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20	23	Q	1	Q2	Q	3	\mathbf{Q}_{4}
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Notes	Notes

20	023	Q1	February				Janu	ary Marcl
	Mo	onday	Tuesday	Wednesday	Thursday		Saturday	Sunday
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Week 7	13		14	15	16	17	18	19
Week 8	20		21	22	23	24	25	26
Week 9	27		28					
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20	023	Q1	March						Febr	uary	April
	M	onday	Tuesday	Wednesday	Th	ursday	Frid	lay	Saturday	Su	nday
Week 9				1	2		3	_	4	5	
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Week 12	20		21	22	23		24	_	25	26	
Week 13	27		28	29	30		31				
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20	023	Q2	April				N	1arch	May
	M	onday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sun	day
Week 13							1	2	
Week 14	3		4	5	6	7	8	9	
Week 15	10		11	12	13	14	15	16	
Week 16	17		18	19	20	21	22	23	
Week 17	24		25	26	27	28	29	30	
Not	tes				Notes		•		

20	023	Q2	May				נ	April June
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Week 19								
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Week 20								
	22		23	24	25	26	27	28
Week 21								
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Week 22								
Not	tes				Notes		1	

20	023	Q2	June					May	July
	Me	onday	Tuesday	Wednesday	Thursday	Friday	Saturday	Suno	lay
Week 22					1	2	3	4	
Week 23	5		6	7	8	9	10	11	
Week 24	12		13	14	15	16	17	18	
Week 25	19		20	21	22	23	24	25	
Week 26	26		27	28	29	30			
Not	tes				Notes				

023	Q3	July					Ju	ine August
Mo	onday	Tuesday	Wednesday	Thu	ırsday	Friday	Saturday	Sunday
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3		4	5	6		7	8	9
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20	023	Q3	August				July	September
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Week 31			1	2	3	4	5	6
Week 32	7		8	9	10	11	12	13
Week 33	14		15	16	17	18	19	20
Week 34	21		22	23	24	25	26	27
Week 35	28		29	30	31			
Not	ces				Notes			

20	023	Q3	September				Augus	st October
	M	onday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 35						1	2	3
Week 36	4		5	6	7	8	9	10
Week 37	11		12	13	14	15	16	17
Week 38	18		19	20	21	22	23	24
Week 39	25		26	27	28	29	30	
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20	023	Q4	October				September	November
	M	onday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 39								1
Week 40	2		3	4	5	6	7	8
Week 41	9		10	11	12	13	14	15
Week 42	16		17	18	19	20	21	22
Week 43	23		24	25	26	27	28	29
Week 44	30		31					
Not	tes				Notes			

20	023	Q4	November				October	December
	Mo	onday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 44				1	2	3	4	5
Week 45	6		7	8	9	10	11	12
Week 46	13		14	15	16	17	18	19
Week 47	20		21	22	23	24	25	26
Week 48	27		28	29	30			
Not	tes				Notes			

20	023 Q4 1	December					November
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 48					1	2	3
Week 49	4	5	6	7	8	9	10
Week 50	11	12	13	14	15	16	17
Week 51	18	19	20	21	22	23	24
Week 52	25	26	27	28	29	30	31
Not	ces			Notes			

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2023	Q1	January	Week 52	Wee
26, Mond	lay		27, Tuesday	28, Wednesday
29, Thurs	sday		30, Friday	31, Saturday
l, Sunday	y		Notes	

2023 Q1	January	Week 1	Week 52 Week
2, Monday		3, Tuesday	4, Wednesday
5, Thursday		6, Friday	7, Saturday
8, Sunday		Notes	
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2023	Q1	January	W	eek 2		Week 1	Week
9, Mond	ay			10, Tuesday	11, Wedr	nesday	
12, Thu	rsday			13, Friday	14, Satur	day	
15, Suno	lav			Notes			
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2023 Q1 Ja	nuary	Week 3	Week 2 Week 4
16, Monday		17, Tuesday	18, Wednesday
19, Thursday		20, Friday	21, Saturday
22, Sunday		Notes	
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23, Monday 24, Tuesday 25, Wednesday	
26, Thursday 27, Friday 28, Saturday	
29, Sunday Notes	

30, Monday	31, Tuesday	1, Wednesday
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2, Thursday	3, Friday	4, Saturday
F C 1	NT /	
5, Sunday	Notes	

2023	Q1	February	Week 6	Week 5 Week
6, Mond	lay		7, Tuesday	8, Wednesday
9, Thurs	sday		10, Friday	11, Saturday
12, Suno	day		Notes	

2023 Q1	February	Week 7	Week 6 Week
13, Monday		14, Tuesday	15, Wednesday
16, Thursday		17, Friday	18, Saturday
10, Thaisaay			
19, Sunday		Notes	

2023 Q1 Februa	ry Week 8	Week 7 Week
20, Monday	21, Tuesday	22, Wednesday
23, Thursday	24, Friday	25, Saturday
26, Sunday	Notes	

	ry / March Week 9	Week 8 Week 10
27, Monday	28, Tuesday	1, Wednesday
2, Thursday	3, Friday	4, Saturday
5, Sunday	Notes	

2023	Q1	March	Week 10	Week 9 Week 1
6, Mond	lay		7, Tuesday	8, Wednesday
9, Thurs	9, Thursday		10, Friday	11, Saturday
12, Suno	day		Notes	
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2023 Q1 March W		Week 11	Week 10 Week 12
13, Monday		14, Tuesday	15, Wednesday
16, Thursday		17, Friday	18, Saturday
19, Sunday		Notes	

2023 Q1 March	Week 12	Week 11 Week 13
20, Monday	21, Tuesday	22, Wednesday
23, Thursday	24, Friday	25, Saturday
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26, Sunday	Notes	

27, Monday	March / April Week 13 28, Tuesday	29, Wednesday
21, Monday	20, Tuesday	29, Wednesday
		
30, Thursday	31, Friday	1, Saturday
		
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2, Sunday	Notes	

2023 Q2 April	Week 14	Week 13	Week 1
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6, Thursday	7, Friday	8, Saturday	
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2023 Q2 April	Week 15	Week 14 Week 1
10, Monday	11, Tuesday	12, Wednesday
13, Thursday	14, Friday	15, Saturday
16, Sunday	Notes	

2023	Q2	April	Week	16		Week 15	Week 17
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23, Sund	lay			Notes			

2023 Q2 April V	Week 17	Week 16 Week 18
24, Monday	25, Tuesday	26, Wednesday
27, Thursday	28, Friday	29, Saturday
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30, Sunday	Notes	

2023 Q2 May W	Veek 18	Week 17 Week 19
1, Monday	2, Tuesday	3, Wednesday
4, Thursday	5, Friday	6, Saturday
7, Sunday	Notes	

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8, Monday	9, Tuesday	10, Wednesday
11, Thursday	12, Friday	13, Saturday
14, Sunday	Notes	

2023 Q2	May	Week	20		Week 19	Week 2
15, Monday			16, Tuesday	17, W	/ednesday	•
18, Thursday			19, Friday	20, Sa	aturday	
21, Sunday			Notes			

2023 Q2 May	Week 21	Week 20 Week	
22, Monday	23, Tuesday	24, Wednesday	
25, Thursday	26, Friday	27, Saturday	
29, Thursday	20, Friday	21, Saturday	
28, Sunday	Notes		

2023 Q2 May / June	Week 22	Week 21 Week 23
29, Monday	30, Tuesday	31, Wednesday
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4, Sunday	Notes	
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2023 Q2 June 1	Week 23	Week 22 Week 24
5, Monday	6, Tuesday	7, Wednesday
8, Thursday	9, Friday	10, Saturday
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11, Sunday	Notes	

2023 Q2 June W	Teek 24	Week 23 Week 28
12, Monday	<u>13, Tuesday</u>	14, Wednesday
15, Thursday	16, Friday	17, Saturday
18, Sunday	Notes	
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2023 Q2 June V	Veek 25	Week 24 Week 2
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22, Thursday	23, Friday	24, Saturday
	20, 111day	21, 50001400,
25, Sunday	Notes	

26, Monday	27, Tuesday	28, Wednesday
20, 11101144		20, Wednesday
		
29, Thursday	30, Friday	1, Saturday
2, Sunday	Notes	

2023 Q3 July W	eek 27	Week 26 Week 28
3, Monday	4, Tuesday	5, Wednesday
6, Thursday	7, Friday	8, Saturday
9, Sunday	Notes	

2023 Q3 July	Week 28	Week 27	Week 2
10, Monday	11, Tuesday	12, Wednesday	
13, Thursday	14, Friday	15, Saturday	
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16, Sunday	Notes		

2023 Q3 July	Week 29	Week 28 Week 30
17, Monday	18, Tuesday	19, Wednesday
20, Thursday	21, Friday	22, Saturday
23, Sunday	Notes	

2023 Q3 July W	Veek 30	Week 29 Week 3
24, Monday	25, Tuesday	26, Wednesday
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27, Thursday	28, Friday	29, Saturday
30, Sunday	Notes	

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31, Monday	1, Tuesday	2, Wednesday
3, Thursday	4, Friday	5, Saturday
6, Sunday	Notes	
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2023 Q3 A	August	Week 32	Week 31 Week 33
7, Monday		8, Tuesday	9, Wednesday
10, Thursday		11, Friday	12, Saturday
13, Sunday		Notes	

2023 Q3 August	Week 33	Week 32 Week 3
14, Monday	15, Tuesday	16, Wednesday
17, Thursday	18, Friday	19, Saturday
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20, Sunday	Notes	

2023 Q3	August	Week 34	Week 33 Week 35
21, Monday		22, Tuesday	23, Wednesday
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24, Thursday		25, Friday	26, Saturday
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27, Sunday		Notes	

	/ September Week 35	Week 34 Week 3
28, Monday	29, Tuesday	30, Wednesday
31, Thursday	1, Friday	2, Saturday
51, Thursday		2, Sautraly
3, Sunday	Notes	

2023 Q3	September	Week 36	Week 35 Week 37
4, Monday		5, Tuesday	6, Wednesday
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7, Thursday		8, Friday	9, Saturday
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10, Sunday		Notes	
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2023 Q3 September	er Week 37	Week 36 Week 38
11, Monday	12, Tuesday	13, Wednesday
14, Thursday	15, Friday	16, Saturday
17, Sunday	Notes	
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2023	Q3	September	Week 38	Week 37 Week	36
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21, Thursda	av		22, Friday	23, Saturday	
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24, Sunday			Notes		
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28, Thursday	29, Friday	30, Saturday	
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1, Sunday	Notes		

2023 Q4 October	Week 40	Week 39 Week 41
2, Monday	3, Tuesday	4, Wednesday
5, Thursday	6, Friday	7, Saturday
8, Sunday	Notes	

2023 Q4 October	Week 41	Week 40 Week 42
9, Monday	10, Tuesday	11, Wednesday
12, Thursday	13, Friday	14, Saturday
		-
15, Sunday	Notes	

2023 Q4 October	Week 42	Week 41 Week 43
16, Monday	17, Tuesday	18, Wednesday
19, Thursday	20, Friday	21, Saturday
22, Sunday	Notes	

2023 Q4 October	Week 43	Week 42 Week 44
23, Monday	24, Tuesday	25, Wednesday
26, Thursday	27, Friday	28, Saturday
20, 111415440,		20, 2000 00,
29, Sunday	Notes	

	/ November Week 44	Week 43 Week 4
30, Monday	31, Tuesday	1, Wednesday
2, Thursday	3, Friday	4, Saturday
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5, Sunday	Notes	

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6, Mond	ay		7, Tuesday	8, Wednesday			
9, Thurs	sday		10, Friday	11, Saturday			
12, Suno	lay		Notes				

2023 Q4 Nove	ember Week 46	Week 45 Week 47
13, Monday	14, Tuesday	15, Wednesday
16, Thursday	17, Friday	18, Saturday
10, Thursday	17, Friday	10, Saturday
19, Sunday	Notes	

2023 Q4 November	Week 47	Week 46 Week 48
20, Monday	21, Tuesday	22, Wednesday
23, Thursday	24, Friday	25, Saturday
26, Sunday	Notes	
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	ber / December Week 48	Week 47 Week 49
27, Monday	28, Tuesday	29, Wednesday
30, Thursday	1, Friday	2, Saturday
50, Thursday	1, 111day	2, Saturday
3, Sunday	Notes	

2023 Q4 December	Week 49	Week 48 Week 5
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7, Thursday	8, Friday	9, Saturday
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10, Sunday	Notes	
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2023 Q4 Decemb	er Week 50	Week 49 Week 53
11, Monday	12, Tuesday	13, Wednesday
14, Thursday	15, Friday	16, Saturday
17, Sunday	Notes	

2023 Q4 December	Week 51	Week 50 Week 5
18, Monday	19, Tuesday	20, Wednesday
21, Thursday	22, Friday	23, Saturday
24, Sunday	Notes	
24, Sunday		

2023 Q4 December		December	Week 52	Week 51 Week
25, Mon	day		26, Tuesday	27, Wednesday
28, Thu	rsday		29, Friday	30, Saturday
31, Suno	lay		Notes	

2023	Q1	January	Week 52	Sunday, 1			Mon,
Schedule	9		Top pri	orities			
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07							
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09							
10			Notes	More	Refle	ect	All note
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Schedule	Top priorities		
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2023 Q1 January	Week 1 Wednesday,	, 4	Tue, 3 Thu,
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2023	Q1	January	Week 1 Thursd	lay, 5	Wed, 4 Fri,
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2023	Q1	January	Week 1	Friday, 6		Thu, 5 Sat,
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2023	Q1	January	Week 1	Sunday, 8		Sat, 7	Mon,
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2023	Q1	January	Week 2	Monday, 9		Sun, 8 Tue, 1
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2023	Q1	January	Week 2	Friday, 13		Thu, 12	Sat, 1
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2023	Q1	January	Week 2	Saturday, 14		Fri, 13	Sun, 1			
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2023	Q1	January	Week 3	Monday, 16		Sun, 15 Tue, 1
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2023	Q1	January	Week 3	Wednesday, 18		Tue, 17	Thu, 1		
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2023 Q3 August	Week 32 Wednesday	у, 9	ue, 8 Thu, 10
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2023	Q3	August	Wee	ek 32	Thursday, 10)	Wed, 9	Fri, 1
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2023	Q3	August	Wee	ek 32	Friday, 11		Thu, 10	Sat, 12
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2023	Q3	August	Week	32	Saturday, 12		Fri, 11	Sun, 13
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2023	Q3	August	Week	33	Monday, 14		Sun, 13	Tue, 1
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2023	Q3	August	Week 33	B Tuesday,	15	Mon, 14	Wed, 16
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2023 Q3 Aug	gust Week 33	Wednesday, 16		Tue, 15	Thu, 17					
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2023 Q3 August	Week 33 Friday, 18	Th	nu, 17 Sat, 19
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2023	Q3	August	Week 34	Monday, 21		Sun, 20	Tue, 22
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2023 Q3 August W	eek 34 Wednesday, 23	Tue, 22 Thu, 24
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2023 Q3 August W	Veek 34 Thursday, 24	Wed, 23 Fri, 25
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2023	Q3	August	Wee	ek 34	Saturday, 26			Fri, 25	Sun, 2
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2023	Q3	August	Wee	k 35	Monday, 28		Sun,	27 T	ue, 2
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2023 Q3 August	Week 35 Tuesday, 29	Mon, 28	Wed, 30
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2023	Q3	September	Week 37	Wednesday, 1	3	Tue, 12	Thu, 1
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2023	Q3	September	Week 38	Monday, 18		Sun, 17	Tue, 19
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2023	Q3	September	Week 38	Thursday, 21		Wed, 20	Fri, 22
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2023	Q3	September	Week 38	Saturday, 23		Fri, 22	Sun, 2
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2023	Q3	September	Week 39	Tuesday, 26		Mon, 25	Wed, 2'
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2023	Q3	September	Week 39	Thursday, 28		Wed, 27	Fri, 2
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2023	Q3	September	Week 39	Saturday, 30		Fri, 29	Sun,
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2023	Q4	October	Week 40	Monday, 2		Sun, 1	Tue, 3
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2023	Q4	October	Week 40	Tuesday, 3		Mon, 2	Wed,
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2023 Q4	4 October	Week 40	Wednesday, 4		Tue, 3	Thu,
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Schedule	2023	Q4	October	Week 40	Thursday,	5	Wed, 4	Fri,
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2023	Q4	October	Week 40	Friday, 6			Thu, 5	Sat,
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2023	Q4	October	Week 40	Saturday, 7		Fri, 6	Sun,
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2023 Q4 Q	October	Week 41	Monday, 9	\$	Sun, 8 Tue, 1
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2023	Q4	October	Week 41	Wednesday, 11		Tue, 10	Thu, 12
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2023	Q4	November	Week 47	Sunday, 26		Sat, 25	Mon, 2
Schedule	9		Top prior	ities			
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			Notes M	ore	Reflect		All note
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2023	Q4	November	Week 48	Monday, 27		Sun, 26	Tue, 28
Schedule	9		Top priori	ties			
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			Notes M	ore	Reflect		All note
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2023	Q4	November	Week 48	Tuesday, 28		Mon, 27	Wed, 29
Schedule)		Top priori	ties			
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			Notes M	ore	Reflect		All notes
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2023 Q4 Nov		1ay, 29 10	ie, 28 Thu, 30
Schedule	Top priorities		
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2023 Q	4 November	Week 48	Thursday, 30		Wed, 29	Fri,
Schedule		Top priori	ties			
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2023	Q4	December	Week 48	Friday, 1		Thu, 3	0 Sat,
Schedule	9		Top prior	rities			·
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			Notes N	Iore	Reflect	-	All note
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2023	Q4	December	Week 48	Saturday,	, 2	F	ri, 1	Sun,
Schedul	e		Top prior	rities				
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	ember Week 48 Sunday,		Sat, 2 Mon,
Schedule	Top priorities		
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2023	Q4	December	Week 49	Monday, 4	1	Sun, 3	B Tue,
Schedule	9		Top prior	ities			
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			Notes M	lore	Reflect		All note
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2023 Q	4 December	Week 49	Tuesday, 5	I	Mon, $4 \mid \text{Wed}$,
Schedule		Top prior	ities		
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2023	Q4	December	Week 49	Wednesday, 6		Tue, 5 Thu,
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2023 Q4	December	Week 49	Thursday, 7		Wed, 6	Fri,
Schedule		Top prior	ities			
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10		Notes M	oro	Reflect	/	All note
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2023 Q4 Dece	mber Week 49 Frida	ay, 8	Thu, 7 Sat,
Schedule	Top priorities		
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2023	Q4	December	Week 49	Saturday, 9		Fri, 8	Sun, 10
Schedule	9		Top prior	ities		·	
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2023	Q4	December	Week 49	Sunday,	10		Sat, 9	Mon, 1
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2023	Q4	December	Week 50	Monday, 11		Sun, 10	Tue, 12
Schedule	9		Top prior	ities			
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			Notes M	ore	Reflect		All notes
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2023	Q4	December	Week 50	Tuesday, 12		Mon, 11	Wed, 1
Schedule	9		Top prior	ities			
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			Notes M	fore	Reflect		All note
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2023	Q4	December	Week 50	Wednesday,	13	Tue, 12	Thu, 14
Schedule	9		Top prior	ities			
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			Notes M	fore	Reflect		All notes
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2023 Q4	1 December	Week 50	Thursday, 14		Wed, 13	Fri, 1
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		Notes M	lore	Reflect		All note
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2023 Q	1 December	Week 50	Friday, 15	T	hu, 14	Sat, 1
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10		Notes M	lore	Reflect		All note
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2023	Q4	December	Week 50	Saturday, 16		Fri, 15	Sun, 17
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2023	Q4	December	Week 50	Sunday, 17		Sat, 16	Mon, 18
Schedule	9		Top prior	ities			
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			Notes M	ore	Reflect		All notes
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2023	Q4	December	Week 51	Monday, 1	18	Sun, 17	Tue, 19
Schedule	Э		Top prior	rities			
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			Notes N	lore	Reflect		All note
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	ember Week 51 Tuesday,	19 Moi	n, 18 Wed, 20
Schedule	Top priorities		
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	Notes More	Reflect	All note
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2023	Q4	December	Week 51	Wednesday, 20		Tue, 19	Thu, 2
Schedule	9		Top prior	ities			
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2023	Q4	December	Week 51	Thursday, 21		Wed, 20	Fri, 2
Schedule	9		Top prior	ities			
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2023 Q4	December	Week 51	Friday, 22		Thu, 21	Sat, 23
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2023	Q4	December	Week 51	Saturday,	, 23	Fri,	22 Sun, 24
Schedule	9		Top prior	rities			
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			Notes N	Iore	Refle	ct	All note
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2023	Q4	December	Week 51	Sunday, 24		Sat, 23	Mon, 2
Schedule	е		Top prior	ities			
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			Notes N	lore	Reflect		All note
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2023	Q4	December	Week 52	Monday, 25		Sun, 24	Tue, 26
Schedule	<u> </u>		Top prior	ities			
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			Notes M	ore	Reflect		All notes
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2023	Q4	December	Week 52	Tuesday, 26		Mon, 25	Wed, 2
Schedule	9		Top prior	ities			
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			Notes M	.ore	Reflect		All note
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2023	Q4	December	Week 52	Wednesday, 27		Tue, 26	Thu, 2
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2023	Q4	December	Week 52	Thursday, 28		Wed, 27	Fri, 2
Schedule			Top prior	ities			
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10			Notes M	lore	Reflect		All note
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2023	Q4	December	Week 52	Friday, 29		Thu, 28	Sat, 3
Schedule			Top prior	ities			
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2023	Q4	December	Week 52	Saturday, 30		Fri, 29	Sun, 31
Schedule)		Top prior	ities			
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10			Notes M	ore	Reflect		All notes
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2023	Q4	December	Week 52	Sunday, 31		Sat, 3
Schedule	е		Top prior	ities		
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			Notes M	lore	Reflect	All note
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2023	Q1	January	Week 52	Sunday, 1	Reflect	Mon,
Things I	'm gra	teful for				
The best	thing	that happen	ed today			
Daily log	<u> </u>					

2023	Q1	January	Week 1	Monday, 2	Reflect	Sun	, 1 Tue,
Things I'	m gra	teful for					
The best	thing	that happen	ed today				
D 11 1							
Daily log							

2023	Q1	January	Week 1	Tuesday, 3	Reflect	Mon, 2	Wed, 4
Things I	'm gra	teful for					
		.1 . 1					
The best	thing	that happen	ed today				
Daily log	g						

2023	Q1	January	Week 1	Wednesday, 4	Reflect	Tue, 3	Thu, 5
Things I	'm gra	teful for					
The hest	thing	that happen	ed today				
THE BEST	tilling	тнат паррен	ica today				
Daily log	r S						

2023 Q1	January	Week 1	Thursday, 5	Reflect	Wed, 4 Fri
Things I'm gra	teful for				
The best thing	that happer	ied today			
Daily log					

2023 Q1	January	Week 1	Friday, 6	Reflect	 Thu, 5	Sat,
Things I'm gr	ateful for					
The best thin	g that happer	ned today				
Daily log						

2023	Q1	January	Week 1	Saturday, 7	Reflect	Fri, 6 Sun,
Things I'	m gra	teful for				
The best	thing	that happen	ed today			
D-:1 1						
Daily log	•					

2023	Q1	January	Week 1	Sunday, 8	Reflect	Sat, 7	Mon, 9
Things I	m gra	teful for					
							
The best	thing	that happen	ed today				
Daily log	<u> </u>						
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2023	Q1	January	Week 2	Monday, 9	Reflect	Sun, 8	Tue, 1
Things I'n	n grat	teful for					
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The best t	hing	that happen	ed today				
Daily log							

2023 Q1	January	Week 2	Tuesday, 10	Reflect	Mon, 9	Wed, 1
Things I'm grat	eful for					
The best thing	that happen	ed today				
Daily log						

2023	Q1	January	Week 2	Wednesday, 11	Reflect	Tue, 10	Thu, 12
Things I'	n gra	teful for					
The best	thing	that happen	ed today				
Daily log							

2023	Q1	January	Week 2	Thursday, 12	Reflect	Wed, 11 Fri,
Things I	'm gra	teful for				
The best	thing	that happen	ed today			
Daily log).					
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2023 Q1	January	Week 2	Friday, 13	Reflect	Thu, 12	Sat, 1
Things I'm gra	teful for					
The best thing	that happen	ned today				
Daily log						

2023	Q1	January	Week 2	Saturday, 14	Reflect	Fri, 13	Sun, 1
Things I	'm gra	teful for					
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The best	thing	that happen	ed today				
Daily log	S						

2023	Q1	January	Week 2	Sunday, 15	Reflect	Sat	, 14	Mon, 1
Things I	'm gra	teful for						
The best	thing	that happen	ed today					
Daily log	<u> </u>							
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2023	Q1	January	Week 3	Monday, 16	Reflect	Sun, 15	Tue, 1
Things I'ı	n gra	teful for					
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Ine best	tning	that happen	ed today				
Daily log							

2023	Q1	January	Week 3	Tuesday, 17	Reflect	Mon, 16	Wed, 1
Things I'	m gra	teful for					
The best	thing	that happen	ed today				
Daily log							
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2023	Q1	January	Week 3	Wednesday, 18	Reflect	Tue, 17	Thu, 19
Things I	'm gra	teful for					
TTI 1 .		.1 . 1	1 . 1				
The best	thing	that happen	ied today				
Daily log	S						

2023	Q1	January	Week 3	Thursday, 19	Reflect	Wed, 18 Fri, 2
Things I	'm gra	teful for				
The best	thing	that happen	ed today			
Daily log	r					
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2023	Q1	January	Week 3	Friday, 20	Reflect	ı	Thu, 19	Sat, 2
Things I	'm gra	teful for						
The best	thing	that happen	ed today					
Daily log	5							

2023	Q1	January	Week 3	Saturday, 21	Reflect	Fri, 20	Sun, 22
Things I	'm gra	teful for					
The best	thing	that happen	and today				
The best	tilling	тнат парреп	led today				
Daily log	g						
		-					

2023	Q1	January	Week 3	Sunday, 22	Reflect	Sat, 21	Mon, 2
Things I'	m gra	teful for					
The best	thing	that happen	ed today				
Daily log							

2023	Q1	January	Week 4	Monday, 23	Reflect	Sun, 22	Tue, 2
Things I'	m gra	teful for					
The best	thing	that happen	ed today				
Daily log	,						
Daily log	•						

2023	Q1 Jai	nuary	Week 4	Tuesday, 24	Reflect	Mon, 23	Wed, 2
Things I'm	grateful	for					
The best th	ing that	happen	ed today				
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Daily log							

2023	Q1	January	Week 4	Wednesday, 25	Reflect	Tue, 24	Thu, 26
Things I	m gra	teful for					
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The best	thing	that happen	ied today				
Daily log	5						

2023	Q1	January	Week 4	Thursday, 26	Reflect	Wed, 25 Fri, 2
Things I	m gra	teful for				
The best	thing	that happen	ed today			
Daily log	r					
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2023	Q1	January	Week 4	Friday, 27	Reflect	Thu, 26	Sat, 28
Things I	'm gra	teful for					
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The best	tning	that happen	ed today				
Daily log	ŗ						

2023	Q1	January	Week 4	Saturday, 28	Reflect	Fri, 27	Sun, 29
Things I	'm gra	teful for					
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The best	tning	that happen	ed today				
Daily log	g						

2023	Q1	January	Week 4	Sunday, 29	Reflect	Sat, 28	Mon, 30
Things I	'm gra	teful for					
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The best	thing	that happen	ed today				
Daily log	5						

2023	Q1	January	Week 5	Monday, 30	Reflect	Sun, 29	Tue, 31
Things I	'm gra	teful for					
(TD) 1	.1.	.1 . 1	11				
The best	thing	that happen	ed today				
Daily log	ŗ						

2023	Q1	January	Week 5	Tuesday, 31	Reflect	Mon, 30	Wed, 1
Things I	'm gra	teful for					
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The best	tning	that happen	led today				
Daily log	g						

2023 Q1	February	Week 5	Wednesday, 1	Reflect	Tue, 31	Thu, 2
Things I'm gra	ateful for					
The best thing	that happene	ed today				
Daily log						

2023	Q1	February	Week 5	Thursday, 2	Reflect	Wed, 1	Fri, 3
Things I'	m gra	teful for					
Th - 14	41-1	4h 4 h	1 4 - 1				
The best	tning	that happene	ed today				
Daily log							

2023	Q1	February	Week 5	Friday, 3	Reflect	Thu, 2	Sat,
Things I'	m gra	teful for					
The best	thing	that happene	d today				
Daily log							
Daily log	•						

2023 Q1	February	Week 5	Saturday, 4	Reflect	Fri, 3	Sun,
Things I'm gr	ateful for					
The best thin	g that happen	ad taday				
The best thin	g that happen	ed today				
Daily log						

2023 C	1 February	Week 5	Sunday, 5	Reflect	Sat, 4	Mon, 6
Things I'm	grateful for					
The best th	ing that happen	ed today				
THE DEST TH	ing that happen	ica today				
Daily log						

2023	Q1	February	Week 6	Monday, 6	Reflect	Sun, 5 Tue, 7
Things I	'm gra	teful for				
The best	thing	that happene	ed today			
Daily log	g					

Things I'm grateful for The best thing that happened today Daily log	
Daily log	

2023	Q1	February	Week 6	Wednesday, 8	Reflect	Tue, 7 Thu, 9
Things I	'm gra	teful for				
						
The best	thing	that happene	ed today			
Daily log	g					

2023	Q1	February	Week 6	Thursday, 9	Reflect	Wed, 8	Fri, 10
Things I	'm gra	teful for					
The best	t thing	that happene	d today				
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Daily log	5						

2023	Q1	February	Week 6	Friday, 10	Reflect	Thu, 9 Sat,
Things I	'm gra	teful for				
The best	thing	that happene	ed today			
Daily log						

2023	Q1	February	Week 6	Saturday, 11	Reflect	Fri, 10	Sun, 12
Things I	'm gra	teful for					
The best	thing	that happene	ed today				
Daily log	g						

2023 Q1	February	Week 6	Sunday, 12	Reflect	Sat, 11	Mon, 13
Things I'm gra	ateful for					
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The best thing	g that happene	ed today				
Daily log						

2023 Q1	February	Week 7	Monday, 13	Reflect	Sun, 12	Tue, 14
Things I'm gra	teful for					
The best thing	that happene	ed today				
Daily log						

2023	Q1	February	Week 7	Tuesday, 14	Reflect	Mon, 13	Wed, 15
Things I'	m gra	teful for					
The best	thing	that happene	d today				
D :1 1							
Daily log	5						

2023	Q1	February	Week 7	Wednesday, 15	Reflect	Tue, 14	Thu, 10
Things I'	m gra	teful for					
		.1 . 1	1 . 1				
The best	thing	that happene	ed today				
Daily log							
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2023	Q1	February	Week 7	Thursday, 16	Reflect	Wed, 15	Fri, 17
Things I'	m gra	teful for					
T) - 14	41- :	4h 4 h	1 4 - 1				
i ne best	tning	that happene	ea today				
Daily log							

2023	Q1	February	Week 7	Friday, 17	Reflect	Thu, 16	Sat, 18
Things I	m gra	teful for					
The best	thing	that happene	d today				
Daily log	,						

2023	Q1	February	Week 7	Saturday, 18	Reflect	Fri, 17	Sun, 1
Things I	'm gra	teful for					
The best	thing	that happene	ed today				
Daily log	r						
Daily 10g	•						

2023	Q1	February	Week 7	Sunday, 19	Reflect	Sat, 18	Mon, 2
Things I	m gra	teful for					
The best	thing	that happene	ed today				
Daily log							
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2023	Q1	February	Week 8	Monday, 20	Reflect	Sun, 19	Tue, 21
Things I	'm gra	teful for					
The best	thing	that happene	ed today				
Daily log	<u> </u>						
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2023	Q1	February	Week 8	Tuesday, 21	Reflect	Mon, 20	Wed, 2
Things I	'm gra	teful for					
(TD) 1 4	.1:	.1 1	11				
The best	tning	that happene	ed today				
Daily log	5						

2023	Q1	February	Week 8	Wednesday, 22	Reflect	Tue, 21	Thu, 2
Things I	'm gra	teful for					
The best	thin m	that bannana	d today				
The best	tning	that happene	a today				
Daily log	S						

2023	Q1	February	Week 8	Thursday, 23	Reflect	Wed, 22	Fri, 24
Things I	m gra	teful for					
TD1 1 4	41.	,1 , 1	1 . 1				
i ne best	tning	that happene	ed today				
Daily log	,						

2023	Q1	February	Week 8	Friday, 24	Reflect	Thu, 23	Sat, 25
Things I	'm gra	teful for					
The best	thing	that happene	d today				
Daily log	r						
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2023	Q1	February	Week 8	Saturday, 25	Reflect	Fri, 24	Sun, 26
Things I	'm gra	teful for					
The best	thing	that happene	d today				
The best	unnig	тнат паррепе	u today				
Daily log	g						

2023	Q1	February	Week 8	Sunday, 26	Reflect	Sat, 25	Mon, 2
Things I	m gra	teful for					
(T) 1 4	.1.	.1 . 1	1 . 1				
The best	tning	that happene	d today				
Daily log	,						

2023	Q1	February	Week 9	Monday, 27	Reflect	Sun, 26	Tue, 28
Things I	m gra	teful for					
	.1.	.1 . 1	1 . 1				
The best	thing	that happene	ed today				
Daily log	S						

2023	Q1	February	Week 9	Tuesday, 28	Reflect	Mon, 27 Wed,
Things I	'm gra	teful for				
The best	thing	that happene	ed today			
Daily log	ŗ					

2023	Q1	March	Week 9	Wednesday, 1	Reflect	Tue, 28	Thu, 2
Things I	'm gra	teful for					
m 1 4	.1.	(1 (1	1 4 1				
The best	tning	tnat napp	ened today				
Daily log	S						

2023	Q1	March	Week 9	Thursday, 2	Reflect	Wed	d, 1 Fri,
Things I	'm gra	teful for					
The best	thing	that happ	ened today				
Daily log	r						
Daily 10g	<u> </u>						

2023	Q1	March	Week 9	Friday, 3	Reflect	 Thu, 2	Sat,
Things I	m gra	teful for					
							
The best	thing	that happ	ened today				
Daily log							
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2023 Q1	March	Week 9	Saturday, 4	Reflect	Fri	3 Sun,
Things I'm gr	ateful for					
TD1 1 4 41:	41 4 1	1.4.1				
The best thin	g tnat napp	bened today				
Daily log						

2023 Q1	March	Week 9	Sunday, 5	Reflect	Sat, 4	Mon, 6
Things I'm gr	ateful for					
The best thin	o that hanr	nened today				
The best tilli	g that happ	Defice today				
Daily log						

2023 Q1	March	Week 10	Monday, 6	Reflect	Sun, 5	Tue, 7
Things I'm gra	teful for					
The best thing	that happ	ened today				
Daily log						

2023	Q1	March	Week 10	Tuesday, 7	Reflect	Mon, 6	Wed, 8
Things I'	m gra	teful for					
The best	thing	that happ	ened today				
Daily log							

2023	Q1	March	Week 10	Wednesday, 8	Reflect	Tue, 7	Thu, 9
Things I'm	grat	eful for					
The best ti	hing	that happe	ened today				
Daily log							

2023	Q1	March	Week 10	Thursday, 9	Reflect	Wed, 8	Fri, 1
Things I	'm gra	teful for					
(D) 1 /	.1.	.1 . 1	11				
The best	tning	tnat napp	ened today				
Daily log	g						

2023	Q1	March	Week 10	Friday, 10	Reflect	Thu, 9	Sat, 1
Things I	'm gra	teful for					
	1.	41 4 1	1, 1				
The best	t tning	tnat napp	ened today				
Daily log	g						

2023 Q1	March	Week 10	Saturday, 11	Reflect	Fri, 10	Sun, 12
Things I'm gr	ateful for					
The best thin	g that happ	pened today				
Daily log						

2023	Q1	March	Week 10	Sunday, 12	Reflect	Sat, 11	Mon, 13
Things I'	m gra	teful for					
Th - 14	41-1	41-4 1					
The best	tilling	тпат парр	ened today				
Daily log	,						

Things I'm grateful for The best thing that happened today Daily log	2023	Q1	March	Week 11	Monday, 13	Reflect	Sun, 12	Tue, 1
	Things I	'm gra	teful for					
Daily log	The best	thing	that happ	ened today				
Daily log								
Daily log								
Daily log								
	Daily log							

2023	Q1	March	Week 11	Tuesday, 14	Reflect	Mon, 13	Wed, 1
Things I	'm gra	teful for					
The best	t thing	that happ	ened today				
Daily lo	<u> </u>						

2023	Q1	March	Week 11	Wednesday, 1	5 Reflect	Tue, 14	Thu, 1
Things I	'm gra	teful for					
The best	t thing	that happ	ened today				
D-:1 1-							
Daily lo	<u> </u>						

2023	Q1	March	Week 11	Thursday, 16	Reflect	Wed, 15	Fri, 17
Things I'	m gra	teful for					
The best	thing	that happ	ened today				
Daily log							
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2023	Q1	March	Week 11	Friday, 17	Reflect	 Thu, 16	Sat, 18
Things I'	m gra	teful for					
The best	thing	that happ	ened today				
Daily log	,						
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2023	Q1	March	Week 11	Saturday, 18	Reflect	Fri, 17	Sun, 1
Things I'	m gra	teful for					
Th l	41. :	41-41					
The best	thing	тпат парр	ened today				
Daily log	;						

2023	Q1	March	Week 11	Sunday, 19	Reflect	Sat, 18	Mon, 2
Things I	'm gra	teful for					
The best	t thing	that happ	ened today				
Daily lo	<u> </u>						

2023	Q1	March	Week 12	Monday, 20	Reflect	Sun, 19	Tue, 21
Things I	'm gra	teful for					
The best	thing	that happ	ened today				
Daily log							

2023	Q1	March	Week 12	Tuesday, 21	Reflect	Mon, 20	Wed, 22
Things I	m gra	teful for					
The best	thing	that happ	ened today				
Daily log							
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2023	Q1	March	Week 12	Wednesday, 22	Reflect	Tue, 21	Thu, 2
Things I	m gra	teful for					
The best	thing	that happ	ened today				
Daily log	5						

2023	Q1	March	Week 12	Thursday, 23	Reflect	Wed, 22	Fri, 24
Things I	'm gra	teful for					
The best	thing	that hann	ened today				
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Daily log	5						

2023	Q1	March	Week 12	Friday, 24	Reflect	Thu, 23	Sat, 25
Things I'	m gra	teful for					
The best	thing	that happe	ened today				
THE BEST	***************************************	тас парр	enea today				
Daily log							

2023	Q1	March	Week 12	Saturday, 25	Reflect	Fri, 24	Sun, 2
Things I	'm gra	teful for					
The best	t thing	that hann	ened today				
The besi	t tilling	тпат парр	ened today				
Daily log	g						

2023	Q1	March	Week 12	Sunday, 26	Reflect	Sat, 25	Mon, 2
Things I	m gra	teful for					
(TD) 1 4	.1.	.1 . 1	11				
The best	thing	that happ	ened today				
Daily log	5						

2023	Q1	March	Week 13	Monday, 27	Reflect	Sun, 26	Tue, 28
Things I'	m gra	teful for					
The best	thing	that happ	ened today				
D 11 1							
Daily log							

2023	Q1	March	Week 13	Tuesday, 28	Reflect	Mon, 27	Wed, 2
Things I'	m gra	teful for					
The best	thing	that happ	ened today				
Daily log							
Lany 10g							

2023	Q1	March	Week 13	Wednesday, 29	Reflect	Tue, 28	Thu, 30
Things I	m gra	teful for					
The hest	thing	that hann	ened today				
THE BEST	tilling	тпат парр	ched today				
Daily log	,						

	n grateful for		today			
	thing that h	nappened	today			
	thing that h	nappened	today			
	thing that h	nappened	today			
	thing that h	nappened	today			
Daily log						
Daily log						
Daily log						

2023	Q1	March	Week 13	Friday, 31	Reflect	Thu, 30	Sat,
Things I	'm gra	teful for					
The best	thing	that happ	ened today				
Daily log	Г						

2023	Q2	April	Week 13	Saturday, 1	Reflect	Fri, 31	Sun,
Things I'	m gra	teful for					
The best	thing	that hap	pened today				
Daily log							
Daily log							

2023	Q2	April	Week 13	Sunday, 2	Reflect	Sat, 1	Mon, 3
Things I	'm gra	teful for					
The best	thing	that han	pened today				
THE DESI	tilling	тпат пар	pened today				
Daily log	g						

				Monday, 3	Technoor	Sun, 2	Tue,
Things I	m gra	teful for					
The best	thing	that hap	pened today				
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Daily log	5						

2023	Q2 April	Week 14	Tuesday, 4	Reflect	Mon	3 Wed,
Things I'm	grateful for					
The best t	hing that ha	ppened today				
D 11 1						
Daily log						

2023	Q2	April	Week 14	Wednesday, 5	Reflect	Tue, 4	Thu, 6
Things I	m gra	teful for					
The best	thing	that han	pened today				
The best	tilling	тпат пар	pened today				
Daily log	S						

2023 Q2	April	Week 14	Thursday, 6	Reflect	Wed,	5 Fri, 7
Things I'm gra	ateful for					
The best thing	g that hap	pened today				
Daily log						
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2023 Q2	April	Week 14	Friday, 7	Reflect	Thu, 6	Sat,
Things I'm gra	teful for					
The best thing	that hap	pened today				
D 11 1						
Daily log						

2023	Q2	April	Week 14	Saturday, 8	Reflect	Fri, 7	Sun,
Things I	'm gra	teful for					
m) 1							
The best	thing	that hap	pened today				
Daily log	<u> </u>						

2023	Q2	April	Week 14	Sunday, 9	Reflect	Sat, 8	Mon, 1
Things I	'm gra	teful for					
The best	thing	that hap	pened today				
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Daily log	<u> </u>						

2023	Q2	April	Week 15	Monday, 10	Reflect	Sur	n, 9 '	Tue, 1
Things I	'm gra	teful for						
The best	thing	that hap	pened today					
Daily log	<u> </u>							

2023	Q2	April	Week 15	Tuesday, 11	Reflect	Mon, 10	Wed, 12
Things I	m gra	teful for					
The best	thing	that hap	pened today				
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Daily log	5						

2023 C	22 April	Week 15	Wednesday, 12	Reflect	Tue, 11	Thu, 1
Things I'm	grateful for					
Th - h - + +h	:					
The best th	ing that hap	opened today				
Daily log						

2023 Q2	April	Week 15	Thursday, 13	Reflect	Wed, 12	Fri, 14
Things I'm gra	teful for					
The best thing	that han	nanad taday				
The best thing	тпат пар	pened today				
Daily log						

2023	Q2	April	Week 15	Friday, 14	Reflect	 Γhu, 13	Sat, 15
Things I'r	n grat	eful for					
The best	thing	that hap	pened today				
Daily log							

2023	Q2	April	Week 15	Saturday, 15	Reflect	Fri, 14 Sı	ın, 1
Things 1	l'm gra	teful for					
The bes	t thing	that hap	pened today				
Daily lo	g						

2023	Q2	April	Week 15	Sunday, 16	Reflect	Sat,	15 Mon, 1
Things I	m gra	teful for					
The best	thing	that hap	pened today				
Daily log	ς						
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2023	Q2	April	Week 16	Monday, 17	Reflect	Sun, 16	Tue, 1
Things I	'm gra	teful for					
The best	thing	that hap	pened today				
Daily log)°						
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2023	Q2	April	Week 16	Tuesday, 18	Reflect	Mon, 17	Wed, 19
Things I'	'm grat	teful for					
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The best	tning	tnat nap	pened today				
Daily log	5						

2023	Q2	April	Week 16	Wednesday, 19	Reflect	Tue, 18	Thu, 2
Things I	m gra	teful for					
(T) 1 4	.1.	.11	11				
The best	thing	that hap	pened today				
Daily log	5						

2023	Q2	April	Week 16	Thursday, 20	Reflect	Wed, 19	Fri, 21
Things I	'm gra	teful for					
							
The best	t thing	that hap	pened today				
Daily lo	g						

2023	Q2	April	Week 16	Friday, 21	Reflect	Thu, 20	Sat, 2
Things I	'm gra	teful for					
The best	thing	that hap	pened today				
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Daily log	5						

2023 Q2		Week 16	Saturday, 22	Reflect	Fri, 21	Sun, 2
Things I'm g	rateful for					
Th - h + + h :-	41 4 1					
The best thir	ig that hap	ppened today				
Daily log						
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2023	Q2	April	Week 16	Sunday, 23	Reflect	Sat, 22	Mon, 2
Things I	'm gra	teful for					
The best	thing	that hap	pened today				
Daily log	S						

2023	Q2	April	Week 17	Monday, 24	Reflect	Sun, 23	Tue, 2
Things I	'm gra	teful for					
The best	thing	that hap	pened today				
Daily log	<u> </u>						
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2023	Q2	April	Week 17	Tuesday, 25	Reflect	Mon, 24	Wed, 20
Things I	m gra	teful for					
The best	thing	that hap	pened today				
Daily log							
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2023	Q2	April	Week 17	Wednesday, 26	Reflect	Tue, 25	Thu, 2
Things I'	m gra	teful for					
The best	thing	that han	pened today				
The best	tilling	тпат пар	pened today				
Daily log							

2023	Q2	April	Week 17	Thursday, 27	Reflect	Wed, 26	Fri, 28
Things I'	m gra	teful for					
	.1.	.1 . 1	11				
The best	thing	that hap	pened today				
Daily log							

2023	Q2	April	Week 17	Friday, 28	Reflect	Thu, 27	Sat, 2
Things I	m gra	teful for					
The best	thing	that hap	pened today				
Daily log	r						
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2023	Q2	April	Week 17	Saturday, 29	Reflect	Fri, 28	Sun, 3
Things I'	m gra	teful for					
The best	thing	that hap	pened today				
Daily log							

2023	Q2	April	Week 17	Sunday, 30	Reflect	Sat, 29	Mon,
Things I	'm gra	teful for					
The best	thing	that hap	pened today				
Daily lo	r						
Daily 10	5						

2023	Q2	May	Week 18	Monday, 1	Reflect	Sun, 3	0 Tue, 2
Things I'	m gra	teful for					
The best	thing	that ha	ppened today				
	*******	enae naj	ppenea today				
Daily log							

2023	Q2	May	Week 18	Tuesday, 2	Reflect	Mon, 1	Wed,
Things I	m gra	teful for					
The best	thing	that hap	opened today				
D 11 1							
Daily log							

2023	Q2	May	Week 18	Wednesday, 3	Reflect	Tue, 2 Thu,
Things I	'm gra	teful for				
The hest	thing	that has	ppened today	7		
<u> </u>	tilling	tilat ilaj	ppened today			
Daily log	g					

2023	Q2	May	Week 18	Thursday, 4	Reflect	Wed, 3	Fri, 5
Things I	m grat	teful for					
Th - h4	41	41-41					
The best	thing	that haj	ppened today				
Daily log	5						

2023	Q2	May	Week 18	Friday, 5	Reflect	Thu, 4	Sat,
Things I	'm gra	teful for					
The best	thing	that hap	ppened today	7			
Daily log	g						

2023	Q2	May	Week 18	Saturday, 6	Reflect	Fri, 5	Sun, 7
Things I	'm gra	teful for					
The best	thing	that ha	ppened today				
Daily log	r						
Daily log	· · · · · · · · · · · · · · · · · · ·						

2023	Q2	May	Week 18	Sunday, 7	Reflect	Sat, 6	Mon,
Things I'	m gra	teful for					
The best	thing	that ha	ppened today				
Daily log	,						
Daily log	•						

Things I	'm gra	teful for				
The best	4himm	that ha	nn an ad ta daw			
ne best	thing	тпат па	ppened today	·		
Daily log	S					

2023 Q2	May	Week 19	Tuesday, 9	Reflect	Mon, 8	Wed, 1
Things I'm gra	teful for					
The best thing	that har					
The best thing	тпат пар	эрепец годау				
Daily log						

2023	Q2	May	Week 19	Wednesday, 10	Reflect	Tue, 9	Thu, 1
Things I	'm gra	teful for					
The best	thing	that ha	ppened today	7			
Daily lo							

2023	Q2	May	Week 19	Thursday, 11	Reflect	Wed, 10	Fri, 12
Things I'r	n gra	teful for					
	. 1 .	.1 . 1	11				
The best	thing	that hap	ppened today				
Daily log							

2023	Q2	May	Week 19	Friday, 12	Reflect	Thu, 11	Sat, 1
Things I'	m gra	teful for					
The best	thing	that har	opened today				
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Daily log	· 						

2023	Q2	May	Week 19	Saturday, 13	Reflect	Fri, 12	Sun, 1
Things I	'm gra	teful for				 _	
TDL - 14	41	41-41	1 4 - 1	_			
The best	tning	tnat naj	ppened today	, 			
Daily log	g						

2023	Q2	May	Week 20	Monday, 15	Reflect	Sun, 14	Tue, I
Things I	m gra	teful for					
	(1:	41 4 1	11				
The best	thing	that hap	opened today				
Daily log	r						

2023	Q2	May	Week 20	Tuesday, 16	Reflect	Mon, 15	Wed, 17
Things I	m gra	teful for					
The best	thing	that hai	ppened today	,			
D 11 1							
Daily log							

2023	Q2	May	Week 20	Wednesday, 17	Reflect	Tue, 16	Thu, 18
Things I	m gra	teful for					
The best	thing	that hap	opened today				
Daily log	5						

2023	Q2	May	Week 20	Thursday, 18	Reflect	Wed, 17 Fri, 1
Things I	m gra	teful for				
The best	4 la iman	that has	nn an ad taday			
The best	tilling	тпат пај	ppened today			
Daily log	r S					

2023	Q2	May	Week 20	Friday, 19	Reflect	 Thu, 18	Sat, 20
Things I	'm gra	teful for					
The best	t thing	that har	opened today				
The best	tilling	that hap	spened today				
Daily log	r						

2023	Q2	May	Week 20	Saturday, 20	Reflect	Fri, 19	Sun, 21
Things I	'm gra	teful for					
(TD) 1 /	.1.	(1 (1	1.4.1				
The best	tning	tnat naj	ppened today	•			
Daily log	g						

2023	Q2	May	Week 20	Sunday, 21	Reflect	Sat, 20	Mon, 2
Things I'	m gra	teful for					
							
The best	thing	that ha	ppened today	•			
Daily log							
	<u> </u>						

2023	Q2	May	Week 21	Monday, 22	Reflect	Sun, 21	Tue, 2
Things I	m gra	teful for					
The best	thing	that hap	ppened today	7			
D :1 1							
Daily log	<u> </u>						
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2023 Q2	May	Week 21	Tuesday, 23	Reflect	Mon, 22	Wed, 24
Things I'm gr	ateful for					
The best thin	g that ha	ppened today	•			
Daily log						

2023 Q2	2 May	Week 21	Wednesday, 24	Reflect	Tue, 23	Thu, 25
Things I'm g	rateful for					
The best thir	ng that ha	ppened today	7			
D '1 1						
Daily log						

2023	Q2	May	Week 21	Thursday, 25	Reflect	Wed, 24	Fri, 2
Things I	'm gra	teful for					
TIL - 14	41-1	41-41		-			
ine best	tning	tnat naj	opened today				
Daily log	g						

2023	Q2	May	Week 21	Friday, 26	Reflect	Thu, 25	Sat, 27
Things I	'm gra	teful for					
(T) 1 /	.1.	.1 . 1	11				
The best	tning	tnat naj	opened today				
Daily log	g						

2023	Q2	May	Week 21	Saturday, 27	Reflect	Fri, 26	Sun, 28
Things I	'm gra	teful for					
The best	thing	that hai	ppened today	·			
Daily log	5						

2023	Q2	May	Week 21	Sunday, 28	Reflect	Sat, 27	Mon, 29
Things I	m gra	teful for					
The best	thing	that has	ppened today	<u> </u>			
THE DESC	tilling	tilat ilaj	ppened today	<u> </u>			
Daily log	S						
			-				

2023	Q2	May	Week 22	Monday, 29	Reflect	 Sun, 28	Tue, 3
Things I	'm gra	teful for					
The best	thing	that hap	ppened today				
Daily log	<u> </u>						

2023	Q2	May	Week 22	Tuesday, 30	Reflect	Mon, 29	Wed, 31
Things I	'm gra	teful for					
TIL - 14		41-41	1 4 . 1	-			
The best	tning	тпат пај	ppened today	·			
Daily log	g						

2023	Q2	May	Week 22	Wednesday, 31	Reflect	Tue, 30 Thu,
Things I	'm gra	teful for				
The best	t thing	that ha	ppened today	7		
	8	01100 110	ppenea today			
Daily log	r 5					

2023	Q2	June	Week 22	Thursday, 1	Reflect	Wed, 33	l Fri,
Things I	m gra	teful for					
		.1 . 1					
The best	thing	that hap	opened today				
Daily log	;						

2023	Q2	June	Week 22	Friday, 2	Reflect	Thu, 1	Sat,
Things I	m gra	teful for					
The best	thing	that hap	pened today				
Daily log							
_ any 10g	•						

2023	Q2	June	Week 22	Saturday, 3	Reflect]	Fri, 2	Sun, 4
Things I'	m gra	teful for						
The best	thing	that har	opened today					
The best	tilling	тпат пар	prened today					
Daily log								

The best thing that happened today Daily log	2023	Q2	June	Week 22	Sunday, 4	Reflect	Sat, 3	Mon,
	Things I	'm gra	teful for					
	T) 1 (41.	41 4 1	1, 1				
Daily log	i ne best	tning	tnat nap	ppened today				
Daily log								
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Thin as I'm and	·		flect Sun,	4 Tue,
Things I'm grat	eful for			
The best thing	that happened to	day		
Daily log				

2023	Q2	June	Week 23	Tuesday, 6	Reflect	Mon, 5	Wed,
Things I	'm gra	teful for					
The best	thin m	that har	moned to dow				
The best	tning	тпат пар	pened today				
Daily log	g						

2023	Q2	June	Week 23	Wednesday, 7	Reflect	Tue, 6 Thu
Things I'	m gra	teful for				
The best	thing	that hap	pened today			
Daily log						
Daily 10g	•					

2023	Q2	June	Week 23	Thursday, 8	Reflect	Wed, 7	Fri, 9
Things I	'm gra	teful for					
The best	thing	that hap	opened today				
Daily log	r						
Daily 10g	<u> </u>						

2023	Q2	June	Week 23	Friday, 9	Reflect	Thu, 8	Sat, 1
Things I	m gra	teful for					
The best	thing	that hap	opened today				
Daily log	,						

2023	Q2	June	Week 23	Saturday, 10	Reflect	Fri, 9	Sun, 11
Things 1	I'm gra	teful for					
The bes	t thing	that hap	pened today				
Daily lo	σ						
Daily 10	8						

2023	Q2	June	Week 23	Sunday, 11	Reflect	Sat, 10	Mon, 12
Things I	'm gra	teful for					
(D) 1 /	.1.	.1 . 1	1 . 1				
The best	tning	tnat nap	ppened today				
Daily log	ŗ						

2023	Q2	June	Week 24	Monday, 12	Reflect	Sun, 11	Tue, 1
Things I'	m gra	teful for					
The best	thing	that hap	opened today				
Daily log							

2023	Q2	June	Week 24	Tuesday, 13	Reflect	Mon, 12	Wed, 1
Things I'm	grat	eful for					
The best t	hing t	that hap	pened today				
Daily log							

2023	Q2	June	Week 24	Wednesday, 14	Reflect	Tue, 13	Thu, 15
Things I	m gra	teful for					
The best	thing	that hap	pened today				
Daily log	<u> </u>						

Things I'm grateful for The best thing that happened today Daily log		
Daily log		

2023 Q2	June	Week 24	Friday, 16	Reflect	Thu, 15	Sat, 1
Things I'm grat	teful for					
The best thing	that hap	pened today				
Daily log						

2023	Q2	June	Week 24	Saturday, 17	Reflect	Fri, 16	Sun,
Things I	'm gra	teful for					
The best	thing	that hap	pened today				
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Daily log	<u> </u>						

2023	Q2	June	Week 24	Sunday, 18	Reflect	Sat, 17	Mon, 1
Things I'	m gra	teful for					
The best	thing	that hap	pened today				
Daily log							

2023	Q2	June	Week 25	Monday, 19	Reflect	Sun, 18	Tue, 2
Things I	'm gra	teful for					
The best	thing	that hap	pened today				
Daily log).						
2 411, 108							

2023	Q2	June	Week 25	Tuesday, 20	Reflect	Mon, 19	Wed, 2
Things I	m gra	teful for					
The best	thing	that har	opened today				
THE DESI	tilling	tilat ilaş	pened today				
Daily log	S						

2023	Q2	June	Week 25	Wednesday, 21	Reflect	Tue, 20	Thu, 22
Things I	'm gra	teful for					
	1 :	.1 . 1	1 . 1				
The best	t thing	that hap	opened today				
Daily lo	g						

2023	Q2	June	Week 25	Thursday, 22	Reflect	Wed, 21 Fri,
Things I	'm gra	teful for				
The best	thing	that har	noned today			
The best	tilling	тпат пар	pened today			
Daily log	S					

2023	Q2	June	Week 25	Friday, 23	Reflect	Thu, 22	Sat, 2
Things I'	m gra	teful for					
The best	4 la i sa m	that har	moned to dow				
The best	tining	тпат пар	pened today				
Daily log	S						

2023	Q2	June	Week 25	Saturday, 24	Reflect	Fri, 23	Sun, 25
Things I	m gra	teful for					
The best	thing	that har	monad tadar				
The best	tilling	тпат пар	pened today				
Daily log	S						

2023	Q2	June	Week 25	Sunday, 25	Reflect	 Sat, 24	Mon, 2
Things I	m gra	teful for				 	
The best	t thing	that hap	pened today				
Daily log	or						
Daily 10	5						

2023	Q2	June	Week 26	Monday, 26	Reflect	Sun, 25	Tue, 2
Things I	m gra	teful for					
The best	thing	that hap	pened today				
Daily log	5						

2023 Q2	June	Week 26	Tuesday, 27	Reflect	Mon, 26	Wed, 2
Things I'm gr	ateful for					
The best thin	g that hap	ppened today				
Daily log						

2023	Q2	June	Week 26	Wednesday, 28	Reflect	Tue, 27	Thu, 2
Things I	m gra	teful for					
Tl 14	41- :	41-41	1 + - 1				
ine best	tning	tnat nap	opened today				
Daily log	S						

2023	Q2	June	Week 26	Thursday, 29	Reflect	Wed, 28 Fri,
Things I'	m gra	teful for				
The best	thing	that hap	pened today			
D 11 1						
Daily log						

2023	Q2	June	Week 26	Friday, 30	Reflect	Thu, 29	Sat, 1
Things I	'm gra	teful for					
The best	thing	that har	ananad tadaw				
The best	tning	tnat nap	opened today				
Daily log	r						

2023	Q3	July	Week 26	Saturday, 1	Reflect	Fri, 30	Sun, 2
Things I	m gra	teful for					
Th h	41	41-41-					
The best	tning	tnat na	ppened today				
Daily log	S						

2023	Q3	July	Week 26	Sunday, 2	Reflect	Sat, 1	Mon, 3
Things I	m gra	teful for					
(D) 1 /	.1.	(1 (1	1 . 1				
The best	thing	that ha	ppened today	<i>,</i>			
Daily log	S						

2023	Q3	July	Week 27	Monday, 3	Reflect	Sun, 2	Tue, 4
Things I'	m gra	teful for					
The best	thing	that ha	ppened today				
Dailer lass							
Daily log							

2023	Q3	July	Week 27	Tuesday, 4	Reflect	Mon, 3	Wed,
Things I	m gra	teful for					
The best	thing	that ha	ppened today	7			
Daily log	·						
	•						

2023	Q3	July	Week 27	Wednesday, 5	Reflect	Tue, 4	Thu,
Things I	'm gra	teful for					
The best	thing	that ha	ppened today	•			
Daily log							
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2023	Q3	July	Week 27	Thursday, 6	Reflect	Wed, 5	Fri, 7
Things I	m gra	teful for					
The best	thing	that ha	ppened today	•			
D :1 1							
Daily log	5						

2023	Q3	July	Week 27	Friday, 7	Reflect	 Thu, 6	Sat, 8
Things I	m gra	teful for					
(TD) 1 4	41.1	41 4 1	1.4.1				
The best	tning	tnat naj	ppened today	,			
Daily log	5						

2023	Q3	July	Week 27	Saturday, 8	Reflect	Fri, 7	Sun,
Things I	'm gra	teful for					
The hest	thing	that ha	ppened today	7			
	tilling	, chac ha	ppened today				
Daily log	S						

2023	Q3	July	Week 27	Sunday, 9	Reflect	Sat, 8	Mon, 1
Things I	'm gra	teful for					
The best	thing	that ha	ppened today	7			
Daily log	or						
Daily 108	>						

2023	Q3	July	Week 28	Monday, 10	Reflect		Sun, 9	Tue, 1
Things I	'm gra	teful for						
The best	thing	that hap	ppened today	7				
Daily log	r							
Daily 10g	•							
				_				
						-		

2023	Q3	July	Week 28	Tuesday, 11	Reflect	Mon, 10	Wed, 12
Things I	'm gra	teful for					
The best	thing	that has	ppened today				
THE DESC	tilling	tilat ilaj	ppened today				
Daily log	5						

2023	Q3	July	Week 28	Wednesday, 12	Reflect	Tue, 11	Thu, 1
Things I	'm gra	teful for					
The best	thing	that ha	ppened today	•			
Daily log	<u> </u>						
2 011, 108	<u> </u>						

2023	Q3	July	Week 28	Thursday, 13	Reflect	Wed, 12	Fri, 14
Things I	m gra	teful for					
The best	thing	that hai	ppened today	•			
D :1 1							
Daily log	5						

2023	Q3	July	Week 28	Friday, 14	Reflect	Thu, 13	Sat, 15
Things I	'm gra	teful for					
The hest	thing	that har	opened today	•			
THE BEST	, uning	that hap	spened today				
Daily log	S						

2023	Q3	July	Week 28	Saturday, 15	Reflect	Fri, 14	Sun, 1
Things I	m gra	teful for					
(D) 1 /	.1.	.1 . 1	1 . 1				
The best	thing	that hap	ppened today	7			
Daily log	r						

2023	Q3	July	Week 28	Sunday, 16	Reflect	Sat, 15	Mon, 1
Things I	'm gra	teful for					
The best	thing	that ha	ppened today	•			
Daily log	<u>r</u>						
, ,							

2023	Q3	July	Week 29	Monday, 17	Reflect	Sun, 16	Tue, 1
Things I	'm gra	teful for					
The best	thing	that ha	ppened today	7			
Daily log	<u> </u>						
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Things I'm grateful for The best thing that happened today Daily log	Ved, 1
Daily log	

2023	Q3	July	Week 29	Wednesday, 19	Reflect	Tue, 18	Thu, 20
Things I'	m gra	teful for					
The hest	thing	that har	ppened today	7			
	***************************************	enae na _l	spened today				
Daily log							

2023	Q3	July	Week 29	Thursday, 20	Reflect	Wed, 19	Fri, 21
Things I	'm gra	teful for					
(TD) 1 /	.1.	41 4 1	1, 1				
ine besi	tning	tnat na	ppened today	<u>'</u>			
Daily log	g						

2023	Q3	July	Week 29	Friday, 21	Reflect	Thu, 20	Sat, 22
Things I'	m gra	teful for					
The best	thing	that has	ppened today				
	·8	01100 1101	ppened today				
Daily log							

2023	Q3	July	Week 29	Saturday, 22	Reflect	Fri, 21	Sun, 2
Things I	'm gra	teful for					
The best	t thing	that ha	ppened today	7			
Daily log	<u> </u>						

2023	Q3	July	Week 29	Sunday, 23	Reflect	Sat, 22	Mon, 24
Things I'	m gra	teful for					
The best	thing	that has	ppened today	,			
The best	unng	tilat ilaj	ppened today				
Daily log	,						

2023	Q3	July	Week 30	Monday, 24	Reflect	Sun, 23	Tue, 2
Things I	'm gra	teful for					
mı ı	1.	.1 . 1	1 . 1				
The best	thing	that ha	ppened today	7			
Daily log	g						

2023	Q3	July	Week 30	Tuesday, 25	Reflect	Mon, 24	Wed, 20
Things I	'm gra	teful for					
The best	thing	that ha	ppened today	7			
Daily log	r						
Daily 10g	<u> </u>						

2023	Q3	July	Week 30	Wednesday, 26	Reflect	Tue, 25	Thu, 2
Things I	'm gra	teful for					
TL - 14	41- :	41-41	1 4 - 1	_			
ine best	tning	tnat naj	ppened today	,			
Daily log	S						

2023	Q3	July	Week 30	Thursday, 27	Reflect	Wed, 26	Fri, 2
Things I'	m gra	teful for					
		.1 . 1	1 . 1				
The best	thing	that hap	ppened today	•			
Daily log							

2023	Q3	July	Week 30	Friday, 28	Reflect	Thu, 27	Sat, 2
Things I	'm gra	teful for					
The best	thing	that ha	ppened today	,			
THE DESC	, tilling	, tilat ila	ppened today	<u></u>			
Daily log	g						

2023	Q3	July	Week 30	Saturday, 29	Reflect	Fri, 28	Sun, 3
Things I	m gra	teful for					
The best	thing	that ha	ppened today	7			
Daily log	•						
Daily log	•						

2023	Q3	July	Week 30	Sunday, 30	Reflect	Sat, 29	Mon, 3
Things I	'm gra	teful for					
		.1 . 1	11				
The best	thing	that ha	ppened today	,			
Daily log	S						

2023	Q3	July	Week 31	Monday, 31	Reflect	Su	n, 30	Tue, 1
Things I	'm gra	teful for						
The best	thing	that ha	ppened today	7				
Dailer Ion								
Daily log	3							

2023	Q3	August	Week 31	Tuesday, 1	Reflect	Mon, 31	Wed, 2
Things I	m gra	teful for					
The best	thing	that happe	nod today				
The best	tilling	ттат парре	neu touay				
Daily log	,						

2023	Q3	August	week 31	Wednesday, 2	Reflect	Tue, 1 Thu, 3
Things I'	m grat	teful for				
The best	4 h i n m	that hamna	mad taday			
The best	tning	that happe	ned today			
Daily log						

2023	Q3	August	Week 31	Thursday, 3	Reflect	Wed, 2	Fri, 4
Things I	m gra	teful for					
	.1.	.1 . 1	11				
The best	thing	that happe	ned today				
Daily log	5						

2023	Q3	August	Week 31	Friday, 4	Reflect	Thu, 3	Sat,
Things I	m gra	teful for					
TEL 1 .		.1 . 1	11				
The best	thing	that happe	ened today				
Daily log							
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2023	Q3	August	Week 31	Saturday, 5	Reflect	Fri, 4	Sun, 6
Things I'ı	n gra	teful for					
(TD) 1 4	.1.	41 4 1	1 . 1				
The best	thing	that happe	ned today				
Daily log							

2023	Q3	August	Week 31	Sunday, 6	Reflect	Sat, 5	Mon, 7
Things I	m gra	teful for					
	(1:	.1 . 1	1 . 1				
The best	tning	that happe	ned today				
Daily log	g						

2023	Q3	August	Week 32	Monday, 7	Reflect	Sun, 6	Tue,
Things I'	m gra	teful for					
The best	thing	that happe	ned today				
Daily log							
J ^C							

2023	Q3	August	Week 32	Tuesday, 8	Reflect	Mon, 7	Wed, 9
Things I	'm gra	teful for					
The best	thing	that happe	ned today				
Daily log	r						
Daily 10g	3						

2023	Q3	August	Week 32	Wednesday, 9	Reflect	Tue, 8	Thu, 10
Things I	m gra	teful for					
		.1 . 1					
The best	thing	that happe	ned today				
Daily log	S						

2023	Q3	August	Week 32	Thursday, 10	Reflect	Wed, 9	Fri, 1
Things I'	m gra	teful for					
The hest	thing	that happe	ned today				
	************	тарре	nea today				
Daily log							

2023	Q3	August	Week 32	Friday, 11	Reflect	Thu, 10	Sat, 12
Things I	m gra	teful for					
The best	thing	that happe	ned today				
Daily log	,						
J C	•						
			·				

2023	Q3	August	Week 32	Saturday, 12	Reflect	Fri, 11	Sun, 1
Things I'm	ı grat	eful for					
TD + +	1. :	41-4 1	1				
The best t	ming	that happe	ned today				
Daily log							

2023 Q3		Week 32	Sunday, 13	Reflect	Sat, 12	Mon, 1
Things I'm gr	ateful for					
	.1 1	1 . 1				
The best thin	g that happe	ened today				
Daily log						

This T	Q3	August		Monday, 14		Tue, 1
Things I'	m grat	eiui ior				
The hest	thing	that happe	ned today			
THE BEST	tillig	паррс	nea today			
Daily log						

2023	Q3	August	Week 33	Tuesday, 15	Reflect	Mon, 14	Wed, 16
Things I	m gra	teful for					
The best	thing	that happe	ned today				
D :1 1							
Daily log							

2023	Q3	August	Week 33	Wednesday, 16	Reflect	Tue, 15	Thu, 17
Things I	m gra	teful for					
The best	thing	that happe	ned today				
Daily log	r						
Daily 10g							

2023	Q3	August	Week 33	Thursday, 17	Reflect	Wed, 16 Fri,
Things I'	m grat	teful for				
The best	thing	that happe	ned today			
Daily log	•					
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2023	Q3	August	Week 33	Friday, 18	Reflect	Thu, 17 Sat, 1
Things I'	m grat	teful for				
(T) 1 /	.1.	.1 . 1	11			
i ne best	tning	that happe	ned today			
Daily log						

2023	Q3	August	Week 33	Saturday, 19	Reflect	Fri, 18	Sun, 20
Things I	'm gra	teful for					
The best	thing	that happe	nod today				
THE DESI	uning	тпат парре	ned today				
Daily log	S						

2023	Q3	August	Week 33	Sunday, 20	Reflect	Sat, 19	Mon, 22
Things I	'm gra	teful for					
		.1 . 1					
The best	thing	that happe	ned today				
Daily log	3						

2023	Q3	August	Week 34	Monday, 21	Reflect	Sun, 20	Tue, 2
Things I'	m gra	teful for					
The best	thing	that happe	ned today				
Doily log							
Daily log							

2023	Q3	August	Week 34	Tuesday, 22	Reflect	Mon, 21	Wed, 2
Things I	m gra	teful for					
The best	thing	that happe	ned today				
- · · ·							
Daily log							

2023	Q3	August	Week 34	Wednesday, 23	Reflect	Tue, 22	Thu, 24
Things I	m gra	teful for					
TD1 1 4	.1.	.1 . 1	1, 1				
The best	thing	that happe	ned today				
Daily log	S						

2023 Q3		Week 34	Thursday, 24	Reflect	Wed, 23	Fri, 25
Things I'm gr	ateful for					
The best thin	g that hann	ened today				
The best time	ig that happ	encu today				
Daily log						

2023	Q3	August	Week 34	Friday, 25	Reflect	Thu, 24	Sat, 2
Things I	'm gra	teful for					
The best	thing	that happe	ned today				
D !! !							
Daily log	<u> </u>						

2023	Q3	August	Week 34	Saturday, 26	Reflect	Fri, 25	Sun, 2
Things I'	m grat	teful for					
TT1 1 .		.1 . 1	11				
The best	thing	that happe	ned today				
Daily log							
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2023	Q3	August	Week 34	Sunday, 27	Reflect	Sat, 26	Mon, 28
Things I	'm gra	teful for					
TIL - 14		41-4 1	1 4 1				
The best	t tning	that happe	ned today				
Daily log	g						

2023 Q	3 August	Week 35	Monday, 28	Reflect	Sun, 27	Tue, 29
Things I'm g	grateful for					
	41 4 1	1 4 1				
The best thi	ng tnat napp	pened today				
Daily log						

2023	Q3	August	Week 35	Tuesday, 29	Reflect	Mon, 28	Wed, 30
Things I'	m gra	teful for					
		.1 . 1					
The best	thing	that happe	ned today				
Daily log							

2023	Q3	August	Week 35	Wednesday, 30	Reflect	Tue, 29	Thu, 32
Things I	'm gra	teful for					
m 1 4	41:	41 4 1	1 4 1				
The best	tning	that happe	ned today				
Daily log	g						

2023 Q3	August	Week 35	Thursday, 31	Reflect	Wed, 30	Fri, 1
Things I'm gr	ateful for					
		11				
The best thin	g that happe	ened today				
Daily log						

2023	Q3	September	Week 35	Friday, 1	Reflect	Thu, 31	Sat, 2
Things I'	m gra	teful for					
The best	thing	that happened	today				
Daily log							

2023	Q3	September	Week 35	Saturday, 2	Reflect	Fri, 1	Sun,
Things I	m gra	teful for					
The best	thing	that happened	today				
Daily log	<u> </u>						
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2023	Q3	September	Week 35	Sunday, 3	Reflect	Sat, 2	Mon, 4
Things I'	m grat	teful for					
The best	thing	that happened	today				
Daily log							
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2023 Q3	September	Week 36	Monday, 4	Reflect	Sun, 3	Tue,
Things I'm gra	iteful for					
The best thing	g that happened	today				
Daily log						

2023	Q3	September	Week 36	Tuesday, 5	Reflect	Mon, 4	Wed, 6
Things I	'm gra	teful for					
The best	thing	that happened	today				
Daily log	r						
Daily 10g							

2023 Q3	September	Week 36	Wednesday, 6	Reflect	Tue, 5	Thu, 7
Things I'm gra	teful for					
The best thing	that happened	today				
The best thing	тпат паррепец	today				
Daily log						

2023	Q3	September	Week 36	Thursday, 7	Reflect	Wed, 6	Fri, 8
Things I'ı	m grat	teful for					
							
The best	thing	that happened	today				
Daily log							

2023	Q3	September	Week 36	Friday, 8	Reflect	Thu, 7	Sat, 9
Things I	'm grat	teful for					
The best	thing	that happened	today				
Daily log	r S						

2023	Q3	September	Week 36	Saturday, 9	Reflect	Fri, 8	Sun, 1
Things I'	m gra	teful for					
	.1.	.1 . 1	. 1				
The best	thing	that happened	today				
Daily log							
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2023 Q3	September	Week 36	Sunday, 10	Reflect	Sat, 9	Mon, 1
Things I'm gra	teful for					
The best this		4-3				
The best thing	that happened	today				
Daily log						

2023 Q3	September	Week 37	Monday, 11	Reflect	Sun, 10	Tue, 1
Things I'm grat	teful for					
The best thing	that happened	today				
D-:1 1						
Daily log						

2023	Q3	September	Week 37	Tuesday, 12	Reflect	Mon, 11	Wed, 1
Things I	m gra	teful for					
(TD) 1 4	.1.	.1 . 1	. 1				
The best	tning	that happened	today				
Daily log							
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2023	Q3	September	Week 37	Wednesday, 13	Reflect	Tue, 12	Thu, 1
Things I'	m gra	teful for					
The best	thing	that happened	today				
Daily log	•						

2023	Q3	September	Week 37	Thursday, 14	Reflect	Wed, 13	Fri, 15
Things I	'm gra	teful for					
The best	thing	that happened	today				
Daily log	r						
Dully log	>						

2023	Q3	September	Week 37	Friday, 15	Reflect	Thu, 14	Sat, 16
Things I	'm gra	teful for					
The hest	thing	that happened	today				
THE DESC	, tilling	тнат парренец	today				
Daily log	S						

2023	Q3	September	Week 37	Saturday, 16	Reflect	Fri, 15	Sun, 1
Things I	'm gra	teful for					
The best	thing	that happened	today				
The best	unnig	that happened	today				
Daily log	ŗ						

2023	Q3	September	Week 37	Sunday, 17	Reflect	Sat, 16 Mon	, 1
Things I	'm gra	teful for				·	
TP1 1		41-411	4 - 1				
The best	tning	that happened	today				
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Daily log	r						
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2023	Q3	September	Week 38	Monday, 18	Reflect	Sun, 17	Tue, 19
Things I	m gra	teful for					
(TD) 1 4	(1.1	.1 . 1 . 1	. 1				
The best	tning	that happened	today				
Daily log	,						

2023	Q3	September	Week 38	Tuesday, 19	Reflect	Mon, 18	Wed, 20
Things I	m gra	teful for					
The best	thing	that happened	today				
Daily log	S						

2023	Q3	September	Week 38	Wednesday, 20	Reflect	Tue, 19	Thu, 2
Things I	'm gra	teful for					
(T) 1 4	.1.	.1 . 1 . 1	. 1				
The best	thing	that happened	today				
Daily log	S						

2023	Q3	September	Week 38	Thursday, 21	Reflect	Wed, 20	Fri, 2
Things I'	m grat	teful for					
The best	thing	that happened	today				
Daily log							
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2023	Q3	September	Week 38	Friday, 22	Reflect	Thu, 21	Sat, 2
Things I'n	n grat	teful for					
The best 4	1. !	41-411	4 - 3				
I ne best t	ning	that happened	today				
Daily log							

2023	Q3	September	Week 38	Saturday, 23	Reflect	Fri, 22	Sun, 24
Things I'	m gra	teful for					
(D) 1 .	.1.	.1 . 1	. 1				
The best	thing	that happened	today				
Daily log							

2023	Q3	September	Week 38	Sunday, 24	Reflect	Sat, 23	Mon, 25
Things I'	m gra	teful for					
The best	thing	that happened	today				
Daily log							
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2023	Q3	September	Week 39	Monday, 25	Reflect	Sun, 24	Tue, 2
Things I	'm gra	teful for					
The best	thing	that happened	today				
Daily log	<u> </u>						

2023	Q3	September	Week 39	Tuesday, 26	Reflect	Mon, 25	Wed, 27
Things I	'm gra	teful for					
(D) 1 /	.1.	.1 . 1	. 1				
The best	thing	that happened	today				
Daily log	g						

2023	Q3	September	Week 39	Wednesday, 27	Reflect	Tue, 26	Thu, 2
Things I'	m gra	teful for					
The best	thing	that happened	today				
D 11 1							
Daily log							

2023	Q3	September	Week 39	Thursday, 28	Reflect	Wed, 27	Fri, 2
Things I	m gra	teful for					
The best	thing	that happened	today				
Daily log							
	•						

2023	Q3	September	Week 39	Friday, 29	Reflect	Thu, 28	Sat, 30
Things I	'm gra	teful for					
The best	thing	that happened	today				
	· · · · · · · · · · · · · · · · · · ·	парренец	- today				
Daily log	5						

2023	Q3	September	Week 39	Saturday, 30	Reflect	Fri, 29	Sun, 1
Things I'	m gra	teful for					
The best	thing	that happened	today				
Daily log							

2023	Q4	October	Week 39	Sunday, 1	Reflect	Sat, 30	Mon, 2
Things I	m gra	teful for					
The best	4 la i sa an	that happen	ad taday				
The best	tilling	тпат парреп	ed today				
Daily log	S						

2023	Q4	October	Week 40	Monday, 2	Reflect	Sun, 1	Tue, 3
Things I'	m gra	teful for					
The best	thing	that happen	ed today				

.							
Daily log							

2023	Q4	October	Week 40	Tuesday, 3	Reflect	Mon, 2	Wed,
Things I	m gra	teful for					
TL - 14	41- :	41-41	-14-1				
The best	tning	that happen	ed today				
Daily log	S						

2023	Q4	October	Week 40	Wednesday, 4	Reflect	Tue, 3	Thu, 5
Things I'r	n gra	teful for					
The best	thing	that happen	ed today				
Daily log							

2023	Q4	October	Week 40	Thursday, 5	Reflect	Wed, 4 Fri, 6
Things I'	m gra	teful for				
The best	thing	that happen	ed today			
Daily log						
Daily 10g	•					

2023	Q4	October	Week 40	Friday, 6	Reflect	Thu, 5	Sat, 7
Things I'	m gra	teful for					
The best	thing	that happen	ed today				
Daily log							

2023	Q4	October	Week 40	Saturday, 7	Reflect	Fri, 6	Sun, 8
Things I	m gra	teful for					
The best	thing	that happen	ed today				
Daily log	<u> </u>						
2011, 108	•						

2023	Q4	October	Week 40	Sunday, 8	Reflect	Sat, 7	Mon, 9
Things I	m gra	teful for					
The best	thing	that happen	ed today				
	· · · · · · · · · · · · · · · · · · ·	That happen	- Car today				
Daily log	5						

2023	Q4	October	Week 41	Monday, 9	Reflect	Sun, 8 Tue,
Things I	m gra	teful for				
The best	t thing	that happen	ed today			
Daily log	g					

2023	Q4	October	Week 41	Tuesday, 10	Reflect	Mon, 9	Wed, 1
Things I	m gra	teful for					
(TD) 1 4	.1.	.1 . 1	11				
The best	tning	that happen	ed today				
Daily log	,						

2023	Q4	October	Week 41	Wednesday, 11	Reflect	Tue, 10	Thu, 12
Things I	m gra	teful for					_
The best	4 h i n m	that happen	ad taday				
The best	tilling	тнат парреп	ed today				
Daily log	S						

2023 Q4	October	Week 41	Thursday, 12	Reflect	Wed, 11	Fri, 1
Things I'm gra	ateful for					
The best thing	that hannar	and today				
The best thing	that happen	led today				
Daily log						

2023	Q4	October	Week 41	Friday, 13	Reflect	Thu, 12	Sat, 14
Things I	'm gra	teful for					
(D) 1 /	.1.	.1 . 1	11				
The best	tning	that happen	ed today				
Daily log	g						

2023	Q4	October	Week 41	Saturday, 14	Reflect	Fri, 13	Sun, 15
Things I	'm gra	teful for					
(TD) 1 /	.1.	41 4 1	1 4 1				
The best	thing	that happen	ed today				
Daily log	ŗ						

2023	Q4	October	Week 41	Sunday, 15	Reflect	Sat, 14 Mon, 1
Things I	'm gra	teful for				·
The best	t thing	that happen	ed today			
Daily lo	g					

2023	Q4	October	Week 42	Monday, 16	Reflect	Sun, 15 Tue, 1
Things I	m gra	teful for				
The best	thing	that happen	ed today			
Daily log	•					
Daily 10g	5					

2023	Q4	October	Week 42	Tuesday, 17	Reflect	Mon, 16	Wed, 18
Things I	m gra	teful for					
The best	thing	that happen	ed today				

Daily log	5						

2023	Q4	October	Week 42	Wednesday, 18	Reflect	Tue, 17	Thu, 1
Things I'	m grat	teful for					
(D) 1 (.1.	41 41	1.4.1				
The best	tning	that happen	ied today				
Daily log							

2023	Q4	October	Week 42	Thursday, 19	Reflect	Wed, 18	Fri, 20
Things I	'm gra	teful for					
TIL - 14	41	4h - 4 h	-14-1				
The best	tning	that happen	led today				
Daily log	g						

2023	Q4	October	Week 42	Friday, 20	Reflect	Thu, 19	Sat, 21
Things I	'm gra	teful for					
Th h	41-1	41-41	-14-1				
The best	tning	that happen	led today				
Daily log	S						

2023	Q4	October	Week 42	Saturday, 21	Reflect	Fri, 20	Sun, 22
Things I'	m gra	teful for					
The best	thing	that happen	ed today				

Daily log							

2023	Q4	October	Week 42	Sunday, 22	Reflect	Sat, 21	Mon, 23
Things I	'm gra	teful for					
The best	thing	that happen	ed today				
Daily log	r						
	•						

2023	Q4	October	Week 43	Monday, 23	Reflect	Sun, 22	Tue, 24
Things I	m gra	teful for					
The best	thing	that hannon	ad today				
The best	tilling	that happen	led today				
Daily log	5						

2023	Q4	October	Week 43	Tuesday, 24	Reflect	Mon, 23	Wed, 2
Things I	m gra	teful for					
The best	thing	that happen	ed today				
Daily log	5						

2023	Q4	October	Week 43	Wednesday, 25	Reflect	Tue, 24	Thu, 26
Things I	'm gra	teful for					
The best	thing	that happen	ed today				
	, , , , , , , ,	that happen					
Daily log	g						

2023	Q4	October	Week 43	Thursday, 26	Reflect	Wed, 25	Fri, 2'
Things I	m gra	teful for					
The best	thing	that happen	ad taday				
The best	tilling	тнат парреп	ed today				
Daily log	5						

2023	Q4	October	Week 43	Friday, 27	Reflect	Thu, 26	Sat, 28
Things I	'm gra	teful for					
TDL - 14	41	4h - 4 h	-14-1				
The best	tning	that happen	ed today				
Daily log	g						

2023	Q4	October	Week 43	Saturday, 28	Reflect	Fri, 27	Sun, 29
Things I'	m gra	teful for					
The best	+laira m	that hannon	ad taday				
The best	tning	that happen	ed today				
Daily log							

2023	Q4	October	Week 43	Sunday, 29	Reflect	Sat, 28	Mon, 30
Things I'	m gra	teful for					
Th - 14	41. :	41-41	-14-1				
ine best	tning	that happen	ed today				
Daily log							

2023	Q4	October	Week 44	Monday, 30	Reflect	Sun, 29	Tue, 31
Things I	'm gra	teful for					
The heat	t thing	that happen	ed today				
1110 0030	· ming	тат парреп	ica today				
Daily log	g						

2023	Q4	October	Week 44	Tuesday, 31	Reflect	Mon, 30 Wed, 1
Things I	m gra	teful for				
The best	thing	that happen	ed today			
Daily log						
	-					

2023	Q4	November	Week 44	Wednesday, 1	Reflect	Tue, 31	Thu, 2
Things I	'm gra	teful for					
The best	thing	that happened	l today				
Daily log	r						
Daily log	<u> </u>						

2023	Q4	November	Week 44	Thursday, 2	Reflect	Wed, 1	Fri, 3
Things I	m gra	teful for					
The best	4 la i sa an	that bannanad	to dow				
The best	tmng	that happened	today				
Daily log	S						

2023	Q4	November	Week 44	Friday, 3	Reflect	Thu, 2	Sat, 4
Things I	m gra	teful for					
The best	thing	that happened	today				
Daily log	;						

2023	Q4	November	Week 44	Saturday, 4	Reflect	Fri, 3	Sun, 5
Things I'	m gra	teful for					
(T) 1 /	41.	.1 . 1	. 1				
i ne best	tning	that happened	today				
Daily log							

2023	Q4	November	Week 44	Sunday, 5	Reflect	Sat, 4	Mon,
Things I'	m gra	teful for					
The best	thing	that happened	today				
Daily log							

2023	Q4	November	Week 45	Monday, 6	Reflect	Sun, 5 Tue,
Things I	m gra	teful for				
The best	thing	that happened	today			
THE DESI	tilling	тпат паррепец	today			
Daily log	5					

2023	Q4	November	Week 45	Tuesday, 7	Reflect	Mon, 6 V	Ved, 8
Things I'	m gra	teful for					
The best	4 la iman	that hammanad	Ltadau				
The best	tilling	that happened	today				
Daily log							

2023	Q4	November	Week 45	Wednesday, 8	Reflect	Tue, 7 Thu, 9
Things I	'm gra	teful for				
The best	4 h i n m	that hannanad	to dow			
The best	tning	that happened	today			
Daily log	S					

2023	Q4	November	Week 45	Thursday, 9	Reflect	Wed, 8 Fri,
Things I'	m gra	teful for				
The best	thin m	that happened	Ltadau			
The best	tilling	тпат паррепес	today			
Daily log						

2023 Q4	November	Week 45	Friday, 10	Reflect	Thu, 9	Sat, 11
Things I'm gra	teful for					
	.1 . 1 . 1	1 . 1				
The best thing	tnat nappened	today				
Daily log						
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2023	Q4	November	Week 45	Saturday, 11	Reflect	Fri, 10	Sun, 12
Things I	'm gra	teful for					
The best	thing	that happened	today				
Daily log	r						
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2023	Q4	November	Week 45	Sunday, 12	Reflect	Sat, 11	Mon, 13
Things I	m gra	teful for					
The best	thing	that happened	today				
Dailer lan							
Daily log	•						

2023	Q4	November	Week 46	Monday, 13	Reflect	Sun, 12 Tue, 1
Things I	m gra	teful for				
						
The best	thing	that happened	today			
Daily log)°					
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2023	Q4	November	Week 46	Tuesday, 14	Reflect	Mon, 13	Wed, 15
Things I	'm gra	teful for					
The best	thing	that happened	l today				
D :1 1							
Daily log	5						

2023 Q	4 November	Week 46	Wednesday, 15	Reflect	Tue, 14	Thu, 16
Things I'm	grateful for					
The best thi	ng that happene	ed today				
Daily log						

2023	Q4	November	Week 46	Thursday, 16	Reflect	Wed, 15	Fri, 17
Things I'	m gra	teful for					
The best	4 h i n m	that happened	to dow				
The best	tilling	тпат паррепец	today				
Daily log							

2023 Q4	November	Week 46	Friday, 17	Reflect	Thu, 16	Sat, 18
Things I'm grat	eful for					
The best thing	that happaned	today				
The best thing	тат паррепес	today				
Daily log						

2023	Q4	November	Week 46	Saturday, 18	Reflect	Fri, 17	Sun, 19
Things I	m gra	teful for					
The best	thing	that happened	Ltoday				
THE DESC	unng	тнат парренец	today				
Daily log	5						

2023	Q4	November	Week 46	Sunday, 19	Reflect	Sat, 18 Mon, 2
Things I	m gra	teful for				
(TD) 1 4	(1.1	41 4 1 1	1 4 1			
The best	tning	that happened	today			
Daily log	g					

2023	Q4	November	Week 47	Monday, 20	Reflect	Sun, 19	Tue, 21
Things 1	I'm gra	teful for					
The bes	t thing	that happened	today				
Daily lo	g						

2023	Q4	November	Week 47	Tuesday, 21	Reflect	Mon, 20	Wed, 22
Things I	m gra	teful for					
The best	thing	that happened	l today				
Daily log	,						
	•						

2023	Q4	November	Week 47	Wednesday, 22	Reflect	Tue, 21	Thu, 23
Things I	m gra	teful for					
The best	thing	that happened	l today				
Daily log	r						
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2023	Q4	November	Week 47	Thursday, 23	Reflect	Wed, 22	Fri, 2
Things I	m gra	teful for					
m 1 4	41.	41 4 1 1	1 4 1				
The best	tning	that happened	1 today				
Daily log	S						

2023	Q4	November	Week 47	Friday, 24	Reflect	Thu, 23	Sat, 25
Things I	'm gra	teful for					
TPI I4	41	41-41	1 4 - 3				
The best	tning	that happened	today				
Daily log	g						

2023	Q4	November	Week 47	Saturday, 25	Reflect	Fri, 24	Sun, 26
Things I	'm gra	teful for					
The best	thing	that happened	l today				
		11					
D :1 1							
Daily log	3						

2023	Q4	November	Week 47	Sunday, 26	Reflect	Sat, 25	Mon, 2
Things I	m gra	teful for					
The best	thing	that happened	d today				
Daily log							
Daily log	•						
				_			

Things I'm grateful for The best thing that happened today Daily log	2023	Q4	November	Week 48	Monday, 27	Reflect	Sun, 26	Tue, 2
	Things I'm	ı grat	teful for					
Daily log	The best t.	hing	that happened	today				
Daily log								
Daily log								
Daily log								
	Daily log							
	. 7 .0							

2023	Q4	November	Week 48	Tuesday, 28	Reflect	Mon, 27	Wed, 29
Things I	'm gra	teful for					
Til 14	41-1	41-41	1 4 - 3				
The best	tning	that happened	today				
Daily log	ŗ						

2023	Q4	November	Week 48	Wednesday, 29	Reflect	Tue, 28	Thu, 3
Things I	m gra	teful for					
TEL 1 .	.1.	.1 . 1					
The best	thing	that happened	today				
Daily log	r						
2 011, 108	· · · · · · · · · · · · · · · · · · ·						

2023	Q4	November	Week 48	Thursday, 30	Reflect	Wed, 29	Fri, 1
Things I	'm gra	teful for				<u> </u>	
The best	thing	that happened	Ltoday				
THE DESC	tilling	тпат паррепец	today				
Daily log	r S						

2023	Q4	December	Week 48	Friday, 1	Reflect	Thu, 30	Sat, 2
Things I	m grat	teful for					
The best	thing	that happened	l today				
Daily log	,						
Daily log	•						

2023	Q4	December	Week 48	Saturday, 2	Reflect	Fri, 1 Sun,
Things I	m gra	teful for				
The best	thing	that happened	Ltoday			
THE BEBU	tilling	that happened	today			
Daily log	5					

2023	Q4	December	Week 48	Sunday, 3	Reflect	Sat, 2	Mon, 4
Things I	m gra	teful for					
TEL 1 .							
The best	thing	that happened	l today				
Daily log	S						

2023	Q4	December	Week 49	Monday, 4	Reflect	Sun, 3	Tue,
Things I'	m gra	teful for					
The best	thing	that happened	today				
Daily log							
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2023	Q4	December	Week 49	Tuesday, 5	Reflect	Mon, 4	Wed, 6
Things I	'm gra	teful for					
The best	thing	that happened	l today				
The best	tilling	тнат паррепес	i today				
Daily log	S						

2023	Q4	December	Week 49	Wednesday, 6	Reflect	Tue, 5 Thu, 7
Things I	I'm gra	teful for				
The best	t thing	that happened	d today			
Daily log	σ					
2 011) 10	<u> </u>					

2023	Q4	December	Week 49	Thursday, 7	Reflect	Wed, 6 Fri,
Things I	m gra	teful for				
The best	thing	that happened	l today			
	······s	That happened	- today			
Daily log						

Things I'm grateful for The best thing that happened today Daily log	Sat,
Daily log	

2023	Q4	December	Week 49	Saturday, 9	Reflect	Fri, 8	Sun, 10
Things I	'm gra	teful for					
TEL 1 .		.1 . 1					
The best	thing	that happened	l today				
Daily log	S						

2023	Q4	December	Week 49	Sunday, 10	Reflect	Sat, 9	Mon, 11
Things I	'm gra	teful for					
The best	thing	that happened	l today				
Daily log	ŗ						

2023	Q4	December	Week 50	Monday, 11	Reflect	Sun, 10 Tue, 1
Things I	'm gra	teful for				
		.1 .1				
The best	t thing	that happened	l today			
Daily lo	g					

2023	Q4	December	Week 50	Tuesday, 12	Reflect	Mon, 11	Wed, 13
Things I	m gra	teful for					
The best	thing	that happened	today				
	8	that happened	· today				
Daily log	S						

2023	Q4	December	Week 50	Wednesday, 13	Reflect	Tue, 12	Thu, 1
Things I	'm gra	teful for					
The best	thing	that happened	l today				
Daily log	<u> </u>						
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2023	Q4	December	Week 50	Thursday, 14	Reflect	Wed, 13 Fri,
Things I'	m gra	teful for				
The best	+ la ira m	that hammanad	l today			
The best	tning	that happened	today			
Daily log						

2023 Q4	December	Week 50	Friday, 15	Reflect	Thu, 14	Sat, 1
Things I'm gra	ateful for					
m 1 441:	(1 / 1	1 . 1				
The best thing	g that happene	a today				
Daily log						
	_		_			

2023	Q4_	December	Week 50	Saturday, 16	Reflect	Fri, 15	Sun, 17
Things I'	m gra	teful for					
Til 14	41. :	41-4 1	1 4 - 1				
The best	tming	that happened	i today				
Daily log							

2023	Q4	December	Week 50	Sunday, 17	Reflect	Sat, 16	Mon, 18
Things I'	m gra	teful for					
The best	thing	that happened	l today				
Daily log							
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2023	Q4	December	Week 51	Monday, 18	Reflect	Sun, 17	Tue, 19
Things I	'm gra	teful for					
(D) 1 /	.1.	.1 . 1	1 , 1				
The best	thing	that happened	1 today				
Daily log	3						

2023	Q4	December	Week 51	Tuesday, 19	Reflect	Mon, 18	Wed, 20
Things I	'm gra	teful for					
The hest	thing	that happened	l today				
The best	, tilling	that happenee	today				
Daily log	g						

2023	Q4	December	Week 51	Wednesday, 20	Reflect	Tue, 19	Thu, 21
Things I	'm gra	teful for					
The best	thing	that happened	l today				
Daily log	g						

2023	Q4	December	Week 51	Thursday, 21	Reflect	Wed, 20	Fri, 22
Things I'	m gra	teful for					
The best	4 la i m m	that happened	1 + 0 doss				
The best	tilling	тпат паррепес	i today				
Daily log							

2023	Q4	December	Week 51	Friday, 22	Reflect	Thu, 21	Sat, 23
Things I	'm gra	teful for					
(D) 1 /	1.	.1 .1	1 . 1				
The best	thing	that happened	today				
Daily log	S						
		_		_			_

2023	Q4	December	Week 51	Saturday, 23	Reflect	Fri, 22	Sun, 24
Things I	'm gra	teful for					
The best	thing	that happened	l today				
Daily log	S						

2023	Q4	December	Week 51	Sunday, 24	Reflect	Sat, 23	Mon, 2
Things I	'm gra	teful for					
		.1 . 1					
The best	thing	that happened	l today				
Daily log	S						
		_					

2023	Q4	December	Week 52	Monday, 25	Reflect	Sun, 24	Tue, 2
Things I	'm gra	teful for					
The best	thing	that happened	l today				
D 11 1							
Daily log	5						

2023	Q4	December	Week 52	Tuesday, 26	Reflect	Mon, 25	Wed, 27
Things I	'm gra	teful for					
The hest	t thing	that happened	l today				
The best		that happened	today				
Daily log	r S						

2023	Q4	December	Week 52	Wednesday, 27	Reflect	Tue, 26	Thu, 28
Things I'	m gra	teful for					
The best	thing	that happened	l today				
Daily log							
7 0							

Things I'm The best t	n grateful	l for			
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Γhe best t.					
Γhe best t					
Γhe best t					
The best t					
	hing that	t happened	l today		
Daily log					
	_				

2023	Q4	December	Week 52	Friday, 29	Reflect	Thu, 28	Sat, 30
Things I	'm gra	teful for					
The best	thing	that happened	l today				
		That happened	· today				
Daily log	5						

2023	Q4	December	Week 52	Saturday, 30	Reflect	Fri, 29	Sun, 31
Things I'	m gra	teful for					
The best	thing	that happened	today				
Daily log							

2023	Q4	December	Week 52	Sunday, 31	Reflect	Sat, 3
Things I'	m gra	teful for				
The best	thing	that happened	l today			
Daily log						
Daily log						

2023	Q1	January	Week 52	Sunday, 1	Notes	Mon, 2

2023	Q1	January	Week 1	Monday, 2	Notes	Sun, 1	Tue, 3

2023	Q1	January	Week 1	Tuesday, 3	Notes	Mon, 2	Wed, 4

2023	Q1	January	Week 1	Wednesday, 4	Notes	Tue, 3	Thu, 5
		_	-				

2023	Q1	January	Week 1	Thursday, 5	Notes	Wed, 4	Fri, 6

Sat, 7	Thu, 5	Notes	Friday, 6	Week 1	January	Q1	2023

2023	Q1	January	Week 1	Saturday, 7	Notes	Fri, 6	Sun, 8

2023	Q1	January	Week 1	Sunday, 8	Notes	Sat, 7	Mon, 9

2023	Q1	January	Week 2	Monday, 9	Notes	Sı	ın, 8	Tue, 10

2023	Q1	January	Week 2	Tuesday, 10	Notes	Mon, 9	Wed, 11

2023	Q1	January	Week 2	Wednesday, 11	Notes	Tue, 10	Thu, 12

2023	Q1	January	Week 2	Thursday, 12	Notes	Wed, 11	Fri, 13

2023	Q1	January	Week 2	Friday, 13	Notes	Thu, 12	Sat, 14

2023	Q1	January	Week 2	Saturday, 14	Notes	Fri, 13	Sun, 15

2023	Q1	January	Week 2	Sunday, 15	Notes	Sat, 14	Mon, 1

2023	Q1	January	Week 3	Monday, 16	Notes	Sun, 15	Tue, 1

2023	Q1	January	Week 3	Tuesday, 17	Notes	Mon, 16	Wed, 18

2023	Q1	January	Week 3	Wednesday, 18	Notes	Tue, 17	Thu, 1

2023	Q1	January	Week 3	Thursday, 19	Notes	Wed, 18	Fri, 20

2023	Q1	January	Week 3	Friday, 20	Notes	Thu, 19	Sat, 21

2023	Q1	January	Week 3	Saturday, 21	Notes	Fri, 20	Sun, 2

2023	Q1	January	Week 3	Sunday, 22	Notes	Sat, 21	Mon, 23

2023	Q1	January	Week 4	Monday, 23	Notes	Sun, 22	Tue, 24

2023	Q1	January	Week 4	Tuesday, 24	Notes	Mon, 23	Wed, 25

2023	Q1	January	Week 4	Wednesday, 25	Notes	Tue, 24	Thu, 2

2023	Q1	January	Week 4	Thursday, 26	Notes	Wed, 25	Fri, 27

2023	Q1	January	Week 4	Friday, 27	Notes	Thu, 26	Sat, 28

2023	Q1	January	Week 4	Saturday, 28	Notes	Fri, 27	Sun, 2

2023	Q1	January	Week 4	Sunday, 29	Notes	Sat, 28	Mon, 30

2023	Q1	January	Week 5	Monday, 30	Notes	Sun, 29	Tue, 31

2023	Q1	January	Week 5	Tuesday, 31	Notes	Mon, 30	Wed, 1

2023	Q1	February	Week 5	Wednesday, 1	Notes	Tue, 31	Thu, 2

2023	Q1	February	Week 5	Thursday, 2	Notes	Wed, 1	Fri, 3

2023	Q1	February	Week 5	Friday, 3	Notes	Thu, 2	Sat, 4

2023	Q1	February	Week 5	Saturday, 4	Notes	Fri, 3	Sun,

2023	Q1	February	Week 5	Sunday, 5	Notes	;	Sat, 4	Mon, 6

2023	Q1	February	Week 6	Monday, 6	Notes	Sun, 5	Tue, 7

2023	Q1	February	Week 6	Tuesday, 7	Notes	Mon, 6	Wed, 8

2023	Q1	February	Week 6	Wednesday, 8	Notes	Tue, 7	Thu, 9

2023	Q1	February	Week 6	Thursday, 9	Notes	Wed, 8	Fri, 10

2023	Q1	February	Week 6	Friday, 10	Notes	Thu, 9	Sat, 11

2023	Q1	February	Week 6	Saturday, 11	Notes	Fri, 10	Sun, 1

2023	Q1	February	Week 6	Sunday, 12	Notes	Sat, 11	Mon, 13

2023	Q1	February	Week 7	Monday, 13	Notes	Sun, 12	Tue, 14

2023	Q1	February	Week 7	Tuesday, 14	Notes	Mon, 13	Wed, 15

2023	Q1	February	Week 7	Wednesday, 15	Notes	Tue, 14	Thu, 16

2023	Q1	February	Week 7	Thursday, 16	Notes	Wed, 15	Fri, 17

2023	Q1	February	Week 7	Friday, 17	Notes	Thu, 16	Sat, 18

2023	Q1	February	Week 7	Saturday, 18	Notes	Fri, 17	Sun, 19

2023	Q1	February	Week 7	Sunday, 19	Notes	Sat, 18	Mon, 2

2023	Q1	February	Week 8	Monday, 20	Notes	Sun, 19	Tue, 21

2023	Q1	February	Week 8	Tuesday, 21	Notes	Mon, 20	Wed, 22

2023	Q1	February	Week 8	Wednesday, 22	Notes	Tue, 21	Thu, 23

2023	Q1	February	Week 8	Thursday, 23	Notes	Wed, 22	Fri, 24

2023	Q1	February	Week 8	Friday, 24	Notes	Thu, 23	Sat, 25

2023	Q1	February	Week 8	Saturday, 25	Notes	Fri, 24	Sun, 2

2023	Q1	February	Week 8	Sunday, 26	Notes	Sat, 25	Mon, 27

2023	Q1	February	Week 9	Monday, 27	Notes	Sun, 26	Tue, 28

2023	Q1	February	Week 9	Tuesday, 28	Notes	Mon, 27	Wed, 1

Thu,	Tue, 28	Notes	Wednesday, 1	Week 9	March	Q1	2023

2023	Q1	March	Week 9	Thursday, 2	Notes	Wed, 1	Fri, 3

2023	Q1	March	Week 9	Friday, 3	Notes	Thu, 2	Sat, 4

2023	Q1	March	Week 9	Saturday, 4	Notes	Fri, 3	Sun,

2023	Q1	March	Week 9	Sunday, 5	Notes	Sat, 4	Mon, 6

2023	Q1	March	Week 10	Monday, 6	Notes	Sun, 5	Tue, 7

2023	Q1	March	Week 10	Tuesday, 7	Notes	Mon, 6	Wed, 8

2023	Q1	March	Week 10	Wednesday, 8	Notes	Tue, 7	Thu, 9

2023	Q1	March	Week 10	Thursday, 9	Notes	Wed, 8	Fri, 1

2023	Q1	March	Week 10	Friday, 10	Notes	Thu, 9	Sat, 11

2023	Q1	March	Week 10	Saturday, 11	Notes	Fri, 10	Sun, 12

2023	Q1	March	Week 10	Sunday, 12	Notes	Sat, 11	Mon, 1

2023	Q1	March	Week 11	Monday, 13	Notes	Sun, 12	Tue, 14

2023	Q1	March	Week 11	Tuesday, 14	Notes	Mon, 13	Wed, 15

2023	Q1	March	Week 11	Wednesday, 15	Notes	Tue, 14	Thu, 1

2023	Q1	March	Week 11	Thursday, 16	Notes	Wed, 15	Fri, 17

2023	Q1	March	Week 11	Saturday, 18	Notes	Fri, 17	Sun, 19

2023	Q1	March	Week 11	Sunday, 19	Notes	Sat, 18	Mon, 2

2023	Q1	March	Week 12	Monday, 20	Notes	Sun, 19	Tue, 21

2023	Q1	March	Week 12	Tuesday, 21	Notes	Mon, 20	Wed, 22

2023	Q1	March	Week 12	Wednesday, 22	Notes	Tue, 21	Thu, 23

2023	Q1	March	Week 12	Thursday, 23	Notes	Wed, 22	Fri, 24

2023	Q1	March	Week 12	Friday, 24	Notes	Thu, 23	Sat, 25

2023	Q1	March	Week 12	Saturday, 25	Notes	Fri, 24	Sun, 2
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2023	Q1	March	Week 12	Sunday, 26	Notes	Sat, 25	Mon, 2

2023	Q1	March	Week 13	Monday, 27	Notes	Sun, 26	Tue, 28

2023	Q1	March	Week 13	Tuesday, 28	Notes	Mon, 27	Wed, 29

2023	Q1	March	Week 13	Wednesday, 29	Notes	Tue, 28	Thu, 30

2023	Q1	March	Week 13	Thursday, 30	Notes	Wed, 29	Fri, 31

2023	Q1	March	Week 13	Friday, 31	Notes	Thu, 30	Sat, 1

2023	Q2	April	Week 13	Saturday, 1	Notes	Fri, 31	Sun, 2

lay, 2 Notes Sat, 1	Mon,

2023	Q2	April	Week 14	Monday, 3	Notes	Sun, 2	Tue, 4

2023	Q2	April	Week 14	Tuesday, 4	Notes	Mon, 3	Wed, 5

2023	Q2	April	Week 14	Wednesday, 5	Notes	Tue, 4	Thu, 6
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2023	Q2	April	Week 14	Thursday, 6	Notes	,	Wed, 5	Fri, 7

2023	Q2	April	Week 14	Friday, 7	Notes	Thu, 6	Sat, 8

2023	Q2	April	Week 14	Saturday, 8	Notes	Fri, 7	Sun, 9

2023	Q2	April	Week 14	Sunday, 9	Notes	Sat, 8	Mon, 10

2023	Q2	April	Week 15	Monday, 10	Notes	Sun, 9	Tue, 11

2023	Q2	April	Week 15	Tuesday, 11	Notes	Mon, 10	Wed, 12

2023	Q2	April	Week 15	Wednesday, 12	Notes	Tue, 11	Thu, 13

2023	Q2	April	Week 15	Thursday, 13	Notes	Wed, 12	Fri, 14

2023	Q2	April	Week 15	Friday, 14	Notes	Thu, 13	Sat, 15

2023	Q2	April	Week 15	Saturday, 15	Notes	Fri, 14	Sun, 1

2023	Q2	April	Week 15	Sunday, 16	Notes	Sat, 15	Mon, 1

2023	Q2	April	Week 16	Monday, 17	Notes	Sun, 16	Tue, 18

2023	Q2	April	Week 16	Tuesday, 18	Notes	Mon, 17	Wed, 19

2023	Q2	April	Week 16	Wednesday, 19	Notes	Tue, 18	Thu, 20

2023	Q2	April	Week 16	Thursday, 20	Notes	Wed, 19	Fri, 21

2023	Q2	April	Week 16	Friday, 21	Notes	Thu, 20	Sat, 22

2023	Q2	April	Week 16	Saturday, 22	Notes	Fri, 21	Sun, 23

2023	Q2	April	Week 16	Sunday, 23	Notes	Sat, 22	Mon, 24

2023	Q2	April	Week 17	Monday, 24	Notes	Sun, 23	Tue, 25

2023	Q2	April	Week 17	Tuesday, 25	Notes	Mon, 24	Wed, 26

2023	Q2	April	Week 17	Thursday, 27	Notes	Wed, 26	Fri, 28

2023	Q2	April	Week 17	Friday, 28	Notes	Thu, 27	Sat, 29

2023	Q2	April	Week 17	Saturday, 29	Notes	Fri, 28	Sun, 30

2023	Q2	April	Week 17	Sunday, 30	Notes	Sat, 29	Mon, 1

Tue, 2	Sun, 30	Notes	Monday, 1	Week 18	May	Q2	2023

2023	Q2	May	Week 18	Tuesday, 2	Notes	Mon, 1	Wed, 3

2023	Q2	May	Week 18	Wednesday, 3	Notes	Tue, 2	Thu, 4

2023	Q2	May	Week 18	Thursday, 4	Notes	Wed, 3	Fri, 5

2023	Q2	May	Week 18	Friday, 5	Notes	Thu, 4	Sat, 6

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2023	Q2	May	Week 18	Sunday, 7	Notes	Sat, 6	Mon, 8

2023	Q2	May	Week 19	Monday, 8	Notes	Sun, 7	Tue, 9

2023	Q2	May	Week 19	Tuesday, 9	Notes	Mon, 8	Wed, 10

2023	Q2	May	Week 19	Wednesday, 10	Notes	Tue, 9	Thu, 11

2023	Q2	May	Week 19	Thursday, 11	Notes	Wed, 10	Fri, 12

2023	Q2	May	Week 19	Friday, 12	Notes	Thu, 11	Sat, 13

2023	Q2	May	Week 19	Saturday, 13	Notes	Fri, 12	Sun, 14

2023	Q2	May	Week 19	Sunday, 14	Notes	Sat, 13	Mon, 15

2023	Q2	May	Week 20	Monday, 15	Notes	Sun, 14	Tue, 1

2023	Q2	May	Week 20	Tuesday, 16	Notes	Mon, 15	Wed, 17

2023	Q2	May	Week 20	Wednesday, 17	Notes	Tue, 16	Thu, 18

2023	Q2	May	Week 20	Thursday, 18	Notes	Wed, 17 Fri,

2023	Q2	May	Week 20	Friday, 19	Notes	Thu, 18	Sat, 20

2023	Q2	May	Week 20	Saturday, 20	Notes	Fri, 19	Sun, 21

2023	Q2	May	Week 20	Sunday, 21	Notes	Sat, 20	Mon, 22

2023	Q2	May	Week 21	Monday, 22	Notes	Sun, 21	Tue, 23

2023	Q2	May	Week 21	Tuesday, 23	Notes	Mon, 22	Wed, 24

2023	Q2	May	Week 21	Wednesday, 24	Notes	Tue, 23	Thu, 25

2023	Q2	May	Week 21	Thursday, 25	Notes	Wed, 24	Fri, 26

		Notes	,	Sat, 27

2023	Q2	May	Week 21	Saturday, 27	Notes	Fri, 26	Sun, 28

2023	Q2	May	Week 21	Sunday, 28	Notes	Sat,	27	Mon, 29

2023	Q2	May	Week 22	Monday, 29	Notes	Sun, 28	Tue, 30

2023	Q2	May	Week 22	Tuesday, 30	Notes	Mon, 29	Wed, 31

2023	Q2	May	Week 22	Wednesday, 31	Notes	Tue, 30 Thu, 1

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2023	Q2	June	Week 22	Friday, 2	Notes	Thu, 1	Sat, 3

2023	Q2	June	Week 22	Saturday, 3	Notes	Fri, 2	Sun, 4

2023	Q2	June	Week 22	Sunday, 4	Notes	Sat, 3	Mon, 5

2023	Q2	June	Week 23	Monday, 5	Notes	Sun, 4	Tue, 6

2023	Q2	June	Week 23	Tuesday, 6	Notes	Mon, 5	Wed, 7

2023	Q2	June	Week 23	Wednesday, 7	Notes	Tue, 6 Thu, 8

2023	Q2	June	Week 23	Thursday, 8	Notes	Wed, 7	Fri, 9

2023	Q2	June	Week 23	Friday, 9	Notes	Thu, 8	Sat, 10

2023	Q2	June	Week 23	Saturday, 10	Notes	Fri, 9	Sun, 11

2023	Q2	June	Week 23	Sunday, 11	Notes	Sat, 10	Mon, 12

2023	Q2	June	Week 24	Monday, 12	Notes	Sun, 11	Tue, 13

2023	Q2	June	Week 24	Tuesday, 13	Notes	Mon, 12	Wed, 14

2023	Q2	June	Week 24	Wednesday, 14	Notes	Tue, 13	Thu, 15
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2023	Q2	June	Week 24	Thursday, 15	Notes	Wed, 14	Fri, 16

2023	Q2	June	Week 24	Friday, 16	Notes	Thu, 15	Sat, 17

2023	Q2	June	Week 24	Saturday, 17	Notes	Fri, 16	Sun, 1

2023	Q2	June	Week 24	Sunday, 18	Notes	Sat, 17	Mon, 19

2023	Q2	June	Week 25	Monday, 19	Notes	Sun, 18	Tue, 20

2023	Q2	June	Week 25	Tuesday, 20	Notes	Mon, 19	Wed, 21

2023	Q2	June	Week 25	Wednesday, 21	Notes	Tue, 20	Thu, 22

2023	Q2	June	Week 25	Thursday, 22	Notes	Wed, 21 Fri, 23

2023	Q2	June	Week 25	Friday, 23	Notes	Thu, 22	Sat, 24

2023	Q2	June	Week 25	Saturday, 24	Notes	Fri, 23	Sun, 2

2023	Q2	June	Week 25	Sunday, 25	Notes	Sat, 24	Mon, 26

2023	Q2	June	Week 26	Monday, 26	Notes	Sun, 25	Tue, 27

2023	Q2	June	Week 26	Tuesday, 27	Notes	Mon, 26	Wed, 28

2023	Q2	June	Week 26	Wednesday, 28	Notes	Tue, 27	Thu, 29

2023	Q2	June	Week 26	Thursday, 29	Notes	Wed, 28	Fri, 30

2023	Q2	June	Week 26	Friday, 30	Notes	Thu, 29	Sat, 1

2023	Q3	July	Week 26	Saturday, 1	Notes	Fri, 30	Sun, 2

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2023	Q3	July	Week 27	Wednesday, 5	Notes	Tue, 4	Thu,

2023	Q3	July	Week 27	Thursday, 6	Notes	Wed, 5	Fri, 7

2023	Q3	July	Week 27	Friday, 7	Notes	Thu, 6	Sat, 8

2023	Q3	July	Week 27	Saturday, 8	Notes	Fri, 7 Sun, 9

2023	Q3	July	Week 27	Sunday, 9	Notes	Sat, 8	Mon, 10

2023	Q3	July	Week 28	Monday, 10	Notes	Sun, 9	Tue, 11

2023	Q3	July	Week 28	Tuesday, 11	Notes	Mon, 10	Wed, 12

2023	Q3	July	Week 28	Wednesday, 12	Notes	Tue, 11	Thu, 13

2023	Q3	July	Week 28	Thursday, 13	Notes	Wed, 12	Fri, 14

2023	Q3	July	Week 28	Friday, 14	Notes	Thu, 13	Sat, 1

2023	Q3	July	Week 28	Saturday, 15	Notes	Fri, 14	Sun, 1

2023	Q3	July	Week 28	Sunday, 16	Notes	Sat, 15	Mon, 1

2023	Q3	July	Week 29	Monday, 17	Notes	Sun, 16	Tue, 18

2023	Q3	July	Week 29	Tuesday, 18	Notes	Mon, 17	Wed, 19

2023	Q3	July	Week 29	Wednesday, 19	Notes	Tue, 18	Thu, 20

2023	Q3	July	Week 29	Thursday, 20	Notes	Wed, 19	Fri, 21

2023	Q3	July	Week 29	Friday, 21	Notes	Thu, 20	Sat, 22

2023	Q3	July	Week 29	Saturday, 22	Notes	Fri, 21	Sun, 23

2023	Q3	July	Week 29	Sunday, 23	Notes	Sat, 22	Mon, 24

2023	Q3	July	Week 30	Monday, 24	Notes	Sun, 23	Tue, 2

2023	Q3	July	Week 30	Tuesday, 25	Notes	Mon, 24	Wed, 26

2023	Q3	July	Week 30	Wednesday, 26	Notes	Tue, 25	Thu, 27

2023	Q3	July	Week 30	Thursday, 27	Notes	Wed, 26	Fri, 28

2023	Q3	July	Week 30	Friday, 28	Notes	Thu, 27	Sat, 29

2023	Q3	July	Week 30	Saturday, 29	Notes	Fri, 28	Sun, 3

2023	Q3	July	Week 30	Sunday, 30	Notes	Sat, 29	Mon, 31

2023	Q3	July	Week 31	Monday, 31	Notes	Sun, 30	Tue, 1

Wed, 2	Mon, 31	Notes	Tuesday, 1	Week 31	August	Q3	2023

2023	Q3	August	Week 31	Wednesday, 2	Notes	Tue, 1	Thu, 3

2023	Q3	August	Week 31	Thursday, 3	Notes	Wed, 2	Fri, 4

2023	Q3	August	Week 31	Friday, 4	Notes	Thu, 3	Sat, 5

2023	Q3	August	Week 31	Saturday, 5	Notes	Fri, 4	Sun,

2023	Q3	August	Week 31	Sunday, 6	Notes	Sat, 5	Mon, 7

2023	Q3	August	Week 32	Monday, 7	Notes	Sun, 6	Tue, 8

2023	Q3	August	Week 32	Tuesday, 8	Notes	Mon, 7	Wed, 9

2023	Q3	August	Week 32	Wednesday, 9	Notes	Tue, 8	Thu, 10

2023	Q3	August	Week 32	Thursday, 10	Notes	Wed, 9	Fri, 11

2023	Q3	August	Week 32	Friday, 11	Notes	Thu, 10	Sat, 12
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2023	Q3	August	Week 32	Saturday, 12	Notes	Fri, 11	Sun, 13

2023	Q3	August	Week 32	Sunday, 13	Notes	Sat, 12	Mon, 14

2023	Q3	August	Week 33	Monday, 14	Notes	Sun, 13	Tue, 15

2023	Q3	August	Week 33	Tuesday, 15	Notes	Mon, 14	Wed, 16

2023	Q3	August	Week 33	Wednesday, 16	Notes	Tue, 15	Thu, 17

2023	Q3	August	Week 33	Thursday, 17	Notes	Wed, 16 Fri, 18

2023	Q3	August	Week 33	Friday, 18	Notes	Thu, 17	Sat, 19

2023	Q3	August	Week 33	Saturday, 19	Notes	Fri, 18	Sun, 2

2023	Q3	August	Week 33	Sunday, 20	Notes	Sat, 19	Mon, 21

2023	Q3	August	Week 34	Monday, 21	Notes	Sun, 20	Tue, 22

2023	Q3	August	Week 34	Tuesday, 22	Notes	Mon, 21	Wed, 23

2023	Q3	August	Week 34	Wednesday, 23	Notes	Tue, 22	Thu, 24

2023	Q3	August	Week 34	Thursday, 24	Notes	Wed, 23	Fri, 25

2023	Q3	August	Week 34	Friday, 25	Notes	Thu, 24	Sat, 26

2023	Q3	August	Week 34	Saturday, 26	Notes	Fri, 25	Sun, 27

2023	Q3	August	Week 34	Sunday, 27	Notes	Sat, 26	Mon, 28

2023	Q3	August	Week 35	Monday, 28	Notes	Sun, 27	Tue, 29

2023	Q3	August	Week 35	Tuesday, 29	Notes	Mon, 28	Wed, 30

2023	Q3	August	Week 35	Wednesday, 30	Notes	Tue, 29	Thu, 31

2023	Q3	August	Week 35	Thursday, 31	Notes	Wed, 30	Fri, 1

2023	Q3	September	Week 35	Friday, 1	Notes	Thu, 31	Sat, 2

2023	Q3	September	Week 35	Saturday, 2	Notes	Fri, 1	Sun, 3

2023	Q3	September	Week 35	Sunday, 3	Notes	Sat, 2	Mon, 4

Tue, 5	Sun, 3	Notes	Monday, 4	Week 36	September	Q3	2023

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2023	Q3	September	Week 36	Wednesday, 6	Notes	Tue, 5	Thu, 7

2023	Q3	September	Week 36	Thursday, 7	Notes	Wed, 6	Fri, 8

2023	Q3	September	Week 36	Friday, 8	Notes	Thu, 7	Sat, 9

2023	Q3	September	Week 36	Saturday, 9	Notes	Fri, 8	Sun, 10

2023	Q3	September	Week 36	Sunday, 10	Notes	Sat, 9	Mon, 11

2023	Q3	September	Week 37	Monday, 11	Notes	Sun, 10	Tue, 12

2023	Q3	September	Week 37	Tuesday, 12	Notes	Mon, 11	Wed, 13

2023	Q3	September	Week 37	Wednesday, 13	Notes	Tue, 12	Thu, 14

2023	Q3	September	Week 37	Thursday, 14	Notes	Wed, 13	Fri, 15

2023	Q3	September	Week 37	Friday, 15	Notes	Thu, 14	Sat, 16

2023	Q3	September	Week 37	Saturday, 16	Notes	Fri, 15	Sun, 17

2023	Q3	September	Week 37	Sunday, 17	Notes	Sat, 16	Mon, 18

2023	Q3	September	Week 38	Monday, 18	Notes	Sun, 17	Tue, 19

2023	Q3	September	Week 38	Tuesday, 19	Notes	Mon, 18	Wed, 20

2023	Q3	September	Week 38	Wednesday, 20	Notes	Tue, 19	Thu, 21
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2023	Q3	September	Week 38	Thursday, 21	Notes	Wed, 20	Fri, 22

2023	Q3	September	Week 38	Friday, 22	Notes	Thu, 21	Sat, 23

2023	Q3	September	Week 38	Saturday, 23	Notes	Fri, 22	Sun, 24

2023	Q3	September	Week 38	Sunday, 24	Notes	Sat, 23	Mon, 25

2023	Q3	September	Week 39	Monday, 25	Notes	Sun, 24	Tue, 2

2023	Q3	September	Week 39	Tuesday, 26	Notes	Mon, 25	Wed, 27

2023	Q3	September	Week 39	Wednesday, 27	Notes	Tue, 26	Thu, 28

2023	Q3	September	Week 39	Thursday, 28	Notes	Wed, 27	Fri, 29

2023	Q3	September	Week 39	Friday, 29	Notes	Thu, 28	Sat, 30

2023	Q3	September	Week 39	Saturday, 30	Notes	Fri, 29	Sun, 1

2023	Q4	October	Week 39	Sunday, 1	Notes	Sat, 30	Mon, 2

2023	Q4	October	Week 40	Monday, 2	Notes	Sun, 1	Tue, 3

2023	Q4	October	Week 40	Tuesday, 3	Notes	Mon, 2	Wed, 4

2023	Q4	October	Week 40	Wednesday, 4	Notes	Tue, 3	Thu, 5

2023	Q4	October	Week 40	Thursday, 5	Notes	Wed, 4	Fri, 6

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2023	Q4	October	Week 40	Saturday, 7	Notes	Fri,	6	Sun, 8

2023	Q4	October	Week 40	Sunday, 8	Notes	Sat, 7	Mon, 9

2023	Q4	October	Week 41	Monday, 9	Notes	Sun, 8	Tue, 10

2023	Q4	October	Week 41	Tuesday, 10	Notes	Mon, 9	Wed, 11

2023	Q4	October	Week 41	Wednesday, 11	Notes	Tue, 10	Thu, 12

2023	Q4	October	Week 41	Thursday, 12	Notes	Wed, 11	Fri, 13

2023	Q4	October	Week 41	Friday, 13	Notes	Thu, 12	Sat, 14

2023	Q4	October	Week 41	Sunday, 15	Notes	Sat, 14	Mon, 16

2023	Q4	October	Week 42	Monday, 16	Notes	Sun, 15	Tue, 1

2023	Q4	October	Week 42	Tuesday, 17	Notes	Mon, 16	Wed, 18

2023	Q4	October	Week 42	Thursday, 19	Notes	Wed, 18	Fri, 20

2023	Q4	October	Week 42	Friday, 20	Notes	Thu, 19	Sat, 21

2023	Q4	October	Week 42	Saturday, 21	Notes	Fri, 20	Sun, 22

2023	Q4	October	Week 42	Sunday, 22	Notes	Sat, 21	Mon, 23

2023	Q4	October	Week 43	Monday, 23	Notes	Sun, 22	Tue, 24

2023	Q4	October	Week 43	Tuesday, 24	Notes	Mon, 23	Wed, 25

2023	Q4	October	Week 43	Wednesday, 25	Notes	Tue, 24	Thu, 26

2023	Q4	October	Week 43	Thursday, 26	Notes	Wed, 25	Fri, 27

2023	Q4	October	Week 43	Friday, 27	Notes	Thu, 26	Sat, 28

2023	Q4	October	Week 43	Saturday, 28	Notes	Fri, 27	Sun, 29

2023	Q4	October	Week 43	Sunday, 29	Notes	Sat, 28	Mon, 30

2023	Q4	October	Week 44	Monday, 30	Notes	Sun, 29	Tue, 31

2023	Q4	October	Week 44	Tuesday, 31	Notes	Mon, 30	Wed, 1

2023	Q4	November	Week 44	Wednesday, 1	Notes	Tue, 31	Thu, 2

2023	Q4	November	Week 44	Thursday, 2	Notes	Wed, 1	Fri, 3

2023	Q4	November	Week 44	Friday, 3	Notes	Thu, 2	Sat, 4

2023	Q4	November	Week 44	Saturday, 4	Notes	Fri, 3	Sun,

, 4 Mon,	Sat, 4	Notes	Sunday, 5	Week 44	November	Q4	2023

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2023	Q4	November	Week 45	Tuesday, 7	Notes	Mon, 6	Wed, 8

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2023	Q4	November	Week 45	Thursday, 9	Notes	Wed, 8	Fri, 10

2023	Q4	November	Week 45	Friday, 10	Notes	Thu, 9	Sat, 11

2023	Q4	November	Week 45	Saturday, 11	Notes	Fri, 10	Sun, 12

2023	Q4	November	Week 45	Sunday, 12	Notes	Sat, 11	Mon, 13

2023	Q4	November	Week 46	Monday, 13	Notes	Sun, 12	Tue, 14

2023	Q4	November	Week 46	Tuesday, 14	Notes	Mon, 13	Wed, 15

2023	Q4	November	Week 46	Wednesday, 15	Notes	Tue, 14	Thu, 16

2023	Q4	November	Week 46	Thursday, 16	Notes	Wed, 15	Fri, 17

2023	Q4	November	Week 46	Friday, 17	Notes	Thu, 16	Sat, 18

2023	Q4	November	Week 46	Saturday, 18	Notes	Fri, 17	Sun, 19

2023	Q4	November	Week 46	Sunday, 19	Notes	Sat, 18	Mon, 20

2023	Q4	November	Week 47	Monday, 20	Notes	Sun, 19	Tue, 21

2023	Q4	November	Week 47	Tuesday, 21	Notes	Mon, 20	Wed, 22

2023	Q4	November	Week 47	Wednesday, 22	Notes	Tue, 21	Thu, 23

2023	Q4	November	Week 47	Thursday, 23	Notes	Wed, 22	Fri, 24

2023	Q4	November	Week 47	Friday, 24	Notes	Thu, 23	Sat, 25

2023	Q4	November	Week 47	Saturday, 25	Notes	Fri, 24	Sun, 2

2023	Q4	November	Week 47	Sunday, 26	Notes	Sat, 25	Mon, 27

2023	Q4	November	Week 48	Monday, 27	Notes	Sun, 26	Tue, 28

2023	Q4	November	Week 48	Tuesday, 28	Notes	Mon, 27	Wed, 29

2023	Q4	November	Week 48	Wednesday, 29	Notes	Tue, 28	Thu, 30

2023	Q4	November	Week 48	Thursday, 30	Notes	Wed, 29	Fri, 1

2023	Q4	December	Week 48	Friday, 1	Notes	Thu, 30	Sat, 2

2023	Q4	December	Week 48	Saturday, 2	Notes	Fri, 1	Sun, 3

2023	Q4	December	Week 48	Sunday, 3	Notes	Sat, 2	Mon, 4

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2023	Q4	December	Week 49	Tuesday, 5	Notes	Mon, 4	Wed, 6

2023	Q4	December	Week 49	Wednesday, 6	Notes	Tue, 5	Thu, 7

2023	Q4	December	Week 49	Thursday, 7	Notes	Wed, 6	Fri, 8

2023	Q4	December	Week 49	Friday, 8	Notes	Thu, 7	Sat, 9

2023	Q4	December	Week 49	Saturday, 9	Notes	Fri, 8	Sun, 10

2023	Q4	December	Week 49	Sunday, 10	Notes	Sat, 9	Mon, 11

2023	Q4	December	Week 50	Monday, 11	Notes	Sun, 10	Tue, 12

2023	Q4	December	Week 50	Tuesday, 12	Notes	Mon, 11	Wed, 13

2023	Q4	December	Week 50	Wednesday, 13	Notes	Tue, 12	Thu, 14

2023	Q4	December	Week 50	Thursday, 14	Notes	Wed, 13	Fri, 15

2023	Q4	December	Week 50	Friday, 15	Notes	Thu, 14	Sat, 16

2023	Q4	December	Week 50	Saturday, 16	Notes	Fri, 15	Sun, 17

2023	Q4	December	Week 50	Sunday, 17	Notes	Sat, 16	Mon, 18

2023	Q4	December	Week 51	Monday, 18	Notes	Sun, 17	Tue, 1

2023	Q4	December	Week 51	Tuesday, 19	Notes	Mon, 18	Wed, 20

2023	Q4	December	Week 51	Wednesday, 20	Notes	Tue, 19	Thu, 21

2023	Q4	December	Week 51	Thursday, 21	Notes	Wed, 20	Fri, 22

2023	Q4	December	Week 51	Friday, 22	Notes	Thu, 21	Sat, 23

2023	Q4	December	Week 51	Saturday, 23	Notes	Fri, 22	Sun, 24

2023	Q4	December	Week 51	Sunday, 24	Notes	Sat, 23	Mon, 25

2023	Q4	December	Week 52	Monday, 25	Notes	Sun, 24	Tue, 2

2023	Q4	December	Week 52	Tuesday, 26	Notes	Mon, 25	Wed, 27

2023	Q4	December	Week 52	Wednesday, 27	Notes	Tue, 26	Thu, 28

2023	Q4	December	Week 52	Thursday, 28	Notes	Wed, 27	Fri, 29

2023	Q4	December	Week 52	Saturday, 30	Notes	Fri, 29	Sun, 31

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