



START LIST



400 Metres Women - Round 1

First 2 in each heat (Q) and the next 4 fastest (q) advance to the Semi-Finals

RECORDS	RESULT	NAME	COUNTRY	AGE	VENUE	DATE
World Indoor Record	WIR 49.59	Jarmila KRATOCHVÍLOVÁ	TCH	31	Milano	7 Mar 1982
Championship Record	CR 50.04	Olesya KRASNOMOVETS	RUS	27	Moskva (Olimpiyskiy Stadion)	12 Mar 2006
World Leading	WL 50.69	Courtney OKOLO	USA	22	Birmingham (Crossplex Arena), AL	12 Mar 2016

o = Outdoor performance

Heat 1		18 March 2016		12:25 START TIME			
LANE	BIB	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST	
2	849	Kabange MUPOPO	ZAM	21 Sep 92			
3	603	Amaliya SHAROYAN	ARM	19 Jun 88	53.48 o	55.83	
4	601	Samantha EDWARDS	ANT	14 Jan 90	52.15 o	53.01	
5	712	Stephenie Ann MCPHERSON	JAM	25 Nov 88	49.92 o	52.05	
6	625	Oluwakemi ADEKOYA	BRN	16 Jan 93	50.86 o	51.67	

Heat 2		18 March 2016		12:32 START TIME			
LANE	BIB	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST	
2	788	Hindi Abdiqadir ABDI	SOM	15 Apr 95			
3	773	Grace CLAXTON	PUR	19 Aug 93	52.89	52.89	
4	689	Christina FRANCISCO	GUM	18 Mar 97	1:00.34	1:00.34	
5	839	Ashley SPENCER	USA	08 Jun 93	50.28 o	51.29	
6	743	Lisanne DE WITTE	NED	10 Sep 92	52.49	52.49	

Heat 3		18 March 2016		12:39 START TIME			
LANE	BIB	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST	
3	791	Iveta PUTALOVÁ	SVK	24 Mar 88	52.18 o	53.50	
4	705	Ashley KELLY	IVB	25 Mar 91	52.71 o	53.01	
5	707	Chrisann GORDON	JAM	18 Sep 94	51.39 o	51.69	
6	767	Justyna SWIETY	POL	03 Dec 92	52.13	52.30	

Heat 4		18 March 2016		12:46 START TIME			
LANE	BIB	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST	
2	740	Djénébou DANTÉ	MLI	07 Aug 89			
3	742	Tjipekapora HERUNGA	NAM	01 Jan 88	51.24 o		
4	762	Malgorzata HOLUB	POL	30 Oct 92	51.74 o	52.86	
5	776	Bianca RAZOR	ROU	08 Aug 94	50.37 o	52.82	
6	827	Quanera HAYES	USA	07 Mar 92	50.84 o	51.09	

ALL-TIME INDOOR TOP LIST				SEASON INDOOR TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	DATE
49.59	Jarmila KRATOCHVÍLOVÁ (TCH)	Milano	7 Mar 82	50.69	Courtney OKOLO (USA)	Birmingham (Crossplex Arena), AL	12 Mar 16
49.68	Natalya NAZAROVA (RUS)	Moskva	18 Feb 04	51.09	Quanera HAYES (USA)	and (Oregon Convention Center), OR	12 Mar 16
49.76	Tatána KOCEMBOVÁ (TCH)	Wien	2 Feb 84	51.29	Ashley SPENCER (USA)	id (Oregon Convention Center), OR	12 Mar 16
50.01	Sabine BUSCH (GER)	Wien	2 Feb 84	51.34	Natasha HASTINGS (USA)	(Oregon Convention Center), OR	12 Mar 16
50.02	Nicola SANDERS (GBR)	Birmingham (NIA), GBR	3 Mar 07	51.51	Taylor ELLIS-WATSON (USA)	gham (Crossplex Arena), AL	12 Mar 16
50.04	Olesya KRASNOMOVETS (RUS)	Moskva	18 Feb 06	51.60	Seren BUNDY-DAVIES (GBR)	Wien (Dusika-Halle)	30 Jan 16
50.15	Olqa ZAYTSEVA (RUS)	Moskva	25 Jan 06	51.67	Oluwakemi ADEKOYA (BRN)	Doha (Aspire Dome)	20 Feb 16
50.21	Vania STAMBOLOVA (BUL)	Moskva (Olimpiyskiy Stadion)	12 Mar 06	51.69	Chrisann GORDON (JAM)	rmingham (Crossplex Arena), AL	12 Mar 16
50.23	Irina PRIVALOVA (RUS)	Barcelona (Palau Sant Jordi)	12 Mar 95	51.74	Shamier LITTLE (USA)	Birmingham (Crossplex Arena), AL	12 Mar 16
50.28	Petra SCHERSING (GDR)	Budapest (SC)	6 Mar 88	52.05	Stephenie Ann MCPHERSON (JAM)	jow (Emirates Arena)	20 Feb 16

