

Upansad Series

MAHANARAYANOPANIṢAD

(WITH ACCENTED TEXT)

*Introduction, Translation, Interpretation in Sanskrit, and Critical
and Explanatory Notes*

BY

SWĀMĪ VIMALĀNANDA



SRI RAMAKRISHNA MATH

SRI RAMAKRISHNA MATH ROAD

MYLAPORE, MADRAS-4

1968

Published by
© THE PRESIDENT
SRI RAMAKRISHNA MATH
MYLAPORE, MADRAS-4

SECOND EDITION 1968

All rights reserved
COP—MMMCC—IES

Price
Rupees Six

Printed at
Sharada Press
Car Street, Mangalore-1

PUBLISHER'S NOTE

THE Upanisads are the culmination of the Vedas. Therefore they are known as the Vedānta. The religious message given by Swāmī Vivekānanda was based on the Vedānta. The Swāmījī urged his followers to popularise the thoughts treasured in the Upanisads at home and abroad. Bearing this idea in mind the second president of this Math started the *Upanisad Series* thirty-five years ago. Each Upanisad belonging to this *Series* contains the text in bold Devanāgarī type, word-by-word meaning, translation based on tradition, Introduction briefly summarizing the subject matter, and elaborate Notes. About a dozen Upanisads are specially illuminated by the superb Commentary of Śrī Śankarācārya, who lived over one thousand years ago. They are the most authoritative Upanisads, and eleven of them are now made available in this *Series*. Most of them have undergone many editions and reprints, and have gained popularity in several parts of the world. Heartened by this wide welcome given to the *Upanisad Series*, we now publish the *Mahānārāyanopanisad* which, as far as we know, has not yet been translated into English fully and with complete explanation.

The special importance of this text, which is counted as part of the *Kṛsnayajurveda*, to the religious Hindu is perhaps unequalled by any other work of its class. We have therefore endeavoured to bring out a suitable edition of this abstruse text with aids for understanding its traditional import. An interpretation of the text in easy Sanskrit is a new feature of this publication. This is specially added with a view to help those readers who know only Sanskrit and not English. It will also render the received meaning clearer to those users of the translation who possess some knowledge of Sanskrit.

Much religious material has been digested into the critical and explanatory Notes. This is intended to meet the needs of those who value this sacred text particularly for its spiritual and devotional use. The practice of putting notes on words indicated by superior figures was the custom in the preceding members of the *Series*. It has been given up here in order to make the reading of the explanatory Notes smooth and continuous. This Upaniṣad together with its preceding Prapāthaka—divided into Śikṣā—Ānanda-Bhrgu-Vallis—is chanted solemnly on special religious occasions. So the text is given here with accent marks in order to facilitate its recital. This will be welcomed by those who have no long training in the customary Vedic recitation.

PRESIDENT

Ramakrishna Math, Madras
March, 1957

PUBLISHER

पूर्वपीठिका

ॐ नमो भगवते वेदपुरुषाय । अलौकिकश्रेयस्साधनतया मन्त्रब्राह्मणात्मक-
माम्नायामृतमखिलैरनाविलचारित्रैरास्तिकपुरुषैः सश्रद्ध प्रमाणमूर्धनि सस्था-
पितम् । वेदोऽखिलो धर्ममूलमिति स्थितमपि ग्रहणाध्ययने स्वाध्याये च
मन्दश्रद्धान् तदानीमपि दृष्ट्वा श्रीमत्सायणाचार्या ऋग्वेदीयवेदार्थं प्रकाशो-
पोद्घाते “वेदमनुच्चार्य परनिन्दानृतकलहहेतु लौकिकी धार्ता सर्वत्रोच्चार्यत
स्पष्ट एव वाचि भाग्याभावः” इति भृश चिखेद । अस्मिन् काले विक्षेप-
भूयिष्ठत्वात् गुरुशास्त्रसम्प्रदायदौर्बल्याद् विरलश्रद्धत्वाच्च वेदद्युमणेर्मेधाच्छन्नता
दृष्ट्वा इतरभाषानुवादादिपरिकगवलम्बेन वेदैकदेशस्यापि यथाकथञ्चित् बहूना
परिशीलन सम्पादयितुं तत्र तत्र यत्नो दरीदृश्यते । ईशाद्येकादशोपनिषदा
आङ्गलभाषानुवादादिसवलित सस्करणं मद्रपुरीयरामकृष्णमठाध्यक्षैः अन-
तिव्युत्पन्नानामुपकृतये इतः पूर्वमेव उपनिषद्ग्रन्थावलिरूपेण मुद्राप्य
प्रकाशितम् । तदनुसृत्य कृष्णयजुर्वेदीयस्य महानारायणोपनिषदिति प्रख्यातस्य
याज्ञिक्युपनिषद अपि सानुवाद सम्पादनाय समादिष्टोऽहं प्रकीर्णरूपस्यास्य
वेदभागस्य दुरुहता समीक्ष्य आस्तिकानुमोदितमर्थमुद्घाटयितुं यथामति यथा-
शक्ति यतनीयमिति निश्चित्य श्रीमता भट्टभास्करसायणाचार्यचरणादीना
व्याख्यावचनजात साकल्येनोपजीव्य सरलया सरण्या समुपकल्पिता अल्पग्रन्था
काचिद् विवृतिमप्यत्र समयौद्धक्षम् । सम्प्रदायसिद्धार्थसमालोकनसमुत्सुकाना
सर्वेषामप्ययमारम्भ समीचीनतया भयादित्याशान्वितस्तावत् एतत्पीठिका-
सन्दर्भसमाप्तौ महामहिमश्रीहेमचन्द्रसूरिणा पद्येनानेनास्य गन्धस्य पाठकान्
प्रति साञ्जलिबन्धमेव प्रार्थये—

प्रमाणसिद्धान्तविरुद्धमत्र यत्किञ्चिदुक्त मतिमान्घटोषात् ।
मात्सर्यमुत्सार्य तदार्यचित्ता प्रसादमाधाय विशोधयन्तु ॥

इति
विमलानन्दः

TRANSLITERATION TABLE

According to the practice based on the general consent of Indologists of this century the Sanskrit sounds symbolized by the Devanāgarī alphabet in the columns below are invariably represented by the Roman letters facing them

अ	a	क	k	द	d
आ	ā	ख	kh	ध	dh
इ	i	ग	g	न	n
ई	ī	घ	gh	प	p
उ	u	ङ	n	फ	ph
ऊ	ū	च	c	ब	b
ऋ	r̄	छ	ch	भ	bh
ॠ	r̄̄	ज	j	म	m
लृ	l̄	झ	jh	य	y
लृ̄	l̄̄	ञ	ñ	र	r
ए	e	ट	ṭ	ल्	l
ऐ	ai	ठ	ṭh	व	v
ओ	o	ड	ḍ	श्	ś
औ	au	ढ	ḍh	ष	ś
:	m	ण	ṇ	स्	s
.	h	त्	t	ह	h
		थ	th		

INTRODUCTION

MODERN investigations have revealed that the 2600 million people on this globe speak 2796 different languages and dialects belonging to different families of speech. Of these, those that have a long literary past and are still influencing the thought of millions of people are not very many. The collection of hymns, litanies and prayers, under the comprehensive term Vedas, transmitted by oral tradition for several centuries before the introduction of writing, is accepted as the oldest literature available for the purpose of studying the religious thoughts exercising a considerable influence over the people of a significant part of Asia for many millenniums. Those languages which have preserved past thoughts in literary form, either as written records or oral traditions, alone have been a recognizable power in the evolution of the intellectual, moral and spiritual life of mankind. The scattered splinter-speech communities have not produced any literary heirloom devolving to succeeding generations to reflect upon, adopt, and exemplify, and, consequently, they have not made any deep impression on human civilization. The dialects which have sustained the intercourse of many small groups of people have changed and even disappeared without a vestige. The literature preserved in the Vedas through the religious fervour of a highly sensitive people who paid the greatest attention to the careful training of the ear for sound, for rhythm, speech melody, and precision of grammar uncontaminated by local idioms, stands almost unique in the history of human culture. Today the study of the Vedas has, therefore, attracted the attention and interest of people in various parts of the world.

An account of the nature and division of the Vedas will be found in the Introduction to the *Isavasyopanisad* included in the *Upanisad Series* published by the Ramakrishna Math. This publication is the twelfth in the *Series*. In the collection of One-hundred-and-eight Upanisads, published several times from Bombay and other places, two works are included with the title *Narayanopanisad*. Of these the longer one includes a variety of subjects of great importance in the daily observances of a religious Hindu. It is accepted as a part of the *Krsnayajurveda* and is distinguished generally by the designation *Mahanarayanopanisad*. The same Upanisad is known also as *Yajniki-upanisad* on the ground that Yajnatma Narayana is considered to be the seer of this part of the Veda. Like the other Vedas the *Yajurveda* is divided into samhita and brahmana. The *Taittiriya* recension of it has the *Taittiriya-ranyaka* as an extension of the brahmana. The *Taittiriya-ranyaka* according to Sayanaçarya has ten prapathakas of which this Upanisad forms the last one. Bhattabhaskara who wrote a Commentary on the whole of *Yajurveda*, anterior to Sayana, substitutes the term prasna for the division heading prapathaka, and calls this as the last prasna. Both the exegetists accept the name *Yajnikyupanisad*.

In preparing the present edition the following printed books have been consulted: 1 *Taittiriya-ranyaka* with Bhattabhaskara's Commentary, published from Mysore in the Bibliotheca Samskrita Series. 2 *Taittiriya-ranyaka* with the Commentary of Sayanaçarya in two parts, published in the Anandasrama Sanskrit Series. 3 *Mahanarayanopanisad*, published in the Bombay Sanskrit Series, edited by Col. G. A. Jacob, with the *Dipikatika*. 4 *Yajnikyupanisad* brought out in the Adyar Library Series.

The text presented in all these four books is not precisely the same. Apart from the difference in the length of the text, differences of reading, additions and omissions of passages and transposition of textual units are also observed. The oldest commentator, Bhattabhāskara, has noticed a text having only sixty-four Sections. This is generally designated as the *dr̥avidapātha*. Sāyanācārya also has written the Commentary on this text. The works mentioned as (3) and (4) above also are based on the short text of Bhattabhāskara and Sāyana. The Ānandāśrama edition contains a *parīśista* reproducing the tenth prapāthaka under the subtitle *Nārāyaṇopaniṣad*—This is the longer version generally known as the *Āndhapātha* in eighty Sections—together with the Commentary of an untraced author which closely resembles the Commentary of Sāyana in respect of those passages which are common with the shorter version.

The tenth prapāthaka of the *Taittirīyāranyaka* is considered *khula* (i.e., supplementary) even by Bhattabhāskara and Sāyana. The supplementary nature of this part is also clear from its structural organization. It is an assemblage of passages used in various ritualistic contexts, and there is the general lack of unity in the treatment of the subject-matter. The presence of many significant and well-known Brahma-vidya and upāsana passages, either quoted from other parts of the Vedas or found only here, in a style closely resembling that of the other Brāhmanas and the Upanisads, gives this work an authority above that of many other minor Upanisads. Śrī Śankarācārya has not written any Commentary on this Upanisad; but still he refers to statements contained in it in the course of his Commentary on the *Brahmasūtras* III 3 24 and III 4 20. Whatever was left over to be mentioned in respect of karma, upāsana, and jñāna, after the recital of

the *samhitā* and *brāhmana*, says *Sāyanācārya*, is brought together in this miscellaneous (*piakīrna*) work. The same Commentator points out also that the commencement of the work with the description of *Paramātman* and the conclusion of it eulogizing *sannyāsa* which is said to be the means of the knowledge of *Brahman* entitles it to the name of an *Upanisad*. The text, however, abounds in passages commonly used in connection with religious acts of worship and, therefore, the epithet *Yājñikī* is particularly appropriate. The existence of a recension with ninety Sections among some people in the *Karnātaka* has been noticed by *Sāyanācārya*.

The motive which prompted me to take up the preparation of this work for the *Upanisad Series* published by the *Math* being purely religious, I have presented here a text which has been made exhaustive and eclectic as far as it was possible. The simple *Sanskrit* interpretation given immediately below the text is meant to facilitate the understanding of the archaic text in classical *Sanskrit* form. For this the old Commentaries mentioned above have been laid under a deep debt. This is followed by word-for-word meaning given in the *Sanskrit* order of syntax. In order to bring out the received meaning fully, the translation has been made somewhat free and explanatory. The running Notes, besides being critical and expository, aim also at giving the religious background of the passages. In interpreting the passages, the method followed is the one propounded by *Mīmāṃsā*, namely, by tackling the *tātparya* or the main purport of the text, and reading into every unit a contextual meaning which is in harmony with it. The philological translations of texts like this, based on historical principle (though valuable for students of anthropology) cannot be of much help to religious

persons who turn to this and similar texts for spiritual light. So the traditional method is followed.

In a book of this type the use of capitals and italics is seldom completely uniform. In the Notes usually the longer extracts and technical words are printed in Devanagari. Textual words are italicized so that they may be easily detected. Smaller extracts and technical Sanskrit words are printed in Roman with or without capitalized beginning. The English plural signs, added to untranslated Sanskrit words, is hyphenated at places to show that it is not elemental to the word. This must guide in other places also. I have not given a summary of the subject-matter of this Upanisad. The table of Analytical Contents which follows will serve its purpose in a better way. Innumerable individuals use some text or other of this Upanisad in connection with their personal religion. I hope the apparatus presented here will aid the understanding of them in some measure.

Before closing this Introduction I take pleasure to mention here the name Swami Mridananda who relieved me of some ocular strain. Swami Mridananda took down the translation and the Notes at dictation, copied the draft for printing and partly scanned the proof-sheets.

Mahasivaratri
Februrary 27, 1957

SWAMI VIMALANANDA

ANALYTICAL CONTENTS

(OF THE TEXT AND THE NOTES)

	PAGE
PRAJAPATI God Transcendent and Immanent	1
The Ultimate Divine Principle called Paramesvara or the Prajapati	2
Aksharabrahman—The Self-supporting Final Cause of the Universe	4
Seers Realise the All-pervading Divine in the Ether of Their Heart	5
The Order of Cosmic Evolution	7
The Omniform Nature of the All-Sustaining Brahman	9
Rtam and Satyam, He alone is All Gods	10
Prajapati as the Divine Purusha and the Source of Time With all Its Divisions	11
The Divine Being is Called Mahad-Yasas, has None Above Him, and is Limitless	13
Immortality Attained through Meditation on Him in the Heart	15
Uttaranarayananuvaka	16
Knowledge of God Alone Leads to Release	17
The Unborn Prajapati is born Diversely	17
Minor Gods Submit to the Knower of the Supreme	18
The Spouses Hri and Laksmi	19
Hiranyagarbha-sukta	20
Paramatman as the Time-binding Experiencer in All Living Beings	24
Ekadeva, the Supreme Divine Being, Works the Entire Universe	26

	PAGE
The Togetherness of the Universe in God	28
God is the Web and Woof of Creation	28
Vena, after Realizing the Immortal, Taught It	28
The Knower of God Deserves Highest Honour	28
God is the Friend, Parent and Ordainer	31
God-Realization A Simultaneous Experience of Identity	32—33
Substance of Mantras I 6-18	33—35
A Supplication for Intellectual Powers	35
Prayers to Agni for Granting Specific Needs	37
Rudragāyatrī	39
The Ancestry and Significance of Gāyatrīs	40
Gāyatrīs of Mahādeva, Viṇāyaka, Nandikesvara, San- mukha, Garuda, Brahma, Nārāyana, Narasiṃha, Āditya, Agni and Durgī	43—48
Gāyatrīs from Āgamas and Tantras	49
Panic Grass Religious Importance of It	50
Repetition of Proper Ritual Acts Deepens Religious Life	51
Multiplication of Progeny and Social Transmission	52
Prayer to the Earth and Self-Purification by It	53
The Earth Glorified and Implored to for Favours	54—56
Supplication to Indra For Fearlessness and Well-being	57
Real nature of Indra in the <i>Rgvedasamhitā</i>	59
An Oft-quoted Prayer for Well-being	59
Prayer to Indra and Soma	60—62
Vena as the Symbol of the Supreme Reality	62
The Earth Implored to Grant Bliss and to End Sorrows	64
An Invocation to the Earth Glorified as Śrī	65
Welcoming Values and Exorcising Dis-values	66

	PAGE
Well-being Sought From Indra	67
Prayer for Fitness to Sacrifice and Destruction of Enemies	68
The Lord's Feet and One's Own Moral Conduct Save One from Misery	69
Prayer Addressed to Indra for Safety	70
Propitiation of Water and Herbs	71
How the Vedas Help the Common Men	71
Aghamarsana Sūkta Its Philosophy and Import	72
Prayer to Varuna for Purity	75
Right Livelihood Expiation of Transgressions	76
Salutations to Agni, Indra and Varuna	76
Counteracting Adverse Effects of Water	77
Expiation of the Sins of Gluttony and Greed and the Principle underlying It	78
Invocation to the Ten Deified Rgvedic Rivers	80—81
A Creationistic Hymn (<i>Rgveda</i> X 190)	81
A Prayer for Total Purity	84
Oblation of Finite Self into Infinite Brahman	86
Varuna, the Sin-effacer	89
Self-abasement Before God's Supreme Purity	90
Soma as Umāmaheśvara and the King of the Universe	91
Durgā-sūkta—Hymn to Durgā	93—100
Atri's Perpetual Prayer for the Peace and Safety of All	98
Prayer to Fire God for Happiness and Fortune	101
Prayer to Indra and Viṣṇu for Devotion	102
Mantras Chanted while Making Oblations for Increase of Food	103
Mahāvyaḥrthoma Chanting for Destroying Sin	105
Mantras for Offering Oblations for Greatness	107

	PAGE
Prayers for the Attainment of Knowledge	109
Prayers for Removing Obstacles in the Path to Higher Knowledge	112
Prayer for Retention of the Scripture Learnt	112
Moral and Spiritual Discipline Eulogised as Tapas	115—117
Approval of Meritorious Work and Censure of the Opposite Kind	118
An Echo of this Upanisad in the <i>Dhammapada</i>	120
Grace of God is a Necessary Condition for Seeing Him	121
God as the Source of Life, Body and Environment	123
The Best Instances of the Type Remind Us of Divine Glory	126
Bondage to Nature and Release from It	127
Hamsamantra Its Non-dualistic Meaning	129
Prajāpati as God Immanent and Transcendental	132
Prayer to Savitr for Plenty	134
Fitness for Spiritual Illumination Engendered through Sacrifices	135
The Greatness of Divine Names	136—140
The Greatness of Vedāntic Knowledge	141
A Prayer for Unbroken Thought of God	143
The Greatness of Purusa · The Tree Analogy	145
Immortality through Renunciation Its Rareness	146
Vedānta, Sannyāsa and Yoga as Methods of Release from Transmigration	149
The place Where God is to be Worshipped	151
Maheśvara—Who is He?	153
Viśvapurusa Nārāyana—His Nature, Glory, His Residence in the Heart, and His Identity with the Universe and all Gods	155—169

	PAGE
Worship of the Supreme Being in the Solar Orb	170
The Glory of the Sun	173—176
Āditya Designated by Pranava and Worshipped as Brahman	177
Mantras for the Consecration of Śivalinga	178
Prayer to Sadyojāta-Śiva for Release from Transmigration	182
Salutation to Vāmadeva-Śiva	183
Salutation to Aghora-Śiva	185
Salutation to Īśāna, the Lord of All, and Prayer for His Blessings	186
Salutations to Paśupati-Śiva	187
Salutations to Brahmapurusa in the Androgynous Form	188
Salutations to Rudra in the Universal Aspect	190
Longing to Worship Rudra at Heart with Hymns	192
Material of the Sacrificial Ladder Sacrifices Lead to Inner Purity	193
A Hymn Prescribed for Counteracting Evil	195
A Formula in Praise of the Earth as Aditi	196
Water Eulogized as the Omnific Cause	197
Invoking Water for Self-purification	199
Self-oblation into the True Immortal Light	201
Sun as the Divine into Whom Self-oblation is Made	204
The Pranava Identified with Brahman Some Details About it	206
Invocation of Gāyatrī—the Mother of Vedas	207
Day to Day Removal of Sins	208
Invocation of Gāyatrī and Personification of the For- mula	209
Worship of Gāyatrī	211—214

	PAGE
Vyāhritis, Gāyatrī and Gāyatrīśīras for Prānāyāma	214
Details About Gāyatrī Significance Explained	215—217
Dismissal of Gāyatrīdevī	218
Worship of Gāyatrī Gives Welfare	219—220
Oblation of Prānas to Soma	221
Trisuparna Mantras	221—225
Mental Power Necessary to Reach Brahman	225
Prayer to Savitr to Remove the Sleep of Illusion	225
Prayer to Savitr for Heralding in What is Auspicious	225
Madhumantras which Stress upon the Need of True Disciples, Supreme Knowledge and Salubrious En- vironment	225
Invocation for Obtaining Intelligence Quoted From Other Vedas	229
The Glory of Trisuparna	230
Fire-Worship as Mystic Communion	232—235
Prayer to the Deity Called Medhā	235
Intelligence and Wealth Must Combine	237
Importance of Speech Guarded by Intelligence	237
Prayers to Indra, Sarasvatī, Aświns, Gandharvas and Apsaras for Intelligence	239
Agni, Indra and Sūrya Supplicated for Intelligence	242
Prayer for Longevity, Safety, Sinlessness and Wealth	243
Death! Go Back, Do not Strike Us	244
May We Live Long Brilliant Life—A Prayer	245
Fear of Yama and Accusation of Others Prayed Away	246
Longing for the Path of Liberation	247
Power of Yajña to Take One Across the Sea of Death	249
Death Placated for Granting Safety	250
Rudra is Implored Not to Hurt	251

	PAGE
Rudra is Saluted to Spare One's Belongings	252
A prayer to Prajāpati	254
The Power of Yajña to Loosen Death-traps	257
Death Includes Many Snares	258
Oblations to Remove Offences Done to Gods And Men	259
Individual is Responsible for the Offences of the Group	
Also	261
Prayer to Remove Hostile Spirits	262
Desire Made the Scapegoat	263
Kāma—the Philosophy Behind this Term	265
Manyu	266—267
Burnt Offerings of Sesamum for Benefits	267
Preparation for Sannyāsa	268
Sesamum for Oblation	269
The Level of the Community Influences the Individual's	
Moral Stature	270
The Oblation Known as Virajā for Self-Purification	271—284
A Possible Indication that the Oblation May be Offered	
by Either Sex	273
Virajā Oblations Continued	274
Hidden Egoism	275
The Eclipsed Soul Comes out in all Splendour	279
Hunger and Thirst	280
Asceticism implied in Sannyāsa	281
Efface Misfortune, Adversity and Poverty	282
Laksmī and Alaksmī	283
Thirty-seven Oblatory Formulas for Baliharana	284—286
Importance of Food for All Living Beings	287
Troubling Rudragana Prayed to for Safety	288
The Supreme Truth	289

	PAGE
Puruh or Pūh	290
Brahman as All-God	291
Sraddhā—a Deity to be Worshipped	292
Prānāgnihotra	292—297
Food-seeking Instinct Spiritualised	294
Amtahoma	296
The Container and Cover for Food	295—296
Final Mantras Completing Prānāgnihotra	297
Purusa of the Size of the Thumb is Satisfied by Repast	297
God the True Enjoyer Man, Only an Instrument	298
Satisfaction of a Repast Must Bring Remembrance of God	299
Enjoy What is Granted to Us by God	300
Prayer to Remove the Bondage of Ignorance	301
Rudra as Prānagranthi	302
Lapse of Ahankāra, Sign of Maturity	303
Unity of Viṣṇu and Śiva	304
Manifoldness of Agni—the Divine	304
Yajña Personified and Venerated	305
Brahman in the Brāhmana	308
Truthfulness as Supreme Means of Liberation	309
Sugar-Coating Truth with Untruth	310
Religious Fast as Tapas	311
Sense-Control as Tapas	312
Tranquillization of Mind as Tapas	313
Giving Selfless Gifts as Tapas	314
Religious Righteousness as Foundation of All Procreation	315
The Five Mahāgnis	317
Agnihotra as Means of Liberation	318

	PAGE
Yajña Leads Men to the Status of Gods in Heaven	319
Mānasa—Inward Worship—Its Importance	320
How Yajña Prepares One to be an Ātmayājīn	321
Sannyāsa Declared to be Supreme	322
Two Different Views of Nyāsa	322—323
Sauparneya Āruni's Question to His Father	324
Tapas is Behind Great Achievements	326
Sense-Control Its Greatness and Inaccessibility	327
Calmness of Mind as means of Liberation	328
Selfless-Gift as the Shelter of Sacrifice	330
Dharma or Justice is the Defence of the Oppressed	331
Procreation as the Foundation of Races	332
The Conception of Threefold debts	334
Why Sacrificial Fires are Important ?	335
Agnihotra—the Beacon to Heaven	336
Yajña as a Potent Weapon	337
The Value of Inward Concentration	339
Sannyāsa Eulogised as the Supreme	340
A Panegyric upon Food	342
The Scale of Values. Sun, Rain, Flora, Food, Strength, Power, Tapas, Faith, Sense-Control, Reflection, Calmness, Remembrance, Direct Realisation and Bliss	344
Knowledge of the Ātmapurusa Leads to Release	346
Why Sannyāsa is the Greatest Tapas ?	348
Brahman as Giver of all Light	349
Prescription for Meditation as Given to Sannyāsins	351
Ātmayajña and Its Ingredients	352—356
Correspondences Between Bahiryajña and Antaryajña	356
Ātmayajña is a Development of Upāsana	358
The Complete Cycle—From Birth to Release	358—359

शान्तिपाठ.
PEACE INVOCATION

हरिः ॐ ॥ शं नो मित्रः शं वरुणः । शं नो भव-
त्वर्यमा । शं न इन्द्रो बृहस्पतिः । शं नो विष्णुर्हृत्क्रमः ॥
नमो ब्रह्मणे । नमस्ते वायो । त्वमेव प्रत्यक्षं ब्रह्मासि ।
त्वामेव प्रत्यक्षं ब्रह्म वदिष्यामि । ऋतं वदिष्यामि । सत्यं
वदिष्यामि । तन्मामवतु । तद्वक्तारमवतु । अवतु माम् ।
अवतु वक्तारम् ॥ ॐ शान्तिः शान्तिः शान्तिः ॥

ॐ सह नावतु । सह नौ भुनक्तु । सह वीर्यं कर-
वावहै । तेजस्वि नावधीतमस्तु । मा विद्विषावहै ॥ ॐ
शान्तिः शान्तिः शान्तिः ॥

May Mitra, Varuna, Aryamān, India, Brhaspati, and all-pervading Visnu be propitious to us and grant us welfare and bliss I bow down to Brahman in reverence O Vāyu, I bow down to Thee in adoration Thou verily art perceptible Brahman I shall declare Thou art right Thou art the true and the good May that—the Supreme Being adored as Vāyu—preserve me May He preserve the teacher Me, may He protect, My teacher, may He protect

May He protect us both together, may He nourish us both together, may we work conjointly with great energy, may our study be vigorous and effective, may we not mutually dispute (or may we not hate any) Let there be peace, and peace, and peace in me, in my environment and in the forces that act on me

प्रथमोऽनुवाकः.
SECTION ONE

अन्तःस्यपारे भुवनस्य मध्ये नाकस्य पृष्ठे महतो महीयान् ।
शुक्लेण ज्योतीर्षि समनुप्रविष्टः प्रजापतिश्चरति गर्भे अन्तः
॥१॥

परिच्छेदविहीने जलराशौ पृथिवीमध्ये स्वर्गस्य उपरि च सर्वदा सन्निहित
महता अपि महत्तम प्रजानां रक्षिता परमेश्वर भासकजीवचैतन्यरूपेण
भासकानि अन्त करणानि समनुप्रविश्य तै एकीभूत प्राणिशरीरान्तर्भागे
भोक्त्ररूपेण गूढं चरति ॥

अपारे अम्भसि in the shoreless waters भुवनस्य मध्ये on the
earth नाकस्य पृष्ठे on the surface of heaven (च and व्याप्त
pervading) महत महीयान् greater than the great प्रजापति Lord
of creatures शुक्लेण by the seed ज्योतीर्षि the lights समनुप्रविष्ट
who has entered गर्भे अन्त inside the foetus चरति acts

1. The Lord of creation, who is present in the shoreless waters, on the earth and above the heaven and who is greater than the great, having entered the shining intelligences of creatures in seed form, acts in the foetus (which grows into the living being that is born)

[The Upanisads name the ultimate Principle of religion and philosophy as Paramātman or Parabrahman, the first word emphasizes the immanence and the second the transcendence of that Principle Parabrahman, when describ-

ed as the cause of the universe, is called Paramēśvara or Prajāpati. Prajāpati and Parabrahman are, therefore, one and the same Reality described from two stand-points. A person is not called a father before his marriage and the birth of a child. He becomes a father after these events. The person, however, remains the same. Parabrahman conditioned by the adjunct of the universe is Prajāpati, from whom the universe is born and in whom it has its existence and absorption. The stanza points out that the same Prajāpati, who sustains vast oceans, boundless worlds, and the highest heaven, enters as a seed or a spark into the shining intellect of living creatures and becomes the jīva or the acting and enjoying agent on the earth. Man is developed from an embryo. The embryo is animated by the internal instrument which is rendered efficient by the reflection or impregnation of the Spirit or Paramātman, here designated as Prajāpati. Śukra in the text stands for the Paramātman who enters the creatures as the seed and becomes their innermost Self. Jyotiṃsi stands for the transmigrating Souls, identifying themselves with the internal organ and the instruments of knowledge and action. Paramātman ensouling the universe is called Virāt and dwelling in the body is called jīva. The last foot of this verse is the same as the first line of the *Atharvaveda* X 4 2 13 and the *Taittirīyānanyaka* III 13 3.]

यस्मिंन्निदं सं च वि चैति सर्वं यस्मिन् देवा अधि विश्वे'
 - निषेदुः ।
 तदेव भूतं तदु भव्यमा इदं तदक्षरे' परमे व्योमन् ॥२॥

इदं विश्वप्रपञ्च सृष्टिकाले यस्मिन् मूलकारणे समुन्मिषति (अथवा ऐतदात्म्येन स्फुरति) प्रलयावत्थाया च यस्मिन् प्राप्ये निमिषति (निर्लीनो

भवति) सर्वे अपि देवा यस्मिन् आधारे ऐश्वर्यवन्त वर्तन्ते तत् ब्रह्म एव
अनीन भविष्यत् च आसीत् । तादृश मूलकारण आकाशवत् अमूर्त परमव्यो-
मञ्ज्विने स्वमहिम्नि प्रतितिष्ठति ॥

इद सर्वम् all this यस्मिन् in whom समेति comes together च
and व्येति dissolves च and विश्वे all देवा gods यस्मिन् in whom
अधितिपेद्दु remain with their lordly powers, तत् That एव alone
भूतम् what is gone तत् that उ verily भव्यम् what is to come आ
(अमीन्) was इदम् This (cause of the universe, Prajāpati)
तदक्षरे in that imperishable परमे absolute व्योमन् in the ether
(प्रतितिष्ठति remains)

2 That in which all this universe exists
together and into which it dissolves, That in
which all the gods remain enjoying their respective
powers—That certainly is whatever that has
been in the past and whatever indeed is to come
in the future. This cause of the universe, Prajāpati,
is supported by His own imperishable nature
described as absolute ether

[In the previous stanza it was stated that Prajāpati or
Parameśvara dwells in creatures as *Kartā* (doer) and *Bhoktā*
(enjoyer) This stanza asserts that He is not only the
Antaryāmin (God dwelling in creatures) but also the support
and final cause of all Parabrahman alone is the one cause
of everything else and there is no other cause for His exist-
ence The word *vyoman* in the text means *ākāśa* or ether
This *ākāśa* is a constituent element of the universe It is the
cause of the other four elements—air, fire, water, and earth
Ākāśa itself is produced from Paramātman according to

the Upanisads, and therefore it cannot be the self-supporting final cause Hence *parama vyoman* here is the Akāśa Brahman which has no other cause or support Hence it is stated here that this Reality alone constitutes the worlds which have been in the past and which are to be in the future The world which we experience at present receives its existence and self-evidence from It alone The various gods and powers functioning in the universe and in man have their glory by delegation from Parabrahman The syllable आ in the third line may be taken as an exclamation of wonder, or restored to the vocable आ which is a Vedic variant of आसीत् The word *vyoman* in the last line is in the locative case according to Vedic grammar]

येन आवृतं खं च दिवं' महीं च येनादित्यस्तपति तेजसा

भ्राजसा च ।

यमन्तः समुद्रे कवयो वयन्ति यदक्षरे' परमे प्रजाः ॥३॥

येन जगत्कारणभूतेन परमात्मना भूम्यन्तर्िक्षद्युलोक समाच्छादित येन अनुगृहीत तपन औष्ण्येन प्रकाशेन च युक्त तपति, तत्त्वविद मेधाविन य शरीरमध्यावकाशे ध्यानतन्तुना बन्धन्ति, तस्मिन् आधागभूते अक्षरगवदवाच्ये नित्ये परवस्तुनि सर्वा अपि प्रजा वर्तन्ते ॥

येन by whom खम् space between heaven and earth च and दिवम् heaven महीं (मही) earth च and आवृतम् (are) enveloped, येन by whom आदित्य sun तेजसा by heat भ्राजसा by light च and तपति burns, यम् whom कवय sages अन्त समुद्रे inside the *ākāśa* of (then) mind वयन्ति weave, bind यदक्षरे in which imperishable परमे Supreme (Brahman) प्रजा creatures (वर्तन्ते abide)

3 He by whom the space between heaven and earth as well as the heaven and the earth are enveloped, He by whom the sun burns with heat and gives light, and He whom the sages bind in the ether of their hearts (with the string of meditation), in whom—The Imperishable One—all creatures abide

[The above translation is based on the Commentary of Bhattabhāskara who takes *antaḥ samudā* to mean ether of the mind and completes the last line by supplying the verb *varīṅte* (abide) *Samudā* in the Vedas has the sense of ether (*ākāśa*) as well as the ocean, the phrase *antaḥ samudā*, therefore, gives the same meaning as the *hrdayākāśa* Sāyanācārya explains that Brahman, the self-supporting Reality, creates the universe ever remaining changeless in Its own glory This explanation is made possible by completing the last line with the verb 'create' in the place of abide (*srjanti* for *varīṅte*) To agree with this meaning Sāyana takes *samudā* to mean synecdochically the whole world Just as the clay out of which various vessels are made envelopes those articles that are produced from clay, so also the entire universe is enveloped by Paramātmā Sages who know this Reality realize the Paramātmā in the entire universe as people see the thread woven into the cloth *Vayanti* in the text means also 'they weave' The word may be split also as *avayanti* as some have done, in which case it means 'they understand or realize' According to Sāyana, *tejas* stands for the solar orb and *bhrājas* for the rays of the light emitted therefrom Grammatically *divam* and *mahim* should be construed as nominative singulars to agree with *ūvrtam*]

यतः प्रसूता जगतः प्रसूती तोयेन जीवान् व्यचसर्ज भूम्याम् ।
 यदोषधीभिः पुरुषान् पशून् च विवेश भूतानि चराचराणि ॥४॥

अतः परं नान्यदणीयसं हि परात्परं यन्महंतो महान्तम् ।
 यदेकमव्यक्तमनन्तरूपं विश्वं पुराणं तमसः परस्तात् ॥५॥

यस्मात् च जगत्कारणभूतात् जगज्जनित्री प्रकृति प्रासूयत, यच्च भुवि जलोपलक्षितेन भूतपञ्चकेन जीवदेहान् विविध ससर्ज, यच्च स्थावरजङ्गमानि भूतानि अर्थात् ओषधिपशुपुरुषादि सर्व आत्मभावेन अन्त प्रविश्य धारयति स्म, यत् हि आकाशादिमहद्भूत अपि महत्तमम्, यत् समाधिकरहित इन्द्रियागम्य अपरिच्छिन्नरूप अनादित्वेन चिरन्तन जगदात्मक प्रकृत्यतीत (अथवा अज्ञानास्पृष्ट च) भवति सर्वोत्कृष्टादपि उत्कृष्टात् अस्मात् अन्यत् सूक्ष्मतर वस्तु न अस्ति ॥

यत from whom जगत of the world प्रसूती creatrix (Prakṛti) प्रसूता took birth, (यत् which) भूम्याम् in the world तोयेन with water (and other four elements) जीवान् living beings व्यच (स) सर्ज projected, created, यत् which चराचराणि moving and not moving भूतानि beings—i e, ओषधीभि along with herbs पुरुषान् human beings पशून् quadrupeds च and—विवेश entered, यत् which हि indeed महत् महान्तम् (महत्) greater than the great, यत् which एकम् one without a second अव्यक्तम् imperceptible अनन्तरूपम् limitless in form विश्वम् of the shape of universe पुराणम् ancient तमस परस्तात् (अवस्थितम् remaining) beyond darkness or Prakṛti परात् परम् (च and) higher than the highest अत than This परम् great अन्यत् another अणीयसम् (अणीय) subtle न (अस्ति) (does) not (exist)

4-5. From whom the creatrix of the world, Prakṛti, was born, who created in the world creatures out of elements such as water, who entered beings consisting of herbs, quadrupeds and men as the inner controller, who is greater than the greatest, who is one without a second, who is imperceptible, who is of unlimited forms, who is the universe, who is ancient, who remains beyond darkness or Prakṛti and who is higher than the highest—nothing else exists other than, or subtler than, Him

[These two stanzas are connected syntactically *Prasūti* and *vyacasaija* are Vedic forms for *prasūtiḥ* and *vyasasaija* Sāyana adopts the peculiar reading *vyacasaija* which is explained as *vyasasaija* Agam, *anīyasam* and *mahāntam* are Vedic peculiarities to be rendered into the usual *anīyah* and *mahat* respectively The creation of the world from Brahman through *avyakta* has been described generally in the previous stanzas Here some details are given in the order of evolution, namely, the Prakṛti, the five elements consisting of water and the rest, the terrestrial region, plants, animals and men Paramātman dwells as the innermost Spirit of all creatures It is asserted that in spite of the transformation of the Paramātman into the gross universe and His residence within the smallest of created beings, He is still greater than the greatest, higher than the highest, subtler than the subtlest and older than the oldest Though he has become the manifold universe of variety and multiplicity, yet He remains one and undivided He is beyond the taint of darkness and sensuous knowledge]

तदेवर्त तद्दु सत्यमाहुस्तदेव ब्रह्म परमं कवीनाम् ।
 इष्टापुर्त बहुधा जातं जायमानं विश्वं विभक्ति भुवनस्य
 नाभिः ॥६॥

सर्वाधिष्ठानभूत तदेव यथासङ्कल्पितकरण तदेव यथोक्तानुष्ठान (अथवा यथावस्त्ववधारण यथावधृताभिधान च) इति तत्त्वदर्शिन वदन्ति । वेदशास्त्र-पारगताना मेधाविना तपोवेदात्मक पूज्यतम ब्रह्मवस्तु अपि तदेव । इष्टा-पूर्तोपलक्षित श्रौतस्मार्तकर्मफल अपि तदेव । ज्ञानभियन् सर्वलोकस्य आधारभूत स परमात्मा बहुप्रकार उत्पन्न उत्पद्यमान च विश्व विभक्ति ॥

तत् That एव alone ऋतम् right तत् That उ indeed सत्यम् truth आहु they say कवीनाम् of the sages परमम् venerable ब्रह्म Brahman तत् That एव only इष्टापूर्नम् acts of worship and social utility (अपि also तत् That एव indeed) भुवनस्य of the universe नाभि navel बहुधा variously जातम् already born जायमानम् being born विश्वम् universe विभक्ति sustains

6. Sages declare. That alone is right and That alone is true That alone is the venerable Brahman contemplated by the wise. Acts of worship and social utility also are that Reality That alone being the navel of the universe, sustains manifoldly the universe which arose in the past and which springs to existence at present.

[Paramātman described in the previous stanzas as the cause of the universe is the one existence, and apart from Him nothing else can be presumed So He is not only present in every atom of the universe but also in every quality, action, and relation This is the truth illustrated in the

present stanza *Ritam* and *Satvam* rendered as right and true are two important terms in the Vedas. The first term stands for the physical, moral, and spiritual laws or the order of things evident everywhere, and the second one denotes individual and social acts of truthfulness. Bhattabhāskara explains *ṛta* as *mānasayajña* and *satya* as *vācīkayajña*. Sāyana explains *ṛta* as right thought and *satya* as right speech. Brahman in the first hemistich means the Vedas which are venerable, being the highest authority. The simile of the nave of a wheel supporting the spokes is common in the Veda. Hence Brahman is spoken of as the navel or support of the universe.]

तदेवाग्निस्तद्वायुस्तत्सूर्यस्तदुं चन्द्रमाः ।
तदेव शुक्रममृतं तद्ब्रह्म तदापः स प्रजापतिः ॥७॥

तदेव जगदुपकारक अग्नि । तत् जगद्यन्त्रप्रवर्तक समीरण । तत् तापप्रकाशयो वर्षस्य च दाता सूर्य । तदेव ओषधीश चन्द्रमा । तदेव दीप्यमान नक्षत्रादिक, देवै सेव्य पीयूष च । द्विगण्यगर्भादिरूप (अथवा प्राणिजातोपजीव्य अन्नात्मक) ब्रह्मापि तदेव । प्राणधारणनिमित्ता आप (अथवा जलोपलक्षित पञ्चभूत) अपि तत् । विगड् रूप (अथवा प्रजानामुत्पादक) प्रजापतिरपि तत् ॥

तत् That एव alone अग्नि fire, तत् That वायु air, तत् That सूर्य sun, तत् That उ verily चन्द्रमा. moon, तत् That एव alone शुक्रम stars अमृतम् nectar, तत् That ब्रह्म Brahman, तत् That आप water (and other elements), स He प्रजापति creator of creatures

7. That alone is Fire; That is Air, That is Sun, That verily is Moon, That alone is shining

Stars and Ambrosia. That is Food; That is Water and He is the Lord of creatures

[Two views of the ultimate Divine Reality are presented in the Veda. One of them is that Paramātman or Parabrahman is Pure Being beyond all relations, attributes, and particularizations. The other view is the one which takes into consideration all the differences, relations, attributes, and qualities, noticed in the universe as embedded in that Reality. These are not two categories, but one and the same Reality as seen through *vidyā* and *avidyā*. Brahman is realized as pure *Sat* through *nūgunavidyā* or pure *jñāna*. The same is contemplated as *adhyātma*, *adhibūta*, and *adhidaiva* universe, so long as one is in the condition of *avidyā*. But the objects contemplated in the state of *avidyā* also have their support and reality in the unchanging and all-comprehending Being which is Parabrahman. Just as a gold statue is gold in every part of it, so also Paramātman is in every part of the universe, whether it be sun, moon, and stars, or fire, air, and water, and all their products. The phrase *śukāmanṛtam* is taken together also and explained as the parental seed which gives rise to progeny which is immortality, for the parents live through their offsprings endlessly. *Brahma* is interpreted as food or Divinity embodying universal knowledge and action called Hiranyagarbha. *Prajāpati* may be Virāt embodied as the universe or the first progenitor. Stanzas 1 to 6 are in Tristup metre. The present one is in Anustup with irregular pādas. Grammatical gender of Sanskrit words is purely conventional and have no biological significance. Therefore the Divine Reality, beyond sex distinction, is denoted by a noun or pronoun in any gender. In this stanza neuter and masculine pronouns point to the same Reality.]

सर्वे' निमेषा जज्ञिरे' विद्युत्: पुरुषादधि ।

कला मुहूर्ताः काष्ठाश्चाहोरात्राश्च सर्वशः ॥८॥

अर्धमासा मासां ऋतवः संवत्सरश्च कल्पन्ताम् ।

स आपः प्रदुधे उभे इमे अन्तरिक्षमथो सुवः ॥९॥

विद्योतमानात् परिपूर्णात् परमात्मन कलामूर्तकाष्ठाहोरात्रार्धमाम-
र्तुसंवत्सररूपा कालावयवा सर्वे उत्तरोत्तराधिक्येन जज्ञिरे । अथ उ स
एव परमात्मा प्रकर्षेण कामाना दोग्ध्यौ इमे द्यावापृथिव्यौ, तयो अन्तरालवन्ति
अवकाशप्रद अन्तरिक्ष, परमसुखस्थान, आदित्यमण्डल च समवकलय विश्व
विभर्ति ॥

सर्वे all निमेषा nimesa-s कला kalā-s मुहूर्ता muhūrta-s काष्ठा
kāsthā-s अहोरात्रा days च and अर्धमासा half-months मासा
months ऋतव seasons च and सर्वश all without omission विद्युत्
self-lumincous पुरुषान् form the Person अधिजज्ञिरे were born
संवत्सर च the year also कल्पन्ताम् were produced स He (the
Paramātman) आप water प्रदुधे milked अन्तरिक्षम् firmament
अथो also, सुव heaven इमे उभे these two (प्रदुधे milked)

8-9. All *nimesas*, *kalās*, *muhūrtas*, *kāsthās*,
days, half-months, months, and seasons, were born
from the self-luminous Person The year also was
born from Him. He milked water and also these
two, the firmament and the heaven.

[The Vedas teach a single Reality as the source and
support of the universe Some of the traditional systems of
philosophy hold that nature, time and the like are also
eternal and independent sources of the universe Here it is

emphasized that they are all derived from Paramātman and so cannot be eternal and independent. Divisions of time have no existence separate from Paramātman. They are born from Him. The magnitude of the divisions of time is graded thus: eighteen *nimesas* make one *kāsthā*, thirteen *kāsthās* make one *kalā*, thirty *kalās* make one *ksana*, twelve *ksanas* make one *muhūrta*, thirty *muhūrtas* make day and night, fifteen days and nights make one *pakṣa* or half-month, two *pakṣas* make one month, two months make one season, and six seasons make one year. *Saive* and *sarvasah* imply those divisions of time not mentioned in the text, but enumerated just now. The term *nimesa* denotes the time required for the winking of the eyes. The word *kalpantām* in the second *pāda* of the ninth verse is the reading accepted by the older commentator. *Samvatsara* in the text being in the singular, some have silently corrected the verb into *kalpatām*. The plural verb has somehow to be justified by taking *samvatsara* as a generic plural denoting the cycle of sixty years. Bhattabhāskara construes the time divisions with verb *adhyaññu* and explains *kalpantam* separately as 'स्वकार्ये समर्थो भवतु इति वेदात्मा आशासते' i.e., the Veda wishes that the time may be efficacious, bring about its proper ends. Milking of the water, firmament and heaven, implies the production of the necessary sustenance and enjoyment for the transmigrating souls through the agency of time on the earth and in the firmament and heaven. Bhattabhāskara takes *piadughe* as an adjective qualifying *ime* and explains thus प्रकरणेण कामान् दोग्ध्यौ द्यावापृथिव्यौ । Based on Sāyana, I have translated the term as a verb]

नैनमूर्ध्वं न तिर्यञ्चं न मध्ये परिजग्रभत् ।

न तस्येशो कश्चन तस्य नाम महद्यशः ॥१०॥

एन परमात्मान न कोऽपि ऊर्ध्वाधोभावेन परिच्छिन्न वृद्ध्या परि-
गृह्णाति । तिर्यक् विस्तारपरिग्रहेणापि न जानाति । मध्यावकाशपरिमाणे-
नापि न वृद्धयति । महत् यश इति तस्य दिव्य नामधेय भवति । अत
न कश्चिदपि अन्य तस्य ईप्ते ॥

एनम This One ऊर्ध्वम् upward क चन anyone न not
परिजग्रभत् grasped, measured तिर्यञ्चम् across (वा 01) न not
(परिजग्रभत् grasped) मध्ये in the middle (अपि also) न not
(परिजग्रभत् grasped) तस्य His नाम name महत् excellent यश
glory क चन anybody तस्य His (glory) न not ईप्ते controls

10. No person ever grasped by his' under-
standing the upward limit of this Paramātman,
nor His limit across, nor His middle portion.
His name is 'great glory' for no one limits His
nature by definition

[In the previous stanzas Paramātman was described as
the material and efficient cause of the universe The world
and its content are essentially Paramātman alone If God
has become the universe it is easy for one to perceive Him
in the manifold objects presented before the senses But
seeing the world is not grasping God If it were so, one
could easily understand the length, breadth, and central
part of God It is said here that man cannot grasp like
that by his understanding Even if we accept the verdict
of modern science and conceive the circumference of the
universe to be of the order of 6000 million light years (Light

travels 186,000 miles a second. A light-year is the distance it travels in a year.) still the Veda holds that it is only an imaginable part of Paramātman who extends limitlessly beyond. Therefore it is said none can grasp Him by thought. *Yaśas* translated as glory means permanent renown received from all without any exception. Those who have dominion over others and have the freedom to exercise power, enjoy renown in the world. Those who have only limited dominion and power, therefore, have only limited glory. Paramātman whose power and dominion cannot be grasped even by the exceptional understanding of man is alone worthy of being called 'the Great Glory'. For the use of the term यशस् as an epithet of Paramātman see *Chāndogya Upaniṣad* VIII. 14. 1. It may be noted that the gender of words, as it has been stated in the note to stanza 7, which point to the Paramātman are overlooked in the translation. The Reality denoted as Paramātman is neither masculine nor feminine nor neuter. 'He' or 'It' is used in this translation if context does not particularly demand 'She'. *Parijagrabhat* is a Vedic form and should be rendered by the usual *parighṇāti* and *īśe* the perfect by the present *īṣṭe*.]

न संदृशे^१ तिष्ठति रूपमस्य न चक्षुषा पश्यति कश्चनैनम् ।
 हृदा मनीषा मनसाभिवलृप्तो य एनं विदुरमृतास्ते
 भवन्ति ॥११॥

किञ्च तस्य परमेश्वरस्य स्वभावः न कस्यचिदपि निरूपणयोग्यतां प्रति-
 पद्यते । न कोऽपि एनं चक्षुषा पश्यति । हृदयाधिष्ठितेन अविक्षिप्तेन अन्तः-
 करणेन अर्थात् मननशक्त्या मनसि येन अभिसम्पादितः तेनैव सः ज्ञायते ।
 ये योगिनः एनं आत्मानं जानन्ति ते अमृताः भवन्ति ॥

अस्य His रूपम् form संदृशे for observation न not तिष्ठति remains, कःचन anyone एनम् Him चक्षुषा with the eye न not पश्यति sees. ये those who हृदा by the heart मनीषा controlled by the mind मनसा by the mind अभिक्लृप्तः framed, made steady एनम् Him विदुः know ते they अमृताः immortal भवन्ति become.

11. His form is not to be beheld; none whosoever beholds Him with the eye. Those who meditate on Him with their minds undistracted and fixed in the heart know Him; they become immortal.

[Paramātman cannot be perceived with the eyes or mind like a cow or a tree standing before a person. At best, objects of the universe act only as symbols of the Divine Reality. Though absolutely transcendent and indescribable, ignorance is not the sole refuge in respect of Paramātman. With the help of proper scriptures and a preceptor one may realize Him by the practice of *Yoga*. This requires the control of mind and concentration of thought in the heart accompanied by appropriate emotions and feelings. Those who succeed in realizing Paramātman by this method become immortal. The unconditioned form of Brahman and Its conditioned form realized through worship and meditation are described in this stanza. The same passage occurs in *Kaṭha* and *Śvetāśvatara Upaniṣads* also with slight variations.]

[In the immediately preceding stanza, attainment of immortality was declared to be the fruit of realizing Paramātman in the heart through appropriate discipline. This is emphasized by the reproduction of *Uttaranārāyaṇā-*

nuvāka given in *Taittirīyānyaka* III 13 (which according to Āpastamba is recited during the worship of the Sun—*ādityopasthāna*) and *Paramātmāsūkta* or *Huanayagaḥsasūkta* appearing in the *Yajurvedasamhitā* with which this Upanisad is connected. Though the received text gives only the *pratīka* or the index words of these two *sūktas* as अद्भ्यः संभूतो हिरण्यगर्भ इत्यष्टौ, they are reprinted below in their entirety with a Sanskrit paraphrase and English rendering only for the convenience of those who make use of this publication.

अद्भ्यः संभूतो हिरण्यगर्भ इत्यष्टौ ॥

अद्भ्यः संभूतः पृथिव्यै रसाच्च, विश्वकर्मणः समवर्तताधि ।
तस्य त्वष्टा विदधद्रूपमेति, तत्पुरुषस्य विश्वमाजानमग्रे

॥१॥

विश्वकर्मण जगत्कर्तुं परमेश्वरात्, अद्भ्यः पृथिव्या, तेजोमयात् रसाच्च, अर्थात् एतदुपलक्षितेभ्यः पञ्चभूतेभ्यः ब्रह्माण्ड समवर्तत । एवम्भूत विश्वकर्मा आदित्यादिभ्यः इन्द्रादिभ्यश्च तेजसा अधिक बभूव । अपि च देदीप्यमान आदित्यरूप त्वष्टा तस्य परमेश्वरस्य रूप विशेषेण निष्पादयन् एति प्रवर्तते । जगत्सृष्टिकाले तस्मात् परमात्मन लब्धप्रकाशात् आदित्यात् तमोग्रस्तस्य प्रपञ्चस्य प्रकाशात्मक देवत्व सर्वत्र उत्पन्नम् ॥

1. The universe arose from *Viśvakarman* through water, earth, fire and other elements. He excelled *Āditya*, *Indra* and other gods. The sun called *Tvaṣṭā* rises in the morning embodying His brilliance. In the beginning of creation the mortal world enveloped in gloom received its

divine brilliance from the sun shining in the
glory of Paramātman

वेदाहमेतं पुरुषं महान्तम्, आदित्यवर्णं तमसः परंस्तात् ।
तमेवं विद्वानभृत इह भवति, नान्यःपन्थाविद्यतेऽयनाय

॥२॥

एत दृष्टिगोचरे वर्तमान सर्वोत्कृष्ट उपमान्तराभावात् कान्त्या आदित्य-
ममान अन्धकारान् तमसो वा विदूरे वर्तमान पूर्ण सवितृरूप पुरुष अह
जानामि । एवविशिष्ट न एव सूर्यमण्डलस्थ परमात्मान विदित्वा य कश्चित्
उपामक मृत्यु अत्येति । मोक्षप्राप्तये परमपुरुषज्ञानात् अन्य पन्था न विद्यते ॥

2. I know this Great Person who is beyond
ignorance and darkness and whose splendour is
comparable to that of the sun Knowing Him
thus in this life itself, one transcends death
There is no other path leading to the attainment
of liberation

प्रजापतिश्चरति गर्भेऽन्तः, अजायमानो बहुधा विजायते ।
तस्य धीराः परिजानन्ति योनिंम्, मरीचीनां पदमिच्छन्ति
वेधसः ॥

प्रजाना पालक सवितृरूपेण द्यावापृथिव्यो मध्यप्रदेशे गर्भे उदयास्त-
मयौ कुर्वन् चरति । वास्तवेन रूपेण स्वय अनुत्पद्यमान सर्वात्मक सूर्य
चगचरूपेण विजायते । योगेन निरुद्धेन्द्रिया धीरा जगत्कारणरूप परमात्म-
तत्त्व परित पूर्णत्वेन पश्यन्ति । वेधसः सृष्टिकर्तार तमेवोपास्य मरीचि-
प्रमुखाना ऋषीणा स्थान इच्छन्ति ॥

3 The sun who is the Lord of creatures moves about in the space between heaven and earth causing day and night Although He is unborn, being the Self of all, He manifests Himself as the manifold universe. Wise men realize the source of the universe, the all-pervading Paramātmān Prajāpatis, the first patriarchs, sought the position, which Marīci and other sages attained

यो देवेभ्य आतपति, यो देवानां पुरोहितः ।

पूर्वो यो देवेभ्यो जातः, नमो रूचाय ब्राह्मणे ॥४॥

आदित्यरूप य परमेश्वर देवानामुपकारार्थं समन्तात् विद्योतते, यश्च देवानां पुरोहित बृहस्पति बभूव यश्च समस्तदेवेभ्य प्रथमं हिरण्यगर्भ-रूपेण उत्पन्न, तस्मै देदीप्यमानाय ब्रह्मपुत्राय वेदप्रतिपाद्याय सूर्यदेवाय नम अस्तु ॥

4. Salutation to the resplendent Sun-God who is the son of Parabrahman, who shines for the benefit of gods, who is invoked as the beneficent leader of the gods, and who was born as the eldest among the gods

रुचं ब्राह्मं जनयन्तः, देवा अग्रे तद्ब्रुवन् ।

यस्तवैवं ब्राह्मणो विद्यात्, तस्य देवा असन् वशे ॥५॥

देवा अग्रे ब्रह्मविद्यामम्प्रदायप्रवर्तनकाले परब्रह्मसम्बन्धि चैतन्य विद्यया प्रादुर्भावयन्त तादृशं ब्रह्मतत्त्वसंबोध्य एव अब्रुवन्—य ब्राह्मण त्वा एव

जानीयान् तस्य ब्राह्मणस्य स्वाधीने इतरदेवा सर्वे भवन्ति । स्वयं हि देवानामन्तर्यामि परमात्मा भवति । अत एव देवा एतदधीना । नास्य ब्रह्मविदः देवा ईश्वरा ॥

5. When the gods instituted the Knowledge of Brahman they declared thus teaching about the Supreme reality—That sage who knows the Supreme as described before will have sovereignty over gods, for he has become the Inmost Self of all

ह्रीश्च ते लक्ष्मीश्च पत्न्यौ', अहोरात्रे पार्श्वे, नक्षत्राणि रूपम् ।
अश्विनौ व्याक्तम्, इष्टं मनिषाण, अमुं मनिषाण, सर्व'
मनिषाण ॥

हे भगवन् आदित्य, तव निखिलजनमनोहारिणी ह्री (हरति इति ह्री मरुत्वती पार्वती वा) लक्ष्मी च ब्रह्मविष्णुशिवात्मकत्वान् पत्न्यौ भवत । रात्र्यहनी तवैव भासा निष्पद्यमानत्वात् पार्श्वस्थानीये । गगनगता तारा तवैव आकार । अश्विनौ ते मुखम् । तथाविध हे भगवन् अस्मदपेक्षित आत्मबोध-रूप इष्ट मनिषाण अनुमन्यस्व । लोके दृश्यमान अमुं धन प्रयच्छ । ऐहिका-मुष्मिक सर्व अभीष्ट देहि ॥

6. O Sun, Hrī and Laksmī are Thy consorts, Thyself being Brahmā, Visnu and Śiva. Day and night are Thy two sides Asterisms in the sky are Thine own form. The Aśvins are Thy mouth. Being such, grant me whatever I desire, spiritual illumination, happiness here and other objects of desire

[The above six passages known as the *Uttaranūyaṇānūyāka* are employed in connection with various acts of worship. There are slight recensional differences, of which *Śrī* used in the place of *Hī* is the most significant one.]

The following hymn to HIRANYAGARBHA in the *tristubh* metre 'seen' by the son of Prajāpati who is also called HIRANYAGARBHA, has for its Deity Prajāpati designated as the indeterminate pronoun *Kaḥ*. Prajāpati here is called HIRANYAGARBHA because the universe which is like a golden egg is conceived as His body and also because He is the Highest Self dwelling in all as Sūtiātman. The purpose of quoting this hymn here is to stress the necessity of knowing and worshipping Him for the attainment of earthly welfare and immortality. The hymn quoted here from *Taittirīya-samhitā* IV 1 8 has minor deviations from the same hymn as found in the *Rgveda*.

हिरण्यगर्भः समवर्तताग्रे', भूतस्य जातः पतिरेकं आसीत् ।
स दाधार पृथिवीं द्यामुत्तेमां कस्मै' देवाय हविषा विधेम

॥१॥

जगत्सृष्टे पूर्व मिसृक्षो परमात्मन उपाधिभूते हिरण्यमिव देदीप्यमाने ब्रह्माण्डे गर्भरूपेण अवस्थित ब्रह्मा प्रजापति समभवत् । जात एव स भूत-जानस्य एक पालक आसीत् । हिरण्यगर्भरूपी स एव परमात्म इमा प्रत्यक्ष-भूता पृथ्वी दिवमपि भरणेन पोषणेन च धारयति स्म । सुखस्वरूपाय अथवा अग्निज्ञातिस्वरूपाय तस्मै देवाय वय पुरोडाशादिहविर्युक्तेन यज्ञेन पश्चिरेम । अथवा न परमात्मान मुक्त्वा अन्यस्मै कस्मै वय यज्ञादिविध्यानुष्ठान कुर्म? तस्यैव प्रीत्यर्थं श्रौतस्मार्तकर्मजान, नान्यस्य कस्यापि । अग्रे अपि एवमेव चतुर्थपादार्थं योजनीय ॥

1 The resplendent Prajāpati was born at the beginning of creation from the Supreme potent with the power of Māyā. Having been born He became the one sustainer and nourisher of all beings. The same Paramātman, here designated as Hiranyagarbha, supports the earth as well as heaven May we worship that shining One with offerings—who is of the nature of bliss or whose characteristic nature cannot be interrogated.

यः प्राणतो निमिषतो महित्वैक इद्राजा जगतो ब्रभूव ।
य ईश अस्य द्विपदश्चतुष्पदः कस्मै' देवाय हविषा विधेम

॥२॥

यश्च हिरण्यगर्भं स्वकीयेन महिम्ना प्राणवता निमिषता म्थावर्जङ्ग-
माना आधारभूतस्य जगत अद्वितीय एव राजा ब्रभूव, यश्च जगदन्तर्व-
र्तिन मनुष्यादद्विपद गोहस्त्यादिचतुष्पदश्च अन्तर्यामी सन् प्रेरकत्वेन ईष्टे .

2. Who became the sovereign ruler of all beings living and existing on the earth; who controls as the indwelling Spirit all the bipeds and quadrupeds evident on the earth,

य आत्मदा बलंदा यस्य विश्व उपासते प्रशिषं यस्य देवाः ।
यस्य ह्यायामृतं यस्य मृत्युः कस्मै' देवाय हविषा विधेम

॥३॥

यश्च हिरण्यगर्भं प्राणिना आत्मभूत सन् जीवदाता बलस्य च दाता
(अनुप्रवेशेन आत्मद अन्नादिपुष्टिप्रदत्वेन बलद च), यस्य च प्रकृष्ट

शासन देवा प्रार्थयन्ते, प्राणापहारी मृत्यु तारक सुधारूपममृतं च छायावत्
यस्य स्वाधीने वर्तते;

3. Who is the giver of Self (all Selves in reality being Himself); who is the bestower of strength (as nourisher through food); whose command even gods are eager to receive, whom immortality and death obey like shadow;

यस्येमे हिमवन्तो महित्वा यस्य समुद्रः रसया सहाहः ।
यस्येमाः प्रदिशो यस्य बाहू कस्मै देवाय हविषा विधेम

॥४॥

इमे हिमवदुपलक्षिता पर्वतराज्य यस्य हिरण्यगर्भस्य महिमभूता एव
वय इत्याहुः, रमाशब्दवाच्याभि नदीभि सह समुद्रोऽपि यस्यैव ऐश्वर्येण
महाभाग्यवानस्मि इति स्वरूपावस्थानेनैव व्यापयति, इमा प्राच्यादिचतस्र
दिश आग्नेय्यादिप्रदिश (अर्थात् विदिश) च यस्य सृष्टिकार्याभिजा
धर्माधर्मरूपत्राहस्थानीया भवन्ति,

4 Whose glory the mountains, the Himalayas and the rest, declare; whose greatness the ocean along with rivers proclaim; to whose hands engaged in dispensing justice may be compared the eight directions;

यं क्रन्दसी अवसा तस्तभाने अस्यैक्षेतां मनसा रेजमाने ।
यत्राधि सूर उदितौ व्येति कस्मै देवाय हविषा विधेम

॥५॥

रेजमाने अवमा रक्षणेन निमित्तेन तस्तभाने क्रन्दसी प्रजापते क्रन्दना-
दुत्पन्ने द्यावापृथिव्यौ य मनसा अभ्यैक्षेता, मनसा आवयो महत्त्व अस्मान्
प्राप्तमिति आभिमुख्येन ईक्षण कृतवत्यौ, यस्मिन् आधारे वर्तमान उदिन-
सूर्य भ्रमति,

5 Whom the dual deity, heaven and earth,
shining by light and established for the protec-
tion of the world view in mind as the source of their
greatness; supported by whom the sun moves
gloriously after rising,

येन द्यौरग्रा पृथिवी च दृढे येन सुवः स्तभितं येन नाकः ।
यो अन्तरिक्षे रजसो विमानः कस्मै देवाय हविषा विधेम
॥६॥

येन उग्रा द्यौ पृथिवी च स्थिरीकृते, येन सुवर्लोक स्तब्धीकृत सुव-
पुण्यकृत्सु सस्थापित, येन नाक दु खरहित मोक्ष पुण्यकृत्सु व्यवस्थापित,
यच्च अन्तरिक्षे रजोवाच्यस्य गन्धर्वादिमर्गस्य विमान निर्माता,

6 By whom the powerful sky and the
terrestrial region were made firm, by whom the
blissful heaven was awarded to the virtuous, by
whom Release was appointed for the virtuous;
who is the maker of Rājasa creation in the
mid-region;

आपो ह यन्महतीविश्वमायं दक्षं दधाना जनयन्तीरग्निम् ।
ततो देवानां निरवर्ततासुरेकः कस्मै देवाय हविषा विधेम
॥७॥

यत् यस्य प्रजापते अनुग्रहात् महत्य विश्व दक्ष वृद्धिशील गर्भ दधाना
अग्नि जनयितुकामा आप विश्वाकार आयन् प्राप्ता तत प्रजापते एक
देवाना प्राण निरवर्तत,

7 Through the power of whom the great
Causal Waters holding within it the power of un-
foldment and the capacity to produce fire trans-
formed itself into the form of the world and from
whom the one Breath of all gods came into
existence,

यश्चिदापो¹ महिना पर्यपश्यद्दक्षं दधूना जनयन्तीरग्निम् ।
यो देवेष्वधि देव एक आसीत् कस्मै¹ देवाय हविषा विधेम
॥८॥

य चित् एव हिरण्यगर्भं विश्वाकारेण परिणता. अग्नि जनयन्ती दक्ष
दधाना अप तथाविधसामर्थ्यजननाय स्वमहिम्ना पर्यपश्यत् वीक्षितवान्;
यच्च एक एव देव देवेषु आधिक्येन महानासीत् ॥

8. Who—the Hiranyagarbha—viewed the
waters which create fire and support the Vedic
acts of worship (in order to endow it with such
potency), who is the one God ruling over all the
rest]

एष हि देवः प्रदिशोऽनु सर्वाः

पूर्वो¹ हि ज्ञातः स उ गर्भे¹ अन्तः ।

स विजायमानः स जनिष्यमाणः

प्रत्यङ्मुखा¹स्तिष्ठति विश्वतोमुखः ॥१२॥

एष विश्वाधिक स्वप्रकाश परमात्मा सर्वा प्रधानदिश विदिशश्च
 लक्ष्यीकृत्य सर्वत्र अनुगत भवति । हिरण्यगर्भरूपेण प्रागेव जात श्रुतिप्रसिद्ध
 स एव ब्रह्माण्डरूपस्य गर्भस्य मध्ये जनकभावेन जन्मत्वेन च सर्वस्य मुग्ग-
 मुग्गरनिकरस्य बुद्धीन्द्रियदेहाना अध्यक्षो भूत्वा सर्वत रूपाद्युपलब्धि-
 द्वाग्भुक्त सन् अन्तर्यामिभावेन तिष्ठति ॥

एष this हि well known देव Self-luminous Lord सर्वा all
 प्रदिश quarters of heaven अनु (pervades) towards, पूर्व in the
 beginning जात born (as Hiranyagarbha) स He हि inded च
 only गर्भे अन्त in (the universe represented as) the womb, स
 He विजायमान is being created variously स He जनित्प्यमाण go-
 ing to be born in future विश्वतोमुख having face everywhere
 प्रत्यङ् as the innermost Self मुखा as the Lord तिष्ठति remains

12 This Self-luminous Lord renowned in
 the scriptures pervades all the quarters of
 heaven. Having been born as Hiranyagarbha in
 the beginning He indeed is inside the universe
 represented as the womb He alone is the mani-
 fold world of creation now springing into existence
 and causing the birth of the world of creation yet to
 come As one having face everywhere, He dwells
 also as the inner most Self leading all creatures.

[The stanzas beginning with this one describe the
 glory of Paramātman The manifested world and every item
 in it point to His power Not only the Hiranyagarbha
 embodying the universe in its totality, but every being in the
 world is a representative of Paramātman He is immanent
 in all He is the Master and Ruler of every intellect All
 the senses are door-ways for Him serving as channels of

communication. As cause and effect, He connects successive generations of creation. The last line offers a textual problem. The attempt made to avoid a verbal redundancy by changing *viśvatomukhaḥ* into *saivatomukhaḥ* is not significant. The actual reading is *pratyamukhāstisthatī*. Bhattabhāskara assumes *mukhāt tisthatī* on the ground of Vedic variation and explains *mukhāt upakīamūt* i.e., pervading from the beginning to the end of the effected universe. Śāyana ignores the plural case-ending and interprets *mukhā* as *mukhya* or primary Being, the Rule of the body, the senses and the mind. The reading *mukhaḥ* in the singular may be a conjectural correction of some copyist. The same stanza, perhaps in an improved form, appears as verse 16 in chapter 2 of *Śvetāśvatara Upanisad* where we get the variant reading *sa eva jātah* for *sa vijāyāmānah* and *pratyanyanāḥ* for *pratyamukāḥ*. *Janāḥ* in this case is either taken as an address or as the indwelling Soul of all beings.]

विश्वतश्चक्षुस्त विश्वतो मुखो विश्वतो हस्त उत
विश्वतस्यात् ।
सं ब्राह्म्यां नमति सं पतत्रैर्द्यावापृथिवी जनयन् देव एकः
॥१३॥

दिव च पृथिवी च एक एव सन् परनिरपेक्ष सजनयन् अर्थात् उत्पादयन् स्वयं प्रकाशमान देवः सर्वत व्याप्तचक्षुः सर्वतोमुखः सर्वतोहस्तः सर्वत-पादश्च सन् ब्राह्मसदृशाभ्या धर्माधर्माभ्या वासनाख्यैः पतत्रैः च जगत् सर्वं सनमति अर्थात् वशीकरोति ॥

द्यावापृथिवी heaven and earth सजनयन् one who creates एक one without a second देव self-luminous विश्वतश्चक्षुः having eyes everywhere उत and विश्वतोमुखः having faces everywhere

विश्वतोहस्त having hands everywhere उन and विश्वतस्पात् having feet everywhere (स He) बाहुभ्याम् by the hands पतत्रे by the legs च and सनमति controls, joins.

13 The Self-luminous Reality is one without a second and is the creator of heaven and earth (Having created the universe by Himself and out of Himself) He became the possessor of the eyes, faces, hands and feet of all creatures in every part of the universe. He controls all of them by *dharma* and *adharma* (merit and demerit) represented as His two hands and the constituent elements of the universe which have supplied the Souls with the material embodiment represented as *patatra* or legs

[This stanza tells us that the Paramātman is both the operative and the material cause of the universe, besides being the ruler and guide of all creatures and the user of their limbs, actions and senses as His instruments. It is quoted here from *Taittirīyasamhitā* IV 6 24. It is also found with slight alterations in *Atharvaveda* XIII 2 26 and *Śvetāśvatara Upanisad* III 3 where *viśvatobāhu* appears in the place of *viśvatohasta* and *dhamati* for *namati*. Upanisad-brahmayogin interprets *patatra* as *pāda*. According to Sāyana *bāhu* represents merits and demerits of creatures on the grounds of which God shapes the world and *patatra* symbolically represents the moving material elements which constitute the world. The second half of the stanza is cryptic and some symbolic interpretation as given above alone renders it comprehensible.]

वेनस्तत् पश्यन् विश्वा भुवनानि विद्वान् यत्र विश्वं
भवत्येकनीडम् ।

यस्मिन्निदं सं च वि चैकस ओतः प्रोतश्च त्रिभुः प्रजासु

॥१४॥

प्र तद्वोचे अमृतं नु विद्वान् गन्धर्वो नाम निहितं गुहांसु ।

त्रीणि पदा निहिता गुहांसु यस्तद्वेदं सवितुः पिता सत्

॥१५॥

यस्मिन् परमात्मनि सर्वं जगत् एकाश्रयत्वेन अवस्थित अथवा तादात्म्य प्राप्त भवति त परमात्मान माक्षात्कुर्वाण अत एव विश्वानि भुवनानि तत्त्वत विद्वान् सर्वलोककान्तत्वान् वेन इति नाम्ना ख्यात गन्धर्वं शरीग-वच्छिन्नात्मप्रदेशेषु निहित अमृतत्वप्राप्तिहेतुक मृत्युभयहर परमात्मान परोक्षत बुद्ध्वा शिष्येभ्य प्रोवाच अर्थात् प्रथम आविष्कृतवान् किल । यत् परमात्मतत्त्व कारणत्वेन सर्वेषु कार्यभूतेषु पटे दीर्घतन्तुवत् तिर्यक्तन्तुवत् च सन्तत अवतिष्ठते, यस्मिन् पश्वस्तुनि इदं जगत् स एति वि एति च अर्थान् उत्पद्यते विलीयते च, येन प्राणिवृद्धिषु त्रीणि जाग्रत्स्वप्नमुषुप्तिरूपाणि स्थानानि निहितानि; व्यापक अद्वितीय तत वेद्यं य वेदं स स्वकीयोत्पादकस्य अथवा रक्षकस्य अपि पिता तारक स्यात् । अर्थात् ब्रह्मवित् स्वदेहमात्र-जनकस्य लोकप्रसिद्धस्य पितु अपि पितृवत् पूजनीयो भवति ॥

यत्र in which विश्वम् the universe एकनीडम् united in one place of rest or support भवति is तत् that पश्यन् he who sees विश्वा (विश्वानि) all भुवनानि worlds विद्वान् he who knows वेन Vena नाम named गन्धर्वं a Gandharva अमृतम् immortal तत् that विद्वान् knowing प्र वोचे (for ऊचे without सप्रसारणम्) declared नु verily. यस्मिन् in whom इदम् this सम् (एति comes) together, gets absorbed च and वि (एति) rises, originates च and (य who) प्रजासु in creatures ओत प्रोत च (exists as) warp and woof (येन

by whom) गुह्याम् in the hidden places (of the heart of creatures) त्रीणि three पदा (पदानि) states निहिता (निहितानि) are fixed, appointed यः he who एकम् one विभु all-pervasive तत् that वेद knows सः he सवितुः of one's father पिता father सत् becomes

14-15. He in whom this universe originates and into whom it is absorbed, He who exists as the warp and woof in all created beings, He by whom the three states (of waking, dream and deep sleep) are appointed in the intellects hidden in creatures, He in whom the universe finds a single place of rest—having seen that Paramātman, the Gandharva named Vena became a true knower of all the worlds and proclaimed (to his disciples for the first time) that Reality as immortal He who knows that all-pervasive One becomes worthy of receiving the honour due to a father even from his own natural father.

[In order to inspire greater confidence in the doctrine of Paramātman taught here the authority of Vena is cited in this passage. Commenting on the word Vena in *Taittirīya-saṃhita* IV 10 1 1, Śāyana states that it is derived from विना कान्तौ and that it means dear or *abhīsta*. According to Yāska the term Vena is applied to Indra, Sun, Prajāpati and a Gandharva. The commentators accept the sense of the Gandharva or Prajāpati in this context. Bhattabhāskara, interpreting etymologically, makes out *Vena* to be the Lord who willed the creation of the universe and *gandharva* as the

Divine Principle in whom expressions remain as mystic sound *Vena* is taken as a root expressing desire and *gandharva* is explained as *gām dhārayati ite*, *nādātmakadeva*. Two impressive metaphors make these stanzas significant as high poetry and philosophy. The term *nīda* in Sanskrit has the sense of a resting-place, a bird's nest in which the young ones live together, or the inside of a vehicle where the occupants remain together. The idea of safety and togetherness are implied in these meanings. The whole universe of beings has its safety resort in the Paramātman and derives its existence and intelligence from Him. The second metaphor is about the warp and woof in a woven fabric without which it cannot be. The creation has no existence apart from its divine cause, and knowledge of the Divine Reality alone gives one a true knowledge about the perceptible universe. He who knows God in the world and the world as not different from the cause of its origin, support and final goal, realizes immortality. It is mentioned by the commentator that Vena is one of those who realized this truth first and proclaimed it to others. In the last line divine knowledge is extolled. The Vedic seers recognized the spiritual father's superiority to the natural father and even asserted that a son who has become enlightened in divine wisdom may be honoured by his own biological father. *Guhā* in the text literally means a cave or a hiding place. It represents here the *buddhi* or intellect which is the medium through which the Spirit or Ātman manifests Itself. It is also the seat of waking, dream and sleep. The three *padas* are taken to be *parā*, *pasyanti* and *madhyamā* stages of *vāk* also, on the authority of Rgveda 1.164.45. The word *savituh* in the last line is also found as *sa pituh* in some texts. Bhattabhāskara takes the first of these stanzas as a description of *īūpapīapañca* and the second as that of *nāmapīapañca*.

Verses 14 to 18 are originally found in *Atharvaveda* II 1 1-5 with some variation and transposition]

स नो बन्धुर्जनिता स विधाता धामानि वेद भुवनानि
विश्वानि ।
यत्र देवा अमृतमानशानास्तृतीये धामान्यभ्यैरयन्त ॥१३॥

यस्मिन् मुहूर्द्धूते देवे सति तृतीये लोके तत्प्रसादेन अमृतत्व प्राप्तवन्त जीवा देवा भूत्वा पूज्यानि स्थानानि आभिमुख्येन अधिगतवन्त , स परमेस्वर जीवाना सर्वेषा अस्माक हितकारी भ्राता जनयिता पिता श्रेयस्कर्ता च भवति । स एव अस्माक उच्चितानि स्थानानि वेद, यत स एव विश्वानि अपि भूतजातानि वेद ॥

यत्र where तृतीये in the third (world called द्युलोक) अमृतम् immortality आनशाना those who have attained देवा gods धामानि excellent places अभ्यैरयन्त attained (according to merit and divine dispensation) स that Lord न our बन्धु benefactor and friend जनिता creator विधाता ordainer (च and) स He धामानि proper places वेद knows (यत for) विश्वा (विश्वानि) all भुवनानि created beings (वेद He knows)

16. Through whose power the gods who have attained immortality in the third region of heaven got allotted their respective places, He is our friend, father and ordainer He knows the proper places of each because He understands all created beings.

In this stanza the Divine Providence is described as the benefactor of all creatures He is the father, brother, friend and true judge conferring upon all individual beings

position, function and enjoyment according to the merits of the deeds done by them. The fruits of actions come from Him.)

परि द्यावापृथिवी यन्ति सद्यः परि लोकान् परि दिशः
परि सुवः ।
ऋतस्य तन्तुं विततं विचृत्य तदपश्यत् तदभवत्
प्रजासु ॥१७॥

सर्वात्मभावमापन्ना माक्षात्कृतब्रह्मतत्त्वा क्षणमात्रेण एव द्यावापृथिव्यौ सर्वत व्याप्नुवन्ति, ब्रह्माद्यवशिष्टलोकान् परिगच्छन्ति, प्राच्यादिदिग् स्वर्लोकं च परियन्ति । यः प्रजानां मध्ये ऋताभिधेयस्य परब्रह्मण तन्नुवत् अविच्छिन्नावस्थानरूप्य विस्तीर्णभावेन निश्चित्य याथावस्थेन तत् ब्रह्मतत्त्व पश्यति स तत् ब्रह्म एव भवति ।

सद्य immediately द्यावापृथिवी heaven and earth परियन्ति they spread over, लोकान् the worlds परि (यन्ति) spread over, दिशः the quarters of heaven परि (यन्ति) spread over, सुवः the heavenly region परि (यन्ति) spread over (यः he who) प्रजासु in the created beings ऋतस्य of the Supreme Reality named *Rta* तन्तुम् (like) the thread विततम् spread out विचृत्य having decided in mind तत् that (Brahman) अपश्यत् sees (lit. saw) (सः he) तत् that अभवत् becomes (lit., became)

17 They (i.e., those who have realized their identity with the Highest Lord) immediately spread over heaven and earth. They pervade other worlds, the quarters of heaven and the heavenly region called *Suvaloka*. Whosoever

among created beings sees that Brahman named *Rta* or 'the True', unintermittently pervading the creation like the thread of a cloth, by contemplation in mind, truly becomes That.

[Having described Divine Providence and Grace leading to welfare in the embodied stage and final release from worldly existence, the text by this stanza sets forth the nature of a liberated soul. The moment an aspirant who has reached maturity attains perfect knowledge, he realizes his oneness with all that exists. The term *vicitrya* is taken in the sense of *niscitya* (having settled in mind) in the translation, following Sāyana. Bhattabhāskara explains it as *chitvā* (having cut asunder). According to him the third line means 'having cut asunder the extended fruits of works of sacrifices and so on'. The term *Rta* evidently stands for sacrifices accordingly.]

प॒रीत्य॑ लो॒कान् प॒रीत्य॑ भू॒तानि॑ प॒रीत्य॑ सर्वाः॑ प्र॒दिशो॑
दिशश्च॑ ।
प्र॒जाप॑तिः प्रथ॒मजा ऋ॒तस्या॑त्म॒नात्मान॑मु॒भिसंब॑भूव ॥१८॥

ऋताभिधेयस्य परस्य ब्रह्मण प्रथमकार्यभूत प्रजाना पालक हिरण्य-
गर्भ भूरादिलोकान् भूतानि प्रदिश दिश च सर्वत व्याप्य आत्मीयेन ब्रह्म-
रूपेण जीवात्मसमष्टि अनुप्रविश्य अधिष्ठातृत्वेन मिथुनीभूय तस्थौ । अथवा
आभिमुख्येन सम्यक् भावयति स्म ॥

ऋतस्य of Parabrahman called *Rta* प्रथमजा first-born
प्रजापति Hiranagarbha, the protector of the universe लोकान्
the worlds प॒रीत्य॑ having pervaded भू॒तानि॑ created beings प॒रीत्य॑
having pervaded सर्वाः॑ all प्र॒दिश॑ दिश च quarters and inter-
mediate quarters प॒रीत्य॑ having pervaded आत्मना by His own

nature as the Highest Self आत्मानम् individual souls अभिसवभूव rules and protects them abiding within

18. Having pervaded the worlds and the created beings and all the quarters and intermediate quarters, the first-born of Brahman known as Prajāpati or Hiranyagarbha became by His own nature as Paramātman, the ruler and protector of individual souls

[This stanza occurs also in *Taittīyāṅyaka* I 23 9, with a variant विधाय for परीत्य It concludes the description or definition of the ultimate Reality, Parabrahman or Paramātman, commencing with the opening stanza We learn from the foregone passages these important doctrines The *Paṇḍita* *Brahma* of the Vedic seers is called *Rtam* and *Satyam* There is nothing subtler or higher than this one Reality which is beyond perceptual knowledge as well as ignorance and darkness It is the one Reality in which the visible and imaginable universe has its origination, sustentation and retraction This immortal, self-luminous, ineffable Reality is realized in the hearts of self-disciplined sages, who have thereby attained liberation As the cause of the universe, He is within the comprehension of all in general He is Prajāpati, the father of all created beings, who has assigned to each individual according to his deserts, objects, means and places for experiencing the results of his thoughts and deeds He is again called Hiranyagarbha for the reason that he is pervading the universe inside and outside by His power of knowledge and action In this aspect He is expressed more or less through the sun, the moon and the stars, fire, water and air, men, animals and plants, days, months and seasons None ever equals or surpasses Him

in glory As the parent, friend and benefactor of all creatures, it is to Him all should turn for refuge from fear, security in welfare and guidance to knowledge Finally, with His grace and by the knowledge of Him man attains release from *samsāra* and gains ultimate beatitude Those sages who have attained this goal declare this truth to others and become honoured guides and exemplars to common humanity seeking light and succour in the world Concluding this grand theme the present passage informs us that the same Reality embodied in the entire universe, for all time, dwells in each one of us as the dual principle—the individual self and the Highest Self—the two companion birds with golden plumage perching on the self-same tree mentioned in other Upanisads The unconditioned Brahman cannot be considered the cause of the universe as it can be regarded only as the negation of all assertions Hence the cause of the universe is traced to Huanya-garbha or Ísvara who is conceived as the first-born, although He is never born or in reality different from Brahman The term *abhusambabhūva* in the text is explained as *mithunibhāva* by Bhattabhāskara implying the relationship of a couple between Paramātman and jivātman The remaining part of this Upanisad mostly deals with holy utterances prescribed for facilitating meditation and other religious acts connected with worship intended to lead an aspirant to the Divine Reality described above]

सदसस्पतिमद्भुतं प्रियमिन्द्रस्य काम्यम् ।
सर्ति मेधामयासिषम् ॥१९॥

आत्मन इन्द्रस्यै वा प्रीणयितार सर्वे अपेक्षणीयत्वेन कामनार्ह आश्चर्य-
गुणरूपक सननीय अर्थात् भजनीय अथवा विद्याधारणशक्ते प्रदातार सर्व

विकाराधारभूताया अव्याकृतप्रकृते कारणत्वेन पालक देव अह अयानि
अर्थात् प्राप्तु आशसे । स मामपि अङ्गीकरोतु ॥

इन्द्रस्य of god Indra or one's own Self प्रियम् dear काम्यम्
covetable अद्भुतम् marvellously excellent मेधाम् intellectual
powers सनिम् giver, worthy of reverence सदसस्पतिम् the Lord
of the unmanifest in which creation exists potentially अयासिषम्
I pray I may attain

19. I pray I may attain to the marvellously
excellent Lord of the unmanifest cause of the uni-
verse who is dear to Indra and my own Self, who
is covetable, who is worthy of reverence and who
is the bestower of intellectual powers.

[This stanza in gāyatrī metre is a prayer addressed to the
indwelling Paramātman for the gift of mental powers leading
to illumination The *Kenopanisad* narrates an anecdote from
which we understand that Indra was the first and foremost of
gods who realized Brahman nearest The *Aitareyopanisad*
informs us that Indra is the mystic name of the Ātman dwell-
ing in the creatures So it is evident that the Antaryāmin (in-
dwelling Ātman) is the dearest object to everyone The first
member of the compound *sadasaspati* is interpreted thus सीदति
अस्मिन् अव्याकृताकारेण सर्वं जगत् इति । The marvellous nature of
the Creator is evident from the manifestation of the universe
unrivalled in its design and originality *Sanu* is a Vedic word
denoting giver of gifts or one who is worthy of adoration The
Vedic Rsis frequently prayed for the power of memory and
understanding implied in the word *medhā*, for no knowledge
is possible without them The reading *medhāmayāśīsam* (bles-
sing comprising of intelligence) noted by *Dīpikā* is amusing]

उद्दीप्यस्व जातवेदोऽपघ्नन्निरृतिं मम ।

पशूँश्च मह्यमावहूँ जीवनं च दिशो दिश ॥२०॥

हे जातवेदोनामाग्निरूपेण अवस्थित देव मदीया विघ्नकरी पापदेवता विनाशयितु मदर्थं उत्कर्षेण दीप्तो भव । तत अपहृतविघ्नाय मह्य गवादीन् इतरभोग्यजात च आनय । आत्मन वृत्ति दीर्घायुष्य च देहि । योग्यानि स्थानान्यपि दिक्षु मह्य सम्पादय इत्यह प्रार्थये ॥

हे जातवेद O Jātavedas मम my निरृतिम् sin (personified) अपघ्नन् in order to destroy उद्दीप्यस्व shine brilliantly, मह्यम् for me पशून् cattle च and (other objects of enjoyment) आवहूँ bring, जीवनम् sustenance दिश spots (suitable for stay) in any direction च and दिश appoint

20 O Jātavedas, shine brilliantly in order to destroy the sins connected with me. Confer on me enjoyments of various kinds including cattle Give me sustenance and longevity and appoint a suitable dwelling for me in any direction.

[This is another prayer in anustubh metre to God meditating in Fire *Jātavedas* is he who dwells in the human body assimilating food and guiding vital functions, or he who knows the needs of all beings born *Nirṛiti* or *Alakṣmī* embodies in Hindu tradition all disvalues like poverty, ugliness, unlawful acts, laziness and so on The quest of God can be successful only when an aspirant has a suitable place to stay, necessary comforts which insure against distraction and worry and the shining grace of God which keeps away all mental and physical sins of omission and commission Hence the significance of such a prayer.]

मा नो^१ हिंसीज्जातवेदो गामश्चं पुरुषं जगत् ।

अविभ्रदग्र आगहि श्रिया मा परिपातय ॥२१॥

सा निर्ऋति मदीया गाव अश्वान् पुरुषान् जगत् सर्वमपि तव प्रसा-
दात् हे जातवेद मा विनाशयतु । हे अग्ने त्व हिंसासाधनानि आयुधानि
अधारयन् अस्मदपराधान् वा मनसि न कृत्वा मदनुग्रहार्थं आगच्छ । आगत्य
च मा धनधान्यादिसम्पत्त्या मोक्षात्मिकया वा श्रिया सर्वत सङ्गमय ॥

हे जातवेद O Jātavedas न our गाम् cows अश्वम् horses
पुरुषम् men जगत् (and the rest of) the world (सा निर्ऋति that
evil one) मा हिंसीत् slay not हे अग्ने O Fire अविभ्रत् without
holding (weapons in hand, or our offences in mind) आगहि
come (to our succour) मा मे श्रिया with wealth or beatitude
परिपातय unite on all sides

21 O Jātavedas, through Thy grace may
not the evil one slay our cows, horses, men and
other belongings in the world O Fire, come to
succour us without holding weapons in Thy hand
or thoughts of our offences in Thy mind Unite
me on all sides with wealth

[This stanza in anustubh metre contains again two other
prayers to the Antaryāmin for the safety of wealth acquired
through His grace and for the attainment of greater posses-
sions implied by *Śrī*, leading up to final beatitude *Āgahi* is the
Vedic form for *āgaccha* Up to this stanza the text as found in
various books consulted is generally uniform and fixed Hence-
forward we counter many variations and additions in different
documents On the authority of a Viṣṇānātman, Sāyana has
approved the *drāvidapāṭha* The same is followed here, occa-
sionally supplemented with a few other readings]

पुरुषस्य विद्म सहस्राक्षस्य महादेवस्य धीमहि ।
तन्नो रुद्रः प्रचोदयात् ॥२२॥

विश्वस्य पूरयितु विश्वातीतस्य परमात्मन स्वरूप जानीम । तदर्थं अनन्तज्ञानशक्तिमन्त सहस्राक्ष जगदनुग्राहक परमेश्वर ध्यायेम । तत्र ध्यान-विषये अस्मान् ज्ञानशक्त्यधिष्ठाता विश्वप्रेरक रुद्र प्रचोदयतु प्रेरयतु वर्तयतु च ॥

पुरुषस्य (for पुरुषम्) the Supreme Person विद्म may we know (तदर्थम् for that knowledge) सहस्राक्षस्य (for सहस्राक्षम्) thousand-eyed महादेवस्य (for महादेवम्) the Great God धीमहि may we meditate. रुद्र Rudra, the giver of Knowledge तत् (for तन्न) in that meditation न us प्रचोदयात् may impel or keep

22 May we know the Supreme Person and for the attainment of His Knowledge may we meditate upon Him, the thousand-eyed Great God May Rudra, the giver of Knowledge, impel us towards such meditation and keep us in it.

[This and the following 12 passages are called gāyatrī addressed to different deities These are employed by a spiritual aspirant for worship and meditation as also for mental and oral repetition (japa) The term gāyatrī denotes a particular metre in which a very large number of Vedic stanzas are composed Of all these stanzas the most outstanding one is the stanza at *Rgveda* 3 62 10 of which the seer is Viśvāmītra and the Deity Savitr For one of the earliest commendations of gāyatrī see *Chāndogya Up* 3 12 1 and Śrī Śankarācārya's commentary on it This mantra is used by a twiceborn Hindu in his daily devotions and during special acts of worship. The

gāyatrīmantra is also called Sāvitrī and Sarasvatī in view of the fact that it is addressed to Savitr and worshipped also as Sarasvatī. Gāyatrī itself is considered as a feminine Deity. In common usage, however, the word gāyatrī denotes the stanza in 24 letters occurring in a particular pattern. The Supreme Reality, Paramātman or Parabrahman, is invoked through this stanza. Exactly on the same ideal and verbal pattern several other gāyatrīs have come into vogue, although none of them has attained the same universality, sanctity and significance which the original gāyatrī possesses. Nevertheless every holy formula cast in the mould of the first and foremost gāyatrī has an outstanding part to play in the worship of that particular deity with which it is connected. A name and characteristic description of the object of worship, a longing on the part of the worshipper to comprehend that object of worship in contemplation, and a prayer to the deity worshipped for goading, guiding and holding one's instrument of understanding so that one might attain the highest and best fruit of life—these comprise the essence of all worship, and the gāyatrī formula presents them in the most luminous and concise manner. The greatest help which man should expect of God is not personal services rendered for the satisfaction of his desires and needs like a good neighbour reciprocating previous favours, but the guidance of his thoughts in the right direction. In all the gāyatrīs therefore, the central thought consists in a petition to the Most High for initiating, controlling and developing thoughts, desires and feelings of the worshipper in a way conducive to the attainment of the highest human values and the knowledge of God that leads to liberation. *Maitrūyanī Samhitā* of the *Yajurveda* (2.9.1) gives for the first time eleven dhyāna-gāyatrīs employed for the meditation and worship of Rudra-Śiva in the last istakā of the agnicayana. There it is not

merely an oblation made in consecrated fire, but the cityāgni is worshipped as the Divine Person preceded by śatarudriyahoma. The first gāyatrī given in this Upanisad occurs there.

This, the first gāyatrī given here, is addressed to Rudra-Mahādeva. The name Rudra is described as the power that rules knowledge and wisdom. Rudra is jñānadātā and as such He is the guide of the whole universe. As Virāt He is myriad-eyed and He is the Purusa pervading all creation. Mahādeva is the usual name by which His unrivalled divine nature is described. The aspirant after mokṣa or final beatitude expresses his longing to know the Supreme by the use of the verb in the potential mood, the same mood is used also in connection with the meditation implying that even the desire to meditate is engendered only through prayer to the Supreme for its gain. The use of the verbs in the first person plural in all these gāyatrī formulas is specially noteworthy. Man is gregarious by nature. He can hardly rise above the moral and spiritual level attained by the collectivity to which he belongs. It is, therefore, necessary that every religious aspirant who strives for the uplift of his own self should also remember the whole community to which he belongs, so that all may be raised above the previous level. This great truth is implied in the plural expressions, 'May we know' and 'May we meditate'. The supplication implied in the last verb finally points out that the worshipper owes his approach to God solely to the impulse granted by God Himself. In all the gāyatrīs that follow the same motivation runs centrally. These gāyatrīs are repeated for getting purity of mind accompanied by meditation on the deity indicated. *Purusa* contained in this Rudra gāyatrī implies that all deities may be invoked by a votary with the same mantra which is connected with his īsta or chosen ideal, considering them as non-different from Him. In one text

examined the first line is found as तत्पुरुषाय विद्महे This alteration makes the line a regular gāyatrī line Otherwise the whole passage is not in gāyatrī metre, but in pura usnik The grammatical structure of these formulas vary widely from standard usage by interchanges of case-endings and verbal terminations]

तत्पुरुषाय विद्महे' महादेवाय धीमहि ।
तन्नो रुद्रः प्रचोदयात् ॥२३॥

त आगमप्रसिद्धैश्वर्यं पुरुषाकारं महादेवं वयं जानीमः । तस्य ज्ञानार्थं तं महादेवं ध्यायेम । तस्मिन् ध्यानविषये ज्ञानदाता रुद्रः अस्मान् प्रेरयतु ॥

तत् (for तस्मै) पुरुषाय that Supreme Person well known in the scriptures विद्महे may we know, realize महादेवाय that Mahādeva, the highest among gods धीमहि may we meditate तत् in that meditation रुद्रः Rudra नः us प्रचोदयात् may impel

23 May we know or realize the Supreme Person For that, may we meditate upon Mahādeva and to that meditation may Rudra impel us.

[This Tatpurusagāyatrī is not noted by Bhattabhāskara perhaps thinking that it is duplicate of the previous mantra Śāyana accepts it and informs us that this Gāyatrī is a prayer addressed to Rudra visualized as

विभ्रह्मीभिः कुठारमृगमभयवरौ सुप्रसन्नो महेश
सर्वालङ्कारदीप्त सरसिजनिलयो व्याघ्रचर्मत्तवास ।
ध्येयो मुक्तापरागामृतसकलितान्द्रिप्रभ पञ्चवक्त्र
व्यक्ष कोटीरकोटीकलिततुहिनरुचि कलोत्तुङ्गभौलि ॥

in *Prapañcasūtra* 27 41 This contemplation verse gives in concise language the characteristics of *Tatpuruṣa-Mahādeva* as

worshipped in the images The terms *Puruṣa*, *Mahādeva* and *Rudra* are epithets of the same Divine Person implying His personality and spiritual characteristics]

तत्पुरुषाय विद्महे^१ वक्रतुण्डाय धीमहि ।

तन्नो^२ दन्तिः प्रचोदयात् ॥२४॥

त पुरुष जानीम । तदर्थं कुटिलनासिक ध्यायेम । महादेव स विघ्नेश
दन्ती तस्मिन् ध्याने अस्मान् प्रेरयतु ॥

24. May we know the Supreme Person. For that, may we meditate upon Vakratuṇḍa May Dantim impel us towards it

[In all gāyatrīs three epithets and three acts, namely, knowledge, meditation and impelling are to be connected In this Viḡhnesagāyatrī employed in the worship of Īśvara, the Supreme Person is represented as elephant-faced, having a bent trunk and an excellent tusk *Vakratuṇḍa* and *Dantim* are the names of Vināyaka *Dantiḥ* is the Vedic form of *Dantim*]

तत्पुरुषाय विद्महे^१ चक्रतुण्डाय धीमहि ।

तन्नो^२ नन्दिः प्रचोदयात् ॥२५॥

त दिव्यपुरुषविग्रह जानीम । तदर्थंचक्रतुण्ड ध्यायेम । तस्मिन् ध्याने
अस्मान् नन्दि प्रचोदयतु ॥

25. May we know the Divine Person. For that, may we meditate upon Cakratuṇḍa May Nandim impel us towards it

[Here the epithets *Puruṣa* and *Cakratuṇḍa* refer to Nandi-keśvara, the servant, seat and vehicle of Śiva Being one en-

dowed with occult powers, he is capable of assuming human shape as a purusa. He is called *Cakratunda* as he wielded the weapon known as Cakra, discus, while Śiva was engaged in battle with demons by grasping it with the mouth. This gāyatrī and the next one are not in the shorter version commented by Bhattabhāskara]

तत्पुरुषाय विद्महे' महासेनाय धीमहि ।
तन्नः षण्मुखः प्रचोदयात् ॥२६॥

त पुरुष जानीम । तदर्थं महासेन ध्यायेम । तस्मिन् ध्याने अस्मान् षण्मुख प्रचोदयतु ॥

26. May we know that Divine Person For that, may we meditate upon Mahāseṇa. May Saṇmukha impel us towards it.

[This is a prayer addressed to Kārtikeya who is represented as having six faces and as the general of the celestial army.]

तत्पुरुषाय विद्महे' सुवर्णपक्षाय धीमहि ।
तन्नो गरुडः प्रचोदयात् ॥२७॥

त पुरुष जानीम । तदर्थं सुवर्णपक्ष ध्यायेम । तस्मिन् ध्याने गरुड अस्मान् प्रचोदयतु ॥

27. May we know that Divine Person For that, may we meditate on Suvarṇapakṣa. May Garuḍa impel us towards it.

[This Garuḍagāyatrī represents Garuda as having golden wings. The name *Garuḍa* is traced to the root *gr* meaning to swallow—*sarpānām gīranāt*.]

वेदात्मनाय विद्महे' हिरण्यगर्भाय धीमहि ।
तन्नो ब्रह्म प्रचोदयात् ॥२८॥

वेदात्मक ब्रह्म वयं जानीम । तदर्थं हिरण्यगर्भं ध्यायेम । तस्मिन् ध्याने
ब्रह्म अस्मान् प्रेरयतु ॥

28. May we know the Veda, embodied as the four-faced Brahmā For that, may we meditate upon Hiranyagarbha. May Brahman impel us towards it

[This is a prayer addressed to Brahman. Some texts read *Brahma* as neuter singular while others have masculine singular *Brahmā*. Sāyana considers this as Paramagāyatrī and explains it thus. Through the strenuous study of Vedānta as resident students in the place of the preceptor may we know Brahman, the Highest Reality, also expressed in the Vedic scriptures. Having known that Reality may we continually meditate upon that unlimited Truth day and night identifying It with ourselves. *Vedātmana* is a Vedic deviation for *Vedāt-maka*. The four-faced Brahmā named Hiranyagarbha and the Vedic lore are but the expressions of the Supreme Reality which, as the impelling Spirit, influences one to do acts meritorious or otherwise.]

नारायणाय विद्महे' वासुदेवाय धीमहि ।
तन्नो विष्णुः प्रचोदयात् ॥२९॥

नारायणं जानीम । तदर्थं वासुदेवं ध्यायेम । तस्मिन् ध्याने विष्णुः
अस्मान् प्रेरयतु ॥

29. May we know Nārāyana. For that, may

we meditate upon Vāsudeva May Viṣnu impel us towards it.

[The Highest Person is here supplicated as Nārāyana, Vāsudeva and Viṣnu Until and unless He impels the individual Soul, it cannot contemplate Him, and without contemplation on Him, His true nature cannot be understood The etymological meanings of the three epithets are given at length in the *bhāṣyas* on the *Gītā* and *Viṣṇusahasranāma* Bhattabhāskara's explanation of these words in the *Viṣṇugāyatrī* is noteworthy. He derives *Nārāyana* thus The term Nara, being derived from the root *nr* to lead, means the leader of all creation Nāra derived from the above word denotes his offsprings Nārāyana therefore, is the effective cause of all creatures Thus Nārāyana is Paramātman He is called Vāsudeva in his immanent aspect, i e, dwelling in all creatures as Antaryāmin The term Viṣnu implies His all-pervasiveness]

वज्रनखाय विद्महे तीक्ष्णदृष्टाय धीमहि ।
तन्नो नारसिंहः प्रचोदयात् ॥३०॥

वज्रनख जानीम । तदर्थ तीक्ष्णदृष्ट ध्यायेम । तस्मिन् ध्याने नारसिंह-
अस्मान् प्रेरयतु ॥

30. May we know Vajranakha For that, may we meditate upon Tīkṣṇadamstra. May Nārasimha impel us towards it

[This is a prayer to Nārasimha The lengthening of the vowel on the first letter of the word Nārasimha makes no difference in the meaning, namely Man-lion God Being partly leonine He has sharp eye-teeth and diamond-hard nails]

भास्कराय विद्महे महद्द्युतिकराय धीमहि ।
तन्नो आदित्यः प्रचोदयात् ॥३१॥

भास्कर जानीम । तदर्थं महाद्द्युतिकर ध्यायेम । तस्मिन् ध्याने
आदित्य अस्मान् प्रेरयतु ॥

31. May we know Bhāskara. For that may we meditate upon the great-light-producer. May Āditya impel us towards it

[*Bhāskara* literally means light-giver The sun is believed to be the child of Aditi, mother of all gods, naturalistically the limitless sky *Mahaddyutikara* in grammatical Sanskrit must be *Mahādyutikara*]

वैश्वानराय विद्महे लालीलाय धीमहि ।
तन्नो अग्निः प्रचोदयात् ॥३२॥

वैश्वानर जानीम । तदर्थं लालील ध्यायेम तस्मिन् ध्याने अग्नि-
अस्मान् प्रेरयतु ॥

32 May we know Vaiśvānara For that, may we meditate upon Lālīla. May Agni impel us towards it

[This is Agniḡāyatrī Fire is called *Vaiśvānara* because He is favourable to all men by helping their cooking and worship. (विश्वेभ्यो नरेभ्यो हित ।) Nārāyana explains in the *Dīpikā* that fire is called Lālīla, because oblations are licked up by flickering flames He equates the word *Lālīla* with *lelāyamāna* in the *Mundāka Upanisad* By attracting the syllable *he* of *vidmahe* some produce the word *helālīla* and explain it as the private

sport of Fire-God (helā) and His play in the universe as the Supreme God (lilā)]

कात्यायानाय विद्महे^१ कन्यकुमारिं धीमहि ।

तन्नो^१ दुर्गिः प्रचोदयात् ॥३३॥

कात्यायन जानीम । तदर्थं कन्यकुमारिं ध्यायेम । तस्मिन् ध्याने दुर्गि
अस्मान् प्रेरयतु ॥

33. May we know Kātyāyana. For that, may we meditate upon Kanyakumārī. May Durgī impel us towards it.

[Bhattabhāskara explains that this Durgāgāyatrī has for its deity a particular sacred fire with which Durgā is identified. She is called *Kātyāyana* because of Her being the offspring of Katya in one of Her incarnations. Masculine gender of the word should be transformed into feminine. *Kanyakumārī* means a shining virgin, *kanyā* being derived from the root *kan* to shine. *Kumārī* is explained as destroyer of evil—(कु कुत्सित अनिष्ट मारयति इति ।). The case and gender are to be transformed to bring them to the same pattern as other gāyatrīs. In the commentary given in the Ānandāśrama edition ascribed to an unknown author the following explanation is found: This is a prayer to Ādiśakti—O Kanyakumārī, known as also Durgī, may we know Thee as most excellent and accessible solely through devotion—Thou who hast been a bestower of enjoyment and liberation to Kātyāyana (Thy father in one of of Thy previous incarnations). The word Durgā is changed into Durgī.

Of these twelve gāyatrīs given above only six are accepted by Sāyana and five by Bhattabhāskara. *Dīpikā* of Nārāyana

notes eighteen gāyatrīs of which the following are those not given above

चतुर्मुखाय विद्महे कमण्डलुधराय धीमहि ।
 तन्नो ब्रह्मा प्रचोदयात् ॥ १ ॥
 आदित्याय विद्महे सहस्रकिरणाय धीमहि ।
 तन्नो भानु प्रचोदयात् ॥ २ ॥
 पावकाय विद्महे सप्तजिह्वाय धीमहि ।
 तन्नो वैश्वानर प्रचोदयात् ॥ ३ ॥
 महाशूलिन्यै विद्महे महादुर्गायै धीमहि ।
 तन्नो भगवती प्रचोदयात् ॥ ४ ॥
 सुभगायै विद्महे कमलमालिन्यै धीमहि ।
 तन्नो गौरी प्रचोदयात् ॥ ५ ॥
 नवकुलाय विद्महे विषदन्ताय धीमहि ।
 तन्न सर्प प्रचोदयात् ॥ ६ ॥

The Āgamas and Tantras enlist many more gāyatrīs connected with other gods and goddesses, for, the worship of a god is not complete without a gāyatrī For instance

महादेव्यै च विद्महे विष्णुपत्न्यै च धीमहि ।
 तन्नो लक्ष्मी प्रचोदयात् ॥ १ ॥
 रघुवश्याय विद्महे सीतावल्लभाय धीमहि ।
 तन्नो राम प्रचोदयात् ॥ २ ॥
 दाशरथाय विद्महे सीतारामाय धीमहि ।
 तन्नोराम प्रचोदयात् ॥ ३ ॥
 सदाशिवाय विद्महे सहस्राक्षाय धीमहि ।
 तन्न साम्ब. प्रचोदयात् ॥ ४ ॥
 कालिकायै विद्महे श्मशानवासिन्यै धीमहि ।
 तन्नोऽघोर प्रचोदयात् ॥ ५ ॥

सहस्रपरमा देवी शतमूला शताङ्कुरा ।

सर्वंहरतु मे पापं दूर्वा दुःस्वप्ननाशिनी ॥३४॥

सहस्रसख्याकेभ्य पावनद्रव्येभ्यः परमोत्कृष्टा, अथवा फलदाने सहस्रात् अभ्यधिका, दीप्तिशालिनी अनेकमूला अनेकाङ्कुरशोभिता दुःस्वप्नफलनाशिनी दूर्वाभिमानिनी देवता मम पाप हरतु ॥

सहस्रपरमा superior to a thousand (purifying agencies) देवी embodying the divine spirit, shining शतमूला having many roots, and nodes शताङ्कुरा having many sprouts दुःस्वप्ननाशिनी destroyer of evil dreams दूर्वा dūrvā (panic grass) मे my पापम् demerit, impurity सर्वम् all हरतु ward off, remove

34. May dūrvā (the panic grass), who represents the divine Spirit, who is superior to a thousand purifying agencies, who has innumerable nodes and sprouts and who destroys the effects of evil dreams, remove all my impurities.

[In the foregoing mantras it has been pointed out that there is only one Supreme Divine Reality and that the manifold objects of the universe represent that Reality symbolically. The Rudrasūkta salutes, among scores of other things, trees and plants and grass beds as the visible form of Rudra. By association some of the flora have acquired particular religious importance in Hindu spirituality. Dūrvā is a variety of pertinaciously growing beautiful grass, the shoots of which are used in various purificatory religious acts in the faith that they have an unseen effect in imparting to worshippers holiness and inner purity.]

The religious pattern of individual life worked out by the scriptures spreads throughout the texture of the waking life of

a spiritual man. A brāhmana who lives according to the rules of the scriptures eliminates impulsive actions as far as possible and tries to approximate every act of his life to the form prescribed in the scriptures. From the moment he awakes from sleep in the last watch of night till he goes to bed late at night every hour of his life is programmed for the performance of religious duties. Worship of God (dharmē) is the pivot on which all his other actions turn. His creaturely needs are fulfilled in such a way that a religious impress is put upon them by the repetition of certain mantras and adherence to a fixed pattern. Thus the mode of his leaving the bed, objects of his first sight, attending to his personal needs, his ablution, time, manner, material, place and preparation of his food, movement and rest of his body, and utterance of his speech are all governed by the scriptural rules. These are given in the Dharmaśāstra texts at length. Actions of worship accompanied by sacred utterances repeated during their performance are particularly deemed efficacious. Although such ritualism at times degenerates into dry formalism which may give one the satisfaction that his religious obligations are fulfilled in the cheapest and easiest way, when performed in true spirit, it serves as a great carrying medium of true religion. Repetition of ritual acts creates an appropriate path, a habit of doing things in a worshipful spirit, and it thus purifies, enlightens and transforms the life subjected to it. Habit and attention, so necessary for religious life, are cultivated through proper religious acts.

The anustubh stanza given above in praise of dūrvā is repeated at the time of a plunge bath which is taken early in the morning, then a few shoots of the grass with a little earth are placed on the head as an auspicious act. Such an auspicious bath is an ingredient of a life of worship. In addition to this stanza regarding dūrvā, the following variant stanza is

recorded in Jacob's edition दूर्वा अमृतसभूता शतमूला शताङ्कुरा ।
शत मे घ्नन्ति पापानि शतमायुर्विबर्धति ॥]

काण्डात् काण्डात् प्ररोहन्ती परुषः परुषः परि ।

एवा नो दूर्वे प्रतनु सहस्रेण शतेन च ॥३५॥

काण्डात् काण्डात् परुष परुष परि प्ररोहन्ती हे दूर्वे एव अस्मानपि
वशब्दद्वया शतेन सहस्रेण च प्रकर्षेण विस्तारय ॥

काण्डात् काण्डात् from every stalk of jointed stem परुष
परुष from every node परि further प्ररोहन्ती growing दूर्वे O
dūrvā एवा (एवम्) analogously न us शतेन सहस्रेण च by hund-
reds and thousands प्रतनु multiply

35. O dūrvā, just as thou growest farther
and farther multiplying at every node putting
forth roots and fresh stalks, so also help us to grow
in progeny by hundreds and thousands

[The ancients who lived in an agrarian society close to
Nature in a sparsely populated country valued growth of
family in successive generations They shuddered at the
thought of the break of a lineage and the extinction of the
social heritage transmitted through it These families envied,
as it were, dūrvā which gradually spread by the extension of its
stalk in all directions]

या शतेन प्रतनोषि सहस्रेण विरोहसि ।

तस्यास्ते देवीष्टके विधेम हविषा वयम् ॥३६॥

हे देवि इष्टके, या त्व शतेन प्रतनोषि विस्तारयसि सहस्रेण विरोहसि
तस्या ते परिचर्या हविर्दानेन वय कुर्म ॥

देवि O Goddess (shining with green colour) इष्टके O thou worshipped by devotees या thou who शतेन by hundreds प्रतनोषि multiply सहस्रेण by thousands विरोहसि grow in different directions तस्याः ते thou who art of such (nature) (परिचर्याम् worship) वयम् we हविषा with oblations विधेम may perform.

36. O Devi, worshipped by devotees, may we worship thee with oblations—thou who multiplieth thyself by hundreds and growest in thousands.

[These two stanzas are found originally in *Taittirīyasaṃhitā* IV. 2. 9 where they are employed for *dūrveṣṭakopadhāna*. The import of stanza 36 as explained here is partly contained in the previous one. These two stanzas are not given in the shorter text commented by Bhaṭṭabhāskara and Sāyaṇa. The word *iṣṭake* is the address of *iṣṭakā*. *Iṣṭa*, the past participle of the verb *yaj*, gives the meaning that which is worshipped. The form in the feminine with the suffix *ka* implying 'dear' gives the sense 'the dear one worshipped by the devotees'.]

अश्वक्रान्ते रथक्रान्ते विष्णुक्रान्ते वसुन्धरा ।

शिरसा धारयिष्यामि रक्षस्व मां पदे पदे ॥३७॥

हे अश्वक्रान्ते रथक्रान्ते विष्णुक्रान्ते वसुन्धरे त्वामहं शिरसा धारयिष्यामि । मां पदे पदे रक्षस्व ॥

अश्वक्रान्ते traversed by a horse रथक्रान्ते traversed by a chariot विष्णुक्रान्ते traversed by Viṣṇu वसुन्धरा (वसुन्धरे) O earth (त्वाम् you अहम् I) शिरसा on head धारयिष्यामि shall take, hold; माम् me पदे पदे at every step रक्षस्व protect.

37 O earth that is traversed by a horse, a chariot and Visnu, I shall keep thee on my head, protect me at every step

[A sacrificial ground is made holy by taking a horse over it To indicate the sacredness of the earth the word *asvakiāntā* is used So also it is believed that the earth is purified by the wheel of a chariot In the incarnation of Trivikrama, Visnu placed one foot on the earth and paced heaven The earth is made sacred in that way also The earth having these associations for holiness is considered particularly holy What wonder if man is struck by feelings of reverence when he remembers the earth which is his support and source of nourishment? Therefore as a symbolic act of self-purification the religious man places a little earth on his head muttering this mantra over it when he is about to take his morning bath Some texts read *vasundhare* for *vasundhaiā* which makes it easy to construe with the preceding vocatives In the second half *śivasā dhāritā devī* appears to be the older reading accepted by both Bhattabhāskara and Śāyana The whole stanza is regularized thus in the text used by Nārāyana for his *Dīpikā* अश्वक्रान्ते रथक्रान्ते विष्णुक्रान्ते वसुन्धरे । गिरसा धारिता देवि मा रक्षस्व पदे पदे ॥]

भूमिर्धेनुर्धरणी लोकधारिणी ।

उद्धृतासि वराहेण कृष्णेन शतबाहुना ॥३८॥

मृत्तिके हनं पापं यन्मया दुष्कृतं कृतम् ।

मृत्तिके ब्रह्मदत्तासि काश्यपेनाभिमन्त्रिता ।

मृत्तिके देहि मे पुष्टिं त्वयि सर्वं प्रतिष्ठितम् ॥३९॥

मृत्तिके^१ प्रतिष्ठिते सर्वं तन्मे निर्णुदं मृत्तिके ।

त्वया हतेन पापेन गच्छामि परमां गतिम् ॥४०॥

कामधेनुवत् प्रीतिकरी सस्याना जीवनोपायभूता सर्त्रप्राणिनामपि धार-
यित्री भूमि , सा त्व कृष्णेन शतबाहुना वराहेन पूर्वं उद्धृता असि ॥

हे मृत्तिके अथवा प्रगस्तमृदात्मिके मया यत् दुष्कृतं कृतं यत् मे पापं
च तत् हन अर्थात् विनाशय । हे मृत्तिके त्वं ब्रह्मणा परमात्मना भूमिरूपेण
स्थापिता अस्मि, अथवा लोकहितार्थं दत्ता अस्मि । काश्यपेन तदुपलक्षितैः
परमर्षिभिश्च स्नानकाले अभिमन्त्रिता अस्मि । हे मृत्तिके मह्यं पुष्टिं देहि ।
यत् सर्वं भूतजानं त्वयि प्रतिष्ठितं वर्तते अतः अहमपि त्वत्प्रसादेन पुष्टिमान्
भवेयम् ॥

हे मृत्तिके प्राणिनां प्रतिष्ठाभूते सर्वं मे तत् पापं निर्णुदं अर्थात्
विनाशय । हे मृत्तिके त्वया हतेन पापेन सता अर्थात् त्वद्विध्वस्तपापं अहं
मोक्षरूपा परमा गतिं गच्छामि ॥

धेनु a milch cow धरणी support लोकधारिणी support of
living beings भूमि earth (निमग्ना सती when submerged) कृष्णेन
by Kṛṣṇa शतबाहुना who has hundred arms वराहेण by the boar
उद्धृता raised up असि art

मृत्तिके O excellent earth मया by me यत् what दुष्कृतम् evil
deed कृतम् done (यत् which) मे mine पापम् sin (च and तत्
that) हन destory मृत्तिके O excellent earth ब्रह्मदत्ता established
by God असि art काश्यपेन by sage Kāśyapa अभिमन्त्रिता was
uttered over with mantra मृत्तिके O excellent earth मे me
पुष्टिम् prosperity, nourishment देहि give. त्वयि in you सर्वम्
all प्रतिष्ठितम् are established

मृत्तिके O excellent earth प्रतिष्ठिते made firm तत् that (sin)
सर्वम् all मे from me निर्णुदं cleanse. मृत्तिके O excellent earth

त्वया by you हृतेन destroyed पापेन sin परमाम् highest गतिम् goal
गच्छामि I go

38. The earth is the giver of happiness like the milch cow, the sustainer of life and support for all living beings (Represented as such the earth is addressed :) Thou wert raised up by Kṛṣṇa in His incarnation of the boar having hundred hands.

39. O excellent earth, destroy my evil deeds as well as sins connected with me O excellent earth, thou art a gift from God to creatures Thou art prayed over by Kāśyapa O excellent earth, grant me prosperity, for everything depends on thee.

40. O excellent earth, on which all creatures are supported, cleanse all that (sin) from me. O excellent earth, my sins having been destroyed by thee, I attain to the highest goal

[Like the preceding stanza, this passage, containing seven lines divided into three mantras, is also used for purifying a quantity of earth held in the right hand before ablution In the place of line 2 of mantra 39 the shorter version reads त्वया हृतेन पापेन जीवामि शरदशतम् and Bhattachāskara notes after line 3, यद्देव यच्च मानुष्य ब्रह्मदत्तासि कस्यपि as accepted by tradition in order to complete the sense In the last stanza तया हृतेन is better represented by त्वया हृतेन as accepted by most of the commentators The repetition of the address 'O excellent earth' five times should be taken as an indication of the devotion

which the seer of the mantra felt when he thought of the glory of the earth Hindu religion reverences the earth which supports all life with the same feelings which a mother would call in the minds of her children The earth is cited as the aptest illustration whenever one is in need of impressing about the necessity of patience Man transforms the surface of the earth by cutting, digging, levelling and building with hard implements Yet she yields him prosperity and enjoyment in turn]

यत् इन्द्र भयामहे ततो नो अभयं कृधि ।

मघवञ्छृग्धि तव तन्न ऊतये विद्विषो विमृधो जहि ॥४१॥

स्वस्तिदा विशस्पतिर्वृत्रहा विमृधो वशी ।

वृषेन्द्रः पुर एतु नः स्वस्तिदा अभयङ्करः ॥४२॥

हे इन्द्र वयं यत् पापेभ्यः मृत्युरोगचोरादिगत्रुभ्यः निरयात् च भीतिं प्राप्नुयामः तत् भयकारणेभ्यः सर्वेभ्यः अस्मभ्यः अभयं कुरु । हे मघवन् तव सम्बन्धिना अस्माकं तत्=तत्र भयस्थाने, न अस्माकं, तव ऊतये=भवत्कर्तृकरक्षणार्थं शग्धि शक्तो भव । अस्माकं विद्विष जहि विनाशय, विमृधः सश्रामान् च जहि ॥

स्वस्तिदा इहलोकसम्बन्धिसुखदाता पुनश्च स्वस्तिदा परलोकसम्बन्धिकल्याणदाता विशा प्रजानां पालकः वृत्रहन्ता अथवा पापहन्ता विमृध विनिवारितसङ्ग्राम वशी जितेन्द्रिय वृषा अर्थात् वर्षदाता अभयङ्कर भयनिवृत्ते कर्ता इन्द्रः अस्माकं पुरस्तात् अस्मद्रक्षार्थं आगच्छतु वर्तता वा ॥

हे इन्द्र O Indra यत् whence भयामहे (विभेम) we fear तत् thence न us अभयम् fearless कृधि (कुरु) make हे मघवन् O Maghavan, giver of wealth, worshipped in sacrifices तव (सम्बन्धिना अस्माकम् of us who belong) to you तत् that (sin

etc) शनिध be competent (to destroy) न our ऊतये for protection विमृध battles विद्विष enemies जहि slay

स्वस्तितदा (द) giver of well-being (here) स्वस्तितदा (द) giver of well-being (in the next world) विशस्पति protector of people वृत्रहा slayer of Vṛtra विमृध. battles वशी subduer वृषा rain-giver अभयङ्कर bestower of safety इन्द्र Indra न our पुर in front, near एतु let come

41. O Indra, make us fearless of those (causes such as sin, enemies and hell) of which we are afraid O Maghavan, destroy that, i e the cause of fear, that is in us (thy devotees). For our protection destroy our harassing enemies

42. May Indra come to our succour—Indra who is the giver of welfare on earth and bliss in the next world, who is the lord of people, who is the slayer of Vṛtra, who is the subduer of enemies and giver of rain, who is peaceable and giver of safety

[These two mantras reproduced from the *Taittirīyabrāhmaṇa* III 7 11 constitute a prayer to Indra for protection and safety when one is about to take bath The variant reading *tvam na ūtibhiḥ* instead of *tanna ūtaye* makes the syntax and meaning clear In the *Rgvedasamhitā* a very large number of hymns are addressed to Indra who is described as the one ruler of the universe, the king of men, god of gods, lord of heaven, controller of the world, the Most High, immortal, protector of all, friend of sages, and the destroyer of the wicked From these epithets it is clear that Indra is none other than the

Supreme, the guide and protector of the universe In these two mantias the devotee invokes His nearest presence for the destruction of internal and external enemies and the attainment of well-being and bliss The regular morning bath of the pious Hindu is not merely an act of personal hygiene but a religious duty enjoined by the scripture in order to acquire religious merit and to destroy mental impurities as well Prayers uttered invoking the favour of divine Powers like Indra facilitate this end]

स्वस्ति न इन्द्रो वृद्धश्रवाः स्वस्ति नः पूषा विश्ववेदाः ।
स्वस्ति नस्तार्क्ष्यो अरिष्टनेमिः स्वस्ति नो बृहस्पतिर्दधातु ।
॥४३॥

प्रभूतस्तोत्रयुक्त अथवा प्रभूतहविलक्षणान्नयुक्त इन्द्र अस्मभ्य अविनाश पोषयतु । विश्ववेदा अर्थात् सर्वज्ञ अथवा बहुधन पूषा न स्वस्ति दधातु । अनुपहिसितायुध अथवा अप्रतिहतरथ तार्क्ष्य अर्थात् तृक्षस्य पुत्र गरुत्मान् अस्मभ्य स्वस्ति दधातु । वृहता देवाना पालयिता इन्द्रपुरोहित अस्मभ्य स्वस्ति करोतु ॥

वृद्धश्रवा he who possesses much praise (of devotees) or much food (offered as oblation) इन्द्र Indra न for us स्वस्ति well-being, safety दधातु vouchsafe विश्ववेदा all-knowing or all-possessing पूषा god Pūsan न for us स्वस्ति well-being (दधातु vouchsafe) अरिष्टनेमि he whose chariot (नेमि a wheel of a chariot, here suggestively stands for a chariot) is not injured by anyone तार्क्ष्य Garuda न for us स्वस्ति well-being (दधातु vouchsafe) बृहस्पति Brhaspati, the preceptor of gods न for us स्वस्ति well-being (दधातु vouchsafe).

43 May Indra who is profusely praised by the devotees through sacred hymns, or frequently worshipped with oblations, vouchsafe to us safety and well-being May the all-knowing or all-possessing Pūsan vouchsafe to us well-being May Garuḍa, the son of Trkṣa, whose chariot is not injured by anyone, vouchsafe to us safety. May Brhaspati, the preceptor of gods, grant us well-being.

[This mantra reproduced here from *Rgveda* I 89 6 is intended to serve as a prayer for safety and well-being It is uttered by one about to take bath in the belief that it helps to ward off the peril of sharks and crocodiles in water]

आपान्तमन्युस्तृपलप्रभर्मा धुनिः शिमीवाञ्छरुमा ऋजीषी ।
सोमो विश्वान्यतसावनानि नार्वाग्निन्द्रं प्रतिमानानि देभुः

॥४४॥

आपान्तमन्यु आपातितमन्यु उपर्युपरि क्रोधवान् अथवा सर्वात्मना विनष्टकोप तृपलप्रभर्मा तृपलैः ग्रावादिभिः क्षिप्रप्रहारी धुनि शत्रूणा कम्पयिता शिमीवान् कर्मयुक्तः शरुमान् आयुधवान् ऋजीषी अर्थात् गतसार-सोमद्रव्यवान् सोम इन्द्रः विश्वानि सर्वाणि अतसावनानि अतसमयानि वनानि वर्धयति वर्षादिदानेन । प्रतिमानानि समानद्रव्याणि इन्द्र अर्वाक् न देभु तुलया मीयमानानि आत्माभिमुखतया न आकर्षयन्ति । सर्वेभ्य महान् इन्द्र ॥

आपान्तमन्यु displaying anger तृपलप्रभर्मा striking with stones धुनि shaker of enemies शिमीवान् having many deeds शरुमान्

holding weapons ऋजीषी he who partakes of *rjīsa* (i.e. soma juice kept over) सोम Indra devoted to soma विद्वानि all अतसावनानि jungles of *atasa* (वर्धयति causes to grow) प्रतिमानानि counter-weights इन्द्रम् Indra अर्वाक् in a downward direction न देभु. do not weigh down

44 Soma who is of mild anger, who strikes with stones, who shakes enemies, who has many deeds, who wields weapons and who delights in soma juice kept over, causes the jungles of dried up trees and bushes (to grow by the downpour of rains) Counter-weights do not weigh down making Indra light

[This mantra occurs at *Rgveda* X 89 5 It is glossed by Yāska as a knotty stanza and explained by Sāyana following in his wake The translation and explanation given here are based on Sāyana's *Rgvedabhāṣya* Here Indra is called soma Indra is depicted in the *Rgveda* mantras as the overlord, protector of men, immortal, the one sovereign of the universe, the eldest king, breaker of the wicked, the friend of sages, protector of all, the most powerful and the like. Whatever activity there is requiring power and energy, all belongs to Indra He slew the demon *Vitra* and released pent up rain which caused the earth smile with vegetation This mantra gives some instances of the power of Indra, his heroism and activities in heaven The term *rjīsm* occurs more than once as an epithet of Indra in the *Rgveda* and Sāyana explains *rjīsa* as *gatasūra-somadravya* The word *atasa* occurs only once in the *Rgveda* at II 4 7 and there it is explained by Sāyana as dry bushes spread over the surface of the earth *Atasa* also means

flax The similitude in the last line, according to Sāyana, is given to prove that Indra excells all other gods In order to test the relative greatness of Indra whatever one may place in the scales of a balance, none of them will weigh down and make him less in weight The root *dabh*, says Sāyana, has the sense of *ākarsana* here In the *Taittirīyasamhitā* II 2 12 the same stanza occurs and there Sāyana explains it as describing Soma (the first three lines) and Indra (the last line) Soma has no anger though beaten with three stones (*tripala*) for extraction, in the process of pressing it shakes about (*dhumi*), it is subjected to operations (*śmi*) like pressing and straining, its parts are infused (*śaru*) and it leaves the sapless refuse (*rjīsa*). This soma cup is identified with soma, the moon, and soma the moon as the king of herbs increases vegetation (*atasa*) spread everywhere No comparison hurts Indra—He is non-pareil The commentary on this verse by the untraced author printed in the Ānandāśrama edition reveals no mark of acquaintance with the explanation given by Yāska and Sāyana. The words *tripalaprabharmū* and *dhumi* are split there as *tripalaprabhah* and *mādhumi* and *śmivān* is explained as one who likes *śamivksa* No connected sense is possible according to this interpretation without supplying many conjectural ideas and without twisting the shape of the textual words]

ब्रह्मजज्ञानं प्रथमं पुरस्ताद्वि सीमतः सुरुचो वेन आवः ।
 स बुधिनया उपमा अस्य विष्ठाः सतश्च योनिमसतश्च
 विवः ॥४५॥

पुरस्तात् पूर्वस्मिन् काले सत्यज्ञानानन्तरूपात् ब्रह्मणः प्रथम उत्पन्न-
 सुरुच शोभनदीप्ति प्रकाशप्रवर्षणादिहेतुभूत सूर्यात्मकः वेन सीमतः अर्थात्
 लोकमर्यादाभ्य दिक्प्रान्तेभ्य आरभ्य सर्वान् लोकान् वि आव अर्थात्

विशेषेण आवृणोति । स हिरण्यगर्भरूपी वेन बुध्न्या अर्थात् बुध्नि अन्तरिक्षे भवा लोका तानपि आवृणोति । अस्य कारणभूतस्य उपमा अर्थात् परिच्छिद्यमाना अवस्था विष्टा विविध अवस्थिता भवन्ति । पुनश्च स सत व्यक्तनामरूपस्य असत अव्यक्तनामरूपस्य अपि योनि मूलप्रकृति विव्व अर्थात् विवृणोति व्याप्नोति । एववर्णितरूप पर ब्रह्म स्वमायाशक्तिवशेन आदित्यापरपर्याय वेनो भूत्वा भूतभौतिकात्मक जगत् सकारण व्याप्नोतीत्यर्थं ॥

पुरस्तात् before, at the beginning of creation ब्रह्मज-ज्ञानम् (ब्रह्मण जज्ञानम् जातम्) born from the Supreme प्रथमम् the first-born सुरुच shining well वेन noon sun सीमत to the boundary of the world वि आव completely spreads स he बुध्न्या (बुध्नि अन्तरिक्षे भवा) the worlds that are in the sky (अपि also आवृणोति pervades) अस्य his उपमा limited forms that are alike विष्टा remain manifoldly (स he) च again सत of the expressed existence अमत of the abstract existence च and योनिम् cause विव्व spreads

45. Vena, the noon sun who was born at the beginning of creation as the first effect of the Supreme Reality, Brahman, and who is of excellent brilliance, spreads over the whole world up to its boundary He illumines also the heavenly bodies He remains manifoldly in his own limited forms which are like himself He also spreads over and permeates the causal substance out of which the visible and the invisible universe emerges

[This mantra is found in the *Taittirīyasamhitā* IV 2 8 2 etc., and *Atharvaveda* IV 1 1 and V 6 1 where Sāyana inter-

prets it differently Here it is taken as a glorification of Paramātmān, the ground of the universe and the cause of the energising and illumining sun through whom He functions Gender concord is not accepted always as one of the criterions by the commentators in explaining the Vedic mantras So *jayñānam* and *prathamam* in neuter qualify *Vena* in masculine The vocable *budhnyā* is found in the *Samhitā* text as *budhnyā* in the neuter plural form *Budhna* means the sky The *upasarga vi* has to be joined with *āvah* The term *Vena* comes from the root *V* to shine etc The form *vivah* is traced to the root *v* to cover]

स्योना पृथिवि भवा नृक्षरा निवेशनी ।

यच्छा नः शर्म सप्रथाः ॥४६॥

नृक्षरा अर्थात् नरोपलक्षितस्य चतुर्विधभूतजातस्य उत्पादयिता तेषा यथायोग्यस्थानेषु निवेशनी सर्वसहिष्णुत्वेन प्रथायुक्ता च भू भवति । हे पृथिवि सा त्व अस्मभ्य स्योना अर्थात् दु खानामन्तकरी भव । पुनश्च शर्म अर्थात् ऐहिकामुष्मिकसुख अपि देहि ॥

नृक्षरा producer of men and other creatures निवेशनी settler सप्रथा famous हे पृथिवि O earth न for us स्योना ender of sorrows भवा (भव) be, शर्म happiness यच्छा (यच्छ) grant

46. Being the producer of creatures including men and their settler in respective regions and also far-famed for forbearance, O earth, be to us an ender of sorrows and giver of bliss here and hereafter.

[The lengthening of the final vowels in *bhavā* and *yacchā* is a Vedic peculiarity *Syonā* is derived from the root *so* to

make an end and *ksarā* in *nksarā* is from the verb *ksārayati* according to a commentator. This stanza occurs at Rgveda I 22 15 Sāyana interprets *syonā* in that context as 'extended' or 'joy' *Nrksarā* is taken by Sāyana as *anrksarā* and explained 'free from thorns' According to him *rksara* is a thorn The six mantras from 41 to 46 are not found in the shorter version and so Bhattabhāskara and Sāyana have no commentary on these in this context]

गन्धद्वारां दुराधर्षा नित्यपुष्टां करीषिणीम् ।

ईश्वरीं सर्वभूतानां तामिहोपह्वये श्रियम् ॥४७॥

गन्धद्वारा गन्धलिङ्गेन अनुमानगम्या अथवा सुरभिगन्धेन प्रकाशमाना अमार्गेण प्राप्तु अशक्या अथवा अप्रकम्प्या ध्रुवपुष्टिहेतु करीषिणी अर्थात् गोमयवती मृद्वती कृषीवलै व्रीजावापाय कृष्यमाणा वा देवतिर्यङ्मनुष्यादि-सर्वप्राणिना स्वामिनी अथवा नियन्त्री सर्वे सेव्या ता श्रिय अस्मिन् कर्मणि मम समीपे आह्वयामि ॥

गन्धद्वाराम् known through smell or endowed with fragrance दुराधर्षाम् unassailable नित्यपुष्टाम् perpetually prosperous करीषिणीम् rich in cowdung, tilled by peasants सर्वभूतानाम् of all creatures ईश्वरीम् mistress ताम् her श्रियम् Śrī, prosperity इह in this act of worship उपह्वये I call near

47. I invoke in this act of worship Śrī, the support of all, who is known through smell, who is unassailable, perpetually prosperous, rich in cowdung and the mistress of all created beings.

[This anustubh mantra can be traced to *Śrīsūkta* of *Rgveda khila*. Here Bhūdevatā is glorified as Śrī because of

the earth's being the cause of prosperity According to some, this verse is repeated while the ground is purified by cowdung, and according to others, while smearing earth on the body before bath The regent of the earth is lauded as the mistress of all created beings because all life depends upon the earth Even denizens of heaven are maintained by worship made on the earth Prosperity of the earth consists in fruitful vegetation plenty of cattles and towns and cities built in hospitable areas. Special mention of perpetual prosperity, cowdung and fragrance suggest this Though man has by his toil and skill brought out unprecedented wealth from the bowels of the earth still she remains unassailable or *durādharṣā* After this mantra and before 48 some books give the following two formulas:—ॐ भूर्लक्ष्मी भुवर्लक्ष्मी सुव कालकर्णी, तन्नो महालक्ष्मी प्रचोदयात् and पद्मप्रभे पद्मसुन्दरि धर्मरतये स्वाहा]

श्रीर्मे भजतु, अलक्ष्मीर्मे नश्यतु ।

विष्णुमुखा वै देवाश्छन्दोभिरिमाँल्लोकाननपज्यय-
मभ्यजयन् ।

महाः इन्द्रो वज्रबाहुः षोडशी शर्म यच्छतु ॥४८॥

लक्ष्मीः मा भजतु । मम अलक्ष्मीः नश्यतु अर्थात् अस्मत्कुलात् बन्धुवर्गात् ग्रामात् राष्ट्रात् च दूरीभवतु । विष्णुप्रधानाः देवाः छन्दोभिः अर्थात् वेदविहितैः साधनैः इमान् लोकान् परैः अनपज्यय यथा तथा अभ्यजयन् । वज्रबाहुः इन्द्रः अस्माकं शर्म यच्छतु । महान् षोडशी षोडशकलायुक्तः पूर्णचन्द्रः च अस्माकं शर्म यच्छतु ॥

श्रीः Śrī मे me भजतु favour, मे connected with me अलक्ष्मीः Alaksmī नश्यतु disappear विष्णुमुखा having Visnu as the chief वै verily देवा. gods छन्दोभिः by the Vedas इमान् these

लोकान् worlds अनपजय्यम् invincibly अभ्यजयन् conquered.
 वज्रबाहुः having the thunderbolt as weapon in hand इन्द्रः Indra
 महान् worshipful षोडशी full moon शर्म happiness यच्छतु give

48 May Śrī favour me. May Alaksmī connected with me and mine be destroyed. The gods having Viṣnu for their chief (who is the perpetual abode of Śrī) by the help of (the means prescribed in) the Vedas won these worlds for themselves free from the fear of enemies. May Indra armed with thunderbolt and worshipful moon grant us happiness.

[Of the three lines given above the second and the third occur at *Taittirīyasamhitā* I 7 5 and I 4 29 respectively Sāyana explains *sodaśī* as an epithet of Indra who is lauded with sixteen stotra-s or śastra-s This mantra and the following two are said to be employed as a prayer for entering water for bath.]

स्वस्ति नो मघवा करोतु ।

हन्तु पाप्मानं योऽस्मान् द्वेषति ॥४९॥

मघवा अस्माक स्वस्ति करोतु । य पाप्मा आस्मान् द्वेषति त पाप्मान हन्तु ॥

मघवा India न for us स्वस्ति well being करोतु make य he who अस्मान् us द्वेषति hate (तम् that) पाप्मानम् evil one हन्तु destroy

49. May Indra grant us welfare. May he destroy the evil one hostile to us.

सोमान् ५ स्वरणं कृणुहि ब्रह्मणस्पते, कक्षीवन्तं य
 औशिजम् ।
 शरीरं यज्ञशमलं कुसीदं तस्मिन्त्सीदतु योऽस्मान् द्वेष्टि
 ॥५०॥

हे ब्रह्मणस्पते अर्थात् वेदानां वेदप्रतिपादितकर्मणा च परिपालक परमात्मन् सोमान् अर्थात् सोमलताभिषवस्य कर्तार मां उशिज पुत्र कक्षीवन्त ऋषिभिव स्वरण देवेषु प्रकाशवन्तं प्रसिद्ध कुरुष्व । मम शरीर यज्ञशमल अर्थात् यज्ञक्रियाश्रमसहिष्णु भवतु । य शत्रुः अस्मान् द्वेष्टि स तस्मिन् सीदतु यस्य नाम कुसीद अथवा नरक इति ॥

हे ब्रह्मणस्पते O Lord of prayers, Paramātman सोमान् he who presses the soma creeper औशिजम् the son of Uśik य- who कक्षीवन्तम् the sage Kaksivān (इव like मा me) स्वरणम् well known among gods कृणुहि (कुरुष्व) make शरीरम् (my) body यज्ञशमलम् capable of performing sacrifices (कुरुष्व make). य he who अस्मान् us द्वेष्टि hates (स. he) तस्मिन् in that सीदतु remain (यस्य नाम the name of which) कुसीदम् hell

50. O Lord of prayers, make me the presser of soma juice, well known among the gods like Kaksivān, the son of Uśik. Make me physically capable of performing sacrifices. Let those who are hostile to us remain 'there' long, in the hell.

[This stanza is found at *R̥gveda* 1. 18 1 and *Taittuīyasamhitā* I 5 6. The explanation given in the anonymous commentary published in the Ānandāśrama edition appears to be unsatisfactory. The translation given here is based on Śāyana's commentary.]

चरणं पवित्रं विततं पुराणं येन पूतस्तरति दुष्कृतानि ।
तेन पवित्रेण शुद्धेन पूता अति पाप्मानमरातिं तरेम

॥५१॥

पादेन्द्रिय अथवा शास्त्रीयाचरण पवित्र अर्थात् शुद्धिकारण भवति । तच्च सर्वप्राणिविषयत्वेन विस्तीर्णं सृष्ट्यादिकालमारभ्य प्रवृत्तत्वात् चिरन्तन च भवति । य एवभूत चरणदेव तेन अन्यशोधकेन स्वयमपि शुद्धेन शोधित पुरुष दुष्कृतरूपाणि पापानि तरति विनाशयति । तेन विशुद्धेन पूता वयमपि पापइप शत्रु अतिशयेन लङ्घयाम ॥

पुराणम् ancient विततम् pevasive चरणम् feet, virtuous conduct पवित्रम् purifying येन by which पूत one who is made holy दुष्कृतानि (effects of) evil deeds तरति crosses over तेन by that शुद्धेन what is intrinsically pure पवित्रेण by what is purifying पूता made holy (वयम् we) पाप्मानम् sin अरातिम् enemy अति तरेम overcome

51. He who is rendered holy by the ancient, widespread, sanctifying feet (or by virtuous conduct) crosses over evil deeds and their effects. Having been rendered holy by that naturally pure and purifying feet of the Lord (or conduct) may we overcome our enemies, the sins.

[This mantra is reproduced from the *Taittirīyabrāhmaṇa* III. 12 3 here for the purpose of japa to be done by one standing in knee-deep water about to plunge for taking his bath. This is also repeated while a holy brāhmaṇa's feet are ceremoniously washed. The term *caranam*, however, in the singular number as we see in the text is directly interpreted as *śās-*

tiṅyācaana, virtuous conduct as ordained by the scriptures This gives an apt and ethically ennobling meaning Interpreting in the context of worship, *caanam* in singular is taken to stand for *carana devatā*, Viṣṇu, and by implication the two feet of Nārāyaṇa, the Ancient One, whose wide gait encompassed earth, sky and heaven Symbolically He is worshipped in the holy brāhmana also]

सजोषा॑ इन्द्र सगणो मरुद्भिः॑ सोमं॑ पिब वृत्रहञ्छूर विद्वान् ।
जहि शत्रूँ॑रप मृधो॑ नुदस्वाथाभयं कृणुहि विश्वतो॑ नः

॥५२॥

हे इन्द्र हे वृत्रहन् हे शूर हे विद्वन् सजोषा प्रीतिसहित मरुद्भिः युक्ततया सगण अस्मत्कृतुषु समागत्य अस्माभि हवीरूपेण ह्यमान सोम पिब । अस्माक मारणाय उद्यतान् शत्रून् जहि । मृध अर्थात् सङ्ग्रामे वर्तमानान् शत्रून् अपनुदस्व विनाशय । अनन्तर अस्मभ्यं सर्वत अभय कुरुष्व ॥

हे इन्द्र O Indra हे वृत्रहन् O Vrtrahan, O slayer of Vrtra हे शूर O thou valorous one हे विद्वान् O thou all-knowing सगण with your hosts मरुद्भिः with the troop of gods सजोषा with joy सोमम् oblation of soma juice पिब drink शत्रून् enemies जहि destroy मृध our enemies arrayed in battle अपनुदस्व destroy अथ afterwards न for us विश्वतः everywhere अभयम् safety, fearlessness कृणुहि make

52. O Indra, O slayer of Vrtra, O valorous one and all-knowing one, accept with pleasure our soma oblations in the company of your retinue and troop of gods. Slay our enemies, give us

victory in battle and grant us safety and fearlessness from every quarter.

[This *Rk* is originally found at *Rgveda* III 47. 2 and also at *Taittirīyasamhitā* I 4 29 8 and III 47. 2. The five passages from 48 to 52 are not in the shorter version and so they are not commented upon by Bhattabhāskara and Sāyana]

सुमित्रा न आप ओषधयः सन्तु ।

दुमित्रास्तस्मै भूयासुर्योऽस्मान् द्वेष्टि यं च वयं द्विष्मः

॥५३॥

अस्मान् प्रति आप. तत्कार्यभूता ओषधयश्च सुहृदः सन्तु । यः अस्मान् उदासीनान् अपि द्वेष्टि यं च वयं द्विष्म तस्मै अब्देवता ओषधिवनस्पतिदेवताश्च प्रतिकूला भूयासु ॥

n. for us आप water ओषधय herbs सुमित्रा friendly सन्तु be य he who अस्मान् us द्वेष्टि dislikes यम् whom च and वयम् we द्विष्म dislike तस्मै towards him दुमित्रा unfriendly भूयासु let them be

53. For us may (the regents of) water and herbs be friendly and to those who dislike us and whom we dislike let them be unfriendly.

[This mantra is reproduced from the *Taittirīyasamhitā* I. 4. 45 and also *Taittirīyabrāhmaṇa* II. 6 3. Standing in waist-deep water the worshipper repeats the first half of the mantra, takes a quantity of water in the hollow of his joined palms and throws it to his front thinking about his friends; repeating the remaining half similarly again he throws some water towards the direction in which his enemies are supposed to be. The

complementary passage in the *Bṛāhmaṇa* is. द्रुपदादिवेन्मुमुक्षान् ,
स्विन्न स्नात्वी मलादिव, पूत पवित्रेणेवाज्य, आप शुन्धन्तु मैनस ॥ 1 e
May I be cleansed from sins by the waters just as a culprit is
released from the wooden clog for his legs (drupada), just as a
man who perspires is purified by a bath, and just as clarified
butter is strained by a filter (utpavanapavitra).

The Vedas are meant to generate in those who follow them certain potencies which help them in all situations and conditions. The highest ideal held forth by the Vedas to those who have completed the discipline prescribed in them is realisation of the Infinite Self dwelling in all creatures as the reality behind their finite existences. Those who have attained to this goal have no friends and no foes. They see equally God in all. They are extremely rare. Therefore the Vedas have only a luminously precious fraction describing them. The largest part of the Vedas is meant for the common man who is tossed by likes and dislikes. Failure to recognise the fears and hopes of the natural man makes a scripture unrealistic. Ideals unconnected with the practical needs of human nature cannot enter into the daily life of the ordinary man. To suppose that the Vedas always deal with high philosophy and ethics only will be a delusion. Mystical formulas like the present one are found in many passages of the Vedas. They are given to propitiate friendly agencies and to suppress the enemies. Without peace and prosperity, śānti and puṣṭi, higher religious aspiration is impossible. That is why we find in the Vedas prayers like this one which deal with the lower puruṣārthas]

आपो हि ष्ठा मयोभुवस्ता न ऊर्जे दधातन । महे
रणाय चक्षसे । यो वः शिवतमो रसस्तस्य भाजयतेऽह

नः । उशतीरिर्व मातरः । तस्मा अरं गमाम वो यस्य
क्षयाय जिन्वथ । आपो जनयथा च नः ॥५४॥

हे आप. यूयं सुखस्य भावयित्र्य भवथ इति प्रसिद्धम् । ता. यूय अस्मभ्य ऊर्जे भवदीयरसानुभवाय दधानन स्थापयत । अथवा अन्न दत्त । महते रमणीयाय परमात्मदर्शनाय अस्मान् समर्थान् कुरुत च । युष्माक सम्बन्धी शिवतम सुखैकहेतु ब्रह्मात्मैक्यसाक्षात्काररूप य रस भवति त जन्ममृत्युहर रस इह अस्मिन्नेव जन्मति यथा कामयमाना मातर क्षीरादीन् पुत्रान् भाजयन्ति तथा अस्मान् भाजयत प्रापयत । हे आप यूय यस्य मोक्षरूपस्य रसस्य निवासाय अस्मान् प्रेरयथ त रस वय पर्याप्त अथवा क्षिप्र गच्छेम । हे आप यूय अस्माक चित्तशुद्धिद्वारा मोक्षसाधनीभूत परमात्म-विज्ञान व्यवहारदशाया ऐहिकसुख च प्रयच्छथ ॥

हे आप O waters मयोभुव bliss-conferring ष्ठा (स्थ) are हि verily ता such (यूयम् you) न for us ऊर्जे (ऊर्जम्) food दधानन give महे great रणाय beautiful चक्षसे insight, knowledge (दधानन give) व your शिवतम most auspicious रस relish, joy य which तस्य of it न us इह in this life भाजयत make (as) to share उगती fond मातर mothers इव like यस्य whose क्षयाय to the home जिन्वथ you are pleased (to send) व your तस्मै to that अरम् adequately, speedily गमाम may we go. न for us आप. waters (of life) च and (other sources of happiness) जनयथा (जनयथ) make

54. O waters, verily you are bliss-conferring. Being such, grant us food, and great and beautiful insight (of the Supreme Truth). Further make us in this very life participators of that joy of yours which is most auspicious, just like fond mothers

(who nurse their darlings with nourishment). May we attain to that satisfactory abode of yours which you are pleased to grant us. Generate for us also the waters of life and pleasures on earth (during our sojourn here).

[These three *Rks*, reproduced here from *Taittirīyasamhitā* IV 1. 5, rank among the important prayers addressed to the Divine Being in connection with the twilight devotions and other acts of worship. These are repeated also for the ceremonious regeneration of oneself by *proksama* or holy aspersion. The deity extolled in these passages is water which is not merely the essential liquid element that sustains life but the Supreme Reality. No doubt, the liquid element is supremely important as the giver of food, happiness and the sustenance which is necessary for higher insight and achievement. The qualifying words used here, however, serve also as signs to infer the Supreme Truth or Brahman. The word *mayah* in the Vedic means bliss, and unlimited bliss is Brahman only. The immediate intuition of Brahman alone deserves to be called the great and beautiful vision.

The term *rasa* in the Upanisad is expressive of the bliss of Brahman, and here it is described as most auspicious. The homely analogy of the fond mother nourishing her children applies to Divine Providence ever solicitous for the welfare of created beings. Ordinary water required for the sustenance of life has its home or source in Brahman and so here the cause and the effect are described as identical. In substance, therefore, this is a prayer addressed to the Supreme Being by the needy man who has been awakened to the necessity of worship, entreating for food and sustenance for body, mind and spirit, and for imperishable bliss. To the pious Hindu the universal

liquid element is not merely an essential of life but also the visible and tangible divinity available at hand for worship and self-purification. Therefore the tendency to think of water solely as a chemical substance, to defile it wantonly and to waste it when living beings are in need of it deserves to be treated as sin against God Himself. Regarding this the *Taittiriyaāranyaka* I 26 7 states नाप्सु मूत्रपुरीष कुर्यात्, न निष्ठीवेत्, न विवसन स्यायात् । न कूर्मस्याश्नीयात् नोदकस्य अघातुकान्येन मोदकस्य भक्षन्ति । अघातुका आप । —Let not a person spit, urinate, or defecate in water, nor bathe unclad. Let him not eat any part of the tortoise or fish. Then no aquatic creature will hurt him and water will be auspicious towards him.]

हिरण्यशृङ्गं वरुणं प्रपद्ये तीर्थं मे देहि याचितः ।

यन्मया भुक्तमसाधूनां पापेभ्यश्च प्रतिग्रहः ॥५५॥

हिरण्यशृङ्गदीप्तियुक्त अथवा हिरण्यवदुज्ज्वलमुकुट वरुण अहं प्रपद्ये, अर्थात् अनुग्रहार्थं प्राप्नोमि । मया याचितं हे वरुण, स त्वं मे अवतरणस्थानं देहि, अथवा तारकं पुण्यं देहि । यत् मया असाधूनां अन्नं भुक्तं, पापेभ्यः प्रतिग्रहश्च स्वीकृतः ॥

हिरण्यशृङ्गम् of golden lustre, or having a golden diadem वरुणम् Varuna प्रपद्ये I take refuge याचितं being entreated (by me) तीर्थम् entrance to water, saving merit मे to me देहि give यत् for मया by me असाधूनाम् of sinful people भुक्तम् have been enjoyed पापेभ्यः from sinful people प्रतिग्रहः gift च and (स्वीकृतं accepted)

55. I take refuge in Varuna, who is of golden lustre or who has a golden diadem O Varuna,

being entreated by me, grant me the saving grace
For I have enjoyed what belongs to bad people
and accepted gift from sinners.

[This mantra and the following one are addressed to Varuna, the regent of the waters, during the plunge bath. The word *tīrtha* has the sense of a ford, a bathing ghat or what helps a man to cross over sin. Varuna is prayed for a proper bathing place and for the saving religious merit that accrues from a holy bath. If a person is compelled by the force of circumstances to accept necessities of life from wrong and sinful persons, expiation for such transgression of the scriptural rule is required through the performance of purificatory acts. The high moral tone evident in the mantra mobilizes common sentiment against co-operation with sin and wickedness in any form. In *Chāndogya Upanisad* V 11. 5 we read the declaration of Aśvapati Kekaya to the five brāhmanas, who hesitated to accept his gifts, that he was a King whose gifts are worthy of acceptance, because he ruled the country so well that there was no thief, no toper, no cuckold, no whore or any ignoramus in his land.]

यन्मे मनसा वाचा कर्मणा वा दुष्कृतं कृतम् ।
तन्न इन्द्रो वरुणो बृहस्पतिः सविता च पुनन्तु पुनः पुनः

॥५६॥

मनसा वाचा कर्मणा वा मया मदीयैर्वा कृतं यत् दुष्कृतं अस्माकं तत् पापजातं इन्द्रः वरुणो बृहस्पतिः सविता च पुनः पुनः निरवशेषं शोधयन्तु अपनयन्तु वा ॥

मनसा by mind वाचा by speech कर्मणा by act वा or मे mine कृतम् done यत् which दुष्कृतम् sin न our तत् that इन्द्रः India वरुणः

Varuna वृहस्पति Brhaspati सविता Saviti च and पुन पुन again and again, completely पुनन्तु purify

56 May Indra, Varuna, Brhaspati and Savitṛ completely destroy that sin committed by me and my people in thought, word and act

[This too is a mantra repeated along with the previous one during bath Perhaps the reading *tanma Indrah* in the second half noted by Bhattabhāskara agrees with the context better]

नमोऽग्नयेऽप्सुमते नम इन्द्राय नमो वरुणाय नमो
वारुण्यै नमोऽद्भ्यः ॥५७॥

अप्सुमते अग्नये नम । इन्द्राय नम । वरुणाय नम । वारुण्यै नम ।
अद्भ्यः नम ॥

57 Salutation to fire hidden in water. Salutation to Indra. Salutation to Varuna. Salutation to Vārunī, the consort of Varuna Salutation to the deities of waters

[These salutations are made to the respective deities when the worshipper is standing in water for his bath]

यद्वापां क्रूरं यदमेध्यं यदशान्तं तदपगच्छतात् ॥५८॥

अपा यत् क्रूर अथवा हिसकं, यत् अमेधार्हं अशुद्ध, यत् अशान्तं
सोपद्रव, तत् सर्वं अस्मात् निमज्जनप्रदेशात् अपगच्छतु ॥

58. (Through the power of this mantra) let all that is injurious, impure and troublesome in water be destroyed.

[Currents and eddies, floating impurities and excoriations, and the peculiar quality of some water to produce sickness, are to be counteracted by the supposed power of this mantra. Repeating this mantra a person about to take bath draws a circle around the area where he takes the dip]

अत्याशनादतीपानाद् यच्च उग्रात् प्रतिग्रहात् ।

तन्मे वरुणो राजा पाणिना ह्यवमर्शतु ॥५९॥

सोऽहमपापो विरजो निर्मुक्तो मुक्तकिल्बिषः ।

नाकस्य पृष्ठमारुह्य गच्छेद्ब्रह्मसलोकताम् ॥६०॥

शास्त्रमर्यादामुल्लङ्घ्य यत् मया अशितं पीतं शास्त्रमर्यादाहिसकात् उग्रात् प्रतिग्रहीत च तन्निमित्तकं सर्वं पापं अपा स्वामी वरुण मत्सकाशात् स्वकीयेन पाणिना अपनयतु । सोऽहं वरुणकरस्पर्शेन अपमृष्टपापं रजोगुणरहितं अथवा मलरहितः ससारबन्धाद्विमुक्तं विगलितसर्वपापं सन् सर्वदा विद्यमानसुखस्य स्वर्गस्य उच्छ्रितप्रदेशं आरुह्य ब्रह्मणा हिरण्यगर्भेण समान-भोक्तृत्वं गच्छेयम् ॥

अत्याशनात् from unlawful eating अतीपानात् from unlawful drinking उग्रात् from an unlawful person प्रतिग्रहात् from accepting gifts च and यत् which (पापम् sin) मे mine तत् that हि verily वरुण. Varuna राजा king पाणिना by hand अवमर्शतु wipe off, efface.

सः such अहम् I अपापं sinless विरज. (विरजाः) stainless निर्मुक्तः freed from bondages मुक्तकिल्बिषः free from all evil नाकस्य पृष्ठम् the lofty region of blissful heaven आरुह्य having ascended ब्रह्मसलोकताम् equal position with Brahman गच्छेत् (गच्छेयम्) may reach

59. May the King Varuṇa efface by his hand whatever sin I have incurred by unlawful eating, unlawful drinking and accepting gifts from an unlawful person.

60. Thus being sinless, stainless and unbound by evil and bondage, may I ascend to the happy heaven and enjoy equality of status with Brahman.

[These two mantras are uttered while taking a dip in water. It is the duty of a religious man to eat and drink only after having performed his daily devotions which consist in the worship of gods, ancestors and men duly with oblations. If he attended to his own physical needs of nourishment before discharging this religious duty it is considered unlawful. So also a religious man must be careful about right livelihood. He should not accept wealth or articles of necessity from any person whose earnings are not approved by scriptural regulations. If under straitened circumstances he is exposed to the sin resulting from the transgression of the rule in these respects, he ought to expiate it by this penitent prayer to Varuna. The goal of the aspirant is to become god-like in the highest heaven. For him life on this earth, therefore, must be an effort for freedom from sin and attainment of purity. The bondage which is often spoken of in this context comprises not only in the commission of sins forbidden by the śāstras and omission of enjoined duties, but also the sins of temper and passion as stressed in the first half of mantra 60. There is a reading *duṣṭāt pratigrahāt* for *ugrāt pratigrahāt*]

यञ्चाप्सु वरुणः स पुनात्वघमर्षणः ॥६१॥

सप्तसमुद्रोदकेषु नानविधमहानदीनदकूपतटाकादिषु विद्यमानानामु अप्सु य अधमर्षणं अर्थात् पापविनाशक. वरुण अधिष्ठित भवति स च अस्मान् पुनातु ॥

य he who अधमर्षणं sin-effacing वरुण Varuna अप्सु in waters (not mentioned before) स he च and पुनातु may purify

61. May the sin-effacing Varuna who dwells in other sources of water like rivers, tanks, and wells also purify us.

[This short mantra is evidently a supplement to the previous one]

इमं मे' गङ्गे यमुने सरस्वति शुतुद्रि स्तोमं सचता
परुष्ण्या ।
असिक्निया मरुद्वधे वितस्तयार्जीकीये शृणुह्या सुषो-
मया ॥६२॥

हे गङ्गे हे यमुने हे सरस्वति हे शुतुद्रि हे मरुद्वधे हे आर्जीकीये परुष्ण्या असिक्निया वितस्तया सुषोमया सह यूय मदीय स्तोत्र शृणुहि; तत आसचत च अर्थात् आगत्य मच्छरीरमनुप्रविश्य तिष्ठत च ॥

हे गङ्गे O Ganges हे यमुने O Yamunā हे सरस्वति O Sarasvatī हे शुतुद्रि O Śutudrī हे मरुद्वधे O marudvrdhā हे आर्जीकीये O Ārjīkīya परुष्ण्या with Parusni असिक्निया with Asikni वितस्तया with Vitastā सुषोमया with Susomā मे my इमम् this स्तोमम् hymn आ शृणुहि listen आ सचत come together

62. O Gangā, O Yamunā, O Sarasvatī, O Śutudrī, O Marudvrdhā, O Ārjīkīyā, come to-

gether and listen to this hymn of mine along with Parusni, Asikni, Vitastā and Susomā.

[This is a jagatī stanza from the *Rgveda* X 75 5 for the invocation of the Regents of various holy rivers in connection with purificatory rites. To the Vedic seers the great rivers mentioned here represented Divinity. They often expressed their devotion and gratitude to these life-sustaining and purifying rivers by proper invocations. Their descendants even when they had emigrated from the banks of those rivers prayed to the river goddesses to be present in any water which they used for their daily needs and worship. With the simplicity of a guileless child they prayed to these liquid divinities to be present in their own bodies through the connection of water which they used. They also entreated them to purify their bodies and minds and to vouchsafe them safety and welfare. Bhattabhāskara takes the name *Parusni* to be *Aparusni* by attracting the immediately preceding vowel, and tries to interpret each name based on some fancied quality of the river—Asikni is called so because of her white (*asita*) colour, Susomā passes through a region where soma creepers grow; Vitastā is never dried up; Śutudrī has a fast current. Students of Indian history find here the names of those rivers on the banks of which the Rgvedic people settled at a very remote period. They identify Susomā with Sohān, Vitastā with Jhelum, Asikni with Chinab, Marudvrdhā with Maruwārdwān, Parusni with Rabi and Śutudrī with Sutlej.]

ऋतं च सत्यं चाभीद्धात्तपसोऽध्यजायत ।

ततो रात्रिरजायत ततः समुद्रो अर्णवः ॥६३॥

समुद्रार्दण्वाधि संवत्सरो अजायत ।

अहोरात्राणि विदधद्विश्वस्य मिषतो वशी ॥६४॥

सूर्यचन्द्रमसौ धाता यथापूर्वमकल्पयत् ।

दिवं च पृथिवीं चान्तरिक्षमथो सुवः ॥६५॥

अभीद्धात् अभित प्रकाशमानात् परमात्मन स्रष्टव्यजगद्विषयका-
लोचनारूपात् तपस ऊर्ध्वं ऋत अजायत, सत्य चाजायत । तत एव
परमात्मन रात्रि अजायत, अहश्च । तत एव अर्णव समुद्र अजायत ।
समुद्रात् अर्णवात् ऊर्ध्वं सवत्सर्ग अजायत । स च उत्पादक परमेश्वर अहो-
रात्रोपलक्षितान् कालान् अथवा अहोरात्रजीविन प्राणिन सर्वान् विविध
स्थापयन् निमिषत विश्वस्य प्राणिजातस्य स्वामी भूत्वा वर्तते । स च
परमेश्वर धाता सूर्यचन्द्रादीन् दिव च पृथिवी च अन्तरिक्ष च मुवर्लोक
च पूर्वसृष्टसदृश आनुपूर्व्येण सङ्कल्पमात्रेण अकल्पयत् मम्पादितवान् । एव
भूता सा परदेवता अस्मान् पुनातु ॥

अभीद्धात् from the all-effulgent तपस from resolve, concentra-
tion of thought अधि afterwards ऋतम् right च and सत्यम्
truth च and अजायत was generated तत from him रात्रि night
(and also day) अजायत was generated तत from him अर्णव
all-encompassing समुद्र sea अजायत was generated अर्णवात्
समुद्रात् from the vast sea अधि after सवत्सर year अजायत was
generated अथ उ afterwards अहोरात्राणि days and nights
विदधत् he who ordains मिषत living विश्वस्य of the universe वशी
master, ruler धाता ordainer यथापूर्वम् as before सूर्यचन्द्रमसौ sun
and moon दिवम् sky पृथिवीम् earth च and अन्तरिक्षम् atmosphere
सुव blissful region of heaven च and अकल्पयत् arranged

63 From the all-illuminating Supreme, by His resolve, the light and the ti ue were generated From Him night and day were generated And from Him again was generated the sea with different waters.

64-65 Then, after the creation of the vast ocean the year was generated Afterwards the ruler of the world of sentient and non-sentient beings who made day and night ordained sun and moon, sky and earth and the atmosphere and blissful heaven, just as they were in the previous cycles of creation

[These three anustubh mantias from the *Rgveda* X 190 1-3 are reputed to be sin-effacing or aghamaṁsana The subject matter dealt with in these stanzas being, evidently, the creation of the universe, the context demands an explanation which connects the thoughts directly or indirectly with the Supreme Being The prayer purports to be a means of self-purification According to the dharmasāstras these mantias may also be repeated for the expiation of sins (prāyaścitta), besides their use during bath The interpretation of Bhattabhāskara follows the Viśiṣṭādvaitic tradition while that of Sāyana is Advaitic According to Bhattabhāskara *ītam* implies the totality of sentient beings and *satyam* the individual Souls Their source, the Divine Being, is indicated by *abhīddhāt tapasāḥ* *Rātri* stands for non-sentient *prakṛti* and not night, for, the creation of the sun and the moon is mentioned only in stanza 65 *Samudra* in the text, again according to him, refers to *mahat* and *arnava* stands for the indistinguishable source of all creatures Although Hindu religion has accepted the idea of the creation

of the universe in general, there is a marked difference between the Hindu view of creation and the Christian view of it. This is evident from the 65th stanza which declares that each creationistic cycle is a counterpart of the previous one similar in order and categories created for the benefit of individual souls]

यत्पृथिव्याꣳ रजः स्वमान्तरिक्षे विरोदसी ।
 इमाꣳ स्तदापो वरुणः पुनात्वघमर्षणः ॥
 पुनन्तु वसवः पुनातु वरुणः पुनात्वघमर्षणः ।
 एष भूतस्य मध्ये भुवनस्य गोप्ता ॥
 एष पुण्यकृतां लोकानेष मृत्योर्हिरण्यम् ।
 द्यावापृथिव्योर्हिरण्यꣳ सꣳ श्रितꣳ सुवः ।
 स नः सुवः सꣳ शिशाधि ॥६६॥

पृथिवीनिवासिना यत् स्व अर्थात् पृथिवीवासहेतो कर्मण सजात रज पाप अस्ति, आ अर्थात् सर्वत अन्तरिक्षे आतिवाहिकशरीरेण वर्तमानाना यद्रज अस्ति, विरोदसी विशेषेण द्यावापृथिव्यो यत् पापमस्ति, अर्थात् सर्वेष्वपि लोकेषु जन्मवता यत् पाप भवति तत् सर्व अपनुद्य इमान् अस्मान् अघमर्षण अब्देवतारूपेण तेषा अधिष्ठातृत्वेन च वर्तमान वरुण पुनातु । वसव पुनन्तु । वरुण पुनातु । अघमर्षण पुनातु । एष वरुण भूतस्य अर्थात् अतीतस्य भुवनस्य रक्षिता । मध्ये वर्तमानस्य भुवनस्य च रक्षिता । एष देव ज्योतिष्टोमादिकारिणा पुण्यकृता आजितसुकृताना यथायोग्यान् लोकान् प्रयच्छति । एष पापिना मृत्यो हिरण्यनामक लोक प्रयच्छति । एष एव द्यावापृथिव्यौ अपि लोकौ सश्रित । सुव अर्थात् आदित्यो भूत्वा हितरमणीय सुख भवति । हे देव स त्व सुव अर्थात् तादृशसुखरूपो भूत्वा अस्मान् सशिशाधि सम्यक् अनुगृहाण अथवा निष्पापान् कुरु ।

पृथिव्याम् on earth यत् which स्वम् own रज sin आ अन्तरिक्ष
 in the atmospheric region विरोदसी specially in the region of
 heaven and earth तत् from that इमान् 'us' अघमर्षण sin-effacing
 आप waters वरुण Varuna पुनातु let purify वसव Vasus पुनन्तु
 let purify वरुण Varuna पुनातु let purify अघमर्षण the sage
 called Aghamarsana पुनातु let purify एष this (Varuna) भूतस्य
 past भुवनस्य of the world गोप्ता protector मध्ये in the middle
 (वर्तमानस्य भुवनस्य) of the existing world गोप्ता protector)
 एष this (Varuna) पुण्यकृताम् of the doers of virtuous deeds
 लोकान् regions (प्रयच्छति gives). एष this (Varuna) मृत्योः of
 death हिरण्मयम् a world named as Hiranmaya (प्रयच्छति gives).
 (एष this Varuna) द्यावापृथिव्यो of heaven and earth सश्रितम्
 support सुव (भूत्वा having become) the sun हिरण्मयम् whole-
 some and attractive (भवति becomes) स such (त्वम् you)
 सुव (भूत्वा being the nature of) bliss न us सशिशधि bless,
 make free from sin

66. May the sin-effacing Varuna, the deity presiding over the waters, purify the taint of sin that attaches to the beings dwelling on the earth, in the atmospheric region and in the space between the earth and heaven and also connected with us (the performers of religious work). May the Vasus purify us. May Varuna purify us. May Aghamarsana, the sage called by that name, purify us. He, Varuna, is the protector of the world that was and also the world that exists at present between the past and the future worlds. He

grants to the doers of meritorious deeds the worlds which they deserve and to the sinful the world of death called Hiranmaya. Again Varuna who is the support of heaven and earth, having become the sun is wholesome and attractive. Being such, blissful in nature, thou O Varuna, grant us thy favours and purify us

[The mantras contained in this paragraph are repeated while dipping oneself in water for bath. In the first clause the term *prthivī* is supposed to denote the underworlds as *īodasī* expresses the earth as well as heaven. *Dīpikā* notes the reading *māh tad āpah* which is superior to the one printed in the text, for in that case it is a demonstrative pronoun limiting *āpah* and the construction becomes clear without supplying extraneous words. For *madhya* there is a substitute reading *bhavye*. Either way the position of that word is anomalous and an explanation is possible by filling in the construction with other words. The thought appears to have been broken off before the sentence was complete. The reading *hiranmayah* as found in some edition helps for greater clarity as it would qualify *esa* and *mṛtyoh* may be construed with *lokam* understood. *Hiranmayam* is taken by a commentator as the name of a particular region of Death. No support is given for the assertion. Perhaps there may be a hint that the allurements of unlawful pleasures is the gate of death. The term *svah* is really the monosyllabic *svāh* chanted as such. The whole passage is highly elliptical and so the translation given is interpretative.]

आर्द्रं॑ ज्वलं॑ति॒ज्योति॑र॒हम॑स्मि । ज्योति॑र्ज्वलं॑ति॒ ब्रह्मा॑ह-

मस्मि । योऽहमस्मि ब्रह्माहमस्मि । अहमस्मि ब्रह्माहमस्मि ।
अहमेवाहं मां जुहोमि स्वाहा ॥६७॥

परमात्मज्योति सृष्टिकाले जलेन आर्द्रं वीजमिव विजृम्भणोन्मुख भूत्वा ज्वलति अर्थात् प्रपञ्चरूपेण वर्धते । अथवा आर्द्रगुणोऽयं उदकं तदधिष्ठितेन परमात्मचैतन्येन प्रकाशते । यदात्मज्योति प्रकाशते तदेवाहमस्मि, न ततः अन्य । अथ यत् ज्योति भूत्वा ज्वलति अथवा देहेन्द्रियादिभ्यो विवेचितस्य मम प्रत्यक् चैतन्यरूपेण प्रकाशते तत् पर ब्रह्म अहमस्मि । अविवेकदशाया यादृग्रूप अहं जीव अस्मि स एवाहं इदानीं उक्तप्रकारेण ब्रह्मास्मि । वस्तुतः ब्रह्मण्येव मयि पूर्वं अज्ञानेन आरोपिते जीवत्वे विद्यया अपनीते सति इदानीं ब्रह्मस्वरूपमेव अहं अनुभविता अस्मि । तस्मात् पूर्वसिद्धं ब्रह्मस्वरूपी अहमेव जलरूप मां मद्देहवर्तिन देवान् उद्दिश्य उदरगन्तौ जुहोमि स्वाहा । अध्यात्मिकदृष्ट्या इदानीं अभेदध्यानेन मयि एव परमात्मज्योतिर्हुंताशने विज्ञानात्मलक्षण हवीरूप मां स्वाहृता आहृतिमिव प्रक्षिप्य स्वस्वरूपाभिनिर्गपन्त्याविर्भावफल होम निर्वर्तयामि ॥

आर्द्रम् water, what is soaked in water ज्वलति shines ज्योति. light अहम् I अस्मि am ज्योति light ज्वलति shines ब्रह्म Brahman अहम् I अस्मि am य he who अहम् I अस्मि am ब्रह्म Brahman अहम् I अस्मि am अहम् I अस्मि am ब्रह्म Brahman अहम् I अस्मि am अहम् I एव alone अहम् I माम् me जुहोमि offer स्वाहा hail

67 That Supreme Light which projected Itself as the universe like a soaked seed which sprouts (or that Supreme Light which shines as the substratum of the liquid element)—I am that Supreme Light I am that supreme light of Brahman which shines as the inmost essence of all that exists In reality I am the same infinite

Brahman even when I am experiencing myself as a finite self owing to Ignorance. Now by the onset of knowledge I am really that Brahman which is my eternal nature. Therefore I realise this identity by making myself, the finite self, an oblation into the fire of the infinite Brahman which I am always. May this oblation be well made.

[These formulas are generally prescribed for repetition during the performance of ācamana or sipping of water in a specified way for ceremonious self-purification. This symbolic action consists in taking a very small quantity of water by the mouth which should not pass below the throat. These few drops of water are considered as an oblation made to the deities dwelling in the body, for all the gods dwell in man. *Taittirīyasamhitā* IV 4. 2 states ब्राह्मणो वै सर्वा देवता—The brāhmana is all the gods. This is explained by *Manu*, XII 119.—

आत्मैव देवता सर्वा सर्वमात्मन्यवस्थितम् ।

आत्मा हि जनयत्येषा कर्मयोग शरीरिणाम् ॥

Though the mantra 67 is ritualistic in application as explained above, its true import is highly philosophical and spiritual as pointed out by Bhattabhāskara. The drop of water represents the finite self. The fire in man into which it is offered stands for the Supreme Light, the Ground of all gods. The mantra, therefore, truly enunciates the refunding of the individual self into its source, the Supreme Self, or the realisation of the identity between the jīva and Īśvara when the adjuncts created by Ignorance are removed.]

अकार्यकार्यवकीर्णी स्तेनो भ्रूणहा गुरुतल्पगः ।

वरुणोऽपामघमर्षणस्तस्मात् पापात् प्रमुच्यते ॥६८॥

य कश्चित् शास्त्रप्रतिषिद्धसेवी भग्नव्रत स्तेन वेदहन्ता अथवा गर्भनाशक गुरुदारगामी वा भवति स तस्मात् पापात् अनेन मन्त्रेण दग्धपापत्वात् प्रमुच्यते । यत अपा स्वामी वरुण अघमर्षण, अर्थात् पापाभिभविता, त मोचयति ॥

अकार्यकारी a transgressor of the scriptural conduct अवकीर्णी a recreant स्तेन a thief भ्रूणहा a feticide, one who destroys the Veda by slaying its repository, the Bīāhmana गुरुतल्पग one who outrages the preceptor's honour तस्मात् from that पापात् from sin प्रमुच्यते is released अपाम् of waters (स्वामी regent) वरुण Varuna अघमर्षण effacer of sin

68 He who is a transgressor of the scriptural conduct, a recreant, a thief, a feticide or an outrager of his preceptor's honour is released from his sins, for Varuna, the regent of waters and effacer of sins (absolves them from sins by the repetition of this mantra).

[This mantra is also employed for repetition during bath According to the traditional codes *avakīnin* is one who gives up his vow of continence and *bhrūnahan* is one who acts in a way detrimental to the preservation of the Veda With the development of moral and religious susceptibilities in a religious person through faith and practice, he comes to entertain a revulsion for all suspected sins which are possible in the society to which he belongs He is afraid of their presence in some of his innumerable past births He suspects them

even in the present life Further, being cognisant of the supreme purity of God whom he worships, the feeling of abasement often overtakes him and inclines him to consider himself an actual or a potential sinner All his sins he expiates nevertheless through daily acts of purity such as the repetition of holy formulas like the present one, accompanied by prescribed acts like bath The śāstras have never given licence for unholy acts with provision for their future cancellation by rituals]

रजोभूमिस्त्व मां रोदयस्व प्रवदन्ति धीराः ॥६९॥

अहं रजस अर्थात् पापकर्मफलानां भोगभूमि । अतः हे यमदेव त्वं कर्मफलभूतया यातनया मां रोदयस्व । कर्मणा फलदातु तव एतदुचित इति धीराः शास्त्रवेत्तारः प्रवदन्ति । वस्तुतः त्वं मां न रोदय किन्तु मद्गतं पापं विनाश्य मामनुगृहाण इति प्रार्थयितुरभिप्रायः ॥

रजोभूमि ground of sins (अहम् I), त्वं (त्वम्) you माम् me रोदयस्व cause to weep धीराः the wise प्रवदन्ति say

69. I am the ground of sins Therefore you cause me to weep Wise men say (don't make me weep, but favour me by destroying my sins).

[This formula also is expiatory and is repeated along with the previous one The statement appears to be grammatically incomplete and so an interpretative translation is given supplementing the gap as the commentator has done In the older version the third line of passage 66 of this section is transposed here with slight variation and that has helped Bhattabhāskara and Sāyana to give a more jointed meaning for the passage According to Sāyana it may be then construed thus. रजस भूमि अहं, त्वं मां रोदयस्व । यद्यपि एतत् तव उचितं तथापि

ऋषय एन पुनन्तु, वसव एन पुनन्तु, वरुण एन पुनातु, अघमर्षण एन पुनातु इति धीरा मा अनुगृह्णन्त प्रवदन्ति । धीरे अनुगृहीतवान् ऋष्यादिभिः पूत मा हे यमदेव त्वमपि मा बाधस्व किन्तु अनुगृहाण ॥]

आक्रान्तसमुद्रः प्रथमे विधर्मञ्जनयन्प्रजा भुवनस्य राजा ।

वृषा पवित्रे अधि सानो अव्ये बृहत्सोमो वावृधे सुवान

इन्दुः ॥

स उद्भवति अस्मात् विश्व इति समुद्र, अय सर्वकारणभूत देव धर्मन् अर्थात् विश्वस्य धारणकुशले प्रथमे आद्ये उपादानात्मनि सर्वा प्रजा जनयन् वि आक्रान् अर्थात् विक्रामति—कार्यवर्गरूपेण तिष्ठति । भुवनस्य राजा वृषा अर्थात् कामाना वर्षयिता पवित्रे स्मर्तृणा पावने अव्ये अर्थात् अवनशीले, सानो सानौ, सर्वस्मादुच्छ्रिते प्रणवात्मनि अधि अर्थात् अधिष्ठातृत्वेन तिष्ठन् सोम उमया परशक्त्या सहित बृहत् अर्थात् भृश वावृधे वर्धने । अथ अय सुवान अर्थात् विश्वमुत्पादयन् इन्दु ईश्वर भवति ।

अर्थान्तर तु एवम्—समुद्रवत् परमानन्दस्वभाव विधर्मन् अर्थात् प्राणिना पूर्वकर्मणा फलदानार्थ उद्धोषनकाले प्रथमे सृष्ट्यादौ प्रजा जनयन् परमात्मा जगत् आक्रान् आक्रान्तवान् । भुवनस्य राजा स्वभक्ताना कामाभिवर्षणात् वृषा स पवित्रे पुरुषार्थहेतुध्यानस्थानत्वात् अभ्यधिके ध्यातृणा पालनहेतुत्वात् अव्ये ब्रह्मविद्याधिष्ठात्र्या उमया सह वर्तमानस्य परमात्मन स्थानभूते ब्रह्मावबोधयोग्यहृदयपुण्डरीकरूपे सानौ बृहत् वावृधे । अर्थात् हृदयस्थो जीव सङ्कुचितभाव त्यक्त्वा ब्रह्मस्वरूपेण वृद्धि प्राप्त । स च सोम सुवान जीवाना धर्मधर्मयो प्रेरक इन्दुवन् आह्लादहेतुश्च भवति ।

समुद्र the sea, here Paramātman represented as such आक्रान् spreads over प्रथमे first, in the beginning विधर्मन् at the fruiting time of the various meritorious actions प्रजा creatures जनयन् generating भुवनस्य of the world राजा ruler वृषा muni-

ficent bestower (of desired objects) पवित्रे in the holy अधि superior सानो (सानौ) elevated place अव्ये protecting सोम the Lord with Umā बृहत् infinite वावृधे increased, सुवान impeller (of merit and demerit) इन्द्रु lord, delightful like the moon.

70 The Supreme represented as the ocean has overflowed to the whole creation. He has created at first creatures according to the deserts of their various past deeds. He is the ruler of the universe and the munificent giver of gifts to the devotees. He dwells together with Umā (His power giving spiritual illumination) in the hearts of devotees which are holier than other parts of their body (the seat of the Divine) and therefore superior and elevated like a peak and affording protection. The Jīva who is his abode grows to be infinite. He is the Lord who delights the individual souls by guiding according to their deeds and conferring on them fruits of their actions.

[This tristubh mantra is prescribed for repetition after bath. It is reproduced from the Samhitā portion and a spiritual meaning is needed in this context. Therefore an explanatory rendering based on commentators is given here. Two possible interpretations are given in Sanskrit according to two accepted commentators. The word *sāno* is taken to stand for *sānau* and figuratively explained as heart. *Avya* comes from the root *av* to protect, which gives also the sacred syllable *Om* (*avane sādhuḥ Om*), *Somah* is explained in

the light of the puṛāṇic conception of Umāmaheśvara The term Umā means knowledge in ancient Hittite and in some other central Asian languages The *Kenopanisad* speaks of *Umā hamavati* and Śrī Śankarācārya explains *Umā* in the context as *śobhanatamā vidyā*, the most splendid knowledge of Brahman appearing as the daughter of the Himalayas The word *Indu* shares the same root with Indra and so may be an expression for the Lord also]

द्वितीयोऽनुवाक.

SECTION TWO

जातवेदसे सुनवाम सोममरातीयतो निदहाति वेदः ।

स नः पर्षदति दुर्गाणि विश्वा नावेव सिन्धुं दुरितात्यग्निः

॥१॥

नित्याविर्भूतज्ञानाय देवाय यागकाले वय तदाराधनाय सोमाभिषव करवाम । वेद सर्ववेत्ता अग्निः अथवा तद्देवसबन्धि ज्ञानादिक अस्माक शत्रुत्व इच्छतः नियमेन दहतु । किञ्च स अग्रणी अग्निदेवः अथवा दुर्गारूप अग्निविशेषः अस्माने नाविक नावा सिन्धु इव अतीत्य स्थितान् कृत्वा विश्वानि दुर्गाणि स्थानानि तारयित्वा पालयतु, दु खितानि सर्वाण्यपि भूतजातानि दु ख अतीत्य स्थितान् कृत्वा पालयतु ॥

जातवेदसे to Jātavedas सोमम् the soma juice सुनवाम may we press out (for oblation) वेदः knowledge, Agni who is the repository of knowledge अरातीयत those who are unfriendly to us निदहाति may burn, destroy. स he नावा by a boat सिन्धुम् sea इव like नः us विश्वा (विश्वानि) all दुर्गाणि difficulties अति beyond पर्षत् (पालयतु) may protect दुरिता (दुरितानि) wrongs (अपि also) अति (having taken) beyond (पर्षत् may protect)

1. May we offer oblations of soma to Jātavedas. May the all-knowing One destroy what is unfriendly to us. May He, the Divine Fire that leads all, protect us by taking us across all perils even as a captain takes the boat across the sea. May He also save us from all wrongs.

[This section reproduces the well known *Durgāsūkta* originally found scattered in the *Rgveda* and also in other Vedic contexts. This is prescribed for japa undertaken to ward off the difficulties that beset the path of life. Jātavedas, interpreted physically as fire, stands for the all-knowing Divine Reality that is worshipped with the Vedic rituals. As Fire He is worshipped in the soma sacrifices with the oblation of soma juice. Bhattabhāsakra points out that the devotee's petition to the Lord worshipped in the somayāga for destroying his enemies includes not only the destruction of the hostile agencies outside him but also his internal enemies namely the passions and impulses which act enemically when he progresses towards his goal. Further, the sea of troubles which he expects to cross through the grace of Agni includes every wrong, suffering and difficulty incidental to a man's mundane life. The words *veda* and *vedas* in this stanza stand for one who knows everything i.e. the Divine Fire. The word *agnih* is analysed as *agīam nayati agīanīh*, that is to say he who leads one to higher levels—the Divinity dwelling as the Self of all creatures. The verb *paśad* expresses protection according to Bhattabhāsakra and destruction according to Sāyana. It is derived from the root *pr* to protect or to fulfil. This stanza is the same as *Rgveda* I 99 1.]

तामग्निवर्णां तपसा ज्वलन्तीं वैरोचनीं कर्मफलेषु जुष्टाम् ।
दुर्गा देवीः शरणमहं प्रपद्ये सुतरसि तरसे नमः ॥२॥

ज्योतिरूपा तपस्सामर्थ्येन दीप्यमाना त्रिविधरोचनम्य अर्थात् नानारूपेण आविर्भवत देवस्य स्वभूता परप्रकृतिरूपा कर्ममु तत्फलेषु च सामर्थ्याधायकत्वेन स्थिता ता दुर्गा देवी अहं शरणं प्रपद्ये । हे सुतरसि तर्गस्विनि तरणकुशले त्वमेव अस्मान् ससारगतीत् मुष्टु तारयसि । तस्यै तुभ्य नम अस्तु ।

अग्निवर्णाम् fiery in lustre तपसा through the power of ardency ज्वलन्तीम् radiating वैरोचनीम् belonging to him who shines variously through manifestations कर्मफलेषु in acts and their fruits जुष्टाम् remaining as the productive power, sought ताम् that दुर्गा देवीम् The Goddess Durgā अहम् I शरणं प्रपद्ये take refuge in हे तरसे (तर्गस्विनी) efficacious in taking across मु well तरसि (तारयसि) thou takest (us) across (तुभ्यम् to you) नम salutation

2. I take refuge in Her, the Goddess Durgā, who is fiery in lustre and radiant with ardency, who is the Power belonging to the Supreme who manifests Himself manifoldly, who is the Power residing in actions and their fruits rendering them efficacious (or the Power that is supplicated to by the devotees for the fruition of their work). O Thou Goddess skilled in saving, Thou takest us across difficulties excellently well. Our salutations to Thee.

[In this stanza we get a clear reference of Durgā the Goddess, according to Sāyana The word *Durgā* literally

means inaccessible (दु खेन गन्तु शक्या) In the previous stanza the same word in neuter was taken in the sense of a difficult place or difficulty. In this one the word is in the feminine form as *Durgā*, the name of the Goddess *Durgā* is, therefore, the Deity who removes difficulties from the path of Her votaries According to the Vedic tradition a particular sacrificial fire consecrated for the worship of the Divine is called *Durgā* and by extension the word applies also to the power of creative and evolutionary energy which is associated with fire in many Vedic stanzas pertaining to Agni It is, therefore, difficult to separate the conception of *Durgā* and fire conceived as the universal energy in this sūkta The predominant idea here, however, is that the Supreme represented as *Durgādevī* is the saviour of man in his troubles of mundane life and bestower of the highest bliss This idea is fully developed in purāṇic works dealing with the deeds and worship of *Durgā*, the Divine Mother of the Universe]

अग्ने त्वं पारया नव्यो अस्मान् स्वस्तिभिरति दुर्गाणि
विश्वाम् ।
पूत्रं पृथ्वी बहुला न उर्वी भवां तोकाय तनयाय शंयोः
॥३॥

हे अग्ने नव्यं स्तोतव्यं अथवा जरामरणराहित्यात् सर्वदा नूतन त्व
अस्मान् स्वस्तिभिः क्षेमकारिभिः उपायैः अथवा श्रेयोविशेषैः फलैः युक्तं सन्
सर्वाणि अपि दुर्गाणि आपत्स्थानानि अथवा पापानि अतिशयेन लङ्घयित्वा
ससारस्य परतीरं प्रापय । अस्माकं पू. निवासाय नगरी पृथ्वी च विस्तीर्णा
भवतु । सस्यादिनिष्पादनयोग्या उर्वी च बहुला भवतु । किञ्च त्वं तोकाय
अस्मदपत्याय तदीयतनयाय च शंयोः सुखस्य योजयिता दुःखस्य वियोगहेतुः
च भव ॥

हे अग्ने O Fire नव्य worthy of praise त्वम् thou अस्मान् us स्वस्तिभि through happy means विष्वा* (विष्वानि) all दुर्गाणि difficulties अति (taking) beyond पारया (पारय) take to the other shore न our पू home town पृथ्वी land (भवतु be) उर्वी the plot of earth बहुला ample च and (भवतु be) तोकाय for children तनयाय for (their) children (च and) शयो joiner of happiness भवा (भव) be

3 O Fire, thou art worthy of praise With happy methods take us beyond all difficulties. May our home town and home land become extensive and may the plot of earth (for growing the crops) also be ample. Further be thou pleased to join our children and their children with joy.

[Agni here stands for the same Deity mentioned in the above stanza. The words *toka* and *tanaya*, though in singular, are taken in generic plural. The term *samyoh* is a combination of *śam* joy reaching upto the highest bliss and *yoh* expressing the sense of mixing or joining. This stanza is the same as *Taittirīyasamhitā* I 1 14 12 where Śāyana takes *tanaya* as daughter. See also *Rgveda* I. 189. 2 and *Taittirīyabrāhmaṇa* II 8 2 for this stanza.]

विष्वा॑नि नो दुर्गा॑हा॒ जातवे॑द्ः सिन्धुं॑ न ना॒वा दुरि॑ता-
ति॒र्षि॑षि ।

अग्ने॑ अत्रि॒वन्मन॑सा गृणा॒नोऽस्माकं॑ बोध्य॒विता॑ त॒नूना॑म्

॥४॥

हे जातवेद दुर्गहा सर्वापदा अपहन्ता त्व सर्वाणि दुरितानि नावा सिन्धु इव अस्मान् अतीत्य स्थितान् कृत्वा पालयसि । हे अग्ने अत्रि यथा सर्व-भूताना सदा भद्रमिच्छन् मनसा आशासन् आस्ते तथा त्वमपि अस्माक तनूना रक्षिता भूत्वा बोधि जागरूको भव ॥

हे जातवेद O Jātavedas दुर्गहा destroyer of difficulties (त्वम् thou) विश्वानि entire दुरिता (दुरितानि) evils, sins नावा by a boat सिन्धुम् sea न (इव) analogously न us अतिपर्वि takest beyond and protectest. अग्ने O Fire, अत्रिवत् similar to Atri मनसा mentally गृणान्. repeating अस्माकम् our तनूनाम् of selves, of bodies अविता guard, protector बोधि be conscious

4. O Jātavedas, Thou who art the destroyer of all sins takest us beyond all troubles and protectest us just as one is taken across the sea by a boat. O Fire, guard our bodies and be mindful (of its safety) like the sage Atri who always repeats mentally ('May everyone be whole and happy')

[This stanza is found in *R̥gveda* V 4. 9 and also in *Taittīyabrāhmaṇa* II 4 1, where Sāyana takes *duṛgahā* as *duṣpariharāṇi*, an adjective qualifying *duritāni*. The third line of the stanza is thus explained अत्रिणा महर्षिणा चतुरात्रे कर्मणि यथा स्तूयसे तथा अस्माभि मनसा स्तूयमान अस्माक तनूना रक्षको भूत्वास्मद्भूवित बुध्यस्व । Be a protector to us and recognize our devotion to thee, for we are hymning to thee mentally as Atri the sage did during his performance of the Catūrātra sacrifice Sāyana has here in the Upanisad commentary the following note on *Atrivat* There was a great sage who had attained supreme illumination and freedom-in-life and so was known as Atri, that is to say, one who is free from triple miseries Goodwill

and compassion for all created beings constitute the chief character trait of such a sage. Therefore people had always observed Ati in a state of mind in which he was constantly remembering in his prayers peace and safety for all creatures. He became a byword for universal compassion. There is a variant reading *bhūtvyavītū* as the substitute for *bodhyavītū* in which case the construction तनूना अविता भूतु (भवतु) makes the meaning easy. The *Rgvedic* text has *namasū* in the place of *manasū* which is explained by Sāyana with hymns—stotras]

पृतनाजित् ५ सहमानमुग्रमग्नि ५ हुवेम परमात्सधस्थात् ।
 स नः पर्षदति दुर्गाणि विश्वा क्षामद्देवो अति दुरितात्यग्निः
 ॥५॥

उत्कृष्टात् सहस्थानात् परसेनाजेतार, शत्रून् अभिभवन्त, भीतिहेतु, अग्नि आह्वयाम, अथवा तस्मिन् स्थाने स्थित ध्यायाम । अस्माभिराहूत स अग्रगण्य अग्निदेवः अस्मान् क्षामत् (अर्थात् क्षयशील वस्तु) अतीत्य स्थितान् कृत्वा विश्वानि दुर्गाणि अतीत्य स्थितान् कृत्वा दुरितानि च अतीत्य स्थितान् कृत्वा पालयतु ॥

परमात् सधस्थात् from the highest place of assembly पृतना-जितम् vanquisher of enemy's hosts सहमानम् charger (of enemies) उग्रम् fierce अग्निम् Fire हुवेम (आह्वयाम) invoke, meditate upon स that देव God अग्नि Fire विश्वा (विश्वानि) all दुर्गाणि difficulties अति beyond क्षामत् perishable अति beyond दुरिता (दुरितानि) wrongs अति beyond न us पर्षत् may protect

5 We invoke from the highest place of assembly the Fire-God who is the leader of all,

who is the charger and vanquisher of the hosts of enemies, and who is fierce May He, the Fire-God take us across all our difficulties and wrongs and all that is perishable, and protect us.

[The root *ksai* expressing the idea of decrease or diminution gives the usual participle form *ksāmāh*. But here in the Vedic form it is found as *ksāmat* and Bhattabhāskara takes it to stand for the decreasing and perishing phenomenal reality beyond which lies the imperishable Supreme Reality Sāyana, on the other hand, takes the word to be akin to *ksāmyat* meaning condoning the offences and construes it as an adjective qualifying *agnī*. Bhattabhāskara following a philosophical trend of interpretation holds that Agni here is the first and the foremost Principle which dominates the universal categories and which is meditated in the highest place or invoked from there by mundane worshippers.]

प्रतनोषिं कमीड्यो' अध्वरेषु सनाच्च होता नव्यश्च सत्सि ।
स्वां चाग्ने तनुवं' पिप्रयस्वास्मभ्यं' च सौभगमायजस्व ॥६॥

हे अग्ने त्व यज्ञेषु स्वर्गत्मकं सुखं प्रतनोषि । अध्वरेषु ईड्यं त्वं पुरातनं दैवो होता नव्यं मानुषश्च होता भूत्वा यागदेशे सत्सि अर्थात् सीदसि । अतः हे अग्ने त्वं आत्मीयतनुस्थानीयान् जीवरूपान् अस्मान् पिप्रयस्व तर्पय । ततश्च अस्मभ्यं निवृत्तसमस्तदुःखं त्वदीयतनुचितं शोभन-भाग्यं आयजस्व सर्वतो देहि ॥

अध्वरेषु in sacrifices ईड्यं. lauded कम् heavenly bliss प्रतनोषि (प्रतनोषि) thou enlargest सनात् ancient च and नव्यं recent च and होता sacrificer (भूत्वा having become) अध्वरेषु in the sacri-

ficial places सत्सि (सीदसि) thou abidest हे अग्ने O thou Divine Fire स्वाम् thine own तनुवम् (तनुम्) self, form च and पिप्रयस्व be pleased to make happy अस्मभ्यम् for us सौभगम् good fortune आयजस्व grant from all sides च and.

6. Thou who art lauded in sacrifices increasest our happiness. Thou abidest in the form of sacrificers, ancient and recent, in the places of sacrifice. O Fire, be thou pleased to make (us) happy (who are) thine own selves. Further grant us from all sides good fortune.

[The above rendering is based on Bhattabhaskara who takes the words *sanāt* and *navya* as standing respectively for ancient and recent sacrificers i.e. gods and men. Further according to him *svām tanuvam* stands for the universe represented as the body of God and also the individual souls in the universe who are but different abodes of the Divine Spirit. The second line consequently is an entreaty of the soul to God to grant those values which will elevate it to the divine state. Sāyana's interpretation is purely ritualistic. According to him *sanāt* means giver of the results of actions and *navyah* worthy of praise. The fourth foot is thus interpreted by him: O Fire, nourish your own body with the oblations offered by us. This stanza is found at *Rgveda* VIII. 11. 10 with the variant *pratno hi*]

गोभिर्जुष्टमयुजो निषिक्तं तवेन्द्र विष्णोरनुसंचरेम ।

नाकस्य पृष्ठमभि संवसानो वैष्णवीं लोक इह मादयन्ताम्

हे इन्द्र, वय अयुज्ज अर्थात् पापदुखादिभिरयुक्तस्य विष्णो व्यापकस्य तव भृत्या सन्त त्वा गोभि जुष्ट अमृतधाराभि निषिक्त सौभाग्यमुद्दिश्य अनुसचरेम परिचरेम । किञ्च नाकस्य पृष्ठ अभि सवसाना देवा वैष्णवी भक्ति कुर्वाण मा इहलोक वाञ्छितप्रदानेन मादयन्ता हर्षयन्तु ॥

हे इन्द्र O Lord, अयुज्ज not united (with sin and sorrow) विष्णो all pervading तव thy (भृत्या servants सन्त being) गोभि with cattle जुष्टम् delightful (अमृतधाराभि with currents of immortal bliss) निषिक्तम् flooded (सौभाग्यम् good fortune उद्दिश्य intending) अनुसचरेम may we follow नाकस्य of heaven पृष्ठम् top अभि everywhere सवसान. (for सवसाना) dwelling (देवा gods) वैष्णवीम् of Visnu (भक्तिम् loving adoration कुर्वाणम् practising माम् me) इह here लोके in the world मादयन्ताम् may delight (by granting my desire)

7. O Lord, Thou art unconnected (with sin and sorrow) and thou pervadest (all sacrifices) (Desirous of good fortune) comprising in cattle and overflowing (with the current of immortal bliss) may we serve Thee without break. May the gods who dwell in the highest region of heaven delight me—(practising loving adoration) for Visnu—here on the earth by granting my wish

[This stanza is not included in the shorter version commented on by Bhattabhāskara and Sāyana]

तृतीयोऽनुवाकः
SECTION THREE

भूरन्नमग्रये' पृथिव्यै स्वाहा, भुवोऽन्नं वायवेऽन्तरिक्षाय
स्वाहा, सुवरन्नमादित्याय दिवे स्वाहा, भूर्भुवस्सुवरन्नं
चन्द्रमसे दिग्भ्यः स्वाहा, नमो देवेभ्यः स्वधा पितृभ्यो
भूर्भुवः सुवरन्नमोम् ॥१॥

भू पृथिव्यधिष्ठानदेवता मह्यमन्न ददातु । तदर्थं चरुरूप वन्न अह
पृथिव्यधिष्ठिताय अग्नये अग्न्यधिष्ठात्र्यै पृथिव्यै च स्वाहाकारेण अग्नौ
प्रक्षिपामि । एव भुवरधिष्ठानदेवता मह्यमन्न ददातु । तदर्थं अह अन्तरिक्षा-
धिष्ठिताय वायवे वाय्वधिष्ठानाय अन्तरिक्षाय च स्वाहाकारेण हविर्जुहोमि ।
एव सुवरधिष्ठानदेवता मह्यमन्न ददातु । तदर्थं सुवरधिष्ठिताय आदित्याय
आदित्याधिष्ठितायै दिवे च स्वाहापूर्वकं हविर्जुहोमि । भूर्भुवस्सुवर्देवता-
सभूय मह्यमन्न दद्युः । चन्द्रमसे दिग्धिष्ठिताय दिग्भ्यश्च स्वाहापूर्वकं
हविर्जुहोमि । देवान् नमस्कारेण उपतिष्ठामि । पितृन् स्वधया उपचरामि ।
भूर्भुवस्सुवर्देवता प्रार्थितमन्न दातु ओ इत्यङ्गीकुर्वन्तु ॥

1. (May the Deity) Earth (grant me) food.
For that I make oblation to Fire and Earth. Hail!
(May the Deity of) Atmosphere (grant me) food.
For that I make oblation to Air and Atmosphere.
Hail! (May the Deity of) Heaven (grant me) food.
For that I make oblation to the Sun and Heaven.
Hail! (May the Deities of) Earth, Atmosphere and
Heaven (grant me) food. For that I make oblation
to the Moon and the Quarters Hail! Salutation

to Gods! Svadhā (reverence) to Manes' (May the Deities of) Earth, Atmosphere and Heaven (assent to my desire with the utterance of) Om (and grant me) food.

[In these formulas and similar ones that follow the word-for-word meaning is not printed. It can be easily traced from the spaced texts and the English rendering subjoined to them. Moreover the words are often repeated, so much so their full reproduction in the word-for-word form will increase the type page without corresponding special advantage.

This section gives the necessary mantras employed for uttering while the institutor of the sacrifice who wishes an increase of food offers oblations into the consecrated fire for that purpose. The syllables *bhūh*, *bhuvah*, and *svah* are called *mahāvyaḥrti*-s representing terrestrial, atmospheric and heavenly regions. The *Chāndogya Upanisad* (4.17.1-3) says that through contemplation Prajāpati extracted from fire, air and sun the three Vedas *Rk*, *Yajus* and *Sāma* respectively, and from these Vedas in the same order he again extracted the three *vyāḥrti*-s, *bhūh*, *bhuvah* and *svah*. So these three syllables are the quintessence of the three worlds and the three Vedas. They represent the Supreme. It is also stated there that the Prajāpati in the beginning created the three regions uttering those three syllables. The word *svāhā* is an indeclinable word which terminates a formula used for offering oblations and it implies joyful and complete surrender of what is offered to the Deity in the sacrifice. The word *namah* again is a word of salutation which expresses complete self-surrender to the object of worship indicated by mental attitude, oral expression and physical action. Salutation with *namah* is often considered an act of worship complete in itself. The term

svadhā is reserved for the expression of a person's reverence to his departed ancestors while he makes oblations to them. Bhattabhāskara interprets *piṇava* uttered at the end of this mantra as a recognition by the worshipper of his true nature—'I am that Brahman expressed by the syllable Om'. The same author derives the *piṇava* from the root *av* to protect—*avane sādhuḥ*—Om. The *Grhyasūtras* give the particular contexts where these mantras are used in the course of the *homa* or burnt offering.]

चतुर्थोऽनुवाकः

SECTION FOUR

भूरग्नये' पृथिव्यै स्वाहा, भुवो' वायवेऽन्तरिक्षाय स्वाहा,
सुवरादित्याय दिवे स्वाहा, भूर्भुवस्सुवश्चन्द्रमसे दिग्भ्यः
स्वाहा, नमो' देवेभ्यः स्वधा पितृभ्यो भूर्भुवःसुवरग्र ओम्
॥१॥

भूरिति महाव्याहृत्या प्रतिपादिताय ब्रह्मणे तत्सृष्टाय अग्नये तदधीन-
स्थित्यै पृथिव्यै च इदं आज्यं अन्नं वा सुहृतमस्तु । तानहं तर्पयामि । भुवरिति
महाव्याहृत्या प्रतिपादिताय ब्रह्मणे तत्सृष्टाय वायवे तदधीनस्थितिकाय अन्त-
रिक्षाय च इदं आज्यं अन्नं वा सुहृतमस्तु । सुवरिति महाव्याहृत्या प्रतिपादिताय
ब्रह्मणे तत्सृष्टाय आदित्याय तदधीनस्थित्यै दिवे च इदं आज्यं अन्नं वा
सुहृतमस्तु । व्याहृतित्रयप्रतिपादिताय ब्रह्मणे तत्सृष्टाय चन्द्रमसे दिग्भ्यः च
इदं अन्नं आज्यं वा सुहृतमस्तु । लोकत्रयवासिभ्यो देवेभ्यो नमः । पितृभ्यः
स्वधा अस्तु । भू भुवः सुवरिति व्याहृतित्रयाविभागवत्प्रणववाच्यं परं
ब्रह्म अहमस्मि । हे अग्ने त्वमपि मत्प्रार्थितो ओ इति कर्तुं अङ्गीकुरु ॥

1. Hail! I offer this oblation to Brahman who is expressed by the first vyāhṛti, to Fire created by Him and to the Earth dependent on Him. Hail! I offer this oblation to Brahman who is expressed by the second vyāhṛti, to the Air created by Him and to the Atmosphere dependent on Him. Hail! I offer this oblation to Brahman who is expressed by the third vyāhṛti, to the Sun created by Him and to Heaven dependent on Him. Hail! I offer this oblation to Brahman who is expressed by the vyāhṛtis, *bhūh*, *bhuvah* and *suvah*, to the Moon created by Him and to the Quarters. Salutation to the gods dwelling in all the regions! Reverence to the departed ancestors! I am that Brahman expressed by Om in unity and also expressed by the three vyāhṛtis in His threefold aspect. O Divine Fire, assent to my prayer.

[This section and the immediately preceding one are mutually transposed in the shorter version. The mantras given here are used in the specific rite called *mahāvvyāhṛtiḥoma*. A sage called Nāīyana is supposed to be the 'seer' of this section. It is accordingly designated as Nārāyanīya. Bhatta-bhāskara states that its purpose is Brahmapāsanā, worship of the Supreme, and thereby expiation of all common sins. The translation given above has been made partly exegetical to make this purpose clear. The supreme object of adoration here is Brahman. But oblations are offered to Him through His cosmic expressions—Earth, Air, Sky, Fire, Wind, Sun, Moon, Quarters, Gods and Manes. The worshipper finally

unites the part with the whole and considers himself Brahman, the ground of all that exists, and thereby secures the highest mental purity]

पञ्चमोऽनुवाक.

SECTION FIVE

भूर्ग्रये' च पृथिव्यै च महते च स्वाहा, भुवो' वायवे'
चान्तरिक्षाय च महते च स्वाहा, सुवरादित्याय च दिवे च
महते च स्वाहा, भूर्भुवस्सुवश्चन्द्रमसे च नक्षत्रेभ्यश्च दिग्भ्यश्च
महते च स्वाहा, नमो' देवेभ्यः स्वधा पितृभ्यो भूर्भुवः
सुवर्महरोम् ॥१॥

महते पूज्याय सर्वदेवसमष्टिरूपाय देवाय हिरण्यगर्भाय अथवा परब्रह्मणे तदीयसेवकरूपेभ्य व्यष्टिरूपेभ्य भू अग्नि पृथिवी इत्यभिधानेभ्य देवेभ्य च सुहुतमस्तु । एव समष्टिरूपाय महते हिरण्यगर्भाय भुव वायु अन्तरिक्ष इत्यभिधानेभ्य व्यष्टिरूपेभ्य देवेभ्य च सुहुतमस्तु । समष्टिरूपाय महते हिरण्यगर्भाय सुव आदित्य दिव इत्यभिधानेभ्य देवेभ्य च सुहुतमस्तु । समष्टिरूपाय महते हिरण्यगर्भाय भू भुव सुव चन्द्रमा नक्षत्राणि दिश इत्यभिधानेभ्यो व्यष्टिभ्यश्च सुहुतमस्तु । देवेभ्य. नम. अस्तु । पितृभ्यः स्वाधा अस्तु । भू भुव सुव इति व्यष्टित्रितयस्य आत्मभूत मह शब्दप्रतिपाद्य प्रणवप्रतिपाद्य च वस्तु अहमस्मि ॥

1. Hail! I offer this oblation to the adorable Supreme who is the All and to His parts, the Deities, *Bhūh*, Fire and Earth. Hail! I offer this

oblation to the adorable Supreme who is All and to His parts, *Bhuvah*, Air and Atmosphere. Hail! I offer this oblation to the adorable Supreme who is All and to His parts, *Suvah*, the Sun and Heaven. Hail! I offer this oblation to the adorable Supreme who is All and to His parts, *Bhūh*, *Bhuvah*, *Suvah*, the Moon, the Asterisms and the Quarters. Salutation to Gods! Reverence to Manes! I am that Supreme Reality expressed by the syllable Om and the three Vyāhrtis, *Bhūh*, *Bhuvah* and *Suvah* May I attain the Supreme!

[This section gives the mantras to be repeated by one who offers oblations into the consecrated fire desirous of getting eminence. The word *mahat* in the text stands for He who is greatest and most worthy of worship, namely, the Supreme Divinity, who is the ground of all other gods, and to whom they are all related as parts to the whole and servants to the master. One of the central principles of religion is that the worshipper comes by the qualities of that object of worship upon which he meditates within himself. The *Durgā-saptasatī* rightly puts in the mouths of the hymning Gods त्वामाश्रिता ह्याश्रयता प्रयान्ति—those who seek support in Thee become the support of others. ¶ Those who worship the Most High themselves become eminent in the world.]

षष्ठोऽनुवाकः

SECTION SIX

पाहि नो अग्न एनसे स्वाहा, पाहि नो विश्ववेदसे स्वाहा,
यज्ञं पाहि विभावंसो स्वाहा, सर्वं पाहि शतक्रतो स्वाहा

॥१॥

हे अग्ने अस्मान् एनस अर्थात् ज्ञानप्रतिबन्धकात् पापात् रक्ष । तुभ्य इदं सुहृतमस्तु । विश्ववेदसे अर्थात् सपूर्णतत्त्वज्ञानसिद्धयर्थं तत्साधनसम्पादनेन अस्मान् पालय । तदर्थं तुभ्य इदं सुहृतमस्तु । हे विभावंसो विशिष्टप्रभाधन-जानात्मक अथवा विविदिषाहेतुत्वेन अस्माभिः अनुष्ठीयमानं यज्ञं निर्विघ्नेन समाप्तिं नीत्वा पालय । तदर्थं तुभ्य इदं सुहृतमस्तु । हे शतक्रतो विचित्रान्तकर्मन् अथवा बहुयागनिष्पादयित्वा अग्ने अस्मदीयं गुरुशास्त्रादिकं ज्ञानसाधनं उपासनाकर्मं च निर्विघ्नेन परिसमाप्तिं नीत्वा अस्मान् पालय । तदर्थं तुभ्य इदं सुहृतमस्तु ॥

1. O Fire, preserve us from sin. Hail!
Preserve us so that we may attain full knowledge.
Hail! O Resplendent One, preserve our sacrificial
acts. Hail! O Satakratu, preserve everything (that
belongs to us). Hail!

[Having recited the formulas meant for the removal of general sins in the previous three sections, this section particularly presents the mantras meant for offering oblations into the consecrated fire. These mantras remove the obstacles in the way of final illumination—the goal of the best religious seeker. The word *enas* in the first line of the text appears in the dative and it cannot be construed with *pāhu*, so it should be considered as an ablative for the purpose of syntax. The

meaning of the term is sin or impurity, and here, Sāyana points out that it stands for whatever comes in the way of divine illumination and liberation from the transmigratory existence. The word *viśvavedas* is interpreted as complete knowledge and its aids for which the seeker of liberation earnestly prays. By analysis the word *vi + bhā + vasu* gives the meaning he who possesses the wealth of outstanding splendour—the Supreme in whose light everything else shines. According to Bhattabhāskara, *yajña* in the line consists of knowledge of God, and according to Sāyana, it means the sacrificial worship which paves the way to divine knowledge. So also the term *śatakratu* according to the former means one who works in manifold and various ways and according to the latter, the consecrated fire necessary for hundreds of sacrifices. Both agree in interpreting *sarvam* in the last line to convey the idea of accessories for the generation of final illumination such as a preceptor, scriptures and worship.]

सप्तमोऽनुवाक.

SECTION SEVEN

पाहि नो^१ अग्न एकया, पाह्युत द्वितीयया, पाह्यूर्ज^१
तृतीयया, पाहि गीभिश्चतसृभिर्वसो स्वाहा^१ ॥१॥

हे अग्ने, हे वसो जगन्निवासहेतो, त्व ऋग्वेदलक्षणया एकया गिरा अभिष्टुत सन् अस्मान् पाहि स्वाहा । उत यजुर्वेदरूपया द्वितीयया गिरा अभिष्टुत सन् अस्मान् पाहि स्वाहा । किञ्च सामवेदात्मिकया तृतीयया गिरा अभिष्टुत. सन् अस्मदीय ऊर्ज अर्थात् अन्न अन्नरस च पाहि स्वाहा । अपि च चतुर्वेदरूपभि चतसृभि गीभिः अभिष्टुत सन् अस्मान् पाहि स्वाहा ॥

हे अग्ने O Divine Fire हे वसो O thou settler (of the universe) एकया by the first, i e *Rgveda* (अभिष्टुत सन् being praised) न us पाहि protect. उत्त further द्वितीयया by the second, i e *Yajurveda* (अभिष्टुत सन् being praised) पाहि protect तृतीयया by the third, i e *Sāmaveda* (अभिष्टुत सन् being praised) ऊर्जम् food, the strengthening essence of food पाहि protect चतसृभि गीर्भि by the four (kinds of utterances contained in) the Vedas — (अभिष्टुत सन् being praised) पाहि protect स्वाहा hail

1. O Divine Fire, O settler of all creatures, being praised by the hymns of the first Veda be gracious to protect us. Hail! Further, being praised by the hymns of the second Veda be gracious to protect us. Hail! Being praised by the hymns of the third Veda be gracious to protect our food and strengthening essence of it. Hail! Being praised by the hymns of the four Vedas be gracious to protect us. Hail!

[This mantra is absent in the shorter version. It contains four formulas for offering oblations into the consecrated fire for the attainment of illumination and so may be considered an additament to the previous mantra.]

अष्टमोऽनुवाकः
SECTION EIGHT

यश्छन्दसामृषभो विश्वरूपश्छन्दोभ्यश्छन्दां स्याद्विवेश ।
सतां शिष्यः प्रोवाचोपनिषदिन्द्रो ज्येष्ठ इन्द्रियाय ऋषिभ्यो
नमो देवेभ्यः स्वधा पितृभ्यो भूर्भुवस्सुवश्छन्द ओम् ॥१॥

य मन्त्राणा प्रधानभूत सर्वजगदात्मक अथवा वेदेतिहासपुराणवाङ्मय-
रूप, य. वेदसारत्वेन प्रजापते छन्दोभ्य प्रतिबभौ, यच्च पुन विभक्तात्मा
गायत्र्यादीनि छन्दासि आविवेश अर्थात् वेदादित्वात् मन्त्रेषु प्रथम प्रयुज्यमान
स्थित; य. ज्येष्ठ प्रशस्यतम, यश्च सता शक्तिहेतु अथवा उपासकं प्राप्तु
शक्य. स प्रणवरूपी परमेश्वर्ययुक्त परमात्मा इन्द्र उपनिषत्प्रतिपाद्यो भूत्वा
'व्याहृतित्रयात्मा ओङ्कार एव उपासितव्य' इति इन्द्रियाय अर्थात् ज्ञानसामर्थ्य-
प्राप्तये ऋषिभ्यः अन्तर्मुखेभ्यो जिज्ञासुभ्य प्रोवाच । अत एव हेतो ज्ञान-
प्रतिबन्धनिवारणार्थं अह देवान् नमस्करोमि । पितृन् स्वधयापरिचरामि ।
लोकत्रयावस्थितान् देवान् प्राप्नोमि ॥

य. he who छन्दसाम् of the Vedas ऋषभ most excellent
विश्वरूप embodying the whole universe or all knowledge
छन्दोभ्य from the Vedas (प्रादुर्भूत. emerged) छन्दासि the collec-
tion of mantras in gāyatrī and other metres आविवेश entered
ज्येष्ठ. supreme, first in causal link सताम् for the good शिष्य.
(शक्य) possible of attainment, source of strength (स. he)
इन्द्र. supreme Lord ऋषिभ्य. to the seers seeking the Divine
Reality इन्द्रियाय for the attainment of the power of know-
ledge उपनिषत् being the subject matter of the Upanisad प्रोवाच
taught, देवेभ्य to gods नम salutation पितृभ्य to manes स्वधा

reverence. भू भुवः सुवः the three vyāhrtis छन्दः the Vedas आम्
 pīnava (भवति is)

1. The Supreme Being, Indra, who is the most excellent pīnava taught in the Vedas, who ensouls the entire universe, who leads the collection of Vedic utterances in gāyatrī and other metres standing in their beginning, who is capable of being attained by the worshippers and who is the first in the causal link, taught the contemplative sages the sacred wisdom of the Upaniṣad, Himself being the subject-matter of them, in order to strengthen them with the power of knowledge. I salute the gods for removing the obstacles in my path to illumination. For the same I also reverence the Manes. The triple regions of *Bhūh*, *Bhuvah* and *Suvah* and the entire Veda are comprised in Om.

[This passage embodies the mantra prescribed for japa to be performed by a person who seeks divine wisdom. That the syllable Om is the quintessence of the Vedas, that it is omniform and that it confers many spiritual values to the worshippers are declarations found in the beginning of the *Taittirīya*, the *Katha*, *Praśna*, *Chāndogya*, and other Upaniṣads in various contexts. The word *śikya* is a Vedic variation for *śakya*. The term *chandah* at the end is omitted in the shorter version. The term *upanisad* occurring in this mantra is interpreted both as subject and as object by turns. In the first case Indra, the supreme One, is taken as identical with *upanisad*—the subject-matter taught in the Upaniṣads. In the

second case Indra is taken as the subject and *upanisad*, though found in the nominative case, is taken to be in sense accusative. In this case it stands for *pranava* which is the essence of the three *vyūh-ti-s*]

नवमोऽनुवाकः

SECTION NINE

नमो ब्रह्मणे धारणं मे अस्त्वनिराकरणं धारयिता
भूयासं कर्णयोः श्रुतं मा च्योढं ममामुष्य ओम् ॥१॥

जगत्कारणाय परस्मै ब्रह्मणे मम प्रह्वीभावः अस्तु । तद्भावापत्यर्थं एकारय मे अस्तु । अह अनिराकरण अर्थात् अबाधितप्रतिष्ठ (विस्मरण यथा न भवति तथा) तादृशधारणाय कर्ता भूयासम् । तत्परिपन्थीभूतानि हे इन्द्रियाणि, कर्मादिभि श्रवणादिद्वारा युष्माभि इत पूर्व स्वस्वविषया अनुभूता । इदानी यूय अमुष्य अर्थात् ब्रह्मीभूतस्य मम मा च्योढु च्युतानि भूत । ओम् ॥

ब्रह्मणे to Brahman नम. prostration मे for me धारणम् concentration of thought अस्तु be अनिराकरणम् without distraction धारयिता one who practises concentration of thought भूयासम् may I be कर्णयो with the ears श्रुतम् what has been heard अमुष्य of such and such मम mine मा not च्योढुम् fail ओम् Om

1. My salutations to the Supreme. May I concentrate my thoughts upon Him (in order that I may be united with Him). May I become one practising concentration of thought without dis-

traction. I have heard enough with my ears (and perceived pleasurable objects through other senses). O my senses, do not fail me now (but settle yourselves in the Supreme Brahman with whom I wish to unite myself through the meditation of) Om.

[This is a mantra prescribed for the japa that is to be undertaken by one who wishes to practise unflinching remembrance of God after completing the study of the Vedas. I have rendered into English the thoughts contained in it according to Bhattabhāskara's interpretation. He takes *dhāraṇa* in the Pātañjala sense and *kanayoḥ śrutam* indicative of the enjoyment of pleasures through all the senses. According to Śāyana the prayer is addressed to God, the Creator of the universe, for the gift of the power of retaining and recalling the Vedic lore learned through memory by hearing from the teacher. The meaning of the word *dhāraṇa*, in that case, must be a powerful memory. Traditionally the formula is, therefore, uttered at the close of Vedic recitals.]

दशमोऽनुवाकः

SECTION TEN

ऋतं तपः सत्यं तपः श्रुतं तपः शान्तं तपो दमस्तपः
शमस्तपो दानं तपो यज्ञं तपो भूर्भुवः सुवर्ब्रह्मैतदुपास्वैतत्तपः॥

ऋतं करणं यथासङ्कृतिपात्रगण अथवा मनसा यथार्थवस्तुचिन्तनम् ।
सत्यं वाचा यथार्थभाषणम् । श्रुतं वेदार्थबोधः । शान्तं शान्तिं बाह्याभ्यन्त-
रेन्द्रियोपरति । दम उपवासादिभिः शरीरदमनम् । शमः शत्रुषु अपि

क्रोधगाहित्यम् । दानं स्वस्वत्त्वनिवृत्तिपूर्वकपरस्वत्वापादनरूपं अर्थदानम् । यज्ञं देवतासम्बन्धं अथवा अग्निहोत्रादिकर्माणि । एतत् सर्वं एकैकशः परमात्मज्ञानं प्रति उपकारकत्वात् तपोरूपं भवति । परंतु अर्वाचीनमेव साधनम् । अतः हे साधो भूर्भुवः सुवरात्मकं यत् ब्रह्म अस्ति तत् उपासनस्य विषयं कुरु । एतत् उत्तमं तपः । तस्य साधनत्वात् ऋतादीनि अपि तस्य अङ्गतया सम्यक् पालय ॥

1. Right is austerity. Truth is austerity. Understanding of the scriptures is austerity. Subduing of one's senses is austerity. Restraint of the body through such means like fast is austerity. Cultivation of a peaceable disposition is austerity. Giving gifts without selfish motives is austerity. Worship is austerity. The Supreme Brahman has manifested Himself as *Bhūh*, *Bhuvah* and *Suvah*. Meditate upon Him. This is austerity par excellence.

[Word-for-word meaning is omitted here, see note on III 1. The shorter version on which Bhattabhāskara and Sāyana have commented omits *dama* and *śama*. The term *ṛta* translated here as right is the principle of dharma deified by that name in the *Rgveda*. *Rgveda* IV 23 contains stanzas in praise of R̥tadeva identified with Indra, Āditya, Satya, and Yajña. The laws of physical and moral nature which proceed in their unerring course are the result of the operation of the principle of *ṛta*. Therefore the ethical implication of the word *ṛta*, in practical life, is stated to be 'the implementation of resolutions' by Bhattabhāskara and 'thinking exactly according to what is perceived' by Sāyana. *Satyam* here is precisely rendered by the word truth, that is to say, correctly

reporting what has been observed. All the eight items separately emphasised here as 'austerity' practically include all that is required for a complete moral and spiritual discipline. They are essential for a seeker of the ultimate religious goal of Self-realisation. But they are all subservient to divine contemplation consisting of an unbroken current of a single thought set to flow towards God. That is the principal sādhana and the rest are auxiliary to it. The term *tapas* similar to *manas*, *namas*, and *vacas* in form is derived from the root *tap* literally meaning to give heat and light. Primarily, therefore, *tapas* implies an activity of mind or body which demands keen concentration of thought or an effort requiring unusual and continuous physical strain and heat. *Tapas* is praised often in the scriptures as the highest and best means for securing what is hard of attainment in this world and in the next. Godhood and Rsihood are attained through *tapas*. Even birth on this earth in situations which yield the highest and best pleasures is attributed to the previous performance of *tapas*. All physical, mental, moral and intellectual perfections are traced to this one source, namely *tapas*, mainly consisting of self-restraint and whole-hearted devotion to a single purpose. We get graded definitions of *tapas* in old texts, such as observance of fast, sexual asceticism, restriction of enjoyment, forswearing of pleasures, fortitude in the face of difficulties that arise in the discharge of one's duties in one's station and order of life, and one-pointedness of mind and senses in the pursuit of spiritual ends. This passage may be taken as a eulogy of the categories asserted here as *tapas*, or it may also be taken as a mantra the repetition of which ensures the attainment of qualities enumerated here.]

एकादशोऽनुवाक
SECTION ELEVEN

यथा वृक्षस्य संपुष्पितस्य दूराद्गन्धो वात्येवं पुण्यस्य
कर्मणो दूराद्गन्धो वाति यथासिधारां कर्तेऽवहितामवक्रामे
यद्युवे युवे हवा विह्वयिष्यामि कर्त पतिष्यामीत्येवममृता-
दात्मानं जुगुप्सेत् ॥ १ ॥

सम्यक् पुष्पितस्य वृक्षस्य सुमसबन्धि सौरभ्य यथा स्वयमेव दूरात् दिगन्तेषु
विसर्पति एव शास्त्रोक्तस्य प्रशस्तस्य कर्मण मुगन्धसमाना सत्कीर्तिं दूरात्
प्रथते अथवा स्वर्गपर्यन्त गच्छति । तस्मात् पुण्यमेव अनुष्ठेयम् । यथा
कश्चित् निरूपकः कूपादौ गर्ते निजकौशलप्रकटनार्थं आत्मनैव प्रसादितस्य
खड्गस्य धारा “अवक्रामे=पादाभ्या उपरी गच्छामि” इति यदि इच्छति,
“युवे युवे=अहं यामि अहं यामि” इति मनसि निश्चित्य यदि पादाभ्या
दृढं स्पृशति तर्हि पादच्छेदः स्यात् तदभावे गर्ते पतिष्यति इति सः “विह्वलित
भविष्यामि” इति स्वयं उपरमते । एव मुमुक्षु अपि मोक्षप्राप्तिहेतुभूत
अन्तःकरण पापात् गोपायितुं इच्छेत् । प्रकटपापस्य लोकनिन्दाफलत्वात् गुप्त-
पापस्य गर्तेपातहेतुत्वाच्च उभयमपि त्यक्त्वा स धर्मपरायणः स्यादित्यर्थः ॥

संपुष्पितस्य of a well flowered वृक्षस्य relating to a tree गन्ध
fragrance यथा in which manner दूरात् from a distance वाति is
wafted by the wind एवम् similarly पुण्यस्य of meritorious कर्मण.
of acts laid down in the scriptures गन्ध fragrance, renown
दूरात् to a great distance, to heaven वाति is conveyed यथा वा
even as कर्ते (गर्ते) in a pit अवहिताम् laid cross-wise असिधाराम्
the cuttings edge of a sword युवे I tread with my feet युवे I
tread with my feet (इति thus) यद् if अवक्रामे I walk हं verily

कर्तम् (गर्तम्) the pit पतिष्यामि I will fall इति thus विह्वयिष्यामि I will be perturbed एवम् in the same way अमृतात् from the motive of attaining immortality आत्मानम् oneself जुगुप्सेन् one should guard (from open and hidden acts of sin)

1 Just in the same manner as the fragrance of a tree in full blossom is wafted by the wind from a distant place, the fragrance of meritorious deeds—the good name that accrues from them—spreads to a great distance (as far as heaven) There is again this illustration. The cutting edge of a sword is laid across a pit ‘I am placing my feet on it, I am treading over it. So saying if I walk over it, I will be perturbed by the thought of hurt or fall into the pit.’ In the same manner a man who is exposed to open and hidden sins must seek to guard himself from either in order that he may attain Immortality

[This passage commends the merits accruing from the performance of ordained duties as indirect means of getting illumination, and censures forbidden acts as a direct bar to it The vivid and poetic imagery contained in this passage is arresting Good deeds are their own recommendations. They cannot be hidden, for they will declare themselves in spite of the humility accompanying their performance, just as strong fragrance reaches distant places because of its very nature It is the purānic belief that a man remains in heaven as long as the good deeds done by him on the earth are not forgotten by the people around This analogy is used by Buddha in

the *Dhammapada* in a significant way in the Puppavagga "The perfume of flowers cannot travel against the wind, be it the scent of sandal, tagara or jasmine, but the sweet odour of a good man travels even against the wind, the righteous pervade every place with their fragrance, those who lead the excellent life ascend to the God's, as the highest" The second analogy stresses the need for entertaining the sense of sin, for, sin is to be shunned by all means. One who accepts virtue has to set his face against vice. Wrong deeds are to be abjured for two reasons. They bring public odium if they are committed openly and fearlessly. Attempts to conceal sinful acts will be as hazardous as walking on the sharp edge of a sword. Even if one succeeds in thriving on hidden wickedness his fall is as certain as that of the acrobat who slips from the edge of the sword and falls into the pit. The good path of dharma alone is the royal road for the seeker of liberation. There are certain variations in the reading which do not seriously affect the meaning. The form *vihvalisyāmi* appears as *vihvayisyāmi*, and *vihvadisyāmi* is merely a phonetic variation, *yuve* appearing as *huve* is also explained by substitution of *h* for *y*. The root *yu* means mingling or joining, and in this context the joining of the insole with the blade. The reading *kartam vā patisyāmi* is preferable to the printed one as it emphasises the alternative effects—either cutting the feet or falling into the pit. There is also a reading *amīd ātmānam jugupset* in which case the ablative is in seat—one should save oneself from unrighteousness and sin.]

द्वादशोऽनुवाक

SECTION TWELVE

अणोरणीयान् महतो महीयानात्मा गुहायां निहितोऽस्य
जन्तोः ।
तमक्रतुं पश्यति वीतशोको धातुः प्रसादान्महिमानमीशम्
॥१॥

आकाशादिमुक्षमपदार्थेभ्य अपि अणुतर महत्परिमाणात् पृथिव्यादेरपि स्थूलतर सच्चिदानन्दरस परमेश्वर आत्मभूत मन् अस्य शरीरिण अनुग्रहाय सवृते हृदयाकाशे बुद्धौ नित्यमन्निहितं तिष्ठति । अक्रतु अर्थात् प्रपञ्चकालुप्य-ग्रहित अथवा भोग्येषु समीचीनत्वमङ्गल्यग्रहित, महिमान अतिशयेन महान्त त ईश परमेश्वर तस्यैव धातु जगद्धिधातु प्रसादान् अनुग्रहात् य अधिकारी पुरूप पश्यति वेत्ति स वीतशोक भवति । तस्मात् सा परा देवता प्रसीदतु । ता वय प्राप्नुयाम इति मुमुक्षोरुपामकस्य प्रार्थना ॥

अणो than the minute अणीयान् more minute महत्. than the great महीयान् greater आत्मा the Infinite Self अस्य of this (born on the earth) जन्तो of the beings गुहायाम् in the concealed place, heart, intellect निहित set (य he who) अक्रतुम् without desire (based on values) महिमानम् supremely great तम् him ईशम् the Supreme Lord धातु of the creator प्रसादात् through grace पश्यति sees, realises (स he) वीतशोक freed from sorrow (भवति becomes)

1. The Infinite Self more minute than the minute and greater than the great is set in the heart of the beings here. Through the grace of the Creator one realises Him who is free from desires

based on values, who is supremely great and who is the highest ruler and master of all, and becomes free from sorrows

[This section purports to impart divine wisdom to a person who has attained the necessary purity required for it by the practice of righteousness extolled in the previous section. Bhattabhāskara says that this section and the following one describe the nature of Paramātman and His worship (Paramātmopavānana and Mahāpuruṣārādhana). This stanza is found with slight variation in *Kaṭha Up* II 20 and an exact duplicate of it is at *Śvetāśvatara Up* IV 20. The Supreme is subtler than ether and the minutest atom, for then only He can be present in everything whatever that exists. Being thus all-pervasive He encompasses and transcends the sum total of the universe. The statement that the Supreme resides in the heart of creatures does not imply a local habitation. Then it would be tantamount to saying that the whole is confined in the part. Therefore the limitation to the heart-lotus or the intellect means only the possibility of intuiting or communing with the Supreme in and through buddhi. The word *akīrtam* in the text qualifying the Supreme is interpreted as free from desires based on personal valuations. The Supreme is directly present as the innermost witness in everything. His knowledge is not, therefore, derived through the internal organ which according to its constitution evaluates sensations and conceptions as agreeable and disagreeable, worthy and unworthy, acceptable and rejectable. Being thus unconditioned, the Supreme is unlimited. While the *Kaṭha* passage emphasises the necessity of personal effort for the realisation of the Supreme—namely, for effecting *dhātuprasāda* or the purification of internal and external

organs—the variant text here is meant to stress that divine grace is the *sine qua non* of self-illumination and freedom from sorrow. A familiar verse often on the lips of advaitic teachers runs thus ईश्वरानुग्रहादेव पुमामद्वैतवासना । महाभयकृतत्राणा द्वित्राणा यदि जायते ॥—*Avadhūtagītā* quoted in *Cnsukhī*]

सप्त प्राणा प्रभवन्ति तस्मात् सप्तार्चिषः समिधः सप्त
जिह्वाः ।
सप्त इमे लोका येषु चरन्ति प्राणा गुहाशयानिहिताः
सप्त सप्त ॥

सप्तसंख्याका प्राणा तेषां सप्तशीप्य स्वस्वविषयप्रकाशनशक्तयः ते गृह्यमाणत्वेन सप्त संख्याका विषयरूपा सामिधः सप्तजिह्वा इमे भूरादयः सप्त लोका—येषु लोकेषु देवमनुष्यादिशरीरवर्तिनः प्राणा चरन्ति—सर्वेऽप्येते तस्मात् परमात्मनः प्रभवन्ति । सप्त ऋषयः सप्त छन्दसि सप्त स्वरा इत्यादि सप्तसंख्यावच्छिन्ना अन्येऽपि गुहाशयात् परमेश्वरगतं उत्पन्नाः, तत्र तत्र स्थापिताः च ॥

सप्त प्राणा the seven prānas सप्त अर्चिषः the seven flames समिधः fuels सप्त जिह्वा the seven tongues इमे these सप्त seven लोका worlds येषु wherein प्राणा life-breaths चरन्ति move (एते these सर्वे all) तस्मात् from Him प्रभवन्ति originate सप्त सप्त seven and seven गुहाशयात् from the dweller in the secret place (of the heart) (उत्पन्ना are originated) निहिता set (च and)

2. From Him originate the seven prānas, the seven flames, their fuel, the seven tongues and the seven worlds in which the life-breaths move.

(Further other things that are) sevenfold also come forth from Him, who dwells in the secret place of the heart and are set (in their respective places)

[This mantrā sets forth the creative power of the Divine Being who was presented as the object of worship in the immediately preceding one. It occurs also in *Mundaka* II 1 8 where *jihvā* is substituted by *homa*. Bhattabhāskara interprets the verse as giving an account of God's creation of the senses, the seven planets, the seven sacrificial fires, their seven flames, and the seven worlds together with other sevenfold entities. According to Śrī Śankara and Sāyana, the seven prānas are two eyes, two ears, two nostrils and mouth, the seven flames are the enlightenments produced by their activity, the external objects which stimulate their actions are their fuel, the seven tongues are Kālī etc. described at *Mundaka* 1 2 4 and the seven worlds are Bhūh to Satya. The word *guhāśayāt* here is taken as the source of all sevenfold items, namely the Supreme dwelling in the heart. In the *Mundaka* this word occurs in the nominative plural and not in the ablative singular; and so there it qualifies the prāna-s which mingle in the heart during sleep. There again the seven and seven refer to the items described in the previous line as placed in each living creature by God. The purpose there is to show that all activities, their means and results with which a sacrificer is connected proceed from God. Here God is described as the creative cause of the universe for the purpose of meditation. The *Taittirīyasamhitā* IV 6, 5 has the following mantra on the pattern of which the present one is constructed for a philosophic purpose —

सप्त ते अग्ने समिधः सप्त जिह्वाः सप्तर्षयः सप्त वाम प्रियाणि ।
सप्त होत्रा सप्तधा त्वा यजन्ति सप्त योनीरापृणस्वाधृतेन ॥]

अतः समुद्रा गिरयश्च सर्वेऽस्मात्स्यन्दन्ते सिन्धवः सर्वरूपाः ।
 अतश्च विश्वा ओषधयो रसाश्च येनैष भूतस्तिष्ठत्यन्तरात्मा
 ॥३॥

अत परमात्मन सर्वे समुद्रा. सर्वे गिरयश्च प्रभवन्ति । गगाद्या बहुरूपा सिन्धव अर्थात् नद्य अस्मादेव स्यन्दन्ते स्रवन्ति । अत अस्मात् पुरुषात् एव त्रीहियवाद्या. विश्वा सर्वा. ओषधय मधुराम्लादिरमाश्च प्रभवन्ति । येन रसेन अर्थात् ओषधीना साराशेन भूत सबद्ध एष अहंप्रत्ययेन गम्यमान अन्तरात्मा सूक्ष्मशरीरी जीव स्थूलदेहे तिष्ठति ॥

अतः from Him सर्वे all समुद्रा. seas गिरय. mountains च and (प्रभवन्ति arise) अस्मात् from Him सर्वरूपा of every kind सिन्धव. rivers स्यन्दन्ते flow अत from Him च and विश्वा all ओषधय herbs रसा. essences च too (प्रभवन्ति arise) येन by which भूत formed, connected एष this अन्तरात्मा individual soul तिष्ठति dwells

3. From Him arise all the seas and mountains. From Him flow rivers of all kinds and from Him all herbs and essences come forth; united with the essence of the herbs the individual Soul seated in the subtle body dwells in creatures.

[This stanza is found also at *Mundaka* II. 1. 9 with slight alteration—*sarvā* for *viśvā*, *rasāḥ* for *rasāḥ* and *bhūtāḥ* for *bhūtāḥ* The singular *rasa* agrees with the singular *yena* which follows The *Mundaka* reading *bhūtāḥ* gives better sense as the word stands for the five elements, whereas here the singular has been interpreted as *sambaddha*, or connected, which sense is not usual Bhattabhāskara takes the word *sindhu* as denoting water of all kinds as found in wells, tanks and rivers He interprets also the fourth line *yena bhūtāḥ antarātmā* as by

whom the jīvātman is produced as the enjoyer in the body Compare with this समैवाजोजीवलोके जीवभूत सनातन in the *Gītā* The purpose of this whole stanza cited here again is to point out the necessity of knowing and worshipping the Supreme who is the only source of the universe]

**ब्रह्मा देवानां पदवीः कवीनामृषिर्विप्राणां महिषो मृगाणाम् ।
श्येनो गृध्राणां स्वधितिर्वनानां सोमः पवित्रमत्येतिरेभन् ।
॥४॥**

स एव परमेश्वर इन्द्रादिदेवानां मध्ये उत्कृष्ट सन् ब्रह्मरूपेण नियामक भूत्वा वर्तते । तथा कवीनां मध्ये पदवी शब्दसामर्थ्याभिज्ञः अथवा पदवाक्य-प्रमाणज्ञ, मेधाविना मध्ये ऋषिः अतीन्द्रियवस्तुद्रष्टा, मृगाणां मध्ये शक्यादि-क्यात् महिषः, गृध्राणां पक्षिणां मध्ये शसनीय पक्षिराजः, वनानां अर्थात् हिंसकानां मध्ये स्वधितिः अर्थात् छेदनपरशुः, विविधयागानां मध्ये सोमश्च भूत्वा रेभन् अर्थात् मन्त्रशब्दैः स्तूयमानः सन् स परमेश्वरः पवित्रवस्तुसमूहः सर्वं अतीत्य वर्तते ॥

देवानाम् among gods ब्रह्मा the four-faced Brahmā कवीनाम् among composers पदवी master of right words विप्राणाम् among intelligent people ऋषिः the seer मृगाणाम् among animals महिषः buffalo गृध्राणाम् among birds श्येनः the kite वनानाम् among tools of destruction स्वधितिः the cutting axe सोमः the soma रेभन् sounding पवित्रम् what is pure अत्येति transcends

4. The Supreme having become the four-faced Brahmā among gods, the master of right words among the composers, the seer among the intelligent people, the buffalo among animals, the

kite among the birds, the cutting axe among the destructive tools and soma among the sacrificers, transcends all purifying agencies accompanied by the sound (of holy chant)

[This mantra is quoted from the *Taittirīyasamhitā* III 4 11 where Sāyana interprets it in a different way. We find in this stanza, as interpreted now, the adumbration of the *vibhūtiyoga* of the *Gītā*, where individual instances of certain classes are mentioned as special abodes or symbols of the Supreme Being. By practising special reverence for them a person learns values according to their excellence. Sāyana here interprets *vanam* as forest, *soma* as that ingredient of *yāga* and *pavitram* as purifying agency. But in the *saṃhitā* context, according to him, *vana* is employed to denote a destructive tool, *pavitra* the *ūrṇāstuka* (i.e. straining wool) and *soma* the pressed soma juice. In that context the mantra is a praise of soma. But here it is interpreted to convey this sense, namely, that the Supreme Being who created the insentient world as described above became the leading principle in every group of objects.]

अजामेकां लोहितशुक्लकृष्णां ब्रह्मीं प्रजां जनयन्तीः
 सरूपाम् ।
 अजो ह्येको जुषमाणोऽनुशेते जहात्येनां भुक्तभोगाम-
 जोऽन्यः ॥५॥

लोहितशुक्लकृष्णा रजस्सत्वतमोगुणात्मिक जगत्सृष्टेः मूलकारणभूता
 अत एव अजा जन्मरहिता सुखदुःखमोहान्विताः बहुविधा गुणत्रयात्मकत्वेन
 सरूपा प्रजा जनयती एका मयां एक अज जीव प्रीतिपूर्वक सेवमानः

अनुशते तदनुसारेण वर्तते । अन्यः अजः विरक्तजीवः भुक्तभोगां एनां परित्यजति ॥

लोहितशुक्लकृष्णाम् having red, white and black colours (suggesting Sattva, Rajas and Tamas) सरूपाम् alike बह्वीम् many प्रजाम् creature जनयन्तीम् producing अजाम् unborn एकाम् the one Female (the causal substance of the universe, Prakṛti or Māyā) एकः one अजः unborn (jīva) जुषमानः taking delight अनुशते lies, remains attached. अन्यः other अजः unborn (jīva) हि verily भुक्तभोगाम् having had his delight एनाम् her जहाति leaves.

5. There is one unborn Female (Māyā, the uncaused substance of the universe) red, white and black (representing Sattva, Rajas and Tamas) producing manifold offspring of the same nature. There is one unborn (in the generic sense some jīvas who are attached) who lies by her taking delight in her; there is another unborn (in the generic sense those who are not attached) who leaves her after having enjoyed her.

[This stanza aims to teach the doctrine of bondage and liberation based on the principle of Māyā accepted by Vedānta for the explanation of the creation of the universe according to the advaitic system of it. Avidyā, Māyā and Prakṛti are taken to be synonyms. Prakṛti is the uncaused cause of the remaining categories posited to explain the stages of universal evolution. Therefore it is one and unborn. The term Prakṛti being grammatically feminine in gender *ajā* represents the unborn Female giving birth to the rest of creation. Red,

white and black represent either Tejas, Ap and Annam taught in *Chāndogya* VI 4 1 or the three gunas Sattva, Rajas and Tamas. The manifold offspring produced by Prakṛti is described as having the same nature because the gunas of Prakṛti extend to every part of its effects. In the second half of the stanza two types of individual souls, āsakta and virakta (passionate and dispassionate), are described—the former enjoy pleasures under the bondage of Māyā and the latter are averse to the pleasures and so are liberated from the thralldom to Māyā. The word *bhuktabhoga* implies that the latter have done with enjoyments supplied by Māyā and so they are no more enslaved by her. The word *prajām* in the first half and *aja* in the second half of this stanza are to be taken as generic plurals. *prajā* actually appears in the plural form in *Svetāśvatara* IV 5 where also this verse occurs.]

हंसः शुचिषट्सुरन्तरिक्षसद्धोता वेदिषदतिथिदुरोणसत् ।
 नृषद्वरसद्वत्सद्वचोमसदब्जा गोजा ऋतजा अद्रिजा ऋतं बृहत्
 ॥६॥

शुचौ शुद्धे ज्योतिर्मये दिवि सीदति इति शुचिषत् द्युस्थान., हन्ति सर्वदा गच्छतीति हस आदित्य, अन्तरिक्षे सीदति इत्यन्तरिक्षसत् मध्यस्थान, सर्वान् वासयतीति वसु वायु मूत्रात्मा, वेद्या पृथिव्या गार्हपत्यादिरूपेण अवस्थित होता अग्नि, दुरोणेषु गृहेषु पाकादिसाधनत्वेन स्थित. अतिथि लौकिकाग्नि, नृपु मनुष्येषु जीवचैतन्यरूपेण सीदतीति नृषत् चैतन्यात्मज्योति, वरेषु देवेषु अथवा वरणीये मण्डले सीदतीति वरसत्, ऋत सत्य यज्ञो वा तस्मिन् सीदतीति ऋतसन् अग्नि, व्योम्नि आकाशे सीदतीति व्योमसत् वायुः अप्सु उदकेषु वैद्युतरूपेण बडवाग्निरूपेण वा जायत इति अब्जा, गोषु रश्मिषु जायत इति गोजा, ऋतेन जात अर्थात् सर्वे दृश्यत्वेन जात. ऋतजा, अद्रौ

उदयाचले जात अद्रिजा, एवभूत महानुभाव आदित्य बृहत् सर्वाधिष्ठान
ऋत अबाध्यसत्यरूप ब्रह्मैव ॥

शुचिषत् abiding in clear sky हस the sun अन्तरिक्षसत् abiding
in the atmosphere वसु Vasu, the air that moves in the mid-
region वेदिषत् dwelling in the sacrificial altar, earth होता fire
दुरोणसत् dwelling in the home (as the domestic fire) अतिथि
guest नृषत् seated in men वरसत् seated in gods ऋतसत् dwell-
ing in the night, in the sacrifice (as fire) व्योमसत् dwelling in
the sky अब्जा born in water (as badavā or submarine heat)
गोजा born in the rays (of the sun) ऋतजा born nightly
(visible for all) अद्रिजा born on the mountain बृहत् the great,
basis of all ऋतम् the Supreme Truth

6. That which is the sun who abides in the clear sky, is the Vasu (the air that moves) in the mid-region, is the fire that dwells in the sacrificial altar and in the domestic hearth as the guest, is the fire that shines in men and in the gods, as the Soul, is the fire that is consecrated in the sacrifice, is dwelling in the sky as air, is born in water as submarine heat, is born in the rays of the sun, is the fire that is directly seen as the luminary, and is born on the mountain as the rising sun—that is the Supreme Truth, the Reality underlying all.

[This stanza in jagatī metre is the well-known Hamsa-
mantra describing the Supreme Reality as it appears to the
sage who has been illuminated. Its original place is in the
Rgveda IV 40 5. It is found in the *Vājasaneyīsamhitā* X 24,

XII 14, the *Īttuīyasamhitā* III 2 10 1, IV 2 1, etc and the *Kathopanśad* V 2. In the context of the *samhitā*, Sāyana interprets the mantra as describing the transcendent greatness of the sun, fire, etc according to the contexts. Śrī Śaṅkarācārya points out in his commentary on this verse in the *Kathopanśad* that it can be congruously explained as referring to the Supreme Brahman in as much as the sun also is accepted as the form of the Supreme. In fact, we find in the *samhitās* themselves the identity of the Divine Person in the orb of the sun, the Self dwelling in man and the Supreme Reality that is the background of the manifold universe. The same Reality is designated and described as Indra, Mitra, Varuṇa, Agni, Prajāpati and the rest. Here also the omnific nature of that one Reality is evident. The essence of the Hamsamantra is contained in the formula *yo'ham so'sau* which establishes the identity of the Self in man and the Deity in the sun. Although in the common usage the word *hamsa* denotes a swan, in religious literature it stands for the Self, finite as well as Infinite, because of their uniqueness and unity. According to the interpretation accepted here, the Sun is called *hamsa* because he moves everywhere; his abode is heaven, he is the animating power of air in the mid-region. As the necessary ingredient of a sacrifice in the shape of fire, he dwells in the sacrificial altar and also in the civil fire to be tended like an honoured guest, as Vaiśvānara he dwells in men and gods. While gods like Indra are invisible the sun is directly visible to all. He rises in the eastern mountain. His presence is known by the rays and by the submarine heat of water. All these attributes of the sun represent symbolically Brahman and in this context it is asserted that Brahman is the one source and substratum of all that has been described by the mantra. Therefore in the light of śāṅkarabhāṣya and Sāyana's

commentary the term *Vasu* denotes the Sūtiātman holding the universe, *atithi* the soma juice stored in the pot (*duona*) or the brāhmana guest entertained at home, *abjā* the shark, conch, mother of pearl and the like produced in water, *gojā* the corn produced on the earth or milk milked from the cow, and *adryā* the trees and rivers originating from the mountain. According to Śankarācārya the ending phrase informs us that each item described above is but an appearance of that unsublatable Reality which is the final cause—*Itam Brhat*. The man who rejects the illusory world described in the immediately preceding stanza realizes the truth described in this one.]

यस्माज्जाता न परा नैव किञ्च-

नास य आविवेश भुवनानि विश्वा ।

प्रजापतिः प्रजया संविदान-

स्त्रीणि ज्योतीषि सचते स षोडशी ॥६६॥

जाता सृष्ट्यादौ उन्पन्ना प्रजा यस्मात् परमात्मन । परा भिन्ना न भवति । सृष्टे पूर्व ब्रह्मव्यतिरिक्त किञ्चन नैव आस । य प्रजापति सर्वाणि भुवनानि अर्थात् भुवनवर्तीनि शरीराणि जीवरूपेण आविवेश, स स्वस्माद्दुत्पन्नया प्रजया संविदान. तादात्म्य लभमान वर्तते । पुनश्च स परमेश्वर अग्न्यादित्यचन्द्ररूपाणि त्रीणि ज्योतीषि सचते समवैति । स च परमेश्वर. षोडशकलायुक्त, अत शोडशीत्युच्यते ॥

जाता what is born यस्मात् from whom परा other, different न (भवति is) not न एव not at all किञ्चन whatsoever आस did exist (before creation other than Brahman) य who विश्वा (विश्वानि) all भुवनानि worlds, beings dwelling in it आविवेश entered (स he) प्रजापति lord of creatures प्रजया with the

creatures born सविदान establishing the relation of identity (वर्तते remains) त्रीणि three ज्योतीषि lights सचते serves, identifies itself with स he षोडशी possessor of sixteen parts

6 (A) The beings born from Prajāpati are not separate from Him. Before their birth nothing whatsoever existed other than Him, who entered all the creatures of the world as their in-most Self Prajāpati has identified Himself with the creatures. He imparts the three luminaries, fire, sun and moon, lustre by identifying Himself with them. He is endowed with sixteen parts.

[In the previous stanza it was asserted that the manifold universe is the Supreme Reality designated as *Rtam Bihat*. The common man who witnesses created beings only cannot accept this as a matter of experience. This passage, therefore, reasserts the Vedic idea that the manifold sensible universe is in reality non-different from the Supreme, though it appears not so to the uninitiated observer. This passage occurs in the *Taittirīyabrāhmaṇa* III 7 9 with the first eight words reading as यस्मान्नाजात परो अन्यो अस्ति which is grammatically perfect. Bhattabhāskara explains that Prajāpati is the Divine Providence who creates all beings, who supplies them with the ten senses, and the five elements constituting their bodies and minds, and the three luminous worlds in which they dwell, and who supports them as the indwelling Spirit. According to Sāyana, the sixteen parts or kalās are prāna, śradhā, five elements, indriya, mind, food, vīrya (virility), tapas, mantra, sacrifice, the worlds, and the names, given in the *Praśnopamsad* VI 4. He interprets the *Taittirīyabrāhmaṇa* passage just

referred to taking *sodaśī* as the name of the soma cup This passage and the coming one in gāyatrī metre are entered up here from the shorter version as they are missing in the longer one which I have followed as the basis for the text here]

विधर्तारं हवामहे वसोः कुविद्वृणाति नः ।
सवितारं नृचक्षसम् ॥६॥

प्रजानां विविध धारयितारं सवितृरूपेण जगत् अनुगृह्णान् नृणां शुभाशुभकर्मणा साक्षिरूपेण द्रष्टारं परमात्मानं स्तुत्या आह्वयाम । स च अस्मभ्यं वरिष्ठं बहु धनं ददातु ॥

अथवा वसो ब्रह्मज्ञानरूपस्य धनस्य विधर्तारं विशेषेण सपादयितारं सवितारं अस्मद्बुद्धिप्रेरयितारं नृचक्षसं नराणां आचार्यरूपेण दर्शनदातारं अथवा तत्त्वविद्याप्रवक्तारं परमेश्वरं अस्मादनुग्रहार्थं आह्वयाम । स च परमेश्वरं अस्माकं प्रार्थितं कुर्वित् अर्थात् प्रभूतं वनाति ददाति ॥

विधर्तारम् the manifold sustainer नृचक्षसम् witness of men सवितारम् Savitr, the impeller or creator हवामहे we invoke न. for us वसो of excellent wealth कुर्वित् plenty वनाति may he give.

6 (B) We invoke the creator of the universe who sustains the creation in many ways and who witnesses the thoughts and deeds of men. May He grant us plenty of excellent wealth.

[This gāyatrī stanza is also reproduced from the samhitā The translation is based on Bhattabhāskara Sāyana informs us that this is a prayer made by the aspirant who wishes Supreme illumination So according to him *vasu* means the riches of divine knowledge and *vidhartr* is the grantor of it

Savitā impels our intellect towards that knowledge To harmonise with this interpretation he takes *caksas*, the terminal word, in the root-sense i.e. revealer or expounder. The five gāyatrī stanzas which follow this one in the shorter version will appear in one of the succeeding sections of the longer version. So they are not incorporated here.]

**घृतं मिमिक्षिरे घृतमस्य योनिर्घृते श्रितो घृतं वस्य धाम ।
अनुष्वधमावह मादयस्व स्वाहाकृतं वृषभ वक्षि हव्यम् ॥७॥**

पूर्वे यजमाना होमीयाग्नौ घृत मिमिक्षिरे सिञ्चन्ति स्म । अस्य अग्ने तत् घृत योनि कारणम् । अयमग्नि घृतप्रियत्वात् घृते अवस्थित । घृतमेव अस्य विश्रामस्थान अथवा तेजोहेतु । एवभूत हे अग्ने अनुष्वध अम्मदीय हवीरूप अन्न अनुसृत्य आत्मान देवान् च अस्मिन् यागे आनय । मादयस्व च अर्थात् हृष्टान् कुरु । हे वृषभ स्वाहाकृत स्वाहाकारेण अम्माभि दन् हव्य वक्षि देवान् प्रापय ॥

घृतम् water, clarified butter मिमिक्षिरे they poured, घृतम् clarified butter अस्य his योनि source, घृते in clarified butter श्रित he who has the support, घृतम् clarified butter उ alone अम्य his वाम place, luminant (हे अग्ने O Fire) अनुष्वधम् with every offering of oblation (देवान् Gods) आवह bring here मादयस्व delight हे वृषभ O thou excellent one स्वाहाकृतम् what has been offered with the utterance of *svāhā* हव्यम् oblation वक्षि convey

7. The sacrificers poured clarified butter into the consecrated Fire. Clarified butter is the place of origin of this one and in clarified butter is his support. Indeed clarified butter is his luminant

and residence. O Fire, with every offering of oblation bring here the gods and delight them. O thou excellent one, convey to gods the offerings we have made with *svāhā*.

[This hymn to Fire is cited from the *Rgveda* II 3 11 here to propitiate the sacrificial Fire, so that through sacrificial acts one may attain to conditions suitable for spiritual illumination Bhattabhāskara takes this to be a verse lauding the Supreme as the Fire and reads *mumikse* for *mumiksre* which reading would give the meaning, he creates water In the *samhitā*-s Agni is described as *devānām devah* and *amrtānām prathamah* and so all the other gods are propitiated through Him He is the carrier and mouth of the offerings made to all gods]

समुद्राद्भूमिर्मधुमाः उदारद्रुपाः शुना सममृतत्वमानद् ।
घृतस्य नाम गुह्यं यदस्ति जिह्वा देवानाममृतस्य नाभिः

॥८॥

समुद्रात् सर्वप्रपञ्चस्य उत्स्यन्दनस्थानात् परमात्मन ऊर्मिसदृश प्रपञ्च मधुमान् भोग्यत्वेन माधुर्ययुक्त उदारत् उदगच्छत् । घृत स्वप्रकाश यत् अस्ति तस्य प्रणवरूप नाम सर्वेषु वेदेषु गुह्यं भवति । तस्य ध्यानकाले उपाशुना उच्चार्यमाणेन अमृतत्व सम् आनद् सप्राप्नोति । तच्च प्रणवाख्य नाम देवाना जिह्वा जिह्वाया सर्वदा वर्तते इति यावत् । किञ्च तत् प्रणवरूप अमृतस्य मोक्षस्य नाभि नहन आश्रयस्थानम् ॥

समुद्रात् from the vast fount of creation ऊर्मि wavelike (universe) मधुमान् delightful to creatures उदारत् arose यत् that which घृतस्य of the Self-luminous Supreme नाम name

तत् that गुह्यम् hidden, (तस्य of that) उपाशुना by slow repetition
 अमृतत्वम् immortality सम् आनद् one attains, (तत् that) देवानाम्
 of the contemplative sages जिह्वा tongue, अमृतस्य of undying
 bliss नाभि centre of support

8. From the Supreme Fount, vast as the ocean, arose the universe in the shape of waves yielding enjoyment to created beings. The name designating the self-luminous Reality and consisting of the syllable Om is hidden in the Vedas. By contemplating on the Supreme along with the slow repetition of that name one attains to Immortality. This designation of the Supreme is on the lips of contemplative sages and it is the central support of undying bliss

[This also is a stanza quoted from *Rgveda* IV. 58. 1 in order to support the view that the syllable Om is the means of attaining release from the cycle of birth and death. To fit into the context the translation has been made explanatory in the light of Sāyana's words, though it may appear somewhat far-fetched. Bhattabhāskara explains it closer to the possible original meaning which it may have in the *samhitā* context.]

वयं नाम प्रब्रवामा घृतेनास्मिन् यज्ञे धारयामा नमोभिः ।

उप ब्रह्मा शृणवच्छस्यमानं चतुःशृङ्गोऽवमीदगौर एतत्

॥९॥

ज्ञानार्थिन वय अस्मिन् ज्ञानयज्ञे घृतेन दीप्तेन स्वप्रकाशचैतन्यरूपेण
 निमित्तभूतेन प्रणवरूप ब्रह्मण अभिधान सर्वदा ध्यायन्त प्रब्रवाम । ततश्च

नमस्कारै युक्ता वय तत् ब्रह्मतत्त्व चित्ते धारयाम । अस्माभि शस्यमान
स्तूयमान पार्व्वर्तिभि उपाश्रुण्वत् एतत् ब्रह्मतत्त्व चतु श्रृङ्ग अकारोकार-
म-॥१॥१॥१॥१॥१॥ गौर निष्कामै उच्चार्यमाणत्वान् निर्मल
ऋषभ प्रणवरूप अवमीत् प्रनिपादयामाम ॥

वयम् we अस्मिन् in this यज्ञे in the sacrifice (of contempla-
tion) घृतेन (having) the self-luminous (as the cause) नाम the
designation Om प्रन्नवामा (प्रन्नवाम) may we always repeat
नामोभि along with salutations धारयामा (धारयाम) may we
hold in mind चतु श्रृङ्ग four-horned गौर white (ऋषभ bull)
शस्यमानम् being lauded उपाश्रुण्वत् within the hearing of
(other lovers of truth) एतत् this ब्रह्म Brahman अवमीत् revealed,
expressed

9 May we always repeat in our contempla-
tive sacrifices the designation Om which has for
its cause the Self-luminous Reality and may we
also hold Him in our hearts with salutations The
four-horned white Bull has expressed this Supreme
Brahman praised by us in the hearing of co-
seekers.

[Here is another citation from the *R̥gveda* IV 58 2
designated to express the glory of Pranava according to
Sāyana on whom the above explanatoiy rendering is also
based The root *ghn* has the meaning of trickling and shining
Based on the latter sense Sāyana interprets *ghrta* as the Self-
luminous Reality and the *nāma* as Pranava expressing It
according to the Upanisads The context here has been
declared as that of higher knowledge (*vidyāprakarana*) and
yajña is taken as Jñānayajña or Ātmayāga The four-horned

white Bull represents the syllable Om described as *chandasūm ṛsabhaḥ viśvaiṣṭpāḥ* in the beginning of *Taittirīyopaniṣad*. The four horns are the four sound elements in the Pranava. Whiteness is argued to be the result of its being repeated by holy men free from all worldly desires. Bhattabhāskara explains the mantra in the sacrificial sense as a praise of water and thereby an indirect glorification of Paramātman who has created water. The term *ghṛta*, that which has trickled, denotes water. Brahmā then is the lord of speech and the four-horned one is the sacrifice which like a white animal is purifying.]

**चत्वारिंशद्गणत्रयोऽस्य पादा द्वेशीर्षे सप्त हस्तासोऽस्य ।
त्रिधा बद्धो वृषभो रोरवीति महो देवो मर्त्यांश्चाविवेश**

॥१०॥

प्रणवस्य अकारोकारमकारनादरूपाणि चत्वारिंशद्गणानि सन्ति । प्रणवरूपस्य अस्य ब्रह्मणः विश्वतैजसप्राजरूपा त्रय पादा इव प्राप्तिसाधनानि भवन्ति । अस्य शीर्षस्थानीये चिदचिद्रूपे द्वे शक्ती स्तः । पुनश्च अस्य हस्तस्थानीयाः सप्तलोकानि सन्ति । एव त्रिप्रकारेण अकारोकारमकारेषु विश्वतैजसप्राजेषु विराट्हरिण्यगर्भान्याकृतेषु च सबद्ध प्रणवरूपी वृषभ मह तेजोरूप ब्रह्मतत्त्व रोरवीति, अतिशयेन प्रतिपादयति । अर्थात् चैतन्यात्मस्वरूपो देव मर्वप्राणि-देहान् प्रविश्य सत्तास्फूर्तिदानेन सर्वान् धारयति ॥

अस्य belonging to him चत्वारिंशद्गणानि (चत्वारिंशद्गणानि) horns, त्रय three पादा feet, द्वे two शीर्षे heads अस्य belonging to him सप्त seven हस्तास (हस्ता) hands त्रिधा in a threefold manner बद्ध connected वृषभ the Bull मह Self-luminous Supreme Reality रोरवीति cries out, eloquently declares—देव the Supreme मर्त्यान् mortals आविवेश entered.

10. The syllable Om conceived as the Bull possesses four horns, three feet and two heads. He has seven hands. This Bull connected in a threefold manner, eloquently declares the Supreme. The Self-luminous Deity has entered the mortals everywhere.

[This is the well-known allegoric stanza of the *Rgveda* IV 58 3 variously interpreted in different contexts Patañjali in his *Great Commentary* on Pāṇini explains it as representing the various flexions of speech, Bhattachāskara takes it as a eulogistic representation of the sacrifice with auxiliaries, and Sāyana here interprets it as the syllable Om already metaphorized as a bull The word *vr̥ṣabha* conventionally means a bull and etymologically that which rains (plenty) The meditation on Pranava is stated to confer on the aspirant spiritual riches The *vr̥ṣabha*, or Pranava, has four horns as indicated in the previous note Om is also the Reality expressed by it, and that Reality is reached through the three feet or steps, namely, the waking, sleeping and dreaming of the individual soul, and also the universe, and the soul embodied in the universe and its unevolved cause The higher and lower aspects of Prakṛti, taught in the *Gītā* chapter VII, are considered as His two heads The seven worlds are fancied to be His hands Being the ground of all that exists this *vr̥ṣabha* is connected with the threefold aspects of subjective and objective universe mentioned just now The *ersabha* or bull bellows loudly Here the Pranava declares the Supreme Reality eloquently This declaration here implies the presence of Paramātman in all creatures and His sustaining of them According to Bhattachāskara the four horns are the four adjutants of the sacrifice, Adhvaryu, Hotṛ, Brahman, and

Udgātr, the three feet are Gārhapatya, Āhavanīya, and Anvāhāyapacana; the heads are the institutor of the sacrifice and his wife or the Prāyanīya and Udayanīya, the seven metres headed by gāyatrī are the seven hands. The body of the sacrifice is bound in a threefold manner by three savana-s or ceremonies connected with the extraction of soma. The Yajña grants desired objects. So it is *visabha*. The noise produced by the bull compares to the chant of the three Vedas at the sacrifice. The Lord Himself entered human beings through the sacrifices in which He is worshipped.]

त्रिधा हितं पणिभिर्गुह्यमानं गवि देवासो घृतमन्वविन्दन् ।
इन्द्र एकसूर्य एकं जजान वेनादेकस्वधया निष्टतक्षुः

॥११॥

देवास सात्त्विका माधका. त्रिधा विश्वतैजसप्राज्ञरूपेण विराट्हिरण्य-
गर्भव्याकृतरूपेण च पिण्डाण्डब्रह्माण्डयो निहित पणिभि स्तोतृभि अर्थात्
उपदेश्चुभि आचार्य गोप्यमान घृत स्वप्रकाश ब्रह्मतत्त्व गवि तत्त्वमस्यादि-
रूपाया वाचि अन्वविन्दन् अनुक्रमेण प्राप्तवन्त । इन्द्र विराट्पुरुषः एक
जाग्रदुपलब्ध जजान उत्पादितवान् । हिरण्यगर्भरूपी सूर्य तैजस एक स्वप्नरूप
जजान निर्वतितवान् । वेनात् दु खराहित्येन कमनीयात् अव्याकृतात् एक
सुषुप्त निष्पन्नम् । स्वधया स्वप्रतिष्ठितमहिमरूपया चिदा जाग्रत्स्वप्नसुषुप्ति-
रूपा निष्टतक्षु निर्मिता ॥

देवास. (देवा) god-like sages त्रिधा in a threefold way हितम्
laid (in the three stages of experience and the three aspects
of evolution) पणिभि by teachers who recite the glory of the
Supreme गुह्यमानम् concealed (as the Supreme secret घृतम् the
Self-luminous Reality गवि in speech अन्वविन्दन् attained in

order इन्द्र the lord (residing in the waking soul and the perceived universe) एकम् one (waking experience) जजान created सूर्य the sun (Hiranyagarbha) एकम् one (experience of dream) (जजान created) वेनात् from the attractive one (i. e. unevolved cause in which there is no sorrow and hence attractive) एकम् one (state of sleep) (निष्पन्नम् was produced) स्वधया by the self-supporting (Self) निष्पत्तक्षु were shaped (the three categories mentioned)

11. God-like sages attained in the order (of their spiritual practices) the Self-luminous Reality laid in the three states of consciousness and secretly held by the teachers who praise it by chants in the Vedic speech (the great formulas such as 'Thou art That'). Indra or Virāṭ, the regent of the visible universe and the waking consciousness created one, the visible world. Sūrya representing Tajjasa and Hiranyagarbha created one, namely, the world of dream, and from Vena came the remaining one, the dreamless sleep. By the self-supporting Paramātman all these threefold categories were fashioned.

[This is yet another samhitā mantra (*Rgveda* IV 58 4) reproduced here and interpreted as a description of Om and the Reality denoted by it. As I have done above in order to comport with the context, following Sāyana, I have given here also only an explanatory rendering. The word *pani* is etymologized by Sāyana as panegyriser based on the meaning of 'praise' attached to the root *pan*. Thus *pani* is

taken to be an ācārya who recites the glory of the Supreme for the benefit of his disciples. *Vena* is taken to be the *Avyākṛta* as there is no sorrow in it. All these allegorizations may be a distortion of an earlier text to yield a later meaning. Since, however, the context in which a stanza is found is fundamentally important for the religious interpretation, the commentary has been taken as the only guide in fixing the meaning here and wherever the same situation had to be confronted. [Bhattachāskara interprets the stanza as a creationistic passage.]

यो देवानां प्रथमं पुरस्ताद्-

विश्वाधिको रुद्रो महर्षिः ।

हिरण्यगर्भं पश्यत् जायमानम्

स नो देवः शुभयास्मृत्या संयुक्तु ॥१२॥

य विश्वाधिकः विश्वस्य कारणत्वेन तस्मादधिक अथवा विश्व अधिकारि-
वर्ग अतिक्रम्य स्थित रुद्रः वेदप्रतिपाद्य अथवा अन्तकाले मर्त्यस्य रोदयिता
ऋषीणा अतीन्द्रियद्रष्टृणा मध्ये महत्वात् महर्षि सर्वज्ञ अथवा मर्त्यसाधन-
दृष्टित्वात् महादृष्टि, यश्च अग्नीन्द्रादिदेवानां प्रथम आदिभूतं हिरण्यगर्भं
सूत्रात्मानं पुरस्तात् अग्न्यादिदेवतानां उत्पत्ते पूर्वमेव जायमानं पश्यन् साक्षात्
करोति अथवा अविग्न अभिमुखतया वीक्षते । स. देव. तादृश परमेश्वर
अस्मान् ससारनिवर्तकत्वेन शोभनया ब्रह्मतत्त्वानुस्मृत्या सयुक्तान् करोतु ॥

यः he who विश्वाधिक. superior to all रुद्र Rudra, revealed
in the Vedas महर्षि the Supreme Seer (य he who) देवानाम्
among gods प्रथमम् first हिरण्यगर्भम् Hiranyagarbha पुरस्तात्
before (other gods) जायमानम् who is being born पश्यत् (पश्यति)

sees स such देव. the Lord न us शुभया beneficial स्मृत्या with remembrance सयुनक्तु may join.

12. May He, the Lord, join us with beneficial remembrance—He who is superior to all, who has been revealed in the Vedas, who is the Supreme Seer and who sees Hiranyagarbha who is the first among the gods and who is born before all the rest.

[From the indication in the stanza it is accepted that this is one of those mantras prescribed as a prayer for the attainment of illumination through the grace of Parameśvara. Hiranyagarbha represents the sum total of jīvas residing in all the bodies, hence He is also called Sūtiātman or the Self that pervades creation as a thread. The Supreme Divine functions as Hiranyagarbha for setting in motion the entire creation, and hence the latter is the first-born and the Lord of all other gods. The present participle *jāyamānam* implies that the Supreme is ever face to face with the individual jīva represented by Hiranyagarbha viewed as a totality. The word *Rudra* is explained variously—revealed in the Vedas, giver of knowledge, causer of cry of sorrow at dissolution—by etymologizing as *ru* plus *dra* or *rud* plus *a*. The epithet *rsi* is given to one who directly sees the Truth or who sees more than what others see, and so *maharsi* here is the all-seeing God. The whole stanza occurs also in *Śvetāśvataropanisad* III 4 and IV 12 with some verbal variation. Here also *viśvadhīyo* occurs in the longer version in the place of *viśvādhīko* found in the shorter one. I have retained in the text the latter reading for metrical euphony and clarity of meaning. Bhatta-bhāskara explains that the remembrance meant here is the

knowledge of God attained through His grace. According to Sāyana the beneficial remembrance consists in the unbroken thought of the Supreme Reality]

यस्मात्परं नापरमस्ति किञ्चित्
 यस्मान्नाणीयो न ज्यायोऽस्ति कश्चित् ।
 वृक्ष इव स्तब्धो दिवि तिष्ठत्येक-
 स्तेनेदं पूर्णं पुरुषेण सर्वम् ॥१३॥

यस्मान् वह्यतत्त्वात् पर उक्कृष्ट अपर अन्यत् किञ्चित् नास्ति । यस्मात् अणीय अल्पतर अपि वस्तु नास्ति । कश्चित् महत्तर अपि नास्ति । यच्च एक परमात्मा वृक्ष इव निश्चल सन् द्योतनात्मनि स्वे महिम्नि तिष्ठति । तेन पुरुषेण व्यापकेन इदं सर्वं पूर्णं नैरन्तर्येण व्याप्तम् ॥

यस्मात् than whom परम् higher अपरम् different किञ्चित् anything न अस्ति there is not यस्मान् than whom अणीय more minute न not कश्चित् anyone ज्याय greater, older न अस्ति there is not (य he who) एक. alone वृक्ष इव like a tree स्तब्ध established दिवि in heaven, in his own glory तिष्ठति stands तेन by that पुरुषेण by the Person इदम् this सर्वम् all पूर्णम् filled

13 Other than whom there is nothing higher, nothing minuter, nothing greater, by that Purusa—the One who stands still like a tree established in heaven—all this is filled

[The object of unbroken remembrance stated in the previous stanza is now further described here. The Paramātmā is all that exists even as the visible universe. The simile of the tree here is perhaps akin to that of the eternal banian

with roots in heaven described at *Katha* VI 1 At *Taittirīya-brāhmana* II 8 9 we get the following two stanzas which throw light on the *vrkṣa* mentioned here किं स्वित् वन क उ स वृक्ष आसीत् यतो द्यावापृथिवी निष्टतक्षु । मनीषिणो मनसा पृच्छतेदु तत् यदध्यतिष्ठत् भुवनानि धारयन् ॥ ब्रह्म वन ब्रह्म स वृक्ष आसीत् यतो द्यावापृथिवी निष्टतक्षु । मनीषिणो मनसा विब्रवीमि व ब्रह्माध्यतिष्ठत् भुवनानि धारयन् ॥ Was it a forest? What was the tree from which the world was fashioned? O wise men, think out an answer for this and verify it by ascertaining from your preceptor Further, ask what is the cause which sustains all the world within itself? This is the reply of the teacher Brahman is the forest, Brahman is the tree out of which heaven and earth were fashioned, for all efficiency needed is in Brahman O wise ones, I, the teacher, have arrived at this conclusion and tell you so That Brahman stands above all other causes, holding the whole universe in Itself—Bhattachāskara gives the etymology of *vrkṣa* as वृत्वा क्षमा सीदति इति वृक्ष, implying the immanent aspect of God, and interprets *divi tisthati* in the words द्योतनशीले परमात्मनि अपृथग्भावेन तिष्ठति । Thus he implies that the same Supreme Divinity is non-different in the transcendent and immanent aspects Sāyana interprets *divi* as the self-supporting glory of *Paramātman* This mantra is found in the same form at *Śvetāśvatara* III 9]

न कर्मणा न प्रजया धनेन त्यागेनैके अमृतत्वमानुशुः ।
परेण नाकं निहितं गुहायां विभ्राजते यद्यतयो विशन्ति

॥१४॥

अग्निहोत्रादिसत्रान्तेन कर्मणा अमृतत्व पुमास न अश्नुवते, तथा पुत्र-पौत्रादिक्रिया प्रजया अपि अमृतत्व न अश्नुवते; पात्रेभ्यो दत्तेन बहुविधफल-साधनेन धनेनापि अमृतत्व न अश्नुवते । पर तु उक्ताना सर्वेषा लौकिक-

वदिकव्यापाराणा त्यागेन एके अर्थान् केचित् एव अन्तर्मुखा अमृतत्व आनगु प्राप्नुवन्ति—यत् अमृतत्व इन्द्रियनियमनशीला यतय विशन्ति । नत् नाक परेण स्वर्गस्यापि उपरि स्थित अपि स्वकीयगुडिगुहाया निहित मत् विशेषेण अन्तर्मुखाना दीप्यते ॥

कर्मणा by work न not, प्रजया by progeny न not, वनेन by wealth (given as gift) (न not), एके some त्यागेन by giving up (all these) अमृतत्वम् immortality आनगु attained यत् That which यतय hermits विशन्ति attain (तत् that) नाकम् heaven परेण above निहितम् placed गुहायाम् in the ether of the heart विभ्राजते shines

14 Not by work, not by progeny, not by wealth, they have attained Immortality. Some have attained Immortality by renunciation That which the hermits attain is laid beyond the heaven; yet it shines brilliantly in the (purified) heart

[This is one of the widely quoted stanzas of this Upaniṣad interpreted by Bhattabhāskara and Sāyana in two distinct ways. According to both these commentators, it lays down the means for the attainment of the Supreme Being whose attributes, power and grace were described in the previous stanzas. Both of them agree that immortality resulting from the knowledge of the Supreme is attained only by some who have undergone the necessary discipline. The passage, however, does not imply that work, progeny and gift of wealth are condemned as futility. To think so would be discarding the evidence of the Vedas. The purpose of the passage here is to stress the supreme importance of renunciation for the attainment of divine knowledge, which is the goal of the

twofold religious path named *pravṛtti* and *nivṛtti*. Bhaṭṭa-
 bhāskara considers that *tyāga* here means *phalatyāga* or the
 surrender of the fruits of religious acts and of deeds of charity.
 The regular duties meant to secure absolution from the three-
 fold debt to ancestors, gods and Rsis cannot be neglected.
 The Supreme Being is realised in the highest heaven as well
 as in one's own heart. He is attained by those who study the
 Vedas, understand their import, perform duties laid down by
 them, habitually control the senses and continuously practise
 divine contemplation. They surrender the fruits of their
 actions to the Most High, consequently they are not bound
 by the actions they do. Sāyana thinks that this passage
 teaches total renunciation associated with sannyāsa which is
 necessary for the attainment of Immortality. Small devotions
 like Agnihotra, extended sacrificial sessions designated Sattra
 and ordinary work of common service, however helpful these
 might be in generating the desire to know the Supreme, they
 cannot by themselves give Immortality. The knowledge of
 Paramātman and freedom come to one only by renouncing
 other interests and concentrating oneself on that ideal. There
 is a reading *bibhrājadetad* in the place of *bibhrājate yad*
 adopted here in the printed text. The pronoun in the first
 case emphasizes the realisation of the Infinite Self in one's
 own Self and that in the second stresses the identity of the
 Self in oneself with the Divine in the highest heaven. The
 reading *tyāgenaikēnāmṛtatvam* has no documentary basis, *eke*
 implies only the rareness of the mature type of aspirants who
 have the necessary preparation for Immortality. This stanza
 and the succeeding one are found also at *Kaivalyopaniṣad* 1
 2 4]

वेदान्तविज्ञानविनिश्चितार्थाः सन्यासयोगाद्यतयः शुद्धसत्त्वाः
ते ब्रह्मलोके तु परान्तकाले परामृता(त्)ः परिमुच्यन्ति
सर्वे ॥१५॥

वेदान्तजनितविज्ञानेन उपनिषदुत्पन्नसमारनिवर्तकपरमात्मज्ञानेन अभि-
धानत तात्पर्यतश्च निश्चितजीवब्रह्मस्यबोधा मन्यासेन सर्वकर्मपरित्याग-
लक्षणेन केवलब्रह्मनिर्गन्तव्येण अथवा कर्मफलानि ईश्वरे समर्प्य प्रमाण-
विपर्ययविकल्पनिद्रास्मृतिरूपाणा पञ्चाना चित्तवृत्तीना निरोधेन प्राणयोग
शुद्धसत्त्वा अर्थात् विषयभोगव्यावृत्तचित्ता नियमनशीला अत एव यतय ये
मुमुक्षव ते सर्वे परामृता सन्त अर्थात् परम असरणधर्मक ब्रह्म आत्मत्वेन
साक्षात्कुर्वन्त जीवन्त एव ब्रह्मभूता सन्त समाराधमानसमये ब्रह्मलोके
ब्रह्मणि देवान्तरप्राणि विना परिमुच्यन्ति प्रदीपनिर्वाणवन् मन्त्रघटाकाशवन् च
निवृत्ति उपयान्ति ॥

वेदान्तविज्ञानविनिश्चितार्था those who have rigorously arrived
at the conclusion taught by Vedānta through direct know-
ledge सन्यासयोगात् through renunciation (taught by the word
tyāga in the preceding stanza) and by the practice of the
discipline of yoga शुद्धसत्त्वा whose minds have been purified
ते सर्वे they all यतय aspirants striving for self-control परामृता
having attained the immortality consisting of identity with
the Supreme परान्तकाले तु at the time of final departure
ब्रह्मलोके in the region of Brahman परिमुच्यन्ति dissolve them-
selves, get themselves liberated

15 Having attained the Immortality con-
sisting of identity with the Supreme, all those
aspirants who strive for self-control, who have
rigorously arrived at the conclusion taught by the

Vedānta through direct knowledge, and who have attained purity of mind through the practice of the discipline of yoga and steadfastness in the knowledge of Brahman preceded by renunciation, get themselves released into the region of Brahman at the dissolution of their final body

[This stanza is commented on by Śrī Śankarācārya at *Mundaka* III. 2. 6 adopting the reading *Brahmalokesu* for *Brahmaloke tu* and *Paiāmrtāḥ paiumucyanti* for *Paiāmrtāḥ paiumucyanti*. The explanation and rendering given above follow his authority. According to Śrī Śankarācārya, the goal of Vedānta is *Paiāmṛtavyānāna* or Self-realisation. The central theme of this verse is that this knowledge is attained through inner purity gained by taking to *samyāsa* and *yoga*. *Sannyāsa* implies renouncing worldly and religious work and preferring to remain forever steadfastly in the consciousness of Brahman. This is also *yoga*. Those who perpetually strive to keep this spiritual state are called *yati*-s. The last moment of life is called *antakāla*, end-time. Souls fated to rebirth confront *antakāla* repeatedly, but the soul that is illumined by the wisdom of Vedānta takes his last birth, and consequently he meets with his *parāntakāla*, final end-time. The same author explains *brahmalokesu* in the plural distributively from the view-point of many liberated souls who all merge into one Brahman. The word *paiāmrtāḥ* denotes the attainment of Immortality while one is living on the earth, and the verb *paiumucyanti* implies the merging of the individual Self then and there, at the time of death, into the Supreme Self without leaving a trace of separate individuality—just as the birds flying across the sky do not leave any footprint there or the fish moving in water leave no trail of a path.

With the attainment of illumination the aspirant becomes *parāṃṣṭa* and at the fall of the body he becomes *parimukta*, no more to be born again. Sāyana following *Sāṅkaiabhlūṣya* in spirit finds no difficulty in explaining the plural *Brahmalokesu* by accepting the reading *Brahmaloke tu* printed in our text. He says that though jñāna is the sole cause of liberation sannyāsa is necessary along with it. Yoga is taken by him in the Pātañjala sense, and he stresses its necessity for the purity of mind which mainly consists in turning oneself away from objects that stimulate one's desires. Jñāna dispels ignorance by revealing the Truth, but tyāga and yoga are necessary to engender the undistracted and pure state of mind in which alone knowledge could shine unintermittently. *Brahmaloka* here does not imply any locality, but Brahman itself. The reading *parāṃṣṭāt* is justified by him in the following way. *Parāṃṣṭa* stands for *Aryākṛta* from which ignorant people are not liberated even at the time of their final dissolution, while those who have Brahman-knowledge are liberated from it at the fall of their body. According to Bhattabhāskara, sannyāsa implies dedication of the fruits of actions to God and yoga the practice of samādhi. He points out also that *sarve* includes all āśrama-s and castes.]

दहं विपापं वरवेश्मभूतं यत् पुण्डरीकं पुरमध्यसंस्थम् ।
 तत्रापि दह्ने गगनं विशोकं तस्मिन् यदन्तस्तदुपासितव्यम्
 ॥१६॥

दह्ण अल्पप्रमाणं विपापं पापरहितं शुद्धं वरस्य श्रेष्ठस्य परमात्मनः
 उपलब्धिस्थानत्वेन उपासनास्थानत्वेन च गृहरूपं पुरमध्यसंस्थं नगरमध्यस्थि-
 तराजभवनस्थानीयं यत् पुण्डरीकं हृदयकमलं अस्ति तत्र तस्मिन्नपि पुण्डरीके

दह्ने अल्पप्रदेशे अन्त अन्तर्भागे विशोक शोकरहित गगन आकाशवदमूर्तं यत्
ब्रह्मतत्त्व अस्ति तत् उपासितव्यं ध्यातव्यं श्रेयोर्थिभिः ॥

दह्णम् small विपापम् sinless, पुरं वरवेङ्गमभूतम् the residence
of the Supreme पुरमध्यसस्थम् situated in the centre of the
citadel (of the human body) यत् that which पुण्डरीकम् the lotus
(of the heart) तत्र in it अपि further तस्मिन् in that दह्णे small
space (of the heart) अन्त inside विशोकम् sorrowless यत् which
गगनम् ether (अस्ति there is) तत् that उपासितव्यम् must be
meditated upon

16. In the citadel of the body there is the small sinless and pure lotus of the heart which is the residence of the Supreme. Further in the interior of this small area there is the sorrowless Ether. That is to be meditated upon continually

[This stanza gives the object and place for the unbroken meditation of the Supreme Divine. The Hindus worship God objectively in Nature or in the symbols artistically conceived for the purpose of adoration, as shown by the authority of the scriptures. Greater importance, however, is often attached to the subjective worship of the Divine which chiefly consists in His contemplation within one's own heart. To make this idea clear the analogy of the capital of a king, familiar to the Indian populace, is worked out in some of the Upanisadic passages. See *Chāndogya* VIII 1. The body is named as *Brahmapuram* analogous to the capital of a king. There is the royal mansion in the city to which the lotus of the heart is compared. The king resides in the mansion and he must be sought there by supplicants. This passage describes that although Parabrahman is infinite, He can be accosted in the

ether of the heart through unbroken meditation. The heart is the mansion of the Supreme. Because the heart is the place for meditating upon the Supreme it is qualified as sinless and pure. When a king is propitiated through proper service in his own residence he would reveal himself and all his glory to his devoted servants. So also when the Supreme is approached through contemplation within oneself one realises the true nature of one's own being. The Paramātman residing in the heart is here referred to as *viśoka*, sorrowless, and an aspirant who enters into his own heart by the continuous contemplation of the Supreme also becomes sorrowless. The text adopted above is that of the shorter version accepted by Sāyana. The *variae lectiones* in the longer version have not much merit. *varaveśmabhūtam* here is presented as *parameśmabhūtam* there and the anonymous commentator declares that *meśma* is a Vedic form of *veśma*¹. In the second line *dahīe* is replaced by *dahīam* without any special advantage. Where Sāyana reads *varaveśma* Bhattabhāskara reads *para-veśma*, the home of the Supreme. The word *pundarīka* is analysed by Bhattabhāskara thus पुण्ड्रा दरी पुण्डरी, ना कार्यानि शब्दयति इति that is to say a holy inner apartment called by the name *pundarīka*. For further elucidation of worship in the heart see *Brahmasūtras* 1.3.14-21.]

यो वेदादौ स्वरः प्रोक्तो वेदान्ते¹ च प्रतिष्ठितः ।

तस्य प्रकृतिं लीनस्य यः परः स महेश्वरः ॥१७॥

वेदोपक्रमे यः प्रणवरूप स्वर प्रोक्त अस्ति स एव वेदान्ते 'ओमित्ये-
तदक्षरमिद सर्व' इत्याद्युपनिषत्सु च प्रतिष्ठित प्रतिपादितो भवति । स
प्रणव ध्यानकाले जगत्कारणभूताया अव्याकृतप्रकृतौ लीनो भवति । तस्य

प्रकृतिलीनस्य प्रणवस्य च पर चतुर्थमात्रारूपेण नादाख्ये अशे ध्यानव्य यश्च सर्वोत्कृष्टः अस्ति स एव महेश्वर ॥

य that स्वर sound वेदादौ at the commencement of (the recital of) the Vedas प्रोक्त uttered वेदान्ते in the Upanisad च and प्रतिष्ठित firmly established प्रकृतिलीनस्य dissolved in the causal matter तस्य his पर beyond य who स he महेश्वर the Supreme Lord

17. He is the Supreme Lord who transcends the syllable Om which is uttered at the commencement of the recital of the Vedas, which is well established in the Upanisads and which is dissolved in the primal cause during contemplation

[This mantra describes the Reality mentioned in the previous stanza as the sorrowless ether in the heart. The pranava is the symbol and the representation of the Supreme and so the source and substance of the Vedas and the Upanisads. The aspirant is advised to meditate on the three elements of pranava a, u and m representing Virāt, Hiranyagarbha and Āvyākṛta (material, mental and causal aspects of the universe). By this meditation the grosser principle is refunded to its subtle cause, so Virāt is dissolved in Hiranyagarbha and Hiranyagarbha in Prakṛti. Beyond Prakṛti, the causal principle, is the Supreme corresponding to the nāda or the intangible reverberation which continues for ever when the three syllables of the pranava are uttered in succession and their physical sound has subsided. The term *mahेशvara* containing the element *mahān* indicates the idea of the highest worship—points out Bhaṭṭabhāskara. It is not meant for distinguishing Him from *alpeśvara*. About the origin of

pranava and the four Vedas from it see *Bhāgavata* XII 6
37-44]

त्रयोदशोऽनुवाकः

SECTION THIRTEEN

सहस्रशीर्षं देवं विश्वाक्षं विश्वशम्भुवम् ।

विश्वं नारायणं देवमक्षरं परमं प्रभु(पद)म् ॥१॥

विश्वतः परमं नित्यं विश्वं नारायणं हृरिम् ।

विश्वमेवेदं पुरुषस्तद्विश्वमुपजीवति ॥२॥

पतिं विश्वस्यात्मेश्वरं शाश्वतं शिवमच्युतम् ।

नारायणं महाज्ञेयं विश्वात्मानं परायणम् ॥३॥

इदं विश्वं पुरुष एव, तत् तस्मात्, सहस्रशीर्षं बहुशिरस्क, विश्वाक्षं सर्वप्रजासवन्धिभि इन्द्रियैः अक्षिकार्यवन्त, विश्वशम्भुव विश्वप्रपञ्चस्य सुखस्य हेतु अथवा सुखस्य भावयितार, विश्व विश्वत्वेन स्थित जगदात्मक, नारायण नाराणा समूहस्य स्वामित्वेन अथवा उपादानत्वेन पञ्चभूतात्मना स्थित, देव अग्नीन्द्रमित्रवरुणादिदेवरूपेण अवस्थित, अक्षरं सर्वदा क्षरणहीन अथवा सर्वव्यापक, परम सर्वोत्कृष्ट, प्रभु सर्वप्रपञ्चनियमनभरणसमर्थ, विश्वत जगत परम प्रकृष्ट, नित्यं विनाशरहित, विश्वं सर्वात्मक, नारायण नराणा गन्तव्य, हृरि पापाजानयोः हर्तार, विश्वस्य जगत पालकत्वात् पति, आत्मेश्वर आत्माणा जीवाणा नियामक, शाश्वतं निरन्तर वर्तमान अथवा ध्रुव, शिव परममङ्गल अथवा शान्तोपद्रव, अच्युत क्षतिरहित, नारायण सृष्टाना प्रजाना मध्ये अनुप्रविश्य स्थितत्वात् नरा एव आश्रयो यस्य त, महाज्ञेय प्रौढतमत्वात् जगदुपादानभूतत्वात् अपवर्गहेतुत्वाद्वा ज्ञेयेषु प्रणस्यतम, विश्वात्मानं विश्व-

शरीर अथवा जगदुपादानभूत, परायण प्रकृष्ट गन्तव्यरूप, त देव इदं विश्व उपजीवति, अथवा तादृश विश्वोपजीव्य देव ध्यायत् ॥

इदम् this विश्वम् universe पुरुष the Divine Person एव alone, truly तत् therefore सहस्रशीर्षम् many-headed विश्वाक्षम् many-eyed विश्वगम्भुवम् the producer of joy for the universe विश्वम् existing in the form of the universe नारायणम् the master and cause of humanity देवम् existing as various gods अक्षरम् imperishable, all pervasive परमम् all-surpassing प्रभुम् ruler and saviour of all विश्वत than the world परमम् higher, superior नित्यम् endless विश्वम् omniform नारायणम् he who is the goal of humanity हरिम् destroyer of sin and ignorance विश्वस्य of the universe पतिम् protector आत्मेश्वरम् ruler of individual souls शाश्वतम् permanent शिवम् supremely auspicious अच्युतम् unchanging नारायणम् he who has man as the support, being the indwelling spirit महाज्ञेयम् supremely worthy of being known विश्वात्मानम् embodied in the universe, causal substance of the universe परायणम् supreme goal देवम् the self-effulgent Divinity विश्वम् universe उपजीवति subsists

1-3 This universe is truly the Divine Person only. Therefore it subsists on Him—the self-effulgent Divine Being—who has many heads and many eyes, who is the producer of joy for the universe, who exists in the form of the universe, who is the master and the cause of humanity, whose forms are the various gods, who is imperishable, who is the all-surpassing ruler and saviour, who is superior to the world, who is endless and omniform, who

is the goal of humanity, who is the destroyer of sin and ignorance, who is the protector of the universe and the ruler of individual souls, who is permanent, supremely auspicious and unchanging, who has embodied Himself in man as his support (being the indwelling Spirit), who is supremely worthy of being known by the creatures, who is embodied in the universe and who is the supreme goal.

[This anuvāka, according to Bhattabhāskara, describes the attributes of the Supreme, but according to Sāyana it lays down the nature as well as the quality of the Divine who is to be worshipped in the heart as pointed out in the penultimate verse of the previous Section. Based on these two ancient commentators I have given an explanatory rendering of the epithets and names like Nāīyana and Hari. In the *Rgvedasamhitā* the Divine Reality is described as Agni. A large number of hymns ascribe also to Agnidevatā divine attributes and functions. The Agnirahasya in the *Śatapatha-brāhmaṇa* and Agnicayana in the *Taittirīyabrāhmaṇa* teach meditations on Agni in one's own Self as the Purusa. Such meditations, when performed by an aspirant without desire for any self-regarding result, lead him to liberation. From the Brāhmaṇa texts it is evident that the Fire which is embodied in the universe is the Purusa worshipped in the Agnicayana. अग्निरेव महत् एकाक्षर ब्रह्म is the declaration of *Śatapatha*. The rite of Agnicayana is meant for Purusaā-dhanā. The *Rgveda* in the famous *Purusasūkta* foreshadows the central teachings of the Upanisads by announcing Purusa as the cause of the universe and the means of attaining libera-

tion. The various gods described in many hymns merge into the Purusa, who in the *Yajurveda* is mentioned as the Prajāpati. Finally He is comprehended under terms like Ekam Sat, Purusa, Pāna, Ātman, and Brahman. The whole universe is conceived on the analogy of a human organism and then the unity of all existence as Ātman is emphasized. The conception of Purusa, Brahman and Ātman finally becomes identical. *Chāndogyaopaniṣad* VIII 12 3 describes the *uttamapurusa* described in the *Gītā* as *Purusottama*. The Uttaranārāyana in the *Vājasaneyīsamhitā* and this anuvāka are in a way supplementary to the Purusasūkta of the *Rgveda*. This anuvāka is used in daily worship of the Divine Person by those who follow the scriptural mode of divine service. In the place of *prabhum* ending the first stanza the longer version reads *padam* which means the goal.]

नारायणः परं ब्रह्म तत्त्वं नारायणः परः ।

नारायणः परो ज्योतिरात्मा नारायणः परः ॥४॥

[नारायणः परो ध्याता ध्यानं नारायणः परः ।]

नारायणशब्देन व्यवहियमाणः परमेस्वर एव पर ब्रह्मतत्त्वम् । अतः नारायणः परः सर्वोत्कृष्ट एवात्मा नान्य मूर्तिविशेषः । तथा नारायण उपनिषदुक्तप्रत्यगभिन्नः परः ज्योतिः ! तस्मात् नारायणः परः आत्मा परमात्मा । [नारायणः परः सर्वोत्कृष्टः ध्याता वेदान्ताधिकारी । स एव ध्यानम् । स च परः सर्वश्रेष्ठः ॥]

नारायणः Nārāyana परम् the supreme ब्रह्मतत्त्वम् Reality designated as Brahman. नारायणः Nārāyana परः the highest (Self). नारायणः Nārāyana परः the supreme ज्योतिः light (described in Upaniṣads) नारायणः Nārāyana परः infinite आत्मा

Self [नारायण Nārāyaṇa पर most excellent ध्याना meditator, ध्यानम् meditation नारायण Nārāyaṇa पर Supreme]

4. Nārāyaṇa is the Supreme Reality designated as Brahman Nārāyaṇa is the highest (Self). Nārāyaṇa is the supreme Light (described in the Upanisads) Nārāyaṇa is the infinite Self. [Nārāyaṇa is the most excellent meditator and meditation.]

[In this whole anuvāka we have accepted the reading supported by Sāyana and minor variations of wording are not noted Bhaṭṭabhāskara's interpretation is openly viśiṣṭādvaitic while that of Sāyana is non-dualistic The difference of reading in some places appear to depend on this The former takes *Nārāyaṇaparāṃ* and *Nārāyaṇapara* as single words and interprets *Brahmā* as the dependent *vibhūti* of Nārāyaṇa and *Jyotītmā* as the finite Self that is dependent on God as a pot is on clay While Sāyana takes the two terms *Brahma* and *tattvam* together, Bhaṭṭabhāskara considers them separate and states that the categories of the universe are meant by *tattvam* According to Bhaṭṭabhāskara, Paramātman is identified with Nārāyaṇa who is the substantial cause of the universe, nature and souls But according to Sāyana, Nārāyaṇa is Paramātman described as Brahman and not a personality The verse added in brackets is not vouched for by both these commentators It emphasizes the advaitic idea of the transcendent unity of meditator, meditation and the Reality meditated upon The anonymous commentator makes out from the last *Nārāyaṇaḥ paraḥ* the opposition of Nārāyaṇa to sinners, relying upon the meaning enemy for the word *para*.]

यच्च किञ्चिज्जगत्यस्मिन् दृश्यते^१ श्रूयतेऽपि वा ।

अन्तर्बहिश्च तत्सर्वं व्याप्य नारायणः स्थितः ॥५॥

अस्मिन् वर्तमाने जगति यत्किञ्चित् अपि पदार्थजान् प्रत्यक्ष दृश्यते अपि च दूरवर्तित्वात् श्रूयते वा तत् सर्वं सुवर्णमिव कटकमुकुटादिकं अन्तर्बहि च व्याप्य नारायणः स्थित अवस्थित ॥

अस्मिन् in this जगति world यत् किञ्चित् whatsoever दृश्यते is perceived अपि च further श्रूयते known through report वा or तत् that सर्वम् all अन्तर् inside बहि outside च and व्याप्य pervading नारायण Nārāyana स्थित remains.

5 Whatsoever there is in this world known through perception (because of their proximity) or known through report (because of their distance), all that is pervaded by Nārāyana within and without

[Nārāyana is the substance of the universe just as gold is the substance of an ornament made of it, within and without According to Bhattabhāskara inside and outside refer to the internal organs and external objects]

अनन्तमव्ययं कविः समुद्रेऽन्तं विश्वशम्भुवम् ।

पद्मकोशप्रतीकाशः हृदयं चाप्यधोमुखम् ॥६॥

अनन्त अपरिच्छिन्नं अव्यय क्षयरहित कवि मेधाविन अथवा चिद्रूपेण सर्वज्ञं समुद्रे हृदयाकाशे स्थित अन्त समन्ताध्वसमाप्तिस्थान अथवा समुद्रेऽन्त ससारसमुद्रस्यावसानरूप विश्वशम्भुव देव विश्व उपजीवति, अथवा ईदृश नारायणस्वरूप उपासीत । तस्य उपासनास्थानम्—पद्मकोशप्रतीकाश पद्ममु-

कुलमङ्कश अथवा कमलकोशमध्यच्छिद्रसदृश हृदयम् । इदं चापि स्थान
अधोमुखं भवति न तु लौकिकपद्मवत् ऊर्ध्वमुखम् । बाह्यव्यवहारसमये
आवाङ्मुखं तन्निवृत्तौ ऊर्ध्वमुखं विकसतीत्यर्थः ॥

अनन्तम् limitless अव्ययम् changeless कविम् all-knowing
समुद्रेऽन्तम् dwelling in the heart, the end of all striving, the end
of the sea of samsāra विश्वशुभवम् the cause of the happiness
of the world—पद्मकोशप्रतीकाशम् like the bud of the lotus flower
हृदयम् heart अपि च also अधोमुखम् inverted.

6. One should meditate upon the Supreme—the limitless, unchanging, all-knowing, cause of the happiness of the world, dwelling in the sea of one's own heart, as the goal of all striving. The place for His meditation is the ether in the heart—the heart which is comparable to an inverted lotus bud.

[This stanza runs two ideas together with a grammatical gap which is filled in the translation. The first half describes once again the nature of the Supreme Divine Being on whom the world subsists and on whom one should meditate. The second half prescribes the place of meditation, namely, the heart already mentioned. As long as a man is engrossed in the sense-world seeking external pleasures his heart remains like an inverted lotus bud at night, which turns away from the light of the sun. But when he seeks the Divine Reality delightfully he turns away from the distracting objects of the world and he enters into the chamber of his own heart in communion. The lotus of his heart then becomes heliotropic to receive the light and life radiating from the Divine Sun.]

अधो' निष्टद्या वितस्त्यान्ते नाभ्यामुपरि तिष्ठति ।
हृदयं तद्विजानीयाद्विश्वस्यायतनं महत् ॥७॥

यत् एतत् हृदयाख्यमुपासनास्थान निष्टे अथवा निष्टद्याया ग्रीवा-
बन्धनस्याधस्तात् वितस्तिप्रमाणात् पर नाभे उपरि तिष्ठति तत् विश्वस्य
सर्वस्य जगत महदायतनमिति विजानीयात् । यत् हृदयपुण्डरीकर्त्तना
मनसा जगदिदं सर्वं स्वप्नवत् कल्पित, अथवा विश्वात्मन परमात्मन स्थान-
त्वात् तत् महदायतनम् ॥

(यत् that which) हृदयम् heart निष्टद्या of the Adam's
apple वितस्त्या of the measure of a finger span अन्ते end
नाभ्याम् (नाभ्या) of navel उपरि above तिष्ठति is stationed तत्
that विश्वस्य of the universe महत् great आयतनम् abode
विजानीयात् one should know.

7. It should be known that the heart which
is located just at the distance of a finger span
below the Adam's apple and above the navel is
the great abode of the universe.

[This stanza locates the heart in the body, just at the
distance of one's own finger span below the Adam's apple
denoted by the word *nisti* here Sāyana explains *nisti* as
grivābandha. Bhattabhāskara takes the word to be *mistyā*
and considers that the genitive case ending has been elided
according to Vedic usage The reading in the text above,
accepted by Sāyana, is justified by him on the ground of
savarnasandhi after eliding the visarga between *vitastyāh* and
ante In order to evade this procedure based on Vedic licence
Bhattabhāskara accepts the reading *vitastyām tu* instead The
heart is described as the great abode of the universe either
because Paramātman, the Soul of all, resides there or because

the mind which projects the whole universe dwells there. In the place of हृदय तद्विजानीयान् the longer version reads ज्वालमालाकुल भाती which means shining with a garland of flames]

सन्ततः सिराभिस्तु लम्बत्याकोशसन्निभम् ।

तस्यान्ते सुषिरः सूक्ष्मं तस्मिन्त्सर्वं प्रतिष्ठितम् ॥८॥

आकोशसन्निभ ईपत्कोशसदृश अथवा पद्ममुकुलसदृश हृदयकमल तु सिराभिः नाडीभिः समन्ताद्धृत अथवा परितः सम्यक् व्याप्त सत् अधो-मुखत्वेन प्रलंबते । तस्य अन्ते अर्थात् मध्ये सूक्ष्म स्वल्पप्रमाण सुषिर हृदयाकाशाख्य छिद्र विद्यते । तस्मिन् सुषिरे जीवान्त करणप्राणरूप पदार्थ-जात सर्वं प्रतिष्ठिति । अथवा हृदयसमीपे सुषुम्नारूप नाडीछिद्र तिष्ठति, तस्मिन् जगत् सर्वमाश्रित भवति, सर्वजगदाधारस्य परमात्मन सुषुम्नागते मनसि अभिव्यज्यमानत्वात् ॥

आकोशसन्निभ like a lotus bud तु indeed सिराभिः by arteries सन्ततम् surrounded लंबति (लम्बते) is suspended तस्य of it अन्ते in the middle सूक्ष्मम् narrow सुषिरम् space (विद्यते there is). तस्मिन् in it सर्वम् all प्रतिष्ठितम् supported.

8. Like the bud of a lotus, suspends in an inverted position, the heart, surrounded by arteries. In it there is a narrow space (or near it there is a narrow space called susumnā). In it everything is supported.

[Bhattabhāskara takes the narrow space in the heart to be the seat of everything. By everything he means the inner man consisting of the spirit, the mind and the faculties. Sāyana

takes *ante* in the sense of near and not inside as the former exegete does. He tells us that the narrow space is the *susumnā nādi*. According to him, when the mind enters into this space through the process of yoga, one intuits *Paramātman*, the source of all the universe. Hence the narrow space is spoken of as the support of all.]

तस्य मध्ये महानग्निर्विश्वार्चिर्विश्वतोमुखः ।

सोऽग्रभुग्विभजन्तिष्ठन्नाहारमजरः कविः ॥९॥

[तिर्यगूर्ध्वमधःशायी रश्मयस्तस्य सन्तता (:)]

सन्तापयति स्वं देहमापादतलमस्तकम् ।

तस्य मध्ये वह्निशिखा अणीयोर्ध्वा व्यवस्थिता ॥१०॥

नीलतोयदमध्यस्था विद्युल्लेखेव भास्वरा ।

नीवारशूकवत्तन्वी पीता भास्वत्यणूपमा ॥११॥

तस्य सुषुम्नानालस्य पद्मकोशसमानहृदयसुषिरस्य वा मध्ये विश्वार्चिर्विश्वतः प्रसरज्ज्वाल विश्वाकाशोदीर्णमुखसमान अथवा परिस्थितसर्वनाडीषु ज्वालारूपेण ससरणात् बहुविधमुख यः महानग्निः उज्ज्वलवैश्वानररूप अजरः भुक्तस्य जरयितापि स्वयमजीर्यमाणः अग्रभुक् पुरतः प्राप्तमन्न भुञ्जानः आहार विभजन् भुक्तमन्न सर्वावयवेषु प्रसारयन् अवस्थित कवि क्रान्तदर्शन अभिज्ञ सः [यस्मात् तस्य तिर्यगूर्ध्वमधःशायिनः अग्ने किरणा सन्तताः सर्वतो व्याप्ताः तस्मात्] स्वकीयमाश्रयभूत देह पादतलमारभ्य मस्तकपर्यन्त सन्तापयति उष्ण करोति । तस्य कृत्स्नदेहव्यापिन अग्ने मध्ये अणीयोर्ध्वा अणीयसामूर्ध्वभूता अत्यन्तसूक्ष्मा अत्यन्तसूक्ष्ममार्गयुक्तः वा नीलमेघमध्यस्थित-तडिद्रेखासदृशप्रभायुक्ता शालिलीजस्य दीर्घपुच्छमिव तनुप्रमाणा तप्तकाञ्चन-निभत्वात् पीतवर्णा भास्वती दीप्तियुक्ता अणूना तनूना सूक्ष्मवस्तूना वा

उपमा भवितु योग्या वह्निशिखा अर्थात् वह्निशिखासदृशो जीव व्यवस्थिता
विशेषेणावस्थित ॥

तस्य of that मध्ये in the middle विज्वाचिं. aflame on all
sides विश्वनोमुखं omnifaced (य that which) महान् great अग्नि.
fire अजर undecaying अन्नभुक् consuming what is presented
आहारम् food विभजन् assimilating to the body तिष्ठन् remaining
कवि all knowing स he [तस्य his तिर्यगूर्ध्वमध गायी (-यित्)
scattered vertically and horizontally रश्मयः rays सन्तता ()
continually spread] स्वम् own देहम् body आपादतलमस्तकम् from
the insole to the crown सन्तापयति warms तस्य of that (fire
pervading the whole body मध्ये in the middle अणीयोर्ध्वा the
topmost among the subtle नीलतोयदमध्यस्था set in the rain-
bearing cloud विद्युल्लोका flash of lightning इव like भास्वरा
dazzling नीवारशूकवत् like the awn of a paddy grain तन्वी
slender पीता of golden colour भास्वती brilliant अणूपमा a
comparison for what is subtle वह्निशिखा the tongue of fire
व्यवस्थिता abides

9-11. In the middle of that (narrow space of
the heart or susumnā) remains the undecaying,
all-knowing, omnifaced, great Fire, which has
flames on every side, which enjoys the food pre-
sented before it, which remains assimilating the
food consumed, (the rays of which spread scatter-
ing themselves vertically and horizontally,) and
which warms its own body from the insole to the
crown. In the centre of that Fire which permeates
the whole body, there abides a tongue of Fire, of

the colour of shining gold, which is the topmost among the subtle, which is dazzling like the flash of the lightning that appears in the middle of a rain-bearing cloud, which is as slender as the awn of a paddy grain; and which serves as a comparison to illustrate subtlety.

[These lines convey to us the following thoughts. Somatic heat is the sign of the presence of life. When the body loses all warmth, life has departed. A great Fire is thus at the root of life. Its place is within the narrow space of the heart or *susumnā*. This Fire or energy radiates through arteries and nerves like heat through conductive bodies. It also receives stimuli from outside through sensations and perceptions which act as its many mouths. Whatever is presented to this Fire is analysed, enjoyed and assimilated by it without itself being transformed or destroyed in the process. It can make use of knowledge from the distant past and project thoughts into the future. Thus the vital principle of the *jīva* described here in the simile of the Fire is responsible for all physical and mental activities ordinarily observed in the living and functioning man. Every part of the body is pervaded by the *jīva* like the rays of light radiating in all directions. One particular tongue of flame is specially mentioned as abiding in the centre of this great Fire which is the real principle of the *jīva* described here with a wealth of imagery. The brilliance of a lightning flash suddenly appearing in the background of a deep blue cloud, which acts as a foil to it, gives it a specially charming colouring. When this streak of light is as slender as the awn of a paddy grain, this Upanisad wants us to take it as the example of the central flame which represents the *jīva*. The *Śvetāśvatara upanīśad* V 9 also says

that the individual Soul is as subtle as a hair point divided and sub-divided hundred times. So also *ibid*, V 8 and *Mundaka* III 1 9 speak of its atomicity. Yet the *jīva* is potentially infinite. For further discussion of the matter see the *Brahmasūtras* II 3 19 to 32. The *jīva* is called *agrābhuk* because it is his nature as the agent to enjoy what is immediately presented rather than what is distant. The laymen's reply to the question—what is *jīva*? is given in the statement. The undecaying one who is responsible for the chemistry of the body—who breaks ingested food and builds up living tissues. Bhattabhāskara considers the locus of the great Fire in the narrow space of the heart, and Sāyana says that it is in the *susumnā* near the heart. According to the former, the *jīva* draws towards it all existence, to an open mouth as if it were, containing the entire realm of space. This metaphor suggests to us that the *jīva* is capable of infinite knowledge and joy. It is evident from the Agnimantras in the *Rgveda* that Fire is *Puruṣa*, *Ātman* and *Brahman* and so it dwells in the human body as *vaiśvānara* responsible for human life and activity. The longer version adds one line after the ninth verse which I have enclosed in parenthesis as it is not commented on by both the exegetes. The reading *āpādatalamastakah* does not affect the sense. The compound word *anīyordhvā*, according to Bhattabhāskara is *anīyah* plus *adhvā* with the augmentation of the semivowel *r* as a Vedic peculiarity. According to this formation of the word, the narrow flame is the subtle path of the *jīva* for the attainment of the Supreme. The alternative meaning given by him and also accepted by Sāyana, is based upon the compound *anīyah* plus *ūrdhva* with the elision of the *visarga* and combination of the vowels. The meaning then is top-ranking among what is subtle. In the eleventh stanza there is the reading *pītibhā syāt tanūpamā*

in the place of *pītā bhāsvatī anūpamā* which has the advantage of eliminating the redundancy of the idea in *bhāsvatī* and *bhāsvatī* appearing closely Bhattabhāskara has the following suggestive note revealing the meaning conveyed by the simile The jīva entangled in the activities and enjoyments of mundane life has his vision diverted from the Supreme and got absorbed in the world In this state he is shrouded in the gloom of delusion and consequently his inner Light is reduced to a narrow streak like the flash in the cloud But when he retracts from worldly engrossments and turns towards the Supreme, the curtain of delusion cast by the spell of the world is drawn and his inner Light shines in all the brilliancy of the Supreme]

तस्याः शिखाया मध्ये परमात्मा व्यवस्थितः ।
स ब्रह्मा स शिवः [स हरिः] सेन्द्रः सोऽक्षरः परमः स्वराट्
॥१२॥

तादृशाया शिखाया. अर्थात् तस्य एवविधस्य बह्विशिखास्थानीयस्य जीवात्मन मध्ये जगत्कारणभूत परमात्मा व्यवस्थित आत्मप्रकृतिरूपो नारायण. जीवानुरोधेन सकुचित तिष्ठति । स एव ब्रह्मा स्रष्टा, स एव शिव रुद्रः, [स एव हरिः] स एव इन्द्र देवराज, स एव क्षरणरहित परम प्रकृष्ट स्वराट् स्वे महिम्नि राजमान स्वतन्त्र सर्वहेतुरीश्वर, अथवा अक्षर माया-विशिष्टान्तर्यामी, परम स्वराट् मायारहितशुद्धचिद्रूप. ॥

तस्या of that शिखाया of the flame मध्ये in the middle परमात्मा Paramātman व्यवस्थित. abides स he ब्रह्मा the four-faced creator स he शिव. Śiva (स. he हरिः Visnu) स he इन्द्र Indra, chief of gods स. he अक्षर. the Lord who is the efficient and the material cause of the Universe परम. the Supreme स्वराट् Self-luminous (Pure Consciousness).

12 Paramātman dwells in the middle of that flame. (Although He is thus limited) still He is the four-faced creator, Śiva, Viṣṇu, Indra, the material and efficient cause of the Universe and the Supreme Self-luminous Pure Consciousness

[This stanza concludes the meditation upon the Supreme in the heart. The Paramātman has apparently reduced Himself in order to dwell in the heart, in the Fire of the Soul, ruling from the centre of the body. This self-limitation does not, however, affect the Paramātman who remains ever the Truth designated by the divine names, Brahmā, Śiva, Hari and Indra—though He is viewed as the conditioned Brahman originating, sustaining and retracting the universe and as the acosmic self-luminous Supreme Brahman. According to Bhattabhāskara who gives a viśiṣṭādvaitic interpretation of the passage, the following ideas stand out. Paramātman is Narāyaṇa, the source of jīvas. He remains contracted in the heart for the benefit of the jīvas. He is the creator, protector and dissolver of the universe. He is Svarāt because He is the only independent Reality causing all other dependent categories. He shines for ever in His own glory. The Deities and scriptural duties taught by mantras and brāhmanas have their finality in Him. Worshipping Him thus one attains Him.]

‘चतुर्दशोऽनुवाकः

SECTION FOURTEEN

आदित्यो वा एष एतन्मण्डलं तपति तत्र ता ऋचस्तद्वा
मण्डलं स ऋचां लोकोऽथ य एष एतस्मिन्मण्डलेऽर्चिर्दीप्यते
तानि सामानि स साम्नां लोकोऽथ य एष एतस्मिन्मण्डलेऽर्चिषि
पुरुषस्तानि यजूषि स यजुषा मण्डलं स यजुषां लोकः
सैषा त्रय्येवं विद्या तपति य एषोऽन्तरादित्ये हिरण्मयः
पुरुषः ॥१॥

यः नारायण पूर्वस्मिन् अनुवाके अभिहित स वै एष आदित्य , तस्य एतत् अस्मद्दृष्टिगोचर मण्डलं वर्तुलाकार तेजसघात तपति, तत्र मण्डले ता वेदभागत्वेन प्रसिद्धा ऋच वर्तन्ते, तत् तस्मात् हेतो ऋचा निष्पादित एतत् मण्डलम्, स आदित्य ऋचा ऋगभिमानिदेवताना लोक निवासस्थानम्, एव मण्डलस्य ऋगात्मकत्व ध्यातव्यम् । अथ एतस्मिन् मण्डले यत् एतत् भास्वर तेज प्रकाशते तस्य तेजस रूपाणि सामानि इति ध्यातव्यानि, स आदित्य सामाभिमानिदेवताना लोक निवासस्थानम्, एव मण्डलस्य सामात्मकत्व ध्यातव्यम् । अथ एतस्मिन् मण्डले अर्चिषि तेजसि य एष पुरुष देवतात्मा वर्तते तस्य स्वरूपाणि यजूषि इति ध्यातव्यानि, स यजुरात्मक पुरुष, तस्य मण्डल यजुषा निष्पादित इति ध्यायेत्, स आदित्य यजुरभिमानिदेवताना लोक निवासस्थानम् । सा एषा आदित्य-मण्डलरूपा तद्गतार्विर्भागरूपा तत्रत्यपुरुषरूपा च ऋग्यजु सामात्मिका त्रयी विद्या एव तपति य एष पुरुष आदित्यमण्डलमध्ये हिरण्मय वर्तते ॥

एष he वै indeed आदित्य sun, एतत् this मण्डलम् orb तपति shines, तत्र there ता. those ऋच Rks, तत् therefore ऋचा by the Rk मण्डलम् orb, collection स that (orb) ऋचाम् of the Rks

(Regents of the Rk verses) लोक abode —अथ then य that which एष this एतस्मिन् in this मण्डले in the orb अर्चि flame दीप्यते shines, नानि they सामानि Sāman chants (like Bihat and Rathantaia) स that साम्नाम् of the Sāmans लोक abode — अथ then य he who एष this one एतस्मिन् in this मण्डले in the orb अर्चिपि in the flame पुरुष the Person नानि they यजूषि instances of Yajus, स he यजुषा by Yajus मण्डलम् orb, स he यजुषाम् of the instances of Yajus लोक abode —सा that एषा this त्रयी threefold विद्या knowledge एव alone तपति shines य who एष this one अन्त आदित्ये within the sun (स he) द्विष्णमय golden पुरुष Person

1. Verily Āditya is He, This orb of His gives light and heat, The well-known Rk verses are there, Therefore the orb is the collection of Rks; He is the abode of the Rk verses. Now this flame which is shining in the orb of the sun is the collection of Sāman chants, That is the abode of Sāman chants Now He who is the Person in the flame within the orb of the sun (is to be meditated as) the collection of Yajus; that part of the orb is the collection of Yajus; That is the abode of Yajus Thus by these three the threefold knowledge alone shines. He who is within the sun is the Golden Person

[This passage lays down a meditation of the Supreme in the sun The *Chāndogyopaniṣad* (1 6 5-6) states: The white shining of the sun is the Rk, the dark, the ultra black, is the

Sāman, there is the Golden Person, exceedingly brilliant and above all evils, within the sun. The same Upanisad (III 1 4, III 2. 3, and III 3 3) asserts that the red appearance in the sun is the essence of the *Rgveda*, the white appearance is that of the *Yajurveda*, the dark appearance is that of the *Sāmaveda* and the exceedingly dark appearance is that of the *Atharvaveda*. That the Vedas are to be associated with meditation upon the sun is an idea found in many passages of the scriptures. According to Sāyana, Parameśvara, praised as Nārāyana in the previous Section, is described here as the sun. The scriptural view is that every object in the world has three aspects—Adhyātma, Adhidaiva and Adhibhūta. The last of these terms implies the physical aspect of the object, the second one denotes the Divine Power as residing in all the objects, and the first one represents the essence of everything viewed from within as the subject. On this theory Rk, Yajus and Sāman (hymns, formulas and chants) have their own devatās or regents. According to Sāyana, the regents of the body of each Veda dwell respectively in the orb of the sun, the flame in it and the Person visible in the orb, in the order of the Vedas. The phrases *ṛcām lokah*, *sāmnām lokah* and *yajuṣām lokah* are explained in the above light as the abode of the regents of the Vedas. All these three are in the orb of the sun and therefore the splendour of the sun is visualised as the glory of the triple knowledge, *trayī vidyā*. Further, the regent of the sun is declared to be the Golden Person. He is identified with the threefold Vedas being the subject-matter taught by them. According to Bhattabhāskara the Golden Person is the Supreme Lord who has favoured man with the three Vedas shining in the sun. He explains Āditya as *ādau bhavaḥ*—the Lord who was in the beginning. The universe is illumined by His light as coming from the

sun The Upanisads state that the splendour of the sun really belongs to the Supreme The passage extolls the three Vedas, whose purpose is to magnify the Supreme Being in order that we might worship Him As the basis of Bhatta-bhāskara's interpretation we notice also some difference in the text used by him He reads *īcām mandalam* in the place of *rcā mandalam*, inserts *sa sāmām mandalam* before *sa sāmām lokah* and omits *sa yajusām mandalam*]

पञ्चदशोऽनुवाक
SECTION FIFTEEN

आदित्यो वै तेज ओजो बलं यशश्चक्षुः श्रोत्रमात्मा मनो
मन्युर्मनुर्मृत्युः सत्यो मित्रो वायुराकाशः प्राणो लोकपालः
कः किं कं तत्सत्यमन्नमृतो जीवो विश्वः कतमः स्वयम्भु
ब्रह्मतदमृत एष पुरुष एष भूतानामधिपतिर्ब्रह्मणः सायुज्यः
सलोकतामाप्नोत्येतासामैव देवतानाः सायुज्यः सृष्टिताः
समानलोकतामाप्नोति य एवं वेदेत्युपनिषत् ॥१॥

आदित्यः एव तेजः तेजो भूत्वा तेजयति । ओज रूपशोभा, बल प्राणशक्तिः, यशः यागादिनिमित्ता कीर्तिः, चक्षु दर्शनहेतुः, श्रोत्र श्रवणहेतुः, आत्मा शरीर, मन अन्तःकरणम्, मन्युः क्रोध, मनुः मननात् ज्ञानयुक्त, मृत्यु मृत्युदेवता, सत्य. सत्यदेवता, मित्रः मित्रदेवता, वायु सर्वप्रेरक समीरण, आकाश. अवकाशप्रदाता, प्राण उच्छ्वासादिपञ्चवृत्तिक, लोकपाल. इन्द्राद्यष्टौ, क प्रजापति, कि अनिर्वचनीय, क कमनीयत्वात् मुखरूप तत् परोक्षरूप, सत्य सच्च त्यच्च अथवा यथार्थभाषण, अन्न भोज्य, [आयु जीवद्दशा] अमृतः अमृतत्वहेतु भोक्ष, जीव जीवननिमित्तं जीवराशि वा,

विश्व सर्वं जगत् विश्वात्मा वा, कतम आत्यन्तिकमुख अथवा निर्धार्गितुम-
गक्य, स्वयम्बुब्रह्म उत्पत्त्यादिर्वाजित ब्रह्म—एतत् सर्व आदित्य एव । किं च
अमृत एष आदित्यपुरुष । एष आदित्यमण्डलस्थ हिरण्मयपुरुष सर्वेषां
भूतानामधिपति प्रभु । य उपासक एवमुक्तप्रकारेण वेद ध्यायति म
ब्रह्मण हिरण्यगर्भस्य सायुज्य सयुग्भाव सलोकता एकलोकवासित्व च
प्राप्नोति, एतासामेव इन्द्रादीनां देवतानां सायुज्य समानैश्वर्यं समानलोकता
वा यथाधिकारं प्राप्नोति । इति उपनिषत् रहस्यभूता विद्या ॥

आदित्य sun वै verily तेज energy ओज splendour बलम्
strength यग renown चक्षु sight श्रोत्रम् hearing आत्मा body मन
mind मन्यु anger मनु seer (like Vaivasvatamanu) मृत्यु Death
सत्य the Deity of Truth मित्र the Deity Mitra वायु wind
आकाश Ether प्राण. Breath लोकपाल rulers of the world क
Prajāpati किम् the indeterminate suggested by the interro-
gative कम् happiness तत् that सत्यम् truth, abstract and
concrete universe अन्नम् food [आयु span of life] अमृत
liberation, what gives Immortality जीव individual Soul विश्व
universe कतम the acme of bliss स्वयम्बुब्रह्म the self-born
Brahma—एतत् all this (gives the sun's forms) एष this पुरुष
Person अमृत eternal एष he भूतानाम् of creatures अधिपति-
lord य he who एवम् thus वेद meditates (स he) ब्रह्मण of
Hiranyagarbha सायुज्यम् union सलोकताम् co-residence आप्नोति
attains एतासाम् of these एव alone देवतानाम् gods (like Indra)
सायुज्यम् union सार्ष्णिताम् like-glory समानलोकताम् co-residence
आप्नोति attains इति thus उपनिषत् secret knowledge.

1. The sun alone is verily all these:—energy, splendour, strength, renown, sight, hearing, body, mind, anger, Seer, the Deities Death, Satya,

Mitra, Wind, Ether and Breath, the Ruler of the world, Prajāpati, the Indeterminable One, happiness, that which transcends the senses, truth, food, (span of life,) liberation or Immortality, individual Soul, the Universe, the acme of bliss and the self-born Brahman. This Person in the sun is eternal. He is the Lord of all creatures. He who meditates thus upon Him attains union with Brahman and lives in the same region of enjoyment with Him; he attains union, co-residence and like-enjoyment with these gods in their worlds. The secret knowledge is thus imparted.

[This Section lists various attributes, powers and qualities of the Supreme Person identified with the all-encompassing sun for the purpose of worship and meditation. One may worship Hiranyagarbha—the World-Soul here identified with the sun—or the Deities who form His parts, powers and attributes as enumerated here. A worshipper may be a superior aspirant who possesses greater concentration, stronger feeling and better capacity for continuous effort, another may be weak and possessing only an inferior capacity for worship. If the worshipper is of superior calibre he attains identity with the object of his worship, if he is of poor capacity he gets a place in the region of the object of his worship which entitles him to enjoyments similar to those possessed by the God whom he worships. In the Hamsamantra previously explained on pages 145-149 it has been pointed out that the sun is fit to be worshipped as Brahman. Bhattabhāskara points out that the Supreme Person has not only revealed the three Vedas through the sun, but also has given all that

is necessary for the well-being and liberation of creatures. This Section is reminiscent of the *Gītā* chapters nine and ten where the attributes of the Supreme are described for contemplation. The shorter version for which we have the commentary of Bhattabhāskara and Sāyana has *āyuh* inserted after *annam* and before *amृतam*, *Svayambhūh* instead of *Svayambhu* given in the text above, and adds immediately after that word प्रजापतिरिति सवत्सरोऽसावादित्यो य in the place of ब्रह्मैतदमृत. । Bhattabhāskara reads also *samvatsara* after *prajāpati* and before *iti* and explains सम्यक् वसन्ति अनेन इति विश्वोपादानं ब्रह्म taking *samvatsara* as an epithet of the Supreme]

〔घृणिः सूर्यं आदित्योमर्चयन्ति तपः सत्यं मधुं क्षरन्ति
तद्ब्रह्म तदाप आपो ज्योती रसोऽमृतं ब्रह्म भूर्भुवः सुवरोम्
॥२॥

घृणि दीप्तिमान् अथवा वृष्टिहेतुत्वेन उदकमेत्तक, सूर्यं सुवीर्यसम्पन्नं अथवा विश्वप्रेरक, आदित्य आदत्ते ग्रसते विश्व उपसहायकाले स्वात्मनि इति अथवा सर्वस्य आदिभूत देव, ओ प्रणववाच्यं ब्रह्म । त सर्वे फलार्थिनः अर्चयन्ति । तमुद्दिश्य तप चरन्ति, सत्यं अनुतिष्ठन्ति, मधु नैवेद्यरूपेण क्षरन्ति समर्पयन्ति । अथवा देवा तपस्स्वरूपं सत्यात्मकं त परमेश्वरं अर्चयन्ति । अर्चितं सन् स फलार्थिभ्यः मधुं अमृतं क्षरन्ति [ति] प्रयच्छति । तत् आदित्यरूपं प्रणवोपास्य ब्रह्म परमतत्त्वम् । तदेव आप व्याप्तिगुणयुक्तं जगद्गुपादानं जलरूपं तेजोरूपं रसरूपं अमृतरूपं च भूत्वा सावित्रब्रह्मरूपेण वर्तते । भू भुव सुव इति व्याहृतित्रयेण प्रणवेन च प्रतिपाद्यं तत् ब्रह्म वय उपास्महे ॥

घृणि giver of brilliance or water, सूर्यं the impeller of the universe, the supreme abode of all energy आदित्य the first cause ओम् the Supreme denoted by the syllable Om (तम him

फलार्थिन seekers) अर्चयन्ति worship (देवा gods) तप austerity सत्यम् truth (अर्चयन्ति worship) मधु Immortality क्षरन्ति give तत् that ब्रह्म Supreme, तत् that आप all-pervasive (cause of the universe), (तत् that) आप water ज्योति light रस flavour अमृतम् ambrosia भू भुव सुव ओम् three vyāhṛti-s and pranava (denote) ब्रह्म Brahman

2. Āditya, the supreme cause of the universe, is the giver of light and water and is the source of all energy. He is denoted by the syllable Om. Gods worship Him as Tapas and Truth. (Being worshipped thus) He grants bliss to the worshippers (Or the worshippers offer honey and sweet offerings to Him) That form of the sun is Brahman That is the pervading cause of all That is water, fire, flavour and ambrosia. The three vyāhṛti-s representing the three worlds and the pranava representing the cause of the universe denote that Brahman

[This mantra is given as a single Section in the shorter version immediately after what is printed above as Section Fifteen I have enclosed this therefore in square brackets to indicate that it does not belong to the longer version The second half of it embodies the well-known gāyatrī-śu as which forms part of the formula used during prānāyāma, the earlier half being the Savitṛgāyatrī The explanation of it given is as follows The syllable Om added at the gāyatrī-head represents Parabrahman in the three aspects of Brahmā, Viṣṇu and Śiva responsible for the creation, protection and

dissolution of the universe *Āpah* expresses the omnipresent impartite existence which is also the *jyotis* or self-luminous Pure Consciousness The same Reality is *rasa* —original bliss, and *amrtam* —Immortality It is Brahman because It is not limited by time, space and causality The same Reality is *bhūh* being, *bhuvah* the substance of all that exists and *suvah* , the dissolver The ending pranava affirms that Parabrahman described as above is the innermost Self or Pratyagātman During *prāṇāyāma* , the pranava with seven *vyāhrti* -s measure the inhaling *Gāyatrī* headed by pranava limits the period of retention of breath and *śiras* given here with pranava spans the breathing out Both *Bhattabhāskara* and *Sāyana* consider this passage as a formula to be employed for *japa* by those who are incapable of performing the meditation given in the previous Section The combination *ādityom* is Vedic irregularity, the separate words are *ādityah Om]]*

षोडशोऽनुवाकः

SECTION SIXTEEN

निधनपतये नमः । निधनपतान्तिकाय नमः । ऊर्ध्वाय
 नमः । उर्ध्वलिङ्गाय नमः । हिरण्याय नमः । हिरण्यलिङ्गाय
 नमः । सुवर्णाय नमः । सुवर्णलिङ्गाय नमः । दिव्याय
 नमः । दिव्यलिङ्गाय नमः । भवाय नमः । भवलिङ्गाय
 नमः । शर्वाय नमः । शर्वलिङ्गाय नमः । शिवाय नमः ।
 शिवलिङ्गाय नमः । ज्वलाय नमः । ज्वललिङ्गाय नमः ।
 आत्माय नमः । आत्मलिङ्गाय नमः । परमाय नमः ।

**परमलिङ्गाय नमः । एतत्सोमस्य सूर्यस्य सर्वलिङ्गैः
स्थापयति पाणिमन्त्रं पवित्रम् ॥१॥**

निधन प्रलय तस्य प्रभु तस्मै महाप्रलयमाक्षिणे शिवाय नम ।
निधनपते मरणकर्तुं यमस्य अन्तकाय नम । ऊर्ध्वाय महदादिः सर्वतत्त्वाना
उपरिभवाय मायाशक्तिनयुक्ताय नम । ऊर्ध्वालिंगाय त्रिच्छब्दव्यवच्छिन्नमदा-
शिवतत्त्वाय नम । हितरमणीयरूपाय नम । कनकनिर्मितलिंगाय नम ।
शोभनकान्तये नम । सुवर्णनिर्मितलिंगाकाराय नम । द्युलोकमुखरूपाय नम ।
देवलोकस्थितलिंगाकाराय नम । ससारस्य उत्पत्तिरूपाय नम । भवे ससारे
वर्तिभिः पूज्यमानलिंगाकाराय नम । प्रलयकाले ब्रह्माण्डस्य हिंसकाय नम ।
महत मुखस्य प्रापकस्य शर्वस्य लिङ्गरूपाय नम । शिवाय नम । शिवलिंग-
रूपाय नम । ज्योतिर्मयाय नम । ज्योतिर्लिङ्गरूपाय नम । निखिलजग-
दात्मकाय नम । सर्वप्राणिना आत्मरूपेण हृदयगुहाया लीनतया गम्यमानाय
नम । अनुत्तमाय नम । मोक्षसाम्राज्ये सदा रममाणाय तदधिपतिरूपाय
सर्ववस्तुषु लीनमपि सर्वज्ञत्वात् सर्वत गम्यमानाय च नम । एतै मन्त्रै
सोमस्य उमासहितस्य ममन्तदेवाना कारणभूतस्य सूर्यस्य पवित्र स्मरणमात्रेण
पावन पाणिमन्त्र पाणौ प्रथम सस्थाप्य अभिमन्त्रितत्वात् पाणिमन्त्रमिति
ख्यात अथवा त्रयीमयशरीर सर्वलिङ्ग स्थापयति ॥

1. By these twenty-two names ending with salutations they consecrate the Śivaliṅga for all—the Liṅga which is representative of soma and sūrya, and holding which in the hand holy formulas are repeated and which purifies all.

[Here there are twenty-two salutations suffixed to the twenty-two Divine Names uttered at the time of the consecration of the emblem of Śivaliṅga in a public temple, or at home for private worship, or on the body of a devotee of Śiva. These names are not explained uniformly by the commenta-

tors The whole Section has not the confirmation of Bhattabhāskara and Sāyana Viraśaiva texts explain only eleven of these Divine Names in the light of their philosophy and yoga The anonymous commentary printed in the Ānandāśrama edition attempts to explain each word somehow based on conjecture The Sanskrit paraphrase given above is based on these two sources

In the serial order of the text I give an English version of the Names below 1 The Lord of the dissolution of the universe—Śiva is here considered as the aspect of the Supreme responsible for the final dissolution of the universe 2 The end-maker or Nidhanapati is Yama who is responsible for the death of all creatures At the time of universal absorption Śiva alone remains, the whole pantheon of gods including Yama being retracted into Him To get this meaning, however, we have to suppose that *pata* plus *antika* in the text is *pati* plus *antaka* 3 The Most High standing at the head of the categories which evolve into the universe, namely Śiva who is the unity of Power and Power-holder 4 The principle of Sadāśiva embodying the power of Intelligence 5 He who is beneficial and charming to creatures 6 He who is visualized as the linga made of gold 7 He who is endowed with attractive splendour 8 He who is of the form of linga made of suvarna, here silver 9 He who is the source of bliss in heaven 10 He who is worshipped in the paradise as the linga established there by the devotees—or He who is worshipped as the divine emblem 11 He who is the source of the cycle of birth and death (The *Śvetāśvataraopaniṣad* describes Śiva as ससारबन्धस्थितिमोक्षहेतु) 12 He who is worshipped as the linga by human beings 13 He who is the suppresser of the universe at the time of final dissolution (Śarva from the root Śr to destroy). 14 He who has the shape

of the linga emblem of Śarva, who gives bliss 15 He who is most auspicious 16 He who has the form of Śivalinga 17 He who has the form of a flaming splendour 18 He who has the form of the brilliant linga 19 He who is the Spirit (Ātman) dwelling in all creatures (The usual form must be *ātmane* in the place of *īmāya*) 20 He who is concealed in the heart of all creatures being their inmost Self 21 He who is unsurpassed 22 He who is the Supreme Lord of bliss and liberation indicated by the linga emblem

The term linga in Sanskrit means an indicative mark or emblem which symbolically represents that for which it stands Śivalinga represents the Supreme Being denoted by the word Rudra Mahādeva The *Chāndogyā* III 19 1 describes that the whole universe was hatched out of a golden egg which lay a complete year before it brought forth offspring The spherical dome of the heavens above, appearing to us capping the earth on which we live, may be likened to an enormous semisection of an egg containing the world Perhaps this golden egg lended itself to be fancied as the visible symbol of the limitless all-inclusive Divine Reality into which the manifold universe was believed to be reabsorbed at the end The linga which is worshipped by the devotee of Śiva is but a handy replica or a convenient diminutive form of the universal semispherical emblem of the Unlimited Śivalinga may be carved out of stone, naturally found as stalagmite, or shaped out of gold, metal and the like The linga, therefore, is a symbol concealing a truth behind This word occurring in various compound names above are to be interpreted in the light of the tradition behind the word For further details about Śivalinga and its worship the Purānas and Āgamas may be consulted]

सप्तदशोऽनुवाकः.

SECTION SEVENTEEN

सद्योजातं प्रपद्यामि सद्योजाताय वै नमो नमः ।

भवे भवे नातिभवे भवस्व मां । भवोद्भवाय नमः ॥१॥

सद्य एवाविर्भूत प्रपञ्चोन्मेषहेतु सद्योजाताभिधानं सिसृक्षो देवस्य परिचमवक्त्रं तद्विशिष्टं परमेष्ठवरं प्रपद्यामि भजे । तस्मै तुभ्यं सद्योजाताय प्रसादनार्थं प्रणिपातं करोमि । हे देव, भवे भवे तत्तज्जन्मनिमित्तं मा न भवस्व न प्रेरय, अतिभवे अपवर्गनिमित्तं भवस्व प्रेरय । (भव अतिक्रान्त अतिभव अर्थात् अपवर्गः ।) एव भूताय भवस्व ससारस्य उद्भवावयित्रे अत एव तस्य निरोधकाय च तुभ्यं नमः ॥

सद्योजातम् Sadyojāta प्रपद्यामि I take refuge in सद्योजाताय to Sadyojāta वै verily नमः salutation नमः salutation. भवे भवे in each birth माम् me न not भवस्व consign अतिभवे condition beyond birth, liberation भवस्व impel, guide भवोद्भवाय to the creator of rebirth. samsāra नमः salutation

1. I take refuge in Sadyojāta. Verily I salute Sadyojāta again and again O Sadyojāta, do not consign me to repeated birth; lead me beyond birth, into the state of bliss and liberation. I bow down to Him who is the source of transmigratory existence.

[These and the succeeding four formulas of salutation and prayer are called Pañcabrahmamantra-s, employed in the worship and meditation of Mahādeva visualized as having five faces turned towards the four quarters and up These

are also prescribed for japa by a person who desires divine illumination. The term *Sadyojāta* literally means he who is born today. The Lord described here is the embodiment of all knowledge. His westward face is supposed to be responsible for the evolution of the universe from the unevolved condition. When this face is *pratyagrīti* (out-turned) the cycle of birth and death begins to turn and sustains creation. When it is *prāgrīti* (in-turned) Mahādeva grants Release. That aspect of Mahādeva, which is responsible for *samsāra* is called *Sadyojāta*. The worshipper who has realised the limitations and miseries of the world, therefore, prays to *Sadyojāta*. May He not consign me any more to the round of birth and death, but lift me out of it and set me on the path of Release. He who binds the *jīva* with His delusive power alone can give him Release, and the helpless bound Soul has nothing with him to buy his release except humility, self-surrender, self-abnegation and continuous aspiration implied in the word *namah*]

अष्टादशोऽनुवाकः

SECTION EIGHTEEN

वाम्देवाय नमो' ज्येष्ठाय नमः श्रेष्ठाय नमो' रुद्राय
 नमः कालाय नमः कलविकरणाय नमो बलविकरणाय
 नमो बलाय नमो बलप्रमथनाय नमः सर्वभूतदमनाय नमो
 मनोन्मनाय नमः ॥१॥

सुन्दरदीप्यमानरूपाय नम । सर्वजगत्प्रथमभावाय नम । प्रशस्ततमाय
 नम । सहारकाले रोदकाय नम । आयु क्षयहेतुत्वेन कालरूपाय नम

कलयतीति कल. अर्थात् अव्यक्तविकार तस्य विकर्ता विविधविशेषाणा कर्ता तस्मै नम । बलस्य वैचित्र्यसम्पादकाय नम । सकलशक्त्युत्पत्तिहेतवे नम । स्वेच्छया सर्वशक्तिसहर्त्रे नम । सर्वभूताना दमयित्रे नियन्त्रे नम । मनस-
उन्मानयित्रे उद्धोधकाय चैतन्योद्दीपकाय नम ॥

1 Salutation to Vāmadeva Salutation to Jyestha. Salutation to Śrestha. Salutation to Rudra. Salutation to Kāla Salutation to Kalavikarana. Salutation to Balavikarana Salutation to Bala. Salutation to Balapramathana. Salutation to Sarvabhūtadamana Salutation to Manonmana.

[These eleven salutations are subjoined to eleven Divine Names describing the northward face of Mahādeva The Names in their numerical order of occurrence are now interpreted 1 The beautiful and shining One or (taking the sense of generous for *vāma*) the generous God 2 The Eldest, existing before creation 3 The most worthy and excellent 4 He who causes creatures to weep at the time of dissolution 5 He who is the Power of time responsible for the evolution of Nature 6 He who causes changes in the evolution of the universe beginning with Prakṛti (taking *Kala* as abbreviation of *Kahla*) 7 He who is the producer of varieties and degrees of strength 8 He who is the source of all strength. 9. He who suppresses all power at the time of retraction. 10 The Ruler of all the created beings 11 He who is the kindler of the light of the soul Bhattabhāskara notices only nine names omitting Srestha and Bala Sāyana gives ten names omitting only Bala and says that these names represent the consorts or nine *Pīthasakti*-s of Mahādeva who is himself represented as Vāmadeva]

एकोनविंशोऽनुवाकः.

SECTION NINETEEN

अघोरेभ्योऽथ घोरेभ्यो घोरघोरंतरेभ्यः ।

सर्वतः शर्वे सर्वेभ्यो नमस्ते अस्तु रुद्ररूपेभ्यः ॥१॥

अथ अघोरेभ्य भवनाभीष्टदानानुकूलतया शान्तेभ्य सात्त्विकेभ्य , राजसत्वात् उग्रेभ्य , तामसत्वात् घोरेभ्योऽपि घोरंतरेभ्य , हे शर्व परमेश्वर . ते त्वदीयेभ्य अग्रेभ्य सर्वेभ्य रुद्ररूपेभ्य सर्वत सर्वप्रकार शिरसा वाचा मनसा सर्वेषु देशेषु कालेषु च नम अस्तु ॥

1. Now, O Śarva, my salutations be at all times and all places to Thy Rudra forms, benign, terrific, more terrific and destructive

[Uttering this mantra one salutes Mahādeva's southward face and the aspect called Aghoraśiva or Dakṣiṇāmūrti. Rudra is the Supreme Lord dwelling in all created beings. He is endowed with many forms that are either sāttvika, rājasa or tāmasa called here respectively as *aghora*, *ghoia* and *ghoratara* I have preferred the text of the shorter version which is accepted by Bhattabhāskara and Sāyana, slightly departing from the usual practice, because the reading सर्वेभ्यः सर्वशर्वेभ्य in the longer version appears to be corrupt and not vouched for by any authoritative commentator]

विशोऽनुवाक.

SECTION TWENTY

तत्पुरुषाय विद्महे महादेवाय धीमहि । तन्नो रुद्रः
प्रचोदयात् ॥१॥

[For meaning and translation of this stanza see Section One stanza Twenty-three Here this gāyatrī is reproduced to worship and meditate upon the eastward face of Mahādeva]

एकविशोऽनुवाकः

SECTION TWENTY-ONE

ईशानः सर्वविद्यानामीश्वरः सर्वभूतानां ब्रह्माधिपति-
र्ब्रह्मणोऽधिपतिर्ब्रह्मा शिवो मे अस्तु सदाशिवोम् ॥१॥

सर्वविद्याशरीरत्वात् सकलावेद्याना प्रेरक, सर्वभूताना ईश्वर नियामक, ब्रह्मण वेदस्य अधिपति पालक अथवा ब्रह्म च अधिपतिश्च अर्थात् सर्वात्मना परिवृढ, ब्रह्मण हिरण्यगर्भस्य पति, ब्रह्मा परमात्मा विश्वाधिक पर वस्तु, मे मदनुग्रहाय शिव शान्त अस्तु । स एव सदाशिव ओ अह भवामि इति ॥

सर्वविद्यानाम् of all knowledge ईशान ruler सर्वभूतानाम् of all created beings ईश्वर controller ब्रह्माधिपति the preserver of the Vedas ब्रह्मण of Hiranyagarbha अधिपति overlord ब्रह्मा (ब्रह्म) the Supreme मे for me शिव benign, peaceful अस्तु be (स he) सदाशिव the ever auspicious one ओम् (is the Supreme denoted by) Pranava.

1 May the Supreme who is the ruler of all knowledge, controller of all created beings, the preserver of the Vedas and the one overlord of Hiranyagarbha, be benign to me. I am the Sadāśiva described thus and denoted by Pranava.

[This is the mantra prescribed for the worship and meditation of Mahādeva as ūrdhvavaktra i e., with upturned face. The expression *sadāśi, om* stands for *sadāśīḥ om*]

द्वाविंशोऽनुवाकः.

SECTION TWENTY-TWO

नमो हिरण्यबाहवे हिरण्यवर्णाय हिरण्यरूपाय हिरण्य-
पतयेऽम्बिकाय उमापतये पशुपतये नमो नमः ॥१॥

हिरण्यबाहवे हिरण्याभरणालङ्कृतहस्ताय अर्थात् हिरण्यसवर्णमर्वाङ्गाय, हिरण्यवर्णाय हिरण्यवत् दुर्लभा वर्णा वेदाक्षराणि यस्मादुत्पद्यन्ते तस्मै, हिरण्यरूपाय तेजोमयाय, हिरण्यपतये हितरमणीयानामर्थानां स्वामिने अथवा अस्मदीयहिरण्यादिदुर्लभवस्तूनां पालकाय, अम्बिकाया जगन्मातु भर्त्रे, उमाया ब्रह्मविद्यात्मकशरीरया स्वामिने, पशुपतये आब्रह्मस्तम्बपर्यन्तानां पशूनां नायकाय महादेवाय पुन पुन नम अस्तु ॥

1. Salutations again and again to Hiranya-
bāhu, Hiranyavarṇa, Hiranyarūpa, Hiranyapati,
Ambikāpati, Umāpati, Paśupati.

[This is again another mantra employed in the worship and meditation of Mahādeva and for salutation to Him. It contains seven epithets of Śiva. Each one of them is tradi-

tionally explained in the following order of occurrence in the formula 1 One who has ornaments of gold on the arms, or possessing a form having the golden hue 2 He who is the source of the syllables of the Vedas which are as precious as gold 3 He who is shining in splendour 4 The Lord of riches wholesome and charming 5 The consort of Ambikā, the Mother of the universe 6 The master of Umā, Brahma-vidyā personified as such 7 The Lord of all created beings Of these seven names, 1, 4, 5 and 6 alone are in the shorter version and confirmed by Bhattabhāskara and Śāyana. According to Bhattabhāskara, Paraśakti when She projects Herself as the universe, is called *Ambikā* and when She retracts the universe into Herself at the end of a cosmic cycle She is called *Umā* The Vedas, according to the meaning given above, are supposed to be precious and dear not only because of their intrinsic value as divine revelation, but also because of the great difficulty in acquiring them after long and exacting service in the preceptor's residence]

त्रयोविशोनुवाक

SECTION TWENTY-THREE

ऋत५ सत्यं परं ब्रह्म पुरुषं कृष्णपिङ्गलम् ।

ऊर्ध्वरेतं विरूपाक्षं विश्वरूपाय वै नमो नमः ॥१॥

परं सर्वस्मादुत्कृष्टं ब्रह्म परमार्थवस्तु ऋत सत्य अत्यन्तसत्यम् । तादृशं ब्रह्म जगदनुग्रहाय दक्षिणे महेश्वरभागे कृष्णवर्णं वामे उमाभागे पिङ्गलवर्णश्च सन् कृष्णपिङ्गलं, योगेन ब्रह्मरन्ध्रे स्वकीयस्य रेतसः धृतत्वात् ऊर्ध्वरेतं,

त्रिनेत्रत्वात् विरूपाक्ष, पुरुष पुरुषरूप च भवति । तस्मै विश्वरूपाय सर्वजग-
दात्मकाय एव नमस्कारतति अस्तु ॥

परम् Supreme ब्रह्म Brahman ऋत् सत्यम् the Supreme Truth
कृष्णपिङ्गलम् dark blue and reddish brown in hue ऊर्ध्वरेतम्
absolutely chaste विरूपाक्षम् possessing uncommon eyes (three
in number) पुरुषम् the person विश्वरूपाय of the universal
form (तस्मै to Him) वै alone नम नम many salutations

1. Supreme Brahman, the Absolute Reality, has become an androgynous Person in the form of Umāmaheśvara, dark blue and reddish brown in hue, absolutely chaste and possessing uncommon eyes. Salutations to Him alone who is the Soul of the universe or whose form is the universe

[This mantra occurs in the shorter version immediately after the Nārāyanānuvāka (Pages 175-191) It is employed for japa when one is prostrating oneself reverently before the Deity whom one worships The translation given above is based upon Sāyana who takes *rtam* as adjectival and *satyam* as substantival and explains that while the term *satyam* alone denotes pragmatic truth, when qualified by *rtam* it conveys the idea of the Absolute Truth which is Parabrahman The term Brahman in neuter stands for the Absolute Reality. Here the word Puruṣa and its qualifications also are unusually given in the neuter form This fact stresses the identity of the personal and impersonal, conditioned and unconditioned, aspects of the Divine Reality Bhattabhāskara interprets this verse in a slightly different light It is employed for japa, meditation and repetition when *homa* is performed by those who seek welfare in this world or desire the bliss of Release

Further, it describes the Divine Person who is the goal of the religious quest. The term *Ritam* is analysed also as — ऋतीयते विश्व अनुगृह्णाति इति ऋतम्—the Compassionate form of the Divine Person who is also *Satyam* because He is conducive to the highest good—सति साधु, मते हितम्. The *Param Brahma* is *Purusa* because He fills and protects all. When He takes a body, that body is produced and developed by the paternal and maternal seed represented as *kṛsna* and *pīngala* which combination implies also *Paraśiva* and *Paraśakti*. The term *ūrdhvaītam* which should be *ūrdhvaīetasam* in the usual language is interpreted as the transcendent form of the Divine. The word *īetas* is taken in the sense of the change and growth which a seed undergoes and therefore it is applied to the evolving universe. *Ūrdhvaīetas* is then the Divine Principle transcending the evolutionary process of creation. Sāyana explains that Śiva being *yogīśvara* holds His *īetas* in *Brahmarandhra* by the power of yoga, and that *ūrdhvaīetas* is therefore an epithet of Śiva.]

चतुर्विंशोऽनुवाकः.

SECTION TWENTY-FOUR

सर्वो वै रुद्रस्तस्मै' रुद्राय नमो' अस्तु । पुरुषो वै रुद्रः
सन्महो नमो नमः । विश्वं' भूतं भुवनं चित्रं बहुधा जातं
जायमानं च यत् । सर्वो ह्येष रुद्रस्तस्मै' रुद्राय नमो' अस्तु ॥

रुद्र एव सर्वं सर्वशरीरान्तर्यामि, तस्मै सर्वात्मकाय रुद्राय प्रह्वीभावं
कुर्म । चिदात्मकं य पुरुष प्रतिशरीर विद्यमान. स एव रुद्रमूर्तिं सच्छब्द-
वाच्य मह, तस्मै महसे तेजसे पुन पुनः नमस्कारः अस्तु । विश्वरूपेण

भूतरूपेण अर्थात् जीवरूपेण च बहुधा जात जायमान च यत् चित्र भुवन अस्मिन्
तत् एतत् सर्व एष रुद्र. एव, तस्मै रुद्राय नम अस्तु ॥

रुद्र Rudra वै verily सर्व all तस्मै to him रुद्राय to Rudra नम
salutation अस्तु be पुरुष the Soul वै verily रुद्र Rudra सत्
being मह light (तस्मै to him) नम नम again and again
salutation विश्वम् material universe भूतम् created beings बहुधा
variously जातम् produced जायमानम् is being produced च and
यत् whatever चित्रम् manifold भुवनम् world सर्व all एष this रुद्र-
Rudra हि indeed तस्मै to Him रुद्राय to Rudra नम salutation
अस्तु be

1. All this verily is Rudra To Rudra who is
such we offer our salutation We salute again and
again that Being, Rudra, who alone is the light
and the Soul of creatures The material universe,
the created beings and whatever there is mani-
foldly and profusely created in the past and in the
present in the form of the world, all that is indeed
this Rudra Salutations be to Rudra who is such.

[Rudra is described as Astamūrti pervading the whole
universe in the later scriptures This is a mantra saluting Him
in this universal aspect The purpose for which this mantra
is employed is the same as that of the immediately preceding
ones]

पञ्चविंशोऽनुवाक

SECTION TWENTY-FIVE

कद्रुद्राय प्रचेतसे मीढुष्टमाय तव्यसे । वोचेम शन्तमम्
हृदे । सर्वोह्येष रुद्रस्तस्मै रुद्राय नमो अस्तु ॥१॥

प्रचेतसे प्रकृष्टज्ञानयुक्ताय मीढुष्टमाय जगत्पित्रे अथवा कामाना अति-
शयेन प्रदात्रे तव्यसे अतिशयशक्तियुक्ताय अथवा स्तोत्रु योग्याय हृदे हृदिस्थिताय
अत एव तद्रूपाय कद्रुद्राय श्लाघनीयस्तोत्रयुक्ताय रुद्राय शन्तम अतिशयेन
सुखकर अथवा सुखसाधनतम स्तोत्र वोचेम ब्रूमहे । सर्वोऽपि एष रुद्र ।
तादृशाय सर्वात्मिकाय रुद्राय नम अस्तु ॥

प्रचेतसे to him who is endowed with the highest know-
ledge मीढुष्टमाय to him who rains objects desired by the
worshippers most excellently तव्यसे to him who is more power-
ful or worthy of praise हृदे to him who is dwelling in the
heart कद्रुद्राय to Rudra who is worthy of praise शन्तमम् confer-
ring happiness in the highest degree वोचेम we utter, sing.
सर्वं all हि indeed एष this रुद्र Rudra तस्मै to Him नम saluta-
tion अस्तु be.

1. We sing a hymn that confers on us happi-
ness in the highest degree to Rudra who is worthy
of praise, who is endowed with the highest know-
ledge, who rains objects to the worshippers most
excellently, who is more powerful and who is
dwelling in the heart. Indeed all this is Rudra.
Salutations be to Rudra who is such

[The term *kadhudā* is taken to be an adjectival compound, *kad* being derived from the root *kath* denoting praise. This Mantra is found also at *Rgveda* I 43 1 where Sāyana takes '*kad*' as an adverb meaning when (*kada*) The translation accordingly will be 'When will I recite this hymn to Rudra who is supremely bliss-conferring, who is most wise, who is supremely great, who is the giver of all desires and who is dwelling in our heart' *Mīdhustama* is the superlative form of *mīdhvas*, traced to the root *Mih* to 1am Sāyana takes *tavyas* as a disguise of the word *stavya* while Bhattabhāskara equates it with *tavyas* the comparative form of *tavas* strength or power. This mantra serves the same purpose as the previous one]

षड्विंशोऽनुवाक

SECTION TWENTY-SIX

यस्य वैकङ्कतयग्निहोत्रहवणी भवति [प्रतिष्ठिताः] प्रत्ये-
वास्याहुतयस्तिष्ठन्त्यथो प्रतिष्ठित्यै ॥२॥

यस्य अग्निहोत्रिण विकङ्कतीवृक्षनिर्मिता अग्निहोत्रहवनार्था दर्वी भवति अस्य आहुतय [प्रतिष्ठिता प्रक्षिप्ता सत्य] प्रतिष्ठित्यै एव फलसाधनत्व-स्वरूपात् न प्रच्यवन्ते । अथो अपि च अस्य यजमानस्य प्रतिष्ठित्यै चित्तशुद्धि-द्वारा तत्त्वज्ञानप्रतिष्ठार्थं सपद्यन्ते ॥

यस्य he whose वैकङ्कती of *Vikankata* (*Flacourtia Spida*) tree अग्निहोत्रहवणी sacrificial ladle used in the rite known as *Agnihotra* भवति is, अस्य his आहुतय oblations [प्रतिष्ठिता having been offered] प्रतिष्ठित्यै become effective एव certainly. अथो further प्रतिष्ठित्यै for establishment (भवन्ति become).

1. He who has the sacrificial ladle made of *Vikankata* (*Flacourtia Spida*) tree for his Agnihotra rite offers oblations effective in producing the desired fruit. Further, these oblations contribute to establish (his spiritual knowledge through the generation of mental purity).

[This passage lays down the substance of the sacrificial ladle proper for Agnihotra. From some other liturgical part of the Veda this sentence is extracted here to serve as a specimen in order to indicate that the entire range of scripture-ordained duties from Agnihotra to Satrayāga help a seeker after liberation in bringing about mental purity essential for the attainment of his goal. The longer version presents the text omitting the word enclosed in square brackets.]

सप्तविंशोऽनुवाकः

SECTION TWENTY-SEVEN

कृणुष्व पाज इति पञ्च ॥१॥

[Five mantras commencing with the lemma *kṛnusva pāja* are only indicated in the texts by reference to index words. They are recited for effecting the destruction of hostile influences. They are from the *Taittirīyasamhitā* I 2 14. Originally they are from the *Rgveda* IV 4 1-5. Vāmdeva is the Rṣi, Agni is the deity and bhurik pankti is the metre of this group. The extract in full reads as follows:

कृणुष्व पाजः प्रसिति न पृथ्वीं याहि राजेवामवाँ इभेन ।
तृष्वीमनु प्रसिति द्रूणानोऽस्तासि विध्य रक्षसस्तपिष्ठैः

॥१॥

तव भ्रमास आशुया पतन्त्यनु स्पृश धृषता शोशुचानः ।
तपूष्यग्ने जुह्वा पतङ्गानसन्दितो वि सृज विष्वगुत्काः ॥२॥
प्रति स्पशो विसृज तूर्णितमो भवा पायुर्विशी अस्या अदब्धः ।
यो नो दूरे अघशं सो यो अन्त्यग्ने माकिष्ठे व्यथिराद-
धर्षीत् ॥

उदग्ने तिष्ठ प्रत्या तनुष्व न्यमित्राँ ओषतात्तिग्महेते ।
यो नो अराँति समिधान चक्रे नीचातं धक्षयत्सं न शुष्कम् ॥
ऊर्ध्वो भव प्रति विध्याध्यस्मदाविष्कृणुष्व दैव्याँन्यग्ने ।
अवस्थिरा तनुहि यातुजूनाँ जामिमजाँमि प्रमृणीहि
शत्रून् ॥]

अष्टाविशोऽनुवाक.

SECTION TWENTY-EIGHT

अदितिर्देवा गन्धर्वा मनुष्याः पितरोऽसुरास्तेषाँ सर्व
भूतानाँ माता मेदिनी महती मही सावित्री गायत्री
जगत्युर्वी पृथ्वी बहुला विश्वाँ भूता कतुमा काया सा
सत्येत्यमृतेति वासिष्ठः ॥१॥

अदिति अखण्डनीया पृथिवी । देवा गन्धर्वा मनुष्या पितर अमुरा इत्येव पञ्च जातिविशेषा अन्येषामपि पृथिवीसभूताना उपलक्षणभूता अदिते रूपा एव । तेषा सर्वभूताना इय पृथिवी मातृवत् साक्षात् परम्परया च पोषयित्री । एवभूता अदिति मेदिनी मेदस्विनी कठिना अथवा स्नेहवती, महती गुणाधिका, मही पूजिता, सावित्री सवितु अन्तर्यामिण सबन्धिनी, गायत्री गातव्या अथवा उपासकाना रक्षित्री, जगती अविच्छेदेन गच्छन्ती जगदाश्रय-भूता, उर्वी अनेकसस्याढ्या, पृथ्वी विस्तीर्णा, बहुला बह्वर्थयुक्ता, विश्वा सर्वात्मिका, भूता महाभूतात्मिका, कतमा अतिशयेन सुखरूपा काया प्राणिदेह-रूपेण परिणता, सा प्रसिद्धा, सत्या अविपर्यस्तस्वभावा व्यवहारदशाया बाधारहिता इति हेतो अमृता आपेक्षिकनित्या इति वसिष्ठ मन्त्रद्रष्टा आह ॥

अदिति Aditi देवा gods गन्धर्वा celestial minstrels मनुष्या men पितर departed ancestors अमुरा demons तेषाम् their सर्व-भूतानाम् of all the creatures माता mother, protector मेदिनी possessed of hardness, cohesive महती excellent मही honoured सावित्री belonging to the indwelling Divine Spirit गायत्री fit to be praised जगती support of all, contingent उर्वी rich in crops पृथ्वी broad बहुला possessing a wealth of objects विश्वा uni- versal भूता comprising of the primary element कतमा exceed- ingly blissful काया transformed into the bodies of creatures सा illustrious सत्या enduring इति hence अमृता (relatively) endless इति thus वसिष्ठ the sage Vasistha (declared)

1. The sage Vasistha declared that Aditi is the Mother and protector of gods, of celestial minstrels, of men, of departed ancestors, of demons and others; that she is possessed of hard-ness or cohesiveness, that she is excellent and

honoured, that she belongs to the Divine Spirit, that she is fit to be praised, contingent and supporting all, that she is rich in crops, broad and possessing a wealth of objects, that she is universal and comprising of the primary element, that she is exceedingly blissful, transformed into the bodies of creatures, illustrious, enduring and hence immortal.

[While the word Bhūmī denotes the earth, here the term Aditi refers to the deity embodied by it. This passage is a praise of the Supreme as the Deity of the Earth. The word Aditi is derived from the root दो meaning to divide and generally it is applied to the Deity of the heavens comprising of unlimited space. Here it is taken to denote the Earth. The reading *mahatā* in the place of *maharī* is not admitted by Bhattabhāskara and Sāyana. For a similar eulogy of Aditi see *Rgveda* I 89 10.]

एकोनत्रिंशोऽनुवाकः

SECTION TWENTY-NINE

आपो वा इदं सर्वं विश्वा भूतान्यापः प्राणा वा आपः
 पशव आपोऽन्नमापोऽमृतमापः सन्नाडापो विराडापः
 स्वराडापश्छन्दाः स्यापो ज्योतीः ध्यापो यजूः ध्यापः सत्य-
 मापः सर्वा देवता आपो भूर्भुवः सुवराप ओम् ॥१॥

इदं सर्वं दृश्यमानं जगत् आप एव । विश्वानि भूतानि प्राणिशरीराणि अपि जलाधीनत्वात् रेत कार्यत्वाद्वा आप एव । शरीरवर्तिनः प्राणा अपि जलविरहे प्राणविच्छेददर्शनात् आप एव । पशवः अपि जलाधीनप्राणत्वात् आप एव । त्रीहियवादिकं अन्नमपि उदकमूलकमेव । देवोपजीव्यं अमृतं अपि जलपरिणामेन भवति । सम्राट् सूत्रात्मा हिरण्यगर्भः, विराट् ब्रह्माण्डदेहः पुरुषः, स्वराट् अव्याकृताभिमानो ईश्वरः गायत्र्यादीनि छन्दासि आदित्यादीनि ज्योतीषि अनियताक्षरमन्त्ररूपाणि यजूषि यथाभूताभिधानरूपं सत्यं इन्द्रादयः सर्वे देवाः भूर्भुवः सुविरिति त्रयो लोकाः एवमादयः सर्वेऽपि पदार्थाः आप एव इति स्तूयन्ते । अपा मूलकारणं प्रणवप्रतिपद्यं ब्रह्मैव ॥

1. Verily all this is water. All the created beings are water. The vital breaths in the body are water. Quadrupeds are water. Edible crops are water. Ambrosia is water. Samrāt is water. Virāt is water Svarāt is water. The metres are water. The luminaries are water. Vedic formulas are water. Truth is water. All deities are water. The three worlds denoted by *Bhūh*, *Bhuvah* and *Suvah* are water. The source of all these is the Supreme, denoted by the syllable 'Om'.

[This mantra refers to water as a Deity. The Supreme Being is here eulogised as water. The Deity of water is supplicated to avert dryness and to cause rain. Bhattabhāskara transposes *annam*, and *amrtam* and omits *yajūmsi*. He interprets *Samrāt* as perpetually shining, *Virāt* as manifoldly shining and *Svarāt* as self-luminous.]

त्रिशोऽनुवाक.

SECTION THIRTY

आपः पुनन्तु पृथिवीं पृथिवी पूता पुनातु माम् ।

पुनन्तु ब्रह्मणस्पतिर्ब्रह्मपूता पुनातु माम् ॥१॥

यदुच्छिष्टमभोज्यं यद्वा दुश्चरितं मम ।

सर्वं पुनन्तु मामापोऽसतां च प्रतिग्रहः स्वाहा ॥२॥

आप पृथ्व्यशबहुल स्थूलशरीर शोधयन्तु । सा च पृथिवी अद्भि पूता सती मा लिंगशरीरोपाधिक जीव तद्गतमालिन्यनिरासनेन पुनातु । ब्रह्मणस्पति चतुर्मुखस्य वेदस्य वा पति परमात्मा मा पुनातु । अथवा एता आप वेदस्य प्रतिपादक आचार्य पुनन्तु । ब्रह्मपूता परमात्मना शोधिता आप मा पुनन्तु । अथवा आचार्योपदिष्ट स्वयंपूत सत् ब्रह्म वेद मा पुनातु । यत् मम सबन्धि अप्रायत्यकरण अन्यभुक्तावशिष्टस्वीकारादि उच्छिष्ट अभोज्य केशकीटादिदुष्टान्नभोजन यद्वा अन्यदपि शास्त्रप्रतिषिद्ध पापमस्ति तत्सर्वं असता धर्मरहिताना प्रतिग्रह मा च आप पुनन्तु । तदर्थ इदमुदक मयि सुहृतमस्तु ॥

आप water पृथिवीम् earth, the physical body predominantly composed of earth पुनन्तु may cleanse, may purify पूता purified पृथिवी earth माम् me पुनातु may purify ब्रह्मणस्पति Supreme Reality पुनन्तु (पुनातु) may purify पूता (पूतम्) purified ब्रह्म Veda माम् me पुनातु may purify यत् which मम my उच्छिष्टम् defilement अभोज्यम् prohibited eating यद्वा if there is any दुश्चरितम् misconduct सर्वम् all असताम् from disapproved people प्रतिग्रहम् acceptance of gift माम् me च and आप water पुनन्तु may purify स्वाहा Hail

1-2. May this water cleanse my physical body that is made of earthy substances. Thus purified, may the earthy body purify me, the Soul within. May this water purify the guardian of the Vedas, my preceptor. May the purified Vedas taught by the purified teacher purify me. (Or may the Supreme purify me. May the water purified by the Supreme purify me.) My defilement, repast on prohibited food and misconduct if any, and the sin accruing from the acceptance of gifts from persons disapproved by the scripture—from all these may I be absolved. May the waters purify me. Hail!

[This Section consisting of two stanzas supplies the formulas employed for purifying ceremoniously a quantity of water taken through the mouth as a part of the midday devotion and also for ācamana during bath. Here again the water stands for both, the element and the Deity. Intoning this mantra the twice-born drinks little water in the prescribed form with the following ideas in mind. May I become fit to enjoy the bliss of liberation here in this life through the realisation of the Supreme. For that may I receive instruction, and practise reflection and contemplation upon the final teachings of the Vedas with my mind and body cleansed of all impurities and sins. The prayer in the text is built up by a number of clauses. The importance of physical purity comes first. Water purifies the human body which is perpetually rendered unclean by exudations. A clean body is an aid for a pure mind. The second line offers a problem of grammatical concord which is somehow overcome by taking

arbitrarily the plural verb to be singular in sense or by taking the nominative to be accusative *i.e.*, ब्रह्मण पति मा पुनातु or आप ब्रह्मण पति पुनन्तु. In the first case *Brahmanah patih* is the Lord who is the four-faced Brahmā, here the Supreme, who is entreated to purify the performer. In the second case, as Sāyana points out, *Brahmanaspati* is the preceptor who is purified by the water and so he purifies the pupil. The second stanza is both a prayer and an expiation for transgressions of the individual and collectivity. Scrupulous avoidance of offences against the accepted code of religious conduct is possible only for the thoughtful and the painstaking aspirants. Consciousness of the intrusion of sin necessitates such a penitent prayer as this. Food defiled by others by intention or by contact is unfit for sacramental worship. In peril one may be compelled to take unclean food. The man behind the gift exerts an influence over the enjoyer of it often in an invisible manner. Hence religious people who insist in right living do not welcome gifts from disapproved people. Life is beset with these and many other offences against holy regulations and so daily expiations and resolutions are provided in the routine of devotion.]

एकत्रिंशोऽनुवाकः

SECTION THIRTY-ONE

अग्निश्च मा मन्युश्च मन्युपतयश्च मन्युकृतेभ्यः । पापेभ्यो
रक्षन्ताम् । यदह्ना पापमकार्षम् । मनसा वार्चा हस्ता-
भ्याम् । पद्भ्यामुदरेण शिश्ना । अहस्तद्वल्मुपतु ।

यत्किञ्च दुरितं मयि । इदमहं माममृतयोनौ । सत्ये
ज्योतिषि जुहोमि स्वाहा ॥१॥

अग्निश्च मन्युश्च मन्युपतयश्च देवा मा मन्युकृतेभ्य पापेभ्य रक्षन्ताम् ।
अह्ना अतिक्रान्ते अहनि यत् पाप मनसा प्रतिपिद्धचिन्तनादिभि वाचा प्रति-
षिद्धोच्चारणादिभि हस्ताभ्या निष्फलक्रियादिभि पद्भ्या अनाक्रमितव्यक्रम-
णादिभि उदरेण अभोज्यभोजनेन शिशनेन अगम्यागमनेन च कृतवानस्मि
तत् सर्वं अह अहरभिमानी देव अवलुम्पतु नाशयतु । प्राग्जन्मनि सञ्चित
अनिर्जातसाधन कृत करिष्यमाण च अन्यदपि यत्किञ्चित् दुरित पाप मयि
तिष्ठति इद पापजात मा तस्य कर्तार च लिङ्गशरीररूप अमृतयोनौ अमृत-
कारणे अथवा मरणरहिते जगत्कारणे स्वयप्रकाशे सत्ये जुहोमि प्रक्षिपामि ।
अनेन होमेन पापजात भस्मीकरोमि ॥

अग्नि Fire च and मन्यु Anger, longing fervour च and
मन्युपतय. the guardians of manyu च and मा me मन्युकृतेभ्य
caused by manyu पापेभ्य from sins रक्षन्ताम् guard अह्ना during
this day यत् what पापम् sin मनसा by mind वाचा by speech
हस्ताभ्याम् by hands पद्भ्याम् by feet उदरेण by stomach शिशना
(शिशनेन) by the procreative organ अकार्षम् I have done तत्
that अह Day अवलुम्पतु may efface completely. किञ्च further
यत् whatsoever दुरितम् sin मयि in me इदम् this माम् me अहम् I
अमृतयोनौ in the cause of Immortality ज्योतिषि in the self-
luminous सत्ये in Truth जुहोमि I offer as oblation स्वाहा Hail

1. May Fire, Anger and Guardians of anger
guard me from the sins resulting from anger May
the Day efface completely whatever sin I have
committed on this day by thought, word, hands,
feet, stomach and the procreative organ Further,

whatever sinful deed has been committed by me, all that and myself I offer as an oblation into the Self-luminous Truth, the source of Immortality. Hail!

[Similar to the previous Section this one also is employed for praying over the purificatory water that is taken in as part of daily evening devotion, which serves for expiation of sins. Traditionally Agni and Ahas, Fire and Day, are here taken to stand for the Divine. What is literally denoted by these two words cannot remove one's sins. Sāyana therefore takes Fire and Day to mean the regent Deities. *Manyu* is a Deity found mentioned in the Vedas. The meaning given is 'longing fervour'—मननशीलं अन्तःकरणं सर्वप्रवृत्तिनिवृत्तिहेतुः—as Bhaṭṭabhāskara puts it. From this meaning, by restriction, we get the sense of anger towards one's enemies—including internal foes like craving, rage, covetousness and passion. The guardians of *manyu* are the senses and energies of man. Man's passions are his misfortunes. Just as the home is protected from thieves and burglars by placing proper guard so a man has to protect himself from sinful acts perpetrated through his enslavement to the passions and pleasures of the senses. Every act of devotion is an act of weeding and sowing. The mind has to be cleansed of possible sins and planted with thoughts of purity and holy resolutions. During the evening twilight-devotion offences of the day are burnt in the fire of divine contemplation. The list of sins given here, though fairly comprehensive, may be considered only as illustrative. A pure mind is at the root of all spiritual progress. Wrong and sinful emotions and feelings stain the mind. Control of mind implies controlling and directing of one's acts in proper and approved way. All day-dreamings

based on personal hurts and satisfaction are therefore to be shunned as sin and repented for. Sins are committed by words in the shape of lying, swearing, tattling, disparaging and bantering. Aimless and hurtful activities are consciously or unconsciously performed by the hand. The feet are responsible for gadding about and walking over places where one ought not to go. The belly offends by taking in wrong food. Unchastity is a sin for which the procreative organ is held responsible. All the senses are to be carefully guarded. Without fear of sin no man can tread the right path and human nature is prone to all these weaknesses. As a preventive and cure for these foibles the aspirant during his evening devotions contemplates daily upon the Supreme Truth—The Shining Reality within himself. He forgets at least for the time being his lower human nature as it were. Daily repetition of this process finally burns away all the dross in him and makes him pure and divine. That is the purpose of this and similar other mantras recited in this context.]

द्वात्रिंशोऽनुवाकः

SECTION THIRTY-TWO

सूर्यश्च मा मन्युश्च मन्युपतयश्च मन्युकृतेभ्यः । पापेभ्यो
रक्षन्ताम् । यद्वात्रिया पार्षमकार्षम् । मनसा वाचां हस्ता-
भ्याम् । पद्भ्यामुदरेण शिश्ना । रात्रिस्तद्वलुम्पतु । यत्किञ्च
दुरितं मयि । इदमहं माममृतयोनौ । सूर्ये ज्योतिषि
जुहोमि स्वाहा ॥१॥

उपक्रान्तस्य अह्ने अधिपति सूर्यश्च मन्युश्च मन्युपतयश्च देवा मा मन्युकृतेभ्यः पापेभ्य रक्षन्ताम् । रात्र्या यत् पाप मनसा प्रतिपिद्धचित्तनादिभि वाचा प्रतिपिद्धोच्चारणादिभि हस्ताभ्या निष्फलक्रियादिभि पद्भ्या अनाक्रमितव्यक्रमणादिभि उदरेण अमोज्यभोजनेन शिग्नेन अगम्यागमनेन च कृतवानस्मि तत् सर्वं रात्रि रात्र्यभिमानी देव अवलुम्पन्तु नाशयतु । प्राग्जन्मनि सचित अनिर्ज्ञातसाधन कृत्न करिष्यमाण च अन्यदपि यत् किञ्चित् दुरित पाप मयि तिष्ठति इदं पाप मा तस्य कर्तारं च लिगशरीररूप अमृतयोनी अमृतकारणे अथवा मरणरहिते जगत्कारणे स्वयंप्रकाशे सूर्योपाधिके ज्योतिषि जुहोमि प्रक्षिपामि, अनेन ह्येनेन पापजातं भस्मीकरोमि ॥

1 May the Sun, Anger and the Guardians of anger guard me from the sins resulting from anger May the Night efface completely whatever sin I have committed during the last night by thought, word, hands, feet, stomach and the procreative organ Further, whatever sinful deed has been committed by me all that and myself I offer as an oblation into the Supreme Light represented by the sun, the source of Immortality. Hail!

[This mantra serves the same purpose as the one described in the previous two mantras The only difference is that this is employed during the performance of the morning twilight devotion of the twice-born Traditionally *sūrya* is here interpreted as the Supreme represented by the sun Even the word *rātri* is interpreted to denote the Supreme Being—*rā* means to give and *tri* means to protect, that is to say, the protector of the universe who confers the Puru-

sārthas to the devotees This Section varies from the previous one only by the substitution of two words —*sūrya* and *rātri*]

त्रयस्त्रिंशोऽनुवाकः

SECTION THIRTY-THREE

ओमित्येकाक्षरं ब्रह्म । अग्निर्देवता ब्रह्म इत्यार्षम् ।
गायत्रं छन्दं परमात्मं सरूपम् । सायुज्यं विनियोगम्
॥१॥

ओमिति यत् एकाक्षर अस्ति तत् ब्रह्म । तस्य देवता अग्नि ।
आर्षमपि ब्रह्म इति । गायत्री छन्द । परमात्मलक्षणे सरूपे मर्वात्मके सायुज्ये
अर्थात् परब्रह्मप्राप्तौ विनियोग ॥

ओम् the syllable 'Om' इति thus एकाक्षरम् single utterance
ब्रह्म Brahman, देवता Deity अग्नि Agni, ब्रह्म Brahman इति thus
आर्षम् Rsi, seer, गायत्रम् (गायत्री) gāyatrī छन्दम् (छन्द.) metre,
परमात्मम् (परमात्मा) relating to Paramātman सरूपम् having
the from of the whole universe सायुज्यम् union विनियोगम् use.

1. The one syllable 'Om' is Brahman. Agni is its Deity. Its Rsi also is Brahman. Its metre is gāyatrī. Its use is for the union with Paramātman who exists as the manifold universe.

[This passage is not noticed by Bhattabhāskara and Sāyana and has the appearance of an intrusion. Its grammatical deformity is redeemed by supplying the necessary case ending conjecturally The purpose of the passage is to

inform us that the very form of the syllable 'Om' is Brahman, that what is denoted by it is also Brahman here named as Agni, that its Rsi is Brahman, that its metre is gāyatrī, and that its use is to aid an aspirant to realize his union with the Supreme]

चतुस्त्रिंशोऽनुवाकः

SECTION THIRTY-FOUR

आयातु वरदा देवी अक्षरं ब्रह्म संमितम् ।
गायत्री छन्दसां मातेदं ब्रह्म जुषस्व नः ॥१॥

वरणीयाना अर्थाना दात्री गायत्री छन्दोभिमानीनी देवता अक्षर विनाश-
रहित समित वेदान्तप्रमाणेन सम्यक् निश्चित ब्रह्मतत्त्व अस्मान् बोधयितु
आगच्छतु । छन्दसा माता गायत्री न अस्मान् इदं ब्रह्मतत्त्व जुषस्व उपदिशतु ।
अथवा, वरदा गायत्रीदेवी आगच्छतु । हे देवि, आगत्य छन्दसा उष्णिगादीना
माता त्व अस्मदीय इदं क्षररहित ब्रह्मसकाश गायत्रीछन्दस्क ब्रह्म सेवस्व ॥

वरदा boon-conferring देवी divine अक्षरम् imperishable
समितम् determined by Vedānta ब्रह्म Brahman आयातु may come.
छन्दसाम् of metres माता Mother, source गायत्री gāyatrī न us
इदम् this ब्रह्म Supreme जुषस्व (जोषयतु) may impart.

1. May the boon-conferring divine gāyatrī come to us (in order to instruct us about) the imperishable Brahman who is determined by the Vedānta. May gāyatrī, the mother of metres, favour us with the Supreme just mentioned.

[This is the Gāyatrī invocation used in the twilight devotions. The instruction on the Supreme (Brahmopadeśa) is mainly conveyed through pranava and gāyatrī. Here, therefore, a prayer is addressed to Gāyatrī, the Deity denoted by the verse, requesting her to visit the devotee and favour him with the intuition of the Supreme Brahman—the last word of the Vedas and the final purpose of religious righteousness taught in it. We note as part of the Vedic faith inspired by the *Kenopanisad* that Brahmagvidyā is acquired through the grace of the Divine Mother, there named as Umā, and here as Gāyatrī. The longer version has *jusasva me* in place of *jusasva nah* found in the shorter one. The reading in the shorter version appears to be superior in so far as the gāyatrī text itself uses the first person plural as the object. Further both Bhattabhāskara and Sāyana have accepted the plural reading. To meet the trend of advaitic interpretation, Sāyana takes *jusasva* in the sense of *josayatu*. The alternative interpretation which is given in the Sanskrit Paraphrase represents Bhattabhāskara and in English it would read—May the boon-giving Deity of Gāyatrī come to us. O Devi, mother of metres, deign to accept this prayer of ours in gāyatrī metre which is similar to the imperishable Brahman in greatness.]

यदह्नात्कुरुते पापं तदह्नात्प्रतिमुच्यते ।

यद्रात्रियात्कुरुते पापं तद्रात्रियात्प्रतिमुच्यते ।

सर्ववर्णो महादेवि सन्ध्याविद्ये सरस्वति ॥२॥

हे सर्ववर्णो, हे महादेवि, हे सन्ध्याविद्ये, हे सरस्वति, यदह्नात् यस्मिन्नहनि पाप कुरुते तदह्नात् तस्मिन्नेवाहनि प्रतिमुच्यते शुद्धो भूयात् । यद्रात्रियात् तस्या रात्रौ पाप कुरुते तद्रात्रियात् तस्यामेव रात्रौ शुद्धो भूयात् ॥

सर्ववर्णे O thou, who art the source of all letters महादेवि
 O thou great deity सन्ध्याविद्ये O thou the object of meditation
 at twilight सरस्वति O Sarasvatī, यदह्नात् that day in which
 पापम् sin कुरुते does तदह्नात् in the same day प्रतिमुच्यते (प्रतिमुच्य-
 ताम्) let him be liberated यद्रात्रियात् the night in which
 पापम् sin कुरुते does तद्रात्रियात् in the same night प्रतिमुच्यते let
 him be liberated

2. O thou who art the source of all letters,
 O thou the great Deity, O thou the object of
 meditation at twilight, O thou Sarasvatī, may thy
 devotee be liberated from the sin which he com-
 mits during the day by the same day and the sin
 which he commits during the night by the same
 night.

[This supplementary prayer found in the longer version
 is not noticed by Bhaṭṭabhāskara and Sāyana The forms
ahnāt and *rātryāt* must be restored to the usual grammatical
 forms *ahni* and *rātryām*.]

पञ्चत्रिंशोऽनुवाकः

SECTION THIRTY-FIVE

ओजोऽसि सहोऽसि बलमसि भ्राजोऽसि देवानां धामना-
 मासि विश्वमसि विश्वायुः सर्वमसि सर्वायुरभिभूरो गायत्री-
 मावाहयामि सावित्रीमावाहयामि सरस्वतीमावाहयामि

छन्दर्षीनावाह्यामि श्रियमावाह्यामि गायत्रिया गायत्री
 छन्दो विश्वामित्र ऋषिः सविता देवताग्निमुखं ब्रह्मा शिरो
 विष्णुहृदयः रुद्रः शिखा पृथिवी योनिः प्राणापानव्यानोदा-
 नसमाना सप्राणा श्वेतवर्णा सांख्यायनसगोत्रा गायत्री चतुर्विं-
 शत्यक्षरा त्रिपदा षट्कुक्षिः पञ्चशीर्षोपनयने विनियोगः

॥१॥

हे गायत्रि त्व ओज बलहेतुभूता अष्टमधातुरूपा असि । सह सहिष्णुत्व
 धैर्य असि । बल शरीरमामर्थ्य असि । भ्राज दीप्तिरूपा असि । अग्न्यदीना
 देवाना धाम स्वर्ग इन्द्रादिनाम च असि । विद्व अचेतन सर्वजगद्रूपमसि ।
 विश्वायु सर्वेषामन्न अथवा सपूर्णायु स्वरूपा असि । चेतनरूपजगत्
 सर्वमसि । सर्वेषामायु आयुषे हित असि । अभिभू सर्वस्य वैरिण पापस्य
 नाशहेतु अमि । ओ प्रणवप्रतिपाद्या च असि । तादृशी गायत्री मदीये मनसि
 आवाह्यामि । मावित्री सरस्वती छन्दासि ऋषीश्च श्रिय च सर्व एकगायत्र्या-
 वाहनेन आत्मनि आवाह्यामि । गायत्र्या गायत्री छन्द , विश्वामित्र ऋषि ,
 सविता देवता, अग्नि मुखम्, ब्रह्मा शिर, विष्णु हृदयम्, रुद्र शिखा,
 पृथिवी योनि, प्राणापानव्यानोदानसमाना सप्राणा , श्वेतवर्णा सांख्यायन-
 गोत्रा गायत्री चतुर्विंशत्यक्षरा त्रिपदा षट्कुक्षि पञ्चशीर्षा च । उपनयने
 विनियोगः ॥

1. O Gāyatrī, Thou art the essence of strength. Thou art patience, or the subduing power Thou art physical capacity. Thou art splendour. Thou art the abode of gods and their name. Thou art the insentient universe. Thou art the full span of life or the Lord of all Thou art every living thing Thou art the life span of all. Thou art the vanquisher of all that is hostile

to us. Thou art the Truth denoted by the pranava. I invoke Gāyatrī, (into my heart). I invoke Sāvitrī I invoke Sarasvatī. I invoke the metres, the Rsis (and the gods) I invoke the splendour (of all the gods). Of Gāyatrī the metre is gāyatrī, the Rsi is Viśvāmitra and the Deity is Savitr̥. Fire represents the mouth; the four-faced Brahmā, the head; Viśnu, the heart, Rudra, the crown-hair, Earth, the source; the in-breath, the out-breath, the diffused breath, the up-breath and the middle breath, the breath Gāyatrī is fair in hue and is of the same family as Paramātman attained by the Sāṅkhyas—the illumined sages. The deity Gāyatrī (explained further as a formula) has twenty-four syllables, comprised in three feet, six sheaths or cavities and five heads. It is employed in Upanayana, or initiation into Vedic student-ship

[Along with the previous stanza this section is also employed for invoking Gāyatrī in the heart of the worshipper. The Vājasaneyins use this Section for the invocation of Gāyatrī instead of the verses beginning with *Āyātu varadā devī* of the immediately preceding Section. Worship implies a relation between the worshipper and the object of worship, and also a felt need and a suitable attitude in the worshipper which he naturally and genuinely adopts. The apparent limitations and imperfections, as well as the consciousness of sin and impurity incidental to his inherited nature as described in the preceding Sections, engender in the mind of the wor-

shipper the need for invoking the grace of the Supreme in the shape of Gāyatrī to retrieve his own true divine nature which had been temporarily eclipsed by the life of the world. Gravitational flow of water takes place only to a low ground. Similarly only a person who is humble, penitent and eager for purity and freedom can receive the divine glory in its unsullied splendour. Such an aspiring soul looks to the Divine for all its needs and exclaims 'Thou art my strength, Thou art my power, Thou art my glory, Thou art my all'. So here Gāyatrī conceived as non-different from Brahman is eulogised as the various excellences and attributes listed above. The longer version has an extension of the passage, not noticed by Bhattabhāskara and Sāyana, in *sāvitrīṃ āvāhayāmi* etc. used by many worshippers according to their tradition. The earlier part up to *abhibhū om* is quoted from *Taittīyabrāhmaṇa* 2. 4. 3. 2, where it is given as a eulogy of Gāyatrī. Sāyana takes *īyu* in the *sāvāyu* as food in the commentary on the *Taittīyabrāhmaṇa* passage. It has been already noted that Gāyatrī is also known as Sāvitrī and Sarasvatī. The Supreme Being as the indweller and impeller of all Creation is known as Savitr and hence the passage in praise of Him is called Sāvitrī. The Vedas are represented as a lake of *saras* which gives the waters of life and hence Gāyatrī, as the essence of the Vedas, is called Sarasvatī. These two terms magnify Gāyatrī as the object of worship.

Traditionally Gāyatrī is the name given to That Deity in the forenoon, Sāvitrī in the midday and Sarasvatī in the evening. Gāyatrī is explained as that which protects the person who chants it (*gāyantam trāyate*) from the various sins. The epithet Sāvitrī is given because it represents Savitr, who illumines the creation; and Sarasvatī because in that aspect it expresses the world in the shape of speech. These

three are also represented as Brahmā, Rudra and Viṣṇu as well as red, white and black. Whatever may be the details of worship, the Supreme is worshipped through the gāyatrī. To this effect the Smṛti-s cite the following authority

नभिन्ना प्रतिपद्येत गायत्री ब्रह्मणा सह ।
 सोऽहमस्मीत्युपासीत विधिना येनकेनचित् ॥
 गायत्री चिन्तयेच्चस्तु हृत्पद्मे समुपस्थिताम् ।
 धर्माधर्मविनिर्मुक्त स याति परमा गतिम् ॥

The principal part of this devotion consists in the meditation of Gāyatrī in the orb of the sun visualised in one's own heart as non-different from Paramātman. The ritualistic details are secondary. The *Mahābhārata* states that during the Kuruksetra war, Yudhisthira and other leaders did the twilight meditation at the appropriate time without retiring from the battle field for the performance of detailed rituals. The eulogy of Gāyatrī is further extended by identifying it with other items given below that. Being the essence of all mantras, gāyatrī embodies in it mystically all the metres, all the Rsis, all the gods as well as their splendour. So by the invocation of Gāyatrī all these are invoked within oneself. No mantra is fit for employment in religious acts unless the metre, the deity and the seer are also remembered. So gāyatrī, Viśvāmitra and Savitr are next mentioned. Then the formula of gāyatrī is personified for meditation —Agni the first of Gods is the mouth, Brahmā the first-born is the head, Viṣṇu is the heart and Rudra is the *śikhā* or flame causing the final dissolution (or what is placed at the top of all). The earth is the Yoni i.e. the source, and the winds, the breath. Fairness in hue is indicative of the highest purity. The knowledge of family is necessary to assess the greatness of an individual

and so it is stated that Gāyatrī is of the same Gotra as Brahman. (साख्यै. ईयते ज्ञानिभि प्राप्यते इति साख्यायन. सन्मात्र ब्रह्म) The form of Gāyatrī mantra is then described It has three feet of eight syllables each, six sheaths or auxiliaries to the Vedas which protect the Vedas represented by Gāyatrī like a sheath, five heads consisting of four Vedas and Itihāsa and Purāna known as the fifth Veda These details about Gāyatrī are recited before a boy is initiated into studentship and Gāyatrī is instructed]

ओं भूः । ओं भुवः । ओ ५ सुवः । ओं महः । ओं
जनः । ओं तपः । ओ ५ सत्यम् । ओं तत्सवितुर्वरेण्यं
भर्गो देवस्य धीमहि । धियो यो नः प्रचोदयात् । ओमापो
ज्योती रसोऽमृतं ब्रह्म भूर्भुवः सुवरोम् ॥२॥

भवन्ति अस्मिन्निति भू । शीतोष्णवृष्ट्युदकतेजासि अमुष्मात् भवन्ति इति भुव । सुष्ठु व्याप्यते सुकृतिभि इति सुव । महत्त्वात् मह । कल्पान्ते प्रलीना प्राणिन तत्र प्रथम जायन्ते इति जन । सनत्कुमारादियोगीन्द्रै तस्मिन् तप तप्यते इति तप । सत्यव्रताना स्थानभूतत्वात् सत्यम् । इत्येते सप्तलोका सप्तव्याहृतिप्रतिपाद्या प्रजाना स्थित्याद्यर्थं सप्तव्याहृतीना व्यवहरणात् आदौ प्रजापतिना सृष्टा । व्याहृतीना परमात्मन पर्यायवाचकत्वख्यापनाय व्याहृतिप्रतिपाद्यलोकाना प्रणवप्रतिपाद्यब्रह्मस्वरूपत्वविवक्षया च प्रणवाना प्रत्येक उच्चारणम् ॥ ओ सर्वंप्रेरकस्य अन्तर्यामिणः देवस्य श्रेष्ठ तेज ध्यायेम । य. सविता परमेस्वर अस्मदीया बुद्धिवृत्ती. प्रकर्षेण तत्त्वबोधे प्रेरयतु ॥ ओ या पृथिवीगता आप, यच्चादित्यादिक ज्योति, य मधुरादिरस, यत् अमृत, तत्सर्वं प्रणवप्रतिपाद्य ब्रह्म । भूरादित्रय च प्रणवप्रतिपाद्य ब्रह्म ॥

2. Om Earth Om Sky. Om Heaven Om Middle Region. Om Place of Birth. Om Mansion of the Blessed Om Abode of Truth Om may we meditate on the Adorable Light of that Divine Generator who quickens our understandings. Om He is water, light, flavour, ambrosia and also the three worlds He who is denoted by pranava is all these.

[This passage gives the mantras employed for mental repetition and concentration during the performance of prānāyāma Four elements namely, pranava, vyāhrti-s, gāyatrī and gāyatrīśiras make up the whole unit According to Manu this composite formula is to be mentally repeated clearly and attentively thrice while the breath is retained within During the retention of the breath the nostrils are closed with the thumb and the little and the ring fingers The seven vyāhrtis denote the seven worlds created by Brahmā by uttering them in the beginning and the first three of them are called Mahāvāhrtis. Pranava is added to each of them to point out that each vyāhrti independently also stands for the Supreme After the seven vyāhrtis the gāyatrīmantra follows them headed by another pranava, which again implies that the Supreme alone is denoted by the gāyatrīmantra This is succeeded by gāyatrīśiras bracketed by the pranavas in the beginning and the end Gāyatrī coming in the middle is the fundamental element and the rest are auxiliaries thereof When a person performs the prānāyāma and concentrates his thought on this mantra, the latent spiritual tendencies in the depth of his being are awakened and he becomes fit for communion with the Supreme Reality and eventually he realises the spiritual goal

The metre associated with the seven vyāhrtis are gāyatrī, usnik, anustubh, brhatī, pankti, tristubh, and jagatī and their deities are Agni, Vāyu, Sūrya, Brhaspati, Varuna, Indra and Visvadevas respectively. Prajāpati is then Rsi Gāyatrīśiras consisting of sixteen syllables is called so because it forms as if it were the head of the formula Prajāpati is its Rsi, anustubh is the metre and Brahmā, Agni and Vāyu are the deities. It has been mentioned on p. 39 that the gāyatrī is employed during the performance of japa, homa and dhyāna. Until one is purified by the practice of prānāyāma he is not ready for japa. Hence the importance of the formula given here for the practice of prānāyāma. The prānāyāma which is performed during the twilight devotions differs from the one advocated by Patañjali for the practice of yoga. In the former the retention period alone is measured by the formula given here. In the latter case breathing in, holding the breath within and breathing out are appropriately measured. There is a considerable literature explaining the meaning of gāyatrī towards which all the great ācāryas have made their contribution. The word *tat* qualifying *savitṛ* makes it clear that the visible prime luminary of the heavens is only a representation of the Godhead who is referred to here as immanent in all creatures and also transcendent. He is *savitṛ* because He is the cause of the universe and He animates and impels all that exists. He is *deva* because He is self-luminous, and all other light, whether intellectual or physical, is a loan from Him. The devotee meditates upon His *bharga*, light, for the attainment of all the fourfold values of life. The term *bharga* is derived from the root *bhṛsj* meaning to roast or to burn. It, therefore, implies not only the radiant light but also the heat which destroys the root of ignorance and misery which bars one from the attainment of the Supreme. Hence this

Divine Light is eagerly sought after by all who seek release from the round of birth and death. The significance of the third line of the *gāyatrī* is this. According to the Vedas, thought and activity make up human destiny. A man's mental activities elevate him if and when they are under the influence of divine operation. Hence in this line the devotee's longing is expressed that the Supreme should guide his mind towards the performance of religious duty, selfless devotion to God and the highest illumination. Two ancient authorities have paraphrased the ideas contained in the *gāyatrī* by the following verses —

यो देव सवितास्माकं धियो धर्मादिगोचरा ।

प्रेरयेत्तस्य यद् भर्गस्तद्वरेण्यमुपास्महे ॥ १ ॥

यद्ब्रह्म नित्यं हृदि सन्निविष्टं मा प्रेरयतिष्ठति न मुबुद्धी ।

भर्गस्तदाख्यं भजनीयमेतन् ध्यायाम नित्यं रविमण्डलस्थम् ॥ २ ॥

For the explanation of *gāyatrīśīras* see note on Section XV, stanza 2. The shorter version gives two alternative formulas for *prānāyama*. (1) ओ भूर्भुवः सुवर्महर्जनस्तप सत्यं तद्ब्रह्म तदाप आपो ज्योती रसोऽमृतं ब्रह्म भूर्भुवः सुवरोम् ॥ (2) ओ तद्ब्रह्म । ओ तद्वायु । ओ तदात्मा । ओ तत्सत्यम् । ओ तत्सर्वम् । ओ तत्पुरोर्नमः ॥ The first one differs from the *gāyatrīśīras* only by the prefixing of *pranava* and *vyāhrtis* and by substituting *Sāvitrī* for *tat brahma*. The second one will be explained later in the longer version.]

षट्त्रिंशोऽनुवाकः

SECTION THIRTY-SIX

उत्तमे शिखरे देवि [जाते] भूम्यां पर्वतमूर्धनि ।

ब्राह्मणेभ्योऽभ्यनुज्ञाता गच्छ देवि यथासुखम् ॥१॥

हे देवि गायत्रि, त्वदुपासकेभ्य ब्राह्मणेभ्य अनुज्ञान अभिव्याप्य अथवा तै अनुज्ञाता सती पुनरपि तेपा समीपमागन्तु प्रतीक्षमाणा यथासुख यत्र गताया भवत्या सुख भवति हे देवि, तत्र उत्तमे पुण्यतमे शिखरे महामेरौ भूमौ अन्यत्र पर्वतमूर्धनि उच्छ्रितप्रदेगे वा गच्छ, गत्वा तत्र तिष्ठ ॥

हे देवि O Goddess ब्राह्मणेभ्य for the sake of brāhmanas अनुज्ञाता until they remember उत्तमे in the highest, holiest शिखरे on the peak भूम्याम् on the earth पर्वतमूर्धनि on the mountain हे देवि O shining One यथासुखम् at pleasure गच्छ go, remain

1. O Goddess, Thou mayest go and remain at Thy pleasure on the highest and holiest peak on the earth, or in any high place until the brāhmanas remember Thee again.

[This stanza and the succeeding one are repeated at the close of twilight devotions for the dismissal of Gāyatrī The longer version reads *jāte* in the place of *devi* According to Sāyana the abode of Gāyatrī from where she is summoned is on the highest peak of the mountain called Meru on the earth Whereas Bhattabhāskara appears to understand the various epithets in the first line as places where Gāyatrī is at liberty to be until She is summoned further]

स्तुतो मया वरदा वेदमाता प्रचोदयन्ती पवने[॥] द्विजाता ।
 आयुः पृथिव्यां द्रविणं ब्रह्मवर्चसं मह्यं दत्त्वा प्रजातुं
 ब्रह्मलोकम् ॥

मया स्तुता वरदा वाञ्छितार्थदात्री पवने अर्थात् मारुत इव प्रचोदयन्ती
 अन्तर्यामिरूपेण प्राणिना प्रेरयित्री द्विजाता सूर्यमण्डलब्रह्मलोकयो प्रादुर्भूता
 वेदमाता चतुर्णां वेदाना जननी मह्यं पृथिव्या विद्यमानाय आयु दीर्घजीवन
 द्रविणं ब्रह्मवर्चसं च दत्त्वा प्रजातुं अर्थात् प्रकर्षेण जात ब्रह्मलोक गच्छतु ॥

मया by me स्तुता magnified वरदा boon-conferring पवने
 (पवन इव) like the wind प्रचोदयन्ती impelling द्विजाता born from
 two sources वेदमाता Mother of the Vedas मह्यम् to me पृथिव्याम्
 on the earth आयु long life द्रविणम् wealth ब्रह्मवर्चसम् power of
 Vedic learning दत्त्वा having given प्रजातुम् (प्रजातम्) excellently
 produced ब्रह्मलोकम् world of Brahman (गच्छतु may depart).

2. May the boon-conferring Mother of the Vedas, who has been magnified by me, who impells the created beings like wind and who has two places of birth, depart to the excellently produced world of Brahman having conferred on me, here on the earth, long life, wealth and power of Vedic learning.

[Sāyana and Bhattabhāskara have not noticed this verse here It is believed that the residence of Gāyatrī is both Brahmaloaka and the orb of the sun as suggested by the word *divijātā* The passage, however, directly indicates Brahmaloaka as the place to which Gāyatrīdevī returns The words *pavane* and *prajātum* appear to be solecistic and offer difficulty of construction which is overcome by substituting a suitable

sense under the sanction of Vedic license The *Atharvaveda* XIX 71 1 gives the uncorrupt form of the mantra as follows

स्तुता मया वरदा वेदमाता
 प्रचोदयान्तां पावमानी द्विजानाम् ।
 आयुः प्राणं प्रजां पशुं कीर्तिं द्रविणं
 ब्रह्मवर्चसं मह्यं दत्त्वा ब्रजत ब्रह्मलोकम् ॥

This is blemishless Pāyamāna is the Indwelling Divine Spirit Gāyatrī extols His glory, further Gāyatī is the Mother of the Vedas or the Vedas are represented by Her The seer here prays for the fruits of the devotion properly performed for everyone including himself 'May Gāyatrī, the Vedamātā, who glorifies the Supreme Reality, having been invoked by me during the worship grant me and all the twice-born, longevity, life, progeny, cattle, renown, wealth and splendour of spirituality After giving these, may Gāyatrī go back to the Supreme Brahman from whom She arose']

सप्तत्रिंशोऽनुवाकः.

SECTION THIRTY-SEVEN

घृणिः सूर्यं आदित्यो न प्रभां वात्यक्षरम् । मधुं क्षरन्ति
 तद्रसम् । सत्यं वै तद्रसमापो ज्योती रसोऽमृतं ब्रह्म भूर्भुवः
 सुवरोम् ॥१॥

घृणि दीप्तिमान् सूर्यं जगत्प्रसवहेतु अक्षर क्षरणहित नित्य भगवान्
आदित्य प्रभान स्वकीयप्रकाश इव वाति लोकोपकारार्थं गगनमार्गेण गच्छति ।
तद्रस आदित्यजन्य उदक मधुर क्षरन्ति प्रवहति । न एव मत्य
ब्रह्मस्वरूपम् ॥

1. The imperishable Āditya who is the giver of lustre and the creator of the universe moves in the sky like his own rays The essence of him in the form of sweet water flows in the shape of rivers He is the Truth (Rest as XV. 2)

[The present Section gives this mantra as a substitute for the upāsana mentioned on pages 207 to 218 One may perform japa of it if he is incapable of performing the worship which has been described The same formula appears in the shorter version, and it has been fully dealt with at Section XV, passage 2, to which place it naturally belongs So here it is not discussed at length]

अष्टत्रिंशोऽनुवाकः.

SECTION THIRTY-EIGHT

ब्रह्ममेतु माम् । मधुमेतु माम् । ब्रह्ममेव मधुमेतु माम् ।
यास्ते सोम प्रजा वत्सोऽग्नि सो अहम् । दुःष्वप्रहन् दुर्गुणह ।
यास्ते सोम प्राणां स्ताञ्जुहोमि ॥१॥

पर ब्रह्मतत्त्व मा एतु । परमानन्दलक्षणत्वात् परमात्मरूप मधु मां प्राप्नोतु । ब्रह्ममेव मधु अर्थात् अखण्डैकरस आनन्दरूप वस्तु मा प्राप्नोतु मह्यमात्मानमाविष्करोतु । हे सोम उमया ब्रह्मविद्यया सह वर्तमान परमात्मन्,

ते या प्रजा सन्ति ता अभि अर्थात् अभिलक्ष्य तासा मध्ये स अह वत्स बाल बालवत् त्वदीयकरुणायोग्य । हे दु स्वप्नहन् ससाररूपस्य दु स्वप्नस्य घातक हे परमेश्वर दुरुष्णह दु ख उत्कर्षेण विनाशय । हे सोम परमात्मन्, ने त्वदीया या प्रणवृत्तय मयि सन्ति अर्थात् त्वत्सृष्टा. वागादिप्राणवृत्तय मन च विषयेभ्य परावृत्त्य ता अह त्वय्येव जुहोमि ॥

ब्रह्मम् (ब्रह्म) the Supreme माम् me एतु reach, receive मधुम् (मधु) the sweet, blissful माम् me एतु reach, receive ब्रह्मम् (ब्रह्म) the Supreme एव alone मधुम् (मधु) the sweet, blissful माम् me एतु reach, receive हे सोम O Lord ते thy या those प्रजा creatures (ता them) अभि regarding स such अहम् I वत्स child दु स्वप्नहन् O destroyer of the bad dreams दुरुष्णह destory sorrow हे सोम O Lord ते belonging to thee या that which तान् those प्राणान् breaths जुहोमि I offer.

1. May the Supreme reach me. May the Blissful reach me. May the Supreme alone that is blissful reach me O Lord, being one among Thy creatures I am Thy child. Suppress the dreary dream of the empirical existence that I experience. For that I offer myself as an oblation into Thee, O Lord, and the vital and mental powers, Thou hast kept in me.

[This is the first of the notable group of mantras called Trisuparna From the free rendering given above it is evident that the kernal of it is a prayer on the part of the spiritual aspirant to Paramātman for enlightenment and release from the round of birth and death, for the effecting of which he makes an oblation of his senses and energies—hitherto engrossed in worldly persuits—into the Supreme to whom they

really belong. The Trisuparna is prescribed for japa to be undertaken by the seekers of the divine knowledge and who wish to expiate all known and unknown sins that stand in their way to illumination. In the Vedic literature the term *suparna* stands for the Sun, Fire, Prajāpati and other gods and in the Purānas the bird Garuda is called Suparna, Garuda is the King among birds and protector of amṛta. These mantras guard the highest good of the Soul. So they are called Suparna. Pranava is also called Suparna, for it takes the upāsaka to his divine goal. Since these passages help one to reach that goal they are here called Suparna. Bhattabhāskara understands the text slightly differently. He splits *Brahmametū* into *Brahma* and *metū* avoiding the awkward form *Brahmam* and explains *metū* as imperative third person singular of the root *mī* of the tenth conjugation. He gives a ruling that without justification in sense the addition of any element to a Vedic word is unacceptable, and so to consider *Brahmam* as the actual form and not *Brahma* is not legitimate according to him. Again *abhi* and *so* taken as two words above is considered as one word by him and therefore *abhiṣo* means—*Somena ārūdhayitā*—one who worships with Soma. The word *abhiṣo* also implies *abhitah sarvatah sotā īśitā*—one who rules all around, the Lord. This implies that through the grace of the Lord the worshipper has achieved his union with the Supreme. Bhattabhāskara reads *dussvapnahan durussahā* (*saṃjātaḥ*), and explains the second word as an adjective meaning one who is not capable of being overpowered (because of divine knowledge). The word *Soma* is explained by him as *Īśvara*, the Lord, who impells the universe and explains the word *Umā* in it as *Paraśakti* denoted by *pranava* in part reversed—*mā u*]

त्रिसुपर्णमयाचितं ब्राह्मणाय दद्यात् । ब्रह्महत्यां वा
एते घ्नन्ति । ये ब्राह्मणास्त्रिसुपर्णं पठन्ति । ते सोमं
प्राप्नुवन्ति । आ सहस्रात् पङ्क्तिं पुनन्ति । ओम् ॥२॥

त्रिसुपर्णमन्त्रं अप्रार्थितमेव शिष्याय ब्राह्मणाय दद्यात् । उपदिष्टा. ये
ब्राह्मणा सर्वदा त्रिसुपर्णमन्त्रं पठन्ति एते ब्रह्महत्यां घ्नन्ति वै विनाशयन्त्येव ।
ते निष्पापा. सन्त सोमयागफलं परं देव वा प्राप्नुवन्ति । ते सहस्रपुरुषाया
ब्राह्मणपङ्क्तौ भुञ्जाना ता सर्वामपि पङ्क्तिं शुद्धां कुर्वन्ति । भोजयित्वा
पङ्क्तिं क्षालितसर्वपापा कुर्वन्ति । प्रणवसायुज्यं च लभन्ते ॥

त्रिसुपर्णम् the Trisuparna अयाचितम् unsolicited ब्राह्मणाय
to a brāhmana दद्यात् should be imparted ये those ब्राह्मणा
brāhmanas त्रिसुपर्णम् the Trisuparna पठन्ति repeat एते these
ब्रह्महत्याम् brāhminicide घ्नन्ति destroy वै indeed ते they सोमम्
(the result of) Soma sacrifice प्राप्नुवन्ति attain आसहस्रात् upto
one thousand पङ्क्तिम् the row पुनन्ति purify ओम् Om.

2 One may impart Trisuparna to a brāhmana unsolicited. Those brāhmanas who recite Trisuparna indeed destroy even the sin of brāhminicide. They attain to the fruit of the performance of Soma sacrifice They purify all those who sit in a row of a thousand (while at dinner) and attain union with praṇava i.e. the Deity of this mantra.

[This passage glorifies the Trisuparna mantra in eulogistic language. Like the word *saptarṣi* each unit of the Trisuparna is also called by the same name. Knowledge is imparted to a disciple generally on request But this mantra may be

given to any brāhmana whom one encounters without his asking for it. Even such grave sins like Brahmahatyā are expiated by its repetition and it will confer the fruit of the Somayāga. It is a custom in India to feed non-possessing brāhmanas who minister to the religious needs of the community and also the hungry and the destitute according to one's capacity on special occasions with a view to obtain religious merit. The scriptures which encourage this practice lay down also that the brāhmanas entertained must be sinless and learned. Even if a single person who practises the japa of Trisuparna happens to be present on the holy occasion of religious feeding, it is said here, that the host or atithipati is exculpated from the sin of feeding the wrong persons. The purpose of this eulogy here is to draw attention to the greatness of Trisuparna which calls away man from the path of worldliness to that of divinity. The pranava ending the section points out to the fact that it is also indicative of the greatness of that syllable. Bhattabhāskara explains it by saying that the person mentioned here attains union with Brahman denoted by pranava, while Sāyana states that pranava here implies that the deity of Trisuparna is the Paramātman denoted by pranava.]

एकोनचत्वारिंशोऽनुवाकः.

SECTION THIRTY-NINE

ब्रह्म मेधया । मधु मेधया । ब्रह्ममेव मधु मेधया ॥१॥
 अद्यानो देव सवितः प्रजावत्सावीः सौभगम् ।
 परा दुःष्वप्तिं सुव ॥२॥

विश्वानि देव सवितर्दुरितानि परामुव । यद्भ्रं तन्मु
 आसुव ॥
 मधुवाता ऋतायते मधुक्षरन्ति सिन्धवः । माध्वीर्नः
 सन्त्वोषधीः ॥
 मधु नक्तमुतोषसि मधुमत्पार्थिव रजः । मधुद्यौरस्तु नः
 पिता ॥
 मधुमान्नो वनस्पतिर्मधुमा अस्तु सूर्यः । माध्वीर्गवो
 भवन्तु नः ॥

पूर्वोक्त जगत्कारण ब्रह्म प्रकारान्तरेण ब्रह्मरूपमेव मधु च मेधया
 गुरूपदिष्टमहावाक्यनदर्थधारणशक्त्या प्राप्यते जायते वा । तादृशी मेधा-
 मुद्दिश्य एषा प्रार्थना ॥ १ ॥

हे सवित सर्वस्यानुज्ञातर् देव अद्य अस्मिन्नहनि न अस्माक विद्यार्थिना
 प्रजावत् शिष्यप्रशिष्यादि प्रजोपेत सौभग आचार्यकरूप सौभाग्य अथवा
 सुश्रीकत्व सावी अनुजानीहि प्रेग्य । दुष्वपिनय दुष्टस्वप्नसदृश द्वैतप्रतिभास
 परामुव निराकुरु नागय ॥ २ ॥ हे सवित देव, ज्ञानप्रतिबन्धकानि विश्वानि
 दुरितानि सर्वाणि पापानि परामुव निराकुरु । यत् भद्र असभावनाविपरीत-
 भावनादिरहितत्वात् मगलरूप ब्रह्मज्ञानमस्ति तत् मे मह्य उपासकाय आसुव
 साकल्येन प्रयच्छ ॥ ३ ॥

ऋतायते ऋत पर ब्रह्म तदिच्छते मह्य वायव मधु मुख यथा भवति
 तथा वान्तु । सिन्धव नद्य मधु आरोग्यकरमुदकं क्षरन्ति सम्पादयन्तु ।
 ओषधय अपि अस्माक माध्व्य पथ्यरूपा सन्तु ॥ ४ ॥ विद्यार्थिनामस्माक
 नक्त रात्रौ उपसि प्रभाते च मधु कालकृत मुख अस्तु । पार्थिव रज मधुमत्
 सौख्ययुक्त अस्तु । पितृसदृशी द्यौ अपि अतिवृष्ट्यादिप्रातेकूल्यरहिततया
 मधु अस्तु ॥ ५ ॥ वनस्पतिः फलवृक्ष न अस्मान् प्रति मधुमान् मधुर-
 फलोपेत जीवनहेतु अस्तु । सूर्यः अपि योग्यसन्तापप्रकाशदानेन मधुमान्
 सुखप्रद अस्तु । गाव न अस्मान् प्रति माध्वी मधुरक्षीरोपेता भवन्तु ॥ ६ ॥

1 ब्रह्म the Supreme मेधया through power of intelligence (प्राप्यते is attained) मधु bliss मेधया through power of intelligence (प्राप्यते is attained) ब्रह्मम् (ब्रह्मा) the Supreme एव alone मधु bliss मेधया through power of intelligence (प्राप्यते is attained) 2 हे सवित O creator and impeller देव God अद्या (अद्य) today न for us प्रजावत् possessing progeny सौमगम् prosperity सावी vouchsafe दुःस्वप्नियम् (दुःस्वप्न्यम्) like a bad dream परासुव turn away. 3 हे सवित O creator देव God विश्वानि all दुरितानि sins परासुव turn away. यत् that which (is) भद्रम् beneficial तत् that मे for me आसुव bring from all sides 4 ऋतायते to one desirous of reaching the Supreme Truth वाता. winds मधु sweet, happy (वान्तु let blow) सिन्धवः rivers मधु sweetly क्षरन्ति (क्षरन्तु) let flow ओषधी (ओषध्य) herbs न for us माध्वी (माध्व्य) sweet सन्तु let be 5 नक्तम् at night उत्त and उषसि at dawn, during day मधु happiness (अस्तु let be). पार्थिवम् of earth रजः particle मधुमत् sweetness-bearing (अस्तु let be) पिता father, paternal द्यौः heaven न for us मधु sweet अस्तु let be 6 वनस्पतिः fruit-bearing tree न for us मधुमान् sweetness-bearing (अस्तु let be). सूर्यः the sun मधुमान् sweetness-bearing अस्तु let be गावः cows न for us माध्वी (माध्व्य) sweetness-giving भवन्तु let be

1 That Brahman is attained through the power of intelligence That Bliss is attained through the power of intelligence. The Bliss which is indeed Brahman is attained through the power of intelligence

2. O God, O Thou creator, vouchsafe to us today the prosperity consisting of progeny. Turn away from us this bad dream (of the world).

3. O God, O Creator, turn away from me all the sins. Bring to me that which is beneficial.

4. To me, who is the devotee of the Supreme Truth let the wind blow sweetly. Let the rivers run sweetly. Let the herbs be to us sweet and beneficial. 5. Let there be sweetness day and night. Let the particles of the earth be sweetness-bearing. Let heaven, our father, be sweet to us. 6. Let the fruitbearing trees be sweet to us. Let the sun be sweet and beneficial to us. Let the cows be sweetness-bearing to us.

[This hexad gives the second Trisuparna—a prayer for power of intelligence and for the environment conducive to the attainment of supreme knowledge and realisation of the Divine Truth. The stanzas 2 and 3 are found in the *Rgveda* at V. 82. 4-5 and stanzas 6 to 8 *ibid.* I. 9. 6-8 respectively. They are to be explained here according to the prakāṣana or context. Hence the meaning given above follows. The term *medhā* implies power of intelligence in general and particularly the capacity to retain and recall the words and their meaning taught by the preceptor. In the Vedas *medhā* is considered as a deity and hymns are sung in her praise, of which the passages extracted just below give some good examples. Stanzas 1-2 are from the *Vājasaneyīsamhitā* (XXXII. 14-15) and the next 5 from the *Atharvaveda* (VI. 108. 1-5) —

यां मेधां देवगुणाः पितरश्चोपासते । तया मामद्य मेध-
याग्ने मेधाविनं कुरु स्वाहा ॥१॥ मेधां मे वरुणो ददातु
मेधामग्निः प्रजापतिः । मेधामिन्द्रश्च वायुश्च मेधां धाता
ददातु मे स्वाहा ॥२॥ त्वं नो' मेधे प्रथमा गोभिरश्वेभिरा
गहि । त्वं सूर्यस्य रश्मिभिस्त्वं नो' असि यज्ञिया ॥३॥
मेधामहं प्रथमां ब्रह्मण्वतीं ब्रह्मजूतामृषिष्टुताम् । प्रपीतां
ब्रह्मचारिभिर्देवानामवसे हुवे ॥४॥ यां मेधामृभवो' विदुर्या
मेधामसुरा विदुः । ऋषयो भद्रां मेधां यां विदुस्तां मय्या-
वेशयामसि ॥५॥ यामृषयो भूतकृतो' मेधां मेधाविनो' विदुः ।
तया मामद्य मेधयाग्ने' मेधाविनं' कृणु ॥६॥ मेधां सायं
मेधां प्रातर्मेधां मध्यन्दिनं परि' । मेधां सूर्यस्य रश्मिभिर्व-
चसावेशयामहे ॥७॥

Although the Supreme Truth is described as ineffable and beyond thought and expression, yet the path to Its knowledge lies through the scriptures learned from the preceptor by the power of intelligence. The importance of the scripture and the line of teachers and their disciples who carry forward the torch of knowledge in suitable environments, is therefore, recognised here (pages 224-228) with details as it has been done at *Taittirīyopanisad* 1 4. The worshippers pray—Give us many sons and disciples who will propagate this knowledge. Dispel the dream of this illusory world through right knowledge. Suppress sins and encourage virtue. We are seekers of Truth and let Nature be benign to us. Let us be surrounded by sweetness—chiefly

consisting of salubrious wind and water. May herbs and cows give us healthful yield in proper time. May day and night cause for us only joy and happiness. May every particle of the earth and the sky, paternal to all, favour us with suitable conditions of climate and weather. May the sun shine favourably over us and the trees give us sustenance through edible fruits—Only in such a happy surrounding proper cultivation of knowledge and realisation of the Truth become effective and fruitful. According to Bhattabhāskara: *madhu* means Self-knowledge and he derives it from *mananīya* or *īasanīya*, the word *īāyate* means 'to the institutor of the sacrifice' and *pārthivam* *īajāh* means the earth. The Madhumantras occur also in the *Taittirīyasamhitā* IV 2 9. [There Sāyana interprets them to suit the Sacrificial context.]

य इ॒मं त्रि॒सु॒पर्ण॑म॒याचितं॑ ब्राह्म॒णाय॑ दद्यात् । भ्रू॒ण॒हत्यां॑
वा ए॒ते घ्न॑न्ति । ये ब्रा॒ह्म॒णास्त्रि॒सु॒पर्णं॑ पठ॑न्ति । ते सोमं
प्राप्नु॑वन्ति । आ स॒हस्रा॒त्प॒ङ्क्तिं॑ पु॒नन्ति॑ । ओम् ॥७॥

[The declaration of the fruit of Trisuparna given above is a copy of the same given at the close of the previous Section with only the substitution of *bhrūnahatyā* in the place of *brahmahatyā* and the addition of *ya imam* at the head. So the apparatus of interpretation is not repeated here as well as in the coming Section. The word *bhrūnahatyā* means feticide, or hurting a brāhmana well versed in the Vedas and in their auxiliaries.]

चत्वारिंशोऽनुवाक.

SECTION FORTY

ब्रह्म मेधवा । मधु मेधवा । ब्रह्ममेव मधु मेधवा ॥१॥
 ब्रह्मा देवानां पदवीः कक्षीनामृषिदिप्र।णां महिषो मृगाणाम् ।
 श्येनो गृद्धाणां स्वधितिर्वनानां सोमः पवित्रमत्येति
 रेभन् ॥
 हः सः शुचिषद्वसुरन्तरिक्षसद्धोता वेदिषदतिथिर्दुरोणसत् ।
 नृषद्वरसद्वतसद्वचोमसद्वजा गोजा ऋतजा अद्रिजा ऋतं
 बृहत् ॥

पूर्वाक्त ब्रह्म मेधवा अर्थात् मेधवत् । मधु मेधवत् । ब्रह्ममेव मधु मेधवत् ॥

[This is the third Trisuparna made up of three units. The first unit is a Yajus similar to the one appearing as the first line of Section Thirty-nine, *medhavā* substituting the word *medhayā*. The term *medhavā* is a disguised form of *medhavat* i.e. possessing or connected with *medha* or sacrifice. The idea behind the expression is that the Supreme Brahman is attained only by a person in whom the desire for Self-knowledge is generated by the proper performance of prescribed duties and sacrifices. Thus Brahman is connected with *medha* (sacrifice) in so far as sacrifices and other similar activities help one from a distance for the realisation of Brahman by creating purity of mind and desire for knowledge. It may be noted that the first Trisuparna prescribes a meditation in the shape of offering oneself into the Supreme as a means of attaining Him. The second one stresses the

need of knowledge engendered through intelligence developed by scripture, preceptor, and proper environment, and the third one here emphasises karma or Vedic sacrifice as an aid to the attainment of the Supreme. Since the text is exactly similar to the previous one but for the word *medhavā* just explained, the apparatus of interpretation is omitted. The second unit is a repetition of Section 12, stanza 4, and the third unit is the repetition of Section 12, stanza 6. For the explanation of these two passages *vide passim*]

ऋचे त्वा रुचे त्वा समित्स्त्रवन्ति सरितो न धेनाः ।
 अन्तर्हृदा मनसा पूयमानाः । घृतस्य धारा अभिचाक-
 शीमि ॥

त्वा भवन्तमुद्दिश्य भवदाराधनार्थं ऋचे ऋगुपलक्षितवेदप्राप्त्यर्थं त्वा ऋग्वेदरूपाय तुभ्य अहं समित् समिध अग्नौ प्रक्षिपामि । समिद्धे अग्नौ मया अन्तर्हृदा अन्तरङ्गपूर्वकं हुता पूयमाना घृतधारा धेना पीयमाना सरितः न इव त्वा प्रति श्रवन्ति । अत अहं अभिचाकशीमि अभिमुख्येन दीप्तं करोमि अथवा अनुभवामि ॥

त्वा for thee ऋचे for the attainment of the knowledge contained in the Vedas headed by the Rk त्वा for the रुचे (ऋचे) in the form of Rgveda समित् (समिधम्) fuel (अग्नौ प्रक्षिपामि place in fire) अन्तर्हृदा from the inmost heart, with purity and sincerity मनसा by the mind (हुता offered as oblation) पूयमाना what is being rendered holy घृतस्य of ghee धारा unbroken currents धेना potable सरित्. rivers न like स्रवन्ति flow अभिचाकशीमि I kindle the lustre

4. I pile fuel in the consecrated fire with a view to acquire the Vedas necessary for Thy

worship, meditating on Thee in the form of Regveda The unbroken currents of clarified butter offered into the kindled fire—rendered sacred by cordial and hearty thoughts—flow like rivers, the water of which is potable for Gods By this I kindle the splendour of the holy fire.

[This and the immediately succeeding passage are not found in the shorter version and so the explanatory rendering given here is based upon the commentary ascribed to the untraced author in the Ānandāśrama edition In a footnote supplied by the editor of that publication, it is remarked that two manuscripts used for determining the text contain *rce* in the place of *ruce* and that *ruce* is only a Vedic disguise of *rce* But at *Taittirīyasamhitā* IV 2 9, the source of it, the form actually found is *ruce*]

हिरण्ययो^१ वेत्सो मध्य^२ आसाम् । तस्मिन्त्सुपर्णो मधुकृत्^३
कुलायी भजन्नास्ते मधु देवताभ्यः । तस्यासते हरयः^४
सप्त तीरे^५ स्वधां दुहाना अमृतस्य धाराम् ॥५॥

असा आज्यधाराणा मध्ये तस्मिन् आहवनीये हिरण्मय ज्योतिर्मय वेत्स. बहुधन मधुकृत् प्राणिना कर्मानुसारेण सुखदाता कुलायी अन्तर्यामि-रूपेण प्राणिना देहनीडाश्रय त्रिसुपर्ण त्रिसुपर्णप्रतिपाद्य परमात्मा देवताभ्य मधु हविरूप अमृत विभजन् विभज्य ददान सन् आस्ते । तस्य परमात्मन तीरे परिसरप्रदेशे हरय स्मरणमात्रेण पापहरिण अमृतस्य धारा स्वधा तत्तद्देवताभ्य दुहाना सप्त ऋषय आसते ॥

आसाम् of these मध्ये in the middle तस्मिन् in that हिरण्यय (हिरण्मय) luminous वेत्स (वेत्स) profusely rich मधुकृत् gives

of bliss कुलायी he who dwells in the nest सुपर्ण the Supreme described in Trisuparna देवताभ्य for Gods मधु ambrosia भजन् distributing आस्ते remains तस्य of him तीरे in the proximity हरय destroyers (of sin) अमृतस्य of nectar धाराम् current स्वधाम् offering दुहाना fully supplying सप्त seven (sages) आसते sit

5 In that Āhavanīya Fire, amidst those currents of clarified butter offered as oblation, abides the profusely rich and splendid Supreme Being who is magnified in the Trisuparna, who dwells in the nest of the bodies of created beings, who confers bliss on creatures according to their merit, and who shares with gods sweet ambrosia in the form of oblations offered by worshippers in Fire In His proximity are seated the seven sages who destroy sins by mere remembrance and who continuously pour oblations in the form of a current of nectar keeping in mind the various gods for whom they are meant.

[The two textual passages found on pages 232 and 233 are quoted from *Taittirīyasamhitā* IV 2 9, where Sāyana interprets them in a different way Following the anonymous commentary in the Ānandāśrama edition I have given the meaning here. The word *vetasah* in the text is taken as a transformation of the word *vedas* meaning wealth. The passage gives a celestial picture of the fundamental significance of all sacrifices in the consecrated fire Physically a burnt offering or sacrifice consists in the oblation of streams of clarified butter into the consecrated fire according to

prescribed rules. Here it is stated that the Supreme One is present in the centre of the Āhavanīya Fire receiving the offerings and sharing them with the other Gods. In the *brāhmanas* we see statements identifying Yajña with Viṣṇu who is also called Yajñapurusa. All the Yajñas are meant to worship the Supreme and the various Gods worshipped in them are but aspects or attributes of the Supreme Being. The seven sages represent the foremost of worshippers who are constantly engaged in communing with the Supreme by their spiritual activities and who are, therefore, capable of purifying others.]

य इ॒दं त्रिसु॑पर्ण॒मया॑चितं ब्राह्म॒णाय॑ दद्यात् । वी॒र॒ह॒त्यां
वा ए॒ते व्र॑न्ति । ये ब्रा॒ह्म॒णास्त्रिसु॑पर्णं पठ॑न्ति । ते सोमं
प्राप्नु॑वन्ति । आ॒स॒ह॒स्रात् प॒ङ्क्तिं पु॑नन्ति । ओम् ॥६॥

[This declaration of the glory of the third Trisuparna differs from the one on page 230 only in *idam* for *imām* and the phrase *vīrahatyā* which means slaying a worthy brāhmana or an anointed king.]

एकचत्वारिंशोऽनुवाकः

SECTION FORTY-ONE

मे॒धादे॒वी जु॒षमा॑णा न॒ आगा॑द्वि॒श्वार्ची॑ भ॒द्रा सु॑मन॒स्यमा॑ना ।
त्वया॑ जुष्टा॑ जु॒षमा॑णा दुरु॒क्तां बृ॒हद्व॑दे॒म वि॒दथे॑ सु॒वीराः॑

॥१॥

विश्वाची सर्ववेद्यावगाहनक्षमा भद्रा कल्याणहेतु सुमनस्यमाना सानु-
ग्रहमनोयुक्ता जुषमाणा प्रीयमाणा सती मेधादेवी न. अस्मान् आगात् एतु
आगच्छतु । हे देवि, त्वदागमनात् पूर्वं दुरुक्तान् पुरुषार्थानुपयोगिन दुष्टान्
शब्दान् जुषमाणा तत. पर आगतया त्वया जुष्ट. सेविता वय विदथे ज्ञान-
प्रकाशे सति सुवीरा शोभनपुत्रशिष्यादियुक्ता. सन्त बृहत् सर्ववक्त्रतिशयेन
उच्छृत ब्रह्मतत्त्व वदितु शक्ता भूयास्म ॥

विश्वाची all-penetrating भद्रा beneficial सुमनस्यमाना favour-
ably disposed जुषमाणा delighting (in us) मेधादेवी goddess of
intellect न us आगात् may visit (त्वदागमनात् पूर्वम् before thy
visit) दुरुक्तान् profitless speech जुषमाणा delighting in त्वया by
you जुष्टा. blessed विदथे on the attainment of knowledge सुवीरा
with heroic sons and pupils बृहत् the exalted Truth वदेम may
we express, declare

1. May the all-penetrating goddess of intel-
lect who is beneficial, favourably disposed to, and
delighting in, us visit us O goddess, may we who
were delighting in profitless speech before thy
visit, now as the result of thy delight in us, become
enlightened and also capable of expressing the
Supreme Truth along with our heroic sons and
disciples.

[This stanza and the next one in tristubh metre glorify
the deity presiding over the power of intelligence or intellect.
The *Rgveda-khila* IV 8 1-9 are in praise of the deity Medhā
and also *Atharvaveda* VI 108 1-5 quoted on page 229. In
the latter context Medhā is praised as the rays of the sun
spreading everywhere. Sages like Vasistha have praised this
deity and stressed the necessity of propitiating her Accord-

ing to the *Rgvidhāna* IV 96-97 the baby is suckled or fed with pap repeating the śraddhā and medhā mantras so that he may have these qualities when he grows up to an adult. The power of intelligence which can penetrate all objects of knowledge like the rays of the sun must come to the aid of the Rsi for the acquisition, preservation and instruction of the Vedas as well as the proper performance of the acts of worship taught therein. In the *Taittirīyopanisad* I 4 1-2 there is the prayer for intelligence coupled with prosperity, for, the latter without the former is dangerous and the former without the latter is often ineffective. Here in this context that particular quality of intelligence is solicited which engenders the union of the finite self with the Infinite Self. Only those persons who are blessed with the right intelligence by which they can wean themselves from the pleasure of useless and harmful talk achieve inner illumination. They alone devote their faculty of speech for receiving and communicating knowledge of the Supreme. Their children and their disciples also become heroic and noble. The word *vidatha* is accepted in the sense of knowledge by Bhattabhāskara and in the sense of worship by Sāyana. The longer version has the reading *nudamānā* in the place of *jusamānā* which is evidently an old emendation made in order to make the sense agree with *duruktān—duruktān nudamānā* (pushing aside all profitless talk)—and to avoid duplication of *jusamānā*]

त्वया जुष्टं ऋषिर्भवति देवि त्वया ब्रह्मागतश्रीरुत त्वया ।
त्वया जुष्टंश्चित्रं विन्दते वसु सा नो जुषस्व द्रविणेन मेधे

॥२॥

हे देवि त्वया जुष्ट अनुगृहीत पुरुष ऋषि द्रष्टा अथवा मन्त्रद्रष्टा भवति । त्वया जुष्ट. पुरुषः ब्रह्मा ब्राह्मण भवति अथवा ब्रह्मत्व लभते । उत अपि च त्वया जुष्ट आगतश्ची प्राप्तसपत् भवति, चित्र विविध वसु धन लभते च । हे मेघे तादृशी त्व द्रविणेन अस्मभ्य देयेन प्रशस्तेन धनेन सह न अस्मान् जुषस्व अनुगृहाण ॥

हे देवि O goddess त्वया by thee जुष्ट favoured ऋषि a seer भवति becomes त्वया by thee (जुष्ट favoured) ब्रह्म brāhmana (भवति becomes) उत further त्वया by thee (जुष्ट favoured) आगतश्ची possessing wealth (भवति becomes) त्वया by thee जुष्ट favoured चित्रम् manifold, attractive वसु wealth विन्दते obtains, सा such मेघे O goddess of intellect न us द्रविणेन with wealth जुषस्व favour.

2 O goddess of intellect, favoured by thee, one becomes a seer; one becomes a brāhmana or a knower of Brahman Favoured by thee one becomes also possessed of riches. Favoured by thee one obtains manifold wealth. Being such, O goddess of intellect, delight in us and confer on us wealth

[The reading *dravmo na* in the place of *ūravimena* has no merit as it would give sense only by taking the word *dravma* arbitrarily to stand for one who possesses *dravma* *Brahma* in the second pāda may mean a brāhmana, Hiraṇyagarbha or the Supreme]

द्विचत्वारिंशोऽनुवाक.

SECTION FORTY-TWO

मेधां म् इन्द्रो ददातु मेधां देवी सरस्वती ।

मेधां मे अश्विनावुभावाधृत्तां पुष्करस्रजौ ॥१॥

मे मह्य इन्द्र मेधा ददातु, सरस्वती देवी च । पुष्करस्रजौ मरोजमाला-
युक्तौ उभौ अश्विनौ मे मेधा आधत्ता उत्पादयताम् ॥

मे to me इन्द्र Indra मेधाम् intelligence ददातु grant, देवी
goddess सरस्वती Sarasvatī मेधाम् intelligence (ददातु grant)
पुष्करस्रजौ decked with lotus garlands उभौ both अश्विनौ Aśvins
मे for me मेधाम् intelligence आधत्ताम् generate

1. May Indra grant me intelligence. May
goddess Sarasvatī grant me intelligence May the
two Aśvins wearing garlands of lotus flowers
engender in me intelligence

अप्सरासु च या मेधा गन्धर्वेषु च यन्मनः ।

देवी मेधा सरस्वती सा मां मेधा सुरभिर्जुषताः स्वाहा

॥२॥

या च मेधा अप्सरस्सु वर्तते, या च गन्धर्वेषु मन मननसामर्थ्यरूपेण
अथवा धैर्यरूपेण वर्तते, या च सरस्वती वेदशास्त्ररूपा देवी देवेषु वर्तमाना
स्थिता अस्ति, शोभनख्याति. सर्वकामदुघा सा मेधा मा सेवताम् ॥

या that which च and मेधा intelligence अप्सरासु (अप्सरस्सु)
in celestial women यत् which मनः mental power or courage
च and गन्धर्वेषु in celestial minstrels सरस्वती comprising Vedic

lore देवी belonging to Gods मेधा intelligence सुरभि. fragrant
सा that मेधा intelligence माम् me जुपताम् favour स्वाहा hail

2 Hail! May that intelligence favour me—
that which is possessed by Apsaras (celestial
women) that which is the mental power in Gan-
dharvas (celestial minstrels) that intelligence ex-
pressed as the divine Vedic lore and that intelli-
gence which spreads like fragrance

[These two stanzas form another prayer for the grant of
intelligence They are found in the *Rgvedakhila* IV 8 2-3
in the following form मेधा मे ब्रह्मणो राजा मेधा देवी सरस्वती ।
मेधा मे अश्विनौ देवावाधत्ता पुष्करस्रजा ॥ या मेधाप्सरस्सु गन्धर्वेषु च
यन्मन. । देवी या मानुषी मेधा सा मामाविशतादिह ॥ The word
Sarasvatī in the second verse is substituted by *manusyajā* in
the shorter version which implies intelligence of men *Svāhā*
ending the stanza in the longer version is omitted in the
shorter version The reading *daivīm* in the longer version
in the place of *daivī* is confusing]

त्रिचत्वारिंशोऽनुवाकः

SECTION FORTY-THREE

आ मां मेधा सुरभिर्विश्वरूपा हिरण्यवर्णा जगती जगम्या ।
ऊर्जस्वती पयसा पिबन्मान्ता सा मां मेधा सुप्रतीका
जुषताम् ॥१॥

मुरभि विश्वरूपा सर्ववस्तुनिरूपणकुशला हिरण्यवर्णा हितरमणीयस्व-
भावा अथवा प्रकाशमानाक्षरा जगती सर्वत्र अविच्छेदेन वर्तमाना जगम्या
पुरुषार्थकामै प्राप्तु योग्या ऊर्जस्वती सरस्वती पयसा श्रीरादिना मा पिन्व-
माना सिञ्चन्ती मा मेधा आ आगत्य मुप्रतीका गोभनोपक्रमा भूत्वा मा
जुषता सदा सेवताम् । मय्येव सदा तिष्ठतु ॥

(या which)मेधा intelligence मुरभि fragrant विश्वरूपा cap-
able of examining all हिरण्यवर्णा possessing shining letters,
wholesome and attractive जगती continuously present जगम्या
she who is fit to be sought again and again (by those who
seek values of life) ऊर्जस्वती possessing flavour, strength पयसा
by milk माम् me पिन्वमाना nourishing सा that मेधा intelligence
मुप्रतीका with a joyful face, good start आ (आगत्य) having
come (to me) माम् me जुषताम् favour

1. May that goddess of intelligence come to me with a joyful face and favour me—That goddess of intelligence who is pervasive like fragrance, who is capable of examining all objects, who possesses golden letters in the shape of the syllables of the Vedas (or who is wholesome and charming), who is continuously present, who is fit to be resorted to by the seekers of the values of life again and again, who possesses flavour and strength and who nourishes me with milk and other wealth.

[This again is another prayer for intelligence The reading *jusantām* in the longer version replacing *jusatām* is perhaps an ancient error perpetuated by tradition-bound scribes]

चतुश्चत्वारिंशोऽनुवाकः
SECTION FORTY-FOUR

मयि॑ मेधां॑ मयि॑ प्र॒जां मय्य॑ग्निस्तेजो॑ दधातु ।
मयि॑ मेधां॑ मयि॑ प्र॒जां मयीन्द्र॑ इन्द्रि॒यं द॑धातु ।
मयि॑ मेधां॑ मयि॑ प्र॒जां मयि॑ सूर्यो॑ भ्राजो॑ दधातु ॥१॥

अग्नि मयि मेधा, मयि अच्छिन्नसन्तति, मयि ब्रह्मवर्चस च निदधातु ।
इन्द्र मयि मेधा, मयि अच्छिन्नसन्तति, मयि वीर्यपुष्टि च निदधातु । सूर्य
मयि मेधा, मयि अच्छिन्नसन्तति, मयि शत्रुभयकर प्रताप च निदधातु ॥

1. May Agni render in me intelligence, continuity of progeny and splendour born of Vedic study. May Indra render in me intelligence, continuity of progeny and virility. May Sūrya render in me intelligence, continuity of progeny and prowess that strikes fear in the hearts of enemies.

[This again is another prayer quoted here from *Taittirīya-samhitā* III 3 1 5 addressed to the three deities, Agni, Indra and Sūrya, entreating them for intelligence, progeny, virility and prowess This mantra is also found as *Taittirīyāranyaka* IV 42 13 This is not recorded in the shorter version]

पञ्चचत्वारिंशोऽनुवाक
SECTION FORTY-FIVE

अपैतु मृत्युरमृतं न आगन्वैवस्वतो नो अभयं कृणोतु ।

पर्णं वनस्पतेरिव्वाभि नः शीयता रयिः सचतां नः

शचीपतिः ॥१॥

मृत्यु अपैतु दूरीभवतु, न अस्मान् प्रति अमृत मोक्ष आगन् आगच्छतु ।
वैवस्वत यम अस्माक अभय मरणभीतिराहित्य कृणोतु करोतु । न
अस्मत्सबन्धि पाप वनस्पते पर्णमिव अभित शीयता नश्यतु । शचीपति
शक्तियुक्त रयि ऐश्वर्य न अस्माक सचता प्राप्नोतु ॥

मृत्यु death अपैतु turn away. न to us अमृतम् Immortality
आगन् let come वैवस्वत Vaivasvata Yama न for us अभयम्
safety कृणोतु let make न related to us (पापम् sin) वनस्पते
of a tree पर्णम् leaf इव like अभि around शीयताम् be destroyed.
शचीपति possessing strength रयि wealth न us सचताम् reach.

1. May death depart from us. May Immortality come to us. May Vaivasvata Yama grant us safety. May the sins of us be destroyed like the seared leaves of a tree. May the strength-giving wealth come to us.

[This stanza occurs at *Taittirīyabrāhmaṇa* III 7 14. There Sāyana interprets the second part thus —Just as the seared leaf easily falls from the tree so let wealth come to us easily Let Indra be pleased with us —This mantra contains a prayer for Immortality, purity, safety and wealth It is not found in the shorter version]

षट्चत्वारिंशोऽनुवाकः.

SECTION FORTY-SIX

परं' मृत्यो अनुपरेहि पन्थां यस्ते स्व इतरो देवयानात् ।
चक्षुष्मते शृण्वते ते^१ ब्रवीमि मा नः प्रजा रीरिषो मोत
वीरान् ॥१॥

हे मृत्यो देवमार्गात् इतर य तव स्वभूत पन्था अस्ति त पर अन्य पन्थान अनुपरेहि पुनरावृत्तिरहितो गच्छ । चक्षुष्मते साधुदर्शिने श्रोत्रवने अस्मद्विज्ञप्तीना श्रोत्रे च तुभ्य मा दृष्ट्वा मत्त श्रुत्वा च मत्प्रार्थना मफली-कर्तु एव प्रार्थये — न अस्माक प्रजा हिंसाविषय मा कुरु । उत अपि च अस्मत्सबन्धिन वीरान् मा विनाशय । परागमनेन रक्ष ॥

हे मृत्यो O Death देवयानात् than the path of gods इतर other य that which ते thy स्व own (अस्ति is) परम् other पन्थाम् (पन्थानम्) path अनुपरेहि go back चक्षुष्मते capable of seeing शृण्वते capable of hearing ते to thee ब्रवीमि I say न our प्रजा progeny मा not रीरिष. destroy उत and वीरान् heroes मा not (रीरिष destroy)

1. O Death, go back by thy own path which is other than that of the gods. I entreat thee who art capable of seeing me and listening to me. Do not destroy our progeny. Do not strike down our heroes

[This stanza is originally found at *Rgveda* X 18 1 *Atharvaveda* XII. 2 21 reads एव for स्व and the fourth pāda as इहेमे वीरा बहवो भवन्तु । *Taittirīyabrāhmaṇa* III 7 14 and *Taittirīyāranyaka* III 15. 5 read as in the text here.

The longer version quotes the passage here as a supplication to Death for compassion]

सप्तचत्वारिंशोऽनुवाक.
SECTION FORTY-SEVEN

वातं प्राणं मनसान्वारभामहे प्रजापतिं यो भुवनस्य गोपाः ।
स नो मृत्योस्त्रायतां पात्वहंसो ज्योग्जीवा ज्जिरामं
शीमहि ॥१॥

य प्रजापति भुवनस्य गोपा प्रपञ्चस्य रक्षक त प्रजापति, वात देह-
बाह्यस्थितवायुरूप प्राण प्राणिशरीरान्तर्गतप्राणरूप प्रजापति, अह मनसा
भक्तियुक्तेन अन्वारभामहे अनुक्रमेण परिगृह्णामि प्रार्थयामि । स एवभूत
परमात्मा न अस्मान् अप मृत्यो त्रायताम् अहस पापेभ्य च रक्षतु ।
ज्योग्जीवा चिरजीविन उज्ज्वलजीविन सन्त वय जरा वार्धकावस्था
अशीमहि प्राप्नुयाम ॥

य he who भुवनस्य of the universe गोपा protector (तम्
him) वातम् externally active as wind प्राणम् internally active
as breath प्रजापतिम् the Lord of creatures मनसा heartily
अन्वारभामहे we pray स he न us मृत्यो from death त्रायताम्
may guard अहस from sins पातु may protect ज्योग्जीवा
living long, brilliantly ज्जिरामं old age अशीमहि may we attain

1. We heartily supplicate to the Lord of creatures who is the protector of the universe and who is active within us as life-breath and outside us as the blowing wind. May He guard us from

death and protect us from sin. May we live brilliantly upto our old age

[This is a prayer to the Supreme Being expressing the desire for long and brilliant life, taken from *Taittirīyabrāhmaṇa* III 7 7 *Āpastambaśrautasūtra* X 8 9 refers to the same mantrā as the one used for Pūrṇāhuti. The shorter version omits it]

अष्टचत्वारिंशोऽनुवाकः

SECTION FORTY-EIGHT

अमुत्रभूयादध यद्यमस्य बृहस्पते अभिशस्तेरमुञ्चः ।

प्रत्यौहतामश्विना मृत्युमंस्मद्देवानामग्ने भिषजा शचीभिः

॥१॥

हे बृहस्पते यमस्य अर्धात् यमात् यत् भय अस्ति तस्मात् अभिशस्ते लोकापवादात् च मा अमुञ्च मोचय । अथ अमुत्रभूयात् परलोकगमनाद् अपि मा मोचय । हे अग्ने देवाना भिषजौ अश्विनौ अस्मत्सकागात् शचीभिः कर्मभिः मृत्यु प्रत्यौहता निवर्तयताम् ॥

हे बृहस्पते O Supreme Lord यमस्य of Death यत् which (भयम् fear तस्मात् from that) अभिशस्ते from accusation अमुञ्च (for मोचय) release अध (अथ) then अमुत्रभूयात् being in the next world (अपि मोचय also release) हे अग्ने O Agni देवानाम् of Gods भिषजौ the physicians अश्विनौ the two Aśvins अस्मत् from us शचीभिः by powers of work मृत्युम् death प्रत्यौहताम् chase away.

1. O thou Supreme Being, release me from the fear of Yama and accusation of people and the necessity of being in the yonder world. O Agni, may the two divine physicians, the Aśvins, chase away from us death by virtue of the powers of religious work

[This stanza is found only in the longer version and so Bhattachāskara and Sāyana have no comment here I trace the *locus in quo* of the passage to *Vājasaneyisamhitā* XXVII 9 and *Atharvaveda* VII 53 1 *Āpastambaśautasūtra* 16 7 5 also mentions it The reading *asmat* is found in the above two places and in some printed editions of this work But it is substituted by *asmāt* in others The former reading is adopted here The translation is based on Mahīdhara who takes Brhaspati here for Agni]

एकोनपञ्चाशोऽनुवाकः.

SECTION FORTY-NINE

हरिः, हरन्तम 'यन्ति देवा विश्वस्येशानं वृषभं मतीनाम् ।
ब्रह्मसरूपमनु मेदमागादयन्तं मा विवधीविक्रमस्व ॥१॥

विश्वस्य स्वामिन मतीना मननीयाना देवाना मध्ये वृषभ श्रेष्ठत्वेन नियन्तार हरन्त आयुष अवसाने सर्वसंहारकर हरि देवा अनुयन्ति अनु-गच्छन्ति । ब्रह्मसरूप ब्रह्मसमान इद प्रत्यक्षत्वेन अधीयमान अयन वेदप्रकाशित मोक्षमार्गं मा अनु आगात् मा अन्वागच्छतु । मा विवधी मा हिसय । विक्रमस्व दातुमुद्यम कुरु ॥

विश्वस्य of the universe ईशानम् lord मतीनाम् of intellects
 वृषभम् leader हरन्तम् absorbing at the time of dissolution
 हरिम् Hari, the Supreme Lord देवा Gods अनुयन्ति follow (as
 servants) ब्रह्मसरूपम् equalling Brahman इदम् this अयनम् path
 मा me अनु आगात् come मा not विविधी destroy विक्रमस्व
 make effort

1 Like servants gods follow Hari who is the Lord of the universe, who leads all thoughts as the foremost leader and who absorbs into Himself the universe at the time of dissolution (or who destroys the sins of devotees). May this path to liberation taught in the Vedas having the same form as Brahman open itself to me Deprive not me of that Strive to secure it for me.

[This passage is quoted in the longer version from the *Taittirīyūpaniṣad* III 15 1. The *Pāramātmikopaniṣad* refers to it as a glorification of Viṣṇu The thought conveyed by the second half is explained by Sāyana in his Commentary of *Taittirīyūpaniṣad* as follows अस्मिन् कर्मणि समानरूप अनुकूलं इदं मन्त्रजातं यजमानं मामनुलक्ष्य आगात् । अतः हे मृत्यो अयनं मदीयं मार्गं मा विनाशय । 'In this sacrificial act of mine may the mantras be favourable to me Pleased by the hymn recited by me, O Death, do not obstruct my path' Sāyana takes the word *hari* in the sense of Death]

पञ्चाशोऽनुवाक

SECTION FIFTY

शल्कैरग्निमिन्धान उभौ लोकौ सनेमहम् ।

उभयोर्लोकयोर्ऋध्वाति मृत्युं तराम्यहम् ॥१॥

हे भगवन्, शल्कै काष्ठलेशै, शुष्ककाष्ठै, अग्नि इन्धान प्रज्वालयन् अह उभौ लोकौ इहपरलोकौ कर्मफलत्वेन सने सजयेय प्राप्नुयाम् । उभौ अपि लोकौ ऋध्वा समृद्धो भूत्वा अह मृत्यु अतिशयेन तरामि ॥

शल्कै with chips of wood अग्निम् consecrated fire इन्धान kindling अहम् I उभौ both लोकौ worlds सनेम् attain उभयो (उभौ) both लोकयो (लोकौ) worlds ऋध्वा having attained अहम् I मृत्युम् death अतितरामि go beyond

1 Kindling the consecrated fire with chips of wood (in order to offer oblations during worship) may I attain both the worlds. Having attained the prosperity of this world and the next I shall cross over death.

[In the *Taittirīyabrahmana* Śāyana interprets *śolka* as small pieces of wood This mantra occurs at *Taittirīyabrahmana* 1 2 1 5 and *Āpastambaśautasūtra* 5 8 4 It contains a prayer for Immortality after the enjoyment of this world and the next procured through the performance of Vedic rites in the fire This prayer represents the vows taken by the Yajamāna Immediately preceding this mantra the institutor of the sacrifice resolves अनृतात् सत्यमुपैमि, मानुषाद्देवमुपैमि, दैवी वाच यच्छामि—From falsity I rise to truth, from human conduct I enter divine conduct, I restrict my

speech to divine purpose Falsity here is dissenting from the fire worship and restriction of speech implies speaking Sanskrit only]

एकपञ्चाशोऽनुवाक.

SECTION FIFTY-ONE

मा छिदो मृत्यो मा वधीर्मा मे बलं विवृहो मा प्रमोषीः ।
प्रजां मा मे रीरिष आयुरुग्र नृचक्षसं त्वा हविषां विधेम

॥१॥

हे उग्र मृत्यो मदीयाङ्गस्य कस्यापि छेद मा कुरु, अथवा अस्मत्कर्मानुष्ठान मा छिद विच्छेदय । मा वधी । मे बल मा विवृह नाशय । अस्मदभिलषित मा प्रमोषी चौर्येण मा अपहर । मे प्रजा आयु च मा रीरिष हिसय । तदर्थं नृचक्षस प्राणिना पुण्यपापपरीक्षार्थं दत्तदृष्टि अथवा मनुष्येषु प्रख्यात त्वा हविषा विधेम परिचरेम ॥

उग्र fierce मृत्यो O Death मा not छिद cut off मा not वधी· slay मे my बलम् strength मा not विवृह cripple. मा not प्रमोषी· deprive मे my प्रजाम् offspring आयु span of life मा not रीरिष hurt. नृचक्षसम् with eyes fixed on men त्वा thee हविषा with oblation विधेम we serve

1 O fierce Death, do not cut off my life. Do not injure (my interest). Do not cripple my strength. Do not subject me to deprivation. Do not hurt my progeny and life. I shall serve thee with oblations; for, thou art vigilant over the deeds of men.

[This again is a quotation from *Taittirīyānanyaka* III 15 2 containing supplications to Death entreating him to keep away from harm to oneself, one's progeny and possessions The inescapable eyes of Death are ever fixed on mortals whose condition on the earth depends upon their own deeds as assessed by Death]

द्विपञ्चाशोऽनुवाकः.

SECTION FIFTY-TWO

मा नो' महान्तं'मुत मा नो' अर्भकं
 मा न उक्षन्तमुत मा न उक्षितम् ।
 मा नो' वधीः पितरं' मोत मातरं'
 प्रिया मा नस्तनुवो' रुद्र रीरिषः ॥१॥

हे रुद्र अस्माक मध्ये महान्त वृद्ध पूज्य वा मा हिंसी । अपि च अस्माक बाल मा हिंसी । तथा अस्माक मध्ये उक्षन्त सेवतार मध्यवयस्क युवान मा वधी । अपि च अस्माक उक्षित गर्भरूपेण जायामु निषिक्त अपत्य मा वधी । अस्माक पितरं मा वधी । अपि च अस्माक जननी मा वधी । अस्माक स्नेहविषयाणि शरीराणि मा रीरिषः हिंसय ॥

हे रुद्र O Rudra न our महान्तम् the elder मा नो वधी injure उत and न our अर्भकम् child मा नो न our उक्षन्तम् the adult capable of procreation मा नो न our उक्षितम् foetus in the womb उत and न our पितरम् father उत and न our मातरम् mother प्रिया dear न our तनुव bodies मा नो रीरिष hurt.

1 O Rudra, injure not our elders, our children, our adults capable of procreation, the foetus we have laid in the mother's womb and our father and mother Do not hurt our dear selves

[This mantra and the next one are *Rgveda* 1 14 7 and 8 respectively They contain a vivid and touching prayer addressed by disconsolate men to Rudra who rules over destruction in its various aspects Nothing strikes greater terror into the hearts of men than the deprivation by Death of their own kith and kin and bringing to the end their own existence by the cold hands of Death The negative particle *mā* is repeated again and again; so also the possessive pronoun *nāh* connected with every noun denoting objects and persons of interest The repetition of these makes the passage a vivid record of deep feeling This mantra occurs in the *Atharvaveda* also, where *mahāntam* is replaced by *vahantam* meaning one who is capable of conveying a burden, a carrier At *Vājasaneyīsamhitā* XVI 15 Uvata points out that the mention of father apart from elders in general is indicative of greater respect due to him]

त्रिपञ्चाशोऽनुवाकः.

SECTION FIFTY-THREE

मा नस्तोके तनये मा न आयुषि

मा नो गोषु मा नो अश्वेषु रीरिषः ।

वीरान्मा नो ह्रद् भामितो वधी-

हृविष्मन्तो नमसा विधेम ते ॥१॥

हे ह्रद् न तोके पुत्रे तनये तस्य पुत्रे च मा रीरिष । अस्माक आयुषि अर्थात् अस्मत्सम्बन्धिषु पुत्रपौत्रव्यतिङ्क्तेषु मनुष्येषु मा रीरिष । अस्मत्सम्बन्धिषु गोषु मा रीरिष । अस्माक अश्वेषु मा रीरिष । भामित क्रुद्ध सन् अस्माक वीरान् शौर्योपितान् मा वधी हिंसी । वय हृविर्युक्ता सन्त सर्वदैव तव इज्या नमसा प्रणामेण सह विधेम कुर्याम ॥

हे ह्रद् O Rudra न our तोके in respect of son न our तनये in respect of grandson न our आयुषि in respect of man न our गोषु in respect of cattle न our अश्वेषु in respect of horses मा not रीरिष hurt न. our वीरान् heroes भामित. angry मा not वधी: slay हृविष्मन्त those who offer oblations नमसा with reverence ते thee विधेम we serve.

1. O Rudra do not hurt us in respect of our children, our grandchildren, other men belonging to us, our cattle and our horses. Do not hurt in anger our heroes. We shall serve thee with oblations and reverence.

[The thoughts contained in this stanza are a continuation of those in the previous one Sāyana in the *Ṛgveda-bhāṣya* interprets *toka* as son, *tanaya* as grandson and *āyus* as other men connected with the person who addresses this prayer The *Vājasaneyīsamhitā* XVI. 16 has the same stanza, but reads in the place of *namasā vidhema te* the variant *sadam id tvā havāmahe* (i.e. Finding no other help we always call upon thee for propitiation)]

चतुष्पञ्चाशोऽनुवाकः.

SECTION FIFTY-FOUR

प्रजापते न त्वदेतान्यन्यो विश्वा जातानि परि ता बभूव ।
यत्कामास्ते जुहुमस्तन्नो अस्तु वयं स्याम पतयो रयीणाम्
॥१॥

हे प्रजापते ब्रह्मान्, विश्वानि एतानि इदानीं वर्तमानानि जातानि उत्पन्नानि त्वत् त्वत्त अन्य न, अर्थात् त्वमेव प्रपञ्चरूपेण वर्तसे । ता तानि सृष्टानि त्वत्त अन्य क अपि परितो व्याप्तु परिभवितु न समर्थ । त्वदितर सृष्टिसंहारयो अशक्त । येन फलकामेन युक्ता सन्त वय त्वा जुहुम. तत् फल अस्माक अस्तु सिध्यतु । वय रयीणा धनाना विद्याविनयादिभोग्य-सम्पदा अधिपतय स्याम ॥

प्रजापते O Lord एतानि these विश्वा (विश्वानि) all जातानि what is generated त्वत् from you अन्य another न not ता (तानि) they न not परिवभूव surpass यत्कामा with whatever desire ते to thee जुहुम we offer oblations तत् that न for us अस्तु be वयम् we रयीणाम् of wealth पतय. lords स्याम be

1. O Prajapati, all that is born is not different from Thee. Thou art before them and after also (when they are reabsorbed into Thee). The created beings cannot surpass Thee. With whatever desire we offer oblations to Thee may that be fulfilled. May we become lords of riches.

[This is the last stanza of the famous *Hnanyagarbhasūkta* (*Rgveda* X. 122 10) and it appears also at *Taittirīya-sāmhita* III 2 5 and *Taittirīyabrāhmaṇa* II 8 1. 6. State-

ments such as प्रजापतिर्वा इदमेक अग्र आसीत् नान्यत् किञ्चित् and प्रजापति सविता भूत्वा लोकानसृजत् in other parts of the *Taittirīyasamhitā* and *Taittirīyabrāhmana* make the idea given here sufficiently clear. The transcendence and immanence of the Supreme are emphasised in the first hemistich. The second hemistich expresses the wish of the worshipper for the fulfilment of his desires and attainment of wealth through divine favour. It is customary to employ this verse for recital during the ceremonial feeding of brāhmanas with specially prepared food, and similar other functions.]

पञ्चपञ्चाशोऽनुवाक

SECTION FIFTY-FIVE

स्वस्तिदा विशस्पतिर्वृत्रहा विमृधो वशी ।

वृषेन्द्रः पुर एतु नः स्वस्तिदा अभयङ्करः ॥१॥

[For translation etc see Section 1, stanza 42 p 65]

षट्पञ्चाशोऽनुवाक

SECTION FIFTY-SIX

त्र्यम्बकं यजामहे सुगन्धिं पुष्टिवर्धनम् ।

उर्वारुकमिव बन्धनान्मृत्योर्मुक्षीय मामृतात् ॥१॥

सुगन्धिं दिव्यगन्धोपेत मर्त्यधर्महीनं पुष्टिवर्धनं त्र्यम्बकं यजामहे पूजयाम् । रुद्रप्रसादात् बन्धनात् उर्वारुकफलमिव स्वयं मृत्योर् अपमृत्योः

ससारमृत्यो च अनायासेन मुक्षीय—वय मुक्ता भूयास्म । स्वर्गरूपात्
मुक्तिरूपात् च अमृतात् मा मुक्षीय वियुक्ता मा भूयास्म ॥

सुगन्धिम् fragrant पुष्टिवर्धनम् increasingly nourishing
त्र्यबकम् the three-eyed Lord यजामहे we worship बन्धनात्
from the stalk उर्वरिक्कम् cucumber इव like मृत्यो from death
मुक्षीय may we slip off, get freedom. अमृतात् from immorta-
lity मा not (मुक्षीय may we be separated)

1. We worship the three-eyed Lord who is fragrant and who increasingly nourishes the devotees. Worshipping Him may we easily slip off from death just as the ripe cucumber easily separates itself from the binding stalk. May we be never separated from Immortality.

[This is a cherished mantra prescribed for japa by all seekers after the purusārtha-s (four ends of life), and chiefly by those who aspire after liberation from the round of birth and death. The Supreme is here meditated upon as the giver and increaser of well-being and progress in physical and spiritual excellences. The adjective *sugandhi* qualifying God implies that divine grace becomes perceptible, from a distance like fragrance, to persons who are given to piety and adoration of God. The example of cucumber gives us the concrete impression how a spiritually and physically mature person naturally and easily gets freedom from the bondages of existence in the world either at the dawn of knowledge or at the close of a well-spent life. This mantra is originally found at *Vājasaneyīsamhitā* III 6. In commenting on this passage Mahīdhara states that celestial fragrance of the Lord is suggestive of all His Divine excellences. Death implies also

mundane existence In the Samhitā context this mantra is prescribed for repetition by the Yajamāna who circum-ambulates the Āhavanīya Fire after piling it After him, his virgin relatives also do the same, but they repeat the mantra replacing पुष्टिवर्धनम् by पतिदेवनम्—meaning giver of a proper husband The meaning of the stanza with this change will be Like the cucumber may we be separated from parents and brothers at marriage and never separated from the husband]

मत्तपञ्चाशोऽनुवाक

SECTION FIFTY-SEVEN

ये ते सहस्रमयुतं पाशा मृत्यो मर्त्याय हन्तवे ।
तान् यज्ञस्य मायया सर्वनिर्वयजामहे ॥१॥

हे मृत्यो, मर्त्याय हन्तवे प्राणिना हननाय ते तव ये सहस्र अयुत पाशा सन्ति तान् सर्वान् यज्ञस्य मायया शक्त्या अवयजामहे निवारयाम ॥

हे मृत्यो O Death, मर्त्याय (मर्त्यम्) man हन्तवे (हन्तुम्) to slay ते belonging to you ये those सहस्रम् thousand अयुतम् ten thousand पाशा snares तान् them सर्वान् all यज्ञस्य of worship मायया by power अवयजामहे we remove

1. O Death, those thousand and ten thousand snares which thou hast laid for slaying man, all of them we remove by the power of our deeds of worship

[The word death is used in different connected senses. Its most concrete shape is the termination of physical existence marked by stoppage of breath, consciousness and bodily functions. The force that brings about this is personified as Death. The duration of life on this earth is determined by the merits and demerits accruing from a man's deeds. This is the view of the scriptures. The god of Death adjudges each person according to his deserts and limits the duration of his life on the earth. Evil thoughts and deeds, errors of passion and temperament, sickness and suffering—all these are snares laid by Death to entrap unwary man. Further, ignorance, carelessness, remissness, insatiable craving and harmful propensities are also listed among the army of Death. Śiva, the auspicious God, is described as the greatest yogin, for, he has overcome the army of Death. Therefore He, the Auspicious Lord, is called *Antakāntaka*. For the devotees of God, the way to escape from the meshes of Death, said above, lies in the power of worshipping Him—the performance of prescribed duties to God properly and in the right spirit. This is perhaps what is implied by the phrase *yajñasya māyayā* or by the power of worship.]

अष्टपञ्चाशोऽनुवाक.

SECTION FIFTY-EIGHT

मृत्यवे स्वाहा॑ मृत्यवे स्वाहा॑ ॥१॥

येन प्राणिनः भ्रियन्ते तस्मै मृत्युरूपाय सकृत् गृहीत इव आज्यं सुदुतं
अस्तु ॥

1. Hail' may this be an oblation made to Mr̥tyu, the maker of death.

[Repetition of the same formula twice implies that two separate oblations are made to the deity in the consecrated fire, with a view to destroy all the sins connected with the person who makes the offering]

एकोनषष्टितमोऽनुवाक.

SECTION FIFTY-NINE

देवकृतस्यैनसोऽव्यजनमसि स्वाहा । मनुष्यकृतस्यैन-
सोऽव्यजनमसि स्वाहा । पितृकृतस्यैनसोऽव्यजनमसि
स्वाहा । आत्मकृतस्यैनसोऽव्यजनमसि स्वाहा । अन्यकृतस्यै-
नसोऽव्यजनमसि स्वाहा । अस्मत्कृतस्यैनसोऽव्यजनमसि
स्वाहा । यद्विवा च नक्तं चैनश्चकृम तस्याव्यजनमसि
स्वाहा । यत्स्वपन्तश्च जाग्रतश्चैनश्चकृम तस्याव्यजनमसि
स्वाहा । यत्सुषुप्तश्च जाग्रतश्चैनश्चकृम तस्याव्यजनमसि
स्वाहा । यद्विद्वाःसश्चाविद्वाःसश्चैनश्चकृम तस्याव्यजनमसि
स्वाहा । एनस एनसोऽव्यजनमसि स्वाहा ॥१॥

हे आज्य अथवा हे अग्ने, त्वं देवकृतस्य एनस देवानुद्दिश्य क्रियमाणेषु
कर्मसु आपतितस्य पापस्य अव्यजन विनाशक असि, इदमग्नये सुहृतमस्तु ।
मनुष्यकृतस्य मनुष्यसम्बन्धेन कृतस्य अनृशंस्यादिरूपस्य; पितृकृतस्य पैतृकेषु
कर्मसु सञ्जातस्य अगवैकल्यादिरूपस्य, आत्मकृतस्य आत्मना कृतस्य प्रति-

षिद्धचिन्तादिरूपस्य, अन्यकृतस्य स्वसबन्धिना अन्येन कृतस्य; अस्मत्कृतस्य स्ववर्गकृतस्य च पापस्य, निवारक असि इति प्रत्येक सम्बध्यते । दिवानक्त च यत् पाप कृतवन्त स्म तस्य निवारक. असि । स्वप्नावस्थाया जाग्रदवस्थाया च यत् पापं कृतवन्त स्म तस्य निवारक असि । मुपुप्त्यवस्थामनुभवन्त. सन्त जागरूका सन्त च यत् पाप कृतवन्त स्म तस्य निवारक असि । विद्वास अविद्वास च अर्थात् ज्ञानपूर्वकमज्ञानपूर्वक च यत् पाप कृतवन्त स्म तस्य निवारक असि । एनस एनस यावन्ति पापानि तावता सर्वेषा अथवा एनस्विन पुरुषात् तत्समर्गेण यत् पाप जात तस्य निवारक असि ॥

1 O Agni, thou art the remover of the offences we have committed against gods. Hail! Thou art the remover of the offences we have committed against men. Hail! Thou art the remover of the offences we have committed against departed ancestors. Hail! Thou art the remover of the offences we have committed to ourselves. Hail! Thou art the remover of the offences committed by others connected with us. Hail! Thou art the remover of the offences committed by our relatives Hail! Thou art the remover of the offences committed during day and night. Hail! Thou art the remover of the offences committed in the state of dream and waking Hail! Thou art the remover of the offences we have committed in the state of deep sleep and waking. Hail! Thou art the remover of the offences committed consciously and un-

consciously Hail! Thou art the remover of the offences committed by contact with those who are sinners Hail!

[Like the formulas given in Sections 3, 4, 5 and 47 these eleven formulas ending with *svāhā* are also employed for offering oblations into the consecrated fire meditating upon the Supreme Being in order to remove by means of sacrifice all the sins including those enumerated here. Broadly speaking a human being is liable to offend others and himself in various relations—whether he be conscious of it or not, or whether he is engaged in usual waking activities, or dreaming or sleeping. Flaws in the acts of worship done towards gods and departed ancestors constitute sin against them. One may sin against oneself by voluntarily indulging in unworthy thoughts and deeds. Each person is not only responsible for his own sins of omission and commission, but also for the sins of other persons who belonging to him, or with whom he has relationship through blood, or over whose actions he can have legitimate control. He may further offend his own neighbours by harsh words and anti-social deeds. Even the company of a sinner is a source of sin. All these are enumerated here to kindle a person's moral consciousness and to goad him towards purity and perfection. Waking state has been mentioned twice by including it in two formulas with a view to indicate that in the waking condition there is possibility of committing more sins and so one should be specially on one's guard about it. The formulas 1, 2, 3, 4, 10 and 11 are from the *Vājasaneyīsamhitā* VIII 13.]

षष्टितमोऽनुवाक.
SECTION SIXTY

यद्वो' देवाश्चकृम जिह्वया' गुरु
मनसो वा प्रयुती देवहेडनम् ।
अरावा यो नो' अभि दुच्छुनायते
तस्मिन् तदेनो' वसवो निधेतन् स्वाहा ॥१॥

हे वसव वासयिताः देवा , जिह्वया वाचा मनस अर्थात् मनसा वा प्रयुती प्रयुत्या प्रयोगेण गुरु महान् देवक्रोधन यद् एन युष्माक वय चकृम कृतवन्त य अस्मच्छत्रु अरावा आगमनवान् भूत्वा दुच्छुनायते शत्रुवदाचरति उद्वेजयति वा तस्मिन् पापकारिणि निधेतन निधेहि । तदर्थ इदमाज्य मुहुतमस्तु ॥

वसव O Vasus देवा O Gods जिह्वया by tongue मनस of mind प्रयुती (प्रयुत्या) by action वा or यत् that which गुरु serious देवहेडनम् offending of gods व to you चकृम we have done तत् that एन sin य who न अभि to us अरावा approaching दुच्छुनायते acts evilly तस्मिन् in him निधेतन place स्वाहा hail.

1 O Gods, O Vasus, that serious god-offending sin which we have committed by our tongues, by our understanding, and by our actions, place that in those who come near and act in an evil way towards us. Hail!

[This mantra originating in *R̥gveda* X 37 12 is also referred to at *Āśvalāyanaśrautasūtra* VI 12 3 The rendering made here is based on the commentary of Sāyana on the

Rgveda passage mentioned *Ducchunā* is also a mischief-making demon. Often devotees forget that the various gods are but aspects or attributes of the one God and try to compare their relative greatness. In this respect the tongue sins against gods. So Vāyu, the moving god, is entreated to take away the sin thus committed. This is how the passage is interpreted by the anonymous commentator who takes *aiā vāyo* as *aiā vāyo*. The padapāṭha shows splitting thus is wrong.]

एकषष्टितमोऽनुवाकः

SECTION SIXTY-ONE

कामोऽकार्षीन्नमो नमः । कामोऽकार्षीत्कामः करोति
नाहं करोमि कामः कर्ता नाहं कर्ता कामः कारयिता नाहं
कारयिता एष ते काम कामाय स्वाहा ॥१॥

देवताभ्य पुन पुन नमस्कार अस्तु । यत् मया कृत तत् काम
अकार्षीत् । काम एव तदकार्षीत् । नाहं करोमि, काम करोति । नाहं
कर्ता, काम एव कर्ता । नाहं कारयिता, काम एव कारयिता भवति । हे
काम, पापनिवर्तनार्थ एष ते आज्यभाग । कमनीयविग्रहाय तुभ्य इदं
मुहुतमस्तु ॥

नम नम salutations (to the gods) काम Desire अकार्षीत्
did काम Desire अकार्षीत् did काम Desire करोति is doing,
अहम् I न not करोमि do काम Desire कर्ता agent; न not अहम्
I कर्ता agent काम Desire कारयिता the causer of the action,
न not अहम् I कारयिता causer of the action काम O Desire,
ते to thee कामाय who is attractive in form ण्य this (oblation)
स्वाहा hail

1. Salutations to the gods Desire performed the act. Desire did the act. Desire is doing the act, not I. Desire is the agent, not I. Desire causes the doer to act, not I. O Desire, fascinating in form, let this oblation be offered to thee Hail!

[Desire is personified as a deity in the Vedas. The Nāsadiyasūkta announces that Kāma or God's Will in the form of desire to create the world existed at a time when this universe did not come into being. The *Manusmṛiti* II 4 points out that whatever activity is found in a creature, all that is the movement of desire—यद्यद्वि कुरुते जन्तु तत्तत् कामस्य चेष्टितम् । In the *Bhagavadgītā* chapter XIII it is pointed out that *icchā* (desire), pleasure, pain and the rest are the attributes of the *ksetra* (psycho-physical being) and that the *ksetrajñā* (Spirit or Self) is eternally pure, simple and divine. The traditional codes declare that the five universal elements, the resident deities and one's own heart witness the thoughts and actions of a man even though they are concealed from his neighbour. A worshipper is represented here as offering repeated salutations to the gods who witness the inside of all men and arraign them to the bar of divine justice. He pleads not guilty and deposes that he, the Self in man, did not do any act, is not doing anything, is not an agent, or an abettor, desire, charming to all in appearance, is the agent that did acts and is doing them. Finally in order to propitiate the deity of Desire, so that the worshipper may be left in his pure nature, as a result of the withdrawal of all harmful desires, an oblation is offered into the consecrated fire. The efficiency of a religion depends upon the total and undistracted service which a Society constituted for its ministry is

capable of rendering Priests and monks are therefore left free to serve the community without entering the arena of economic competition They subsist on voluntary subscriptions and serve God and man by gaining and disseminating knowledge The hereditary priesthood and the monastic orders were therefore permitted to receive gifts The Vedas contain descriptions of Dātā (giver of gifts) and Pratigrahītā (acceptor of gifts) A person of outstanding moral and spiritual merits alone can accept free gifts without damage to his spiritual vitality Even such, according to *Manu* IV 186, must not covet, for covetousness destroys spiritual brilliance Pratigraha is, therefore, a sin and its baneful effect on a person's moral conscience is mitigated only by disclaiming all self-interest In *Taittirīyabrāhmaṇa* II 2 5 it is stated that Kāma (God's prompting) is at the base of all cosmic activities. It is responsible for the giving and acceptance of gifts The Pure Self is not affected by that God it is that gives and God it is who receives The passage is significant क इदं कस्मा अदादित्याह । प्रजापतिर्वै क । स प्रजापतये ददाति । काम कामायेत्याह । कामेन हि ददाति । कामेन प्रतिगृह्णाति । कामो दाता काम प्रतिगृहीतेत्याह । कामो हि दाता । काम प्रतिगृहीता । कामः समुद्रमाविशेत्याह । समुद्र इव हि काम । नेव हि कामस्यान्तोऽस्ति । न समुद्रस्य । It is concluded that a person who accepts dakṣiṇā with this attitude, a true knower, is not hurt by the act of acceptance of gifts In interpreting the third stanza of Nāsadiyasūkta in *Taittirīyabrāhmaṇa* II 4 1, Sāyana states that *Kūma* in this context means *īśvā akāma*]

द्विषष्टितमोऽनुवाक
SECTION SIXTY-TWO

मन्युरकार्षीन्नमो नमः । मन्युरकार्षीन्मन्युः करोति नाहं
करोमि मन्युः कर्ता नाहं कर्ता मन्युः कारयिता नाहं कार-
यिता एष ते मन्यो मन्यवे स्वाहा ॥१॥

देवताभ्य पुन. पुन नमस्कार अस्तु । यत् मया कृत तत् मन्यु
कोपाभिमानिनी देवता अकार्षीत् । मन्यु एव तदकार्षीन् । नाहं करोमि,
मन्यु करोति । नाहं कर्ता, मन्यु कर्ता । नाहं कारयिता, मन्युरेव कारयिता
भवति । हे मन्यो पापनिवर्तनार्थं एष ते आज्यभाग । मन्यवे तुभ्य इद
मुद्धृतमस्तु ॥

1. Salutations to the gods Anger performed
the act. Anger did the act. Anger is doing the
act, not I. Anger is the agent; not I Anger
causes the doer to act, not I O Anger, let this
oblation be offered to thee. Hail!

[In many contexts in the Vedas the term *Manyu* is
appropriately rendered by modern scholars as the longing
fervour According to Sāyana, *Manyu* is rage towards the
enemy, internal or external In *Taittirīyabrahmaṇa* II 4 1
Manyu is eulogised as Bhaga and Varuna and also supplicated
not to damage Tapas by intrusion Since the term occurs
here in connection with *Kāma*, it is translated as anger per-
sonified, for obstructed desire is the source of anger All
those cravings, instincts, propensities, inclinations, desires and
needs that express themselves continually in the thoughts and
behaviour of men are referred to by the word *Kāma*, and so
obstruction of *Kāma* in any form evokes responses in the shape

of rage or anger which supply the motive force for a wider area of thought and activity covered by human behaviour. Thus anger or *dvesa* is another trait of the physical and psychological equipment of man from which his true Self stands aloof. Penitent man weeps for his sins and ascribes to desire and anger the sins that are committed by him. See also *Bhagavadgītā* II 62-68 and III 37-43 for further elucidation of this matter. The word-by-word meaning is omitted in this and other Sections below for reasons cited on page 116.]

त्रिषष्टितमोऽनुवाक

SECTION SIXTY-THREE

तिलाञ्जुहोमि सरसान् सपिष्टान् गन्धार मम चित्ते
रमन्तु स्वाहा ॥१॥ गावो हिरण्यं धनमन्नपानः सर्वेषां ५
श्रियै स्वाहा ॥२॥ श्रियं च लक्ष्मि च पुष्टि च कीर्ति
चानुष्यताम् । ब्राह्मण्यं बहुपुत्रताम् । श्रद्धामेधे प्रजाः
संददांतु स्वाहा ॥३॥

हे गन्धार उत्तमसौरभ्ययुक्त परमात्मन्, अहं भवते सरसान् सपिष्टान् तिलान् जुहोमि । भवदीया गुणा मम चित्ते रमन्ताम् । इदं हवि सुहुतमस्तु । भवत्प्रसादात् गावो हिरण्यं धनं अन्नपानं इत्यादिकं मम सिद्धयुक्तम् । सर्वेषां मत्प्रार्थितानामर्थानां श्रियै च इदं हवि सुहुतमस्तु । श्रियं च लक्ष्मीं च शरीरादिपुष्टिं च धर्मप्रसूतां कीर्तिं च देवर्षिपितृणां ऋण-शोधसामर्थ्यं च ब्राह्मण्यं साधुत्वं च बहुपुत्रतां च शास्त्रगुरुवाक्येषु श्रद्धां च ग्रहणधारणपटुत्वं च प्रजाश्च मह्यं परमात्मा ददातु । स्वाहा ॥

1. O Supreme Being, I offer oblations of tasty *tīla* (*Sesamum indicum*) seeds mixed with some flour, into the consecrated fire, may my mind delight in the attributes of the Supreme. Hail! 2. O God, through Thy grace, may I obtain cattle, gold, wealth, food and drink, and all desired objects and beauty and prosperity, for that this oblation be offered to Thee. Hail! 3. May God grant me royal prosperity, the bliss of freedom, health, noble repute, capacity to pay off the debts to gods, departed souls and sages, the qualities of an ideal brāhmana, many sons, faith, intelligence and grandsons. May this oblation be offered for that. Hail!

[The sequel of this Upanisad, according to tradition, deals with the principal and auxiliary ceremonies connected with the last order of Vedic life known as Sannyāsa. A candidate competent for Sannyāsa has to perform various subsidiary rites before he is rendered fit to perform the final act. These preliminary acts are meant for effacing all the past sins. By the performance of appropriate rituals beginning with Bhūta-samskāra and ending in Ājyasamskāra laid down in the Gṛhyasūtras one's religious fitness is enhanced. This section contains three formulas for offering three oblations in the fire, the substance for the offering is *Sesamum* seeds. The word *Gandhūra* is declared by the commentator to be an epithet of the Supreme. The seeds selected for offering are *sarasa* (with flavour) and *sapīsta* (mixed with some variety of flour). The last two formulas contain a prayer for other items such as,

wealth consisting of cattle, food and drink, and other coveted objects, as also faith, purity and other mental virtues A person who has enjoyed the possessions of this world and performed the religious duties that can be discharged only with the help of worldly possessions is made fit for Sannyāsa through dispassion for the fruits of this world and the next This is implied by the oblations described here in connection with the Sannyāsa rites]

चतु.षष्टितमोऽनुवाक.

SECTION SIXTY-FOUR

तिलाः कृष्णास्तिलाः श्वेतास्तिलाः सौम्या वंशानुगाः ।

तिलाः पुनन्तु मे पापं यत्किञ्चिद् दुरितं मयि स्वाहा ॥१॥

हे परमात्मन्, भवदाज्ञया कृष्णा तिला श्वेता. तिला सौम्या तिला वशानुगा तिला मम यत् पाप अस्ति मयि यत् किञ्चित् दुरित अस्ति तत् सर्वं पुनन्तु । तदर्थं इदं हवि सुहृतमस्तु ॥

2. O Lord, through Thy grace, may these black Sesamum seeds, white Sesamum seeds, healthful Sesamum seeds and own Sesamum seeds cleanse whatever sin there is connected with me or whatever wrong there is in me For that I offer oblations. Hail!

[The substance of offering into the consecrated fire here again is quantities of Sesamum seeds which are sometimes black and sometimes white They are called *saumya* (healthful) because good variety of these seeds do not cause any

illness They are called *vasānuga* (owned by one at pleasure) because they are acquired by purchase giving the price in cash from one's own lawful earnings and not got by arbitrary seizure or theft Through the grace of the Supreme, even lifeless grains can purify a man]

चोरस्यान्नं नवश्चाद्धं ब्रह्महा गुरुतल्पगः ।

गोस्तेयं सुरापानं भ्रूणहत्या तिला शान्तिं शमयन्तु स्वाहा

॥२॥

चोरात् प्राप्तस्य अन्नस्य भोजन एकोद्दिष्टादिनवश्चाद्ब्राह्मभोजन ब्रह्महत्या गुरुतल्पगमन गोस्तेय सुरापान भ्रूणहत्या एवमादीनि पापानि तिला शमयन्तु । मम शान्तिं प्रयच्छन्तु । स्वाहा ॥

2. May the Sesamum seeds offered remove my sins, such as partaking of the food supplied by theft, dining at a place where food is served in connection with the funeral rites of a single recently departed soul, slaying of a brāhmana, outraging the preceptor's honour, cattle-lifting, drink and slaying a hero or a foetus May I have peace. Hail!

[The aim of the worshipper here is to remove all the sins connected with him by a propitiatory act Since these are formulas made use of by different worshippers at different places and times, it is impossible to suppose that each one confesses that he has committed all the sins names of which are catalogued here They are mentioned to indicate that what is aimed at is complete taintlessness—elimination and expiation of the sins mentioned here in whomsoever they

may exist Each man is responsible not only for his own flaws and defects but also for those of the whole community of which he is an individual In fact no individual can reach a moral level in all respects far higher than that of the group to which he belongs]

श्रीश्च लक्ष्मीश्च पुष्टीश्च कीर्तिं चानृण्यताम् । ब्रह्मण्यं
बहुपुत्रताम् । श्रद्धामेधे प्रज्ञा तु जातवेदः संददातु स्वाहा
॥३॥

[For translation etc of this passage see Section 63 formula 3 which contains the same passage with little alteration *Prajū* in that passage is here replaced by *prajñā tu* The resemblance being so close and the sense and the purpose of the passage being the same it is not separately dealt with here The prayer here is addressed to *Jātavedas*, the all-knowing Supreme invoked in fire Section 44 to 64 found in the longer version are not in the shorter version accepted by Bhattabhāskara and Sāyana]

पञ्चषष्टितमोऽनुवाक

SECTION SIXTY-FIVE

प्राणापानव्यानोदानसमाना मे शुध्यन्तां
ज्योतिरहं विरजा विपाप्मा भूयास ५ स्वाहा ॥१॥

अनेन आज्यहोमेन मम प्राणादिपञ्चवायव शुद्धा भवन्तु । तत अहं
विपाप्मा परिपन्धिभूतं पापैः विरहितं विरजा पापहेतुना रजोगुणेनापि
वियुक्तं सन् परब्रह्मरूपं ज्योति भूयासम् । तदर्थं इदं आज्यं सुहृतमस्तु ॥

मे mine प्राणापानव्यानोदानममाना the in-breath, the out-breath, the diffused breath, the up-breath, and the middle breath शुध्यन्ताम् be purified विपाप्मा freed from sins विरजा freed from passions अहम् I ज्योति the Light of the Supreme भूयासम् I pray I become स्वाहा hail

1. By this oblation may my in-breath, out-breath, diffused breath, up-breath and middle breath become purified. I pray that I become the Supreme Light bereft of all obstructing sins and their cause, the passions in me. For this end may this oblation be appropriately offered into the consecrated fire. Hail!

वाङ्मनश्चक्षुःश्रोत्रजिह्वाघ्राणरेतोबुद्ध्याकूतिःसंकल्पा
मे शुध्यन्तां ज्योतिर्हं विरजा विपाप्मा भूयासुं स्वाहा॥
॥२॥

अनेन आज्यहोमेन मम पञ्चेन्द्रियाणि बुद्धिमनसी सकल्पाकूती रेतश्च शुद्धा भवन्तु । (शेष पूर्ववत् ।)

2. By this oblation may my speech, mind, sight, hearing, taste, smell, seed, intellect, intention and aim become purified I pray that I become the Supreme Light bereft of all obstructing sins and their cause, the passions in me. For this end may this oblation be appropriately offered into the consecrated fire. Hail!

त्वक्चर्ममांसरुधिरमेदोमज्जास्त्रायवोऽस्थीनि मे' शुध्यन्तां
ज्योतिरहं विरजां विपाप्मा भूयास्रं स्वाहा ॥३॥

अनेन आज्यहोमेन मम स्थूलदेहगता त्वक्-चर्म-मांस-रुधिर-मेदो-मज्जा-
स्नायु-अस्थिरूपा सप्तधातव शुद्धा भवन्तु । (शेष पूर्ववत् ।)

3 By this oblation may my seven bodily ingredients—outer and inner skin, flesh, blood, fat, marrow, sinew and bone—become purified I pray that I become the Supreme Light bereft of all obstructing sins and their cause, the passions in me For this end may this oblation be offered into the consecrated fire. Hail!

शिरःपाणिपादपार्श्वपृष्ठोरुदरजङ्घाशिश्नोपस्थपायवो
मे' शुध्यन्तां ज्योतिरहं विरजां विपाप्मा भूयास्रं स्वाहा
॥४॥

अनेन आज्यहोमेन मम शिर-पाणि-पाद-पार्श्व-पृष्ठ-ऊरु-उदर-जङ्घा-
शिश्न-उपस्थ-पायुरूपा स्थूलशरीराद्यवा शुद्धा भवन्तु ॥ (शेष पूर्ववत् ।)

4. By this oblation may the limbs and the parts of my body comprised by the head, hands, feet, sides, back, thighs, belly, shanks, the generative organ, the middle part of the body (or the male and female generative organs) and the anus become purified. I pray that I become the Supreme Light bereft of all obstructing sins and their cause, the passions in me For this end may this oblation be offered into the consecrated fire Hail!

उत्तिष्ठ पुरुष हरित पिंगल लोहिताक्ष देहि देहि ददाप-
यिता मे शुध्यन्तां ज्योतिरहं विरजा विपाम्ना भूयासुः
स्वाहा ॥५॥

हे हरित पिंगल लोहिताक्ष पुरुष उत्तिष्ठ मदनुग्रहार्थं उद्युक्तो भव ।
देहि देहि पुन पुन मह्य शुद्धिं प्रयच्छ । मम ददापयिता अतिशयेन शोधक
अथवा आचार्यमुखात् तत्त्वज्ञानस्य दाता भव । ज्ञानोत्पत्त्यर्थं मदीया
चित्तवृत्तय शुद्धा भवन्तु ॥ (शेष पूर्ववत् ।)

5 O thou Divine Person, who is dark blue
and brown and who is red in eyes make haste to
favour me Grant me more and more purity Be
a grantor of knowledge and purity to me through
the medium of my preceptor May my thoughts
become purified. I pray that I become the Supreme
Light bereft of all obstructing sins and their cause,
the passions in me. For this end may this obla-
tion be offered into the consecrated fire Hail!

[The five formulas given above are employed for recita-
tion at the time of offering oblations of clarified butter into
the properly consecrated fire by a person who is about to
embrace the vows of Sannyāsa They are believed to have
the efficacy of bringing about spiritual purity, or the regenera-
tion of the internal and the external man They are used in
connection with some other rites also meant to signalise a
person's initiation into a new way of life The concluding
part of all these mantras form a uniform pattern expressing
the longing on the part of the aspirant to become divine—
by freeing himself from all blemishes of body and mind The
word *etas* in the second formula, meaning sperm, implies

here the procreative power in man. Two words *tvak* and *carman* in the third formula are not overlapping because they denote outer and inner skin. The word *snāyu* may denote tendon, muscle or sinew. In the fourth formula *śisna* and *upastha* appear side by side. The former word denotes the male organ of generation and the latter that of the female. This may imply that the pronouncer of the formula may belong to one or the other sex. The second word may also imply the middle part of the body merely. The last formula of the Section is an address to the Supreme Being by the devotee to grant him purity and knowledge both directly and through the preceptor. Personal description about the colour of the body and the eyes of the Purusa may be compared with such descriptions given in other parts of the Veda. The Supreme Being as Rudra-Mahādeva is *Kṛṣṇa-piṅgala* and the Person in the Sun is elsewhere mentioned as having golden eyes. The term *harita* is interpreted also as skilled in removing the sorrows of devotees. The word *lohītākṣi* becomes *lohītākṣa* in grammatical Sanskrit. Sāyana's reading is ह्रित लोहितपिङ्गलाक्षि and the reading accepted by Bhattabhāskara is हरे लोहितपिङ्गलाक्षि. Whether the reading is *hare* or *harita* the meaning given is 'he who is skilled in removing obstacles'. According to Bhattabhāskara *lohita-piṅgalākṣi* is one epithet denoting the Person having sun and fire as his eyes. Day and night are then represented by *lohita* and *piṅgala*. Sāyana however takes *lohita* as a separate word denoting the complexion of the body and *piṅgalākṣa* denoting the colour of the eyes.]

षट्षष्टितमोऽनुवाकः
SECTION SIXTY-SIX

पृथिव्यप्तेजोवायुराकाशा मे' शुध्यन्तां
ज्योतिरहं विरजां विपाप्मा भूयासः स्वाहा ॥१॥

अनेन आज्यहोमेन मम शरीरोपादानकारणानि पृथिव्यप्तेजोवायुराकाश-
रूपाणि पञ्चभूतानि शुद्धानि भवन्तु । ततः अहं विपाप्मा परिपन्थिभूतं,
पापैः विरहितं विरजां पापहेतुना रजोगुणेनापि वियुक्तं सन् परब्रह्मरूपं
ज्योतिं भूयासम् । तदर्थं इदं आज्यं सुहुतमस्तु ॥

1. By this oblation may the five constituent elements of my body—earth, water, fire, air and ether—become purified. I pray that I become the Supreme Light, bereft of all obstructing sins and their cause, the passions in me. For this end may this oblation be offered into the consecrated fire. Hail!

शब्दस्पर्शरूपरसगन्धा मे' शुध्यन्तां
ज्योतिरहं विरजां विपाप्मा भूयासः स्वाहा ॥२॥

अनेन आज्यहोमेन मम शरीरोपादानभूतेषु पञ्चमहाभूतेषु वर्तमाना
शब्दस्पर्शरूपरसगन्धरूपाः गुणाः शुद्धा भवन्तु । (शेषं पूर्ववत् ।)

2. By this oblation may the qualities of sound, touch, colour, taste and smell (residing in the above five elements constituting my body) become purified. I pray that I become the Supreme

Light, bereft of all obstructing sins and their cause, the passions in me For this end may this oblation be offered into the consecrated fire Hail!

मनोवाक्कायकर्माणि मे शुद्ध्यन्तां

ज्योतिरहं विरजा विपाप्मा भूयासुः स्वाहा ॥३॥

अनेन आज्यहोमेन मे मनोवाक्कायै निष्पादितानि कर्माणि शुद्धानि भवन्तु । (शेष पूर्ववत् ।)

3. By this oblation may the deeds accomplished by my mind, speech and body become purified. I pray that I become the Supreme Light, bereft of all obstructing sins and their cause, the passions in me For this end may this oblation be offered into the consecrated fire Hail!

अव्यक्तभावेरहङ्कारै-

ज्योतिरहं विरजा विपाप्मा भूयासुः स्वाहा ॥४॥

हे परमात्मन् भवत्प्रसादात् अहं लोकानां समक्ष अनाविष्कृताभिप्रायैः अहङ्कारै अर्थात् व्यर्थगर्वे विमुक्तं सन् विपाप्मा परिपन्थिभूतं पापैः विरहितः भूयासम् (शेष पूर्ववत् ।)

4. May I not have any suppressed feelings of egoism. I pray that I become the Supreme Light, bereft of all obstructing sins and their cause, the passions in me. For this end may this oblation be offered into the consecrated fire Hail!

आत्मा मे' शुध्यन्तां

ज्योतिरहं विरजां विपाप्मा भूयासुः स्वाहा ॥५॥

अनेन आज्यभागेन मे आत्मा शरीरं शुद्धं भवतु । (शेषं पूर्ववत् ।)

5. By this oblation may my body become purified. I pray that I become the Supreme Light, bereft of all obstructing sins and their cause, the passions in me. For this end may this oblation be offered into the consecrated fire. Hail!

अन्तरात्मा मे' शुध्यन्तां

ज्योतिरहं विरजां विपाप्मा भूयासुः स्वाहा ॥६॥

अनेन आज्यभागेन मम अन्तरात्मा अन्तःकरणं शुद्धं भवतु ॥ (शेषं पूर्ववत् ।)

6. By this oblation may my internal organs become purified. I pray that I become the Supreme Light, bereft of all obstructing sins and their cause, the passions in me. For this end may this oblation be offered into the consecrated fire. Hail!

परमात्मा मे' शुध्यन्तां

ज्योतिरहं विरजां विपाप्मा भूयासुः स्वाहा ॥७॥

अनेन आज्यभागेन मम परमात्मा अर्थात् नित्यशुद्धोऽपि मद्गतेन अविद्यादोषेण अप्रतिभानात् अशुद्ध इव पूर्वं अधुना स्वात्मत्वेन प्रतिभानात् शुद्धो भवतु । (शेषं पूर्ववत् ।)

7. By this oblation may my Infinite Self become purified I pray that I become the Supreme Light, bereft of all obstructing sins and their cause, the passions in me. For this end may this oblation be offered into the consecrated fire Hail!

[Of these seven formulas excepting the first two, the rest are not found in the shorter version noticed by Bhattabhāskara and Sāyana Part of the ideas covered by them are presented by the formulas contained in the previous Sections and is noted by them. In the fourth formula the predicate is understood as *vimuktaḥ (ahamkāraih)* In the last three formulas there is no grammatical agreement between subject and predicate, the one being in the singular and the other in the plural The plural verbs should be, therefore, considered as singular in sense, they have been placed in plural form perhaps following on the scent of the previous formulas in which the subject also was in the plural A prayer for the purity of the Infinite Self (Paramātman) which is the highest conception of purity may appear ridiculous at the surface The real meaning underlying the statement is this Though Paramātman is the one Reality and Ground of existence, the individual Soul is not cognizant of this fact, because of its accidental impurity When ignorance and impurity are removed from the individual self the Supreme shines as its true nature We see for instance, the sun and the moon made dim and dark during the periods of eclipses and so they appear to us as if they are covered with impurity After the temporary period of eclipse people say that these luminaries have now become pure So Paramātman, the eternally pure, is here spoken of as if impure from the view-point of the

ignorant man One's spiritual purity is no more eclipsed when the removal of his ignorance is complete]

क्षुधे स्वाहा । क्षुत्पिपासाय स्वाहा । विविद्विच्यै स्वाहा ।
ऋग्विधानाय स्वाहा । कषोत्काय स्वाहा । [ओं स्वाहा]

॥८॥

क्षुधधिष्ठानायै देवतायै इदं हवि सुहुतमस्तु । क्षुत्पिपासाधिष्ठानाभ्या
देवताभ्या इदं हवि सुहुतमस्तु । व्यापकतमं ब्रह्मतत्त्वमुद्दिश्य इदं हवि
सुहुतमस्तु । ऋचा उत्पादकाय परमात्मने इदं हवि सुहुतमस्तु । कषे
नामरूपकर्मात्मके कार्यप्रपञ्चे उत्काय उपकर्तुमुत्सुकायपरमेश्वराय इदं हवि
सुहुतमस्तु । [ओं प्रणवप्रतिपाद्यं वस्तु भवामि, तदर्थमिदं हवि सुहुतमस्तु ॥]

8 May this oblation be made to the deity of hunger. Hail! May this oblation be made to the conjoined deities of hunger and thirst Hail! May this oblation be made to the all-pervasive Supreme. Hail! May this oblation be made to the Supreme who is the ordainer of Rk chants Hail! May this oblation be made to the Supreme who is interested in his creation Hail! (I am the Truth expressed by praṇava. For the realization of that may this oblation be offered into the consecrated fire. Hail!)

[These six short formulas again are employed for the offering of oblations like the preceding ones. Of these the first three formulas are not found in the shorter version and the last one given here is original to the shorter version and so not found in the longer one. For a person who aspires

after the realisation of his own spiritual Reality, a complete mastery over his physical needs and propensities is a *sine qua non* according to the scriptures. The *Vivekacūdāmanī* verse 17 says that a person becomes fit for an enquiry into Brahman only when he becomes discriminating, dispassionate, calm, self-controlled and possessing faith and concentration. Patience (*tīkṣā*) according to, *ib* verse 25 consists in the acceptance of pain and misery without grief and anxiety for evasion. It is further stated at verse 86 that desiring for self-realisation and, at the same time, devoting oneself to the nourishment and enjoyment of one's own body would be like attempting to cross a river using a shark mistaking it for a floating wood. When a person gets himself initiated into the vows of Sannyāsa he makes oblations to the deities of hunger and thirst so that he may no longer be over-powered by them in his new life in which he is firmly settled in the spiritual Truth. Bhattabhāskara reads *vivitti* in place of *vivittiyai* and gives the following explanation. This word is a disguised form of the second person singular of the root 'visl to spread', actually seen as *veveddhi*. The grammatical form has been transmuted into *vivitti* for *parokṣatva* (disguise) as the Śruti chooses to do so. The meaning then is this: O my Self, hitherto cribbed and limited in the fivefold sheaths, expand now by the access of Divine Light and become infinite to attain the Supreme. While Bhattabhāskara takes it as a finite verb Sāyana makes it out to be an abstract noun. The form, he says, is in the dative singular of *vivisti* (the all-pervasive Supreme), duplication of *t* being accounted for by the Vedic transformation of *s* to *t*. The *Brhadāraṇyakopaniṣad* II 4. 10 and *Brahmasūtra* 1. 1. 3 declare that the Vedas are derived from the Supreme and that they are the only source of the knowledge of the Supreme. The term *rgvidhāna* rein-

forces this idea. According to the traditional interpretation, Sāyana's reading *kasotka* is analysed as *kasa* and *utka*. He supposes that *kasa* is derived from the root 'kas to do' and hence *kasa* is the deed of the Supreme Lord in the form of the universe and *utka* as usual denotes here interest. The reading accepted by Bhattabhāskara is *ghasotka* and he derives the word *ghasa* from the root 'ghas to eat'. Here the *sa* of *ghasu* is disguised as *sa*. The sense of the word then is all-consuming—the Supreme who reabsorbs into Himself the whole universe, or who finds pleasure in attracting all creation toward Himself. The sixth is the mono-syllabic pranava mantra which affirms the identity of the finite self and the Infinite.]

क्षुत्पिपासामलं ज्येष्ठामलक्ष्मीनाशयाम्यहम् ।

अभूतिमसमृद्धिं च सर्वान्निर्णुद मे पाप्मानं स्वाहा ॥९॥

हे परमात्मन्, भवत्प्रसादात् क्षुत्पिपासारूपं मलं ज्येष्ठा अलक्ष्मी अभूतिं असमृद्धिं च सर्वान् नाशयामि । मे पाप्मानं निर्णुदं विनाशय । स्वाहा ॥

क्षुत्पिपासामलम् uncleanliness in the shape of hunger and thirst ज्येष्ठाम् misfortune अलक्ष्मीम् adversity अभूतिम् poverty असमृद्धिम् lack of progress च and सर्वान् all अहम् I नाशयामि remove मे my पाप्मानम् sins, impurities निर्णुदं efface स्वाहा Hail

9 O Lord, through thy grace I remove from me that uncleanliness in the form of hunger and thirst, misfortune and adversity, poverty and lack of progress, and all the like. Efface my sins. Hail!

[This is found as the sixth stanza of the Śrī Sūkta coming in the *Rgvedakhila* II with slight alteration in the wording. It contains a list of disvalues which a devotee of God seeking puusārthas must get over through His Grace. The word *Laksmī* is derived from the root 'laks to mark out' and hence *Laksmī* represents beauty, prosperity, charm, nobility of character and other graces which agreeably mark out a person, place or event. Values are appreciated against their contraries—beauty against ugliness, prosperity against adversity, and so forth. Therefore *Jyēsthā* precedes *Laksmī* as night precedes day or as poison heralded the ambrosia when the milky ocean was churned. It is stressed here that a man should make every effort to weed out disvalues and cultivate beauty, prosperity and virtue, through the Grace of God. Such a prayer is not out of place even in the life of a Sannyāsīn who lives for the welfare of creatures.]

अन्नमयप्राणमयमनोमयविज्ञानमयमानन्दमयमात्मा मे'
 शुध्यन्तां ज्योतिरहं विरजां विपाम्ना भूयासुः स्वाहा[॥]
 ॥१०॥

अनेन आज्यहोमेन मम अन्नमय-प्राणमय-मनोमय-विज्ञानमय-आनन्द-
 मयरूपा पञ्चकोशा शुद्धा भवन्तु ॥ (शेष पूर्ववत् ।)

10. By this oblation may my five-fold self comprised by the sheaths of food, breath, mind, intelligence and bliss become purified. I pray that I become the Supreme Light bereft of all obstructing sins and their cause, the passions in me. For this end may this oblation be offered into the consecrated fire Hail!

[This mantra by its sense goes along with the preceding formulas of oblation Here such a prayer is made again for attaining the purity of pañcakośa-s or the five sheaths which nest the finite individual self]

सप्तषष्टितमोऽनुवाकः

SECTION SIXTY-SEVEN

अग्रये स्वाहा । विश्वेभ्यो देवेभ्यः स्वाहा । ध्रुवाय भूमाय
 स्वाहा । ध्रुवक्षितये स्वाहा । अच्युतक्षितये स्वाहा । अग्रये
 स्विष्टकृते स्वाहा ॥ धर्माय स्वाहा । अधर्माय स्वाहा ।
 अद्भ्यः स्वाहा । ओषधिवनस्पतिभ्यः स्वाहा । रक्षोदेवज-
 नेभ्यः स्वाहा । गृह्याभ्यः स्वाहा । अवसानेभ्यः स्वाहा ।
 अवसानपतिभ्यः स्वाहा । सर्वभूतेभ्यः स्वाहा । कामाय
 स्वाहा । अन्तरिक्षाय स्वाहा । यदेजति जगति यच्च चेष्टति
 नाम्नो भ्रगोऽयं नाम्ने स्वाहा । पृथिव्यै स्वाहा । अन्त-
 रिक्षाय स्वाहा । दिवे स्वाहा । सूर्याय स्वाहा । चन्द्रमसे
 स्वाहा । नक्षत्रेभ्यः स्वाहा । इन्द्राय स्वाहा । बृहस्पतये
 स्वाहा । प्रजापतये स्वाहा । ब्रह्मणे स्वाहा । स्वधा पितृभ्यः
 स्वाहा । नमो रुद्राय पशुपतये स्वाहा । देवेभ्यः स्वाहा ।
 पितृभ्यः स्वधास्तु । भूतेभ्यो नमः । मनुष्येभ्यो हन्ता ।
 प्रजापतये स्वाहा । परमेष्ठिने स्वाहा ॥१॥

अग्नि , विश्वेदेवा , ध्रुव भूम , ध्रुवक्षिति , अच्युतक्षिति , स्विष्टकृत्
 अग्नि एताभ्य वैश्वदेवदेवताभ्य इह हवि प्रत्येक सुहुतमस्तु । धर्म , अधर्म ,
 आप , ओषधिवनस्पतय , रक्षोदेवजना , गृह्या , अवसाना , अवसानपतय ,
 सर्वभूता , काम , अन्तरिक्षम् , जगति वृक्षादिरूपेण एजमान मनुष्यादिरूपेण
 च्रेष्टमान परमात्मन भागरूप . तत्तन्नामक पदार्थसमूह , पृथिवी , अन्तरिक्षम् ,
 द्यौः , सूर्यः , चन्द्रमा , नक्षत्राणि , इन्द्र , वृहस्पति , प्रजापति , ब्रह्मा , पितर ,
 पशुपतिरुद्र , देवा , पितर , भूतानि , मनुष्या , प्रजापति , परमेष्ठी इत्येतेभ्य
 प्रत्येक हवि सुहुतमस्तु ॥

[The above paragraph contains thirty-six short mantras used in worship and oblation They are original to the longer version Of these the first six ending in *svāhā* are employed for offering oblations connected with the Vaiśvadeva rite In this rite the Supreme Being is worshipped 1 as Fire, 2 as the sum total of deities or All-gods, 3 as the permanent plenitude, 4 as the permanent ground, 5 as the unchanging abode, and 6 as the maker of the right sacrifice A sacrifice rightly offered is called *svista*. The one made wrongly through inadvertance is called *duṣṭa*. The deity Fire specially propitiated rectifies the wrong offerings. The Gārhapatyā Fire is called *Svistakṛt* in the Kalpa works The words भूम and ध्रुव are omitted in some text and धूमाय स्वाहा is added after ध्रुवक्षिति. In the next list oblations are offered to धर्म—religious duty, अधर्म—the opposite of it, आप—waters, ओषधिवनस्पतय—herbs and trees, रक्षोदेवजना—demons and gods, गृह्या—household deities, अवसाना—the deities dwelling in the outskirts of the house, अवसानपतय—the leaders of such deities, सर्वभूता—all spirits, or the deities of the five primordial elements, काम—god of love, अन्तरिक्षम्—wind blowing in the sky, नाम—the Supreme Being is called here *nāma* because He is expressed by the totality of words

in the Veda Whatever there is in this world moving as insentient [एजति] and whatever that acts as sentient [चिष्टति] all that is नाम or आत्मन्), पृथिवी—earth, अन्तरिक्षम्—spirits dwelling in the sky, द्यौः—heaven, सूर्य—sun, चन्द्रमा.—moon, नक्षत्राणि—asterisms, इन्द्र—the chief of gods, बृहस्पति—the preceptor of gods, प्रजापति—the lord of creatures, ब्रह्मा the four-faced creator, पितरः—departed ancestors, रुद्र पशुपति. Rudra the lord of living beings, देवाः—gods, पितर—manes, भूता—a variety of gods, मनुष्या—men, प्रजापति—the lord of creatures, and परमेश्वरी—the four-faced creator dwelling in Brahmaloaka Wherever the same deity is repeated twice it is implied that two oblations are given to the same deity It is stated that the entire universe is but a part of the Supreme—*Nāmmo bhāgah* In *Chāndogya* VII 1 4, Sanat-kumāra advises Nārada to worship Nāma as Brahman Whenever offerings are made to the manes, the deities and men, the terms employed for oblations are *svadhā*, *namah* and *hanta* respectively These special words of address give them pleasure Gods, like guests, are made happy by sweet words of courtesy The word *pitṛ* denotes two types of super-human beings—those who are permanent dwellers of the *pitṛloka* and those who are translated to that region from the earth when they depart from the body The mantras given in this group are used for *baliharana* or offering worshipful tribute to these deities who form the body of the Supreme So even irreligious demons, trees and plants find a place in it]

यथा कूपः शतधारः सहस्रधारो अक्षितः ।

एवा मे अस्तु धान्यः सहस्रधारमक्षितम् ॥ धनधान्यै

स्वाहा ॥

यथा शतसख्याकाभिः सहस्रसख्याकाभिश्च प्रस्रवणरूपाभिः जलधाराभिः
कूप अव्युदासी अक्षयश्च भवति एव मम सहस्रधार अक्षितम् धान्य अस्तु ।
तदर्थं इदं हविः धनधानीनामिकायै देवतायै सुहुतमस्तु ॥

यथा just us शतधार having a hundred springs सहस्रधार.
having a thousand springs अक्षित perennial कूप well (भवति
becomes) एवा (एवम्) analogously अक्षितम् inexhaustible सहस्र-
धारम् having a thousand sources of continuous supply धान्यम्
grain मे for me अस्तु let be धनधान्यै to Dhanadhānī स्वाहा
hail!

2 Just as a perennial well is supplied with water by hundreds and thousands of springs, so may I have an inexhaustible supply of grain from a thousand sources For that end, I offer oblations to the wealth-holding deity Hail!

[This mantra in the longer version is an invocation addressed to the Supreme through the deity Dhanadhānī, the supplier of man's subsistence There is a whole group of passages in the *Taittirīyasaṃhitā* laying down food rules and praising Annadevatā Life depends upon food So nothing is more fundamental than the supply of food which sustains life On this there is this ancient verse धर्मार्थिकाममोक्षाणां प्राणा सन्धिहेतवः । तान् निघ्नता किं न हृतं रक्षता किं न रक्षितम् ॥ The *Taittirīyopaniṣad* III 8 9 also emphasises the necessity of acquiring much food through the worship of Annabrahman and sharing it with the needy]

ये भूताः प्रचरन्ति दिवानक्तं
बलिमिच्छन्तो वितुदस्य प्रेष्याः ।

तेभ्यो' बलिं पुष्टिकामो' हरामि

मयि पुष्टिं पुष्टिपतिर्दधातु स्वाहा ॥३॥

ये वितुदस्य श्मशानवासिनः. भगवतः कालाग्निरूपस्य प्रेष्या भृत्या भूता बलिं इच्छन्तः नक्तदिव प्रचरन्ति तेभ्यः पुष्टिकामं सन् अहं बलिं अन्नरूपं हरामि भूमौ निक्षिपामि । पुष्टिपतिं. पोषणाधिपतिं मयि पुष्टिं स्थापयतु । स्वाहा ॥

ये those वितुदस्य of (Rudra) who causes pain प्रेष्या servants भूता spirits बलिम् tribute इच्छन्तः. desiring दिवानक्तम् day and night प्रचरन्ति move about तेभ्यः for them पुष्टिकामं intending prosperity अहम् I बलिम् offering (in the form of food) हरामि present पुष्टिपतिं. the lord of prosperity मयि in me पुष्टिम् prosperity दधातु place स्वाहा hail

3. With the intention of acquiring prosperity, I present offering of food to those spirits who are the servants of Rudra (dwelling in the cremation ground) causing pain to creatures by death and bereavement, and who wander about day and night in search of tribute May the lord of prosperity grant me all prosperity Hail!

[The Rudrānuvāka of the *Yajurveda* speaks of the various forms of Rudra dwelling in the sky, on the earth, in the firmament, as leaders of creatures, as agencies that hurt men through food and wander about with weapons Wind, rain and other causes of destruction are also attributed to these agents of Rudra This prayer here is, therefore, addressed to Rudra, after proper offerings to his destructive emissaries, so that the obstacles in the way to the attainment of prosperity

are removed through his grace. The word *vituda* comes from the root *tud* to prick or to pierce, and so *vituda* here is *kālāgni-rudra* who pierces the creatures with various kinds of sorrows caused by the acts of Nature—various diseases, pestilence, inclemencies of weather and climate. According to the lot of each one, the creatures are exposed to them.]

अष्टषष्टितमोऽनुवाक.

SECTION SIXTY-EIGHT

ओं^१ तद्ब्रह्म । ओं^१ तद्वायुः । ओं^१ तदात्मा । ओं^१
तत्सत्यम् । ओं^१ तत्सर्वम् । ओं^१ तत्पुरोर्नमः ॥१॥

प्रणवप्रतिपाद्य तत् ब्रह्मतत्त्व सर्ववेदान्तप्रसिद्धम् । सर्वक्रियोपादान तदेव सूत्रात्मा हिरण्यगर्भं वायु । आत्मा जीव अपि तत् । तदेव परमार्थसत्यम् । तदेव सर्वं चराचरात्मकं जगत् । तदेव पुरं पुराणि स्थूलसूक्ष्मकाण-शरीराणि । तादृशाय ब्रह्मणे नमः अस्तु । अथवा पुरो बलवतः प्रपञ्चस्य नामरूपविकल्पहेतु, अथवा पुरो महतः देवस्य नमः प्रह्वीभावः प्रपञ्चोन्मेषहेतुः पराशक्तिः । सापि तदेव परं ब्रह्म ॥

1. Om that is Brahman. Om that is Vāyu. Om that is the finite self. Om that is the Supreme Truth. Om that is all. Om that is the multitude of citadels (the bodies of creatures). Salutations to Him.

[Here, in the longer version, this formula and the immediately succeeding one are given for japa to be performed in order to remove all one's sins. In the shorter version this

formula is given as a substitute for Gāyatrī together with its subsidiaries given for mental repetition when a person performs prānāyāma. Both Bhattabhāskara and Sāyana explain the mantra adopting two philosophical view-points. The syllable Om commencing each phrase announces that the passage is meant for magnifying Paramātman, and also for emphasising His all-pervasive and all-inclusive nature. According to Bhattabhāskara, Brahma here stands for expanding Prakṛti which is but a mode of Brahman, Vāyu stands for the power of the Supreme perceptible as universal movement, Ātman for the individual self, and the word Sarva stresses the omnific nature of the Supreme. He takes the term *puu* in the sense of great or strong and explains *namaḥ* as *namana* or transformation, and so the phrase *puu or namaḥ* is explained as the transformation of the universe into the shape which is powerful—or as the transformation of the Supreme Reality as Paraśakti into the form of the universe. Sāyana interprets Vāyu as Hiranyagarbha or Sūtrātman embodying the power of knowledge and activity inherent in the universe, and ātman as the individual soul—both being derived from the Supreme. He accepts the reading *puu o namaḥ* and explains *puuḥ* as the nominative plural of *pūḥ* meaning a walled city to which the gross and subtle body of creatures are often compared in the scriptures. In the view of Sāyana, three alternative measures of breath are used in the act of prānāyāma according to the breathing capacity of individual aspirants. The text is printed here as found in the longer and shorter versions. I have given the translation based on Sāyana whose commentary reads *puuḥ namaḥ* which is supported by only one manuscript of the text used by the Ānandāśrama edition.]

ओं अन्तश्चरति भूतेषु गुहायां विश्वमूर्तिषु । त्वं यज्ञस्त्वं
वषट्कारस्त्वमिन्द्रस्त्वम् रुद्रस्त्वं विष्णुस्त्वं ब्रह्म त्वं प्रजा-
पतिः । त्वं तदाप आपो ज्योती रसोऽमृतं ब्रह्म भूर्भुवः
सुवरोम् ॥२॥

तादृश ब्रह्म भूतेषु प्राणिषु विश्वमूर्तिषु विविधगरीरेषु गृहाया हृदयान्त-
र्भागे चरति वर्तते । हे परमात्मन् तादृश त्वं यज्ञ , त्वं वषट्कार , त्वं इन्द्र ,
त्वं रुद्र , त्वं विष्णु , त्वं ब्रह्म , त्वं प्रजापति , त्वं तत् प्रसिद्धं वस्तु, त्वमेवाप
नदीगत जल, त्वमेवाप समुद्रगत जल, त्वमेव सूर्यादिज्योति , त्वमेव
मधुरादिरस , त्वमेव अमृत, त्वमेव ब्रह्म वेदराशि , त्वमेव भूर्भुव मुव त्रैलोक्य,
त्वमेव प्रणववाच्य शब्दब्रह्म ॥

2 That Supreme Being moves inside the heart of created beings possessing manifold forms. O Supreme, Thou art the sacrifice, Thou art the expression Vasat, Thou art Indra, Thou art Rudra, Thou art Brahmā, Thou art Prajāpati, Thou art That, Thou art the water in the rivers and the ocean, Thou art the sun, Thou art flavour, Thou art ambrosia, Thou art the body of the Vedas, Thou art the threefold world and Thou art Om.

[The first line here announces that the Supreme described above is hidden in the hearts of all created beings, in the various shapes and the fauna and flora of the world. In the next, the worshipper directly addresses the Supreme and exclaims, Thou art the sacrifice etc. Words like *vasat*, *svūhā*, *svadhā*, and *hantū* are employed, as specified before, while making offerings to gods, manes and men. Great gods like

Brahmā, Viṣṇu and Śiva, the progenitor of mankind, sacrifices and formulas, of offering, water and light, and other facts of the world are indiscriminately collected here and asserted to be one with the Supreme. The worshipper thereby thinks that there is nothing other than the Supreme and that everything has its value derived from the Supreme. According to Sāyana, the mantra beginning with *Om antaś caiatī* is employed for the contemplative worship of the Supreme after *gāyatrī-viśarjana* connected with the twilight-devotion.]

एकोनसप्ततितमोऽनुवाकः

SECTION SIXTY-NINE

श्रद्धायां प्राणे निविष्टोऽमृतं जुहोमि । श्रद्धायांमपाने
निविष्टोऽमृतं जुहोमि । श्रद्धायां व्याने निविष्टोऽमृतं
जुहोमि । श्रद्धायांमुदाने निविष्टोऽमृतं जुहोमि । श्रद्धायां
समाने निविष्टोऽमृतं जुहोमि । ब्रह्मणि म आत्मानमृतत्वाय
॥१॥

श्रुतौ श्रुतिप्रतिपादितेषु पदार्थेषु च विश्वासातिशय श्रद्धा, तथा श्रद्धया युक्तं सन् अहं प्राणनामके वायुविशेषे निविष्ट आदरयुक्तं अथवा तत्स्थित्यै यतमानं अमृतभूत इदं हवि जुहोमि, आत्मज्योतिषि प्रक्षिपामि, तच्च हवि प्राणदेवतायै सुहृतमस्तु । ऊर्ध्ववृत्ति प्राण । अवाग्वृत्ति अपान । विश्वग्वृत्ति व्यान । शब्दकारी उदान । सर्वांगेषु अशितपीतादे समीकर्ता समान । अमृतं स्वादन्नं अथवा अमरणहेतुकं ब्रह्म । एताभिः पञ्चभिः आहुतिभिः अमृतत्वाय मोक्षाय मे आत्मा जीव ब्रह्मणि एकीभवतु ॥

I Firm in my religious faith, I offer this oblation of ambrosia into prāna with reverence. Firm in my religious faith, I offer this oblation of ambrosia into apāna with reverence. Firm in my religious faith, I offer this oblation of ambrosia into vyāna with reverence. Firm in my religious faith, I offer this oblation of ambrosia into udāna with reverence. Firm in my religious faith, I offer this oblation of ambrosia into samāna with reverence. By these oblations may my Self be united with the Supreme, so that I may attain Immortality

[Agnihotra is a primary and fundamental rite during the performance of which oblations to the Supreme are offered in the consecrated fire. This rite is usually performed in the external fire in which the Supreme is invoked. At the commencement of dinner a similar worship is offered into the Divine Fire Vaiśvānara, dwelling within man and manifesting Itself through the fivefold breath. This is called Prānāgnihotra and there is an Upanisad entirely devoted to the description of it, by the same name. Every twiceborn religious aspirant, before he lays hand on the food which is set before him, ceremoniously purifies it, reverences it and parcels, with his thumb and two other fingers variously combined, a small quantity of it five times and places in the mouth mentally repeating each one of these formulas. Finally he prays that he might be united to the Supreme by this act of devotion. Thus the food-seeking instinct is given a direction to God before it is satisfied in the natural way. Life is maintained by the various vital activities in the body subsumed under the

five-fold prāna which is a manifestation of the Supreme on the physical plane. These offerings are, therefore, really made to God within. Therefore it is *amrtahoma* which implies not only introduction of tasty food into the mouth but also a symbolic offering of the finite self into the Infinite Supreme Brahman. This is stressed by the concluding words. The text given above is that of the longer version. The shorter version noticed by Bhattabhāskara and Sāyana omits the word *śi addhāyām* commencing each formula and adds प्राणाय स्वाहा, अपानाय स्वाहा, यानाय स्वाहा, उदानाय स्वाहा, and समानाय स्वाहा, respectively, immediately after the verb *juhomi* in each formula.]

अमृतोपस्तरणमसि ॥२॥

हे पीयमानोदक त्व अमृतोपस्तरण — यत्र अमृत अन्न ब्रह्म सीदति तदास्तरणं असि ॥

2. O water, thou art the spread out seat of Annabrahman, the immortal food

[This formula is repeated and a small quantity of water is sipped before one starts eating. Anything which one considers precious or valuable is placed in a container and covered. Here the small quantity of water taken in is supposed to be an *upastarana* or seat on which subsequent morsels are placed. In the shorter version this short mantra is placed before the Prānāhuti mantra (Section 69), and that is the place to which it properly belongs. For, after sipping the water oblations are offered. Details of this practice and the philosophical significance of it are given at *Chāndogyopanisad* V. 2 2.]

श्रद्धायां प्राणे निर्विष्टोऽमृतं जुहोमि । शिवो मां विशा-
 प्रदाहाय । प्राणाय स्वाहा ॥ श्रद्धायांमपाने निर्विष्टोऽमृतं
 जुहोमि । शिवो मां विशाप्रदाहाय । अपानाय स्वाहा ॥
 श्रद्धायां व्याने निर्विष्टोऽमृतं जुहोमि । शिवो मां विशा-
 प्रदाहाय । व्यानाय स्वाहा ॥ श्रद्धायांमुदाने निर्विष्टोऽमृतं
 जुहोमि । शिवो मां विशाप्रदाहाय । उदानाय स्वाहा ॥
 श्रद्धायां समाने निर्विष्टोऽमृतं जुहोमि । शिवो मां विशा-
 प्रदाहाय । समानाय स्वाहा ॥ ब्रह्मणि म आत्मामृतत्वाय
 ॥३॥

... हे ह्यमानहविर्विशेष, त्व शिव शान्तो भूत्वा अप्रदाहाय क्षुदाह-
 शान्त्यर्थं मा प्रविश . ॥

3. . . .O thou offered substance, be auspici-
 ous and get assimilated into me, so that I may not
 be consumed by hunger. . . .

[This set of five formulas is a repetition of Section 69
 (page 292) with the insertion of the clause शिवो मा विशाप्रदाहाय
 (which alone is translated here) After each oblation and before
 the *svāhā* formula mentioning the name of each breath, this
 is inserted This Section is proposed as an alternative for
 Section 69 to function in the same context]

अमृतापिधानमसि ॥४॥

हे पीयमानोदक, येन अमृत पिधीयते त्व तत् छादन असि ॥

4. O water, thou art the cover for
 brahman, the immortal food.

[This mantra is repeated mentally when a small quantity of water is sipped after the dinner is completed. This last morsel of water, covers, as it were, the ingested food.]

सप्ततितमोऽनुवाकः

SECTION SEVENTY

श्रद्धायां प्राणे निविश्यामृतं हुतम् । प्राणमन्त्रेनाप्यायस्व ॥
 श्रद्धायां अपाने निविश्यामृतं हुतम् । अपानमन्त्रेनाप्यायस्व ॥
 श्रद्धायां व्याने निविश्यामृतं हुतम् । व्यानमन्त्रेनाप्यायस्व ॥
 श्रद्धायां मुदाने निविश्यामृतं हुतम् । उदानमन्त्रेनाप्यायस्व ॥
 श्रद्धायां समाने निविश्यामृतं हुतम् । समानमन्त्रेनाप्यायस्व ॥

श्रद्धावता मया प्राणनामके वायौ निविश्य आदरातिशयं कृत्वा अमृतं अविनश्चर स्वादुभूत इदं हविः मया हुतम् । तस्मात् हे प्राणदेव, मदीया प्राणवृत्तिं अनेन अन्नेन आप्यायस्व वर्धयस्व । एव अपानं व्यानं उदानं समानं च तत्तत्प्राणवृत्तिवर्धनार्थं प्रार्थ्यन्ते ॥

1. Firm in my religious faith, I have offered this oblation of ambrosia into prāna with reverence. O prāna, increase the power of my in-breath by this food. Firm in my religious faith, I have offered this oblation of ambrosia into apāna with reverence. O apāna, increase the power of my out-breath with this food. Firm in my reli-

gious faith, I have offered this oblation of ambrosia into vyāna with reverence O vyāna, increase the power of my diffused breath with this food Firm in my religious faith, I have offered this oblation of ambrosia into udāna with reverence O udāna, increase the power of my up-breath with this food. Firm in my religious faith, I have offered this oblation of ambrosia into samāna with reverence. O samāna, increase the power of my middle breath with this food

[These five formulas are repeated at the end of the dinner and before one leaves his seat]

एकसप्ततितमोऽनुवाक.

SECTION SEVENTY-ONE

अङ्गुष्ठमात्रः पुरुषोऽङ्गुष्ठं च समाश्रितः ।

ईशः सर्वस्य जगतः प्रभुः प्रीणातु विश्वभुक् ॥१॥

अङ्गुष्ठमात्र अङ्गुष्ठप्रमाणे हृदयाकाशे अक्थित बुद्धचवच्छिन्न जीवरूप पुरुष स्वकीयया ज्ञानक्रियाशक्त्या पादाङ्गुष्ठ मस्तक च आश्रित अर्थात् आपादतलमस्तक व्याप्त तिष्ठति । स एव शरीरानवच्छिन्नस्वरूप सन् सर्वस्य जगत ईश नियन्ता विश्वभुक् प्रपञ्चस्य भोक्ता च । तादृश प्रभु. अनेन मत्कृतेन भोजनेन प्रीणातु ॥

अङ्गुष्ठमात्र having the size of the thumb पुरुष the Person (dwelling in the body) अङ्गुष्ठम् the toe च and (the head)

समाश्रित dwells as support सर्वस्य of all जगत universe ईश ruler विश्वभुक् enjoyer of all प्रभु Lord प्रीणतु may be gratified

1. May the Supreme Lord be gratified (by this meal just taken)—Who is the ruler of all the world and the enjoyer of all, Who as the person dwelling in the body, is of the size of the thumb, and Who is the support of the body—imparting to it sentience and activity from the toe to the crown

[After the dinner and the rinsing of the mouth, and ablution of hand and feet, it is customary to pour some quantity of water on one's right toe symbolically. This anustubh stanza is repeated at that time contemplating on the identity of oneself with the Supreme. When the mind is not distracted by hunger, it is the duty of a person to remind himself that he is not different from the Divine Reality—the one Principle that rules and supports the universe—the real Enjoyer of the food eaten by every creature. Elsewhere in this work it has been stated that the Supreme Person and the Person dwelling in man are not different. The space inside the heart is equal in measure to the size of the thumb, and so the Supreme perceived in the heart as the individual Soul is also spoken of here as having the size of the thumb. Sāyana takes *angustham ca* as an incomplete phrase and fills out the unexpressed idea by stating 'from *pādāngustha* (toe) to the crown'. Though the Jīva is supposed to dwell in the heart, it is active and cognizant of sensations in any part of the body. In the longer version *prīṇāti* occurs in the place of *prīṇātu*. This verb, however, expresses a prayer on the part of the

person who has finished his food Man considers that he is only an instrument of God and the satisfaction he has derived by the repast really belongs to God—the enjoyer of the whole universe It is believed that the Kālāgni Fire which will finally destroy the universe is hidden at the root of the universe Similarly the fire which consumes the food eaten is also supposed to dwell at the toe, by which man is rooted to the earth Pouring water on the toe, therefore, is a symbolic act of propitiation The whole body, by a yogic process, is purified ceremoniously by rousing the energy that is supposed to dwell at the foot or toe]

द्विसप्ततितमोऽनुवाक.

SECTION SEVENTY-TWO

वाङ् मं आसन् । नसोः प्राणः । अक्षयोश्चक्षुः । कर्णयोः
श्रोत्रम् । बाह्वोर्बलम् । उरुवोरोजः । अरिष्टा विश्वान्य-
ङ्गानि तनूः । तनुवां मे सह नमस्ते अस्तु मा मां हिंसीः
॥१॥

हे परमात्मन् भगवत्प्रीणनार्थं भुक्तवतः मम वागिन्द्रियशक्ति आसन् आस्ये, प्राणशक्ति नसो चक्षुरिन्द्रियशक्ति अक्षणो, श्रोत्रेन्द्रियशक्ति. तद्गोळकयो च स्वास्थ्ययुक्ता. तिष्ठन्ति । बाह्वो बल ऊर्वो ओज अर्थात् सामर्थ्यं च अभूताम् । मम तन्वा लिङ्गशरीरेण सह सर्वाणि मम अङ्गानि तनूः स्थूलशरीरं च अरिष्टानि निर्दोषाणि अभवन् । अतः हे भगवन् भगवत्सृष्ट अन्नं भुक्त्वा अहन्यहनि तृप्तोऽहं भवते प्रणामान् समर्पयामि । एव स्वस्थी-भूत मा मदीय सर्वं मा हिंसी. किन्तु रक्ष ॥

मे my वाक् faculty of speech आस्मन् (आस्ये) in the mouth प्राण breath नासो in the nostrils चक्षु sight अक्षयो (अक्षणे) in the eyes श्रोत्रम् hearing कर्णयो in the ears बलम् strength बाहुवो (बाह्वो) in the hands ओज vitality ऊरुवो (ऊर्वो) in the thighs (च and अभवन् have come to be) मे my तनुवा (तन्वा) along with the (subtle) body तनू (gross) body विश्वानि all अङ्गानि limbs अरिष्टा (अरिष्टानि) defectless (अभवन् became). ते to thee नम salutation अस्तु be मा me मा not हिंसी hurt

1. O Lord, after repast my powers of speech, of breath, of sight, and of hearing, are firm in their respective stations i e, mouth, nostrils, eyes and ears, so also strength and vitality have returned to my arms and thighs. My subtle body and my gross body with all its limbs are now free from inadequacy. My salutation to Thee. Do not cause any hurt to me and mine

[This formula is prescribed for reflection after dinner The religious aspirant here states that the powers of the senses and limbs, which have been reduced by the long period that intervened after the previous meal, have now been restored by the present repast supplied through the grace of the Lord The first mantra of *Īśāvāsya*, according to many commentators, declares All this is the dominion of the Lord, enjoy whatever is granted you by Him without coveting anything belonging to others—So the food eaten is supplied by the Divine Providence The devotee of God offers his thankful reverence to the Creator and beseeches Him not to hurt him and all that belongs to him]

त्रिसप्ततितमोऽनुवाक
SECTION SEVENTY-THREE

वयः सुपर्णा उपसेदुरिन्द्रं प्रियमेधा ऋषयो नाधमानाः ।
अप ध्वान्तमूर्णुहि पूर्धि चक्षुर्मुमुग्ध्यस्मान्निधयेव बद्धान्
॥१॥

सुपर्णा गोभनपक्षयुक्ता वय पक्षिण इव द्रुतगमना अथवा पक्षिमूर्ति-
धारिण नाधमाना प्रज्ञा याचमाना प्रियमेधा यज्ञप्रिया अथवा सर्वप्राणि-
हित स्मरन्त ऋषय इन्द्र उपसेदु । उपसृत्य एव पार्थयाचक्रु — हे भगवन्
ध्वान्त अज्ञानान्धकार अप ऊर्णुहि अपसारय । अस्माक चक्षु ज्ञानलक्षणा
दृष्टि पूर्धि पूरय । निधया शृङ्खलया पाशसमूहेन वा बद्धान् यथा कश्चिन्
सुहृत् मोचयति तथा अस्मान् मुमुग्धि अज्ञानबन्धनात् मोचय ॥

सुपर्णा having attractive plumage वय birds (इव like)
नाधमाना praying प्रियमेधा devoted to sacrificial worship,
remembering the good of all ऋषय sages इन्द्रम् Indra उपसेदु
approached (हे इन्द्र O lord of gods) ध्वान्तम् darkness अप
ऊर्णुहि remove चक्षु eyes पूर्धि fill निधया with fetters बद्धान्
bound इव like अस्मान् us मुमुग्धि release

1. Like birds with handsome plumage the sages who were devoted to sacrificial worship (or intent on the good of all) approached Indra supplicating thus Remove our darkness and ignorance; fill our eyes with worthy sights; and release us from the bondage of ignorance like birds trapped in snares.

[This is a mantra quoted here from *R̥gveda* X 73 11 with the purpose of stressing the need of divine communion for the attainment of purity and for release from the bondages of samsāra. This stanza is also found in *Taittirīyabrāhmana* II 5 8 where Sāyana interprets *nīdhā* as fetters and *suparna* as rays of the sun. It is not incorporated with the shorter version. The anonymous commentator points out that this stanza embodies a conversation between the seven sages and Indra. He further interprets *nīdhayeva baddhān* in this way अस्मान् निधये अवबद्धान् आसक्तान् कुरु—make us covet treasures. This cannot be, because the padapāṭha of the *R̥gvedic* text gives *nīdhayā iva baddhān*]

चतुःसप्ततितमोऽनुवाक

SECTION SEVENTY-FOUR

**प्राणानां ग्रन्थिरसि रुद्रो मा विशान्तकः । तेनाग्नेनाप्या-
यस्व ॥**

हे रुद्र हृदयवर्तिन् अहङ्कार त्व वायुरूपाणा इन्द्रयरूपाणा च प्राणाना परस्पर अविश्लेषाय ग्रन्थि असि । तादृश अहङ्काराभिमानिन् हे रुद्र त्व दु खानामन्तको भूत्वा मा विश मच्छरीरे प्रविष्टो भव । तेन मद्भुक्तेन अग्नेन मा आप्यायस्व अभिवर्धय ॥

हे रुद्र O Rudra प्राणानाम् of the breaths and senses ग्रन्थि binding knot असि thou art. अन्तक as end-maker (of sorrow) मा me विश enter. तेन by that अग्नेन food आप्यायस्व increase and protect

1. O Rudra, thou art the binding knot of the breaths and the organs of senses functioning in the body Enter me as the end-maker of sorrows and increase and protect me by that food which I have taken in

[After the utterance of the previous mantra, this short formula is repeated silently touching the region of one's heart The various breaths and organs of senses which are the support of man's cognition, intellection and emotion, function for the sake of the ego or ahankāra which as prānagranthī sustains the span of life Śrī Ramakrishna remarked in the course of a conversation that when ahankāra disappears, a man becomes a ripe fruit, when the passions and desires subside, he becomes like a ship the rivets, cramps and nails of which are sucked up by magnet submerged in the sea. Hence ahankāra is responsible for the up-keep of life in the ordinary plane Rudra is the regent of ahankāra which is the knot of life Rudra is therefore the prānagranthī also Further Rudra in his divine aspect is beseeched to enter the body of the devotee, to remove his sorrows, to nourish him with the food assimilated, and to ward off his mishaps and diseases]

पञ्चसप्ततितमोऽनुवाकः.

SECTION SEVENTY-FIVE

नमो रुद्राय विष्णवे मृत्युर्मे पाहि ॥१॥

रुद्राय नम अस्तु । विष्णवे च नम अस्तु । मृत्यो मा पाहि ॥

रुद्राय to Rudra नम salutation विष्णवे to Visnu (नम salutation) मृत्यु (मृत्यो) from death मे (माम्) me पाहि save

1 Salutations to Rudra, and to Visnu (or Rudra who is Visnu) Guard me from death

[This is a mantra prescribed for repetition throughout life in order to save oneself from death This Yajus may be interpreted either as a salutation to Rudra and Visnu separately, or to both together as one The latter interpretation is supported by the conclusion of the prayer which gives the singular predicate The *Skandopanisad* declares the identity of Śiva and Visnu thus *Yathā Śivamayo visnuḥ evam visnumayah śivah* There is a considerable literature establishing the unity and identity of Śiva and Visnu produced during the course of many centuries]

पट्सप्ततितमोऽनुवाक.

SECTION SEVENTY-SIX

त्वनेमं द्युभिस्त्वमांशुशुक्षणिस्त्वमद्भ्यस्त्वमश्मन्स्परि ।

त्वं वनेभ्यस्त्वमोषधीभ्यस्त्वं नृणां नृपते जायसे शुचिः

॥१॥

हे अग्ने अग्रणीत्वादिगुणविशिष्ट नृणा मध्ये ये यष्टार तेषा विशेषेण सर्वेषामपि नृणा सामान्येन च नृपते पालक त्व द्युभि यागदिवसै निमित्त-भूतै यागार्थं जायते मथनेन उत्पद्यसे । त्व आ सर्वत शुशुक्षणि दीप्यमान जायसे अथवा स्पर्शनं शोकस्य दाता जायसे । त्व अद्भ्य वैद्युतरूपेण वज्वा-रूपेण वा जायसे । त्व वनेभ्य दावरूपेण अथवा अरणिकाष्ठेभ्य जायसे ।

ओषधीभ्य वशादिभ्य सङ्घर्षणेन जायसे । त्व शुचि आदित्यरूप अथवा शुद्धिहेतु जायसे ॥

हे अग्ने O Fire, नृणाम् among men नृपते protector of men त्वम् thou द्युभि by days (जायसे art born) त्वम् thou आ from every side शुशुक्षणि luminous (or आशुशुक्षणि giving quick pain by touch) (जायसे art born) त्वम् thou अद्भ्य from water (in the shape of lightning or submarine heat) (जायसे art born) त्वम् thou अश्मन परि from cloud, stone (जायसे art born) त्वम् thou वनेभ्य from the wood (जायसे art born) त्वम् thou ओषधीभ्य from herbs (जायसे art born) त्वम् thou शुचि the sun or the ever pure जायसे art born

1. O Agni, thou art born on the days of sacrifices as the protector of men in general and of those among men who offer sacrifices Thou art born spreading light around, or causing pain quickly by mere touch Thou art born from water as lightning or as the heat under the sea. Thou art born from clouds or stones by friction. Thou art born from the forests Thou art born from the herbs. Thou art born ever pure or as the sun.

[This mantra originally belongs to *Rgveda* 2 1 1, and it is found also at *Vājasaneyīsamhitā* XI 27 Here I have made an explanatory translation of it based on *Rgvedābhāṣya* of Sāyana It is not placed in the shorter version The anonymous commentary in the *Ānandāśrama* edition explains it in an arbitrary way For instance the phrase *tvam vanebhyah* is explained thus. Thou wanderest about at pleasure in Nandanavana and other forests. The purport of the stanza is stated to

be a prayer to the Supreme Being for averting death From the interpretation of Sāyana it is clear that Agni here is portrayed as *saṁātma*, manifold and ubiquitous]

सप्तसप्ततितमोऽनुवाकः

SECTION SEVENTY-SEVEN

शिवेन मे संतिष्ठस्व स्योनेन मे संतिष्ठस्व सुभूतेन मे
संतिष्ठस्व ब्रह्मवर्चसेन मे संतिष्ठस्व यज्ञस्यर्द्धिमनुसंतिष्ठ-
स्वोप ते यज्ञ नम उप ते नम उप ते नमः ॥१॥

सर्वयज्ञस्वरूपक भगवन्, ते उप समीपे नम अस्तु पुन पुन । हे यज्ञ, शिवेन सर्वोपद्रवोपशमनरूपेण मगलप्रदानेन च सह मे मत्सकाश सतिष्ठस्व सन्निहितो भव अथवा समाप्ति गच्छ, स्योनेन सुखप्रदानेन सह मत्समीप सतिष्ठस्व, सुभूतेन मुष्टु भूतः सन् सुष्टुनिष्पन्नाकारः सन् वा अभीष्टदानेन सह मत्समीप सतिष्ठस्व, ब्रह्मवर्चसेन मन्त्रबलेन सह मत्समीप सतिष्ठस्व । एव गुणवति त्वयि मत्सकाशमुपस्थिते सति अहमपि एवविधगुणविशिष्ट भूयासम् । किञ्च भवत्प्रीत्यर्थं कृतस्य यज्ञस्य समृद्धिमनु फल दातु मत्समीप सतिष्ठस्व ॥

हे यज्ञ O Lord worshipped in the sacrifice ते thy उप proximity नम. I prostrate in reverence (Repeated thrice as an expression of deep feeling and adoration.) शिवेन as the giver of what is auspicious मे संतिष्ठस्व remain with me. स्योनेन as the giver of happiness मे संतिष्ठस्व remain with me. सुभूतेन as the conferer of what is good मे संतिष्ठस्व remain with me. ब्रह्मवर्चसेन as the giver of splendour born of Vedic

learning मे सतिष्ठस्व remain with me यज्ञस्य of the sacrifice ऋद्धिम् flawless completion अनु after सतिष्ठस्व remain with me (for granting the fruit)

1. O Thou Lord, who art worshipped in all the sacrifices, I prostrate before Thee in deep reverence! I prostrate before Thee! I prostrate before Thee! Deign to remain with me as the giver of what is auspicious Deign to remain with me as the giver of happiness here Deign to remain with me as the giver of good and divine qualities Deign to remain with me as the giver of splendour born of Vedic learning. When the sacrifice which I have instituted has been completed prosperously, be with me to confer the fruits of it.

[This passage originally occurs at *Taittirīyabrāhmaṇa* III. 7 6. It starts with the words यज्ञ नमस्ते यज्ञ । नमो नमश्च ते यज्ञ । and is an anumantrana before śamyuvāka Here it is taken as a prayer addressed to the Supreme Being by a worshipper seeking the fulfilment of his desires The repetition of salutations and longing for divine proximity express the feeling of devotion for God, welling up in the heart of the worshipper at the close of his devotional practice The following passage found at the *Taittirīyabrāhmaṇa* II 8 8 reproduced below with translation asserts that grace of Brahman must be sought for the perfection of the Yajña पिता विराजामृषभो रयीणा, अन्तरिक्ष विश्वरूप आविवेश, तमकैरभ्यर्चन्ति वत्स, ब्रह्म सन्त ब्रह्मणावर्धयन्त, ब्रह्म देवानजनयत्, ब्रह्म विश्वमिद जगत्, ब्रह्मण क्षत्र निर्मितं, ब्रह्म ब्राह्मण आत्मना, अन्तरस्मिन्निमे लोका,

अन्तर्विश्वमिदं जगत्, ब्रह्मैव भूतानां ज्येष्ठ, तेन कोऽर्हति स्पर्धितुं, ब्रह्मन् देवास्त्रयस्त्रिंशत्, ब्रह्मन्निन्द्रप्रजापति, ब्रह्मन् ह विश्वा भूतानि, नावीवान्त समाहिता, चतस्र आशा प्रचरत्त्वग्मय, इमं नो यज्ञं नयतु प्रजानन्, घृतं पिन्वन्नजरं सुवीरं ब्रह्मं समिद्भ्रुवत्याहुतीनाम्—Vena, the Reality described on page 71, is the excellent giver and protector of manifold wealth, he possesses various forms (according to the hours of the day and needs of the seasons) and enters the sky (daily) Brāhmanas desirous of the results of their good work worship the Brahman and praise him with laudatory verses (brahma) just as those who are about to milk the cow fondle the calf. That Brahman who is the cause of the Universe created the Gods and this entire world. The order of the Kṣatriyas was fashioned from that Brahman. Brahman manifested in his own form in the Brāhmana (to impart knowledge to others). In him these spheres of created beings and this entire moving world abide. Brahman alone is the first and foremost of all that becomes. Who dares to vie with such Brahman? In that Brahman all the thirty-three Gods are included. Indra and Prajāpati are in Brahman. All beings are berthed in Brahman safely as if within a boat. May the four sacrificial fires thrive in four directions placed in such Brahman. May Parabrahman—the ground of all—be mindful of this sacrifice of ours and conduct it to proper completion, partaking of this oblation of butter and granting us good heroes. Brahman, in short, is the illuminator of these oblations offered by us.—Passages like this in the Brāhmanas clearly show that philosophy and worship in the Vedas are closely united and that dichotomy would lead to the atrophy of both.]

अष्टसप्ततितमोऽनुवाक.

SECTION SEVENTY-EIGHT

सत्यं परं परं सत्यं सत्येन न सुवर्गाल्लोकाच्चर्यवन्ते
कदाचन सताः हि सत्यं तस्मात्सत्ये रमन्ते ॥१॥

यथाप्रमाण प्रत्यक्षीकृतस्य पदार्थस्य तथैव अभिदान सत्यम् । तत् पुरुषार्थसाधनेषु पर उत्कृष्टम्, पर उत्कृष्ट सत्यमेव, अथवा पर ब्रह्म एव अब्राह्म्य सत्यम्, एव यथार्थवचनमपि व्यावहारिकबाधाराहित्येन उत्कृष्टत्वात् पर सत्यम् । सत्येन यथाभूतार्थवदनेन कदाचिदपि स्वर्गात् सत्यवादिन. न प्रच्यवन्ते । यस्मात् कारणात् सता ऋष्यादीना सत्य एव अस्ति न असत्यम् तस्मात् 'सता इद' सत्य इति व्युत्पत्तिमाश्रित्य सत्य पर मोक्षसाधनमिति मन्वाना श्रेयोर्थिन सर्वे सत्ये रमन्ते ॥

सत्यम् truthfulness परम् excellent, परम् that which is excellent सत्यम् truthfulness, सत्येन by truthfulness सुवर्गात् (स्वर्गात्) from blissful लोकात् from the world कदाचन at any time न च्यवन्ते do not fall सत्यम् truthfulness हि for सताम् belongs to good तस्मात् therefore सत्ये in truthfulness रमन्ते they delight

1. Truthfulness is excellent. What is excellent is truthfulness only By truthfulness those who have attained to the state of blissfulness never fall from there. What belongs to *sat*, namely good people, that is indeed *satyam* (truthfulness). For this reason seekers of the highest good find delight in truthfulness

[This Section lays down the principles of sannyāsa. The heart of sannyāsa is tapas, which includes habits, temperaments and traits of character specified in the scriptures. Each moral quality that should necessarily be cultivated by a sannyāsīn is also called tapas. Eleven such items are mentioned here. *Nyāsa* is placed at the head of all of them, for that transcends the rest—that is the unsurpassed means of attaining Self-illumination. A person is rendered fit for sannyāsa by the destruction of his sins and blemishes. Worship habitually performed by one who lives the religious pattern of life described in the preceding Sections help to bring about such purity. Thus a candidate who is to be ordained as a sannyāsīn becomes firm in the Supreme Truth. The first condition laid down here which gives fitness for sannyāsa is truthfulness. Truthfulness is certainly high. Granting that one who violates this principle gets heaven through the force of some other virtue, it is stated here that he can never be there for long. That man, on the other hand, who is always wedded to veracity does not fall from the blissful state at any time. The word *satyam* is derived thus *satī sādhuḥ, sate hitam*—what is right for the good people, what conduces to the good. The word *satyam* is cognate to *sat*. This shows that sages (Santah) who tread the right path are always truthful. Truthfulness, therefore, is the unsurpassed means of liberation. Those who have the *summum bonum* of life in view, therefore, delight in truthfulness always. Swamī Vivekananda said: Stand upon truth and you have got God. Follow truth wherever it may lead. Do not be cowardly and hypocritical. “Those who think that a little sugar coating of untruth will help the spread of truth, are mistaken, and will find in the long run that a single drop of poison poisons the whole mass.” (Complete Works Vol.

VIII Page 346) Evidently moral and intellectual truths are allied The supremacy of truth is thus extolled in the *Mahā-bhārata* —अश्वमेधसहस्रं च सत्यं च तुलया धृतम् । अश्वमेधसहस्राद्धिं सत्यमेवात्यरेचयत् ॥]

तप इति तपो नानशानात्परं यद्धि परं तपस्तद् दुर्धर्षं तद् दुराधर्षं तस्मात्तपसि रमन्ते ॥२॥

तप इति यत्प्रसिद्धं तीर्थयात्राजपहोमादीनि, तदेव परं इति पक्षान्तरं केषांचित् । तेषु सर्वेषु अपि अनशानात् उपवासैकभक्तादिरूपात् अशनवर्जनात् अथवा अनशनोपलक्षितात् स्वधर्मानुष्ठानार्थात् कायक्लेशात् परं तपं नास्ति । तत् परं तपं दुर्धर्षं दुरनुष्ठानं अथवा सोढुं अशक्यम् । अत एव तादृशं तपं इतरप्राणिना दुराधर्षं ईषदपि धर्षितुमशक्यम् । तस्मात् कारणात् श्रेयोर्थिनं सर्वे तादृशे तपसि रमन्ते ॥

तपं austerity इति thus (some opine) अनशानात् than fast परम् superior तपं austerity न not यत् what is described हि indeed परम् superior तपं austerity तत् that दुर्धर्षम् hard to be practised तत् that दुराधर्षम् not capable of approach (by others), तस्मात् therefore तपसि in austerity रमन्ते they delight

2 Some hold the opinion that austerity is the means of liberation and that there is no austerity higher than religious fast This excellent austerity is hard to be practised. A person who practises it becomes invincible (or such austerity is unthinkable for the commonalty). Therefore seekers of the highest good delight in austerity.

[After truthfulness austerity comes in the list It consists in religious fasts described at length in the scriptures For

a normal man, abstention from food for a long period even on religious ground is a hard practice. Here austerity implies also other forms of hardships which one has to encounter in the execution of one's religious duties enjoined by the scriptures. Since self-denial in this shape helps purity of mind and fitness for liberation, pious people find delight in it. This declaration of the superiority of religious fast does not, however, detract from the value of self-control, pilgrimage, japa, oblation and the like, which are also considered forms of austerity.]

दम इति नियतं ब्रह्मचारिणस्तस्माद्दमे रमन्ते ॥३॥

बाह्येन्द्रियाणां निषिद्धविषयेभ्यः निवर्तनं दमः स एव मोक्षसाधन इति नैष्ठिकब्रह्मचारिणः नियतं सर्वदा वदन्ति । तस्मात् ते दमे रमन्ते ॥

दमः control of senses इति thus ब्रह्मचारिणः perfect ascetics नियतम् always (वदन्ति say) तस्मात् therefore दमे in sense-control रमन्ते they delight

3. Perfect ascetics declare that withdrawal of the senses from the attraction of forbidden objects is the means of liberation. Therefore they delight in it.

[The third characteristic of a seeker after liberation is described. A potent means of liberation is the control of the senses which is practised by the Naisthika-brahmacārins.]

शम इत्यरण्ये मुनयस्तस्माच्छमे रमन्ते ॥४॥

अरण्ये वर्तमाना मुनयः अर्थात् वानप्रस्था मनोनिग्रह एव मोक्षहेतु इति मन्यन्ते । तस्मात् ते शमे रमन्ते ॥

अरण्ये in the forest मुनय hermits शमः tranquillity of mind इति thus, तस्मात् therefore शमे in making the mind tranquil रमन्ते they delight

4 Hermits who dwell in the forest consider that tranquillity of mind is the means of liberation and therefore they delight in calmness

[The word *śama* denotes the attempt to control impulses and emotions and to make the mind calm and tranquil For facilitating this aspirants resort to the solitude of forests. According to Bhattabhāskara *śama* means sarvapravṛtṭyuparama or retirement from domestic and social duties in order to devote oneself entirely to meditation and calmness]

दानमिति सर्वाणि भूतानि प्रशंसन्ति

दानान्नातिदुष्करं तस्माद्दाने रमन्ते ॥५॥

स्वस्वत्वपरित्यागपुरस्सर परस्वत्वापादनपर्यन्त. गोहिरण्यादिधनानां शास्त्रोक्तवर्त्मना यो व्यय. महाफलत्वात् स एव उत्तम मोक्षसाधन इति मत्वा सर्वे प्राणिनः तादृश दान प्रशंसन्ति । दानात् हि पर अतिशयेन दुष्कर नास्ति । तस्मात् श्रेयोर्यिनः शक्त्या दाने रमन्ते ॥

दानम् selfless gift (परम् supreme) इति thus सर्वाणि all भूतानि creatures प्रशंसन्ति praise. दानात् than selfless gift अतिदुष्करम् more difficult to perform न there is not. तस्मात् therefore दाने in selfless gift रमन्ते they delight

5 All creatures praise selfless gift as supreme, for there is nothing more difficult to per-

form than giving selfless gift. Therefore seekers of the highest good delight in giving selfless gift.

[The fifth attribute prescribed as a means of liberation is *dāna*. The word *dāna* is very wide in its application. The four recognised methods of subduing a foe, according to ancient text books of politics, are *sāma*, *dāna*, *bheda* and *danda*. The term *dāna* in this quadrad has a political motive and therefore is foreign to the field of religion. A gift, to be religious, must be entirely free from visible or invisible strings of self-interest. It is, therefore, defined technically as complete severance of one's influence and interest in, or proprietorship in any form over, the gift given, and making it the property of the donee completely and forever. Gifts are never given by the religious man for establishing domination over the receiver as it happens in the case of political subsidies. The true religious man does not expect even gratitude and thanks in return for the gift he has made, for he has done an act of utter selflessness merely as a religious duty. Giving of gifts in such a manner is considered extremely hard to practise. Do we not find men ready to buy wealth at the cost of their lives? Property is really externalised will and hardly we find one ready to abdicate one's own will. Wealth is power and the instinctive craving for power in all men stands as the main block in the way of merging their will with that of God. Hence follow the difficulty and value of religious gift. The word *duskaram* in the shorter version is replaced by *duścaram* in the longer version. The sense in both the cases is identical.]

धुर्म इति धर्मेण सर्वमिदं परिगृहीतं
धुर्मन्नातिदुश्चरं तस्माद्धुर्मं रमन्ते ॥६॥

श्रुतिस्मृतिविहित धर्मः एव पर तप इति धर्मनिष्ठा. मन्यन्ते । सर्वमिदं जगत् धर्मेण परिगृहीतं वशीकृतम् । अलसै चरितुं अशक्यरूपात् धर्मात् अतिदुश्चरं नास्ति । तस्मात् श्रेयोर्थिन. धर्मो रमन्ते ॥

धर्मः scriptural duty (परः supreme) इति thus (they think) धर्मेण by dharma सर्वम् all इदम् this परिगृहीतम् held together धर्मात् than dharma अतिदुश्चरम् more difficult to practise न there is not तस्मात् therefore धर्मो in dharma रमन्ते they delight

6. Some consider that scriptural duty is the means of liberation. By the performance of scriptural duties all the world is held together. There is nothing more difficult to practise than the duties ordained by the scriptures. Therefore seekers of the highest good find delight in the scriptural duty

[Dharma now gets the honour of being mentioned as the most excellent means of liberation. According to Bhaṭṭa-bhāskara dharma denotes the regular, occasional and optional duties taught by the śruti and the smṛti. Sāyana interprets here dharma as social service, such as construction of wells, tanks and reservoirs, in which kings and ministers are interested. By these works service is done to all creatures. The context does not warrant this restriction of the meaning in a special manner. Religious righteousness in general is denoted by the word *dharma*. Duties ordained by ancient scriptures, customary practice, exemplary deeds of respected elders, pronouncements of sages, behaviour approved by good people,—all these help to eliminate selfish feelings and passions from

the mind of man and confirm him to a life in harmony with his fellow beings and incline him to discharge his duties towards God. All these come under the term *dharma*. Certainly it is difficult for the natural man to practise it.]

**प्रजन इति भूयांसस्तस्मात् भूयिष्ठाः प्रजायन्ते
तस्मात् भूयिष्ठाः प्रजनने रमन्ते ॥७॥**

प्रजन अपत्योत्पादनम् । तदेव मोक्ष प्रति उत्तमसाधनत्वात् परम तप इति प्रजोत्पन्नौ व्यापृताना पक्ष । तस्मात् भूयास प्रजनरूप तपः कुर्वन्ति । तत लोके बहव पुत्रपौत्रादिरूपेण प्रजायन्ते । तस्मात् गार्हस्थ्ये प्रजाश्रद्धया भूयिष्ठा अतिबहव प्रजोत्पादने रमन्ते ॥

प्रजन procreation इति thus भूयास a very large number of people (मन्यन्ते think) तस्मात् therefore भूयिष्ठा the largest number प्रजायन्ते are born तस्मात् therefore भूयिष्ठा the largest number प्रजनने in procreation रमन्ते take delight

7. The largest number of people consider that procreation is the means of liberation. For that reason the largest number of offsprings are born. Because procreation is deemed such a means, therefore the largest number of people delight in procreation.

[Rich and poor, good and bad, learned and ignorant, all believe that the biological continuity through their own lines of sons and grandsons is the means of immortality. Reproduction, therefore, is a form of tapas. As a consequence of this faith, the largest number of people find pleasure in the procreatory act and the largest number of children are born.]

अग्नय इत्याहु तस्माद्ग्नय आधातव्याः ॥८॥

अग्नय पर तप अर्थात् उत्तमो मुक्तिहेतु इति वेदनिष्ठा मन्यन्ते ।
तस्मात् सर्वे अग्नय आधातव्या ॥

अग्नय. Fires consecrated for Vedic worship इति thus आह
one says तस्मात् therefore अग्नय. Fires आधातव्या must be
consecrated

8 Some one devoted to the Vedic religion says that the Vedic Fires are the means of liberation. Therefore the Vedic Fires must be consecrated.

[The concrete part of the Vedic religion centres round worship of the Vedic deities through oblations offered into duly consecrated Fires According to the Vedas there are five mahāgnis (specially consecrated Fires) called Gārhapatya, Anvāhāryapacana or Dakṣiṇāgni, Agnīdhriya, Āvasathya and Āhavanīya These Fires are to be kept alive always, according to the ājārasapakṣa view, and according to the uddharanapakṣa view, excepting the Gārhapatya, the rest are kindled, by transference from the Gārhapatya, only when necessity arises for particular rites Vedic forms of worship beginning with Agnihotra and ending in Darśapūrnāmāsa—with all the varieties and elaborations—are to be made with the help of these five Fires The Vedas declare पञ्च वा एते आत्मनिष्ठा आत्मान क्षेम नयन्ति—devoted to these five, man elevates himself to safety It is the faith of the Vedic worshipper that these sacrificial duties will ultimately lead him to liberation Fire worship, therefore, must be kept up by all competent aspirants who seek their own highest good]

अग्निहोत्रमित्याह तस्मादग्निहोत्रे रमन्ते ॥९॥

अग्निहोत्र परम तप अर्थात् उत्तम मोक्षसाधन इत्यपर आह । तस्मात् केचित् श्रेयोर्थिन अग्निहोत्रे रमन्ते ॥

अग्निहोत्रम् the Agnihotra sacrifice इति thus आह (another) says. तस्मात् therefore अग्निहोत्रे in the Agnihotra sacrifice रमन्ते (some people) delight.

9. Another person devoted to the Vedic religion says that Agnihotra is the means of liberation Therefore some seekers of the highest good delight in the Agnihotra sacrifice

[According to the scriptural injunction yāvaj jīvam agnihotram juhuyāt—one should perform Agnihotra till the end—a competent person, after consecration of the Fire, must offer daily morning and evening oblations called Agnihotra without fail Some say this is the means of liberation.]

यज्ञ इति यज्ञेन हि देवा दिवं गतास्तस्माद्यज्ञे रमन्ते

॥१०॥

यज्ञ ज्योतिष्टोमादिक परम तप उत्तम मोक्षसाधनमिति अपरे मन्यन्ते । देवा पूर्वानुष्ठितेन यज्ञेन स्वर्गलोक गता । तस्मात् कारणात् केचन वेदनिष्ठा. यज्ञे रमन्ते ॥

यज्ञ. sacrifice इति thus यज्ञेन by sacrifice हि verily देवाः gods दिवम् heaven गता have reached तस्मात् therefore यज्ञे in sacrifice रमन्ते they delight

10. Others devoted to the Vedic religion say that sacrifice is the means of liberation. Verily

gods have attained heaven by their own prior deeds of sacrifice. Therefore seekers of the highest good delight in the performance of sacrifice.

[A sacrifice instituted according to the Vedic rules with all the necessary ingredients and approved order of actions is called a *yajña*. The main varieties of *yajñas* are three, as determined by the substance of offering—*haviḥ*, *soma* and *paśu*. A *yajña* is originated by a Vedic injunction. Some sacrifices are called primary. They supply the model for others that are developed by addition and omission of details. By this process of inserting and dropping the ingredients the varieties of sacrifices become very large, and they may extend from a single day to several years. A single-day sacrifice is called *Ahīna*. A sacrificial session extending over many days, sometimes years, is called a *sattra*. Both are entitled to the name *yajña*. *Darśapūrnamāsa* and *Jyotistoma* are the two well-known archetypes of sacrifices which give rise to a variety of *yajñas* called by various names. It is believed that the present denizens of heaven have worked their way to that exalted place through the influence of *yajñas* which they performed when they lived on the earth as human beings. *Bhattabhāskara* reads *yajño hi devānām* after the first two words. This means that the worship through *yajña* is really liked by the gods. Those good people who worship gods on the earth by *yajña* are as good as gods in heaven. *Sāyana's* reading यज्ञेन हि देवा दिव गता is replaced in the longer version by the short clause यज्ञो हि देवा only, which lacks clarity. *Sāyana's* text is, therefore, adopted above in this edition.]

मानसमिति विद्वांसस्तस्माद्विद्वांस एव मानसे रमन्ते
॥११॥

मानस मनसेव निष्पाद्य उपासन अथवा मानसिक विषयत्याग एव परम तप उक्तम मोक्षसाधनमिति केचन विद्वास मन्यन्ते । तस्मात् विद्वास मानसे एव उपासने रमन्ते अथवा मनसा विषयत्याग कुर्वन्ति ॥

मानसम् inward (worship) इति thus विद्वास wise people, तस्मात् therefore विद्वास wise people मानसे in inward worship एव alone रमन्ते delight

11. Some wise people consider that inward worship is the means of liberation Therefore wise people delight only in inward worship

[From the beginning of this Section, it may be observed that one item or other was considered as the highest means of attaining liberation, and that any particular item elevated to that position was declared to be tapas The term tapas is thus used here in its general sense—the means of attaining the highest good As the eleventh of the series inward worship is now prescribed The term *mānasa* is interpreted by Sāyana as inward worship or contemplation upon the Supreme and His divine excellences There is a general division of the subject matter of the Vedas into karma, upāsana and jñāna Upāsana means a conscious mental effort which sustains an unbroken current of thought centring on a deity, some divine quality or an object of adoration as prescribed in the scripture and instructed by the preceptor Such upāsana's are found in the Brāhmanas, Āranyakas and Upanisads According to the ancient teachers, upāsana may be performed as part of the sacrificial performance in co-ordination with it, or as an alternative of yajña-karma The Upanisadic philosophy has

stemmed out of those upāsanaś that were prescribed as a substitute for the performance of karma. Speaking from the view-point of religious evolution we may say that (a) singleness of purpose, (b) subjugation of lower passions and (c) devotion to duty are cultivated by the religious seeker through the meticulous performance of overt sacrificial acts continuously for a long time. When a stage of maturity is reached through this devotion to action, the worshipper delights in meditation co-ordinated with action, technically called jñāna-karma-samuccaya. We find references in the Vedas to a still higher stage when karma is substituted by upāsana, in which case all external religious acts are suppressed by the inner urge of the contemplative mind. A person who has grown into this state of spiritual maturity is called an Ātmayājīn, in the Brāhmanas and the Āranyakas. Having described the superiority of Agnyādhana, Agnihotra and Yajña in their natural sequence, the purely contemplative worship of the Ātmayājīn is extolled in this passage. A person who has reached this stage can really find pleasure only in inward worship (*mānasa eva*). Bhattabhāskara takes the word *mānasa* in a limited sense and explains that it stands here only for mental rejection of pleasure which one feels in attractive external objects.]

न्यास इति ब्रह्मा ब्रह्मा हि परः परो' हि ब्रह्मा तानि
वा एतान्यवराणि तपांसि न्यास एवात्यरेचयत् य एवं
वेदेत्युपनिषत् ॥१२॥

न्यास सर्वकर्मफलत्याग अथवा आरुणिजाबालाङ्गुपनिषदुक्तप्रकारेण कर्मणा परित्याग य स एव परम तप उत्तम मोक्षसाधनमिति ब्रह्मा हिरण्यगर्भं मन्यते । स च पर परमात्मरूप हि, हिरण्यगर्भदेहधारी अपि परमात्मैव

ब्रह्मा, परमात्मन पुत्रत्वात् । तानि सत्यतपोदमशमदानधर्मप्रजनाग्न्यग्निहोत्र-
यज्ञमानसरूपाणि एतानि यद्यपि तपास्येव भवन्ति तथापि सन्यासापेक्षया
अवराणि । न्यास. सन्यास एक एव तानि सर्वाणि अत्यरेचयत् — अनुत्तम-
त्वात् सर्वोपरि वर्तते । य पुमान् सन्यासस्य सर्वोत्तमत्व वेद तस्य रहस्यभूता
विद्या उपनिषदुक्ता ॥

न्यास *sannyāsa* इति thus ब्रह्मा *Hiranyagarbha* (thinks)
ब्रह्मा *Hiranyagarbha* हि verily पर the supreme पर the
supreme हि alone ब्रह्मा *Hiranyagarbha* तानि those वै certainly
एतानि these तपासि austerities अवराणि inferior. न्यास *sannyāsa*
एव alone अत्यरेचयत् surpassed यः he who एवम् thus वेद
understands इति thus उपनिषत् secret knowledge

12. *Brahmā Hiranyagarbha* considers that *sannyāsa* is the means of liberation. *Hiranyagarbha* is indeed the Supreme The Supreme alone is *Hiranyagarbha* (although he is a personality). Certainly these austerities set forth above are inferior *Sannyāsa* alone surpassed all To him who thus knows the all-transcending excellence of *sannyāsa* precious knowledge (has been imparted)

[This passage contains the climax reached by the trend of opinions expressed by this whole Section It is the twelfth and last view *Bhattabhāskara* interprets that *nyāsa* is *sarvakarmaphalatyāga* and that it deserves to be honoured as Brahman The status of *tapas* cannot be denied to any of the eleven categories mentioned prior to this passage, because all of them contribute to human welfare But they have value only when they are genuinely rooted in *nyāsa* or surrender

of their fruit to God. According to Sāyana, however, *nyāsa* here is the same as *sannyāsa-yoga* mentioned on page 149. According to *Āruṇi*, *Jābāla* and other *Sannyāsa Upanisads*, *nyāsa* means the renunciation of all the work including what is commanded by the Vedas. Such denial of work is accepted as one's duty, only when it is necessitated by a whole-hearted devotion to *jñāna*. Even then, in fact, only those *karmas* which are prohibited by the scriptures or induced by one's own desires are given up. A *Sannyāsīn* is one who conforms himself to the code of conduct prescribed for him by the scriptures specifically, and one who is constantly in the condition of spiritual and moral perfection denoted by that term. Śrī Śankarācārya at *Brahmasūtra* III 4. 20 refers to this passage as the conclusive authority behind the practice of *sannyāsa*. The illustrious *ācārya* is the most outstanding prototype of a *Sannyāsīn*. His example and teachings on *sannyāsa* are considered by millions in India who honour the monastic tradition as the pattern of *sannyāsa* to be followed by others entering the path. A very large section of Hindus believe that *sannyāsa* represents the perfection in religious life which is attained through the gradual progress in spirituality achieved by fulfilment of the condition laid down for the other three stations of life. Sāyana states that while the qualities and practices of different aspirants described in the eleven clauses from the beginning of the Section were made by human beings—learned and wise though they might be—the transcendence of *sannyāsa* over all of them is a pronouncement made by Brahma himself—the first-born—and so it is secretly-guarded precious knowledge—*upanisad*]

एकोनाशीतितमोऽनुवाक.
SECTION SEVENTY-NINE

प्राजापत्यो हारुणिः सुपर्णैः प्रजापतिं पितरमुपससार
किं भगवन्तः परमं वदन्तीति तस्मै प्रोवाच ॥१॥

प्रजापते अरुणस्य च अपत्य सुपर्णाया मातुः पुत्र आरुणिनामक
कश्चित् पुरुष उत्तमसाधनजिज्ञासया प्रजापतिं पितरं प्रष्टुकाम उपससार ।
उपसद्य च एव पप्रच्छ 'भगवन्तः प्रकृष्टज्ञानैश्वर्ययुक्ता महर्षयः मोक्षसाधनेषु
अथवा तपस्समूहेषु किं परमं प्रकृष्टं तप वदन्ति?' तस्मै एव प्रोवाच ॥

प्राजापत्य son of Prajāpati आरुणि offspring of Aruna
सुपर्णैः (सौपर्णैः) son of Suparnā प्रजापतिम् to Prajāpati पितरम्
father उपससार repaired ह् it is said. भगवन्तः revered teachers
किम् what परमम् highest वदन्ति declare इति thus तस्मै to him
प्रोवाच answered

1 Āruni, the son of Prajāpati and Suparnā
approached his father Prajāpati—thus we have
heard—and questioned him, what is that which
revered teachers declare as the supreme means
of liberation? To him Prajāpati thus replied —

सत्येन वायुरावाति सत्येनादित्यो रोचते दिवि सत्यं
वाचः प्रतिष्ठितं सत्ये सर्वं प्रतिष्ठितं तस्मात्सत्यं परमं
वदन्ति ॥२॥

यः अयं वायुः अस्मत्प्रत्यक्षं अन्तरिक्षे वाति स पुरा मनुष्यः सन् सत्येन सत्यनिष्ठया मानुष रूपं उत्सृज्य वायुदेवतात्वं प्राप्य अधुना लोकानुग्रहाय स्वकर्मणि निरतो वर्तते । एव आदित्यः अपि पूर्वानुष्ठितेन सत्येन मनुष्य-भावमुत्सृज्य आदित्यरूपेण इदानीं द्युलोके रोचते प्रकाशते । यदेतत् सत्यं तत् वाग्निन्द्रियस्य स्थिरावस्थानम् । यतः अनृतं उक्तमपि परैः निराक्रियते इति हेतोः तत् वाचः प्रतिष्ठा न भवति । एव महिमाशालित्वात् सत्ये सत्य-भाषणे सर्वं प्रामाणिकव्यवहारजातं प्रतिष्ठितम् । तस्मात् सत्यमेव परमं मोक्षसाधनमिति केचित् सत्यनिष्ठा वदन्ति ॥

वायुः wind सत्येन by truth आवाति blows on every side
आदित्यः sun सत्येन by truth दिवि in the sky रोचते shines सत्यम्
truth वाचः of speech प्रतिष्ठा foundation. सत्ये in truth सर्वम्
all प्रतिष्ठितम् is established तस्मात् therefore सत्यम् truth परमम्
supreme वदन्ति they say

2. By truth the wind blows. By truth the sun shines in the sky. Truth is the foundation of speech. Everything in practical life depends on truth. Therefore they say truth is the supreme means of liberation

[According to Sāyana, the Wind-god attained the exalted office of regulating the movements of air in the atmosphere by virtue of truthfulness practised by him as a human being in a previous life. So also it must be a man who was firmly devoted to truth that—on his departure from this world—is appointed to the office of the sun in the sky because of truthfulness practised by him as a man. Life is extremely difficult, if not impossible, for a habitual liar, simply for the reason that his utterances will not be trusted by anybody. The words of a prevaricator are changeable. Therefore they can-

not be the foundation for action. The quibbler also will be rejected as unreliable. Every exaggeration, every falsification, and every deception tends to undermine mutual trust, block communication, disrupt social co-operation and thus paves the way for frustration, bringing unhappiness to the individual, and the society and the nation. This being so, any intelligent man can plainly see that all regulation of human relations must depend on true statements. Therefore truth is given the first place of importance. The legend of the virtuous man regulating cosmic functions such as those exercised by the sun and the wind, under the rigorous law of self-devotion, points out that truthfulness and other virtues are not only rewarded here but also that they pay splendidly hereafter.]

तपसा देवा देवतामग्रं आयन् तपसार्षयः सुव्रन्वविन्दन्
तपसा सपत्नान्प्रणुदामारातीस्तपसि सर्वं प्रतिष्ठितं तस्मात्-
त्तपः परमं वदन्ति ॥३॥

अग्रे देवत्वप्राप्तेः पूर्वं अनुष्ठितेन तपसा अग्नीन्द्रादयः देवाः देवता देवताभावं आयन् इदानीं प्राप्तवन्तः । तथा महर्षयः पूर्वानुष्ठितेन तपसा सुवर्लोकं अन्विष्य प्राप्तवन्तः । तथा वयमपि तपसा सपत्नान् अरातीन् अस्मद्द्रव्यलाभविरोधिनः पुरुषान् प्रणुदामः निराकुर्मः । तपसि सर्वं फलजातं प्रतिष्ठितम् । तस्मात् अनशनकायक्लेशादिरूपं तपः परमं मोक्षसाधनमिति वदन्ति ॥

अग्रे in the beginning तपसा by tapas देवाः gods देवताम् (देवतात्वम्) godhood आयन् attained. तपसा by tapas ऋषयः seers सुवः heaven अन्वविन्दन् attained gradually. तपसा by tapas सपत्नान् enemies अरातीः those who stand in the way of our

getting wealth प्रणुदाम we get rid of सर्वम् all तपसि in tapas प्रतिष्ठितम् is supported तस्मात् therefore तप tapas परमम् supreme वदन्ति they say

3 By tapas performed in the beginning gods attained godhood. By tapas seers attained to heaven gradually. By tapas we get rid of our enemies who stand in the way of our acquisitions. Everything is founded in tapas Therefore they say tapas is the supreme (means of liberation)

[This passage is partly the same as *Taittirīyabrāhmana* III 12 3 1 Tapas here may be religious fast or painstaking performance of religious duties Godhood and Rsihood are the result of religious penance Even welfare in the world is not possible without forbearance and painful exertion The word *arāti* is derived from the root 'rā to give'. The opposite of *rāti* (one who gives) is *arāti* (one who does not concede to others or give even their dues) Such are the enemies a person seeks to get rid of from his path either by praying away or overcoming by self-effort]

दमेन दान्ताः किल्बिषमवधून्वन्ति दमेन ब्रह्मचारिणः
सुवर्गच्छन् दमो भूतानां दुराधर्ष दमे सर्व प्रतिष्ठितं
तस्माद्दमः परमं वदन्ति ॥४॥

दान्ता. दमेन स्वकीय पापं अवधून्वन्ति विनाशयन्ति । दमेन नैष्ठिक-
ब्रह्मचारिणः सुवर्लोक प्राप्तवन्त । स च दम. भूतानां दुराधर्ष. ईषदपि
धर्षितुमशक्यः अथवा सोढुं दुश्शक । दमे सर्व फल प्रतिष्ठितम् । तस्मात्
दम परम मोक्षसाधनमिति वदन्ति ॥

दान्ता those who have controlled their senses दमेन by sense-control क्लिब्षम् sin अवधून्वन्ति shake off दमेन by sense control ब्रह्मचारिण perfect ascetics सुव heaven अगच्छन् reached दम sense-control भूतानाम् for creatures दुराधर्षम् not capable of approach दमे in sense control सर्वम् all प्रतिष्ठितम् is supported तस्मात् therefore दम sense-control परमम् supreme वदन्ति they say

4 Persons who practise sense-control shake off their sin by that. Perfect ascetics reached heaven gradually through sense-control Sense-control is inaccessible to ordinary creatures. Everything is founded in sense-control. Therefore they say sense-control is the supreme (means of liberation)

[The *Kathopanisad* II 1 1 informs us that the senses are placed in man by the Supreme as an outgoing current, and so man is usually an extrovert Rarely we find one who can call back the senses from external attractions and contemplate the reality of his own Self For the natural man, conscious practice of sense-control is almost unthinkable A man without sense-control is like a river without banks For, all his thoughts and activities run to waste Hence all success depends upon sense-control Therefore *dama* is here praised as the supreme means of liberation]

शमेन शान्ताः शिवमाचरन्ति शमेन नाकं मुनयोऽन्व-
विन्दन् शमो भूतानां दुराधर्ष शमे सर्वं प्रतिष्ठितं तस्मा-
च्छमः परमं वदन्ति ॥५॥

शमेन क्रोधादिवृत्तीना शान्त्या शान्ता शिव मगल आचरन्ति । मुनय
शमेन दु खरहित स्वर्गलोक अलभन्त । स च शम भूताना दुराधर्षे । ईषदपि
धर्षितुमशक्य अथवा सोढु दुश्शक । शमे सर्व फल प्रतिष्ठितम् । तस्मात्
शम परम मोक्षसाधनमिति वदन्ति ॥

शमेन through calmness of mind शान्ता those who have
become tranquil शिवम् good आचरन्ति practise मुनय. sages
नाकम् heaven शमेन by calmness of mind अन्वविन्दन् attained
शम. calmness of mind भूतानाम् for creatures दुराधर्षम् not
capable of approach शमे in calmness of mind सर्वम् all
प्रतिष्ठितम् is supported तस्मात् therefore शमम् calmness of
mind परमम् supreme वदन्ति they say

5. Those who are of a tranquil disposition do good merely by calmness. Sages have attained to heaven through calmness of mind. Calmness of mind is inaccessible for the ordinary creatures Everything is founded on calmness of mind Therefore they say that calmness of mind is the supreme means of liberation.

[*Sama* is the calm disposition of mind brought about by the absence of passions A person who has cultivated a habitual disposition of calmness can do good to others, because of the atmosphere of tranquillity which he creates around himself This virtue is the characteristic mark of a muni or sage, and by it he reaches a state where there is no sorrow. Literally the word *nāka* means a state in which there is no want of happiness]

दानं यज्ञानां वरूथं दक्षिणा, लोके दातारं सर्वभूतान्युपजीवन्ति, दानेनारातीरपानुदन्ति, दानेन द्विषन्तो मित्रा भवन्ति, दाने सर्वं प्रतिष्ठितं तस्माद्दानं परमं वदन्ति ॥६॥

दान यज्ञाना वरूथ गृहस्थानीयम् । दक्षिणा हि दानम् । लोके सर्वाणि भूतानि दातार उपजीवन्ति । दानेन अराती अपनुदन्ते निराकुर्वन्ति । दानेन द्विषन्तः अपि मित्राणि भवन्ति । दाने सर्वं प्रतिष्ठितम् । तस्मात् दान परम मोक्षसाधन इति वदन्ति ॥

दक्षिणा fees, gift, present given at the close of a sacrifice
दानम् giving of gift यज्ञानाम् of sacrifices वरूथम् abode, defence लोके In the world सर्वभूतानि all creatures दातारम् giver of gifts उपजीवन्ति subsist on दानेन by gift अराती the malignant अपानुदन्ति remove. दानेन by gift द्विषन्तः the unfriendly मित्रा (मित्राणि) friendly भवन्ति become. दाने in gift सर्वम् all प्रतिष्ठितम् is established तस्मात् therefore दानम् gift परमम् supreme वदन्ति they say

6. Giving of gift in the shape of *daksinā* is the secure abode of the sacrifices. In the world all creatures subsist on a giver. People remove by gifts those who are envious and malignant towards them. By gift the unfriendly become friendly. Everything is established in gift Therefore they say that the gift is the supreme means of liberation.

[Any single word like reward, fee, gift or present in English cannot be an equivalent for the word *dakṣiṇā* Daksinā

is the gifts given to the Rtviks and competent witnesses of a sacrifice at the conclusion of it by the institutor of the sacrifice out of his free will and according to the terms of engagement. Often it exceeds the terms, giving greater satisfaction to the participants and the witnesses. On such free gifts received depended the teaching and learning of the Vedas as well as the conservation and propagation of Vedic religion unfettered by any external pressure. Therefore *dakṣmā* is considered to be the home of a sacrifice. By this it is meant that the religion of the Vedas would die out without *dakṣmā*, just as a family will languish without a shelter. In the *Rgveda* the term *arāṇi* denotes spirits who frustrate good intentions and disturb the happiness of men. These are dispelled by gifts. Proverbially friends are made by gifts.]

**धर्मो विश्वस्य जगतः प्रतिष्ठा लोके धर्मिष्ठ प्रजा उप-
सर्पन्ति धर्मोण पापमपनुदति धर्मो सर्व प्रतिष्ठितं तस्माद्धर्म
परमं वदन्ति ॥७॥**

धर्मं सर्वस्य जगतः प्रतिष्ठा आश्रय. इति प्रसिद्धम् । लोके धर्मिष्ठं अतिशयेन धर्मनिष्ठ पुरुषं प्रजा उपसर्पन्ति । धर्मोण पाप अपनुदति विनाशयति । धर्मो सर्वं प्रतिष्ठितम् । तस्मात् धर्मं परमं मोक्षसाधनमिति वदन्ति ॥

धर्मं. religious righteousness विश्वस्य of all जगतः the universe प्रतिष्ठा support लोके in the world धर्मिष्ठम् to him who is fully devoted to religious righteousness प्रजा subjects उपसर्पन्ति approach धर्मोण by dharma पापम् sin अपनुदति chases away धर्मं in dharma सर्वम् all प्रतिष्ठितम् is supported तस्मात् therefore धर्मम् dharma परमम् supreme वदन्ति they say.

7. Dharma, religious righteousness, is the support of the whole universe. All people draw near a person who is fully devoted to dharma. Through dharma a person chases away sin. All are supported by dharma. Therefore they say that dharma is the supreme means of liberation.

[The word *dharma* translated as religious righteousness or religious law is extolled here as the foundation of humanity—nay of all living beings. When the stronger oppress the weak, for the latter the only protection is an appeal to dharma. In a society such an appeal becomes successful only when the dharma of that society is guarded by a sovereign who is himself dharmistha. Again dharma, in the form of *prāyaścitta* or expiation, cleanses the transgressor of the moral law, and in the shape of *danda* or punishment it purifies the guilty who violate the social law. So dharma is here praised as the support of all. Here dharma comes close to justice.]

प्रजननं वै प्रतिष्ठा लोके साधु प्रजायास्तन्तुं तन्वानः
पितृणामनुषो भवति; तदेव तस्यानृणं तस्मात् प्रजननं
परमं वदन्ति ॥८॥

प्रजननमपत्यं यदस्ति तदेव प्रतिष्ठा लोके वशस्य स्थितिहेतुः । साधु समीचीनं यथा भवति तथा शास्त्रीयेण विधिना प्रजायाः तन्तुं सन्तानं अथवा अविच्छेदं तन्वानं विस्तारयन् पितृणां आनृण्य गतं भवति । पुत्रिणं तदेव हि प्रजननं ऋणापाकरणहेतुः भवति । तस्मात् प्रजननं अपत्योत्पादनं परमं मोक्षसाधनमिति वदन्ति ॥

प्रजननम् procreation वै indeed लोके in the world प्रतिष्ठा foundation of the race. साधु well प्रजाया of progeny तन्तुम् unbroken succession तन्वान he who extends पितृणाम् of departed ancestors अनृण. one who has discharged the debt भवति becomes तत् that एव alone तस्य of that man (who owes the debt of progeny to his ancestors) अनृणम् clearance of debt तस्मात् therefore प्रजननम् procreation परमम् supreme वदन्ति they say

8. In this world procreation is certainly the foundation of the race. A person who extends the continuity of progeny in the right way by rearing offsprings, according to the scriptural rules, discharges his debt towards his departed ancestors That alone is the way for him to pay off his debts towards his ancestors. Therefore they say that procreation is the supreme means of liberation

[The *Taittirīyasamhitā* (VI 3 10) contains the famous statement that a man is born with a congenital burden of a threefold debt—towards the gods, the departed ancestors and the seers—जायमानो ह वै पुरुष त्रिभिः ऋणवा जायते । This idea is elaborated later in the traditional codes at length. Manu says that a man should plan to get out of the round of birth and death only after paying off the debts he has contracted naturally by his being born as a link in the chain of worldly existence maintained by biological heredity. The scripture prescribes three ways of discharging the debt to the three creators mentioned above. Man's existence on the earth is at the mercy of gods who guide and control the processes

of Nature. Life is impossible without sun and rain and wind and plants and the like. In return for such favours received from gods for the sustenance of life, man ought to worship gods and get his freedom from indebtedness to them. The entire human culture proceeds step by step by the momentum of knowledge gained, preserved and transmitted by seers of the past. Each man owes a burden of intellectual indebtedness to past knowledge which is always much more than he is conscious of or ready to admit. The ancient seers will always feel happy and will consider their debts discharged, if the successive generations preserve and enlarge the knowledge which a latter generation has inherited from a past generation, and transmit the same to coming generations. A man can, therefore, pay back the debt he owes to the seers only by learning the wisdom which they have transmitted to their children by devolution. One's link in the chain of spiritual and intellectual heredity preserved through the line of teachers and students is kept up only in this way. Everyone owes a third debt to the biological ancestors culminating in their own parents. The sacrifices which a good father makes in order to raise and rear worthy children are impressively portrayed in legend, fiction, poetry and history. A worthy son is exonerated from his debt of having received the protection and care of his sire only when he confers the same to his offsprings. It is, therefore, stated here that procreation is the foundation of society and that only a person who rears children rightly in the way approved by the scriptures and who allows no break in the continuity of his race is absolved from this kind of debt. The importance of procreation is thus set forth. The adverb *sādhu* in the text implies that those who are fit only for parentage, and not for parenthood approved by the scriptures, hardly fulfil the condition]

अग्नयो वै त्रयी विद्या देवयानः पन्था गार्हपत्य ऋक्
 पृथिवी रथन्तरमन्वाहार्यपचनः यजुरन्तरिक्षं वामदेव्य-
 माहवनीयः साम सुवर्गो लोको बृहत्तस्माद्दग्नीन् परमं
 वदन्ति ॥९॥

गार्हपत्यादय महाग्नय एव वेदत्रयात्मिका विद्या, देवत्वापादक देवया-
 नमार्गश्च । तेषा मध्ये गार्हपत्याग्नि ऋग्वेदात्मक. पृथिवीरूप रथन्तरसामात्म-
 कश्च इति स्तूयते, अन्वाहार्यपचननामक दक्षिणाग्नि यजुर्वेदात्मक अन्तरिक्ष-
 लोकरूप वामदेव्यसामात्मकश्च इति प्रशस्यते, आहवनीयाग्निस्तु सामवेदात्मक
 स्वर्गलोकरूप. बृहत्सामात्मकश्च इति च प्रशस्यते । तस्माद् अग्नीन् परम
 मोक्षसाधन वदन्ति ॥

अग्नय the great Fires वै indeed त्रयी विद्या three-fold know-
 ledge, देवयान leading to godhood पन्था path गार्हपत्य the
 Gārhapatya Fire ऋक् Rgveda पृथिवी earth रथन्तरम् the sāmān
 chant called by that name अन्वाहार्यपचन the Anvāhārya-
 pacana Fire यजु Yajurveda अन्तरिक्षम् mid-region वामदेव्यम्
 the sāmān chant called Vāmādevya, आहवनीय the Āhavanīya
 Fire साम Sāmāveda सुवर्ग लोक heavenly world बृहत् the
 sāmān chant called Brhat तस्मात् therefore अग्नीन् the sacri-
 ficial Fires परमम् supreme वदन्ति they say

9 The great sacrificial Fires are indeed the
 three-fold knowledge and the path leading to
 godhood Of them, the Gārhapatya Fire is Rgveda,
 the earth and the Rathantara sāmān chant;
 Anvāhāryapacana is Yajurveda midregion and the
 Vāmādevya sāmān chant, Āhavanīya is the Sāmā-
 veda, the heavenly worlds and the Brhat sāmān

chant. Therefore they say that the sacrificial Fires are the supreme means of liberation

[This is a eulogy of the three well-known sacrificial fires mentioned here by name The Fires are said to be the Vedas, because without them religious work taught in them cannot be accomplished They are the path to godhood because yajña performed with their help leads to godhood]

अग्निहोत्रं सायं प्रातर्गृहाणां निष्कृतिः स्विष्टं सुहुतं
यज्ञक्रतूनां प्रायणं सुवर्गस्य लोकस्य ज्योतिस्तस्मादग्नि-
होत्रं परमं वदन्ति ॥१०॥

सायं प्रात च अनुष्ठित अग्निहोत्रं गृहाणा निष्कृति अर्थात् गृहमबन्धिना पापानां शोधनम् । किञ्च अग्निहोत्रं स्विष्टं सुहुतं च, अर्थात् यागहोमयोः शोभनत्वहेतुः । यज्ञानां क्रतूनां च प्रायणं प्रारम्भकम् । अत एव स्वर्गस्य लोकस्य ज्योतिः प्रदीपवत् प्रकाशकम् । तस्मादग्निहोत्रं परमं मोक्षसाधनं इति वदन्ति ॥

सायं प्रात (च) in the evening and in the morning अग्निहोत्रम् oblation into the fire known by that name गृहाणाम् incidental to housekeeping (पापानाम् sins) निष्कृतिः expiation, स्विष्टम् good yāga सुहुतम् good homa यज्ञक्रतूनाम् of yajñas and kratuḥ प्रायणम् commencement, सुवर्गस्य (स्वर्गस्य) of heaven लोकस्य of world ज्योतिः beacon. तस्मात् therefore अग्निहोत्रम् Agnihotra परमम् supreme वदन्ति they say

10. The performance of Agnihotra at dawn and sunset is an expiation for sins incidental to housekeeping It is a good yāga and a good homa

and also it is the commencement of all yajña-s and kratu-s. It is a beacon to the heavenly world. Therefore they say Agnihotra is the supreme means of liberation.

[In the first clause the understood word *pāpānām* after *gihānām* is to be supplied. Bhattabhāskara says that sins incidental to housekeeping such as hurt caused to living beings while carrying on cultivation, transportation and preparation of food are removed by the regular performance of Agnihotra. Sāyana takes the view that failure to perform it will enrage the fire which may consume the house. The untranslated technical words need explanation. 1 *Yāga*—offering of suitable substances to deities without any binding string. 2 *Homa*—oblation of those substances into the properly consecrated Fire. 3 *Yajña*—the seven sacrifices in which offerings are made to the deities in the fire. These are called अग्न्याधेय, अग्निहोत्र, दशपूर्णमास, आग्रयण, चातुर्मास्य, निरूढपशुबन्ध and सौत्रामणि । 4 *Kratu*—a somayāga in which a Yūpa (sacrificial post) is installed. The seven kratu-s or somasamsthās are अग्निष्टोम, अत्यग्निष्टोम, उग्रथ्य, षोडशी, वाजपेय, अतिरात्र and अप्तोर्याम । Both these types of sacrifices must be commenced with Agnihotra. The word *vyotis* literally means light and here a mounted light or beacon acting as a 'guide']

यज्ञ इति यज्ञो हि देवानां यज्ञेन हि देवा दिवं गता
यज्ञेनासुरानपानुदन्त यज्ञेन द्विषन्तो मित्रा भवन्ति यज्ञे
सर्वं प्रतिष्ठितं तस्माद्यज्ञं परमं वदन्ति ॥११॥

यज्ञ ज्योतिष्टोमादिक परम तप उत्तम मोक्षसाधनमिति अपरे मन्यन्ते ।
यज्ञो हि देवाना प्रिय । ते हि देवा. पूर्वानुष्ठितेन यज्ञेन दिव गता । यज्ञेन

एव ते तदा तदा असुरान् अपानुदन्त विनाशितवन्तः । यज्ञेन द्विषन्त शत्रव
मित्राणि भवन्ति । यज्ञे सर्वं प्रतिष्ठितम् । तस्मात् यज्ञं परमं मोक्षसाधनं
वदन्ति ॥

यज्ञं sacrifice इति thus यज्ञं sacrifice हि indeed देवानाम्
for gods (प्रियं dear) यज्ञेन by sacrifice हि verily देवाः gods
दिवम् heaven गताः reached यज्ञेन by sacrifice असुरान् demons
अपानुदन्तः drove away यज्ञेन by sacrifice द्विषन्तः those who are
hostile मित्राः (मित्राणि) friends भवन्ति become यज्ञे in sacrifice
सर्वम् all प्रतिष्ठितम् is supported तस्मात् therefore यज्ञम् sacrifice
परमम् supreme वदन्ति they say

11. Others devoted to the Vedic religion say that sacrifice is the means of liberation. Sacrifice is indeed dear to gods. Verily gods have attained to heaven by their previous deeds of sacrifice. They have driven away demons by sacrifice. By sacrifice those who are hostile become friendly. Everything is supported by sacrifice. Therefore they say sacrifice is the supreme means of liberation.

[The Brāhmana portion of the Vedas declare that demons are destroyed by gods through the power of sacrifice. It is believed that a sacrifice like Jyotistoma will fulfil any desire entertained by its institution, and that by its power anyone who disliked him may be transformed into a friend of his.]

मानसं वै प्राजापत्यं पवित्रं मानसेन मनसा साधु
पश्यति मनसा ऋषयः प्रजा असृजन्त मानसे सर्वं प्रति-
ष्ठितं तस्मान्मानसं परमं वदन्ति ॥१२॥

मनसा उत्पाद्य यत् मानस उपासन अस्ति तदेव प्रजापते स्वभूतं, अत एव अतिशयेन पवित्रं च, अथवा प्रजापतिपदप्राप्तिसाधनं चित्तशुद्धिहेतुः । मानसेन उपासनेन युक्तं मनः यदस्ति तेन मनसा योगी साधु पश्यति सम्यक् साक्षात्करोति । मनसा एकाग्रमनोयुक्ता ऋषयः विश्वामित्रादयः सङ्कल्प-मात्रेण प्रजा असृजन्त । मानसे सर्वं प्रतिष्ठितम् । तस्मात् मानसं परमं मोक्षसाधनं वदन्ति ॥

मानसम् inward concentration वै indeed प्राजापत्यम् belong-
ing to Prajāpati पवित्रम् holy मानसेन मनसा by the mind
possessing inward concentration साधु good पश्यति sees मनसा
through concentration of mental powers ऋषयः seers प्रजा
progeny असृजन्त created मानसे in inward concentration
सर्वम् all प्रतिष्ठितम् is supported तस्मात् therefore मानसम्
mental concentration परमम् supreme वदन्ति they say

12 Inward worship or mental concentra-
tion is indeed the means of attaining to the state
of Prajāpati and so that is holy. Those who
possess a mind endowed with the power of inward
concentration see and realise what is good.
Through mental concentration, seers like Viśvā-
mitra created subjects by mere wish. All depends
upon this power of the mind. Therefore they say
that the power of inward concentration is the
supreme means of liberation

[Bhattabhāskara takes the word *mānasa* here as *tapas* in the form of *vanāgya* engendered in the mind of a person. This belongs to Prajāpati and in the absence of it distractions divert the mind from the goal. Sāyana takes *mānasa* in the sense of inward concentration and worship. The sermon given by Prajāpati to his son Sauparneya Āruni, reported here in this Section in the form of an anecdote, is meant to test, one by one, the twelve sādhanas given in the previous section with glorifications appropriate to each. When each item was described as supreme, perhaps Āruni was not convinced that it was so, and therefore Prajāpati went on presenting these items one after another in succession until he came to the last one called Nyāsa.]

न्यास इत्याहुर्मनीषिणो ब्रह्माणं ब्रह्मा विश्वः

कतमः स्वयम्भूः प्रजापतिः सवत्सर इति ॥१३॥

य न्यास सन्न्यास मोक्षहेतुत्वेन उक्त. त मनीषिण वश्येन्द्रिया ब्रह्माण हिरण्यगर्भरूप आहु हिरण्यगर्भप्राप्ते अन्तरगसाधनत्वात् । हिरण्यगर्भरूपेण सन्न्यास स्तोतु हिरण्यगर्भस्वरूप स्तूयते—ब्रह्मा हिरण्यगर्भ, विश्व सर्व-जगदात्मक, कतम अतिशयेन सुखस्वरूप, स्वयम्भू स्वयमेव उत्पन्न, प्रजापति प्रजाना पालक., सवत्सर कालात्मक. इत्यादि ॥

न्यास sannyāsa इति thus (य that which तम् that) मनीषिण wise seers ब्रह्माणम् Brahman आहु say ब्रह्मा Brahman विश्व all कतम. supremely blissful स्वयम्भू. self-born प्रजापति protector of created beings सवत्सर the soul of time इति and so forth

13. Wise seers declare that sannyāsa mentioned as the supreme means of liberation is Brahman, and that Brahman is the Universal

Spirit, is supremely blissful, is self-born, is the protector of created beings, is the soul of time, and so forth

[The transcendence of sannyāsa as a means of liberation over the other eleven items is here emphasised by stating it to be non-different from Brahmā, the self-born Universal Being. The word *katama*, according to Bhattabhāskara, is He who is indeterminable, *samvatsara* is analysed by him as He by whom creatures are properly settled—*samyag vasanti anena bhūtāni iti*. Taking this meaning, *samvatsara* is identified with the sun, because it is the sun that gives light and rain, and help creatures to live.]

संवत्सरोऽसावादित्यो य एष आदित्ये

पुरुषः स परमेष्ठी ब्रह्मात्मा ॥१४॥

कालात्मकः संवत्सर असौ आदित्य. एव, आदित्यस्य गतागतेन तस्य निर्वर्त्यमानत्वात् । य एष आदित्यमण्डले पुरुष. स एव परमेष्ठी हिरण्यगर्भ, स एव सर्वजगत्कारण ब्रह्मा, सर्वजगदात्मभूतश्च ॥

संवत्सर. year असौ yonder आदित्य. sun. आदित्ये in the sun य he who एष this पुरुष person स he परमेष्ठी Hiranagarbha Brahmā ब्रह्म Brahman आत्मा Ātman

14. The year is the yonder sun. 'That Person who is in the sun is Hiranagarbha, He is Parameshthin (the protector of the universe) and Brahmātman—Supreme Reality that is the innermost Self of all creatures.

[Here again sannyāsa is praised through association with higher realities. The word *samvatsara* stands for duration of time which determines the origin, continuation and disappearance of objects in the universe. Time is measured by diurnal movement of the sun and the seasons which make the civil year. Time is identified with the sun because we become cognizant of time by the change brought about in Nature through the influence of the sun and by the demarcation made by his rising and setting. The sun again is not merely the visible orb in the sky, but the divine Person contemplated there—the divine Person who is the same as the Supreme in his transcendent and immanent aspects.]

याभि॑रादित्यस्तप॑ति र॒श्मिभि॑स्ताभिः॑ पर्जन्यो॑ वर्षति
 पर्जन्ये॑नौषधिवनस्प॑तयः प्रजा॑यन्त ओषधिवनस्प॑तिभिरन्नं
 भव॑त्यन्नेन प्रा॒णाः प्रा॒णैर्बलं॑ बले॑न तप॑स्तपसा श्रद्धा श्रद्धया॑
 मे॒धा मे॒धया॑ म॒नीषा म॒नीषया॑ मनो॑ मनसा॑ शान्तिः
 शान्त्या॑ चित्तं चित्ते॑न स्मृतिः॑ स्मृत्या॑ स्मार्ः स्मारेण॑
 वि॒ज्ञानं॑ वि॒ज्ञाने॑नात्मानं॑ वेदयति; तस्मा॑द्दन्नं दद्वन्सर्वा॑ण्ये-
 तानि॑ ददात्यन्नान्प्रा॑णा भवन्ति भू॒तानां॑ प्रा॒णैर्मनो॑ मनसश्च
 वि॒ज्ञानं॑ वि॒ज्ञाना॑दानन्दो ब्रह्म॑ योनिः ॥१५॥

आदित्यः यैः उष्णरश्मिभिः सन्ताप करोति तैः भूमिगत जलमादाय पर्जन्यो भूत्वा वर्षति । पर्जन्येन वर्षुकमेघेन व्रीह्यादय ओषधयः पनसाम्रादयः वनस्पतयश्च प्रकर्षेण उत्पद्यन्ते । ओषधिभिः वनस्पतिभिश्च अन्नं भवति । अन्नेन उपयुक्तेन प्राणाः पोषिताः । पुष्टैः प्राणैः शरीरबलं, तादृशेन बलेन कार्यकरणसामर्थ्येन यमनियमादि तपः, तपसा शुद्धचित्तस्य तत्र ज्ञानविषया

श्रद्धा औत्सुक्य, तथाविधया श्रद्धया मेधा बुद्धिप्रकर्ष अथवा ग्रहणधारणसामर्थ्यं तत मनीषा तत्त्वविषया बुद्धिः अथवा वश्यन्द्रियत्व, मनीषया मन नैरन्तर्येण तत्त्वानुसन्धानरूप मनन, तादृशेन मननेन शान्ति, शान्त्या अर्थात् विश्लेष-
राहित्येन प्रमाणजनितज्ञारूपं चित्त, तातृगज्ञानरूपेण तत्त्वविषया स्मृति
अनुभूतवस्तुध्यान, स्मृत्या स्मार निरन्तरस्मरण, तेन निरन्तरस्मरणरूपेण
स्मारेण विज्ञान, विशिष्ट सन्तत ज्ञान च पूर्वपूर्वहेतुतया तदनन्तरावाप्तिद्वारा
श्रेयोर्थो प्राप्नोति । तेन विज्ञानेन परमात्मानं वेदयति सर्वदा अनुभवति ।
तस्मात् अन्नं ददन् पुरुष. सर्वाण्येतानि प्राणाद्यात्मानुभवपर्यन्तानि पदार्थानि
ददाति । यत् कारणात् अन्नात् भूतानां प्राणा, प्राणै मन, मनस विज्ञान,
विज्ञानादानदश्च भवन्ति । आनन्दरूपो भूत्वा योनि जगत्कारणभूत ब्रह्म
स्वयं भवति ॥

याभि by which रश्मिभि by rays आदित्य sun तपति radiates
heat ताभि. by them पर्जन्य rain-bearing cloud वर्षति rains.
पर्जन्येन from raincloud ओषधिवनस्पतय herbs and trees प्रजायन्ते
are produced ओषधिवनस्पतिभि from herbs and trees अन्नम्
food भवति is produced अन्नेन by food प्राणा vital breaths
and senses (are nourished) प्राणै by vital breath and senses
बलम् physical strength बलेन by physical strength तप auster-
rity, तपसा by austerity श्रद्धा faith, श्रद्धया by faith मेधा mental
power, मेधया by mental power मनीषा control of the senses,
मनीषया by control of the senses मन reflection, मनसा by
reflection शान्ति. calmness, शान्त्या by calmness चित्तम् conclu-
sive experience of Truth, चित्तेन through conclusive experience
of Truth स्मृति. remembrance (of It), स्मृत्या by remembrance
स्मारम् continuous remembrance, स्मारेण by continuous
remembrance विज्ञानम् unbroken direct realization of Truth,
विज्ञानेन by unbroken direct realization of Truth आत्मानम् the

Supreme वेदयति one knows तस्मात् therefore अन्नम् food ददन् he who gives सर्वाणि all एतानि these ददाति gives अन्नात् from food भूतानाम् of creatures प्राणा breaths and senses भवन्ति come to being प्राणै by breaths and senses मन reflection, मनस from reflection विज्ञानम् unbroken direct realization of Truth, विज्ञानात् from unbroken direct realization of Truth आनन्द bliss (एव भूत्वा becoming thus) योनि cause (of the universe) ब्रह्म Brahman (भवति becomes)

15 Those rays by which the sun gives heat, the same rays transform water into rain-cloud which showers the rain. By the rain-cloud herbs and trees come into existence. From herbs and trees food is produced. By the use of food the breaths and senses are nourished. When the life-breath is nourished one gets bodily strength. Bodily strength gives the capacity to practise tapas (in the shape of self-control, religious fast, and so forth). As the result of such tapas, faith in scriptural truths springs into existence. By faith mental power comes. By mental power sense-control is made possible. By sense-control reflection is engendered. From reflection calmness of mind results. Conclusive experience of Truth follows calmness. By conclusive experience of Truth remembrance of It is engendered. Remembrance produces continuous remembrance. From continuous remembrance results unbroken

direct realization of Truth By such realization a person knows the Ātman For this reason, he who gives food gives all these For, it is found that the vital breaths and the senses of creatures are from food, that reflection functions with the vital breath and the senses, that unbroken direct realization comes from reflection and that bliss comes from unbroken direct realization of Truth. Thus having attained bliss one becomes the Supreme which is the source of the universe

[This passage is called Annastuti (praise of food) The translation is based on Sāyana According to Bhattabhāskara, *śānti* means atadvyāvṛtti or svābhīmatālabhanapratistham manah i e., exclusion of all thoughts from the mind other than what is at the focus of attention, or firmly fixing the mind on the object of concentration He takes the last two words as compounded and explains *brahmayoni* as brahma-prāptihetuh]

स वा एष पुरुषः पञ्चधा पञ्चात्मा येन सर्वं मिदं प्रोतं
 पृथिवी चान्तरिक्षं च द्यौश्च दिशश्चावान्तरदिशाश्च स वै
 सर्वं मिदं जगत्स भूत् स भव्यं जिज्ञासकल्पित ऋतुजा
 रयिष्ठाः श्रद्धा सत्यो पहस्वान्तमसोपरिष्ठात् । ज्ञात्वा
 तमेवं मनसा हृदा च भूयो न मृत्युमुपयाहि विद्वान् ।
 तस्मान् न्यासमेषां तपसामतिरिक्तमाहुः ॥१६॥

य पुरुष एव सन्न्यासपूर्वकं तत्त्वज्ञान सम्पादयति स एव एष सर्वात्मक पुरुष सन् पञ्चधा पञ्चप्रकारैः पञ्चात्मा पञ्चविधवस्तुरूप भवति । येन ब्रह्मभूतेन पुरुषेण सर्वमिदं जगत् मूत्रे मणिगणा इव प्रोतं प्रकर्षेण स्यूतम् । अतः स एव पुरुष पृथिवी च अन्तरिक्षं च द्यौश्च दिशश्च अवान्तरदिशश्च भवति । सर्ववस्तुव्यापी सन् सर्वमिदं जगत्, स एव भूतजगत्, स एव भव्यं भविष्यदपि जगत् भवति । तत्त्ववित् पुरुष नरतनुरपि जिज्ञासकलृप्त जिज्ञासया वेदान्तविचारेण सर्वात्मक इति क्लृप्त निश्चित भवति । ऋतजा ऋतेन प्रामाणिकेन ज्ञानेन सर्वात्मरूप सञ्जातो भवति । रयिष्ठा गुरुपदेशरूपे रायि धने स्थितः भवति । स श्रद्धावान् सन् श्रद्धारूप, अबाध्य-सत्यरूपस्य ब्रह्माण. अपरोक्षत्वसम्पादनेन सत्यरूप, महस्वान् स्वयंप्रकाशं च भवति । ससारकारणेन तमसा वियुक्तं सन् उपरिष्ठात् वर्तमानश्च भवति ॥ हे आरुणे, त्वमपि तं परमात्मानं हृदा हृदयपुण्डरीकनियमितेन मनसा एव पूर्वोक्तसन्न्यासद्वारा ज्ञात्वा विद्वान् तेन ज्ञानेन युक्तं सन् पुनः मृत्युं न उपयाहि मा प्राप्नुहि । यस्मात् सन्न्यास मोक्षस्य अन्तरङ्गसाधनं तस्मात् एषा सत्यादिमानसान्तानां तपसा मध्ये मनीषिणः तं उत्कृष्टं साधनमाहुः ॥

स he (who has attained realization of the Supreme through sannyāsa as described in the previous passages) वै alone एष this पुरुष Supreme Person (सन् having become) पञ्चधा in fivefold way पञ्चात्मा of five substances (भवति becomes) येन by whom सर्वम् all इदम् this प्रोतम् is pervaded स he पृथिवी earth च and अन्तरिक्षम् mid-region च and द्यौः sky च and दिशः main quarters च and अवान्तरदिशा the quarters in between the main quarters च and. स he वै indeed सर्वम् all इदम् this जगत् world स he भूतम् what is past, सः he भव्यम् what is to be जिज्ञासकलृप्त settled by enquiry into Vedānta as the Supreme Self) ऋतजा one who has become the Self

of all by authoritative knowledge रयिष्ठा. one who is firmly established in the wealth (of knowledge imparted by teacher) श्रद्धा embodiment of faith सत्य (सत्यम्) embodiment of Truth महस्वान् self-resplendent तमसा by darkness (वियुक्त separated) उपरिटात् beyond (वर्तते remains) तम् him (the Supreme Self) हृदा made firm in the heart मनसा by the mind च and एवम् as stated above ज्ञात्वा having realized विद्वान् being a knower भूय again मृत्युम् death न not उपयाहि reach तस्मात् therefore न्यासम् sannyāsa एषाम् of these तपसाम् of means of liberation अतिरिक्तम् supremely excellent आहु they say.

16. He by whom all this universe is pervaded—the earth and the mid-region, the heaven and the quarters and the subquarters—that Person is fivefold and is constituted of five substances. He who has attained supreme knowledge through sannyāsa is, indeed, this Person. He is all that is perceptible at present, was in the past and will be in the future. Though apparently human, his true nature is that which is settled by the enquiry into the Vedas and what is attained by his new birth in right knowledge. He is firmly established in the richness of knowledge imparted by his guru, as also in his faith and in Truth. He has become the self-resplendent Being such a one he remains beyond the darkness of ignorance. O Āruni, having become one possessed of knowledge by realizing Him, the Supreme, through sannyāsa,

and with your mind fixed in the heart, do not again fall a prey to death. Because sannyāsa is thus the supreme means of realization, therefore wise men declare that to be above all other means of liberation.

[Here in this passage again the person who has attained supreme knowledge is described with a view to praise sannyāsa. A man of Self-realization identifies himself with the Supreme Person who is the whole universe past, present and future. The fivefold knowledge of the senses, the five attributes of the elements, the five primordial elements, the five faculties of knowledge, the five faculties of action, the five breaths, and the five sheaths are meant here by the fivefoldness of the Purusa. The terms *jyñāsaklpta*, *riyā* and *riyisthā* are not in common usage and so they are paraphrased according to Sāyana's interpretation. The expression *tamasoparistāt* is substituted by *tapaso varisthāt* in the longer version. Bhattabhāskara takes it to be *tamasah uparistāt* which makes the meaning easy although the sandhi becomes arbitrary. Sāyana takes *tamasā* as an incomplete statement filled out by adding *viyuktah*. The concluding clause is taken to be an exhortation made by Prajāpati to his son, Āruni, to go beyond death by realizing the Supreme, adopting sannyāsa as the means of it. The last clause affirms the conclusion as already hinted at, namely, that sannyāsa transcends all other means of liberation. According to Bhattabhāskara, from *jyñāsaklpta* to *upayāhi vidvān* is a single stanza in the tristubh, and *mṛtyu* means want of zeal for spiritual practice and death.]

वसुरण्वो' विभूरसि प्राणे त्वमसि सन्धाता ब्रह्मन्
 त्वमसि विश्वसृत्तेजोदास्त्वमस्यग्नेरसि वर्चोदास्त्वमसि
 सूर्यस्य द्युम्नोदास्त्वमसि चन्द्रमस उपयामगृहीतोऽसि ब्रह्मणे'
 त्वा महसे ॥१७॥

हे ब्रह्मन् अन्तर्यामिन् व्यापकरूप, भवान् वसुरण्व वसुन सर्वेषा
 धनरूपस्य तत्त्वज्ञानस्य रण्व रणिता अस्मदनुग्रहार्थं उपदेष्टा अमि, अथवा
 रणयिता गमयिता असि । एव विभू विविधरूपेण उत्पन्न अथवा सङ्कल्प-
 मात्रेण चिद्विधस्य जगत भावयिता असि । प्राणे सूत्रात्मनि स्थित त्व
 सर्वेषा सन्धाता असि । हे ब्रह्मन् त्व विश्वसृत् सर्वजगद्द्रव्यापी असि अथवा
 विश्वसृक् सर्वत्र अवस्थित स्रष्टा अथवा विश्व च स्रष्टा च त्वमसि । त्व
 अग्ने प्रकाशदाता असि । त्व सूर्यस्य तपनप्रकाशसामर्थ्यदाता असि । त्व
 चन्द्रमस प्रकाशधनस्य दाता असि । त्व उपयामगृहीत उपभृदादिरूपे मृग्मये
 दारुमये वा पात्रे यागेषु गृहीत. सोमरूप असि । उक्तप्रकार सर्वकर्तार
 सर्वान्तर्यामिण त्वा महसे ब्रह्मणे चैतन्यज्योतिस्स्वरूपब्रह्मतत्त्वाभिव्यक्त्यर्थं
 भजामि ॥

हे ब्रह्मन् O Supreme वसुरण्व the giver of the wealth
 consisting of supreme knowledge असि thou art विभू born in
 various forms असि thou art त्वम् thou प्राणे in prāna (Sūtrāt-
 man) सन्धाता uniter असि art त्वम् thou विश्वसृत् pervading the
 whole universe असि art त्वम् thou अग्ने of fire तेजोदा giver
 of lustre असि art त्वम् thou सूर्यस्य of the sun वर्चोदा. giver of
 the power of light and heat असि art त्वम् thou चन्द्रमस of
 the moon द्युम्नोदा (द्युम्नद) giver of the wealth of light असि
 art उपयामगृहीत taken in the vessel called upayāma (in the
 shape of soma juice for oblation) असि thou art महसे ब्रह्मणे

for the realization of the light of the Supreme त्वा thee (भजामः we worship)

17. O Supreme, Thou art the giver of the wealth of supreme knowledge to us Thou hast become all. Thou unitest the individual Souls in the Sūtrātman Thou pervadest the universe Thou art the giver of the lustre to fire. Thou art the giver of light and heat to the sun. Thou art the bestower of the riches of light to the moon. Thou art taken in the upayāma vessel as soma juice for oblation We worship Thee the Supreme who art such for the manifestation of Light.

[After sannyāsa the seeker of the Supreme practises contemplation taking pranava as the aid for focussing his thoughts Unbroken thought of the Supreme is beset with many hindrances To remove them the Supreme Being is entreated *Vasuranya* is a rare word explained here according to Sāyana's interpretation Bhattabhāskara reads *Vasuranya* and explains, वसुन् वरिष्ठज्ञानस्य ब्रह्मभावलक्षणस्य रणयिता गमयिता Each individual Self is united by the Sūtrātman, here called prāna whose background is Brahman The reading *viśvasrī* in the place of *viśvasī* is accepted by Bhattabhāskara The meaning of the word is the creator of the universe The light of the various luminaries are a loan from the Supreme and the Supreme is said to be present even in the soma oblation This is a stanza in atjagatī satpadā metre ending in Yajus]

ओमित्यात्मानं' युञ्जीत । एतद्वै महोपनिषदं देवानां
गुह्यम् । य एवं वेद ब्रह्मणो महिमानमाप्नोति तस्माद्ब्रह्मणो
महिमानमित्युपनिषत् ॥१८॥

एव परतत्त्वस्तुत्या परिहृतविघ्न सन्यासी त्रिमात्र प्रणव ओ इत्युच्चार्य
परमात्मान स्वरूपत्वेन युञ्जीत चित्ते समादध्यात् । एतदेव प्रणवस्वरूप
महोपनिषद अर्थात् महद्भि उपनिषद्भि प्रतिपादित परमात्मवाचक इन्द्रादीना
देवाना गोप्य च भवति । य. पुमान् सन्यासानन्तर प्रणवेन समाधि आचरन्
एव ब्रह्मतत्त्व जानाति स ज्ञानी सर्वपरिच्छेदशून्यस्य ब्रह्मणः महिमान
आप्नोति । तस्मात् समस्ताविद्यानिवर्तकात् ज्ञानात् ब्रह्मण महिमान
प्राप्नोति इति उपनिषत् रहस्यविद्या ॥

ओ इति uttering the syllable Om आत्मानम् the Supreme
युञ्जीत he should contemplate एतत् this (Om) वै verily
महोपनिषदम् (महोपनिषत्) expressed through many Upanisads
देवानाम् of Gods गुह्यम् secret य he who एवम् thus वेद knows
ब्रह्मण of Brahman महिमानम् greatness आप्नोति attains तस्मात्
for that reason ब्रह्मण. of Brahman महिमानम् greatness इति
thus उपनिषत् secret knowledge

18. (The sannyāsin having meditated upon the Supreme) should concentrate his thoughts on Him uttering the syllable Om. This, the syllable Om, verily is the substance of many great Upanisads and a secret guarded by the gods without imparting to the unfit He who practises meditation on the Supreme thus with the aid of praṇava after sannyāsa attains to the unlimited

greatness of the Supreme By that he attains to the greatness of Brahman Thus the secret knowledge has been imparted.

[Here the Sannyāsīn is first enjoined to worship God : the Antaryāmin and Creator to remove the obstacles in the spiritual path and then commanded to focus his inward attention on the Supreme Reality through the symbol and the sound form of pranava Pranava is then praised as the essence of all Upanisads and the secret which gods do not divulge to incompetent aspirants Of course pranava stands for the Supreme Truth The Sannyāsīn thus attains to the greatness of the Supreme Reality, the goal of his life *Mahopanisada* is also interpreted as *Mahatī prastā vidyā upanīśadati ābhy upanīśadbhya itī* The suffix 'a' is possessive]

अशीतितमोऽनुवाक

SECTION EIGHTY

तस्यैव विदुषो यज्ञस्यात्मा यजमानः श्रद्धा पत्नी शरीरं
मिधमसुरो वेदिलोमानि बर्हिर्वेदः शिखा हृदयं यूपः का
आज्यं मन्युः पशुस्तपोऽग्निर्दमः शमयिता [दानं] दक्षिण
वाग्धोता प्राण उद्गाता चक्षुरध्वर्युर्मनो ब्रह्मा श्रोत्रमग्नीत
यावद्धियते सा दीक्षा यदश्नाति तद्धविर्यत्पिबति तदस्
सोमपानं यद्रमते तदुपसदो यत्सञ्चरत्युपविशत्युत्तिष्ठते च
स प्रवर्ग्यो यन्मुखं तदाहवनीयो या व्याहृतिराहुतिर्यदस्

विज्ञानं तज्जुहोति यत्सायं प्रातरत्ति तत्समिधं यत्प्रातर्म-
 ध्यन्दिनं ५ सायं च तानि सर्वानानि ये अहोरात्रे ते दशपूर्ण-
 मासौ येऽर्धमासाश्च मासाश्च ते चातुर्मास्यानि य ऋतवस्ते
 पशुबन्धा ये संवत्सराश्च परिवत्सराश्च तेऽहर्गणाः सर्ववेदसं
 वा एतत्सत्रं यन्मरणं तदवभृथ एतद्वै जरामयंमग्निहोत्रं ५सत्रं
 य एवं विद्वानुदगयने प्रमीयते देवानामेव महिमानं गत्वा-
 दित्यस्य सायुज्यं गच्छत्यथ यो दक्षिणे प्रमीयते पितृणामेव
 महिमानं गत्वा चन्द्रमसः सायुज्यं गच्छत्येतौ वै सूर्याचन्द्र-
 मसोर्महिमानौ ब्राह्मणो विद्वानभिजयति तस्माद् ब्राह्मणो
 महिमानमाप्नोति तस्माद् ब्राह्मणो महिमानमित्युपनिषत्
 ॥१॥

तस्य एवंविदुषः अर्थात् जीवन्मुक्तस्य सन्न्यासिनः यः यज्ञः अस्ति तस्य
 यज्ञस्य देहेन्द्रियादिसाक्षी यः आत्मा स एव यजमानः यथा बाह्ययज्ञस्य स्वामी
 यजमानः तथा इन्द्रियादिवृत्तीनां स्वामी आत्मा इत्यर्थः । सन्न्यासिनः अन्तः-
 करणे या श्रद्धारूपा चित्तवृत्तिः अस्ति सा यज्ञस्य पत्नी, यच्च तस्य शरीरं
 अग्नौ प्राणवियोगे आधेयत्वात् तदेव इध्मं, तस्य उर एव वेदिः, लोमानि
 बर्हिः, वेदः शिखा, हृदयं यूपः, कामः आज्यं, मन्युः पशुः, तपः अग्निः, दमः
 शमयिता, (दानं) दक्षिणा, वाक् होता, प्राणः उद्गाता, चक्षुः अध्वर्युः, मनः
 ब्रह्मा, श्रोत्रं अग्नीत्, यावत् ध्रियते सा दीक्षा, यत् अश्नाति तत् हविः, यत्
 पिबति तदस्य सोमपानं, यत् रमते तत् उपसदः, यत् सञ्चरति उपविशति
 उत्तिष्ठते च सः प्रवर्ग्यः, यत् मुखं तत् आहवनीयः, या व्याहृतिः सा आहुतिः,
 यत् अस्य विज्ञानं तत् जुहोति, यत् सायं प्रातः अत्ति तत् समिधः, यत् प्रातः
 मध्यंदिनं सायं च इति कालत्रयं तानि सवनानि, ये अहोरात्रे ते दशपूर्णमासौ,

ये अर्धमासा च मासा च ते चातुर्मास्यानि, ये ऋतव ते पशुबन्धा, य सवत्सरा च परिवत्सरा. च ते अहर्गणा, सर्ववेदस सर्वस्वदक्षिणाक वै एतत् यजमानस्य सत्र, यत् अस्य मरण तदेव अस्य यज्ञस्य अचभृथ समाप्ति । य वै एतत् अर्थात् उक्त जरामर्यं जरया वयोहान्या मरणपर्यन्त योगिचरित अग्निहोत्रादि सवत्सरसत्रान्तकर्म स्वरूपमिति एव वेद उपासते उदगयने उत्तरायणकाले प्रमीयते म्रियते च स देवाना इन्द्रादीनामेव ऐश्वर्यं प्राप्य आदित्यस्य सायुज्य सहवास तादात्म्य वा गच्छति । अथ पूर्वोक्तविलक्षणं य दक्षिणायने म्रियते स. पितृणामेव ऐश्वर्यं प्राप्य चन्द्रमस सायुज्य गच्छति । य ब्राह्मण एव एतौ सूर्यचन्द्रमसौ महिमानौ अनुभवन् सगुण-ब्रह्मरूप हिरण्यगर्भं विद्वान् अभिजयति हिरण्यगर्भसाक्षात्कारं प्राप्नोति तस्मात् तत्साक्षात्कारात् शरीरपातानन्तर हिरण्यगर्भलोकं गत्वा तत्र ब्रह्मणः हिरण्यगर्भस्य महिमानं प्राप्नोति । तत्र उत्पन्नब्रह्मतत्त्वसाक्षात्कारं सन् ब्रह्मलोकविलयादूर्ध्वं सत्यज्ञानादिलक्षणस्य ब्रह्मण महत्त्वं च प्राप्नोति । इति उपनिषत् उपसंहृत्यते ॥

1. The institutor of the sacrifice, in the case of the sacrifice offered by a Sannyāsin who has attained supreme knowledge in the manner already described, is his own Self His faith is his wife; his body is his sacrificial fuel; his chest is his altar; his hairs are his holy grass, the Veda he has learnt is his tuft of hair; his heart is his sacrificial post; his desire is his clarified butter; his anger is his animal to be immolated; his austerity is his fire, his sense-control is his immolator, his gifts are his *dakṣiṇā*, his speech is his *Hotṛ* priest; his breath is his *Udgātṛ* priest; his sight is his *Adhvaryu* priest, his mind is his *Brahman* priest, his

hearing is his *Agnīd* priest, the span of his life is his preparatory rite, what he eats that is his oblation; what he drinks that is his drinking of soma juice, when he delights himself that is his *Upasad* rite, when he walks, sits and stands that is his *Pravargya* rite; that which is his mouth that is his *Āhavanīya* Fire, that which is his utterance that is his offering of oblation, that which is his knowledge that is his Homa sacrifices, when he eats in the afternoon and forenoon that is his *Samīdhoma* (oblation of fuel in the fire); the three divisions of the day—forenoon, midday and evening—relating to him are his *savanas*, the day and night are his *Darsāpūrṇamāsa* sacrifices, the half months and the months are his *Cāturmāsya* sacrifice, the seasons are his *Paśubandha* sacrifice; the *samvatsaras* and the *parivatsaras* are his *Ahargana* sacrifice; the total sacrifice is, indeed, his *Sattra*; death is the *Avabhr̥tha* or completion of his sacrifice. That person who knows this, namely, the conduct of a Sannyāsīn—covering all the duties from *Agnihotra* to *Sattra* and terminating in death overcome by old age—and who dies during the period of the sun's movement to the north attains to the overlordship of gods like Indra and then reaches identity or companionship with the sun. On the other hand he who dies during the period

when the sun moves to the south gets only the greatness of the manes and then attains to the identity or companionship with the moon. A brāhmana who knows separately the greatness of the sun and the moon realizes these two; but he who has become a knower of Hiranyagarbha wins further. From that knowledge which was acquired in the world of Hiranyagarbha, he attains to the greatness of Brahman, the Supreme who is Existence-Knowledge-Bliss, at the dissolution of the world of Hiranyagarbha. Thus the secret knowledge here, and in this Upanisad, is concluded

[This Section is allied to the Purusavidyā, reference to which is made in the *Brahmasūtras* III 3 24. Those who are ultra-loyal to the operating religion of the Vedas hold the opinion that the entire Veda is meant for laying down commands that govern the life of religious aspirants. If this thesis is accepted, even a Sannyāsīn, who has become liberated-in-life by adopting the supreme means of liberation, namely sannyāsa, described in the Sections above, is under obligation to engage himself in sacrificial duties. According to the Uttaramīmāṃsā this position is not tenable. What the Sannyāsīn performs is called *ātmayajña*, which is not the usual form of mental, physical and social operations. It is Yajña only in allegory. Through an extended simile the Yajña of the Sannyāsīn is described here. The conventional sacrifice has various ingredients: Persons, place, time, substances, commencement, completion, order, varieties. All these are brought into this picture here. The description of the sacrifice starts with the *Yajamāna* or the institutor of the

sacrifice along with his *Patnī*, the wife. Either of these by demise or withdrawal brings a sacrifice to an abrupt end. In the allegory here, the individual Self acting as the Witness of the functions of the body and the senses is the *Yajamāna*, because all the functions of the body and the mind are for his sake. A Sannyāsins's life is rooted in an unswerving faith in the truth taught by the scriptures and by his preceptor, he never strays away from that faith, and so this faith takes the place of the wife who must be present in the real *Yajña*. His body will be finally consigned into the holy fire as a corpse and so it is his fuel. The necessaries of a sacrifice are stocked in the altar, so also the thoughts connected with the sacrifice are kept within one's chest. On the spread out holy grass (*Kuśa*) Gods are invoked. The hair on the chest within which lies the heart in which the Sannyāsins meditates—stands for such a grass seat. Knowledge of the Veda must be always supporting the life of the Sannyāsins and the *Yajamāna* and so that is compared to the tuft of hair called *śikhā* which should not be removed, except for a vow from the head of a Brāhmana. The heart of the Sannyāsins is said to be the *Yūpa* (the sacrificial post) on which the animals (anger and the like) are tied and slaughtered. Clarified butter offered into the consecrated Fire indicates that desires are kindled when they are stimulated and that they are extinguished by fulfilment. So also *ājya* enkindles or puts out the fire. In the *Somayāga* victims are immolated. Similarly anger and other passions are to be slain by the Sannyāsins in his mystic sacrifice. Without the consecrated Fire no sacrifice is possible. For the Sannyāsins, that fire is *tapas* in the form of sense-control and calmness. Some books read *dharma* in the place of *dama* or calmness. Whether the word be *dharma* or *dama* it represents here the immolator. The word *dāna* is taken to be understood before the

term *dakṣmā* In the case of the Sannyāsīn, giving of knowledge of the performance of duties proper to his station is *dakṣmā* A sacrifice has many participants when it is in progress They are ग्रहपति, ब्रह्मा, पत्नी, उदगाता, प्रस्तोता, प्रतिह उपगाता, सदस्या, होता, मंत्रावरुण, ब्राह्मणाच्छसी, नेष्टा, पोता, अच वाक, अग्नीत, प्रावस्तुत्, उन्नेता, सुब्रह्मण्य, अध्वर्यु, प्रतिप्रस्था विशास्ता, ध्रुवगोप, हविष्येषी, इधमवाह and शमिता । Of the eight are mentioned here as the Self, faith, sense-contr speech, life-breath, sight, mind and hearing of the Sannyās *Dīksā* is the period of the *Yajamāna's* vow In the case of the Sannyāsīn that is his whole life or his period of fast He eats and drinks in the same way as the Riti offers oblations into the consecrated Fire or as he drinks soma juice ceremoniously The Sannyāsīn finds pleasure in meditating on the Supreme within himself That takes the place of the *Upasad* sacrifice *Upasad* is the name of a sacrifice to be performed three days in the *Jyotiṣṭma* and other sacrifices after *dīksā* and before the soma day In this way प्रवर्ग्य, दर्शपूर्णमास, चातुर्मास्य, पशुबन्ध and अहर्गण are also to be understood as names of important sacrifices which are materially performed outside Here correspondence with them in some aspects of a Sannyāsīn's life is pointed out The word *savana* literally means the pressing of the soma juice for *somayāga* in the morning, in the noon and in the evening Sometimes the three baths during these three times which a Sannyāsīn takes are also noted by it The cycle of sixty years is divided into twelve units of five years, each unit being called a *yuga* The five groups of years which make the *yuga* are called सवत्सर, परिवत्सर, इदुवत्सर, इदावत्सर, & इद्वत्सर in the *Taittuṛyabrahmana* III 10 3 Of these three are mentioned here implying the rest also The word *sarvadaśa* means a sacrifice in which all possessions set ap

for it are given away without residue as dakṣiṇā. Here every part of the body of the Sannyāsīn is sacrificed in the fire of tapas and therefore the whole duration of his life is called a sattra or a sacrificial session. According to Bhattabhāskara *Śamayitā* is the person who cooks food for offering and the term Brāhmana at the close of the text stands for all persons.

Next follows the description of kramamuktī or gradual liberation *via* Brahmaloaka. Death during uttarāyana or the period denoted by the sun's apparent movement away from the southern solstitial point is praised as superior to death in dakṣiṇāyana or the period denoted by the sun's apparent movement away from the northern solstitial point. The word *jarāmaryam* in the text is explained as *jayāyā vāyohūnyā mīryate* *iti*. This implies that a man as a rule has no religious sanction to commit suicide. The Sannyāsīn who lives his prescribed life until death, is performing internally the perpetual *Agnihotra*. And such a Sannyāsīn attains to muktī through Hīranyagarbhaloka, even though he has not attained to Brahmabhāva and sadyomuktī during his life on earth. Thus the whole Section describes Ātmayañña which is the highest of all sacrifices. This Upanisad which started with the description of the Supreme Being as Prajāpati is completed with the account of sannyāsa eulogised as the Supreme. A complete circuit is portrayed in this great text. Prajāpati's entering into the womb as the Jīva, the spiritual evolution of the Jīva through karma, upāsana and the performance of other religious duties, and, finally, the Jīva's attainment of the Supreme Bliss or realization of the Self through sannyāsa.]

ॐ शं नो' मित्रः शं वरुणः । शं नो' भवत्वर्थमा । शं न
इन्द्रो बृहस्पतिः । शं नो विष्णुरुक्रमः । नमो ब्रह्मणे ।

नमस्ते वायो । त्वमेव प्रत्यक्षं ब्रह्मासि । त्वामेव प्रत्यक्षं
 ब्रह्मावादिषम् । ऋतमवादिषम् । सत्यमवादिषम् । तन्मा-
 मावीत् । तद्वक्तारमावीत् । आवीन्माम् । आवीद्वक्तारम् ॥

ॐ सह नाववतु । सह नौ भुनक्तु । सह वीर्यं करवावहै ।
 तेजस्वि नावधीतमस्तु । मा विद्विषावहै" ॥

ॐ शान्ति शान्तिः शान्तिः ॥
