

The Seven Teachings

Honesty
Humility
Truth
Wisdom
Love
Respect
Bravery

- Honesty** - to achieve honesty within yourself
to recognize who and what you are
do this and you can be honest with all others
- Humility** - humble yourself and recognize that no matter
how much you think you know, you know
very little of all the universe.
- Truth** - to learn truth, to live with truth and to
walk with truth, to speak truth
- Wisdom** - to have wisdom is to know the difference between good
and bad and to know the result of your actions
- Love** - unconditional love to know that when people are weak
they need your love the most, that your love is given freely and you
cannot put conditions on it or your love is not true
- Respect** - respect others, their beliefs and respect yourself.
If you cannot show respect you cannot expect respect to be
given
- Bravery** - to be brave is to do something right even if
you know it's going to hurt you.