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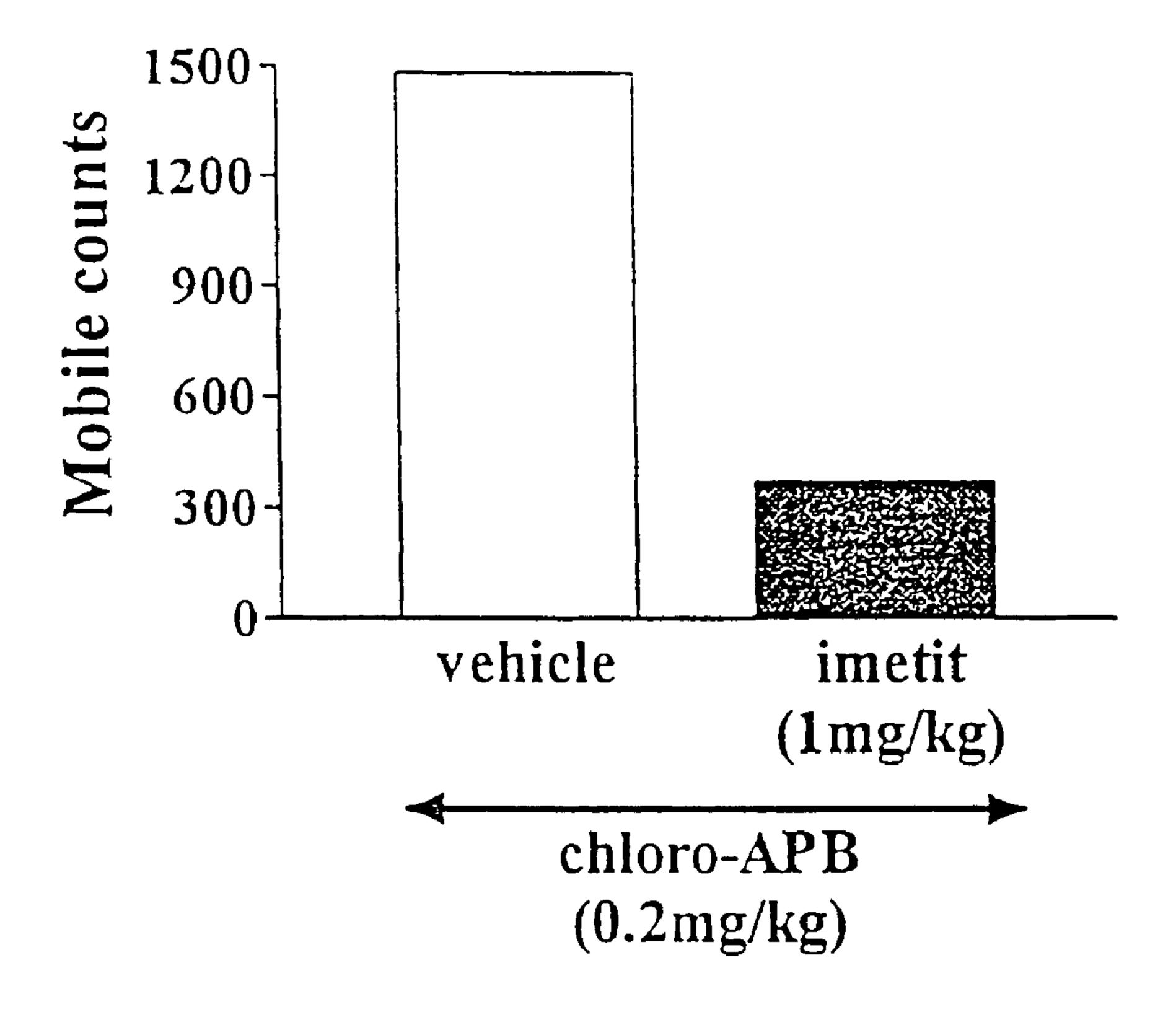
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The present invention relates to the use of compounds that enhance  $H_3$ -histamine receptor activity, or activation (e.g.  $H_3$ -histamine receptor agonists) for the treatment of dyskinesia. The compounds are particularly useful for treating dyskinesia associated with parkinsonian therapy.





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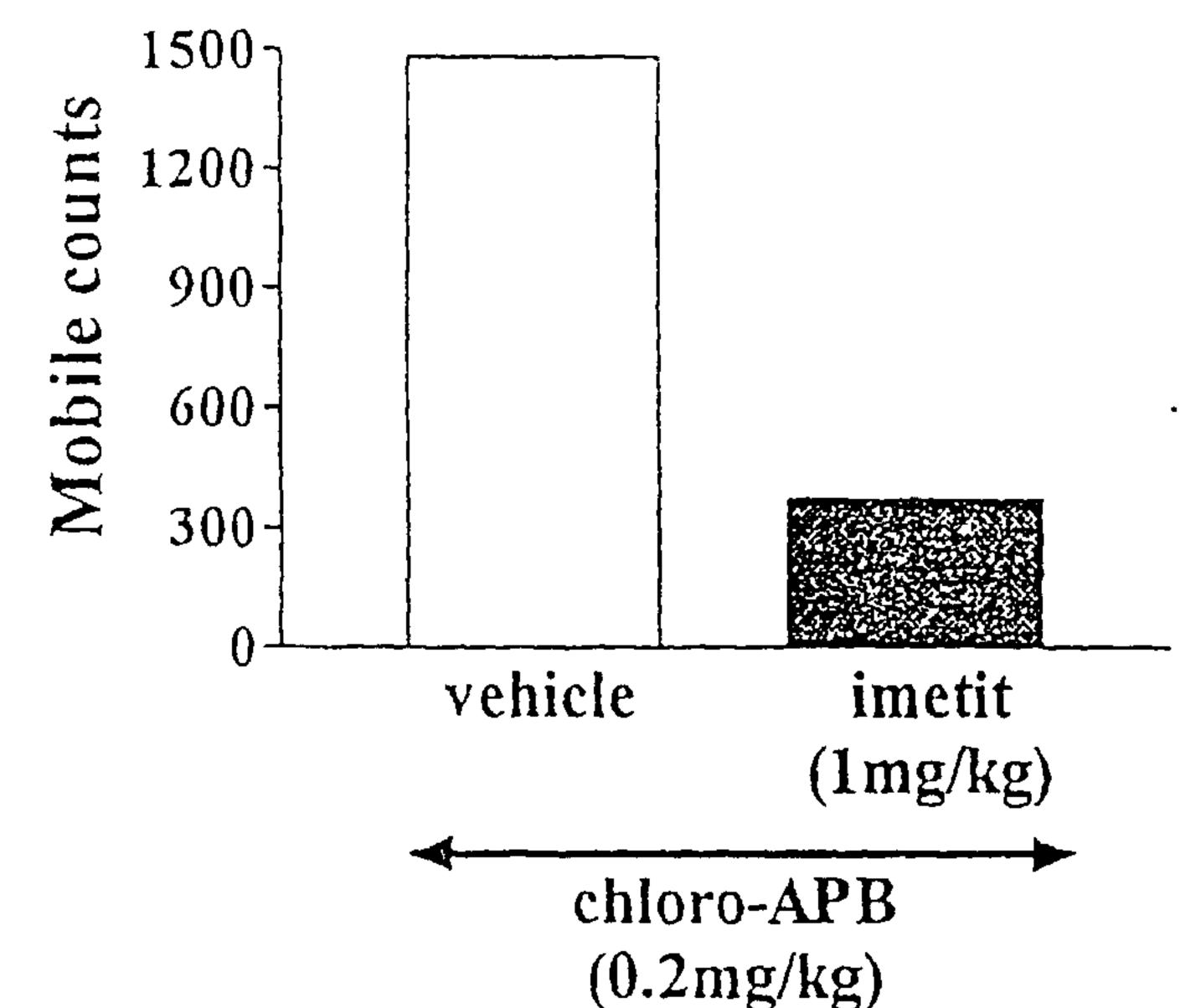
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(57) Abstract: The present invention relates to the use of compounds that enhance H<sub>3</sub>-histamine receptor activity, or activation (e.g. H<sub>3</sub>-histamine receptor agonists) for the treatment of dyskinesia. The compounds are particularly useful for treating dyskinesia associated with parkinsonian therapy.

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### TREATMENT OF DYSKINESIA

The present invention relates to the treatment of dyskinesia.

Dyskinesias are characterised by the development in a subject of abnormal involuntary movements and may manifest as chorea (irregular, involuntary movements of the body, especially the face and extremities) or dystonia (disorder or lack of muscle tonicity).

One way in which dyskinesias may arise is as a side effect of dopamine replacement therapy for Parkinsonism or other basal ganglia-related movement disorders. Parkinsonism is a syndrome of symptoms characterised by slowness of movement (bradykinesia), rigidity and / or tremor. Parkinsonian symptoms are seen in a variety of conditions, most commonly in idiopathic parkinsonism (i.e. Parkinson's Disease) but also following treatment of schizophrenia, manganese poisoning, head injury and the like.

The use of dopamine-replacing agents (e.g. L-DOPA and apomorphine) as symptomatic treatments for conditions such as Parkinson's disease have undoubtedly been successful in increasing the quality of life of patients suffering from the conditions. However, dopamine-replacement therapy does have limitations, especially following long-term treatment. Problems can include a wearing-off of the anti-parkinsonian efficacy of the treatment and in particular the appearance of a range of side effects. These side effects may manifest as dyskinesias such as chorea and dystonia. Dyskinesia can be seen either when the patient is undergoing dopamine-replacement therapy (in the case of chorea and/or dystonia) or even when off therapy (when dystonia is prevalent). Ultimately, these side-effects severely limit the usefulness of dopaminergic treatments.

Many attempts have been made to develop agents that will prevent the development of, and/or treat, dyskinesias. For instance, attempts have been made to develop novel dopamine replacement therapies that will obviate or mitigate dyskinetic

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side effects although such attempts have met with limited success. There is therefore a need to develop ways by which dyskinesias may be treated.

According to a first aspect of the present invention, there is provided a use of a compound which enhances H<sub>3</sub>-histamine receptor activity, or activation, for the manufacture of a medicament for the treatment of dyskinesia.

According to a second aspect of the present invention, there is provided a composition for use in the treatment of dyskinesia comprising a therapeutically effective amount of a compound which enhances H<sub>3</sub>-histamine receptor activity, or activation, and a pharmaceutically acceptable vehicle.

According to a third aspect of the present invention, there is provided a method for the treatment of dyskinesia comprising administering to a person or animal in need of such treatment a therapeutically effective amount of a compound which enhances H<sub>3</sub>-histamine receptor activity, or activation.

H<sub>3</sub>-histamine receptors are a subclass of histamine receptors which are found in neural tissues.

By "dyskinesia" we mean the development in a subject of abnormal involuntary movements. These movements may manifest as chorea (irregular, involuntary movements of the body, especially the face and extremities) or dystonia (disorder or lack of muscle tonicity). Such movements include ballistic movements and athetoid movements of the trunk, limbs and facial musculature.

The invention is based upon our studies relating to the neural mechanisms underlying movement disorders. Although we do not wish to be bound by any hypothesis, we believe that movement disorders involve abnormal activity of basal ganglia output pathways and in many cases this is brought about by abnormal function of striatal efferent pathways. These consist of a "direct" pathway to the medial or internal segment of the globus pallidus and the pars reticulata of the

substantia nigra and a "indirect" pathway to the lateral or external segment of the globus pallidus. One of the pathophysiological hallmarks of dyskinesia is overactivity of the direct striatal output pathway (In L-DOPA induced dyskinesia, this overactivity appears in part to be caused by an overstimulation of dopamine D<sub>1</sub>-receptors). We believe compounds which enhance H<sub>3</sub>-histamine receptor activity, or activation reduce the activity of the striatal output pathway and thereby reduce dyskinesia.

We have found that compounds which enhance H<sub>3</sub>-histamine receptor activity, or activation are highly effective for the treatment of dyskinesias. For instance, we have found that dyskinesias (e.g. chorea and dystonia) do not develop, or are at least reduced, when the compounds are given to subjects on dopamine-replacement therapy for the treatment of a movement disorder.

Several classes of compound, which may be used according to the invention, are capable of enhancing H<sub>3</sub>-histamine receptor activity. These compounds include:

- (i) H<sub>3</sub>-histamine receptor agonists and partial agonists;
- (ii) compounds which enhance synthesis of endogenous H<sub>3</sub>-histamine receptor agonists (e.g. histamine *per se*);
- (iii) compounds which enhance release of H<sub>3</sub>-histamine receptor agonists;
- (v) compounds which block the rate of inactivation or metabolism of H<sub>3</sub>-histamine receptor agonists (e.g. histamine-N-methyltransferase inhibitors such as 9-amino-1,2,3,4-tetrahydroacridine and SKF91488); and
- (vi) compounds which promote/increase H<sub>3</sub>-histamine receptor expression and/or transcription.

The compound may modulate any type of histamine receptor provided that H<sub>3</sub>-histamine receptor activity is enhanced (e.g. histamine *per se* may be used as an example of a H<sub>3</sub>-histamine receptor agonist.). However it is preferred that the compound selectively enhances the activity of H<sub>3</sub>-histamine receptors. By "selectively" we mean the compound enhances H<sub>3</sub>-histamine receptor activity or activation to a greater extent than other types of histamine receptor (e.g. H<sub>1</sub>- or H<sub>2</sub>-receptors).

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H<sub>3</sub>-histamine receptor agonists ((i) above) are preferred compounds for use according to the invention. Selective H<sub>3</sub>-histamine receptor agonists which are suitable for treating dyskinesias include Imetit, Imepip and R(-)-alphamethylhistamine. One parameter by which selectivity of H<sub>3</sub> agonists may be assessed is by comparing binding affinities of a particular compound for each subclass of a receptor. Preferred selective H<sub>3</sub> agonists have a higher binding affinity for the H<sub>3</sub> receptor than for the H<sub>1</sub> and H<sub>2</sub> receptors.

The compounds (and compositions or medicaments containing them) may be used to treat many types of dyskinesia. For instance the compounds may be used to treat dyskinesia associated with Huntington's disease, idiopathic torsion dystonia, tardive dyskinesia or off-dystonia in Parkinson's disease and most particularly for dyskinesia associated with movement disorders such as parkinsonism (e.g. idiopathic Parkinson's disease, post-encephalitic parkinsonism or parkinsonism resulting from head injury), treatment of schizophrenia, drug intoxication, manganese poisoning and the like.

The compounds may also be used in the treatment of dyskinesias which manifest as hyperkinetic activity (e.g. Tourette's syndrome).

The compounds are also useful for treatment of dyskinesias which arise as a side-effect of other therapeutic agents. For instance, the compounds are useful for the treatment of dyskinesia associated with ropinirole, pramipexole, cabergoline, bromcriptine, lisuride, pergolide, L-DOPA or apomorphine treatment. The compounds are preferably used for the treatment of dyskinesia associated with L-DOPA or apomorphine treatment.

The compounds are particularly useful for treating dyskinesia caused by agents used to treat movement disorders such as parkinsonism. In this respect a preferred use of the compounds is in the treatment of dyskinetic side-effects associated with L-DOPA or apomorphine therapy for parkinsonism.

The compounds may be used to treat existing dyskinesias but may also be used when prophylactic treatment is considered medically necessary. For instance, when it is considered necessary to initiate L-DOPA therapy and it is feared that dyskinesias may develop.

The compounds may be used to treat dyskinesia as a monotherapy (i.e. use of the compound alone); as an adjunct to medicaments to prevent dyskinetic side-effects caused by the medicament (e.g. as an adjunct to L-DOPA or apomorphine given to treat parkinsonian patients) or alternatively the compounds may be given in combination with other compounds or treatments which also reduce dyskinesia (e.g.  $\mu$ -opioid receptor antagonists,  $\alpha_2$ -adrenoreceptor-antagonists, cannabinoid CB<sub>1</sub>-antagonists, NMDA receptor-antagonists, GPi lesion/deep brain stimulation).

The compositions of the first and second aspects of the invention may take a number of different forms depending, in particular on the manner in which the composition is to be used. Thus, for example, the composition may be in the form of a powder, tablet, capsule, liquid, ointment, cream, gel, hydrogel, aerosol, spray, micelle, liposome or any other suitable form that may be administered to a person or animal. It will be appreciated that the vehicle of the composition of the invention should be one which is well tolerated by the subject to whom it is given and enables delivery of the compounds to the brain.

The composition of the invention may be used in a number of ways. For instance, systemic administration may be required in which case the compound may be contained within a composition which may, for example, be ingested orally in the form of a tablet, capsule or liquid. Alternatively, the composition may be administered by injection into the blood stream. Injections may be intravenous (bolus or infusion) or subcutaneous (bolus or infusion). The compounds may also be administered by inhalation (e.g. intranasally).

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Compounds enhancing H<sub>3</sub>-histamine receptor activity may also be administered centrally by means of intracerebral, intracerebroventricular, or intrathecal delivery.

The compound may also be incorporated within a slow or delayed release device. Such devices may, for example, be inserted under the skin and the compound may be released over weeks or even months. Such a device may be particularly useful for patients with long term dyskinesia such as patients on continuous L-DOPA therapy for the treatment of Parkinsonism. The devices may be particularly advantageous when a compound is used which would normally require frequent administration (e.g. at least daily ingestion of a tablet or daily injection).

It will be appreciated that the amount of a compound required is determined by biological activity and bioavailability which in turn depends on the mode of administration, the physicochemical properties of the compound employed and whether the compound is being used as a monotherapy or in a combined therapy. The frequency of administration will also be influenced by the above mentioned factors and particularly the half-life of the compound within the subject being treated.

Known procedures, such as those conventionally employed by the pharmaceutical industry (e.g. *in vivo* experimentation, clinical trials etc), may be used to establish specific formulations of compositions and precise therapeutic regimes (such as daily doses of the compounds and the frequency of administration).

Generally, a daily dose of between 0.01µg/kg of body weight and 1.0g/kg of body weight of a compound which enhances H<sub>3</sub>-histamine receptor activity may be used for the treatment of dyskinesia depending upon which specific compound is used more preferably the daily dose is between 0.01mg/kg of body weight and 100mg/kg of body weight.

Purely by way of example a suitable dose of imetit for treating L-DOPA or chloro-APB induced dyskinesia in subjects with Parkinson's disease is between

0.1mg/kg/day and 100mg/kg/day (depending upon the health status of the individual). It is preferred that between 0.25mg/kg/day and 20mg/kg/day of imetit is given to a person daily. For instance it is most preferred that about 1 – 5 mg/kg/day imetit is given for treating dyskinesia induced by 0.2mg/kg chloro-APB whereas about 5 - 20mg/kg/day imetit is particularly effective for treating dyskinesia induced by 8mg/kg L-DOPA.

It will be appreciated that the required dose will be effected by the route of administration. When imetit is given intravenously 0.1-10 mg/kg is a preferred dose whereas higher doses (e.g. 30 mg/kg) may be a suitable dose orally.

By way of further example suitable doses of 9-amino-1,2,3,4-tetrahydroacridine and SKF91488 are preferably 0.5-30 mg/kg.

Daily doses may be given as a single administration (e.g. a daily tablet for oral consumption or as a single daily injection). Alternatively the compound used may require administration twice or more times during a day. As an example, imepip for treating L-DOPA induced dyskinesia in patients with Parkinson's disease may be administered as two (or more depending upon the severity of the dyskinesia) daily doses of between 25mg and 5000mg in tablet form. A patient receiving treatment may take a first dose upon waking and then a second dose in the evening (if on a two dose regime) or at 3 or 4 hourly intervals thereafter. Alternatively a slow release device may be used to provide optimal doses to a patient without the need to administer repeated doses.

A preferred means of using protein or peptide compounds which enhance H<sub>3</sub>-histamine receptor activity for the treatment of dyskinesias is to deliver the compound to the brain by means of gene therapy. For instance, gene therapy may be used to increase expression of H<sub>3</sub>-histamine receptors, increase expression of enzyme(s) responsible for the synthesis of endogenous H<sub>3</sub>-histamine receptor agonists (e.g. histamine *per se*), decrease expression of a protein which promotes breakdown or desensitisation of H<sub>3</sub>-histamine receptors or decrease expression of a protein which

promotes breakdown of H<sub>3</sub>-histamine receptor agonists. Therefore according to a fourth aspect of the present invention there is provided a delivery system for use in a gene therapy technique, said delivery system comprising a DNA molecule encoding for a protein which directly or indirectly enhances H<sub>3</sub>-histamine receptor activity, said DNA molecule being capable of being transcribed to allow the expression of said protein and thereby treating a dyskinesia.

The delivery systems according to the fourth aspect of the invention are highly suitable for achieving sustained levels of a protein which directly or indirectly enhances H<sub>3</sub>-histamine receptor activity over a longer period of time than is possible for most conventional therapeutic regimes. The delivery system may be used to induce continuous protein expression from cells in the brain that have been transformed with the DNA molecule. Therefore, even if the protein has a very short half-life as an agent *in vivo*, therapeutically effective amounts of the protein may be continuously expressed from the treated tissue.

Furthermore, the delivery system of the invention may be used to provide the DNA molecule (and thereby the protein which is an active therapeutic agent) without the need to use conventional pharmaceutical vehicles such as those required in tablets, capsules or liquids.

The delivery system of the present invention is such that the DNA molecule is capable of being expressed (when the delivery system is administered to a patient) to produce a protein which directly or indirectly has activity for enhancing H<sub>3</sub>-histamine receptor activity. By "directly" we mean that the product of gene expression *per se* has the required activity. By "indirectly" we mean that the product of gene expression undergoes or mediates (e.g. as an enzyme) at least one further reaction to provide a compound effective for enhancing H<sub>3</sub>-histamine receptor activity and thereby treating a dyskinesia.

The DNA molecule may be contained within a suitable vector to form a recombinant vector. The vector may for example be a plasmid, cosmid or phage. Such

recombinant vectors are highly useful in the delivery systems of the invention for transforming cells with the DNA molecule.

Recombinant vectors may also include other functional elements. For instance, recombinant vectors can be designed such that the vector will autonomously replicate in the cell. In this case, elements which induce DNA replication may be required in the recombinant vector. Alternatively the recombinant vector may be designed such that the vector and recombinant DNA molecule integrates into the genome of a cell. In this case DNA sequences which favour targeted integration (e.g. by homologous recombination) are desirable. Recombinant vectors may also have DNA coding for genes that may be used as selectable markers in the cloning process.

The recombinant vector may also further comprise a promoter or regulator to control expression of the gene as required.

The DNA molecule may (but not necessarily) be one which becomes incorporated in the DNA of cells of the subject being treated. Undifferentiated cells may be stably transformed leading to the production of genetically modified daughter cells (in which case regulation of expression in the subject may be required e.g. with specific transcription factors or gene activators). Alternatively, the delivery system may be designed to favour unstable or transient transformation of differentiated cells in the subject being treated. When this is the case, regulation of expression may be less important because expression of the DNA molecule will stop when the transformed cells die or stop expressing the protein (ideally when the dyskinesia has been treated or prevented).

The delivery system may provide the DNA molecule to the subject without it being incorporated in a vector. For instance, the DNA molecule may be incorporated within a liposome or virus particle. Alternatively the "naked" DNA molecule may be inserted into a subject's cells by a suitable means e.g. direct endocytotic uptake.

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The DNA molecule may be transferred to the cells of a subject to be treated by transfection, infection, microinjection, cell fusion, protoplast fusion or ballistic bombardment. For example, transfer may be by ballistic transfection with coated gold particles, liposomes containing the DNA molecule, viral vectors (e.g. adenovirus) and means of providing direct DNA uptake (e.g. endocytosis) by application of the DNA molecule directly to the brain topically or by injection.

An embodiment of the present invention will now be described, by way of examples, with reference to the accompanying drawings, in which:

Figure 1 is a graph illustrating the effect of the H<sub>3</sub>-histamine receptor agonist imetit on hyperkinesia following chloro-APB treatment of parkinsonian rats (a rodent behaviour that is mechanistically equivalent to dyskinesia in primates) in Example 1; and

Figure 2 is a graph illustrating the effect of the H<sub>3</sub>-histamine receptor agonist imetit on L-DOPA-induced mobility (A) and dyskinesia (B) in MPTP-lesioned marmosets of Example 2 wherein \*\* P < 0.01 compared to L-DOPA + vehicle; non-parametric one-way repeated measures ANOVA (Friedman test) followed by Dunn's multiple comparison test.

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#### EXAMPLE 1

The effect of the H<sub>3</sub>-histamine receptor agonist imetit on dyskinesia was assessed in a reserpine-treated rat model of Parkinson's disease following treatment of the rats with the anti-parkinsonian agent chloro-APB (0.2mg/kg).

## 1.1. Methods

### 1.1.1 Treatments.

Male Sprague-Dawley rats were split into two groups A and B. Rats in both groups were rendered parkinsonian by subcutaneous administration of reserpine (3mg/kg) for 18 hours.

After the 18 hours Group A were treated with chloro-APB (0.2 mg/kg) and imetit (1mg/kg) whereas B were treated with chloro-APB (0.2 mg/kg) and vehicle for imetit only.

### 1.1.2 Assessment of activity and mobility.

The locomotion of the rats in Groups A and B was measured over a one hour period using Benwick locomotor monitors. These locomotion monitors consist of a visually-shielded open-field arena, the perimeter of which is surrounded by a series of infra-red beams arranged at 5cm intervals. PC-based software (Amlogger) assesses the number of beams broken. The number of beams broken as part of a locomotor movement (mobile counts) or the number of beam breaks while the animal is not locomoting (static counts) were measured. In addition, the system assesses the time for which animals are mobile or static.

#### 1.2 Results

Figure 1 illustrates that total mobile counts for imetit treated animals (A) was less than those treated with vehicle for imetit only (B). This demonstrates that there is a reduction in D<sub>1</sub>-dopamine receptor-dependent locomotion (i.e. decreased activity via the direct striatal output pathway). In primates, dopamine D1 receptor stimulation of the direct pathway is a key mechanism in generating dyskinesia and thus the reduction observed with imetit is indicative of a decrease in dyskinesia (see the description).

#### EXAMPLE 2

The effect of the H<sub>3</sub>-histamine receptor agonist imetit on L-DOPA-induced dyskinesia was assessed in the MPTP-lesioned marmoset model of Parkinson's disease.

### 2.1. Methods

## 2.1.1 Preparation of MPTP-lesioned marmoset model of Parkinson's disease

Marmosets (*Callithrix jacchus*) (bred in a closed colony at the University of Manchester) are rendered parkinsonian by subcutaneous injection of 2mg kg<sup>-1</sup> MPTP for 5 consecutive days. The marmosets are allowed to recover for a minimum of 10 weeks until their parkinsonism becomes stable. The degree of activity and disability before and after MPTP treatment is assessed using a combination of scales as described in section 2.1.2. Animals are then treated with L-DOPA for at least 3 weeks to prime them to elicit dyskinesia.

### 2.1.2 Assessment of behaviour

Behaviour was assessed using the following scales:

(a) Parkinsonian disability – non-parametric measures based on the following scales:

**Mobility score:** 0 = no movement, 1 = movement of head on the floor of the cage, 2 = movement of limbs, but no locomotion, on the floor of the cage, 3 = movement of head or trunk on wall of cage or perch, 4 = movement of limbs, but no locomotion, on wall of cage or perch, 5 = walking around floor of cage or eating from hopper on floor, 6 = hopping on floor of cage, 7 = climbing onto wall of cage or perch, 8 = climbing up and down the walls of the cage or along perch, 9 = running, jumping, climbing between cage walls / perch / roof, uses limbs through a wide range of motion and activity.

(b) Dyskinesia – non-parametric measures based on the following scale:

**Dyskinesia score:** 0 = Absent, 1 = Mild, fleeting, 2 = Moderate, not interfering with normal activity, 3 = Marked, at times interfering with normal activity, 4 = Severe, continuous, replacing normal activity.

The behavioural tests were assessed every 30 minutes for 4 hours, by *post hoc* analysis of video-recordings by an observer blinded to the treatment.

### 2.1.3 Treatments

Six marmosets received all treatments as described in table 1. The treatments were randomised such that on each day all six marmosets received one of the treatments. There was at least 48 hours washout between treatments.

Table 1

Treatment	Treatment	Route
number		
1	L-DOPA (8mg/kg) +	oral
	vehicle	
2	L-DOPA (8mg/kg) +	oral
	imetit (1mg/kg)	
3	L-DOPA (8mg/kg) +	oral
	imetit (3mg/kg)	
4	L-DOPA (8mg/kg) +	oral
	imetit (10mg/kg)	

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### 2.2. Results

Figure 2 illustrates the effect of imetit treatment on L-DOPA-induced mobility (i) and dyskinesia (ii) in the MPTP-lesioned marmoset model of Parkinson's disease. These data demonstrate that imetit has no effect on L-DOPA-induced mobility. However, there is a dose-dependent reduction in the severity of L-DOPA-induced dyskinesia.

The MPTP-lesioned primate is the 'gold standard' preclinical model of Parkinson's disease. Therefore, these data are highly predictive of a beneficial therapeutic effect of H<sub>3</sub>-histamine receptor agonists in the treatment of L-DOPA-induced dyskinesia in Parkinson's disease patients. Furthermore, these data suggest that the beneficial effect of imetit on L-DOPA-induced dyskinesia is not accompanied by a reduction in the therapeutic benefit of L-DOPA on mobility.

Although the data presented in these Examples demonstrate that H<sub>3</sub>-histamine receptor agonists are useful for the treatment of dyskinesia associated with chloro-APB or L-DOPA therapy for Parkinson's disease, it will be appreciated that other compounds according to the present invention will be just as useful for treating other types of dyskinesias.



# **CLAIMS**

- The use of a H<sub>3</sub>-histamine receptor agonist, for the manufacture of a medicament for the treatment of dyskinesia.
- The use according to claim 1, wherein the H<sub>3</sub>-histamine receptor agonist is a selective H<sub>3</sub>-histamine receptor agonist.
- The use according to claim 2, wherein the agonist is selected from the group consisting of imetit, imepip and R(-)-alpha-methylhistamine.
- The use according to any preceding claim, for the treatment of dyskinesia 4. associated with movement disorders.
- The use according to claim 4, for the treatment of dyskinesia associated with parkinsonism.
- The use according to claim 5 wherein the parkinsonism is idiopathic 6. Parkinson's disease or post-encephalitic parkinsonism.
- The use according to claim 5 wherein the parkinsonism results from head injury, the treatment of schizophrenia, drug intoxication or manganese poisoning.
- The use according to any one of claims 1 3 for the treatment of dyskinesia 8. associated with Huntington's disease, idiopathic torsion dystonia, tardive dyskinesia or off-dystonia in Parkinson's disease.
- The use according to any one of claims 1 3 for the treatment of dyskinesia which arises as a side-effect of a therapeutic agent.

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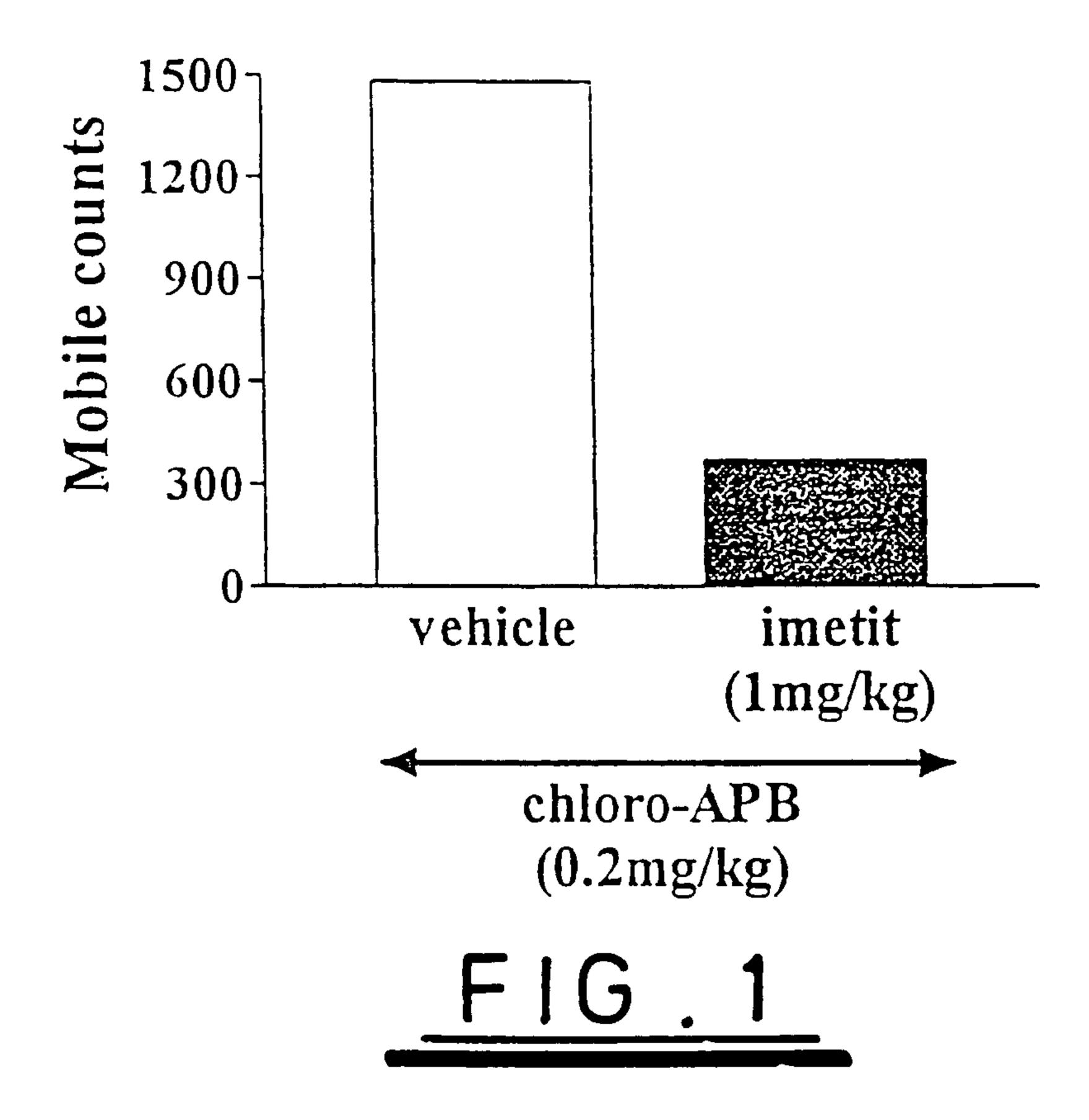
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- The use according to claim 9 for the treatment of dyskinesia associated with 10. agents used to treat movement disorders.
- The use according to claim 9 or 10 wherein the agent is L-DOPA, Chloro-11. APB or apomorphine.
- The use according to claim 9 wherein the agent is used to treat parkinsonism. 12.
- The use according to any preceding claim for prophylactic treatment of dyskinesia.

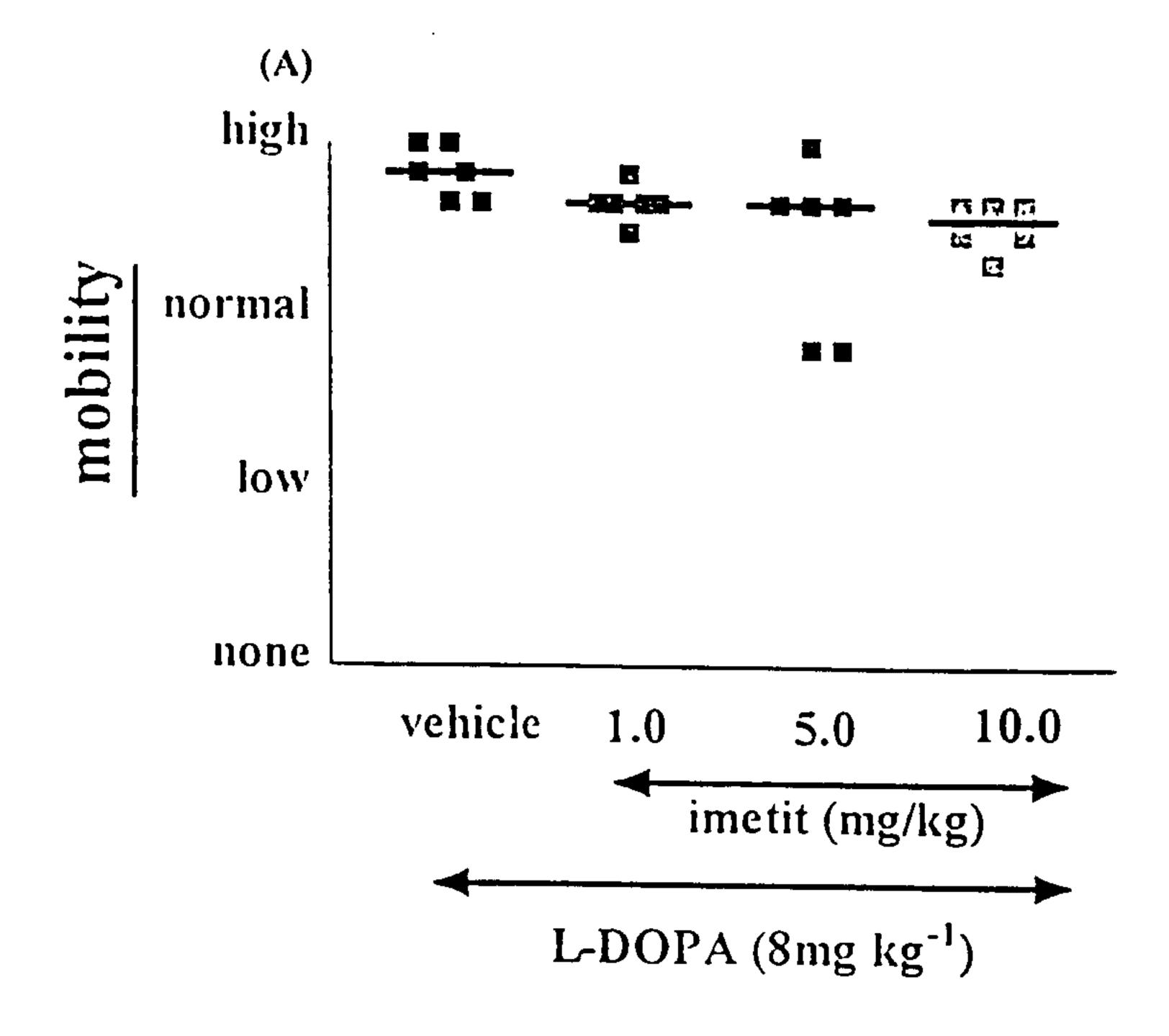
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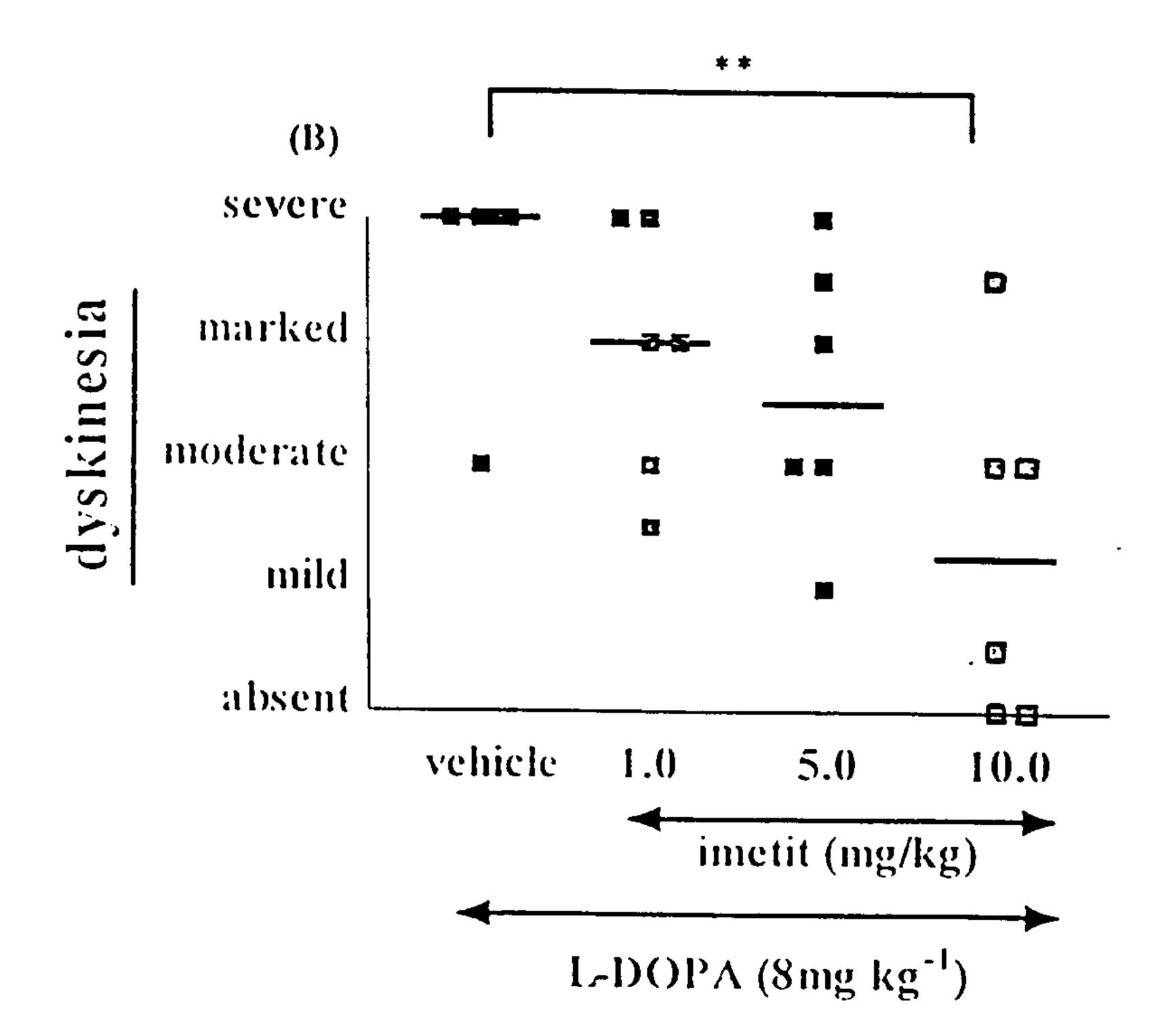


FIG. 2

