t's been such a privilege being your Mayor this year. When I was elected a year ago, I had a long list of issues I wanted to pursue, ranging from cost-shifting to transport and trucks, from our dealings with the Port of Melbourne to support for our multicultural communities in the face of prejudice and intolerance.

I'm happy to report significant progress on some issues, and a determined commitment from Council to keep working hard on others.

A big achievement has been our negotiations with the Port which will see Footscray Wharf redeveloped as a marina by the end of 2008, and a commitment from the Port that they will support ongoing business use (including recreation and commercial development) on the riverside land downstream of Footscray Road.

We haven't got everything we wanted – in particular, the boats won't be back until the development is complete – but we have a commitment the boats will return, the riverbank will be transformed and the public will once again have access to the wharf. The negotiation process has also changed the nature of our relationship with the Port: both organisations have committed to work together collaboratively in the future.

I've focused on transport issues a lot this year. My mayoral bike certainly captured our community's interest.

I'm pleased to let you know I've cycled around 1500km on Mayoral business this year – saving thousands of dollars in car costs and the emission of 350 kgs of greenhouse gases. It's also kept me fit and healthy and is much more sociable – I stop and chat and wave to so many people when I'm out on my bike!

My MAV-McArthur Fellowship trip to cities in North America and Europe was a wonderful experience. These cities have exemplary public transport, walking and cycling facilities. I came home inspired that it is possible in Melbourne too – all we need is leadership and political will.

Reducing the amount of car and truck travel is a critical part of tackling climate change and each one of us can do something about it.

Trucks are the ongoing bane of our city. There is no reason why we have to put up with heavy freight traffic through the heart of Footscray, and the level of traffic experienced on Francis St, Somerville Rd and other main roads. Most of this traffic should be on the Westgate Freeway and Citylink. The profile of this issue within State Government has increased significantly in the last year, but it's clearly going to take more campaigning from Council and the community before we see the results we need.

I want to finish by saying thank you to everyone I have met and talked with over the year. It has been a great privilege to share something of your lives. The people of Maribyrnong are so special - diverse, multicultural, down to earth, and far too many struggling bravely with disadvantage and hardship.

I am full of admiration for the courage of refugees who have fled their homelands in order to survive, of other new arrivals doing their best to settle in a new land of strange customs and language, and of those that were born here many decades ago who have seen so many changes and accepted them all.

We need to take stock every now and again and realise just how special we are - people from all corners of the world who talk to each other, care about each other, and care about the future. What more could we ask for!

Cr Janet Rice Mayor

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How to contact your Councillor

Ironbark Ward - Cr Michelle MacDonald Email: cr.macdonald@maribyrnong.vic.gov.au Phone: 0417 320 687, Fax: 9689 2313

Stony Creek Ward - Cr Joseph Cutri

Email: cr.cutri@maribyrnong.vic.gov.au Phone: 0417 309 038, Fax: 9689 5769

Wattle Ward - Cr Michael Clarke (Deputy Mayor)

Email: cr.clarke@maribyrnong.vic.gov.au Phone: 0434 473 734, Fax: 9687 9677

Bluestone Ward - Cr Catherine Cumming

Email: cr.cumming@maribyrnong.vic.gov.au Phone: 0417 390 658, Fax: 9317 5540

Sheoak Ward - Cr Janis Rossiter

Email: cr.rossiter@maribyrnong.vic.gov.au Phone: 0434 473 733, Fax: 9687 8966 Saltwater Ward - Cr Janet Rice (Mayor)

Email: cr.rice@maribyrnong.vic.gov.au Phone: 0439 363 846, Fax: 9687 6479

River Ward - Cr Dina Lynch

Email: cr.lynch@maribyrnong.vic.gov.au Phone: 0434 473 735, Fax: 9687 2733

You can also write to your ward councillor: c/- Maribyrnong Council, PO Box 58, Footscray 3011.

If you don't know who your ward councillor is, please contact Customer Service on 9688 0200.

The new \$2.3 million centre opened to the community on Tuesday 24 October.

"We have finally realised our dream! This innovative centre, with a library service and a community-run neighbourhood house caters to the diverse needs of the West Footscray community," said Bluestone Ward Councillor, Catherine Cumming.



Cr Cumming enjoys story time Tuesdays 11am

The centre features the new library on the ground floor and the neighbourhood house on the first floor. The centre has been built on the site of the old West Footscray library, in the heart of West Footscray.

The library has a children's storytime area, a reading area, multicultural collections, a meeting/training room and an information technology section with computers, scanners, printers and internet access.

Upstairs, the neighbourhood house has a toy library, occasional child care, teaching spaces and meeting rooms.

Four years ago, local community members joined the West Footscray Library/Community Hub Working Group to help steer the vision, design and building of the centre.

"The working group members – including Council staff – worked extremely hard on this new centre, including countless hours of meetings, fundraising, advice and support," said Cr Cumming.

"Since we opened the centre, the library and neighbourhood house staff have received very positive feedback from our community."

"Everyone really likes the style and design of the building - which is quite modern and innovative - yet also reflects aspects of West Footscray's heritage," she said.

The first community Open Day at the centre was held on 18 November. There was Indian-style entertainment, food, face-painting, yoga demonstrations, henna painting and tours.

"If you haven't visited the West Footscray Community Learning Centre yet, pop by and see what it has to offer," said Cr Cumming.

West Footscray Community Learning Centre

539 Barkly Street, West Footscray

West Footscray Library hours:

Tuesday, Thursday, Friday
Wednesday
Saturday
10am-5.30pm
1-8pm
10am-12noon

West Footscray Neighbourhood House hours: Monday-Friday 9.30am-2.30pm

















Community facilities

Nicholson Street Mall redevelopment, Central Footscray. Assessing tenders for Stage 1 improvements -Barkly/Hopkins Street intersection (to start early 2007).





Maidstone Community Centre, Yardley Street, Maidstone. Renovate south end of centre including new meeting rooms. \$175,000

Yarraville Gardens - public toilets, Hyde Street, Yarraville. Install 2 Exeloo automatic toilets. \$200,000

Kinder Smith Reserve - Ramon Villa pavilion, Braybrook; Braybrook Park - Skinner Oval pavilion and grandstand, Braybrook; Angliss Reserve pavilion, Yarraville. Upgrade shower and toilet facilities. \$165,000

Yarraville Tennis Club, cnr Hyde & Harris Streets, Seddon. Reclad clubhouse. \$23,000

Maribyrnong Reserve pavilion,

The Esplanade, Maribyrnong. Restore northern pavilion and build new change rooms. \$532,000



Parks and reserves

Mappin Reserve, Nicholson Street, Seddon. Begin construction for major upgrade to increase park's size, clean up site, create play spaces, seating and planting. \$450,000

Barbara Beyer Reserve, Yarraville Gardens, Hyde Street, Yarraville. New dog off-lead area. \$160,000

Footscray Park, Ballarat Road, Footscray. Install irrigation system (stage 3). \$130,000





Playgrounds

Robert Barrett Reserve,

Rosamond Road, Maribyrnong. Install senior kid's climbing structure and slide. \$50,000.

Beaton Reserve, Powell Street, Yarraville. Replace junior playground. \$50,000



J.A. McDonald Reserve, cnr Fontein & Aliwal Streets, Tottenham. Replace existing playground, landscaping. \$50,000



Lance Reichstein Playground - Braybrook Park, Churchill Avenue, Braybrook. Improve existing playground. \$30,000

E.A. Coulson Gardens, The Esplanade, Maribyrnong. Replace existing playground. \$50.000

Pennell Reserve, Burke Street, Braybrook. Replace existing playground, landscaping. \$50,000

Bicycle Paths



Footscray to Maribyrnong, Design new on-road bicycle path connections from Footscray to Highpoint. \$33,000

Roads

Stephen Street, Yarraville: Francis to Kent. Road reconstruction. Central median islands, charcoal-coloured concrete footpath. \$240,000

Treloar Crescent, Braybrook: Dedrick Grove to eastern end. Road reconstruction. \$230,000



All amounts listed are total project costs. Council's street tree planting program will recommence in April 2007.



Planning the future of a suburb can seem like an enormous task. But over 600 local people from Braybrook have taken the time to let Council know what they'd like the Braybrook neighbourhood to be in the future.

The good news...a lot of the improvements are already underway.



Cr Cutri with the new Plan

"Braybrook community members from all cultural backgrounds gave us their honest feedback so we could develop a Braybrook Community (Visioning) Plan," said Stony Creek Ward Councillor, Joseph Cutri.

"We took advantage of the major events in Braybrook like the Big Day Out and Stories in the Park to speak to as many people as possible. It was also great to have a lot young people involved – as they often have trouble getting heard," he said.

"At the end of it, we have 47 actions to focus on. Some of these are already being done and others will now become our priorities."

realm and in terms of community life and services and is safe. It will reflect an image that is 'neighbourly', 'green', 'multicultural', 'affordable' and 'high quality'.

These include:

- Increasing out of school hours programs for children and
- Looking at developing a Children's Hub
- Improvements to Skinner Reserve
- Advocating for more government services to be located at the Braybrook Community Centre, such as Centrelink and a legal service.

"We've had local people take part in a consultative group during the development of the plan. The group has been really good to bounce ideas off and examine each of the actions," Cr Cutri said.

The draft Braybrook Community (Visioning) Plan will be considered by Council in early 2007.



9688 0211 www.maribyrnong.vic.gov.au



Footscray Station

A colourful mural along the rear of shops on Irving Street in Footscray has brightened up the Footscray Station precinct for commuters and shoppers.

The \$25,000 mural was painted in September as part of the State Government's 'Station Refurbishment Program'.

"The mural wall was previously covered in graffiti which made the station look unsafe and pretty rundown," said Saltwater Ward Councillor, Janet Rice.

Footscray is one of the State Government's Transit Cities, and as such, has been identified as one of the key public transport hubs in Melbourne.

"Footscray Station hasn't had a major upgrade in over a century. It doesn't meet current local needs, let alone double the number of passengers expected in the next 10 years. The station also fails to meet disability access requirements."

"In June, we had a fruitful meeting with Premier Bracks about moving forward with an upgrade of the State-owned train station. The Premier made a commitment Footscray Station will be upgraded in the next financial year."

Since then, Council officers have been working with the relevant State departments to develop plans and costings for the redevelopment of the station. These are now completed.

"At the time of printing the Maribyrnong News, we still hadn't had the pre-State election announcement that we asked for - you will know whether this happened as you read this."

"Whatever the case, we won't quit until we have the funding for a major upgrade of the station," Cr Rice said.



9688 0340 www.maribyrnong.vic.gov.au/citydesign



2D and 3D artwork by people with disabilities. Footscray Community Arts Centre, 45 Moreland St, Footscray. 9362 8888.

December-February: Maribyrnong Aquatic Centre program

Go to www.maribyrnong.vic.gov.au/mac or call 9317 0250. Maribyrnong Aquatic Centre, 1 Aquatic Dve, Maribyrnong.



December-February: Pryme Movers

Mondays 10.30am, Wednesdays 9.30am. Gentle exercise class for older adults. Footscray YMCA, cnr Essex and Market Sts, West Footscray. 9689 1322.

2 December: Crowd Theory 3 & 4

All welcome to Footscray Community Arts Centre's large scale photo shoot at Footscray Train Station. 9362 8888.

3 December: Water Safety Day at MAC

12-3pm. Junior lifeguards teach water safety. Maribyrnong Aquatic Centre, 1 Aquatic Dve, Maribyrnong. 9317 0250.

3 December: Diafrix & Friends in Concert

2pm. Sounds of contemporary Africa.

Supported by

Nubian Knights. Footscray Community Arts Centre, 45 Moreland St, Footscray. 9362 8888.

3 December: Western Region Community Bike Ride 10am. Fun bike ride to raise funds for Type 1 Diabetes. Coulson Gardens, The Esplanade, Maribyrnong. 1300 GO DOGS (46 36 47).

Community Association Festival

9am-6pm. Stalls, food, music – all welcome. Footscray Park, Ballarat Rd, Footscray. 9367 9192.

3 December: 8-12 boys writing group @ your library Monthly group for writing stories, poetry or plays. Footscray Library, 56 Paisley Street, Footscray. 9688 0289.

9 December: Old Time Christmas Dance

8-11.15pm. Three piece band, BYO supper. Cost: \$6. West Footscray Senior Citizen Club, cnr Market and Essex Sts, West Footscray. 9687 3429.

10 December: Children's Christmas Party at MAC 12-3pm. Santa, activities, kids aqua class, pool inflatables, show bags. For kids 4-14 years. Maribyrnong Aquatic Centre, 1 Aquatic Drive, Maribyrnong.

16 December: Carols by Candlelight

9317 0250.

7.15-10pm. Guest artists, Father Christmas, Footscray Yarraville City Band, St John's Ambulance, SES, West Footscray

Rotary, Yarraville Rotary and fireworks. Yarraville Gardens, Hyde St, Yarraville. 9687 4625.



7pm. Sing along with Seddon Uniting Church. BYO chairs, family & friends. Harris Park Reserve, Gamon St, Seddon. 9689 4186.

26 January: Australia Day Civic Awards

Council's annual Awards recognise community members and volunteers. Nominations close 11 December. 9688 0247.

(Lunar New Year) Music, entertainment, carnival amusements, food stalls. Central Footscray: Hopkins and Leeds Sts closed. 0409 135 338.



Early February: Quang Minh Lunar Festival (Lunar New Year) Food stalls, carnival rides, traditional Asian performances. Quang Minh Temple, Burke St, Braybrook. 9361 1808.

11 February: Yarraville Festival

Local talent, culinary delights and more. Yarraville Village. 0411 748 565.

28 February: Seddon Music in the Park

Children's activities, stalls, rides, music and food. Harris Reserve, cnr Gamon and Thomson Sts, Seddon. 0407 834 559.

Council Meeting Dates

Council Meetings are held at Maribyrnong Council Offices, corner Hyde and Napier Sts, Footscray. All welcome.

December _

Wed 6, 6.30pm Statutory Meeting: Mayoral election

Tues 12, 7pm Community Access and

Strategic Planning (CASP)

Ordinary Council Mon 18, 7pm Meeting

> Council Meetings will resume in February 2007.

Agendas are available at the Council offices, libraries and www.maribyrnong.vic.gov.au/meetings



Fresh Food

Delivered in a Cool Way

A new refrigerated van will ensure vulnerable residents of Braybrook, Maidstone and Footscray are able to buy fresh fruit and vegetables in their neighbourhood through the hot summer months.

WestNet, a community-based not-for-profit organisation, has been delivering low-cost fruit and vegetables to health care card holders and public housing tenants in our city for the past few years.

"The award-winning program is doing a fantastic job, but during summer, valuable fruit and vegetable supplies were decomposing in the heat before they could be delivered," said Chair of the Municipal Public Health Plan Committee, Cr Michael Clarke.

"That's when Lonely Planet and Council stepped in to help solve the problem by jointly funding a new \$30,000 refrigerated van," said Cr Clarke.

CEO of WestNet, David Walton, is thrilled with the new van which can operate all year round, regardless of the weather. The van extends the reach of the Braystone fruit and vegetable store from its location in Braybrook to other local suburbs.

- "Many public housing residents, older people and people with disabilities can find it difficult to get to a shopping centre due to a lack of transport or their physical frailty. This can lead to poor diet which in turn leads to poor health. The van provides easy access to affordable fresh food which is important for a healthy diet," Mr Walton said.
- "The Fruit and Veg for All project, and others like the Café Meals project are working with the community in innovative ways to provide community gardens, bulk buying schemes, food markets, cooking classes and subsidised meals at local cafés," Cr Clarke said.



Yarraville Village improvements >>>

Maribyrnong Council will look to fund priority parking and street improvements for Yarraville Village in the coming year's budget (2007/8).

"Over the past nine months we've spoken to hundreds of Yarraville traders, residents and shoppers about how to improve Yarraville Village," said Sheoak Ward Councillor, Janis Rossiter.

The feedback was used for the *Yarraville Village Traffic Management and Urban Design Improvements Study*, which was approved by Council in November.

"The community have told us the major priorities for Yarraville Village are to bring forward the footpath upgrade program, work with VicTrack to reopen the railway underpass, and secure the future of the State-owned Goods Yard car park behind the Sun Theatre."

The study includes a list of short (1-2 years), medium (3-5 year) and long term works (6-10 years) for the area.

The immediate works Council wishes to undertake in the next two years include:

- New signage directing people to the Village from surrounding main roads
- Review and replace parking signs
- Extend kerbs new paving, bollards and drainage works on Ballarat & Anderson and Ballarat & Simpson corners
- Replace bike racks, bins and seating
- More trees and plants in Willis St car park
- Landscaping for Railway Station park
- Increase area for car parking in Goods Yard car park

"We've received a lot of positive feedback from residents and traders and I think everyone is happy to have a clear list to work from to improve Yarraville Village," said Cr Rossiter.



www.maribyrnong.vic.gov.au





Water saving is the topic on everyone's lips at the moment, as we all prepare for a long, dry summer.

Melbourne had below-average rainfall over winter, and one of the driest Springs on record – which triggered the introduction of stage 2 water restrictions in November.

We all need to do what we can to save water over the next few months – including Council. There are restrictions for watering local parks and sports grounds, so if we don't get any rain, these areas will brown off. Cricket wickets and baseball diamonds can be watered.

Our parks crews are doing more mulching around trees and pruning lower tree branches. We're also watering all the trees in parks and streets by hand to make sure we don't waste any water. Our crew will be adding wetting agents to the water to keep the tree roots moist for longer.

We'll also be using an extra water tanker so we can get around to all the trees in the city and give them water when needed. Residents can help us by giving their street tree two buckets of water once a week (in the early morning or evening) over summer. We'll have to postpone our street tree planting program and plantings in parks and reserves until April next year.

Maribyrnong Council is a member of the International Council for Local Environment Initiatives (ICLEI) Water Campaign - which aims to help local government reduce water consumption and improve water quality.

We work through a 5-milestone program to assess our local water management issues, set goals to conserve water and improve water quality, and implement ways to sustainably manage our water resources.

Our Council recently achieved Milestone 2 - to reduce water consumption by 20%. We've surpassed this target, and have cut water use for our parks, gardens, facilities and buildings by 30%!

We've saved water by planting native and drought-tolerant plants in our parks and streets, summer grasses in our sport fields, and moving to more efficient watering systems. We're now focusing on Milestone 3 - to undertake even more actions to reduce our water consumption.

Maribyrnong Council has also just completed Milestone 2 in the Cities for Climate Protection (CCP) program, which focuses on sustainable transport, energy efficiency, and reducing green house gases.



- Convert your garden to a 'waterwise' garden. Choose native plants that don't need much water and use plenty of mulch to reduce evaporation and weed growth.
- Recycle your greywater. Save the water from your kitchen, laundry and bathroom (not the toilet) and use it for your garden and to flush the toilet.
- Install a rainwater tank for your toilet and/or your garden. Tanks can come in all shapes and sizes. Rebates are available.
- Fix that leaking toilet and that leaking tap.
- Halve your grass. Replace half your lawn with a garden of native shrubs or grasses.
- Install a water-efficient showerhead. Water-efficient 'AAA' showerheads use less than 9 litres of water every minute. A normal showerhead uses 25 litres every minute.
- Convert to a dual-flush toilet. Dual flush toilets use 6 litres of water for a full flush, and 3 litres for a half-flush.
- Share a shower or be quick about it! A typical shower uses 25 litres every minute and lasts 8 minutes. If you share or take a shorter shower, you can save money and water. Set a shower timer to 4 minutes.
- Convert to a water-efficient dishwasher. Only use your dishwasher for full loads.
- Turn off the tap when brushing your teeth.
- Convert to water-efficient taps. They use 50% less water than standard taps.
- Rinse fruit and vegies in a half-filled sink.
- Don't pamper the plants. Watering less often encourages plants and lawns to grow deeper roots. Don't water your garden in the heat of the day as more than half the water could be lost to evaporation.

Current Stage 2 Water Restrictions

- Watering of lawns is banned.
- Manual watering systems can be used to water gardens from 6am-8am and 8pm-10pm on alternate days.
 Automatic watering systems can be used to water gardens from midnight-4am on alternate days.
- Hand-held hoses with a trigger nozzle can be used at any time to water gardens. Hosing down driveways, paths, concrete and paved areas is not allowed.
- Hand-held hoses can't be used for vehicle washing. Use a bucket, watering can, high pressure cleaning device or commercial car wash.
- There are restrictions for filling pools and spas.

For more information, including water saving rebates:



City West Water 131 691 www.citywestwater.com.au

Maribyrnong River inspires local film makers

The Maribyrnong River is one of the gems of the West and has been a source of enjoyment for generations of local people.

"The river is special to our community. I like coming down here with my family and just relaxing in the parks and watching the plants and wildlife," said River Ward Councillor, Dina Lynch.



Cr Lynch (centre) with film makers Aneeta Krishna and Alarna Gray

Local film makers, Aneeta Krishna and Alarna Gray, of Gaga Productions, were so inspired by the Maribyrnong River, they made a short film about its history.

"The 28 minute film, Saltwater Reflections, is a creative historical documentary of the Maribyrnong River. It tells the river's story with contemporary images woven together with poetry, mosaic art and music," said Cr Lynch.

Indigenous culture is an important part of the river's history. The film features storytelling by Indigenous elder, Larry Walsh, and traditional music from Indigenous songwriter, Jida Murray-Gulpilil.

The film was launched at the Sun Theatre in Yarraville on 11 October and additional screenings were held on the following four Sundays. The film is available on DVD for borrowing at Footscray Library and Highpoint Library. Saltwater Reflections can also be purchased for \$9.90 at the Living Museum of the West.

The film was made with support from the Living Museum of the West and Maribyrnong Council through the 2006 Cultural and Community Grants program.



Aneeta Krishna 0414 304 781 gaga@labyrinth.net.au

From Where We Were >>> to Where We Are

Forty-five local students from Braybrook College, Braybrook Primary School, and Footscray Primary School are creating a new mosaic artwork that tells the story of their cultural backgrounds.

"The school students – with the help of a local artist – are creating three separate mosaic pieces that will be put together at the end of the project," said Council representative of the Youth Advisory Committee, Cr Michelle MacDonald.

The students are also taking part in a series of workshops to explore their cultural identities and contribute ideas, stories, drawings and photographs to a new book.

"Our community is made up of people from so many different cultural and ethnic backgrounds – it's one of our biggest strengths. We want our young people to think for themselves and challenge the stereotypes of the cultural and religious beliefs of others," said Cr MacDonald.

Over 60% of students at the participating schools are from migrant or refugee backgrounds.



Cr MacDonald with students from Footscray Primary School

"The mosaic and book will be launched later this year. I want to thank all the students for creating a beautiful mosaic, and also for working so harmoniously to explore cultures different from their own," said Cr MacDonald.

The \$7,000 mosaic project has been funded by the Department of Education to improve cultural awareness and understanding.



Naribymong News Update Naribymong News

Refugee Week

Refugee Week (23-26 October) celebrations in the City of Maribyrnong included a student art exhibition, a schools debate, an International Rules Football Match, and an animal-themed 'Meet the Neighbours' cultural festival in Pipemaker's Park. Refugee Week highlights the significant contribution that refugees and asylum seekers make to Australian society.



9688 0247 www.maribyrnong.vic.gov.au



Footscray Heritage Trail

The Footscray Heritage Trail Guide was launched in late October with a free community walk.

The trail guide was developed by the Footscray Reference Group and Council, with assistance from The Footscray Historical Society and Inner West National Trust. The guide sets out a 1km loop trail that highlights points of heritage and cultural interest in Footscray.

The brochure is free and is available from Council libraries and community centres.



9688 0373 www.maribyrnong.vic.gov.au

Awards: >>>

- Council's Highpoint Library won the Community Services award in the 2006 Leader Business Achiever Awards for its high level of community and customer service.
- efforts to promote cycling.

Yarraville Community Centre

Council has committed "in principle" to the redevelopment of the existing Yarraville Community Centre, subject to funding from the building's owner - the State Government.



Council will continue to support Yarraville Community Centre Inc. in advocating for State funds to restore the iconic centre in Francis Street, Yarraville, which needs \$4 million of structural improvements.



9688 0289 or Yarraville Community Centre 9687 1560 www.ycc.net.au

Butt littering campaign

Maribyrnong Council has reported a reduction of 21% in cigarette butt litter in central Footscray following a four-month 'Is your butt worth \$200' education campaign.

It is estimated 50% of littered items in the Footscray district are cigarette butts.

Council officers gave out 3,800 personal ashtrays and spoke to 7,000 smokers about the environmental damage caused by butt litter, especially when butts enter waterways.

The campaign was run in partnership with the Butt Littering Trust and the Adult Multicultural Education Services (AMES).





Butt litterers can be reported on the Fling It line 9688 0181.



brought to you by Western Hospital

Introduction

Western Hospital is a major public hospital providing a range of services to one of the most multicultural communities across the western suburbs.

In About Your Health our medical professionals share their knowledge of major health issues to help you and your family. They also discuss the latest medical research and new services available at Western Hospital.

Smiling Centenarian

A GROUP of Western Hospital staff was proud to sing Happy Birthday to one of our patients in September. Mrs Elizabeth Byrne, who was a resident at the hospital celebrated her 100th birthday in style. She was given a freshly-baked cake from her ward's nursing staff and shared the day with family friends. Mrs Byrne was born in Manchester and migrated to Australia with her family.



100 years young and going strong... Mrs Elizabeth Byrne celebrates her birthday in style.

Golf Day - Sponsors needed!

WESTERN Health is calling for local businesses to tee-off and help Western Hospital.

Sponsors are needed for our Rotary Club of Footscray Golf Day, to be held at the Medway Golf Club on April 16, 2007. We will be seeking 18 sponsors from the community, one for each hole, and varying levels of sponsorship opportunities will be available; with the possibility of a hole in one competition on the 10th pin with a major prize up for grabs.

If you would like further information regarding sponsorship opportunities at the Western Hospital Golf Day, please contact Kathryn Farrell from Western Health, Phone: (3) 83457380.



United fight against breast cancer >>>



ORGANISERS of a lunch to raise awareness of the serious problem of breast cancer in Melbourne's West are all smiles after raising more than \$15,000.

Almost 200 people lunched together at Plume Restaurant in Maribyrnong on October 23 to raise funds for Western Health's breast services clinic.

The lunch was hosted by Gellibrand MP Nicola Roxon, and raised much-needed funds to fight breast cancer.

The money will contribute to the purchase of a sentinel node probe to diagnose early breast cancer and will also kick start a fighting fund to assist women in the West who are diagnosed with breast cancer by improving access and treatment.

The lunch, which was attended by Western Health staff and community members from Maribyrnong Council, the Western Bulldogs, local businesses and western suburbs breast cancer support groups.

Western Health's general surgeon, specialising in breast cancer, Meron Pitcher, told the luncheon of the difficulties faced by women with breast cancer in the West, such as a lack of access to public radiology services and high costs of transport to and from treatment.

Western Health's Divisional Director of Surgical Services and breast cancer survivor, Claire Culley, provided a personal account of the disease and urged the local community to join in the fight.

Thanks to 'Lonely Planet' in Yarraville for donating \$5000 to the cause as well as the hundreds who dipped into their pockets to help with the successful day.

Many thanks also to Plume Restaurant for their invaluable assistance in making the luncheon a success.

Memorial Donations

Western Health through its three hospitals, Sunshine Hospital St Albans, Western Hospital Footscray and The Williamstown Hospital, Williamstown gratefully acknowledges the support it receives when family members choose to honour the memory of their loved one, a relative or friend by requesting donations be made to the hospital in lieu of flowers.

These donations help us to provide excellent clinical and preventative care that can improve the health and well being of our patients, and we thank you for your support.

Bequests

For many years bequests have played a significant role in helping Sunshine, Western and The Williamstown hospitals provide high quality care to our patients. A bequest can be used to help purchase new state-of-the-art medical equipment that could save a person's life or it could be used to develop education and research programs.

A bequest left to one of our hospitals provides a continuing power to help others. A bequest left to Sunshine, Western or Williamstown hospital lives on and helps us to continue our mission of improving the overall health of this developing region.



National grants help fund gastric cancer research

WESTERN Health researchers have been the big winners in the latest funding provided by the National Health and Medical Research Council (NHMRC).

Dr Andy Giraud and Dr Alex Boussioutas from the Department of Medicine both secured \$500,000 each for their respective research projects.

Dr Giraud, who is working with fellow Chief Investigator Dr Louise Judd, is researching the impacts of gastric cancer. Dr Boussioutas's funding also will help in the research of key genetic events responsible for the transition of intestinal metaplasia to gastric cancer.

Gastric cancer (GC) is the second most common cause of cancerrelated death globally. It is a surgically treatable disease that has good prognosis if detected at an early stage.

Most of the patients in our community are detected at a late stage, where less than 20% of patients survive five years.

It has been previously shown that gastric cancer comes about in part because of the chronic inflammation that occurs after infection with the bacterium Helicobacter pylori. Half of the world's population is infected with this bacterium, and about 1-3% develops gastric cancer.

Most gastric cancers occur in China, Korea and Japan, as well as parts of Europe, and because of bacterial diversity, human variability in response, and the lack of a vaccine and expensive antibiotics in the developing world, treatment is problematic.

The overall aim of the research is to develop methods for the early detection of cancers or use of drugs that might prevent cancer development.



Important research... Dr Louise Judd and Dr Andy Giraud are looking for a cancer cure.

"Work from our lab showed that certain factors made by immune cells that contribute to the inflammatory response of the stomach, are also very important players in the development of gastric cancer," Dr Giraud said.

Dr Boussioutas' research is to find the first step to utilise Affymetrix arrays to detect genes expressed in IM and specifically linked to GC. These candidates will be validated and used to study their role in the progression to GC using a mouse model of GC.

The study is designed to find genes responsible for GC that can be used as a marker of progression in humans that will be used as a tool to stratify individuals into a screening protocol.

Christmas Puppies ...

INTRODUCING Wesley...Western Health's Christmas puppy. Keep an eye out for our furry little friend from November 27, when he will be available for purchase for \$10.00.

All money raised from the sale of the Christmas puppies will be used to purchase much-needed equipment off Western Health's Capital Equipment List, which is used to prioritise medical equipment for our hospitals. Wesleys will be on sale through auxilliary shops and stalls in in the hospitals...





Computer Training at Western Hospital

Did you know that Western Health offers computer courses? Western Health's computer training centre in Footscray provides professional courses to both businesses and the public at very reasonable rates. Courses cover a complete range of Microsoft courses, from beginner to advanced level and are available on a wide variety of days and times. Western Health also offers free parking and/or afternoon tea for all participants.

Western Health Courses articulate to TAFE qualifications.

For more information phone Maree Watt on 8345 6845.

CONTACT DETAILS

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Email: whpublicaffairs@wh.org.au

Website: www.wh.org.au



Western Hospital



Western Hospital is a provider hospital of Western Health

STEREO 974 supporting Western Health



GP's batting up a Storm

WESTERN Health specialists and local GPs joined forces in a cricket match held in Romsey in October.

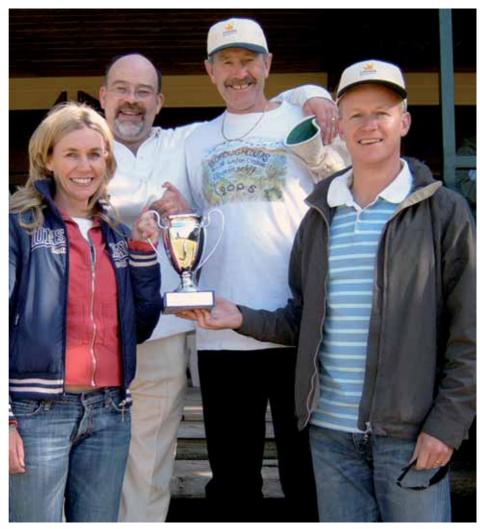
In it's third year now, the match was a great success and was family-oriented.

Approximately 20 GPs and 20 specialists, as well as other staff from local clinics and hospital units, attended the event, named in honour of local Footscray obstetrician and test cricketer, George Thoms.

The annual event is held to help to promote better integration between the hospital service and GPs from our local community.



Thank you to our sponsors: CNS – Major Sponsor St Vincent's Pathology, Smart Salary, Olympus, Bilfinger Berger Concessions and RACV



Two of George Thoms' children - Jacqui Lamont and Gordon Thoms - with captains Mr lain Skinner (the Specials) and Ken Baddeley (the Generals).



Bulldogs Community News



Whitten Oval Redevelopment Update



Prime Minister John Howard took time out of his busy schedule in September to visit Whitten Oval and turn the first sod with Bulldogs President David Smorgon, OAM and Sam Tarascio, Executive Chairman of Salta Constructions, on the eve of construction for the Whitten Oval redevelopment.

The Prime Minister was joined by over 1,000 local children who participated in a footy clinic with the Western Bulldogs squad. Such activities will continue to grow once the redevelopment is completed to encourage local children to engage in healthy, community based activities, resulting in improved health and lifestyle options in the western suburbs of Melbourne.

In another exciting announcement on the day, construction on the children's hub will commence shortly with the appointment of Salta Constructions. Salta Constructions commenced business in the western suburbs and has over 30 years of experience in building in Victoria and the western region, and are a substantial construction company with a proud history of state and national projects.

Once completed the children's hub will include a 105-place childcare centre that will be run by a not-for-profit organisation servicing the community for the provision of much needed childcare places in the western region.

For further information on the Whitten Oval redevelopment, please visit www.westernbulldogs.com.au.

Western Region Community Bike Ride

A Western Bulldogs and Victoria University initiative to cure the insidious disease of diabetes.

Western Region Community Bike Ride Sunday 3rd December at Coulson Gardens (Melways Ref: 28,C7) 10am start, registration begins at 9am.

Get on your bike and join us!

For further information please visit www.westernbulldogs.com.au or call 1300 GO DOGS (46 36 47)

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This is the December edition of the *Maribyrnong News* – a Maribyrnong City Council newsletter. It has information on events, programs and services in the City of Maribyrnong.

If you would like to know more about the information in this newsletter, please call the Telephone Interpreter Service on 131 450 and ask them to call Maribyrnong Council on 9688 0200 for assistance.

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Macedonian

Vietnamese

هذا هو عدد كانون الأول/ديسمبر من أخبار ماريبيرنونغ نيوز - النشرة الإعلامية لمجلس بلدية ماريبيرنونغ. وتحتوى على معلومات حول الأحداث والبرامج في مدينة ماريبيرنونغ.

إذا رغبت في الإطلاع على المزيد حول المعلومات الواردة في هذه النشرة، الرجاء الإتصال بخدمة الترجمة الهاتفية على الرقم 450 131 وإطلب منهم الإتصال بمجلس مدينة ماريبيرنونغ على الرقم 0200 9688 للحصول على المساعدة.

ይህ የማሪብዶሮንግ ምክር ቤት በታህሳስ ወር የወጣ ዜና ሲሆን የማሪብዶሮንግ ከተማ ምክር ቤት ጋዜጣነው። ይህ በማሪብዶሮንግ ከተማ ስለተፈጸሙ ድርጊቶች፥ ፕሮግራሞችና አገልግሎቶች መረጃ የያዘ ይሆናል።

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這是十二月版的 Maribyrnong 市政府時事通訊——《Maribyrnong 新聞》。其中有 Maribyrnong 市活動、項目、服務方面的資料。

如果希望瞭解本期時事通訊的詳細資料,請撥電話傳譯服務,號碼131 450,請他們接通Maribyrnong市政府尋求幫助,號碼9688 0200。

Ова е декемвриското издание на *Maribyrnong News* – весник на Maribyrnong City Council. Содржи информации за настани, програми и служби во City of Maribyrnong.

Ако сакате да знаете повеќе за информациите во весников, јавете се на телефонската преведувачка служба на телефон 131 450 и побарајте да се јават на Maribyrnong Council на 9688 0200 за помош.

Đây là số Tháng Mười Hai của Maribyrnong News (Bản Tin Maribyrnong) – tức là bản tin của Hội Đồng Thành Phố Maribyrnong. Bản tin này có những thông tin về các sự kiện, các chương trình và dịch vụ ở trong Thành Phố Maribyrnong.

Nếu quí vị muốn biết thêm chi tiết về những thông tin trong bản tin này, xin gọi Dịch Vụ Thông Ngôn Điện Thoại qua số 131 450 và nhờ thông ngôn viên gọi cho Maribyrnong Council (*Hội Đồng Thành Phố Maribyrnong*), số điện thoại 9688 0200 để được giúp đỡ.

For requests, comments and questions about Council services and programs, go to www.maribyrnong.vic.gov.au or call Customer Service on 9688 0200



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