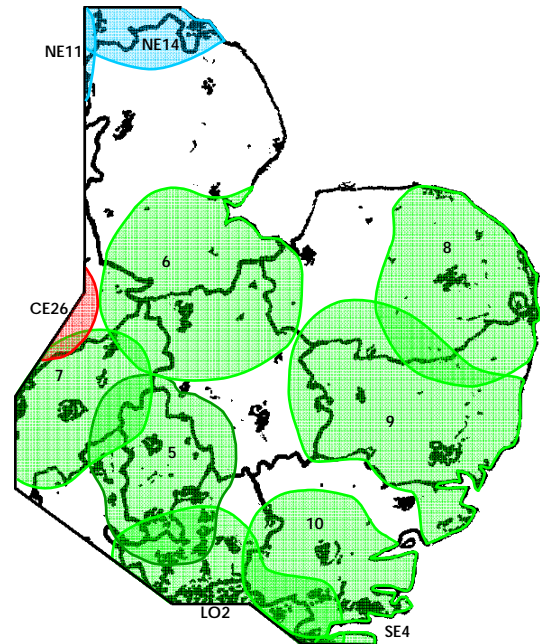
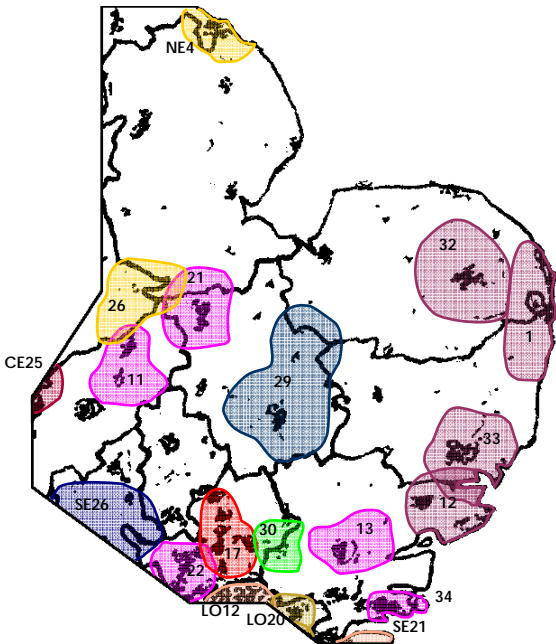
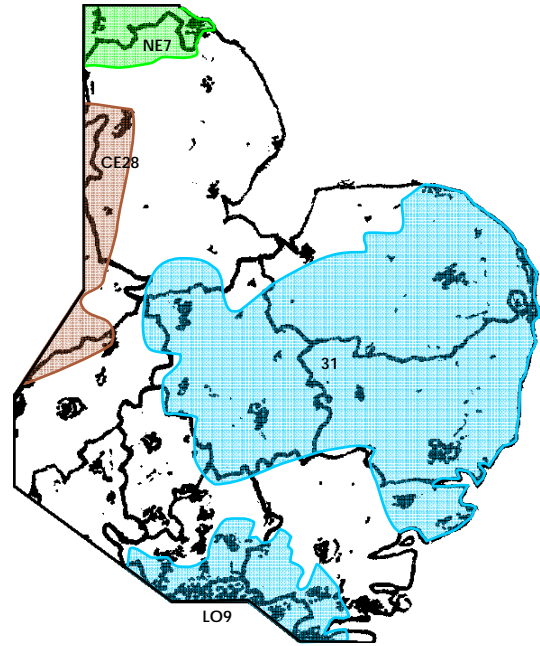
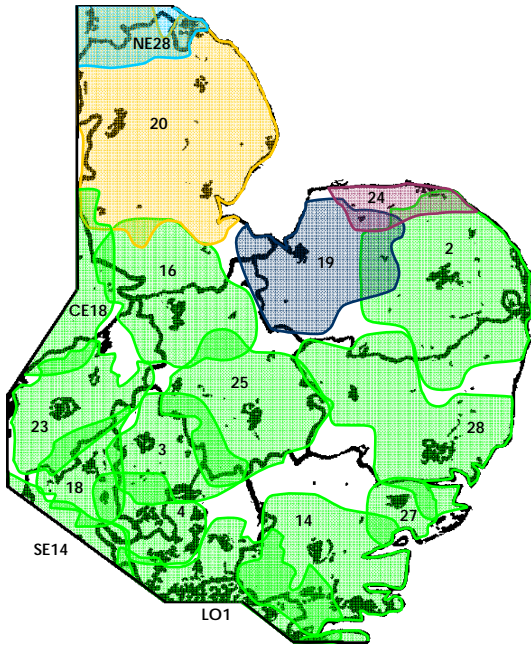


# Eastern England



## THE BEACH

DAB EA1

Adult	Tindle	200 000
Great Yarmouth & Lowestoft	103.4 Lowestoft	2.0
Southwold area, Suffolk	97.4 Blythburgh	0.24
Great Yarmouth	97.4 Great Yarmouth	0.05

29/9/1996. Southwold added 2/2004. Gt Yarmouth relay 2007.

## CHELMSFORD RADIO

EA13

Adult, Oldies	Adventure Radio	210 000
Chelmsford & Central Essex	107.7 Church Green	0.1

18/10/1998 as Chelmer FM. Dream 107.7 FM from 18/2/2002. Chelmsford Radio from 2009

## CONNECT FM

EA11

Oldies, Adult	Adventure Radio	230 000
Kettering and Corby area	107.4 Geddington	0.2
Wellingborough area	97.2 Wellingborough	0.1

6/4/1990 as KCBC. Moved from AM to FM and Connect on 97.2 on 4/1998. Connect on 107.4 from 22/11/1999.

## DREAM 100 FM

EA12

Adult	Tindle	130 000
North East Essex	100.2 Telstar Nurseries	2.0

7/10/1990 as Mellow 1557 on AM in Tendring only. Dream from 19/11/1998.

## GOLD (CAMBRIDGESHIRE, NET)

Oldies	Global Radio	500 000
N Cambs, S Lincs, Rutland	1332 Gunthorpe	0.6

14/4/1992\* as WGMS. Joined Classic Gold network 18/3/1995. Gold from 3/8/2007.

## GOLD (ESSEX, NET)

Oldies	Global Radio	1 020 000
South East Essex	1431 Rayleigh	0.35
Central, North & SW Essex	1359 Bakers Wood	0.28

16/7/1989\* as Breeze. Joined Classic Gold Network 1/2001 as Classic Gold Breeze. Gold from 3/8/2007.

## GOLD (HERTS AND BEDS NET)

Oldies	Global Radio	1 580 000
Beds, NE Herts, SE Cambs	792 Kempston	0.275
W & C Herts, S Beds, E Bucks	828 Lewsey Farm	0.2

15/7/1990\* as Chiltern Supergold. Became Classic Gold in 1996. Gold from 3/8/2007.

## GOLD (NORFOLK, NET)

Oldies	Global Radio	640 000
East Norfolk and NE Suffolk	1152 Brundall	0.83

24/9/1995\* as Amber Radio. Joined Classic Gold Network in 1998 as Classic Gold Amber. Gold from 3/8/2007.

DAB EA6

## GOLD (NORTHAMPTONSHIRE, NET)

Oldies	Global Radio	480 000
Northamptonshire	1557 Kings Heath	0.76

15/7/1990\* as Northants Radio Supergold. Joined Classic Gold Network in 1996. Gold from 3/8/2007.

DAB EA10

## GOLD (SUFFOLK, NET)

Oldies	Global Radio	700 000
South and East Suffolk	1170 Foxhall Heath	0.28
West Suffolk	1251 Great Barton	0.76

24/9/1995\* as Amber Radio. Joined Classic Gold Network in 1998 as Classic Gold Amber. Gold from 3/8/2007.

EA5

## HEART 96.1

Adult	Global Radio	200 000
Opts out of SGR FM		
Colchester & North East Essex	96.1 Wivenhoe Park	0.5

17/10/1993 as SGR Colchester. Heart from 5/1/2009.

## HEART 96.3 & 102.6

Adult	Global Radio	1 090 000
South East Essex	96.3 South Benfleet	1.03
Chelmsford & Central Essex	102.6 Bakers Wood	2.0
Southend	97.5 Southend	0.1

12/9/1981 as Essex FM. Southend filler added 1998. Heart from 22/6/2009.

DAB EA8

DAB EA14

<b>HEART 96.6</b>	<b>FA23</b>	<b>RUTLAND RADIO</b>	<b>EA26</b>
Adult Northamptonshire 1/10/1986 as Northants 96. Heart from 5/1/2009.	Global Radio 480 000 96.6 Northampton 4.0	Oldies, Soft Lincs Rutland 107.2 Manton Stamford, Lincs 97.4 East Casterton 13/12/1998.	4 500 0.1 0.048
<b>HEART 96.9</b>	<b>EA3</b>	<b>SOUTHEND RADIO</b>	<b>EA34</b>
Adult Bedfordshire & North Herts 1/31/1982 as Chiltern FM. Known as B97 from 1996 to 1999. Heart from 5/1/2009.	Global Radio 460 000 96.9 Sandy Heath 0.9	Adult, Oldies Adventure Radio Southend area 105.1 Maitland House 28/3/2008.	320 000 0.312
<b>HEART 97.1 &amp; 96.4</b>	<b>EA28</b>	<b>STAR 107</b>	<b>EA29</b>
Adult South and East Suffolk West Suffolk East: 28/10/1975 as Radio Orwell., West: 6/11/1982 as Saxon Radio. Both became SGR FM in 1992. Heart from 5/1/2009.	Global Radio 650 000 97.1 Foxhall Heath 3.4 96.4 Great Barton 2.0	Adult UKRD Cambridge area 107.9 Limekiln Hill Ely and Littleport area 107.1 Littleport 107.9: 23/3/1998 as Cambridge Cafe Radio, then Cambridge Red. The Eagle from 31/7/2000. Star from 21/6/2001. 107.1: 4/10/1999 as X-Cel FM. Star from 5/11/2001, Merged 2004	270 000 0.1 0.15
<b>HEART 97.6</b>	<b>EA4</b>	<b>TEN 17</b>	<b>EA30</b>
Adult NW & C Herts, S Beds, E Bucks 15/10/1981 as Chiltern FM. Heart from 5/1/2009.	Global Radio 760 000 97.6 Dunstable 1.0	Contemporary Global Radio Harlow area 101.7 Rye Hill 1/5/1993 (Mercury FM 2000-1).	100 000 0.1
<b>HEART 102.4</b>	<b>DAB EA2</b>	<b>TOWN FM</b>	<b>EA33</b>
Adult East Norfolk and NE Suffolk 1/10/1984 as Broadland FM. Heart from 5/1/2009.	Global Radio 640 000 102.4 Stoke Holy Cross 3.3	Adult Tindle Ipswich area 102.0 Warren Heath 19/10/2006.	300 000 1.2
<b>HEART 102.7</b>	<b>DAB FA16</b>	<b>COMMUNITY RADIO (EASTERN ENGLAND)</b>	
Adult N Cambridgeshire, S Lincs 20/7/1980 as Hereward FM. Heart from 5/1/2009.	Global Radio 420 000 102.7 Gunthorpe 4.0	<b>BIGGLES FM</b> Biggleswade, Beds Mixed Format	
<b>HEART 103 &amp; 97.4</b>	<b>DAB EA25</b>	<b>BLYTH VALLEY RADIO</b> Southwold 105.0 Southwold Reydon 0.025	
Adult South & Cent Cambridgeshire Newmarket, Suffolk Haverhill, Sufflk 12/2/1989 as CNFM. Renamed Q103 in 1995. Haverhill added 2007. Heart from 5/1/2009.	Global Radio 460 000 103.0 Madingley 1.0 97.4 Icewell Hill 0.004 97.4 Haverhill 0.01	<b>CAM</b> Cambridge New Music	
<b>HEART 103.3</b>	<b>EA18</b>	<b>CORBY RADIO</b> Corby Mixed Format	
Adult Milton Keynes area 15/10/1989 as Horizon. Heart from 5/1/2009.	Global Radio 240 000 103.3 Bow Brickhill 2.0	<b>DIVERSE FM</b> Luton Ethnic 102.8 Farley Hill 0.025	
<b>HERTBEAT FM</b>	<b>EA17</b>	<b>FELIXTOWE RADIO</b> Felixtowe, Suffolk Mixed Format	
Adult Central and East Herts Stevenage area Hitchin and Letchworth, Herts 3/3/2001. Hitchin & Letchworth added 9/2005.	Independent 300 000 106.9 Cole Green 0.25 106.7 Old Knebworth 0.1 106.9 Letchworth 0.05	<b>FUTURE FM</b> Norwich 96.9 Markham Tower 0.025	
<b>KISS 105-108 (NET)</b>	<b>DAB EA31</b>	<b>GARRISON FM (COLCHESTER)</b> Colchester 107.0 Colchester Garrison 0.03	
Dance Suffolk, S Norfolk & NE Essex East Norfolk and NE Suffolk South & Cent Cambridgeshire Peterborough area 22/11/1997 as Vibe FM. Kiss from 6/9/2006.	Bauer 2 140 000 106.4 Mendlesham 20.0 106.1 Stoke Holy Cross 4.0 105.6 Madingley 1.0 107.7 Gunthorpe 0.2	<b>GRAVITY FM</b> Grantham, Lincolnshire 97.2 Springfield Road 0.025	
<b>KLFM</b>	<b>EA19</b>	<b>HCR FM</b> Huntingdon Mixed Format	
Adult, Contemporary West Norfolk 1/7/1992.	UKRD 200 000 96.7 Great Massingham 2.6	<b>INSPIRATION FM</b> Northampton Mixed Format	
<b>LINCS FM</b>	<b>DAB EA20</b>	<b>INSPIRE FM</b> Luton Muslim	
Adult, Contemporary Lincolnshire & S Humberside Grantham, Lincolnshire Scunthorpe, North Lincolnshire 1/3/1992. Grantham relay added 1995. Scunthorpe added 1999.	Lincs 680 000 102.2 Belmont 6.4 96.7 Grantham 0.05 97.6 Trent View Flats 0.025	<b>INTOBEATS</b> Bedford Rhythm	
<b>LITE FM</b>	<b>EA21</b>	<b>IPSWICH COMMUNITY RADIO</b> Ipswich 105.7 Suffolk College 0.015	
Adult Peterborough area 24/7/1999.	Adventure Radio 150 000 106.8 Gunthorpe 0.1	<b>RADIO LAB</b> Luton Mixed Format	
<b>MERCURY FM (HERTFORDSHIRE)</b>	<b>EA22</b>	<b>LINDUM RADIO</b> Lincoln Mixed Format, Nostalgia, Easy	
Contemporary West Hertfordshire 22/10/1994 as Oasis. 96.6 Classic Hits from 1995. Oasis again from 1997. Mercury from 2000.	Independent 390 000 96.6 Pimlico 0.5	<b>PHOENIX FM</b> Brentwood 98.0 Brentwood 0.025	
<b>NORTH NORFOLK RADIO</b>	<b>EA24</b>	<b>SAINT FM</b> Burnham-on-Crouch area 94.7 Mayland Hill 0.025	
Adult North East Norfolk North West Norfolk Cromer, Sheringham, Norfolk Fakenham 10/11/2003. Fakenham added 11/2005.	Tindle 120 000 96.2 Stody 2.58 103.2 Bunikers Hill 0.25 103.2 Aylmerton 0.25 96.2 Fakenham 0.01	<b>SIREN FM</b> Lincoln 107.3 Lincoln University 0.025	
<b>RADIO NORWICH</b>	<b>EA32</b>	<b>209 RADIO</b> Cambridge 105.0 Cambridge 0.025	
Adult Norwich area 7/2006.	Tindle/ Independent 300 000 99.9 Stoke Holy Cross 0.5	<b>TULIP RADIO</b> Spalding, Lincolnshire 97.5 Fulney 0.025	
		<b>RADIO VERULAM</b> St Albans 92.6 St Albans 0.05	
		<b>WAYLAND RADIO</b> Swaffham & Watton, Norfolk 107.3 Ashill 0.1	
		<b>RADIO WEST SUFFOLK</b> Bury St Edmunds Mixed Format	
		<b>ZETA 105.3</b> Forest Heath, Suffolk 105.3 Mildenhall St Marys 0.1	
		<b>INSTITUTION RADIO (EASTERN ENGLAND)</b>	
		<b>Basildon Hospital R</b> Basildon Hospital, Essex 1287	
		<b>Blue Bull Radio</b> RAF Marham, Kings Lynn 1278	
		<b>Cambridge University R</b> Cambridge University 1350	
		<b>Crush AM</b> Univ. Hertfordshire, Hatfield 1278	
		<b>Radio Diamonds</b> Rushden and Diamonds FC 1503	
		<b>Future AM</b> Woodbridge Prison, Suffolk 1350	
		<b>Garrison Radio</b> ATR Bassingbourne 1287	
		<b>Hospital Radio Yare</b> James Paget H, Gt Yarmouth 1350	
		<b>Hemel Hospital Radio</b> Hemel Hempstead General H 1350	
		<b>Radio Hotspot</b> Royal Hosp. Sch, Holbrook, Suff. 1287	
		<b>Livewire</b> Univ. East Anglia, Norwich 1350	
		<b>Luton &amp; Dunstable H R</b> Luton & Dunstable hospitals 1134	
		<b>RED</b> University of Essex, Colchester 1404	
		<b>Radio Stortford</b> Herts & Essex Community Hosp 1350	
		<b>Radio West Suffolk</b> W Suffolk Hosp Bury St Edmunds 1350	