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(54) Title: NOVEL PHARMACEUTICAL COMPOSITIONS FOR ANTIHISTAMINIC-DECONGESTANT COMBINATION AND METHOD OF MAKING SUCH COMPOSITIONS

(57) Abstract: The present invention relates to pharmaceutical compositions of antihistamine-decongestant combination. Specifically the invention relates to bilayered tablet formulation comprising antihistaminic decongestant combination. More specifically present invention relates to the novel polymorph of fexofenadine or pharmaceutically accepted salts thereof, with at least one decongestant in the form of bilayered tablet. The preferred polymorphs are polymorph A and polymorph X of fexofenadine hydrochloride.

5 **NOVEL PHARMACEUTICAL COMPOSITIONS FOR ANTIHISTAMINIC-
DECONGESTANT COMBINATION AND METHOD OF MAKING SUCH
COMPOSITIONS**

FIELD OF THE INVENTION:

10 The present invention relates to the pharmaceutical composition for antihistaminic-decongestant combination in the form of unit dosage form. One of the preferred embodiments of the invention is directed towards the use of novel polymorph of Fexofenadine with at least one decongestant in the form of bilayered tablet and process of making such bilayered tablets.

15 **DESCRIPTION OF THE RELATED ART:**

Antihistaminic and decongestant act by different mechanism to treat allergic reactions. Decongestants constrict vessels in the nasal mucus membranes and thereby decrease tissue swelling and nasal congestion. Decongestants are found to be better than antihistamines for restoring the potency of congested nasal airways. Histamine is a mediator released from cells, which line the walls of the nasal mucous membranes (mast cells). When released, histamine binds to local histamine receptors, thereby causing sneezing, nasal itching, swelling of the nasal membranes, and increased nasal secretions. Antihistamines relieve these effects, albeit by a different mechanism than decongestants. Antihistamines block the binding of histamines to the histamine receptors by preoccupying the histaminic receptors. Consequently they are effective only if given prior to histamine release since
20 once histamine is released and binds to the receptors, it is too late. Although individuals typically take antihistamines after symptoms occur, it is more desirable to dose antihistamines so as to effect therapeutic availability in anticipation of histamine release.

Combining decongestants and antihistamines utilizes both mechanistic approaches, and has been
30 shown to offer more complete relief of rhinitis symptoms than therapy with either component alone. The scientific advancement over the years has presented to the mankind the more potent and non sedating antihistamines compared to those available in old days.

U.S. Pat. No. 4,996,061 discloses the pharmaceutical composition in the form of multiple compressed
35 tablets comprising (a) a discrete zone made with Formulation (A) which comprises a carrier base material combined with a therapeutically effective decongestant amount of a sympathomimetic drug, or a pharmaceutically acceptable salt thereof, the carrier base material being a mixture of (i) one or more pharmaceutically acceptable water-soluble nonionic cellulose ethers in an amount from about 18% to about 50% by weight of Formulation (A), (ii) one or more pharmaceutically acceptable
40 anionic surfactants in an amount from about 2% to about 20% by weight of Formulation (A), and (iii)

5 one or more other pharmaceutically acceptable excipients, and (b) a discrete zone made with
Formulation (B) which comprises a second carrier base material combined with a therapeutically
effective antihistaminic amount of a piperidinoalkanol, or a pharmaceutically acceptable salt thereof,
the second carrier base being a mixture of (i) calcium carbonate in an amount from about 0.5% to
10 about 25% by weight of Formulation (B), (ii) one or more pharmaceutically acceptable nonionic
surfactants in an amount from about 1% to about 10% by weight of Formulation (B), and (iii) one or
more other pharmaceutically acceptable excipients, wherein Formulation (B) optionally also contains
a therapeutically effective decongestant amount of a sympathomimetic drug, or a pharmaceutically
acceptable salt thereof; with the proviso that when said pharmaceutical composition is in the form of a
15 compression-coated tablet, the inner core zone is made with Formulation (A) and the outer coat zone
is made with Formulation (B).

U.S. Pat. No. 6,267,986 B1 relates to a process for the preparation of a controlled release
pharmaceutical composition comprising two discrete zones wherein the first discrete zone comprises
therapeutically effective amount of Pseudoephedrine or its pharmaceutically acceptable salt as active
20 ingredient and the second discrete zone comprises a therapeutically effective amount of a long-acting
antihistamine selected from the group consisting of Loratadine, Azatidine, Fexofenadine, Terfenadine,
Cetirizine, Astemizole, and Levocabastine, or their pharmaceutically acceptable salt as active
ingredient.

25 U.S. Pat. No. 6,039,974 provides a pharmaceutical composition in the form of a bilayered tablet
comprising, (a) a first discrete zone made with Formulation (A) which comprises, a therapeutically
effective decongestant amount of a sympathomimetic drug, or a pharmaceutically acceptable salt
thereof, in an amount of about 18% to about 39% by weight of Formulation (A), and a first carrier
base material, the first carrier base material comprising a mixture of; (I) carnauba wax in an amount of
30 about 59% to about 81% by weight of Formulation (A); and (ii) a suitable antiadherent in an amount
of about 0.25% to about 2.00% by weight of Formulation (A); wherein said first carrier base material
provides a sustained release of the sympathomimetic drug; and (b) a second discrete zone made with
Formulation (B) which comprises a therapeutically effective antihistaminic amount of a
piperidinoalkanol, or a pharmaceutically acceptable salt thereof, in an amount of about 15% to about
35 30% by weight of Formulation (B) and a second carrier base material, the second carrier base
comprising a mixture of; (I) a cellulose diluent in an amount of about 27% to about 73% by weight of
Formulation (B); (ii) pregelatinized starch in an amount of about 15% to about 30% by weight of
Formulation (B); (iii) a suitable disintegrant in an amount of about 0.25% to about 6.00% by weight of
Formulation (B); and (iv) a suitable lubricant in an amount of about 0.25% to about 2.00% by weight

5 of Formulation (B); wherein said second carrier base material provides an immediate release of the piperidinoalkanol or the pharmaceutically acceptable salt thereof.

Fexofenadine is disclosed in US patent specification 3878217 and is known to have duration of action >24 hours. Pseudoephedrine and its salts are commonly administered orally three to four
10 times a day for the relief of nasal congestion. The sustained and controlled release formulations of Pseudoephedrine are also available commercially.

Various sympathomimetic drugs, such as Pseudoephedrine, phenylephrine and phenylpropanolamine are recognized by those skilled in the art as therapeutic agents effective in the relief of nasal
15 congestion and are commonly administered concomitantly with antihistamines for relief of nasal congestion associated with allergic rhinitis. These sympathomimetic drugs are generally effective when administered orally in unit dosage form on a four times a day dosage schedule wherein the unit dosage form provides immediate release of the active medicament. For example, the recommended dosage for Pseudoephedrine hydrochloride in adults is 60 mg every 6 hours (q.i.d.). In addition, unit
20 dosage forms containing sympathomimetic drugs can be formulated to provide prolonged release of the active medicament so as to allow the effective daily dose to be administered on a less frequent dosage schedule. For example, the recommended dosage for Pseudoephedrine hydrochloride in a sustained release formulation can be 120 mg twice daily (b.i.d.).

25 Polymorphism is known phenomenon to formulation scientists. The processing of polymorphs and problems due to polymeric conversion has always been challenge to formulation scientists since ages. One of the key problems with handling of polymorphs is polymeric conversion, which affects the stability and organoleptic properties of the final product. It is well appreciated that lot of care and trials are needed to handle polymorphs in the formulation.

30 The present invention can utilize a novel polymorph of Fexofenadine (Polymorph X or Polymorph A) to produce bilayered tablets containing at least one decongestant.

Kollidon SR is polyvinyl acetate and povidone based matrix-retarding agent. It is a white or slightly
35 yellowish, free flowing powder. It consists of 80% polyvinyl acetate, 19% Povidone in a physical mixture. 0.8% SLS and 0.2% colloidal silica are used as a stabilizers. It is worth to mention that Kollidon SR can be successfully replaced by a mixture of polyvinyl acetate and Povidone.

Since polyvinyl acetate is plastic material that produces a coherent matrix under low compression forces, when tablets are introduced into gastric or intestinal fluid, the water-soluble povidone is leached out to form pores through which the active ingredient slowly diffuses outwards.

5

Kollidon SR contains no ionic groups and is therefore inert to drug substances. The Sustained release properties are unaffected by ions or salts. Kollidon SR has excellent compressibility and endows tablets with enormous hardness and low friability. This is due to the combination of the very plastic polyvinyl acetate and also the binding povidone.

10

It is surprisingly found that the Pseudoephedrine part of the two discrete zones of the bilayered tablets can be prepared by direct compression method thus avoiding the necessity of other processes like wet granulation which involve substantially extra processing steps.

15

It would be advantageous if at least preferred embodiments of the present invention provide a bilayered tablet comprising two discrete zones with first zone providing sustained release of the decongestant drug and second zone providing immediate release of the antihistaminic drug as used in this description.

20

It would also be advantageous if a direct compression technique could be used in at least preferred embodiments to prepare such a bilayered tablet.

SUMMARY OF THE INVENTION:

The present invention provides a solid pharmaceutical composition comprising:

25

- (i) a first discrete zone comprising: an antihistamine drug; a cellulose derivative; a starch derivative; a polyol; a disintegrant; and a pharmaceutically acceptable glidant or lubricant; and
- (ii) a second discrete zone comprising: Pseudoephedrine or a salt thereof; a sustained release compound; and a pharmaceutically acceptable glidant or lubricant; wherein the sustained release compound comprises polyvinyl acetate; and povidone and/or povidone based matrix retarding agent.

30

In some embodiments, the sustained release compound is a mixture of 80% polyvinyl acetate, 19% povidone, 0.8% Sodium Lauryl Sulphate (SLS), and 0.2% colloidal silica.

35

In some embodiments, the discrete zones are present as layers.

In some embodiments, the antihistamine drug comprises Fexofenadine.

In some embodiments, the first discrete zone comprises the antihistamine drug, cellulose, mannitol, starch, croscarmellose sodium, silicon dioxide, and a lubricant.

5

In some embodiments, the second discrete zone comprises Pseudoephedrine or salt thereof, silicon dioxide, a lubricant, and a sustained release compound which is a mixture of 80% polyvinyl acetate, 19% povidone, 0.8% Sodium Lauryl Sulphate (SLS), and 0.2% colloidal silica.

10

In some embodiments, the solid pharmaceutical composition of the present invention is formed by compressing the mixed second discrete zone components, and compressing the mixed first discrete zone components, in a sequential manner. For example, the solid pharmaceutical composition of the present invention may be formed by compressing the mixed second discrete zone components, and then compressing the mixed first discrete zone components.

15

Also disclosed herein is a bilayered tablet comprising:

(a) a first discrete zone made with Formulation (A) which comprises; a therapeutically effective amount of antihistaminic drug or, a pharmaceutically accepted salt thereof in

20

an

5 amount from about 10% to about 30% preferably in an amount of about 15% to about 25%,
and a first carrier base material, the first carrier base material comprising, a mixture of;

- (i) one or more fillers selected from cellulose derivatives in an amount from about 20% to
about 45% preferably in an amount of about 30% to about 45%, starch derivatives in
an amount from about 5% to about 25% preferably in an amount of about 10% to about
10 20%, polyols in an amount from about 10% to about 30% preferably in an amount of
about 10% to about 20%, by weight of Formulation (A),
- (ii) an at least one disintegrant in an amount from about 4% to about 15% preferably in an
amount of about 6% to about 10%, by weight of Formulation (A),
- (iii) an at least one pharmaceutically accepted glidants or lubricants in an amount from
15 about 0.2% to about 3%, by weight of Formulation (A),

wherein, the first carrier base material provides an immediate release of the antihistaminic drug and a
pharmaceutically accepted salts thereof; and

(b) a second discrete zone made with Formulation (B) which comprises; a therapeutically
effective amount of a decongestant drug or, a pharmaceutically accepted salt thereof in an
20 amount from about 20% to 40% preferably in an amount of about 25% to about 35%, and a
second carrier base material, the second carrier base material comprising, a mixture of;

- (i) an at least one sustained release compound in an amount from about 40% to 80%
preferably in an amount of about 60% to about 75% by weight of Formulation (B),
- (ii) an at least one pharmaceutically accepted glidants or lubricants in an amount from
25 about 0.2% to about 4%, by weight of Formulation (B),

wherein, the second carrier base material provides the sustained release of decongestant drug or
pharmaceutically accepted salts thereof.

The antihistaminic drugs are selected from the group consisting of novel polymorph of Fexofenadine,
Loratadine, Terfenadine, Cetrizine or a pharmaceutically accepted salts thereof, preferably novel
30 polymorph of Fexofenadine more preferably polymorph A or Formulation X of Fexofenadine. When
antihistaminic drug is novel polymorph of fexofenadine the particle size of said novel polymorph of
Fexofenadine is in the range of from about 12 to about 18 microns more preferably from about 14 to
about 16 microns.

35 The Formulation (B) is made with pseudoephedrine hydrochloride by direct compression method. It has
been surprisingly observed that the granule size of the blend used to prepare this layer has a critical
value of 5-15 % cumulative retention on mesh #80, 10-25% cumulative retention on mesh #100 and
80-95% cumulative retention on mesh #200. The said pseudoephedrine granules from which second
discrete layer is made of has a LOD (loss on drying) in the range of 1.5 to 3.0% preferably 2.40%.

5

DETAILED DESCRIPTION OF THE INVENTION

The novel polymorphs of Fexofenadine are described below.

Novel Polymorph Form A of Fexofenadine

The Form A of Fexofenadine can be identified by the following characteristics:

- 10
- a visual melting point (capillary tube) in the range of about 218-224°C;
 - a melting endotherm at about 227-231°C as determined by differential scanning calorimetry;
 - and an X-ray powder diffraction pattern essentially as shown in the Table1.

Table 1: XRD data of Fexofenadine Hydrochloride Form A polymorph

D-Space, Angstroms	Intensity, I/I ₀ , %
d value	I / I ₀
23.11	51
11.50	44
8.29	79
7.03	28
6.67	48
6.16	50
6.02	24
5.75	23
5.43	75
5.33	52
5.07	100
4.69	27
4.63	32
4.44	66
4.20	52
4.15	55
4.07	38
3.55	21
3.44	20

15 **Novel Polymorph Form X of Fexofenadine**

The Form X of Fexofenadine can be identified by the following characteristics:

- a visual melting point (capillary tube) in the range of about 180-188°C;
- a melting endotherm at about 184-189°C as determined by differential scanning calorimetry;
- and an X-ray powder diffraction pattern essentially as shown in the Table 2.

20 **Table 2: XRD data of Fexofenadine Hydrochloride Form X polymorph**

D-Space, Angstroms	Intensity, I/I ₀ , %
d value	I / I ₀
16.05	78
12.98	65
8.29	62
8.06	27
6.25	46

6

5.97	29
5.54	100
5.41	38
4.89	69
4.70	97
4.55	92
4.37	23
4.32	33
4.15	22
4.03	58
3.80	43
3.67	34
3.57	33
3.42	35

5

The novel crystalline polymorphs of Fexofenadine and its hydrochloride exhibits advantages over the prior art because the novel crystalline Fexofenadine is of high purity wherein Meta isomer of Fexofenadine is at level below 0.1%.

10 Moreover, novel crystalline Fexofenadine is also prepared by a cost effective and environment friendly process, which avoids usage of mixture of solvents for recrystallization. Novel anhydrous crystalline polymorphs of Fexofenadine hydrochloride, which is obtained in almost quantitative yield from pure novel crystalline Fexofenadine. Novel anhydrous crystalline Fexofenadine hydrochloride is obtained directly from the novel crystalline Fexofenadine precursor. It is noteworthy to mention that both Fexofenadine and its hydrochloride obtained
15 are pure.

The details of the preparation of Fexofenadine polymorphs are described in Indian Patent Application No. 484/MAS/2001 dated June 18, 2001.

20

The particle size of the Form A and Form X is in the range of 12-18 microns, with not more than (NMT) 10% particles having size 5 microns, NMT 50% particles having size 20 microns, NMT 90% particles having size 50 microns. The mean particle size is 16.36 microns. The bulk density of the Fexofenadine hydrochloride polymorphs is in the range of 0.1-0.2 g/ml.

25

As used in this specification and in the appended claims the term "therapeutically effective amount of antihistaminic drug" means any drug selected from the group consisting of novel polymorph of Fexofenadine, Loratadine, Terfenadine, Cetrizine or a pharmaceutically accepted salts thereof, preferably novel polymorph of Fexofenadine, more preferably polymorph A or polymorph X of
30 Fexofenadine.

5 As used in this specification and in the appended claims the term “therapeutically effective amount of decongestant drug” means any drug selected from the group consisting of Pseudoephedrine, Phenylephrine, Phenylpropanolamine or a pharmaceutically accepted salts thereof, preferably Pseudoephedrine or pharmaceutically accepted salts thereof, more preferably Pseudoephedrine hydrochloride.

10

It is understood that a therapeutically effective amount of antihistaminic drug is present in Formulation (A), which provides immediate release of the drug/active ingredient, and, a therapeutically effective amount of decongestant drug is present in Formulation (B), which provides sustained release of the drug/active ingredient. As used herein, the term "sustained-release" refers to a property of the pharmaceutical composition wherein the absorption and bioavailability of the active medicament is maintained in a time-release pattern such that therapeutically effective amounts of the decongestant drug are bioavailable over an extended period of time. The term "immediate-release" refers to a property of the pharmaceutical composition wherein the entire dose of active medicament is made bioavailable without substantial delay.

20

As used in this specification and in the appended claims the term “sustained release compound” refers to the compounds selected from the group consisting of Kollidon SR (a mixture of 80% polyvinyl acetate, 19% povidone, 0.8% SLS and 0.2% colloidal silica), Sodium alginate, Xanthan gum, Carbopol, Chitosan, Ethyl cellulose, cellulose ethers, Methacrylic polymers such as Eudragit RL PO, Eudragit RS PO, and such like, which provides the sustained release of the active ingredient from the formulation. It is obvious to the person skilled in the art to replace Kollidon SR with a mixture of polyvinyl acetate and povidone. Such a mixture is also contemplated to be a substitute to Kollidon SR and are contemplated to be within the meaning of Kollidon SR in the appended claims. The active ingredient used in this specification means the one selected from decongestant and antihistaminic drugs as disclosed in this specification.

30

It is, of course, understood that Formulation (A) and Formulation (B) may contain any of the drug belonging to respective category as described above.

35 When a decongestant drug is present in Formulation (B) it is preferred that from about 10% to about 40% is present in Formulation (B), more preferably from about 25% to about 30% is present in Formulation (B). When an antihistaminic drug is present in Formulation (A) the amount depends on the drug incorporated.

5 As used herein and in the appended claims the term "one or more pharmaceutically accepted cellulose derivatives" refers to powdered cellulose, microcrystalline cellulose, "one or more pharmaceutically accepted starch derivatives" refers to corn starch, potato starch, starch 1500, powdered cellulose and such like. The corn starch and powdered cellulose are preferred as starch and cellulose derivatives respectively for the purpose of present invention. The disintegrants used in this specification and in
10 the appended claims are selected from the group consisting of sodium starch glycolate, sodium carboxymethylcellulose, crosslinked polyvinylpyrrolidone, crosscarmellose sodium and such like. The preferred disintegrant as used herein includes crosscarmellose sodium. As used herein and in the appended claims the term "one or more pharmaceutically accepted excipients" refers to commonly used pharmaceutical accepted glidants or lubricants. The preferred lubricants are talc and magnesium stearate and the preferred glidants are talc and colloidal silicon dioxide. The preferred polyols are
15 those selected from mannitol or xylitol.

As used in this specification and in the appended claims the term "suitable coating agent" means any of the commercially used tablet coating agents selected for the groups consisting of sucrose talc,
20 precipitated calcium carbonate, gelatin, acacia, carnauba wax, etc. The water soluble film-coating-material includes, for instance, various polymers such as hydroxypropylcellulose, polyethylene glycol, hydroxypropylmethylcellulose, hydroxyethylcellulose, methylhydroxyethylcellulose, etc.; a synthetic polymer such as polyvinylacetal diethylaminoacetate, aminoalkyl methacrylate copolymer E [EUDRAGIT E], polyvinylpyrrolidone, a polysaccharide such
25 as pullulan, etc.;

In a particularly preferred embodiment, with respect to antihistaminic drug, about 60 mg of novel polymorph of Fexofenadine (Form A or Form X) or a pharmaceutically accepted salt thereof, is present in Formulation (A) and about 120 mg of pseudoephedrine hydrochloride or a
30 pharmaceutically acceptable salt thereof, is present in Formulation (B).

The term Allegra-D refers to bilayered tablet commercially available by Aventis, which contains 60 mg Fexofenadine and 120 mg Pseudoephedrine hydrochloride. The term test tablet refers to the tablets prepared in accordance with the present invention.

35 **Dosage forms containing Fexofenadine hydrochloride novel polymorphs:**

The low solubility and physicochemical properties of Fexofenadine hydrochloride imposes the problem in formulation and bioavailability. Moreover, the polymeric conversion is most common still challenging aspect to the formulation scientists to ensure product quality and organoleptic properties. Therefore the selection of proper formulation technique is crucial to ensure better stability and

5 bioavailability of the final dosage form. Following techniques are robust enough to assure the product quality characteristic in routine manufacturing.

Bilayered tablet preparation:

10 The bilayered tablet of the present invention consists of two discreet layers comprising decongestant drug, Pseudoephedrine hydrochloride in Formulation (B) and antihistaminic drug, novel polymorph of Fexofenadine in Formulation (A). The composition and formulation of each layer is disclosed below.

EXAMPLE 1.

Step A: Formulation (A)

SN	Ingredients	Quantity mg/tablet	Percentage (%)
Wet mass preparation			
1	Fexofenadine hydrochloride Form X or Form A	60.00	20.00 %
2	Powered cellulose (Elcema P100)	55.00	18.33 %
3	Mannitol (Pearlitol SD 200)	26.00	8.67 %
4	Corn starch B-700	23.33	7.78 %
5	Crosscarmellose Sodium	12.00	4.00 %
6	Colloidal silicon dioxide	4.50	1.5 %
8	Iron oxide	1.50	0.5%
9	Isopropyl alcohol	qs	qs
Lubrication			
10	Powered cellulose (Elcema G250)	54.00	18.00%
11	Mannitol (Pearlitol DC 400)	26.67	8.89%
12	Corn starch B-700	20.33	6.78%
13	Crosscarmellose Sodium	12.00	4.00%
14	Colloidal silicon dioxide	1.67	0.56%
15	Magnesium stearate	3.00	1.00%
	Total	300.00	100%

15 Sift Fexofenadine hydrochloride (Form X/A), mannitol, powdered cellulose, crosscarmellose sodium and colloidal silicon dioxide through mesh #20 screen. Sift corn starch iron oxide red through mesh #80 screen. Mix the sifted material in rapid mixer granulator (RMG) for about 25 minutes. Mix the obtained dry mix from RMG with isopropyl alcohol to obtain desired wet mass. Dry the material in fluidized bed drier. Collect the mesh #24 (screen) oversize fraction after sifting the dried material and mill using 1.5 mm screen in comminuting mill. Sift powdered cellulose, mannitol and corn starch
20 through mesh #20 screen. Colloidal silicon dioxide, crosscarmellose and magnesium stearate are sifted through mesh #40 screen. Mix the sifted and milled Fexofenadine hydrochloride material with the above sifted material in double cone blender for about 15 minutes. The dried blend is then used for compressing into tablets.

5 **Step B: Formulation (B)**

SN	Ingredients	Quantity mg/tablet	Percentage (%)
1	Pseudoephedrine hydrochloride	120	30.00%
2	Kollidon- SR	270	67.5%
3	Magnesium stearate	4.5	1.13%
4	Colloidal silicon dioxide	5.5	1.37%
	Tablet weight	400 mg	100%

Sift Pseudoephedrine hydrochloride, Kollidon SR, colloidal silicon dioxide through #60 screen. Mix all the ingredients in a suitable blender for about 20 minutes. Sift magnesium stearate through mesh #40 screen and mix with above blend in a suitable blender for about 5 minutes. The blend thus prepared is used for compression into tablets.

Step C: Tablet Compression

The granulation prepared from Formulation (A) and Formulation (B) is pressed into a suitable tablet press for preparing conventional multi layer tablets. A bilayered tablet is prepared from Formulation (B) compressed first with a hardness of 2-4 kp (Vankel) and average weight of 380-420 mg followed by compression of Formulation (A) onto the first layer resulting in tablets with an average weight of 685-715 mg and hardness of 14-20 kp.

Step D: Aqueous Coating Suspension

The tablets prepared in step (C) is coated with a transparent coat comprising of HPMC and PEG 600/Triethyl citrate dispersion prepared in purified water with about 2-3% build-up by weight resulting in tablets with average weight of 710-730 mg.

Dissolution profile of Allegra-D vs Test Tablet

The dissolution of Fexofenadine from first discrete layer and Pseudoephedrine hydrochloride from second discrete zone is given in following Table.

Example 1.

Apparatus: USP-I (Basket), Media: 0.001N HCL, RPM: 100 RPM.

% Drug Release												
Fexofenadine Hydrochloride (Formulation A)				Pseudoephedrine Hydrochloride (Formulation B)								
	15 min	30 min	1 hr		15 min	30 min	1 hr	3 hrs	5 hrs	7 hrs	10 hrs	12 hrs
Allegra -D	86	93	101	Allegra -D	18	24	33	56	67	76	85	88
Test Tablets A	100	99	105	Test Tablets B	18	25	36	56	68	77	85	89

5 Test Tablet A: Contains Fexofenadine Form A/X

Test Tablet B: Contains Pseudoephedrine Hydrochloride

The present invention provides a dissolution profile comparable to Allegra-D.

PHARMACOKINETIC PROFILE

10 When the pharmacokinetic profile of the test product is compared with that of innovator's product (Allegra -D), the pharmacokinetic parameters (AUC, Cmax, Tmax) are found to be comparable (Least square mean ratio: Test: Reference is within 80% to 125%)

15 The controlled drug release of Pseudoephedrine hydrochloride over 12 hour post dosing has been similar in both the test and the reference formulations and the plasma concentration are above the minimum therapeutic level. (100 ng.ml)

Fexofenadine pharmacokinetic demonstrate a comparable immediate drug release profile for test and reference formulations.

20

In the preliminary clinical studies (Bioequivalence) there were no adverse drug reactions reported and both the formulations were without any serious side effects in the population tested. The details of the pharmacokinetic data obtained are presented below.

25 Pseudoephedrine hydrochloride:

	AUC ng.hr.ml ⁻¹ (n = 12)	Cmax ng.ml ⁻¹ (n = 12)
Test	5515.69 (35.57)	393.21 (24.75)
Allegra - D (Reference)	5164.44 (35.29)	400.51 (27.66)
Ratio of least square means (T/R) %	106.80 (38.37)	98.18 (15.30)

Fexofenadine hydrochloride:

	AUC ng.hr.ml ⁻¹	Cmax ng.ml ⁻¹ (n = 12)
Test	1862.27 (46.82)	300.11 (37.8)
Allegra-D (Reference)	1624.01 (66.70)	251.85 (50.2)
Ratio of least square means (T/R) %	114.67 (35.52)	119.17 (39.54)

5 **Stability Data of Test Tablets:**

The stability studies were carried out at 40°C and 75% relative humidity (40/75)

Assay

	Time			
	Initial	1 Month	2 Months	3 Months
Fexofenadine hydrochloride	110.7	103.8	103.5	113.1
Pseudoephedrine hydrochloride	97.6	94.8	94.3	93.9

Related substances

	Time			
	Initial	1 Month	2 Months	3 Months
Fexofenadine hydrochloride				
% Maximum individual Impurity	0.0602	0.0734	0.0375	0.035
% Total Impurity	0.2990	0.2965	0.2338	0.2533
Pseudoephedrine hydrochloride				
% Maximum individual Impurity	0.0509	0.0516	0.0416	.01910
% Total Impurity	0.2214	0.2314	0.2213	0.2743

10

Dissolution:

Fexofenadine hydrochloride	Time			
	Initial	1 Month	2 Months	3 months
60 minutes	93	97	99	100
Pseudoephedrine hydrochloride				
1 hr	37	30	28	26
2 hrs	63	49	43	42
5 hrs	79	65	56	56
12 hrs	103	90	85	90

5 **EXAMPLE 2.****Step A: Formulation (A)**

SN	Ingredients	Quantity mg/tablet
1	Fexofenadine hydrochloride Form A	60.00
2	Powered cellulose (Elcema G250)	108.00
3	Mannitol (Pearlitol DC 400)	54.00
4	Corn starch B-700	43.00
5	Colorant	1.50
6	Isopropyl alcohol	Q.S.
7	Crosscarmellose Sodium	24.00
8	Magnesium stearate	3.00
9	Colloidal silicon dioxide	6.50
	Tablet weight	300

The procedure is similar to that described in Example 1.

Step B: Formulation (B)

SN	Ingredients	Quantity mg/tablet
1	Pseudoephedrine hydrochloride	120
2	Kollidon- SR	270
3	Magnesium stearate	4.5
4	Colloidal silicon dioxide	5.5
	Tablet weight	400 mg

The procedure is similar to that described in Example 1.

10

The examples are explanatory only and should not be construed to limit the scope of the invention in any way. Many modifications are obvious to those skilled in the art and are contemplated to be within the scope of the appended claims.

In the claims which follow and in the preceding description of the invention, except where the context requires otherwise due to express language or necessary implication, the word "comprise" or variations such as "comprises" or "comprising" is used in an inclusive sense, i.e. to specify the presence of the stated features but not to preclude the presence or addition of further features in various embodiments of the invention

It is to be understood that a reference herein to a prior art document does not constitute an admission that the document forms part of the common general knowledge in the art in Australia or in any other country.

THE CLAIMS DEFINING THE INVENTION ARE AS FOLLOWS:

1. A solid pharmaceutical composition comprising:
5
(i) a first discrete zone comprising: an antihistamine drug; a cellulose derivative; a starch derivative; a polyol; a disintegrant; and a pharmaceutically acceptable glidant or lubricant; and
(ii) a second discrete zone comprising: Pseudoephedrine or a salt thereof; a sustained
10 release compound; and a pharmaceutically acceptable glidant or lubricant; wherein the sustained release compound comprises polyvinyl acetate; and povidone and/or povidone based matrix retarding agent.
2. A solid pharmaceutical composition according to claim 1, wherein the sustained release
15 compound is a mixture of 80% polyvinyl acetate, 19% povidone, 0.8% Sodium Lauryl Sulphate (SLS), and 0.2% colloidal silica.
3. A solid pharmaceutical composition according to claim 1 or 2, wherein the discrete
zones are present as layers.
20
4. A solid pharmaceutical composition according to any of claims 1 to 3, wherein the
antihistamine drug comprises Fexofenadine.
5. A solid pharmaceutical composition according to any preceding claim, wherein the first
25 discrete zone comprises the antihistamine drug, cellulose, mannitol, starch, croscarmellose sodium, silicon dioxide, and a lubricant.
6. A solid pharmaceutical composition according to any preceding claim, wherein the
second discrete zone comprises Pseudoephedrine or salt thereof, silicon dioxide, a lubricant,
30 and a sustained release compound which is a mixture of 80% polyvinyl acetate, 19% povidone, 0.8% Sodium Lauryl Sulphate (SLS), and 0.2% colloidal silica.
7. A solid pharmaceutical composition according to any preceding claim, having been
formed by compressing the mixed second discrete zone components, and compressing the
35 mixed first discrete zone components, in a sequential manner.
8. The solid pharmaceutical composition of claim 7, having been formed by compressing

the mixed second discrete zone components, and then compressing the mixed first discrete zone components.

9. The pharmaceutical composition of claim 1, substantially as herein described with
5 reference to Example 1 or Example 2.