

UCI



**WORLD
TOUR**



**ORGANISATIONAL
SPECIFICATIONS**
TEAMS

JULY 2017

ORGANISATIONAL CRITERION

The organisational criterion only applies to men's UCI WorldTeams. This criterion covers a number of elements relating to the organisational structure of teams. It is covered by nine rules, each of which is set out below.

Compliance with the organisational criterion is mandatory for men's UCI WorldTeams.

PREPARATION

Rule No. 1. Teams must organise the riders' physical preparation.

Option 1. Employ one full-time trainer for a maximum of eight to ten riders who is responsible for organising and managing these riders' preparation and recovery by means of a training plan supported by written documents and following the team's communication procedures. In this scenario, the riders must be allocated to one of the team's trainers. This would mean that a team of 23-30 riders would have a minimum of three trainers. This would probably consist of a "performance director" and two assistants (although the hierarchy of the trainers is not specified), amongst which there could be "analysts" and assistant trainers.

Option 2. Employ a full-time "performance director" who could also be a trainer, responsible for supervising the work of the riders' trainers whether they are employed by the team or not. The supervisory role of the "performance director" would make it obligatory for him or her to have access to all the riders' training data, including and in particular that produced by trainers who are outside the team and employed by the riders. This data must be communicated to the "performance director" by the riders' trainers:

- in the form of a training plan;
- as personalised, confidential data files, systematically provided frequently to facility effective monitoring;
- external trainers must have access to the team's communication procedures and use them for issues concerning their rider(s) at all times.

Rule No. 2. Each rider's preparation must be managed by means of a written training plan indicating, in particular, the nature of the preparation work, recovery periods and competitions. The training plan must be drawn up in consultation with the team's performance director, sport directors and the rider's trainer. The training plan must be communicated to the performance director. The plan must be understood by all persons involved.

COACHING

Rule No. 3. A team should have one sports director for a maximum of eight riders who is responsible for monitoring the riders in competition. This ratio takes into account to both the (head) sports directors and assistant sports directors as identified by article 1.1.075 of the UCI Regulations. The above does not entail that each rider is individually paired to a sports director.

Sports directors can only take on the role of trainer if they are qualified as such. Sports directors manage the riders during competition. Ideally, sports directors also draw up the riders' race programmes in consultation with the riders, personal trainers and the team performance director, in this way ensuring consistency between preparation and the race programme. Sports directors shall ensure, in particular, respect of Rule no. 7.

CARE

Rule No. 4. The team must employ one doctor responsible for organising medical care (the "head doctor"). The head doctor shall be, in particular, responsible for ensuring that the team's medical care complies with the UCI Medical Regulations, under part 13 of UCI Regulations. Teams may employ additional doctor(s) in addition to the head doctor, although any such doctor(s) shall be subject inter alia to the requirement of Rule 9. Staff employed by a team in the role of doctor may not assume any other roles within the team. The head doctor is the sole authority in respect of health issues within the team and assumes liability in this respect. All doctors employed by a team shall keep the medical data in his or her possession strictly confidential.

Rule No. 5. Each rider must have a medical consultant (doctor) identified by the team whether or not this individual is employed by the team. The doctor shall keep the medical data in his or her possession strictly confidential.

Rule No. 6. A team must have internal medical regulations that set out the methods by which riders can seek medical assistance and access medical data.

WORKLOAD

Rule No. 7. The riders of a professional team should not race more than 85 days per season in road competitions (excluding those with their respective National Federation), registered on the UCI WorldTour or UCI Continental Circuits calendars. The sports director in charge of monitoring a rider is responsible for ensuring compliance with this rule and has the authority to ensure a rider respects this provision.

If a rider is in excess of the 85 competition days and/or has significant competition commitments outside of those days, the sports director may be required to demonstrate the rider in question was afforded with adequate care and rest.

Rule No. 8.

Option 1: the team shall keep a written log book for each rider, making use of the digital communication platform.

The platform shall be secure but accessible by all executive team personnel listed under the present nine rules.

Option 2: alternatively, the team may use mainstream forms of communication which do not involve the use of a digital communication platform in which case it shall provide detailed explanation of the communication methodology to be used by the team and be obliged to implement such communication methodology.

CERTIFICATION OF PERSONNEL

Rule No. 9. Sports directors, trainers (including “head of performance” and “analyst”) and doctors - as well as other function for which UCI Regulations require holding of a licence - may only be employed by a UCI WorldTeam, or individually by riders (for trainers), if they are licensed for their function in accordance with article 1.1.010 of the UCI Regulations, and in accordance with the requirements of the National Federation of the country of residency at the time of their licence application.

In addition, sports directors must hold the appropriate UCI certification for their function.

As for doctors, they are additionally required to:

- submit a copy of the original medical diploma(s) translated into English or French;
- submit a full CV including details of past experience in elite sport and training and qualification in sports medicine (if any);
- submit a “certificate of good standing” (issued no more than three months prior to being submitted) from the medical council of the country of residence or alternatively submit a statement from the country’s doctors licensing authority that it is not aware of any issues that would or might negatively impact that doctor’s suitability for the role;
- submit a statement reading as follows: *“I acknowledge having read and fully agree to comply with the UCI Medical Regulations.”*

DISCIPLINARY REGIME

UCI WorldTeams failing to provide the information requested or to cooperate in the implementation of this criterion shall be excluded from the registration process.

During the registration phase the failure to provide certain information within the deadlines set out in the registration guide and regulations will be grounds for:

- fines due to delay (article 2.15.069 applicable to both financial and organisational audits);

and

- shortcomings will be included in the report to the UCI Licence Commission which may render decisions within its power and on account of the complete file pertaining to the five criteria.

Subsequent to registration, and during the season, breaches (which are uncovered whether through random audits or otherwise) may be referred to the Disciplinary Commission according to article 2.15.068quater.

All other UCI rules and regulations are unaffected by this and where they overlap with this criterion compliance remains mandatory with the possibility of disciplinary sanctions. Please note in particular that compliance with the UCI Medical Rules (Part XIII of the UCI Regulations) remains mandatory, and are not replaced by Rules 4, 5 and 6 above.