

(12) **UK Patent Application**

(19) **GB** (11) **2 451 503** (13) **A**

(43) Date of A Publication **04.02.2009**

(21) Application No: **0715018.8**

(22) Date of Filing: **01.08.2007**

(71) Applicant(s):  
**LRC Products Limited**  
**(Incorporated in the United Kingdom)**  
**35 New Bridge Street, LONDON,**  
**EC4V 6BW, United Kingdom**

(72) Inventor(s):  
**Lorraine Morris**

(74) Agent and/or Address for Service:  
**A A Thornton & Co**  
**235 High Holborn, LONDON, WC1V 7LE,**  
**United Kingdom**

(51) INT CL:  
**A61K 31/198** (2006.01) **A61K 8/44** (2006.01)  
**A61K 9/00** (2006.01)

(56) Documents Cited:  
**WO 2000/062737 A1** **US 20050245494 A1**  
**US 20050069597 A1** **US 20040258774 A1**

(58) Field of Search:  
INT CL **A61K**  
Other: **EPODOC, WPI, CAS-Online**

(54) Abstract Title: **Personal lubricant comprising vasodilator and non-menthol coolant**

(57) The invention provides a personal lubricant composition comprising a vasodilator and at least 5 one coolant which is not menthol and preferably the composition is free from menthol. Preferably, the coolant is a cyclic carboxamide such as Nethyl-p-menthane-3-carboxamide. Preferably a second coolant is present, in particular isopulegol. The vasodilator is preferably L-arginine or glyceryl trinitrate.  
Also disclosed is a method of making a personal lubricant.

## STIMULATING GEL

The present invention relates to personal lubricants, particularly but not exclusively to personal lubricants which are clitoral stimulating lubricants, and to a method for making them.

Personal lubricants are specialised lubricants which serve to reduce friction with body tissues. In particular, personal lubricants may be used to provide lubrication, or slip, during sexual activity. For example, personal lubricants can be used to increase pleasure or reduce pain during sexual intercourse, and can aid in reducing vaginal dryness. In medicine, personal lubricants may be employed for gynaecological examinations and the like.

A wide variety of personal lubricants are currently available. These lubricants generally function by supplying water on a body surface in a gelled or viscous form, by comprising a water-soluble polymer, such as a water-soluble cellulose derivative, or other water soluble polymers such as polyvinylpyrrolidone, polyvinyl alcohol and the like. In use on a body surface, these gelled or viscous systems retain water on the body surface to which they are applied, and the water provides lubrication. One or more humectants may be added to aid water retention on the body surface, so increasing the level of lubrication (that is, the lubricity of the formulation) provided, and/or increasing the length of time for which lubrication persists (that is, the longevity of lubricity).

In recent years it has become increasingly popular to add various active ingredients to personal lubricant compositions, in order to, for example, enhance pleasurable feelings during sexual activity, and/or to heighten sexual arousal. Personal lubricants comprising such active ingredients are designed to cause physiological or physical changes in the area to which they are applied.

These active ingredient-containing lubricants include clitoral stimulating compositions, which are intended to heighten female sexual excitement, by stimulating blood flow to the clitoris. Clitoral stimulating compositions generally

comprise a vasodilator, or vasoactive compound, to increase blood flow. A commonly used vasodilator is L-arginine.

There are a number of personal lubricant compositions on the market which contain L-arginine, usually in conjunction with a coolant which is generally menthol or a menthol derivative, such as a menthoxy compound.

Without wishing to be bound by theory, in the context of personal lubricating compositions, including clitoral stimulating compositions, L-arginine is generally considered to act as a vasodilator to enhance blood flow to the clitoris and surrounding area, and the coolant is thought to provide a cooling, tingling sensation which may provide extra stimulation or sensation. In addition, the coolant is sometimes stated to be a penetration enhancer, enabling the L-arginine to be absorbed more quickly and hence allow the user to be aroused more quickly.

In the context of personal lubricants, coolants are thought to improve desirable sensate properties. This is generally explained by the chemical reaction of coolant compounds on the nerve endings responsible for the sensation of coldness, rather than because of a physical drop in temperature at the body surface (such as would be caused by latent heat of evaporation, for example). In particular, personal lubricant compositions comprising cooling compounds, or coolants, exert cooling and tingling sensations in use, and are considered to have stimulating effects, which are thought to improve and/or aid female and male pleasure.

To date, the coolants that have been used in sexual lubricants include menthol, menthone glycerine acetone and menthyl lactate. Menthol is by far the most commonly used coolant in personal lubricants. However, menthol may be present in combination with other coolants, and these additional coolants are usually menthol- or menthyl-derivatives.

Menthol has a number of negative attributes. Depending upon the menthol concentration, the disadvantages of menthol include: a strong minty smell, which some users find unpleasant; a bitter taste; the potential for causing irritation (including irritation of mucous membranes); the potential for burning at higher concentrations;

and high volatility (which has led to eye irritation from some aftershave lotions). The high volatility of menthol also results in a loss of coolant from compositions comprising menthol, so that functionality is lost over time. In addition, high concentrations of menthol, which can occur, for example, as a result of menthol separating out from its carrier, can result in localised burning. Many of these disadvantages, such as menthol's potential to cause irritation and burning, are particularly undesirable in the context of personal lubricant compositions, which are generally applied to particularly sensitive areas of the body. These disadvantages have been found to be shared by many of the commonly used "menthoxy" coolants, which are also commonly used coolants in personal lubricant compositions, often in combination with menthol.

Additional disadvantages of menthol include crystallisation at low temperatures. Crystallisation of menthol in personal lubricant formulations results in clouding of the formulation, and may even lead to a granulated feel in use, which many users find undesirable.

We have found that many of the currently marketed products comprise unacceptably high levels of menthol, which levels may be associated with irritation. Whilst decreasing the menthol concentration can reduce levels of irritation to acceptably low rates, we have found that the very low levels of menthol necessary to minimise irritation also result in reduced menthol functionality. As a consequence, products containing low levels of menthol lack user-perceived benefits such as cooling and tingling sensations and so do not give the desired sensate characteristics in use. Accordingly, the problems associated with menthol cannot be overcome simply by reducing the concentration of menthol used, because products with low levels of menthol have been found to be ineffective.

However, despite its many disadvantages, menthol has long been the coolant of choice in personal lubricant compositions, even in concentrations which may cause irritation.

We have now recognised that there is a need for alternative personal lubricant compositions, particularly clitoral stimulating compositions, and have devised

compositions which minimise the problems encountered with the prior art compositions.

In its broadest aspect, the present invention provides a personal lubricant composition comprising a vasodilator, which composition is substantially free from menthol. By substantially free we mean to include, for example, compositions comprising 0.01% w/w (by weight of the total composition) menthol or less. Preferably, the composition is completely free from menthol.

Any suitable vasodilator can be used. Preferred vasodilators include L-arginine and glyceryl trinitrate.

In one aspect, there is provided a personal lubricant composition comprising a vasodilator and a coolant which is a cyclic carboxamide. The composition is preferably substantially free from menthol. Any suitable cyclic carboxamide may be used. A preferred cyclic carboxamide is N-ethyl-p-menthane-3-carboxamide. Any suitable vasodilator can be used, although L-arginine is particularly preferred.

In a preferred aspect, the invention provides a personal lubricant composition comprising a vasodilator; a coolant which is a cyclic carboxamide, and a second coolant. Preferably, the composition is substantially free from menthol. Most preferably, the composition is completely free from menthol. Any suitable second coolant can be used. However, (-)-isopulegol is a particularly preferred second coolant. We have found that the combination of a coolant which is a cyclic carboxamide, such as N-ethyl-p-menthane-3-carboxamide, and isopulegol gives particularly good results, in terms of, for example, the sensations experienced by users.

In another aspect, the invention provides a personal lubricant composition comprising a carrier, a thickening polymer, a vasodilator, a coolant which is a cyclic carboxamide and optionally a second coolant. Preferably, the cyclic carboxamide is N-ethyl-p-menthane-3-carboxamide. Preferably, the second coolant is (-)-isopulegol. Optionally, the composition further comprises a solubiliser, for example to aid solubilisation of the second coolant. When the second coolant is (-)-isopulegol, the composition

preferably further comprises a solubiliser. Any suitable solubiliser may be used. Preferred solubilisers include PEG hydrogenated castor oils and polysorbates. PEG 40 hydrogenated castor oil is particularly preferred.

In a preferred embodiment, the invention provides a personal lubricant composition comprising a carrier; a thickening polymer; L-arginine; N-ethyl-p-menthane-3-carboxamide; and isopulegol, which composition is free from menthol. Optionally, the compositions comprise further ingredients such as one or more humectants, one or more preservatives, one or more pH adjusters; one or more solubilisers; one or more penetration enhancers; and/or one or more additional coolants.

By “penetration enhancer” we mean any compound which aids penetration or absorption of coolants (or other active ingredients) into and through body surfaces, for example, compounds which aid penetration of coolants into and through the skin and mucosal membranes. Preferably, penetration enhancers as used herein aid penetration and/or absorption of coolants which are cyclic carboxamides, such as N-ethyl-p-menthane-3-carboxamide, and/or aid penetration and/or absorption of (-)-isopulegol across body surfaces. Such penetration enhancement may potentiate the action of coolants, or other active ingredients. Any suitable penetration enhancer may be used. Preferred penetration enhancers include ethoxy diglycol, limonene, isopropyl palmitate, sodium lauryl sulphate and L-arginine. Optionally, the penetration enhancer may also act as a vasodilator. For example, and without wishing to be bound by theory, L-arginine is widely considered to act as a vasodilator, although we have found that L-arginine aids penetration of coolants (such as cyclic carboxamides and isopulegol) across body surfaces.

In a highly preferred aspect, the compositions of the invention are aqueous. Aqueous compositions are particularly preferred because they are compatible with all condom types, including natural rubber latex condoms.

In a preferred aspect, the personal lubricant compositions of the invention are gels, particularly lubricious gels, more particularly clitoral stimulating gels. The compositions may be used as topical or personal lubricants.

In a particularly preferred embodiment there is provided a personal lubricant composition comprising a carrier which is water; a thickening polymer which is hydroxyethylcellulose; a humectant which is propylene glycol; a vasodilator/penetration enhancer which is L-arginine; a cyclic carboxamide which is N-ethyl-p-menthane-3-carboxamide; a second coolant which is (-)-isopulegol; a solubiliser which is PEG 40 hydrogenated castor oil; a pH adjuster; and a preservative. Any suitable pH adjuster may be used. Suitably, the pH adjuster is selected for compatibility with the thickening polymer. Preferred pH adjusters include but are not limited to organic acids and bases such as, for example, lactic acid, citric acid, triethanolamine and aminomethylpropanol. A particularly preferred pH adjuster is lactic acid. The pH adjuster may be added in any suitable amount. Suitably, the pH adjuster is added in an amount suitable for adjusting the pH of the composition to a pH which is suitable for application to the human genital area. A suitable pH is from pH 4.5 to pH 5.5. Any suitable preservative may be used, such as an antifungal preservative and/or an antimicrobial preservative. Suitable preservatives include potassium sorbate, phenoxyethanol, total parabens, benzoic acid and imidazolidinyl urea. A particularly preferred preservative is methylparaben.

The invention also provides a method of making a personal lubricant composition, comprising mixing together the components of the composition as generally described herein.

In another aspect, the invention provides a method of making a personal lubricant composition comprising providing a solvent; a thickening polymer; a vasodilator; a coolant which is a cyclic carboxamide; optionally a second coolant, and mixing the ingredients to form the composition. Preferably, the cyclic carboxamide is N-ethyl-p-menthane-3-carboxamide. Preferably, the second coolant is (-)-isopulegol. Mixing may comprise any suitable mixing method. Suitably, mixing comprises one or more steps of homogenisation.

The personal lubricant compositions of the invention are suitably made by providing a vessel; charging a solvent; adding a vasodilator and optionally a preservative; premixing a thickening polymer and a humectant to form a first premix; adding the first premix to the vessel; separately premixing a coolant which is a cyclic

carboxamide and a second coolant and an optional solubiliser to form a second premix; adding the second premix and mixing; and optionally adjusting the pH by adding a pH adjuster.

A method of making a preferred personal lubricant composition comprises providing a vessel; charging water; adding L-arginine and a preservative; premixing hydroxyethylcellulose and propylene glycol (first premix); adding the first premix to the vessel and mixing; separately premixing molten PEG 40 hydrogenated castor oil, (-)-isopulegol and N-ethyl-p-menthane-3-carboxamide (second premix); adding the second premix to the vessel and mixing; and adjusting the pH. The pH may be adjusted to any suitable pH. Suitable pHs include, but are not limited to, pHs suitable for topical application to the human genital area, particularly the female genital area. Suitably, the pH of the composition is adjusted to from about pH 4.5 to about pH 5.5. Mixing may comprise any suitable mixing method, such as, for example, stirring and/or homogenisation. Preferably, mixing comprises one or more steps of homogenisation. It is particularly preferred that the PEG 40 hydrogenated castor oil remains molten throughout the method, and the bulk temperature is preferably chosen accordingly. Suitably, the temperature of the main bulk is maintained at about 30°C prior to addition of the second premix, and preferably the temperature of the main bulk is subsequently maintained at about 30°C.

The compositions provided by the present invention are free, or substantially free, from menthol. Accordingly, the compositions have significant advantages over currently available clitoral stimulating-type lubricants, which almost without exception comprise menthol, because compositions of the invention avoid all the disadvantages inherent in using menthol. The compositions have been found to have the same, or better, user-perceived benefits as known formulations containing a vasodilator (such as L-arginine) and menthol, but have the advantage of being menthol-free. Accordingly, formulations according to the present invention have the significant additional benefits associated with being free from menthol. The compositions provided herein are substantially non-irritating, non-burning and non-cytotoxic. They are also low-odour and less subject to loss of coolant.



N-ethyl-p-menthane-3-carboxamide (WS-3) does not crystallise at low temperatures, and we have found that, in contrast to menthol-containing compositions, N-ethyl-p-menthane-3-carboxamide-containing compositions do not go cloudy after exposure to or storage at low temperatures.

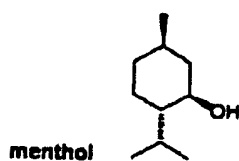
Furthermore, N-ethyl-p-menthane-3-carboxamide has a lower volatility than menthol, so the compositions of the present invention do not suffer from the same loss-of-coolant problems found with menthol-based cooling personal lubricants.

In addition, we have found that N-ethyl-p-menthane-3-carboxamide lacks the volatile side effects of menthol, and provides a smooth, gradual cooling sensation, which has been reported as particularly pleasant by personal lubricant-users.

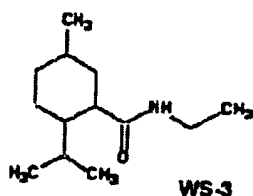
In preliminary trials, we have found that the compositions have a pleasant lubricant feel, a good duration of sensation and give a pleasant sensation during use. The majority of users reported that the compositions helped them to achieve orgasm. These benefits were retained by compositions even after ageing, in contrast to menthol-containing compositions, which suffer from a loss of menthol with ageing. The compositions are generally very well received by users in comparison to other available L-arginine and menthol-containing personal lubricants.

In the present compositions, menthol is replaced by a coolant which is a cyclic carboxamide, optionally in combination with isopulegol.

Any suitable cyclic carboxamide compound can be used. Cyclic carboxamides are based upon the menthol cyclic structure, but with a C-C link at the 3-position on the ring, in place of a C-O link which is found in the various menthoxy coolants such as menthone glycerine acetal, menthyl lactate and menthoxypropane-1,2-diol.



N-ethyl-p-menthane-3-carboxamide (WS-3) is a particularly preferred cyclic carbxamide.



N-ethyl-p-menthane-3-carboxamide

N-ethyl-p-menthane-3-carboxamide has to date primarily been used in oral, medicinal and confectionary products, such as breath-freshening chewing gums. We have found that this compound provides particularly good coolant effects. For example, it lacks the volatile side effects of menthol and provides a gradual, smooth, cooling sensation.

N-ethyl-p-menthane-3-carboxamide has been found to be superior to the coolants that have previously been used in personal lubricants (that is, menthol, menthone glycerine acetal, menthyl lactate and the like). For example, as indicated in Table 1, N-ethyl-p-menthane-3-carboxamide (WS-3) has been found to have a superior relative cooling strength to all the menthoxy coolants.

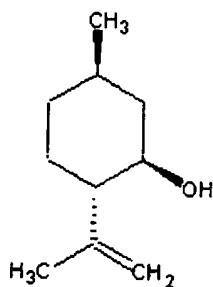
Table 1

Coolant	Structure	Cooling strength relative to menthol
Menthoxyp propane-1,2-diol	menthoxy	15.8 – 39.5
Isopulegol	menthoxy	25
Menthone glycerine acetal	menthoxy	41

Menthyl lactate	menthoxy	43
WS-23	linear carboxamide	75
Menthol	menthoxy	100
WS-3	cyclic carboxamide	150

Preferably, the compositions comprise a coolant which is a cyclic carboxamide in combination with a second coolant. Any suitable second coolant can be used. However, we have found that isopulegol gives a particularly good cooling sensation in use, when used in combination with a cyclic carboxamide such as N-ethyl-p-menthane-3-carboxamide.

By isopulegol, we mean (-)-isopulegol, or 2-isopropenyl-5-methyl-cyclohexanol:



(-)-Isopulegol (Coolact P<sup>®</sup>)

(-)-Isopulegol is sold under the name "Coolact P<sup>®</sup>" by Takasago International.

Any suitable amount of these coolants can be employed. A preferred amount of coolant is from about 0.01 to about 1.5 % w/w (by weight of the total formulation), more preferably from about 0.1 to about 1.5% w/w. Each coolant may be present in an amount from about 0.01 to about 1.5 % w/w. A more preferred amount of each coolant is from about 0.01 to about 0.5 % w/w. Preferably, the formulation comprises from about 0.016 to about 0.020% w/w N-ethyl-p-menthane-3-carboxamide. Preferably, the formulation comprises from about 0.25 to about 0.3%, for example 0.275%, w/w of (-)-isopulegol. Most preferably, the formulation comprises N-ethyl-p-menthane-3-carboxamide in an amount from about 0.016 to about 0.020% w/w and (-)-isopulegol in an amount about from 0.25 to 0.3%, for example 0.275%, w/w.

The formulations may comprise one or more additional coolants, in addition to (-)-isopulegol and N-ethyl-p-menthane-3-carboxamide. Suitable additional coolants include, but are not limited to, menthyl lactate, menthone glycerine acetal, and menthoxypropane diol. However, menthol is preferably not included in the present formulations, although low levels are not excluded.

The compositions comprise a vasodilator. Any suitable vasodilator may be used. However, preferred vasodilators are L-arginine and glyceryl trinitrate.

Any suitable carrier, or solvent, can be employed. Aqueous compositions are particularly preferred, so water is a preferred carrier. Aqueous compositions are particularly advantageous because they are compatible with all condom types, including natural rubber latex, synthetic polyisoprene and polyurethane condoms. We have found that coolants which are cyclic carboxamides, such as N-ethyl-p-menthane-3-carboxamide, and isopulegol, are compatible with aqueous compositions. Aqueous gel compositions, particularly aqueous lubricious gel compositions, are particularly preferred.

The compositions optionally further comprise one or more additional ingredients, in accordance with conventional formulating practice. For example, the compositions optionally further comprise one or more of a thickening polymer; a humectant; a solubiliser; a penetration enhancer; a preservative; a pH adjuster; and one or more additional coolants.

Any suitable thickening polymer can be used. For example, the thickening polymer may be one or more carbomers; one or more celluloses, such as, for example, hydroxyethylcellulose; or a polyacrylate such as, for example, glyceryl polyacrylate. Glyceryl polyacrylate is commercially available in the form of Lubragel™ compositions such as, for example, Lubragel II XD™ (commercially available from United-Guardian, Inc). We have found that Lubragel II XD™ provides particularly good lubricity, particularly after dilution. Accordingly, of the Lubragels™ available, Lubragel II XD™ is particularly preferred. Lubragel II XD™ has the following composition:

Water	40 – 50%
Glycerin	40 – 50%
Glyceryl polyacrylate	1 – 5%
Methylparaben	0.045- 0.055%
Propylparaben	0.027 – 0.033%

Accordingly, the thickening polymer may be glyceryl polyacrylate in the form of a Lubragel™ composition, preferably Lubragel II XD™.

The formulation may optionally comprise a mixture of two or more thickeners.

A particularly preferred thickening polymer is hydroxyethylcellulose. A suitable hydroxyethylcellulose is Natrosol™ 250 HHX (commercially available from Hercules, Inc).

The thickening polymer may be included in the composition in any suitable amount. Preferred amounts of thickening polymer include amounts from about 0.5% w/w to about 3.0% w/w (by weight of the total composition). A more preferred amount of thickener is an amount from about 1.0% w/w to about 2.0% w/w. A most preferred amount of thickener is about 1.5% w/w. In a particularly preferred embodiment, the thickener is hydroxyethylcellulose in an amount of about 1.5% w/w by weight of the composition.

Any suitable humectant can be used. For example, suitable humectants include, but are not limited to, glycerine; polyols such as, for example, sorbitol and mannitol; polyethylene glycols; and propylene glycols. A preferred humectant is propylene glycol. Any suitable amount of humectant can be used. The humectant is typically present in an amount from about 5 to about 50% w/w (by weight of the total formulation). Preferably, the humectant is present in an amount from about 10 to about 40% w/w. More preferably, about 25% w/w humectant is used. In a particularly preferred embodiment, the composition comprises 25% w/w propylene glycol.

Optionally the compositions further comprise a solubiliser. Any suitable solubiliser may be used. For example, a solubiliser may aid in solubilisation of (-)-isopulegol;

when (-)-isopulegol is present, the compositions suitably further comprise a solubiliser for (-)-isopulegol. Preferred solubilisers include polyethylene glycol (PEG) hydrogenated castor oils and polysorbates. PEG-hydrogenated castor oils are particularly preferred. In a particularly preferred embodiment, the formulation comprises PEG 40 hydrogenated castor oil.

Optionally, the compositions further comprise a penetration enhancer. The penetration enhancer can be any compound which aids penetration or absorption of the cyclic carboxamide and/or of isopulegol into and through body surfaces, for example, compounds which aid penetration into and through the skin and mucosal membranes. Any suitable penetration enhancer may be used. Preferred penetration enhancers include ethoxy diglycol, limonene; isopropyl palmitate; and sodium lauryl sulphate. In addition, without wishing to be bound by theory, we have found that L-arginine, which is generally considered to be a vasodilator, also functions as a penetration enhancer for coolants such as cyclic carboxamides and isopulegol. Accordingly, because of its dual role as a vasodilator and a penetration enhancer, compositions comprising L-arginine are particularly preferred. Optionally, the formulation may comprise one or more additional penetration enhancers, in addition to L-arginine.

The compositions optionally further comprise a pH adjuster. Any suitable pH adjuster may be used. Suitable pH adjusters are typically selected in view of the thickening polymer used. Preferred pH adjusters include organic acids and bases. Suitable organic acids include, but are not limited to, lactic acid and citric acid. Suitable organic bases include, but are not limited to, bases such as triethanolamine and aminomethylpropanol. Lactic acid is a particularly preferred pH adjuster. For example, lactic acid is commercially available from Purac Biochem (UK) Ltd, under the trade name Purac<sup>TM</sup> PH90.

The pH adjuster may be included in any suitable amount. Preferably, the pH adjuster is included in an amount sufficient to adjust the pH of the composition to a pH which is suitable for topical application to the human genital area, particularly the female genital area. Suitably, the pH adjuster is sufficient to adjust the pH of the composition to from about pH 4.5 to about pH 5.5.

Optionally, the formulation further comprises a preservative, such as an antimicrobial preservative. Any suitable preservative may be used. However, preferred preservatives include potassium sorbate, phenoxyethanol, total parabens, benzoic acid, imidazolidinyl urea and the like. Optionally, mixtures of two or more preservatives can be used. A particularly preferred preservative is methylparaben.

The following table indicates preferred amounts of ingredients which may suitably be employed in the present invention.

Table 2

Ingredient	%w/w
Humectant/moisturiser	5.0 – 50.0
Thickening polymer	0.5 – 3.0
Vasodilator	1.0 – 5.0
Cooling agents	0.1 – 1.5
Penetration Enhancer	0 – 5.0
pH adjuster	As required, to give pH 4.5 – 5.5
Preservative	0.1 – 0.4
Carrier (water)	to 100

The compositions may be manufactured by any suitable process. Generally, the compositions will be manufactured by mixing together the components of the composition. Any suitable mixing process may be employed, and such mixing processes will be known in the art. Preferably, however, mixing comprises one or more steps of homogenisation.

More particularly, the method comprises mixing a carrier, or solvent, a vasodilator, a thickening polymer, a humectant, a coolant which is a cyclic carboxamide, and optionally a second coolant which is preferably isopulegol. Optionally, the method further comprises adding a solubiliser. Optionally, the method further comprises adding a preservative. The method optionally further comprises adjusting the pH by addition of a pH adjuster. Preferably, the pH is adjusted to a pH which is suitable for topical application to the human genital area.

Preferably, the process generally comprises the following steps:

- 1) charging water into a vessel;
- 2) adding vasodilator and optional preservative to the water and stirring;
- 3) providing a pre-blend of thickening polymer and humectant and adding the pre-blend to the water, vasodilator and optional preservative in the vessel;
- 4) in a separate vessel, pre-mixing the optional solubiliser and coolants (-)-isopulegol and WS-3;
- 5) adding the pre-mix from step (5) to the main vessel and stirring; and
- 6) optionally adding pH adjustor to adjust the pH of the formulation to the required level, and stirring until the formulation becomes homogenous.

Preferably, the method comprises a step of adding a solubiliser (in step 4). A preferred solubiliser is PEG 40 hydrogenated castor oil, which serves to solubilise (-)-isopulegol. Preferably, PEG 40 hydrogenated castor oil is added as molten PEG 40 castor oil and, more preferably, it remains molten throughout the manufacturing process. Preferably, therefore, the temperatures at which each step is carried out are selected accordingly. For example, the optional solubiliser is preferably warmed prior to mixing with the coolants, for example, the optional solubiliser may suitably be warmed to a temperature of about 40°C or below prior to the addition of the coolants. Suitably, the solubiliser (such as PEG 40 hydrogenated castor oil) may be warmed by placing it in a warm room, although any method of warming may be used. Once the solubiliser and coolants have been mixed, the temperature is preferably maintained at from about 30°C to about 35°C.

Suitably, the bulk mix is cooled to a temperature of from about 25 to about 30°C before the premix is added. Preferably, the temperature of the bulk mix is maintained at about 30°C or below once the premix comprising the coolants has been added. More preferably, the bulk mix is maintained at a temperature of about 30°C or below until the product is filled. Preferably, the vessel is also kept closed at all times, apart from opening for addition of materials or for sampling, until the product is filled. Keeping the vessel closed aids in preventing loss of coolant by evaporation.



Preferably, the optional pH adjuster is added to adjust the pH to within a pH range suitable for applying to the female genital area. For example, the pH is suitably adjusted to from about pH 4.5 to about pH 5.5.

Optionally, the method further comprises a step of adding a penetration enhancer.

The following Example illustrates preferred embodiments of the invention.

#### Example 1

		% w/w
Humectant/moisturiser	Propylene glycol	25.000
Thickening polymer	Hydroxyethylcellulose	1.5000
Vasodilator	L-arginine	2.000
Cooling agent	(-)-isopulegol	0.275
Cooling agent	WS-3	0.016 – 0.020
Solubiliser	PEG 40 hydrogenated castor oil	0.500
pH adjuster	Lactic acid (90%)	1.550
Preservative	Methylparaben	0.180
Carrier	Water	to 100

The composition was made by the following method.

202.5 litres of water was charged into a vessel, with stirring. L-arginine and methylparaben were added with stirring, and homogenised until dissolved. In the main vessel, hydroxyethylcellulose (Natrosol™ 250 HHX) and propylene glycol were pre-blended, mixed until homogenous, then poured carefully into a vortex with the homogeniser switched to medium/high speed. Homogenisation was carried out until Natrosol™ 250 HHX was homogenous. The product was checked to ensure no lumps were present.

Pre-melted PEG 40 hydrogenated castor oil was added to a separate premix vessel, which was placed in a warm room, and maintained at below 40°C until use. The temperature of the PEG 40 hydrogenated castor oil was checked, and then (-)-isopulegol and WS-3 were added and mixed until homogenous. The temperature of this premix was maintained at from 30 to 35°C. The PEG 40 hydrogenated castor oil was kept molten throughout the mixing process. Once Natrosol™ 250 HHX had fully dissolved in the main vessel, the homogeniser was switched off, and the stirrer was switched on to medium speed. The main bulk was chilled to from 25 to 30°C, and then the premix was added and stirred continuously until the solution was homogenous. After addition of the premix, the bulk temperature was maintained at 30°C or below until the composition was filled into suitable vessels. In addition, the main vessel was kept closed subsequent to addition of the premix, apart from opening for the addition of materials or for sampling.

Lactic acid was added and the main bulk was stirred until homogenous, and checked to make sure no lumps were present. The pH was adjusted to from pH 4.5 to pH 5.5. The final product was filled into screw-top containers.

## CLAIMS

- 1 A personal lubricant composition comprising a vasodilator and at least one coolant which is not menthol.
- 5
2. A personal lubricant composition according to claim 1 wherein the coolant is a cyclic carboxamide.
3. A personal lubricant composition according to claim 1 or 2 which is substantially free
- 10 from menthol.
4. A personal lubricant composition according to claim 3 which is free from menthol.
5. A personal lubricant composition according to any one of claims 2 to 4 wherein the
- 15 cyclic carboxamide is N-ethyl-p-menthane-3-carboxamide.
6. A personal lubricant composition according to any one of claims 1 to 5 further comprising a second coolant.
- 20 7. A personal lubricant composition according to claim 6 wherein the second coolant is (-) isopulegol.
8. A personal lubricant composition according to any one of claims 1 to 7 further comprising a carrier; a thickening polymer; and optionally a solubiliser.
- 25
9. A personal lubricant composition according to claim 8 comprising a second coolant which is (-) isopulegol and a solubiliser which aids solubilisation of (-) isopulegol.
10. A personal lubricant composition according to claim 9 wherein the solubiliser is
- 30 selected from PEG hydrogenated castor oils and polysorbates.
11. A personal lubricant composition according to claim 10 wherein the solubiliser is PEG 40 hydrogenated castor oil.

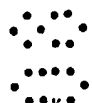
12. A personal lubricant composition according to any preceding claim wherein the vasodilator is selected from L-arginine and glyceryl trinitrate.

13. A personal lubricant composition according to claim 8 wherein the vasodilator  
5 comprises L-arginine; the cyclic carboxamide is N-ethyl-p-menthane-3-carboxamide; the second coolant is (-) isopulegol, which composition optionally comprises one or more further ingredients selected from at least one humectant; at least one preservative; at least one pH adjuster; at least one solubiliser; at least one penetration enhancer; and at least one additional coolant.

10

14. A personal lubricant composition according to 13 comprising a carrier comprising water; a thickening polymer which is hydroxyethylcellulose; a humectant comprising propylene glycol; a solubiliser which is PEG 40 hydrogenated castor oil; a pH adjuster and a preservative.

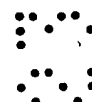
15 15. A personal lubricant composition according to any preceding claim which is formulated as a gel.



16. A method of making a personal lubricant composition comprising providing a carrier; a thickening polymer; a vasodilator; a coolant which is a cyclic carboxamide; and optionally a  
20 second coolant, and mixing the ingredients to form the composition.



17. A method according to claim 16 wherein the cyclic carboxamide is N-ethyl-p-menthane-3-carboxamide.



25 18. A method according to claim 16 or 17 wherein the second coolant is (-) isopulegol.

19. A method according to any one of claims 16 to 18 comprising providing a vessel; charging a carrier; adding a vasodilator and optionally a preservative; premixing a thickening polymer and a humectant to form a first premix; adding the first premix to the vessel; separately  
30 premixing a coolant which is a cyclic carboxamide and a second coolant and optionally a stabiliser to form a second premix; adding the second premix to the vessel; mixing; and optionally adjusting the pH by adding one or more pH adjusters.

**Application No:** GB0715018.8

**Examiner:** Fiona Warner

**Claims searched:** 1

**Date of search:** 20 November 2008

**Patents Act 1977: Search Report under Section 17**

**Documents considered to be relevant:**

Category	Relevant to claims	Identity of document and passage or figure of particular relevance
X	1,3,4,12 & 15 at least	US 2005/0245494 A1 (THOMPSON) Whole document relevant, see in particular paragraph [0021] and claim 1
X	1,6,12 & 15 at least	US 2004/0258774 A1 (THOMPSON) Whole document relevant.
X	1,6,12 & 15 at least	US 2005/0069597 A1 (THOMPSON) Whole document relevant.
X	-	WO 00/62737 A1 (UNILEVER)

**Categories:**

X	Document indicating lack of novelty or inventive step	A	Document indicating technological background and/or state of the art
Y	Document indicating lack of inventive step if combined with one or more other documents of same category.	P	Document published on or after the declared priority date but before the filing date of this invention
&	Member of the same patent family	E	Patent document published on or after, but with priority date earlier than, the filing date of this application

**Field of Search:**

Search of GB, EP, WO & US patent documents classified in the following areas of the UKC<sup>X</sup> :

Worldwide search of patent documents classified in the following areas of the IPC'

A61K

The following online and other databases have been used in the preparation of this search report  
EPODOC, WPI, CAS-Online

**International Classification:**

Subclass	Subgroup	Valid From
A61K	0031/198	01/01/2006
A61K	0008/44	01/01/2006
A61K	0009/00	01/01/2006