A | | | | |
| Shot Put: | 56' 10.75" | David Haden | Fluvanna, | 1982 |
| Discus: | 170' 2" | Juan Blick | Windsor | 1993 |
| Long Jump: | 24'01.25" | Kenny Scott | Appomattox County | 2010 |
| High Jump: | 7'0" | Calvin Talford | Castlewood | 1988 |
| Triple Jump: | 49'8.25" | Calvin Talford | Castlewood | 1988 |
| Pole Vault: | 14'0.25" | Frank Whitmer | Montevideo | 1978 |
| 120Y Hurdles: | 14.5 | Alan Mumbert | Montevideo | 1974 |
| 110M Hurdles: | 14.02 | Julius Jones | Powell Valley | 1999 |
| 180Y Hurdles: | 19.8 | Garry Tull | Atlantic | 1978 |
| 330Y Hurdles: | 39.2 | Larry Britton | Wash-Lee | 1980 |
| 300M Hurdles: | 38.50 | Shemie Witcher | Chatham | 2009 |
| 100Y Dash: | 9.9 | Kevin Mitchell | Powell Valley | 1980 |
| | | Harry Evans | Amelia | 1977 |
| | | Doug Crockett | Fort Chiswell | 1975 |
| 100M Dash: | 10.6 | Brian Jackson | Goochland | 1989 |
| 220Y Dash: | 21.5 | Ollan Cassell | Appalachia | 1956 |

| | | | | |
|----------------------|---------|--|-----------------|------|
| 200M Dash: | 21.77 | Terry Gordon | Northumberland | 1998 |
| 440Y Dash: | 48.7 | Calvin Bruce | Fluvanna | 1977 |
| 400M Dash: | 48.4 | Ronnie Harvey | King & Queen | 1990 |
| 880Y Run: | 1:56.7 | Sean Quinn | Luray | 1978 |
| | | Harry Holmes | Wm. Monroe | 1976 |
| 800M Run: | 1:53.56 | Jason Long | Central W-stock | 1997 |
| Mile Run: | 4:14.4 | Kevin Cropp | Parry McCluer | 1974 |
| 1600M Run: | 4:18.90 | Ben Veilleux | Clarke County | 2009 |
| Two-Mile Run: | 9:45.1 | Mark Stickle | Strasburg | 1980 |
| 3200M Run: | 9:28.60 | Ben Veilleux | Clarke County | 2009 |
| 400M Relay: | 42.24 | Northumberland | | 1998 |
| 880Y Relay: | 1:30.1 | Onancock: | | 1977 |
| | | Braden Tyler, Marvin Smith, Keith Matthews, Willie Williams | | |
| 800M Relay: | 1:30.7 | Fluvanna: | | 1982 |
| | | Herman Key, Clarence Lewis, Carlo Guerra, Charles Drumheller | | |
| Mile Relay: | 3:32.4 | Fieldale-Collinsville: | | 1981 |
| | | Harry Shelton, Greg Holthausen, Marquis Hairston, James Fleague | | |
| 1600M Relay: | 3:25.9 | Central-Woodstock: | | 1991 |
| | | Jason Testerman, Cole Corbitt, Nathan | | |

GIRLS OUTDOOR TRACK

Team Champions

(Champion, Runner-Up)

AAA

| | | | | |
|------|-----------------------|------|-----------------------|-------|
| 2010 | Western Branch | 96.0 | Phoebus | 39.0 |
| 2009 | Landstown | 73.0 | Deep Run | 39.50 |
| 2008 | Landstown | 98.0 | Grassfield | 38.0 |
| 2007 | Deep Creek | 46.0 | Landstown | 43.0 |
| 2006 | Deep Creek (tie) | 41.0 | Landstown (tie) | 41.0 |
| 2005 | Bethel | 41.0 | Heritage | 36.0 |
| 2004 | Bethel | 54.0 | Floyd Kellam | 38.0 |
| 2003 | Bethel | 63.0 | Menchville | 57.5 |
| 2002 | Western Branch | 56.0 | Oakton | 51.0 |
| 2001 | Bethel | 88.0 | Lake Braddock | 53.25 |
| 2000 | Gar-Field | 79.0 | Bethel | 56.0 |
| 1999 | Bethel | 76.0 | Gar-Field | 51.0 |
| 1998 | Bethel | 71.0 | Centreville | 42.5 |
| 1997 | Gar-Field | 79.0 | Bayside | 60.0 |
| 1996 | Centreville | 62.0 | Bayside | 46.0 |
| 1995 | Bayside | 39.0 | Centreville | 36.0 |
| 1994 | Centreville | 66.0 | Menchville | 50.0 |
| 1993 | Phoebus | 52.0 | Menchville | 32.0 |
| 1992 | Bethel | 52.0 | Phoebus | 46.0 |
| 1991 | Bethel | 45.0 | Phoebus | 43.0 |
| 1990 | Lake Braddock | 36.0 | Hampton | 34.0 |
| 1989 | Green Run | 50.0 | Lake Braddock | 47.0 |
| 1988 | Manor | 42.0 | Stonewall Jackson | 28.0 |
| 1987 | Lake Braddock | 61.0 | Denbigh | 38.0 |
| 1986 | Lake Braddock | 94.0 | Falls Church | 34.0 |
| 1985 | Lake Braddock | 64.0 | Jeff.-Huguenot-Wythe | 56.0 |
| 1984 | Jeff.-Huguenot-Wythe | 78.0 | Langley | 44.0 |
| 1983 | Jeff.-Huguenot-Wythe | 42.0 | Menchville | 41.0 |
| 1982 | Menchville | 52.0 | Jeff.-Huguenot-Wythe | 39.0 |
| 1981 | Jeff.-Huguenot-Wythe | 62.0 | Fort Hunt | 49.0 |
| 1980 | Fort Hunt | 46.0 | Marshall/Walker | 43.0 |
| 1979 | Thomas Jefferson-Ric. | 41.0 | Gar-Field | 40.0 |
| 1978 | Warwick | 55.0 | Thomas Jefferson-Ric. | 32.0 |
| 1977 | Thomas Jefferson-Ric. | 50.0 | Bethel | 46.0 |
| 1976 | Gar-Field | 59.0 | Thomas Jefferson-Ric. | 47.0 |
| 1975 | Gar-Field | 70.0 | Thomas Jefferson-Ric. | 45.0 |
| 1974 | Gar-Field | 30.0 | Groveton | 25.0 |
| 1973 | Falls Church | 18.0 | James Robinson | 18.0 |

AA

| | | | | |
|------|----------------------|------|-------------------|------|
| 2010 | Blacksburg | 79.9 | R.E. Lee-Staunton | 64 |
| 2009 | Blacksburg | 52.0 | Brookville | 41.0 |
| 2008 | Park View-Sterling | 42.0 | | |
| | Brentsville District | 42.0 | | |
| 2007 | Park View-Sterling | 51.0 | Charlottesville | 35.0 |
| 2006 | Courtland | 67.5 | William Fleming | 43.0 |
| 2005 | Fauquier | 57.0 | Western Albemarle | 37.0 |
| 2004 | Courtland | 52.5 | Fauquier | 50.5 |
| 2003 | Heritage-Lynchburg | 51.0 | Amherst County | 50.0 |

| | | | | |
|------|-----------------------|-------|-----------------|-------|
| 2002 | Amherst County | 75.0 | Caroline | 52.0 |
| 2001 | Jefferson Forest | 58.0 | Caroline | 51.0 |
| 2000 | Jefferson Forest | 61.0 | Turner Ashby | 45.0 |
| 1999 | Jefferson Forest | 72.75 | Charlottesville | 47.0 |
| 1998 | Liberty-Bealeton | 51.0 | Bruton | 46.0 |
| 1997 | Bruton | 55.0 | Louisa County | 46.0 |
| 1996 | Bruton | 67.0 | Spotswood | 45.0 |
| 1995 | Christiansburg | 34.0 | Broadway | 30.0 |
| 1994 | Abingdon,Harrisonburg | 30.0 | Charlottesville | 29.0 |
| 1993 | Blacksburg | 56.0 | Brookville | 32.33 |
| 1992 | John Handley | 64.0 | Chancellor | 39.0 |
| 1991 | Blacksburg | 50.0 | Louisa County | 48.0 |
| 1990 | Blacksburg | 41.0 | George Wythe | 31.0 |
| 1989 | Radford | 72.0 | Laurel Park | 56.0 |
| 1988 | Laurel Park | 60.0 | Carroll County | 54.0 |
| 1987 | Laurel Park | 48.0 | Christiansburg | 40.0 |
| 1986 | Laurel Park | 34.0 | Carroll County | ? |
| 1985 | Blacksburg | 57.0 | Tabb | 36.0 |
| 1984 | Blacksburg | 58.0 | York | 38.0 |
| 1983 | Blacksburg | 71.0 | York | 48.5 |
| 1982 | Blacksburg | 64.0 | York | 51.0 |
| 1981 | Virginia | 54.0 | Blacksburg | 36.0 |
| 1980 | Virginia | 47.0 | Blacksburg | 37.0 |
| 1979 | Harrisonburg | 63.0 | Virginia | 62.0 |
| 1978 | Virginia | 40.0 | Loudoun Valley | 39.0 |
| 1977 | Andrew Lewis | 48.0 | Lexington | 28.0 |
| 1976 | Loudoun Valley | 50.0 | Andrew Lewis | 46.0 |
| 1975 | Orange | 44.0 | Loudoun County | 38.0 |

A

| | | | | |
|------|--------------------------|-------|-----------------------|------|
| 2010 | Manassas Park | 56.0 | James River-B | 51.0 |
| 2009 | Clarke County | 60.0 | James River-B | 39.0 |
| 2008 | Clarke County | 74.5 | George Mason | 49.0 |
| 2007 | Buffalo Gap | 77.0 | Clarke County | 43.0 |
| 2006 | Buffalo Gap | 90.0 | Clarke County | 43.0 |
| 2005 | Buffalo Gap | 82.0 | James Monroe | 79.0 |
| 2004 | Buffalo Gap | 98.25 | James Monroe | 47.0 |
| 2003 | Sussex Central | 90.0 | Brentsville District | 46.0 |
| 2002 | Sussex Central | 89.0 | Brentsville District | 60.0 |
| 2001 | Sussex Central | 79.0 | Brentsville District | 53.0 |
| 2000 | Stonewall Jackson-Qkb | 47.0 | Strasburg | 38.0 |
| 1999 | New Kent | 69.0 | Sussex Central | 63.0 |
| 1998 | Sussex Central | 74.0 | Riverheads | 61.0 |
| 1997 | Sussex Central | 79.0 | New Kent | 60.0 |
| 1996 | Patrick Henry-Glade Spr. | 50.5 | New Kent | 49.0 |
| 1995 | Surry County | 46.0 | Giles | 39.0 |
| 1994 | George Wythe | 57.0 | King William | 42.0 |
| 1993 | George Wythe, Strasburg | 48.0 | Goochland | 34.0 |
| 1992 | Strasburg | 53.0 | Patrick Henry-Glade S | 49.0 |
| 1991 | Middlesex | 44.0 | Appalachia | 40.0 |
| 1990 | Essex | 52.0 | Amelia | 46.0 |
| 1989 | Amelia | 46.0 | Essex | 35.0 |
| 1988 | Amelia | 47.0 | Clarke County | 38.0 |

| | | | |
|------|-----------------------|-------------------------------|------|
| 1987 | Amelia | Central-Woodstock | 53.0 |
| 1986 | New Kent | 82.0 Drewry Mason | 36.0 |
| 1985 | New Kent | 87.33 Pound | 38.0 |
| 1984 | New Kent | 98.0 Floyd County | 33.0 |
| 1983 | New Kent | Luray | 45.0 |
| 1982 | New Kent | 62.0 Fluvanna | 59.0 |
| 1981 | Fluvanna | 75.0 George Washington Carver | 41.0 |
| 1980 | Stonewall Jackson-Qkb | 68.0 Buffalo Gap | |
| 1979 | Stonewall Jackson-Qkb | 68.0 Fort Defiance | 37.0 |
| 1978 | Cumberland | 46.0 Rappahannock County | 44.0 |
| 1977 | Stuarts Draft | 48.0 Stonewall Jackson-Qkb | 41.0 |
| 1976 | Stonewall Jackson-Qkb | 62.0 Fort Defiance | 47.0 |
| 1975 | Orange | 44.0 Loudoun County | 38.0 |

Team Records

State championships:

| | | |
|---|---------------------|---------------------------------|
| 9 | Blacksburg (AA) | 1982-85, 1990-91, 1993, 2009-10 |
| 8 | Bethel (AAA) | 1991-92, 1998-99, 2001, 03-05 |
| 6 | New Kent (A) | 1982-86, 1999 |
| 5 | Gar-Field (AAA) | 1974-76, 1997, 2000 |
| 5 | Sussex Central (A) | 1997-98, 2001-2003 |
| 4 | Lake Braddock (AAA) | 1985-87, 1990 |

Consecutive championships:

| | | |
|---|----------|---------|
| 5 | New Kent | 1982-86 |
|---|----------|---------|

Most Points:

| | | |
|----|----------------|------|
| 98 | Landstown | 2008 |
| 96 | Western Branch | 2010 |
| 94 | Lake Braddock | 1986 |

Coaching Records

Most coaching wins:

| | | |
|-----|---------|---------|
| 121 | Mathews | 1973-99 |
|-----|---------|---------|

Individual Records

Most individual championships

| | | | |
|---|-----------------|--------------------|-----------|
| 9 | Sheena Johnson | Gar-Field | 1997-2000 |
| 9 | Paula Girven | Gar-Field | |
| 8 | Sarah Bowman | Fauquier | |
| 8 | Kiamesha Otey | New Kent | 1996-99 |
| 8 | Sarah Bowman | Fauquier | |
| 7 | Meghan McCarthy | James Robinson | |
| 7 | Natailie Baird | Park View-Sterling | 2005-08 |

Four championships in a single event

| | | | |
|---------------------|--------------------|--------------|-----------|
| Meghan McCarthy | James Robinson | 3200m Run | 1989-92 |
| Kiamesha Otey | New Kent | 100m Dash | |
| Kiamesha Otey | New Kent | 200m Dash | |
| Angela Sarah Bowman | Fauquier | 1600m Run | |
| Sheena Johnson | Gar-Field | 300m Hurdles | 1997-2000 |
| Jenkins | Buffalo Gap | Long Jump | 2003-06 |
| Shylan Bumbrey | James Monroe | 800m Run | 2002-05 |
| Natalie Baird | Park View-Sterling | Discus | 2005-08 |

Individual Champions

AAA

Shot Put (4 Kilo)

| | | | |
|----------------|----------|---------------------|-------------------|
| 2010 | 40-09.50 | Tiera Williams | Freedom-W |
| 2009 | 41-06.75 | Jaleesa Williams | First Colonial |
| 2008 | 40-03.75 | Kayla Lewis | William Fleming |
| 2007 | 41-01 | Samella Koroma | T.C. Williams |
| 2006 | 41-06 | Kathy Howard | Lee-Davis |
| 2005 | 43-11.25 | Kathy Howard | Lee-Davis |
| 2004 | 40-1 | Kathy Howard | Lee-Davis |
| 2003 | 45-4 | Tiffany Evans | Gar-Field |
| 2002 | 45-10 | Lindsay Neuberger | Frاند Cox |
| 2001 | 48-2 | Lindsay Neuberger | Frank Cox |
| 2000 | 43-5.5 | India Odum | Hayfield |
| 1999 | 40-6.25 | Courtney Washington | William Fleming |
| 1998 | 39-9 | Chastity Williams | Culpeper County |
| 1997 | 41-10 | Missy Banks | Norcom |
| 1996 | 45-3.5 | Kristy Martin | James Robinson |
| 1995 | 42-9.5 | Alease Tate | Gar-Field |
| 1994 | 40-10 | Myra Williams | Menchville |
| 1993 | 40-11 | Tamika Powell | Floyd Kellam |
| 1992 | 38-9.25 | Tamika Powell | Floyd Kellam |
| 1991 | 39-6.5 | Shelby Stillwell | Mt. Vernon |
| 1990 | 41-8.5 | Dionne Dodson | JEB Stuart |
| 1989 | 45-1.75 | Chandra Johnson | Great Bridge |
| 1988 | 43-11.25 | Shane Johnson | Great Bridge |
| 1987 | 40-6 | Debbie Mann | Mt. Vernon |
| 1986 | 45-0.5 | Jeannie Burris | Mt. Vernon |
| 1985 | 41-10 | Jeannie Burris | Mt. Vernon |
| 1984 | 42-6.25 | Debbie Rogazinski | Stonewall Jackson |
| 1983 | 40-0 | Maria Lovelace | T.C. Williams |
| 1982 | 49-9 | Tracey Toon | Menchville |
| 1981 | 44-10.75 | Tracey Toon | Menchville |
| 1980 | 44-11.5 | Stephanie Thomas | Gar-Field |
| (8 lbs) | | | |
| 1979 | 46-1.75 | Barbara Woodfolk | Charlottesville |
| 1978 | 44-6.75 | Jacqueline Bland | Highland Springs |
| 1977 | 43-11 | Jeri Daniels | Robinson |
| 1976 | 42-5 | Donna Firebaugh | Northside |
| 1975 | 42-2.5 | Jackie Gordon | W.T. Woodson |
| 1974 | 43-11 | Jackie Gordon | W.T. Woodson |
| 1973 | 40-0 | Jackie Gordon | W.T. Woodson |

Discus

| | | | |
|------|--------|--------------------|-----------------|
| 2010 | 125-07 | Haley Springman | Stone Bridge |
| 2009 | 140-09 | Christianna Moss | Patrick Henry-R |
| 2008 | 129-07 | Christianna Moss | Patrick Henry-R |
| 2007 | 124-11 | Porter Watkins | Fauquier |
| 2006 | 123-02 | Jennifer Marinacci | Manchester |
| 2005 | 136.04 | Marissa Facey | Western Branch |
| 2004 | 118-4 | Jennifer Marinacci | Manchester |
| 2003 | 139-3 | Tiffany Evans | Gar-Field |
| 2002 | 135-5 | Lindsay Neuberger | Frank Cox |
| 2001 | 137-2 | Lindsay Neuberger | Frank Cox |
| 2000 | 135-11 | Donisha Freeman | Mt. Vernon |
| 1999 | 127-4 | Donisha Freeman | Mt. Vernon |
| 1998 | 134-10 | Inhar Chong | Fairfax |
| 1997 | 140-2 | Missy Banks | Norcom |

| | | | | | | | |
|------------------|----------|----------------------|----------------------|--------------------|----------|--------------------|--------------------|
| 1996 | 108-7 | Reounda Barber | William Fleming | 1977 | 18-5.5 | Carolyn Ford | Patrick Henry-Ash. |
| 1995 | 135-7 | Kristy Martin | James Robinson | 1976 | 18-6 | Debra Harrelson | Pembroke |
| 1994 | 149-0 | Kae Watson | Hermitage | 1975 | 18-4.25 | Paula Girven | Gar-Field |
| 1993 | 137-7 | Tamika Powell | Floyd Kellam | 1974 | 18-1.5 | Paula Girven | Gar-Field |
| 1992 | 131-10 | Keonya Harris | Hermitage | 1973 | 17-1 | Pam Schafer | Falls Church |
| 1991 | 122-2 | Kimberly Arrington | Great Bridge | | | | |
| 1990 | 120-2 | Jill Fountain | Cave Spring | High Jump | | | |
| 1989 | 130-7 | Sherri Miller | Mt. Vernon | 2010 | 5-08 | Chelsea Utley | Green Run |
| 1988 | 139-2 | Kelly Sine | James Wood | 2009 | 5-10 | Tynita Butts | T.C. Williams |
| 1987 | 131-1 | Debbie Mann | Mt. Vernon | 2008 | 5-08 | DeShana Briggs | B.T. Washington |
| 1986 | 124-10 | Jeannie Burris | Mt. Vernon | 2007 | 5-10 | Ashley Gatling | Deep Creek |
| 1985 | 126-0 | Julie Cash | Mt. Vernon | 2006 | 5-08 | Ashley Gatling | Deep Creek |
| 1984 | 140-10 | Margaret Carmine | Prince George | 2005 | 5-08 | Jonee Artis | Deep Creek |
| 1983 | 139-4 | Lisa Jeter | Salem-Salem | 2004 | 5-8 | Ashley Gatling | Deep Creek |
| 1982 | 145-3 | Theresa Smith | Highland Springs | 2003 | 5-4 | Amy Seward | Salem -Va. Beach |
| 1981 | 159-0 | Jackie Wallace | Lafayette | 2002 | 5-8 | Bonnie Meekins | Oakton |
| 1980 | 152-7 | Jackie Wallace | Lafayette | 2001 | 5-11 | Krystle Moss | T. Jefferson S&T |
| 1979 | 143-1 | Susan Glover | Stafford | 2000 | 5-6 | Bonnie Meekins | Oakton |
| 1978 | 144-4.25 | Susan Glover | Stafford | 1999 | 5-6 | Rachel Dailey | Fairfax |
| 1977 | 131-10 | Harriett Cook | Bayside | 1998 | 5-6 | Genny Harding | Thomas Dale |
| 1976 | 128-5 | Laura Fetty | Patrick Henry-Ash. | 1997 | 5-8 | Virginia Miller | Gar-Field |
| 1975 | 140-10 | Jackie Gordon | Woodson | 1996 | 5-6 | Felicia Cooksey | Mt. Vernon |
| 1974 | 137-2 | Jackie Gordon | Woodson | 1995 | 5-6 | Felicia Cooksey | Mt. Vernon |
| 1973 | 136.5 | Jackie Gordon | Woodson | 1994 | 5-4 | Jamie McCoy | Heritage |
| | | | | 1993 | 5-6 | Emily Rakes | Cave Spring |
| Long Jump | | | | 1992 | 5-5 | Nicole Wyant | Osborn Park |
| 2010 | 19-05.75 | Jazmen Townsend | Grassfield | 1991 | 5-8 | Alisa Curtis | Great Bridge |
| 2009 | 19-05.50 | Karimah Shepherd | Grassfield | 1990 | 5-8 | Kelli Flynn | T.C. Williams |
| 2008 | 18-11.25 | Tiffany Harris | Churchland | 1989 | 5-7 | Kelli Flynn | T.C. Williams |
| 2007 | 19-09 | Shakia Forbes | Bethel | 1988 | 5-8 | Tisha Waller | Halifax County |
| 2006 | 18-09 | Brittini Dixon | Woodbridge | 1987 | 5-6 | Clarissa Dudley | Denbigh |
| 2005 | 18-05 | Ashanti Matthews | Norview | 1986 | 5-7 | Carmen Mann | Falls Church |
| 2004 | 18-11.75 | Queen Harrison | Hermitage | 1985 | 5-9 | Carmen Mann | Falls Church |
| 2003 | 19-10.7 | Yvette Lewis | Menchville | 1984 | 5-5 | Hyacinth Robinson | Lake Taylor |
| 2002 | 18-7.25 | Bonnie Meekins | Oakton | 1983 | 5-5 | Jenny Jackson | Lake Braddock |
| 2001 | 19-4 | Amy Seward | Salem | 1982 | 5-8 | Angela-Marie Jones | Groveton |
| 2000 | 20-2.5 | Sheena Johnason | Gar-Field | 1981 | 5-8 | Tamela Penny | Hermitage |
| 1999 | 19-4.5 | Yolanda Thompson | West Potomac | 1980 | 5-8 | Tamela Penny | Hermitage |
| 1998 | 18-10 | Yolanda Thompson | West Potomac | 1979 | 5-6 | Debbie Sanders | George Marshall |
| 1997 | 18-8 | Maruquel Williams | Gar-Field | 1978 | 5-8 | Dale Wallace | George Marshall |
| 1996 | 18-6.75 | Melanie Burgess | George Marshall | 1977 | 5-8 | Anne Cale | Herndon |
| 1995 | 18-7.25 | Leticia Claytor | Franklin County | 1976 | 6-1/8 | Paula Girven | Gar-Field |
| 1994 | 18-8.25 | Kristina Flannagan | Heritage | 1975 | 5-10 | Paula Girven | Gar-Field |
| 1993 | 19-0.25 | Tonya McDuffie | Phoebus | 1974 | 5-7 | Paula Girven | Gar-Field |
| 1992 | 17-9.25 | Tonya Williams | Norview | | | | |
| 1991 | 19-4 | Monyetta Haynesworth | Potomac | Triple Jump | | | |
| 1990 | 18-7.5 | Niambi Dennis | Meadowbrook | 2010 | 39-10.25 | Desmonae Gray | Western Branch |
| 1989 | 19-4 | Tamara Cuffee | B.T. Washington | 2009 | 40-11.25 | Briana Hudson | Deep Run |
| 1988 | 19-8.5 | Anita Hooks | William Fleming | 2008 | 39-05.75 | Briana Hudson | Deep Run |
| 1987 | 19-0.5 | Dana Boone | Lake Braddock | 2007 | 40-10.50 | Rachel Butler | Lee-Davis |
| 1986 | 19-10.5 | Carmen Mann | Falls Church | 2006 | 39-10 | Rachel Butler | Lee-Davis |
| 1985 | 19-8 | Dana Boone | Lake Braddock | 2005 | 39-06 | Rachel Lewis | Meadowbrook |
| 1984 | 18-10.5 | Hyacinth Robinson | Lake Taylor | 2004 | 40-0 | Shayla Jemmott | Salem-Va. Beach |
| 1983 | 19-5.25 | Bridget Hayes | Menchville | 2003 | 41-5.75 | Yvette Lewis | Menchville |
| 1982 | 19-5.25 | Tracy Valentine | Armstrong/Kennedy | 2002 | 39-0.25 | Yvette Lewis | Denbigh |
| 1981 | 20-6.5 | Piper Bressant | Jeff./Huguenot/Wythe | 2001 | 39-7.5 | Amy Seward | Salem - Va. Beach |
| 1980 | 19-5.5 | Tamela Penny | Hermitage | 2000 | 40-7.25 | Sheena Johnson | Gar-Field |
| 1979 | 18-2.5 | Piper Bressant | Thomas Jefferson-R | 1999 | 40-6.25 | Yolanda Thompson | West Potomac |
| 1978 | 18-8.25 | Tamela Penny | Hermitage | 1998 | 40-8.5 | Yolanda Thompson | West Potomac |

| | | | | | | | |
|----------------------|---------|----------------------|----------------------|----------------------------|-------|--------------------|----------------------|
| 1997 | 40-4 | Yolanda Thompson | West Potomac | 1981 | 13.5 | Piper Bressant | Jeff./Huguenot/Wythe |
| 1996 | 41-4 | Jennifer Walker | T. Jefferson S&T | 1980 | 13.9 | Susan Allen | Groveton |
| 1995 | 40-10.5 | Sherlane Armstrong | Salem-Va. Beach | 110yd Hurdles (30") | | | |
| 1994 | 40-1.5 | Jennifer Walker | T. Jefferson S&T | 1979 | 14.2 | Benita Fitzgerald | Gar-Field |
| 1993 | 37-3 | Tonya McDuffie | Phoebus | 80yd Hurdles (30") | | | |
| 1992 | 37-2 | Kim Townes | Highland Springs | 1978 | 10.51 | Benita Fitzgerald | Gar-Field |
| 1991 | 39-3.5 | Monyetta Haynesworth | Potomac | 1977 | 10.3 | Michelle Kennard | Bethel |
| 1990 | 38-8 | Shavonne Dargan | Gar-Field | 1976 | 10.4 | Paula Girven | Gar-Field |
| 1989 | 40-7 | Marchelle Payne | Meadowbrook | 1975 | 10.4 | Paula Girven | Gar-Field |
| 1988 | 40-10.5 | Mindy Manuel | Thomas Jefferson-R | 1974 | 10.5 | Michelle Hardin | Mt. Vernon |
| 1987 | 42-9.5 | Dana Boone | Lake Braddock | 1973 | 10.7 | Pam Schafer | Falls Church |
| 1986 | 39-6 | Dana Boone | Lake Braddock | 300m Hurdles | | | |
| Pole Vault | | | | 2010 | 43.94 | Vamonie Boddie | Phoebus |
| 2010 | 12-06 | Lizzie Powell | Patrick Henry-Ash. | 2009 | 41.59 | Taylor Wheaton | Landstown |
| 2009 | 12-03 | Lizzie Powell | Patrick Henry-Ash. | 2008 | 42.76 | Brittany Hyter | Osborn Park |
| 2008 | 12-0 | Emma Dejarrette | Atlee | 2007 | 42.10 | Tierra Brown | Hampton |
| 2007 | 12-0 | Anne Marie Gordon | Mills Godwin | 2006 | 42.53 | Tierra Brown | Hampton |
| 2006 | 11-06 | Nicole Kazuba | Chantilly | 2005 | 42.58 | Octavia James | Heritage |
| 2005 | 10-06 | Betsy Alter | Westfield | 2004 | 43.03 | Tierra Brown | Hampton |
| 2004 | 10-0 | Nancy Baar | Patrick Henry | 2003 | 44.65 | Jelyn Quick | Menchville |
| 2003 | 11-0 | Rhian Jenks | Prince George | 2002 | 42.96 | Lauren Taylor | Western Branch |
| 2002 | 12-0 | Kira Barcus | Atlee | 2001 | 42.96 | Keosha Sanders | Brooke Point |
| 2001 | 11-0 | Kira Barcus | Atlee | 2000 | 40.94 | Sheena Johnson | Gar-Field |
| 2000 | 11-0 | Danielle Taylor | Frank Cox | 1999 | 41.76 | Sheena Johnson | Gar-Field |
| 1999 | 10-6 | Carrie Bennett | Hayfield | 1998 | 42.19 | Sheena Johnson | Gar-Field |
| 100m Hurdles | | | | 1997 | 41.64 | Sheena Johnson | Gar-Field |
| 2010 | 14.54 | Breana Norman | Landstown | 1996 | 41.62 | Shontel Powell | Ferguson |
| 2009 | 13.98 | Taylor Wheaton | Landstown | 1995 | 42.72 | Connie McKnight | James Robinson |
| 2008 | 14.18 | Charisse Bryant | Green Run | 1994 | 43.54 | Joetta Purter | Menchville |
| 2007 | 13.73 | Tierra Brown | Hamton | 1993 | 43.56 | Joetta Purter | Menchville |
| 2006 | 14.15 | Tierra Brown | Hampton | 1992 | 43.60 | Tonya Williams | Norview |
| 2005 | 14.40 | Kali Watkon | Menchville | 1991 | 43.72 | Kim Townes | Highland Springs |
| 2004 | 14.49 | Andrea Wheeler | Lakeland | 1990 | 42.8 | Richelle Williams | Lake Taylor |
| 2003 | 14.82 | Afua Amponsah | Gar-Field | 1989 | 43.16 | Ericka Selby | Green Run |
| 2002 | 14.00 | Lauren Taylor | Western Branch | 1988 | 42.60 | Lisa Wells | Manor |
| 2001 | 14.7 | Kellie Wells | James River | 1987 | 43.54 | Christa Scruggs | Thomas Edison |
| 2000 | 13.82 | Sheena Johnson | Gar-Field | 1986 | 43.94 | Lisa Wells | Manor |
| 1999 | 14.17 | Sheena Johnson | Gar-Field | 1985 | 44.44 | Carmen Mann | Falls Church |
| 1998 | 14.40 | Sheena Johnson | Gar-Field | 100m Dash | | | |
| 1997 | 13.96 | Alysia Barton | Woodbridge | 2010 | 11.86 | Keilah Tyson | Western Branch |
| 1996 | 14.20 | Shontel Powell | Ferguson | 2009 | 12.04 | Marlena Wesh | Landstown |
| 1995 | 14.42 | Cicely Marshall | George Washington | 2008 | 11.86 | Marlena Wesh | Landstown |
| 1994 | 13.60* | LaTasha Colander | Woodrow Wilson | 2007 | 11.96 | Shanneka Claiborne | Matoaca |
| 1993 | 14.23 | LaTasha Colander | Manor | 2006 | 11.91 | Shanneka Claiborne | Matoaca |
| 1992 | 14.5 | Kim Townes | Highland Springs | 2005 | 11.78 | Francena McCorory | Bethel |
| 1991 | 14.0 | Monyetta Haynesworth | Potomac | 2004 | 11.83 | Francena McCorory | Bethel |
| 1990 | 14.36 | Kim Blair | Hampton | 2003 | 12.57 | Francena McCorory | Bethel |
| 1989 | 14.36 | Marsha Parker | Denbigh | 2002 | 12.25 | Tosin Oluwole | Western Branch |
| 1988 | 13.81 | Lisa Wells | Manor | 2001 | 12.07 | Ara Towns | Bethel |
| 1987 | 14.23 | Marcia Fletcher | Osborn Park | 2000 | 11.81 | Ara Towns | Bethel |
| 1986 | 14.57 | Dana Boone | Lake Braddock | 1999 | 12.04 | Ara Towns | Bethel |
| 1985 | 14.09 | Towanda Hammond | Jeff./Huguenot/Wythe | 1998 | 12.17 | Kandis Harris | Bethel |
| (30" Hurdles) | | | | 1997 | 11.95 | LaShonda Cutchin | Bayside |
| 1984 | 13.93 | Towanda Hammond | Jeff./Huguenot/Wythe | 1996 | 12.05 | LaShonda Cutchin | Bayside |
| 1983 | 14.61 | Santa Williams | B. T. Washington | 1995 | 12.25 | LaShonda Cutchin | Bayside |
| 1982 | 13.4 | Arnita Epps | Kellam | | | | |

| | | | |
|------|--------|------------------|----------------------|
| 1994 | 11.71* | LaTasha Colander | Woodrow Wilson |
| 1993 | 12.01 | LaTasha Colander | Manor |
| 1992 | 12.20 | Janelle Johnson | Bethel |
| 1991 | 12.29 | Alisha Tucker | Hampton |
| 1990 | 12.0 | Tracie Harris | Huguenot |
| 1989 | 11.73 | Kim Graham | Stonewall Jackson |
| 1988 | 11.94 | Monique Everrett | Denbigh |
| 1987 | 12.11 | Monique Everrett | Denbigh |
| 1986 | 11.87 | Julie Sandy | Salem-Salem |
| 1985 | 12.00 | Julie Sandy | Salem-Salem |
| 1984 | 11.71* | Dawn Sowell | Jeff./Huguenot/Wythe |
| 1983 | 12.15 | Sonja Fridy | Patrick Henry-Ash |
| 1982 | 11.7 | Fawn Young | Manor |
| 1981 | 12.0 | Joyce Walton | Bayside |
| 1980 | 11.7 | Denise Cox | Marshall/Walker |

100yd Dash

| | | | |
|------|-------|-------------------|----------------|
| 1979 | 11.0 | Judy Washington | Kempsville |
| 1978 | 10.91 | Judy Washington | Kempsville |
| 1977 | 10.7 | Judy Washington | Kempsville |
| 1976 | 10.6* | Bernadette Jones | Washington-Lee |
| 1975 | 11.2 | Lizzette Deskins | Yorktown |
| 1974 | 11.6 | Sharon Richardson | Kecoughtan |
| 1973 | 11.6 | Mary Arthurs | Washington-Lee |

200m Dash

| | | | |
|------|-------|-------------------|----------------------|
| 2010 | 24.09 | Christal Peterson | Phoebus |
| 2009 | 24.20 | Marlena Wesh | Landstown |
| 2008 | 23.97 | Marlena Wesh | Landstown |
| 2007 | 24.10 | Dominique Jordan | Woodside |
| 2006 | 24.40 | Cierra McGee | Landstown |
| 2005 | 23.84 | Francena McCorory | Bethel |
| 2004 | 24.20 | Francena McCorory | Bethel |
| 2003 | 24.77 | Francena McCorory | Bethel |
| 2002 | 24.97 | Yvette Lewis | Denbigh |
| 2001 | 24.82 | Asia Carroll | Bethel |
| 2000 | 24.44 | Alyssa Aiken | Chantilly |
| 1999 | 24.52 | Faith Rein | Centreville |
| 1998 | 24.93 | Kandis Harris | Bethel |
| 1997 | 24.11 | LaShonda Cutchin | Bayside |
| 1996 | 24.40 | LaShonda Cutchin | Bayside |
| 1995 | 25.26 | Promise Mose | John Kennedy |
| 1994 | 23.64 | LaTasha Colander | Woodrow Wilson |
| 1993 | 24.15 | LaTasha Colander | Manor |
| 1992 | 24.50 | Janelle Johnson | Bethel |
| 1991 | 24.39 | Janelle Johnson | Bethel |
| 1990 | 24.56 | Janelle Johnson | Bethel |
| 1989 | 23.79 | Kim Graham | Stonewall Jackson |
| 1988 | 24.42 | Kim Graham | Stonewall Jackson |
| 1987 | 24.8 | Kendyl Baugh | South Lakes |
| 1986 | 24.35 | Julie Sandy | Salem-Salem |
| 1985 | 24.91 | Julie Sandy | Salem-Salem |
| 1984 | 23.50 | Dawn Sowell | Jeff./Huguenot/Wythe |
| 1983 | 24.33 | Jonja Fridy | Patrick Henry-Ash. |
| 1982 | 24.2 | Fawn Young | Manor |
| 1981 | 24.9 | Fawn Young | Manor |
| 1980 | 23.6 | Denise Cox | Marshall/Walker |

220yd Dash

| | | | |
|------|-------|-------------------|------------|
| 1979 | 24.6 | Benita Fitzgerald | Gar-Field |
| 1978 | 24.66 | Judy Washington | Kempsville |
| 1977 | 24.5 | Sherri Cook | Bethel |
| 1976 | 24.0 | Linda Portasik | Fort Hunt |
| 1975 | 25.1 | Paula Girven | Gar-Field |
| 1974 | 26.1 | Paula Girven | Gar-Field |
| 1973 | 25.5 | Debbie Pastel | Robinson |

400m Dash

| | | | |
|------|-------|------------------|----------------|
| 2010 | 54.87 | Monica Williams | Green Run |
| 2009 | 54.30 | Marlena Wesh | Landstown |
| 2008 | 55.05 | Cierra McGee | Landstown |
| 2007 | 54.42 | Dominique Jordan | Woodside |
| 2006 | 55.62 | Tiara Swindell | Kecoughtan |
| 2005 | 55.60 | Crystal Roscoe | Oscar Smith |
| 2004 | 55.61 | Farnigh Giles | Tallwood |
| 2003 | 56.99 | Shareese Woods | Prince George |
| 2002 | 55.47 | Faraigh Giles | Tallwood |
| 2001 | 57.28 | Sarah Beale | Lake Braddock |
| 2000 | 53.83 | Alyssa Aiken | Chantilly |
| 1999 | 53.45 | Alyssa Aiken | Chantilly |
| 1998 | 54.10 | Faith Rein | Centreville |
| 1997 | 54.12 | Faith Rein | Centreville |
| 1996 | 55.95 | Yolanda Thompson | West Potomac |
| 1995 | 55.55 | Promise Mose | John Kennedy |
| 1994 | 54.91 | Leslie Satchell | Bethel |
| 1993 | 55.33 | Fatima Joyner | Indian River |
| 1992 | 57.80 | Sadie Jackson | Menchville |
| 1991 | 55.75 | Batanya Poole | Manor |
| 1990 | 54.72 | Batanya Poole | Manor |
| 1989 | 55.61 | Batanya Poole | Manor |
| 1988 | 55.90 | Kendyl Baugh | South Lakes |
| 1987 | 54.66 | Kendyl Baugh | South Lakes |
| 1986 | 55.52 | Cathron Birge | Lake Braddock |
| 1985 | 55.84 | Cathron Birge | Lake Braddock |
| 1984 | 54.12 | Cathron Birge | Lake Braddock |
| 1983 | 55.16 | Trina Creekmore | First Colonial |
| 1982 | 55.1 | Trina Creekmore | First Colonial |
| 1981 | 55.1 | Durie Rhodes | Fort Hunt |
| 1980 | 54.8 | Millicent Brown | Ferguson |

440yd Dash

| | | | |
|------|------|-----------------|-------------|
| 1979 | 57.1 | Pam Christian | Lafayette |
| 1978 | 54.7 | Cassandra Jones | Warwick |
| 1977 | 55.0 | Linda Portasik | Fort Hunt |
| 1976 | 55.7 | Linda Portasik | Fort Hunt |
| 1975 | 55.7 | Enda Jenkins | Kecoughtan |
| 1974 | 58.3 | Sherry James | Groveton |
| 1973 | 58.7 | Connie Franklin | Amherst Co. |

800m Run

| | | | |
|------|---------|-------------------|-----------------|
| 2010 | 2:10.55 | Myah Hicks | Thomas Edison |
| 2009 | 2:12.09 | Frances Dowd | Fairfax |
| 2008 | 2:15.82 | Amanda Smith | Grassfield |
| 2007 | 2:13.93 | Paige Johnston | Midlothian |
| 2006 | 2:15.06 | Marlene Belizaire | Kecoughtan |
| 2005 | 2:15.38 | Christi Harsha | Douglas Freeman |
| 2004 | 2:15.64 | Natalie Sherbak | Floyd Kellam |

| | | | | | | | |
|------------------|---------|------------------------|--------------------|---------------------------|----------|------------------------|----------------------|
| 2003 | 2:10.06 | Leslie Treherne | Western Branch | 1986 | 4:54.40 | Wendy Neely | Lake Braddock |
| 2002 | 2:12.61 | Dacia Barr | Centreville | 1985 | 4:59.1 | Kathy Graves | South Lakes |
| 2001 | 2:10.76 | Nicole Cook | Petersburg | 1984 | 4:55.27 | Victoria Verinder | Langley |
| 2000 | 2:09.30 | Nikeya Green | Hayfield | 1983 | 4:50.32 | Alisa Harvey | T. Jefferson S&T |
| 1999 | 2:10.69 | Sharon O'Connor | Mt. Vernon | 1982 | 4:50.9 | Andrea Volpe | Lake Braddock |
| 1998 | 2:10.40 | Sharon O'Connor | Mt. Vernon | 1981 | 5:00.5 | Sue Miley | Fort Hunt |
| 1997 | 2:15.16 | Sarah Burkett | Manchester | 1980 | 4:59.6 | Sue Miley | Fort Hunt |
| 1996 | 2:14.55 | Sarah Burkett | Manchester | 1979 | 4:50.3 | Linda Portsik | Fort Hunt |
| 1995 | 2:14.35 | Stacey Carpenter | C.D. Hylton | 1978 | 5:07.2 | Robin Roughton | Mt. Vernon |
| 1994 | 2:16.03 | Anna Kohler | Menchville | 1977 | 5:00.0 | Sandra McGuire | Annandale |
| 1993 | 2:17.29 | Regina Ware | Green Run | 1976 | 5:16.1 | Alanna McCarthy | Charlottesville |
| 1992 | 2:15.70 | Kelly Mercer | T.C. Williams | 1975 | 5:16.8 | Alanna McCarthy | Charlottesville |
| 1991 | 2:15.2 | Kelly Mercer | T.C. Williams | | | | |
| 1990 | 2:15.1 | Devon Lindahl | West Springfield | | | | |
| 1989 | 2:15.88 | Jill Baumgartner | West Springfield | 3200m Run | | | |
| 1988 | 2:15.7 | Judith Scott | Langley | 2010 | 10:30.08 | Katherine Walker | Brooke Point |
| 1987 | 2:13.53 | Robin Grimm | Fairfax | 2009 | 10:50.50 | Stacey Nobles | Ocean Lakes |
| 1986 | 2:12.18 | Sharon Poole | Langley | 2008 | 11:00.23 | Hiruni Wijayaratne | Herndon |
| 1985 | 2:14.68 | Sharon Poole | Langley | 2007 | 11:02.41 | Sarrah Hadiji | W.T. Woodson |
| 1984 | 2:12.51 | Jenny Pedersen | Langley | 2006 | 10:50.73 | Rachel Rose | Albemarle |
| 1983 | 2:13.21 | Alisa Harvey | T. Jefferson-Alex. | 2005 | 10:50.83 | Aurora Scott | Western Branch |
| 1982 | 2:13.2 | Alisa Harvey | T. Jefferson-Alex. | 2004 | 10:42.70 | Melissa Dewey | Hayfield |
| 1981 | 2:14.6 | Joan Humphries | James Madison | 2003 | 11:07.97 | Jennifer Boyd | Hickory |
| 1980 | 2:18.7 | Joan Humphries | James Madison | 2002 | 11:03.26 | Jennifer Boyd | Hickory |
| | | | | 2001 | 11:08.51 | Jeannie Addison | T. Jefferson S&T |
| | | | | 2000 | 11:04.23 | Erin Swain | Lake Braddock |
| | | | | 1999 | 10:40.06 | Liz Awtrey | James Robinson |
| 880yd Run | | | | 1998 | 10:49.60 | Laura Heiner | Centreville |
| 1979 | 2:11.7 | Linda Portasik | Fort Hunt | 1997 | 10:54.34 | Pamela Edwards | Tallwood |
| 1978 | 2:10.13 | Linda Portasik | Fort Hunt | 1996 | 10:51.89 | Jennifer Owens | Albemarle |
| 1977 | 2:17.5 | Kim Dunlap | James Wood | 1995 | 10:47.80 | Jaclyn Kerr | T. Jefferson S&T |
| 1976 | 2:23.6 | Tanya Hill | Thomas Jefferson-R | 1994 | 10:47.17 | Elisa Beres | Centreville |
| 1975 | 2:20.2 | Barbara Butler | Groveton | 1993 | 11:08.30 | Elisa Beres | Centreville |
| 1974 | 2:22.2 | Barbara Butler | Groveton | 1992 | 10:57.70 | Meghan McCarthy | James Robinson |
| 1973 | 2:23.6 | Kaye Underhill | Dinwiddie | 1991 | 11:08.3 | Meghan McCarthy | James Robinson |
| | | | | 1990 | 11:03.2 | Meghan McCarthy | James Robinson |
| 1600m Run | | | | 1989 | 10:51.48 | Meghan McCarthy | James Robinson |
| 2010 | 4:56.22 | Kathleen Lautzenheiser | Midlothian | 1988 | 10:43.8 | Alexa Lange | Herndon |
| 2009 | 5:01.20 | Elizabeth Barclay | Albemarle | 1987 | 10:22.35 | Erin Keogh | Langley |
| 2008 | 4:56.75 | Tasia Potasinski | Westfield | 1986 | 10:05.58 | Erin Keogh | Langley |
| 2007 | 4:59.46 | Kathleen Lautzenheiser | Midlothian | 1985 | 10:35.69 | Erin Keogh | Langley |
| 2006 | 4:53.02 | Kristine Tobin | Great Bridge | 1984 | 10:59.03 | Demarch Robertson | Jeff./Huguenot/Wythe |
| 2005 | 4:58.99 | Aurora Scott | Western Branch | 1983 | 10:47.45 | Andrea Volpe | Lake Braddock |
| 2004 | 4:57.18 | Natalie Sherbak | Floyd Kellam | 1982 | 10:40.7 | Charlene Burstrom | Yorktown |
| 2003 | 5:00.24 | Kelley Taylor | Floyd Kellam | 1981 | 10:56.7 | Sue Miley | Fort Hunt |
| 2002 | 5:03.88 | Kiera Carlstrom | Oakton | 1980 | 10:44.1 | Kendall Tata | Kempsville |
| 2001 | 5:06.89 | Keira Carlstrom | Oakton | 1979 | 10:54.0 | Kendall Tata | Kempsville |
| 2000 | 5:03.49 | Nikeya Green | Hayfield | 1978 | 11:15.34 | Robin Roughton | Mt. Vernon |
| 1999 | 4:53.42 | Sharon O'Connor | Mt. Vernon | | | | |
| 1998 | 4:51.95 | Laura Heiner | Centreville | | | | |
| 1997 | 4:57.23 | Nicole Snider | T. Jefferson S&T | 400m Relay (4x100) | | | |
| 1996 | 5:01.85 | Cammie Heiner | Centreville | 2010 | 47.33 | Western Branch | |
| 1995 | 4:55.81 | Jaclyn Kerr | T. Jefferson S&T | 2009 | 47.36 | Bethel | |
| 1994 | 4:55.08 | Jessica Heiner | Centreville | 2008 | 46.51 | Landstown | |
| 1993 | 5:00.58 | Stacey Carpenter | C.D. Hylton | 2007 | 46.95 | Deep Creek | |
| 1992 | 4:57.80 | Meghan McCarthy | James Robinson | 2006 | 46.87 | Salem | |
| 1991 | 4:57.3 | Kelly Donahoe | Stafford | 2005 | 47.27 | Bethel | |
| 1990 | 5:00.00 | Meghan McCarthy | James Robinson | 2004 | 48.45 | Bethel | |
| 1989 | 4:57.69 | Meghan McCarthy | James Robinson | 2003 | 47.48 | Bethel | |
| 1988 | 5:54.4 | Anne Evans | South Lakes | 2002 | 47.32 | Salem - Virginia Beach | |
| 1987 | 4:53.14 | Wendy Neely | Lake Braddock | 2001 | 46.97 | Bethel | |

| | | |
|------|-------|--------------------------|
| 2000 | 46.74 | Bethel |
| 1999 | 47.55 | Bethel |
| 1998 | 46.75 | Bethel |
| 1997 | 45.79 | Bayside |
| 1996 | 47.11 | Bayside |
| 1995 | 47.26 | Bayside |
| 1994 | 48.55 | Centreville |
| 1993 | 48.33 | Phoebus |
| 1992 | 49.10 | Phoebus |
| 1991 | 47.54 | Bethel |
| 1990 | 48.70 | Hampton |
| 1989 | 47.71 | Stonewall Jackson |
| 1988 | 48.63 | Stonewall Jackson |
| 1987 | 47.0 | Denbigh |
| 1986 | 47.90 | Lake Braddock |
| 1985 | 47.48 | Jefferson/Huguenot/Wythe |
| 1984 | 48.62 | Jefferson/Huguenot/Wythe |
| 1983 | 48.60 | Menchville |
| 1982 | 47.8 | Phoebus |
| 1981 | 48.2 | Jefferson/Huguenot/Wythe |
| 1980 | 48.2 | Armstrong/Kennedy |

440yd Relay

| | | |
|------|-------|----------|
| 1979 | 48.7 | Bethel |
| 1978 | 47.69 | Warwick |
| 1977 | 48.3 | Warwick |
| 1976 | 48.9 | Pembroke |
| 1975 | 49.4 | Hayfield |
| 1974 | 50.6 | Ferguson |
| 1973 | 51.1 | Essex |

800m Relay

| | | |
|------|---------|--------------------------|
| 1984 | 1:40.51 | Jefferson/Huguenot/Wythe |
| 1983 | 1:41.82 | Menchville |
| 1982 | 1:40.2 | Menchville |
| 1981 | 1:41.0 | Jefferson/Huguenot/Wythe |
| 1980 | 1:39.1 | Marshall-Walker |

880yd Relay

| | | |
|------|--------|--------------------|
| 1979 | 1:41.8 | Manor |
| 1978 | 1:41.0 | Warwick |
| 1977 | 1:40.1 | Bethel |
| 1976 | 1:44.0 | Thomas Jefferson-R |
| 1975 | 1:43.9 | Thomas Jefferson-R |
| 1974 | 1:49.3 | Woodson |

1600m Relay (4x400)

| | | |
|------|---------|-------------|
| 2010 | 3:48.84 | Bethel |
| 2009 | 3:48.86 | Bethel |
| 2008 | 3:47.92 | Landstown |
| 2007 | 3:48.35 | Landstown |
| 2006 | 3:48.79 | Landstown |
| 2005 | 3:53.22 | Oscar Smith |
| 2004 | 3:54.66 | Tallwood |
| 2003 | 3:52.04 | Tallwood |
| 2002 | 3:52.73 | Bethel |
| 2001 | 3:52.91 | Bethel |
| 2000 | 3:46.28 | Bethel |
| 1999 | 3:48.24 | Bethel |

| | | |
|------|---------|--------------------------|
| 1998 | 3:43.46 | Menchville |
| 1997 | 3:48.79 | Bayside |
| 1996 | 3:51.92 | Hampton |
| 1995 | 3:51.34 | Bayside |
| 1994 | 3:48.52 | Menchville |
| 1993 | 3:53.93 | Phoebus |
| 1992 | 3:56.10 | Bethel |
| 1991 | 3:47.29 | Bethel |
| 1990 | 3:50.62 | Bethel |
| 1989 | 3:51.88 | Green Run |
| 1988 | 3:52.39 | Manor |
| 1987 | 3:53.2 | West Springfield |
| 1986 | 3:48.67 | Lake Braddock |
| 1985 | 3:52.53 | Lafayette |
| 1984 | 3:48.69 | Jefferson/Huguenot/Wythe |
| 1983 | 3:53.92 | Salem-Salem |
| 1982 | 3:52.2 | Jefferson/Huguenot/Wythe |
| 1981 | 3:50.6 | Jefferson/Huguenot/Wythe |
| 1980 | 3:52.3 | Jefferson/Huguenot/Wythe |
| 1979 | 3:57.1 | Bethel |
| 1978 | 3:53.1 | Bethel |
| 1977 | 3:59.0 | Woodson |
| 1976 | 4:06.1 | Gar-Field |
| 1975 | 4:04.0 | Gar-Field |

3200m Relay (4x800)

| | | |
|------|---------|---------------------------|
| 2010 | 9:08.32 | West Springfield |
| 2009 | 9:19.11 | Lake Braddock |
| 2008 | 9:19.42 | Landstown |
| 2007 | 9:14.86 | Westfield |
| 2006 | 9:15.03 | Lake Braddock |
| 2005 | 9:17.42 | Oakton |
| 2004 | 9:30.92 | Floyd Kellam |
| 2003 | 9:12.13 | James Robinson |
| 2002 | 9:15.34 | West Springfield |
| 2001 | 9:18.02 | James Robinson |
| 2000 | 9:22.32 | Oakton |
| 1999 | 9:10.29 | Thomas Jefferson S&T |
| 1998 | 9:22.53 | Kecoughtan |
| 1997 | 9:11.50 | Manchester |
| 1996 | 9:16.82 | Manchester |
| 1995 | 9:17.90 | Thomas Jefferson-Richmond |
| 1994 | 9:22.64 | E.C. Glass |
| 1993 | 9:27.00 | Lake Braddock |
| 1992 | 9:37.80 | Langley |
| 1991 | 9:31.4 | North Stafford |
| 1990 | 9:31.6 | Lake Braddock |
| 1989 | 9:32.45 | Lake Braddock |

Individual Champions

AA

Shot Put

| | | | |
|------|----------|---------------|--------------------|
| 2010 | 40-01.50 | Daquaa Scott | R.E. Lee-Staunton |
| 2009 | 39-04.75 | Jerica Glover | Amherst County |
| 2008 | 43-09 | Natalie Baird | Park View-Sterling |
| 2007 | 42-00.75 | Natalie Baird | Park View-Sterling |
| 2006 | 42-08 | Natalie Baird | Park View-Sterling |

| | | | |
|------|----------|------------------|-------------------|
| 2005 | 42-00.50 | Rachel Clark | Liberty-Bealeton |
| 2004 | 42-1.25 | Tierra Hubbard | William Fleming |
| 2003 | 40-3 | Tierra Hubbard | William Fleming |
| 2002 | 40-4 | Tierra Hubbard | William Fleming |
| 2001 | 39-5.75 | Mildred Cooper | Gretna |
| 2000 | 39-6 | Latonya Nelson | Caroline |
| 1999 | 39-7.5 | Ashley Honeycutt | Lee |
| 1998 | 40-8.25 | Ashley Honeycutt | Lee |
| 1997 | 39-8.25 | Ashley Honeycutt | Lee |
| 1996 | 41-5.5 | Solondria Wyche | Brunswick |
| 1995 | 39-7 | Solondria Wyche | Brunswick |
| 1994 | 39-1 | Rebekah Melton | Lee |
| 1993 | 40-1 | Kish Jordan | Harrisonburg |
| 1992 | 38-5.75 | Marie Alcala | Loudon Co. |
| 1991 | 39-9.25 | Angela Walton | Brunswick |
| 1990 | 40-4 | Simone Farrar | Matoaca |
| 1989 | 40-4.75 | Amy Washington | Harrisonburg |
| 1988 | 44-2 | Gloria Dillard | Christiansburg |
| 1987 | 42-9.5 | Gloria Dillard | Christiansburg |
| 1986 | 42-3.5 | Gloria Dillard | Christiansburg |
| 1985 | 39-7.75 | Missy Dudley | Western Albemarle |
| 1984 | 37-11.5 | Lisa Campbell | Turner Ashby |
| 1983 | 45-7.75* | Teena Brooks | Meadowbrook |
| 1982 | 43-9 | Teena Brooks | Meadowbrook |
| 1981 | 39-11 | Vadine Holmes | King George |
| 1980 | 40-1.5 | Cindy Wilson | Gloucester |

Discus

| | | | |
|------|---------|--------------------|--------------------|
| 2010 | 135-11 | Daquaa Scott | R.E. Lee-Staunton |
| 2009 | 117-05 | Ashley Rasmussen | Skyline |
| 2008 | 161-07* | Nataillie Baird | Park View-Sterling |
| 2007 | 159-04 | Natalie Baird | Park View-Sterling |
| 2006 | 152-05 | Natalie Baird | Park View-Sterling |
| 2005 | 139-11 | Natalie Baird | Park View-Sterling |
| 2004 | 133-6 | Geonna Adeka | Stone Bridge |
| 2003 | 124-3 | Jennifer Showker | Spotswood |
| 2002 | 128-2 | Liz Hager | Pulaski County |
| 2001 | 128-1 | Christina Miller | Potomac Falls |
| 2000 | 116-11 | Jennell Holmes | York |
| 1999 | 121-7 | Ashley Honeycutt | Lee |
| 1998 | 130-9 | Ashely Honeycutt | Lee |
| 1997 | 132-9 | Rachel Pendleton | Patrick Co. |
| 1996 | 121-0 | Damie Malone | Handley |
| 1995 | 130-7 | Maureen Jackson | Christiansburg |
| 1994 | 129-5 | Alyson Blankenship | Richlands |
| 1993 | 125-10 | Tennell Smith | Altavista |
| 1992 | 125-4 | Marie Alcala | Loudon Co. |
| 1991 | 128-9 | Simone Farrar | Matoaca |
| 1990 | 134-1 | Simone Farrar | Matoaca |
| 1989 | 131-4 | Amy Washington | Harrisonburg |
| 1988 | 130-4 | Nicky Wilcoxson | Giles |
| 1987 | 131-8 | Heidi Halbert | Loudon Valley |
| 1986 | 132-5 | Missy Poff | Radford |
| 1985 | 128-1 | Missy Poff | Radford |
| 1984 | 124-2 | Missy Poff | Radford |
| 1983 | 138-10 | Susan Ballenger | Loudoun County |
| 1982 | 130-7 | Susan Ballenger | Loudoun County |
| 1981 | 138-11 | Kelly Haught | John Battle |
| 1980 | 137-7 | Gloria Stanton | Culpeper |

Long Jump

| | | | |
|------|----------|-------------------|----------------------|
| 2010 | 18-05 | Javanique Burruss | Louisa County |
| 2009 | 18-02 | Krystal Parrish | Park View-South Hill |
| 2008 | 18-10.25 | Krystal Parrish | Park View-South Hill |
| 2007 | 17-09.25 | Tiffany France | Patrick County |
| 2006 | 18-01.50 | Sha'Tia Hart | Courtland |
| 2005 | 17-09 | Leslie Anderson | Pulaski Coutny |
| 2004 | 18-9.5 | Octavia Best | Prince Edward Co. |
| 2003 | 18-2.75 | Latoya Baker | Waynesboro |
| 2002 | 19-0.75 | LaTonya Anderson | Caroline |
| 2001 | 18-3 | Ebony Foster | Jefferson Forest |
| 2000 | 18-2 | Ebony Foster | Jefferson Forest |
| 1999 | 17-9.75 | Arica Dickson | Salem-Salem |
| 1998 | 18-8 | Nicole Kelly | Bruton |
| 1997 | 18-11 | Nicole Kelly | Bruton |
| 1996 | 17-10.5 | Nicole Kelly | Bruton |
| 1995 | 18-6 | Leema Madden | Harrisonburg |
| 1994 | 17-10.5 | Leema Madden | Harrisonburg |
| 1993 | 18-11 | Latish Blakey | Charlottesville |
| 1992 | 17-11.5 | Tonya Ullery | Handley |
| 1991 | 18-10.75 | Kikki Hughes | Magna Vista |
| 1990 | 18-10 | Teri Braxton | Park View |
| 1989 | 19-2.5* | Millicent Shabazz | Radford |
| 1988 | 17-11 | Tracy Housel | Radford |
| 1987 | 18-0.75 | Tanya Lawrence | Louisa County |
| 1986 | 19-1 | Lisa Dillard | Tabb |
| 1985 | 18-6.5 | Jocelin Wilson | Tunstall |
| 1984 | 18-10 | Robin Watkins | Martinsville |
| 1983 | 18-1.5 | Wilcoxson | Giles |
| 1982 | 18-1.25 | Sheila Holland | Louisa |
| 1981 | 18-7 | Grannie Scott | William Campbell |
| 1980 | 18-11.25 | Thomasina Busch | Northampton |

High Jump

| | | | |
|------|-------|------------------------|----------------------|
| 2010 | 5-04 | Shanita Glen | Eastern View |
| 2009 | 5-04 | Danyelle Kent-Robinson | Brentsville District |
| 2008 | 5-04 | Christina Fenske | Stuarts Draft |
| 2007 | 5-04 | Shiontae Preston | James Monroe |
| 2006 | 5-04 | Danyelle Kent-Robinson | Brentsville |
| 2005 | 5-04 | Kaylor Vaughn | R.E. Lee |
| 2004 | 5-3 | Blair Brown | Loudoun Valley |
| 2003 | 5-4 | Nikkia Slade | Tabb |
| 2002 | 5-7 | Tanika Brown | Powhatan |
| 2001 | 5-7 | Jennifer Nelms | Spotsylvania |
| 2000 | 5-4 | Jessica Clem | William Byrd |
| 1999 | 5-10* | Jennifer Nelms | Spotsylvania |
| 1998 | 5-6 | Nicole Kelly | Bruton |
| 1997 | 5-6 | Nicole Kelly | Bruton |
| 1996 | 5-3 | Nicole Kelly | Bruton |
| 1995 | 5-5 | Tiffany Ferguson | William Campbell |
| 1994 | 5-5 | Naomi Singleton | Osbourne |
| 1993 | 5-5 | Kathleen Ollendick | Blacksburg |
| 1992 | 5-7 | Kathleen Ollendick | Blacksburg |
| 1991 | 5-7 | Hollie Slusser | Christiansburg |
| 1990 | 5-5 | Heather McFadden | Waynesboro |
| 1989 | 5-6 | Heather McFadden | Waynesboro |
| 1988 | 5-6 | Rhonda Jackson | Carroll Co. |
| 1987 | 5-8 | Chelsea Wicks | Charlottesville |

| | | | | | | | |
|---------------------|-----------|------------------------|----------------------|---------------------|--------|---------------------|-------------------|
| 1986 | 5-7 | Molly Foster | R.E. Lee | 2003 | 15.20 | Jessica Alexander | Heritage - Lynch. |
| 1985 | 5-3 | Missy Dudley | Western Albemarle | 2002 | 15.08 | Monique Walker | Park View |
| 1984 | 5-9 | Pam Perreault | Courtland | 2001 | 14.94 | Alesia Hovatter | Central |
| 1983 | 5-6 | Norma Shepherd | Brookville | 2000 | 15.49 | Danielle Tapscott | Liberty-Bealeton |
| 1982 | 5-6 | Norma Shepherd | Brookville | 1999 | 15.51 | Lashaunda Jefferson | Matoaca |
| 1981 | 5-6 | Liz Owings | Thomas Dale | 1998 | 15.52 | Ashley Bush | Salem |
| 1980 | 5-7 | Lisa Smallville | Blacksburg | 1997 | 14.87 | Jaime Roberts | Bassett |
| Triple Jump | | | | 1996 | 15.17 | Cynthia Lundstrum | Salem |
| 2010 | 38-01 | Karissa Jenkins | R.E. Lee-Staunton | 1995 | 14.92 | Cynthia Lundstrum | Salem |
| 2009 | 36-10.75 | Karissa Jenkins | R.E. Lee-Staunton | 1994 | 14.91 | Lee O'Donnell | Handley |
| 2008 | 38-02.25 | Krystal Parrish | Park View-South Hill | 1993 | 15.17 | Kim Downs | Brookville |
| 2007 | 38-06.00 | Rashawnda James | Charlottesville | 1992 | 14.76 | Kellie Ross | Caroline |
| 2006 | 37-11.75 | Sha'Tia Hart | Courtland | 1991 | 14.8 | Kellie Ross | Caroline |
| 2005 | 37-03.25 | Candace Nelms | Staunton River | 1990 | 15.0 | Kellie Ross | Caroline |
| 2004 | 38-4 | Octavia Best | Prince Edward Co. | 1989 | 14.1 | Tracy Housel | Radford |
| 2003 | 39-0.5 | Imani Moorman | Amherst Co. | 1988 | 14.44* | Tracy Housel | Radford |
| 2002 | 38-7.25 | Joyce Johnson | Charlottesville | 1987 | 15.1 | Shannon Miller | Waynesboro |
| 2001 | 38-3.5 | Imani Moorman | Amherst Co. | 1986 | 14.7 | Jen Kittle | Blacksburg |
| 2000 | 36-11.25 | Joyce Johnson | Charlottesville | 1985 | 14.3 | Jen Kittle | Blacksburg |
| 1999 | 38-5.5 | Johanna Garrity | Charlottesville | 1984 | 14.5 | Jen Kittle | Blacksburg |
| 1998 | 39-11.25 | Candace Lee | Appomattox | 1983 | 14-6 | Sherri DiLisio | Courtland |
| 1997 | 40-11.75* | Tasha Coleman | Louisa County | 1982 | 14.1 | Lisa Jackson | Handley |
| 1996 | 37-4.25 | Starr Anderson | Tazewell | 1981 | 14.4 | Bobbie Puckett | Virginia |
| 1995 | 37-2 | Starr Anderson | Tazewell | 1980 | 14.3 | Thomasina Busch | Northampton |
| 1996 | 37-11.4 | Tasha Coleman | Louisa County | 300m Hurdles | | | |
| 1995 | 37-4 | Lucian Clark | Patrick County | 2010 | 45.06 | Amber Church | Pulaski County |
| 1994 | 38-3.25 | Javander Banks | Spotsylvania | 2009 | 45.47 | Kiya Day | Dominion |
| 1993 | 38-6 | Kikki Hughes | Magna Vista | 2008 | 45.28 | Bilnita Armstead | James Monroe |
| 1992 | 38-2 | Lai Madden | Harrisonburg | 2007 | 45.77 | Chelsea High | Salem |
| 1991 | 39-1.5 | Millicent Shabazz | Radford | 2006 | 43.43* | Ayla Smith | Handley |
| 1990 | 38-5 | Rebecca Russell | Carroll County | 2005 | 45.97 | Brittany Taylor | Chancellor |
| 1989 | 39-1.5 | Millicent Shabazz | Radford | 2004 | 44.75 | Jacqueline Bailey | Brentsville |
| 1988 | 38-5 | Rebecca Russell | Carroll County | 2003 | 45.32 | Sharita Jones | Loudon County |
| 1987 | 38-3 | Chelsea Wicks | Charlottesville | 2002 | 45.21 | Tanika Brown | Powhatan |
| 1986 | 37-0 | Rebecca Russell | Carroll County | 2001 | 45.05 | Tanika Brown | Powhatan |
| Pole Vault | | | | 2000 | 45.73 | Erin Haile | Turner Ashby |
| 2010 | 11-06 | Justine Dutton | Caroline | 1999 | 45.8 | Devin Grim | Handley |
| 2009 | 11-03 | Shelly Parker | Brookville | 1998 | 45.88 | Ashley Bush | Salem |
| 2008 | 11-00 | Shelly Parker | Brookville | 1997 | 46.47 | Katie Brunk | Turner Ashby |
| 2007 | 11-00 | Chrissy Rhodes | Turner Ashby | 1996 | 46.97 | Twanna Scott | Appomattox County |
| 2006 | 10-06 | Emma Pelton | Monticello | 1995 | 46.34 | Rhonda Ellis | Bruton |
| 2005 | 12-06.25 | Ashley Early | Western Albemarle | 1994 | 45.48 | Lee O'Donnell | Handley |
| 2004 | 11-1 | Ashley Early | Western Albemarle | 1993 | 45.33 | Kim Downs | Brookville |
| 2003 | 10-0 | Randi Lawson | Appomattox County | 1992 | 46.19 | Kellie Ross | Caroline |
| 2002 | 11-0.25 | Megan Mlinarchik | Broadway | 1991 | 47.0 | Joanne Ware | James Monroe |
| 2001 | 10-6.25 | Tabitha Schwartz | Appomattox County | 1990 | 45.6 | Anne Fontaine | Wythe |
| 2000 | 10-6 | Brandy King | Appomattox County | 1989 | 44.4 | Millicent Shabazz | Radford |
| 1999 | 9-0 | Jade Burris | Spotsylvania | 1988 | 45.0 | Tracy Housel | Radford |
| 100m Hurdles | | | | 1987 | 46.1 | Aimee Tait | Christiansburg |
| 2010 | 14.94 | Amber Church | Pulaski County | 1986 | 45.0 | Jen Kittle | Blacksburg |
| 2009 | 14.95 | Amber Church | Pulaski County | 1985 | 44.4 | Jen Kittle | Blacksburg |
| 2008 | 15.12 | Danielle Kent-Robinson | Brentsville District | 100m Dash | | | |
| 2007 | 15.26 | Tanisha Jenkins | Louisa | 2010 | 12.48 | Ronnie Powell | Southampton |
| 2006 | 14.56 | Ayla Smith | Handley | 2009 | 12.20 | Sherelle White | York |
| 2005 | 15.15 | Tierra Gregory | Jamestown | 2008 | 12.61 | Sherelle White | York |
| 2004 | 14.68 | Jacqueline Bailey | Brentsville | 2007 | 12.42 | Jennifer Weatherly | Dominion |
| | | | | 2006 | 12:09 | TeCarla Wade | Magna Vista |
| | | | | 2005 | 11.83* | Patrice Potts | Brunswick |

| | | | |
|------|-------|--------------------|------------------|
| 2004 | 11.97 | Sheemeca Berkley | Amherst County |
| 2003 | 12.14 | Patrice Potts | Brunswick |
| 2002 | 12.14 | Courtney Green | Caroline |
| 2001 | 12.36 | Courtney Green | Caroline |
| 2000 | 12.15 | Ebony Foster | Jefferson Forest |
| 1999 | 12.20 | Ebony Foster | Jefferson Forest |
| 1998 | 12.38 | Latisha Sensabaugh | Virginia |
| 1997 | 11.89 | Keena Schuler | Broadway |
| 1996 | 12.29 | Keena Schuler | Broadway |
| 1995 | 12.12 | Keena Schuler | Broadway |
| 1994 | 12.28 | Tracy Jones | Brunswick |
| 1993 | 12.67 | Vanessa Lindsay | Orange |
| 1992 | 12.48 | Dana Gardner | Handley |
| 1991 | 12.4 | Treva Lowery | Liberty |
| 1990 | 12.4 | Wendy Graveley | Laurel Park |
| 1989 | 11.9 | Tracy Housel | Radford |
| 1988 | 12.0 | Tracy Housel | Radford |
| 1987 | 12.1 | Tanya Johnson | Kennedy |
| 1986 | 12.4 | Lisa Dillard | Tabb |
| 1985 | 11.8 | Lisa Dillard | Tabb |
| 1984 | 11.9 | Charlene Moore | Southampton |
| 1983 | 12.3 | Lisa Dillard | Tabb |
| 1982 | 11.9 | Sheila Holland | Louisa |
| 1981 | 11.7 | Bonita Ennis | Spotsylvania |
| 1980 | 12.0 | Natasha Johnson | Tabb |

200m Dash

| | | | |
|------|--------|---------------------|------------------|
| 2010 | 25.38 | Ronnie Powell | Southampton |
| 2009 | 25.04 | Sherelle White | York |
| 2008 | 26.0 | Jennifer Weatherly | Dominion |
| 2007 | 25.03 | Jennifer Weatherly | Dominion |
| 2006 | 24.85 | Marie Fields | James Monroe |
| 2005 | 24.72 | Patrice Potts | Brunswick |
| 2004 | 24.67 | Sheemeca Berkley | Amherst County |
| 2003 | 24.95 | Darwansha Rose | Heritage |
| 2002 | 24.90 | Jenea Brown | Amherst |
| 2001 | 25.21 | Courtney Green | Caroline |
| 2000 | 24.89 | Ebony Foster | Jefferson Forest |
| 1999 | 25.20 | Ebony Foster | Jefferson Forest |
| 1998 | 25.67 | Johanna Garrity | Charlottesville |
| 1997 | 24.36* | Keena Schuler | Broadway |
| 1996 | 25.10 | Keena Schuler | Broadway |
| 1995 | 25.07 | Keena Schuler | Broadway |
| 1994 | 26.12 | Javander Banks | Spotsylvania |
| 1993 | 25.98 | Dana Gardner | Handley |
| 1992 | 25.11 | Dana Gardner | Handley |
| 1991 | 25.6 | Dominique Henderson | Louisa |
| 1990 | 26.0 | Wanda Coverty | Bruton |
| 1989 | 25.0 | Tracy Housel | Radford |
| 1988 | 24.8 | Rebecca Russell | Carroll County |
| 1987 | 24.9 | Rebecca Russell | Carroll County |
| 1986 | 24.9 | Rebecca Russell | Carroll County |
| 1985 | 24.3 | Lisa Dillard | Tabb |
| 1984 | | | |
| 1983 | 25.4 | Lisa Dillard | Tabb |
| 1982 | 25.1 | Sheila Holland | Louisa |
| 1981 | 24.6 | Bonita Ennis | Spotsylvania |
| 1980 | 24.7 | Sheila Holland | Louisa |

400m Dash

| | | | |
|------|--------|--------------------|-------------------|
| 2010 | 56.36 | Destiny Simmons | R.E. Lee-Staunton |
| 2009 | 56.68 | Ashontae Jackson | Orange County |
| 2008 | 56.37 | Michelle Speede | Grafton |
| 2007 | 56.54 | Kristin Smith | Rustburg |
| 2006 | 57.87 | Latasha Watson | Sherando |
| 2005 | 56.38 | Leslie Anderson | Pulaski County |
| 2004 | 58.3 | Shawna McCoy | Tabb |
| 2003 | 57.42 | LaTonya Anderson | Caroline |
| 2002 | 57.02 | LaTonya Anderson | Caroline |
| 2001 | 57.22 | LaTonya Anderson | Caroline |
| 2000 | 56.10 | Jennifer Nelms | Spotsylvania |
| 1999 | 57.0 | Jennifer Nelms | Spotsylvania |
| 1998 | 58.18 | Johanna Garrity | Charlottesville |
| 1997 | 56.92 | Keena Schuler | Broadway |
| 1996 | 56.09 | Keena Schuler | Broadway |
| 1995 | 57.33 | Keena Schuler | Broadway |
| 1994 | 59.24 | Antonia Louderback | Charlottesville |
| 1993 | 59.26 | Kiersten Murray | Chancellor |
| 1992 | 58.06 | Kathleen Ollendick | Blacksburg |
| 1991 | 57.4 | Kristen Murray | Chancellor |
| 1990 | 59.5 | Theresa Marshall | Courtland |
| 1989 | 59.3 | Maretta Hagwood | Laurel Park |
| 1988 | 55.24* | Rebecca Russell | Carroll County |
| 1987 | 56.4 | Rebecca Russell | Carroll County |
| 1986 | 57.1 | Rebecca Russell | Carroll County |
| 1985 | 56.7 | Shelby Moorman | Laurel Park |
| 1984 | 57.0 | Debbie Walker | Waynesboro |
| 1983 | 58.2 | Traci Abbott | Clover Hill |
| 1982 | 56.9 | Rhonda Mason | Sussex Central |
| 1981 | 57.6 | Patricia Meboine | Martinsville |
| 1980 | 57.4 | Rhonda Mason | Sussex Central |

800m Run

| | | | |
|------|----------|------------------|--------------------|
| 2010 | 2:13.99 | Hannah Brown | Blacksburg |
| 2009 | 2:16.70 | Christina Lee | Potomac Falls |
| 2008 | 2:17.15 | Laura Rapp | Heritage-Lynchburg |
| 2007 | 2:13.70 | Catherine White | Northside |
| 2006 | 2:16.93 | Catherine White | Northside |
| 2005 | 2:09.32* | Sarah Bowman | Fauquier |
| 2004 | 2:10.44 | Sarah Bowman | Fauquier |
| 2003 | 2:11.41 | Sarah Bowman | Fauquier |
| 2002 | 2:20.51 | Macy Zwanzig | Turner Ashby |
| 2001 | 2:18.9 | Kurstin Nelms | Spotsylvania |
| 2000 | 2:16.21 | Elizabeth Hanger | Fort Defiance |
| 1999 | 2:18.75 | Katie Brunk | Turner Ashby |
| 1998 | 2:20.56 | Katie Brunk | Turner Ashby |
| 1997 | 2:20.21 | Sara Moore | Lord Botetourt |
| 1996 | 2:17.23 | Sarah Hendricks | Blacksburg |
| 1995 | 2:17.03 | Adjoa Taylor | James Wood |
| 1994 | 2:20.83 | Angela Dalton | Brookville |
| 1993 | 2:21.13 | Jennifer Golay | Osborn |
| 1992 | 2:23.85 | Ayanna Johnson | Spotsylvania |
| 1991 | 2:18.3 | Colleen Stroud | Spotswood |
| 1990 | 2:20.5 | Hollie Slusser | Christiansburg |
| 1989 | 2:18.2 | Amy Flint | Salem |
| 1988 | 2:20.5 | Melissa Bowden | John Battle |
| 1987 | 2:21.0 | Karen Giles | Laurel Park |
| 1986 | 2:18.4 | Tracy Wrenn | Alleghany |

| | | | | | | | |
|------------------|-----------|-----------------------|-------------------|----------------------------|----------|-------------------|--------------|
| 1985 | 2:19.0 | Tracy Wrenn | Alleghany | 1992 | 11:59.86 | Christy Shell | William Byrd |
| 1984 | | | | 1991 | 11:45.6 | Dana Price | Blacksburg |
| 1983 | 2:15.1 | Karen Wierwille | Blacksburg | 1990 | 11:30.0 | Lori Archer | Salem |
| 1982 | 2:14.3 | Karen Wierwille | Blacksburg | 1989 | 11:18.1 | Heather Shutt | Harrisonburg |
| 1981 | 2:17.2 | Karen Wierwille | Blacksburg | 1988 | 11:32.1 | Mary Purcell | Louisa |
| 1980 | 2:17.3 | Lynn LeVanseller | Monacan | 1987 | 11:03.7 | Christy Atkins | William Byrd |
| | | | | 1986 | 11:17.3 | Christy Atkins | William Byrd |
| | | | | 1985 | 11:00 | Beth Fleming | Blacksburg |
| 1600m Run | | | | 1984 | 11:29.6 | Whitney Jessee | John Battle |
| 2010 | 4:52.61 | Kathleen Stevens | Blacksburg | 1983 | 11:09.4 | Cecile Gaines | Blacksburg |
| 2009 | 5:05.37 | Joanna Stevens | Blacksburg | 1982 | 10:51.4 | Cecile Gaines | Blacksburg |
| 2008 | 5:06.13 | Annie LeHardy | Hidden Valley | 1981 | 11:21.7 | Maria Large | Virginia |
| 2007 | 4:55.55 | Catherine White | Northside | 1980 | 11:13 | Maria Large | Virginia |
| 2006 | 5:05.81 | Catherine White | Northside | | | | |
| 2005 | 4:41.81* | Sarah Bowman | Fauquier | 400m Relay (4x100) | | | |
| 2004 | 4:51.11 | Sarah Bowman | Fauquier | 2010 | 49.28 | Spotswood | |
| 2003 | 4:54.90 | Sarah Bowman | Fauquier | 2009 | 48.84 | York | |
| 2002 | 4:57.09 | Sarah Bowman | Fauquier | 2008 | 49.72 | Brookville | |
| 2001 | 5:04.15 | Delaney Moje | Western Albemarle | 2007 | 48.87 | Charlottesville | |
| 2000 | 5:08.55 | Delaney Moje | Western Albemarle | 2006 | 48.85 | Courtland | |
| 1999 | 5:03.96 | Kimberly Myers | Jefferson Forest | 2005 | 48.86 | Brunswick | |
| 1998 | 4:45.99 | Jennifer Modliszewski | Liberty-Bealeton | 2004 | 49.94 | Courtland | |
| 1997 | 4:54.80 | Jennifer Modliszewski | Liberty-Bealeton | 2003 | 49.62 | Amherst County | |
| 1996 | 5:01.07 | Sarah Hendricks | Blacksburg | 2002 | 48.28* | Caroline | |
| 1995 | 4:59.22 | Bethany Eigel | Christiansburg | 2001 | 49.30 | Caroline | |
| 1994 | 5:13.4 | Becky Flowers | Loudoun Valley | 2000 | 49.76 | Spotsylvania | |
| 1993 | 5:17.3 | Sarah Hendricks | Blacksburg | 1999 | 49.51 | Matoaca | |
| 1992 | 5:16.25 | Melissa Ward | Jefferson Forest | 1998 | 49.24 | Liberty-Bealeton | |
| 1991 | 5:16.5 | Gereme Alvarez | Blacksburg | 1997 | 49.72 | Brunswick | |
| 1990 | 5:11.1 | Jennifer Adkissan | Blacksburg | 1996 | 49.74 | Fort Defiance | |
| 1989 | 5:12.9 | Heather Shutt | Courtland | 1995 | 50.30 | Harrisonburg | |
| 1988 | 5:16.0 | Christy Atkins | William Byrd | 1994 | 50.16 | Harrisonburg | |
| 1987 | 5:06.7 | Christy Atkins | William Byrd | 1993 | 49.60 | York | |
| 1986 | 5:05.6 | Becky Runion | Central | 1992 | 49.91 | Handley | |
| 1985 | 5:11.9 | Alice Gaines | Blacksburg | 1991 | 50.0 | Louisa | |
| 1984 | 5:13.1 | Karen Wierwille | Blacksburg | 1990 | 50.4 | Louisa | |
| 1983 | 5:09.5 | Karen Wierwille | Blacksburg | 1989 | 49.9 | Magna Vista | |
| 1982 | 4:59.0 | Maria Large | Virginia | 1988 | 49.6 | Laurel Park | |
| 1981 | 5:04.3 | Missi Jones | Virginia | 1987 | 49.1 | Laurel Park | |
| 1980 | 5:05.5 | Marianne Downey | Martinsville | 1986 | 49.3 | Waynesboro | |
| | | | | 1985 | 48.7 | Laurel Park | |
| 3200m Run | | | | 1984 | 49.1 | Courtland | |
| 2010 | 10:16.03* | Kathleen Stevens | Blacksburg | 1983 | 50.2 | L.C. Bird | |
| 2009 | 10:55.48 | Joanna Stevens | Blacksburg | 1982 | 49.0 | Nottoway | |
| 2008 | 11:12.0 | Laurel MacMillan | Blacksburg | 1981 | 48.3 | Loudoun Valley | |
| 2007 | 10:47.90 | Catherine White | Northside | 1980 | 49.0 | Loudoun Valley | |
| 2006 | 10:49.52 | Catherine White | Northside | | | | |
| 2005 | 10:21.15 | Sarah Bowman | Fauquier | 880 Yard Relay | | | |
| 2004 | 10:46.43 | Emily Harrison | Warren Co. | 1984 | 1:43.6 | York | |
| 2003 | 10:46.03 | Jennifer Beury | Hidden Valley | 1983 | 1:46.8 | Park View | |
| 2002 | 11:22.55 | Emily Harrison | Warren County | 1982 | 1:42.5 | Sussex Central | |
| 2001 | 11:14.96 | Shannon Saunders | Jefferson Forest | 1981 | 1:42.1 | Sussex Central | |
| 2000 | 11:19.64 | Christy Dannenberg | Potomac Falls | 1980 | 1:44.2 | Harrisonburg | |
| 1999 | 11:13.32 | Kimberly Myers | Jefferson Forest | | | | |
| 1998 | 10:50.78 | Jennifer Modliszewski | Liberty-Bealeton | 1600m Relay (4x400) | | | |
| 1997 | 10:59.27 | Jennifer Modliszewski | Liberty-Bealeton | 2010 | 3:55.51* | John Handley | |
| 1996 | 11:09.84 | Carin Ward | Western Albemarle | 2009 | 4:00.10 | Heritage-Leesburg | |
| 1995 | 10:59.6 | Bethany Eigel | Christiansburg | 2008 | 3:59.72 | Heritage-Leesburg | |
| 1994 | 11:30.3 | Carin Ward | Western Albemarle | 2007 | 3:59.22 | Heritage-Leesburg | |
| 1993 | 11:45.82 | Cantrese Hairston | Laurel Park | | | | |

| | | |
|------|---------|---------------|
| 2006 | 3:58.69 | Courtland |
| 2005 | 4:01.82 | Loudon Valley |
| 2004 | 4:04.05 | Fauquier |
| 2003 | 3:58.40 | Heritage |
| 2002 | 4:05.09 | Heritage |
| 2001 | 4:05.16 | Spotsylvania |
| 2000 | 4:03.37 | Lafayette |
| 1999 | 4:00.31 | Lafayette |
| 1998 | 4:03.27 | Spotswood |
| 1997 | 4:01.62 | Bruton |
| 1996 | 4:02.29 | Spotswood |
| 1995 | 4:03.89 | Spotswood |
| 1994 | 4:06.21 | Spotswood |
| 1993 | 4:03.02 | York |
| 1992 | 4:06.74 | York |
| 1991 | 4:06.7 | Spotswood |
| 1990 | 4:07.6 | Magna Vista |
| 1989 | 4:04.0 | Laurel Park |
| 1988 | 4:01.1 | Richlands |
| 1987 | 3:59.7 | Laurel Park |
| 1986 | 4:01.4 | Laurel Park |
| 1985 | 4:02.1 | Louisa |

Mile Relay

| | | |
|------|--------|-------------|
| 1984 | 3:59.7 | York |
| 1983 | 4:01.6 | York |
| 1982 | 4:01.4 | Blacksburg |
| 1981 | 4:02.0 | Virginia |
| 1980 | 4:04.9 | G.W. Carver |

3200m Relay (4x800)

| | | |
|------|----------|-------------------|
| 2010 | 9:23.98* | Blacksburg |
| 2009 | 9:26.27 | Blacksburg |
| 2008 | 9:35.37 | Blacksburg |
| 2007 | 9:30.84 | Blacksburg |
| 2006 | 9:36.49 | Blacksburg |
| 2005 | 9:45.10 | Brentsville |
| 2004 | 9:50.72 | Brentsville |
| 2003 | 9:26.00 | Western Albemarle |
| 2002 | 9:39.64 | Western Albemarle |
| 2001 | 9:35.45 | Turner Ashby |
| 2000 | 9:39.31 | Turner Ashby |
| 1999 | 9:32.49 | Turner Ashby |
| 1998 | 9:47.86 | Western Albemarle |
| 1997 | 9:41.22 | Western Albemarle |
| 1996 | 9:37.19 | Western Albemarle |

Individual Champions

A

Shot Put

| | | | |
|------|----------|-----------------|----------------|
| 2010 | 36-07 | Cheyenne Falls | James River-B |
| 2009 | 42:01 | Kim Johnson | Virginia |
| 2008 | 41-00.50 | Desi Simmons | Radford |
| 2007 | 37-06.75 | Monet Stevenson | Northumberland |
| 2006 | 37-00.50 | Monet Stevenson | Northumberland |
| 2005 | 44-11* | Susan Lucas | Giles |
| 2004 | 40-6 | Susan Lucas | Giles |
| 2003 | 38-2 | Susan Lucas | Giles |

| | | | |
|------|----------|-------------------|---------------|
| 2002 | 38-2.5 | Lawuana Nock | Nandua |
| 2001 | 40-1 | Frances Caravajal | Covington |
| 2000 | 40-7 | Laquana Nock | Nandua |
| 1999 | 37-3.75 | Frances Caravajal | Covington |
| 1998 | 38-7.25 | Mary Jenkins | George Wythe |
| 1997 | 39-4 | Melissa Lucas | Narrows |
| 1996 | 38-1.75 | Kimberly Corvin | George Wythe |
| 1995 | 36-10.25 | Melissa Lucas | Narrows |
| 1994 | 39-7.1 | Melinda Fleeman | Narrows |
| 1993 | 40-1 | Kristi Persinger | Strasburg |
| 1992 | 36-9.5 | Kristi Persinger | Strasburg |
| 1991 | 43-0 | Sandra Giles | Amelia |
| 1990 | 34-10.75 | Sandra Giles | Amelia |
| 1989 | 38-5.25 | Susan Cope | Amelia |
| 1988 | 37-1 | Robin Banner | Castlewood |
| 1987 | 38-7.25 | Carol Brown | James River |
| 1986 | 36.75 | Jody Beard | Stuarts Draft |
| 1985 | 40-6.5 | Crystal Robinson | Strasburg |
| 1984 | 39-5 | Lorie Goff | Floyd County |
| 1983 | 38-2 | Crystal Robinson | Strasburg |
| 1982 | 36-9.75 | Sherry Cousins | Fluvanna |
| 1981 | 35-6 | Sherry Cousins | Fluvanna |
| 1980 | 36-9 | Rose Williams | Buffalo Gap |

Discus

| | | | |
|------|--------|--------------------|------------------|
| 2010 | 119-10 | Ava Bell | Radford |
| 2009 | 119-04 | Cassandra Frye | Strasburg |
| 2008 | 113-10 | Cassandra Frye | Strasburg |
| 2007 | 122-09 | Melanie Taylor | Giles |
| 2006 | 120-08 | Melanie Taylor | Giles |
| 2005 | 129-05 | Abby Lemon | Clarke County |
| 2004 | 131-8* | Whitney King | Radford |
| 2003 | 117-3 | Ashley Hayes | Radford |
| 2002 | 110-5 | Terri Hill | Saint Paul |
| 2001 | 124-2 | Kristen Lovell | Floyd County |
| 2000 | 117-11 | Frances Carvajal | Covington |
| 1999 | 120-9 | Courtney Hendricks | Radford |
| 1998 | 112-10 | Joselyn Johnson | Strasburg |
| 1997 | 118-6 | Nikki Davis | Patrick Henry-GS |
| 1996 | 120-7 | Nikki Davis | Patrick Henry-GS |
| 1995 | 124-5 | Sharon Boyd | Middlesex |
| 1994 | 117-4 | Sharon Boyd | Middlesex |
| 1993 | 117-5 | Tracey Steele | Powell Valley |
| 1992 | 108-4 | Rachel Freeman | Stuarts Draft |
| 1991 | 120-0 | Sandra Giles | Amelia |
| 1990 | 113-1 | India Bryson | Galax |
| 1989 | 128-10 | Susan Cope | Amelia |
| 1988 | 122-6 | Susan Cope | Amelia |
| 1987 | 121-5 | Veronica Carey | Clarke County |
| 1986 | 119-10 | Susan Spangler | Floyd County |
| 1985 | 125-5 | Crystal Robinson | Strasburg |
| 1984 | 114-7 | Lorie Goff | Floyd County |
| 1983 | 120-1 | Teresa Taylor | J.J. Kelly |
| 1981 | 117-10 | Sherry Cousins | Fluvanna |
| 1980 | 122-7 | Rose Williams | Buffalo Gap |

Long Jump

| | | | |
|------|----------|----------------|-----------|
| 2010 | 17-01-50 | Savanna Burton | Narrows |
| 2009 | 17-05 | Andrea White | Lancaster |

| | | | |
|------|----------|------------------|-------------------|
| 2008 | 17-07 | Andrea White | Lancaster |
| 2007 | 18-01.50 | Amanda Caporelli | Buffalo Gap |
| 2006 | 16-09 | Angela Jenkins | Buffalo Gap |
| 2005 | 19-00.50 | Angela Jenkins | Buffalo Gap |
| 2004 | 19-2.25 | Angela Jenkins | Buffalo Gap |
| 2003 | 17-10.7 | Angela Jenkins | Buffalo Gap |
| 2002 | 17-9 | Dasha Holmes | King & Queen |
| 2001 | 18-0.25 | Erica Deskins | Stonewall Jackson |
| 2000 | 17-9.75 | Erica Deskins | Stonewall Jackson |
| 1999 | 19-2 | Kiamesha Otey | New Kent |
| 1998 | 19-6.25 | Kiamesha Otey | New Kent |
| 1997 | 18-6.5 | Kiamesha Otey | New Kent |
| 1996 | 19-0.25 | Tamika Lomax | Essex |
| 1995 | 17-7.5 | Tomika Saunders | Giles |
| 1994 | 18-9.5 | Stacey Green | George Wythe |
| 1993 | 18-8.75 | April Wright | Essex |
| 1992 | 18-2.5 | Billie Hart | Patrick Henry-GS |
| 1991 | 17-7.75 | Billie Hart | Patrick Henry-GS |
| 1990 | 17-4.75 | Shelli Clendenon | Appalachia |
| 1989 | 18-7 | Ericka Mathew | Mathews |
| 1988 | 18-1.5 | Dora Holmes | Essex |
| 1987 | 18-1 | Sharon Crouch | Amelia |
| 1986 | 18-3 | Mia Pollard | New Kent |
| 1985 | 17-9.5 | Kelly Shortt | Pound |
| 1984 | 18-11 | Jennifer Tutt | Luray |
| 1983 | 17-11.75 | Susan French | Stuarts Draft |
| 1982 | 17-7.5 | Anita Johnson | Middlesex |
| 1981 | 16-19.25 | Janice Vogel | Mathews |
| 1980 | | Francine Hall | Buffalo Gap |

High Jump

| | | | |
|------|---------|----------------------|----------------|
| 2010 | 5-03 | Katie Jo Lester | Twin Valley |
| 2009 | 5-08* | Andrea White | Lancaster |
| 2008 | 5-07.75 | Andrea White | Lancaster |
| 2007 | 5-07 | Ashton Bishop | Gate City |
| 2006 | 5-05 | Ashton Bishop | Gate City |
| 2005 | 5-06 | Mecca Brown | Middlesex |
| 2004 | 5-4 | Ashton Bishop | Gate City |
| 2003 | 5-3 | Sarah Helton | J.J. Kelly |
| 2002 | 5-2 | Emily Cantrell | Powell Valley |
| 2001 | 5-6.25 | Jaime Johnson | Giles |
| 2000 | 5-4 | Sara Hines | Strasburg |
| 1999 | 5-5 | Jaime Johnson | Giles |
| 1998 | 5-4 | Lacretia White | Sussex Central |
| 1997 | 5-4 | Kiamesha Otey | New Kent |
| 1996 | 5-1 | Casey Taylor | Prince Edward |
| 1995 | 5-1 | Casey Taylor | Prince Edward |
| 1994 | 5-4 | Casey Taylor | Prince Edward |
| 1993 | 5-4.75 | April Wright | Essex |
| 1992 | 5-4 | Liberty Liscombe | Luray |
| 1991 | 5-3 | Shelli Clendenan | Appalachia |
| 1990 | 5-7.5 | Shelli Clendenan | Appalachia |
| 1989 | 5-4 | Tricia Weathersholtz | Luray |
| 1988 | 5-4 | Tricia Weathersholtz | Luray |
| 1987 | 5-3 | Linda Lipscombe | Luray |
| 1986 | 5-4 | Mia Pollard | New Kent |
| 1985 | 5-5 | Kelly Shortt | Pound |
| 1984 | 5-7 | Kelly Shortt | Pound |
| 1982 | 5-6 | Janice Vogel | Mathews |

Triple Jump

| | | | |
|------|----------|--------------------|-------------------|
| 2010 | 34-02.25 | Lindsay Toothman | Central-Woodstock |
| 2009 | 37-10.50 | Andrea White | Lancaster |
| 2008 | 35-04 | Andrea White | Lancaster |
| 2007 | 37-02.50 | Janetah Bailey | Sussex Central |
| 2006 | 36-11.25 | Angela Jenkins | Buffalo Gap |
| 2005 | 37-02 | Marlena Frye | Strasburg |
| 2004 | 36-3.75 | Angela Jenkins | Buffalo Gap |
| 2003 | 38-0 | Megan Morrison | Sussex Central |
| 2002 | 37-11 | Megan Morrison | Sussex Central |
| 2001 | 38-6 | Megan Morrison | Sussex Central |
| 2000 | 37-0.5 | Erica Deskins | Stonewall Jackson |
| 1999 | 36-8 | Kiamesha Otey | New Kent |
| 1998 | 34-9 | Amanda Day | Radford |
| 1997 | 37-2 | Sarah Claud | Sussex Central |
| 1996 | 36-8 | Casey Taylor | Prince Edward |
| 1995 | 36-6.25 | Amy Sturgill | Pound |
| 1994 | 38-11.5* | Stacey Green | George Wythe |
| 1993 | 38-3 | Christy Gray | Coeburn |
| 1992 | 36-7 | Christy Gray | Coeburn |
| 1991 | 36-0 | Christy Gray | Coeburn |
| 1990 | 36-0.5 | Erica Mathew | Mathews |
| 1989 | 39-0.5 | Erica Mathew | Mathews |
| 1988 | 38-6 | Angela Smith | Central Lunenburg |
| 1987 | 36-10 | Sharon Crouch | Amelia |
| 1986 | 36-3 | Tovonia Strickland | New Kent |

100m Hurdles

| | | | |
|------|-------|-------------------|----------------------|
| 2010 | 15.99 | Caitlin Lake | Clarke County |
| 2009 | 15.72 | Kierra Gaines | West Point |
| 2008 | 15.19 | Chandra Burnett | West Point |
| 2007 | 15.16 | Ashton Bishop | Gate City |
| 2006 | 15.19 | Ashton Bishop | Gate City |
| 2005 | 15.27 | Camelia Blake | Amelia County |
| 2004 | 15.47 | Shequenta Hatch | Sussex Central |
| 2003 | 14.66 | Jaqueline Bailey | Brentsville District |
| 2002 | 15.10 | Jacqueline Bailey | Brentsville District |
| 2001 | 15.36 | Roshana Jackson | Appalachia |
| 2000 | 15.48 | Tessa Sturgill | Pound |
| 1999 | 15.58 | Tiffany Jones | Sussex Central |
| 1998 | 15.38 | Tiffany Jones | Sussex Central |
| 1997 | 15.20 | Tiffany Jones | Sussex Central |
| 1996 | 15.95 | Amy Sturgill | Pound |
| 1995 | 16.05 | Amy Sturgill | Pound |
| 1994 | 15.85 | Tanika Lawson | Goochland |
| 1993 | 15.1 | Melanie Givens | Amelia |
| 1992 | 15.2 | Billie Hart | Patrick Henry-GS |
| 1991 | 15.4 | Billie Hart | Patrick Henry-GS |
| 1990 | 14.6 | Evangela Booker | Amelia |
| 1989 | 15.2 | Evangela Booker | Amelia |
| 1988 | 15.7 | Kelly Armstrong | Buffalo Gap |
| 1987 | 14.5 | Sharon Crouch | Amelia |
| 1986 | 14.7 | Sharon Crouch | Amelia |
| 1985 | 15.0 | Sharon Crouch | Amelia |
| 1982 | 15.1 | Janice Vogel | Mathews |
| 1981 | 15.5 | Janice Vogel | Mathews |
| 1980 | | Dewie Jordon | Stonewall Jackson-Q |

300m Hurdles

| | | | |
|------|--------|--------------------|----------------------|
| 2010 | 47.99 | Hannah Hadaway | Rural Retreat |
| 2009 | 48.47 | Shanice Johnson | Sussex Central |
| 2008 | 48.76 | Chantal Thomas | George Mason |
| 2007 | 45.84 | Ashton Bishop | Gate City |
| 2006 | 46.59 | Ashton Bishop | Gate City |
| 2005 | 45.86 | Laurie Hines | Strasburg |
| 2004 | 45.56 | Ashton Bishop | Gate City |
| 2003 | 44.79* | Jaqueline Bailey | Brentsville District |
| 2002 | 46.78 | Shreena Peerman | William Campbell |
| 2001 | 46.11 | Jacqueline Bailey | Brentsville District |
| 2000 | 46.12 | Tessa Sturgill | Pound |
| 1999 | 46.96 | Alesia Hovatter | Central-Woodstock |
| 1998 | 46.19 | Jill Massie | Brentsville District |
| 1997 | 46.29 | Melissa Baker | James River-B. |
| 1996 | 46.36 | Melissa Baker | James River-B. |
| 1995 | 47.13 | Amanda McDonald | Strasburg |
| 1994 | 47.06 | Amanda McDonald | Strasburg |
| 1993 | 47.6 | Artrice Taylor | Sussex |
| 1992 | 46.4 | Billie Hart | Patrick Henry-GS |
| 1991 | 45.7 | Jackie Pratt | Middlesex |
| 1990 | 45.2 | Jackie Pratt | Middlesex |
| 1989 | 46.6 | Jackie Pratt | Middlesex |
| 1988 | 47.2 | Jackie Pratt | Middlesex |
| 1987 | 48.0 | Angie Hill | Natural Bridge |
| 1986 | 47.1 | Tovonia Strickland | Drewry Mason |
| 1985 | 46.7 | Marshena McDuffie | Stuarts Draft |

100m Dash

| | | | |
|------|-------|-------------------|-----------------------|
| 2010 | 12.19 | Reanna Hamm | James River-B |
| 2009 | 12.26 | Andrea Gaither | Clarke County |
| 2008 | 12.28 | Megan Marsico | Glenvar |
| 2007 | 12.68 | Marissa Thompson | Chathan |
| 2006 | 11.94 | RahSheeta Hundley | West Point |
| 2005 | 12.35 | Marie Fields | James Monroe |
| 2004 | 12.20 | Angela Jenkins | Buffalo Gap |
| 2003 | 12.20 | Kashaunda Baines | Sussex Central |
| 2002 | 12.38 | Ryisha Cook | Rappahannock Co. |
| 2001 | 12.55 | Ashley Gurley | Sussex Central |
| 2000 | 12.69 | Erica Noel | Northumberland |
| 1999 | 11.93 | Kiamesha Otey | New Kent |
| 1998 | 11.96 | Kiamesha Otey | New Kent |
| 1997 | 12.21 | Kiamesha Otey | New Kent |
| 1996 | 12.11 | Kiamesha Otey | New Kent |
| 1995 | 12.57 | Teanena Brown | Surry Co. |
| 1994 | 12.68 | Alysia Washington | King William |
| 1993 | 12.2 | Stacey Green | George Wythe |
| 1992 | 12.2 | Itrina Payne | Goochland |
| 1991 | 12.5 | Itrina Payne | Goochland |
| 1990 | 12.8 | Pam Lennon | Floyd Co. |
| 1989 | 12.0 | Pam Lennon | Floyd Co. |
| 1988 | 12.1 | Angel Fleetwood | Windsor |
| 1987 | 11.9* | Sharon Crouch | Amelia |
| 1986 | 12.3 | Monica Bell | Lancaster |
| 1985 | 12.4 | Jennifer Brown | Rockbridge |
| 1983 | 12.4 | Cindy Ross | Fieldale-Collinsville |
| 1982 | | Lisa Hanes | Prince Edward |
| 1980 | | Francine Hall | Buffalo Gap |

200m Dash

| | | | |
|------|-------|-------------------|-----------------------|
| 2010 | 25.35 | Sharese Roberts | Manassas Park |
| 2009 | 25.63 | Roneqah Jones | Northampton |
| 2008 | 25.84 | Sharese Roberts | Manassas Park |
| 2007 | 25.93 | Sasha King | Giles |
| 2006 | 25.24 | RahSheeta Hundley | West Point |
| 2005 | 25.18 | Marie Fields | James Monroe |
| 2004 | 25.42 | Whitney Key | Goochland |
| 2003 | 25.97 | Ashley Gurley | Sussex |
| 2002 | 23.67 | Ryisha Cook | Rappahannock Co. |
| 2001 | 25.86 | Antoinette Wilcox | Nandua |
| 2000 | 25.95 | Erica Noel | Northumberland |
| 1999 | 24.96 | Kiamesha Otey | New Kent |
| 1998 | 24.88 | Kiamesha Otey | New Kent |
| 1997 | 25.44 | Kiamesha Otey | New Kent |
| 1996 | 24.79 | Kiamesha Otey | New Kent |
| 1995 | 25.85 | Teanena Brown | Surry Co. |
| 1994 | 25.68 | Stacey Green | George Wythe |
| 1993 | 25.0 | Itrina Payne | Goochland |
| 1992 | 26.1 | Itrina Payne | Goochland |
| 1991 | 25.3 | Itrina Payne | Goochland |
| 1990 | | | |
| 1989 | 25.2 | Pam Lennon | Floyd County |
| 1988 | 25.2 | Angel Fleetwood | Windsor |
| 1987 | 25.0 | Sharon Crouch | Amelia |
| 1986 | 26.0 | Mia Pollard | New Kent |
| 1985 | 25.7 | Mia Pollard | New Kent |
| 1984 | | | |
| 1983 | | Cindy Ross | Fieldale-Collinsville |
| 1982 | | Angela Hamilton | Powell Valley |
| 1980 | | | |

400m Dash

| | | | |
|------|---------|-------------------|----------------|
| 2010 | 56.45 | Jasmine Mitchell | Amelia County |
| 2009 | 1:00.28 | Skylar Evans | Goochland |
| 2008 | 57.57 | Sharese Roberts | Manassas Park |
| 2007 | 58.26 | Britney Whittaker | Radford |
| 2006 | 59.44 | Danielle Moyer | Clarke County |
| 2005 | 58.17 | Shylan Bumbrey | James Monroe |
| 2004 | 57.36 | Shylan Bumbrey | James Monroe |
| 2003 | 59.25 | Shylan Bumbrey | James Monroe |
| 2002 | 1:00.24 | Megan Morrison | Sussex Central |
| 2001 | 58.85 | Roshana Jackson | Appalachia |
| 2000 | 58.32 | Roshana Jackson | Appalachia |
| 1999 | 59.36 | Liz Hanger | Riverheads |
| 1998 | 58.77 | Alasthesha Bailey | Sussex Central |
| 1997 | 58.56 | Lorenda Abbott | Luray |
| 1996 | 1:00.03 | Charissa Bautista | George Mason |
| 1995 | 58.99 | Alysia Washington | King William |
| 1994 | 56.17 | Alysia Washington | King William |
| 1993 | 57.2 | Itrina Payne | Goochland |
| 1992 | 1:00.0 | Itrina Payne | Goochland |
| 1991 | 60.7 | Itrina Payne | Goochland |
| 1990 | 58.6 | Pam Lennon | Floyd Co. |
| 1989 | 49.3* | Heather Harlow | Riverheads |
| 1988 | 57.2 | Angel Fleetwood | Windsor |
| 1987 | 58.9 | Angel Fleetwood | Windsor |
| 1986 | 57.1 | Mia Pollard | New Kent |

| | | | | | | | |
|------------------|----------|-------------------|----------------------|---------------------------|----------|-------------------|-------------------|
| 1985 | 58.4 | Mia Pollard | New Kent | 1987 | 5:23.8 | Becky Runion | Woodstock |
| 1982 | 58.0 | Paula Franklin | Fluvanna | 1986 | 5:33.2 | Becky Rutherford | Pound |
| 800m Run | | | | 1985 | 5:36.0 | Debbie Fink | Buffalo Gap |
| 2010 | 2:25.10 | Clare Moretz | Madison County | 1984 | 5:29.3 | Joy Nicholson | Independence |
| 2009 | 2:20.08 | Jenna Sprinkle | James River | 1983 | 5:31.3 | Rose Brogan | Fluvanna |
| 2008 | 2:23.03 | Sophia Holmes | Clarke County | 1981 | 5:30.2 | Hattie Roots | King William |
| 2007 | 2:21.70 | Brittany Killough | J.J. Kelly | 1980 | | Marcella McCue | Montevideo |
| 2006 | 2:19.96 | Mariah Hagadone | Buffalo Gap | 3200m Run | | | |
| 2005 | 2:12.76* | Shylan Bumbrey | James Monroe | 2010 | 11:47.01 | Natalie Young | George Mason |
| 2004 | 2:20.53 | Shylan Bumbrey | James Monroe | 2009 | 11:48.08 | Natalie Young | George Mason |
| 2003 | 2:18.19 | Shylan Bumbrey | James Monroe | 2008 | 11:00.76 | Megan Marsico | Glenvar |
| 2002 | 2:21.09 | Shylan Bumbrey | James Monroe | 2007 | 11:27.80 | Sussana Sullivan | George Mason |
| 2001 | 2:24.45 | Annie Maynard | George Mason | 2006 | 11:17.20 | Kelly Clark | Glenvar |
| 2000 | 2:25.54 | Lauren Lastinger | Galax | 2005 | 11:41.11 | Kelly Clark | Glenvar |
| 1999 | 2:21.10 | Colleen Winzeler | George Mason | 2004 | 11:47.50 | Ashley Osborne | John Battle |
| 1998 | 2:19.03 | Liz Hanger | Riverheads | 2003 | 11:38.76 | Anna Carpenter | Giles |
| 1997 | 2:24.31 | Jennifer Beals | Brentsville District | 2002 | 12:05.46 | Laura Hodges | George Wythe |
| 1996 | 2:22.59 | Charlee Taylor | Radford | 2001 | 12:05.46 | Laura Hodges | George Wythe |
| 1995 | 2:21.79 | Latia Brown | Patrick Henry | 2000 | 11:34.87 | Laura Hodges | George Wythe |
| 1994 | 2:23.81 | Latia Brown | Patrick Henry | 1999 | 11:59.69 | Leslie Grant | Strasburg |
| 1993 | 2:24.2 | Latia Brown | Patrick Henry | 1998 | 11:34.43 | Lauren Carruth | Patrick Henry-GS |
| 1992 | 2:23.3 | Kristie Olson | Riverheads | 1997 | 11:58.15 | Lauren Carruth | Patrick Henry-GS |
| 1991 | 2:21.0 | Virginia Martin | Brentsville | 1996 | 10:59.44 | Trish Nervo | Glenvar |
| 1990 | 2:24.7 | Elizabeth Rice | Rappahannock | 1995 | 10:58.62 | Trish Nervo | Glenvar |
| 1989 | 2:27.6 | Elizabeth Rice | Rappahannock | 1994 | 11:21.1 | Trish Nervo | Glenvar |
| 1988 | 2:23.7 | Elizabeth Rice | Rappahannock | 1993 | 12:12.4 | Jennifer Estep | Stonewall Jackson |
| 1987 | 2:27.9 | Evangela Booker | Amelia | 1992 | 12:29.8 | Allison Yates | Strasburg |
| 1986 | 2:25.2 | Jessica Thomas | Fluvanna | 1991 | 12:14.0 | Sonya Day | Appalachia |
| 1985 | 2:20.6 | Joy Ray | Buffalo Gap | 1990 | 12:35.4 | Tracy Thomas | Essex |
| 1984 | 2:25.7 | Kelly Shorff | Pound | 1989 | 11:50.0 | Becky Runion | Woodstock |
| 1981 | 2:25.6 | Hattie Roots | King William | 1988 | 12:09.6 | Becky Runion | Woodstock |
| 1980 | | Patricia Bladen | Central-Woodstock | 1987 | 11:46.1 | Becky Runion | Woodstock |
| 1600m Run | | | | 1986 | 12:23.2 | Debbie Fink | Buffalo Gap |
| 2010 | 5:16.99 | Clare Moretz | Madison County | 1985 | 12:17.9 | Debbie Fink | Buffalo Gap |
| 2009 | 5:18.32 | Clare Moretz | Madison County | 1984 | 11:56.1 | Joy Nicholson | Independence |
| 2008 | 4:59.97* | Megan Marsico | Glenvar | 1982 | 12:42.0 | Clarissa Aliff | New Kent |
| 2007 | 5:08.19 | Susanna Sullivan | George Mason | 1980 | | Marcella McCue | Montevideo |
| 2006 | 5:05.79 | Kelly Clark | Glenvar | 400m Relay (4x100) | | | |
| 2005 | 5:09.75 | Danielle Moyer | Clarke County | 2010 | 50.15 | Appomattox County | |
| 2004 | 5:16.59 | Ashton Bishop | Gate City | 2009 | 50.13 | Northumberland | |
| 2003 | 5:16.43 | Kelly Clark | Glenvar | 2008 | 50.79 | Northumberland | |
| 2002 | 5:19.52 | Laura Hodges | George Wythe | 2007 | 50.89 | Essex | |
| 2001 | 5:24.75 | Sara Hines | Strasburg | 2006 | 51.86 | Sussex Central | |
| 2000 | 5:18.24 | Laura Hodges | George Wythe | 2005 | 49.58 | James Monroe | |
| 1999 | 5:07.57 | Colleen Winzeler | George Mason | 2004 | 51.49 | Northwood | |
| 1998 | 5:09.57 | Liz Hanger | Riverheads | 2003 | 49.00 | Sussex Central | |
| 1997 | 5:16.48 | Liz Hanger | Riverheads | 2002 | 48.88* | Sussex Central | |
| 1996 | 5:02.87 | Trish Nervo | Glenvar | 2001 | 49.47 | Sussex Central | |
| 1995 | 5:05.45 | Trish Nervo | Glenvar | 2000 | 51.19 | Sussex Central | |
| 1994 | 5:25.5 | Sabrina Sibert | Stonewall Jackson | 1999 | 49.86 | Sussex Central | |
| 1993 | 5:33.9 | Kelly Rector | Patrick Henry | 1998 | 49.78 | Sussex Central | |
| 1992 | 5:31.0 | Allison Yates | Strasburg | 1997 | 50.06 | New Kent | |
| 1991 | 5:28.2 | Allison Yates | Strasburg | 1996 | 50.73 | Surry County | |
| 1990 | 5:22.5 | Tracy Thomas | Essex | 1995 | 50.88 | Surry County | |
| 1989 | 5:10.2 | Becky Runion | Woodstock | 1994 | 50.39 | Central | |
| 1988 | 5:19.3 | Becky Runion | Woodstock | 1993 | 50.2 | Ludenburg-Central | |
| | | | | 1992 | 51.0 | Essex | |

| | | |
|------|------|----------------|
| 1991 | 51.3 | Surry County |
| 1990 | 51.9 | Madison County |
| 1989 | 50.9 | Sussex Central |
| 1988 | 50.2 | Drewry Mason |
| 1987 | 50.3 | Powell Valley |
| 1986 | 50.2 | Fluvanna |
| 1985 | 49.9 | Northumberland |

1600m Relay (4x400)

| | | |
|------|----------|----------------------|
| 2010 | 4:08.17 | Appomattox County |
| 2009 | 4:09.38 | Appomattox County |
| 2008 | 4:09.39 | Clarke County |
| 2007 | 4:07.92 | Clarke County |
| 2006 | 4:15.49 | Radford |
| 2005 | 4:08.00 | Goochland |
| 2004 | 4:14.09 | James Monroe |
| 2003 | 4:04.91* | Brentsville District |
| 2002 | 4:10.12 | Sussex Central |
| 2001 | 4:08.90 | Brentsville District |
| 2000 | 4:13.02 | Brentsville District |
| 1999 | 4:13.55 | Sussex Central |
| 1998 | 4:07.70 | Riverheads |
| 1997 | 4:11.16 | George Mason |
| 1996 | 4:11.16 | George Mason |
| 1995 | 4:14.10 | Sussex Central |
| 1994 | 4:13.26 | Floyd County |
| 1993 | 4:13.2 | Giles |
| 1992 | 4:09.9 | Giles |
| 1991 | 4:16.1 | Riverheads |
| 1990 | 4:14.9 | Essex |
| 1989 | 4:17.1 | Essex |
| 1988 | 4:09.8 | Clarke County |
| 1987 | 4:13.7 | Drewry Mason |
| 1986 | | New Kent |

State Meet Records

AAA

| | | | | |
|-------------------------|----------|--------------------|-----------------|------|
| Shot Put: | 49'9" | Tracey Toon, | Menchville | 1982 |
| Discus: | 159'0" | Jackie Wallace, | Lafayette | 1982 |
| Long Jump: | 20'6.5" | Piper Bressant, | Jeff.-Hug-Wythe | 1981 |
| High Jump: | 6'0.25" | Paula Girven, | Gar-Field | 1976 |
| Triple Jump: | 41'9.25" | Dana Boone, | Lake Braddock | 1987 |
| Pole Vault: | 12-6 | Lizzie Powell | Patrick Henry-A | 2010 |
| 80Y Hurdles: | 10.3 | Michelle Kennard, | Bethel | 1977 |
| 110Y Hurdles: | 14.2 | Benita Fitzgerald, | Gar-Field | 1979 |
| 100M Low Hrdls: | 13.4 | Arnita Epps, | Kellam | 1982 |
| 100M High Hrdls: | 13.73 | Tierra Brown | Hampton | 2007 |
| 300M Low Hrdls: | 40.94 | Sheena Johnson | Gar-Field | 2000 |
| 100Y Dash: | 10.7 | Judy Washington, | Kempsville | 1977 |
| 100M Dash: | 11.73 | Kim Graham, | St. Jackson | 1989 |
| 220Y Dash: | 24.5 | Sheri Cook, | Bethel | 1977 |
| | | Linda Portasik, | Fort Hunt | 1977 |
| 200M Dash: | 23.79 | Kim Graham, | St. Jackson | 1989 |
| 440Y Dash: | 54.7 | Cassandra Jones, | Warwick | 1978 |
| 400M Dash: | 53.45 | Alyssa Aiken, | Chantilly | 1999 |
| 880Y Run: | 2:10.3 | Linda Portasik, | Fort Hunt | 1978 |
| 800M Run: | 2:09.30 | Nikeya Green | Hayfield | 2000 |
| Mile Run: | 4:50.3 | Linda Portasik, | Fort Hunt | 1979 |

| | | | | |
|---------------------------|----------|---|---------------|------|
| 1600M Run: | 4:50.32 | Alisa Harvey, | Th. Jefferson | 1983 |
| Two-Mile Run: | 10:54.0 | Kendall Tata, | Kempsville | 1979 |
| 3200M Run: | 10:05.58 | Erin Keogh, | Langley | 1986 |
| 440Y Relay: | 47.7 | Warwick: | | 1978 |
| | | Cassandra Jones, Leslie Hawkins, Dana Cary, Debra Clark | | |
| 400M Relay: | 45.79 | Bayside: | | 1997 |
| | | KeishaKicks,EbonyShelton,TenayiaSimpson,LashondaCutchin | | |
| 880Y Relay: | 1:40.1 | Bethel: | | 1977 |
| | | JesseIverson,Sherri Cook,Michll Kennard,SandraBrumbaugh | | |
| 800M Relay: | 1:39.1 | Marshall-Walker: | | 1980 |
| | | Denise Cox, Diane Turner, Sharon Hence, Sherry Stevens | | |
| 880Y Medley Relay: | 1:45.4 | Warwick | | 1977 |
| | | Dana Cary, CeiliaBryant, Sherri Wiggins, Leslie Hawkins | | |
| Mile Relay: | 3:53.1 | Bethel: | | 1978 |
| | | TammyHoward,Gina Cooper,Michelle Kennard,JesseeIverson | | |
| 1600M Relay: | 3:43.46 | Menchville | | 1998 |
| 3200M Relay: | 9:08.32 | West Springfield | | 2010 |
| | | Maddie Wittich, Alex Watt, Anna Barber, Paige Karabinus | | |

AA

| | | | | |
|------------------------|-----------|--|-------------------|------|
| Shot Put 8lb: | 45'11.5" | Shelia Halsey, | Covington | 1978 |
| Shot Put 4kg: | 45'7.75" | Teena Brooks, | Meadowbrook | 1983 |
| Discus: | 161'07" | Natalie Baird, | Park View | 2007 |
| Long Jump: | 19'2.5" | Millicent Shabazz, | Radford | 1989 |
| High Jump: | 5'10" | Jennifer Nelms | Spotsylvania | 1999 |
| Triple Jump: | 39'11.25" | Candace Lee, | Appomattox | 1998 |
| Pole Vault: | 12'06.25" | Ashley Early | Western Albemarle | 2005 |
| 80Y Hurdles: | 10.6 | Susan Brownell, | Lexington | 1977 |
| 110Y Hurdles: | 14.4 | Judy Thomas, | Patrick Henry | 1979 |
| 100M Low Hrdls: | 14.1 | Lisa Jackson, | Handley | 1982 |
| 300M Hrdls: | 43.43 | Ayla Smith | John Handley | 2006 |
| 100Y Dash: | 10.9 | Lisa Garrett, | Amherst | 1979 |
| 100M Dash: | 11.7 | Bonita Ennis, | Spotsylvania | 1981 |
| 220Y Dash: | 24.6 | Lisa Garrett, | Amherst | 1978 |
| 200M Dash: | 24.3 | Lisa Dillard, | Tabb | 1985 |
| 440Y Dash: | 57.1 | Debbie Hunt, | Loudoun Co. | 1977 |
| 400M Dash: | 55.0 | Rebecca Russell, | Carroll County | 1988 |
| 880Y Run: | 2:20.3 | Vanessa Mitchell, | Wm Campbell | 1979 |
| 800M Run: | 2:09.32 | Sarah Bowman, | Fauquier | 2005 |
| Mile Run: | 5:07.9 | Nancy Radford, | Andrew Lewis | 1976 |
| 1600M Run: | 4:41.81 | Sarah Bowman, | Fauquier | 2005 |
| Two-Mile Run: | 11:26.4 | Nancy Rose, | Virginia | 1979 |
| 3200M Run: | 10:16.03 | Kathleen Stevens | Blacksburg | 2010 |
| 440Y Relay: | 49.0 | Loudoun Valley: | | 1978 |
| | | Linda Mallory, Sandy Biltmore, Salley Samie, Cindy Carter | | |
| 400M Relay: | 48.28 | Caroline | | 2002 |
| 880Y Relay: | 1:42.1 | Sussex: | | 1981 |
| | | Vanessa Jackson, Rhonda Mason, Maxine Graves, Detra Taylor | | |
| 880Y Medley: | 1:51.4 | Park View-Sterling: | | 1977 |
| | | Katie Clark, Diane Lind, Jan Ullman, Shari Higgs | | |
| Mile Relay: | 3:58.2 | Virginia: | | 1978 |
| | | CharlotteCansler,CynthiaWilson,DeniseCansler,KathyKearfoot | | |
| 1600M Relay: | 3:55.51 | John Handley | | 2010 |
| | | Caroline Crowe, Kara Dixon, Verna Lee, Britani Myers | | |
| 3200M Relay: | 9:23.98 | Blacksburg | | 2010 |
| | | Leah Fitchett, Kate Buss, Sarah Dorrell, Hannah Brown | | |

A

| | | | | |
|-------------------------|----------|------------------------------|------------------|------|
| Shot Put 8lb: | 44'11" | Susan Lucas | Giles | 2005 |
| Shot Put 4kg: | 43'0" | Sandra Giles | Amelia | 1991 |
| Discus: | 131'8" | Whitney King | Radford | 2004 |
| Long Jump: | 19'6.25" | Kiamesha Otey | New Kent | 1998 |
| High Jump: | 5-08 | Andrea White | Lancaster | 2009 |
| Triple Jump: | 39'0.33" | Erica Mathew | Mathews | 1989 |
| 80Y Hurdles: | 10.9 | Sally Irwin | Central-Wood. | 1977 |
| 110Y Hurdles: | 15.2 | Dewie Jordan | St. Jackson | 1980 |
| 100M Low Hrdls: | 15.1 | Janice Vogel | Mathews | 1982 |
| 100M High Hrdls: | 14.5 | Sharon Crouch | Amelia | 1987 |
| 300M Hurdles: | 44.79 | Jacqueline Bailey | Brentsville | 2003 |
| 100Y Dash: | 11.3 | Francine Hall | Buffalo Gap | 1980 |
| 100M Dash: | 11.9 | Sharon Crouch | Amelia | 1987 |
| 220Y Dash: | 25.7 | Jamelle Prudhum | Rappahannock Co. | 1978 |
| 200M Dash: | 24.88 | Kiamesha Otey | New Kent | 1998 |
| 440Y Dash: | 58.5 | Jammelle Prudhum | Rappahannock Co. | 1976 |
| 400M Dash: | 56.17 | Alysia Washington | King William | 1994 |
| 880Y Run: | 2:22.8 | Patricia Bladen | Central-Wood. | 1980 |
| 800M Run: | 2:12.76 | Shylan Bumbrey | James Monroe | 2005 |
| Mile Run: | 5:16.1 | Marcella McCue | Montevideo | 1980 |
| 1600M Run: | 5:05.45 | Trish Nervo | Glenvar | 1995 |
| Two-Mile Run: | 11:41.4 | Marcella McCue | Montevideo | 1980 |
| 3200M Run: | 10:58.62 | Trish Nervo | Glenvar | 1995 |
| 440Y Relay: | 50.9 | Stuarts Draft | | 1977 |
| 400M Relay: | 48.88 | Sussex Central | | 2002 |
| 880Y Relay: | 1:47.1 | Central-Woodstock | | 1980 |
| 800M Relay: | 1:46.5 | Arcadia | | 1982 |
| 880Y Medley: | 1:55.8 | Stonewall Jackson-Quicksburg | | 1976 |
| Mile Relay: | 4:06.0 | New Kent | | 1980 |
| 1600M Relay: | 4:04.91 | Brentsville District | | 2003 |

BOYS VOLLEYBALL

Team Champions

(champions, runner-up)

In the fall of 2004, Virginia adopted the rally scoring format where points are awarded on each play, regardless which team serves; 2004 also marked play to 25 points, instead of 15 points.

AAA

| | | | |
|------|----------------|-----------------|-----------------------------------|
| 2009 | Clover Hill | Cosby | 25-23, 25-16, 25-18 |
| 2008 | Deep Run | Thomas Dale | 27-29, 27-25, 25-16, 19-25, 15-11 |
| 2007 | Thomas Dale | Frank W. Cox | 25-22, 25-19, 25-12 |
| 2006 | Frank W. Cox | First Colonial | 25-22, 28-26, 25-19 |
| 2005 | Clover Hill | Thomas Dale | 25-19, 25-19, 25-27, 25-23 |
| 2004 | Tallwood | Clover Hill | 25-20, 22-25, 25-22, 21-25, 15-11 |
| 2003 | Frank W. Cox | Clover Hill | 25-23, 25-21, 25-23 |
| 2002 | Monacan | Great Bridge | 11-15, 15-11, 17-15, 15-8 |
| 2001 | Clover Hill | Patrick Henry-A | 15-4, 15-11, 11-15, 9-15, 16-14 |
| 2000 | Varina | Tallwood | 8-15, 15-3, 10-15, 15-13, 17-15 |
| 1999 | Varina | Kempsville | 15-8, 15-17, 15-6, 8-15, 15-8 |
| 1998 | Monacan | Tallwood, | 15-12, 7-15, 15-12, 13-15, 15-9 |
| 1997 | First Colonial | Monacan | 4-15, 15-7, 15-6, 17-15 |

Team Records

Most championships:

| | | |
|---|--------------|------------------|
| 3 | Clover Hill | 2001, 2005, 2009 |
| 2 | Monacan | 1998, 2002 |
| 2 | Vaina | 1999-2000 |
| 2 | Frank W. Cox | 2003, 2006 |

Consecutive state championships:

| | | |
|---|-------|-----------|
| 2 | Vaina | 1999-2000 |
|---|-------|-----------|

GIRLS VOLLEYBALL

Team Champions

(champions, runner-up)

In the fall of 2004, Virginia adopted the rally scoring format where points are awarded on each play, regardless which team serves; 2004 also saw all Groups playing best three-out-of-five to 25 points. Prior to 2004, Groups A and AA played best two-out-of-three to 15 points and Group AAA best three-out-of-five to 15 points.

AAA (Fall Championships)

| | | | |
|------|-----------------|-----------------------|-----------------------------------|
| 2009 | Loudoun Valley | South County | 19-25, 25-16, 25-22, 25-22 |
| 2008 | Albemarle | Westfield | 27-25, 25-16, 19-25, 25-22 |
| 2007 | Deep Run | Langley | 25-23, 25-14, 25-22 |
| 2006 | Deep Run | Hanover | 25-21, 25-15, 25-19 |
| 2005 | Douglas Freeman | Deep Run | 25-22, 27-29, 25-22, 23-25, 15-12 |
| 2004 | Frank W. Cox | Douglas Freeman | 25-23, 38-36, 25-21 |
| 2003 | Forest Park | Tallwood | 23-25, 18-25, 25-18, 25-22, 15-4 |
| 2002 | First Colonial | Forest Park | 15-7, 15-4, 15-12 |
| 2001 | Frank W. Cox | First Colonial | 14-16, 16-18, 15-12, 15-7, 15-7 |
| 2000 | First Colonial | Mills Godwin | 13-15, 15-4, 14-16, 15-7, 15-13 |
| 1999 | Frank W. Cox | Albemarle | 15-7, 15-7, 15-5 |
| 1998 | Salem | Frank Cox | 14-16, 15-12, 11-15, 15-7, 16-14 |
| 1997 | Mills Godwin | Salem-Virginia Beach | 15-9, 15-10, 15-6 |
| 1996 | Frank Cox | Albemarle | 15-10, 15-12 |
| 1995 | Mills Godwin | Patrick Henry-Roanoke | 15-13, 15-9 |
| 1994 | C.D. Hylton | Mills Godwin | 16-14, 15-5 |
| 1993 | C.D. Hylton | Mills Godwin | 15-12, 10-15, 15-13 |

AA (Fall Championships)

| | | | |
|------|----------------|------------------|-----------------------------------|
| 2009 | Loudoun County | Grafton | 25-17, 25-12, 25-10 |
| 2008 | Loudoun County | Hidden Valley | 31-29, 25-21, 29-27 |
| 2007 | Loudoun County | Grafton | 28-26, 25-16, 17-25, 23-25, 15-12 |
| 2006 | Cave Spring | Loudoun County | 26-24, 25-23, 25-19 |
| 2005 | Cave Spring | Sherando | |
| 2004 | Loudoun Valley | Cave Spring | 25-16, 25-23, 25-22 |
| 2003 | Cave Spring | Jefferson Forest | 25-18, 23-25, 25-19, 25-18 |

AA (Winter Championships)

| | | | |
|------|---------------------|---------------------|--------------------|
| 2003 | Cave Spring | Fauquier | 15-0, 15-3 |
| 2002 | Loudoun Valley | Chancellor | 11-15, 15-9, 15-6 |
| 2001 | Loudoun Valley | Jamestown | 15-7, 12-15, 15-13 |
| 2000 | William Byrd | Chancellor | 15-11, 15-7 |
| 1999 | Robert E. Lee-Stmtn | Lafayette | 15-3, 15-12 |
| 1998 | Salem-Salem | Stuarts Draft | 15-9, 7-15, 15-11 |
| 1997 | Jefferson Forest | Stuarts Draft | 16-14, 15-9 |
| 1996 | Waynesboro | Jefferson Forest | 15-9, 9-15, 15-10 |
| 1995 | Fort Defiance | Robert E. Lee-Stmtn | 15-12, 15-9 |
| 1994 | Robert E. Lee-Stmtn | Abingdon | 15-2, 15-7 |
| 1993 | Gretna | Broadway | 15-13, 7-15, 15-13 |
| 1992 | Rustburg | Waynesboro | 12-15, 15-8, 15-12 |
| 1991 | John S. Battle | Blacksburg | 15-4, 15-10 |
| 1990 | Fort Defiance | Waynesboro | 15-11, 15-2 |
| 1989 | John S. Battle | Abingdon | 15-10, 15-9 |

| | | | |
|------|---------------------|------------------|--------------------|
| 1988 | Fort Defiance | John S. Battle | 9-15, 15-12, 15-5 |
| 1987 | Fort Defiance | Abingdon | 15-11, 11-15, 15-6 |
| 1986 | Robert E. Lee-Stmtn | Virginia | 15-4, 11-15, 15-3 |
| 1985 | Turner Ashby | Fort Defiance | 15-13, 15-13 |
| 1984 | Radford | Jefferson Forest | 15-11, 15-13 |
| 1983 | Abingdon | John S. Battle | 15-5, 15-9 |

A (Fall Championships)

| | | | |
|------|-----------|--------------|-----------------------------------|
| 2009 | Gate City | Bath County | 21-25, 26-38, 25-23, 16-25, 15-10 |
| 2008 | Gate City | Strasburg | 25-23, 25-19, 25-10 |
| 2007 | Strasburg | Gate City | 25-17, 19-25, 21-25, 25-16, 15-8 |
| 2006 | Glenvar | Gate City | 25-15, 26-24, 25-16 |
| 2005 | Gate City | Altavista | 25-22, 25-20, 26-24 |
| 2004 | Gate City | Northwood | 21-25, 26-24, 25-23, 25-12 |
| 2003 | Rye Cove | George Wythe | 25-20, 26-24, 13-25, 25-22 |

A (Winter Championships)

| | | | |
|------|-----------------|-------------------|--------------------|
| 2003 | Rye Cove | Rappahannock | 15-13, 15-3 |
| 2002 | Altavista | Gate City | 8-15, 15-12, 16-14 |
| 2001 | George Wythe-W | New Kent | 15-13, 15-4 |
| 2000 | New Kent | Rye Cove | 15-9, 15-13 |
| 1999 | Wilson Memorial | John Battle | 15-4, 15-4 |
| 1998 | Northwood | Rye Cove | 15-11, 13-15, 15-7 |
| 1997 | George Wythe-w | Central-Woodstock | 15-6, 15-4 |
| 1996 | Stuarts Draft | Central-Woodstock | 15-8, 15-13 |
| 1995 | Stuarts Draft | Rye Cove | 15-8, 15-7, 19-17 |
| 1994 | George Wythe-w | Stuarts Draft | 3-15, 15-10, 15-6 |
| 1993 | Stuarts Draft | George Wythe-w | 15-12, 15-7 |
| 1992 | George Wythe-w | Stuarts Draft | 15-13, 16-14 |
| 1991 | Page County | Luray | 15-13, 15-11 |
| 1990 | Page County | Lexington | 16-14, 15-8 |
| 1989 | Page County | Rockbridge County | 7-15, 15-12, 15-1 |
| 1988 | Luray | Rye Cove | 15-12, 15-9 |
| 1987 | Castlewood | Strasburg | 15-9, 15-11 |
| 1986 | Page County | Rockbridge County | 15-4, 15-13 |

Team Records

Most championships:

| | | |
|---|---------------------|------------------------|
| 4 | Page County | 1986, 1989-91 |
| 4 | Fort Defiance | 1987-88, 1990, 1995 |
| 4 | George Wythe-Wythe. | 1992, 1994, 1997 2001 |
| 4 | Frank W. Cox | 1996, 1999, 2001, 2004 |
| 4 | Loudoun Valley | 2001-02, 2004, 2009 |

Consecutive state championships:

| | | |
|---|----------------|---------|
| 3 | Page County | 1989-91 |
| 3 | Loudoun County | 2007-09 |

Consecutive match victories:

| | | |
|----|-----------------------|---------|
| 56 | Patrick Henry-Roanoke | 1972-79 |
|----|-----------------------|---------|

Individual Records

Most aces, career:

| | | | |
|-----|---------------|-------------|---------|
| 319 | Jemise Diggs | Waynesboro | 1981-85 |
| 280 | Donna Sellers | Page County | 1982-86 |

| | | | |
|-----|-----------------------|----------------------|---------|
| 280 | Chelsea Spivey | Gate City | 2005-08 |
| 272 | Margaret Walker | Gretna | 1991-94 |
| 250 | Alyssa Lang | Deep Run | 2004-07 |
| 211 | Trisha Baldwin | New Kent | 1993-97 |
| 199 | Trudy Davis | New Kent | 1998-01 |
| 195 | Donna Holland | Bassett | 1984-87 |
| 192 | Lindsey Kay Kincheloe | Brentsville District | 2003-06 |
| 192 | Megan Reed | Gate City | 2005-08 |

Most aces, season:

| | | | |
|-----|-------------------|-----------------------|---------|
| 217 | Donna Sellers | Page County | 1982-83 |
| 173 | Jemise Diggs | Waynesboro | 1986-87 |
| 168 | Sandra Rinker | St Jackson-Mt Jackson | 1982-83 |
| 126 | Christine Surface | Craig County | 2009 |
| 120 | Christine Surface | Craig County | 2008 |
| 119 | Donna Holland | Bassett | 1986-87 |
| 114 | Margaret Walker | Gretna | 1993-94 |
| 102 | Tori Puryear | Madison County | 2009 |
| 97 | Krista Hughes | Jamestown | 2008 |
| 93 | Stacy Meadows | Gretna | 1990-91 |

Most assists, career:

| | | | |
|-------|--------------------|-------------------|---------|
| 3,538 | Chelsea Spivey | Gate City | 2005-08 |
| 2,701 | Kellie Brumbaugh | Grafton | 2004-07 |
| 2,374 | LeeAnne Schocklin | Jamestown | 2006-08 |
| 2,300 | Shay Morazes | Nelson County | 2005-08 |
| 2,151 | Helen Theisen | Osborn Park | 2004-07 |
| 1,722 | Samantha Brummette | J.J. Kelly | 2004-07 |
| 1,658 | Stephanie Yokoyama | Heritage-Leesburg | 2008-09 |
| 1,563 | Allie Smith | Lebanon | 2005-08 |
| 1,585 | Courtney Wilson | Albemarle | 1998-00 |
| 1948 | Abby Hendrix | Albemarle | 2006-09 |

Most assists, season:

| | | | |
|-----|--------------------|-------------------|------|
| 994 | Kellie Brumbaugh | Grafton | 2006 |
| 992 | Ashley Rice | Bath County | 2009 |
| 972 | Chelsea Spivey | Gate City | 2006 |
| 941 | Chelsea Spivey | Gate City | 2005 |
| 879 | LeeAnne Schocklin | Jamestown | 2008 |
| 877 | Kellie Brumbaugh | Grafton | 2007 |
| 841 | Chelsea Spivey | Gate City | 2007 |
| 832 | Stephanie Yokoyama | Heritage-Leesburg | 2008 |
| 828 | Samantha Brummette | J.J. Kelly | 2007 |
| 826 | Stephanie Yokoyama | Heritage-Leesburg | 2009 |

Most service points, career:

| | | | |
|-----|-----------------|--------------|---------|
| 844 | Rachel Hanley | Albemarle | 1999-02 |
| 698 | Ashley Beahm | Page County | 2002-05 |
| 697 | Jessica Evers | Albemarle | 1995-99 |
| 696 | Abby Hendrix | Albemarle | 2006-09 |
| 691 | Margaret Walker | Gretna | 1991-94 |
| 675 | Laura Gomez | Albemarle | 2005-08 |
| 671 | Cory Harris | Jamestown | 2006-08 |
| 649 | Rachel Whiting | Craig County | 2003-06 |
| 611 | Stacy Meadows | Gretna | 1988-92 |
| 600 | Kara Elder | Albemarle | 2005-08 |

Most service points, season:

| | | | |
|-----|--------------------|-------------------|---------|
| 331 | Cory Harris | Jamestown | 2007 |
| 300 | Rachel Evers | Albemarle | 2002 |
| 292 | Stephanie Yokoyama | Heritage-Leesburg | 2008 |
| 291 | Ashley Beahm | Page County | 2004 |
| 285 | Krista Hughes | Jamestown | 2008 |
| 264 | Margaret Walker | Gretna | 1992-93 |

| | | | |
|-----|----------------|--------------|------|
| 253 | Mandy Hefren | Albemarle | 2000 |
| 245 | Rachel Whiting | Craig County | 2006 |
| 240 | Rachel Hanley | Albemarle | 1999 |
| 238 | Meg Carpenter | Albemarle | 2008 |

Best service percentage, career:

| | | | |
|-----|-----------------------------|----------------------|---------|
| 99% | Julie Glover (568-8) | Fort Defiance | 1985-89 |
| 98% | Keshia Tolbert (307-7) | J.J. Kelly | 1996-98 |
| 98% | Heather Wood (116-3) | Page County | 1990-92 |
| 97% | Priscilla Awkward (548-16) | Waynesboro | 1988-91 |
| 97% | Carrie Copony | Albemarle | 1988-89 |
| 97% | Kelli Brumbaugh (1197-33) | Grafton | 2004-07 |
| 97% | Christine Herndon (485-495) | Brentsville District | 2007-08 |
| 96% | Anna Stuart Burnett | New Kent | 2002-04 |
| 96% | Susan Ratliff(239-9) | Abingdon | 1986-89 |
| 95% | Stephanie Tyson(172-10) | Waynesboro | 1981-85 |

Best service percentage, season:

| | | | |
|-------|------------------------------|----------------------|---------|
| 100% | Keshia Tolbert (133-133) | J.J. Kelly | 1997 |
| 100% | Heather Wood (63-63) | Page County | 1991 |
| 99.5% | Julie Glover (214-215) | Fort Defiance | 1988 |
| 98.7% | Samantha Brummette (160-162) | J.J. Kelly | 2007 |
| 98.6% | Heather St. Clair (224-227) | Craig County | 2002 |
| 98.3% | Christine Herndon (288-293) | Brentsville District | 2008 |
| 98% | Carrie Copony | Albemarle | 1989 |
| 97.8% | Kayla Koslow (136-139) | Harrisonburg | 2002-03 |
| 97.7% | Kellie Brumbaugh (464-11) | Grafton | 2006 |
| 97.6 | Kalen Collins (201-206) | J.J. Kelly | 2007 |
| 97.5% | Christine Herndon (197-202) | Brentsville District | 2007 |
| 97.5% | Kellie Brumbaugh (399-10) | Grafton | 2006 |
| 97.2% | Kandace Gilleland (274-282) | Jefferson Forest | 1991 |
| 97.1% | Priscilla Awkward (166-171) | Waynesboro | 1990 |
| 97% | Cory Harris (282-291) | Jamestown | 2006 |
| 97% | Christina Nagahiro | Grafton | 2003 |

Most serves without a miss:

| | | | |
|-----|-------------------|-----------------------|---------|
| 232 | Caitlin Falls | Staunton River | 2006-07 |
| 223 | Keshia Tolbert | J.J. Kelly | 1996-98 |
| 184 | Julie Glover | Fort Defiance | 1987-89 |
| 141 | Christine Herndon | Brentsville District | 2008 |
| 130 | Kandace Gilliland | Jefferson Forest | 1991-92 |
| 126 | Priscilla Awkward | Waynesboro | 1990-91 |
| 122 | Heather St. Clair | Craig County | 2002 |
| 113 | Christine Herndon | Brentsville District | 2007-08 |
| 109 | Sandra Rinker | St Jackson-Mt Jackson | 1982-83 |
| 109 | Christine Herndon | Brentsville District | 2007 |

Most sets, career:

| | | | |
|-------|--------------------|--------------|-----------|
| 7,492 | Chelsea Spivey | Gate City | 2005-08 |
| 6,044 | Helen Theisen | Osborn Park | 2004-07 |
| 5,752 | Kellie Brumbaugh | Grafton | 2004-07 |
| 5,296 | LeeAnne Schocklin | Jamestown | 2006-08 |
| 4,027 | Courtney Armistead | Deep Run | 2003-05 |
| 3,757 | Ashley Beahm | Page County | 2002-05 |
| 3,485 | Sharon Terry | Page County | 1997-2000 |
| 3,382 | Katie Pence | Page County | 2000-03 |
| 2,902 | Mandy Lipps | Craig County | 2004-06 |
| 2,455 | Michele Hensley | Page County | 1987-89 |

Most sets, season:

| | | | |
|-------|--------------------|-------------------|------|
| 2,253 | Sarah Krug | Grafton | 2003 |
| 2,216 | LeeAnne Schocklin | Jamestown | 2006 |
| 2,167 | Stephanie Yokoyama | Heritage-Leesburg | 2009 |
| 2,151 | Chelsea Spivey | Gate City | 2006 |

| | | | | | | | |
|-----------------------------|-------------------|-----------------------|----------|----------------------------|-------------------|-----------------------|----------|
| 2,081 | Brittni Altmann | John Battle | 2008 | 60 | Liz Brailsford | Patrick Henry-Roanoke | 11/10/09 |
| 2,055 | Kellie Brumbaugh | Grafton | 2007 | 59 | Rachael Goss | Forest Park | 11/6/08 |
| 2,045 | Helen Theisen | Osborn Park | 2007 | 59 | Sammy Spees | Westfield | 10/2/08 |
| 2,035 | Lindsey McClellan | Deep Run | 2007 | Most kills, career: | | | |
| 2,001 | Helen Theisen | Osborn Park | 2005 | 1,262 | Kelsey Griffitts | John Battle | 2007-09 |
| 1,931 | Chelsea Spivey | Gate City | 2007 | 1,216 | Alison Blasingame | Grafton | 2004-07 |
| Most blocks, career: | | | | 1,202 | Kalen Collins | J.J. Kelly | 2004-07 |
| 376 | Julie Shiflett | Page County | 1989-92 | 1,192 | Emily Helms | Gate City | 2002-05 |
| 267 | Abigale Voss | JEB Stuart | 2006-08 | 1,174 | Kaitlyn Musick | Gate City | 2003-06 |
| 260 | Alison Blasingame | Grafton | 2004-07 | 1,071 | Hillary Jessee | Bath County | 2006-09 |
| 255 | Hillary Jessee | Bath County | 2006-09 | 1,023 | Marisa Gross | Forest Park | 2000-03 |
| 254 | Heather St. Clair | Craig County | 1999-02 | 930 | Jennifer Lewis | Gate city | 2005-08 |
| 253 | Andrea Woodson | Waynesboro | 1987-90 | 923 | Jessica Evers | Albemarle | 1995-98 |
| 245 | Brittney Grove | Deep Run | 2003-06 | 904 | Alyssa Lang | Deep Run | 2004-07 |
| 237 | Emily Helms | Gate City | 2002-05 | Most kills, season: | | | |
| 236 | Savanna Butts | Gretna | 2005-08 | 501 | Alison Blasingame | Grafton | 2007 |
| 216 | Kaitlyn Musick | Gate City | 2003-06 | 488 | Kalen Collins | J.J. Kelly | 2007 |
| Most blocks, season: | | | | 464 | Kaitlyn Musick | Gate City | 2006 |
| 216 | Kellie Goss | Forest Park | 2008 | 439 | Cory Harris | Jamestown | 2008 |
| 183 | Julie Shiflett | Page County | 1991 | 439 | Sammy Spees | Westfield | 2008 |
| 126 | Heather St. Clair | Craig County | 2000 | 432 | Allison Wolfe | Grafton | 2003 |
| 114 | Sarah Jones | Forest Park | 2008 | 428 | Kelsey Griffitts | John Battle | 2009 |
| 106 | Abigale Voss | JEB Stuart | 2008 | 426 | Heather Stout | Stonewall Jackson-Q | 2009 |
| 105 | Freddie Jones | John S. Battle | 1990 | 425 | Kelsey Griffitts | John Battle | 2008 |
| 99 | Alison Blasingame | Grafton | 2006 | 423 | Alison Blasingame | Grafton | 2006 |
| 87 | Savanna Butts | Gretna | 2008 | 423 | Liz Brailsford | Patrick Henry-Roanoke | 2009 |
| 86 | Brittney Grove | Deep Run | 2006 | Most kills, match: | | | |
| 84 | Brittney Grove | Deep Run | 2005 | 42 | Liz Brailsford | Patrick Henry-Roanoke | 9/19/09 |
| Most spikes, career: | | | | 41 | Alison Blasingame | Grafton | 11/17/07 |
| 2,312 | Sammy Spees | Westfield | 2005-08 | 34 | Krista Hughes | Jamestown | 11/6/08 |
| 2,173 | Hillary Jessee | Bath County | 2006-09 | 36 | Allision White | Galax | 11/14/09 |
| 2,105 | Alison Blasingame | Grafton | 2004-07 | 36 | Kelsey Griffitts | John Battle | 11/10/09 |
| 2,005 | Alyssa Lang | Deep Run | 2004-07 | 32 | Jessica Evers | Albemarle | 1996 |
| 1,917 | Kayla Trippeer | Craig County | 2003-06 | 32 | Kaitlyn Musick | Gate City | 9/7/06 |
| 1,608 | Brittney Grove | Deep Run | 2003-06 | 32 | Liz Brailsford | Patrick Henry-Roanoke | 10/22/09 |
| 1,603 | Megan Tate | Page County | 2000-03 | 31 | Megan Tate | Page County | 2003 |
| 1,571 | Katie Steidle | Waynesboro | 1997-00 | 31 | Kristen Salyer | Gate City | 11/16/04 |
| 1,495 | Ashley Beahm | Page County | 2002-05 | 31 | Liz Brailsford | Patrick Henry-Roanoke | 9/24/09 |
| 1,367 | Brandy Lloyd | Page County | 2002-05 | Most digs, career: | | | |
| Most spikes, season: | | | | 1,474 | MacKenzie Tyree | Lord Botetourt | 2005-08 |
| 1,104 | Sammy Spees | Westfield | 2008 | 1,420 | Alyssa Lang | Deep Run | 2004-07 |
| 1,025 | Cory Harris | Jamestown | 2008 | 1,316 | Megan Beckwith | Heritage-Leesburg | 2006-09 |
| 925 | Liz Brailsford | Patrick Henry-Roanoke | 2009 | 1,204 | Mikaela Whitaker | Battlefield | 2007-09 |
| 895 | Kristen Tunno | Grafton | 2006 | 914 | Sarah Scruggs | Gretna | 2005-07 |
| 875 | Alison Blasingame | Grafton | 2007 | 908 | Kirsten Higareda | Forest Park | 2005-07 |
| 855 | Allison Wolfe | Grafton | 2003 | 878 | Brittney Grove | Deep Run | 2003-06 |
| 827 | Krista Hughes | Jamestown | 2008 | 864 | Megan Reed | Gate City | 2005-08 |
| 777 | Rachael Goss | Forest Park | 2008 | 853 | Sammy Spees | Westfield | 2005-08 |
| 772 | Hillary Jessee | Bath County | 2009 | 823 | Brandy Lloyd | Page County | 2002-05 |
| 740 | Allison Wolfe | Grafton | 2004 | Most digs, season: | | | |
| Most spikes, game: | | | | 559 | Megan Beckwith | Heritage-Leesburg | 2009 |
| 99 | Liz Brailsford | Patrick Henry-Roanoke | 9/19/09 | 555 | MacKenzie Tyree | Lord Botetourt | 2007 |
| 84 | Alison Blasingame | Grafton | 11/17/07 | 518 | MacKenzie Tyree | Lord Boetourt | 2008 |
| 72 | Sammy Spees | Westfield | 9/22/08 | 466 | Mikaela Whitaker | Battlefield | 2008 |
| 65 | Liz Brailsford | Patrick Henry-Roanoke | 10/22/09 | 442 | Alyssa Lang | Deep Run | 2007 |
| 63 | Liz Brailsford | Patrick Henry-Roanoke | 10/10/09 | 428 | Sarah Scruggs | Gretna | 2007 |
| 62 | Liz Brailsford | Patrick Henry-Roanoke | 9/1/09 | 419 | Alyssa Lang | Deep Run | 2006 |
| 61 | Rachael Goss | Forest Park | 10/30/08 | 391 | Kirsten Higareda | Forest Park | 2006 |
| 61 | Liz Brailsford | Patrick Henry-Roanoke | 10/27/09 | 389 | Mikaela Whitaker | Battlefield | 2009 |

| | | | |
|--------------------------|------------------|-------------------|----------|
| 378 | Megan Reed | Gate City | 2007 |
| Most digs, match: | | | |
| 56 | Morgan Hill | Richlands | 10/1/09 |
| 56 | Megan Beckwith | Heritage-Leesburg | 10/3/09 |
| 54 | Sarah Scruggs | Gretna | 2007 |
| 44 | Mikaela Whitaker | Battlefield | 2007 |
| 44 | MacKenzie Tyree | Lord Botetourt | 2007 |
| 42 | Kirsten Higareda | Forest Park | 10/25/06 |
| 42 | Alyssa Lang | Deep Run | 11/19/05 |
| 39 | MacKenzie Tyree | Lord Botetourt | 10/23/08 |
| 38 | MacKenzie Tyree | Lord Botetourt | 8/8/08 |
| 37 | Mikaela Whitaker | Battlefield | 10/29/09 |

Coaching Records

Most victories:

| | | | |
|-----|------------------------|-----------------------|-----------|
| 451 | Mark Ragland (active) | Albemarle | 1988- |
| 385 | Donnie Qualls | Rye Cove | -2002 |
| 381 | Phyllis Buckner | Jefferson Forest | 1973-97 |
| 372 | Lillie Moore | George Wythe-Wythe. | -2002 |
| 361 | Jerry Williams | John Battle | |
| 333 | Alan Knight (active) | Page County | 1981- |
| 326 | Pat Austin | Waynesboro | 1979-2005 |
| 317 | Carmel Keilty (active) | Heritage-Leesburg | 1989- |
| 313 | Jackie Hardy | Tunstall | |
| 275 | Tom Houser | Bassett/W. Fleming | 1983-2000 |
| 289 | Cynthia Burnett | New Kent | -2005 |
| 269 | Tracie Weston | Mills Godwin | |
| 266 | Tom Houser | Bassett | 1983-99 |
| | | William Fleming | 199-2000 |
| 262 | Alan Knight | Page County | 1981- |
| 258 | Rose Houk | Galax | |
| 217 | Jean Gilles[oe | Rich Valley/Northwood | 1976-2007 |
| 215 | Judy Wallace | Abingdon | 1975-89 |
| 212 | Brenda Neal | Handley | 1978-98 |
| 203 | Gloria Motley | Gretna | -1997 |

WRESTLING

Team Champions

(Team Champion, Runner-up)

AAA

| | | | | |
|------|----------------|-------|-----------------------|-------|
| 2010 | Frank Cox | 177.5 | James Robinson | 129.5 |
| 2009 | Colonial Forge | 121.0 | Fauquier | 97.5 |
| 2008 | Colonial Forge | 183.0 | Great Bridge | 118.0 |
| 2007 | Colonial Forge | 169.5 | Great Bridge | 152.0 |
| 2006 | Great Bridge | 220.5 | Frank Cox | 93.0 |
| 2005 | Great Bridge | 259.5 | Colonial Forge | 96.5 |
| 2004 | Great Bridge | 193.0 | Frank Cox | 108.0 |
| 2003 | Great Bridge | 233.5 | Kempsville | 104.0 |
| 2002 | Great Bridge | 229.0 | Colonial Forge | 90.0 |
| 2001 | Great Bridge | 155.0 | Western Branch | 92.0 |
| 2000 | Great Bridge | 189.0 | Frank Cox | 153.0 |
| 1999 | Great Bridge | 120.0 | North Stafford | 87.0 |
| 1998 | Great Bridge | 196.5 | Stonewall Jackson | 85.0 |
| 1997 | Western Branch | 133.5 | Great Bridge | 101.5 |
| 1996 | Great Bridge | 162.0 | Stonewall Jackson | 83.5 |
| 1995 | Great Bridge | 112.5 | Western Branch | 86.0 |
| 1994 | Great Bridge | 115.5 | Centreville | 95.0 |
| 1993 | Great Bridge | 121.0 | Centreville | 98.5 |
| 1992 | Great Bridge | 160.0 | Western Branch | 84.0 |
| 1991 | Great Bridge | 87.0 | Western Branch | 84.0 |
| 1990 | Kempsville | 103.5 | Great Bridge | 87.0 |
| 1989 | Great Bridge | 145.5 | Kempsville | 99.0 |
| 1988 | Great Bridge | 148.0 | Norview | 67.0 |
| 1987 | Great Bridge | 126.5 | James Robinson | 92.0 |
| 1986 | Frank Cox | 135.5 | Great Bridge | 126.5 |
| 1985 | James Robinson | 111.5 | Frank Cox | 108.5 |
| 1984 | Frank Cox | 142.5 | James Robinson | 92.0 |
| 1983 | Deep Creek | 113.0 | Princess Anne | 91.0 |
| 1982 | W.T. Woodson | 102.5 | Kempsville | 82.0 |
| 1981 | James Robinson | 98.0 | Falls Church | 90.0 |
| 1980 | James Robinson | 83.5 | Gar-Field | 67.5 |
| 1979 | Maury | 79.5 | Gar-Field | 59.5 |
| 1978 | Kempsville | 88.0 | Lake Braddock | 59.5 |
| 1977 | Bethel | 56.5 | Maury | 54.0 |
| 1976 | Menchville | 67.5 | Frank Cox | 66.5 |
| 1975 | Norview | 61.5 | James Robinson | 50.5 |
| 1974 | Frank Cox | 42.5 | James Robinson | 39.0 |
| 1973 | Frank Cox | 70.5 | R. E. Lee-Springfield | 41.0 |
| 1972 | Frank Cox | 60.5 | Granby | 43.0 |
| 1971 | Granby | 50.0 | McLean | 49.0 |

IA

| | | | | |
|------|--------|-------|-----------|------|
| 1970 | Granby | 79.0 | McLean | 55.0 |
| 1969 | Granby | 110.0 | Annandale | 42.0 |
| 1968 | Granby | 60.0 | Annandale | 54.0 |
| 1967 | Granby | 101.0 | Annandale | 59.0 |
| 1966 | Granby | | | |
| 1965 | Granby | 72.0 | Maury | 70.0 |
| 1964 | Granby | 69.0 | Maury | 61.0 |

| | | | | |
|------|--------|------|-----------------------|------|
| 1963 | Granby | 68.0 | Wakefield | 43.0 |
| 1950 | Granby | 64.0 | Jefferson Senior, Roa | 33.0 |
| 1949 | Granby | 59.0 | Jefferson Senior, Roa | 49.0 |

AAA Dual Team

| | | | | |
|------|----------------|----|----------------------|----|
| 1996 | Great Bridge | 66 | Franklin County | 00 |
| 1995 | Great Bridge | 49 | Franklin County | 16 |
| 1994 | Great Bridge | 39 | St. Jackson-Manassas | 18 |
| 1993 | Great Bridge | 28 | Centreville | 18 |
| 1992 | Great Bridge | 43 | St. Jackson-Manassas | 14 |
| 1991 | Great Bridge | 32 | Woodbridge | 19 |
| 1990 | Western Branch | 29 | Woodbridge | 22 |

AA

| | | | | |
|------|-----------------|-------|---------------------|-------|
| 2010 | Christiansburg | 175.0 | Grundy | 166.0 |
| 2009 | Christiansburg | 210.5 | Poquoson | 131.5 |
| 2008 | Christiansburg | 161.5 | Grundy | 129.5 |
| 2007 | Christiansburg | 259.5 | Tabb | 86.0 |
| 2006 | Christiansburg | 246.5 | Turner Ashby | 113.3 |
| 2005 | Christiansburg | 292.0 | Grundy | 96.5 |
| 2004 | Christiansburg | 229.5 | Turner Ashby | 116.0 |
| 2003 | Christiansburg | 165.5 | Grundy | 128.0 |
| 2002 | Christiansburg | 191.5 | Grundy | 187.5 |
| 2001 | Grundy | 246.5 | Christiansburg | 167.5 |
| 2000 | Grundy | 225.0 | Christiansburg | 217.0 |
| 1999 | Poquoson | 149.5 | Christiansburg | 137.0 |
| 1998 | Grundy | 241.0 | Poquoson | 200.5 |
| 1997 | Grundy | 269.5 | Poquoson | 194.5 |
| 1996 | Grundy | 327.5 | Poquoson | 167.0 |
| 1995 | Grundy | 235.0 | Poquoson | 135.5 |
| 1994 | Grundy | 189.5 | Poquoson | 168.0 |
| 1993 | Grundy | 169.5 | Northside | 104.0 |
| 1992 | Grundy | 169.5 | Northside | 104.0 |
| 1991 | Grundy | 184.5 | Park View-Sterling | 96.5 |
| 1990 | Grundy | 202.0 | Park View | 104.0 |
| 1989 | Grundy | 204.0 | Poquoson | 117.0 |
| 1988 | Grundy | 260.0 | Osborn | 102.0 |
| 1987 | Grundy | 261.5 | Poquoson | 112.5 |
| 1986 | Osborn | 195.0 | Poquoson | 156.0 |
| 1985 | Poquoson | 185.0 | Osborn | 162.0 |
| 1984 | Osborn | 119.0 | Park View-Sterling | |
| 1983 | Osborn | 134.5 | Poquoson | 109.5 |
| 1982 | William Byrd | 92.5 | Virginia | 83.5 |
| 1981 | Poquoson | 119.5 | York | 105.0 |
| 1980 | Poquoson | 158.0 | Osborn | 75.50 |
| 1979 | Poquoson | 112.0 | Harrisonburg | 90.0 |
| 1978 | Grundy | 118.5 | Orange County | 89.5 |
| 1977 | Tabb | 113.0 | Pembroke | 78.5 |
| 1976 | Brookville | 90.0 | Glenvar | 73.5 |
| 1975 | Culpeper County | 49.0 | Orange County | 41.5 |
| 1974 | William Byrd | 57.5 | Spotsylvania County | 43.0 |
| 1973 | William Byrd | 73.0 | Spotsylvania County | 45.5 |
| 1972 | Glenvar | 54.0 | Culpeper County | 46.5 |
| 1971 | Glenvar | 71.0 | Culpeper County | 55.0 |

A

| | | | | |
|------|------------------------|-------|----------------------|-------|
| 2010 | Glenvar | 140.0 | Galax | 120.0 |
| 2009 | Glenvar | 123.0 | Strasburg | 100.0 |
| 2008 | Manassas Park | 182.5 | Glenvar | 131.5 |
| 2007 | Glenvar | 189.0 | Manassas Park | 142.0 |
| 2006 | Manassas Park | 181.0 | Rural Retreat | 142.0 |
| 2005 | Manassas Park | 218.5 | Strasburg | 134.5 |
| 2004 | Manassas Park | 166.5 | Parry McCluer | 151.5 |
| 2003 | Brentsville District | 168.0 | Mathews | 147.5 |
| 2002 | Brentsville District | 218.5 | Clarke County | 120.5 |
| 2001 | Brentsville District | 140.0 | Clarke County | 119.0 |
| 2000 | Strasburg | 131.5 | Brentsville Dist. | 126.5 |
| 1999 | Brentsville District | 172.5 | J. J. Kelly | 110.0 |
| 1998 | Radford | 137.5 | Brentsville District | 137.0 |
| 1997 | Strasburg | 166.5 | Radford | 141.5 |
| 1996 | Brentsville District | 158.0 | Strasburg | 105.0 |
| 1995 | Northampton | 156.0 | Brentsville District | 96.00 |
| 1994 | Brentsville District | 154.0 | Coeburn | 123.0 |
| 1993 | Brentsville District | 165.0 | Sussex Central | 112.5 |
| 1992 | Sussex Central | 131.5 | Brentsville District | 129.5 |
| 1991 | Mathews | 116.0 | Sussex Central | 101.5 |
| 1990 | Mathews | 127.0 | Brentsville District | 114.0 |
| 1989 | Castlewood | 121.5 | Mathews | 118.5 |
| 1988 | J.J. Kelly | 106.0 | Chilhowie | 105.5 |
| 1987 | Strasburg | 120.0 | Glenvar | 93.00 |
| 1986 | Manassas Park | 127.5 | Castlewood | 118.0 |
| 1985 | Manassas Park | 143.5 | Strasburg | 109.0 |
| 1984 | Manassas Park | 90.50 | Essex | 88.0 |
| 1983 | J.J. Kelly | 105.5 | Manassas Park | 96.0 |
| 1982 | Manassas Park | 90.50 | Parry McCluer | 84.0 |
| 1981 | Manassas Park | 112.0 | Brentsville District | 89.5 |
| 1980 | Strasburg | 187.0 | Manassas Park | 132.0 |
| 1979 | Manassas Park | 170.0 | Parry McCluer | 103.0 |
| 1978 | Poquoson | 174.0 | Manassas Park | 166.0 |
| 1977 | Poquoson | 143.5 | Parry McCluer | 114.0 |
| 1976 | Brentsville District | 100.5 | Strasburg | 92.5 |
| 1975 | Poquoson | 77.0 | Strasburg | 71.5 |
| 1974 | Brentsville District | 92.5 | Poquoson | 84.5 |
| 1973 | Poquoson | 104.0 | Strasburg | 79.0 |
| 1972 | Va School-Deaf & Blind | 97.0 | Poquoson | 80.5 |
| 1971 | Va School-Deaf & Blind | 113.0 | Poquoson | 89.0 |

“Unclassified”

| | | | | |
|------|-----------|-------|--------------------|------|
| 1970 | Northside | 91.00 | James Wood,Amherst | 53.0 |
| 1969 | Northside | 93.0 | Pulaski,Gar-Field | 55.0 |
| 1968 | Gar-Field | | | |
| 1967 | Northside | 70.0 | Orange County | 48.0 |

Team Records**Number of state championships:**

| | | |
|----|--------------------|---------------------------------------|
| 18 | Great Bridge (AAA) | 1987-89, 1991-96, 1998-06 |
| 15 | Grundy (AA) | 1978, 1987-1998, 2000-01 |
| 10 | Manassas Park (A) | 1979, 1981-82, 1984-86, 2004-06, 2008 |
| 9 | Granby | 1963-71 |
| 9 | Poquoson | 1973, 1975, 1977-81, 1985, 1999 |

| | | |
|---|--------------------------|--|
| 9 | Brentsville District (A) | 1974,1976,1993-94,1996 1999,2001-2003 |
|---|--------------------------|--|

| | | |
|---|--------------------|---------|
| 9 | Christiansburg (A) | 2002-10 |
|---|--------------------|---------|

Consecutive state championships:

| | | |
|----|--------|---------|
| 12 | Grundy | 1987-98 |
|----|--------|---------|

| | | |
|---|--------|---------|
| 9 | Granby | 1963-71 |
|---|--------|---------|

| | | |
|---|--------------|---------|
| 9 | Great Bridge | 1998-06 |
|---|--------------|---------|

| | | |
|---|----------------|---------|
| 9 | Christiansburg | 2002-10 |
|---|----------------|---------|

Individual Champions**AAA****98 lb weight class**

| | | |
|------|-------------------------|----------------|
| 1988 | Neal Shelby | Great Bridge |
| 1987 | Stockton Williams | Great Bridge |
| 1986 | Jon Fussell | Kempsville |
| 1985 | David Stovall | Green run |
| 1984 | Anthony Orlando | W.T. Woodson |
| 1983 | Jim Fussell | Kempsville |
| 1982 | Jim Fussell | Kempsville |
| 1981 | Darryl Culfee | Deep Creek |
| 1980 | Darryl Culfee | Deep Creek |
| 1979 | Bob DeProspero | James Robinson |
| 1978 | Ray Lewis | Floyd Kellam |
| 1977 | John Erikson | Menchville |
| 1976 | Chris Taylor | First Colonial |
| 1975 | Charles Isler | Maggie Walker |
| 1974 | Terry Shiver | Granby |
| 1973 | Ken Nowlin | Princess Anne |
| 1972 | Mike Strouse | Granby |
| 1971 | Steve Forbes | Bethel |
| 1950 | Chalres Ferriter (95lb) | Granby |
| 1949 | Donnie Desselle (95lb) | Granby |

103 lb weight class

| | | |
|------|------------------|----------------------|
| 2010 | Kasey Early | Deep Run |
| 2009 | Caleb Richardson | Grasfield |
| 2008 | Beau Martino | Battlefield |
| 2007 | Roman Perryman | Robinson |
| 2006 | George Billy | Robinson |
| 2005 | Brian Wright | Kempsville |
| 2004 | Walker Faison | Frank W. Cox |
| 2003 | Matt Lantz | Frank W. Cox |
| 2002 | John Erickson | Kempsville |
| 2001 | Christian Smith | Western Branch |
| 2000 | Daniel Frishkorn | Great Bridge |
| 1999 | Mike Martin | Great Bridge |
| 1998 | Nate Schy | Bethel |
| 1997 | Bobby Ingram | Frank W. Cox |
| 1996 | Matt Viola | Western Branch |
| 1995 | Lee Butler | Western Branch |
| 1994 | Chip Reyes | Salem-Virginia Beach |
| 1993 | Shawn Darnell | Great Bridge |
| 1992 | Bryan Miller | Kempsville |
| 1991 | Neal Smith | Deep Creek |
| 1990 | Neal Smith | Deep Creek |
| 1989 | Bryan Richardson | Kempsville |
| 1950 | Donnie Frye | Granby |
| 1949 | Bill Perry | Norview |

105 lb weight class

| | | |
|------|------------------|-----------------|
| 1988 | Jody Staylor | Great Bridge |
| 1987 | Jon Fussell | Kempsville |
| 1986 | Jody Jackson | Great Bridge |
| 1985 | Wayne Gibson | Princess Anne |
| 1984 | Jim Fussell | Kempsville |
| 1983 | Steve Martin | Kempsville |
| 1982 | John Epperly | James Robinson |
| 1981 | Richard Capps | Deep Creek |
| 1980 | Bob DeProspero | James Robinson |
| 1979 | Dexter Jackson | John F. Kennedy |
| 1978 | Richard Coates | Woodbridge |
| 1977 | Chris Taylor | First Colonial |
| 1976 | Randy Gray | Lafayette |
| 1975 | Reggie Burke | Oscar Smith |
| 1974 | William Beasley | Great Bridge |
| 1973 | Abe Martinez | Granby |
| 1972 | Abe Martinez | Granby |
| 1971 | Scott Conkwright | Frank W. Cox |

112 lb weight class

| | | |
|------|-------------------|----------------------|
| 2010 | Caleb Richardson | Frank W. Cox |
| 2009 | Beau Martino | Battlefield |
| 2008 | George Billy | Lake Braddock |
| 2007 | Eric Olanowski | Floyd Kellam |
| 2006 | Michael Garofalo | Colonial Forge |
| 2005 | Walker Faison | Frank W. Cox |
| 2004 | Collin Dozier | Frank W. Cox |
| 2003 | John Erickson | Kempsville |
| 2002 | Christian Smith | Western Branch |
| 2001 | Christian Staylor | Great Bridge |
| 2000 | Christian Staylor | Great Bridge |
| 1999 | Donnie Pereira | Stonewall Jackson |
| 1998 | Bobby Ingram | Frank Cox |
| 1997 | Paul Jimenez | Lake Taylor |
| 1996 | Mike Mercado | Tallwood |
| 1995 | Mike Mercado | Tallwood |
| 1994 | Sun Blancaflor | Salem-Virginia Beach |
| 1993 | Marcus Sanchez | Green Run |
| 1992 | double default | |
| 1991 | Ronnie Spruill | Great Bridge |
| 1990 | Mike Orris | Deep Creek |
| 1989 | Mike Orris | Deep Creek |
| 1988 | Stockton Williams | Great Bridge |
| 1987 | John Jackson | Great Bridge |
| 1986 | John Jackson | Great Bridge |
| 1985 | Aaron Green | Yorktown |
| 1984 | Steve Martin | Kempsville |
| 1983 | John Epperly | James Robinson |
| 1982 | Richard Capps | Deep Creek |
| 1981 | Bob DeProspero | James Robinson |
| 1980 | Wes Farley | Deep Creek |
| 1979 | Richard Coates | Woodbridge |
| 1978 | Brian Langlinias | Hayfield |
| 1977 | Bob Passino | Falls Church |
| 1976 | Reggie Burke | Oscar Smith |
| 1975 | Wendell Hardy | Western Branch |
| 1974 | Abe Martinez | Granby |
| 1973 | Robert Peach | Langley |

| | | |
|------|------------------|---------------------------|
| 1972 | Scott Conkwright | Frank W. Cox |
| 1971 | Jerry Walski | Hampton |
| 1950 | Bill Barkley | Granby |
| 1949 | Jim Barnes | Jefferson Senior, Roanoke |

119 lb weight class

| | | |
|------|-------------------------|---------------------------|
| 2010 | Bryan Whitt | Frank W. Cox |
| 2009 | Shane Gentry | Colonial Forge |
| 2008 | Michael Garofalo | Colonial Forge |
| 2007 | Mike Holcomb | Floyd Kellam |
| 2006 | Walker Faison | Frank W. Cox |
| 2005 | Johnny Olanowski | Floyd Kellam |
| 2004 | Justin Staylor | Great Bridge |
| 2003 | Christian Smith | Western Branch |
| 2002 | Christian Staylor | Great Bridge |
| 2001 | Daniel Frishkorn | Great Bridge |
| 2000 | Mike Martin | Great Bridge |
| 1999 | Bobby Ingram, | Frank Cox |
| 1998 | Steve Keleher | Lake Braddock |
| 1997 | Bruce Fowler | Great Bridge |
| 1996 | Jason Bernd | First Colonial |
| 1995 | Todd Mason | Stonewall Jackson |
| 1994 | Chris Viola | Western Branch |
| 1993 | Jeremy Ferry | Centreville |
| 1992 | Jason Denton | Indian River |
| 1991 | Frankie Halton | Great Bridge |
| 1990 | Bryan Richardson | Kempsville |
| 1989 | Stockton Williams | Great Bridge |
| 1988 | Pablo Fargas | Norview |
| 1987 | George Mills | James Robinson |
| 1986 | Lenny Bano | Frank W. Cox |
| 1985 | Steve Martin | Kempsville |
| 1984 | Joe Stukes | Deep Creek |
| 1983 | Anthony Thomas | Potomac |
| 1982 | Chip McArdle | West Springfield |
| 1981 | Bill Christie | Falls Church |
| 1980 | Jeff Hawkins | Kempsville |
| 1979 | Robert Greenwood | Churchland |
| 1978 | Ed Carlson | Hayfield |
| 1977 | Reggie Burke | Oscar Smith |
| 1976 | Tim McKinny | Churchland |
| 1975 | Carl Black | Princess Anne |
| 1974 | Steve Perdew | Oscar Smith |
| 1973 | Chris Conkwright | Frank W. Cox |
| 1972 | Don Smith, | Falls Church |
| 1971 | Brian Beatson | Frank W. Cox |
| 1950 | Ed Eichelberger (120lb) | Granby |
| 1949 | Wallace Coffey (120lb) | Jefferson Senior, Roanoke |

125 lb weight class

| | | |
|------|------------------|----------------|
| 2010 | Aaron Runzo | Floyd Kellam |
| 2009 | Michael Garofalo | Colonial Forge |
| 2008 | Mike Holcomb | Floyd Kellam |
| 2007 | Joe Panteleo | Colonial Forge |
| 2006 | Collin Dozier | Frank W. Cox |
| 2005 | Jordan Frishkorn | Great Bridge |
| 2004 | Jordan Frishkorn | Great Bridge |
| 2003 | Brandon Hardy | Western Branch |
| 2002 | Brandon Hardy | Western Branch |

| | | |
|------|--------------------|---------------------------|
| 2001 | Donnie Ooton | Atlee |
| 2000 | Dalton Head | Ocean Lakes |
| 1999 | Brandon Calderwood | Broad Run |
| 1998 | Nate Parker | Great Bridge |
| 1997 | Richard Slocumb | Western Branch |
| 1996 | Mike Pereira | Stonewall Jackson |
| 1995 | Carl Perry | Great Bridge |
| 1994 | Brandon Rushing | Robert E. Lee-Springfield |
| 1993 | Chris Marshall | T.C. Williams |
| 1992 | Marrel Reeves | Western Branch |
| 1991 | Kevin Littley | James Robinson |
| 1990 | Ross Iaci | West Springfield |
| 1989 | Jody Staylor | Great Bridge |

126 lb weight class

| | | |
|------|-------------------|------------------|
| 1988 | Steve Pitts | Western Branch |
| 1987 | Jody Jackson | Great Bridge |
| 1986 | Randy Hale | Lee-Davis |
| 1985 | John Epperly, Jr. | James Robinson |
| 1984 | Kris Felthousen | Frank W. Cox |
| 1983 | Tom Cummings | Fauquier |
| 1982 | Tony Panza | Lafayette |
| 1981 | Chris Runzo | Falls Church |
| 1980 | Mark Timok | Hermitage |
| 1979 | Tommy Pringle | Gar-Field |
| 1978 | Wayne Martin | Kempsville |
| 1977 | Buddy Lee | Highland Springs |
| 1976 | Yeung Lee | Great Bridge |
| 1975 | James Kirby, | James Robinson |
| 1974 | Chris Conkwright | Frank W. Cox |
| 1973 | Mike Battalio | Frank W. Cox |
| 1972 | Ron Zediker | Menchville |
| 1971 | David Martin | Granby |

130 lb weight class

| | | |
|------|--------------------|----------------|
| 2010 | Jacob Crawford | James Robinson |
| 2009 | Ian Squires | Colonial Forge |
| 2008 | Joe Pantaleo | Colonial Forge |
| 2007 | Collin Dozier | Frank W. Cox |
| 2006 | Jordan Frishkorn | Great Bridge |
| 2005 | Collin Dozier | Frank W. Cox |
| 2004 | Arsenia Barksdale | Kempsville |
| 2003 | Daniel Frishkorn | Great Bridge |
| 2002 | Daniel Frishkorn | Great Bridge |
| 2001 | Mike Martin | Great Bridge |
| 2000 | Jon Cresswell | Great Bridge |
| 1999 | Steve Keleher | Lake Braddock |
| 1998 | Andrew Abrams | Herndon |
| 1997 | Joey Legg | Gloucester |
| 1996 | Carl Perry, | Great Bridge |
| 1995 | Aaron Bradley | Lee-Davis |
| 1994 | Norman Smith | Indian River |
| 1993 | Mike Thompson | Chantilly |
| 1992 | William Collier | Frank W. Cox |
| 1991 | Chris Sabo | Herndon |
| 1990 | Jody Staylor | Great Bridge |
| 1989 | Sam Dollyhigh | Menchville |
| 1950 | Bill Perry (127lb) | Norview |
| 1949 | Louis Dunn (127lb) | Granby |

132 lb weight class

| | | |
|------|------------------|---------------|
| 1988 | Jody Jackson | Great Bridge |
| 1987 | David White | Hermitage |
| 1986 | Brian Shaffer | Woodbridge |
| 1985 | David Andrews | Frank W. Cox |
| 1984 | Tony Panza | Lafayette |
| 1983 | Tony Panza | Lafayette |
| 1982 | Dimi Pappas | W.T. Woodson |
| 1981 | Reggie White | Lafayette |
| 1980 | Scott Parr | Frank W. Cox |
| 1979 | Jim Meadows | Falls Church |
| 1978 | Pat Griel | Lake Braddock |
| 1977 | John Davis | Maury |
| 1976 | Bryan Hinton | Menchville |
| 1975 | Chris Conkwright | Frank Cox |
| 1974 | Joey Whitehouse | Yorktown |
| 1973 | Arthur Jones | Great Bridge |
| 1972 | Brian Beatson | Frank W. Cox |
| 1971 | Tom O'Brian | Hammond |

135 lb weight class

| | | |
|------|----------------------|---------------------------|
| 2010 | Gabe LaVey | Hanover |
| 2009 | Jared Anongos | James River |
| 2008 | Ben Dorsay | Frank W. Cox |
| 2007 | P.J. Camp | Great Bridge |
| 2006 | Adam Pittman | Great Bridge |
| 2005 | Adam Pittman | Great Bridge |
| 2004 | Junior Pearman | Great Bridge |
| 2003 | Donny Ooton | Great Bridge |
| 2002 | Michael Martin | Great Bridge |
| 2001 | Donnie Barbaree | Great Bridge |
| 2000 | Steve Keleher | Lake Braddock |
| 1999 | Adam Britt | Atlee |
| 1998 | Andy Putman | Great Bridge |
| 1997 | Chip Allen | C.D. Hylton |
| 1996 | Aaron Bradley | Lee-Davis |
| 1995 | Eric Thompson | Hampton |
| 1994 | Jeremy Ferry | Centreville |
| 1993 | Jason Freeman | Frank W. Cox |
| 1992 | Dan Austin | Meadowbrook |
| 1991 | Sydney Hunt | Western Branch |
| 1990 | Charlie Branch | Petersburg |
| 1989 | Joe Calloway | Franklin County |
| 1950 | Jimmy Knotts (133lb) | Granby |
| 1949 | Jimmy Webb (133lb) | Jefferson Senior, Roanoke |

138 lb weight class

| | | |
|------|-----------------|------------------|
| 1988 | David Wilderman | West Springfield |
| 1987 | Billy Curling | Great Bridge |
| 1986 | William Stukes | Deep Creek |
| 1985 | Steve Diaz | Green Run |
| 1984 | Greg Satchell | Indian River |
| 1983 | Tim Crytzer | Mount Vernon |
| 1982 | Ben Walker | Lafayette |
| 1981 | Mark Terrill | James Robinson |
| 1980 | Merl Thomas | Hermitage |
| 1979 | Gary Webb | Menchville |
| 1978 | John Davis | Maury |
| 1977 | Tom Turbeville | Bethel |

| | | |
|------|----------------------------|---------------------------|
| 1976 | Joe Hockman | Stonewall Jackson |
| 1975 | Frank Schaede | James Robinson |
| 1974 | Arthur Jones | Great Bridge |
| 1973 | Mike Newbern | Frank W. Cox |
| 1972 | Mike Shivers | Oscar Smith |
| 1971 | Jerry Parker | Granby |
| 1950 | Sam Cook | Jefferson Senior, Roanoke |
| 1949 | George Philopolous (137lb) | Augusta |

140 lb weight class

| | | |
|------|------------------|-------------------|
| 2010 | Blake Roulo | Matoaca |
| 2009 | Ben Dorsay | Frank W. Cox |
| 2008 | Tevon Edwards | Frank W. Cox |
| 2007 | Greg Todd | Gloucester |
| 2006 | Junior Pearman | Great Bridge |
| 2005 | Junior Pearman | Great Bridge |
| 2004 | Bubba Jenkins | Frank W. Cox |
| 2003 | Nick Ramsey | Kempsville |
| 2002 | Hunter Davenport | Great Bridge |
| 2001 | David Atkins | Lee-Davis |
| 2000 | Jon Sioredas | Great Bridge |
| 1999 | Paul Bjorlo | South Lakes |
| 1998 | Seth Cameron | Stonewall Jackson |
| 1997 | Pierre Pryor | Frank W. Cox |
| 1996 | Eric Thompson | Hampton |
| 1995 | Mike Dixon | South Lakes |
| 1994 | John McManus | Oakton |
| 1993 | Neil Johnson | Stonewall Jackson |
| 1992 | Mark Strickland | Great Bridge |
| 1991 | Charlie Branch | Petersburg |
| 1990 | Derrick Peartree | Menchville |
| 1989 | Harry Wiles | Highland Springs |

145 lb weight class

| | | |
|------|------------------|-------------------|
| 2010 | Ben Dorsay | Frank W. Cox |
| 2009 | Cody Allala | Hopewell |
| 2008 | Jake Carey | Westfield |
| 2007 | Paul Grinups | Westfield |
| 2006 | Philip Ramirez | Kempsville |
| 2005 | Derek Gallagher | Great Bridge |
| 2004 | Hunter Davenport | Great Bridge |
| 2003 | Hunter Davenport | Great Bridge |
| 2002 | Brian Smith | Frank W. Cox |
| 2001 | Marc Lyons | Floyd Kellam |
| 2000 | Chris Stith | Frank W. Cox |
| 1999 | Matt Gallagher | Herndon |
| 1998 | Jeremy Rankin | Stonewall Jackson |
| 1997 | John Eastman | Fairfax |
| 1996 | Chris Martin | Granby |
| 1995 | Jeremy Ferry | Centreville |
| 1994 | Tom Kettleson | Centreville |
| 1993 | Mark Strickland | Great Bridge |
| 1992 | Arash Alizadeh | Herndon |
| 1991 | Frank Nicklis | Meadowbrook |
| 1990 | Sean McKenzie | Frank W. Cox |
| 1989 | Jay Price | Franklin County |
| 1988 | Steve Carr | Great Bridge |
| 1987 | Mike Boyce | Kempsville |
| 1986 | Tim Brunick | Frank W. Cox |

| | | |
|------|-----------------|----------------|
| 1985 | Teddy Pitrone | Frank W. Cox |
| 1984 | Pete Wagner | Frank W. Cox |
| 1983 | Chris Clarke | W.T. Woodson |
| 1982 | Reggie White | Lafayette |
| 1981 | Bill Sutherland | Kempsville |
| 1980 | Willy Stewart | Langley |
| 1979 | John Davis | Maury |
| 1978 | Jeff Richardson | James Robinson |
| 1977 | Tim Wagner | Frank Cox |
| 1976 | Frank Schaede | James Robinson |
| 1975 | Jim Frith | Washington-Lee |
| 1974 | Mike Newbern | Frank W. Cox |
| 1973 | Max Lorenzo | Mount Vernon |
| 1972 | John Akins | Floyd Kellam |
| 1971 | Thomas Herter | Langley |
| 1950 | Billy Dickerson | Granby |
| 1949 | Dan Wallace | Granby |

152 lb weight class

| | | |
|------|-----------------|-------------------|
| 2010 | Cody Allala | Hopewell |
| 2009 | David Helmer | Langley |
| 2008 | David Helmer | Langley |
| 2007 | Steven Ours | Hayfield |
| 2006 | Derek Gallagher | Great Bridge |
| 2005 | Chris Brown | Great Bridge |
| 2004 | Chris Brown | Great Bridge |
| 2003 | Scott Fisher | Colonial Forge |
| 2002 | David Atkins | Lee-Davis |
| 2001 | Justin Gabbard | Tallwood |
| 2000 | J.C. Cuffee | Great Bridge |
| 1999 | Jeremy Rankin | Stonewall Jackson |
| 1998 | Stacy Woodhouse | Great Bridge |
| 1997 | Stacy Woodhouse | Great Bridge |
| 1996 | Bryan Jones, | Franklin County |
| 1995 | Byron Tucker | Western Branch |
| 1994 | Marty Maier | Centreville |
| 1993 | Chris Sabo | Herndon |
| 1992 | Chad McPhatter | Frank W. Cox |
| 1991 | Reid Monaghan | Floyd Kellam |
| 1990 | Tony Griffin | Kempsville |
| 1989 | Tony Griffin | Kempsville |

155 lb weight class

| | | |
|------|------------------|---------------------------|
| 1988 | Steven Stenson | Norview |
| 1987 | John Brolini | West Potomac |
| 1986 | Eric Keysar | Douglas Freeman |
| 1985 | Kevin Turner | Petersburg |
| 1984 | Greg Vandevender | James Robinson |
| 1983 | Fabian Harper | Deep Creek |
| 1982 | Bill Boice | W.T. Woodson |
| 1981 | Tim Holmes | Henrico County |
| 1980 | John Davis | Maury |
| 1979 | William Almond | Granby |
| 1978 | John Hanrahan | Falls Church |
| 1977 | John Hanrahan | Falls Church |
| 1976 | Steve Goode | Manor |
| 1975 | Don Dodd | Hayfield |
| 1974 | Eric Heinonen | Robert E. Lee-Springfield |
| 1973 | Eric Heinonen | Robert E. Lee-Springfield |

1972 Mike Waring First Colonial
 1971 Edward Ryan McLean
 1950 Anthony Constantino (154lb) Augusta
 1949 Bobby Cheatham (154lb) Jefferson Senior, Roanoke

160 lb weight class

2010 Adrin Taylor Norview
 2009 Daniel McGillivray Fauquier
 2008 Jared King Great Bridge
 2007 George Sheppard Menchville
 2006 Scott Cust Great Bridge
 2005 Duder Edmunds Gloucester
 2004 Peter Rushin Robert E. Lee-Springfield
 2003 Ajay Foreman Great Bridge
 2002 Ajay Foreman Great Bridge
 2001 Ajay Foreman Great Bridge
 2000 Ryan Bishop Stonewall Jackson-Manassas
 1999 Derek Lipoli Great Bridge
 1998 John Eastman Fairfax
 1997 Ron Blunt Hayfield
 1996 Kris Bishop Stonewall Jackson
 1995 Billy Allred Great Bridge
 1994 Kevin Johnson Chantilly
 1993 Kevin Johnson Chantilly
 1992 Marc Brade Stonewall Jackson
 1991 Jeremy Ingram Floyd Kellam
 1990 Charles Schollaert Yorktown
 1989 Brad Wilhelm Indian River

167 lb weight class

1988 Frank Matyiko Floyd Kellam
 1987 Eric Kayser Douglas Freeman
 1986 Kevin Folkes Gar-Field
 1985 Bill Wagner Frank W. Cox
 1984 Pete Huntley J.E.B. Stuart
 1983 Arthur Whitaker Deep Creek
 1982 Jeff Palmucci Oakton
 1981 Darryl Fenner Menchville
 1980 Kirby Wood J.E.B. Stuart
 1979 Chris Hall Stonewall Jackson
 1978 Cameron Manuel Bayside
 1977 Autoro Holmes Maury
 1976 Autoro Holmes Maury
 1975 Mike Benzel Norview
 1974 Moe Haslip Thomas Jefferson-Fairfax
 1973 Don Carruthers Homer Ferguson
 1972 David Larose Churchland
 1971 Bradley Cooper James Wood
 1950 Charles Maynard (165lb) Norview
 1949 Mev Turner (165lb) Augusta

171 lb weight class

2010 Clint Allala Hopewell
 2009 Andrew Clement Grassfield
 2008 Oscar Huntley Colonial Forge
 2007 Matt Jones Robinson
 2006 Matt Jones Robinson
 2005 Sam O'Hair T.C. Williams
 2004 Ivan Lagares Woodbridge

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2003 Eric Zakrzewski Herndon
 2002 Eric Zakrzewski Herndon
 2001 Josh Walker Stonewall Jackson-Manassas
 2000 Kevin Collier North Stafford
 1999 Kevin Collier North Stafford
 1998 Ali Abri Patrick Henry-Ashland
 1997 Damon Hill Nansemond River
 1996 Chris Basnight Great Bridge
 1995 Scott Reese Annandale
 1994 Bum Ho Kim W.T. Woodson
 1993 Jason Johnson McLean
 1992 Jason Johnson McLean
 1991 Charlie Daniels First Colonial
 1990 Daryk Moistner Woodbridge
 1989 Frank Matyiko Floyd Kellam
 1950 George Preas (175lb) Jefferson Senior, Roanoke
 1949 Miles Nowitsky (175lb) Granby

176 lb weight class

1988 Chris Maynor Langley
 1987 Alvin Snead E.C. Glass
 1986 Bill Wagner Frank W. Cox
 1985 Robbie Larmoe Kempsville
 1984 Joe Matyiko Floyd Kellam
 1983 Clifton Coger Franklin County
 1982 Tony Williams Highland Springs

185 lb weight class

1988 Chris Flemming William Fleming
 1987 Chris Flemming William Fleming
 1986 Tim Pennie Hampton
 1985 Joe Matyiko Floyd Kellam
 1984 Arthur Whitaker Deep Creek
 1983 Mike O'Dea Yorktown
 1982 Mike Taylor James Wood
 1981 Normal Corkhill Jackson
 1980 Anthony Harris Phoebus
 1979 Lee Billups Maury
 1978 Calvin Wiggins First Colonial
 1977 Butch Revils Norview
 1976 Mark Miller Lake Braddock
 1975 Mark Miller Lake Braddock
 1974 Mark Temple J.E.B. Stuart
 1973 Bucky Gaudraeu Frank W. Cox
 1972 Ken Mahon Yorktown
 1971 Dean Spruill Great Bridge

189 lb weight class

2010 Austin Fallon Westfield
 2009 Austin Fallon Westfield
 2008 Max Huntley Colonial Forge
 2007 Scott Cust Great Bridge
 2006 Calvin Cardillo Hayfield
 2005 Patrick Bond Great Bridge
 2004 Patrick Bond Great Bridge
 2003 Patrick Bond Great Bridge
 2002 Patrick Bond Great Bridge
 2001 Chris Malone Potomac
 2000 Scott Mania Frank W. Cox

| | | |
|------|--------------------|---------------------------|
| 1999 | Justin Johnson | North Stafford |
| 1998 | Mohammed Youssoufi | Frank W. Cox |
| 1997 | Brent Lancaster | Hayfield |
| 1996 | Jason Beach | Gloucester |
| 1995 | Jonathan Vaun | Tallwood |
| 1994 | Femi Obasum | Robert E. Lee-Springfield |
| 1993 | Orlando Jordan | Hermitage |
| 1992 | David Hall | Great Bridge |
| 1991 | Matt Mogul | Douglas Freeman |
| 1990 | Matt Mogul | Douglas Freeman |
| 1989 | Ray Baldwin | Indian River |

215 lb weight class

| | | |
|------|-----------------|----------------|
| 2010 | Connor O'Hara | Frank W. Cox |
| 2009 | Victor Njomo | Annandale |
| 2008 | David Wilson | Granby |
| 2007 | Matt Reck | Colonial Forge |
| 2006 | Trey Rogers | Great Bridge |
| 2005 | Brent Jones | James Robinson |
| 2004 | Bryan Evans | Forest Park |
| 2003 | Adam Fassnacht | James Robinson |
| 2002 | David Dashiell | Great Bridge |
| 2001 | David Dashiell | Great Bridge |
| 2000 | Shaun Herring | Thomas Edison |
| 1999 | Travis Ferguson | Ocean Lakes |
| 1998 | Justin Potter | Fairfax |
| 1997 | Brian Welch | Oakton |
| 1996 | Mike Herlands | Annandale |

275 lb weight class

| | | |
|------|-----------------|----------------|
| 2006 | Colin Miller | Centreville |
| 2005 | Shan Wilson | Colonial Forge |
| 2004 | Mike George | Frank W. Cox |
| 2003 | Lance Ross | Norview |
| 2002 | Mtyari Robinson | Menchville |
| 2001 | Floyd Wright | Hayfield |
| 2000 | Chris Bulley | James Wood |
| 1999 | Marvin Urquhart | Western Branch |
| 1998 | Marvin Urquhart | Western Branch |
| 1997 | Marvin Urquhart | Western Branch |
| 1996 | Ben Fisher | C.D. Hylton |
| 1995 | Brian Wilson | Frank W. Cox |
| 1994 | Brian Wilson | Frank W. Cox |
| 1993 | Jason Edmondson | Great Bridge |
| 1992 | John Roberts | Deep Creek |
| 1991 | Brian Ucciardi | Princess Anne |
| 1990 | Allan Orts | Kempsville |
| 1989 | Greg Redden | Thomas Edison |

285 lb weight class

| | | |
|------|--------------|--------------|
| 2010 | Ross Burbank | Frank W. Cox |
| 2009 | Jack Burbank | Frank W. Cox |
| 2008 | Jack Burbank | Frank W. Cox |
| 2007 | Josh Wine | Massaponax |

Heavyweight class

| | | |
|------|------------------|--------------|
| 1988 | Karim Strayhorn | Kempsville |
| 1987 | Baird Kilpatrick | Menchville |
| 1986 | John Matyiko | Floyd Kellam |

| | | |
|------|---------------------|-----------------|
| 1985 | Creighton Incormias | Bethel |
| 1984 | Doug West | Green Run |
| 1983 | Wendell Fifield | First Colonial |
| 1982 | Rodger Mello | Fairfax |
| 1981 | Jim Davis | Thomas Edison |
| 1980 | Bill Lawson | James Robinson |
| 1979 | Duane Drew | William Fleming |
| 1978 | Frank Nowland | Kempsville |
| 1977 | Bobo Ricks | |
| 1976 | Steve Johnson | Menchville |
| 1975 | P.J. Joyner | Norview |
| 1974 | Gary Pinkett | Yorktown |
| 1973 | Robert Blue | Fauquier |
| 1972 | Steve Friend | Falls Church |
| 1971 | Steve Friend | Falls Church |
| 1950 | Dan Butler | Granby |
| 1949 | Dan Butler | Granby |

Individual Champions

AA

98 lb weight class

| | | |
|------|----------------|----------------------|
| 1988 | James Bunn | Grundy |
| 1987 | Bobby Toms | Tabb |
| 1986 | Larry Carraway | York |
| 1985 | Lloyd Robinson | Alleghany |
| 1984 | Mark Zapf | Osbourn |
| 1983 | Chip Mayer | Brookville |
| 1982 | Andy Nicely | William Byrd |
| 1981 | Andy Nicely | William Byrd |
| 1980 | Tony Young | Osbourn |
| 1979 | Karl Byrd | Chatham |
| 1978 | Tyrone Jones | Pembroke |
| 1977 | Bradley Pratt | Alleghany |
| 1976 | Steve Wiley | Lord Botetourt |
| 1975 | Gene Caldwell | Lord Botetourt |
| 1974 | Mike Osbourn | John Battle |
| 1973 | Paul Anthony | Fiedale-Collinsville |
| 1972 | Donnie Mullins | Grundy |
| 1971 | Johnny Webber | Glenvar |

103 lb weight class

| | | |
|------|-----------------|-----------------|
| 2010 | Thomas Payne | Poquoson |
| 2009 | Neal Kennedy | Blacksburg |
| 2008 | Devin Carter | Christiansburg |
| 2007 | Tony Gravely | Magna Vista |
| 2006 | Andrew Williams | Tabb |
| 2005 | Denny Herndon | Grafton |
| 2004 | Roger Moore | Martinsville |
| 2003 | Jeff Weeks | Fort Defiance |
| 2002 | Ryan Broughman | Lord Botetourt |
| 2001 | B.J. Compton | Christiansburg |
| 2000 | Brad Argabright | William Byrd |
| 1999 | Blake Frost | Christiansburg, |
| 1998 | Tim Belcher | Grundy |
| 1997 | Mike Akers | Poquoson |
| 1996 | Mike Akers | Poquoson |
| 1995 | Hurshel Justus | Grundy |
| 1994 | Chad Juhl | Poquoson |

| | | |
|------|--------------|----------------|
| 1993 | Chad Juhl | Poquoson |
| 1992 | Chad Juhl | Poquoson |
| 1991 | Tim Nininger | Christiansburg |
| 1990 | Shane Bowman | Grundy |
| 1989 | Chris Deel | Grundy |

105 lb weight class

| | | |
|------|----------------|--------------------|
| 1988 | Bobby Toms | Tabb |
| 1987 | Kurt Buller | Tabb |
| 1986 | Ross Paterson | Osborn |
| 1985 | Mark Zapf | Osborn |
| 1984 | Jimmy Cokes | Varina |
| 1983 | Casey Graham | Poquoson |
| 1982 | Scott McGowen | Park View-Sterling |
| 1981 | Tony Young | Osborn |
| 1980 | Brian Camper | Lord Botetourt |
| 1979 | David Rosser | Gretna |
| 1978 | Donnie Adkins | Grundy |
| 1977 | Steve Wiley | Lord Botetourt |
| 1976 | Mark Johnson | Loudoun Valley |
| 1975 | Charles Reeves | Culpeper County |
| 1974 | Jeff McGrath | William Byrd |
| 1973 | Steve Battle | Glenvar |
| 1972 | Olen Owen | Grundy |
| 1971 | Bob Blosser | Culpeper County |

112 lb weight class

| | | |
|------|---------------------|--------------------|
| 2010 | Joey Dance | Christiansburg |
| 2009 | Devin Carter | Christiansburg |
| 2008 | Tony Gravely | Magna Vista |
| 2007 | S.R. Shiley | James Wood |
| 2006 | S.R. Shiley | James Wood |
| 2005 | Kevin Chapman | Fauquier |
| 2004 | Jeff Weeks | Fort Defiance |
| 2003 | Ryan Broughman | Lord Botetourt |
| 2002 | B.J. Compton | Christiansburg |
| 2001 | Preston Hall | Christiansburg |
| 2000 | Blake Frost | Christiansburg |
| 1999 | Chris Madonia | William Byrd, |
| 1998 | Mike Akers | Poquoson |
| 1997 | Michael Hartford | Grundy |
| 1996 | Jamie Harris | Christiansburg |
| 1995 | Doug Adkins | Grundy |
| 1994 | Jerrold Fitzpatrick | Poquoson |
| 1993 | Chris Dickerson | Harrisonburg |
| 1992 | Mark Hernandez | Park View-Sterling |
| 1991 | Shane Bowman | Grundy |
| 1990 | Eric Kendrick | Grundy |
| 1989 | Mark Holland | Osborn |
| 1988 | Andrew Hall | Radford |
| 1987 | Tony Stiltner | Grundy |
| 1986 | Mark Zapf | Osborn |
| 1985 | Ken Kratzer | Osborn |
| 1984 | Barry Bingham | Richlands |
| 1983 | Jim Greene | Osborn Park |
| 1982 | Dee Weatherly | Colonial Heights |
| 1981 | Stanley Benn | Sussex |
| 1980 | Doug Leonard | Radford |
| 1979 | Robert Lutz | Brookville |

| | | |
|------|-----------------|---------------------|
| 1978 | Greg Neal | Liberty-Bedford |
| 1977 | Dennis Herndon | Tabb |
| 1976 | Mike Delligatti | Culpeper County |
| 1975 | Steve Battle | Glenvar |
| 1974 | Fred Stansberry | Brookville |
| 1973 | Charles Hale | Orange County |
| 1972 | Dennis Freese | John Battle |
| 1971 | Ricky Robinson | Spotsylvania County |

119 lb weight class

| | | |
|------|------------------|---------------------|
| 2010 | Gage Swartz | James Wood |
| 2009 | Jake Crawford | Millbrook |
| 2008 | Wes Heavener | Millbrook |
| 2007 | Andrew Williams | Tabb |
| 2006 | John Wittenburg | Louisa |
| 2005 | Andrew Pila | Christiansburg |
| 2004 | Marshall Smiley | Turner Ashby |
| 2003 | B.J. Compton | Christiansburg |
| 2002 | Jesse Riggelman | Turner Ashby |
| 2001 | Eric Hawes | Warren County |
| 2000 | Tyde Prater | Grundy |
| 1999 | Mike Akers | Poquoson, |
| 1998 | Scott Newport | Grundy |
| 1997 | Scott Newport | Grundy |
| 1996 | Brian Shortridge | Grundy |
| 1995 | George Bell | Osborn |
| 1994 | Brad Juhl | Poquoson |
| 1993 | Mark Hernandez | Park View-Sterling |
| 1992 | Joe Shumate | Carroll County |
| 1991 | LeMart Stockton | Martinsville |
| 1990 | Jimmy Bunn | Grundy |
| 1989 | Chis Hughes | Osborn |
| 1988 | Joey Shelton | Richlands |
| 1987 | Carl Harrison | Grundy |
| 1986 | Ken Kratzer | Osborn |
| 1985 | Thierry Chaney | York |
| 1984 | Casey Graham | Poquoson |
| 1983 | Mike McCormick | Poquoson |
| 1982 | Kirk Crawford | Osborn Park |
| 1981 | Mike Stone | Gretna |
| 1980 | Mike Stone | Gretna |
| 1979 | Keith Roberts | Poquoson |
| 1978 | Warren Reaves | Amherst |
| 1977 | Doug Sanders | Carroll County |
| 1976 | Terry Corbin | Culpeper County |
| 1975 | Mike Hodnett | Chatham |
| 1974 | Gabe Monroe | Pulaski County |
| 1973 | David Miller | Lord Botetourt |
| 1972 | Richard Rawlings | Spotsylvania County |
| 1971 | Donald Moore | Brookville |

125 lb weight class

| | | |
|------|-----------------|----------------|
| 2010 | Ryan Hunsberger | Fauquier |
| 2009 | Patrik Foxworth | Poquoson |
| 2008 | Brian Wood | William Byrd |
| 2007 | Drew Squires | Christiansburg |
| 2006 | David Wise | Tabb |
| 2005 | Joey Metsler | Turner Ashby |
| 2004 | Jesse Riggelman | Turner Ashby |

| | | |
|------|--------------------|--------------------|
| 2003 | Anthony Burke | Poquoson |
| 2002 | Richie Parisceault | Turner Ashby |
| 2001 | Jason Dye | York |
| 2000 | Jake Stacy | Grundy |
| 1999 | Lee Butcher | Sherando |
| 1998 | Nick Young | Grundy |
| 1997 | Nick Young | Grundy |
| 1996 | David Anderson | William Byrd |
| 1995 | Davey Looney | Grundy |
| 1994 | Mark Hernandez | Park View-Sterling |
| 1993 | Chris Shortridge | Grundy |
| 1992 | Eric Kendrick | Grundy |
| 1991 | J.P. Taylor | Park View-Sterling |
| 1990 | Kevin Humbert | Grundy |
| 1989 | John Check | Poquoson |

126 lb weight class

| | | |
|------|----------------|-----------------|
| 1988 | Ryan Paterson | Osborn |
| 1987 | Raymond Webb | Grundy |
| 1986 | Thierry Chaney | York |
| 1985 | Casey Graham | Poquoson |
| 1984 | Mike McCormick | Poquoson |
| 1983 | Kirk Crawford | Osborn Park |
| 1982 | Andy Gunning | Virginia |
| 1981 | Terry Hale | Orange County |
| 1980 | Keith Roberts | Poquoson |
| 1979 | John Carlton | Culpeper County |
| 1978 | John Strother | Culpeper County |
| 1977 | Mike Sprouse | Glenvar |
| 1976 | David Wells | Andrew Lewis |
| 1975 | Jeff Marsh | George Mason |
| 1974 | David Miller | Lord Botetourt |
| 1973 | Ralph Smith | Lucy Addison |
| 1972 | Donald Moore | Brookville |
| 1971 | Steve Miller | Glenvar |

130 lb weight class

| | | |
|------|------------------|------------------|
| 2010 | Devin Carter | Christiansburg |
| 2009 | Louie Shearer | Poquoson |
| 2008 | Andrew Williams | Tabb |
| 2007 | Ben Canning | Tabb |
| 2006 | Tim Miles | Christiansburg |
| 2005 | Bryan Seal | Orange |
| 2004 | Will Powars | Potomac Falls |
| 2003 | Matt Epperly | Christiansburg |
| 2002 | Brian Lyttle | Christiansburg |
| 2001 | Tyde Prater | Grundy |
| 2000 | Eric Bardey | Potomac Falls |
| 1999 | Victor Jackson | Poquoson |
| 1998 | Victor Jackson | Poquoson |
| 1997 | Jason Hendershot | Jefferson Forest |
| 1996 | Clayton Scott | Grundy |
| 1995 | Leland Keeling | Northside |
| 1994 | Chris Shortridge | Grundy |
| 1993 | Eric Kendrick | Grundy |
| 1992 | Walter Ricks | Nansemond River |
| 1991 | Brian Large | Grundy |
| 1990 | Stacy Stockton | Martinsville |

| | | |
|----------------------------|--------------------|--------------------|
| 1989 | Bubba Ferguson | Poquoson |
| 132 lb weight class | | |
| 1988 | Raymond Webb | Grundy |
| 1987 | Mike Cox | Grundy |
| 1986 | Scott Steale | Park View-Sterling |
| 1985 | Mike McCormick | Poquoson |
| 1984 | Michael Nadoer | Mills Godwin |
| 1983 | Jeff Mason | William Byrd |
| 1982 | David Labiosa | William Byrd |
| 1981 | Larry Savides | Harrisonburg |
| 1980 | Scott Dunham | Osborn |
| 1979 | John Strother | Culpeper County |
| 1978 | Pete Kubesh | Tabb |
| 1977 | Steve Martin | Harrisonburg |
| 1976 | Doug Shafferkotter | Brookville |
| 1975 | Glenn Mullins | Grundy |
| 1974 | Barry Trent | William Byrd |
| 1973 | Donald Moore | Brookville |
| 1972 | Robert Jackson | Orange County |
| 1971 | Edward Cressel | Marion |

135 lb weight class

| | | |
|------|------------------|----------------|
| 2010 | Zach Epperly | Christiansburg |
| 2009 | Andrew Williams | Tabb |
| 2008 | Bryce Kiser | Turner Ashby |
| 2007 | Tim Miles | Christiansburg |
| 2006 | Bryan Seal | Orange |
| 2005 | Daniel Anthony | Brooksville |
| 2004 | B.J. Compton | Christiansburg |
| 2003 | Brian Scott | James Wood |
| 2002 | Cory Ryan | Christiansburg |
| 2001 | J.T. Pruitt | Grundy |
| 2000 | Adam Purcell | Turner Ashby |
| 1999 | Adrian Austin | Matoaca |
| 1998 | Beau Baker | Turner Ashby |
| 1997 | Andrew Shuler | Brookville |
| 1996 | Beau Baker | Turner Ashby |
| 1995 | Stephen Hartford | Grundy |
| 1994 | Chad Burns | Broad Run |
| 1993 | Jason Cline | Grundy |
| 1992 | Shane Bowman | Grundy |
| 1991 | David Durham | Tabb |
| 1990 | Bubba Ferguson | Poquoson |
| 1989 | Robert Henesey | Poquoson |

138 lb weight class

| | | |
|------|-----------------|---------------------|
| 1988 | Mike Cox | Grundy |
| 1987 | Reid Ratliff | Grundy |
| 1986 | Todd Leake | Spotsylvania County |
| 1985 | Kent Pond | Thomas Dale |
| 1984 | Chris Cavallaro | York |
| 1983 | David Labiosa | William Byrd |
| 1982 | Richard Tavoso | Handley |
| 1981 | Mark Hoskisson | Blacksburg |
| 1980 | Jim Kostis | Harrisonburg |
| 1979 | Pete Kubesh | Tabb |
| 1978 | David Fogleman | Richlands |
| 1977 | Ralph Grogins | Pembroke |
| 1976 | Chris Blomberg | Glenvar |

| | | |
|------|------------------|---------------|
| 1975 | David Cox | Andrew Lewis |
| 1974 | Alan Schick | George Mason |
| 1973 | Donnie Zimmerman | William Byrd |
| 1972 | Richard Osbourne | Orange County |
| 1971 | Harold Weddle | Abingdon |

140 lb weight class

| | | |
|------|------------------|----------------|
| 2010 | Ethan Owens | Grundy |
| 2009 | Aaron Wilson | Abingdon |
| 2008 | Mike Wolterbeek | Millbrook |
| 2007 | Aaron Keeton | Poquoson |
| 2006 | Jeremy Parker | Millbrook |
| 2005 | Dan Hardy | Courtland |
| 2004 | Matt Epperly | Christiansburg |
| 2003 | J.T. Pruitt | Grundy |
| 2002 | Tyde Prater | Grundy |
| 2001 | David Metzler | Turner-Ashby |
| 2000 | Patrick Shuler | Brookville |
| 1999 | Jacob Conrad, | Christiansburg |
| 1998 | Jimmy Griffey | Grundy |
| 1997 | Jimmy Griffey | Grundy |
| 1996 | Stephen Hartford | Grundy |
| 1995 | Shane Horn | Grundy |
| 1994 | Jason Cline | Grundy |
| 1993 | Shane Bowman | Grundy |
| 1992 | Brian Large | Grundy |
| 1991 | Jamie Harris | Orange County |
| 1990 | Duane Reedy | Osborn |
| 1989 | Sam Mosely | Rustburg |

145 lb weight class

| | | |
|------|----------------------|---------------------|
| 2010 | Conner Miller | Fauquier |
| 2009 | Rich Eva | Christiansburg |
| 2008 | Kayton Marshall | Poquoson |
| 2007 | Andrew Clement | Christiansburg |
| 2006 | Andrew Clement | Christiansburg |
| 2005 | Matt Epperly | Christiansburg |
| 2004 | Robert Buck | Christiansburg |
| 2003 | David Metzler | Turner Ashby |
| 2002 | Dony Ooton | Lafayette |
| 2001 | Patrick Shuler | Brookville |
| 2000 | Ronnie Crist | Christiansburg |
| 1999 | Andrew Schuler | Brookville |
| 1998 | Andrew Schuler | Brookville |
| 1997 | Beau Baker | Turner Ashby |
| 1996 | B.D. Robertson | Grundy |
| 1995 | Vernon Green | Liberty-Bealton |
| 1994 | Mike Jacobus | Park View-Sterling |
| 1993 | P.K. Hale | Orange County |
| 1992 | Caine Devvit | Tunstall |
| 1991 | Jimmy Asimachopoulos | Spotsylvania County |
| 1990 | Bryan Hartley | York |
| 1989 | Shane Robertson | Grundy |
| 1988 | Reid Ratliff | Grundy |
| 1987 | Scott Steale | Powell Valley |
| 1986 | Chris Spiller | Osborn |
| 1985 | Mike Murray | Thomas Dale |
| 1984 | Mike Murray | Thomas Dale |
| 1983 | Todd Williams | Tabb |

| | | |
|------|-----------------|----------------|
| 1982 | Todd Williams | Tabb |
| 1981 | Jay White | Poquoson |
| 1980 | Steve Green | Poquoson |
| 1979 | Roger Stumpff | Lexington |
| 1978 | George Kostis | Harrisonburg |
| 1977 | George Kostis | Harrisonburg |
| 1976 | John Travis | Brookville |
| 1975 | Kevin McFadden | Lexington |
| 1974 | Brian Schwind | George Mason |
| 1973 | Johnny Janney | Loudoun Valley |
| 1972 | Mike Linkswiler | Alleghany |
| 1971 | Ken Amrhein | Glenvar |

152 lb weight class

| | | |
|------|-------------------|----------------|
| 2010 | Rich Eva | Christiansburg |
| 2009 | Chase McAdams | Poquoson |
| 2008 | Sam Rakes | Christiansburg |
| 2007 | Luke Brugh | Christiansburg |
| 2006 | Sam Rakes | Christiansburg |
| 2005 | Justin Wheaton | Potomac Falls |
| 2004 | Austin Moore | Lafayette |
| 2003 | Jackie Toney | Christiansburg |
| 2002 | Jackie Toney | Christiansburg |
| 2001 | Coty Stittner | Grundy |
| 2000 | Danny Martin | Tabb |
| 1999 | Nick Cardone | Northampton |
| 1998 | B.D. Robertson | Grundy |
| 1997 | B.D. Robertson | Grundy |
| 1996 | Brad Fitzpatrick | Poquoson |
| 1995 | Patrick Henderson | William Byrd |
| 1994 | Corey Stenck | Brookville |
| 1993 | Sean St. Clair | Broad Run |
| 1992 | Chris Childress | Grundy |
| 1991 | Loran Nichol | Harrisonburg |
| 1990 | Nick Franks | Poquoson |
| 1989 | Reid Ratliff | Grundy |

155 lb weight class

| | | |
|------|-----------------|---------------------|
| 1988 | Allen Dales | Grundy |
| 1987 | Red Childress | Grundy |
| 1986 | Chris Burton | Osborn |
| 1985 | Scott Brown | Poquoson |
| 1984 | James Chamlee | Orange County |
| 1983 | Keith Ball | Park View-Sterling |
| 1982 | Andy Thomas | Osborn Park |
| 1981 | Steve Green | Poquoson |
| 1980 | Edward Kriston | Park View-Sterling |
| 1979 | Olen Evans | Poquoson |
| 1978 | Clyde Lewis | Orange County |
| 1977 | Charles Berry | Orange County |
| 1976 | Maurice Witcher | Chatham |
| 1975 | Dean Williams | Orange County |
| 1974 | D.J. St. Clair | Lord Botetourt |
| 1973 | Tony Eastridge | Spotsylvania County |
| 1972 | Ken Amrhein | Glenvar |
| 1971 | Gary King | Glenvar |

160 lb weight class

| | | |
|------|----------------|---------------|
| 2010 | David Williams | Hidden Valley |
|------|----------------|---------------|

| | | |
|------|---------------------|-----------------|
| 2009 | Derek Woody | Christiansburg |
| 2008 | Del Bryce | Poquoson |
| 2007 | Sam Rakes | Christiansburg |
| 2006 | Matt Epperly | Christiansburg |
| 2005 | Andrew Hoffer | Christiansburg |
| 2004 | Jackie Toney | Christiansburg |
| 2003 | Dan Scanlan | Loudoun County |
| 2002 | Robby Gosnell | Fauquier |
| 2001 | Wes Hawkins | Liberty-Beaeton |
| 2000 | Nick Cardone | Northampton |
| 1999 | Jacob Inge | Poquoson |
| 1998 | Jacob Inge | Poquoson |
| 1997 | Brad Fitzpatrick | Poquoson |
| 1996 | Donnie Bishop | Grundy |
| 1995 | Jonathan Thompson | Lakeland |
| 1994 | Randy Stoew | Tabb |
| 1993 | Brian Van Ravestein | Northside |
| 1992 | Thomas Martin | Poquoson |
| 1991 | Todd Beuner | Harrisonburg |
| 1990 | Aaron Kilinski | Virginia |
| 1989 | Joey Crawford | Grundy |

167 lb weight class

| | | |
|------|---------------|---------------------|
| 1988 | Greg Stiltner | Grundy |
| 1987 | Jim Horn | Grundy |
| 1986 | Scott Brown | Poquoson |
| 1985 | Steve Bryant | Park View-Sterling |
| 1984 | Ricky Brown | Sussex Central |
| 1983 | Steve Dean | William Byrd |
| 1982 | Matt Lepnew | Osborn |
| 1981 | Jeff Carter | York |
| 1980 | David Allen | Jefferson Forest |
| 1979 | Mike Law | William Byrd |
| 1978 | Mike Fletcher | Grundy |
| 1977 | Joe Robinson | Handley |
| 1976 | Jamie Witcher | Chatham |
| 1975 | Jamie Witcher | Chatham |
| 1974 | Tom Vizzi | Spotsylvania County |
| 1973 | James Adkins | Chatham |
| 1972 | Brad Goolsby | Fauquier |
| 1971 | John Fotenos | Culpeper County |

171 lb weight class

| | | |
|------|----------------|-----------------|
| 2010 | Nick Bakos | Sherando |
| 2009 | Willy Crawford | Fluvanna County |
| 2008 | Derrick Borlie | Millbrook |
| 2007 | Brett Buckner | Christiansburg |
| 2006 | Jantzen Minton | Christiansburg |
| 2005 | Brian West | Christiansburg |
| 2004 | Dan Scanlan | Loudoun County |
| 2003 | Bucky Anderson | Broadway |
| 2002 | Adam Wright | Turner Ashby |
| 2001 | Canaan Prater | Grundy |
| 2000 | Canaan Prater | Grundy |
| 1999 | R. C. Simmons | John Handley |
| 1998 | Scott Justus | Grundy |
| 1997 | Scott Justus | Grundy |
| 1996 | Scott Justus | Grundy |
| 1995 | Sean Sprague | Broad Run |

| | | |
|------|---------------|--------------------|
| 1994 | Jimmy Tillman | Waynesboro |
| 1993 | John Engle | Spotswood |
| 1992 | Todd Benner | Harrisonburg |
| 1991 | John Kotch | Park View-Sterling |
| 1990 | Greg Stiltner | Grundy |
| 1989 | Greg Stiltner | Grundy |

176 lb weight class

| | | |
|------|-----------------|----------------|
| 1988 | Jeff Stanley | Christiansburg |
| 1987 | Keith Brown | Richlands |
| 1986 | Doug Hartley | York |
| 1985 | James Vaughn | Radford |
| 1984 | Daryl Miller | Brookville |
| 1983 | Keith Dixon | Lloyd C. Bird |
| 1982 | Ferrell Odenhal | Osborn |

185 lb weight class

| | | |
|------|-----------------|--------------------|
| 1988 | Jamie Lane | Grundy |
| 1987 | Jim Osbourne | Grundy |
| 1986 | Fred Santinga | Culpeper County |
| 1985 | Fred Santinga | Culpeper County |
| 1984 | Joey Lightfoot | Park View-Sterling |
| 1983 | Danny Beasley | Lloyd C. Bird |
| 1982 | Keith Dixon | Lloyd C. Bird |
| 1981 | Jerry Messick | Poquoson |
| 1980 | Ricky Shifflett | Orange County |
| 1979 | Jerome Taylor | Sussex Central |
| 1978 | David Brown | Amherst |
| 1977 | David Brown | Amherst |
| 1976 | Alonzon Brown | Sussex Central |
| 1975 | Steve Witt | Andrew Lewis |
| 1974 | Marvin Martin | William Byrd |
| 1973 | Marvin Martin | William Byrd |
| 1972 | Andy Schwind | George Mason |
| 1971 | Jeff Stanley | John Battle |

189 lb weight class

| | | |
|------|-----------------|-----------------|
| 2010 | Willie Crawford | Fluvanna County |
| 2009 | Derrick Borlie | Millbrook |
| 2008 | Chase Ennis | Grafton |
| 2007 | Charles Webber | Christiansburg |
| 2006 | Jim Young | Turner Ashby |
| 2005 | Nick Buck | Christiansburg |
| 2004 | Bucky Anderson | Broadway |
| 2003 | Stu McGee | Sherando |
| 2002 | Anthony Boyd | Christiansburg |
| 2001 | Jonas Corl | Lord Botetourt |
| 2000 | Jason Cox | Amherst County |
| 1999 | Chip Campbell | Waynesboro |
| 1998 | Matt Shutts | John Handley |
| 1997 | John Waite | Tabb |
| 1996 | Brandon Matney | Grundy |
| 1995 | Chip Nininger | Northside |
| 1994 | Eric Nicholson | York |
| 1993 | Curtis Holmes | Tabb |
| 1992 | Jeremiah Scott | Brookville |
| 1991 | David Wimmer | Grundy |
| 1990 | Jeff Stanley | Christiansburg |
| 1989 | Marty Horn | Richlands |

215 lb weight class

| | | |
|------|-------------------|----------------|
| 2010 | Jake Semones | Salem-Salem |
| 2009 | Jon Weber | Christiansburg |
| 2008 | Ryan Sutherland | Courtland |
| 2007 | Cody Gardner | Christiansburg |
| 2006 | Cody Gardner | Christiansburg |
| 2005 | Cody Gardner | Christiansburg |
| 2004 | Cody Gardner | Christiansburg |
| 2003 | Charles Jenkins | Fauquier |
| 2002 | Luke Dales | Grundy |
| 2001 | Luke Dales | Grundy |
| 2000 | L.J. Matthews | Monticello |
| 1999 | Nick Prieto | Turner Ashby |
| 1998 | Taurus Roberts | Virginia |
| 1997 | Steve Lane | Turner Ashby |
| 1996 | Brandon Stevenson | Grundy |

275 lb weight class

| | | |
|------|------------------|-----------------|
| 2006 | Charlie Newman | Turner Ashby |
| 2005 | J.J. Hickman | Lord Botetourt |
| 2004 | Antoine Holmes | York |
| 2003 | Albert Childress | Grundy |
| 2002 | Albert Childress | Grundy |
| 2001 | Albert Childress | Grundy |
| 2000 | Albert Childress | Grundy |
| 1999 | Kenis Maciel | William Byrd |
| 1998 | Luke Owens | Grundy |
| 1997 | Luke Owens | Grundy |
| 1996 | Luke Owens | Grundy |
| 1995 | Jason Inskeep | Culpeper County |
| 1994 | Richie Oliver | Northside |
| 1993 | Kyle Hammond | William Byrd |
| 1992 | Laddie Fields | Grundy |
| 1991 | Roy Walker | Orange County |
| 1990 | Brad Radosevich | Harrisonburg |
| 1989 | Gabriel Shelton | Louisa County |

285 lb weight class

| | | |
|------|----------------|------------|
| 2010 | Austin Woodall | James Wood |
| 2009 | Andrew Miller | Bassett |
| 2008 | Andrew Miller | Bassett |
| 2007 | Ryan Jackson | Brookville |

Heavyweight class

| | | |
|------|------------------|-----------------|
| 1988 | Edward Lane | Culpeper County |
| 1987 | John Morris | Poquoson |
| 1986 | John Morris | Poquoson |
| 1985 | Robert MacMillan | Osborn |
| 1984 | Robert MacMillan | Osborn |
| 1983 | Bo Cothren | Brookville |
| 1982 | Jon Schriver | Waynesboro |
| 1981 | Bo Cathran | Brookville |
| 1980 | Alan Graley | Loudoun Valley |
| 1979 | Tom Kubesh | Tabb |
| 1978 | Allan Breeding | Grundy |
| 1977 | Steve Kluge | Robert E. Lee |
| 1976 | Gary Dearing | Brookville |
| 1975 | Gary Dearing | Brookville |
| 1974 | Bruce Palmer | William Byrd |

| | | |
|------|----------------------|---------------|
| 1973 | Bruce Palmer | William Byrd |
| 1972 | George Quinlan | Alleghany |
| 1971 | Aldolphus McClahahan | Graham County |

Individual Champions**A****98 lb weight class**

| | | |
|------|-------------------|------------------------------|
| 1988 | Timmy Tibbs | Manassas Park |
| 1987 | Carrington Coles | Va School for Deaf and Blind |
| 1986 | David Burke | Castlewood |
| 1985 | David Ragan | Manassas Park |
| 1984 | Troy Dean | Strasburg |
| 1983 | Russell Dotson | J.J. Kelly |
| 1982 | Steve Hobbs | Powell Valley |
| 1981 | Bill Pace | Fieldale-Collinsville |
| 1980 | James Pangle | Strasburg |
| 1979 | Raymond Dillinger | Manassas Park |
| 1978 | Mark Stickley | Strasburg |
| 1977 | Kevin Flickinger | Brentsville District |
| 1976 | Kevin Flickinger | Brentsville District |
| 1975 | Craig Carr | Brentsville District |
| 1974 | Robie Gulick | Strasburg |
| 1973 | Keith Goodson | Poquoson |
| 1972 | Mark Boyd | Poquoson |
| 1971 | Mark Boyd | Poquoson |

103 lb weight class

| | | |
|------|----------------|----------------------|
| 2010 | Wesley Gibson | Castlewood |
| 2009 | Kyle Binder | Arcadia |
| 2008 | Thien Tran | Manassas Park |
| 2007 | Conner Miller | Rappahannock County |
| 2006 | Tarrel Coles | Randolph Henry |
| 2005 | Sergio Ortiz | Manassas Park |
| 2004 | Jake Hunsucker | Randolph-Henry |
| 2003 | Jonathan Woods | Parry McCluer |
| 2002 | Leroy Oglesby | Randolph-Henry |
| 2001 | Taylor Kitchen | Franklin |
| 2000 | Brian Kibler | Strasburg |
| 1999 | Arshad Jones | Sussex Central |
| 1998 | Heath Francis | Castlewood |
| 1997 | Shane Cogswell | Strasburg |
| 1996 | Jarvis Coloma | Nandua |
| 1995 | Sammy Wolford | Strasburg |
| 1994 | Sammy Wolford | Strasburg |
| 1993 | Tony Bocanegra | James River |
| 1992 | John Tabelon, | Manassas Park |
| 1991 | Jess Moore | Brentsville District |
| 1990 | Jamie Soltis | Glenvar |
| 1989 | Timmy Tibbs | Manassas Park |

105 lb weight class

| | | |
|------|---------------|---------------|
| 1988 | Jimmy Collins | Coeburn |
| 1987 | Tom McCaw | Strasburg |
| 1986 | David Ragan | Manassas Park |
| 1985 | Jason Riggs | J.J. Kelly |
| 1984 | Jason Riggs | J.J. Kelly |
| 1983 | Jason Riggs | J.J. Kelly |

| | | |
|------|----------------|------------------------------|
| 1982 | Danny Hulsey | George Washington Carver |
| 1981 | Danny Hulsey | George Washington Carver |
| 1980 | David Sfreddo | Manassas Park |
| 1979 | Paul Stickley | Strasburg |
| 1978 | Duncan Gilbert | Parry McCluer |
| 1977 | Willie Brown | Charles City County |
| 1976 | Robie Gulick | Strasburg |
| 1975 | Leroy Andricks | Strasburg |
| 1974 | Leroy Andricks | Strasburg |
| 1973 | Steve Thorne | Poquoson |
| 1972 | Steve Delaney | Va School for Deaf and Blind |
| 1971 | Steve Delaney | Va School for Deaf and Blind |

112 lb weight class

| | | |
|------|-------------------------|------------------------------|
| 2010 | Kahil Carazo | Glenvar |
| 2009 | Maximo Gonzalez-Paredes | Manassas Park |
| 2008 | Maximo Gonzalez-Paredes | Manassas Park |
| 2007 | Jonathan Brill | Strasburg |
| 2006 | Ben Cundiff | Glenvar |
| 2005 | Matt Chustz | Manassas Park |
| 2004 | Matt Chustz | Manassas Park |
| 2003 | Todd Smoot | Manassas Park |
| 2002 | Matt Tomblin | Clarke County |
| 2001 | Brian Kibler | Strasburg |
| 2000 | Mike Harms | Manassas Park |
| 1999 | Jason Cuddy | James River |
| 1998 | Seth Little | Northwood |
| 1997 | Chad Lamma | Strasburg |
| 1996 | Eric Smith | Holston |
| 1995 | Eric Smith | Holston |
| 1994 | John Stevenson | Strasburg |
| 1993 | John Cunningham | Stuarts Draft |
| 1992 | Jess Moore | Brentsville District |
| 1991 | Jamie Soltis | Glenvar |
| 1990 | Timmy Tibbs | Manassas Park |
| 1989 | Steven Caudill | Castlewood |
| 1988 | Not Available | |
| 1987 | Monty Stickles | Strasburg |
| 1986 | Troy Dean | Strasburg |
| 1985 | Troy Dean | Strasburg |
| 1984 | Scott Woods | Natural Bridge |
| 1983 | David Kannon | J.J. Kelly |
| 1982 | Ronald Dellinger | Manassas Park |
| 1981 | Steve Faulkner | Va School for Deaf and Blind |
| 1980 | Jon Gnegy | Strasburg |
| 1979 | Mark Stickley | Strasburg |
| 1978 | Keith Roberts | Poquoson |
| 1977 | Carl Miller | Strasburg |
| 1976 | Mitch Hoepfner | Parry McCluer |
| 1975 | Paul Holloway | Poquoson |
| 1974 | Paris Fisher | Coeburn |
| 1973 | John Wolfe | Holston |
| 1972 | Randy Winters | Holston |
| 1971 | James Hitt | Va School for Deaf and Blind |

119 lb weight class

| | | |
|------|-------------------------|---------------|
| 2010 | Maximo Gonzalez-Paredes | Manassas Park |
| 2009 | Edu Rojas | Galax |
| 2008 | William Saunders | Radford |

| | | |
|------|-------------------|------------------------------|
| 2007 | Tanner Sutphin | Radford |
| 2006 | Lorenzo Rios | Floyd County |
| 2005 | Chris Chambers | Riverheads |
| 2004 | LamLe | Manassas Park |
| 2003 | Brett Childs | Clarke County |
| 2002 | Brian Kibler | Strasburg |
| 2001 | Luke Siler | Brentsville District |
| 2000 | Brian House | Brentsville District |
| 1999 | Chance Craft | James River |
| 1998 | Chance Craft | James River |
| 1997 | Sammy Wolford | Strasburg |
| 1996 | Paul Naglieri | Mathews |
| 1995 | John Stevenson | Strasburg |
| 1994 | Ken McCauley | Brentsville District |
| 1993 | Jason Hamilton | Parry McCluer |
| 1992 | Robbie Royston | Covington |
| 1991 | David Richards | Manassas Park |
| 1990 | Kevin Whitehead | Mathews |
| 1989 | Jimmy Phillips | Castlewood |
| 1988 | Carrington Coles | Va School for Deaf & Blind |
| 1987 | Andy Adcock | James River |
| 1986 | Kenny Hartless | Natural Bridge |
| 1985 | Ed Stokes | Strasburg |
| 1984 | Ed Stokes | Strasburg |
| 1983 | Mike Spiller | Manassas Park |
| 1982 | David Sfreddo | Manassas Park |
| 1981 | David Sfreddo | Manassas Park |
| 1980 | Ray Dillinger | Manassas Park |
| 1979 | Charles Nelms | Staunton River |
| 1978 | Mitchell Hoepfner | Parry McCluer |
| 1977 | Landon Camper | Parry McCluer |
| 1976 | Gary Orndorff | Strasburg |
| 1975 | Gary Orndorff | Strasburg |
| 1974 | Kip Redrick | Poquoson |
| 1973 | James Hitt | Va School for Deaf and Blind |
| 1972 | Patrick McPherson | Poquoson |
| 1971 | William Hitt | Va School for Deaf and Blind |

125 lb weight class

| | | |
|------|-----------------|----------------------|
| 2010 | Jose Rojas | Galax |
| 2009 | Ryan Lowrey | Northwood |
| 2008 | Chad Sizemore | Covington |
| 2007 | Steven Hall | Manassas Park |
| 2006 | Casey Conway | Rural Retreat |
| 2005 | LamLe | Manassas Park |
| 2004 | Todd Smoot | Manassas Park |
| 2003 | David Barker | Glenvar |
| 2002 | Kyle VanSice | Clarke County |
| 2001 | Kyle VanSice | Clarke County |
| 2000 | Chance Craft | James River |
| 1999 | Patrick O'Neill | Brentsville District |
| 1998 | Ryan Hall | Radford |
| 1997 | Ryan Hall | Radford |
| 1996 | Stephen Murphy | Radford |
| 1995 | Nicky Arduin | Grayson County |
| 1994 | David Smith | Holston |
| 1993 | Mike Hemp | Stuarts Draft |
| 1992 | David Richards | Manassas Park |

| | | |
|------|----------------|----------------|
| 1991 | Jimmy Phillips | Castlewood |
| 1990 | Steven Caudill | Castlewood |
| 1989 | Mark Stith | Sussex Central |

126 lb weight class

| | | |
|------|--------------------|------------------------------|
| 1988 | Hunter Trivette | Chilhowie |
| 1987 | Tuan Nguyen | George Mason |
| 1986 | David Phipps | Manassas Park |
| 1985 | William Winebarger | Castlewood |
| 1984 | Glenn Tunstall | Essex |
| 1983 | Glenn Tunstall | Essex |
| 1982 | Billy Jones | Manassas Park |
| 1981 | Ray Dillinger | Manassas Park |
| 1980 | Russell Tibbs | Manassas Park |
| 1979 | Kenny Akers | Manassas Park |
| 1978 | Kerry Camper | Parry McCluer |
| 1977 | Craig Carr | Brentsville District |
| 1976 | David Brandt | Poquoson |
| 1975 | Keith Goodson | Poquoson |
| 1974 | Richard Kahler | Poquoson |
| 1973 | Gary Wright | Va School for Deaf and Blind |
| 1972 | Charles Backus | Poquoson |
| 1971 | Charles Backus | Poquoson |

130 lb weight class

| | | |
|------|--------------------|------------------------------|
| 2010 | Chris Bowden | Covington |
| 2009 | Guppy Higginbottom | Manassas Park |
| 2008 | Tyler Beckner | Floyd County |
| 2007 | Adam Sandoe | Radford |
| 2006 | Lam Le | Manassas Park |
| 2005 | Brian Flood | Parry McCluer |
| 2004 | Brett Childs | Clarke Co. |
| 2003 | Daniel Wadel | Manassas Park |
| 2002 | Michael Jordon | Northumberland |
| 2001 | Steven Fryatt | J.J. Kelly |
| 2000 | Jason Alldredge | Riverheads |
| 1999 | Jason Alldredge | Riverheads |
| 1998 | Brian Hudson | Radford |
| 1997 | Brian Hudson | Radford |
| 1996 | Tim Smith | Patrick Henry |
| 1995 | Seth Taylor | Rural Retreat |
| 1994 | Chad Goodman | Chilhowie |
| 1993 | Geoff Raymond | Coeburn |
| 1992 | Randall Powers | Brentsville |
| 1991 | Eric Nizsche | Mathews |
| 1990 | Donavan Hall | Mathews |
| 1989 | Carrington Coles | Va School for Deaf and Blind |

132 lb weight class

| | | |
|------|-------------------|-----------------------|
| 1988 | Thomas Kannon | J.J. Kelly |
| 1987 | David Phipps | Manassas Park |
| 1986 | Tim Jesse | Castlewood |
| 1985 | Brian McDaniel | Manassas Park |
| 1984 | Andy Bello | Manassas Park |
| 1983 | Andy Bello | Manassas Park |
| 1982 | Jeff Ashley | Fieldale-Collinsville |
| 1981 | Clarence Tunstall | Essex |
| 1980 | Andy Nabors | Brentsville District |
| 1979 | Todd Larochelle | Manassas Park |

| | | |
|------|------------------|---------------|
| 1978 | Steve Green | Poquoson |
| 1977 | Harold Dillinger | Strasburg |
| 1976 | Tim Beverly | Parry McCluer |
| 1975 | Tim Goodson | Poquoson |
| 1974 | Mark Boyd | Poquoson |
| 1973 | Dan Coalson | Chilhowie |
| 1972 | Clark Boyd | Poquoson |
| 1971 | Clark Boyd | Poquoson |

135 lb weight class

| | | |
|------|------------------|----------------------|
| 2010 | Jon Addington | J.J. Kelly |
| 2009 | Jason Ayers | Glenvar |
| 2008 | Sam Frere | Lancaster |
| 2007 | Jeremy Mowles | Glenvar |
| 2006 | Todd Smoot | Manassas Park |
| 2005 | Todd Smoot | Manassas Park |
| 2004 | Brandon Holbert | Strasburg |
| 2003 | Ben Truschel | Brentsville District |
| 2002 | Brian House | Brentsville District |
| 2001 | Joe Jakupczyk | Radford |
| 2000 | Joe Jakupczyk | Radford |
| 1999 | Scott Sanders | J.J. Kelly |
| 1998 | Rufus Sturgill | J.J. Kelly |
| 1997 | Phil King | John Battle |
| 1996 | David Dartez | King William |
| 1995 | David Dartez | King William |
| 1994 | Casey Acord | Buffalo Gap |
| 1993 | Will Van Buskirk | Brentsville District |
| 1992 | Eric Nitzsce | Mathews |
| 1991 | Marvin Lloyd | Glenvar |
| 1990 | Joe Silvus | Mathews |
| 1989 | Timothy Roberts | Sussex Central |

138 lb weight class

| | | |
|------|------------------|------------------------------|
| 1988 | Jason Savis | Drewry Mason |
| 1987 | Phillip Elliot | Strasburg |
| 1986 | Dallas Neel | Glenvar |
| 1985 | Andy Bello | Manassas Park |
| 1984 | Chris Frederick | Brentsville District |
| 1983 | Chris Frederick | Brentsville District |
| 1982 | Bobby Eggleston | Drewry Mason |
| 1981 | Jerry Shelton | Fieldale-Collinsville |
| 1980 | Willie Brown | Charles City |
| 1979 | Allen Hensley | Chilhowie |
| 1978 | Harold Dillinger | Strasburg |
| 1977 | David Brandt | Poquoson |
| 1976 | Tim Goodson | Poquoson |
| 1975 | Andie Keith | Brentsville District |
| 1974 | Gary Wright | Va School for Deaf and Blind |
| 1973 | Charles Backus | Poquoson |
| 1972 | William Hitt | Va School for Deaf and Blind |
| 1971 | William Humphrey | Va School for Deaf and Blind |

140 lb weight class

| | | |
|------|----------------|----------------|
| 2010 | Colby Dean | John I. Burton |
| 2009 | Tyler Atwell | Madison County |
| 2008 | Jeremy Mowles | Glenvar |
| 2007 | Jake Hunsucker | Randolph-Henry |
| 2006 | Aaron Blomberg | Glenvar |

| | | |
|------|-----------------|----------------------|
| 2005 | Brandon Holbert | Strasburg |
| 2004 | Will Campbell | Northwood |
| 2003 | Luke Siler | Brentsville District |
| 2002 | Matt Parr | Clarke County |
| 2001 | Steven Cooper | Sussex Central |
| 2000 | Zak Thompson | Brentsville District |
| 1999 | Erik Croushorn | Brentsville District |
| 1998 | John Spittle | Brentsville District |
| 1997 | Calvin O'Dell | Brentsville District |
| 1996 | Kamal Chantal | Floyd County |
| 1995 | Casey Acord | Buffalo Gap |
| 1994 | Jess Moore | Brentsville District |
| 1993 | Will Leland | Northampton |
| 1992 | Harry McKemy | Natural Bridge |
| 1991 | Jason Porter | Glenvar |
| 1990 | Tony Fox | Strasburg |
| 1989 | Shawn Dean | Castlewood |

145 lb weight class

| | | |
|------|-----------------|----------------------|
| 2010 | Darian Sizemore | Galax |
| 2009 | Julian Minter | Radford |
| 2008 | Ben Cundiff | Glenvar |
| 2007 | Aaron Blomberg | Glenvar |
| 2006 | Randy Phillips | Covington |
| 2005 | Jeff Musterman | Strasburg |
| 2004 | Jeff Musterman | Strasburg |
| 2003 | Matt Parr | Clarker County |
| 2002 | Trevor Wind | Essex |
| 2001 | Zak Thompson | Brentsville District |
| 2000 | George Webb | Madison County |
| 1999 | Jermone Johnson | Sussex Central |
| 1998 | Charlie Hall | Chilhowie |
| 1997 | Mike Dunbar | Radford |
| 1996 | Michael Mahon | Buffalo Gap |
| 1995 | Dave Knowlton | Stuarts Draft |
| 1994 | Luke Croushorn | Brentsville District |
| 1993 | Bill Gaddy | Riverheads |
| 1992 | Marcus Turner | Sussex Central |
| 1991 | Joe Silvus | Mathews |
| 1990 | Shawn Dean | Castlewood |
| 1989 | Tony Bush | Castlewood |
| 1988 | William Nuckols | Chilhowie |
| 1987 | Dallas Neel | Glenvar |
| 1986 | Jim Harvey | Glenvar |
| 1985 | Ron Kidwell | Manassas Park |
| 1984 | Teddy Brummitt | J.J. Kelly |
| 1983 | Teddy Brummit | J.J. Kelly |
| 1982 | Ben Burks | Parry McCluer |
| 1981 | Andy Nabors | Brentsville District |
| 1980 | William Ryman | Strasburg |
| 1979 | George Bouchard | James River |
| 1978 | Greg Jenkins | Manassas Park |
| 1977 | Tim Goodson | Poquoson |
| 1976 | Guy Crawley | Charles City County |
| 1975 | Andy King | Parry McCluer |
| 1974 | Charles Backus | Poquoson |
| 1973 | Clark Boyd | Poquoson |
| 1972 | Clarke Boyd | Poquoson |
| 1971 | Donald Moore | Poquoson |

152 lb weight class

| | | |
|------|------------------------|----------------------------|
| 2010 | Julian Minter | Radford |
| 2009 | David Ray | George Mason |
| 2008 | Wyatte Pickett | Rural Retreat |
| 2007 | Daniel McGillivray | Manassas Park |
| 2006 | Patrick Driscoll | Covington |
| 2005 | Willie Hoover | George Mason |
| 2004 | Michael Wade | Parry McCluer |
| 2003 | Doug Sier | Mathews |
| 2002 | Will Pickett | Rural Retreat |
| 2001 | Shaun Guttridge | Manassas Park |
| 2000 | Ryan Farmer | Patrick Henry-Glade Spring |
| 1999 | Paul Radman | George Wythe |
| 1998 | Jeremiah Brockenbrough | Parry McCluer |
| 1997 | Kamal Chantal | Floyd County |
| 1996 | Luke Croushorn | Brentsville District |
| 1995 | Jason Stanley | J.J. Kelly |
| 1994 | Larry Neff | Riverheads |
| 1993 | Jimmy Adams | James River |
| 1992 | Richard Fitzsimmons | Brentsville District |
| 1991 | Emmet Mason | Sussex Central |
| 1990 | Albert Sparks | King William |
| 1989 | Brian Nunley | Chilhowie |

155 lb weight class

| | | |
|------|-----------------|------------------------------|
| 1988 | Brett Arbogart | Brentsville District |
| 1987 | Jim Harvey | Glenvar |
| 1986 | Tim Long | Glenvar |
| 1985 | Rick Bowley | Strasburg |
| 1984 | Rick Bowley | Strasburg |
| 1983 | Jason Stegall | Fieldale-Collinsville |
| 1982 | Jason Stegall | Fieldale-Collinsville |
| 1981 | Tony Price | Strasburg |
| 1980 | Danny Rinker | Manassas Park |
| 1979 | Bobby Byrd | Essex |
| 1978 | Paul Thomas | Staunton River |
| 1977 | William Thomas | Surry |
| 1976 | Phil Purdy | Poquoson |
| 1975 | Charlie Halsey | Chilhowie |
| 1974 | Richard Dean | Brentsville |
| 1973 | Pat McPherson | Poquoson |
| 1972 | Bryan McGee | Va School for Deaf and Blind |
| 1971 | Arthur Ashberry | Strasburg |

160 lb weight class

| | | |
|------|--------------------|---------------------|
| 2010 | Zach Hill | Glenvar |
| 2009 | J Clark | Radford |
| 2008 | Daniel McGillivray | Manassas Park |
| 2007 | Jonathan Pierce | Mathews |
| 2006 | Isaac Raney | Rappahannock County |
| 2005 | Kellie Nichols | Patrick Henry-GS |
| 2004 | Luis Chaves | Manassas Park |
| 2003 | Riley Burke | Strasburg |
| 2002 | Dominic Clark | George Mason |
| 2001 | J.D. Hollis | New Kent |
| 2000 | Brett Jenkins | Manassas Park |
| 1999 | Brett Jenkins | Manassas Park |
| 1998 | Mike Dunbar | Radford |
| 1997 | Peter Lee | Radford |

| | | |
|------|---------------------|----------------------|
| 1996 | Larry Neff | Riverheads |
| 1995 | Pernell Pope | Sussex Central |
| 1994 | Troy Sebra | Northumberland |
| 1993 | Richard Fitzsimmons | Brentsville District |
| 1992 | Robert Dickinson | Parry McCluer |
| 1991 | Brandon Semones | Glenvar |
| 1990 | Brian Nunley | Chilhowie |
| 1989 | Wes Hugh | Brentsville District |

167 lb weight class

| | | |
|------|------------------|----------------------|
| 1988 | Carl Gentry | Manassas Park |
| 1987 | Carl Gentry | Manassas Park |
| 1986 | T.T. Carter | Parry McCluer |
| 1985 | Ronnie Deel | Holston |
| 1984 | Ricky Siler | Natural Bridge |
| 1983 | Janie Snider | Natural Bridge |
| 1982 | James Bailow | Strasburg |
| 1981 | Bob Bouchard | James River |
| 1980 | John Minor | J.J. Kelly |
| 1979 | John Minor | J.J. Kelly |
| 1978 | Mike Neilands | Poquoson |
| 1977 | Mike Neilands | Poquoson |
| 1976 | Glen Hickerson | Brentsville District |
| 1975 | David Austin | Parry McCluer |
| 1974 | Charles Proffitt | Chilhowie |
| 1973 | Eddie Blevins | Chilhowie |
| 1972 | Gene McDonald | Strasburg |
| 1971 | Gene McDonald | Strasburg |

171 lb weight class

| | | |
|------|------------------|----------------------|
| 2010 | Colin Barnes | Strasburg |
| 2009 | Joseph Cash | Riverheads |
| 2008 | Nathan Iseman | Nanduaa |
| 2007 | Ryan Phillips | Castlewood |
| 2006 | Will Cruz | Manassas Park |
| 2005 | Cooper Anderson | Clarke County |
| 2004 | Josh Talbott | Buffalo Gap |
| 2003 | Ben Hurst | Mathews |
| 2002 | Mike Himelright | Strasburg |
| 2001 | Matt Smith | Northumberland |
| 2000 | Jon Thompson | J.J. Kelly |
| 1999 | David Basham | Brentsville District |
| 1998 | Justin Nowers | Rural Retreat |
| 1997 | Raymond Whitaker | Essex |
| 1996 | Scott Holleman | Shawsville |
| 1995 | David Trower | Northampton |
| 1994 | Ward Hugh | Brentsville District |
| 1993 | Derrick Smith | Sussex Central |
| 1992 | Brandon Semones | Glenvar |
| 1991 | Wes Hugh | Brentsville District |
| 1990 | Wes Hugh | Brentsville District |
| 1989 | Brenton Holmes | King William |

176 lb weight class

| | | |
|------|---------------|----------------|
| 1988 | Mark Austin | Parry McCluer |
| 1987 | Tracy Barnett | Glenvar |
| 1986 | Chris Riddle | Cumberland |
| 1985 | Robert Thrift | Northumberland |
| 1984 | Kenny Lewis | Natural Bridge |

| | | |
|------|-------------|----------------|
| 1983 | Ted Slayton | Natural Bridge |
| 1982 | Tim Baker | J.J. Kelly |

185 lb weight class

| | | |
|------|-----------------|------------------------------|
| 1988 | Andy Rudy | Chilhowie |
| 1987 | Bryan Taylor | Mathews |
| 1986 | Ricky Siler | Natural Bridge |
| 1985 | John Long | Castlewood |
| 1984 | John Long | Castlewood |
| 1983 | Tommy Cook | Va School for Deaf and Blind |
| 1982 | Greg Thurman | Parry McCluer |
| 1981 | Mike Blevins | Chilhowie |
| 1980 | Ricky Brown | Charles City County |
| 1979 | Sanford Clark, | Parry McCluer |
| 1978 | Dennis Linton | Auburn |
| 1977 | Mark Geissenger | Poquoson |
| 1976 | James Jones | Charles City County |
| 1975 | Danny Ramsey | Parry McCluer |
| 1974 | Tony Davis | Brentsville District |
| 1973 | Jim Furches | Holston |
| 1972 | Harold Foore | Chilhowie |
| 1971 | Paul Wilson | Va School for Deaf and Blind |

189 lb weight class

| | | |
|------|--------------------|----------------------|
| 2010 | Alex Asimakopoulos | Glenvar |
| 2009 | Ryan Phillips | Castlewood |
| 2008 | Carlos Ortiz | Strasburg |
| 2007 | Ben Jamison | Glenvar |
| 2006 | Anthony VanKuren | Manassas Park |
| 2005 | Chris Wade | Parry McCluer |
| 2004 | Colin Smith | Northumberland |
| 2003 | Will Holaday | Mathews |
| 2002 | Daniel Crockett | Rural Retreat |
| 2001 | Jeremy Hagee | George Wythe |
| 2000 | Will Clark | Northwood |
| 1999 | Allen Stout, | Radford |
| 1998 | Tom O'Neill | Brentsville District |
| 1997 | Tom O'Neill | Brentsville District |
| 1996 | Ward Hugh | Brentsville District |
| 1995 | Ward Hugh | Brentsville District |
| 1994 | Ben Smith | Sussex Central |
| 1993 | Brandon Semones | Glenvar |
| 1992 | Joel Ides | Lexington |
| 1991 | Antonio Procise | Sussex Central |
| 1990 | Anthony Powell | Riverheads |
| 1989 | Ken Skipper | Sussex Central |

215 lb weight class

| | | |
|------|-----------------|----------------|
| 2010 | Jared Austin | Buffalo Gap |
| 2009 | Kyle Testerman | Rural Retreat |
| 2008 | Elmer Aparcio | Manassas Park |
| 2007 | Chris Boyd | Randolph-Henry |
| 2006 | Colin Smith | Northumberland |
| 2005 | Colin Smith | Northumberland |
| 2004 | Galen Weyer | Radford |
| 2003 | Trahern Vinnie | Nandua |
| 2002 | Josh Faidley | Parrick Henry |
| 2001 | James Krigsvold | Mathews |

| | | |
|------|-----------------|----------------|
| 2000 | Matt Magerko | Northumberland |
| 1999 | Jason Reedy | Chilhowie |
| 1998 | Justin St.Clair | Covington |
| 1997 | Israel Hamilton | Coeburn |
| 1996 | Elmo Dunbar | Radford |

275 lb weight class

| | | |
|------|------------------|----------------------|
| 2006 | Tommy Frazier | Madison County |
| 2005 | Jeremy Smith | Manassas Park |
| 2004 | Daniel Hitt | J.J. Kelly |
| 2003 | Joel Surber | Northwood |
| 2002 | Adam Gregory | Riverheads |
| 2001 | Matt Magerko | Northumberland |
| 2000 | Ranardo Whitaker | Essex |
| 1999 | Dwayne Martin | Radford |
| 1998 | Dwayne Martin | Radford |
| 1997 | D.J. Hockman | Strasburg |
| 1996 | Jason Stanier | Covington |
| 1995 | Jonathan Lewis | Mathews |
| 1994 | B. Davis | Riverheads |
| 1993 | Antonio Procise | Sussex Central |
| 1992 | Robert Hull | Lexington |
| 1991 | Eric Wells | Stuarts Draft |
| 1990 | Tim Holland | Brentsville District |
| 1989 | Johnny Dixon | Mathews |

285 weight class

| | | |
|------|-----------------|---------------|
| 2010 | Garrett Fozdyck | Mathews |
| 2009 | Garrett Fozdyck | Mathews |
| 2008 | Austin Wren | Manassas Park |
| 2007 | Scott Whitehead | Rural Retreat |

Heavyweight class

| | | |
|------|--------------------|----------------------|
| 1988 | David Widner | Chilhowie |
| 1987 | Troy Carter | Natural Bridge |
| 1986 | Jay Burke | Manassas Park |
| 1985 | Carl Curry | Drewry Mason |
| 1984 | Carl Curry | Drewry Mason |
| 1983 | Anthony Pratt | Essex |
| 1982 | John Hale | Castlewood |
| 1981 | Allen Twombly | Manassas Park |
| 1980 | Phil Radick | Parry McCluer |
| 1979 | Phil Radick | Parry McCluer |
| 1978 | Randy Rowland | Staunton River |
| 1977 | Mark Bloomer | Powell Valley |
| 1976 | Rickie Blevins | Chilhowie |
| 1975 | Greg Stanley | Brentsville District |
| 1974 | Greg Stanley | Brentsville District |
| 1973 | Frank Hershey | Strasburg |
| 1972 | Dennis Drummond | Strasburg |
| 1971 | Randolph Forrester | Holston |

Individual Champions

IA

98 lb weight class

| | | |
|------|------------------|-----------|
| 1970 | Scott Conkwright | Frank Cox |
| 1969 | Scott Conkwright | Frank Cox |
| 1968 | David Martin | Granby |

| | | |
|------|---------------|-----------|
| 1967 | David Hooper | Wakefield |
| 1966 | Skip Startzel | Annandale |
| 1965 | Mike Ellis | Granby |
| 1964 | Butch Rawles | Maury |
| 1963 | Wayne Boyd | Norview |

103 lb weight class

| | | |
|------|---------------------|-------------|
| 1970 | Brian Beatson(107#) | Frank Cox |
| 1969 | David Martin | Granby |
| 1968 | Robert Acey | Lake Taylor |
| 1967 | Bobby Simon | Granby |
| 1966 | Mike Ellis | Granby |
| 1965 | Butch Rawles | Maury |
| 1964 | K. Bonner | Granby |
| 1963 | Fink | Wakefield |

112 lb weight class

| | | |
|------|--------------------|--------------|
| 1970 | David Martin(115#) | Granby |
| 1969 | Thomas Bryan | Granby |
| 1968 | John Coleman | Annandale |
| 1967 | Lonnie Parker | Cradock |
| 1966 | Ted Swinson | Maury |
| 1965 | Craig Burnham | Falls Church |
| 1964 | Wayne Boyd | Norview |
| 1963 | Rickbeil | McLean |

120 lb weight class

| | | |
|------|--------------------|---------------|
| 1970 | Billy Martin(123#) | Granby |
| 1969 | Billy Martin | Granby |
| 1968 | Allan Barnes | John Marshall |
| 1967 | Mike Ellis | Granby |
| 1966 | Rickie Myers | Frank Cox |
| 1965 | Wayne Boyd | Norview |
| 1964 | Keith Lowrence | Granby |
| 1963 | Jarrell | Orange County |

127 lb weight class

| | | |
|------|----------------|---------------|
| 1969 | Steve Mitchell | Granby |
| 1968 | Barry Messmer | Thomas Edison |
| 1967 | Mike Raphael | Princess Anne |
| 1966 | Joe Boone | Granby |
| 1965 | Keith Lowrence | Granby |
| 1964 | Gary Allen | Granby |
| 1963 | Gary Allen | Granby |

133 lb weight class

| | | |
|------|----------------------|--------------|
| 1970 | Steve Mitchell(130#) | Granby |
| 1969 | Mark Frazier | Maury |
| 1968 | James Bradshaw | Wakefield |
| 1967 | Joe Boone | Granby |
| 1966 | Mark Weatherby | Norview |
| 1965 | Joe Boone | Granby |
| 1964 | Allan Guerrina | Mount Vernon |
| 1963 | Allan Guerrina | Mount Vernon |

138 lb weight class

| | | |
|------|-----------------|--------|
| 1970 | Rick Neff(137#) | Granby |
| 1969 | Sheldon Zablow | Granby |
| 1968 | Sheldon Zablow | Granby |

| | | | | | |
|------|-------------------|----------------|------|---------|----------------|
| 1967 | Oliver Carrithers | Homer Ferguson | 1963 | Bennett | Madison County |
| 1966 | James Allen | Pulaski County | | | |
| 1965 | Kevin Gilead | Washington-Lee | | | |
| 1964 | K. Sigmon | Norview | | | |
| 1963 | Dale Carr | Granby | | | |

Individual Champions Unclassified

145 lb weight class

| | | |
|------|----------------|----------------|
| 1970 | Ed Ryan | McLean |
| 1969 | Kenny Radman | Granby |
| 1968 | Ricky Spain | First Colonial |
| 1967 | Jim Stephenson | Woodrow Wilson |
| 1966 | Tom Gallagher | Frank Cox |
| 1965 | Donnie Cox | Granby |
| 1964 | J. Kent | J.E.B. Stuart |
| 1963 | Radman | Granby |

154 lb weight class

| | | |
|------|------------------|-----------------|
| 1970 | Ken Radman(155#) | Granby |
| 1969 | Tom Cox | Granby |
| 1968 | Ricky Radman | Granby |
| 1967 | Bruce Whitaker | Frank Cox |
| 1966 | Bryan Taylor | Mount Vernon |
| 1965 | Mike Davenport | Fort Hunt |
| 1964 | B. Crenshaw | William Fleming |
| 1963 | Mullins | Annandale |

165 lb weight class

| | | |
|------|-------------------|---------------|
| 1970 | John Christensen | McLean |
| 1969 | Bill Hill | Norview |
| 1968 | Jeff von Beulwitz | Annandale |
| 1967 | Danny Boyd | Floyd Kellam |
| 1966 | Ron Hansen | Thomas Edison |
| 1965 | Kerry Keith | J.E.B. Stuart |
| 1964 | John Smith | Granby |
| 1963 | John Smith | Granby |

175 lb weight class

| | | |
|------|---------------|-----------|
| 1970 | Danny Naleppa | McLean |
| 1969 | Steve Willis | Annandale |

180 lb weight class

| | | |
|------|--------------------|-----------------|
| 1970 | John Waller(185#) | First Colonial |
| 1969 | not a weight class | |
| 1968 | Steve Willis | Annandale |
| 1967 | Steve Willis | Annandale |
| 1966 | Steve Gavin, | Washington-Lee |
| 1965 | Howard Smith | George Marshall |
| 1964 | Ike Sherlock | Cradock |
| 1963 | Olexy | J.E.B. Stuart |

Heavyweight class

| | | |
|------|-----------------|-----------------|
| 1970 | Danny Harmon | Churchland |
| 1969 | Mike Mansfield | Norview |
| 1968 | Don Carden | Hampton |
| 1967 | Danny Dunn | Granby |
| 1966 | Ike Sherlock | Cradock |
| 1965 | Lloyd Halvorsen | George Marshall |
| 1964 | W. Binstead | Yorktown |

98 lb weight class

| | | |
|------|---------------|------------------------------|
| 1970 | Steve Delaney | Va School for Deaf and Blind |
| 1969 | John Lowry | Northside |
| 1968 | not available | |
| 1967 | Danny Fisher | Gar-Field |

103 lb weight class

| | | |
|------|------------------|---------------------|
| 1970 | John Lowry(107#) | Northside |
| 1969 | Chris Kaila | Gar-Field |
| 1968 | not available | |
| 1967 | Ray Clark | Spotsylvania County |

112 lb weight class

| | | |
|------|---------------------|------------------------------|
| 1970 | not available(115#) | |
| 1969 | Jones, Orange | County |
| 1968 | John Kaila | Gar-Field |
| 1967 | John Clements | Va School for Deaf and Blind |

120 lb weight class

| | | |
|------|--------------------|---------------|
| 1970 | Chris Kaila (123#) | Gar-Field |
| 1969 | John Kaila | Gar-field |
| 1968 | not available | |
| 1967 | Thomas Breeden | Orange County |

127 lb weight class

| | | |
|------|---------------|----------------|
| 1969 | Tom Bradshaw | Northside |
| 1968 | not available | |
| 1967 | Jerry Johnson | Pulaski County |

133 lb weight class

| | | |
|------|--------------------|---------------|
| 1970 | Tom Bradshaw(130#) | Northside |
| 1969 | Richard Schilling | Northside |
| 1968 | not available | |
| 1967 | Charles Shifflet | Orange County |

138 lb weight class

| | | |
|------|---------------------|----------------|
| 1970 | Roger Cannady(137#) | William Byrd |
| 1969 | Tommy Blevins | Pulaski County |
| 1968 | not available | |
| 1967 | Robert Price | William Byrd |

145 lb weight class

| | | |
|------|----------------|----------------|
| 1970 | Paulis Johnson | Northside |
| 1969 | Johnson | Pulaski County |
| 1968 | not available | |
| 1967 | Alan Thompson | Herndon |

154 lb weight class

| | | |
|------|-------------------|----------------|
| 1970 | James Davis(155#) | George Mason |
| 1969 | Thompson | Pulaski County |
| 1968 | not available | |
| 1967 | William Iddings | Osborn |

| | | | |
|----------------------------|--------------------|----------------|--|
| 165 lb weight class | | | |
| 1970 | Brad Cooper | James Wood | |
| 1969 | Gary Davidson | Northside | |
| 1968 | not available | | |
| 1967 | Billy Hagger | Pulaski County | |
| 175 lb weight class | | | |
| 1970 | Bill Evans | Amherst | |
| 1969 | Soule | James Wood | |
| 1968 | not available | | |
| 1967 | Larry France(180#) | Northside | |
| 185 lb weight class | | | |
| 1970 | Tommy Blevins | Abingdon | |
| Heavyweight class | | | |
| 1970 | Mike Cook | James Wood | |
| 1969 | Mark Jamison | Northside | |
| 1968 | not available | | |
| 1967 | Bruce Schlegal | Gar-Field | |

Outstanding Performances

Four time state champions

| | | | |
|------------------|----------------|---------|----------------------|
| Cody Gardner | Christiansburg | 2004-07 | (all 215) |
| Todd Smoot | Manassas Park | 2003-06 | (112, 125, 135, 135) |
| Matt Epperly | Christiansburg | 2003-06 | (130, 140, 145, 160) |
| Patrick Bond | Great Bridge | 2002-05 | (189, 189, 189, 189) |
| B.J. Compton | Christiansburg | 2001-04 | (103, 112, 119, 135) |
| Albert Childress | Grundy | 2000-03 | (275, 275, 275, 275) |
| Daniel Frishkorn | Great Bridge | 2000-03 | (103, 119, 130, 130) |
| Michael Martin | Great Bridge | 1999-02 | (103, 119, 130, 135) |
| Mike Akers | Poquoson | 1996-99 | (103, 103, 112, 119) |
| Shane Bowman | Grundy | 1990-93 | (103, 112, 135, 140) |
| John Davis | Maury | 1977-80 | (132, 138, 145, 155) |
| Charles Backus | Poquoson | 1971-74 | (126, 126, 138, 145) |
| Scott Conkwright | Frank Cox | 1969-72 | (98, 98, 105, 112) |
| David Martin | Granby | 1968-71 | (98, 103, 115, 126) |
| Wayne Simmons | Granby | 1957-60 | (98, 106, 130, 130) |
| Okla Johnson | Granby | 1956-59 | (98, 106, 115, 123) |

Three time state champions

| | | | |
|-------------------|-----------------|-------------|-----------------|
| Maximo Gonzalez | Manassas Park | 2008-10 | (112, 112, 119) |
| Michael Garofalo | Colonial Forge | 2006, 08-09 | (112, 119, 125) |
| Walker Faison | Frank W. Cox | 2004-06 | (103, 112, 119) |
| Jordan Frishkorn | Great Bridge | 2004-06 | (125, 125, 130) |
| Lam Le | Manassas Park | 2004-06 | (119, 125, 130) |
| Junior Pearman | Great Bridge | 2004-06 | (135, 140, 140) |
| Hunter Davenport | Great Bridge | 2002-04 | (140, 145, 145) |
| Jackie Toney | Christiansburg | 2002-04 | (152, 152, 160) |
| Daniel Frishkorn | Great Bridge | 2001-03 | (119, 130, 130) |
| Christian Smith | Western Branch | 2001-03 | (103, 112, 119) |
| Ajay Foreman | Great Bridge | 2001-03 | (160, 160, 160) |
| Tyde Prater | Grundy | 2000-02 | (119, 130, 140) |
| Brian Kibler | Strasburg | 2000-02 | (103, 112, 119) |
| Christian Staylor | Great Bridge | 2000-02 | (112, 112, 119) |
| Chance Craft | James River | 1998-00 | (119, 119, 125) |
| Steve Keleher | Lake Braddock | 1998-00 | (130, 130, 135) |
| Bobby Ingram, | Frank Cox | 1997-99 | (103, 112, 119) |
| Marvin Urquhart | Western Branch, | 1997-99 | (275, 275, 275) |
| Andrew Schuler | Brookville, | 1997-99 | (135, 145, 145) |
| Beau Baker | Turner Ashby | 1996-98 | (135, 145, 135) |

| | | | |
|-------------------|----------------------|---------------|-----------------|
| B.D. Robertson | Grundy | 1996-98 | (145, 152, 152) |
| Scott Justus | Grundy | 1996-98 | (171, 171, 171) |
| Luke Owens | Grundy | 1996-98 | (275, 275, 275) |
| Sammy Wolford | Strasburg | 1994-95, 1997 | (103, 103, 119) |
| Ward Hugh | Brentsville District | 1994-96 | (171-189-189) |
| Jeremy Ferry | Centreville | 1993-95 | (119-135-145) |
| Chad Juhl | Poquoson | 1992-94 | (103-103-103) |
| Mark Hernandez | Park View-Sterling | 1992-94 | (112-119-125) |
| Jess Moore, | Brentsville District | 1991-92, 1994 | (103-112-140) |
| Eric Kendrick | Grundy | 1990,1992-93 | (112-125-130) |
| Brandon Semones | Glenvar | 1991-93 | (160-171-189) |
| Wes Hugh | Brentsville District | 1989-91 | (160-171-171) |
| Jody Staylor | Great Bridge | 1988-90 | (105-125-130) |
| Greg Stiltner | Grundy | 1988-90 | (167-171-171) |
| Timmy Tibbs | Manassas Park | 1988-90 | (98-103-112) |
| Carrington Coles | Va School for D & B | 1987-89 | (98-105-130) |
| Reid Ratliff | Grundy | 1987-89 | (138-145-152) |
| Stockton Williams | Great Bridge | 1987-89 | (98-112-119) |
| Jody Jackson | Great Bridge | 1986-88 | (105-126-132) |
| Troy Dean | Strasburg | 1984-86 | (98-112-112) |
| Mark Zapf | Osborn | 1984-86 | (98-105-112) |
| Andy Bello | Manassas Park | 1983-85 | (132-132-138) |
| John Epperly | James Robinson | 1982-83,1985 | (105-112-126) |
| Casey Graham | Poquoson | 1983-85 | (105-119-126) |
| Steve Martin, | Kempsville | 1983-85 | (105-112-119) |
| Mike McCormick | Poquoson | 1983-85 | (119-126-132) |
| Jason Riggs | J.J. Kelly | 1983-85 | (105-105-105) |
| Jim Fussell | Kempsville | 1982-84 | (98-98-105) |
| Tony Panza, | Lafayette | 1982-84 | (126-132-132) |
| Bob DeProspero | James Robinson | 1979-81 | (98-105-112) |
| Ray Dillinger | Manassas Park | 1979-81 | (98-119-126) |
| Reggie Burke | Oscar Smith | 1975-77 | (105-112-119) |
| Tim Goodson | Poquoson | 1975-77 | (132-138-145) |
| Chris Conkwright | Frank Cox | 1973-75 | (119-126-132) |
| Abe Martinez | Granby | 1972-74 | (105-105-112) |
| Clark Boyd | Poquoson | 1971-73 | (132-132-145) |
| Mark Boyd | Poquoson | 1971-71,1974 | (98-98-132) |
| Donald Moore | Brookville | 1971-73 | (119-126-132) |
| Brian Beatson | Frank Cox | 1970-72 | (107-119-132) |
| Steve Delaney | Va School for D & B | 1970-72 | (98-105-105) |
| Ricky Radman | Granby | 1968-70 | (145-145-155) |
| Steve Willis | Annandale | 1967-69 | (180-180-175) |
| Joe Boone | Granby | 1965-67 | (133-127-133) |
| Mike Ellis | Granby | 1965-67 | (98-103-120) |
| Wayne Boyd | Norview | 1963-65 | (98-112-120) |
| Billy Fletcher | Warwick | 1960-62 | (not available) |
| C. Abel | Va School for D & B | | (not available) |
| A. Carlson | Granby | 1952-54 | (not available) |
| S. Vandevender | Granby | 1952-54 | (not available) |
| E. Eichelberger | Granby | 1950-52 | (not available) |

Individual Records

Victories, career:

| | | | |
|-----|--------------|----------------|---------|
| 214 | Shane Gentry | Colonial Forge | 2006-09 |
| 181 | Kyle Graham | Colonial Forge | 1999-02 |
| 162 | Carl Perry | Great Bridge | 1993-96 |

Victories, season:

| | | | |
|----|--------------|----------------|---------|
| 56 | Shane Gentry | Colonial Forge | 2006-07 |
| 56 | Shane Gentry | Colonial Forge | 2008-09 |
| 52 | Shane Gentry | Colonial Forge | 2005-06 |
| 50 | Kyle Graham | Colonial Forge | 1999-00 |

| | | | |
|--------------------------------|------------------|----------------|---------|
| 50 | Daniel Frishkorn | Great Bridge | 1999-00 |
| 50 | Shane Gentry | Colonial Forge | 2005-06 |
| Victories, consecutive: | | | |
| 126 | Jeremy Ferry | Centreville | 1992-95 |

Coaching Records

Most Coaching Wins:

| | | | |
|-----|-------------------------|-----------------|--------------------|
| 425 | Drew Bright (active) | Douglas Freeman | 1973-2002, 2003-04 |
| 312 | John Epperly | James Robinson | 1966-91 |

SCHOLASTIC BOWL

Team Champions

(champion, runner-up)

AAA

| | | | | |
|------|-----------------------|-----|-----------------------|-----|
| 2010 | Maggie Walker/Gov | 280 | Thomas Jefferson S&T | 150 |
| 2009 | Thomas Jefferson S&T | 280 | Maggie Walker/Gov | 170 |
| 2008 | Thomas Jefferson S&T | 225 | Maggie Walker/Gov | 215 |
| 2007 | Maggie Walker/Gov | 230 | Thomas Jefferson S&T | 215 |
| 2006 | Thomas Jefferson S&T | 255 | Ocean Lakes | 190 |
| 2005 | Thomas Jefferson S&T | 270 | Maggie Walker/Gov | 155 |
| 2004 | Thomas Jefferson S&T | 280 | Maggie Walker/Gov | 170 |
| 2003 | Maggie Walker/Gov. | 225 | Thomas Jefferson S&T | 125 |
| 2002 | Thomas Jefferson S&T | 275 | Albemarle | 145 |
| 2001 | Thomas Jefferson S&T | 225 | Thomas Jefferson/Gov. | 155 |
| 2000 | Thomas Jefferson/Gov. | 240 | Thomas Jefferson S&T | 170 |
| 1999 | Thomas Jefferson S&T | 210 | Thomas Jefferson-Gov. | 155 |
| 1998 | Thomas Jefferson S&T | 265 | Lake Braddock | 150 |

AA

| | | | | |
|------|------------------------|-----|--------------------|-----|
| 2010 | Blacksburg | 200 | New Kent | 155 |
| 2009 | James Monroe | 235 | Heritage-Lynchburg | 135 |
| 2008 | Charlottesville | 210 | Cave Spring | 175 |
| 2007 | Charlottesville | 210 | Heritage-Lynchburg | 205 |
| 2006 | Charlottesville | 280 | Blacksburg | 90 |
| 2005 | Charlottesville | 195 | Spotswood | 190 |
| 2004 | R. E. Lee - Staunton | 215 | Loudoun Co. | 135 |
| 2003 | Salem-Salem | 190 | Spotswood | 175 |
| 2002 | Robert E. Lee-Staunton | 195 | Blacksburg | 175 |
| 2001 | Poquoson | 200 | Hertiage-Lynch | 160 |
| 2000 | Charlottesville | 240 | Graham | 145 |
| 1999 | Blacksburg | 210 | Poquoson | 110 |
| 1998 | Western Albermarle | 200 | Blacksburg | 150 |

A

| | | | | |
|------|---------------------|-----|--------------------|-----|
| 2010 | George Mason | 235 | Honaker | 135 |
| 2009 | Rappahannock County | 245 | George Mason | 200 |
| 2008 | Radford | 180 | West Point | 175 |
| 2007 | George Mason | 270 | Radford | 115 |
| 2006 | Radford | 220 | George Mason | 200 |
| 2005 | James Monroe | 180 | Eastern Montgomery | 160 |
| 2004 | Eastern Montgomery | 200 | George Mason | 190 |
| 2003 | George Mason | 185 | Middlesex | 115 |
| 2002 | George Mason | 155 | Buffalo Gap | 130 |
| 2001 | Radford | 175 | Randolph-Henry | 150 |
| 2000 | Buffalo Gap | 205 | Middlesex | 110 |
| 1999 | Radford | 300 | West Point | 70 |
| 1998 | Radford | 280 | Middlesex | 170 |

Team Records

Most state championships

| | | |
|---|----------------------|------------------------------------|
| 9 | Thomas Jefferson S&T | 1998-99, 2001-02, 2004-06, 2008-09 |
| 5 | Radford | 1998-99, 2001, 2006, 2008 |
| 5 | Charlottesville | 2000, 2005-08 |

Most consecutive state championships

| | | |
|---|----------------------|---------|
| 4 | Charlottesville | 2005-08 |
| 3 | Thomas Jefferson S&T | 2004-06 |

CREATIVE WRITING

| Folder | | | |
|-------------------------|----------------------|--------------------------|--|
| 2010 | | | |
| AAA Appomattox Regional | AA Prince Edward Co. | A Haysi | |
| 2009 | | | |
| AAA G. Washington | AA Charlottesville | A Radford | |
| 2008 | | | |
| AAA Geoge Washington | AA Brentsville Dist. | A Appomattox Reg. Gov. | |
| 2007 | | | |
| AAA Mountain View | AA Charlottesville | A West Point | |
| 2006 | | | |
| AAA Chantilly | AA Charlottesville | A James River | |
| 2005 | | | |
| AAA Colonial Forge | AA Charlottesville | A James River | |
| 2004 | | | |
| AAA Chantilly | AA Charlottesville | A Haysi | |
| 2003 | | | |
| AAA George Washington | AA Charlottesville | A Essex | |
| 2002 | | | |
| AAA James River-Mid. | AA Charlottesville | A Surry County | |
| 2001 | | | |
| AAA Frank Cox | AA Charlottesville | A West Point | |
| 2000 | | | |
| AAA G. Washington | AA William Byrd | A Floyd County | |
| 1999 | | | |
| AAA Oakton | AA Graham | A Haysi | |
| 1998 | | | |
| AAA Oakton | AA Martinsville | A Wm. Monroe | |
| 1997 | | | |
| AAA Woodbridge | AA William Byrd | A Haysi | |
| 1996 | | | |
| AAA Oakton | AA Graham | A Haysi | |
| 1995 | | | |
| AAA James Madison | AA Charlottesville | A Haysi | |
| 1994 | | | |
| AAA James Madison | AA Handley | A New Kent | |
| 1993 | | | |
| AAA Thm. Jefferson S&T | AA Harrisonburg | A Saint Paul | |
| 1992 | | | |
| AAA James Madison | AA Waynesboro | A George Mason | |
| 1991 | | | |
| AAA Monacan | AA Waynesboro | A King William | |
| 1990 | | | |
| AAA Midlothian | AA Loudoun | A Washington-Lee | |
| 1989 | | | |
| AAA James Madison | AA Harrisonburg | A Haysi | |
| 1988 | | | |
| AAA James Madison | AA Tazewell | A Floyd | |
| 1987 | | | |
| AAA James Madison | AA Harrisonburg | A Prince Edward | |
| 1986 | | | |
| AAA Albemarle | AA Floyd County | A Cent-Woodstock | |
| 1985 | | | |
| AAA Thomas Edison | AA Tazewell | A Hurley | |
| | | | |
| 1984 | | | |
| AAA Princess Anne | AA Tazewell | A Mathews | |
| 1983 | | | |
| AAA Princess Anne | AA Tazewell | A Floyd County | |
| 1982 | | | |
| AAA Menchville | AA Tazewell | A Independence | |
| 1981 | | | |
| AAA Douglas Freeman | AA Abingdon | A Rappahannock | |
| 1973 | | | |
| AAA Handley | AA Floyd County | A J.J. Kelly | |
| | | | |
| 1972 | | | |
| AAA West Springfield | AA Waynesboro | A Rappahannock | |
| 1971 | | | |
| AAA Thomas Jefferson | AA Graham | A Rockbridge | |
| 1970 | | | |
| IA Huguenot | | IB Pulaski County | |
| II Twin Springs | | III Northumberland | |
| 1969 | | | |
| IA West Springfield | | IB Pulaski County | |
| II Turner Ashby | | III Rappahannock | |
| 1968 | | | |
| IA Thomas Edison | | IB Herndon | |
| II Floyd County | | III Tappahannock | |
| 1967 | | | |
| IA Groveton | | IB Albemarle | |
| II Riverheads | | III Tappahannock | |
| 1966 | | | |
| IA Churchland | | IB Cave Spring | |
| II John Battle | | III Rappahannock | |
| 1965 | | | |
| IA Washington-Lee | | IB Handley | |
| II Louisa County | | III Caroline | |
| 1964 | | | |
| IA McLean | | IB Henrico | |
| II Goochland | | III Tappahannock | |
| 1963 | | | |
| IA Patrick Henry | | IB Northside | |
| II Goochland | | III Climax | |
| 1962 | | | |
| IA Patrick Henry | | | |
| II Northside | | III Tappahannock | |
| 1961 | | | |
| IA Lane | | IB George Mason, Herndon | |
| II Windsor | | III Northumberland | |
| 1960 | | | |
| I Washington-Lee | II George Mason | III Churchville | |
| 1959 | | | |
| I Wakefield | II George Mason | III West Point | |
| 1958 | | | |
| I Wakefield | II Rural Retreat | III Lancaster | |
| 1956 | | | |
| I Falls Church | II George Mason | III Holland | |

1955
 I Granby II Herndon III West Point
1954
 I Lane II James Monroe III West Point
1953
 I Washington-Lee II William Fleming III Lincoln
1952
 I Granby II William Fleming III West Point
1951
 I Washington-Lee II Clifton Forge III Windsor
1947
 I Maury II Osbourn III Fluvanna Co.
1946
 I Lane II Handley
 III Fincastle IV Greenwood

Poetry

2010
 AAA Danielle Pedini, James River AA Kristin Brown, Graham
 A Rebecca Dudley, West Point
2009
 AAA Shawn Patterson, G. Washington
 AA Samantha Toet, Charlottesville A Robby Latham, John S. Battle
2008
 AAA Nejla Izadi, Chantilly AA Eleanor Franzen, Charlottesville
 A Anna Funtelar, Appomatox Regional Governor's School
2007
 AAA Amber Davis, Brooke Point AA Samantha Toet, Charlottesville
 A Cole Addington, Central-King & Queen
2006
 AAA Christine Williams, Oakton AANoah See, Harrisonburg
 A Devin DiPalma, James River-Buchanan
2005
 AAA Mary Feamster, Ocean Lakes AA Sage Stout, Charlottesville
 A Rebecca Ott, James Monroe
2004
 AAA Sarah Higginbottom, Colonial Forge,
 AA Betsy Ribble, Charlottesville, A Amy Large, Haysi
2003
 AAA Ashley Sauer, Patrick Henry-Ashland, AASophia Orr, Charlottesville
 AAmanda Tellefsen, Amelia Co.
2002
 AAA Stephanie Reynolds, G. Washington AA Sophia Orr, Charlottesville
 A Kristi Grondin, Essex
2001
 AAA Charly Emerson G. Washington AA Cynthia Fields Abingdon
 A Andrew Thompson Essex
2000
 AAA Amie Hodges, G. Washington AALeslie Davis Tazewell
 A Beth Burgin, Floyd Co.
1999
 AAAEric Messick, G. Washington AAMike Helmuth, Harrisonburg
 A Lauren Nichles Pound
1998
 AAA Maria Ahmad, Oakton AA Katie Cox, Martinsville
 A Amy Berberich, King William
1997
 AAAKimberly Moore, Chantilly AA Holly Henderson, Wm Byrd
 A Andy Cox, Rappahannock
1996
 AAA Barbara Heritage, Woodbridge AA Wendolyn Thurston, Tazewell
 A Brett Compton, Haysi

1995
 AAA Stephanie Schoeborn, Chantilly AA Alex Rose, Harrisonbrg
 A Leslie Wright, King William
1994
 AAAJenny Harrington, Woodbridge AA Matt Coontz, Handley
 A Kelli Justice, New Kent
1993
 AAA David Sherwin, Th Jeff S&T AA Emily Brower, Radford
 A Angel Hayden, Patrick Henry
1992
 AAA Jordan Bach, W Springfld AA Deidre Fleischer, Loudoun
 A Josh Davis, Gge Mason
1991
 AAA Evan Boyd, Monacan AA Kim Beach, Loudoun
 A Bill Craig, Th. Walker
1990
 AAA Jeff Hirsch, Midlothian AA Carter Ruff, Harrisonbrg
 A Carrie Iverson, Prince Ed Co
1989
 AAA Stephanie Hable, Jm Madison AACara EllenModisett, Harrisonbrg
 A Jay Gilliam, Pennington
1988
 AAA Yolanda Boone, Gge Wythe AA Kate Cohen, Harrisonbrg
 A Matt Whitmarsh, Floyd Co.
1987
 AAA Liz Shura, Jm Madison AA Daryl Scott, Handley
 A Susan Cox, Twin Springs
1986
 AAA James McNew, Albemarle AA Melissa Brooks, Floyd Co.
 A Anina Robb, Handley
1985
 AAA Matt Gilley, Th Edison AA Missy Marshall, Handley
 A Dallas Crabtree, Hurley
1984
 AAA Dani Catalano, Albemarle AA Lisa Combs, Grundy
 A Jennie David, Rural Retreat
1983
 AAA J.W. Ramos Jr., Albemarle AA Lisa Sword, Tazewell
 A Tim Sutherland, Haysi
1982
 AAA Andy Tucker, Henrico AA Gina Plowman, Tazewell
 A David Sperlein, Middlesex
1981
 AAA Jeanette Sorrell, James Wood AA Janice Ledbetter, Graham
 A Dawn Benner, Middlesex
1973
 AAA Dwight Cossitt, Midlothian AA Katherine Manning, Floyd Co
 A Holly Carnett, Independence
1972
 AAA W Springfld AA Blacksburg
 A Th Walker
1971
 AAA Th Jefferson AA Floyd Co.
 A Powell Valley
1970
 IA Huguenot
 II Floyd County III West Point
1969
 IA Douglas Freeman IB Handley
 II Holston III Rappahannock
1968
 IA Yorktown IB Herndon
 II Clifton Forge III Rappahannock
1967
 IA Princess Anne IB Pulaski County

II Midlothian
1966
IA James Madison
II John Battle
1965
IA Washington-Lee
II Louisa County
1964
IA Patrick Henry
II Goochland
1963
IA Sue Spriggle, Patrick Henry
II Marcia Raveling, Windsor
Tappahannock
1962
IA Andrew Lewis
II Floyd County
1961
IA J.E.B. Stuart
II Waynesboro
1960
I Washington-Lee
III Churchville
1959
I Falls Church
III West Point

1958
I Maury
1957
I Thomas Jefferson, Falls Church
III Holland

1956
I Falls Church
III Edinburg
1955
I Granby
III West Point
1954
I Fairfax
III West Point
1953

1952
I George Washington
III Bridgewater
1951
II Clifton Forge
1947
I William Detterman, Maury
III Joyce Barney, Brentsville D.
1946
I Mary Sweeney, E.C. Glass
III no contest
1945
I Maury
III Fincastle
1944
A Jefferson Senior-Roanoke
C no contest
1943
A Lane
C no contest
1942

III Caroline
IB Fauquier
III Rappahannock
IB James Monroe
III Rappahannock
IB Midlothian
III Caroline
IB Irene Thompson, Blacksburg
III Wanda Watts,
IB Waynesboro
III Tappahannock
IB George Mason
III Spottswood
II Floyd County
II Clarke County
II Galax
II Churchland
II Tazewell
II Harrisonburg
II James Monroe
II Suffolk
II Robert E. Lee
III Fincastle
II Samuel Wright, R.E. Lee-Stn
Brentsville D.
II Jo Anne Armstrong Handley
IV no contest
II William Fleming
IV Port Republic
B Handley
D no contest
B no contest
D no contest

A Lane
C Fincastle
1941 Combination of short story and verse
A Lane
C Fincastle
1940
no contest
1939
A Reba Smith, Gge Wash.-D
C Alma Newberry, Pittsylvania
1938
A Rachel Williams, Jeff. Sr-Rnke
C John Reid, Middlebrook
1937
A Nancy Phillips, E.C. Glass
C Thelma Bolser, Fishersville
1936
A Mary Crockett, Lane
C Annette Bowles, Louisa Co.
1935
A Kate Willis, Woodrw Wsn
C Helen Overby, Norview
1934
A Sylvester Stump, Jeff. Sr-Rnke
C Marguerite Graham, Kenbridge
1932
A Mary Hope, Maury
C Ina Scrogam, New Hope
1931
A Virginia Dickens, Jeff. Sr-Rnke
C Anna V. Van Hook, Triplett
1930
Charlton Leitch, Maury
1929
Irvin Shapiro, Maury
1928
Dorothy Martin, Maury
1927
Nora Shuler, Barrack
1926
Frances Warner Stoakley, Maury
1925
V.M.J. Dawson, Lane
1924
George Leckie, E.C. Glass

B William Fleming-Roanoke
D Dumbarton Junior-Richmond
B Westhampton-Richmond
D Dumbarton Junior-Richmond
B Virginia Peyton Lewis, Clftn Frg
D Sidney Spain, Midway
B Margaret Heckler, Highland Sp
B Quinton Mitchell, Greensville Co
B Katherine Rusk, Handley
B William Moner, R.E. Lee-Stn
B Eleanor Quarles, Lane
B Robert Strickler, Bridgewater
B Mary L. Boylston, Crewe

Short Story

2010
AAA Antoinette Murray, George Washington
AA Calla Bowles, Prince Edward Co. A Wesley Meredith, Madison Co.
2009
AAA Javon Harper, G. Wythe-Rich. AA Meagan Phillips, Monticello
A Dalton Bennett, Appomattox County
2008
AAA Jordan Pye, Albemarle AA Abra Sitler, Graham
A Emily Rutherford, Appomattox County
2007
AAA Anna Kovatcheva, Albemarle AA Kelsey Rakes, Monticello
A Gini Hiner, Radford
2006
AAA Kelly Meanor, Chantilly AA Neal Smith, Abingdon
A Brittany Novitch, Essex
2005
AAA Katie Wells, James Robinson AA Hannah Sigmon, Abingdon
A Jordon Lawrence, James River-Buchanan

| | | | | | | | |
|-------------|--|--------------------------------|-------------------------------------|-------------|---|---------------------------------------|--|
| 2004 | AAA Katherine Raheem McLean A Nina Yates | AA Nina Pannetieri Haysi | James Wood | 1982 | AAA Grey Sweeney, A Tom Mullins, | Frank Cox Haysi | AA Andrew Jackson, Harrisonbrg |
| 2003 | AAA Ashley Bates A Leticia Watkins | G. Wash. Surry County | AA Rebecca Jean Moses Blacksburg | 1981 | AAA Lisa Courtney, A Allen Webb, | Grt Bridge Rappahannock | AA Carrie Cuskey, Abingdon |
| 2002 | AAA Geoff Glisson, A Porche Johnson | P. Henry-Ash Surry County | AA Emily Gibian, Abingdon | 1973 | AAA Michael Minor, A Vickie Mumpower, | Henrico Powell Valley | AA Sheree Maberry, Floyd Co |
| 2001 | AAA Kyle Stamper, A Michelle Ringley, | Frank Cox New Kent | AA Tehra Coles, William Byrd | 1972 | AAA West Springfield AA Pulaski County | A Rockbridge | |
| 2000 | AAA Cathy Meals, A Derrick Yates, | McLean Haysi | AA Clare Casey, Charlottesville | 1971 | AAA Francis Hammond AA Pulaski County | A Twin Springs | |
| 1999 | AAA Courtney Davis, A Lavada Sweeney, | Oakton Haysi | AA Stephanie Slade, Graham | 1970 | IA T.C. Williams II Holston | IB Blacksburg III West Point | |
| 1998 | AAA Becky Olsen, A James Hammond, | Oakton New Kent | AA Courtney Stone, Martinsville | 1969 | IA Princess Anne II Riverheads | IB J.J. Kelly III Rappahannock | |
| 1997 | AAA Jon O'Neill, A Sean Thomason, | C.D. Hylton J.I. Burton | AA Jeff Spicer, Abingdon | 1968 | IA Thomas Edison II Floyd County | IB James Wood III Caroline | |
| 1996 | AA Michelle Brookshire, A Leann Yates, | Stnwl Jackson Haysi | AA Nabeel Rana Graham | 1967 | IA Langley II Riverheads | IB Albemarle III Cape Charles | |
| 1995 | AAA Flora Waples, A Gwynneth O'Donnell | Trefel Saint Paul | AA Omer Riaz, Graham | 1966 | IA Fairfax II John Battle | IB Loudoun County III Tappahannock | |
| 1994 | AAA Seth Meeks, A Reina Laforce, | E.C. Glass Twin Springs | AA Kris Omphs, Handley | 1965 | IA Washington-Lee II Clifton Forge | IB Floyd County III Caroline | |
| 1993 | AAA Alo Basu, A Matt Sirgany, | Th Jeff S&T Brentsville Dst | AA Lydia Conis, Harrisonbrg | 1964 | IA McLean II Garden | IB Henrico III Northumberland | |
| 1992 | AAA Lorilee Mizerak, A Matthew Simmons | Jm Madison Floyd Co. | AA Marnie Colton, Waynesboro | 1963 | IA Patrizia Jirka, II Bonnie Baker, | McLean Montevideo | IB Anita Pidcock, Waynesboro III Paula Causey, West Point |
| 1991 | AAA Maggie White, A Belle Boggs, | Th Edison King William | AA Lindsay Smith, Jm Monroe | 1962 | IA Patrick Henry II Clifton Forge | IB George Mason III West Point | |
| 1990 | AAA Chris Spinelli, A Chris Wrike, | Midlothian Mathews | AA Troy Willis, Lee | 1961 | IA Warwick III Northumberland | IB George Mason | |
| 1989 | AAA Jessica Mount, A Britta Dedrick, | Jm Madison Prince Ed Co | AA Kevin Elliott, Waynesboro | 1960 | I Washington-Lee II James Monroe | III Northumberland | |
| 1988 | AAA Jamie Pocklington, A Mouncey Ferguson | D Freeman Gge Mason | AA Daniel McPherson | 1959 | I George Washington II Brookeville | III Northumberland | |
| 1987 | AAA Anne Gowen, A Janet Ratliff, | Jm Madison Haysi | AA Kristin Humphries, Handley | 1958 | I Virginia II Clifton Forge | III Spottswood | |
| 1986 | AAA Chris Brasted, A Brian Whitt, | Albemarle Tazewell | AA Ron Nolen, Floyd Co. | 1957 | I Warwick II Douglas Freeman | III Edinburg | |
| 1985 | AAA Karen Scarr, A Rhonda Mullins, | Albemarle Pennington | AA Kimberly Leach, Harrisonbrg | 1956 | I George Washington II George Mason | III Holland | |
| 1984 | AAA Joel Newman, A Dino Cappuzzo, | Henrico Riverheads | AA Lisa Zakarosky, Bruton | 1955 | I Falls Church II Handley | III Caroline | |
| 1983 | AAA Ron Gladstone, A David Smith, | Princess Anne Riverheads | AA Diane Haldane, Harrisonbrg | 1954 | I Lane II James Wood | III West Point | |

1953

I Washington-Lee

II William Fleming III Lincoln

1952

I Granby

II Clifton Forge III Leesburg

1951

I Washington-Lee II Harrisonburg III Leesburg

1947

I Elizabeth Post, Maury

II Edith Davis, Osbourn III Mary Ann Childress

Fluvanna Co

1946

I Barbara Britton, Lane II Betty Cather, Handley

III Mary K. Jones, Fluvanna Co IV Nancy Hartman, Linville-Edom

1945

I Maury II William Fleming

III Fincastle IV Port Republic

1944

A Jefferson Senior-Roanoke B Handley

C no contests D no contests

1943

A Lane B no contests

C no contests D no contests

1942

A Lane B William Fleming

C Fincastle D Dumbarton Junior-Richmond

1941 Combination of short story and verse

A Lane B Westhampton-Richmond

C Fincastle D Dumbarton Junior-Richmond

1940

no contests

1939

A Dorothy Weisiger, Maury B Vance Nye Bourjaily,

Handley

C Earl Branscome, Hillsville D Margaret Garber, Port Rep

1938

A Virginia Gould, Gg Washtn B Vance Nye Bourjaily, Handley

C Elizabeth Wright, Kg William

1937

A Jimmy McPherson, E.C. Glass B Virginia Brothers, Suffolk

C Pattye Rachel Bryant, Spring Garden

1936

A Carlton Laing, John Marshall B Jacqueline St. Clair, Tazewell

C Virginia Beale, Apple Grove

1935

A Pollyanna Hanson, Maury B Eugenia Vance, R.E. Lee-Stn

C Verna Ruth Flory, New Hope

1934

A Bertha Adams, E.C. Glass B Marjorie Herring, Lane

C Inez Parran, Portlock

1932

A Florence Kratzig, Maury B Leon Dunn, Harrisonbrg

C Walter Gordon Browder, Midway

1931

A George Reese, Jeff. Sr-Rnke B Benny Wilcher, Bridgewater

C Edith Gilman, Westhampton

1930

Theodore Strauss, Crewe

1929

Audrey Lee, Alexandria

1928

Catherine Marshall, Halifax

1927

Alice Wheeler, Lane

172 - VHSL Record Book**1926**

Ben Bellitt, E.C. Glass

1925

Charlotte Kohler, John Marshall

1924

Charles Feltner, Berryville

Essay**2010**

AAA Emilie Bair, Woodbridge AA Marcie Hancock, Salem-Salem

A Taylor Hay, Haysi

2009

AAA Staci Bennett, G. Washington

AA Eleanor Franzen, Charlottesville A Amanda Sweeny, Strasburg

2008

AAA Staci Bennett, G. Washington AA Sarah Groves, Brentsville

A Cory Morgan, Appomattox County

2007

AAA Chanelle Felder, Mountain View AA Caitlyn Christensen,

Loudoun Co. A Jessica Manasco, West Point

2006

AAA Casey Thomas, Brooke Point AA Amelia Thomson-DeVeaux,

Charlottesville A Robert Ryland, Essex

2005

AAA Melissa Newcomb, Colonial Forge AA Brian Andrew, Loudoun Co.

A Sara Bledsoe, John I. Burton

2004

AAA Brent Evans, G. Washington AA Abby Diamond, Charlottesville

A Jaime Mears, Middlesex

2003

AAA Vicky Yue, Chantilly AA Felix Kim, Blacksburg

A Palmer Curdts, Middlesex

2002

AAA Kathryn Ticknor, Chantilly AA Jessie Davie-Kesler, Ch'ville

A Jessie Pastore, Madison County

2001

AAA Heather Lehman, Frank Cox AA Sarah Merkel, Charlottesville

A Pauline Cheatham, Surry

2000

AAA Robbie Broughton, G. Washington AA Anand Jain, Graham

A Lindsay Lane, King William

1999

AAA Laura Berry, McLean AA Runal Mehta, Salem-Sal.

A Kai Orenic, Floyd Co.

1998

AAA Nicole Childrey, G. Washington AA Jessi Beckner, Wm. Byrd

A Rusty North, Wm. Monroe

1997

AAA George Kraus, Oakton AA Christine Csizmadia, Sherando

A Leann Yates, Haysi

1996

AAA Schlese Castilla, Chantilly AA Jam TePoel, Tazewell

A James Meadows, Garden

1995

AAA Rebekah Carmichael, Jm Madison AA Jennifer Fitzgerald, Graham

A Sarah Whitlow, Lancaster

1994

AAA Kathryn Getek, Lk Braddock AA Jennifer Johnson, Handley

A Evan Whitfield, Essex

1993

AAA Ellen DiCola, Jm Madison AA Kari Lou Frank, Abingdon

A Belle Boggs, West Point

1992

AAA Bliss Temple, Th Jeff S&T AA Scott Pease, Loudoun

A Wayne Ferrebee, George Mason

1991
AAA Cindy Owens, Haysi AA Rick Ashby, Charlottesville
A John Nagy, Lake Braddock

1990
AAA Cathleen Corrie, Midlothian AA Tim Schiavelli, Bruton
A Jennifer Tate, Washington-Lee

1989
AAA Sianne Ngai, Th Jefferson AA Liz Hall, Harrisonbrg
A Jerome Griffin, Dryden

1988
AAA Klaus Etzold, Jm Madison AA Rae Greiner, Tazewell
A Eric Brown, Rappahannock

1987
AAA Michelle Tygielski, Jm Madison AA Kathleen Lucey, Jm Monroe
A Erin Miller, Cen-Woodstock

1986
AAA Carrie Weber, Albemarle AA Cindy Cox, Floyd Co
A Elaine Glotzhober, Bruton

1985
AAA Eric Olsson, Princess Anne AA Tazewell
A Renee Sumrall, Hurley

1984
AAA Aaron Wynn, Princess Anne AA Beth Lineberry, Tazewell
A Brenda Porter, Fort Chiswell

1983
AAA Elizabeth Willis, Menchville AA Tom Blair, Harrisonbrg
A Amos Sydnor, Rappahannock

1982
AAA Scott Holland, Menchville AA Greg Deskins, Tazewell
A Emily Bond, Independence

1981
AAA Deborah Noble, Albemarle AA Michael Roberts, Abingdon
A Ashlyn Newell, Floyd Co

1973
AAA Stephen McBride, Midlothian AA Wayne Lankford, Windsor
A Steve Halenda, J.J. Kelly

1972
AAA J.E.B. Stuart AA Floyd Co
A Rappahannock

1971
AAA Thomas Edison AA Broadway
A Twin Springs

1970
IA Huguenot IB Fieldale-Collinsville
II Holston III Northumberland

1969
IA West Springfield IB Pulaski County
II Turner Ashby III Mathews

1968
IA Floyd Kellam IB Herndon
II Garden III Tappahannock

1967
IA Patrick Henry-Roanoke IB Harrisonburg
II Blackstone III Caroline

1966
IA Fairfax IB Drewry Mason
II Louisa County III Cape Charles

1965
IA Maury IB Herndon
II Louisa County III Stony Creek

1964
IA Tazewell IB Midlothian
II Goochland III Tappahannock

1963

IA Pauline Brown, Richlands IB James Ford, Gar-Field
II Wande Hylton, Goochland III Barbara Burruss,
Tappahannock

1962
IA Cradock IB Handley
II Northside III Climax

1961
IA J.E.B. Stuart IB J.J. Kelly
III Caroline

1960
I Annandale
II Greensville County III Climax

1959
I Lane
II Brentsville District III Spottswood

1958
I Wakefield
II William Byrd III West Point

1957
I Lane
II Churchland III Lancaster, Holland

1956
I Lane
II Douglas Freeman III Caroline

1955
I Granby
II Handley III West Point

1954
I Hermitage
II William Byrd III Fluvanna County

1953
I Washington-Lee
II Handley III Lincoln

1952
I E.C. Glass
II Buckingham Central III West Point

1951
II Suffolk III Windsor

1947
I Louis Wright, Jeff Sr-Rnke
II Allen Thurman, William Brd III Janet Trucksess, Herndon

1946
I Martha Daura, E.C. Glass II Elizabeth Givens, Wise
III Maggie Rhodes, Fincastle IV Caroline Page, Greenwood

DEBATE

Team Champions

| | | | | |
|------------|--------------------|----|----------------------|----|
| AAA | | | | |
| 2010 | Tho. Jefferson S&T | 19 | Princess Anne | 14 |
| 2009 | West Springfield | 12 | Thomas Jefferson S&T | 10 |
| 2008 | *Yorktown | 14 | Princess Anne | 14 |
| 2007 | Yorktown | 14 | First Colonial | 9 |
| 2006 | Yorktown | 19 | Westfield | 10 |
| 2005 | Thomas Edison | 10 | Yorktown | 9 |
| 2004 | Princess Anne | 11 | Chantilly | 10 |

| | | | | |
|-----------|--------------|----|--------------------------|----|
| AA | | | | |
| 2010 | *Blacksburg | 16 | Broad Run | 16 |
| 2009 | Broad Run | 17 | Blacksburg | 15 |
| 2008 | Broad Run | 23 | Potomac Falls | 14 |
| 2007 | Blacksburg | 24 | Potomac Falls | 15 |
| 2006 | Broad Run | 17 | Blacksburg/Potomac Falls | 13 |
| 2005 | Stone Bridge | 19 | Broad Run | 17 |
| 2004 | Broad Run | 18 | Courtland | 15 |

| | | | | |
|----------|-------------------|----|----------------|----|
| A | | | | |
| 2010 | Madison County | 13 | Riverheads | 13 |
| 2009 | Wilson Memorial | 14 | Madison County | 13 |
| 2008 | Wilson Memorial | 17 | Madison County | 10 |
| 2007 | Madison County | 16 | Auburn | 12 |
| 2006 | Madison County | 16 | Auburn | 12 |
| 2005 | Auburn | 14 | John Battle | 10 |
| 2004 | Central-Woodstock | 10 | Madison County | 8 |

* Yorktown awarded title in a tie-breaker that considered better ranks.
 * Blacksburg awarded title in a tie-breaker that considered most first-place finishes.

Individual Champions

2010

| | | | |
|-------------------|----------------------------------|--|------------------|
| AAA | | | |
| Classic: | Alex Lichtenstein/Rebecca Wilson | | Princess Anne |
| Contemporary: | Hannah Clark/Andre Kessler | | T. Jefferson S&T |
| Lincoln-Douglas: | Ashneil Jain | | T. Jefferson S&T |
| Student Congress: | Shane Grannum | | Westfield |

| | | | |
|-------------------|---------------------------|--|-----------------|
| AA | | | |
| Classic: | Joshua Fass/Rabodice Fass | | Broad Run |
| Contemporary: | Allie Cohill/Esha Kapania | | Blacksburg |
| Lincoln-Douglas: | Elizabeth Hylton | | Charlottesville |
| Student Congress: | Nikki Luke | | Blacksburg |

| | | | |
|-------------------|---------------|--|-------------------|
| A | | | |
| Classic: | N/A | | |
| Contemporary: | N/A | | |
| Lincoln-Douglas: | Anthony Vitti | | Madison County |
| Student Congress: | Hannah Huddle | | Central-Woodstock |

Speaker Results

| | | | |
|---------------|-------------------|--|---------------|
| AAA | | | |
| Classic: | Alex Lichtenstein | | Princess Anne |
| Contemporary: | Young Kwon | | W.T. Woodson |

| | | | |
|---------------|--------------|--|------------|
| AAA | | | |
| Classic: | Joshua Fass | | Broad Run |
| Contemporary: | Esha Kapania | | Blacksburg |

Outstanding Senator

| | | | |
|-------------------|--|--|----------------|
| AAA | | | |
| John Woolard | | | First Colonial |
| Tom Scott-Sharoni | | | Princess Anne |

| | | | |
|---------------|--|--|------------|
| AA | | | |
| Nikki Luke | | | Blacksburg |
| Brent Arehart | | | Spotswood |

| | | | |
|---------------|--|--|----------------|
| A | | | |
| David Jarrell | | | Madison County |

2009

| | | | |
|-------------------|---------------------------------|--|------------------|
| AAA | | | |
| Classic: | Kaitlyn Alley/Alex Lichtenstein | | Princess Anne |
| Contemporary: | Adora Parker/Samuel Ross | | Kempsville |
| Lincoln-Douglas: | Mark Harris | | First Colonial |
| Student Congress: | Jay Friedel | | West Springfield |

| | | | |
|-------------------|------------------------------|--|-----------------|
| AA | | | |
| Classic: | Alexandra Cohill/Anna Benson | | Blacksburg |
| Contemporary: | Bobby Bobbitt/Mary Bobbitt | | Broad Run |
| Lincoln-Douglas: | Elizabeth Hylton | | Charlottesville |
| Student Congress: | Michael Scott | | Dominion |

| | | | |
|-------------------|------------------------|--|-----------------|
| A | | | |
| Classic: | N/A | | |
| Contemporary: | N/A | | |
| Lincoln-Douglas: | Mary Margaret Petersen | | Madison County |
| Student Congress: | Jennifer Coleman | | Wilson Memorial |

Speaker Results

| | | | |
|---------------|---------------|--|---------------|
| AAA | | | |
| Classic: | Julie Coursen | | Princess Anne |
| Contemporary: | Oliver Brass | | Frank W. Cox |

| | | | |
|---------------|------------------|--|------------|
| AAA | | | |
| Classic: | Alexandra Cohill | | Blacksburg |
| Contemporary: | Mary Bobbitt | | Broad Run |

Outstanding Senator

| | | | |
|---------------------|--|--|---------------|
| AAA | | | |
| Richard Ingebresten | | | Massaponax |
| Rachel Brooks | | | Princess Anne |

| | | | |
|---------------------------|--|--|------------|
| AA | | | |
| Carl David Goette-Luciack | | | Blacksburg |
| Jason Campbell | | | Spotswood |

| | | | |
|-----------------|--|--|------------------------------|
| A | | | |
| Savannah Coffey | | | Stonewall Jackson-Quicksburg |

2008

| | | | |
|-------------------|--------------------------------|--|----------------|
| AAA | | | |
| Classic: | Andrew Leonard/Sheng Zhao | | Yorktown |
| Contemporary: | Andrew Seidman/Samuel Strongin | | Yorktown |
| Lincoln-Douglas: | Mark Harris | | First Colonial |
| Student Congress: | Andrew Freidah | | Westfield |

| | | | |
|-------------------|----------------------------|--|---------------|
| AA | | | |
| Classic: | Kelly Friedmann/Rei Prasad | | Broadway |
| Contemporary: | Jillian Bizal/Sammy Dorman | | Potomac Falls |
| Lincoln-Douglas: | Kelsey Butler | | Southampton |
| Student Congress: | Dakota Oher | | Sherando |

| | | | |
|-------------------|----------------------------|--|-----------------|
| A | | | |
| Classic: | Andrew Woods/Joshua Hutton | | John S. Battle |
| Contemporary: | N/A | | |
| Lincoln-Douglas: | Stephanie Painter | | Wilson Memorial |
| Student Congress: | Claire Jackson | | Madison County |

Speaker Results**AAA**

Classic: Andrew Leonard Yorktown
 Contemporary: Andrew Seidman Yorktown

AA/A

Classic: Kelly Friedmann Broadway
 Contemporary: Katherine Hayden Broad Run

Outstanding Senator**AAA**

Derek Oesterheld Massaponax
 Jake Derr North Stafford

AA

Dakota Oher Sherando
 Casey Morris Spotswood

A

Kelly Walker Auburn

2007**AAA**

Classic: Samuel Strongin/Karen Duval Yorktown
 Contemporary: Daniel Straus/Andrew Seidman Yorktown
 Lincoln-Douglas: Mark Harris First Colonial
 Student Congress: Andrew Freidah Westfield

AA

Classic: Owen Gallagher/Andrew S. Beattie Blacksburg
 Contemporary: Nitin Kapania/Christian Viehland Blacksburg
 Lincoln-Douglas: Ruffin Evans Charlottesville
 Student Congress: Jeanne Jeong Broad Run

A

Classic: N/A
 Contemporary: N/A
 Lincoln-Douglas: Amara Tiebout Auburn
 Student Congress: Adam Moyer Madison County

Speaker Results**AAA**

Classic: Samuel Strongin Yorktown
 Contemporary: Andrew Seidman Yorktown

AA/A

Classic: Tina Wang York
 Contemporary: Amy Gorrell Potomac Falls

Outstanding Senator**AAA**

Chris Richardson Maggie Walker
 Madina Ahmadzai Thomas Edison

AA

Shiv Puri Blacksburg

A

Jim Thompson Madison County

2006**AAA**

Classic: Emily Burke/Daniel Straus Yorktown
 Contemporary: Lauren Holohan/Chris Sardo Stone Bridge
 Lincoln-Douglas: Alison Deich Yorktown
 Student Congress: Lauren Burt Westfield

AA

Classic: Sameer Bajikar/Albert Shin Broad Run
 Contemporary: Nitin Kapania Blacksburg
 Lincoln-Douglas: Alex Leach Potomac Falls
 Student Congress: Colston Reid Dominion

A

Classic: Jeni Hunnicutt/Laura Blankenship John S. Battle
 Contemporary: Rachel Miller/William Pannell John S. Battle
 Lincoln-Douglas: Amara Tiebout Auburn
 Student Congress: Ellis Malmgren Madison County

Speaker Results**AAA**

Classic: Daniel Straus Yorktown
 Contemporary: Lauren Holohan Stone Bridge

AA/A

Classic: Tina Wang York
 Contemporary: Nitin Kapania Blacksburg

Outstanding Senator**AAA**

Lauren Burt Westfield
 Ebony Callistro First Colonial

AA

Colston Reid Dominion

A

Jim Thompson Madison County

2005**AAA**

Classic: Victoria Chung/Michelle Yuan Chantilly
 Contemporary: Claire Reifsnnyder/Audrey Soffer Yorktown
 Lincoln-Douglas: Caitlin Halpern W.T. Woodson
 Student Congress: Bronwyn Flores Thomas Edison

AA

Classic: Sarah Jones/Liz Lauzon Courtland
 Contemporary: Paul Gottschling/Matthew Struth Stone Bridge
 Lincoln-Douglas: Anna Hammock Waynesboro
 Student Congress: Josh Berman Broad Run

A

Classic: Laura Blankenship/Jeni Hunnicutt John S. Battle
 Contemporary: Thomas McAvin/Rachel Miller John S. Battle
 Lincoln-Douglas: Amara Tiebout Auburn
 Student Congress: Naomi Huntington Auburn

Speaker Results**AAA**

Classic: Victoria Chung Chantilly
 Contemporary: Claire Reifsnnyder Yorktown

AA/A

Classic: Leah Taylor Broad Run
 Contemporary: Chris Sardo Stone Bridge

Outstanding Senator**AAA**

Bronwyn Flores Thomas Edison
 Stephen Pierce Chantilly

AA

Colston Reid Dominion

A

Liam De Los Reyes Wilson Memorial

2004**AAA**

Classic: Brian Kemmerer/Jeff Ullom Tallwood

Contemporary: Jesse Warlick/Janet Kim Thomas Jefferson S&T
 Lincoln-Douglas: Caitlin Halpern W.T. Woodson
 Student Congress: Scott Seymour Westfield
AA
 Classic: Steve Gottschling/Ruiqe Zhang Stone Bridge
 Contemporary: Devin Kidner/Reed Pannell Broad Run
 Lincoln-Douglas: Nikk Novak Courtland
 Student Congress: Tim Berman Broad Run
A
 Lincoln-Douglas: Brad Hinshelwood Eastern Montgomery
 Student Congress: Greg Wells Madison County

Speaker Results

AAA
 Classic: Spencer Mobley Clover Hill
 Contemporary: Amar Shah Maggie Walker
AA/A
 Classic: Pete Hershey Broad Run
 Contemporary: Devin Kidner Broad Run

Outstanding Senator

AAA
 Scott Seymour Westfield
 Steve Grim First Colonial
AA
 Jake Myers Potomac Falls
A
 Greg Wells Madison County

2003

AAA
 Affirmative: Brian Kimmerer/Nathanael Milton Tallwood
 Negative: Jeremy Lawson/Elisabeth Midgette Heritage-NN
 Switch-Side: Caitlin Shaw/Christine Wright Princess Anne
 Lincoln-Douglas: James Tyger Midlothian
AA/A
 Affirmative: Brian Frick/Feld Giesy Potomac Falls
 Negative: Erica Laster/Jake Myers Potomac Falls
 Switch-Side: Umair Javed/Thomas Young Potomac Falls
 Lincoln-Douglas: Laura Behrer Broad Run
A
 Lincoln-Douglas: Brad Hinshelwood Eastern Montgomery

Speaker Results

AAA
 Affirmative: Saul Mutchnick Maggie L. Walker
 Negative: Chris Zysk Tallwood
 Switch-Side: Caitlin Shaw Princess Anne
AA/A
 Affirmative: Feld Giesy Potomac Falls
 Negative: Devin Kidner Broad Run
 Switch-Side: Josh Boyd Stone Bridge

2002

AAA
 Affirmative: Samantha Bateman/Kelly Logue Princess Anne
 Negative: Samantha Besort/Sonia Patel Princess Anne
 Switch-Side: Nicole Cameron/Jonathan Day Ocean Lakes
 Lincoln-Douglas: Bret Lee Lake Braddock
AA/A
 Affirmative: Jenifer Adair/Nicloe Lindsey Broad Run
 Negative: Alexandra Cordero/Michelle Moyer Broad Run
 Switch-Side: Umair Javed/Thomas Young Potomac Falls
 Lincoln-Douglas: Andrew Humphries Waynesboro

A
 Affirmative: Morgan Meyer/Kara Wevers Central-Woodstock
 Switch-Side: Chad Logan/Craig Orndorff Central-Woodstock
 Lincoln-Douglas: Carrie Floyd Auburn

Speaker Results

AAA
 Affirmative: Dylan Goldbatt Tallwood
 Negative: Samantha Besora Princess Anne
 Switch-Side: Nicole Cameron Ocean Lakes
AA/A
 Affirmative: Jenni Adair
 Broad Run Negative:
 Rebecca Smith Massaponax Switch-Side:
 Steven Tsai Blacksburg

2001

AAA
 Affirmative: Ryan Arab/Dylan Goldblatt, Tallwood
 Negative: Ben Fink/Greg Ullom, Tallwood
 Switch-Side: Nick Gamse/Alex Meditz, Yorktown
 Lincoln-Douglas: Dan Bachner Lake Braddock
AA
 Affirmative: Trent Myers/Adam Sharp Harrisonburg
 Negative: Jeanell Bumpus/Jeanette Bumpus Massaponax
 Switch-Side: George Glass/Christiana Gurgick Broad Run
 Lincoln-Douglas: Elisabeth Ivey Broad Run
A
 Affirmative: Leigha McReynolds/T.J. Orth Prince Edward Co.
 Negative: Emily Thompson/Billy Waddell Prince Edward Co.
 Switch-Side: Chad KiewiedeJong/Drew Perkins Prince Edward Co.
 Lincoln-Douglas: Carrie Floyd Auburn

Speaker Results

AAA
 Affirmative: Dylan Goldblatt Tallwood
 Negative: Amar Shah Th. Jeff./Gov.
 Switch-Side: Clint Woods Lake Braddock
AA
 Affirmative: Jud Campbell Blacksburg
 Negative: Jessica Fagon Blacksburg
 Switch-Side: Christiana Gurgick Broad Run
A
 Affirmative: Katie Green Floyd County
 Negative: Chad Castello Wilson Memorial
 Switch-Side: Drew Perkins Prince Edward Co.

2000

AAA
 Affirmative: Dylan Goldblatt/Leonard Tengco Tallwood
 Negative: Nick Sciuлло/Ben Fink Tallwood
 Switch-Side: Klaus Schultz/Christopher Sun Frank Cox
 Lincoln-Douglas: Dan Bachner Lake Braddock
AA
 Affirmative: Amanda Toepfer/Arista Salimi Potomac Falls
 Negative: Chris Edens/Eric Mann Broad Run
 Switch-Side: Bobby Mitchell/Ray Lillie Courtland
 Lincoln-Douglas: Jason Smith Broad Run
A
 Affirmative: Jenny Tressler/Sheena Burgess Essex
 Negative: Jaeton Glover/Peter Prout Essex
 Switch-Side: Stephanie Harbour/Brian Murphy Prince Edward Co.
 Lincoln-Douglas: William Deane Madison County

Speaker Results

AAA
 Affirmative: John Sells Th. Jefferson-Rich.

Negative: Ying Ying Kao Th. Jefferson-Rich.
 Switch-Side: Klaus Schultz Frank Cox
AA
 Affirmative: Arista Salimi Potomac Falls
 Negative: Eric Mann Broad Run
 Switch-Side: Ray Lillie Courtland
A
 Affirmative: Sheena Burgess Essex
 Negative: Chad Kiewiet deJonge Prince Edward Co.
 Switch-Side: Brian Murphy Prince Edward Co.

1999

AAA
 Affirmative: Klaus Schultz/Christina Krechel Frank Cox
 Negative: Katie McGovern/Nicholas Seim Frank Cox
 Switch-Side: John Ross/Elizabeth Thatcher Frank Cox
 Lincoln-Douglas: Bobby Holt Patrick Henry-Rnke
AA
 Affirmative: Brian Murphy/Jonathan O'Connor Prince Edward Co.
 Negative: Alexandra Corey/Kate Hanson Waynesboro
 Switch-Side: Kristine Grayson/Scott Shifflett Harrisonburg
 Lincoln-Douglas: Catherine Bernard Blacksburg
A
 Affirmative: Lisa Miller/Jim Wagoner Wilson Memorial
 Negative: Alex Forrest/Jason Koprowski William Monroe
 Switch-Side: Lauren Fuller/Sara Eshelman William Monroe
 Lincoln-Douglas: Justin Sarver Madison County

Speaker Results

AAA
 Affirmative: Klaus Schultz Frank Cox
 Negative: Jimmy Apple Mills Godwin
 Switch-Side: John Ross Frank Cox
AA
 Affirmative: Brian Murphy Prince Edward Co
 Negative: Will Edelman Harrisonburg
 Switch-Side: Ben Bateman Waynesboro
A
 Affirmative: Jim Wagoner Wilson Memorial
 Negative: Alex Forrest William Monroe
 Switch-Side: Lauren Fuller William Monroe

1998

AAA
 Affirmative: Michelle Lancaster/Carla Graube Courtland
 Negative: Elizabeth Goodwin/Paul Xenakis Kempsville
 Switch-Side: John Ross/Nicholas Seim Frank Cox
 Lincoln-Douglas: Brian Noonan Th Jefferson S&T
AA
 Affirmative: Alexandra Corey/ Kate Hansen Waynesboro
 Negative: Kate Jantzi/ Kristen Grayson Harrisonburg
 Switch-Side: Ben Bateman/ Frances Tufts Waynesboro
 Lincoln-Douglas: Yong Michael Kim James Wood
A
 Affirmative: Drew Hammond/ Brian Conley Essex
 Negative: Scott Shipp/Elizabeth Gilbert William Monroe
 Switch-Side: Laurie Fuller/ Alex Forrest William Monroe
 Lincoln-Douglas: Nicholas Graber-Grace Madison County

Speaker Results

AAA
 Affirmative: Andrew Sinclair Kempsville
 Negative: Paul Xenakis Kempsville
 Switch-Side: Bingham Powell Patrick Henry-Rke.
AA
 Affirmative: Alexandra Corey Waynesboro

Negative: Barry Huasrath Waynesboro
 Switch-Side: Ben Bateman Waynesboro
A
 Affirmative: Ben Loveday Auburn
 Negative: Matt Pratt Wilson Memorial
 Switch-Side: Laurie Fuller William Monroe

1997

AAA
 Affirmative: Laura Kelley/William Haupfear Princess Anne
 Negative: Elizabeth Nagelin/Katherine Chen Lake Braddock
 Switch-side: John Rowan/Dan Schwartz Lake Braddock
 Lincoln-Douglas: Eric Rigsbee Thomas Edison
AA
 Affirmative: Kiernan Corey/Frances Tufts Waynesboro
 Negative: Ben Bateman/Ben Rottenborn Waynesboro
 Switch-side: Katie Jantzi/David Koontz Harrisonburg
 Lincoln-Douglas: Amanda Cannon Harrisonburg
A
 Affirmative: Katherine Harlow/Deeanna McCutcheon William Monroe
 Negative: Armistead Garrett/Megan Phifer Essex
 Switch-side: Josh Bosniak/Andrew Kolb Floyd County
 Lincoln-Douglas: Nicholas Graber-Grace Madison County

Speaker Results

AAA
 Affirmative: William Haupfear Princess Anne
 Negative: Sareit Hess Kempsville
 Switch-side: John Ross Frank Cox
AA
 Affirmative: Kiernan Corey Waynesboro
 Negative: Ben Bateman Waynesboro
 Switch-side: Katie Jantzi Harrisonburg
A
 Affirmative: Katherine Harlow William Monroe
 Negative: Megan Phifer Essex
 Switch-side: Andrew Kolb Floyd County

1996

AAA
 Affirmative: Patrick Garrett/Beney Lee Thomas Edison
 Negative: Brian Drake/Joshua Peine Thomas Edison
 Switch-side: Emma Filstrup/Ryan Sparacino Thomas Edison
 Lincoln-Douglas: Jennifer Dziura Frank Cox
AA
 Affirmative: Nichole Bigley/Chris Day Broad Run
 Negative: Allen Brooks/Sarah Sinclair Broad Run
 Switch-side: Brian Espey/Matt Sarelson Broad Run
 Lincoln-Douglas: Mike Shumsky Blacksburg
A
 Affirmative: Cary Connell/Amy Lankford Essex
 Negative: Matthew Harbour/Neal Weese Prince Edward Co
 Switch-side: Ted Garrett/Megan Phifer Essex
 Lincoln-Douglas: Vince Lowery Essex

Speaker Results

AAA
 Affirmative: Patrick Garrett Thomas Edison
 Negative: Joshua Peine Thomas Edison
 Switch-side: Jonathan Graham Monacan
AA
 Affirmative: Nichole Bigley Broad Run
 Negative: Sarah Sinclair Broad Run
 Switch-side: Brian Espey Broad Run

A
 Affirmative: Michael Strutton William Monroe
 Negative: Dennis Lucey William Monroe
 Switch-side: Megan Phifer Essex

1995

AAA
 Affirmative: Nicole Moffett/Rupa Chakvabortty Kempsville
 Negative: Brian Drake/Patrick Garrett Thomas Edison
 Switch-side: Natalie Horowitz/Ryan Sparacino Thomas Edison
 Lincoln-Douglas: Jennifer Dziura Frank Cox

AA
 Affirmative: Amy Crosby/Sarah Creef, Waynesboro
 Negative: Nicole Bigley/Matt Sarelson Broad Run
 Switch-side: Brian Espey/Austin Rosenfeld Broad Run
 Lincoln-Douglas: Katherine Burkhart James Wood

A
 Affirmative: Megan Phifer/J.D. Taliaferro Essex
 Negative: Amanda Kirk/Bettina Phifer Essex
 Switch-side: Monie Foster/Lolita Foster Prince Edward
 Lincoln-Douglas: Kelly Jenkins Madison County

Speaker Results

AAA
 Affirmative: Nicole Moffett Kempsville
 Negative: Rachel Lindsey Kempsville
 Switch-side: Natalie Horowitz Thomas Edison

AA
 Affirmative: Amy Crosby Waynesboro
 Negative: Matt Sarelson Broad Run
 Switch-side: Lara Brown Abingdon

A
 Affirmative: Megan Phifer Essex
 Negative: Bettina Phifer Essex
 Switch-side: Trey Dockery Essex

1994

AAA
 Affirmative: Cathleen Totin/William Martin-Gill Kempsville
 Negative: Neil Vachhami/Richard Reed Kempsville
 Switch-side: Jordan Cross/Kari Wilson First Colonial
 Lincoln-Douglas: John Earner Lake Braddock

A
 Affirmative: Matt Sarelson/Austin Rosenfeld Broad Run
 Negative: Nicole Bigley/Brian Epsey Broad Run
 Switch-side: Micah Schwartzman/Arun Rao Poquoson
 Lincoln-Douglas: James Patten York

A
 Affirmative: Bettina Phifer/Amanda Kirk Essex
 Negative: Shannon Davis/Jack Schools Essex
 Switch-side: Hollie Atkins/Amy Woodland Essex
 Lincoln-Douglas: Megan Phifer Essex

Speaker Results

AAA
 Affirmative: Cathleen Totin Kempsville
 Negative: Richard Reed Kempsville
 Switch-side: Jordan Cross First Colonial

AA
 Affirmative: Casey Mosley Bassett
 Negative: Nicole Bigley Broad Run
 Switch-side: Micah Schwartzman Poquoson

A
 Affirmative: Jason Harbour Prince Edward
 Negative: Jackee Schools Essex
 Switch-side: Hollie Atkins Essex

1993

AAA
 Affirmative: Jennifer Reznick/Karie Clearwater Woodbridge
 Negative: Daniel Finkelstein/Jason Cooper Salem-Va Beach
 Switch-side: Steven Kung/Brian Crabtree Kempsville
 Lincoln-Douglas: Elizabeth Cahoon Great Bridge

AA
 Affirmative: Eric Cole/Andy Harbick Broad Run
 Negative: Jenny Jacovitch/Tej Shah Brookville
 Switch-side: Jenni French/Micah Schwartzman Poquoson
 Lincoln-Douglas: Jenny Schuetz Blacksburg

A
 Affirmative: Wendy Kurczak/Steven Kurczak Essex
 Negative: John Fuller/Bryan Hubbard Lebanon
 Switch-side: Mike Carter/John Mark Taylor Essex
 Lincoln-Douglas: Humes Franklin Wilson Memorial

Speaker Results

AAA
 Affirmative: Diana Swartz Lake Braddock
 Negative: Jason Cooper Salem-Va Beach
 Switch-side: Brian Crabtree Kempsville

AA
 Affirmative: Andy Harbick Broad Run
 Negative: Navreet Sandhu Broad Run
 Switch-side: Micah Schwartzman Poquoson

A
 Affirmative: Amy Gilmer Lebanon
 Negative: Bryan Hubbard Lebanon
 Switch-Side: John Mark Taylor Essex

1992

AAA
 Affirmative: Brett Saffell/Kelly Congdon West Potomac
 Negative: Diana Swartz/Sarah Sawtelle Lake Braddock
 Switch-side: Steven Hall/Frankie Rho Monacan
 Lincoln-Douglas: Elizabeth Cahoon Great Bridge

AA
 Affirmative: Eric Cole/Andy Harbick Broad Run
 Negative: Pinky Sandhu/Stacey Dawson Broad Run
 Switch-side: Rob Carter/Josh Rogers Broad Run
 Lincoln-Douglas: Clint Fisher Waynesboro

A
 Affirmative: Christi Shields/Brandi Painter Wilson Memorial
 Negative: Jane Shaw/James O'Connor Prince Edward
 Switch-side: Amy Lemons/John Mark Taylor Essex
 Lincoln-Douglas: Michael Morse Prince Edward

Speaker Results

AAA
 Affirmative: Kelly Congdon West Potomac
 Negative: Brian Dewey Th Jefferson S&T
 Switch-side: Danielle Giroux Salem-Va Beach

AA
 Affirmative: Andy Harbick Broad Run
 Negative: Stacey Dawson Broad Run
 Switch-side: Liz Long Waynesboro

A
 Affirmative: Cristi Shields Wilson Memorial
 Negative: Jane Shaw Prince Edward
 Switch-side: Amy Lemons Essex

1991

AAA
 Affirmative: David Heidt/Suzanne Waterstress Bayside

Negative: Stephen Heidt/Daniel Taylor Bayside
 Switch-side: Corey Rayburn/Stephen Andrews Th Jefferson S&T
 Lincoln-Douglas: Josh Knutsen Bayside
AA
 Affirmative: Allison Eney/Betsy Parker Harrisonburg
 Negative: Todd Peters/Todd Raines Harrisonburg
 Switch-side: David Gray/Heather Mullins Blacksburg
 Lincoln-Douglas: Daniel Kranowski Blacksburg
A
 Affirmative: James O'Connor/Jane Shaw Prince Edward
 Negative: James Anderson/Mark Arehart Prince Edward
 Switch-side: Sam Pope/Donald Martin George Wythe-Wth
 Lincoln-Douglas: Michael Morse Prince Edward

Speaker Results

AAA
 Affirmative: David Heidt Bayside
 Negative: Daniel Taylor Bayside
 Switch-side: Stephen Andrews Th Jefferson S & T
AA
 Affirmative: Allison Eney Harrisonburg
 Negative: Jaron Sandy Brookville
 Switch-side: David Gray Blacksburg
A
 Affirmative: Jane Shaw Prince Edward
 Negative: Mark Arehart Prince Edward
 Switch-side: Donald Martin George Wythe-Wth

1990

AAA
 Affirmative: Sharon Kim/Stephen Andrews Th Jefferson S&T
 Negative: Daniel Taylor/Michael Dutcher Bayside
 Switch-side: Kristen Bornman/Lara MacCleary West Potomac
 Lincoln-Douglas: Brian Dewey Th Jefferson S&T
AA
 Affirmative: Patrick McMullen/Ashley Van Scoyoc Blacksburg
 Negative: Danielle Groves/Donald Martin George Wythe-Wth
 Switch-side: Heather Mullins/David Gray Blacksburg
 Lincoln-Douglas: Aaron Zeitlin Broad Run
A
 Affirmative: James O'Connor/Jane Shaw Prince Edward
 Negative: James Anderson/Mark Arehart Prince Edward
 Switch-side: Drew Allen/Caroline Iovino Essex
 Lincoln-Douglas: Michael Morse Prince Edward

Speaker Results

AAA
 Affirmative: Stephen Andrews Th Jefferson S&T
 Negative: Daniel Taylor Bayside
 Switch-side: Leonard Neighbors Bayside
AA
 Affirmative: Patrick McMullen Blacksburg
 Negative: Keith Orgersa Brookville
 Switch-side: David Gray Blacksburg
A
 Affirmative: James O'Connor Prince Edward
 Negative: Mark Arehart Prince Edward
 Switch-side: Robert Zehner Prince Edward

1989

AAA
 Affirmative: Bill Grant/David Moss Lake Braddock
 Negative: Bryan Tureck/Hope Cahill Lake Braddock
 Switch-side: Vincent Rhodes/John Sargent Bayside
 Lincoln-Douglas: Eric Frew Great Bridge
AA
 Affirmative: Cheryl Duty/John Ratliff Lebanon

Negative: Heather Mullins/David Gray Blacksburg
 Switch-side: Anne Rottenborn/Shea Owens Waynesboro
 Lincoln-Douglas: Mathew Lacy Waynesboro
A
 Affirmative: Jane Hendley/Robert Zehner Prince Edward
 Negative: Danette Luna/Jame Anderson Prince Edward
 Switch-side: James Anderson/Mark Arehart Prince Edward
 Lincoln-Douglas: John Brown Essex

Speaker Results

AAA
 Affirmative: Mike Nelson James Robinson
 Negative: Hope Cahill Lake Braddock
 Switch-side: John Sargent Bayside
AA
 Affirmative: John Ratliff Lebanon
 Negative: David Gray Blacksburg
 Switch-side: Mike Lacy Blacksburg
A
 Affirmative: Jennifer Swecker-Miller Wilson Memorial
 Negative: Jame Anderson Prince Edward
 Switch-side: Michelle Garrison James River

1988

AAA
 Affirmative: Mary Rose Kubal/Dianne Newman West Potomac
 Negative: Steve Arner/Dale Betterton West Potomac
 Switch-side: Bill Grant/David Moss Lake Braddock
AA
 Affirmative: Liz Chang/Cort Coghill Brookville
 Negative: Chad Farr/Kenya Hudson York
 Switch-side: Billy LaBeau/Mary Roetzer Broad Run
A
 Affirmative: Jame Anderson/Danette Luna Prince Edward
 Negative: Phillip Gay/David Heinemann Prince Edward
 Switch-side: Eric Brown/Courtney Middleton Rappahannock

Speaker Results

AAA
 Affirmative: Diane Newman West Potomac
 Negative: Brian Tureck Lake Braddock
 Switch-side: Tom Thompkins W.T. Woodson
AA
 Affirmative: Liz Chang Brookville
 Negative: Keith Orgera Brookville
 Switch-side: Billy LaBeau Broad Run
A
 Affirmative: Danette Luna Prince Edward
 Negative: Philip Gay Prince Edward
 Switch-side: Eric Brown Rappahannock

1987

AAA
 Affirmative: Blake Buy/Kathryn Gimple Lake Braddock
 Negative: David Moses/David Jones Lake Braddock
 Switch-side: Dale Betterton/Steve Arner West Potomac
AA
 Affirmative: Drew Mahoney/Tommy Jenkins Turner Ashby
 Negative: Marsha Garst/Juliet Ward Turner Ashby
 Switch-side: Stephen King/Kevin Weekley Turner Ashby
A
 Affirmative: Vince Vizachero/Curtis Sawyer Buffalo Gap
 Negative: Marlin Ballew/Marvin Sensabaugh Riverheads
 Switch-side: Jacque Allen/Parker King Rappahannock

Speaker Results**AAA**

Affirmative: Blake Guy Lake Braddock
 Negative: Peter Coughlan James Robinson
 Switch-side: Eddie Lang Thomas Edison

AA

Affirmative: Lee Rothgeb Nelson County
 Negative: Marsha Garst Turner Ashby
 Switch-side: Kevin Weekley Turner Ashby

A

Affirmative: Vince Vizachero Buffalo Gap
 Negative: Eric Brown Rappahannock
 Switch-side: Beth Leffel James River

1986**AAA**

Affirmative: Kathryn Gimple/Blake Guy Lake Braddock
 Negative: David Permut/John Dinah Mount Vernon
 Switch-side: Robert Kramer/Edward Lang Thomas Edison

AA

Affirmative: Scott Duncan/Tina Turner Manchester
 Negative: Lisa Stevenson/Tim Padgett Manchester
 Switch-side: Sharon Webb/Noelle Reese Manchester

A

Affirmative: David Gutschow/David Houff Wilson Memorial
 Negative: Marlin Bellew/Marvin Sensabaugh Riverheads
 Switch-side: Charlotte Smith/Beth Kemper Rappahannock

Speaker Results**AAA**

Affirmative: Blake Guy Lake Braddock
 Negative: David Permut Mount Vernon
 Switch-side: Edward Lang Thomas Edison

AA

Affirmative: Tim Turner Manchester
 Negative: Tim Padgett Manchester
 Switch-side: Susan Jortner Blacksburg

A

Affirmative: Eric Brown Rappahannock
 Negative: Pete Mileski Rappahannock
 Switch-side: Charlotte Smith Rappahannock

1985**AAA**

Affirmative: Meghan Kelley/Laura Leesburg Monacan
 Negative: Paul Joyce/Kim Hurdman Washington-Lee
 Switch-side: Clea Dezio/Bob Blue Albemarle

AA

Affirmative: Sam MacMaster/Tommy Jenkins Turner Ashby
 Negative: Marsha Garst/Catherine Churchman Turner Ashby
 Switch-side: Beth Kelsey/Susan Jortner Blacksburg

A

Affirmative: Robyn Miller/Mark Houff Wilson Memorial
 Negative: Paula Hill/Charlotte Smith Rappahannock
 Switch-side: Phillip Carter/Margaret Jordan Rappahannock

Speaker Results**AAA**

Affirmative: Laura Leasburg Monacan
 Negative: Harry Kelly Lake Braddock
 Switch-side: Bob Blue Albemarle

AA

Affirmative: Vanessa Hale Nelson County
 Negative: John Cash Nelson County
 Switch-side: Susan Jortner Blacksburg

A

Affirmative: Eric Heinemann Prince Edward
 Negative: Charlotte Smith Rappahannock
 Switch-side: Margaret Jordan Rappahannock

1984**AAA**

Affirmative: James Piotrowski/Mark McDowell Lake Braddock
 Negative: Aaron Crippen/David Gilrow Lake Braddock
 Switch-side: Bobby Blue/Beverlee Winnett Albemarle

AA

Affirmative: Ginger Gay/Diane Pulley Manchester
 Negative: Nathan Simmons/Dean Lacy Blacksburg
 Switch-side: Jeff Euchler/Rob Taylor Lord Botetourt

A

Affirmative: Phillip Carter/Margaret Jordan Rappahannock
 Negative: Rebecca Haltzel/George Stonikinis Prince Edward
 Switch-side: Jim Kiker/Mary Beth Hall James River

Speaker Results**AAA**

Affirmative: Mark McDowell Lake Braddock
 Negative: Herbert Harrell Great Bridge
 Switch-side: Bobby Blue Albemarle

AA

Affirmative: Diane Pulley Manchester
 Negative: Dean Lacy Blacksburg
 Switch-side: Andrea Pierce Blacksburg

A

Affirmative: Margaret Jordan Rappahannock
 Negative: Rebecca Haltzel Prince Edward
 Switch-side: Mary Beth Hall James River

1983**AAA**

Affirmative: Linda Dingeman/Alan Rubinstein Mount Vernon
 Negative: Mike Kripps/Brian Clancy James Robinson
 Switch-side: Becky Rosenfield/Becky Yane Groveton

AA

Affirmative: Beth Kelsey/Keith Finch Blacksburg
 Negative: Brian Gibson/Tony Sinclair Lord Botetourt
 Switch-side: Hugh Stubblefield/John Ryan Blacksburg

A

Affirmative: Sandra Keiss/Kathryn Scott Prince Edward
 Negative: Monique Fawcett/Cliff Peale Prince Edward
 Switch-side: Rebecca Haltzel/George Stonikis Prince Edward

Speaker Results**AAA**

Affirmative: James Guy James Robinson
 Negative: Mark Bennett Mount Vernon
 Switch-side: Becky Yane Groveton

AA

Affirmative: Clint Coakley Wilson Memorial
 Negative: Tony Sinclair Lord Botetourt
 Switch-side: John Ryan Blacksburg

A

Affirmative: Sandra Keiss Prince Edward
 Negative: Monique Fawcett Prince Edward
 Switch-side: Rebecca Haltzel Prince Edward

1982**AAA**

Affirmative: Erica Sarnes/Mark McDowell Lake Braddock
 Negative: Mark Leonard/Jimmy Bandar Kempsville
 Switch-side: Patrick Wheaton/Brenda Twine Great Bridge

AA
 Affirmative: Wendy Buenting/Margaret Ward Matoaca
 Negative: Clint Coakley/Jeff Haynes Wilson Memorial
 Switch-side: James Baker/Ray Allen Blacksburg

A
 Affirmative: Amanda McCombs/Kathryn Scott Prince Edward
 Negative: Martha Kiker/Mike Adams James River
 Switch-side: Roddy Hall/Nathan Lucas Auburn

Speaker Results

AAA
 Affirmative: Mark McDowell Lake Braddock
 Negative: Hanes Bander Kempsville
 Switch-side: Patrick Wheaton Great Bridge

AA
 Affirmative: Margaret Ward Matoaca
 Negative: Brian James Fort Defiance
 Switch-side: Ray Allen Blacksburg

A
 Affirmative: Kathryn Scott Prince Edward
 Negative: Beth Gay Independence
 Switch-side: Matt Rogers Prince Edward

1981

AAA
 Affirmative: Pat Wheaton/Dave Maxwell Great Bridge
 Negative: Kathy Lambert/Alisa Lukes Albemarle
 Switch-side: Andrew Park/Tim Opler Thomas Edison

AA
 Affirmative: Sharon Funk/Brett Markham Lord Botetourt
 Negative: John Lucas/Eddie Shively Lord Botetourt
 Switch-side: Curtis Mo/Robert Johnson Blacksburg

A
 Affirmative: Kim Arnold/Dana Harrington Independence
 Negative: Emily Bond/Beth Gray Independence
 Switch-side: Jeff Shields/Mike Adams James River

Speaker Results

AAA
 Affirmative: Dave Maxwell Great Bridge
 Negative: Kathy Lambert Albemarle
 Switch-side: Mark Henriques James Robinson

AA
 Affirmative: Kip Kuntz Nelson County
 Negative: John Lucas Lord Botetourt
 Switch-side: Jeffrey Haynes Wilson Memorial

A
 Affirmative: Kim Arnold Independence
 Negative: Beth Gray Independence
 Switch-side: Jeff Shields James River

1980

AAA
 Affirmative: Todd Treichel/Al Schultz Lake Braddock
 Negative: Mike Liess/Larry Rosenberger Lake Braddock
 Switch-side: Robert Brotzman/Douglas Dion Floyd Kellam

AA
 Affirmative: Donna Harman/Eddie Shively Lord Botetourt
 Negative: John Lucas/Eric Branscom Lord Botetourt
 Switch-side: Jennifer Aylestock/Roger McGarahan Broad Run

A
 Affirmative: Sherri Miller/Jean Harner Wilson Memorial
 Negative: James Halsey/Mary Fant Independence
 Switch-side: Timothy Henkel/Jeffrey Haynes Wilson Memorial

Speaker Results

AAA
 Four-man: Al Schultz Lake Braddock
 Switch-side: Jonathan Massey Lake Braddock

AA
 Four-man: Eddie Shively Lord Botetourt
 Switch-side: Jennifer Aylestock Broad Run

A
 Four-man: Mary Fant Independence
 Switch-side: Clay Davis James River

1979

AAA
 Affirmative: Joan Gerhart/Gunnar Jordan James Robinson
 Negative: Peggy Rehm/Sammy Liang James Robinson
 Switch-side: Jane Schumann/Jon Constine J.R. Tucker

AA
 Affirmative: Durand Wine/Curtis Heisey Turner Ashby
 Negative: Russell McIntire/Lindy Alls Lord Botetourt
 Switch-side: Tony Chorosevic/Jonathan Bunn Virginia

A
 Affirmative: Jean Harner/Jeffrey Haynes Wilson Memorial
 Negative: Nathan Kempfer/Clay Davis James River
 Switch-side: David Shumate/Thomas Wolanski Wilson Memorial

Speaker Results

AAA
 Affirmative: Gunnar Jordan James Robinson
 Negative: Robby Tyler John R. Tucker
 Switch-side: Edgar Sabenaugh W.T. Woodson

AA
 Affirmative: Eric Branscom Lord Botetourt
 Negative: Lindy Alls Lord Botetourt
 Switch-side: Eddie Shively Lord Botetourt

A
 Affirmative: Jeffrey Haynes Wilson Memorial
 Negative: Clay Davis James River
 Switch-side: David Shumate Wilson Memorial

1978

AAA
 Affirmative: Mari Blakely/Sharon Hooper Manchester
 Negative: Gregory Edwards/Cathy Lane Thomas Edison
 Switch-side: Bud Clarke/Jim Wheaton Great Bridge

AA
 Affirmative: Becky McDaniel/Andy Finkle Virginia
 Negative: Jennifer Aylestock/Ken Ida Broad Run
 Switch-side: Brian Nozolino/Susan Dery Tabb

A
 Affirmative: Thomas Wolanski/Boyce Brannock Wilson Memorial
 Negative: David Shumate/James McTyier Wilson Memorial
 Switch-side: Jerome Sturm/John Humphrys Fort Defiance

Speaker Results

AAA
 Affirmative: Sharon Hooper Manchester
 Negative: Gregory Edwards Thomas Edison
 Switch-side: Edgar Sabenagh W.T. Woodson

AA
 Affirmative: Andy Finkle Virginia
 Negative: Jennifer Aylestock Broad Run
 Switch-side: Brian Nozolino Tabb

A
 Affirmative: Boyce Brannock Wilson Memorial
 Negative: David Shumate Wilson Memorial

Switch-side: John Humphreys Fort Defiance

1977
NOT AVAILABLE

1976

AAA
Affirmative: Lisa Nichols/Nancy Glover Manchester
Negative: Jim Woodruff/John Gerner Manchester
Switch-side: Brian Kutche/Mike O'Neal

AA
Affirmative: Thomas Lyon/Pamela Kline Turner Ashby
Negative: Barbara Conner/Debbie Sifford Lord Botetourt
Switch-side: Burton Metzler/Daniel Ulrich Turner Ashby

A
Affirmative: Jerome Sturm/Douglas Brown Fort Defiance
Negative: Samuel Ramsey/William Fauber Wilson Memorial
Switch-side: Alan Quick/John Humphries Fort Defiance

Speaker Results

AAA
Affirmative: Mike Smith Mount Vernon;
Mike Laurence James Robinson
Negative: John Gerner Manchester
Switch-side: Brian Kutche Mount Vernon

AA
Affirmative: Pamela Kline Tuner Ashby
Negative: Barbara Conner/Debbie Sifford Lord Botetourt
Switch-side: Burton Metzler Turner Ashby

A
Affirmative: Cathy Maxey Buckingham
Negative: Samuel Ramsey Wilson Memorial
Switch-side: John Humphreys Fort Defiance

1975

AAA
Affirmative: Georgia Esposito/Janine Reter Manchester
Negative: Jennifer Nupp/Marie Gammon Washington-Lee
Switch-side: John Westbrook/Will Crutchfield Warwick

AA
Affirmative: Mark Kidd/Joel Branscom Lord Botetourt
Negative: Gardner Campbell/Eric Carlen Andrew Lewis
Switch-side: Burton Metzler/Dan Ulrich Turner Ashby

A
Affirmative: Mitzi Roadcap/Gaynell Leach Wilson Memorial
Negative: Steve Newton/Montine Jordan Wilson Memorial
Switch-side: Henry Howard/Frank Atkinson, Bowling Green

Speaker Results

AAA
Jennifer Nupp Washington-Lee

AA
Mark Kidd Lord Botetourt

A
Steven Newton, Wilson Memorial

1974

AAA
Affirmative: Madeline Estabrook/Michael Lyon Yorktown
Negative: Janice Lewis/David Henifin Thomas Edison
Switch-side: Tom Ranken/David Ottoson W.T. Woodson

AA
Affirmative: Marshall Woodson/Charles Lamb Lord Botetourt
Negative: Barbara Conner/Liz Blanton Lord Botetourt
Switch-side: Shelia Willis/Gerald Swaltney Smithfield

A

Affirmative: Bridgett Lamber/Susan Farmer James River
Negative: Judith Thurston/Marjory Dunbar James River
Switch-side: James River

Speaker Results

AAA
David Barnett, Mount Vernon; Rick Preston Mount Vernon

AA
Kira Dunlap, Fort Defiance

A
Kathy Haga, Independence

1973

AAA
Affirmative: Mike Johnson/Martin Robinson W.T. Woodson
Negative: John Buie/Curt Johnson Langley
Two-man: Maltby/Seabolt Warwick

AA
Affirmative: Charles Lamb/Roger Bertholf Lord Botetourt
Negative: Scott Moore/Sherry Hogshead Turner Ashby
Two-man: Mark McCulley/A. VanLear Fort Defiance

A
Affirmative: Randy Blackburn/H.T. Vaught Independence
Negative: Betsy Stuart/Treadwell Davidson Washington & Lee-M
Two-man: James River

1971-1972
Not Available

1970

IA
Affirmative: Larry Foust/Bill Stagg Mount Vernon
Negative: Jesse Phillips/Jim Jackoway Douglas Freeman

IB
Affirmative: Bill Flowers/Steve Hertz Loudoun Valley
Negative: Ralph Steinhardt/Bruce Dickerson Northside

II
Affirmative: Judy Payne/James Mays Turner Ashby
Negative: Claudia Shiflett/Elizabeth Mumper Turner Ashby

III
Affirmative: Not Available
Negative: Not Available

1969

IA
Affirmative: Denny Henigan/Jerry Ledford West Springfield
Negative: Arthur Greenbaum/Peter BenavageFrancis Hammond

IB
Affirmative: Donald Caldwell/James Tabor Lord Botetourt
Negative: Mary Tate/Wayne Johnson Lord Botetourt

II
Affirmative: Andy Harwood/Ann Brillhart Abingdon
Negative: Tori Potts/Kenny Shuman Abingdon

III
Affirmative: Carrol Callagher/Rich Gouldin Rappahannock
Negative: Steve Glessner/Charlean Heitchell Rappahannock

1968

IA
Affirmative: Susan Derousee/Lambros Deligan Kecoughtan
Negative: Tom Russell/Robert Gibson Washington-Lee

IB
Affirmative: James Tabor/Pat Necessary Lord Botetourt
Negative: Mary Lynn Tate/Barry Owen Lord Botetourt

II
Affirmative: Neil Gardner/Patricia Holland Windsor
Negative: Larry Joyner/David Cobb Windsor

III
Affirmative: Neal Hyndson/Bobby Gutridge Washington & Lee-M
Negative: Not Available

1967

IA
Affirmative: James Almond/Bruce Beckner Washington-Lee
Negative: Steve Klain/Brad Allenby J.E.B. Stuart

IB
Affirmative: Jack Druff/Carol Chevalier Robert E. Lee-Stn
Negative: Toby DeBarr/Tom Opre Robert E. Lee-Stn

II
Affirmative: Margaret Ahercrombre/Connie Sancetta James Blair
Negative: Jean Miller/Andy Bradshaw James Blair

III
Affirmative: Linda Sadler/Arlene Hudgins Mathews
Negative: Sue Hutson/Christy Eriksen Mathews

1966

IA
Affirmative: Keith Ervin/Andy Uscher J.E.B. Stuart
Negative: Rod Green/Bill Atwater J.E.B. Stuart

IB
Affirmative: Mary Money/Dusan Lysy Herndon
Negative: Diana Blackmon/Sam Evans Northside

II
Affirmative: Ken Elsea/Bob Burklow John Battle
Negative: Martha Christian/Richardia Johnson Abingdon

III
Affirmative: Linwood Gregory/Barbara Mountcastle New Kent
Negative: Susan Schall/Julie Walls New Kent

1965

IA
Affirmative: Tim Fincham/Maurice Stockas Princess Anne
Negative: Randy Henderson/Rodney Pennington Princess Anne

IB
Affirmative: Victor Ludwig/Marc Chevalier Robert E. Lee-Stn
Negative: Samuel Painter/Harry Zeliff Robert E. Lee-Stn

II
Affirmative: Sam Mizer/Robert Alley Fort Defiance
Negative: Nancy Moss/Mary Guthrie Buckingham Cent

III
Affirmative: Linda Sadler/Lynn Ball Mathews
Negative: Barbara Mountcastle/Jane Curle New Kent

1964

IA
Affirmative: Sylvia Klosterud/Charles Sullivan Woodrow Wilson
Negative: James Landis/Randy Henderson Princess Anne

IB
Affirmative: Dusan Lysy/William Money Herndon
Negative: John Ours/Donald Wyatt Herndon

II
Affirmative: Richard Tallman/Jerry Stoots John Battle
Negative: Dwight Phaup/Harvey Powers Park View Sterling

III
Affirmative: Jane Martin/Francie Taylor West Point
Negative: Susan Sowder/Jane Curlee New Kent

1963

IA
Affirmative: Churchland
Negative: Washington-Lee

IB
Affirmative: Paul Jones/Alen Vanneman George Mason
Negative: Pamela Davis/John Parson Albemarle

II
Affirmative: Linda Kirby/Nancy Bibb Fort Defiance
Negative: Harry Almond, Jr./Michael Bolton Lord Botetourt

III
Affirmative: Nancy Brooks/Bonnie Kay Davis Mathews
Negative: Cyrus Dolph/David Glasser Mathews

1961/62

IA
Affirmative: Mary Ellen Coleman/Andrew Kleinfeld Groveton
Negative: James Aldrich/Thomas Harris Groveton

IB
Affirmative: Benjamin Campbell/James Jones Drewry Mason
Negative: David Milbourn/George Archibald Loudoun County

II
Affirmative: Faye Wyland/Noel Davidson Buckingham
Negative: Kathy Lee Crossland/Rodger Plaster Windsor

III
Affirmative: Bonnie Kay Davis/Nancy Brooks Mathews
Negative: Dottie Foster/Genie Richardson Mathews

1961

IA James Monroe, Blacksburg
IB James Monroe, Blacksburg
II Randolph Henry, Montevideo
III Mathews, Middle River

1960

IA Cradock, Princess Anne
IB Not Available
II George Mason
III Middle River

1959

I Falls Church
II George Mason, Blacksburg
III Mathews, Troutville

1958

I Woodrow Wilson, Woodrow Wilson
II Northampton, George Mason, Douglas Freeman,
III Jarratt, Caroline County

1957

I Woodrow Wilson, Lane, Woodrow Wilson,
Fairfax, Wakefield, George Washington-Alexandria
II Great Bridge, Albemarle, Wilson Memorial,
Brookville
III Chucktauck, Jarratt, Caroline County,
Mathews, Troutville

1956

I Cradock, Lane
II Princess Anne, Osbourn
III Mathews, Rustburg

1955

I Washington-Lee, George Washington-Alexandria

| | | | | |
|------------|--|----------|--------------------------------------|-----------------------|
| II | Wakefield, Wakefield | D | Monterey | |
| III | Caroline Co, West Point | | | |
| | 1954 | | 1941 | |
| I | George Washington-Alexandria | A | Thomas Jefferson-Roanoke | |
| II | Halifax County, Radford | B | Big Stone Gap | |
| III | West Point, West Point | C | Buchanan | |
| | 1953 | D | Spencer-Penn | |
| I | George Washington-Alexandria | | 1940 | |
| II | James Monroe, C.H. Friend | A | Woodrow Wilson | |
| III | Achilles | B | Virginia | |
| | 1952 | C | Battlefield Park | |
| I | Warwick, Jefferson Sr | D | Axton | |
| II | William Fleming | | 1939 | |
| III | Northampton, Botetourt Co., Halifax County | A | Maury | |
| | 1951 | B | Handley | |
| I | Fairfax, Washington-Lee | C | Fincastle | |
| II | William Fleming, Graham | D | Exmore Willis-Wharf | |
| III | Quantico Post, Cumberland | | 1938 | |
| | 1948-1950 | A | Andrew Lewis | |
| | not available | B | William Byrd | |
| | 1947 | C | Accomac | |
| I | Affirmative: Kenneth MacDonald/Charles Horne/Margaret | D | No Contests | |
| | Hubbard, George Washington-Alexandria | | 1937 | |
| | Negative: Claudia Richmond/Marjorie Ehle/Ellen Roche, Washington-Lee | A | Maury | |
| II | Affirmative: Roland Brown/Marion Frank/Catherine Crim, | B | *George Washington-Alex. | |
| | Mount Vernon | C | Radford | |
| | Negative: Donald Levy/Judy Godwin/Sigmund Stein, | D | Dinwiddie | |
| | Suffolk | | 1936 | |
| III | Affirmative: Burleigh Wilkins/Jeanette Underhill/Margaret Brown, | A | *Andrew Lewis | |
| | Northampton | B | Virginia | |
| | Negative: Phyllis Stevenson/Malvin Moore/Robert Nordstrom, | C | Greenwood | |
| | Northampton | | 1935 | |
| | 1946 | A | *E.C. Glass | |
| I | George Cabell/William Mazell/Bessie Hatzopoulos, | B | Fincastle | |
| Maury | Chandler Townsend/Jean Ferguson/Lawrence Murray | C | Turbeville | |
| II | Wm Fleming | | 1934 | |
| III | Frances Sutton/Bobby Traughot/Evelyn Phillips, West | A | Th Jefferson-Rnke | |
| Point | no final debate | B | Chester | |
| IV | | C | *Fincastle | |
| | 1945 | | 1933 | |
| | no contests | A | *E.C. Glass | |
| | 1944 | B | Hopewell | |
| A | June Goldberg/Bettie Baum/John Barrett, Maury | C | Amelia County | |
| B | Kent Sprinkle/Jerry Byrd/Sammy Fuller, Wm Fleming | | 1932 | |
| C | Edward Bragg/Lynda Yeatts, Altavista | A | Woodrow Wilson | |
| D | Bettye Walker/Beth Earman/Joyce Edwards, Port | B | *Virginia | |
| Republic | | C | Amelia County | |
| | 1943 | | 1931 | |
| | no state champions | A | *Maury | |
| | 1942 | B | Chester | |
| A | Andrew Lewis | C | Fincastle | |
| B | Glen Allen | | 1930 | |
| C | Woodlawn | | Genevieve Camden/C.B. Thornton, | Thomas Jefferson, Jr. |
| | | | 1929 | |
| | | | Royston Jester, III/W.S. Mundy, Jr., | E.C. Glass |

| | | |
|---|--|-----------------------|
| 1928 | | |
| Katherine Coulbourn/Jane Love Little, | | Suffolk |
| 1927 | | |
| Ralph Marshall Turner/Lloyd Blackwell, | | E.C. Glass |
| 1926 | | |
| Atwood Graves/Archie Grinalds, | | Maury |
| 1925 | | |
| Evelyn Grabeale/James Hughes, | | Graham |
| 1924 | | |
| City: Robert Wood/James Ayers, | | Petersburg |
| County: Louise Parson/Florence Reese, | | Washington-Henry |
| 1923 | | |
| City: Virginia Roper/Louis Guy, | | Maury |
| County: Louise Parson/Florence Reese | | |
| 1922 | | |
| W.R. Parker/Robert Loebel, Thomas Jefferson-Rnke | | |
| 1921 | | |
| Margaret Hyatt/William Miller, | | Norton |
| 1920 | | |
| Margaret Lawless/Dodson Moraisette, | | Maury |
| 1919 | | |
| Claudine Kessler/Maurice Massinter, | | Thomas Jefferson-Rnke |
| 1918 | | |
| Mary Love Green/Old Green, | | E.C. Glass |
| 1917 | | |
| Warren Koontz/Harley Erb, | | Thomas Jefferson-Rnke |
| 1916 | | |
| Arline Eubanks/Elsworth Wiltshire, | | John Marshall |
| 1915 | | |
| Elise Bagby/Ulmont Cumming, | | Portsmouth |
| 1914 | | |
| Mabel Justice/Virginia Gresham, | | Buena Vista |

FORENSICS

Team Champions

(champion, runner-up)

AAA

| | | | | |
|------|------------------|----|------------------|----|
| 2010 | Indian River | 19 | Yorktown | 14 |
| 2009 | West Springfield | 25 | Western Branch | 24 |
| 2008 | Princess Anne | 37 | Indian River | 28 |
| 2007 | Princess Anne | 35 | West Springfield | 33 |
| 2006 | West Springfield | 41 | Chantilly | 20 |
| 2005 | Princess Anne | 53 | Chantilly | 25 |
| 2004 | Thomas Edison | 33 | Princess Anne | 22 |
| 2003 | Princess Anne | 37 | Albemarle | 27 |
| 2002 | Princess Anne | 28 | James Madison | 20 |
| | | | Western Branch | 20 |
| 2001 | Princess Anne | 40 | James Madison | 21 |
| 2000 | Monacan | 33 | James Madison | 24 |
| 1999 | James Madison | 39 | Monacan | 16 |
| 1998 | James Madison | 26 | Monacan | 24 |
| 1997 | James Madison | 47 | Clover Hill | 12 |
| | | | Lake Braddock | 12 |
| 1996 | James Madison | 48 | Heritage | 17 |
| 1995 | James Madison | 51 | Monacan | 27 |
| 1994 | James Madison | | E.C. Glass | |
| 1993 | Monacan | | James Madison | |
| 1992 | James Madison | | First Colonial | |
| 1991 | First Colonial | | Heritage | |
| 1990 | Monacan | | James Wood | |
| 1989 | Monacan | | James Wood | |

AA

| | | | | |
|------|-----------------|----|-----------------|----|
| 2010 | Salem-Salem | 74 | Sherando | 24 |
| 2009 | Salem-Salem | 67 | Charlottesville | 23 |
| 2008 | Salem-Salem | 79 | Blacksburg | 30 |
| 2007 | Salem-Salem | 68 | Blacksburg | 30 |
| 2006 | Salem-Salem | 42 | Charlottesville | 27 |
| 2005 | Charlottesville | 57 | Salem-Salem | 29 |
| 2004 | Charlottesville | 49 | Blacksburg | 33 |
| 2003 | Blacksburg | 37 | Charlottesville | 35 |
| 2002 | Blacksburg | 44 | Abingdon | 24 |
| 2001 | Blacksburg | 50 | Abingdon | 29 |
| 2000 | Blacksburg | 46 | Abingdon | 28 |
| 1999 | Blacksburg | 35 | Abingdon | 27 |
| 1998 | Blacksburg | 50 | Sherando | 30 |
| 1997 | Blacksburg | 32 | Abingdon | 28 |
| 1996 | Blacksburg | 45 | Abingdon | 29 |
| 1995 | Blacksburg | 53 | Abingdon | 27 |
| 1994 | Blacksburg | | Abingdon | |
| 1993 | Blacksburg | | Poquoson | |
| 1992 | Blacksburg | | William Byrd | |
| 1991 | Blacksburg | | Rustburg | |
| 1990 | Blacksburg | | Abingdon | |
| 1989 | Blacksburg | | Abingdon | |

A

| | | | | |
|------|----------------|----|----------------|----|
| 2010 | Coeburn | 20 | Randolph-Henry | 14 |
| 2009 | George Wythe | 25 | Randolph-Henry | 24 |
| 2008 | Nandua | 44 | Madison County | 24 |
| 2007 | Madison County | 63 | Buffalo Gap | 20 |
| 2006 | Madison County | 42 | Powell Valley | 26 |
| 2005 | Madison County | 61 | Powell Valley | 25 |
| 2004 | Randolph-Henry | 30 | Powell Valley | 28 |
| 2003 | Madison County | 53 | Powell Valley | 14 |
| 2002 | Madison County | 54 | Powell Valley | 12 |
| 2001 | Madison County | 59 | Powell Valley | 14 |
| 2000 | Madison County | 39 | Powell Valley | 25 |
| 1999 | Madison County | 52 | Powell Valley | 40 |
| 1998 | Madison County | 43 | Powell Valley | 29 |
| 1997 | Madison County | 41 | William Monroe | 21 |
| | | | Powell Valley | 21 |
| 1996 | Madison County | 35 | Rural Retreat | 24 |
| 1995 | Madison County | 34 | Rural Retreat | 23 |
| 1994 | William Monroe | | Madison County | |
| 1993 | Rural Retreat | | Madison County | |
| 1992 | Madison County | | Powell Valley | |
| 1991 | Prince Edward | | Madison County | |
| 1990 | Central Senior | | Mathews | |
| 1989 | Prince Edward | | Lexington | |

Team Records

Most state championships

| | |
|----|----------------|
| 15 | Blacksburg |
| 13 | Madison County |

Most consecutive state championships

| | |
|----|------------|
| 15 | Blacksburg |
|----|------------|

Individual Records

Most titles, single event

| | | |
|---|--|---------|
| 4 | Soon-Il Song, Central Senior/Christiansburg | 1992-95 |
| 3 | Yasmin Kahan-Groves, Princess Anne, Original Oratory | 2005-07 |
| 3 | Tyler Coppage, Madison County, Domestic Extemp. | 2005-08 |
| 3 | Kane Kennedy, Salem-Salem, Prose Interpretation | 2007-09 |

Most titles, multiple events

| | | | |
|---|----------------|----------------------------------|---------|
| 4 | Brandon Farmer | Galax | 2000-03 |
| | | Storytelling, DuoHumorous, Prose | |
| 4 | Jason Dart | Madison County | 1993-96 |
| | | Poetry, Poetry, Prose, Poetry | |

Individual Champions

2010

Domestic Extemporaneous Speaking

| | | |
|-----|-------------|------------|
| AAA | Ben Costine | Yorktown |
| AA | Nikki Luke | Blacksburg |

A Cole Conley Floyd County

Foreign Extemporaneous Speaking

AAA Shane Grannum Westfield

AA Jerrel Ledbetter Salem-Salem

A Kinsey Hall

Coeburn

Original Oratory

AAA Jasjot Jaggi Chantilly

AA Fariha Kabir Sherando

A Leah Coates Washington & Lee

Prose Interpretation

AAA Elizabeth Beckner Frank W. Cox

AA Jordan Driskill Waynesboro

A Dyland White George Wythe-Wythe.

Poetry Interpretation

AAA Lucas Newman Yorktown

AA Amber Keesee Salem-Salem

A Lee Paluzzi Grayson County

Humorous Dramatic Interpretation

AAA Jacob Sailer Patrick Henry-Roanoke

AA Kathryn Zamorski Salem-Salem

A Logan Compton Powell Valley

Serious Dramatic Interpretation

AAA Tamara Middleton Indian River

AA Bronwen Hale Loudoun County

A Brett Hermance Northumberland

Duo Interpretation

AAA Matt Wagner/Ryan Chambers Princess Anne

AA Mary Cameron Brooks/Savannah Stevens Salem-Salem

A Mary Margaret Watkins/Savannah Ketchum Rand.-Henry

Storytelling

AAA Courtney Greer B.T. Washington

AA Emily Shelton Salem-Salem

A Brett Ketron Coeburn

Impromptu Speaking

AAA Alex Emmons James Robinson

AA Michael Robertson Salem-Salem

A Elizabeth Fread Nandua

2009

Domestic Extemporaneous Speaking

AAA Christopher Jones Floyd Kellam

AA Jerrell Ledbetter Salem-Salem

A Katie Cross Randolph-Henry

Foreign Extemporaneous Speaking

AAA Chrissy Ching West Springfield

AA Joseph Cullen Truett Alleghany

A Nathan Repass George Wythe-Wythe.

Original Oratory

AAA Mary Spinner Albemarle

AA Fariha Kabir Sherando

A Rory Squire Madison County

Prose Interpretation

AAA Ty Rodriguez Indian River

AA Kane Kennedy Salem-Salem

A Claire Jackson Madison County

Poetry Interpretation

AAA Justin Strickland West Springfield

AA Jade Andrade Salem-Salem

A Carolyn Kirby Floyd County

Humorous Dramatic Interpretation

AAA David Loebman Atlee

AA Clay Bradshaw Salem-Salem

A Kayla Gilman George Wythe-Wythe.

Serious Dramatic Interpretation

AAA Michael Graves Western Branch

AA Phillip Rodgers Salem-Salem

A LaShanta Boyd William Campbell

Duo Interpretation

AAA Jessica Friedel/Margaaret Fuller West Springfield

AA Jonathan Walker/Danielle Stump Salem-Salem

A Luz Diaz/Alejandra Diaz Nandua

Storytelling

AAA Mercer May Princess Anne

AA Robin Willis Blacksburg

A Von Jessee Powell Valley

Impromptu Speaking

AAA Alex Emmons James Robinson

AA Lizzie Hylton Charlottesville

A Kathleen Bundy Lebanon

2008

Domestic Extemporaneous Speaking

AAA Christina Kyriadides Princess Anne

AA Carl David Goette-Luciak Blacksburg

A Tyler Coppege Madison County

Foreign Extemporaneous Speaking

AAA Seeva Shah Princess Anne

AA Shivesh Puri Blacksburg

A Tommy Dillard Buffalo Gap

Original Oratory

AAA Carl Edwards Western Branch

AA Amy Sailer Salem-Salem

A Rory Squire Madison County

Prose Interpretation

AAA Jana Verdes Indian River

AA Kane Kennedy Salem-Salem

A Rosby Kirby Grayson County

Poetry Interpretation

AAA Ry Rodriguez Indian River

AA Jonathan Walker Salem-Salem

A Ena Scott Madison County

Humorous Dramatic Interpretation

AAA Conler Mandt Hayfield

AA Nick English New Kent

A George Waldenmaier Nandua

Serious Dramatic Interpretation

AAA Lauren Perlman Princess Anne

AA Danielle Stump Salem-Salem

A Joe Necessary J.J. Kelly

Duo Interpretation

AAA Ian Geers/Tyler Warren Indian River

AA Leanna Minix/Amy McArthur Salem-Salem

A Luz Diaz/Alejandra Diaz Nandua

Storytelling

AAA Katherine Prescott Indian River

AA Clay Bradshaw Salem-Salem

A Raven Garris Nandua

Impromptu Speaking

| | | |
|-----|-------------------|------------------|
| AAA | David Bae | West Springfield |
| AA | Michael Robertson | Salem-Salem |
| A | Katelyn Krause | Nandua |

2007**Domestic Extemporaneous Speaking**

| | | |
|-----|---------------|----------------|
| AAA | Todd Crillo | Princess Anne |
| AA | Landon Klein | Blacksburg |
| A | Tyler Coppage | Madison County |

Foreign Extemporaneous Speaking

| | | |
|-----|------------------|------------------|
| AAA | Ben Trump | West Springfield |
| AA | Camila Domonoske | Harrisonburg |
| A | Willie Scott | Radford |

Original Oratory

| | | |
|-----|---------------------|----------------|
| AAA | Yasmin Kahan-Groves | Princess Anne |
| AA | Amy Sailer | Salem-Salem |
| A | Katherine Clayton | Madison County |

Prose Interpretation

| | | |
|-----|----------------|------------------|
| AAA | Nadia Khatouri | West Springfield |
| AA | Kane Kennedy | Salem-Salem |
| A | Dixon Moretz | Madison County |

Poetry Interpretation

| | | |
|-----|-----------------|------------------------|
| AAA | Jessica Johnson | James River-Midlothian |
| AA | Jonathan Walker | Salem-Salem |
| A | Delilah Gilliam | William Campbell |

Humorous Dramatic Interpretation

| | | |
|-----|--------------|------------------|
| AAA | Richie Hartz | West Springfield |
| AA | John Kayrouz | Salem-Salem |
| A | Jim Thompson | Madison County |

Serious Dramatic Interpretation

| | | |
|-----|---------------|----------------|
| AAA | Amy Kraus | Western Branch |
| AA | Matt Lipscomb | Salem-Salem |
| A | Von Jesse | Powell Valley |

Duo Interpretation

| | | |
|-----|-----------------------------|----------------|
| AAA | Alex Mills/Kaitlin Kemp | Massaponax |
| AA | Joel Lock/Dakota Oher | Sherando |
| A | Ellis Malmgren/Nathan Berry | Madison County |

Storytelling

| | | |
|-----|-------------------|--------------|
| AAA | Grant Collins | Albemarle |
| AA | Mackenzie Vanover | John Handley |
| A | Carleigh Griffeth | Galax |

Impromptu Speaking

| | | |
|-----|-------------------|----------------|
| AAA | Chris Murray | Albemarle |
| AA | Emerson Siegle | Blacksburg |
| A | Sameera Gadiyaram | Randolph-Henry |

2006**Domestic Extemporaneous Speaking**

| | | |
|-----|----------------|-----------------|
| AAA | Siri Kalburgi | Princess Anne |
| AA | Brian Bills | Charlottesville |
| A | Tyler Coppege, | Madison County |

Foreign Extemporaneous Speaking

| | | |
|-----|-------------------|------------------|
| AAA | Ben Trump, | West Springfield |
| AA | Camila Domonoske, | Harrisonburg |
| A | James Rogers | Radford |

Original Oratory

| | | |
|-----|---------------------|-----------------|
| AAA | Yasmin Kahan-Groves | Princess Anne |
| AA | Najat Nelson-Amaker | Charlottesville |

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| | | |
|---|----------------|---------|
| A | Grayden Bowman | Lebanon |
|---|----------------|---------|

Prose Interpretation

| | | |
|-----|----------------|---------------|
| AAA | Amanda Gardner | Meadowbrook |
| AA | Douchan Weeks | Nandua |
| A | Rashida Hall | Powell Valley |

Poetry Interpretation

| | | |
|-----|-------------------------|-----------------|
| AAA | Abigail Kiser | Chantilly |
| AA | Garner Takahashi-Morris | Charlottesville |
| A | Michael Johnson | Madison County |

Humorous Dramatic Interpretation

| | | |
|-----|----------------|------------------|
| AAA | Richie Hartz, | West Springfield |
| AA | John Kayrouz | Salem |
| A | Steven Hensley | Coeburn |

Serious Dramatic Interpretation

| | | |
|-----|--------------------|------------------|
| AAA | Christina McCarver | West Springfield |
| AA | Lucy Dukore | Blacksburg |
| A | Axle Burtness | Powell Valley |

Duo Interpretation

| | | |
|-----|-----------------------------|-------------|
| AAA | John Ashe/April Glick | Chantilly |
| AA | Brandie Benoit/Joel Lock | Sherando |
| A | Bonnie Graham/Caleb Crowder | J.I. Burton |

Storytelling

| | | |
|-----|-----------------|--------------|
| AAA | Zachary Kopciak | Stone Bridge |
| AA | Nick Cox | Salem |
| A | Chris Wilmouth | Galax |

Impromptu Speaking

| | | |
|-----|----------------|----------------|
| AAA | Ethan Rivera | Oscar Smith |
| AA | Benjamin Zager | Nandua |
| A | Sam Catron | Randolph-Henry |

2005**Domestic Extemporaneous Speaking**

| | | |
|-----|-------------------|---------------|
| AAA | Siri Kalburgi | Princess Anne |
| AA | Tomer Vandsburger | Blacksburg |
| A | Clint Cohen | Floyd County |

Foreign Extemporaneous Speaking

| | | |
|-----|----------------|-------------|
| AAA | Stephen Pierce | Chantilly |
| AA | Mo Amin | Salem-Salem |
| A | James Rogers | Radford |

Original Oratory

| | | |
|-----|---------------------|-----------------|
| AAA | Yasmin Kahan-Groves | Princess Anne |
| AA | Hattie Smith | Charlottesville |
| A | Ashley Morgan | Madison County |

Prose Interpretation

| | | |
|-----|-----------------|-----------------|
| AAA | Jenna Lonergan, | Princess Anne |
| AA | Sara Dougadir | Charlottesville |
| A | Ena Scott | Madison County |

Poetry Interpretation

| | | |
|-----|-------------------|----------------|
| AAA | Gabe Munoz | Princess Anne |
| AA | Michael Jefferson | Nottoway |
| A | Katrina Lockwood | Madison County |

Humorous Dramatic Interpretation

| | | |
|-----|----------------|-----------------|
| AAA | Alyssa Sortino | Western Branch |
| AA | Tim Longo | Charlottesville |
| A | Josh Nash | Castlewood |

Serious Dramatic Interpretation

| | | |
|-----|-----------------|-----------------|
| AAA | Nana Amoah | Thomas Edison |
| AA | Annette Griffin | Charlottesville |
| A | Sarah Pennell | Madison County |

Duo Interpretation

AAA Clifton Gustafson/Bradford Bucknum Princess Anne
 AA Kristin Banks/Grayson Shephard Salem-Salem
 A John Michael Cieri/Ellis Malmgren Madison County

Storytelling

AAA Michael Deveny Chantilly
 AA John Kayrouz Salem-Salem
 A Sarah Miles Galax

Impromptu Speaking

AAA Elizabeth Cole West Springfield
 AA Benjamin Zager Nandua
 A Cagle Juhan Powell Valley

2004**Domestic Extemporaneous Speaking**

AAA Scott Seymour Westfield
 AA Tomer Vandsburger Blacksburg
 A LeRae Edwards Haysi

Foreign Extemporaneous Speaking

AAA Nicole Justice First Colonial
 AA Ben Starkweather Charlottesville
 A Nosheen Reza J.J. Kelly

Original Oratory

AAA Jason Kobielus Thomas Edison
 AA Caleb Nelson-Amaker Charlottesville
 A Lewis Tedesco Randolph-Henry

Prose Interpretation

AAA Daniel Angell Albemarle
 AA Sara Dougadir Charlottesville
 A Heather Duffy Coeburn

Poetry Interpretation

AAA Tiffany Banks Salem-VB
 AA Ashley Wilson Nandua
 A Maggie Thornton Eastern Montgomery

Humorous Dramatic Interpretation

AAA Paul Bennis Western Branch
 AA Tyler Bradshaw Salem
 A Josh Nash Castlewood

Serious Dramatic Interpretation

AAA J.R. Amoah Thomas Edison
 AA Amy Dapper Blacksburg
 A Jonathan James Madison County

Duo Interpretation

AAA Byron Wiederman & Sam Ludwig James Madison
 AA Emily Cumming & Zach Kaylor Nandua
 A Brandon Coleman & Jason Vaught Galax

Storytelling

AAA Nicholas Napier Chantilly
 AA Megan Pfefferkorn Abingdon
 A Callie McCarty Powell Valley

Impromptu

AAA William Knight James Robinson
 AA Hal Smith Charlottesville
 A Christine Hornberger Buffalo Gap

2003**Domestic Extemporaneous Speaking**

AAA Carolyn Amole West Potomac
 AA Katie Reid Charlottesville
 A Stephen Davis Central Senior - Victoria

Foreign Extemporaneous Speaking

AAA Tara Hensley Princess Anne
 AA Nick Klagge, Blacksburg
 A Joshua Goff Randolph-Henry

Original Oratory

AAA Holly Hanks Albemarle
 AA Caleb Nelson-Amaker Charlottesville
 A Becky Hill Madison County

Prose Interpretation

AAA Jason Kobelius Thomas Edison
 AA Jonathan Walton ParkView-South Hill
 A Brandon Farmer Galax

Poetry Interpretation

AAA Jessica Gaffney Albemarle
 AA Kimberly Barnes Courtland
 A Erica Coleman Madison County

Humorous Dramatic Interpretation

AAA Stuart Stein T. J. S&T
 AA Elizabeth Bowman Spotswood
 A Josh Wells J.J. Kelly

Serious Dramatic Interpretation

AAA Julia Klumpp Culpeper County
 AA Kindra Johnson Heritage-Lynchburg
 A Caitlin Stafford Madison County

Duo Interpretation

AAA Michael Dalton/Jeremy Archey Princess Anne
 AA Aaron Hale/Eugene Younger William Monroe
 A Jonathan James/Maggie Puryear Madison County

Storytelling

AAA Eric Eteuati Great Bridge
 AA Rebecca Ledebuhr York
 A Nichole Tillery Madison County

Impromptu

AAA Jamie Milloy West Springfield
 AA Adam Hamilton Blacksburg
 A Samuel White Coeburn

2002**Domestic Extemporaneous Speaking**

AAA Elana Cole, James Madison
 AA Ariel Schneller Blacksburg
 A James Tong Radford

Foreign Extemporaneous Speaking

AAA Chris Ford Jame Madison
 AA Bill Zhang Blacksburg
 A Sammi Vaillant Madison County

Original Oratory

AAA Daniel Young Princess Anne
 AA Christopher Williams Heritage
 A Jessie Pastore Madison County

Prose Interpretation

AAA Wesli Spencer Princess Anne
 AA Kindra Johnson Heritage
 A Jonathan James Madison County

Poetry Interpretation

AAA Tawana Nowlin E.C. Glass
 AA Gabrielle N. Guy Courtland
 A Aaron Bentley John I. Burton

Humorous Dramatic Interpretation

| | | |
|-----|----------------|------------|
| AAA | Robert Jones | Armstrong |
| AA | Rick Devens | Blacksburg |
| A | Brandon Farmer | Galax |

Serious Dramatic Interpretation

| | | |
|-----|-----------------|------------------------|
| AAA | Anita Hernandez | James River-Midlothian |
| AA | Jamon McDaniel | Heritage |
| A | Danielle Willis | Appalachia |

Duo Interpretation

| | | |
|-----|--------------------------------|-------------|
| AAA | Brett Massman/JeffGonzalez | Chantilly |
| AA | Corie Dumont/Brandon McPherson | Poquoson |
| A | Glenn Williard/Luke Grubb | Madison Co. |

Storytelling

| | | |
|-----|-----------------|--------------|
| AAA | Eric Etevati | Great Bridge |
| AA | Beth Gilmer | Abingdon |
| A | Maggie Blessing | Gate City |

Spelling

| | | |
|-----|--------------|----------------------|
| AAA | Kay Aull | Thomas Jefferson S&T |
| AA | Doug Andrae | Loudoun Valley |
| A | Sarah Artrip | Lebanon |

2001**Domestic Extemporaneous Speaking**

| | | |
|-----|-----------------|----------------|
| AAA | MarkCioccia, | Granby |
| AA | Jacqueline Ross | William Monroe |
| A | Amy Clayton | Madison County |

Foreign Extemporaneous Speaking

| | | |
|-----|---------------------|---------------|
| AAA | Chris Ford, | James Madison |
| AA | Ariel Schneller | Blacksburg |
| A | Vivek Rama Krishnan | Powell Valley |

Original Oratory

| | | |
|-----|--------------|----------------|
| AAA | Daniel Young | Princess Anne |
| AA | Ben Nelson | Blacksburg |
| A | Becky Hill | Madison County |

Prose Interpretation

| | | |
|-----|------------------|----------------------|
| AAA | Cherise Williams | Booker T. Washington |
| AA | Chandra Diesel | Patrick County |
| A | Jennifer Shaver | Madison County |

Poetry Interpretation

| | | |
|-----|---------------|--------------|
| AAA | Jacob Harris | Menchville |
| AA | Tehra Coles | William Byrd |
| A | Tracee Wilson | West Point |

Humorous Dramatic Interpretation

| | | |
|-----|------------------|----------------|
| AAA | Josh Halloway | Yorktown |
| AA | Jonathan Hopkins | Blacksburg |
| A | Lucas Payne | Madison County |

Serious Dramatic Interpretation

| | | |
|-----|----------------|----------------|
| AAA | Sara Brunow | James Madsion |
| AA | Adriane Kiss | Abingdon |
| A | April Hamilton | Randolph-Henry |

Duo Interpretation

| | | |
|-----|------------------------------|---------------|
| AAA | Nabeel Qureshi/David Rogge | Princess Anne |
| AA | Kaitlin Dodi/Thomas Griffith | Lebanon |
| A | Mary Holland/Brandon Farmer | Galax |

Storytelling

| | | |
|-----|-------------------|------------------------|
| AAA | Ketelyn Ouellette | Princess Anne |
| AA | Chris Price | Blacksburg |
| A | Emily Lacy | George WytheWytheville |

Spelling

| | | |
|-----|-----------------|--------------|
| AAA | Ben Newmeyer | E.C. Glass |
| AA | Lauren Hammonds | Gate City |
| A | Matt Ralston | Rappahannock |

2000**Domestic Extemporaneous Speaking**

| | | |
|-----|------------------|---------------|
| AAA | Samantha Bateman | Princess Anne |
| AA | Johnnie Moore | Heritage-Ly. |
| A | William Deane | Madison Co. |

Foreign Extemporaneous Speaking

| | | |
|-----|-----------------|-------------|
| AAA | Chris Ford | J. Madison |
| AA | Ariel Schneller | Blacksburg |
| A | Nathan Roberts | Powell Val. |

Original Oratory

| | | |
|-----|----------------|----------------|
| AAA | Noah Sullivan | E.C. Glass |
| AA | Jessica Guerra | Abingdon |
| A | Laura Speakman | Madison County |

Prose Interpretation

| | | |
|-----|----------------------|----------------|
| AAA | Janeine Berryman | Salem-VB |
| AA | Selvi Sriranganathan | Blacksburg |
| A | Jeni Utz | Madison County |

Poetry Interpretation

| | | |
|-----|-----------------|------------|
| AAA | Karen Schantz | Monacan |
| AA | Morgan Stone | Brookville |
| A | Charity Northam | Nandua |

Humorous Dramatic Interpretation

| | | |
|-----|-------------------|----------------|
| AAA | Ryan Tiller | Prince George |
| AA | Brandon McConnell | Abingdon |
| A | Brian Cason | Madison County |

Serious Dramatic Interpretation

| | | |
|-----|---------------|---------------|
| AAA | Ashleigh Lay | James Madison |
| AA | John Fowlkes | Abingdon |
| A | Ashley Hudson | Fort Chiswell |

Duo Interpretation

| | | |
|-----|-----------------------------|----------------|
| AAA | Matt Macey/Nick VonBank | Monacan |
| AA | Ashley Hirt/Adam Breske | Blacksburg |
| A | Andrew Gillies/Andrew Brown | Madison County |

Storytelling

| | | |
|-----|----------------|------------|
| AAA | Cleo Robertson | Bayside |
| AA | Nick Klagge | Blacksburg |
| A | Brandon Farmer | Galax |

Spelling

| | | |
|-----|----------------|----------------|
| AAA | Justin Andrews | Ocean Lakes |
| AA | Laura Bohon | Dan River |
| A | Maria Dunn | Central Senior |

1999**Domestic Extemporaneous Speaking**

| | | |
|-----|-----------------|----------------|
| AAA | Tim Waclawski | Woodbridge |
| AA | Phoebe Connelly | Blacksburg |
| A | William Deane | Madison County |

Foreign Extemporaneous Speaking

| | | |
|-----|-------------------|------------|
| AAA | John Ross | Frank Cox |
| AA | Tom Davison | James Wood |
| A | A'Tasha Christian | New Kent |

Original Oratory

| | | |
|-----|----------------|----------------|
| AAA | David Saltzman | James Madison |
| AA | Shor Bowman | Lebanon |
| A | Laura Speakman | Madison County |

Prose Interpretation

| | | |
|-----|----------------|---------------|
| AAA | Rob Cheatham | Monacan |
| AA | Chris Price | Blacksburg |
| A | Sadrina Burney | Powell Valley |

Poetry Interpretation

| | | |
|-----|--------------------|--------------------|
| AAA | Jonathan Shoemaker | James Madison |
| AA | Leslie Ross | Heritage-Lynchburg |
| A | Jason Dart | Madison County |

Humorous Dramatic Interpretation

| | | |
|-----|-------------------|----------------|
| AAA | Leon Coleman | First Colonial |
| AA | Brandon McConnell | Abingdon |
| A | Rachel Bradshaw | Powell Valley |

Serious Dramatic Interpretation

| | | |
|-----|----------------|--------------------|
| AAA | Ashleigh Lay | James Madison |
| AA | Chris Williams | Heritage-Lynchburg |
| A | Frank Smith | Madison County |

Duo Interpretation

| | | |
|-----|--------------------------------|----------------|
| AAA | Matt Macey/Nick VonBank | Monacan |
| AA | Charlotte Finch/Danielle Finch | Abingdon |
| A | Andrew Gillies/Andrew Brown, | Madison County |

Storytelling

| | | |
|-----|-------------------|---------------|
| AAA | Marie Lawrence | Oscar Smith |
| AA | Mandi Catron | Abingdon |
| A | Stephanie Vincent | Powell Valley |

Spelling

| | | |
|-----|----------------|---------------|
| AAA | Frances Webb | E. C. Glass |
| AA | Chris Collins | Fort Defiance |
| | Adrienne Jones | Rustburg |
| A | Amanda Kelly | Whitewood |

1998**Domestic Extemporaneous Speaking**

| | | |
|-----|----------------|----------------|
| AAA | John Davis | Monacan |
| AA | Phobe Connelly | Blacksburg |
| A | William Deane | Madison County |

Foreign Extemporaneous Speaking

| | | |
|-----|-------------------|------------|
| AAA | John Ross | Frank Cox |
| AA | Stavroula Hatzios | Blacksburg |
| A | A'Tasha Christian | New Kent |

Original Oratory

| | | |
|-----|------------------|---------------|
| AAA | Joanna Lee | Lake Braddock |
| AA | Rochelle Gandour | Blacksburg |
| A | Justin Morris | Rural Retreat |

Prose Interpretation

| | | |
|-----|--------------|----------------|
| AAA | Makini Young | Chantilly |
| AA | Curie Choi | Poquoson |
| A | Jason Dart | Madison County |

Humorous Interpretation

| | | |
|-----|----------------|-------------|
| AAA | Fabian Rush | Clover Hill |
| AA | Will Smith | Abingdon |
| A | Mickey Collins | Castlewood |

Serious Dramatic Interpretation

| | | |
|-----|-------------|---------------|
| AAA | Anne Bowles | James Madison |
|-----|-------------|---------------|

| | | |
|----|--------------------|---------------|
| AA | Chris Larkin | Sherado |
| A | Nathan Paranthaman | Powell Valley |

Duo Interpretation

| | | |
|-----|---------------------|--------------|
| AAA | B.Montijo/ J.Mannix | Monican |
| AA | R.Rudd/R.Cullers | Sherando |
| A | J.Bosniak/R. Turman | Floyd County |

Storytelling

| | | |
|-----|------------------|--------------|
| AAA | Joy Scott | Green Run |
| AA | Kristen McIntyre | Turner Ashby |
| A | Roscoe Ramsey | New Kent |

Spelling

| | | |
|-----|--------------|----------------|
| AAA | Janice Pour, | Atlee |
| AA | Sarah Snyder | Northampton |
| A | Maria Dunn | Central Senior |

1997**Domestic Extemporaneous Speaking**

| | | |
|-----|-----------------|------------|
| AAA | Michael Beshara | Jm Madison |
| AA | Lucas Kline | Blacksburg |
| A | Paige Jennings, | St. Paul |

Foreign Extemporaneous Speaking

| | | |
|-----|----------------|---------------|
| AAA | Kate Berenson | Lake Braddock |
| AA | Yoni Schneller | Blacksburg |
| A | Brian Plum | Page County |

Original Oratory

| | | |
|-----|---------------|----------------|
| AAA | Nancy Bryan | James Madison |
| AA | Nathan Cook | Abingdon |
| A | Kim Umstadter | Madison County |

Prose Interpretation

| | | |
|-----|------------------|----------------|
| AAA | Elizabeth Coomer | James Madison |
| AA | Jesame McClellan | Abingdon |
| A | Maria Cruz | Madison County |

Poetry Interpretation

| | | |
|-----|---------------------|----------------|
| AAA | Joy Scott | Green Run |
| AA | Kristen Southerland | Spotsylvania |
| A | Jason Dart | Madison County |

Humorous Dramatic Interpretation

| | | |
|-----|--------------------|---------------|
| AAA | Robert Todd | Clover Hill |
| AA | Will Smith | Abingdon |
| A | Nathan Paranthaman | Powell Valley |

Serious Dramatic Interpretation

| | | |
|-----|------------------|--------------------|
| AAA | Arthur Rosenberg | James Madison |
| AA | Machelle Hill | Heritage-Lynchburg |
| A | Karen Place | Madison County |

Duo Interpretation

| | | |
|-----|-------------------------------|----------------|
| AAA | Patrick Lewis/Jessica Craig | James Madison |
| AA | Cara Nalle/Elsbeth Strum | Loudoun County |
| A | Courtney Rodland/Aaron Hussar | William Monroe |

Storytelling

| | | |
|-----|---------------|----------------|
| AAA | Tiffany Yecke | North Stafford |
| AA | Chris Morris | Spotswood |
| A | Patrick Ryan | Powell Valley |

Spelling

| | | |
|-----|------------------|--------------|
| AAA | Janice Pour | Atlee |
| AA | Sarah Snyder | Northampton |
| A | Nichole Phillips | Floyd County |

1996**Domestic Extemporaneous Speaking**

| | | |
|-----|---------------|----------------|
| AAA | Jamie Jackson | Heritage |
| AA | Seth Wood | Northside |
| A | Dennis Lucey | William Monroe |

Foreign Extemporaneous Speaking

| | | |
|-----|---------------|---------------|
| AAA | Kate Berenson | Lake Braddock |
| AA | Mike Shumsky | Blacksburg |
| A | Anna Kennedy | Saint Paul |

Original Oratory

| | | |
|-----|---------------|----------------|
| AAA | Stacy Bennett | James Madison |
| AA | Nathan Cook | Abingdon |
| A | Heidi Bohn | William Monroe |

Prose Interpretation

| | | |
|-----|-------------------|-------------|
| AAA | Zahra Sujadi | Cave Spring |
| AA | Elizabeth Marlowe | Franklin |
| A | Teli Cardaci | Northampton |

Poetry Interpretation

| | | |
|-----|------------------|----------------|
| AAA | Arthur Rosenberg | James Madison |
| AA | Jennifer Bolton | James Wood |
| A | Jason Dart | Madison County |

Humorous Dramatic Interpretation

| | | |
|-----|----------------|---------------|
| AAA | Steve Ringer, | James Madison |
| AA | Will Smith | Abingdon |
| A | Arnold Edwards | Rural Retreat |

Serious Dramatic Interpretation

| | | |
|-----|------------------|----------------|
| AAA | Maggie Kettering | James Madison |
| AA | Corie Brown | Blacksburg |
| A | Lisa Payne | Madison County |

Duo Interpretation

| | | |
|-----|---------------------|----------------|
| AAA | T.Showalter/R.Clark | Monacan |
| AA | R.Rudd/J.Smith | Blacksburg |
| A | B.Wright/M.Hardy | Central Senior |

Storytelling

| | | |
|-----|----------------|---------------|
| AAA | Bill Bozin | James Madison |
| AA | Lee Payne | Spotsylvania |
| A | Alecia Jenkins | Rural Retreat |

Spelling

| | | |
|-----|-----------------|-------------------|
| AAA | Amy Hegan | Oakton |
| AA | Trevor Cox | Rockbridge County |
| A | Shawna Heldreth | Rural Retreat |

1995**Domestic Extemporaneous Speaking**

| | | |
|-----|---------------|----------------|
| AAA | Sarah Plotkin | James Madison |
| AA | James Patten | York |
| A | Lori Pound | Madison County |

Foreign Extemporaneous Speaking

| | | |
|-----|---------------|----------------|
| AAA | James Langley | Thomas Edison |
| AA | Mike Shumsky | Blacksburg |
| A | Tom Cruz | Madison County |

Boys Original Oratory

| | | |
|-----|------------------|---------------|
| AAA | Arthur Rosenberg | James Madison |
| AA | Jason Guerra | Abingdon |
| A | Dustin Neeley | Powell Valley |

Girls Original Oratory

| | | |
|-----|-------------------|------------|
| AAA | Elena Pselio | Green Run |
| AA | Rasna Sarao | Blacksburg |
| A | Rebecca Milbourne | Nandua |

Boys Prose Interpretation

| | | |
|-----|----------------|---------------|
| AAA | Stephan Ringer | James Madison |
| AA | Rob Woodfield | Blacksburg |
| A | Joey Hulsey | Castlewood |

Girls Prose Interpretation

| | | |
|-----|-------------------|---------------|
| AAA | Natalie Shioji | James Madison |
| AA | Sarah Laners | Blacksburg |
| A | Caitlin O'Donnell | Saint Paul |

Boys Poetry Interpretation

| | | |
|-----|---------------|----------------|
| AAA | Kevin Madagan | Wakefield |
| AA | Craig Gallaer | Poquoson |
| A | Johnny Weaver | Central Senior |

Girls Poetry Interpretation

| | | |
|-----|------------------|---------------|
| AAA | Mary Wilson | Wakefield |
| AA | Rochelle Gandour | Blacksburg |
| A | Kelly Creger, | Rural Retreat |

Humorous Dramatic Interpretation

| | | |
|-----|---------------|----------------|
| AAA | Silvija Ozols | Lake Braddock |
| AA | Dennis Price | Blacksburg |
| A | Donny Johnson | Central Senior |

Serious Dramatic Interpretation

| | | |
|-----|------------------|----------------|
| AAA | Maggie Kettering | James Madison |
| AA | John Schwartz | Blacksburg |
| A | Lisa Payne | Madison County |

Duo Interpretation

| | | |
|-----|------------------|----------------|
| AAA | R.Clark/M.Carr | Monacan |
| AA | H.Clark/J.Andary | Loudoun County |
| A | D.Foltz/C.Scott | Northampton |

Spelling

| | | |
|-----|-----------------|----------------|
| AAA | Esther Mecking | Menchville |
| AA | Soon-Il Song | Christiansburg |
| A | Shawna Heidreth | Rural Retreat |

1994**Domestic Extemporaneous Speaking**

| | | |
|-----|-----------------|-------------|
| AAA | Gwen Wesley | Centreville |
| AA | Michael Shumsky | Blacksburg |
| A | Amy Woodland | Essex |

Foreign Extemporaneous Speaking

| | | |
|-----|-------------------|----------------|
| AAA | Aaron Reid | E.C. Glass |
| AA | Micah Schwartzman | Poquoson |
| A | Carolyn Book | Madison County |

Boys Original Oratory

| | | |
|-----|---------------|------------------------|
| AAA | Bryan Redding | Salem-Va Bch |
| AA | Jason Pettie | Fielddale-Collinsville |
| A | Dustin Neeley | Powell Valley |

Girls Original Oratory

| | | |
|-----|----------------|---------------|
| AAA | Carrie Johnson | James Madison |
| AA | Rasna Sarao | Blacksburg |
| A | Wynonah Bush | Castlewood |

Boys Prose Interpretation

| | | |
|-----|----------------|----------------|
| AAA | Brian Gretzler | Green Run |
| AA | Charles Long | Sherando |
| A | Dwayne Murphy | Madison County |

Girls Prose Interpretation

| | | |
|-----|------------------|----------------|
| AAA | Maggie Kettering | James Madison |
| AA | Reesa Davis | Poquoson |
| A | Laura Gilbert | William Monroe |

Boys Poetry Interpretation

| | | |
|-----|------------------|------------|
| AAA | Milton Welch | Menchville |
| AA | Nathaniel Hughes | Sporswood |
| A | Josh Miotke | Castlewood |

Girls Poetry Interpretation

AAA Alecia Jones Indian River
 AA Jasmine Cosby Culpeper County
 A Amelia Kirby Saint Paul

Humorous Dramatic Interpretation

AAA Connie Ferguson E.C. Glass
 AA Owen Wartella Abingdon
 A Shacarius Shrieves Arcadia

Serious Dramatic Interpretation

AAA Daniel O'Brien James Madison
 AA John Schwartz Blacksburg
 A Torski Dobson Charles City

Duo Interpretation

AAA P.Bryan\W.Weinig Manchester
 AA Hasselman\A.Jortner Blacksburg
 A C.Jones\M.Easton William Monroe

Spelling

AAA Richard Allen, Oakton
 AA Soon-Il Song Christiansburg
 A Joseph Thompson Windsor

1993**Boys Extemporaneous Interpretation**

AAA Suhalb Abdall West Springfield
 AA Micah Schwartzman Poquoson
 A Matthew Miller Rural Retreat

Girls Extemporaneous Interpretation

AAA Bronwynn Bailey Manchester
 AA Jennifer French Poquoson
 A Candice Brown New Kent

Boys Original Oratory

AAA John Kurcina James Madison
 AA Jason Pettie Fieldale-Collinsville
 A Russell Rinker Strasburg

Girls Original Oratory

AAA Claretta Yen West Potomac
 AA Holly James Amherst County
 A Kendra Shelton Wm Monroe

Boys Prose Interpretation

AAA John Riverson West Springfield
 AA Mark Smith Virginia
 A Jason Lairmore Hurley

Girls Prose Interpretation

AAA Anna Kelly Monacan
 AA Lisa Reid Blacksburg
 A Caitlin O'Donnell Saint Paul

Boys Poetry Interpretation

AAA Robert Weinig James Madison
 AA Bo Patrick Blacksburg
 A Brian Barrier Luray

Girls Poetry Interpretation

AAA Pamela Robinson Monacan
 AA Lora Zimmerman Spotswood
 A Tiffaneh Boose Prince Edward

Humorous Dramatic Interpretation

AAA Philip Pinkey Monacan
 AA Owen Wartella Abingdon
 A Inas Abdus-Sabur Prince Edward

Serious Dramatic Interpretation

AAA Ameka Lee Hampton
 AA Margo Hasslman Blacksburg
 A Emily Hall Nandua

Duo Interpretation

AAA A.Justus\D.Ownby Manchester
 AA F.Schwartz\J.Schwartz Blacksburg
 A S.Atwell\J.Mosley Rural Retreat

Spelling

AAA Lori Wray E.C. Glass
 AA Clay Daniel Harrisonburg
 A Soon-Il Song Central Senior

1992**Boys Extemporaneous Speaking**

AAA Clay Everett First Colonial
 AA Jason Wilkins Magna Vista
 A James O'Conor Prince Edward

Girls Extemporaneous Speaking

AAA Alice Donohoe West Potomac
 AA Njambi Good Blacksburg
 A Mary Eliz. Stark William Monroe

Boys Original Oratory

AAA John Kurcina James Madison
 AA Chris Goin Nottoway
 A William Collins Randolph-Hnry

Girls Original Oratory

AAA Maura Williams Monacan
 AA Christy Deel Grundy
 A Merrilee Mabbitt Central-Woodstock

Boys Prose Interpretation

AAA Richard Crommelin First Colonial
 AA Ian Douglas Waynesboro
 A Brian van de Graaff Madison County

Girls Prose Interpretation

AAA Tracy Kellum, James Madison
 AA Amy Brumfield James Monroe
 A Susan Painter Powell Valley

Boys Poetry Interpretation

AAA Robert Weinig James Madison
 AA Grayson Johnson William Byrd
 A Brad Davis Powell Valley

Girls Poetry Interpretation

AAA Anika Cristwell E.C. Glass
 AA Catina Blackman Osbourn
 A Amelia Kirby Saint Paul

Humorous Dramatic Interpretation

AAA Lance Lewis First Colonial
 AA Jeff Emerson Blacksburg
 A Sarah Gore Madison County

Serious Dramatic Interpretation

AAA Erik Muendel Woodbridge
 AA Martha Baker Blacksburg
 A Elizabeth Nuckles Council

Spelling

AAA Wesley Ulm T.C. Williams
 AA Amanda Jones Northampton
 A Soon-Il Song Central Senior

1991

Boys Extemporaneous Speaking

| | | |
|-----|------------------|-------------|
| AAA | Jason Van Orman | Osborn Park |
| AA | Tim O'Hara | Waynesboro |
| A | Lloyd Taliaferro | Middlesex |

Girls Extemporaneous Speaking

| | | |
|-----|-------------------|--------------|
| AAA | Danielle Giroux | Salem-Va Bch |
| AA | Theresa Younger | Rustburg |
| A | Meredith Lemaster | Mathews |

Boys Original Oratory

| | | |
|-----|--------------|----------------|
| AAA | James Chafin | First Colonial |
|-----|--------------|----------------|

| | | |
|----|----------------|------------------------|
| AA | John Williams | Magna Vista |
| A | Donald Martin, | George Wythe-Wythville |

Girls Original Oratory

| | | |
|-----|---------------|----------------|
| AAA | Heather Allen | First Colonial |
| AA | Torre Stata | Abingdon |
| A | Fatima Nedab | Nandua |

Boys Prose Interpretation

| | | |
|-----|-------------------|----------------|
| AAA | Richard Crommelin | First Colonial |
| AA | William Robertson | William Byrd |
| A | Matt Kern | George Mason |

Girls Prose Interpretation

| | | |
|-----|----------------|----------------------|
| AAA | Sheri Gentges | Thomas Jefferson S&T |
| AA | April Conley | Tazewell |
| A | Robin Fillings | Madison County |

Boys Poetry Interpretation

| | | |
|-----|--------------|---------------|
| AAA | Grant Ligon | James Madison |
| AA | Tehshik Yoon | Blacksburg |
| A | Kevin Cusick | Chincoteague |

Girls Poetry Interpretation

| | | |
|-----|-------------------|----------------|
| AAA | Chandra Scott | Heritage |
| AA | Anne Klaus | Blacksburg |
| A | Melissa Robertson | Central Senior |

Humorous Dramatic Interpretation

| | | |
|-----|------------------|-----------------|
| AAA | Jennifer Latham | Douglas Freeman |
| AA | Michael Wartella | Abingdon |
| A | Josh Krahn | Central Senior |

Serious Dramatic Interpretation

| | | |
|-----|---------------|----------------|
| AAA | Pam Mason | First Colonial |
| AA | Rachel White | Tabb |
| A | Irma Chambers | Prince Edward |

Spelling

| | | |
|-----|--------------|---------------|
| AAA | Wesley Ulm | T.C. Williams |
| AA | Amanda Jones | Northampton |
| A | Joe Thompson | Windsor |

1990

Boys Extemporaneous Speaking

| | | |
|-----|-----------------|------------------|
| AAA | Joseph Kennedy | Kempsville |
| AA | Lewis Fickett | James Monroe |
| A | Joseph Thompson | Washington & Lee |

Girls Extemporaneous Speaking

| | | |
|-----|-----------------|------------|
| AAA | Charity Evans | Monacan |
| AA | Heather Mullins | Blacksburg |
| A | Joy Trandel | Lexington |

Boys Original Oratory

| | | |
|-----|------------------|---------------|
| AAA | Kevork Juskalian | James Madison |
| AA | Nathan Brewster | York |

| | | |
|---|------------|----------|
| A | Rex Carter | Rye Cove |
|---|------------|----------|

Girls Original Oratory

| | | |
|-----|------------------|-------------|
| AAA | Sreyleak Kaysarn | Centreville |
| AA | Krista McCoy | Grundy |
| A | Fatima Nedab | Nandua |

Boys Prose Interpretation

| | | |
|-----|---------------|-----------------|
| AAA | Mark Ferguson | William Fleming |
| AA | Eric Shumsky | Blacksburg |
| A | Lash Fary | West Point |

Girls Prose Interpretation

| | | |
|-----|---------------|----------------|
| AAA | Laura Tetlow | First Colonial |
| AA | Amy Brumfield | James Monroe |
| A | Wendy Frye | Rural Retreat |

Boys Poetry Reading

| | | |
|-----|------------------|---------------|
| AAA | Nick Martin | James Wood |
| AA | Ashley VanScoyoc | Blacksburg |
| A | Jeff Miller | Prince Edward |

Girls Poetry Reading

| | | |
|-----|------------------|---------------|
| AAA | Patricia Jones | Thomas Edison |
| AA | Un Lee | Courtland |
| A | Melissa Braswell | Windsor |

Humorous Dramatic Interpretation

| | | |
|-----|---------------|---------|
| AAA | Chase Peeples | Monacan |
| AA | Ryan O'Quinn | Grundy |
| A | William Carty | Holston |

Serious Dramatic Interpretation

| | | |
|-----|-----------------|----------------|
| AAA | Anna Golladay | James Wood |
| AA | Catina Lowery | Christiansburg |
| A | Antonia Charity | Surry County |

Spelling

| | | |
|-----|--------------|-------------|
| AAA | Tim Jarrett | Menchville |
| AA | Amanda Jones | Northampton |
| A | Anna Hyer | Mathews |

1989

Boys Extemporaneous Speaking

| | | |
|-----|-----------------|--------------|
| AAA | Greg Tomso | West. Branch |
| AA | Eric Young | Tazewell |
| A | Wallace Sanders | Lexington |

Girls Extemporaneous Speaking

| | | |
|-----|-------------------|---------------|
| AAA | Amy Quester | Yorktown |
| AA | Heather Mullins | Blacksburg |
| A | Jennifer Houseman | Rural Retreat |

Boys Original Oratory

| | | |
|-----|--------------|----------------|
| AAA | Richard Hill | Lafayette |
| AA | John Hulvey | Abingdon |
| A | Cal Spencer | Central Senior |

Girls Original Oratory

| | | |
|-----|---------------|---------------|
| AAA | Anne Tullis | Chantilly |
| AA | Karen Little | Rustburg |
| A | Natasha Evans | Prince Edward |

Boys Prose Interpretation

| | | |
|-----|--------------|--------------|
| AAA | Kevin Lee | Falls Church |
| AA | Eric Shumsky | Blacksburg |
| A | Lash Fary | West Point |

Girls Prose Interpretation

| | | |
|-----|---------------|---------------|
| AAA | Kristi Weaver | James Madison |
| AA | Sarah Bedford | Blacksburg |
| A | Irma Chambers | Prince Edward |

Boys Poetry Reading

AAA Aaron Dotson Manchester
 AA Anthony Coles Northampton
 A Donnie Dyer Madison County

Girls Poetry Reading

AAA Beth Zins Chantilly
 AA Anne-Louise Klaus Blacksburg
 A Melissa Salyer Coeburn

Humorous Dramatic Interpretation

AAA Francie Shepherd Monacan
 AA Matt Hooper James Monroe
 A Tina Gordon Madison County

Serious Dramatic Interpretation

AAA Ginny Layne James Wood
 AA Danya Conn Blacksburg
 A Greta Griffith Castlewood

Spelling

AAA Karen Loew West Potomac
 AA Trevor Fiatal Courtland
 A Anna Hyer Mathews

1988**Boys Extemporaneous Speaking**

AAA Greg Tomso West. Branch
 AA Frank Wright Rustburg
 A Eric Brown Rappahannock

Girls Extemporaneous Speaking

AAA Andrea Austin Annandale
 AA Stacey Bailey Tabb
 A Barbara Trandel Lexington

Boys Original Oratory

AAA Doug Ramseur Monacan
 AA David Robertson Dan River
 A Rex Carter Rye Cove

Girls Original Oratory

AAA Anne Joseph James Robinson
 AA Karen Little Rustburg
 A Natasha Evans Prince Edward

Boys Prose Interpretation

AAA Vince Rhodes Bayside
 AA Eric Shumsky Blacksburg
 A Rod Eggleston Central Senior

Girls Prose Interpretation

AAA Victoria Markovist First Colonial
 AA Julie Bryand Western Albemarle
 A Irma Chambers Prince Edward

Boys Poetry Reading

AAA Robert Nagle Lafayette
 AA Erick Strzepak Charlottesville
 A Mouncey Ferguson George Mason

Girls Poetry Reading

AAA Carla Swanson First Colonial
 AA Leigh Brumfield James Monroe
 A Rhonda Jones Central Senior

Humorous Dramatic Interpretation

AAA Jenny Sue Glasco First Colonial
 AA Stephen Grant Blacksburg
 A James Anderson Prince Edward

Serious Dramatic Interpretation

AAA David Tarleton Lafayette
 AA Catina Lowery Christiansburg
 A Donald Armstrong Holston

Spelling

AAA Jennifer Poole Hayfield
 AA Gabe McCall Charlottesville
 A Devery Doleman George Mason

1987**Boys Extemporaneous Speaking**

AAA Curt Spear Hampton
 AA Chris Hahn Orange County
 A Greg Hounshell Rural Retreat

Girls Extemporaneous Speaking

AAA Daphne Spiers, Western Branch
 AA Cherish Robinson Orange County
 A Ruth Musser, Rural Retreat

Boys Original Oratory

AAA Ramesh Durvasula James Madison
 AA David Robertson Dan River
 A Al Reynolds Drewry Mason

Girls Original Oratory

AAA Anne Joseph James Robinson
 AA Theresa Draper Laurel Park
 A Aretha Hollyfield Castlewood

Boys Prose Interpretation

AAA Keith Shumaker Monacan
 AA Spencer Richardson Orange County
 A Ben Houseknecht Riverheads

Girls Prose Interpretation

AAA Indrani Mazumder Monacan
 AA Mitch Reyzer Park View-Sterling
 A Amy Clark Jonesville

Boys Poetry Reading

AAA Robert Nagle Lafayette
 AA James Boland Park View-Sterling
 A Jonathan Ford Rural Retreat

Girls Poetry Reading

AAA Andrea Detweiler Monacan
 AA Jessica Lee Charlottesville
 A Heather Mappus Mathews

Humorous Dramatic Interpretation

AAA Robert Duran Great Bridge
 AA Patton Oswalt Broad Run
 A Todd Vencil Saint Paul

Serious Dramatic Interpretation

AAA Michael Aaglan First Colonial
 AA Amanda Distefano Spotsylvania
 A Leslie Canady Charles City

Spelling

AAA Charlotte Burcher Hampton
 AA Patricia Yoon Harrisonburg
 A Deborah Curtis Stuarts Draft

1986**Boys Extemporaneous Speaking**

AAA Edward Delk Norview
 AA Neil Vining Spotswood
 A Vincent Vizachero Buffalo Gap

Girls Extemporeous Speaking

AAA Diana Grigorieff Franklin County
 AA Cheri DeMong Western Albemarle
 A Erin Sills Stuarts Draft

Boys Original Oratory

AAA Albert Lin Western Branch
 AA Derek Pletch Courtland
 A Chad Branch Rural Retreat

Girls Original Oratory

AAA Kenya Watkins Heritage
 AA Theresa Draper Laurel Park
 A Tina Becker Mathews

Boys Prose Reading

AAA Allan Duffin James Robinson
 AA Robert Smith York
 A Bill Sisson Shawsville

Girls Prose Reading

AAA Cynthia Mao James Robinson
 AA Carol Talley Spotsylvania
 A Michelle Swindall J.J. Kelly

Boys Poetry Reading

AAA David Powell Osbourn Park
 AA David Stevens Clover Hill
 A Joy Datta Amelia County

Girls Poetry Reading

AAA Mer. Shackelford First Colonial
 AA Leigh Brumfield James Monroe
 A Shannon Brown Chincoteague

Humorous Dramatic Interpretation

AAA Maurice Sholas R. E. Lee-Springfield
 AA Susan Stewart Brookville
 A Todd Gavin Fieldale-Collinsville

Serious Dramatic Interpretation

AAA Jennifer Goff Annandale
 AA Brian Chenault Radford
 A Dawn Johnson Prince Edward

Spelling

AAA Charlotte Burcher Hampton
 AA Carol Daugherty William Byrd
 A Dana Conner Fieldale-Collinsville

1985**Boys Extemporeous Speaking**

AAA Ted Mills James Robinson
 AA Joey Mustian Nottoway
 A Gerhard Schoenthal Bland

Girls Extemporeous Speaking

AAA Beth Dunn Deep Creek
 AA Leslie Wright Osbourn
 A Penny Cannon George Mason

Boys Original Oratory

AAA Robbie Witham Patrick Henry-Roanoke
 AA John Fleming Osbourn
 A Edward James Mathews

Girls Original Oratory

AAA Kathleen Dick Western Branch
 AA Andrea Berkley Abingdon
 A Michelle Elder Northumbrlnd

Boys Prose Reading

AAA Glen Berger Langley
 AA Ben Sproul York
 A Floyd Beggs New Kent

Girls Prose Reading

AAA Laurie Maxwell Monacan
 AA Sheena Skeens Grundy
 A Michelle Robertson Charles City

Boys Poetry Reading

AAA Herbert Williams Maury
 AA James Locke Rustburg
 A Mark Salyer Coeburn

Girls Poetry Reading

AAA Retta Wilson Albemarle
 AA Kathy Taylor Nottoway
 A Tammie Taggart Central Senior

Spelling

AAA Robin Springberg Wakefield
 AA Carol Daugherty William Byrd
 A Deborah Curtis Stuarts Draft

1984**Boys Extemporeous Speaking**

AAA David Perkins Great Bridge
 AA Mark Randolph Park View-Sterling
 A Kevin Israel Central (King & Queen)

Girls Extemporeous Speaking

AAA Mary Burcham Hampton
 AA Andrea Pierce Blacksburg
 A Denise Shuster George Mason

Boys Original Oratory

AAA Bruce Spiva Kempsville
 AA Heath Brockwell Greensville County
 A Paul Friga Strasburg

Girls Original Oratory

AAA Theresa Fisher Indian River
 AA Michele Myers Brunswick
 A Elizabeth Sumrall Hurley

Boys Prose Reading

AAA Curtis Rozier Oscar Smith
 AA Victor Mullins Laurel Park
 A Michael Mangus Thomas Walker

Girls Prose Reading

AAA Laurie Maxwell Monacan
 AA Beth Looney Glenvar
 A April Russell J.J. Kelly

Boys Poetry Reading

AAA Patrick Dooley Frank Cox
 AA Gerald Howard Bluestone
 A Mark Salyer Coeburn

Girls Poetry Reading

AAA Sherri Holman Douglas Freeman
 AA Sarah Phemister Lexington
 A Debbie Warren Mathews

Spelling

AAA Jennifer Shu Green Run
 AA Jim Comer Midlothian
 A David Hyer Mathews

1983

Boys Extemporaneous Speaking

AAA Jim Hansen Menchville
 AA Keith Finch Blacksburg
 A Clifford Peale Prince Edward

Girls Extemporaneous Speaking

AAA Elizabeth Mack Hampton
 AA Sindy Buenting Matoaca
 A Lisa Miller Rural Retreat

Boys Original Oratory

AAA Kevin Nash, Thomas Jefferson-Rich.
 AA David Morefield Rustburg
 A R. Todd Taylor Bland

Girls Original Oratory

AAA Quyen Truong Annandale
 AA Kim Ashbury, Midlothian
 A Jodie McPherson Jonesville

Boys Prose Reading

AAA Bryan Harrel Princess Anne
 AA Toby Messitt Park View-Sterling
 A Mark Salyer Coeburn

Girls Prose Reading

AAA Audrie Feldspausch Douglas Freeman
 AA Colette Burson Abingdon
 A Donna Robey Parry McCluer

Boys Poetry Reading

AAA Donald Wilson Patrick Henry-Roanoke
 AA Norman Cooley Matoaca
 A Dimitry Drovjinsky George Mason

Girls Poetry Reading

AAA Janelle Adams Thomas Jefferson-Rich.
 AA Jennifer Brandt Manchester
 A Meredith Guinness J.J. Kelly

Spelling

AAA Steven Reinhardt Lake Braddock
 AA Jane Barnett Handley
 A Thomas Hyer Mathews

1982

Boys Extemporaneous Speaking

AAA Doug Smith Thomas Edison
 AA Deshaun Nolley Meadowbrook
 A Rick Monz George Mason

Girls Extemporaneous Speaking

AAA Stephanie Perry Charlottesville
 AA Lorna Stockner Warren County
 A Allyn Turner Auburn

Boys Original Oratory

AAA Dennis Tillman Hampton
 AA Bryan Wade Varina
 A Chris Valdrighi Mathews

Girls Original Oratory

AAA Vaterene King Norview
 AA Kim Ashbury Midlothian
 A Janice Blake Mathews

Boys Prose Reading

AAA Mike Betterman Thomas Jefferson-Rich.
 AA Michael Bishara Abingdon
 A Jeff Kuykendall GW. Carver

Girls Prose Reading

AAA Aleta Zobrack James Madison
 AA Lorrie Mills GeorgeWythe-Wytheville
 A Jackie Pitzer Shawsville

Boys Poetry Reading

AAA Gregory Travis William Fleming
 AA David Rath Rustburg
 A Robert Ruffin Mathews

Girls Poetry Reading

AAA Jane Via Monacan
 AA Nikki McGrath Waynesboro
 A Jackie Abrams New Kent

Spelling

AAA Wendy Long Annandale
 AA Anna Scholand Wm Byrd
 A Sara Mabry Rural Retreat

1981

Boys Extemporaneous Speaking

AAA Scott Commander Frank Cox
 AA Wayne Williams Warren County
 A Rick Munoz GeorgeMason

Girls Extemporaneous Speaking

AAA Mara Schoeny Charlottesville
 AA Wendy Buenting Matoaca
 A Denise Anderson George Mason

Boys Original Oratory

AAA Bob Stankey Oakton
 AA Bruce Layman Stuarts Drft
 A Charles Dabney Central (King & Queen)

Girls Original Oratory

AAA Patty Moon Fauquier
 AA Ellen Spencer Western Albemarle
 A Margaret Minuth Mathews

Boys Prose Reading

AAA Daniel Frank Bethel
 AA Jack Spencer Midlothian
 A Mike Davies George Mason

Girls Prose Reading

AAA Cynthia Perdue George Washington
 AA Caroline Helton Carroll County
 A Laurie Callahan Central-Woodstock

Boys Poetry Reading

AAA Mark Armstrong Bayside
 AA Michael Keller Radford
 A Dimitry Drougjinsky George Mason

Girls Poetry Reading

AAA Melinda Israel Charlottesville
 AA Dani Beazer Western Albemarle
 A Monica Cole Amelia County

Spelling

AAA Wendy Long Annandale
 AA Susan Fitzpatrick Abingdon
 A Tina Hyman R.B. Worthy

1980

Boys Extemporaneous Speaking

AAA Emanuel Voyiajakis Fort Hunt
 AA Robert Jonson Blacksburg
 A Russell Moon Central-Woodstock

Girls Extemporaneous Speaking

AAA Katrina Eike Bayside
 AA Robin Stomblor Blacksburg
 A Carla Ramey Strasburg

Boys Original Oratory

AAA Wes Carrington Salem-Va. Bch
 AA Dennis Crowley George Mason
 A Mark Strickley Strasburg

Girls Original Oratory

AAA Sarah Martin Franklin County
 AA Alyce McLemore Franklin
 A Nowaka Hilton Rural Retreat

Boys Prose Reading

AAA Bobby Smith Douglas Freeman
 AA Tim Brown Warren County
 A Billy Rose J.I. Burton

Girls Prose Reading

AAA Sandra Edwards Denbigh
 AA Danette Clemons Loudoun County
 A Vanessa Hicks Central-Woodstock

Boys Poetry Reading

AAA Carl Davis Thomas Edison
 AA William Woolfolk Orange County
 A Butch Atkinson Central Senior

Girls Poetry Reading

AAA Lesli Bennett James Madison
 AA Gina Seifirh Brookville
 A Monica Hopkins Central Senior

Spelling

AAA Marcia Grove Fauquier
 AA Tim Calfee Radford
 A Lesa Cline Independence

1979**Boys Extemporaneous Speaking**

AAA Bill Niedringhaus West Springfield
 AA Robert Youngblood Lexington
 A John Goodman Cumberland

Girls Extemporaneous Speaking

AAA Cathy Lane Thomas Edison
 AA Leslie Werrell Radford
 A Katherine Young Prince Edward

Boys Original Oratory

AAA Rudy Beverly Heritage
 AA Scott Mungo Poquoson
 A Michael Davis Mathews

Girls Original Oratory

AAA Jeanette Smith Douglas Freeman
 AA Karen Yates Poquoson
 A Mary Beal, Washington-Lee

Boys Prose Reading

AAA Jamieson Price Fort Hunt
 AA Stephen Hess Brookville
 A Butch Atkinson Central Senior

Girls Prose Reading

AAA Allison Tanner James Madison
 AA Robin Blair Tunstall
 A Debra Wade Flatwoods

Boys Poetry Reading

AAA Dwayne Sanderson Douglas Freeman
 AA David Dee Clover Hill
 A Derek Richardson Amelia County

Girls Poetry Reading

AAA Jane Whitaker Charlottesville
 AA Emily Kendall Orange County
 A Monica Hopkins Central Senior

Spelling

AAA Karyn Kraft Frank Cox
 AA Tim Calfee Radford
 A Angie Watkins Natural Bridge

1978**Boys Extemporaneous Speaking**

AAA Mark Dreyer Northside
 AA Philip Taylor Western Albemarle
 A Mark Jala Staunton Rivers

Girls Extemporaneous Speaking

AAA Sally James J.R. Tucker
 AA Wanda Lacey Tunstall
 A K Bower Lebanon

Boys Original Oratory

AAA Paul Gallagher Thomas Jefferson-Fairfax
 AA Dennis Crowley George Mason
 A Robert Brewer Honaker

Girls Original Oratory

AAA Cynthia Russell Deep Creek
 AA Ann Johnson Brookville
 A Diana Parsons Fort Defiance

Boys Prose Reading

AAA Chris Walker Pulaski
 AA Mike Hauser Western Albemarle
 A Michael Lutz Central-Woodstock

Girls Prose Reading

AAA Jacqueline Lucid Oakton
 AA Alisa Duhl Western Albemarle
 A Mary Ellen Phillips Stonewall Jackson-M

Boys Poetry Reading

AAA Derek Saldanah Thomas Jefferson-Fairfax
 AA Tim Smith Turner Ashby
 A Michael Fowler King William

Girls Poetry Reading

AAA Ann Shields Douglas Freeman
 AA Betsy Nuckols Gretna
 A Kimberly Makowsky Clover Hill

Spelling

AAA Gene Bickers Albemarle
 AA Jimmy Grant George Mason
 A Angie Watkins Natural Bridge

1977**Boys Extemporaneous Speaking**

AAA Jim Hansen Yorktown
 AA Denny Crowley George Mason
 A Mike McKiernan Strasburg

Girls Extemporaneous Speaking

AAA Julie Litzenger J.R. Tucker
 AA Wanda Lacey Tunstall
 A Laura Bowie Washngtn & Lee

Boys Original Oratory

AAA Paul Hamilton Indian River
 AA Paul Brown Fieldale-Collinsville
 A Emmett Heltzel Buffalo Gap

Girls Original Oratory

AAA Heather Palmer Fairfax
 AA Lori Jefferson Andrew Lewis
 A Kathy Phillips Poquoson

Boys Prose Reading

AAA Steve Boyd Douglas Freeman
 AA Tom Stafford Floyd County
 A David Gibson Stuarts Draft

Girls Prose Reading

AAA Mary Moroney James Madison
 AA Donna Parrish Tabb
 A Terri Rowland Coeburn

Boys Poetry Reading

AAA Tim Boddie Warwick
 AA David Armstrong Brookville
 A Dennis Lunblad Central-Woodstock

Girls Poetry Reading

AAA Sally Irwin Groveton
 AA Trudy Meador William Byrd
 A Yvonne Yessell King William

Spelling

AAA Carline Bolte Dinwiddie
 AA Charles Robinson Smithfield
 A Becky Hudgins Mathews

1976**Boys Extemporaneous Speaking**

AAA Mike Kessler Bayside
 AA Mike Steele Waynesboro
 A Rodney Wilkins Wilson Memorial

Girls Extemporaneous Speaking

AAA Julie Litzinger J.R. Tucker
 AA Donna Testerman Brookville
 A Donnie Morgan Mathews

Boys Original Oratory

AAA Paul Hamilton Indian River
 AA Dennis Smith Brookville
 A Blair Arbogast Stuarts Draft

Girls Original Oratory

AAA Nan Duncan J.R. Tucker
 AA Shara Haynes Harrisonburg
 A Vana Stapp Brentsville District

Boys Prose Reading

AAA Roy Santonil Kempsville
 AA Marcello Amari Loudoun Valley
 A Mark Seymour Brentsville District

Girls Prose Reading

AAA C. Carpenter Midlothian
 AA Patti Bennett Brookville
 A Elizabeth Schamek J.J. Kelly

Boys Poetry Reading

AAA Bill Henry Bayside
 AA David Armstrong Brookville
 A Charles Speight Stuarts Draft

Girls Poetry Reading

AAA Susan Miller Bayside
 AA Kit Wilkinson Central Senior
 A Tammy Robertson Fort Defiance

Spelling

AAA Caroline Bolte Dinwiddie
 AA Patricia Miller Christiansburg
 A Benjamin Blair J.J. Kelly

1975**Boys Extemporaneous Speaking**

AAA Pat Barclay Tabb
 AA Jay Murphy Windsor
 A Rodney Wilkins Wilson Memorial

Girls Extemporaneous Speaking

AAA Debbie Lapkin J.R. Tucker
 AA Jenny Stone William Byrd
 A Ann Keller Clover Hill

Boys Original Oratory

AAA Mark Williams Bayside
 AA Joseph Moore Brunswick
 A Scott Wallace New Kent

Girls Original Oratory

AAA Shannon Turrentine Chantilly
 AA Jackie Wiley Virginia
 A Tut Stapp Brentsville District

Boys Prose Reading

AAA Tim Williams J.R. Tucker
 AA Brad Sidle Gloucester
 A Dale Braxton Wilson Memorial

Girls Prose Reading

AAA Judy Frank Hampton
 AA Roberta Smith Alleghany
 A Jennifer Hoy Stuarts Draft

Boys Poetry Reading

AAA Derek Saldahna Thomas Jefferson-Fairfax
 AA Wayne Humphries Covington
 A Phillip Timp J.J. Kelly

Girls Poetry Reading

AAA Meg Langford James Madison
 AA Carmen Olivis Gloucester
 A Jeauince Casmiro Colonial Beach

Spelling

AAA Nancy Ammerman Indian River
 AA Kimberly Stoner Waynesboro
 A Ben Blair J.J. Kelly

1974

not available

1973**Boys Extemporaneous Speaking**

AAA Curtis Johnson Langley
 AA Gary McClain Blacksburg
 A H.T. Vaught Independence

Girls Extemporaneous Speaking

AAA Chris Sieber Hayfield
 AA Susan Mason Brookville
 A Patricia Coggin James River

Boys Original Oratory

AAA David Urban E.C. Glass
 AA David Byrd Gloucester
 A Edward McBride Clover Hill

Girls Original Oratory

AAA Carolyn Davis Oakton
 AA Marcia DeLong Broad Run
 A Betsy Stuart Washington-Lee

Boys Prose Reading

AAA Dave Caras Fairfax
 AA John Shupe Marion
 A Jim Hasenfus King George

Girls Prose Reading

AAA Wendy Simonson Huguenot
 AA Sally Finestone Clifton Forge
 A Janet Chaffin J.J. Kelly

Boys Poetry Reading

AAA Max Stephenson J.E.B. Stuart
 AA Moses Harrison Brunswick
 A David Lohoufer Holston

Girls Poetry Reading

AAA Marsha Elcan E.C. Glass
 AA Robin Jones Central-Woodstock
 A Rebecca Martin Holston

Spelling

AAA Philip Enrico Woodrw Wilson
 AA Scott Williams Marion
 A Sharon Hatfield Thomas Walker

1971-1972
 not available

1970**Boys Extemporaneous Speaking**

IA Doug Brown Petersburg IB Harold Breer J.I. Burton
 II Lanny Rainey Dinwiddie III Frank Bottenfield Millboro

Girls Extemporaneous Speaking

IA Julie Sherman WT Woodson IB Sandi Cook Cave Spring
 II Pat Wilson Altavista III Denise Williams Middlesex

Boys Original Oratory

IA Bob Halcum Woodrw Wlsn IB Donnie Smallwood Handley
 II James Mason Brunswick III James Saunders Rappahannock

Girls Original Oratory

IA Lynn Friedman W Springfield IB Joyce Largen Gg Wythe-Wth
 II Dennie Tomlin Nelson Co III Janice Hardison Va Sch D&B

Boys Prose Reading

IA Steve Shenker Groveton IB Walter McCauley James Wood
 II Danny Trout Rustburg III George Tinsley Washngtn.-Lee

Girls Prose Reading

IA Pamela Berlin Hampton IB Sandra Hough Loudoun Co
 II Ann Dickinson Montevideo III Donna Terry Highland

Boys Poetry Reading

IA Stuart Duffin Wood.Wilson IB Jeff Kreuger Gar-Field
 II Michael Redifer Riverheads III Dan Montague Tappahnck

Girls Poetry Reading

IA Sally Booker Lane IB Debbie Sloan Jm Monroe
 II Janice Gosney Dan River III Martha Oakes Va Sch D&B

Spelling

IA Joe Wagstaff Huguenot IB Frances Higgins Varina
 II Ellen Read Park View III Elsa Cooke Mathews

1969**Boys Public Speaking**

IA Billy Burnside Marion Sr IB Oliver Anderson Liberty
 II Walter Jacobs Fort Chiswell III James Saunders Rappahannock

Girls Public Speaking

IA Cindi Howard Wood.Wilson IB Deborah Brumback James Wood
 II Pamela F. Crigler Madison Co III Ginger Humphries Lancaster

Boys Prose Reading

IA John Butz Annandale IB Michael Bryan James Wood
 II Tod Blankenship Rustburg III Lou Packett Rappahannock

Girls Prose Reading

IA Mary Moody Huguenot IB Jusy Mills Spotsylvania
 II Gwenlyn Gibbs Madison Co III Dawnelle Cruze Va Sch D&B

Boys Poetry Reading

IA Bill Swiggard Fort Hunt IB Taylor Putney Gg Wythe-Wth
 II Bland Campbell Nelson Co III Thomas Rice Va Sch D&B

Girls Poetry Reading

IA Fan Price, Douglas Freeman IB Becky Nichols Hillsville
 II Phylcia Harding Central Sr III Gloria Parr Rappahannock

Spelling

IA Robert Phillips Hampton IB Gregory Wilson Handley
 II Kippe Jones Smithfield III Dennis Neal Northumbrlnd

1968**Boys Public Speaking**

IA Frank Queen Fort Hunt IB Larry Jones Fauquier
 II Edallen Burtner Buffalo Gap III Richard Thrift Middlesex

Girls Public Speaking

IA Barbara Benyo Th Edison IB Cindy Sickman Woodbridge
 II Sharon Shickel Montevideo III Ellen Gwathmey West Point

Boys Prose Reading

IA Bob Ellsworth Fort Hunt IB Michael Bryan, James Wood
 II Peter York Madison Co III John Szelagiewicz West Point

Girls Prose Reading

IA Reba Barfield Maury IB Deborah Powell Franklin Co
 II Gwen Gibbs Madison Co III Gloria Parr Rappahannock

Boys Poetry Reading

IA Herschel Brown Wakefield IB Robert Shepherd William Byrd
 II William Johns Warren Co III Jeff O'Dell Tappahannock

Girls Poetry Reading

IA Sandra Bell Virginia IB Rebecca Nichols Hillsville
 II Dana Dye Honaker III Anne Cockrell Northumbrlnd

Spelling

IA Robert Phillips Hampton IB Maureen Finn Loudoun Vally
 II Elizabeth Moler Amelia Co III Dorothy Turner Tappahannock

1967**Boys Public Speaking**

IA Guy Johnson Gg Wash-Alex IB Tony Lentz Martinsville
 II George Peters Amherst III Cornelius Holmes Marriott

Girls Public Speaking

IA Sally Steinhardt Wm Fleming IB Carol Handy Clarke Co
 II Judy Brunk Fort Defiance III Lynette Wicks Middlesex

Boys Prose Reading

IA Van Selby Huguenot IB Eric Dobbs Albemarle
 II Jimmy Martin C-Woodstock III Brian Parker Tappahannock

Girls Prose Reading

IA Betty Lilly Wakefield IB Bonnie Ashwood James Wood
 II Em White Zehmer Dinwiddie III Linda Bray Middlesex

Boys Poetry Reading

IA Sam Maupin D. Freeman IB Dave Parsons Albemarle
 II Roger Powell Warren Co III David Jett Northumbrlnd

Girls Poetry Reading

IA Angie Dahmer Washngtn-Lee IB Shelley McCullough Northside
 II Bette Buckner Madison Co III Ann Cockrell Northumbrlnd

Spelling

IA Susan Guthrie E.C. Glass IB Bonnie McKeown Handley
 II William Munsey Council III Dottie Turner Tappahannock

1966**Boys Public Speaking**

IA Paul Conte Huguenot IB James Daugherty R.E. Lee-Stntn
 II William Johns Warren Co III Robert McClanahan Mathews

Girls Public Speaking

IA Jayne Moore Wm Fleming IB Linda Mattera Handley
 II Sue Houff Buffalo Gap III Sharon Wilkins West Point

Boys Prose Reading

IA Jon Smith Huguenot IB Eric Dobbs Cave Spring
 II James Saulton Broadway III Garry Coakley King George

Girls Prose Reading

IA Kyle Warren Gg Wash-Alex IB Cynthia Summers Waynesboro
 II Donna Blankenbecker Chilhowie III Mary Beth Luce New Kent

Boys Poetry Reading

IA Ronald Siegal Hampton IB James Anderson Loudoun Co
 II Roger Powell Warren Co III Joe Haag King George

Girls Poetry Reading

IA Susan Sandler Newport News IB Marjorie Jones James Monroe
 II J. Dale Brubeck Buffalo Gap III Peggy Melvin Middlesex

Spelling

IA Elizabeth Cain McLean IB Marian Wills Orange Co
 II Judith Reid Amelia Co III Anne Beazley Tappahannock

1965**Boys Public Speaking**

IA Warren Fulton Gg Wash-Alex
 II Wayne Roach Chatham III Tom Hawkes Midway

Girls Public Speaking

IA Susan Quance Lane
 II Ann Rogers Rndlph Henry III Judy Harris Midway

Boys Prose Reading

IA Warren Fulton Gg Wash-Alex
 II Roger Powell Warren Co III Rod Wilson Waverly

Girls Prose Reading

IA Carolyn Blaylock Cradock
 II Kaye Jackson Chatham III Sharon Bourne Waverly

Boys Poetry Reading

IA Jerry Angell Lane
 II Johnny Windle Warren Co III Joe Haag King George

Girls Poetry Reading

IA Joan Vincent Gge Wash-Dan
 II Catherine Palmer Strasburg III Margaret Melvin Middlesex

Spelling

IA Kathy Moloney Norview
 II William Munsey Council III Margaret Becker Middlesex

1964**Boys Public Speaking**

IA Richard Gaspard Cradock
 II William Deford Rndlph-Henry III Wayne Roach Chatham

Girls Public Speaking

IA Randy Bryant Cradock
 II Sharon Lambert Clarke Co III Donna Sandy Rappahan'k

Boys Prose Reading

IA Charles Maloney, Wm Fleming
 II Jimmy Settle Amherst Co III Charles Hite Caroline

Girls Prose Reading

IA Alyce Jo Sydenstricker P. Henry-Rnke
 II Linda Staiger Fluvanna Co III Joan Hall Jarrett

Boys Poetry Reading

IA David Barnett Gg Wythe-Wth
 II Danny Shipp Crewe III Robert Pittman, Lancaster

Girls Poetry Reading

IA Patsy Hicks Cradock
 II Judy Mills Goochland III Phyllis Newman, Tappahannock

Spelling

IA Gay Detlefson D Freeman
 II Fred Hollen Turner Ashby III Harry Bastow, III Northumbri nd

1963**Boys Public Speaking**

IA Edwin Elliott Osbourn IB Barry Wickman James Wood
 II Rhett Dove, J.R. Tucker III J. Wayne Roach Chatham

Girls Public Speaking

IA Linda Lee Hermitage IB Anne Meckstroth James Wood
 II Ruth Ann Oliver Floyd Kellam III Anrea Bailey Wakefield

Boys Prose Reading

IA Robert Newkirk McLean IB Clyde Grubb Pulaski Co
 II Irwin Kirby Warren Co III Frank Delano Chatham

Girls Prose Reading

IA Cathy Bishop Yorktown IB Cynthia Price Cave Spring
 II Mary Anne Tucker Abingdon III Sarah Delano Chatham

Boys Poetry Reading

IA Mike Grigsby Falls Church IB Dick Menaker Waynesboro
 II Robert Hallman Floyd Co III Tommy Taliafero Tappahannock

Girls Poetry Reading

IA Ronnie Bloxam Prince George IB Lisa Tracey Lexington
 II Kathleen Hallman Floyd Co III Kerry Sue Powell Tappahannock

Spelling

IA Gay Detlefson D Freeman IB Betsy Letcher Lexington
 II Robert Evans Rustburg III Margaret Hill Middlesex

1962**Boys Public Speaking**

IA Jim Edmondson Mount Vernon IB Richard Griffith Lexington
 II John Burks Bedford III Clinton Robertson Midway

Girls Public Speaking

IA Margaret Van Pelt Yorktown IB Priscilla Walker Gar-Field
 II Linda Arnette Abingdon III Robin Ann Powell Mathews

Boys Prose Reading

IA Daniel Marrow Gg Wash-Alex IB Alfred Wyllie Martinsville
 II James Vaught Rural Retreat III John Packett Wash-Lee-Mts

Girls Prose Reading

IA Laurie Macrae Washngtn-Lee IB Cynthia Price Cave Spring
 II Kathy Vaccellio York III Betty Jo Landes Middle River

Boys Poetry Reading

IA Glen Shivel D Freeman IB Richard Griffith Lexington
 II John Burks Bedford III Clinton Robertson Midway

Girls Poetry Reading
 IA Margaret Van Pelt Yorktown IB Priscilla Walker Gar-Field
 II Linda Arnette Abingdon III Robin Ann Powell Mathews

1961

Boys Public Speaking
 IA Thomas Jefferson-Roanoke IB Blacksburg
 II Brookville III Mathews

Girls Public Speaking
 IA Yorktown IB Gar-Field
 II Louisa County III Climax

Boys Prose Reading
 IA Groveton IB Loudoun County
 II York III Lancaster

Girls Prose Reading
 IA William Fleming IB Martinsville
 II Scottsville III Tappahannock

Poetry Reading
 IA Princess AnnE IB R.E. Lee-Staunton
 II John S. Battle III Lancaster

Spelling
 IA Washington-Lee IB Lexington
 II Broadway III Middlesex

1960

Boys Public Speaking
 I Not Available
 II Waynesboro III Spring Garden

Girls Public Speaking
 I Not Available
 II Lexington III Tappahannock

Boys Prose Reading
 I Fairfax
 II Lexington III Spring Garden

Girls Prose Reading
 I Wakefield
 II Loudoun County III Chatham

Poetry Reading
 I Douglas Freeman
 II R.E. Lee-Staunton, Floyd County III Middlesex

Spelling
 I Washington-Lee
 II Not Available III Lancaster

1959

Boys Public Speaking
 I Albemarle
 II Martinsville III Goochland

Girls Public Speaking
 I William Fleming
 II Floyd County III Lancaster

Boys Prose Reading
 I Thomas Jefferson-Roanoke
 II Lexington III Madison County

Girls Prose Reading
 I Lane
 II Herndon III West Point

Poetry Reading
 I Petersburg
 II Fieldale III Chatham

Spelling
 I E.C. Glass
 II Wilson Memorial III Dinwiddie, Northumberland

1958

Boys Public Speaking
 I Lane
 II Amelia County III Cleveland

Girls Public Speaking
 I Falls Church
 II Wilson Memorial III Troutville

Boys Prose Reading
 I Not Available
 II Not Available III Lancaster

Girls Prose Reading
 I Lane, McLean
 II James Blair, James Wood III Chatham

Poetry Reading
 I Princess Anne
 II Martinsville III Climax

Spelling
 I Maury
 II Douglas Freeman III Troutville

1956/57

Boys Public Speaking
 I Hermitage William Fleming
 II Wilson Memorial Pulaski Co Groveton
 III Middlesex Warsaw North River

Girls Public Speaking
 I Hermitage, Wakefield G. W. Danville
 II Great Bridge Orange Co. Martinsville,
 III Holland Goochland Spring Garden

Boys Prose Reading
 I Lane William Fleming
 II Douglas Freeman Herndon Turner Ashby
 III Midway Middlesex Spring Garden Woodstock

Girls Prose Reading
 I Princess Anne Mount Vernon Lane
 II Churchland Broadway Douglas Freeman
 III Edinburg Chatham

Poetry Reading
 I Hampton William Fleming
 II Farmville Waynesboro Rural Retreat
 III Middlesex Concord Woodstock

Spelling
 I Lane E.C. Glass
 II Douglas Freeman Waynesboro George Mason Virginia
 III Holland Farnham Climax

1956

Boys Public Speaking
 I Maury
 II Radford III Fincastle

Girls Public Speaking
 I Falls Church
 II McLean II West Point

Boys Prose Reading
 I Thomas Jefferson-Roanoke
 II Not Available III West Point

Girls Prose Reading
 I Lane
 II Princess Anne III West Point

Poetry Reading
 I Oscar Smith
 II McLean III Troutville

Spelling
 I Woodrow Wilson
 II Varina III Holland

| | | | |
|--------------------------------|--------------------|--------------------------------|---|
| 1955 | | Boys Prose Reading | |
| Boys Public Speaking | | I Thomas Jefferson-Roanoke | |
| I Cradock | | II Suffolk | III Triplet |
| II Prince George | III Goochland | Girls Prose Reading | |
| Girls Public Speaking | | I George Washington-Alexandria | |
| I Woodrow Wilson | | II Oceana | III Rustburg |
| II Princess Anne | III North River | Poetry Reading | |
| Boys Prose Reading | | I Falls Church | |
| I Woodrow Wilson | | II James Monroe | III George Mason |
| II Herndon | III Holland | Spelling | |
| Girls Prose Reading | | I George Washington-Alexandria | |
| I Cradock | | II Lexington | III Bridgewater |
| II Handley | III Middlesex | 1951 | |
| Poetry Reading | | Boys Public Speaking | |
| I Lane | | I Maury | |
| II Albemarle | III Not Available | II C.H. Friend | III Herndon |
| Spelling | | Girls Public Speaking | |
| I George Washington-Alexandria | | I Washington-Lee | |
| II Varina | III Not Available | II Galax | III Sugar Grove |
| 1954 | | Boys Prose Reading | |
| Boys Public Speaking | | I Andrew Lewis | |
| I Craddock | | ad | |
| II Marion | III Eagle Rock | II Martinsville | |
| Girls Public Speaking | | III New Kent | |
| I Fairfax | | Girls Prose Reading | |
| II William Fleming | III North River | I Andrew Lewis | |
| Boys Prose Reading | | II Varina | III Mathews |
| I Falls Church | | Poetry Reading | |
| II Kempsville | III George Mason | I E.C. Glass | |
| Girls Prose Reading | | II Lexington | III Powhatan |
| I Granby | | Spelling | |
| II Virginia Beach | III George Mason | I George Washington-Alexandria | |
| Poetry Reading | | II Parry McCluer | III Damascus, Weyers Cave |
| I Woodrow Wilson | | 1948-1950 | |
| II Kempsville | III Woodstock | not available | |
| Spelling | | 1946/47 | |
| I Hermitage | II Marion | Boys Public Speaking | |
| III Powhatan | | I Robert White | Granby |
| 1953 | | II Warren Anderson | C.H. Friend III Robert Shelton Stafford |
| Boys Public Speaking | | Girls Public Speaking | |
| I Falls Church | III Buchanan | I Nancy Preas | Gg Wash-Dan |
| II Not Available | | II Patsy Branscome | Galax III Ann Garrett Orange Co |
| Girls Public Speaking | | Boys Prose Reading | |
| I Fairfax | | I Russell Herman | Gg Wash-Alex |
| II Honaker | III George Mason | II Joseph Eisler | Lexington III Richard Alwood McIntire |
| Boys Prose Reading | | Girls Prose Reading | |
| I Washington-Lee | | I Helen Kotarides | Maury |
| II Churchland | III Herndon | II Phyllis J. Cothran | Altavista III Betty Weatherford Halifax Co |
| Girls Prose Reading | | Poetry Reading | |
| I Woodrow Wilson | | I Helen Kotarides | Maury |
| II Culpeper County | III Washington-Lee | II Anne Wright | Handley III Patricia Minor Powhatan |
| Poetry Reading | | Spelling | |
| I George Washington-Alexandria | | I Mary Weyhgandt | Granby |
| II James Monroe | III George Mason | II Anne Dovel | Harrisonburg III Frieda Phipps Independence |
| Spelling | | 1946 | |
| I George Washington-Alexandria | | Boys Public Speaking | |
| II Lexington, C.H. Friend | III Chatham | I Neil Cline | Granby II J.W. Krams William Byrd |
| 1952 | | M.E. Harrison | Washngtn-Lee |
| Boys Public Speaking | | III William Shulhof, Varina | IV Arlie Armentrout Monterey |
| I Maury | III Holland | Girls Public Speaking | |
| II C.H. Friend | | I Jessie Thomas | Woodrw Wlsn II Hilda Saville William Byrd |
| Girls Public Speaking | | III Mary Howard | C.H. Friend IV Marie Collier Red Hill |
| I Falls Church | | VHSL Record Book - 203 | |
| II John Handley | III Broadway | | |

Boys Prose Reading

I Bill Kuykendall Gg Wash-Alex II John Gibbons Harrisonbrg
 III Ray Henderson C.H. Friend IV A.F. Robertson Berryville

Girls Prose Reading

I Kathleen O'Connor Woodrw Wlsn II Dorothy Wood William Byrd
 Elaine Hensen E.C. Glass
 III Barbara Davis Chatham IV Patricia Bergen Scottsville

Poetry

I Helen Kotarides Maury II Jean Hughes South Norfolk
 III Betty Lawson C.H. Friend IV Jacqueline Roberts Halifax Co.

Spelling

I Alice Doyle Gg Wash-Alex II Nancy Alberts Suffolk
 III Miriam Glass Gretna IV Mary Thomas Wash-Henry

1943-1945
 not available

1942**Boys Public Speaking**

A George Washington-Alexandria B James Monroe
 C C.H. Friend D Red Hill

Girls Public Speaking

A George Washington-Alexandria B Westhampton
 C Scottsville D Sunnyside-McKenney

Boys Prose Reading

A George Washington-Alexandria B Cradock
 C Scottsville D Dumbarton Junior

Girls Prose Reading

A Maury B James Monroe
 C Scottsville D Mount Clinton

Spelling

No Contests

1941**Boys Public Speaking**

A Lane B Westhampton
 C Volens D Broadus Wood

Girls Public Speaking

A George Washington-Danville B Handley
 C Volens D Mount Sidney

Boys Prose Reading

A Washington-Lee B Westhampton
 C Fincastle D Great Bridge

Girls Prose Reading

A Thomas Jefferson-Roanoke B James Monroe
 C Henry Clay D Dinwiddie County

Spelling

A E.C. Glass B Norview
 C Portlock D Turbeville

1940**Boys Public Speaking**

A Maury B Glen Allen
 C Powhatan D Beaverdam

Girls Public Speaking

A Andrew Lewis B William Fleming
 C Stuarts Draft D Crozet

Boys Prose Reading

A Maury B Highland Springs
 C Stuarts Draft D Broadus Wood

Girls Prose Reading

A Andrew Lewis B William Fleming
 C Stuarts Draft D Crozet

Spelling

A Woodrow Wilson B Handley
 C Varina D Turbeville

1939**Boys Public Speaking**

A E.C. Glass B Cradock
 C Oceana D Beaverdam

Girls Public Speaking

A Andrew Lewis B Dan River
 C C.H. Friend D Dinwiddie County

Boys Prose Reading

A Maury B Highland Springs
 C Stuarts Draft D Beaverdam

Girls Prose Reading

A Andrew Lewis B William Fleming
 C Henry Clay D Midway

Poetry Reading

A George Washington-Danville B Clifton Forge
 C Pittsylvania County D Midway

Spelling

A George Washington-Alexandria B Wytheville
 C Pittsylvania County D Midway

1938**Boys Public Speaking**

A Thomas Jefferson-Roanoke B William Byrd
 C Greenwood D No Entries

Girls Public Speaking

A Thomas Jefferson-Roanoke B Highland Springs
 C Middlebrook D No Entries

Boys Prose Reading

A George Washington-Alexandria B Oceana
 C West Point D No Entries

Girls Prose Reading

A Woodrow Wilson B Westhampton
 C Great Bridge D No Entries

Poetry Reading

A Thomas Jefferson-Roanoke B Highland Springs
 C Middlebrook D No Entries

Spelling

A Thomas Jefferson-Roanoke B Suffolk
 C Crozet D No Entries

1937**Boys Public Speaking**

A Thomas Jefferson-Roanoke B Varina
 C Rockville

Girls Public Speaking

A Thomas Jefferson-Roanoke B Westhampton
 C Lee-Jackson

Boys Prose Reading

A Maury B Handley
 C Great Bridge

Girls Prose Reading

A Woodrow Wilson B C.H. Friend
 C McGaheysville

Poetry Reading

A E.C. Glass B Greenville
 C Fishersville

Spelling

A Thomas Jefferson-Roanoke B Louisa County
 C Monterey

1936**Boys Public Speaking**

A Lane B Volens
 C Halifax County

Girls Public Speaking

- A George Washington-Alexandria B C.H. Friend
C Great Bridge

Boys Prose Reading

- A Thomas Jefferson-Roanoke B Highland Springs
C West Point

Girls Prose Reading

- A George Washington-Alexandria B C.H. Friend
C Great Bridge

Poetry Reading

- A Lane B Handley
C Louisa County

Spelling

- A E.C. Glass, George Washington-Alexandria
B Wilson Memorial C Louisa County

1935**Boys Public Speaking**

- A Thomas Jefferson-Roanoke B Varina
C Parksley

Girls Public Speaking

- A Lane B Portlock
C Norview

Boys Prose Reading

- A Thomas Jefferson-Roanoke B Highland Springs
C Earlysville

Girls Prose Reading

- A Thomas Jefferson-Roanoke B Graham County
C Central Senior

Poetry Reading

- A Woodrow Wilson B Robert E. Lee-Staunton
C Norview

Spelling

- A Lane, Woodrow Wilson B George Washington-Alexandria
C Crozet

1934**Boys Public Speaking**

- A E.C. Glass B Lane
C Sunnyside

Girls Public Speaking

- A Newport News B Suffolk
C West Point

Boys Prose Reading

- A Thomas Jefferson-Rnke B Woodrow Wilson
C Stuarts Draft

Girls Prose Reading

- A George Washington-Alexandria B Woodrow Wilson
C Stuarts Draft

Poetry Reading

- A Thomas Jefferson-Roanoke B Lane
C Kenbridge

Spelling

- A Thomas Jefferson-Roanoke B Wytheville, Lane
C Farnham

1933**Boys Public Speaking**

- A Newport News B Lane
C Gordonsville

Girls Public Speaking

- A Newport News B Westhampton
C West Point

Boys Prose Reading

- A Newport News B Lane
C Colonial Beach

Girls Prose Reading

- A Maury B Hopewell
C Colonial Beach

Poetry Reading

- A Petersburg B Alexandria
C Midway

Spelling

- A Maury B Woodrow Wilson
C Orange County

1932**Boys Public Speaking**

- A Thomas Jefferson-Rnke B Highland Springs
C Colonial Beach

Girls Public Speaking

- A E.C. Glass B Volens
C Kempsville

Boys Prose Reading

- A E.C. Glass B Radford
C West Point

Girls Prose Reading

- A Newport News B Oceana
C Parksley

Poetry Reading

- A Maury B Bridgewater
C New Hope

Spelling

- A Thomas Jefferson-Rnke B Wytheville
C Orange County

1931**Boys Public Speaking**

- A Maury B Graham County
C Troutville

Girls Public Speaking

- A Maury B Varina
C Madison County

Boys Prose Reading

- A Thomas Jefferson-Rnke B Suffolk
C Keysville

Girls Prose Reading

- A E.C. Glass B Lane
C Glen Allen

Poetry Reading

- A Thomas Jefferson-Rnke B Crewe
C Triplett

Spelling

- A E.C. Glass B Lane
C Triplett

1930**Boys Public Speaking:**

Elliott Oglesby Oceana

Girls Public Speaking:

Helen Hawkins Madison County

Boys Prose Reading:

John Lilliston Keyville

Girls Prose Reading:

Anzerona Aydlette Portlock

Poetry:

Charlton Leitch Norfolk

Spelling:

Virginia Greenwood, Central Senior

1929

Boys Public Speaking:
J.W. Fulton, Jr. George Washington-Alexandria

Girls Public Speaking:
Genevieve Camden Thomas Jefferson-Roanoke

Boys Prose Reading:
Neville Blakemore John Marshall

Girls Prose Reading:
Eloise Fortune Schuyler

Poetry Reading:
Irvin Shapiro Maury

1928

Boys Public Speaking:
Billy Kingmapp Onancock

Girls Public Speaking:
Virginia Pharis Suffolk

Boys Prose Reading:
Bryan Tate George Washington-Alexandria

Girls Prose Reading:
Lue Massie E.C. Glass

Poetry Reading:
Dorothy Martin Maury

1927

Boys Public Speaking:
Samuel Shackelford Thomas Jefferson-Roanoke

Girls Public Speaking:
Jane Love Little Suffolk

Boys Prose Reading:
Otto Newstadt West Point

Girls Prose Reading:
Elizabeth Thayer Highland Springs

Poetry Reading:
Nora Shuler Barrack

1926

Boys Public Speaking:
Beverlie Harvie Saint Christopher's

Girls Public Speaking:
Elizabeth Kaminsky Maury

Boys Prose Reading:
Stanley Baker George Washington-Alexandria

Girls Prose Reading:
Anne Garrett George Washington-Alexandria

Poetry Reading:
Frances Stoakley Maury

1925

Boys Public Speaking:
Elliott Howe East Radford

Girls Public Speaking:
Lucy Miller E.C. Glass

Boys Prose Reading:
Julian Meade George Washington-Danville

Girls Prose Reading:
Janie Vermillion Saint Paul

Poetry Reading:
V.M.J. Dawson Lane

1924

Boys Public Speaking:
Bosley Crowther Woodberry Forest

Girls Public Speaking:
Mary Gordon Maury

Boys Prose Reading:

Richard Bunting Bristol

Girls Prose Reading:
Elizabeth Gill Orange County

Poetry Reading:
George Leckie E.C. Glass

1923

Boys Public Speaking:
James Shelburne George Washington-Danville

Girls Public Speaking:
Margaret McBride Charlottesville

Boys Prose Reading:
Joe Kinzie Salem

Girls Prose Reading:
Charlotte Caldwell Radford

1922

Public Speaking:
William Miller Norton

Boys Prose Reading:
Oliver Sands, Jr. Saint Christopher's

Girls Prose Reading:
Eleanor Russell Tazewell

1921

Public Speaking:
Paul Johnson Roanoke

Boys Prose Reading:
William Sublett George Washington-Danville

Girls Prose Reading:
Mary Parker Maury

1920

Boys Prose Reading:
Edwin Alderman Charlottesville

Girls Prose Reading:
Irma Dawson Charlottesville

1919

Boys Prose Reading:
Thomas Pickney Saint Christopher's

Girls Prose Reading:
Elizabeth Wills Roanoke

1918

Boys Prose Reading:
Fendall Gregory Lynchburg

Girls Prose Reading:
Elizabeth Clarke South Boston

1917

Boys Prose Reading:
Francis Waters Onley

Girls Prose Reading:
Claudine Kessler Roanoke

1916

Boys Prose Reading:
James McManaway Charlottesville

Girls Prose Reading:
Esidora Henry Charlottesville

Boys Prose Reading:

not available

Girls Prose Reading:

Thelma Atkinson Keysville

NFHS SPEECH AWARDS

| | | |
|---------|--------------------|---------------------|
| 2007-08 | Fay Cunningham | Virginia Nominee |
| 2006-07 | Michael Irani | Virginia Nominee |
| 2005-06 | Martha Carr | Section 2 Recipient |
| 2004-05 | Monica Wheaton | Section 2 Recipient |
| 2003-04 | John Harocopos | Virginia Nominee |
| 2002-03 | Eleanor Wright | Virginia Nominee |
| 2001-02 | Grace Bradshaw | Section 2 Recipient |
| 2000-01 | Sandy Katz | Section 2 Recipient |
| 1999-00 | Joyce Sweet | Section 2 Recipient |
| 1998-99 | Karen Finch | Section 2 Recipient |
| 1997-98 | Archie Painter | Section 2 Recipient |
| 1996-97 | Mary Sue Crommelin | Section 2 Recipient |
| 1995-96 | Donald Hitt | Section 2 Recipient |
| 1994-95 | Jennifer Bradley | Virginia Nominee |
| 1993-94 | Nancy Phaup | Section 2 Recipient |
| 1992-93 | Karen Finch | Virginia Nominee |
| 1990-91 | Nancy Haga | Virginia Nominee |
| 1989-90 | Art Greene | Section 2 Recipient |
| 1988-89 | Bob Frank | Section 2 Recipient |

PUBLICATIONS

Magazine

Trophy Class Winners

2008/09

| | | |
|----------------------|----------------|-------------------|
| Appomattox Reg. Gov. | Lee-Davis | Salem-Salem |
| Clarke County | Madison County | George Washington |
| Colonial Forge | Mountain View | Washington-Lee |
| Jamestown | Osborn | Westfield |
| Lafayette | Prince George | Woodbridge |

2007/08

| | | |
|---------------|----------------------|-------------------|
| Abingdon | Freedom-South Riding | Osborn |
| Albemarle | Harrisonburg | Salem-Salem |
| Brookville | Jamestown | Washington-Lee |
| Chantilly | Landstown | Woodbridge Senior |
| Clarke County | Mountain View | |

2006/07

| | | |
|----------------------|-----------------------|-------------------|
| Atlee | Hickory | Salem-Salem |
| Bethel | Jms. River-Midlothian | Sherando |
| Broadway | Landstown | George Washington |
| Centreville | Lee-Davis | Washington-Lee |
| Chantilly | Mancheser | Woodbridge Senior |
| Freedom-South Riding | Mountain View | W.T. Woodson |
| Douglas Freeman | Oakton | |
| Hermitage | Osborn | |

2005/06

| | | |
|-------------------|---------------|-------------------|
| Abingdon | Landstown | George Washington |
| Annandale | Manchester | Westfield |
| Atlee | Millbrook | Woodbridge Senior |
| Chantilly | Mountain View | W.T. Woodson |
| Granby | Osborn | |
| James River-Midlo | Sherando | |

2004/05

| | | |
|----------------|--------------------|-------------------|
| Atlee | Clarke County | Colonial Forge |
| Granby | Patrick Henry-Ash. | Herndon |
| Hidden Valley | C.D. Hylton | Lee-Davis |
| Millbrook | Salem-Salem | George Washington |
| Washington-Lee | Westfield | T.C. Williams |

2003/04

| | | |
|----------------------|---------------|-----------------------|
| Abingdon | Broadway | Chantilly |
| Colonial Forge | Granby | Patrick Henry-Ashland |
| Thomas Jefferson S&T | Lee-Davis | McLean |
| Millbrook | Salem-Salem | George Washington |
| Washington-Lee | T.C. Williams | Woodbridge |

2002/2003

| | | |
|-------------------|----------------------|--------------------|
| Atlee, | Chantilly, | Colonial Forge |
| John Handley | Patrick Henry - Ash. | Herndon, |
| Hidden Valley | James River-Buch. | Lake Braddock Sec. |
| Lee-Davis | Salem-Salem | Sherando |
| George Washington | West Springfield | Westfield |
| Woodbridge | W.T. Woodson | |

2001/2002

| | | |
|---------------------|--------------------|------------------|
| Abingdon, | Atlee | Chantilly |
| Colonial Forge, | Deep Creek | John Handley |
| Patrick Henry-Ash. | Hermitage | Herndon |
| C.D. Hylton | Lake Braddock Sec. | Lee-Davis |
| James Robinson Sec. | George Washington | West Springfield |
| T.C. Williams | Woodbridge Senior | |

2000/01

| | | |
|---------------|-------------------|-----------|
| Abingdon | Atlee | Chantilly |
| Clarke County | Fairfax | Granby |
| John Handley | Patrick Henry-Ash | Herndon |

| | | |
|-------------------|----------------|-------------------|
| Hickory | Lee-Davis | George Mason |
| James Robinson | J.R. Tucker | George Washington |
| West Springfield | Western Branch | T.C. Williams |
| Woodbridge Senior | | |

1999/00

| | | |
|--------------------|---------------------|----------------------|
| Appomattox Reg.Gov | Atlee | Clarke County |
| Thomas Edison | Fairfax | Granby |
| Hermitage | C.D. Hylton | Thomas Jefferson S&T |
| Kempsville | King William | Langley, |
| Lee-Davis | George Mason | Norview |
| Ocean Lakes | James Robinson Sec. | J.R. Tucker |
| George Washington, | Woodbridge | |

1998/99

| | | |
|---------------------|-------------------|----------------|
| Abingdon | Atlee, | Bethel |
| Chantilly | Fairfax | Granby |
| Patrick Henry, Ash. | Herndon | James Madison |
| McLean | Norview | James Robinson |
| Salem-Salem | George Washington | Washington-Lee |
| T.C. Williams | Woodbridge | |

1997/98

| | | |
|----------------------|-------------|-------------------|
| Atlee | Broad Run | Fairfax |
| Falls Church | Hermitage | Herndon |
| Thomas Jefferson S&T | Kempsville | Norview |
| James Robinson | Salem-Salem | George Washington |
| Washington-Lee | Woodbridge | |

1996/97

| | | |
|------------------|-------------------|-----------------------|
| Abingdon | Broad Run | Chantilly |
| Frank Cox | Douglas Freeman | Mills Godwin |
| Herndon | Langley | Thomas Jefferson S&T |
| Kempsville | James Madison | Norview |
| Poquoson | James Robinson | Salem-Salem |
| Sherando | George Washington | Washington-Lee |
| West Springfield | T.C. Williams | James Wood Woodbridge |
| W.T. Woodson | | |

1995/96

| | | |
|---------------|-------------------|-----------------------|
| Atlee | Broad Run | Patrick Henry-Ashland |
| Hermitage | James Madison | Thomas Jefferson S&T |
| Lee-Davis | George Mason | Surry County |
| Turner Ashby | George Washington | Washington-Lee |
| T.C. Williams | Woodbridge | |

1994/95

| | | |
|---------------|-------------------|----------------------|
| Turner Ashby | Chantilly | Falls Church |
| Herndon | Langley | Thomas Jefferson S&T |
| James Madison | George Mason | Monacan |
| Surry County | George Washington | Washington-Lee |
| W.T. Woodson | | |

1993/94

| | | |
|------------------|------------------|-------------------|
| Turner Ashby | Bayside | Broad Run |
| Brunswick Senior | Bruton | Chantilly |
| Mills Godwin | Herndon | Kempsville |
| King William | Langley | James Madison |
| James Robinson | Surry County | George Washington |
| Washington-Lee | West Springfield | Woodbridge |

1992/93

| | | |
|----------------|------------------|----------------------|
| Bethel | Broad Run | E.C. Glass |
| Mills Godwin | Herndon | Thomas Jefferson S&T |
| James Madison | Poquoson | Pulaski County |
| James Robinson | Salem-Salem | George Washington |
| Washington-Lee | West Springfield | T.C. Williams |

1991/92

| | | |
|-------------------|-----------------|----------------------|
| Broad Run | Centreville | Chantilly |
| Fairfax | Douglas Freeman | Mills Godwin |
| Herndon | Loudoun County | Thomas Jefferson S&T |
| James Madison | Poquoson | J.R. Tucker |
| George Washington | Washington-Lee | West Springfield |
| Woodbridge | W.T. Woodson | |

1990/91

| | | |
|-------------------|----------------|----------------------|
| Broad Run, | Bruton | Fairfax |
| Fort Defiance | Herndon | Thomas Jefferson S&T |
| Lafayette | Loudoun County | James Madison |
| McLean, | Monacan | Poquoson |
| George Washington | Washington-Lee | West Springfield |
| T.C. Williams | James Wood | Woodbridge |

1989/90

| | | |
|----------------|---------------|----------------------|
| Broad Run | Green Run | Thomas Jefferson S&T |
| Floyd Kellam | Kempsville | Lake Braddock |
| James Madison | George Mason | Monacan |
| Poquoson | Salem-Salem | George Washington |
| Washington-Lee | T.C. Williams | W.T. Woodson |

1988/89

| | | |
|----------------|------------------|----------------------|
| Annandale | Bethel | Broad Run, |
| Frank Cox | Fairfax | Douglas Freeman |
| Glenvar | Herndon | Thomas Jefferson S&T |
| Kempsville | Lake Braddock | Loudoun County, |
| James Madison | George Mason | Monacan |
| Salem-Salem | J.R. Tucker | George Washington |
| Washington-Lee | West Springfield | Woodbridge, |
| W.T. Woodson | | |

1987/88

| | | |
|-------------------|----------------|----------------------|
| Fairfax | Floyd County | Fort Defiance |
| Glenvar | Mills Godwin | Handley |
| Jefferson Forest | Kempsville | Thomas Jefferson S&T |
| James Madison | Martinsville | George Mason |
| Princess Anne | Salem-Salem | Staunton River |
| George Washington | Washington-Lee | T.C. Williams |
| W.T. Woodson | | |

1986/87

| | | |
|------------------|---------------|-------------------|
| Broad Run, | Fort Defiance | Handley |
| James Madison, | Martinsville | George Mason |
| Pulaski County | J.R. Tucker | George Washington |
| West Springfield | | |

1985/86

| | | |
|---------------|----------------|------------------|
| Broad Run | Fairfax | Glenvar |
| Lake Braddock | James Madison | Salem-Salem |
| J.R. Tucker | Washington-Lee | West Springfield |
| T.C. Williams | | |

1984/85

| | | |
|-----------------|----------------|----------------------|
| Broad Run | Fairfax | Fort Defiance |
| Douglas Freeman | Washington-Lee | Jefferson-Hug.-Wythe |
| William Byrd | | |

1983/84

| | | |
|------------|---------------|-----------------------|
| Fairfax | Floyd County | James Madison |
| Lee-Davis | Liberty | Martinsville, Pulaski |
| County | T.C. Williams | West Springfield |
| Woodbridge | | |

1982/83

| | | |
|---------------|----------------|------------------|
| Fort Defiance | James Madison | J.E.B. Stuart |
| Lee-Davis | Liberty | Patrick Henry |
| T.C. Williams | Washington-Lee | West Springfield |
| Woodbridge | | |

1981/82

| | | |
|-----------|------------------|----------------------|
| Broad Run | Douglas Freeman | Fort Defiance |
| Lee-Davis | Martinsville | Jefferson-Hug.-Wythe |
| Oakton | West Springfield | |

1980/81

| | | |
|----------------|------------------|----------------|
| Annandale, | Broad Run | Hayfield |
| James Madison | Kempsville | Liberty |
| Loudoun County | Martinsville | Washington-Lee |
| Rustburg | West Springfield | Woodbridge |

1979/80

| | | |
|------------------|--------------|----------------|
| Annandale | Broad Run | Doug. Freeman |
| Fort Defiance | Kempsville | Loudoun County |
| Patrick Henry | W.T. Woodson | Washington-Lee |
| West Springfield | Woodbridge | |

1978/79

| | | |
|--------------|-----------------|-------------------------|
| Annandale | Broad Run | Cave Spring, E.C. Glass |
| Herndon, | James Madison | Kempsville |
| Martinsville | Washington-Lee | Midlothian |
| Thomas Dale | Thomas Jefferso | West Springfield |

1977/78

| | | |
|-----------------|------------------|--------------------|
| Douglas Freeman | Herndon | Loudoun County |
| Martinsville | Midlothian | Patrick Henry T.C. |
| Williams | Thomas Jefferson | W.T. Woodson |
| Washington-Lee | West Springfield | Woodbridge |

1976/77

| | | |
|------------|--------------|-----------------------|
| Fairfax | Herndon | Martinsville, Patrick |
| Henry | W.T. Woodson | West Springfield |
| Woodbridge | | |

1975/76

| | | |
|-----------------|------------------|----------------|
| Martinsville | Thomas Jefferson | Washington-Lee |
| Douglas Freeman | W.T. Woodson | Thomas Dale |
| Annandale | | |

1972/73

| | | |
|----------------|-------------------|-------------------------|
| Washington-Lee | George Mason | Martinsville Manchester |
| Annandale | George Washington | Douglas Freeman |
| Thomas Dale | Loudoun | Herndon |

1971/72

| | | |
|-----|-------------|--------------------------|
| AAA | Thomas Dale | Hermitage Washington-Lee |
|-----|-------------|--------------------------|

1970/71

| | | |
|--------------|-----------------|------------------|
| AAA | Douglas Freeman | Lee-Davis George |
| Washington | | Washington-Lee |
| Martinsville | | |

AA

| | | |
|---------------|--|--|
| Patrick Henry | | |
| Varina | | |

1969/70

| | | |
|---------------|--------------|---------|
| Varina | Lee-Davis | Handley |
| Patrick Henry | Martinsville | |

1968/69

| | | |
|----------------|----------------|------------|
| not available | | |
| 1967/68 | | |
| IA | Washington-Lee | IB Glenvar |

1966/67

| | | |
|----------------|-----------------------------|--|
| IA | Thomas Dale, Washington-Lee | |
| 1965/66 | | |
| IA | Washington-Lee | |

1964/65

| | | |
|----------------|----------------------|--|
| IA | Lane, Washington-Lee | |
| 1963/64 | | |
| not available | | |

1962/63

| | | |
|----------------|--------------------------|-----------------|
| IA | Wakefield, Patrick Henry | |
| 1961/62 | | |
| IA | E.C. Glass | IB George Mason |

1960/61

| | | |
|----------------|------|------------------|
| IA | Lane | Jefferson Senior |
| 1959/60 | | |
| I | Lane | McLean |

1958/59
 I Lane
1957/58
 I Lane Washington-Lee
1956/57
 I E.C. Glass
1954/55
 I E.C. Glass II George Mason
1953/54
 I Washington-Lee II R.E. Lee
 III George Mason
1953
 I E.C. Glass
1952
 I Washington-Lee
1951
 II R.E. Lee III Fincastle
1945
 I E.C. Glass II R.E. Lee
1944
 A E.C. Glass C Altavista
1943
 A Jefferson Senior C Altavista
1942
 A Lane B Harrisonburg
1941
 A Jefferson Senior B Harrisonburg
 C Fairfield
1940
 A John Marshall BHarrisonburg
1939
 A Jefferson Sr.-Rke. Harrisonburg
 C Blackstone
1938
 A Jefferson Sr.-Rke. Harrisonburg
 C Fairfield
1937
 A John Marshall B Harrisonburg
1936
 A Jefferson Sr.-Rke. R.E. Lee-Staunton
1935
 A Petersburg B R.E. Lee-Staunton
1934
 A John Marshall B Harrisonburg
1933
 A Petersburg B Lane
1932
 A John Marshall B Harrisonburg
1931
 Harrisonburg
1930
 John Marshall
1929
 George Washington-Danville
1928
 E.C. Glass
1927
 E.C. Glass
1926
 E.C. Glass

Charles E. Savedge Awards for Sustained Excellence in Scholastic Journalism

-- Magazine Category --

(listed by the year honored, qualified previous year)
 (* indicates second qualification, ** third qualification)

2008
 Atlee*
2006
 Granby
2005
 Patrick Henry-Ash. Lee-Davis George Washington **
2004
 Chantilly
2003
 T.C. Williams, Woodbridge*
2002
 Atlee, Herndon*
2001
 Thomas Jefferson S&T*
2000
 James Robinson, George Washington *, Washington-Lee *
1998
 Woodbridge
1995
 Broad Run, Herndon, Thomas Jefferson S&T
 James Madison George Washington, Washington-Lee,
 West Springfield

Newsmagazine Trophy Class Winners

2008/09
 None
2007/08
 None
2006/07
 None
2005/06
 Hayfield Secondary
2004/05
 Broadway
2003/04
 None
2002/03
 George Washington
2001/02
 Osbourn Sherando George Washington
 Westfield
2000/01
 George Washington
1999/00
 Lafayette Mount Vernon
1998/99
 C.D. Hylton George Washington
1997/98
 McLean Spotsylvania
1996/97
 Spotsylvania George Washington
1995/96
 Chantilly E.C. Glass, James Madison
1994/95
 Chantilly C.D. Hylton

| | | |
|------------------|------------------|------------------|
| 1993/94 | | |
| Chantilly | Gar-Field | E.C. Glass |
| C.D. Hylton | JamesMadison | |
| 1992/93 | | |
| Gar-Field | C.D. Hylton | |
| 1991/92 | | |
| Gar-Field | Oakton | Osborn Park |
| 1990/91 | | |
| Annandale | Gar-Field | Osborn Park |
| West Springfield | | |
| 1989/90 | | |
| James Madison | Oakton | Osborn Park |
| 1988/89 | | |
| Osborn Park | | |
| 1987/88 | | |
| Gar-Field | West Springfield | |
| 1986/87 | | |
| Gar-Field | | |
| 1985/86 | | |
| Gar-Field | West Springfield | |
| 1984/85 | | |
| Annandale | Gar-Field | James Robinson |
| West Springfield | | |
| 1983/84 | | |
| Annandale | Gar-Field | James Robinson |
| West Springfield | | |
| 1982/83 | | |
| Gar-Field | James Robinson | West Springfield |
| 1981/82 | | |
| Gar-Field | James Robinson | West Springfield |
| 1980/81 | | |
| Gar-Field | James Robinson | William Fleming |
| 1979/80 | | |
| Annandale | James Robinson | Osborn Park |
| 1978/79 | | |
| Annandale | James Robinson | Montevideo |
| Osborn Park | South Lakes | William Fleming |
| 1977/78 | | |
| James Monroe | James Robinson | |
| 1976/77 | | |
| Annandale | James Monroe | James Robinson |
| 1975/76 | | |
| Martinsville | Woodbridge | James Monroe |

Charles E. Savedge Award for Sustained Excellence in Scholastic Journalism

-- Newsmagazine Category --

(listed by the year honored, qualified previous year)

| |
|--------------------|
| 2003 |
| George Washington* |
| 1995 |
| Gar-Field |

Newspaper Trophy Class Winners

| | | |
|---------------------|---------------|---------------|
| 2008/09 | | |
| Annandale | Chantilly | Hidden Valley |
| Thos. Jefferson S&T | Massaponax | Osborn |
| Osborn Park | Poquoson | Prince George |
| Stone Bridge | Varina | |
| 2007/08 | | |
| Annandale | Langley | Prince George |
| Chantilly | Louisa County | West Potomac |

| | | |
|----------------------|------------------------|-----------------------|
| Harrisonburg | George C. Marshall | |
| Thos. Jefferson S&T | McLean | |
| 2006/07 | | |
| Chantilly | Jamestown | Oakton |
| Fauquier | Thos. Jefferson S&T | Prince George |
| Harrisonburg | McLean | West Springfield |
| Hayfield Secondary | Langley | |
| 2005/06 | | |
| Annandale | McLean | Sherando |
| Frank W. Cox | Oakton | Varina |
| Thomas Jefferson S&T | Prince George | Westfield |
| Langley | Princess Anne | |
| 2004/05 | | |
| Abingdon | Annandale | Chantilly |
| Frank W. Cox | Fauquier | Harrisonburg |
| Thomas Jefferson S&T | Lafayette | Langley |
| McLean | Princess Anne | Sherando |
| Varina | Westfield | |
| 2003/04 | | |
| Annandale | Frank W. Cox | Fauquier |
| Goochland | Harrisonburg | Hayfield |
| Thomas Jefferson S&T | Lake Braddock | R.E. Lee-Springfield |
| Massaponax | McLean | Osborn |
| Prince Edward County | Princess Anne | |
| 2002/03 | | |
| Annandale | Chantilly | Frank W. Cox |
| Fauquier | First Colonial | Glenvar |
| John Handley | Hayfield | Thomas Jefferson S&T |
| Lake Braddock | Langley | Lee-Davis |
| George Marshall | Massaponax | McLean |
| Oakton | Osborn | Prince Edward Co. |
| Varina | Westfield | James Wood |
| 2001/02 | | |
| Annandale, | Frank W. Cox, | Goochland, |
| Lake Braddock Sec. | R.E. Lee - Springfield | George C. Marshall, |
| Massaponax, | McLean, | Oakton, |
| Ocean Lakes | J.R. Tucker | West Springfield, |
| Woodbridge Senior | | |
| 2000/01 | | |
| Abingdon | Annandale | John Handley |
| King William | R.E. Lee-Springfield | George Marshall |
| McLean | James Robinson | Sherando |
| South Lakes | J.R. Tucker | West Springfield |
| 1999/00 | | |
| Annandale | Frank W. Cox | Thomas Edison |
| Lake Braddock | R.E. Lee-Springfield | George Marshall |
| McLean | Prince Edward Co. | Salem-Salem |
| J.R. Tucker | | |
| 1998/99 | | |
| Albemarle | Annandale | Cave Spring |
| Langley | R.E. Lee-Springfield | George Marshall |
| McLean | Varina | Woodbridge |
| 1997/98 | | |
| Annandale | Chantilly | Clover Hill |
| Fauquier | Granby | Thomas Jefferson S&T |
| James Madison | George Marshall | R.E. Lee-Springfield |
| James Wood | Woodbridge | |
| 1996/97 | | |
| Broad Run | Cave Spring | Thomas Dale |
| Granby | Lake Braddock | R.E. Lee-Springfield |
| McLean | Woodbridge | |
| 1995/96 | | |
| Annandale | Centreville | Thomas Dale |
| Granby | George Washington | R.E. Lee-Springfield |
| Osborn Park | W.T. Woodson | Patrick Henry-Ashland |
| Woodbridge | | |

| | | | | | |
|-------------------|----------------------|-----------------------|------------------------|-------------------|---------------------------|
| 1994/95 | | | Mills Godwin | Radford | Salem |
| Bethel | Broad Run | Cave Spring, | T.C. Williams | Thomas Walker | Virginia |
| Granby | McLean | Patrick Henry-Ashland | Washington-Lee | | |
| Osborn Park | George Washington | R. E. Lee-Springfield | 1983/84 | | |
| Thomas Walker | Woodbridge | | Dan River | George Mason | George Washington |
| 1993/94 | | | Groveton | Hayfield | Kecoughtan Lake |
| Bruton | Granby | Great Bridge | Braddock | Loudoun Valley | McLean |
| Lake Braddock | Madison County | R.E. Lee-Springfield | Oscar Smith | South Lakes | Prince Edward County |
| James Robinson | Salem | Prince Edward County | T.C. Williams | Virginia | Washington-Lee |
| George Washington | Woodbridge | W.T. Woodson | 1982/83 | | |
| 1992/93 | | | Dan River | E.C. Glass | Groveton |
| Bethel | Blacksburg | Bruton | Hayfield | J.E.B. Stuart | Lake Braddock |
| Hayfield | Lake Braddock | Patrick Henry-Ashland | Liberty | McLean | Prince Edward County |
| Maury | Lafayette | Thomas Jefferson S&T | Virginia | Washington-Lee | |
| Princess Anne | Salem | R.E. Lee-Springfield | 1981/82 | | |
| Woodbridge | George Washington | | Dan River | George Mason | George Washington |
| 1991/92 | | | Groveton | McLean | Prince Edward County |
| Amelia County | Broad Run | Mills Godwin | T.C. Williams | | |
| George Mason | Potomac Senior | Patrick Henry-Ashland | 1980/81 | | |
| Lake Braddock | R.E. Lee-Springfield | Pulaski County | Appomattox County | Auburn | Dan River |
| Salem | Spotsylvania, | Tunstall | George Washington | Lafayette | Langley |
| George Washington | Woodrow Wilson | Woodbridge | McLean | Osborn Park | Prince Edward County |
| 1990/91 | | | Radford, | Virginia | Washington-Lee |
| E.C. Glass | Handley | Patrick Henry-Ashland | 1979/80 | | |
| Lafayette | Lake Braddock | R.E. Lee-Springfield | E.C. Glass | George Washington | Langley |
| Potomac Senior | Salem | George Washington | Liberty | Virginia | Prince Edward County |
| Woodrow Wilson | | | West Springfield | | |
| 1989/90 | | | 1978/79 | | |
| Bayside | Fauquier | Great Bridge | Dan River | E.C. Glass | George Washington |
| Lafayette | Lake Braddock | Patrick Henry-Ashland | Handley | Hayfield | Kecoughtan |
| Loudoun Valley | George Mason | Patrick Henry-Roanoke | Langley | Liberty | Loudoun County |
| Salem | George Washington | West Potomac | Virginia | Prince Edward Co. | |
| T.C. Williams | Woodbridge | | 1977/78 | | |
| 1988/89 | | | Dan River | Douglas Freeman | Fauquier |
| Bayside | Great Bridge | Patrick Henry-Ashland | Hayfield | Langley | Osborn Park |
| Lafayette | Lake Braddock | Patrick Henry-Roanoke | Virginia | | |
| Loudoun Valley | George Mason | Thomas Jefferson-S&T | 1976/77 | | |
| Northside | Potomac Senior | Prince Edward County | Broad Run, | Dan River | Douglas Freeman, Fairfax, |
| Princess Anne | Salem | Varina | Langley | Loudoun | Montevideo |
| Virginia | George Washington | West Potomac | Radford | T.C. Williams | Thomas Dale |
| West Springfield | Yorktown | | Virginia | | |
| 1987/88 | | | 1975/76 | | |
| Fort Chiswell | Floyd Kellam | Lafayette | Langley | W.T. Woodson | Douglas Freeman |
| Lake Braddock | Loudoun Valley | George Mason | Montevideo | Dan River | Prince Edward County |
| Northside | Poquoson | Prince Edward County | Liberty | Loudoun County | Radford |
| Salem | J.R. Tucker | Virginia | Virginia | | |
| George Washington | | | 1973/74-1974/75 | | |
| 1986/87 | | | not available | | |
| Chantilly | Floyd Kellam | Lake Braddock | 1972/73 | | |
| Loudoun Valley | George Mason | R.E. Lee-Staunton | Douglas Freeman | Northside | Rappahannock Co. |
| McLean | Northside | Poquoson | Virginia | Fluvanna | Halifax |
| Potomac | Virginia | Prince Edward County | Langley | Floyd Kellam | Kecoughtan |
| Salem | J.E.B. Stuart | George Washington | 1971/72 | | |
| West Potomac | | | AAA Menchville | Colonial Heights | Manchester |
| 1985/86 | | | J.E.B. Stuart | Yorktown | Halifax |
| Fauquier | E.C. Glass | Glenvar | Martinsville | | |
| Lake Braddock | Loudoun Valley | Patrick Henry | AA Dan River | Radford | Marion |
| George Mason | Thomas Walker | Prince Edward County | Virginia | | |
| Salem | Virginia | Washington-Lee | A Lancaster | Rappahannock Co. | |
| T.C. Williams | Yorktown | | 1970/71 | | |
| 1984/85 | | | AAA Warwick, | Douglas Freeman, | Herndon |
| Bayside | George Mason | George Washington | Annandale | J.E.B. Stuart | Yorktown |
| Groveton | Kecoughtan | Lafayette | Halifax | George Washington | |
| Lake Braddock | Lee-Davis | Liberty | AA Suffolk | Culpeper | Marion |
| Loudoun County | Loudoun Valley | Prince Edward County | | | |

1969/70

| | | |
|----------|-----------------|-------------------|
| Suffolk | Marion | George Washington |
| Culpeper | Douglas Freeman | Huguenot |
| Warwick | J.E.B. Stuart | Herndon |
| Halifax, | Annandale | Yorktown |

1968/69
not available

1967/68

| | |
|------------------|-------------------|
| IA Lane | George Washington |
| II Tunstall | Floyd County |
| III Rappahannock | County |

1966/67

| | | |
|-----------------|-----------------|------------------------|
| IA Huguenot | Thomas Dale | Thomas Jefferson-Alex. |
| IB Floyd County | Culpeper County | |
| II Fluvanna | Blackstone | |

1965/66

| | | |
|-----------------|-----------------|-------------------|
| IA Lane | Douglas Freeman | George Washington |
| IB Osbourn Park | | |
| II Strasburg | | |

1964/65

| | | |
|-----------------|-----------------|----------------|
| IA Manchester | Douglas Freeman | Halifax County |
| IB Martinsville | Culpeper County | |
| II Fluvanna | James River | |

1963/64

not available

1962/63

| | | |
|------------------|-----------------|-------------|
| IA Lane | Douglas Freeman | Manchester, |
| McLean | | |
| IB Orange County | | |
| III Chatham | | |

1961/62

| | | |
|---------------|------------|-----------------|
| IA Lane | Manchester | Halifax County, |
| Marion | | |
| II Blackstone | | |

1960/61

| | | |
|--------------------|-----------------|------------|
| IA Churchland | Douglas Freeman | Manchester |
| IB Culpeper County | | |
| II Fluvanna | Floyd County | |

1959/60

| | | |
|-----------------|-------------------|-------|
| I James Madison | George Washington | |
| II Culpeper | Midlothian, | Crewe |
| Floyd County | | |
| III Callands | | |

1958/59

| | | |
|---------------------|--------------|--------------|
| I George Washington | | |
| II Midlothian | Drewry Mason | Floyd County |
| III Callands | | |

1957/58

| | | |
|---------------------|-----------------|--------------|
| I George Washington | | |
| II Drewry Mason | Douglas Freeman | Floyd County |
| Luray | Callands | |
| III Troutville | | |

1956/57

| | | |
|--------------|----|--------------|
| I Halifax | II | Drewry Mason |
| III Callands | | |

1955/56

not available

1954/55

| | | |
|---------------------|----|-----------------|
| I George Washington | II | Douglas Freeman |
|---------------------|----|-----------------|

1953/54

| | | |
|-------------------|-----|----------|
| II Halifax County | III | Buchanan |
|-------------------|-----|----------|

1952/53

| | | |
|---------------------|----|--------|
| I George Washington | II | Varina |
| III Herndon | | |

1951/52

| | | |
|---------------------|----|----------|
| I George Washington | II | Whitmell |
| III Woodstock | | |

1950/51

| | |
|---------------------|-----------------------|
| I George Washington | Jefferson Senior |
| II Culpeper | III Occoquan District |

1945/46-1949/50

not available

1944/45

| | | |
|---------------------|----|---------|
| I George Washington | II | Suffolk |
| III Whitmell | | |

1943/44

| | | |
|--------------------|---|-------------------|
| A Jefferson Senior | B | Suffolk |
| C Culpeper | D | Stonewall Jackson |

1942/43

| | | |
|------------------|---|---------|
| A Woodrow Wilson | B | Suffolk |
| C Culpeper | | |

1941/42

not available

1940/41

| | | |
|---------------------|---|-----------|
| A George Washington | B | Suffolk |
| C Culpeper | D | Cleveland |

1939/40

| | | |
|---------------------|---|------------|
| A George Washington | B | Suffolk |
| C Kempsville | D | New Castle |

1938/39

| | | |
|---------------------|---|---------|
| A George Washington | B | Suffolk |
| C Kempsville | D | Crozet |

1937/38

| | | |
|---------------------|---|---------|
| A George Washington | B | Suffolk |
| C New Kent | | |

| | | |
|--------------------------|---|---------|
| A Thomas Jefferson-Rich. | B | Suffolk |
|--------------------------|---|---------|

| | | |
|------------|--|--|
| C New Kent | | |
|------------|--|--|

1934/35

| | | | |
|----------|---------------|---|---------------|
| A, State | John Marshall | B | Clifton Forge |
|----------|---------------|---|---------------|

1933/34

| | | | |
|----------|---------------|---|------|
| A, State | John Marshall | B | Lane |
| C | Dayton | | |

1932/33

| | | | |
|----------|-------------------|---|------|
| A, State | George Washington | B | Lane |
|----------|-------------------|---|------|

| | | | |
|---|----------------|--|--|
| C | Matthew Whaley | | |
|---|----------------|--|--|

1931/32

| | | | |
|----------|-------------------|---|---------------|
| A, State | George Washington | B | Clifton Forge |
| C | Matthew Whaley | | |

1930/31

| | | | |
|----------|--------------|---|------|
| A, State | E.C. Glass | B | Lane |
| C | Williamsburg | | |

1929/30

| | | | |
|----------|--------------------|---|------|
| Private | Virginia Episcopal | | |
| A, State | George Washington | B | Lane |
| C | Williamsburg | | |

1928/29

| | | | |
|----------|--------------------|---|------|
| Private | Virginia Episcopal | | |
| A, State | George Washington | B | Lane |
| C | Blair Junior | | |

1927/28

| | | | |
|---------|--------------------|---|------------|
| Private | Virginia Episcopal | A | E.C. Glass |
| B | Lane | C | Valley |

1926/27

| | | | |
|-------------------|--|--|--|
| George Washington | | | |
|-------------------|--|--|--|

1925/26

| | | | |
|-------------------|--|--|--|
| George Washington | | | |
|-------------------|--|--|--|

1924/25

| | | | |
|------------|--|--|--|
| E.C. Glass | | | |
|------------|--|--|--|

1923/24
Newport News

Charles E. Savedge Award for Sustained Excellence in Scholastic Journalism

-- Newspaper Category --

(listed by the year honored, qualified previous year)
(* indicates second qualification)

| | | |
|-------------|-------------------------------------|--|
| 2008 | Thomas Jefferson | |
| 2007 | Annandale* | |
| 2006 | Frank W. Cox | McLean* |
| 2003 | George Marshall, | Woodbridge* |
| 2002 | Annandale | |
| 2001 | R.E. Lee-Springfield, | McLean |
| 1999 | Granby | |
| 1997 | Osbourn Park | |
| 1996 | R.E. Lee-Springfield, | Woodbridge |
| 1995 | Patrick Henry-Ash., Salem-Salem, | Lafayette, George Washington LakeBraddock, |

Yearbook Trophy Class Winners

| | | | |
|-------------|----------------------|---------------------|----------------------|
| 2009 | Atlee | Broadway | Brooke Pointe |
| | Brookville | Chantilly | Culpeper County |
| | Deep Run | Fauquier | Freedom-South Riding |
| | Hanover | Hidden Valley | Stonewall Jackson-Q |
| | James River-Mid. | Lafayette | Lake Braddock |
| | Lee-Davis | Loudoun Valley | McLean |
| | Northside | Oakton | Osbourn |
| | Osbourn Park | Prince George | Salem-Salem |
| | South County | South Lakes | Stafford |
| | Turner Ashby | Westfield | Woodside |
| | W.T. Woodson | | |
| 2008 | Broadway | Stonewall Jackson-Q | Prince Edward County |
| | Chantilly | Lafayette | Salem-Salem |
| | Frank W. Cox | Loudoun County | Stone Bridge |
| | Franklin County | Loudoun Valley | Turner Ashby |
| | Freedom-South Riding | Madison County | Warhill |
| | Hanover | McLean | Washington-Lee |
| | Harrisonburg | Northside | West Potomac |
| | Heritage-Leesburg | Oakton | Westfield |
| | Hidden Valley | Osbourn Park | W.T. Woodson |
| 2007 | Atlee | Stonewall Jackson-Q | Potomac Falls |
| | Broadway | Lafayette | Salem-Salem |
| | Brookville | Lee-Davis | Stafford |
| | Chantilly | Loudoun Valley | Stone Bridge |
| | Deep Run | George C. Marshall | J.R. Tucker |
| | Thomas Edison | McLean | Turner Ashby |
| | Hanover | Northside | West Potomac |
| | Harrisonburg | Oakton | Westfield |

| | | |
|----------------------|----------------------|------------------------|
| Hidden Valley | Osbourn Park | W.T. Woodson |
| 2006 | | |
| Alleghany | Hanover | Oakton |
| Amherst County | Hidden Valley | Prince Edward Co. |
| Broadway | Stonewall Jackson-Q | Prince George |
| Brookville | James River-Midlo | Rappahannock |
| Chantilly | Jefferson Forest | Salem-Salem |
| Frank Cox | Lafayette | Sherando |
| Thomas Dale | Lee-Davis | Tabb |
| Deep Run | Loudoun Valley | Turner Ashby |
| Thomas Edison | Madison County | West Potomac |
| Freedom-South Riding | McLean | Westfield |
| Gretna | | |
| 2005 | | |
| Broadway | Chantilly | Thomas Dale |
| Thomas Edison | John Handley | Harrionsburg |
| Hayfield | Patrick Henry-Ash. | Lafayette |
| Langley | Loudoun Valley | Madison County |
| Salem-Salem | J.R. Tucker | Turner Ashby |
| West Potomac | Westfield | |
| 2004 | | |
| Broadway | Chantilly | Thomas Edison |
| Hanover | Harrisonburg | Hayfield |
| James River-Buchanan | Jefferson Forest | R.E. Lee-Springfield |
| Lee-Davis | Loudoun Valley | George Marshall |
| McLean | Oakton | Osbourn |
| Patrick County | Poquoson | Prince Edward County |
| Princess Anne | Salem-Salem | West Potomac |
| Westfield | Woodbridge | Woodside |
| 2003 | | |
| Broadway | Chantilly | Frank W. Cox |
| Thomas Dale | Thomas Edison, | Harrisonburg |
| Hayfield Sec. | Hermitage, | Jefferson Forest |
| Robert E. Lee | Loudon Valley, | Madison County |
| Massaponax | McLean, | Oakton |
| Ocean Lakes | Osbourn, | Prince Edward |
| Prince George | James Robinson | Salem-Salem |
| Tabb | West Potomac | Westfield |
| W.T. Woodson | | |
| 2002 | | |
| Amherst County | Atlee | Broadway |
| Cave Spring | Chantilly | Frank W. Cox |
| Thomas Dale | Thomas Edison | John Handley |
| Harrisonburg | Jefferson Forest | King William |
| Lafayette | R.E. Lee-Springfield | Loudon Valley |
| Madison County | Narrows | Oakton |
| Osbourn | Prince Edward Co. | Prince George |
| James Robinson | Salem - Salem | Salem - Virginia Beach |
| J.R. Tucker | Woodside | |
| 2001 | | |
| Abingdon | Amherst County | Atlee |
| Boradway | Cave Spring | Chantilly |
| Thomas Edison | Essex | John Handley |
| Harrisonburg | Hermitage | James River-Buchanan |
| Kecoughtan | King William | R.E. Lee-Springfield |
| Loudoun County | Loudoun Valley | Madison County |
| Oakton | Ocean Lakes | Osbourn |
| Osbourn Park | Prince Edward Co. | Rockbridge County |
| Salem-Salem | J.R. Tucker | Westfield |
| Woodbridge Senior | | |
| 2000 | | |
| Amherst Co., | Atlee, | Cave Spring, |
| Chantilly, | John Handley, | Harrisonburg, |
| P. Henry-Ashland, | Jefferson Forest, | Kempsville, |

King William Loudoun Valley McLean Page County J.R. Tucker
1999
 Abingdon Brookville Clarke County Patrick Henry-Ash. Loudoun County McLean Page County West Springfield
1998
 Abingdon Broadway William Byrd King William Madison County Oakton, Rockbridge County J. R. Tucker
1997
 Amherst Green Run C.D. Hylton Loudoun Valley Mclean Parkview Salem-Virginia Beach James Wood
1996
 Brookville Chantilly, King William, Loudoun Valley Osbourn Park Rockbridge County J.R. Tucker
1995
 Amherst County William Byrd Harrisonburg Loudoun Valley Osbourn Rockbridge County J.R. Tucker
1994
 Brookville Handley, Kecoughtan Menchville Salem-Salem George Washington Woodbridge
1993
 Altavista William Byrd C.D. Hylton Menchville Rockbridge County Salem-Virginia Beach West Point James Wood

R.E. Lee-Springfield Madison County Oakton Salem-Salem George Washington
 Annandale Cave Spring Courtland C.D. Hylton Loudoun Valley Oakton Salem-Salem Woodside
 Amherst Brooke Point Chantilly Loudoun County Magna Vista Osbourn Par, Salem-Salem
 William Byrd Harrisonburg James River Magna Vista Oakton Salem-Salem J.R. Tucker, Woodside
 Appomattox County Cave Spring C.D. Hylton Luray Osbourn Park Salem-Salem Virginia
 William Byrd Harrisonburg Loudoun Valley Poquoson Salem-Salem West Springfield
 William Byrd Harrisonburg Loudoun Valley Poquoson Salem-Virginia Beach West Potomac
 L.C. Bird Cave Spring Kecoughtan Osbourn Salem-Salem Spotsylvania West Potomac Woodbridge

Loudoun County Manchester Osbourn Salem-VA Beach James Wood
 Atlee Chantilly John Handley R.E. Lee-Springfield Magna Vista Osbourn Salem-Virginia Beach
 Atlee Brookville John Handley Loudoun Valley McLean Prince Edward County Salem-Virginia Beach
 Chantilly Harrisonburg King William R.E. Lee-Springfield Osbourn Prince Edward County West Springfield
 Cave Spring C.D. Hylton James River-Buchanan McLean Prince Edward County Woodbridge
 Brookville Chantilly Patrick Henry-Ashland McLean Poquoson Tabb George Washington
 Cave Spring, Chantilly C.D. Hylton Louisa County Rockbridge County Spotsylvania Western Albemarle
 Brookville Harrisonburg Loudoun Valley Osbourn Park Prince Edward County J.R. Tucker West Springfield W.T. Woodson

George Wythe-Wytheville
1992
 Altavista Cave Spring Essex Patrick Henry-Ash. Luray Salem-Salem Woodbridge
 Atlee Chantilly Green Run R.E. Lee-Springfield Magna Vista Virginia W.T. Woodson
1991
 Bassett E.C. Glass Lafayette Magna Vista Virginia Woodbridge
 William Byrd Green Run R.E. Lee-Staunton Page County George Washington York
1990
 Altavista Dan River Granby James River Loudoun Valley Menchville Patrick County Turner Ashby, Woodbridge
 William Byrd Giles Halifax County Kecoughtan Luray Natural Bridge J.R. Tucker Virginia George Wythe-Rich.
1989
 Altavista E.C. Glass Kecoughtan J.R. Tucker Virginia Woodbridge
 Cave Spring Handley Loudoun Valley Turner Ashby West Point George Wythe-Rich.
 Chantilly Thomas Jefferson-S&T Natural Bridge Prince Edward County West Springfield George Wythe-Wythe.
1988
 Altavista Dan River Loudoun Valley New Kent, Potomac Senior Turner Ashby Wythe-Rich.
 Bassett Fort Defiance Luray Page County Spotswood Virginia George Wythe-Wythe.
1987
 Altavista Cave Spring E.C. Glass Kecoughtan Drewry Mason Poquoson Spotswood George Wythe-Rich.
 Amherst Dan River Harrisonburg Loudoun Valley Natural Bridge Potomac Senior Stafford George Wythe-Wythe.
1986
 Altavista Cave Spring Floyd County E.C. Glass Kecoughtan Loudoun Valley Natural Bridge Prince Edward County Virginia West Springfield
 Amherst Dan River Fort Defiance Jefferson Forest Lake Braddock Luray Page County Spotswood George Washington George Wythe
 William Byrd Fairfax Douglas Freeman Jefferson-Hug.-Wythe Langley Martinsville Potomac Stafford West Point
1985
 Abingdon Dan River George Washington James River
 Amherst County Drewry Mason George Wythe Kecoughtan
 Cave Spring Douglas Freeman Granby Jefferson-Hug.-Wythe,

| | | | | | |
|---|---|--|---|---|---|
| Lee-Davis McLean Phoebus Virginia 1984 Amherst County Denbigh Granby James River Wythe,Luray Natural Bridge James Robinson 1983 Amherst County Denbigh James Robinson Lee-Davis Natural Bridge Virginia 1982 Amherst Denbigh Northside Pulaski County 1981 Cave Spring Drewry Mason Natural Bridge South Lakes Page County William Fleming 1980 Cave Spring Denbigh Laurel Park Rustburg Stafford Senior 1979 Clover Hill Drewry Mason Laurel Park Northside Park View Stafford Senior William Fleming 1978 Churchland Drewry Mason J.R. Tucker Laurel Park Park View Stafford Senior Woodbridge 1977 Clover Hill Denbigh George Marshall J.R. Tucker Northside Western Branch 1976 Oscar Smith Indian Rive Pulaski County Northside | Loudoun Valley Natural Bridge James Robinson West Springfield Cave Spring Drewry Mason George Wythe Lee Davis Meadowbrook Page County Virginia Cave Spring George Marshall James River Manchester Page County West Point Cave Spring James Robinson McLean South Lakes Dan River Lee-Davis Pulaski County Stafford Senior Turner Ashby Woodbridge George Marshall Monacan South Lakes Virginia Covington George Marshall Lord Botetourt Oscar Smith Prince George Virginia Clover Hill Frank Cox James Monroe Lord Botetourt Prince George Western Branch Covington Douglas Freeman Halifax County Meadowbrook Oscar Smith William Fleming Laurel Park George Marshall Prince George Hayfield | Luray Page County Stafford Dan River George Marshall Hayfield Jefferson-Hug.- McLean Phoebus West Point Douglas Freeman George Wythe J.R. Tucker Northside Pulaski County Frank Cox North Stafford Meadowbrook William Fleming Denbigh McLean James Robinson Strasburg Virginia J.R. Tucker, Oscar Smith Prince Edward County William Fleming Denbigh Halifax County Natural Bridge Page County South Lakes William Byrd Covington George Marshall Kecoughtan Northside Prince Edward County William Fleming Dan River Drewry Mason James Monroe Natural Bridge Prince George Churchland Carroll County Hopewell Douglas Freeman | Langley William Fleming Lee-Davis, Denbigh 1973 Menchville Lexington Varina Turner Ashby Douglas Freeman J.R. Tucker R.E. Lee-Staunton 1972 AAA Ferguson Liberty AA Central Senior Drewry Mason 1971 AAA Warwick Thomas Dale J.R. Tucker Martinsville AA Varina A Fluvanna 1970 Fluvanna William Byrd Prince George J.R. Tucker Varina Douglas Freeman 1968 IA Thomas Dale IB William Byrd II Midlothian 1967 IA Huguenot IB William Byrd II Blackstone 1966 IA Thomas Dale IB William Byrd II Midlothian 1965 IA York IB William Byrd 1963 IA Lee-Davis IB William Byrd 1962 IA George Wythe IB Culpeper Appalachia 1961 IA Cradock II Bedford III Willis 1960 I Groveton II Culpeper 1959 I Oscar Smith | Woodbridge Martinsville Parry McCluer Lexington Hopewell Fort Defiance Page County Warwick Lane Manchester Prince George Kecoughtan Martinsville Varina Midlothian Douglas Freeman George Washington Northside Abingdon Midlothian Northside Martinsville Halifax George Washington Douglas Freeman George Washington Greensville County Thomas Dale Floyd County Douglas Freeman Culpeper County George Wythe Culpeper County Douglas Freeman, Washington-Lee Fieldale-Collinsville Martinsville Wakefield Washington-Lee Drewry Mason Powell Valley | W.T. Woodson Turner Ashby Page County Andrew Lewis Drewry Mason Covington, Denbigh Northside William Fleming Warwick, Douglas Freeman Turner Ashby Prince George Henrico Halifax Covington, Henrico Thomas Dale Petersburg, Warwick George Washington Halifax County Washington-Lee Fieldale-Collinsville Martinsville Powell Valley |
|---|---|--|---|---|---|

| | | | |
|-------------|--------------------------|-----------------|--------------------------------|
| II | Culpeper William Byrd | Crewe | Blackstone |
| 1958 | | | |
| I | John Marshall | | |
| II | Culpeper | Douglas Freeman | Appalachia |
| III | Troutville | | |
| 1957 | | | |
| I | George Washington | | II Warren County |
| III | Troutville | | |
| 1955 | | | |
| II | Culpeper | | |
| 1954 | | | |
| I | George Washington | | II Culpeper |
| III | George Mason | | |
| 1953 | | | |
| I | George Washington | | II Culpeper |
| III | Brentsville District | | |
| 1952 | | | |
| I | Maury | | II Appalachia |
| III | Herndon | | |
| 1951 | | | |
| I | George Washington | | II Crewe |
| 1945 | | | |
| I | Fairfax | | II Cradock |
| III | South Norfolk | | IV Axton |
| 1944 | | | |
| A | Jefferson Senior | | B Cradock |
| C | Culpeper | | D Weyers Cave |
| 1943 | | | |
| A | Granby | | B Cradock |
| C | Culpeper, New Hope | | |
| 1942 | | | |
| A | John Marshall | | B Pulaski County |
| C | Culpeper | | D New Hope |
| 1941 | | | |
| A | Granby | | B Pulaski County |
| C | Poquoson | | D Saint Paul |
| 1940 | | | |
| A | John Marshall | | B Handley, Suffolk |
| C | Fincastle | | D Meriwether Lewis, Eagle Rock |
| 1939 | | | |
| A | Andrew Lewis | | B Suffolk |
| C | Amelia | | D Meriwether Lewis, Eagle Rock |
| 1938 | | | |
| A | John Marshall | | B Handley |
| C | Bassett | | |
| 1937 | | | |
| A, State: | George Washington-Alex | B | Suffolk |
| C | Eagle Rock | | |
| 1936 | | | |
| A, State: | John Marshall | B | Handley |
| C | Eagle Rock | | |
| 1935 | | | |
| A | Lane | | B Handley |
| C | Eagle Rock | | |
| 1934 | | | |
| A, State: | John Marshall | B | R.E. Lee-Staunton |
| C | Eagle Rock | | |
| 1933 | | | |
| A | Maury | B, State: | Virginia |
| C | Powhatan | | |
| 1932 | | | |
| A | John Marshall | B, State: | Handley |
| C | West Point | | |

1931

A, State: John Marshall B Handley
C West Point

1930

John Marshall

1929

Maury

1928

Newport News

1927

Handley

1926

Maury

1925

Covington

1924

John Marshall

Charles E. Savedge Award for Sustained Excellence in Scholastic Journalism

-- Yearbook Category --

(listed by the year honored, qualified previous year)
(* indicates second qualification, ** third qualification)

2008

Chantilly ** Oakton * Salem **

West Potomac

2007

Jefferson Forest Westfield

2006

Thomas Edison

2005

Broadway Harrisonburg * Loudoun Valley **

2004

Madison County Osbourn

2003

Atlee, Chantilly* R.E. Lee - Springfield

Prince Edward Co. Salem - Salem*

2002

Amherst County Cave Spring* John Handley*

King William Loudoun County Oakton

J.R. Tucker*

2000

Loudoun Valley * McLean

1999

Brookville Rockbridge County

1998

Chantilly Harrisonburg C.D. Hylton

Osbourn Park Salem-Salem Salem-Virginia Beach

1996

J.R. Tucker

1995

William Byrd Cave Spring John Handley

Loudoun Valley Virginia Woodbridge

WRITING, PHOTOGRAPHY & DESIGN COMPETITION

Newspaper - First Place

AAA

Newswriting

- 2009 Krista Pedersen - West Springfield
- 2008 Chris Weil - Oakton
- 2007 Pratima Gopalakrishnan/Lauren Ruth - Thomas Jeff. S&T
- 2006 Alice Chung and Sana Idrees - Thomas Jefferson S&T
- 2005 Caroline Chon - McLean
- 2004 Rebecca Elliott/Ian MacDougall - Thomas Jefferson S&T
- 2003 Rebecca Elliott - Thomas Jefferson S&T

Human Interest/Personality Features

- 2009 Mary Kim - Thomas Jefferson S&T
- 2008 Maura Downey - Fauquier
- 2007 Laura Berk/Alice Chung - Thomas Jefferson S&T
- 2006 Bridgette Kim - Annandale
- 2005 Sadia Latifi - Hayfield
- 2004 Frances Cabrera - Frank Cox
- 2003 Helen Sim - McLean

In-Depth/Informative Features

- 2009 Matt Johnson - Oakton
- 2008 Matt Johnson and Erica Wohlleben - Oakton
- 2007 Skye Carter - Hayfield Secondary
- 2006 Rachel Lazarus - Thomas Jefferson S&T
- 2005 Elizabeth Manley - Chantilly
- 2004 Margaret Collins/Andrew Don - Thomas Jefferson S&T
- 2003 Jennifer Hayes - Frank Cox

Editorials

- 2009 Staff - Oakton
- 2008 Staff - McLean
- 2007 Kate Townsend - Hanover
- 2006 Peter Jameson - McLean
- 2005 Lilian Man - McLean
- 2004 Staff - Lake Braddock
- 2003 Bridget Devlin - McLean

Bylined Personal Opinion/Column

- 2009 Marie French - Thomas Jefferson S&T
- 2008 Bonnie Fishel - James Madison
- 2007 Adam Stern - Hayfield Secondary
- 2006 Lee Betancourt - McLean
- 2005 Benjamin Sine - Chantilly
- 2004 Kate Shellnutt - Ocean Lakes
- 2003 Andrew Satten - Annandale

Review

- 2009 Alexandria Hiponia - James Robinson
- 2008 Hailey Arnold and Amelia Friedman - Thomas Jefferson S&T
- 2007 Marguerite Schauer - McLean
- 2006 Erica Satten and Chris Sopher - Annandale
- 2005 Nathalie Lagerfield - Thomas Jefferson S&T
- 2004 Jon Atwood - McLean
- 2003 Erik Rooney - Annandale

News/Feature Photo

- 2009 Viola Li - Thomas Jefferson S&T
- 2008 David Arrington - Loudoun Valley
- 2007 Dan Gorin - Langley

- 2006 Nathaniel Farrar - Annandale
- 2005 Velginy Hernandez - Langley
- 2004 Evan Sisley - Chantilly
- 2003 Jennifer Cubas - Oakton

Sports Photo

- 2009 Gladys Monzur - Oakton
- 2008 Talia Roth - McLean
- 2007 Dan Gorin - Langley
- 2006 Jack deLorimier - Annandale
- 2005 Michael Moynihan - Langley
- 2004 Greg Nash - George Marshall
- 2003 Stephanie Thompson - Stafford

Front Page Layout

- 2009 Devan Kerley/Moises Cazal - McLean
- 2008 Madison Moss - Prince George
- 2007 Alex Ott - Chantilly
- 2006 Sabrina Ghumman - Chantilly
- 2005 Lee Betancourt - McLean
- 2004 Andrew Don/Greg Seroka - Thomas Jefferson S&T
- 2003 Andrew Satten - Annandale

Inside Page Layout/Spread

- 2009 Holly Betancourt - McLean
- 2008 Mary Kim and Rachel Lienesch - Thomas Jefferson S&T
- 2007 Paul Casey - Chantilly
- 2006 Erica Lucca and Kristen Atwood - McLean
- 2005 Fatema Munis - Lake Braddock
- 2004 Helen Sim/Annie Matsko/Peter Jameson - McLean
- 2003 Anne Jacoby - Stafford

Advertising

- 2009 Alexandra Mendoza - James Robinson
- 2008 Inderbir Bal - West Springfield
- 2007 Erica Wink/Sarah Wink - West Springfield

Newsmagazine Cover

- 2009 Matt Johnson - Oakton
- 2008 Sidra Sajid - Hayfield
- 2007 Robert Espiritu - Hayfield

Infographics/Secondary Packaging

- 2009 Amanda Herman - Oakton

Editorial Cartooning

- 2009 Daniel Aste - Fauquier

AA

Newswriting

- 2009 Janelle Germanos - Grafton
- 2008 Ian Shaw - Brentsville District
- 2007 Camila Domonoske - Harrisonburg
- 2006 Zach Claywell and Michelle Lease - Heritage
- 2005 Cathleen Meyerhoeffer - Harrisonburg
- 2004 Katie Walsh - Harrisonburg
- 2003 Katie Walsh - Harrisonburg

Human Interest/Personality Features

- 2009 Christine Johnson - Jamestown
- 2008 Nan Turner - Harrisonburg

2007 Camila Domonoske - Harrisonburg
2006 Debbie Ayers - Waynesboro
2005 Laura Law - Abingdon
2004 Justin German - Harrisonburg
2003 Janelle Latham - Harrisonburg

In-Depth/Informative Features

2009 Amy Putnam - Poquoson
2008 Nan Turner - Harrisonburg
2007 Camila Domonoske - Harrisonburg
2006 Kelly Flores - Potomac Falls
2005 Heather Smith - Broadway
2004 Jamie Haxby- Grafton
2003 N/A

Editorials

2009 Devin Teagle - Grafton
2008 Meghan Graham - Brentsville District
2007 Laura Robinson - Grafton
2006 Heather Mahr - Grafton
2005 Carla Meyerhoeffer - Harrisonburg
2004 Lee Stuck - Grafton
2003 Lee Stuck - Grafton

Bylined Personal Opinion/Column

2009 Molly Anderson - Harrisonburg
2008 Nikki Fernandes - Jamestown
2007 Jeff Harris - Broadway
2006 Ashley Magnifico - Heritage
2005 Camila Domonoske - Harrisonburg
2004 Zachary McCoy - Grafton
2003 Britt Conley - Harrisonburg

Review

2009 Maddie Dunn/Pam Perez - Harrisonburg
2008 Jessica Dombrowski - Harrisonburg
2007 Olivia Wilson - Harrisonburg
2006 Tyler McAvoy - Broadway
2005 Tiffany Cline - Tabb
2004 Katelyn Hobbs - Abingdon
2003 Colin Campbell - Courtland

News/Feature Photo

2009 Claire Downey - Harrisonburg
2008 Weston Reynolds - Harrisonburg
2007 Nan Turner - Harrisonburg
2006 N/A
2005 N/A
2004 N/A
2003 N/A

Sports Photo

2009 Sarah Coon - Poquoson
2008 Sarah Coon - Poquoson
2007 Katie Surratt - Harrisonburg
2006 Rachel Burchard - Broadway
2005 N/A
2004 Tyler King - Abingdon
2003 Chris Mangan - Harrisonburg

Front Page Layout

2009 Weston Reynolds - Harrisonburg
2008 Olivia Quach - Harrisonburg
2007 Simone Giovanetti - Harrisonburg
2006 Tyler King - Abingdon
2005 Alex Truong - Harrisonburg
2004 Kate Heubach - Harrisonburg
2003 Caite White - Harrisonburg

Inside Page Layout/Spread

2009 Maddie Duda - Harrisonburg
2008 Katelin Hill and Alix Gore - Jamestown
2007 Nan Turner - Harrisonburg

2006 Daniela Nigro - Grafton
2005 Amanda Massie/Erik Landers - Grafton
2004 Kate Heubach - Harrisonburg
2003 Wade Truong - Harrisonburg

Advertising

2009 Katie Surratt - Harrisonburg
2008 Molly Anderson - Harrisonburg
2007 Jessica Dombrowski - Harrisonburg

Newsmagazine Cover

2009 No entries submitted
2008 No entries submitted
2007 James Hardesty - Broadway

Infographics/Secondary Packaging

2009 N/A

Editorial Cartooning

2009 Laura Krass - Grafton

A

Newswriting

2009 Kaylee Perrigan - John S. Battle
2008 Sara Goforth - Auburn
2007 Ricky Bentley - Auburn
2006 No entries submitted
2005 No entries submitted
2004 No entries submitted
2003 No entries submitted

Human Interest/Personality Features

2009 Oneida Huntington - Auburn
2008 Kaylee Perrigan - John S. Battle
2007 Amara Tiebout - Auburn
2006 No entries submitted
2005 No entries submitted
2004 No entries submitted
2003 No entries submitted

In-Depth/Informative Features

2009 Meghan Frazier - Auburn
2008 Renee Millard and Katie Clark - John S. Battle
2007 Ricky Bentley - Auburn
2006 No entries submitted
2005 No entries submitted
2004 No entries submitted
2003 No entries submitted

Editorials

2009 Oneida Huntington - Auburn
2008 Oneida Huntington - Auburn
2007 Amara Tiebout - Auburn
2006 No entries submitted
2005 No entries submitted
2004 No entries submitted
2003 No entries submitted

Bylined Personal Opinion/Column

2009 Oneida Huntington - Auburn
2008 Katie Clark - John S. Battle
2007 No entries submitted
2006 No entries submitted
2005 No entries submitted
2004 No entries submitted
2003 No entries submitted

Review

2009 Lurah Lowrey - John S. Battle
2008 Lurah Lowery - John S. Battle
2007 Jacob Morgan - Auburn
2006 No entries submitted
2005 No entries submitted
2004 No entries submitted

2003 No entries submitted

News/Feature Photo

2009 Christian Thomas - Auburn
2008 Jessica Cox - Auburn
2007 No entries submitted
2006 No entries submitted
2005 No entries submitted
2004 No entries submitted
2003 No entries submitted

Sports Photo

2009 Oneida Huntington - Auburn
2008 Jessica Cox - Auburn
2007 Ricky Bentley - Auburn
2006 No entries submitted
2005 No entries submitted
2004 No entries submitted
2003 No entries submitted

Front Page Layout

2009 Lauren Halstead - John S. Battle
2008 Christian Thomas and Gini May - Auburn
2007 No entries submitted
2006 No entries submitted
2005 No entries submitted
2004 No entries submitted
2003 No entries submitted

Inside Page Layout/Spread

2009 April Westmoreland - Auburn
2008 Christian Thomas - Auburn
2007 Ricky Bentley - Auburn
2006 No entries submitted
2005 No entries submitted
2004 No entries submitted
2003 No entries submitted

Advertising

2009 No entries submitted
2008 No entries submitted
2007 No entries submitted

Newsmagazine Cover

2009 Kaitlyn Clower- Auburn
2008 No entries submitted
2007 Ricky Bentley - Auburn

Infographics/Secondary Packaging

2009 Kayla Dye/Micah Robinson/Laura Halstead - John S. Battle

Editorial Cartooning

2009 Kaitlyn Clower- Auburn

Yearbook - First Place

AAA

Concept Packaging

2009 Staff - McLean
2008 Staff - Oakton
2007 Shittleworth/Summers/Ward - Stone Bridge
2006 Saga staff - Loudoun Valley
2005 Matt Lent & Heather Byrnes - R.E. Lee-Springfield

Student Life Spread

2009 Meghan Kalinowski/Taylor Hopkins - Hanover
2008 Emily Hesse/Lauren Cipollone - Atlee
2007 Mindy Harding/Taylor Hopkins - Hanover
2006 Lauren Orsini - Chantilly
2005 Megan Gallivan - Chantilly
2003 Henricka Hamler, Arushi Phull - Oakton

Academics Spread

2009 Sara Iacovino/Marybeth Schmitt - Oakton
2008 Noey Staib and Lauren Cipollone - Atlee
2007 Duehring/Dumond/Prunza - Stone Bridge

2006 Kali Castan - Chantilly

2005 Lauren Orsini - Chantilly

2003 Anne Nguyen, Kathleen Miller - Annandale

Clubs/Organizations Spread

2009 Sarah Day - Hanover
2008 Staff - Loudoun Valley
2007 Amanda Willis - West Potomac
2006 Katie Linenan - Chantilly
2005 Maradith Jordon/Jackie Wooley - Chantilly
2003 Holly Counihan, Jackey Barrenting, Christina Fisher, Heather Norwood - Annandale

Sports Spread

2009 Andrea Fogleman - Hanover
2008 Brittany Dumond - Stone Bridge
2007 Rebecca Craymer/Meredith Lipscombe - Hanover
2006 Saga staff - Loudoun Valley
2005 Maggie Poandl - Chantilly
2003 Megan Koster - Oakton

People Spread

2009 N/A
2008 Liz Harris/Lisa Klopp - Atlee
2007 Devin Matthews/Tess Mackey - West Potomac
2006 Elizabeth Whitman - Chantilly
2005 Ashley Mills/Elizabeth Whitman - Chantilly
2003 Melissa Leong - Oakton

Feature Photos

2009 Lydia Mendleson - McLean
2008 Victoria Luu - Stone Bridge
2007 Rebecca Craymer - Hanover
2006 Hannah Ott - Hanover
2005 M. Daniels - R.E. Lee-Springfield
2003 N/A

Sports Photos

2009 Matthew Higgins - Loudoun Valley
2008 Mike McGowan - Stone Bridge
2007 Aitlin Ansell - Stone Bridge

Advertising

2009 Haley McGlaufflin - Loudoun Valley
2008 Staff - Loudoun Valley
2007 Megan Martin - Hanover

Infographics/Secondary Packaging

2009 Sarah Megas/Kukana Ho'opi'i - McLean
2008 Heather Crist/Kaitlin Egli - Liberty-Beaeton

AA

Concept Packaging

2009 Staff - Turner Ashby
2008 Staff - Turner Ashby
2007 Alicia Smith - Broadway
2006 Sarah Nelson/Mollie Crist/Rachel Burchard - Broadway
2005 Sarah Nelson/Felicia Shifflett/Melissa Showalter/Rachel Burchard - Broadway
2004 Erin Harpine/ Leah Burkholder/ Sarah Nelson - Broadway

Student Life Spread

2009 Kaitlyn Hancock/Sarah Fulk - Turner Ashby
2008 Claire Fulk - Broadway
2007 Megan Hebdon - Turner Ashby
2006 Ashley Hottinger - Broadway
2005 Caitlin Didawick - Harrisonburg
2004 Melissa Sobanko - Harrisonburg
2003 Saga Staff - Loudon Valley

Academics Spread

2009 Anna Joseph - Turner Ashby
2008 Taylor Knupp - Broadway
2007 Lacey Derrow - Turner Ashby

2006 Ashton Dove/Taryn Luppó/Kaity Harris - Broadway
2005 Saga Staff - Loudoun Valley
2004 Krishona Tolliver/Tiara Coleman - Harrisonburg
2003 Kristyn Bailey, Ashley Heavner - Salem

Clubs/Organizations Spread

2009 Hannah Glick/Hannah Shickel - Turner Ashby
2008 Amber Smith and Kate Shickel - Turner Ashby
2007 Armentrout/Scott - Broadway
2006 Rachel Burchard/Kaity Harris/Taryn Luppó - Broadway
2005 Whitney Hodgen - Harrisonburg
2004 Sarah Nelson - Broadway
2003 Avery Fellow - Loudon Valley

Sports Spread

2009 Sara Hulvey - Turner Ashby
2008 Aaron Reed - Broadway
2007 Kendall Hancock - Turner Ashby
2006 Rebecca Fulk/Paige Bahr/Rachel Burchard - Broadway
2005 Elizabeth Reeves - Broadway
2004 Gabrielle Wilt - Broadway
2003 Saga Staff - Loudon Valley

People Spread

2009 Alyssa Pennington - Turner Ashby
2008 Joshua Logsdon - Turner Ashby
2007 Elwood/Hartman - Broadway
2006 Brian Miller/Rebecca Fulk/Alicia Smith - Broadway
2005 Tracy Thompson/Sarah Moyers - Broadway
2004 Whitney Hodgen - Harrisonburg
2003 Ashley Purdy - Salem

Sports Photos

2009 Moira Guzi - Staunton River
2008 Brandon Scarpone - King George
2007 Thomas Pearce - Lafayette
2006 N/A
2005 Rachel Burchard - Broadway
2004 N/A
2003 N/A

Featured Photo

2009 Carmine Erfe - Lafayette
2008 Courtney Wright - King George
2007 Ashley Goad - Carroll County
2006 Whitney Hartman - Broadway
2005 Whitney Hartman - Broadway

Advertising

2009 Hannah Glick - Turner Ashby
2008 Hannah Glick - Turner Ashby
2007 Ashley Deal - Lafayette

Infographics/Secondary Packaging

2009 Beth Hassler - Broadway
2008 Chris Maywer - Broadway

A

Concept Packaging

2009 Staff - Stonewall Jackson-Quicksburg
2008 Staff - Stonewall Jackson-Quicksburg
2007 Turner/Perrotto/Estep/Richardson - Stonewall Jackson - Q.
2006 No entries submitted
2005 No entries submitted
2004 No entries submitted
2003 No entries submitted

Student Life Spread

2009 Amanda Kingan - Stonewall Jackson-Quicksburg
2008 Woodie Kerlin, Neill O'Donnell and Heather Stout - Stonewall Jackson - Quicksburg
2007 Rosie Bell - Stonewall Jackson - Quicksburg

2006 No entries submitted
2005 No entries submitted
2004 Aaron Roop - John Battle
2003 No entries submitted

Academics Spread

2009 Haley Stover/Whitney Wilkins - Stonewall Jackson - Q
2008 Caleb Golladay - Stonewall Jackson - Quicksburg
2007 No entries submitted
2006 No entries submitted
2005 No entries submitted
2004 Sumer Stout/Adam Baldwin - John Battle
2003 No entries submitted

Clubs/Organizations Spread

2009 Carrie Crowther/Laura Farmer - Northumberland
2008 Carrie Cooke - Northumberland
2007 Berenice Nazario - Northumberland
2006 No entries submitted
2005 No entries submitted
2004 No entries submitted
2003 No entries submitted

Sports Spread

2009 Amanda Kingan/Colton Koontz - Stonewall Jackson - Q
2008 Marcy Beall - Stonewall Jackson - Quicksburg
2007 Kelsey Linski - Northumberland
2006 No entries submitted
2005 No entries submitted
2004 Brian Sheffey/Dustin Gizzle - John S. Battle
2003 No entries submitted

People Spread

2009 No entries submitted
2008 Rosie Bell/Savannah Coffey - Stonewall Jackson - Q.
2007 Bell/Coffey - Stonewall Jackson - Quicksburg
2006 No entries submitted
2005 No entries submitted
2004 No entries submitted
2003 No entries submitted

Feature Photo

2009 Erica Golliday - Stonewall Jackson - Quicksburg
2008 Leslie Anne Hinton - Northumberland
2007 No entries submitted
2006 No entries submitted
2005 No entries submitted
2004 No entries submitted
2003 No entries submitted

Sports Photos

2009 Erin Broy - Clarke County
2008 Amelia Dodson - Northumberland
2007 Kallie Hovatter - Stonewall Jackson-Quicksburg
2006 No entries
2005 No entries submitted
2004 No entries submitted
2003 Aaron Roop - John Battle

Advertising

2009 Carrie Crowther - Northumberland
2008 Leslie Anne Hinton - Northumberland
2007 No entries submitted

Infographics/Secondary Packaging

2009 Amanda Kingan/Savannah Coffey - Stonewall Jackson - Q
2008 Mary Kelly - Northumberland

Literary Magazine - First Place

AAA

Concept Packaging

2009 Staff - Woodbridge Senior
2008 Staff - George Washington

2007 Taylor/Fulton/Nogle - Lee-Davis

Cover

2009 Jake Mussleman/Jordan Pye - Albemarle

2008 Zac Barksdale - George Washington

2007 Scott Stackley - Woodbridge Senior

Table of Contents

2009 Sophia Gardner/Megan Burks/Kenny Drews - Woodbridge Sr.

2008 Craig Waldman - George Washington

2007 Baines/Koplen - George Washington

Photograph

2009 Paige Day - Woodbridge Senior

2008 Chris Richardson - George Washington

2007 Rob Farris - Lee-Davis

Drawing

2009 Lucy Whitsler - Woodbridge Senior

2008 Stephanie Crane - George Washington

2007 Alexandra Molina - Woodbridge Senior

Painting

2009 Erin Fillers - Woodbridge Senior

2008 Kamille Jackson - Woodbridge Senior

2007 Heather Phillips - Woodbridge Senior

3-D Art

2009 Jessica Flynn - Woodbridge Senior

2008 No entries submitted

2007 Max Crodick - Lee-Davis

Computer Art

2009 Paige Day - Woodbridge Senior

2008 Nikkie Wood - Albemarle

2007 Mary Schnebelen - Woodbridge Senior

Art Gallery Spread

2009 Gregory Knowles/William Langoria/Erin Fillers/Paige Day/
Katie Casey/Stacey Shapiro - Woodbridge Senior

2008 Patrick Shelton - George Washington

2007 Sarah Crossland - Woodbridge Senior

Prose Spread

2009 Jordan Pye - Albemarle

2008 Craig Waldman - George Washington

2007 Sarah Crossland - Woodbridge Senior

Poetry Spread

2009 Rachel Goad/Jaime Orrego/Rachel Viernes/Katie Casey/Stacey
Shapiro - Woodbridge Senior

2008 Caitlin Murphy/Natasha Shaut - Woodbridge Senior

2007 Miranda Beckner - Woodbridge Senior

Infographics/Secondary Packaging

2009 Hannah Gentry - Albemarle

2008 Hannah Gentry - Albemarle

Editorial Cartooning

2009 No entries submitted

2008 Andy Notto - Albemarle

AA

Concept Packaging

2009 Staff - Salem-Salem

2008 Staff - Potomac Falls

2007 Price/Napora/Knott/Lantz/Harpine - Broadway

Cover

2009 Jessica Strickler - Harrisonburg

2008 Jasmine Hsu and Kyleigh Palmiotto - Potomac Falls

2007 Destini Price - Broadway

Table of Contents

2009 Evan Tatarka/Quinn Lester - Salem-Salem

2008 Kyleigh Palmiotto - Potomac Falls

2007 Destini Price - Broadway

Photograph

2009 Nathaniel Hemmer - Harrisonburg

2008 Diego Valdez - Park View-Sterling

2007 Brently Hilliard - Broadway

Drawing

2009 Aby Burkel - Park View-Sterling

2008 Kyle Saxton - Harrisonburg

2007 Jordan Shiflet - Broadway

Painting

2009 Allison McDavid - Park View-Sterling

2008 Drew Sease - Harrisonburg

2007 Alyssa Weider - Broadway

3-D Art

2009 Mariah Davis - Salem-Salem

2008 Claire McCarty - Harrisonburg

2007 Anne Lantz - Broadway

Computer Art

2009 Sandy Hernandez - Harrisonburg

2008 Laura Collins - Potomac Falls

2007 Phillip Wachter - Broadway

Art Gallery Spread

2009 Leah Cox - Broadway

2008 Staff - Park View - Sterling

2007 Destini Price - Broadway

Prose Spread

2009 Emma Babington - James Wood

2008 Gregg Jeffries - Harrisonburg

2007 Boss Hamrick - Broadway

Poetry Spread

2009 Jessica Strickler - Harrisonburg

2008 Beckie Woods - Broadway

2007 Margaret Lantz - Broadway

Infographics/Secondary Packaging

2009 No entries submitted

2008 No entries submitted

Editorial Cartooning

2009 No entries submitted

2008 No entries submitted

A

Concept Packaging

2009 Staff - Northumberland

2008 Staff - Northumberland

2007 Leslie Anne Hinton - Northumberland

Cover

2009 Amanda Bridgeford/Ashley Lee - Northumberland

2008 Ashley Lee - Northumberland

2007 Colleen Coyne - Galileo Magnet

Table of Contents

2009 Kati Hurt - Eastern Montgomery

2008 Ashley Lee - Northumberland

2007 No entries submitted

Photograph

2009 Patricia Baker - Northumberland

2008 Jessica Price - Eastern Montgomery

2007 No entries submitted

Drawing

2009 Seth Miller - Eastern Montgomery

2008 Aaron Cragget - Eastern Montgomery

2007 Wyatt Ramsey - Galileo Magnet

Painting

2009 No entries submitted

2008 No entries submitted

2007 No entries submitted

3-D Art

2009 No entries submitted

2008 Lea Engard - Northumberland

2007 No entries submitted

Computer Art

2009 No entries submitted
2008 No entries submitted
2007 No entries submitted

Art Gallery Spread

2009 Alexis Jewell - Northumberland
2008 Ashley Lee - Northumberland
2007 Leslie Anne Hinton - Northumberland

Prose Spread

2009 Tricia Brennan - Northumberland
2008 Elizabeth Newsome - Northumberland
2007 No entries submitted

Poetry Spread

2009 Amber Amburgey/Joshua Welch/Carissa Jeffords/Victoria
Griffith/Chancy Fitch - Eastern Montgomery
2008 Ashley Milliner, Heather Phoenix, Amber Dame/Holly
Hinshelwood - Eastern Montgomery
2007 Leslie Anne Hinton - Northumberland

Infographics/Secondary Packaging

2009 No entries submitted
2008 No entries submitted

Editorial Cartooning

2009 No entries submitted
2008 No entries submitted

SAVEDGE SCHOLARSHIP

In recognition of Virginia's Student Journalist of the Year

| | | |
|-----------|---------------------------------|-----------------------------------|
| 2009-10 | Kelsey O'Connell | Stone Bridge |
| 2008-09 | Kendra Johnson | Varina |
| 2007-08 | Hallie Colegrove | J.E.B. Stuart |
| 2006-07 | Camila Domonoske | Harrisonburg |
| 2005-06 | Christopher K. Sopher | Annandale |
| 2004-05 | Katie Hooper | Lake Braddock |
| 2003-04 | David Leggett | Hidden Valley |
| 2002-03 | Sarah Gatsos | McLean |
| 2001-02 | Josh Sundquist | Harrisonburg |
| 2000-01 | Cynthia Fields Bryan Whitten | Abingdon Harrisonburg |
| 1999-2000 | Josh Kraushaar Jia Lynn Yang | Annandale Thomas Jefferson S&T |
| 1998-99 | Emily Ramshaw | McLean |
| 1997-98 | Esther Kang | Annandale |
| 1996-97 | Mailinh Hong | Falls Church |
| 1995-96 | Stacie Lea Rowe | Abingdon |
| 1994-95 | Lucas Wall Tarah Grant | Centreville James Madison |
| 1993-94 | Molly Long | Princess Anne |
| 1992-93 | Lori Higginbotham | Luray |
| 1991-92 | Jennifer Cocson | Green Run |
| 1990-91 | Jason Roop | Luray |

THEATRE

Team Champions

(champion, winning play; runner-up)

AAA

| | | |
|---------|--------------------------------------|--|
| 2009/10 | Albemarle Meadowbrook | "The Zoo Story" "The Colored Museum" |
| 2008/09 | Grassfield Douglas Freeman | "The Pearl" "Us & Them" |
| 2007/08 | Fairfax Grassfield | "Never Swim Alone" "Medea" |
| 2006/07 | George Marshall Great Bridge | "The Mandate" "The Winner" |
| 2005/06 | Prince George King's Fork | "Bionik Row" "Greater Tuna" |
| 2004/05 | George Marshall Great Bridge | "Here" "Imaginative Gentlemen" |
| 2003/04 | Prince George Lake Braddock | "Riverstory...A Modern Myth" "As Is" |
| 2002/03 | George Marshall Great Bridge | "Journey of 5th Horse" "Prometheus Bound" |
| 2001/02 | Chantilly Ocean Lakes | "Going to School" "I'm Not Stupid" |
| 2000/01 | George Marshall Prince George | "The Suicide" "Transition" |
| 1999/00 | George Marshall Maury | "The Shockheaded Peter Project" "Parallel Lives: The Kathy and "Mo Show" |
| 1998/99 | Yorktown Thomas Dale | "Julius Ceasar" "God's Trombone" |
| 1997/98 | West Springfield Gar-Field | "The Interview" "An Even Briefer History" |
| 1996/97 | Great Bridge North Stafford | The Hairy Ape" "The Lorax" |
| 1995/96 | Gar-Field Great Bridge | "Alice@Wonderland.com" "Romeo and Juliet" |
| 1994/95 | Pulaski County Great Bridge | "The Serpent" "Riders to the Sea" |
| 1993/94 | Stafford Pulaski County | "The Interview" "The Metamorphosis" |
| 1992/93 | Gar-Field, Great Bridge | "20 Actors Spend Six Weeks Growing in a Play with No Name" |
| 1991/92 | Oakton, Chantilly | "Laughing Wild" |
| 1990/91 | Booker T. Washington, Centreville | "It's Time" |
| 1989/90 | Petersburg, First Colonial | "Werewolf?" |
| 1988/89 | First Colonial, E.C. Glass | "The Insanity of Mary Girard" |
| 1987/88 | Patrick Henry-Roan., Herndon | "Tell Me Another Story, Sing Me Another Song" |
| 1986/87 | Patrick Henry-Roan., | "Mirrors of the Mind" |

| | | |
|---------|-----------------------------------|-----------------------|
| 1985/86 | Princess Anne Charlottesville, | "The Me Nobody Knows" |
| 1984/85 | Critiqued performances | |
| 1964-84 | District Competition | |

AA

| | | |
|---------|-------------------------------------|--|
| 2009/10 | Jamestown Lafayette | "Degas C'est Moi" "Artistic Inspiration" |
| 2008/09 | Central-Woodstock Sherando | "The Brothers Grimm Spectaculation" "All I Really Need to Know I Learned in Kindergarten" |
| 2007/08 | Harrisonburg Charlottesville | "Working" "How to Eat Like a Child" |
| 2006/07 | Pulaski County James Wood | "The Other Side of the Story" "4-Man, Full Contact Australian Rules Hamlet" |
| 2005/06 | Appomattox County James Wood | "Dancing at Lughnasa" "The Great Appalachian Storytelling Contest" |
| 2004/05 | Appomattox County Loudoun County | "The Laramie Project" "Invisible Man" |
| 2003/04 | Potomac Falls King George | "Pillow Talk" "Interview" |
| 2002/03 | Pulaski County Charlottesville | "The Lady of the Lake" "Adaptation" |
| 2001/02 | Abingdon Appomattox Co. | "A Piece of My Heart" "Dancing at Lughansa" |
| 2000/01 | Appomattox Co. Broadway | "The Diviners" "A Thing of Beauty" |
| 1999/00 | Abingdon Appomattox County | "All I Really Need to Know I Learned in Kindergarten" "Dark of the Moon" |
| 1998/99 | Graham Abingdon | "Screen" "I Read About My Death in Vogue Magazine" |
| 1997/98 | Loudoun Valley Nandua | "Eleemosynary" "The Compleat Works of Wllm Shkspr (Abridged)" |
| 1996/97 | Graham Loudoun Valley | "American Tall Tales" "Interview" |
| 1995/96 | Abingdon Blacksburg | "The Compleat Works of Wllm Shkspr (Abridged)" "Cinderella Wore Combat Boots" |
| 1994/95 | Abingdon Alleghany | "American Tall Tales" "Audience" |
| 1993/94 | Sherando Abingdon | "Valentines & Killer Chili" "The Fantastics" |
| 1992/93 | Abingdon, Rockbridge County | "Wind in the Willows" |
| 1991/92 | Abingdon, Loudoun County | "American Tall Tales" |
| 1990/91 | Abingdon, Chancellor | "Greater Tuna" |

1989/90 Warren County, "Voices from the High School"
Abingdon
1988/89 Spotsylvania County, "Graceland"
Rustburg
1987/88 Laurel Park, "Voices from the High School"
Radford
1986/87 Tabb "What Did You Say 'What' For?"
1985/86 Radford, "Final Play"
Abingdon
1984/85 Critiqued performances
1964-84 District Competition

A

2009/10 Nelson County "Tuna Fish Eulogy, A Ladder Play"
Bland/Rocky Gap "The Diary of Adam and Eve"
2008/09 William Campbell "The Good Body"
Nelson County "Of Widows and Vegetables"
2007/08 J.J. Kelly "Property Rites"
Powell Valley "Nora's Lost"
2006/07 William Campbell "The Insanity of Mary Girard"
Nelson County "The Rimers of Eldritch"
2005/06 Madison County "I Never Saw Another Butter
fly"
Randolph-Henry "How to Eat Like a Child"
2004/05 Powell Valley "The Write Stuff"
Madison County "American Tall Tales"
2003/04 Galax "I Never Saw Another Butter
fly"
Powell Valley "11 Variations on Friar John's
Failure"
2002/03 Powell Valley "The Miser"
Galax "A Thurber Carnival"
2001-02 Madison County "A Thousand Cranes"
Nandua "Haiku"
2000/01 Madison County "The Compleat Works of Wllm
Shkspr (Abridged)"
Galax "Who's Happy Now"
1999/00 Galax "The Diary of Adam and Eve"
Madison County "American Tall Tales"
1998/99 Madison County "The Complete History of
America"
ClarkecvCounty "Communication"
1997/98 Madison County "The Bald Soprano"
Powell Valley "Beast on the Moon"
1996/97 Powell Valley "The Compleat Works of Wllm
Shkspr (Abridged)"
Galax "Riders to the Sea"
1995/96 Nandua "A Thousand Cranes"
William Monroe "Flashback"
1994/95 Galax "Feathertop"
Nandua "I Never Saw Another Butter
fly"
1993/94 Madison County "A Thousand Cranes"
William Monroe "Competition Piece"
1992/93 Galax "I Never Saw Another
Butterfly"
William Monroe
1991/92 Galax "Fortress"
William Monroe

1990/91 William Monroe, "This is a Test"
Pound
1989/90 Galax, "The Diary of Adam and Eve"
Holston
1988/89 Holston, "Greater Tuna"
Brentsville
1987/88 Brentsville District, "Louder, I Can't Hear You"
Holston
1986/87 Lexington, "Pals"
Nandua
1985/86 Fieldale-Collinsville "Ay, Eurydice!"
1984/85 Critiqued performances
1964-84 District Competition

IA-I (Superior Ratings)

1963/64

| | | |
|---------------|-----------------------|--------------------------|
| Cradock | Hopewell | Huguenot |
| Prince George | Groveton | George Marshall |
| F.C. Hammond | Fairfax | George Washington-Dan |
| Annandale | E.C. Glass | Jefferson Senior-Roanoke |
| Tazewell | Patrick Henry-Roanoke | |

1962/63

| | | |
|------------|---------------|-----------------|
| Churchland | Princess Anne | Warwick |
| Hermitage | Lane | George Marshall |
| Groveton | Andrew Lewis | Richlands |
| Virginia | | |

1961/62

| | | |
|-----------------|------------|------------------------|
| Princess Anne | Warwick | George Wythe-Richmond |
| F.C. Hammond | E.C. Glass | Jefferson Senior-Rke.. |
| William Fleming | Virginia | |

1960/61

| | | |
|------------------|-----------------------|-------------------------|
| Warwick | Annandale | George Washington-Dan. |
| Mount Vernon | Andrew Lewis | George Washington-Alex. |
| William Fleming, | Jefferson Senior-Rke. | |

1959/60

| | | |
|-----------------|------------|-----------------|
| Great Bridge | Hampton | Albemarle |
| Douglas Freeman | Hermitage | Annandale |
| Falls Church | Groveton | McLean |
| Washington-Lee | E.C. Glass | William Fleming |

1958/59

| | | |
|--------------|-----------------|--------------------|
| Cradock | Hampton | Suffolk, Hermitage |
| Annandale | Groveton | Washington-Lee |
| Andrew Lewis | William Fleming | |

1957/58

| | | |
|---------------|-----------------|-------------------------|
| Cradock | Hampton | Norview |
| Princess Anne | Hermitage | Annandale |
| Falls Church | Washington-Lee | George Washington-Alex. |
| E.C. Glass | William Fleming | Thomas Jefferson-Rke. |

1956/57

| | | |
|-----------------|-------------------------|------------------------|
| Cradock | Hampton | Suffolk |
| Hermitage | Washington Lee | George Washington-Dan. |
| William Fleming | George Washington-Alex. | |

1955/56

| | | |
|----------------|-----------------|------------------------|
| Washington-Lee | William Fleming | George Washington-Dan. |
|----------------|-----------------|------------------------|

1954/55

| | | |
|--------------|----------------|-----------------------|
| Granby | Woodrow Wilson | Hermitage |
| Falls Church | Washington-Lee | Jefferson Senior-Rke. |

1953/54

| | | |
|---------|----------------|--|
| Cradock | Washington-Lee | |
|---------|----------------|--|

1952/53

| | | |
|-----------------------|-----------------------|------------|
| Cradock | Jefferson Senior-Rke. | |
| 1951/52 | | |
| Granby | Hampton | E.C. Glass |
| Jefferson Senior-Rke. | | |

1950/51

Lane, E.C. Glass Jefferson Senior-Roanoke

1947/48-1949/50

Not Available

1946/47

Maury

1945/46

Jefferson Senior-Roanoke

1943/44-1944/45

Not Available

1942/43

No Contests

1941/42

Jefferson Senior-Roanoke

1940/41

Maury

1939/40

Jefferson Senior-Roanoke

1938/39

Jefferson Senior-Roanoke

1937/38

Thomas Jefferson-Roanoke

1936/37

Maury

1935/36

George Washington-Danville

1934/35

Maury

1933/34

George Washington-Danville

1932/33

Maury

1931/32

George Washington-Danville

IB-II (Superior Ratings)

1963/64

Orange County Osbourn Spotsylvania County

Cave Spring Fieldale Northside

Meadowbrook Appalachia, Clintwood

Blacksburg Radford Lexington

1962/63

Gar-Field Northside Pulaski County

George Mason Albemarle Lexington

1961/62

Orange County Franklin County Radford

George Mason Lexington

1960/61

Gar-Field Clintwood Blacksburg

George Mason Albemarle

1959/60

Deep Creek Fluvanna County Bluestone

Martinsville William Byrd, Abingdon

1958/59

Deep Creek James Monroe Midlothian

Blackstone Bluestone Parry McCluer

Pembroke Rich Valley George Mason

1957/58

Fluvanna County Washington-Henry Blackstone

Bluestone Amherst County Martinsville

William Byrd Herndon

1956/57

Great Bridge Virginia Beach Stafford County

Randolph-Henry Bluestone Fieldale

1955/56

Gloucester Fluvanna County Douglas Freeman

James Monroe Stafford County Blackstone

Drewry Mason Martinsville Narrows

Radford Herndon McLean

Handley

1954/55

Churchland Great Bridge Prince George

Princess Anne Suffolk Douglas Freeman

Osbourn Randolph-Henry Handley

Warren County Martinsville Narrows

William Byrd William Fleming Lebanon

Rich Valley

1953/54

Suffolk William Byrd Castlewood

1952/53

Virginia Beach Henry Clay Blackstone

C.H. Friend Narrows William Fleming

1951/52

Churchland Oceana Tazewell

Honaker William Byrd William Fleming

Martinsville

1950/51

Churchland Oceana Virginia

Marion

1947/48-1949/50

Not Available

1946/47

Wytheville

1945/46

William Fleming

1943/45-1944/45

Not Available

1942/43

No Contests

1941/42

William Fleming

1940/41

C.H. Friend

1939/40

Glen Allen

1938/39

Glen Allen

1937/38

William Byrd

1936/37

Suffolk

1935/36

Highland Springs

1934/35

Ashland

1933/34

George Washington-Danville

1932/33

Lane

1931/32

Highland Springs

III—II (Superior Ratings)

1963/64

Bluestone Dan River Turner Ashby

Cleveland Floyd County Wilson Memorial

Lord Botetourt Spring Garden

1962/63

King George Tappahannock

| | | |
|------------------------|------------------------|-----------------------|
| 1961/62 | | |
| Bluestone, | Altavista | Gretna |
| Fort Chiswell | Northside | Patrick Henry-Roanoke |
| Middle River | North River | |
| 1960/61 | | |
| Wakefield | West Point | |
| 1959/60 | | |
| West Point | | |
| 1958/59 | | |
| Woodstock | Edinburg | |
| 1957/58 | | |
| Rockville | West Point | Chatham |
| Greendale | | |
| 1956/57 | | |
| Sunnyside-McKenney | | |
| 1955/56 | | |
| Bland | Valley | Sunnyside-McKenney |
| 1954/55 | | |
| Powhatan | Middlesex | Chase City |
| Spring Garden | | |
| 1953/54 | | |
| West Point | George Mason | Fluvanna County |
| Buchanan | Rural Retreat | |
| 1952/53 | | |
| West Point | Fluvanna County | Clarksville |
| Buchanan | | |
| 1951/52 | | |
| Goochland County | Occoquan District | Fluvanna County |
| Clarksville | Weyers Cave | |
| 1950/51 | | |
| Washington-Henry | West Point | Fluvanna County |
| Callands | | |
| 1947/48-1949/50 | 1946/47 | |
| Not Available | Orange County | |
| 1945/46 | 1943/44-1944/45 | |
| Chatham | Not Available | |
| 1942/43 | 1941/42 | |
| No Contests | Dayton | |
| 1940/41 | 1939/40 | |
| C.H. Friend | C.H. Friend | |
| 1938/39 | 1937/38 | |
| Crewe | West Point | |
| 1936/37 | 1935/36 | |
| West Point | Orange County | |
| 1934/35 | 1933/34 | |
| Ashland | West Point | |
| 1932/33 | 1931/32 | |
| Orange County | Sussex-Stoney Creek | |

IV (Superior Ratings)

| | |
|------------------|------------------------|
| 1945/46 | 1943/44-1944/45 |
| Washington-Henry | Not Available |
| 1942/43 | 1941/42 |
| No Contests | Timberville |
| 1940/41 | 1939/40 |
| Eggleston | Keezletown |
| 1938/39 | 1937/38 |
| New Kent | No Entries |

Team Records

Most state championships

| | | |
|---|----------|---------------------------------|
| 7 | Abingdon | 1990-92, 1994-95, 1999, 2001 |
| 6 | Galax | 1989, 1991-92, 1994, 1999, 2003 |

| | | |
|---|-----------------|------------------------------|
| 6 | Madison County | 1993, 1997-98, 2000-01, 2005 |
| 5 | George Marshall | 2000-01, 2003, 2005, 2007 |

Individual Records

Most Outstanding Actor Wins

| | | |
|---|-------------------------------|---------------------|
| 4 | Brandon Farmer, Galax | 1999-2000 - 2002-03 |
| 3 | N. Paranthaman, Powell Valley | 1995-96 - 1997-98 |
| 3 | Brent Bussey, Abingdon | 1990-91 - 1992-93 |
| 3 | Max Hinders, Lafayette | 2007-08 - 2009-10 |

Outstanding Acting Awards

AAA

2009/10

| | |
|----------------------------------|---------------------------------|
| Jeremy Weiss, Albemarle | Chris Albrigo, Chantilly |
| Luke Marsh, Albemarle | Kyle Furlong, Mountain View |
| Dahnyce Pitt, Meadowbrook | Kristina McClosky, Great Bridge |
| Hunter Spangler, Douglas Freeman | Justine Ryan, Meadowbrook |

2008/09

| | |
|---------------------------------|-----------------------------|
| Alex Smith, Grassfield | Courtney Jordan, Grassfield |
| Jeremy Weiss, Albemarle | Paige Goodloe, Albemarle |
| Scott Anderson, George Marshall | Brandon Blake, Albemarle |
| Megan Helwig, Brooke Pointe | Jessie Croke, Brooke Pointe |

2007/08

| | |
|----------------------------|------------------------------|
| Katie Brunberg, Grassfield | Christina Bailey, Monacan |
| Devan Wells, Monacan | Zach Goubeaux, Fairfax |
| Jeremy Tuohy, Fairfax | Colleen McNally, Ocean Lakes |
| Will Pommerening, Yorktown | Evan Redd, Colonial Forge |

2006/07

| | |
|-----------------------------------|--------------------------------|
| Jonathan Elliott, George Marshall | Keyan Herron, Douglas Freeman |
| Jury Ensemble, Douglas Freeman | Saleh Karaman, George Marshall |
| Kate Karczewski, George Marshall | Grayson Sandford, Kecoughtan |
| Erika Thomas, Meadowbrook | Julia Weed, George Marshall |

2005/06

| | |
|------------------------------|------------------------------|
| Morgan Currie, Patrick Henry | Jake Ellis, George Marshall |
| Jessy Eckstein, King's Fork | Candice Croston, King's Fork |
| Alex Mills, Massaponax | Ensemble, Prince George |
| Branson Reese, Westfield | Brian Randall, Westfield |

2004/05

| | |
|--------------------------------|-----------------------------------|
| Carl Anderson, Albemarle | Nettia Boyd, James River-Mid |
| Melissa Klein, Chantilly | Nathaniel Krause, George Marshall |
| Sarah Lepley, James River-Mid. | Charles Mann, Great Bridge |
| Phil Reid, Chantilly | Julia Weed, George Marshall |

2003/04

| | |
|---------------------------------|--------------------------------|
| Taylor Burgess, Colonial Forge | Andrew Froelich, Lake Braddock |
| Brendan Hill, Lake Braddock | Louisa Krause, George Marshall |
| Shelley Newhouse, Lake Braddock | Jessica Sumpter, E.C. Glass |
| Ryan Rumulity, George Marshall | |

2002/03

| | |
|--|--------------------------------|
| Daniel Crabtree, Oakton | Chelsea Franges, Monacan |
| Andrew Geimer, Great Bridge | Louisa Krause, George Marshall |
| Jason Oliver, Colonial Forge | Kristin Prieur, Oakton |
| Peter Van Valkenburgh, George Marshall | David Winkler, George Marshall |

2001/02

| | |
|-----------------------------|--------------------------------|
| Josh Benforado, Ocean Lakes | Jenna Berk, Yorktown |
| John Bonner, Chantilly | Zach Brown, Stafford |
| James Jordan, Floyd Kellam | Eva Kriksciun, Chantilly |
| Tristan Lejeune, Albemarle | Michelle Rogerson, Ocean Lakes |

2000/01

| | |
|----------------------------------|--------------------------------|
| Nolan Bennett, George Marshall | George Kamide, George Marshall |
| Candace Krattiger, Lloyd C. Bird | Eliza Lambe, Prince George Co |
| Jessica Lawheed, Ocean Lakes | Eric Morales, Gar-Field |

Dory Tucker, Albemarle
1999/2000
 Ben Atkinson, Albemarle Lucas Beck, George Marshall
 Nick Hanzel, Stafford Eliza Lamb, Prince George
 Bridget Peery, Maury Daniel Weckerly, Maury
1998/99
 Ian Anderson, Thomas Dale Megan Ford, Thomas Dale; Aaron
 Holland, Thomas Dale Steph Dana, Chantilly
 Nathan Hill, Patrick Henry Emily Hottenstein, Great Bridge
 Jon-al Sawyer, Maury Patrick Taylor Maury
1997/98
 Morgan Baker, Stafford Adam Dalson, West Springfield
 Diana Harrington, Great Bridge Jacob Mosser, West Springfield
 Kristina Raum, Great Bridge Ringo Roseman, Chantilly;
 Elizabeth Sherrill, W. Springfield Elizabeth Weiner, West Springfield
1996/97
 Shawn Cavanaugh, Great Bridge Shannon Listol, Great Bridge
 Josh Geimer, Great Bridge Rusty Deal, Great Bridge
 Nikki Robbins Deep Creek; Rosemary Graham, Brooke Point
 Rob Laha, Mills Godwin
1995/96
 Billy Chace Chantilly Brent Lowder, Chantilly
 Joe Doran Colonial Heights Jonathan Howard, Colonial Heights
 Rob Laha Mills Godwin Scott Nogi, Mills Godwin
 Billy Thompson Great Bridge
1994/95
 Matt Hancock, Pulaski County; Chase Loney, Pulaski County
 April Owens Pulaski County Carie Newell, Great Bridge
 Jennifer Van Nice Great Bridge; Travis Seitz, Meadowbrook
 Mike Smith Chantilly
1993/94
 April Corvan, Pulaski County Aaron Parks, Pulaski County
 Mark Dye, Pulaski County David Matthews, Stafford County
 Jessica Bradshaw, Tallwood Jason Mestimt, Th. Jefferson
 Eve Glassman, West Springfield Heather King, Monacan
1992/93
 Aaron Parks, Pulaski County Joe Warden, Pulaski County
 Amy Nachman, Lee-Davis Adrienne Shaw, James Madison
 Shana Reiser, James Madison; Cheryl Bowers, Centreville
 Leona Ross, Salem-Va Beach
1991/92
 Krista Hrabosky, Oakton; Trace Crawford, Oakton;
 Lisa Rowh, Pulaski County; Kipp Moorman, Monacan;
 Jenni Musselwhite, Monacan; Carrie Longworth, Indian River
1990/91
 Susan Spears, Herndon; Todd Roberts, Herndon;
 Erika Powell, B. T. Washington; Tarsha Moss, Petersburg;
 Tom Story, Woodbridge Michael Collier, Gloucester
1989/90
 Laura Tetlow, First Colonial Aubin Hooker, First Colonial
 Christy Allen, Varina; Jeff Shelton, Pulaski County
 Laura McCalister, Patrick Henry-Rnk
1988/89
 David Newman Mills Godwin; Jennifer Kull Mills Godwin
 Lee Burns E.C. Glass Christie Brown First Colonial
 Philip Roebuck First Colonial Jessica May James Robinson

AA

2009/10

Jefferson Harris, Loudoun County Max Hinders, Lafayette
 Zach McCauley, James Wood Colin McLaughlin, Turner Ashby
 Philip Rodgers, Salem Brian Snider, Pulaski County
 Lauren Talbot, Loudoun County Nicholas Williams, Jamestown

2008/09

Devin Altizer, Pulaski County Max Hinders, Lafayette
 Luke Hyland, Lafayette Katelyn Murray, Tunstall
 Khiry Palmer, Prince Edward Jamie Pham, Central Woodstock
 Reagan Suders, Lafayette Jack Wetzel, Harrisonburg
2007/08
 Tyler Crumpler, Grafton Max Hinders, Lafayette
 Matt Lipscomb, Salem Maren Magyar, Loudoun County
 Taylor Morgan, Lafayette Garrett Schwalback, Spotswood
 Drew Sease, Harrisonburg Michael Turner, Charlottesville
2006/07
 Nick Cox, Salem Doug Morris, James Wood
 Jessi Durham, Pulaski County Megan Pfefferkorn, Abingdon
 Hannah Jamison, Abingdon Matt Reges, James Wood
 Matt Lipscomb, Salem Aaron Sifford, Pulaski County
2005/06
 Chelsea Brown, Appomattox Melissa Dixon, Appomattox
 Cristin Haught, Appomattox Erica Leon, Lafayette
 Jordan McRae, Charlottesville Megan Pfefferkorn, Abingdon
 Virginia Scott, Appomattox Katelyn Shutt, Appomattox
2004/05
 Drew Backenstoss, Loudoun Co. Claudia Kiss, Abingdon
 Rebecca Ledebuhr, York Jordyn Linkous, Pulaski Co.
 Elizabeth Lowry, York Nadine Natour, Appomattox Co.
 Carter Parks, Northampton Mallory Villa, Pulaski Co.
2003/04
 Ashley Aigner, Northampton Amber Blanks, Appomattox
 Co. Morgan Chapman, Broadway
 Raven Bonniwell, Northampton David Johnson, Potomac Falls
 Caitlin Haught, Appomattox Co. Patrick Werner, Potomac Falls
 Claudia Kiss, Abingdon
2002/03
 Lindsay Bryant, Appomattox Co.; Trevor Childs, Appomattox
 Co. Ryan Johnsey, Abingdon
 Danny Hugus, Charlottesville Preston Martin, Pulaski County
 Tim Longo, Charlottesville April Sprouse, Pulaski County
 Sara Schoonover, Potomac Falls
2001/02
 Kevin Boyle, Tabb Danielle Finch, Abingdon
 Caitlin Haught, Appomattox Co. Laura Nelson, Massaponax
 Justin Sease, Harrisonburg Adam Swartz, Harrisonburg
 Barrett Worley, Nelson County
2000/01
 Nicholas Elliott, Appomattox Co Laura Nelson, Massaponax
 Russell Fenton, Nelson County Aaron Stone, Massaponax
 Danielle Finch, Abingdon Heather Weeks, Magna Vista
 Christian Herrick, Broadway Dustin Williams, Appomattox
 County
1999/2000
 Jonathan Eastridge, Massaponax Nicholas Elliott, Appomattox
 Co.; Brandon McConnell, Abingdon
 John Fowlkes, Abingdon Chauntee Schuler, Massaponax
 Holly Packard, Broadway
 Jason Sowder, Graham
1998/99
 Rebeka Eller, James Monroe Kendra Lewis, James Monroe;
 Bernie Newton, James Monroe Charlotte Finch, Abingdon
 Rachel Lewis, Abingdon Brandon McConnell, Abingdon
 Rachele LaCroix, Tabb
1997/98
 Suzanne Ankum, Loudoun Valley Katie Lawson, Turner Ashb;
 Kendra Lewis, James Monroe Blythe Rose, Loudoun Valley
 Will Smith, Abingdon Tiffany Taylor, Loudoun Valley
 Timothy VanDyck, Nandua

1996/97

| | | | |
|------------------|-----------------|-----------------|-----------|
| Jesame McClellan | Abingdon | Will Smith | Abingdon |
| Rebecca Schmidt | Charlottesville | Wes Cowins | Franklin |
| Justin Ellis | Graham | Zachary Lawrie, | Altavista |
| Kelly Farmer, | Altavista | Melisia Foster | Altavista |

1995/96

| | | | |
|-----------------|---------------|----------------|-------------|
| Josh Boyles | King George | Melissa Ketola | King George |
| McCool | Abingdon; | Owen Wartella | Abingdon |
| Geuseman | Orange County | Krista Kier | Salem |
| Geoffrey Maurer | York; | John Schwartz | Blacksburg |

1994/95

| | | | |
|----------------|------------|-------------------|------------|
| Jakima King, | Abingdon | Erin McCool, | Abingdon |
| Owen Wartella | Abingdon | Ashley Clinedinst | Chancellor |
| John Ott | Chancellor | Dennis Price | Blacksburg |
| Robbie Winston | Rustburg | | |

1993/94

| | | | |
|----------------|---------------|-------------------|-----------|
| Jonathan Riley | Sherando | Elizabeth Yentzer | Sherando |
| Amanda Duff | Rockbridge | Alfred Erny | Matoaca |
| Lee Coffey | Matoaca; | May Adrales | Alleghany |
| Jason Nunley | Graham County | | |

1992/93

| | | | |
|----------------|----------------|----------------|-----------------|
| Stephon Wilson | Abingdon | Brent Bussey | Abingdon |
| Byron Ealy | Graham County | Hunter Hanger | Loudoun County; |
| Nedra Lewis, | Amherst County | Katie Thompson | Rockbridge |

1991/92

| | | | |
|-------------------|----------------|-------------------|-------------|
| Michael Wartella, | Abingdon | Brent Bussey, | Abingdon |
| Nancy Riffe | Abingdon | Elizabeth Roberts | Salem-Salem |
| Sandra Culp | James Monroe | Elizabeth Bunnell | Rustburg |
| Hunter Hanger | Loudoun County | | |

1990/91

| | | | |
|------------------|------------|--------------|------------------|
| Michael Wartella | Abingdon | Brent Bussey | Abingdon;Kristin |
| Walden | Chancellor | Nate Burgess | Tabb |
| James Johnson | Tabb | Brian Bolton | Lord Botetourt |
| Lawrence Moses | Rustburg | Josh Riley | Handley |

1989/90

| | | | |
|-----------------|---------------|-----------------|---------------|
| Chasity Stoots, | Warren County | Shae Parker, | Warren County |
| Jennie McGuire | Warren County | Jan Im | Abingdon |
| Anna Radev | John Battle | Audrey Washburn | Martinsville |
| Mike Stanley | Martinsville | Kevin Schmitt | Tabb |

1988/89

| | | | |
|--------------------|-------------------|----------------|------------------|
| Ronda Barrett | | Tracy Ackerman | Spotsylvania Co; |
| Jennifer Phillips | Rustburg; | Valerie Brown | Tazewell; |
| Noelle Littleton | ParkView-Sterling | Ron Rogers | York; |
| Christopher Jones, | Virginia | | |

A**2009/10**

| | | | |
|-----------------|-----------------|----------------------|----------------|
| Matt Estes, | Madison County | Autumn Gilliam, J.J. | Kelly |
| Julia Guerrant, | West Point | Sarah Morey, | Nandua |
| Chris Shelton, | Bland/Rocky Gap | Nicole Shumate, | Nelson County |
| Rebekah Sigman, | Bland/Rocky Gap | Andrew White, | Madison County |

2008/09

| | | | |
|------------------|------------------|------------------|------------------|
| Delilah Gilliam, | William Campbell | Kyle Guaderrama, | West Point |
| Matt Hanks, | Galax | Jasmine Harvey, | William Campbell |
| Katelyn Krause, | Nandua | Garth Phillips, | Nelson County |
| Monica Taylor, | J.J. Kelly | Puja Tolton, | Nelson County |

2007-08

| | | | |
|------------------|------------------|-------------------|------------------|
| Savannah Arwood, | Powell Valley | Jessica Bertholf, | Jms. River-Buch. |
| Amber Campbell, | Grayson County | Kayla del'Aquila, | Strasburg |
| Joshua dePalma, | Jms. River-Buch. | Rosy Kirby, | Grayson County |
| Jason Tolbert, | Chincoteague | Rob Williams, | West Point |

2006/07

| | | | |
|------------------|------------------|------------------|---------------|
| Jennifer Briton, | William Campbell | Ashley Reynolds, | Arcadia |
| Katie Griffith, | Powell Valley | Julie Tolton, | Nelson County |
| Thomas Hall, | William Campbell | Furies Ensemble, | W. Campbell |
| Kipp Kiser, | Powell Valley | Furies Ensemble, | Radford |

2005/06

| | | | |
|-----------------|----------------|------------------|----------------|
| Stephanie Agee | Randolph-Henry | Ashlee Diggs | Randolph-Henry |
| Heath Ford | Galax | Sara Hutchinson | John S. Battle |
| Kenny McCartney | Washington/Lee | Andrew Proffitt | John S. Battle |
| Jim Thompson | Madison Co. | Michelle Tillery | Madison Co. |

2004/05

| | | | |
|--------------------|-------------|--------------------|---------------|
| Lindsey Bertholf, | James River | Carleigh Griffeth, | Galax |
| Isaac Hancock, | Madison Co. | Jackson Kulick, | Madison Co. |
| Mary Pearl Monnes, | Nelson Co. | Craig Rice, | Powell Valley |
| Greg Wells, | Madison Co. | Ben Zachary, | Galax |

2003/04

| | | | |
|------------------|----------------|---------------|----------------|
| Brandon Bentley, | Powell Valley | Shane Burke, | Powell Valley |
| Brandon Carter, | Northumberland | Jacob Fields, | John I. Burton |
| Sarah Miles, | Galax | Craig Rice, | Powell Valley |
| Claire Smalley, | George Mason | | |

2002/03

| | | | |
|------------------|---------------|-----------------|-------------|
| Shaun Baker, | Powell Valley | Aaron Bentley, | J.I. Burton |
| Brandon Crowder, | J.I. Burton | Brandon Farmer, | Galax |
| Megan Haynes, | Strasburg | Sarah Miles, | Galax |
| Andrea Witt, | J.I. Burton | | |

2001/02

| | | | |
|---------------------|----------------|-------------------|---------------|
| Shaun Baker, | Powell Valley | Melvin Dillon, | Powell Valley |
| Brandon Farmer | Galax | Michael Glascock, | James Monroe |
| Becky Hill | Madison County | Aaron Lenhart, | Radford |
| Elizabeth Mitchell, | James Monroe | Richard Mooney, | James Monroe |

2000/01

| | | | |
|--------------------|----------------|------------------|----------------|
| Jason Baumgardner, | Galax | Rachel Bradshaw, | Powell Valley; |
| Jonathan Cox, | James River | Brandon Farmer, | Galax; |
| Andrew Gillies | Madison County | Shawna Harris, | Windsor |
| Julia Jolly, | Nandua | D.J. Neace, | Powell Valley |

1999/2000

| | | | |
|-------------------|----------------|--------------------|---------------|
| Rachell Bradshaw, | Powell Valley | Sadrina Burney, | Powell Valley |
| Heather Davis, | Patrick Henry | Brandnon Farmer, | Galax |
| Ben Hill, | Madison County | Anthony Keys, | Powell Valley |
| Joe Mitchell, | Pound; | Christianna White, | |
| Northumberland | | | |

1998/99

| | | | |
|---------------|---------------|--------------------|-------------|
| Ben Bolling | Powell Valley | Jason Dart, | Madison Co. |
| Josh Dean, | Madison Co. | Frank Smith, | Madison Co. |
| Corey Wallace | Clarke County | Danny Kerr-Hobert, | Clarke Co. |
| Lisa Goins | Galax | Kerry Hazelwood, | Galax |

1997/98

| | | | |
|----------------|---------------|----------------|---------------|
| Jason Dart, | Madison Co. | Josh Dean | Madison Co. |
| Brianne Gregg | Powell Valley | Jamie Hale | Rand-Henry |
| Joey Lineberry | Galax; | N. Paranthaman | Powell Valley |
| Justin Shortt | Powell Valley | Rachel Webb, | Madison Co. |

1996/97

| | | | |
|-----------------|-----------------|---------------|---------------|
| N. Paranthaman, | Powell Valley | Patrick Ryan | Powell Valley |
| Bobbie Slate | Galax; | Glisysa Lewis | Galax; |
| Aaron Hussar | William Monroe; | Dan Taylor | Windsor; |
| Jesse Wallace | Clarke County | | |

1995/96

| | | | |
|----------------|---------------|----------------|------------|
| Arlie Frantz | Galax | Rodney Sawyers | Galax; |
| Arnold Edwards | Rural Retreat | Aaron Hussar | W. Monroe |
| Sarah Kaylor | Nandua | Loren Loving | West Point |
| N. Paranthaman | Powell Valley | | |

1994/95

| | | | |
|---------------|---------------|---------------------|---------------|
| Eric Burcham, | Galax | Brian Coleman, | Galax |
| Mary Mitchell | Galax | Emily Heil Francis | Nandua |
| Mary McNulty, | Goochland Co. | Christopher Swiney, | Powell Valley |

1993/94

| | | | |
|---------------|----------------|-------------------|---------------|
| Jarrood Hood | Powell Valley | Dustin Neeley | Powell Valley |
| Rachel Wilson | Madison County | Brian Coleman | Galax |
| Chris Jones | William Monroe | Caitlin O'Donnell | Saint Paul |

1992/93

| | | | |
|-----------------|------------|------------------|---------------|
| Molly Litrell, | Galax | Jacob Lineberry, | Galax |
| Janine Morrison | Galax | Jarrod Hood | Powell Valley |
| Chris Matthews | Arcadia | Jennifer Haycox | Nandua |
| Tom Brooks | Riverheads | | |

1991/92

| | | | |
|----------------|----------------|------------------|-------------|
| Molly Littrell | Galax | Stanley Meador | Galax |
| Marla Meade | Coeburn | Stephen Phillips | Coeburn |
| Sarah Gore | Madison County | Robyn Burns | Madison Co. |
| Chris Easton | William Monroe | Treon Hinmon | Arcadia |

1990/91

| | | | |
|-----------------|-------------------|------------------|------------|
| Penny Henderson | Holston | Christian Wright | Holston |
| Michael Neal | Brentsville Dist. | William Fiege | Nandua |
| William Daley | Nandua | Jason Weisenborn | Wm. Monroe |
| Anthony Hubbard | Pound | | |

1989/90

| | | | |
|--------------------|------------------|-----------------|----------|
| Charlie Casey | | Chrysty Wittman | Galax |
| Bryan Baldwin | Holston | Susan Martin, | New Kent |
| Jennifer Braddock, | New Kent | Sonia Newman | New Kent |
| Andrea Word | Prince Edward Co | | |

1988/89

| | | | |
|------------------|------------------|------------------|-------------|
| Katie Lamb | Holston | Donnie Armstrong | Holston |
| Rongal Carpenter | Madison Count | Don Dyer | Madison Co. |
| Katherine Slater | Brentsville Dist | Missy Salyer | Coeburn |
| Jennifer Hoyt | Lancaster | | |

SPORTSMANSHIP AWARDS

Claudia Dodson Sportsmanship, Ethics and Integrity Award

2009-10

| | | |
|----------------|----------------------|---------------|
| Annandale | Frank W. Cox | Deep Creek |
| First Colonial | Eastern Montgomery | George Mason |
| Grassfield | Heritage-Leesburg | Lafayette |
| Manassas Park | Middlesex | Ocean Lakes |
| Oscar Smith | Park View-Sterling | Princess Anne |
| Radford | Salem-Virginia Beach | Tallwood |
| West Point | Western Branch | |

2008-09

| | | |
|-----------------|------------|----------------|
| B.T. Washington | Deep Creek | First Colonial |
| George Mason | Grafton | Grassfield |
| Great Bridge | Hickory | Kempsville |
| Landstown | Middlesex | Oscar Smith |
| Princess Anne | Tallwood | Western Branch |
| West Point | York | |

2007-08

| | | |
|----------------|-----------------|-------------------|
| Bayside | Frank W. Cox | Deep Creek |
| First Colonial | Grassfield | Great Bridge |
| Hickory | Landstown | Middlesex |
| Oscar Smith | Radford | Tabb |
| Norview | B.T. Washington | Salem (Va. Beach) |
| Tallwood | Ocean Lakes | Western Albemarle |

2006-07

| | | |
|----------------|-------------------|----------------------|
| Annandale | Heritage-Leesburg | Ocean Lakes |
| Frank W. Cox | Floyd Kellam | Salem-Virginia Beach |
| Deep Creek | Kempsville | Oscar Smith |
| First Colonial | Landstown | J.E.B. Stuart |
| Glenvar | Middlesex | West Point |
| Great Bridge | William Monroe | |

2005-06

| | | |
|----------------|---------------|---------------------|
| Bayside | Grafton | Oscar Smith |
| Chantilly | Great Bridge | Park View, Sterling |
| Frank W. Cox | Hidden Valley | Western Branch |
| First Colonial | Maury | West Point |
| Glenvar | Ocean Lakes | York |

2004/2005

| | | |
|---------------|-------------------|--------------|
| Broad Run | Churchland | Great Bridge |
| Hanover | Heritage-Leesburg | King's Fork |
| Norview | Oakton | Ocean Lakes |
| Princess Anne | Salem-Salem | Stone Bridge |
| Tabb | Tallwood | West Point |

2003-04

| | | |
|---------------|-------------------|-----------|
| Landstown | Western Albemarle | Chantilly |
| Woodson | Lafayette | Dominion |
| Princess Anne | Salem-VA Beach | Frank Cox |
| West Point | Ocean Lakes | |

2002-03

| | | |
|---------------|-------------|--------------|
| Landstown | Albemarle | Great Bridge |
| Oscar Smith | Kempsville | Lake Taylor |
| Princess Anne | Salem-Salem | Frank Cox |

Park View-Sterling Ocean Lakes

2001-02

| | | |
|---------------|--------------------|----------------|
| Ocean Lakes | Park View-Sterling | James Robinson |
| James Madison | West Point | Kempsville |
| Lake Taylor | Broad Run | Great Bridge |
| Sherando | Stone Bridge | Woodside |

2000-01

| | | |
|--------------------|----------------|---------------|
| Tallwood | Ocean Lakes | Frank Cox |
| Park View-Sterling | Annandale | James Madison |
| Salem-Salem | West Point | Kempsville |
| Lake Taylor | Maury | Oakton |
| Albemarle | Centreville | Jamestown |
| J.J. Kelly | Norview | Oscar Smith |
| Salem-VA Beach | Western Branch | |

1999-00

| | | |
|----------------|------------------|--------------------|
| Tallwood | Ocean Lakes | James Robinson |
| First Colonial | Highland Springs | Park View-Sterling |
| Princess Anne | Annandale | James Madison |
| Salem-Salem | West Point | Bayside |
| Lake Taylor | Maury | Oakton |

1998-99

| | | |
|--------------------|---------------|----------------|
| Tallwood | Frank Cox | First Colonial |
| Park View-Sterling | Princess Anne | James Madison |
| W.T. Woodson | Brooke Point | Kempsville |
| West Point | | |

1997-98

| | | |
|----------------|-------------|--------------------|
| Tallwood | Ocean Lakes | William Byrd |
| Frank Cox | Woodbridge | Annandale |
| First Colonial | Lancaster | Park View-Sterling |
| Princess Anne, | Salem-Salem | Spotswood |
| James Madison | Potomac | Strasburg |
| W.T. Woodson | | |

1996-97

| | | |
|----------------|----------------|--------------------|
| James Robinson | Tallwood | Highland Springs |
| Ocean Lakes | William Byrd | Frank Cox |
| Woodbridge | First Colonial | Park View-Sterling |
| Princess Anne | Salem-Salem | Spotswood |

1995-96

| | | |
|------------------|---------------|-----------|
| Annandale | William Byrd, | Frank Cox |
| Highland Springs | Ocean Lakes | Tallwood |
| James Robinson | Woodbridge | |

1994-95

| | | |
|------------------|----------------|-------------|
| Highland Springs | Lancaster | Ocean Lakes |
| Tallwood | James Robinson | |

1993-94

| | | |
|----------|----------------|--|
| Tallwood | James Robinson | |
|----------|----------------|--|

Marshall Johnson Sportsmanship Award for Basketball

2009-10

| | | | | |
|-------|-------|----------------|------|-----------|
| AAA | Girls | Oakton | Boys | Chantilly |
| AA-D4 | Girls | Turner Ashby | Boys | Broadway |
| AA-D3 | Girls | Patrick County | Boys | N/A |

| | | | | |
|----------------|-------|--------------------|------|--------------------|
| A-D2 | Girls | Lee | Boys | Dan River |
| A-D1 | Girls | Riverheads | Boys | Castlewood |
| 2008-09 | | | | |
| AAA | Girls | Princess Anne | Boys | N/A |
| AA-D4 | Girls | Charlottesville | Boys | N/A |
| AA-D3 | Girls | Freedom-SR | Boys | Brunswick |
| A-D2 | Girls | Lee | Boys | Madison County |
| A-D1 | Girls | Bland | Boys | Twin Valley |
| 2007-08 | | | | |
| AAA | Girls | N/A | Boys | N/A |
| AA | Girls | Waynesboro | Boys | Brunswick |
| A-D2 | Girls | Chilhowie | Boys | N/A |
| A-D1 | Girls | Buffalo Gap | Boys | N/A |
| 2006-07 | | | | |
| AAA | Girls | Thomas Edison | Boys | Highland Springs |
| AA | Girls | Hidden Valley | Boys | Hidden Valley |
| A | Girls | Stonewall Jackson | Boys | Altavista |
| 2005-06 | | | | |
| AAA | Girls | Forest Park | Boys | George Marshall |
| AA | Girls | Lord Botetourt | Boys | N/A |
| A | Girls | Clarke County | Boys | Twin Springs |
| 2004/05 | | | | |
| AAA | Girls | Princess Anne | Boys | N/A |
| AA | Girls | Magna Vista | Boys | N/A |
| A | Girls | Radford | Boys | Gate City |
| 2003/04 | | | | |
| AAA | Girls | West Springfield | Boys | C.D. Hylton |
| AA | Girls | N/A | Boys | Salem-Salem |
| A | Girls | Radford | Boys | N/A |
| 2002/03 | | | | |
| AAA | Girls | Atlee | Boys | Maury |
| AA | Girls | Park View-Sterling | Boys | None |
| A | Girls | Glenvar | Boys | Altavista |
| 2001/02 | | | | |
| AAA | Girls | West Springfield | Boys | None |
| AA | Girls | King George | Boys | None |
| A | Girls | Goochland | Boys | Nandua |
| 2000/01 | | | | |
| AAA | Girls | Oakton | Boys | Granby |
| AA | Girls | None | Boys | Caroline |
| A | Girls | West Point | Boys | Council |
| 1999/00 | | | | |
| AAA | Girls | Midlothian | Boys | Potomac Senior |
| AA | Girls | Loudoun County | Boys | John Handley |
| A | Girls | Shawsville | Boys | New Kent |
| 1998/99 | | | | |
| AAA | Girls | Woodbridge | Boys | R.E. Lee-Springfld |
| AA | Girls | Prince Edward Co. | Boys | Caroline |
| A | Girls | Sussex Central | Boys | Central-Woodstock |
| 1997/98 | | | | |
| AAA | Girls | Princess Anne | Boys | Potomac |
| AA | Girls | Turner Ashby | Boys | R.E. Lee-Staunton |
| A | Girls | Madison County | Boys | Haysi |
| 1996/97 | | | | |
| AAA | Girls | James Madison | Boys | Potomac |
| AA | Girls | William Byrd | Boys | Fauquier |
| A | Girls | Central-Woodstock | Boys | Washington & Lee |
| 1995-96 | | | | |
| AAA | Girls | Kempsville | Boys | Indian River |

| | | | | |
|----------------|-------|------------------------------------|------|--------------------|
| AA | Girls | William Byrd | Boys | Lakeland |
| A | Girls | Wilson Memorial | Boys | Madison County |
| 1994/95 | | | | |
| AAA | Girls | James Robinson | Boys | Potomac |
| AA | Girls | Loudoun Valley | Boys | Nansemond River |
| A | Girls | Buffalo Gap | Boys | Parry McCluer |
| 1993/94 | | | | |
| AAA | Girls | Salem-Va Beach | Boys | Petersburg |
| AA | Girls | Loudoun Valley | Boys | Louisa County |
| A | Girls | Buffalo Gap | Boys | Parry McCluer |
| 1992/93 | | | | |
| AAA | Girls | Menchville | Boys | Woodbridge |
| AA | Girls | Harrisonburg | Boys | Laurel Park |
| A | Girls | Wilson Memorial | Boys | Hurley |
| 1991/92 | | | | |
| AAA | Girls | Pulaski County | Boys | B. T. Washington |
| AA | Girls | Waynesboro | Boys | Nansemond River |
| A | Girls | Madison County, Wilson Memorial | Boys | Twin Springs |
| 1990/91 | | | | |
| AAA | Girls | R. E. Lee-Springfld | Boys | Fauquier County |
| AA | Girls | Radford | Boys | R. E. Lee-Staunton |
| A | Girls | Madison County | Boys | Lebanon |
| 1989/90 | | | | |
| AAA | Girls | James Madison | Boys | Franklin County |
| AA | Girls | George Wythe-Wythe | Boys | Matoaca |
| A | Girls | Madison County | Boys | John I. Burton |

VHSL Field Hockey Sportsmanship Award

| | | |
|-------------|----------------------|-----------------------------------|
| 2009 | AAA: Lake Taylor | Unclassified: James Monroe |
| 2008 | AAA: N/A | Unclassified: N/A |
| 2007 | AAA: N/A | Unclassified: N/A |
| 2006 | AAA: Mountain View | Unclassified: N/A |
| 2005 | AAA: George Marshall | Unclassified: W. Albemarle |
| 2004 | AAA: Frank W. Cox | Unclassified: Lafayette |
| 2003 | AAA: Annandale | Unclassified: Fauquier |
| 2002 | AAA: W.T. Woodson | Unclassified: Liberty- Bealton |
| 2001 | AAA: N/A | Unclassified: Lancaster |
| 2000 | AAA: Stafford | Unclassified: Chancellor |
| 1999 | Midlothian | 1998 Thomas Dale |
| 1997 | Thomas Dale | 1996 Woodbridge |
| 1995 | Midlothian | 1994 Bayside |
| 1993 | Midlothian | |

VHSL Volleyball Sportsmanship Award

| | | |
|-------------|----------------------|--------------|
| 2009 | AAA Girls N/A | Boys N/A |
| AA | Girls Loudoun County | |
| A | Girls Strasburg | |
| 2008 | AAA Girls N/A | Boys N/A |
| AA | Girls N/A | |
| A | Girls N/A | |
| 2007 | AAA Girls N/A | Boys Monacan |
| AA | Girls N/A | |
| A | Girls N/A | |

| | | | | | |
|----------------|-----|-------|-----------------------|------|----------------|
| 2006 | AAA | Girls | Hanover | Boys | First Colonial |
| | AA | Girls | Cave Spring | | |
| | A | Girls | Glenvar | | |
| 2005 | AAA | Girls | Deep Run | Boys | Clover Hill |
| | AA | Girls | Sherando | | |
| | A | Girls | Altavista | | |
| 2004 | AAA | Girls | Frank W. Cox | Boys | Tallwood |
| | AA | Girls | Loudoun Valley | | |
| | A | Girls | Altavista | | |
| 2003/04 | AAA | Girls | Tallwood | Boys | Clover Hill |
| | AA | Girls | Stone Bridge | | |
| | A | Girls | Rye Cove | | |
| 2002/03 | AAA | Girls | Forest Park | Boys | Great Bridge |
| | AA | Girls | Loudon Valley | | |
| | A | Girls | Auburn | | |
| 2001/02 | AAA | Girls | First Colonial | Boys | Clover Hill |
| | AA | Girls | William Byrd | | |
| | A | Girls | Craig County | | |
| 2000/01 | AAA | Girls | Mills Godwin | Boys | Frank Cox |
| | AA | Girls | Amherst Co. | | |
| | A | Girls | Wilson Memorial | | |
| 1999/00 | AAA | Girls | Albemarle | Boys | Western Branch |
| | AA | Girls | Loudoun Valley | | |
| | A | Girls | West Point | | |
| 1998/99 | AAA | Girls | Salem-Va. Beach | Boys | Clover Hill |
| | AA | Girls | Bassett | | |
| | A | Girls | John Battle | | |
| 1997/98 | AAA | Girls | Mills Godwin | Boys | Clover Hill |
| | AA | Girls | James Wood | | |
| | A | Girls | Northwood | | |
| 1996/97 | AAA | Girls | Albemarle | | |
| | AA | Girls | James Wood | | |
| | A | Girls | Central-Woodstock | | |
| 1995/96 | AAA | Girls | Patrick Henry-Roanoke | | |
| | AA | Girls | Waynesboro | | |
| | A | Girls | Stuarts Draft | | |
| 1994/95 | AAA | Girls | Lloyd C. Bird | | |
| | AA | Girls | Fort Defiance | | |
| | A | Girls | Stuarts Draft | | |
| 1993/94 | AA | Girls | R. E. Lee-Staunton | | |
| | A | Girls | Northwood | | |

VHSL Dual Team Wrestling Sportsmanship Award

1996 Franklin County **1995** Franklin County
1994 Stonewall Jackson-Manassas

VHSL Soccer Sportsmanship Award

| | | | | | |
|-------------|-----|-------|----------------------|------|------------------|
| 2010 | AAA | Girls | Loudoun Valley | Boys | Stone Bridge |
| | AA | Girls | N/A | Boys | N/A |
| | A | Girls | N/A | Boys | N/A |
| 2009 | AAA | Girls | N/A | Boys | N/A |
| | AA | Girls | N/A | Boys | N/A |
| | A | Girls | N/A | Boys | N/A |
| 2008 | AAA | Girls | N/A | Boys | N/A |
| | AA | Girls | N/A | Boys | N/A |
| | A | Girls | N/A | Boys | N/A |
| 2007 | AAA | Girls | Centreville | Boys | N/A |
| | AA | Girls | N/A | Boys | N/A |
| | A | Girls | N/A | Boys | N/A |
| 2006 | AAA | Girls | Frank W. Cox | Boys | Gar-Field |
| | AA | Girls | | | |
| | A | Girls | | Boys | Clarke County |
| 2005 | AAA | Girls | Chantilly | Boys | Thomas Dale |
| | AA | Girls | Hidden Valley | Boys | Potomac Falls |
| | A | Girls | George Mason | Boys | Clarke County |
| 2004 | AAA | Girls | North Stafford | Boys | West Springfield |
| | AA | Girls | Abingdon | Boys | Blacksburg |
| | A | Girls | George Mason | Boys | George Mason |
| 2003 | AAA | Girls | None | Boys | Mills Godwin |
| | AA | Girls | Loudon County | Boys | Martinsville |
| | A | Girls | N/A | Boys | Clarke County |
| 2002 | AAA | Girls | James Robinson | Boys | Osborn Park |
| | AA | Girls | William Byrd | Boys | William Byrd |
| | A | Girls | Brentsville District | Boys | James Monroe |
| 2001 | AAA | Girls | Langley | Boys | West Springfield |
| | AA | Girls | Broad Run | Boys | none |
| | A | Girls | none | Boys | Arcadia |
| 2000 | AAA | Girls | West Springfield | Boys | W.T. Woodson |
| | AA | Girls | Salem-Salem | Boys | Blacksburg |
| | A | | | Boys | George Mason |
| 1999 | AAA | Girls | Maury | Boys | None Given |
| | AA | Girls | Blacksburg | Boys | Jamestown |
| | A | | | Boys | Madison County |
| 1998 | AAA | Girls | Woodbridge | Boys | W.T. Woodson |

1997

AAA Girls Douglas Freeman Boys Frank Cox

1996

AAA Girls C.D. Hylton Boys Woodbridge

1995

AAA Girls: C.D. Hylton Boys Lake Braddock

CITIZENSHIP AWARDS

Wachovia Citizenship Award

AAA

| | | |
|------|---|---------------------------------------|
| 2010 | Giannina Gonzalez David Quackenbos | Stafford Grassfield |
| 2009 | Stephanie Kelly James Harris, III | Centreville Hickory |
| 2008 | Ariel Schwartz Alex Brown | Thomas Jefferson S&T Mountain View |
| 2007 | Dixie Ann House Michael James Downey | Meadowbrook W.T. Woodson |
| 2006 | Chelsea Nuzum Shawn Feinstein | Frank W. Cox Douglas Freeman |
| 2005 | Jordan Nobles Vladimir Petreski | Hopewell Dinwiddie |
| 2004 | Jennifer Myhre Amar Toor | Forest Park Maury |
| 2003 | Jaqueline Norman Patrick Kiley | Gloucester Gloucester |
| 2002 | Arielle Kuiper Andrew Dozier | Woodson Tallwood |
| 2001 | Andrew McCormick Kimberly Palmer | Tallwood Patrick Henry-Roanoke |
| 2000 | Gordon Craig Jennifer Wiseman | Henrico Kecoughtan |

AA

| | | |
|------|---|--|
| 2010 | Lauryl Desch Kolbe Lysher | Western Albemarle Chancellor |
| 2009 | Megan Nickerson Brennan Scott | Poquoson Cave Spring |
| 2008 | Tina Wang Thomas Christensen | Yorktown Heritage-Leesburg |
| 2007 | Mia Kim Benjamin Thomas Carter | Grafton Western Albemarle |
| 2006 | Erica Grace Lowe Benjamin Peter Abel | Courtland York |
| 2005 | Kayla Williams Shawn Webb | Brookville Liberty-Bedford |
| 2004 | Cassandra Wells Richard Hang | Loudoun Valley Park View - Sterling |
| 2003 | Carrie Perdue Dale Parker | Tazewell Massaponax |
| 2002 | Deborah Moore James Kulina | Massaponax Spotsylvania |
| 2001 | Ashley Dow Jonathan Duey | Tabb Tabb |
| 2000 | Bobby Kulina Julia Wilsie | Spotsylvania Lord Botetourt |

A

| | | |
|------|---------------------------------|--------------------------------|
| 2010 | Olivia Bailey Aaron Heishman | Chilhowie Central-Woodstock |
|------|---------------------------------|--------------------------------|

| | | |
|------|--|--|
| 2009 | Jessica Smith Drew Davies | Riverheads George Mason |
| 2008 | Jessica Conley Dustin See | Stonewall Jackson-Q West Point |
| 2007 | Leslie Hardesty James Thomas Rogers | Clarke County Radford |
| 2006 | Rebecca Garland Jared Pierce | James River Chilhowie |
| 2005 | Margaret Thornton Bradley Hinshelwood | Eastern Montgomery Eastern Montgomery |
| 2004 | Ashley Ford T. J. Rosen | King William Goochland |
| 2003 | Katherine Timp Matthew Rowe | John Battle Northumberland |
| 2002 | Cecilia Wilson | Page County Melvin Dillon, Powell Valley |
| 2001 | Christopher Hornbaker Meghan Thompson | Clarke County West Point |
| 2000 | Benjamin Vincent Harrigan McMahan | West Point Stonewall Jackson-Qu. |

Citizenship Through Sports Alliance

| | | |
|------|---|-----------------------------|
| 2000 | Matthew Simmons, Jennifer Arrington, | Dinwiddie William Monroe |
|------|---|-----------------------------|

FEMALE EXCELLENCE AWARD

2002/03

Jenny Suh

Chantilly

Group AAA Golf

Karie Morrison

Park View-Sterling

Group AA Softball

Becky Hill

Madison County

Group A Forensics

ACHIEVEMENT AWARDS

Allstate Foundation/VHSL Achievement Award

Andrew Mullins Courageous Achievement

| | | |
|------|-----------------------|-----------------------|
| 2010 | Georgie Sydnor | E.C. Glass |
| 2009 | Kimberlee Anne Meyer | Mountain View |
| 2008 | Eleanor Gray Mullen | Western Albemarle |
| 2007 | Crystal Hazelwood | Lee-Davis |
| 2006 | Callee Wade | Fort Defiance |
| 2005 | Magai Bol | Patrick Henry-Ashland |
| | Lindsay Purcell | Rustburg |
| 2004 | Tabitha Owens | Haysi |
| 2003 | Mary Catherine French | Stafford |
| 2002 | Ben Higgins | Stuarts Draft |
| 2001 | Gabe Nelson | Midlothian |
| 2000 | Andrew Mullins | John Battle |

Female Athlete

AAA

| | | |
|------|--------------------------|-----------------------|
| 2010 | Katherine Walker | Booke Point |
| 2009 | Paige Johnston | Midlothian |
| 2008 | Kelly Reinwald | North Stafford |
| 2007 | M.C. Miller | Midlothian |
| 2006 | Kristen Kenny | E.C. Glass |
| 2005 | Kristen Wolf | Osborn Park |
| 2004 | Jamie Miller | J. R. Tucker |
| 2003 | Jennifer Boyd | Hickory |
| 2002 | Amory Cervarich | Maury |
| 2001 | Jeannie Addison | Thomas Jefferson Gov. |
| 2000 | Nora Lee | Halifax County |
| 1999 | Ashley Alston | Nansemond River |
| 1998 | Robin Glasco | James River |
| 1997 | Sarah Smith | Princess Anne |
| 1996 | Susan Larson, | Douglas Freeman |
| 1995 | Josephine Cam-Van Nguyen | Thomas Jefferson S&T |
| 1994 | Elizabeth Howard | Stafford County |
| 1993 | Nicole Conner | Varina |
| 1992 | Melia Arnold | Washington-Lee |

AA

| | | |
|------|-----------------------|-------------------|
| 2010 | Jordan Haws | Western Albemarle |
| 2009 | Sarah Fisher | James Monroe |
| 2008 | Kristin Berrang | Waynesboro |
| 2007 | Allison Hunter | Tazewell |
| 2006 | Natasha (Hope) Creasy | Christiansburg |
| 2005 | Elizabeth Mahalak | Chancellor |
| 2004 | Julia Schwartz | Charlottesville |
| 2003 | Laura Stone | Salem-Salem |
| 2002 | Jennifer Tonneson | Tabb |
| 2001 | Elizabeth Deaderick | James Monroe |
| 2000 | Sumter Armstrong | James Monroe |
| 1999 | Lauren Williams | Graham |

| | | |
|------|----------------------|-----------------------|
| 1998 | Mary Beth Evans | Poquoson |
| 1997 | Ashley Mustard | Tazewell |
| 1996 | Vicky Semtner | Nottoway |
| 1995 | Sarah Jeanette Lowry | James Monroe |
| 1994 | Cora Bundy | Abingdon |
| 1993 | Beth Gilliam | Altavista |
| 1992 | Cheryl McVey | Fieldale-Collinsville |

A

| | | |
|------|--------------------------|----------------------|
| 2010 | Hannah Light | Coeburn |
| 2009 | Chelsie Kenley | Auburn |
| 2008 | Kelly Montgomery | Chatham |
| 2007 | Cara Delp | Rural Retreat |
| 2006 | Ashley Stroehlein | Council |
| 2005 | Britney Lawson | Rye Cove |
| 2004 | Kendra Potter | J. I. Burton |
| 2003 | Anne Maynard | George Mason |
| 2002 | Heather St. Clair | Craig County |
| 2001 | Jenni Gray | Radford |
| 2000 | Carla Blauvelt | Prince Edward County |
| 1999 | Brook Zirkle | Powell Valley |
| 1998 | Katherine Allen | Essex |
| 1997 | Trisha Baldwin | New Kent |
| 1996 | Crystal Anderson | Strasburg |
| 1995 | Sara Addison Rowson-Hall | Middlesex |
| 1994 | Hilary Lumpkin | William Monroe |
| 1993 | Angie Deaton | Appalachia |
| 1992 | Allyson Jessee | Saint Paul |

Male Athlete

AAA

| | | |
|------|--------------------|------------------|
| 2010 | Drew McLean | James River |
| 2009 | Chris Weil | Oakton |
| 2008 | Nathan Richards | E.C. Glass |
| 2007 | Andrew Zohorsky | Hickory |
| 2006 | Roger Bothe | Thomas Dale |
| 2005 | Richard Andrews | Douglas Freeman |
| 2004 | Derry Steer | West Springfield |
| 2003 | Andrew Colangelo | W.T. Woodson |
| 2002 | Michael Heiner | Centreville |
| 2001 | Garrett Schires | James Robinson |
| 2000 | Ryan Ponton | Ocean Lakes |
| 1999 | Mark Roush | Douglas Freeman |
| 1998 | Chris Wilber | South Lakes |
| 1997 | Geoffrey Gasperini | Douglas Freeman |
| 1996 | Luke Roush | Douglas Freeman |
| 1995 | David I. Bruner | Douglas Freeman |
| 1994 | Robert Metcalf | Douglas Freeman |
| 1993 | Tiki Barber | Cave Spring |
| 1992 | Josh Shoemake | Douglas Freeman |

AA

| | | |
|------|-------------|---------------|
| 2010 | Josh Hunt | Jamestown |
| 2009 | Brock Hanna | Marion Senior |

2008 Brett Olinger Broadway
 2007 Ben Biber Potomac Falls
 2006 William Jacobs James Monroe
 2005 Jon Lichtenstein Stuarts Draft
 2004 Nathan Belcher Graham
 2003 Alec Lorenzoni Western Albemarle
 2002 Derrick Sears Massaponax
 2001 Tommy Fitzgerald Chatham
 2000 Kent Ingalls James Monroe
 1999 David Wales Grafton
 1998 Jeremy Myers Warren County
 1997 Martin Kessler William Byrd
 1996 James Temple Lakeland
 1995 Wesley Christian Jones Patrick County
 1994 Michael Woodall Loudoun Valley
 1993 Tyler Hedges Osbourn
 1992 Terrance Deanes Matoaca

A
 2010 Austin Burnett Rappahannock County
 2009 Clifton Ray, III Appomattox County
 2008 David Harrison Rural Retreat
 2007 Cleon Rice Lancaster
 2006 Travis Brannon Patrick Henry
 2005 Jacob Colley Haysi
 2004 Will Holaday Mathews
 2003 Christopher Pierson James Monroe
 2002 Thomas Rose James Monroe
 2001 Matt Magerko Northumberland
 2000 Russ Johnston Giles
 1999 Rob Shirley Buffalo Gap
 1998 Travis Turner Appalachia
 1997 Timothy McCabe George Mason
 1996 Keith Layne Northampton
 1995 Larry Paul Huff Appalachia
 1994 Michael Wind Essex
 1993 Rafer Dingedine William Monroe
 1992 Jamie Schools Rappahannock

Academic Activities Participant

AAA
 2010 Kasey Sease Warwick
 2009 Carlo Basilio Ocean Lakes
 2008 Jacob Derr North Stafford
 2007 Cara McMenamin Douglas Freeman
 2006 Caitlin Halpern W.T. Woodson
 2005 David Oxley Stafford
 2004 Eric Eteuati Great Bridge
 2003 Heather Lehman Frank Cox
 2002 Katherine Walters North Stafford
 2001 Dan Bachner Lake Braddock
 2000 Sara Scavongelli Lake Braddock
 1999 Laura Thornhill Cave Spring
 1998 Ester Huang Kempsville
 1997 Sarah Airey Patrick Henry-Roanoke
 1996 Gregory Tigani Mills Godwin
 1995 Felicity Aulino Midlothian
 1994 Ann De Gruy First Colonial

1993 Maurice Pascual Green Run
 1992 Paul Speidell Churchland
AA
 2010 Fariha Kabir Sherando
 2009 Krystle Henninger Harrisonburg
 2008 Matthew Lipscomb Salem
 2007 Carl DeMuth Appomattox County
 2006 Noelle Reinhard New Kent
 2005 Nadine Natour Appomattox County
 2004 Blaine Morriss R. E. Lee- Staunton
 2003 Melinda Sathre Graham
 2002 Ronak Parikh Poquoson
 2001 Mythili Rao Poquoson
 2000 Anand Jain Graham
 1999 Lucas Kline Blacksburg
 1998 Jennifer Richardson Tunstall
 1997 Andrew Shtulman Poquoson
 1996 Lara Brown Abingdon
 1995 Mary Elsass Poquoson
 1994 Micah Schwartzmann Poquoson
 1993 Elizabeth Semancik Abingdon
 1992 Brian Bolton Lord Botetourt

A
 2010 David Jarrell Madison County
 2009 Claire Jackson Madison County
 2008 Savannah Arwood Powell Valley
 2007 James Rogers Radford
 2006 Rebecca Garland James River, Buchanan
 2005 Bradley Hinshelwood Eastern Montgomery
 2004 Lily Smith Middlesex
 2003 Brandon Farmer Galax
 2002 James Tong Radford
 2001 Rachel Bradshaw Powell Valley
 2000 Ben Bolling Powell Valley
 1999 Sean Thomason John I. Burton
 1998 David Forrest, William Monroe
 1997 Megan Phifer Essex
 1996 John David Taliaferro Essex
 1995 Tony Allen Beeler Strasburg
 1994 John Stone Madison County
 1993 Lesley Willis Saint Paul
 1992 Susan Martin New Kent

WACHOVIA CUP

Academic Activities

AAA

| | | |
|---------|---------------------------|-------|
| 2009-10 | Westfield | 141.6 |
| 2008-09 | Chantilly | 155.0 |
| 2007-08 | Chantilly | 190.0 |
| 2006-07 | Westfield | 172.5 |
| 2005-06 | Chantilly | 222.5 |
| 2004-05 | Chantilly | 227.5 |
| 2003-04 | Chantilly | 240.0 |
| 2002-03 | George Washington | 140.0 |
| 2001-02 | Chantilly | 179.0 |
| 2000-01 | George Washington | 157.5 |
| 1999-00 | McLean, George Washington | 140.0 |
| 1998-99 | Chantilly | 150.0 |
| 1997-98 | Chantilly | 175.0 |
| 1996-97 | James Madison | 180.0 |
| 1995-96 | Chantilly | 180.0 |
| 1994-95 | Chantilly, James Madison | 130.0 |
| 1993-94 | James Madison | 133.0 |
| 1992-93 | James Madison | 127.0 |
| 1991-92 | Monacan | 158.0 |
| 1990-91 | James Madison, Woodbridge | 122.0 |
| 1989-90 | Monacan | 116.0 |

AA

| | | |
|---------|-----------------|-------|
| 2009-10 | Salem-Salem | 210.0 |
| 2008-09 | Charlottesville | 180.0 |
| 2007-08 | Charlottesville | 180.0 |
| 2006-07 | Abingdon | 170.0 |
| 2005-06 | Charlottesville | 220.0 |
| 2004-05 | Abingdon | 167.5 |
| 2003-04 | Abingdon | 155.0 |
| 2002-03 | Charlottesville | 175.0 |
| 2001-02 | Abingdon | 240.0 |
| 2000-01 | Abingdon | 175.0 |
| 1999-00 | Abingdon | 225.0 |
| 1998-99 | Blacksburg | 204.0 |
| 1997-98 | Abingdon | 180.0 |
| 1996-97 | Abingdon | 188.0 |
| 1995-96 | Abingdon | 181.0 |
| 1994-95 | Abingdon | 149.0 |
| 1993-94 | Abingdon | 145.0 |
| 1992-93 | Abingdon | 136.0 |
| 1991-92 | Abingdon | 138.0 |
| 1990-91 | Abingdon | 126.0 |
| 1989-90 | Abingdon | 102.0 |

A

| | | |
|---------|----------------|-------|
| 2009-10 | Madison County | 255.0 |
| 2008-09 | Madison County | 195.0 |
| 2007-08 | Madison County | 175.0 |
| 2006-07 | Madison County | 175.0 |
| 2005-06 | Madison County | 225.0 |
| 2004-05 | Madison County | 175.0 |
| 2003-04 | Madison County | 160.0 |

| | | |
|---------|----------------|-------|
| 2002-03 | Madison County | 115.0 |
| 2001-02 | Madison County | 198.5 |
| 2000-01 | Madison County | 164.0 |
| 1999-00 | Madison County | 127.0 |
| 1998-99 | Madison County | 152.0 |
| 1997-98 | Madison County | 137.0 |
| 1996-97 | Madison County | 117.0 |
| 1995-96 | Galax | 117.5 |
| 1994-95 | Madison County | 116.0 |
| 1993-94 | Madison County | 116.0 |
| 1992-93 | Saint Paul | 96.0 |
| 1991-92 | Prince Edward | 103.0 |
| 1990-91 | Prince Edward | 107.0 |
| 1989-90 | Prince Edward | 124.0 |

Outstanding Performances

Most points:

| | | |
|-------|-----------------|---------|
| 255 | Madison County | 2009-10 |
| 240 | Chantilly | 2003-04 |
| 240 | Abingdon | 2001-02 |
| 227.5 | Chantilly | 2004-05 |
| 225 | Abingdon | 1999-00 |
| 225 | Madison County | 2005-06 |
| 222.5 | Chantilly | 2005-06 |
| 220 | Charlottesville | 2005-06 |
| 210 | Salem-Salem | 2009-10 |
| 204 | Blacksburg | 1998-99 |

Consecutive championships:

| | | |
|----|----------------|-----------|
| 14 | Madison County | 1997-2010 |
| 9 | Abingdon | 1990-98 |

Most championships:

| | |
|----|----------------|
| 16 | Madison County |
| 15 | Abingdon |
| 10 | Chantilly |

Athletic Activities

AAA

| | | |
|---------|---------------|-------|
| 2009-10 | Frank W. Cox | 340.0 |
| 2008-09 | Frank W. Cox | 260.0 |
| 2007-08 | Frank W. Cox | 365.0 |
| 2006-07 | Frank W. Cox | 377.5 |
| 2005-06 | Frank W. Cox | 347.5 |
| 2004-05 | Lake Braddock | 295.0 |
| 2003-04 | Frank W. Cox | 340.0 |
| 2002-03 | Lake Braddock | 365.0 |
| 2001-02 | Centreville | 285.0 |
| 2000-01 | Lake Braddock | 327.5 |
| 1999-00 | Frank W. Cox | 327.5 |
| 1998-99 | Frank W. Cox | 272.5 |
| 1997-98 | Lake Braddock | 352.5 |
| 1996-97 | Frank W. Cox | 407.5 |

SPECIAL RECOGNITION

Torch of Honor

2009

None

2008

Pete Koste, principal, Manchester

2007

Martha Akers, journalism advisor, Loudoun Valley
Don Bock, principal, Poquoson
Lou Tonelson, principal, Kempsville

2006

None

2005

Bruce Phelps, coordinator of student activities, Virginia Beach
City Public Schools

2004

David Morgan, director of student activities, Oakton

2003

Larry Johnson, assistant director, VHSL
Dr. Vito Perriello, chairman Sports Medicine, VHSL

2002

Dr. Tom Shortt, director, Virginia Association of Elementary
School Principals

2000

Jimmy Jones, athletic director, Stafford
Bruce Patrick, coordinator, student activities and athletics,
Fairfax County

1999

C. Berkley Clear, principal, Abingdon
Carey Harvey-cutter, director of facilities, Salem Civic Center

1998

Diane Anderson, coordinator of student leadership,
Virginia Beach Public Schools
Craig Barbrow, principal, Northwood
Joe DeVault, principal, Magna Vista
Jerry Deviney, principal, Ocean Lakes
Doug Hunt, principal, Hermitage
Hugh Pendelton, principal, Rustburg

Lifetime Achievement Award

2009

Jack Baker, basketball coach, Maury

2008

None

2007

Joe Breinig, Sr., athletic director, Briar Woods
Drew Bright, coach, Douglas Freeman
David Rasnake, coach/athletic director, Council

2006

None

2005

William Pugh, principal, Stafford
Jerry Walters, athletic director, Central-Woodstock
Ken Whitley, football, wrestling, soccer, baseball and swimming
coach, Norfolk Public Schools
John Wymer, athletic director, Stonewall Jackson-Quicksburg

2004

E. Wayne Griffith, principal, Potomac Falls
L. Patrick Laing, director of student activities, Fairfax
J. William Myers, athletic director, Oscar Smith
Charlie Ostlund, principal, Oakton
Donald Weinheimer, principal, McLean

2003

Donald L. Clausen, principal, Annandale High School
Ronald Vaughn Lindon, athletic director, John Handley
James E. Short, principal, Saint Paul High School
Marian B. Suter, longtime Scholastic Bowl/academic team coach,
Spotswood High School

2002

John G. Harocopos, debate coach and magazine adviser,
Washington-Lee High School
Roy Stanley (Miller), sports broadcaster, WDBJ-7 Roanoke

2001

Alvin G. Crymes, football coach and athletic director, Central-
Lunenburg
Linda K. Farmer, girls basketball, softball and volleyball coach
and athletic director, Powhatan
Ann Young Gregory, editor and co-publisher, Clinch Valley
Times
Harry M. Ward, superintendent of school, Mathews County

2000

John Porter, principal, T.C. Williams
Betsy Thomas, former athletic director, Lafayette

1999

Michael Campbell, former principal, Potomac Senior
Robert Clark, former principal, Thomas Edison and James Madison
William Strickland, athletic director, Churchland
Robert Goulder, former principal, athletic director and coach,
Colonial Heights
Lloyd Swelnis, athletic director and former coach, Manchester

1998

Roy Ammons, student activities coordinator, Frank Kellam
Thomas Dye, principal, Whitewood and
vocational assessment coordinator, Buchanan County
John Gentry, principal, Central-Lunenburg
Bert Harrell, director of athletics, Norfolk Public Schools
Louis Martin, basketball and baseball official,
Central Virginia Board of Officials
Jim Sangston, director of student activities, Douglas Freeman
Jerry Sazio, football and golf coach, Maury
Dr. Frank Sellew, deputy superintendent, Norfolk Public Schools
Charles Tester, athletic director and coach, Lloyd Bird

Regional Award of Merit

2009

Eastern Region

Art Brandriff, principal, Western Branch
Jack Baker, basketball coach, Maury
Dr. Douglas Conkwright, team physician, Frank W. Cox

Central Region

Tommy Daub, athletic director, Varina
Gene Bazzrea, football coach, Highland Springs
Dr. Joel Ashworth, team physician, Varina

Northern Region

Rhonda Dumont, athletics/activities specialist, Fairfax County P.S.
Vaughn Lewis, football coach, Thomas Edison
John Morris, athletic director, Falls Church

Northwest Region

Dottie Bohanon, field hockey/lacrosse coach, Albemarle
Roger Dallek, Gar-Field
Rod Camden, track/cross country coach, E.C. Glass

Region I

Joe May, athletic director/assistant principal, Nottoway
Dicky Ingram, baseball coach, Nottoway
Jasper Brooks, athletics booster, Spotsylvania County

Region II

Billy Haun, principal, Monticello
Garwin DeBerry, Sr., football coach, Charlottesville
Wendell Dick, athletic director, James Wood

Region III

Jim Whorley, principal, Brookville
Jeff Highfill, football/boys soccer coach, Willam Byrd
Von Fosse, supporter, R.E. Lee-Staunton

Region IV

Dennis Layman, athletic director, Hidden Valley
Bill Worrell, baseball/football coach, Carroll County
Victor Williams, trainer, Patrick County

Region A

Bill Owen, principal, Windsor
Bill Murray, boys soccer coach, Middlesex
Ed Gray, PA announcer, King William

Region B

Charlie Bennett, activities director, Nelson County
Larry Hull, track coach, Riverheads
Dr. George E. Nolley, superintendent, Campbell County Schools

Region C

Steve Reedy, principal, Chilhowie
Becky Selfe, volleyball coach, Patrick Henry-Glade Spring
Carl Cardwell, supporter, Northwood

Region D

Larry Compton, principal, Haysi
Richard Stan Wilson, basketball coach, J.I. Burton
Donald Baker, supporter, Clintwood

2008

Eastern Region

Emilie Tilley, principal/administrator, Frank W. Cox/VBCPS
Debi Strausbaugh, gymnastics coach, Kellam
Joe Langston, football/track coach, I.C. Norcom

Central Region

Bob Tyson, Hermitage
Frank Threatts, coach, John Marshall
Art Utley, contributor, Richmond Times-Dispatch

Northern Region

None

Northwest Region

None

Region I

Paul Kirby, athletic director, Grafton
Doug Baggett, baseball/basketball coach, Tabb
William Dillon

Region II

Joe Breinig, athletic director, Briar Woods
Walter Barr, football coach, James Wood
Dr. Randy Bashore, team physician, Fluvanna County

Region III

Larry Carter, athletic director, Lord Botetourt
Bob Martin, golf/tennis coach, Amherst County
Dr. Jay Hopkins, team physician, Heritage-Richmond

Region IV

Tom Hagy, principal/administrator, Richlands/Tazewell County
Mary Parks, baseball/softball coach, Bassett
Carl York, publisher, "Crunch," Roanoke

Region A

None

Region B

Dr. Morgan Phenix, principal, Page County
Glenn Proctor, football/track coach, Strasburg

Region C

Nelson Simpkins, principal, Eastern Montgomery
Steve Bull, debate coach, Auburn

Steve Austin, basketball/football/softball coach, James River-Buchanan

Region D

Mike Lane, principal, Twin Springs

Larry Shortt, track coach, Castlewood

Jon Bowerbank, president, EMATS, Inc.

2007

Central Region

Bob Bralley, Highland Springs

Stanley Morgan, coach, Midlothian

William Knott, football PA announcer, Dinwiddie

Eastern Region

Debbie Berry, athletic director, Heritage

Lew Johnson, coach, Western Branch

Suzi Williams, Eastern Region recording secretary

Northern Region

Paul Jansen, activities/athletics coordinator, Fairfax County

Wendell Byrd, coach, South Lakes

Pat Delaney,

Northwest Region

Jim Qualls, athletic director, CD Hylton

Don Thompson, coach, Halifax County

Lee Burton, trainer, George Washington

Region I

Tom Dolan, athletic director, Jamestown

Rick Holcomb, coach, Courtland

Mike Neville, sports reporter, Fredericksburg

Region II

Carroll Bickers, athletic director, Charlottesville

Harry Terrell, coach, Charlottesville

Steve Murray, district and region cross country director

Region III

David Blevins, principal, Hidden Valley

Joe Curcio, coach, Staunton River

Tom O'Meara, contributor, Allegheny

Region IV

Brent Vann, principal, Fieldale-Collinsville

William "Pig" Pruett, contributor

Region A

Mark Dorsey, principal, West Point

Al DeWitt, coach, Mathews

Barbara Thomas, SLM, Inc.

Region B

Dr. Frank Morgan, superintendent, Goochland

Chip Chappell, coach, Central-Lunenburg

Ronald G. Wilderson, Riverheads

Region C

Greg Nelson, athletic director, Grayson County

Stephen Ragsdale, coach, Giles County

Robert Anderson, sportswriter, *Roanoke Times*

Region D

Danny Grear, principal, Coeburn

David Sutherland, coach, Haysi

Donald Ratliff, contributor, Region D football

2006

Central Region

Paul Vecchione, principal, Patrick Henry

Glenn Rudacille, basketball coach, Patrick Henry

Willis McCauley, basketball official

Eastern Region

None

Northern Region

Mike Dobson, former director of student activities, W. Springfield

Roy Hill, wrestling coach, Hayfield

Larry Nottingham certified athletic trainer, Fairfax County

Northwest Region

Don Brown, athletic director, Forest Park

Kendall Hayes, basketball coach, Potomac

Carolyn Bowen, booster club, Fauquier

Region I

Gerald Burke, principal, Brunswick

Marie Crump, softball coach, Powhatan

Betty Hall, athletic booster, Park View

Region II

Lowell Lemons, superintendent, Waynesboro City Schools

J.J. Updike, track coach, Harrisonburg

Al Southall, team doctor, Louisa

Region III

Warren Murphy, athletic director, Blacksburg

Jim Hickam, football coach, Northside

Dr. Robert Sydnor, team doctor, Brookville

Region IV

Bo Catron, secondary supervisor, Washington County Schools

Glynn Carlock, former athletic director/football coach, Graham

Mr. Kelly Cecil, athletic booster, Bassett

Region A

Mary Whitley, former principal, Mathews

Lyn Amos, cross country/track coach, Essex

Winsor Youth Foundation

Region B

Bruce Short, athletic director, Page County

Ann Speaker, cross country coach, Rappahannock County

Keith Stevens, timekeeper, Altavista

Region C

Gary Houseman, principal, Rural Retreat

Linda Thayer, volleyball, John Battle

Ray Cox, sportswriter, *Roanoke Times*

Region D

Thomas Fletcher, former principal, St. Paul

Tom Harding, baseball/football coach, Honaker

Sally Leftwich, cheer sponsor, Pound

2005

Central Region

Peter Koste, principal, Manchester

Jim Waters, football and track coach, L.C. Bird

Earl Williams, announcer, Colonial Heights

Eastern Region

Bruce Phelps, coordinator of student activities, Virginia Beach City Public Schools

Walter Taylor, principal, I.C. Norcom

Ken Whitley, football, wrestling, soccer, baseball and swimming coach, Norfolk Public Schools

Northwest Region

Dr. Mike O'Brien, Colonial Forge

Region I

Bill Wright, principal, Southampton

Don Ward, football coach, Poquoson

Dr. Barry Burkhardt, team doctor, Powhatan

Region II

David Jeck, principal, Louisa County

Curtis Elder, boys track coach, Charlottesville

Chris Weller, scholastic bowl coach, Robert E. Lee-Staunton

Region III

George Porterfield, principal, Christiansburg

Willis White, football coach, Salem

Bud Clowdis, chain crew and booster club, Brookville

Region IV

William R. Stone, principal, Pocahontas and Graham

Frank Scott, basketball and track coach, athletic director, Laurel Park; athletic director, Magna Vista

Buddy "Bulldog" Eller, equipment manager, Virginia

Region A

Ronald M. Flowe, principal, West Point

Joseph A. Ellis, Sr., basketball coach, Surry County

Ruth Ann Hutson, financial clerk, Mathews

Region B

Jerry Walters, athletic director, Central-Woodstock

John Wymer, athletic director, Stonewall Jackson-Quicksburg

Ron Robinson, official

Region C

Larry Journell, principal, James River

Kenneth "Fish" Ferguson, football announcer, Lebanon

Region D

Barry Nelson, athletic director, baseball coach, Appalachia

Gary Thompson, scoreboard operator, Appalachia

Jack Kibler, public address announcer, Appalachia

2004**Central Region**

Joseph Oley, principal, Meadowbrook

Dennis Moody, baseball coach, Midlothian

John Foege, track starter, L.C. Bird

Eastern Region

Bill Myers, athletic director, Oscar Smith

Richard Pitts, athletic director, Menchville

Dr. Dave Woods, team doctor, Kempsville

Northern Region

Diane Miller, field hockey coach, Lake Braddock

Mike Mahoney, cross country coach, Herndon

Rhonda Dumont, director of transportation, Fairfax County Public Schools

Northwest Region

Larry Lawwill, principal, Albemarle

Woody Deans, boys basketball coach/athletic director,

Patrick Henry-Roanoke

Don Thompson, boys basketball coach/athletic director, Halifax County

Region I

Steve Dials, athletic director, Spotsylvania

John Mikszewski, football, cross country, track coach/athletic director, King George

Sharon Bull, forensics coach, Northampton

Region II

Bobby Stevens, athletic director, Turner Ashby

Beth Walker, softball coach, Park View-Sterling

Red Haile, track booster, Turner Ashby

Region III

Steve Boyer, principal, Liberty-Bedford

Joel Hicks, football coach, Pulaski County

Gordie Moore, athletic booster, Brookville

Region IV

David Foster, principal, Dan River

Gene Walker, cross country, track coach, Marion

Dr. James McVey, team doctor, Richlands

Region A

John Lanford, principal, Mathews

Bill Murray, soccer coach, Middlesex

Charlene Tiller, Region A/State forensics

Region B

Dr. Gary McQuain, superintendent, Augusta County Schools

Steve Geiman, track coach, Wilson Memorial

Region C

Robert Robertson, athletic director, Auburn

Dean Rhea, football coach, Rural Retreat

Jack Shockley, coach/official, Fort Chiswell

Region D

Kyle Chadwell, principal, Thomas Walker

Robert Bates, wrestling, football, baseball coach, J.J. Kelly

Pat Loggans, athletic trainer, Gate City

2003**Central Region**

John McGinty, principal, Mills Goodwin

Tommy Hoy, tennis and golf coach, Mills Goodwin

Fred Melhorn, medical support, Douglas Freeman

Northern Region

John Porter, principal, T.C. Williams

Cindy Hook, girls soccer/girls lacrosse/field hockey coach, Annandale

Nancy Burke, athletic trainer, South Lakes

Northwest Region

Joel DeBoe, principal, George Washington

Jim Rodgers, cross country coach, Woodbridge

Frank Higgins, athletic director, Potomac

Region I

James (Woody) Carmine, former administrator, Poquoson

Charlie Hovis, football coach, Tabb

Ed Wilhelm, Orthopedic and sports medicine, Williamsburg

Region II

Ron Lindon, athletic director, John Handley

Bill Pelot, baseball coach, Louisa County

Marian Suter, longtime Scholastic Bowl/academic team coach, Spotswood

Region III

Jim Whorley, principal, Brookville

Mark Storm, athletic director and swim coach, Heritage-Lynchburg

George Dawson, public address announcer, Amherst County

Region A

Goerge Drewry, principal, Rappahannock

Robert Calloway, tennis coach, James Monroe

Jim Thorne, radio broadcaster, WNNT in Warsaw

Region B

Randy Thomas, principal, Luray

Donald Hitt, theatre/forensics/debate coach, Madison County

Region C

Steve Reedy, principal, Chilhowie

Jean Gillespie, girls basketball coach, Northwood

Dr. Scott Hagood, community supporter for field improvement,
Virginia Tech

Region D

Willie Sullivan, principal, Council

Ronnie Compton, baseball coach, Haysi

Michael Tate, editor, Dickenson Star/Coalfield Progress

2002**Eastern Region**

Bert Harrell, athletic administrator, Norfolk Public Schools

Joe Langston, football and track coach, I.C. Norcom

Central Region

Patricia Holdren, athletic director, Thomas Dale

David George, baseball coach, Monacan

Lou Hair, bus driver and ticket manager, Midlothian

Northwest Region

C.A. Burton, assistant principal for activities/athletics,
Colonial Forge

Gary Rhodes, sports writer, Free Lance-Star, Fredericksburg

Region I

Rachel P. Young, assistant principal, Greensville County

Sam Jackson, cross country and track coach,
athletic director, York

Bee Dente, Booster Club president, Lafayette

Region II

Roger Bergey, activities director, Harrisonburg

Mike Guinn, cross country coach, Spotswood

Blue Ridge Orthopedics Association, team physicians,
Liberty-Bealeton

Region III

Caleb L. Hall, Jr., principal, Salem

Bill Booker, coach and official, Lynchburg

Region A

Cornelius Chambliss, athletic director, Surry Co.

Stan Pope, track coach, Sussex Central

Chris Rose, prep sports reporter, Rappahannock Times

Region B

Dr. Danny Northern, superintendent, Shenandoah County

Eddie Dean, football coach, Madison County

2001**Northern Region**

Sandy Reynolds, director of student activities, Oakton

Carol Horton, field hockey coach, West Potomac

Larry Nottingham, athletic trainer, James Robinson

Region III

Allen Sprinkle, retired principal, Nelson County

Jane Layman, former athletic director, William Byrd

Jim Hawley, basketball coach, Heritage, Altavista and Jefferson
Forest

Region IV

Roy (Mac) McGrady, VHSL football and basketball official

Region A

Jimmie Jett, athletic director, Northumberland

Dwight Reagan, football coach, Sussex Central

Region B

Alvin Crymes, retired athletic director, Central-Lunenburg

Glen Proctor, football coach and athletic director, Strasburg

2000**Central Region**

Ronald Woody, athletic director, Prince George

Glen Rudacille, softball, boys basketball, tennis
and track coach, Varina

Guy Davis, athletic director, Henrico and Varina

Eastern Region

Doris Reidel, athletic director, Princess Anne

Leonard Greenwood, track and cross country coach,
Booker T. Washington, Maury and Bayside

Northern Region

George Felton, retired coach/principal, South Lakes,

James Madison, Falls Church and George Marshall

Marshall Windsor, track coach, Lake Braddock

Jeff Dietze, director of student activities, West Potomac

Northwest Region

Dave Brown, athletic director, George Washington

Carol Lysher, field hockey coach, North Stafford

Region I

Gerald Burke, principal, Brunswick Senior

David Nelson, athletic director, Poquoson

Bill Wright, principal, Southampton

Region II

John Harrison, principal, Liberty-Bealeton

Region C

Ray Cox, New River sports editor, Roanoke Times

1999**Central Region**

Ted Salmon, athletic director, Clover Hill

Drew Bright, wrestling coach, Douglas Freeman

Dennis Spurrier, trainer, Douglas Freeman

Eastern Region

Dr. A. Rufus Tonelson, former principal, Maury

William Stickland, athletic director, Churchland

Northern Region

Dr. William J. Sharbaugh, former principal, Washington-Lee

Carl E. Crimm, MD, team physician, JEB Stuart

Northwest Region

Robert F. White, former principal, North Stafford

Region I

Donald P. Bock, principal, Poquoson

Joseph A. May, athletic director and football coach, Nottoway

Kenneth M. Webb, former athletic director, Northampton

Region A

Frank Williams, former principal, Surry County

Bobby Murray, former athletic director, King William

Tex Murray, former athletic director, Windsor

1998

Central Region

Dr. John Baskerville, former principal, Lloyd Bird

Charles Tester, girls basketball and golf coach, Lloyd Bird

Eastern Region

Dr. Frank Sellew, deputy superintendent, Norfolk Schools

Jerry Sazio, football and golf coach, Maury

Diane Anderson, coordinator of student leadership,

Virginia Beach Public Schools

Region II

Delmer Botkin, principal, Turner Ashby

Paul Hatcher, boys basketball coach, R.E. Lee-Staunton

Wendell Dick, retired administrator, Frederick County Schools

Region III

Hugh Pendleton, retired principal, Rustburg

Region B

Max Hutton, director of secondary education,

Shenandoah Public Schools

Eddie Dean, football coach, Madison County

Russell Douglas, director of regional events, Buffalo Gap

LARRY JOHNSON

SPORTS MEDICINE ADVISORY COMMITTEE

2003

Larry Johnson
Assistant Director, Virginia High School League

2004

Jon Almquist, ATC*
Athletic Training Specialist, Fairfax County Public Schools

2005

Joe Gieck, PhD, ATC*
University of Virginia, Charlottesville
Frank McCue, MD
University of Virginia, Charlottesville

2007

Jay Hopkins, MD
Team Physician, E.C. Glass H.S. & Heritage H.S., Lynchburg
Dennis Spurrier
Trainer, Douglas Freeman H.S., Richmond

2008

Mike McGee
Virginia Beach Public Schools

2009

Vito Perriello, Jr., MD
Pediatrician, Charlottesville

* Athletic Trainer - Certified

HALL OF FAME

Class of 2010

| | | |
|----------------|-------------|---------------------|
| Walter Bowser | Athlete | Huntington |
| Drew Bright | Contributor | Douglas S. Freeman |
| Bob Button | Contributor | VHSL |
| Michael Cooper | Coach | Lake Braddock |
| D.J. Dozier | Athlete | Kempsville |
| Jane Layman | Contributor | William Byrd |
| Nancy Specht | Coach | Clarke County |
| Debbie Turlip | Contributor | Virginia Beach |
| John Wymmer | Coach | Stonewall Jackson-Q |

Class of 2009

| | | |
|--------------|-------------|--------------------------|
| Alma Blythe | Contributor | Oscar Smith/Great Bridge |
| Ronald Curry | Athlete | Hampton |
| Kevin Denson | Coach | Kempsville |
| Doug Hunt | Contributor | Maggie L. Walker |
| Steve Jolley | Athlete | Kempsville |
| Cecil Maddux | Coach | Powell Valley |
| Dave Nelson | Contributor | Poquoson |
| Bruce Phelps | Contributor | Va. Beach City P.S. |

Class of 2008

| | | |
|--------------------|-------------|-----------------|
| Martha Akers | Contributor | Loudoun Valley |
| Roger Bergey | Coach | Harrisonburg |
| Shelley Blumenthal | Coach | Blacksburg |
| Jeff Dietze | Contributor | West Potomac |
| Thomas Jones | Athlete | Powell Valley |
| Ralph Law | Contributor | Charlottesville |
| Megan McCarthy | Athlete | James Robinson |
| Patricia Mitchell | Coach | Hampton |
| Jim Rike | Coach | James Robinson |
| Calvin Talford | Athlete | Castlewood |

Class of 2007

| | | |
|------------------------|-------------|-----------------------------|
| Bruce Bowen | Contributor | Hermigate |
| Dr. Carol Chory | Contributor | Kempsville |
| Wayne Cosby | Coach | Southampton |
| Dell Curry | Athlete | Fort Defiance |
| Jerry Deviney | Contributor | Virginia Beach City Schools |
| Sandy Hadaway | Contributor | Salem |
| Terry Kirby | Athlete | Tabb |
| Dennis "Koz" Kozlowski | Coach | Bethel |
| Chris Slade | Athlete | Tabb |
| Harry Ward | Contributor | Mathews County |

Class of 2006

| | | |
|--------------------------|-------------|-----------------------|
| "Tiki" Barber | Athlete | Cave Spring |
| "Ronde" Barber | Athlete | Cave Spring |
| Charles W. ("Bo") Bowers | Coach | Wilson Memorial |
| Joe Howard Gieck, PT | Contributor | Charlottesville |
| Donna Lee King | Contributor | Fairfax County |
| Nancy C. Phaup | Coach | Prince Edward County |
| J.J. Updike | Coach | Harrisonburg |
| Wilma Wirt | Contributor | Virginia Commonwealth |

Class of 2005

| | | |
|--------------------|-------------|-----------------------|
| Nick Colobro | Coach | Gate City |
| Larry Johnson | Contributor | VHSL |
| Vito Perriello, MD | Contributor | Charlottesville |
| Frances Simpson | Coach | E.C. Glass |
| Jerry Slaughter | Coach | Fieldale-Collinsville |
| Tracy Stallard | Athlete | Coeburn |
| Tom Turner | Coach | Appalachia |
| Beth Walker | Coach | Park View-Sterling |

Class of 2004

| | | |
|----------------|-------------|----------------|
| Ed Allen | Contributor | New Kent |
| Leo Anthony | Coach | First Colonial |
| Doug Bates | Athlete | J.J. Kelly |
| Leroy Dail | Coach | Southampton |
| Evelyn Dawkins | Contributor | Kecoughtan |
| Donald Hitt | Contributor | Madison County |
| David Morgan | Contributor | Oakton |
| Bryant Stith | Athlete | Brunswick |

Class of 2003

| | | |
|-----------------|-------------|-------------------------|
| Karen Finch | Contributor | Blacksburg |
| Barry Hamler | Athlete | Powell Valley |
| Grant Hill | Athlete | South Lakes |
| Stephen Hubbard | Coach | Coeburn |
| Cecil Layman | Contributor | Riverheads |
| Joe May | Coach | Nottoway |
| Lillie Moore | Coach | George Wythe-Wytheville |
| Judy Wallace | Contributor | Abingdo |

Class of 2002

| | | |
|--------------------|-------------|------------------|
| Pat Austin | Coach | Waynesboro |
| Gerald Burke | Coach | Brunswick Senior |
| Claudia Dodson | Contributor | VHSL |
| Eddie Icenhour | Coach | Virginia H.S. |
| Carol Lange | Contributor | T. Jefferson S&T |
| Hugh Pendleton | Contributor | Rustburg |
| Tamela Penny Tyler | Athlete | Hermitage |
| Glenn Proctor | Coach | Strasburg |

Class of 2001

| | | |
|----------------------|-------------|-----------------|
| Robert Banks | Athlete | Hampton |
| Bill Brown | Coach | C.D. Hylton |
| Buddy Comer | Contributor | Page County |
| Jim Cutler | Coach | Liberty-Bedford |
| Ralph Harrison | Contributor | Albemarle |
| Nancy Ruth Patterson | Contributor | William Fleming |
| Jim Sangston | Contributor | Douglas Freeman |
| Willis White | Coach | Salem-Salem |

Class of 2000

| | | |
|------------------|-------------|-------------------|
| Delmer Botkin | Contributor | Turner Ashby |
| Kate Carter | Coach | Culpeper County |
| Chippie Chappell | Coach | Central-Lunenburg |

| | | |
|--------------------------|-------------|---------------|
| Jackie Gordon | Athlete | W.T. Woodson |
| Bill Leffler | Contributor | Norfolk |
| Benita Fitzgerald Mosley | Athlete | Gar-Field |
| Buster O'Brien | Athlete | Princess Anne |
| Bob Patterson | Contributor | William Byrd |
| Ken Willard | Athlete | Varina |

Class of 1999

| | | |
|------------------|-------------|-----------------------|
| Jennifer Bradley | Contributor | Abingdon |
| Jim Carroll | Contributor | Roanoke |
| A.K. Johnson | Coach | T.C. Williams |
| Bill Lawson | Coach | Petersburg |
| Larry Pence | Contributor | Turner Ashby |
| Sam Woods | Coach | Thomas Jefferson-Rich |

Class of 1998

| | | |
|----------------|-------------|----------------------|
| Ira Carlock | Coach | Graham |
| Richard Fitz | Contributor | Halifax County |
| Nancy Fowlkes | Coach | Frank Cox |
| Paula Girven | Athlete | Gar-Field |
| Charles Kurtz | Contributor | Parry McCluer/RE Lee |
| Ann Lockett | Coach | Gar-Field |
| Robert Sandell | Contributor | Charlottesville |
| Roy Shupe | Coach | J. J. Kelly |
| Barton Smith | Athlete | Douglas Freeman |

Class of 1997

| | | |
|----------------------|-------------|----------------|
| Robert Carson | Contributor | Lake Braddock |
| Edward Henry | Coach | James Robinson |
| William L. Knowles | Contributor | Western Branch |
| William O. Lee | Contributor | Saltville |
| Betty S. Morton | Contributor | Virginia |
| John Phillip Robbins | Coach | Powell Valley |
| Eric Sievers | Athlete | Washington-Lee |
| Thomas L. Trice | Athlete | E.C. Glass |
| Frank H. Webster | Coach | First Colonial |

Class of 1996

| | | |
|--------------------|-------------|------------------|
| Jacob L. Adams | Athlete | Highland Springs |
| Donald L. Glick | Coach | Montevideo |
| Nancy A. Haga | Contributor | Longwood |
| Joan G. Hudson | Coach | New Kent |
| Norman G. Lineburg | Coach | Radford |
| James M. Omph | Contributor | John Handley |
| Ronald L. Skeen | Coach | Thomas Walker |
| Robert E. Williams | Coach | Parry McCluer |

Class of 1995

| | | |
|-------------------|-------------|--------------------|
| Jeffrey Lee Baker | Athlete | Gate City |
| Huldah Clark | Contributor | Langley |
| Edward L. Dean | Coach | Madison County |
| Paup L. Hatcher | Coach | R. E. Lee-Staunton |
| Donald J. Riviere | Contributor | James Robinson |
| James N. Stover | Contributor | Richmond City |
| Claude E. Warren | Coach | Harrisonburg |

Class of 1994

| | | |
|---------------------|-------------|-----------------------|
| Francis Albert | Coach | Covington |
| Welton F. Bloxson | Coach | Thomas Jefferson-Rich |
| Stuart P. Brewbaker | Coach | Lexington |
| Raymond R. Crouch | Athlete | Washington-Henry |
| Carl B. Deane | Contributor | Charlottesville |
| Frank H. Eastman | Athlete | Hermitage |
| Earl S. Gillespie | Contributor | Charlottesville |
| Jimmy Jones | Contributor | Stafford County |
| Charles Karmosky | Contributor | Newport News |
| Louise Martin | Coach | Jonesville |
| Joe. W. Robinson | Coach | Jonesville |
| Albert Smith | Contributor | Hampton |

Class of 1993

| | | |
|--------------------|-------------|-----------------------|
| Vic Blue | Contributor | Wakefield |
| Kenneth Brown | Coach | Courtland |
| Paul Gentry | Athlete | John Marshall |
| Joel Bailey Grimm | Contributor | Kecoughtan |
| Robert G. Hardage | Coach | Annandale |
| Charles E. Harkins | Coach | Marion |
| James G. Holdren | Coach | Thomas Jefferson-Rich |
| Thad Madden | Coach | Warwick |
| Robert McCoy | Contributor | Wytheville |
| Wendell Seldon | Contributor | Winchester |

Class of 1992

| | | |
|--------------------|-------------|------------------|
| Harry Blevins | Contributor | Great Bridge |
| Gordon Bragg | Coach | Appomattox |
| Eddie Crane | Contributor | Alexandria |
| James Eason | Coach | Hampton |
| John Epperly | Coach | James Robinson |
| George Gasser | Contributor | Central Virginia |
| Clarence Jones | Contributor | Charlottesville |
| Robert McLelland | Contributor | Roanoke |
| Del Norwood | Coach | Washington-Lee |
| Charles Nuttycombe | Coach | Menchville |
| Johnny Oates | Athlete | Prince George |
| Barbara Reinwald | Contributor | Washington-Lee |
| Al Rinaldi | Coach | Highland Springs |
| Paul Sizemore | Coach | Orange County |
| Thomas Theodose | Athlete | Charlottesville |
| Gene Thompson | Contributor | Bristol |
| Ben Valley | Athlete | Honaker/Lebanon |

Class of 1991

| | | |
|------------------|-------------|---------------|
| Vincent Bradford | Coach | E.C. Glass |
| Ollan Cassell | Athlete | Appalachia |
| Julius Conn | Coach | Newport News |
| Ralph Cummins | Coach | Clintwood |
| Pat Dean | Coach | James Madison |
| Richard Fletcher | Contributor | Maury |
| Chester Fritz | Coach | Hermitage |
| Harry Fry | Coach | Gate City |
| Hubert Grim | Contributor | Staunton |
| Husky Hall | Coach | Martinsville |
| Benjamin Hurt | Contributor | Albemarle |

| | | |
|-----------------|-------------|------------------------|
| William Long | Coach | Douglas Freeman |
| Norm Lord | Contributor | Charlottesville |
| Moses Malone | Athlete | Petersburg |
| Frank McCue | Contributor | University of Virginia |
| Charles Savedge | Contributor | Augusta Military |
| Sidney Snell | Athlete | Blacksburg |
| Robert Stokes | Athlete | King William |
| Lawrence Wilson | Coach | George Washington-Dan. |

Class of 1990

| | | |
|--------------------|-------------|------------------------|
| Keith Atherton | Athlete | Mathews |
| Jimmie Bryan | Coach | E.C. Glass |
| John Caywood | Contributor | Menchville |
| Edd Clark | Athlete | Appalachia |
| Fred Cooper | Coach | Maggie Walker |
| Bobby Crantz | Coach | Stonewall Jackson |
| Greever Crouse | Contributor | Tazewell |
| Carroll Dale | Athlete | J.J. Kelly |
| Howard Deel | Coach | Clintwood |
| Douglas Dickenson | Athlete | Newport News |
| Benton Dodd | Athlete | Newport News |
| Robert Frank | Contributor | Great Bridge |
| Arthur Greene | Contributor | Louisa County |
| Marshall Johnson | Contributor | Osborn |
| William Littlepage | Coach | Hopewell |
| Billy Martin | Coach | Granby |
| William Pace | Contributor | Louisa County |
| Alger Pugh | Coach | George Washington-Dan. |
| George Quarles | Coach | Oscar Smith |
| Ralph Sampson | Athlete | Harrisonburg |
| Michael Smith | Coach | Hampton |
| Gracie VanDyck | Coach | Western Branch |
| John Youngblood | Contributor | Washington-Lee |

VHSL Recognition Application

Virginia High School League, 1642 State Farm Blvd., Charlottesville, VA 22911-8609

(434-977-8475 / 434-977-5943 fax)

Please type or print all information below. Application must be completed in full for consideration by the Virginia High School League. One application per mark or performance. If more than one mark or performance, please include a comprehensive list and attach to the application. Applications are invited for all performances which might be considered for inclusion in the Virginia High School League Book of Records, whether as a new VHSL record, for listing among the top performances in a particular category or for consideration in activities where no performance marks are listed.

Required with the application are newspaper accounts of the performance and/or any other material (i.e. scorebooks, etc.) that can help to certify and document the performance. Optional are photographs of the performance or of the individual/teams involved, which may be considered for but does

not guarantee publication in future editions. If submitting photographs, please include photographer's written permission for VHSL use.

This application should be forwarded to VHSL Information and Communications Specialist Mike McCall as soon after the performance (single game) or completion of season (season or career marks) as possible.

Performances must be established in competition conducted in compliance with the eligibility rules of the Virginia High School League and all National Federation playing rules for the sport involved if the National Federation publishes a rules book for that sport, unless in the judgment of the records committee the different rules of play do not significantly give advantage to the establishment of the record performance.

This Application is for: New State Record Listing Update New Performance Listing

Record Applicant (List full name and school): _____

Present Home Address: _____

School Address: _____

Home Phone: _____ School Phone: _____

Age (When performance was achieved): _____ Grade in School (When performance was achieved): _____

Sport: _____ Date of Performance: _____

Site of Performance (Facility, City): _____

Performance or Record (Give full details, please be specific): _____

Final Score or Standings (If applicable): _____

Opponent (Give full name of individual and/or school): _____

Applicant's Endorsement

I submit this application for recognition in the Virginia High School League Book of Records. All facts contained herein are duly certified. I realize any inaccuracies could disqualify the mark or performance from recognition. It is also understood that, although the Virginia High School League may approve this performance for inclusion in the Virginia High School League Book of Records, the passing of time and the continuing improvement in high school athletics might cause the performance to be deleted from the next edition of the Book of Records.

I grant to the Virginia High School League the right to publicize this performance in any and all ways it wishes, including through print, broadcast, television and internet media.

The signature appearing below should be the : (1) individual involved if an individual mark is involved; or (2) the relay team captain or coach if a relay mark is involved, or (3) the coach if a coaching or team mark is involved.

Signature _____

Date _____

Principal's Endorsement

I hereby certify that applicant was, at the time of performance, eligible to represent _____ High School and that the performance was conducted as prescribed by the rules of the Virginia High School League and the National Federation.

Principal's Name (Please print) _____

Signature _____

Date _____

Photographer's Permission (if applicable)

I hereby certify that I am the photographer of the enclosed image and grant to the Virginia High School League the right to publicize this photograph in any and all ways it wishes, including through print, broadcast, television and internet media.

Photographer's Name (Please print) _____

Signature _____

Date _____

Sportsmanship Statement

The Virginia High School League is pleased to recognize outstanding achievements by teams and individuals. Although it is impossible to determine intent when marks are established, the committee strongly encourages recognition of performances in the true spirit of interscholastic competition. Running up scores or embarrassing an opponent for the primary purpose of inclusion in the Book of Records is not consistent with the ideals of good sportsmanship.