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2024	Q1	Q2	Q3	Q4

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	January										Febr	uary	<i>7</i>							Ma	rch			
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17	22	23	24	25	26	27	28	21	20	21	22	23	24	25	26		25	17	18	19	20	21	22	23
18	29	30						22	27	28	29	30	31				26	24	25	26	27	28	29	30
			Ju	ıly							Aug	gust							S	epte	embe	er		
W	Μ	Т	W	Т	F	S	S	W	M	Т	W	Т	F	S	S	_	W	M	Т	W	Т	F	S	S
27	1	2	3	4	5	6	7	31				1	2	3	4	_	35							1
28	8	9	10	11	12	13	14	32	5	6	7	8	9	10	11		36	2	3	4	5	6	7	8
29	15	16	17	18	19	20	21	33	12	13	14	15	16	17	18		37	9	10	11	12	13	14	15
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42	14	15	16	17	18	19	20	46	11	12	13	14	15	16	17		50	9	10	11	12	13	14	15
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Notes

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13	25	26	27	28	29	30	31
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20	24	Q	1	$\mathbf{Q2}$	C)3	Q4	Notes
			Ap	ril				
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21	20	21	22	23	24	25	26	
22	27	28	29	30	31			
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22						1	2	
23			5				9	
24			12					
25			19					
26	24	25	26	27	28	29	30	

20	24	Q	1	Q2	Ç	23	Q4
			Jυ	ıly			
W	M	Т	W	Т	F	S	
27	1	2	3	4	5	6	7
28	8	9	10	11	12	13	14
29	15	16	17	18	19	20	21
30	22	23	24	25	26	27	28
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			Aug	gust			
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31				1	2	3	4
32	5	6	7	8	9	10	11
33	12	13	14	15	16	17	18
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				19			
		24	25	26	27	28	29
40	30						

20	24	Q	1	Q2	Q	3	$\mathbf{Q4}$
			Oct	ober			
W	M		W	Т	F	S	
40		1	2	3	4	5	6
41	7	8	9	10	11	12	13
42	14	15	16	17	18	19	20
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50				12			
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2024 Q1 January February

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Week 1	1	2	3	4	5	6	
Week 2	8	9	10	11	12	13	14
Week 3	15	16	17	18	19	20	21
Week 4	22	23	24	25	26	27	28
Week 5	29	30	31				
Not	tes			Notes			

2024 Q2 April March May Monday Wednesday Thursday Friday Saturday Sunday Tuesday Week 14 Week 17 Week 18

Notes	Notes

	Monday	Tuesday	Wednesday	Thunder	Friday	Saturday	Sunday
	Monday	Tuesday		Thursday			
Week 18			1	2	3	4	5
Week 19	6	7	8	9	10	11	12
Week 20	13	14	15	16	17	18	19
Week 21	20	21	22	23	24	25	26
Week 22	27	28	29	30	31		
Not	tes			Notes			

20	024	Q3	August				July	September
	N	Ionday	Tuesday	Wednesday	Thursda	ay Friday	Saturday	Sunday
Week 31					1	2	3	4
Week 32	5		6	7	8	9	10	11
Week 33	12		13	14	15	16	17	18
Week 34	19		20	21	22	23	24	25
Week 35	26		27	28	29	30	31	
Not	es				Note	es		

2	024	Q3	September					Augi	ıst	October
	M	onday	Tuesday	Wednesday	Th	ursday	Friday	Saturday		Sunday
Week 35									1]
Week 36	2		3	4	5		6	7	8	
Week 37	9		10	11	12		13	14	15]
Week 38	16		17	18	19		20	21	22	
Week 39	23		24	25	26		27	28	29]
Week 40	30									
Not	tes					Notes				

20	024	Q4	October				September	November
	M	onday	Tuesday	Wednesday	Thursda	y Friday	Saturday	Sunday
Week 40			1	2	3	4	5	6
Week 41	7		8	9	10	11	12	13
Week 42	14		15	16	17	18	19	20
Week 43	21		22	23	24	25	26	27
Week 44	28		29	30	31			
Not	tes				Note	S		

2	024	Q4	November					October	December
	M	onday	Tuesday	Wednesday	Tł	nursday	Friday	Saturday	Sunday
Week 44							1	2	3
Week 45	4		5	6	7		8	9	10
Week 46	11		12	13	14		15	16	17
Week 47	18		19	20	21		22	23	24
Week 48	25		26	27	28		29	30	
No	tes			•		Notes		•	
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2024 Q4 December November

	Mono	lav T	uesday	Wednesday	Thursday	Friday	Saturday	Sunday
	MOHO	iay 1	uesuay	wednesday	Thursday	Filday	Daturday	1
Week 48								
Week 49	2	3		4	5	6	7	8
Week 50	9	10		11	12	13	14	15
Week 51	16	17		18	19	20	21	22
Week 52	23	24		25	26	27	28	29
Week 1	30	31						
Not	es	,			Notes			

Notes	Notes

2024 Q1 January	y Week 1	Week 2
1, Monday	2, Tuesday	3, Wednesday
4, Thursday	5, Friday	6, Saturday
7, Sunday	Notes	

2024 Q1 January		
s, Monday	9, Tuesday	10, Wednesday
1, Thursday	12, Friday	13, Saturday
4, Sunday	Notes	

15, Monday 16, Tuesday 17, Wednesday 18, Thursday 19, Friday 20, Saturday 21, Sunday Notes	2024 Q1 January V	Veek 3	Week 2 Week 4
21, Sunday Notes	15, Monday	16, Tuesday	17, Wednesday
21, Sunday Notes			
	18, Thursday	19, Friday	20, Saturday
	21, Sunday	Notes	

2024 Q1 Januar	ry Week 4	Week 3 Week 5
22, Monday	23, Tuesday	24, Wednesday
25, Thursday	26, Friday	
20, Haisaay	20, 11144	21, saturday
28, Sunday	Notes	

29, Monday	30, Tuesday	31, Wednesday
, Thursday	2, Friday	3, Saturday
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, Sunday	Notes	

2024 Q1 February	Week 6	Week 5 Week 7
5, Monday	6, Tuesday	7, Wednesday
8, Thursday	9, Friday	10, Saturday
11, Sunday	Notes	

2024 Q1 Februa		Week 6 Week 8
2, Monday	13, Tuesday	14, Wednesday
5, Thursday	16, Friday	17, Saturday
o	N 4	
8, Sunday	Notes	

2024	Q1	February	Week 8	Week 7 Week 9
19, Mon	day		20, Tuesday	21, Wednesday
22, Thu	rsday		23, Friday	24, Saturday
25, Suno	lav		Notes	

	ary / March Week 9	Week 8 Week 10
26, Monday	27, Tuesday	28, Wednesday
29, Thursday	1, Friday	2, Saturday
		·
3, Sunday	Notes	

2024	Q1	March	Week	: 10		Week 9	Week 11
4, Mond	ay			5, Tuesday	6, W	Vednesday	
7, Thurs	sday			8, Friday	9, Sa	aturday	
				-			
10, Suno	lay			Notes			

2024	Q1	March	Week	: 11		Week 10	Week 12
11, Mon	day			12, Tuesday	13, Wed	nesday	
14, Thu	rsday			15, Friday	16, Satu	rday	
17, Suno	lay			Notes			

2024	Q1	March	Week	: 12		Week 11	Week 13
18, Mon	day	•		19, Tuesday	20, We	dnesday	
21, Thu	rsday			22, Friday	23, Sat	urday	
24, Suno	lay			Notes			

2024	Q1	March	Week	13		Week 12	Week 14
25, Mon	day			26, Tuesday	27, W	ednesday	
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28, Thu	rsday			29, Friday	30, Sa	turday	
31, Suno	lay			Notes			

2024 Q2 April W	Veek 14	Week 13 Week 15
1, Monday	2, Tuesday	3, Wednesday
4, Thursday	5, Friday	6, Saturday
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7, Sunday		

2024 Q2 April	Week 15	Week 14 Week 16
8, Monday	9, Tuesday	10, Wednesday
11, Thursday	12, Friday	13, Saturday
14, Sunday	Notes	

2024 Q2 April W	еек 10	Week 15 Week 17
15, Monday	16, Tuesday	17, Wednesday
18, Thursday	19, Friday	20, Saturday
21, Sunday	Notes	

2024 Q2 April V		Week 16 Week 18
22, Monday	23, Tuesday	24, Wednesday
25, Thursday	26, Friday	27, Saturday
28, Sunday	Notes	

2024	Q2	April / May	Week 18	Week 17 Week 19
29, Mon	day		30, Tuesday	1, Wednesday
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2, Thurs	day		3, Friday	4, Saturday
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			-	
5, Sunda	ay		Notes	
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2024 Q2 May V	Week 19	Week 18 Week 20
6, Monday	7, Tuesday	8, Wednesday
9, Thursday	10, Friday	11, Saturday
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12, Sunday	Notes	

2024 Q2 May W	Veek 20	Week 19 Week 21
13, Monday	14, Tuesday	15, Wednesday
16, Thursday	17, Friday	18, Saturday
19, Sunday	Notes	

2024 Q2 May W	eek 21	Week 20 Week 22
20, Monday	21, Tuesday	22, Wednesday
23, Thursday	24, Friday	25, Saturday
26, Sunday	Notes	
20, 2411449		

\mid 2024 \mid Q2 \mid May / June	Week 22	Week 21 Week 23
27, Monday	28, Tuesday	29, Wednesday
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30, Thursday	31, Friday	1, Saturday
2, Sunday	Notes	

2024 Q2 Ju	me Week 23	Week 22 Week 24
3, Monday	4, Tuesday	5, Wednesday
6, Thursday	7, Friday	8, Saturday
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9, Sunday	Notes	

2024 Q2 June We	eek 24	Week 23 Week 25
10, Monday	11, Tuesday	12, Wednesday
13, Thursday	 14, Friday	
13, Thursday	14, 11day	15, Saturday
16, Sunday	Notes	

2024	Q2	June	Week	25		Week 24	Week 26
17, Monday				18, Tuesday	19, Wed	lnesday	
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20, Thu	rsday			21, Friday	22, Satu	ırday	
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23, Suno	1ay			Notes			
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2024 Q2 June V	Veek 26	Week 25 Week 27
24, Monday	25, Tuesday	26, Wednesday
27, Thursday	28, Friday	
30, Sunday	Notes	

2024 Q3 July V	Veek 27	Week 26 Week 28
1, Monday	2, Tuesday	3, Wednesday
4, Thursday	5, Friday	6, Saturday
7, Sunday	Notes	

2024	Q3	July	Week	28	Week 27	Week 29
8, Monday		9, Tuesday	10, Wednesday			
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11, Thu	reday					
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14, Suno	lav			Notes		
11, 2411						
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2024 Q3 July V	Veek 29	Week 28 Week 30
15, Monday	16, Tuesday	17, Wednesday
18, Thursday	19, Friday	20, Saturday
21, Sunday	Notes	

2024	Q3	July	Week 3	30		Week 29	Week 31
22, Monday			23, Tuesday	24, Wedne	esday		
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25, Thu	rsday			26, Friday	27, Sature	1ay	
28, Suno	day			Notes			
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2024	Q3	July / August	Week 31		Week 30	Week 32
29, Monday			30, Tuesday	31, Wedi	nesday	
1, Thurs	day		2, Friday	3, Sature	lay	
4, Sunda	ıy		Notes			

2024	Q3	August	Week 32	Week 31 Week 33
5, Monday			6, Tuesday	7, Wednesday
8, Thurs	sday		9, Friday	10, Saturday
11, Sun	day		Notes	

2024	Q3	August	Week 33	Week 32 Week 3-
12, Monday			13, Tuesday	14, Wednesday
15, Thu	rsday		16, Friday	17, Saturday
18, Suno	lay		Notes	

2024 Q3 August	Week 34	Week 33 Week 35
19, Monday	20, Tuesday	21, Wednesday
22, Thursday	23, Friday	24, Saturday
25, Sunday	Notes	

26, Monday	27, Tuesday	28, Wednesday
		
9, Thursday	30, Friday	31, Saturday
, Sunday	Notes	

2024	Q3	September	Week 36	Week 35 Week 37
2, Monday			3, Tuesday	4, Wednesday
			_	
5, Thurs	day		6, Friday	7, Saturday
8, Sunda	137		Notes	
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2024 Q3 Septemb	ber Week 37	Week 36 Week 38
9, Monday	10, Tuesday	11, Wednesday
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12, Thursday	13, Friday	14, Saturday
15, Sunday	Notes	

2024 Q3 Septe	ember Week 38	Week 37 Week 39
16, Monday	17, Tuesday	18, Wednesday
10 70		
19, Thursday	20, Friday	21, Saturday
22, Sunday	Notes	

2024 Q3 Sep	ptember Week 39	Week 38 Week 40
23, Monday	24, Tuesday	25, Wednesday
26, Thursday	27, Friday	28, Saturday
29, Sunday	Notes	

2024	Q3 / Q4	September / October	Week 40	Week 39	Week 41
30, Mon	day	1, Tuesday		2, Wednesday	
3, Thurs	sday	4, Friday		5, Saturday	
6, Sunda	ay	Notes			

2024 Q4 Oct	sober Week 41	Week 40 Week 42
7, Monday	8, Tuesday	9, Wednesday
10, Thursday	11, Friday	12, Saturday
13, Sunday	Notes Notes	

2024 Q4 Octobe	er Week 42	Week 41 Week 43
14, Monday	15, Tuesday	16, Wednesday
17, Thursday	18, Friday	19, Saturday
20, Sunday	Notes	

2024 Q4 Octobe		Week 42 Week 44
21, Monday	22, Tuesday	23, Wednesday
24, Thursday	25, Friday	26, Saturday
27, Sunday	Notes	
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28, Monday	29, Tuesday	30, Wednesday
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1, Thursday	1, Friday	2, Saturday
C 1	N-4	
, Sunday	Notes	

2024	Q4	Novemb	er We	ek 45	 	Week 44	Week 46
4, Mond	lay			5, Tuesday	6, Wednes	day	
7, Thurs	sday		8	8, Friday	 9, Saturda	У	
10, Sun	day			Notes			

2024 Q4 Novem	ber Week 46	Week 45 Week 47
11, Monday	12, Tuesday	13, Wednesday
14, Thursday		
17, Sunday	Notes	

2024	Q4	November	Week 47	Week 46 Week 48
18, Mon	day		19, Tuesday	20, Wednesday
21, Thu	sday		22, Friday	23, Saturday
24, Suno	lay		Notes	

25, Monday	26, Tuesday	27, Wednesday
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, Sunday	Notes	

2024	Q4	De	cemb	er	Week	49				Week	48	Week 50
2, Monday	y			·	3, T	luesday		4, W	ednes	day		
5, Thursd	ay				6, F	riday		7, Sa	turda	ıy		
8, Sunday					<u>Not</u>	es	 					

2024 Q4 Decem	ber Week 50	Week 49 Week 51
9, Monday	10, Tuesday	11, Wednesday
12, Thursday	13, Friday	14, Saturday
15, Sunday	Notes	
		

2024 Q4 Decem	ber Week 51	Week 50 Week 52
16, Monday	17, Tuesday	18, Wednesday
19, Thursday	20, Friday	21, Saturday
22, Sunday	Notes	
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2024 Q4 December		Week 51 Week 3
3, Monday	24, Tuesday	25, Wednesday
		-
6, Thursday	27, Friday	28, Saturday
9, Sunday	Notes	

2024 Q4 December	Week 1	Week 52
30, Monday	31, Tuesday	1, Wednesday
2, Thursday	3, Friday	4, Saturday
5, Sunday	Notes	

2024	Q1	January	Week 1	Monday, 1		Tue, 2
Schedule	9		Top	priorities		
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		Notes More	Reflect	All notes
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11 PM				

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Schedule		Top priorities		
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10 PM				
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11 PM							

Schedule Top priorities 7 AM	2024 Q1 Jan	nuary Week 1 Friday, 5		Thu, 4 Sat, 6
8 AM	Schedule	Top priorities		· ·
8 AM	7 AM			
9 AM				
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Notes More Reflect All notes				
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3 PM 4 PM 5 PM 6 PM 7 PM 8 PM 9 PM				
4 PM 5 PM 6 PM 7 PM 8 PM 9 PM 10 PM	2 PM			
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5 PM 6 PM 7 PM 8 PM 9 PM	3 PM			
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7 PM 8 PM 9 PM 10 PM	5 PM			
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2024 Q1 January W	eek 1 Saturday, 6		Fri, 5 Sun, 7
Schedule	Top priorities		
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2 DM							
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3 FM							
6 PM							
7 PM							
8 PM							
9 PM							
9 1 W							
10 PM							
11 PM							

2024	Q4	December	Week 50	Sunday, 15		Sat, 14	Mon, 16
Schedule	e		Top pric	orities			
7 AM							
8 AM							
9 AM							
10 AM							
11 AM							
			Notes	More	Reflect		All notes
12 PM							
1 PM							
2 PM							
9 DM							
3 PM							
4 PM							
4 1 1/1							
5 PM							
6 PM							
7 PM							
8 PM							
9 PM							
10 PM							
11 PM							

2024	Q4	December	Week 51	Monday, 16		Sun, 15 Tue, 1				
Schedule	e		Top pri	Top priorities						
7 AM										
8 AM										
9 AM										
10 AM										
11 AM			Notes	More	Reflect	All note				
12 PM										
1 PM										
1 F IVI										
2 PM										
3 PM										
4 DM										
4 PM										
5 PM										
6 PM										
011/1										
7 PM										
8 PM										
9 PM										
0 1 111										
10 PM										
11 PM										

2024	Q4	December	Week 51 T	Tuesday, 17		Mon, 16	Wed, 18
Schedule	е		Top priorit	ies			
7 AM							
8 AM							
9 AM							
10 AM							
11 AM							
			Notes Mo	ore	Reflect		All notes
12 PM							
1 PM							
2 PM							
3 PM							
4 PM							
5 PM							
6 PM							
7 PM							
8 PM							
9 PM							
10 DM							
10 PM							
11 DM							
11 PM							

2024	Q4	December	Week 51	Wednesday, 18		Tue, 17	Thu, 19
Schedule	9		Top pric	orities			
7 AM							
8 AM							
9 AM							
10 AM							
11 AM							
			Notes	More	Reflect		All notes
12 PM							
1 PM							
2 PM							
3 PM							
4 PM							
5 PM							
C DM							
6 PM							
7 PM							
/ FM							
8 PM							
0 1 W							
9 PM							
<i>3</i> 1 W							
10 PM							
11 PM							

2024	Q4	December	Week 51	Thursday, 19		Wed, 18 Fri	i, 20
Schedule	е		Top pri	orities		'	
7 AM							
8 AM							
9 AM							
10 AM							
11 AM			Notes	More	Reflect	All r	notes
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1 DM							
1 PM							
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3 PM							
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- D) (
5 PM							
6 PM							
7 PM							
8 PM							
9 PM							
10 PM							
10 L M							
11 PM							

2024	Q4	December	Week 51	Friday, 20		Thu, 19	Sat, 21
Schedule	e		Top pri	orities			·
7 AM							
8 AM							
9 AM							
10 AM							
11 AM			Notes	More	Reflect		All notes
12 PM							
1 PM							
1 1 1/1							
2 PM							
3 PM							
4 PM							
5 PM							
6 PM							
7 PM							
8 PM							
9 PM							
10 PM							
10 1 101							
11 PM							

2024	Q4	December	Week 51	Saturday, 21		Fri, 20 Sun, 2
Schedule	9		Top pri	orities		1
7 AM						
8 AM						
9 AM						
10 AM						
11 AM			Notes	More	Reflect	All note
12 PM						
1 DM						
1 PM						
2 PM						
3 PM						
4 PM						
5 PM						
6 PM						
7 PM						
8 PM						
9 PM						
10 PM						
11 DM						
11 PM						

Q4	December	Week 51	Sunday, 22		Sat, 21	Mon, 23
:		Top pric	orities			
		Notes	More	Reflect		All notes
	Q4		Top price	Top priorities	Top priorities	

2024	Q4	December	Week 52	Monday, 23		Sun, 22	Tue, 24
Schedule	е		Top pric	orities			
7 AM							
8 AM							
9 AM							
10 AM							
11 AM							
			Notes	More	Reflect		All notes
12 PM							
1 PM							
2 PM							
3 PM							
4 PM							
5 PM							
6 PM							
7 PM							
8 PM							
9 PM							
10 PM							
11 PM							

2024	Q4	December	Week 52	Tuesday, 24		Mon, 23	Wed, 25
Schedule	e		Top price	orities			
7 AM							
8 AM							
9 AM							
10 AM							
11 AM							
			Notes	More	Reflect		All notes
12 PM							
1 PM							
2 PM							
3 PM							
4 PM							
5 PM							
6 PM							
7 PM							
8 PM							
9 PM							
10 53.5							
10 PM							
11 DV							
11 PM							

2024	Q4	December	Week 52	Wednesday, 25		Tue, 24	Thu, 26
Schedule	9		Top pric	orities			
7 AM							
8 AM							
9 AM							
10 AM							
11 AM							
			Notes	More	Reflect		All notes
12 PM							
1 PM							
2 PM							
3 PM							
4 PM							
5 PM							
C DM							
6 PM							
7 PM							
/ FM							
8 PM							
0 1 W							
9 PM							
<i>3</i> 1 W							
10 PM							
11 PM							

2024	Q4	December	Week 52	Thursday, 26		Wed, 25	Fri, 27
Schedule	e		Top pric	orities			
7 AM							
8 AM							
9 AM							
10 AM							
11 AM							
			Notes	More	Reflect		All notes
12 PM							
1 PM							
$2~\mathrm{PM}$							
3 PM							
4 PM							
5 PM							
6 PM							
7 PM							
8 PM							
9 PM							
10 PM							
11 PM							

2024 Q4 December	Week 52 Friday, 27	T	hu, 26 Sat, 28
Schedule	Top priorities		
7 AM			
8 AM			
9 AM			
10 AM			
11 AM	Notes More	Reflect	All notes
12 PM			
1 PM			
2 PM			
3 PM			
4 PM			
5 PM			
6 PM			
7 PM			
8 PM			
9 PM			
10 PM			
11 PM			

2024	Q4	December	Week 52	Saturday, 28		Fri, 27	Sun, 29
Schedule	9		Top pri	orities			
7 AM							
8 AM							
9 AM							
10 AM							
11 AM			Notes	More	Reflect		All notes
12 PM							
1 PM							
2 PM							
3 PM							
4 PM							
5 PM							
6 PM							
7 PM							
8 PM							
9 PM							
10 PM							
11 PM							

2024 Q4 D	ecember We	eek 52	Sunday, 29		Sat, 28	Mon, 30
Schedule		Top prio	rities			
7 AM						
8 AM						
9 AM						
10 AM						
11 AM						
		Notes 1	More	Reflect		All notes
12 PM						
1 PM						
2 PM						
3 PM						
4 PM						
5 PM						
c DM						
6 PM						
7 DM						
7 PM						
. DM						
8 PM						
9 PM						
3 F IVI						
10 PM						
10 1 101						
11 PM						
11 1 101						

2024	Q4	December	Week 1	Monday, 30		Sun, 29	Tue, 31
Schedule)		Top pr	riorities			
7 AM							
8 AM							
9 AM							
10.435							
10 AM							
11 AM							
			Notes	More	Reflect		All notes
12 PM							
1 PM							
2 PM							
9 DM							
3 PM							
4 PM							
5 PM							
6 PM							
7 PM							
8 PM							
0 DM							
9 PM							
10 PM							
11 PM							

2024 Q4	December	Week 1	Tuesday, 31		Mon, 30
Schedule		Top pr	riorities		
7 AM					
8 AM					
9 AM					
10 AM					
10 AM					
11 AM					
		Notes	More	Reflect	All notes
12 PM					
1 PM					
2 PM					
3 PM					
3 1 W					
4 PM					
5 PM					
6 PM					
7 PM					
0.704					
8 PM					
9 PM					
<i>3</i> 1 W					
10 PM					
11 PM					

2024	Q1	January	Week 1	Monday, 1	Reflect	Т	ue, 2
Things 1	'm gra	teful for					
The bes	t thing	that happen	ed today				
Daily lo	or.						
	5						

2024	Q1	January	Week 1	Tuesday, 2	Reflect	Mon, 1	Wed, 3
Things 1	I'm gra	teful for					
The bes	t thing	that happen	ed today				
Daily lo	g						
	0						

2024	Q1	January	Week 1	Wednesday, 3	Reflect	Tue, 2	Thu, 4
Things I	'm gra	teful for					
Γhe best	thing	that happen	ed today				
Daily log							

2024	Q1	January	Week 1	Thursday, 4	Reflect	Wed, 3	Fri, 5
Things 1	I'm gra	teful for					
The bes	t thing	that happen	ed today				
Daily lo	g						
	<u> </u>						

2024	Q1	January	Week 1	Friday, 5	Reflect	Thu, 4	Sat, 6
Things 1	'm gra	teful for					
The bes	t thing	that happen	ed today				
Daily lo	or .						
	5						

2024	Q1	January	Week 1	Saturday, 6	Reflect	Fri, 5	Sun, 7
Things l	'm gra	teful for		•			·
The bes	t thing	that happen	ed today				
Daily lo							

2024	Q1	January	Week 1	Sunday, 7	Reflect	Sat, 6	Mon, 8
Things I	'm gra	teful for					
The best	thing	that happen	ed today				
Daily log	g						

2024	Q1	January	Week 2	Monday, 8	Reflect	Sun, 7	Tue, 9
Things I	m gra	teful for					_
The best	thing	that happen	ed today				
	***************************************	that happen	- Car today				
Daily log	,						

2024	Q1	January	Week 2	Tuesday, 9	Reflect	Mon, 8	Wed, 10
Things 1	I'm gra	teful for					
	ngs I'm grateful for e best thing that happened today						
	best thing that happened today						
The bes	t thing	that happen	ed today				
Daily lo	g						
	0						

The best thing that happened today Daily log	2024	Q1	January	Week 2	Wednesday, 10	Reflect	Tue, 9	Thu, 11
	Things 1	'm gra	teful for					
Daily log	The bes	t thing	that happen	ed today				
Daily log								
Daily log								
Daily log								
	Doily lo	or.						
		<u> </u>						
	-							
	-							

2024	Q1	January	Week 2	Thursday, 11	Reflect	Wed, 10	Fri, 12
Things	I'm gra	teful for					
The bes	st thing	that happen	ed today				
Daily lo							
	g ——						

2024	Q1	January	Week 2	Friday, 12	Reflect	Thu, 11	Sat, 13
Things I	'm gra	teful for					
The hest	thing	that happen	ed today				
THE DES	uning	тпат парреп	ed today				
Daily lo	g						

2024	Q1	January	Week 2	Saturday, 13	Reflect	F	ri, 12	Sun, 14
Things I	'm gra	teful for						
Γhe best	thing	that happen	ed today					
Daily log								

2024	Q1	January	Week 2	Sunday, 14	Reflect	Sat, 13	Mon, 15
Things I	m gra	teful for					
The best	thing	that happen	ed today				
Daily log							

Things I'm grateful for The best thing that happened today Daily log	2024	Q1 Janua	ry Week 3	Monday, 15	Reflect	Sun, 14	Tue, 16
	Γhings I'm	grateful for	·				
Daily log	The best th	ning that hap	ppened today				
Daily log							
Daily log							
Daily log							
	aily log						

2024	Q1	January	Week 3	Tuesday, 16	Reflect	Mon,	15 Wed, 17
Things 1	'm gra	teful for					
The bes	t thing	that happen	ed today				
110 000		that happen	ea today				
Daily lo	g						

2024	Q1	January	Week 3	Wednesday, 17	Reflect	Tue, 16	Thu, 18
Things 1	'm gra	teful for					
The bes	t thing	that happen	ed today				
Daily lo	g						
-							

2024	Q1	January	Week 3	Thursday, 18	Reflect	Wed, 17	Fri, 19
Things 1	I'm gra	ateful for					_
The bes	t thing	that happen	ed today				
Daily lo	or.						
	<u> </u>						

2024	Q1	January	Week 3	Friday, 19	Reflect	Thu, 18	Sat, 20
Things I	'm gra	teful for					
The best	thing	that happen	ed today				
Daily log	S						

2024	Q1	January	Week 3	Saturday, 20	Reflect	Fri, 19	Sun, 21
Things 1	l'm gra	teful for					
The bes	t thing	that happen	ed today				
Daily lo	g						
-							

2024	Q1	January	Week 3	Sunday, 21	Reflect	Sat, 20	Mon, 22
Things I	'm gra	teful for					
The best	thing	that happen	ed today				
Daily log	g						

2024	Q1	January	Week 4	Monday, 22	Reflect	Sun, 21	Tue, 23
Things I	'm gra	teful for					
The best	thing	that happen	ed today				
Daily log	g						

2024	Q1	January	Week 4	Tuesday, 23	Reflect	Mon, 22	Wed, 24
Things	l'm gra	teful for					
The bes	t thing	that happen	ed today				
Daily lo	g.						
	<u> </u>						

2024	Q1	January	Week 4	Wednesday, 24	Reflect	Tue, 23	Thu, 25
Things I	'm gra	teful for					
The best	thing	that happen	ed today				
Daily log	<u> </u>						

The best thing that happened today Daily log	2024	Q1	January	Week 4	Thursday, 25	Reflect	W	ed, 24	Fri, 26
	Things I	'm gra	teful for						
	The hest	thing	that happen	ed today					
Daily log			That happen	- Car today					
Daily log									
Daily log									
Daily log									
	Daily log	S							

2024	Q1	January	Week 4	Friday, 26	Reflect	Thu, 25	Sat, 27
Things 1	'm gra	teful for					
The bes	t thing	that happen	ed today				
Daily lo	o						
Daily 10;	5						

2024	Q1	January	Week 4	Saturday, 27	Reflect	Fri, 26	Sun, 28
Things I	'm gra	teful for				 	
	2024 Q1 January Week 4 Saturday, 27 Reflect Fri, 26 Sun Things I'm grateful for The best thing that happened today Daily log						
	1 .	41 4 1	1, 1				
Ine bes	t tning	tnat nappen	ed today				
Daily lo	g						

2024	Q1	January	Week 4	Sunday, 28	Reflect	Sat, 27	Mon, 29
Things I	'm gra	teful for					
The best	thing	that happen	ed today				
Daily log	g						
_						 	

2024	Q1	January	Week 5	Monday, 29	Reflect	Sun, 28	Tue, 30
Things I	'm gra	teful for					
The best	thing	that happen	ed today				
Daily log	g						

2024	Q1	January	Week 5	Tuesday, 30	Reflect	Mon, 29	Wed, 31
Things 1	I'm gra	teful for					
The bes	t thing	that happen	ed today				
Daily lo	σ						
	8						

2024	Q1	January	Week 5	Wednesday, 31	Reflect	Tue, 30	Thu, 1
Things 1	'm gra	teful for					
The hes	t thing	that happen	ed today				
		, that happen	ica today				
Daily lo	g						

2024	Q1	February	Week 5	Thursday, 1	Reflect	Wed, 31	Fri, 2
Things 1	'm gra	teful for					
	1 .	41 4 1	1 . 1				
The bes	t tning	that happene	ed today				
Daily lo	g						

2024	Q1	February	Week 5	Friday, 2	Reflect	ı	Thu, 1	Sat, 3
Things l	'm gra	teful for						
The bee	t thing	that happene	d today					
. He bes	t tilling	тнат паррене	d today					
Daily lo	g							

2024	Q1	February	Week 5	Saturday, 3	Reflect	Fri, 2	Sun, 4
Things 1	'm gra	teful for					
The bear	4 4 b i m m	that hammana	d todou				
The bes	t tilling	that happene	d today				
Daily lo	g						

2024	Q1	February	Week 5	Sunday, 4	Reflect	 Sat, 3	Mon, 5
Things 1	I'm gra	teful for					
The bes	t thing	that happene	ed today				
	* *8						
Daily lo	g						

2024	Q1	February	Week 6	Monday, 5	Reflect	Sun, 4	Tue, 6
Things 1	l'm gra	teful for					
The bes	t thing	that happene	d today				
	log						
Daily lo	g						

2024	Q1	February	Week 6	Tuesday, 6	Reflect	Mon, 5	Wed, 7
Things 1	'm gra	teful for					
The best	t thing	that happene	d today				
Daily lo	<u> </u>						

Things I'm grateful for The best thing that happened today Daily log	2024	Q1	February	Week 6	Wednesday, 7	Reflect	Tue, 6	Thu, 8
	Things 1	'm gra	teful for					
Daily log	The bes	t thing	that happene	d today				
Daily log								
Daily log								
Daily log								
	Daily lo	g						

2024	Q1	February	Week 6	Thursday, 8	Reflect	Wed, 7	Fri, 9
Things I	'm gra	teful for					
The best	thing	that happene	d today				
	8						
D :1 1							
Daily log	<u> </u>						
	e best thing that happened today illy log						

2024	Q1	February	Week 6	Friday, 9	Reflect	Thu, 8	Sat, 10
Things 1	l'm gra	teful for				•	
The bes	t thing	that happene	d today				
Daily lo	g						

2024	Q1	February	Week 6	Saturday, 10	Reflect	Fri, 9	Sun, 11
Things 1	l'm gra	teful for					
The bes	t thing	that happene	ed today				
Daily lo	g						

2024	Q1	February	Week 6	Sunday, 11	Reflect	Sat, 10	Mon, 12
Things 1	l'm gra	teful for					
The hes	t thing	that happene	d today				
	t tilling	тит паррепе	a today				
Daily lo	g						

	1						
2024	Q1	February	Week 7	Monday, 12	Reflect	Sun, 11	Tue, 13
hings !	I'm gra	teful for					
he bes	t thing	that happene	d today				
Daily lo	g						

2024	Q1	February	Week 7	Tuesday, 13	Reflect	Mon, 12	Wed, 14
Things	I'm gra	teful for					
The bes	t thing	that happene	nd today				
The bes	t tilling	тпат паррепе	u today				
Daily lo	g						

2024	Q1	February	Week 7	Wednesday, 14	Reflect	Tue, 13	Thu, 15
Things 1	l'm gra	teful for					
The bes	t thing	that happene	d today				
Daily lo	ď						
	<u> </u>						

2024	Q1	February	Week 7	Thursday, 15	Reflect	Wed, 14	Fri, 16
Things 1	'm gra	teful for					
		.1 . 1	11				
The bes	thing	that happene	d today				
Daily lo	g						

Things I'm grateful for The best thing that happened today Daily log	at, 17
Daily log	

2024	Q1	February	Week 7	Saturday, 17	Reflect	Fri, 16	Sun, 18
Things 1	l'm gra	teful for					
The bes	t thing	that happene	d today				
	8	that happene	a roday				
Daily lo	g						

2024	Q1	February	Week 7	Sunday, 18	Reflect	Sat, 17	Mon, 19
Things 1	'm gra	teful for					
The bes	thing	that happene	d today				
Daily lo							

2024	Q1	February	Week 8	Monday, 19	Reflect	Sun	, 18	Tue, 20
Γhings I	m gra	teful for						
Γhe best	thing	that happene	d today					
Daily log	,							
	,							

2024	Q1	February	Week 8	Tuesday, 20	Reflect	Mon, 19	Wed, 21
Things 1	'm gra	teful for					
The bes	t thing	that happene	ed today				
-							
Daily lo	or.						
Daily 10;	<u> </u>						

2024	Q1	February	Week 8	Wednesday, 21	Reflect	Tue, 20	Thu, 22
Things I	'm gra	teful for					
The best	t thing	that happene	d today				
	* *8						
Daily log	g						

2024	Q1	February	Week 8	Thursday, 22	Reflect	Wed, 21	Fri, 23
Things	l'm gra	teful for					•
The hes	t thing	that happene	d today				
The bes	· · · · · · · · · · · · · · · · · · ·	that happene	a today				
Daily lo	g						

2024	Q1	February	Week 8	Friday, 23	Reflect	Thu, 22	Sat, 24
Things I	'm gra	teful for					
The best	thing	that happene	d today				
Daily log	r						

2024	Q1	February	Week 8	Saturday, 24	Reflect	Fri, 23	Sun, 25
Things 1	l'm gra	teful for					
The bes	t thing	that happene	ed today				
Daily lo	ď						
Daily 10,	<u> </u>						

2024	Q1	February	Week 8	Sunday, 25	Reflect	S	at, 24	Mon, 26
Things I	'm gra	teful for						
Γhe best	thing	that happene	d today					
Daily log	<u> </u>							

2024	Q1	February	Week 9	Monday, 26	Reflect	Sun, 25	Tue, 27
Things 1	'm gra	teful for					
The bes	t thing	that happene	d today				
		11					
Daily lo	or.						
Daily 10;	<u> </u>						

2024	Q1	February	Week 9	Tuesday, 27	Reflect	Mon, 26	Wed, 28
Things I'	m gra	teful for					
The best	thing	that happene	d today				

Daily log							

2024	Q1	February	Week 9	Wednesday, 28	Reflect	Tue, 27	Thu, 29
Things 1	l'm gra	teful for				,	
The hes	t thing	that happene	ed today				
<u> </u>	· · · · · · · · · · · · · · · · · · ·	that happene	a today				
Daily lo	g						

2024	Q1	February	Week 9	Thursday, 29	Reflect	Wed, 28	Fri, 1
Things I			<u> </u>	1	1		1
The best	thing	that happene	d today				
Daily log	r						
	5						

2024	Q1	March	Week 9	Friday, 1	Reflect	Thu, 29	Sat, 2
Things 1	l'm gra	teful for					
The bes	t thing	that happ	ened today				
-							
Daily lo	ď						
Daily 10	8						
-							
-							

2024	Q1	March	Week 9	Saturday, 2	Reflect	Fri, 1	Sun, 3
Things 1	I'm gra	teful for					
The bes	t thing	that happ	ened today				
Daily lo	g						

2024	Q1	March	Week 9	Sunday, 3	Reflect	Sat, 2	Mon, 4
Things I	'm gra	teful for					
The best	thing	that happe	ened today				
Daily log	<u> </u>						
	<u> </u>						

2024	Q1	March	Week 10	Monday, 4	Reflect	Sun, 3	Tue, 5
Things	I'm gra	teful for					
The bes	t thing	that hann	ened today				
The bes	t tilling	, тнат нарр	ened today				
Daily lo	g						

2024	Q1	March	Week 10	Tuesday, 5	Reflect	Mon, 4	Wed, 6
Things 1	'm gra	teful for					
The bes	t thing	that happ	ened today				
		- 11					
Doily lo	~						
Daily lo	3						

2024	Q1	March	Week 10	Wednesday, 6	Reflect	Tue, 5	Thu, 7
Things I	'm gra	teful for					
The best	thing	that happe	ened today				
Dailer las							
Daily log	3						

2024	Q1	March	Week 10	Thursday, 7	Reflect	Wed, 6	Fri, 8
Things 1	'm gra	teful for					
The bes	t thing	that happ	ened today				
D-:1 1-							
Daily lo	<u>g</u>						

2024	Q1	March	Week 10	Friday, 8	Reflect	Thu, 7	Sat, 9
Things 1	l'm gra	teful for					
The bes	t thing	that happ	ened today				
Daily lo	ď						
	<u> </u>						

2024	Q1	March	Week 10	Saturday, 9	Reflect	Fri, 8	Sun, 10
Things 1	'm gra	teful for					_
The boar	t thing	that hann	ened today				
1116 068	t tilling	that happ	ened today				
Daily lo	g						

2024	Q1	March	Week 10	Sunday, 10	Reflect	Sat, 9	Mon, 11
Things I	'm gra	teful for					
The best	t thing	that happe	ened today				
THE DES	t tilling	, that happe	ened today				
Daily lo	g						

2024	Q1	March	Week 11	Monday, 11	Reflect	Sun, 10	Tue, 12
Things I	'm gra	teful for					
The best	t thing	that happ	ened today				
Daily lo	g						

2024	Q1	March	Week 11	Tuesday, 12	Reflect	Mon, 11	Wed, 13
Things 1	'm gra	teful for					
The bes	t thing	that happ	ened today				
Daily lo	g						

2024	Q1	March	Week 11	Wednesday, 13	Reflect	ŗ	Tue, 12	Thu, 14
Things	l'm gra	teful for						
	1 .	.1 . 1	1 . 1					
The bes	t thing	that happ	ened today					
Daily lo	g							

Things I'm grateful for The best thing that happened today Daily log	
Daily log	

2024	Q1	March	Week 11	Friday, 15	Reflect	Thu, 14	Sat, 16
Things I	m gra	teful for					
The best	thing	that happe	ened today				
Daily log							

2024	Q1	March	Week 11	Saturday, 16	Reflect	Fri, 15	Sun, 17
Γhings I	'm gra	teful for					
The hest	thing	that happ	ened today				
THE DESC	ming	тпат парр	encu today				
Daily log	r S						

2024	Q1	March	Week 11	Sunday, 17	Reflect	Sat, 16	Mon, 18
Things I	'm gra	teful for					
Γhe best	thing	that happ	ened today				
Daily log							

2024	Q1	March	Week 12	Monday, 18	Reflect	Ç	Sun, 17	Tue, 19
Things I	'm gra	teful for						
The best	thing	that happe	ened today					
Daily lo	··							
Daily log	3							

2024	Q1	March	Week 12	Tuesday, 19	Reflect	Mon, 18	Wed, 20
Things 1	l'm gra	teful for					
The bes	t thing	that happ	ened today				
Daily lo	ď						
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2024	Q1	March	Week 12	Wednesday, 2	20 Reflect	Tue, 19 Thu, 21
Things 1	m gra	teful for				·
The bes	t thing	that happ	ened today			
Daily lo	o.					
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2024	Q1	March	Week 12	Thursday, 21	Reflect	Wed, 20	Fri, 22
Things 1	'm gra	teful for					<u>. </u>
The best	t thing	that happ	ened today				
Daily lo	g						

2024	Q1	March	Week 12	Friday, 22	Reflect	Thu, 21	Sat, 23
Things I	'm gra	teful for					
T) 1	41:	41 4 1	1 . 1				
The best	tning	tnat napp	ened today				
Daily log	3						

2024	Q1	March	Week 12	Saturday, 23	Reflect	Fri, 22	Sun, 24
Things I	l'm gra	teful for					
The best	t thing	that happ	ened today				
Daily log	σ						
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2024	Q1	March	Week 12	Sunday, 24	Reflect	Sat, 23	Mon, 25
Things I	l'm gra	teful for					
The best	t thing	that happ	ened today				
Daily lo	g						

2024	Q1	March	Week 13	Monday, 25	Reflect	Sun, 24	Tue, 26
Things l	'm gra	teful for					
The bes	t thing	that happ	ened today				
Daily lo	g						

2024	Q1	March	Week 13	Tuesday, 26	Reflect	Mon,	25 Wed, 2
Things 1	'm gra	teful for					
The bes	t thing	that happe	ened today				
Daily lo	<u>or</u>						
2011, 10,	5						

2024	Q1	March	Week 13	Wednesday, 27	Reflect	Tue, 26	Thu, 28
Things 1	'm gra	teful for	•		•		•
		.1 . 1					
The bes	t thing	that happ	ened today				
Daily lo	g						

2024	Q1	March	Week 13	Thursday, 28	Reflect	V	Ved, 27	Fri, 29
Things I	'm gra	teful for						
The best	thing	that happ	ened today					
Daily log	<u> </u>							

2024	Q1	March	Week 13	Friday, 29	Reflect	Thu, 28	Sat, 30
Things 1	'm gra	teful for					
The bes	t thing	that happe	ened today				
Daily lo	g						

2024	Q1	March	Week 13	Saturday, 30	Reflect	Fri, 29	Sun, 31
Things 1	'm gra	teful for					
The bes	thing	that happ	ened today				
Daily log	nr.						
Daily 10;	<u> </u>						

2024	Q1	March	Week 13	Sunday, 31	Reflect	Sat, 30	Mon, 1
Things I	'm gra	teful for					
The best	+ thing	that hann	anad taday				
The bes	tilling	that happ	ened today				
Daily log	g						

2024	Q2	April	Week 14	Monday, 1	Reflect	Sun, 31	Tue, 2
Things I	'm gra	teful for					
The best	t thing	that hap	pened today				
Daily log							

Things I'm grateful for The best thing that happened today Daily log	2024	Q2	April	Week 14	Tuesday, 2	Reflect	Mon, 1	Wed, 3
	Things 1	l'm gra	teful for					
	The bes	t thing	that hap	pened today				
Daily log			1	1 0				
Daily log								
Daily log								
Daily log	Do:1 1							
	Daily lo	g						

2024	Q2	April	Week 14	Wednesday, 3	Reflect	ı	Tue, 2	Thu, 4
Things 1	l'm gra	teful for						
The bes	t thing	that han	pened today					
THE BES	t tilling	- that hap	pened today					
Daily lo	g							

2024	Q2	April	Week 14	Thursday, 4	Reflect	Wed, 3	Fri, 5
Things	I'm gra	teful for					
The bes	t thing	that hap	pened today				
Daily lo	σ						
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2024	Q2	April	Week 14	Friday, 5	Reflect	Thu, 4	Sat, 6
Things 1	'm gra	teful for					
The bes	t thing	that hap	pened today				
Daily lo							

2024	Q2	April	Week 14	Saturday, 6	Reflect]	Fri, 5	Sun, 7
Things I	'm gra	teful for						
The best	thing	that hap	pened today					
Daily log	g							

2024	Q2	April	Week 14	Sunday, 7	Reflect	 Sat, 6	Mon, 8
Things I	'm gra	teful for					
The best	thing	that hap	pened today				
1110 000		that hap	pened today				
Daily lo	g						

Γhings I'	m grat	eful for				
The best	thing	that hap	pened toda	ay		
D = :1== 1 = ==						
Daily log						

2024	Q2	April	Week 15	Tuesday, 9	Reflect	Mon, 8	Wed, 10
Things 1	'm gra	teful for					
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The bes	thing	that hap	pened today				
Daily lo	g						

2024	Q2	April	Week 15	Wednesday, 10	Reflect	Tue, 9	Thu, 11
Things 1	'm gra	teful for					
The bes	t thing	that hap	pened today				
Daily lo	g						

2024	Q2	April	Week 15	Thursday, 11	Reflect	Wed, 10	Fri, 12
Things 1	l'm gra	teful for					
The bes	t thing	that hap	pened today				
Daily lo	g						

2024	Q2	April	Week 15	Friday, 12	Reflect	Thu, 11	Sat, 13
Things I	'm gra	teful for					
The best	thing	that hap	pened today				
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Daily log	e						
Daily 108	3						

2024	Q2	April	Week 15	Saturday, 13	Reflect	Fri, 12	Sun, 14
Things I	'm gra	teful for					
The best	thing	that hap	pened today				
Daily log	g						

2024	Q2	April	Week 15	Sunday, 14	Reflect	Sat, 13	Mon, 15
Things I	'm gra	teful for					
The best	thing	that hap	pened today				
Daily log							

Things I'm grateful for The best thing that happened today Daily log	
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Daily log	
Daily log	
Daily log	
Daily log	

2024	Q2	April	Week 16	Tuesday, 16	Reflect	Mon, 15	Wed, 17
Things 1	'm gra	teful for					
The bes	t thing	that hap	pened today				
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Daily lo	or						
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2024	Q2	April	Week 16	Wednesday, 17	Reflect	Tue, 16	Thu, 18
Things 1	l'm gra	teful for		,	'		1
The bes	t thing	that hap	pened today				
Daily lo	ď						
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2024	Q2	April	Week 16	Thursday, 18	Reflect	Wed, 17	Fri, 19
Things 1	I'm gra	teful for					
The bes	t thing	that hap	pened today				
Daily lo	σ						
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2024	Q2	April	Week 16	Friday, 19	Reflect	Thu, 18	Sat, 20
Things 1	l'm gra	teful for					
The bes	t thing	that han	pened today				
1110 000		that hap	penea today				
Daily lo	g						

2024	Q2	April	Week 16	Saturday, 20	Reflect	Fri, 19	Sun, 21
Things 1	'm gra	teful for					
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The bes	t thing	that hap	pened today				
Daily lo	g						

2024	Q2	April	Week 16	Sunday, 21	Reflect	Sat, 20	Mon, 22
Things 1	'm gra	teful for					
The hes	t thing	that han	pened today				
		that hap	pened today				
Daily lo	g						
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2024	Q2	April	Week 17	Monday, 22	Reflect		Sun, 21	Tue, 23
Things 1	'm gra	teful for						
The hes	t thing	that han	pened today					
		that hap	penea today					
Daily lo	g							

2024	Q2	April	Week 17	Tuesday, 23	Reflect	Mon, 22	Wed, 24
Things I	'm gra	teful for					
The best	thing	that hap	pened today				
Daily log	g						

2024	Q2	April	Week 17	Wednesday, 24	Reflect	Tue, 23	Thu, 25
Things 1	'm gra	teful for					'
The bes	t thing	that hap	pened today				
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Daily lo	<u>g</u>						
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2024	Q2	April	Week 17	Thursday, 25	Reflect	Wed, 24	Fri, 26
Things l	I'm gra	teful for					
The bes	t thing	that hap	pened today				
Daily lo	σ						
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2024	Q2	April	Week 17	Friday, 26	Reflect	Thu, 25	Sat, 27
Things I	m gra	teful for					
The best	thing	that hap	pened today				
Daily log							

2024	Q2	April	Week 17	Saturday, 27	Reflect	Fri, 26	Sun, 28
Things I	'm gra	teful for					
The best	thing	that hap	pened today				
Daily log	g						

2024	Q2	April	Week 17	Sunday, 28	Reflect	Sat, 27	Mon, 29
Things 1	'm gra	teful for					
The hes	t thing	that han	pened today				
		that hap	period today				
Daily lo	g						

2024	Q2	April	Week 18	Monday, 29	Reflect	Sun, 28	Tue, 30
Things 1	I'm gra	teful for					
The bes	t thing	that hap	pened today				
Daily lo	g						

2024	Q2	April	Week 18	Tuesday, 30	Reflect	Mon, 29	Wed, 1
Things I	m gra	teful for					
Γhe best	thing	that hap	pened today				
Daily log							

2024	Q2	May	Week 18	Wednesday, 1	Reflect	Tue, 30	Thu, 2
Things I	'm gra	teful for					_
The best	thing	that hap	ppened today				
Daily log	r						
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2024	Q2	May	Week 18	Thursday, 2	Reflect	Wed, 1	Fri, 3
Things I	'm gra	teful for					
The best	thing	that har	opened today				
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Daily log	g						

Things I'm grateful for The best thing that happened today Daily log	2024	Q2	May	Week 18	Friday, 3	Reflect	Thu, 2	Sat, 4
	Things I'	m gra	teful for					
	The best	thing	that har	ppened today				
Daily log		. 0						
Daily log								
Daily log								
Daily log	D 11 1							
	Daily log							

2024	Q2	May	Week 18	Saturday, 4	Reflect	Fri, 3	Sun, 5
Things I	'm gra	teful for					
The best	thing	that har	ppened today				
D-:1 1	_						
Daily log	<u> </u>						

2024	Q2	May	Week 18	Sunday, 5	Reflect	Sat, 4	Mon, 6
Things 1	I'm gra	teful for					
The bes	t thing	that ha	ppened today				
The bes	t tilling	, that ha	ppened today				
Daily lo	g						

2024	Q2	May	Week 19	Monday, 6	Reflect	Sun, 5	Tue, 7
Things I	'm gra	teful for					
The best	thing	that hap	ppened today	•			
Daily log	g						

2024	Q2	May	Week 19	Tuesday, 7	Reflect	Mon, 6	Wed, 8
Things 1	'm gra	teful for					
The bes	t thing	that har	opened today				
Daily lo	or						
- Daily 10,	<u> </u>						

2024	Q2	May	Week 1	.9 W	ednesday,	8 Reflect	t	Tue, 7	Thu, 9
Things 1	I'm grat	eful for							
The bes	t thing	that hap	ppened to	day					
Daily lo	g								

Things I'm		opened today		
	ing that hap	opened today		
	ing that hap	opened today		
	24 Q2 May Week 19 Thursday, 9 Reflect Wed, 8 Fings I'm grateful for			
	ing that hap	opened today		
The best th				
		. 1		
D-:1 1				
Daily log				

2024	Q2	May	Week 19	Friday, 10	Reflect	Thu, 9 Sat, 1
Things I	'm gra	teful for				
The bes	t thing	that har	ppened today	·		
D-:1 1-						
Daily lo	S					

2024	Q2	May	Week 19	Saturday, 11	Reflect	Fri, 10	Sun, 12
Things I	'm gra	teful for					<u> </u>
The best	thing	that har	opened today	,			
Dail 1							
Daily log	3						

2024	Q2	May	Week 19	Sunday, 12	Reflect	Sat, 11	Mon, 13
Γhings I	m gra	teful for					
The best	thing	that hap	ppened today				
Daily log	<u> </u>						
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2024	Q2	May	Week 20	Monday, 13	Reflect	Sun, 12	Tue, 14
Things I	'm gra	teful for					
The best	thing	that hap	opened today				
Daily log	r						
	5						

2024	Q2	May	Week 20	Tuesday, 14	Reflect		Mon, 13	Wed, 15
Things 1	'm gra	teful for						
The bes	t thing	that ha	ppened today	У				
Daily lo	or							
Daily 10,	5							
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2024	Q2	May	Week 20	Wednesday, 15	Reflect	Tue, 14	Thu, 16
Things I	'm gra	teful for					
The best	thing	that hap	opened today				
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Daily lo	<u> </u>						

2024	Q2	May	Week 20	Thursday, 16	Reflect	Wed, 15	Fri, 17
Things I	'm gra	teful for					
The best	thing	that hai	ppened today				
Dailer la							
Daily log	<u> </u>						

2024	Q2	May	Week 20	Friday, 17	Reflect	Thu, 16	Sat, 18
Things I	'm gra	teful for					
The best	t thing	that ha	ppened today	,			
1110 000		tirat iraj	ppened today				
Daily lo	g						

2024	Q2	May	Week 20	Saturday, 18	Reflect	Fri, 17	Sun, 19
Things I	'm gra	teful for					
The best	t thing	that har	pened today				
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D :1 1							
Daily lo	g						

2024	Q2	May	Week 20	Sunday, 19	Reflect	Sat, 18	Mon, 20
Γhings I	'm gra	teful for					
The best	thing	that hap	ppened today				
Daily log	<u> </u>						
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2024	Q2	May	Week 21	Monday, 20	Reflect	Sun, 19	Tue, 21
Things 1	'm gra	teful for	<u> </u>	,	'		
The bes	t thing	that ha	ppened today	7			
Daily lo	or.						
	5						

2024	Q2	May	Week 21	Tuesday, 21	Reflect	Mon, 20	Wed, 22
Things 1	'm gra	teful for					
The best	thing	that ha	ppened today	7			
Daily lo							

2024	Q2	May	Week 21	Wednesday, 22	Reflect	Tue	e, 21	Thu, 23
Things 1	'm gra	teful for	•		•			
The bes	t thing	that ha	ppened today	7				
Daily lo	or.							
	5							

2024	Q2	May	Week 21	Thursday, 23	Reflect	Wed, 22	Fri, 24
Things I	'm gra	teful for					
The best	thing	that hap	ppened today				
Daily log	g						

2024	Q2	May	Week 21	Friday, 24	Reflect	Thu, 23	Sat, 25
Things I	'm gra	teful for					
The best	thing	that hap	ppened today				
Daily log							

2024	Q2	May	Week 21	Saturday, 25	Reflect	Fri, 24	Sun, 26
Things I	'm gra	teful for					
The best	thing	that hap	pened today				
Daily lo	r						
Daily 10,	<u> </u>						

2024	Q2	May	Week 21	Sunday, 26	Reflect	Sat, 25	Mon, 27
Γhings I	'm gra	teful for					
The best	thing	that hap	ppened today	·			
Daily log	ς						

2024	Q2	May	Week 22	Monday, 27	Reflect	Sun, 2	6 Tue, 28
Things I	'm gra	teful for					'
TD1 1 /	.1.	.1 . 1	11				
The best	thing	that hap	ppened today				
Daily log	g						

2024	Q2	May	Week 2	2 T	uesday, 28	Reflect	;	Mon, 27	Wed, 29
Things 1	'm gra	teful for		·					
The bes	t thing	that hap	ppened to	lay					
Dailer la									
Daily lo	<u>g</u>								

2024	Q2	May	Week 22	Wednesday, 29	Reflect	Tue, 28	Thu, 30
Things 1	'm gra	teful for					
The bes	thing	that ha	ppened today	•			
Daily lo	g						

2024	Q2	May	Week 22	Thursday, 30	Reflect	Wed, 29	Fri, 31
Things 1	'm gra	teful for					
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The bes	t thing	that ha	ppened today	y			
Daily lo	g						

2024	Q2	May	Week 22	Friday, 31	Reflect	\mathbf{T}	hu, 30	Sat, 1
Things 1	l'm gra	teful for						
The bes	t thing	that ha	ppened today	,				
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D 11 1								
Daily lo	g 							

2024	Q2	June	Week 22	Saturday, 1	Reflect	Fri, 31	Sun, 2
Things I	'm gra	teful for					_
The best	thing	that har	opened today				
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D :1 1							
Daily log	<u> </u>						

2024	Q2	June	Week 22	Sunday, 2	Reflect	Sat, 1	Mon, 3
Things 1	'm gra	teful for					
The bes	t thing	that hap	pened today				
Daily lo							

2024	Q2	June	Week 23	Monday, 3	Reflect	Sun, 2	Tue, 4
Things I	'm gra	teful for				 	
The best	thing	that hap	pened today				
Daily log	<u> </u>						

2024	Q2	June	Week 23	Tuesday, 4	Reflect	M	[on, 3	Wed, 5
Things 1	I'm gra	teful for						
The bes	t thing	that hap	pened today					
Daily lo	σ							
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2024	Q2	June	Week 23	Wednesday, 5	Reflect	Tue,	4 Thu, 6
Things I	'm gra	teful for					
The best	thing	that hap	pened today				
Daily lo							
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2024	Q2	June	Week 23	Thursday, 6	Reflect	Wed, 5	Fri, 7
Things l	'm gra	teful for		1	1		
The bes	thing	that har	opened today				
THE BEB	, tilling	that hap	spened today				
Daily lo	g						

2024	Q2	June	Week 23	Friday, 7	Reflect	Thu, 6	Sat, 8
Things I	'm gra	teful for					
The best	thing	that hap	pened today				
Daily log	<u> </u>						

2024	Q2	June	Week 23	Saturday, 8	Reflect	Fri, 7	Sun, 9
Things 1	'm gra	teful for					
The bes	t thing	that hap	opened today				
Daily lo	g 						

2024	Q2	June	Week 23	Sunday, 9	Reflect	Sat, 8	Mon, 10
Γhings I	'm gra	teful for					
The best	thing	that hap	pened today				
Daily log	r						
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2024	Q2	June	Week 24	Monday, 10	Reflect	Sun, 9	Tue, 11
Things 1	l'm gra	teful for					
The bes	t thing	that hap	opened today				
Daily lo	g 						

2024	Q2	June	Week 24	Tuesday, 11	Reflect	Mon, 10	Wed, 12
Things 1	'm gra	teful for					
The bes	t thing	that har	opened today				
	8	onac naj	ppened today				
Daily lo	g						

2024	Q2	June	Week 24	Wednesday, 12	Reflect	Tue, 11	Thu, 13
Things	l'm gra	teful for					
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The bes	t thing	that hap	pened today				
Daily lo	g						

2024	Q2	June	Week 24	Thursday, 13	Reflect	Wed, I	12 Fri, 14
Things 1	'm gra	teful for					
The bes	t thing	that hap	pened today				
Daily lo							

2024	Q2	June	Week 24	Friday, 14	Reflect	Thu, 13	Sat, 15
Things I	'm gra	teful for					
The best	thing	that hap	pened today				
Daily log	ς						

2024	Q2	June	Week 24	Saturday, 15	Reflect	Fri, 14	Sun, 16
Things 1	I'm gra	teful for					
The bes	t thing	that hap	opened today				
Daily lo	g						

2024	Q2	June	Week 24	Sunday, 16	Reflect	Sat, 15	Mon, 17
Things l	l'm gra	teful for					
The bes	t thing	that hap	pened today				
			<u> </u>				
Daily lo	or.						
Dany 10;	5						

2024	Q2	June	Week 25	Monday, 17	Reflect	Sun,	16	Tue,	18
Things I	'm gra	teful for							
The best	t thing	that hap	opened today						
Daily lo	g								

2024	Q2	June	Week 25	Tuesday, 18	Reflect	Mon, 17	Wed, 19
Things I	m gra	teful for					
The best	thing	that hap	opened today	-			
D-:1 1	_						
Daily log	<u> </u>						

2024	Q2	June	Week 25	Wednesday, 19	Reflect	Tue, 18	Thu, 20
Things 1	'm gra	teful for					
The bes	t thing	that har	opened today				
Daily lo	or.						
	5						

2024	Q2	June	Week 25	Thursday, 20	Reflect	Wed, 19	Fri, 21
Things 1	'm gra	teful for					
The bes	thing	that hap	pened today				
Doiler lo	~						
Daily lo	3						

2024	Q2	June	Week 25	Friday, 21	Reflect	Thu, 20	Sat, 22
Things I	'm gra	teful for					
The best	thing	that har	pened today	7			
Doile lo							
Daily log	<u> </u>						

2024	Q2	June	Week 25	Saturday, 22	Reflect	Fri, 21	Sun, 23
Things 1	'm gra	teful for					·
The bes	t thing	that hap	pened today				
Daily log	g						

2024	Q2	June	Week 25	Sunday, 23	Reflect	Sat, 22	Mon, 24
Things I	'm gra	teful for					
The best	thing	that har	opened today				
Daily log	r						
Daily 108	5						

2024	Q2	June	Week 26	Monday, 24	Reflect	Sun, 23	Tue, 25
Things 1	m gra	teful for					
The bes	t thing	that hap	pened today				
Daily lo	or						
	5						

2024	Q2	June	Week 26	Tuesday, 25	Reflect	Mon, 24	4 Wed, 26
Things 1	'm gra	teful for					
The hes	t thing	that har	pened today				
THE BEB	· ming	that hap	pened today				
Daily lo	g						

2024	Q2	June	Week 26	Wednesday, 26	Reflect	Tue, 25	Thu, 27
Things 1	'm gra	teful for					
	1.	41 4 1	1 . 1				
The bes	t tning	tnat nap	opened today				
Daily lo	g						

2024	Q2	June	Week 26	Thursday, 27	Reflect	Wed, 26	Fri, 28
Things I	'm gra	teful for					
The best	t thing	that hap	pened today				
	_	_					
Daily log	or						
	5						

2024	Q2	June	Week 26	Friday, 28	Reflect	Thu, 27	Sat, 29
Things I	m gra	teful for					
The best	thing	that hap	pened today				
Daily log	ς						

2024	Q2	June	Week 26	Saturday, 29	Reflect	Fri, 28	Sun, 30
Things 1	m gra	teful for					
The bes	t thing	that hap	pened today				
Daily lo	or.						
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2024	Q2	June	Week 26	Sunday, 30	Reflect	Sat, 29 Mon, 1
Things I	'm gra	teful for				
The best	thing	that har	pened today			
	uning	tilat ilaş	pened today			
Daily log	g					

2024	Q3	July	Week 27	Monday, 1	Reflect	Sun, 30	Tue, 2
Things I	'm gra	teful for					
The best	thing	that hap	ppened today	•			
Daily log	g						

2024	Q3	July	Week 27	Tuesday, 2	Reflect	Mon, 1	Wed, 3
Things 1	'm gra	teful for					
	2024 Q3 July Week 27 Tuesday, 2 Reflect Mon, 1 Wed, 3 sings I'm grateful for the best thing that happened today ally log						
The bes	t thing	that ha	ppened today	7			
Daily lo	or .						
	5						

2024	Q3	July	Week 27	Wednesday, 3	Reflect	Tue, 2	Thu, 4
Things I	m gra	teful for					
The best	thing	that hap	ppened today	·			
Daily log							

2024	Q3	July	Week 27	Thursday, 4	Reflect	Wed, 3	Fri, 5
Things I	'm gra	teful for					
The best	thing	that hap	ppened today	,			
Daily log	Y.						
Daily 108	3						

2024	Q3	July	Week 27	Friday, 5	Reflect	Thu, 4	Sat, 6
Things I	'm gra	teful for					
The best	thing	that hap	ppened today	·			
Daily log							
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2024	Q3	July	Week 27	Saturday, 6	Reflect	Fri, 5	Sun, 7
Things I	'm gra	teful for					
The best	thing	that hap	ppened today	7			
Daily log	ς						

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2024	Q3	July	Week 28	Monday, 8	Reflect	Sun, 7	Tue, 9
Things l	l'm gra	teful for					
The hes	t thing	that ha	ppened today	7			
THE BEB	· · · · · · · · · · · · · · · · · · ·	onat na	ppened today	<u>'</u>			
Daily lo	g						

2024	Q3	July	Week 28	Tuesday, 9	Reflect	Mon, 8	Wed, 10
Things 1	'm gra	teful for					
The bes	t thing	that ha	ppened today	7			
Daily lo	g						

2024	Q3	July	Week 28	Wednesday, 10	Reflect	Tue, 9	Thu, 11
Things 1	'm gra	teful for					
-							
The bes	t thing	that hap	ppened today	7			
Daily lo	g						
-							

2024	Q3	July	Week 28	Thursday, 11	Reflect	Wed, 10	Fri, 12
Things I	'm gra	teful for					
The best	thing	that hap	ppened today	7			
Daily log	g						

2024	Q3	July	Week 28	Friday, 12	Reflect	Thu, 11	Sat, 13
Things 1	I'm gra	teful for					
		.1 . 1	1				
The bes	t thing	that ha	ppened today	7			
Daily lo	g						

2024	Q3	July	Week 28	Saturday, 13	Reflect	Fri, 12	Sun, 14
Things 1	'm gra	teful for					
The bes	t thing	that har	opened today				
	* *8		- F				
Daily lo	g						

2024	Q3	July	Week 28	Sunday, 14	Reflect	Sat, 13	Mon, 15
Γhings I	'm gra	teful for					
The best	thing	that hap	ppened today				
Daily log							

2024	Q3	July	Week 29	Monday, 15	Reflect	Sun, 14	1 Tue, 16
Things 1	I'm gra	teful for					
The bes	t thing	that ha	ppened today	•			
Daily lo	g						
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2024	Q3	July	Week 29	Tuesday, 16	Reflect	Mon, 15	Wed, 17
Things 1	'm gra	teful for					
The hes	thing	that ha	ppened today	7			
<u> </u>	, tilling	unau ma	ppened today				
Daily lo	g						

2024	Q3	July	Week 29	Wednesday, 17	Reflect	Γ	Tue, 16	Thu, 18
Things 1	'm gra	teful for						
The bes	t thing	that ha	ppened today	7				
Daily lo	<u> </u>							

2024	Q3	July	Week 29	Thursday, 18	Reflect	Wed, 1	7 Fri, 19
Things I	'm gra	teful for					
The best	thing	that hap	ppened today	7			
Daily log	<u> </u>						
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2024	Q3	July	Week 29	Friday, 19	Reflect	Thu, 18	Sat, 20
hings I'	m gra	teful for					
he best	thing	that ha	ppened today	7			
aily log							

2024	Q3	July	Week 29	Saturday, 20	Reflect	Fri, 19	Sun, 21
Things I	'm gra	teful for					
The best	t thing	that har	opened today				
	* *8	*****	· P · · · · · · · · · ·				
Daily lo	g						

2024	Q3	July	Week 29	Sunday, 21	Reflect	Sat, 20	Mon, 22
Things 1	'm gra	teful for					
The bes	t thing	that ha	ppened today	7			
Daily lo	g						

2024	Q3	July	Week 30	Monday, 22	Reflect	Sur	n, 21	Tue, 23
Things 1	'm gra	teful for						
The bes	t thing	that ha	ppened today	7				
Daily lo	g							
_								

2024	Q3	July	Week 30	Tuesday, 23	Reflect	Mon, 22	Wed, 24
Things I	'm gra	teful for					
The best	thing	that ha	nnonad tadar				
The best	tning	тпат па	ppened today	'			
Daily log	g						

2024	Q3	July	Week 30	Wednesday, 24	Reflect	Tue, 23	Thu, 25
Things 1	l'm gra	teful for					•
The bes	t thing	that ha	ppened today	7			
Daily lo	g						
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2024	Q3	July	Week 30	Thursday, 25	Reflect	Wed, 24	Fri, 26
Things 1	I'm gra	teful for		,	'		•
The box	t thing	that has	ppened today	·			
The bes	t tilling	tilat ilaj	ppened today	/			
Daily lo	g						

2024	Q3	July	Week 30	Friday, 26	Reflect	Thu, 25	Sat, 27
Things I	'm gra	teful for					
The best	thing	that hap	opened today				
	_						
Daily log	r						
Daily 10	<u> </u>						

2024	Q3	July	Week 30	Saturday, 27	Reflect]	Fri, 26	Sun, 28
Things I	'm gra	teful for						
The best	thing	that hap	opened today					
Daily log	<u> </u>							
	,							

2024	Q3	July	Week 30	Sunday, 28	Reflect	Sat, 27	Mon, 29
Things I	'm gra	teful for					
The best	t thing	that ha	ppened today	ý			
Daily log	g						

2024	Q3	July	Week 31	Monday, 29	Reflect	Sun, 2	28 Tue, 30
Things 1	m gra	teful for					·
The bes	t thing	that ha	ppened today	7			
	8	01100 110	ppened today				
Daily lo	g						

The best thing that happened today Daily log	2024	Q3	July	Week 31	Tuesday, 30	Reflect	Mon, 29	Wed, 31
	Things 1	m gra	teful for					
Daily log	The bes	t thing	that ha	ppened today	7			
Daily log								
Daily log								
Daily log								
	Dailer la							
	Daily log	<u>g</u>						
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2024	Q3	July	Week 31	Wednesday, 31	Reflect	Tue, 30	Thu, 1
Things 1	'm gra	teful for					
The bes	thing	that ha	ppened today	7			
Dailer la							
Daily lo	3						

2024	Q3	August	Week 31	Thursday, 1	Reflect	Wed, 31	Fri, 2
Things 1	I'm gra	teful for					
The bes	t thing	that happe	ned today				
Daily lo	σ						
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2024	Q3	August	Week 31	Friday, 2	Reflect	Thu, 1	Sat, 3
Things 1	l'm gra	teful for					
The bes	t thing	that happe	ned today				
Daily lo	g						

2024	Q3	August	Week 31	Saturday, 3	Reflect	Fri, 2	2 Sun, 4
Things 1	'm gra	teful for					
The bes	t thing	that happe	ned today				
Daily lo	g						

2024	Q3	August	Week 31	Sunday, 4	Reflect	Sat, 3	Mon, 5
Things I	'm gra	teful for					<u> </u>
The best	thing	that happe	ned today				
Daily log							

2024	Q3	August	Week 32	Monday, 5	Reflect	Sun, 4	Tue, 6
Things I	'm gra	teful for					
———— The best	thing	that happe	ned today				
Daily log							
	<u>-</u>						

2024	Q3	August	Week 32	Tuesday, 6	Reflect	Mon, 5	Wed, 7
Things 1	I'm gra	teful for					
The bes	t thing	that happe	ned today				
Daily lo	σ						
	<u> </u>						
-							

2024	Q3	August	Week 32	Wednesday, 7	Reflect	Tue, 6 Thu, 8
Things 1	l'm gra	teful for				
The bes	t thing	that happe	ned today			
Daily lo	g					
						<u> </u>

2024	Q3	August	Week 32	Thursday, 8	Reflect	Wed, 7	Fri, 9
Things 1	'm gra	teful for					
The bes	t thing	that happe	ned today				
		11					
Doily lo	~						
Daily lo	5						

2024	Q3	August	Week 32	Friday, 9	Reflect	Thu, 8	Sat, 10
Things 1	l'm gra	teful for					
The bes	t thing	that happe	ned today				
			-				
Daily lo	or.						
	8						

2024	Q3	August	Week 32	Saturday, 10	Reflect	Fri, 9	Sun, 11
Things 1	I'm gra	teful for					
The bes	t thing	that happe	ned today				
Daily lo	σ						
	5						

2024	Q3	August	Week 32	Sunday, 11	Reflect	Sat, 10	Mon, 12
Things 1	I'm gra	teful for					
The bes	t thing	that happe	ned today				
		11	- J				
D-:1 1							
Daily lo	g 						

2024	Q3	August	Week 33	Monday, 12	Reflect	Sun, 11	Tue, 13
Things	I'm gra	teful for					
The bes	t thing	that happe	ned today				
Doiler 1-	or.						
Daily lo	g						

2024	Q3	August	Week 33	Tuesday, 13	Reflect	Mon, 12	Wed, 14
Things 1	I'm gra	teful for					
The bes	t thing	that happe	ned today				
Daily lo	ď						
	<u> </u>						

2024	Q3	August	Week 33	Wednesday, 14	Reflect	Tue, 13	Thu, 15
Things 1	m gra	teful for					
The bes	t thing	that happe	ned today				
Daily lo	g						

2024	Q3	August	Week 33	Thursday, 15	Reflect	Wed, 14	Fri, 16
Things 1	'm gra	teful for					
The bes	t thing	that happe	ned today				
D '1 1							
Daily lo	<u> </u>						

2024	Q3	August	Week 33	Friday, 16	Reflect	Thu, 15	Sat, 17
Things 1	'm gra	teful for					_
The bes	t thing	that happe	ned today				
1110 000	0 0111118	that happe	aca today				
Daily lo	g						
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2024	Q3	August	Week 33	Saturday, 17	Reflect	Fri,	16 Sun, 18
Γhings I	'm gra	teful for					·
The best	thing	that happe	ned today				
aily log	<u> </u>						

2024	Q3	August	Week 33	Sunday, 18	Reflect	Sat, 17	Mon, 19
Things 1	l'm gra	teful for					
	1 .	.1 . 1	1, 1				
The bes	t tning	that happe	ned today				
Daily lo	g						
			_				

2024	Q3	August	Week 34	Monday, 19	Reflect	Sun, 18	Tue, 20
Things 1	'm gra	teful for					
The best	t thing	that happe	nod today				
The bes	t tilling	тпат парре	ned today				
Daily lo	g						

2024	Q3	August	Week 34	Tuesday, 20	Reflect	Mon, 1	19 Wed, 2
Things 1	I'm gra	teful for					·
The bes	t thing	that happe	ned today				
Daily lo	g						

2024	Q3	August	Week 34	Wednesday, 21	Reflect	Tue, 20	Thu, 22
Things I	'm gra	teful for					
The best	+ thing	that happe	nod today				
The bes	unng	тпат парре	ned today				
Daily log	g						

2024	Q3	August	Week 34	Thursday, 22	Reflect	Wed, 21	Fri, 23
Things 1	'm gra	teful for					
The best	thing	that happe	ned today				
Daily lo							

2024	Q3	August	Week 34	Friday, 23	Reflect	Thu, 22	Sat, 24
Things I	'm gra	teful for					
The best	thing	that happe	ned today				
Daily log	r						
Daily 10	3						

2024	Q3	August	Week 34	Saturday, 24	Reflect	Fri, 23	Sun, 25
Things I	'm gra	teful for					
The best	thing	that happe	ned today				
Daily lo	g						

2024	Q3	August	Week 34	Sunday, 25	Reflect	Sat, 24	Mon, 26
Things 1	l'm gra	teful for					
The bes	t thing	that happe	ned today				
Daily lo							

2024	Q3	August	Week 35	Monday, 26	Reflect	Sun, 25	Tue, 27
Things 1	'm gra	teful for					
2024 Q3 August Week 35 Monday, 26 Reflect Sun, 25 Tue, 2							
	* *						
Daily lo	g						

2024	Q3	August	Week 35	Tuesday, 27	Reflect	Mon, 26	Wed, 28
Things 1	'm gra	teful for					
The bes	t thing	that happe	ned today				
		11					
Doile lo							
Daily log	<u> </u>						
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2024	Q3	August	Week 35	Wednesday, 28	Reflect	Tue, 27	Thu, 29
Things 1	m gra	teful for					
	1 :	.1 . 1	1 . 1				
The bes	t tning	that happe	ned today				
Daily lo	g						

2024	Q3	August	Week 35	Thursday, 29	Reflect	Wed, 2	28 Fri, 30
Things 1	l'm gra	teful for					
The bes	t thing	that happe	ned today				
		11					
Doile lo							
Daily log	g						

2024	Q3	August	Week 35	Friday, 30	Reflect	Thu, 29	Sat, 31
Things I	'm gra	teful for					
The best	thing	that happe	ned today				
Daily log	r 5						

2024	Q3	August	Week 35	Saturday, 31	Reflect	Fri, 30	Sun, 1
Things I	'm gra	teful for					
The best	thing	that happe	ned today				
Daily log	g						

2024	Q3	September	Week 35	Sunday, 1	Reflect	Sat,	31	Mon, 2
Things 1	l'm gra	teful for						
The bes	t thing	that happened	today					
Daily lo	g							

2024	Q3	September	Week 36	Monday, 2	Reflect	Sun, 1	Tue, 3
Things 1	I'm gra	teful for					
The bes	t thing	that happened	today				
The bes	t tilling	that happened	today				
Daily lo	g						

2024	Q3	September	Week 36	Tuesday, 3	Reflect	Mon, 2	Wed, 4
Things 1	'm gra	teful for					
The bes	thing	that happened	today				
Daily lo	g S						

2024	Q3	September	Week 36	Wednesday, 4	Reflect	Tue, 3	Thu, 5
Things 1	'm gra	teful for					
The bes	thing	that happened	today				
Daily lo	g						

2024	Q3	September	Week 36	Thursday, 5	Reflect	Wed, 4	Fri, 6
Things I	'm gra	teful for					
The best	thing	that happened	today				
Daily log	g						

2024	Q3	September	Week 36	Friday, 6	Reflect	Thu,	5 Sat, 7
Things l	'm gra	teful for					
The bes	t thing	that happened	today				
Daily lo	g						

2024	Q3	September	Week 36	Saturday, 7	Reflect	Fri, ϵ	Sun, 8
Things 1	I'm gra	teful for					
The bes	t thing	that happened	today				
THE BEB	· · · · · · · · · · · · · · · · · · ·	тиат паррепец	today				
Daily lo	g						

2024	Q3	September	Week 36	Sunday, 8	Reflect	Sat, 7	Mon, 9
Things 1	l'm gra	teful for					
The bes	t thing	that happened	today				
Daily lo	g						

2024	Q3	September	Week 37	Monday, 9	Reflect	Sun, 8	Tue, 10
Things 1	'm gra	teful for					
The bes	t thing	that happened	todav				
		11					
D :1 1							
Daily lo	g						

The best thing that happened today Daily log	2024	Q3	September	Week 37	Tuesday, 10	Reflect	Mon, 9	Wed, 11
The best thing that happened today	Things 1	'm gra	teful for					
	-							
Daily log	The bes	t thing	that happened	today				
Daily log								
Daily log								
Daily log								
Daily log	Dailer la							
		<u>g</u>						

2024	Q3	September	Week 37	Wednesday, 11	Reflect	Tue, 10	Thu, 12
Things 1	'm gra	teful for					
The bes	t thing	that happened	today				
		11					
D :1 1							
Daily lo	g						

2024	Q3	September	Week 37	Thursday, 12	Reflect	Wed, 11	Fri, 13
Things 1	l'm gra	teful for					
The bes	t thing	that happened	today				
Doiler 1-	or.						
Daily lo	g [.]						

2024	Q3	September	Week 37	Friday, 13	Reflect	Thu, 12	Sat, 14
Things I	'm gra	teful for					
The best	thing	that happened	today				
Dailer la	v						
Daily lo	3						

2024	Q3	September	Week 37	Saturday, 14	Reflect	Fri, 13	Sun, 15
Things l	'm gra	teful for				,	
(T) 1	1.	41 4 1 1	. 1				
The bes	thing	that happened	today				
Daily lo	g						

2024	Q3	September	Week 37	Sunday, 15	Reflect	Sat, 14	Mon, 16
Things I	'm gra	teful for					
The hest	thing	that happened	today				
THE DES	tilling	тнат парренец	today				
Daily lo	g						

2024	Q3	September	Week 38	Monday, 16	Reflect	Sun, 15	Tue, 17
Things I	'm gra	teful for					_
The best	thing	that happened	today				
	8						
Daily log	5						

2024	Q3	September	Week 38	Tuesday, 17	Reflect	Mon, 16	Wed, 18
Things I	'm gra	teful for					
The best	thing	that happened	today				
	8						
Daily log	S						

2024	Q3	September	Week 38	Wednesday, 18	Reflect	Tue, 17 Thu, 19
Things	I'm gra	teful for	•		<u>'</u>	
The bes	t thing	that happened	today			
Daily lo	σ					
<u> </u>	8					

2024	Q3	September	Week 38	Thursday, 19	Reflect	Wed, 18	Fri, 20
Things I	m gra	teful for					
The best	thing	that happened	today				
D-:1 1							
Daily log	•						

2024	Q3	September	Week 38	Friday, 20	Reflect	Thu, 19	Sat, 21
Things 1	'm gra	teful for					
The bes	t thing	that happened	today				
Daily lo	<u> </u>						

2024	Q3	September	Week 38	Saturday, 21	Reflect	Fri, 20	Sun, 22
Things 1	'm gra	teful for					
The bes	t thing	that happened	today				
Daily lo	or						
Barry 10,	5						

2024	Q3	September	Week 38	Sunday, 22	Reflect	Sat, 21	Mon, 23
Things 1	'm gra	teful for					
Γhe bes	t thing	that happened	today				
Daily lo	<u> </u>						

2024	Q3	September	Week 39	Monday, 23	Reflect	Sun, 22	Tue, 24
Things I	'm gra	teful for			1		
Γhe bes	thing	that happened	today				
Daily lo	g						

2024	Q3	September	Week 39	Tuesday, 24	Reflect	Mon, 23	Wed, 25
Things I	'm gra	teful for					
The best	thing	that happened	today				
	8	парренец	- codday				
Daily log	<u> </u>						

2024	Q3	September	Week 39	Wednesday, 25	Reflect	Tue, 24	Thu, 26
Things	I'm gra	teful for					
The bes	t thing	that happened	todav				
			<i>-</i>				
Doiler lo	or.						
Daily lo	g						

2024	Q3	September	Week 39	Thursday, 26	Reflect	Wed, 25	Fri, 27
Things 1	'm gra	teful for					
The best	t thing	that happened	today				
	* *						
Daily lo	g						

2024	Q3	September	Week 39	Friday, 27	Reflect	Thu, 26	Sat, 28
Things 1	'm gra	teful for					
The bes	t thing	that happened	today				
Daily lo							

2024	Q3	September	Week 39	Saturday, 28	Reflect	Fri, 27	Sun, 29
Things I	l'm gra	teful for					
The bear	4 4 b i m m	that hammanad	to dow				
The bes	t thing	that happened	today				
Daily log	g						

2024	Q3	September	Week 39	Sunday, 29	Reflect	Sat, 28	Mon, 30
Things 1	I'm gra	teful for					
The bes	t thing	that happened	today				
Daily lo	σ						
	<u> </u>						

2024	Q3	September	Week 40	Monday, 30	Reflect	Sun, 29	Tue, 1
Things I	'm gra	teful for					
The best	thing	that happened	today				
Daily log							

2024	Q4	October	Week 40	Tuesday, 1	Reflect	I	Mon, 30	Wed, 2
Things I	'm gra	teful for						_
The best	thing	that happen	ed todav					
			<u> </u>					
Daily log	<u> </u>							

2024	Q4	October	Week 40	Wednesday, 2	Reflect	Tue, 1	Thu, 3
Things 1	'm gra	teful for					
The bes	thing	that happen	ed today				
Daily lo	g						

2024	Q4	October	Week 40	Thursday, 3	Reflect	Wed, 2	Fri, 4
Things 1	'm gra	teful for					
The bes	t thing	that happen	ed today				
Daily lo	<u> </u>						

2024	Q4	October	Week 40	Friday, 4	Reflect	Thu, 3	Sat, 5
Things 1	'm gra	teful for					•
The bes	t thing	that happen	ed today				
1110 000	8	That happen	- Carroady				
Daily lo	g						

2024	Q4	October	Week 40	Saturday, 5	Reflect	Fri, 4	Sun, 6
Things I	'm gra	teful for					
The best	thing	that happen	ed today				
Daily lo							
	<u>-</u>						

2024	Q4	October	Week 40	Sunday, 6	Reflect	Sat, 5	Mon, 7
Things 1	'm gra	teful for					
The bes	t thing	that happen	ed today				
Daily lo	g						

2024	Q4	October	Week 41	Monday, 7	Reflect	Su	n, 6	Tue,
Things l	l'm gra	teful for						
The bes	t thing	that happen	ed today					
THE BEB	• • • • • • • • • • • • • • • • • • • •	that happen	- Car today					
Daily lo	g							

2024	Q4	October	Week 41	Tuesday, 8	Reflect	Mon, 7	Wed, 9
Things	I'm gra	teful for					
The bes	t thing	that happen	ed today				
Doily la	or.						
Daily lo	<u> </u>						

2024	Q4	October	Week 41	Wednesday, 9	Reflect	Tue	e, 8 Thu, 10
Things 1	'm gra	teful for					
The bes	t thing	that happen	ed today				
Daily lo	g						

2024	Q4	October	Week 41	Thursday, 10	Reflect	Wed, 9	Fri, 11
Things I	'm gra	teful for					
The best	thing	that happen	ed today				
Daily log	g						

2024	Q4	October	Week 41	Friday, 11	Reflect	Thu	10	Sat, 12
Things 1	'm gra	teful for						
The bes	t thing	that happen	ed today					
Daily lo	g							

Things I'm grateful for The best thing that happened today Daily log	2024	Q4	October	Week 41	Saturday, 12	Reflect	1	Fri, 11	Sun, 13
	Things 1	'm gra	teful for						
Daily log	The bes	thing	that happen	ed today					
Daily log									
Daily log									
Daily log									
	Daily lo	g							

2024	Q4	October	Week 41	Sunday, 13	Reflect	Sat, 12	Mon, 14
Things 1	'm gra	teful for					_
The bes	t thing	that happen	ed today				
		11					
Daily lo	g 						

2024	Q4	October	Week 42	Monday, 14	Reflect	Su	ın, 13	Tue, 15
Things I	'm gra	teful for						
The best	thing	that happen	ed today					
Daily log								

2024	Q4	October	Week 42	Tuesday, 15	Reflect	Mon, 14	Wed, 16
Things I	m gra	teful for					
The best	thing	that happen	ed today				
Daily log	<u> </u>						

2024	Q4	October	Week 42	Wednesday, 16	Reflect	Tue, 15	Thu, 17
Things 1	'm gra	teful for					
The bes	t thing	that happen	ed today				
Daily lo	r S						

2024	Q4	October	Week 42	Thursday, 17	Reflect	Wed, 16	Fri, 18
Things 1	'm gra	teful for					
The bes	t thing	that happen	ed today				
Daily lo	g						

2024	Q4	October	Week 42	Friday, 18	Reflect	Thu	ı, 17	Sat, 19
Things 1	'm gra	teful for						
The bes	t thing	that happen	ed today					
Daily lo	<u> </u>							

2024	Q4	October	Week 42	Saturday, 19	Reflect	Fri, 18	Sun, 20
Things I	'm gra	teful for					
The best	thing	that happen	ed today				
Daily log	g						

2024	Q4	October	Week 42	Sunday, 20	Reflect	\mathbf{S}	at, 19	Mon, 21
Things I	'm gra	teful for						
The best	thing	that happen	ed today					
Dailer 1-								
Daily log	3							

2024	Q4	October	Week 43	Monday, 21	Reflect	Sun, 20	Tue, 22
Things I	'm gra	teful for					
The best	thing	that happen	ed todav				
		TT					
D :1 1							
Daily log	<u> </u>						

2024	Q4	October	Week 43	Tuesday, 22	Reflect	N	Mon, 21	Wed, 23
Things 1	I'm gra	teful for						
The bes	t thing	that happen	ed today					
Daily lo	g							
	<u> </u>							

2024	Q4	October	Week 43	Wednesday, 23	Reflect	Tue, 22	Thu, 24
Things 1	'm gra	teful for	1		•		
-							
The bes	t thing	that happen	ed today				
Daily lo	g						

2024	Q4	October	Week 43	Thursday, 24	Reflect	Wed, 23	Fri, 25
Things I	'm gra	teful for					
The best	thing	that happen	ed today				
Daily lo	g						

2024	Q4	October	Week 43	Friday, 25	Reflect	Thu, 24	Sat, 26
Things l	I'm gra	teful for					
The best	t thing	that hannon	ad today				
The bes	t tilling	that happen	led today				
Daily lo	g						

Things I'm grateful for The best thing that happened today Daily log	n, 27
Daily log	

2024	Q4	October	Week 43	Sunday, 27	Reflect	Sat, 26	Mon, 28
Γhings l	'm gra	teful for					·
Γhe bes	t thing	that happen	ed today				
		11					
Daily log	<u> </u>						

2024	Q4	October	Week 44	Monday, 28	Reflect	Sun, 2	27 Tue, 29
Things I	'm gra	teful for					
The best	thing	that happen	ed today				
Daily log	~						
Jany 10	3						

2024	Q4	October	Week 44	Tuesday, 29	Reflect	Mon,	28	Wed, 30
Things 1	m gra	teful for						
The bes	t thing	that happen	ed today					
Dailer la								
Daily lo	<u>g</u>							

2024	Q4	October	Week 44	Wednesday, 30	Reflect	Tue, 29	Thu, 31
Things 1	'm gra	teful for				·	
	1 .	.1 . 1	1 . 1				
The bes	t tning	that happen	ned today				
Daily lo	g						

2024	Q4	October	Week 44	Thursday, 31	Reflect	Wed, 30	Fri, 1
Things I	'm gra	teful for					
Γhe best	thing	that happen	ed today				
Daily log							

The best thing that happened today Daily log	2024	Q4	November	Week 44	Friday, 1	Reflect	Thu, 31	Sat, 2
	Things 1	'm gra	teful for					
	The bes	t thing	that happened	today				
Daily log		* *8						
Daily log								
Daily log								
Daily log								
	Daily lo	g						

2024	Q4	November	Week 44	Saturday, 2	Reflect	Fr	i, 1	Sun, 3
Things 1	'm gra	teful for						
The bes	t thing	that happened	l today					
Daily lo	g							

2024	Q4	November	Week 44	Sunday, 3	Reflect	Sat, 2	Mon, 4
Things I	'm gra	teful for					
The best	thing	that happened	today				
Daily log	3						

2024	Q4	November	Week 45	Monday, 4	Reflect	Sı	ın, 3	Tue, 5
Things 1	I'm gra	teful for						
The bes	t thing	that happened	today					
The bes	t tilling	тнат паррепец	today					
Daily lo	g							

2024	Q4	November	Week 45	Tuesday, 5	Reflect	Mon, 4	Wed, 6
Things 1	I'm gra	teful for					
The bes	t thing	that happened	today				
Daily lo	g						

2024	Q4	November	Week 45	Wednesday, 6	Reflect	Tue, 5	Thu, 7
Things 1	'm gra	teful for					
The bes	t thing	that happened	today				
The bes	t tilling	тпат паррепес	. today				
Daily lo	g						

2024	Q4	November	Week 45	Thursday, 7	Reflect	Wed, 6	Fri, 8
Things 1	'm gra	teful for					
The bes	thing	that happened	today				
Daily lo	g S						

2024	Q4	November	Week 45	Friday, 8	Reflect	Thu,	7 Sat, 9
Things I	'm gra	teful for					
The best	thing	that happened	today				
Daily log	r S						

2024	Q4	November	Week 45	Saturday, 9	Reflect	Fri, 8	Sun, 10
Things 1	'm gra	teful for					
The bes	thing	that happened	today				
Daily lo	gr						

2024	Q4	November	Week 45	Sunday, 10	Reflect	Sat, 9	Mon, 11
Things 1	'm gra	teful for					
The hes	t thing	that happened	today				
THE BEB	0 0111118	that happened	· today				
Daily lo	g						

2024	Q4	November	Week 46	Monday, 11	Reflect	Sun, 10	Tue, 12
Γhings I	'm gra	teful for					
The best	thing	that happened	l today				
Daily log	r						
Jany 10g	5						

2024	Q4	November	Week 46	Tuesday, 12	Reflect	Mon, 11	Wed, 13
Things I	'm gra	teful for					
The best	thing	that happened	todav				
		T I					
D :1 1							
Daily log	<u> </u>						

2024	Q4	November	Week 46	Wednesday, 13	Reflect	Tue, 12	Thu, 14
Things 1	l'm gra	teful for	1				
The bes	t thing	that happened	today				
Daily lo	σ						
							

2024	Q4	November	Week 46	Thursday, 14	Reflect	Wed, 13	Fri, 15
Things I	'm gra	teful for					
The best	thing	that happened	todav				
		11					
Daily log	5						

2024	Q4	November	Week 46	Friday, 15	Reflect	Thu, 14	Sat, 16
Things I	'm gra	teful for					
The best	thing	that happened	today				
Daily lo	r						
Jany 10	3						

2024	Q4	November	Week 46	Saturday, 16	Reflect	Fri, 15	Sun, 17
Things 1	'm gra	teful for					
The bes	thing	that happened	today				
Daily lo	or						
	<u> </u>						

2024	Q4	November	Week 46	Sunday, 17	Reflect		Sat, 16	Mon, 18
Things I	'm gra	teful for				-		
The best	thing	that happened	today					
Daily lo	g							

2024	Q4	November	Week 47	Monday, 18	Reflect	Sun, 17	Tue, 19
Things I	'm gra	teful for					
The best	thing	that happened	today				
Daily log	r						
Jany 108	3						

2024	Q4	November	Week 47	Tuesday, 19	Reflect	Mon, 18	Wed, 20
Things	I'm gra	teful for					
The bea	t thing	that hannanad	today				
The bes	t tilling	that happened	today				
Daily lo	g						

2024	Q4	November	Week 47	Wednesday, 20	Reflect	Tue, 19	Thu, 21
Things 1	l'm gra	teful for					
The bear	4 4 h i m m	that hammanad	l todou				
The bes	t thing	that happened	today				
Daily lo	g						

2024	Q4	November	Week 47	Thursday, 21	Reflect	Wed, 20	Fri, 22
Things	I'm gra	teful for					
The bes	t thing	that happened	today				
Daily lo	σ						
Daily 10	8						

2024	Q4	November	Week 47	Friday, 22	Reflect	Thu, 21	Sat, 23
Things I	'm gra	teful for					
The best	thing	that happened	today				
Daily lo	g						

Things I'm grateful for The best thing that happened today Daily log	2024	Q4	November	Week 47	Saturday, 23	Reflect	Fri, 22	Sun, 24
	Things I	'm gra	teful for					
Daily log	The best	thing	that happened	today				
Daily log								
Daily log								
Daily log								
	Daily lo	g						

2024	Q4	November	Week 47	Sunday, 24	Reflect	Sat, 23	B Mon, 25
Things I	'm gra	teful for					
Γhe best	thing	that happened	today				
Daily log	<u> </u>						

2024	Q4	November	Week 48	Monday, 25	Reflect	Sun, 24	Tue, 26
Things 1	I'm gra	teful for					
The bes	t thing	that happened	today				
Daily lo	g						

2024	Q4	November	Week 48	Tuesday, 26	Reflect	Mon, 25	Wed, 27
Things 1	I'm gra	teful for					_
The bes	t thing	that happened	today				
Daily lo	σ						
	8						

2024	Q4	November	Week 48	Wednesday, 27	Reflect	Tue, 26	Thu, 28
Things	I'm gra	teful for					
The bes	t thing	that happened	today				
Dailer la							
Daily lo	<u>g</u>						

The best thing that happened today Daily log	2024	Q4	November	Week 48	Thursday, 28	Reflect	Wed, 27	Fri, 29
	Things 1	'm gra	teful for					
Daily log	The bes	t thing	that happened	today				
Daily log								
Daily log								
Daily log								
	Daily lo	g.						

2024	Q4	November	Week 48	Friday, 29	Reflect	Thu, 28	Sat, 30
Things 1	'm gra	teful for					
The bes	t thing	that happened	today				
Daily lo	<u> </u>						

2024	Q4	November	Week 48	Saturday, 30	Reflect	Fri, 29	Sun, 1
Things I	'm gra	teful for					
The best	thing	that happened	today				
THE DESI	tilling	тпат паррепец	. today				
Daily log	g S						

2024	Q4	December	Week 48	Sunday, 1	Reflect	Sat, 30	Mon, 2
Things 1	l'm gra	teful for	1	•			
The bes	t thing	that happened	l today				
Daily lo	ď						
Daily 10	<u> </u>						

2024	Q4	December	Week 49	Monday, 2	Reflect	Sun, 1	Tue, 3
Things 1	'm gra	teful for					
The bes	t thing	that happened	l today				
Daily lo	<u> </u>						

2024	Q4	December	Week 49	Tuesday, 3	Reflect	Mon, 2	Wed, 4
Things 1	'm gra	teful for					
The bes	t thing	that happened	l today				
Daily lo	g						

2024	Q4	December	Week 49	Wednesday, 4	Reflect	Tue, 3 Thu, 5
Things	I'm gra	teful for				
The bes	t thing	that happened	l today			
Daily lo	σ					
	8					

2024	Q4	December	Week 49	Thursday, 5	Reflect	Wed,	4 Fri, 6
Things 1	'm gra	teful for					
The bes	thing	that happened	l today				
Daily lo	g						

2024	Q4	December	Week 49	Friday, 6	Reflect	Thu, 5	Sat, 7
Things 1	'm gra	teful for					
Γhe bes	t thing	that happened	l today				
Daily lo	g						

2024	Q4	December	Week 49	Saturday, 7	Reflect	Fri, 6	Sun, 8
Things I	'm gra	teful for					
The best	thing	that happened	l today				
Daily lo	g						

2024	Q4	December	Week 49	Sunday, 8	Reflect	Sat, 7	Mon, 9
Things 1	'm gra	teful for					
The bes	t thing	that happened	l today				
Daily lo	g S						

2024	Q4	December	Week 50	Monday, 9	Reflect	Sun, 8	Tue, 10
Things 1	'm gra	teful for					
The bes	t thing	that happened	l today				
Daily lo	or.						
<u>Dany 10;</u>	<u> </u>						

2024	Q4	December	Week 50	Tuesday, 10	Reflect	Mon, 9	Wed, 11
Things I	'm gra	teful for					
The best	thing	that happened	l today				
Daily log	r						
	3						

2024	Q4	December	Week 50	Wednesday, 11	Reflect	Tue, 10 Thu, 12
Things 1	l'm gra	teful for				
The bes	t thing	that happened	l today			
Daily lo	g.					
	<u> </u>					
			<u> </u>			

2024	Q4	December	Week 50	Thursday, 12	Reflect	Wed, 11	Fri, 13
Things 1	m gra	teful for					
	1.	.1 .1	1 . 1				
The bes	t tning	that happened	today				
Daily lo	g						

2024	Q4	December	Week 50	Friday, 13	Reflect	r	Γhu, 12	Sat, 14
Things I	'm gra	teful for						
The best	thing	that happened	l today					
Daily log	r S							

2024	Q4	December	Week 50	Saturday, 14	Reflect	Fri, 13	Sun, 15
Things 1	'm gra	teful for					
The bes	t thing	that happened	l today				
Daily lo	g						

2024	Q4	December	Week 50	Sunday, 15	Reflect	Sat, 14	Mon, 16
Things I	'm gra	teful for					
The best	thing	that happened	l today				
		11					
D-:1 1-							
Daily lo	<u> </u>						

2024	Q4	December	Week 51	Monday, 16	Reflect	Sun, 15	Tue, 17
Things 1	'm gra	teful for					
The bes	t thing	that happened	l today				
Daily lo	g						

2024	Q4	December	Week 51	Tuesday, 17	Reflect	Mon, 16	Wed, 18
Things I	'm gra	teful for					
The best	thing	that happened	l today				
Daily log	g						

2024	Q4	December	Week 51	Wednesday, 18	Reflect	Tue, 17	Thu, 19
Things 1	'm gra	teful for					
The best	t thing	that happened	l today				
The bes	t tilling	тнат паррепес	i today				
Daily lo	g						

The best thing that happened today Daily log	Fri, 20
Daily log	

2024	Q4	December	Week 51	Friday, 20	Reflect	Thu, 19	Sat, 21
Things 1	l'm gra	teful for					
The bes	t thing	that happened	l today				
Daily lo	g						

2024	Q4	December	Week 51	Saturday, 21	Reflect	Fri, 20	Sun, 22
Things	I'm gra	teful for					
The bes	t thing	that happened	l today				
			-				
Daily lo	σ						

2024	Q4	December	Week 51	Sunday, 22	Reflect	Sat, 21	Mon, 23
Things I	'm gra	teful for					
The best	thing	that happened	today				
		11	<u> </u>				
D :1 1							
Daily log	<u> </u>						

2024	Q4	December	Week 52	Monday, 23	Reflect	Sun, 22	Tue, 24
Things I	'm gra	teful for			ı		
The best	t thing	that happened	l today				
Daily lo	g						

Things I'm grateful for The best thing that happened today Daily log	2024	Q4	December	Week 52	Tuesday, 24	Reflect	Mon, 23	Wed, 25
	Things 1	l'm gra	teful for					
Daily log	The bes	t thing	that happened	l today				
Daily log								
Daily log								
Daily log								
	Daily lo	g						

2024	Q4	December	Week 52	Wednesday, 25	Reflect	Tue, 24	Thu, 26
Things 1	'm gra	teful for					
The bes	t thing	that happened	l today				
Daily lo	g						
-							

The best thing that happened today Daily log	Fri, 27
Daily log	

2024	Q4	December	Week 52	Friday, 27	Reflect	Thu, 26	Sat, 28
Things 1	'm gra	teful for					<u> </u>
The bes	t thing	that happened	l today				
Daily lo	<u> </u>						

2024	Q4	December	Week 52	Saturday, 28	Reflect	Fri, 27	Sun, 29
Things 1	l'm gra	teful for	•		•		
The bes	t thing	that happened	l today				
Daily lo	g.						
	<u> </u>						
			_			·	

2024	Q4	December	Week 52	Sunday, 29	Reflect	Sat, 28	Mon, 30
Things	'm gra	teful for					
The bes	t thing	that happened	l today				
The bes	t tilling	тпат паррепес	today				
Daily lo	g						

2024	Q4	December	Week 1	Monday, 30	Reflect	Sun, 2	9 Tue, 31
Things 1	'm gra	teful for	<u>'</u>				
The bes	t thing	that happened	l today				
Daily lo	g						

Things	I'm gra	teful for			
	1 :	.1 .1	1 . 1		
The bes	t thing	that happened	1 today		
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Daily lo	g				
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Tue, 2	Notes	Monday, 1	Week 1	January	Q1	2024

2024	Q1	January	Week 1	Tuesday, 2	Notes	 Mon, 1	Wed, 3

2024	Q1	January	Week 1	Wednesday, 3	Notes	Tue, 2	Thu, 4

2024	Q1	January	Week 1	Thursday, 4	Notes	Wed, 3	Fri, 5

2024	Q1	January	Week 1	Friday, 5	Notes	Thu, 4	Sat, 6

Sun, 7	Fri, 5	 Notes	Saturday, 6	Week 1	January	Q1	2024

Mon, 8	Sat, 6	Notes	Sunday, 7	Week 1	January	Q1	2024

2024	Q1	January	Week 2	Monday, 8	Notes	Sun, 7	Tue, 9

2024	Q1	January	Week 2	Tuesday, 9	Notes	Mon, 8	Wed, 10

2024	Q1	January	Week 2	Wednesday, 10	Notes	Tue, 9	Thu, 11

2024	Q1	January	Week 2	Thursday, 11	Notes	Wed, 10	Fri, 12

2024	Q1	January	Week 2	Friday, 12	Notes	Thu, 11	Sat, 13

2024	Q1	January	Week 2	Saturday, 13	Notes	Fri, 12 Sun, 14
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2024	Q1	January	Week 2	Sunday, 14	Notes	Sat, 13	Mon, 15

2024	Q1	January	Week 3	Monday, 15	Notes	Sun, 14	Tue, 16

2024	Q1	January	Week 3	Tuesday, 16	Notes	Mon, 15	Wed, 17

2024	Q1	January	Week 3	Wednesday, 17	Notes	Tue, 16	Thu, 18

2024	Q1	January	Week 3	Thursday, 18	Notes	Wed, 17	Fri, 19

2024	Q1	January	Week 3	Friday, 19	Notes	Thu, 18	Sat, 20

2024	Q1	January	Week 3	Saturday, 20	Notes	Fri, 19	Sun, 21

2024	Q1	January	Week 3	Sunday, 21	Notes	Sat, 20	Mon, 22

2024	Q1	January	Week 4	Monday, 22	Notes	Ç	Sun, 21	Tue, 23

2024	Q1	January	Week 4	Tuesday, 23	Notes	Mon, 22	Wed, 24

2024	Q1	January	Week 4	Wednesday, 24	Notes	Tue, 23	Thu, 25

2024	Q1	January	Week 4	Thursday, 25	Notes	Wed, 24	Fri, 26

2024	Q1	January	Week 4	Friday, 26	Notes	Thu, 25	Sat, 27

2024	Q1	January	Week 4	Saturday, 27	Notes	Fri, 26	Sun, 28
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2024	Q1	January	Week 4	Sunday, 28	Notes	Sat, 27	Mon, 29

2024	Q1	January	Week 5	Monday, 29	Notes	Sun, 28	Tue, 30
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2024	Q1	January	Week 5	Tuesday, 30	Notes	Mon, 29	Wed, 31

2024	Q1	January	Week 5	Wednesday, 31	Notes	Tue, 30	Thu, 1

2024	Q1	February	Week 5	Thursday, 1	Notes	Wed, 31	Fri, 2

2024	Q1	February	Week 5	Friday, 2	Notes	Thu, 1	Sat, 3

2024	Q1	February	Week 5	Saturday, 3	Notes	Fri, 2	Sun, 4

2024	Q1	February	Week 5	Sunday, 4	Notes	Sat, 3	Mon, 5

2024	Q1	February	Week 6	Monday, 5	Notes	Sun, 4	Tue, 6

2024	Q1	February	Week 6	Tuesday, 6	Notes	Mon, 5	Wed, 7

2024	Q1	February	Week 6	Wednesday, 7	Notes	Tue, 6	Thu, 8

2024	Q1	February	Week 6	Thursday, 8	Notes	Wed, 7	Fri, 9

2024	Q1	February	Week 6	Friday, 9	Notes	Thu, 8	Sat, 10

2024	Q1	February	Week 6	Saturday, 10	Notes	Fri, 9	Sun, 11

2024	Q1	February	Week 6	Sunday, 11	Notes	Sat, 10	Mon, 12

2024	Q1	February	Week 7	Monday, 12	Notes	Sun, 11	Tue, 13

2024	Q1	February	Week 7	Tuesday, 13	Notes	Mon, 12	Wed, 14

2024	Q1	February	Week 7	Wednesday, 14	Notes	Tue, 13	Thu, 15

2024	Q1	February	Week 7	Thursday, 15	Notes	Wed, 14	Fri, 16

2024	Q1	February	Week 7	Friday, 16	Notes	Thu, 15 Sat, 17

2024	Q1	February	Week 7	Saturday, 17	Notes	Fri, 16	Sun, 18

2024	Q1	February	Week 7	Sunday, 18	Notes	Sat, 17	Mon, 19

2024	Q1	February	Week 8	Monday, 19	Notes	Sun, 18	Tue, 20

2024	Q1	February	Week 8	Tuesday, 20	Notes	Mon, 19	Wed, 21

2024	Q1	February	Week 8	Wednesday, 21	Notes	Tue, 20	Thu, 22

2024	Q1	February	Week 8	Thursday, 22	Notes	Wed, 21	Fri, 23

2024	Q1	February	Week 8	Friday, 23	Notes	Thu, 22	Sat, 24

2024	Q1	February	Week 8	Saturday, 24	Notes	Fri, 23	Sun, 25
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2024	Q1	February	Week 8	Sunday, 25	Notes	Sat, 24	Mon, 26
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2024	Q1	February	Week 9	Monday, 26	Notes	Sun, 25	Tue, 27

2024	Q1	February	Week 9	Tuesday, 27	Notes	Mon, 26	Wed, 28
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2024	Q1	February	Week 9	Wednesday, 28	Notes	Tue, 27	Thu, 29

2024	Q1	February	Week 9	Thursday, 29	Notes	Wed, 28	Fri, 1

2024	Q1	March	Week 9	Friday, 1	Notes	Thu, 29	Sat, 2

2024	Q1	March	Week 9	Saturday, 2	Notes	Fri, 1	Sun, 3

2024	Q1	March	Week 9	Sunday, 3	Notes	Sat, 2	Mon, 4

2024	Q1	March	Week 10	Monday, 4	Notes	 Sun, 3	Tue, 5

2024	Q1	March	Week 10	Tuesday, 5	Notes	Mon, 4	Wed, 6

2024	Q1	March	Week 10	Wednesday, 6	Notes	Tue, 5	Thu, 7

2024	Q1	March	Week 10	Thursday, 7	Notes	Wed	l, 6	Fri, 8

2024	Q1	March	Week 10	Friday, 8	Notes	Thu, 7	Sat, 9

2024	Q1	March	Week 10	Saturday, 9	Notes	Fri, 8	Sun, 10

2024	Q1	March	Week 10	Sunday, 10	Notes	Sat, 9	Mon, 11

2024	Q1	March	Week 11	Monday, 11	Notes	Sun, 10	Tue, 12

2024	Q1	March	Week 11	Tuesday, 12	Notes	Mon, 11	Wed, 13
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2024	Q1	March	Week 11	Wednesday, 13	Notes	Tue, 12	Thu, 14

2024	Q1	March	Week 11	Thursday, 14	Notes	Wed, 13	Fri, 15

2024	Q1	March	Week 11	Friday, 15	Notes	Thu, 14	Sat, 16

2024	Q1	March	Week 11	Saturday, 16	Notes	Fri, 15	Sun, 17

2024	Q1	March	Week 11	Sunday, 17	Notes	Sat, 16	Mon, 18

2024	Q1	March	Week 12	Monday, 18	Notes	Sun, 17	Tue, 19

2024	Q1	March	Week 12	Tuesday, 19	Notes	Mon, 18	Wed, 20

2024	Q1	March	Week 12	Wednesday, 20	Notes	Tue, 19	Thu, 21

		Thursday, 21	110005	Wed, 20	F11, 22

2024	Q1	March	Week 12	Friday, 22	Notes	Tł	nu, 21	Sat, 23

2024	Q1	March	Week 12	Saturday, 23	Notes	Fri, 22	Sun, 24

2024	Q1	March	Week 12	Sunday, 24	Notes	Sat, 23	Mon, 25

2024	Q1	March	Week 13	Monday, 25	Notes	Sun, 24	Tue, 26

2024	Q1	March	Week 13	Tuesday, 26	Notes	Mon, 25	Wed, 27

2024	Q1	March	Week 13	Wednesday, 27	Notes	Tue, 26	Thu, 28

2024	Q1	March	Week 13	Thursday, 28	Notes	Wed, 27	Fri, 29

2024	Q1	March	Week 13	Friday, 29	Notes	Thu, 28	Sat, 30

2024	Q1	March	Week 13	Saturday, 30	Notes	Fri, 29	Sun, 31

2024	Q1	March	Week 13	Sunday, 31	Notes	Sat, 30	Mon, 1

2024	Q2	April	Week 14	Monday, 1	Notes	Sun, 31	Tue, 2

2024	Q2	April	Week 14	Tuesday, 2	Notes	 Mon, 1	Wed, 3

2024	Q2	April	Week 14	Wednesday, 3	Notes	Tue, 2	Thu, 4

2024	Q2	April	Week 14	Thursday, 4	Notes	Wed, 3	Fri, 5

2024	Q2	April	Week 14	Saturday, 6	Notes	Fri, 5	Sun, 7

	Aprii	Week 14	Sunday, 7	Notes	Sat, 6	Mon, 8

2024	Q2	April	Week 15	Monday, 8	Notes	Sun, 7	Tue, 9

2024	Q2	April	Week 15	Tuesday, 9	Notes	Mon, 8	Wed, 10

2024	Q2	April	Week 15	Wednesday, 10	Notes	Tue, 9	Thu, 11

2024	Q2	April	Week 15	Thursday, 11	Notes	Wed, 10	Fri, 12

2024	Q2	April	Week 15	Friday, 12	Notes	Thu, 11	Sat, 13

2024	Q2	April	Week 15	Saturday, 13	Notes	Fri,	12	Sun, 14

2024	Q2	April	Week 15	Sunday, 14	Notes	Sat, 13	Mon, 15

2024	Q2	April	Week 16	Monday, 15	Notes	Sun, 14	Tue, 16

2024	Q2	April	Week 16	Tuesday, 16	Notes	Mon, 15	Wed, 17
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2024	Q2	April	Week 16	Thursday, 18	Notes	Wed, 17	Fri, 19

2024	Q2	April	Week 16	Friday, 19	Notes	Thu, 18	Sat, 20

2024	Q2	April	Week 16	Saturday, 20	Notes	Fri, 19	Sun, 21

2024	Q2	April	Week 16	Sunday, 21	Notes	Sat, 20	Mon, 22

2024	Q2	April	Week 17	Monday, 22	Notes	Sun, 21	Tue, 23

2024	Q2	April	Week 17	Tuesday, 23	Notes	Mon, 22	Wed, 24

2024	Q2	April	Week 17	Wednesday, 24	Notes	Tue, 23	Thu, 25

2024	Q2	April	Week 17	Thursday, 25	Notes	Wed, 24	Fri, 26

Sat, 2'	Thu, 25	Notes	Friday, 26	Week 17	April	Q2	2024

2024	Q2	April	Week 17	Saturday, 27	Notes	Fri, 26	Sun, 28

2024	Q2	April	Week 17	Sunday, 28	Notes	Sat, 27	Mon, 29

2024	Q2	April	Week 18	Monday, 29	Notes	Sun, 28	Tue, 30

2024	Q2	April	Week 18	Tuesday, 30	Notes	Mon, 29	Wed, 1

Thu,	Tue, 30	Notes	 Wednesday, 1	Week 18	May	Q2	2024

Fri, 3	Wed, 1	Notes	Thursday, 2	Week 18	May	Q2	2024

2024	Q2	May	Week 18	Friday, 3	Notes	 Thu, 2	Sat, 4

2024	Q2	May	Week 18	Saturday, 4	Notes	Fri, 3	Sun, 5

Mon,	Sat, 4	 Notes	Sunday, 5	Week 18	May	Q2	2024

Tue,	Sun, 5	 Notes	Monday, 6	Week 19	May	Q2	2024

Wed, 8	Mon, 6	 Notes	Tuesday, 7	Week 19	May	Q2	2024

2024	Q2	May	Week 19	Wednesday, 8	Notes	Tue, 7	Thu, 9

2024	Q2	May	Week 19	Thursday, 9	Notes	Wed, 8	Fri, 10

2024	Q2	May	Week 19	Friday, 10	Notes	Thu, 9	Sat, 11

2024	Q2	May	Week 19	Saturday, 11	Notes	Fri, 10	Sun, 12

2024	Q2	May	Week 19	Sunday, 12	Notes	Sat, 11	Mon, 13

2024	Q2	May	Week 20	Monday, 13	Notes	Sun, 12	Tue, 14

2024	Q2	May	Week 20	Tuesday, 14	Notes	 Mon, 13	Wed, 15

2024	Q2	May	Week 20	Wednesday, 15	Notes	Tue, 14	Thu, 16

2024	Q2	May	Week 20	Thursday, 16	Notes	Wed, 15	Fri, 17

2024	Q2	May	Week 20	Friday, 17	Notes	Thu, 16	Sat, 18

2024	Q2	May	Week 20	Saturday, 18	Notes	Fri, 17	Sun, 19
		_		_			

2024	Q2	May	Week 20	Sunday, 19	Notes	Sat, 18	Mon, 20

2024	Q2	May	Week 21	Monday, 20	Notes	Sun, 19	Tue, 21

2024	Q2	May	Week 21	Tuesday, 21	Notes	Mon, 20	Wed, 22

2024	Q2	May	Week 21	Wednesday, 22	Notes	Tue, 21	Thu, 23

2024	Q2	May	Week 21	Thursday, 23	Notes	Wed, 22	Fri, 24

2024	Q2	May	Week 21	Friday, 24	Notes	Thu, 23	Sat, 25

2024	Q2	May	Week 21	Saturday, 25	Notes	Fri, 24	Sun, 26

2024	Q2	May	Week 21	Sunday, 26	Notes	Sat, 25	Mon, 27

2024	Q2	May	Week 22	Monday, 27	Notes	Sun, 26	Tue, 28

2024	Q2	May	Week 22	Tuesday, 28	Notes	Mon, 27	Wed, 29

2024	Q2	May	Week 22	Wednesday, 29	Notes	Tue, 28	Thu, 30

2024	Q2	May	Week 22	Thursday, 30	Notes	Wed, 29	Fri, 31

2024	Q2	May	Week 22	Friday, 31	Notes	Thu, 30	Sat, 1

2024	Q2	June	Week 22	Saturday, 1	Notes	Fri, 31	Sun, 2

Mon, 3	Sat, 1	 Notes	Sunday, 2	Week 22	June	Q2	2024

2024	Q2	June	Week 23	Monday, 3	Notes	Sun, 2	Tue, 4

Wed, 5	Mon, 3	 Note	Tuesday, 4	Week 23	June	Q2	2024

2024	Q2	June	Week 23	Wednesday, 5	Notes	Tue, 4	Thu, 6

2024	Q2	June	Week 23	Thursday, 6	Notes	 Wed, 5	Fri, 7

2024	Q2	June	Week 23	Friday, 7	Notes	 Thu, 6	Sat, 8

2024	Q2	June	Week 23	Saturday, 8	Notes	Fri, 7	Sun, 9

2024	Q2	June	Week 23	Sunday, 9	Notes	1	Sat, 8	Mon, 10

2024	Q2	June	Week 24	Monday, 10	Notes	Sun, 9	Tue, 11

2024	Q2	June	Week 24	Tuesday, 11	Notes	Mon, 10	Wed, 12

2024	Q2	June	Week 24	Wednesday, 12	Notes	Tue, 11	Thu, 13

2024	Q2	June	Week 24	Thursday, 13	Notes	Wed, 12	Fri, 14

2024	Q2	June	Week 24	Friday, 14	Notes	Thu, 13	Sat, 15

2024	Q2	June	Week 24	Saturday, 15	Notes	 Fri, 14	Sun, 16

2024	Q2	June	Week 24	Sunday, 16	Notes	Sat, 15	Mon, 17

2024	Q2	June	Week 25	Monday, 17	Notes	Sun, 16	Tue, 18

2024	Q2	June	Week 25	Tuesday, 18	Notes	Mon, 17	Wed, 19

2024	Q2	June	Week 25	Wednesday, 19	Notes	Tue, 18	Thu, 20

2024	Q2	June	Week 25	Thursday, 20	Notes	Wed, 19	Fri, 21
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2024	Q2	June	Week 25	Friday, 21	Notes	Thu, 20	Sat, 22

2024	Q2	June	Week 25	Saturday, 22	Notes	Fri, 21	Sun, 23

2024	Q2	June	Week 25	Sunday, 23	Notes	,	Sat, 22	Mon, 24
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2024	Q2	June	Week 26	Tuesday, 25	Notes	Mon, 24	Wed, 26

2024	Q2	June	Week 26	Wednesday, 26	Notes	Tue, 25	Thu, 27

2024	Q2	June	Week 26	Thursday, 27	Notes	Wed, 26	Fri, 28

2024	Q2	June	Week 26	Friday, 28	Notes	 Thu, 27	Sat, 29

2024	Q2	June	Week 26	Saturday, 29	Notes	Fri, 28	Sun, 30

2024	Q2	June	Week 26	Sunday, 30	Notes	Sat, 29	Mon, 1

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2024	Q3	July	Week 27	Thursday, 4	Notes	Wee	d, 3	Fri, 5

2024	Q3	July	Week 27	Friday, 5	Notes	Thu, 4	Sat, 6

2024	Q3	July	Week 27	Saturday, 6	Notes	Fri, 5	Sun, 7

2024	Q3	July	Week 27	Sunday, 7	Notes	 Sat, 6	Mon, 8

2024	Q3	July	Week 28	Monday, 8	Notes	Sun, 7	Tue, 9

2024	Q3	July	Week 28	Tuesday, 9	Notes	Mon, 8	Wed, 10

2024	Q3	July	Week 28	Wednesday, 10	Notes	Tue, 9	Thu, 11

2024	Q3	July	Week 28	Thursday, 11	Notes	Wed, 10	Fri, 12

2024	Q3	July	Week 28	Friday, 12	Notes	Thu, 11	Sat, 13

2024	Q3	July	Week 28	Saturday, 13	Notes	Fri, 12	Sun, 14

2024	Q3	July	Week 28	Sunday, 14	Notes	Sat, 13	Mon, 15

2024	Q3	July	Week 29	Monday, 15	Notes	Sun, 14	Tue, 16

2024	Q3	July	Week 29	Tuesday, 16	Notes	Mon, 15	Wed, 17
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2024	Q3	July	Week 29	Thursday, 18	Notes	Wed, 17	Fri, 19

2024	Q3	July	Week 29	Friday, 19	Notes	Thu, 18	Sat, 20

2024	Q3	July	Week 29	Saturday, 20	Notes	Fri, 19	Sun, 21

2024	Q3	July	Week 29	Sunday, 21	Notes	Sat, 20	Mon, 22

2024	Q3	July	Week 30	Monday, 22	Notes	Sun, 21	Tue, 23

2024	Q3	July	Week 30	Tuesday, 23	Notes	Mon, 22	Wed, 24

2024	Q3	July	Week 30	Wednesday, 24	Notes	Tue, 23	Thu, 25

2024	Q3	July	Week 30	Thursday, 25	Notes	Wed, 24	Fri, 26

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2024	Q3	July	Week 30	Sunday, 28	Notes	Sat, 27	Mon, 29

2024	Q3	July	Week 31	Monday, 29	Notes	Sun, 28	Tue, 30

2024	Q3	July	Week 31	Tuesday, 30	Notes	Mon, 29	Wed, 31

2024	Q3	July	Week 31	Wednesday, 31	Notes	Tue, 30	Thu, 1

2024	Q3	August	Week 31	Thursday, 1	Notes	Wed, 31	Fri, 2

2024	Q3	August	Week 31	Friday, 2	Notes	Thu, 1	Sat, 3

2024	Q3	August	Week 31	Saturday, 3	Notes	Fri, 2	Sun, 4

Mon, 5	Sat, 3	 Notes	Sunday, 4	Week 31	August	Q3	2024

2024	Q3	August	Week 32	Monday, 5	Notes	Sun, 4	Tue, 6

2024	Q3	August	Week 32	Tuesday, 6	Notes	Mon, 5	Wed, 7

2024	Q3	August	Week 32	Wednesday, 7	Notes	Tue, 6	Thu, 8

2024	Q3	August	Week 32	Thursday, 8	Notes	Wed, 7	Fri, 9

2024	Q3	August	Week 32	Friday, 9	Notes	Thu, 8	Sat, 10

2024	Q3	August	Week 32	Saturday, 10	Notes	Fri, 9	Sun, 11

2024	Q3	August	Week 32	Sunday, 11	Notes	Sat, 10	Mon, 12

2024	Q3	August	Week 33	Monday, 12	Notes	Sun, 11	Tue, 13

2024	Q3	August	Week 33	Tuesday, 13	Notes	Mon, 12	Wed, 14

2024	Q3	August	Week 33	Wednesday, 14	Notes	Tue, 13	Thu, 15

2024	Q3	August	Week 33	Thursday, 15	Notes	Wed, 14	Fri, 16

2024	Q3	August	Week 33	Friday, 16	Notes	Thu, 15	Sat, 17

2024	Q3	August	Week 33	Saturday, 17	Notes	Fri, 16	Sun, 18

2024	Q3	August	Week 33	Sunday, 18	Notes	Sat, 17	Mon, 19

2024	Q3	August	Week 34	Monday, 19	Notes	Sun, 18	Tue, 20

2024	Q3	August	Week 34	Tuesday, 20	Notes	Mon, 19	Wed, 21

2024	Q3	August	Week 34	Wednesday, 21	Notes	Tue, 20	Thu, 22

2024	Q3	August	Week 34	Thursday, 22	Notes	Wed, 21	Fri, 23

2024	Q3	August	Week 34	Friday, 23	Notes	Thu, 22	Sat, 24

2024	Q3	August	Week 34	Saturday, 24	Notes	Fri, 23	Sun, 25

2024	Q3	August	Week 34	Sunday, 25	Notes	Sat, 24	Mon, 26
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2024	Q3	August	Week 35	Monday, 26	Notes	Sun, 25	Tue, 27

2024	Q3	August	Week 35	Tuesday, 27	Notes	Mon, 26	Wed, 28

2024	Q3	August	Week 35	Wednesday, 28	Notes	Tue, 27	Thu, 29

2024	Q3	August	Week 35	Thursday, 29	Notes	Wed, 28	Fri, 30

2024	Q3	August	Week 35	Friday, 30	Notes	Thu, 29	Sat, 31

2024	Q3	August	Week 35	Saturday, 31	Notes	Fri, 30	Sun, 1

2024	Q3	September	Week 35	Sunday, 1	Notes	Sat, 31	Mon, 2
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2024	Q3	September	Week 36	Monday, 2	Notes	Sun, 1	Tue, 3

2024	Q3	September	Week 36	Tuesday, 3	Notes	Mon, 2	Wed, 4

2024	Q3	September	Week 36	Wednesday, 4	Notes	Tue, 3	Thu, 5
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2024	Q3	September	Week 36	Thursday, 5	Notes	V	Ved, 4	Fri, 6

2024	Q3	September	Week 36	Friday, 6	Notes	Thu, 5	Sat, 7

2024	Q3	September	Week 36	Saturday, 7	Notes	Fri, 6	Sun, 8

2024	Q3	September	Week 36	Sunday, 8	Notes	Sat, 7	Mon, 9

2024	Q3	September	Week 37	Monday, 9	Notes	Sun, 8	Tue, 10

2024	Q3	September	Week 37	Tuesday, 10	Notes	Mon, 9	Wed, 11

2024	Q3	September	Week 37	Wednesday, 11	Notes	Tue, 10	Thu, 12

2024	Q3	September	Week 37	Thursday, 12	Notes	Wed, 11	Fri, 13

2024	Q3	September	Week 37	Friday, 13	Notes	Thu, 12	Sat, 14

2024	Q3	September	Week 37	Saturday, 14	Notes	Fri, 13	Sun, 15

2024	Q3	September	Week 37	Sunday, 15	Notes	Sat, 14	Mon, 16

2024	Q3	September	Week 38	Monday, 16	Notes	Sun, 15	Tue, 17

2024	Q3	September	Week 38	Tuesday, 17	Notes	Mon, 16	Wed, 18

2024	Q3	September	Week 38	Wednesday, 18	Notes	Tue, 17	Thu, 19

2024	Q3	September	Week 38	Thursday, 19	Notes	Wed, 18	Fri, 20

2024	Q3	September	Week 38	Friday, 20	Notes	Thu, 1	19	Sat, 21

2024	Q3	September	Week 38	Saturday, 21	Notes	Fri, 20	Sun, 22
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2024	Q3	September	Week 38	Sunday, 22	Notes	Sat, 21	Mon, 23
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2024	Q3	September	Week 39	Monday, 23	Notes	Sun, 22	Tue, 24

2024	Q3	September	Week 39	Tuesday, 24	Notes	Mon, 23	Wed, 25

2024	Q3	September	Week 39	Wednesday, 25	Notes	Tue, 24	Thu, 26

2024	Q3	September	Week 39	Thursday, 26	Notes	Wed, 25	Fri, 27

2024	Q3	September	Week 39	Friday, 27	Notes	Thu, 26	Sat, 28

2024	Q3	September	Week 39	Saturday, 28	Notes	Fri, 27	Sun, 29

2024	Q3	September	Week 39	Sunday, 29	Notes	Sat, 28	Mon, 30
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2024	Q3	September	Week 40	Monday, 30	Notes	Sun, 29	Tue, 1

2024	Q4	October	Week 40	Tuesday, 1	Notes	Mon, 30	Wed, 2

2024	Q4	October	Week 40	Wednesday, 2	Notes	Tue, 1	Thu, 3

2024	Q4	October	Week 40	Thursday, 3	Notes	Wed, 2	Fri, 4
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2024	Q4	October	Week 40	Friday, 4	Notes	Thu, 3	Sat, 5

2024	Q4	October	Week 40	Saturday, 5	Notes	Fri, 4	Sun, 6

Mon, 7	Sat, 5	Notes	Sunday, 6	Week 40	October	Q4	2024

2024	Q4	October	Week 41	Monday, 7	Notes	Sun, 6	Tue, 8

2024	Q4	October	Week 41	Tuesday, 8	Notes	Mon, 7	Wed, 9
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2024	Q4	October	Week 41	Wednesday, 9	Notes	Tue, 8	Thu, 10

2024	Q4	October	Week 41	Thursday, 10	Notes	Wed, 9	Fri, 11

2024	Q4	October	Week 41	Friday, 11	Notes	Thu, 10	Sat, 12

2024	Q4	October	Week 41	Saturday, 12	Notes	Fri, 11	Sun, 13

2024	Q4	October	Week 41	Sunday, 13	Notes	Sat, 12	Mon, 14

2024	Q4	October	Week 42	Monday, 14	Notes	S	un, 13	Tue, 15

2024	Q4	October	Week 42	Tuesday, 15	Notes	Mon, 14	Wed, 16
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2024	Q4	October	Week 42	Wednesday, 16	Notes	Tue, 15	Thu, 17

2024	Q4	October	Week 42	Thursday, 17	Notes	Wed, 16	Fri, 18

2024	Q4	October	Week 42	Friday, 18	Notes	Thu, 17	Sat, 19

2024	Q4 Octobe	r Week 42	Saturday, 19	Notes	Fri, 18	Sun, 20

2024	Q4	October	Week 42	Sunday, 20	Notes	Sat, 19	Mon, 21

2024	Q4	October	Week 43	Monday, 21	Notes	Sun, 20	Tue, 22

2024	Q4	October	Week 43	Tuesday, 22	Notes	Mon, 21	Wed, 23
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2024	Q4	October	Week 43	Wednesday, 23	Notes	Tue, 22	Thu, 24

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2024	Q4	October	Week 43	Saturday, 26	Notes	Fri, 25	Sun, 27

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2024	Q4	October	Week 43	Sunday, 27	Notes	Sat, 26	Mon, 28

2024	Q4	October	Week 44	Monday, 28	Notes	Sun	, 27	Tue, 29

2024	Q4	October	Week 44	Tuesday, 29	Notes	Mon, 28	Wed, 30

2024	Q4	October	Week 44	Wednesday, 30	Notes	Tue, 29	Thu, 31

2024	Q4	October	Week 44	Thursday, 31	Notes	Wed, 30	Fri, 1

2024	Q4	November	Week 44	Friday, 1	Notes	Th	ıu, 31	Sat, 2

2024	Q4	November	Week 44	Saturday, 2	Notes	Fri, 1	Sun, 3

2024	Q4	November	Week 44	Sunday, 3	Notes	Sat	, 2	Mon, 4

2024	Q4	November	Week 45	Monday, 4	Notes	Sun, 3	3 Tue, 5

2024	Q4	November	Week 45	Tuesday, 5	Notes	Mon, 4	Wed, 6

2024	Q4	November	Week 45	Wednesday, 6	Notes	Tue, 5	Thu, 7

2024	Q4	November	Week 45	Thursday, 7	Notes	Wed, 6	Fri, 8
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2024	Q4	November	Week 45	Friday, 8	Notes	Thu, 7	Sat, 9

2024	Q4	November	Week 45	Saturday, 9	Notes	Fri, 8	Sun, 10

2024	Q4	November	Week 45	Sunday, 10	Notes	Sat, 9	Mon, 11
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2024	Q4	November	Week 46	Monday, 11	Notes	Sun, 10	Tue, 12

2024	Q4	November	Week 46	Tuesday, 12	Notes	Mon, 11	Wed, 13

2024	Q4	November	Week 46	Wednesday, 13	Notes	Tue, 12	Thu, 14

2024	Q4	November	Week 46	Thursday, 14	Notes	Wed, 13	Fri, 15

2024	Q4	November	Week 46	Friday, 15	Notes	Thu, 14	Sat, 16

2024	Q4	November	Week 46	Saturday, 16	Notes	Fri, 15	Sun, 17

2024	Q4	November	Week 46	Sunday, 17	Notes	Sat, 16	Mon, 18

2024	Q4	November	Week 47	Monday, 18	Notes	Sun, 17	Tue, 19

2024	Q4	November	Week 47	Tuesday, 19	Notes	Mon, 18	Wed, 20

2024	Q4	November	Week 47	Wednesday, 20	Notes	Tue, 19	Thu, 21

2024	Q4	November	Week 47	Thursday, 21	Notes	Wed, 20	Fri, 22

2024	Q4	November	Week 47	Friday, 22	Notes	Tł	nu, 21	Sat, 23

2024	Q4	November	Week 47	Saturday, 23	Notes	Fri, 22	Sun, 24

2024	Q4	November	Week 47	Sunday, 24	Notes	Sat, 23	Mon, 25

2024	Q4	November	Week 48	Monday, 25	Notes	Sun, 24	Tue, 26

2024	Q4	November	Week 48	Tuesday, 26	Notes	Mon, 25	Wed, 27

2024	Q4	November	Week 48	Wednesday, 27	Notes	Tue, 26	Thu, 28

2024	Q4	November	Week 48	Thursday, 28	Notes	Wed, 27	Fri, 29

2024	Q4	November	Week 48	Friday, 29	Notes	Th	u, 28	Sat, 30

2024	Q4	November	Week 48	Saturday, 30	Notes	Fri, 29	Sun, 1

2024	Q4	December	Week 48	Sunday, 1	Notes	Sat, 30	Mon, 2

2024	Q4	December	Week 49	Monday, 2	Notes	Sun, 1	Tue, 3

2024	Q4	December	Week 49	Tuesday, 3	Notes	Mon, 2	Wed, 4

2024	Q4	December	Week 49	Wednesday, 4	Notes	Tue, 3	Thu, 5

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2024	Q4	December	Week 49	Friday, 6	Notes	Thu, 5	Sat, 7

2024	Q4	December	Week 49	Saturday, 7	Notes	Fri, 6	Sun, 8

2024	Q4	December	Week 49	Sunday, 8	Notes	Sat, 7	Mon, 9

2024	Q4	December	Week 50	Monday, 9	Notes	Sun, 8	Tue, 10

2024	Q4	December	Week 50	Tuesday, 10	Notes	Mon, 9	Wed, 11

2024	Q4	December	Week 50	Wednesday, 11	Notes	Tue, 10	Thu, 12
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2024	Q4	December	Week 50	Thursday, 12	Notes	Wed, 11	Fri, 13

2024	Q4	December	Week 50	Friday, 13	Notes	Thu, 12	Sat, 14

2024	Q4	December	Week 50	Saturday, 14	Notes	Fri, 13	Sun, 15
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2024	Q4	December	Week 50	Sunday, 15	Notes	Sat, 14	Mon, 16

2024	Q4	December	Week 51	Monday, 16	Notes	Sun, 15	Tue, 17

2024	Q4	December	Week 51	Tuesday, 17	Notes	Mon, 16	Wed, 18

2024	Q4	December	Week 51	Wednesday, 18	Notes	Tue, 17	Thu, 19

2024	Q4	December	Week 51	Thursday, 19	Notes	Wed, 18	Fri, 20

2024	Q4	December	Week 51	Friday, 20	Notes	Thu, 19	Sat, 21

2024	Q4	December	Week 51	Saturday, 21	Notes	Fri, 20	Sun, 22

2024	Q4	December	Week 51	Sunday, 22	Notes	Sat, 21	Mon, 23

2024	Q4	December	Week 52	Monday, 23	Notes	Sun, 22	Tue, 24

2024	Q4	December	Week 52	Tuesday, 24	Notes	Mon, 23	Wed, 25

2024	Q4	December	Week 52	Wednesday, 25	Notes	Tue, 24	Thu, 26

2024	Q4	December	Week 52	Thursday, 26	Notes	Wed, 25	Fri, 27

2024	Q4	December	Week 52	Friday, 27	Notes	Thu,	26	Sat, 28

2024	Q4	December	Week 52	Sunday, 29	Notes	Sat, 28	Mon, 30

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